

AUG 21 1992

Niles moves to comply with Disabled Act

Accessibility for the disabled in Niles is becoming a reality. Along with most municipalities in the U.S., Niles is taking a good look at its facilities for compliance with the Americans with Disabilities Act (ADA).

Niles' Transition Plan for compliance was recently approved by

Village Trustees and is available for public comment at Village Hall. But the cost of making facilities accessible is unknown. Village Manager Abe Selman said Aug. 12, since new factors introduced during the commentary period could influence the overall cost. He suggested some

Village programs might have to be cut to pay the bill.

According to the report, Oak School and the buildings housing the Historical Society and the Chamber of Commerce are in trouble. Because of their age and condition, it is "an undue hard-

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Township sets date to recycle

Saturday, Aug. 22, will be the next date Maine Township will collect recyclable items. The collection will be held from 8 a.m. to noon in the parking lot of the Town Hall, 1700 Ballard Road, Park Ridge.

Plastic pop, milk and water containers may be recycled, but

the township's recycling contractor is unable to accept other plastics due to current market conditions. All caps and rings must be removed.

The following items also will be accepted: newspapers; magazines and catalogues; corrugated

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Niles

edition of

The Bugle

8746 N. Shermer Road, Niles, Illinois 60714 - (708) 966-3900

VOL. 36, NO. 9, THE BUGLE, THURSDAY, AUGUST 20, 1992

50¢ per copy

New state-of-the-art
ice rink to cost \$975,000

Park Board OKs contract for ice rink

by Sheila Hackett

Niles ice skaters will be skating in a new Sports Complex ice rink by mid-December, as a result of action by the Park Board August 19. At their monthly meeting Tuesday, Park Commissioners approved spending \$975,000 to turn the old and worn Sports Complex ice rink, 8435 Ballard Road into a state-of-the-art ice skating facility. If the winning low bid contractor, C. W. Davis, of Syracuse, N.Y., misses the Dec. 15 completion date, he must pay fines of \$800 per day.

The contract price tag covers a new ice slab, dehumidification, ventilation, emergency lights, steel dasher boards with tem-

pered glass in spectator areas, a new refrigerator skid and rubber mats around the rink.

The New York firm, the lowest of five bidders, was recommended by the District's ice rink consultant, James Maland of Bonestroo, Rosene, Anderlik and Associates who noted the firm is the second largest ice rink contractor in the country. He has worked with them on five projects in the last three years.

The only sour note came during a pre-board meeting when an anonymous representative of another bidder, International Piping Systems of Schiller Park, questioned the project.

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Niles Parks 'all wet' on pool closings

by Diane Miller

Two weeks ago both the Niles Oasis pool on Milwaukee Avenue and the Sports Complex pool on Ballard Road were closed by the Cook County Board of Health due to 'highly unacceptable' levels of bacteria in the water. This situation was the result of improper chlorination of the pools.

Board of Health officials told The Bugle they spot-check approximately 850 Cook County swimming pools yearly and about 20 are closed due to unacceptable PH levels (bacteria) in the water. Since both Niles pools were closed, this means 10% of the pool closures in all Cook County were in the Niles Park District.

Last week we invited park director Tim Royster to our office to give him the opportunity to present his explanation of the pool closings before we wrote our story. Royster brought his administrative assistant Tracy Taylor who told us the entire situation was a 'fluke' in that both chlorination pumps at the Oasis pool had been shut down for repair while the pool was in use. The Board of Health inspector happened to come by at that time, tested the water and closed the pool on the spot.

When we asked about the Ballard pool which had been tested and closed before the Oasis pool, neither Royster nor Taylor admitted knowledge of the Ballard pool being closed, but they did say Bal-

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Parent charges neglect following pool accident

Niles Park Commissioners Tuesday evening heard a complaint that a malfunctioning play pump at the Oasis pool had not been shut down after an accident with one child three weeks ago. As a result he said, his son was injured two days later when the pump handle snapped back and struck him. The boy sustained a head injury requiring ten stitches and, depending on how the child will scar, may require plastic surgery. O'Grady asserted the Park

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Car wash benefits drop-in center



A car wash was held Sunday, Aug. 16 to raise funds for the Maine Township Task Force Drop-In Center. Cars were washed in the parking lot of the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge, by Drop-In Center participants.

The free Drop-In Center offers kids an opportunity to socialize and participate in ping-pong, bumper pool, basketball, board games and other activities. The center is open three nights a week, Tuesday and Sunday evenings for 5th through 8th graders

and Friday evenings for high school students. Supervision is provided by volunteers from the Maine Township Task Force.

The Center will be located at Golf Maine Park District through Aug. 30 and currently is seeking a permanent year-round site.

Phar-Mor files Chapter 11

Phar-Mor Inc. filed for Chapter 11 bankruptcy protection Monday and sued its former accounting firm. The fast-growing discount drug store chain alleges it was a victim of embezzlement and fraud by two of its top officers.

The federal filing will have no effect on the normal operations of its 306 stores, and wages to its 25,000 employees will continue uninterrupted. Since firing the two officers, its chief financial officer and one of its founders, the chain announced layoffs of more than 1,000 personnel in the past two weeks.

Although Phar-Mor chief executive David Shapiro expects the company to get additional

funding from lenders within the next several weeks, Gary Vineberg of Kidder, Peabody and Co., an industry analyst, disagrees.

"It looks like Phar-Mor is no more," Vineberg said. "I don't think it's a viable company anymore."

Vineberg said the federal filing was inevitable after Phar-Mor fired the executives, and then took a \$350 million charge against earnings as a result of the executives' alleged actions.

Phar-Mor has accused the former executives of embezzling more than \$10 million, inflating inventory figures, concealing losses and overstating Phar-Mor's income.

ERA Grove Real Estate offers new reference book

With financing terms changing almost daily and a growing number of residents wondering if now is the right time to buy or sell a home, ERA Grove Real Estate is ready to help with "Answers."

"Answers" is the title of a comprehensive new reference book that addresses 93 of the most frequently asked questions about buying or selling a home. It's available at no cost by calling 1-800-TO-ASK-ERA or at the local office of ERA Grove Real Estate.

"We feel that 'Answers' is an excellent tool for buyers and sellers who need straight talk and sound advice about today's real estate market," said Kathleen T. Ricketts, Broker of ERA Grove. "It was developed directly from our research with consumers. For 20 years ERA has been committed to addressing the issues that are important to consumers and the 'Answers' book is another example of our commitment to being 1st in service."

The 80-page book features detailed information about selling, buying, financing and maintaining a home to maximize its value. Each section contains numerous



ERA Grove staff stands ready to assist buyers and sellers of real estate. The realtors are offering a free book, "Answers," to those with questions about buying or selling a home.

charts and checklists. In addition, the book includes a comprehensive glossary of real estate terms.

According to Ricketts, the financing chapter may be an eye-opener to many people who are currently renting. "A lot of renters will be surprised when they see how much home they can afford to own for the same monthly payment," she said. "Answers

contains a detailed section about today's most popular mortgage loans, with a chart that compares mortgage amounts at today's interest rates."

Anyone interested in receiving a complimentary copy of "Answers" is invited to call 1-800-TO-ASK-ERA or visit ERA Grove at 6441 Dempster St., Morton Grove.

Electric usage down this summer

Commonwealth Edison's electricity output for June and July was down 13.8 percent compared with the same months in 1991, and it's easy to understand why. For starters, northern Illinois recorded only seven hours of 90-degree weather on weekdays.

June/July 1992 were the coolest in northern Illinois since Edison began recording cooling degree days in 1959, about the time the use of home air conditioning began to gain popularity.

With home air conditioners mostly silent this year, Edison's service territory recorded only 231 cooling degree days for the two-month period, compared with 560 in 1991 and 620 in 1988, year of the hottest summer on record. After a sweltering August, 1988 saw an all-time record 1,164 cooling degree days.

Degree days are calculated by taking the mean of a day's high and low outdoor temperatures

and comparing it to 65 degrees Fahrenheit. One cooling degree day is accumulated for each degree that the mean exceeds 65 degrees.

This June and July the maximum temperature stood at 90 or better on only four days, two weekdays and two weekend days. The weekdays had only seven hours at or above 90 degrees. In 1991, the same period saw 18 days of 90-degree weather.

The mercury hit 80 on 26 days in June/July 1992, compared with 47 such days a year ago.

On nine days this June/July, the high temperature failed to reach 70, compared with only two such days in 1991.

With August also off to a less-than-sizzling start, summer 1992 appears well on its way to breaking the previous low for cooling degree days — 636 in 1982 — and becoming the coolest in at least 33 years.

Set guidelines for subsidies

Gas prices drop

Gas prices in Illinois and Northern Indiana are down to their lowest levels since May, according to the AAA-Chicago Motor Club's latest Fuel Gauge survey.

Self-serve prices in Chicago and Cook County declined 2.3 cents per gallon. The average price of self-serve unleaded regular is \$1.197. But prices at full-serve pumps were up by about half a penny.

In Illinois outside of Cook County, self-serve gasoline prices fell by 3.2 cents per gallon during the past month. Self-serve unleaded regular currently averages \$1.150 per gallon. For the first time since February, downstate full-serve prices dipped by 1.4 cents per gallon.

For the second month in a row, wholesale prices in Illinois and Northern Indiana are down about three cents per gallon, according to Computer Petroleum Corp. (CPC), which analyzes gas price information for AAA-CMC. CPC says price hikes are possible with the approaching Labor Day holiday next month.

Compared to a year ago, the average price of self-serve gasoline is 2.1 cents lower per gallon in Chicago and Cook County, 7.2 cents lower in Illinois outside of Cook County and 2.7 cents lower in Northern Indiana.

Glenview State Bank hosts auto show

To highlight the 1993 models and promote business for their local automobile dealership customers, Glenview State Bank will sponsor an Auto Show Sept. 19. Dealers have been invited to display their most popular new models in the bank's parking lot at 800 Waukegan Road. The show will be held from 9 a.m. to 1 p.m. on Saturday morning during regular lobby hours.

As a special attraction, Jim Mateja, the auto writer from the Chicago Tribune, will be at the show to give customers a general overview of the 1993 autos and answer individual questions.

Persons attending the show may register for a free drawing to win 0% auto financing on a new 1992 or 1993 auto purchased from one of the participating dealers. Other prizes include battery-operated cars for children.

Lutheran General Senior Services announces its participation as an adult day care in the USDA's Child and Adult Care Food Program. Meals will be available at no separate charge of the adult day care service fee to enrolled participants without regard to race, color, national origin, religion, sex, ancestry, marital status, physical or mental handicap, unfavorable military discharge or age at the following sites: 9375 Church Street, Des Plaines, IL; 315 Waukegan Road, Northfield, IL; and 811 E. Central Road, Arlington Hts., IL.

This program, administered by the U. S. Department of Agriculture and the Illinois Department on Aging, gives financial assistance to adult day care centers so that nutritious meals can be integrated with nonresidential care services. The goal of the program is to improve the diets of participants. The meals and snacks served meet standards established by the U. S. Department of Agriculture.

Listed below are the USDA Income Eligibility Guidelines which are effective July 1, 1992 through June 30, 1993. The amount of reimbursement received by Lutheran General Senior Services is based on the number of enrolled participants whose family income is at or below:

Family Size	FREE			REDUCED		
	Yearly	Monthly	Weekly	Yearly	Monthly	Weekly
1	8,853	738	171	12,599	1,050	243
2	11,947	996	230	17,002	1,417	327
3	15,041	1,254	290	21,405	1,784	412
4	18,135	1,512	349	25,808	2,151	497
5	21,229	1,770	409	30,211	2,518	581
6	24,323	2,027	468	34,614	2,885	666
7	27,417	2,285	528	39,017	3,252	751
8	30,511	2,543	587	43,420	3,619	835
Each additional family member	3,094	258	60	4,403	367	85

Argus wins printing awards

The Argus Press, Inc. has been awarded three Certificates of Merit by the Printing Industry Association for work performed on behalf of three Chicago area clients.

One is for the "Going For The Green" issue of AIM Magazine produced by A. C. Nielsen, Northbrook. The second was for National Seal's Container Liner System created by Marcus Design of Wheeling.

The third award was for the printing of the John G. Shedd Aquarium's Oceanarium Brochure "A Walk Along the Coast" designed by Susan Savidge.

The Argus Press, Inc. of Niles, is a full printer specializing in high quality four to six color sheet-fed printing.

Motor fuel tax

Illinois municipalities have been allotted \$17,982,311 as their share of motor fuel tax paid into the State Treasury during June according to the Illinois Department of Transportation.

The allotments to local municipalities included Des Plaines, \$99,478; Glenview, \$69,082 and Niles, \$52,845.

Anieto A. Alo

Navy Chief Petty Officer Anieto A. Alo, son of Angelo D. and Cirila A. Alo of Glenview, recently reported for duty at Naval Technical Training Center Corry Station, Pensacola, FL.

He joined the Navy in May 1974.

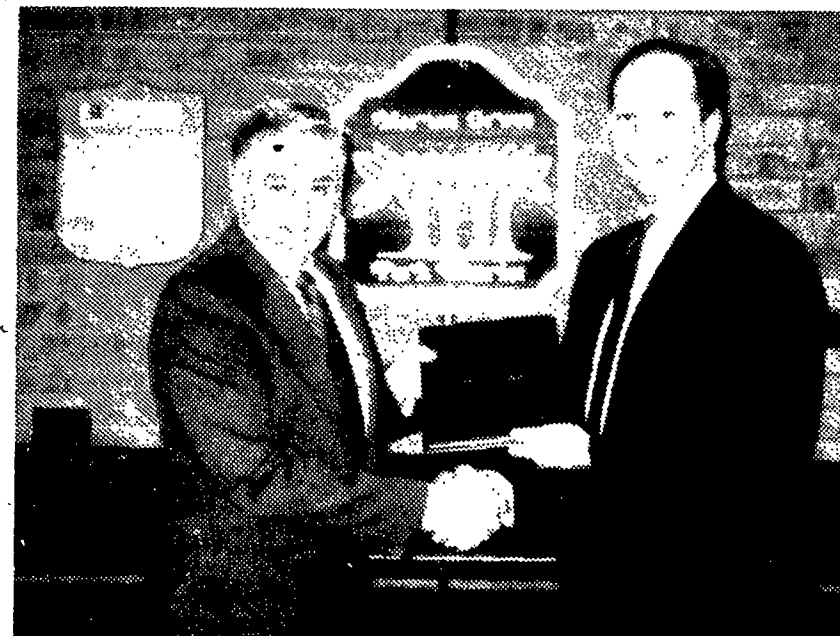
The Bugle

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THE BUGLE, THURSDAY, AUGUST 20, 1992

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Northern Illinois
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3Bob Besser - Publisher
David Besser - Founding Publisher
Diane Miller - Director of Advertising
Mark Kracke - Director of Production

Banks receive service awards



The Affiliated Bank of Morton Grove and the First National Bank of Morton Grove were recent recipients of Community Service Awards presented by the Morton Grove District. These awards are given to area businesses who are dedicated to the betterment of our community through the support of local parks and leisure services. Pictured receiving a Community Service Award is Bill McCarty, senior vice-president, First National Bank of Morton Grove, from Nick Boznos, of the park board.

Orr announces next-day vital records service

Cook County Clerk David Orr Tuesday announced a service that will allow all Cook County residents to get next-day delivery of vital records by ordering them over the phone.

"People who need these records but don't have time to wait in line or who can't or don't want to travel to one of our six Clerk's offices, can all our office and charge the document to their credit card," Orr said. "Documents can be sent via regular mail or by overnight mail depending on what the person requests. The system is simple, accurate and, best of all, it's convenient."

The service is available beginning July 1 to anyone throughout the county who needs to obtain his or her vital records from the Cook County Clerk's office.

With VitalCheck, a person may call the Cook County Clerk's office at (312) 443-7538 to order a

document and charge that request to his or her Visa or Mastercard credit card. The charge for this service will include the usual price of the document, plus \$4.50 for service fees, and the cost of postage by regular or overnight mail.

VitalCheck's service includes guaranteed transfer of information; guaranteed overnight delivery (when requested); and guaranteed payment to the Cook County Clerk's office for the document(s) requested.

"We are certain that people who use this service will do so because it's quick and easy," Orr said. "They'll save money they might have spent on parking fees, fuel costs, or mass transit fees and they'll also save time by not having to go to one of our offices. The convenience factor will outweigh the increased cost factor."

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Language school enlarges curriculum

The Adam Mickiewicz School of Language, which is sponsored by the Polish Roman Catholic Union of America as well as being funded by the Illinois Arts Council, has a dedicated attitude toward the study of foreign languages. Its most important function is the preservation of the language and culture of Poland, as well as an increased knowledge of all other foreign languages.

In recent years, educational authorities here and abroad have encouraged parents to stimulate an interest among children in a foreign language at as early an age as possible. "Kids College" at Oakton Community College has held classes in French and Japanese for very young children, who are not of French or Japanese origin, with a great deal of success.

In September, the Adam Mickiewicz School of Language will begin classes in the Polish language. This year, the school will also offer classes for children in French and in Chinese (Mandarin). Children from the age of three will be accepted for Polish pre-school classes. Children will be accepted for French or Chinese classes from the age of five.

In addition to classes in language instruction, children will have the opportunity to participate in cultural experiences such as singing, dancing, storytelling and crafts. One of the most important of these will be the children's choir "Echo z Polski" (Echo from Poland). In addition to the choir, the school is planning a series of theatrical presentations which will be made during foreign language classes. The school will also hold one or two

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Flooding problems may be on way out

State set to act on Prairie Creek flooding

by Sheilya Hackett

Disabled group to hold Bingo Party

Physically disabled adults and their friends and families are invited to Gala Bingo Party at 7:30 p.m. Thursday, Sept. 3, in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

The party will feature special bingo prizes and refreshments.

The bingo evening is one of a series of special events and informative programs co-sponsored monthly by A-SCIP, a support group for the disabled, and Special People, Inc., a service organization. Meetings are held on the first Thursday of every month at the Maine Township Town Hall, which is accessible to the handicapped. Guests and new members are always welcome.

For more information on this or other programs for the disabled, contact Maine Township Disabled Services Coordinator Donna Anderson at 297-2510, ext. 229, or Special People Chairman Ken Krause at 827-1893.

Elect PTA officials at Niles schools

With the start of a new school year (1992-1993), Niles Elementary South and Culver School have elected the following PTA executive committee members:

President, Kathy Toy; Vice-President, Linda Tomoloni; Secretary, Donna Zeman; and Treasurer, Barbara Drachenberg.

In addition, PTA will be holding a welcome back luncheon for teachers and PTA Board August 31 from 11 a.m. to 1 p.m. in Culver School Cafeteria.

Several Ways and Means fund

raffish will be scheduled in the near future.

Seniors to hear financial planner

Dino Capitani, Senior Financial Consultant with Merrill Lynch, will discuss "Financial Planning Alternatives" at the next regular meeting of the Skokie Chapter of the A.A.R.P. at 1 p.m. Tuesday, Sept. 1 at the Skokie Public Library, 5215 W. Oakton Street.

Socializing and refreshments will follow.

Niles Park District sets dance shoe exchange

The Niles Park District is sponsoring a dance shoe exchange at the Rec Center, 7877 Milwaukee Avenue, August 29 from 10 a.m. to noon. Nancy Kipnis will be there to answer any questions. Buyers and sellers welcome. For more information call 824-8860.

Long-time flooding along Prairie Creek may be abated if plans under review at a meeting between state and local officials today progress.

The shallow Prairie Creek, normally a benign wanderer of parts of Niles, unincorporated Maine Township, Park Ridge and Des Plaines, can turn into a rushing torrent after heavy rains. A residential area hit especially hard is Bobbie Lane, which intersects with Robin Drive, west of a detention pond in a Lutheran General Hospital (LGH) parking lot. A child nearly drowned in swollen creek waters there last year.

Today, Niles Public Services Director, Jun Noriega; Maine Township officials, Supervisor Joan Hall and Highway Commissioner Bill Fraser and other representatives of the Prairie Creek Steering Committee from Des Plaines and Park Ridge will meet with Arlen Juhl, chief of engineering for IDOT's Department of Water Resources to look at technical aspects of the state's flood control plans for the area.

Steering Committee members, and notably Hall and Fraser, have pushed for flood relief since an

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New Bill will test Simon's Student Loan program

The big new idea in the new five-year charter for all federal student aid programs that President Bush signed into law last Thursday is Sen. Paul Simon's new "direct loan" plan that means more college help for middle-income families, easier repayments for some students, and an end to some subsidies now paid to banks.

Beginning in 1994, several hundred schools — perhaps 15-20 in Illinois — will test direct loans in a pilot program in which all

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Day at races benefits Oakton



Members of the Oakton Community College Educational Foundation are shown sorting through items that will be featured in a Silent Auction as part of the foundation's Oakton at Arlington benefit. The benefit will be held at the Arlington International Racecourses' International Room at 11:30 a.m. Saturday, Aug. 29.

Tickets are \$50. Group seating is available. The proceeds from this event provide for scholarships, program enrichment, special purchases and other projects that augment the quality of education at Oakton Community College.

For more information for this event, call the Office of College Development at (708) 635-1893.

Pictured are (from left) Betty Rosenblum of Northbrook, Fran Mabley of Glenview, and Betty Korschak of Evanston.

One more meatball?



Commissioner Gloria Alitto Majewski of the Metropolitan Water Reclamation District helps dish up over 1,500 plates of spaghetti and meatballs at Villa Day in the Villa Scalabrini, the Italian Old Peoples' Home, in Northlake on July 26. Majewski is the first woman to serve on the Villa's Board of Directors.

The family festa included singers, bands, entertainment for the children, arts and crafts exhibits, and a feast fit for a king served in a circus tent. Rev. Lawrence Cozzi, the Executive Director of Scalabrini Village, opened the event with an outdoor mass.

Brunswick invites seniors to bowl

Brunswick Niles Bowl, 7333 N. Milwaukee Ave., invites seniors to join one of the many Senior Bowling Leagues this season. It doesn't matter whether the bowler is a beginner or a seasoned professional, there is a league for all levels.

There are openings for teams or individuals, for men or women. League openings are available Monday mornings 9:30 a.m. or Friday afternoon at 1 p.m.

For senior ladies, there are leagues open Tuesday at 9:30 a.m.; four ladies per team; Wednesday at 9 a.m., three ladies per team; or Thursday at 1 p.m., four ladies per team.

The senior men's league program has openings for Wednesday at 12:30 p.m. for senior men age 62 and older; five men to a team. On Tuesday at 1 p.m. men age 75 and older are invited, four to a team.

The newest senior men's league is the Senior Men's HDPC Classic held Thursday at 1 p.m., four men to a team. Younger seniors are welcome, competitive bowlers especially for this league, since it is a prize league.

To get more information or to sign-up for one of the senior leagues call (708) 647-9433 ask for Tim, Mary or Connie.

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Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to all Niles seniors, 62 and over and their younger spouses. The center is located at 8060 Oakton St., Niles, 967-6100, ext. 376.

LECTURES TO BE FEATURED AT HEALTH FAIR
The Niles Senior Center will feature two informative lectures at their upcoming Health Fair scheduled for Wednesday, Sept. 9. "Aging: Conditioning for the Older Individual" presented by Melanie Cole, M.S., a certified physical fitness trainer will feature new techniques and equipment in exercise for people with special needs. This lecture will be held at 10 a.m. L. Barry Mueller of the Niles Fire Department will present a lecture on "What To Do In An Emergency" at 11 a.m. Both lectures are available free for any Niles resident 62 and over and younger spouses and are free. Please register for these lectures as space is limited. Registration may be made by calling the center at 967-6100, ext. 376.

FALL PROGRAMS THROUGH THE SENIOR CENTER
The Niles Senior Center has assembled a variety of recreational and educational programs for the fall season. This year, seniors may register for Woodcarving, Oil Painting, Creative Writing, Men's Exercise, Square Dancing, Tai Chi, Chinese health methods. Other programs not requiring registration include Keep Fit, Healthettes, Walking Club (needs center Nurse approval), Line Dancing, Stamp Club, Bridge and Pinochle. For details on these programs, call the senior center at 967-6100, ext. 376.

AUGUST LITE LUNCH
Tickets are now on sale for the August Lite Lunch set for Friday, Aug. 28 at noon. The menu is Italian sub sandwich, chips and dessert. The movie is "Murder on the Orient Express." Call the center for reservations or additional information.

MEDICARE APPOINTMENTS AVAILABLE
The Niles Senior Center is taking appointments for Medicare and Supplemental Insurance information sessions. Ron Trojan of Bankers Life will answer questions concerning insurance. Appointments are available on an individual basis on Wednesday, Aug. 26. Call for an appointment.

WOMEN'S CLUB SEEKS NEW MEMBERS
The Niles Senior Center Women's Club currently is recruiting new members to join their club. The club offers monthly luncheons, programs, trips and various special events. To join, all you have to be is 62 years old and a Niles resident. For more information, contact Mary Olczyk at 967-6100, ext. 376.

SINGLES GROUP PLANS PICNIC
The Niles Senior Center invites all Niles single seniors to join in the fun at their Annual Picnic. The picnic is scheduled for Thursday, Aug. 27 from 1 p.m. to 3 p.m. at Oak School located on Main Street, 2 blocks east of Milwaukee. Anyone attending should pre-sign up at the senior center. A box chicken luncheon is available for an additional fee of \$3.75. For more information, call 967-6100, ext. 376.

WOODCARVING CLASS
The Niles Senior Center will offer Senior Woodcarving on Tuesday evenings, Sept. 22 to Nov. 17 from 7 - 9 p.m. at Ballard Leisure Center. The cost is \$15 for new members. This fee includes all supplies. New carvers may choose a bird carving for their first project. For more information, Contact Maureen Jekot at 967-6100, ext. 376. Both men and women are members of this class.

S.I.J. 55 PLUS CLUB
Now is the time for members to step forward and fill one of the offices. The election of officers for the club is important. Let us all think and suggest and most of all take part in the election of our officers. We have had fifteen good years together and we can have many more good times, trips and parties. But we need to get officers. Come out and give your name to the nominating committee, Marie Montalbano, Jeanette Pranske and Ann Catanzaro. With the officers that we have been blessed with, our club has grown and is alive, let us keep it that way.

This year again along with the Golden Age Club we helped tag for Little City. Mike Provenzano was very happy with all the volunteers. Hope you meet the quota Mike. Our picnic will be on Aug. 12, more about picnic later. We are having a bake sale in September and we will need many baked goodies. We will need the help of all our members to make the bake sale a success. Please help support this worthwhile event. On Sept. 16 we are going to see "Phantom of the Opera." Many more events are in the planning stage.

We offer our congratulations to those couples celebrating anniversaries and especially to Florence and Matt Araszewski, who celebrated 50 years of wedded bliss. Happy birthday to members with birthdays this month. In your daily prayers remember all our sick and deceased members. As I've said before prayers do help. I hear from the sick and hospitalized people we pray for and they say the prayers we say for them have really helped them. The club was saddened with the passing of Adeline Groszek, she was a dedicated and active member. On behalf of the officers and members of the 55 Plus Club our sympathy is extended to John and to her family.

Scott M. Schoen

Marine Lance Cpl. Scott M. Schoen, 1st Marine Expeditionary, son of Wayne M. and Mary Brigade, Marine Corps Air Dayana S. Schoen of Skokie, Skokie, Kaneohe Bay, HI. He was recently promoted to his 1990 graduate of Niles West present rank while serving with High School joined the Marine Marine Wing Support Squad. Corps in May 1991.

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Financial Seminar aimed at retirees

Jeffrey L. Cardella of the financial-services firm Edward D. Jones & Co. has announced plans for a satellite seminar for retirees Tuesday, Aug. 25, titled "Rising Income Strategies for Retirees." The program will feature two veterans of the investment industry, each with more than 30 years experience. They are Jack Phelan, retired national sales manager of Edward D. Jones & Co., and Graham Holloway, retired national sales manager of American Funds, one of the nation's oldest and largest families of mutual funds.

"With the recent collapse in interest rates, we believe offering programs like this to our retired customers and friends is crucial," Cardella said. "The greatest challenge many of these investors face today is trying to replace income by the five-year decline in short-term rates. For many investors who are retired or who are nearing retirement, this is more than just an academic issue. In some cases, it has significantly

reduced their standard of living and quality of life.

"For retirees who have the majority of their investments in money-market accounts or short-term certificates of deposit, the outlook isn't much better," Cardella added. "According to a recent Wall Street Journal article, someone who retires at age 65 can expect to live an average of 20 more years. Assuming a 5 percent inflation rate, the cost of living will nearly triple during that time. In other words, in the year 2012, it will take more than \$130,000 a year to buy the lifestyle that costs \$50,000 today."

This is the final seminar in a three-part series hosted by Edward D. Jones & Co. especially for retirees. Jones will continue the retiree series again next year, and the 1993 program line-up will be announced soon. The firm also offers live satellite programs and videotapes for small-business owners and tax professionals.

Although these programs are

Ming Zhen

Navy Fireman Ming Zhen, son of Xi-Zhu Zhang of Des Plaines recently returned aboard the guided missile destroyer USS

Scott, homeported in Norfolk, VA following a six-month deployment to the Mediterranean. He joined the Navy in July 1991.

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Eli Pick
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is a noted Psychiatrist and Medical Director of Ballard's Rehabilitation Service. Together with Ballard's team of rehabilitation professionals, Dr. Flanagan has helped Ballard achieve one of the

most enviable records in the profession.

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For more information on Ballard's rehabilitation program, call Susan Strauss at 708-294-2300 or write: Ballard 9300 Ballard Road Des Plaines, IL 60016

Morton Grove Senior Citizens 470-5223

SCAMS: THE ELDERLY
Oakton Arms, the senior rental retirement living complex at 1665 Oakton Place in Des Plaines will present a special program entitled, "Scams: The Elderly." Detective Schultz of the Des Plaines Police Department will be the guest speaker. The program begins at 1:30 p.m. on Monday, Aug. 24, and refreshments will follow the presentation. For reservations call 827-4200.

DIABETES SCREENING
Non-Insulin-dependent diabetes usually occurs in adults over 40 years of age. This is the most common form of diabetes and accounts for approximately 90 percent of the total diabetic population. It is usually gradual in onset. Some of the warning signs of diabetes are: blurred vision or any change in sight, tingling or numbness in legs, feet or fingers; frequent skin infections or itchy skin; slow healing of cuts and bruises; and drowsiness. Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, August 25, in the Flickinger Senior Center. People coming in for the screening should not be known diabetics and should fast from the evening meal of the night before.

SHOPPING TRIP TO GOLF MILL
The Morton Grove Senior Center will make a special shopping trip to Golf Mill on Wednesday, Aug. 26. Wednesdays are special senior discount days for many retailers. The trips are free for all Morton Grove residents over age 55. For more information about the Senior Center or to make a reservation today, call the Morton Grove Senior Hot Line at 470-5223.

PRESCRIPTION MEDICATIONS
Morton Grove's geriatric nurse, Laurel Letwat will discuss personalized prescription medication treatment during individualized counseling sessions. Seniors are urged to pack all of their prescription and over-the-counter medications in a bag and bring them to the Flickinger Senior Center from 1:30 - 4 p.m. on Tuesday, Sept. 1. Appointments are now being taken for a one to one consultation with the nurse by calling the Senior Hot Line at 470-5223.

WOOD SCULPTURE-BEGINNING & INTERMEDIATE
Learn the art of wood sculpture, using a knife and other hand tools. Create fine sculptures of animals, birds, fish, human forms and other items, realistic and abstract. Tool sharpening, wood selection and wood finishing included. Tools for in-class use provided. Materials may be purchased in class. We are privileged to have an instructor, Mr. Irv Marion, with extensive background in other park districts, senior centers and school districts. So, we invite the beginner or even the hobbyist to join his or her peers in this activity.

This 7-week course will be offered on Wednesdays beginning Sept. 9 to seniors from 9 to 11 a.m. at the Flickinger Senior Center. There is a cost of \$22 for residents and \$26 for non-residents. For more information call the Prairie View Community Center at 965-7447.

MORTON GROVE SENIOR OLYMPICS
The second Morton Grove Senior Adult Olympics competition will be held Saturday, Sept. 19 starting at 9:30 a.m. at the Prairie View Community Center. Events will include basketball free throw, baseball long throw, one mile walk, pinocle, pool, "Brenner's buckets," bicycling and other related activities. An awards ceremony will follow the competition at 12:30 p.m. Bring your own sack lunch. We will provide the beverages and deserts. The entry fee for participation in one or more events will be \$4 for residents and \$5.50 for non-residents. All entrants will receive t-shirts and all winners will be awarded trophies and prizes. For more information call Ronce Brenner at 965-7447. To register come to the Prairie View Community Center, 6834 Dempster Street.

FAMILY COUNSELING SERVICE
The Family Counseling Service of Evanston and Skokie Valley, has an ultimate goal to promote stability and facilitate independent functioning for seniors and their families. They offer specific services to meet this goal, which include:

- Information and Referral: Information is made available regarding resources and benefits to meet individual and family needs. An up-to-date resource file is maintained.
- In-Home Service: Assessments are provided to determine eligibility for Adult Day Care, Respite Care, Home Delivered Meals, Chore, or Homemaking.
- Counseling: Offered by professional therapists for seniors experiencing loneliness, ill health, financial problems, alcoholism, depression, role changes, retirement or crisis situations. Also provided to family members around issues concerning their elderly relatives.
- Nursing Home Assistance: Nursing Home planning and placement assistance is available.
- Elder Abuse: Investigations of reports of abuse, neglect and exploitation. Social Worker meets with and develops care plan for older persons and family members in order to insure safety and security.
- Financial Counseling: Assistance is provided around retirement planning or outstanding debts.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-7447. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster St., Morton Grove, IL 60053.

AAA-CMC offers counter-measures for motorists

School time is near and with it come risks involving children walking to and from school and bus stops. Although they make up only about 15 percent of the population, children 5-14 years old are involved in nearly 30 percent of pedestrian accidents.

As part of its 45th annual "Schools Open" safety campaign, AAA-Chicago Motor Club offers some countermeasures for drivers to help reduce these risks for children:

- Slow down around schools and residential areas.
- Watch for children at all times, especially around school sites and anywhere else children might be.
- Obey school bus stop laws.
- Follow all rules of the road and obey all traffic signs and symbols.

Practice extra caution in bad weather or when sun obscures vision.

Clear fogged windows before driving in the morning.

Be alert for late students running to catch the bus.

Younger children may be expanding their pedestrian boundaries for the first time. Since they don't have a fully developed sense of judgement, they often are not able to make the split-second decision that is needed in traffic situations. They may have a difficulty assessing gaps in traffic and they don't have a defined sense of danger. Drivers should realize this and drive with these suggested countermeasures in mind.

Power interruptions restored automatically

Before leaving home for an evening out, you set the VCR to record the "Movie of the Week." When you return, the digital clock on the VCR is blinking away. Your favorite movie, sadly, is gone with the wind.

Increasingly, Commonweath Edison hears customer complaints about momentary power interruptions, which would have gone unnoticed in years past-or at worst have caused flickering lights. Now, such disturbances commonly affect sensitive electronic equipment, such as home computers, VCRs and microwave ovens.

They result from temporary faults in the electrical distribution system serving your neighborhood -- a short circuit, basically. They can be caused by such factors as a lightning strike or a free branch brushing against an overhead power line and usually last less than a second or two.

While that brief interruption is enough to cause unrecorded digital appliances in our homes to go haywire, it shows also that the electrical distribution system is working just as it was designed to. How's that, you ask? When detecting a disturbance, the Edison system "cuts out" the affected line momentarily to prevent damage to the utility's equipment and perhaps an extended power outage to the surrounding area. Then, in the blink of an eye, the system automatically restores normal power, so quickly that most customers are never aware of the interruption!

Admittedly, it's a headache to have to reset blinking clocks and timers. However, Edison customers can take steps to make such inconveniences a thing of the past. When purchasing any solid-state digital electronic equipment, always check to ensure it has the capability to temporarily "store" memory in the event of a momentary power interruption or provide automatic resets once power is restored. In addition, personal computer users should practice good back-up procedures to prevent data loss should a momentary interruption occur.

Eric B. Campbell

Navy Seaman Recruit Eric B. Campbell, a 1990 graduate of Notre Dame High School, recently completed basic training at Recruit Training Command, Orlando, FL.

He joined the Navy in May 1992.

United Way board member

Richard L. Juntunen, of Niles, was recently re-elected to the Board of Directors of the United Way of Suburban Chicago (UWSC) at the Annual Meeting held at the Drury Lane Oakbrook Terrace.

Juntunen is group compensation manager, Motorola, Inc. He is a member of the American Compensation Association. Juntunen is chair of the UWSC Human Resources Committee.

Juntunen has served on the UWSC Board since 1989. He was re-elected to a three-year term.

The United Way of Suburban Chicago (UWSC) is a federation of 81-member United Ways and Fort Sheridan, covering more than 160 communities in suburban Cook, DuPage, southeast Lake, and parts of Kane and Will Counties. UWSC is an allocating member of the United Way/Crusade of Mercy. A primary function of UWSC is to allocate funds to its members to help sup-

Township offers access guide for disabled

Disabled residents and other interested persons can obtain copies of an access guide for the disabled at the Main Township Town Hall, 1700 Ballard Rd. Park Ridge.

The guide lists the accessibility of public facilities in Main Township and the surrounding area including banks, theaters, stores, government offices, hospitals, hotels and motels, professional buildings, places of worship, and shopping centers. It includes information on parking, stairs, ramps, lavatories, and TDD (telecommunications devices for the deaf) numbers.

It also lists phone numbers for a variety of resources for disabled individuals including social service providers, transportation, schools, and public offices.

Cost of the guide, a 115-page spiral-bound booklet, is \$2 to cover part of the cost of printing. Persons who are unable to obtain a copy in person, may request the guide by mail for \$3.75, including \$1.75 for postage. For information call Donna Anderson or Barb Wienecki, at Main Township, 297-2510, ext. 229.

Main Township Supervisor Joan B. Hall said, "Main Township has had a long-standing commitment to its disabled residents, and we are confident that this will provide information that

READ THE BUGLE ADS FOR YOUR SHOPPING NEEDS

Fuller holds down costs for employee benefits



Thomas S. Fuller

Commissioner Thomas S. Fuller, of the Metropolitan Water Reclamation District of Greater Chicago, has championed the cause for 2,300 employees.

Commissioner Fuller, by taking a sharp look at medical benefits contracts, and with the help of his colleagues on the Board of Commissioners, he has been able to whittle down the expenditures, which in reality has been a direct savings for Cook County taxpayers.

The commissioner and his fellow commissioner have approved an employee medical benefit plan, which will reduce the District's cost by more than 1.5 million during the contract year.

At the direction of the Districts Board of Commissioners, contract proposals were sought from all Chicago area Health Maintenance Organizations. With the recommendation of a benefits consultant, it was decided to retain its current HMO's and renegotiate rates. This resulted in an anticipated savings of more than

\$500,000.

In addition to the HMO's, as of July 1, 1992, District employees will be offered membership in a Participating Provider Option for medical benefits, administered by Blue Cross and Blue Shield of Illinois. This option will save the District about \$1,000,000 in the first year.

Speakers available through foundation

The Special Leisure Services Foundation (SLSF), will supply speakers upon request to area community groups.

SLSF funds the following programs in 16 northwest suburbs benefiting all people with disabilities: special olympics, integrat-

ed play areas, accessible transportation, scholarships, and adaptive equipment.

A speaker and a 35 minute slide show are available by calling Judy Ruemmele at (708) 382-2848.

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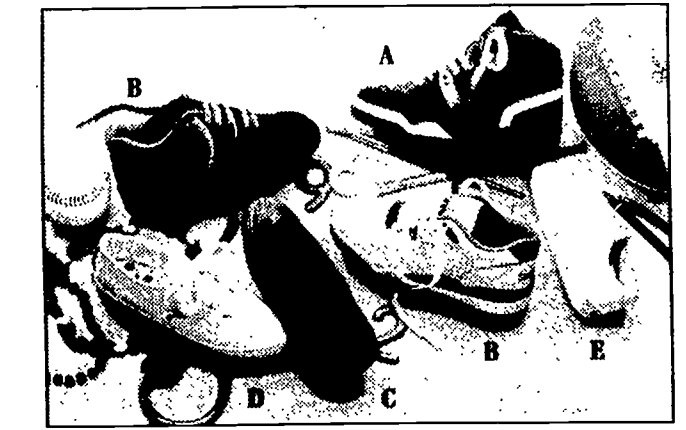
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Oakton sponsors Day at the Track

The Oakton Educational Foundation of Oakton Community College will sponsor a benefit at Arlington International Racecourses on Saturday, Aug. 29.

Some of the afternoon's highlights include a gourmet luncheon buffet in the International Room, a garden setting with a beautiful view of the home stretch and the paddock, and a silent auction with over 100 items on which to bid. Auction items include: airfare to Paris and California, a cruise to Alaska, an Okidata laser printer, Chicago Bulls basketball tickets, Chicago Cubs sky box tickets, theater tickets, and restaurant certificates.

Tickets are \$50. Group seat-

ing is available. The proceeds from this event provide for scholarships, program enrichment, special purchases and other projects that augment the high quality of education at Oakton Community College.

If you would like an invitation or more information for this event, please call the Office of College Development at (703) 635-1893.

Park Ridge graduates

Timothy M. Musa of Park Ridge was awarded a bachelor degree from North Central College in Naperville June 13, as the independent comprehensive college of the liberal arts and sciences celebrated its 127th commencement.

Winners of anti-drug poster contest

Cook County State's Attorney Jack O'Malley on Thursday announced the winners of the 10th annual Anti-Drug Poster Contest, sponsored by the State's Attorney's Office.

"This contest is very important in the education process of the youth of Cook County," said O'Malley. "I am hopeful that the next generation of young adults will heed the warnings of the dangers of drug abuse, and we will begin to see a drug-free society."

The winners of the sixth grade category included Aaron Chan, second place, of the Nelson Elementary School in Niles.

Governor Proclaims School's Open Safety Week

Governor Jim Edgar has proclaimed Aug. 24-28 as "School's Open Safety Week" in Illinois. In his proclamation, Edgar reminds drivers that as the new school year begins, there will again be countless children walking to and from schools and bus stops each day. He urges drivers to be alert as they move through these areas, and to obey School Safety Patrols.

Seventy-two years ago, AAA-Chicago Motor Club established the first School Safety Patrol. Now patrols are located throughout the U.S. and internationally. Their members have an outstanding record of preventing accidents and saving lives.

"Because young children per-

ceive the world differently from grown-ups, and haven't fully developed in many ways, they often are careless in traffic situations," said Nels L. Pierson, AAA-CMC president and board chairman. "The motorist must be watchful for these children especially around schools and school bus stops."

For the 45th year, as part of the annual "School's Open" campaign, AAA-CMC will distribute its traditional posters to hundreds of Illinois communities.

Elmhurst College Dean's list included local students

Elmhurst College Dean's List for the second semester of the 1991-92 academic year is comprised of students, who during the term concerned, attained a grade point average of 3.75 or better or who, at the end of the term, have attained a cumulative grade-point average of 3.5 or better (of a possible 4.0).

Students named to the Dean's List included: Nancy Anne Borst and Helen Roman, Morton Grove; and Mark Dessimoz and Peter Grant Schmidt, Niles.

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Loyola Academy and Marillac High School form transition committees

Following their agreement to affiliate, Loyola Academy and Marillac High School are forming transition committees to plan for the beginning of coeducation in September 1994.

The transition committees will include representatives from faculty, staff, trustees, parents, alumni/ae, and the student populations from both schools.

"The transition committees will play a central role in creating a distinctive and innovative model of Catholic education," said Father Raymond J. Callahan, president of Loyola Academy. "The support and participation of Marillac and Loyola parents, alumni/ae and friends will help ensure its success."

The committees will be directed by a steering committee co-chaired by Father Raymond Callahan and Sister Marcella Ewers, president of Marillac High School. The members of the steering committee will include administrators, transition committee chairs, student leaders, parents, alumni/ae, and trustees.

The purpose of the transition committees is to facilitate the affiliation of the two schools and the beginning of coeducation in September 1994. Plans call for the following 12 transition committees:

- Admissions, which will develop an enrollment plan addressing admissions criteria and marketing strategies.
- Public Relations, which will implement an admissions marketing plan with adjustment to practical concerns.
- Academics, which will review current programs and develop a plan for a curriculum and pedagogy addressing single gender and coeducational learning.
- Student Life, which will develop a plan for co-curricular and extracurricular programs addressing changes required for coeducation.
- Athletics, which will develop a plan for the athletic program that provides equally for the men and women.
- School atmosphere, which will review current school climates and recommend changes in

the code of conduct, handbook rules, and dress code.

• Student services, which will review all counseling and guidance programs to meet the specific needs of all students.

• Christian Life, which will review current programs in campus ministry and community service.

• Policy and Language, which will review all current statements of policy and all publications with an eye to policy and consistency in the use of inclusive language.

• Space and Facilities, which will review present and future space allocation needs.

• Budget, which will review the financial implications with recommendations to the oversight committee for fiscal planning.

• Development, which will plan and implement annual and campaign fund programs.

The transition committees are currently being formed. Parents and alumni/ae already have offered to be on various committees, and it is expected that more will be required. Parents and other interested parties may get more information on the committees from Loyola Academy and Marillac High School.

Niles resident studies abroad

Karl Lorenz of Niles will be spending the 1992-93 academic school year studying at the Sorbonne in Paris under the International Studies Program administered there by Central College.

The program in Paris combines practical language studies and courses in French civilization. All instruction is in French. A number of excursions into the countryside give students a broader view of French culture. Lorenz is a student at Bradley University in Peoria.

New council to plan for gifted children

A new gifted advisory council will set in motion a five-year plan that will help teachers to better meet the needs of gifted and talented students who take accelerated and advanced placement courses. According to the State of Illinois, the top five percent of the students in any given student population is identified as gifted.

Members of the gifted advisory council are Michael Andrews, Maine South math teacher; Lynn Dieter, Maine East English teacher; Dennis Dresen, District 207 coordinator of planning and special projects; Patton Feichter, Maine South social science teacher; David Jeffers, Maine East fine arts chair; Margot Liftton, Maine East science teacher; Suzanne Millies, District 207 assistant superintendent for instruction; Harriet Naden, Maine West English teacher; David Renz, Maine East social science chair; Royleen Tipton, Maine West physical education chair; Joel Tanski, Maine West math teacher; Paula Williams, Maine West English teacher; and Jerrol Windbigler, Maine South science chair.

Oakton offers engineering courses

Are you interested in the field of automated manufacturing or mechanical and structural systems? If so, the courses listed below can help prepare you for a variety of career opportunities in mechanical design technology.

The following courses are offered during the fall term at Oakton Community College, 1600 E. Golf Road, Des Plaines.

"Introduction to Robotics" (MEC 140-OWI) provides an overview of the operating characteristics and usage of industrial robots. Topics will include historical development of production methods and components of industrial robots such as manipulators, and drive systems. The class meets from 9 a.m. - 1:10 p.m. on Saturdays.

Individuals interested in learning basic background and knowledge of engineering technology programs may want to take "Statistics and Strength of Materials" (MEC 230-OWI). This course will also serve as a refresher for practicing mechanical engineers, structural engineers and architectural technologists. The class meets from 6 - 8:30 p.m. on Fridays. Knowledge of intermediate algebra is required to take this course.

Registration is now in progress, and classes begin Aug. 24. For more information about the program, contact Fred Salzberg, chairperson, (708) 635-1861.

Des Plaines student in research project

Leena Samuel of Des Plaines, a senior at Knox College, is currently participating in a summer biology research project on the Knox campus in Galesburg, IL. A graduate of Maine Township High School East in Park Ridge, IL, Samuel is the daughter of Mr. and Mrs. Kuttily Samuel, of Des Plaines.

School News

Nurse assistant program offered at Montay

A new Basic Nurse Assistant Training Program will be offered by the Gerontology Department of Montay College, 3750 W. Peterson Ave. on Chicago's northwest side, beginning Sept. 30. The program will enable students desiring an entry-level position in long term care or home health care to gain the tools necessary to become primary bedside caregivers in either setting. It will provide students with the opportunity to become certified by the Illinois Department of Public Health as Nursing Assistants.

The 92-clock hour theory portion, providing methodologies and sensitivity training compatible with the needs of elderly clients, will meet Wednesdays from 6 to 9 p.m. and Saturdays from 8 a.m. to 4:30 p.m., from Sept. 30 through Dec. 2.

A 40-clock hour supervised clinical practicum at the St. Benedict Home, a skilled nursing facility, will begin Nov. 3, meeting Tuesdays and Thursdays from 7:30 a.m. to 1 p.m. (except for Thanksgiving week), ending Dec. 1. The emphasis of the practicum will be on rehabilitation potential and restorative functioning and includes a 12-

clock hour Alzheimer's component.

Approval of the program by Illinois Department of Public Health is pending, and it will be taught by a certified vocational trainer with many years of experience in geriatric nursing.

For more information, call Linda Gaibel, Gerontology Chairperson, at (312) 539-1919.

Nazareth Academy alums plan 25th reunion

The Class of 1967 graduates of Nazareth Academy in LaGrange Park is proud to announce its 25th Anniversary Reunion will be held on Saturday, Oct. 17, 1992. A special mass will be celebrated at the Chapel of Our Lady of Bethlehem, 1515 West Ogden Ave., LaGrange Park, at 10 a.m.; with lunch to follow at 11:30 a.m. at The William Tell/Holiday Inn, 6201 Joliet Road, Countryside, IL.

There are many "lost" classmates we would like to locate. Anyone interested in attending the reunion should contact Sherry Moore at (708) 351-6597.

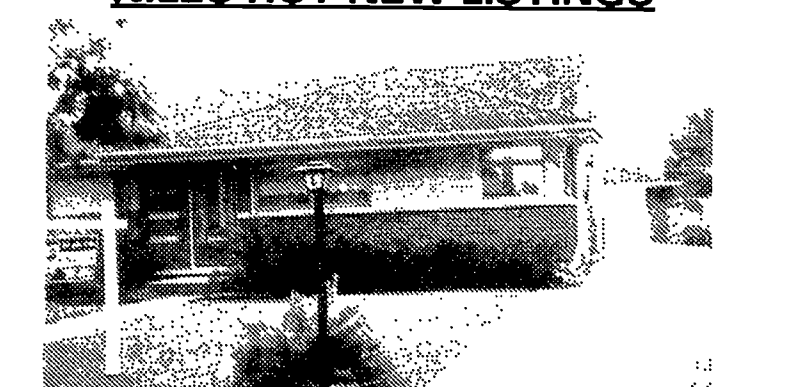
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Church & Temple News

Council of Jewish Women hold meeting

On Monday, Sept. 14, the National Council of Jewish Women, Chicago Section, will hold its opening meeting. With the November presidential election fast approaching, our panel will discuss the issues as they affect us directly - abortion, health care, education, jobs, the economy - "Games or Gains, Dealing with the Issues."

This panel discussion will be moderated by political consultant Grace Kaminkowitz. As listeners of Bruce DuMont's weekly radio program on WBEZ have heard, Ms. Kaminkowitz has definite opinions and is not afraid to speak up for what she believes. She is also a strong advocate of women becoming more involved in the political system. Other members of the panel will include Julie E. Hannos, public policy consultant and Mary Morton, Interim Director of the Midwest Women's Center.

The meeting will take place at Helen's Harborview Cafe, 3200 N. Lake Shore Dr. Dinner will begin at 6:30; the program is scheduled to begin at 7:30. Reservations are \$18 and discount valet parking is available. Join us early (at 6 p.m. for cash bar) and avoid

the Cub's traffic.

For reservations and additional information about the September 14 meeting and/or the National Council of Jewish Women, please contact Irene Bennett at (708) 470-7882 or Cynthia Lerner at (312) 987-1927.

The National Council of Jewish Women was founded in Chicago in 1893 by Hannah G. Solomon and is the oldest Jewish Women's organization in America. Currently more than 100,000 members nationwide are actively involved in advocacy and community services in over 200 sections throughout the country.

Congregation sets services

Congregation B'Nai Zion, Jewish Conservative, 1447 W. Pratt Blvd., announces Minyan services at 7 a.m. Monday and Thursday. Weekly Saturday morning services at 9:30 and Sunday morning services at 8:45. Late Friday evening services at 8:15 are held the first Friday of each month preceded by a kosher dinner served at 6:30 p.m. For more information call (312) 465-2161.

NTJC

Mitchell Pawlan has recently been called to the Torah as an adult Bar Mitzvah at Niles Township Jewish Congregation. Rabbi Neil Brief delivered the Charge and Hazzan Shlomo Shuster chanted the Liturgy. Following services Mitchell Pawlan hosted a Kiddush.

Niles couple are grandparents

John and Gilda Bonini of Niles are the proud grandparents of Rachel Elizabeth born July 30 to their son and daughter-in-law, Allen and Deborah Bonini.

Obituary

Rosemary Podsiadlik

Rosemary Podsiadlik of Northfield, 53, died July 31, at Lutheran General Hospital in Park Ridge. Formerly of Niles, Mrs. Podsiadlik worked at Marshall Fields as an executive secretary for many years. She is survived by her sons Rick, Danile Sr. (Sandra), Kevin (Amy) and daughter Margaret (Paul Kratz), 7 grandchildren and two brothers. Funeral services were held at St. Isaac Jogues Church in Niles, Pastor John Hennessey officiating. Visitation was held at Colonial-Wojciechowski Funeral Home, Niles. Interment was at St. Adalbert Cemetery in Niles.

St. Scholastica senior is Young Scholar

Rita Heyd (60631), a senior at St. Scholastica High School, has been accepted into the Young Scholars Program at Loyola University. Heyd was one of 20 students selected from 120 applicants. This program, founded by the National Science Foundation, provides high school students with six intensive weeks of computer training including hardware and digital electronics and learning the computer language Pascal. The students also receive a \$275 stipend for their participation in the program.

Marillac graduates

Marillac High School held their 22nd annual Commencement Exercises on Friday evening, May 29 in the school theatre. Eighty-two young women received their diplomas. Local students include (by suburb): Park Ridge: Jonelle Andre, Loreny De La Vega, Nicole Carie Lenard, Jaymi Noelle Malarsik and Leslie Allison Ziemann.

Morton Grove: Anna Maria Arciniegas, Marie Evelyn Lim and Mary Grace Palacio.

Glenview: Kimberly Ann Lodarek, Colleen M. O'Dowd and Melinda Sue Schaul.

Skokie: Myra Arrogante, Bridgette Christine Mehlman, Kathleen Jean O'Brill, Tracy Danielle Reese and Marie Charleen Villacorta.

Niles: Julie Elizabeth DeLo-

renzo, Kelly Gorman, Bridget J. Gresik, Maureen Frances Maher, Maureen Elizabeth O'Grady, Cathleen Eleanor Tancrodi and Jennifer A. Trenn.

Des Plaines: Mary Ellen San-

ford.

Loyola honor recipients

Loyola students who have earned academic class honors or the number one rank in their respective classes for second semester are: senior Rakesh Latchansetty of Northbrook, junior Brian Gibbons of Chicago, sophomore Daniel Moll of Chicago and freshman Nathan Kontny of Chicago.

Approximately 60 percent of Loyola students earn academic honors each quarter. Loyola Scholar - unweighted average of 93 percent or better; First Honors - 89.5 percent or above; Second Honors - 84.5 percent or above.

The honor students are:

Freshman First Honors - Alfred L. DeLeon, Louis Fildis, Daniel I. Hwang, Jonathan E. Mendoza, Freshman Second Honors - Michael H. Castillo, George P. Gianaris, Jerry B. Kim, John H. Moon, John A. Stathopoulos; Sophomore First Honors - Patrick J. Calihan, Jr., Andrew G. Drott, Joe M. Mannanheril,

Charles M. Martell, Vasilios T. Toliopoulos; Sophomore Second Honors - Robert M. Messner, Michael A. Misetic, Ruben M. Soboron; Junior First Honors - Vincent R. Llanes, Walter Punsap; Junior Second Honors - Foti D. Dorizas, Dean J. Martinez; Junior Loyola Scholar - Kevin M. Meehan; Senior First Honors - Chris S. Dorgan, Phillip N. Kohler; and Senior Loyola Scholar - Peter J. Osborne, all of Morton Grove.

Freshman First Honors - Martin J. Palicki; Freshman Second Honors - Carlos J. Hernandez; Freshman Loyola Scholars - Michael J. Poland, Brian F. Rademacher, Tom G. Shahwan; Sophomore First Honors - Michael P. Brown, David E. Delfesen, William A. Hansson; Junior First Honors - Tom Delis, Bill R. Olbrisch, Thomas S. Woods; and Senior First Honors - Joseph D. Rockelmann, all of Niles.

Local senior awarded Cornell honors

Yeonshin Regina Chu of Niles was awarded a Bachelor of Arts degree with a major(s) in economics and business during Cornell College's 134th commencement ceremony held in The Richard and Norma Small Life Sports Center, Cornell College President David Marker conferred degrees on two hundred and sixty-four (264) seniors.

Regina is the daughter of Mr. and Mrs. Sangrok Chu, Niles. She was also recently chosen to be a member of Mortar Board, a national senior honor society which was founded in 1918. Membership in the Torch Chapter, established in 1943, is based on service, scholarship, and leadership.

Family picnic to benefit Ray Rzany

The friends of Ray Rzany are holding a Family Picnic to benefit Ray Rzany on Sunday, Sept. 13, from 11 a.m. to 7 p.m. on the Resurrection High School Campus at 7500 W. Talcott in Chicago. Food, music, entertainment, dancing, games, 4 split-the-pot raffles, and facepainting will be available. We recommend that you bring your favorite lawn chair. Admission is \$5 for friends, 18 years and over and \$3 for friends, 5 years and over. Bring your friends and family.

Ray is the father of Chris (Archbishop Quigley), Mary and David (St. Monica), and husband of Kathy (Resurrection High School). Medical expenses continue to climb beyond covered insurance benefits. While appearing in opening night performance of Club Monique at St. Monica Parish, Ray suffered two damaging heart attacks requiring quadruple by-pass surgery and additional surgery a week later for complications. He has served his community well as a pre-school CCD teacher, Boy Scout leader, choir member, Eucharistic minister, and Baptismal prep team member. Contributions can be made at Columbia National Bank, 5250 N. Harlem, Chicago, IL 60656, Friends of Ray Rzany Fund. For information call (312) 631-9216.

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PLEASE CALL IF YOU WOULD LIKE:

- more information
- help in any way
- prayer

Church phone (312) 582-2933
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Police News

Disgruntled employee charged with battery

An employee of a fast food restaurant in the 7000 block of Dempster St., Niles, screamed at the store manager and pushed her in the chest when his paycheck was withheld for that week because he had borrowed money from the store owner. The man continued to scream and punched a hole in the owner's office door, then fled, driving east on Dempster Street until he was stopped by Morton Grove police at Menard Avenue.

The man, 25, of Chicago, was charged with battery and criminal damage to property, placed on a \$1,000 recognizance bond and given a Sept. 11 court date. Damage to the door was estimated at \$100.

Criminal damage to property

Unknown offenders smashed a storm door and interior door window in a house in the 7700 block of Oakton Street, Niles, between August 1 - 8. August 11, unknown offenders broke rear windows in the same house.

Garage and yard theft

The night of August 8, unknown offenders forced entry into a garage in the 8600 block of Ozanam Avenue, Niles and took a 26 inch racing bike valued at \$350, then took a patio umbrella valued at \$140 from the back yard.

Criminal damage to property/theft

August 6, representatives of an Iron Mountain, Michigan electrical firm reported unknown offenders cut the lock on a 40 ft. trailer parked in the 8100 block of Golf Road, Niles and took copper and aluminum wire, street light arms, and scrap metal stored inside. They estimated the loss at \$150.

Four days later, the night of August 10, unknown offenders spread fecal matter on the door handles and locks of four of the company's vehicles parked in the same location, next to an electrical sub-station. A company spokesman estimated it would cost \$50 to wash the vehicles.

Indecent exposure by driver

The morning of August 14 when a Niles woman, 24, driving south on Harlem Avenue stopped at the Milwaukee Avenue, Niles intersection, she noticed the male driver in the red car with a Wisconsin license to her right was watching her. He followed as she continued southeast on Milwaukee. When traffic slowed in the 6900 block, she saw the same driver next to her, but he was exposed and performing indecent actions. She turned into a parking lot and he followed, but stayed behind when she fled to the north.

Flower pots stolen

A resident of the 8000 block of Wisner Street, Niles reported persons unknown took three orange ceramic flower pots worth \$60 from her front steps on August 11.

Stolen check

The co-owner of a distributing company in the 7100 block of Austin Avenue, Niles complained a former employee, a Chicago woman, 21, took a company check without permission, made it payable to herself for \$620, cashed it, then quit her job.

Warehouse theft foiled

After a telephoned order to an industrial products distributor in the 7700 block of Merrimac Avenue, Niles, was upgraded and the caller seemed uninformed about his company, a warehouse employee tried to confirm the order, but could not.

When the caller came to pick up the order and put it in his truck, police arrested him. Investigation revealed the man who ordered, a Cicero resident, 41, was a terminated employee of the company that supposedly placed the order. He was charged with theft, given an August 27 court date and released on a \$20,000 recognizance bond.

Residents report damage to property

A resident of the 8100 block of Osceola Ave., Niles, said the night of August 14, unknown offenders shot the rear window of his '72 Chevrolet Blazer with a pellet type gun. He estimated damage at \$150.

A resident of the 8400 block of Oak St., Niles, on August 13 complained a group playing baseball on school property behind her garage hit a league ball through their open garage door and scratched the hood of her Cadillac. She gave no damage estimate.

Retail thefts

Two Evanston women in their early twenties were stopped by a Montgomery Ward, Village Crossing security agent August 16 after they concealed children's merchandise under their own clothes and attempted to leave without paying. One woman, 21, hid clothes valued at \$234, the other, 24, hid a \$20 dress. They were charged with retail theft, placed on \$1,000 recognizance bonds and given Sept. 9 court dates.

August 10, agents for Kohl's, Golf Mill stopped two Chicago men for stealing one gym shoe. One of the men, 20, tried on the shoe, then gave it to the other, 18, who secreted the shoe in his trousers and tried to leave without paying. Both were charged with retail theft and given Sept. 9 court dates. While both men were placed on \$1,000 bonds, the younger was released on his own recognizance.

When a 31-year-old Niles man left the Jewel store in the 8200 block of Golf Road, Niles August 13 without paying for two bottles of scotch and two bottles of vodka, he had put in his cart, an observant store agent stopped him. For the \$106 theft, police charged the man with retail theft, placed him on a \$1,000 recognizance bond and gave him a Sept. 9 court date.

Guard against driver fatigue

This summer, Americans will pack their vehicles and take approximately 250 million vacation trips. If you are planning a driving vacation, whether the trip is 100 or 1,000 miles, take proper precautions against fatigue.

Fatigue, otherwise known as "highway hypnosis," is a trance-like state caused by the monotonous sounds of the wind, tires on the pavement, and steady hum of the engine. This drowsiness usually occurs after driving for two to four hours.

You can fight the fatigue in a number of ways. For example, change radio stations, turn up the volume, or listen to music you dislike. Exercise your eyes by looking at different objects along the road. Keep your car's temperature cool by adjusting the air conditioner or opening a window. You also can stay more alert by not using the cruise control.

If fighting fatigue becomes difficult and you start to feel really drowsy, stop at a rest area to get a cup of coffee, exercise or change drivers. You may even want to take a nap; 20 minutes of sleep may refresh you enough to keep going safely.

Do not drive more than 10 hours straight on your trip. The Federal Highway Administration believes that individuals are three to four times more likely to fall asleep after 14 hours of driving than after 10 hours.

Michael C. Pabisinski

Michael C. Pabisinski has been promoted in the U.S. Air Force to the rank of captain.

Pabisinski, a missile launch officer, is the son of Marion C. and Dorothy Pabisinski of Chicago.

The captain is a 1983 graduate of Lane Technical High School and a 1988 graduate of Embury-Riddle Aeronautical University, Prescott, AZ.

LETTERS TO THE EDITOR

Skaja asks Nilesites to reconsider referendum

Letter to the Editor and the People of Niles:

In the past few months, it has come to my attention that this Dissolution Petition drive appears to be nothing more than a protest vote against certain Commissioners for what has happened in the past. I would hate to see this Park District dissolved under those circumstances.

I consider myself an educated citizen with a thorough knowledge of the business and workings of the Niles Park District. If this Petition drive was initiated due to perceived gross mismanagement of public funds, I could understand it. Instead of throwing out the bathwater before the baby is washed in November, let's wash the baby and then throw out the bathwater in April. It is my hope that in the next few months everyone takes a step back, realizes the implications and finality of this action and thinks about what is best for the taxpayers of Niles on this matter.

Thank you.

Bernard S. Skaja III
Citizen & Park Commissioner

SUBURBAN HOMES

A GUIDE TO HOME FURNISHINGS AND MAINTENANCE

A Bugle Newspapers Publication

August 20, 1992



For The Condominium . . .
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Good only at above location through 8-31-92
Not good with any other offer.
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Please present coupon to waitress before ordering.

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Good only at above location through 8-31-92
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Please present coupon to waitress before ordering.

BONUS COUPON OFFER
16 oz. T-Bone
One pound T-Bone, 3 eggs, hash-browns, and 3 old-fashioned butter-milk pancakes \$7.99

Only at IHOP 9206 N. Milwaukee Ave., Niles
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Not good with any other offer.
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If you have never been to a Flea Market, stop by and see what terrific bargains you can find. 100's of vendors - New items at less than outlet prices, Antiques & Collectibles, Garage Sale Items, Crafts, etc.

For information (708) 529-9590

SUBURBAN HOMES

Page 16 Thursday, August 20, 1992

The Bungle

How To Buy A Faucet That's Right For You

Buying a faucet for your kitchen or bath is like buying a gem for a tiara. Why? It's the jewel that adds sparkle and dimension to a room. Faucets should accentuate and complement the overall design scheme and make a statement about the homeowner's lifestyle.

However, without sufficient forethought, a faucet can be more like a rhinestone than a precious stone. "A faucet can detract from the room's overall style if not coordinated properly," says Steve Bissell, product manager, Delta Faucet Company.

To get the faucet that's right for you, Bissell recommends developing a checklist of four key areas:

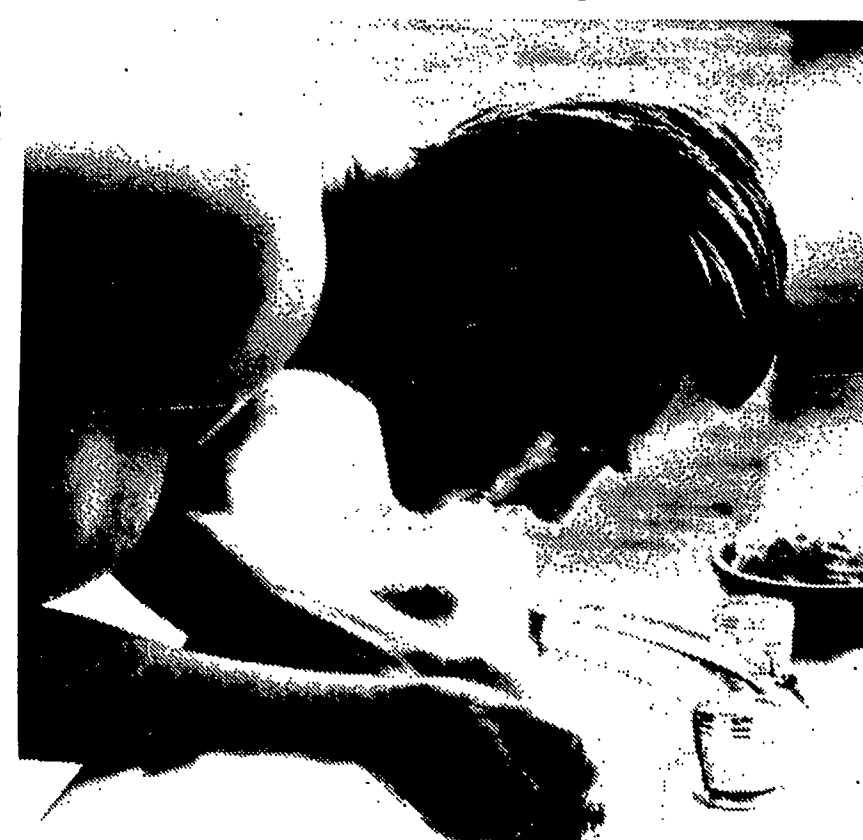
NEED—Visualize your lifestyle. Knowing what you need makes the best use of your decorating dollars over the long-term. For example, a busy homemaker may need a faucet with a pull-out spout that can handle tasks such as shampooing hair, bathing the baby or washing the family pet quickly and efficiently. A faucet

with a high arc that easily fills or rinses pots is perfect for the weekend gourmet. Parents with young children will want to install anti-scald devices in the bath to prevent burns and burn-related accidents.

Fees with special needs, such as mature Americans or the handicapped, can now enjoy stylish faucets in their homes. Institutional-looking products are part of the past as more plumbing product manufacturers offer attractively designed, barrier-free merchandise that can be used by everyone in your household.

STYLE—Envision your room's design. A faucet that matches the kitchen or bathroom decor enhances the overall setting. A colonial style faucet highlights a country design. Faucets with sleek lines and bold color finishes complement a high tech look while classic styling, like a single handle lever faucet in chrome, rounds out a contemporary design.

A coordinated look in faucet styling has become a popular fashion trend among homeowners. This type of cohesive packaging helps to "complete" the room's design.

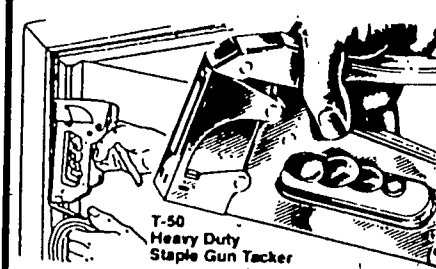


A long-lasting, lustrous finish. For special finishes—polished brass, antique brass or satin brass—a powdered epoxy coating that is electrostatically applied provides a water-tight, abrasion and chemical resistant overcoat.

Choosing a faucet should be fun. "Time is an ally," says Bissell. "Consumers should investigate and take full advantage of what's available in today's marketplace."

Delta Faucet Company offers a full-line catalog that demonstrates its breadth of line. Write to Delta Faucet at 55 E. 111th Street, Indianapolis, IN 46280 or call 1 317 848 1812 to receive your copy.

To Save Energy Weatherstrip Windows



Windows and doors represent the biggest source of heat loss in your house if they are not properly sealed. Weatherstripping controls this loss. Weatherstripping is available in a wide variety of forms, but usually, the least expensive is the felt type with burlap backing. Place the stripping with its edge firmly against the frame of the window sash and staple it about every four inches with an Arrow T-50 Heavy Duty Staple Gun Tacker.

Doors should be weatherstripped on the outside. Install the stripping on the door stops, the wood strips on the sides and top against which the door closes. Stapling is the same as for windows.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.

You can rinse your face in style, thanks to Delta Faucet Company's newly redesigned widespread faucet for the bath. Restyled to incorporate softer, smoother lines, the faucet's new look enhances the current "soft" tech look in product design. Shown above in polished brass with ring handles, the widespread is also available in chrome, antique brass and satin brass with knob and lever handle options in chrome and special finishes.

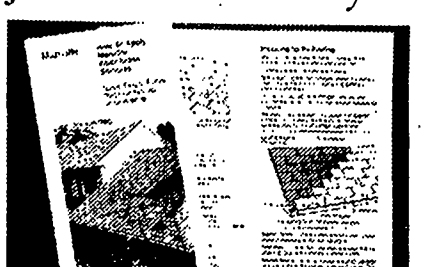
CONSTRUCTION—Look for a well-built product. Faucets that are sand-cast are subject to pinhole leaks. Models that are machined out of solid brass bar stock resist leakage and are more durable in construction. Triple-plated chrome faucets enjoy

size such things as function; finish, or handle style that allows you to get the faucet that fits your budget and lifestyle.

BUDGET—Determine your expenses. Knowing what you want lets you decorate as your budget permits. Keep in mind that it no longer has to be an all or nothing tradeoff when it comes to faucets. The range of options now available permits you to pri-

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Re-Roofing D-I-Y Guide Can Help Job Go Smoothly

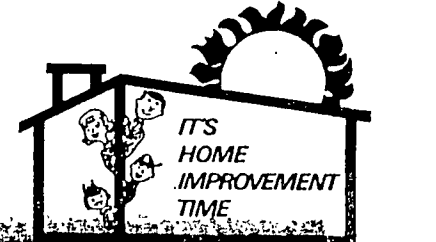


You can obtain a free copy of "How to Apply Manville Fiber Glass Shingles," No. RF-270B, from your building supply dealer, or by writing to Manville Inquiry Dept., 1601 Park Ave. West, Denver, CO 80216.

Every homeowner knows that a new roof will add to the beauty and value of their home. Now there's a guide that can help make the re-roofing job go smoothly.

The makers of Manville fiber glass shingles have published an illustrated, pocket-size guide that provides quick, easy-to-follow steps for re-roofing, as well as putting a roof on a new home.

The guide lists the tools and materials that will be needed, and explains how to prepare the roof before the shingles are applied. With simple sketches, it shows how to install the new shingles, types of fastening methods, and how to handle flashing, valleys and even dormers.



SUBURBAN HOMES

The Bungle

Thursday, August 20, 1992 Page 17

Quality Lattice Adds Delight And Value To Your Home

A woman we know decided that the time had come to sell her house and move into an apartment. The house was quite plain and the yard somewhat neglected, so she felt that she should do something to make the place more attractive to prospective buyers—something not too expensive. The solution she settled on was a series of lattice screens with rounded tops, one group placed around a corner of the paved patio, the other across the yard to provide a focal point and background for a flowerbed and some low spring-flowering shrubs.

The cost was modest, certainly much lower than any interior remodeling project or structural changes to the house. But the effect on the yard was dramatic. It gained an attractiveness and appeal it had never had before. Privacy had been gained, unattractive views had been concealed, and the property took on an order and a character it had never possessed before. The lady was so pleased with the results, in fact, that she took the house off the market and stayed on.

There are very few products that can, for a modest investment, create such a great improvement to the looks and character of a house and yard as good quality wood lattice used in a simple, well-built project. Whether your home is of traditional or contemporary design, latticework will fit in and bring a grace note, a touch of visual delight to your home's cycle of the seasons.

With its airy, classic feeling it adds a grace note to any yard, and provides the ideal background for foliage and bright floral displays. Painted white or in pale pastels, it strikes a formal note: unpainted, weathered, or in light, transparent stains, it blends with natural settings for a more casual or rustic touch.

And yet this light, elegant material is highly practical in its application. It serves to provide effective screening against wind and sun. It offers a highly effective means of assuring privacy without resorting to solid

walls. It can be used overhead, to provide dappled shade. It provides attractive support for vines, climbing plants and floral baskets.

But building lattice has always been expensive and time-consuming. Good quality lattice demands good quality lumber, precision cut into smooth lath. Then the lath must be carefully and accurately assembled, painstakingly nailed at every intersection, and the assembly reinforced around the outside edges to assure rigidity. A forbidding task for most homeowners.

Now, fine quality lattice is available almost everywhere in America. Woodway Lattice, manufactured by the LWO Corporation, is available in western red cedar, redwood, pine, and treated softwoods, in a variety of sizes, thickness and styles. While this fine lattice is made of top grade lumber and to exacting manufacturing standards, it costs far less than making it yourself.

Many building material retailers offer "bargain" lattice at low prices. Most of this material is totally unsuitable for use in the home or yard where good appearance and long service is desired. It is made from low-grade wood, with many open knots and splits, and is intended for applications where it will be mostly concealed or where appearance is totally unimportant.

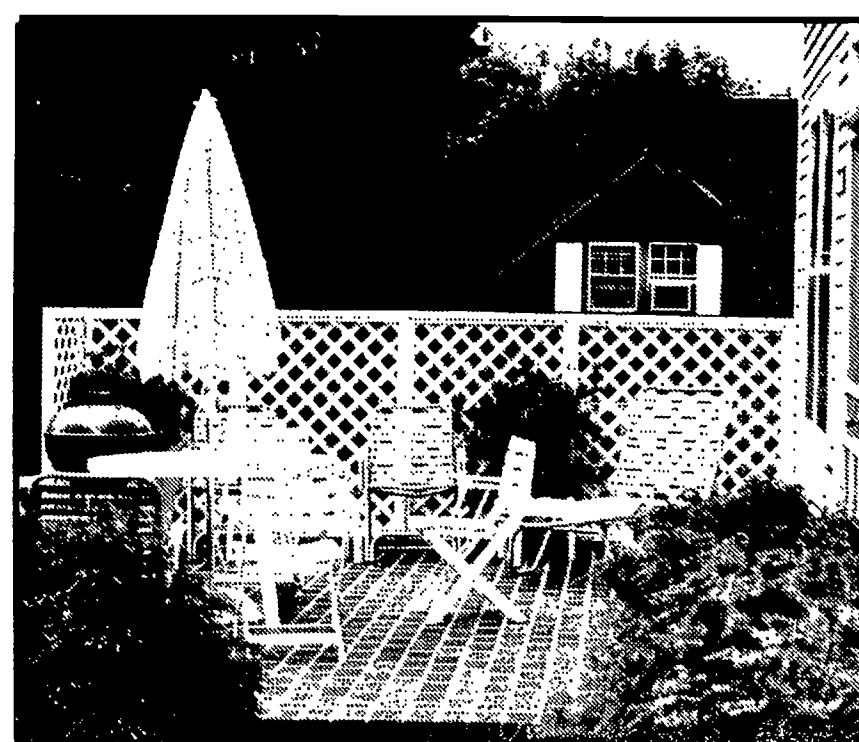
Woodway Lattice is made for the places in the home, garden or outdoor-living area where fine appearance and durability are important. It is made in two grades: one uses clear, almost unblemished lumber; the other uses a mixture of clear lath and pieces with small, tight knots and other minor defects.

Each panel is precision-fabricated to assure uniformity of appearance and construction as well as integrity for a long life of service. Lath are both glued and nailed together, with fasteners at each intersection and double-fastening around all four edges. The result is a strong panel, resistant to racking and impact.

Each sheet of Woodway Lattice carries the Quality label of the manufacturer, LWO Corporation, of Portland, Oregon, the largest manufacturer of fine lattice. It is available in diamond or square pattern, with 1 3/4 inch or 2 5/8 inch openings, and in 1/2 in. or 1 in. total thickness. The thicker version is most suitable for railings or other structural applications. Woodway Lattice is also available treated against decay, but unless the wood is likely to be in direct contact with the earth, treating is unnecessary, particularly with cedar and redwood, which are very decay-resistant.

For finishing off the edges of panels, and for joining them where panels come together, Woodway cap and divider mouldings, precision machined from the same fine woods, are also available.

With these fine lattice products now widely in stock at quality building materials dealers, you can plan to add the classic elegance of a lattice screen, or gazebo, or lath-house, or deck railing to your own home, secure in the knowledge that it will meet the high standards of quality



that you have set for the important features in your life.
For more information on Woodway Quality Lattice and how to use it in and around your home, write to: LWO Corporation, Woodway Lattice Division, P.O. Box 17496, Portland, OR 97217.

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SUBURBAN HOMES

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The Bugle

Save Fuel Costs Button Up Home

Insulating is important to control heat loss through walls, floors and ceilings. Most of us live in houses which were built at a time when nobody worried about the cost and supply of oil, gas or electricity. Today, we are learning from our soaring heating bills that our homes are ill-protected against heat loss. However, by adding more insulation where there is none or too little and by installing weatherstripping and storm windows, we can cut heat loss, use less fuel and save money. Insulating is really very simple. All you need is the proper insulation and a good stapler like Arrow's T-50 Staple Gun, ET-50/ETN-50 Electro-Magnetic Staple Gun or HT-50A Hammer Tacker. Load your gun with staples that have 3/4" legs. These have ample penetration in the softwood studs and

excellent holding power. Insulation with vapor barriers usually has flanges at the edges for easy stapling.

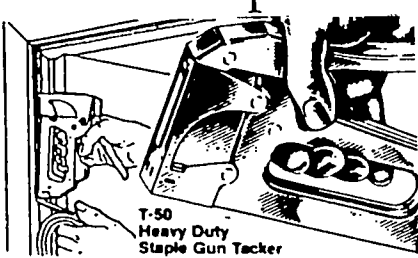
Press the insulation in between the studs and staple the flange on one side to the front of the adjacent stud; repeat with the flange on the other side. The entire cavity between studs should be filled with insulation from top to bottom without any gaps or breaks. The staples should be driven every six inches. Note: If you use insulation with an aluminum foil vapor barrier, the flanges on both sides must be stapled to the sides of the studs. If you have the vapor barrier facing the warmer adjacent areas, the barrier and its flanges will be out of reach on the inside of the cavity. Support this insulation with chicken wire stapled to the studs.

If you use insulation without a vapor barrier, place it between the studs in the usual way, then cover the entire wall with sheets of clear polyethylene plastic as a vapor barrier. If possible, fold the sheet so you are stapling through a double thickness. Staples should be inserted every 8 inches along the front end of each stud. For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.



Left, chicken wire support stapled to studs. Right, polyethylene vapor barrier stapled to studs.

To Save Energy Weatherstrip



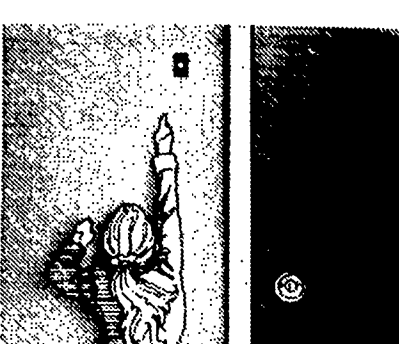
Windows and doors represent the biggest source of heat loss in your house if they are not properly sealed. Weatherstripping controls this loss. Weatherstripping is available in a wide variety of forms, but usually, the least expensive is the felt type with nurlap backing. Place the stripping with its edge firmly against the frame of the window sash and staple it about every four inches with an Arrow T-50 Heavy Duty Staple Gun Tacker on the outside. Install the stripping on the door stops, the wood strips on the sides and top against which the door closes. Stapling is the same as for windows.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.

Replace Openers That Don't Reverse Upon Contact

A garage door is the largest moving object in the home. An improperly adjusted garage door opener can exert deadly force when the door closes—which could lead to entrapment of children or adults and subsequent injury or death from asphyxiation.

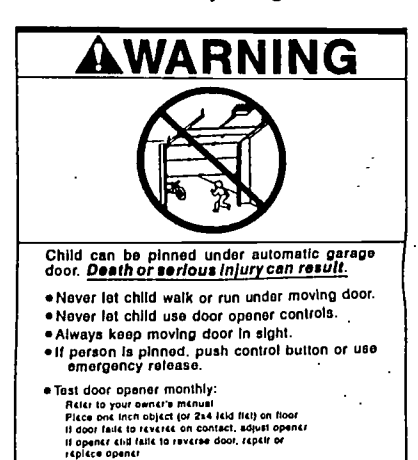
Safety Is Everyone's Business
Automatic garage door openers add convenience to millions of households every day. Properly installed, tested, operated and safely maintained, a garage door and automatic opener can provide years of trouble-free service. An improperly adjusted garage door opener can exert deadly force when the door closes. This could lead



Discuss garage door opener safety with your children. Explain the danger of being trapped under the door. Do not let children play with or use the transmitter or remote controls. Teach them to never play under or near an open garage door. Keep it in sight until it completely closes.

Take a few minutes to inspect and test your garage door system. Make monthly inspection and testing a part of your regular routine. Safety is everybody's business. Make garage door opener safety automatic in your home.

An automatic garage door opener should stop and reverse a closing door when it strikes an object. Test the force setting of your garage door opener by holding up the bottom of the door as it closes. If the door does not reverse readily, the force is excessive and needs adjusting.



For a free copy of warning label and an illustrated Maintenance Guide, call 1 800 727 2338 or write to Frank S. Fitzgerald, CAE, Executive Secretary, Door Operator & Remote Controls Manufacturers Assn., 3950 Lake Shore Drive, Suite 502-A, Chicago, IL 60613.

Safe Electrical Wiring

Electricity is such an integral part of our daily lives that we often take it for granted. But people living on farms should be aware of safe (and unsafe) electrical conditions.

In most rural areas there are no requirements for inspecting electrical installations as required in towns and cities. Therefore, consumers must rely on the knowledge of their electrician, or on educating themselves: to be sure wiring is safe.

If you are building or remodeling any type of rural structure, including your home, the *Agricultural Wiring Handbook* can be an excellent resource. Since its first publication in the mid-1960s, the *Agricultural Wiring Handbook* has been consistently updated every three years to conform with the issuance of a new National Electrical Code. The latest edition contains 88 pages of wiring plans for 14 types of farm structures, along with lighting and motor specifications.

To obtain a copy, contact the National Food and Energy Council, 409 Vandiver West, Bldg. 4, Suite 202, Columbia, MO 65202, or call 314-875-7155. The cost is \$7.50 per copy, including postage and handling. It's important to know the latest requirements for proper wiring.



The Bugle

SUBURBAN HOMES

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An Environmentally Safer Construction Adhesive

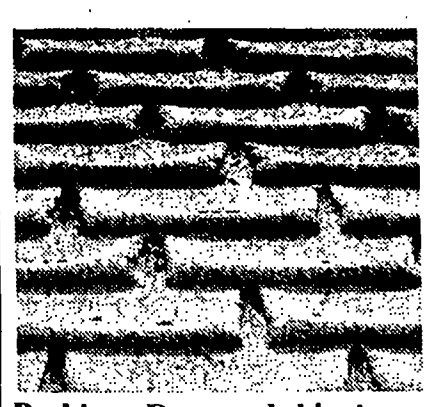
Roof shingles may cause damage

Nothing causes more aggravation and expense than a leaking roof. Treasured possessions can be ruined, furniture and carpeting soaked, and family routine upset for days.

Homeowners can help prevent leaks before they begin with regular spring and fall inspections of their shingle roofs.

Some common danger signals to look for include damaged shingles, roof bare spots, loosened nails, deteriorated flashings, and granules washing off the roof.

If some of these problems exist, the homeowner may want to consider re-roofing. Not only will damage from leaks be avoided, but also a new roof will add to the beauty and value of the home.



Problem: Damaged shingles.



Problem: Roof bare spots.



Problem: Loosened nails.



Problem: Washed-off shingle granules.

To help make the job go smoothly, the makers of Manville fiber glass shingles have published an illustrated, pocket-size guide that provides quick, easy-to-follow steps for re-roofing, as well as putting a roof on a new home.

The guide lists the tools and materials that will be needed, and how to prepare the roof before the shingles are applied. With simple sketches, it explains how to install the new shingles, types of fastening methods, and how to handle flashing, valleys and even dormers.

You can obtain a free copy of "How to Apply Manville Fiber Glass Shingles," No. RF-270B, from your building supply dealer, or by writing to Manville Inquiry Dept., 1601 Park Ave., West, Denver, CO 80216.

environment by donating 5 trees to "Building A Safer Tomorrow"™ is the U.S. Forest Service for every three tubes of PLPremium purchased.



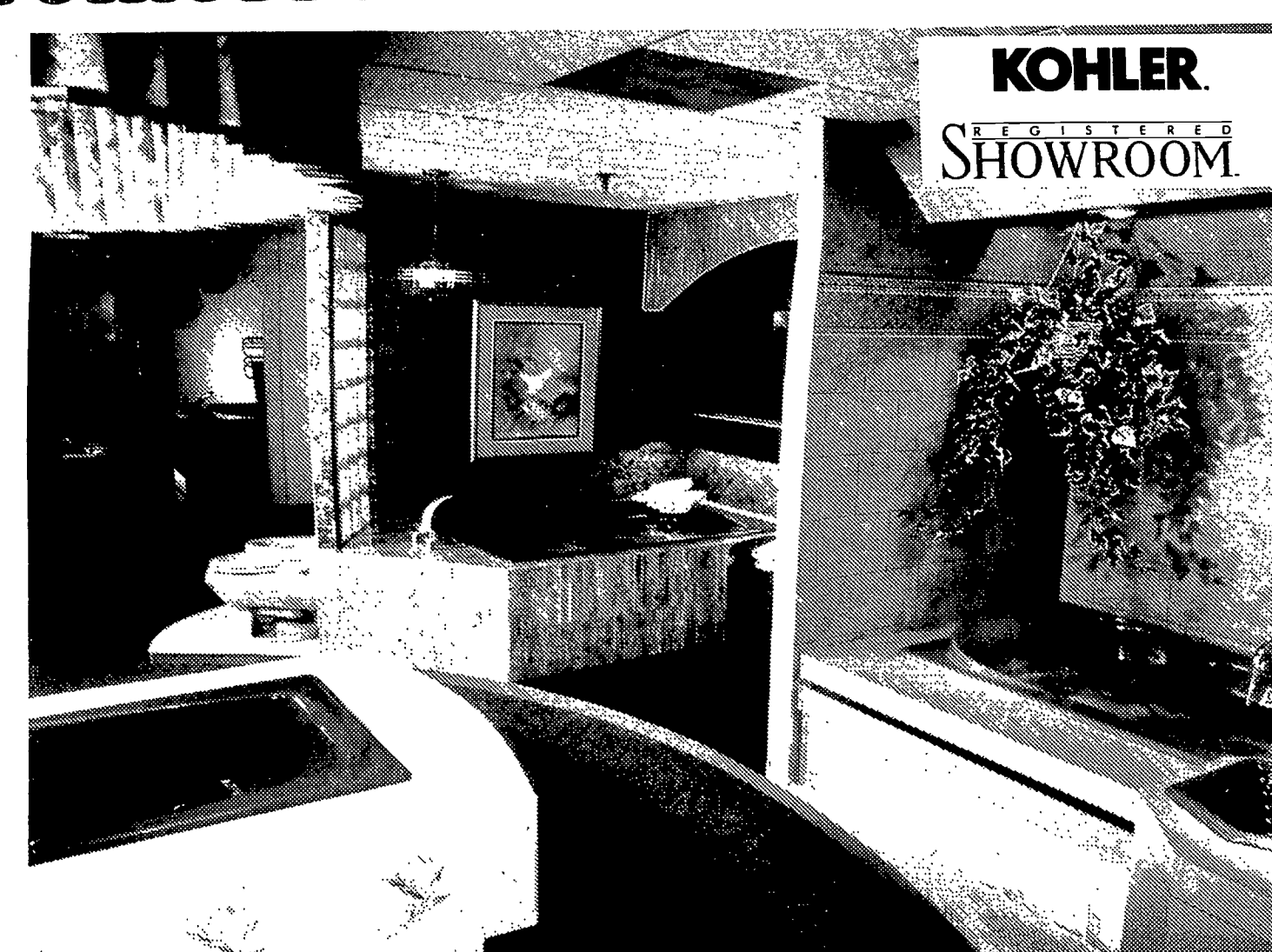
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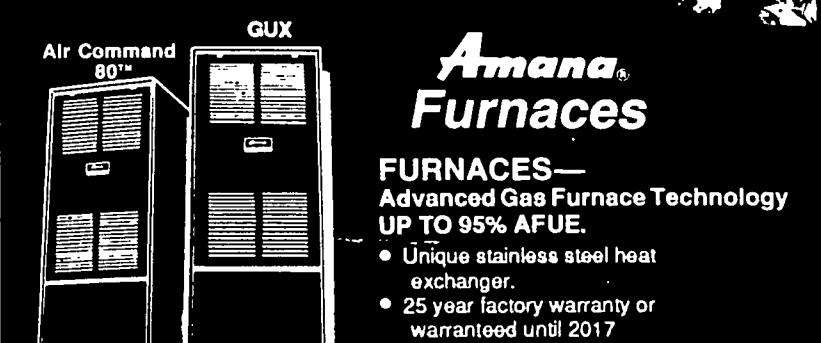
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"Please Don't Pay Me Now."

Electricity is such an integral part of our daily lives that we often take it for granted. But people living on farms should be aware of safe (and unsafe) electrical conditions.

In most rural areas there are no requirements for inspecting electrical installations as required in towns and cities. Therefore, consumers must rely on the knowledge of their electrician, or on educating themselves: to be sure wiring is safe.

If you are building or remodeling any type of rural structure, including your home, the *Agricultural Wiring Handbook* can be an excellent resource. Since its first publication in the mid-1960s, the *Agricultural Wiring Handbook* has been consistently updated every three years to conform with the issuance of a new National Electrical Code. The latest edition contains 88 pages of wiring plans for 14 types of farm structures, along with lighting and motor specifications.



SUBURBAN HOMES

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The Bugle

Change the entry to make a house extraordinary

With the costs of new home construction rising dramatically many homeowners are looking at their current homes with an appraising eye and beginning to see the possibilities of remodeling. The realization that a move might not always be better has helped create a multi-billion dollar remodeling market, much of the work being done by homeowners.

In laying the plans for a home remodel, one area that is often overlooked is the entry to the home. Here, the homeowner might be wise to take to heart the lessons learned by new home builders over the past 20 years. Builders, designers and real estate professionals have learned the value of curb appeal—that first impression that a house makes upon a potential buyer. The popular wisdom used to be that the entrance to a home should be

response, builders and designers have upgraded entry areas and the key to the enhanced entry is the front door.

The good news for the consumer is that new technologies in wood and glass have created an explosion of



The Manchester from Nord's Victorian Collection features an intricate floral pattern combining beveled, textured and clear glass.

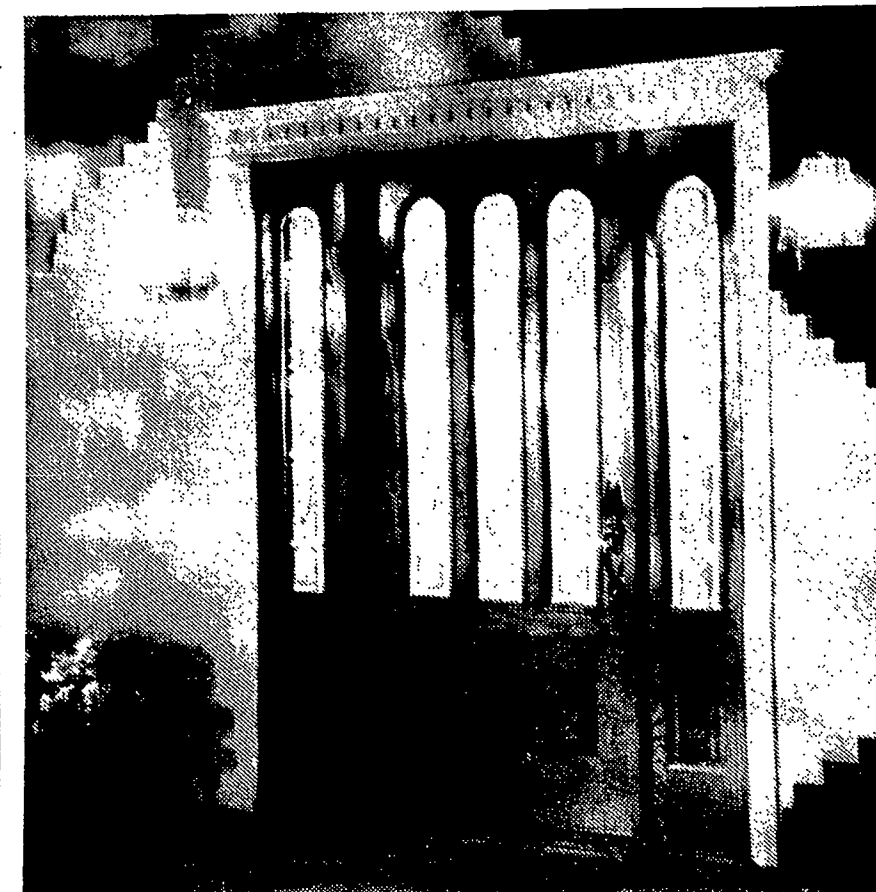
The Park Avenue, an 8' entry door from Nord, is enhanced with trend-setting accents of steel-blue glass and shining brass.

pleasant but non-descript so that potential buyers would make no judgment until they saw what lay inside a home. What they have come to realize is that buyers are making decisions from the moment they see a house. In

homeowners contemplating a remodel, whether in one extensive sweep or in stages, are looking at a major investment that should give them enjoyment and, at the same time, add to the resale value of the home. An exciting new front door can be installed with ease and enhancements like sidelights can often be added with minimal structural change. It is that touch of class that distinguishes a home from a house.

product offerings that will suit the style of the home and the good taste of homeowners.

One company, for example, Nord, is offering homeowners several distinct lines of doors called "collections." These are doors with the appeal of American Colonial, European, Victorian, Traditional or Contemporary design. In effect, Nord and most other manufacturers are offering doors which will be appropriate for almost

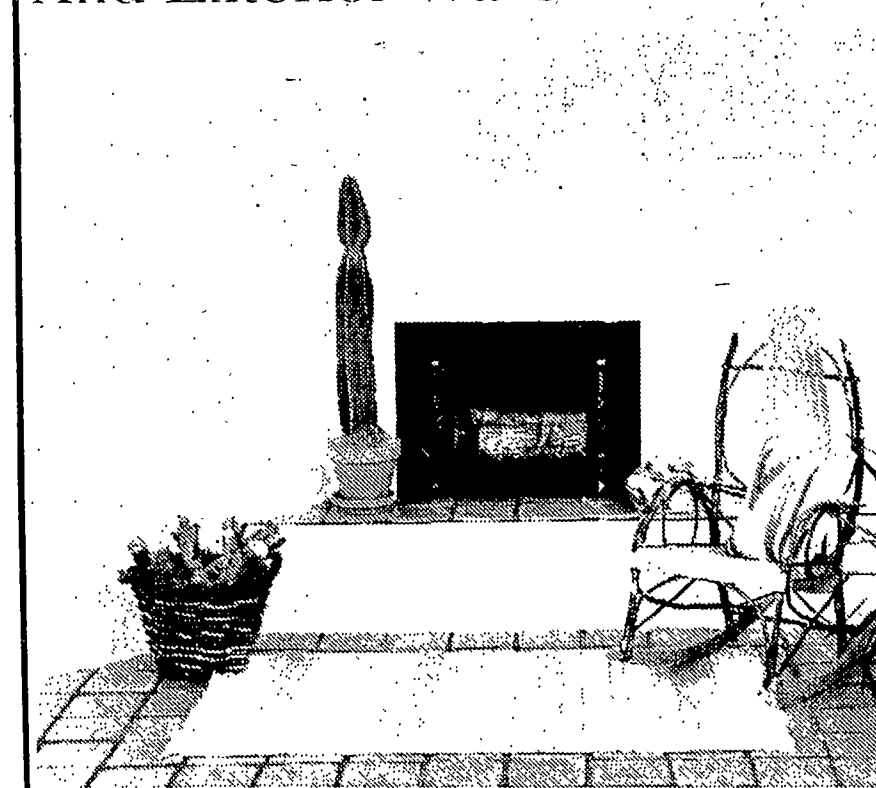


Nord entry doors with matching sidelights offer many design choices, among them the Kirkwood featuring cut and baroque glass offset by burnished brass.

any home in America. The wide range of styles allows owners to personalize the entries to their homes and make a front door an expression of welcome instead of a barrier. The modest investment in

such a door will be small compared to how well it wears and pleases through the years. The plus, of course, is that the attractive new entry will make a favorable first impression on potential buyers.

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To Save Energy Weatherstrip Windows

Windows and doors represent the biggest source of heat loss in your house if they are not properly sealed; weatherstripping controls this loss. Weatherstripping is available in a wide variety of forms, but usually, the least expensive is the felt type with burlap backing. Place the stripping with its edge firmly against the frame of the window sash and staple it about every four inches with an Arrow 1-50 Heavy Duty Staple Gun Tacker. Doors should be weatherstripped on the door stops, the wood strips on the sides and top against which the door closes. Stapling is the same for windows.

For additional tool information, write to Arrow Fastener Company, Inc., 271 Mayhill Street, Saddle Brook, NJ 07662.

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Both are pre-mixed and pre-colored, and can be applied directly over plywood, foam-board, concrete, or concrete block. Both come in three distinctive colors, will not crack or peel, and can be applied right from the container without the mixing, mess, and equipment needed for conventional coatings.

For more information, write to Z-Brick Customer Service, P.O. Box 427, Mattawan, MI 49071; or call 800/828-0253 (in Michigan, call 616/6689/3327).

USE THE BUGLE

SUBURBAN HOMES

The Bugle

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Insulate Your Home Yourself

If you think that your home may be one of the many that is not yet adequately insulated against the cold of winter and heat of summer, now is the time to check it out, and to add more insulation if needed.

To help the job go smoothly, the makers of Manville gold fiber glass insulation have published an illustrated, pocket-size guide that covers everything from how to determine if you need more insulation to how you should install it.

Although most homeowners cite energy savings as the primary reason for upgrading their insulation to the standards recommended for the area in which they live, many also do so to make their homes more comfortable during the hot summer months.

That's because fiber glass insulation is just as good at keeping heat out as it is at keeping heat in. So it helps make a home a more comfortable place during the summer, too.

In fact, if you have air conditioning, installation of the proper insulation means that your air conditioner won't have to work as hard.

To Install Insulation, Just Follow The Guide

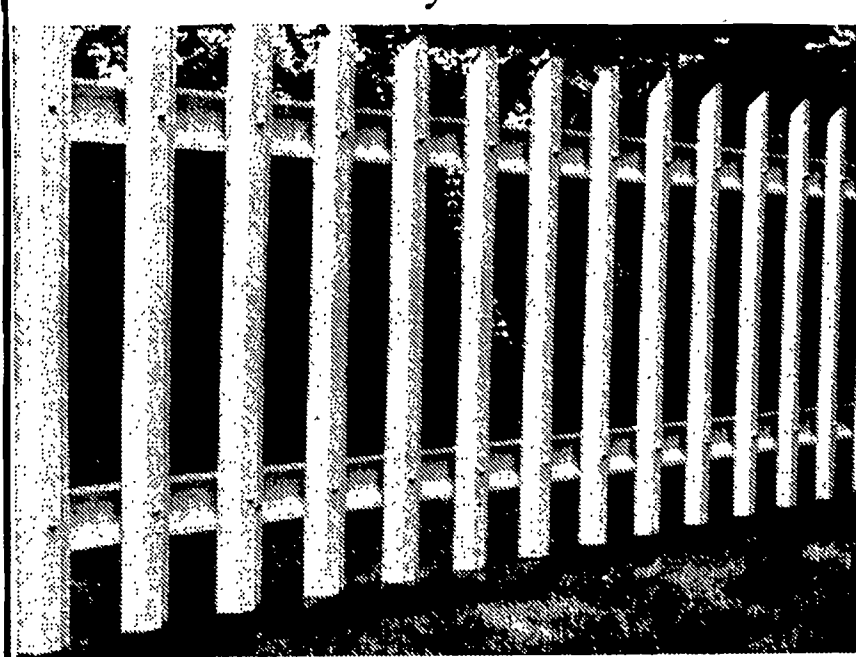
The insulation guide contains brief, simple instructions, with clear color sketches showing how to insulate new and existing attics, floors, crawl spaces, walls, and the little spaces around windows and doors.

It also provides helpful hints on how to handle electrical fixtures, chimneys and water pipes; and spells out recommended work practices, such as proper clothing.

A map of the USA showing recommended R-values for every part of the country is included, as well as a list of dealers. You can obtain more precise recommendations for your specific area from your building materials dealer, public utility or state energy office.

You can obtain a free copy of the "Homeowners' Insulation Guide," No. RIG-505, from your dealer or by writing to Manville, Inquiry Dept., 1601 Park Ave. West, Denver, CO 80216.

Picket Fence Charms The Tom Sawyer In You



This is a picket fence that even Tom Sawyer would have loved. It is Jerith's Aluminum Picket Fence that gives a lifetime of care-free service. Throw down your paint brush. This fence is guaranteed for 15 years.

Jerith's popular picket is a classic beauty in the true romantic tradition, featuring safe, rounded gothic peaks. The exclusive SAF-T-Rib design makes each picket fence exceptionally rigid. Its charming style adds a warm, inviting appearance to any home, while its maintenance-free benefits allow a homeowner to paint the town rather than painting the fence!

Jerith fences keep their maintenance-free good looks for a lifetime. The long-lasting baked enamel finish is incredibly resistant to chipping, peeling, flaking, and blistering. Once a Jerith aluminum fence is installed it can be virtually ignored.

During the past 35 years as a manu-

facturer of aluminum products, Jerith has perfected the use of aluminum as a fencing material. Aluminum is stronger and more durable than wood, and it is able to withstand constant exposure to extreme weather conditions and heavy use. It also has the added advantages of a beauty and structural integrity that remain intact during a lifetime of service. It is this unique combination of qualities, plus the company's own high standards, that has allowed Jerith to create a handsome line of maintenance-free fences for homeowners who desire beauty and permanent protection. And the company stands behind its products with a 15 year guarantee.

For a free color brochure displaying Jerith's full line of maintenance-free aluminum fences, write to Jerith Manufacturing Company, Dept. HTP2, 2716 Salmon Street, Philadelphia, PA 19134.

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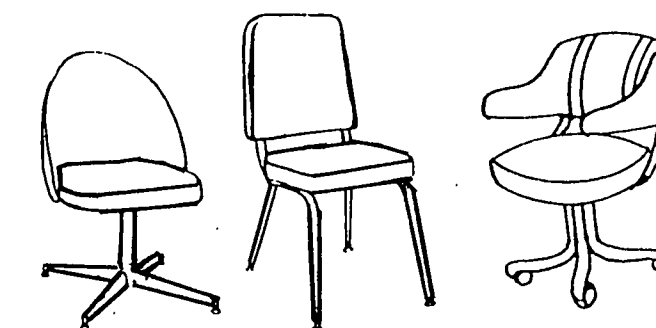
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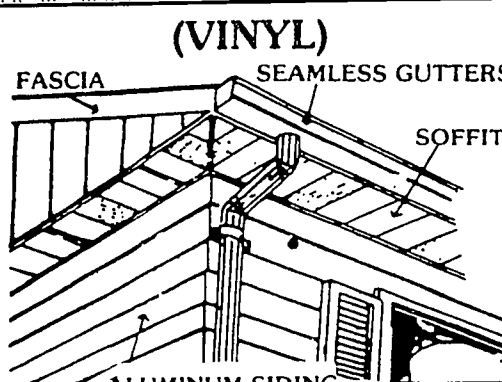
Work Safely Near Overhead Power Lines

Even though electricity is one of our safest forms of energy, there are certain situations in which electricity can be deadly. High voltage power lines are designed to carry large amounts of electricity at exceptionally high voltages, from the generating source to the end consumer. Because it would be prohibitively expensive to insulate these lines or bury them underground, they are carried 18 ft. or more above the ground on wooden poles or metal towers to reduce the risk of equipment or people coming in contact with the bare wires.

But even with these precautions, individuals working on top of buildings, using metal ladders, or operating tall machinery must be particularly cautious not to come in contact with overhead lines. As you work outdoors this season, please keep these safety tips in mind:

- Know the clearance height of all farm machinery or other tall equipment you are about to operate. To be safe, keep all equipment 10 ft. away from overhead lines.
- NEVER attempt to raise or move a power line. If you're operating a tractor or other tall equipment that touches a power line, stay where you are and have someone call the utility.
- If you must leave the equipment, jump as far as you can so that no part of your body touches the equipment and the ground at the same time.
- If you are carrying a tall metal ladder, irrigation pipe, TV antenna, or other tall object, always look first to see whether overhead power lines are nearby.

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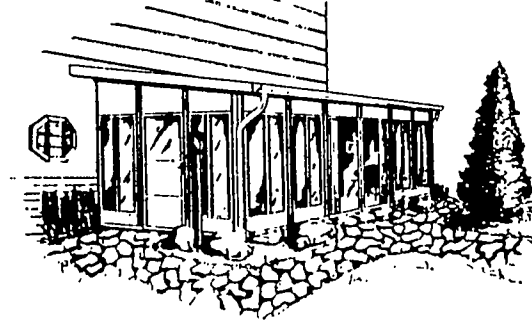


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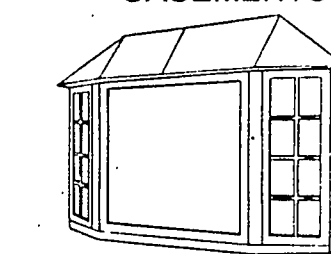
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RETIREMENT/NURSING HOME

Page 2 Thursday, August 20, 1992

Friendship Village receives Innovation Award

The American Association of Homes for the Aging has announced that Friendship Village of Schaumburg is a recipient of the "Innovation of the Year Award" for the Art Walk. Presentation of the Award will take place in Boston at the Association's fall conference in October.

The Art Walk was opened in 1991 as a jointly sponsored community effort with the Northwest Cultural Council, Bank One Corporation, and Friendship Village. Located in the main atrium of the Village, the Art Walk presents the residents of the Village, staff and visitors with a variety of art work on a rotating basis. The various art work has been a focal point for lively discussions and unique receptions with present artists. Each new art exhibit affords the opportunity to learn new techniques in different styles which have included oils, watercolors, sculptures, basketry, and Japanese art form of Suminagashi.

Friendship Village is celebrating its 15th year of serving persons of retirement age in the Chicago area. It is a nationally accredited retirement community located at 350 W. Schaumburg Road in Schaumburg, IL. For further information call (708) 884-5000.

ABOUT OUR COVER:

Top photo:
The Breakers at Golf Mill
8975 Golf Road
Niles, Illinois
Bottom photo:
Photo provided
through the courtesy
of Council
for Jewish Elderly

Elderhostel offers knowledge to older co-eds

Two seasoned world travelers left Furman University's Elderhostel program one weekend last month and took to the road to continue their annual tour of the nation.

What started as a way to escape the heat of West Palm Beach in the summer turned into an annual trip for Ruth and Sy Brick. The couple already has attended 86 week-long Elderhostel enrichment programs and hope to have completed 96 by summer's end. Furman's program is one of ten the Bricks will try to complete in a row.

"Elderhostel is a national organization that seeks experiences for people 60 and over on college campuses," said Jack Dicky, director of Continuing Education at Furman. Participants come for a week, from Sunday to Saturday afternoon, to take three non-credit classes without homework, tests or grades, Dicky said.

"We're doing things like politics, the history of the Middle East and preservation of family history," he added.

Appalachian State University, Wingate College, the University of Alabama at Birmingham and Berry College are among their upcoming destinations, said Sy, who once owned and operated a general store in New York with his wife. A visit with their four-month-old great-grandson, William Alexander Mendelson, in Marietta, Ga., is also on the itinerary.

The Bricks first got involved with the Elderhostel program in 1981, when a friend of the couple in Sioux City, Oklahoma, took them to his alma mater, Briar Cliff College. An Elderhostel session was about to start, and the

friend recommended it to the Bricks, Sy recalled.

"One of the subjects was golf," he said. "And I love golf."

After that week, the Bricks were hooked.

Of the many college campuses the Bricks have seen since starting with the program in 1981, "Furman is one of the best," Ruth said. "But there are so many favorites."

Together the Bricks have been to continental locales as far from their West Palm Beach home as Fairbanks, Alaska, and Sudbury, Canada. They've also been to many of the 43 foreign countries in which Elderhostels are held, although they haven't participated in any of the programs there yet. "We may do it next year," Ruth said.

One memorable journey in 1983 took the Bricks from Florida to the state of Washington, taking in 14 Elderhostels in a row, Sy said. The short distances between sessions made the trip easier for both of them, he said.

"We've been to see some wonderful things," he said.

Furman, which has hosted the Elderhostel program since 1982, only hosts participants during the summer, Dicky said.

"Each year we get 20 to 40 folks from fairly broad areas," he said. "Some of them will do several Elderhostels in a row, and some will do them throughout the year."

Sy, who is now legally blind, and Ruth show no signs of slowing down, eagerly making plans for the rest of the summer before their return home in October. The activity is intense, but they don't seem to notice.

"Life is to enjoy," Sy said. "I'm an optimist."

Financial Focus Special Article

Help Restore IRA Tax Deductions for All Americans

by Jeffrey Cardella
Edward D. Jones & Co.



The Senate Finance Committee recently approved a broad tax bill containing provisions that would restore to all American taxpayers the full deduction for annual Individual Retirement Account (IRA) contributions, currently as much as \$2,000.

Support for this bill could be critical to the financial future of all American citizens who ever intend to retire. The reason is that Social Security and employer-sponsored retirement plans are simply not enough to maintain an individual's standard of living during retirement.

Specifically, it has been estimated that Social Security and employer-sponsored retirement plans provide 38 percent and 14 percent, respectively, of an individual's retirement income. A full 48 percent must come from personal savings!

And the outlook for the future doesn't look bright. As the population ages and life expectancies increase, more retirees are receiving Social Security benefits and fewer workers are contributing. In 1945, for example the contributions of 42 workers supported every Social Security recipient. Today the ratio is 3.4 to 1, and by 2030, it's expected to fall to 1.9 to 1.

Unfortunately, as the ratios have dwindled, retirement saving among individuals has not increased. The 1980s were the heyday of retirement saving as the tax deductibility of IRA contributions spurred contributions. From the introduction of IRAs in 1982, assets in these accounts grew from \$52.4 billion to more than \$333 billion, and were held by more than 40 million Americans. Contributions in 1986 alone totaled \$40 billion.

However, IRAs fell out of favor with Americans after the Tax reform Act of 1986, which eliminated the deductions for many Americans. In 1987, the proportion of individuals contributing to IRAs dropped by 50 percent. In 1990, only 6 percent of Americans made deductible contributions to IRAs.

The legislation that the Senate Finance Committee has approved would restore fully deductible IRA contributions to all Americans, not just to those within certain income restrictions or those without employer-sponsored retirement plans. In addition, the new provisions would allow tax-free withdrawals from an IRA after five years instead of an up-front deduction. The bill would further allow penalty-free early withdrawals from any IRA for college tuition, major medical expenses, first homes and the expenses of long-term unemployment.

If you would like to see fully tax-deductible IRA contributions reinstated, please call or write to your legislators today! The U.S. Congressional Switchboard can be reached by dialing 202-224-3121, or you can write to your legislators at one of the addresses below:

Representative's Name	Senator's Name
U.S. House of Representatives	U.S. Senate
Washington, DC 20515	Washington, DC 20510

Working longer can add to Social Security benefits

If you continue to work full-time past age 65, you may increase your basic Social Security retirement in two ways. First, for each month that you do not receive a benefit—until the month in which you reach age 70—your benefit amount will automatically increase.

Second, you will be adding years of high earnings to your Social Security record, and these earnings may result in higher benefits.

Under the delayed retirement credit provisions, if you will be 65 this year or in 1993 and you continue to work, your benefit amount will increase 4 percent per year. By age 70, your Social Security benefit will be 20 percent higher than it would have been if you began receiving monthly benefits at age 65.

If you're like many people who continue to work after age 65, your most recent earnings are your highest earnings and continuing to work adds them to your Social Security record. Because benefits are based on earnings averaged over most of your working

career, higher lifetime earnings result in higher benefits.

One important point to remember is that if you decide to delay retirement, you should be sure to sign up for Medicare at age 65. You need to contact Social Security about 3 months before your 65th birthday to sign up for Medicare hospital insurance (Part A).

And, you also need to let Social Security know if you want to apply for medical insurance (Part B). Medical insurance may cost more if you delay applying for it. If you or your spouse are covered under an employer health plan, check with Social Security to discuss your options for Medicare enrollment. You do not need to be retired to enroll for either part of Medicare, but you do need to let Social Security know if you want to enroll.

For more information about your retirement benefit options, call Social Security's toll-free telephone number, 1-800-772-1213, any business day from 7 a.m. to 7 p.m. Or visit your local Social Security office.

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Swanson named Director of St. Matthew's



Lutheran Social Services of Illinois (LSSI) has named Scott Swanson as the new executive director of St. Matthew's Lutheran Home, Park Ridge. Swanson joins St. Matthew from LSSI's P.A. Peterson Home in Rockford. Swanson has served as administrator of the P.A. Peterson Home since 1989.

In his new duties, Swanson is responsible for overseeing the care of the 183 older adults who call St. Matthew home. Services at St. Matthew include intermediate and skilled nursing care, chaplaincy, counseling, physical therapy, and social activities and programs.

Swanson has been a licensed nursing home administrator for six years, and he earned his bachelor's degree in business administration from Illinois Wesleyan University in 1983.

Ballard offers respite for caregivers

One of the most difficult jobs in the world is taking care of an aged parent in the home.

That is particularly true when the parent has Alzheimer's disease or some other disabling injury or illness. Many daughters and sons have chosen home care - and are doing a wonderful, even heroic job as caregivers.

Eventually the caregiver gets worn down, emotionally and physically.

Many long-term care facilities like Ballard in Des Plaines offer specialized respite programs for people recovering from an injury or suffering from Alzheimer's or other disabling condition. These programs provide the best of care for a Mother or Dad, while daughter or son rest and recharge. Stays may be arranged for one, two or three weeks.

Typical of those taking advantage of respite care is Helen Norris. Her mother, Nellie, has had Alzheimer's disease for the past seven years. Two years ago, when it became impossible for Nellie to live in her own home, she moved into Helen's.

"My husband and I fixed up a nice room on the first floor for Mom," Helen explained. "We read all we could on Alzheimer's and what kind of care was required. From there we just did the best we could. I'm convinced that what we are doing is the right thing for us and for Mom. But don't let anyone tell you the job is an easy one."

After a friend told Helen about Ballard's Respite Program, she went out for a visit. She found out, as have so many before her, that her mother would receive chef-prepared meals, the best in accommodations and all necessary medical attention for one or two weeks or for whatever period she chose.



"After Mom had been at Ballard for a couple of weeks, I really began to unwind," Helen said. "I could sleep nights. Days were wonderful, too. Just doing the ordinary things - breakfast with my husband, a little gardening, reading a novel - was a tonic. Now, I really feel rested."

More information on respite care can be obtained by calling Susan Strauss, Ballard's Resident Service Coordinator at (708) 294-2300.

Friendship Village/Bank One in Schaumburg parade

Christopher Columbus will be commissioned once again to set sail for the New World in honor of his quinquennial of America's discovery.

Residents of Friendship Village in Schaumburg will take part in voting for fellow residents to portray Queen Isabella, Christopher Columbus and their court in the annual Schaumburg Septemberfest Parade on September 7. The announcement of the winners will take place with festivities at the Village on Wednesday, September 2, 2 p.m. in the main atrium as the "Santa Maria" is christened and Columbus is given his bounty to sustain his exploration.

Bank One of Arlington Heights has provided gifts for the winners including a complimentary coiffeur for Queen Isabella, free passage on Friendship Village trips and other special gifts.

In commemoration of the 500th year anniversary of Christopher Columbus' 1492 exploration, Bank One will send off the honored residents to sit atop a royal float during the parade. The float "Great Discoveries: America - Friendship Village - Bank One" sponsored by Bank One, is their combined entry in the "Discover America" parade. Be sure to catch a glimpse of this majestic float during the parade on September 7.

Exercise appears to improve mental functions of elderly

Exercise may slow or even reverse aspects of mental decline associated with aging, according to a study completed by a psychologist at the University of Illinois.

The study, by U. of I. researcher Arthur F. Kramer and associates Harold Hawkins in Arlington, VA and Deborah Capaldi of the Oregon Social Learning Center in Eugene, shows that during a 10-week program, sedentary elderly people offered only mental stimulation continued to experience difficulty in accurately responding to multiple stimuli. A similar group of people who got mental stimulation and regular physical exercise were able to improve significantly the accuracy and speed of their responses.

The active group swam for 45 minutes three times a week in a pool in Eugene, OR. Each swimmer raised his or her heart rate to 65, 75 percent of its estimated maximum. They also received swimming instruction. The other

group did not participate in the exercise program but, instead, received weekly newsletters on health and nutritional issues.

Tests administered before and after the program involved discriminating visually between two letters and identifying two different tones.

While both groups improved when tested only on one set of stimuli, only the exercising group improved its ability to perform tasks that involved using or alternating quickly between two senses at once - a condition akin to real-world situations such as driving and talking to a passenger at the same time, Kramer said.

He discounted the idea that the exercising group was more motivated. "If that were so, why should both groups improve in the single task?" Kramer asked. The notion that the group that exercised scored better because it felt better psychologically also is incorrect, he said. "While exercise can reduce depression, which in turn can result in better

performance on a variety of tasks, there was no change in depression scores before and after the exercise program in our study."

Whether exercise positively affects the ability of the elderly to respond to complex situations has never been an easy question to answer, Kramer said. A team of Duke University researchers found little improvement in the mental functions of older people who exercised; yet a research group at the University of Utah found that older exercisers outperformed older non-exercisers on a variety of tasks.

A reasonable speculation is that the benefit in mental function is proportional to the improvement in blood flow to the heart and brain - though such improvements have been difficult to measure in absolute terms for fear of damage to the health of the human participants, Kramer said.

The Kramer team's study has been accepted for publication in the journal Psychology and Aging.

The Benchmark Rental Retirement Community

"I simply got tired of all the home maintenance worries and expense. But, as a former

Life CHANGES

junior high school principal, as well as the former Village President of Algonquin, I needed to move to a community that would still provide me with an active, independent lifestyle. My wife Caroline, a teacher for 29 years, and I found just that kind of lifestyle at The Benchmark. • I continue to pursue my gardening interests, take part in all the social activities, and have even been able to start The Benchmark's recycling

program, while my wife participates in many of the educational seminars. • We have the freedom and security we want with the peace of mind that comes in knowing that no matter what happens in the future, our health care needs will be met' Ed Marshall, Benchmark Resident. • Individual attention is what sets The Benchmark apart from all other retirement communities. Our professionally trained staff develops a specific program that focuses on each resident's unique physical, emotional and social needs.

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RETIREMENT/NURSING HOME

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Special rules apply to employees of nonprofit organizations

I know many people who work for nonprofit organizations such as the American Red Cross or our local senior center or one of our churches or synagogues. Until 1984 these employees did not pay Social Security taxes unless their organization specifically chose to take part in the program. Since then, they—like 95 percent of all American workers—have been required to pay Social Security.

But there are still certain rules that apply only to nonprofit employees.

One of the most important is a rule that allows certain older employees of nonprofit organizations to qualify for retirement with fewer "credits" than other employees. Eligibility for Social Security benefits is measured in credits. In 1992, all workers receive one credit for each \$570 in earnings, up to a maximum of four credits per year. People born in 1929 or later need 40 credits to qualify for retirement benefits. Those born before 1929 need fewer credits (39 if born in 1928, 38 if born in 1927, etc.).

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Senior singers begin rehearsals

Des Plaines Senior Singers will begin rehearsing for their 12th season in their new home in Prairie Lakes Community Center, on Thacker just west of Wolf Rd. in Des Plaines (south side of street), on Monday Sept. 14 at 1 p.m.

Men and women over 55 who enjoy singing are invited to join. The group is especially interested in building up our male section this season. The performance schedule will include an intergenerational concert with Chippewa Jr. High School students.

The Singers are sponsored by the Des Plaines Park Dist. Rehearsals are held Mondays at 1 p.m. No auditions are required, and those interested are welcome to sit in on a rehearsal or call Director Ethel Dahlin Bernstein for additional information at 635-7335.

To learn more about Social Security coverage for nonprofit employees, call our toll-free number, 1-800-772-1213, any business day from 7 a.m. to 7 p.m. and ask for the factsheet "If You Work For A Nonprofit Organization."

1928 Olympian remembers different dream team

Louis "Bud" Kelly, an 87-year-old Olympian who once competed in the long and high jump, says the Dream Team of the 1928 Summer Olympics was a rowing crew.

"We all gathered together to watch the team," Kelly said. "Everybody looked to them much more than anybody else."

Kelly competed in the 9th Olympiad in Amsterdam. He was a 23-year-old senior at Yale University when selected by his track coach to represent the United States.

Basketball wasn't an official Olympic sport, and it was natural that attention would focus on rowing since Yale's "eights" had won a gold medal at the 1924 Games in Paris.

"It was the most interesting part of the whole show, that team of-

Revenue Refunding Bond issued to Lieberman

The Illinois Development Finance Authority (IDFA) has issued a tax-exempt 501(c)(3) Revenue Refunding Bond to Lieberman Geriatric Health Center in the amount of \$3,360,000. The notes being refunded were issued for construction of a facility which has been fully occupied since its opening and continues to maintain large waiting lists for admission.

"This project will generate monthly cash flow savings by reducing debt service," said Ronald Bean, executive director of IDFA. "The additional funds can be used to continue providing services to the community without making staff and service reductions."

Lieberman Geriatric Health Center is a skilled nursing facility

with 240 resident rooms, together with auxiliary rooms for medical treatment and other support services, for the long-term care of the chronologically ill aged. The Lieberman Center, a program of the Council for Jewish Elderly, serves Chicago and the collar counties and is available to applicants throughout the metropolitan area. The Council for Jewish Elderly is an affiliate of the Jewish Federation of Metropolitan Chicago.

"The refinancing will allow the Lieberman Center to maintain its superior standard of service to its residents," said Ronald Weismehl, executive vice president of the Council for Jewish Elderly. "We are thankful for IDFA's assistance."

fort in the rowing," Kelly said.

Many of the rowers also had connections to his hometown of Duluth, Minn., the site of a rowing club that produced many of the Olympians of the day, he said.

Kelly said the games then tended to be a more subdued event. "We'd just walk out in the streets and go down to watch the events," he said. "It was just like a regular big track meet. There wasn't all the big flair like there is today."

Kelly said he won no medals, but offered no apologies for his finish.

"I knew very well I couldn't be the No. 1 high jumper in the world," he said. "I don't even remember how I did there, and it doesn't matter. In those days you tried your best and everybody accepted it. That's what I did, tried my best."

athletes from 46 countries competed. Today, almost 10,000 athletes from 171 countries are competing in Barcelona, Spain.

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North Shore sets retirement fair

Where can senior citizens get a cholesterol check, advice from the State's Attorney's Office, a vision screening and a therapeutic massage all free of charge? At the North Shore Retirement Hotel's "Free-For-All" Senior Fair, Wednesday, Sept. 16, from 10 a.m. to 2 p.m., at 1611 Chicago Ave. Evanston. The event is free and open to the public.

Over 40 organizations will be on hand to provide seniors with complimentary services, raffles, product samples and give-aways concerning health, transportation, aging, law, beauty and much more. The Department on Aging will provide RTA passes and circuit breaker assistance (a driver's license, passport or picture ID is required). Free astrological readings will also be available.

Seniors concerned about their health will receive expert medical screenings such as vision testing from Illinois Masonic Eye Center and blood sugar and blood pressure tests by Regency Home Health Care. Health and medical related information will also be contributed by organizations including MedClaims, Northwestern Memorial Hospital and the American Cancer Society.

For those seniors baffled by the latest beauty trends, Positive Image will give free color analysis and make-up application lessons. Avon, jewelry and clothing vendors, will have ready wear clothing and accessories for sale at discounted prices.

The North Shore Hotel's garden is a perfect spot to relax and enjoy lunch (\$2 boxed lunch) before heading back to the "Free-For-All."

Several organizations will answer seniors' legal, financial and insurance questions including the State's Attorney's Office and Humana Health Care. The A.R.P., Chicago Transit Authority and Catholic Charities are only a few of the groups who will provide suggestions on unique services for senior citizens.

For further information on the North Shore Retirement Hotel's "Free-For-All" Senior Fair contact Jamie Schreier at (708) 433-6888.

Vendors needed for Senior Expo at Oakton

If you have products or services of interest to adults over 50 sell or display your merchandise at the Senior Expo, from 9 a.m.-1 p.m., Friday, Oct. 16, at Oakton Community College's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

However, the Expo committee reserves the right to choose vendors who best serve the image and quality of the Expo. Vendors will be allocated space on a first-come, first-serve basis, at the discretion of the committee. Early registration is encouraged since space is limited.

A single space (6x8) is \$35, double space (6x16) is \$60. Co-sponsors of the Expo can rent a single space for \$25 and a double space for \$50.

Tables, chairs, carts/dollies or any other special requests will not be available. Please be prepared to provide for yourself. Set-up begins at 7 a.m. on the day of the Expo.

To reserve a space, contact Bea Cornelissen at (708) 635-1812.

56 year old weight lifter defies all odds

No problem here with body image. At 314 pounds, power lifter J.P. Krachunis delights in knowing his massive upper body — is one of the most powerful in the world.

Stuffed into his XXXL-size shirt, Krachunis flexes triceps and a trademark wit as he reads to bench press, on a lark, 345 pounds — about the combined weight of two reporters who've come to watch.

"Bench-pressers are supposed to look like this," he notes, muscles rolling across his back. "Like a bear, like an old-time blacksmith, like ... AAARGH!"

He grunts as he pushes the steel weights to arm's length above his head.

A few weeks ago in Vancouver, B.C., Krachunis, 56, muscled his way to the top of his sport by breaking a world record for bench-pressers 56-59 years old. In one clean move, he lifted the record by 28 pounds — from 330 to 358.

At the same event, the retired

Seattle policeman and former professional wrestler also nabbed three additional bench press medals that helped confirm his position as one of the world's top senior super-heavyweight power lifters.

"This is great for an old guy like me," winks Krachunis, able to press 400 pounds or more for most of the last 29 years. "Maybe this will inspire some of those younger guys to keep working, keep lifting long past when they think they should quit."

Krachunis has been an Okanogan Valley resident for just over two months. He moved to Oroville for his retirement, but his workout space is in Tonasket and he works part-time for a real estate company. He began lifting weights as a tall, scrawny teen in 1953. Ten years later, he regularly pressed 400 pounds or more, and in 1963 he broke the state record with a 425-pound lift.

But even that was small potatoes. In 1969, he power lifted 460 pounds. The burly weightlifter continued competing — as a hob-

by and a way of life — during his 16 years as a professional wrestler (the fearsome Jan Paul) and full career as a Seattle patrolman and detective.

A key aspect of Krachunis' power-lifting career has been, he says, "a stay-away-from-me attitude toward drugs." Drugs in the weightlifting world usually mean steroids, or in the lifter's parlance: "roids."

"I got no time for the 'roid freaks," he says. "They go their way, I go mine. I say to 'em, 'I'll see you sometime,' then under my breath, 'Probably in the hospital or morgue.'"

Krachunis' abhorrence of drugs has led him to compete in the separate U.S. and Canada Drug-free Powerlifting Associations, groups of thousands of weightlifters who refuse to use steroids to build muscle mass and reduce body fat.

"Hey! This —" he points to his own 314 pounds — "is what a bench-presser without steroids is supposed to look like. I see these pups with 32-inch waists, huge

upper bodies and 3-percent body fat, and I know they're on drugs and headed for ruin."

Krachunis argues he doesn't need the steroids to win. The only time he loses casual lifting matches, he claims, is when he's up against a superior young hot-shot, who's entitled to beat him or a "roid freak. Or as Krachunis calls them, "Cheaters."

The bench-presser stays in shape with twice-weekly workouts — in a 7-by-10-foot ministorage room north of Tonasket, no less — and a full-time, gung-ho attitude toward living.

"I eat a lot. I rest a lot. I try to keep myself strong but at the same time have a good time," he says. "There's no point in doing this if I'm not enjoying life."

His next weighty goal? Krachunis says he'll drop his weight to 275 pounds to compete against a close friend in another bench press classification. It'll take him a while to train, he admits, but by next March he'll be ready to try for a world title against some less heavy competition.

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Vendors needed for Senior Fair

If you have products or services of interest to adults over 50, sell or display your merchandise at the Senior Fair from 9 a.m. - 1 p.m. on Friday, Oct. 16, at Oakton Community College's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

All older adults in the communities served by Oakton Community College are invited to attend the Senior Fair.

The Fair committee reserves the right to choose vendors who best serve the image and quality of the Fair. Vendors will be allocated space on a first-come, first-served basis at the discretion of the committee. Early registration

is encouraged since space is limited.

A single space (6 ft. x 8 ft.) is \$35; a double space (6 ft. x 16 ft.) is \$60. Co-sponsors of the Fair can rent a single space for \$25 and a double space for \$50.

Tables, chairs, carts/dollies or any other special requests will not be available. Please be prepared to provide these items for yourself. Set-up begins at 7 a.m. on the day of the Fair.

The Senior Fair is sponsored by Oakton Community College's Office of Community Services.

To reserve a space, contact Bea Cornelissen at (708) 635-1812.

Senior mens bowling

Senior mens 20-team handicap Bowling league, five on a team, will enter its 8th season this fall. The fall meeting will be held at 12:30 p.m. on Wednesday Sept. 2 at Brunswick Niles Lanes 7333 Milwaukee Ave.

First week of Bowling begins

Wednesday Sept. 9 at 12:30 p.m. There are a few openings. To qualify, bowlers must be age 62 or over. Those interested phone Andy Anderson (708) 647-7245 or sign in at the desk. Substitute bowlers are also needed.

Volunteers needed for senior Tag Days

Volunteers are needed to help with Catholic Charities' fifth annual Senior Citizen Tag Days on Sept. 8-9. Proceeds will benefit the agency's senior citizen's services.

Senior housing; adult day care; homemaker services; job training and the Keen Ager News, a free monthly publication for seniors, are just some of the programs that will benefit from Senior Citizen Tag Days. Catholic Charities serves more than 30,000 seniors in Cook and Lake counties each year.

During Senior Citizen Tag Days, volunteers will hit the streets in Cook and Lake counties with red and white Catholic Charities canisters and aprons inviting people to donate money.

To volunteer or for more information on Senior Citizen Tag Days call the Catholic Charities Senior Citizen Tag Days Coordinator Steve McClure at (312) 876-3218.

Maine seniors plan September activities

Maine Township Seniors have planned a full schedule of events during September, including a trip to the "Miss Senior Illinois Pageant."

They can begin the month by gathering for fun and friendship at one of two regular monthly bingo games at noon Tuesday, Sept. 1, at Oakton Arms, 1665 Oakton Place, Des Plaines, or Thursday, Sept. 3, at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. Registration is required and a 50-cent fee will be collected at the door to cover refreshments.

Seniors can register now for a "Salute to the Prairie" excursion on Wednesday, Sept. 9. The trip will include a stop at Goose Lake Prairie Museum before lunch at the antique-filled County Mansion restaurant. During the afternoon seniors will visit the beautifully-restored Funk Prairie Home in rural Shirley, Illinois, where they can also tour the Funk Gem and Mineral Museum.

A deluxe bus will leave at 8:45 a.m. from the parking lot at the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge, and return about 6 p.m. Cost of the trip is \$27 for members. Guest reservations at \$32 will be accepted on a space-available basis.

On Sunday, Sept. 13, seniors will have an opportunity to attend the "Miss Senior Illinois Pageant" at the Marriott Hotel on Chicago's Michigan Avenue. There they can share the joy and excitement with contestants their own age as they are judged on fashion, talent and personality. The pageant will be preceded by a stop for Sunday dinner at the popular Regency Banquet Hall.

Deluxe buses will leave at noon from the Maine West High School parking lot, Oakton and Wolf, Des Plaines, and return about 7 p.m. Reservations are limited. Cost of the event is \$25 for members. Guest reservations at \$30 will be accepted on a space-available basis.

Members may choose one of two "Early Octoberfest" luncheons to be held at noon Tuesday, Sept. 15, at Casa Royale, 783 Lee St., Des Plaines, and noon Wednesday, Sept. 16, at Banquets by Brigante, 2648 Dempster St., Des Plaines.

Entertainment by Dick Theml and the Alpiners will set the seasonal mood. Cost of the luncheon is \$7.50 for members. Guest reservations at \$8.50 will be taken on a space-available basis.

On Sept. 21, seniors are invited to a township-volunteer seminar at 7:30 p.m. in the Maine Township Town Hall. Guest speaker will be Jeanne H. Bradner, former Director of Governor Thompson's Office of Voluntary Action and current Regional Director of ACTION Programs. Local non-profit groups will have information available on their volunteer needs.

Seniors can create unique-painted T-shirts embellished with stringed sequins at a craft workshop from 9:30 a.m. to 11:30 a.m. Monday, Sept. 28, in the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

Cost is \$7.50. Participants should bring a white prewashed T-shirt, shirt form and scissors and wear old clothes. All other materials will be provided. The class is limited to 24 people and advance registration is required.

More than 3,800 residents are enrolled in the Maine Township Seniors. Most activities are limited to members. Membership is free and new members are always welcome. Applicants must be 65 or older and provide proof of residency. To receive a membership application and obtain reservation information for activities and trips, call Helen Jung or Sue Neuschel at 297-2510, ext. 240 or 241.

Seminar on organizing finances

A free seminar by Norah Lex of Waddell & Reed Financial Services to help organize finances so that the accumulation of money can make more dollars and more "sense" will be held on Saturday, Sept. 12. It is for the beginner as well as the advanced investor.

The seminar will be held at Montay College, 3700 West Peterson Avenue, Chicago. Call (312) 248-9593 or (708) 647-1360.

Elmer Frohardt celebrates a century of life



Regency Nursing Centre resident Elmer Frohardt, Sr. (l) celebrated his 100th birthday on July 13. Elmer is the first male living at Regency to reach the century mark. Three women are over 100 years old.

Elmer Frohardt celebrated his birthday with his family, friends, and Regency residents. He also received a congratulatory message from President Bush.

Elmer and his wife Minnie, who died earlier this year, lived in Granite City the majority of their lives as teachers, before moving to the Elmwood Park area to be near their son, Elmer Frohardt, Jr. (r). Before Minnie's death, the Frohardts had celebrated their 70th wedding anniversary. Elmer has six grandchildren who live all over the world in Germany, West Virginia, Alaska, New Orleans, Peoria and Evanston. Elmer recently attended one of his granddaughter's wedding and danced at the reception. He has four great-grandchildren.

Mature Adults plan trip east

Maine Township mature adults can register now for a 10-day deluxe bus excursion Thursday, Oct. 15, through Saturday, Oct. 24, to the historic cities of Baltimore, Philadelphia and New York.

After an overnight stop near Pittsburgh, the group will head for Baltimore, the "Renaissance City." Highlights include a city tour, a guided tour of the colonial capital of Annapolis, an visits to the U.S. Naval Academy, Baltimore Harbor and the National Aquarium. Two nights accommodations will be at the Omni International and include dinner the first night at the hotel and a chance to enjoy Chesapeake Bay specialties the second night at Obyrcki's.

The trip continues on to Philadelphia here highlights include visits to Independence Hall, the Liberty Bell, Betsy Ross House, and Benjamin Franklin's home and print shop. Overnight accommodations will be at the Holiday Inn-Independence Mall with dinner at the City Tavern in Philadelphia's historic district.

Then it's on to the "Big Apple" -- New York City -- where guests will spend the next three nights at the Holiday Inn Crowne Plaza in White Plains. Highlights include a guided tour of Ellis Island, a Manhattan skyline cruise and a tour of the city including the United Nations Building, World Trade Center, Greenwich Village, Times Square and Central Park. A performance of the hit Broadway musical "Guys and Dolls" will follow dinner at Mama Leone's in the Theater District.

North shore seeks exhibitors for Retirement Fair

If you're an organization, group or individual involved in serving senior citizens, The North Shore Retirement Hotel is interested in inviting you to participate in their free and open to the public "Free-For-All" Retirement Fair on Wednesday, Sept. 16, 10 a.m. to 2 p.m., at 1611 Chicago Ave., Evanston. There is no registration fee for exhibitors so space is limited.

Johnny James (not his real name) is a 25-year old who, although he has never worked, receives a monthly Social Security check.

Johnny has had muscular dystrophy since he was 7-years-old and he can get around only with great difficulty. He lives with his mother, who works as a nurse at a local hospital. Johnny's Social Security benefits are based on the work record of his father, who died when Johnny was 11.

Julie Smith (not her real name) is a 6-year-old girl who has been developmentally disabled since birth. She lives with her mother in a small apartment. Her mother works, but makes just enough to pay the rent and groceries.

Their situation has improved greatly since Julie's mom learned about the Supplemental Security Income (SSI) program and Julie started getting checks each month from SSI and qualified for Medicaid coverage.

Johnny's case is typical of the thousands of adults who have been disabled since childhood

Getting help from Social Security

who receive disability benefits from a parent's Social Security record. And Julie's case illustrates the kind of help more than 425,000 children nationwide are getting from the SSI program.

Under the Social Security disability program, benefits are paid to adults and older children who become disabled before age 22 and who continue to be disabled after their parent is retired, deceased or disabled.

If a child is under 18, he or she can receive Social Security benefits as a dependent of a retired, deceased or disabled worker without regard to any disability. However, if the child is disabled when he or she turns 18, then the dependent benefits may be changed over to disabled child's benefits.

In other cases, however, an individual doesn't become eligible for disabled "child's" benefits until later in life. A homeless man recently was found eligible for disabled adult child's benefits when his application revealed

that his father had died and that he had been mentally disabled since birth and was now unable to work because of his condition.

Under the SSI program, monthly benefits are paid to people age 65 or older and to blind or disabled people of any age, including children, who have limited income and resources. In the case of children living at home, the income and resources of the parents are taken into consideration when deciding SSI eligibility. People who qualify for SSI also receive Medicaid coverage and other help available from their State social services agency.

If you know of someone who has been disabled since childhood, you should have them check with Social Security.

Golden Wedding anniversary celebrants



Ernest and Ada Dues of Niles recently celebrated their 50th wedding anniversary with their family and friends. The Duses were married on July 18, 1942 and have lived in Niles for the past 35 years. They are the parents of four children.

Grandparents rally for right to visit grandchildren

About 20 grandparents rallied on the steps of the Indiana Statehouse to plead for legislation allowing them to visit their grandchildren.

The group was part of a newly formed group called Grandparent Rights in New Strength, which has nearly 250 members in 10 chapters in Indiana, said Connie Click of Kimmell.

The grandparents want lawmakers to change a 1989 state law that removed their right to petition courts for visitation rights.

Under the law, grandparents whose sons or daughters have custody of their children can't petition the courts for visitation rights.

Grandparents whose sons or daughters do not have custody of the children legally have visitation rights.

Parker says his daughter and son-in-law won't let him contact his 5-year-old grandson and 2-year-old granddaughter because of an argument over discipline.

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RETIREMENT/NURSING HOME

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Social Security and your future

Many of us feel the pinch of Social Security taxes every time we receive our paychecks. How will we benefit from the contributions we are making today? The Illinois CPA Society answers this question so you can better evaluate the role Social Security will play in your future.

How Social Security Works: Social Security is an insurance program of sorts. During your working years, you pay taxes into a system designed to protect you and your family from the possible loss of income should you retire, die, or become disabled. If you are an employee, you and your employer each pay 7.65 percent of your salary in Social Security (FICA) taxes. However, there is a limit on how much of your earnings are taxable. For 1992, Congress has set the limit at \$55,500 (and \$130,200 as the Medicare wage base). If you're self-employed, you contribute the full 15.3 percent of your salary on your own, but special deductions are available to you to offset this higher rate.

Social Security Credits: To qualify for Social Security benefits, you must obtain credit for a certain amount of work covered by Social Security. The number of credits needed to qualify for benefits depends on your date of birth, your age when you become disabled, or, for survivor benefits, the age of the deceased. Your credits don't determine the amount of your Social Security benefits - that's determined by the amount of your average covered earnings over your working career.

The amount you need to earn to accumulate Social Security credits changes annually. As of January 1, 1992, you receive a credit for every \$570 of your earnings,

but you cannot earn over four credits in one year. If you stop working before you have enough credits to qualify for benefits, the credits for the earnings already reported will stay on your Social Security record. You can add to them if you later return to work.

How your age affects retirement benefits: Most people need 40 credits (10 years of work) before they are eligible to receive monthly benefits at retirement. The youngest starting age for a Social Security retirement pension is 62, but if you retire at that age, you will receive a reduced monthly benefit. To receive a full benefit, you must wait until you reach what is deemed by Social Security to be your full retirement age. People retiring today receive full retirement benefits at age 65. However, starting in the year 2000, the full retirement age will be increased in monthly steps until it reaches age 67 in 2027.

People who delay retirement will see their monthly benefits increase. For people turning 65 in 1992, the credit is 4 percent for every year retirement is delayed up to age 70. In future years, that rate will gradually increase until it reaches 8 percent per year for people turning 65 in the year 2008 or later.

Survivor benefits: When you die, certain members of your family may collect benefits on your Social Security record. These can include a widow or widower, children, and your parents, as long as they were dependent on you for most of their support. Eligible widows or widowers must be 60 years old or older; or 50 years of age or older and disabled; or any age and responsible for caring for a child under age 16 or a permanently disabled child.

As long as they are unmarried, children's survivor benefits continue until they reach age 18 and for one more year if they are still in high school full-time. Children who are over age 18 and became disabled before reaching age 22 receive Social Security benefits as long as they remain disabled.

Disability benefits: You do not have to pay Social Security taxes very long to become eligible for disability benefits. For example, if you are under age 24 and have worked 18 of the previous 36 months, you qualify for disability benefits. The work time continues to expand with age, with 10 years as the maximum amount of time anyone must work to become eligible for Social Security disability benefits.

CPAs caution that Social Security's definition of "disabled" is a strict one: You must have a physical or mental impairment that is expected to keep you from doing any "substantial work" for at least a year or you must have a condition that is expected to result in your death.

Supplemental Security Income: Supplemental Security Income (SSI) enables certain people who have low income and few assets to receive financial support from the government. Eligible individuals must be at least 65 years old, blind, or disabled.

Income limits: There is a limit to how much you can earn and still collect full Social Security benefits. If you are under age 65, you can earn up to \$7,440 a year before your benefits are reduced. If you are age 65 through age 69, you can earn up to \$10,200 a year. If you are age 70 or older, there is no restriction on your outside earnings.

Estimating benefits for your future: CPAs recommend that you obtain your Personal Earnings and Benefit Estimate Statement (Form SSA-7004-FC) from the Social Security Administration at least every three years. This will enable you to determine if the Social Security records are accurate and help you to devise a savings plan for retirement. You can obtain this statement by calling 1 (800) 772-1213.

To learn more about Social Security and how it can affect your financial future, send a stamped, self-addressed envelope to: Meredith Buckley, the Illinois CPA Society, 222 S. Riverside Plaza, 16th Floor, Chicago 60606 to request a copy of the brochure, "Planning for your Future: Your Social Security Benefits."

The Illinois CPA Society is the state professional association representing more than 24,500 certified public accountants.

Nursing center holds Fun Fest



Riders wait for a turn on the ferris wheel at the 4th annual Fun Fest sponsored by Glenview Terrace Nursing Center.

Fun for the whole family, not to mention the community, is the best way to describe the 4th Annual Fun Fest, held recently at Glenview Terrace Nursing Center. The Fun Fest, held in honor of the American Heart Association, is organized annually to raise funds for the association as well as to provide an exciting day of fun for the residents and their families. This year's theme, "Home With Heart" is an extension of the Glenview Terrace's philosophy.

Curtis Fletcher, Chairman of the Fun Fest, said, "This event draws people from all over the community. In fact, we even had people calling us just after Memorial Day asking when the fair would be taking place." The festival is an opportunity for residents, families, friends and members of the community to join together and raise money for a good cause and have fun doing it.

More than 500 people attended this year's event. Skeeet ball, moonwalk and a ferris wheel were some of the more popular activities for kids of all ages. Carnival games and booths were also on hand for everyone to try their luck. One of the best attractions was the "Wide World of Taste," a tent filled with a variety of ethnic foods. Staff members and families baked favorite old family recipes that added charm and flavor to the festival.

In addition to the food and

games, there were also two give-aways sponsored by the facility and the other by the employees. In the first give-away, prizes donated by local merchants and corporations were awarded to the winners. These included the Sybaris, White Sox, Cubs, Colgate and more. The employee awards were a huge success, as well. Prizes, purchased by the employees, included a 13" color TV, a VCR, and a compact disc player. Proceeds from the employee give-away totaled over \$1,000.

Mark Hollander, Administrator of the facility, notes, "It is a real pleasure to see everyone pitching in to support our event. It's only with everyone's help and interest that the Fun Fests have been so successful year after year. I am proud to say that, together, we raised over \$4,000 this year."

Representatives from the American Heart Association were on hand to present Glenview Terrace with a plaque commending their contribution, distribute pamphlets to guests and answer medically-related questions. In addition, the Northern Illinois Clinical Laboratories offered cholesterol and blood testing at the Fest. Glenview Terrace is especially thankful to everyone who contributed time, money, food and donation of raffle prizes to help make this event a huge success. A special thank you to our 37 community sponsors. Their thoughtfulness and generosity was greatly appreciated. This year, some of those sponsors included ITEX, MedAmerica, Health Care Pharmacy, Lake Shore Milk, Novacare, Inc., Jennings Chevrolet, Loren Buick and Glenview Car Wash.



RETIREMENT/NURSING HOME

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Retirement/NH Guide

Nursing home resident celebrates 103rd birthday

Lydia Paladino, a resident of Regency Nursing Center in Niles, celebrated her 103rd birthday on August 16.

Born Lydia Murray in Chicago in 1889, Lydia lived most of her life in the same house on Berlin before moving to Regency. During the time Lydia lived in her home, which had formerly been the home of her mother, the street name changed three times from Berlin to Canton and finally Medill.



Lydia Paladino

Lydia's husband and two sons are deceased. She was an employee of McLaughlin Coffee & Tea for 39 years.

At Regency, a birthday party with family, Regency residents and friends honored Lydia on her 103rd birthday.

opportunity to meet new people and enjoy an active lifestyle. But to achieve this, some seniors need special assistance and medical care: the Manor at Lincolnwood Place offers a comfortable, enjoyable health care environment. Marketed and managed by Chicago-based Senior Lifestyle Corporation, the Manor at Lincolnwood Place provides health care and other support services in assisted living suites or complete skilled nursing care facilities.

Located adjacent to Lincolnwood Place (a full service retirement community that has 234 independent living apartments for people 62 years or older), the Manor at Lincolnwood Place has 25 assisted living units and 40 nursing care beds. These units and beds are situated in a two-story health care center with its own separate entrance and ideally located next to the Lincolnwood Town Center mall.

Assisted living at the Manor allows seniors to enjoy active lifestyles, with the comfort and security of on-site health care and other amenities. Each resident enjoys a spacious apartment; three daily meals in an elegant dining room; help with bathing, dressing and medication, if needed; housekeeping and laundry services; transportation; and social and cultural activities.

At the Manor, residents can choose from a variety of lifestyle arrangements and levels of care: licensed staff on duty 24 hours; medical director, dentist and podiatrist regularly available; physical therapy, dietary and socialization consultants on staff; psychiatric intervention for residents with Alzheimer's; and occupational and speech therapy.

Each resident receives the highest quality in nursing care at the Manor. The facility excels in

rehabilitation care and also provides a superior level of services to long-term residents. The entire staff at the Manor dedicates themselves to providing a friendly, personal touch to add to the residential feel of the facility.

Center of Concern volunteer opportunities

Volunteers are always welcome in the many areas of service which The Center of Concern provides. But we have a special need just now for help with our Escort Transportation program. This means a driver will take the client to his or her medical appointment in Park Ridge, the surrounding suburbs or into north-west Chicago. If necessary, the driver will wait until it is time to go home, or will pick up at the designated time. If you have a car and are willing to assist in this way, please call Joan at (708) 823-0453.

There are other areas of volunteer service such as Friendly Visiting. In this program, a volunteer will agree to visit with a homebound person on a regular basis. This volunteer will bring some of the outside world to the homebound person and the resulting companionship can be very rewarding to both parties.

There are also opportunities to work in The Center's office on an occasional basis with special projects. The Center of Concern's office is located in Suite 223, of the 1580 N. Northwest Highway Building in Park Ridge. If you are interested in these opportunities or in availing yourself to any of the other programs of The Center, please call (708) 823-0453.

Viva La Papa!



The residents of St. Andrew Home, Niles, understand the scope and depth of Pope John Paul's responsibilities as the spiritual leader of the Catholic World in these crucial times. The bad news of the Pope's illness and surgery was the cause of gloom at St. Andrews Home and a great concern to all.

Soon Pope John Paul will be blessed with total healing and victory when the very special get-well card will reach him. He will be delighted with the 150 signatures of the senior residents of St. Andrew Home.

Shown above (l. to r.): Eleanor Pilarski, Dora Russell, Lida Nitto, Helen Dower and Lottie Calabrese.

Friendship Village Variety Show

The Village Variety Club of Friendship Village will present a musical review on Friday, Aug. 28, 7:30 p.m. in Friendship Hall. Written and directed by Mrs. Helen Boardman, the show tunes of "My Fair Lady," "Gigi," and "Camelot" will be featured.

Narrated by Boardman, Pauline Dunbar and Inez Okerberg, the performance combines narration with music. An overture blends a variety of sounds from portable keyboard, piano, glockenspiel, and drums played by Ed Janacek, Lois Gratz, Marguerite Piegorsch and Martin Schwarz. Costuming is coordinated by Chris Mueller and artwork by Grace Kogley. The talented vocalists include: William Boardman, Victor Born, Edward Mackie, Elsa Matchen, Jim McKellin, Arthur Melvin, Evelyn Nagle. The sound system coordinated by George Hanson.

The performance is open to the public. For reservations call (708) 884-5071. Friendship Village is celebrating its 15th year of serving persons of retirement age in the Chicago area. It is a nationally accredited retirement community located at 350 W. Schaumburg Rd., Schaumburg.

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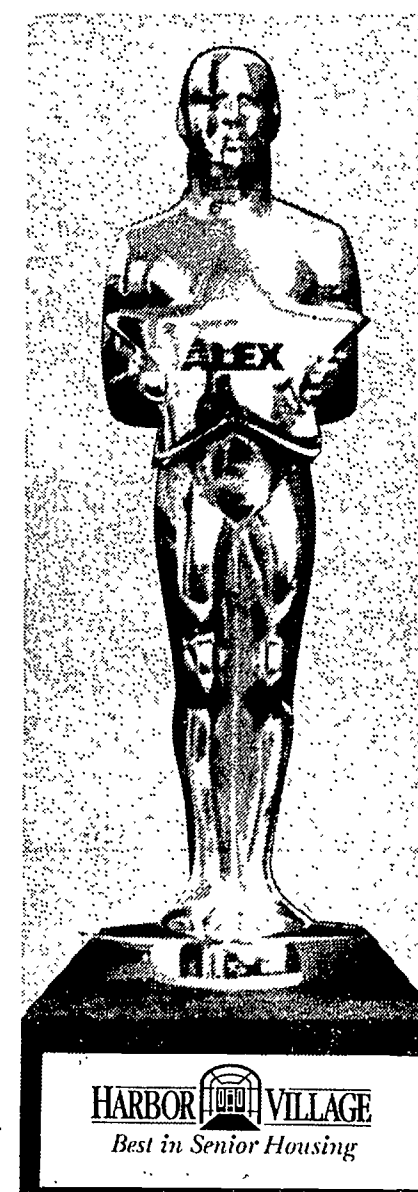
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Winning this prestigious award is an honor that set Harbor Village apart from others in the broad field of senior housing. But it is the underlying concept, philosophy and design that went into the creation of Harbor Village that really puts it in a class by itself.



More than a place to live—a way of life

Harbor Village is a whole new concept in retirement living that combines understated elegance with the traditional warmth and comfort of family living. Residents can choose from a wide range of activities and amenities.

A whole community for retirement living

Charm and elegance, comfort and caring, social activities and the independence to pursue your own special interests. It's all waiting for you at Harbor Village, with beautiful Lake Michigan in your backyard.

Affordable one monthly rental rate includes:

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- ★ Beautiful newly rehabbed apartments
- ★ Two excellent waitress served meals & Continental Breakfast
- ★ Free utilities
- ★ Free housekeeping and maintenance
- ★ 24-hour staffing
- ★ Health Club, and full time Activity Director with daily activity schedule

Call for your personal appointment and tour of Harbor Village. You'll see why our residents are the real winners.



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RETIREMENT/NURSING HOME

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Tips on preventing heat-related illnesses

Summer is sitting on the porch, cooking a barbecue, going to the park. As the days get longer, we all wish to spend as much time outdoors as possible. However, the hot humid weather can pose severe health problems for many people.

Excess heat can place abnormal stress on your body. During hot weather, the body is cooled by perspiration evaporating from the skin. When the body fails to cool itself, people are prone to such heat-related illnesses as heat exhaustion or heat stroke.

If you have been exposed to too much heat, a feeling of weakness may overcome you. Symptoms include cool, moist skin and a weakened pulse. You may even feel faint. Sometimes the dizziness is sudden and may cause you to faint. You may suffer heat cramps — muscle spasms in the abdomen, arms or legs, often felt after strenuous activity. They are usually caused by salt depletion.

Heat exhaustion, probably the most common form of heat-related stress, is caused by the body's loss of water and salt. Symptoms of heat exhaustion are thirst, dizziness, weakness, profuse sweating, loss of coordination, lightheadedness, loss of appetite, and nausea. The body temperature often increases, but usually not higher than 101 degrees. A person showing these symptoms may be sweaty and

pale, but the skin is cold and clammy. When this occurs, the person should lie down in a cool place and drink plenty of fluids. Avoid alcohol and caffeine. Water and fruit or vegetable juices are best. Encourage the person to shower or sponge off with cool water. If left untreated, heat exhaustion can progress to heat stroke.

Heat stroke is much more serious and requires immediate medical attention. Left untreated, the condition is likely to be fatal. Before the stroke, the person usually experiences a headache, dizziness, nausea, confusion, and even convulsions. The person may be flushed but not perspiring, and may even lose consciousness.

To avoid heat-related illnesses, several measures can be taken:

- Drink plenty of water and juices.
- Bathe or shower frequently in cool water.
- Wear lightweight, light-colored, loose-fitting clothing.
- Avoid vigorous outdoor activity during the hottest part of the day (noon to 4 P.M.).
- Wear a hat or use an umbrella out in the sun.
- Draw shades or blinds during daytime hours.

71 year old judge orders employees to wear short skirts

A 71-year-old Youth Court judge has issued a court order barring his employees from wearing dresses longer than midcalf, and said anyone who violates the order will be held in contempt of court.

Judge Albert Sidney Johnston also demanded that any dress as long as midcalf be "dressed" and have a split in it.

Why the revealing dress code? "Because I don't want them wearing them any longer," Johnston said. "People were complaining to me wanting to know what country they were from, India or wherever."

Johnston said there has been no problem with his order. He said a

court administrator came in with a dress on that was too long. "I told her, and she cut it off," he said.

The dress code was issued in the form of a short court order on Aug. 3.

Johnston said he did not demand the dress code in order to see more of his employees' legs. Several days earlier, he issued a code dictating that skirts be no shorter than one inch above the knee, he said.

Deirdre Janney, head of the American Civil Liberties Union in the state, said the order could be a violation of the constitutional right of free expression.

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So if you want the best...



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Joan M. Willey, Administrator

Vendors needed for Senior Expo

If you have products or services of interest to adults over 50 sell or display your merchandise at the Senior Expo, from 9 a.m. - 1 p.m., Friday, Oct. 16, at Oakton Community College's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

All older adults in the communities served by Oakton Community College are invited to attend the Senior Expo.

However, the Expo committee reserves the right to choose vendors who best serve the image and quality of the Expo. Vendors will be allocated space on a first-come, first-serve basis, at the discretion of the committee. Early registration is encouraged since space is limited.

A single space (6x8) is \$35, double space (6x16) is \$60. Co-sponsors of the Expo can rent a single space for \$25 and a double space for \$50.

Tables, chairs, carts/dollies or any other special requests will not be available. Please be prepared to provide for yourself. Set-up begins at 7 a.m. on the day of the Expo.

The Senior Expo is sponsored by Oakton Community College's Office of Community Services. To reserve a space, contact Bea Cornelissen at (708) 635-1812.

Workers sue claiming age discrimination

A group of 55 former Hercules Aerospace Co. employees are suing the Farmington, Utah defense contractor, claiming they were fired because of their ages.

The former workers, whose ages ranged from 41 to mid-60s when they lost their jobs, claim they were replaced by younger, less experienced workers beginning in 1990. Those new workers cost the company less money, the workers' attorney said.

The lawsuit was filed in Utah 2nd District Court, and alleges violations of age discrimination laws.

The former workers lost their jobs at Hercules' Freeport Center facility in Clearfield, the Bacchus facilities in Magna and the Tekoi Test Range in Tooele.

David Nicponski, manager of government affairs for Hercules' Utah operations, would not comment on the lawsuit.

The former workers' attorney, Claudia F. Berry, said some of them had worked 30 years or more for Hercules and were replaced by people with less seniority.

The lawsuit asks for an unspecified amount for emotional pain and suffering as well as the loss of

earnings, insurance and pension benefits. Berry said her clients, most of them in their 50s, have been unable to find jobs because employers often are reluctant to hire older workers.

Among them is Terry L. Carter of Clearfield, who has been unemployed since losing his job as a manufacturing expeditor in November 1990 after 27 years at Hercules.

Carter, whose state unemployment insurance is to run out this week, said his age and the scarcity of defense jobs have made it tough to find work.

"I've got to go out of my field. I'll probably have to take a job for half or a third of what I was making just to survive."

Also named in the lawsuit is Jon Peterson, director of Human Resources for Hercules Bacchus Works, who the former employees claim implemented the staff reductions in Utah.

Hercules' Nicponski said the aerospace company has let go nearly 1,800 Utah employees as part of a consolidation effort to shave off the impact of government defense cuts.

Hercules now employs about 3,000 in the state.

Julia Child at 80: still cooking all these years

Julia Child, the thoroughly American French chef, found the occasion of her 80th birthday to be too useful for just a quiet family reunion in Vermont.

This milestone has become a public celebration in the service of her mission: ingraining in everyone the importance of good food, made well, shared with friends and family, and taken as seriously as any art.

On Tuesday, four days before her birthday, Child walked through her neighborhood near Harvard with a camera crew, supervised two cooks helping with lunch for potential investors in a new television series, answered countless telephone calls, and posed for a photographer (holding a green ceramic bowl of "lo-mah-toes") all before 1 p.m.

The birthday parties, mostly to benefit public television and the American Institute of Wine and Food, began weeks ago and go on through at least November.

So it goes for folk heroes, especially one who made herself at home in your home.

She made mistakes, but always with exuberance. You can't miss the point: This is fun.

Not particularly stylish, she never goes out of style. The thing about Julia Child is that she could be your neighbor or your mom — not too glamorous (though her sensible A-line skirts and blouses have given way to more fashionable attire), and not so superior that she can't curdle the mayonnaise.

But she can fix it, and she's eager to show how. She has obviously mastered her art, but even if you haven't, she has a rule: Never apologize for your cooking.

"She's a very opinionated lady, and that's what so refreshing. But she also is extremely generous," said Sara Moulton, who worked on the TV series "Julia Child and More Company."

And decidedly self-effacing.

Once, after an appearance on David Letterman's show, Child and colleague Susy Davidson

found a crowd outside.

"I said, 'Sometimes when I'm with you, I forget how famous you are,'" Davidson recalled. "She said, 'You know, so do I.'"

As for an autobiography, Child says never. "It doesn't interest me. Nor do I think it would be very interesting — from stove to typewriter."

That assessment skips a few chapters: a happy California childhood, a stint in Ceylon in World War II, and working as a clerk for the Office of Strategic Services; her remarkable marriage to Paul Child, a diplomat, photographer and painter whose work is everywhere in their house; their life in France; and her television career.

Peter Kump, who has known Child for 20 years and began the James Beard Foundation with her, says she was the brushfire that spread a love of good food beyond a gourmet cliche.

It has been nearly 30 years since Child became "The French Chef," breaking into television and publishing. "Mastering the Art of French Cooking" has sold 2 million copies, and she has written six more books. The latest, "The Way to Cook," was published in 1989.

She considers her success serendipitous, due in part to the arrival of a French chef in the Kennedy White House and Americans' postwar interest in foreign food.

"I'm also somewhat of a ham, which is always useful," she said, sitting in her living room wearing a sapphire blue silk blouse, beige slacks, and red Nikes.

She's on the road frequently drumming up support for the food and wine institute, begins a column in Food & Wine magazine in October, and is planning a new public TV series in which she'll be host for other chefs' demonstrations.

"She has had so much pleasure from food and wine and everything that goes around the act of cooking and eating," Davidson said. "She sees it slipping away

from us and will do anything she can to fight that and to knock some sense into the American public."

Three decades of great food eaten in moderation and "good genes" have made her impatient. "People have gone so nutty about nutrition these days."

Too many people, even smart people like her neighbor with the Ph.D., "go into the kitchen and leave their brains behind," she said.

She also worries about the state of family dinners: "I decry parents who don't have a dinner hour, because what kind of children will they be bringing up?"

No matter how busy, Child stops for meals, even when she's alone, which happens more often now that Paul Child, 90, lives in a nursing home nearby. She visits him daily, and he's never far from her thoughts.

A lover of good food, he inspired her to study cooking.

"I would not have gotten anywhere without him," she said.

Many American cooks could say the same about her.

Historical Society sets Holiday Market

On Saturday, Sept. 26, 1992, from 9 a.m. to 4 p.m. the Niles Historical Society will present its annual "Holiday Market," a craft bazaar and bake sale, at the Trident Center, 8060 Oakton Street, Niles. Many handmade items and crafts will be offered for sale. Also for sale will be a variety of delicious homebaked goodies, including cakes, pies, and cookies. Light refreshments will be available at the Coffee Shop.

To participate as a vendor, call the Niles Historical Society (708) 390-0160 or Marge Berles (708) 823-4703.

RETIREMENT/NURSING HOME

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Fall Emeritus courses at Oakton

Register now for fall credit courses in literature and oral interpretation through the Emeritus program at Oakton Community College, 1600 E. Golf Road, Des Plaines.

The following courses begin the week of Aug. 24.

Learn vocabulary and processes of analyzing and evaluating selected works of fiction, drama and poetry in Literature: International Perspective. Discussion and writing assignments will involve the special and historical forces that have influenced these literary forms. The class meets from 6:30 - 9:20 p.m. on Thursdays.

Japanese I will review basic skills in pronunciation, vocabulary, grammar and reading within the context of Japanese culture. The class meets from 12:30 - 2:30 p.m. on Tuesdays.

Oral Interpretation focuses on the oral presentation of literary art. Emphasis is on the development of the voice and body, as well as on the critical analysis of the effective use of the speaking voice. Various reading techniques and skills plus integrated body movements are covered. The class meets from 2 - 3:15 p.m. on Tuesdays and Thursdays.

All credit listed above can be audited if the student does not want to receive credit. For students under 60 who live in the district, tuition is \$25 per credit hour and \$12.50 per credit hour for students over 60.

For more information, contact Bea Cornelissen at (708) 635-1812.



Device keeps track of wandering patients

A Lincoln, Nebraska company manufactures a device intended to notify attendants when a patient is leaving a building.

WanderGuard Inc. produces an electronic device that sets off an alarm when someone wearing a special wristband wanders near a monitored door or goes through it.

The system has been installed in about 3,000 nursing homes and rehabilitation centers across the country, as well as in Puerto Rico and Canada, said company president John Brash.

Brash said about 50 people a year die in this country after wandering away from caregivers.

Last week an 83-year-old Ashland man wandered away from Lincoln General Hospital and was found dead Tuesday in a drainage ditch about two miles away.

Five health-care facilities in Lincoln and nearly 100 in the state use the device, one of WanderGuard's several alarm and communications systems for monitoring Alzheimer's patients and others with forms of organic brain syndrome.

Hospitals generally haven't been interested in such systems because they offer short-term care, Brash said.

Lincoln General spokeswoman Mary Baker said the hospital is evaluating a variety of systems after last week's incident.

The sensors cost about \$1,200 per door.

Maine Township mature adults plan trip

Maine Township mature adults can register now for a 10-day deluxe bus excursion Thursday, Oct. 15, through Saturday, Oct. 24, to the historic cities of Baltimore, Philadelphia and New York.

After an overnight stop near

Group offers support to caregivers

An on-going support group for the caregivers of Alzheimer's patients will meet from 6:30 to 8:30 p.m. Wednesday Sept. 23, in the small cafeteria at The Glenbrook Hospital, 2100 Pfingsten Road, Glenview.

The Evanston Hospital Geriatric Services sponsors the meetings on the fourth Wednesday of every month.

For more information call The Evanston Hospital's Geriatric Services at (708) 570-2219.

Pittsburgh, the group will head for Baltimore, the "Renaissance City." Highlights include a city tour, a guided tour of the colonial capital of Annapolis, and visits to the U.S. Naval Academy, Baltimore Harbor and the National Aquarium. Two nights accommodations will be at the Omni International and include dinner the first night at the hotel and a chance to enjoy Chesapeake Bay specialties the second night at Obyed's.

The trip continues on to Philadelphia where highlights include visits to Independence Hall, the Liberty Bell, Betsy Ross House, and Benjamin Franklin's home and print shop. Overnight accommodations will be at the Holiday Inn-Independence Mall with dinner at the City Tavern in Philadelphia's historic district.

Then it's on to the "Big Apple" - New York City - where guests will spend the next three nights at

the Holiday Inn Crowne Plaza in White Plains. Highlights include a guided tour of Ellis Island, a Manhattan skyline cruise and a tour of the city including the United Nations Building, World Trade Center, Greenwich Village, Times Square and Central Park. A performance of the hit Broadway musical "Guys and Dolls" will follow dinner at Mama Leone's in the Theater District.

The return trip will include an opportunity to enjoy fall foliage in the breathtaking Catskill Mountains, a guided tour of the Corning Glass factory and overnight stops at the Corning Hilton and the Radisson Harbor Inn in Sandusky, Ohio, where the group will celebrate with a farewell banquet. Before returning home, visitors will cruise Lake Erie's islands and explore Put-In-Bay on South Bass Island.

Cost of the trip, including de-

luxe motorcoach transportation, nine nights' deluxe accommodations, nine breakfasts, two lunches, and nine dinners, is \$1,398 per double occupancy and \$1,754 single occupancy.

The trip is open to members of the Maine Township Seniors, Options 55, One + Options, and guests. For reservations or membership information, call Sue Neuschel or Helen Jung at 297-2510, ext. 240 or 241.

The Maine Township Seniors is a social group serving more than 3,800 township residents 65 and older. Options 55 serves Maine Township residents 55 through 65, and One + Options meets the needs of widowed and other single adults 45 through 65.

Membership in all three groups is free and members benefit from group rates on activities. Applicants must be Maine Township residents and provide proof of age and residency.



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RETIREMENT/NURSING HOME

Page 12 Thursday, August 20, 1992

Watersport athletes make a splash

Across the seas, Olympians are going for the gold, striving to meet the challenge. But closer to home another group of athletes are working just as hard to reach their own personal goals.

At Barclay Place in Lincolnwood at 4 p.m. on a sunny summer afternoon a group of women in the pool look like they may be in training for the Olympics. Although they are very serious about their workout, there is no competition, they all encourage and help one another.

Alice Veit leads several other residents of Barclay Place in a pool exercise class. Their synchronized movements, with the help of Alice's coaching, makes them look like professionals, but they will tell you differently. They are exercising for their health, working together to achieve the same goal -- a good fitness regimen through water aerobic exercise.

"I began doing water aerobics because my doctor recommended it for my back pain," said Alice. "The other ladies saw how fun and relaxing it was, as well as being an

excellent all over exercise for your body, and they joined right in."

Living at Barclay Place makes it easy for the group to participate in this type of exercise. The large outdoor pool is just one of the many amenities the luxury condominium development in Lincolnwood has to offer. All of the members of the exercise group reside in Barclay Place, so they don't have any excuses for missing class when it comes time to work out.

Alice was taught exercises that would be best for her medical condition by a professional. Living with her friends at Barclay Place, she has passed her knowledge along to the others while leading her classes.

"I used to go to the Y and other places to use the pool before we lived at Barclay Place," said Alice. "Now I even have a group to exercise with, which makes it much more fun."

Her group enthusiastically agrees with her. "Water exercising is fun and it strengthens your

entire body, especially your upper body," said Denise McCue, one of the frequent pool exercisers. "It's a good overall exercise that we can do in our own backyard."

Irv Veit often accompanies his wife Alice to the pool on the days she leads the pool exercise classes. One in a while he'll even join in at his wife's urging. "Alice just loves the water exercises, along with the group," said Irv. "Her body will tell her if she's gone too long without a workout."

After their class, saunas, jacuzzis and exercise rooms are available. Or they'll slip into their thong sandals and talk about the day's workout as they head back to their condominiums. Convenience is a main reason many of the members are so dedicated and rarely miss a class.

The pool at Barclay Place is also in use on days when no exercise class is scheduled. It is utilized by all of the residents for swimming, suntanning and socializing. For year round exercise, the exercise rooms are available to residents.

The Olympic water sports events will take place on the other side of the Atlantic Ocean. Luckily, the Barclay Place water workout group only has to go to their backyard.

Barclay Place, the premier luxury residence in Lincolnwood offers 2 and 3 bedroom condominium residences from \$258,000 with immediate occupancy for the first phase, from \$204,500 with pre-construction pricing for Phase II.

The Barclay Place sales office is open from 11 a.m. to 5 p.m. daily or by appointment. For information, call 679-2221.

Recovery In Progress support group

Recovery In Progress, a support group for those suffering from panic/anxiety disorder will present Drs. Sherry Pfeffer-Byer and James Brogle, Co-Directors of the Panic/Anxiety/Phobia Clinic in Chicago at 7 p.m. on Tuesday, Sept. 23, in the auditorium of the Morton Grove Public Library, 6140 North Lincoln Ave. All are welcome--there is no charge.

Edison Gatekeepers keeping agencies busy

Referrals by Commonwealth Edison employees under the company's Gatekeeper program accounted for 40 percent of the Illinois Department on Aging's caseload for the second quarter of 1992. In the same time period, referrals by Edison employees have accounted for 80 percent of the Department on Aging and Disability's caseload for the City of Chicago.

The community's Gatekeepers, Commonwealth Edison's customer-contact employees, such as meter readers and customer service, credit and service representatives, are trained to recognize signs or symptoms that an older adult might be in need of assistance.

Edison's award-winning e-Team, in cooperation with state and Chicago agencies, has been providing this community service, known as the Gatekeeper Program since August 1989.

When these Edison employees encounter a senior citizen who shows signs of physical or emotional health deterioration, disorientation, elder abuse or an inability to maintain his or her home, they telephone the Illinois Department on Aging or the City of

Chicago Department on Aging and Disability. The professionals at the appropriate agencies do the rest. To date, Edison employees involved with the program have made 1,621 such calls to assist elderly citizens throughout northern Illinois.

In other words, more than 1,100 Edison employees act as trained eyes and ears of local agencies to help senior citizens make connections with the providers of services they need.

The state and Chicago agencies work with Edison's program organizers to teach the company's customer-contact employees about the simple, yet potentially lifechanging, steps in the program.

This program is an expansion of Commonwealth Edison's already-successful e-Team, which provides a temporary safe harbor for anyone, particularly a frightened or injured child, until the proper authorities can be summoned. The e-Team already has earned Edison the national Presidential Citation Award in 1986 and the Concern Award from Children's Memorial Medical Center in 1987.

Ostomy chapter to hold rap session

A rap session will be held by the United Ostomy Association's North Suburban Chicago Chapter at 8 p.m. Wednesday, Aug. 26, in the East Dining Room (10th floor) of Lutheran General Hospital, 1775 Dempster Street.

Rap sessions, at which attendees can exchange information and ostomy care tips with people with the same type of ostomy, are one of the chapter's most popular programs and are especially helpful to newer ostomates. They also give spouses, family members and others close to ostomates an opportunity to share experiences.

The program will also feature a report from chapter officers who attended UOA's 30th annual conference on July 29-August 1 in Pittsburgh, where delegates from UOA's more than 600 chapters

gathered to discuss the organization's plans and programs. UOA is a national volunteer, nonprofit organization that provides support and education to people who have had ostomy surgery or have related medical conditions.

The North Suburban Chicago chapter's activities include a hospital visiting program for ostomy surgery patients, which is part of a nationwide UOA program with the American Cancer Society. It also publishes a newsletter with ostomy care tips and information.

The chapter meets the fourth Wednesday of every month at Lutheran General. Ostomates, family members and friends are welcome. For more information on the group or the meeting, phone (708) 692-3592.

Hospital slates theater fund raiser

Prime tickets are now available through Rush North Shore Medical Center for the Tony Award winning production of Miss Saigon at the Chicago Auditorium Theater. The hospital fundraiser has main floor and lower box seat tickets for the Sunday, Oct. 25, matinee show at 3 p.m. Proceeds will benefit Rush North Shore Medical Center's Gross Point Edition.

Tickets can be purchased in person at Rush North Shore Medical Center's Development Office, 9600 Gross Point Road, Skokie or over the phone. Major credit cards are accepted. For more information, call (708) 933-6441.



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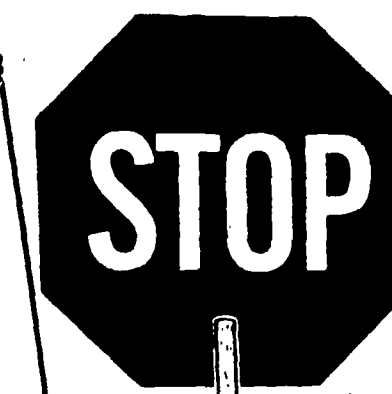
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THE BUGLE, THURSDAY, AUGUST 20, 1992

PAGE 25

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Health News

Society observes leukemia awareness month

The Leukemia Society of America will observe Leukemia Awareness Month by promoting public awareness concerning leukemia and its related diseases of lymphoma, Hodgkin's disease and multiple myeloma.

During September volunteers will canvas their neighborhoods to solicit support and distribute information about leukemia and the efforts of the Leukemia Society of America to eradicate this and other related diseases.

Leukemia is a disease of the blood-forming tissues: the bone marrow, lymph nodes and the spleen. When leukemia strikes, the body makes too many abnormal white blood cells, causing infections, anemia or excessive bleeding.

Leukemia kills more children between the ages of two and fifteen than any other disease, and it

kills more adults than children. Nearly 48,300 Americans succumb to leukemia or a related disease each year, and more than 89,100 new cases are reported annually.

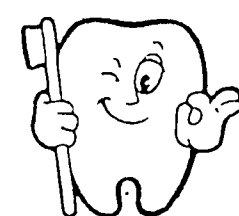
Today, there are five million survivors of leukemia and other cancers leading happy and productive lives because of research dollars. Chemotherapy and bone marrow transplantation have achieved long-term remissions and cures for many forms of childhood leukemias and Hodgkin's disease.

One out of every four Americans will experience some form of cancer in their lives.

Contact the Leukemia Society of America by writing: The Leukemia Society of America, 6 N. Michigan Ave., Suite 506, Chicago, IL 60602, or by phoning (312) 726-0003.

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LGH awards health care scholarships



Five area graduating high school seniors were this year's recipients of \$1,000 Health Career Scholarships from the Lutheran General Hospital Service League. They are (left to right, standing) Buffalo Grove resident Neal Gold, from Buffalo Grove High School; Morton Grove resident Kathreen Kwon, from Niles North High School; Park Ridge resident Suzanne Auge from Maine South High School; and Morton Grove resident Amy Quinn, from Niles West High School. Seated is Park Ridge resident Jennifer Black, from Maine South High School. More than 100 applications were received for the 1992 awards which are designated to help students pursue a career in health care.

St. Francis opens MRI facility

St. Francis Hospital of Evanston recently opened a new, \$3.9 million Magnetic Resonance Imaging (MRI) Facility.

"Having MRI technology available on-site will provide quicker, more convenient access to our patients and their physicians, which in turn will enhance the overall quality of patient care," said St. Francis President James Gizzi.

Among the most advanced diagnostic tools available today, MRI combines a powerful magnetic field and radio-frequency waves to produce vivid images from within the body. It is a painless, non-invasive procedure usually performed on an outpatient basis. MRI complements and enhances other diagnostic methods, such as X-ray, CT (computed tomography), and ultrasound.

Low-Impact aerobics

A series of low-impact aerobics, sponsored by the Good Health Program of Rush North Shore Medical Center in Skokie, is being held at the medical center.

Classes are scheduled Monday through Friday from 9:10 to 10 a.m.; Monday and Wednesday from 5:30 to 6:30 p.m.; Tuesday and Thursday from 4 to 5 p.m. and from 5:30 to 6:30 p.m.; and Saturday from 8:30 to 10 a.m.

For further information and to register, call the medical center's Good Health Program at (708) 933-6695.

Arthritis program on Sept. 2

The Northwest Chicago/Suburban Arthritis Coping and Education Program (ACE) (Formerly known as the Arthritis Action Council), will hold its next meeting on Wednesday, Sept. 2 at 7:30 p.m. We meet at Lutheran General Medical Group, S.C., 6000 W. Touhy Ave., Chicago.

The topic, "Exercise with Arthritis," will be presented by Sharon Feldman, P.T., a physical therapist at the rehabilitation institute of Chicago.

The ACE concept is designed to improve public understanding and to provide assistance to those with arthritis, the nation's number one crippling disease. Refreshments will be served. All meetings are free and open to the public. In order to provide adequate seating, we ask that you call (312) 763-1800.

Caregivers receive support

Many stroke patients receive daily care from family members or friends. This support group is designed for family, friends and caregivers of stroke patients. It is a discussion group dealing with coping and adapting to the changes in one's lives that have been brought on by a family/friend's stroke.

The Caregiver Support Group will meet from 7-8:30 p.m., Wednesday, Sept. 2, in room G-952-956 of The Evanston Hospital, 2650 Ridge Ave.

The group is open to the public free of charge and meets the first Wednesday of every month. For more information, call Colleen Collins at (708) 570-2030.

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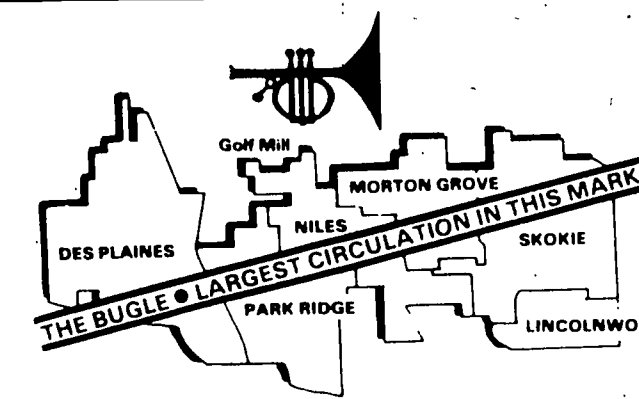
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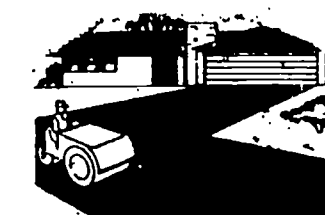
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THE BUGLE'S Business Service Directory is beckoning you to:

AT THE BUGLE'S
Low, low rates, which
enable you to:

LOOK ADVERTISE

To attract
potential customers!

To your phone and
**CALL NOW
966-3900**

Your credit is
good with us!
We accept Visa
& MasterCard.

CARPET CLEANING

**TOUCH OF BEAUTY
CARPET CLEANING**
Full service carpet cleaning special-
ist. Free estimates, fully insured. We
also sell Less & Salem carpets.
8855 Milwaukee Avenue
Niles, Illinois
(708) 827-8097

CARPET SALES

**NEW YORK
CARPET WORLD**
AMERICA'S LARGEST
CARPET RETAILER
• SHOP AT HOME •
Call
967-0150



CATCH BASINS & SEWERS

**JOHN'S SEWER
SERVICE**
Oakton & Milwaukee,
Niles
(708) 696-0889
Your Neighborhood Sewer Man

CEMENT WORK

**PRESTA
CONSTRUCTION**
• Stairs • Porches • Garage Floors
• Driveways • Sidewalks • Patios • Etc.
Call Anytime
(708) 529-4930
Licensed & Insured • Free Estimates

G & L CONTRACTORS

• Driveways • Patios • Foundations
• Steps • Aggregate • Brick Paving
Licensed & Bonded
Free Estimates
Call Guy:
(708) 966-7980

MIKE NITTI CEMENT CONTRACTOR

• Patio Decks • Driveways
• Sidewalks
Free Estimates
Licensed • Fully Insured
965-6606

Affordable Prices MERIT CONCRETE INC.

(312) 283-5877
Prompt, Free Written Estimates
Steps, Patios, Walks, Drives, Etc.
• Licensed • Fully Insured
Member of Portage
Chamber of Commerce

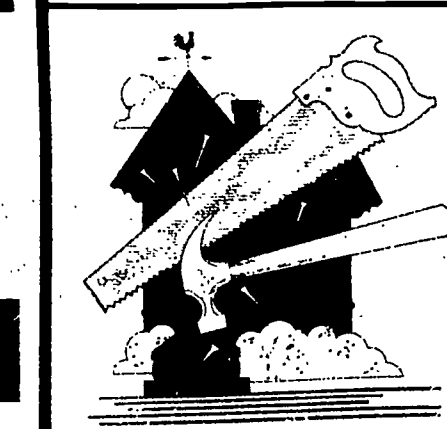
CEMENT WORK

**ROSEBUD
CONSTRUCTION**
Cement Work
• Specializing in Concrete
• Stairs • Porches
• Room Additions
• Garage Floors
• Driveways • Sidewalks
• Patios, Etc.
• Insured • Bonded • Licensed
• Free Estimates
(708) 773-3676



CONSTRUCTION

**LUCCA CUSTOM
CONSTRUCTION**
• Expert Carpentry
• Remodeling • Decks
No Job Too Small
Free Estimates • Sr. Discounts
(708) 967-0737



GUTTERS & DOWNSPOUTS

FIX GUTTERS SEAM REPAIR
SR. Citizen Discounts
Reroofing Downspouts
New Installation • Cleaning
Trucks are Stationed in City and Suburbs
Call Gary:
(312) 262-7345
Established Since 1972



HANDYMAN

HOUSE SICK? PAINS & ACHES?
• ROOFING • PAINTING • CEDAR SIDING
• DECK WORK • ANIMAL PROOFING
• SEALING FOUNDATION
FOR WATER LEAKS
HANDYMAN TOM MAYES
The House Doctor
(708) 662-1049

HANDYMAN

**RICH
THE HANDYMAN**
• Building Maintenance
• Carpentry
• Electrical • Plumbing
• Painting-Interior/Exterior
• Weather-Insulation
• GUTTER CLEANING
INSURED • REASONABLE RATES
FREE ESTIMATES
965-8114



HIGH POWER CLEANING

**HIGH POWER
CLEANING**
We Wash Aluminum Siding
Gutters, Awnings, Shutters
Windows, Concrete and Wood Decks
Call Gary:
(312) 262-7345

EXIN CARE, INC. PRESSURE WASHING

• GRAFFITI REMOVAL
• Decks, Brick, Sidewalks,
• Patios, Driveways &
Aluminum Siding - Seal Decks
Free Estimates • Insured
(708) 635-0552

HOME IMPROVEMENT

**WILGER
HOME
IMPROVEMENT**
Quality Carpentry
• Window and Door Replacement
• Siding
• Porches and Decks Built &
Repaired
• Basements Remodeled
• And Much More
• No Job Too Small
• FREE ESTIMATES!!!
Why If You Can...
MOVE? IMPROVE
CALL... (312) 282-9301

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Are You Paying Too Much
For Your Light and Medium
Duty Truck Insurance?
We Have Competitive Markets.
Also Offer Contractors Liability.
**SCHMITZ
INSURANCE AGENCY**
(708) 518-9911

MEN'S DIVORCE RIGHTS

**MEN'S
DIVORCE RIGHTS**
• Custody • Visitation
• Support • Property
Helped write Joint Custody law
Jeff Leving, Attorney
(708) 296-8475

STEVE'S PAINTING & DECORATING

• QUALITY PAINTING
• EXPERT PAPER HANGING
• WOOD FINISHING • PLASTERING
• We vacuum & put furniture back!
(708) 967-9733
Call Vee
References • Free Estimates

PRECISION PAINTING

COMPLETE DECORATING
• INTERIOR & EXTERIOR
• WALLPAPER HANGING/REMOVAL
• PLASTER/DRYWALL REPAIRS
• WOOD FINISHING/REFINISHING
• INSURED/REF./FREE ESTIMATES
TONY PAGANO
(708) 259-3878

DESIGN DECORATING

• QUALITY PAINTING
• EXPERT PAPER HANGING
• WOOD FINISHING • PLASTERING
• We vacuum & put furniture back!
(708) 967-9733
Call Vee
References • Free Estimates

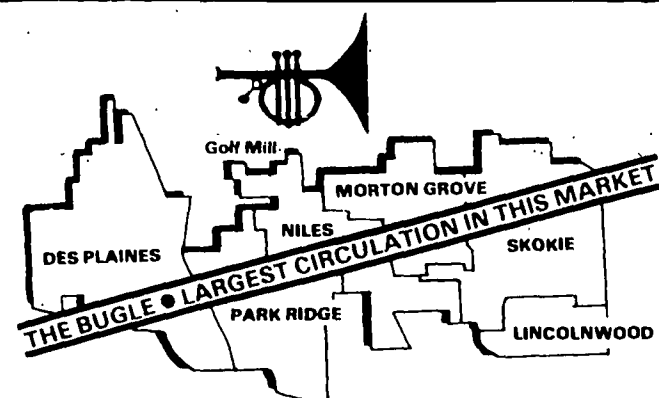
STEVE'S PAINTING & DECORATING

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(708) 967-9733
Call Vee
References • Free Estimates

INFORMATION ON CLASSIFIED ADS

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8746 N. Shermer Road, Niles, Illinois. Our Office Is Open - Monday thru Friday, 9 A.M. to 5 P.M.

USE THE BUGLE
Classifieds
966-3900



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- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

BUSINESS SERVICE DIRECTORY

PLUMBING TOP GUN PLUMBING & SEWER SERVICE 24 Hour Service • Free Estimates No Extra Charge For Weekend Free Catch Basin Cleaning With Main Line Rodding (708) 749-0346 (312) 522-0101	ROOFING LOW COST ROOFING Complete Quality Roofing Service 966-9222	TUCKPOINTING MIKWAY 'WE FIX BRICKS' TUCKPOINTING Brickwork Chimneys Repaired & Rebuilt Masonry Glass Block Installation Window Caulking Building Cleaning Residential-Commercial-Industrial Fully Insured • Free Estimates 708-965-2146 SKOKIE	TUCKPOINTING WOODVILLE'S TUCKPOINTING & BRICKWORK • Glass Block Windows • Chimneys (Rebuilt) • Masonry Sandblasting • Chemical Cleaning Residential • Commercial • Industrial (312) 283-5024 FREE ESTIMATES	VCR MAINTENANCE Specializing in: • VCR HEAD CLEANING • REPAIRS • HOOKUPS IN HOMES • REASONABLE RATES CALL DAVE: 965-8725 or leave message
LEO'S PLUMBING SVCS. All Types Of Plumbing & Sewer Work 24 Hr. Emergency Service (708) 299-8706 Beeper (708) 643-0167			UPHOLSTERING CUSTOM MADE PLASTIC COVERS Slip Covers • Reupholstery Custom made Draperies Sale All Color Plastic • Factory Costs Dura Fab Slip Covers • Upholstery VINYL RE-UPHOLSTERY (708) 543-8374 or (708) 307-8007 Free Pick-up • Delivery • Estimates	WALL WASHING NORTHWEST WALL WASHING Walls, Ceilings, Woodwork washed, Carpets cleaned. Specializing in Residential Cleaning. Free Estimates • Insured (312) 252-4670 (312) 252-4674
MIKE'S PLUMBING SERVICE Plumbing repairs & remodeling. Drain & Sewer lines power rodded. Low water pressure corrected. Sump pumps installed & serviced. 1-(312) 338-3746	TREE SERVICE TREE TRIMMING & REMOVAL INSURED QUALITY WORK LOW PRICES (708) 888-0102	G.N.J. CONSTRUCTION • Tuckpointing • Roofing • Exterior Building Cleaning • Brick New/Old Renovating • SR. CITIZEN DISCOUNT FREE ESTIMATES INSURED (708) 581-1158		WINDOW TINTING GLARE LESS, INC. Protect Yourself From The Sun's Harmful Ultra Violet Rays • Glare Reduce } • Heat • Fading Commercial • Industrial • Residential Call: (708) 893-1588
Bugle Classified is the place for you! Call 966-3900		Try a classified! Call today! 966-3900		BUGLE CLASSIFIED ADS GET RESULTS! Place your ad now 966-3900



EVERYONE
WANTS

AT THEIR
FINGERTIPS!
READ
THE
CLASSIFIEDS

and you're
guaranteed
a spin around
the world of
buying and selling
...jobs and homes,
choice business
opportunities,
and sometimes,
just a friend...
CALL
(708) 966-3900

Your credit is good with
us we accept visa and
master card! Call:
966-3900

The Bugle's Bulletin Board

MAMA'S GOURMET PIZZA
 You Don't Have To Go To Italy
 To Get The Best Pizza Around
 For Fast Pick-Up Or Delivery
Service Phone: (708) 965-7200
 Open Sunday 4 P.M. To 10:30 P.M.
 Saturday 4 P.M. To 12 A.M.
 Friday 11 A.M. To 12 A.M.
 Monday-Thursday 11 A.M. to 11 P.M.
 With Complete Lines Of Sandwiches And Dinners
 Present this coupon and get \$1.50 off on any 1-16" ingredient Pizza

TOP GUN PLUMBING & SEWER SERVICE
 • Power Rodding • Flood Control • Clean Out And Install
 \$10 Off Any Rod Job
 \$50 Off Any Sewer Repair
 • 24-Hour Service
 • Free Estimates • Senior Discount
 No Extra Charge For Weekends!
 In House Credit Terms Available
 (708) 749-0346
 (312) 522-0101

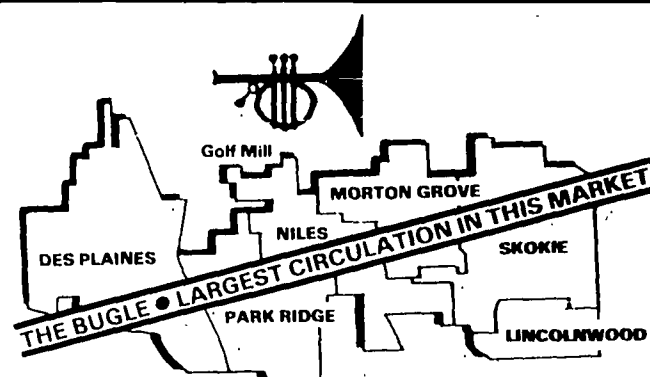
Call
(708) 966-3900
 To Place Your
Bulletin Board Notice!

BEAUTIFUL FURNITURE AT UNBELIEVABLE PRICES!
THE ARK THRIFT SHOP
 NEEDS YOUR DONATION
 CALL (312) 275-0062 FOR FURNITURE PICKUP
 3345 N. LINCOLN 4833 N. BROADWAY
 STORE HOURS: M-W 10-5:30, THUR. 10-7
 Fri. 10-3, Sat. Closed, Sun. 11-5
 Help Immigrants
 and Other Needy People
 Contributions To This Worthy Cause Are Tax Deductable

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Classifieds
966-3900



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- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

BIRDS
FOR SALE

Mated Pair Of Cockatiels
(2 Years Old) W/Cage
\$125 - Call: (708) 390-0044

ESTATE SALE

FLORENCE
(708)
635-9958

VIVIAN
(414)
279-3823

The Bette Girls
 ESTATE SALES
 GARAGE SALES
 • SALES • SET UP • LIQUIDATION
VIRGINIA
(312)
736-2853

CLAIRE
(708)
678-0450

MISCELLANEOUS

I'LL SAVE YOU!
What are you looking
to buy?
I'll find it for you
in your price range!
Even if I have to go
out of state
Call Pat Now
699-0512

Buying or selling.....
BUGLE CLASSIFIEDS
is the place for you. Call:
966-3900

Come In And Place
Your Garage Sale
Ad Today!

Pick Up Your
FREE
Garage Sale Signs
Appearing in 3 lines \$6.50
all 5 additions each add'l line \$1.50
THE BUGLE NEWSPAPERS
8746 N. Shermer - Niles
(708) 966-3900

The Bugle's Bulletin Board

HERE IS YOUR CHANCE!!
AN INEXPENSIVE, ENGLISH SPEAKING
"ABSOLUT" CLEANING SERVICE
Have You Had Trouble Keeping
Your House Clean Lately?
Have You Had Trouble Communicating
With Those Who Clean Your House?
Starting Tomorrow You Can Have This
Problem Off Your Hands
Our Job Is To Clean Your House
We'll Do It INEXPENSIVELY, FAST AND PRECISE
WE HAVE INSURANCE AND EXPERIENCE
CALL NOW!!! (312) 794-9038

**PUSH BUTTON
GARAGE DOORS**
 \$289
 16' X 7' STEEL DOOR
 CASH & CARRY
 \$429
 16' X 7' STEEL DOOR
 INSTALLED
 (708) 968-6070

MRS. LANE PHYSIC
 ☆ READER AND ADVISOR ☆
 HELPS IN ALL ASPECTS OF LIFE
 WHERE OTHERS FAILED
 SHE WILL SUCCEED
 FREE QUESTIONS
1 (305) 756-6418

E & S ROOFING & TUCKPOINTING
 • Glass Block Windows • Stucco
 • Remodeling • Room Additions
 • Porches • Garages
 • Decks • Chimney Repair
 • Siding • Gutters
 Free Estimates (312) 622-7355

**KITCHEN CABINET
REFINISHING**
 AFFORDABLE PRICES
 UNBELIEVABLE RESULTS
 For Wood • Metal or Formica
 SAVE 70%
 over refacing for a total new look
 MUST SEE!
 CALL: RON
(708) 640-0650
 Over 15 Years In Your Area

**Better Built
Garages**
 CALL (312) 933-1111
 or (708) 799-9393
 22X20 HIP GARAGE
 GARAGE DOORS \$114
 16X7 \$259
 LIFTMASTER OPENER \$3699
 EXCLUDING CONCRETE
 SHINGLES - \$5.99 per bundle
 6858 W. 68 11000 S. 5300 W. 17350
 Archer Independence Rd Cicero Ave. 79th St. S. Cicero Ave.
 Chicago Romeoville Oak Lawn Burbank Country Club Hills Chicago North Hammond, IL

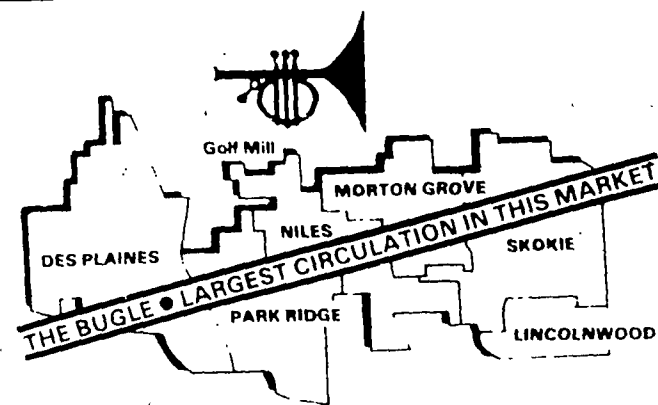
**PSYCHIC
GOD GIFTED READER
AND ADVISOR**
 Will Help You In All Matters
 Tells Past, Present And Future
 Removes All Obstacles, Never Fails
 Immediate Results
 One Call Solves Your Problems
 CALL GINA
(708) 452-6217

MURPHYS CONCRETE
 • DRIVEWAYS • PATIOS • STEPS
 • SIDEWALKS • GARAGE SLABS
 ALL TYPES OF CONCRETE
 LICENSE #1257 BONDED & INSURED
 FREE ESTIMATES
 (312) 202-4516

The Bugle's
Bulletin Board
 Call (708) 966-3900 To Place Your Bulletin Board Notice!

The Bugle's Classified Ads give you . . .
 • **MORE** results for • **LESS** money
 "The newspaper that delivers"

**USE THE BUGLE
Classifieds
966-3900**



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- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
- PARK RIDGE/DES PLAINES BUGLE
- GOLF-MILL/EAST MAINE BUGLE

The Bugle's Bulletin Board

**MURPHY
PLUMBING & Sewer**

- Flood Control Systems Installed
- Repair & Replace Broken Sewer & Water Lines
- Electric Power Rodding
- Sump & Ejector Pumps Installed
- Catch Basins Cleaned & Repaired
- License #1257 - Bonded & Insured
- FREE ESTIMATES**
- (312) 202-4516**
- 24 Hr. Emergency Service

Gigi's Dolls & Henry's Teddy Bears, Inc.
Chicago's Finest Selection of Antique, Collectible And
Modern Dolls, Bears, Miniatures, Doll Houses, Music Boxes,
Books, Supplies and Related Collectibles
Dolls & Bears Wanted - Cash Paid
Help Celebrate Our 10th Anniversary!
Doll Hospital Open January 15 - November 20
7550 N. Milwaukee Ave.
Chicago, IL 60631
(312) 594-1540
Open 7 Days
A Week
Address is Chicago, but we're surrounded by the Village of Niles
Close to all Major Expressways

NEW CENTURY
Roofing & Remodeling Co., Inc.
6776 N. Northwest Hwy
Serving City & Suburbs
"SINCE 1955"
Quality Work - Reasonable Prices
Bank Financing Available

- Roofing - Aluminum Siding - New Structure - Shingling - Fascia - Soffit - Kitchens, Bath
- Hot Asphalt - Gutters - Decks - Single Ply - Aluminum Windows, Doors - Brickwork
- Roof Repair - Cement Work - Hot Coating - Thermo-Windows, Bays, Bows, Sliders - Awnings

**LEAKS REPAIRED
AS LOW AS \$35**

**RECOAT
AS LOW AS \$149**

FREE ESTIMATES • CALL (312) 775-676
ALL EMPLOYEES COVERED BY WORKMEN'S COMP AND PUBLIC LIABILITY

**Seedway
Carpet Cleaners
STEAM CLEAN &
DEODORIZE**

Any 2 Rooms \$39.95
With Coupon Offer - Expires 8/6/92
Fast & Dependable
Professional - Low Cost
Will Steam Clean
Your Entire Home
For Only \$99.95
(5 Room Limit)
(312) 622-6519

WE HAVE ONE
& TWO ROOM
SPECIALS

COUPON

CREDIT PROBLEMS?
Now You've Got a
SECOND CHANCE
Regardless Of Your Past History
• REFUSED CREDIT? • FIRST TIME?
• MILITARY?

VISA YOUR FINANCIAL FUTURE BEGINS
THE DAY YOU ESTABLISH CREDIT
(708) 564-4473

**WE WILL GET YOUR AD QUICKLY and ACCURATELY
ON OUR FAX MACHINE**

FAX FOR ADVERTISING COPY

Bugle Newspapers
8746 N. SHERMER ROAD, NILES, IL
(708) 966-0198
(OUR FAX NUMBER)

The Bugle's Classified Ads give you . . .

- **MORE** results for
- **LESS** money

"The newspaper that delivers"

GARAGE SALE

8253 N. OZANAM - NILES
Fri-Sat & Sun-Aug. 21-22 & 23-9-5
Household Goods And Much More

8312 N. MERRILL - NILES
Fri. & Sat. Aug. 21 & 22 8:30-5
Household Items, Stoves, Mowers &
Blowers, Misc Auto Parts, And More

GIANT GARAGE SALE
8247 N. OLEANDER - NILES
Fri. Aug. 21-8-7, Sat., Aug. 22-8-7
Sun., Aug. 23-9-3

MULTI-FAMILY
7538 CLEVELAND - NILES
Fri. & Sat. Aug. 21 & 22 8:00-4PM
Baby & Children Clothing & Items Much More

7532 KIRK DR. - NILES
Fri. Sat & Sun, Aug 21, 22 & 23-8 AM-4PM
Clothing, Household Gadgets, Tools,
Fishing Gear And More!

9240 LEHIGH - MORTON GROVE
Aug. 21, 22 & 23 9A.M.-4P.M.
Lawn Tools, Furniture And More

7123 W. CLEVELAND ST. - NILES
Sat & Sun-Aug 22 & 23 10A.M.-4P.M.
Kids & Adults Clothes - New & Like
New Toys, Furn., Books, Golf Clubs
Something For Everyone!

7555 NORA - NILES
Fri & Sat Aug. 21 & 22 9 AM-5 PM
Baby Items, Clothes, Furn. & More

8276 ELMORE - NILES
Fri & Sat-Aug. 21 & 22-8 AM-3 PM
Household Items, Lamps & Misc.

7061 CLEVELAND - NILES
Fri 8/21 & Sat 8/22 - 8 A.M.-4 P.M.
Household Goods, Clothes & Misc.

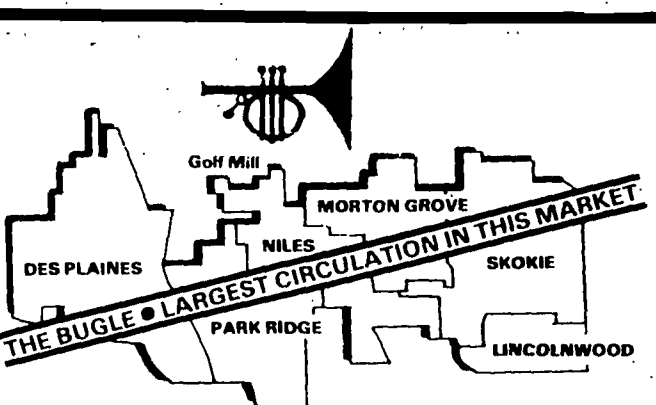
Multi Family Yard Sale
7654 N. TRIPP - SKOKIE
Friday 8/21 & Saturday 8/22
10:30 A.M.-5 P.M.
Photo Equipment - Antique Dishes
Wedding Supplies - 95 Champagne
Glasses - Dining Room Set
Ski - Mini Blinds - Books
Home Security System & Much More!

RE-SALE

FALL PREVIEW SALE
Save 10% at ENCORE N
MORE RESALE SHOP
1 DAY ONLY!
Sun. Aug. 23 12-5
10% Off All Fall Items
Stock up on gently used brand
name & designer clothing and ac-
cessories for entire family.
Grab Our Summer Items At
\$1.00 Each Tool
1107 Central
Wilmette
M-Sat 10-8
(708) 853-8888

Sell unwanted
items with a
miscellaneous
for sale ad call:
966-3900

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Classifieds
966-3900**



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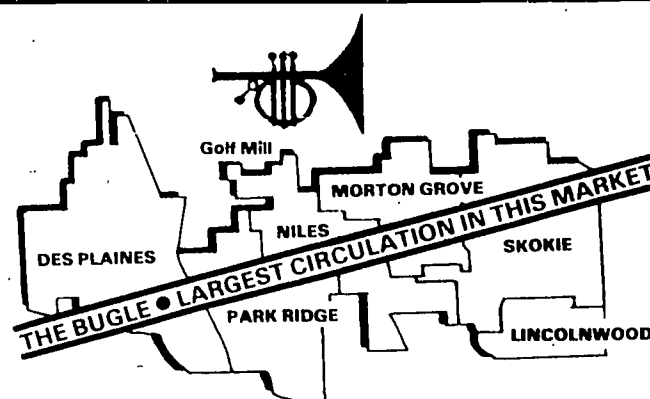
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- MORTON GROVE BUGLE
- SKOKIE/LINCOLNWOOD BUGLE
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Deadline for Placing Ads is Tuesday at 2 P.M.
Certain Ads Must Be Pre-Paid In Advance: Business Opportunity, For Sale, Miscellaneous, Moving Sale, Personals, Situation Want-
ed, Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.

FULL TIME	FULL TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
Medial RN - LPN Needed For Orthopedic Office In Des Plaines Approximately 32-40 Hours Per Week No Weekends Full Benefit Package Call Barb: (708) 296-0303 SECRETARY FULL-TIME Prefer Experienced Administrative Secretary Good Attention To Details Niles Location Call Jim O'Brien At: (708) 692-2260	Banking TELLER FULL-TIME 4 Days A Week 9:30 A.M.-6:45 P.M. Sat. - 7:15 A.M.-4 P.M. Teller Experience (6 Months) For Busy Facility Excellent Customer Contact Skills, Team Player, Light Typing Bank Of Northern Illinois Call: (708) 724-9000 For Interview Appointment M/F	CHILD CARE AGENCY Our Services Are Free To Caregivers Looking For: • A Career Change • Better Work Conditions • Counseling And Support Your Skills Are Matched To The Job Description Finders-Keepers (708) 291-7878 Waitpersons, Cocktail Servers And Hostess Needed Immediately Call: Papas Cafe & Bar Des Plaines (708) 824-2172	SWITCH BOARD/ RECEPTION Part-Time Thursday & Friday 8:15 A.M.-5 P.M. Saturday - 8:15 A.M.-Noon Excellent Interpersonal Skills For Answering Counsel Switchboard, Vault Attendant & Miscellaneous Duties. Must Be Organized, Have Good Common Sense, Accurate Typing (40 WPM), Take Pride In Your Work & Present Good Appearance Bank Of Northern Illinois (708) 724-9000	\$200-\$500 WEEKLY Assemble Products At Home. Easy! No Selling. You're Paid Di- rect. Fully Guaranteed. FREE in- formation 24 Hour Hotline. (801) 379-2900 Copyright #IL240DH \$350.00/DAY PROCESSING PHONE ORDERS! PEOPLE CALL YOU NO EXPERIENCE NECESSARY (315) 733-6062 EXT. P325 Snack Bar Porter & Pinchaser Part-Time Evenings & Weekends Ask For Tim (708) 647-9433
TEACHER Positions Available In Des Plaines Day Care Experienced ECD Degree Preferred Full-Time Benefits Competitive Salary (708) 699-0883	LOVE YOUR CAREER! As An Advertising And Public Relations Professional In Your Community A high-earning, prestigious opportunity awaits you as a WELCOME WAGON REPRESENTATIVE in this area. Meet exciting people. Become acquainted with influential govern- ment and business leaders. Enjoy high earnings as you manage your own flexible 40-hour week. Represent local businesses and profes- sionals when you call on new U.S. citizens, engaged women, new par- ents, and movers. Openings in Mor- ton Grove, Glenview & Niles. Call Marie: (708) 577-3637 WELCOME WAGON INTERNATIONAL, INC. Equal Opportunity Employer	Delivery Driver F/T/P/T For Catering And Pizza Business Competitive Salary Good Driving Record PERRY'S CAFE & PIZZA 711 W. Devon - Park Ridge (708) 823-4422	PHOTO TRIMMERS EARN TO \$125 PER DAY No Exp. Necessary 1 (800) 262-4389 Radio Advertising Sales If you have a good speaking voice and a desire to make mon- ey but have no experience we will train you. Call Steve Scott at: (708) 298-6400	Full-Time/Part-Time Retail Sales Opportunity To Earn \$200-\$300 Part-Time 400-600 A Week Full-Time Exp. Helpful But Not Mandatory (708) 676-0607 EOE
NOW HIRING WANT A CAREER? NOT A JOB IF YOU ARE: *Highly Motivated *Goal Oriented *Self Disciplined IF YOU NEED: *\$200 to \$3000 Per Week *Career Potential *Freedom WE OFFER: *Company Vehicle *Phenomenal Pay Plan *Company Training *Management Opportunity Call: (708) 228-6762	THE BUGLE CLASSIFIEDS are worth more than just a quick glance. Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish. When it comes to Classifieds, "the more the merri- er" is true! More potential buyers...more sellers! More people advertising things for sale...and some- how, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them! Buying or selling, the first place to look is in...The Bugle Classifieds! TO PLACE AN AD, CALL (708) 966-3900 THE BUGLE NEWSPAPERS THE NEWSPAPERS THAT DELIVER	WANTED Fun, Energetic, Personable Host & Servers Bennigan's - Northbrook 445 Skokie Blvd. Days & Some Evenings Full & Part Time Apply In Person Weekdays Between 2 & 4 P.M.	Permanent Part-Time Position Telemarketing From Your Home Minimum 4-6 Hours A Week Must Be Reliable Please Call: (708) 515-5848	BUGLE SEEKS NEWSBOYS The Bugle is seeking delivery newscasters of all ages to deliver newspapers on Thursdays. For An Opportunity To Earn Extra \$\$\$ Call (708) 966-3900
TELEPHONE SALES PART-TIME PHONE SALES AT NILES OFFICE SALARY PLUS COMMISSION (708) 966-3900				
SALES FT/PT-Sell Classified Advertising For Niles Newspaper. Good Communication Skills, Pleasant Phone Voice, Ability To Work Independently. Call Ed At: 966-3900				

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Certain Ads Must Be Pre-Paid In Advance: Business Opportunity, For Sale, Miscellaneous, Moving Sale, Personals, Situation Wanted, Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.

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'All Night Flea Market'

Antique and collectible aficionados should check their flashlight batteries in preparation for the country's only all night show. The "All Night Flea Market" is scheduled for Saturday, Aug. 22, at the DuPage County Fairgrounds in Wheaton, IL. More than 200 dealers from across the country will descend upon the fairgrounds offering items in every collector category. Antique and collectible hunting isn't the only scheduled activity at the 11th annual market. Four separate auctions, Chicago

At Polo Restaurant seeing is believing

With more Polish restaurants than New York and Los Angeles combined, Chicago and suburbs rate as a paradise for people partial to "pierogi."

Right up there with the best culinary art is Polo in Niles, bridging the gap between Old World and new generation with style that might be called polished Polish, with continental and American versatility.

Polo has revised its menu, hired a new chef and started to serve robust specialties at bargain prices. The items check out favorably especially beef goulash with fine version of potato pancakes, roast pork with apples, lamb shank and sauerkraut, oxtails, chicken breast with peaches, fresh trout "jardiniere," veal cutlet with ham and cheese and many more exciting dishes. The Polish diet is well represented in the combination plate offering pierogies, gotabki, polish sausage, potato pancake and naleznik (crepe), vegetable and stack of crunchy sauerkraut.

Join us daily for our already famous lunch buffet, all you can eat for only \$4.75, featuring sal-

ads, lox & bagels, different meats, seafood, pastas, starches, blintzes, pancakes, dumplings, vegetables, fresh fruit and dessert table.

At Polo in Niles, customers' health is taken seriously into consideration by using fresh ingredients, high quality products and individual attention.

Sample Polo's fine food at Sunday's Buffet Brunch of 50 items. Everything is homemade, served from 10 a.m. to 3 p.m.

Polo is open 6 days a week, Tuesday thru Sunday. Buffet lunch daily 11 a.m. to 3 p.m. only \$4.75. New dinners from 4 - 10 p.m. Price range \$5.25 or \$8.50. Every Sunday buffet brunch only \$6.95, 10 a.m. to 8 p.m. Sunday dinners 3 - 10 p.m. Reserve special occasion parties for lunch or dinner, served family style from 10-100 guests. Senior citizens special dinner menu Tuesday-Thursday, \$5.50; Friday-Sunday, \$6.50.

For more information call (708) 470-8822. Polo Restaurant is located at the corner of Milwaukee and Dempster.

'M. Butterfly' celebrates 100th performance

Wisdom Bridge Theatre will celebrate the 100th performance anniversary of David Henry Hwang's Tony-award winning M. Butterfly, in its fifth smash month at Wisdom Bridge, by transferring the production to Halsted Theatre Centre, 2700 N. Halsted St., with performances starting Thursday, Aug. 20. To welcome the production to Halsted Street and celebrate the 100th performance milestone, Wisdom Bridge Theatre is offering the first 100 tickets to the show for ten selected dates at Halsted Theatre Centre at a special anniversary price of only \$10! Anniversary tickets to M. Butterfly will be available for performance-

es on Aug. 20, 21, 23, 26, 28, 30 and Sept. 2-4. These \$10 tickets are available for ten performances only!

M. Butterfly will run Wednesdays, Thursdays and Fridays at 8 p.m., Saturdays at 3 p.m. and 9 p.m. and Sundays at 3 p.m. through October 11. Ticket prices range from \$20.50 to \$28.50, no higher than prices were at Wisdom Bridge. Discounts are available for groups, students and seniors. For reservations and information, call the Halsted Theatre Centre box office at (312) 348-0110 between 10 a.m. and 6 p.m. or Ticketmaster at (312) 902-1500.

Pegasus Players seeks Buddy Holly impersonators

Cut your hair '50s short, slip on your horned rim glasses, grab your guitar and strut on down to Pegasus Players' Holly impersonator contest at 8 p.m. Sunday, Aug. 23, at the Playbill Cafe in My Place For? restaurant, 7545 N. Clark Street, Chicago. Looking and sound-alikes should be prepared to sing "Peggy Sue" or any other song made famous by the singer whose brief, brilliant career ended when he died in a plane crash at the age of 22.

Accompaniment for contestants will be provided by the "Crickets," who are currently performing in "Buddy". When not performing at Pegasus the band, known as The Nublie Thangs, will give a performance after the contest. Master of cere-

monies for the contest will be WJJD radio personality Bob Hale who was the M.C. at Buddy Holly's last concert in Clear Lake, Iowa, the night he died. Each contestant will get two tickets to the Pegasus Players production of "Buddy: The Buddy Holly Story," which plays until Sept. 13 at O'Rourke Center for the Arts at Truman College, 1145 W. Wilson. The winner will receive four tickets for the show, dinner for two at My Place For? restaurant and will be featured on stage at a sock hop benefit at the last performance on Sept. 13.

For further information or to register for the contest phone (312) 973-3523.

Soprano to join in symphony fund raiser

Maestro Paul Anthony McRae announced the addition of soprano Pamela Menas to a Viennese program with the Lake Forest Symphony to be performed lakeside at the Cuneo Museum and Gardens in Vernon Hills. "An Evening in Old Vienna," will take place at 7 p.m. Sunday, Aug. 23.

Miss Menas has performed extensively with opera companies throughout the United States and Europe, including the 1990 Lyric Opera production of Don Carlo with Kiri Te Kanawa, Talliana Troyanos and Samuel Ramey. Menas' other Lyric performances include Der Rosenkavalier, as well as cover roles in La Clemenza di Tito, Die Fledermaus and Lulu. She made her European debut in the '91-'92 seasons as Lisa in La Sonnambula at the Theatre du Capitole in Toulouse, France. A graduate of Indiana University

and North Park College, she received much training while a member of the Lyric Opera Center for American Artists. Menas has enjoyed equal success as a concert soloist and was invited by the Chicago Symphony Orchestra to cover the soprano role in Bach's St. Matthew Passion. She has also appeared with the Grant Park Symphony and Chicago Wind Ensemble.

Take advantage of the convenient location and beautiful surroundings for "An Evening in Old Vienna." A free park-and-ride shuttle service is scheduled for all lawn patrons and will depart every 10 minutes beginning at 5:30 p.m. from the northeast side of Hawthorn Shopping Center in Vernon Hills. Tickets for the lawn area are available for only \$7 and will only be sold on the shuttle to the Cuneo Grounds. Limited parking will only be made available on the

Cuneo grounds for the handicapped. The gates to the lawn will open at 5:30 p.m. Concertgoers are welcome to bring blankets and lawn chairs, however, food and beverages will not be allowed through the gates to the Cuneo grounds. Concession will be available for purchase during the concert.

Reserved seats, \$30, include a box dinner, reserved seat for the concert and parking on the Cuneo grounds. Preferred seats, \$60, consist of a five-course catered dinner, preferred seats for the concerts and parking on the Cuneo grounds. The Cuneo Museum and Gardens is located at 1350 N. Milwaukee in Vernon Hills. Food service will begin at 5:30 p.m. For tickets, call the Lake Forest Symphony at (708) 295-2135.

Club sets fall dance

The Spares Sunday Evening Club will sponsor a September Frolic Dance Saturday, Sept. 19, at the Moose Lodge #660, at 601 N. Main St. (Rt. 83 & Rt. 12 Rand Rd.), in Mt. Prospect, from 9 p.m. to midnight with dancing to the music of "The Ambassadors".

The fee for members is \$5; for guests, \$6. A cash bar will be available.

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Prairie Creek ...

Continued from Page 3

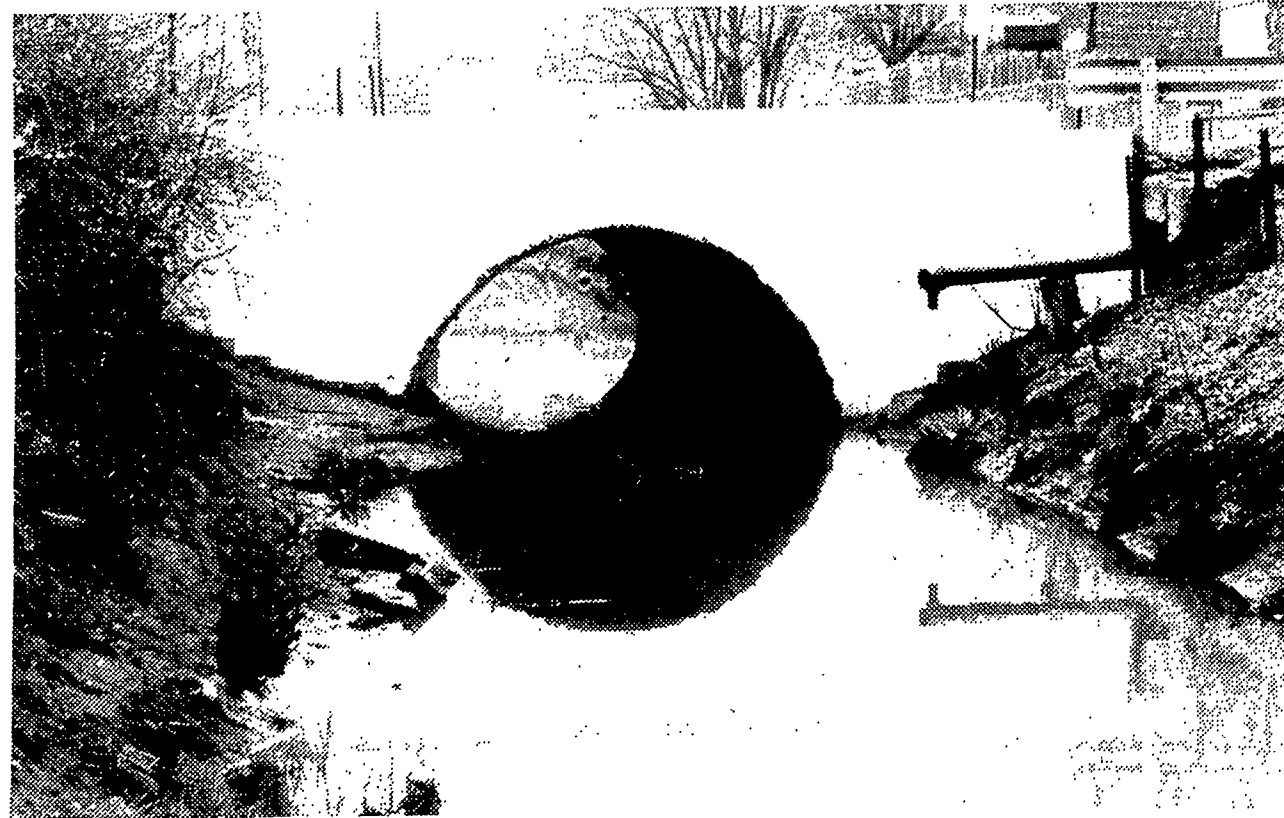


Photo by Mike Heuel

Waters in Prairie Creek, off 8900 Robin Drive, in unincorporated Maine Township, are shallow now, but rise after heavy rains. An area child narrowly escaped drowning in the rain-swollen creek last year. See related story above.

overwhelming rainfall five years ago deluged the area. "I'll never forget '87," Fraser recalled. And after years of pleading for state assistance, this year, because of a cost/benefit ratio, the state will pick up much of the cost. He agrees with Hall the state response could be "the light at the end of the tunnel."

But Hall and Fraser may not be getting all they want in the state's proposal. Arlen Juhl of IDOT said present plans call for constructing a fenced, open, concrete-lined channel about 16 feet wide and eight feet deep. The

channel will begin at the LGH pond and continue west on the creek path to the point where it merges with Farmer's Creek, just west of Ballard and Potter Roads. Another detention basin will be built at that location and additional flood walls are planned near Rand Road.

Regarding the open channel or culvert, Fraser said Monday "Safety-wise, I don't like it." He said he and Hall will push for completely covering the channel if funds can be found.

In the meantime, Juhl said Maine Township and Des Plaines

will pay for gaining the rights of way and utility adjustments. Maintenance, such as debris removal, will also fall into their jurisdiction, Juhl noted, but he expected maintenance costs to be minimal in the early years. In 25-30 years, when the concrete may need resurfacing, it might be more costly, he suggested. The primary purpose of today's technical committee meeting is "to review numbers and get comments before a formal adoption of (our plan)," Juhl added.

The Higher Education Act also borrows features of the Simon-Durenberger plan for use in the Guaranteed Student Loan (GSL) program, the foremost being universal loan eligibility, a step that

Student Loan ... Continued from Page 3

post-college income, and IRS collection - were included in the "IDEA Credit" plan introduced last year in the Senate by Simon, D-Ill., and Sen. Dave Durenberger, R-Minn.

The test program is part of an extensive rewrite of the Higher Education Act. Simon is a leading member of the Senate education committee and led Senate negotiations on the direct loan issue in the House-Senate conference that hammered out the compromise version of the package. The direct loan issue dominated debate on the package, and the White House recently dropped its veto threat over the direct loan idea shortly before Congress gave final approval to the bill on July 8.

"The higher education makes many promises that won't become real unless they're funded," said Simon. "But the benefits of the direct loan plan are real and do not rely on extra funding. This is the fresh new idea on this bill, and it will deliver. It's a better approach for students, schools and taxpayers. I wish we could go farther than a pilot program right now. The status quo always has more than its share of soldiers when a major change like this is in the wind. But this bill gives us the chance to prove IDEA Credit's superiority to today's GSL program. It opens college opportunities to more students and uses tax dollars more wisely."

The Higher Education Act also borrows features of the Simon-Durenberger plan for use in the Guaranteed Student Loan (GSL) program, the foremost being universal loan eligibility, a step that

will provide direct relief to millions of middle income students and their families who are now shut out of federal student aid programs. The income-contingent feature of IDEA Credit was also made an option for student GSL borrowers already in default or close to default, at the discretion of the Department of Education.

Simon's Income Dependent Education Assistance Credit (IDEA Credit) bill, originally intended to replace what he sees as today's flawed and inefficient GSL program, calls eventually for five major student loan improvements: 1) IDEA Credit student loans would be open to all students regardless of income and could be used both by first-time students and by others to promote lifetime learning; 2) the loans would be direct loans from the Department of Education instead of today's federally guaranteed loans, a change that bypasses the subsidies and complexity of the current web of banks, secondary markets and guaranty and collection agencies that drive up the cost of the GSL program; 3) the loan program gets funds at wholesale borrowing rates instead of "bank retail" rates; 4) loan repayment schedules for all students would vary with students' after-college incomes; 5) IRS, not banks or collection agencies, would collect loan repayments through payroll withholding, simplifying the process and minimizing defaults.

Under the compromise, the secretary of education will choose a mix of an estimated 250-400 small and large, public and private colleges for the direct loan pilot program, totaling \$500 million in loan volume, and 35 percent of those campuses will also be able to offer income-contingent repayment to their students. Details of the repayment system are left to the Education Department, but the bill allows the secretary to follow the suggestion by Simon and Durenberger in their bill that collection would be most efficiently done by the IRS through payroll withholding.

Passage of the plan marks the second major legislative milestone for Simon in just a year. The only other major education bill enacted so far in the 102nd Congress was another Simon bill, his National Literacy Act, enacted last year.

ing, 10220 S. 76th Avenue, 2nd floor, Bridgeview, (708) 974-6150; Maywood Court Building Complex, 1311 S. Maybrook Drive, room 109, Maywood, (708) 865-6010; and Rolling Meadows Court Building, 2121 Euclid Avenue, room 238, Rolling Meadows, (708) 818-2850.

The Cook County Clerk's downtown Vital Records office is located in the Cook County Building, 118 N. Clark Street, concourse level, Chicago, (312) 443-5648. The Vital Records Department's general number is (312) 443-7790.

Parks offer last teen splash bash of '92

The last chance to bash at the Oasis Waterpark will be held Aug. 21 from 7:30 - 10:30 p.m. All teens grades 7 through 10 are invited to join the fun. Entertainment will be provided by 2 Bad Productions. There will be splash contests and diving contests.

Admission with a pool pass is free and costs \$2 without a pool pass. The concession stand will be open.

For more information, contact Julie Nelson at 824-8860.

OBITUARIES

Lai Main Wong

Lai Main Wong, 78, of Niles, died on Aug. 7 at Edgewater Hospital. Mr. Wong was born on May 17, 1914 in China. He was the husband of Soon S. (Chin) Wong. Father of Kang Y., Kang P., Kang L. and Kang G. Wong. Funeral services were held Aug. 15 at Skaja Terrace Funeral Home, Niles. Interment was in Memorial Park Cemetery, Skokie.

Anna Sorman

Anna Sorman, 82, of Niles, died on Aug. 11 at Holy Family Hospital. Mrs. Sorman was born on April 25, 1910 in Germany. She was the wife of the late John Sorman. Mother of Lillian (Everett) Petlicki and John (Judith) Sorman. Sister of Cecilia Visser, grandmother of 7, great-grandmother of 6. Funeral services were held Aug. 14 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Joseph Cemetery, River Grove.

Michal Lupa

Michal Lupa, 70, of Mt. Prospect, died Aug. 11 at Ballard Nursing Center. Mr. Lupa was born Oct. 23, 1921 in Poland. He was the husband of the late Anna (Pawlik) Lupa. Father of Jozek and Leszek Lupa, grandfather of Ewelina, Kinga, Daniel, Marek, Tomek and Bernadetta. Funeral services were held Aug. 15 at Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

Catherine Messersi

Catherine Messersi, 88, of Niles, died on Aug. 12 at Lutheran General Hospital. Mrs. Messersi was born March 23, 1904 in Italy. She was the wife of the late Henry Messersi, mother of Raymond (Barbara) Messersi and Mary Ann (Daniel) Markewicz, grandmother of Mary Beth (Brian), Theresa, Julie and Christopher, great-grandmother of 4. Sister of the late Angeline (late Louis) Molinelli, late Marie (late Tony) Barucca, late Ralph Rissetto, late Louis (late Angela) Rissetto, late John (late Vickie) Rissetto and late Ceaser (late Julie) Rissetto. Sister-in-law of Pina Rissetto and aunt of many. Funeral services were held Aug. 15 at St. Isaac Jogues Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery.

Manuela Vizcarra

Manuela Vizcarra, 90, of Niles, died on Aug. 11 at Northwest Community Hospital. Mrs. Vizcarra was born Dec. 29, 1901 in Peru. She was the wife of the late Manuel Vizcarra, mother of Percy (Margaret) Vizcarra and Maria Antonia (Victor) Velazco, grandmothers of 4. Funeral services were held Aug. 13 at St. Isaac Jogues Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Auditions

Legal advice offered

One of the important counseling services offered by The Center of Concern, 1580 N. Northwest Highway, Park Ridge, is our legal counseling service.

We have been fortunate to have Counselor Abe Linderman volunteer his services to our clients since 1977. Abe comes into our offices every Saturday morning and sees several clients each time. In the fourteen years he has served our agency, we estimate that he has counseled over 600 different individuals.

Abe is now retired from his own law practice but he has never retired from his volunteer work. Abe will not represent you in any legal action nor draw up legal papers but he will advise you as to what he feels you should do.

There is no charge for this service. To make an appointment with him, please call (708) 823-0453.

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LGH hosts blood drive

Every three seconds someone needs blood. In recognition of the needs, Lutheran General Hospital, 1775 Dempster St., Park Ridge is hosting a blood drive on Wednesday, Aug. 26. The drive will be held in Room 1043 from 10 a.m. to 5 p.m.

Blood drive chairperson Len Pawelski asks the public to stop by and give blood that day.

Slow down in school zones

"School's Open Safety Week" is underway in Illinois. As children return to classes, slow down to 20 miles per hour in school zones. The 20 mph speed limit applies on school days between 7 a.m. and 4 p.m. when children are present and signs are posted.

At the start of a new school year, excited children may forget the rules for pedestrian and traffic safety. Therefore, watch for children not only near school but in residential areas and at bus stops.

Stop and yield to school safety patrols, adult crossing guards, police officers and auxiliary police who assist students at many crossings. You also should be alert at other crossings where pedestrian safety depends solely on drivers slowing down and stopping.

Two types of yellow signs warn you of school areas and crossings. Both are shaped like an old schoolhouse. The first type shows two children walking and warns of school crossings ahead or of school grounds next to the road. The second sign shows two children walking in a crosswalk and is posted at school crossing signals.

Slowing down any time you see a school sign is a good safe driving practice. Classes may be held at different hours, and many activities are held after school, at night or over the weekend.

Skaters sponsor skate exchange

The Northbrook Competitive Figure Skating Team will again be sponsoring a Skate Exchange Saturday, Aug. 29 from 9 a.m. until noon at the Sports Center Indoor Ice Arena, 1730 Pfingsten Road, Northbrook.

Drop off times for those wishing to sell items, including skating equipment, will be Aug. 25 and 26, from noon to 2 p.m. and 6 p.m. to 8 p.m.

Pick up for unsold items and money will be Aug. 29 between 1 p.m. and 3 p.m.

Call Maureen Block at (708) 564-4123 for additional information.

Capparelli seeking owners of unclaimed property

State Representative Ralph C. Capparelli (D-13) is trying to locate constituents who may be the owners of lost or abandoned property. Capparelli is working with the Illinois Department of Financial Institutions (DFI) in a cooperative effort to find the owners of unclaimed assets under the Uniform Disposition of Unclaimed Property Act.

"Many area residents have assets waiting to be claimed," Capparelli said. "Most claims will be assets of at least \$100. These unclaimed assets generally consist of checking or savings accounts, dividends, uncashed payroll checks and safety deposit box contents or Christmas Club accounts, or they could consist of nearly any unclaimed financial asset, according to Capparelli."

Under the Act, after assets have been abandoned or inactive for seven years the holder of the property must attempt to locate the owner. If the effort fails, the assets are turned over to the Department of Financial Institutions. The Department then holds the assets indefinitely until they are claimed by the owner or heirs of the estate.

"We are attempting to reunite the owner with his or her lost assets," Capparelli said. "If you are on the list, you need to write to the Department of Financial Institutions. If you know somebody on this list, let them know too."

The address for the Department is: Illinois Department of Financial Institutions, Unclaimed Property Division, P.O. Box 19495, Springfield, IL 62794.

Inquiries must be made in writing and include the name and address and county of residence of the claimant. If you are writing on behalf of someone on the list, state your relationship to that person or company. Local residents listed include:

Cleo Anderson - Niles
D. M. Baldinger - Niles
Frederick J. Mrs. Cecilia Birke - Niles
Ann Blum - Niles
Willie Bonner, Jr. - Niles
Robert J. Delloff - Niles
Virginia C. Dorsey - Niles
T. L. Eteldorf - Niles
Lillian Forsyth - Niles
Patricia A. Herlan - Niles
Deborah Kenney - Niles
Elmer M. Lestikow - Niles
Frank R. Logallo - Niles
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Charles Schocli - Niles
Kathleen Sokolowski - Niles
Mark Stone - Niles
John W. Telesnicki - Niles
Nathan Tyllas - Niles
Zelinda Vandini - Niles
Shirley A. Seymour Weiner - Niles
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Number of auto travelers increasing

Illinois and Indiana motorists are traveling in big numbers, according to the AAA-Chicago Motor Club.

The amount of auto travel requests, compiled by AAA-CMC's Auto Travel Production Center, are up considerably for the first half of 1992.

Through June 30, 1992, Club members requested more than 66,000 Trip Tiks, up more than 10 percent from the first half of 1991 and up nearly 31 percent over 1990. A Trip Tik is a personalized map showing motorists the shortest and/or most scenic route from a specific starting point to a specific destination.

"People are starting to come out of their economic hibernation by traveling," says Bob Dressel, AAA-CMC's division manager of member services.

But where are these people going? AAA-CMC's Auto Travel

Department compiled a list of top ten requested states and popular destinations within those states. They include: 1. Florida-Orlando, Sarasota, Tampa and Miami; 2. Michigan-Mackinac Island, Detroit, Holland and Lansing; 3. Missouri-Branson, St. Louis, Kansas City and Lake of the Ozarks; 4. Wisconsin-Wisconsin Dells, Door County, Madison and Milwaukee; and 5. Texas-Dallas, Houston, San Antonio and Austin.

Also, 6. Ohio-Columbus, Cincinnati, Cleveland and Dayton; 7. South Carolina-Myrtle Beach, Hilton Head, Charleston and Columbia; 8. Tennessee-Nashville, Gatlinburg, Memphis and Knoxville; 9. Illinois-Chicago, Galeana, Springfield, Champaign and Peoria; and 10. California-San Francisco, Los Angeles, San Diego, Palm Springs and San Jose.

Language school ... Continued from Page 3

talent contests, which will be based on an increased knowledge of a foreign language.

In late fall or early winter, the Adam Mickiewicz Language School is planning to have recitals made by the children's choir "Echo z Polski" as well as theatrical presentations and talent contests produced in the school, broadcast on local access televi-

sion stations in Chicago and also in the suburbs. The school is now beginning to register students for the school year which begins the first week of September. For additional information about this school and its programs, call: (708) 470-1536.

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Vital records

for the people who have a specific reason or an emergency that requires quick receipt of birth, death or marriage records.

Orr also reminded people that documents can still be obtained in-person at one of the Clerk's six offices.

VitalCheck Network Services, Inc. is based in Hermitage, TN. The company has run similar successful operations for the San Diego Recorder County Clerk's office, New York City Department of Health, Los Angeles County Public Records Division and the State of Kentucky Division of Vital Records.

"Instituting VitalCheck is a continuation of our commitment to finding consumer-friendly ways to serve our customers - the taxpayers of Cook County," Orr said.

Since last December, Orr's office has offered a computer-generated birth records service that has proven to be very popular with customers at the five subur-

... Continued from Page 3

ban Clerk's offices.

"We publicized this service widely in the suburban newspapers. As a result, many suburban residents are now using the suburban offices to obtain their vital records rather than going to our downtown office," Orr said.

"Since December, we've increased the overall number of vital records requests in our suburban offices by 106.12 percent, from 12,106 in 1991 to 24,953 in 1992," Orr said.

Computer-generated birth certificates are available on high quality, security paper and can be obtained in 5 to 15 minutes at a suburban office, Orr said. In the past, a birth certificate requested at a suburban office could take a week or more to obtain since the document had to be mailed from the downtown office, he added.

The locations and telephone numbers of the five suburban offices are: Markham Court Building, 16501 S. Kedzie Avenue, 2nd floor, Markham, (708) 210-4150; Bridgeview Court Build-

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Mon.-Thurs.: 5:50, 7:55, 10:00

"PINOCCHIO" G 1:20, 3:10, 5:00
Mon.-Thurs.: 5:00

HELD OVER "BASIC INSTINCT" R 2:35, 5:00, 7:25, 9:50
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- #301 Kosher Chicken @ \$30.00**
12 lbs Empire Kosher Chicken Leg Quarters
- #302 Mixed Kosher @ \$35.00**
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