

#### Don't Miss:

**Health & Fitness Guide**  
P. 19-27

**Golf Milling Around the Mall**  
P. 31

**Car Care Clinic**  
P. 16

## Park names Weides to head Tam and Ballard ice rink

by Sylvia Dalrymple

Sports Complex ice rink manager Jim Weides was appointed manager of Tam golf course by the Niles Park District Board at Tuesday's meeting. Commissioners created the new position of Revenue

Facilities Manager, in which Weides will have the dual role of managing the ice rink and the golf course, according to Commissioner Mary Marusek, acting as president pro tem in the absence of Jim Pierski.

"The board had confidence in selecting Jim because of the great job he did in turning the ice rink from the red into a viable revenue source. We feel he will do as well for Tam," Marusek said.

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## CasinoFest

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7 p.m. to 1 a.m.

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- Food, Music

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# The Bugle

Village of Niles Edition

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Niles, Illinois 60648  
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Nilesites represent largest group in Reciprocal Borrowing Program

## Major upgrade planned for Niles library

by Linda Zachow

Niles residents can expect to see a major upgrading and reorganizing of books, the reference collection, and other materials over the next 30 months. At last Wednesday's meeting of the Niles Library Board of Trustees, a motion was passed to

authorize the immediate expenditure of \$50,000 for new books and materials. This sum, 15% of the contingency budget, is not available as a result of tax money, but comes from other funding sources.

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### From the Left Hand

by Bud Besser

Lee and Pete Pasek called Monday morning to tell us about the passing of Pete's father, George, who died last week in California. George was a very important part of Niles and we Johnny-Come-Latelies should be grateful for the George Paseks who preceded us in developing the communities we now enjoy.

George was Niles' first fire chief in the days when the department was a volunteer department (pre-1955). It was the era when Niles was mostly in Niles Township extending from Albion on the south, mostly to Touhy Ave. along Milwaukee Ave.

George and the Bacher brothers were responsible for the building of Niles' first village hall where the Third District Circuit courthouse now stands. They also built the old Public Works building on Touhy east of the Niles Public School. Before George retired from the department in 1964, he was responsible for the construction of the firehouse on Dempster Street at Cumberland Avenue.

Pete told us his Dad lied about his age and joined the Illinois National Guard at age 16 during World War I. He

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## Settlement reached on Chester-Oak apartments

A zoning case involving the village of Niles and property owners who were denied a zoning change to allow construction of apartment buildings at 8835 Chester St. was recently settled out of court, according to Richard Troy, Niles village attorney.

The decision for a settlement was based on comments from Circuit Judge Anthony Scillito who indicated the existing single family zoning status did not serve "proper interests." He noted the commercial aspects of the surrounding area and existing apartment complexes in the neighborhood, and advised both parties should sit down and try to resolve the matter, Troy said Monday.

## Plans for Niles Festival

The Niles Events Committee is in the process of planning the second annual Niles All American Festival. The festival will be held Wednesday, July 15 through Sunday, July 19 at Golf Mill Park. Mark your calendars now because you won't want to miss a single minute of fun! We are featuring free entertainment, children's shows and games, a beer garden, expanded carnival rides and games and two new and exciting features will be nighty bingo and a Taste of Niles.

The Niles Events Committee needs to know which restaurants are interested in participating in the Taste of Niles area of the festival. For more information on

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The village and property owners will work toward a plan to develop the property that would not be "too objectionable"

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## Support OCC fund drive



Local mayors and presidents, supporting the Oakton Community College Educational Foundation "Challenge to Excellence" capital fund-drive, attended a luncheon meeting at Oakton last week to discuss plans for a successful campaign.

Seated from left are: President Clarine Hall (Winnetka), President Frank J. Chulay (Lincolnwood), Carol Davis (Oakton Vice President

for Community and Information Services).

Standing from left are: Thomas Tenthoeve (Oakton President), Mayor Nicholas Blase (Niles), President Richard Conser (Golf), Harry Tankus of Wilmette, Chairman of the Board, John Crane/Houdaille, Inc. (Morton Grove) and Mayor John E. Seitz (Des Plaines).



## Local artist displays sculpture



Lieutenant Governor George H. Ryan discusses the steel bust of Abraham Lincoln with the artist George Hall, a thirty-one year resident of Des Plaines.

In honor of Abraham Lincoln's birthday, the

sculpture will be on display at the Office of the Lieutenant Governor throughout the month of February. Lieutenant Governor Ryan's office is located in the State of Illinois Center, 100 W. Randolph, Suite 15-200, Chicago, Illinois 60601.

### "The Jazz Singer" at North Shore

The first "all-talking, all-singing" movie, "The Jazz Singer," will be shown at the North Shore Hotel, 1611 Chicago Ave., Evanston, on Saturday, Feb. 21, 7:30 p.m.

The public is invited to attend the film showing at no charge. "The Jazz Singer" stars Al Jolson in a story that is close to autobiographical. A poor boy

grows up to be a Broadway star in the 1920's, and his old-world parents can't understand his new life-style.

The close-to-60 year old film includes a variety of classic Jolson songs including "Swanee". Co-starring in the film is William Demarest, who later played a major role in the 1948 film biography, "The Jolson Story" with Larry Parks.

For reservations, please call UN4-6400.

### Motor fuel tax

Illinois municipalities have been allotted \$14,957,120 as their share of motor fuel tax paid into the State Treasury during January, according to the Illinois Department of Transportation. The allotments to local municipalities were: Des Plaines, \$85,444 and Niles, \$46,851.

## Senior Citizens' NEWS AND VIEWS

News for all Niles Seniors (age 62 and over) from the Niles Senior Center  
8060 Oakton, Niles 967-6100 ext. 376

### MEN'S CLUB POOL TOURNAMENT

The Niles Senior Center Men's Club will host the men from the Mount Prospect Senior Center Men's Club in a pool tournament at the Niles Senior Center on Friday, Feb. 20 at approximately 9:30 a.m. Please note this change of location from that listed in the February calendar.

### WOMEN'S CLUB LUNCHEON

The Niles Senior Center Women's Club will host their Valentine's luncheon on Monday, Feb. 23 at 12:30 p.m. Due to the luncheon the regular business meeting of the Niles Senior Center Women's Club will take place at 11:30 a.m. instead of their usual 1 p.m. time slot. Advance reservations are necessary for the luncheon and have already been sold. Please call 967-6100, ext. 376 to check on openings during cancellation.

### MONTHLY MAILING PROJECT

Volunteered assistance is always needed in getting the mail ready to be delivered. Our monthly mailing project will take place on Tuesday, Feb. 24 at 1 p.m. Help is always greatly appreciated.

### SQUARE DANCING

Open square dancing will take place on Tuesday, Feb. 24 at 1:30. Niles Senior Center registrants are invited to attend at no charge.

## Employment program at Center of Concern

The Center of Concern serves adults of all ages who have been laid off from a job, want to work for the first time in years, have been retired but want to work again or have difficulties finding employment. Many problems arise because these individuals often times lack self-confidence, feel that they cannot compete or do not know how to effectively search for employment. Often the older job seeker fails to realize that he/she has acquired years of experience, mature judgment and full development of skills and talents. These are valuable assets that should not be wasted.

With these problems in focus, The Center of Concern's "Employment Program" is designed to assist people of all ages find employment. The trained employment counselor provides information on the jobs that are available, job development and assists in the placement of the job seeker. Whether or not the individual is interested in a top level business position that required much experience or in-

terested in tasks that require little or no experience, The Center's Employment Program offers appropriate assistance.

Interested people should contact Ann at 822-0453. A file is maintained which includes experience, occupational preference, and interest in full or part-time employment. This service is highly successful and is rapidly growing with the increasing needs of the job seekers in the area.

Along with the Employment Program, The Center of Concern offers, such services as Shared Housing, Telephone Reassurance, Personal Counseling, Friendly Visiting, Senior Companions, Legal, Tax, Financial and Medicare Counseling, Special Meetings and Classes, Blood Pressure Testing, Blood Sugar Screening, Hearing Counseling, Tutoring and many more. For more information call 822-0453 or stop by the office in Suite 125, 1500 N. Northwest Hwy., Park Ridge, IL.

## Senior Citizen insurance discount

Drivers over 55 qualify for auto insurance discount (law passed June 1982). 55 Alive/Mature Driving, a new innovative driver education and accident prevention course designed by American Association of Retired Persons (AARP) specifically to help Mature Drivers improve their driving skills, in a two day refresher course at Park Ridge Senior Center, 100 S. Western Ave., Park Ridge.

Illinois Drivers who successfully complete this course ("55 Alive Mature Driving") may qualify for an auto liability insurance discount. More important, receive many life saving suggestions.

The effects of aging and medication on our driving skills, changes in basic driving rules, and many safe practices are just a few of the topics to be covered.

Men and women 50 years of age and older, who are licensed drivers, are eligible and may even qualify to become "55 Alive/Mature Driving" instructors. Class dates are: Feb. 24 and 25, at 9 a.m. to 1 p.m. both days.

If you are interested, wish to register, and/or for additional information contact Mrs. Vel Durham, P.O. Box 272, Melrose Park, IL 60160. Phone (312) 344-4172.

# The Bugle

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David Besser-Editor & Publisher  
Diane Miller-Managing Editor  
Robert Besser-City Editor  
Mark Krajecki-Copy Editor

## The Meaning of the Bicentennial

by Robert Schultz

Robert Schultz is a resident of Niles and has been a teacher for twenty-nine years. For the last seventeen years he has been a member of the Social Science Department at Maine Township High School South in Park Ridge.

This year we commemorate the bicentennial of the United States Constitution. The Constitution has become our most powerful tradition. It has served our country well, by providing the flexibility which is so necessary to meet the needs of an ever changing society. In the course of two hundred years we have evolved into a country of laws not men. Many areas in the world where the law is being challenged everyday by rival Protestant and Catholic factions. This friction has led to a "state of siege" atmosphere throughout this British province. By traveling in Northern Ireland last summer my wife and I were able to gain some insight into the unsettled conditions that prevail in this troubled land. We came away with a greater appreciation of our system of government. I'd like to share some of these experiences with you in hopes that we never take our constitutional system for granted.

While driving north along the N-1 motorway from Dublin to Belfast in early July we visited the city of Armagh. This spiritual capital of Ireland is the seat of both Protestant and Catholic archbishops. Over the years this city has become a virtual time bomb. Periodically, violent confrontations between the Loyal Protestant Ulstermen and the Sinn Fein arm of the Catholic IRA (Irish Republican Army) have been waged in this area. Though it was early in the morning we noticed many British troops wearing bullet proof vests and carrying automatic weapons on the streets. Armored cars patrolled the business section of the city. To Americans this scene was disturbing. However, the daily routine of the inhabitants of Armagh did not appear to be interrupted despite the fact that they lived in a potential battle zone.

Upon arriving in Belfast we noticed that the traffic was exceptionally heavy in the downtown area. As it turned out the Schultzes had stumbled into a police-army bomb detonation mission. One square block had been cordoned off because of a bomb scare. All traffic was being re-routed. While we watched this military operation, a robot removed a bomb from one of the buildings in the middle of the block. The robot carried the bomb into the middle of the street. Here the bomb was detonated by remote control. As in Armagh the people of Belfast did not let this extracurricular activity interrupt their shopping patterns.

That night we stopped at Portrush which is located on the northern coast of Ireland. My wife had read in the "Irish News" that the Rev. Ian Paisley, the charismatic leader of the hardline DUP (Democratic Unionist Party) was scheduled to deliver a speech at Ballymoney. So, back into our car and off to this Protestant stronghold. It is safe to say that we were the only people in Ballymoney who had red license plates (Republic of Ireland) on their cars. In order to avoid any acts of vandalism, I parked our car far enough away from where the evening activities were scheduled.

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## District 207 plans for Project BIG

Maine Township High School District 207 is meeting the challenge of preparing young people, to make informed decisions about careers through Project BIG, a career night held each year at one of the district high schools. This year, Project BIG is scheduled at Maine West on Thursday, March 26, from 7 to 9 p.m. according to Shirley Aberg, career counselor at Maine West who is coordinating the event.

At Project BIG, young people—not only from the Maine high schools—but from private, parochial and even junior highs can begin to discover what they want to do as their life's work.

Success in a career depends largely on whether a person is suited for it. Project BIG can provide the good information that will result in a good decision.

## Major reconstruction project planned for underpass

# Work completed on wall of Dempster underpass

by Sylvia Dairymple

## Niles Fire Dept. calls

The Niles Fire Department responded to 19 fire calls and 31 ambulance calls from Feb. 2 to Feb. 8.

On Feb. 6, firefighters responded to a call from Niles College at 7135 Harlem Ave., where they found a power failure caused by running night lights on a generator. Commonwealth Edison was notified.

Firemen on Feb. 8 went to 7036 Greenleaf to find high winds had pulled aluminum siding from the house. The loose siding was removed from the side of the building and window and other siding was nailed down to secure it. There was no damage estimate.

Firemen responded to a fire on a porch at 7350 Carol St. on Feb. 8. Occupants of the three-story building were evacuated while firefighters extinguished the blaze contained in the exterior wall of the enclosed porch. A check of the building was made for possible extension of the fire. An investigation will be made to determine the cause of the fire. Damage was estimated at \$2,500. A smell of smoke was reported at 8522 Madison Dr. on Feb. 9. The cause was traced to a plastic dish which apparently fell down.

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Motorists who have been worrying about the dubbed "Leaning Tower of Pisa" wall of the Dempster-Milwaukee underpass can rest easy now that the wall has been stabilized, according to Keith Peck, Niles director of public services.

Peck explained the Illinois Department of Transportation tore down the part of the inward-leaning wall (located just west of the bridge) and put in asphalt to support it. "The wall is now stabilized to prevent any breakdown. IDOT is planning a complete reconstruction project for the underpass...if it gets the federal funding to do it," Peck said, adding Dempster is a state route and under IDOT jurisdiction.

The transportation department has not been able to proceed with the project because the Federal Transportation Act has not been passed by legislators. Federal funds pay about 70 percent of all local and state road improvement projects. The remaining 30 percent is derived from state and local funds.

"That money can't be allocated until the federal money is available which means the underpass can't be completed until they get the necessary funding," Peck said.

Plans for the underpass include reconstruction of the bridge, widening of the four lanes on the underpass, rebuilding the walls and putting up new traffic signals. Projected cost is approximately \$2 million.

The transportation bill has received approval from the House and Senate. "Each will now pass their own individual bill, then work together to present a compatible package that will go to Gov. Thompson for final approval," he said.

Peck noted the Act expired in Oct. 1986 and legislators traditionally pass a new bill before the old one expires. "The problem is that transportation-related items are also tied into the bill under consideration, such as raising the 55 mph limit to 65."

He said some states want the change, while others balk at the higher speed limit. "People usually travel over the present limit on highways anyway. I don't have anything against the change because the roads are designed to handle it," he said. Legislators are also discussing a gasoline hike proposed by Thompson. This takes time to put the bill together.

Although the Village of Niles will not share in the cost for the underpass improvements, the delay in federal funds will have an impact on the village because of the many state roads that require continual maintenance. There are approximately 40 in-

Continued on Page 39

## Former Niles Fire Chief dies at 89

Funeral services are being held this week for retired Fire Chief George B. Pasek of the Niles Fire Department. Pasek, 89, died Friday, Feb. 13 in Laguna Niguel, California where he has resided for the past 14 years. Survivors include his wife, Julia (nee Nemecek); sons Robert (Joan), George, Jr. (Judy) and Peter (Lee). He was the grandfather of 11 and great-grandfather of 4. Visitation was held Wednesday, Feb. 18 at Skaja Terrace Funeral Home, Niles. Funeral services are being held today (Thursday) at 10 a.m. at the Funeral Home. Interment will be in Maryhill Cemetery.

George Pasek was born in 1897 in Poland. His family moved to America and he lived in Niles from 1918 to 1964 when he retired and moved to California.

In 1922, Mr. Pasek joined the Volunteer Fire Department, while his full time job was working as an engineer at St. Adalberts Cemetery.

In January of 1931, he was elec-



George B. Pasek

ted as Fire Chief, a position he held as a Volunteer, until he took a full time position for one year in 1963, then retired in 1964.

During his time as Fire Chief, he

made many changes within the Department. He saw a village of 1,200 people growing and realized that the Fire Department had to keep up with growth. He built the old fire station in 1935 at Touhy and Milwaukee, which is now the Third District Court House.

One of his most satisfying changes was the village purchase of a snorkel truck which he felt was necessary because of the large businesses moving into town. This truck was built to his own personal specifications and was featured in a 1962 Fire Magazine article about the Chief and the Department.

He also had the village purchase more engines, a squad truck and a new Cadillac ambulance.

Along with personnel growth and an addition of a new Fire Station at 8560 Dempster, the fire department also won many safety and fire prevention awards and obtained a high fire class rating for the village, which it still maintains.

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## OLR Fun Fair

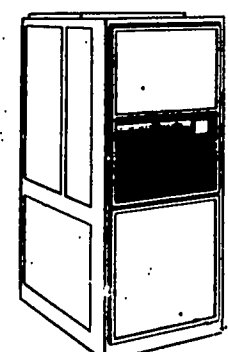


The Our Lady of Ransom School Parent Club, 6000 W. 121st St., Niles is sponsoring a Fun Fair on Saturday, Feb. 28 from 11 a.m. to 4 p.m. in Paluch Hall. A fun-filled afternoon is being planned. Refreshments will be available. All children of the area are invited. Children under 8 must be accompanied by an adult. For further information call, 696-4413.

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## Substance Abuse in the elderly

Research indicates that older adults (65 and over) take about three to five prescription drugs, many of them mood-altering drugs that exaggerate alcohol content. According to James Van Doren, a social worker at Skokie Valley Hospital's CareUnit Drug and Alcoholism Treatment Program, very often these adults resort to alcohol for more relaxation.

"This was not recognized as a problem in the past," said Van Doren. "But now, society sees it as a disease which needs to be treated. It is a growing problem among the elderly, and it is a serious one."

Van Doren will be one of three guest speakers taking part in a panel discussion, "Substance Abuse in the Elderly," at 7:30 p.m. Thursday, Feb. 26, at Oakton Community College East, 7701 N. Lincoln Ave., Skokie. Other speakers include Charles H. Pecor, CCSAC, program director of St. Francis Hospital's Outpatient Addiction Treatment Education Services (OATES) Program, and Rev. Philip Graham Kraft, MA, MBS, program director of the Hopdale Hall Alcoholism Unit for Senior Citizens.

"Our goal is to make people aware of the intensity of the problem," said Helene Block, Oakton professor of Early Childhood Development and coordinator of the Center for Family Education and moderator of the discussion. "We also want to give the message that substance abuse can be treated and that there are educational facilities, hospitals and alcoholism treatment centers to assist seniors who have the problem."

The speakers will discuss how families can respond to the problem by recognizing it in its early stages and seeking professional help and community involvement.

The program is co-sponsored by Oakton's Center for Family Education and Skokie Valley Hospital's CareUnit Drug and Alcoholism Treatment Program. The cost is \$3. For information, call the Skokie Valley Hospital at 677-9600.

### Children's Reading Club

The Niles Public Library's Read-with-me Book Club will end with a program of films for children. Reading forms must have been returned to the library by 5 p.m. on Friday, Feb. 27. Children and parents who have participated in this winter reading program may choose to attend a special program on Saturday, Feb. 28 from 10:30-11:30 a.m. or Sunday, March 1 from 2-3 p.m. After the movies, each child may pick up his certificate and 'book' of titles which have been shared. For those children who are unable to attend the movies, the certificate and 'book' may be picked up between March 2-14.

The Niles Public Library District is located at 6960 Oakton St., Niles. For more information concerning this free program and other activities for children, call the Children's Services Department at 967-5554.

## Senior Citizen News

Morton Grove Senior Citizens  
965-4100

### Self Help for Hard of Hearing People

This support and self help group abbreviated, SHHH, will hold its monthly meeting at 10 a.m. on Sat. Feb. 21 in the Skokie Public Library, 5215 Oakton St. Jill Preminger, an audiologist with the North Side Audiology Group in Chicago will discuss, "How We Hear," the anatomy and physiology of the ear.

### Better Health

Constipation and the use of laxatives are a common concern among older persons. Laxatives are one of their most widely used drugs. Unfortunately, many fallacies about this important health area have arisen, including: if a person does not have a daily bowel movement, they are constipated; or mineral oil is a healthy and effective laxative. The Morton Grove Village Hall Senior will sponsor free and private consultation about these issues to individuals during their Colorectal Testing Clinic from 9 to 10 a.m. on Tues. Feb. 24. No appointments are necessary and free test kits will be provided to senior citizen residents.

### Substance Abuse in the Elderly

A panel of experts will discuss the growing problem of chemical dependency among senior citizens who abuse both prescription drugs and alcohol. The program will be held at 7:30 p.m. (registration at 7) on Thurs. Feb. 26 at Oakton Community College, 7701 Lincoln Avenue in Skokie. There is a \$3 charge payable at the door. For further information, call Skokie Valley Hospital, 677-9600, ext. 3665.

### Senior Health Fair

Adults from age 50 and up are invited to a free Senior Health Fair at 10 a.m. on Sat. Feb. 28 at the Parkside Human Services' Adult Day Care Center, 235 Beech Drive in Glenview. The Fair features exercises, lectures, nutrition and lifestyle tips, health screenings, and fitness tests to help seniors lead healthier lives. A variety of healthful foods will be served, and information regarding special diets, preparing food, and cooking tips will be distributed. For more information, call the Center at 958-7473.

### Hearing Screening/Hearing Aid Maintenance

A special, no cost, and convenient program for Morton Grove seniors who wish to have their hearing checked and/or their hearing aids maintained can sign up now for an appointment with an audiologist specialist. Appointments will be taken for Thurs., March 5 from 9:30 to 11 a.m. in the Morton Grove Village Hall Senior Center, 6101 Capulina Ave., Maintenance will include basic service and minor repairs, while the screening will help identify the beginning of hearing loss. For an appointment call the Senior Hot Line at 470-5223.

### "Godspell"

The Niles West High School musical production of "Godspell" will be performed especially for township senior citizens at 1:15 p.m. on Wed. March 11 in the school auditorium at Oakton St. and the Edens Expressway. Niles Senior Citizens Club members can attend this and many other school functions free of charge. For more information on membership, call the Niles Township High Schools at 673-6822, ext. 1181.

### Choosing A Weight Loss program

Evanston Hospital will conduct a free program for people who wish to lose weight and are seeking a nutritionally sound program. The lecture and discussion will be conducted by registered dietitian, Cindy McMahon at 7:30 p.m. on Wed. March 11 at the Kellogg Auditorium, 2650 Ridge Ave. in Evanston. Call 492-6480 to register for this program.

### Income Tax filing

Expert tax filing assistance is now available to Morton Grove senior citizens. This free service is also provided to homebound and shut-in residents. For an appointment any time between now and April 15, call the Senior Hot Line at 470-5223.

For additional information about these and other senior services, call Ralph Birmingham at the Morton Grove Senior Hot Line, weekdays from 9 a.m. to noon at 470-5223, or Bud Swanson, Director of Senior Citizens Services at the Village Hall, 965-4100, ext. 254.

### Village of Skokie

Bonnie Minsky, President and Wellness Director for Nutritional Concepts, Inc. and Vice-President of Education for Nutrition for Optimal Health Association will present a program on "Slowing Down the Aging Process Thru Nutrition" to the women's discussion group of the Smith Activities Center, Lincoln and Galitz, Skokie on Monday, March 2 at 1:30 p.m. Please call 673-0500, ext. 335 for additional information.

Roy Dieterich of Wilmette will present a slide and commentary program about England to the women's discussion group of the Smith Activities Center, Lincoln and Galitz, Skokie on Monday, Feb. 23 at 1:30 p.m. Please call 673-0500, ext. 335 for additional information.

Joan Brandt of Friendship Village in Schaumburg will present a program on "Body Recall Exercise" to the People and Places Group of the Smith Activities Center, Lincoln and Galitz, Skokie on Thursday, Feb. 26 at 9:30 a.m. Please call 673-0500, Ext. 338, for additional information.

SALE ENDS WEDNESDAY, FEBRUARY 25th

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Ore Ida MICROWAVE FRENCH CRINKLE CUTS 99¢

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SWISS VALLEY FARMS HALF & HALF 2 pints for 89¢



## Area Schools in K.C. Spelling Bee

The Illinois State Council of the Knights of Columbus is sponsoring a Spelling Bee contest for students in grades 7 & 8. The schools who are participating in this area are St. Isaac Jogues, St. John Brebeuf, St. Juliana, St. Martha and Our Lady of Ransom.

The area contest was held on Jan. 30 at St. John Brebeuf School. Each school sent four finalists. The words that are provided by the Council are categorized into three levels of difficulty: first round words; intermediate words and final words.

The participants from the various schools were: St. Isaac Jogues - John Dietzler, Donna Troka, Christine Werlein, Joe Wlekinski; St. John Brebeuf - Elaine Cagas, Erin Higgins, Matt Kelly, Nancy Park; Our Lady of Ransom - Rebecca Mahoney, Anna Siwy, Daniel Wlekinski, Catherine Young; St. Martha - Michelle Adaya, Jeannie Her-



andez, Susan Quinn; St. Juliana - Alis Stanton, Cathy Trancredi, Eileen Lally, Jeanine Cappa.

The three winners will compete in the Regional Spelling Bee on Feb. 24 at St. Beatrice School, Shiller Park.

Martha's School; 3rd place by Elaine Cagas of St. John Brebeuf School.

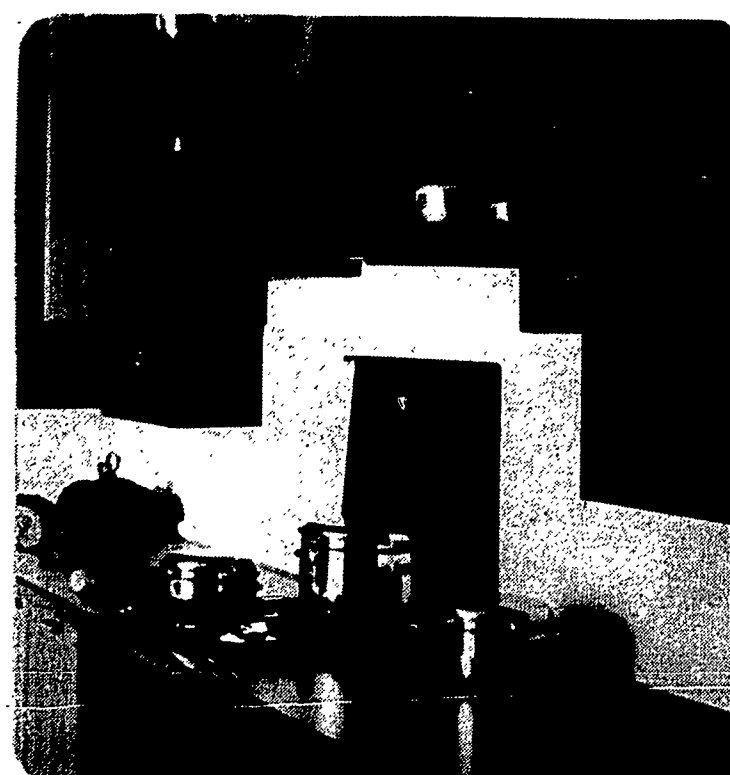
Mr. Matt Araszewski is the K.C. contact and coordinator between the five schools and Ken Lee is the Retired District Deputy. Father Lawrence Springer is the Chaplain and led the opening prayers at the Area Bee.

Shown above (l-r) are: Ken Lee, Elaine Cagas, Susan Quinn, Nancy Park and Matt Araszewski.

### Commercial Park reunion

Joan Clementi, of the Commercial Park Reunion Committee, announced that a reunion for those affiliated with Commercial Park during the 1940's, 1950's and 1960's will be held on March 7, at the Park Ridge V.F.W. Hall. The Park, located at 1845 W. Rice st. in Chicago, was a hub of many social and athletic activities for neighborhood youths during the 40s, 50s, and 60s. Anyone wishing more information should contact Joan Clementi at 589-2031.

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## Singles Scene

### FEBRUARY 20

**ST. PETER'S SINGLES DANCE**  
St. Peter's Singles Dance, Friday, Feb. 20, 9 p.m. Park Ridge VFW Hall, Canfield & Higgins. Live band, free parking. Donations \$5. For information, call 334-2589.

### CATHOLIC ALUMNI CLUB

A Pizza Party for single young adults, ages 21 to 38, will be sponsored by the Catholic Alumni Club at 8 p.m., Friday, Feb. 20, at Giordano's Restaurant, located in the Veronique Shopping Center, 18W048 22nd st. (a mile west of Route 83), in Oakbrook Terrace. For more information, call 726-0735.

### FEBRUARY 22

**WEST SUBURBAN SINGLES**  
The West Suburban Singles Association invites all singles to an open dance party at 7 p.m. on Sunday, Feb. 22, at the Saratoga Hotel, 311 S. Lincolnway (Rt. 31 and I-55), North Aurora. Admission is \$4. For more information, call 282-8828.

### FEBRUARY 27

**AWAKE SINGLES**  
The Awake Singles Group invites all singles to a dance with the live music of Merging Traffic at 8:30 p.m. on Friday, Feb. 27, at the Woodfield Hilton and Towers, 3400 Euclid ave., Arlington Heights. Admission is \$6 for non-members. For more information, call 777-1005.

### CHICAGOLAND SINGLES

The Chicagoland Singles Association will sponsor a "Disco Night Dance" with music by DJ Brian McCormick at 8:30 p.m. on Friday, Feb. 27, at the Alsip Holiday Inn, 5000 W. 127th st. (I-294 at Cicero ave.), Alsip. Admission is \$5. For more information, call 545-1515.

### CATHOLIC ALUMNI CLUB

All single young adults (ages 21-38) are welcome at a dance sponsored by the Catholic Alumni Club at 9 p.m., Friday, Feb. 27, at the Hyatt Regency Woodfield, 1800 E. Golf rd., in Schaumburg. The location is west of Route 53, and is across from the north side of the Woodfield Shopping Center. Non-member admission is \$6. The band is "Phase IV." For more information, call 726-0735.

### FEBRUARY 28

**COMBINED CLUB SINGLES**  
All singles are invited to a Combined Club Singles Dance with the live music of Happy Daze at 8:30 p.m. on Saturday, Feb. 28, at the Hyatt Regency O'Hare Hotel, 9300 W. Bryn Mawr ave. (River rd. at the Kennedy expwy.), Rosemont. The dance is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles and Company. Admission is \$6 for non-members, \$5 for members. For more information call 725-3300.

### MARCH 1

**WEST SUBURBAN**  
The West Suburban Singles Association invites all singles to an open dance party at 7 p.m. on Sunday, March 1, at the Saratoga Hotel, 311 S. Lincolnway (Rt. 31 and I-55), North Aurora. Admission is \$4. For more information, call 282-8828.

### NORTHWEST SUBURBAN

The Northwest Suburban Singles will have an open dance party for all singles at 7 p.m. on Sunday, March 1, at the Itasca Holiday Inn, Irving Park rd. and Rt. 53 (960 Irving Park rd.), Itasca. A buffet will be served. Admission is \$5. For more information call 282-8828.

### JEWISH SINGLES

The Jewish Singles presents a Citywide Dance on Sunday, March 1, from 7:30-11:30 p.m., at Hangge Uppe, 14 W. Elm, Chicago. Admission is only \$3 and all welcome. 761-2069.

### JEWISH PROFESSIONALS

The Jewish Professionals Singles invites you to a "Sunday Afternoon Tea Dance" on Sunday, March 1, from 2:30-6 p.m., at A.G. Beth Israel, 3635 W. Devon, Chicago. There will be dancing to the music of 50's and 60's. Admission only \$2. All welcome. Phone 761-2069.

### MARCH 6

**SINGLES IN COMMUNICATION**  
A Dee Jay Dance for Singles will take place Friday, March 6, 8:30-12:30, at the Holiday Inn -Evanston, 1501 Sherman at the corner of Lake st. Open for all over 21. Tony Pedroza is the dee jay; he'll also supervise a line dance during the evening. Dress code: no t-shirts, caps or faded jeans. Sponsored by Singles in Communications. Admission \$5, cash bar. Free parking in the Holiday Inn - 2nd level up. Good attendance always. For information call 459-9248.

### MARCH 7

**THE IN-BETWEENERS**  
The In-Betweeners will hold a Mardi Gras Dance on Saturday, March 7 at 8:30 p.m. in St. Raymond's Hall on Elmhurst and Milburn sts. in Mt. Prospect. Music by the Diplomats. Cash bar and free cake and coffee. Guests \$5. Members \$4. Singles age 35 to 65 invited. For information call 255-1123 or 392-6784.

### MARCH 8

**N.S. FORMERLY MARRIED**  
North Shore Formerly Married will hold a Spring Dance on Sunday, March 8 at 7:30 p.m. at A.G. Beth Israel, 3635 W. Devon, Chicago. Music by Eddie Karr. Admission is \$3 and refreshments are included. Please try to attend. We are sure you will have a very pleasant evening. Hope to see you all there. For further information, please call Jan, 673-7182.

## AARP meeting

American Association for Retired Persons, Skokie Chapter #3470, will hold its first meeting of 1987 on Tuesday, March 3 at 1 p.m. in the Petty Auditorium of the Skokie Public Library, 5215 W. Oakton st.

Mrs. Violet Hopkins, an Internal Revenue Service representative, will speak on the Tax Law Changes and the new W4

withholding form. The new tax regulations are very complex and it will be to your advantage to attend this meeting. Socializing and refreshments will follow the program.

Persons over 50 in the extended area of Niles, Morton Grove, Lincolnwood and adjacent North Side of Chicago are invited to attend.

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BOILED HAM 89¢  
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## Church & Temple News

### Editor and professor to debate

Hanna Siniora, Editor-in-Chief of Al-Fajr, a Jerusalem daily newspaper, will meet with Galia Golan, Professor of Political Science at Hebrew University in debate at Beth Emet Synagogue, 1224 Dempster, Evanston on Wednesday, Feb. 25 at 8:15 p.m. Their debate is entitled: "Face to Face: An Israeli Jew and a Palestinian." Admission to the debate at Beth Emet, which is to follow a debate at the Chicago Council of Foreign Rela-

tions, is expected to draw an area-wide audience, as well as the attention of the press.

Friends of Peace Now, who is sponsoring the USA and Canadian tour of Siniora and Golan, is a North American organization that supports the Peace Now movement in Israel. The objective of the tour, according to spokesman Mark Rosenblum, is to "meet with Jews and Arabs in the United States and Canada in a face-to-face search for common ground."

### Jewish Genealogical Society meeting

The March 29, 1987, meeting of the Jewish Genealogical Society of Illinois (J.G.S.I.) at 7:30 p.m. in Evanston, IL, will feature Ms. Shirley Burton as the guest speaker. Ms. Burton is an experienced archivist with the

### Congregation Ezra-Habonim

A Family Shabbat Service is planned for Friday, February 27 at 7 p.m. at Congregation Ezra-Habonim, 2620 W. Touhy. The format is geared for families of pre-schoolers through 9 year-olds. Songs, prayers, and a Shabbat story will be led by Esther Weiss. The public is welcome.

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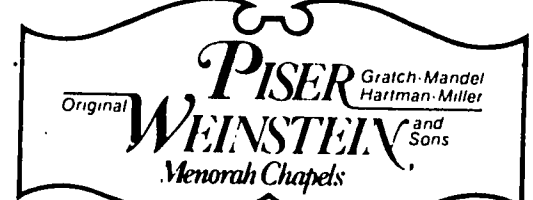
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## Edison Park Lutheran marks 60th Anniversary

Turn back the pages of Edison Park Lutheran Church's history and on Dec. 22, 1929, the present church was dedicated.

In 1939, the late Rev. A. Gordon Nashy came to Edison Park Lutheran and served the congregation for forty years. Today, Rev. J. Thomas Housholder serves as Senior Pastor and Rev. Duane C. Pederson as Associate Pastor.

In the month of Jan., the congregation completed thirty-six years of continuous broadcasting of the 9 a.m. service over Radio Station WEAW, AM-1330, 9 to 10 a.m. The church's Preschool has been conducted for the past thirty-five years. Registrations are made well in advance and there is always a waiting list.

Each summer children from all of the area churches take advantage of the program which has been offered by the Church for Vacation Bible School, and the church's facilities have been taxed to capacity for this program of Bible study and training. A special feature of the life of the congregation has been a scheduling of Friendship Hours which have brought outstanding programs of inspiration and entertainment through the years of Sunday afternoons.

Everyone in the community is invited to come and celebrate the Sixtieth Anniversary of Edison Park Lutheran Church on Sun., Feb. 22, at Festival Services at 9 and 11 a.m.

### Regina Dad/Daughter Mass

Regina Dominican High School will hold its annual Dad and Daughter Liturgy at 10 a.m. Sunday, Feb. 22 in the auditorium at 701 Locust Rd., Wilmette. Breakfast will follow in the school cafeteria.

Mary Ann Brown, Evanston, is chairing the event with co-chairs Sue Forte, Edgebrook, Elinor Gustafson, Glenview, Chris Timmons, Wilmette, and Norma Tribble, Northbrook.

### Beth Emet The Free Synagogue

Beth Emet, the Free Synagogue, 1224 Dempster St., Evanston will hold a Family Shabbat service on Fri., Feb. 20 at 7:15 p.m. This service includes a Seder ceremony marking the completion of the Hebrew alphabet by our Mechina students. At 8:30 p.m. the regular Shabbat service will begin with Rabbi Peter Knobel and Cantor Jeffrey Klepper participating. The community is invited.

A Shabbat Minyan is held every Saturday morning at 9:30 a.m.

### NSJC Lox Box

Please help make Northwest Suburban Jewish Congregation's Annual Lox Box a huge success. For only \$9.50 a lovely lox and bagel brunch will be delivered to your door on Sunday, March 22. Please send your checks to: Northwest Suburban Jewish Congregation, c/o Phyllis Mandel, 7800 W. Lyons St., Morton Grove 60053. Make checks payable to: NSJC Sisterhood. Please specify Nova or Regular lox and give your closest intersection, also include your phone number. What a lovely way to start a day for you or a friend.

### Dean's List at St. Norbert

The following Niles students have been named to the first semester dean's list at St. Norbert College: Lisa M. Gonnella, daughter of Mr. and Mrs. Robert A. Gonnella, 8627 Normal Ave., and John G. Schumacher, 7333 Greenleaf.

## NTJC

Called to the Torah at Niles Township Jewish Congregation recently as B'Nai Mitzvah were Leonard Weiss, son of Daniel and Sheryl Weiss and Abby Greene, daughter of Janice Green and Bruce Greene. Following the service, a kiddush was hosted by their parents. Rabbi Neil Brief delivered the charge and Hazzan Shlomo Shuster chanted the liturgy.

N.T.J.C. proudly presents "Funny Side Up", written and directed by Robert Tauber and performed by members of the congregation. Performances will be held: Saturday, Feb. 21 & 28 at 8:15 p.m. and Sunday, Feb. 22 & March 1 at 7:30 p.m. Tickets are available at the Synagogue Office \$6 in advance and \$8 at the door. Trims Club meets at the Synagogue every Tuesday at 10 a.m.

For further information please call the Synagogue Office at 675-4141.

### K. of C. Marian Hour

Grand Knight Joseph Paine of Des Plaines invites all men and their families in the suburban area to participate in a Marian Hour of Prayer at St. John Brebeuf Church, 8307 N. Harlem, Niles on Sunday, Feb. 22, at 3 p.m. Mary will be honored under the title of Our Lady of Czestochowa and the pilgrim picture will be displayed.

This devotion will be conducted by Father Lawrence Springer, chaplain of North American Martyrs Council Knights of Columbus. Sponsoring Councils of District Six of the Knights of Columbus include Ave Marie Council of Shiller Park, Maria Council of Park Ridge, Albert Cardinal Meyer Council of Elk Grove Village and North American Council of Niles.

### SJB Holy Name Retreat

This year's retreat is being sponsored by the North American Martyrs Council of Columbus Council #4338 and St. John Brebeuf Holy Name Society in Niles, at the Villa Redeemer on Milwaukee Ave., in Glenview, starting Friday, April 10 at 7 p.m. and ending on Sunday, 1 p.m. April 12.

For more information or reservations phone Conrad (Sparky) Sparkowski at 825-5852 or Joseph Bradtko at 967-7648. The Redeemist Fathers will see that you will leave spiritually, mentally and physically refreshed.

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## Obituaries

### Stephany Krawczyk (Taylor)

Stephany Krawczyk (Taylor) formerly of Niles, passed away Feb. 6th in Humana Hospital, Hoffman Estates. Her late husband Walter was an employee for Bell and Howell for many years. He died in 1985.

Her survivors include two sons Ronald and Walter, and three daughters Elaine, Dorothy and Veronica; 14 grandchildren and 4 great-grandchildren; fond sister Casimer Korotowski, Stella Czaczynski and Adela Czaczynski.

Funeral services were held Feb. 10th with funeral Mass at St. John Brebeuf church. Interment was in Maryhill Cemetery.

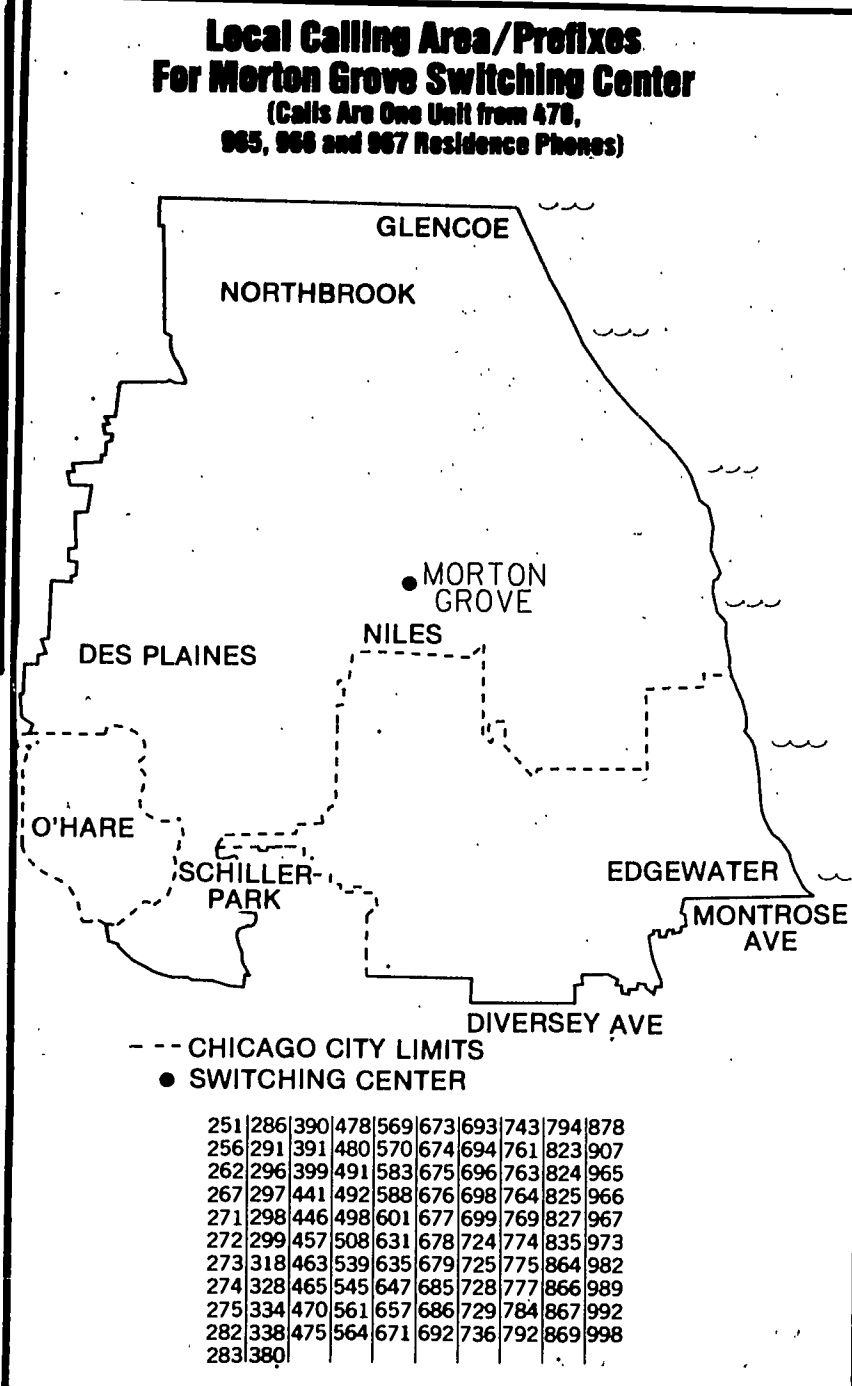
### "Sexual Abuse Indicators"

Debra Dunstan, A.C.S.W., of MaineStay Youth Services in Park Ridge, recently spoke on "Sexual Abuse Indicators" to the staff of the Park Ridge Youth Campus.

She addressed the issues of sexual abuse indicators; therapy with the incestuous family; the psychological makeup of the offender, non-offender and victim; and short and long-term effects on the victim.

Community organizations interested in having a presentation on sexual abuse may contact MaineStay, 823-0650. MaineStay is the Youth Services Department of Maine Township.

## Illinois Bell to implement new rates



Illinois Bell is notifying 2.8 million customers in north-eastern Illinois this month about how a new pay-only-for-what-you-use rate plan will affect their bills. This group will include 965, 966 and 967 prefixes.

The new telephone billing plan will begin in March for most Illinois Bell customers in north-eastern Illinois, but will be phased in between March and July for customers in River Grove and Niles whose telephone numbers begin with 457 and 647.

Under the plan, which goes into effect next month, Illinois Bell customers will no longer pay in advance for Call-Pak plans or unlimited calling services. Instead, they will pay only for the message units they actually use each month. As a result, March telephone bills will not include usage charges, and April bills will be the first to reflect the new rates.

The new billing plan will not increase the company's revenues. Some customers' bills will decrease, others will increase, depending on individual local calling habits.

"The plan adds new value to our customers' service through evening and volume discounts," said Ariene Tuscano, Illinois Bell community relations manager.

Customers will receive discounts of 33 percent on calls made between 9 p.m. and 8 a.m. and volume discounts of up to 33 percent for residence customers and up to 23 percent for business customers. The new discounts will be applied to customers' bills automatically.

"The plan also is a fair one and will benefit the vast majority of our customers," Tuscano said. "Our customers will pay only for the message units they actually use, after they use them."

Tuscano said the company is changing its rate structure so all callers in northeastern Illinois will pay the same price for calls of the same distance and duration. A special Illinois Bell task force will answer customer questions and provide more detail on the billing comparison. Residence customers can call 1-800-227-9287 from 8 a.m. to 8 p.m. Mon. through Thu. and 8 a.m. to 5 p.m. Fri. and Sat. Business customers can call 1-800-227-9288 from 8 p.m. to 5 p.m. Mon. through Fri.

For additional information on the Home Equity Credit Line, contact a Personal Banker at 824-2116. For additional information on pension and profit sharing trust contact a Commercial Loan Officer at 824-2116.

### Resurrection Las Vegas Nights

Resurrection High School Parents Club invites everyone to Las Vegas Nights from 7 p.m. to midnight Friday, Feb. 20 and Saturday, Feb. 21 at the school, 7500 W. Talcott. Admission \$3. For more information, call George Laarveld, 745-0595.

CONGRAGATION EZRA-HABONIM נְוֶרָה הַבּוֹנוִים

A CHAMPAGNE RECEPTION & ART AUCTION is planned for 7:00 P.M. March 7, 1987, at CONGRAGATION EZRA HABONIM, 2620 West Touhy.

The auction will feature over 100 works of the late Martin Revesz, a West Rogers Park resident for many years before his death in 1985. In addition, works of Israeli, Chicago and San Francisco artists will be featured. Door prizes and music will also be part of the festivities. Entrance fee is \$2.00.

Call 743-0154 for more information.

It can be a time sharing and support.

After the loss of a loved one, many people question the need for a funeral. Funerals provide an opportunity for the living to come together to share memories, pay respects and establish a network of support for coping with the grieving process. If you'd like more information about the importance of funeral ceremonies, we'd be happy to answer all your questions.

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# Women's World

## Hospital officers

The Women's Board of Holy Family Hospital in Des Plaines has named several local residents as new officers for 1987.

They include: Luz Marzo, Morton Grove, President; Judy Bielinski, Glenview, Second Vice-President; and Joan Eggers, Glenview, Corresponding Secretary.

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Jewelry Fashions, Facts, Fiction

By  
Gabriele Doerner  
Graduate Gemologist  
& Jewelry Designer

## SAVED FROM TIGERS

Fashion favors big, bold looks and the amethyst is just the gemstone for the job. This purple gemstone is available in good quality in the sizes fashions call for today.

Enhance your pearl necklace with an amethyst. Pearl enhancers are available in shapes suited to your tastes - the angular squares and rectangles, the softer round, oval, and teardrop shapes. No matter the shape it comes in, a well-cut amethyst carries its rich color.

Amethyst beads let you drape yourself in purple, in keeping with the legend of the color of this gem. Bacchus, according to the story, was slighted and swore tigers would eat the first person who crossed his path. A woman named Amethyst, on her way to worship at the temple of Diana, was saved from that fate when Diana turned her to stone. Bacchus repented and poured his wine over the stone, staining it purple.

Because amethyst is a variety of quartz, it is one of the more available gems. Its availability makes this beautiful gemstone affordable even in bigger sizes. Designers use it in bracelets and rings, as well as for neckwear. Another plus - this purple stone looks good whether you choose white metals like platinum or silver or yellow metals such as gold. If you've considered a personal design, come talk with us about amethyst.

Doerner Jewelers

Fine Jewelry, Diamonds, Watches  
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Golf Mill Shopping Ctr., Niles  
299-1341

## Calling all kids!

The Choralettes of the Lattot YMCA invite all kids, preschool thru grade 6, to their 6th annual Kids Concert. The program will be held Sat. morning, March 7 at 10:30 a.m. in the Hendrickson Room of the Arlington Heights Public Library.

Tickets for the Kids Concert may be purchased at the door. Kids - \$3; parents and/or chaperones are free! For further information, please call Geri Audino - 692-2246.

Geared especially for children, the program will include a visit from the Muppets, a song about gloves (?), New Shoes Blues, and a very special parade of pets; all sure to delight youngsters of any age.

In addition to her role as City Clerk, Donna serves the community through the following affiliations: Salvation Army Board Member and Service Unit Chairman; Des Plaines Senior

Wardrobe seminar

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direction of Pat Ferguson, are celebrating their 21st season of singing together. Representing the entire northwest suburban area, this women's contemporary choral group is well known for its interesting and varied musical programs. The Kids Concert is one of three public performances this season.

The Niles Park District will hold a Wardrobe seminar on Wednesday, May 13 from 7-10 p.m. for a resident fee of \$15. Learn to color coordinate your wardrobe for a professional look. Body types will also be covered as well as personality styles, to determine what suits you best! A maximum of 10 adults will be accepted in this seminar so register early at the Niles Park District office, 7877 Milwaukee Ave. in Niles.

## NSJC Fashion Show and Brunch

The Sisterhood of Northwest Suburban Jewish Congregation will hold their Fashion Show & Brunch on Sun., March 8, 11:30 a.m. at 7800 Lyons, Morton Grove.

A delicious brunch is planned followed by the Fashion Show. Our models will wear the lovely styles from Something Came, Ltd. in Skokie, and their make-up and hair will be done by Shear Genius, Glenview.

Tickets are \$7.50 prepaid, \$8.50 at the door. For tickets or more information, phone Northwest Suburban Jewish Congregation, 965-9900.

## Craft Fair

Where can you find unusual handmade craft items, mouth watering home baked Scandinavian foods all in one place?

Just head for the Scandinavian Club 2323 N. Wilke Rd. (E. Frontage Rd.) Arlington Heights between 10 and 4 on March 7.

Craft items will feature rosemaking, (rose painting) hardanger, cross stitch, woodcrafts, knit and crocheted items and many more.

Our bakery goods will feature krumkake, sandbakkes etc.

The dining room will serve from 10 a.m. to 1 p.m.

For further information call 885-4815 or 885-2284.

## Guest speaker at GOP Woman's meeting

"A View of the city from the City Clerk's Office" is the topic of Donna McAllister's talk at the Thursday, February 19 dessert meeting of the Main Township Republican Woman's Club. The public is invited to attend, beginning at 7:30 p.m. in the Main Township Town Hall, 1700 Ballard Road, Park Ridge. This is between Potter Road and Greenwood on Ballard Road.

City Clerk McAllister will discuss the many diverse duties she performs for the city, and her activities with Clerks Associations of North and Northwest Suburban Cook County, the Clerks of Illinois and the International Institute of Municipal Clerks. She annually attends the Municipal Clerks Institute and Academy at The University of Illinois.

In addition to her role as City Clerk, Donna serves the community through the following affiliations: Salvation Army Board Member and Service Unit Chairman; Des Plaines Senior

Citizen Center Board of Directors Member; Des Plaines Sister Cities Association Vice President; American Red Cross (North Cook County District) Board Member; Des Plaines Council of Youth & Family Services Member; Oakton District Public Library Literacy Coalition Member; Des Plaines Crime Stoppers, Inc. Board of Directors Member; Northwest Municipal Federal Credit Union Board Member; and Des Plaines Historical Society Board Member.

Having chaired the Des Plaines Sesquicentennial Commission, which coordinated the City's 150th Birthday celebration activities in 1985, Donna is now looking forward to her involvement on the Main Township Commission on the Bicentennial of the United States Constitution during 1987.

For further information about the meeting, call Loretta Kretschmer, President, 297-2912.

## Northeastern lecture on women and dieting

Northeastern Illinois University will sponsor a free lecture on "Women and Dieting: Myth, Magic and Fact" Tuesday, Feb. 24, from 12:30 to 2 p.m. in the Golden Eagles Room, 5500 N. St. Louis Ave. The lecture is part of an ongoing health and wellness lecture series, jointly sponsored by the university's Health Service Department, Women's Services and the Women's Studies Program.

Demetria Iazzeto, assistant coordinator of the University

Without Walls Program and member of the Women's Studies faculty at Northeastern, will present the lecture. Iazzeto is currently doing research on weight, body image and the eating problems of women. She will explore topics such as dieting myths, eating for the health of it, and our culture's obsession with thinness.

For additional information, call Phyllis Shearin in the Health Service Department at 583-4050, ext. 3454.

## The Superwoman Syndrome

"The Superwoman Syndrome" is the title of the first program in the free Community Education Lecture Series at St. Francis Hospital. Mary Lynch, R.N., and Suzanne Greider, M.D., will conduct the lecture on Tuesday, Feb. 24, at 7:30 p.m. in the Hospital's One South Auditorium.

Lynch and Greider will discuss how juggling too many roles may be hazardous to a woman's health. Ways to handle the many demands on women today will also be explored. For more information, or to make reservations, call St. Francis Community Relations, 492-6170. St. Francis Hospital is located at 355 Ridge ave. in Evanston.

## Women's ORT sandwich sack

The Sandstone Chapter of Women's American ORT (Organization for rehabilitation through training) will be sponsoring its Third annual sandwich sack to be delivered on Thursday, March 5, by 11:30 a.m.

The sandwich sack will include 1/4 lb. corned beef sandwich on rye, soft drink, kosher dill pickle, potato chips, mustard, and dessert for only \$5.

Any company or office in-

terested in having this delicious lunch delivered to them, please call 480-1945 or 498-1264 for ordering information. Orders must be placed by Feb. 27.

All profits will go to the ORT school of Engineering on the Hebrew University campus in Jerusalem, so it can continue to create productive generations which are vital to the economic independence of Israel.

## What's Cooking at The Bugle Pantry



## NOW FAVORITE SPAGHETTI DINNER BAKED AND SERVED EASY AS PIE

Try a new approach to the conventional Italian spaghetti dinner by serving hearty Italian Spaghetti Pie. Cooked pasta lays the foundation as a "crust" for this easy-to-prepare pie. A jar of sliced mushrooms adds flavor to a mixture of prepared spaghetti sauce and ground beef, which is poured over the pasta. After baking, sprinkle the pie with Parmesan cheese, cut it in wedges and serve.



## ITALIAN SPAGHETTI PIE

6 oz. uncooked spaghetti  
1 lb. ground beef  
1/4 cup sliced celery  
1 1/2-oz. jar prepared spaghetti sauce  
4.5-oz. jar Green Giant sliced mushrooms, drained  
2 eggs, slightly beaten  
1/3 cup grated Parmesan cheese  
1/2 teaspoon garlic salt  
Parmesan cheese

Heat oven to 350°F. Grease 10-inch pie pan or 9-inch square pan. Cook spaghetti to desired doneness as directed on package; drain. Set aside.

In large skillet, brown ground beef with celery; drain. Stir in prepared spaghetti sauce and mushrooms. Simmer 15 minutes.

Combine cooked spaghetti, eggs, 1/3 cup Parmesan cheese and garlic salt; toss lightly. Place spaghetti mixture in prepared pan. Press evenly in bottom and up sides of pan, forming a crust. Pour meat mixture over spaghetti; cover with foil. Bake at 350°F. for 25 to 30 minutes. Remove foil; let stand 5 minutes before serving. Sprinkle with Parmesan cheese. 6 servings.

## OLD FASHIONED BEEF STEW IS A GREAT WINTER COMFORT FOOD

### OLD FASHIONED BEEF STEW

4 slices bacon  
1 1/2 pounds beef for stew, cut into 1-inch chunks  
2 cans (10 1/4 ounces each) Franco-American beef gravy  
2 large cloves garlic, minced  
1/4 teaspoon dried thyme leaves, crushed  
1/8 teaspoon pepper  
1/2 pound small whole onions (about 8)  
2 cups sliced mushrooms  
1 cup sliced carrots  
Hot cooked noodles or mashed potatoes  
Chopped fresh parsley for garnish

1. In 5-quart Dutch oven over medium heat, cook bacon until crisp. Remove bacon to paper towel to drain; crumble and set aside. Spoon off all but 2 tablespoons drippings.

2. In hot drippings over medium heat, brown beef, a few pieces at a time. With slotted spoon, remove beef to bowl.

3. In drippings, stir gravy, garlic, thyme and pepper. Return beef to Dutch oven.

4. Reduce heat to low. Cover; simmer 30 minutes. Stir in onions, mushrooms, carrots and bacon. Cover; simmer 1 hour more or until beef and vegetables are fork-tender.

5. Serve over noodles or potatoes. Garnish with parsley. Makes about 6 cups or 6 servings.

## Maine Seniors Valentine Party



Bruno Liput of Niles (center) was the Grand Race Master, and Helen Willer, Morton Grove, one of the winning jockeys in the "Race for the Roses" at Main Township Senior Citizens Valentine Party on Feb. 8 at Brigantes in Des Plaines.

From l to r: Wendel Stukel of Des Plaines, who "ran" for Maine Center for Mental Health; Martha Schorr, Des Plaines, who raced for Clearbrook

Center; Helen Willer, Morton Grove, who championed The Harbor; and Ruth McCormack, Des Plaines, who ran for Maine Township Council on Alcoholism. Bruno Liput made the hobby horses the jockeys "rode".

A similar Valentine Party was staged on Feb. 18 for over 400 senior citizens. Nearly 300 attended on Feb. 8.

## Healthy Weight Loss Program

You've heard the saying, "Today is the first day of the rest of your life" and it can be so, by being involved in THE Healthy Weight Loss Program where 20 lbs. can easily be lost in this 10 week program. The hour and 1/2 class is divided into 2 portions with the first half of class focusing on weight loss while the second half concentrates on weight control through movement.

Paulette A. West, a registered dietician, who works at 2 local hospitals and has a successful career in teaching weight management programs will conduct the first portion of class which includes a weigh-in and lecture. Paulette will direct each participant toward a personalized meal pattern. Topics to be discussed include sensible fast food eating, meal planning for busy schedules, planning ahead

for special occasions, meal planning for special health risks and how to reduce fat and sugar from your diet without missing them. Time will also be spent sharing ideas and concerns among class members.

The second half of class will feature Maggie Deutsch introducing a well-balanced activity program. Safe, yet effective, body movement and exercise will be discussed and encouraged.

The Niles Park District will be holding these classes on Fridays, beginning March 20 from 9:45 a.m. to 11:15 a.m. Classes are held at the Rec. Center, 7877 Milwaukee Ave. in Niles. The 10 week course fee is \$50.50 per resident and \$101 per non-resident. This fee includes all materials. Register now at the Niles Park District office, 7877 Milwaukee Ave. in Niles.

## Presentation on "Jealousy"

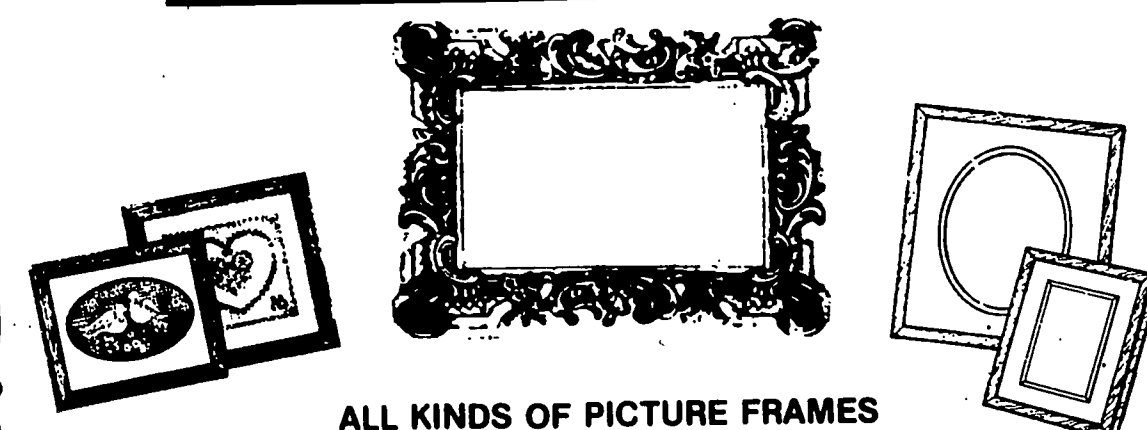
The Passages Through Life Series lecture will continue at Oakton Community College on Tuesday, Feb. 24, with a presentation on "Jealousy." The lecture will be held from 1 to 2:30 p.m. in Room 112 at Oakton East, 7701 N. Lincoln ave., Skokie.

Guest speaker Carla Cusic, Ph.D. from Stanford University, and presently teaching at the University of Illinois, will examine the traditional views of jealousy, envy and love in literature, and discuss what we can learn from these observations.

A \$1 donation will be collected at the door. For information, call 635-1414.

Louis F. Gross  
Navy Ensign Louis F. Gross, a 1983 graduate of Niles West High School Skokie, has graduated from Basic Civil Engineer Corps Officer Course.

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## Off the Niles Police Blotter...

### DUI arrests

A Niles man was arrested for speeding and a suspended driver's license on Feb. 10. The offender was observed traveling east in the 7900 block of Dempster at a speed of 57 mph. A traffic stop was initiated and the offender, produced a Florida driver's license. A check showed a suspended Illinois driver's license. He was released on \$1,000 bond pending a Feb. court date.

A Park Ridge man was arrested Feb. 5 for drunk driving after he was involved in a hit and run accident on Ozark and Greenwood.

According to police reports, the offender was backing from a parking space and struck a parked car on the street. During questioning, the offender admitted striking the car and was unable to produce a driver's license.

He was released after posting \$3,000 bond and assigned a March court date.

### Driver arrested

A Glenview man was arrested for driving with no tail lights and a suspended license on Feb. 7. He was released on \$1,000 bond pending a March court date.

### Brief case stolen

A Chicago man reported someone removed a briefcase valued at \$50 from a locker at the YMCA on Touhy Ave. on Feb. 6.

### Would be thieves foiled by employee

Two men foiled in an attempt to purchase \$2,000 worth of merchandise with a stolen credit card at J.C. Penney's on Feb. 7.

According to police reports, a check by an employee revealed the owner of the credit card had reported it missing several weeks ago. Security men attempted to

stop the offenders as they ran through the store throwing down the merchandise they had purchased. They exited the store and drove out of the parking lot.

The merchandise included small appliances, a stereo, clothes, jewelry and various items of footware.

### Sign of spring?

A Niles woman reported she stopped her car for a red light in the left turn westbound on Ballard at Greenwood and saw a man standing on the sidewalk exposing himself. He then walked northbound on Greenwood.

He was described as 25 to 30 years of age, 5'7" weighing 170 pounds and wearing blue cords and white gym shoes.

### Church burglarized

An official of St. Michael's Orthodox Catholic Church in the 7300 block of Waukegan Rd. reported Feb. 5 that someone gained entry by breaking a basement window on the north side of the church.

Once inside, the offender removed \$100 from an upstairs office. Investigation revealed that a statue had been unpacked from a carton and then sprinkled with unsmoked tobacco. The offender also removed a cake from a refrigerator eating part of it and then leaving pieces around the basement floor.

The pastor will submit a list of any missing items to police.

### \$2,200 ring stolen

A ring worth \$2,200 was removed from a glass case at a jewelry store in the Golf Mill shopping center on Feb. 7.

According to police reports, two men were looking at jewelry items three different times during the day without making a purchase. An employee then discovered a man's gold and diamond ring she had been showing the two alleged offenders was missing from a glass case.

The manager reported it was a one-of-a-kind ring and could be easily identified if an attempt is made to sell it.

### Stolen bike

Persons unknown removed a bicycle worth \$125 from a backyard to the 9000 block of Grace St. on Feb. 10.

### Wallet missing

Someone removed a wallet containing an undetermined amount of cash from a gym locker at the YMCA on Feb. 6.

### Attempted break in

Persons unknown attempted to enter a dentist's office between Feb. 7 and 9 at the Golf Mill shopping center.

The offenders bent the plastic door handle to the office causing \$75 damage.

### Customers opinion not appreciated?

A Chicago man reported he was attacked by bouncers after a verbal incident at a restaurant bar in the Dempster Plaza shopping center on Feb. 7.

The victim was leaving the facility with a friend and voiced his displeasure regarding the establishment and then stuck out his tongue at one of the bouncers.

He was then allegedly attacked by five or six bouncers, who allegedly knocked him to the floor and began punching him on the head.

The victim requested a follow-up and wishes to sign a complaint.

### Auto theft and vandalism

Someone smashed the vent window of a car parked in the 6600 block of Albion. Removed from the car was a cassette player worth \$300.

A Niles resident in the 7300 block of Greenleaf reported Feb. 8 that someone smashed the right rear half window of his car. Once inside, the offender removed a radio and tape deck valued at \$500.

Someone removed moulding from the left headlight of a car parked in front of a home in the 7100 block of Nordica on Feb. 9. Replacement was valued at \$150.

A resident in the 9100 block of Terrace reported Feb. 7 that someone used a hard object to smash the driver's side of his car parked in the parking lot. Once inside, the offender removed a radar detector and a pair of hockey skates worth a total of \$150.

## Tips on trips

There are ways to cut costs without giving up and staying home.

-Consider going during the off-season, when rates at hotels and motels are often reduced. Choose budget-priced accommodations, or consider camping. Make one meal of the day a picnic; this can do double duty at midday by allowing children a chance to run off some excess energy.

-If you purchase snack supplies locally before you leave, you can control quality as well as cost.

-For sightseeing, remember that at many of the continent's greatest wonders there are no admission fees. Plan your trip around a museum such as the Smithsonian, or one or more state or national parks.

-In National Park Service or Forest Service areas, a \$10 Golden Eagle Passport can be an excellent bargain. It admits you and everyone with you in the same car to designated areas for a whole calendar year. Persons over 62 and the physically disabled obtain similar advantages with the free Golden Age and Golden Access Passports.

-Throughout the country there are hundreds of free memorials, gardens, museums, parks and other attractions. You will find most of the best ones listed in current guide books, at least one of which should be on every vacationer's necessity list.

-Bookstores carry a number of good guides; and if you're a Triple-A member, you can get comprehensive regional Tour-Books free for the asking as part

of your membership benefits.

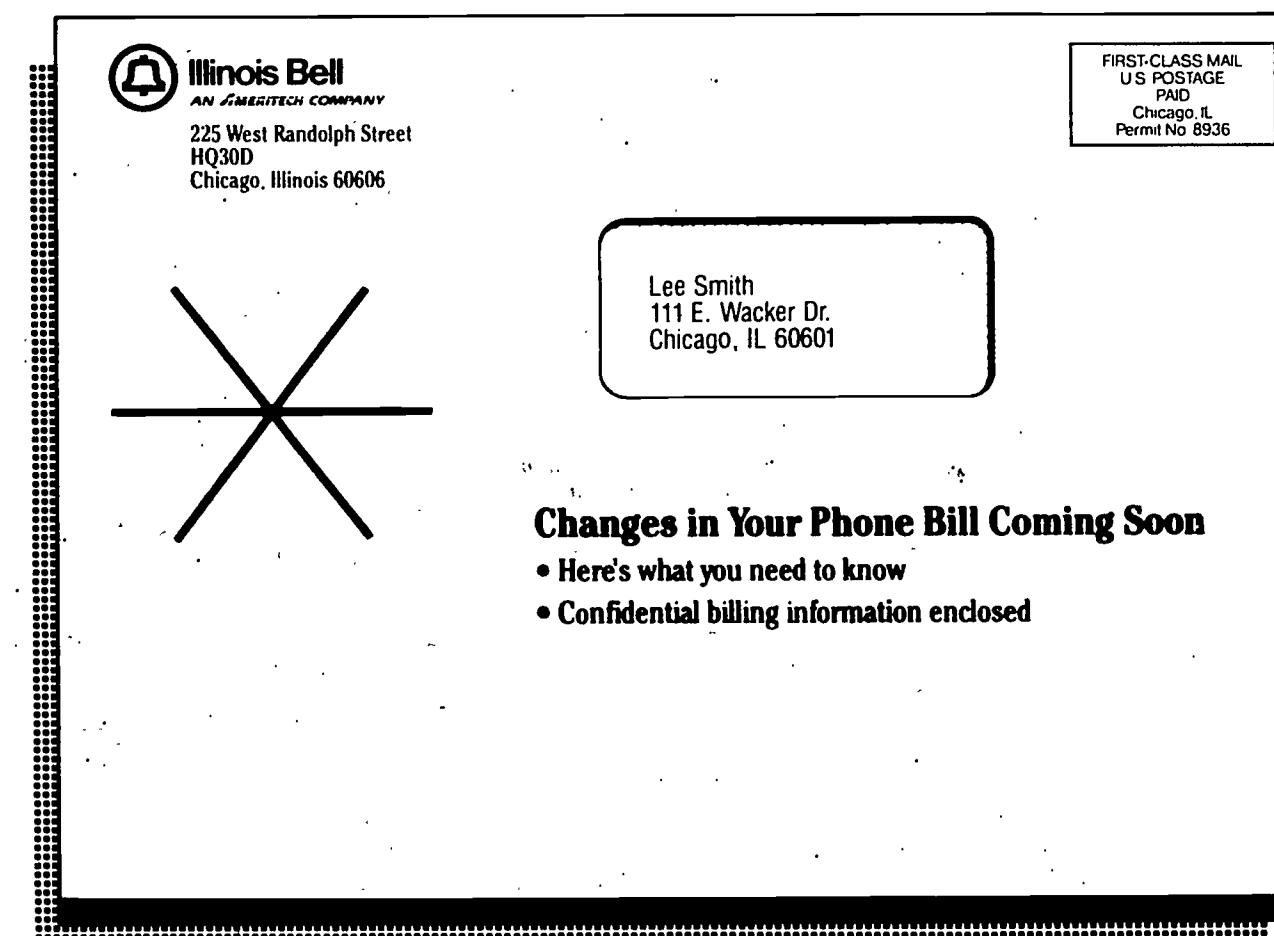
-TourBooks help you avoid that great needless expense - the tourist rip-off. The attractions listed in TourBooks, for example, have been personally inspected and approved by trained field personnel. They also list a wide variety of over 20,000 AAA approved lodging and dining establishments, enabling you to choose those that best suit your budget and tastes.

For information on the Golden Passport, write Public Inquiry, National Park Service, Washington, D.C. 20040. To ask about the TourBooks and other features of AAA membership, contact your local AAA office or call 1-800-336-HELP (ask for Hank Brown) to get their address and phone number.

### Paratroopers and glidermen sought

The 82nd Airborne Division Association, composed of men and women who have served as paratroopers and glidermen in any Airborne Unit during and since World War II, is conducting a National membership drive to locate troopers eligible for membership. If you served as Airborne, please contact Shirley R. Gossett, National President, 5459 Northcutt Place, Dayton, OH 45414, for details of the Association as well as information about the 41st annual Convention, to be held at Astro-Village, Houston, Texas, August 22-24.

# During the next few weeks, you'll receive this notice about changes in your phone bill.



## Please read it carefully.

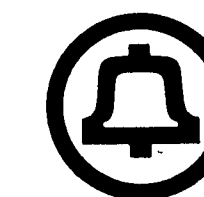
Next month, a new, fairer, pay-for-what-you-use local calling plan will be introduced for Illinois Bell customers throughout Northeastern Illinois.

But before the new local calling plan goes into effect, we want to help you understand how it may change your bill.

So some time during the next few weeks, you'll receive a special mailing like the one pictured here. Inside, you'll find a booklet that explains the new plan in detail. You'll also receive a personalized comparison of your own local calling charges for the last few months, and what

the charges would be, for those same calls, under the new plan.

So watch for this special mailing from Illinois Bell, and make sure to take a look at what's inside. It's the information you need to understand why your phone bill is changing, and what the changes mean to you.



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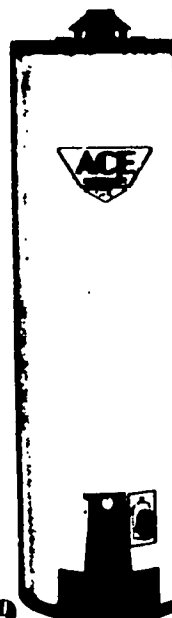
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## I Bet You Didn't Know



By Jim Jennings

Did you know that a former big league baseball pitcher, a former National Football League quarterback, and a former National Basketball Association player are now in the Congress of the United States? ... In the current U.S. Senate is former NBA player Bill Bradley, and in the current U.S. House of Representatives are former big league baseball pitcher Jim Bunning, former NFL QB Jack Kemp, and former NBA players Morris Udell and Tom McMillen.

One of the most amazing performances of basketball shooting of all time was made by Fred Newman at the Central YMCA in San Jose, Calif., on Feb. 5, 1978. He not only made 88 consecutive shots without missing a tough feat in itself—but Newman made those 88 straight successful shots in an exhibition while blindfolded!

Which professional sports team was coached by a man whose father AND grandfather also coached that team? ... It's the New York Rangers of the National Hockey League. ... Craig Patrick coached the Rangers in 1984-85. His father, Lynn, coached the Rangers from 1948 to 1950, and his grandfather, Lester, coached the Rangers from 1926 to 1939.

If you mention this ad after your deal is consummated (but before delivery) Jennings Chevrolet will deduct \$50 from the purchase price of your new or used car. One deduction per customer. One deduction per transaction.

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Friday 8:30 am - 8:00 pm  
Saturday 9:00 am - 6:00 pm

## Sports News

### Demon Guard Swim Program begins

Maine East's Demon Guard resumes swim lessons for youngsters, ages 5 to 12 years, Saturday, Feb. 7.

Demon Guard is an organization of Maine East students dedicated to teaching children to swim properly.

Lessons are at 9 and 10 a.m. until May 16, with breaks April 4 and April 11. Class size averages 3 students per instructor.

Parents can buy a five-lesson ticket for \$10 on the day their children begin lessons.

Demon Guard members involved in the program are: Co-captains Pete Gerngross of Niles and Debbie Brandt of Niles. Members: Steve Balaton of Des Plaines, Dan Brandt of Niles, Stacey DeBoer of Park Ridge, Julie Dorfman of Morton Grove, JoAnne Egan of Niles, Nicole Egan of Niles, Andrea Elkins of

Des Plaines, Larry Gail of Morton Grove, Samantha Graham of Des Plaines, Julie Hirsch of Morton Grove, Mona Hotchkiss of Des Plaines, Jenny Jensen of Niles, Amy Kalas of Niles, Aspacia Karaboyas of Park Ridge, Marie Kosing of Niles, Kate Krusel of Glenview, Lori Levy of Niles, Amy Litzinger of Glenview, Ramona Minkley of Morton Grove, Howard Mora of Des Plaines, Felicia Posner of Morton Grove, Jenny Odishoo of Niles, Josh Riek of Des Plaines, Lisa Rouso of Morton Grove, Meredith Roth of Des Plaines, Jim Ryan of Niles, Barby Scalfani of Morton Grove, Brian Shevelenko of Niles, Ilanna Stone of Des Plaines, Kim Sychowski of Niles, Kris Tinkoff of Park Ridge, Dave Tibbo of Park Ridge, Lisa Twarski of Niles, Jacki Weymer of Glenview, Ira Zubkoff of Morton Grove, Tammy Zwirck of Des Plaines, and Dave Zwirn of Niles.

### Harlem Globetrotters trip

The Niles Park District is sponsoring a Family Trip to see the Harlem Globetrotters play their best basketball at the Rosemont Horizon. Tickets as well as deluxe motorcoach transportation costs a resident only \$111. Buses leave from the Grennan Heights Fitness Center, 8255 Oketo ave., on Sunday, March 1 at 1 p.m.

Registration is now being accepted at the Rec. Center, 7877 Milwaukee ave. in Niles. Call the Niles Park District at 967-6633 for more information.

### Res Bandits best ever at gymnast regionals

The Bandits of Resurrection High School, 7500 W. Talcott, performed their best yet at last night's Girls Regional Gymnastics meet at Res.

The team score of 141.85 was better than 2nd place Morton by 8.5 points.



### League Officers—Looking for a better place to bowl?

COME JOIN US FOR THE '87 - '88 SEASON

PRIME TIME SPOTS STILL AVAILABLE  
Largest supervised playroom in the Northwest suburban area for daytime Ladies league  
COME IN AND VISIT OUR FACILITIES

**Classic Bowl**  
8530 Waukegan Road Morton Grove  
965-5300

## BOWLING

### Catholic Women's Bowling

Wednesday, February 11, 7 p.m.  
Team W-L  
Skaja Terrace 37-5  
Morton Grove Auto Clinic 25-17  
Debbie Temps, Ltd. 24-18  
State Farm - A. Beierwaltes 22-20  
G.L. Schmitz Ins. 22-20  
1st Natl. Bank of Niles 22-20  
Sullivan's Tavern 9-33  
Candlelight Jewelers 7-35

High Series  
D. Behrens 524  
I. Skaja 519  
J. Guenther 506  
C. Ruth 492  
M. Sobacki 481  
D. Medo 477  
M. Coronato 475  
P. Koch 468  
L. Nishijima 468

High Games  
C. Ruth 215  
G. Thoma 199  
I. Skaja 189  
D. Medo 189  
J. Guenther 185  
D. Behrens 181  
R. DeRosier 177  
N. Paschke 162

### Senior Men's Bowling

Team W-L  
The Cornets 35-14  
Unknowns 35-14  
New Englanders 35-16  
Wild Bunch 32-17  
Bodinos 29-20  
4-Teens 29-20  
Silver Stars 28-21  
Teenage Seniors 28-21  
Bull Dogs 25-24  
No Idea 22-27  
Dragon Playboys 21-28  
Who Cares 21-28  
Two Plus Two 19-30  
No Drinks 16-31  
Sandbaggers 16-31  
Wait For Us 17-32  
Young Seniors 17-32  
Young At Heart 13-36

Hot Shots: Ed Wawrzyniak 567; Henry Knitter 521; Larry Burns 514; Julian Akui 510; John Korn 508; Frank Rutkowski 503; David Schildt 503; Larry Dierikofano 496; Sylvester Kluck 496; Ted Wisniewski 488; Edwin Detlefsen 487; Edward Proske 487; Alex Maloni 481.

### St. John Brebeuf Ladies Bowling

Team W-L  
Oak 36-6  
Chestnut 32-10  
Corkscrew 26-16  
Willow 24-18  
Apple 19-23  
Maple 18-24  
Birch 18-24  
Magnolia 15-27  
Banyan 14-28  
Catalpa 11-31

High Series  
Anita Rinaldi 509  
Barb Beierwaltes 496  
Ruth Stefo 490  
Marge Coronato 451

High Games  
Ruth Stefo 218  
Anita Rinaldi 181  
Barb Beierwaltes 181  
Cathy Cummings 180

### Glenview Senior Men Bowling

Team W-L  
#5 7-2  
#7 7-2  
#10 7-2  
#1 4-5  
#2 4-5  
#6 4-5  
#8 4-5  
#11 3-6  
#12 2-7

High Team Series  
#3 2460  
#9 2450  
#10 2449

Team High Game  
#3 881  
#10 880  
#8 873

High Series  
Graf Shannon Thomas 693  
Graf Altmir 691  
Topercer 691

### Classic Senior Bowlers

Team W-L  
Poodles 102-59  
Hound Dogs 102-59  
Eager Beavers 88-73  
Billy Goats 86-75  
Alley Kats 81-80  
Grey Hounds 79-82  
Pole Cats 76-85  
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H. Knitter 243  
P. Beaudette 226  
E. Schleich 224  
B. Curtis 210  
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P. Kosmel 605  
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## Interesting Facts From John Jennings



The world's first credit card for travel and entertainment was created in 1950 when Frank McNamara finished dinner in a New York restaurant and discovered his money was lost. He and attorney Ralph Schneider then conceived the idea of the Diners Club card for food, merchandise, etc., and a new custom was born in America.

The 5 largest libraries in the U.S. are the Library of Congress, Harvard University, New York Public Library, Yale University and Chicago Public Library.

Some historians feel that the first inventor of the telephone was NOT Alexander Graham Bell but either Antonio Meucci or Elisha Gray.

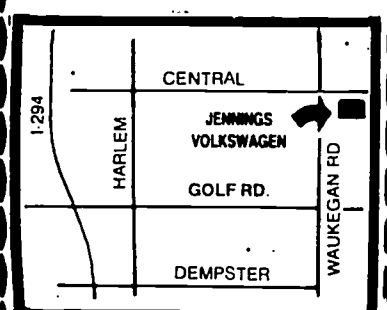
There's one automobile for every 2 people in the U.S. while there's just one auto for every 32 people in Russia.

And, here's another interesting fact...

If you mention this ad after your deal is consummated (but before delivery) Jennings Volkswagen will deduct \$50 from the purchase price of your new or used car. One deduction per customer. One deduction per transaction.

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## Auto Update

### AAA opposes tax, fee increases

AAA-Chicago Motor Club is calling proposed increases in the Illinois motor fuel tax and vehicle registration fee too much, too soon.

The Illinois Department of Transportation reportedly is proposing a 9.5 cent increase in the state's tax on gasoline, and a hike in the vehicle registration fee to \$65. Huge increases were imposed on these fees only a few years ago, and AAA-Chicago Motor Club says the need for additional increases has not yet been established by the state.

"The idea of raising both gasoline taxes and license fees again by such large amounts will be strongly opposed by the state's motorists," said Nels L. Pierson, AAA-Chicago Motor Club's President and Board Chairman.

"Naturally we favor improving Illinois road conditions, but we are not convinced there is a need for additional funding at this time," Pierson said.

The Illinois gasoline tax and

license fee already are among the highest in the U.S.

The gasoline tax situation is even worse in the Chicago area. In the five "collar counties," the sales tax applied to gasoline is 6 1/2 percent. In Cook County, the sales tax is 7 percent and in Chicago, the sales tax is 8 percent.

In addition, all gasoline sold in Cook County is subject to a 4 cent per gallon county tax. Finally, the city of Chicago recently imposed a 5 cent per gallon city tax.

Very few other areas in the country allow this multi-tiered tax structure for gasoline, where motorists must pay federal, state, regional, county and local taxes every time they fill their tanks, according to AAA-CMC.

AAA-Chicago Motor Club provides motoring, travel, insurance and financial services to 470,000 members in 72 Illinois counties and 24 counties in northern Indiana.

## You and Your Car

### Packing Punks

Before driving on a family trip, take a walk - around your car, that is.

For safe and carefree travel, check radiator coolant, windshield wipers and washer fluid. Motor oil due for a change? (A modern synthetic like Mobil 1 gives extra protection in temperature extremes). Also check battery fluid (if yours isn't a sealed unit), fan and other drive belts, lights and signals, tire pressure and wear. You or your service station should check fluid levels for power steering, brakes, transmission and differential.

And the right way to pack can help save your belongings, your

temper - and even money on gas.

Why ruin gas-saving streamlining by piling things on your roof? Compared with no rack on your roof, air resistance at 50 miles an hour could cost you 5 percent in gas mileage with an empty roof-rack, 10 percent if it's well-packed - but 17 percent if it's badly packed.

Take only what you need, and put it all in the trunk. Use a roof rack only as a last resort - and it should be in place only when needed. Arrange roof luggage in steps with smallest pieces in front, to give you a streamlined effect.

Most important of all - "pack" your family carefully. Everybody belts up.

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## Car Care Clinic



Tips for more  
Safety,  
Economy,  
Convenience

by Bob Miller

### To Tune Or Not To Tune

Remember when, once a year, whether it be Spring or Fall, it was time to bring the car in for a tune up? Sometimes certain symptoms told us it was due. Other times it was from a maintenance standpoint to insure a trouble free vacation or instant winter start ups.

Today is the day of a totally new technology in automotive design. A few years back we were introduced to computer controlled engines and sophisticated fuel injection systems. Both of these new areas are rapidly teaching us that not always does a simple "tune up" cure a particular problem.

There are actually three types of tune ups that can be performed on your automobile. This holds true whether you own an American car or a foreign model.

First is the tune up, we've all become familiar with over the years, the basic "engine" tune up. This would consist of spark plugs, distributor cap, rotor, air filter, fuel filter, breather element and pcv valve. If adjustable, the mechanic would set the ignition timing, the air/fuel mixture and the idle. Some tuneups, depending on the place of business, would also include an oil and filter change and cleaning the battery cables of any corrosion that had formed.

Now we move into the second form of tune up that has emerged, a "computer" system tune up. This is a specific test procedure of the numerous components that comprise your emission control system. There are many sensors on the engine that tell the main computer data such as the temperature of the anti-freeze, how hard you're stepping on the gas pedal and how fast the car is actually moving, just to name a select few. All of these sensors have to be properly working 100% in order for your engine to run smoothly and efficiently. A sensor that is even partially failed could cause any one of a number of problems.

The third and last procedure is known as the "fuel system" tune up. In this area the mechanic will check the pressure and output of the fuel pump (manual or electric). They will check all the rubber and steel gas lines to make sure they're in good condition and test the carburetor or fuel injectors to make sure they, too, are working properly. In fuel injected cars a common complaint of sluggishness can sometimes be cured by a process of running a special cleaning solvent through the injectors to dissolve any varnish that has formed.

As you can see from these brief explanations, a problem you thought could be cured with a new set of spark plugs may still exist after the "engine" tune up you ask your mechanic to perform.

The best advice for consumers is to tell your mechanic or service manager the particular problems you're experiencing with your car. For example, if you feel a hesitation when starting off from a stop light, tell them exactly that problem. Let them decide whether you have to lean towards the engine, the computer or the fuel system areas. Their diagnosis could save you money in the long run, since you won't be spending money on unneeded repairs.

As automobiles become more complex, the need for shops to keep up on new diagnostic equipment also rises. More and more shops will charge a customer for a system check out procedure. This is the only way to professionally diagnose which component is causing problems. Diagnostic time is something we will all have to get used to due to the complexity of new cars. The bill you pay when picking up your car is approximately 75% diagnostic time when it comes to computer systems and fuel systems. The days of just turning a little screw a half a turn to make an adjustment are long gone. Even just setting the idle on a computer car can take up to half an hour due to the electric motor that receives signals from the main computer.

A car with a fresh engine tune up and all components of the computer system working properly will give you the safe feeling of knowing your car will start easily and give you your maximum gas mileage with the lowest emissions possible.

If you have any questions pertaining to a particular problem with your car, address them to "Car Care Clinic", The Bugle Publications, 8746 N. Sherman Road, Niles, Ill. 60048 and we will try to address them in future columns.

### Timothy Schrierer

Air Force Airman Timothy H. Schrierer, son of Harold Schrierer of 8543 N. Oriole Ave., Niles, has arrived for duty with the 379th Field Maintenance Squadron, Wurtsmith Air Force Base, Mich.

He is a 1986 graduate of Maine East High School, Park Ridge, Ill.

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## Park District News

### Weides named manager of Tam and ice rink

The Niles Park District is pleased to announce the reorganization of its revenue facilities, Tam Golf Course and the indoor ice rink. Jim Weides, currently manager of the Sports Complex, has been promoted to the position of manager of both revenue facilities and will be responsible for their operations. Jim has been employed by the Niles Park District for six years.

Some of Jim's immediate responsibilities for the golf course will be to: 1) Hire a full time assistant to help with the duties at both the golf course and the ice rink. 2) Hire part time/seasonal employees to staff the golf course clubhouse activities for the upcoming season. 3) Finalize the golf leagues schedule and meet with league representatives to go

over the rules and regulations for the 1987 season. 4) Implement a new picture identification system for resident verification.

Jim commented he has enjoyed working at the Sports Complex and is looking forward to the new challenge, working at the golf course. Anyone interested in the assistant's position or part time seasonal work at the golf course for 1987 should contact Jim immediately at 297-8011.



### Niles Park District Spring classes

The Niles Park District's Spring brochure is now available at any Niles Park District facility. Some of the classes offered this Spring will include: Photography instruction, art classes, Slim & Trim exercise, Computer instruction, Golf Lessons, dance classes, Gymnastics, Girls Softball, Tee Ball, Volleyball, Day Camps, Mini Golf and Batting Cages, Body Shop for Teens, Beauty and Make-up seminars and many classes for children ages 12 months to 7 years.

Most spring classes begin the week of March 16 and registration is now being taken at the Rec. Center, 7877 Milwaukee Ave. Call 967-6633 for more information.

### Niles Pee Wee Rangers

The Niles Pee Wee Rangers on the road in search of their 11th straight victory, paid a visit to the Oakton Ice Arena for a game against Park Ridge.

The Rangers came ready to play and scored only one minute and twenty-two seconds after the opening face-off on a brilliant end-to-end rush by Alex Zachow, a play he has used to bring Ranger fans to their feet all season. The Rangers had two power-play opportunities in the first period but failed to cash-in. To some fine penalty killing by Park Ridge. Late in the period Jim Murray put the Rangers ahead 2-0 with a shot from close in that beat the sprawling Park Ridge goalie, the assist going to Bill Rourke.

The second period was a purely defensive contest with both teams showing a determined, grind-it-out attitude. Rookie players Joe Pettinato and Chris Falkiewicz, showing continuing

improvement with each game, were instrumental in keeping Park Ridge off the scoreboard with their aggressive forechecking. The Ranger defensive corps, switched around a bit for this contest, consisting of pairs Alex Zachow and Jim Fitzgerald, Mike Jesse and Gary Falk, and Tim Migon and Keith Brand, did an outstanding job of keeping the puck away from their goal.

In the third period the thoughts of the Rangers were again on solid defense. The Park Ridge team, being put in the must-score position as the game wore on, gave Niles several scoring opportunities. Steve Bosco, with an assist from Mark Kowachek, took advantage of one such chance and scored the game's last goal and the game ended 3-0 for Niles. For Ranger goalie Eric Jesse, it was another hard-earned shut-out as the Rangers remained undefeated for the season.

### Mite House League

The Blues tried to rebound from their first loss of the season at the hands of the Hawks last week when they met the Capitals. Though the Capitals scored first, the Blues freight train ran up an 8-1 victory by scoring twice in the first period, adding 2 more in the second and turning the game into a rout with a 4 goal third period.

Capitals goalie Bob Grabowsky actually played much better than the score would indicate stopping shot after shot but because the defense in front of him played poorly the Blues constantly got 2 and 3 rebounds which led to the one sided victory.

The Capital goal was on a great individual effort by Gerry Dalton

### Fenwick honor students

Fr. William Bernacki, President-Principal of Fenwick High School, announces that the following Park Ridge residents have made Fenwick's Honor Roll for the first semester grading period: First Honors: Brian J. Alesia and Daniel J. Alesia. Second Honors: Anthony J. Rosales.

### LEGAL NOTICE

Sealed bids will be received up to 3:00 p.m. (CST) on March 16, 1987 at Niles Elementary School, District Number 71, 6935 W. Touhy Avenue, Niles, Illinois 60648 which bids will be opened at 8:00 p.m. on March 17, 1987 at Culver Elementary School, 6921 W. Oakton Street, Niles, Illinois 60648 in the Board Room for:

1. Student Bus Transportation
2. Student Physical Education Towels
3. Snow Removal
4. Milk for School Food Service
5. Landscape Service
6. Aprons

Bid specifications may be picked up at the Niles Elementary School, District 71, 6935 W. Touhy Avenue, Niles, Illinois 60648 between February 18, 1987 and March 16, 1987, between the hours of 8:30 a.m. and 3:30 p.m.

The Board of Education reserves the right to reject any and all bids.

Vincent Bugarin  
Secretary, Board of Education  
Eugene H. Zalewski  
Superintendent

### Ice Capades Trip

By popular demand, the Niles Park District has ordered 46 additional tickets to the Ice Capades on Sunday, March 22! Deluxe motorcoach transportation is included in the fee of \$10.50 per resident. Buses leave from the Rec. Center, 7877 Milwaukee Ave. at 4 p.m. and return at 8:30 p.m. Residents are encouraged to register for this special trip before Feb. 20. Don't miss this fantastic opportunity to marvel at the beauty of the Ice Capades! Register at the Niles Park District Rec. Center, 7877 Milwaukee Ave. today!

### LEGAL NOTICE

#### NOTICE OF BID

The Village of Niles will be accepting sealed bids for: 50/50 SIDEWALK PROGRAM.

Sealed bids will be accepted until noon, on February 24, 1987, at the Village of Niles, Office of the Purchasing Agent, 7601 N. Milwaukee Avenue, Niles, Illinois 60648.

General information and specific instructions concerning this request for proposal are available at the Office of the Purchasing Agent, 7601 N. Milwaukee Avenue, Niles, Illinois 60648.

Bids will be opened at 8:00 P.M. on Tuesday, February 24, 1987, at the Board of Trustees' meeting, 7200 Milwaukee Avenue, Niles, Illinois 60648.

Andrew R. Buffa  
Purchasing Agent

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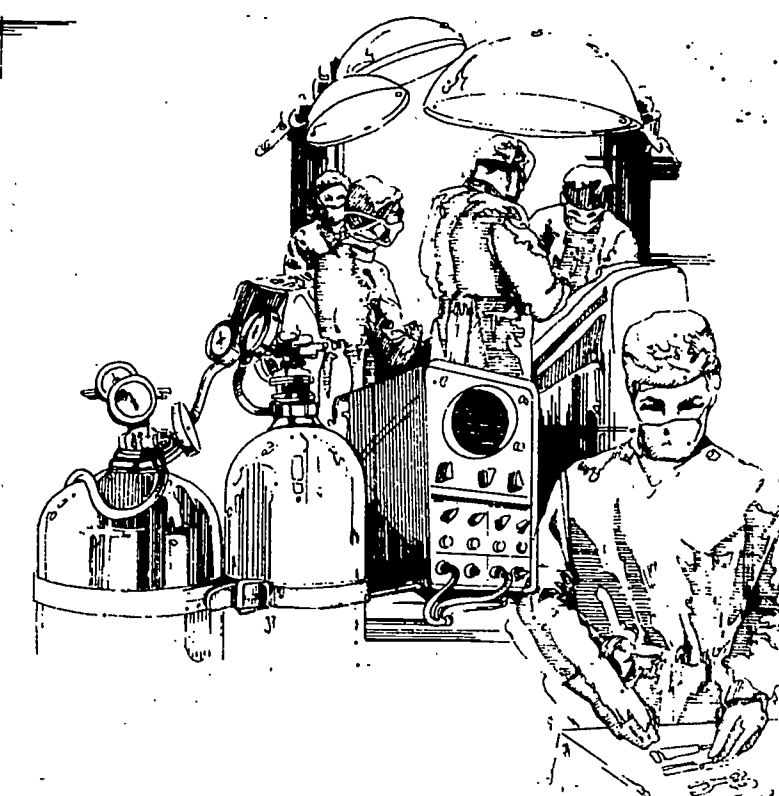
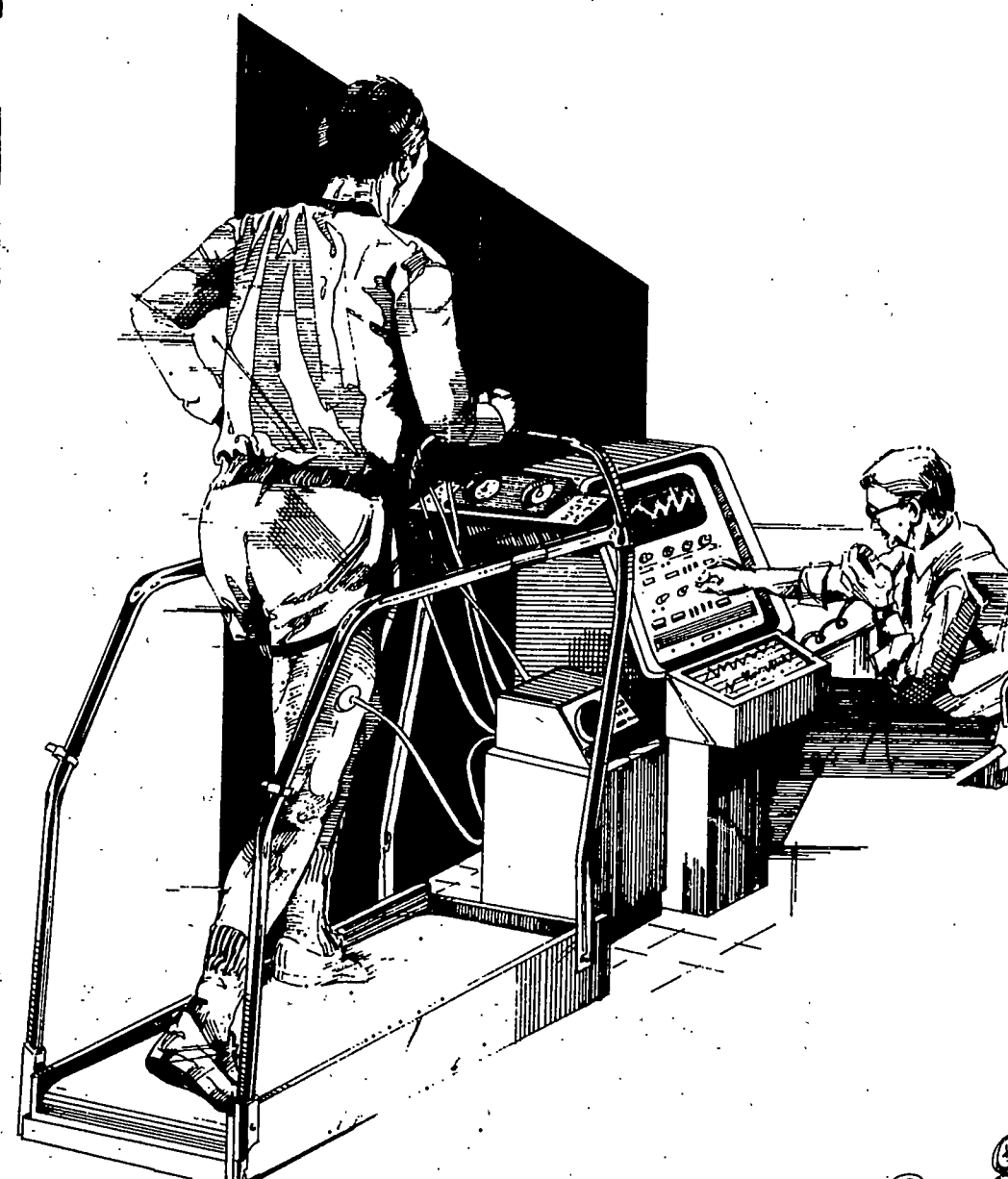
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# Health & Fitness





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- worksite smoking cessation programs
- corporate smoking policies
- secondhand smoke
- smoking and pregnancy
- smoking education programs for children

### Lung Disease

- asthma; summer camp for

### asthmatic children

- emphysema
- lung cancer
- chronic bronchitis
- tuberculosis
- ventilator-assisted patients
- oxygen use in the home

### Environmental and Occupational Health

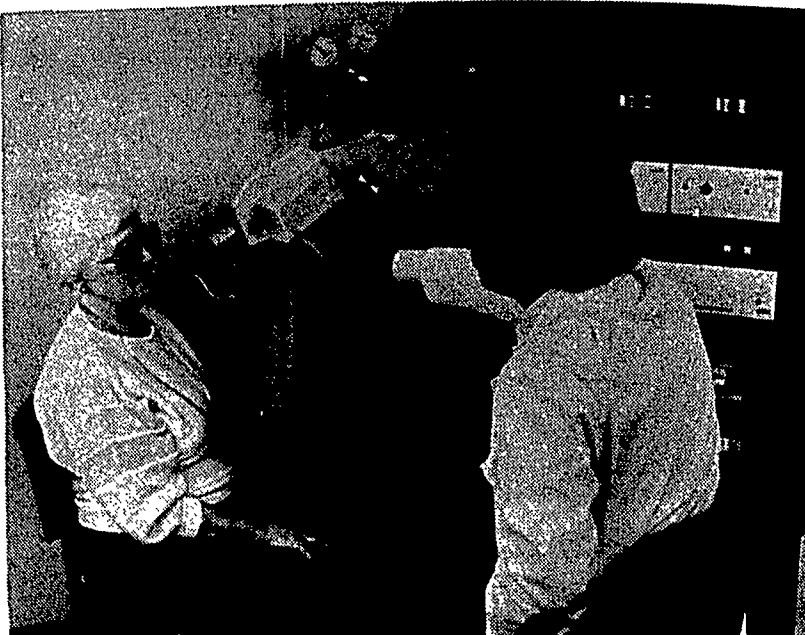
- toxic emissions
- asbestos
- radon
- indoor air pollution
- industrial/occupational health

## Weiss launches new Pulmonary Rehab program

Chronic breathing problems can mean physical disability and social isolation for thousands of people who suffer from asthma, chronic bronchitis, emphysema and other lung problems, collectively known as chronic obstructive pulmonary disorders, or C.O.P.D. But, help is available through Weiss Hospital's new Pulmonary Rehabilitation Program, one of only a few multi-faceted programs in the Midwest.

According to Nelson Kanter, M.D., Medical Director of the program, chronic obstructive pulmonary disorders can affect people of almost any age, but tend to occur most frequently in the middle aged and elderly population. "The number of patients with pulmonary diseases is growing fast, largely due to the effects of cigarette smoking. Annually, 50,000 deaths occur and 35,000 more people become disabled due to lung diseases. After a certain point, lung function cannot be changed, but we can teach patients how to live more comfortably with their disease, how to adjust to their disability and how to improve their quality of life with the dysfunction they have. That requires psychological adjustment as well as physiological intervention with medication, exercise, and other assistance."

The Weiss Hospital program is unique because of its in-



A pulmonary function test is part of Weiss Hospital's multi-faceted pulmonary rehabilitation program.

dividualized approach, explained Dr. Kanter. "Rather than using a rigid program uniform for everyone, we conceived a flexible program that is responsive to every patient's particular physical, psychological and sociological requirements. The duration of the patient's participation varies according to what he or she needs to learn about nutrition, exercise, utilization of medications, and respiratory equipment, as well as how to cope with environmental factors, and community resources available to help."

Lynette Hauck, R.N., M.S., is a specialist in respiratory nursing care, and serves as Coordinator for the new Pulmonary Rehabilitation Program. She commented, "This program has three important phases, including assessment of the patient's needs and goals, intensive education

and exercise, and long-term followup. Family participation is very important, since they need to be well-informed about the special needs of a patient with lung disease. In our meetings together, we'll discuss almost every aspect of pulmonary problems, including use of oxygen, bronchial hygiene, and practical tips for daily living, traveling, relaxation and other topics. Periodic team conferences will be held with the patient, family and staff members to monitor progress and reassess our goals. The patient's physician is welcome to attend these conferences, too."

Patients may be referred to the program by their own physicians or another allied health professional, or they may enroll independently, according to Ms. Hauck. For information, call 878-8700, Ext. 1500.

## Complete foot care at Northwest Podiatry

Northwest Podiatry Center, Ltd., Niles, offers one of the most modern facilities to provide the finest podiatric care. The entire staff has made a commitment to the community to provide the most effective treatment and diagnostic services available.

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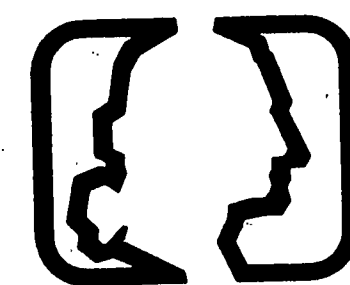
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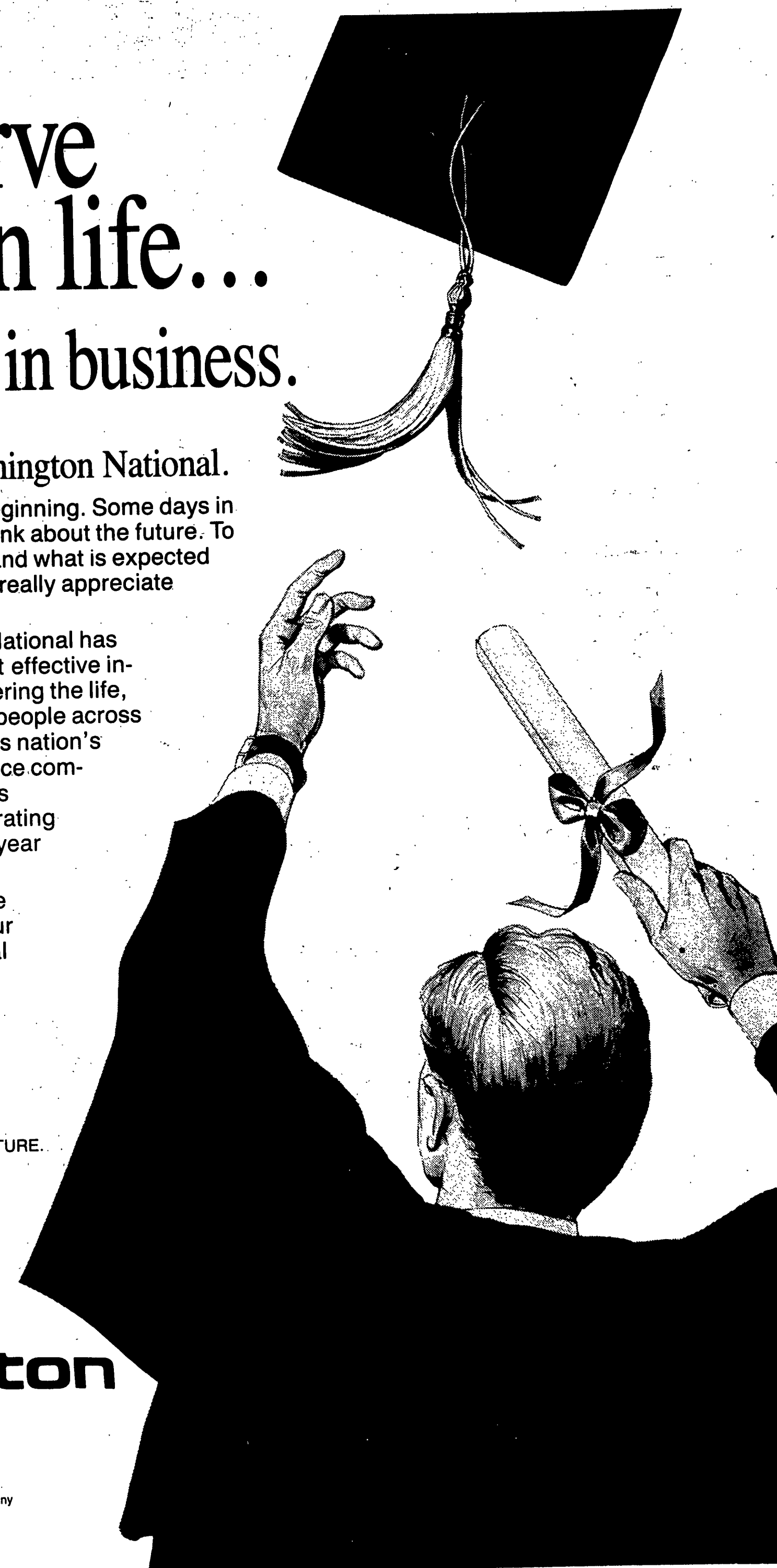
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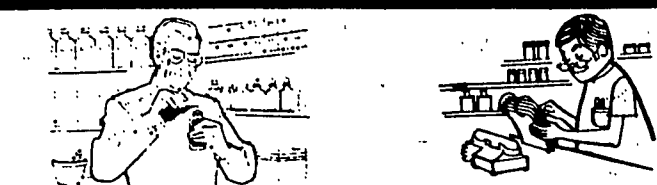
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# HEALTH AND FITNESS



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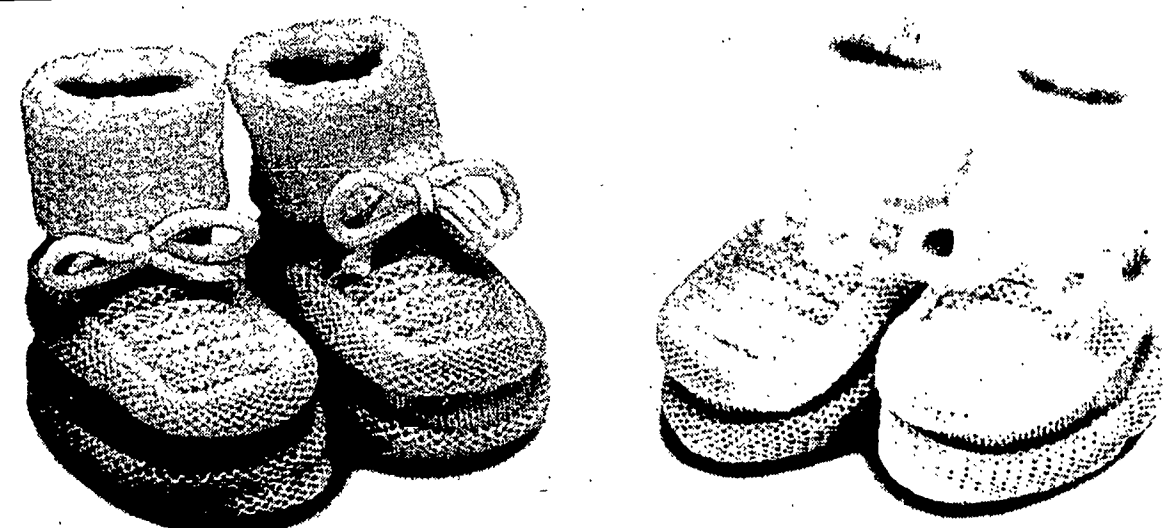
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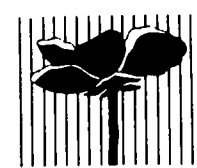
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- General information on our Birthing Center.



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**Edgewater Hospital**

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## Edgewater Hospital opens new Birthing Center

Edgewater Hospital located at 5700 N. Ashland Ave. in Chicago recently opened the Edgewater Birthing Center. This new facility, located within the hospital, is comprised of three labor, delivery and recovery suites (LDR).

This latest concept in obstetrics allows a woman to complete the birthing process all in the same private room without being moved from room to room. Each LDR suite is designed to reflect a comfortable, soothing homelike atmosphere. If a couple arrives in the early stages of labor, an Early Labor Lounge is available for them to relax in. A standard delivery room is also available in the Birthing Center for those situations in which a traditional delivery is preferred.

"Edgewater Hospital is one of the very few hospitals in the Chicago area to have LDR suites," said Steve Drucker, Associate Administrator.

After the baby is born, the mother and father will be treated to a "Celebration of Life" gourmet dinner complete with champagne. Personalized infant care instruction at the mother's bedside is provided by the skilled



Linda Yu, WLS-TV news anchor was the keynote speaker at the recent dedication of the Edgewater Birthing Center. Zaida Ginter, Chief Executive Officer of Edgewater Hospital, along with Frank Reichert, Hospital Administrator, are assisted by Ms. Yu during the ribbon cutting ceremony.

nursing staff of the Edgewater Birthing Center. They will show the mother how to change and bathe the newborn and will also discuss the best feeding method for both mother and baby. To meet the needs of the expectant mother, the Edgewater Bir-

## Reversing high blood pressure

Tens of thousands of Americans suffer from the "silent killer" - high blood pressure. High blood pressure causes an estimated 80% of strokes and can double the chances of being fatally stricken by many other diseases. Though exercise and diet are often recommended, they are usually supplementing medication as the main treatment.

The latest studies indicate, however, that diet plays a leading role in the regulation of blood pressure. Sounding more like the title of a spy film, the K-factor actually refers to something we may remember from high school chemistry. K is the symbol for potassium, and the K-factor is the ratio of potassium to sodium in the body.

Dr. Richard Moore, professor of biophysics at the State University of New York, Plattsburgh, is co-author of "The K-factor". In a recent radio interview at Forest Hospital in Des Plaines, Illinois, Dr. Moore explained how to reverse and prevent high blood pressure without the use of drugs.

According to Dr. Moore, the amount of potassium in the body is not as important as the ratio of potassium to sodium, which is a component of many salts. Before the widespread practice of boiling foods, most people had a K-factor of 15 to 20. This means the amount of potassium in the body was 15 to 20 times the amount of sodium.

thing Center offers Lamaze, Prenatal and Sibling classes regularly. The Prenatal classes are also conducted in Korean and Spanish.

For a tour of the Edgewater Birthing Center or for more information, call 878-6000, ext. 3100.

"Because of changes in food processing methods during the last 50 to 80 years, Americans now have an average K-factor of about .5, with most black Americans having a K-factor of less than .4," said Moore. "The problem," he says, "is not our diets as much as the way we prepare foods. If you boiled all your food, it would only take 2 to 3 weeks until you became paralyzed and died."

The K-factor and its relationship to diet is so new that most physicians are not yet aware of it. "It's not the doctors' fault they don't know this material, because it isn't taught in medical school yet," says Moore. "It could be another three or four years before this information is in text books."

"Drugs cannot correct an underlying imbalance of minerals in the body," states Dr. Moore. However, he cautions those taking medication to talk with their physicians before stopping medication. Drugs produce many changes in metabolism and discontinuing them abruptly can cause serious problems.

In addition, about 5% of those on medication have high blood pressure due to other illnesses such as kidney disease. "Treatment for these conditions is very specific and should be carefully monitored. The safest way to good health is working with you physician, not independently, of him or her."

# HEALTH AND FITNESS

## Radiology: More than an X-ray

The living bones are a secret structure. The beating heart and other organs are hidden from the human eye. There is, however, a medical science which permits observation of the anatomy and body processes without disturbing the structures and systems. Radiology is imaging or picturing the interior of the body. At Martha Washington Hospital, there is a complete radiology department to assist physicians in diagnosing illness and in viewing change in anatomy and function.

Richard Turbin, M.D., is the Director of Radiology and has been since 1972. Dr. Turbin attended The University of Chicago and received an M.D. degree from the University of Illinois College of Medicine in 1957. He was a resident in radiology at the V.A. Hospital and Vanderbilt University in Nashville, Tennessee. He has worked in radiology at Mount Sinai and Englewood hospitals in Chicago, as well as private practice. He has taught at the Chicago Medical School and at Loyola Medical School. He is board-certified and a member of several medical societies. His associate is Surekha Jani, M.D., who trained at Illinois Masonic and was a fellow in nuclear medicine at Loyola University. She is board-certified.

"Radiology was once limited to the use of x-ray," says Dr. Turbin, "but it has grown to include ultrasound, magnetic resonance, and CAT (computerized axial tomography) scanning."

"These newer imaging techniques came out of the need to detect and examine ever smaller lesions and pathologic processes, a need for greater reliability of equipment and for smaller doses of radiation. It has taken 50 years to develop the technology to get a clear picture of the pancreas, for example."

"Ultrasound makes use of soundwaves and is a superb imaging tool for structures that are mostly surrounded by liquid, like a stone in the gall-bladder. Ultrasound is used in obstetrics because it easily records the fetus floating in the uterus. Also in pediatrics, because it is a relatively harmless procedure," says Dr. Turbin. Ultrasound images are taken in cross section and the physician assembles them conceptually like slices of bread into a loaf.

Magnetic resonance is similar to ultrasound, but uses radio waves instead of sound. It is nearly risk-free and gives excellent images.

By injecting radioactive materials into the body and following them with a camera as they travel through the body, it is possible to see if there are abnormalities in function as well as anatomy. This is nuclear medicine.



With nuclear medicine it is possible to get a vivid computerized image of the live heart in full color showing the ebb and flow of blood. Nuclear medicine enables the viewing of the air flow into the lungs or cold spots in the brain which may indicate a decreased blood supply due to a trauma or defect. All these patterns play a part in the diagnosis and treatment of illness.

The Breast Screening Service at Martha Washington Hospital uses mammography, x-ray of the breast, in early detection of breast cancer. Although one in eleven women will get breast cancer, survival rates are as high as 90-95% if detection is early. A baseline mammogram is recommended for all women between 35 and 40.

"The radiologist now has a 'buffet' of imaging techniques to choose from," says Dr. Turbin. "Part of his skill is in determining the best means for a particular problem. Government regulation and third party payors require imaging procedures to be performed less frequently and less expensively. The radiologist must be certain that the necessary images are made as well."

## Classes for expectant mothers

If you are an expectant mother, Edgewater Hospital at 5700 North Ashland Ave., in Chicago has a series of classes to prepare you for the arrival of your new baby. P.E.P. classes, "Preparation and Education for Parenting" will be held beginning on Wed., Feb. 25, from 7 to 9 p.m. at the hospital.

The five-week session provides information on nutrition, exercise, the baby's growth and development, birthing process, and post delivery care for mother and baby.

For fee information and to register, call 878-6000 Ext. 3106.

## Caring for Elderly

SHARES, a support group for those who care for the elderly, will have an open discussion at its meeting on Thursday, Feb. 19 at 7 p.m. in the Anderson Pavilion of Swedish Covenant Hospital, 2751 W. Winona.

The unstructured format of the meeting will allow participants to speak about their personal concerns in caring for an elderly individual.

The meetings are free and open to all living in an applicable situation. For more information call

Jo Hammerman, social service department, 878-8200, Ext. 5284, or Steve Jackson, pastoral care, Ext. 5098.

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# HEALTH AND FITNESS

## The Fruitful Yield Natural Food and Vitamin Stores

As always the Fruitful Yield Natural Food and Vitamin Stores continue to evolve in step with the ever-growing health and fitness field. We strive not only to remain a dependable source for all your diet and nutritional needs

but also staff our stores with nutritionists and qualified personnel. The quality of nutritional guidance you can receive from the Fruitful Yield Natural Food and Vitamin Stores is truly excellent and unsurpassed by any of our competition.

Not only is the Fruitful Yield a leading independent retailer, but we are also a member and one of the organizers of the Natural Way, an association of independent Chicago and Natural food stores. The Natural Way allows its members to buy as a group, which results in substantial savings to customers. Watch the Chicago Tribune's Food Guide for full page Natural Way sale ads.

When you're in the market for a natural food or dietary supplement, shop the Fruitful Yield Natural Food and Vitamin Stores. You'll not only receive excellent nutritional guidance, but also enjoy great prices. Prices competitive with the nation's largest chains.

"There have been lots of changes in the store the past couple of months," says John Zapfel, new manager. "We've reorganized the bulk foods and vitamins, added shelves, and are now stocking many new products. John is a registered metabolic technician, skilled at understanding the body's metabolism. 'It's not enough to be eating a good diet or taking quality supplements,'" points out John, "you need to know your own metabolism, it's strengths and weaknesses. It's what you assimilate that counts, and also avoiding what does not agree with you, even if it's nutritionally sound." John is assisted at his store by Jean, Rose, Kevin, Stacey and Jim.

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## Physicians Centers open Skokie office

Physicians Centers, responsible for helping thousands of patients stop smoking - and stay stopped - has opened a new medical office at 64 Old Orchard Center in Skokie.

With great success at Chicago's 500 N. Michigan Ave. office and the Professional Building at Oakbrook Center, Oak Brook, now Skokie provides another convenient location where help is available to end the cigarette habit forever.

"Nicotine in cigarettes, like other drugs, has both a physiological and psychological phase in its addiction," says Eunice Bailey of Physicians Centers. "That's why our patients are seen by both a licensed medical doctor and a Ph.D. or counselor so all aspects of cigarette smoking are dealt with," said Bailey.

The one and one-half hour treatment takes effect within minutes. Many immediately experience a diminished desire to smoke and the majority do not experience the side effects of nicotine withdrawal as do those who try to quit on their own.

You can leave Physicians Centers a comfortable ex-smoker, who can stay stopped for the rest of your life.



The fee for treatment is tax deductible and many insurance companies reimburse Physicians Centers patients.

Call the Skokie office for more information and to make an appointment to stop smoking for good. Call 679-5300.

## Washington National promotes Smoke-Free offices

Washington National Insurance Company's promotion of healthy lifestyles is longstanding. The Company has demonstrated its concern for good health in the past by adopting a corporate wellness program for all employees.

Now, Washington National is extending its support of health-related activities and good health habits by introducing a Smoke-Free Work Environment Policy effective April 7.

The health hazards related to smoking and second-hand smoke are well documented. Since Washington National is committed to providing a safe, clean, and healthy work environment for all its employees, a smoking policy has been developed.

It is the policy of Washington National to respect the rights of both the smoker and the non-smoker. The Smoke-Free Work Environment Policy is meant to assist Washington National's employees in finding a reasonable compromise between the needs of those who smoke and those who don't smoke.

The Company has designated certain areas where smoking will be acceptable for those employees who wish to smoke. The smoking of cigarettes will be allowed in these designated "smoking areas", but the smoking of pipes and cigars will not be permitted at any time or place within the Company.

Employees may smoke in the smoking areas during break periods, lunch time, and before and after the Employee's regularly scheduled working hours. Employees working overtime must also comply with this policy during their overtime hours.

Washington National is concerned with the health and safety of every employee. Because of this concern, WNIC will support the employee who wants to quit smoking. The support of the employee who wants to quit will come in the form of a subsidy for a smoking cessation program (which must be approved by the Medical Department). 80% of the cost of the cessation program will be subsidized (up to a maximum amount of \$150). If the employee who tries to quit smoking requires another cessation program as a result of relapsing smoking, the Company will pay for 50% of the costs for the additional program (the combined subsidy for the first and second cessation programs will not exceed \$150).

In February, the cigarette vending machines will be removed from the Home Office. In late February or early March, the cessation subsidy will become available, and in-house cessation programs will be offered.



# HEALTH AND FITNESS

## Free "Medication Check-Up" at Holy Family

In recognition of National Poison Control Week, Holy Family Hospital in Des Plaines is offering a free "Medication Check-Up" Mar. 16-20, from 1-4 p.m. in the Emergency Department.

According to Lisa Wheeler, Director of Holy Family's Pharmacy Department, hospital pharmacists will be available during the "Medication Check-Up" to examine and identify medications brought in by community residents to make sure they are still effective and labeled properly.

"We feel it's an important community service, and encourage as many people as possible to participate," said Wheeler. "Sometimes medications expire without people realizing it, or they are put in different containers and people forget what they are. We hope this program will eliminate these problems."

"Medication Check-Up" participants will receive a Holy Family Professional Plaza

Pharmacy prescription discount coupon, a discount coupon from local McDonald's restaurants, and literature on poison prevention.

In addition, hospital staff will offer a free demonstration on how an emergency call is handled at Holy Family's Poison Control Center.

"The Poison Control Center call demonstration will help people in our community know what to do if they are confronted with a possible poisoning," said Debbie Everett, Head Nurse in Holy Family's Emergency Room. "Today, it's best to be prepared to handle any type of emergency situation."

The Poison Control Center is a community service operated 24 hours a day, seven days a week, through Holy Family's emergency room. If a poisoning is suspected, call 297-1800, Ext. 1017.

For information on "Medication Check-Up," call Holy Family Hospital at 297-1800, Ext. 1125.

## Dental Health -- An Attainable Goal

You can't help noticing today's emphasis on health and fitness. From senior citizens exercise programs and community blood pressure screenings to "gym and swim" programs for 3-month-old infants, Americans are dedicated to preserving their health. Cardiovascular conditioning: low-fat, low-sugar, and low-salt diets; stress management; and smoking cessation programs are among the healthful activities we're pursuing. And our efforts to achieve optimal health haven't ended at the neck.

Dental health is an important part of total well-being. If you're careless about your daily oral hygiene routine and haphazard about scheduling regular dental examinations, you're not doing all you can to stay in shape. You owe it to yourself to keep your teeth healthy and looking good for the rest of your life.

Keeping your teeth all your life is easier than you might expect. Nearly all dental disease—tooth decay and periodontal (gum) disease—can be prevented.

At least 3 factors must be present for tooth decay to occur. These are (1) a susceptible individual with teeth, (2) bacteria in a sticky, colorless film called plaque that can produce acids that attack the teeth and (3) a diet that contains refined carbohydrates. Tooth decay starts when sugars are consumed frequently. Sugars provide the nutrients required for bacteria on tooth surfaces to metabolize and produce acid that destroys tooth structure. In order to prevent tooth decay, thorough plaque removal by toothbrushing and flossing at least once a day is essential. Eat a balanced diet with limited sweets. Also, fluoride makes teeth less susceptible to decay, both when taken internally (such as public water supplies) and when applied directly to erupted teeth (such as in

the forms of toothpastes, mouthrinses, and gels professionally applied by dental personnel). Another way of preventing tooth decay in children is through the application of dental sealants. Over 50% of tooth decay is in the pits and fissures of teeth. These surfaces are best protected by pit and fissure sealants.

Periodontal disease, often called "gum disease" can occur at any age. In the early stage of periodontal disease, known as gingivitis, only the soft gum tissue has been affected. The gums are irritated by bacterial plaque, which makes them tender and inflamed. At this stage, the disease is still reversible. If not treated, however, it can lead to periodontitis.

Periodontitis is the later stage of periodontal disease. In this stage, not only are the gums involved, but also the bone and other structures that support the teeth have been damaged. Now the disease may require extensive treatment or teeth may be lost.

Because periodontal disease is often painless, you may not be aware you have the disease until your mouth has sustained serious damage. Some warning signs of the disease are:

- Bleeding gums when you brush your teeth. Such bleeding is not normal and should concern you even if your gums do not hurt.
- Red, swollen, or tender gums.
- Gums that have pulled away from the teeth.
- Pus between the teeth and gums when the gums are pressed.
- Permanent teeth that are loose or separating.
- Any change in the way your teeth fit together when you bite.
- Any changes in the fit of your partial dentures.
- Bad breath.

## Counter-Attack Club Meeting

Tips for lowering cholesterol levels, including exercise, diet and no smoking, will be discussed at the March 3 Northwest Suburban Counter-Attack Club meeting, from 7:30-8:30 p.m. at Holy Family Hospital, located at Golf and River roads in Des Plaines.

An Internal Medicine specialist and Holy Family Hospital staff member, Joseph L. Braudo, M.D., will provide information on what cholesterol is, sources of cholesterol and factors that may affect cholesterol levels. A short

question-and-answer period will follow his presentation.

Free blood pressure screenings will be offered from 7-7:30 p.m. For information, call Holy Family's Cardiac Rehabilitation Department at 297-1800, ext. 1959.

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# ENTERTAINMENT

## John Singer Sargent Exhibit

Members and guests of Chicago Section National Council of Jewish Women will attend the special John Singer Sargent Exhibit at the Art Institute of Chicago on Tuesday morning, March 17. Coffee, rolls and an audio will be furnished to each attendee. For more details, please call 987-1927.

## Jean-Philippe Collard in concert

The Orchestra of Illinois will open its 1987 Subscription Season with the Chicago Debut of the French Pianist, Jean-Philippe Collard, on Friday, Feb. 27, at 8 p.m. in Orchestra Hall, with a repeat performance in Evanston's Pick-Staiger Hall on Sunday, March 1, at 7 p.m. For more information call 341-1975.

## 'Devour the Snow' at Centre East



Here's a "family portrait" of the cast for the Chicago area premiere of the tense courtroom drama, "Devour the Snow," opening at the Centre East Studio Theatre in Skokie on Thursday, Feb. 12 and continuing Friday, Saturday and Sunday through March 15. Reserved seats are \$9.50 for the Kinetic Theatre Company production. Call 677-1460 for further ticket information.

## The Country Squire Restaurant & Lounge

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## "I Never Saw Another Butterfly"

The Northbrook Park District Adult Community Theatre will hold auditions for its next production, "I Never Saw Another Butterfly", at 7 p.m. March 2, 3 and 4 at the Leisure Center Auditorium, 3323 Walters Ave., Northbrook.

Individuals interested in serving on the production crew should also come to the audition and fill out an information card. For further information, call 291-2995.

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# ENTERTAINMENT

## Artist Martin Revesz's works to be featured at auction

In 1938 when the Nazis marched into Austria, they raided Martin's father's home. His father was not there, so they took Martin. The next eleven months in Dachau and Buchenwald were nightmares of the worst kind imaginable. From Dachau to Buchenwald, then onto Shanghai, across the Pacific to San Francisco; then at last a Greyhound Bus ride to Chicago. (This itself is a 1,000 page travelogue.) Now more travels with the U.S. Army until the end of World War II. Then the nightmare worsened. He learned his entire family was gone. The Nazis had been very thorough.

Much later in life in the late 1970's Martin started to paint. He tried to recall on canvas many of the sights he had seen. His wife and friends felt painting was an outlet that allowed him to relax with life at last. Martin passed away in Tel Aviv on November 2, 1985.

## "Kiss Me Kate"

Kiss Me Kate, the beloved Cole Porter musical about backstage life based on The Taming Of The Shrew, opens Sunday, Feb. 22, and runs through Sunday, March 8, at Columbia College's Emma and Oscar Getz Theater, 62 E. 11th st., Chicago. Previews will run Tuesday, Feb. 17, through Saturday, Feb. 21.

Kiss Me Kate revolves around the activities of a Broadway theater company that is trying out a musical version of The Taming Of The Shrew in Baltimore. It deals with the often humorous relationships of the actors and actresses as they reflect their roles in Shakespeare's play. The musical includes many well-loved Cole Porter tunes such as "Too Darn Hot," "So In Love," "Brush Up Your Shakespeare" and "Another Opening, Another Show."

Performance dates and times for Kiss Me Kate are as follows: Previews are Tuesday through Saturday at 8 p.m.; opening night performance on Sunday, Feb. 22 at 7 p.m.; Thursday, Friday and Saturday, Feb. 26-28 at 8 p.m.; Sunday, March 1 at 3:30 p.m., Thursday, Friday and Saturday, March 5-7 at 8 p.m. and Sunday, March 8 at 3:30 p.m.

Ticket prices for preview performances are \$5 and opening night tickets are \$10 (price includes reception afterwards). Thursday and Sunday ticket prices are \$6, and Friday and Saturday tickets are \$8.

For reservation to see Kiss Me Kate, call the Getz Theater box office at 663-9465.

## "Pasta & Pops," concert

"Pasta & Pops," a dinner concert sponsored by the Niles West High School Music Parents Association, features continuous entertainment and homecooked Italian specialties from 6:30 - 8 p.m. on Sat., Feb. 28. Dancing until 9:30 follows. Niles West gymnasium, Oakton Street at Edens, Skokie. Tickets \$8.50 per person, by reservation. Call Kathy Van Mersbergen at 679-1007.

## North Park Symphony Orchestra concert

A Champagne Reception and Art Auction is planned for 7 p.m. March 7, at Congregation Ezra Hahonim, 2820 W. Touhy. The auction will feature over 100 works of the late Martin Revesz, a West Rogers Park resident for many years before his death in 1985. In addition, works of Israeli, Chicago, and San Francisco artists will be featured. Door prizes and music will also be part of the festivities. Entrance fee is \$2. Call 743-0154 for more information.

## Slide Show on Art History

From the magnificent sculpture of the Greeks to the modern abstraction of Picasso, the human figure has been a basis for some of the world's most beautiful art. This concept will be discussed at a slide show at the North Shore Hotel, 1611 Chicago Ave., Evanston, on Saturday, Feb. 21, 2:30 p.m. The community is invited to attend the program at no charge. For reservations, please call: UN4-6400.

## Ballet performance

Members of the Skokie Volunteer Ballet Theatre (SVBT) will perform excerpts from Minkus' "Don Quixote" and Tchaikovsky's "Sleeping Beauty" on Sun., Feb. 22 at 3 p.m. at the Skokie Public Library, 5215 Oakton. The program will also include pieces choreographed by the troupe's founder and director, Inesse Alexandrovich. Although the program is free, tickets are required. Tickets will be distributed free of charge one-half hour before showtime on a first-come, first-served basis.

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Due to popular demand, the Niles Park District has arranged a second tour of the restaurant industry within Chicago. Ladies of Niles may register for this "taste tour" at the Rec. Center, 7877 Milwaukee Ave. in Niles.

On Tuesday, April 21, a deluxe motorcoach bus will travel to various restaurants and bakeries in the Chicago area. Lunch will be served at the famous Cooking and Hospitality Institute of Chicago, where future chefs study their scrumptious profession. We'll delight in Greek pastries, delve into hand-dipped chocolates and savor fine wines of the world.

The resident fee for this entire excursion costs only \$22. Register at the Rec. Center before Friday, April 17.

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## "Vienna Choir Boys" music to Centre East

A fabulous celebration of young voices raised in song will be presented by the internationally renowned Vienna Choir Boys on the Centre East stage, 7701 N. Lincoln Ave. in Skokie, for one performance only on Saturday, March 14 at 7 p.m. Tickets are \$16 and \$18.

For nearly five centuries the Vienna Choir Boys have enchanted millions with their vast repertoire of "costumed operettas, sacred songs, and secular and folk music. Today's 88 members are direct artistic descendants of the original formation decreed in 1498 by Emperor Maximilian I of the Holy Roman Empire. One of the most famous alumni of the Vienna Choir Boys is composer Franz Schubert. The Vienna Choir Boys perform at the White House, Carnegie Hall and St. Thomas' Church, do Christmas tours, record albums, are heard on radio and television, and have even filmed a movie: Disney's "Not Quite Angels."

The 7 p.m. program of the Vienna Choir Boys at Centre East on Saturday, March 14 will include works by Verdi, Mendelssohn, Strauss, Mozart and Copland. Tickets are \$16 and \$18 and are available at the Centre East box office, 7701 N. Lincoln Ave., Skokie, IL 60077, (312) 675-6300, or through Ticketmaster, (312) 902-1500. For more information, please contact Centre East.

## Mary O'Hara in concert at St. Scholastica

Feel the magic of well-loved singer and harpist Mary O'Hara as she mesmerizes you with her unforgettable music. In February it is our good fortune to have Mary making herself at home again in Chicago for a single performance on Feb. 21, 1986.

Mary O'Hara, a major star on stage and TV in the United Kingdom, brings her Celtic music on international tour. What millions have enjoyed on her 19 albums captures the hearts of music lovers who come to be charmed by her traditional Irish melodies, popular, and inspirational songs.

Mary O'Hara's autobiography, *The Scent of the Roses*, is a perennial best-seller now in its ninth printing. It tells of her tragic yet inspirational life story—an early widowhood, followed by 12 years in an English monastery and then a triumphant return to the performing life. Mary was born in the rural town of Sligo, Ireland and now lives in a 17th century thatched cottage in England's Berkshire district. She resumed her career in 1977.

There is a freshness and honesty to a Mary O'Hara performance that audiences find irresistible. Mary prefers not to be classified as a "folksinger." She goes far beyond any label—choosing her material from the intricate art and traditional songs of Ireland to well-known songs of both popular and inspirational bent. An accomplished story-teller, her stories add yet another dimension to her programs.



Mary O'Hara

The Feb. 21 concert will be held at St. Scholastica High School, 7416 N. Ridge, Chicago, Illinois, at 8 p.m. Tickets available through the school or Ticketron.

Concert ticket price is \$15. Mary O'Hara's records, books, and tapes will be available for purchase at the concert.

**DINE OUT**

## Golf Mill'ing Around The Mail

by Linda Zachow

Greetings from GOLF MILL where flowers bloomed, birds lighted in trees, and the setting was anything but tranquil at last weekend's Bridal Extravaganza. Happy soon-to-be-married lovers excitedly milled over wedding rings, bridal attire and much more, while other patrons packed the mall in a frantic search for that last minute Valentine gift.

Some came to partake of the many forms of entertainment, and for some, it was also a last chance to take advantage of after season sales as winter merchandise becomes sparse and is replaced by spring apparel. There was something for everyone.

The most charming, suave, and witty robot imaginable, who was supposed to confine his job to asking customers trivia questions (but who we saw flirting with many young, attractive women, mesmerizing them), roamed the north mall. The place was really humming!

We noticed the jewelry stores were packed, and this seems like the perfect time to mention two of the five fine jewelry businesses in GOLF MILL.

Last week I had the privilege of speaking with master craftspersons Michael Doerner and Gabriele, his daughter, who own DOERNER JEWELERS, one of the original GOLF MILL businesses. DOERNER JEWELERS features an amazing collection of unique, custom made, handcrafted jewelry and watches you won't find anywhere else.

Michael started the business shortly after immigrating from Germany where he received old world training and also passed rigorous testing here to become a Registered Gemologist (which I understand is no easy feat). Michael Doerner has prepared his daughter, Gabriele, to carry on as he approaches retirement, handing down his skill, expertise and talent to the next generation. With her intensive training at the Gemological Institute of America, Gabriele is also a Registered Gemologist and a fine artist. She showed me an exquisite gold link chain necklace bearing a perfect 10 carat perfect Australian fire opal accented by tiny sparkling diamonds, the likes of which I'd never seen. This was her final class project and is not for sale. But it's apparent she has inherited the gift of artistry. The store is filled with jewelry so fine and unique in design, it's impossible to single out any place as more impressive than the next.

I also visited ARMSTRONG JEWELRY and spoke with Lawrence Dodds, manager and Registered Gemologist, who gave the presentation on diamond buying for the Bridal Extravaganza. He's another expert in the field of gems, having been involved with fine jewelry for over 20 years. He takes great pride in putting his customers at ease. A jewelry purchase can be intimidating for the novice considering the financial and personal aspects of such an investment. Mr. Dodds also utilizes his contacts, experience, and training in ordering special stones for clients like the beautiful, golden sapphire he recently ordered for a customer. He explained that although Armstrong is a chain, their philosophy is to spoil every client as a family owned jewelry business would.

WICKS 'N' STICKS, a small shop filled to the brim with gorgeous accessories, is also featuring a myriad of bridal items for sale and is expanding into the rental of table decorations for weddings and other gala events. Dartene Werhans, owner, showed me the stunning glass tulip-shaped candleholders and Sylvester's bridal dolls attired in wedding gowns of various eras available as table decorations. The shop is filled with handcrafted candles, works of art in themselves, potpourri items and gleaming brass bowls and sculptures, etc. Even the air, perfumed by incense and potpourri inside the shop, is a thing of beauty.

For that special seasonal or gag gift, try SPENCERS GIFTS managed by Audrey Clements. They carry jewelry, posters, toys, accessories and all kinds of other items. Much of their merchandise has a comical flavor. So if you're feeling low, this is the place to go. Giant life-size Gumbys have been one of their hottest items lately.

A lot of folks are celebrating February birthdays at GOLF MILL. Best Wishes to Tracy Martin of CIRCUS WORLD, who I hope has gotten over her disappointment at not receiving a stuffed replica of her idol, Al for her 30th birthday... And to Felicia Powell and Stefani Uvile (INTRIGUE), Laurie Westberg (WESTERS), Diane Pisan (DENTAL CENTER at Sears), Marissa Rio and Chris Pisan (SILVERMANS), and Patti Pratt (THE GAP)—Happy Birthday and best wishes.

INTRIGUE'S Robin Panyne had a great second honeymoon in California. We also hope John Wolf, manager of WESTERS, enjoyed his February Florida vacation.

In my next column, look for updates on the new spring collections at THE GAP, UPS 'N' DOWNS, and many more businesses and people whom we've yet to meet in the vibrant and ever-expanding world of GOLF MILL.

## "I Remember Mama" at Marillac

Preparing for their parts in the Marillac High School production of "I Remember Mama" are actors Laurel Carlson, a Marillac student (Golf) who will perform the role of Mama, and Bill Carrigan, a Notre Dame student (Glenview) who will be Papa. The play presents a nostalgic view of American family life in the early part of the century. "I

Remember Mama" will be presented at 8 p.m., Fri., Feb. 20 and Sat., Feb. 21 and at 2 p.m., Sun., Feb. 22 in the school theatre, 315 Waukegan Rd., Northfield. Admission is \$2 for children under 12; \$3 for adults. For further information, call 446-9106, weekdays, 8:30 a.m. - 3:30 p.m.



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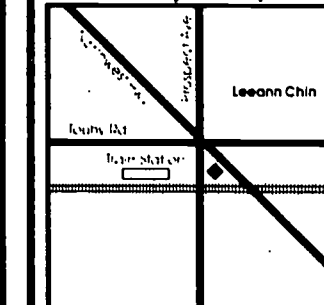
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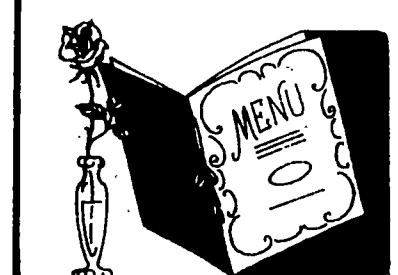
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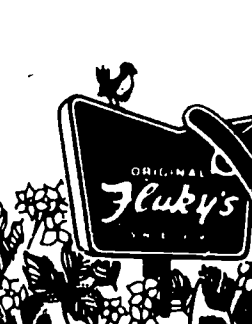


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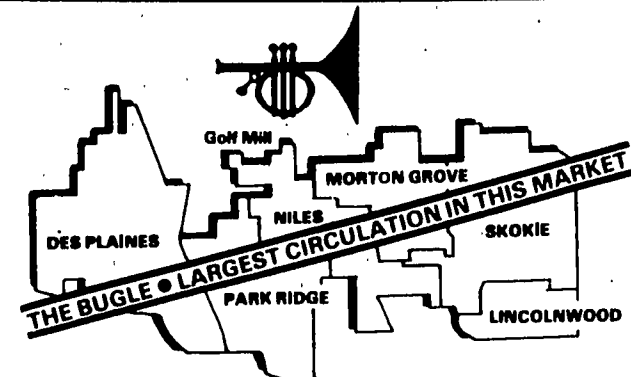
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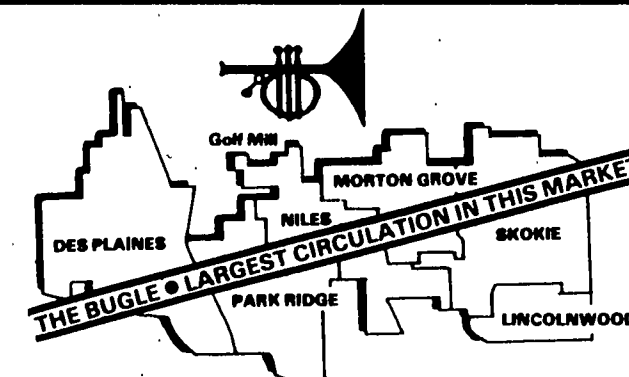
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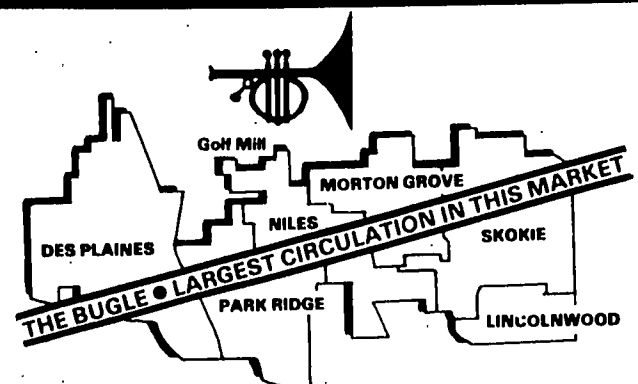
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<b>MOVING</b>  <b>MOVING? CALL 668-4110</b> 1 Piece or Truckload Ask for KEN FREE ESTIMATE ILL. C.C. 28857 MC-C	<b>PAINTING &amp; DECORATING</b> Plastering and Drywall Repairs Interior and Exterior Free Estimate 24 Hr. Answering Service Insured - No Job Too Big or Too Small <b>635-0453</b>	<b>PAINTING &amp; DECORATING</b> Plastering and Drywall Repairs Interior and Exterior Free Estimate 24 Hr. Answering Service Insured - No Job Too Big or Too Small <b>635-0453</b>	<b>READING BY RAY</b> Card & Palm Readings Reader & Advisor Call 698-7548 Conveniently located 1/2 price with this ad	<b>READER &amp; ADVISOR</b>  <b>READINGS BY RAY</b> Card & Palm Readings Reader & Advisor Call 698-7548 Conveniently located 1/2 price with this ad
<b>ROOFING</b>  <b>REMODELING</b> <b>281-3939</b> Siding, Downspouts We Do Gutters, Walks Guaranteed Best Prices In Town Show Us An Estimate We Will Beat It.	<b>ROOFING</b>  <b>REMODELING</b> <b>281-3939</b> Siding, Downspouts We Do Gutters, Walks Guaranteed Best Prices In Town Show Us An Estimate We Will Beat It.	<b>ROOFING</b>  <b>REMODELING</b> <b>281-3939</b> Siding, Downspouts We Do Gutters, Walks Guaranteed Best Prices In Town Show Us An Estimate We Will Beat It.	<b>ROOFING</b>  <b>REMODELING</b> <b>281-3939</b> Siding, Downspouts We Do Gutters, Walks Guaranteed Best Prices In Town Show Us An Estimate We Will Beat It.	<b>ROOFING</b>  <b>REMODELING</b> <b>281-3939</b> Siding, Downspouts We Do Gutters, Walks Guaranteed Best Prices In Town Show Us An Estimate We Will Beat It.

BUOLE BUOLE BUOLE BUOLE BUOLE



## USE THE BUGLE WANT ADS 966-3900



Your Ad Appears  
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- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

## BUSINESS SERVICE DIRECTORY



**LOOK**

**ADVERTISE**

**GO**

To your phone and  
**CALL NOW  
966-3900**

### REMODELING

**ROBERTSON'S**  
• REMODELING  
• CARPENTRY  
• PAINTING  
• DECORATING  
Free Estimates  
REASONABLE  
RATES!



### ROOFING

**LOW COST  
ROOFING**  
Complete Quality Roofing Service  
**FREE WRITTEN  
ESTIMATES  
966-9222**

### SECURITY GUARDS

**E. L. A.  
SECURITY**  
The "Security Professionals"  
Providing For Your  
Full Security Needs  
• Uniformed/Plainclothes  
Security Guards  
• Full Service  
Detective Agency  
• Investigations  
**496-2777**

### SNOWPLOWING

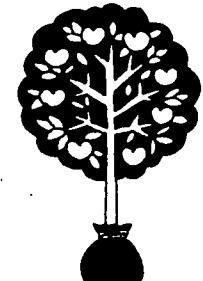
**BUTCH'S SNOWPLOWING**  
Cars Started  
**WE PLOW**  
Commercial/Industrial Homes  
**FREE ESTIMATE**  
Call BUTCH 635-7958

### TILE

**Is Your Tile Vile?**  
Make Your Bathroom Smile  
**JIM'S TILE**  
Floors - Kitchens  
Entryways  
• CERAMIC  
• MOSAIC  
• QUARRY  
**HIGH QUALITY  
LOW RATES**  
**465-6692**  
FREE ESTIMATES INSURED

### TREE SERVICE

**LITTLE ACRES  
TREE & STUMP REMOVAL**  
**FIREWOOD**  
\$35 Face Cord Pick-Up  
Call for Delivery Price  
**967-9124 or 966-1718**  
9509 Washington, Morton Grove



### TUCKPOINTING

**MIKWAY**  
"WE FIX BRICKS"  
TUCKPOINTING - BRICKWORK  
• CHIMNEYS REPAIRED & REBUILT  
• MASONRY  
• GLASS BLOCK INSTALLATION  
• WINDOW CAULKING  
• BUILDING CLEANING  
Fully Insured Free Estimates  
**965-2146 SKOKIE**



### TYPESETTING

**TYPESETTING  
STATS - HALFTONES  
KEY-LINE PASTE-UP**  
• RESUMES • NEWSLETTERS • BROCHURES  
• MENUS • FLYERS...you name it and we do it!  
WE WILL TYPESET AND PASTE-UP YOUR  
JOB READY TO GO TO THE PRINTER. OR  
WE WILL HANDLE THE JOB FROM START  
TO FINISHED PRINTED MATTER...AND  
THESE SERVICES ARE AVAILABLE FOR  
MUCH LESS THAN YOU MAY REALIZE  
—CALL NOW FOR OUR REASONABLE RATES—  
**965-4290 MON. THRU SAT. 9 to 9**  
WE WORK FROM OUR HOME  
AND OFFER REASONABLE RATES

### TYPEWRITERS

**TYPEWRITERS**  
Private Sale  
IBM Selectric II's & III's  
Starting at \$395  
IBM Electronic Typewriters  
with Memory Less Than 1/2 Price.  
Copiers and Computers  
All Guaranteed  
**640-6435**

### UPHOLSTERY

**PETE'S UPHOLSTERY**  
Custom Upholstery & Carpets  
Complete Furniture Repair & Upholstery  
Large selection of fabrics to choose from  
Antiques repaired & restored & upholstered  
Reupholstered & Commercial Speculators  
& Restaurants & Lounges  
I Make New Furniture Too.  
For free estimates, pick up & delivery, call  
**275-4835**  
2304 W. Foster, Chicago

### WANTED TO BUY

**\$ TOP CASH PAID \$**  
Gold, Diamonds  
Coins, Jewelry.  
Any kind or condition  
**ALL STERLING ITEMS**  
We pay well for  
antique jewelry  
Wanted: Costume Jewelry  
I will make housecalls  
Free Appraisals  
**864-1100**  
523 Howard/Clark

**WANTED  
WURLITZERS  
JUKE BOXES  
ALSO  
SLOT MACHINES**  
Any Condition  
**985-2742**

**CASH PAID  
OLD PAPER ITEMS**  
Magazines, post cards, scrap-  
books, photos and child's books.  
Also pre 1960 toys and games.  
Call **965-1299**

### WANTED TO BUY

**LINDA MARK  
WILL PAY CASH  
FOR YOUR ANTIQUES**  
Carved Furn. French Furn. Bdrm  
Sets, Dining Room Sets, Parlor  
Furn. Oriental Rugs, Gold & Silver  
Jewelry, Glassware, Lamps, Linens  
& Lace Silverplate, etc.  
**ONE PIECE OR ENTIRE ESTATE  
FOR AN APPOINTMENT CALL**  
**348-9647 or 348-8875**

### WATERPROOFING

**MR. BASEMENT LTD.**  
Waterproofing  
Specialists  
35 YRS. EXPERIENCE  
Lifetime Guarantee  
**529-4399**

## Business Directory

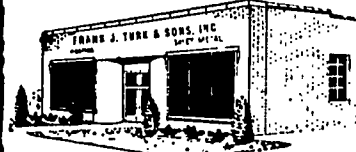
**CONTRACT  
CARPETS**  
8038 Milwaukee  
NILES, ILL.  
• ALL NAME BRANDS  
• ALL TEXTURES  
Padding & Installation Available  
Also Draperies  
and Armstrong  
Solarian  
**FAIR PRICES**  
COMPARE-THEN SEE US!  
Shop At Home Service  
**692-4176**  
call **282-8575**

**DON'T WAIT!  
DO IT  
NOW  
AND  
SAVE!  
CALL  
966-3900  
TO PLACE YOUR  
BUSINESS AD**

**IMMEDIATE  
PRINTING**  
48 HOUR SERVICE  
• LETTERHEADS  
• ENVELOPES  
• BUSINESS CARDS  
• FLYERS  
• BULLETINS  
• WEDDING  
INVITATIONS  
• BUSINESS FORMS  
**965-3900**

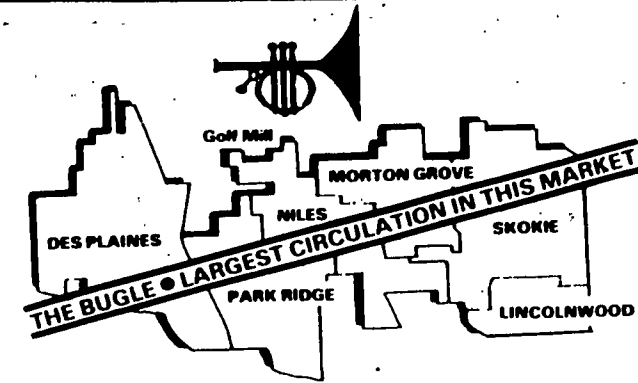
**IMMEDIATE  
PRINTING CO.**  
6110 DEMPSTER  
MORTON GROVE, ILL.

**FRANK J. TURK  
& SONS, INC.**



• AIR CONDITIONING  
• SHEET METAL  
• HEATING  
**647-9612**  
7136 TOUHY AVE.  
NILES, ILL. 60648

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## HELP WANTED



### TELEPHONE AD SALES

Exciting advertising sales  
for the country's leading  
national charitable cause.  
Very interesting and reward-  
ing work. You must have  
successful telephone sell-  
ing experience. Excellent  
salary, full time career op-  
portunity.  
Call Judy  
**729-3260**  
(Glenview)

### Telemarketing CHOOSE YOUR OWN HOURS

Mornings or Evenings  
**HOMEMAKERS • STUDENTS  
SENIOR CITIZENS • PROS**  
Good Speaking Voice  
Making Calls For  
**USA TODAY**  
THE NATION'S NEWSPAPER  
Guarantee • Commission  
& Liberal Bonuses  
Call Bob  
**679-4336**

### TALK-LISTEN-EARN!!! Full Time

**No Experience Necessary - No Selling**  
If you have a pleasant phone personality and are able to set ap-  
pointments via the telephone for our nationally recognized com-  
pany...you can enjoy:  
• Guaranteed Salary • Bonus • Complete Paid Training  
• Excellent benefits including Paid holidays-vacation-Health Insurance  
• Friendly supportive working atmosphere in our  
Northwest Side Office Convenient to  
Public Transportation  
To Learn More Call:  
Ms. Golsa 775-8925

### IMMEDIATE OPENINGS

## Jewel FOOD STORES

Has immediate positions available for floral  
designers.  
Excellent health benefits, competitive salaries and  
life insurance are provided. Previous designer ex-  
perience is preferred. Interested parties should call  
to be scheduled for initial screening.  
**CALL  
696-1464**

### FOTOMAT CORP.

Applications are now being accepted for permanent  
part time positions in:  
• Evanston • Skokie • Morton Grove  
• Palatine • Hoffman Estates • Schaumburg  
• Glenview • Niles • Highland Park  
Wage incentives and bonus plan. Paid training and  
benefits. Enthusiastic individuals wanted to work  
Monday thru Friday and alternate Saturdays. Available  
hours are: 9 AM to 2:30 PM or 2:30 PM to 8 PM week-  
days, and 10 AM to 4 PM Saturdays. Must be at least  
17 years old, have reliable transportation and phone.  
Competitive wages.  
For More Information Call:  
**358-9393**

### KIDS 'R' US

**New Store Opening  
Niles**  
Several positions are  
now available for:  
DEPARTMENT MANAGERS  
SALESPERSONS/CASHIERS  
MAINTENANCE/RECEIVING  
Kids "R" Us, the dynamic child-  
ren's clothing division of Toys  
"R" Us, is coming to Niles. 60-70  
"special" people will be se-  
lected to fill several part time and  
full time positions in the new  
store. These individuals will en-  
joy the excitement of being part  
of the fastest growing  
organization in the country,  
destined to become the best in  
the childrenswear industry.  
Kids "R" Us believes that these  
positions are fundamental to  
our success. We substantiate  
that belief by offering:  
• Two salary reviews in year 1st year.  
• Stock options to all eligible employees.  
• Profit sharing contributions.  
• 401(k) savings plan.  
• Health and medical benefits  
While our store is under con-  
struction, interested ap-  
plicants are invited to apply at our  
office trailer 8AM-6:30PM Mon-  
day-Friday, and 9AM-1PM  
Saturday at:  
**KIDS 'R' US**  
8482 Golf Road  
(Golf Milwaukee Plaza)  
Niles, IL

### DRY CLEANER

Full & Part Time  
Counter & Plant Help  
Experience Helpful  
For Niles Area  
Call **328-8112 (Days)**

**\$80,000 +/-**

Achieve financial independence  
with national wholesale jewelry  
company expanding. No direct  
selling. Daily repeat business. Set  
your own hours. Call for confiden-  
tial interview:  
**(713) 974-3000**

### CASHIERS

For Amoco Oil Station in Skokie.  
Full or Part Time.  
Hours Open - 2PM - 10 PM, or 10  
PM - 6 AM, Daily and Weekends.  
Starting Pay \$4.00 Per Hour. Call:  
**673-3276**  
Between 9 AM - 3 PM.  
Ask For Monika

### PART TIME

Afternoon/Weekends  
Hours Flexible  
Apply Before Noon  
Mon. thru Sat.  
**GRENDL'S RAPID  
OIL CHANGE**  
8657 N. Milwaukee  
**965-0155**  
Ask for Mr. Goodyear

### HOSTESS/ DINING ROOM MANAGER

Day & Night  
Position Available  
Flexible Hours  
& Top Salary  
**MAXWELL'S  
REST./BAR**  
6415 W. Dempster  
Morton Grove  
**966-1130**

### BARTENDER

Part Time  
APPLY IN PERSON  
See Bonnie After 5 P.M.  
**CLASSIC BOWL**  
8530 Waukegan Rd.  
Morton Grove

### WAITRESS

Hours 3-9 P.M.  
Good Salary  
Weekdays & Weekends  
6474 N. Milwaukee Ave.  
Call  
**775-5564**

### High School Girls

Part Time  
After School and Weekends  
**STAN'S RESTAURANT**  
7146 Dempster  
Morton Grove

### BUGLE SEEKS NEWSBOYS

The Bugle is seeking  
delivery newscarriers of all  
ages to deliver newspapers  
on Thursdays. For an op-  
portunity to earn extra  
dollars.  
Call  
**966-3900**

### PATIENT SERVICES REP

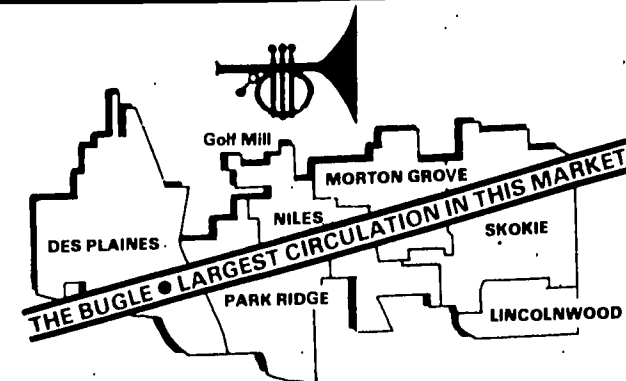
Established physician billing  
service seeks full-time ex-  
perienced individuals in  
patient billing and 3rd party  
reimbursements. Non-  
smoking office with excel.  
benefits. 6000N-3000W.  
Call Mr. P. Garg at:  
**463-7200**

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BUOLE BUOLE BUOLE BUOLE BUOLE



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- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

## HELP WANTED

**CNA'S**  
Come in and meet our staff and residence. We need full time and/or part time certified aides who care about people. Competitive salary, excellent benefits, flexible hours.

Apply in Person  
**PARK RIDGE  
HEALTH CARE CENTER**  
665 Busse Highway  
825-5517

**RN/LPN  
Part Time**  
Come visit our newly renovated, organized nursing center and apply for part time work. We offer competitive salary, excellent benefits, support from management.

Apply in Person  
**PARK RIDGE  
HEALTHCARE CENTER**  
665 Busse Highway  
825-5517

**RECEPTIONIST**  
With good typing skills wanted for doctors office. Exp. with insurance billing helpful. Hours vary and some evenings required.  
Contact Sally 635-6580

**TEMPORARIES**  
We need you in our newest location at O'Hare.  
• Clerical  
• Secretaries/Typists  
• Word Processors  
• Key Punch Operators  
Top pay and work close to home.  
CALL: 692-4900  
**LOFTUS & O'MEARA**  
TEMPORARY OFFICE SERVICE  
1030 Higgins Road  
Park Ridge, Illinois

**TELLERS**  
Full & Part Time Opportunities  
At These Locations:  
1181 McHenry Rd.  
Buffalo Grove  
1500 Lee Street  
Des Plaines  
7077 Dempster  
Wilmette  
Niles  
Park Ridge  
Perform teller duties and cross train in New Accounts. Prior teller experience pref., but candidates with cash handling exp. will be considered. Good math aptitude, light typing skills and courteous personable manner required. Salary commensurate with ability and experience. Apply in person at the location nearest you.  
**UPTOWN FEDERAL**  
an equal opportunity employer m/f/h

## USE THE CLASSIFIEDS

### REAL ESTATE

#### APTS. FOR RENT

**MORTON GROVE**  
8500 Waukegan - Complex  
Modern Clean 3 Rm. Apartments.  
Heat Incl. Near Shopping and  
Trans. - Adults Only \$395/mo. Plus 1  
mo. Security Dep.  
**MURPHY & CO. - 728-2112**

**MILWAUKEE  
& HOWARD**  
182 Bdrms. Ldy Facilities. Park.  
Avail. Good Transportation.

**OUT OF STATE  
FOR SALE/RENT**  
**MINNESOTA**  
Recreational and/or subdivide for  
homesites. 77 acres. Coon Lake  
area. 30 miles north of Twin Cities.  
Additional 28 available.  
Call: Rosemarie  
Thorpe Bros. Realtors Inc.  
1(612) 784-2422 or  
1(612) 571-6144

**TEXAS**  
Escape to Gulf Coast Living in  
sunny warm S. Texas. Min. to  
South Padre Island & Old Mexico.  
Carefree living in townhouse  
condo; 3 BR, 2 1/2 BA, 2 living  
areas, sun deck, dbie. garage, Party  
Rm & pool. Exc. loc. in beautiful  
Harrington. Priced at \$52,000.  
Call 1(512) 423-1967

**FLORIDA  
CONDOS**  
NEAR FT. LAUDERDALE  
2 Bdrm. \$36,000, 1 Bdrm. \$27,500,  
5 yrs. old. Club house, pool, tennis  
& shop. Or rent with option to buy.  
Remax Sub G. David  
398-3050

**BUSINESS  
FOR SALE**  
FOR SALE BY OWNER  
Over 500 businesses, located in  
South central and Southeastern  
states. Prices range from \$25,000  
to several million. Many with  
terms. For brochures write or call:  
Freeman And Associates  
P.O. Box 15277  
Chattanooga, Tenn. 37415  
1(615) 842-7039

**MISCELLANEOUS**  
HALF PRICE! Flashing arrow  
signs \$289! Lighted, non-arrow  
\$279! Unlighted \$239! Free let-  
ters! See locally. Call today! Fac-  
tory: 1(800) 423-0183, anytime.

**ORGAN FOR SALE**  
KIMBALL SWINGER 500  
With bench and sheet music.  
965-7357 After 6 p.m.

**WANTED TO RENT**  
SEMI-RETIRED  
Couple with small dog wants to  
rent 2 Bdrm. house near transpor-  
tation.  
Call (414) 738-4290

#### BUSINESS FOR SALE

**SIGN SHOP  
MOUNTAIN HOME,  
ARKANSAS**  
190 mi. north of Little Rock, 260  
mi. SW of St. Louis, grossing over  
\$60,000/yr. \$40,000, w/partial  
owner financing or will neg. for  
cash sale. Jack Todd/Virginia  
Todd-owners.  
(501) 492-6531

#### RECREATIONAL OPPORTUNITY

**140 SCENIC ACRES**  
Minutes away from Wisconsin  
Dells. Fishing on nearby lakes and  
excellent hunting, x-country skiing,  
and snowmobiling on property. 3  
Bdrm. house, barn, and buildings.  
Only \$700/acre.  
967-5279

#### USE THE CLASSIFIEDS

#### CHILD CARE AVAILABLE

Will take care of your school aged  
child, 3 and over. Full and part  
time in my Niles home.  
Call:  
966-0119

#### MISCELLANEOUS

**MOVING - MUST SELL!**  
3 Piece Living Rm. Set, almost  
new. Paid \$700. Asking \$400.  
Wooden Dining Rm. Set, Table, 6  
Chairs, like new. \$200. 827-0839

**WANTED TO RENT**  
SEMI-RETIRED  
Couple with small dog wants to  
rent 2 Bdrm. house near transpor-  
tation.  
Call (414) 738-4290

**WANTED TO RENT**  
SEMI-RETIRED  
Couple with small dog wants to  
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tation.  
Call (414) 738-4290

**WANTED TO RENT**  
SEMI-RETIRED  
Couple with small dog wants to  
rent 2 Bdrm. house near transpor-  
tation.  
Call (414) 738-4290

#### MOVIE CAMERA/ PROJECTOR

Like new Bell & Howell sound  
Movie Camera. Super 8 Deluxe  
Model with Zoom Lens and  
carrying case. Many features for  
easy use. Also, B & H Sound Movie  
Projector.

Call 967-1716

#### SITUATION WANTED

#### NOW YOU CAN EARN EXTRA INCOME AT HOME

Details are free. Income guaran-  
teed. Write:  
**D & M Enterprises**  
P.O. Box 557813  
Chicago, IL 60659

#### TRAILER FOR SALE

**WISCONSIN  
FOR SALE**  
32 ft., 2 yr. carriage - Deck, 1  
large BR sleeps six. Screened in  
porch & shed. All on scenic Camp-  
site overlooking lake. Hickory  
Hills Edgerton, WI.  
Call 1(800) 365-9062

#### USED CARS

'80 Olds Cutlass Supreme  
Good Condition. All Power.  
823-5579 - After 6:30 PM

#### '78 Dodge Omni 4 Dr Hatchback

California Car - No Rust  
New Tires, Brakes, Exhaust & More  
4 Sp., PS, PB  
459-9486  
After 6:30 PM Weekdays  
Anytime Weekends

#### '73 FIREBIRD ESPRIT

350 Engine, P.S., P.B. Auto.  
50,000 miles, one owner - needs  
body work.  
968-0568

**WANTED TO RENT**  
SEMI-RETIRED  
Couple with small dog wants to  
rent 2 Bdrm. house near transpor-  
tation.  
Call (414) 738-4290

### Benson, Benson promoted at First Colonial

C. Paul Johnson, president and  
chief executive officer of First  
Colonial Bankshares, today an-  
nounced the promotions of  
Frederick D. Benson to presi-  
dent of Avenue Bank of Oak  
Park, John A. Benson as presi-  
dent of Avenue Bank Northwest,  
Niles, and Bette B. Daniels as  
senior vice president at First Co-  
lonial Bankshares, Chicago  
(NASDAQ/FCOLA).

Benson is taking over as presi-  
dent of Avenue Bank of Oak Park  
after three years as president of  
Avenue Bank Northwest in Niles.

Taking Benson's place as  
senior vice president of Northwest  
Commerce Bank in Rosemont.

Daniels will be taking respon-  
sibility for commercial and retail  
product development as a senior  
vice president of First Colonial  
Bankshares, and will also be  
manager of the personal banking  
department and a senior vice  
president for the Avenue Bank of  
Oak Park. Daniels comes from  
The Bank and Trust Company of  
Arlington Heights, where she was  
senior vice president and head of  
community banking.

Richard Harczak brings with  
him over thirty years of expe-  
rience in various aspects of the  
real estate industry, including  
residential and commercial  
property sales, retail and office  
leasing, and land sales and  
development.

Century 21 Coachlight Realty,  
Inc. is proud to announce that  
Richard Harczak has recently  
joined their professional sales  
team. Mr. Harczak brings with  
him over thirty years of expe-  
rience in various aspects of the  
real estate industry, including  
residential and commercial  
property sales, retail and office  
leasing, and land sales and  
development.

Century 21 Coachlight Realty  
will add another professional dimension  
to our excellent sales staff," said  
Patrick Dalessandro, President  
and owner of the local Century 21  
office.

Mr. Harczak can be reached at  
Century 21 Coachlight Realty by  
either calling 967-9320 or by stop-  
ping by his office and saying hello  
at 7735 N. Milwaukee Ave.

Through his association with  
Century 21 Coachlight, Mr. Har-  
czak is a member of the National  
Association of Realtors, the  
Illinois Association of Realtors,  
the Northwest Suburban Board of  
Realtors, and the Northwest  
Chicago Real Estate Board.

Richard and his wife Elaine  
have been residents of Niles for  
thirty years. He is active with  
village and community events  
and has been a Niles  
businessman for many years. He  
owned and operated Harczak  
Sausages, a local and very well  
known retail business in Niles  
located on Milwaukee Ave.  
Among his many civic respon-  
sibilities is his position as an elec-  
ted Village Trustee.

"We are very pleased to have  
Richard with us and his  
association with Century 21

Shareholders' equity increased  
18.21 percent to \$57,757,000 and  
return on average assets was 1.6  
percent.

Total assets as of December 31,  
1986 were up 18.68 percent to  
\$797,956,000 from \$672,365,000.  
Total deposits rose 20.37 percent,  
to \$712,420,000 from  
\$591,864,000 and net loans rose  
26.68 percent, to \$460,653,000  
from \$363,626,000.

Commenting on the perfor-  
mance, Neland said that excep-  
tionally strong loan demand coupled  
with improved margins paced the  
record earnings.

"All of our units turned in  
above-average results, and we  
were especially pleased with the  
success of our cost containment  
efforts and the solid gains in  
fee-based income," Neland said.

Neland also indicated that the  
holding company completed in  
December, 1986, both its pre-  
viously announced acquisition of  
First State Bank & Trust Com-  
pany, Franklin Park, and the  
merger of Burlington Capital  
Corp., which is the holding  
company of Affiliated Bank/Bur-  
lington, into Affiliated Banc  
Group, Inc. First State's net  
income for 1986 was \$1.2 million  
and is not reflected in the  
Affiliated 1986 earnings figures.

Affiliated Banc Group, Inc.  
owns seven banks with 11  
locations in Chicago's suburbs  
and Burlington, Illinois.

### Harczak brings expertise to Coachlight Realty



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locations in Chicago's suburbs  
and Burlington, Illinois.

### Kluever named District Marketing Manager

Savings of America has recent-  
ly announced the promotion of  
Kurt R. Kluever to District  
Marketing Manager/Assistant  
Vice President of District VII.

As District Marketing  
Manager/Assistant Vice Presi-  
dent, Kluever is responsible for  
the strategic and administrative  
management of all district  
marketing functions, savings and  
lending in Illinois and Ahmanson  
Mortgage Banking in Minnesota.

Prior to his promotion as  
District Marketing Manager/  
Assistant Vice President, Kluever  
served as Marketing  
Supervisor for Savings of  
America since Jan., 1986. Before  
joining Savings of America, Kluever  
was employed by  
GreatAmerican Federal where  
he served as Marketing Manager  
since Jan., 1980. From 1973 to  
1980, he held the position of Vice  
President, Savings Administration/  
Marketing at Chicago Sav-  
ings and Loan, and Conventional  
Loan Analyst at Associated Mid-  
west Mortgage Companies from  
1972 to 1973. Kluever, 37, is a  
member of the Financial Institu-  
tion Marketing Association.

Savings of America operates 11  
branches in Illinois, located in  
Deerfield, Elmhurst (2), Homer  
Township, Mt. Prospect, Palos  
Hills, Palos Heights, Schaumburg,  
Skokie, Park Ridge and  
Orland Hills with over 300  
branches in seven states in-  
cluding Illinois, Florida, Califor-  
nia, Missouri, New York, Texas  
and Ohio.



Kurt R. Kluever

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## July 4th. . .

Continued from MG P.1

parade featuring parade chairman Ralph Hintz as grand marshal; pancake breakfast beginning at 7:30 a.m. Saturday, July 4; and fireworks display at 9 p.m., Saturday, July 4. All events, except the parade, will be held in Harrier Park.

Residents are encouraged to help fund the July Fourth celebration by adding their contribution to the village's water bill.

For further information, contact the village's water billing department at 470-5222.

## Niles Historical Society meeting

At the next regular meeting of Niles Historical Society, Feb. 23 at Museum Headquarters, 8970 Milwaukee Ave., Niles, the "good old days in the '30s and '40s" will be remembered via films taken of the people and places of that time. Starting time is 8 p.m.

The Society is still collecting memorabilia of the old days in Niles, and will welcome the loan or donation to its present collection. Starting in 1982, when it was based in the Trident Center, it originally had as its goal the acquisition of the old Niles City Hall at Touhy and Milwaukee Avenues, now part of the Circuit Court of Cook County; subsequently, its current home, the former Sheriff's Police Station was acquired, which is now open to the public on Wed. and Fri. from 10:30 a.m. to 2 p.m.

On Feb. 23, the public is invited to view films of early Niles, a closely-knit village of 2100 population, before the big expansion in the post-war years.

The Society is currently planning on a "Spring Fest" for May 30, at which time entertainment and also tours of the museum will be available.

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## Library upgrade. . .

Continued from Page 1

At least 2,000 new volumes have been added to the library's collection over the last two months. A plan to spend an additional \$250,000 over the next 30 months on books and materials will be discussed at the next board meeting where the actual dollar amount will be determined.

A motion was also passed to merge the crated collection of juvenile books from the now defunct branch library into the main library's juvenile collection which is in need of replenishing, rather than dispersing these materials to other community sources.

A report on the present state of the Reciprocal Borrowing Program was presented. Nilesites are the largest group in the entire system utilizing the program, borrowing over 25,000 books from other libraries in the first quarter of the year. As more money is spent on upgrading our collection, it is the hope of the Board the Niles Public Library will attract more borrowers from other member libraries in the system.

Gearing up for the April election for seats on the Library Board are present trustee, Walter Chmielewski, and new candidates, Paul Warnick, Angelo Suranno, and Robert Quattrocihi. Petitions were filed to certify each of these men as official candidates in the upcoming election.

The subject of the bookmobile, its condition, schedule, and potential uses, occupied a major portion of the meeting. A motion was passed to authorize the expenditure of \$370 to rewire the vehicle to correct generator problems until a new vehicle is purchased.

A motion was also passed to authorize the bookmobile to include a new hour and one half stop at the Ballard Sports Complex to accommodate the needs of citizens in north Niles. Further reworking of scheduled bookmobile routes is in the offing and a new schedule will be announced and publicized in the near future.

Last year, the Niles Library, in cooperation with 10 other libraries in the system, worked with Oakton Community College's Literacy Program. This year, the Niles Public Library will provide facilities for Saturday classes in cooperation with the Oakton program. Helped and partially funded by community volunteers, this outstanding program won last year's coveted Governor's Hometown Award.

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but the Niles Library District was not included in this recognition. Board President Harry Pestine suggested the Library Board inform Oakton College of our desire to be included in application for this year's Hometown Award since the Niles facilities are being used for the classes.

Trustee Irene Costello presented a report on the Friends of the Library meeting held Feb. 9. Their successful fund-raising effort from the Ballard book sale was applauded, and it was announced some of the proceeds will be donated to the Niles Library. The Friends would like to incorporate what need a boost in membership. One of their major objectives for the next year will be to attract participation from the community. Various programs are being formulated to accomplish this.

In other business, the Board authorized publication to attract bids for a new theft detection system which will be installed in the near future. It was also announced materials from the closed Ballard branch that have not been sold will be donated in a gesture of friendship to the south suburban library of the Village of Robbins which has been experiencing extreme financial hardship.

Each year, the American Library Association conducts a Legislation Day in Washington, D.C., inviting representatives from local library systems to address our national legislators on the important concerns and issues influencing library legislation. Duncan McKenzie was authorized to act as official representative of the Niles Public Library District.

Additionally, Walt Buesse and the Board of the Niles Baseball League presented the library with a gift of 11 video cassettes on baseball for the training and enjoyment of parents and youngsters in the community. The Niles Baseball League, in cooperation with the library, spent a year and a half working on this project with the hope these tapes will provide Niles youngsters with extra preparation for the baseball season.

## Apartments. . .

Continued from Page 1 in a residential neighborhood. "One restriction is that the height of any proposed building will not exceed others in the Chester-Oak area," he said.

Property owners John, Tom and Salvatore Guagliardo in February of 1984 requested a zoning change from single family residence to multi-residential apartments that would permit construction of a two-story apartment building containing 16 units.

The Guagliardo brothers came back in July with new plans calling for three, three-story buildings, with one containing nine units, and the other two structures three units each.

Neighboring residents (on Oak St.) objected to the proposed project saying the increase in traffic on a residential street would pose a safety problem to small children in the neighborhood.

The petitioners, however, argued that putting up single

## Bicentennial. . .

Continued from Page 3

to take place. The people of Ulster love parades. In fact, this was the beginning of the "marching season," a period which lasts from July through September. During this period violent confrontations between Protestant and Catholic extremists usually lead to senseless deaths and injuries on both sides. Paisley was in Ballymoney to help in the unfurling of a new banner for the local Ulster lodge. The old banner had "supposedly" been stolen and burned by the Sinn Fein the year before. Protestant bands led the march to the parade grounds where the banner was dedicated by the Deputy Grand Chaplain of the Orange Order. The "highlight" of the evening was listening to Paisley's twenty-minute diatribe against the policies of both the British Prime Minister, Margaret Thatcher and the Irish Republic. The vitriolic words of Paisley reflected the DUP's commitment to fight off the encroachments of Catholicism and any hint of unification with the Irish Republic. Paisley's evangelical speech reminded me of the ones delivered by such demagogues as Fr. Charles Coughlin and the Rev. Gerald K. Smith in our country during the "Great Depression" of the 1930s. The central theme of Paisley's speech was pure and simple hate! As we left the parade grounds, my wife stopped when we were passing two policemen. She told the men that Paisley scared her. The constables nodded their heads as if to say he scared them too.

The next morning we drove to Derry (Londonderry). Upon entering the city we passed a local police station. The complex looked like a prison. It not only was surrounded by a high barred wire wall, but there were barricades at the entrances. We proceeded to drive into the Protestant section on Castle Street. Here British soldiers were stopping all motor vehicles. The soldiers were ordered to permit only church-goers to pass through the Bishop's Gate area. Since everything appeared to be calm, I parked our car. For the next half-hour my wife and I carried on conversations with several of the young men who were assigned to this detail. Contrary to the stories we receive in the American newspapers, these men had live ammunition in their automatic weapons. We found these men to be candid in their observations about the conditions in Northern Ireland. They left us with the impression that the entire area was a political powder-keg. The fuse had already been lit by extremists on both sides. Following this educational experience we drove down from St. Colum's Cathedral into the Catholic quarter which is located directly below the Protestant plateau. Here we viewed burned out buildings. IRA slogans were written on nearly all of the exterior walls of the buildings in this public housing project. We felt strangely uncomfortable in the area. Thankfully, it was a Sunday morning and not a Friday or Saturday night!

Irish history from the first Protestant settlements in Elizabethan times to the barricades in Derry and Portadown has been a story of hatred answering hatred. This tragedy has cost more than 2500 lives in the last 17 years. Many journalists, who have visited Northern Ireland, immediately say that this area is a terrible place. They complain that it is ugly and that its people are living in another century. Perhaps it is all of these things, but then why have so many men loved it enough to give their lives for it? What is happening in Northern Ireland is a tragedy. What disturbed us the most was the way the youth of this British province are being manipulated by extremists on both sides. This condition perpetuates hatred and fosters violence.

You might ask yourself, this scenario is interesting, but what message are you trying to convey? Simply stated, as we enter the third century under our Constitution it is imperative that Americans never lose sight of the importance of this fundamental document. Man must never place himself above the law. As Thomas Paine once said, "The Law is King." If we do not adhere to the principle of constitutionalism, could what is happening in Northern Ireland, happen in the United States? Our system of government will continue to be responsive to the needs of the people only as long as we continue to be aware, informed, and constructively participate in the political process. In short, never take the principles in our Constitution for granted!

## "Meet The Candidates' Night"

H.A.L.T. is sponsoring a "Meet the Candidates' Night" for Niles Library District Trustees on Thursday, Feb. 26, at 7:30 p.m. The Candidates' Night will be held at Maine Township Hall, 1700 Ballard rd., Park Ridge. All candidates have been notified and said that they will attend. Everyone in the Niles Library District is invited to attend this evening.

family residences on the property was not economically feasible. They pointed out the area was surrounded by commercial property a few blocks south of the subject property, and on Greenwood to the west.

According to Salerno, the village board rejected the proposed project citing high density and traffic impact on the neighborhood. The property owners reacted by filing a suit against the village in November, 1985.

## "The Many Worlds of Niles Township"

The PTAs of Niles West and Niles North High Schools invite the community to an evening of free entertainment, "The Many Worlds of Niles Township," as part of the schools' Founders Day program on Tuesday, Feb. 24, 7:30 p.m. in Room D-100 of Niles North, Lawler Ave. & Old Orchard Rd., Skokie.

Ethnic singing and dancing will be provided by students from both high schools. Guests sampling the ethnic sweet tables will savor the many flavors which characterize Niles Township. Guests desiring to bring small samples of ethnic desserts may contact Niles West program chairman Ruth Blonder at 966-4532.

## Earl J. Melnik

Marine Pvt. Earl J. Melnik, son of Alan J. Melnik of 4905 W. Louise St., Skokie, has completed recruit training at Marine Corps Recruit Depot, San Diego.

## From the Left Hand

Continued from Page 1

went overseas and fought in the cavalry and artillery during the 1917-18 period. In World War II George shipped out in the Coast Guard.

After World War II George returned to work at St. Adalbert's Cemetery heading the cemetery staff there. He had an engineering background and was a specialist in design. When Maryhill cemetery was created, George was responsible for much of the cemetery design and led the way to importing much of the beautiful Italian marble and black Bavarian stone used in the columns there.

Pete told us his Dad's vintage had a line of royalty. He said there were three great Magnet families in Poland and his father was a member of one. George was born into a family which had great farm acreage where cattle were raised. They also had large hatcheries on their huge estate. Pete reminded us James Michener wrote about the Magnet families in his book, Poland.

George was a loving man who was most kind. The present caretaker at one of the cemeteries was imprisoned in a World War II concentration camp. George befriended him and looked after his welfare when he came to the States. George was something very special to this man. Pete said he will be one of the pallbearers at Thursday's funeral.

The people who worked at the cemeteries were a very special kind of people. We

spoke to Jack Bolek, who worked with George at both Milwaukee Avenue cemeteries for more than 40 years. And former Niles police captain Ed Dennis told us about his father, Pete, who worked with George Pasek's father, prior to working with George.

George seemed to be man of many talents. Dennis said his father once injured his arm and George's knowledge of medical training enabled him to help rehabilitate Dennis' arm.

Bolek said he and George helped build the Maryhill office building which was George's idea. He said they did a lot of the steel work. Bolek said Pasek was an excellent welder and was great with any type of handwork. He was particularly proud of the stainless steel railings there. Bolek added they built Maryhill cemetery putting in the sewers, water lines, and streets, and laid out the sections of the cemetery. "George always knew what he was doing as he directed the projects at both cemeteries."

Buck Kazmierczak, who was hired by George after coming out of the army after World War II, said George was like a father to him. He said George was well-educated and did great work in designing and construction at the cemeteries.

Eddie Bacher told us about the early days in the fire department. Back in 1935 and '36, the volunteers on a department would get paid a buck a fire. He said the Alarm

guy would get a buck a night and would sound the bell when there was a local fire.

Bacher said every spring the volunteers would hold a meeting and elect their superiors. George was annually elected fire chief. In the days when they had the 350 gallon pumper, the old Reo, George would make the nozzles, and the fittings for the truck on lathes he had at the cemetery.

Ed said they built Jozwiak Park, building the tennis court and the fences there. They also built the fire station at Touhy Avenue as well as the Public Works building. They put in the plumbing, wiring and sprinkling system in both buildings.

Boles and Bachers and Kazmierczaks and Dennises and Paseks have been a special breed of people in Niles. The fine community we have today is a result of the efforts they made back in the '30's and '40's and '50's.

Their imprint will remain here as long as there is a community named Niles, Illinois.

## HALT group sets 'candidates night'

H.A.L.T. is sponsoring a "Meet The Candidates' Night" for Niles Library District Trustees on Thursday, February 26, at 7:30 p.m. at the Maine Township Hall, 1700 Ballard Road, Park Ridge.

All candidates have been notified and said that they will attend. Everyone in the Niles Library District is invited to attend.

## Niles Festival. . .

Cont'd from Niles-E. Maine P.1 how you can be a part of this exciting event, you may call Sam Feldman at 966-8086.

We also are looking for businesses or organizations who are interested in sponsorship in large areas or small areas of the festival. Any help you can give will be appreciated and recognized in some way. The contact person for sponsorship is Elaine Heinen and she may be reached at 966-9864. Why not come to our Annual Spring Dinner Dance on April 25th, at the Trident Center and get to know the members of the Niles Events Committee! Everyone is welcome to join us in the fun of celebrating community spirit!

## Authors. . .

Cont'd from Skokie-L'wood P.1

questions whose answers would have revealed how badly the war was going and how wrong we were to be there. He thinks that there is now a need people have to know about the war. Bodey, in speaking to college students, finds they want to know what the war was really like. Because of their age, their knowledge and preconceptions of it are often based on Rambo type movies. They are as shocked by its reality as Bodey was experiencing it.

For further information concerning showing dates and times for this series contact your local library.

## Underpass. . .

Continued from Page 3

tersections in Niles maintained by the state, and eight handled by the village, Peck explained.

"We need to have our local roads done, and we are talking about the transportation bill passing in March or April. If it's not implemented until July, half of our construction season is down the drain."

He noted the State of Illinois is the third largest state that has the highest number of roads, yet ranks 27th when it comes to money to repair local and state roads. "There is 20 times more in traffic than years ago with heavier trucks and more vehicles traveling on these roads," he said.

## Niles Park. . .

Cont'd from Niles-E. Maine P.1

Former manager of the golf course was Frank Abernathy who resigned last November.

According to park director Bill Hughes, Weides will oversee operations at Tam in the area of overall supervision, revenue collection and deposits, concession and pro shop operations. "He also will recommend or implement any new programs for Tam or the ice rink," he said.

Weides said he is excited about the new position. "It's a challenge. Improvements are needed at Tam, including rejuvenating the top soil for better greens cover," he said. "I'm also happy to be part of the park district's long range plans for a new clubhouse and better restaurant facilities at Tam."

In a related matter, the board approved increasing greens fees 50 cents to subsidize the cost of hiring new personnel, including a new assistant groundskeeper for the summer season.

Commissioner Walter Buesse reported the implementation of a picture I.D. system at Tam, with the board approving a no charge policy for Niles residents and a \$5 fee for non-residents. Replacement of the I.D. cards will cost \$2.

Buesse also reported the park district will solicit bids to purchase 10 new golf carts.

In other reports and actions, Commissioner Elaine Heinen congratulated members of S.P.I.N. present in the audience on the success of the recent Sweetheart Open. During a picture-taking session of children who participated in the ice

said. Peck feels road repairs should not be part of federal budget cuts as other items because some road projects must be done.

"Transportation money should come through user's fees (fuel taxes) from motorists who use the roads with the funds going directly back into the roads," he said.

Peck serves as a member of the Public Works Committee for the Illinois Municipal League, a state-wide committee that meets with IDOT every two months in Springfield to discuss transportation-related items.

skating competition at the Sports Complex. Heinen said the Sweetheart Open brought in about \$15,000 in revenue and \$2,400 from concessions during the four-day event.

Approved final payment on the bus garage at the Sports Complex in the amount of \$4,320 to R. J. Haack. The facility is now completed and ready for use, according to Heinen.

Approved a change in policy in which employees leaving the district will have medical-hospital coverage until the end of the month, whether they leave at the beginning or middle of the month. They will have the option of continuing the insurance at their own expense.

The board also approved offering Blue Cross/Blue Shield HMO as a hospital/medical insurance package for employees.

The park district swim group will host an Illinois Swim Conference at Maine East High School from 1 p.m. to 6 p.m. on March 7.

In a report on new programs, Buesse noted the park district has an "over 30" open gym on Thursdays at Grennan Heights.

The board will review leasing proposals from outside concessionaires involving park district concession stands.

## Christina M. Lewis

Airman Christina M. Lewis, daughter of Denise S. Donnelly and stepdaughter of Donald A. Donnelly of 8224 Niles Center rd., Skokie, has graduated from Air Force basic training at Lackland Air Force Base, Texas.

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**Canfield's Cola & Flavors**  
Limit 1 item per coupon.  
Limit 1 coupon per customer.  
Separate \*10 purchase also required.  
Effective 2/19 thru 2/25/87

**39¢**

with this coupon  
Price without coupon 79\*

**Jewel**

Dairy  
PLU #2379

**Super Coupon**

2.5 oz. pkg.  
**Buddig Thin Sliced Meats**  
Limit 1 item per coupon.  
Limit 1 coupon per customer.  
Separate \*10 purchase also required.  
Effective 2/19/87 thru 2/25/87

**19¢**

with this coupon  
Price without coupon 49\*

**Jewel**

Dairy  
PLU #2321

**Super Coupon**

1 lb. pkg. Quartered  
**Imperial Margarine**  
Limit 1 item per coupon.  
Limit 1 coupon per customer.  
Separate \*10 purchase also required.  
Effective 2/19 thru 2/25/87

**9¢**

with this coupon  
Price without coupon 49\*

**Jewel**



2.5 oz. pkg.  
**Buddig Thin Sliced Meats**  
Price without coupon 49\*.



1 lb. pkg. Quartered  
**Imperial Margarine**  
Price without coupon 49\*.

**All four coupons good with a \*10 purchase**