



PATHFINDER: STRESS

ENCYCLOPEDIAS

Encyclopedia of Mental Health (R/616.89/K12en) UNDER: Stress
Encyclopedia of Mental Health (R/616.89003/E56) UNDER: Stress
Gale Encyclopedia of Medicine (R/610.003/G151) UNDER: Stress
Grolier Wellness Encyclopedia—Stress Management (R/610/G875)
World Book Encyclopedia (R/031/W927) UNDER: Stress

REFERENCE BOOK

Current Medical Diagnosis & Treatment (R/616.075/C976) Check Index UNDER: Stress Disorders

FULL TEXT

In Gale Virtual Reference Library UNDER: Stress (You may want to narrow your search by including additional keywords)
In MasterFILE Premier (some full text) UNDER: Stress (You may want to narrow your search by including additional keywords)
In WilsonSelectPlus UNDER: Stress (You may want to narrow your search by including additional keywords)

INTERNET RESOURCE

<http://www.nlm.nih.gov/medlineplus/stress.html>

BOOKS

Online Catalog UNDER: Job Stress; Stress; Stress Management
Browse the following areas: 155.9042; 613.792; 616.85223; 616.98

The Niles Library District has a number of books that provide information about stress. Listed below are a few examples.

Full Catastrophe Living (155.9042/K11fu)

Stress A-Z: A Sourcebook for Facing Everyday Challenges (616.98/K12st)

The Stress and Relaxation Handbook (613.792/M179st)

Stress Management Sourcebook (155.9042/C973st)

Stress-Related Disorders Sourcebook (616.98/S915)

(If a book is checked out, one of the reference librarians can put it on hold for you.)

NOTE

This pathfinder was prepared to assist you in locating materials. If you have any questions or require assistance, please ask a Librarian on duty.

Niles Public Library District
6960 Oakton
Niles, Illinois 60714
(847) 663-1234

Reference Services: (847) 663-6603 or (847) 663-6604
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