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Niles Park District names new director following five month search

by Shellya Hackett

A five month search culminated with the Niles Park Board naming Arizonan Timothy D. Royster the new Director of parks and recreation at a salary of \$57,000 a year. May 19, the Board confirmed Royster's selection for a three year term. His re-

sume lists experience as Director of parks and recreation for both the Golf-Maine and Geneva park districts. He also served as Superintendent of recreation for the Schaumburg park district and administered a recreation contract with the Saudi Arabian govern-

ment.

The new director has bachelor's and master's degrees in recreation from the University of Illinois and a master's degree in international business management from the American Gradu-

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Car-tree collision kills youth, 19

One youth was killed, another seriously injured about midnight May 17 when the car in which they were riding careened out of the northbound lane in the 7100 block of Harlem Avenue, Niles, and hit a tree.

A passenger in the car, John Naughton, 19, of the 7400 block

of Osceola Avenue, Chicago, was taken to Lutheran General Hospital, Park Ridge, where he was pronounced dead on arrival from massive internal injuries.

The car driver, Christopher J. Rogalski, 18, of the 7500 block of Oketo Avenue, Chicago, was ad-

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Niles edition of The Bugle

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Skating club representatives stress need for year-round rink

Hopes dim for fall ice rink opening

by Shellya Hackett

A park consultant on May 13 iced hopes a repaired Niles ice rink would be back in use by mid-September--except for a patch job. And it depends on the patch job, said ice rink specialist James Maland, who stated it is "probably dreaming" to expect full use by Sept. 15 because of time lags caused in getting soil and refrigerant readings, formal Park Board approval and the legal requirement of public bidding for the construction contract.

He said "a lot of time is chewed up in procedural things."

Maland is evaluating Niles' Sports Complex ice rink, 8435 Ballard Road, structurally, its revenues and expenses, its marketing procedures in relation to

neighboring ice rinks and the feasibility of expanding the 20-year-old seasonal rink into a year-round facility. He is with the firm

**In-depth:
An on-going
account of the
Niles Park District's
financial and
managerial
problems**

of Bonestroo, Rosene, Anderlik and Associates. Because Maland detected a heaving and lifting of the ice slab due to drainage problems, soil borings will be done. The current freon refrigerant is also being tested.

Most skating club representatives meeting with Maland stressed the need for a year-round rink to avoid losing the skaters who go elsewhere for ice time during the summer and could develop a working relationship with other coaches.

Jim Hynes, of Niles Ranger Hockey also pushed for installing a studio rink for teaching specialized classes that now occupy space needed by other skaters. He urged holding week-long clinics for summer skaters who may be involved in baseball and do not want to commit to a summer league.

If the Park District does commit to a year-round rink, Hynes stressed, it will still "need well-organized management and the solid backing of the board to run it like the big business it would be."

Year-round ice time is equally important to Rich Mangold of Skating Parents in Niles (SPIN). He also spoke of the need for more lockers, a U.S. Figure Skating Association (USFSA)-sized rink and a pro shop for figure skaters as well as the hockey

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From the Left Hand

by Bud Besser

Last week we quoted a Nilesite who was opposed to the village taking over the park district. He cited the need to retain an independent district free from the political pickings of a political machine which may be entrenched in the village.

This week we would like to quote the thoughts of another Nilesite.

It was his thinking the multi-million dollar budget of the park district should be under the aegis of professionals, who have the management skills and the experience to oversee the park district.

It was this Nilesite's thinking the well-intentioned park board members, past and present, have been woefully lacking in the aforementioned skills.

We've often reported Niles' park board members have extended their roles beyond the functions of board members. Several of them would show up on a daily basis at the administration offices just sticking their collective noses where they didn't belong. Their motives were well-intended. But their constant presence amidst park employees was a hindrance in the overall running of the district. Park board members would defend their nosiness by contending "they cared" about

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9-1-1 service becomes active in Niles

On Friday, May 22, Enhanced 9-1-1 service will be activated within the village limits of Niles. When in need of emergency medical help or emergency assistance from the police or fire departments, Niles' residents can simply dial 9-1-1.

The enhanced system will send their call directly to an emergency dispatcher, who will determine how to respond to the request for assistance. The address and telephone number of the caller's location will be displayed on a screen, which will assist the dispatcher when the caller is unable to communicate the nature of the

emergency or continue the call. Residents can dial 9-1-1 at no charge from a rotary or touch tone phone and from any public phone.

"Enhanced 9-1-1 will better enable both fire and police to meet the needs of emergency situations," said Fire Chief Harry Kinowski.

9-1-1 was chosen as the universal emergency number because it is easy to remember and quick to dial.

In all non-emergency situations, residents are urged to continue using the regular seven-

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Officials visit 9-1-1 center



Seated at one of three Enhanced 9-1-1 positions within the new Communications Center are Trustee Louella Preston and Mayor Nicholas Blase. Standing left to right are Fire Chief Harry Kinowski and Police Chief Ray Giovannelli. 9-1-1 Emergency Service will become active in Niles on Friday, May 22. See related story above.

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Niles Park District dancers perform



Photo by Mike Heuel
The Niles Park District presented a Spring Dance Recital at Culver School on May 17. Students in the Jazz II Class taught by Caroline Walsh performed to the song "Like Mike." Four of these students pictured above are: (kneeling left to right) Jaclyn Gragnani and Claudia Lombardi; (sitting left to right) Gina Gianakopoulos and Christina Gambino.

Surveys indicate service at Niles Library excellent

Recent surveys indicate that a person's chances of getting what they want at the Niles Public Library District are excellent. "The library maintains a brilliant record of getting a library customer what they want," according to Ted Przybylo, board president. "The library annually conducts surveys in compliance with the State Library's program for per capita grants. This year's findings are not surprising to the board and staff who work hard to provide an exemplary library program." Ninety-seven per cent of the time a person comes in for something to read, they leave satisfied with materials in hand. A customer wanting a specific author or title will find what they want 65 percent of the time, and 82 percent of the reference questions asked of the specially-trained information providers are answered to the satisfaction of those requiring answers. These are but a few of the statistics gleaned from the measures studied over the past few weeks by library staff. These findings are part of a 56-page document, "Avenues to Excellence II," received by the Library.

Cemeteries to honor veteran dead Memorial Day

Civil service as honor guards for the Masses. The public is cordially invited to join with the more than 10,000 people expected to attend the services at the seven north area cemeteries. Ceremonies, including the customary parade to the Mass sites, will begin at 10 a.m. followed by the field Mass at 10:30 a.m. Local cemeteries having Memorial Day Field Mass programs are: All Saints Cemetery, Des Plaines, the Most Rev. Thad J. lumbus from twenty-five counties.

Poppy Day set for May 21

The annual sale of Buddy Poppies by the Niles Veterans of Foreign Wars Post #7712 and its Ladies Auxiliary will be held on Thursday, May 21. The poppies are assembled by disabled veterans in VA Medical Centers' therapy programs. Proceeds from the fundraising event are used exclusively for the benefit of disabled and needy veterans and the widows and orphans of deceased veterans. Wear a Buddy Poppy and honor the dead by helping the living. Morton Grove American Legion Post #134 commander Frank Mayer has named the chairman who will handle details for the Post's annual Poppy Day drive. Named to this important fundraiser is Chris Panousis. Chris immediately asked for help from the community.

New office space, sleeping quarters to be created

Renovations begin at Niles Fire Station 2

by Sheilya Hackett

West parents plan reception for retiring principal

The Niles West High School parent groups invite parents, teachers, students, community members and alumni to a May 31 Open House Farewell Party for retiring Principal, Dr. Donald Ring. All members of the Niles West family are invited to share memories and bid farewell to Ring, who will retire in June after eight years as principal. The open house will be held from 2 to 5 p.m. Sunday, May 31 in the school's cafeteria, 5701 Oakton Street in Skokie.

The informal afternoon open house will be hosted by the Niles West parent groups, including: Adults Representing Theatre Students (ARTS), Booster Club, the Niles West Music Parent Association and the Parent Teacher Student association (PTSA). For information about how you can help, please call (708) 966-3800, ext. 2105.

Morton Grove Art Guild seeks artists and crafts

The Morton Grove Art Guild will hold its annual Arts and Crafts Fair on June 7. If interested in participating, please call Opal Schrader at (708) 966-4264. The fee per stall is \$15. Membership in the Art Guild and a stall in the Fair is \$20 total.

The familiar Blue Boy museum, part of Niles Fire Station 2, 8360 Dempster St., is about the only part of the facility that will stay the same under a planned remodeling.

May 15 Mayor Nicholas Blase, Fire Chief Harry Kinowski and Village Manager Abe Selman joined renovation principals in breaking ground for a station make-over that will create new office space, sleeping quarters and a workout room for the 8-10 firefighters living there while on duty.

The rejuvenation will even introduce female washroom/shower/locker facilities in case women ever join the firefighting crew. Kinowski explained since firefighters work in teams, even female firefighters must sleep in

the firemen's bunkroom.

Only personal and hygienic accommodations are required under Equal Employment Opportunities Commission rules, he said.

To help station firefighters keep in top physical shape, a 25' x 25' workout room will be added and will include the station's current 10 station multiplex fitness system, rowing machine and two exercycles. If funds are available, a free weight machine may be added.

The firefighters' dorm will be relocated under the plan, and eight new offices for department and district officials, the Fire Prevention Bureau, department secretary and clerical staff, plus a small conference room will be constructed.

Continued on Page 42

Notre Dame celebrates Springfest '92

Notre Dame High School's largest fund-raising project, Springfest '92, is fast approaching. This five day special event, sponsored by the Parents' Association, will be held on Thursday, May 21 through Monday, May 25, on the school grounds at 7655 W. Dempster, Niles. It will feature 23 carnival rides, games bingo, live entertainment daily, beer garden, taste of Notre Dame, and the Springfest '92 Grand Raffle.

The Grand Raffle will be a major part of Springfest '92. It will include the following prizes: • 1992 Honda DX (courtesy of Castle Olds Honda) or \$8,000 cash! • A 5-day/4-night Walt Disney

World Vacation for two with airfare, hotel accommodations, rental car, and park admissions included OR a 5-day Carnival Cruise to the Caribbean with airfare included! • 4 tickets to University of Notre Dame - vs - University of Michigan (with dinner at Phil Schmidt's in Hammond!) • Two Chicago Bears tickets and Dinner at Hackney's! • Plus many other prizes!

There will be a minimal donation fee of \$1 upon entering the carnival grounds. Please set aside part of this holiday weekend and come join the Notre Dame community in a celebration of fun.

Officials on hand at groundbreaking



Photo by Mike Heuel
Breaking ground for renovations at the Niles Fire Department's District 2 station, 8360 Dempster St., as firefighters watch are: (left to right, foreground) Fire Chief Harry Kinowski, contractor L. Berg, Village Manager Abe Selman, architect Alan Teske, Mayor Nicholas Blase and fire apparatus engineer Alcide Thibodeau. See related story above.

Sand volleyball registration

Registration is now being taken at the Ballard Leisure Center, 8320 W. Ballard Rd., (708) 824-8860 for this summer's Sand Volleyball League.

There are co-ed leagues being offered on Sundays and Thursdays with a Men's league on Tuesdays and a Women's league on Wednesdays. Matches will be

held at the Sports Complex Pool, 8435 Ballard Rd.

For more information contact the Sports Complex at (708) 297-8010.

There will be a ten-team limit on the Sunday Co-Ed league and 8 team limits on all other leagues. Registration ends May 29.

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The 5 week classes begin June 8 and July 13. Early registration is suggested. For additional information, contact the Leaning Tower Family YMCA, 6300 W. Touhy, Niles, (708) 647-8222.

Summer program registration open

Registration for the summer program session is now open at the Maine-Niles Association of Special Recreation (M-NASR).

Information on the Adult Day Camp can be found in the information brochure available by contacting the M-NASR office by calling (708) 966-5522. Registration ends Friday, May 29.

Girl Scout religious awards

Congratulations go out to the following 6th grade Junior Girl Scouts from Troop 595, St. John Brebeuf School. On Sunday, March 15, Bishop Wilton Gregory presented these Girl Scouts with the Marian Medal at Holy Name Cathedral. Anna Ausmann, Sheila Dowling, Christina Hoegen, Julie Luf, Mary Sosniak, and Christy Strand.

The adult moderator was Donna Ausmann and troop leaders are Denise Dowling and Kathy Johann.

Levy elected Clerks Division president

Charles Levy, a Lincolnwood, Clerk of Niles Township, was elected for the second term as president of the clerks division for the township officials of cook county.

This division represents 30 townships of township government in cook county.

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Bob Besser
Editor and Publisher

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NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to all Niles seniors, 62 and over and their younger spouses. The center is located at 8060 Oakton St., Niles, 967-6100, ext. 376.

MEDICARE FORMS ASSISTANCE
The Niles Senior Center offers volunteer assistance to seniors who need assistance with doctor and hospital bills or supplemental insurance claims. Those interested are asked to call Maureen Jekot at the center, 967-6100, ext. 376 to set up an appointment.

FOSS PARK GOLF OUTING
Tickets are now on sale for the June 4, 18 hole Foss Park Golf Tournament. Tickets are \$13/golf only or \$21/golf and cart. Prize money is also included in the fee. Space is limited, so register early for this outing.

HYPERTENSION SERIES
The Niles Senior Center is offering a Hypertension Series, "Don't Let Your Blood Pressure Get You Down." This six lecture series will be taught by Terry Sprengel RN, BSN. The lectures meet on Thursdays from 2 - 4 p.m. at the senior center. Those interested may sign up for all or some of the lectures. The program is free and blood pressures will be monitored during the series. The sessions include "Nutrition and Sodium" on May 21, "Dietary Fat and Cholesterol" on May 28, "Stress Management" on June 4, "Diet Control and Exercise" on June 11. Call 967-6100, ext. 376 for your reservations.

SENIOR CENTER CLOSED FOR HOLIDAY
The Niles Senior Center will be closed on Monday, May 25, in observance of Memorial Day. The center will reopen on Tuesday, May 26.

CPR CLASS
CPR class will be taught at the Niles Senior Center on Wednesday, June 3 from 1 p.m. to 5 p.m. This program is open to Niles seniors age 62 and older and their younger spouses. The program is free, however, reservations are necessary and may be made by calling 967-6100, ext. 376.

SPRING ARTS AND CRAFTS FAIR
The Niles Senior Center, 8060 Oakton Street, will be sponsoring the annual Spring Arts and Crafts Fair on Friday, May 22 from 10 a.m. to 2 p.m. Featured will be the Niles senior artisans with a variety of handmade items such as woodworking, needlework crafts, jewelry and dolls. A hot dog lunch will also be available for \$1. For more information, please call the senior center at 967-6100, ext. 376.

SJB GOLDEN AGE CLUB
May was a busy month starting with the Spaghetti Dinner for the parishioners, and the final Sweepstakes drawing held on May 3. The grand award was \$10,000 to the lucky winner! Our 17th Anniversary Dinner Dance was held at the White Eagle and gifts were presented upon arrival. There was a sumptuous luncheon, dancing to the tunes of Frank Jakubek and his "One Man Band." Lovely mum centerpieces were raffled and Sunshine Lady, Millie Licita, took this occasion to congratulate Marie and Rudy Proszek on their 65th Anniversary, by reading "The Sentimental Journey Through the Years." A lovely tribute to a fine couple. (She is responsible for the Funny Broom Dance!) Elaine and John Heinen were guests and Hank Piontek was the committee-man in charge of the fine program. A big thanks to him and the volunteers who helped. The members were invited to attend the Mass in the newly-renovated church at St. Isaac Jogues parish. It is awe inspiring and we marveled at the transition. Following service, we were treated to rolls and coffee. Rose Majewski, our "smaller tour" director, and a handful of Golden Age Club members took a delightful tour to the St. Theresa Shrine in Darien. Everyone enjoyed the chapel, museum, lovely decor, and great luncheon.

Congratulations to Ann Knapp who was chosen queen of 1992-93 by the Bishop Hillinger Council of the Knights of Columbus at the Notre Dame High School. Mr. Knapp is our Senior Advisor, and gave a lecture on the New Health Care Programs. He keeps us alerted by any changes or beneficial aids. We were informed by Nick Constantino of the present situation regarding the Niles Park District and what is being considered for the future. We welcomed back Anne Romeo who looked fantastic after a lengthy illness. Her husband, Frank who is the good samaritan around town, is seeking volunteers for the forthcoming Niles Festival Days. Please give him your support and sign in to work where necessary.

I overlooked the 80th birthday of Celia Fioretto in the last issue. Her five great-granddaughters came to assist in serving the two cakes that her daughter brought to the meeting as a treat. We thank them all! Ethyl and George Jakubowski celebrated their 50th Anniversary as did Mary and Bill Wasmund. We were treated on separate days with rolls and coffee, which we enjoyed. Thanks! Rose and Barney Majewski celebrated 55 years. Sorry to say that our buddy Marv Lubinski fell and broke his arm. Hope he is improving. Let's send cards or make calls to all the sick. Remember the last Mass on May 31. Next on is in September. Happy Birthday to all those celebrating in May.

Memorial Day services to honor veterans

Gladstone Post 777 of the American Legion will conduct Memorial Day Services, 10 a.m. Monday, May 25, on the grounds of the Union Ridge Cemetery at 6700 W. Higgins, Chicago. Everyone is invited to join in this solemn ceremony honoring our veterans from all the wars who are buried here.

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Skokie resident is outstanding volunteer

The efforts of Skokie resident Jane Balaban to protect a string of natural areas along the Chicago River were recently recognized by The Nature Conservancy, an international, non-profit conservation organization that protects natural habitats for rare and endangered wildlife.

Balaban is a regional steward for the North Branch Prairie Project (NBPP), a non-profit group that works with the Conservancy and the Cook County Forest Preserve District to revive nine natural areas along the north branch of the Chicago River in the city and northern suburbs.

In this role, Balaban has chaired the Project's ecological management work group, which



Jane Balaban (seated) examines the North Branch Prairie Project Herbarium with fellow volunteer Joanne Softcheck.

husband John, she has taught many plant identification classes and has coordinated the Herbarium Project for the NBPP, which is becoming a model for other Conservancy volunteer groups. "There is quite a bit of natural environment being protected in the Chicago area thanks to Jane," says Al Pyott, Illinois director of The Nature Conservancy. "Her efforts are ensuring that our children will be able to enjoy what this generation took for granted—the natural beauty of Illinois."

Balaban also leads other volunteers on weekend restoration workdays at various NBPP sites. Typical work includes collecting and planting native grass and flower seeds as well as brush cutting to remove non-native plants that have pushed native species from the prairie.

Of particular importance to the success of natural areas restoration are the prescribed burns conducted in the fall and spring of each year. Far from being a destructive force, under the guidance of trained volunteers, fire is a vital catalyst for the rebirth of prairie and savanna remnants struggling to survive in the Chicago area.

Restorationists return fire, once a naturally occurring prairie phenomenon, to grassland remnants through controlled burns which eliminate brush invading grasslands, combat the intrusion of weedy species, and return nutrients to the soil. Much advance planning is involved in a burn, with careful attention given to the weather on the day of the event so conditions are favorable and safe.

For several years, Balaban has been the North Branch Prairies burn coordinator. As such, she works with the groups ecologist to schedule these events, communicates with local officials, and recruits volunteers to participate.

To find out more about volunteering for the North Branch Prairie Project, call Joanne Softcheck at (312) 878-3877. For more information about The Nature Conservancy, call (312) 346-8166.

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GOLF LEAGUE
The Morton Grove Senior Citizen Golf League tees off at 9:30 a.m. every Friday at the Weber Golf Course in Skokie starting on Friday, May 22. The 9-hole par-3 course is open to all Morton Grove seniors. For more information about games, fees and details, call Gene Silicani at 965-4868.

DIABETES
Type II, non-insulin-dependent diabetes usually occurs in adults over 40 years of age. This is the most common form of diabetes of the total diabetic population. It is usually gradual in onset. Some of the warning signs of diabetes are: excess weight, drowsiness, blurred vision, tingling or numbness in the hands and feet, skin infections, slow healing of cuts especially on the feet, and itching. Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, May 26, in the Flickinger Senior Center. Persons coming in for the screening should not be known diabetics and should fast from the evening meal of the night before.

REMINISCENCE TRAINING
The handing down of family history from one generation to another has always taken place. But with the more mobile and busier family of today, we need to make special efforts to provide seniors with opportunities to reminisce. Taking time to listen to another person reminisce gives the powerful unspoken message that "who you are, what you have done, and the things you care about are very important to me. I believe in you. I accept you. I want to know your story. And even more, I receive what you have to offer as a gift." The Morton Grove Commission on Aging will be conducting a series of training classes for those interested in learning about reminiscence interviewing. Classes will be held from 9 a.m. to noon on Wednesday, May 27 and Wednesday, June 3 in the Flickinger Senior Center, 6101 Capulina Avenue. For those interested in registering for the course, call the Morton Grove Senior Hotline at 470-5223.

SENIOR DAY CAMP
Songs, aerobics, crafts, cook-out, field trip, t-shirt, new park shelter, fun in the sun, fun in the shade, swimming, water balloon fights, marbles, ball and jack contests, friendship bracelets, shuffleboard, kickball, scavenger hunt, talent show, "Wheel of Fortune," bingo, charades, snacks, Ronce, Carol, Randi, Harrier Park, Oriole Pool. All these have been designed and re-designed to appeal especially to Morton Grove senior adults who probably never had the chance to go to Summer Camp - that is - until now! Camp Gro-Mor is from June 5 thru June 12 and all activities have been tailored for "active-agers." This is not one of our great intergenerational events. This is a camp for adults who, for whatever reason, missed it during those "thrilling days of yesterday." Counselors are world renowned for their bizarre senses of humor and campers are guaranteed fun, frolic and friendship. Registration for this unique experience is underway and everyone is looking forward to Senior Day Camp - Camp Gro-Mor. No one is ever going to say that we are too old to "take time for fun!" Move over kids; the seniors are going to camp!! Register at the Prairie View Community Center, 6834 Dempster Street.

HOW TO FIND A GOOD HANDYMAN
Whatever happened to the proverbial handyman? Expect that question to arise when you need help trying to plane a sticky door, replace a broken window, tighten a shaky banister, paint a bathroom or resurface a cracked driveway. An no one is willing to take the work. Sure you can try calling a contractor. He will come over and tell you how he would relish the opportunity to tear down and replace walls, but mention your loose doorknobs and he suddenly is too booked to schedule his return. If you turn to a traditional home improvement company for your small jobs, the likelihood is that you'll pay much more money than you would if you found the right one - or two-person company.

Instead, you might want to try these suggestions:
• Call the proprietor of a locally owned hardware store.
• Call your local high school in search of an industrial arts teacher.
• Consider hiring an off-duty police officer or firefighter.
• Call local realty agents for referrals.
• Your best bet in hiring a handyman may be a woman. An increasing number are entering the home improvement field and some are more willing than their male counterparts to take on home repairs.
The Flickinger Senior Center has a listing of people who will attempt odd jobs. Call the Morton Grove Senior Hot Line at 470-5223.

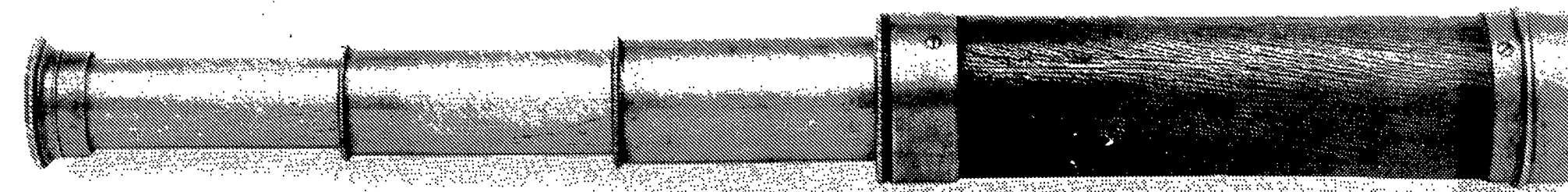
BECOME A MEMBER
For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster St., Morton Grove, IL 60053.

Volunteers needed to visit shut-ins

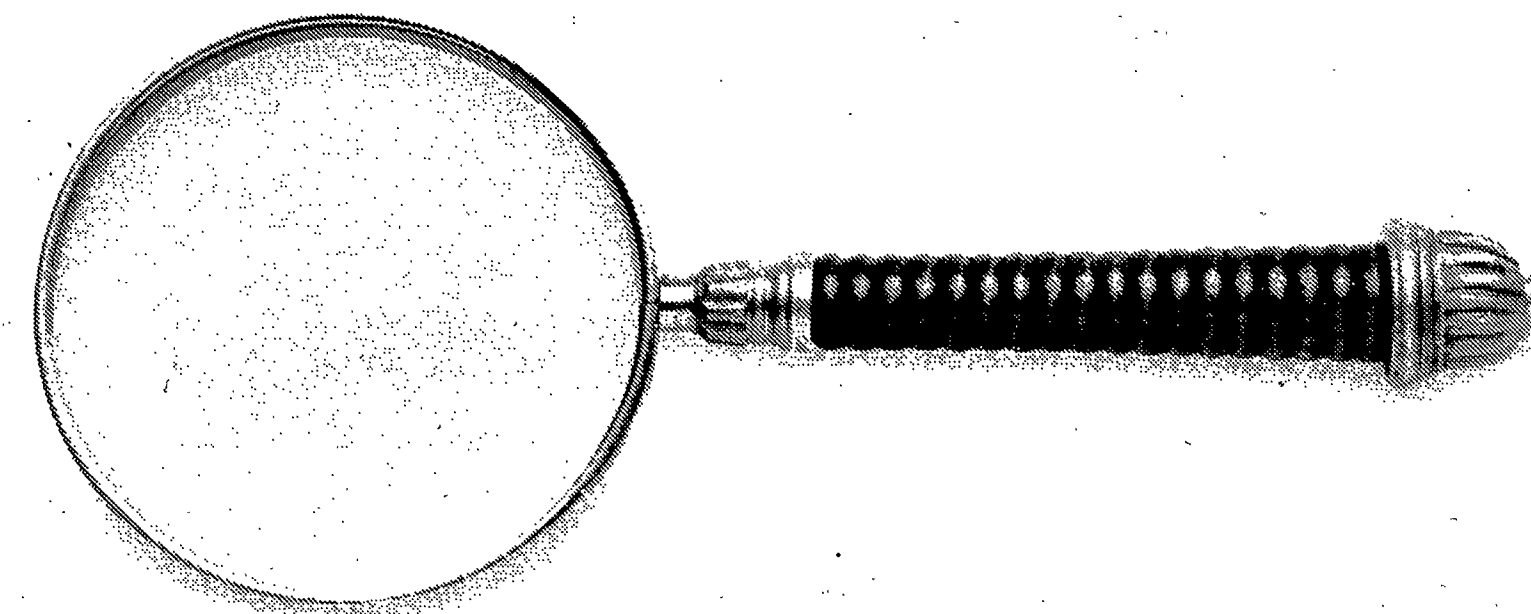
We are seeking out volunteers who can give an hour or two a week to visit shut-in residents of our community. Many men and women are looking for ways they can help the less fortunate. Here is an easy answer and all it will cost is a little of your time. If you can assist, please call The Center of Concern, at (708) 823-0453 and talk to Joan.

or in nursing homes, and who have no family or friends in this area to visit them. It means so much to these people to have some contact with the outside world. You will feel richly rewarded too.

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of your money in the first ten days of every six-month interval without penalty. All it takes to get started is a \$1000 deposit.

The short view.
If you predict rates will keep going up beyond this election year, invest short term with the FirstRate Fund.™

You'll make a bonus return of 5 3/4 percent per annum from the day you sign up through July 31.

So the sooner you invest the more you'll make. After July 31, the per annum rate is based

on the 91-day Treasury Bill. So if the T-Bill goes up quickly, you'll continue to benefit from it.

A new deposit of \$10,000* is required, and you can get your money seven days after notifying us.

It's a respectable rate of return plus liquidity in these uncertain times.

Of course, your investments are FDIC insured up to \$100,000 per depositor. And bonus offers are good through July 31.

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School News

Regina students spend Easter in Paris

Twelve Regina Dominican High School students spent Easter vacation on a ten-day tour of France. After three days in Paris, the students visited Chartres Cathedral, the Loire Valley, the D-Day Beaches, and the medieval abbey of Mt. St. Michel.

Area tourists include: Emily Gajek, Caroline Sachay, Marieanne Gajek, (Edgebrook); Janet Russo, (Norwood Park); Leigh Keyser, Charity Rieck, (Winnetka); Cindy deLeon, Amanda O'Hara (Glenview); Sandra Punda (Lincolnwood); Aileen Sancho (Niles); and Jennifer Lenahan (Park Ridge).

Mary Ellen Scandale and Anna Boekstegen of Regina's French department accompanied the students.

Resurrection's forensic team gets 3rd place trophy

Resurrection High School's forensic team captured the third place trophy at the Chicago Catholic Forensic League's tournament Feb. 1 and advanced three duet acting teams to a national competition.

Finishing in first place in the CCFL in duet acting were seniors Megan Hickey and April Hall. Taking third place in the league were juniors Carrie Grzeskiewicz and Bridget Cahill. Senior Stephanie Stanovich and junior Jenny Gillespie won fifth place in the league.

All three teams will travel to Washington, D.C. to compete in the National Catholic Forensic League's Grand National Tournament, which will be held during Memorial Day weekend.

St. John Brebeuf renovates science lab

St. John Brebeuf School announces the renovation of its Science Lab. Through volunteer efforts the Lab has been cleaned, re-organized, catalogued and restocked. The current equipment and supplies include charts of the human eye, heart and other organs, slides of various cells, microscopes, and an assortment of beakers, weights & measures.

These materials provide resources for the 5th, 6th, 7th & 8th grade students to study the beginnings of Physics, Chemistry and Biology. The plans for next year call for expanding the program and for Science Fair winners to compete at the Museum of Science and Industry's citywide Science Fair.

Anyone interested in more information regarding this program can contact the school at 966-3266.

Students plant trees for Earth Day



Students Against a Vanishing Earth (SAVE) at Niles West High School planted two red maples on Earth Day, April 22. The trees were dedicated to Niles West Principal Donald Ring and to the youth who take an active role in saving the earth.

"On a profound level, let the tree symbolize the lungs of those influential school administrators who breathe life into shaping positive environmental policy," said SAVE sponsor Christopher Fontana at the dedication. "For the principal is the most influential person in a school, and it is needless to say the tremendous influence schools have in forming our youngsters. And it is the youth who will save the earth."

In addition to planting the trees, SAVE has been instrumental in the school's desktop recycling program, which has recycled more than 5,000 lbs. of paper during the year.

Shown above, Niles West Principal Donald Ring (left) prepares to plant a tree on Earth Day with the senior members of Students Against a Vanishing Earth (SAVE) and sponsor Christopher Fontana.

Notre Dame announces commencement exercises

Notre Dame High School Board of Governance and the Congregation on Holy Cross are pleased to announce the commencement exercises for the class of 1992. The Baccalaureate Mass will be held on Thursday, June 4, at 7:30 p.m. at the Parish Church of St. Thecla (6725 W. Devon Ave. - Chicago).

The Most Reverend Wilton D. Gregory, Auxiliary Bishop from

the Archdiocese of Chicago will be the main celebrant. Commencement exercises will be held on Saturday, June 6, at 10:30 a.m. at Notre Dame High School Gymnasium located at 7655 W. Dempster, Niles.

St. John Lutheran registration underway

St. John Lutheran Registration is open for 1992-93.

Registration is open for 1992-93 for Pre-Kindergarten 3 & 4, Kindergarten and first through sixth grade classes at St. John Lutheran School, 7429 N. Milwaukee Ave., Niles.

For information, brochure or a tour, please call the school office at (708) 647-8132.

Jason G. Engel

Marine Pvt. Jason G. Engel, son of Sarah F. Frendries of Skokie, recently completed recruit training. He joined the Marine Corps in December 1991.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D008097 on May 11, 1992, under the Assumed Name of Plinko Chicago Services Company, with the place of business located at 7831 Beckwith Rd., Morton Grove. The true name(s) and residence address of owner(s) is: Nanyar Abbas, 7831 Beckwith Rd., Morton Grove, IL 60058.

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School News

St. Matthew's students Jump Rope for Heart



Students Jump for Heart. Ken Abt demonstrates some fancy footwork as Mike Kasper (right) and Tom Jankosky turn the long rope.

Twenty students at St. Matthew's Lutheran School, Niles, raised \$612 to fight heart and blood vessel diseases.

They jumped rope for 90 minutes on Friday, April 17, to promote cardiovascular fitness and to support the American Heart Association of Metropolitan Chicago.

The event, called Jump Rope for Heart, is sponsored nationwide by the American Alliance for Health, Physical Education, Recreation and Dance. It is designed to show the benefits of regular exercise and physical fitness while raising money for the

American Heart Association's research and public education programs.

Ed Becker, Jump Rope for Heart coordinator, said the event was a great success. "The students gave it everything they had. It's super when you see teachers, students, and parents working together toward such an important goal. Since heart and blood vessel diseases kill almost as many Americans as all other causes of death combined, it makes sense to make the AHA's heart and blood vessel research a high priority."

Students participate in Junior Leader Program

Fifty-one Maine East students are currently participating in the physical education junior leader program this school year.

The students, training to participate in the senior leader program, assist teachers in physical education by officiating, organizing equipment, participating in demonstrations, etc.

Betty Bricker coordinates the junior leader program at Maine East.

Morton Grove residents participating in the Maine East junior leader program include: Lisa Cho, Ewa Dembowska, Sinisa Laskarin, Smita Patel, David Perelgut, Zeehat Rahman, Patty Ramos, Omni Theanchai, and Chris Zarezynski.

Inducted into French Honor Society

Twenty-one students were initiated into the Niles North High School Chapter of the French National Honor Society (Societe Honoraire de Français) at a ceremony on April 26. The students were selected based on achieved excellence in their study of French.

The students, who are sponsored by French teachers Dorann Oswald and Selma Perlmutter, are Ajay Aggarwal, Julie Choi, Dorith Cohen, Hannah Crum, Matthew Egel, Joseph Han, Janice Jeong, Jennifer Kim, Yael Levit, Jennifer Mui, Anatoly Nudelmann, Tina Obradovic, Ana Opulencia, Joyce Park, Leah Sidel, Priti Sinha, Alex Solovey, chik, Jennifer Stern, George Wu, Sojin Yi and Sora Yi.

USE THE BUGLE

Oakton's courtyard dedication ceremony

The Oakton Community College Educational Foundation has launched, yet another program, "The Oakton Tribute Courtyard."

Through this project, people may sponsor a tree in the courtyard to honor family, friends, organizations, graduation, wedding, anniversary, retirement or birth. The first dedication ceremony was held Sunday, May 3, in the courtyard at Oakton Community College, 1600 E. Golf Road, Des Plaines.

Ray Hartstein, president of the Northeastern's Child Care Center offers summer camp

Northeastern Illinois University (NEIU) "Child Care Center" is offering a "Summer Camp" for children aged six through eight, June 8 through Aug. 21, in addition to the center's regular year-round toddler and pre-school daycare services.

Children may enroll for two, three or five days a week, for nine, ten or eleven weeks from 8 a.m. to 5 p.m., at a cost of \$15 per day for the summer program.

Summer Camp activities include art, music, drama, field sports, and field trips, supervised by qualified staff, and held rain or shine. For more information call the NEIU Child Care Center at (312) 794-3079.

Regina students named to Art Honor Society

Regina Dominican High School's chapter of the National Art Honor Society recently inducted new members.

The following area students were named to the group: Kristen Robinson, Aileen Sancho, Morton Grove; Jae Jeung Kim, Dan-Oh Kim, Marie Patenio, Ako Nonaka, Skokie; and Jaewon Kong, Seong Won Kong, Des Plaines.

Sister Pauline Oplinger, O.P. is moderator of the Art Honor Society.

Oakton Board of Trustees and Donna Eskridge, president of the Oakton Educational Foundation and vice president of Centel and Donna McAllister, City Clerk of Des Plaines, honored the donors.

The list of donors include, the Clean Community/ Beautification Commission and Keep Des Plaines Beautiful Inc. Joan Hall, a member of the Oakton board of trustees, Edith Kocunian and the Gil Pohl family of Park Ridge; Frances and Ralph Martin and Jayne and Frederick Quellmalz, of Des Plaines; Phyllis and Paul Gilson and Irene Rosen, of Skokie; Allen and Sue

Kravis of Niles; Frank Mabley of Glenview; Lawrence and Bridget Roth of Oak Park; Joanne Masri of Northbrook; and the Stillman family of Highland Park.

The proceeds generated from this project will be used for college programs and projects augmenting quality education at Oakton.

There are still trees available at a cost of \$1,000 and up. Potential donors are invited to visit the courtyard. If interested in purchasing a tree, contact the Office of Development at (708) 635-1892.

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Church & Temple News

Easter food baskets for Niles needy families



At our March meeting, members and guests of the Woman's Club of Niles, brought enough cans and packages of food to fill ten bushel baskets for needy families. A \$15 gift certificate to purchase meat was included in each basket, along with bags of toys, stuffed animals and candy.

Young people from Builders of Skills, enjoyed filling the baskets, and we appreciated their help and enthusiasm.

Pictured with the food baskets are: (from left) Elaine Heinen, philanthropy chairman, Nancy Klein, second vice-president, and Phyllis Luppino, president of Woman's Club of Niles.

Acolyte recognition at Edison Park Lutheran Church

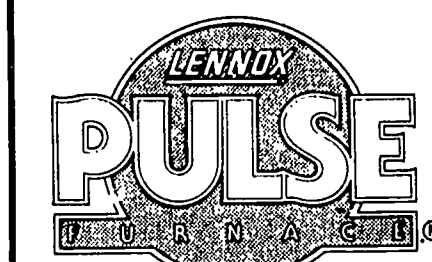
Six young people have served Edison Park Lutheran Church 6626 N. Oliphant, for four years as acolytes. The congregation

will recognize these men and women publicly on Sunday, May 31, at both the 8:30 and 11 a.m. worship services.

Receiving awards are: Tom Hammar, Nate Hultman, Cathy Lauber, Melodie Olson, Erik Tryggstad, and Sarah Voorhees. A big thank you from the congregation for adding that special dignity to our worship services.

GAS FURNACES

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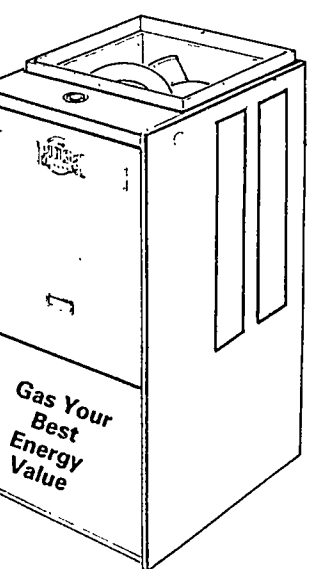
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McPartlan to be ordained a priest

Joseph Cardinal Bernardin will ordain Michael J. McPartlan to the priesthood at 10 a.m. on Saturday, May 23, at Holy Name Cathedral, State and Superior Streets.

McPartlan, son of Hugh and Brigid McPartlan of Our Lady of Knock Parish, 501 163rd St., Calumet City, is one of 13 men who will be ordained for the Archdiocese of Chicago in 1992.

In preparation for his ordination, McPartlan served at St. Maurice Parish, 3615 S. Hoyne, and as a deacon at St. Martha Parish, 8523 Georgiana Ave., Morton Grove. While completing a graduate theology degree at Mundelein Seminary in the coming year, he will assist at St. Martha.

Before studying for the priesthood at Mundelein Seminary, McPartlan earned a Bachelor of Arts Degree in Philosophy from Niles College of Loyola University. He also attended Quigley Preparatory Seminary South and Our Lady of Knock Parish School.

McPartlan will celebrate his first Mass of Thanksgiving at 12:30 p.m. on Sunday, May 24 at Our Lady of Knock.

Ascension Day worship scheduled

The Edison Park Lutheran Church, 6626 N. Oliphant, will celebrate the Ascension of Christ on Thursday, May 28, with services at 11 a.m. and 7:30 p.m. Holy Communion will be offered at both the services. Special music will be provided by our choir and by instrumentalists.

Come and worship! Sunday services are at 7:30, 8:30 and 11 a.m. Sunday adult education, studying Scripture and faith themes, is held from 9:45 to 11 a.m. A lift is available for easy access to the church.



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OBITUARIES

Raymond J. Derbes

Raymond J. Derbes, 73, of Niles, died on April 19 at Lutheran General Hospital, Park Ridge. Mr. Derbes was born on March 13, 1919 in Chicago. He was the husband of Rose Derbes. Father of Raymond (Lynn) and Ronald (Christine). Grandfather of Mark, Michael, Kristie, Jill and Jeffrey. Funeral services were held April 23 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Vincent Joseph Guercio

Vincent Joseph Guercio, 63, of Niles, died on April 29 at Veterans Hospital, Hines. Mr. Guercio was born on Oct. 13, 1928 in Chicago. He was the brother of Carl, Jr. (Roberta), Ronald and Josephine (Allen) Lange. Uncle of Jeffrey, Andrea Gary and Glenn. Funeral services were held May 1 at St. Isaac Jogues Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Virginia Novotny

Virginia Novotny, 72, of Morton Grove, died on May 11 at St. Joseph Hospital, Elgin. She was the wife of the late Frank, mother of Ronald, and Judy Dunn, grandmother of 8, sister of Marion Jonas, Frank Schmidt and the late Pearl Nielsen. Funeral services were held at Simkins Funeral Home, Morton Grove. Interment was in Bohemian National Cemetery.

Bernadette H. Revera

Bernadette H. Revera (nee Kaminski), 62, of Niles, died on May 10 at Holy Family Hospital. Mrs. Revera was born

Oct. 23, 1929 in Chicago. She was the wife of Raymond Revera, mother of David (Coreen), Renee (Perry) Morelli and Maria, grandmother of 4, sister of Geraldine Michalski. Funeral services were held May 13 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

Robert F. Schutz

Robert F. Schutz, 71, of Niles, died on May 8. Mr. Schutz was born Aug. 24, 1920 in Cook, Ill. He was the husband of Dorothy J. (nee Breit) Schutz. Father of Bob (Becky), Janet (Dennis), Baier, Jim (Sue), Bill (Kim), John, Tom (Nancy), Peter and Joe, grandfather of 11. Funeral services were held May 11 at Our Lady of Ransom Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Mary Edna Steiger

Mary Edna Steiger (nee McCabe), 95, of Niles, died on May 1 at Resurrection Medical Center. Mrs. Steiger was born Nov. 11, 1896 in Chicago. She was the mother of Thomas (Judith) Steiger, Grandmother of David and Holly Ann, great-grandmother of 2, brother of Joseph, William and Daniel (Louise) McCabe. Funeral services were held May 4 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Mt. Carmel Cemetery, Hillside.

Matthew M. Szafader

Matthew M. Szafader, 76, of Niles, died on May 3 at Lutheran General Hospital. Mr. Szafader was born Oct. 12, 1915 in Chicago. He was the husband of Helen L. (nee Mruk) Szafader, father of Sandy Bryan and Patricia (Chuck) Courtney, grandfather of 5, brother of Lucille. Mrs. Szafader was born May 5 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Barbara A. Zengrele

Barbara A. Zengrele, (nee Frehr), 83, of Niles, died on April 30 at Lutheran General Hospital. Mrs. Zengrele was born April 22, 1909 in Romania. She was the wife of Marc Zengrele, grandmother of James Adler, great-grandmother of Scott and Mike Adler, great-great-grandmother of 3. Funeral services were held May 4 at St. Juliana Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery, Skokie.

Memorial plaque dedication

Maine Township Jewish Congregation Shaare Emet will hold late Friday evening services which will include a dedication of 20 new bronze memorial plaques and 2 new memorial boards on May 29, at 8:30 p.m., 8800 Ballard Road, Des Plaines.

Rabbi Edmund Winter, the spiritual leader of the synagogue will officiate, and an Oneg Shabbat will follow.

Catholic Charities 75th Anniversary



In celebration of Catholic Charities 75th anniversary, administrators, volunteers and clients of Catholic Charities of the Archdiocese of Chicago march in a procession from Holy Name Cathedral to Catholic Charities Near North Shore Center, 721 N. LaSalle St.

Annually, Catholic Charities serves more than a half-million people of all religions, national, racial and economic backgrounds in Cook and Lake Counties.

B'nai B'rith plans Auction/Dinner

On Sunday, June 14, B'nai B'rith Foundation will hold an Auction/Dinner at Niles Township Jewish Congregation, 4500 Dempster St., Skokie.

The festivities will begin with a silent auction at 4 p.m., dinner at 5:45 p.m. and the live auction at 7 to 9 p.m.

B'nai B'rith is the world's oldest and largest Jewish Service Organization. Since its founding in 1843, the organization through its members, has dedicated themselves to a variety of projects and issues in order to ensure the survival of Jews the world over.

All monies will go toward continuing our "Your Programs through BBYO (BBG-AZA) and Hillel on college campuses.

For further information, please call the B'nai B'rith Foundation at (708) 674-5542.

NSJC honors Greenbergs at dinner

Carol and Lew Greenberg have been chosen as this year's Honorees when Northwest Suburban Jewish Congregation, 7800 W. Lyons, Morton Grove, celebrates its 34th year at a gala Dinner Dance on Sunday, June 14.

They will receive the synagogue's Etz Chayim award for their outstanding service on behalf of Northwest Suburban Jewish Congregation, the Jewish Community, and the State of Israel.

Cost of the dinner is \$90 per person, which can be earned or donated in a variety of ways. An Ad Book will be included.

For further information, contact the Synagogue Office.

Bat Mitzvah

Suzanne Rontal, daughter of Benjamin & Sherry Rontal, was recently called to Torah as a Bat Mitzvah at Niles Township Jewish Congregation. Rabbi Neil Brief delivered the charge and Hazzan Shlomo Shuster chanted the liturgy.

Following the services Mr. Mrs. Rontal hosted a Kiddush.

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EXP. 6/22/92

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EXP. 6/22/92

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EXP. 6/22/92

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EXP. 6/22/92

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EXP. 6/22/92	Reg. \$2.49	Reg. \$2.49	EXP. 6/22/92	Cheddar & Sour Cream - BBQ - Reg. Mesquite	Reg. \$1.49
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EXP. 6/22/92	Case \$5.99	Case \$5.99	EXP. 6/22/92	7 Flavors	12 Pints

Mayor Blase welcomes Cabinet Connection to Niles



Photo by Pat Snyder

Mayor Blase and George Filnotis, the general manager, of the newly-opened Cabinet Connection, participated in a ribbon cutting ceremony on Tuesday.

Shown here is the fabulous Les Care kitchen. Mayor Blase said with the quality of product featured here, Cabinet Connection, will do a great business in Niles. The store is located at Four Flagg Shopping Center, in Niles.

Marketing firm moves to Gurnee

Market Strategies, a full-service marketing firm specializing in helping clients get and keep business, has moved to 1313 Delany Road, in Gurnee.

The firm, which was previously located on Michigan Avenue in Downtown Chicago, not only provides consultative services, it provides clients with "hands-on" assistance to implement strategies and programs. Services include advertising, public relations, sales promotion, direct mail and sales training.

Market Strategies is involved with both professional services firms as well as manufacturing and distribution firms.

James T. Berger is president of Market Strategies. Berger has more than 25 years of marketing services experience. Prior to creating Market Strategies, he was director of marketing services for Friedman, Eisenstein, Raemer & Schwartz, a 250-person accounting and consulting firm.

Robert M. Paton

Marine Pvt. Robert M. Paton, son of Mary M. Hannum of Des Plaines, recently completed recruit training.

Consider taxes in your financial plan

by Jeffrey Cardella
Edward D. Jones & Co.



Now that we just finished paying all our taxes, it is a good idea to look ahead to see how we may plan to lighten the load next year. I thought this would be a good time to provide some tax tips.

Despite the fact that capital gains have lost their preferential treatment -- both long- and short-term gains are taxed the same as ordinary income -- you can still use the law to your advantage. Here are several suggestions that could save you tax dollars.

Tip number 1: If you had reportable capital gains during the year, you might consider taking possible losses prior to year's end. Because losses can be matched to gains, they might lessen or possibly eliminate an otherwise taxable gain.

Tip number 2: You may deduct up to \$3,000 in capital losses from ordinary income in any one year. If losses exceed that amount, carry the unused portion forward to future years.

Tip number 3: Often a taxpayer sells a security to establish a tax loss with the intention of replacing that same security. This can be an excellent tax maneuver if you are careful not to be caught by the IRS "wash sale" rule. A "wash sale" occurs when you replace a security with the same, or nearly identical, security within 30 days before or after the loss sale.

Tip number 4: Don't forget broker costs when calculating the cost basis, or total cost, of your securities. Commissions and other fees paid on purchases or sales can reduce your capital gain or increase your loss.

Tip number 5: When selling securities, be sure to identify which shares you want sold. Because shares are often purchased at different times and prices, you can cut your capital gains tax liability by selling the most expensive shares first.

Tip number 6: Keep a record of your mutual fund direct purchases and any reinvestment of dividends and gains. This is always included on your mutual fund statement. Remember, these reinvestments are taxed in the year they are paid and are added to your cost basis. Don't pay double taxes on reinvested gains and dividends when you sell.

Tip number 7: Find a trusted professional who will take time to explain these and other tax pitfalls. Before investing consider future tax implications. Then, take full advantage of current tax laws.

Tip number 8: For many taxpayers, tax-free municipal bonds may be appropriate. These bonds provide tax-free interest to the bond holder. To see if municipal bonds are appropriate for you, please call my office. For some people, municipals offer little or no advantage.

These few suggestions will not make you a tax expert. They should, however, bring up enough questions to consider taxes in your financial plan.

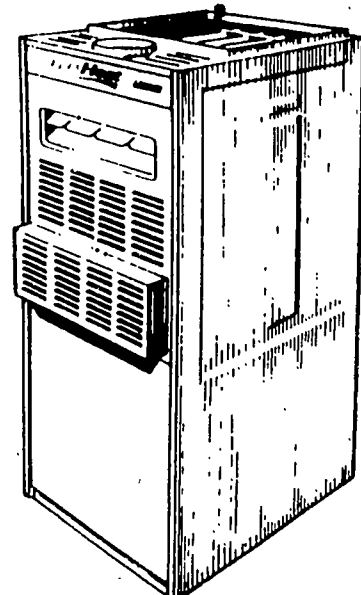
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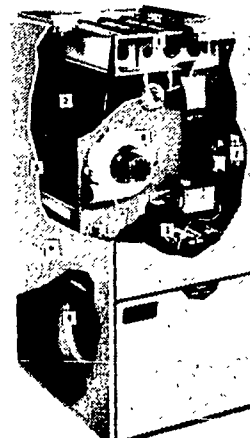
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SPECIAL SUPPLEMENT *The Bugle Newspapers* MAY 21, 1992

SENIOR SEASONS



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- The Abington offers Physical Therapy Program . . . Page 21
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SENIOR SEASONS

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The Eagle

Leaning Tower Newcomers' Tea slated

A Newcomers' Tea will be held on Monday, June 8 at 1:15 p.m. at the Leaning Tower Senior Adult Center, 6300 W. Touhy Ave., Niles. All members who have joined and have never attended a Newcomers' Tea are invited.

At this reception there will be an opportunity to meet and get acquainted with the board, the regular members and the YMCA Senior Center Staff. This is also a good opportunity for the center to get to know its members better.

Leaning Tower Senior Center now boasts of almost 1,000 members with almost as many men as women and about 250 couples. There are over 80 activities and members are encouraged to participate in as many as possible during the year. We are especially proud of the swimming and exercise programs just for seniors.

There is a dedicated group of officers who devote so much time and effort to make the senior center a success. A slide presentation of the many activities will be presented and all members are invited to come and help make the Newcomers welcome. Refreshments will be served. Mark your calendars and attend this delightful afternoon. For more information call the center at (708) 647-8222, ext. 2237.

About our cover ...
Top photo:
A bake-off contest was held at the Maine Township Grandparent Fair on Saturday, May 9. Pictured 1. to r. are Trustee Bonnie Lindquist, Clerk Stephen J. Stolton, Trustee Carol Teschky and Supervisor Joan Hall judging the 23 entries.
Bottom photo:
Shown is a lobby view of The Breakers at Golf Mill, 8975 Golf Road, Des Plaines.

Vendors needed for Senior Expo

If you have products of interest to adults over 50 sell or display your merchandise at the Senior Expo, from 9 a.m. - 1 p.m., Friday, Oct. 16, at Oakton Community College, 7701 E. Lincoln Ave., Skokie.

The Expo committee reserves the right to choose vendors who best serve the image and quality of the Expo. Vendors will be allocated space on a first-come, first-serve basis, at the discretion of the committee. Early registration is encouraged since space is limited.

A single space (6x8) is \$35, double space (6x16) is \$60. Co-sponsors of the Expo can rent a single space for \$25 and a double space for \$50.

Tables, chairs, carts/dollies or any special requests will not be available. Please be prepared to provide for yourself. Set-up begins at 7 a.m. on the day of the Expo.

To reserve a space, contact Bea Cornelissen at (708) 635-1812.

Free senior citizen game party



Pictured (left to right): Veda Kauffman, Nick Costantino and Mayor Nicholas B. Blase.

Chariman Nick Constantino announces that a free Senior Citizen game party is planned for June 17 to be held at the Chateau Ritz, 9100 Milwaukee Avenue, Niles.

Maine Township Regular Democratic Organization and Committeeman Nicholas B. Blase have sponsored and supported this popular event for 18 years and is offered free to all senior citizens of Maine Township and the Village of Niles. Doors

will be open at 1 p.m.

Free Entertainment and refreshments will be served. Also, a king and queen will be drawn to reign for the day and each will be given a cash prize.

Tickets can be obtained at local Senior Citizen clubs and at 8074 N. Milwaukee Avenue, Niles. Please call (708) 692-388 for more information. Bus schedule: Huntington Senior Building 12:30 p.m., Niles Library 12:20 p.m., St. Andrew's 12:15 p.m.

North Shore lake front picnic

Pack your picnic gear and join the seniors at The North Shore Retirement Hotel for a summertime Lake Front Picnic on Wednesday, June 3 from 11:30 a.m. - 1:30 p.m. At 11:30 a.m., a bus will transport guests and residents from The North Shore Retirement Hotel, 1611 Chicago Avenue in Evanston, to a nearby lakefront picnic site. Reservations are required and bus seating is limited. The event is free and open to seniors.

The picnic is a wonderful opportunity to enjoy a relaxing stroll along the breathtaking lake

front. There will be a variety of lawn games to participate in, too. Test your skill at miniature golf, croquet, horseshoes and more. You might even win a souvenir prize!

What's lake front afternoon without lunch! A delicious picnic buffet is sure to quench your thirst and satisfy your hungry appetite.

Make your reservations today for The North Shore Retirement Hotel's Lake Front Picnic. For reservations and further information contact Mollie Wallsteadt at (708) 864-6400.

Township Options groups plan architectural cruise

Maine Township's Options 55 and One + Options groups are co-sponsoring a Chicago Architectural Cruise Saturday, June 27, followed by lunch at Binyons Restaurant and a tour of the new Harold Washington Library.

The cruise past Chicago's architectural landmarks will be led by a guide from the Chicago Architectural Foundation and will include points along the Chicago River and Lake Michigan. The cruise will be followed by lunch at the renowned Binyons Restaurant and a visit to the highly acclaimed Harold Washington Library, the largest municipal library in the country.

Cost of the excursion is \$36 for members. Guest reservations at \$41 will be accepted on a space-available basis. A deluxe bus will leave from the Maine Township Town Hall parking lot, 1700 Bal-

lard Rd., Park Ridge, at 9 a.m. and return about 3:30 p.m.

Options 55 is a social group serving Maine Township residents ages 55 through 65. It offers trips, theater outings, and special events geared for pre-retirement adults. Membership is free.

One + Options serves widowed and other single Maine Township residents, 45 through 65. The group offers trips, seminars, a cuisine dining club, Sunday Strollers group, special activities and challenging volunteer opportunities.

Membership in both groups is free. Participants benefit from group rates on trips and activities. Applicants must provide proof of age and residency. For information on membership and registration, call Sue Neuschel at 297-2510, ext. 240.

The Eagle

SENIOR SEASONS

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Glenview Terrace offers support to families

For the past eighteen months, Glenview Terrace has offered a unique support system for its residents' families. It is referred to as Family Support Groups, and they meet every other month at the facility. The groups were formed solely for the benefit of the families, in order to acquaint new families with the services and personnel of the home, to extend support to one another, and to address concerns and issues shared by all families.

Shortly after admission, the Social Services department conducts an initial assessment of each resident which evaluates such areas as acceptance of and adaptation to the nursing home, interaction with others, current strengths, and any noticeable problem areas. This assessment is followed up on a quarterly basis by the Social Services staff so that progress, adjustments or changes can be carefully monitored.

As residents are newly admitted and become oriented to our home, so too are their families made to feel comfortable at Glenview Terrace. Group meetings are conveniently held on Sunday afternoons. Meeting dates are posted in the home and personal invitations are extended as well.

Lauren Youtsey, director of social services, heads up the program. Essentially, Lauren is positioned as a liaison between family, facility and resident. Meetings go something like this: To begin, a handout of all the names of the departmental heads is circulated in order to provide families with a comprehensive list of key contact people. This way, should a family member have a concern or question regarding a particular area of care, they know exactly who to contact. Next, the group begins informal introductions. Getting to know each other enables participants to speak openly and honestly. By sharing common feelings, family members feel a part of the one group, and they soon realize that they are not alone in the feelings and emotions they are experiencing.

At Glenview Terrace, family support groups have been extremely successful. This program has been thoughtfully designed to encourage families to share similar experiences which specifically deal with feelings of frustration and anxiety. Family support groups have proven to be extremely beneficial, especially for those families that have recently admitted a relative. It is a time to share, a time to learn, and a time to release internal feelings and voice any concerns. "We are, in a sense, guidance counselors," states Lauren. "We reassure families that Glenview Terrace is here to handle all requests, answer all questions, and resolve any areas of concern as quickly and efficiently as possible. Lauren's method of support draws on her own work experiences. In essence, her role is to help families help their loved ones adjust to life in a nursing home. Discussions are often centered around the types of things that are encouraged at Glenview Terrace, such as bringing in personal mementos to make resident's rooms more home-like. Glenview Terrace is comprised of caring, sensitive professionals who strive to make the facility an extended support system for everyone involved.

Tribune and PIC sponsor Job Fair

The Chicago Tribune and the Private Industry Council of Northern Cook County (PIC) will co-sponsor the Northern Cook County Job Fair on Thursday, May 21, from 9 a.m. - 4 p.m. The fair will be hosted by Oakton Community College at its Des Plaines campus, 1600 East Golf Road. Parking and admission are free.

Local employers will be on hand to recruit qualified job candidates in a variety of fields and services. Between 35 - 50 companies are expected to participate. Job seekers are encouraged to bring resumes as interviews may be conducted.

A unique feature to the job fair will be a resume clinic, where job seekers can receive a quick, 5 minute consultation on their resumes from experts in the job training field.

For more information on the Northern Cook County Job Fair, please contact Kathy Whillite, public relations coordinator at PIC, (708) 699-9040, ext. 58.

Maine Township mature adults head for Ohio's AmeriFlora '92

Maine township mature adults can head for Columbus, Ohio, Aug. 2-4, on a three-day excursion to AmeriFlora '92, the first international floral and garden exposition ever held in the United States.

The 88-acre exposition, commemorating the 500th anniversary of Columbus' discovery of America, features breathtaking landscape and floral displays created by the designers of Disney's Epcot Center. It is an opportunity to travel to more than 15 countries represented through international exhibits, pavilions, ethnic cuisine and entertainment.

Cost of the tour, including deluxe motorcoach transportation, two nights' deluxe accommodations at the Embassy Suites Hotel, two breakfasts, two lunches, and two dinners, is \$359 per person double occupancy and \$439 single occupancy.

The trip is open to members of the Maine Township Seniors, Options 55, One + Options, and guests. For reservations or membership information, call Sue Neuschel or Helen Jung at 297-2510, ext. 240 or 241.

The Maine Township Seniors is a social group serving more than 3,500 township residents 65 and older. Options 55 serves Maine Township residents 55 through 65, and One + Options meets the needs of widowed and other single adults 45 through 65.

Membership in all three groups is free and members benefit from group rates on activities. Applicants must be Maine Township residents and provide proof of age and residency.

Frontier Day at the Lawrence House

Hey dudes and city slickers, the Lawrence House Retirement Hotel, at 1020 W. Lawrence Avenue in Chicago, is roundin' up all cowboys, cowgirls and even desperadoes for Frontier Day on Wednesday, June 10 from 2 p.m. - 4 p.m. The event is free and open to seniors.

Guests will take a step back in time to the wild, wild West at the Lawrence House's salute to the open range. Wranglers can 2-step, promenade and swing their partner to live country western music or just horse around with friends.

Make sure to dust off your chaps and rattlesnake boots for the most original western costume contest. If you're hungry, the Lawrence House chuckwagon will be servin' up refreshments even Billy the Kid would love.

Don't forget your hat for the Lawrence House Retirement Hotel's Frontier Day. For further information contact Tabitha Warren at (312) 561-2100.

One of Jennifer and Lisa's favorite things is the twinkle in Grandma's eyes. We intend to keep it there.



When a person's capacities are diminished by age or illness, that doesn't mean they've lost their thirst for life. Or their love of surprises. Or their need to maintain the same kind of dignity they enjoyed when living independently.

At Glenview Terrace, we offer skilled nursing "care—with the human touch." Our facility, both inside and out, is modern, elegant and comfortable.

Our medical and nursing staffs are all superbly trained professionals who first, respect their patients and second, love their work.

Our daily programs are a mix of medical support services and planned activities designed to help residents live full, complete lives during their stay.

After all, there's nothing on earth like the twinkle in a grandma's eyes. Except, maybe, her smile.

For a free brochure, or to set an appointment for a tour of our facility, please phone our Director of Resident and Family Services, Laura Patur, at 708-729-9090.

Glenview Terrace

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After all, the North Shore set the standards for luxurious retirement living nearly 20 years ago!

Gracious accommodations with hotel amenities and tasteful meals plus stimulating companionship are all waiting for you at the North Shore Hotel.

Enjoy an outdoor celebration of Eastern customs at the North Shore Retirement Hotel's "An Evening in the Orient" Thursday, June 11 from 7 pm - 9 pm (Rain date is Friday, June 12 from 7 pm - 9 pm) Please call Mrs. Matthews at (708) 864-6400 for details.

The North Shore



DAVIS STREET
AT CHICAGO AVENUE,
EVANSTON, ILLINOIS

SENIOR SEASONS

Page 20 Thursday, May 21, 1992

The Abington

Older Americans Month recognized at Kelly

Today's seniors are active individuals and integral members of the workplace, the community and their families, and Kelly Assisted Living Services is pleased to recognize this active demographic group during Older Americans Month in May.

Kelly Assisted Living, a subsidiary of Kelly Services, is joining organizations nationwide to recognize the valuable contributions of America's senior population during "Older Americans Month."

"Seniors have a lifetime of valuable experiences, skills and knowledge to offer to employers, family members and community members," said Letitia Jackson, manager of the Skokie Kelly Assisted Living office. "We assist many seniors in maintaining an independent lifestyle."

Kelly Assisted Living is not only a home care option for many older Americans and their families; it is also a viable employment option for mature employees. Through special recruiting programs, such as the Kelly En-

core(R) program, Kelly Assisted Living provides older Americans the opportunity to reenter or enter the workforce as a caregiver.

The Kelly Encore Program was implemented in 1987 to share the advantages of temporary employment with seniors who want to work. These advantages include a flexible schedule; an opportunity to supplement income without jeopardizing Social Security benefits; an opportunity to put years of experience to work, and a way to enhance current skills.

"Many mature employees are eager to enter or reenter the workforce as Kelly Assisted Living caregivers," Jackson said. "There are many benefits to be gained by working as a caregiver, including flexible scheduling, increased income and the opportunity to meet new people."

Kelly Assisted Living caregivers work as an extension of a client's family, assuming the tasks, care and companionship that family members are unable to provide due to geographic restraints or other obligations.

Kelly Assisted Living was established in 1976 to provide in-home care and companionship to seniors and others in their own environment. Today, Kelly Assisted Living has 100 offices in 30 states.

Kelly services, the nation's largest staffing support company, provides the services of more than 950 offices in the United States, Puerto Rico, Canada, the United Kingdom, Ireland, France, Denmark, the Netherlands, New Zealand and Australia. For information call (708) 677-0364.

Kelly Assisted Living Celebrates Older American's Month

As the provider of homecare and temporary employment for many older Americans, we recognize the lifetime of experience they have to offer employers, family and community members.



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YOUR PARENTS AND YOU

A Minor Miracle Like Edna's

This is a story about a great lady. I'll identify her only as Edna. Her story is well worth telling because it offers hope to so many people. Because others can do what Edna did with grit, determination, and a little help from her friends.

Edna, a bright, intelligent, likeable 99-year-old woman lived with friends and was fully able to care for herself until she fell and broke her hip.

After a hospital stay, Edna found she was unable to walk without parallel bars. It took two people to help her sit and stand. She also needed help with bathing and dressing.

Things looked bleak for Edna until what I call the magic equa-



tion began to work. That equation was the patient's courage and will to get well plus a specially designed rehabilitation program devised by the skilled staff at Ballard Nursing Center. During her month-long stay at Ballard, Edna "worked out" with three to four therapy sessions a day. Dr. Norton Flanagan, a Physiatrist and Medical Director of the Rehabilitation Services Department, monitored the pro-

gram and fine-tuned Edna's exercise.

Between Edna's courage and will to recover and the skill of our staff, Edna began walking, sitting and standing without help. She's now home, able to bathe and dress herself. In fact, she just celebrated her 100th Birthday.

A nursing center with skilled staff and an excellent rehabilitation program, like Ballard's, can work one of these minor miracles like Edna's.

If you would like more information about how to get yourself or a relative back into the swing of things, call Ballard Nursing Center, 708-294-2300.

Minnow Olympics at Fair



Grandma Violet Lehman (second from left), of unincorporated Maine Township, roots as 4-year-old granddaughter Kelly Zahalka's (front right) minnow reaches the finish line first during a minnow race at Maine Township's Grandparent Fair Saturday, May 9. Among the onlookers is Kelly's older sister Julie, 8, (left). The minnow race was among dozens of indoor and outdoor intergenerational activities at the fair.

Fifteen years and growing!

Friendship Village of Schaumburg celebrated its 15th anniversary, "15 Years and Growing," 15 Years and Growing" on Saturday, May 17, in the main atrium of the Village. As part of the program, State Representative, Kay Wojcik, presented executive director, Frank Miezio, with a resolution signed by the State Legislature congratulating Friendship Village on its 15 years of services to the senior citizens of the community.

Mayor of Schaumburg, Al Larson was among other community officials that joined residents and friends at this reception featuring pianist, Kenny Goodman, while enjoying delicious sweet tables and fruit juice fountains.

Niles Grandmothers meet May 27

Niles Grandmothers will not have their usual meeting. Instead they will meet at Lin's Garden, 6556 Milwaukee Ave., at 11:30 a.m. on Wednesday, May 27. We will celebrate the greatest day, that being Mother's Day.

Retirement planning crisis looms

The vast majority of Americans are nervous about their retirement assets - and the current rate environment accentuates those concerns. According to research conducted by Shearson Lehman Brothers, 75 percent of Americans think they may outlive their assets and 63 percent foresee lowering their standard of living. As \$400 million in certificates of deposit comes due in April 1992 - with \$160 million in retirement accounts - clearly a new direction must be forged. But to date, less than 20 percent of these investors have moved their assets into other types of investments.

"We're seeing a lot of investors who are simply frozen with indecision," says Nicky Bank, branch manager of Shearson Lehman Brothers' Northbrook office. "But there are viable alternatives that can suit a variety of investor profiles." He cites two examples: • Laddering maturities - by extending the length of fixed income investments and using successive maturities, the investor can boost income and increase the reliability of the income stream.

Of course, evaluating these alternatives involves a careful analysis of each investor's goals and risk profile. "1992 should be a good year for those who are properly positioned to take advantage of the opportunities that the markets will present. On the other hand, 1992 is likely to be a difficult and challenging year for those who don't recognize the reinvestment risk associated with CDs and money market funds."

Dudycz offers free brochures

State Sen. Walter Dudycz (R-Chicago) is offering constituents free brochures containing forms for a living will and health care power of attorney.

"Because of a recent law requiring hospitals to inform incoming patients about the availability of these documents, more people are interested in preparing them," Dudycz said. "I now have a limited supply of brochures that include the forms and a brief explanation of their purpose."

Dudycz pointed out that Illinois law recognizes a living will and a health care power of attorney because these documents permit people to specify in ad-

The Abington

SENIOR SEASONS

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Physical therapy program featured at The Abington

The Abington of Glenview offers a state-of-the-art physical therapy program to assist residents in recuperating from their illness or accident.

This program is manned and supervised by some of the best physical therapists in the field. They are trained to identify, prevent and rehabilitate physical dysfunction especially in the area of motor skills. Each program is designed to meet the individual needs of the resident. Their ultimate goal is to assist each resident in reaching their maximum level of independence.

The Physical Therapy Department at The Abington of Glenview contains a Hubbard tank which stimulates circulation in a comfortable, refreshing and soothing manner. The tank allows unrestricted leg and arm movement and is beneficial to those experiencing stiffness, wounds and other skin problems.

Each floor at The Abington also contains a parker bath which is designed to give each resident

the opportunity to relax and enjoy bath time in comfort, dignity and complete security. Residents are fully supported by the contoured shape of the bath and have the benefit of full length immersion. The parker bath is ideal for those who require bathing assistance because of the unique features of this tub.

In addition to the physical therapy program at The Abington, Occupational therapists also assist residents in adopting skills and accomplishing tasks that are difficult to perform because of physical disabilities. The goal of this department is to enable residents to achieve a high level of functional independence.

Speech therapists also work with the resident's physician, physical therapist, nurses and occupational therapists to attain the goal of successful rehabilitation.

The Abington of Glenview is located at 3901 Glenview Road (at the corner of Milwaukee Avenue). For information call (708) 729-0000.

Friendly visitors needed at senior center

Have you an hour or two a week to share with a shut-in senior citizen or a resident of an area nursing home who has no family or friends?

Leaning Tower Senior Adult Center, 6300 W. Touhy Ave., Niles has an Outreach Program that is in need of friendly visitors who can volunteer their services for an hour or two per week to bring some cheer into the life of a lonely person.

The main goal of the Outreach Program is to provide supportive services to help the elderly so that they can function in their own homes. You can bring some sunshine into the life of a lonely shut-in just by visiting and talking or reading to a man or woman whose eyesight is poor or whose doorknob never rings.

If you are in the mood to donate some of your time, please contact Rose Wahlburg, Outreach Supervisor, at Leaning Tower Senior Adult Center, (708) 647-8222, ext. 2230. You will feel richly rewarded.

Prime Timers host tornado awareness meeting

At its General Meeting on Thursday, May 21, the North Shore Prime Timers will present Christine Klimczak, Deputy Emergency Management Officer at the Argonne National Laboratory, who will speak on "Tornado Awareness and Tornado Shelter".

The meeting, which is open to the public, will begin at 7:15 p.m. in the Morton Grove Public Library, 6140 Lincoln Ave., Morton Grove.

At certain times of the day or month the volume of calls may exceed the capacity of the 800 number teleshield representatives to respond quickly to calls. These peak phone periods are Mondays, the day after a federal holiday, and the first week of each month (the time when Social Security checks are mailed).

If your business with Social Security isn't urgent, the best times to call are early in the morning or late in the afternoon, Wednesday through Friday.

Home Hospice program wins United Way award

The Home Hospice Volunteer Program of the Visiting Nurse Association North has won the United Way Heart of Gold Award for 1992.

The Heart of Gold Award recognizes volunteer programs which have "demonstrated outstanding and innovative ways of involving volunteers in meeting community needs." The Home Hospice Volunteer Program was one of six selected from among hundreds of volunteer programs by the United Way/Crusade of Mercy, United Way of Metropolitan Chicago and United Way of Suburban Chicago.

Home Hospice, a program of the Visiting Nurse Association North, provides medical, emotional, psychological, spiritual and practical support to terminally-ill patients and their families. Trained volunteers are an integral part of the interdisciplinary team that cares for hospice families in their homes.

"Hospice began as a volunteer movement in this country in the mid-seventies, and the heart of hospice has remained with the volunteers who give of themselves unstintingly to help patients and family members at a most difficult moment in their lives," says Jill Newberger, volunteer coordinator of Home Hospice's Volunteer Program.

"Studies indicate that the two greatest fears expressed by dying patients are fear of pain and fear of abandonment. Our nurses are experts in pain management. The volunteers are professionals in 'staying the course,'" according to Newberger.

The duties and responsibilities of Home Hospice volunteers are as varied as the needs of the individuals they work with. Volunteers may spend a morning

sitting at the bedside of the patient, visiting or merely being present. This visit often allows the primary caregiver, often a family member, some needed respite away from their caregiving responsibilities. The volunteer may serve as an errand-runner for the family, picking up groceries from the store or mail from the post office. The volunteer may tend to the needs of the children in the household, playing with them, reading to them, or just snuggling up with them. Intrinsic to the volunteer's involvement with a family is a deep respect, tolerance and non-judgmental outlook.

Home Hospice volunteers receive intensive and comprehensive training to prepare them for working with the terminally-ill and their families. The twenty-hour training imparts specific and concrete information about hospice, including medical, psychosocial, spiritual and bereavement aspects, as well as enhancing volunteers' self-awareness and knowledge.

"Home Hospice recognizes that caring for a dying loved one is a complex and difficult undertaking but that death with dignity can be achieved when the patient and family are well-supported in a holistic manner," says Newberger. "Home Hospice volunteers provide invaluable support and compassion to our families. The United Way Heart of Gold Award is wonderful recognition of our volunteers' outstanding dedication and commitment."

For information about becoming a Home Hospice volunteer, please call Jill Newberger, Volunteer Coordinator, at (708) 328-1900.

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5145 North California Avenue
Chicago, Illinois 60625

SENIOR SEASONS

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The Bungle

Goldman Home to endorse 'Credo for Quality'

The entire staff of George J. Goldman Memorial Home For the Aged, at 6601 W. Touhy, Niles, a member of the Illinois Association of Homes for the Aging (IAHA), took a personal pledge to endorse IAHA's "Credo for Quality" on May 10, according to Pam Seefurth.

The 15 tenets of the Credo state the philosophy and commitment of IAHA members toward providing quality health care for the aging and are intended to show state and federal governments that many current regulations are unnecessary.

"The lines of the Credo are a blueprint our members follow as they strive toward excellence, in our profession," stated Dennis Bozzi, executive director of IAHA. "Given such a body of professionals committed to excellence, the multitude of bureaucratic procedures and in-

spections to which we are subjected are not needed. He said IAHA intends to use the thousands of pledges from members throughout the state to demonstrate time of national and state financial contraction, regulations are counterproductive to quality of care.

"The regulations interfere with the time available to provide direct resident care. Also they are a huge, unnecessary expense to the government, when such waste can least be afforded."

Bozzi estimates that 20-25,000 employees of IAHA's members across the state will sign the Credo and forward copies to IAHA headquarters. These will be used in IAHA's ongoing program to help legislators comprehend the existing level of quality care and commitment in Illinois for the aging.

Teddy Bear Tea at Lawrence House

Teddy bear lovers everywhere are invited to a tea with their favorite, furry friends at The Lawrence House Retirement Hotel's Teddy Bear Tea on Friday, May 22, 2 p.m. - 4 p.m., 1020 W. Lawrence Avenue, Chicago. The event is free and open to seniors. Reservations are required.

Guests are welcome to bring their most cuddly teddy bear pals and browse through a collection of vintage bears on display. Did you ever wonder how the teddy bear got its name or when the first one was made? A presentation of teddy bear history will answer all your questions.

Awards will be presented to owners of teddies in the following categories: most loved (for example, missing a limb), most unique (for example, made out of rubber bands) and oldest (for example, handed down six generations).

Bear-shaped refreshments and tea will be provided for guests and teddies with a bear-of-an-appetite.

There's sure to be bear hugs for all at The Lawrence House Teddy Bear Tea. For further information and reservations contact Tabitha Warren at (312) 561-2100.

Celebrates 90th birthday



Martha Margalski recently celebrated her 90th year birthday at her sons' house in Morton Grove. Martha was born in Natick, P.A. on April 24, 1902. She came to Niles in 1945 where she still lives today. Martha is the mother of eight, Grandmother of 16 and Great-Grandmother of 21!!!

Martha has great determination to accomplish her goals. She uses this phrase quite frequently, "If you look for a needle in a haystack long enough and don't quit, you will find it."

Family members pictured above are: (seated) Gene and Martha Margalski; (standing left to right) Tom Margalski, Cecil Antol, Frank Margalski, Joe Margalski and Helen Costello.

Peterson Bank's Club 55 hosts Apple Walk May 28

Just as William Tell aimed for the apple, Peterson Bank's Club 55 is giving seniors a chance to take aim at an apple -- without the bow and arrow.

On Thursday, May 28, Peterson Bank will sponsor an Apple Walk for anyone 55 or over. As documented in recent years, walking is one of the best forms of exercise, providing many health benefits while placing minimal stress on the body.

At 10 a.m., participants will meet at 3302 W. Peterson Ave., and there will be a discussion about the best kind of footwear for fitness walking. At 10:30 to

11:30, there will be a walk in the park just across the street.

Participants who complete the walk get an apple. As a reward for effort, anyone who tries gets an apple. There will also be a raffle for prizes.

In case of rain, the rain date is Thursday, June 4.

Peterson Bank is a locally owned, independent, FDIC-insured, full-service community bank serving individuals and businesses. The Peterson Motor Bank is located in the Lincoln Village Shopping Center, 6101 N. Lincoln Ave., Chicago.

Registration begins for Senior Olympics

Attention senior adults, this one's for you! Registration for the eleventh annual Six-County Senior Olympics has begun and closes July 11. This year's Olympics will be held July 22, 23 & 24 in West Chicago.

The Olympics is open to men and women 55 years and better and who reside in the Six-County area (DuPage, Lake, Kane, Cook, Will and McHenry Counties). The three day event features competition in horse-shoes, swimming, tennis, golf, track events, shuffleboard, bowling, table tennis, trapshoot, archery, biking, basketball free throwing, a one mile walk and team volleyball (new this year).

All the events are open to men and women who will compete in their respective age group. The entry fee per person is \$6 for one day, \$8 per person for two or three days. And just like the world Olympics, medals will be awarded.

For more information on the Six-County Senior Olympics or for an entry form call Peggy Krauch at 231-9474 or Teresa Gdrosky at 692-3597. The Olympics is sponsored by the Illinois Parks and Recreation Association, the American Lung Association and the Chicago Tribune.

SENIOR SEASONS

The Bungle

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May is Older Americans Month

May has been designated as "Older Americans Month" to recognize the contributions and accomplishments of our seniors. But it should also draw the public's attention to the special needs and concerns of the elderly, and none is so critical as maintaining their quality of life.

As greater numbers of Americans reach their senior years, we must come to grips with the problem of adequately caring for this rapidly growing segment of our population. According to government statistics, the number of Americans 85 years of age and over will increase seven-fold by the middle of the next century--reaching more than 16 million.

A long life is something we all hope for, but as the number of elderly Americans has increased, so too has the incidence of age-related and degenerative diseases -- particularly Alzheimer's disease.

Present estimates place the number of Alzheimer's patients at four million. With 250,000 new cases being diagnosed every year, this progressive and irreversible brain disorder has become the fourth leading cause of death among the nation's elderly.

Without question, these numbers can be expected to skyrocket

as the "baby boom" generation reaches middle and old age. If current trends continue, on average, nearly one out of every two individuals from this generation can expect to eventually fall victim to Alzheimer's disease.

Unfortunately, many of those who are already affected are facing the grim realities caused by this disease. Since Alzheimer's is considered a long-term illness, traditional health insurance plans such as Medicare and Medicaid do not cover the cost of patient care. Tragically, many Alzheimer's patients and their families are forced to give up their life savings and their retirement nest eggs to pay for necessary care and treatment.

But those directly affected by Alzheimer's disease are not the only ones to suffer. Elder care is becoming a major concern for family members and caregivers, who are forced to ransom their own lives in order to meet the needs of a loved one stricken by the disease. Business and industry are also affected by the lack of adequate support programs and facilities, leading to thousands of lost man hours and productivity as employees try to cope with a serious family crisis.

Individual assistance alone

will not stem the tide of the growing numbers of Alzheimer's victims. Only through continued scientific and medical research, will the blight that is incapacitating thousands of our elderly and their families be brought under control, and hopefully one day be eliminated.

In an effort to make that day a reality, the American Health Assistance Foundation (AHA) was established in 1973. The primary objectives of the foundation are to fund research of, and educate the public about, age-related and degenerative diseases.

The foundation also serves Alzheimer's patients and their families by providing educational and informational materials on how to cope with the disease, as well as how to find and use community resources that may be available. Individuals can obtain copies of these materials by calling the foundation's toll-free number, 1-800-4347-AHA.

In addition, through AHA's Alzheimer's Family Relief Program, the foundation attempts to ease the financial burdens associated with Alzheimer's by providing qualified applicants with direct emergency financial assistance in the form of \$500 grants to help cover the costs of patient care.

Through "Older Americans Month" we have an opportunity to recognize a vital and vibrant age group that has long contributed to society. But celebrating our senior citizens also means caring for them and caring about them.

During the month of May, we should make an extra effort to learn more about age-related diseases such as Alzheimer's and support the vital research that will one day bring a cure.

Crayola Bunny visits Glenview Terrace



Residents of Glenview Terrace Nursing Center, located at 1511 Greenwood Road, were hopping down the bunny trail with a special visit from the Crayola Bunny on Friday, April 17. The Crayola Bunny, who happens to be the daughter of a resident at Glenview Terrace, visited each resident personally and delivered jellybeans to them in their room. The personal visits were especially nice since they allowed individual attention to those observing the Easter holiday and added a personal touch to the activity.

Anne Scheerer, director of activities, arranged for special events such as coloring eggs in traditional pastel colors and a surprise Easter egg hunt to enhance the holiday spirit. "The wonderful thing about celebrating holidays together at Glenview Terrace is listening to the stories of childhood celebrations from our residents. If we can recapture some happy memories, it's all worthwhile."

Glenview Terrace resident Leona Erickson gets an Easter hug from the Crayola Bunny.

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SENIOR SEASONS

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The Bugle

North Shore plans Oriental evening

Forget Chinatown! Enjoy an outdoor celebration of Eastern customs at The North Shore Retirement Hotel's "An Evening In The Orient" on Thursday, June 11 from 7 p.m. - 9 p.m., 1611 Chicago Ave., Evanston. The event is free and open to seniors. A rain date is scheduled for Friday, June 12.

Everyone is sure to enjoy the evening in The North Shore's beautiful and blossoming garden, adorned in Far Eastern decor. You might even think you're in

the Orient, surrounded by teak trees and bamboo grass. Guests will be delighted by the intriguing entertainment and music of the East.

Refreshments, including light ethnic foods, will be served. Guests are encouraged to dress in colorful sarongs and silks.

Don't miss The North Shore Retirement Hotel's "An Evening In The Orient." For further information contact Sandra Small at (708) 864-6400.

Polo features Memorial Day buffet

Over the years the Polo Restaurant, 8801 N. Milwaukee Ave., Niles, has established a name for quality food and polite service. They have also been known for their spectacular holiday buffets and on Monday, May 25 (Memorial Day), Polo will feature a brunch from 11 a.m. to 5 p.m.

This festive buffet will cost only \$5.95. Over 50 items will be featured on this buffet table.



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Resurrection Retirement Community plans Giant Garage Sale



Residents of Resurrection Retirement Community prepare for their Giant Garage Sale to be held June 26 and 27. Pictured from left are: Eleanor Schroeder, Louise Ostrom (chairman), Sylvia Dudley, Rosemary Badsing and Helen Maciorowski.

Plans are underway at Resurrection Retirement Community for a Giant Garage Sale scheduled for June 26 and 27. The sale will be held from 9 a.m. to 3 p.m. Friday and Saturday in the Blue Room on the first floor and in the circle drive outside the main entrance of the retirement center at 7262 West Peterson Avenue, Chicago.

The garage sale is being sponsored by the fund raising committee of the residents' Social Activities Council. Chairman of

Caring for elderly parents

"Being a Caregiver to Elderly Parents: dealing with the Slings and Arrows of the Aging Process" will be presented by Peter Sternberg, LCSW, Psychotherapy, at 7 p.m., Thursday, May 21, at the Lincolnwood Public Library, 4000 W. Pratt Ave.

The free program is for those adults in the throes of being a caregiver to an aged family member. Call (708) 677-5277.

the event is Louise Ostrom. The project is being coordinated by the residents of the retirement community for the benefit of all residents. Proceeds will go toward beautification of common areas, activities sponsored by various residents' clubs and other programs selected by the residents.

The committee of residents is currently collecting and pricing items for the sale. The community is invited to contribute items. Pictures, dishes, pots and pans, utensils, jewelry, cameras, radios, furniture, books, toys, children's clothing, coats and jackets and "big ticket items" can be dropped off at Resurrection Retirement Community until June 15.

A raffle also will be held at the garage sale. Tickets will be available both days for \$1 each or six for \$5. The drawing will be held at the residents' Summerfest on July 5. Half of the proceeds from the raffle will benefit residents' activities programs and the other half will be distributed to winners in four

cash prizes. The Social Activities Council is made up of residents representing floors from each building and each club and association at the retirement community. Residents are active in programs such as the Choir, Crocheting Club, Gardening Club, Modern Book Club, Men's Association, Poetry Club, Knitting Club, Square Dance Club and Resurrection Retirement Community Club. Many also participate in classes offered by Wright Community College or volunteer to present educational or entertainment programs of interest to fellow residents. The garage sale is one of many projects planned and coordinated by residents at Resurrection.

For additional information on the garage sale or directions to drop off items for the sale, please call Diane Lewandowski, activities coordinator, at (312) 792-7930.

Wellness lecture celebrates Older Americans Month

Parkside's Adult Day Health Center located in Marillac High School, 315 Waukegan Road, Northfield, is hosting a free lecture, "Feeling Good Through Learning and Growing," on Tuesday, May 26 at 7 p.m.

Family counselor Jim Margue examines issues and problems facing families today including raising children, caring for dependent parents, dealing with job insecurity and changing roles in the family. Possible solutions and techniques for dealing with a changing society will also be discussed in this serious, but hopefully humorous and entertaining look at the "Honey, I Thought We Dealt with That Before" generation.

"Feeling good Through Learning and Growing" is the final lecture in the "Feeling Good" series sponsored by Parkside Senior Services' Adult Day Health Centers during May in celebration of Older Americans Month. For reservations or more information, call (708) 698-8560.

Parkside's Adult Day Health Centers provide safe, secure, social settings for older adults in need of supervision.

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Programs, services at Oakton for older adults



Skokie resident Evelyn Sohn is intent on her instructor during a Psychology of Personal Growth class at Oakton Community College. "I adored Dorothy Doherty, the teacher," Sohn says. She plans to take another course at Oakton this fall.

The Emeritus Program at Oakton Community College is for adults age 50 and older. The program features seminars, lectures, services and courses that encourage intellectual stimulation, creative experience and exchange of ideas. Involvement in the program is also a great way to meet new people.

The following programs are offered at Oakton's Des Plaines campus, 1600 E. Golf Rd., at the Oakton/Ray Harstein Campus (formerly Oakton East), 7701 N. Lincoln Ave., Skokie; and at various community sites:

Passages Through Life Lecture Series: This weekly lecture series discusses topics of general interest such as "Latest Developments in Long Term Health Care," "Loneliness," "Sleep Disorders and Aging" and "Memory."

Lunch-Time Lectures at the Des Plaines Mall: A variety of free lectures are held from 12:30 - 1:30 p.m. on the first Wednesday of each month in the lower level Community Nutrition Network Room of the Des Plaines Mall, 700 Pearson St., Des Plaines.

Emeritus Tours: Several exciting tours are planned for older adults this summer and fall. The

Baby Brigade visits nursing homes

Baby Brigade is an unique playgroup for babies and toddlers which brings the joy of children's laughter to nursing home residents who are separated from their own families.

Please join us as we visit nursing homes in Niles and Morton Grove every Wednesday from 10 a.m. to 11 a.m. For more information call Monica Glaser at Uptown Center Hull House Association (312) 561-3500.

Ceramic Show winners

Eleven artists from Friendship Village of Schaumburg won honors at the Greater Chicago Hobby & Ceramic Show at the Pheasant Run Pavilion on March 20-22. Entries included original hand-built, wheelbuilt and ceramic pieces. Award winners include: Best of division, Dorothy Vann, Margaret Wells; Best of show, Louise Bull, Billie Blatt; 1st place, Loraine Stiel, Ann Even, Sylvia Janson, Dorothy Vann and 2nd place, Ann Even (2 entries).

These pieces are on display in the Art Showcase at Friendship Village throughout April. Friendship Village is celebrating its 15th year of serving persons of retirement age in the Chicago area. It is a nationally accredited retirement community located at 350 W. Schumburg Rd. in Schaumburg. For further information call (708) 884-5000.

Nutritional needs of mature adults

"You're not a kid anymore"--and as a mature adult, your nutritional needs are not the same as the nutritional needs of children.

Yes, you still need to eat a variety of foods from the basic food groups. But as your metabolism slows down and you become less physically active, you no longer need to supply your body with as much energy. That means fewer calories.

To make sure you're getting the nutrients you need every day, registered dietitians at Dairy Council of Wisconsin (DCW) recommend that mature adults eat the following:

- two to three servings of milk, cheese, yogurt or other dairy products. One serving consists of one cup of milk or yogurt or one ounce of cheese (one slice). The calcium in dairy products is important for maintaining healthy teeth and bones, and reducing your risk for developing osteoporosis.

- two servings of meat or meat alternatives such as eggs and legumes. One serving consists of one egg or two ounces of lean meat, fish or poultry. The foods in this group provide protein and iron and are important for healthy muscles and skin.

- two servings of fruits. A medium apple or banana or one-fourth cup of dried fruit makes up

one serving.

- three servings of vegetables. One serving is the equivalent of a medium potato or one-half cup of cooked vegetables. Fruits and vegetables provide fiber (what we used to call "bulk" or "roughage") that helps you avoid constipation. They also help you fight infections.

- six servings of grains. One serving consists of one slice of bread, one-half cup of rice, pasta or cooked cereal, or one ounce of ready-to-eat cereal. These are a good source of the nutrients you need for energy and a healthy nervous system.

A variety of age-related changes may affect your nutritional status. Decreases in the senses of taste or smell may cause a lack of appetite; likewise, depression or social isolation may cause you to lose interest in eating. Certain medications used by many elderly people may affect the body's ability to digest and absorb some nutrients. That's why a nutritionally adequate diet is an important part of a mature adult's well-being.

Dairy Council of Wisconsin (DCW) is a non-profit nutrition and marketing association whose work in Wisconsin, northern Illinois and northwestern Indiana is made possible through funds provided by dairy farmers.

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7262 West Peterson Avenue
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SENIOR SEASONS

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The Bugle

Millions not seeking arthritis treatment

Approximately two million Americans say they have arthritis but have not seen a doctor for care even though a number of medical treatments and other helpful services are available to make life with arthritis easier and less painful, according to the Arthritis Foundation.

May is National Arthritis Month, and the Arthritis Foundation's Illinois Chapter is encouraging people to take advantage of the many services that can help you maintain or even improve your quality of life, despite the pain and limited movement arthritis may bring.

Often people with arthritis simply believe they can treat themselves as well as a doctor could by taking over-the-counter medications. However, there are many forms of arthritis, and proper treatment depends on which form of arthritis as person has.

"If someone does not seek treatment or depends of self-medicating, irreversible joint damage may take place that could be prevented or delayed with proper care," said Linda Muzio, Rn, MSN, with the Arthritis Foundation, Illinois Chapter.

"Many people mistakenly view arthritis as a part of aging for which nothing can really help. The reality is that arthritis can bring pain, limited movement and make ordinary tasks very difficult. But there are ways to help you limit its impact and continue to enjoy life," Muzio said.

Once the specific form of arthritis is identified, a treatment program, most often consisting of medication, rest, exercise and joint protection, can greatly reduce pain and increase use of joints.

In addition to prescribed medical treatment, there are other options that can be very helpful. These include local Arthritis Foundation exercise classes to increase joint range of motion; self-help courses to provide a thorough understanding of the disease, medications and specific ways to make daily tasks easier; or even support groups to exchange helpful tips and encouragement with others who have arthritis.

"The keys to coping with arthritis are to recognize that arthritis is serious, see a doctor for a proper diagnosis, learn all you can about the disease, and take action to control its impact on your life by contacting the Arthritis Foundation," Muzio said.

For information about arthritis and the local services available to help, contact the Arthritis Foundation's Illinois Chapter at 1-800-572-2397.

The Arthritis Foundation is the source of help and hope for an estimated 37 million Americans who have arthritis. The Foundation supports research to find the cures and preventions of arthritis diseases and seeks to improve the quality of life for those affected by arthritis.

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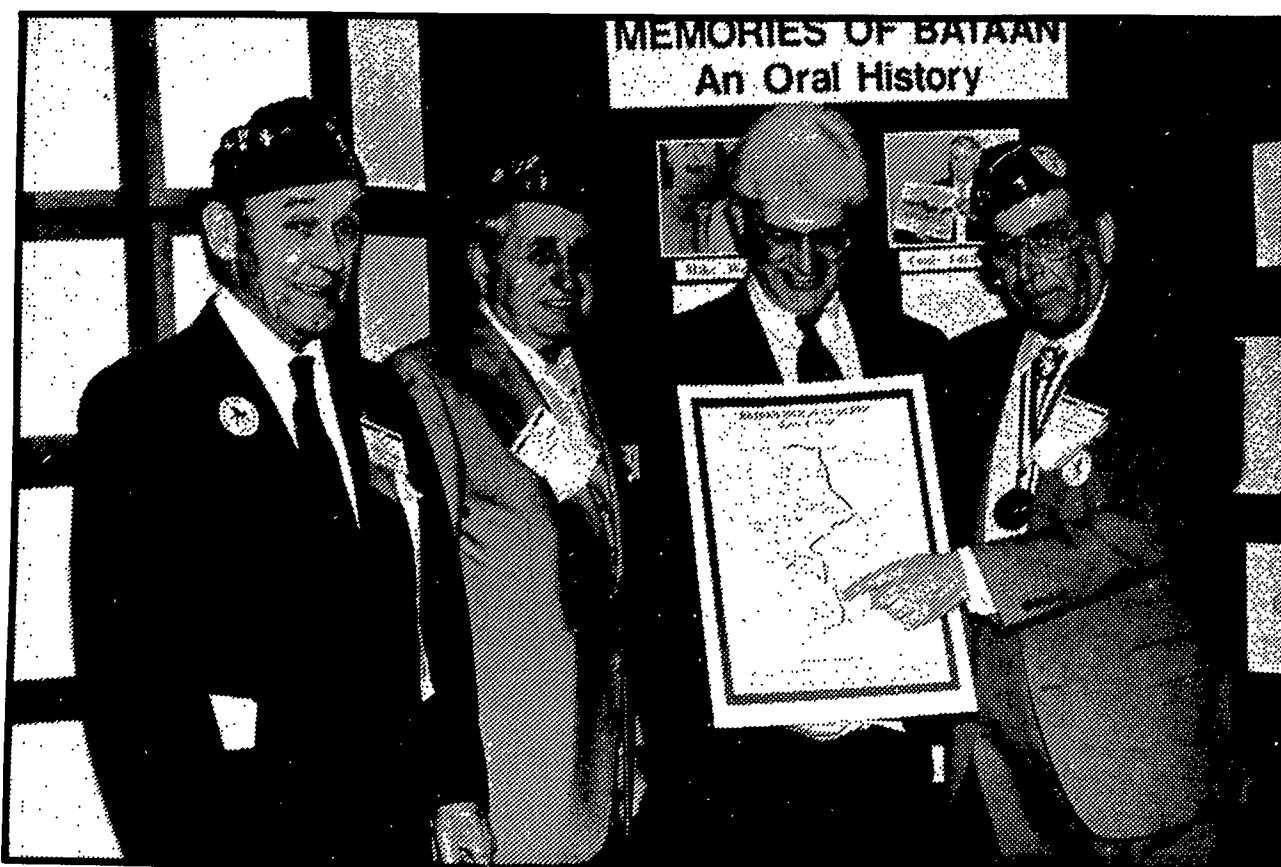
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Veterans recall Bataan death march



Fifty years after the infamous "Death March," three veterans who were captured at Bataan reminisced about their experiences during National POW Recognition Day ceremonies on April 9. Dr. Frank Yonan (right), a Park Ridge resident, points to a map of Bataan showing the route of the 60-mile forced march, while (from left) Chicagoan Mike Wepsiec and Niles resident Louis Lachman look on. Holding the map is John DeNardo, Acting Director of VA West Side Medical Center.

Maine seniors gather for bingo

Maine Township Seniors can gather for fun and friendship at one of two regular monthly bingo games at noon Tuesday, June 2 at Oakton Arms, 1665 Oakton Place, Des Plaines, or Thursday, June 4, at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

Space is limited to 100 at each location and preregistration is required. A 50-cent fee for refreshments will be collected at the door.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency. To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

Safe driving tips for seniors

Many senior citizens ensure their mobility and stay independent by continuing to drive. In Illinois, more than 987,000 drivers are age 65 and older, compared to 940,000 a year ago. The following safety tips are provided in conjunction with Older Americans Month:

1. Vision changes and reflexes slow down over the years. Know your limitations and confine driving to places and hours in which you feel comfortable and competent. For example, driving at night can be hazardous because road signs are difficult to see.
2. Keep pace with the traffic flow. Driving too slowly can be just as dangerous as driving too fast.
3. Watch for signs and signals

and yield the right-of-way at intersections.

4. Look left and right for vehicles and other hazards. Glance at the rearview mirror and be aware of your vehicle's blind spot. If possible, ask a passenger to help navigate.
5. Discuss with your pharmacist the side effects of any prescription drug you may be using, including medications taken to combat diseases, nervous tension and fatigue. These drugs can have an adverse effect on driving by interfering with muscular coordination or vision. If you are taking any medication, including over-the-counter drugs, follow all instructions before driving.
6. Wear your seat belt. It's the law in Illinois, and seat belts save lives.

Emeritus program to sponsor writing contest

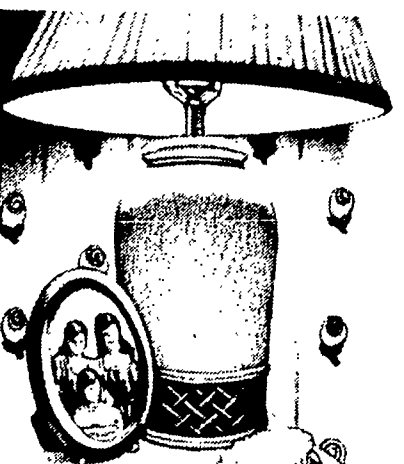
If you have reached the age of 50 or more, Oakton invites you to let your imagination run free, and put your writing talents to the test, to commemorate the 10th anniversary of the Emeritus Program at Oakton Community College.

The competition, entitled "Writing On..." is sponsored by Oakton's Emeritus Program, which offers learning experiences (credit and non-credit) specifically designed for older adults.

All entrants must be amateur writers over fifty years of age. Categories will include non-fiction, fiction and poetry. All entries must be submitted by June 30. Judges will be selected from Oakton's professional staff and certificates will be presented during anniversary festivities in October.

Interested writers are encouraged to call the Emeritus Program at (708) 635-1414 to receive an application and instructions.

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Norwood Park Home
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SENIOR SEASONS

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Plan to meet rising nursing home costs

If an illness or disability makes it necessary for you to obtain some kind of long-term nursing home care, do you know your options and their costs? The Illinois CPA Society recommends that you take steps now to consider your long-term care needs and to evaluate the kinds of insurance, that may help you to meet these needs.

One of the biggest threats to the security of your financial future is the possibility of spending years in a nursing home without the money or insurance to help cover the expenses. Of those individuals who are age 65 or older, nearly one person in five will use a nursing home at some time -- and they will pay a high price for such care. On the average, a year in a nursing home now costs between \$25,000 and \$30,000.

"The New England Journal of Medicine" projects that 90 percent of those who enter a nursing home and stay two or more years will wipe out their savings in that time.

To protect yourself and your assets, review all available insurance options and the level of nursing home care and in-home services that they cover. Make sure you know who will pay the bills when you can't.

Why Medicare and Medicaid may not help:
Don't rely on Medicare for long-term chronic care. Medicare coverage for long-term care is limited to only 100 days of skilled nursing care if an individual meets specific criteria. Even during this time, individuals are required to pick up a substantial portion of the costs themselves.

What's more, Medicare does not cover custodial care -- that is, care which does not require the services of skilled nurses, such as assistance with meals or personal hygiene. Medicare supplemental insurance (often called "Medigap") is private insurance that is designed to help cover some of the gaps in Medicare coverage. But those "gaps" are usually hospital deductibles, physician deductibles and co-insurance payments -- they are not long-term care.

Without insurance, people must pay for nursing home care out of their own pockets. When their pockets become empty, they turn to Medicaid, the federal-state program that pays for long-term nursing home care. Although Medicaid pays a large percentage of nursing home costs, you generally are not eligible for Medicaid benefits unless you have depleted your life savings -- a situation most of us want to avoid.

Private long-term care coverage:
A solution for some people is private long-term care insurance, now offered by more than 140 companies nationwide. This insurance is designed to protect people when they become chronically ill or disabled. These policies generally cover three types of care in state-licensed nursing homes: (1) skilled care provided by a registered nurse or therapist usually on a daily basis for a relatively short period of time; (2) intermediate care that is provided by skilled medical personnel on a less frequent basis than skilled care but for a considerably longer period of time and (3) custodial care which includes assistance with activities of daily living (bathing, dress, eating) and is often provided by non-medical personnel. Much of the care in a nursing home is custodial care. Some policies will also pay for home health care in certain situations.

Since you cannot predict the kind of care you will need if and when you enter a nursing home, it's best to look for a policy that provides coverage for the three levels of care. Although most companies exclude coverage for pre-existing conditions, a good policy will provide long-term care coverage for a patient stricken with Alzheimer's disease. Be sure that reference to the disease is included in the policy.

The price tag for long-term care insurance comes with a substantial price tag. Policies can range in cost from approximately \$480 per year to more than \$3,800. Keep in mind that inflation adjustments can add 25 percent to 60 percent to your premium.

The amount of your premium depends on your age when you purchase a policy, the level of benefits and the deductible period or length of time before benefits kick in. The premium is also directly affected by the size of the daily benefit. For example, a policy that pays \$100 a day for up to five years of nursing home care will cost more than a policy that pays \$50 a day for three years. The cost of a policy purchased by a 70-year old is likely to be double the cost of the same policy purchased by a 65-year old and triple the cost of a similar policy purchased by a 60-year old. You can get the most for your insurance dollar if you purchase a policy with a higher level of benefits at an early age.

Policies and their benefits:
Benefits vary with each long-term care policy. Before nursing home coverage begins, the policyholder may have to meet certain requirements. For example, many policies require that you be hospitalized for three days prior to entering the nursing home and that the nursing home care be for the same injury or illness that caused the hospitalization.

Most policies have indemnity benefits, which mean that they pay a fixed amount per day of covered nursing home care. Generally, benefits for nursing home care range between \$20 and \$100 per day. This will not usually cover the total cost for nursing home care and you will be expected to pick up the rest of the tab. Also, almost all policies have some limitation on the number of days and total dollars that will be provided.

Since long-term care policies are relatively new, prices can vary greatly. CPAs recommend that you look for a policy that is guaranteed renewable for life. This will prevent the insurer from cancelling the policy when covered expenses are high. Finally, don't forget to check on the insurance company's rating to be sure that it is in solid financial condition.

Rescare 65 program for seniors

Our Lady of the Resurrection Medical Center, 564 W. Addison St., Chicago, has developed ResCare 65 to help Medicare patients alleviate the confusion of Medicare paperwork.

ResCare 65 is not an insurance policy. It is a free program designed to provide senior citizens with answers to questions concerning medical billing, Medicare and insurance paperwork, and financial counseling.

Benefits of the Rescare 65 program include the personalized emergency health care card, containing vital health information on a microfiche CHIP in a sealed wallet-size card. ResCare65 members can also receive discounts on prescriptions.

For more information, call Bernadette Petty, ResCare 65 Financial Counselor, at (312) 794-7681.

Pool Cues travel

The men of Friendship Village of Schaumburg vied for honors in a pool tournament hosted by the men at Luther Village in Arlington Heights. The "hot shots" of Friendship Village are Primo Aleman, Joe Bosc, George Hanson, Ed Krusinski, Dick Oeler and Anthony Ranieri. The losers will be given a rematch when Friendship Village reciprocates with an invitation for the next tournament to be held in the near future at the village.

Friendship Village is celebrating its 15th year of serving persons of retirement age in the Chicago area. It is a nationally accredited retirement community located at 350 W. Schaumburg Road in Schaumburg. For further information call (708) 884-5000.

Maine Township helps meet seniors needs

Maine Township has one of the largest senior citizen populations in Cook County numbering about 20,000. A wide variety of services and programs are available to senior citizens through the Maine Township government.

Supervisor Joan B. Hall said, "They are an important part of our community, and we try to provide a wide range of services to meet their needs."

One of the key programs offered by Maine Township is an information and referral clearinghouse to help senior citizens and their families obtain information on housing, medical services, social and mental health services, nutrition, home-delivered meals, employment, energy assistance, social activities and a variety of other services.

You can reach the information and referral service by calling Lisa Krusinski at the Maine Township Town Hall, 297-2510, ext. 252. The program is partially supported through grants awarded to Maine Township by the Suburban Cook County Area Agency on Aging. To date, the township has received ten awards from the Suburban Area Agency on Aging for its referral services. Krusinski is also available to help seniors with Medicare forms and insurance questions. She has been certified by the Illinois Department of Insurance Senior Health Insurance Program (SHIP) to provide this service.

Senior citizens can also find fun and companionship through the many activities offered by the Maine Township Seniors, a social group sponsored by the township. The group offers frequent day trips, theater outings, bingo, workshops, educational opportunities, and monthly luncheons at nominal cost to members. It also sponsors popular mini-vacations and longer trips.

More than 3,500 Maine Township Seniors belong to the group. Activities in most cases are limited to members. Applicants must be 65 or older and provide proof of residency.

The township also sponsors Options 55, a social program for pre-retiree adults, aged 55 through 65. Trips, theater programs and special events are scheduled evenings and weekends for the convenience of members.

Maine Township recently started a third group, One + Options, for widowed and single adults, ages 45 through 65. Members can take advantage of free seminars on issues of common interest, a Sunday Strollers group, a Cuisine Club, volunteer opportunities, and trips co-sponsored by Options 55. Membership in all three groups is free. For information and membership applications call Sue Neuschel, 297-2510, ext. 240.

Maine Township also provides RTA special users passes and handicapped parking cards through the Clerk's office and participates in the Paratransit Resource Center (PRC) to provide transportation at special rates to seniors who are unable to use public transportation.

For information on any of these programs, call 297-2510.

SENIOR CITIZEN SERVICES

Are you aged 60 or older? If so, Bank of Commerce & Industry has a wide variety of special benefits and services available for you.

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SENIOR SEASONS

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The Bugle

Grandparents Fair features balloon games



Sandra and Paul Brigante help granddaughter Taylor Ann Dziedzic explore balloons with a clown at Maine Township's Grandparent Fair Saturday, May 9. The Brigantes, owners of Banquets by Brigante, in unincorporated Maine Township, sponsored an ice sculpture demonstration at the fair. Balloon animals and the ice sculpture were among the dozens of indoor and outdoor attractions for grandparents and their grandkids.

MG Garden Club to meet May 26

The Garden Club of Morton Grove will hold its annual Past Presidents Night meeting at the Austin Park Field House, 8336 Marmora on Tuesday, May 26 at 7:30 p.m.

The program will be "My Grandmother Had One Those" by Betsy Ward, in costume.

These will be decorating ideas from the past using them in the present.

Guests are welcome. Refreshments will be served. Admission is free. For further information call 966-4837.

Niles Senior Center Arts and Crafts Fair

The Niles Senior Center, 8060 Oakton Street, will be sponsoring the annual Spring Arts and Crafts Fair on Friday, May 22 from 10 a.m. to 2 p.m.

Featured will be the Niles senior artists with a variety of handmade items such as: woodwork, needlework, crafts, jewelry and dolls. A hot dog lunch will also be available for \$1. For more information, please call the senior center at 967-6100, ext. 376.

Senior hospital services move to new home

Lutheran General Hospital's (LGH) Senior Passport Program and Parkside Senior Services' (PSS) Information and Referral Office, recently moved to their new home at 1999 Dempster St., Park Ridge.

The facility is a ranch-style building on the southwest corner of Dempster Street and Luther Lane.

Senior Passport, provides its 18,000 members free assistance with medical billing for Medicare, other third parties and physicians. Information and Referral was developed to disseminate information to seniors about nursing homes, home care services and community services in the area.

Pay parking and six reserved spots are available next door to the renovated facility. Pay parking will be reimbursed for those who make appointments. In addition, a drop box has been installed

in the hospital (on the wall by the West Reception Desk) for easy delivery of mail or documents.

"By teaming Senior Passport and Information and Referral, our new location broadens our ability to serve our clients," explains Sharon Blazek, supervisor, Information and Referral. "We now have easy accessibility to a range of information and expertise."

"In addition, we have the space to provide community services such as lectures, wellness programs and screenings, which can be held at our new site," adds Barbara Peck, coordinator, Senior Passport.

The mailing address for both services remains 1775 Dempster Street, Park Ridge, IL 60068. The telephone numbers also remain unchanged and are Senior Passport (708) 696-7277 and Information and Referral (708) 696-7770.

Maine seniors plan Father's Day luncheons

Fathers and other seniors will be entertained by Chet Mitchell, popular humorist, singer and trumpeter, at the Maine Township Seniors' Father's Day luncheons in June.

Members may choose one of two luncheons to be held at noon Wednesday, June 17, at Banquets by Brigante, 2648 Dempster St., Des Plaines, and noon Thursday, June 18, at Casa Royale, 783 Lee St., Des Plaines. Cost of the luncheons is \$7.50 for members. Guest reservations at \$8.50 will

be taken on a space-available basis.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency. To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

Pain control at Rush North Shore

Millions of patients who undergo surgery each year experience unnecessary suffering, delays in recovery and prolonged hospitalization because of failure to adequately control their pain, according to the agency for Health Care Policy and Research, a division of the U.S. Public Health Service. The agency recently issued guidelines that should be followed to ensure adequate pain management.

But for many years surgical patients at Rush North Shore Medical Center in Skokie have been given state-of-the-art pain control that meets or exceeds all the guidelines issued by the federal government.

"We have an acute pain service that makes sure post-surgical patients have the least amount of pain possible," says Samuel Parnass, M.D., chairman of the Department of Anesthesiology at Rush North Shore. "This program has been available at our medical center for many years. It has also

been available at Rush Presbyterian-St. Luke's Medical Center, which Rush North Shore is affiliated with.

"Specific ways that we control pain include patient-controlled pain-killing medication and epidural analgesia, which utilizes narcotic and local anesthetic solutions to numb the area where the incision for surgery was made. Both these methods have been shown to be highly effective for post-operative pain relief and have numerous advantages for patients. In fact, some studies have shown that post-operative epidural analgesia decreases major cardiac and respiratory complications and incidences of blood clots in the legs while it also increases patient satisfaction."

At Rush North Shore pain control is discussed with each patient and the patient's surgeon before surgery. "This program has been highly successful and well received," says Dr. Parnass.

Resurrection improves access to outpatient services

A ribbon cutting ceremony on April 6 marked the opening of a first-floor passageway providing direct access between the Outpatient Services Building and the hospital at Resurrection Medical Center, 7435 West Talcott Ave., Chicago.

The breakthrough between the outpatient services area and the first floor of the hospital was undertaken at the suggestion of many of our employees as a convenience to patients," said Sister Donna Marie, C.R., Executive Vice President and Chief Executive Officer. The new hallway improves access to Radiology and other hospital departments from the outpatient registration area.

Assisting in the ribbon cutting

Board appointments announced by Lutheran General

Richard Phillips, M.D., chairman, Board of Directors, Lutheran General Health Care System (LGHC), has announced the election of Jerry Bauer, M.D., to the LGHC Board of Directors.

Bauer, a board certified neurosurgeon and chairman, Department of Neurosurgery, Lutheran General Hospital (LGH), joined the medical staff of LGH in 1978 and recently completed a two-year term as president, LGH Medical Staff. He is the fourth physician—the second physician from within the system—to be named to the 16-member volunteer LGHC board.

In additional board action, the Professional Affairs Committee of the LGH Board of Directors was converted to a system-level board committee. It was renamed the Clinical Affairs Committee. All the committee members remain the same, except for the addition of Dr. Bauer to the committee and the appointment of two non-board members to the committee.

They are: Joy Amundson, vice-president, Corporate Hospital Marketing, Abbott Laboratories, Abbott Park, IL, and Primus J. Mootry, executive vice-president, Better Boys Foundation, Chicago, IL. Mootry has served on a board committee in the past. Amundson is new to the committee.

In addition to responsibility for

credentialing the medical staff, the Clinical Affairs Committee has systemwide oversight of LGHC's continuous quality improvement efforts.

In announcing the appointments and the committee reorganization, chairman Phillips said, "Dr. Bauer brings to the board a practicing physician's perspective and will represent medical staff concerns as well as those of the institution and the surrounding communities. Amundson's appointment further strengthens our collaborative relationship with Abbott and brings the perspective of the health-care business community to our deliberations."

Mootry understands the struggles faced by non-profits and brings a deep compassion for the medically underserved in Chicago. Together, they add additional depth and breadth to those in LGHC governance who selflessly donate their time to guide our complex system."

They are: Joy Amundson, vice-president, Corporate Hospital Marketing, Abbott Laboratories, Abbott Park, IL, and Primus J. Mootry, executive vice-president, Better Boys Foundation, Chicago, IL. Mootry has served on a board committee in the past. Amundson is new to the committee.

In addition to responsibility for

Lupus support group

A support group for those who suffer from Lupus meets every first and third Saturday of the month from 11 a.m. to 1 p.m. through Holy Family Hospital. For more information, call (708) 297-1800, ext. 1110.

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Health News

Lutheran General's Golf Tournament



Chicago Bears punter Maury Buford (far right) and wide receiver Tom Waddle meet 12-month-old "baby bear" David Michael St. John, from Harwood Heights, during a recent visit to Lutheran General Children's Medical Center (LGCMC). Buford, the honorary chairman, and Waddle were there to kick-off the June 8 Million Dollar Shootout and Celebrity Golf Classic at Kemper Lakes and the 17th Annual Golf Classic at Midlane Country Club. Both events benefit LGCMC.

Kemper Lakes golfers will get a crack at winning one million dollars if they sink a hole-in-one, while Midlane players will try for a new luxury automobile. Following 18 holes, golfers will enjoy a dinner, an awards ceremony and a silent auction. For more information on how to participate or offer contributions, call the events' sponsor, Lutheran General Hospital Men's Association, at (708) 696-5978.

Infant car seats available at Holy Family

As a reminder, Illinois law requires infants to be placed in approved car seats when traveling in a car. Holy Family Hospital, corner of Golf and River roads, Des Plaines, rents infant seats designed for your baby's protection.

The seats conform to the Fed-

eral Motor Vehicle Safety standards and are approved by the Illinois Department of Transportation. The rental fee is \$10 for the year plus a \$20 refundable deposit. For more information, call (708) 297-1800, ext. 1160.

The seats conform to the Fed-

Leukemia foundation conducts March for funds

The Leukemia Research Foundation will conduct a "Door-To-Door Search-For-A-Cure March" on Saturday, May 23 and Sunday, May 24, in the Village of Lincolnwood to raise funds for leukemia research along with many other projects which it is currently funding.

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Health News

SCH employee of the Year



The employees of Swedish Covenant Hospital, 5145 N. California, recently voted for the hospital's 1992 Employee of the Year. Debbie Davis, RN, of North Park, diabetes nurse clinician, seen here being congratulated by SCH President Edward A. Cucci, was this year's honoree.

Other nominees were: (from left) Norman Beeks of Lincoln Square, environmental services; Marianne Upp of Rogers Park, laboratory; and Evelyn Pagles of Des Plaines, physical therapy. Jimmy Vouris of Lincoln Square, food service, (not pictured) also was nominated. Each received a plaque and a gift certificate and was recognized at a coffee held in their honor.

New test makes blood supply safer

The Federal Food and Drug Administration approved an improved laboratory test for Hepatitis C March 13, and LifeSource began testing all incoming blood donations as well as blood on the shelves at its nearly 60 system hospitals on Monday, March 16. LifeSource, Illinois' largest blood center, began to use the improved test kits (reagents) from the manufacturer. The not for profit blood center tested all incoming blood as well as that in inventory at its two distribution centers and that on the shelves at its affiliated hospitals. Further, LifeSource has volunteered to test blood for other hospitals and some of the state's smaller blood centers this week.

Ennio Rossi, M.D., vice presi-

dent of Medical Affairs at LifeSource states, "LifeSource takes pride in having been able to begin comprehensive testing of its total inventory with the newly improved test for Hepatitis C immediately. We knew the improved test would be approved by the FDA any day and that as soon as we received test kits, we could begin the testing without any delay. We did, and it is just another way to demonstrate our commitment to providing the safest possible blood in adequate supplies to meet the need of any patient requiring a blood transfusion. With this improved testing, once again we are able to make the blood supply safer than ever before. We will continue to implement every safety measure available to us."

Self Help for Hard of Hearing to meet

Greater Chicago Chapter #1 of Self Help for Hard of Hearing People will be holding its May meeting on the 16th at the Morton Grove Public Library, 6140 Lincoln Ave. at 10 a.m.

State Coordinator Nancy Detrich will be guest speaker and will be sharing her work experiences with us. Newcomers are welcome. Questions? Arlene 259-0203 V/T/T.

Recovery in Progress meets May 26

Recovery in Progress, presents Barbara Glick, MCSW, on Tuesday evening, May 26 at the Morton Grove Library at 7 p.m. Her presentation entitled "Follow the Yellow Brick Road—the

Journey to Success without Fear" is open to all. Recovery in Progress meets weekly at the Library and supports those suffering from panic/anxiety disorder.

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Restaurant Guide

Entertainment

The Bugle

May 21, 1992

Flower shows highlight events

Memorial Day weekend fun at Botanic Garden

Four flower shows and family activities highlight Memorial Day weekend at the Chicago Botanic Garden.

The Wisconsin-Illinois chapter of the American Rhododendron Society will display colorful rhododendron blooms from 9:30 a.m. to 5:30 p.m. on Saturday, May 23 in the West Greenhouse Gallery.

Local representatives of the American Peony Society will exhibit hundreds of varieties of peonies from 10 a.m. to 5 p.m., Saturday, May 23 and Sunday, May 24 in the East Greenhouse Gallery. Singles, semi-doubles, doubles, Japanese and tree peonies will be on display.

Gesneriads are highlighted at the Northern Illinois Gesneriad Society show and sale from 10 a.m. to 4 p.m. on Saturday, May 23 and Sunday, May 24 in the

South Greenhouse Gallery.

Visitors can learn how to arrange flowers in the Japanese style of Ikebana when the Chicago chapter of the Ikenobo Ikebana Society presents "Ikebana and Sashiko" in the Exhibition Hall from 11 a.m. to 5 p.m. on Saturday, May 23 and Sunday, May 24. The show includes floral arrangements and designs from the Ikenobo School of Japanese flower arranging, as well as a display of the Japanese needlework known as "sashiko." Demonstration of Ikebana arranging are scheduled for 1 and 2:30 p.m. on both days.

Looking for family activities? Visitors can visit Nature's Drugstore, a display of medicinal plants and the medicines made with them, located in the Home Landscape Demonstration Garden from 1 to 4 p.m. on Saturday and Sunday.

Families are invited to "assist"

the doctor, portrayed by weekend volunteers, dissect the secret parts of flowers to reveal their reproductive structures and seeds. Children can also look through microscopes at the "bug-of-the-week."

The Shoin Building, a replica of a 17th century country retreat house for a nobleman, located in the Japanese Garden will be open both Saturday and Sunday from 1 to 4 p.m. Chicago Horticultural Society volunteers will be in the Japanese Garden during these hours to answer questions.

The Chicago Botanic Garden is located on Lake-Cook Rd. in Glencoe, one-half mile east of the Edens Expressway. The Botanic Garden is open every day except Christmas from 8 a.m. until sunset. Admission is free; parking is \$4 per car.

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Maine East hosts concert



Maine East band, choral and orchestra faculty and students as well as Tri-M officers (l-r) Ann Chen of Park Ridge, Brian Lee of Glenview, Adnan Jaffer of Glenview, Len Goldfine of Glenview, and Neha Soni of Des Plaines invite the public to attend a free concert on Wednesday, May 27, beginning at 7:30 p.m. in the school's auditorium.

Tri-M, organized by Maine East music teacher Alexander Harley in 1936 and chartered in 1952 as a non-profit education organization, has an international student membership and is affiliated with the Music Educators' Association with national headquarters in Weston, Virginia.

Season finale set for May 29

Chicago Symphony strings join in North Park concert

Elizabeth Buccheri, the founder and director of Chamber Music at North Park is joined by five of her distinguished colleagues for the series season finale on Friday evening, May 29.

Two landmark scores by Schubert and Shostakovich will be performed. Concert time is 8:15 p.m. in the Lecture Hall Auditorium of North Park College, 3225 W. Foster Ave., Chicago.

Under Buccheri's stewardship, "Chamber Music at North Park" has become one of the city's most appealing and highly-acclaimed chamber series.

Active in many musical arenas, Buccheri is a regular accompanist/coach to the Chicago Symphony Orchestra and Chorus, Sir Georg Solti, Daniel Barenboim, and Margaret Hillis in addition to her responsibilities as a member of the college's Music Department faculty. She is also on the musical staff of Lyric Opera of Chicago, specializing in productions of twentieth-century

opera.

This evening's ensemble includes five members of the Chicago Symphony Orchestra - Jennie Wagner and Blair Milton, violins; Robert Swan, viola; Jonathan Pegis, cello; and Joseph DiBello, bass. With the exception of Pegis, who is making his first appearance on the series, all have been regular guests during Chamber Music at North Park's eleven year history.

Tickets for the concert are \$9; \$6 for students, senior citizens, and the disabled; students with a NPC ID are admitted without charge. All seating is unserved. Tickets are available by mail-order and phone reservation from North Park College.

Please call (312) 583-2700, ext. 4300 for information. Tickets may also be purchased at the door the evening of the concert beginning at 7:30 p.m. Free parking is available at the southeast corner of Foster and Kedzie Aves.

Memorabilia from '40s featured Museum hosts WWII exhibit

Fifty years ago the United States entered into the conflict, which became World War II. Many of the anniversary observances focus on what it was like "over there" during the war.

The Des Plaines Historical Museum has created an exhibit remembering what it was like "Close To Home." Those who lived it will recall the rationing, waiting in line to buy things, and most especially, the impact of women in the work force.

The exhibit "Close To Home - World War II and Des Plaines" is now open at the museum, 789 Pearson St., Des Plaines. Featured will be memorabilia from

the '40s showing the effect of World War II on the community including a "Rosie the Riveter" display examining the changing role of women in the war effort.

According to museum curator, Dan Messenbrink, Douglas Aircraft, built on Des Plaines farm land, which later became part of O'Hare Airport, employed many local women during WWII to assemble B54 cargo carriers. Artifacts from Douglas will also be part of this exhibit, which runs through July 4.

For more information call (708) 391-5399 weekdays between 9 a.m. and 4 p.m.

'Something Afoot' opens June 5



Rehearsing their roles with "deadly earnest" are several of the cast members of "Something's Afoot" at the Des Plaines Theatre Guild. They are (clockwise from bottom right): Sari Rubin (with gun), of Skokie, as Miss Tweed; Lynne Castles (with meat cleaver), of Mt. Prospect, as Lettie; Lowell Knobloch (with knife), of Skokie, as Clive; Robert Webb (also with gun), of Westchester, as Nigel; Bob Mangelsdorf (with still another gun), of Des Plaines, as Dr. Grayburn; Ron Culver (with bludgeon), of Palatine, as Flint; Lisa Datz (with sharp object), of Palatine, as Hope; and Tom Frawley (with noose), of Park Ridge, as Col. Gillweather. "Something's Afoot" plays for 12 performances, beginning Friday, June 5. Tickets are \$8.

Gum blowing contest at Harlem Irving

Harlem Irving Plaza, Aladdin's Castle, and Bubble Yum are hosting a 1992 Super Blow Out Bubble Gum Blowing Contest on Saturday, May 23 from 11 a.m.-1 p.m. The contest is located at Harlem Ave., Irving Park Rd., and Forest Preserve Dr.

The contest is being held in Carsons Court and is for children ages 6-14. Registration will be held before and during the contest, and contestants participate as they register. Contestants will be asked to blow the "biggest, baddest, most outrageous bubble in the world" with up to three chunks of Bubble Yum Bubble Gum, indicated Charles Grey, Director of Marketing for Aladdin's Castle.

The first place winner of the Harlem Irving Plaza contest will receive a Sony Walkman, a Birthday Party at Aladdin's Castle, and a \$50 HIP Gift Certificate.

The second through fifth place winners will receive a Birthday Party at Aladdin's Castle, a \$20 HIP Gift Certificate, and free samples of Bubble Yum Bubble Gum. The first place winner will also compete in one of the 40 district contests



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Sundays at Seven concert slated

The Music Center of the North Shore and Northern Trust Bank of Winnetka present the concert series Sundays at Seven at 7 p.m. on Sunday, May 31 in the Concert Room at The Music Center, 300 Green Bay Rd., Winnetka.

Pianist Emilio del Rosario performs the music of Mozart, Schubert, Rachmaninov and Liszt.

Admission to the concert is \$5 for adults; \$3 for senior citizens; \$2 for students and free to Music Center students. Because seating is limited, you are encouraged to order tickets in advance by calling The Music Center of the North Shore at (708) 446-3822.

Registration open for summer travel adventures

Books can take you only so far in learning about other countries and cultures. A First Class Adventure with Oakton Community College can take you further. Registration is open for summer trips to points throughout the globe.

Explore the natural beauty of the Emerald Isle, May 24-June 7 or July 16-30. See first-hand the history, folklore and cultural heritage of Ireland. Take an escorted safari through Kenya, home to an array of habitats from snow-capped peaks to tropical forests. Choose from June 15-July 1, June 29-July 15 or July 27-Aug. 12.

The Galapagos Islands, made famous by Charles Darwin, hold a natural museum of flora and fauna found nowhere else on earth. Tour the islands, and see the beauty of the High Andes in Ecuador, June 20-July 3, June 27-July 10, July 25-Aug. 7 or Aug. 8-21.

Take a voyage of discovery through the tumbled inside Passage, the protected 1,000 mile strip of sea and glacial ice that hugs the coast of Alaska and British Columbia, June 26-July 12, July 10-26, July 24-Aug. 9 or Aug. 7-23.

Enjoy the cultural sites and culinary delights of China, June 30-July 16 or July 21-Aug. 13. Gain an understanding of other country's historical traditions amidst contemporary, revolutionary change.

Celebrate the 500th anniversary of the Discovery of the

Americas with a visit to the Dominican Republic, July 10-22. The land where Christopher Columbus landed is home to the western hemisphere's oldest city, the oldest cathedral and oldest university.

In a July 10-31 trip to Australia, contrast the country's cosmopolitan cities with its natural environments such as the Great Barrier Reef. See the sacred sites and ancient art of the Aborigines as well as the unique wildlife and bird life.

Experience Russia and the Ukraine, July 12-26 as the Soviet Union fades from view. Stops include the industrial and cultural centers of Moscow and St. Petersburg (Leningrad), Kiev, and Yalta.

Witness history in the making as you explore Eastern Europe, July 27-Aug. 10. Experience the art, culture and intellectual ideas of Prague, Dresden, Meissen, Berlin and Budapest.

Cruise the waterways of the Amazon rain forest on an Aug. 5-23 excursion to Brazil. Experience Brazil's cultural diversity in wildlife areas and several cities, including Rio de Janeiro.

Each program is escorted by college faculty members acquainted with the cultural opportunities available in that country. Resident specialists are used as lecturers. First Class Adventures also offer quality accommodations and transportation coupled with comfortably-paced itineraries.

For complete itineraries and prices, contact First Class Adventures, Oakton Community College, 1600 E. Golf Rd., Des Plaines 60016, or telephone (708) 635-1672.

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'Rumors' in final weeks at Candlelight

"Rumors" is the uproariously funny Neil Simon farce directed by Bill Pullins and Larry Wyatt that has kept Chicagoland in stitches, will close Sunday, May 31, after a successful nine-month run at Candlelight's Forum Theatre.

Joining the cast for the final eight weeks are Malcolm Rothman as Lenny Ganz and Carol Kuykendall as Cassie Cooper. Kuykendall is the real life wife of co-director Wyatt, who also appears in the production. Wyatt and Kuykendall are the second husband-wife team to star in Rumors; Richard Baird recently joined his wife Nancy Baird in the show.

"Rumors" is the 23rd play by America's most prolific playwright and the first no-holds-barred farce of Neil Simon's career. It is the story of a prominent couple, who invite their best friends, four couples, to celebrate their wedding anniversary at a black-tie, sit-down dinner.

When the guests arrive, they discover their hostess missing along with the staff, the food is uncooked, and host is upstairs with a bullet wound to his earlobe.

A complimentary pasta dinner is included in the ticket price on Tuesday evenings; on Sunday evenings, a complimentary chicken dinner is included. For reservations, phone the Forum Theatre at (708) 496-3000.

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Along with Laura Michaels and Lisa Moon, Pontillo-Smith will be directing some of the junior theatre performances of "The Timid Dragon," and she says the casting process is very interesting.

"Children are divided into pairs and take turns reading parts of a script," said Pontillo-Smith. "Although the younger ones may have trouble reading lines, they often are able to memorize easily."

Michaels says each cast has the same costumes, which also helps during an emergency situation. "We'll be getting our costumes soon for 'The Timid Dragon,' and that should help keep the kids focused on their parts. They've been in rehearsal a long time and I think they're ready to perform."

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But everything changes when the princess discovers that the dragon is lonely and very timid.

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Rose Anne Pontillo-Smith says she remembers when young thespians were placed in two casts for each production. "Then the program expanded to three casts," said Pontillo-Smith. "Now we have five casts and still turn away over 100 children."

Along with Laura Michaels and Lisa Moon, Pontillo-Smith will be directing some of the junior theatre performances of "The Timid Dragon," and she says the casting process is very interesting.

Michaels says each cast has the same costumes, which also helps during an emergency situation. "We'll be getting our costumes soon for 'The Timid Dragon,' and that should help keep the kids focused on their parts. They've been in rehearsal a long time and I think they're ready to perform."

"The Timid Dragon" takes place in a tiny kingdom of Marovia, where all is well despite the threat of a fierce dragon prowling outside the walls. To distract everyone from possible danger, the Queen gives lavish parties to raise her subjects' morale. Merchants sell ribbons and dragon repellents. A brave knight awes the ladies by voicing his willingness to die, so they can remain protected from the beast.

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Letters To The Editor

Woman's Club of Niles thanks Bugle for publicity

Dear Editor,

On behalf of the Woman's Club of Niles, I would like to thank you for your generous publicity you have given us this past club year.

It was gratifying to see all the articles and pictures published. Evidently, some women did come and join us, because of reading the notice of our meeting, in your paper.

Our group is for women of all ages, who are living in our area. We like to help the needy, and we support many worthwhile causes in our community. It is rewarding to see newcomers, and older residents, join our group.

Thank you again,
Sincerely,
Woman's Club of Niles,
Publicity Chairman.

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League of Women Voters questions mayor's message in newsletter

To the Editor and Residents of Niles,

The League of Women Voters of Morton Grove/Niles has a position supporting the accountability of local governing boards, which includes the appropriate use of village funds. We were surprised to see in the Spring 1992 issue of the "Progress Report - The Official Newsletter of the Village of Niles" a message from Mayor Blase to the residents of Niles regarding the proposed effort to dissolve the Niles Park District.

Reports from the last village board meeting on April 28 indicate that the Village Board refused to discuss the issue of the dissolution of the Niles Park District. The Niles Spectator reported on May 7, 1992 that "the village board has not discussed the option since there is no official business regarding the park district in front of the board." According to the Niles Time Herald on May 13, 1992, "We've taken the position that we're not going to get officially involved until the petitions (for the referendum) are handed in," insisted Blase.

We, as a League, are concerned and upset that the mayor is using the taxpayer's money to finance the printing and distribution of his commentary on this "unofficial" business that has yet to come before the Village Board. Is this an appropriate use of village funds?

Sincerely,
Sue Kravis, President
Members of the Board
League of Women Voters -
Morton Grove/Niles

Reader sheds light on history of Bunker Hill golf course

Dear Editor:

The person who gathered the historical information about Bunker Hill as reported in the May 7 issue of The Bugle did not have all of the correct facts.

After the Niles VFW Post 7712 took over in 1945, it operated the golf course for about 10 years. It was a very popular golf course because of its convenient location and the only other course in the area was Tam O'Shanter, which at the time was a private club.

The property purchased by the VFW included a relatively small portion as the golf course proper was owned by a Catholic institution and the Forest Preserve District. The VFW did pay rental to the Catholic institution during the 10 years they operated the golf course, and when it was sold to the developer the Forest Preserve District took back their portion resulting in the closing of the golf course.

League of Women Voters conducts waste audits

Dear Editor,

The Niles/Morton Grove League of Women Voters Environmental Committee has been conducting waste audits and locating processors to recycle the waste. We are proud to be able to assist public agencies to reduce the waste shipped to landfills.

We congratulate School District 64's decision to take part in a pilot recycling program. Because of this program approximately 1,000 juice and milk boxes will be diverted from a landfill each day. In addition District 64 schools will be able to recycle

course.

Bud Sanders, a close neighbor to me and who because a fine friend, was commander of Niles VFW Post 7712 at about the time Bunker Hill was acquired by the VFW. He was also president of the corporation set up by the VFW to operate the Bunker Hill properties.

Bud and I played golf at Bunker Hill many, many times because it was so convenient to get to. It really was a "fun" course, a little "tricky" in some places, but nevertheless, a wonderful asset to the Village of Niles. Many long-time residents of Niles will remember such names as Ol' Judge Joe Joswiak, Dick Powell, Jules and Louie Pander, all of whom were deeply involved when the popularity of Bunker Hill was at its peak.

And now, it's no more.

Vern Johnson

corrugated cardboard boxes, tin cans and polystyrene.

The Environmental Committee will continue to work with any public group interested in reducing waste and locating the most cost effective and efficient way to divert waste products from landfills. For more information contact the League of Women Voters at (708) 696-1577.

Abigail A. Darr
Co-Chair Environmental Committee
Susan Kravis
President

MG Chamber thanks Bugle

Dear Editor,

On behalf of the Morton Grove Chamber of Commerce and Industry and the Morton Grove Foundation, we thank you and The Bugle for photographing our annual VIP Reception.

The VIP Reception is an important event in the Morton Grove community. It honors individuals who dedicate themselves to total community betterment. No community can survive, prosper, or make progress without the dedication of its people. The VIP Reception gives us a chance to thank the individuals who help to make Morton Grove a better and more viable community.

Thank you once again for covering the VIP Reception and helping us honor our two VIP's.

Sincerely,
The VIP Committee
Gary Balling
Diane Kalish
Ron Kasch
Susan Durr
Steve Kropp
Carrie LeBeau
Nick Marino

THE READERS WRITE

The Bugle urges all its readers to submit Letters to the Editor pertaining to local issues or in response to editorials appearing in the paper. All letters must be signed and contain the name, address and telephone number of the writer. No letter will be printed in The Bugle unless this information is furnished. Of course, this information will not be printed if the writer requests same to be withheld. Also, no pre-written form letters of any kind will be published.

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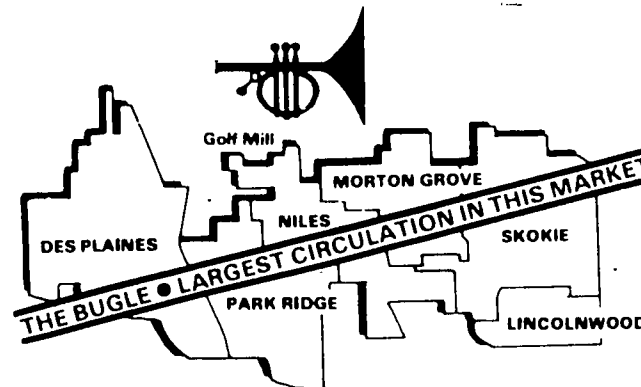
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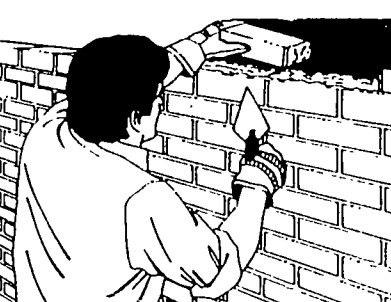
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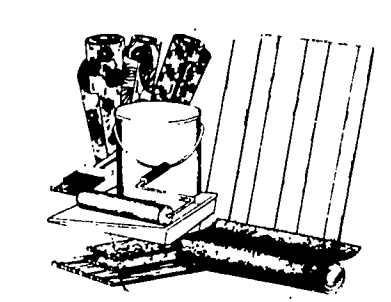
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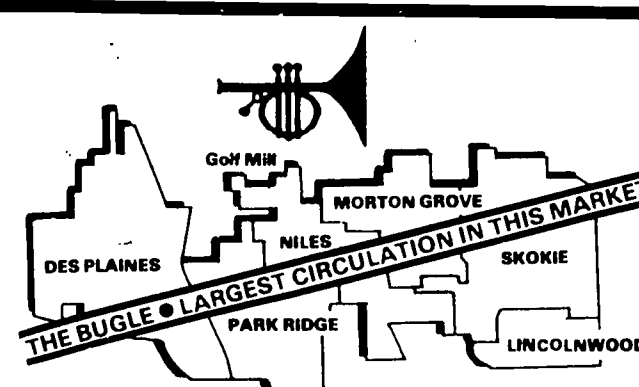
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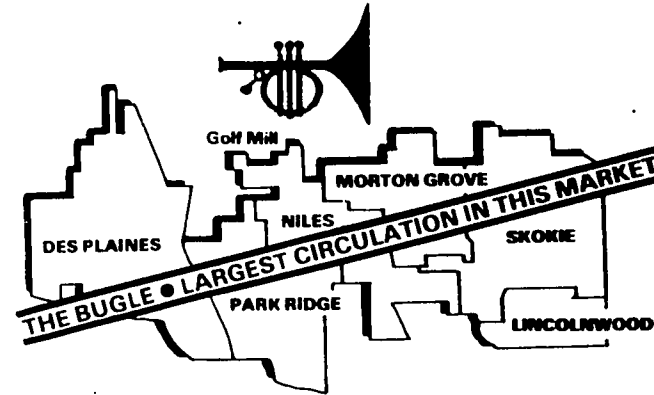
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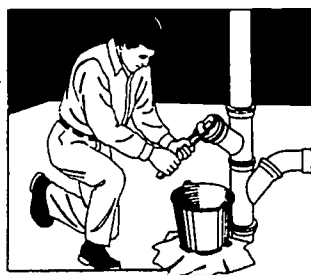
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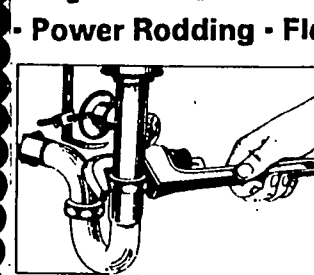


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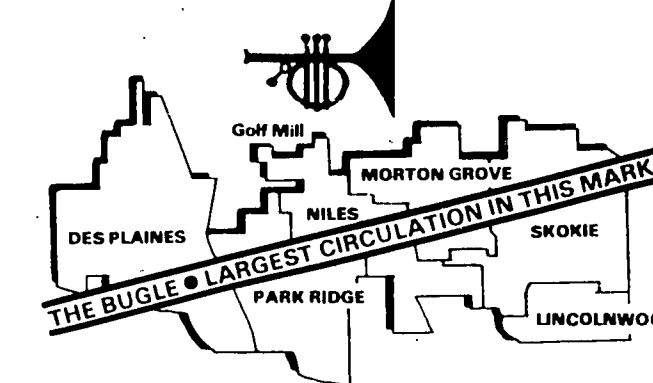
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March 92
The Whole Family
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**Happy "73rd" Birthday To
JULIUS SLIWA**
THE BEST DAD & GRANDPA
Love, Beverly, Russell,
Natasha & Derek

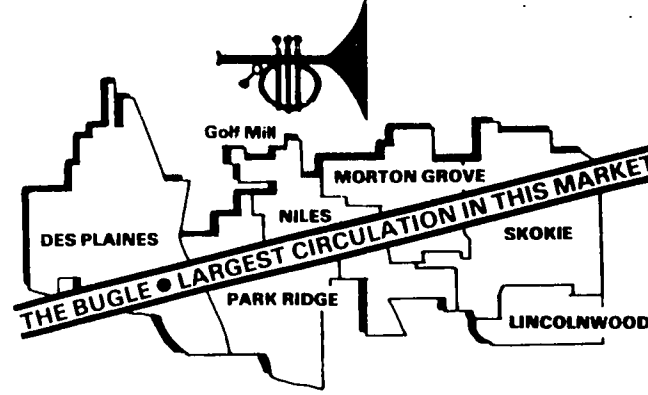
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competitive skills and rates that'll give you a great se-
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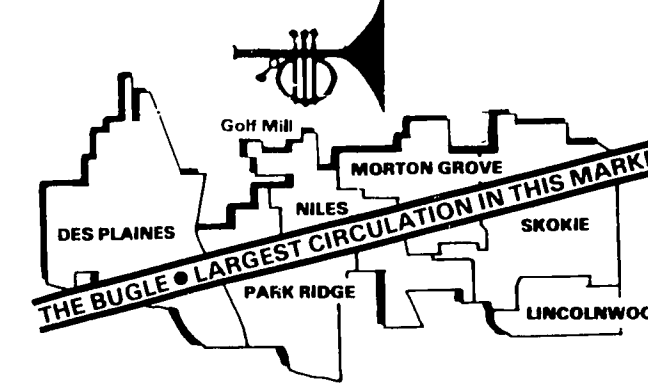
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AUTOMOTIVE SERVICE TECHNICIAN MUST BE ABLE TO DIAGNOSE AND REPAIR DOMESTIC COMPUTER CONTROLLED VEHICLES APPLY WITHIN CITY SUBURBAN AUTO SERVICE 7035 N. MILWAUKEE NILES, IL	HEATING AND A/C SERVICE PERSON EXPERIENCED MUST HAVE POSITIVE ATTITUDE Call: (708) 298-4611	Auto Tow Man Nites For Relocating Cars \$15.00 Per Car Reds Towing Glenview (708) 724-7920	SALES FT/PT-Sell Classified Advertising for Niles Newspaper. Good Communication Skills, Pleasant Phone Voice, Ability to Work Independently. Call Ed at 966-3900	CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message
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REAL ESTATE		TANNING	WANTED TO BUY
APTS. FOR RENT NILES 2 Bedroom Garden Apt. AC/Unit, Efficiency Kitchen. Available 6-1-92 Call: (708) 647-9489	CONDO FOR RENT Condo For Rent 2 Bdrm - 1 1/2 Bath Lg/Lv Rm - Nr Golf & Greenwood Des Plaines, Free Parking & Pool - Call: (708) 640-8224	WOLFF TANNING BEDS New Commercial - Home Units From \$199.00 Lamps - Lotions - Accessories Monthly Payments Low As \$18.00 Call Today FREE NEW Color Catalog 1-800-228-6292	WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742
Compare To Believe Fresh As Spring! Clean And Newly Updated 1 Bedroom Apartments Minutes From I-294, View Of Acre Country Private Entrance, Laundry/Storage. A/C \$495.00/Month - Malibu Apts. (708) 658-8463	Crystal Lake Inlaw Arrangement Beautiful 9 Room, 2 Bath, 2 Kitchen Home With Maintenance Free Exterior 2 Car Garage With 12x20 Attached Screen Patio Large 68x223 Level Wooded Lot In Town Immediate Possession Special Price \$139,500 WONDER LAKE New 2 Room 2 Bath Maintenance Free Home Plus Full English Style Basement With In-Law Possibility And Large 24x24 Garage Large 11x125 Level Lot With Breathtaking 25 Mile View Only \$129,000 WOODSTOCK One To Three Acre Estate Lots From \$59,500 Only 20% Down New Custom Built Ranch And Two Story Home With Full Walk Out Basement And Large 3 Car Garage \$139,500 And Up McHenry County Custom Builders (815) 653-2051 Ask For Steve Or T.P.	WISCONSIN SCENIC JEWEL In Pristine Kettle Moraine Recreational Area Only 1-1/4 Hr. From IL/WI Border 1/2 Mile Of Winding River With Picturesque Building Sites High Above River Flows Into A Lake Which Can Be Seen In The Distance. Unmatched Wildlife And Waterfall Varieties + Abundance Hunting, Fishing, Canoeing, Skiing, Snowmobiling, Logging, Farming, Tobogganing, Ice Skating, Boating, Etc. The Property is Truly An "Outdoor Paradise" 120 Acres By Owner. \$179,000 (414) 252-3595	KENTUCKY FOR SALE BY OWNER 224 Acre Creek, Barn, Ponds, Will Divide - \$129K. Also Brick Home 11 Years, 2700 Sq. Ft., 5 Bdrm, 2-1/2 Bath \$92K - Owner Financing (502) 384-4140
2 Bedroom Apt 8934 N. Wisner, Niles For Information (708) 577-7008	Niles - 2 Bdr - 1 1/2 Bath - 1st Floor Appliances - Carpet - Parking - No Pets Laundry Facility - New School & Shopping - \$650/Month + Utilities (708) 658-1297	VACATION RENTAL HILTON HEAD DISCOUNT RENTALS Why Not Get Away To Beautiful Hilton Head Island, SC? 1, 2 & 3BR Ocean Condos Toll-Free For Rental Brochure 800-445-8664	Avanti /Subaru SUBARU IN PARK RIDGE 740 Busse Highway, Park Ridge (708) 823-9800
CONDO FOR SALE 3 Bdrms, 2 Bath, 2 Story Condo In N'brook, \$149,900 Call: (708) 623-7778 - WKR Assoc.	MORTON GROVE Parkview School District 3 Bedroom - 2 Baths 1-1/2 Car Garage Brick Ranch - Double Lot Full Basement \$169,000 Octagon Brick Bungalow 2 Bedroom - 1.1 Baths Full Basement Expanded Attic \$139,000 Call: Realty Connection (708) 470-1370	Notice Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 793-6490.	Ford WIL-SHORE FORD 611 Green Bay Road Wilmette (708) 251-5300
CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	Real Estate advertised in this publication is subject to the "Federal Fair Housing Act", The Illinois Human Rights Act and "The Chicago Fair Housing Ordinance." These laws make it illegal to advertise any preference, limitation, or discrimination based upon a person's race, color, religion, national origin, sex, familial status, mental or physical handicap, age, marital status, parental status, sexual orientation, or lawful source of income. This publication will not knowingly accept any advertising for Real Estate that is in violation of the law. All persons are hereby informed that all dwellings advertised herein are available on an equal opportunity basis.	Buick LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900	Lexus ARLINGTON LEXUS IN PALATINE 1285 E. Dundee Rd. Palatine (708) 931-0444
CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	Chevrolet /GEO RIVER CHEVROLET/GEO 1723 Busse Highway Des Plaines (708) 699-7100	Pontiac RIDGE MOTORS PONTIAC Des Plaines (708) 824-3141
CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	Chevrolet /Volkswagen JENNINGS CHEVROLET/VOLKSWAGEN 241 Waukegan Rd. Glenview (708) 729-1000	Subaru STEVEN SIMS SUBARU 715 Chicago Avenue - Evanston (708) 869-5700 - 1 (312) SUBARUS
CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	Chrysler Plymouth WALTON CHRYSLER PLYMOUTH 5050 Dempster Skokie (708) 673-7600	Toyota AUTOHAUS ON EDENS 1550 Frontage Rd. Northbrook (708) 272-7900
CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	CONDO Vicinity Golf & Greenwood (Maine Township) 2 Bedroom - 1 Bath Living/Dining Room Eat In Kitchen Large Rooms Gorgeous Club House - Pool Tennis - Playground Ceiling Fans In Every Room Newer Wall To Wall Carpeting Window A/C Washer & Dryer In Unit Stove (1 Yr. Old) Refrig. (3 Yrs. Old) Both Amd 2 Storage Areas All Window Treatments Included Newly Decorated \$65,500.00 (708) 635-9958 Leave Message	Dodge DODGE CITY OF DES PLAINES 1439 S. Lee Street Des Plaines (708) 298-5200	AUTO DEALERS! Call Classified to place your ad

INFORMATION ON CLASSIFIED ADS

You Can Place Your Classified Ads by Calling (708) 966-3900 or Come To Our Office in Person AT: 8746 N. Shermer Road, Niles, Illinois. Our Office is Open - Monday thru Friday, 9 A.M. to 5 P.M.

Surveys ...

brary Board at its regular board meeting on May 20. "This document," according to Przybylo, "looks at every aspect of a library's operation and service. It enables each library in Illinois to gauge itself against a set of standards of excellence. Niles ranks very high."

The state standards and a revision of the library's goals and objectives were on the board's agenda for May 20. "The two documents together provide a look at where we are and where we want to go," said Przybylo. "They come at an opportune time in the library's fiscal year as

Continued from Page 3

we look toward development of a budget for next year's operation. We will continue to provide a high level of service-quality service-but have asked staff to look carefully at each and every expenditure. I want to do everything possible to reduce the tax levy and will enter the budget deliberations with that principle as a guide. However, I will not reduce the services which district residents have come to expect."

The library's fiscal year begins July 1. Present plans call for adoption of a 1992-93 budget at the board's June meeting.

Renovations ... Continued from Page 3

The kitchen will be updated, station windows re-glazed with energy-saving thermopane glass and exterior masonry, the roof and eaves will receive needed repairs.

The major part of the renovation will be done by contractor Mid-America, Inc., of Elk Grove, for \$952,000. An additional \$80,000 will cover specialized

work such as an internal communications system linking offices with Regional Emergency Dispatch, an automotive emission system in the garage and correction of a slippery garage floor. Station 3, 6611 Jarvis Ave., will benefit when a new office is located in former Fire Prevention Bureau space.

Little League

National League	
Team	W-L-T
Astros	1-1
Braves	1-1
Cardinals	1-1
Cubs	1-1
Mets	0-2

American League	
Team	W-L-T
Athletics	2-0
Tigers	2-0
Orioles	1-1
White Sox	1-1
Indians	0-2

Schau's Foods A's 11
Jerry's Frt & Garden Ctr. Astros 6

The A's had homers by Arthur Rudnicki and Ed Kowalewski to open the 1992 Little League season. Chris Suchecki, Brian Chang and Tom Schneider got on base all four times. Field finding by Drew Martin at 2nd saved a run as did Justin Bates' throw from catcher to nail a runner at 3rd. Good defense by Chris McDade and Mike Tierney. Joe Jung pitched 2 strong innings, striking out 5.

Good hitting by Mike Mussar and pitching by Joe Merkel and Sean McNeill wasn't enough to catch the A's.

Skaja Terrace Braves 10
Family Flooring Indians 3

The Braves started off with steady defense, good pitching and solid hitting. Leading the offensive charge were Adam O'Grady, 3 for 3 including a homer, Mike LaMonica 2 for 3 with a 2-run homer and Nick Kotis 2 for 3. Good defense from Kirk Skaja and Larry Swiecz and solid pitching from Rick Palinski, Nick Kotis and 2 shut-out innings from Adam O'Grady.

The Indians started hitting

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D007844 on April 28, 1992, under the Assumed Name of Louie El Graphics, with the place of business located at 9035 Federal Ct., Apt. 1-A, Des Plaines, IL 60016. The true name(s) and residence address of owner(s) is: Louise El, 9035 Federal Ct., Apt. 1-A, Des Plaines, IL 60016.

Bressler's Ice Cream Orioles 20
1st Nat'l Bank of Niles Cubs 15

For 6 innings the game was played even, ending up going into extra innings. Leading the Cubs in hitting were Chris Evans with 2 triples and a homer, Dennis Foster and Steve Karlic with 3 hits each. Vito Battista with a homer and singles by Michael Miskew

Memorial Day ... Continued from Page 3

Jakubowski, Auxiliary Bishop of Chicago will be the celebrant of the Mass. Concelebrating with Bishop Jakubowski will be Rev. David J. Mulvihill of the Marriage Tribunal, Archdiocese of Chicago and Rev. John E. Mulvihill, Pastor, St. John Bosco, Chicago.

Maryhill Cemetery, Niles, has Most Rev. John R. Gorman, Auxiliary Bishop of Chicago as the celebrant. Concelebrating the Mass with Bishop Gorman will be Rev. Thomas M. Dore, Pastor, Our Lady of Ransom Parish, Niles; Rev. Joseph J.

Glab, C.R., Pastor, St. Stanislaus Koska Parish, Chicago; Rev. John A. Robinson, Associate Pastor, St. Edward Parish, Chicago; and Rev. Casimir M. Szatkowski, Pastor, St. Joseph Parish, Chicago.

St. Adalbert Cemetery, Niles, will have Most Rev. William E. McManus, Retired Bishop of Fort Wayne/South Bend as celebrant of the Filed Mass. St. Juliana Parish Choir under the direction of Margie Shiel and St. Mary of the Woods Choir under the direction of Mary Anne Eichorn will lead the singing.

Poppy Day ... Continued from Page 3

VA hospitals, in nursing homes, also to give monetary assistance and other care to their widows, widows and children.

Poppy Day in Morton Grove will be held on Thursday, May 21. Please wear a poppy and help those men who defended all of us in previous wars.

On most public boards the members are limited. The experiences and skills the board members possess usually fall outside the purview of the board. Village board, school board and park board members are seldom equipped to understand the workings inside the district they serve. But board members at the village and school levels have professionals who guide the boards. Decision-making is often based on the professionals' advice. And board members seldom go against this advice.

At the park board level there is not this same professional advice. The professionals, the park directors, do not have the same professional background or experience as school superintendents. The men heading the schools are highly-trained with many

Pitching for the Sox and each getting singles were Demetri Touzous, Dan Kaminski, Mike Meade and Jason Hennkens. Also with singles were Scott O'Brien and Matt Boyle.

Robert Zakoff DDS Tigers 16
Bressler's Ice Cream Orioles 12
The Tigers beat the Orioles with Erik Still getting a single, double and a homer with 6 RBIs, Mike Salvi had 2 doubles, 3 RBIs, Joe VonDerheide had a triple and singles by Brian Kelley, Billy Pissios, Steve Miszczysyn and Tony Lelenieski. Danny Bryski and Sal Randazza scored. Ryan Briscoe made a great defensive play to end the game. Good pitching by Mike Salvi, Brian Kelley and Billy Pissios.

The Braves lacked defense in this game. They had solid pitching from Adam O'Grady, Nick Kotis and Rick Lapinski. Getting their first hits of the year were Chris DeRaimo and Kirk Skaja each 2 for 3 including a double. Adam was 3 for 4 with 2 singles and a double and Nick with 3 walks.

Three Skokie residents named to leadership positions
Three Skokie residents have been named to important leadership positions in the 1992 Jewish United Fund-Israel Emergency Fund and Operation Exodus campaigns. Roz Gallai and Marc Geller have been named to the Executive Committee of the JUF-IEF Jewish Division.

Dr. Gerald Teller has been named to the Executive Committee of the Social Welfare Division. These Divisions will hold their gala fund-raising dinners on behalf of JUF-IEF and Operation Exodus on Wednesday, May 27 at the Hyatt Regency Hotel in Chicago.

Following their private dinner, the groups will gather, together, to hear the distinguished guest speaker, Andrea Mitchell, NBC News White House correspondent.

Monies raised at the dinner will go to provide human welfare, health and Jewish education services in the Chicago metropolitan area and parallel services in Israel and in Jewish communities in some 40 other countries around the world. Operation Exodus money is used to transport Jews from the former Soviet Union to freedom in Israel and for family reunion in the Chicago area.

Armel G. Santos
Marine Pvt. Arnel G. Santos, son of Bautista A. and Rosa G. Santos of Skokie, recently completed recruit training.

The 1991 graduate of Niles North High School joined the Marine Corps Reserves in June 1991. He will be deployed to the Persian Gulf.

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LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D007880 on April 29, 1992, under the Assumed Name of Al's Burger, with the place of business located at 1931-B W. Foster Ave., Chicago, IL 60640. The true name(s) and residence address of owner(s) is: Sung Jin Kim, 2645 W. Bryn Mawr, Chicago, IL 60659.

LEGAL NOTICE

Notice of Public Hearing
Cook County Community Development Block Grant Program
DATES: Thursday, June 4, 1992
Thursday, June 18, 1992
TIME: 6:30 P.M.
PLACE: Cook County Board Room
118 North Clark Street
County Building, Room 567
Chicago, Illinois 60602
The Cook County Community Development Block Grant Program applies only to those suburban municipalities of less than 50,000 in population. This program does not include the City of Chicago.
PURPOSE: The Cook County Community Development Advisory Council will hold two (2) Public Hearings for the 1992 Community Development Block Grant Program Year which begins October 1, 1992.
The amount of funds available for the 1992 Program Year is approximately \$12,245,425 plus program income (to be determined).
The purpose of the first hearing 6/4/92 is to hear proposals from the non-municipal applicants regarding their applications submitted to Cook County, and to hear testimony from interested persons or groups to review municipal applications and amendments to previous year applications, and to record comments, questions and answers to the Council.

Non-Municipal applications are as listed:
- Community and Economic Development Association
- Evangelical Hospitals Corporation
- Ford Heights Community Service Organization
- Housing Authority of Cook County
- Housing Research and Development Program (U of I) of Champaign-Urbana Leadership Council
- Minority Economic Resource Corporation
- New Cities Community Development Corporation
- North West Housing Partnership
- Northeastern Illinois Planning Commission
- PLOWS Council on Aging
- Resource Center for the Elderly
- South Suburban Mayors and Managers Association
- West Suburban Neighborhood Preservation Area

The purpose of the second hearing 6/18/92 is for the Advisory Council to approve the recommended projects for the 1992 program year.

The Program Categories eligible for funding are:
- Housing and Residential Rehabilitation related activities
- Housing Counseling and Fair Housing Activities
- Economic Development Activities
- Capital Improvements Activities
- Commercial Rehabilitation
- Real Property Acquisition
All interested persons, groups and municipalities are invited to attend and participate. Any comments and/or objections must be submitted in writing by June 9, 1992 to:

Cook County Bureau of Administration
Department of Policy, Planning and Development
118 North Clark Street
Room 524
Chicago, Illinois 60602
ATTN: Karl A. Brinson

From the Left Hand

Continued from Page 1

what was going on at the many park facilities. To be better board members meant to be better informed and they felt this could best happen if they were intimately involved with the day to day functions within the district.

It has been demoralizing for workers. And it depletes the authority of park administrators who must constantly look over their shoulders before acting. It diminished their park roles.

The greater problem was what skills these board members brought to park board meetings.

On most public boards the members are limited. The experiences and skills the board members possess usually fall outside the purview of the board. Village board, school board and park board members are seldom equipped to understand the workings inside the district they serve. But board members at the village and school levels have professionals who guide the boards. Decision-making is often based on the professionals' advice. And board members seldom go against this advice.

At the park board level there is not this same professional advice. The professionals, the park directors, do not have the same professional background or experience as school superintendents. The men heading the schools are highly-trained with many

years of experience dealing with multi-million dollar budgets. By comparison the one professional at park board meetings, the director, has limited experience and background compared to school professionals.

Village managers who direct village boards also have much more experience than most park directors. And they are particularly strong in understanding and directing decisions pertaining to budgets. Niles present village manager has a formidable background in accounting and the previous manager, Jack Hodge, was hired because he was a whiz as a numbers man.

It seems obvious the major matters before any public board concerns the use of public money. And few public board members at any level have much know-how in handling million dollar budgets.

We're in an era of big buck economies. And it takes real know-how to function well in such an environment. Hiring professionals with specialized training is a must for well-functioning boards. It is the era of the CPA's and the MBA's. And it is the reason why board members who are school teachers, journalists and most of the working force must have professional help from more experienced people to properly run a public board.

Niles park board (and library board) desperately need this help.

Niles park director ... Continued from Page 1

ate school of International Management in Arizona. He takes office May 26.

Moving to the annual rite of officer selection, Commissioner Elaine Heinen nominated Board Vice President James Pierski for president while Pierski nominated outgoing president, Carol Panek. By casting the tie-breaking vote, Panek was reelected 3-2.

Commissioner Marlene Baczek nominated Pierski for Vice President and while he abstained, he was unanimously reelected. Just prior to the elections, outgoing Interim Director Tracy Taylor, on behalf of the Board, honored Panek for her "outstanding service" to the Board in 1991-92.

In one of her first official acts after reelection, Panek thanked outgoing Treasurer Mary Marusek for her aid in Park District financial operations, then gained Board approval in naming Michael Cielinski of Niles as the new District Treasurer. Cielinski is a member of the Chicago Board of Trade, Vice President and manager of Board floor operations for Lehman Brothers financial company, a teacher at Oakton Community College and a Niles Police reserve officer.

Moving to other park matters, Commissioner Bud Skaja, Jr. reported a committee of two, Athletic Coordinator John Jekot and Aquatic/Fitness Director Julie Nelson, were performing the duties of former Recreation Superintendent Nancie Boland until that position is filled.

Late next week, the Oasis Water park pool will be filled, said Commissioner Heinen. She emphasized the nearly 400,000 gallons of water necessary are metered and are paid for by the Park District. It opens June 6 and the

Sports Complex pool will open June 13. Heinen said Greenwood park renovations will be done in mid-June and indicated Parks Superintendent Mike Rea was insuring the park would conform to the needs of the handicapped.

Turning to news of outdoor activities, Manager Dave Figgins announced sand volleyball and water aerobics would start in June at the Sports Complex. And Tam Golf Course Manager Greg Genz noted business is picking up after poor weather in April.

He plans a "fast cadettes at Tam" golf outing in October, since the current schedule is so crowded.

Reporting on the Maine-Niles Association for Special Recreation (M-NASR) Commissioner Baczek explained if Lincolnwood joins M-NASR, an option it is considering, Niles' contribution to it would be reduced by \$5,000.

In his overview of the District's finances, Business Manager Ron Mrowiec noted interest rates on District investment accounts ranged from 3.75-4.12 percent. He said the District had no outstanding bills or cash shortages and had money to meet present and future needs.

In his time for comments, Board Attorney Gabe Berrafatto rebutted newspaper headlines on recent personnel changes in the Park District. About the former Park Director, Berrafatto said "He was not terminated, fired or not re-signed, his contract simply was not renewed." About the former Assistant Business Manager, Berrafatto said the man's three month probationary period was unsatisfactory so he was let go, and about the former executive

Senior homestead exemptions available

Maine Township Assessor Thomas E. Rueckert and his staff are available to help property owners who turn 65 this year apply for the Senior Citizen Homestead Exemption.

This exemption can save residents up to \$200 on the second installment of next year's tax bill.

To be eligible, senior citizens must be responsible for the real estate taxes on their property, must be residents as of Jan. 1, 1992, and must use the property as their principal residence.

Applicants should bring a recent tax bill and two proofs of age. Senior citizens who are already receiving the exemption do not need to reapply, but must sign the renewal forms mailed by the Cook County Assessor.

For more information, call 297-2510, ext. 227.

Township provides free wood chips

Highway Commissioner Bill Fraser is offering all Maine Township residents free wood chips made from branch trimmings collected by the Highway Department. To arrange for delivery of a full truckload, call 635-1120.

Branch trimmings are collected from residences in the unincorporated area during alternate weeks, starting on Mondays (Tuesdays following holidays). Remaining collections begin May 11 and 26; June 8 and 22; July 6 and 20; Aug. 3, 17, and 31; Sept. 14 and 28; Oct. 13 and 26.

Cut branches should be put out before 8:30 a.m. on Mondays of the scheduled weeks. They should be neatly stacked on the parkway with ends facing the culverts or ditches.

9-1-1 ... Continued from Page 1

digit telephone number when contacting both the fire and police departments. These numbers are: Fire - 967-6100; and Police 647-0400.

"I think in the beginning there may be a tendency to test the service," said Chief Kinowski. "So we are asking residents not to misuse the number and keep it available for people who are truly in need of emergency assistance."

Persons who misuse the number are subject to charges of a Class B misdemeanor and second or subsequent violations are subject to a Class A misdemeanor. Because of the 9-1-1 system feature sophistication, the location and telephone number of the call being placed can be captured and traced even if the caller immediately disconnects.

9-1-1 Emergency Service should be used if you see the following:

- A person who is injured or ill and in need of immediate medical or hospital treatment.
- A car, train or other accident.
- Smoke or fire coming from a building.
- A person being held up at gun or knife point.
- A person publicly displaying firearms.

- A person who appears to be forcing someone into a car.
- A stranger who tries to invite children to go with him or her.
- Strangers loitering around schools, parks or recreational areas.

- Someone breaking or opening a neighbor's window and entering the building.
- Someone removing appliances, furniture or other items from a neighbor's home or garage.
- Anyone suspiciously removing things from an automobile.
- Broken windows or doors in a

house, apartment building or place of business.

- Anyone suspiciously entering or leaving a house or business at unusual hours.
- Groups of people creating a disturbance.
- A person damaging or defacing property.
- Flood, wind or storm damage that may endanger a life.
- An electrical problem which has caused a fire or downed a wire which may be arching or endangering a life.

Also use 9-1-1 if you hear:

- A person screaming or call for help.
- The sound of breaking glass or a door crashing.
- A loud explosion or gunshots.

Suspicious noises from the next apartment or home, such as furniture being overturned.

Noises outside your home, as though someone is trying to get in.

When dialing 9-1-1, the emergency dispatcher will answer as follows: "9-1-1, what is your emergency?" If you are seeking fire or ambulance service, your call will be immediately transferred to the fire dispatch center. Please, do not hang up. If you are seeking police service, your request will be answered directly.

When you dial 9-1-1 speak slowly. State your name, address, where the incident took place and any additional information you may have. Try to provide as much detail as possible. If you are describing someone, try to remember their height, weight, age, hair and eye color or any distinguishing features. If a vehicle is involved, get its license number, color and make. And always follow the instructions of the 9-1-1 dispatcher.

Ice rink ... Continued from Page 1

players. He asked for warmer locker areas since the present ones are so cold, skate blades sweat and rust.

A snack shop open at meal times would be a welcome addition for Mangold, as well as a larger lobby so ice show fans had more room.

Figure skating instructor Jan Gerber suggested a year-round facility would blend better with the skaters' competitive season, which runs throughout the year and has contests in August. She said Niles loses 55 skating students in the summer and noted at some park districts a combination skating/swimming package is available.

Gerber endorsed including a studio rink because beginning skaters cannot practice during public skating times.

Notre Dame (ND) high school hockey team: are one of the three largest purchasers of ice time at Niles rink, said Bob Callero, a hockey coach. He said ND gains from hockey training local youths receive in the park district, but the number of eligible high school players is declining and some area schools have lost teams.

He later stressed, no matter what course the Park Board takes on the rink, it has to be competitively priced. He said "if a Taj Mahal costs 20 percent more, skaters will go elsewhere. He urged "Get the slab there, we can live around the construction."

Tom Godwin of Express hockey said his group fields about nine teams now and would use from six to 12 hours of ice time in the summer if it were available. Godwin later noted this year his group spent \$40,000, one-third of their funds, in Niles.

Niles police Sgt. Dean Strzelecki brought up the swimming

pool portion of the Sports Complex appraisal and was assured swimmers also would be considered.

Des Plaines resident Debbie Zalaski said she and her family participate in open skating hours and would appreciate more open times after school and in the evenings. She later said "I'd like to feel board members are really concerned about this, as much as they are about golf carts."

Board President Carol Panek replied (we voted to spend) "\$21,500 on this study," that should tell you something. It takes time to do things that are worthwhile." When Ranger representative Hynes asked if the consultants' recommendations would be available to the public before the board votes on them, Panek said (that is) "public information, you're entitled to it."

Car-tree ...

Continued from Page 1

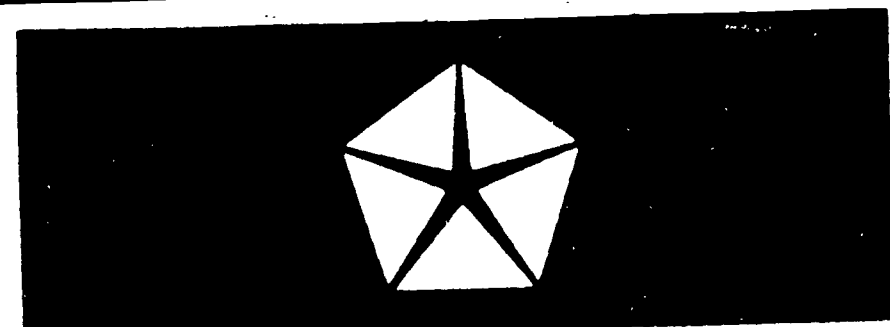
mitted and as of May 19, was in critical condition and in intensive care. Police charged him with driving under the influence of alcohol.

Following a May 20 funeral mass at St. Juliana church, Touhy and Oakton Avenues, Chicago, Naughton was interred at All Saints Cemetery in Des Plaines. Gordon Tech high school, Chicago, where Naughton was a senior, is holding a memorial mass for him May 21 at 8:30 a.m.

Walter P. Marchewka

Navy Petty Officer 3rd Class Walter P. Marchewka, whose wife, Barbara of Glenview, recently participated in two of the national naval exercises aboard the aircraft carrier USS Forrestal, homeported in Mayport, Fla.,

\$ DAYS \$ DOLLAR DAYS \$ DAYS \$ DAYS \$ DOLLAR DAYS \$ DAYS



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1439 Lee Street
Des Plaines
1 Block North of Oakton
(Mannheim)



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