

Niles warns liquor sellers on underage drinkers

by Sheilya Hackett

Underage drinkers, stay out of Niles! Village representatives recently set out guidelines for local liquor sellers at an information/advisory seminar.

Cramped into a meeting room at the Village hall in late January,

the liquor sellers learned how a close check of an ID card can spot an underage drinker. They were shown how to scan IDs such as driver's licenses or State ID cards for tampering by noting dates, color, print and lamination.

The birth date on a suspect driver's license can be verified by analyzing other information it contains, explained one panelist. Niles Police Sgt. Daniel Halley. Holders of fake IDs often do not

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Niles police nab robber within minutes of crime

Within minutes, Niles police nabbed an armed man who allegedly held up Rosati's Pizza parlor, 8166 Milwaukee Avenue the night of March 14. When the man fled, the store manager called 911. Officer Ron Brandt, who was patrolling nearby, saw a man running towards an alleyway south of the pizzeria. As

supporting police arrived, Brandt apprehended a 23 year old Tamarac, Florida man carrying a semi-automatic handgun.

He was identified by the store manager who later said the man had initially asked to use the washroom. When told there was none in the store which caters to

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Niles

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The Bugle

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Sports Complex rehab causes summer pool crunch

MG Parks offer pool rates to Niles residents

by Sheilya Hackett

Niles swimmers will get resident rates at Morton Grove pools this summer. The pool pass arrangement, announced at the monthly Park Board meeting March 16, will aid users of the Ballard Road Sports Complex pool which is undergoing renovations this year.

The good news for swimmers came at a meeting showcasing the District's Mission statement which will be posted at all District facilities. As described by Park Director Tim Royster, the statement promises quality in all District efforts and presents its

"Vision" or goals in 11 areas, including in part, health and safety, fiscal control, education, customer service and leadership.

Following this statement, each District department will form a statement of purpose and develop goals specific to their departments with objectives and time boundaries. The overall process forms a strategic plan for the Park District for the years 1994 - 1996.

Moving to other topics, at Board Vice President James Pieriski's motion, the Board approved an annual review of contracts and

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From the Left Hand

by Bud Besser

Next month's Niles Park Board election is likely to be a bitterly fought campaign. While there will be many players in the battle the underlying rumble will center around the incumbent board president Carol Panck.

She will be opposed by several candidates and she will be allied with at least two others.

Carol seems to have an obsessive hostility toward Niles' village president, Nick Blase. That's a euphemistic way of saying she downright hates the guy. When she was a village trustee, she left the impression she was shunted aside by Nick and his friends. And she probably was. She leaves us the impression she wants to be a modern day St. George, riding into battle to slay the dragon, Blase.

Since we've been contesting Nick for 32 years we would expect we would be cheering her on. But we haven't been, and we often questioned why.

Carol has been very ambitious. Nothing wrong with that. After the Blase people abandoned her and she left the village board she ran unsuccessfully for state representative. She didn't succeed but the effort deserved praise.

From village trustee to unsuccessful state representative she then set her eyes on the Niles Park Board and was

Continued on Page 22

League of Women Voters hold meeting at library

Those planning to vote in the Niles Village elections on April 20 should plan to attend the candidate's meeting, sponsored by the League of Women Voters on Sunday, March 28 at 2 p.m. at the Niles Library.

They will have an opportunity

Italian American Society announces dinner, dance

Northwest Italian American Society is pleased to announce they are holding their 26th annual Dinner Dance on Saturday, March 27, at the Lido Restaurant located at 5504 Milwaukee Ave., Chicago.

There will be a complete 7 course dinner with cocktail hour beginning at 6:30 p.m. to 7:30 p.m. and dinner being served at 7:35 p.m.

There will be a short program at 9 p.m. and the highlight will be the award "Man of the Year" to one of the members. This award is presented to an individual who has put extra effort into the projects that the organization has conducted during the year. This

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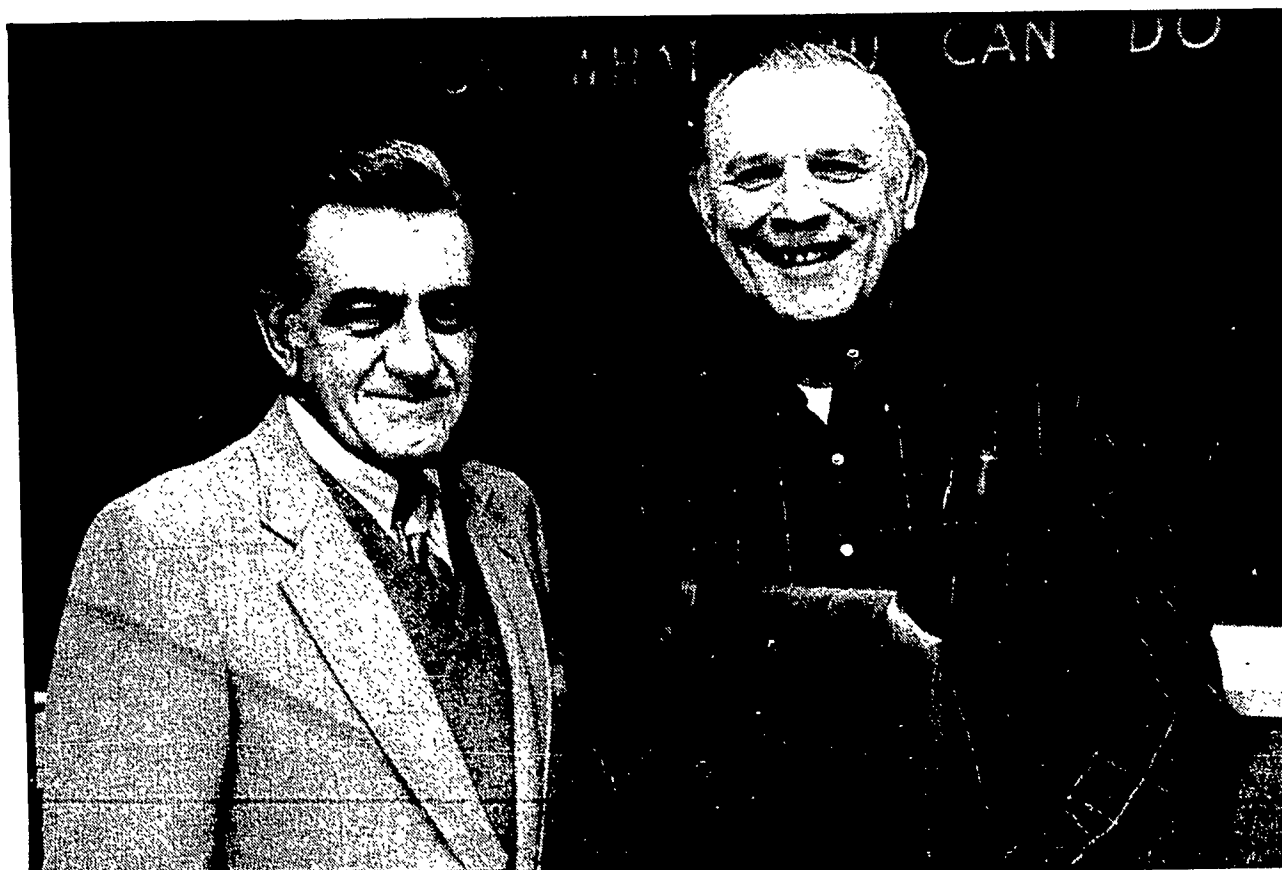
Niles Treasurer available for interviews

Michael C. Cielinski, current Niles Treasurer and candidate for Park District Commissioner will be available for interviews from now until April 20.

Cielinski is available to discuss his views on all of the issues.

Any inquiries regarding appearances for luncheons, community meetings, and other functions may be directed to Cielinski at 825-4016.

Present plaque to Niles retiree



Village of Niles retiree Richard Szatkowski (right) was honored at a recent Village Board Meeting for his 18 years of dedicated service. Szatkowski joined the Building and Grounds Division in November 1975. His expertise in carpentry, electrical work and remodeling can be seen at the Trident Center, Police Department, Oak and Ballard Schools and, most recently, the Engineering Division of Public Services.

On behalf of the Village of Niles, Mayor Nicholas Blase presented Richard with a plaque of appreciation and extended sincere wishes for a happy and prosperous retirement.

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center is open to residents of the Village of Niles, age 62 and over and their younger spouses. Seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

SINGLES TRIP

The Niles Senior Center has a trip to the Driftwood Restaurant for "Country Kitchen Cabaret" on Wednesday, March 31, 10:30 a.m. to 4:30 p.m. The cost of the trip is \$24 per person and includes a full lunch (roast pork, fried chicken and baked ham), transportation and show. Registration is open to all Niles Seniors. Register at the center, 8060 Oakton. Call 967-6100, ext. 376 for additional information.

PLASTER PAINTING AND PIZZA TRIP

The Niles Senior Center will travel to Sunshine Crafts in Wheeling on Thursday, April 22 from 11 a.m. to 3 p.m. We will make a plaster item and enjoy a pizza lunch. The cost is \$12 which includes bus, all art supplies to complete the project and pizza lunch. Please wear very old clothes for the trip. Register at the senior center by April 8.

DISCOVER DISCUSSION GROUP

The Discover Discussion Group will meet on Thursday, March 18 at 2 p.m. This group is open to all Niles seniors and there is no charge to attend. The group discusses a variety of interesting topics. For reservations, call 967-6100, ext. 376.

WOMEN'S CLUB MEETING

The Niles Senior Center Women's Club will host their next meeting on Monday, March 22 at 1 p.m. The club will hold an installation tea for the officers. A salad lunch will be held at noon. For lunch information, call the center at 967-6100, ext. 376.

HEALTHY LUNCHEON TICKETS

Tickets are on sale for the Healthy Luncheon set for Wednesday, March 24 at noon. The menu features healthy items including skinless herb chicken, pasta salad, tossed salad with low calorie dressing, wheat rolls with margarine and fresh fruit, herbal tea/decaf coffee. Following lunch we will view a healthy food video tape. Tickets are on sale for \$5.

INCOME TAX ASSISTANCE APPOINTMENTS

The Niles Senior Center is now scheduling Income Tax appointments. Appointments will be available on Tuesdays, Wednesdays and Thursdays through April 8. For appointments call 967-6100, ext. 376.

Computerized monitoring used for elderly

The combination of today's increasing population of older Americans and the busy lifestyles of many of their adult children has made it more and more difficult to provide daily care for family members.

With Computerized Monitor Service, a computer calls the home of an elderly or disabled person each and every day to check on his or her well being. If they fail to answer or if they need help, care givers will be contacted immediately.

Here's how it works: Each day a computer will call your home at a pre-established time to check on you. If you are okay, the computer will instruct you to dial a 1 on your phone. If you are experiencing problems and require assistance, the computer will instruct you to dial a 0 on your touch tone telephone and the designated people will be contacted immediately.

If the telephone is picked up and no number is pushed, your designated help numbers will be contacted immediately. The calling times and messages are custom made for each individual so you receive the maximum benefit from the system. Calls are placed automatically, each and every day.

Computerized Monitor Service is affordable and reliable. There is no installation fee or special equipment necessary. Basic telephone service and a touch tone phone are the only requirements to assure someone will be there each and every day. Available throughout the Chicago and area, Computerized Monitor Service has given both elderly and disabled Americans and their loved ones the peace of mind in knowing they are well.

Parkinson's support group plans meeting

The monthly meeting of a Parkinson's disease support group for patients under 60 and their families will be held at 7 p.m. on Wednesday, April 21, at the Glenbrook Hospital, 2100 Pfingsten Rd., Glenview.

This month, physical therapist Mia Bolen will discuss the physical problems associated with Parkinson's and demonstrate exercises that improve flexibility and strength. Occupational therapist Char Neumann will offer practical suggestions for self care in dealing with problems at work. After their presentation the regular support group meeting will be held. Group members meet to share their feelings, coping techniques and information on various aspects of living with Parkinson's disease.

Refreshments will be served. The meeting is free of charge and open to the public. The group meets the third Wednesday of the month. For more information, call the division of neurology at (708) 657-5875 between 10 a.m. to noon and 1 p.m. to 3 p.m., Monday through Friday.

George Buerman

Navy Petty Officer 3rd Class George J. Buerman, son of Patricia A. and George J. Buerman III of Park Ridge, is currently aboard the destroyer US Kinkaid, homeported in San Diego and midway through a six-month deployment to the Western Pacific, Indian Ocean and Persian Gulf as part of the aircraft carrier USS Ranger Battle Group.

The 1988 graduate of Maine Township High School East joined the Navy in July 1988.

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THE BUGLE, THURSDAY, MARCH 18, 1993



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Register for pre-school at Maine schools



Learning to play with others is just one of the skills children gain from the preschool programs at the three Maine Township District 207 high schools. Angela Righeimer (left), Claire Griebler (second from left), Jenna McGrath, and Patrick Keenan play at the sandbox under the direction of Karen Molzahn (center), a junior in the preschool class at Maine South. Applications are now available at Maine East and Maine South and will be available March 29 at Maine West for preschool classes.

Applications are now available at Maine East and Maine South and will be available March 29 at Maine West for parents to register children for two-hour preschool classes to be held at the three schools during the first semester of the 1993-94 school year.

The classes, conducted by junior and senior students under the direction of a certified child development teacher, are part of the "On-the-job" training program of the child care occupations course offered by the home economics department.

Ten to 18 children of preschool age will be enrolled in each session. To be eligible for acceptance, children must be three and a-half years old by September 1, 1993. The preschool classes at the three high schools enable child care occupations students to observe the growth and development of young children and to

Continued on Page 21

Display technology at District 63 meeting

by Ben Rieck

The technology that assists and enhances the teaching in today's classrooms was on display March 9 as Washington School hosted a School District 63 Board of Education demonstration.

Parents and board members alike learned about and watched students demonstrate the use of many of the technologies. From computers of different sizes to production of video images, the daily use of the new learning tools helps the students in "Moving Into the 21st Century," as the presentation was titled.

First graders were using computers to be tested on spelling and story comprehension. A fifth grade student was explaining the use of CD-ROM technology, which can store the information in an entire set of encyclopedias in the space of a compact disc and an display the information using words and pictures.

A sixth grade student was taking

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Township holds recycling program

Maine Township will hold its monthly drop-off recycling program Saturday, March 27. The collection will be held from 8 a.m. to noon in the parking lot of the Maine Township Town Hall, 1700 Ballard Rd., Park Ridge.

The following items will be accepted: newspapers; corrugated cardboard; aluminum and metal cans; and green, brown and clear glass bottles and jars. All items should be sorted. All glass, metal and plastic containers must be thoroughly cleaned with lids, tops and rings removed. Labels also should be removed from cans. Newspapers and cardboard must be bundled separately. Newspapers must be tied or stacked in brown bags and cardboard must be tied with string.

Maine Township was forced to suspend its recycling program temporarily in January because of limitations imposed by its recycler. The township now has contracted with a new recycler and will continue its monthly collections on the fourth Saturday morning of each month.

The township program is intended to provide a convenient recycling site for residents who do not have curbside recycling and those who wish to recycle acceptable items that are not collected by their local haulers.

For information on recycling, call Maine Township at (708) 297-2510.

Champaign firm gives consensus opinions on surveys

Niles Parks get report on Needs survey

by Shellya Hackett

The Niles Park District gets positive marks from residents on its recreation programs, facilities, staff, and the maintenance, cleanliness and safety of its parks. So said Dr. Joe Bannan of Management Learning Laboratories, Ltd., on March 11, revealing the results of a recent needs assessment study of the District.

Drawing from a 16 percent response from 2,200 surveys sent to residents in two mailings, Bannan said 80 percent of the adults are against using taxes for additions and improvements, but they would pay user fees for expanded activities.

About 80 percent of the adults responding would like to see the District have a user fee and tax supported drug awareness program. The same percentage voiced the need for a combination user fee and tax supported teen drop-in center.

Commissioner Elaine Heinen noted "The Village has a family services department. Shouldn't the Village market what they have at Trident?" Park Director Tim Royster suggested both the Park District and the Village could cooperate on a program.

On an overall basis, the survey found residents want District health and fitness programs expanded; they are highly interested in winter sports activities, walking and jogging and outdoor concerts in the parks.

Though different age groups favor different activities, basketball, baseball, hockey, soccer, competitive swimming, roller blading and roller skating found high favor with the youths surveyed.

About two thirds of the youths replying indicated an interest in boating and 78 percent of the adults surveyed said they support

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Students' quilt cheers MG AIDS victim

by Shellya Hackett

To most people, a quilt means warmth and comfort. Morton Grove resident Whitney Williams recently received a handmade quilt from students in Pecos, New Mexico. It symbolizes the warm friendship they feel for her.

The sixth grade pupils at Pecos Elementary school heard about 11 year old Whitney soon after their teacher, Maria Mathes, read about her in People Magazine.

They learned Whitney had been diagnosed as having AIDS, even though her background has none of the usual risks for getting

the disease.

Since then, in November 1992, the students have been writing Whitney. At Christmas, stuffed animals and a sweatshirt honoring the Pecos Panthers arrived; on Valentine's Day, the whole school mailed valentines and a box of candy.

The quilt is resplendent with happy symbols, paintings of balloons, rainbows and hearts, meant to help Whitney smile. One child painted a house surrounded with flowers because, he explained, a house is a center of

Continued on Page 21

Students send quilt to MG girl



Shown above is teacher Maria Mathes with her class of sixth graders displaying the quilt they made for Morton Grove's Whitney Williams.

Police News

Youths steal Glenview woman's purse

When a Glenview woman left a grocery in the 7900 block of Milwaukee Avenue, Niles the night of March 13, two youths, about 17, took her purse from her shopping cart, entered a car driven by another male and left the area. The youths wore blue starter jackets and baseball caps and drove away in an older model car with an identifying rear tire assembly and a bumper sticker that read "ministry."

The purse was found, minus

the wallet and the \$20 it contained, on a lawn in the 7100 block of Olcott Avenue, Chicago. The next day, Lincolnwood police found a similar car, a '77 Lincoln Continental, with the same bumper sticker parked in the rear of an office complex in the 7300 block of Lincoln Avenue. Skokie police, also looking for the car, towed it in connection with a hit and run accident investigation.

Gun recovered

The morning of March 9, a Public Works employee cleaning the parkway on the north side of the Niles police station found an unloaded .38 caliber revolver.

Thieves took copper wire

Between March 8 - 9, unknown offenders took 650 feet of rubber coated copper wire from a fenced utility area in the 8100 block of Golf Road, Niles.

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THURSDAY
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FRIDAY
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SATURDAY
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ROAST PORK with Sauerkraut & Finger Dimples \$6.75

SUNDAY
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Man collapses at driving facility

March 9, an 85 year old Arlington Heights man collapsed while waiting to take his driver's test at a Secretary of State facility in the 9000 block of Golf Road, Niles. A witness said the man fell over backwards, hit his head on the floor and was taken to Lutheran General Hospital, Park Ridge by Niles paramedics. He was pronounced dead at 11:05 a.m.

Theft from Linen Outlet

During the noon hour March 13, the manager of a linen outlet store in the 7300 block of Harlem Avenue, Niles encountered an unfamiliar man, about 25 years old, in the store's warehouse area. The man fled through a rear door, and the manager found her leather suitcase outside the door, stuffed with bed sheet sets valued at \$520. Marks on the snow indicated another suitcase was dragged to a plowed lot to the north and witness told of seeing two men loading a suitcase into the trunk of an older car parked in a lot nearby. The manager estimated a \$100 suitcase containing bed sheet sets valued at \$500 was still missing.

Shopper's wallet stolen

A Park Ridge woman shopping at J. C. Penney's, Golf Mill March 13 put her purse on a shelf, then discovered her wallet missing when she returned to take out money. The wallet contained \$25 and four credit cards.

Burglary

The night of March 10, persons unknown pushed in a temporary door in a house under construction in the 6600 block of Harts Road, Niles. They took materials valued at \$290, including four coachlights, assorted wood chisels, a tin snips and a vacuum cleaner.

Retail thefts

March 8, a 35 year old Morton Grove woman was observed taking miscellaneous clothing and four knives from a sporting goods store in the 7200 block of Dempster Street, Niles. Police charged her with retail theft, placed her on \$1,000 bond and gave her an April 12 court date.

Officials of the Athletic X-Press Shop in Golf Mill investigated when an inventory showed an unknown quantity of shoes with a \$4,500 value were missing in about a one month period. Police questioned a 19 year old Des Plaines man who had worked as a salesman in the store. He admitted selling shoes and merchandise valued between \$80 - \$140 to friends at prices ranging from \$40 - \$60, then pocketing the money. He confessed to at least 25 sales and possibly more. He was charged with felony retail theft, placed on a \$5,000 recognizance bond and given a March 22 court date.

The manager of The Arctic Dream Shop, Golf Mill, reported while she and another employee were busy March 9, a woman about 35 years old grabbed a \$125 hot pink leather blazer from a rack and ran from the store.

Because of his criminal record, a 49 year old Chicago man seen taking two bottles of vodka worth \$30 from a grocery in the 8800 block of Greenwood Avenue, Niles on March 12 was charged with felony retail theft and placed on \$5,000 bond.

A Schaumburg man, 37, seen taking four window valances with a total value of \$120 from Kohl's, Golf Mill on March 13 was arrested and turned over to police. He was charged with retail theft, placed on \$1,000 bond and given an April 12 court date, then turned over to Norridge police because of his outstanding \$20,000 warrant in Norridge for driving with a suspended license.

March 13, an agent for a sporting goods store in the 7200 block of Dempster Street, Niles stopped a man he saw conceal a tennis racket under his coat, then leave without paying the \$200 due. Police charged the man, 66, of Wilmette, with retail theft, placed him on \$1,000 bond and gave him an April 8 court date.

Thefts from garages

An unlocked service door may have admitted unknown offenders who took a \$465 snow blower from a garage in the 8400 block of Olcott Avenue, Niles between March 1 - 13.

In the same time period, a snow blower of unknown value was taken from a garage in the 7800 block of Harlem Avenue, Niles.

DUI arrest

The night of March 13, an officer on patrol signaled the driver of an '87 Plymouth he saw driving north on Dee Road, Niles without lights. The driver continued on without acknowledging his signal, then swerved off and back onto the road near Harrison Street. Stopped by the officer, the driver, a Des Plaines woman, 41, failed field sobriety tests and later registered 15 on a Blood Alcohol Content (BAC) test. She was charged with driving under the influence of alcohol and having a BAC over .10. She was placed on a \$3,000 recognizance bond and given an April 14 court date.

Restaurant burglary

An employee of the Smokehouse Restaurant, Golf Mill told police the night of March 12 an unknown offender entered a rear locked area, pryed open a desk drawer and took \$3,700 in store receipts.

Propane tanks stolen

Unknown offenders removed a lock to enter a storage area in an industrial firm in the 6300 block of Touhy Avenue, Niles between March 5 - 8. They took 13 propane tanks with a total value of \$1,625.

IRS honors Des Plaines man

Steven G. Lilja, a resident of Des Plaines, has been honored by the Chicago District of the Internal Revenue Service for 20 years of Federal service. He is a revenue officer with the Collection Division.

Geological Society sets student night

Des Plaines Valley Geological Society presents "Student Night" on Thursday, March 18, from 7:30 p.m. to 9:30 p.m. at Our Lady of Ransom School, located at 8500 N. Greenwood, Niles. Exhibits and displays of minerals and lapidary art will be presented by Mr. Paul Okolowicz and members of the Des Plaines Valley Geological Society for all students, parents and faculty. Refreshments will be served.

USE THE BUGLE

"Save the Earth" winners



Trinity High School art students pose before their winning mural in Harlem Irving Plaza's "Save the Earth" contest. Artists from left to right are Michelle Gomez, Sue Lagges, Nancy Bernacchi, Grace Frantilla, Janet Oriatti, and Molly Simon (not pictured is Andrea Micek).

Trinity High School won first place in Harlem Irving Plaza's recent "Save the Earth" mural competition. Art students from nine high schools in Chicago and nearby suburbs participated by painting their 10-foot-by-6-foot "Save the Earth" message on a temporary wall inside the plaza. Harlem Irving Plaza is located at the intersection of Harlem Avenue, Irving Park Road and Forest Preserve Drive.

A \$1,000 scholarship is being awarded to Trinity High School for its accomplishment. Junior and senior students who painted

the mural were Nancy Bernacchi, Grace Frantilla, Michelle Gomez, Sue Lagges, Andrea Micek, Janet Oriatti and Molly Simon.

Noire Dame High School won second place and a \$500 scholarship in the competition. Agnes Gugala, Sylvia Kowalczyk, Margie Reyes and Linda Ruckauf were the student artists.

A People's Choice Award has yet to be determined. Plaza shoppers and community had a deadline of February 28 to cast their votes at HIP's Information Center.

Al Lerner hosts MDA skating party

On-air WGN radio personality, Al Lerner will join the festivities this Saturday, March 20 when ERA Grove hosts their first annual "Skate For MDA."

This benefit for MDA (Muscular Dystrophy Association) will include open skating, raffles with many prizes, a split-the-pot and a lap for pledges Skate-A-Thon. Donations in advance are \$7 and \$9 at the door, both include ice skate rental. To be held at The Skatium, 9300 Bronx in Skokie from 7:30 p.m. to 9:30 p.m. For additional information, contact Sue Siegel at (708) 966-7600.



Y holds 'Healthy Kids Day'

The Leaning Tower YMCA will be holding their 2nd annual "Healthy Kids Day" Saturday, March 27, from 10 a.m. to 2:30 p.m.

"Healthy Kids Day" promotes youth sports, fitness, fun and an overall healthy lifestyle for children 6 to 15 years of age. Scheduled activities include a fun walk,

fitness testing, biddy ball, children's aerobics, taekwondo, open swim, water games and raffle prizes.

The event is free for all children. Call the Leaning Tower YMCA at (708) 647-8222 for more information.

Oscar's celebrates with 'Spring Back' prices

Oscar's Restaurant in Morton Grove will celebrate the beginning of spring by "Spring Back Prices" on selected entrees. The special menu will be available for lunch or dinner, starting on Friday, March 19, and will continue through March 27, excluding Sunday, March 21.

The menu features New York strip steak for \$9.95, roast sirloin of beef for \$6.25, roast chicken for \$6.25, rainbow trout priced at \$6.95, and rosefish-almondine for \$6.25. The special entrees will include soup or salad and potato or vegetable. Those dining after 5 p.m. will also receive Oscar's homemade dinner relish tray.

To satisfy a sweet tooth, deep dish apple pie will be available for \$1.25, and strawberry Bavarian pie will be priced at \$.95.

During the celebration, a 12 oz. stein of Draft Beer will only cost \$1.25.

Established in 1930, Oscar's still carries on the tradition of "Home Cooking." All fresh meat, fish, and poultry entrees are prepared individually to order. Soups, sauces, salad dressings, and relishes are made on the premises.

Now is the time for those who have never been to Oscar's to enjoy a home cooked meal in a relaxed setting, and get the best value for their dollar. All of the satisfied customers that have been to Oscar's should plan to return during this weekly celebration.

Oscar's will be open from 11:30 a.m. to 10 p.m. weekdays, and till 11 p.m. on Fridays and Saturdays.

For reservations, call (708) 965-1977, or stop by Oscar's Restaurant at 9040 Waukegan Road, Morton Grove.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D012793 on Feb. 24, 1993, under the Assumed Name of Kar Care, with the place of business located at 5165 S. Archer, Chicago, IL 60632. The true name (s) and residence address of owner(s) is: Kenneth R. Anderson, 16935 Barbara Lane, Tinley Park, IL 60477; James Dagner, 5250 S. Kilborn, Chicago, IL 60632; Peter Ivic, 7820 Nordica, Niles, IL 60714.

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Cooking, Softball, Basketball, Soccer and After School Tutors. For more information please contact the Golf Maine Park District, (708) 297-3000.

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Niles Park candidates unify for campaign



Shown above l. to r. are Niles Park Board candidates Bud Skaja, Jr. seeking re-election, Myrna Breitzman and Rick Sheridan.

Niles Park Board candidate Rick Sheridan is a 19 year resident of Niles, residing with his wife, Jane, and four children at 8147 N. Merrill. His occupation is an electrician. Rick's active involvement in Niles consists of volunteering over 12 years with the Niles Park District coaching and managing girl's house league and traveling softball teams. Also, he was a Niles Baseball League coach and manager for 10 years, and was elected to the Niles Baseball League Board of Directors during the 1989-1990 term.

Sheridan and his family are

members of St. John Breufeuf, Niles, where Rick is a member of the Knights of Columbus Council 4338 and Holy Name Society. Rick is also a member of V. F. W. Post 1284, and he served as chairman of Citizens For a Better Niles.

Noting some of his strengths as "organization, planning and fiscal responsibility," Sheridan has called for a more business-like environment on the Park Board. He wants a more effective management of tax money, increased cooperation within the Village with all governmental bodies, and the development of open

communication with residents by fact-finding meetings throughout the Village of Niles. After all, the Village of Niles is "Where People Count."

"Over the years, I have participated and followed all aspects of the Niles Park District, and feel much more can and should be done so that our recreational facilities reflect the All-American designation we proudly claim for Niles," concluded Sheridan.

The election to fill 3 vacancies on the Niles Park Board will be held on Tuesday, April 20.

Children's health fair scheduled at Resurrection

A Children's Health Fair will be held on Saturday, March 20, at Resurrection Medical Center, 7435 West Talcott Avenue, Chicago. The free event will be held from 10 a.m. to 2 p.m. in the Marian Conference Center located on the ground level of the medical center.

The health fair will feature teddy bear check-ups, nutrition and exercise information, emergency room and X-ray displays, a police department safety display and a Meet the Doctor Booth. Pre-kindergarten speech and language screenings will be offered. Balloons, prizes and face painting will be available to children. Special highlights will include appearances by Batman, Catwoman and Ninja Turtles.

Advance registration is required. For more information and registration, call the Weight Management Office at (312) 792-5022 and press 1.

Hye Won Chang

Pvt. Hye Won Chang has completed basic training at Fort Jackson, Columbia SC.

Chang is the daughter of Sun Kyu Chong, and sister of In Suk Turner, both of Skokie.

The soldier is a 1992 graduate of Niles North High School, Skokie.

Letters to the Editor

Park candidate cites needs for curtailment of spending

Dear Editor:

It was at a Niles Park District Board meeting in November of 1991 when someone sitting on the Board told me that it didn't matter what the people in Niles thought and that I should get involved so I would know what was going on. My sense of injustice was aroused and I know what's going on and I can still hear those arrogant words ringing in my ears, "it doesn't matter what the people in Niles think."

Some on the present Board went on to offend the Baseball League and then the people who use the ice rink. The petition to dissolve the Park District was obtained, not by the Village, but by the PEOPLE. There are those who would like to blame the Mayor, the Village, anyone but themselves, but the truth is they brought the whole thing on themselves with their arrogant attitude.

Nothing has changed, they have forgotten that their most important role as a commissioner was to serve the people. It really bothers me when people set themselves up as better than others.

I have spent the last few months going over 14 months of voucher lists to learn where and how our money is being spent. What I found was fascinating to say the least, but now I do know.

I would like to tell a story to illustrate a point. When I took over as treasurer of my church, no one understood the financial reports. There was absolutely nothing wrong being done, but no one understood what they were looking at and many were afraid to ask questions for fear of being made to look foolish or worse yet, ignorant.

My reports are now easy to understand. People know where every penny is spent, they are no longer afraid to ask questions and I can give them straight answers. A wonderful and amazing thing happened once people armed with knowledge, gained trust. They were no longer strapped by the fear of uncertainty and our giving now exceeds our expenditures. Without trust you have nothing and knowledge is the key to understanding.

I don't pretend to be a financial wizard and I hold no degree in governmental finances, but I do have ideas on how the Park District can cut spending and offer the people more financial ac-

countability. The results of the now infamous Needs Assessment Survey which cost \$33,166.20 are in. I found it disturbing that one payment of \$9,900 came from the Recreation Fund and another payment of \$9,900 came from a Bond (loan) Issue Fund. I can't see how they can justify calling a survey a capital improvement and using our tax dollars to pay for it.

The results of this expensive survey did not offer many new revelations. Examples are: We need more programs for senior citizens and teens and 46% of the population of Niles are over the age of 55, no kidding! I will never be convinced it was a valid survey in the first place. 407 valid returns out of 5,200 (2 mailings of 2,600 each) sent out. I don't think that is a valid representation of 25,000 people. If they can say that 400 is a valid number for representation, how about 6,700 people. Would that not be valid also? They received a computer program along with this that is supposed to give facts to develop a marketing program for their recreation programs. Too bad it can't teach them how to communicate with each other, the staff, the patrons of the park and those of us in the community. Lack of communication is one of the things that must change before anything of substance can be accomplished.

I am proud to be running on a slate with Rick Sheridan and Bud Skaja, Jr. Each of us brings with us different areas of expertise and goals to the Niles Park District Board. There are three vacancies to fill. Remember, 3 people control all decisions made on the Niles Park Board and never before has the choice been so clear. Do you want business as usual or a change of attitude with accountability? Vote for Rick Sheridan, Myrna Breitzman and Bud Skaja, Jr. on April 20.

Myrna Breitzman
8352 N. Milwaukee
Niles, IL 60714

Weight control program to be held

"The Body Shop," a unique and comprehensive 10 week weight control program for girls and boys 8 to 18, will meet Tuesdays, from 7 to 9 p.m., at Old Orchard Junior High School in Skokie.

The program, sponsored by Rush North Shore Medical Center, features a registered dietitian, physical education specialist, and personal growth leader, who lead the students in classes that improve nutrition habits, physical awareness and self esteem.

For more information, call coordinator Laura Dean at (708) 933-6802.

EDITORIAL DEADLINE

All press releases and pictures must be in The Bugle office by Thursday at 5 p.m. prior to the requested date of publication.

The Bugle Newspapers

SUBURBAN HOMES

March 18, 1993



Drexel Heritage has reproduced this antique decorative table, ideal for creating a one-of-a-kind look in today's homes. Crafted in the 19th century, the comfort-cued chair features cabriole legs with decorative scroll feet and a central shelf motif carved at the base.

Do-it-yourself guide for roof repairs

Every homeowner knows that a new roof will add to the beauty and value of their home. Now there's a guide that can help make the re-roofing job go smoothly.

The makers of Manville fiber glass shingles have published an illustrated, pocket-size guide that provides quick, easy-to-follow steps for re-roofing, as well as putting a roof on a new home.

The guide lists the tools and materials that will be needed, and explains how to prepare the roof before the shingles are applied.



The Oval Parlor Table, offered by Drexel Heritage, is characterized by intricate satinwood veneers with rosewood crossbanding, an intriguing crosshatch design accented by inlaid dots of ebony, and slender maple tripod legs.

Tips on home insulation

By installing the right amount of insulation in your house, you'll be more comfortable; you'll also be getting the most value from your heating and cooling dollar, according to the Edison Electric Institute and the National Rural Electric Cooperative Association, two national electric utility trade associations.

On average, 60% of your home's monthly energy bill goes for heating and cooling. The right amount of insulation—in the right places—can cut these costs in half. Your electric utility can offer free advice on how much insulation your house needs.

Where in your house should you insulate? The attic and basement (over and underheated crawl space) are two essential areas for insulation.

Vinyl flooring used to add color to updated kitchens

In the past, designers, decorators and retailers have recommended kitchen flooring that was often neutral, devoid of any pattern and could be used as a backdrop for a splashy countertop or wallcovering. Today, however, kitchen floors are taking center stage with bold new colors for sheet vinyl in contemporary new designs.

Jim Riley, Director of Color and Design for Tarkett, the Parsippany, NJ-based sheet vinyl and tile manufacturer, says that consumers are not just adding color randomly. "We see definite color preferences for the kitchen. Today's consumers are looking to replace the bland look of the '80s with crisp color contrasts or jewel tones on pale backgrounds."

Tarkett is right in step with satisfying the growing demand for color. "Approximately 65 percent of our product line is less than two years old. Our continuing effort to update and provide color has kept Tarkett sheet vinyl and tiles light years ahead of our competitors," according to Riley.

The manufacturers latest sheet vinyl introductions

reflect the company's ability to spot a trend before everyone else. For example, New Imaget, in the Lifetime Britet line uses an artistic brushstroke of color against a soft pale background. The teal colored brushstroke satisfies consumers' need to add color while adding sparkle and vibrancy to the room.

For consumers who are serious about making their kitchen floor the centerpiece of their decorating scheme, Riley recommends the Lifetime Brite Tiffany pattern reminiscent of actual Tiffany stained glass windows. This new pattern randomly features 9 inch mosaic rose bouquets in a variety of colors including blue, beige, coral and charcoal for example.

If ornament is in order, consider Tarkett's Knightsbridge pattern from the Style Britet line. Knightsbridge is a multi-colored combination of charcoal, dark mauve, khaki and teal and is a sure way to add color affordably.

For consumers who favor a kitchen with contrasting color, Riley offers the Alpine Terracot pattern from the Brite Choice™ collection.



Reflecting today's changing lifestyles, Bassett Furniture introduces its "Hearthside" Collection. Constructed of oak solids and oak veneers, "Hearthside" is physically distressed, adding to its quaint charm. Featuring soft-rounded corners throughout, the group also features pewter diamond accents and pewter nailhead trim on the case, upholstered and occasional pieces.

Tile inserts, especially on the occasional pieces and accent pieces such as the dining serving buffet, also add a down-home touch.

Bathroom accessories: not just for the elderly anymore

To many, a soak in the tub represents a time to relax and get away from it all. Yet on an average day, 307 Americans injure themselves in the bathroom with the majority of the incidents occurring in the bathtub, according to George Higgs, president of Carex Health Care Products.

It seems that most of us take safety for granted when entering and exiting the bathtub. A slippery shower head or water nozzle are used as support but often result in injuries.

Carex, a Newark, NJ-based manufacturer of ambulatory aids and bathroom safety products, advocates the use of grab bars on the walls which surround the bathtub as well as near the toilet for those who need additional support.

"Wall mounted grab bars are one of the most important accessories to have in the bathroom," says Higgs. "They not only assist the physically unable and the elderly, grab bars provide a secure grip for everyone who moves about on a wet bathroom surface."

Constructed of chrome steel with a diamond knurled finish, grab bars provide a secure gripping surface even when wet and will never rust. The grab bars are also available in white steel which makes them fashionable as well. The grab bars retail for \$12-35, can be found in most home health care centers, and are available in a variety of sizes from 120-230. The grab bars can be mounted vertically, horizontally or diagonally and are easy to install. Packaging includes hardware and mounting instructions.

Special shingles protect against roof wind lift

If you've ever put shingles on a roof in an area that's subject to windy conditions, you will be interested to learn there are shingles designed to solve the problem of wind lift.

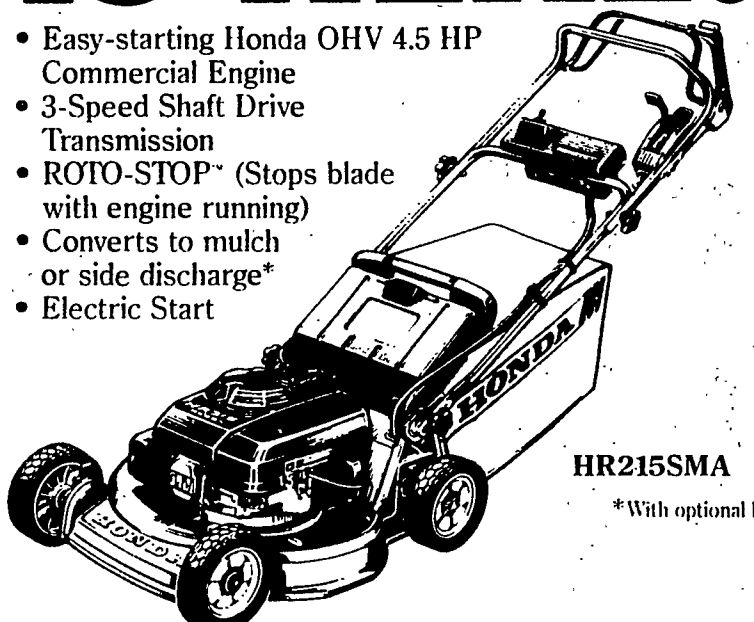
These traditional square-cut three-tab shingles offer exceptional holding power with a Seal-O-Matic® shingle stripe system that securely holds down shingle tabs in a unique two-step process.

First, an immediate bond forms between shingles as soon as they are applied. And then, the sun activates a strong, long-term adhesive that remains effective even during extreme temperature cycling.

As a result, these Fire-Glass® fiber glass shingles by Manville provide considerably improved weather protection and wind resistance immediately following installation and long after. These characteristics enable the manufacturer to offer a limited 20-year warranty.

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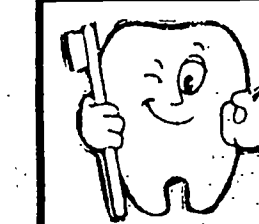
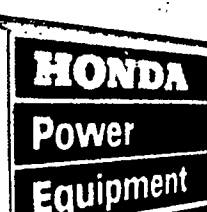
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Page Two

SUBURBAN HOMES

March 18, 1993



Lexington Furniture Industries has a new lifestyle furniture collection entitled, "American Country West."

The approximate 80 piece collection of bedroom, dining room, occasional and upholstery is complemented by a complete accessory program provided by GuildMaster based in Springfield, Missouri.

Do-it-yourself concrete repair, restoration offers new alternative to replacing driveway

While millions of Americans embark on home improvement projects each year, determining ahead of time those projects which are restorative, do-it-yourself projects and those which may need the help of a professional contractor can save homeowners money in the long run, according to building industry professionals.

"Concrete steps, sidewalks, driveways and patios are often replaced by homeowners who mistakenly assume there is no alternative to weathered, deteriorating concrete," said Loren Plotkin, vice president, Macklanburg-Duncan. "But even do-

REPAIRING DAMAGE AFTER A WINTER THAW

it-yourselfers can effectively repair, restore and refinish concrete with products sold in most home centers and hardware stores."

Macklanburg-Duncan, an Oklahoma City-based home improvement product manufacturer, is an industry leader in the area of concrete restoration. The company's line of "Mr. Mac's Concrete Restoration System" products have been hailed by do-it-yourselfers as one of the easiest, most effective ways to solve concrete problems that often plague homes following a winter thaw.

From repairing to restoring and refinishing, Mr. Mac's is a complete 3-step solution for concrete problems that enables homeowners to maintain solid, attractive concrete work for years, at a fraction of the cost of replacement charged by a professional contractor.

"There are thousands of homes across the U.S. with beautifully detailed concrete work in need of repair or sealing. Often, homeowners are tempted to demolish this work and start over," said Plotkin. "They later find that the craftsmanship of their new concrete sidewalk or patio is lacking in comparison and in fact, a high-quality

NORMAL WEAR AND TEAR CAUSES CRACKS

restorer or concrete fix would have done the job, while maintaining the integrity."

According to Plotkin, even normal wear and tear will cause concrete to crack, break or chip. The company's Concrete Fix bonds broken or cracked concrete and is the only concrete repair that uses a patented sealer called Polymer ACT-91, which actually makes it stronger and more durable than concrete.

Mr. Mac's Latex Crack Filler patches and repairs cracks and holes and forms a water resistant seal that compensates for the expansion caused by weather and temperature changes. For concrete control cracks and construction joints, Mr. Mac's Urethane Joint Filler forms a durable, water-resistant seal that adds years of life to laid concrete.

"A common homeowner complaint is that after a few years, concrete tends to discolor and lose its original smooth finish. Mr. Mac's Refinishing line helps maintain the just-finished beauty of driveways, steps, patios or basements," said Plotkin.

Mr. Mac's step-by-step refinishing process begins with a concrete cleaner and degreaser that removes oil, grease, dirt, mildew and algae from basement walls, floors, driveways, sidewalks, steps and patios. Then Mr. Mac's concrete primer is applied to prepare the concrete to receive stains. Once applied, these specially formulated stains, with Polymer SP-76, penetrate, seal and protect concrete and resist peeling, flaking and staining.

Mr. Mac's also offers a concrete masonry sealer for homeowners who don't want to stain their concrete but still want the benefits of a sealer to protect concrete from water and the elements. This sealer can also be applied to new concrete to help maintain its original beauty.

Mr. Mac's Concrete Restoration System products are sold in home centers and hardware stores throughout the United States and Canada.

For more information on Mr. Mac's Concrete Restoration System call Macklanburg-Duncan's Consumer Hotline at 800-348-3571, or write Macklanburg-Duncan, P.O. Box 25188, Oklahoma City, OK 73125.

On choosing carpet colors

Decorating a home means creating an environment that makes you happy—one that's flexible, functional and fashionable enough to fit your family's tastes, interests and lifestyles.

When it comes to decorating, carpet serves as the foundation for any design scheme. As the "fifth wall" of a room, your floor is the common denominator that unifies all other design elements. And carpet is an investment you will live with for many years to come. When selecting carpet, nothing is as important as the correct color choice. Despite the fact that some would-be carpet buyers have a color in mind before they walk into a store, it is very difficult to select the right carpet color.

Technical information like texture, fiber, construction and pile height is important. These factors will ultimately determine carpet performance much more than color. And while there is very specific information available to guide consumers on each of these subjects, the same definitive information is not available for color.

Ultimately, the choice of color is a subjective and personal decision. And there is no single decision that will have a greater bearing on customer satisfaction. However, color selection also creates the greatest potential for error because there are so many factors involved in choosing the correct color.

To try and simplify the color selection process, Vicki Jones, a colorist for Peerless Carpet Corporation, one of the world's largest carpet manufacturers, offers some suggestions. Like the brew master is to a brewery, or the head chef is to a fine restaurant, the eye of the colorist is a critical asset in determining the success of any carpet manufacturer.

Jones explains that color availability has undergone dramatic changes in the past 30 years.

"Carpet color selection used to be rather limited. Manufacturers, in an attempt to ensure extended carpet life, frequently used medium and darker shades and patterns to help hide dirt. With advanced technology, better soil resistance and stain protection, carpet color choices today are virtually unlimited. In response to the demands of the fashion conscious consumer, manufacturers now introduce new color trends every six months," Jones says.

Color Basics
There are six basic primary and secondary colors in the spectrum, and another six tertiary colors.

For your free copy of the Consumer's Guide to Carpet call 1-800-845-4252



"Mom's Room" is the name of the coziest room offered to guests at the Barley Sheaf Farm in Pennsylvania, the oldest accredited inn in Bucks County. The same feeling of easy comfort has been repeated in the room bearing the same name in the Country Inns and Back Roads prototype shop on display by Thomasville. Furnished with rustic oak pieces, the room showcases the Maryland Poster Bed with canopy.

Central vacuum systems offer convenience, more cleaning power

Vacuum cleaning. Two words that conjure up thoughts of dragging bulky, awkward equipment up and down stairs and around corners. The noisy cleaning ritual that makes it almost impossible for anyone in the house to sleep, talk on the phone or read the newspaper.

But no matter how irritating this chore may be, it is still the only way to extend the life of your carpeting and ensure that your home is free of dirt, dust and grit.

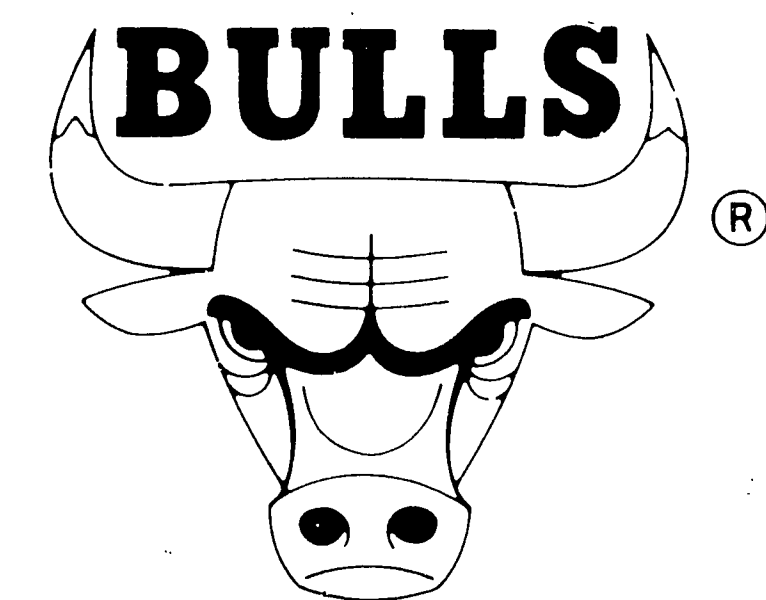
Yet, most of us still ask the question: Isn't there an easier way? The answer may be found in the built-in central vacuum system, an alternative to the conventional vacuum cleaner.

Central vacuum systems are gaining popularity because they offer powerful suction that is convenient, clean, quiet and economical. With a central vac system, the main power unit is installed in a basement, garage or utility room so noise and dust are removed from the cleaning area. The system draws dirt and dust to the main power unit through a series of PVC tubes that connect to wall inlets located throughout the home. To begin vacuuming, you simply insert a lightweight hose into a wall inlet and the cleaning suction begins automatically.

To turn off the system after vacuuming, just remove the hose from the inlet.

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New adhesive called environmentally safer

Contech Brands, a subsidiary of ChemRex Inc., has introduced a revolutionary construction adhesive that is not only safer to use, but provides superior results.

PL Premium is waterproof, can be used in all climatic conditions and will last as long as the surfaces it bonds together. Because there is no shrinkage, it will bridge all gaps in construction materials. The bonding strength is so great, it offers twice the coverage of conventional adhesives and much less adhesive is needed to complete a project. PL Premium cures up to three times faster than any other construction adhesive currently available. This offers time and dollar savings.

Because toxic solvents have been removed from this unique adhesive, making it nontoxic, nonflammable and noncombustible, PL Premium is environmentally safer. PL Premium passes all volatile organic compound laws that many states have enacted. It also passes all building code and AFG-01 subfloor requirements.

Contech Brands is helping Americans who want to contribute to a cleaner, healthier and more beautiful environment by donating 5 trees to the U.S. Forest Service for every three tubes of PL Premium purchased. "Building A Safer Tomorrow" is Contech's way of helping America.



Sauder's Sugar Creek Collection, pictured, is a perfect example of how RTA accomplishes the crafted look, with solid wood handles, decorative hinges, wheat-embossed doors, apron sculpted bases and a spiced pine finish. The collection includes entertainment center, library unit, letter desk, end and cocktail tables (pictured) and TV/VCR cart and utility stand.

Mirrors give rooms an instant facelift

Mirror doors can give bedrooms, bathrooms, living and dining rooms, changing areas, basements and family rooms, and even kitchens an instant facelift by transforming them into bright, spacious, elegant, and airy living areas that reflect the beauty of the decor.

"Mirror doors accomplish two basic interior design objectives," says Bob Gagne, marketing manager of residential products for Stanley Hardware. "They make rooms appear brighter and larger than they actually are."

Mirror doors provide the illusion of greater space, especially important in bedrooms or bathrooms that tend to be small or cramped. Placed at the end of a room, mirror doors can give the appearance of actually doubling room size.

Secondly, they make a room brighter by reflecting more

light than ordinary panel doors. Mirror doors bounce light around bedrooms, bedrooms, tight closet areas or dark basements that have few if any windows, making them appear lighter and brighter.

Finally, if you thought mirror doors were just for contemporary decors, think again. Stanley offers hardware for mirror doors in a wide variety of finishes including gold, silver, bronze and white, as well as the availability of solid oak trim to match any decor from colonial to contemporary.

Furthermore, Stanley offers hardware designed for bifold, sliding, swing or pocket door installations, making them the perfect alternative for upgrading existing doors or requesting mirror doors in new home construction.

Stanley has a comprehensive network of local, regional and national fabricators who build

the door systems and offer the convenience of buying from a local supplier.

For more information on Stanley's Mirror Door Systems hardware or for the name of a Stanley mirror door fabricator or installer nearest you, contact Stanley Hardware, 195 Lake Street, New Britain, CT 06050 or call 1/800/622/4393, extension 5174.

Free consumer hotline

Monsanto Wear-Dated 11 Carpet and the American Society of Interior Designers (ASID) have introduced a telephone hotline featuring tips on interior design.

Consumers can call 1-800-645-8035, toll free, for helpful information on such topics as how to use color, lighting, texture and style in home design. Different tips will be offered on a monthly basis.

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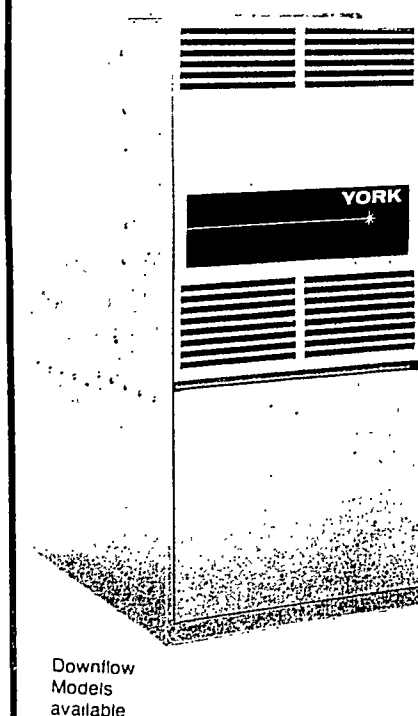
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Looking up --- Aluminum soffit panels on porch ceilings eliminate the unpleasant chore of scraping and painting overhead wood boards.

Gas fireplaces called cleaner, cheaper

As consumers become more aware of the environmental impact of burning wood, they are turning increasingly to natural gas fireplaces, according to the American Gas Association.

Natural gas is a much cleaner-burning fuel than wood, so natural gas fireplaces can contribute to cleaner air, A.G.A. says. Because wood smoke is a growing air pollution problem, the Environmental Protection Agency has established emissions standards for all woodburning stoves and manufactured fireplaces.

In addition to environmental advantages, gas fireplaces also can save consumers money, as much as 57 percent over the cost of using firewood, according to a national survey of 40 cities. Masonry fireplaces are 10 to 25 percent efficient, compared with efficiencies as high as 72 percent for gas fireplaces.

The cost of heating an average room with a gas log or fireplace ranges from 22 cents per hour to 81 cents per hour, and averages about 37 cents. The cost of using firewood ranges from 55 cents to \$1.44 per hour, and averages about 88 cents. The estimated annual operating cost of a gas fireplace unit is \$74.40, based on use of a 20,000 Btu per hour unit for 600 hours per heating season.

Natural gas fireplaces come in a variety of configurations including see-through, two- or three-sided, direct vent and freestanding. Most can be turned on with the flip of a switch, and many new models have a remote control feature.

Currently, 23 percent of new home builders are offering natural gas outlets in fireplaces. In a home with natural gas service, a gas outlet in the fireplace can be added for be-

tween \$50 and \$200 in most areas.

As with all natural gas equipment, consumers should look for the A.G.A. Laboratories seal before purchasing a gas fireplace. A.G.A.'s Blue Star Design Certification seal is your assurance that the equipment design complies with national safety standards.

Natural gas fireplaces should be installed by a qualified plumber or gas contractor, and in compliance with local building codes and standards.

Consumer demanded features in side-by-side refrigerator

Sleek styling, consumer-demanded features and premium quality are the hallmarks of a nine-model line of freestanding KitchenAid refrigerators. The 25 cu. ft. side-by-side model features through-the-door ice and water dispenser, offering either crushed or crescent ice; wine rack/egg carton nest; adjustable square-back crispers; light-

ed freezer; two ClearVue humidity-controlled crispers; ClearVue air-cooled WinterC-hill meat locker; and more. The unit is available in stylish all-white or all-almond versions, or with factory-installed black acrylic panels and trim. For additional information, call KitchenAid toll-free at 1/800/422/1230.

'92 Federal Efficiency Standards

CHICAGO—With support of congressional leaders and the endorsement of a broad coalition of environmentalists, Congress recently passed the National Appliance Energy Conservation Act (NAECA).

Effective January 1, 1992, the new legislation raises the efficiency standards for most electric, oil, and gas-powered home appliances, including furnaces, water heaters, air conditioners, ranges and ovens.

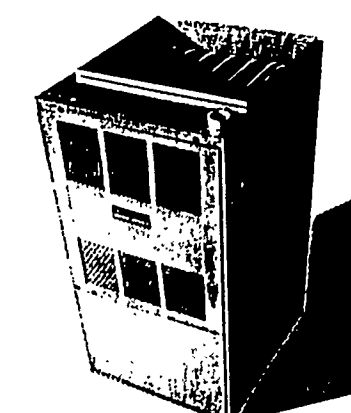
Starting on January 1, 1992, all newly manufactured gas furnaces will be required by federal law to meet higher efficiency standards. Next year's furnaces will have to burn less fuel while still providing the same amount of heat.

If you're looking for a furnace right now, here's some news you can use. Every gas furnace Amana makes already surpasses next year's efficiency standards. In fact, Amana gas furnaces have met the '92 standards for over four years. We combine state-of-the-art technology with long-life materials to make our furnaces not only affordable, but among the best performers on the market.

Along with the industry's highest efficiency rating, Amana gas furnaces come with an unbeatable limited 25 year warranty and offer the ASURE Extended Service Plan with guaranteed, no-cost parts and labor by an authorized Amana dealer.

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Gas appliances called efficient, money saver

Consumers prefer natural gas appliances because they cost less to operate and are more efficient, according to studies by the American Gas Association.

New, more efficient gas appliances can offer consumers substantial savings in lifetime operating costs compared with equipment available 10 or 15 years ago. The Department of Energy projects that, in 1990, residential electricity will cost four times more than natural gas, and heating oil 30 percent more than natural gas.

High-efficiency gas furnaces and boilers now on the market represent a new generation of technologically advanced heating equipment, with fuel-efficiency ratings ranging from 80 to 97 percent. Conventional furnaces are usually 60 to 65 percent efficient. Improving furnace efficiency

from 60 percent to 90 percent, for example, would save 30 percent on fuel costs.

High-efficiency natural gas water heaters can save a consumer up to 69 percent or several hundred dollars per year, compared with the cost of operating an electric water heater. New gas water heaters can be up to 85 percent efficient.

Gas clothes dryers will dry approximately three loads of laundry for the same amount of money it costs for an electric dryer to do one load. Gas dryers can save as much as 65 percent in fuel costs, according to A.G.A.

Gas ranges with energy-saving features such as pilotless ignition systems, can save about 40 percent over gas ranges with standing pilot lights and about 50 percent over electric ranges, according to the gas association.

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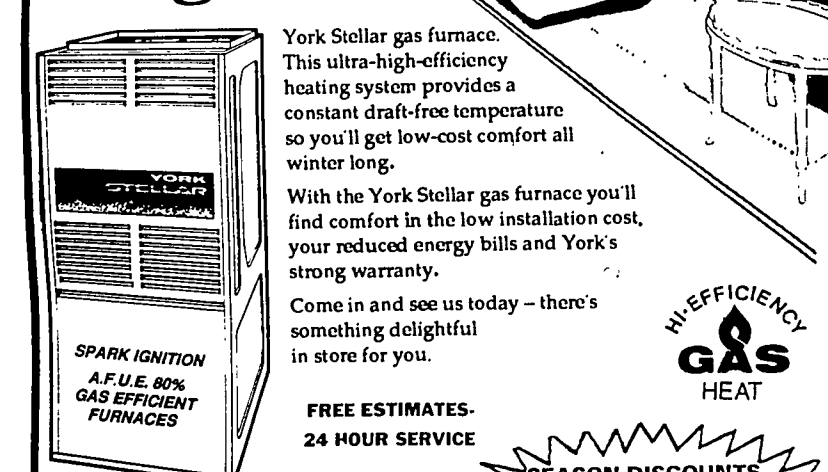
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Homestead by Kennedy Homes

Season-All offers tips when buying windows

When the Old English wanted a breath of fresh air, they'd ask someone to open the "eyethurl." Eventually the term for an opening in the wall became "windore," a door for the wind, and then "window."

Windows have been an important part of shelters for as long as civilization itself. Pope John XXIII dramatized the spirit of the church by walking across a room and opening the window. The Chinese use various kinds of latticework on their windows to denote religious meanings or to indicate the status of the homeowner.

In modern America, windows are symbols, too. An office with a large window is a status symbol. On cruise ships, cabins with always are priced higher than those without them. Homes and apartments with good views from attractive windows often fetch

a premium resale price.

"Bright rooms with natural light are uplifting to most everyone," points out Judy Graham, an executive with Season-All, a leading window manufacturer. "With new energy-saving windows, homeowners can have an abundance of large-sized windows without worrying about driving up their utility bills," she adds.

Season-All offers homeowners the following tips for buying windows:

1. Locate the windows to take advantage of prevailing breezes and the sun's light and heat. If possible, place them in opposite walls to take advantage of cross-ventilation.

2. For the best light, choose a few large windows rather than several small ones, or group small ones together for uniform light distribution.

3. In cold climates, place the largest windows toward the

south to benefit from solar heat gain in the winter. In warm climates, place most of the window area facing north to lessen the drain on artificial air conditioning. Shade the home with deciduous trees and awnings to reduce energy costs in all climates.

4. For the best fit and performance, choose a custom-made vinyl or thermal break aluminum window. Quality manufacturers such as Season-All offer a 50-year limited warranty and are sold by a national network of authorized dealers.

For more free information, write to: Judy Graham, "American Living Brochure," Season-All, 1480 Wayne Ave., Dept. RSFR, Indiana, PA 15701.

Cathedral Series doors provide superior materials and styling

The Weather Shield Cathedral Series wood patio doors offer today's homeowner the elegance of wood in both sliding and hinged styles. The Cathedral Series comes in a number of multiple configurations with numerous glazing options including Low E and Argon gas.

Old world craftsmanship and modern, state-of-the-art materials combine to give Weather Shield Cathedral Series doors the value added features that make them a worthy addition to any home.

The door panels, stiles and rails are fully laminated. All joints are dovetailed and glued for extra strength and rigidity. Energy efficient design provides trouble-free operation.

The interior of the doors is Ponderosa Pine or True Oak. Exterior options included natural brick mould with a natural door panel or extruded aluminum clad frame in a choice of contemporary colors and matching Poly I door panel.

For more information on the Weather Shield Cathedral Series wood patio doors, call our toll free number 1-800-477-6808, or write to: Judy Graham, Season-All, 1480 Wayne Ave., Dept. RSFR, Indiana, PA 15701.

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Experts say bedrooms need unified decorating decorating

An appealing, pleasant atmosphere is essential in every bedroom of the house, but it's especially important in the master bedroom, one of the most lived-in areas of any home.

In today's home decorating schemes, bedrooms often have multiple sets of doors. These might include entry doors, one or even two sets of closet doors, and still another that leads to the master bathroom. Because of this, doors often serve as one of the primary design elements in bedroom decor. And because of

their versatility and low cost, molded doors, such as those manufactured by Masonite Corporation, can be the perfect choice.

Taken together, these bedroom doors make a major decorating statement. With molded doors you can match the style you choose for the entry and bath doors with bi-folds models for each closet setting. You can paint or stain them to complement each other, and to coordinate with the room's overall color scheme.

If natural lighting is at a premium in your bedroom, con-

sider using light colors to visually brighten the space. Hot colors, such as red and orange, will make a room appear smaller.

Conversely, darker, more subdued colors will visually enlarge the room.

Accent trim also adds new dimension to your room decor. Matching trim to your primary room color helps to unify the decorating scheme.

Pleasant surroundings of a master bedroom are heightened by use of stainable Masonite brand Coventryr doors as an integral design element.



Energy efficiency critical when buying air conditioning

Not long ago, people didn't give their home appliances much thought. They simply plugged them in and let them do their work. However, in today's energy conscious world, people are becoming aware that appliances consume not only kilowatts, but a larger and larger chunk of their income.

As a result, cost-conscious consumers are beginning to take a hard look at their home comfort systems and ask themselves some pointed questions:

- Is my central air conditioner or heat pump wasting costly energy?
- Is there something I can do to improve its efficiency?
- Are some air conditioners more efficient than others?

Consumers who are thinking of buying a new home or refurbishing an older one also want to know more about the efficient equipment available today.

The Air-Conditioning and Refrigeration Institute (ARI) wants homeowners to understand how their air conditioner works so they can get the most comfort for their energy dollar. ARI's pamphlet, the "Consumer Guide to Efficient Central Climate Control Systems," includes simple, relatively inexpensive ideas to improve a system's efficiency. It shows homeowners how to keep comfortable while holding down utility bills, and it explains how to compute cost savings derived from the operation of high-efficiency units.

For a copy of the "Consumer Guide to Efficient Central Climate Control Systems," send a stamped, self-addressed business envelope with 50 cents postage to ARI, Dept. U-162, P.O. Box 37700, Washington, DC 20013.

Saving energy always means saving money

Energy bills can account for as much as one-third of a typical household budget. So taking a few simple steps to conserve energy can pay big dividends. Here are some energy-saving ideas from the American Gas Association.

1. To reduce heating bills, seal air leaks around doors, windows and other openings, such as pipes or ducts, with caulking or weather stripping or by stuffing insulation in open areas that are letting in outside air.

2. Set the thermostat between 65 and 70 degrees in the winter, at least 5 degrees lower when sleeping, and at 58 degrees when away from home for more than a few hours. (Warmer temperatures are recommended for homes with ill or elderly people and/or infants.)

3. During the summer, set the thermostat at 78 degrees and 5 degrees higher when away from home. Consider installing a "clock" thermostat that can be set to automatically control these temperature changes, according to your daily schedule.

4. Check your water heater's nameplate for the ASHRAE (American Society of Heating, Refrigerating and Air Conditioning Engineers) rating. If the rating is lower than 90, you should consider adding an insulation "blanket" to help

Gas lighting being used for home security

More and more security-conscious consumers are choosing natural gas lighting for the outdoor areas of their homes, according to the American Gas Association. Gas lights safely and attractively illuminate yards, driveways, sidewalks, pools, gardens, patios and decks at a very low cost.

Unlike electric lights that give off a harsh glare, natural gas lights provide an aesthetically pleasing glow while providing ample illumination. And gas lights usually do not attract bugs.

Some new models have an automatic dimmer feature that reduces illumination during the daylight hours and burns brilliantly at night. This energy-saving feature reduces the already low cost of gas lighting by using two-thirds less gas during the day.

the tank retain heat longer and reduce operating time. Be sure to install the blanket according to manufacturer's instructions. When replacing a water heater, choose a high efficiency model.

5. Change the filters in heating and cooling units at least twice a year. Close vents and doors in unused rooms. If pipes or ducts run through unheated areas, insulate them.

6. Use drapes, shutters, awnings, shade trees, glass with reflective film and/or solar screens to keep sunlight out in the summer and let it in during the winter.

7. Check to see if your attic and basement (or crawl space) have the recommended level of insulation for the area where you live. Remember to insulate and weatherstrip the attic and basement doors.

8. If you have a woodburning fireplace, consider installing a

natural gas fireplace insert, which can save up to 57 percent in energy costs, compared with firewood. In addition, a gas-fireplace insert reduces heat loss caused by the draft in a conventional fireplace.

9. Consider storm or thermal windows and doors or double-paned glass. A less expensive alternative is plastic sheathing, which can be fastened over doors and windows to retain heat or air conditioning.

10. Be sure that dishwashers, washing machines and clothes dryers are fully loaded before running. Set dishwashers to stop before the drying cycle. When buying new appliances, compare energy efficiency ratings and annual operating costs. A slightly higher initial cost for a high efficiency appliance could pay itself back in a very short time through energy savings.

Many local natural gas utilities offer home energy audit programs and additional information on energy savings for consumers.

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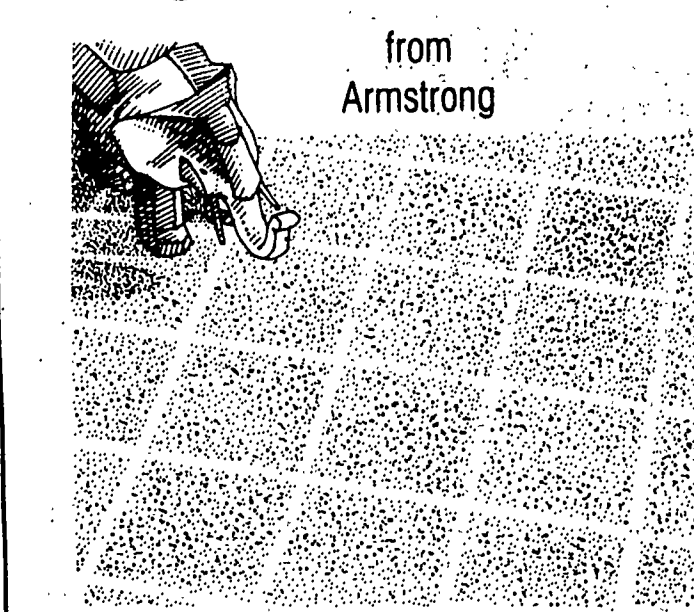
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Advanced engineering found in Italian collection of bath faucets and accessories

Italian design and advanced engineering combine to create the luxurious Sottini Collection of solid brass bathroom faucets and accessories. This extraordinary collection, developed by American Standard's Ideal Standard operation in Italy, features a variety of traditional styles, representing the ultimate design statement for lavish bath suites.

"It is truly an exceptional line

of products," commented American Standard's Fittings Manager, Jim Datka. "And it represents the beginning of an era for American Standard's fittings and accessory business, designed specifically for the grand luxury market." The Sottini line includes two distinct style groups to meet a variety of design needs. The Classic style is beautifully ornate. The selection includes bath/

shower and lavatory faucets, as well as towel bars, tissue holders and other accessories. The Classic style is exquisite for both powder rooms and majestic master baths.

The Azimuth style, also available in the same variety of faucets and accessories, is a simpler design, featuring both a cross-handle and a lever style.

The centerpiece of the Sottini accessories is a free-standing towel rack with swivel bars and a framed mirror on top, reminiscent of a rare antique. Other accessories include towel bars, glass holders and toilet tissue holders.

While the Sottini design is traditional, the faucet engineering is state-of-the-art. All the faucets have ceramic disc valves, a technology developed by American Standard, which provides a lifetime of drip-free, top-quality performance.

The Azimuth styles are available in a choice of either chrome or brass finish. Classic styles are available in either brass or gold finish.

Natural gas called best energy buy

The U.S. Department of Energy's 1990 average costs for residential energy show that natural gas is again the best energy buy for American consumers. The DOE numbers are issued each year as part of the Federal Trade Commission's Appliance Labeling Program, which was mandated by the Energy Policy and Conservation Act (EPCA) of 1975. That law requires the disclosure of energy efficiency or cost information on "EnergyGuide" labels and in retail sales catalogs for eight categories of appliances. They are: central air conditioners (including heat pumps); furnaces; water heaters; refrigerators; freezers; dishwashers; clothes washers; and window air conditioners. The cost comparison is made in dollars per million Btu, a standard measure of energy content.

The EPCA also requires that certain other appliances, although not included in the Appliance Labeling Program, use the representative average unit costs of energy in all "representatives." Those products are clothes dryers, television sets, kitchen ranges and ovens, humidifiers and dehumidifiers and space heaters.

The American Gas Association recommends that consumers look for the yellow "EnergyGuide" label when they are buying any kind of appliance or equipment covered under the EPCA. The labels' operating cost comparisons should be an important consideration when making buying decisions, A.G.A. says, because savings in appliance operating costs can quickly make up for differences in initial purchase prices.

It's Home Improvement Time!

Gas water heater called money saver

The water heater is the second largest energy user in a typical home, according to the American Gas Association. So if you're buying a new water heater, choosing one that is energy-efficient and the right size can make a big difference in your utility bills.

As of Jan. 1, 1990, all manufacturers are required by federal law to produce water heaters that meet or exceed the efficiency requirements mandated in the National Appliance Energy Conservation Act of 1987.

These higher-efficiency water heaters contain such features as improved insulation, more efficient burner systems, refined flue baffles and more efficient heat transfer technology. Because of the added engineering, these new water heaters will cost slightly more than earlier models. However, because of the lower operating costs, the price difference for a natural gas water heater will be paid for in fuel savings in a very short time, A.G.A. says.

The Federal Trade Commission requires that manufacturers put an "EnergyGuide" label on all water heaters. This large yellow label can help consumers compare value by determining which model will be the most economical to operate. The guide also shows consumers how to compute annual operating costs by using local utility rates. On average, a high-efficiency gas water heater will heat water for less than half the cost of a comparable electric water heater.

Water heaters also carry a "first-hour rating," which tells the consumer how much hot water the unit can supply in a

one-hour period, if it starts with a full tank of hot water. For example, a 50-gallon gas water heater may have a first-hour rating of 67 gallons.

Because electric water heaters do not heat water as quickly as gas water heaters, larger tanks are required to achieve a comparable first-hour rating. Therefore, first-hour ratings, not tank size, should be used to compare units.

To estimate a household's hot water requirements, use the following chart:

Shower 10-15 gallons (3 per minute)
Bath 15-20 gallons
Dishwasher 12-15 gallons
Clothes washer 10-12 gallons (cold rinse)
Hand dishwash 4 gallons
Shaving 2 gallons
Food preparation 5 gallons
Hand/face wash 2 gallons
House cleaning 5-12 gallons

Estimate the gallons of hot water required during the hour of the day when the household uses the most hot water. Then look for a water heater with a first-hour rating that matches the usage.

Gas water heaters come in 20-gallon to 50-gallon sizes. Some newer models have a power venting system, which allows installation through a side wall as far as 40 feet from the water heater.

Also available are "tankless" or instantaneous water heaters that do not store water, but heat it as it is needed. These are particularly suitable for smaller homes, such as apartments or condominiums, that do not require large quantities of hot water at any one time.

High efficiency furnaces need regular service

Sophisticated new natural gas heating equipment needs regularly scheduled service by a professional heating contractor to ensure top performance, according to the American Gas Association.

Like today's high-tech automobiles, the new generation of high-efficiency natural gas furnaces should be serviced by a trained professional. A.G.A. recommends that a qualified gas contractor perform an annual routine inspection of any heating system.

During the service call, the contractor should: visually inspect the furnace venting system and chimney for any signs

of leaks, corrosion, rust, moisture or blockage; test for proper combustion and, if necessary, adjust the burners; clean and replace the air filter; lubricate motors and fans that require it; check for cracked or frayed blower belts; clean the pilot and burner chamber; and clean and adjust thermostats.

Between annual inspections, the homeowner should clean or replace the furnace filter or air cleaner every three months, and remove dust and lint from the furnace, vents, registers or baseboard heating units on a regular basis. Outside, gas meters should be kept clear of snow and debris.

Gas appliances should be A.G.A. certified

If you're buying a new natural gas furnace or appliance, look for the Blue Star Design Certification Seal from the American Gas Association Laboratories. Like the UL (Underwriters Laboratories) symbol on electric equipment, the A.G.A. Blue Star is your assurance from the manufacturer that the design of the natural

gas appliance you're buying complies with national safety standards.

Dedicated to appliance safety and efficiency, the A.G.A. Laboratories in Cleveland and Los Angeles have tested more than 55,000 equipment models submitted by more than 500 manufacturers during the past 64 years.

Niles Seminary concert heralds Spring

The Rev. Stanley R. Rudski and the Niles Concert Choir and Symphony Orchestra will celebrate the coming spring season with a concert at Niles College Seminary, 7135 N. Harlem, on Sunday, March 28 at 4 p.m.

The concert at the College Seminary of the Archdiocese of Chicago will present Beethoven's Overture to Fidelio and Max Bruch's Violin Concerto No. 1, op. 26 with Eugene Pezin, Soloist, Perry's Blest Pair of Sirens, Rossini's Sancta Mater

(from Stabat Mater), and Anton Bruckner's Te Deum.

Rev. Rudski, Conductor and Music Director, will be joined by John Cina, Assistant Conductor, Sarah Beatty, soprano, Edward Zelinski, tenor, Emily Lodine, alto and Ed Pound, bass.

This musical welcome to spring will be conducted in the St. John the Baptist Chapel located on the campus of Niles College Seminary. Admission and parking are free.

First Annual Easter Expo planned

The 1st Annual "Easter Expo" arts and crafts show will be held Saturday, April 3 from 10 a.m. to 5 p.m. at the Midwest Meeting and Exposition Center, 400 E. Ogden Ave., Westmont (between Rt. 83 and Midwest Rd./Cass Ave. on Rt. 34).

Shop this easy-access building and see many new and unusual crafts such as Scherenschnitte, handwoven baskets, stained glass lamps, doll house

furniture, and quilted vests. There will be 100 crafters representing 47 Illinois towns and the states of Indiana and Wisconsin.

Admission is \$2. Lunch will be available in the Oak Brook room, catered by Prima Deli & Catering. The free instant door prize drawing will be held there also. No strollers will be allowed for the safety of children and customers.

Theatre guild to stage 'Rumors'

The Des Plaines Theatre Guild has cast the ten roles in its upcoming production of Neil Simon's farical "Rumors." To be presented on the Guild stage at the Prairie Lakes Community Center in April.

"Rumors" follows the exploits of a group of dinner guests who go to outrageous lengths to avoid telling the truth, or what they think is the truth - about their hosts, whom we never see. The Des Plaines production, the fourth in the guild's season, is being directed by Des Plaines resident Chuck Doolittle, and produced by Carolyn Paulson and Tom Frawley, both of Park Ridge, Morton Grove's Mindy

Levin will serve as assistant to the director.

The comedy will be presented for 12 performances on Fridays, Saturdays and Sundays from April 2 to 25 at the Prairie Lakes Community Center, 515 E. Thacker just west of Wolf Rd., in Des Plaines.

The Des Plaines Theatre Guild, the northwest suburbs' oldest community theatre and the fourth oldest continuously-running theatre group in Chicago, has called the 298-seat auditorium at the new Des Plaines Park District facility home since the building was completed in September.

Skokie Showbiz sets smoke-free policy

ShowBiz Pizza Time, Inc., owners and operators of Chuck E. Cheese's and ShowBiz Pizza Place restaurants, announced the move to adopt a smoke-free environment in all company-owned restaurants by June 1, 1993, including the Skokie location.

As the nation's largest chain of family entertainment centers and pizza restaurants, ShowBiz shares the public's concern about the health risks of second-hand smoke, especially how it directly affects children.

The transition to a smoke-free restaurant has already taken

Loyola presents Bye Bye Birdie

Loyola Academy's production of the 60's musical, "Bye Bye Birdie," will be presented in the Little Theater on March 18-21. The show stars an Elvis-like crooner and his shrieking teenage fans, but also pokes light-hearted fun at parenting, fantasy and TV shows.

"Bye Bye Birdie" performances are Thursday, March 18, through Saturday, March 20, at 8 p.m. and Sunday, March 21, at 2 p.m. All seats reserved at \$5.

Call 256-1100 for information.

Crafts and folk art displayed

April 2, 3 and 4 marks the 15th Country Collections show at Harper College.

A gathering of some of the finest folk artists and country craftspeople in the midwest will display and sell quilts, lamps, country furniture, stenciled boxes, baskets, appliqued jumpers, antiques, samplers, pillows, dolls and bunnies, bunnies, bunnies.

Bunnies in every shape and form including bespectacled muslin bunnies, long-eared bunnies in their Sunday finest, bunnies made from old quilts, bunnies on pillows, bunnies on wood, bunny buttons, bunny pins, and a bunny seraph blowing a horn will be available.

While fulfilling decorating dreams, Easter baskets can be filled with live dulcimer music will provide a pleasant shopping atmosphere and one lucky customer will take home a handmade quilt. No purchase is necessary, winner need not be present.

The show will be held April 2 from 3 to 9 p.m.; April 3 from 10 to 5 p.m.; and April 4 from 11 a.m. to 5 p.m.

Harper College is located at Algonquin and Roselle Roads, Palatine. Admission for adults is \$3.50, children \$1, and children under 6 are free.

Piano performance set

The Music Center of the North Shore's new faculty member Mark Valenti will be performing Sunday, April 4, at 3 p.m. in the Concert Room, 300 Green Bay Road, Winnetka.

Planiest Valenti, is both a teacher and a performer. Formerly the Adjunct Assistant Professor at University of the Arts, Valenti taught Piano Major, Musicianship and Ear Training, Theory, Keyboard Harmony, Ensemble Coaching, Group Piano, all in both classical and jazz departments.

He has performed classical recitals in the Philadelphia area as well as in France at Loire Valley Music Institute, and Hungary at the International Bartok Festival.

Valenti has worked with jazz artists Frank Foster, Toots Thelma and Gregory Hines in addition to a TV appearance with singer/actor Christopher Durham.

Admission to the performance is free. For more information, call The Music Center at (708) 446-3822.

Irish music, dancers featured in concert

Three of the Chicago area's most acclaimed Celtic music and dance groups, The Dooley Brothers, Jamie O'Reilly & Friends and Trinity Irish Dancers, will perform a special St. Patrick's show on Friday, March 19, at 8 p.m. at Friendship Concert Hall, Kolpin and Algonquin roads, Des Plaines.

Tickets are \$10 in advance, \$12 at the door and may be purchased in person or by phone from the Mt. Prospect Park District, 411 S. Maple Street, Mt. Prospect. Call (708) 255-5380 for additional information.

Produced by the Mt. Prospect Park District, the Friendship Concert Series presents top national performers in an intimate, 250-seat, acoustically ideal setting. The series features folk, jazz, pop and classical music, as well as occasional theatrical and comedy performances, open to all ages.

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Chorale presents British music

The William Ferris Chorale, Chicago's versatile and exciting chorus, continues its 21st season with a concert of British music on Friday, March 26 at Mount Carmel Church, 690 W. Belmont. Concert time is 8 p.m.

The program includes a wide range of British music, from traditional folk songs and works by

Britten and Elgar, to the local premiere of Kenneth Leighton's cantata, Crucifixus Pro Nobis.

Tickets for the concert are now available at \$16, \$18 and \$20. Visa and MasterCard accepted. Ample free parking. For further information or to order tickets, call (312) 527-9898.

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Entertainment

Planetarium tours 'African Skies'

From March 23 through September 30 The Adler Planetarium will offer "African Skies," an original sky show production that will transport viewers over 10,000 miles across the globe and up to 5,000 years into the past for a searching look at the traditions and insights of African astronomy.

"African Skies" visits Egypt, Mali, the Sahara, Kenya and South Africa to find out how different cultures relate to the stars, both today and in the past. Adler Associate Astronomer April Whitt, head writer for the show, says "African Skies" will provide a view of both the

people and the stars they observe.

Though the continent of Africa is the second largest in the world, with over 400 million people and 6,000 diverse tribes, Africans share many similarities in how they relate to and use the stars. Star stories, legends explaining the meaning and origins behind the heavens, are passed down from generation to generation as a means of social bonding and as a tool for teaching new generations about their place in the universe.

Showtimes through June 14 are Monday through Thursday at 2 and 3 p.m., Fridays at 2, 3

and 8 p.m. and Saturday, Sunday and holidays at 11 a.m., 1, 2, 3 and 4 p.m. Admission is \$4 for adults and \$2 for children 17 and under and for senior citizens. Admission to the Adler's three floors of exhibits is free. The Adler Planetarium is located at 1300 S. Lake Shore Drive and can be reached by CTA bus #146 from downtown. Hours are 9 a.m. to 5 p.m. Saturday through Thursday and 9 a.m. to 9 p.m. Fridays. For information, call the 24-hour sky show info line at (312) 322-0300 (TDD/TT: (312) 322-0995 during business hours).

'Couch' continues in Park Ridge



Albert (Thomas Hart, left) and Gabrielle (Samantha Richardson) are surprised by her fiancé, Dr. Karleen (Jim Coggeshall) during rehearsal for "Meanwhile, Back On the Couch...," an insanely funny comedy about psychiatrists and their patients presented by the Park Ridge Players. The show will run at 8 p.m. Friday and Saturday from March 12 through March 27 at St. Mary's Theatre, 711 W. Crescent (at Prospect), Park Ridge. Call (708) 698-3081 for tickets.

'Beauty and Beast' plays at Pickwick

"Beauty and the Beast," a live musical play with dance, presented by Classics On Stage of Chicago, will open March 17 at Pickwick Theatre in Park Ridge.

"Beauty" is family entertainment for all ages.

Dates and curtain times are Wednesday, Thursday and Friday at 10:30 a.m. and Saturday at noon through June 11.

General admission is \$5.50 with advance mail purchase

\$4.50; group rates are available for \$4 to \$3.25 depending on group size.

Call (312) 989-0598 for reservations. Reservations are necessary.

A live 1/2-hour theatre pipe organ concert will be presented prior to listed curtain time at the Pickwick Theatre, Touhy Ave. and Northwest Hwy., Park Ridge.

Choral Society concert pianist featured

Piano soloist Lori Lyn Mackie will be featured in the Northwest Choral Society's Choral Fantasia concert on Saturday, March 27, at 7:30 p.m. at the First United Methodist Church, 418 Touhy Ave., Park Ridge. Presented will be Beethoven's Choral Fantasia, Mozart's Coronation Mass and Anton Bruckner's Te Deum for chorus, soloists and orchestra.

Vocal soloists for the spring concert will be mezzo soprano

Emily Lodine, tenor Thomas Potter and bass-baritone Peter Van De Graaf. Alan Heatherington will be the orchestra conductor.

Tickets for the concert are \$8 for adults and \$6 for students and senior citizens. They may be obtained at the door or at Scharringhausen Pharmacy in Park Ridge. The concert location is wheelchair-accessible. For more information, call Judy Richardson at (708) 823-7320.

Geological Society sponsors jewel show

The Des Plaines Valley Geological Society will sponsor its 28th Gem, Mineral and Jewelry Show featuring gemstones - nature's little surprises, on April 3 and 4.

The show will be held from Saturday, 10 a.m. until 7 p.m. and Sunday from 10 a.m. until 5 p.m.

at Rand Park Field House, 2025 Miner St., Des Plaines.

Admission is \$1, children admitted free when accompanied by an adult.

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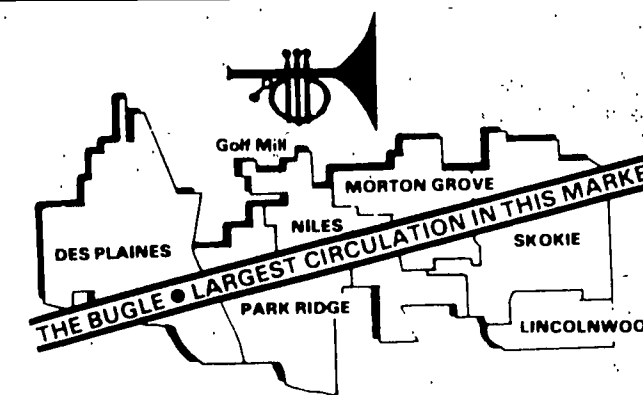
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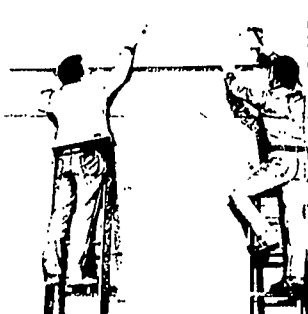
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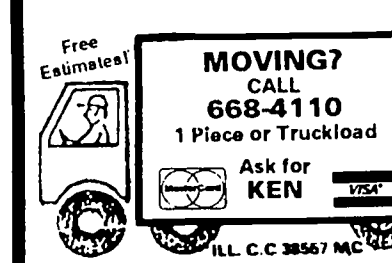
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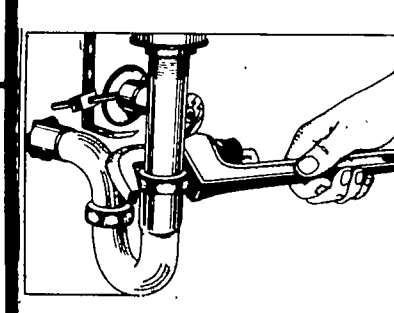
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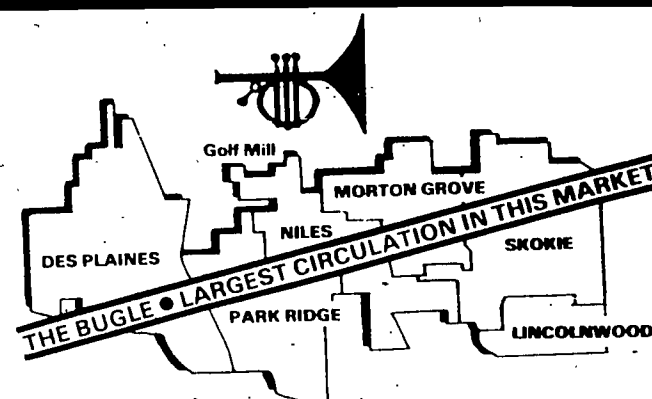
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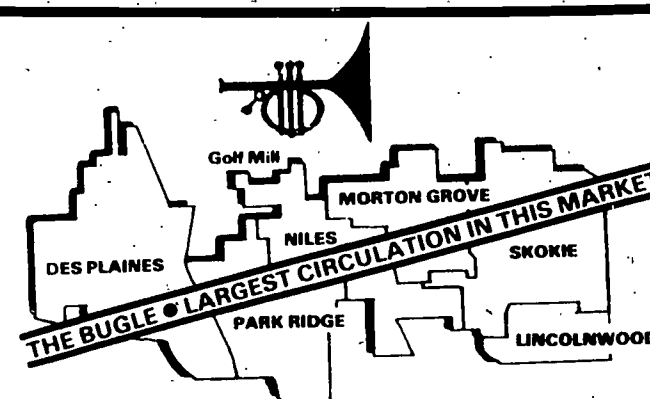
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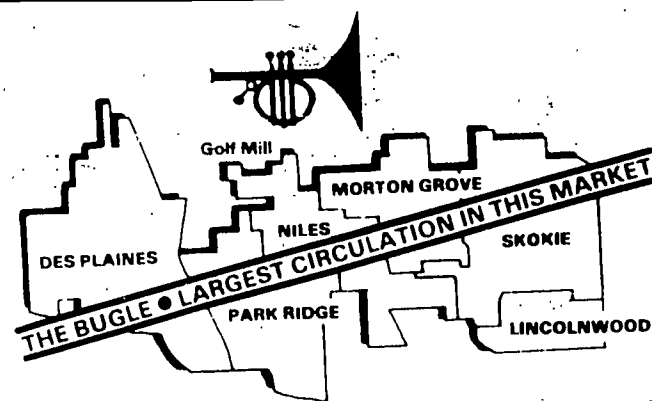
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CNA's LONG TERM CARE FACILITY SEEKING CNA's • Full Time • All Shifts Apply in Person PETERSON PARK HEALTH CARE CENTER 6141 N. Pulaski, Chicago (312) 478-2000 An Equal Opportunity Employer	ADMINISTRATIVE ASSISTANT Sales Office Needs Full Time Support To Grow Good Attention To Detail Computer Skills And Verbal Communications Important No Smoking (708) 397-3315	MANAGEMENT TRAINEE A Leading Industrial Uniform Rental Co. Is Seeking Aggressive Individual With The Desire To Grow In A People Oriented Busi- ness. Physical Drug Screen And Min. 2 Yrs. College A Must. No Experience Needed. Just The De- sire To Learn And Talk To People. If You Can Meet The Above Reqs. Please Send Resume To: Attention Regional Manager 4131 N. Ravenswood Chicago, IL 60613	SEASONAL PARK OPERATIONS DRIVER'S LICENSE NEEDED • Mowing And Trimming Of Park Grounds • Garbage - Litter Pick-Up • Horticultural • Custodial • Painting • Swimming Pools 40 Hours Per Week - \$5.75 Per Hour Call (708) 674-1507 SKOKIE PARK DISTRICT	BUGLE CLASSIFIEDS WORK Find the help you need in our classified section.

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FULL/PART TIME	PART TIME	PART TIME	PART TIME
● Switchboard/ Receptionist LEADING manufacturer seeks dependable, personable individual. Excellent communication skills (preferably WordPerfect knowledge), to operate phone console, greet visitors, do light typing. WORK 8:30 to 5 in a non-smoking office. We offer a full benefit package. CALL Rita Hoyer (708) 966-4000 Or Send Resume to: GPE CONTROLS 6511 Oakton St., Morton Grove, IL 60053 Attn: Personnel	● SCHOOL BUS DRIVERS Morning & Afternoon Hours Available No Experience Necessary! • We'll train you! Work Monday thru Friday, 2 to 5 hours or more each day, driving in Evanston, Glenview, Skokie, Wilmette and Skokie areas. • We offer a competitive wage. Applicants need to be 21 or older with a good driving record. Apply in person at 1528 Emerson in Evanston or 8253 Lincoln Ave., in Skokie. eoe m/f/d/v	ACCOUNTING CLERK Part-Time We Are Seeking A Person With The Following Skills To Work With Our Budget Manager: Strong Computer Knowledge, Lotus 1-2-3 And Database Programs. --Good General Office Skills Including Typing And Previous Accounting Experience. 20 to 30 Hours Per Week With Flexible Scheduling Available During Normal Business Hours. Please Send Resume With Salary History In Confidence To: SWEDISH COVENANT HOSPITAL 5145 N. California Ave. Chicago, IL 60625 Equal Opportunity Employer m/f	WAREHOUSE/ DELIVERY Part-Time Monday Thru Friday, 10 a.m. - 4 p.m. Ideal For Retired Person PLATZ WHOLESALE FLORIST 8501 Frontage Rd. Morton Grove (708) 966-3100
GUARANTEED JOB PLACEMENT Interested In Automobile Sales? Been Turned Down Due To No Experience? Here Is Your Opportunity To Break Into The Industry! We Offer: • Complete Training *Salary *Demo Plan *Hospital Insurance *401K Plan *Paid Vacation & *Bonus Plan Positions Now Available In Highland Park, Schaumburg, Crystal Lake & Chicago Heights Call: (708) 392-5491	Winkels Transportation Maierhofer, Inc. WORK AT HOME Assembly, Crafts, Typing & More! Up To \$500 + A Week Possible For Info Write: SOURCE P.O. Box 232 - Apt 12007 Mokena, IL 60454	LOCKSMITH TECHNICAL SAFEMASTERS Commercial Locksmith & Security Products Co. Has Locksmith Positions Available Due To Expansion. Good Mechanical Aptitude, Personal Appearance & Excellent Attitude Are Required. EXPERIENCE A MUST. *Plus Excellent Pay & Benefits Pk. (708) 299-3420	CONSTRUCTION WORKERS Full Time Up To \$1,345. Weekly Busy National Company Seeks Commercial / Industrial Workers, NOW! Excellent Pay Benefits, Bonuses (800) 940-4278 Ext. 40
IDEAL FOR MOM TEACHERS AND PROFESSIONALS A Colgate Palmolive Co. Needs 3 Women To Work 2-3 Evenings Per Week As Decorator Consultant Earn \$15-\$20 Per Hour Call (312) 761-6880 Between 6 And 8 P.M.	TYPIST / BOOKKEEPER Good Pay Lincolnwood Area 4-5 Day Week - 9 AM - 2 PM (708) 675-6500	PRESCHOOL TEACHER Full & Part Time Positions Child Development Background Required Generous Starting Salary Call Dorothy: (312) 631-3632	CHILDRENS INDOOR AMUSEMENT PARK In Des Plaines • Waiters • Waitresses For Week-End Parties Must Have Experience • Maintenance Worker Needed Part Time (708) 640-5500
DELIVER NEWSPAPERS 3-5 Hours Per Week Must Have Car! Call: (708) 966-3900	BUGLE CLASSIFIEDS WORK Find the help that you need in our classified section.	MERCHANDISING Wholesaler Seeks Reps To Visit Local Retailers Placing Magazines And Promotional Products Call Mary: (708) 537-6900	DRIVERS WANTED Delivering cleaning women to homes in the North & Northwest suburbs. Hours 7:15 AM to 9:45 AM and 1:45 PM to 4:15 PM IDEAL FOR RETIREES Call (708) 647-0433

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Work 5- 10 Hours Per Week
At Bugle Newspapers
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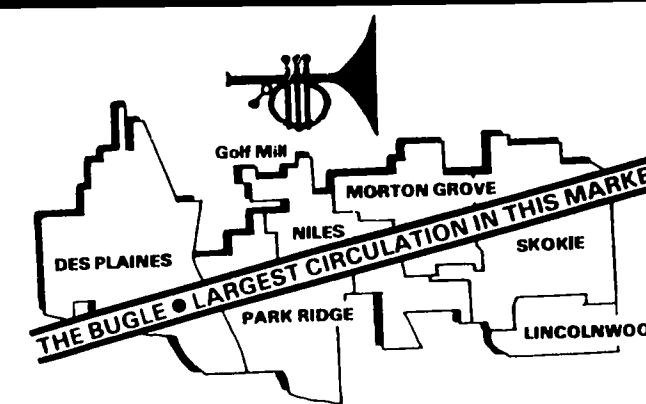
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FULL/PART TIME	FULL/PART TIME	MISCELLANEOUS FOR SALE	Bugle Newspapers
THE BUGLE CLASSIFIEDS are worth more than just a quick glance. Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish. When it comes to Classifieds, "the more the merrier" is true! More potential buyers...more sellers! More people advertising things for sale...and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them! Buying or selling, the first place to look is in...The Bugle Classifieds! TO PLACE AN AD, CALL (708) 966-3900 THE BUGLE NEWSPAPERS THE NEWSPAPERS THAT DELIVER	PERSONALS HOLY SPIRIT, you who make me see everything and you who show me the way to reach my ideas. You who give me the divine gift to forgive and forget the wrong that it's done to me and you who are with me, I and this dialogue want to thank you for everything and to confirm once more that I never want to be separated from you no matter how great material desires may be. I want to be with you and my love one in your perpetual glory. Amen. Thank you for your love towards me and my love ones. Persons must pray this prayer 3 consecutive days without asking your wish. After the 3rd day, your wish will be granted no matter how difficult it may be. Promise to publish this dialogue as soon as your favor has been granted. R.A.	Buick LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (708) 729-8900	AUTO DEALER DIRECTORY Avanti /Subaru SUBARU IN PARK RIDGE 740 Busse Highway, Park Ridge (708) 823-9800 Chrysler Plymouth WALTON CHRYSLER PLYMOUTH 5050 Dempster Skokie (708) 673-7600 Subaru STEVEN SIMS SUBARU 715 Chicago Avenue - Evanston (708) 869-5700 - 1 (312) SUBARUS AUTO DEALERS! Call Classified to place your ad FOR INFORMATION (708) 966-3900
USE THE BUGLE Classifieds REAL ESTATE Real Estate advertised in this publication is subject to the "Federal Fair Housing Act," "The Illinois Human Rights Act" and "The Chicago Fair Housing Ordinance." These laws make it illegal to advertise any preference, limitation, or discrimination based upon a person's race, color, religion, national origin, sex, marital status, mental or physical handicap, age, marital status, parental status, sexual orientation, or lawful source of income. This publication will not knowingly accept any advertising for Real Estate that is in violation of the law. All persons are hereby informed that all dwellings advertised herein are available on an equal opportunity basis.	SNOWBLOWER FOR SALE "SNOWBLOWER" 8 H.P. Self-Propelled With Chains Like New \$375.00 - (708) 390-0044	Chevrolet /Volkswagen JENNINGS CHEVROLET/VOLKSWAGEN 241 Waukegan Rd. Glenview (708) 729-1000	REAL ESTATE APTS. FOR RENT NILES - 7628 N. MILWAUKEE 1 BR. - 8475/Mo. 2nd Floor - Parking Incl. Cable Ready (312) 764-0802 (After 7 p.m.) COMPARE TO BELIEVE Renovated & Updated 2 Bedr Apt. New Carpeting - Great Location Private Entrance - Blocks From I-294 View Of Acorn Courtyard Laundry/Storage - A/C - \$625 Month Malibu Apartments (708) 658-8463 Renovated & Updated 1 Bedroom Apartment Private Entrance - A/C Blocks From 294 Laundry/Storage Great Location - \$495/Month Malibu Apartments (708) 658-8463 GLENVIEW - NEAR GOLF MILL 1 BR. - A/C & Heat - No Pets - April 1 \$540 / Mo. - MTT. (708) 956-9427
CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.	SITUATIONS WANTED Experienced Polish Woman Will Clean Your House Or Office Call: (312) 283-2872	TANNING WOLFF TANNING BEDS New Commercial - Home Units From \$199.00 Lamps - Lotions - Accessories Monthly Payments Low As \$18.00 - Call Today FREE NEW Color Catalog 1 (800) 462-9197	HOUSE FOR RENT NILES Immaculate - 2 Bedroom 1 Bath - Finished Basement Garage And Lawn Service Included Walk To Park And School No Pets - \$1200/Month Call: (708) 251-9257 VACATION RENTAL HILTON HEAD DISCOUNT RENTALS Why Not Get Away To Beautiful Hilton Head Island, SC? 1, 2 & 3BR Ocean Condos Toll-Free For Rental Brochure (800) 445-8664
Your credit is good with us! We accept Visa & MasterCard. Find the help you need in our classified section.	USED CARS For Sale 1978 Pontiac Firebird Formula: PS, PB, AC, Rear Defroster Interior In Great Condition Runs Good - Great Car For Collector Of Sports Cars - \$1200.00 Call Dave At: (708) 966-6725	WANTED TO BUY WANTED WURLITZERS JUKE BOXES ALSO SLOT MACHINES Any Condition (708) 985-2742	Equal Housing Opportunities Federal law and the Illinois Constitution prohibit discrimination based on race, color, religion, national origin, sex, handicap or familial status in the sale, rental or financing of housing. Bugle Newspapers do not knowingly accept advertising which is in violation of the law. Try a classified! Call today! 966-3900 Your credit is good with us. We accept Visa and MasterCard! Call: 966-3900

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From the Left Hand

Continued from Page 1

elect. But unlike previous park commissioners, she quickly became board president, not serving the normal probationary period commissioners served prior to seeking the top office. That old ambition had reared its head again.

It seems a small and trivial matter but when she became president she immediately had business cards printed which noted they were "From the office of the President" of the park board. It was silly time. But not with Carol. She took that "presidency" very seriously. Or rather, very imperiously. Her reign as the head of the board has been mean-spirited. There has been anger and vindictiveness which we haven't seen in 36 years of covering the park board.

Had she been less hostile toward Niles village officials, it is likely an accommodation could have been made which would have prevented the vote for the village to take-over the park district. But the collective anger of Carol and two of her fellow-commissioners scotched any hopes for such an accommodation.

Last year the park board was to present an award to The Bugle from the Illinois Park Association. Because our editor, Diane Miller, wrote an article Carol didn't like, she sent word Diane wouldn't be welcome to collect the award. We thought Carol was being petty. And at that time we became a Carol-watcher. Subsequently, we've seen her demean a fellow-board member, who doesn't have the college education Carol has. And we came to the conclusion that her Nick Blase hatred was only the surface anger which hid a much deeper

hostility.

This reads like some pop psychology which we normally scoff at. But never in our 36 years have we seen such contentious actions as we've seen during the almost two years of Carol's reign. Is her role in the district in the best interests of the people she serves? The voters will let us know April 20.

*** There's a retail revolution going on before our eyes and I wonder how many of us recognize it.

The city of Chicago's largest and oldest full-service bookstore chain, Kroch and Brentano's, will begin discounting hardback and paperback books 40 percent beginning next Sunday. It will meet or beat the price of any book title in the area. And it will reward customers with certificates for every \$100 worth of books purchased at Kroch's. They will be running head on with their newest competitors, Waterstone's, Barnes and Noble, Crown and Border Book Shops which are owned by K Mart. They will also be going book-to-book against B. Dalton and Waldenbooks, two discounters which have contributed to Kroch's decrease of 8.1 percent of business since 1991.

Unlike many of the discounters, Kroch's is a full service store. But the courtesy and service rendered from Kroch's didn't prevent many of its former customers to head for the bookstalls of the discounters.

Through the years Kroch's Wabash Street store was a fire-

LEGAL NOTICE

ORDINANCE NO. 92-02
AN ORDINANCE AMENDING ORDINANCE NO. 92-0-6 ADOPTED DECEMBER 9, 1992 AND ENTITLED:

AN ORDINANCE ADOPTING A FIRE PREVENTION CODE PRESCRIBING REGULATIONS GOVERNING CONDITIONS HAZARDOUS TO LIFE AND PROPERTY FROM FIRE OR EXPLOSION AND ESTABLISHING A BUREAU OF FIRE PREVENTION AND PROVIDING OFFICERS THEREFORE AND DEFINING THEIR POWERS AND DUTIES.

IT IS HEREBY ORDAINED by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois as follows:

SECTION 1: MODIFICATION OF THE BOCA BASIC NATIONAL FIRE PREVENTION CODE, 1990 EDITION, AS PROMULGATED BY THE BUILDING OFFICIALS AND CODE ADMINISTRATORS INTERNATIONAL, INC. ("BOCA CODE").

A. Section F-104.2 of the Boca Code is hereby modified and amended as follows:

1. The semi-colon after "jurisdiction" shall be changed to a period.
2. The remaining language after "jurisdiction" is hereby deleted.
- B. Wherever Boca Code provisions appear to authorize the firing or removal of Code officials only for cause and after a hearing, said provisions are hereby modified and rescinded to allow for such removal at the discretion of the Board of Trustees.

SECTION 2: ADDITIONS TO THE BOCA CODE:
The Boca Code is hereby amended to provide that the Board of Trustees retains the sole power and discretion to hire and/or remove the Director of the Fire Prevention Bureau.

SECTION 3:
This Ordinance shall take effect and be in full force and effect from and after its passage, approval, and publication as required by law.

On roll call the vote was as follows:
TRUSTEE: Paul Morrison (s) AYE
TRUSTEE: Alan Rosen (s) AYE
TRUSTEE: Stanley Bernstein (s) AYE

The President then declared this Ordinance as passed by the President and Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT of Cook County, Illinois, on this 10th day of March, 1993, and filed with the Secretary of said District on the 10th day of March, 1993.

Approved by the President of the Board of Trustees of the NORTH MAINE FIRE PROTECTION DISTRICT on this 10th day of March, 1993.

Alan Rosen (s)
Secretary

Paul Morrison (s)
President

quent stop-off when we went down into the loop. We did a lot more browsing than we did buying. But when we purchased a book we received the best of service. And we received it from a knowledgeable salesperson, who knew the book inventory, and was well-read. Nevertheless, when the discounters invaded the market, we began saving a few bucks by buying books from the cheaper stores. The sales people were often of little help. They would point you in the direction of where a book should be and that ended their service. They often knew little about books and served more as a traffic cop in pointing where you should go in the store.

Kroch's is moving into the 90's retail business, not unlike Field's and Sears and other major retailers, who are discounting and cutting prices in order to compete.

We haven't been very loyal to Kroch's in recent years. But this fickle reader will head back there again, getting that same good service, and getting that discount which he forced upon Kroch's when he began going to the discounters.

Dinner dance...

Continued from Page 1

will be followed by dancing until 1 a.m.

All members and anyone interested in having great food and a good time is invited to attend this affair for only \$35 per person.

Tickets may be purchased by contacting Todd Bavaro at (708) 967-6100 Ext. 339 or Nick Gargano at (708) 823-5009.

David Casetta

Air Force Airman David J. Casetta has arrived for duty at Barksdale Air Force Base, Bossier, LA.

Casetta, an apprentice security specialist, is the son of Leon J. and Sharon Casetta of Skokie. The airman is a 1992 graduate of Niles West High School, Skokie.

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Gas Your Best Energy Value
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\$100 OFF INSTALLATION OF A NEW LENNOX FURNACE OR 6 MONTHS DEFERRED BILLING UPON CREDIT APPROVAL

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Liquor sellers ... Continued from Page 1

know the details on their own ID and can be exposed through questioning, he noted.

Neil Kaplan, a former security guard at Doc Wood's Dempster Street club, described his "classic" experience with a young woman who used two IDs with two different birth dates.

And fake birth certificates can be bought by mail order for \$8, through different magazines and newspapers, said another speaker, Police And Fire Commission head Santos Bruno. It was pointed out birth certificates should have an identifying photo and the best identification contains a photo, physical description and signature.

To keep local liquor sellers alert, Niles police periodically send underage decoys to area bars and uniformed officers do occasional walk-throughs. If underage drinkers are present during the walk-through, police arrest the drinker and the one selling him the liquor.

The police are there to reinforce the position that he serves no one under 21. Halley said, adding "We go by the letter of the law... (we've had to) scrape people off the street... we've seen 20 year olds dead (who have been drinking)."

On the practical side, the officer pointed out, selling a six pack of beer to an underage buyer will not make up the losses the seller would have from a three day or week long suspension from the Liquor Control Commissioner.

Niles police...

Continued from Page 1

carry-out pizza orders, the man ordered a pizza "with everything." He then revealed the gun and loudly told the manager to "Open up the register and give me your money or I'll blow your head off!" He ordered three other employees to move to one side.

The manager, 39, of Broadview, recalled "I wasn't going to argue" and gave the man the \$377 in the register. He added, "Before I knew it, he was gone... I started shaking... I'm really thankful to God (nothing more happened)."

According to Police Commander Dean Strzelecki, the man was charged with armed robbery and armed violence. Following a March 15 hearing, his \$100,000 bond was retained and he was taken to Cook County jail.

John Jekot, Athletic coordinator for the Niles Park District conducted the American Coaching Effectiveness Program's (ACEP) Rookie Coaches Course in which these coaches participated: Harry Achino, Joe Miskel, Jim Nelsen, Bill Meade, Ken Heiman, Steve Christensen, Mary Sheridan, George Rourke, Dennis Foster, Jim Russo, Tom Strama, Larry Woznicki, Gene Filipski, Paul Desario, Guy Battista.

Each of these coaches participated in a 3-hour clinic, read a sports-specific coaching manual and reviewed a written test. Coaches learned development of a positive coaching philosophy; means of communication with athletes, officials and parents; prevention of injuries and basic first aid; coaching responsibilities; methods of learning sport skills, and protection of themselves from legal liability.

The ACEP Rookie Coaches Course is taught by youth sport administrators throughout the United States.

MIKOLAU BUJAK

Marine Cpl. Mikolau Bujak, son of Bogumil and Maria A. Bujak of Park Ridge, was recently promoted to his present rank while serving with 2nd Assault Amphibion Battalion, 2nd Marine Division, Marine Corps Base, Camp Lejeune, NC.

The 1989 graduate of Maine High School joined the Marine Corps in August 1989. His wife, Sarah, is the daughter of Kendy J. Hess also of Park Ridge.

And what if a patron of legal age drinks too much? Halley said "Cut them off, ask if you can call them a cab... the law says you have the right to refuse to serve (someone intoxicated)... articulate your reason."

Set deadline for voter registration

Maine Township Clerk Stephen J. Stolton reminds eligible residents that Monday, March 22, is the last day they can register to vote at his office in the Maine Township Town Hall in 20 Consolidated Election.

The Consolidated Election includes officials of townships, municipalities, road districts, park districts, library districts, and some school districts as well as referendums.

The Town Hall is located at 1700 Ballard Rd., Park Ridge. The Clerk's Office is open from 9 a.m. to 5 p.m. weekdays and 9 a.m. to noon Saturdays.

Registrants must be U.S. citizens and 18 on or before April 20. Voters who have moved or changed their names must register to be eligible to vote. They should bring two pieces of identification, including proof of current address. Naturalized citizens must provide the date and court of naturalization.

For information, call (708) 297-2510, ext. 224.

Local coaches complete education program

A total of 13 coaches in the Niles Park District youth basketball program recently completed the requirements of a nationally recognized coaching course.

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FILL YOUR Easter Basket

WITH GEORGIA NUT GOODIES

7500 Linder - Skokie
(Between Touhy & Howard on Linder)
(708) 677-NUTS
HOURS: Monday thru Friday 7:30 am-5:00 pm
Saturday 9:00 am-3:00 pm

EASTER PARADE

Featuring Easter Baskets,
our Homemade Chocolate Bunnies,
Gift Boxes of Nuts and Candies

*** SPECIALS (BULK) ***
JELLY BEANS.....99¢ LB.
SPANISH PEANUTS.....\$1.25 LB.

PLEASE ENTER OUR FREE DRAWING
1st PRIZE GIANT EASTER BASKET
2nd PRIZE
GEORGIA'S OWN CHOCOLATE BUNNY
3rd PRIZE
2 LB. CAN DELUXE MIXED NUTS
DRAWING DATE WEDNESDAY, APRIL 7, 1993
Please submit coupon in person at retail store located at
7500 N. LINDER, SKOKIE
MON. THRU FRI. 7:30 AM-5:00 PM; SAT. 9:00 AM-3:00 PM
WINNERS NEED NOT BE PRESENT

HAPPY EASTER

Georgia Nut Co., Skokie

NAME _____
ADDRESS _____
CITY _____ ZIP _____
PHONE _____

HOURS: Monday thru Friday 7:30 am-5:00 pm; Saturday 9:00 am-3:00 pm
WE SHIP U.P.S.



PET SUPPLIES "PLUS"



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MANUFACTURERS
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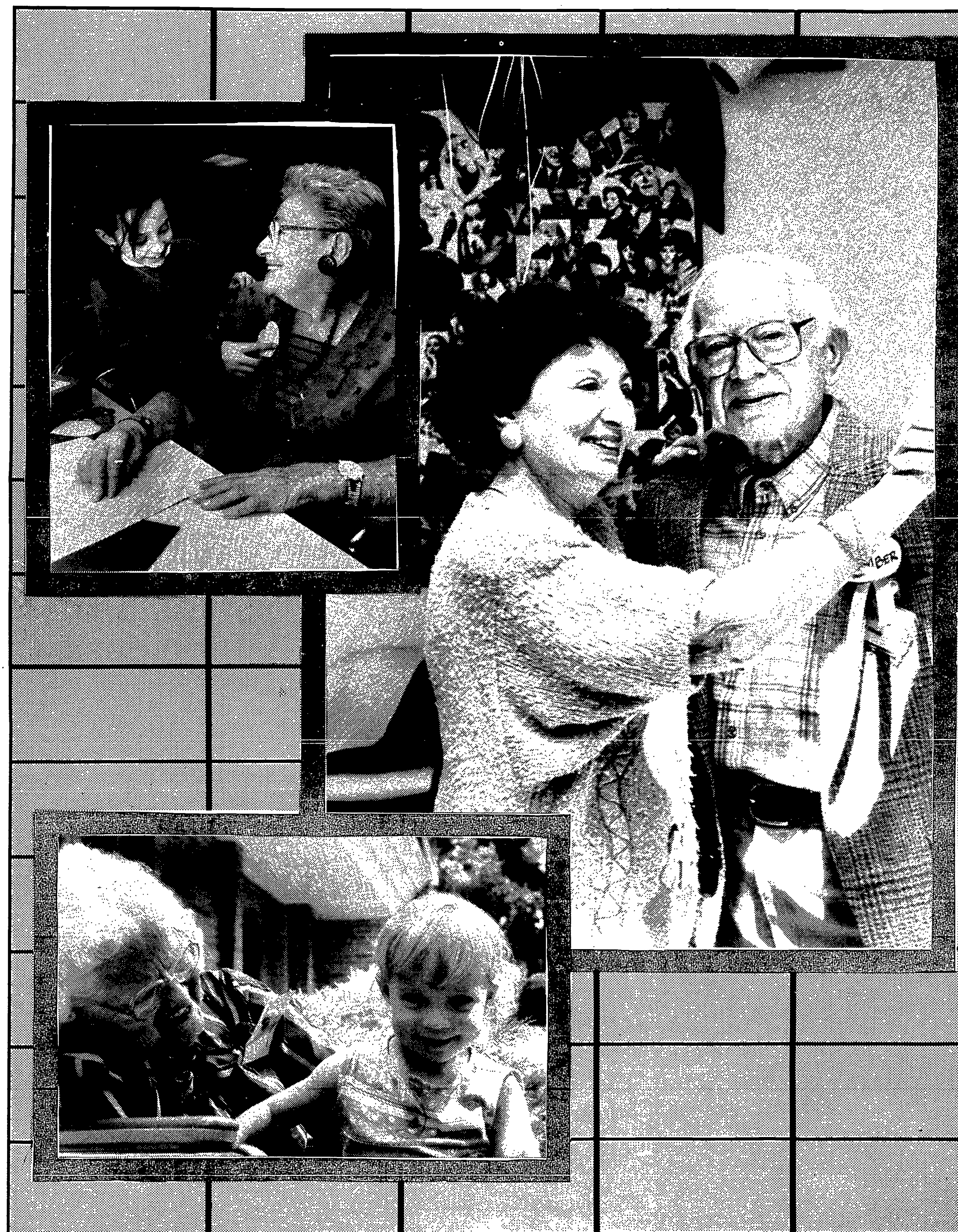
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SPECIAL SUPPLEMENT The Bugle Newspapers MARCH 18, 1993

SENIOR SEASONS



SENIOR SEASONS

Page 2 Thursday, March 18, 1993

The Eagle

Nursing Center sets health fair

"Spring Into Good Health" is the theme of Forest Villa Nursing Center's upcoming Health Fair and Craft Show. This is to be held on Saturday, March 20 from 1 to 4 p.m. Forest Villa is located at 6840 W. Touhy Ave. (1 block East of Milwaukee Rd.), Niles. The following services will be provided free of charge: cholesterol testing, eye screening for

glaucoma and cataracts, dental, podiatry, hearing testings, and chiropractic exams. There will also be information provided on senior service programming. Admission is free. There will be a buffet, gifts (for the first 150 guests), and crafts on display. For more information, call Kimberly Bradford or Lisa Orzard at (708) 647-8994.

Emeritus program offers book discussions

Celebrate the continued success of the Culture's Connection to Foreign Relations series by participating in two weeks of book discussions during the month of March. These discussions will take place from 1 to 2:30 p.m. on Thursdays in Room 112 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. The fee is \$10 for both weeks or \$7 each at the door. Join James Cracraft, Ph.D.,

professor of history, University of Illinois, Chicago, for the first book discussion on Thursday, March 18. He will discuss Francine De Plessix Gray's book, *Soviet Women Walking the Tightrope*. This book illustrates how Soviet women overcame revolutions and purges, as well as abusive men to become tough survivors. For more information, call (708) 635-1414.

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Township adults review new games



Reviewing a variety of new games at a recent "Game Night" in the Maine Township Town Hall are (from left) Rick Busby of Western Publishing Co., Mary Como of Morton Grove, Pam Canfield of That Game Store and John Como of Morton Grove. Members the Maine Township Seniors, Options 55 and One + Options got an introduction to trendy new games at the program. One + Options is a group for widowed and other single Maine Township residents 45 through 65. Options 55 serves adults 55 through 65. The Maine Township Seniors sponsor programs for residents 65 and older. Memberships in all three groups is free and participants benefit from group rates on trips and activities. For membership information, call Sue Neuschel or Barbara Koss at (708) 297-2510, ext. 240.

Geriatric center needs volunteers

Volunteers are urgently needed to help in a variety of positions at Council for Jewish Elderly's Lieberman Geriatric Health Center, 9700 Gross Point Road, Skokie.

Volunteers play an important role in making Lieberman Center's programs diverse and inter-

esting by helping with activities, visiting and escorting clients, helping with meals, sharing skills, leading discussion groups, and helping residents with Alzheimer's disease. Volunteers are also needed to help in the gift shop.

The volunteers help Lieberman establish contact with the community, assist the staff and have personal contact with the residents that leads to friendships. Lieberman has 60 winter volunteers and from 85 to 90 volunteers in the summer, but new volunteers are always needed.

Those interested in volunteering, should call Shelly Wasserman at (708) 674-7210.

Plan trip to Ice Capades

Premier Years at Edgewater Medical Center, 5700 N. Ashland will attend the Ice Capades featuring Dorothy Hamill and Christopher Bowman on Wednesday, March 24.

Luxury motorcoach will leave Edgewater Medical Center at 9 a.m. A buffet lunch will be served at the Landing 22 Restaurant and a visit to the Donald E. Stephens Museum of Hummel and European Folk Art will also be included in this fun day. Cost of \$30 includes tickets, lunch, luxury coach, tips and gratuity.

Premier Years is a free membership program helping people after 55 to stay healthy. Family and friends are welcome.

For more information, call Nancy Kanoon at (312) 334-3095.

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SENIOR SEASONS

The Eagle

Thursday, March 18, 1993 Page 3

Discuss long-term care insurance

On Wednesday, March 24 at 2 p.m., Norwood Park Home will offer the third in its series *Timely Talks for Seniors*. Peggy Pannke, author and independent specialist in long term care insurance, will explain who should have this protection. Her talk, "Long Term Care Insurance: When Should You Buy It?" will take place at Norwood Park Home, 6016 N. Nina Avenue, Chicago.

Admission is free, coffee and cookies will be served, and no reservations are necessary. Information is available at (312) 631-4856.

"Medicare now pays nothing for custodial care. Finding the right kind of insurance is obviously very important," Ms. Pannke says. She is President of the National Consumer Oriented Agency and has been interviewed by *Crain's Chicago Business*, *North Shore Magazine*, and numerous other publications.

Norwood Park Home is a residence for seniors, founded in 1896 and located on Chicago's northwest edge.

Retirement hotel hosts tulip festival

In the tradition of Dutch flower jubilees, the Lawrence House Retirement Hotel, 1020 W. Lawrence Avenue, Chicago, will celebrate the arrival of spring at a Tulip Festival on Wednesday, March 31 from 1:30 p.m. to 3 p.m. The event is free and open to seniors.

There will be something for everyone to enjoy at this spring event. Guests are welcome to browse through a re-creation of Amsterdam Street Market. The smells of rich chocolates, sweet cookies, fragrant blossoms and flavorful cheeses will have everyone dreaming of the tempting aromas of the Netherlands. Traditional and festive dutch music

will add to the European atmosphere.

Everyone is sure to be intrigued by a photographic exhibition of world-famous Dutch natives, including master artists Rembrandt and Van Gogh. Travel lovers will also be fascinated by an informative travelogue highlighting the beauty of Holland's land and architecture.

Make sure to bring a friend to the Lawrence House Retirement Hotel's Tulip Festival and don't forget to wear klompen (wooden shoes).

For further information, contact Marcia Lawrence at (312) 561-2100.

Kelly recognizes Professional Social Work Month

In recognition of the valuable services that social workers provide within their communities, Kelly Assisted Living Services, a subsidiary of Kelly Services, is honoring professionals in the field of social work during the month of March which is designated National Professional Social Work Month.

"Social workers offer a much-needed service to the community," said Anna Witmer, manager of the Skokie Kelly Assisted Living office. "Their commitment and tireless efforts to provide the highest-quality health and human services available makes them a valuable resource for those they serve, including professional home care providers such as Kelly Assisted Living."

National Professional Social

Work Month is an annual observance established by the National Association of Social Workers (NASW) to honor the social work profession and recognize the contributions this group makes within their communities. The NASW is a nonprofit organization with 145,000 members, of which approximately 80,000 are clinical social workers.

Kelly Assisted Living provides companionship and care to individuals who need assistance with daily living activities. This includes people with Alzheimer's disease, those recovering from surgery or serious illnesses and the terminally ill. Studies show that in-home care is beneficial for those people who require special care because it allows them to remain independent and in the com-

fort of their own homes. Kelly Assisted Living has nearly 100 offices in 30 states.

Exhibit quilts at Friendship Village

On exhibit through April 5th at Friendship Village is the "Kaleidoscope of Fiber".

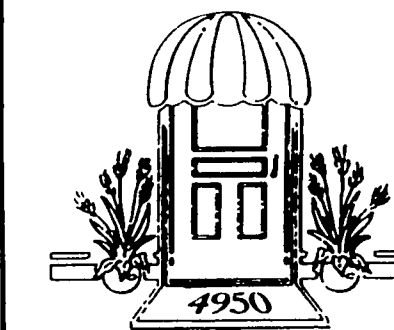
Friendship Village is a nationally accredited retirement community serving people of retirement age for the past 15 years. It is located at 350 W. Schaumburg Road in Schaumburg, Illinois. For further information call (708) 884-5000.

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Seniors agency offers solutions for family leave takers

The alarm is sounding in corporate America. Passage of the Family Medical Leave Act has stirred apprehension in many an executive suite.

While remaining supportive of employees with family concerns, many corporate chiefs can't help but worry about the work to be done and who will be left to take care of business.

Faced with the reality of Family Medical Leave, managers are now wondering how they can minimize disruptions triggered by employees away from critical jobs for weeks on end. What options are there for dealing with the dilemma?

One remedy may be to shorten the time an employee needs to be away from work caring for a family member.

The care of a new child presents a challenge which employees often handle by providing for formal or informal day care. With advance planning and careful selection among options, many employees can feel com-

fortable returning to work earlier than they otherwise would.

At the other end of the age spectrum, a frail older loved one might suddenly need the care of a family member who works. Confronted with this challenge, an employee can turn to the vast array of supportive services offered through the Suburban Area Agency on Aging and its network of community-based senior service organizations.

Professionals in the field of aging can put support services in place to help older adults who experience some difficulty functioning as well as they once did. The services include home delivered meals, senior centers, special transportation, legal assistance, care management, adult day care and chore/housekeeping.

These specialists can also provide counsel on benefit programs that help older adults on limited, fixed incomes deal with the wearisome financial burdens of home ownership, taxes, and high ener-

gy costs. They can also advise seniors and their family members about numerous benefit programs that assist the elderly with escalating medical expenses.

With appropriate services and programs in place, an employee concerned about an older family member can be comfortable returning to work confident that all is well at home.

To help employees dealing with the care of older family members or facing that possibility, the Suburban Area Agency on Aging is now conducting informative workplace presentations describing supportive services and resources for older adults. The presentations include details of numerous benefit and service programs for seniors, including eligibility and access information.

For more information contact Suburban Area Agency on Aging at (708) 383-0258.

SIJ 55 Plus announces officers



S.I.J. 55 Plus Club's new officers are (from left) President Bernice Tegeler, Vice President Rudy Seifert, Secretary Eleanor Britt and Treasurer, Florence Morgan.

Social Security Programs In the United States

Compendium Published

In its newly released publication, Social Security Programs in the United States, the Social Security Administration brings together in a single volume information on the historical development and current status of all the major social insurance, health care, and income support and public assistance pro-

grams in the United States. Topics covered include Old Age, Survivors, and Disability Insurance; unemployment insurance; workers' compensation; temporary disability insurance; and the major U.S. health care programs, Medicare and Medicaid. The text also contains descriptions of programs for special groups (such as veterans, public employees, and railroad workers) and covers the Nation's major income support programs—Supplemental Security Income, Aid to Families with Dependent Children, Food Stamps, and public and subsidized housing.

As noted in the introductory section, all industrialized countries have developed broad public programs of social insurance, health care, and income support. A number of unique characteristics—including geographic size, ethnic diversity, and a tradition of self-reliance fostered by frontier opportunities—have helped to shape the development of social welfare legislation and institutions in the United States.

Social Security Programs in the United States is available from the Superintendent of Documents, U.S. Government Printing Office, Washington, DC 20402. The cost is \$4.50 per copy in the United States, \$5.63 per copy in all other countries. When placing your order, please specify the title of the publication and its stock number—017-070-00451-2. (Orders may be placed by telephone (202-783-3238) and may be billed to a Visa, Mastercard, or Superintendent of Documents Deposit Number account.

Unscrambling the Medicare Maze

Thursday, March 18, the Mended Hearts, Chapter 217 of the Evanston/Glenbrook Hospitals will present Rochelle Horowitz, manager of the hospitals "55 Plus" program. She will discuss the interaction of Medicare, supplemental and secondary insurance programs, HMO and PPO. Ms. Horowitz is an expert in this field and has been the director of the hospitals free membership program for customers since 1988.

The meeting will answer many of the questions people have about their own problems as well as how it affects their parents and other members of their families.

Meetings of The Mended Hearts support group are for the benefit of former cardiac patients, their families, friends and others interested in the subject. Meetings are free and refreshments will be served.

The meeting will be held at the Glenbrook Hospital, 2700 Pfingston Road, Glenview at 7:30 p.m.

"Mom used to joke about her memory... but forgetting isn't funny anymore."



"We used to laugh when mom misplaced her keys. But now it's not funny anymore."
"Mom's forgetfulness is making it harder and harder for us to be sure she is safe. Just last Sunday she went outside in the snow in only her housecoat. I don't know what would have happened if I hadn't been there."
Do situations like these make it stressful and difficult? It may be time to give yourself a break. A short stay for Mom at Ballard can provide you that opportunity.

For more information about Ballard's Respite Program or a no-obligation consultation - call Susan Strauss at (708) 294-2300.

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(708) 296-0333



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Forum planned on home care

Center for Applied Gerontology and the American Society on Aging will co-sponsor a one-day forum on "Challenges and Innovations in Home Care", beginning at 8:30 p.m. on Tuesday, March 30 at the Chicago Hilton and Towers.

The Forum presents the cutting-edge issues facing providers and users of home care for the elderly, including recruitment, retention, and training, cultural diversity and ethical and legal issues. It brings together nationally recognized experts on

these key issues, along with leaders in community and institutional practices, research settings and advocates, to develop recommendations for future program and policy.

Center for Applied Gerontology is a division of Council for Jewish Elderly, and provides certified and accredited education and training for professionals in the gerontological and geriatric fields.

For further information, contact Center for Applied Gerontology at (312) 508-1075.

Athletes support St. Matthew fundraiser

All of Chicago's professional sport teams have donated items to St. Matthew Lutheran Home's Third Annual Spaghetti Dinner in support of the Faith Place Alzheimer's Unit. The dinner, which includes a silent auction, will take place on April 3, at the St. Andrews Lutheran Church in Park Ridge from 4:30 to 7:30 p.m.

Some of the items to be auctioned include a baseball bat signed by Shawn Dunston of the Cubs; footballs signed by Mike Singletary, Walter Payton and the entire Bears team; 8x10 signed photos of Carlton Fisk, Frank Thomas and Robin Ventura of the White Sox; a hockey stick signed by the Blackhawks team; and tickets to a Bulls game.

The Silent Auction will also include over 60 other items in all price ranges and a table just for kids. Tickets for the dinner are \$6

Plan Trip to Alaska

Premier Years at Edgewater Medical Center in conjunction with Your Man Tours, Inc. in Los Angeles are sponsoring a trip to Alaska and the West Coast on the Costa Riviera.

The cost of \$2,150 includes air fare and 12 days aboard the Costa Riviera which includes 11 nights accommodations aboard ship and all meals aboard ship, baggage handling, port tax and airport tax.

Leave from Seattle/Vancouver and return home via Los Angeles. An optional package of two nights in Los Angeles is available.

The cruise departs on Friday, Sept. 17.

For more information contact Nancy Kanoon at (312) 334-3095. A deposit is required by April 15, 1993.

Lecture discusses health decisions

Rev. C. Margaret McClaskey, director of Pastoral Care at Rush North Shore Medical Center, discusses how to make health decisions, as part of the Passages Lecture Series on Tuesday, March 30, from 1 to 2:30 p.m. in Room 112 at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. A \$1 donation is requested.

McClaskey discusses why it is important to have a power of attorney or a living will when you are confronted with making a health decision. This program is presented courtesy of the Women's Health Program at Rush North Shore Medical Center in Skokie.

For more information, call (708) 685-1414.

Res sets health fair for seniors

A Senior Health Fair will be held Friday, March 26, at Resurrection Retirement Community, 7262 W. Peterson Ave., Chicago.

The public is invited to attend this free event that will be held from 9:30 to 11:30 a.m. The event is co-sponsored with the Family

Practice Center at Resurrection Medical Center.

The health fair will offer an opportunity to meet with Family Practice Center physicians and learn more about nutrition, arthritis, cardiac disease, high blood pressure, cancer, health-related

legal issues, Alzheimers, Alcoholics Anonymous, and home health care.

For more information and registration, call the Resurrection Retirement Community at (312) 792-7930.

"LONG-TERM CARE INSURANCE: WHEN SHOULD YOU BUY IT?"

A talk by Peggy Pannke, nationally recognized author and independent specialist in long-term care insurance.

WEDNESDAY, MARCH 24, 2:00 p.m.
NORWOOD PARK HOME
6016 N. NINA AVE.
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Admission free! Coffee and fresh-baked cookies will be served.

This talk is offered by Norwood Park Home as part of its monthly series, Timely Talks for Seniors.

FOR INFORMATION: 312 / 631-4856



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SENIOR SEASONS

Page 6 Thursday, March 18, 1993

The Bugle

Show travelogue on Barbados

Friendship Village once again welcomes Mr. Joseph C. Spindler to the Village on Saturday, March 27, at 7 p.m. in Friendship Hall. Spindler is famous for his travelogues from around the world.

As an accomplished Scuba diver and former Charter President of the Park Ridge Scuba Diving Club, many of his travelogues feature exotic and unique underwater shots.

This coming Sun and Fin Travelogue features BARBADOS. Some highlights of the film include: land explorations including the capitol of Roadtown, a Jolly Roger Fun Cruise, Cherry Tree Hill, Christ Church, Sam

Lord's Castle, Corrington College and Andromeda Gardens; under the surrounding blue waters the shipwreck "Stavronikita", 130 feet beneath the surface, and the serene beauty of the coral garden will be explored. The program concludes with a night of Barbadian entertainment at the Barbados Hilton.

Friendship Village is a nationally accredited retirement community serving people of retirement age for the past 15 years. It is located at 350 W. Schaumburg Road in Schaumburg, Illinois. For further information call (708) 884-5000.

Plan visit to Tropical Rainforest

The ecology, the people, and the destruction of rainforests are the three themes of the exhibit "Tropical Rainforests: A Disappearing Treasure" now on exhibit at the Chicago Botanic Garden in Glencoe. Residents of Friendship Village will be able to view the exhibit on their trip planned for Wednesday, March 24.

The exhibit provides visitors with the opportunity to explore the diversity of plants and animals found in the rainforest and learn about the efforts to preserve the rainforest from impending and continuing deforestation.

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Tour planned to Santa Fe

Enjoy opera under the stars in the beautiful mountains of New Mexico during the Emeritus trip to the Santa Fe Summer Festival of Music, Aug. 2 to 8. The trip, led by Professor Patrick Casali, is sponsored by Oakton Community College.

The Santa Fe Opera is famous for its magnificent productions and impeccable musical standards. Productions scheduled during the tour include: La Boheme, The Magic Flute and Capriccio, including transportation. The tour also includes a behind the scenes tour of the Santa Fe Opera outdoor amphitheater and several side trips to historical sites, museums and shops in Albuquerque and Santa Fe.

The total cost of the trip is \$1475 per person based on double occupancy, including round trip transportation, theater tickets, taxes and gratuities.

To register and for more information, call Bea Cornelissen at (708) 635-1812.

SLIB: Like winning a trip around the world

When Florence decided she would attend a presentation on benefits and services for older adults at her senior housing complex, she had no idea she would discover a new public benefit program that could free her of some very troublesome financial worries.

When she realized she qualified for the benefit, Florence shouted, "I feel like I just won a trip around the world!"

The new benefit program, which became effective on January 1, is designed to help SLIBs or Specified Low-Income Medicare Beneficiaries with their medical expenses. The program pays the Part B Medicare premiums for those who qualify. Currently, the Part B monthly premium is \$36.60.

Although an actual trip around the world might be out of the question for Florence (not her real name), she does plan to upgrade her diet as a result of her new windfall. Instead of the former bottom-of-the-line basics, her shopping list will now include some treats. "I can do amazing things with ground beef," says Florence, "and I intend to get

creative."

Like Florence, those who qualify for the new benefit are individuals whose incomes are above the upper limit for Medicaid eligibility but not more than 110% of that amount. Based on the 1992 poverty threshold, that translates into a monthly income of between \$567 and \$624 per month for a single individual but could be as much as \$25 greater than these amounts because of certain allowances in calculating income.

The new benefit program helps qualified individuals with coverage of doctor bills and other medical expenses associated with Medicare Part B. It pays the monthly premium for this coverage although it does not cover the Part B deductibles and coinsurance amounts.

Older persons whose incomes are below the poverty threshold of \$567 (where the SLIB program begins) may be eligible for another program known as Qualified Medicare Beneficiary or QMB. For these individuals, the QMB program, administered by the Illinois Department of Public Aid, pays not only Medicare premiums but also the deductibles and coinsurance amounts related to Medicare Part B.

A person qualified for the SLIB program must not only meet the income standards for eligibility, they must also be eligible for and enrolled in Medicare Part A and have assets no greater than \$4,000 for a single person or \$6,000 for a person with one or more dependents.

Florence got the good news about the new SLIB program while attending a presentation at the King Apartments, a senior residence in Skokie where she now lives. The presentation, "Staying Independent Financially, Physically and Psychologically," was conducted by Diane Niemeyer, an outreach specialist for Family Counseling Service of Evanston and Skokie Valley.

Family Counseling Service is part of a suburban Cook County outreach project whose aim is to alert seniors about services and

benefits for which they may be eligible. The services include in-home support such as housekeeping service, friendly visiting and respite (substitute care for an older person while a caregiver takes a break). They also include a wide range of housing benefits, help with energy costs and income supplements as well as health related benefits. There are also transportation services available although, as many seniors point out, more options are needed in the suburbs.

The outreach project, an 18-month project involving nineteen community-based senior services agencies like Family Counseling Service, is being funded by The Chicago Community Trust in recognition of the rapidly mushrooming senior population in Chicago's suburbs. Now the fastest growing segment of the population, the number of persons age 60 and older residing in suburban Cook County has grown by 22% in the ten years between 1980 and 1990.

The outreach project is being coordinated by the Suburban Area Agency on Aging, a private, not-for-profit, human services agency based in Oak Park and designated by the Illinois Department on Aging to plan for the administer senior services programs in suburban Cook County. The programs are underwritten with funds authorized by the Older Americans Act, the State of Illinois and other funding sources.

Outreach to seniors affords numerous opportunities for people of all ages to volunteer in a variety of programs ranging from delivering meals to homebound seniors to assisting with recreational and social programs and serving on the councils and boards of directors of local senior services organizations.

For more information about services and benefits for seniors throughout suburban Cook County, including referral to local senior service organizations such as Family Counseling Service, contact the Suburban Area Agency on Aging at (708) 383-0258.

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SENIOR SEASONS

The Bugle

Thursday, March 18, 1993 Page 7

"Lost Wages" Insurance: a loser for seniors

by Martha A. McSteen
President-National Committee
to Preserve Social Security and Medicare

An auto insurance policy that protects against lost wages is a great idea for working Americans. But for those insured drivers who are retired, it's nothing but a drain on their wallets - and a financial windfall for insurers.

Wage-replacement insurance obviously, is unnecessary for those who have left the work force. Yet insurers continue to sell it to retirees who are unaware they are paying for it.

How many seniors are affected by this procedure in how many states is anybody's guess. No one knows, although those familiar with the problem believe it could be a substantial number of seniors in many states.

On the surface, the amount of money a retiree pays for this coverage isn't a whole lot - it averages between \$25 and \$70 a year. But those individual premiums collectively translate into tidy profits for insurance companies.

The coverage often is hidden deep inside the fine print and technical language of a policy. Sometimes called "lost wage insurance," it frequently is included under "personal injury protection" (which offers back-up insurance for medical expenses) or "uninsured motorist protection" (which covers drivers in collisions with motorists who have no insurance).

There are two important steps retirees should take to avoid paying needlessly for lost-wage protection. First, ask your insurance agent if your state allows lost-wage

protection and, if so, whether you're covered. Remember, it may be difficult to determine just by looking at your policy. Remind the agent that you're retired, then ask him to remove the coverage and request a rebate for the unexpired portion of the policy. Even if your insurance policy clearly shows that you're retired, insurance companies have the right to continue charging you for the coverage unless you specifically ask that the coverage be cancelled. It's unfortunate, but right now, it's legal.

That's why step two is important if you live in a lost-wage protection state: call your local lawmakers and urge them to change your state's law. Currently, it's not illegal to sell this unneeded coverage to retirees. But it should be. Legislation should require that those over 65 who are retired automatically be excluded from the lost-wage clause.

Most seniors get by on fixed incomes. Paying for insurance coverage they don't need wastes those limited resources. Check your policy. Call your local lawmakers. The time for change is now.

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Trains displayed at Friendship Village

The trains will be running around the main atrium of Friendship Village on Saturday, March 20, from 9 a.m. to 2 p.m. when the Greater Chicagoland Society of Model Railroad Engineers will display their traveling HO railroad.

The Society began with the idea of bringing model train layouts to hospitals and institutions where sick and disabled children can run them. Because setting up train displays can be time consuming, the club has engineered its own table-top construction complete with tracks, controls and scenery that can be easily transported and instantly connected. The trains are operated with simple controls that can be removed and brought to the bedside for children.

The idea blossomed and the railroad hobbyists are on the road whenever and wherever they're asked to come. They are constantly improving and expanding their displays.

Friendship Village is a nationally accredited retirement community serving people of retirement age for the past 15 years. It is located at 350 W. Schaumburg Road in Schaumburg, Illinois. For further information call (708) 884-5000.

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Seek artisans for craft fair

Artisans are wanted for "Art Alfresco," Friendship Village's third annual arts and crafts fair planned for Saturday, June 26, from 10 a.m. to 4 p.m.

Last year the location and advertising produced over 1500

shoppers. The fair is open to all artists and craftpersons who exhibit original work. Spaces are available inside the facility (\$35) or outside in the courtyard (\$25). For more information or an application, call (708) 884-5012.

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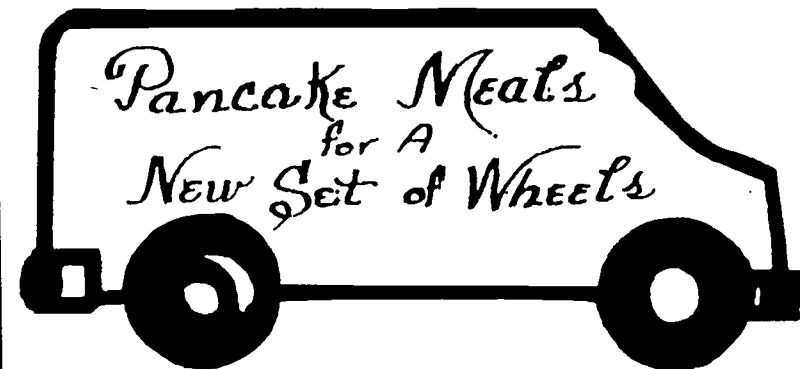
Regency's Alzheimer Unit is highly recognized as one of the best facilities within the Alzheimer network. The staff, on the unit, is specially trained to deal with residents in a quiet and caring way so that each individual can remain active to the highest degree possible. Residents are stimulated through therapeutic activities, with minimal medication. Staff is carefully selected on the basis of their qualifications within their specialized area of expertise, as well as their interest in, and knowledge of Alzheimer's Disease.

- The National Alzheimer Support Group meets monthly at Regency.
- Each resident has an individual plan of care developed and personalized for their specific level of functioning.
- Regency hosts award-winning Recreational and Social Programs.
- Spiritual needs are met by inter-denominational services.
- We provide a warm and secure atmosphere dedicated to excellence in quality care for today's older adults.

Please accept our invitation to visit. We are extremely proud of our award winning facility and unique Alzheimer's Unit and welcome the opportunity to share it with you. For a complimentary tour or additional information, please call our Admissions Staff at (708) 647-7444.

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HARBOR VILLAGE



Jerry and Elsie Shless are Harbor Village residents who are living happily ever after.

SENIOR SEASONS

Page 8 Thursday, March 18, 1993

The Bugle

Mardi Gras fun at Bethany Retirement



Recent Mardi Gras festivities at the Bethany Retirement Home centered around the crowning of the event's King and Queen. Here "King" Jesse Farrell (left) and "Queen" Lillian Somogyi (right) pose for a photo with the Retirement Home's Administrative Director Anne Cassettari. The Mardi Gras, which provided the residents with scrumptious New Orleans delicacies and live Dixieland music, is one of countless activities enjoyed by residents of the beautiful Bethany Retirement Home, 4950 N. Ashland (within 10 minutes of Chicago's "Magnificent Mile.") For information, call 989-1501 and ask for Mrs. Cassettari.

Emeritus tour to Santa Fe

Enjoy opera under the stars in the beautiful mountains of New Mexico during the Emeritus trip to the Santa Fe Summer Festival of Music, Aug. 2-8, 1993. The trip, led by Professor Patrick Casali, is sponsored by Oakton Community College.

The Santa Fe Opera is famous for its magnificent productions and impeccable musical standards. Productions scheduled during the tour include: La Boheme, The Magic Flute and Capriccio, including transportation. The tour also includes a behind the scenes tour of the Santa Fe Opera outdoor amphitheater and several side trips to historical

sites, museums and shops in Albuquerque and Santa Fe.

The total cost of the trip is \$1,475 per person based on double occupancy, including round

trip transportation, theater tickets, taxes and gratuities.

To register and for more information, call Bea Cornelissen at (708) 635-1812.

Library hosts discussion on Elder Law

Protect assets from the costs of nursing home care and the medical expenses of catastrophic illness.

Attorney Stephen Kubiatowski will answer questions during his free lecture and slide presentation on Elder Law and Medicaid

Planning, on Monday, March 22 at 7 p.m. at the Morton Grove Public Library, 6140 Lincoln Ave.

For more information, or mobility and communication access assistance, call (708) 965-4220.

Alcoholism: Retirement's hidden hazard

Heavy drinking can be a serious problem for retired people. When there is too much leisure time and too few activities, alcohol fills a void. Some older people turn to alcohol to relieve loneliness or pain, or for solace following the death of a spouse. In retirement communities where socializing and drinking often go hand-in-hand, alcoholism can become an unwitting guest.

Widowers over the age of 75 have the highest rate of alcoholism in the country, and more than 10 percent of all older adults may suffer from a drinking problem. Although alcoholism is usually considered to peak during middle age, a New York City study showed two peaks: one between the ages of 45 and 54, the other between the ages of 65 and 74.

Experts believe that alcoholism in older adults may be under-reported because it is easier to hide when you don't have to report to work every day. Men are usually considered to have a greater problem than women, but women who do not work or who are retired also frequently conceal their drinking. Men are more likely to be diagnosed as alcoholics, whereas women with the same symptoms may be diagnosed as depressed.

Heavy drinking can cause both physical and psychological problems, including, malnutrition, vitamin deficiency, chronic brain disorder, cirrhosis of the liver, memory impairment, anxiety, and depression. Mixing alcohol

and prescription drugs, especially painkillers, can be fatal. Former First Lady Betty Ford struggled against her cross-addiction to alcohol and painkillers, an abuse she called insidious.

Studies show that up to 56 percent of all hospital admissions of older people are alcohol-related. According to a 67-year-old man who conquered his alcoholism, drinking marred his health and broke his spirit. In the TIAA-CREF booklet, Voices of Experience, he recounts how he began to drink heavily during the last years of employment but thought the problem would go away when he retired and escaped the pressure of his job.

Instead he found "that late-blooming alcoholism, triggered in retirement by the removal of the restraints of employment, is a common and serious problem. Fortunately, alcoholism is treatable and controllable if there is an honest desire to do so." He sought professional treatment, joined Alcoholics Anonymous, and stopped drinking completely. "For the past five years I have been extremely active, productive, and - above all - happy. My health is better than it has been for twenty years. In short, life is now simply great."

Admitting you have a drinking problem is the first, and hardest, step toward a cure. Talk to your doctor and contact your local Alcoholics Anonymous group. The AA phone number is in the white pages of your telephone book. For more information or a free confidential consultation, call Holy Family's Substance Abuse Unit at (708) 298-9355, 24 hours/day.

Alzheimer caregivers need support

An on-going support group for the caregivers of Alzheimer's patients will meet from 6:30 to 8:30 p.m., Wednesday, March 24, in the small cafeteria at The Glenbrook Hospital, 2100 Pfingston Road, Glenview.

For more information call The Evanston Hospital's Geriatric Services at (708) 570-2219.

Check your Social Security record

by Thomas A. Curin
Social Security Manager
in Des Plaines

This is the time of year when many people make money related resolutions. I've got an idea for a tax time resolution that's simple to make and even easier not to break: check your Social Security earnings record and at the same time get an estimate of your future Social Security benefits. And here's even better news - it's free!

All you have to do is contact the Des Plaines Social Security office or call our toll-free number: 1 (800) 772-1213. Ask for the "Request For Personal Earnings And Benefit Estimate Statement (Form 7004). The form asks a few identifying questions (name, address, date of birth, etc.). About a month after you send in the form, you'll receive a statement that shows your earnings as reported to Social Security by your employer(s). Check our records against your own file. If you find an error, contact us right away with proof of your actual earnings (such as a W-2 form).

The statement also gives you an estimate of your future Social Security retirement and disability benefits, as well as estimates of benefits that would be payable to your family members if you should die.

Remember: checking your Social Security earnings record and getting an estimate of your benefits is the easiest resolution you can make.

The Bugle

SENIOR SEASONS

Thursday, March 18, 1993 Page 9

Social Security recipients must report earnings

If you worked and received Social Security benefits in 1992, you have until April 15th to report your earnings to Social Security if you earned over the annual limits. The 1992 earnings limits were \$7,440 for beneficiaries under age 65 and \$10,200 for beneficiaries age 65-69. The earnings limits do not apply to people who are age 70 and over the entire year.

The purpose of the annual earnings report is to enable us to compare your actual earnings with the estimate you provided when you applied for benefits or when you filed last year's earnings report. The benefits you were paid in 1992 were based on that estimate. If you earned less than you estimated, you may be due additional money. If you made more than you estimated for 1992, you may have to repay some benefits.

The report should also include an estimate of the earnings you expect to make in 1993. Note that the earnings limits for 1993 are \$7,680 for beneficiaries under age 65 and \$10,560 for beneficiaries age 65-69. Again, your benefit check will be adjusted to reflect any excess earnings anticipated.

If our records show that you expected to have earnings over the 1992 limits, we will send you an Annual Report of Earnings form in the mail automatically. If you do not receive the report form by the end of February, you should call our toll-free number to have one sent to you.

Failure to report your earnings by April 15th may result in substantial penalties. You can be penalized up to 1 full month's benefits and be required to repay any overpayment. You should be aware that filing a Federal income tax return does not take the place of filing an annual report to Social Security. Your report may be made by phone if you choose.

To file an earnings report or to get more information call Social Security's toll-free telephone number, 1-800-772-1213, any business day between 7 a.m. and 7 p.m.

Norwood Park Home hosts speaker on insurance

On Wednesday, March 24 at 2 p.m., Norwood Park Home will offer the third in its series Timely Talks for Seniors. Peggy Panke, nationally recognized author and independent specialist in long term care insurance, will explain who should have this protection. Her talk, "Long Term Care Insurance: When Should You Buy It?" will take place at Norwood Park Home, 6016 N. Nina Avenue, Chicago. Admission is free, coffee and cookies will be served, and no reservations are necessary. Information is available at

(312) 631-4856. "Medicare now pays nothing for custodial care. Finding the right kind of insurance coverage is obviously very important," Ms. Panke says. She is President of the National Consumer Oriented Agency and has been interviewed by Crain's Chicago Business, North Shore Magazine, and numerous other publications.

Norwood Park Home is a residence for seniors, founded in 1896 and located on Chicago's northwest edge.

Seniors caring for seniors

The Center of Concern is looking for senior companions to visit the homebound in the area. Volunteers must be 60 years of age or over, drive their own cars, and volunteer 20 hours a week. A small stipend will be given. The Center of Concern's volunteers are involved in various other activities. The Center of

fers services of information and referral, employment, housing, personal counseling, financial, legal and medicare counseling, support groups, friendly visitations, tutoring, escort transportation, food distribution and more. For more information call Joan Litney at 823-0453.

Social Security Says Direct Deposit

Is Smart Way to Do Business

Perhaps there's a special feeling of security in actually holding your first Social Security benefit check in your hand. That may be the reason some new beneficiaries don't sign up at the outset to have their monthly benefits deposited directly into their bank accounts. However, more than 20 million beneficiaries have found that direct deposit is the smart thing to do. They never have to worry about:

- a check being lost, stolen, or misplaced;
- being away from home and having a check sitting unprotected in their mailbox; or
- making a special trip to the bank or standing in line to deposit their checks.

Beneficiaries who receive their checks in the mail are 16 times more

likely to report receipt problems than beneficiaries who use direct deposit. Even if you didn't choose electronic fund transfer—direct deposit—when you began receiving benefits, you can sign up now.

For information about how to begin direct deposit of your Social Security benefits, call Social Security's toll-free telephone number, 1-800-772-1213, any business day between 7 a.m. and 7 p.m. When you call, you should have your Social Security number and your bank account number handy. Or, ask about direct deposit where you have your bank account. Many banks offer checking account services free of charge to depositors who are age 50 or older. The bank's service representative can help you enroll on the spot.

Township adults explore board games



Reviewing a variety of new games at a recent "Game Night" in the Maine Township Town Hall are (from left) Guri Barto of Niles, Dotie Krause of Niles, Pam Canfield of That Game Store, Florence and Jerry Kaplan of Niles and Tim Walsh, inventor of the Tribond Game. Members of the Maine Township Seniors, Options 55 and One + Options got an introduction to trendy new games at the program. One + Options is a group for widowed and other single Maine Township residents 45 through 65. Options 55 serves adults 55 through 65. The Maine Township Seniors sponsor programs for residents 65 and older. Membership in all three groups is free and participants benefit from group rates on trips and activities. For membership information, call Sue Neuschel or Barbara Koss at (708) 297-2510, ext. 240.

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The Reward of a Lifetime

SENIOR SEASONS

Page 10 Thursday, March 18, 1993

The Bugle

Plan game party for seniors

Chairman Nick Costantino announced that a free senior citizen game party is planned for Wednesday, April 14 to be held at The House of White Eagle, 6845 Milwaukee Ave., Niles.

The Maine Township Regular Democratic Organization and Committeeman Nicholas B. Blase have sponsored and supported this event for 20 years. It is offered free to all senior citizens of Maine Township and the Village of Niles. Doors will be open at 1 p.m.

Free entertainment and refreshments will be served. Also,

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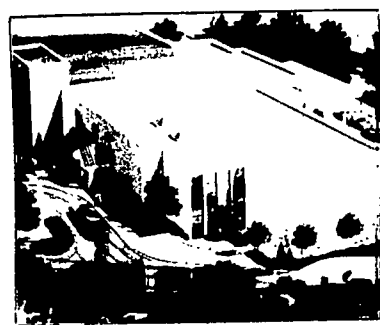
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The best of both worlds

by Jeffrey Cardella
Edward D. Jones & Co.
8143 N. Milwaukee Ave., Niles



Americans are eagerly awaiting details of the new president's economic plan. From all appearances, the economy is poised for change. If you're wondering whether interest rates will go up or down, the answer is "yes."

No one can predict where interest rates will go. For that reason, it's important to build an investment portfolio that performs well under a variety of economic and market conditions.

One of the best ways to protect your savings is by diversifying your portfolio among a number of different investments. This protects you from being severely affected by the performance of just one stock or bond. Many safety-conscious investors working toward long-term objectives find U.S. Treasury securities particularly appealing.

U.S. TREASURY SECURITIES

U.S. Treasuries not only offer attractive returns, but because they are backed by the United States government, they rank among the safest investments available. In addition, they provide regular income on a semi-annual basis, and the interest they pay is state and local tax free.

U.S. Treasuries are available in a variety of maturities, ranging from three months to 30 years. In most cases, the interest rates on longer-term bonds will be higher than shorter-term bonds. However, shorter-term bonds offer you more flexibility since your money is not locked into one investment for a long period of time. In addition, although all bond prices move when interest rates move, the prices of short-term bonds are typically more stable than those of long-term bonds. That's particularly important if you decide to sell your securities before they mature.

LADDERING

Protecting your income by diversifying among a number of different investments is an important strategy to remember. However, a well-planned portfolio is also diversified by maturity dates. A portfolio that includes short-, intermediate-, and long-term bonds offers maximum flexibility and liquidity. This concept is known as staggering maturities, or "laddering."

THE LONG AND SHORT OF IT

Laddering U.S. Treasury securities is an attractive strategy for investors who want safety and liquidity. To demonstrate how it works, consider the following example.

Brian and Judy Moore had \$80,000 to invest in U.S. Treasuries. Although longer-term bonds offered the most attractive interest rates, the Moores didn't want to lock all their money into a long-term investment because they planned to use some of it for home improvements a few years down the road.

After talking to their investment representative, the Moores decided that laddering was the solution they needed. They split their investment among two-year, five-year, seven-year and 10-year Treasuries, investing \$20,000 in each. As a result, a portion of their investment earned the higher rates of long-term Treasuries and they still had money coming due in just two years. When that time comes, the Moores can choose to reinvest it or use it to meet expenses they may have at that time.

Your investment representative can give you a better idea of how "laddering" and U.S. Treasuries can fit into your diversified investment portfolio.

Senior Center seeks meal driver

The Niles Senior Center is currently seeking volunteer drivers to deliver meals to Niles residents who are homebound. The meals are delivered weekdays between 11:30 a.m. and 12:30 p.m. Any one interested is asked to contact Mary Oleksy at 967-6100, ext. 376.

Folksinger to entertain at Kagan Home

Carol Weston, folksinger, will highlight Kagan Home for the Blind's activity day Wednesday, April 21. Located at 3525 W. Foster, Chicago, Kagan Home for the Blind is the only sheltered-care

residence in the Chicago area serving people with vision loss.

Community members with vision loss and their guests are invited to attend the specially-designed activity day which begins with low-impact exercises at 9 a.m., followed by arts and crafts at 10 a.m. and a discussion on current events led by George Lieberman an hour later.

Every month Kagan Home for the Blind hosts an activity day from 9 a.m. until 2 p.m. Community members with vision loss and their escorts are admitted free.

For additional information and reservations, call (312) 478-7040.

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724-2399

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Glenview, Illinois 60025

SENIOR SEASONS

The Bugle

Thursday, March 18, 1993 Page 11

Glenview Terrace residents enjoy cooking activities



Tim O'Brien (center left), activities department, leads the cooking class at Glenview Terrace Nursing Center. Residents have an opportunity to reminisce about their cooking experience.

One of the most popular activities with residents of Glenview Terrace Nursing Center is the Tuesday evening Cooking Class that gives them the opportunity to mix ingredients and to mix socially.

"The residents have an opportunity to talk about recipes, some of their favorite meals, tips on how to prepare items and generally reminisce about their cooking experiences," says Roberta Weinstein, Director of Activities.

"Also, the actual mixing and stirring of the ingredients helps their dexterity."

"For many of the residents, cooking and baking represented a way to give love to their families, grandchildren and friends. Putting them in a kitchen environment helps to recreate that."

Cooking Class is interdisciplinary — the class is supervised by the activity staff; the ingredients are provided by the dietary staff. Since the class is in the evening

after supper, items prepared are generally light. This fact does not stop the residents from eagerly sampling their handiwork. Favorite foods have included vegetable stir-fry, salads and baked lasagna that was served with candlelight and cloth napkins.

Martha Stewart would be proud.

For more information, call Glenview Terrace Nursing Center, (708) 729-9090.

Ballard appoints director of nursing

Judith D. Sullivan, RNC, M.Ed., has been promoted to Director of Nursing for Ballard, a healthcare residence in Des Plaines. Prior to her promotion, Ms. Sullivan was the Assistant Director of Nursing and has also been a Clinical Coordinator on Ballard's dementia unit.

Before coming to Ballard, Ms. Sullivan was In-service Education Coordinator for Holy Family Health Center in Des Plaines. Earlier, she was on the faculty of Lamar University in Beaumont, Texas in the Health Education Department. Ms. Sullivan has also served as Director of Student Health Services for the University of Arkansas at Little Rock.

A resident of Park Ridge, Ms. Sullivan holds a Bachelor's Degree in Education from the University of Arkansas at Little Rock and a Master's Degree in Education from the University of Arkansas at Fayetteville. She is both a Certified Rehabilitation



Judith Sullivan

Nurse and a Certified Geriatric Nurse. Ms. Sullivan received her basic nursing education at Grace-New Haven Hospital, New Haven, Connecticut.

Plan casino trip

Premier Years at Edgewater Medical Center, 5700 N. Ashland plans a trip on the Silver Eagle on Tuesday, April 27.

"If Vegas could float — this would be it!" No limit gambling — slots, video poker and blackjack.

Cruise the Mississippi River. Enjoy the luncheon buffet at the Eagle Nest Restaurant. Deluxe Mid-American motorcoach

transportation.

Departure is at 6:30 a.m. and return at 6:45 p.m. Cost is \$29.

Premier Years is a free membership program helping people after 55 to stay healthy. Family and friends are welcome.

For more information, call Nancy Kanoo at (312) 334-3095.

Treat your dentures with tender loving care

If you are among the 23 million people in the United States who have no natural teeth and are about to receive your first set of dentures, here are some tips from the Chicago Dental Society that can help you make your transition to denture wearer a smooth one.

First, remember that denture treatment is not a one-time transaction with your dentist. When you first get your dentures, you will receive complete instructions on caring for the oral tissues, placing and removing the dentures, wearing them during sleep and cleaning them.

But your mouth is a living organism; therefore, it constantly changes. Dentures that fit well when you first get them may later need to be adjusted or repaired as the shape of your jaws and gums change. Only your dentist has the training to assure your dentures are in good condition. As a den-

ture wearer, you will need ongoing professional care, including semi-annual check-ups with your dentist.

To keep your mouth healthy and your breath fresh, clean your mouth and dentures daily. Gently brush your gums and tongue and the roof of your mouth with a soft toothbrush or piece of damp gauze.

Plaque, a stick bacterial film constantly forming in your mouth, also forms on dentures. For this reason, dentures must be treated just like natural teeth — you must brush and floss daily.

Your dentist can usually repair and refit a broken or cracked denture, providing it has not been further damaged by your attempt to fix it. However, over-the-counter repair kits contain chemicals and solvents that can damage the plastic materials in the denture. If that happens, or if the broken

parts of the denture are not lined up properly, dentures may have to be replaced.

In addition, improper relining of a denture places uneven pressure on the supporting bone and gum ridges, making these ridges shrink away and damaging the hard tissues.

Both reliner and repair kits are required to carry this Food and Drug Administration warning label: "Warning — for temporary use only. Long-term use of this product may lead to faster bone loss, continuing irritation, sores and tumors. For use only until a dentist can be seen."

So, where your health is concerned, don't take chances. See your dentist at least once a year for a thorough oral examination and on-going instruction in denture care.

Register for "Will Rogers Follies"

Maine Township Seniors can register now for a theater trip to see the 1991 Tony Award winning musical "Will Rogers Folies" at the Schubert Theater on Wednesday, March 31.

Deluxe buses will leave at 12:30 p.m. from the parking lot at Casa Royale, 783 Lee St., Des Plaines, and return about 6 p.m. Cost is \$42 for members. Guest reservations at \$47 will be accepted on a space-available basis.

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