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Winners selected in Niles Beautification Contest

Landscape design critics from state gardening clubs judged front and side yards of Niles residences on Saturday, August 6 and selected 10 top winners and 50 runners-up in the village's annual Property Beautification Contest.

Judging was conducted by the Landscaping Design Critics of Illinois. Chairman of the organization Eve Dattillo who said about 16 judges were involved in the contest this year.

Judging was based on overall appearance, originality and design. Condition of lawns was not a major factor this year because of the drought and the villages watering restrictions. In-
Continued on Page 47

Niles man charged after firing handgun

Tony Miller, 28, of 7321 Waukegan, Niles, was arrested for reckless conduct after he fired a handgun to scare off what he thought was a peeping Tom on Monday, Aug. 8.
Police took the offender into

custody in his home after the victim informed them of the incident and then identified Miller.
According to police, the victim, a Chicago resident, locked his bicycle outside a bowling alley on
Continued on Page 47

The Bugle

Village of Niles
Edition

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Attacks boyfriend at home

Niles woman charged with stabbing

A 34-year-old Niles woman was arrested last week on six counts of aggravated battery following a stabbing incident involving her boyfriend.
The offender, Marie A. Ken-
nicker, 34, of 7019 Seward, was reported to have also attempted suicide in a jail cell of the Niles Police Department, according to

Det. Dennis McEnerney.
Police responded to the Seward St. address on a report of a stabbing on Monday, August 1.
According to McEnerney, upon entering the offender's house, police saw a man in the kitchen attempting to restrain Ken-
nicker.
Continued on Page 46

District 63 proposes four percent budget hike

by Eileen Hirschfeld

An approximate budget of \$17,722,284, or a 4 percent increase from last fiscal year, may be proposed by board members of East Maine Elementary School District 63, according to a preliminary budget presented to board members at the Tuesday, August 9 meeting.

The district budgeted \$17,069,924 for the last school year and spent \$16,002,393.

District Supt. Dr. Eldon Gleichman said, "We tried not to increase any item. There are increases in some programs such as special education."

The budget will be reviewed at a committee-of-the-whole or budget committee meeting in two
Continued on Page 46

OCC neighbors protest building plans

The precise technicalities of the building destined to house the Northwest Municipal Conference were still in hot dispute at Tuesday's meeting of Oakton College's Board of Trustees. For the second meeting in a row, Board members were exposed to arguments rife with objections from government sources and private citizens' coalitions.

Beleaguered flood victims of neighboring areas affected by the severe flooding of 1986 and 1987 are up in arms and organizing. Citing the future Northwest Municipal project and other uses of Oakton's campus facilities as endangering the flood plains, two speakers challenged the Board.

Des Plaines Alderman, Nick Chiropoulos, spoke on the topic last month before handing the Board signatures of 300 residents opposing the project. At this meeting, Chiropoulos told the

Board the Northwest Municipal project was a major topic of business at the Des Plaines City Council meeting the previous evening. According to Chiropoulos, the Council has spent \$35,000 for flood control studies. A representative of the Army Corp
Continued on Page 47

Don't Miss:

**Health
& Fitness
Guide**

Pages 19-27

Dog days of August



Photo by Tracy Roberts

Workers on Central St. south of Howard poured cement for new streets and curbs last week. Despite the near 100 degree temperatures, road

construction continued throughout the area. Weather predictions indicate no break in the stif-
ing weather during upcoming days.

Senior Citizen driving seminar

State Senator Walter Dudydz (R-7, Chicago) will sponsor a two-hour Senior Citizens Drivers License Seminar on Sat., Aug. 27, 10 a.m. at Heck's Banquet Hall, 5131 N. Milwaukee Ave., Chicago. The seminar is designed to offer senior citizens and a special review of the drivers license examination and testing procedures.

"I am happy to again have the opportunity to provide this special service to the senior citizens in our community," Senator Dudydz said. "We'll have members of the Secretary of State's staff to work with them, bring them up-to-date on any rule changes and prepare them for their next driver's test."

The seminar is offered free of charge. For further information and reservations, phone Senator Dudydz's Chicago office at 777-0077.

Skokie Park hockey clinics

The Skokie Park District is offering three special hockey clinics this fall. Clinics will be held at the Skatium, 9300 Bronx ave.

Check/Shopping Clinics - September 6-October 13, March 7-April 11.

Special Goaltending Clinics - September 8-October 13, March 9-April 13.

Call Steve at 674-1510 for details regarding these special programs.

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Staying cool by pumping iron



Photo by Tracy Roberts

At the air conditioned Leaning Tower YMCA, member Tim Schlichting of Chicago stays cool by working out with bar bells. The YMCA swimming pool has also been a popular refuge during this record breaking hot summer.

Fall classes to begin at JCC

Registration is now being accepted for the fall program. Persons wishing to register new or wanting a complete brochure should call 433-6424. Visa and Mastercard are accepted. Seniors over 65 years receive a 25% discount on all classes.

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Skokie Festival seeks volunteers

The Skokie Centennial Three-Day Festival Committee is looking for a few good women and men to be part of the festival on August 12, 13 and 14.

Volunteers can take part in the action of the Centennial year's biggest event by helping out with such activities as selling soda pop, pouring beer and wine in the Centennial Beer Garden, providing help to Festival goers at the Information Booth, guiding kids and events in the Children's Tent or working in the Centennial Commemorative Gifts booth.

Bring a friend or fellow members from your club or organization to be part of this once-in-a-century party. For more information, or to sign up to be part of the Three-Day Festival, call the Village Manager's office at Skokie Village Hall, 673-0500.

Senior Citizens' NEWS AND VIEWS

News for all Niles Seniors (age 62 and over) from the Niles Senior Center
8060 Oakton, Niles 967-6100 ext. 376

SENIOR FORUM

The Niles Senior Center Forum will meet on Thursday, August 11 at 1 p.m. Forum meets monthly to evaluate past programs and provide suggestions for future programs. All interested in helping plan the center's upcoming programs are invited to attend.

TRAVEL COMMITTEE

The Niles Senior Center Travel Committee will meet on Thursday, August 11 at 2. All interested in helping plan the senior center's one day bus trips are invited.

MEN'S CLUB MUSEUM TRIP

A reminder is extended to all ticket holders for the Friday, August 12 trip to the Museum of Science and Industry that the bus will depart the senior center at 9:15 a.m. and return 5 p.m. This trip is sold out.

BREAKERS TOUR

An Edgewater Beach Breakers building tour will be offered by Senior Lifestyles, the developer of the private senior citizen building on Golf on Friday, August 12 and Friday, August 19 from 1 p.m. to 4 p.m. The bus will pick up and return people to the Trident Center. There is no charge, but advance reservations are necessary: 967-6100 Ext. 376. A waiting list exists for both trips.

MEN'S CLUB MEETING

The Men's Club regular business meeting will take place on Monday, August 15 at 10:30 a.m. It is open to all men enrolled at the senior center. The speaker will be Charles Barbagallo of the First National Bank of Niles. Members have the option of purchasing a light luncheon at a cost of \$1 or of brown bagging their own luncheon. Coffee and dessert are provided at no charge.

MONTHLY MAILING

The monthly mailing will take place on Tuesday, August 16 at 12:30 p.m. Volunteers are always needed and appreciated.

SQUARE DANCING

The square dancing group has decided not to meet during the summer. Open square dancing will resume on September 6.

LINE DANCING

Line dancing has been cancelled for the summer. It will resume meeting on September 6.

SENIOR CITIZEN COMMISSION GOLF TOURNAMENT

The Niles Senior Citizen Commission annual golf tournament at Tam will be held on Wednesday, August 17. Registration will be taken until Thursday, August 11. Tee off times will be posted at Tam and the senior center on Monday, August 15. Luncheon follows the tournament at the senior center. Tickets are \$5.50 per person. Cost includes lunch, green fees and prizes.

S.I.J. 55 Plus Club

Our boat trip was great, those of you who didn't take the trip really missed the boat. Our Cruise aboard "The Spirit of Chicago" on Lake Michigan was a thrill of sights. We had delicious food and beverages and great entertainment and a wonderful time was had by all.

We Seniors love a great time, but we also give of our time, as we help in many community projects, such as the 4th of July Parade, Niles All American Festival, Smiles for Little City Tag Days. We say good-bye to our Treasurer Walter Pureda and his wife Estelle who are moving to Florida, we shall miss them. Taking his place will be Florence Morgan. We are getting ready for our Annual Bake Sale which will be held September 17-18, more details in later Bugle. So all you bakers please get ready, get set and put on your aprons and bake, bake for us.

Please remember our sick in your prayers. It was good to see some of our sick members back. It is important that if you know of anyone sick, that you contact our Sunshine Lady Josephine Christi who keeps our sick happy with her calls and cards. We are all a big family and we need each others help, but we can't help unless we know.

A very Happy Birthday and Anniversary to all August celebrants.

The Bugle

An Independent Community Newspaper Established in 1957

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The Bugle, Thursday, August 11, 1988



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PAGE 3

Heat wave sets record at Niles pools

The recent heat wave has brought record crowds to the Niles Park District swimming pools, but the 90's and 100-degree temperatures have adversely affected attendance at Tam golf course, according to park director Bill Hughes.

No one wants to play golf in the afternoon when the sun is a red hot ball...no pun intended," Hughes said. "We have several golf leagues which play in the afternoon and we appreciate their patronage. Most golfers are playing in the morning or in the early evening."

The total of 96-degree days to 34, 10 more than the record 24 days in 1955. There has been a total of seven days of 100-degree temperatures, according to forecasters...and no relief in sight.

Hughes noted day camp attendance has also dropped because of parents' concerns for the health of their children during the heat wave. The park district had to order several window air conditioners for classrooms which conduct art classes and Tai Kwon Do. "This is the hottest summer without rain that I can remember," Hughes said.

According to Jim Weides, revenue facilities manager, during normal weather, about 300 rounds of golf are played at Tam golf course in afternoon sessions. "For the past two weeks, about 50."

On the positive side, there was a 20 percent increase of people cooling off at the two Niles swimming pools between July 28 and Aug. 4. A greater number of people are swimming.

Continued on Page 46

Oakton trustee seat to be filled by Aug. 23

A new Oakton Community College trustee is expected to be selected at the Aug. 23 board meeting to replace Diana Loveland who resigned last June, according to board president Ray Hartstein.

Loveland gave up her board seat for a move to Florida. The state-mandated deadline for the board to appoint her replacement is Aug. 26, Hartstein said.

He went on to say a "sizeable number" of people sent resumes by the Aug. 1 deadline for application, but he would not disclose the amount. The board will review the resumes this week and a selection of a candidate could be made at this time.

The new trustee will serve on the board until the next board election to be held in November of 1989. Three trustee seats will be up for election at that time.

If the board is unable to choose Loveland's replacement by Aug. 26, the task will fall on the Illinois Community College Board. "However, I think we can announce the new trustee at the Aug. 23 meeting," Hartstein said. According to a school source,

Uncle Sam Wants You!

In an all out effort to increase voter rolls, the Social Action Committee of the Niles Township Jewish Congregation, 4500 Dempster, Skokie, headed by Dorothy Shaffer, has launched a massive voter registration drive. Scheduled for Wednesday, Sept. 28, from 5:30-7:30 p.m. and Thurs., Sept. 29, from 7-9 p.m. at the synagogue, the aim is to register all U.S. citizens who will be at least 18 years of age by Nov. 8, and have resided in Niles Township for at least 30 days. Any individual wishing to participate...

Continued on Page 46

Village to discuss costs for their land plans

Bank releases financing for Lawrencewood construction

by Sylvia Dalrymple

Niles Fire Dept. calls

The Niles Fire Department answered 22 fire alarms and 44 ambulance calls from July 29 to Aug. 4.

On July 29, firemen extinguished a grass fire in the middle of a field in the 8100 block of Golf Rd.

A fire alarm at Niles College, 7135 Harlem Ave. was attributed to the hot weather after the building was checked for a possible fire hazard.

Firemen on July 30 gained entry to a home by forcing open a glass sliding door after a woman leaving a three-month-old baby on the couch in the living room.

Firefighters went to 1314 Carriann Ln. to check a possible electrical fire and found a shorted television set. The unit

Continued on Page 46

Niles officials stated Monday that no more delays are anticipated in the redevelopment of the Lawrencewood shopping center, now that the bank which is financing the sale of the property has released the necessary funds.

Blase stated in the next few weeks, all the buildings except the post office would be razed as soon as possible. The village also plans to build a new municipal complex and a proposed community theater on about 7 acres of land.

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Continued on Page 46

Local children prepare for start of school year



Photo by Tracy Roberts

Golf Mill Shopping Center was jammed last week with parents buying the year's school clothes for their children. Taking a quick ice cream break from this yearly ritual is Fatima Pothiwala of Park Ridge.



Photo by Tracy Roberts

With the start of the school year just weeks away, Niles students (1 to 3) Tera Frugoli and Nicholas Christides bone up on their reading skills at the Niles Library last week.

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Editor and Publisher

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"Operation Snowball" award



The "Operation Snowball" substance abuse prevention program operated by Maine South High School in Park Ridge was recently presented with a special recognition award from Cook County State's Atty. Richard M. Daley. The "Snowball" project, which stresses early intervention and positive peer pressure, was honored as part of Daley's policy of calling attention to successful anti-drug programs in the county. Accepting the award were (from left) Andy Bitta, Virginia Feurer, Karen Pfleiderer and Natalie Dranoff.

A Day At The Races

The BCI Seniors spent Wed., Aug. 3, at Hawthorne Race Course. One hundred attended the event which included a fabulous luncheon in the Gold Cup room.

Michael G. Tomczko organized the outing.

Hawthorne Race Course in suburban Cicero is the oldest family owned track in America and celebrated its 97th anniversary this year. The BCI Seniors heard celebrated track announcer Phil Georgeff, who will be inducted in the Guinness Book of Records this summer for calling a spectacular 65,000 races over 29 years, call his 17,670 race in a row at Hawthorne.

Niles VFW Post seeks members

The Niles VFW Post is seeking new members with World War II, Korean, and Viet Nam Foreign Service.

Enjoy comradeship, military and social events. Our meeting night is the 2nd Wednesday of each month.

For more information call the VFW Post #712, Bunker Hill Country Club, 8635 N. Milwaukee Ave., Niles at 647-9830.

Glenn F. Fejdasz

Air National Guard Airman Glenn F. Fejdasz, son of Florian W. and Marie Fejdasz of 1905 Birch St., Des Plaines, has graduated from Air Force basic training at Lackland Air Force Base, Texas.

Singles Scene

AUGUST 12 ST. PETER'S SINGLES

All singles over 35 are invited to a St. Peter's Singles dance on Friday, Aug. 12, 9 p.m. at the Polish National Alliance Hall, 6038 N. Cicero. \$5 includes drinks and late buffet, live band and free parking. For information call 334-2589.

AUGUST 17 A.G. BETH ISRAEL

A.G. Beth Israel Jewish Professional Singles (30-55) will meet Wednesday, Aug. 17, 8 p.m. at A.G. Beth Israel, 3635 W. Devon, Chicago. Rabbi Jack Frank will speak on the "Jewish Alcoholism and Drug Abuse Program." Admission of \$2 includes refreshments.

AUGUST 19 PARENTS W/OUT PARTNERS

Parents Without Partners Northwest Suburban Chapter 188 will hold an open dance on Friday, Aug. 19, at Casa Royale, 783 N. Lee St., Des Plaines, at 8 p.m. Admission is \$5. Dance is open to all singles. Music will be provided by D.J. Steverino. For directions call: 297-6640.

TGIF SINGLES

TGIF Singles will have their weekly dance and social at the Elmhurst Ramada Inn, located on Route 83 just north of Roosevelt Rd. on Fri., Aug. 19. No age or membership restrictions, all singles are welcome. Doors open at 8:30, admission is \$6. Call 459-8003 for info.

SELECT SINGLES CENTRAL

Select Singles Central sponsors a dance with DJ music Friday, Aug. 19, at 8 p.m. ongoing till

12:30 at Aqua Bella, 3630 N. Harlem, just north of Addison St. in Chicago. It is open to all singles. Wear dressy, casual attire. Admission is \$5 with a cash bar. For information call Charley at 498-9248.

There is plenty of free parking across the street, and behind Aqua Bella and at the Kelly station.

SUBURBAN SINGLES

Suburban Singles general meeting and dance will be held Friday, August 19, at the American Legion Hall, 849 Waukegan Road, Deerfield. A short program "How to Plan Gourmet Affairs" is scheduled prior to dancing segment. Cash bar and snacks. Guests can pick up copies of our current newsletter detailing August programs and spend a relaxing evening with S.S. Members. For information call 965-0047 or 998-5956.

AUGUST 20 COMBINED CLUB SINGLES

All singles are invited to the Combined Club Singles Dance with the live music of Rhythm Street at 8:30 p.m. on Saturday, Aug. 20, at the Hyatt 9 agency O'Hare Hotel, 9300 W. Bryn Mawr Ave., Rosemont. The dance is co-sponsored by the Northwest Singles Association, Singles & Company, and Young Suburban Singles. Admission will be \$7. For more information call 725-3300.

NO. SHORE JEWISH SINGLES

The North Shore Jewish Singles will meet at the Cafe Continental for an evening of dinner, dancing and entertainment. The restaurant is located at 5517 N. Lincoln Ave., Chicago. There will be a choice of three dinners priced at \$12.95 per person.

Reservations will be required and can be made by calling Betty at 824-3225. New prospective members are invited to attend this social evening.

AUGUST 21 JEWISH SINGLES

The Jewish Singles (ages 21-45) invites you to a Citywide Dance on Sunday, August 21, from 7:45-11:45 p.m. at "Duffy's", located at 420 W. Diversey, Chicago. Admission is only \$3 and your are welcome.

N. S. FORMERLY MARRIED

North Shore Formerly Married will hold a dance on Sunday, Aug. 21 at the Oakton Park, 4700 Oakton, Skokie at 7:15 p.m. to 10:15 p.m. Music will be by Eddie Karr. Admission is \$3 and there is plenty of free parking. Coffee and cake will be served. For further information, call Jan, 673-7182.

NORTHWEST SINGLES

Northwest Singles will sponsor a dance party for all singles at 7 p.m. on Sunday, August 21, at the Milk Pail Restaurant, Rt. 25 north of I-90, East Dundee. DJ music will be provided. Admission is \$5. For more information, call 282-8828.

THE CLASS MENAGERIE

The Class Menagerie sponsors a DJ dance and complimentary food buffet Sunday, Aug. 21 at 8:30 p.m. ongoing till midnight at O'Neill's Restaurant, 303 E. Kensington-Foundry Rd. in Mt. Prospect. It is open to all singles. Wear casual attire. Admission is

\$4.75 with a cash bar. For information, call Charley at 459-9248. The interior of O'Neill's is rustic; outdoors they have a double decker beer garden. O'Neill's is located across from the Randhurst Shopping Center. Plenty of free parking is available and no reservations are required.

AUGUST 24 THE SPARES

The Spares Club Dance "Sweet Leilana", will perform on Saturday, August 24 at the Morton Grove Moose Hall, 6419 Chestnut St., Morton Grove. Music will be provided by Eddie Karr. Admission is \$3 for members and \$4 for guests.

AUGUST 26 CHICAGOLAND SINGLES

The Chicagoland Singles Association will sponsor a singles dance with live music of Pam and the Current Times at 8:30 p.m. on Friday, Aug. 26, at the Willowbrook Holiday Inn, 7800 S. Kingery Hwy. (Rt. 83), Willowbrook. Admission will be \$7. For more information, call 545-1515.

AWARE SINGLES

The Aware Singles Group invites all singles to a dance with the live music of Streetwise at 8:30 p.m. on Friday, Aug. 26, at the Woodfield Hilton and Towers, 3400 Euclid Ave., Arlington Heights. Admission is \$7 for non-members. For more information, call Aware at 777-1005.

CATHOLIC ALUMNI CLUB

All single young adults, ages 21 to 38, are welcome at a dance sponsored by the Catholic Alumni Club at 9 p.m., Friday, Aug. 26, at the Oak Brook Marriott Hotel, 1401 W. 22nd St., in Oak Brook. The location is one block east of Route 83, and is across from the Oak Brook Shopping Center. Non-member admission is \$6. The band is "Pursuit". For more information, call 726-0735.

AUGUST 27 THE SPARES

The Spares Sunday Evening Club will have Bowling on Saturday, Aug. 27 at Classic Bowl, 8520 Waukegan Rd. Morton Grove. Experienced or beginners meet at 8:15 p.m. For further information call Shirley at 967-7937.

HEAVEN-SENT

Heaven-Sent Christian Dating Service is having a social for members and non-members from 2-5 p.m. on Saturday, Aug. 27 at The American Legion Post #134 W. Dempster St., Morton Grove. Refreshments will be served. There will be a \$5 admission fee payable at the door. No reservations are necessary.

Heaven-Sent serves single, widowed and some divorced Christians of all denominations. Monthly socials attract local singles as well as those from Wisconsin, Indiana and Michigan. At present, members range in age from nineteen to seventy-six years. Heaven-Sent has been matching couples for over two years, with seven marriages.

For more information, call Lois Wittenberg at (312)965-6726.

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Church & Temple Notes

Fr. Dimitri Sala, O.F.M. joins staff

St. Francis Retreat House at Mayslake is pleased to announce and welcome another newcomer to its professional staff, Father Dimitri Sala, O.F.M., a native Chicagoan. A well known and talented young preacher and spiritual director in the Chicago area, Fr. Dimitri comes to the retreat house, in part, to help create and direct two newly developing programs that seek to reach the Black and Hispanic communities. Currently he resides at St. Pachel's Friary, Oak Brook, and works part-time at the retreat house. Sometime in late August he will move to Mayslake as a full-time community and staff member.

SJB Holy Name Fish Fry

Please mark your calendar for the annual Holy Name Society Fish Fry and Smoker which will be held on Friday, August 19 at 6:30 p.m. at St. John Brebeuf's Flanagan Hall. Dinner prepared by Saranack Brothers consists of fried fish, delicious chicken, corn on the cob, salad and garlic bread. Cold beer and soda will be served and a smoked salmon snack later in the evening. All this and more for only \$7. Tickets are available at the door or by calling Ed Zalesny at 966-6765 or Andy Beierwaltes, Jr. at 966-6961. An open gym and card games will cap off the evening!

A Deeply Moving Religious Experience! THE SONS OF JOSHUA CONGREGATION

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15th ANNUAL HIGH HOLIDAY SERVICES

Sept. 11, 12, 13, 20 and 21st
Conducted by
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and his 21 Voice Choir
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Ethnic Studies. He entered the Franciscan Order in 1978, professed final vows in 1982, and was ordained a priest in 1984 after receiving a Master of Divinity from Catholic Theological Union in Chicago.

His formation time took him to Cleveland, Indianapolis, Nashville, and for a short time to Red Cliff Reservation, Boston, and New Orleans, working in social services, parish work, a house of prayer, and a healing ministry. His first assignment as a priest was at St. Peter's in the Loop where was involved in adult religious education, counseling, spiritual direction, and "on the road" preaching with a team of lay people. As of 1987 this preaching, evangelizing apostolate became Fr. Dimitri's full-time work, and now he brings this ministry to the retreat house.

His personal interests and past accomplishments include music, theater, and the establishment of the (Fr. Bernard) Godspeed Center—a social service outlet—in Cleveland.

Beth Emet The Free Synagogue

Beth Emet The Free Synagogue, 1224 Dempster Street, Evanston, will hold an Early Family Shabbat Service on Friday, August 12 at 7:30 p.m. Rabbi Peter Knobel and Cantor Jeffrey Klepper will conduct the services. An Oneg Shabbat will follow. The community is invited.

At the 8:30 p.m. Shabbat Services, Friday, August 12, Rabbi Peter Knobel will give the D'var Torah on Elie Weisel's novel, "Twilight." Cantor Jeffrey Klepper will conduct the musical portion of the services. An Oneg Shabbat will follow. The community is invited.

A Shabbat Minyan is held every Saturday at 9:30 a.m.

Temple Beth Israel

Temple Beth Israel, 3939 W. Howard St., Skokie, will celebrate Shabbat Friday Evening Services on August 12 at 8:30 p.m. Temple member, Danny Berman will deliver the sermonette. There will be an Oneg Shabbat following services.

Temple Beth Israel will hold Shabbat Saturday Morning Services on August 13 at 11 a.m. For further information contact the Temple office: 675-0951.

Obituaries

Sam Palmasimo

Sam Palmasimo, 86, of Niles, birthplace, Massachusetts, died on Saturday, July 30 in Glenview. He was the son of the late Michael & Anna; brother of Rose (Jack) Purpura, Pearl (Phil) Damore, late Nancy (Richard) Corso, late Josephine (Richard) Dalton, and the late Anthony; uncle and grand uncle of many. Funeral services were Monday, August 1 from the Skaja Terrace Funeral Home, Niles, to Our Lady of Ransom Church. Interment: Queen of Heaven Mausoleum, Hillside.

Marian Year closing ceremonies

People of all faiths are invited and encouraged to participate in a special closing ceremony for the Marian Year on Sunday, Aug. 14, at Our Lady of Sorrows Basilica, 3121 W. Jackson Boulevard. The ceremony, "Mary, Pilgrim of Hope," will mark the Archdiocese of Chicago's official close to the Marian Year which began on June 6, 1987. Pope John Paul II declared the Marian Year to help Christians prepare for the Third Millennium of Christianity.

The basilica will open at 1 p.m. for quiet reflection and meditation followed by choral tributes to Mary beginning at 2 p.m. Four Chicago area choirs, representing the Hispanic, Filipino, Black and Polish communities will present cultural tributes to Mary.

Cardinal Bernardine will officiate at the formal liturgy which begins at 3 p.m. At this time, The People's Prayer to the Mother of God will debut. Copies of the prayer will be distributed to attendees. Participants are encouraged to bring flowers, symbolic of esteem and love for the Mother of God, to place at the statue of Our Lady of Sorrows.

Following the liturgy, Rev. Frank Falco, OSM, pastor of the basilica, will host a reception. The parish lot is available for cars and buses.

On August 14, Cardinal Bernardine will also participate in a special Mass during the August 12-15 National Marian Year Congress sponsored by the Conventual Franciscan Friars of Marytown at the University of St. Mary of the Lake in Mundelein. The public is invited to the 10:30 a.m. Mass and outdoor celebration.

Res president named to licensing board

Resurrection Health Care Corporation President Sister Bonaventure, C.R., has been appointed to the Hospital Licensing Board for a three-year term expiring June 30, 1991 by Governor James R. Thompson.

In expressing his appreciation to Sister Bonaventure for her willingness to serve on this board, Governor Thompson said, "Your experience, forthrightness, and sound judgment will be utilized and valued during your tenure in this important area of state government."

Dobson Film Series at St. John Lutheran

Dr. James C. Dobson knows it's difficult for today's parents to keep their priorities straight. In Turn of Heart Toward Home, Dr. Dobson alerts parents to take the threats kids face, and urges them to take a stand for their families, and turn to the values that make homes strong.

In this provocative film series, Dr. Dobson speaks openly about the issues. His front-line perspective inspires, compels, and motivates. The sixth and final film, "The Heritage," explains how four traditional values can strengthen your home, and provide hope for tomorrow. This film will be shown at St. John Lutheran Church, 7429 Milwaukee Ave., Niles (one block south of Harlem) on Sunday, Aug. 14 beginning at 7:30 p.m. Child care for small children will be provided.

The community is welcome to view these excellent films with the members of St. John. Add this to your summertime Sunday evening. Come dressed casually and enjoy these films by America's foremost Christian family expert.

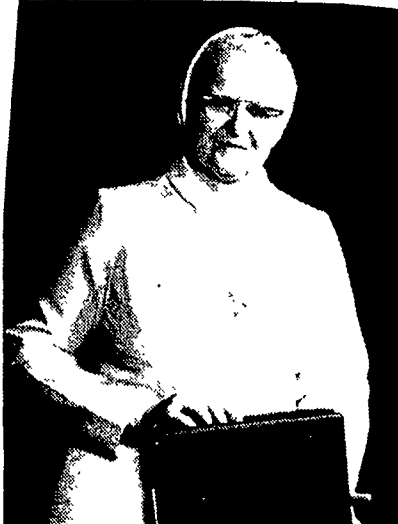
Valenziano joins staff

Mary Jo Valenziano joined the professional staff of St. Francis Retreat House at Mayslake as Director of Worship and Spiritual Director on July 1. In assuming her new responsibilities at Mayslake, those traditionally created and administered by the clergy, Mary Jo becomes the first lay person and woman to hold a full-time position on the program staff. She continues the work of Father Ted Haag, O.F.M. who has been appointed to a new retreat ministry in Victoria, Texas.

Mary Jo and her husband Vern are the parents of three adult sons, and they make their home in Arlington Heights, Illinois.

OLR Ice Cream Social

Our Lady of Ransom Parish, 8300 N. Greenwood, Niles, invites the community Sunday, August 14, to celebrate the 28th anniversary of the founding of the parish and the close of the Church's Marian Year. There will be an outdoor Prayer Service and Blessing of the Sick at 2:30 p.m. followed by a Parent Club sponsored Ice Cream Social on the Church's front lawn on Greenwood. Special Ice Cream Creations will be served. Call the Ministry Center at 623-2550 for additional information.



Sister Bonaventure, C.R.

Phoenix Magazine

"Each One, Reach One" is the subscription drive motto for The Phoenix Magazine. A voice for divorced and separated Catholics, the magazine extends itself to people of all faiths, especially those experiencing pain or change in lifestyles due to divorce or death. A positive atmosphere of understanding and enlightenment has emerged within the Church, especially in recent years. Its true teachings on divorce and family crisis are more widespread, a hopeful sign for Catholics and Protestants alike who have felt alienation from their church too long.

The magazine, proud of its 10 years of quarterly publication, is produced entirely by volunteers. Stories of pain, joy and peer support come from readers and staff. Yearly subscriptions are currently available for \$12. The fall issue goes into the mail Sept. 1. Send a check with your name and address to Business Manager/The Phoenix, P.O. Box 6629, Chicago 60680.

Holocaust Course at OCC

What were the events leading up to the Holocaust? What is the Holocaust? These are some of the questions explored in a new course at Oakton Community College this fall. "Facing History: The Holocaust" (SSC 290 002) is a three-credit-hour course which will meet from 9:30 a.m. to 12:20 p.m. on Fridays beginning Aug. 26 at Oakton, 1600 E. Golf Rd., Des Plaines.

Course instructor, Shelly Auslander, will discuss how the legal and ethical system of the West fell into chaos after the Holocaust. She also will highlight the attitudes, beliefs and impressions that rendered Nazi atrocities as well as the deeper ills in society and in human thinking that supported them.

For course information, call 635-1912. To register, call 635-1700.

Temple Beth Israel

Temple Beth Israel, 3939 W. Howard St., Skokie, will celebrate Shabbat Friday Evening Services on August 19 at 8:30 p.m. Rabbi Michael A. Weinberg will deliver the sermon. There will be an Oneg Shabbat following services.

Temple Beth Israel will hold Shabbat Saturday Morning Services on August 20 at 11 a.m. For further information contact the Temple office: 675-0951.

EPLC hymn sing

Edison Park Lutheran Church, 6626 N. Oliphant, invites you to an old-fashioned hymn sing at the 9 a.m. worship service on Sunday, Aug. 14.

Most of the liturgy is replaced with the singing of hymns. This gives us a little variety and provides an opportunity to sing hymns that otherwise would not be sung very often. This has been a summer experiment, which has been very well-received.

New Church hosts teachers' meetings

Teachers from New Church schools in Pennsylvania, Michigan, Maryland, Canada, South Africa, and here in Glenview, have gathered for five days of seminars, workshops, and worship at the New Church, 74 Park Drive, starting Sunday through Thursday, August 7-11. Most of the 90-100 teachers have stayed in the Swedeborgian community homes and some at nearby hotels.

Gordon McClarren, principal for the New Church elementary school says, "Their purpose is to share ideas and especially to promote the unique Christian education offered by these schools." McClarren, together with Rev. Eric Carswell, principal of the Midwestern Academy of the New Church high school here in Glenview, are helping to organize the meetings.

On Thursday, August 11, the meetings will conclude with a banquet and speeches given by two of the New Church bishops, Rt. Rev. Louis B. King and Rt. Rev. Peter M. Buss, both of whom were former pastors of the Glenview New Church community.

Shrine of Saint Rocco pilgrimage

The Eighty-Fifth annual pilgrimage to the Shrine of Saint Rocco, patron saint of the sick, will be held on Sunday, August 21, 1988. The feast celebration will begin with Mass at 11:30 a.m. in the Holy Rosary Church, 612 N. Western Ave., Chicago, IL. A special Mass in honor of St. Rocco with the Sacrament of Anointing of the Sick will be on the feast day, August 16, at 7:30 p.m. This special Mass is for the living and deceased Saint Rocco devotees and members of the Saint Rocco Society.

Sunday, August 21, the mile-long pilgrimage thru the Holy Rosary Parish will end at the church, with the Benediction of the Blessed Sacrament. Refreshments will be available at Holy Rosary School. Italian food, beef, sausage, and other Italian goodies, also beverages will be available. Band music by the Sicilian Band.

Eugene J. Bykowski

Navy Airman Eugene J. Bykowski, son of John Z. and Gladys A. Bykowski of 511 Little Path, Des Plaines, has completed recruit training at Recruit Training Command, Orlando, FL.

During Bykowski's eight-week training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

EPLC blood pressure check

Nurses from the Regency Health Center will be at Edison Park Lutheran Church, 6626 N. Oliphant, at 10:30 a.m. on Tuesday, Aug. 16, for Blood Pressure and Diabetes testing.

The testing is held in the North Hall, in the basement of the church. For further information you may phone the church office at 631-9131.

OUR EMPLOYEES WEAR THE SAME THING TO WORK EVERY DAY.



If you think about it, the photos in this ad could have been a little different.

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But while that may or may not be the case, the most important thing you'll notice about us has little to do with apparel.

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Or if you have a question about any facet of our service, we'll gladly answer it.

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Debbie Temps hosts career fashion show

The fashion show will be held at various locations on the following dates: Saturday, Aug. 13, 10:30 a.m. to noon, Deerfield Hyatt, 1750 Lake Cook, Deerfield; Saturday, Aug. 20, 10:30 a.m. to noon, Embassy Suites, 1939 North Meacham, Schaumburg; Thursday, Sept. 8, 7 to 8:30 p.m.,

"Sexual Harassment on the Job" will be the topic of the August meeting of the Des Plaines/Park Ridge chapter of the National Organization for Women (NOW). Susan Margaret Vance, a Chicago attorney, will discuss current Illinois laws that deal with sexual harassment. The chapter will meet at 7:30 p.m., Thurs., Aug. 11, in the downstairs meeting room (adjacent to the Children's Room) of the Des Plaines Public Library, Graceland and Thacker streets, Des Plaines.

Vance is a member of the Chicago law firm of Arnstein, Gluck, Lehr & Milligan and has practiced in the area of women's

The Lake Suburban Chapter of Women in Management has planned its annual "Networking Evening" for Wednesday, Aug. 17.

This year's theme is "Getting to Know You: Back to Basics". This is a great opportunity for managerial women to meet to discuss common interests, exchange ideas, and make new contacts. The evening's networking activities will be facilitated by Phyllis Tingstad, of Tingstad & Associates.

The meeting will take place

from 5 to 7:30 p.m. at the Glen Rowan House on the campus of Lake Forest College. Cost is \$10 per person. Beverages and hors d'oeuvres will be served. Reservations can be made by calling 387-9097. Deadline is August 12.

Women in Management, Inc. is a support organization for professional women and women in management, founded to facilitate the exchange of experiences and ideas and to promote self-growth in management.

O'Hare Marriott, 8535 W. Higgins, Chicago.

Because seating is limited, reservations are required 3 days prior to each show. There is no charge and anyone interested in attending should call one of the following Debbie Temps, Inc. offices to reserve at seat soon.

Niles: 966-1400, Schaumburg: 893-5550 and Naperville: 355-4100.

The Bay Colony ORT Chapter of Women's American ORT (Organization for Rehabilitation through Training) will hold their annual Membership Drive and Mini Supper on Tuesday, August 23, at the Village Town Hall, 1700 Ballard Road at 6:30 p.m.

A variety of delicious dishes will be prepared and served by our very capable and efficient Bay Colony Board members. Supper will be followed by a Home Talent Show, and we promise you are in for a most

delightful treat. The charge for guests is \$5 and this amount will be applied to their dues if they join ORT that evening.

For more information on membership in the chapter, call 296-2444.

June Kramer is President of Bay Colony ORT and Ruth Soifer is Membership Chairman. ORT is the largest non-governmental vocational and technical educational system in the world, with schools and training programs in 34 countries.

The Niles Park District will host registration for our popular Ladies Choice Trips beginning Tuesday, August 16, 9 a.m. at the Administration Office, 7877 N. Milwaukee Ave. After Tuesday, registration will also be taken at the Ballard School Office, 8230 Ballard Rd., 9 a.m. to noon and 1 to 5 p.m.

A variety of fun and exciting trips have been assembled for our fall and winter seasons. Ladies Choice Brochures listing trip details will be available beginning Tuesday August 16. For registration information, call 987-6633 or 824-8860.

The St. Francis Center for Women's Health will offer "Plastic Surgery for Women: Is Beauty Skin Deep?" at 7:30 p.m. on Thursday, August 18. The lecture will include discussion of the benefits, risks, and proper motivation for plastic surgery. St. Francis Hospital Plastic Surgeon Harry A. Springer, M.D., and Appearance Consultant Mavis Springer will conduct the lecture.

Cost is \$5. The St. Francis Center for Women's Health is located at 1800 Sherman Place in Evanston.
To register or for additional information, call 492-3700.

The Swedish Covenant Hospital Resale Shop has scheduled another of its well-known bag Sales to begin on Wednesday, Aug. 10. Shoppers will be charged \$5 for each shopping bag full of merchandise they purchase. Shopping bags will be provided by the resale Shop. Sale items include men's, women's, teen's and children's clothing, household items, books and records—any item that is useful and in good condition. Shopping bags will be available through Friday, Aug. 26, during the hours of 10 a.m. to 3 p.m. Each Wednesday through Friday from 10 a.m. to 3 p.m. See the sign, ready for the event are: Liz Kay of Jefferson Park, manager of the teen's department; June Serrad of West Rogers Park, Resale Shop manager; and Mary Ginosi of Irving Park, manager of the women's department. The Resale Shop is sponsored by the hospital's Service Guild.

Park Ridge Post 3579 Veterans of Foreign Wars and its Ladies Auxiliary have won second place in the V.F.W. National Community Activities record book contest overall category for 1987-1988. They also won first place in division IV which consists of posts with more than 1,000 members.

Community service chairmen Frank and Elaine von Schwedler stated the post had actually spent over 11,000 hours working on the various programs which benefited close to 50,000 people in the community.

Jr. Past Commander Joe Ehle and Jr. Past Auxiliary President Sandra the post and assistant postmaster. Ehle and von Schwedler indeed honored to have earned this award but it is thru the hard work of our dedicated chairmen that this was made possible.

The national awards will be presented to the community service chairmen Frank & Elaine von Schwedler during the National Convention which will be held in Chicago August 19 thru August 23, 1988.

The Niles Park District will be taking registration for their 3 and 4 year old Fall Preschool Program on Wednesday August 24 between 9:30 and 11:30 a.m. for January 1, 1988 is also offered during our spring session, however you may register on August 24 and 25 for this program.

Niles Residents at the Recreation Center, 7877 N. Milwaukee Ave. Non-residents may register beginning Thursday August 25.

The Niles Park District offers a variety of classes which are 2 hours in length and are offered mornings and afternoons for 2 days, 3 days or 5 days per week. Children 3 years or older by September 1, 1988 may enroll in the 3 year old program and children 4 years or older by September 1, 1988 may enroll in the 4 year old program. A special class for children turning 3 between September 1, 1988 and

The Washington County Chapter of the American Historical and Genealogical Society will hold their first meeting the 1980-89 season Tuesday, June 18, twelve noon, at the Maine Township Hall, 1700 Main Street. The highlight of the afternoon will be the presentation of a special lecture by the author of a book followed by a short, informal talk by Miriam Drory of Des Moines, who will speak about her experiences at a District Meeting. The next meeting of the Washington County Chapter will be held on Tuesday, June 25, at 9:30 a.m. to 12:20 p.m. on Thursdays beginning Aug. 25 at Orono, 1600 E. Golf Rd., Des Moines.

Adjunct professor, Alice Smith, will examine the different views and attitudes about beauty and how those images are communicated. This is a special interest course open to both men and women, may be taken for three college credits or for audit.

For course information, call 655-1871.

The contradictions between the social messages and personal realities of women's bodies and beauty in American culture will be the focus of a fall semester credit course at Oakland Community College.

"Women's Bodies and Beauty" (SSC 290 001) will be offered from 9:30 a.m. to 12:20 p.m. on Thursdays beginning Aug. 25 at Oakland, 1600 E. Golf Rd., Des Plaines.

Adjunct professor, Alice Smith, will examine the different views and attitudes about beauty and how those images are communicated in the media. This special interest course, open to both men and women, may be taken for three college credits or for audit.

For course information, call 635-1912

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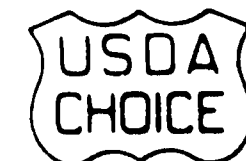
2—6 Oz. Cans MINUTE MAID
ORANGE JUICE CONCENTRATE
2—10 Oz. Pkg. BIRDSEYE CORN
2—10 Oz. Pkg. BIRDSEYE PEAS
2—10.5 Oz. Can CAMPBELL'S CHICKEN SOUP
2—6.5 Oz. Can STARKIST TUNA FISH
2—1 Lb. Pkg. LAND O' LAKES BUTTER
2—1 Lb. Pkg. OSCAR MAYER BACON
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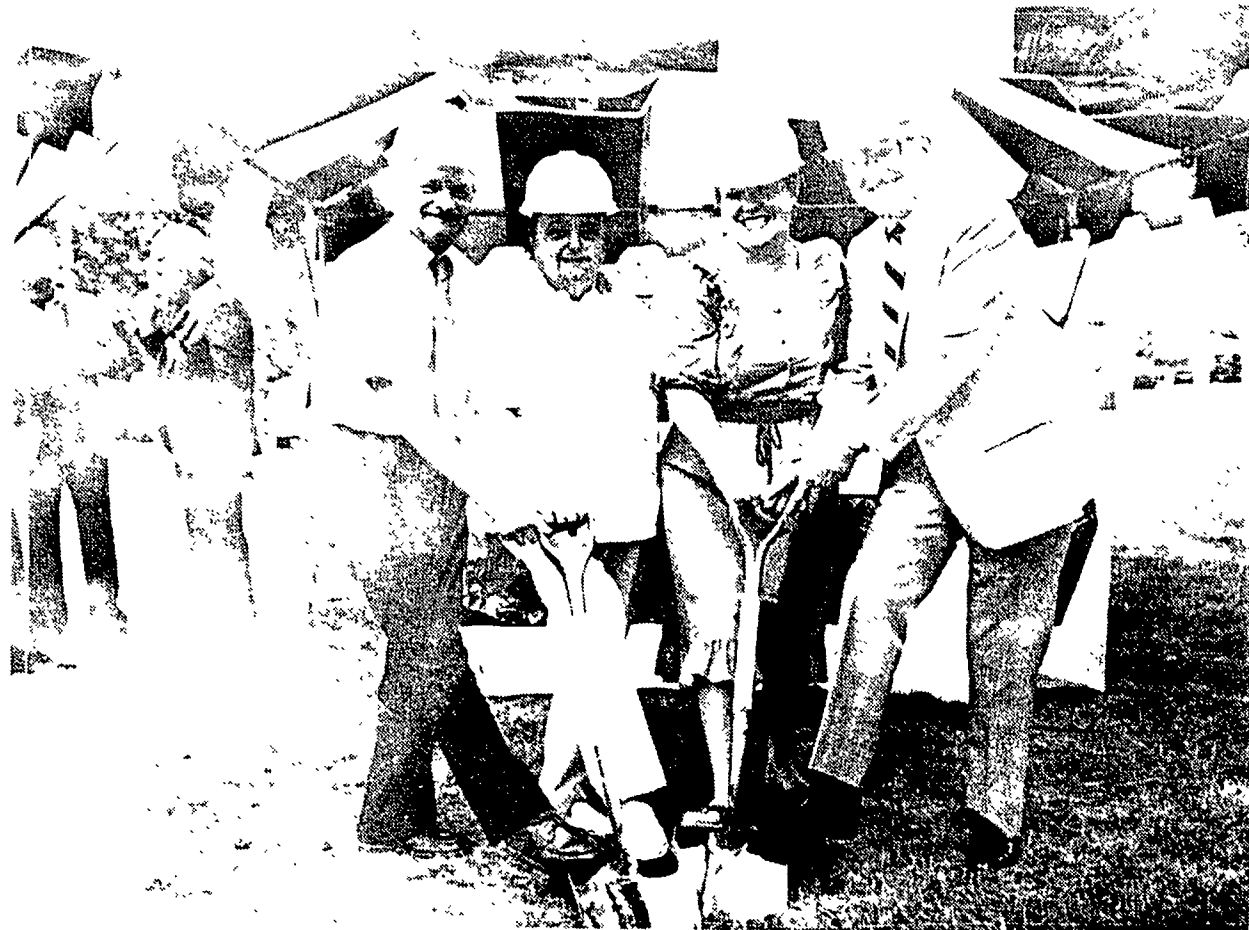
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Great Lakes Foods, Inc.

Rieck's Ace Hardware groundbreaking ceremony



Local officials met in Park Ridge on Friday, Aug. 5 for the groundbreaking of the new Rieck's Ace Hardware Store.

The new 21,000 square foot store will be located at 700 N. Northwest Highway in Park Ridge. The store is expected to be open in November, 1988.

At the groundbreaking were (l to r) Bill and Shirley Rieck, State Representative Penny Pullen and Park Ridge Mayor Martin Butler.

The new store will include 10,000 additional square feet of floor space for a larger selection of hardware items.

Volunteers needed for prairie restoration

Volunteers for activities that will help with the restoration of two local prairie lands are being sought by The Nature Conservancy, a national, non-profit conservation organization dedicated to the preservation of America's most ecologically significant lands.

Area residents are needed to cut brush, collect seeds, burn prairie lands and monitor plants to help rehabilitate Sommes Woods Prairie in Northbrook and Miami Woods Prairie in Morton Grove. Volunteer workdays in August for Sommes Woods Prairie will be held on Sun., Aug. 14, at 9 a.m.; Sat., Aug. 27, at 4:30 p.m. and Sun., Aug. 28, at 9 a.m. Workdays for Miami Woods will be held on Sun., Aug. 7 at 9 a.m.; Sat., Aug. 20, at 4:30 p.m.; and Sun., Aug. 21, at 9 a.m. Anyone interested in volunteering to help restore Sommes Woods Prairie or Miami Woods Prairie or taking the ecology tours should contact Ross Sweeney at 775-5003.

Skokie Park summer tennis tournament

Skokie Park District's summer tennis tournament will be held on Saturday and Sunday, Sept. 10, 11, 17, 18 at the Skokie Park Tennis Center. You can register in person at Devonshire Center, 4400 Grove St., August 8 through September 7, Monday-Friday, 9 a.m. - 5 p.m. and Saturday, 9 a.m. - noon.

The tournament will feature Men's Singles 18 and over-A and B division, Men's Singles 45 and over, Women's Singles 18 and over, Mixed Doubles 18 and over, Men's Doubles 18 and over, Women's Doubles 18 and over, High School Boys under 16 and under 18, Girls under 16 and 18. The fee is \$6 per person, per event. Please call Lori at 674-1500 for more information.

Dog training at Rand Park

Rand Park Dog Training Club announces 12-week obedience training for all breeds. Classes, ranging from puppy/beginner through utility meet every Tuesday, 7-10 a.m. at Rand Park Field House, 2025 Miner, Des Plaines. The fee is \$50. Orientation is Tuesday, Sept. 6 at 7 p.m. For more information/registration, call Judy Shortino at 724-2541.

Cystic Fibrosis Tag Days

Volunteers are needed on August 25 and 27 for Cystic Fibrosis Tag Days in towns across Illinois. Sponsored by the Cystic Fibrosis Foundation, volunteers will be asking for donations and passing out information on this fatal disease.

Cystic fibrosis is the nation's number one genetic killer of children, taking more lives than muscular dystrophy and juvenile diabetes combined. An estimated 10 million (1 in 20) Americans are genetic carriers of the disease.

In CF, thick mucus develops and interferes with proper breathing and digestion. Its victims die of respiratory failure and malnutrition.

Researchers are making tremendous advances towards finding the gene that causes CF. The discovery will help develop better treatments and, eventually, a cure.

To volunteer for or coordinate a tag team, contact Cheryl Lamm or Linda Higham at the CF Foundation, toll-free 1-800-624-5064.

Library's Computer calling

Area residents can now dial the catalog of the Niles Public Library District from their home or office computer with modem. This service is available to computer enthusiasts with either a 300 baud or 1200 baud modem. Communications settings are: Full duplex, Odd parity, 7 data bits, 2 stop bits. A handout giving complete instructions is available at the library's Reference Desk.

The phone numbers for the library's computer are: 459-8376 for 300 baud and 459-4878 for 1200 baud. The computer, located in Wheeling, contains the holdings of the twenty-three libraries in the Cooperative Computer System, of which Niles Library is a member. Therefore, the computer displays the holdings of all twenty-three libraries, not just Niles.

This service is generally available all hours Monday through Friday except 9 p.m. to midnight and all hours Saturday and Sunday except 6 p.m. to 9 p.m.

Drivers Course review

Secretary of State Jim Edgar, in Cooperation with the Park Ridge Senior Center, is offering a Rules of the Road Review Course for all citizens in the Park Ridge area.

The purpose of the course is to help applicants pass the Illinois Drivers License renewal examination. It updates drivers on the current rules of the road, explains the vision and the driving ability examinations, and prepares applicants for the general written and road sign examination.

The Rules of the Road Review Course will be held at the Park Ridge Senior Center, 100 S. Western, Park Ridge on Aug. 17 from 1 to 3 p.m.

The course is free to everyone, any age, who wishes to attend. For more information, please contact 823-2144 or 1(800)252-2804.

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Off the Niles Police Blotter...

Thefts...

A resident in the 7800 block of Kenney St. reported Aug. 4 that someone gained entry to his house by smashing the back door window with a brick. The offender then reached inside and unlocked the door.

The house was ransacked and \$58 was taken from a wallet and \$55 from a dresser.

Persons unknown used a rock to break the rear door window to a house in the 8100 block of Medill on Aug. 4.

Taken were two men's diamond rings worth a total of \$7,000 and \$45 in currency.

A 1987 Ford was stolen from the parking lot of the Golf Mill shopping center on Aug. 4. Value of the car was undetermined.

Persons unknown used a slim jim to gain entry to a car in the 9700 block of Fox Glen on July 28. Once inside, the offenders removed a fishing tackle box containing assorted fishing lures and accessories valued at a total of \$400.

The owner of a pizza shop in the 9100 block of Milwaukee Ave. reported Aug. 4 someone used keys to enter the premises and

removed \$400 from a safe. A follow-up was requested.

Two men were observed in a store in the 8200 block of Golf filling a shopping cart with several cases of beer and various six-packs of beer. When the cart was filled, one man pushed it past the cash register and left the store.

When an employee approached the offenders, they fled with several employees in pursuit, they lost them in the Golf-Washington area.

A 1987 Plymouth of undetermined value was stolen from a rental car agency in the Golf Mill shopping center on July 30.

An employee of an appliance store in the 7300 block of Dempster told police July 30 that a man made out a check for \$426.73 for some purchases. When she began to check the number on the check, the offender fled the premises.

A Des Plaines man was arrested for retail theft at K-Mart on Aug. 1.

A security agent observed the offender switch a \$37.88 price tag from a marked down telephone to another phone with a price tag of \$150.88 and attempted to pay the lower price at the check-out counter.

He was released on \$1,000 bond pending an Aug. court date.

The manager of a store in the 8400 block of Golf Rd. reported July 30 someone broke the front door window and a check of the interior of the building revealed nothing had been disturbed. A special watch was requested.

The manager of a dress shop in the Golf Mill shopping center noticed a pair of blue jeans worth \$22 missing from a counter on Aug. 3. When he approached a man carrying an oversized bag, the alleged offender ran through the shopping mall and was not apprehended.

A Lemont man was arrested for drunk driving, driving while suspended, improper use of registration, possession of cannabis, and failure to wear a safety belt on July 31.

Two drivers injured in 4-car accident

A Niles man was cited after he was involved in an accident that caused a chain reaction with three other vehicles on Aug. 4. According to police reports, the offender was southbound on Milwaukee in the 6600 block and on seeing a vehicle stopped for

traffic in front of him, left the center lane over double yellow lines and hit another car head on. That car was northbound in the center lane and sideswiped a third car traveling in the curb lane.

The offender started to spin around crossing back over double yellow lines and struck a fourth vehicle southbound on in curb lane. Two of the drivers were taken to Lutheran General Hospital for treatment.

Motor vehicle accidents...

A Wisconsin man was cited after he was involved in an auto accident on Aug. 4.

The offender was traveling on Milwaukee in the center lane and struck a car stopped in traffic.

A September court date was assigned.

A Niles woman was arrested Aug. 2 for failure to yield and no vehicle tag after she was involved in an accident.

Investigation showed she was attempting to turn from Kedzie and struck a car turning north in the center lane.

A Chicago man was arrested for driving while suspended, no rear bumper and no seat belt on July 28.

The offender was spotted traveling westbound Cleveland with no rear bumper and a traffic stop was initiated by police.

He was released after posting \$1,000 bond and assigned an Aug. court date.

Police find drugs after stopping suspicious car

According to police officers, a citizen stopped a squad car to tell police a suspicious car was driving through the parking lot of the Golf Mill shopping center after a dumpster fire was observed near a building.

Officers saw the described car

on Davis St. west of Greenwood, stop was initiated and while questioning the offender, police spotted a bag of brown leafy substance on the floor suspected to be cannabis.

He was released on \$3,000 bond and assigned an Aug. court date.

Vandalism...

Someone threw a bottle against a driver's window of the victim's car causing undetermined damage on Aug. 4.

A resident in the 8300 block of Clara Ct. reported July 29 someone put red paint on her garage door and side of the building. Damage was undetermined.

Woman shot by BB gun

A Niles woman told police on July 31 that she was walking with a friend in the 8300 block of Oak St. and felt something strike her head. The friend after inspecting the victim's head said she had a pellet wound from a BB type gun. Police took her to Lutheran General Hospital.

Traffic Safety Hints on animals

When an animal darts across a street or highway, you may need to make a split-second decision on whether to hit the animal or swerve to avoid it. Your decision could mean the difference between safety or injury to yourself and other drivers.

In urban areas, pets, squirrels, raccoons and other small animals frequently cause collisions. Avoid hitting the animals if it can be done safely. However, if you brake suddenly you risk being hit from behind, and if you turn suddenly you may collide with oncoming cars.

Since there is less traffic in rural areas, there is less risk of an accident if you swerve to avoid the animal. Hitting large farm animals can be hazardous to you and your vehicle. Avoid hitting

them unless other vehicles are near.

Approximately 10,500 Illinois motorists were involved in accidents with animals last year, according to the Illinois Department of Transportation. The accidents resulted in 707 human injuries and two fatalities.

More than half of the reported accidents with animals involved deer, and almost all of those accidents involved property damage. According to the Illinois Department of Conservation, deer are most active at dusk and can weigh more than 300 pounds. If you are on a crowded highway when a deer crosses the road, brace yourself and try not to swerve. However, if no other motorists are near, it is better to swerve away from the animal.

Free Colorado Blue Spruces

Ten free Colorado blue spruces will be given to each person who joins The National Arbor Day Foundation during August.

The free trees are part of the nonprofit Foundation's effort to encourage tree planting throughout America.

"The Colorado blue spruces will have many uses in your home landscape," John Rosenow, the Foundation's executive director, said. "With their silver blue-green color and compact conical shape they can be used as individual ornaments, an energy-saving windbreak, a privacy

screen, or as living Christmas trees." The trees will be shipped postpaid at the right time for planting in September or October with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow, or they will be replaced free of charge.

To become a member of the Foundation and to receive the free trees, send a \$10 membership contribution to Ten Blue Spruces, National Arbor Day Foundation, 100 Arbor Ave., Nebraska City, NE 68410, by August 31.

You're on "E" What to Do

Sure, you should have filled up 50 miles back—but you didn't. Now the fuel gauge says "empty" and the road ahead looks long and lonely.

The Motor Vehicle Manufacturers Association (MVMA) has a few tips on how to get the most out of your gas:

—Turn off the air conditioning; it'll cut your fuel consumption by an average of 6 percent, depending on your speed. Crack a window or open a vent.

—Drive at an even speed. Sudden acceleration to pass cars or sharp braking at curves soaks up fuel. Pretend there's a full cup of coffee sitting on the instrument panel and you don't want to spill a drop.

—If you have to stop less than a minute, let the car idle. If longer, switch off the engine. A rule of thumb is that restarting takes about the same amount of fuel as 30 to 60 seconds of idling.

Finally, good luck.

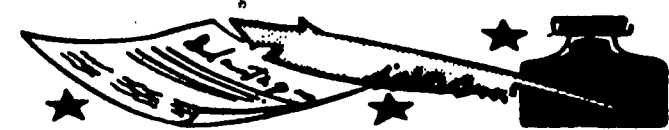
KU Summer Orientation participants

More than 110 new freshmen visited the University of Kansas July 23 for the 17th of 18 orientation sessions scheduled this summer.

Those attending the July 23 orientation enrolled in the College of Liberal Arts and Sciences. Orientation gives students and their parents an opportunity to become familiar with KU activities and services.

Area students who attended the July 23 session are: Erica L. Gusland, Park Ridge; and Yoon Hee, Skokie.

The Readers Write



Sutker supporter urges re-election

Dear Editor:

As a former Schoenberg supporter, I am starting to think ahead to electing my local state representative in November and I want to share my views on the criteria I used in making a decision.

I liked what Mr. Schoenberg had written publicly showing unity with Mr. Sutker after the recent primary by state that Calvin Sutker, State Representative for the 56th district is the only candidate who demonstrated a commitment to protect the consumer, a commitment to educate our young people, and to meet the changing needs of our areas' growing older citizens population.

I was also impressed when I

learned that State Representative Sutker had been endorsed by the I.V.I. statewide by being the recipient of the Ethel Parker Award for "Best Legislator" for 1988. I understand the criteria used in picking the best legislator is extensive.

With the recommendation of a former opponent who is now in total support of Mr. Sutker and with the endorsement of the Independent Voters of Illinois in mind, it is clear to me the people of this community can best be served by returning 56th State Representative Calvin Sutker to the State Legislature in November of 1988.

Thank you,
Harold Cohen
Skokie, Ill.

Chamber expresses

Dear Diane:

"I understand the criteria used in picking the best legislator is extensive." I was also impressed when I learned that State Representative Sutker had been endorsed by the I.V.I. statewide by being the recipient of the Ethel Parker Award for "Best Legislator" for 1988. I understand the criteria used in picking the best legislator is extensive.

With the recommendation of a former opponent who is now in total support of Mr. Sutker and with the endorsement of the Independent Voters of Illinois in mind, it is clear to me the people of this community can best be served by returning 56th State Representative Calvin Sutker to the State Legislature in November of 1988.

Thank you,
Harold Cohen
Skokie, Ill.

The Bugle urges all its readers to submit Letters to the Editor pertaining to local issues or in response to editorials appearing in the paper. All letters must be signed and contain the name, address and telephone number of the writer. No letter will be printed in The Bugle unless this information is furnished. Of course, this information will not be printed if the writer requests same to be withheld.

RE/MAX hot air balloon in Niles area

Residents of the Niles area will need to keep their heads up and their cameras ready, when the RE/MAX hot air balloon soars over their communities during the week of August 7.

The 70-foot-high RE/MAX hot air balloon is flying over various cities in Northern Illinois, from August 1 until September 15 as part of the "Spot the RE/MAX Hot Air Balloon Photo Contest." The person who takes the best photo will win a deluxe Yashica 200 AF Autofocus SLR camera (with 35mm to 70mm zoom lens, case and flash unit) provided by Lion Photo, plus the chance to fly aboard the hot air balloon. Second, third and fourth place winners also will receive Yashica 35mm cameras courtesy of Lion Photo. All entrants also will be eligible for a sweepstakes drawing for a free ride in the RE/MAX balloon.

Winning photographs will be selected by an expert panel of judges, based on originality, technical merit and composition.

Betty Hegner, President of RE/MAX of Northern Illinois, suggests that photo buffs keep their cameras ready early in the morning and just before sunset.

"The balloon will normally be launched at dawn or about an hour before dusk," she said. "Because of the uncertainty of weather and wind conditions, we can't pinpoint the exact times,

dates and locations where the balloon will be visible."

Contestants can pick up entry forms at any of the 97 RE/MAX of Northern Illinois offices, or at the 18 different Lion Photo locations in the Chicago area. All entrants who have their RE/MAX hot air balloon photos processed at Lion will receive a free roll of Fujicolor Super, HR100 film, when they pick up their photos.

Contestants must show their entry blanks to receive their free roll of film, and are limited to one roll of film.

RE/MAX of Northern Illinois is a network of 97 individually owned and operated full service real estate offices. It is also part of RE/MAX International, which has more than 1,300 offices in the United States and Canada and more than 20,000 licensed agents.

Nite at the Races benefit

The Goland-Orenstein-Sherman Memorial Chapter of the Leukemia Research Foundation cordially invites the public to join them for the Annual Nite at the Races on Saturday, Aug. 20, at Sportsman Park. Cost is \$9 per person which includes a buffet dinner.

Proceeds for leukemia research. For further information call 480-1177.

Raised funds for Chicago Maritime Museum



Rita and Ralph Freese of Niles, and Joan and William Ballenger of Deerfield, help the Chicago Maritime Society raise \$20,000 toward a new Chicago Maritime Museum at the North Branch of the Chicago River.

The fundraiser will benefit the nautical-related institution which will open in late 1988 at North Pier Chicago. The Society includes members who are civic and cultural leaders as well as those who are interested in coin collecting.

For more information, phone 836-4343.

Coin Collector's Show

The next date for the Chicago Coin Bourse will be held at the Leaning Tower YMCA, 6300 Touhy, on Sunday, August 14 from 10 a.m. to 4 p.m. Admission

is free and there is ample free parking. Eighteen experts will have exhibits on display and will be available to appraise and identify any coins, medals, tokens or paper money presented. All persons interested in coin collecting are cordially invited to attend.

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I Bet You Didn't Know



By Jim Jennings

Did you know that last season was the first year in the history of major-league football that two teams from the same state finished No. 1 and No. 2 in the final AP and UPI football polls? The teams of 1987 were Miami of Florida and Florida State.

Surprisingly, although there are lots of football stadiums in America that seat over 65,000 people, there is only one big league baseball park in the nation that seats over 65,000. That is Cleveland Stadium which seats 74,383.

Here's proof that sometimes you shouldn't give up on a player too soon. When the great Willie Mays first came to major league baseball in 1951, he failed to hit in 26 of his first 27 times up. He was batting .037. At that moment it didn't look like Mays would become one of the greatest players of all time—but he did.

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Park District News

MNASR honors Park Commissioners



MNASR (Maine Niles Association of Special Recreation) honored Niles Park Commissioner Mary Marusek with a plaque for her service as a MNASR Board member during the 1987-88 year. Shown above pictured left to right, Park Commissioner Val Engleman, Elaine Heinen, Mary Marusek, MNASR Board Members Joy Marie Sheehan and Nick Bosnos, MNASR Director

Board congratulate senior men



The Niles Park District Board of Commissioners congratulated the Niles Park Senior Citizens Club members for their success. As part of the program, the seniors held on going team fitness competitions. Pictured with senior members are Board Member Mary Marusek, staff Greg Kapka, Board Member Val Engleman, Walt Buesse and Elaine Heinen. The program is led by Bill Zilmer.

Youth Soccer Registration

The Niles Park District is now accepting registration for its Fall Soccer League. The league is open to boys and girls, grades 3-8 and divided into grade divisions which includes practice time, games, use of equipment and uniforms consisting of a soccer shirt and shorts.

The league will begin the week of September 5 and continue through October with youth in grades 3 and 4 playing Tuesday evenings and Saturdays; grades 5 and 6 playing Thursday evenings and Saturday, and grades 7 and 8 playing Friday evenings. Team practices will be scheduled during various times during the week.

Registration is also being taken for the Pee Wee Soccer Program which is designed for girls and

boys in grades 1 and 2. This program introduces the game of soccer to youngsters. The program will meet every Saturday 10 noon from September 17 to November 5. The cost of the program is \$27 which includes playing time, use of equipment and a uniform consisting of a soccer shirt and shorts. Soccer registration may be made at the Niles Park District Administrative Office, 7877 N. Milwaukee Ave.

Soccer Coaches sought

The Niles Park District is seeking Soccer Coaches for the 1988 Fall Soccer season. If you are interested in volunteering your time, please call our Athletic Supervisor, Joh Jekot at 824-8880.

Jozwiak Park Mini-golf and Batting Cage Facility

Niles Park District's Jozwiak Park Mini-Golf and Batting Cage Facility is open 7 days a week from 12 noon to 10 p.m. Visitors may golf 18 holes at the cost of \$2/adults, \$1.50/youth under 12. A 25% discount applies every day from 12 noon to 4 p.m. Baseball

and Softball Batting Cages are available at the cost of 7 balls for 25¢. In addition, Jozwiak offers custom party packages, group rentals, concessions and a playground for youth. For additional information, please call Jozwiak at 647-9092.

MG Football Leagues

The Morton Grove Park District is accepting applications for Men's and Women's Flag Football Leagues for the Fall. For more information, call Gordon Jacobson at 965-7447.

Soccer Fun Day

The Niles Park District will once again host Soccer Fun Day at Golf Mill Park on Saturday August 20, 11 a.m. Golf Mill Park is located at Church St. and Cumberland St., just south of Golf Mill Shopping Center. This event is free and open to all children in grades 1-8.

The day is designed to introduce new Soccer players to the sport and welcome back last years players.

There is no registration necessary for this event. For additional information on Soccer Fun Day, call 824-8880.

Tam Open set

Niles Park District's Tam Golf Course at 6700 Howard St. will again host the Tam Open on Sat., Aug. 27. Registration is now being taken for this event at the course. Golfers will be given a handicap and will be divided into a men's division, women's division or a junior division. The Open will include 18 holes of golf with trophies awarded to the winners. For details on the event, please call Chris Schultheis at the course, 965-9697.

Lifesaving Class

The Niles Park District will host a Life Saving Class at the Recreation Center Pool, August 22-26, 8 a.m. to noon. This class will offer lifesaving certification. The cost is \$50 which includes all supplies. Registration is being taken at the Administrative Office, 7877 N. Milwaukee Ave. Call 967-6833 for additional information.

STARTS SEPT. 17th **BOYS-GIRLS** STARTS SEPT. 17th



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Registration Will Be Held
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Spray paint helps prevent rust, beautifies as it protects. Available in a wide variety of bright colors.

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JIMMYPROOF LOCK

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Secure single cylinder lock with 2 interlocking bolts operates by key outside, thumb turn inside. Provides extra security.

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\$5.88

20138

Lasts up to 50 times longer than conventional steel blades. Cuts through more difficult materials faster and smoother.

7 1/4" 18 Carbide Teeth

24991

2 1/2 HP motor designed for tough cutting jobs. Features all ball-bearing construction. Includes blade and blade wrench.

ACE DRILLMINDER
13 PC. DRILL BIT
SET

\$7.77

25842

Features 13 high speed steel drill bits in a convenient dial-a-drill dispenser.

TWIST-N-LOCK SAW SET

\$7.77

23847

Handy saw includes blades for cutting wood, wallboard, metal and plastic. Just twist into handle to easily change blades.

ACE UTILITY PUMP

\$49.99

40003

Portable pump for pools, basements, boats, hot tubs, etc. Pumps down to 1/4" of surface, pumps 1200 GPH at a 3 ft. head.

"LITTLE PETE"
DRAIN AUGER

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ACRYLIC LATEX REDWOOD STAIN

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Fast drying stain enriches natural wood texture for long-lasting beauty indoors or out.

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TUNG OIL

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11134 11138

High or low gloss oil protects & beautifies wood, gives a hand-rubbed finish.

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OF PARIS

\$1.19

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Interesting Facts From John Jennings



Can you name the only U.S. state that borders the Atlantic Ocean-yet, part of that state is NOT in the Eastern Time Zone, but is in the Central Time Zone? Answer is Florida.

Did you know that a county sheriff once became President of the United States? Grover Cleveland was sheriff of Erie County, New York, from 1871 to 1873 and became U.S. President in 1884.

Originally, all airline flight attendants had to be registered nurses.

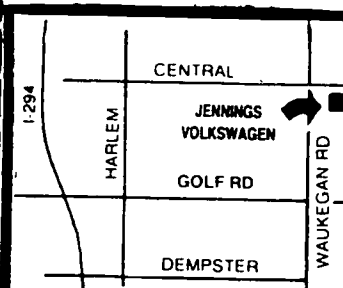
Oddly, the world was completely unaware of the huge continent of Antarctica until 1820 when it was discovered by a 21-year-old seaman, Nathaniel Palmer of the U.S.

And, here's another interesting fact...

If you mention this ad after your deal is consummated (but before delivery) Jennings Volkswagen will deduct \$50 from the purchase price of your new or used car. One deduction per customer. One deduction per transaction.

Expires Aug. 18, 1988

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Friday:
8:30 AM-6:00 PM
Saturday:
9:00 AM-5:00 PM

SPORTS NEWS

HFL Realtors have golf outing



Eight members of the Chicagoland Council for Homes for Living Real Estate Golf Outing Committee met to finalize plans for the big event on Wednesday, Aug. 17 at Villa Olivia Country Club in Bartlett. Seated (l-r) Craig Lancaster and Hugh Kelly, chairman, of Wm. L. Kunkel & Co., Realtors*, Des Plaines; and Betty Kunzweiler of Associates Realty Corp. in Palatine. Standing: Aleta Schneider, Kunkel, Howard Braemer, Country Oaks, Inc. Elgin, Frank Genualdi, Fallico & Associates, Park Ridge, Les Stein, Kunkel, and Laurel

Junior Olympics participant

Jerry Rescorer, age 11, of Des Plaines will be participating in the Junior Olympics this year. The Junior Olympics will be held in Lawrence, Kansas beginning on August 11.

Jerry will be in the Tae Kwon Do events. He has been a student

Men's Softball registration

Skokie Park District is now accepting registration for our Fall Men's Softball League. Leagues will begin play the week of August 15 and registration is currently in progress at Devonshire Center, 4400 Grove. Register in person only, Monday-Friday, 9 a.m. - 5 p.m. Saturday, 9 a.m. - noon.

JUNIOR BOWLERS REGISTRATION

Saturdays - August 13th and 20th

10:00 AM to 2:00 PM

REGISTRATION FEE \$5.00

SATURDAYS AT 9:30 AM

PEE WEES Age 5 to 7 (2 Games Only)
BANTAMS Age 8 to 11
JUNIORS Age 12 to 14

SATURDAYS AT 12:30 PM

JUNIOR-SENIORS Age 12 to 18
BANTAMS Age 8 to 11
BUMPER BOWLING (New) Age 4 to 7
1st DAY OF BOWLING SAT., AUG. 27th

BRUNSWICK NILES BOWL
7333 MILWAUKEE AVENUE
647-9433

Niles Nuggets Semi-Pro Baseball Team

The weather did not cool down and neither did the Nuggets! Yes, the team had a severe case of Nugget Fever, so severe in fact, it took them right in to first place in the North Division of the Greater Illinois League! The Nuggets sponsored by the International House of Pancakes at Golf Mill, won 11 of their last 12 games and finished the regular season with a 14 win - 6 loss record.

NUGGETS 12 - AMERICANS 4

The Americans were right behind the Nuggets and it was a must win situation. Dave Gieve pitched an outstanding game with 7 strike outs, 2 walks and allowing 4 runs. The Nuggets had 15 hits and played an errorless game! Dave Norman and Mike Starshak both had a single and a homerun, Dave driving in 3 and Mike 2. Lee Breitzman and Bob Gattuso each had a single and a triple, driving in 1 run apiece. Mort Schufreider had 2 singles and a double with 2 RBI's. Dave Denten had a single and a double and Tom Gladden and Tim Hanson each had a single. The Nuggets were determined to win and insure their first place position.

NUGGETS 18 - OAK PARK 14

The Nuggets enjoyed some Nugget hot dogs and pop at Loyola before travelling to Oak Park High School on Sunday, July 31. We all had a great time and were ready for Oak Park! Oak

Park managed to score 8 runs in the first 2 innings, but the Nuggets scored 11 of their own in the first 2 innings! Nugget pitcher Chris Pontikis got the win after pitching the first 2½ innings only giving up one hit, then Bob Gattuso came in relief and pitched the last 4½ innings, only allowing them 4 more hits while the Nuggets hot bats collected 17 hits and scored 18 runs! Lee Breitzman continues to swing a hot bat, hitting 3 singles. Dave Norman is setting a record of his own hitting a single and a towering homerun with 4 RBI's. Mike Starshak had a single and a triple, 2 RBI's. Tom Gladden had a single, a double and 3 RBI's. Dave Gieve got a chance to play the field in this contest and hit 3 singles and made a great diving catch in left field to make the final out of the game!

The Nuggets have finished in second place several times, but this is the first League Championship. This team is having fun, they are playing like champions, and they are representing themselves and Niles with dignity and honor. We are proud of them and their fine efforts. It's not too late to catch some Nugget Fever because we will be playing in the league tournament games on August 13 and 14 at Ridgewood High School in Norridge. August 13 will be at 11 a.m. and August 14 will be at noon. Come out and see us!

Men's 16" Softball League

Niles Park District League Standings

"A" DIVISION		"B" DIVISION	
Team	W-L	Team	W-L
Squat Team	13-2	Loggers	11-4
Old #7	14-2	Midwest Co.	10-6
Candlelight Jewelers	13-2	Slammers	10-5
Express	8-7	Nutcrackers	12-4
Yardbirds	9-7	Great Godfrey Daniels	10-5
Un-Nailers	8-6	Coca-Cola	9-6
M.T.Y.D.	5-10	B-Team	6-10
Grapes	4-12	Marshall Fabrics	3-13
Harlem Shooters	3-13	Rusty's Tavern	3-13
O'Neals	0-16	Salerno Co.	3-13

Women's 12" Softball League

Niles Park District League Standings

"A" DIVISION		"B" DIVISION	
Team	W-L	Team	W-L
Synergy	6-0	Chicks	6-1
Head First	5-1	Minelli's	5-1
Castaways	4-2	Lasko's	4-3
Pat's Place	3-3	Here's Cheers	3-4
C-U-Monday	0-6	1st National Bank	2-4
River's Edge	0-6	Bradford Exchange	0-7

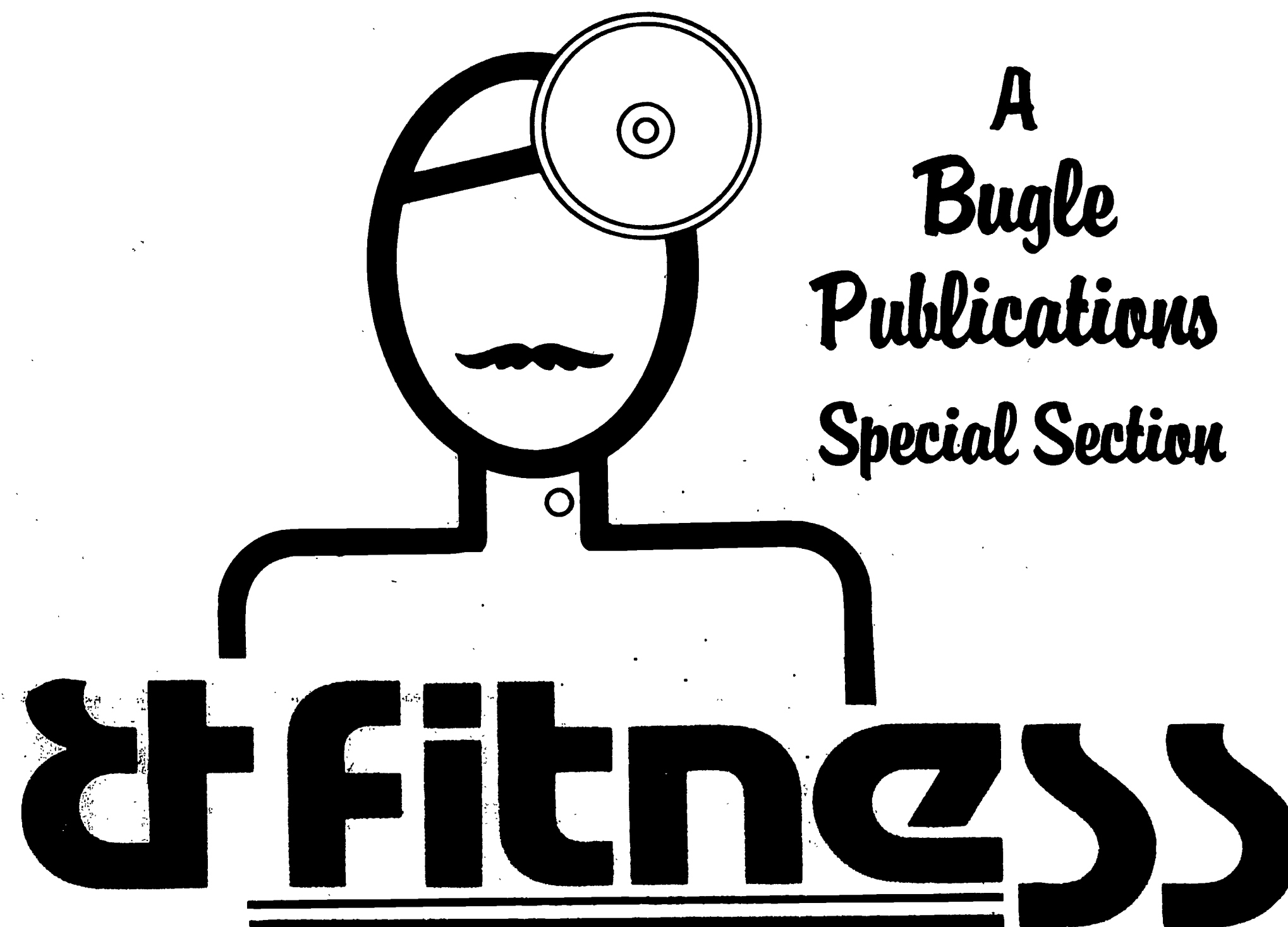
UNI interim women's basketball coach

Michael S. Fogel has been named interim women's basketball coach for Northeastern Illinois University. Fogel, a native of Arlington Heights, comes to Northeastern from California State University in Los Angeles where he served as men's assistant basketball coach. Fogel has 10 years of athletic experience on the college level including five years as an assistant

basketball coach. He is familiar with Chicago-area athletics, having recruited in Chicago for both Lawrence University and Macalester College.

Fogel is a graduate of Lawrence where he played basketball for four years. He also holds a master of science degree in sport management from the University of Massachusetts-Amherst.

A Bugle Publications Special Section



Health

A Supplemental Guide
to your continued
Health and Fitness

health & fitness

On Medical Staff

Jerome Dalinka, D.O., of Lincolnwood has joined the medical staff of Rush North Shore Medical Center as a member of the department of family practice.

He is certified by the American College of Osteopathic General Practice and is an adjunct associate professor in family medicine at the Chicago College of Osteopathic Medicine, as well as a member of the medical staff at the Chicago Osteopathic Hospital.

A native of Brooklyn, New York, Dr. Dalinka was graduated from Brooklyn College and received his doctor of osteopathy degree from the Chicago College of Osteopathic Medicine, where he also served a rotating internship.

Dalinka holds membership in the American Medical Association, the Illinois State Medical Society, the Chicago Medical Society, the American Osteopathic Association, the American College of Osteopathic General Practice and the



Jerome Dalinka, D.O.

American Medical Society on Alcoholism and other Drug Dependencies.

He and his wife, Eileen, have two children: Alan, 20 and Joel, 17.

Bio-Laser Institute awarded research contract

The Midwest Bio-Laser Institute (MB-LI), located at Wenske Laser Center of Ravenswood Hospital Medical Center, 4550 N. Winchester, Chicago, was awarded a large, four-year contract by the Strategic Defense Initiative Organization (SDIO) for research on the medical uses of free electron lasers (FEL).

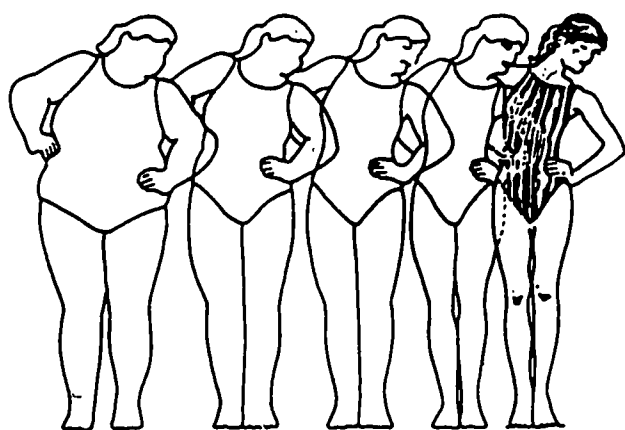
FEL's are relatively large devices in which electrons are accelerated to high energies and passed through magnetic fields in such a way that intense pulses of laser light are generated.

The Midwest FEL project is headed by a group of Chicago-area physicians, scientists and engineers who have been col-

laborating for a number of years on laser applications in medicine. The project director is Dr. Leonard J. Cerullo, a well-known laser surgeon who heads the Chicago Institute of Neurosurgery and Neuroresearch.

Research on the project will be carried out by a faculty team at Northwestern University consisting of Drs. Max Epstein, Michel Marhic, Kenneth Spears and W. Zev Rymer, and a collaborative group at Illinois Institute of Technology and Wenske Laser Center, the latter being headed by Dr. Leonard I. Grossweiner.

Is Losing Weight A Losing Battle?



It may be your metabolism!

Losing weight is only possible by burning off calories. If your metabolism has slowed from aging, smoking cessation, crash diets or childbirth, then you are not burning calories like you used to and you are gaining weight.

At Lifestyle Medical Center a licensed physician will custom design a program to re-adjust your metabolism so you will burn calories easier, safer and faster without starvation dieting or strenuous exercise.

Call for a free consultation to get the facts



Lifestyle Medical Center
916-0555

New Metabolic Weight Loss Center Opens

Is Losing Weight a Losing Battle? Dr. Barbara Leonard, the Medical Director for Lifestyle Medical Center has adopted this slogan to convey her concern about the frustration millions of Americans are experiencing in their efforts to lose weight. Of particular concern to her is the ever increasing failure of most people to lose weight permanently. She has found from her experience in the treatment of overweight people that most diets fail because people are usually on the roller-coaster diet syndrome of on-again off-again dieting which ultimately lowers a person's metabolism and makes losing weight impossible even at extremely low caloric intake levels.

While practicing as a Pathologist and later as a Resident in Family Practice, Dr. Leonard became interested in metabolism as it relates to the body's ability to maintain its

ideal weight. She felt there was a need to provide people with a program that would consider each person's particular metabolic situation. She understands that all dieters are not created equal and that a person's weight problem may result from any of a number of causes. Some people who have had a lifelong weight problem may have inherited a tendency for a low metabolism, while others may have acquired a lower metabolism for a variety of reasons, such as aging, crash dieting, childbirth, low activity levels or a medically related problem. Regardless of the reason, she believes that in order to achieve permanent weight loss a person's metabolic set point must be lowered to a level that allows the body to efficiently burn calories.

At the Lifestyle Medical Center, Dr. Leonard custom designs a program for each pa-

tient. After a sophisticated metabolic workup, her team of health professionals, which includes a Registered Dietitian and behavioral modification counselor, design a program specifically for that person. During Dr. Leonard's treatment, the patients also learn how to adjust their food consumption to fit their lifestyle. No crash or starvation diet or other prepackaged foods are allowed. They eat real food.

Dr. Leonard attributes the success of her program to the fact that she sees her patients on each visit and as a Licensed Medical Doctor is available for other medical needs. As a result, upon completion of the program each person has the knowledge based on an optimum balance of nutrition and exercise to remain slender and healthy for a lifetime.

To learn more about Dr. Leonard's program call 916-0555.

Eye care vital to good health

One of the greatest gifts is sight. Our eyes can sense about 10 million gradations of light and seven million different shades of color. The eye is the light of the mind.

The eye also serves as an early warning sensor for various bodily diseases and is itself subject to disease.

"The human eye is a sensitive, complex mechanism that we too often take for granted. It is one of our most important senses. Periodic eye exams should be a part of each person's health care plan," said Karl W. Scheribel, M.D., of Wilmette associate professor of ophthalmology at Loyola University Medical Center and acting chairman of the department.

He explained that with the growth of pediatric ophthalmology, there has been earlier detection of eye problems in children.

"Two common problems are cross-eyed and decreased vision in one eye without any crossing," Dr. Scheribel stated. "If either problem is detected before the age of eight, it can, in many cases, be corrected with glasses."

A major advance has been the capability to save the sight of

high risk infants and babies who have low birth weight. These babies often contract a disease called retinopathy of prematurity, formerly known as retrolental fibroplasia. What happens is blood vessels grow abnormally destroying the undeveloped retina and cause blindness. This problem results from the babies exposure to high oxygen levels when treated for respiratory distress.

Portions of the eyes are frozen to destroy tissue that produces the chemical which stimulates abnormal blood vessel growth. These infants are checked for any signs of retinopathy of prematurity and, if discovered, treated within four days after being born.

Dr. Scheribel emphasizes the importance of having routine eye exams as we grow older. Cataract is the leading eye disease among adults, and one of the leading causes of blindness. More people have been blinded by cataract throughout the ages than any other affliction of the eye.

The disease normally takes 10 to 15 years to develop and affects people who are 65 or older. Although some cataracts can be corrected with glasses, most re-

quired surgery to remove the affected lens. Some patients have intraocular lenses implanted during the operation. The majority of patients are fitted with new, more powerful glasses in the post-operative state.

Another major eye disease is diabetic retinopathy which can occur 20-25 years after the onset of juvenile diabetes or 15 years after the beginning of adult diabetes.

"Diabetic retinopathy blinds more people between the ages of 20 and 74 than any other disease," Dr. Scheribel said. "This disease damages the capillary network of the retina. It causes the growth of abnormal blood vessels which destroys the retina tissue. Often hemorrhages develop in the eyes. We use laser photocoagulation treatment to lessen the effect of the abnormal blood vessels. All we can do is slow the disease's progress. There is no cure at this time."

Glaucoma is another leading cause of blindness.

"Ophthalmologists routinely run tests for evidence of glaucoma when doing eye exams because this is a disease that begins with little or no symptoms. Pressure will rise in the eyes without the person being aware anything is wrong; it occurs slowly over a long period of time," Dr. Scheribel explained.

Some of the first symptoms persons notice is the loss of their side vision; they have difficulty crossing the street and they bump into things. Glaucoma can incapacitate individuals long before they lose their sight.

Dr. Scheribel said that using topical medicines such as beta blockers have been successful in treating glaucoma. Beta blockers decrease the formation of fluid. Surgery is performed when patients cannot tolerate the medicine or it no longer keeps fluid pressure low enough to stop damage.



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health & fitness

Leopold Hearing Aid Service

"When we get older we naturally begin to lose our hearing. True? False? Hank Leopold, owner of Leopold Hearing Aid Service in Des Plaines and Evanston North Shore Hearing Aid Center in Evanston claims, "Only half the population over the age of 65 have a hearing loss that affects their communication with others. If the first statement were true then all people would lose their hearing. This is not the case no more than all people over a certain age lose their eye-sight or other vital senses, however it is the most overlooked problem."

"There should be no stigma attached to having a hearing problem or wearing a hearing aid. Eyeglasses are accepted when we are having trouble seeing and now with the new technology and smaller hearing aids most people don't even notice when a person is wearing one of the new smaller hearing aids. Someone with a hearing loss needs hearing aids to maintain a level of social interaction with others. Those with a hearing impairment without the aid of a hearing device are severely handicapped," says Leopold. "When we say, or hear someone say, 'I hear alright, I just don't understand the words,' we should take steps to get the

help needed to maintain the best quality of life possible," he added.

If you think you or a member of your family need hearing help, don't wait! A hearing test and evaluation is done without charge or obligation. Hearing aids are dispensed with a 30 day money-back guarantee. If it is not to your satisfaction a full refund is arranged.

Wearing a hearing aid now? Come to see us for a "Tune Up" and take advantage of our "Battery Club". If you are paying more than \$2.50 per package for your batteries, give us a call at

296-0188," Leopold added. Leopold Hearing Aid Service is located in the O'Hare Office Complex, at 2590 E. Devon Ave., Suite 102, Des Plaines. (1/2 block West of Des Plaines River Road) Hank Leopold, owner, has been serving the hearing impaired for over 26 years and is certified by the State of Illinois, Department of Public Health. Office hours are Monday thru Friday from 9:30 a.m. to 5 p.m.

For further information please contact our Des Plaines office, 296-0188, Monday thru Friday, 10 a.m. to 5 p.m., ask for Nancy Leopold. Thank You.

Health Care Center opened

Edgewater Hospital recently held grand opening festivities at the Judge Fisher Health Care Center, located in the 5821 North Broadway Ave. complex. The new on-site medical facility will be staffed by Doctor Bruce Hymanson, a board certified internist, and Virginia Opitz, a Registered Nurse. In addition to receiving continuing medical ser-

vices, all building residents will be eligible to sign up for Edgewater's Senior Program, which entitles enrollees to special benefits and services. For further information, call 989-0815.

Edgewater Hospital is a 431-bed teaching hospital, located at 5700 North Ashland Ave., in Chicago.

Auto accidents

not only cause of whiplash

Dr. Bernard A. Shindler, D.C., 8700 Dempster St., Suite 107, Des Plaines, notes that after the sounds of screeching brakes and grinding metal have died away, the first thought following an auto accident is of injury. But if there are no broken bones or blood, the victims' attentions usually turn to damage to the vehicles involved.

Assuming you are uninjured just because everything appears to be all right is a common mistake. Every accident victim should arrange for an examination that they have not incurred a whiplash neck injury. Symptoms may not appear for hours, days or even weeks after the accident, yet the damage will have been done following the instant or impact.

Another mistaken assumption is that auto accidents or similarly clear-cut, recognizable accidents are the only cause of whiplash. While they are the major cause, they are by no means the only cause.

Falls, blows to the neck or head, attempting to maintain your balance on a slippery sidewalk and even turning your head too quickly can produce a

whiplash injury. When the symptoms appear later, you may not even associate the headache, tension, muscle spasms, stiff neck or restricted neck motion with the incident that caused them.

Other symptoms of whiplash include blackouts, fatigue, extreme nervousness, loss of balance, loss of hearing, ringing in the ears, nausea, gastrointestinal pains, light-headedness, cold hands or feet, excessive sweating, increased reaction to drugs, poor memory, eye strain and rapid heart beating. Of course these symptoms might not all be present in a particular case and their presence does not necessarily mean that you have suffered whiplash. Only a thorough examination can reveal that.

I urge everyone that has been in an auto accident or who has suffered a fall or blow to contact a Doctor of Chiropractic and arrange for an examination as quickly as possible. Time is on your side only if you act promptly in the case of whiplash. To delay can open the doorway to a lifetime to suffering.

For further information, call 296-7246.

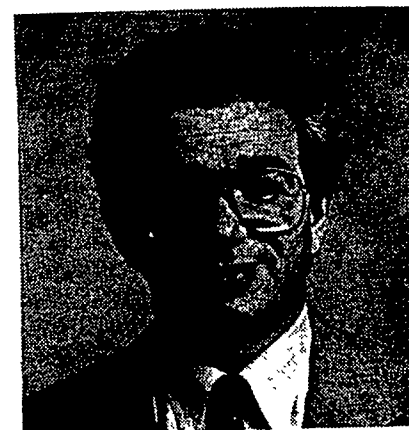
CHIROPRACTIC HEALTH VIEWS by Dr. Bernard A. Shindler

"SERVING THE HEALTH NEEDS OF THE COMMUNITY"

Dr. Shindler is a specialist in the diagnosis and treatment of automobile accident injuries and work-related injuries as well as back and muscle disorders. The Chiropractor is recognized and accepted as a vital member of the health care system that includes referral to providing you with total health care.



STEP ONE Consultation. At this time the patient and Dr. Shindler sit down in a relaxed atmosphere to discuss the ailment. As the patient reveals the history of the condition, Dr. Shindler will ask questions to formulate his approach in diagnosis.

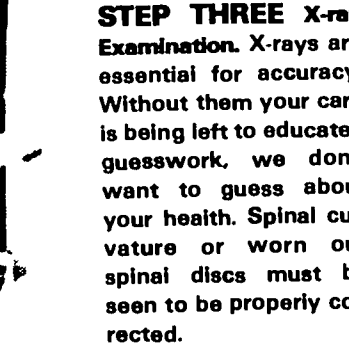


Dr. Bernard A. Shindler
Physician of Chiropractic

SPECIALIZED TREATMENT FOR QUICK PAIN RELIEF TO PREVENT PERMANENT INJURY.



STEP FOUR Report of Findings. Dr. Shindler will sit down with you (and your spouse) to explain the findings of your tests and X-rays. A thorough explanation of why you have pain and its origination is essential to your recovery.



STEP FIVE Insurance Assignment Accepted. Your insurance company at your request may pay directly to the doctor, this reduces overall health costs to you personally. This will allow you to proceed and receive Chiropractic treatment under Dr. Shindler.

WE SPECIALIZE IN AFTER ACCIDENT INJURIES, CALL FOR AN APPOINTMENT TODAY! 296-7246
BACK PAIN • LEG PAIN • NECK PAIN • WORK INJURIES • HEADACHES • PINCHED NERVES • ARM & SHOULDER PAIN
CHIROPRACTIC ACCIDENT CENTRE OF NORTH SUBURBS
DEMPSTER PLAZA CLINIC SUITE 107
8700 DEMPSTER, NILES IN THE DEMPSTER PLAZA SHOPPING CENTER 296-7246

health & fitness

Children's Medical Center donation



Shown above, Seymour Metrick, M.D., (m) chairman, Lutheran General Children's Medical Center, accepts a peritoneal dialysis machine from B.C. Hallum, retiring president of the Independent Order of Foresters and his wife Florence.

The Independent Order of Foresters is an international fraternal benefits society which has 500,000 members throughout Great Britain, Canada and the United States and emphasizes community service. The Illinois and Eastern Wisconsin chapters donated the machine to the Lutheran General Children's Medical Center in honor of Mr. Hallum's retirement. The dialysis machine, which cost \$5,000, is specially designed to cleanse toxins from children's blood.

Nursing Students Workshop

First and second year Nursing students who have difficulties with their college studies can get help by attending a Study Skills Workshop at Oakton Community College. The four-day program will be held from 5:30 to 8:30 p.m. from August 15 to 18 in room 2407 at Oakton, 1600 E. Golf Rd., Des Plaines.

Ina Goldman, Study Skills

Slimnastics and Low-Impact Aerobics

St. Francis Hospital invites you to "Feel the Fitness" at Slimnastics and Low-Impact Aerobic classes. The 50-minute classes will be held at 4:40 p.m. on Monday through Friday evenings, Aug. 15 through Oct. 7.

The exercise classes are conducted by CPR-certified, trained aerobics instructors. Slimnastics (Tuesday and Thursdays) is designed to help build muscle tone. Low-impact aerobics (Monday, Wednesday, and Friday) emphasizes vigorous but controlled exercise to increase cardiovascular strength.

Participants can enroll in any combination of classes. Cost is based on attendance, starting from \$20.

The classes, sponsored by St. Francis Hospital's Sports Medicine Center, will be held in the hospital's School of Nursing Classroom. Pre-registration is required by calling 492-6170.

Swedish Covenant Vice-President



Joseph D. Haughey has been appointed vice president of professional services at Swedish Covenant Hospital, 5145 N. California. The announcement was made jointly by James B. McCormick, MD, president, and Edward A. Cucci, executive vice president, of the hospital.

Haughey was previously vice president/chief operating officer of Palam Health Systems. In his new position he will be responsible for physician development programs, marketing, public relations/publications, telecommunications, occupational health programs and the Swedish Covenant Family Health Center at Devon and Nagle avenues.

Diet-Carry-Out of Niles

People in Niles, and surrounding areas, are finding that dieting means more than just losing weight. Diet-Carry-Out of Niles provides customers with 21 fresh, nutritious meals a week. The food is delicious but is low in salt, cholesterol, and calories.

"We're serving people who want to bring down their high blood pressure, who are concerned about their cholesterol intake, diabetics, folks who want to lose weight and people who are on-the-run and tired of eating fast food and frozen entrees," explained Monica Curran, R.N., B.S.N., and co-owner of the Niles office.

One of the starring examples of Diet-Carry-Out's effectiveness is WGN Radio's Big Al Lerner. Curran's husband, Ed, is Lerner's partner on their "Al and/or Ed Show" heard from 6-9 p.m. When Diet-Carry-Out opened its doors in Niles Lerner was among the first customers. 57 pounds later

they like to call him "not so Big Al". Just as important, Lerner's cholesterol level was 247 before Diet-Carry-Out and 181 after. His blood pressure came down along with the weight.

Diet-Carry-Out was created about three years ago in Bensenville, Illinois by Seattle Sutton, a nurse who was helping patients of her husband, a doctor in the area. The food is fresh and contains no artificial additives. Special procedures are taken to make sure everything is up to strict standards. Poultry is roasted with the skin taken off. Broth is defatted. Dinner rolls and muffins are made from scratch.

Customers pick up their Diet-Carry-Out meals twice a week, and delivery is available. There are twelve Diet-Carry-Out distributors throughout the Chicago area. The number of the Niles office is 803-DIET.

DIET - CARRY - OUT.



The easiest weight loss program ever!

We do all the preparation for you. No cooking. No shopping.
- 21 Homemade delicious meals
- Low in calories, sodium, cholesterol and fat
- Slim, regular and hearty menus to choose from

FOR INFORMATION
803-3438 803-DIET

AS SEEN ON CHANNEL 5 NEWS

Breathing to improve wellness lecture

Learn new and practical methods of breathing for wellness and life enhancement in a Passages Through Life lecture at Oakton Community College East on Tuesday, Aug. 16.

The lecture, "Breath is Life," will be presented from 1 to 2:30 p.m. in Room 112 at Oakton East, 7701 N. Lincoln Ave., Skokie.

Guest speaker Ginger Korzak is a staff teacher at the Himalayan Institute and the Center for Holistic Medicine in Glenview. She is a doctoral candidate in Educational Psychology at Northern Illinois University. A \$1 donation will be collected at the door. For information, call 635-1414.

Back Support Group meeting

"Low Back Pain" will be the topic addressed by Norton Flanagan, M.D., director, Physical Medicine and Rehabilitation, Lutheran General Hospital - Park Ridge, at the next meeting of the Chronic Pain Support Group at 7:30 p.m. Wednesday, Aug. 17, at Lutheran General Hospital, Park Ridge, 1775 Dempster st., Room 1043.

The meeting is free and open to the public. The Chronic Pain Support Group was developed for people with chronic pain and their families. For more information contact Rita Carey at 318-0250.



health & fitness

Holy Family adds specialists for diabetes program

Holy Family Hospital in Des Plaines has announced the addition of two medical specialists to head a new program called StableLives for the comprehensive treatment of diabetes.

Stuart Fine, M.D., will serve as medical director and Donald A. Uhlmeier, III, as program director of StableLives, the Chicago area's most comprehensive diabetes - screening, education, and treatment program.

StableLives, developed by Oak Brook-based Horizon Health Management Corporation, will be introduced at Holy Family in late August.

Dr. Fine has extensive background in internal medicine and endocrinology. A pre-med and medical school graduate of the University of Illinois, he is associated with the Maine-Ridge Medical Association in Des Plaines.

Dr. Fine completed internships, residencies, and fellowships in general medicine, internal medicine, and endocrinology at Michael Reese Hospital in Chicago.

A resident of Northbrook, Dr. Fine has been a featured speaker at the American College of Family Practice and has been published in the Journal of Clinical Investigation.



Donald A. Uhlmeier, R.N.

As program director, Uhlmeier will be responsible for all administrative duties for the 18-bed diabetes program plus marketing, provider relations, and community relations activities.

A 17-year health care professional, Uhlmeier formerly served as a clinician and program manager for Lutheran General



Stuart A. Fine, M.D.

Hospital's diabetes program. He has additional nursing experience at Lutheran General, St. Therese Hospital in Waukegan and the Downey V.A. Hospital.

Uhlmeier is a member and former board member for the American Diabetes Association, a member of Diabetes Educators of Chicago, and the American Association of Diabetes Educators.

Mount Sinai eating disorder awareness series

The Mount Sinai Resource Center is presenting a series of lectures and films on eating disorders. Topics will range from broad discussions on what eating disorders are and how to identify eating disorders, to specific presentations on bulimia nervosa and anorexia nervosa.

The following programs will be presented at the Mount Sinai Resource Center, located at 2301 W. Howard in Chicago. All programs will run approximately one hour.

Wednesday: August 17, "Compulsive Overeating: a Lecture & Film"; Wednesday: August 24, "Anorexia Nervosa: Starving for Perfection"; Wednesday: August 31, "Bulimia Nervosa: The

Binge-Purge Syndrome". Programs are free and will be presented by Staff of the Rader Institute at Mount Sinai Hospital North. The Rader Institute at Mount Sinai Hospital North is the only eating disorder program in Chicago that exclusively treats eating disorders. The Institute is a California-based, nationally acclaimed treatment program, with more than 25 units nationwide.

For more information about the eating disorder series or treatment programs for eating disorders, contact the Rader Institute at Mount Sinai Hospital North, 2451 W. Howard, Chicago, IL 60645, or call 312/761-6000, Extension 5581.

At last! Help for incontinence

An estimated 12 million people in the U.S. are afflicted with incontinence—the loss of bladder control. It's often a symptom of a more serious health condition and can be caused by disease, injury, illness, congenital problems or even multiple pregnancies. Incontinence affects people of all ages—one in every 25-year is still largely a "closed" issue. The negative stigma causes sufferers severe psychological distress, turning many into complete recluses.

It's natural to withdraw from life at first...to not want to put yourself in a vulnerable position. But that's one of the most devastating parts," says Cheryl B. Gartley, president and founder of the Simon Foundation, a not-for-profit international support group that seeks to increase public awareness of the problem.

Gartley developed incontinence herself more than 10 years ago as a result of a rare spinal cord tumor. She became angry at the "enormous idiosyncrasy of the situation" when she couldn't find any help. In 1983 she began

the Simon Foundation, assembling in the process a distinguished interdisciplinary board and advisory committee.

The foundation now offers a toll-free number (1-800-SIMON); seminars; a newsletter; Managing Incontinence: A Guide to Living with Loss of Bladder Control, the first book for laypeople; and a 25-minute videotape, "The Solution Starts with You." Gartley also helps organize other Simon self-help groups throughout the country and has received requests for assistance from as far away as Japan.

In her mission to educate the public and reduce the harmful social stigma attached to this sensitive issue, Gartley has become the foundation's national spokesperson. She's been interviewed on TV and radio about Simon's extensive outreach program and featured in Time, McCall's, Good Housekeeping and various newspapers.

The foundation also monitors legislation that affects people with incontinence. Gartley has been selected as one of 15

members (the only layperson) to serve on a special review panel for the National Institute of Health's first Consensus Development Conference on Urinary Incontinence in Adults, October 3-5, Bethesda, Maryland.

Understanding incontinence is the first step towards acceptance, she says. There are different types: (1) stress incontinence—leakage without warning resulting from sudden abdominal stress, such as lifting a heavy object or coughing; (2) urge incontinence—occurs suddenly, leaving little time to get to a bathroom; (3) neurogenic incontinence—injury to the nervous system, causing involuntary leakage or voiding; (4) enuresis—most commonly known as bedwetting.

Depending upon the type and severity, incontinence can be cured or lessened with medications, pelvic muscle exercises or surgery.

"But it's always manageable, and part of our job at the Simon Foundation is to show people we care and there is help."

LifeSpan volunteers needed

LifeSpan, an Agency serving victims of Domestic Violence is in need of volunteers for its 24 hour hotline and other services. The next LifeSpan volunteer training will be: September 20, 22, 27, 29, 6:30 - 9 p.m., and on September 24, from 10 a.m. - 4 p.m.

LifeSpan is a not-for-profit

organization that assists victims of domestic violence, primarily abused women, by providing a 24 hour hotline, individual and group counseling, legal advocacy, information and appropriate referrals.

LifeSpan's hotline calls are telepatched (forwarded) to volunteers' homes, permitting

them to staff the hotline from the convenience of their homes. Other volunteer opportunities are also available. Comprehensive volunteer training is provided by LifeSpan Staff.

Interested persons can call Jackie Casey at LifeSpan at 824-0382 for further information.

WE HAVE OAT BRAN

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Most people associate cholesterol concerns with older people yet there is increasing evidence that the effects start in early childhood! That's why more and more doctors are recommending less and less eggs, whole milk, meats and other high cholesterol foods for their young, healthy patients. And now, as recently as March of 88, a source published in a well-known medical journal examined the effects of dietary oat bran (a water-soluble fiber) on reducing cholesterol in a young, healthy population! The results are very encouraging: in the 72 young, healthy patients who completed the study, significant cholesterol reduction was achieved with ingestion of only three rounded tablespoons of oat bran daily! No wonder our grandparents insisted on oatmeal for breakfast!

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health & fitness

Sam Komessar is a collector

Palatine resident Sam Komessar is a collector. What he collects is very valuable, very special, very unique, yet money can't buy it.

What Sam has been collecting over the years are gallon donor pins. He recently acquired another addition to his collection, a twenty gallon donor pin. "I never dreamed of getting as many pins as I have," smiles Sam.

Sam made his first donation while he served in the Navy. "I saw how bad the need for blood was. After getting out of the service, I made a New Year's resolution to donate blood, and I've stuck by it. No pun intended," laughs Sam.

Sam first became involved with a blood program when the Columbus, Ohio Veterans Post, of which he is a lifetime member, started hosting blood drives. "The post would hold the blood drives at the baseball park. We had committee members stationed at all the entrance gates. Post members would ask patrons to donate before the game. After donating that day, they would receive a free ticket to the next home game. Needless to say, the results of the drive were great. The Veterans Post paid for all the tickets," adds Sam.

Two years later, Sam was named blood drive chairperson of the post's blood drive, a position he held for ten years.

It was in Columbus, Ohio, where Sam received his first gallon donor pin from the American Red Cross. "After



Nineteen gallon blood donor Sam Komessar proudly holds his gallon blood donor pin collection.

receiving my first donor pin, I decided to start a collection. "When I receive a new pin, I add it to the collection. Sam has made 160 blood donations (eight donations equal one gallon).

Sam knew his blood donations were life saving, but never knew who his blood was going to help. Sam said, "When I donated my 100th pint of blood, I wanted to know, just once, who my blood would help." For this one time, special arrangements were made for Sam to meet the person his blood donation benefited. To Sam's surprise, his blood went to a neighbor needing surgery who lived right around the corner from him. The two met, and now

joke about being blood relatives. "My pint of blood was the only one she had ever received," Sam notes.

Not only is Sam a dedicated donor, he also is dedicated to recruiting new donors. "I encourage people to donate and tell them how easy it really is."

Sam donates blood for LifeSource, a not-for-profit community service organization. LifeSource provides blood and components to over 60 hospitals in the Chicago metropolitan area.

For further information about its program, or to schedule an appointment, call LifeSource at 298-9660.

New service fills void for AIDS patients

A new health service is now available to AIDS patients. Ancilla Health Systems, Inc., a division of Ancilla Health Systems, has received approval and public funding to provide AIDS patients exclusively. People who are HIV (human immunodeficiency virus) positive and afflicted with HIV complications now may choose home health care.

As described by Wayne Nagel, director of the Ancilla Harbor Home Support Services Program, AIDS patients now have choices. "We offer comprehensive wholistic home healthcare to people with AIDS and those patients who are ill from complications associated with the virus. The program includes a variety of services by registered nurses, social service workers, home health aides, homemakers and

therapists in the AIDS patient's own home."

Comprehensive home care for AIDS patients is important since the disease affects all areas of a patient's life, not only his health.

People with AIDS have to fight for self dignity and composure as well as for their health and therefore wholistic professional home care provides the necessary care and understanding that patients and their families need. Additional services which the Harbor Home Health Support Group provide include: complicated discharge planning, case management, quality assurance, reporting to referring physicians, home infusion therapy, nutrition planning, home-maker services, psychological counseling, volunteer services, 24 hour on-

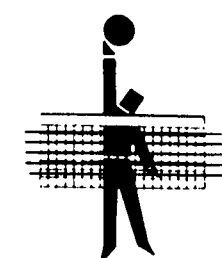
call coverage, financial and legal planning, funeral planning, and follow-up support for the family of a deceased patient.

The Harbor Home Support Services program can care for the patient and support the entire family from the inception of services and beyond the funeral.

The Harbor Home Support program, has served more than 100 AIDS patients and their families since March 1988. The services are available to patients in northern Cook County, DuPage counties as well as Lake and Porter Counties in Indiana. The Harbor program is the only home care program of its type in the Illinois and Indiana areas.

Ancilla Health Systems, Inc., of Elk Grove Village is a Catholic multi-hospital health care system. The Harbor program is funded by grants from the Chicago and Illinois Department of Public Health, the Washington Square Health Foundation and the sponsoring provincial council of the Poor Handmaids of Jesus Christ.

For further information please call: 280-9559.



Come On, Illinois, Face The Facts About Smoking

by Harry A. Springer, M.D., President
Illinois State Medical Society

Isn't it time we face the facts about smoking?

For more than 20 years now, the American public has ignored warnings about the dangers of cigarette smoking. The warning labels on cigarette packages and advertisements are so familiar that we just gloss over them. Despite the dangerous and unsanitary effects of smoking, it is still depicted in popular films and advertisements as a glamorous aspect of a full and fun life.

Rose Cipollone bought that image when she was 16 years old, but who would tell another story today—if she could. Rose Cipollone is the New Jersey wife and mother who smoked countless packs of cigarettes between 1942 and her death from lung cancer in 1984.

Rose's family sued the tobacco companies that produced her brands of choice, charging that the cigarette manufacturers were responsible for her cancer and death. The jury, in a landmark verdict, said that the company that sold Rose cigarettes before 1965 was partly liable, because its advertisements claimed the cigarettes were safe, even medically advised. But, the jury essentially said, Rose should have known better after 1965, when the Surgeon General's warning began to appear on all cigarette packages.

What does that say about smokers in 1988? Shouldn't we know even better now? Our knowledge about smoking has increased greatly since 1965. We now know that smoking causes cancers, respiratory diseases and lung diseases. We know that about 1,000 people die from these ailments each and every day of the year. We know that pregnant women who smoke have a higher rate of miscarriages, premature births and low birthweight babies. We know that children raised in homes with smokers have higher incidence of respiratory problems. And, thanks to the Surgeon General's latest report, based on the research of 50 scientists, we now know that smoking is highly addictive, no different than our most infamous illicit drugs.

As a physician, I am sadly aware of these facts. I also am aware of the less obvious ways smoking erodes a person's quality of life, such as chronic coughs or hoarseness, yellow teeth, bad breath, frequent colds, and poor circulation. As a plastic surgeon, I have had to turn away from smokers seeking face lifts, liposuction and some other procedures because their smoking habit inhibits the proper healing. Skin flaps are much more likely to slough for a smoker than a nonsmoker.

We know so much more that Rose Cipollone knew in 1942. Yet, about 54 million Americans still smoke. Not surprisingly, most of them say they want to quit.

About 40 million people have quit (proof that it is an addiction that can be beat.) And more will quit. Recently newspapers and television have revealed evidence of mounting public segments against cigarette smoke (particularly someone else's). Airlines have banned smoking on most flights; the Surgeon General has expounded on the dangers of passive smoking as well as the addictive nature of tobacco; and many Illinois municipalities, including the City of Chicago, have restricted smoking in public places. The masses didn't revolt in the face of these developments; they cheered.

The American people—Illinoisans included—are becoming more militant in defending their rights to breathe clean, smoke-free air. They are speaking up more often and refusing to let someone else's addiction pollute their lungs, ruin their meal or dirty their office. They know that 500 up to 5,000 people die each year from lung cancer caused by breathing someone else's smoke, and do not want to join those ranks.

Our federal lawmakers should respond to this public sentiment by ending government subsidies for tobacco farmers. Instead, we should invest in a healthier America by using the subsidy funds to help those farmers convert their fields to other crops.

Important changes should be made on the state level, also. But Illinois legislators have been slow to face up to the facts about smoking. This spring our lawmakers again refused to place statewide restrictions on smoking in public places. The Illinois Clean Indoor Act, which was supported by the Illinois State Medical Society, would have required most public places and restaurants to establish no smoking areas. The Act was defeated in committee by one vote, and Illinois remains one of only eight states that does not restrict smoking in public places.

It is times Illinois faced the facts about smoking. Our state should join the majority of the states and create a healthier environment for nonsmokers. We cannot expect everyone to quit—if some choose to continue, in light of all the facts, that is their right. But for their good and our own, let's not make it so convenient to light up. We'll be making it safer for everyone.

health & fitness

Mount Sinai Health Educator

Frieda M. Dallais, R.N., of Des Plaines, has been named Resource Center Coordinator/Health Educator at the Mount Sinai Resource Center located at 2301 W. Howard on the city's far Northside. Her responsibilities will include educating the community on health-related issues through private consultations and referrals, providing educational materials, coordinating educational programs for the community, and overseeing the day-to-day operations of the Resource Center.

Dallais received her Bachelor of Science degree in Health Arts from St. Francis College, Joliet, and a Associated Degree of Nursing from Ventura College, Ventura, California. She was promoted from the position of Staff Nurse at Mount Sinai Hospital North, responsible for coordinating patient scheduling and nursing at the Arthritis Center and the Urology Center. Prior to



Frieda M. Dallais, R.N.

that, she was a Charge Nurse in the Intensive/Coronary Care Unit.

Lions test for Glaucoma, Hypertension, and Diabetes

For years, Ellen Curtis, a resident of a North Chicago suburb, had been walking around with Glaucoma, a sneaky, symptomless eye condition which, if neglected, can lead to serious eye problems—even blindness. One day she noticed a local newspaper story about the Lions Mobile Glaucoma Screening Unit being in the area and testing local residents.

To many Illinois residents the Glaucoma Unit is a symbol of Lions service. Since 1969 it has traveled hundreds of thousands of miles and screened more than half million Illinois residents. In recent years the Lions have expanded the program to include screening for hypertension (high blood pressure) and the complications of diabetes which can damage the eyesight, as well as glaucoma. All three diseases are among the leading causes of eye problems in adults. All three, if neglected, can cause serious eye problems and even blindness.

"That was the primary reason Lions undertook the screening program in 1969," said Ray Franson of Galesburg, President of the Lions of Illinois Foundation. The Glaucoma Screening program is but one of the Lions many public service programs offered free of charge in support of the blind and deaf. The money to finance the Unit and all of the Lions humanitarian service programs comes from Candy Day, to be held this year on Friday, October 14. On Candy Day, more than 30,000 Lions and Lionesses, aided by thousands of volunteers, hope to raise more than \$1.4 million.

Screenings are offered through the host Lions Club with the cooperation of volunteers, nurses and a licensed medical doctor (ophthalmologist) provided by the University of Illinois. "While we have over the years added to our program of service in support of the blind, deaf and

the public at large, of all the programs we offer, none is more critical than the Lions Mobile Screening Unit," said Franson.

The screening is quick and painless, Franson noted. In the glaucoma screening, a nurse administers anesthetic, which does not dilate the pupils. Using a tonometer to measure the eye pressure within the eyeballs, the doctor can quickly tell if the person is a glaucoma suspect or not. While an elevated reading does not necessarily indicate that the person has glaucoma, it does say that the person should get a complete medical checkup to determine if glaucoma is present.

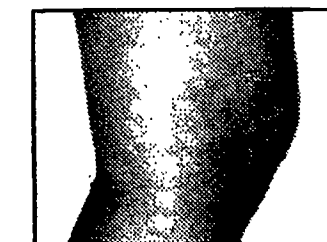
Those falling any of the screenings are urged to seek professional help.

The program is coordinated by the Lions of Illinois Foundation, the Lions charitable and philanthropic agency. For information about the Glaucoma Screening Program or its companion unit, the Mobile Hearing Unit, which tests for hearing problems, contact the Lions of Illinois Foundation, 7321 W. Lake St., River Forest, IL 60305. The telephone number is (312) 771-5800.

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Use care with eyedrop medications

the nose. Once passed to the nasal membranes, the drugs are quickly absorbed by the numerous blood vessels. They can also drip from the nasal cavity into the throat. When swallowed, they can be likened to an orally administered drug.

"Once in the bloodstream, these prescription medications can adversely affect body organs far removed from the eye. The drugs may also alter chemicals in the brain which can produce changes in behavior, emotions and thought processes," explained Melvyn A. Gerstein, M.D., an ophthalmologist at Northshore Eye Center. "Prescription eye medications can also affect the nervous system altering heart rate, blood pressure and vital functions of the lungs, urinary bladder, stomach and intestines. But, the benefits far outweigh the side effects of eyedrop medications."

Reducing your risk

Each of person has a different tolerance for drugs and is affected in different ways. "As ophthalmologists, we are well versed on possible side effects of the drugs we prescribe," explained Dr. Stein. "As is the case with all prescription drugs, if you experience any adverse symptoms, seek medical attention. Take your eyedrop medication bottle along to ensure an accurate identification of the medication. It will

also serve to remind your physician that the eyedrops may be responsible for your symptoms."

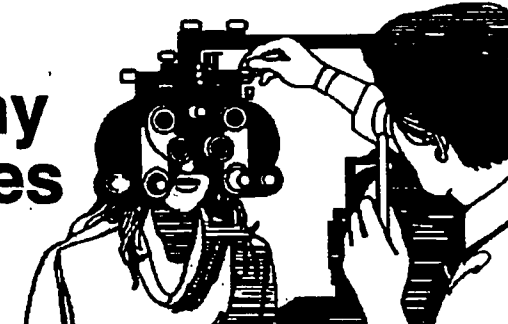
Although it is not possible to eliminate the adverse effects from the helpful and necessary use of prescription eyedrops, here are some tips to minimize the amount of medication that enters your general blood circulation.

After placing the medication in your eye:

- Keep your eye closed for 30 to 60 seconds. This encourages absorption of the drug by your eye and minimizes drainage of the medication through your tear outflow canal into your nose.
- Do not blink. Blinking tends to move the medication from your eye into your tear outflow canal.
- Use your index finger to apply firm pressure for a minute or two over the point where your lower eyelid and nose meet. This blocks the opening of your tear outflow canal and prevents or minimizes drainage.
- Don't overdose. As with all prescription medications, it is important to follow dosage instructions carefully.

If you have any questions concerning your medication, contact your doctor. If you are experiencing vision problems, call for an appointment at Northshore Eye Center, 3034 W. Peterson, Chicago, 973-3223.

For healthy eyes



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Melvyn A. Gerstein, M.D.

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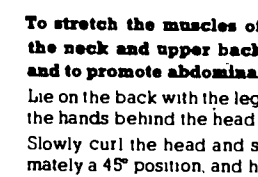
health & fitness

EXERCISES

The following have been selected for warm-up and stretching exercises. Repetitions from one exercise to another will vary according to the fitness level and ability of the individual. A—Beginning; B—Intermediate; C—Advanced.



To stretch the muscles of the neck and upper back:
Stand upright with the hands on the hips, and the feet placed shoulder-width apart. Slowly rotate the head clockwise in a full circle for the specified number of repetitions, then reverse the direction for an equal number of repetitions. A—8; B—10; C—15.



To stretch the muscles of the neck and upper back and to promote abdominal strength:
Lie on the back with the legs fully extended forward, and the hands behind the head or neck. Slowly curl the head and shoulders forward to approximately a 45° position, and hold for 5 seconds. A—4; B—6; C—8.



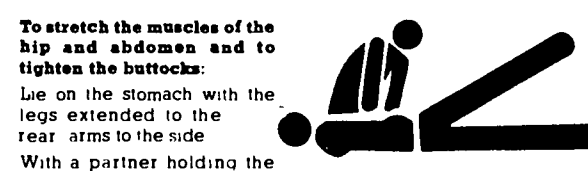
To stretch the muscles of the back, sides and shoulder girdle:
Stand upright, hands behind the head, and the feet placed shoulder-width apart. Rotate the trunk as far to the right as possible, and then rotate as far to the left as possible. A—5; B—10; C—15.



To stretch the muscles of the hips and back:
Stand upright, hands on hips, with the feet placed shoulder-width apart. Bending at the waist, rotate the trunk to the right side, forward, left side and return. A—8; B—10; C—15.



To stretch the muscles in the lower back and buttocks:
Lie on the back with the legs extended forward. Bring the right knee up and into the chest, pulling the knee with the hands and arms as far forward as possible, hold in the fully stretched position for 5 seconds, and then repeat with the opposite leg. A—3; B—6; C—9.



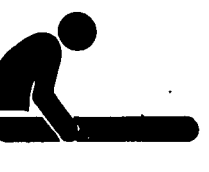
To stretch the muscles of the hip and abdomen and to tighten the buttocks:
Lie on the stomach with the legs extended to the rear, arms to the side. With a partner holding the hips and lower back in place, lift the right leg up as high as possible, keeping the stomach and hips pressed flat against the floor, and hold for 3 to 5 seconds, repeat with the opposite leg. A—2; B—4; C—6.



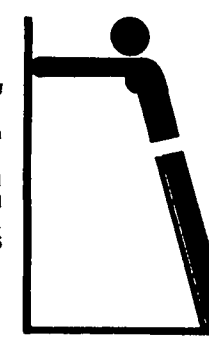
To strengthen the muscles of the upper arm and shoulder girdle:
Lie on the stomach, fully extend arms. Slowly lower the chest to the floor, keeping the back straight and in line with the buttocks, then push back up to the fully extended position. A—10; B—20; C—30 or more.

Note: For those with limited upper body strength, perform this exercise with the knees on the floor, forming the point of support. Move to the full push up when 30 repetitions can be performed.

To stretch the hamstrings and lower back muscles:
Assume a sitting position with the legs extended forward and pressed flat on the floor. Grasp behind the knees and slowly pull the trunk down toward the knees, holding the stretched position for 5 seconds. A—4; B—6; C—8.

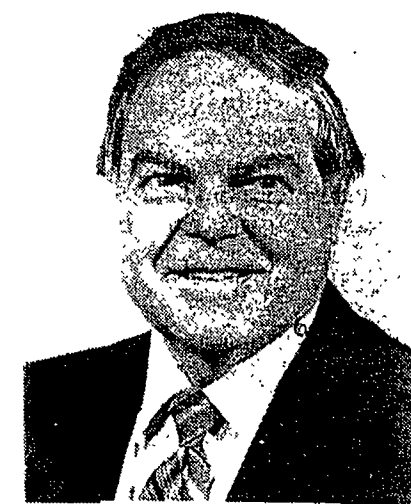


To stretch the muscles of the lower leg and the Achilles' tendon:
Stand upright approximately 3 feet from a wall or post. Keeping the feet flat on the floor, extend the arms forward touching the wall and slowly allow the body to lean forward, holding the stretched position for 5 seconds. A—4; B—6; C—8.



Hearing aids ease nerve deafness

The House of Hearing Aids, Ltd. is celebrating its 39th year in the Chicago area. Throughout the years, it has treated nerve deafness, a condition that the vast majority of persons wearing hearing aids suffer from. Successful hearing aid adaptation is almost a certainty when assistance is obtained while the loss is still not too great.



E. J. Taheny

"While the subject is somewhat controversial, it is the opinion of many hearing health professionals that hearing aids have a therapeutic value," said E. J. Taheny, chairman of the board of the House of Hearing Aids, Ltd. and Board for Certification in Hearing Instrument Sciences.

"After all, it is memory for the meaning of speech sounds which allows us to communicate." It is believed that hearing aid use helps to keep this memory fresh. The person with worsening nerve deafness who waits until the loss reaches serious proportions runs the risk of weakened acoustic memory for speech patterns. Therefore, that individual will have more problems adapting to the hearing aid.

At the House of Hearing Aids, Ltd., you will find Illinois certified audiologists who can help detect the early signs of nerve deafness. The 6047 West Belmont Avenue location, house of Hearing Aids, Ltd. has established a service facility with factory trained technicians. No appointments are necessary, and in most cases, hearing aids are serviced while you wait. This eliminates a several week wait and the use of loaners.

People with hearing aids belonging to other domestic or foreign manufacturers may bring them to the center. However, they will be sent to an out-of-state service center.

The House of Hearing Aids, Ltd. also has three suburban locations: Arlington Heights, Glenview and Skokie. All locations provide such complete service as the testing, fitting and dispensing of hearing aids.

LGH patient gets favorite wish

Lutheran General Children's Medical Center patient, Amanda Musich, 6, from Arlington Heights, was recently granted her "special" wish to meet Mickey Mouse from the Make-A-Wish Foundation of Northern Illinois.

To visit her favorite character, Amanda traveled to Disney World in Orlando, Florida at the end of July. The main purpose of the Make-A-Wish Foundation is to fulfill the favorite wish of a child with a tragic, life-threatening illness.

Lutheran General Children's Medical Center is comprised of 172 inpatient beds and 136

residential beds and is dedicated to the care of children ages infancy through adolescence. The center also includes two day care centers for children. A medical staff of 94 pediatricians and six child psychiatrists includes 26 full-time faculty members in 22 pediatric subspecialties as well as special pediatric physician support in surgery, radiology and anesthesiology. Lutheran General Children's Medical Center, 1775 Dempster Street, Park Ridge, is a service of Lutheran General Health Care System.

Dr. Ts'o receives certification

Timothy O.T. Ts'o, a member of the medical staff of Forest Hospital, Des Plaines, has received certification from the American Medical Society on Alcoholism and Other Drug Dependencies (AMSADD). The new certification recognizes Dr. Ts'o's expertise in the field of chemical dependency.

A board-certified psychiatrist, Dr. Ts'o received his medical degree from the University of Hong Kong, and a Ph.D. in Neuro-Pharmacology from Stanford University. In addition to experience in academic and industrial research, academic medicine and teaching, Dr. Ts'o maintains private practices in Libertyville, Waukegan, Barrington and Des Plaines.

As the major national and international organization for physicians who treat alcoholism and other drug dependencies, AMSADD recognizes the increased awareness of alcoholism and other drug dependencies as a major national medical problem. The organization developed the certification program to identify those physicians expert in the rapidly expanding field and who have a mastery of the body of knowledge that has now been amassed.

Forest Hospital is a fully accredited, 160-bed private psychiatric hospital, offering substance abuse and other treatment programs for children and adolescents and adults suffering from mental and emotional disorders.

CPC Old Orchard Hospital

CPC Old Orchard Hospital offers a number of groups for children, adolescents and adults that deal with emotional, social, behavioral and developmental issues.

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The adolescent group is open to any high school student who is experiencing family and school problems. It is a therapeutic support group for teens who "act out" their feelings.

The group helps teens focus on their feelings and teaches them that they are responsible for controlling their behavior. "This leads to an understanding and a more appropriate expression of feeling," Jay Jagodinski, Director of Group Therapy said.

The Parent/Child Group is designed to improve communications between parents and children, as well as between husbands and wives. The session begins with everyone meeting together for a brief time, and then

parents and children split up to discuss issues that are particular to them.

For example, parents may discuss concerns surrounding raising a child in today's society, while the children get a chance to share with each other through talking or playing a game.

Additionally, a variety of adult groups are offered through Old Orchard Hospital that give people a chance to both receive and offer support to others with similar concerns.

"Unique problems are sometimes difficult to share, but the chance are very high that others share similar concerns. And, by sharing them in a group situation it promotes self-discovery," Jagodinski said.

For more information, call Old Orchard Hospital at 679-0760.

Health Insurance Quality Award

David Garber, an associate of the Weintraub Associates, the Skokie Agency of The New England, an insurance and investment firm located at 5255 Golf rd., has recently qualified for the Health Insurance Quality Award for the third year in a row from the National Association of Life Underwriters in Washington, D.C. Garber, his wife, and six children reside in Rogers Park.

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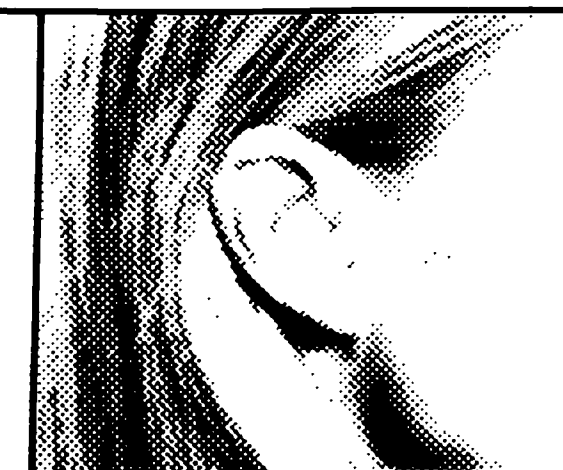
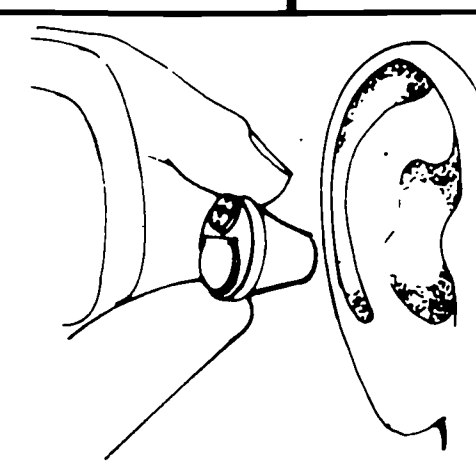
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Political News

Lindquist candidacy gets fundraising boost

Friends and supporters of Bonnie Lindquist's candidacy for state representative for the 55th District met at the home of Mr. and Mrs. Jack Keane of Park Ridge last Sunday, June 12. Sylvia Sanders, Park Ridge coordinator of this fundraiser, says that it was a success as a fundraiser, and a success as a enjoyable party. The Democratic Women of Des Plaines donated cheese platters and vegetable platters.

In addition to a large group of friends and supporters who came to the Keane's home to support Lindquist's campaign, Aurelia Puckinski, candidate for Circuit Court Clerk came and met many of Lindquist's friends, as did Cal Sutker, Democratic candidate for State Representative, 56th District, and Mayor Nicholas B. Blase, Mayor of Niles.

Bonnie Lindquist, wife of Ken Lindquist and mother of four grown sons, is an Activities Therapist at St. Matthew Home



Shown above, The Honorable Calvin Sutker, (R) State Representative, 56th District wishes Bonnie Lindquist's (L) candidacy for State Representative well at the home of Mr. and Mrs. Jack Keane of Park Ridge.

for the Elderly in Park Ridge. Lindquist also does music involvement programs for Church groups and elderly gatherings throughout the Chicago area. Her husband, Ken Lindquist, taught

history for 28 years at Maine East and Maine West High Schools and was himself twice a candidate for State Representative, so Bonnie carries forward a good family tradition.

Dudycz announces capital improvements

State Sen. Walter Dudycz (R-7th, Chicago) reports that despite budget restrictions, the state plans to spend more than \$2 million for capital improvements in the 7th District.

"The Illinois Capital Development Board's Fiscal Year 1989 budget was approved July 1 by the General Assembly."

"We are seeing the positive results of our work to secure more funding for state facilities in the 7th District," Dudycz said. "The Capital Development Board is funding some very important projects in the area."

The projects include: \$910,000 to upgrade the Dietary Building

at the Chicago-Read Mental Health Center; \$450,000 for roof replacement at the Chicago-Read Health Center; \$244,000 to renovate the air conditioning system at the Chicago-Read Mental Health Center's Geropsych Building and plan West Campus air conditioning renovations; \$200,000 to install emergency generators at the Chicago-Read Mental Health Center's Henry Horner Center and West Campus; \$126,000 to install automatic boiler controls at the Chicago-Read Mental Health Center; and \$125,000 to repair boilers at the Chicago-Read Mental Health Center.

We publish every Thursday ...



--- If you have a pet peeve, a word of thanks or anything of news value, write a Letter to the Editor ---

Only signed letters will be published, but names will be withheld upon request.

Send all letters to: **THE BUGLE**
8746 N. Sherman Road
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Save the Bridge Coalition



Richard Valenino (extreme left), Democratic candidate for State Senator (7th), assembled some of the key players in the campaign to halt the Illinois Department of Transportation from demolishing the Wilson Avenue Bridge and nearby ramps at his fundraiser. Included are Alderman Tom Cullerton (38th); Sandy Longton, Chairperson of the Coalition to Save the Bridge and the Ramps; Tom Lyons, Democratic Committeeman (45th Ward), Philip Rock, President of the Illinois Senate; and Alderman Patrick Levar (45th Ward), who has chaired all the public meetings. Other key players including Senator Howard Carroll (D, 1st), State Representative Al Ronan (D, 12th) Alderman Tony Laurino (39th), and State Representative William Laurino (D, 2nd), were unable to attend Valenino's party at Nancy's Suparossa Banquet Hall, 4242 N. Central Ave., on July 8.

Rep. Capparelli vows to oppose state income tax increase

State Rep. Ralph C. Capparelli (D-13th) vowed to continue to oppose any state income tax increase regardless of the case presented by Gov. James Thompson for its passage.

Capparelli's pledge comes in the wake of the governor's recent special request for a 40 percent increase in personal and corporate income tax rates. This proposal would mean an increase to 3.5 percent for individuals and an increase to 5.6 percent for corporations. At present, the tax rate is 2.5 percent and 4 percent, respectively.

"Our income tax rate is lower than neighboring states and, in my opinion, this is a plus in creating a better and more competitive business climate here," said Capparelli. "It seems the governor, on the other hand, wants the state income tax to be on a level with our neighboring states. I disagree. Sure, our real

estate taxes are too high, and there needs to be a better balance between the two but the solution needs to be more creative. I'm still opposed to any increase in the state income tax."

Capparelli said the persuasive argument of the governor has not been great enough for him to gain the support of Republicans in the legislature.

"Why should he come to the Democrats for their support?" asked Capparelli. "He should convince members of his own party first and then look to the Democrats for additional support."

"It has been pointed out that business and other groups may soon support a tax increase," he continued. "However, a recent poll by a major Chicago newspaper indicated that 74 percent of the people polled are opposed to an income tax increase. When opposition is that overwhelming, then someone has to listen."

Under the governor's proposal, the \$1.4 billion revenue increase is expected to help elementary and secondary schools, reinstate the blind and elderly exemption, provide additional funds to local governments, accommodate refunds, and help other programs, such as human services, retirement funds, job training, and higher education.

"I think we must spend our available revenue more effectively and more prudently instead of asking for more funds from our already overburdened taxpayers," said Capparelli. "We must have more efficient collecting processes to get the monies owed the state at the present time. When we do all of this, there will be no need for a state income tax increase."

New state law mandates smoke detectors in the home

Each day thousands of fires take dozens of lives and injure hundreds more in communities just like ours. The sad fact is that many of these fires could have been prevented or minimized if only those effected had an understanding of how fires start and how to prevent or control them along with having some basic fire protection equipment at hand.

Effective on the 1st day of July of this year, it became law in the state of Illinois that all residential living units must have a smoke detector. The law stipulates that a fine can be levied if there is a fire and no smoke detector is found to be in

working order. This law was a long time in coming and is being heralded by all Fire Department as a significant achievement in saving lives from fire.

Smoke alarms save lives and property, states Chief Farberman of the North Maine Fire Department. Early warning is one of the most important elements in surviving a fire. Chief Farberman states that highly reliable, solid state design smoke detectors that provide the warning you need to take early action to protect your home and family from the ravages of fire are readily available from almost every store, including the North Maine Fire Department. The Chief

states that the new law requires every single family residence to have at least one approved smoke detector installed on every story of the dwelling unit, including basements but not including unoccupied attics. The smoke detectors shall be installed within 15 feet of every room used for sleeping purposes. They shall be installed on the ceiling and at least 6 inches from any wall, or on a wall located between 4 and 6 inches from the ceiling.

The new regulation further states that it shall be the responsibility of the owner of a structure to supply and install all required detectors. It will be the tenants responsibility to replace any re-

quired batteries to insure continued proper operation.

Chief Farberman further states that the law goes into more detail on maintenance, requirements for mutifamily, and violations. He further recommends the use of smoke detectors at the top of all stair cases, in your garages, in your kitchen and wherever hazards may exist.

To accompany your smoke detector you should have a fire extinguisher in your home, your car, your boat, and in your RV. The most common type to be used in an ABC type extinguisher. This type is good for wood, paper, rubber, fabric and plastics, flammable liquids (such as gasoline,

paint, solvents, etc) and electric fires.

If your home is more than one story or if you live above the ground level you may want to give some thought to using a life ladder. This procedure is suggested in the commonly known and widely used program called E.D.I.T.H. (exit drills in the home). This program is taught in the schools and is provided by the North Maine Fire Department. It is highly suggested that everyone have more than one exit from their room and home.

Chief Farberman wants to remind everyone that fire safety is the responsibility of the individual. But, he also reminds you that helpful information is available from the North Maine Fire Department.

Illinois men can still sign up for "USS Abraham Lincoln" carrier

For the next two months only, Illinois men still have the opportunity to join the U.S. Navy and serve aboard the "Land of Lincoln's" namesake aircraft carrier, USS Abraham Lincoln (CVN 72). Eighty Illinois recruits will be sworn into the Navy by Illinois Governor Thompson in a special ceremony at the Old State Capitol Building in Springfield on October 19, 1988. They will then report as a group for training at the Great Lakes, IL, Naval Training Center. Upon graduation from basic training and follow-on occupational training, they will report for duty aboard the Navy's newest nuclear powered aircraft carrier, USS Abraham Lincoln.

The Armed Forces have offered "buddy programs" before, so friends could enlist and serve together. However, this is the first time Illinois residents have had the chance to enlist in the Navy as a group, train together in basic training and then serve as a group on the ship named for Illinois' most famous son.

Young men with high school diplomas, ages 17-35, and in good health are eligible to join. Enrollment in this special program is limited to the first 80 qualified applicants. Local Navy recruiters can provide more details.

For more information on the USS Abraham Lincoln (CVN 72) or call Commander Joe Rank, USN, Navy Office of Information, Midwest, at (312) 606-0360/1.

Anyone interested in attending

NORBIC to celebrate summertime

It's hot! Time to take a breather. So the North Business and Industrial Council (NORBIC) is throwing a party for members, business associates and friends from 5 - 7 p.m. at the Gale Street Inn on August 15.

Carl Bufalini, executive director of NORBIC, said, "The celebration, which we're calling 'Summertime' will be a chance to give members a chance to get to know one another better and to provide non-members with an overview of NORBIC and the benefits of membership."

No formal program is planned so that guests will have plenty of time to mingle and enjoy the free get together. The Gale Street Inn, 4914 N. Milwaukee, is providing hors d'oeuvres and the Faller Insurance Agency is providing beer.

Anyone interested in attending

'Summertime' can call the NORBIC office at 588-5855, 8:30 a.m. to 4:30 p.m., for more information. NORBIC, founded in 1975, recently received a matching grant of \$20,000 from the Chicago Community Trust after raising more than \$20,000 through new memberships and other means.

In 1987, the organization nearly double its membership to more than 250 industrial and business members. Its goal focus on providing jobs on the north side of Chicago through the retention and growth of industry and business. To meet those goals, NORBIC maintains a close working relationship with federal, state and city officials, provides business education seminars for members and supports members networking to help solve mutual industrial and business problems.

LEGAL NOTICE

NOTICE OF BID

The Village of Niles will be accepting sealed bids for:

One 10,000 Gallon Fuel Tank
One Underbody Snow Plow
Two Salt Spreaders

Bidding will be accepted until noon, on August 23, 1988, at the Village of Niles, Office of the Purchasing Agent, 7601 N. Milwaukee Avenue, Niles, Illinois 60648.

General Information and specific instructions concerning this request for proposal are available at the Office of the Purchasing Agent, 7601 Milwaukee Avenue, Niles, Illinois 60648. Bids will be opened at 8:00 p.m. on Tuesday, August 23, 1988 at the Board of Trustees' meeting, 7200 Milwaukee Avenue, Niles, Illinois 60648.

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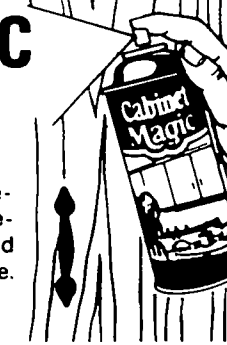
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Registration for Gemini Junior High

East Maine School District 63's Gemini Junior High School, 8955 N. Greenwood Ave., Niles, has announced its registration dates.

Registration will take place on Wednesday and Thursday, August 17 and 18. Seventh graders will register on Wednesday, August 17 and eighth graders will register on Thursday August 18.

Registration at Gemini School will be held in the hallway on the second floor from 8:30 to 11:30 a.m. and from 1 to 3 p.m. On Wednesday evening, August 17, between 6:30 and 8:30 p.m., Gemini will be open for registration for the parents of students who work during the day. Please use the outside entrance on the north side of the building.

If you are on vacation at the time of registration, you can register in the Student Affairs Office of Gemini School between the hours of 8:30 and 11:30 a.m. and from 1 to 3 p.m., from August 2 through August 26.

The first day of school for students will be Monday afternoon, August 29. Opening day will be for one-half day only. Full particulars are being mailed to parents.

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SATURDAY 8:30 - 6:00
SUNDAY 9:30 - 3:00

THE BUSINESS PICTURE

"NW Real Estate Board 'Charity Candlelight Bowl'"

Once again this year, the Northwest Real Estate Board's Sales Council Committee is sponsoring a "Charity Candlelight Bowl" to benefit a local charity. Tickets are priced at \$12.50 per person, and includes a delicious buffet dinner, three lines of scotch doubles bowling, prizes, raffles, and a silent auction (non-bowlers pay just \$8 per ticket.) This year's event will be held at 6 p.m. on Sunday, Aug. 27 at Forest View Bowl, 2830 River Rd., in Des Plaines; all profits will be donated to the New Horizon

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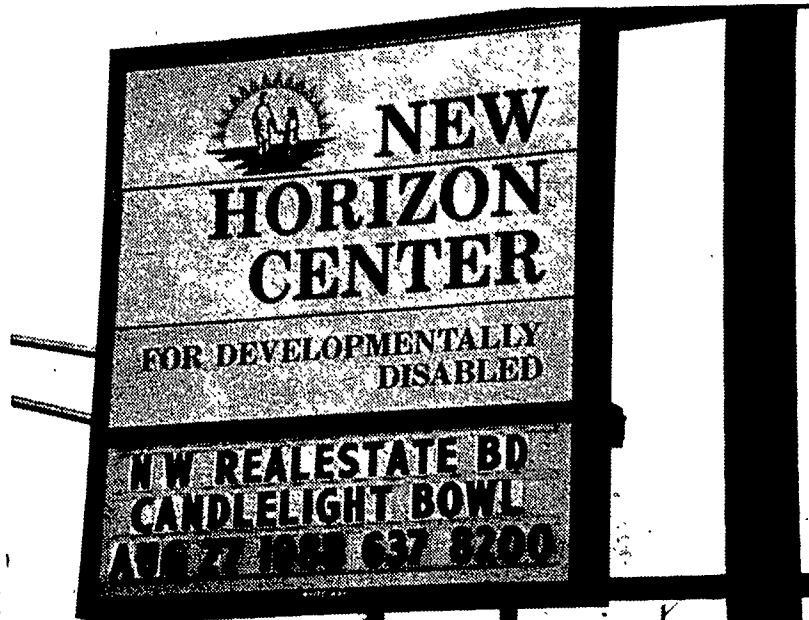
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Center for the Developmentally Disabled, 4211 N. Oak Park Ave. The 64-year-old Northwest Real Estate Board, located at 6965 W. Belmont Ave. in Chicago, regularly makes donations or sponsors fundraisers for "good causes" throughout the year. NWREB President Robert L.

Adia Personnel Services opens

Adia Personnel Services' sixteenth office opens today in Evanston. Adia is a leading supplier of temporary and permanent personnel with over 400 offices in 35 states. Located at One Rotary Center, the new office is

Borkowicz and Sales Council Chairman Tonette R. Maggio are encouraging the general public to attend Aug. 27 for "a night of fun and enjoyment while assisting a most worthy children's-care organization," by calling for tickets at NWREB HQ's at 637-8200.

under the direction of Frank Troppe. "We decided to open an office in Evanston rather than expand our existing operations because of its strategic location", Denise Deans, area vice president, explained. "Being based in Evanston enables us to maximize prompt service to clients, and allows us to recruit top personnel."

The new office specializes in both temporary and permanent placement, and is able "to draw upon the resources of all our local operations," according to Deans. "We're a full service company, able to meet all of our clients' staffing needs."

There are over 1000 Adia offices worldwide. Adia-U.S. is headquartered in Menlo Park, California.

NAWIC host speaker

Mr. Dave Sauerman, Assistant Vice President of Harris Trust & Savings Bank Builders Real Estate Section will be the featured speaker at the Tues., Aug. 16, meeting of O'Hare Suburban Chapter 193 of NAWIC. His topic will be "How to Deal with Your Banker."

The 1988 Scholarship recipients have also been invited to attend this meeting. Scholarships awards to be presented this year total \$6,000.00.

This meeting will be held at the Navarone Restaurant, 1950 E. Higgins Rd., Elk Grove Village. Reservations for dinner at \$8.50 may be made with Jennie Oratowski at 678-4200. Social Hour - 5:30 p.m., Dinner at 6:30 p.m.

The regular business meeting of the O'Hare Suburban Chapter #193 of the National Association of Women in Construction will follow the program. Guests and all women interested in the Construction Industry are invited to attend.

Golf Mill'ing Around The Mall

by Linda Zachow

Greetings from GOLF MILL. Normally in mid-August our eyes would be riveted on fall fashions. Our minds would be conjuring up images of approaching crisp cool autumn days, and we would be writing about the fading of summer. This year is different. With relentless furnace-like conditions still tormenting our lives, most of us are preoccupied with the same thoughts we were thinking at the end of last spring—how can we stay cool?

People aren't the only organisms affected by this unusually hot summer. We visited DOCKTOR PET CENTER and asked owner Bruce Donahue how animal species react to climatic conditions. Bruce pointed out that he does a balancing act with different species just as nature does. Because Docktor Pet Center carries tropical and domestic species, the climatic and nutritional needs of different animals vary. There's a world of difference between the needs of small puppies and tropical birds.

"Tropical birds," Bruce told us, "thrive in warm conditions. Once the temperature in the store goes below 70°, the birds become quiet and listless." On the day we visited, the chatter of parakeets, parrots, and cockatiels was almost ear-splitting. These birds were obviously enjoying the warmer temperatures in the main part of the store, except for Hughey, their talking parrot. Hughey is known to both customers and employees as the "grouch". Hughey is nobody's fool. You walk past his cage, and the squawk of "hello" or "What's going on?" startles you into thinking this Yellow Headed Amazon Parrot is almost human. And just as Hughey has you hooked thinking how adorable he is, he laughs in your face. How impolite! Hughey is a real fooler according to employees who know him best. In spite of his friendly hellos, they say he's basically antisocial. Next time you visit the store be prepared. If you get laughed at, don't take it to heart. Consider the source.

On the other hand Docktor Pet Center is always knee deep in adorable, lovable and laughable puppies of all breeds. Wide-eyed and playful, they're just begging for the right family to adopt them so they can be your tried and true friend for life. While dog day temps live the birds, they are not for dogs. Bruce told us, "Dogs do not have sweat glands so they acclimate to colder conditions much easier than heat. Just as in humans, hot temperatures are dangerous for young puppies and older dogs. They should be kept as cool as possible. The only way a dog should be kept outdoors in this heat is if they have lot of shade and plenty to drink. Warning signs of overheating in dogs are listlessness and the appearance of being ill."

For Bruce, the pet business is not all fun and games. He chooses only select breeders from three states to ensure the most healthy specimens possible. A veterinarian comes to the store and checks each new arrival immediately to determine the animal's state of health and gives needed vaccinations. Pure bred dogs are a large monetary investment, but they also carry an even greater emotional investment for the adoptive family...To check out frolicy, frisky, healthy puppies, exotic birds, and other pets, don't miss a visit to Docktor Pet Center.

Tired of the same old lemonade and soda pop to cool your summer thirst? Why not try a can of all-natural Ginseng Rush? GENERAL NUTRITION CENTER, managed by Anu Sharma, is loaded with products to boost your health and provide heat relief this summer.

One of the most widely used ingredients in many health and beauty products are extractions from the age-old Aloe Vera plant. Aloe Vera offers some of the best relief for summer skin afflictions and sunburn. GNC carries a great variety of lotions containing Aloe Vera to soothe those summer skin problems away. GNC natural sun screens and tanning lotions also protect your skin from harmful rays with the highest rating of 15 and the safest most natural ingredients for your skin.

Anu, a native of India, a country where people do not have the privilege of rushing to the nearest medical specialist can personally attest to the healing powers of many natural remedies. She is not giving medical advice, though, because only a doctor can legally do that. Anu shared a story about a severe thumb infection she had as a child in India. Her mother wrapped the thumb which was swollen to twice its size in Aloe Vera leaves. Within two days the infection was healed.

Anu, a vegetarian, has great respect for and knowledge of ways in which proper nutrition and supplements can keep your body healthy. GNC carries a wide range of nutritional supplements, drinks, and lotions for the summer season, and a huge inventory of foods for people who are diabetic or have allergy problems. Treat your body to some of the best products to enhance your health at General Nutrition Center any time of year.

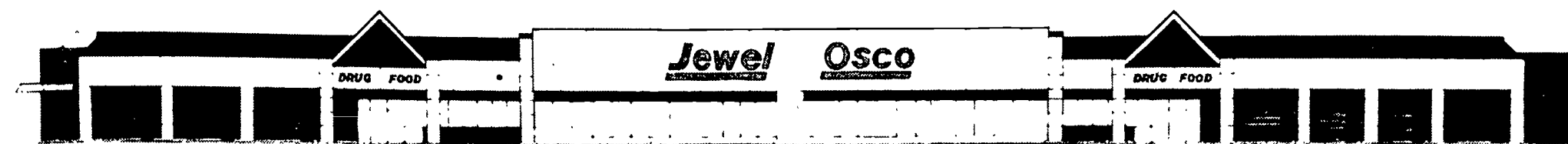
Until next time see you at the mall.

G.D. Searle purchase land site

G.D. Searle & Company has purchased a 2.58-acre land site at 5308 Old Orchard Rd. in Skokie, from MRX Development Company, announced Neil Young, vice president and sales manager for Grubb & Ellis' O'Hare office.

Mary McSorley of Grubb & Ellis represented MRX Development Company in the transaction. G.D. Searle was represented by its in-house counsel.

Jewel Foods plans multi-million dollar expansion



Jewel Foods is planning a multi-million dollar expansion/renovation of its anchor store in the Rolling Meadows Shopping Center and will develop the facility into a prototype "store of the 90's" inside and outside, reports property manager Greg McGovern.

The project represents a 230 percent increase in space from 27,000 square feet to 62,000 square

feet," said McGovern of Baird & Warner's commercial management division, management agent for the 186,000-square-foot center in Rolling Meadows. Baird & Warner's corporate group is leasing agent.

The new Jewel/Osco will be a full-service store, featuring a drugstore, in-store bakery, Pier 1 fish department, delicatessen, floral department, expanded pro-

duct lines and computerized checkouts. Work is expected to start in October and to be completed within one year, with the store staying open during construction.

Owned by Rolling Meadows Associates, Rolling Meadows Shopping Center is located on Kirchoff Road in the heart of the community northwest of Chicago.

The Jewel project is part of a general renovation and repositioning program, which also includes total remodeling of the 61,000-square-foot Crawford's Department Store, and new store fronts and facades for nine tenants fronting Kirchoff Road, McGovern notes.

"As the focal point of downtown Rolling Meadows, the shopping center is a full-service facility,"

said McGovern. The center's 40 tenants include a bank, savings and loan association, currency exchange, restaurants, U.S. post office, jeweler, eye doctor, hair salon, dry cleaner, coin-operated laundry, travel agency, and women's clothing, hardware and shoe repair stores.

For more information, telephone Baird & Warner at 368-5639.

St. Paul Federal opens new branch

St. Paul Federal Bank For Savings opened a new branch office at 4450 Golf Rd. to better serve customers in the Skokie area. Open July 28, the Skokie facility represents the 24th branch in St. Paul's growing network.

"St. Paul is branching out to better meet our customers' financial needs," said Joseph Scully, president and chief executive officer. "People have more demands on their time than ever before and financial institutions, like other local businesses, must provide convenient hours and locations. We at St. Paul are committed to being there when and where our customers need us."

The 4,600 square foot facility with plenty of parking is equipped to handle all your financial services needs. The Skokie branch features a walk-up Cash Station*, automated teller machine and a four-lane drive-up as well as a full-service investment center, part of our Investment Network, Inc., subsidiary.

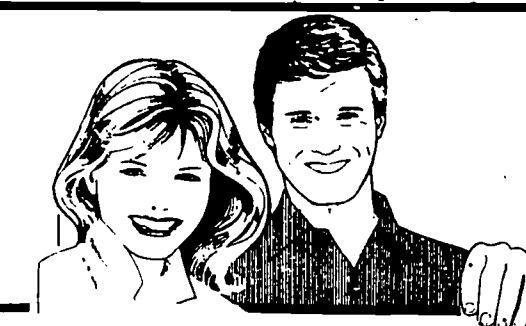
Now it's its 99th year, St. Paul Federal Bank For Savings has assets of \$3.1 billion and operates 24 branches throughout the metropolitan Chicago area. The Bank is the third largest Illinois

IDHR installs TDD line

The Illinois Department of Human Rights (IDHR) has installed a dedicated line to a communications device for the deaf (TDD) in its Chicago Office.

The new line assures deaf and hearing impaired callers a greater opportunity to complete calls by eliminating the competition with the extremely busy voice lines into the agency's downtown Chicago office. The private line has been connected to the TDD, which automatically answers the calls during peak periods and instructs callers to leave a message and instructions. Such calls will be printed on the device, to be answered by IDHR personnel.

Effective immediately, TDD calls for the Chicago office of the IDHR should be made to (312)263-1579. Springfield TDD calls should continue to be made to (217)785-5119. Both offices are open from 8:30 a.m. to 5 p.m., Monday through Friday.



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ENTERTAINMENT GUIDE

Purple Heart Cruisers



Shown above aboard the beautiful "Spirit of Chicago" for Kup's 44th annual Purple Heart Cruise on Lake Michigan are "Just Friends" (a Sweet Adeline Quartet).

L to r: Meg March - Elmhurst, Clare Doud - Niles, Irv Kupcinet, Jeanne Anderson - Buffalo Grove and Claire Cooner - Oak Park. This was the third time this group entertained on the cruise which was an exciting and gratifying experience. The cruise took place on Thursday, July 28.

Hawthorne Race Track trip

Pick a winning trip by joining the Bernard Horwich/Mayer Kaplan Jewish Community Center (JCC) outing to the Hawthorne Race Track on Thursday, August 16.

The trip is sponsored by JCC's Mature Adult Department. Buses will leave the Skokie site, 5060 W. Church St. at 11:30 a.m. and the Chicago site, 3003 W. Touhy Ave., at 12 p.m.

Lucky or unlucky at the finish, it's a sure bet that this trip will be a fun one. The price, which includes bus transportation, is \$14 for JCC members and \$18 for non-members.

For information call 675-2200.

Variety Club benefit festival

Non-stop fun, festivities and food for the entire family... Sunday, August 14, at the Scottish Rite Bodies Facilities, State at Delaware, in Chicago, from 8 a.m. to midnight. Join celebrities in a 10K run, 12-hour dance marathon, mini-carnival, Chicago Firefighters' Chili cook-off, photo contests, crafts, autograph booth and more! All to benefit abused, abandoned, disabled and underprivileged children through Variety Club's Charity Festival. Call the festival hotline: 855-0885 for details.

Jewish Family Service Art Fair

The Niles Township District of Jewish Family and Community Service (an affiliate of the Jewish Federation of Metropolitan Chicago) will have a booth at the Greater Chicago Jewish Arts Festival at Centennial Park in Evanston (Church st. at Sheridan rd.) on August 14, 11 a.m.-5 p.m. Individuals and families will be invited to place a pin on a world map to show the location from which their family originated. Family Fun Questionnaires will be available to help families recall their origin and interesting facts about their families.

The Festival will feature top Jewish talent in the Chicago area with music, dance, storytelling, hands-on activities, art, crafts and cuisine.

Jewish Family and Community Service is a 129-year old social service agency which provides family, couple, individual and group counseling, child development programs, counseling with the elderly and hearing impaired, homemaker services, family life education programs, family advocacy and resettlement services.

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Festa Italiana at Navy Pier

The annual Festa Italiana will feature continuous entertainment and exhibits, Italian food and a fireworks display at Navy Pier, Aug. 19, 20 and 21.

Over 30 local and international artists and sculptors will display their many works of art at this year's Festa Italiana. Bob Buono, a native of the Chicago area, will present a sculpture demonstration. An exciting audio-visual exhibit will be presented highlighting the accomplishments of the Italian Americans in the 20th century. A documentary of slides and photographs depicting the history of the Italian Americans from the early 1900's to the present day will also be on exhibit.

Amerital Unico Club of Chicago, sponsors of the 10th Annual Festa Italiana, has announced the added attraction of internationally-known singing star Anna Marie Alberghetti. Other entertainment include Bobby Rydell, the rock 'n roll favorite, singing the great hits of the '50's, '60's, accordionist Dick Contino, Freddie Bell, popular Las Vegas entertainment and Frankie Fanelli, nationally acclaimed singer and recording artist along with comedian Billy Falbo.

Gates open at noon. Tickets are available and can be purchased at Dominick's Finer Foods and Butera Food Stores and participating outlets. Tickets are \$5 in advance and \$6 at the gate. Children under 7 are admitted free.

For further information, call 829-8888.

Musical Duo perform



"With A Song In Our Hearts", a program of Broadway hits, old standards, Grand and Light Opera, "lieder" and sacred music, will be presented by the husband-and-wife duo of Jan and Brad Keating at the North Shore Hotel, 1611 Chicago Ave., Evanston, on Tuesday, August 16 at 2:30 p.m.

The public is invited to attend the program at no charge.

Both Keatings have won a great deal of acclaim for their performances. Baritone Brad has sung in "La Traviata", "The

Merry Widow", "Kismet" and "Guys and Dolls" and was a National Finalist in the San Francisco Opera Auditions.

Jan has appeared as conductor/pianist at the Ivanhoe, Pheasant Run, Lincolnshire and Forum theaters as well as the Chicago Opera Theater and Light Opera Works. She has completed eight seasons as pianist for the Arie Crown production of "The Nutcracker Suite".

For reservations, please call 864-6400.

Darting for charity

The Variety Club of Illinois is gearing up for its first annual Dart-A-Thon, one of the many festivities planned for this year's Charity Festival.

The Dart-A-Thon, scheduled to start at noon on Sunday, Aug. 14, at the Scottish Rite Bodies facility at State and Walton, features some of the city's finest dart players going head to head in a tournament of '501' and 'Dirty Cricket.'

"It's going to be a great afternoon of darts," said Don Chornomaz, president of the Windy City Darters.

The teams, comprised of four players each, will be sponsored by local pubs and taverns. According to Terry Casey, owner of Casey's Pub on West Diversey, there is good competitive spirit

for local taverns. "The competition is good the the dart players at events like this," said Casey.

Organizers expect hundreds of Chicago's top dart players to be competing for their respective pubs. "It's a good chance to meet with friends and have a lot of fun for a good cause," noted Casey.

The public is welcome to stop by and visit the pro darters who will offer tips to the public and take on all challengers throughout the day.

Proceeds from the Dart-A-Thon will benefit the St. Joseph's Carondelet Child Center and other children's charities.

All taverns are encouraged to sponsor teams and join in the fun. For more information, contact Don Chornomaz at 286-3848.

Arts and Crafts Fair

A juried arts and crafts fair with more than 150 exhibitors is just one of the very special events planned for the Skokie centennial three-day festival on August 12, 13 and 14. The once-in-a-century festival will be at Skokie's Niles west campus and features food, fireworks, entertainment, a children's tent, a carnival with rides, a beer garden and much more. For more information, call 673-0500.

Auditions open for '1776' play

Auditions for the play "1776" produced by Semi-Classical Players, will be held August 31, September 1 and 6 at 7:30 to 10 p.m. Auditions will take place at Forestview Educational Center, 2121 S. Goebbert, Arlington Heights. Performance dates are Friday and Saturday, Nov. 5-6 and 12-13. Many male lead and chorus roles.

For further information call Nick Greanus at 699-7191.

Centre East Goes West

It's a weekend of belly laughs with Jerry Seinfeld, Emo Philips and a host of others when Centre East Goes West on Friday, Aug. 12 and Saturday, Aug. 13 at the Niles West Theatre. Join emcee Kevin Mathew and celebrate Skokie's centennial with the cream of the comedy crop. Two nights with the funniest guys around! Plus - see Zanies all-star comedy revue and witness Chicago's hottest comedy talent. Tickets for the Skokie centennial comedy fest are \$13 to \$17, and are available at Ticketmaster, 902-1500; Centre East, 673-6300; and the Village of Skokie, 673-0500.

Babies are booming at Chicago's Brookfield Zoo

If you enjoy the "little" wonders of nature, be sure to visit Chicago's Brookfield Zoo this summer. More than 200 pups, calves, foals, chicks, and other animal offspring have arrived since January 1.

Among the most popular additions to the zoo are two giraffes, two lowland gorillas, three snow leopard cubs and four zebras. Brookfield Zoo also welcomed its first two harbor seal pups and a waterbuff calf this summer.

"This has been a tremendous summer for animal births," said Ed Schmitt, Associate Director in charge of Brookfield Zoo's animal collection. "Visitors en-

joy watching animal youngsters, some of which are just hours old, explore and interact with their parents. It's like watching a toddler walk on its own for the very first time," said Schmitt.

At the Children's Zoo visitors may touch bunnies, chicks and other domestic animals, play alongside goat kids and watch a resident sow caring for her young.

Many of the zoo's new arrivals may be found in indoor exhibits. For example, at Tropic World, the zoo's naturalistic rain forest exhibit, births occurred among 12 species of monkeys. And at the Aquatic Bird House three Hum-

boldt penguin chicks have been spotted leaving their nests regularly.

Trades and breeding loans with other zoos assure that Brookfield Zoo maintains a balanced population of approximately 2200 animals representing nearly 450 species.

Brookfield Zoo is open daily from 9:30 a.m. to 6 p.m. through Labor Day and from 10 a.m. to 5 p.m. the rest of the year. Located at First Avenue and 31st Street in Brookfield, Illinois, the zoo is accessible from the Stevenson (1-55) and Eisenhower (1-280) expressways and the Tri-state tollway (I-294).

Country Fair & Food Festival

The annual Country Fair & Food Festival will open Saturday, Aug. 13, at 10 a.m. at the Methodist Camp Ground located on Algonquin Road, east of the Des Plaines River in Des Plaines.

Many booths will feature fast foods, crafts, Christmas items, bakery goods, rummage, children's games, and much more. Children will love the hayrack rides and the swimming pool. A complete roast beef dinner with all the "fixins" will be served starting at 3 p.m. for only \$5.50.

THE BUGLE'S Restaurant Guide

The Bugle Restaurant Guide

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ENTERTAINMENT GUIDE

North Shore Exhibit

A 70 year old paperweight, crystal goblets, a collection of movie stars' photographs, needlepoint, hand-crocheted afghans and hand-crafted wooden toys are just part of the "Crafts and Collectibles" Exhibition which was held recently at the North Shore Hotel, the senior citizen residence at 1611 Chicago ave., Evanston.

Many of the senior citizens proudly exhibited pictures and needlework belonging to their parents, said Mollie Wallsteadt, social director for the North Shore Hotel.

Others showed the paintings and handicrafts which they have made over the years.

But exhibits and fairs are just some of the activities at the North Shore Hotel. Other programs, all geared to senior citizens, includes arts and crafts, lectures, concerts, movies, dramatic and musical presentation, hobby and retirement fairs, health and senior adults.

The North Shore offers three nutritious meals a day in a sunny



Shown above: Resident Rosie Rosen views some "collectibles" at the North Shore Exhibit.

dining room with fresh flowers on every table.

Besides tasty, well-balanced meals, a fresh salad bar with a variety of excellent choices is available.

While sociability is important, the North Shore Hotel recognizes the need for privacy

and each resident has a private apartment with complete maid service. The library, various conversation areas and beautifully manicured garden with swimming pool for enjoyment.

For more information about the North Shore, call 864-6400.

Magician entertains LGH children



Magician Mike Hammer, from Des Plaines, is assisted by Pauline Marks (c) and Linda Bieschke, Child Life Therapist (l) while he performed his "tricks" for kids at Lutheran General Children's Medical Center, 1775 Dempster St., Park Ridge.

St. Demetrios Greek-American Fun Time

Chicago's Greatest Greek-American Festival, the 36th Annual St. Demetrios Picnic will be held on the Church grounds (2727 Winona) for four days, Thursday thru Sunday, August 21, 26, 27 and 28.

The rhythm of Greek music and the aroma of charcoal-broiled shish-ke-bob and chicken will fill the air during the four day picnic, where a great number of people are expected to take part in the largest celebration of Chicago's Greek-American Community. This year's festival highlights the 60th anniversary of St. Demetrios Greek Orthodox Church of Chicago—60 years of Christian service to the community.

Young and old alike will work up a good appetite dancing the zembekiko, a rhythmic folk dance to the music of Greek bands, game booths, contests and balloons will add to the "Greek American Fun Time."

The high point of the picnic will come at 11 p.m. Sunday, when the winning raffle tickets are drawn. \$6,800 in cash prizes include: 1st—a Grand Bonus of \$5,000;

2nd—\$1,000; \$500 for the 3rd; 4th, 5th and 6th prizes—\$100.

Don't let the threat of rain keep you home. According to President Tom Paspalas and Rev. Emmanuel Vergis, 7201 N. Lincoln, Lincolnwood, St. Demetrios has promised to smile on the celebration with letter-perfect weather.

"In case of rain, most of the events will be held in the huge church auditorium," says Chairperson Angelina

Ellakopoulos.

Admission is free until Friday, Saturday and Sunday, when there is a \$2 charge (which includes one raffle ticket). The festival will open from 5 to 11 p.m., Thursday, Friday and Saturday, and from noon to midnight Sunday. Ample parking is available at the Swedish Covenant Hospital parking complex and the Transfiguration Church parking lot, Carmen and Rockwell.

Theatre premieres 'Miles from Home' benefit

Steppenwolf Theatre Company announces a benefit screening of the American Premiere of "Miles from Home," at 6:30 p.m., Monday, August 29, at the Fine Arts Theatre, 418 S. Michigan Ave. The film, directed by Steppenwolf's Gary Sinise, stars Richard Gere and features Steppenwolf ensemble members Kevin Anderson, Randall Arney, Robert Breuler, Francis Guinan, Moira Harris, Terry Kinney, John Malkovich and Laurie Metcalf.

Following the film, there will be a benefit celebration with the cast aboard the S.S. Clipper, docked at Navy Pier. Benefit guests will be offered a champagne buffet, open bar, and the sounds of Michael Lerich and his Orchestra.

Tickets for the film are \$25, and reservations for the evening, including the party on the S.S. Clipper, are \$100 per person. For further ticket information, call Judith Simons at (312) 472-4515.

Steppenwolf Theatre Company, 2851 N. Halsted, is comprised of 21 actors committed to the ensemble approach to dramatic art.

Mexican Dance and Music Concert

Ridgeville Park District proudly presents for the last concert in their summer series, the exciting Mexican Folkloric Dance Company of Chicago and the Guadalupe Mariachi Band. Both companies have won awards in their field and are very well known on the Chicago entertainment scene. This entertaining double bill will delight all ages. This free concert is held on the grounds of Ridgeville Park, 908 Seward, Evanston, at 6 p.m., Sun., Aug. 14. Bring the family and a picnic supper.

These concerts are sponsored in part by a grant from the Evanston and Illinois Arts Councils.

For information call the Ridgeville Park District at 869-5640.

Stratford Play Festival trip

Theatre-lovers of all ages can see some of the finest productions of William Shakespeare and 20th century playwrights in a field study course to Stratford, Ontario, from Sept. 28-Oct. 2.

Sponsored by the Oakton Community College MONNACEP program, the five-day program will provide a rare learning experience by combining enrichment, education and entertainment. Tourists will be treated to six plays including such classics as "Three Musketeers," "Murder in the Cathedral," "My Fair Lady," "Once-in-a-Lifetime," "Two Gentlemen of Verona," "The Taming of the Shrew," and "Irma La Douce" (optional). Backstage tours and lectures by actors and professional staff will give additional insight into the art and fascination of the theatre and their interpretations of the plays and the various roles in them.

The course may be taken for three college credits or for audit. The course instructor is Allen Schwartz, who has conducted over 50 study tours to the Stratford and Shaw Festivals over the years. His literary insight and congenial sense of humor have made his escorted tours most popular.

The cost is \$384 which includes round trip transportation in a luxury coach, theater tickets and lodging. The coach will leave at 7 a.m. from the Oakton East campus (7701 N. Lincoln ave., Skokie).

For information, call 679-4123 or 882-8888.

Centre East presents political satirists

An intelligent and uproarious trio of political satirists will send you laughing down the campaign trail when Centre East opens its 1988-89 Season with its Election Series: Pat Paulsen, Saturday, Oct. 1; Mark Russell, Saturday, Oct. 29; Mort Sahl, Saturday, Nov. 12. All shows begin at 8 p.m.

The "Almost President of the United States," Pat Paulsen, winds up his campaign with the sharp wit that has brought him laughs nationwide. Paulsen has been the guest speaker at both the Republican and Democratic National Committee Meetings. He has also appeared on TV: "The Smothers Brothers Comedy Hour" and "Pat Paulsen's Half a Comedy Hour"; in film: "Ellie" with Shelly Winters; and theater: "Harvey," "The Odd Couple" and "Last of the Red Hot Lovers."

Mark Russell, the nation's most sought-after political comedian, takes his jabs at the candidates with wit as sharp as a blade. Russell first gained attention during the Watergate Era. It was during this time that he said, "You could anticipate the size of the audience you'd have that night by how startling the news had been." Since that time, Russell's book, "Don't Do Unto Government What It Tries To Do Unto You," recordings, "Assault With a Deadly Peanut," "Up The Potomac Without a Canoe" and others, as well as numerous radio and TV programs, have catapulted Russell to the top of political satire.

Post-election time brings Mort Sahl's irreverent satire to Centre East. Clive Barnes, of the New York Post, says Sahl "takes you... the chosen ticketholders... into his confidence, as members of a sublime, intellectual elite, conspiring against the fools of fashion."

Ticket prices for Centre East's Election Series are as follows: Pat Paulsen, \$14/\$16; Mark Russell \$23/\$25; and Mort Sahl, \$18/\$20.

Discounts are available for Senior Adults and groups of 20 or more. All tickets are available at the Centre East Box Office, 7701-A N. Lincoln in Skokie, 673-6300, TicketMaster, 902-1500 and all TicketMaster outlets.

Free Illinois travel guide

"The Time Traveler," Illinois' colorful new guide to the twenty-six major state-owned historic sites, is now available to the public free of charge from the Illinois Historic Preservation Agency and the Department of Commerce and Community Affairs. "The Time Traveler" brochure, now in its second printing, has been redesigned in booklet format and the historic sites are arranged in chronological order based upon the history of Illinois. Each individual historic site is highlighted with a full page of information complete with site specific directional information.

To receive a copy of the brochure, write to "The Time Traveler," Illinois Historic Preservation Agency, Old State Capitol, Springfield, 62701 or contact the Illinois Office of Tourism at this toll free number (800) 252-8887.

Carroll Foundation to present 50 Fest

For the 8th consecutive year, the Howard W. Carroll Foundation will present the 50 Fest. On September 4 and 5, Sunday and Monday (Labor Day weekend), the city's largest neighborhood festival will feature 12 restaurants offering their specialty American and Continental cuisine, 14 musical groups performing continuously on the Main Stage and the Rock Stage, and a Show Stage will showcase variety performances.

The Ronald McDonald Show begins the festivities, immediately followed by the Jesse White Turnbiers on the Show Stage starting at noon on Sundays. Popular Musical groups blend their talents bringing the finest musical styles and sounds from two bandstand stages. The entertainment is continuous on each fun filled day.

As always, admission is free. In addition, free Bingo is featured for Senior Citizens each afternoon. Warren Park, 6800 N. Western, Chicago, will be buzzing with merriment and excitement

as the 50 Fest presents fun, food and family entertainment for the 8th straight year from 11 a.m. until 10 p.m. each action packed day. There's something for everyone—an Arts and Crafts Bazaar, Children's games, Civic Information area, Beer Gardens, Jumping Jack, Q 101 and Q-Zilla, and much, much more. A fabulous fireworks display ends each evening.

For information, call Arlene Novak at 743-5015.

John Gary Show

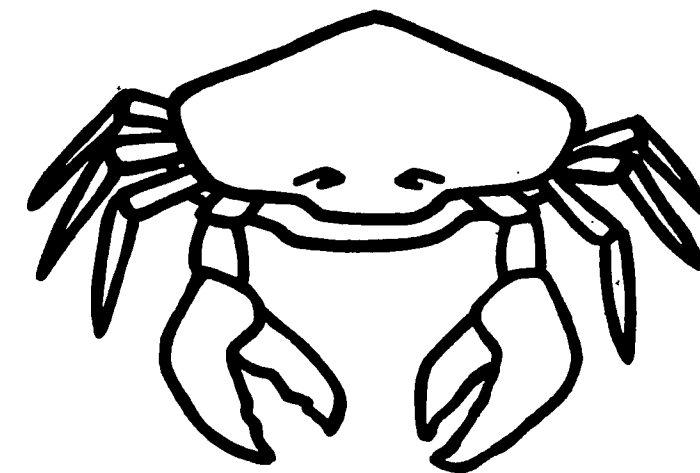
Pheasant Run Theatre, Rt. 64, St. Charles, welcomes back the ever popular John Gary to its newly decorated theatre. Dinner shows are scheduled beginning Sept. 2, every Friday at 7:30 p.m. with 10 p.m. cocktail show, and every Saturday at 7 p.m. and 9 p.m. through Sept. 17. For ticket information and reservations please call (312) 584-1454 or (312) 281-7943. Hotel weekend packages available through (312) 584-5300.

Presidential citation award



The 61st annual Variety Clubs Convention at the Hyatt Regency Chicago, saw International President Michael Samuelson (r) honor alternate vice president Mort Blanc, 7201 N. Lincoln, Lincolnwood, Variety Club of Illinois (l), with a presidential citation for his outstanding service and dedication to the aims of helping underprivileged and handicapped children.

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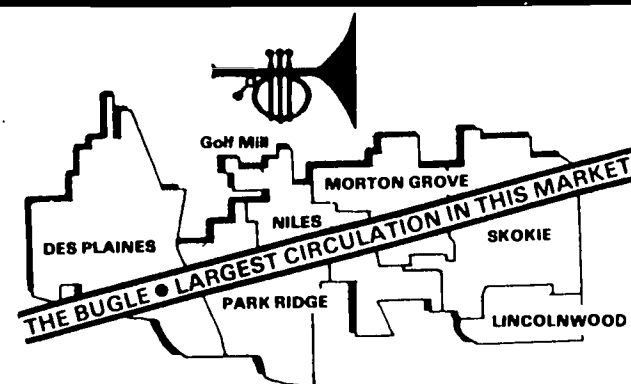
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buyers. No payment for 90 days.
The Cabinet People
520-4920



CALLIGRAPHY

*Calligraphy
by Maria*
M
call 967-6922
after 6:30 PM

CARPET CLEANING

**COME CLEAN
CARPET CLEANING**
Steam Cleaning Offers
**2 ROOMS CLEANED
FOR ONLY \$38.00**
Available 24 Hours
296-3786

**TOUCH OF BEAUTY
CARPET CLEANING**
Full service carpet cleaning
specialists. Free estimates, fully in-
sured.
8856 Milwaukee Avenue
Niles, Illinois
827-8097



**Dry Foam Carpet
& Upholstery
Cleaning**
Wall Washing And Other
Related Services Available
7 day service
phone 967-0924
**CLEARWATER
CLEANING
SERVICE**
Free Estimates, Bonded, Insured

CARPET SALES

**NEW YORK
CARPET WORLD**
AMERICA'S LARGEST
CARPET RETAILER
• SHOP AT HOME •
Call
967-0150

CATCH BASINS & SEWERS

**JOHN'S
SEWER SERVICE**
Oakton & Milwaukee,
Niles
696-0889
Your Neighborhood Sewer Man

CEMENT WORK CONCRETE

C & F CONSTRUCTION, INC.
• ALL CEMENT WORK •
• Driveways • Patios
• Stairs • Garages • Etc.
625-3856
Licensed Insured
Free Estimates

CEMENT WORK CONCRETE

Licensed & Bonded FREE ESTIMATES
G & L CONTRACTORS
Driveways • Patios • Steps
Aggregate • Brick Paving
GUY:
966-7980

**CEMENT WORK
by Pelagio Construction**
Specializing in concrete stairs,
porches, garage floors, driveways,
sidewalks, patios, etc.
INSURED BONDED FREE EST.
860-5284 351-3454

**MIKE NITTI
CEMENT CONTRACTOR**
• Patio Decks • Driveways
• Sidewalks
Free Estimates Fully Insured
Licensed 965-6606

CLEANING SERVICES

**NORTH SHORE
MAIDS**
Exclusive Residential Cleaning
509-1200
Call for rates
and information

BERNICE'S MAID SERVICE

A crew of women to clean
your home. Our own trans-
portation, equipment & sup-
plies.
698-2342

Working Full Time? Relax! Let CLEAN-UP CREW

Handle your housekeeping needs!
Services:
• General House Cleaning
• Move In/Outs
• Before/After Parties
• Offices
• Carpets & Wood floor cleaning
Chicago & Suburbs
Bonded & Insured. 7 days a week
weekend & night hours. 24 hour ser-
vice.
For more info & a \$5 discount, call:
CLEAN-UP CREW INC.
(312) 470-2823

**ADVERTISE
YOUR
BUSINESS**

DECKS

**STYS
HOME
IMPROVEMENTS**
Interior & Exterior
• Carpentry • Dry Wall
• Tile • Decorating
Wooden Decks
Replacement Back Porch
Under \$500
692-5163

GUTTER & WINDOW

**GUTTER CLEANING
SEAM REPAIR**
Downspout Rerouting
& Installation
In Business 16 Years
Call:
GARY JANOWITZ
262-7345

HANDYMAN

**RICH
THE HANDYMAN**
Building Maintenance
• Carpentry
• Electrical • Plumbing
• Painting-Interior/Exterior
• Weather Insulation
GUTTER CLEANING
INSURED REASONABLE RATES
FREE ESTIMATES
965-8114

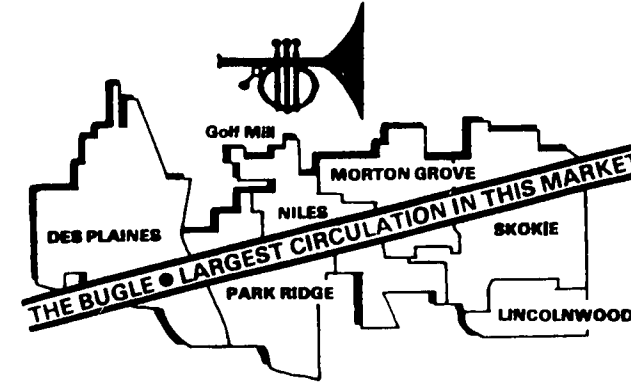
**CIRCLE - J
MAINTENANCE SERVICE**
PLUMBING - ELECTRICAL
CARPENTRY -
SEWER RODDING
HEATING - ROOFING
NO JOB TOO SMALL
LICENSED & INSURED
FOR FREE ESTIMATE CALL
966-2312

HORNET REMOVAL

**SPECIALIZING IN
REMOVAL OF
HORNETS - WASPS
and HONEY BEES**

Peter M. Samorez
7502 Palma Lane
Morton Grove, IL
965-4749

USE THE BUGLE
WANT ADS
966-3900



Your Ad Appears
In The Following Editions

- NILES BUGLE
- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

BUSINESS SERVICE DIRECTORY

LANDSCAPING

**GILBERT
LANDSCAPING**
• Complete Lawn Service
• Fertilizing
• Complete Trimming
• Bushes & Evergreens
Low Prices Free Estimates
459-9897

MOVING

**MOVING?
CALL
668-4110**
1 Piece
or Truckload
Ask for **KEN**

ALL C.C. 2867 MC

PAINTING & DECORATING

**CRITES
Painting
& Decorating
Service**
Interior • Exterior
Residential • Commercial
Fully Insured
Free Estimates
685-5977

DESIGN DECORATING
• QUALITY PAINTING
• EXPERT PAPER HANGING
• WOOD FINISHING • PLASTERING
• We vacuum & put furniture back •
967-9733
Call Ves
Free Estimates
References

PRECISION PAINTING

• RESIDENTIAL • COMMERCIAL
Complete Decorating
• WALLPAPERING
• WOOD REFINISHING
• FULLY INSURED
FREE ESTIMATES
TONY
286-6044

**LORES DECORATING
COMPANY**
Quality Painting
• Interior • Exterior
• Wood Staining • Dry Wall Repairs
Free Estimates Insured
CALL GUS
965-1339

PAINTING & DECORATING

**Rich The Handyman
PAINTING**
Interior Exterior
Staining and
Pressure Treated Preserving
FREE ESTIMATES
Reasonable Rates Insured
965-8114

PEST CONTROL

SAY NO TO PESTS!
Complete and thorough pest
control for your home and
office guaranteed.
Insured and Certified
CALL **DEBBIE**
792-1025

PETS

**NICE PETS FOR
ADOPTION**
to APPROVED HOMES
Hours: 1:15 p.m. Daily
Receiving animals 9-5 weekdays,
8-1 Saturday,
Closed Sundays
& All Legal Holidays
KAYS ANIMAL SHELTER
2705 Arlington Hts. Rd.
Arlington Heights

PLASTIC COVERS

PLASTIC COVERS
First Time at Wholesale Price
2 for 1
Free Estimates Insured
**CLOTH & UPHOLSTERY
DOMINICKS
PLASTIC COVERS**
10 S. Main St., Park Ridge
692-5397
We have served the Northern
suburbs for 20 years.
Save 15% with ad

PLUMBING

**AUTRY'S, INC.
(DO-DROP)
SEWERAGE
CATCH BASINS**
CLEANED \$25 & up
Also Repaired & Rebuilt
• Electric Rodding
• Tree Roots Removed
• Bathrooms, toilets, main line
& sink lines opened
• Sump Pumps installed
24 HOUR-7 DAY SERVICE
588-1015
Minutes from your door
FREE ESTIMATES 30 YRS. EXP.
Insured Bonded Lic3798
\$10 OFF RODDING OF
MAIN SEWER PIPES

PLUMBING

ADD A JOHN
In your home, basement, attic or
rec. room. We do all repair work
also remodeling.
JOHN NERI & SONS
698-3115
252-NERI

**MIKE'S
PLUMBING SERVICE**
Plumbing repairs & remodeling.
Drain & Sewer lines power rodded.
Low water pressure corrected.
Sump pumps installed & serviced.
338-3748

ROOFING

O'GRADY ROOFING
All types of roofing
& emergency repairs.
Free estimates
CALL **TONY**
807-8592

**LOW COST
ROOFING**
Complete Quality
Roofing Service
FREE WRITTEN ESTIMATES
966-9222

SCHOOL GUIDE & INSTRUCTION

Financial aid for college is
available. Millions go
unclaimed each year. We
will help you get your
share...guaranteed.
For free information call:
792-6610

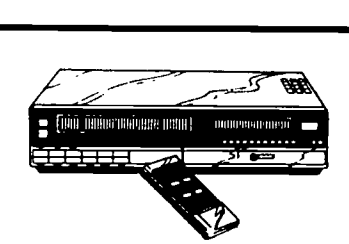
TUCKPOINTING

**Early Bird Prices
DJK**
Tuckpointing/Masonry
Chimneys Rebuilt,
Repaired
& Cleaned
Flagstone Walks
Complete Masonry Repairs
Serving North Shore
Over 10 Years
Fully Insured Free Estimates
965-6316
Morton Grove

**BOB FARRELL
TUCKPOINTING**
• Chimneys Repaired & Rebuilt
• Leaks Repaired & Waterproofing
BEST PRICES
FREE ESTIMATES
774-2479
10% Senior Citizen Discount

VCR MAINTENANCE

Specializing in:
• VCR HEAD CLEANING
• REPAIRS
• HOOKUPS IN HOMES
• REASONABLE RATES
CALL **DAVE**
774-9112
or leave
message



WALL WASHING

**NORTHWEST
WALL WASHING**
Walls, Ceilings, Woodwork wash-
ed; Carpets cleaned. Specializing in
Residential Cleaning.
Free Estimates Insured
252-4670 252-4674

TOO LATE TO CLASSIFY

**G & G
CONSTRUCTION**
Brick work, cement and
foundation.
243-7930

Business Directory

IMMEDIATE PRINTING

48 HOUR SERVICE
• LETTERHEADS
• ENVELOPES
• BUSINESS CARDS
• FLYERS
• BULLETINS
• WEDDING
INVITATIONS
• BUSINESS FORMS
965-3900

**IMMEDIATE
PRINTING CO.**
6110 DEMPSTER
MORTON GROVE, ILL.

FRANK J. TURK & SONS, INC.

• AIR CONDITIONING
• SHEET METAL
• HEATING
647-9612
7136 TOUHY AVE.
NILES, ILL. 60648

CONTRACT CARPETS

8038 Milwaukee
Niles, Ill.
• ALL NAME BRANDS
• ALL TEXTURES
• Padding and Installation
available
• We quote prices
over the phone
FAIR PRICES
• COMPARE - THEN SEE US!
692-4176
Call 282-8575

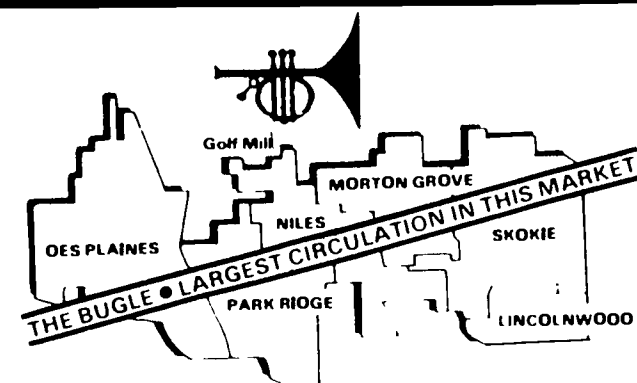
THE BUGLE'S Business Service Directory

STOP
LOOK
AT THE BUGLE'S
Low, low rates, which
enable you to:
ADVERTISE
To attract
potential customers!
GO
To your phone and
CALL NOW
966-3900

BUGLE BUGLE BUGLE BUGLE BUGLE

BUGLE BUGLE BUGLE BUGLE BUGLE

USE THE BUGLE WANT ADS 966-3900



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- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE



HELP WANTED



WOMEN'S CLOTHING SHOP
located in Woodfield Mall seeking enthusiastic salesperson. We specialize in Semi-traditional to Sporty apparel. Excellent benefits. Call
490-1810

CASHIER SALESPERSON
Full time - 5 day week
For well known pharmacy in Niles. Call:
583-1199
Ask for Gary

CLEANING LADY PART TIME
2 or 3 days per week to fit your schedule. Call after 4 p.m.:
STUDIO RESTAURANT
8717 Lincoln Ave., Morton Grove
965-1962

POSITIONS AVAILABLE FOR FOOD SERVICE PERSONNEL
Full and part time, Monday through Friday. Meals and uniforms provided. Excellent benefits package available.
Call Larry Moore
Before 11 a.m.
635-1879
CANTEEN CORPORATION
C/O OAKTON COLLEGE
1600 E. Golf Road,
Des Plaines
Equal Opportunity Employer M/F

FOOD SERVICE WORKERS
Arbor Management has school year opportunities, beginning in August, available at PARK RIDGE, NILES SCHOOL District Cafeterias. General cafeteria and servers are needed at area schools. Prior experience in food service is NOT required, for part time positions. Please call:
620-5005
Between 9 a.m.-3 p.m.
For Applications
Equal Opportunity Employer M/F

PART TIME Food Service Workers ALL SHIFTS ALL POSITIONS
at Trinity College, Deerfield.
Must have own transportation
CALL KAREN
945-0110
for appointment & information
Marriott Corporation
equal opportunity employer

RESTAURANT
Experienced Help Wanted
*HOSTESSES
*WAITRESSES
*GRILLMAN
HORIZON CAFE
9463 W. HIGGINS
ROSEMONT, IL
698-6900
Ask for Jean from 1 p.m. - 5 p.m.
Ask for Tina after 5 p.m.

NIGHT PORTER WANTED
Must be over 16 and speak English
Hrs. 4 p.m. - Midnight
4 days a week
APPLY IN PERSON
CLASSIC BOWL
8530 WAUKEGAN
MORTON GROVE

BUGLE SEEKS NEWSBOYS
The Bugle is seeking delivery news-carriers of all ages to deliver newspapers on Thursdays.
For An Opportunity To Earn Extra \$\$\$
Call
966-3900

Join the Montgomery Ward Team in any of the following sales positions:

- ELECTRONICS
- MAJOR APPLIANCES
- FINE JEWELRY

At our newest store in Niles, we have much to offer qualified candidates...modern working conditions and many company benefits.

PERSONNEL DEPARTMENT
Montgomery Ward
8315 GOLF ROAD
(FOUR FLAGGS SHOPPING CENTER)
NILES — 967-9300

an equal opportunity employer m/f

SALES PERSONNEL FULL AND PART TIME
Our outstanding store in Northbrook Court has immediate full and part time positions available in the following departments:

- FINE JEWELRY
- COSMETICS
- FURNITURE
- WOMEN'S SPORTSWEAR
- LADIES AND MEN'S SHOES
- CURTAINS & DRAPES
- MERCHANDISE TICKETING
- CATALOG/CREDIT DEPARTMENT

- Flexible schedules may be available
- Employee discount program
- Excellent benefit package available

Apply in person Monday thru Friday 10 a.m. - 8 p.m.
Saturday 10 a.m. - 4 p.m. and Sunday 12 noon - 4 p.m.
480-7480
JCPenney
northbrook court
1555 LAKE-COOK ROAD
NORTHBROOK, ILLINOIS
an equal opportunity employer m/f

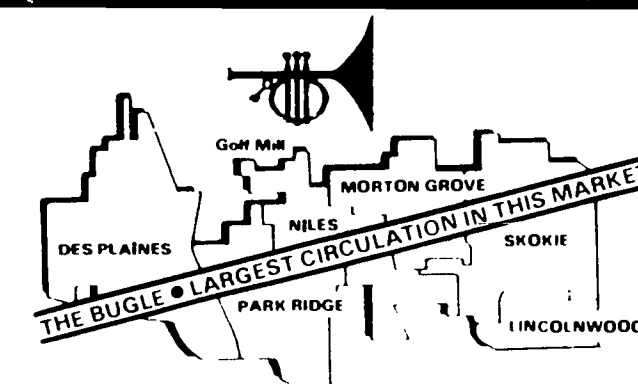
ASSISTANT STORE MANAGER
Pepperidge Farm has an immediate opening for an Assistant Store Manager in a convenient type operation.
Hours must be flexible. Retail experience preferred. Competitive starting salary and benefit package.
APPLY IN PERSON
PEPPERIDGE FARM
9030 N. Milwaukee Ave., Niles
296-0121
see m/f/v/h

WE WILL GET THE MESSAGE FASTER ON OUR QWIP TRANSCEIVER

Qwip

BUGLE NEWSPAPERS
8746 N. SHERMER RD., NILES, ILLINOIS
966-0198
(OUR QWIP NUMBER)

USE THE BUGLE WANT ADS 966-3900



Your Ad Appears
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- NILES BUGLE
- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE



HELP WANTED



CASHIER/ SWITCHBOARD OPERATOR FULL & PART TIME
Experienced on calculator
CALL BILL OR MARION
675-8880
GROSSINGER'S VILLAGE CADILLAC
LINCOLNWOOD

REAL ESTATE SALES TRAINEE
Thinking of starting a new career with unlimited earnings potential. Register now for classes starting soon.
MR. DENNIS
675-8900

GENERAL MANAGER for ERW TUBE MILL IMMEDIATE OPENING!!!
* Must have ERW Tube Mill experience
* Must have strong management skills supported by a good electrical & mechanical background.
* Contract salary
* Bonus program
* Fringe benefits
* Pension
* Hospitalization
Send resume to:
ACME ROLL FORMING CO.
812 N. Beck
Sebewaing, Mi.
48759-0706

SUMMER PART TIME INCOME
4-9PM Monday-Friday. Help us raise funds for well known National Charity from our Des Plaines Location. Should Expect To Earn \$100-\$200 Per Week. For Interview Call: JOHN or KERRY After 10AM.
298-7730

CORRECTIONS
Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.

CASHIER/ RECEPTIONIST FULL TIME
Experience Preferred
Seeking personable individual, good with figures.
CURRIE MOTORS
2038 Waukegan
Glenview
998-4000
Ask for Beverly

PART TIME LOOKING FOR A CHALLENGE?
Are you motivated to use your leadership skills? We need a caring, organized self starter to lead a variety of activities, parties, discussion groups, and an exercise program at our long term nursing home. Hours: 1 p.m. to 5 p.m., Monday thru Friday. Experience not necessary; training program provided. Please call
JILL MEYER
432-6080
for interview

INSIDE SALES Make Calling YOUR CALLING!
Dynamic company looking for experienced representatives to work part time evenings, on a consumer physical fitness program.
REQUIREMENTS:
• Good sales skills
• Good verbal communication skills
• Quick learner
• Positive attitude
BENEFITS TO YOU:
• Good Pay
• Steady hours
• Bonus for extra hours
• Interesting & challenging work
• Advancement opportunities
IMMEDIATE OPENINGS CALL ELLEN
736-3600

SALES
Excellent Opportunity For Experienced Salesperson.
Full Time Position
Work Close To Home Must Have Car.
Salary Plus Commission.
BUGLE NEWSPAPERS
Call 966-3900

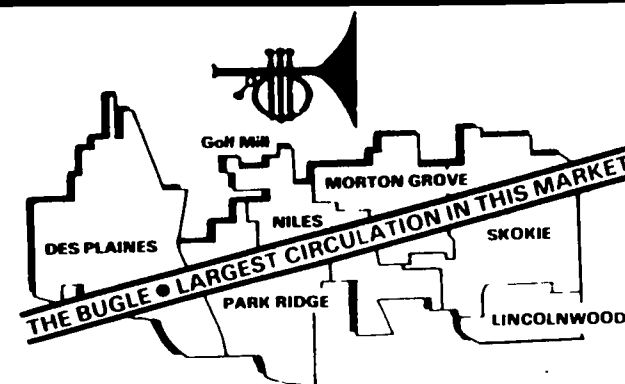
***MANAGER TRAINEES**
Here's your OPPORTUNITY to GROW with one of the nation's leading automotive aftermarket chains. Previous experience in supermarket, discount, specialty store or similar required. We employ ability and promote through commitment and performance. Send resume or call between 8:30 a.m. - 3 p.m. to Personnel Department.
430-2391
TRAK AUTO
8811 S. 77th Ave.
Bridgeview, IL 60455
equal opportunity employer m/f

SALES CLERK
Duties would include pricing merchandise and setting up ads. Excellent benefits including medical, life and dental insurance. Apply Monday thru Friday 10 a.m.-4 p.m.
F.W. WOOLWORTH
351 Golf Mill
Shopping Center, Niles
296-2113

INTERIOR DESIGN / SALES OPPORTUNITY
We at Walter Smithe Furniture, Inc. now have positions available at all of our beautiful stores for fall staffing.
These positions may include day, evening, and some weekend hours. This opportunity is seasonal with potential for longer term possibilities.
• Do you have interior design training or simply a flair for decorating?
• Are you a high energy person?
• Is the client #1 to you?
• Are you a team player?
• Do you love people?
• Do you smile alot?
If so, you are in demand at Walter Smithe Furniture. We employ the highest caliber of designers to help our clients.
We offer the creative person:
1. The potential for full time pay while working part time hours;
2. A chance to join a company you can stay and grow with.
At Walter Smithe Furniture - We Design Great Careers!
Call Amy Smithe immediately at
635-3090
Walter E. SMITHE
and SONS - Est. 1945
fine home furnishings

BUGLE BUGLE BUGLE BUGLE BUGLE

USE THE BUGLE WANT ADS 966-3900



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- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE



HELP WANTED



SECRETARIES
Major International Non-Profit Organization is seeking several secretaries.
Positions require good organizational skills, writing ability, typing 55 WPM and dictaphone. Prefer some college. Fluency in a second language a plus. North Shore location.
Competitive benefit package and flex time scheduling. Please send resume with salary requirements to:
**Employment Supervisor
ROTARY INTERNATIONAL
1560 SHERMAN AVE.
Evanston, Illinois 60201**
Equal Opportunity Employer M/F

SAVINGS COUNSELORS
Full Time
These are key openings at the Niles and Harlem/Irving branches of Chicago's strongest savings & loan. Cragin Federal is seeking persons with outstanding communication skills and accurate typing to counsel its customers about the various savings options available and aggressively cross-sell various other products and services. Sales experience a plus. Previous teller experience is preferred.
Competitive salary combined with incentive compensation plan can result in high earnings potential. We offer liberal benefits and options for career advancement. For interview appointment, call: Human Resources, 889-1000, CRAGIN FEDERAL SAVINGS, 5200 W. Fullerton, Chicago, IL 60639.
CRAGIN FEDERAL SAVINGS
Equal Opportunity Employer M/F

TELLERS
WILL TRAIN
Horizon Federal is currently interviewing for their September training session. We offer a professional work environment, good starting salaries and the potential for career advancement.
• **FULL-TIME TELLER**
Positions available in Glenview, Deerfield, Northbrook and Wilmette.
• **PART-TIME TELLER**
Midday hours available in Glenview. Late afternoon hours available in Highland Park and Deerfield.
We will train applicants with excellent communication and customer service skills.
For consideration call:
251-7224
HORIZON FEDERAL
SAVINGS BANK
Equal Opportunity Employer M/F

SECRETARY/RECEPTIONIST
for Zionist youth movement. Responsible person needed for small office. Typing & basic word processing experience required. Full time position available immediately.
**CALL BEKKI
676-9790**

**JOIN THE BANKERS
CHANGING BANKING**
First Nationwide Bank treats you like we treat our customers, with respect, concern and understanding. We currently have an excellent position available in our LINCOLNWOOD office for:
OPERATIONS OFFICER
(Teller Supervisor)
This is an excellent opportunity for an experienced Teller with strong customer relations skills, problem solving ability and good knowledge of products and services. You'll coordinate Teller scheduling, assist with vault balancing and insure daily balancing.
We offer a competitive salary, paid vacation and full company benefits. Please call:
**967-2162
FIRST NATIONWIDE
BANK**
Equal Opportunity Employer M/F

PART-TIME WRITER
Work at home writing news & feature copy
Experience preferred
CALL:
**THE BUGLE NEWSPAPERS
966-3900**

**WE WILL GET THE MESSAGE FASTER
ON OUR QWIP TRANSCIVER**
Qwip
BUGLE NEWSPAPERS
8746 N. SHERMER RD., NILES, ILLINOIS
966-0198
(OUR QWIP NUMBER)

WE ARE LOOKING
for strong shorthand skills. Work short or long term assignments. Earn downtown \$\$\$ Work locally.
692-4900

ASSISTANT/RECEPTIONIST
Part Time - Glenview Area
Experience preferred but not necessary. We will train.
Call Jan for interview
657-8000

CRT OPERATORS
(Entry Level)
Growing national check guarantee company seeks CRT Operators for full & part-time positions on all shifts. We will train candidates who have poise, good telephone personality and can type approx. 30 WPM. Benefits are available along with excellent opportunity for advancement.
Call for interview between 9:30-6 p.m., M-F and ask for:
**GINA:
390-5510
TELECHECK**
a McDonnell Douglas Co.
999 E. Touhy - Suite 225
Des Plaines, IL
Equal Opportunity Employer

SECRETARY
North Maine Fire Department is looking for a Full Time Secretary, Monday thru Friday. Requires typing, filing & data entry. Benefits included.
Applications can be picked up at
**9301 Potter Road
Des Plaines
Mon. - Fri., 8 a.m. - 5 p.m.**
For more information, contact:
**Chief Morrie Farbman
297-5020**

WORD PROCESSORS
We guarantee \$11 per hour
• Wordstar • Multimate
• Wordperfect • Lotus
• Microsoft Word
We need you! If you type 60 WPM with strong word processing experience, we'd love to be working with you. We have both long and short term assignments available immediately. Work close to home and receive your pay the same week you work.
Please call for appointment:
692-4900

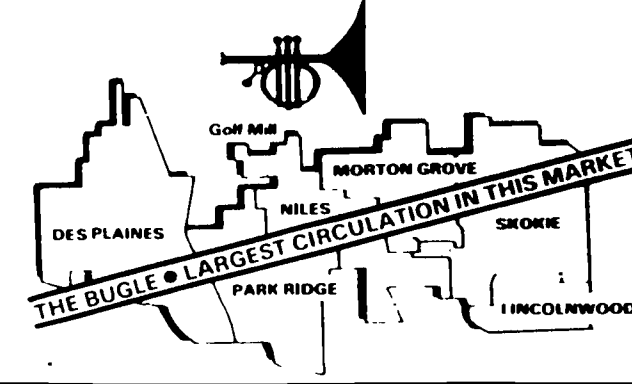
LOFTUS & O'MEARA
Temporary Service Inc.
1030 Higgins Rd., Park Ridge

**INFORMATION ON
CLASSIFIED ADS**
You Can Place Your Classified Ads by Calling 966-3900 or Come To Our Office In Person At:

8746 Shermer Road
Niles, Illinois
Monday thru Friday
9 a.m. to 5 p.m.
Deadline for Placing Ads is Tuesday at 2 P.M.
Certain Ads Must Be Pre-Paid In Advance:
Business Opportunity
For Sale
Miscellaneous
Moving Sale
Personals
Situation Wanted
Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area

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- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE



HELP WANTED



**OFFICE
ADMINISTRATION
EVANSTON**
Horizon Federal is now interviewing qualified candidates with 6 months - 1 year general office experience for these positions:
• **Office Administration Representative**
Researches special projects, performs word processing and typing duties; assists with purchasing, mailroom and switchboard. Typing of 45-50 WPM and ability to operate a word processor required.
• **Mailroom Personnel**
Operates duplication machine, mailroom equipment and insertamax; performs relief receptionist duties; prepares cost and usage reports.
Previous mailroom and printing experience preferred.
Horizon Federal offers a competitive salary and an excellent benefit package.
For consideration please call:
**251-7200 ext. 3198
HORIZON FEDERAL
SAVINGS BANK**
Equal Opportunity Employer M/F

RN's/LPN's
11 p.m. - 7:30 a.m.
Rotating Weekends
New pay scale.
Benefits and pleasant working conditions.
**MOORINGS
HEALTH CENTER**
801 E. Central Road
Arlington Heights
439-0018

**RN's
LPN's**
IMMEDIATE OPENINGS!!!
FULL/PART TIME
UP TO \$26/ HOUR
Flexible Schedule and Benefits
**ORSINI NURSING
AGENCY, INC.**
(312) 259-7985

**MEDICAL
RECEPTIONIST**
A rewarding opportunity for a sharp enthusiastic detail-minded person in our Glenview Doctors Office. Duties include scheduling appointments, relaying of messages, filing, charts, and much patient contact. 30-35 Hrs. Per Week with some evenings. Benefits include health insurance, vacation, and personal days off.
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No typing or shorthand required. Must have pleasant phone manner and enjoy detail work. Call or apply in person.
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Office help needed. No experience necessary. Apply in person.
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Position available for a Director of Mobile Intensive Care/Part Time Emergency Physician for a moderate volume teaching hospital in Northwest Ohio. BE/BC in a major specialty ED. Excellent compensation with malpractice insurance provided. Please send CV to Jim Krienen, EMSA, 100 Northwest 70th Ave., Plantation, Fla. 33317, or call
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Medical Center**
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5050 Church, Skokie
Needs people with knowledge of exercise, physiology and experience.
Call David Mesirow
675-2200
(a.o.e.)

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ASSISTANT**
7:30 a.m. - 6:40 a.m. 5 days a week at Stevenson School. Must be over 18 years of age.
Ask for Laurie:
297-3000

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& PRESCHOOL**
Teachers Aides & Substitutes needed for full or part time.
Kiddie Garden Day Care Center
9130 Golf Road, Des Plaines, IL.
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JEWISH COMMUNITY CENTERS**
need Experienced Pre-School Aides who really get a kick out of working with little kids.
BERNARD HORWICH JCC, 3003 W. Touhy, Rogers Park
has both morning and afternoon hours available. Call:
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MAYER KAPLAN JCC, 5050 Church, Skokie
has openings for Monday thru Friday from 7:30 a.m. thru 11 a.m. and Tuesday and Thursday from 9 a.m. thru 11 a.m. Call:
675-2200 ext. 119
(a.o.e.)

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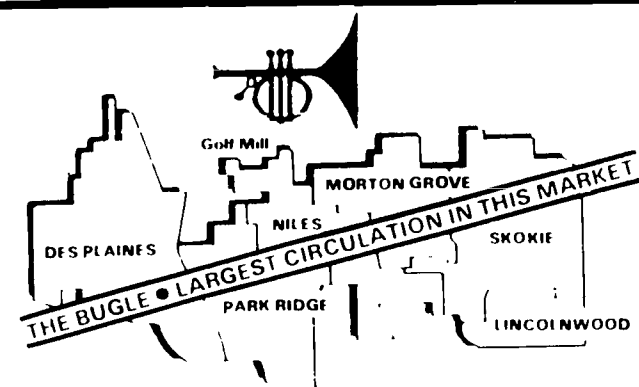
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Work 20 hours per week doing paste-up and production at The Bugle Newspapers.
Will Train
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Immediate opening for a pleasant person with some experience in filing, typing, switchboard relief, report distribution and other general office work is required.
Competitive salary, profit sharing and other fringe benefits. Convenient Skokie location near Old Orchard.
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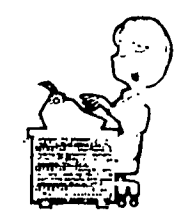


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- GOLF-MILL/EAST MAINE BUGLE



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For modern plant. Full time immediate openings in Mt. Prospect. \$5/hr. & up. Full benefits. All shifts available. Must have neat appearance.
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JANITORS
Individuals w/cars needed to clean offices, buildings in Des Plaines, Arl. Hts. & Northfield areas. Apply M-F, 9:30 a.m.-6 p.m. at: **MAJESTY MAINTENANCE, INC.**, 390 E. Irving Pk. Rd. Wood Dale, IL.

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Established appliance repair company is looking for a responsible driver/trainee. Must have verifiable good driving record. For inquiries call Dale:
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1 Bdr. apts. at \$380. 2 Bdr. apts. at \$480. Laundry facilities, parking available. Near good transportation, shopping and recreation.
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NILES - 7628 N. MILWAUKEE
1 Bdr., Pkg. Incl., Cable ready. 764-0802. Available immediately

6 1/2 rms. Niles - 2nd fl. newly dec. 1 bdrm. garden (Cumberland & Lawrence). Avail. 9-15. 589-0499

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8500 Waukegan-Complex. Modern clean 3 rm. apartments. Wired for Cable T.V. Heat included-near shopping & transportation. Adults only. \$435/mo. plus 1 month security deposit.
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3 rooms, 1 bdr. Htd. Adults only. No pets. Avail. 9/1 286-3926 after 5 p.m.

COMMERCIAL

FLORIDA
St. Pates-Redevelopment area downtown environmental impact causing value increase dramatically-have 12,000 sq. ft. on corner at \$25 per sq. ft. could double in near future. Zoned hi med density multiple dwelling. Relocating.
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Des Plaines - 1 & 2 bdrm. apts. Avail. Sept. AC, carpet, heat, pool & club house. \$510 to \$625 per mo. 945-8437

GARAGE FOR RENT

BOATS ONLY!
Garage available in Niles 696-3591

• LOCKER ROOM PERSONNEL
Men and Women needed to work at **MAYER KAPLAN FITNESS CENTER** 5050 Church St. in Skokie
Mature and responsible people wanted. Retirees encouraged to apply.
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PLANT SUPERVISION
We are a leader in our field. We are presently expanding, growing and updating our overall company.
We have numerous opportunities for Production Supervisors. Would prefer 3 or more years experience in a high-speed packaging or highly automatic manufacturing environment. If you are a lead person looking to move up to a supervisory level, we can provide the opportunity for you. In addition, we'll consider potential candidates to train as supervisors.
We offer a comprehensive fringe program and salary commensurate with experience level. Send resume to include salary history to:
**P.O. BOX JS
c/o BUGLE NEWSPAPERS
8746 N. Shermer Rd. Niles, Illinois 60648**

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Need Extra Cash?
NO EXPERIENCE NECESSARY!
Consider working Part-Time as a School Bus Driver. Our current openings are in the DES PLAINES, NILES, MORTON GROVE & GLENVIEW Areas. Driving late model or new 71 passenger buses, all equipped with an automatic transmission.
Training for this type of equipment will be paid at \$5 an hour, the starting salary at \$6.25 an hour. After a 90 day probationary period, you can earn up to \$7 an hour. Previous school bus driving experience will be recognized, but is not necessary.
SPECIAL ED DRIVERS: Needed to drive our late model mini-buses. Transportation to & from home provided. Starting rate \$5.50 per hour. Paid training. Must be at least 21 years old.
SEPTRAN INC. CONTACT PEG 392-1668 9 A.M. - 4:30 P.M.

MAINTENANCE MECHANIC
Excellent opportunity for person experienced with presses and machinery. Must have good mechanical background. Electrical knowledge a plus. Good starting salary and benefits.
Skokie area.
965-6700

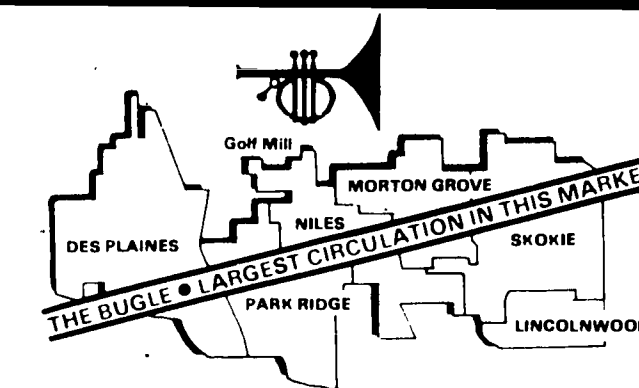
PUNCH PRESS
Set-up and operate. Experience in running and set-up of our hydraulic fine-blanking presses preferred.
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Work in Bugle office Monday, Tuesday and Friday. Experience not necessary. Must have good background in grammar and rhetoric. Must have auto.
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Don't wait for the holidays LEARN TO DANCE NOW!
Monday Evenings 7:30-8:30
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FLO BETTE MATTISON DANCE STUDIO
1501 W. Berwyn Chicago
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No partner necessary

PERSONALS

St. Jude Novena - May the Sacred Heart of Jesus be adored and glorified, loved and preserved, throughout the world, now & forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, keeper of the repeated 7 times a day for 7 days, publish & prayers will be answered.
M.M.

J.N.
Our birthday wishes are coming to you special delivery!
August 12

PETS

ST. BERNARD PUPPIES AKC EXCELLENT TEMPERAMENT
(414) 324-3262

GARAGE SALE

9312 Michael Court, Morton Grove Saturday, Aug. 13 - Sunday, Aug. 14 Designer clothes & much more

MOVING SALE

NILES 8416 N. Olcott Friday, August 12 Saturday, August 13 9 a.m. - 4 p.m. Arts & crafts, furniture, tools and much more.

PERSONALS

MARGIE
We hope you have a Rockin' Birthday!

ANYONE CAN APPLY
Guaranteed Visa/MC, US Charge. Even with bad credit. No one refused. Call: (213) 925-9906 ext. U 755

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W/interior leather, int. Full pow. All Opts. Auto. racing bra, Alarm sys. 2 remov. sun rfs. Clarion ster. Gar. kept. Has baby. Must sell. \$4500/Best. 459-9410

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T-tops, alarm, low miles, mint cond. Best offer. 394-5237

GOVERNMENT SEIZED Vehicles from \$100.
Buyers Please Call: (213) 925-9906 ext. 755

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WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition 985-2742

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YOUR CHOICE
The Bugle Bargain Barn, 8746 N. Shermer Road, Niles, Illinois 60648

PLAN 1	PRE-PAID FOR 1 WEEK ADVERTISING (FOR 3 LINE AD'S) \$6.50	PLAN 3	PRE-PAID FOR 3 WEEKS ADVERTISING (FOR 3 LINE AD'S) \$15.00
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* EACH ADDITIONAL LINE \$1.50 PER WEEK

Mail ad(s) together with remittance to **The Bugle Bargain Barn**. Sorry no pre-paid ads will be accepted by telephone. Sorry, no refunds. Ads may also be brought into the office at 8746 N. Shermer Road, Niles, Illinois 60648. **966-3900**

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PERSONALS SITUATION WANTED SPORTING GOODS SWAPS & TRADES

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Please publish my ad(s) as listed below. I have priced each item (1 item per ad.) This is not a commercial listing.

Advertise by method **1** ☐ **2** ☐ **3** ☐ **4** ☐ One plan per ad blank.

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Price _____ Phone _____

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Need more space—use blank paper and follow same format

ADVERTISING AGREEMENT

Your Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

I have read the advertising agreement and agree to its terms.

Signature _____

Skokie firm...

Cont'd from Skokie-L'wood P.1

munity and to residents throughout the state, according to the lawsuit.

Several hours after the suit was filed, Circuit Court Judge Roger J. Killey Jr. issued a temporary restraining order against the firm, barring it from continuing the alleged environmental violations and requiring Hodag to submit to inspections by authorities.

"The evidence shows that Dodag Chemical has been dumping these toxic materials into the sewer as a quick and inexpensive way to get rid of them," Daley said in announcing the court action.

"Large amounts of these chemicals could damage the MSD treatment plant and allow substances to be discharged into the waterways of Illinois," Daley added.

Hodag Chemical manufactures as estimated 400 types of industrial chemical compounds, using such materials as methylene chloride, methylacrylate, methyl alcohol, butyl alcohol, propylene oxide and phosphoric acid—all listed as hazardous substances in the state's environmental regulations.

Last May, the Skokie Fire Department inspected the firm's drums of chemicals stored in a field behind the property, and ordered they be properly disposed of no later than Aug. 15.

Last Friday, the IEPA and the MSD, acting on a tip, inspected the same area and found only 187 of the drums left in the field.

The inspectors also found a hole in the floor of the manufacturing company which gave access to the sewer and was filled with the same type of chemical substances as had been stored in the drums.

Some empty drums with residue of similar chemicals were also found at the company.

The MSD subsequently conducted tests at a manhole 40 feet

from the drain and found a high level of corrosive chemicals that could damage Skokie's sewer system, according to the lawsuit.

Tests also indicated that Hodag was allegedly pumping the chemicals into the drain, rather than pouring it in, because the build-up of industrial waste had clogged the sewer, causing a backup of contaminated water as high as four feet in the firm's loading dock area.

If the level of contaminated water goes any higher, it could flow onto adjacent properties, authorities said.

The lawsuit also accuses Hodag of refusing to permit on-site inspections by the IEPA and MSD since last Friday, even though the law clearly allows both agencies to conduct such inquiries.

Officials believe Hodag's "treatment" facility isn't functional, with some components rusted to the point of being inoperational.

Unless stopped, the discharge of contaminated material "will pose an ever-increasing danger and hazard to the health, safety and well-being of the community," officials said in the lawsuit.

The situation also represents a "grave, immediate and serious" risk to the health and safety of the community, officials said.

Daley filed the lawsuit both in his role as state's attorney and as legal counsel for IEPA Director Bernard M. Killian.

The MSD was represented in the lawsuit by attorney Allen S. Levin.

Named at defendants in the lawsuit along with Hodag Chemical were its president, Sheldon Kent and general manager, John Lavisi.

Daley praised officials of the Metropolitan Sanitary District and the Illinois EPA for their immediate response to the potentially serious health hazard.

Lawrencewood...

Continued from Page 3

presented to village officials, according to Gary Karshna, Niles finance director and president of the arts council board.

"Actually, we have three plans for flexibility in the event land use is restricted or cost factors are involved," he said.

Most of the council members favor putting up an arts center with 250 seats between the main theater and a "black box theater" that would double as a rehearsal room. Another plan is to build a larger main theater and a smaller one. "A third plan is in the discussion stage," Karshna said.

He explained a black box concept is generally a small intimate theater (walls painted black) which brings closer involvement between performers and the audience. "It could also be used for smaller presentations," he said.

The arts council expects to make a recommendation to the village board at this month's meeting and will submit specific criteria relating to cost, size of building needed, and other information.

Yet to be resolved are concerns of Nordica St. residents about los-

John S. Reyes

Navy Seaman Recruit John S. Reyes, son of Ramon R. and Genoveva S. Reyes of 8810 Root st., Niles, has completed recruit training at Recruit Training Command, Great Lakes.

During Reyes' eight-week

ing parking space behind the Lawrencewood shopping center.

About 50 residents of the apartment complex at last month's village board meeting complained they would have no place to park their cars if Biehl included that area in the shopping center project.

Several residents said Krilich had allowed parking there and were fearful the existing parking problem would be compounded by the redevelopment.

Residents explained the lot behind the shopping center is used by residents unable to park on the street. Once the new shopping center goes up, the people would have to park blocks away.

At the time, Blase said the parking issue could not be discussed for legal reasons involving Aldi Foods Inc. litigation over a court judgement.

However, Blase said Monday he does not anticipate any problems with the residents. "Biehl has agreed to let Nordica residents park in the shopping center," he said. "They may have to walk a few more steps to their cars, but parking will be available."

training cycle, he studied general military subjects designed to prepare him for further academic and on-the-job training in one of the Navy's 85 basic fields.

The course acquaints newly

District 63...

Continued from Page 1

weeks prior to presentation at the August 23 regular meeting. It is then posted for 30 days and a public hearing held before final adoption.

In other business, board members approved a contract with 26 aides who are members of the East Maine Teacher Aides Assn. (EMTA). Earlier failure of the two groups in negotiating a contract resulted last January in terms dictated by the district as school board policy. The main elements of that policy are included in the contract.

Major issues discussed by the aides were increased salaries and "fair-share," or the mandatory payment of union dues by each aide hired in the district.

The new contract provides that no dues shall be deducted unless an employee has previously authorized the deduction. There was a slight increase in salary. Beginning teacher aides with two years of college will receive \$9,409 during the 1988-1989 school year as opposed to \$9,026 in the 1987-1988 school year. Beginning aides with four years of college earned an annual salary of \$10,571 during the previous school year as compared to \$11,020 for the 1988-1989 year.

Members voted to replace computer equipment stolen last April during a break-in at Stevenson Elementary School, 9090 Capitol Dr. in Des Plaines. Bids of \$6,216 were approved while funds received from insurance claims totaled \$6,270. Other than theft of computers, doors and windows were broken.

Lease renewal between the district and two tenants, the Olive Tree Congregation and Center on Deafness, were approved in board action. The congregation will lease space in both Oak and Melzer Elementary schools at a cost of \$26,148 while the center will maintain space at Apollo Junior High School at an annual cost of \$113,187.

Also, board members approved a change order in a contract for life and safety work from \$1,253,627 to \$987,655.

At the request of the board, Director of Curriculum Mrs. Bernice Goldberg reported on field trips provided to students during the previous year. She analyzed the 85 trips in regard to places visited, students' ages, their grades and relation to curriculum. Both she and Gleichman said the nature of trips and curriculum matter was "loosely connected."

A security light will be installed at Mark Twain Elementary School, 9401 N. Hamilton in Des Plaines, as approved in board action. The light will consist of 250 watt Sodium fixture installed by Commonwealth Edison Co.

Also, board members approved donations in \$515 to Gemini Junior High School, 8955 Greenwood ave. in Niles.

District 63 serves students in parts of Niles, Morton Grove and unincorporated Maine Township.

Robert D. Long

Airman Robert D. Long, son of Robert M. Long of 7941 Kenilworth, Skokie, and Nancy L. Long of 300 Stovall, Waco, Texas, has graduated from Air Force basic training at Lackland Air Force Base, Texas.

During the six weeks of training the airman studied the Air Force mission, organization and customs and received special training in human relations.

Heat wave...

Continued from Page 3

sons were at the recreation center pool on Milwaukee Ave. because of the giant aldie, said Debra Nelson, superintendent of recreation.

Nelson noted there was a total attendance of 6,171 from July 22 to Aug. 4, and a total of 1,860 at the Ballard pool for the same period. "The pools stayed open until 9:30 p.m. and swimmers stayed until closing time," she said.

"What is impressive is that from July 28 to Aug. 4 when the extreme heat hit, attendance started jumping and was maintained during the hot days that followed," Nelson said.

On Aug. 2, attendance at the recreation center pool was 706 and 181 at Ballard and on Aug. 3, it jumped to 736 for the rec pool and 193 at Ballard. "Rain fell the evening of Aug. 4, so there was a drop to 423 at the Milwaukee Ave. pool and 139 at Ballard," Nelson said.

Although the park district gained in revenue this summer, the park district has expenditures in running pool operations. "We have to have a full staff, including lifeguards, pay for chemicals used in the swimming pools, and other expenses,"

L'wood kids...

Cont'd from Skokie-L'wood P.1

Library Service to Children, a division of the American Library Association.

The Lincolnwood banner, one of 50 chosen from over 300 entries, illustrated Drummer Hoff by Barbara and Ed Emberly. Some 26 children from grades K-3 were involved in the project. Linda Naka, PTA liaison to the After School program worked with her husband Dennis on the overall design and lettering.

"Everyone had a wonderful time working together to create the banner," Lynne Flanagan, Children's Department assistant and leader of the group, said. "We are very proud of their colorful work."

The Lincolnwood Public Library received a filmstrip on Randolph Caldecott as a prize. All the winning banners were on display in the New Orleans Convention Center during the recent ALA annual conference. Additionally, they will be showcased in libraries and schools and used to highlight the Caldecott Award at meetings and conferences throughout the country.

Uncle Sam...

Continued from Page 3

ticipate must furnish two forms of identification, one of which must include his or her home address. Naturalized citizens who have not previously registered must in addition provide proof of citizenship. For further information call 875-4141.

Neil R. Meccla

First Lt. Neil R. Meccla, son of Aniello J. and Marie C. Meccla of 5319 Oakton St., Skokie, has completed the U.S. Air Force military indoctrination for medical service officers at Sheppard Air Force Base, Texas.

The course acquaints newly commissioned medical personnel with professional and administrative responsibilities as Air Force officers.

Fire calls...

Continued from Page 3

was unplugged and there was no fire hazard.

Firemen responded to 8267 Elmore where a stove had caught fire. The fire, which had been extinguished when the firefighters arrived, caused damage estimated at \$600. There was no fire extension.

A garden hose was used to extinguish a burning power line on a pole at 8229 Oriole Ave. on Aug. 1. Commonwealth Edison was notified.

A smell of smoke reported at 9220 Waukegan proved to be a false alarm on Aug. 1.

On Aug. 2, firefighters went to 7901 Caldwell where they found workmen accidentally ignited a paint spray booth. The blaze had already been extinguished when the firemen arrived. The room was ventilated of smoke and there was no significant damage.

A dumpster fire was extinguished at the Golf Mill shopping center on Aug. 2. The dumpster was up against a building and a check was made for fire extension with negative results. Witnesses saw three youths running from the scene, but did not get a description.

Firemen on Aug. 3 extinguished a fire in a semi-trailer School, 8101 Golf Rd. causing an estimated \$6,000. The trailer was loaded with newspapers apparently for recycling when the fire of undetermined origin started in the cargo-area of the vehicle. The trailer was not attached to a tractor at the time of the incident.

Stabbing...

Continued from Page 1

"He said he had been stabbed in the lower right side chest area by the offender," said McEnerny. "She was in a combative state and was taken into custody. The injured man was transported by Niles paramedics to Lutheran General Hospital.

Kennicker had been placed in a jail cell pending a morning court appearance. At 5:15 a.m., a police officer intervened when he reportedly saw her stepping on an upper cell bar and appeared to be tying the legs of her slacks around the bar and knotting the legs around her neck.

Kennicker was subsequently transported to Lutheran General Hospital, police said.

The victim said he would sign a criminal complaint. Bond was set at \$150,000 with an initial court date of Sept. 2.

New officers

selected at Legion

The Morton Grove American Legion Post 194 have elected new officers for the ensuing year. They will be installed with the newly selected Auxiliary Unit officers in joint ceremonies in the fall at the Legion Home.

Guiding the affairs of the Post for the coming year will be Jim O'Hara, commander; Karl Falter, senior vice commander (membership); Roger Schmidt, first junior vice commander (fund raising); second junior vice commander Joseph Piento; and finance officer, past commander Dick Kapelanski.

The new commander will make his appointments soon and publicly release the appointed officers list as well as committee chairmen.

Centennial Parade...

Cont'd from Skokie-L'wood P.1

businesses and organizations, among them, the award winning 4th of July parade A-1 Mobile Lock and Key replica of the Skokie Log Cabin followed by the Skokie Historical Society entrants, NBD Bank of Skokie, St. Paul Federal Bank, Oakton Community College, Niles West Recycling Center, MGM Realty, St. Paul Lutheran Church and School, St. Peter's Catholic School and more. Retired Mayor Albert J. Smith is the Honorary Grand Marshal, Harry Volkman, weatherman from WBBM-TV and State Representative Calvin Sutker are honorary co-m Marshals. Among the groups featured are the Mellotones Jamaican Steel Band, Midlothian and Scottish Bagpipe Band, a couple Kazoo bands, Ft. Dearborn Highlanders Bagpipes, Wheaton North Falcon High School Band and the Cardy Graphics Dixieland Band. Some of the other participants are the Skokie American Legion Post and Auxiliary, Skokie Woman's Club, Shira BBG, Crawford-McCormick Property Owners, Evansville Presbyterian Church, Luxembourg Brotherhood of America, Skokie Federal Savings, horse and carriage, Country Club Riding Stables hay wagon pulled by 2 black percherons, Chl War Blue Horse Troop, Jesse White Tumblers, B'Nai B'rith Council, Jewish War Veterans, Vietnam Veterans, Buggy Brigade, Orchard Village, Filipino American Coalition U.S. Navy Drill Team and U.S. Navy 50 State Flag Unit, plus girl scouts, boy scouts, dancers, walkers, bicycles, antique cars, fire engines, trucks, vans and many more including Helen Yung, Miss Illinois Coed; the Mayors from the surrounding communities and many politicians. Come one, come all and enjoy this greatest of parades, most of us will not be around to enjoy our 200th Birthday Celebration. The parade will be covered by TCI-Skokie Cable and other local radio and TV stations.

Oakton...

Continued from Page 1

of Engineers was also present to assess the possible ways this project could endanger the flood plain.

Charles and Linda Tulley, chairpersons of the Hawthorn Land Homeowners Association Flood Prevention Committee spoke representing 110 neighboring residents. They presented the Board with a letter from David Boyce, Chief of Flood Plain Management for the Illinois Department of Transportation Division of Water Resources. The letter asserts that if the proposed building is built on a flood plain, it would violate flood control legislation, Public Act 85-905.

Tilley also referred to the baseball field and tennis courts as fitting this category while Board Treasurer David Hilquist took issue. Both Chiropoulos and Tilley warned the Board of the alienation many residents feel.

Raymond Hartstein, Chairman of the Oakton Board, responded to the allegations by saying, "It's never too late to change considerations. Neither the plans for the building nor the site have been approved until final bids are approved in mid-September." David Hilquist's additional defense was that Oakton property absorbs 25,000 cubic yards of extra capacity as the overflow is piped into the retaining pond.

In other news, Evanston Township's request to be annexed into Oakton District 535 will be considered September 16 by the Illinois Community College Board. If approved, Oakton will finalize all financial and legal aspects of the transaction.

Since the current semester would already be underway, Evanston Township residents would continue to use the checkbook system for tuition payments until the second semester should the annexation be approved. Then Evanston Township residents would be eligible for in-district tuition rates.

Lastly, Board Chairman Hartstein noted, "A sizable number of applications have been received to fill the vacancy of Trustee Diana Loveland." Board members will interview each applicant. A final vote will be taken at the next meeting August 23.

Emeritus seminars registration

Five Emeritus seminars will be offered at Oakton Community College East this fall beginning the week of October 3. Registration is accepted through September 30 in the College Relations Office, room 114, at Oakton East, 7701 N. Lincoln ave., Skokie.

The following seminars will meet in room 112: "How to Read; How to Write; How to Think" from 1 to 3 p.m. on Mondays from Oct. 3 to Nov. 21 for \$35; "To Be or Not To Be: Presidential Politics '88" from 2:30 to 4 p.m. on Tuesdays from Oct. 4 to 25 for \$20; "Toward the Sacred: An Awesome Quest, A Common Journey" from 1 to 3 p.m. on Wednesdays from Oct. 5 to Nov. 30 for \$35; "Communication" from 9 a.m. to noon on Thursdays from Oct. 6 to Nov. 10 for \$40; and "On Being Whole" from 9 a.m. to noon on Tuesdays from Oct. 4 to Nov. 8 for \$40.

For seminar information, call 635-1414.

PBS available thru library's audio visual service

Much publicity has been available regarding the several PBS series being made available to public libraries through the MacArthur Foundation. These programs can be purchased for \$6,000 or one-third of the video budget for the Niles Public Library. At this point in time, the library has not made a decision to purchase the series, but does have access to the entire series of programs through its audio-visual cooperative, The Suburban Audio Visual Service, known as SAVS. The library is pleased to announce that residents can reserve these tapes through the library for a fee of one dollar per tape.

The series includes American Playhouse (4 tapes); The American Short Story (3 tapes); The Ascent of Man (13 tapes); The Brain (8 tapes); Civilization (13 tapes); The Constitution (13 tapes); Great Performances (7 tapes); The Heart of the Dragon (12 tapes); Heritage: Civilization and the Jews (9 tapes); I, Claudius (13 tapes); The Jewel in

MG Board...

Continued from MG P.1

scaping at his service station, 5801 W. Dempster. This was approved by the Plan Commission by a 6-1 vote.

However, resident Joan Starkston, 5802 Carol who lives in back of the station, made her first appearance to voice objections to the project. Her immediate concerns were cars parked on the station's driveways preventing pedestrian walking, sidewalks not being plowed in winter, and the headlights of the cars being fixed shining right into her backyard.

Mrs. Starkston wanted a fence for protection against the lights which she said most business establishments have to separate them from residential property. Hillerich asserted he would have been glad to put up the fence but the Crime Prevention Bureau did not want it for security reasons. Police Chief Schey said it was his understanding it would be difficult for the police to see into the repair yard when on patrol. They were concerned it would become a hiding place for vandals.

Village President Richard Hobs suggested a compromise measure. He asked Chief Schey and Hillerich to again confer with the Crime Prevention Bureau to determine whether a 42" fence would allow for security control and yet allow the Starkstons their privacy. The special use permit was passed and the particulars will have to be approved by the Appearance Commission.

Plan Commission Chairman Leonard Boomfield reminded residents there will not be a regular meeting of the Zoning Board Review and Planning Commission on August 16 as scheduled. It has been changed to August 21. The September 12 regular Village Board meeting has been cancelled due to the religious holiday.

Trustee Don Snider announced the Village had received its check for 5 percent of the gross from Continental Cablevision for \$17,317.63. The total gross was \$347,452.54.

Beautification winners...

Cont'd from Niles-E. Maine P.1

stead, judges concentrated on maintenance of the lawns and hedges and that weeds were not visible, according to Peter Pesole, village trustee and chairman of the contest.

Pesole noted that even with the drought, judges said the lawns were in fairly good condition during inspection of the homes.

The top 10 Niles winners designated in alphabetical order by streets are:

Joe & Judy Karas, 8429 Amelia Drive
Elnor & Carl Ritter, 6937 Dobson
Heinz Goertlich, 9047 Grace Avenue
Mr. & Mrs. T. Guzik, Sr., 3106 West Monroe Street
Ted Horan, 7616 North Oketo
Mr. & Mrs. Richard Filas, 8436 North Osceola
Stanley Mastalerz, 8301 Park Avenue
Richard & Marlene Teper, 8145 Root Court
Robert C. Guttmied, 8149 Root Court
Mira Jurgot, 9427 North Western Ave.

The listed winners will receive \$100 gift certificates redeemable at Amilings Flowerland, 7025 Dempster, Niles, plus \$100 in cash. The 50 runners-up will receive \$100 gift certificates for Amilings Flowerland.

According to Pesole, 163 residents responded to the beautification contest compared to last year's 165.

The top 10 winners will receive their awards at the September 29 village board meeting instead of the original August 23 date. There will also be a contribution of \$300 to the Garden Clubs of Illinois.

The 50 runners up are listed below in alphabetical order according to street.

Ernest Waintraub, 8416 West Amelia Drive
Mr. and Mrs. Milton Grosse, 8204 Ashland Avenue
Mr. and Mrs. Harry Frank, 7308 Breen Street
Helen Kiss, 7338 West Breen Street
Mr. and Mrs. Walter Kalemha, 7339 West Breen Street
Henry Kaehan, 9248 Caliero Drive
Mr. and Mrs. Fred Batliner, 8142 Chester
Anton Adam, 8415 North Clifton
Mr. and Mrs. John Ranieri, 8423 North Clifton
Ray and Jo Michalek, 7328 West Conrad
Carl Feltman, 6900 West Dobson Street
Betty Kazmerski, 6505 Eblinger
Lawrence G. Paus

Niles man...

Continued from Page 1

Waukegan Rd. and was walking toward a drinking establishment, crossing over to the east side of Waukegan. As he got in front of the Miller residence, he noticed a van pulling up near his bicycle and stopped to see if the occupants would steal it.

At this point, Miller came out of his house and began firing a small .25 caliber Barrett handgun in rapid succession. After shooting off six rounds away from the victim, Miller said he was going back into the house to get a rifle. The victim ran from the area and went to the Niles police station to tell them of the incident.

Investigation showed one bullet struck a truck parked in the bowling alley lot setting off the securi-

6513 Eblinger Drive
Marion F. Kay, 6534 Eblinger Drive
Anna Marlon, 6572 Eblinger Drive
Jean Sloan, 5000 Foster Lane
Apt. 504, Washington Court Condo Bldg. 2
Elizabeth Soehn, 7821 Greenleaf
Ann Arrigon, 6827 Jonquil Terrace
Mrs. Marie Lablich, 6954 West Jonquil Terrace
Mrs. Ralph L. Ermilio, 7023 Jonquil Terrace
Stephanie Tarazon, 7264 Lee Street
Mr. and Mrs. Joe Del Re, 7228 West Lee Street
6819 Lexington Lane
Mr. Sam Faniacchio, 7435 Main Street
Frank Macri, 7713 Maine Street
Mr. and Mrs. G. Weiss, 8123 North Merrill Street
Joe and Mary Chandler, 8110 West Monroe Street
Mrs. Emma Kozak, 7622 North Nor
Robert H. Spreitzer, 8350 West Normal Court
Allee Nykaza, 8703 West Normal
Marlene Merchut, 8732 West North Terrace
Joseph Ozanto, 8436 Oak Avenue
Mr. and Mrs. Frank DiMaria, 8113 Olcott
Wolfgang Frank, 8719 North Olcott
Frank Gioriana, 8436 Olander
Barbara Wroblewski, 8034 North Oriole
Pat Simpson, 8643 North Oriole
Mrs. C. Prozorski, 8256 North Osceola Avenue
S. Klosowski, 8428 North Osceola Avenue
Nancy and Wally Bohm, 8457 North Ottawa
Robert Brownell, 8524 North Ottawa
Mrs. and Mrs. Domenico Divito, 8536 North Overhill
Mr. and Mrs. John Pistone, 8223 North Ozark
Bernadette and Henry Dobosiewicz, 8827 Prospect Court
Josephine and Steve Venci, 6914 Rosemary Lane
Helena Smajder, 8600 Sunset Road
Theodore John Marlon, 8733 Sunset Road
Martha L. Wiercinski, 8257 Washington
Washington Court Condo I, 9500 Washington

ty alarm. The bullet later was determined to have been fired from Miller's gun. The victim identified Miller as the man who fired the handgun, police said.

Miller was taken into custody after his wife told police she would show them where the handgun was located. Recovered from a crawlspace on the second floor of the house was the Barrett, a .45 Colt semi-automatic handgun and a Randall Raider handgun.

The offender admitted firing the gun, saying he thought the victim was a peeping Tom looking into the open front door of his house.

He was released on \$1,000 bond pending an Aug. 26 court date.

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Strawberries69¢
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