



From the Left Hand

by Bud Besser

Gleaning From My Reading.....

In the July-August issue of Mother Jones magazine is a feature on gambling. In a sub-headline it has an attention-grabber which reports Americans are betting more than \$550 billion a year.

In the past five years gambling generates more revenue than movies, spectator sports, theme parks, cruise ships and recorded music combined.

In 1978 only two states had casinos. Now 27 do and in the past five years the number of Americans visiting casinos has doubled. The result of casino gambling has made Las Vegas the fastest growing city in America and boasts 11 of the 12 largest hotels in the world. Within the next two years another \$6 billion of facilities will open including the \$1.3 billion Bellagio Hotel that will feature \$50 million in original paintings by Picasso, Manet and Renoir.

In 1994 President Clinton proposed a 4% tax on gambling. But the American Gaming Association, represented by former Republican chairman Frank Fahrenkopf, Jr. and a former Reagan advisor led strenuous lobbying resulting in Clinton withdrawing the tax proposal.

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Glenview bride collapses, on wedding day

by Rosemary Tirio

A 24-year-old Glenview woman collapsed and died of apparent heart failure just hours after her wedding ceremony in Mishawaka, Ind., the Associated Press reported in a Sun-Times article.

Susie Laatz had returned to the Holy Spirit Chapel at St. Mary's College from which she graduated in 1995, to exchange vows with Sean Mangan.

After a wedding celebration with their families and friends at the Mishawaka Athletic Club, the

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Leaning Tower Triathlon coming up

Continuing the tradition, the 12th annual Tower Triathlon will be held on Sunday, July 20 at the Leaning Tower YMCA in Niles. It is a great day of fun for the participants and the volunteers. For many of the triathletes, this race is a 'warm-up' to some of Chicago's bigger events such as Mrs. T's. For the volunteers, it's a great opportunity to support the YMCA, the community and, of course, cheer on the athletes!!

The success of the Tower Triathlon is dependent upon the many volunteers who give their time and energy. We are looking

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Outdoor watering restricted

To help conserve water, the Federal Water Administration and the Illinois Department of Transportation's Division of Water Resources requires municipalities to enact outdoor water sprinkling restrictions.

In Niles, all outside watering between the hours of 12 p.m. (noon) and 6 p.m. is prohibited every day of the week from May 15th through September 15th.

Temporary closing of parking garage

The Village of Niles Administration Building Parking Garage (located under the building at 1000 Civic Center Drive) will be closed from August 4 to August 8.

The closure of the facility during this week will allow for the garage to be insulated. During this time period, residents are being asked to utilize the parking lots to the south of the Administration Building by the Post Office.

Contact the Village of Niles at (847) 588-8000 with any further questions.

Morton Grove goes behind bars for good

WHO: Members of the Morton Grove community who have volunteered one hour of their time to be a jailbird for the Muscular Dystrophy Association. Participants include local business and community leaders.

WHAT: Champ's/PrimeCo
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Five block area between Edens X-way and Skokie Blvd. under construction

Flood control project snarls Dempster traffic

by Rosemary Tirio

If you're in a hurry, stay away from Dempster Street. That is the advice of Larry Arft, Morton Grove Village Administrator, and Skokie Village Engineer Eddy Nakai.

Resurfacing work along with the completion of a flood control project has snarled traffic in a five-block area and cut both eastbound and westbound traffic down to one lane in each direction between Skokie Boulevard and the Edens Expressway.

Arft and Nakai are encouraging drivers to use Main and Church streets as alternatives to Dempster Street until the project is finished, and that won't be for at least three and possibly four months, according to Nakai.

The Edens interchange has added to the confusion in the area.

As part of a \$13 million flood control project, contractors are putting storm sewer lines in under

the street and connecting them to underground water retention tanks which were installed last year. The Dempster Street flood

Beautician's '93 murder still puzzles police

The unsolved murder of a Morton Grove beautician in her shop still has police in a quandary.

Anna Lehman was found bludgeoned and stabbed in her beauty salon in the 9200 block of Waukegan Road April 25, 1993, by her mother, Jan Rumsey.

Morton Grove police said they still lack both motive and suspect in the slaying of the 27-year-old wife and mother of a 2-year-old son.

Rumsey said she is hopeful that anyone with information who might have been reluctant of

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control project, was to have been completed in 1996, but had to be rescheduled for this year due in

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Not a good day for would-be cigarette thief

by Rosemary Tirio

Even thieves and shoplifters have their bad days, and July 10 was certainly one of them for a 34-year-old Northbrook man who was apprehended removing five cartons of cigarettes and then exiting the Jewel store in the 5600 block of Touhy Avenue around 6:08 p.m.

First, the manager and a store security agent spotted the offender and attempted to stop him. He pushed the manager away and attempted to flee but tripped, landing on his left wrist. When

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North Maine Fire mural dedication



An 8' x 8' mural, depicting the various activities of the North Maine Fire Protection, was recently dedicated at the District's station at 9301 N. Potter Road in Des Plaines.

According to Fire Chief Morrie Farbman, the mural, done in sun-resistant acrylic paint, is immediately visible in the foyer of the station's main entrance.

The painting was created by Charlene Campagna, a Deerfield graphic artist and highlights the traditional Maltese Cross surrounded by various activities and apparatus of the Department. Shown are firefighting, rescue, paramedic and public education operations.

The cost of the mural was shared by the North Maine Firemen's Association and the Department. Since the dedication, several departments in the area have expressed interest in a similar project.

Area News

Competent Toastmaster award



Niles All American Speakers Toastmaster, Samuel J. Russell, is a recent recipient of the Competent Toastmasters award from Toastmasters International.

This award is for completion of the Toastmasters International Communication and Leadership Program.

Visitors and new members are always welcome. Contact Mr. Bill Shipp of Niles for more details. Call: (847) 825-6241.

Families cook up fun at Leaning Tower

Families are invited to the Family Country Cook-Out on Friday, July 25 for a variety of food and old fashioned fun from 6 to 9 p.m. at the Leaning Tower Family YMCA at 6300 W. Touhy, Niles. As part of the YMCA Family Nights Program, the Country Cook-out will feature carnival games, country music, a cowboy/cowgirl costume contest, and a hearty feast of hot

dogs, s'mores and other vittles. Tickets are \$2 each for members, \$4 each for non-members, or \$8 for the whole family, and can be purchased at the door. Sponsored by the Allstate Foundation, Family Country Cook-outs will be held at 26 YMCA's throughout Chicagoland. For more information, call (847) 647-8222.

Niles Historical Society

The PASSPORT Adventure Program sponsored by the Niles Historical Society, Niles Public Library, Morton Grove Library, Morton Grove Historical Museum, Niles/Morton Grove Rotary and MotoPhoto at Village Crossings is still open to all children in the area.

If you hear "There's nothing to do!", take the time to explore the local nature centers and museums. But before you go, stop by the Niles Historical Museum, 8970 Milwaukee Avenue (Wednesdays and Fridays) or the Niles Public Library, 7400 Waukegan Rd., and pick up a PASSPORT booklet. When you visit one of the listed 100+ participating sites, you get the booklet stamped. And when you visit 5 or more sites, receive a certificate of

participation; 7 or more sites, coupons to local restaurants; 10 or more sites, one-shot camera and free processing; 20 or more sites, \$20 in gift certificates.

The program opened May 26 and booklets must be returned to the Museum or Library by Sunday, Aug. 17 to qualify for awards. There is still plenty of time to relish a fun, educational trip.

What a great way to spend the rest of the summer! What a great way to spend time with the children.

For more information, call the Museum, 390-0610 or Library, 588-0500.

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Glenview to buy water utility company

by Rosemary Tirio
The Glenview Village Board approved the purchase of the North Suburban Public Utility Co. recently and will go into the public utility business next year.

Previously known as Yachtman Utility Co. and Domestic Utility Service Co., the company provides 1.1 billion gallons of water and wastewater services to 40,000 customers of unincorporated Cook County each year.

Residents of the area south of Glenview bounded by Golf Road, Crescent Drive, Stacy Court and Harrison Street as well as an area west of Glenview bounded by Greenwood Road, Milwaukee Avenue, Potter Road, Dempster Street and East River Road will be served by the new Glenview utility.

The move is expected to benefit village residents as well as non-resident water and sewer customers. Village officials hope to be able to improve repair and upgrades of village streets and pipelines, sources said.

Negotiations for the acquisition of the Kansas-based utility lasted about a year. Utility owners faced at least \$1 million in repairs and improvements to the system and another \$100,000 and lots of red tape in attempting to wrest permission to adjust customer rates from the Illinois Commerce Commission.

Jerry Perryman, attorney for the utility, said it just made sense to try to find a buyer. He termed the transaction a unique opportunity for the village because not many utility companies of the

size of North Suburban are left.

A \$6.5 million general obligation bond will be issued to pay for the acquisition. Utility owners will receive \$4.1 million at the closing and the remaining \$2.85 million will be spread out over the next 23 years, officials said.

Already earmarked for equipment and vehicles to fix up the system immediately is \$1.1 million of the bond revenue. Another \$500,000 will be needed for the sale process itself.

The annual \$4.5 million the utility is expected to generate annually will go to pay off the bond, officials said.

The village will have three months after the closing to make the transition to running the utility independently. North Suburban has agreed to continue operating the system through January for a fee of \$17,600 per month.

An additional \$29,500 will be paid to Consoer Townsend Environmental Engineers, Inc., the firm that will analyze the utility's cost of water production and come up with a more appropriate rate structure, something that has not been adjusted for 14 years, officials said.

Metered customers numbering about 5,000 pay \$3.96 per 1,000 gallons of water that the utility buys from Niles for \$2.40 per 1,000 gallons. Glenview customers, by contrast, pay \$2.60 per 1,000 gallons, while customers in the unincorporated area pay \$4.10 per 1,000 gallons of water purchased from Wilmette at 92 cents per 1,000 gallons.

Pre-retirement group plans river cruise

A cruise along the Chicago River, lunch at Joe's Be Bop Cafe and Jazz Emporium, and an afternoon at the Shedd Aquarium will round out a day-long trip for members of Maine Township's pre-retirement group next month.

The Options 55 trip is scheduled for 9:45 a.m. to 6 p.m. Sunday, July 20. Options 55 is open to township residents ages 55 through 65. The group offers weekend and evening trips for residents nearing retirement age who want to explore new recreational activities and meet people with similar interests. There is no cost to join. For more information, call Barb Koss in the township's Adult & Senior Services Department at (847) 297-2510.

The Chicago trip will begin with a one-and-a-half-hour-long guided Wendella boat tour on the lake and river, along with a journey through the Chicago River locks. Afterward, the group will visit Joe's Be Bop Cafe and Jazz Emporium at Navy Pier for a Big Band Buffet Brunch of house-

cured salmon, barbecue, smoked meats and more. Live jazz will be performed during the meal.

Following brunch, the group will travel to the Shedd Aquarium. The aquarium visit will include a presentation in the lake-front Oceanarium, which highlights the whales, dolphins, sea otters and seals of the Pacific Northwest in a natural setting.

Legion makes school awards

In their annual program of Americanism School Awards, the Morton Grove American Legion Post #134 announces the awardees at the following local schools:

Meghan Kearns and Jason Grover at Park View; Mario Manaloto and Peter Pilarski at Golf School; Kelly Waltenberg and Michael Tennant at St. Martha's and Christy Mitchell and Derek Duszak at St. John Brebeuf.

Cable host someone you should know



by Rosemary Tirio

Some of his earliest memories are of the Hungarian Revolution against the Communists in 1956 when he was just five years old.

Mat (Attila) Matyas, host of Media One's "Talk of the Town" cable access program aired twice weekly on Channel 19 and Channel 21 in Niles, Morton Grove, Glenview, and Des Plaines, remembers when his father was shot and he was grazed by a bullet while they were trying to escape.

After that they slept in hay bales by day and walked by night until they reached Salzburg, Austria, and freedom. Later, they went to Canada, on to New Jersey and finally to Chicago.

Matyas remembers being "overwhelmed" by the gifts and rich foods a Catholic family provided his family their first Christmas in the U.S. They also helped his father get a job with the railroad laying tracks. The family lived around 63rd Street and Drexel, later moving to the North Side around Lawrence and Sheridan.

The Matyas family finally ended up in Park Ridge where Mat attended Maine South. After graduation, Matyas became an over-the-road truck driver hauling "everything and anything" from coast to coast.

After marrying and having two children, however, Matyas said he wanted to stay home. So he obtained a position with the Cook County Highway Department. Now he cuts down dead trees and maintains highway foliage in the summer and plows snow in the winter.

In his spare time, Matyas became interested in photography, an interest that blossomed into another career that he pursues on a part-time basis. He began specializing in photographing antique autos and doing antique auto shows. He has produced posters and calendars featuring the photogenic old cars.

His hobby brought Matyas some notoriety when Bill Witt, host of another Media One local access program, Motor Sports Unlimited, recognized his photographic talent, interviewed him on his program and then asked him to help out on production of the show.

"The bug bit me," Matyas laughs. He found out what he needed to learn about cable access television and proceeded to take programming classes sponsored by then-Continental Cable, predecessor of Media One.

"Mike Heuel [Media One's local access coordinator] instructed and showed me how to get my own show going," Matyas said. He also took classes at Oakton Community College and started working on a degree in communications.

Heuel, who has worked with the station for five years since it was Cablevision of Chicago, said, "I'm glad to help. Mat has really come a long way. Seeing his progress is very gratifying to me personally as his teacher."

"The Talk of the Town" show debuted in May 1996. Until now the show has consisted of informative features generally using an interview format. Clerk of the Circuit Court Aurelia Pucinski, for example, is among the many guests who appeared on the show.

Now, however, Matyas is expanding the scope of the program. In addition to the interviews, he wants to include live news, community affairs announcements and "snippets" filmed on location, much like the evening news, Matyas says.

Matyas plans to alternate the news format programs with the interview programs. He is enthusiastic about opening his timeslot to airing announcements of local news events. He is especially interested in schools and other organizations that want to publicize upcoming events.

"We encourage all communities and villages served by Media One and TCI to let us know a month ahead of time and we will air as many community announcements as we have time for," Matyas said.

If organizations can supply photos or film of previous events, he'll be glad to air those, too. He may even do some on-location shooting of local events, his schedule permitting.

Matyas said he hopes to start the new format in the fall. "I feel I'll be getting more information out to the people," he said. He also wants to make the program more than a bi-weekly half-hour show by covering a larger variety of subjects. Right now he's planning to make the first and third weeks a community bulletin board format, with the second and fourth weeks devoted to half-hour specials of community events and other in-depth features.

Matyas regularly devotes evenings and weekends to taping and producing shows. And what does he get out of it? Not a big fat salary, that's for sure. Matyas' position is unpaid. He does it for the love of it and because he hopes that someday he may break into the "Big Time." (Tom Snyder, watch out!)

Matyas said he wants his show to be of service to the communities it serves. He is looking for suggestions and participation from the various communities and their residents to help air programs about upcoming events.

He could also use reporters or anyone who wants to work with media equipment and learn about producing a cable local access program, much as he did with Heuel. And he is toying with the idea of having a co-host.

Anyone who is interested in helping, learning, or having their community or organization news events covered on "Talk of the Town" can contact Matyas at (630) 603-3113.

Niles resident receives Toastmaster award



Rick Henrickson, a Niles Toastmaster, presents award to Susan Siebers, president of Niles All American Speakers Toastmaster Chapter. This trophy is for her second place finish in area speech contest.

Visitors and new members are welcome. Meetings are first and third Mondays of each month at Trident Center located in Niles, at 8060 W. Oakton. Meetings begin at 7:30 p.m. Call Sam Russell at (847) 677-9264 for full details.

Legion Auxiliary salutes deceased

At their last meeting, the Seventh District, American Legion Auxiliary held memorial services to honor their deceased. Most women's veterans organizations traditionally salute these departed members in late spring.

Mrs. Marian Jacobs of Northbrook, a past president of the George Benjamin Unit #719 of Northbrook, is district president of the second year. She participated in the ceremonies and also was the vocalist.

Chaplains from each of the 9 units carried a flower and lit a

candle as the name of the departed member from their units was read. There were 14 district-area people so honored this year.

Services were under the direction of district chaplain, Lorry Nehart, a past president of the Morton Grove Unit #134.

The district meets monthly at the various American Legion Auxiliary unit homes in the north shore Chicago and northerly suburban areas.

The district will not meet during the summer.

Travel the fairways with Orchard Village

Orchard Village announces the Fourth Annual Golf Classic on Thursday, July 31, at Itasca Country Club in Itasca. Four-some reservations are still available to interested golfers. Registration begins at 10 a.m. and a Patio Barbeque will be served at 11:15 a.m. with indoor seating available, the shotgun start follows at 1:30 p.m. Golfers will get a chance to meet and play with Glen Kozlowski, former Chicago Bear and host of WGN's Sports Central. Other golf activities of the day feature many contests, including a "Two Best Ball of Four-some" net, "Closest to the Pin" and a "Longest Putt" contest, so every golfer has a good chance to win. Two "Hole In One" contests promise prizes, including \$5,000 sponsored by Jenning's Chevrolet, and a premium Golf Cart sponsored by Elmo Cars of Dis-

triction.

After the round, a reception will be held at 5:30 p.m. followed by a dinner featuring Strip Steak, or Orange Roughy. A set of Tommy Armour Ti 100 golf clubs with a bag and two round trip tickets on American Airlines will be auctioned at the dinner party. Other prizes available in the raffle include golf outings, golf equipment, pieces of art, memorabilia, and much more.

Single player fees are \$275 and foursomes may register for \$1,100. All proceeds benefit Orchard Village, a residential and vocational training community for developmentally disabled adults located in Skokie. To register, or for more information, call Karen Rubel, preferably before July 19, 1997 at (847) 967-1800.

Put Children First

"The Land of the Free..." July 4 represents a special time of year when Americans come together to celebrate our independence as a nation and our freedom as individuals. It is also a time to reflect on what freedom means and its relationship to responsibility. People who live under tyranny are searching for "freedom from" - freedom from oppression. People who live in a free society such as ours are fortunate to have laws which guarantee them the opportunity to search for "freedom to" - freedom to express individual choices. Real freedom is achieved through assuming responsibility.

For some time now, perhaps we have all slipped into a philosophy centered around "if it feels good, do it." However most of you who are parents will experience that taking care of a family and supporting your children, as legally mandated, makes you feel good and will protect your freedom. Accepting responsibility guarantees you the freedom to participate in the larger commu-

nity without restriction or judgment, to pursue any desired profession, to hold professional, recreational and driver's licenses, to establish credit and assets without fear of seizure, to make autonomous decision in how you choose to pay your bills (not if,) and to be respected and honored by your children, your children's other parent, your extended families, and society as a whole.

But does every citizen have unconditional access to these rights? The answer, quite obviously, is "no." Rights can be taken away as a form of punishment. Our country is full of prisons whose inmates have lost their freedom as a result of committing crimes or ignoring court orders.

"Project Re-Enterprise"

However, our society also offers some ex-offenders a chance to reclaim their independence and prove themselves again worthy of the privileges of freedom. In an attempt to assist inmates in making the often-difficult transition back into the community, a program called Project Re-

Enterprise was designed for criminal justice systems to help reintegrate inmates into society and instruct them on how to take responsibility for themselves and their families. This program was created in 1992 by the Crime Prevention Institute, located in Austin, Texas. Project Re-Enterprise is designed to educate ex-offenders on the benefits available to them through state agencies, e.g., loans for housing, health care services, veterans benefits, child support services, legal aid services, etc. Most importantly, it educates employers on the value these ex-offenders can bring to the employment community. The Institute heavily promotes recovery programs for inmates addicted to alcohol and drugs - a problem that contributes greatly to repeat crimes.

A major component of Project Re-Enterprise is the emphasis on assuming responsibility. To help inmates in their struggle to be self-sufficient, many prisons and parole programs offers intensive training in parents and relation-

ships. The response to the Institute's efforts at reintegration has been overwhelmingly positive, as borne out by repeated comments from inmates expressing "new hope for the future." It has been the experience of those involved in such programs that when help is offered and accepted, it deters many ex-offenders from continuing in lives of crime, helps inmates' families to fulfill their potential, and, as a result, saves countless innocent people from being victimized in the future. This constitutes a "win/win" approach to criminal justice issues.

The Girl Scouts, recognizing the value of keeping families together, is participating in a most promising experiment, called Girl Scouts Beyond Bars, that units inmate mothers with their daughters through girl scout troop meetings held at the prison site. These meetings provide an opportunity for healthy interaction between parent and child, and help strengthen a family bond that might otherwise be broken during their separation. The result has been that many girls feel less abandoned by their mothers, and the mothers, in turn, feel they are contributing something positive to their daughters' lives. The mothers are required to take parent training classes while incarcerated, and also receive training in stress management and instruction on how to be Girl Scout troop leaders. Texas has taken this concept one step further and merged the Project Re-Enterprise concept with the "Girl Scouts Beyond Bars" program to create "Enterprising Girl Scouts Beyond Bars."

This new program, first implemented in May of 1996, was designed to also provide assistance after the mother is released. Several community organizations, led by the Crime Prevention Institute, work in tandem to provide each woman with a mentor and with employment opportunities upon release. Robb Southerland, CEO/Founder of the Crime Prevention Institute, comments,

East Maine Caucus to meet July 30

The East Maine Township General Caucus will meet at 7:30 p.m. July 30 in a conference room in the new Niles Civic Center. This meeting, which is open to the public, will review the caucus's efforts to recruit and screen candidates for seats on the boards of East Maine Elementary School District 63 and Maine Township High School District 207.

Residents of eastern Maine Township interested in serving on a school board can contact Joseph Harrington, caucus chairman, at (847) 965-6935. All applicants to the East Maine Caucus must live in the Dist. 63 areas, which includes parts of Des Plaines, Glenview, Morton Grove, Niles, Park Ridge and un-

"This is another classic example of matching the needs of the ex-offender with the resources available in the free world. Hopefully, these matches will help prevent a daughter from one day sharing a cell with her mother." Programs such as these create avenues for change and help to instill stronger family values.

Move Toward Freedom!

While inmates are literally incarcerated due to terminal activity, many other people imprison themselves in a very real sense by refusing to accept responsibility. Non-custodial parents who abandon their children impose their own sentences which disallow the privileges of freedom and subsequently subject them to IRS refund intercept, salary garnishment, seizure of certain assets, suspension of driver's, professional and recreational licenses, and jail sentences.

What these parents fail to realize is that they are also imposing a sentence on their children - a sentence that all too often exposes their children to an increased risk of using drugs, joining a gang, dropping out of school and/or becoming pregnant while still teens themselves.

If you are a non-custodial parent who has walked away from your parenting responsibilities, we urge you to re-think your decision. If you are a custodial parent who is preventing the other parent from spending time with the child(ren), we urge you to re-think your decision. We urge you to move toward responsibility and to its very real reward of freedom in the purest sense. You deserve it - your children deserve it.

For More Information

This information is brought to you by The National Child Support Enforcement Association, 444 N. Capitol St., Suite 414, Hall of the States, Washington, DC, 20001, (202) 624-8180. NCSEA does not handle individual child support cases. If you need help with your child support case, please contact the child support agency in your state.

Timothy M. Donahugh

Navy Ensign Timothy M. Donahugh, a 1992 graduate of Maine Township High School of Park Ridge, Ill., recently completed the Officer Indoctrination Course.

Donahugh is a 1996 graduate of Lewis University, Romeoville, Ill., with a BS degree.

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Church and Temple News

Salute to seniors Shabbat Service

Temple Beth-El invites prospective members to a "Salute to Seniors Shabbat Service" on Friday evening, July 25, at 8 p.m., 3610 Dundee Rd., Northbrook. Be the guest of the Temple for refreshments at the Oneg Shabbat following the service.

Victor Weissberg, Rabbi

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JOHN SKAJA

BRIAN SKAJA

ERIC SKAJA

GORDON WOJDA

MARK CIOLEK

OBITUARIES

MARVEL M. DE CORREVONT

Marvel M. De Correvont, 68, of Morton Grove, died June 27. Beloved wife of the late Howard "Bud" De Correvont. Beloved mother of Linda King and Michael Laity. Beloved step-mother of Susan Sewell, John DeCorrevont, James De Correvont, Thomas De Correvont, and the late Howard De Correvont, Jr. Grandmother of 1. Sister of Dolly Janz. Services were held June 30. Arrangements handled by Simkins Funeral Home. Interment was at St. Peter's United Church of Christ Cemetery, Skokie.

BRUNO H. SOLAN

Bruno H. Solan, 86, June 9, 1997. Beloved husband of Genevieve Solan. Beloved son of Stanley Solan, and Veronica Solan. Father of Jerry Solan, Jacqueline Luczak, Jim Solan. Services were held at St. Isaac Jogues Church on June 12. Arrangements were held by Skaja Terrace Funeral Home. Interment was in All Saints Mausoleum.

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EDWARD J. SYSLO

Edward J. Syslo died on Monday, June 2, 1997. He was 73 years old. Beloved husband of Late Ann Syslo. Beloved son of Stanley and Anna Syslo. Beloved father of Susan Syslo, Kenneth (Janice) Syslo. Brother of Josephine Adamek, Late Henry Syslo, and John Paul Syslo. Grandfather of Tommy, Mark, and Lynn. Services were held June 4 at St. John Brebeuf Church. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

FLORENCE M. JOHNSON

Florence M. Johnson, 74, died on Sunday, June 15, 1997. Beloved wife of Robert V. Johnson. Beloved daughter of John Ciaso and Anna Ciaso. Beloved mother of Joan Otte, Robert V. Johnson Jr., Susan Cook, Sister of Harry Ciaso, and Chester Ciaso. Services were held at St. Isaac Jogues Church on June 18. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Irving Park Cemetery.

WALTER J. ELDER

Walter J. Elder, 76, died on June 11, 1997. Beloved husband of Geraldine A. Elder. Beloved son of John G. Elder, and Katherine Elder. Father of John Elder, Joanne Johnson, James Elder. Grandfather of Jeffrey, Michael Johnson, Zachary, Katelyn Elder, and Ryan Elder. Services were held at St. John Brebeuf Church on June 14. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery.

USE THE BUGLE

HOWARD J. BROWN

Howard J. Brown, 79, died Saturday, May 31. Beloved husband of Marilyn Brown. Beloved son of Norman and Ann Brown. Beloved father of Dennis (Dina) Brown, Dennis (Donna) Alden, and Mary Lou Lamb. Services were held at Skaja Terrace Funeral Home on June 2. Arrangements were handled by Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery.

LENA M. STURM

Lena M. Sturm, 76, died on Monday, June 2. Beloved wife of William I. Sturm. Beloved daughter of Ben Dalfino and Josephine Dalfino. Mother of Rose Marie Zimmer, Virginia Webster, and William Sturm. Services were held at St. John Brebeuf Church on June 6. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery.

STEVEN C. BERGER

Steven C. Berger, 25, died on Sunday, June 8, 1997. Beloved son of Gus Kinast and Irene Kinast. Beloved brother of Heidi Kinast, Tammi Kinast, Karen Kinast and Gary Kinast. Services were held at St. Matthew Lutheran Church, June 10. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Memorial Park Cemetery.

To report the death of a Social Security beneficiary or Supplemental Security Income (SSI) recipient or to apply for Survivor benefits: call, 1-800-SSA 772-1213, business days, 7 a.m. to 7 p.m.

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Church and Temple News

Temple Beth-El Picnic and Service

Temple Beth-El invites community residents to a Service Under The Stars on Friday evening, July 18 at 7:30 p.m., 3610 Dundee Rd., Northbrook. This special Shabbat Service is one of a variety of activities available for prospective members this summer to meet our Rabbi, Sidney Helbraun. The Service will be preceded by a Family picnic beginning at 6:30 p.m. Bring your own Shabbat picnic and be the guest of the Temple for challah, refreshments and festive Oneg.

Congregants will be available to answer questions, and explain how being part of the Temple family can enrich your life. Beth-El offers religious, educational, and social activities for all family members from toddlers through grandparents.

The Temple offers one day a week Hebrew School. For more information on the Temple and membership call Temple Beth-El at (847) 205-9982.

USE THE BUGLE

Poland's Bishop Jez celebrates St. Kolbe Mass

Mr. Edward J. Moskal, President of the Polish National Alliance and President of the Polish American Congress has confirmed that once again this year the Polish community will offer a Commemorative Mass on Sunday, August 17, at Holy Trinity Mission Church, 1118 North Noble at 10 a.m.

Bishop Ignacy Jez of Koszalin, Poland will celebrate the Mass on August 17, and will be assisted by local clergy. Last year's celebrant was the Archbishop of Warsaw, Kazimierz Majdanski.

The Mass is in honor of St. Maximilian Kolbe and the three million Christian martyrs of World War II.

"August 14 is the feast day of

St. Maximilian Kolbe and Polish people across the world will commemorate the Christian Holocaust," stated President Moskal. "The world needs to know that not only Jews died and were victims of Hitler's holocaust but several million others died - among them Christian clergy as well as lay people including three million Poles."

The first internees at the Auschwitz camp were Poles and Father Kolbe, in an incredible act of heroism gave up his life in order that another prisoner might live. He became a symbol of other priests, nuns and other Christians who were slaughtered during the German occupation of Poland.

MTJC services

Rabbi Edmund Winter and the Board of Directors of Maine Township Jewish Congregation Shaare Emet have announced that, as in previous years, religious services are continuing on a regular basis throughout the summer.

Services are held twice daily, Monday through Thursday at 7:30 a.m. and 7:30 p.m., Sunday at

9 a.m. and 7:30 p.m., Friday at 7:30 a.m. and 20 minutes before sunset, and Saturday at 9 a.m. and before sunset. Exact times for Friday and Saturday evening services may be obtained by calling the Synagogue office weekdays, (847) 297-2006.

Membership applications and school registrations are being accepted throughout the summer.

St. John Brebeuf Family Picnic

St. John Brebeuf Parish will be holding its annual FAMILY PICNIC on the parish grounds, 8301 N. Harlem, Niles, on Sunday, July 20, rain or shine. Starting time for the picnic is 12 noon.

Activities are planned for all age groups. There will be chil-

dren and adult games, a Moonwalk, bingo in the air-conditioned hall, a magician, a volleyball tournament, and a ceramics-making booth. Food and beverages will be available at a nominal cost throughout the day. Everyone is invited to attend.

USE THE BUGLE

Rosh Hashana and Yom Kippur High Holiday Services October 2, 3, and 11

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Women's News

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Camp Courage helps children deal with the loss of a loved one

The staff of HOSPICE OF NORTHEASTERN ILLINOIS, INC. (HNI), is currently preparing for the third annual session of Camp Courage, a day camp for children ages 6-12 who have experienced the death of a loved one. Camp Courage will take place July 21-24, 1997, at Camp Duncan in Volo, IL.

Patterned after a camp started by the Hospice of Delaware, HNI is the only hospice in Illinois to offer this type of program to help children work through grief issues.

The purpose of this bereave-

ment camp is to provide children with the opportunity to explore and express their feelings in a safe, caring, and supportive environment. Thirty children will participate this year. Each day children will be involved in a focused bereavement activity followed by fun and games. This planned "rhythm" provides balance for the intensity of the feelings involved in the grieving process.

The camp is designed to allow personal attention for each child's individual needs and pain. Each trained counselor focuses on only two children, and is trained to listen, answer questions, clarify issues, and make each child feel special. Campers share a common bond the minute they arrive at Camp Courage. Courage is not the absence of fear or pain -- campers at Camp Courage have "guts." The experience at Camp Courage gives children the tools and experiences needed to help them go on with living, loving and learning.

The Hospice of Northeastern Illinois (HNI) is a not-for-profit, Medicare-certified, community-based organization accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). Serving more than 1000 patients a year, HNI's purpose is to support terminally ill patients and their families in all of Boone, DuPage, Kane and McHenry counties as well as in western Lake and Cook Counties.

HNI is dedicated to easing the emotional, physical and spiritual pain that often accompanies terminal illness, ensuring a higher quality of life for both patients and their families. HNI, which has offices in Barrington and Woodstock, never turns anyone away who might be in need. Educational programs, seminars, information and speakers to address a variety of issues are also available.

For additional information about Camp Courage or other hospice services, support groups or speakers, call 800/425-4444.

Going shopping? Make a plan first

If you don't have a wardrobe plan and a budget, you may be spending too much money on clothing, said Mary Ann Fugate, University of Illinois Extension consumer and family economics educator in Champaign.

Wardrobe planning means taking stock of what you have, and deciding which items you will need for a complete wardrobe.

"When you consider what you need before shopping, you're less likely to buy clothes on impulse," Fugate said. "We all have better control over our own shopping habits when we make a plan rather than shop on impulse."

Analyze your wardrobe and decide which pieces are missing. If your goal is to have a complete business wardrobe, for example, count the number of skirts, blazers and blouses you have. If you have three skirts and three blazers, but only one or two blouses, you may decide to purchase two new blouses - one per month, for example.

Setting a monthly clothing budget is important, too. Clothing includes coats, shoes, socks and underwear. Clothing purchases can add up to a substantial sum in a year, especially for children since they may outgrow clothing every year.

"Most people spend much more money on clothing than they think they do," Fugate said.

Purchasing a dress for a special dance or big event can cause financial strain. It helps to set a budget for that item, and shop within those means.

Fad items are tempting, but may not be very practical if the item goes out of style quickly. Stick with classic designs on clothing, then show a flare for fads in accessory items. Fugate suggested, Lime green is in style this season, for example, but not everyone looks good in a lime-green outfit. Instead, select a lime-green scarf or an inexpensive top.

Retail "sales" can save you money, but only if you would purchase the item because it was in your plan or even if it wasn't "on sale," Fugate said. Don't buy an item just because it is on sale at a reduced price.

Consumers can also save money by purchasing clothes at the end of a season and buying secondhand clothing. If you don't have a large clothing budget, accessorize the clothes you have to spruce up your wardrobe without spending much money.

Fugate offered these additional tips for saving money. Use catalogs for discounted prices on clothing; purchase machine-washable clothing, and look for clothing made of all-season, medium-weight fabric.

Finally, plan your shopping and shop your plan.

Women in Construction Reunion Luncheon

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction is holding a 25th reunion luncheon. The luncheon will be held on Saturday, October 4, at 11:30 a.m. at the Avalon Banquet Hall in Elk Grove Village.

The National Association of Women in Construction is an organization that provides women working in the construction industry with networking and educational opportunities. The O'Hare Suburban Chapter, founded in October, 1972 holds monthly meetings that feature speakers on a variety of topics of

interest to women in this industry.

The luncheon reunion is planned to include all members of the Chapter during its 25 year history. Guests are also welcome. Information regarding the location of former members will be greatly appreciated.

For more information about NAWIC's 25th Anniversary Reunion Luncheon, or about the organization itself, contact Sheri L. Kagan, Kagan & Associates, 1101 Perimeter Drive, Suite 460, Schaumburg, IL 60173, (847) 995-0300.

Breast and cervical cancer research grants

The Illinois Department of Public Health has awarded seven grants, totaling \$433,900, for breast and cervical cancer research. Dr. John R. Lumpkin, state public health director, today announced.

"Critical research into the causes, prevention and treatment of breast and cervical cancer must be ongoing," said Dr. Lumpkin.

"These research grants contribute significantly to advancing these efforts."

Invasive breast cancer is diag-

nosed in approximately 7,300 Illinois women annually and claims the lives of 2,200 each year. Nearly 710 women in Illinois learn they have invasive cervical cancer each year and about 220 women die annually from the disease.

The grant monies are from state appropriations and the Breast and Cervical Cancer Research Fund, a special fund to which taxpayers can contribute through their IL-1040 income tax returns.

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Dry mouth sufferers get sealants

If you have dry mouth, and about one-third of the adult population does, consider asking your dentist to apply sealants to your teeth, reports the Academy of General Dentistry, an organization of general dentists dedicated to continuing dental education.

Dry mouth can be caused by medication, irradiation, stress, autoimmune disease or neurological factors. Adult patients who experience dry mouth would benefit the most from sealants.

"These patients are especially susceptible to cavities because the naturally occurring buffering effect of saliva is reduced," explains E. "Mac" Edington, DDS, MAGD, president-elect of the Academy of General Dentistry.

"Saliva protects against cavities by breaking down dietary starches, neutralizing and buffering plaque acids, providing ions for tooth remineralization, and by coating teeth with protective proteins."

When saliva becomes diminished in an adult with dry mouth, the patient becomes very suscep-

tible to decay, and sealants can help protect the patient against cavities. The simple procedure involves an application of a light coating in the deep grooves of the teeth. The newest generation of sealants also has fluoride and antibacterial agents to further protect against cavities. Sealants can only be applied to teeth not currently decayed or filled.

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Community Calendar

ARTS & CRAFTS

July 19-20

EDENS ART FAIR

The sidewalks of Edens Plaza will fill with exhibitors from seven states who will join with talented area artists to participate in the Annual Edens Art Fair to be presented by American Society of Artists, a national mem-

bership organization. The show will be held Saturday, July 19 from 10 a.m. to 5 p.m. and Sunday, July 20 from noon to 5 p.m. at Edens Plaza, Lake, Skokie and Edens Expy, Wilmette. Additional information may be obtained from A.S.A. at (312) 751-2500 or by calling (847) 991-4748.

July 26 - 27

ART & CRAFT SHOW AT LAMBS FARM

A fantastic art & craft show is taking place at Lambs Farm in Libertyville, Saturday and Sunday from 10 a.m. to 5 p.m. both days. Over 170 artisans from 15 states will be exhibiting their quality works in the pastoral setting of Lambs Farm. Admission & parking are free. Lambs Farm is located at the intersection of I-94 (Tri-State Tollway) & Rte. 176 (Rockland Road), two miles east of downtown Libertyville. The show will be held rain or shine. For more information, please call Lambs Farm at (847) 362-4636 or Art Plus at (630) 325-8080.

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- 50% of all illnesses are caused or aggravated by polluted indoor air
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-Total Health and Better Health Magazine



ER/Trauma Drama '97' benefit



The Mount Sinai Medical Institute Council will present "ER/Trauma Drama '97," to benefit emergency and trauma care at Mount Sinai Hospital Medical Center, at 8:45 p.m. Saturday, July 19 at the Westin River North (formerly Hotel Nikko), 320 N. Dearborn in Chicago. More than 700 guests are expected to attend the black-tie gala, which will feature a sumptuous buffet of hors d'oeuvres and desserts, a silent auction with fabulous prizes, and dancing till the wee hours to Voyager, a Bradley Young Orchestra. Among the guests will be cast members of the hit NBC-TV series ER, including Conni Marie Brazelton, Deezer D, Laura Cerón, Ellen Crawford and Michael Genovese. The event is expected to raise nearly \$100,000 to rebuild emergency and trauma facilities at Mount Sinai Hospital as part of its Campaign for Life. Tickets are \$75 in advance or \$90 at the door. Anticipating the best is Skokie native Dr. Les Zun (right), chairman of emergency medicine at Mount Sinai Hospital Medical Center, with event co-chairs Stephany Wisol and Mark Greenbaum. Dr. Zun has supplied story ideas to the producers of NBC's ER series. For reservations or information call 773-257-5016, or visit website www.erparty.com.

CHILDREN

July 17-20

"Broadway Rhythm" and "The Frog Prince"

The Northbrook Theatre Chil-

dren's Company presents "Broadway Rhythm" and "The Frog Prince" Thursday, Friday, Saturday, and Sunday, July 17 to July 20. These Broadway style shows are given by children, grades 3 to 6, participating in the Musical Theatre and Creative Drama Workshops. All seats are reserved and priced at \$5. Performances are at the Leisure Center Theatre located at 3323 Walters Avenue, Northbrook. Call (847) 291-2367 for specific times and to reserve your tickets.

ENTERTAINMENT

Thur., July 17

Chicago Youth Symphony Orchestra

The Chicago Youth Symphony Orchestra (CYSO), Grant Park Music Festival and the Chicago Park District presents "Postcards from Around the World" concert Thursday, July 17 at 11 a.m. at Petrillo Band Shell in Grant Park. Admission is free. For more information, please call (312) 939-2207.

July 18-21

ST. HARALAMBOS GREEK FOOD FEST

St. Haralambos Greek Orthodox Community of Niles is hosting a Greek Food Fest on July 18-21 on the Church grounds at 7373 Caldwell Ave. in Niles. Sample Greek food, wine and music. For further information, call (847) 647-8880.

July 18-20 and 24-27

"Hamlet"

Shakespeare on the Green To Present "Hamlet" And Host Gala Under The Stars at Barat College all performances of "Hamlet" are free and start at 8 p.m., July 18-20 and 24-27. Festival grounds open at 6 p.m. for picnicking, and food will be sold on the premises. On Saturday, July 19, beginning at 5:30 p.m., gala sponsored by the Friends of Shakespeare Committee, includes a buffet supper, pre-show entertainment, and preferred seating. For more information please call (847) 295-2620.

Sun., July 20

Family Gospel Festival

Family Gospel Festival will be hosted by WYLL 106.7 FM Chicago's Word on Sunday, July 20, 10 a.m. to 6 p.m. The concert is free. Admission and parking are free. Lambs Farm is located on Route 176 (Rockland Road) at I-94, two miles east of downtown Libertyville. For more information about the WYLL Family Gospel Festival, call Lambs Farm at (847) 362-6774.

July 26-August 1

"Vocal Jazz Week" in Naperville

Six "Hot Jazz - 6 Cool Nites" concerts will be presented the

Continued on Page 13

ENTERTAINMENT

Continued from Page 12

week of July 26-August 1 at North Central College.

The concerts, presented in conjunction with the ninth annual Janice Boria Vocal Jazz Camp, will begin at 8 p.m. on Saturday, July 26, Sunday July 27, and Tuesday through Friday, July 29-August 1 in Heinger Auditorium, Larrance Academic Center, 309 E. School Street, Naperville.

Tickets to the concerts are \$8 for adults and \$6 for students/senior citizens. A 5-night concert pass can also be purchased for \$30.

For concert ticket reservations and further information, contact the Janice Boria Vocal Jazz Camp at (630) 637-5620.

Sun., July 27

CHICAGO JEWISH ROOTS

A sentimental journey with Dr. Irving Cutler: Maxwell St., Lawndale, Logan Square, Humboldt Park, Albany Park, Rogers Park, July 27, noon, Horwich Center, 3003 W. Touhy. Fee: CJRS or DSI members \$21, non-members \$24. (847) 432-7003.

July 27-31

MUSIC CAMP

Applications are still being accepted for the Great Lake Music Camp on the campus of Valparaiso University. Camp dates are July 27-31. The camp is designed for band students in grades five through nine and orchestra students grades five through ten. For information contact Great Lake Music Camps, P.O. Box 1994, Valparaiso, IN or call 219-477-2552.

HEALTH

Fri., July 25

EYE PROBLEMS OF ELDERLY

"Seeing Well as You Grow Older" will be the title of a free community education program at Resurrection Medical Center, 7435 West Talcott Avenue. The program will take place on

July 25 from 1 to 2:30 p.m. in the Mother Hedwig Room on the ground floor. Leading the program will be Michael Mockovak, M.D., an ophthalmologist on the medical staff at Resurrection. Dr. Mockovak will discuss eye problems that can occur with age such as cataracts, glaucoma and macular degeneration. Registration is required. For more information and to register, call 773-RES-INFO (737-4636).

Wed., July 30

Growth and weight gain in children

The Wednesday, July 30, children's health issues program will be presented from 7 to 8:30 p.m. in Olson Auditorium of Lutheran General Hospital, 1775 Dempster St., Park Ridge.

Registration for the program can be made by calling HealthAdvisor at 1-800-3-ADVOCATE (1-800-323-8622). Tours of the Victor Yackman Children's Pavilion at Lutheran General Children's Hospital are available prior to the lecture. Persons should mention their interest in the tours when they register.

SINGLES

Fri., July 18

Chicago Suburban Singles

The Chicago Suburban Singles will sponsor a singles dance at

8 p.m. on Friday, July 18, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. DJ music will be provided. Admission of \$6 includes a buffet. For more information call 708-216-9773.

Fri., July 18

Chicagoland Singles Dance

The Chicagoland Singles Association and The Aware Singles Group invite all singles to a Super Dance at 8 p.m. on Friday, July 18, at the Hyatt Regency Oak Brook Hotel, 1909 Spring Road, Oak Brook. Live music will be provided. Admission is \$8. For more information call 773-545-1515.

Fri., July 18

GOOD TIME CHARLEY SINGLES DANCE

There will be a Good Time Charley Singles Dance at 8 p.m. at the Willowbrook Ballroom, 8900 S. Archer Ave., Willow Springs, IL. All singles are invited. Admission is \$5. For more information call 708-579-7666.

July 18 & 19

ST. PETER'S SINGLES CLUB

All singles over 45 are invited to the following St. Peter's Singles Club dances: Friday, July 18 at the Casa Royale, 763 Lee/Mannheim, Des Plaines. Saturday, July 19 at Frances-

Continued on Page 14

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7 DAYS

COMMUNITY DINING GUIDE

SPECIALS GOOD FROM . . .

Thursday, July 17, 1997 to Wednesday, July 23, 1997

RESTAURANT	TYPE	LOCATION	THIS WEEK'S SPECIALS
Chi Tung	Mandarin/Cantonese	8105 N. Milwaukee Avenue Niles, Illinois 60714 (847) 966-1145	Lunch Buffet (Monday - Friday) 11 A.M. - 2 P.M. - \$5.15 Weekend Buffet (Friday - Sunday) 5 P.M. - 8 P.M. - \$6.88
La Pasta Ria Restorante & Catering	Italian/American	3711 Central Road Glenview, Illinois 60025 (847) 729-0084	(SUNDAY & MONDAY) ALL YOU CAN EAT GARLIC SHRIMP - \$10.95

Community Calendar

ENTERTAINMENT

Continued from Page 12

week of July 26-August 1 at North Central College.

The concerts, presented in conjunction with the ninth annual Janice Boria Vocal Jazz Camp, will begin at 8 p.m. on Saturday, July 26, Sunday July 27, and Tuesday through Friday, July 29-August 1 in Heinger Auditorium, Larrance Academic Center, 309 E. School Street, Naperville.

Tickets to the concerts are \$8 for adults and \$6 for students/senior citizens. A 5-night concert pass can also be purchased for \$30.

For concert ticket reservations and further information, contact the Janice Boria Vocal Jazz Camp at (630) 637-5620.

Sun., July 27

CHICAGO JEWISH ROOTS

A sentimental journey with Dr. Irving Cutler: Maxwell St., Lawndale, Logan Square, Humboldt Park, Albany Park, Rogers Park, July 27, noon, Horwich Center, 3003 W. Touhy. Fee: CJRS or DSI members \$21, non-members \$24. (847) 432-7003.

July 27-31

MUSIC CAMP

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Continued on Page 14

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COUPON

Buy one dinner at full price & get 2nd dinner 1/2 off.
Eat in or take out.

Community Calendar

SINGLES

Continued from Page 13

co, 8465 Grand, River Grove. Live bands, coat and tie required. Both dances cost \$6. Both dances start at 8:45 p.m.

Sat., July 19

Combined Club Singles Dance
All singles are invited to a Combined Club singles dance

at 8 p.m. on Saturday, July 19, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. DJ music will be provided. Admission will be \$7. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. For more information call 708-209-2066. All of the sponsoring groups are non-profit organizations.

Sat., July 19

Chicago Metro Singles

The Chicago Metro Singles invite all singles to a dance at 8 p.m. on Saturday, July 19, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. Admission of \$7 includes a buffet. For more information, call 708-216-9799.

Sat., July 19

T.G.I.S. SINGLES

T.G.I.S. Singles will have a dance at 8 p.m. at the Glendora House, 10225 S. Harlem, Chicago Ridge, IL. All singles are invited. Admission is \$5. For more information call 708-579-7666.

Sat., July 19

North Shore Jewish Singles 50 Plus

Lake Arlington Day Outing for meeting place & time call (847) 699-8418.

Sun., July 20

North Shore Jewish Singles 50 Plus

7:30 p.m. Dance \$7 at the Radisson Hotel, 4500 Touhy Ave., Lincolnwood. Frank Mitchell's live band. For info call (847) 676-4561.

Sun., July 27

North Shore Jewish Singles 50 Plus

7:30 p.m. Rap Session \$4 includes refreshments. At What's Cooking Restaurant lower level, Lincolnwood Shopping ctr. reservation (847) 675-5752.

Discussion about male-female differences in communication, handouts of excerpts from "You Just Don't Understand Men and Women in Conversation" by Deborah Tanner, Ph.D.

Sun., July 20

Jewish Social Singles

Come join JSS for burgers at Hackney's on Lake, 1514 E. Lake Avenue, Glenview, IL. 7:30 p.m. \$20/person (in-

cludes \$5 cover charge to JSS). If you have any questions, please call Mark @ (847) 776-5206.

Sun., July 20

Northwest Suburban Singles

The Northwest Suburban Singles invite all singles to a dance at 7 p.m. on Sunday, July 20, at the Barn of Barrington Restaurant, 1415 S. Barrington Road, Barrington. Admission is \$6 which includes a buffet. For more information, call 708-786-8688.

Sun., July 20

RAVANIA INT'L NIGHT

All Jewish singles 39+ are invited to Ravania International night at 7 p.m. For reservations and information, please call Bella at (847) 818-0244.

Sun., July 20

BAGELS & MORE BRUNCH

All Jewish singles 39+ are invited to join this informal group from 10:30 a.m. - 12:30 p.m. for brunch, conversation and brainstorming about future events. Cost is \$4 for members & \$6 for non-members. For reservations and location please call Barbara 847/724-9472 or Maria 847/641-1910 by July 19.

Wed., July 23

RAVANIA FESTIVAL

All Jewish singles 39+ are invited to the Peter, Paul and Mary Concert at Ravania at 8 p.m. For reservations and information, please call Bella at (847) 818-0244.

Fri., July 25

AWAKE SINGLES

All singles are invited to a Super Dance given by Awake Singles Group & ChicagoLand Singles Assn. at 8 p.m. at the Hyatt Regency Oak Brook Hotel, 1909 Spring Rd., Oak Brook. Live music will be provided. Admission is \$8. For information call Awake at 847-632-9600.

SPORTS

Wed., July 30

BIG TEN FOOTBALL KICKOFF LUNCHEON

On Wednesday, July 30 at 11:30 a.m., the Big Ten presents its 26th annual Football Kickoff Luncheon in the International Ballroom of the Chicago Hilton and Towers on South Michigan Avenue. Chris Fowler, host of ESPN's College Football GameDay, will serve as this year's emcee. Featured speakers include all Big Ten Conference football coaches, and special guests are 22 of the Conference's top returning football players. Tickets are \$50 and \$600 for a table of 12. For tickets, call the Big Ten Conference at (847) 696-1010.

The Debutante Ball comes to Victory Gardens

Cindy Caponera is back with a premiere of her groundbreaking work, **The Debutante Ball**, creating a world of women who aren't your average debutantes. The show will run July 24 - August 10 at the Victory Gardens Theater, 2257 N. Lincoln Ave. There will be a preview performance on July 23. **The Debutante Ball**, a dark comical look at many different women who probably never had a debutante ball let alone heard of one, will have its world premiere at The Victory Gardens Theater.

A Chicago native, Cindy Caponera is currently a writer for Saturday Night Live. Her credits include *The Second City*, *Comedy Central's Exit 57*, and her acclaimed one-woman show, *Against the Grain*. **The Debutante Ball** is directed by Shira Fiven.

TICKET INFORMATION:
Thursdays-Saturday: 8 p.m.
Sunday: 3 p.m.
Ticket Price: \$20.

RESERVATIONS: 773/871-3000

Group offers activities for township singles

One + Options offers a variety of fun and informative programs for Maine Township residents between the ages of 45 and 65 who are widowed, divorced or single.

There is no cost to join and new members always are welcome. For more information, call Barb Koss in Maine Township's Adult & Senior Services Department at (847) 297-2510, ext. 240 or 252.

One + Options' Cuisine Club organizes regular outings to local ethnic restaurants, while the group's Sunday Strollers program allows members to explore interesting sites in the area. One + Options also schedules one-day excursions, long-distance trips and special programs on topics of interest to adult singles.

Dave & Jody Van Kley Concert at Camp



The Historic United Methodist Camp Ground Summer 1997 Celebration concert series continues Saturday, July 19, at 7:30 p.m. in the 16 sided Waldorf Tabernacle with Dave & Jody Van Kley, presenting their dynamic and inspirational music ministry. For concert details call 708-824-4924. All Saturday night concerts in July will have an ice cream social after the program.

The Saturday night 1997 Celebration Concert Series continues: Saturday, July 19 - Dave & Jody Van Kley - vocal duet, and Saturday, July 26 - New Tradition Blue Grass Band from Tennessee. All Saturday concerts begin at 7:30 p.m. in the Waldorf Tabernacle. The 1997 Concert Series continues every Saturday night in July.

A concert that is fresh, uplifting and touches the heart as only music can.

The Celebration Concerts evenings include the availability of a 6 p.m. light supper before each 7:30 p.m. concert (reservations required 708-824-4924). All Saturday night concerts in July will have an ice cream social after the program.

The Saturday night 1997 Celebration Concert Series continues: Saturday, July 19 - Dave & Jody Van Kley - vocal duet, and Saturday, July 26 - New Tradition Blue Grass Band from Tennessee. All Saturday concerts begin at 7:30 p.m. in the Waldorf Tabernacle. The 1997 Concert Series continues every Saturday night in July.

Have a ball at the 4th annual Mayor's cup soccer fest

Dancing, singing, tumbling, and acrobatics will take center stage at the 4th Annual Mayor's Cup Soccer Fest presented by Reebok, which will be held on Saturday, July 19; and Sunday, July 20; at Montrose and Lake Shore Drive.

Parents are encouraged to bring their children to the lakefront for two full days of free multicultural entertainment. The "Just for Kicks" Stage located at the southwest corner of the park will feature performances from 11 a.m. to 4:30 p.m. daily.

The kid-friendly line up includes an assortment of entertainers including Polish, Mexican, German and Puerto Rican children's dance troupes, the Broadway Bound Dancers, Special Music by Special People and Dave Rudolf and friends singing silly

songs. In addition to the entertainment, more than 600 teams (approximately 3,600 participants) made up of boys and girls aged 5 to 16 will compete in the free two day soccer tournament from 9 a.m. to 7 p.m. daily.

For more information, call (312) 744-3315.

GRAND OPENING

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HOURS SUNDAY THRU THURSDAY 11 am - UNTIL 10 pm
FRIDAY and SATURDAY 11 am - UNTIL 11 pm

Just A Family Business Where Quality Still Counts

St. Haralambos Greek Food Fest

The St. Haralambos Greek Orthodox Community of Niles invites you to their 1997 GREEK FOOD FEST to be held Friday and Saturday evenings, and all day Sunday, July 18-20, on the church grounds at 7373 Caldwell Avenue in Niles.

Sample a delicious variety of authentic Greek foods, such as spit-roasted lamb, souvlaki, Athenian chicken, pastitsio, home made tyropita and spanakopita. Taste our mouth-watering, authentic Greek pastries in the festive atmosphere of a Greek village festival, or visit the Taverna and try the delicious octopus appetizer!

Popular Gyros sandwiches, the

best Loukoumathes in town, wines and drinks are also available in our specialty tents. And for your entertainment, you can enjoy live Greek music and join the dancing, if you'd like!

For a moment of respite, you might be interested in viewing a film of Greece, or attending authentic Greek cooking demonstrations. You are also welcome to enter our house of worship to see the newly installed hand-carved iconostasis and have a tour of the church with a brief explanation of its traditional Byzantine architecture and appointments.

Chairwoman Chrysoula Mas-

kaleris and co-chairman Tom Andrews extend a heartfelt invitation to all! The proceeds of the 1997 Greek Food Fest will benefit the St. Haralambos Church Building Fund.

The Greek Food Fest will open Friday evening, from 6 p.m. until midnight, Saturday evening from 5 p.m. until midnight, and all day Sunday, from noon until midnight. Admission is only \$1 on Friday, \$2 on Saturday evening and Sunday for adults. Senior citizens are \$1 and children are free.

There's plenty of free parking and a complimentary sip of wine at the gate. Plan to come and to experience the sights, scents and sounds of the 1997 Niles Greek Food Festival.

Community Calendar

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Home made Polish Sausages & cold cuts, made from the highest quality of meats and old traditional Polish recipes.

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"BREAKDOWN"

EVERYDAY: 1:15, 3:15, 5:15, 7:15, 9:15 - Rated R

- DOUBLE FEATURE -

"TRIAL & ERROR"

Michael Richards

EVERYDAY: 3:00, 7:00 - Rated R

"ANACONDA"

EVERYDAY: 1:05, 5:05, 9:05 - Rated PG13

- DOUBLE FEATURE -

"AUSTIN POWERS"

EVERYDAY: 1:30, 5:20, 9:10 - Rated PG13

"LIAR LIAR"

EVERYDAY: 3:25, 7:15 - Rated R

ALL SEATS \$1.75

STRESSED OUT? HURTING? HEADACHE OR BACK PAIN?

PRESSURE POINT THERAPY WORKSHOP

Learn How to Treat Yourself for Conditions Including:

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- Back Pain
- Sinuses
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- PMS
- Low Energy
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Wednesday, July 30, 1997

7:00 - 8:30 p.m.

at

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- Pasta Seafood**
Zuppa de Pesce over Capellini, Shrimp Fra Diavolo
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GAMES

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FRIDAY, JULY 18 - 6PM to 12 Midnight
SAT. JULY 19 - 5PM to 12 Midnight
SUNDAY, JULY 20 - 1PM to 12 Midnight

FREE PARKING

ADMISSION:
FRIDAY: \$100
SAT/SUN: \$200
SENIOR CITIZENS \$100
CHILDREN UNDER 12 FREE

Proceeds of the Greek Food Fest benefit the St. Haralambos Building Fund.

School News

Winners of DePaul University's Creativity Contest



Winners of DePaul University's "Creativity Contest, a business plan competition for high school entrepreneurs, were announced May 22. The winners, from left to right, were:

Latesha Tubbs of the Grand Crossing neighborhood (consolation prize, service category); Cristina Sanchez of Aurora (second place, service category); Rob Hartzler of Morton Grove (second place, product category); Mieoak Lee, of the Albany Park neighborhood, (tied for third place, product category) Anshul Bindal of Skokie (consolation prize, service category); Dear Thamasucharit of Skokie (first place, service category); Erin Corbett of Park Ridge, (first place, product category); David Poremba of the Irving Park neighborhood (tied for third place, product category); Tia Criswall of the Chicago Lawn neighborhood, (third place, service category).

Summertime!

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WE SHIP U.P.S.

Graduate business programs to be featured

Learn more about Roosevelt University's graduate business programs at a July 22 information session at the Albert A. Robin Campus, 1651 McConnor Parkway in Schaumburg. The session will be held from 6 p.m. to 7 p.m.

Walter E. Heller College of Business Administration Dean Jim Cicarelli will be on hand to talk about the College's master's programs in business administration, accounting, information systems and international business.

Roosevelt's new MBA is the most innovative in Chicagoland with a mission to give students a career-oriented business education that emphasizes personal and professional integrity and the social responsibility of business. Classes are small and stress teamwork and group projects. Degrees are offered at both the downtown Chicago and Schaumburg campuses with classes in the evenings and on Saturdays.

Students with a bachelor's degree from a regionally accredited college or university and a grade point average of 3.25 on a 4.0 scale or students with a graduate degree in any discipline are granted direct admission to the MBA program.

The information session is free but reservations are required. For more information or to reserve your spot, call (847) 619-8600.

Notre Dame

Accreditation renewal

Rev. Kenneth Molinaro, CSC, Principal of Notre Dame High School for Boys, Niles, has announced that the school's North Central Association accreditation has been extended through the 1996-97 school year following the review and approval of its Annual Report at the Association's Annual Meeting. Accreditation is for one year at a time and must be renewed annually.

Accreditation by the North Central Association ensures that the school is meeting the minimal conditions for effectiveness. By setting standards for basic operations of the school and by requiring continuous school improvement efforts, the NCA stimulates the school towards continuing excellence.

District 207

School Calendar for 1997-98

According to the school calendar for 1997-98, the first day of student attendance is Wednesday, August 27. Winter break will run from Saturday, December 20, through Sunday, January 4. Spring break will run from Saturday, March 21, through Sunday, March 29. School will close on Monday, June 15.

In addition to the two-day institute which will open the school year on Monday, August 25, and Tuesday, August 26, institute days have been scheduled for Tuesday, November 18, and Friday, January 23.

Half-day institutes have been scheduled for Thursday, February 19, and Thursday, April 23. Parent conferences will be Monday, November 17.

Regina

Local seniors celebrated

Regina Dominican High School's annual Mass in honor of the Feast of the Ascension provided the opportunity to honor the outgoing senior class. The junior class organized the liturgy at which the members of Class of 1997 were lauded for their academic efforts.

Area students include: Kristine Henderson (Niles), Teresa Llorente (Skokie), Bridget Lawson (Des Plaines), Diane Nitham (Glenview), Megan Stevens (Skokie), Noel Sheehan (Morton Grove), Christy Strand (Niles), Clara Hwang (Skokie), and Erin Nolan (Niles).

Crane Tech Reunion

Alumni from Crane Tech High School, Chicago, class of 1947, will celebrate their 50 year reunion on Saturday, October 15. For details contact John Ferrara, (708) 361-2169.

READ THE BUGLE

Resurrection H.S.

Seeking crafters for fair

Applications are now available for the Resurrection High School Arts & Crafts Fair to be held on Saturday, November 8, at Resurrection High School, 7500 West Talcott Ave., Chicago.

Each year some 2000 patrons make the Res Fair an annual tradition, enjoying the wide variety of hand-crafted items at the more than 200 booths.

For more information and/or applications, call Jan Flynn in the Resurrection High School Development office at 773-775-6616, ext. 25.

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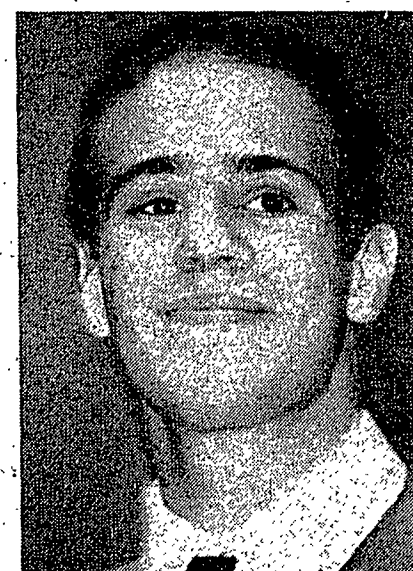
School News

Nilehi student in Chemistry Olympiad

Recent Niles West High School graduate Andrew Heckerling of Lincolnwood has been selected as one of four members of the U.S. International Chemistry Olympiad team. Heckerling was chosen from among 20 finalists who underwent intensive training from June 8 through June 22 at the U.S. Air Force Academy in Colorado Springs, Colorado. At the conclusion of the study camp, Heckerling was named to the team that will represent the United States at the 29th International Chemistry Olympiad scheduled for July 13 through 22 in Montreal, Canada.

Heckerling was also one of the 20 finalists last year, although at that time he did not make the final team. He graduated from Niles West earlier this year and was valedictorian of his class. Heckerling studied under Niles West chemistry teacher Ann Levinson.

The selection of Heckerling to attend the training camp resulted from his score on an exam taken by approximately 1,000 high school students across the nation. Offered by the Chicago Section of the American Chemical Society, this test features multiple choice, written and lab practical portions.



Andrew Heckerling

Founded in 1876 and chartered by Congress, the American Chemical Society is a non-profit scientific and educational organization dedicated to the advancement of chemistry in the public interest. The Chicago Section is one of 183 across the nation serving the Society's 144,000 members.

Classroom space donated by BTC

Banner Training Centers (BTC), 9701 W. Higgins Road, are donating classroom space to Niles Township for a series of computer classes. Designed as a low-cost option for adults with little to no computer skills, the classes will teach how to use home computers and prepare participants for the job market. The classes are offered and taught by Niles Township.

Classes planned will cover word processing, spreadsheet and bookkeeping, and Internet on-line instruction. The classes begin Aug. 5.

St. Paul to dedicate new playground

St. Paul Lutheran School in Skokie will be dedicating its new playground at Galitz Street and Lincoln Avenue in a ceremony on Sunday, August 24 at 7 p.m. The ceremony will precede the opening service for the 1997-98 school year.

Funds for the playground were raised by the St. Paul Parent-Teacher League at a Valentine's Dinner Dance and Silent Auction in February. The new equipment was installed by a team of parents, teachers, and interested neighbors in a marathon working weekend in May. Lower-grade students at St. Paul had a glorious time "breaking in" their new play space in the remaining days of the school year.

Staff members retire from District 207

If all the years of experience that have been accumulated by the 45 staff members who have retired this year stretched back into history, they would end in the year 1075. About that time, plans were being made to begin construction on the Tower of London.

Actually, a group of stone buildings on the north bank of the River Thames in London's East End, the Tower originated when William the Conqueror began construction of the White Tower, the oldest of the buildings that make up the complex, as the new royal residence. Over the years, more buildings were added. Enclosed by a moat and great thick walls, today the Tower includes many buildings and open areas that have seen much history and many famous people in the last 900 years such as Anne Boelyn, Sir Walter Raleigh, and Rudolph Hess.

A great deal of Maine Township High School District 207 history has also been written by the 45 people who will retire this year in their roles as administrators, faculty members, and support staff members. In those roles, these 45 retirees have each made their own unique contributions to the educational program and facilities for which the three Maine high schools have become known nationwide.

The three administrators who are retiring this year are Bruce V. Erickson, director of student personnel services at Maine East, 30 years of service; Kenneth W. Reese, director of student personnel services at Maine South, 36 years of service; and Victor A. Giovannini, district department chair for drive education, 41 years of service.

The six faculty members include Shirley F. Aberg, college

and career counselor at Maine West, 18 years of service; Lois L. Berry, Maine South, 22 years of service; R. Carl Magsamen, Maine South, 32 years of service; Kenneth W. Orstead, Maine East, 32 years of service; Donald J. Presern, Maine East, 28 years of service; and Richard B. Sass, Maine South, 32 years of service.

The 39 support staff members include Dolores A. Antkowiak, secretary, Maine West, 16 years of service; R. Lois Bauer, secretary, administration center, 22 years of service; Rosemary D. Curtis, custodian, Maine East, 10 years of service; Jean E. Duher, paraprofessional, Maine South, 24 years of service; Bonnie J. Eichelberg, paraprofessional, Maine East, 22 years of service; Marlene K. Emiley, accounts receivable, administration center, 8 years of service.

Also Geraldine L. Engle, secretary, administration center, 26 years of service; Lorraine A. Fleisner, scheduler, Maine West, 21 years of service; Marlene D. Garber, secretary, administration center, 20 years of service; Dagny L. Gebert, paraprofessional, Maine West, 22 years of service; Belle Glass, paraprofessional, Maine East, 26 years of service; Richard T. Hallihan, Sr., custodian, Maine East, 20 years of service; Dorothy E. Hardy, custodian, Maine East, 23 years of service.

Also Virginia M. Heavey, secretary, Maine West, 25 years of service; Vera Jaworsky, teacher aide, Maine East, 19 years of service; Marie A. Mancuso, bookstore manager, Maine East, 11 years of service; Ann M. McGulgan, attendance, Maine South, 20 years of service; Patricia A. McMahon, paraprofessional, Maine East, 15 years of service; Patricia A. Melonas, paraprofessional, Maine East, 20 years of service; Beverly E. Micklin, paraprofessional, Maine East, 10 years of service.

Also Margherita A. Palouan, paraprofessional, Maine East, 18 years of service; Consolacion E. Puertollano, secretary, Maine East, 11 years of service; Harriet F. Reczek, paraprofessional, Maine East, 20 years of service; Genevieve M. Rogers, accounts payable, administration center, 20 years of service; Joyce L. Sauerberg, accounting clerk, administration center, 24 years of service; Evelyn G. Schaller, paraprofessional, Maine East, 29 years of service; John A. Schar, custodian, Maine East, 22 years of service; Mary Lou Schuster, paraprofessional, Maine East, 23 years of service.

Gwen M. Stassen, secretary, Maine South, 19 years of service; Vaughn C. Sobczyk, paraprofessional, Maine East, 20 years of service; Anne Stornello, teacher aide, Maine East, 15 years of service; Linda K. Talbot, bookkeeper, Maine West, 6 years of service; Barbara L. Van Keuren, receptionist, Maine West, 21 years of service; Franklin D. Williams, custodian, Maine East, 31 years of service; Robert T. Yoshioka, director of buildings and grounds, Maine South, 25 years of service; Barbara A. Zender, computer operator manager, administration center, 15 years of service.

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Sports/Parks & Library News

Benedictine University to host Soccer Camp

Benedictine University will host a soccer day camp for boys and girls ages six to 16 this summer during the weeks of July 21-25, July 28 to August 1 and August 4-8. The camps will run from 9 a.m. to 5 p.m. each day.

The camp is designed to accommodate all levels of players, from beginners to advanced. Each player will be placed in the appropriate skill level after a staff evaluation. The primary goal of the camp is to make certain each player receives individual instruction and coaching, achieved by the low player-to-coach ratio. Skills learned will include trapping, passing, dribbling, heading and shooting. Offensive and defensive skills will be explored during drills and scrimmages.

Players will be coached by University and high school coaches, as well as current and former soccer players. All in-

struction will take place on Benedictine University's three natural grass soccer fields. In the event of inclement weather, instruction will take place indoors.

All campers will receive a minimum of five hours of on-field instruction each day. The camp is coaching intensive, but time remains at the end of the day for players to relax and enjoy swimming and other recreational activities. Lunch will be provided for all players.

Each player should bring a soccer ball, shin guards, soccer shoes, swim suit, towel and tennis shoes for recreational play. Each player will receive one Benedictine University Soccer Camp T-shirt, which should be worn every day for easy identification.

For more information or to register, call the Rice Athletic Center at (630) 829-6160.

Register for Kids' Sports Camps

Involve your children in a fun learning experience this summer. Consider Kids' College Summer Sports Camps offered at Oakton Community College's Des Plaines campus, 1600 E. Golf Road.

Oakton's own basketball coach Rick Kilby will hold a basketball camp for children, ages 8-16, July 14-18 and July 28-Aug. 1.

Steve DeZurko, varsity soccer

coach at Maine South High School, will conduct a soccer camp for children, ages 6-13, July 21-25.

Both camps will focus on the fundamentals of each sport and promote the team concept. Camp participants receive T-shirts, awards and progress reports.

Enrollment is limited, so register now! Call (847) 635-9888 for more information or a brochure.

CNA Windy City USTA Classic

Twenty-two world-class tennis players will descend on Chicago for the CNA Windy City USTA Classic to be held at the A.C. Nielsen Tennis Center in Winnetka, July 21-27. The \$50,000 United States Tennis Association Men's Professional Challenger Tournament will raise funds for Thresholds, America's largest nonprofit psychiatric rehabilitation agency.

The tournament is expected to attract tennis players from around the world who will compete to improve their rankings and thereby qualify for major Grand Prix events such as the U.S. Open. More than 30 percent of the world's top 100 players have participated in Challenger tournaments. Previous USTA Challenger series participants have included Pete Sampras, Todd Martin, and Patrick McEnroe.

Thirty-two singles and 16 doubles teams will compete in the main draw for the \$50,000 in prize money and the important ranking points. Matches will be played afternoons and evenings in an outdoor stadium accommodating 1,500 people in 52 boxes and open seating.

The schedule includes qualifying rounds, quarter finals, semifinals and final rounds, as well as exhibition games, award ceremonies and customized player and sponsor events such as a pro-am tournament.

The A.C. Nielsen Tennis Center is located at 530 Hibbard Road, just north of Willow Road in Winnetka. Ticket information is available at (847) 784-8515.

Sports commentator to MC event



Mike North (and Licorice) of The Score, SportsRadio 820 has volunteered his time to MC Avenues to Independence's ninth annual golf and tennis charity event, Classic '97 on Monday, July 28 at the Park Ridge Country Club. All proceeds benefit Avenues' 200 adults with developmental disabilities.

Radio and television sports commentator Mike North of the Score SportsRadio 820 and the SportsChannel has volunteered his time to serve as Master of Ceremonies for the ninth annual Avenues Classic, a golf and tennis event supporting Avenues to Independence.

The Classic, set for Monday, July 28 at the Park Ridge Country Club, offers a day of golf or tennis to up to 175 participants. All proceeds benefit adults with developmental disabilities who participate in Avenues vocational, residential and community employment programs. Avenues to

Independence has served individuals with disabilities since 1953 in the suburbs and Chicago.

North currently hosts a sports talk show with former Chicago Bear Dan Jiggett on the Score and has hosted "Electric Sports" on the SportsChannel with Jiggett. These "Monsters of the Midday" deliver a unique brand of opinionated, street level sports talk to Chicago sports fans.

A day of golf, lunch, cocktails and dinner at the Avenues Classic is \$375 a person. A day of tennis is \$150. For further information call Avenues at (847) 299-9720.

Library hosts used book sale

Friends of the Mt. Prospect Public Library will sponsor their mid-summer Used Book Sale, including their third bargain 25-cent paperback sale, Saturday and Sunday, July 19 and 20 at the Library, 10 S. Emerson St. (corner of Rte. 83 and Central Rd.). A Preview Night Sale for Friends members only will be Friday, July 18.

Donations for this sale have been generous and the accumulation of paperback donations has warranted the special clearance sale. Selected paperbacks will be 25 cents each but on Sunday only

buyers of a canvas Library Tote Bag will be allowed to fill the bag with clearance paperbacks at no extra charge.

The public sale will be Saturday, 9 a.m. to 4:30 p.m. and Sunday, Noon to 4:30 p.m. Admission is free.

Preview Night hours are Friday, 6:30 - 9:30 p.m. Memberships will be available at the door and are \$5 annually for individuals and \$10 for families. Renewals will also be accepted that evening.

For further information, please call the library at 847-253-5675.

SPECIAL SUPPLEMENT

The Bugle Newspapers

JULY 17, 1997

SENIOR SEASONS

• AREA ACTIVITIES • SENIOR DISCOUNTS
SPECIAL SERVICES • SENIOR NEWS



The Bugle's Senior Guide

SENIOR SEASONS

St. John Brebeuf's Golden-Agers celebrate

The heat is on... and the beat goes on. The roll of drums, the blare of the trumpets, the major-

ettes, all the floats and parade participants and, in particular, the Golden-Agers' Bulls float -- all played a big part in the celebration of the country's birthday. And the parade watchers and cheerers added quite a flare to the event!

Carl Ferina, club vice president, has been doing an excellent job running the club's meetings in the absence of vacationing president, Chester Bonk.

Margaret Roth has efficiently taken over for Frances Pawelek since her recent bereavement. All of the members' sympathy is extended to Frances. Stanley was a fine gentleman and all will miss him.

June anniversaries were celebrated by the following couples:

- Joe and Virginia Bawolek
- Bob and Marge Berles
- Leonard and Mary Galkowski
- George and Mary Grote

Congratulations to the happy duos!

The club's picnic will be held July 22 on the parish grounds. Let's hope the weather will cooperate and that all members will enjoy a good time.

Club coordinator for the July 4th parade was Henry Piontek. The float honored the Chicago Bulls for the team's great victories during the past seven years. Go Bulls Go!

Marge Miller recently was the top bowler in the Senior No Tap Tournament at Niles Bowling Center.

On May 10 Grace Dunn's two grandchildren received degrees.

A Little Klezmer with Your Coffee?



Members of the Maine Township Seniors enjoy a sneak preview of the music of the Maxwell Street Klezmer Band during the Seniors' recent "Father's Day" luncheon. Shown above are (front row) Leona and George Machaj of Niles; (back row, left to right) musician Gail Mangurten; Maine Township Supervisor Mark Thompson; Sue Neuschel, Director of Adult & Senior Services for Maine Township; musician Lisa Fishman, and musician Alex Koffman.

More than 3,800 residents are part of the township's group for older adults. Most activities are limited to members, but there's no cost to join and new members always are welcome. To join, you must be at least 65 years old and live in Maine Township. For more information, call Neuschel at (847) 297-2510.

Learn more about your medications

Richie Imburgia, grandson of Jean and Leonard Arendt, received his first Holy Communion at Our Lady of Vernon on June 1. Her proud parents are Richard and Bonnie Imburgia.

Kenneth Willer, grandson of Helen Willer, received his first Holy Communion at St. Catherine Laboure on May 3. His parents are Edward and Bonnie Willer.

Happily, the club members can relax at their meetings in the air-conditioned Flanagan Hall and enjoy the games run by Dorothy Warmann, who does such an excellent job!

Now that the heat is on, and it is, the Golden-Agers are walking to a brisker, hotter step! That of summertime, at its best!

Susan Moreland-Wilkins, registered pharmacist, and Clinical Manager at Evanston Hospital, discusses what you should know about your medications, on Tuesday, July 22 from 1-2:30 p.m. as part of Passages, the weekly lecture series sponsored by Oakton's Emeritus Program. All lectures are held in Room A151 at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Moreland-Wilkins will answer questions about your medications and explain how they affect your system.

Admission is \$1. For more information, call (847) 635-1414.

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SENIOR SEASONS

Retirees look to the future

SCORE (the Service Corps of Retired Executives) is the volunteer counseling arm of the Small Business Administration. Its purpose is to improve the success ratio of small business through individual counseling and workshops.

To give young entrepreneurs a head start, SCORE annually awards five \$1000 scholarships to Chicago high school seniors who meet SCORE's criteria.

These five seniors were chosen from among 72 applicants who attended 29 high schools. They are:

Nathaniel St. Clair from Lind-

bloom high school will attend the University of Michigan and major in Electrical Engineering.

Esmeralda Vasquez from Bogdan high school will attend DePaul University and major in Business Administration.

Divinity O'Conner DeLos Rios from the Chicago High School for Agricultural Science will attend Iowa State University and major in Animal Ecology/wildlife and Animal Sciences.

Shameka Clifton from Carver high school will attend University of Illinois-Chicago and major in Computer Engineering.

Register now for a fall Emeritus class

Learn the advantages of walking in an Emeritus class offered this fall at Oakton Community College's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie. The 16-week class meets Aug. 25 - Dec. 19.

Walking (PED 136 002, Touch-Tone 0454) is designed to improve your aerobic endurance and aid your weight loss through brisk walking. Stretching exercises precede a fast walk for several miles outdoors (weather permitting). The class meets on Tuesdays and Thursdays from 11:15-12:30 a.m.

Students can register for this and other Emeritus fall offerings in Room A-100 at the Skokie campus and in Room 1140 at the DesPlaines campus. Those who have registered for

Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have their correct Social Security number on file, may register (using the codes listed next to the course titles above) by the Touch-Tone telephone system at (847) 635-1616.

Tuition is \$37 per credit hour for persons under 60 and \$18.50 per credit hour for persons over 60 who live in-district. The tuition is \$138.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district.

For a brochure listing other Emeritus programs, seminars and tours, including registration information, call the Emeritus Office at (847) 635-1414.

Volunteer computer instructors needed for Senior Site

The Northbrook SeniorNet Computer Learning Center, soon to open at the new Bernard Weinger Jewish Community Center, has immediate openings for mature, energetic classroom instructors, assistant instructors and "open lab" monitors who can spend at least one hour per week helping people age 55 and over learn and/or expand their computer skills.

This is an ideal opportunity for retired or semi-retired men and women to remain active and vital, to share and enhance their computer skills and to receive a great deal of personal satisfaction. All volunteers are trained to use a specially designed curriculum for older learners.

A variety of classes, including Introduction to Computers, are offered days, evenings and weekends at the Center. Classes are taught in a Windows environment and are usually held once a week for eight weeks.

The Northbrook SeniorNet Learning Center, a cooperative

program between Council for Jewish Elderly (JCC) and Jewish Community Centers of Chicago (JCCs) will offer classes at the Bernard Weinger JCC, 300 Revere Drive, Northbrook. The Center will be equipped with computer terminals, printers, software and access to an online service.

For further information, please call Edie Freimark at 847-205-9480.

North Shore Prime Timers Club

The North Shore Prime Timers Club is taking a Paddle Boat Ride on the Fox River on Friday, July 18 at 11:30 a.m. Cost of the trip is \$25. The trip includes a luncheon of Chicken Marsala. Boarding time is 11:30 a.m. at the Port Edward Dock, 20 W. Algonquin Road, Algonquin.

Reservations should be made with Len Cohen, 8117 Parkside, M.G. 60053-3544.

Assisted Living Grand Opening

Council for Jewish Elderly (CJE) invites the public to attend the Grand Opening of North Shore Place For Assisted Living, and The Friend Center for Early Alzheimer's Care, on Thursday, August 14, from 1-9 p.m. at 1551 Lake Cook Rd., Deerfield.

The free event includes a discussion: "What is Assisted Living?", a tour of the facilities, and an opportunity to ask questions of

the many experts who will be on hand.

North Shore Place and The Friend Center are part of the \$24 million Harry and Jeanette Weinberg Community for Senior Living, which is a project of CJE, in partnership with the Jewish Federation of Metropolitan Chicago.

For more information, call (847) 374-0500.

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SENIOR SEASONS

Exercise with Terry!

Niles Senior Center members are invited to join Terry Sprengel, Niles Senior Center Nurse, for a 30 minute exercise class on Tuesday, August 19 at 11 a.m. Wear comfortable clothes and gym shoes or shoes with rubber soles.

Summit Square seniors enjoy get-aways



Summit Square, the retirement community in Park Ridge offers many special recreational activities, but everyone's favorite is the get-away trips to Wonder Lake. Every week during the summer months, twenty-five residents pack up their sun tan lotion, sun glasses and sun hats and board the Summit bus for an hour long ride to the country house of Summit's owner, Audrey Yohanna. Located directly on the lake, the house was built in 1988, and since then hundreds of Summit's residents have enjoyed these summer outings. Claims Audrey, "It's my pleasure to entertain at the country extension of Summit Square. I must admit, I have as much fun as the seniors."

Upon their arrival the seniors are treated to a picnic lunch on the deck overlooking the lake. Then everyone is free to enjoy the day as they wish. Some take a walk in the beautiful surrounding area, some park themselves under a tree and daydream. A number of residents have caught some "big ones" while fishing off the pier. Everyone's favorite activity is to take a peaceful ride around the lake on the pontoon. The adventurous board the speed boat for a joy ride.

When it's time to get on the bus for the return trip to Summit Square, the seniors are glowing, from both their day in the sun and their experiences. The trip to Wonder Lake is yet another example of what makes life at Summit Square so special.

Durbin cites priority in Medicare Reform

U.S. Sen Dick Durbin today said Congress shouldn't raise the eligibility age for Medicare from 65 to 67 or increase the cost of Medicare for seniors without first cleaning up the current system which sustains annual losses of \$20 billion through Medicare fraud and waste.

Durbin's comments followed this morning's hearing on Medicare fraud by the Governmental Affairs Permanent Subcommittee on Investigations, on which Durbin serves. At the hearing, Michael Mangano, Principal Deputy Inspector General for the U.S. Department of Health and Human Services (HHS), documented extensive examples of false cost reports and services not rendered; claims for equipment never delivered; and double billing by hospitals and other health care providers.

Durbin said that because there are few on-site audits, it is difficult to discover the fraud perpetrated by many home health care providers. He cited one home health care investigation in Iowa which uncovered \$250,000 billed to Medicare for services never rendered and payroll expenses of more than \$500,000 billed to Medicare for non-existent employees. He added that the owners of the home health care agency were reimbursed in excess of \$10 million over two years. The

owners eventually pled guilty and are now in federal prison.

"Reform of Medicare is and should continue to be a top priority," Durbin said. "But let's crack down on criminals before we start raising Medicare's eligibility age or its costs."

Durbin earlier this week offered a motion to strike a provision in the budget spending package which raises from 65 to 67 the age at which seniors can participate in the Medicare health insurance program. The motion was defeated.

Single Jewish Grandparents

Event: Brunch
Where: Call June at (847) 229-1223 for information and reservation.

When: Sunday, July 27, 1997, 10:30 a.m.

Cost: \$5
Single Jewish Grandparents welcomes Grandpas and Zaydes to brunch in Buffalo Grove on Sunday, July 27, 1997 at 10:30 a.m. Come join the fun with the new "In Group"!

USE THE BUGLE

SENIOR SEASONS

Niles Senior Center Healthy Weighs Program



Niles Senior Center Healthy Weighs Program had 10 participants -- 5 men and 5 women -- who lost a total of 77.5 lbs. during the six week program. The program encourages seniors to eat a healthy diet, exercise, and use behavior modification in order to incorporate weight control or changing to a healthy living style.

The following people completed the program: Back row, left to right -- Helen Kalas, Sylvia Makos, Howard Lamantia, Don Chiero, Arlene Chiero, Delores Ostruska. Front row, left to right -- Peter Bombicino, Terry Sprengel, RN, BSN, Niles Senior Nurse Healthy Weighs Coordinator. Not present in photo, but part of the program -- Leo Madura, Lou Kokinis and Stephanie Labedz.

Older workers find new job opportunities

Experience Works is a new and progressive, free job assistance program serving workers 55 years old and older who consider themselves retired from their career jobs but still want to work. The pilot program, which began in September, is sponsored by one of Chicago's leading employment resources, Operation ABLE, co-sponsored by the American Association for Retired Persons and funded by The Chicago Community Trust.

Experience Works, which has no restrictions, helps place workers in full-time positions as well as in contingency jobs (part-time, temporary and seasonal jobs), which account for 15 percent of today's work force. The program is designed to fit current trends:

- People retiring earlier
- People living longer and healthier lives
- Older population needing to look beyond Social Security benefits for income
- Increase of dislocated workers because of plant closings.

"Experience Works serves a fast-growing Chicago demographic: Older workers who left previous jobs due to early retirement, corporate downsizing, the desire to pursue other career interests and more, but who still want or need to be employed," says Barbara Ganan, director of Experience Works at Operation ABLE.

Elderhostel goes "Intergenerational"

In just a few weeks grandparents and their grandchildren will have a unique opportunity to journey together into the forest, learning secrets of the northwoods ecosystem at the midwest's oldest conservation education center . . . Trees For Tomorrow.

From August 10-16 a special "intergenerational" Elderhostel will place grandparents and their grandchildren ages 12 through 15 together in the field with professional biologists, foresters and

naturalists who know how to make learning fun during a week of outdoor seminars.

"We'll be visiting wilderness areas and pine plantations, bogs and lakes, wildlife habitat and other outdoor classrooms, all with the idea of learning more about conservation and sensible resource stewardship," said Elderhostel coordinator Chris Welch.

The grandparents and their grandkids will not only explore the basics of forestry and wildlife management, but will have a chance to learn some survival skills like shelter building, orienteering, wild food identification and canoeing.

"Our main goal is to learn while having fun," Welch said. Welch encouraged any older Americans interested in the August 10-16 intergenerational Elderhostel to call 1-800-838-9472 for a brochure and additional information.

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Staying Independent in the Later Years

Losing our independence in the later years is one of the greatest fears of the aging. Yet most people can remain independent if they have the right mental attitude, according to Molly Hofer, University of Illinois Extension educator, family life.

Independence has more to do with the choices that we make than with having the ability to do everything for ourselves, Hofer said.

"All of us are dependent on others; we all rely on someone else to help us throughout our lives," she explained. "Aging adults who have health problems and disabilities can still decide the direction of their lives."

Having the ability to plan and

make life choices is the key to independence. A person has dependencies at any age, Hofer said. As we age, the nature of the dependencies may change. Yet being able to acknowledge the need for help will allow older adults to remain more independent than if they did not deal with new dependencies.

Even small choices can make a difference, Hofer said. People who give up their independence often feel helplessness—believing that there are no options, and that nothing is worthwhile. These feelings can lead to ill health and depression.

On the other hand, those who want to become independent can take charge of their lives and take

steps to make this happen.

Success in maintaining our independence is related to our financial security, our alternatives in housing and transportation, health care and available community services. More important, though, is our attitude in exercising control in the important areas of life.

Hofer provided these suggestions for independent living:

- * Cultivate friendships. Find friends who you can talk with and share activities. Also, keep in touch with old acquaintances.

- * Choose activities that take you out of the house. Attending church services and club meetings or volunteering your services will add to your life.

- * Use community services, such as rehabilitation and health care services, libraries, point-to-point transportation and nutritional programs like Meals on Wheels.

- * Learn to handle finances. Know the mechanics of how to bank and balance the checkbook.

- * Know where your important documents are and what they contain.

- * If you don't know how to drive, learn. If you do know how to drive, don't let your spouse or other family member do all the driving.

- * Concentrate on the things you can do rather than the things you cannot.

- * Practice looking ahead instead of to the past. Keep your good memories, but don't let that be your whole life. Set goals for the future.

- * Stay flexible through exercise and stretching, and eat a healthy diet to maintain or improve your health.

what we see at the Center," states Carol Bier-Vessell, "have chronic wounds—those that have not healed as long as weeks, months or even years later."

Dr. Gregory Pulawski, Medical Director, believes that these non-healing wounds respond best to a coordinated treatment approach. "The Center has a team of professionals that can be involved in a patient's care, as is medically indicated." The dedicated support staff includes a Diabetic Educator, radiology services, social work and a physical panel of podiatrists, endocrinologists, orthopedists, and vascular and plastic surgeons. Availability of these services offers an individualized course of treatment for each patient.

Successful healing of chronic wounds is not easy. The key is in compliance with the treatment option and regular follow-up with a patient's physician. "Healing a chronic wound often takes as long as

twelve weeks of treatment—it is a big commitment for our patients and their support system," states Bier-Vessell. "We make sure that everyone knows what the expectations are and that the treatment is being carried out at home." Transportation is available for individuals who can not secure their own ride.

To ensure long-term success, patients should follow up with their primary physician. "Our goal is to heal the wound," states Dr. Pulawski. Patients often have other complicating medical issues in addition to the wound that needs attention. Regular visits to a primary care physician can help prevent the recurrence of the wound.

In order to help patients determine treatment options, The Wound Treatment Center provides onsite evaluation. For further information about the Program, or to schedule an appointment, contact Carol Bier-Vessell at (847) 294-0402.

Niles Senior Citizens 967-6100 ext. 376

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. Niles seniors interested in obtaining additional senior center information should call or visit the center and be placed on the mailing list. The center is located at 8060 Oakton Street.

YARN NEEDED

The Senior Center is requesting any left over yarn or scraps of material (8" x 8" or bigger). Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are needed also. If interested, contact Mary Vandemplas.

CLASS INSTRUCTORS NEEDED

We are in need of instructors for various arts and crafts programs as well as a Men's Exercise instructor for classes beginning in September. If you have artistic talent or training as an exercise instructor, call Mary Oleksy or Kelly Mickle to arrange an interview.

VOLUNTEER NEEDED TO COMPILE PHOTO ALBUMS

We are looking for someone interested in putting senior center pictures into new photo albums and organizing current pictures into albums. Work at your leisure and enjoy a bit of nostalgia at the same time. Call Mary Oleksy if you are interested in helping us out.

HOOKED ON FISHING OUTING JULY 18

There is a fishing outing and picnic on Friday, July 18 from 9 a.m. to 3 p.m. at Bangs Lake in Wauconda. We meet at Lindy's Landing where you can choose to fish, picnic, or rent a row boat for \$10 (2 people per boat). Bait will be provided. Lunch is on your own. Car pooling is available. Price is \$3.50 and includes admission and bait. Everyone is welcome, including grandchildren. Registration required.

INTERMEDIATE COMPUTER CLASS

Learn how to work on spreadsheets and more in this class. Three six-week classes will be held on Thursdays, July 17 through August 21 at 9:30 a.m. to 11 a.m.; 11:30 a.m. to 1 p.m.; or 1:30 p.m. to 3 p.m. The cost of the class is \$20 per person. YOU MUST HAVE TAKEN "INTRO TO COMPUTERS" TO SIGN UP FOR THIS ADVANCED CLASS! PLEASE NOTE A CHANGE IN DATE.

MEN'S CLUB MEETING

The Men's Club meeting is on Monday, July 21 at 10:30 a.m. Following the meeting, Sgt. Roger Wilson of the Niles Police Dept. will speak. Tickets go on sale for the "Sweet Investments" trip to the Board of Trade / Federal Reserve Bank, Berghoff's and Eli's Cheesecake factory scheduled for Thursday, Sept. 18 from 8:45 a.m. to 4 p.m. Price is \$22 and there is moderate walking. Also on sale are tickets for tam outing for September 17 for \$12 and 18 hole golf at Bristol Oaks on Monday, Sept. 8 (lunch included) for \$33. Tickets for the Sweet Investment trip will be available to all seniors on Monday, July 28.

WOMEN'S CLUB PLANNING MEETING

Women's Club planning meeting is on Tuesday, July 22 at 1:30 p.m.

PINOCHLE TOURNAMENT

The Pinochle Tournament is on Friday, July 25 at 1 p.m. All card players are encouraged to join in a three handed tournament. Seating is random. Price of \$3.50 includes refreshments and prizes. Registration required.

TALL SHIP / IMAX TRIP TICKETS AVAILABLE

There are a few tickets available for the Tall Ship / Imax trip on Thursday, August 21. You have a choice of chicken pot pie or meatloaf. The cost is \$43. Call the center for ticket availability.

ANNUAL FLOWER AND GARDEN SHOW

The third annual Flower and Garden Show is on Friday, August 22 from 11 a.m. until 2 p.m. A \$1 hot dog lunch will be available for purchase. Come and view some of the most beautiful flowers and vegetables in Niles!

FLOWER AND GARDEN SHOW EXHIBITORS

Flowers and Garden show exhibitors are needed to participate in the Senior Center's Third Annual Show on Friday, August 22 at the Senior Center. All participants MUST register and pick up a packet containing all exhibitor's information. For more information, call Mary Oleksy.

FLOWER AND GARDEN SHOW VOLUNTEERS NEEDED

Volunteers are needed to assist at this annual event scheduled for Friday, August 22. Tasks include registering participants, preparing food, and serving as greeters.

SENIOR SEASONS

Long-term care insurance

With the rising costs of long-term health care, more adults are purchasing insurance coverage to protect their assets in the later years. Most adults will use some type of long-term care service at some point, so it pays to consider various insurance options, said Brenda Cude, University of Illinois Extension consumer economics specialist.

Statistically, a person under age 65 has a 7 percent chance of having to go to a nursing home. At ages 85 to 94, the chances jump to 60 percent. The chances of needing a longer stay at a nursing home also increase with age.

Average annual nursing home costs are now more than \$40,000. At an inflation rate of 6 percent, that total will grow to \$68,050 in 10 years and \$121,870 in 20 years, Cude said.

Since Medicare coverage pays only 100 days of skilled nursing care and some home health care, many older adults will need additional private long-term care insurance coverage.

The purpose of long-term care insurance is to protect your assets. If you don't have at least a minimum amount of assets—roughly \$30,000, you should probably consider applying for Medicaid instead, Cude said. You will also need a minimum income to pay the insurance premiums.

The younger you are when you purchase a policy, the less you'll have to pay for premiums. The same policy that cost \$1,090 a year if you buy it at age 60 could cost you \$2,120 a year if you buy it at age 70. Keep in mind too that insurers will not sell you a policy if you have a pre-existing condition such as Alzheimer's disease or Parkinson's disease.

"A good insurance company will ask about your health and usually asks for records from your doctor," Cude said. "Companies that don't check your health carefully when you apply may later deny your claims because of your health at the time of your application."

Most long-term care insurance policies cover more than just nursing home care. Consider which coverage you are most likely to need, including home health care, adult day care, and respite care.

When examining different insurance policies, check on the qualifications for home health care. Does the policy pay only for skilled care or does coverage include personal care and help with housekeeping chores?

Nursing home insurance benefits should cover at least \$75 to \$100 per day. With some companies, an additional premium guarantees that benefits will increase with inflation.

Consumers should also find

out when benefits begin and how long they will be paid. Generally, the earlier the benefits start, the more expensive the policy. Consumers must decide how much out-of-pocket expenses they can afford to pay before the insurance policy benefits begin. Do not buy a policy that requires you to be in a hospital or other institution before you can collect benefits, Cude warned.

Seniors plan fall tour through New England

The fall foliage and historic scenery of New England will welcome Maine Township Seniors during a 10-day motorcoach getaway later this year.

The trip is scheduled for Sept. 29 through Oct. 8. Reservations will be accepted on a first-come, first-served basis, and require a \$100 deposit. The total cost is \$1,369 per person, double occupancy, and \$1,778 per person,

single occupancy. Final payment is due by Aug. 15. For more information, call Sue Neuschel, Director of Adult and Senior Services, at (847) 297-2510.

Membership in the Seniors is free and open to township residents ages 65 and up.

The tour will include a boat cruise through the Thousand Islands area of the St. Lawrence Seaway in Canada; shopping in

Lake Placid, New York; a visit to the Maple Museum in St. Johnsbury, Vermont; a lobster dinner in Portland, Maine; and sightseeing in historic Boston.

The cost includes round-trip, deluxe motorcoach transportation; nine nights of deluxe hotel accommodations; nine breakfasts, two lunches and nine dinners; all sightseeing tours and admission charges.



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SENIOR SEASONS

Register now for Emeritus Fall Class offerings

A variety of courses will be offered through Oakton Community College's Emeritus Program in the fall. These 16-week classes run Aug. 25 through Dec. and are held at Oakton's Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

Applied Psychology: Psychology of Personal Growth (PSY 107 015, Touch-Tone code 0121)

understand what this odyssey means for you now that you are in the midst of your "older adult: transition." Of particular importance are your values and motivational factors. The class meets on Wednesdays from 9-11:50 a.m.

Psychology of Aging: Adult-

hood and Old Age (PSY 205 001, Touch-Tone code 7301) exam-

ines the development of the nor-

mal adult from young adulthood through old age. Investigate the current theories of life span and adult development. There will be a special emphasis on physical, intellectual and emotional development as well as retirement, death and dying. The class meets on Fridays from 9-11:50 a.m.

History of Britain and Ireland (HIS 222 001, Touch-Tone code 9089) analyzes the history of Britain and Ireland, from the end of the Tudor years through the seventeenth and eighteenth centuries, the Age of Revolution, the Victorian Era, the years leading up to World War I, appeasement, the Depression and World War II. Students will pay special attention to the movement for Irish freedom, and to the growth and decline of Britain's Empire. Class discussion will focus on past issues as they relate to the present. The class meets on Wednesdays from 9-11:50 a.m. and is taught by Frank Sullivan.

Students can register for these and other Emeritus fall credit offerings in Room A-100 at the Skokie campus and Room 1140 at the Des Plaines campus. Those who have registered for Oakton or Alliance for Lifelong Learning (ALL) classes within the last three years and have their correct Social Security number on file, may register (using the codes listed next to the course titles above) by the Touch-Tone telephone system at (847) 635-1616.

Tuition is \$37 per credit hour for persons under 60 and \$18.50 per credit hour for persons over 60 who live in-district. The tuition is \$138.50 per credit hour for persons who do not live in-district. A \$15 registration fee is required for persons under 60 or for those who live out-of-district. For a brochure listing all of the programs, seminars and tours available, including registration information, call the Emeritus office at (847) 635-1414.

"Many Americans anxiously await the availability of affordable health care through the Medicare program," Durbin said in offering the amendment. "We cannot in good conscience tell them they must wait longer and hope they don't get sick. We can't keep raising the bar for health protection for seniors."

Citing a recent study which indicated only one-third of retirees had health insurance from a previous employer compared with 44 percent in 1988, Durbin said

Register for Emeritus fall class offerings

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Fundamentals of Acting (THE 103 002, Touch-Tone code 1337) is designed to develop your stage skills in concentration, imagination and observation. Students also learn voice and body control. The class meets on Tuesdays from 2-3:15 p.m.

International Relations (PSC 202 050, Touch-Tone code 7283) examines whether the "New World Order" of the early 1990s has given way to a "New Disorder" that threatens to tear the international system apart. Find out if there is a new "Clash of Civilizations", with the forces of nationalism and tribalism or "Jihad" fighting the forces of globalization on Western terms, referred to as "McWorld". The class meets on Mondays from 6:30-9:20 p.m.

Saying the budget package violates a national commitment to elderly Americans, U.S. Sen. Dick Durbin offered a motion to strike a provision in the budget spending package which raises from 65 to 67 the age at which seniors can participate in the Medicare health insurance program.

"Many Americans anxiously await the availability of affordable health care through the Medicare program," Durbin said in offering the amendment. "We cannot in good conscience tell them they must wait longer and hope they don't get sick. We can't keep raising the bar for health protection for seniors."

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For a brochure listing other Emeritus programs, seminars and tours, including registration information, call the Emeritus Office at (847) 635-1414.

Durbin moves to protect Medicare eligibility age

increasing Medicare eligibility to 67 would escalate the already increasing number of uninsured retirees. He added that in 1993, large employers provided coverage for 71 percent of early retirees, a figure which dropped to 63 percent in 1996. In Illinois, a 60-year-old with a health problem could face an annual out-of-pocket premium of more than \$10,000 for health insurance, Durbin added.

"Delaying the Medicare eligibility age will lead to an increased number of Americans who, at age 65, will not be insured just when their medical needs are substantial and rising," Durbin said. "Two years may not seem a long time to budget writers in Washington, but it's an eternity when a senior is sick and struggling to pay medical bills."

SENIOR SEASONS

Emeritus Fall Class Offerings

A variety of courses will be offered through Oakton Community College's Emeritus Program in the fall. These 16-week classes meet Aug. 25-Dec.19 and are held at Oakton's Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

Myth, Mankind and Human Behavior (ANT 200 001) is a cross-cultural examination of how myths, rituals and archetypes show the relationship between the known and the unknown, both around us and within us. Join Lance Lindquist for this Monday class which meets from 9-11:50 a.m.

Theater (HUM 131 002, Touch-Tone code 0689) is designed to show students how to

become a more "hip" participant in the theatrical experience. Enhance your knowledge of acting, directing, stagecraft, the role of the playwright and drama critic.

Go behind the scenes and see what makes theater work. Several trips to the theatrical productions will be an added bonus. Karol Verson teaches this class on Mondays from 9-11:50 a.m.

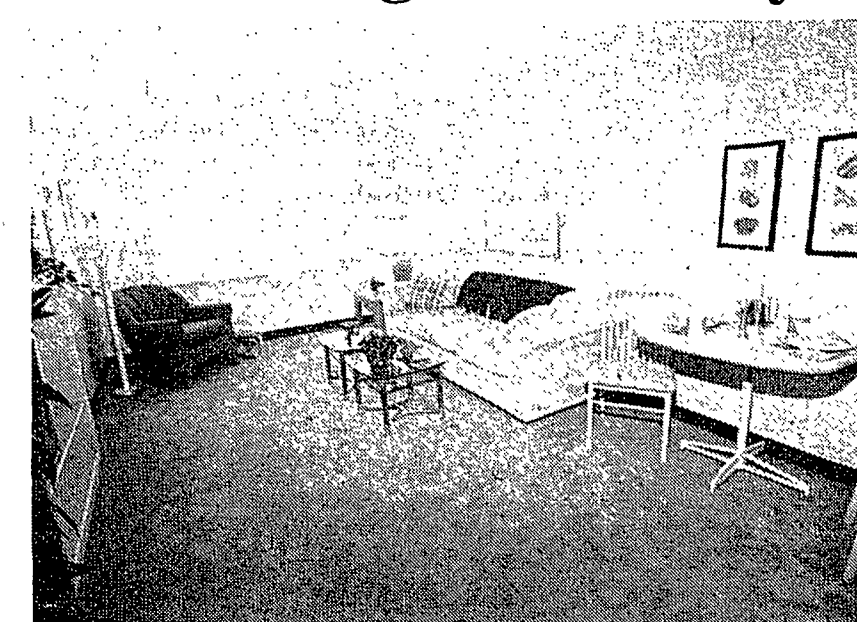
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Model open at Weinberg Community



A one-bedroom model apartment is now open for viewing at North Shore Place For Assisted Living, which is due to open July, 1997 in Deerfield, IL. Council for Jewish Elderly (CJE) is developing North Shore Place and The Friend Center for Early Alzheimer's Care as part of the \$24 million Harry and Jeanette Weinberg Community for Senior Living on 10 acres at Lake Cook Road near Wilmet. The Harry and Jeanette Weinberg Community is a project of Council for Jewish Elderly, in partnership with the Jewish Federation of Metropolitan Chicago. Since 1972, CJE has been meeting the growing needs of older people and their families across metropolitan Chicago. For more information, or for an appointment to view the model apartment, call (847) 374-0500.

The nutritional needs of older adults

Researchers say it's unlikely that people aged 25, 50 and 80 all have the same nutritional needs.

Yet, many of the current Recommended Daily Allowances (RDA) of vitamins and minerals listed for people between the ages of 25 and 50 are the same for individuals aged 50 and over. Since sound research on the nutritional needs of older adults wasn't previously available, there was no way of ensuring the accuracy of these separate recommendations. A new review in the *Journal of the American Dietetic Association*, however, suggests that such data may now be available, and that many of the current recommendations based on younger and middle age adults may not always be the best advice for older adults.

For instance, the current RDA for riboflavin (vitamin B-2) is based on the amount of the vitamin needed to saturate tissue stores in young adults. Since the need for riboflavin seems to vary depending on calorie requirements, this level was reduced to create the current amount recommended for older adults' generally lower calorie needs. The recent review, however, reports that new studies find older adults, because of the way their bodies utilize the nutrient, may actually need the same amount of riboflavin as younger adults, 1.1 milligrams (mg).

An increasing focus on preventive health may also result in changes in the recommended daily amounts of three other B vitamins: folate, B-12, and B-6. The present RDAs are based on amounts necessary to create what were considered "normal" blood levels and other metabolic indicators in young adults. Again, the recent review of research reported that studies now suggest amounts needed by older adults may be different. A risk factor for heart disease, excess homocysteine in the blood is moderated by the effect of B-vitamins. Since homocysteine levels tend to rise when B-vitamins are lack-

ing, older adults who are greater risk for heart disease, may need to boost their intake of B vitamins.

The review suggests that older adults should try to get about 2.0 mg of B-6 and 400 micrograms (mcg) of folate, which also seems to inhibit the development of cancer. Despite the potential for multiple health benefits, one study says that 75 percent of elderly men and 90 percent of elderly women currently do not get this much folate from their diets. New efforts to fortify flour with folate may help to boost consumption in older adults and

throughout the population. Reaching the nutritional goal of eating five servings of fruits and vegetables a day could have an even greater impact on health.

For a free brochure with tips on how you can be your best after fifty, send a self-addressed, stamped (55-cent postage) to: AICR, Dept. AF, Washington, DC 20069.

"Nutrition Notes" is provided as a public service by the American Institute for Cancer Research, Washington, D.C. 20069.

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Seniors have special dental needs

Senior citizens, the fastest growing portion of the U.S. population, are keeping their teeth longer than prior generations and have special dental needs, according to dentists at the 45th annual meeting of Academy of General Dentistry.

As the population ages, the dental needs of the individual over 65 become increasingly spe-

cialized; each individual has different medical problems and take different prescriptions which can adversely interact with dental anesthesia. Dental patients, especially the elderly, need to keep their dentist informed of any changes or updates in their medical history to help prevent potentially harmful drug interactions or health conditions.

"Many medications cause a decrease in the saliva flow which suppresses the normal buffering action of the saliva," said Fred Margolis, DDS, one of 50 featured clinicians at the Academy of General Dentistry's annual meeting, president of the Illinois Foundation of Dentistry for the Handicapped (IFDH), and staff dentist at a residential facility for the developmentally disabled. "The resulting dry mouth condition can lead to dental decay and dry mouth, which can lead to tooth loss."

"Special mouth rinses can be prescribed to increase the saliva flow and reduce plaque build-up," said Dr. Margolis.

Adult tooth loss is often a result of oral disease and not the aging process.

Regular dental visits are essential for senior citizens, even for the 44 percent of elderly adults who no longer have their teeth. Dentists can adjust uncomfortable dentures and screen for oral cancer: each year, more than 8,000 people die of oral and throat cancer according to the Center for Disease Control (CDC).

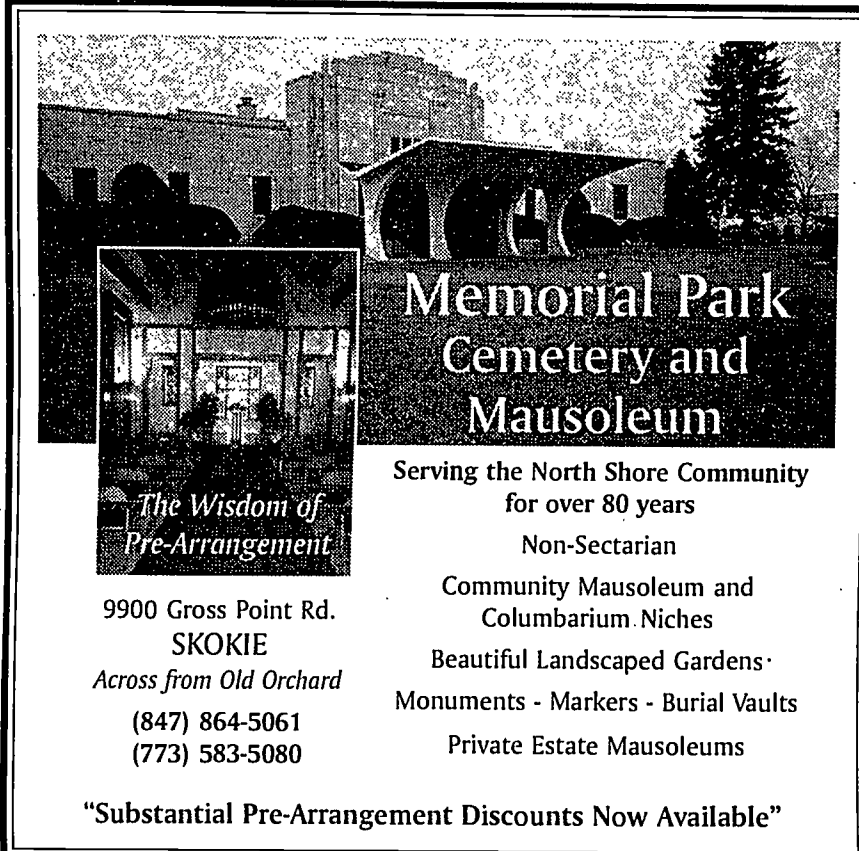
In order to avoid oral diseases and maintain their natural teeth, seniors who do not have a regular dentist should select a dentist and schedule a consultation visit, advised Dr. Margolis. "Talk to the dentist, make sure you feel comfortable. Explain your condition, concerns and bring your medication list." Homebound seniors can contact local dental societies regarding mobile dentistry programs.

Seniors planning to enter a nursing home should inquire about the dental consultant and their personal care giver. Currently, 1.5 million seniors receive care in 16,700 nursing homes and 50 to 77 percent of those nursing home residents experience total tooth loss.

Family members should play an active role in encouraging the oral health of homebound seniors or those in nursing homes by helping them schedule regular dental visits.

Dr. Margolis is one of more than 50 clinicians presenting the latest developments in oral health and technology at the Academy of General Dentistry's 45th annual meeting, July 31-Aug. 3, 1997, in Chicago.

The Academy of General Dentistry is an international dental organization of 35,000 general dentists from the United States, its territories and Canada. As members, these dentists are dedicated to continuing education to ensure the best possible care for the patient.



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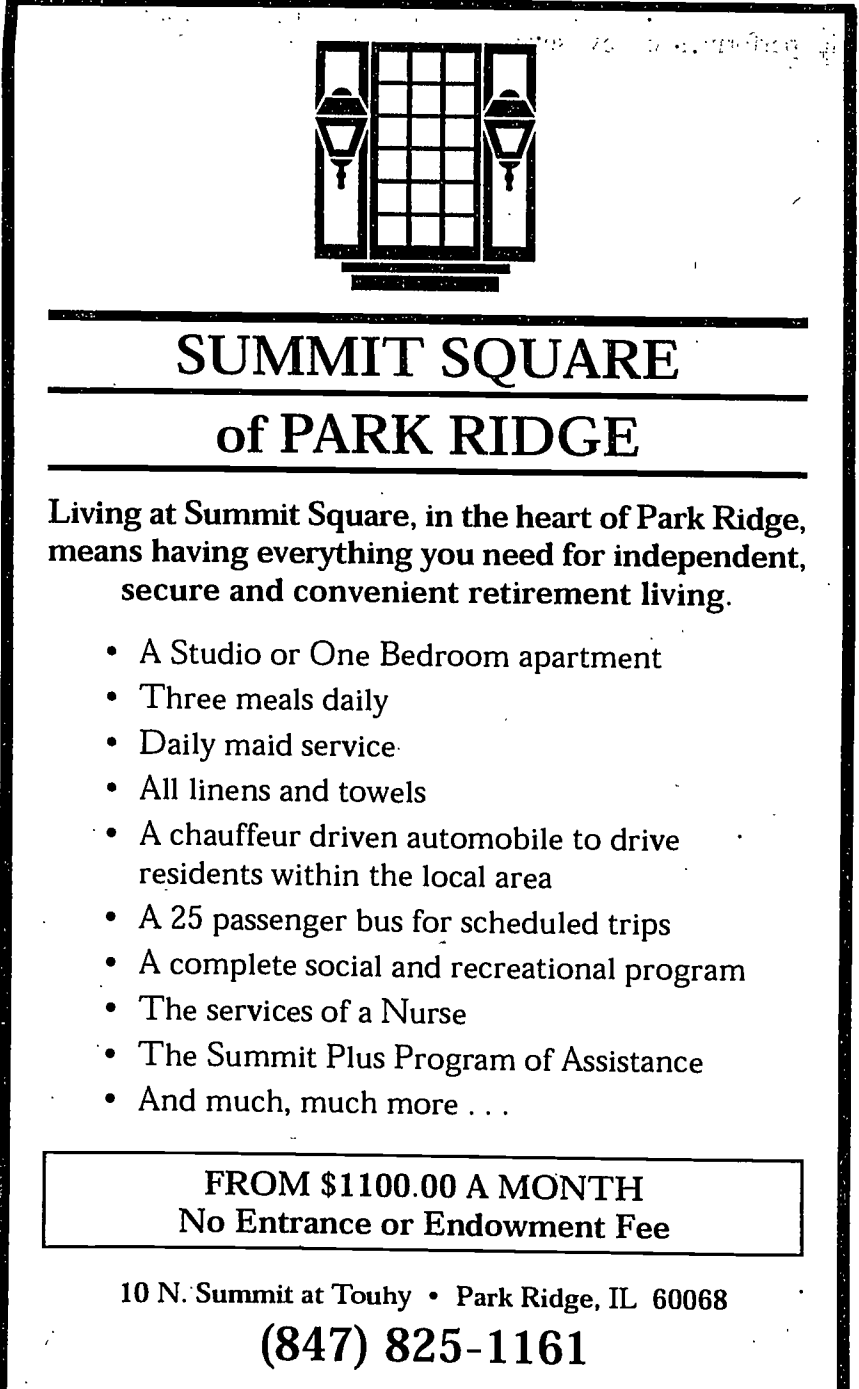
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"LET'S FACE IT"

"Let's Face It" is a monthly program held at the senior citizens apartments at 9016 Waukegan (the White House). The next meeting is at 2 p.m. on Thursday, July 17 and is moderated by Dick Zembron, M.S.W., of the Flickinger Senior Center. This group focuses on topics of interest to those who attend and the community is invited.

PRIME TIMERS

The North Shore Prime Timers Club enjoys a variety of programs, dining out in new places and the theater as well as meeting people from surrounding suburbs. For more information about the Prime Timers, call Lee Lippai at 966-6959. They will enjoy a Paddle Boat Ride on the Fox River with departure at 11:30 a.m. on Friday, July 18. The cost for the day is \$25. Lunch is included on the cruise.

DIABETES SCREENING

Non-insulin-dependent diabetes is gradual in onset and usually occurs in adults over age 40. Some of the warning signs are: blurred or any change in vision, tingling or itchy skin, slow healing of cuts and bruises, and drowsiness. Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, July 22 in the Flickinger Senior Center. People coming in for the screening should fast from the evening meal of the night before.

OSTEOPOROSIS AWARENESS FORUM

Rush North Shore Medical Center presents this free program at 7:30 p.m. on Wednesday, July 23. Come and learn how to determine the risk for osteoporosis with bone density testing. Michael Racenstein, M.D., radiologist and Debra Schlossberg, M.D., gynecologist will focus on prevention as well as treatments. Risk factors for osteoporosis are:

- early menopause (before age 45),
- post menopause,
- caucasian race or Asian ethnicity,
- family history,
- lifestyle factors: inactivity, excessive alcohol or caffeine use, smoking; and
- chronic use of steroids

ONEIDA & OOMPA

Save Thursday, July 24 and Friday, July 25 for a great time in Wisconsin! Depart for an afternoon session at the Oneida Casino and receive a rebate book for cash and food. Then, on to the Best Western Hotel to relax, swim or return to the casino. The following day, after an included breakfast, be treated to a tour of Milwaukee and then Germanfest featuring Oompa bands, German cuisine and more. The cost of the trip is \$164/single, \$139/double, and \$134/triple. Depart the Prairie View Community Center on July 24 at 9 a.m. and return around 7:30 p.m. on July 25. For more information, call Catherine Dean at 965-1200.

MALL TRIPS

The Morton Grove Senior Center operates five days a week, transporting seniors free of charge to destinations in Morton Grove. On the last Tuesday of each month it makes two trips to Golf Mill Mall at 9:15 and 10 a.m. with return trips at 12:15 and 2 p.m. To reserve a trip on Tuesday, July 29, call the Morton Grove Senior Hot Line at 470-5223.

CRUISIN' THE MISSISSIPPI

This three day adventure from August 10 to 12 begins with a narrated tour of the Amana Colonies. These villages have remained true to their ancestors' values and traditions. Then travel on to Bettendorf and an overnight stay at Jumer's Castle Lodge. There will be an opportunity to gamble on the Lady Luck Casino or enjoy the beautiful Jumer's Resort. The next day, relax on the promenade deck aboard an old-time steamboat as the captain points out sights of interest along the way. Overnight accommodations will be in Galena, IL at the Chestnut Mountain Resort. A tour of historic Galena will highlight the final day with time to browse before "cruisin'" homeward. The cost of the trip is \$525/single, \$380/double, \$370/triple, and \$350/quad. Depart the Prairie View Community Center on Sunday, August 10 at 7:30 a.m. and return around 5 p.m. on Tuesday, August 12. For more information, call Catherine Dean at 965-1200.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200. To receive the "Seniors in Morton Grove" newsletter, send \$2.50 to the Morton Grove Park District, 6834 Dempster Street, Morton Grove, IL 60053.

SENIOR SEASONS

Township seniors enjoy comedy, music of 'We Three'



Members of the Maine Township Seniors visit with We Three, a vaudeville trio that performed at the Seniors' recent luncheon. Pictured (front row, left to right) are LaVilla Schmolde, Alvera Tollman and Pat Larson, all of Des Plaines; (back row, left to right) Township Supervisor Mark Thompson; and Dan Cullitan, Jerry Sullivan and Ken Riehl of We Three. More than 3,800 residents are part of the township's group for older adults. Most activities are limited to members, but there's no cost to join and new members always are welcome. To join, you must be at least 65 years old and live in Maine Township. For more information, call Neuschel at (847) 297-2510.

State ID cards at Niles Senior Center

The Niles Senior center, in cooperation with the Secretary of State's office, will be offering free identification cards for residents age 65 or older and persons with disabilities. This special photo State identification session will be on Thursday, August 21, 1997 from 9:30 a.m. to 2:30 p.m.

Those individuals under the age of 65 may obtain photo ID cards at the most convenient drivers facility for a fee of \$4. Drivers and nondrivers may be issued a photo ID provided they submit three acceptable forms of identification.

Medicare concerns lecture

Peggy Pointer, an Illinois Medicare outreach representative, will speak on fraud investigations, fair hearings on complaints, and other topics of concern to Medicare beneficiaries at 7:30 p.m. on July 17, in Evanston Hospital. The meeting will be in the doctor's dining room and free parking passes will be given to those who attend.

Ms. Pointer has been with the Medicare program for 13 years. She has investigated fraud, been a fair hearing officer, and trained staff for the program. Her background includes a B.S. degree in bacteriology from Southern University of Baton Rouge, LA.

Violinist in Devon Bank program for seniors

Rachel Barton, 22 year old violinist, winner of numerous prizes and honors, both in the United States and internationally, will perform for seniors at Devon Bank. This special morning of entertainment will begin at 10 a.m. on Wednesday, Aug. 13 at 6445 N. Western Ave. in Chicago. Refreshments will be served before the performance.

Ms. Barton who began violin study at age 3 1/2, has appeared as a soloist with orchestras across North America and Europe. She has been a winner of competitions in Germany, Hungary, Austria, Canada and the United States. She has released compact discs, including Sarasate Spanish Dances and Handel Sonatas. Her performance at Devon Bank will include works of Vivaldi and other violin favorites.

Devon Bank sponsors free entertainment for senior citizens on the second Wednesday of each month. The bank has free senior citizen checking with direct deposit, which assures the safe, on-time arrival of government payments. Seniors with questions about Devon Bank products, services or the scheduled programs should call Iraida Carrasco at (773) 465-2500 ext. 1302 during regular banking hours.

**USE
THE
BUGLE**

Senior Lifestyle Expo for seniors and their families

September 4th and 5th, 1997 are dates that Chicagoland seniors and their families should mark on their calendars as a "must see", as the 2nd Annual Senior Lifestyle Expo is scheduled to take place in Westmont, IL.

This two-day event offers a wide variety of programming, special events and exhibitors showcasing their products and services to the senior market. Due to a highly successful 1996 Expo, more than 5,000+ seniors and their families are expected to attend and partake in the fun-filled and informative seminars, workshops and live entertainment at the event.

Throughout the two days, many ongoing educational seminars will take place at the event. Attendees will be able to discover and learn about the latest advances in various subjects including healthcare, employment, housing, travel, nutrition and finance. Companies and organizations will also be offering free health screenings.

Seniors will also be able to join in the fun and learn to line dance with the **Biggest Country Western Ho-Down**, featuring the Windy City 2-Steppers. Other exciting entertainment events include performances by several singing and dancing troupes, well known in the Chicago area.

In addition, radio personality **Wally Phillips** will be on hand both days to talk to seniors about his days in Chicago radio. A performance by **PRIMUS Theatre**, a group that includes performers in

their 50's, 60's and 70's, is another big attraction at the Expo. Plus, for seniors and their families who prefer to be more a participant than a viewer, a rowdy Family Feud Game is also scheduled during the event.

Presented by the Northeastern Illinois Area Agency, the Senior Lifestyle Expo is being held at the Inland Meeting & Exposition Center, just minutes from Oakbrook Shopping Center. Tickets are \$3 at the door and \$2 for groups (15 or more) who order in advance.

In addition to providing a fun and informative two days of activity, 100% of the proceeds will go to benefit the Holiday Meals on Wheels program. This program provides hot nutritious meals to seniors on holidays and weekends. For more information about the Senior Lifestyle Expo, please call (800) 528-2000.

Senior Center Flower and Garden Show

The Niles Senior Center will host their third annual Flower and Garden Show on Friday, August 22, from 11 a.m. to 2 p.m. at the Trident Center. Niles senior residents are encouraged to participate by displaying their flower and garden items. All residents are invited to see the displays and enjoy a \$1.00 hot dog lunch.

Niles seniors interested in entering the show should register by calling the Senior Center at 588-8420.

In. Out.

Now a person can be in and out of Bethany Terrace Nursing Centre in no time, because short-term stays have never been more convenient. For example, someone who needs temporary nursing care after extended hospitalization can recuperate at Bethany before returning home.

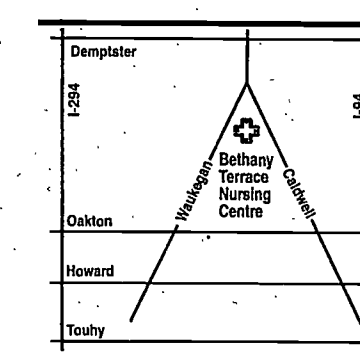
Bethany Terrace has expanded our specialized programming for those with early stage dementia. The activity-based program is designed to enhance a person's quality of life, and the staff have special training to meet the needs of those with dementia.

Respite care, which provides relief for primary caregivers at home, is another good reason to arrange a short-term stay at Bethany.

No matter what level of care is needed, or for how long, every Bethany Terrace resident receives the best professional services and personal attention, in a warm and inviting environment.

Insist on the best, check out Bethany Terrace.

For more information call (847) 965-8100.



**Bethany Terrace
Nursing Centre**

8425 N. Waukegan Road
Morton Grove, IL 60053

SENIOR SEASONS

Seniors warned about hot weather

Illinois Department on Aging Director Maralee I. Lindley is reminding senior citizens that with the onset of summer, precautions should be taken to cope with extreme heat and high humidity.

"Health problems and isolation are factors that make older people particularly susceptible to heat stress which can be life threatening," said Lindley. "Common sense tips to 'beat the heat' should become a way of life in the summertime."

"It's also important for family members, friends and neighbors to check on older people who may be unable or unwilling to seek assistance. Keep in mind that during dangerous heat conditions, most local communities have cooling centers that can accommodate individuals at risk," Lindley said.

Common sense tips for handling the heat include the following:

- drink lots of water and natural juices,
- avoid going out into blazing heat, if possible,
- keep shades drawn and blinds closed, but windows slightly open,
- keep electric lights off or turned

Runners should be aware of air pollution

As the weather warms up, thousands of runners will take to the nation's streets and trails. And while most will be prepared to brave bad knees, reckless drivers and torrential rains, too few are ready to take on one of the greatest threats to a runner's health: air pollution.

Because runners breathe quickly and deeply, they inhale relatively large volumes of air and air pollution. Combined with some of the worst air quality in the country, air pollution poses a serious health risk for runners in metropolitan Chicago. Fortunately, runners can use simple precautions to minimize exposure to air pollution.

"Research indicates that common levels of air pollution in the Chicago region can cause coughing, wheezing, labored breathing and asthma attacks," says Ron Burke, director of environmental health for the American Lung Association of Metropolitan Chicago (ALAMC). "Runners are vulnerable because they breathe more air and, therefore, more air pollution."

Air pollution levels are particularly high in the summertime when heat and sunlight react with pollutants emitted from cars and factories to form ozone smog.

In a recent study conducted by Patrick L. Kinney and his colleagues at the Columbia School

- down,
- take cool baths or showers; use cool towels,
- remain in air conditioning either at home or at a cooling center,
- wear loose, light cotton clothing,
- avoid alcoholic beverages, coffee and colas,
- do not eat heavy meals,
- avoid using cooking ovens,
- avoid or minimize physical exertion.

check on family members, friends and neighbors.

During heat emergencies, communities are involved in door-to-door outreach; senior centers, adult day care sites and other familiar buildings serve as cooling centers; and information and assistance is provided on an ongoing basis through the network of local agencies serving older persons.

For further information about local programs and services available to assist older persons, call the Illinois Department on Aging toll-free at 1-800-252-8966 (Voice and TTY).

Belden Baptist summer day camp

A summer day camp teaching basic skills in sports, crafts and music to children in the community, with a Bible challenge, is being held at Belden Regular Baptist Church, 7333 N. Caldwell Ave., from 6:30-8:30 p.m. It is running four more consecutive Tuesday nights (July 22, 29, August 5, 12).

This "Triple S Master's Camp" (Sports, Skills, Scriptures) is for children going into grades 3-8 and will feature a basketball clinic and rookie football; a music camp introducing children to the fundamentals of reading notes, keeping time, etc.; crafts such as tatting, sewing, beading, painting. These skills and craft activities will be followed by a brief teaching on character and spiritual values. There is a \$10 registration fee which includes materials and a t-shirt to wear while attending camp. For further information, call (847) 647-7511.

Neighbors Helping Neighbors

Glenview based Our Lady of Perpetual Help (OLPH) helps neighbor Congregation B'nai Jehoshua Beth Elohim (BJBE) (Glenview) by lending its facilities to the congregation for Friday night worship services. This Summer, during BJBE's major building renovation.

By lending their facilities to the congregation, for Friday night worship services, OLPH transcended the differences in the observation of religious beliefs and fulfills the commandments, by performing a truly kind, virtuous act, or good deed, called a mitzvah.

For information about Summer worship services contact Shari Bauer (847) 729-7575 at BJBE, or on-line at <http://www.shamash.org/reform/uahc/congs/il/1010>.

Rules of the Road class

If you would like to review the "Rules of the Road" for your own safety's concern or because you are about to renew your driver's license, you are invited to attend the "Rules of the Road" class to be held Friday, July 18th, at 9:30 a.m. at 1580 N. Northwest Highway, Park Ridge. The class will be held in the conference room on the ground floor of the building, which is accessible by a ramp at the front entrance.

This class is offered in cooperation with the Secretary of State's office. It is open to all and there is no charge.

We ask that you call 847-823-0453 to make a reservation so that we will be sure to have sufficient materials available.

For more information on air pollution, call the American Lung Association of Metropolitan Chicago at (312) 243-2000.

Morton Grove Senior Citizens
470-5223

Alzheimer's Support Group meeting

The Chicago Chapter of the Alzheimer's Association and the Wealshire, an activity-focused care facility for persons with Alzheimer's and related dementias, will sponsor a family support group meeting.

The meeting is designed for family members who care for Alzheimer's sufferers, and will include information on disease specifics, current research, practical care techniques and community resources.

The Wealshire
150 Jamestown Lane (West on 22, North on Milwaukee)
Lincolnshire, IL
847-883-9000
Tuesday, August 19, 7 p.m.
These meetings will be held

every third Tuesday of the month.

Christa Duetsch or Colleen Thon The Wealshire- 847/883-9000
<http://www.wealshire.com>

The Wealshire is a state-of-the-art, activity-focused care facility in a homelike setting for persons with early, mid, and late stage Alzheimer's and related dementias. Incorporating the latest medical and environmental research, our specialized care focuses on the abilities, not the disabilities of the individual. The mission is "to honor the ongoing living of life, enjoying dignity and well-being in a shared, caring relationship with residents, family and staff."

Community Dessert Bake-Off

On Sunday, July 20, at 1 p.m., Norwood Park Home, 6016 N. Nina Ave., will host its 3rd annual Community Dessert Bake-Off. All ages are invited to enter their favorite dessert recipes for a chance to win valuable kitchen appliances.

Let everyone taste the delicious treats you usually prepare in the privacy of your own home. Do you make a banana cream pie that your family raves about? Does your strawberry shortcake have a heavenly taste? Just call (773) 631-4856 to obtain an entry form, and you may walk home

with first prize.

The Home invites all those interested to come the day of the event to sample the desserts.

Entry forms must be received by Thursday, July 17. All participants must be present to win. Prizes must be collected immediately following the event.

Norwood Park Home hosts a special event each month as a way of bringing the residents and the community together. If you're interested in volunteering or would like to obtain a special events calendar, call (773) 631-4856.

AARP Skokie Chapter #3470 meeting

AARP Skokie Chapter will hold its next meeting on Tuesday, August 5, at 1 p.m. in the Pet-

Single Jewish Grandparents

Event: Ravinia Family Center
When: Saturday, July 19, 1997, 11:00 a.m.
Cost: \$3 Lawn Seats; \$5 pavilion seats (reserved)

We will meet in front of the pavilion at 10:30 if you are sitting on the lawn. For pavilion seats, please contact June at (847) 229-1223 by July 9, 1997 and reserve with a check.

This is a great event for all parents, grandparents and children of all ages!

ty Auditorium of the Skokie Public Library, 5215 Oakton St., Skokie.

The "Music Makers," well known performers, will do numbers from Broadway shows, as well as music from the '20s, Westerns and Latin Rhythms.

Refreshments will follow. Call President Sid Sonin, (847) 824-2821, for further information.

NARFE Chapter 2118 Meeting

A regular meeting of the National Association of Retired Federal Employees Chapter 2118 will be held on Friday, August 1st at 1 p.m. at Warren Park Field House, 6601 N. Western Avenue, Chicago.

Educational success of children, a common goal

Dear Editor:

Political posturing has replaced common sense in recent education funding reform discussions in Springfield. What has been lost in the bickering is the realization that we have a common goal -- the educational success of our children.

Special interest groups are blasting Senate Republicans for not passing their plan -- which required the largest state income tax increase in Illinois history during a time when a strong economy is providing significant revenue growth. Despite opponents' claims, the fact is that Senate Republicans passed a plan that would have provided nearly \$500 million for education -- without an income tax increase. It would have achieved a recommended per-pupil expenditure of \$4,050; provided for a \$1 billion capital plan to help school districts repair, update and expand their buildings; and required reforms that would help local officials better educate their students.

All this was achieved without asking hard-working taxpayers to give us more of their paychecks. The plan primarily relied on a better-than-expected economic performance, but also included a modest increase in the telecommunications tax and cigarette tax. In stark contrast, House Speaker Michael Madigan's plan re-

quired a 25 percent increase in the state income tax and still didn't pay for itself. It offered some property tax relief, but no guarantees. School construction needs were expected to rely on a mediocre grant program that was subject to the appropriations process each year. And the plan did not have the kind of changes necessary to make a difference in our students' education.

But for Speaker Madigan, it was his plan or no plan. He killed our plan and refused to consider any compromise.

Despite the political gamesmanship, Illinois students will not suffer. Both chambers approved a Fiscal Year 1998 budget that provides more than a quarter-billion in new funding for our schools -- including help for the poorer school districts and more dollars for textbooks, alternative schools, pre-school and other important programs.

We all should know by now that simply throwing more money at a problem is not the answer. Hard-working, tax-paying families deserve better. We want our investment to reap the kind of educational returns vital to the success of our children.

Sincerely,
Walter Dzywicz
Assistant Senate Majority Leader, 7th District

Reader cites 'Left Hand' comments on baby killing

Dear Mr. Besser:

I have just finished reading "From the Left Hand" dated July 10. Inasmuch as I am not given to writing letters to editors my first reaction was of disbelief and horror that you could actually take the stand that you so cavalierly express. I simply threw the paper down in disgust and went about my business -- or tried to. But I simply could not get it out of my mind and heart. The outrage demanded action.

What has our country come to when an intelligent person in a position such as yours tells us that we should simply overlook the taking of human life because this young woman was an honor student and a swimmer at Maine East High School.

Should we be compassionate? Of course. My heart goes out to the parents of this girl, as well as to the girl herself. But my compassion does not extend to exonerating her from the horrible act of killing a child -- her own flesh and blood!

It is only fitting and just that we as a society react in revulsion at such blatant taking of human life. The fact that she was an honor student, hence undoubtedly high-

ly motivated and intelligent, only serves to add to her guilt. It is in her own best interest that she be given the opportunity to reflect on what she has done. Both justice and mercy demand this.

I do not feel she should necessarily be given a life sentence (although that is exactly what she has condemned her child to) but the sentence should be of a duration that is commensurate with the gravity of the offense.

One thing more. The society that this young person was raised in certainly contributed to her lack of respect for life. She and all our young people have my sympathy in this regard. It is only to be expected that if our laws say it's okay to take life moments before birth, why shouldn't we go a step further and strangle a newborn.

I sincerely hope that your office is flooded with letters defending the fact that life is God-given and precious, and that no one has the right to snuff it out.

Sincerely,
Geri Janzen
Niles, IL

Nilesite seeks referendum on Joz Park

Dear Editor:

I am writing to voice my opinion and concern about the "Joz Park" relocation issue. (Background) I was born and raised in the inner city of Chicago. When I was a kid, our ballfield was an asphalt side street. None of the neighborhood ballfields or parks could even come close to being as nice as or create an atmosphere of good old fun at the ballpark for the entire family. ("Joz Park in particular").

My wife and I decided thirteen years ago to move to Niles for the following reasons:

- A. Niles was basically a village of single family homes that were not congested.
- B. Niles has excellent recreational facilities and programs.
- C. Niles has excellent schools and educational programs.
- D. Niles has a local government that "truly" cares about its citizens.

E. Niles was a great village to raise a family.

The decision was easy. We were going to relocate to a village that gave priority to the concerns of a young family as well as its senior citizens.

After thirteen years, I did not think I would be seeing a "penitentiary" being built on the corners of Touhy and Milwaukee. I did not think I would witness the extraction of playground equipment from a park with no real effort to replace it. I did not think I would hear of a plan to move one of our predominate parks to a location that I would refer to as "purgatory." I did not think I would witness citizens being forced to stand up and be recognized in the issue of "Joz Park" to local village politicians only to be heard by deaf ears. I wonder??

I only wish some of the people in favor of the so called swap could have attended the annual "Joz Days" Festival sponsored by the Niles baseball league and the Niles Park District. Imagine this, two ballfields filled with youngsters enjoying our national pastime, hamburgers and hot dogs cooking on the grill, fun and games being enjoyed by all, families young and old filling the entire park absorbing the atmosphere, batting cages and miniature golf filled to capacity. It was a sight and feeling I will not soon forget.

In closing I have no objection to renovating, updating present equipment, state of the art, etc., but PLEASE, leave a great thing alone. Let the people live their dream, let them vote on the issue. Put it to a referendum. "Let the people count".

Sincerely,
Thomas M. Barszcz
Niles Resident

Letters to the Editor

Marcus questions leadership in Niles

Dear Editor:

I've been reading with extreme interest the recent articles of concern of parents with the Niles Township day care facility. Their concern of slipshod safety, inadequate supervision, and less than professional administration, has forced them to take their complaints both, to the Niles Township Board and state and national agencies who regulate facilities and investigate complaints of this type.

As chairman of the Niles Township Coalition Party and as one of the candidates for Niles Township office in the last election, I and my colleagues ran for public office, to offer the township an opportunity to choose a more fiscally responsible voice with a deep commitment to be more responsive to the taxpayers of our community.

This one incident magnifies some of the issues we tried to raise during the campaign.

It is extremely disappointing when the township supervisor states, "that this township board is not responsible for the day care center's operation", even though the Niles Township Board created this center, allows usage of township facilities for its operation, and provides almost 50% of its funding (over \$99,000). The total expenditure breaks down to almost \$10,000 per child. One raises the question that maybe our tax dollars would be better spent by investing these subsidies into locally private day care facilities at considerably less cost and at the same time, freeing up desperately needed township meeting and administrative space.

The Mayor and his staff have proven once again that Niles is a great place to live and truly "where people count".

J. Nash
B. Stein

In these times of tighter budgets it is important for publicly elected officials to show leadership and direction when the need arises.

I believe that the expenditure of \$10,000 per child and the township supervisor's comments, that the board isn't responsible for its operation, even though the board created it, funds it to the tune of \$99,000, plus houses it in its own limited facility begs the question: Is this government body really providing this community with efficient, effective and fiscally responsible leadership?

Sincerely,

Shel Marcus
Chairman/Niles Township Coalition Party

Niles, "Where People Count"

Dear Editor:

As a 25-year + resident of Niles I would like to express my gratitude to Mayor Blase and Mr. Jun Noriega, Director of Public Works, for assisting my family with a problem we had on our property.

They handled the matter promptly, courteously, and to our total satisfaction within days after we first contacted the Village.

The Mayor and his staff have proven once again that Niles is a great place to live and truly "where people count".

J. Nash
B. Stein

SEND US YOUR NEWS
All press releases must be in our office by Friday for publication in the following week's edition.
Send to:
NEWS EDITOR
The Bugle Newspaper
8746 N. Shermer Road
Niles, Illinois 60714

Police News

Resident inducted into Sheriff's Legion of Merit



Cook County Sheriff Michael F. Sheahan (left) presents Investigator John Grammatis (center) with a plaque at the Sheriff's Annual Employee Awards Ceremony. Grammatis, a resident of Des Plaines, was inducted into the Sheriff's Legion of Merit at the ceremony. Also pictured is Deputy Director Dave Dioguardi, who was accepted a plaque on behalf of Grammatis' partner, Albert Moy, who was unable to attend the ceremony.

Fireworks Safety Facts

- Abide by all laws pertaining to fireworks.
- Always read and follow fireworks' directions.
- Do not use fireworks near dry grass.
- Do not use fireworks near flammable materials.
- Fireworks are not toys. Never point or throw fireworks at another person.
- Never attempt to re-light or fix fireworks that have not gone off.
- According to the National Fire Protection Association more than 11,400 people received fireworks-related injuries serious enough to warrant a visit to the hospital emergency room in 1995.
- In 1996 at least 136 people were injured in Illinois according to the results of a survey of hospitals.
- Many fireworks are designed to burn hot or to explode.
- Sparklers, which many people regard as harmless, burn at temperatures of up to 1800 degrees Fahrenheit (982 degrees Celsius).
- Keep at a safe distance from fireworks' staging areas.
- Children should always be supervised by an adult when playing with fireworks.
- Matches are tools and not toys. Children should never play with matches and should especially never use them to light fireworks.
- For the best possible fireworks safety, leave these dangerous devices to professionals. Attend licensed public fireworks displays.
- Tips are from the Office of the Illinois State Fire Marshal and the National Fire Protection Association.

Fireworks Definitions
From 425 ILC (Illinois Compiled Statutes) Section 30/2 Definitions
(a) The term fireworks shall mean and include any explosive

composition or any substance or combination of substances, or article prepared for the purpose of producing a visible or audible effect of a temporary exhibitional nature by explosion, combustion, deflagration or detonation, and shall include blank cartridges, toy cannons in which explosives are used, the type of balloons which require fire underneath to propel the same, firecrackers, torpedoes, sky rockets, Roman candles, bombs or other fireworks of like construction, and any fireworks containing any explosives compound; or any tablets or other device containing any explosive substance, or containing combustible substances producing visual effects.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, August 4, 1997, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s):

97-ZP-20 Mark Guzowski
3136 Osceola
Chicago, IL

Requesting a change in zoning from B-2 Special Use to B-2 Special Use to open service station for automobile repair with auto part supply store at 7007 Milwaukee Avenue.

97-ZP-21 Joseph Bachewicz
6217 Holbrook St.
Chicago, IL

Requesting a variation to required parking from 77 spaces to 63 and the reduction of the rear yard requirement from 20 feet to 0 feet to construct a Walgreen Store with drive-thru window at 7147-55 Milwaukee Avenue.

The Village of Niles to comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Abe Selman, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847/588-8000.

Protection order violation

A 36-year-old Niles woman called police when a 39-year-old Niles man showed up in the backyard of her residence in the 8500 block of North Terrace around 6:40 p.m. July 10.

When police arrived they found the victim in her automobile with a copy of an active order of protection against the offender. Police transported the offender to the Niles Police Department where he was charged with violation of an order of protection.

A special \$3,000 bond was set along with a special restriction that the offender is to stay away from addresses in the 5500 block of North Olcott Street and the 7500 block of west Bryn Mawr in Chicago in addition to the victim's residence.

Theft

A Niles Fire Department Chief reported July 8 that unknown offenders removed the Niles Fire Department sign from the west side of the station in the 8300 block of Dempster Street.

Forgery

A 41-year-old Des Plaines maintenance supervisor reported that his 20-year-old daughter, who has admitted stealing and cashing checks belonging to her father in the past, again forged a check in the amount of \$500.

The daughter, who was asked to leave the father's home, now resides with an unknown friend on Robin Road in Niles.

Burglary

A 69-year-old real estate agent told police she suspects that two men employed by a plumbing company she admitted to her home to give estimates on a bathroom repair job may have stolen over \$3,000 worth of jewelry from a locked case in her bedroom.

room.

The men were in the woman's home around 11:30 a.m. July 8. She discovered the jewelry missing July 13.

The 25-year-old manager of a kiosk at 456 Golf Mill Center reported that unknown offender(s) forced open the locked sliding door on a glass showcase and removed approximately 23 pairs of sunglasses with a total value of \$2,760 sometime between 6:30 p.m. July 6 and 8:50 a.m. July 7.

Theft

A 28-year-old employee of the home improvement store at 901 Civic Center was apprehended by store security July 10 at 7:54 p.m. after he made returns at two cash registers and withdrew a total of

\$267.63.

When he was searched, the security agent found a silver packet containing a white powdery substance that appeared to be a controlled substance. He was transported to the Niles Police Department where he was again searched and a second silver packet of the unknown substance was found. The silver packets were inventoried and sent to the crime lab to detect what the substance was and whether additional charges will be added.

A 56-year-old Niles man reported that unknown offender(s) entered his open garage between 8:30 a.m. and 9:10 a.m. July 7 and removed a snowblower valued at \$500, a trimmer valued at \$100 and a blower valued at \$60.

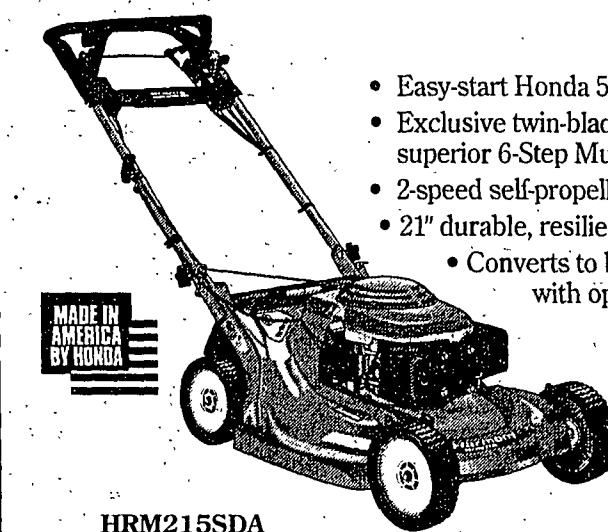
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Area resident receives award



Cook County Sheriff Michael F. Sheahan (left) and Executive Director David Devane (right) present Glenview resident Dimitrios Saitouras with a certificate at the Sheriff's annual Employee Awards ceremony, which was held recently to promote employee excellence.

Knights of Columbus elects new officers

On Saturday, June 14, The North American Martyrs Council 4338, installed their elected officers for 1997-98 fraternal year at St. John Brebeuf School's Flanagan Hall. 100 people enjoyed a delicious buffet dinner and enjoyed the installation ceremony and speeches.

The new officers for 1997-98 are:
Grand Knight - William Chase
Deputy Grand Knight - Richard Zapzalka
Chancellor - James Kaiser
Warden - Robert Litz
Recording Secretary - Melvin Koenigs

Treasurer - Tad Szeve
Advocate - Adrian Galassi
Inside Guard - Richard Disclafani
Trustee - 3 yr. - Robert E. Galassi
Trustee - 2 yr. - Andrew Beierwaltes
Trustee - 1 yr. - Lee Gerstenberger

Outgoing Grand Knight Bob Galassi is very proud to announce that our Council was awarded "Most Outstanding Council" in the State of Illinois for 1996-97 along with this great award, we were again #1 in Mental Health (Tootsie Roll Candy) Drive, with over \$28,400 collected, and #1 in

New Membership, with 22 new members this year (48 new in 24 months).

Bob would like to offer his sincere thanks to everyone that contributed to our Council's very successful year. "Through your efforts we achieved greatness & recognition."

Find out what the Knights offer catholic men. Become a Brother Knight. The Knights are not asking for someone's time - but their support. Interested in the Knights? Call Dick Zapzalka (847) 966-5953. Join the Knights!

A big thank you to Randy Greco, Chairman of the St. John Brebeuf Holy Name Society's Spiritual Assembly, and his staff for making the holy name spiritual assembly a special event at St. John Brebeuf. With our Brother Knights participating as honor guard and many other functions, the North American Martyrs Council had a great opportunity to show our community & parishioners the greatness of the Knights of Columbus Organization. Special thanks to all of the participating Brother Knights. It was truly a night to remember.

"Swap Crews" cleaning up Des Plaines

Labor crews from the Sheriff's Work Alternative Program (SWAP) will be working in Des Plaines on July 17 and 18, as a public service to the taxpayers of Cook County, according to the Office of Sheriff Michael F. Sheahan.

The SWAP Program is made up of non-violent offenders charged with DUI and other mis-

demeanor crimes who "swap" jail time for a community service sentence. Under the supervision of specially trained sheriff's deputies, the crews work throughout the county on a variety of public works projects such as cleaning parks, viaducts and streets.

For further information about SWAP call (708) 865-4960.

Some fireworks are illegal explosives

Fireworks that contain more than a quarter ounce of explosive substance are illegal explosives. These types of explosives are commonly under the name "M" series fireworks.

Possession of such explosives can lead to felony charges. Possession of fireworks with more than a quarter ounce of explosive substance could constitute unlawful use of a weapon, a Class 4 felony, punishable by up to three years in prison. The Illinois Explosives Act requires a license for possession of certain explosives. Failure to be licensed could mean charges of

unlawful possession of explosive materials, a Class 3 felony punishable by up to five years in prison.

"The destructive potential for some of these fireworks is tre-

mendous, and people should be warned that not only can they cause great bodily injury, they can also result in felony charges," said Cook County State's Attorney Richard A. Devine.

CUB urges phone customers to attend meeting

The Citizens Utility Board (CUB) is urging phone customers in Chicago and the suburbs to speak out against a phone industry plan to create new, unneeded area code at a public hearing of the Illinois Commerce Commission (ICC) being held July 21, in Libertyville.

The hearing, which is open to the public, will be held at 7 p.m., July 21, on the second floor of the Libertyville Council Chambers, 234 South State, Libertyville.

The phone industry's plan, which Ameritech filed with the ICC in May, would create a sixth area code in the Chicago metropolitan region and require customers to dial all 11 digits of a phone number when making local calls, even if the call is just across the street.

Implementation of the plan would begin in the suburban 847 area code in October 1998, and then be expanded to the rest of the suburbs and to Chicago.

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Business News

Workshops for the small business owner

SCORE (Service Corps of Retired Executives) is the volunteer counseling service of the Small Business Administration. Its purpose is to improve the success rate of small business through individual counseling and workshops.

If you're a business owner and would like an opinion about your operation or if you are just starting and want the fundamentals, then a SCORE workshop is the place to come. These workshops are conducted by SCORE counselors with many years of experience in their field.

HALF-DAY WORKSHOPS concentrate on specific aspects of owning a business. The **FULL-DAY WORKSHOP** covers the principles of business ownership.

The workshops for AUGUST are:

AUGUST 6: CASH FLOW: For current owners: If "cash flow" means "dry gulch" to you,

this workshop can mean greener pastures. For start-ups: cash flow can make or break business. A workshop for everyone.

AUGUST 13: BUYING OR SELLING BUSINESS: How much to ask?...how much to offer? Negotiations should lead to a win-win result. This workshop offers insights you never thought of.

AUGUST 14: FULL-DAY WORKSHOP...PRINCIPLES OF BUSINESS: Designed to give you a basic understanding of what is needed to operate a successful business. Subjects include: Financial basics, Business records, Taxes, Legal matters, Marketing and more.

Attend this full-day workshop and save 50% on each subsequent half-day workshop through the rest of 1997.

AUGUST 20: FRANCHISES:

Maybe a franchise would be better for you... maybe not. Learn what makes the difference and why not all franchises are the same.

AUGUST 27: HOME-BASED BUSINESS: Cottage industries are becoming the business of the future. Learn the advantages and pitfalls, especially tax-wise.

Registration fee for each half-day workshop is \$20 (\$10 after a full-day workshop). The fee for a full-day workshop is \$35. Fees are a deductible business expense. Check or money order may be sent to: SCORE Workshops, 500 W. Madison, Suite 1250, Chicago, IL 60661-2511. All workshops are at the same address and start at 8:30.

For workshop schedules and Chicago SCORE locations call (312) 353-7724. For information on SCORE in general and locations throughout the USA, see the SBA web site at: <http://www.smallbusiness.apple.com>.

Community Center opens for residents

Golf Mill Shopping Center, managed by General Growth Properties, Incorporated, has opened a **Community Center** for area residents, clubs and businesses. As with many of GGM's properties, Golf Mill is focusing on community related programs and features.

For a nominal fee, organizations can meet in a convenient location, with the use of a big screen television, VCR, banquet tables and chairs. The center is available during mall hours for both full and half day reservations for groups of 50 or less.

Ameritech announces consumer rate cut

Ameritech lowered its telephone rates to make prices even more competitive to Illinois business and residential customers under a planned \$54 million rate reduction filed with the Illinois Commerce Commission (ICC).

This is the fourth consecutive year of significant residential and business price cuts under Ameritech's Advantage Illinois plan, approved by the ICC in 1994. Ameritech's rate reductions since 1994 have meant total savings of about \$364 million for residential and business customers. Consumer rates were reduced by \$93 million in 1994, \$40 million in 1995 and \$31 million in 1996.

The lower prices will be reflected in several product and service areas, from Caller ID and directory assistance to line charges.

Professional Development Seminars

The Institute for Business and Professional Development at Oakton Community College is offering seminars in business development during the summer at the Des Plaines campus, 1600 E. Golf Road.

Word 6.0 for Windows: Intermediate focuses on the techniques used for producing multiple documents. These techniques include using templates, custom forms, Wizards, macros, mail merge and Auto Text, as well as creating tables. Prerequisite: Knowledge of Word 6.0 for Windows-Introduction. The seminar meets on Tuesday July 29 from 8:30 a.m. to 5 p.m. The fee is \$240.

Success Without Stress covers how to identify stress sources and build resilience to cope with unavoidable stress on and off the job. Focus is on self-awareness and self-management of personal patterns and development of a personal "success without stress" survival program. The seminar meets on Wednesday, July 30 from 8:30 a.m. to 5 p.m. The fee is \$225.

For more information, contact seminar registration at (847) 635-1932.

Real Estate Transactions #101

The Real Estate Institute will offer "Real Estate Transactions #101", the course needed before being able to take the Illinois Real Estate Salesperson Licensing examination. Classes will be held on Wednesdays from 7-10 p.m., beginning July 30, at the Bank of Lincolnwood Building, 4433 W. Touhy Avenue, Suite 514, Lincolnwood. The course runs 10 weeks.

Tuition for the course is \$155, which includes registration and books. Enrollment is limited. The course is also offered in a self-study format which includes audio cassettes. Self-study tuition is \$175. For more information or to register, call (847) 329-1700.

Public forums to be held regarding 847 area code

Public forums will be held in Cook County for receiving public comment on the 847 area code, Cook County State's Attorney's Office said. The public is urged and invited to attend the forums held by the Illinois Commerce Commission.

Hearing that the public does not want to divide the 847 area again, or institute 11-digit dialing for local calls, could prevent Ameritech and other telecommunication companies from making such changes, Cook County State's Attorney Richard A. Devine said.

According to estimates, the phone numbers in the north-suburban 847 area code will run out some time next year. The ICC has been urged to develop a number-conservation plan to save 847.

The ICC has been debating either using an "overlay" plan which would require dialing of 11 digits for local calls, or splitting the current 847 area code and creating a new area code.

Devine wants the ICC to defer both plans because companies are holding back "perhaps millions" of numbers. The State's Attorney's Office has criticized assigning numbers to companies in blocks of 10,000 and supports giving them only in blocks of 1,000. Out of 40 million numbers available, only 12 million have been assigned to customers. "It's not fair to make such a decision without knowing what the phone companies are holding," Devine said. "The public should make it's needs known."

The locations of the meetings are as follows: Arlington Heights—July 29, Village Hall, 33 South Arlington Heights, second floor and Skokie—July 31, Skokie Public Library, Public Meeting Room, 5115 Oakton.

Stop Crime!

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D043569 on the July 09, 1997. Under the Assumed Name of WATERFRONT PRODUCTIONS with the business located at 5103 W. SCHUBERT, CHICAGO, ILLINOIS 60639. The true name(s) and residence address of owner(s) is: JOHN BOROWSKI, 5103 W. SCHUBERT, CHICAGO, ILLINOIS 60639

Governor signs Senator Dudyecz's Lobbying Ethics Bill

Lobbyists must notify public officials if they are listing them on an expenditure report, under a new law sponsored by Assistant Senate Majority Leader Walter Dudyecz (R-7th, Chicago).

Senate Bill 1105 requires each lobbyist to notify, within 30 days of the filing deadline, each official on whose behalf an expenditure has been reported. Notification is to include the name of the registrant, the total amount of the expenditure, the date on which the expenditure occurred and the subject matter of the lobbyist activity.

"Under current law, lobbyists must register with the Secretary of State and report all their expenditures for lobbying," Dudyecz said. "Senate Bill 1105 simply requires lobbyists to notify public officials whom they are claiming those occasions when public officials may be incorrectly listed on lobbyists' reports or were the unwilling recipients of lobbyists' gifts. It allows them the opportunity to correct the reports or return the gifts."

How to leave the office for vacation

Sometimes it feels more stressful to go on vacation than to just stay at work—just think about assignments amassing in the "inbox." The Highlands Program offers this advice to avoid pre- and post-vacation angst.

•Leave a road map
Make a checklist of current projects. A short description of each current project with current status, action to be taken when you are gone and problems that might arise arms co-workers with ammo to carry on the assignments and leaves you peace of mind.

•Take an office snapshot
Discuss with your boss what they have planned while you are away. Alternatively, if people report to you, you can have them give you a list of their plans and projects and what they will do while you are gone.

LEGAL NOTICE

VILLAGE OF MORTON GROVE
TREE PLANTING PROGRAM
Sealed bids will be accepted at the Village Hall, Office of the Finance Director, 6101 Capulina Avenue, Morton Grove, Illinois until 10:15 A.M. on Wednesday, August 6, 1997, for THE YEARLY TREE PLANTING PROGRAM. Copies of specifications and bidding documents are available at the Office of the Director of Finance, Morton Grove Village Hall. The Village Board reserves the right to reject any and all bids, and to waive any informalities or irregularities in the bidding. The Village Board further reserves the right to review and study any and all bids and to make a contract award within thirty days after bids have been opened and publicly read.

Spiro C. Hountalas
Director of Finance
07-17-97

LEGAL NOTICE

VILLAGE OF MORTON GROVE
TREE TRIMMING PROGRAM
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Spiro C. Hountalas
Director of Finance
07-17-97

Aurelia Pucinski presents check



Aurelia Pucinski, Cook County Circuit Court Clerk, presented a check for \$1,641 to the Vietnam Veterans of America (VVA) to help fund the all-volunteer group's service programs throughout the year, especially those targeted for homeless veterans. Clerk employees raised the money after participating in an office Blue Jeans Benefit Day. With Pucinski is Al Lynch, Chairperson of the VVA's veterans service committee.

LEGAL NOTICE PLEASE TAKE NOTICE VILLAGE OF MORTON GROVE Cook County, Illinois INVITATION FOR BIDS

NOTICE IS HEREBY GIVEN by the President and the Board of Trustees of the Village of Morton Grove, Cook County, Illinois, that sealed bids will be received for the "1997 Street Lighting Improvement Program," consisting of the installation of 32 street light poles, luminaires, and approximately 4,150 linear feet of lighting cable and the required appurtenances.

Bids will be received up to the hour of 9:30 a.m. Local Time, on the 7th day of August, 1997 at the office of the Director of Community Development, in the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois, and will be publicly opened and read at that time.

The bidding forms and documents are available at the office of the Director of Community Development, Village of Morton Grove, Illinois, upon payment of the sum of Thirty and 00/100 dollars (\$30.00) which is not refundable. Bids must be submitted on the form provided.

The Director of Community Development has been authorized to refuse to issue Plans, Specifications, and Proposals to any person, firm, or corporation that he considers to be unqualified. All bidders must be prequalified with the Department of Transportation, State of Illinois, and the Certificate of Eligibility must be submitted to the Village prior to issuance of Plans and Specifications.

All bids offered must be accompanied by a bid bond, cash, or certified check made payable to the President and the Board of Trustees of the Village of Morton Grove in the amount of not less than five percent (5%) of the aggregate of the bid as a guarantee that if the bid is accepted, a contract will be consummated. In addition, all bidders are required to submit an "Affidavit of Availability" with their bid.

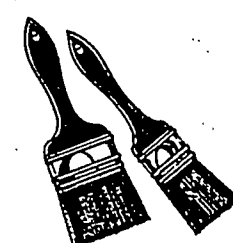
The right to waive any irregularity and to reject any or all bids is reserved to the President and Board of Trustees of the Village of Morton Grove.

Dated at Morton Grove, Illinois, this 17th day of July, 1997.

Spiro Hountalas
Finance Director
Village of Morton Grove

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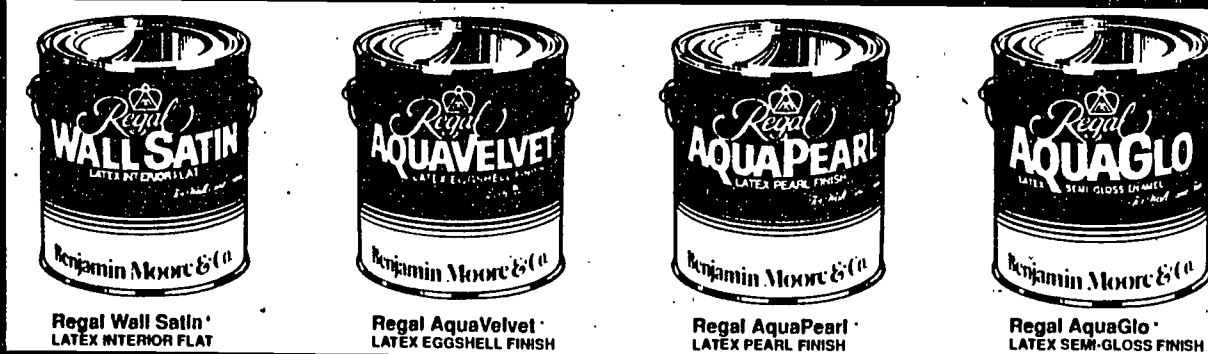
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Single parents need loyal friends

When a marriage ends, friendships often end too. Yet friends are a valuable asset for single parents, according to Cammy Seguin, University of Illinois Extension educator, family life.

Single parents who are struggling through the grieving process after a divorce need friends more than ever, Seguin said. Building lasting friendships is important for single parents.

"Single parents may be feeling especially lonely following a divorce," she said. "These feelings of being deserted by a spouse can be compounded when friendships slip away as well."

Often, friends of the couple do not know what to say or do when the marriage ends. They wonder whether to remain friends with both parties or just one, and may drift away in the confusion.

Newly divorced people may

feel that they themselves are not a good friend during this time. However, they need friends to help them recover from the divorce and start a new life. Friends can be good listeners, and provide encouragement and support.

Single parents often face many barriers to making friends. They may not have the time or the money to share activities with friends, such as going to the movies or going out to eat. Child care for such times can be costly.

In addition, married couples may feel uncomfortable building a friendship with single parents. Finally, the newly divorced per-

son may find it hard to take the risk of making friends for fear of rejection.

"They have recently been hurt by their former spouse and they don't want to risk being hurt again," Seguin said.

Instead of withdrawing from others following the divorce, single parents can find new friendships rewarding. Developing friendships with other single parents can be especially valuable at this time. Knowing that other divorced parents have made it through the worst and are managing their lives can give hope that things will get better.

Walkathon/Picnic fundraiser

The West Side Mentally Retarded Children's Aid/Austin Special is holding their 13th Annual Walkathon/Picnic on Sunday, August 3, from 10 a.m. until 4 p.m.

Registration takes place at the Austin Special Work Center, 5414 W. Diversey, Chicago, between 10 a.m. & 11 a.m.

The purpose of the walkathon is to raise funds for programs which serve developmentally disabled adults who live in Chicago.

Walkathon participants, who each solicit pledges for the miles

they walk, will walk 2 miles to Riis Park at Fullerton & Narragansett. After the walk, all walkers will be treated to a picnic, fun and games.

The Austin Special Walkathon is one of the first walkathons in Chicago where mentally retarded people walk to raise money for their own programs.

We are actively seeking walkers from the community to volunteer for this fundraising event. Please call Helen Wisniewski at 282-4744 to obtain pledge forms for the Walkathon.

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Lewis University graduates

Several residents of the north-west suburbs were among the 460 men and women to receive bachelor's and master's degrees during spring Commencement ceremonies at Lewis University in Romeoville.

Among those earning master's degrees in nursing was Valerie Sentowski of Park Ridge.

Kenneth B. Blachut of Park Ridge earned a master's degree in criminal social justice.

Among those receiving bachelor's degrees was Dean E. Kouzes of Park Ridge.

MSU honor students

Local Michigan State University students who earned a 3.5 or better grade point average for spring semester 1997 include: Nancy Jane Phalen of Glenview; Laura Lynn Ledwon of Morton Grove; Bradley Edwin Thompson of Park Ridge; and Najetta Maria Tokarz of Niles.

Boston University graduates Skokie residents

Boston University awarded academic degrees to 4,103 students this spring.

Receiving degrees were Skokie residents Mark E. Kogan, BSBA in Business Administration and Management; Gaurav A. Patel, DMD in Dentistry, cum laude.

Beverly P. Alfon

Boston University awarded academic degrees to 4,103 students this spring.

Among the graduates was Glenview resident Beverly P. Alfon, who received a BA in International Relations.

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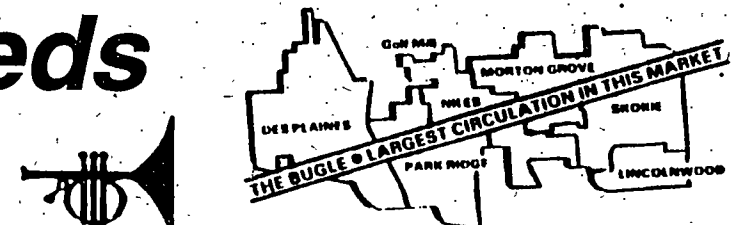
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WAITERS And WAITRESSES Part-Time/Full-Time Apply in Person VINCE'S RESTAURANT (Harlem & Lawrence) Or Call: (708) 867-7770	SERVERS/COOKS WANTED Full Time Mornings & Evenings OMEGA RESTAURANT (847) 296-7777	FOOD CASHIER Monday thru Friday, 6 Hours/Day. Must be Responsible. Good Pay. Call Gus/Apply in Person. Vapor Corp 6420 W. Howard, Niles (847) 967-8300 x.232	CLERICAL/OFFICE OPPORTUNITIES RECEPTIONIST Merrill Corp., a leading national financial & commercial information company has an immediate opening for a skilled receptionist in our Chicago Loop office. This individual should have 3-5 years experience as a receptionist in a fast paced professional organization. This highly visible & professional position should have a working knowledge of switchboard operations, computer literate in MS Word & Excel, and be able to handle various duties all at once. In return, Merrill can offer a competitive salary and an excellent benefits package to the right candidate. If you qualify for this position, please fax or send your resume with salary history to: (No Phone Calls Please) MERRILL CORPORATION HR Manager 311 S. Wacker Dr. Chicago, IL 60608 Fax: (312) 232-4739 Equal Opportunity Employer	CLERICAL/OFFICE OPPORTUNITIES RECEPTIONIST Merrill Corp., a leading national financial & commercial information company has an immediate opening for a skilled receptionist in our Chicago Loop office. This individual should have 3-5 years experience as a receptionist in a fast paced professional organization. This highly visible & professional position should have a working knowledge of switchboard operations, computer literate in MS Word & Excel, and be able to handle various duties all at once. In return, Merrill can offer a competitive salary and an excellent benefits package to the right candidate. If you qualify for this position, please fax or send your resume with salary history to: (No Phone Calls Please) MERRILL CORPORATION HR Manager 311 S. Wacker Dr. Chicago, IL 60608 Fax: (312) 232-4739 Equal Opportunity Employer

CLASSIFIED ADVERTISING

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(Can Be Used as DR/BR) 967-6752

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Niles - 8325 N. Osceola Fri, Sat,
7/18, 19, 9-5 Dentwood Chrs, D/R
set, Misc

Morton Grove-9408 Natchez Sat
7/19, 8-3 and Sun 7/20, 8-2 Multi-
Family - One Location Bikes, Furn,
Hwrs, Games, Clothes

Niles - 8217 N. Milwaukee Sat &
Sun, 7/19, 20, 8-3 Hshld Items, sofa,
clothes

Chgo - 7141 N. Ottawa
Fri 7/18 & Sat 7/19 - 10am - 4pm
Furn/Kit/Books/Misc.

Niles - 8532 W. North Terrace
Fri 7/18 & Sat 7/19 - 9am - 4pm
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THE BUGLE NEWSPAPERS
8746 N. Shermer - Niles
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Niles resident, Steve Bosco graduates

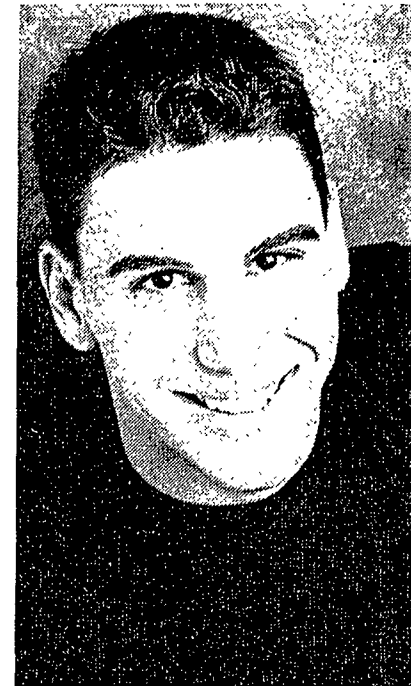
The Board of Trustees of Columbia College Chicago, have announced that Steven Bosco (Stephano) will be an honored graduate during the June 1997 Commencement.

Steven Bosco, son of Niles Residents, Mr. & Mrs. Frank Bosco earned a B.A. in theater from Columbia and hopes to go on to movies and television.

Steve has been acting in shows since his early high school days. Steve's credits include Harry the Horse, in Guys and Dolls, Alfred P. Doolittle in My Fair Lady, Cornelius in Push Cart-Peddlers, Santa in Peppermint Bear, and many other roles.

Steve recently traveled to San Francisco where he starred in the water ski stunt show at Marine World Africa, USA, and is now playing the role of Mark Murphy in the Ron Howard Movie, "Inventing the Abbotts".

Steve is the winner of the coveted Columbia College "Genies Award for Best Dramatic Actor".



Award for Best Dramatic Actor". Steve is currently starring as Tony in the Award Winning Comedy, Tony & Tina's Wedding, now in it's 4th year in Pipers Alley, downtown Chicago.

Norwood Park Historical Society Ice Cream Social

The Norwood Park Historical Society is sponsoring an Ice Cream Social and 123rd Birthday Party of Norwood Park on Wednesday, July 23 starting at 5 p.m. Roll back the years prices include 50 cent hot dogs, 25 cent soda pops at 50 cent ice cream sundaes.

Entertainment will begin around 7 p.m. and will be provided by The Dance Academy and The Flirtette Twirlers. An additional attraction for the children this year will be a moon walk provided by Mary Kay Monaghan. Children may use this ride all night for one flat fee.

Plan on bringing your lawn chairs and blankets and enjoy our food and entertainment. And while the children are here, they may wish to pick up their Passport to Adventure booklet so they may participate in this exciting summer program. See you there.

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Use the computer to explore the design and production of Animation and Multimedia (ART 260) this fall on Mondays and Wednesdays from 9:30 a.m. - 12:10 p.m. at Oakton Community College's DesPlaines campus, 1600 E. Golf Road. The class meets Aug. 25 through Dec. 16.

Even if you don't have the drawing skills required in more traditional types of art, you can express your artistic talent through this computer animation course.

Learn how to use the different media of sound, text and imaging with the computer. Software used in this class include Fractal Painter, Ray Dream Designer, Adobe Illustrator, Macromedia Director and Adobe Premiere.

Each student will produce a final project on a compact disc using animation and multimedia. Call Bernie Krule, instructor, (847) 635-1830 for more information.

Local teachers participate in teaching institute

Three teachers from Northbrook recently participated in the Summer Teaching Institute at Carleton College.

Paul Burkhardt, who teaches at Glenbrook South High School, spent the week in a workshop studying the topic of Theater.

Crafters needed for St. John Couples Club

St. John Couples Club extends a special invitation to all artisans and craft persons to exhibit at their Annual Arts and Crafts Festival on Saturday, October 11 from 9 a.m. to 4 p.m. in the recreation hall at 1101 Linneman Road, Mt. Prospect.

A 5' x 8' space is available at \$30 per space. A limited number of tables are available for rental at \$5 each (8' x 30'), one per space. Chairs will be supplied. Interested parties may call 847/437-3704 or 847/299-2721.

Crafters needed for St. Monica's

Crafters needed for St. Monica's Arts, Crafts and Vintage Linens show to be held on Sat., Nov. 1 from 9 a.m. to 5 p.m., 5115 N. Mont Clare, Chicago. 60 exhibitors. 8 foot tables are \$35 each. Deadline is Sept. 30. For info and application, please call Sue (773) 774-7071, Gwen (773) 774-4649 or Margie (773) 631-0522.

Peter Nilsen, who teaches at Evanston Township High School, studied the topic of Statistics.

Julie Nilsen, who teaches at Providence-Saint Mel High School, studied the topic of U.S. History.

The Summer Teaching Institute is designed for teachers of existing or proposed Advanced Placement courses, enriched classes, accelerated classes, or small group tutorials for students in grades 10 through 12 who are capable of college-level work.

Pressure Point Therapy

Learn how to treat yourself for conditions including headaches, back pain, sinus, neck pain, carpal tunnel, PMS, low energy, and joint pain. Wednesday, July 30, 1997 at 7 - 8:30 p.m., Lutheran General Hospital, 1775 Dempster St., Park Ridge. The cost is free. To register call (773) 763-2488. Limited to 20 people! Call now to register.

Harlan M. Greene

Navy Chief Petty Officer Harlan M. Greene, a 1977 graduate of Glenbrook South High School of Glenview, recently participated in a beautification effort while serving aboard the aircraft carrier USS Carl Vinson.

He joined the Navy in September 1981.



BY JOSEPH ZURAWSKI
Special to The Bugle

Exploring Niles' History: Why Niles never allowed a drive-in theatre: the still untold story

The vote in 1951 was rather cut and dried. A petition was presented to the city council to "permit erection of a Theatre...at the N.W. corner of Oakton and Waukegan Road." The council reported: "permit (was) denied for reasons that property is not zoned for Commercial use and lack of sanitary facilities." (Quotes throughout this article retain the original spellings and capitalizations found in the minutes.) Everything disposed of in, perhaps, ten minutes of Niles village time and seven lines in the official minutes.

Just a year later, there was another petition for a theatre in Niles. But this theatre was to be an outdoor theatre. The legal maneuvers undertaken to have the owner of the property listed in the minutes took about five times as much time and space in the minutes as the entire matter of the proposed theatre took a year earlier.

At any rate the first objection was called and, as president of the Oakton Manor subdivision, a

Mr. Field explained that he had circulated a petition "objecting to re-zoning of property for Outdoor Theatre use."

The petition opposing the theatre bore 168 signatures. Mr. Field explained that all those signing were in an area represented by the Oakton Manor Home Owners Association. Mr. Field also indicated that 175 new homes were to be built in the area where the association now exists.

The minutes of the meeting suggest that perhaps the most relevant information or the major concerns which occupied the attention of the council were not reflected in the minutes.

After Field presented the petition and explained that all who signed were residents of the area, "The President stated that several statements on Objectors' Petition were statements of assumption and improper. Trustee Coughlin requested the Mayor's remarks be stricken from the record."

Mr. Field then described vari-

Six great opportunities to study abroad

If you are interested in Oakton Community College's Study Abroad Program, now is the time to plan for spring 1998 programs. Applications will be accepted until Oct. 15, 1997.

Students can study international business in the Netherlands; Spanish in San Jose or Costa Rica; or liberal arts in Canterbury, England or Salzburg, Austria. The Study Abroad Program also features a two-week exchange in several career and technical fields in the Netherlands.

To be eligible, students will have completed 15 to 24 semester hours of college work including English 101, and have a GPA of 2.75 or better.

Contact Linda Korbel, chairperson, Foreign Languages/International Studies, at (847) 635-1871, to obtain a brochure and application packet.

Dana J. Paulsen

Marine Lance Cpl. Dana L. Paulsen, a 1993 graduate of Niles West High School of Skokie, was recently meritoriously promoted to her present rank while serving with Marine Wing Support Squadron 371, 3rd Marine Aircraft Wing, Marine Corps Air Station, Yuma, Arizona.

She joined the Marine Corps in July, 1995.

USE THE BUGLE

The dangers of leaving pets in cars

As the summer officially arrives and the weather heats up, The Humane Society of the United States (HSUS) reminds readers that pets, like people, can suffer from the heat -- especially when left in a parked car.

Like their owners, companion animals enjoy the opportunities warm weather provides for outdoor activities. However, the needless suffering, and occasional death, of an animal imprisoned in a car on a warm day is a tragedy that is entirely preventable.

On a hot and humid day, the temperature inside a car rises very quickly. On an 85-degree day, for example, the temperature inside a car with the windows open slightly will reach 102 degrees within 10 minutes. After 20 minutes, the temperature will reach 120 degrees. On warmer days, it will get even hotter.

Free things to send for

For a free guide on patios and windows, call 1-800-2BE-HURD, ext. 200.

For information on a nationwide niceness survey, see Hallmark's Web site at www.hallmark.com.

For information on People's Bank credit cards, call 1-800-426-1114.

For accurate up-to-date information, on multiple sclerosis call 1-800-FIGHT-MS or visit the World Wide Web address, <http://www.nmss.org>.

For free information on the

A dog's normal body temperature is 101.5 to 102.2 degrees. A dog can withstand a body temperature of 107 to 108 degrees for only a very short time before suffering irreparable brain damage, or even death.

Although many pet owners may not realize the danger of leaving their dogs in parked cars even for a few minutes, their ignorance may prove fatal. A brochure to educate others about the hazards of leaving pets in hot cars may be obtained from The HSUS. It can be placed in store windows or on bulletin boards. Please send a business size, self-addressed, stamped envelope with your request for flyers to: "Hot Car," The HSUS Central States Regional Office, 800 West Fifth Avenue, Suite 110, Naperville, IL 60563.

William J. Walsh

Marine Pvt. William J. Walsh, son of Bill L. and Gloria J. Walsh of Des Plaines, recently completed basic training at Marine Corps Recruit Depot, San Diego.

He is a 1996 graduate of Maine West High School.

Just how different could Andy's Tavern near the Hardem- Irving Theatre be from other "taverns" in Niles? Official testimony by a builder indicated, "said location being within 1/4 to 1/2 mile of proposed theatre location...would be considered detrimental to further residential building, if permitted." But no explanation what was "detrimental" or why.

The president of the Greenman Heights Improvement Association also testified. His petition, representing some 250 homes, bore some 300 signatures objecting to granting land for an outdoor theatre.

The argument for continued residential building won out. In less than two years, since January 1, 1951, it was brought to the attention of the council, 463 building permits were approved for Niles with a value of well over 5 million dollars.

There would be no outdoor theatre at or near Niles' northern and western boundaries in 1952.

At any rate, considerable discussion developed about the traffic problems outdoor theatres usually create. There was also discussion as to the type of business establishments that would be built in the area and whether these types were desirable.

When Mr. Field explained, the minutes report, there could be robberies of automobiles left unattended during an intermission.

An attorney, the next witness, indicated that private policing of outdoor theatres generally did not turn out well and policing is a "public problem and should be done by public officers" since owners policing their "own grounds is unwise."

Why these comments did not produce a favorable response from the Niles police is somewhat confusing. For more than fifty years, Niles Police were always more than available for picnics, dances, and other entertainments in numerous saloons, taverns, and halls. Permits would be issued only after a policeman had been paid for the event.

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