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Bugle News

VOL. 42, NO. 19

District 219 Board to reconsider sale of Niles North campus

by Rosemary Tirio

The idea of selling off the Niles North High School campus to forestall the budget deficit looming on the District 219 financial horizon may not be dead yet.

The board of education voted Oct. 26 to explore the proposal in greater depth to determine whether it might offer a viable solution to the district's cash crunch created by recently enacted tax caps, the frozen EAV (estimated assessed valuation) on community real estate and a growing enrollment.

The proposal was originally included last June on a list of about 20 suggestions presented by the Financial Task Force, a group composed of residents, business people and school personnel. However, it was considered and rejected at that time.

Now, with the support of board Secretary Joe Weiss, the proposal has been brought before the board for reconsideration.

Weiss said he does not necessarily favor selling the school. Continued on Page 38

Morton Grove schedules 1999 budget meeting

by Cynthia Chapp

At the second meeting of the Morton Grove Village Board in October, an important part of Mayor Daniel D. Scanlon's report was a reminder of the upcoming budget workshops to review the 1999 Calendar Year Budget. Some of the meeting times have been changed and the board underlined the importance of noting these changes. The current meeting schedule follows:

Monday, Nov. 2: 5 p.m. - Initial workshop - Village Administrator; 6 p.m. - Capital Projects.

Thursday, Nov. 5: 5 p.m. - Public Works Department; 6 p.m. - Fire Department; 6:45 p.m. - Civil Preparedness; 7:30 p.m. - Health Department including Senior Services and 8:30 p.m. - Building Department.

Wednesday, Nov. 11: 5 p.m. - Police Department including E911;

6 p.m. - Comm. Develop. Operat.

Continued on Page 38

L'wood residents to vote on creating their own ZIP-code

by Rosemary Tirio

Lincolnwood residents will have a chance to vote on the creation of a postal ZIP-code of their own.

The U.S. Postal Service is sending every household in the village a letter and a ballot on which each household may vote on the proposal to eliminate the three separate ZIP-codes currently in use and create a single new code exclusive to Lincolnwood.

Two Chicago post offices have handled the three ZIP-codes. Continued on Page 38

Maine Township director killed in accident

Richard Rozek, 29, a graduate of Wheeling High School and a one-time Democratic candidate for commissioner in Maine Township, died Oct. 21 from injuries he sustained in a motorcycle accident Oct. 18.

A former Niles resident, Mr. Rozek was a director working with Maine Township Democratic Committeeman Andrew Przybylo. Earlier this year he had joined the Niles Public Works Department. He had been chief mechanic at a Chicago used car Continued on Page 38

6 two-story townhouse units to be built on site of former pool area

Chesterfield townhomes approved by village

by Cynthia Chapp

At the October meeting of the Niles Village Board, the final zoning matter of the evening dealt with a petition that previously came before the Zoning Board and was not approved by the zoner. The village board approved the construction of six townhouse units at 8635 Shermer Road in Niles. It is known as the Chesterfield area. Larry Berg, lawyer, spoke on behalf of Sol Porter, president of Lincolnwood Construction. They came before the board to obtain a variation to rear yard from 30 feet to 20 feet, and for side yard definition between townhouses at the location. The structure will stand two stories high, and the board ultimately approved the building of six townhouses. A few residents from Chesterfield expressed dissatisfaction with the decision. Mayor Blase pointed out the appearance of the land will be vastly improved because it will replace the decaying pool which currently occupies it.

Two other zoning petitions were handled during the meeting. Niles Thai Market at 7740 Milwaukee Avenue was given approval to sell and rent Thai vide-

os. Mayor Blase asked the representative from the market if she was aware that the Village does not allow selling X-rated Continued on Page 38

Convicted developer to get new sentence in suburban bribe case

Robert R. Krilich's 64-month stay at a minimum-security prison in Virginia may be almost doubled if the ruling of a Chicago appeals court stands.

Krilich, 68, a suburban developer, was convicted in 1995, of fraud and racketeering for allegedly bribing Oakbrook Terrace Mayor Richard F. Sarallo through a rigged \$40,000 hole-in-one golf game. He is also accused of bribing the city's zoning director and engineer.

Krilich was sentenced last year by Senior U.S. District Judge

John F. Grady following months of wrangling between his lawyers and prosecutors over federal sentencing guidelines determining the length of sentences given to convicted felons.

Federal prosecutors said that Grady's interpretation of those guidelines allowed Krilich a much too lenient sentence. The appeals court agreed, and the three-judge panel ordered Grady to resentence Krilich without the break he apparently granted him in his first sentencing.

First Lady, Hillary Rodham Clinton visits Niles



Friends and family gathered at a birthday celebration on October 22, at Booby's Restaurant in Niles, for the First Lady, Hillary Rodham Clinton. Pictured above are Faye Blase (wife of Mayor Nicholas B. Blase) and Sergeant Chuck Affrunti of the Niles Police Department who were on hand to greet the First Lady.

INSIDE ONLY LIBRARY

Women's News
Teach children to 'Chill Out' and control their anger
Page 10

Health & Fitness
Page 6

School News
Page 16

Sports/Park
Page 24

Church & Temple
Page 12

Local Knights of Columbus Council receive international recognition

North American Martyrs Council 4338, Knights of Columbus of Niles, is a Columbian award winner for the 1997-98 Fraternal Year. The announcement was made by the organization's headquarters located in New Haven, Connecticut. The award recognizes excellence in sponsorship or service oriented activities that serve families, church, youth and community as well as council members.

The award was presented to past Grand Knight Bill Chase by

District Deputy Robert Galassi at a special ceremony held on October 7, 1998.

The Knights of Columbus is a Catholic, family, fraternal, service organization with 1.6 million dues-paying members in more than 11,000 councils worldwide. In 1997, they gave more than 50.2 million hours of volunteer service and donated \$107.1 million to charitable and benevolent causes.

Any Catholic gentleman, 18 and older, wishing to find out

more about this fine organization should contact John Weber at 847-342-1405.

Veterans celebration set for Morton Grove

The Morton Grove American Legion Post #134 will hold their observance of Veteran's Day with a parade and other activities on Sunday, Nov. 8th.

The parade will step off from the Legion parking lot at 6140 Dempster at 1 p.m.

Following the usual services at the Public Library on Lincoln which is the mid point of the marching, the parade will return to the Legion Home.

Post Commander Tom Williams, 847-674-9558, indicates an Open House will take place in the main hall following the parade.

Members and guests who are veterans or current military members will display souvenirs, photos, uniforms, relics, weapons, etc. and be available to speak to our youth regarding their participation in previous wars. Many tables and exhibitors will be on hand especially from the Korean and Viet Nam conflict.

There is no admission charge and light refreshments will be available.

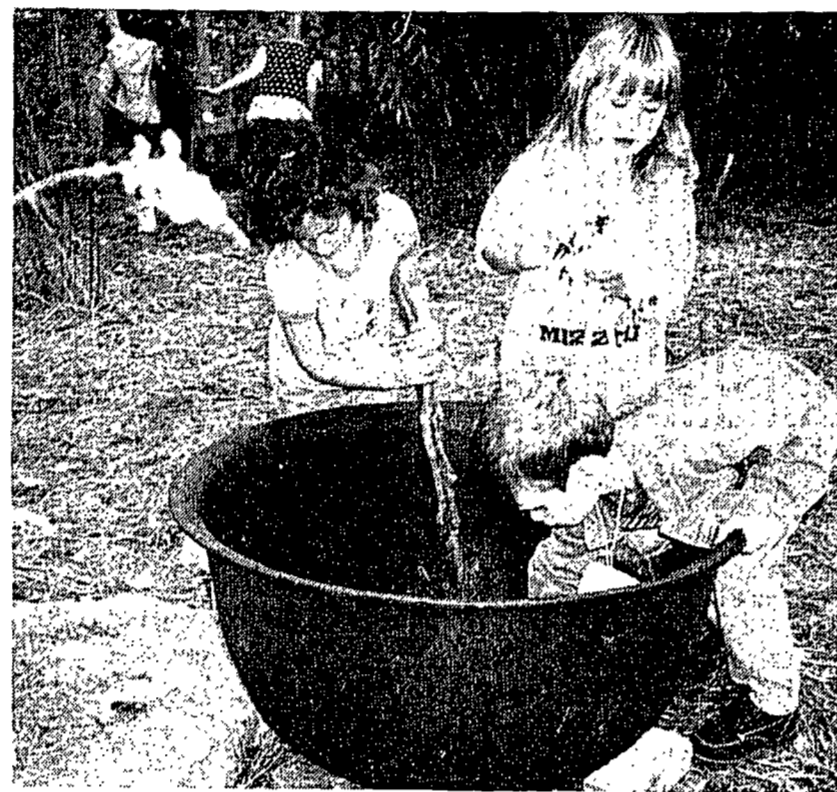
Further information from post chairman, past commander Ken Figelman, 773-775-2665.

Holy Family Health Center's Spaghetti Fund Raiser Dinner

Holy Family Health Center's Annual Spaghetti Dinner and Raffle, Sunday, November 15 from 1-5 p.m. A delicious dinner buffet and great raffle drawings. All proceeds go to the enhancement of resident/patient services. Tickets may be purchased at the door. Adults are \$7. Children are \$3. Holy Family Health Center is located at 2380 E. Dempster St., Des Plaines. For additional information, please call (847) 296-3335.

Local representative is Ken

SJB Fall Fun in Preschool



Nicole Carrao, (Round Lake Beach), Kailee Brandel (Niles) and Robert Murdach (Chicago) of St. John Brebeuf Preschool stir the cauldron of bones on their field trip to The Grove.

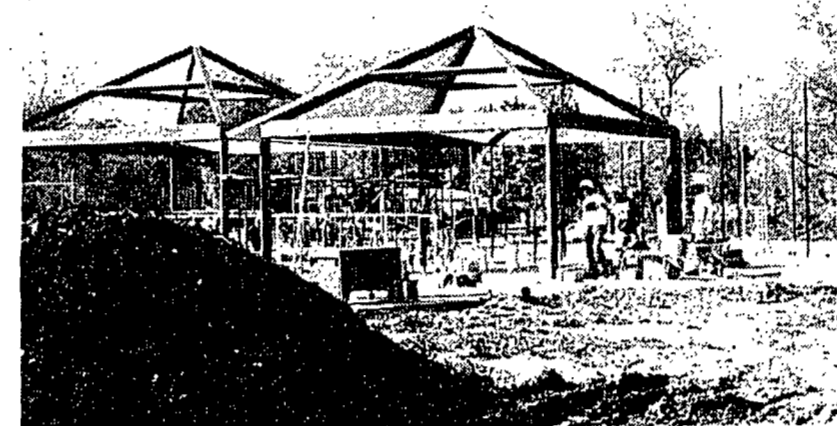
This fall the preschoolers at St. John Brebeuf in Niles are having fun while beginning to experience the circle of life seeing the plants growing in the school courtyard from the seeds they planted last spring. Their teacher, Mrs. Kathy Nichols, watered them all summer and when we returned to school we found six pumpkins on the vines, several ears of corn on the stalks, six huge sunflowers towering over us and many pretty marigolds spread beneath them. As it got colder we brought in the sunflowers and corn and are picking out the seeds to use in art projects or for planting next year. We will

carve some of our pumpkins, toast those seeds but also save some for next spring. We are keeping a couple of our pumpkins as an ongoing science experiment to learn what happens to pumpkins over a period of months. The marigolds too were opened and examined to see their long skinny seeds.

Since we didn't grow enough pumpkins for everyone, we took a wonderful field trip to The Grove in Glenview, where we had lots of fun experiences including a hayride, Halloween games, and of course picking a perfect pumpkin for each of us.

The district is composed of 8 Legion Posts located in the north suburban and north shore areas of Chicago. They meet once a month, rotating between the various Legion Homes to disseminate information passed down from the county and state levels.

New park at Touhy & Harlem update



The construction at the New Park at Touhy & Harlem continues. The good weather conditions have played a major role in how well progress has been made.

Niles Park District Staff is taking an active role in monitoring the construction process. The Niles Park District is excited about the completion of the New Park and know the residents of the community will enjoy it.

The irrigation system is completed and the fields have been hydro-seeded. The Concessions and Field House buildings and Bunting Cages are 50% completed. The mini-golf course is 70% complete. The dugouts are 90% complete.

The New Park will be a great asset to the community. The Niles Park District will be able to

provide enhanced recreational programs and special events at this location. This park was created to bring something new to Niles," says Feinmehl. The team bring years of wine and liquor experience to the area. Feinmehl's parents Norm and Arlene have run the well-known original Avondale Liquors on Chicago's northwest side for 43 years.

Bander and DiGirolamo say "It gives us the chance to provide top quality service and product and a new candy concept in an expansive, stylish, state-of-the-art facility."

From over 100 different types and brands of vodka to crystal glasses and patés, caviar and boutique cheeses, the sheer size of this store affords an unparalleled breadth of selection.

Other unusual aspects of the

Morton Grove Parade Route

Step off time for the annual celebration of the Morton Grove American Legion Post #134's Veterans Day parade on Sunday, Nov. 8 will be 1 p.m. from the Legion parking lot, 6140 Dempster. Marchers will proceed across Dempster to Georgian to Capulina. They will turn at School Street and travel to Lincoln Avenue where mid-point ceremonies will take place at the Morton Grove Public Library.

Oakton

Parenting Workshop

What are you doing to stimulate your child's brain development? This is just one of the questions panelists will address at a workshop on Nov. 14 at Oakton Community College. **Parenting Can Be Fun - Keys to Success: A Focus on the Early Years**, will be held from 9-11 a.m. in the Performing Arts Center at the Des Plaines campus, 1600 E. Golf Road.

Join a panel of experts, including a family practice physician and early childhood care and education professionals, for a presentation of special strategies to support the optimum development of children, birth to age 6. The panelists will explore the concept that what young children experience in their early years lays the foundation for lifelong development; they will share ideas and

resources to help your child reach his or her full potential.

Panelists include Sean McWilliams, M.D., family practice practitioner in DesPlaines; Peg Callaghan, chairperson of Oakton's Early Childhood Education Program; and Margie Brickley, M.S.Ed., Early Childhood Education faculty, Harper Community College.

This workshop is a collaborative project with Oakton's Early Childhood Education Program, the Early Childhood Programs of Community Consolidated School District #62 and the Children's Learning Center of Holy Family Hospital Medical Center.

The registration fee is \$6, if paid by Nov. 6; or pay \$7 at the door. For more information about the workshop, call (847) 824-1065.

Cheers to the Midwest's largest wine/liquor mart!

With 20 different departments and 181 different merchandise categories, Avondale's Armanetti Beverage Mart, 8935 N. Milwaukee Ave., in Niles, celebrates its grand opening. Norm and Mark Feinmehl, Perry DiGirolamo and Stuart Bander are putting the finishing touches on the 35,500 sq. ft. shop featuring spirits, wine, import and microbrew beers, barware, fresh flowers, greeting cards, cigars, handmade chocolates and gift baskets.

"There isn't going to be a better selection around. We're combining great knowledge and history to bring something new to Niles," says Feinmehl. The team bring years of wine and liquor experience to the area. Feinmehl's parents Norm and Arlene have run the well-known original Avondale Liquors on Chicago's northwest side for 43 years.

Bander and DiGirolamo say "It gives us the chance to provide top quality service and product and a new candy concept in an expansive, stylish, state-of-the-art facility."

Other unusual aspects of the

store are the massive antique back bar set for premium displays, tastings (the cruvinet allows up to eight different wines to be tasted - selection changes monthly) and the sales of growlers of beer (tap-it-yourself seasonal, import and microbrews available in take-out containers from 1/2 liter to 2 liters); a European flower market, premium cigars by Habana Cigar House, and American and foreign language greeting cards will be available.

Murals throughout by Chicago artist Anita Rossi simulate the look and feel of Chicago street scenes, vineyards and other historic food and beverage landmarks and create a warm and welcoming atmosphere in this vast store. Displays like "The Dog House," a real dog house stocked with the stepping stones on the path to relationship redemption - chocolate roses, champagne, and Lil' Corky - the store mascot; and the self-explanatory "Mount Vodka" enhance the fun atmosphere of the innovative giant.

Avondale's is also the home to

Chocolaterie Confections, a boutique chocolatier featuring, hand-dipped truffles, gourmet barks and clusters, including: Elder Blossom & White Chocolate Ganache Truffles with Candied Violets, Chestnut Cream Ganache with Candied Chestnuts and Tawny Port Maltaways. The showcase candy kitchen will also play host for classes, tastings and events.

A comprehensive schedule of classes (wine pairing, chocolate dipping, cocktail and hors d'oeuvres preparation) and demonstrations will be presented for the beginner and connoisseur alike.

Avondale's Wine Club "Jero-boam's" will garner members discounts, special tastings and events, and the opportunity to purchase limited release wines. Membership is \$50 annually.

For further information, recipes or a tour, contact: Michael Duffield, One Step Ahead Communications 7 days a week at 773-292-1557 or via E-mail: onestaphd@aol.com

Correction - Centennial Calendar

Two dates were incorrectly printed in the calendar - Village Board Meeting honoring Junior High Essay Contest Winners will be held on March 23, 1999 (Tuesday), and the Senior

Center Open House will be held on April 25, 1999 from 1 p.m. to 5 p.m. - these dates were switched in the Bugle. The Bugle apologizes for any inconvenience.

Join us for a Mad Hatters Tea



Plans are complete for the Mad Hatter's Tea and this is the last opportunity to reserve your place for a pleasant afternoon enjoying our annual gala.

Sundays, November 8 and 15, at 2 p.m. the Niles Historical Society will serve tea and dessert. There will be fun, friends, music, and an exhibit of "Cocktail Time of 1940 to 1960". The entire Museum will be open for tours and socialization.

You may join in the fun by wearing your favorite stylish, whimsical or serious artistic hat. A prize will be awarded for the best in each category. The Mad

Hatter's Tea is for everyone and a great way to spend an afternoon before the hustle and bustle of the holidays are upon us.

If you have not made your reservations, call 847-390-0160 and leave a message. We will return your call as soon as possible. Seating is very limited so reservations are a must! There will be no tickets sold at the door. Hats and gloves are optional but requested.

The Niles Historical Museum is open every Wednesday and Friday, 10 a.m. - 3 p.m. Other times by appointment only.

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Local student helps in performance of 'Into the Woods'

Nicholas Battaglia, of Niles, will serve as the Head Usher in the upcoming performance of "Into the Woods" produced by Center Stage at Dominican University. Battaglia, a graduate of Notre Dame High School, is a sophomore history major at Dominican University.

Performances of "Into the Woods" will be held on Friday and Saturday, November 13 and 14 at 8 p.m. in the Lund Auditorium located in the Fine Arts building, 7900 West Division Street.

Perfect for the entire family, "Into the Woods" by Stephen Sondheim and James Lapine is a musical based on fairy tales. In order to lift a curse which prevents them from having children, a baker and his wife must retrieve items from Little Red Riding Hood, Cinderella, Rapunzel, and Jack. In the second act, the audience sees that "happily ever after" doesn't last when the characters have to take responsibility for their actions.

Tickets for "Into the Woods" are \$10. For more information

or to purchase tickets, call Center Stage at Dominican University at (708) 524-6942.

Something for Everyone

This notice appeared on Page 1 of a weekly paper in Clermont, Fla.: "If you find mistakes in this publication, please consider that they are there for a purpose. We try to publish something for everyone, and some people are always looking for mistakes."

Dances to perform at V-Show



"The Premier," Maine East's November 6-7 V-Show performances, features hundreds Maine East students singing and dancing, including Orchestras members (from left) Desiree Vittorio of Des Plaines, Rina Mangurten of Morton Grove, Avni Patel of Niles, Hillary Davis of Des Plaines, Selene Hutton of Niles, and Sandrika Anderson of Des Plaines.

Morton Grove Meeting Notice Change in Times

The Village Board of Trustees will be holding Budget Workshops to review the 1999 Calendar Year Budget on the below listed dates. All workshops will be held in the Richard T. Flickinger Municipal Center, Multi-Purpose Room in the lower level.

Thurs., Nov. 5: 5 p.m. - Public Works Department; 6:30 p.m. - Fire Department; 7:15 p.m. - Civil Preparedness; 7:30 p.m. - Health Department including Senior Services; 8:30 p.m. - Building Department.

Wed., Nov. 11: 5 p.m. - Police Department including E911; 6:30 p.m. - Comm Develop Operating Budgets; 7:30 p.m. - Finance Department/Pensions/ Administration.

Mon., Nov. 16: 5 p.m. - Salary Comparables/Personnel Issues; 6 p.m. - Any budgets not previously covered.

Mon., Dec. 7: 5 p.m. - Final workshop to mark-up any changes as well as consider Expanded Budget Requests.

District 71 Special Board meeting

The Board of Education of Niles Elementary School District #71 has scheduled a Special Board of Education Meeting for Tuesday, November 10, in the Board Room in Clarence E. Culver School, 6901 W. Oakton Street, Niles, (Phone: 847/966-

9280) for 8 p.m. The preliminary agenda includes the tentative budget for 1999-2000, Education Committee, Buildings and Grounds, Health and Hot Lunch Committee, and Policy Committee.

Gemini Cheerleaders recognized

The Gemini Junior High School cheerleading squad has been recognized for their efforts in the Cartons for Computers contest sponsored by the Milk Mustache campaign. The contest was designed to increase milk consumption and promote healthy lifestyles.

For an entire month, Gemini celebrated "Moo Mania" with Spirit Week, Competition week, hosting celebrity milk drinkers, and inspirational performances by the cheerleaders. Gemini

teachers were even served milk at a staff meeting. Milk Processor Education Program Director Ms. Amy Heilmann has informed Gemini that, by increasing milk consumption by over 10%, the Gemini squad will receive a gift certificate from the National Cheerleaders Association. In addition, Gemini will receive a subscription to Family PC magazine. By all accounts, Cartons for Computers was a very positive experience for Gemini.

SIUC honors graduates

Southern Illinois University Carbondale recognized 2,613 degree candidates during commencement ceremonies in the SIU Arena Aug. 8. Of those, 1,164 students are candidates for undergraduate degrees. In addition, three students graduated from the SIU School of Law.

Area graduates are: Eileen E. Eiden, Stacy L. Adams, Charles B. Koehler, and Dhiren J. Patel of Des Plaines; Mike S. Fitzgerald, Brett A. McNish, Adam C. Rubin, Suzanne D. Schweizer, and John S. Tower of Glenview; Brian G. Dahl of Park Ridge; and Scott M. Lazar of Skokie.

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Health / Fitness

Children's Grief Support Group

A Children's Grief Support Group is being offered by the Hospice of Northeastern Illinois beginning on Wednesday, Nov. 11 from 5 to 7 p.m. in the Lake Zurich area. This six week support group is for children ages 6-12. It will provide children an opportunity to explore and express their feelings about their loss and meet other children with a similar experience. This is not a therapy group, but a group for sharing feelings and thoughts. In conjunction, a Parent's Support Group will be offered.

Since registration includes a pre-registration visit, Hospice needs to hear from participating

families by Wednesday, Nov. 4. Reservations are required and participant privacy is respected. If you are aware of a child who could benefit from this group, please call the Hospice office at (847) 381-5599, and ask for Sherry Ofsanik, Terry Rasmussen or Chris Mezzydlo.

The Hospice of Northeastern Illinois (HNI) is a not-for-profit, community-based organization accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO). HNI's purpose is to support terminally ill patients and their families in Northwest suburban Cook and Lake counties as well as McHenry, Kane, DuPage and Boone counties. Hospice is dedicated to easing the emotional, physical and spiritual pain that often accompanies terminal illness, promoting a higher quality of life for both patients and their families. HNI also offers support groups, educational programs, seminars, and a Speaker's Bureau to address a variety of issues. For more information on these services, please contact HNI at (800) 425-4444.

Substance Abuse Speakers

Holy Family's substance abuse program, Keys to Recovery, has speakers available to discuss topics including alcoholism as a disease, co-dependency, adult children of alcoholics, the road to recovery and more. To arrange for a speaker call (847) 298-9355.

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Learning effective ways to manage diabetes

Experts say that persons involved in learning about their diabetes feel more comfortable and in control of their blood sugars. These individuals have a heightened awareness about the disease and are more aware of the options available for effectively managing diabetes.

On Tuesday, November 10, Dr. Alan Reich will present information on how to can effectively manage diabetes throughout the stages of treatment, and how medications and combinations of medications can help. Dr. Reich is an Endocrinologist and a Holy Family Medical Center staff physician.

The program will be held on Tuesday, November 10, from 7-8 p.m. in the auditorium at Holy Family Medical Center, 100 N. River Road, Des Plaines. Registration for the program is required by Friday, November 6. For more information or to register, please call 847-297-9977. Space is limited.

Oakton to hold information sessions for nursing program

Oakton Community College will conduct information sessions for the associate's degree program in nursing on Thursday, Nov. 12 from 10 a.m.-noon, Room 1606 and again from 6:30-8:30 p.m. in Room 1610 at the Des Plaines campus, 1600 E. Golf Road.

During these information sessions, participants will learn about jobs available for registered nurses, admission requirements, financial aid, application deadlines and program expectations.

For more information about the information session, contact Chris Feighery, Allied Health counselor at Oakton, (847) 635-1833.

Get your daily fiber fix

There's much more to fiber than improving regularity. Researchers say it may also help fight weight gain, heart disease, diabetes - even cancer. And it's easier than you may think to get the recommended 20-30 grams a day.

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2. **Go for Grains.** Look for "100% whole wheat" or whole grain bread. Check the fiber numbers on the label; a dark color is no guarantee of high fiber content.

3. **Feast on Fruit.** Instead of drinking juice, eat the apple, orange or grapefruit. *Extra tip:* Snack on dried fruit, which are concentrated sources of fiber and nutrients.

4. **Put the Peeler Away.** Eat the skin of potatoes and other fruits and vegetables. *Important:* Rinse them before eating.

5. **Boost Breakfast.** Mix in a high-fiber cereal (at least 5 grams per serving) with your regular choice. Top with raisins - or berries, surprisingly good sources of fiber.

6. **Skip the Chips.** Opt for crackers with at least 2 grams of fiber per ounce instead. Serve with hummus - made from chickpeas - rather than sour cream dips.

Ear Infections and Your Child's Hearing

Children's Memorial Hospital and Glenbrook Hospital will present a free program for parents, entitled "Ear Infections and Your Child's Hearing," on Tuesday, Nov. 24, from 7 to 8:30 p.m. at Children's Services at Glenbrook Hospital, located at 2150 Pfingsten Rd. in Glenview. This lecture is part of Children's "Ask Children's Experts" series, free monthly programs that discuss a variety of childhood health care

issues. The November lecture, presented by Children's otolaryngologist John Maddalozzo, MD, and Susie Kwak, MD, a pediatrician at Glenbrook Hospital, will discuss the causes, effects and treatments of chronic childhood ear infections. The program is free to the public, but registration is required. To reserve space, call 1-800-KIDS DOC.

The Cowboy Who Put The Cattle Industry On The Grill

NOHA (Nutrition for Optimal Health Association) presents Howard Lyman, Co-defendant in the Oprah Winfrey Mad Cow Trial, The Cowboy Who Put The Cattle Industry On The Grill, on Wednesday, November 11th at 7:30 p.m. at the Radisson Hotel Lincolnwood, 4500 W. Touhy Avenue, Lincolnwood.

In a journey that has taken him from Montana to Washington D.C., to Amarillo, Texas, Howard

Lyman has been spreading his unique vision of health, hope, and humanity. As a former cattle rancher, he witnessed first-hand the devastating results of current U.S. farming practices. As a human being, he suffered from the debilitating effects of the contemporary American diet. He will share his story and the conclusions that he has drawn.

No charge to NOHA members, \$10 for non-members, \$5 for students with I.D. Call (708) 786-5326 for information.

Health Fest

On Saturday, November 7 from 8 a.m. to 12 noon, Holy Family Medical Center will hold a health and screening fair in the hospital's auditorium. Departments from throughout the hospital will be on hand to provide health information and screenings (free and low-cost screenings will be available). Displays, free information and giveaways will be provided. Admission is free and is open to the public. Registration for the screenings is required. For more information or to register, call (847) 297-1800, ext. 1110.

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Beech Street Corporation								
Blue Cross								
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— Chicago HMO (Medicaid)								
— Choice (formerly United Choice)								
— HMO/HMO Plus (formerly Chicago HMO)								
— Health One								
— Medicare Complete (formerly United for Seniors)								
— Options								
— Open Access								
— Plus (formerly MetraHealth POS and EPO)								
— Premier/Premier Plus (formerly Metra HMO)								
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Note: Swedish Covenant Hospital accepts Medicare, all Medicare supplemental policies and Medicaid. * List of plans current as of October 1, 1998.



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Boy Scout Troop #175 News

On October 17, Boy Scout Troop #175, St. John Brebeuf Church, hosted a Sweetest Day Spaghetti Dinner, at the St. John School's Flanagan Hall.

Almost 200 people braved the

rain to enjoy this all-you-can-eat dinner, prepared by the scouts and their families. As a special treat, all attending ladies received special Sweetest Day gifts from the scouts.

Scoutmaster David Okun and Donna Okun, on behalf of the Troop, would like to thank everyone that attended the dinner. Your generous support will provide some of the necessary funding for this growing Troop. Throughout 1998 the Troop has held a number of fund raising events to allow them to purchase necessary camping supplies.

The Troop is also striving to save enough money to secure a trailer, allowing the transport of supplies and personal gear to various scouting events. Through fund raising events and solicitation of businesses and private citizens for donations, the Troop hopes to be able to afford the trailer some time next year - 1999.

Anyone wishing to donate to the Troop's Trailer Fund (tax-deductible) can contact Scoutmaster David Okun at (847) 470-8408. All donations will be gratefully accepted.

Center of Concern offers nutrition program

The Center of Concern will offer a special program on nutrition on Monday, Nov. 9, at 11 a.m., in Room 228, 1580 N. Northwest Hwy., Park Ridge. The speaker will be Registered Dietician Bonnie Kimoto who comes from the Holy Family Medical Center.

The Center's Weight Loss Support Group which usually meets at 10 a.m. on Mondays will change their starting time on Nov. 9th to enable them to hear Ms. Kimoto. We urge anyone interested in good health through good nutrition to attend this free lecture.

If you have any questions or would like more information, call (847) 823-0453.

Jimmy Carter signs books at Old Orchard

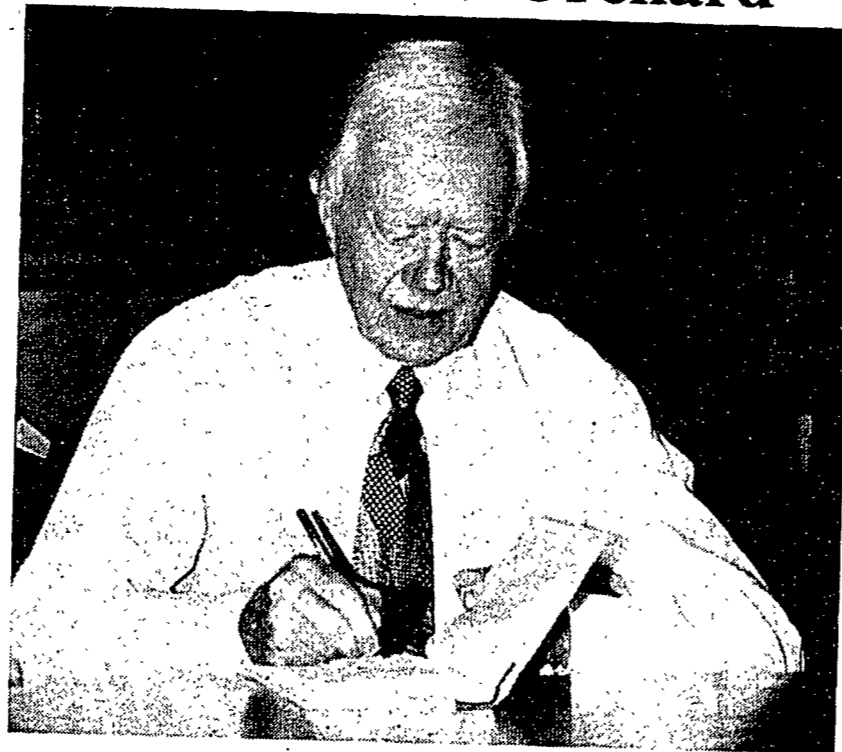


Photo by Bruce Plassmeyer
Former President Jimmy Carter signing copies of his latest book "The Virtues of Aging" at Barnes and Noble Bookstore in the Old Orchard Shopping Center in Skokie Oct. 29.
Carter signed approximately 2,000 copies of his 13th book in a little over an hour.

Community-Wide Memorial Service to be held

The 60th Anniversary of Kristallnacht will be coordinated by the Jewish Community Relations Council of the Jewish United Fund and Ezra-Habonim, the Niles Township Jewish Congregation, 4500 Dempster Street in Skokie, (847) 675-4141, on Sunday, November 8, at 4 p.m. Attendees will include Dignitaries of the Community.

On November 9, 1938 anti Jewish riots, perpetrated by the Nazi party, rage throughout Germany and Austria. During that

night and into the next day, 267 synagogues were destroyed, 7,500 Jewish shops were looted, more than 750 Jewish homes were set on fire and some 30,000 Jewish people were arrested and deported to concentration camps.

To mark the day when the Nazis escalated their policy of persecution, which turned into being the beginning of the Holocaust, this community-wide observance will begin with a memorial service and conclude with Claudia Steven's performance depicting the experiences of concentration camp musicians.

ABLE Northwest-Chicago

Advocates Behind Legal Education, a volunteer, self-help organization for parents, professionals, and others interested in the education of children with disabilities. Adapting/Modifying curriculum. Assessments and Grades for students with disabilities included in general education classes. Presenter: Bill Peters, ISBE Project Choices, Director of DeKalb County Special Education Assn. since 1980. Tuesday, November 10 at 7 p.m. at the Edgebrook Golf Course Clubhouse, 6100 N. Central Ave., Chicago (Turn at Red Cook County Forest Preserve District sign. White balloons and ABLE sign will be on post.)

RSVP necessary, please call Ann at (773) 465-6315, Dawn at (773) 283-0943, Marilyn at (773) 774-7102, or Rosemarie or Andrzej at (773) 792-3580.

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BY JEFFREY CARDELLA
Special to The Bugle

Edward Jones: Deadline Nears for Roth IRA Conversions

The introduction of Roth IRAs this year spurred a barrage of investor interest. One of the largest mutual fund companies experienced a 155 percent increase in new IRA business this year, more than half of which came from Roth IRAs. A leading brokerage firm whose IRA business was 300 percent higher in the first six weeks of 1998 than the same period in 1997 also attributed half of this increase to Roth IRAs. Money magazine even coined a new term - Rothomania - to describe the phenomenon.

The big attraction of Roth IRAs is that you can withdraw your money tax-free in the future -- a feature not offered by traditional IRAs. This has caused many investors to convert their

regular IRAs to Roths. In fact, a large percentage of Roth IRA business has come in the form of IRA conversions.

If you are considering converting your traditional IRA to a Roth, be aware that you'll owe taxes. Any deductible contributions you made to your regular IRA, plus all earnings, are taxable.

There is one break, however: If you make your conversion by Dec. 31, 1998, you don't have to claim the taxable amount all at once. You can spread your tax liability over the next four years. If you convert after 1998, however, you will have to claim the full taxable amount as income in the year you make the conversion.

Should you convert your traditional IRA to a Roth? That depends. For one thing, you can't convert to a Roth IRA if your adjusted gross income exceeds \$100,000. This is the limit for both single filers and married couples filing jointly. A married person filing separately cannot convert.

If you're near retirement, the taxes you pay on conversion may outweigh the tax benefits you'd receive when you withdraw the money. But younger people with small IRA balances may be good candidates for conversion, especially if they convert by Dec. 31, 1998. Just be sure you have money outside your IRA to pay your tax liability.

Roth IRAs and traditional IRAs offer different benefits. Roth IRAs feature tax-free withdrawals and no required minimum distributions. Regular IRAs, however, offer deductible contributions for many people. Whether you should convert a regular IRA to a Roth depends on a variety of factors that should be weighed carefully by you and your financial professional.

Whichever option you choose, you can be certain that the tax-deferred growth offered by all IRAs still makes them one of the best retirement-planning vehicles around.

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, 470-8953.

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Women's News

Catholic Women's Club General Meeting

Our Lady of Ransom Catholic Women's Club November 10 general meeting will begin with Mass at 7 p.m. in the church followed by Line Dancing in Paluch Hall, 8300 Greenwood, Niles. Everyone is welcome to join us for a truly enjoyable evening. For information, call (847) 823-2550.

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Teach children to 'Chill Out' and control their anger

Squabbles between siblings, physical fights over possessions, and loud outbursts are all the result of expressed anger. Although anger is a natural emotion, it can damage family relationships, according to Rebecca Douglas, University of Illinois Extension educator, and family life.

Children often do not have the skills to express their anger constructively. Once parents understand that certain actions and words are the result of anger, they can help children to control this strong emotion.

"While everyone will feel anger at times, it is what we do when we are angry that is really important," Douglas said. "It is the parent's responsibility to help children handle anger in ways that solve problems, not create more."

Infants and young children may scream, cry, hit, pinch, bite, sulk, attack siblings, and refuse to cooperate or provoke others when they are angry. Teenagers may signal their anger by doing poorly in school, or becoming abusive, sullen, withdrawn or secretive. When parents pick up on

these anger cues, they can take the first step in helping their children manage anger.

Virtually no one can manage their anger positively in the heat of the moment. That's why it is important to teach children to recognize when they are becoming angry and to implement actions and thoughts to diffuse that anger.

Douglas suggested that anyone who is angry must first calm down, then try one or more of these strategies: take three deep breaths, count to ten slowly, take a time out, go for a walk or do some other activity to get your mind off the problem that is causing the anger. A change in thoughts can also decrease the impact of anger. Try looking at the situation from the other person's point of view.

Avoid having children beat on pillows or tear something up to get the anger out, warned Douglas. It may seem better than taking it out on the other person, but the aggressive feeling will probably heat up instead of cool off.

Once children have their anger under control, they can learn to talk about the problem without becoming overly angry. Teach children how to say clearly and politely what made them angry. They can learn to use positive statements about how they feel.

In addition, show children how to listen to the other person's side of the story and take turns talking. Another way to solve an anger problem is to brainstorm possible solutions. Ask your child, "What else can you do?" "Is there any other way to work this out?"

One of the most effective ways to teach children about controlling anger is for parents to act as a role model in controlling their own anger.

"Your children will learn from watching you how to express anger and solve difficult situations," Douglas said.

Wedding Bells

Strezelecki - Demiglio



Christina Strezelecki, daughter of Ronald Strezelecki of Niles, and Michael Demiglio were married on Saturday, October 24 at St. John Brebeuf Church. Mrs. Demiglio is employed as an administrative assistant at a Niles business printing company. Mr. Demiglio is a restaurant service purveyor/vendor. The couple will make their home in a northern suburb.

Women's Business Development Center

Learn what Market Research is and how to use it to assess the potential of your business idea. Find out how to do your own research in a short amount of time. Learn how to target your market. "Market Research for the Entrepreneur" will be held on Wednesday, Nov. 11 from 12:30 to 3:30 or 5:30 to 8:30 p.m. at the Women's Business Development Center at 8 S. Michigan, Suite 400, Chicago.

A three hour course that will cover the basics of moving around the Internet. Learn how to use the Internet for business research and marketing and identifying the next steps in accessing the Internet for one's business. "Basic Internet Training" held on Tuesday, November 17, from 9 a.m. - 12 noon at the Small Business Administration Business Information Center at 500 W. Madison, Suite 1250, Chicago.

Registration fee is \$30 and pre-registration is required. Class will include live demonstration and participants will share computers.

For more information or to register, call the Women's Business Development Center at (312) 853-3477, ext. 0. Registration and prepayment are required to guarantee space in the workshop.

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Women's News

NA'AMAT USA sets plans for 1999 yearbook

NA'AMAT USA will initiate its 1999 Yearbook project at a special Council Board meeting on November 12, at 7:15 p.m. at the NA'AMAT USA office (5050 Church St. #226, Skokie). This meeting will serve as a kick-off for this important campaign which constitutes a major fund raising effort for the Greater Chicago Council of NA'AMAT USA. In addition, Abby Ashkenazi, our guest speaker, will discuss the role of Habonim/Dror, the Labor Zionist Youth Movement in maintaining the continuity of Judaism.

The 1999 NA'AMAT USA Yearbook is being dedicated to the Past Chicago NA'AMAT Presidents. This tribute will be culminated at a year-end event next June.

Proceeds of the important yearbook campaign will assist in expansion and maintenance of NA'AMAT Israel's vast network of Vocational and Academic High Schools. These unique schools offer troubled teenager the hope for a meaningful education and the opportunity to develop self-confidence and self-respect. The schools have a spectacular success rate for turning out productive, self-sufficient young adults who are ready to take their places in Israeli society.

For further information about NA'AMAT USA please call Barbara at 847/675-7275.

National Symposium on Women's Health

The American Osteopathic Association (AOA) will host its first National Symposium on Women's Health on November 7 and 8 at the Hyatt Regency Chicago, 151 E. Wacker Drive. Prominent osteopathic and allopathic physicians from across the nation will share their knowledge on health issues such as cardiovascular disease, osteoporosis, breast cancer and arthritis. This symposium is free to the public.

The keynote speaker, Mae Jemison, M.D., will address the attendees on Saturday, Nov. 7. Dr. Jemison is the first African-American woman to fly into space, a professor of Environmental Studies at Dartmouth College, and the president of the Jemison Group, Inc. In addition, Wanda K. Jones, Dr. P.H., Deputy Assistant Secretary for Women's Health, Department of Health & Human Services, will address attendees during Saturday's luncheon.

The program runs from 9 a.m. - 5 p.m. on Saturday, Nov. 7 with topics covering cardiovascular disease, osteoporosis, arthritis and stress management. On Sunday, Nov. 8, the program begins at 9 a.m. and ends at 12:15 p.m. with topics including nutrition, hormone replacement therapy and breast cancer.

For a complete listing of the program topics and speakers, please call (312) 202-8299 or access the AOA's web site at www.am-osteoa-assn.org. The National Symposium on Women's Health is sponsored by Procter & Gamble.

Catholic Women's Bowling League

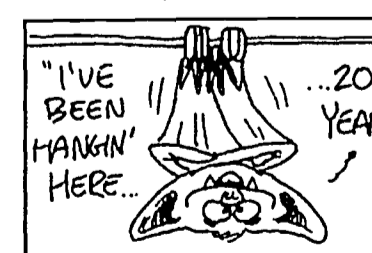
Results as of Wed. 10-28-98

TEAM	W	L
Classic Bowl	45	11
Windjammer Travel	35	21
Skaja Terrace	35	21
Candlelight Jewelers	24	32
Thomas Drozd, DDS	18	38
Grand Nat'l. Bank	11	45

HIGH SERIES	
Pat Heuck	547
Pam Kenny	521
Millie Krill	480
Geri Kenny	474
Carol Ostringer	474
Sandra Davis	460

HIGH GAMES

Pat Heuck	218
Geri Kenny	190
Carol Ostringer	189
Geri Kenny	177
Pam Kenny	175
Geri Thomas	173
Melissa Lang	171



Some species of bats live as long as 15 to 25 years.

'A Holiday Connection'

The Garden Club of Skokie cordially invites the community to their annual Ways and Means Program, "A Holiday Connection," on Wednesday, November 11 at Tam O'Shanter Golf Course, 6676 Howard Street, Niles. The "Holiday Connection" opens at 11 a.m. with a Boutique, where you will find unique handmade holiday gift items and homemade bake goods. A delicious luncheon will be served at twelve o'clock noon.

The Garden Club of Skokie is sponsoring this "first time" event at the Tam O'Shanter facility with its attractive panoramic view of the golf course with all the beauty of autumn's colors to welcome all newcomers and potential members to their Club while highlighting the benefits of being a member. While membership in the club introduces you to new friends whose mutual interests are in gardening, its main focus is to educate its members in the art of gardening and floral design. While members are always encouraged to share their gardening experiences, experts in the field of horticulture, landscape design and flower arranging are introduced at their monthly meetings at 12 noon on the fourth Wednesday of the month in the St. Peter's Library, 8116 Niles Center Road, Skokie, to give in-depth lectures and hands-on workshops.

Please join us on November 11 by calling Joan Kelly at (847) 677-6862.

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OBITUARIES

HERBERT E. JAHN
Herbert E. Jahn, 88, of Morton Grove, died October 17 at Lutheran General Hospital, Park Ridge. Beloved husband of Margaret Clara Jahn. Services were held October 22. Arrangements handled by Sinkins Funeral Home. Interment was in St. Lucas Cemetery, Chicago. Memorials to: Immanuel Lutheran Church, 1830 Chestnut Ave., Glenview, IL 60025.

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ELIZABETH ELTER
Elizabeth Elter, 82, of Niles, died Wednesday, September 23 at Lutheran General Hospital, Park Ridge. She was born Sunday, October 24, 1915 in Yugoslavia. Beloved wife of Frank Elter. Beloved mother of Mary (Peter) Letscher. Grandmother of Elisabeth (John) Meyer, John (Patti) Letscher and Katherine Letscher. Great-grandmother of 4. Sister of the late Adam Gauder, Magdalena Schneyer and Peter Gauder. Services were held September 28 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

FRANK KOHL
Frank Kohl, 75, of Niles, died Sunday, September 27. He was born Thursday, June 28, 1923 in Dubuque, Iowa. Beloved husband of Janann (nee Benn) Kohl. Beloved father of Raymond Kohl and Mary (Robert) Douglas. Grandfather of Anne, Theresa and Catherine Douglas. Brother-in-law of Barbara Matyziak. Services were held October 1 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja

Terrace Funeral Home. Interment was in Mt. Calvary Cemetery, Dubuque, Iowa.

MARY AUSSMANN
Mary Aussmann, 83, of Morton Grove, died Saturday, September 26. She was born Wednesday, October 14, 1914 in Hungary. Services were held September 30 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

Bake Sale at Edison Park Lutheran Church

The Women's Circles of Edison Park Lutheran Church will have their Mission Bake Sale between worship services on Sunday, Nov. 15, at the church, 6626 N. Oliphant Ave., Chicago.

Their famous homemade apple and pumpkin pies will be available as well as cookies and other baked items. Proceeds from the bake sale benefit Dr. Stanley Quanbeck and his Medical Mission in Madagascar. These proceeds are generally used for additional medical supplies for the dispensary, unexpected repairs to

Improving Relationships: Dealing with Hurt and Anger

Jewish Family and Community Service will offer "Improving Relationships: Dealing With Hurt and Anger," a new six-week group for adults who want to learn the origins of hurt and anger, their impact on present relationships and ways of letting go. Lead by Tema Rosenblum, MA, LSW, a JFCS Family Life Educator, the group will discuss constructive ways of resolving conflicts, the hidden meanings of anger, developing new relationships,

and communication skills. The group will meet on Thursdays, Nov. 5 through Dec. 17 (except Nov. 26), from 7:30 to 9 p.m., at the JFCS North Suburban District office, 210 Skokie Valley Rd. in Highland Park. The fee is \$60 per person for the series and \$110 per couple. Adjustments available.

Jewish Family and Community Service is a non-profit organization serving individuals and families in the Metropolitan Chicago area for 139 years. JFCS is a partner in serving our community, supported by the Jewish United Fund/Jewish Federation.

For more information or to register, contact Tema Rosenblum at (847) 831-4225.

Knightly News and Views

Congratulations to PGK Bill Chase for helping the council achieve the Columbian Award for the 1997-98 fraternal year. The award was presented to GK Rich Zaprzalka, on behalf of Bill Chase at the October 7 business meeting. Special thanks to Bill, his officers, committee chairmen and to everyone that helped make it a successful year. May you all be repayed for your kindness and charity.

The annual memorial mass for our council, where all deceased Brother Knights will be remembered, will be held on Wednesday, Nov. 18, at St. John Brebeuf Church. Immediately following the special 7 p.m. memorial mass will be PGK Irv Blaszyński's turkey shoot extravaganza in Flanagan Hall. All members, their families and friends are invited to attend both events.

The new and improved Entertainment Books for 1999 are here. This year's book is the biggest ever, as the north and northwest have been combined into one edition. Other metropolitan areas also available. The council is providing them for \$35 each. To order your copy, contact Ken Lee at (847) 967-6234. Local delivery is available. All funds will be applied to the handicapped access to Flanagan Hall project, benefitting many people. Find out the many advantages of being a Brother Knight. Call John Weber for more information. (847) 342-1405.

Our Lady of Ransom Entertainment '99 Books

Our Lady of Ransom Parish is selling Entertainment '99 Books. Only \$35. They make excellent Christmas Gifts. Books are now available.

To obtain a book: Contact Josephine Bax at (847) 823-8984.

Morton Grove Senior Citizens 470-5223

FLU & PNEUMONIA IMMUNIZATIONS
The Village of Morton Grove will provide influenza and pneumonia immunizations for residents over age 60. The cost of the shots are free for those whose primary insurance is Medicare Part B. Patients who are enrolled in an HMO, or who do not subscribe to Medicare Part B, must pay \$10 for the flu shot, and \$15 for the pneumonia shot.

Seniors should get a flu shot each year to provide immunity to the most commonly predicted flu strains for the coming winter. Pneumonia immunizations provide lifelong immunity to the most common forms of pneumonia and already received, does not need to be repeated. Anyone:

- 1) allergic to chicken, chicken feathers or eggs;
- 2) allergic to contact lens solution or thimerosal (mercurial antiseptic);
- 3) allergic to the antibiotic family called aminoglycosides (gentamycin, kanamycin or neomycin);
- 4) who has ever suffered from the illness known as Guillain-Barre Syndrome; or
- 5) who has cold symptoms the day of their shot; will not be immunized.

This year, a choice of the traditional needle injection or a Biojector (needle-free) injection is offered. Those interested in a shot must make a reservation by calling the Morton Grove Senior Hot Line at 470-5223. The final date for immunizations in the Morton Grove Village Hall Senior Center is Thursday, Nov. 5 from 2 to 5 p.m.

MUSIC AT THE LIBRARY
The Morton Grove Public Library presents two more musical experiences free of charge. At 2 p.m. on Sunday, Nov. 8, the Lyric Opera Profile, "Rise and Fall of the City of Mahagonny" will be discussed by Rochelle Klapman. Then, at 2 p.m. on Sunday, Nov. 15, "100 Years of 'Pop' Tunes" will be performed by David Kear Booth and accompanied by Kathy Heetland. For more information, call the Library at 965-4220.

NUTRITION VIDEO SERIES
This "Nutrition" video will be presented by Morton Grove visiting nurse, Mary Kay Andreoni in the Prairie View Community Center at 12:15 p.m. on Monday, Nov. 9, and in the Morton Grove Village Hall Senior Center at 10:30 a.m. on Wednesday, Nov. 11. There are smart ways of avoiding a constant diet of single-serving pizzas and luncheon meat as well as cooking for one, that produces enticing meals without boring leftovers. Receive advice on good nutrition for the daily diet at this helpful meeting.

SPECIAL TOUCH WORKSHOP "TABLE DECORATIONS"

Linda Mathis of the Morton Grove Park District will demonstrate simple and easy table decorations for the upcoming holidays or any time of the year. This workshop will be held at 1 p.m. on Tuesday, Nov. 10 in the Prairie View Community Center. Find out how to use simple household items to create exciting settings for entertaining. The fee for the workshop is \$5. Call the Park District today at 965-1200, reservations are limited.

BLOOD PRESSURE

Periodic blood pressure measurement is helpful in determining if health is threatened by high blood pressure (hypertension). Hypertension is a contributor toward strokes, heart disease and kidney failure. Unfortunately, hypertension usually has no symptoms so a person can feel great and not know they have it. Free screenings are offered from 9 to 10 a.m. on Tuesday, Nov. 10 in the Morton Grove Village Hall Senior Center.

COMMISSION ON AGING

The Morton Grove Commission on Aging will hold its next monthly meeting at 1 p.m. on Tuesday, Nov. 10 in the Morton Grove Village Hall. The commission provides an arena for discussion and planning of services and programs to benefit Morton Grove's senior citizen population. All interested residents are welcome to attend.

LIBRARY COMPUTER CLASSES

The Morton Grove Public Library presents two more computer training classes free of charge for Morton Grove residents. From 7 to 9 p.m. on Thursday, Nov. 12, "Word 97: Level I" including Word basics, navigating in a document, editing techniques and more; will be discussed by Jennifer Didier of the Banner Training Center. Then, from 7 to 9 p.m. on Tuesday, Dec. 1, "Introduction to Personal Computers" will be Ms. Didier's topic. For more information, or to make a reservation, call the Library at 965-4220.

Lincolnwood Seniors Club

The Lincolnwood Seniors Club invites the community to join them on Tuesday, Dec. 15 for a trip to the Rosemont Theatre to see a Radio City Christmas Spectacular starring the Rockettes.

The cost of \$58 for members, \$60 for guests includes show and transportation (Deluxe Motorcoach). Lunch is \$10.50 additional payable at the Holiday Inn O'Hare's Market Place Restaurant. Lunch includes a full buffet with beverage, carrot cake and ice cream for dessert.

Departure time is 11:15 a.m. from the Lincolnwood Village Hall, 6900 N. Lincoln Ave., with return scheduled for 5:15 p.m.

PNA North Side Seniors to meet

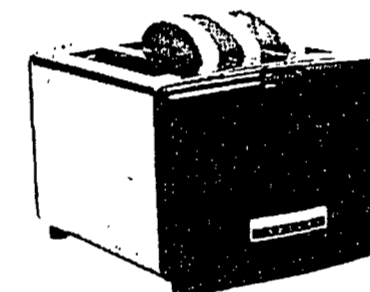
The PNA Northside seniors will meet Tuesday, November 10, at 10 a.m. at the Polish National Alliance Fraternal Center, 6038 N. Cicero Avenue, Chicago.

Our guest speaker will be Ms. Kathleen Ziemia, Development Associate for Community Relations at Rainbow Hospice, Inc., and Ms. Jean Stachurski, a dedicated volunteer who will assist in regards to questions that need to be translated to our Polish members. They are affiliated with a non-profit community based Hospice serving the Chicago

area. PNA Vice President Stanley M. Jendzejec invites all seniors, and friends to this important program. All seniors 55 and over, PNA members or not are invited. Refreshments will be served. For more information, call (773) 286-0500, ext. 309 or 316. Please note this is a Tuesday meeting.

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MEMBER OF THE CARPATH HEALTH NETWORK

Low-cost will preparation offered

Attorneys from The Chicago Bar Association Lawyer Referral Service provide low-cost will preparation through its Senior Citizens Will Program for qualifying limited-income seniors at the Skokie Office of Human Services, located at 5120 Galitz in Skokie. Advance appointments are required. The program is usually held the fourth Wednesday of each month when a minimum number of appointments is scheduled. Seniors can call (847) 673-0500, ext. 4438 to schedule an appointment.

To be eligible, clients must be age 60 or over with incomes of \$15,000 or less (\$20,000 for a couple), with assets no more than \$30,000, excluding a home and

personal car. Seniors will receive a free, will-related consultation. The cost for drawing up a simple will is not more than \$50 for an individual (\$75 for a couple).

Seniors can pick up Durable Power of Attorney and Living Will forms free of charge or they may hire the attorney at a reduced fee to assist in completing the forms and explain various options.

The Senior Citizens Will Program is sponsored by The Chicago Bar Association Lawyer Referral Service, the Suburban Area Agency on Aging and the Cook County Legal Assistance Foundation.

Midwest Conference for Orthodox Jews set

The Mayer Kaplan Jewish Community Center, 5050 W. Church St., Skokie will sponsor the Second Annual Midwest Conference on Women, Halakha and Modernity on Sunday, Nov. 22 from 9 a.m. to 5:15 p.m. The day-long event is designed to enrich and enhance the lives of the Orthodox community through stimulating presentations, group workshops and text study. Prominent scholars from around the country will lead Torah text study and issue and policy sessions. In addition, they will address a variety of subjects relating to Orthodox women and the fulfillment of their personal and public roles and responsibilities. For more information or to request a conference brochure, please call the Mayer Kaplan JCC at (847) 675-2200, ext. 120.

ment scholars from around the country will lead Torah text study and issue and policy sessions. In addition, they will address a variety of subjects relating to Orthodox women and the fulfillment of their personal and public roles and responsibilities. For more information or to request a conference brochure, please call the Mayer Kaplan JCC at (847) 675-2200, ext. 120.

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Niles Senior Citizens 588-8420 - 588-8000

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center is open to residents of the Village of Niles age 62 and over, and their younger spouses. To register for classes, trips, purchasing tickets, etc., you need to be a member of the Niles Senior Center. If you are interested in obtaining additional Senior Center information, or you wish to become a member, call or visit the Center and be placed on the mailing list. The Senior Center is located at 8060 Oakton Street until Wednesday, Nov. 25. Starting Monday, Dec. 14, we will be located at 999 Civic Center Drive. The phone number will remain 588-8420.

IMPORTANT NOTICE
As usual, the Niles Senior Center will be closed for Veterans' Day, Wednesday, Nov. 11; and for the Thanksgiving Holiday, Thursday, Nov. 26, and Friday, Nov. 27. We will be closed from Monday, Nov. 30 through Friday, Dec. 11. We are excited about our reopening at the new building on Monday, Dec. 14. No activities or meetings will take place at the Senior Center during this two week period, but the Book Discussion group will be at the Library on Friday, Dec. 4, the Men's Club Holiday Party will be at the White Eagle on Friday, Dec. 4 and the Rockettes Christmas Spectacular will leave from the Golf Mill Food Court Tuesday, Dec. 8. Visit us at our new location, starting December 14. Look for our open house in February or March and remember to set aside Sunday, April 25 for our Special Senior Afternoon.

BOOK DISCUSSION
The Book Discussion is Friday, Nov. 6 from 10 a.m. to 11 a.m. Price of \$1 includes the use of *The Untouchable* by John Banville, and refreshments.

NILES FREE BUS PROGRAM
Niles Free Bus Program is Friday, Nov. 6 at 10 a.m. Tom Surace, Transportation Supervisor for the Village of Niles, will be available to answer individual questions about the Niles Free Bus. Appointment required.

ARTS & CRAFTS FAIR
Arts & Crafts Fair is Friday, Nov. 6 from 10 a.m. to 2 p.m. Items available for sale will include jewelry, woodworking, knitted and crocheted items, oil and watercolor paintings, and more. A \$1 hot dog lunch is available. If you would like to participate in this event, contact Kelly at the Center.

MONTHLY MAILING
The Monthly Mailing is Tuesday, Nov. 10 at 12:30 p.m.

NOVEMBER LUNCHEON
November Luncheon is Friday, Nov. 13 at noon. Following a meal of Antipasto Salad, Chicken Breast with Tri-color Tortellini, Artichoke Hearts, Garlic and Hearts of Palm, we will listen to "The Steve and Edie of Chicago." Price: \$6.

COMPUTER LECTURE
Calling all computer buffs. Don't miss our monthly informal meetings to discuss topics concerning computers. Our next meeting is scheduled for Monday, Nov. 16 at 2 p.m. Registration required.

AN EVENING AT THE MARIOTT LINCOLNSHIRE THEATRE
Seats are still available for the Marriott Lincolnshire Theatre Trip on Thursday, Nov. 19, from 5 p.m. to 11 p.m. Enjoy your choice of Salmon Palma, New York Strip Steak, or Chicken Courtney followed by the enchanting production of *Finian's Rainbow*. Price: \$42 includes dinner, show and transportation. Contact the Center for tickets.

SHIP LECTURE
Jim Connors of the Senior Health Insurance Program will lead a discussion on Medicare+Choice and answer questions about the various enrollment options now available on Friday, Nov. 20. Registration is required.

WOMEN'S CLUB HOLIDAY PARTY AND MEETING
Women's Club Holiday Party is Monday, Nov. 23 at 12 noon. Following a special catered holiday meal, Jennifer Silk will perform holiday music on the violin. Price: \$3.

MEN'S CLUB HOLIDAY PARTY
Men's Club Holiday Party is December 4, from 11 a.m. to 4 p.m. at White Eagle Banquet Hall. Enjoy your choice of Pepper Steak or Orange Roughy - \$18.50, or Rosemary Chicken Breast - \$17.50. Then enjoy the afternoon festivities including the Frank Martello Orchestra. Tickets are available.

NEED A FLU SHOT?
Contact Terry Sprengel, RN, BSN, for an appointment. For seniors, 65 and older, or persons 62 to 64 with a chronic illness. Medicare will be billed for your flu shot.

Lecturer discusses important life questions

Carolyn Sweers, a retired philosophy teacher and an adult education teacher, will lead a new seminar entitled Great Questions II (HUM 543 61, Touch-Tone 9564) at Oakton Community College on Nov. 17. The four-week seminar, sponsored by Oakton's Emeritus Program and the Alliance for Lifelong Learning (ALL), meets on Tuesdays from

10:30 a.m.-noon at the Ray Hartstein Campus, 7701 N. Lincoln Ave., Skokie.

How should we treat others - people we like, people we don't like and people we do not even know? What in life is most important to know? Sweers will explore the answers to these and other eternal questions as she continues the discussion started in the Great Questions I seminar held in October. (You do not have to have taken Great Questions I to enroll in this session).

Students who have registered

for Oakton or ALL classes since 1995 and have a correct Social Security number on file, may register for this seminar using the Touch-Tone system by dialing (847) 635-1616. Registrations can also be taken via FAX at (847) 635-1448, in which case payment must be made by a major credit card (Visa, Mastercard or Discover).

The seminar fee is \$80; in-district residents over the age 60 pay half the listed price. For registration information, call (847) 635-1414 or (847) 635-1416.

Community invited to sing along

Congregation B'nai Jehoshua Beth Elohim invites the community to join with them in an evening of singing along to popular songs and show tunes, Sunday, November 22, at 4 p.m. at 901 Milwaukee Avenue, Glenview.

The program led by the congregation's Cantor, Cory Winter, will feature a wide range of popular songs, including Broadway tunes, Hollywood hits, and great American songs. The evening promises to be full of fun, good music, and some surprises.

Tickets are \$18 per person for the sing-a-long, and \$25 per person for the sing-a-long and a picnic dinner of hot dogs, hot beef sandwiches, hot chicken sandwiches, and ice cream with toppings.

For information contact Shari Bauer (847) 729-7575.

NARFE meeting

A regular meeting of the National Association of Retired Federal Employees will be held on Friday, Nov. 6 at 1 p.m. at Warren Park Field House, 6601 N. Western Ave., Chicago.

All active and retired federal employees are welcome.

GLENVIEW TERRACE NURSING AND REHABILITATION CENTER

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School News

OST Program holds open house

On Tuesday, Nov. 10 at 7:30 p.m. the Office Systems Technology Program (OST) at Oakton Community College will host an open house. Participants will learn about the OST program, including degree requirements and career opportunities, and receive information about spring registration. The open house will be held in Room 1836 at the Des Plaines campus, 1600 E. Golf Rd.

As part of the open house, a **PIANO INSTRUCTOR** Master of fine arts with 30 years of experience teaching piano. Private lessons for all ages at our Lincolnwood music studio or at your home. **RITA 847-329-7508**



PowerPoint presentation, "OST Desktop Creative Solutions," will be presented by current Oakton students enrolled in an Advanced Desktop Publishing course taught by Rhoda Sterling, part-time OST instructor at Oakton.

For more information about the open house, contact Hollis Chalem-Brown, OST chairperson, at (847) 635-1954.

Registration for spring classes begins Nov. 16. Students can register in person Monday - Thursday from 8:30 a.m. - 8 p.m.; Friday from 8:30 a.m. - 5 p.m.; and Saturday from 9 a.m. - noon at the Des Plaines campus, 1600 E. Golf Road, and at the Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

Students who have applied and registered for Oakton classes since spring of 1996 may use the Touch-Tone Registration during these hours. To register by phone dial (847) 635-1616 and refer to the computer ID number listed by the course title in the Spring Credit Class Schedule.

For additional information, contact Student Services at the Des Plaines campus (847) 635-1741 or (847) 635-1417 at the Ray Hartstein campus in Skokie.

The Culture Bus rolls on for a seventh season

The Notre Dame High School Culture Bus program is back for its seventh year. This program was conceived as a way of giving students the opportunity to sample the rich culture resources available in the city of Chicago. Because of the success of last year's program, we are opening certain outings to parents, alumni, and friends.

The Culture Bus began the 1998-99 season with a "Bang" as it ventured forth to South Bend, Indiana to the Campus of the University of Notre Dame on Friday, October 9th. The action-packed excursion was full of entertainment that needed to stretch into two days and one night.

Other Culture Bus events that are coming soon are: Northlight Theatre "The Old Neighborhood" by David Mamet, "The Cripple of Inishmaan" by Martin McDonagh, a University of Notre Dame Excursion and the International Voyage IV "London and the Emerald Isle" June 14-22, 1999. For more information please contact: Mr. George Ratin, Director of Enrollment at (847) 965-2900, ext. 8616.

Oakton faculty receives Hartstein award



Tom Firak, associate professor of biology, and Raymond Lester, who teaches political science, history and social science courses, were the recipients of Oakton Community College's 1998 Ray Hartstein Award for Outstanding Professional Excellence in Teaching. Firak teaches full-time and Lester teaches part-time.

Faculty members are nominated by students and colleagues for the Ray Hartstein Award for Academic Excellence. A committee of the Board of Student Affairs reviews the nominations and sends recommendations to the Oakton Educational Foundation which makes the final selections.

Pictured from left to right: Tom Firak, Steve Crawford, executive director of Client Service at Leo Burnett and member of the Oakton Educational Foundation's Board of Directors; Marc Menet, president of the Board of Student Affairs at Oakton; and Raymond Lester.

Columbia College to host Open House

Columbia College Chicago hosts its spring semester open house for prospective freshmen and transfer students on Saturday, November 14 from 10 a.m. to 3:30 p.m. Faculty and advisors will be on hand to address student questions concerning academic programs, financial aid, admissions and student services.

Separate programs will be held for freshmen and transfer students. Freshmen will meet in the Ferguson Theater, 600 S. Michigan, while transfer students will meet at the Hokin Hall, 623 S. Wabash.

Columbia offers classes and majors in advertising, advertising art, animation, arts management, computer graphics, dance, early childhood education, fashion business, fashion design, fiction writing, film/video, fine art, general education programs, liberal education studies, graphic design, illustration, interactive media, interior design, interpreter training, jazz, journalism,

magazine writing/editing, marketing, marketing communication, music, music business, musical theater, photography, professional writing, public relations, radio/sound, television, and theater.

Reservations are encouraged. Call 312-344-7130.

Dominican

Visiting Day

The Dominican University Office of Admissions is hosting a Visiting Day for high school juniors and seniors on Wednesday, November 11. The program begins at 9 a.m. in the Fine Arts Re-

cital Hall at Dominican University, 7900 W. Division Street.

Students will tour Dominican's 30-acre campus, meet faculty and students, attend class and learn about admissions and financial aid.

Reservations are required. For more information or to register, call the Undergraduate Admissions office at (708) 524-6800.

Career Seminar

The School of Business of Dominican University in cooperation with JA Human Resource Initiatives will host, "Career Resiliency: What Have You Done For Yourself Lately?" an informational seminar on career development. The program will be held on Friday, November 13 from 8:30 a.m. to 4:30 p.m. in room 302 of Lewis Hall, 7900 West Division Street.

Cost for the seminar is \$145 and includes seminar manual, related materials, refreshments and lunch. Cost for current students and alumni of Dominican is \$75. For more information about the seminar, call (708) 524-6810.

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Maine East Demonaires officers



Maine East's 20-member choir, the Demonaires, will entertain at the school's annual variety show, titled "The Premier." Demonaires' officers (from left) are Anne Marie Jardeleza of Des Plaines, Melissa Noparstak of Niles, and Jeff Tackes of Niles. V-Show is scheduled for Friday and Saturday, November 6 and 7, at 7:30 p.m. in the Maine East auditorium. Tickets are \$4 per person and will be available at the door.

Dedication to recognize 38-year employee set for Nov. 10

"Good morning, Maine East..." "Good afternoon, Maine East..."

Hundreds of phone calls from parents, students, college reps, salesmen, etc. answered daily, month after month, year after year -- 38 years, to be exact -- by Pat Wagner, Maine East switchboard operator/receptionist, from 1956 through 1994.

The long-time Park Ridge resident retired from Maine East after 38 years of dedicated service, and following her death in April of 1998, Maine East faculty and staff wanted to keep her memory alive and continue Wagner's legacy of welcoming people to the school.

Lynn Dieter/English and David Barker/E.S.L. organized a Memorial Committee to honor Wagner's memory and work, and their efforts will culminate in a dedication ceremony Tuesday, November 10, at 6 p.m. in the Maine East auditorium.

The committee's work focused on two projects. The first was to have Board of Education approval to place a plaque and photograph of Wagner on the Maine East Wall of Fame, located in the main hallway entrance to the auditorium. She is the fifth person to earn this distinction. In addition, a fund was also established by Maine East friends to build the Pat Wagner Memorial Showcase in the east hallway adjacent to the rotunda. It will display articles and photographs about Maine East in the news and showcase the accomplishments of present and past members of the Maine East community.

"Pat was always so proud of their work."



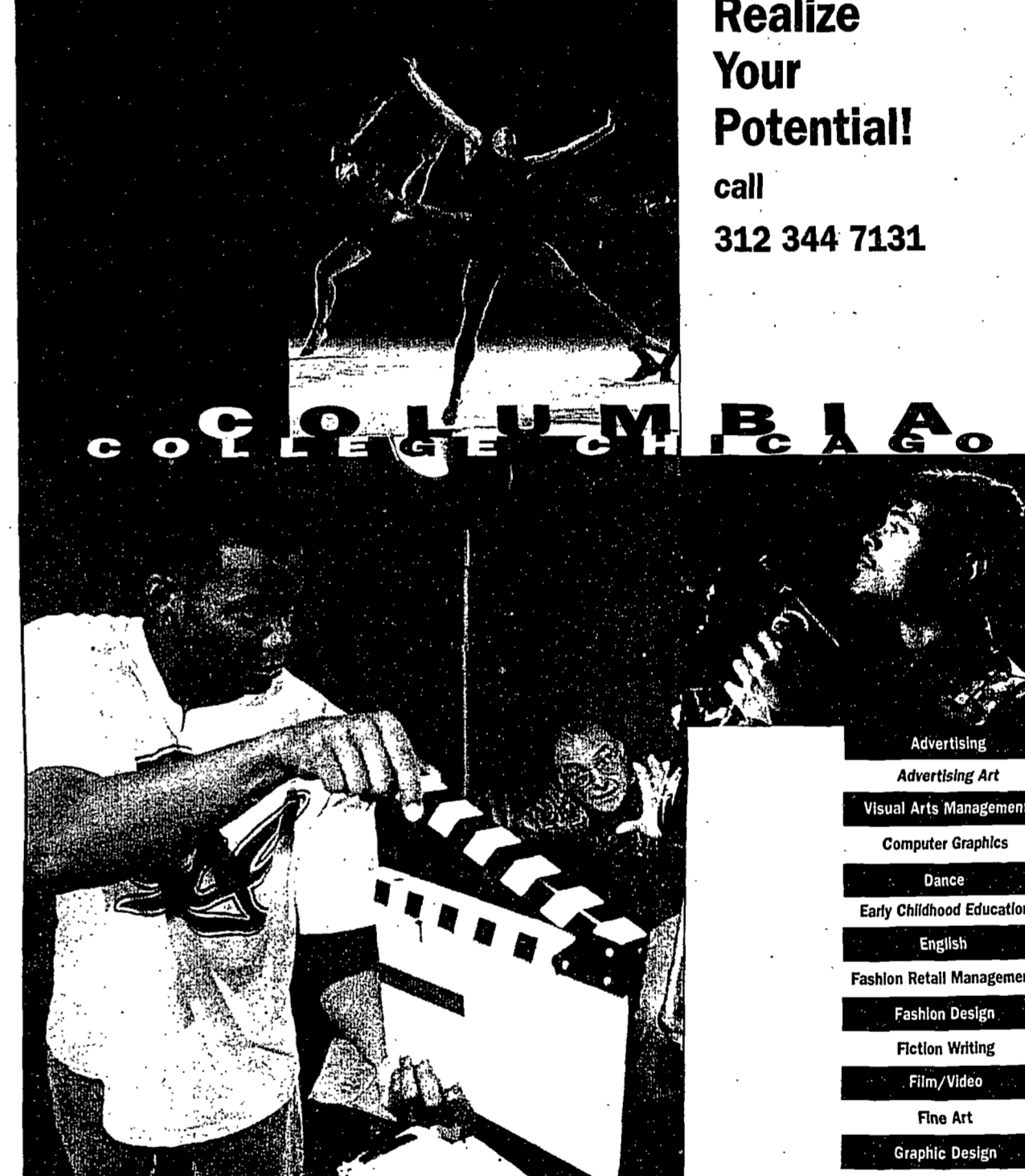
Pat Wagner

Maine East," reflects Dieter, "and the Memorial Showcase is one more way that we, too, can show visitors to our school that Maine East is proud of our history, our staff, and our students."

The public is cordially invited to attend the dedication ceremony on Tuesday, November 10, at 6 p.m. Following the ceremony, faculty will meet with parents and students in the evening session of Open House. The committee felt that this was a fitting time to recognize Wagner, who spent so many years welcoming people to Maine East, whether by phone or in person.

Following Wagner's graduation from Schurz High School in Chicago, the family moved to Park Ridge so Wagner and her father, who was also employed at Maine East, would be close to their work.

Fall '98 Open House November 14 9:00 am — 3:30 pm



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Police News

Road Rage: How can we solve the problem?

This question will be answered by Illinois high school seniors who enter the 33rd annual Illinois Editors' Traffic Safety Seminar Essay Contest.

Seminar directors make preliminary selections from nearly 2,000 entries. These are sent to a panel of health and safety educators from the University of Illinois, which chooses the five finalists. Writing skills and original thinking are important criteria considered by the judges. They also look for fresh, feasible, constructive and well-supported ideas, along with spelling, thought organization, punctuation and grammar.

Scholarships totaling \$10,000 will be awarded to the five students whose essays best respond to the topic. Each winner will receive a \$2,000 scholarship check. Since the contest originated, nearly 32,000 students have participated and more than \$176,000 in scholarship money has been awarded by the AAA-Chicago Motor Club.

Previous contests have addressed many traffic safety issues, including drunk driving, speed limits, legal driving age,

driver education and new legislation. An official entry form must accompany each essay which should contain approximately 500 words and be postmarked no later than Dec. 31.

Contest rules and entry forms are available at most Illinois high

schools or AAA-CMC branch offices. Or send a self-addressed, stamped envelope to: AAA-Chicago Motor Club, P.O. Box 5027, Des Plaines, IL 60017-5027. The scholarship awards will be presented to the winners in early May, 1999.

Sheriff Sheahan offering Speakers Bureau

Cook County Sheriff Michael F. Sheahan has a centralized Speakers Bureau which can furnish community groups and other organizations with expert speakers on crime and safety, as well as the many services offered by the Sheriff's Office.

The Speakers Bureau is comprised of representatives from all areas of the Sheriff's Office who give presentations on specific departments, programs and issues.

"The Speakers Bureau is available to provide Cook County Residents with direct access to the Sheriff's Office," Sheahan said. "We encourage senior citizen groups, community organizations and any other group seeking information on public safety or the Sheriff's Office to give us a call."

The Sheriff's Office is one of the largest and most diverse agencies in the county government. The Sheriff is responsible

for administering Cook County Jail providing security for all the county's court system, patrolling the unincorporated suburbs and several other law enforcement and public safety duties.

In addition to giving presentations on the day-to-day activities of the office, speakers are available to offer tips on fighting the spread of gangs, combating drug abuse, establishing neighborhood watch programs and preparing for and reacting to emergencies and natural disasters.

Crime prevention strategies specifically targeted for senior citizen groups are also available as well as information on a wide variety of youth programs and services offered by the Sheriff's Office.

To schedule a speaker or obtain further information, contact the Sheriff's Speakers Bureau at (312) 603-6409.

Sleeping and driving don't mix

Drivers don't know how to cope with sleepiness, suggests a new study released by the AAA-Chicago Motor Club. "Drowsy driving can be as dangerous as driving under the influence of alcohol or drugs," says Jonathan Lehrer, AAA-CMC's vice president of public affairs. "We're trying to inform motorists of ways in which they can avoid falling asleep behind the wheel."

The study, conducted by Dr. David Dinges, Beatrice A. Jauregui, and Lan Nguyen at the University of Pennsylvania for the AAA Foundation for Traffic Safety, concluded that the only effective ways to stay alert while driving involve taking naps and using caffeine. Yet most drivers believe that rolling down the window, listening to tapes, or taking their shoes off will keep them awake.

The AAA Foundation is distributing cards that with tips on how to overcome drowsiness. Its recommendation has been dubbed the "Sex-C system," an acronym that represents: S, for Sleep, Ex, for exercise and

C, for Caffeine. The combination allows a few more hours a wide-awake driving.

The study recommends that rest areas be made safer so motorists will be more likely to take a sleep break. Motorists should also be sure to get a good night's sleep before hitting the road.

The survey asked sleep professionals for signs that a person is about to fall asleep. The most common answers included involuntary eyelid closures, "inattention," yawning, inability to stay in a lane, and being disengaged from the environment and feeling tired.

"When these symptoms appear, motorists should take notice immediately," Lehrer says.

Drowsy driving crashes often occur between midnight and 7 a.m., but are also common in mid-afternoon. Drivers who feel drowsy should take the feeling seriously. "Just a split-second of driver inattention could have grave consequences," Lehrer adds.

Police News

Niles

Theft

The owner of a real estate office in the 7800 block of Milwaukee Avenue reported that person (s) unknown removed two 4-foot stone benches from the north side of the building. The value of the benches was estimated at \$300 each.

Niles police are investigating the theft of an IBM lap top computer valued at \$1,500, two monitors valued at \$800 and a tower computer valued at \$3,500 from the communications center of a plant in the 7300 block of Lehigh Avenue sometime between 6 p.m. Oct. 23 and 12:30 a.m. Oct. 24.

The security agent of a retail store in the 6100 block of Touhy Avenue reported that he had been investigating cash register shortages for approximately three weeks when he zeroed in on a 26-year-old male employee from Skokie Oct. 31. The offender was observed on video tape pocketing two \$100 bills. He was brought to the security office where he made a written statement admitting the theft of \$1,150 from the cash register since Oct. 8.

The subject was taken into custody and transported to the Niles Police Department for processing. Store officials allege a shortage of \$1,350 and are gathering further documentation. Police are investigating.

Unknown person(s) removed a king size down comforter valued at \$580 belonging to a 35-year-old Park Ridge woman from a dryer in the laundromat in the 8900 block of Greenwood between 2:50 p.m. and 3:45 p.m. Oct. 31.

The manager of a music store in the 9400 block of Milwaukee Avenue reported that an unknown male described as being around 35 years of age, standing five feet 8 inches tall and weighing 325 pounds wearing a black jacket, a gray shirt and black pants was looking at microphones in the store. When the suspect left, the manager discovered that two microphones valued at \$227.98 were missing.

Theft from auto

A 39-year-old Niles man reported that unknown offender(s) broke the driver's side door window of his green 1996 Pontiac Sunfire and removed a CD player and radio valued at \$300. The incident occurred sometime between 9:30 p.m. Oct. 28 and 6 a.m. Oct. 29 while the vehicle was parked in the 9000 block of Clifton.

Burglary to auto

A 41-year-old Chicago woman reported that unknown person (s) broke out the driver's side

window of her blue 1992 Chevrolet Lumina and removed an envelope containing \$1,800 in cash. The incident occurred while the vehicle was parked in a rear lot in the 7400 block of Lehigh Avenue between 7 a.m. and 10 a.m. Oct. 30.

The victim told police she was the only person who knew the money was in the auto. Approximately 25 other vehicles were parked in the lot at the time of the incident, but none was broken into. Police are investigating the incident.

Criminal damage to property

A Chicago woman reported that unknown offender(s) threw a pump, in through the front picture window of a house in the 8000 block of Ottawa around 4 p.m. Oct. 31. The victim suspects that her 41-year-old brother may be responsible because the home was locked and is to be sold next week, according to police, who are investigating the incident.

Criminal damage to vehicle

A Niles girl suspects that her former boyfriend, a 19-year-old Skokie man, may have used a hard object to break the windshield of her gray 1990 Geo Storm and then broke eggs all over the car sometime between 1 a.m. and 9:30 a.m. Nov. 1 while it was parked in the 6800 block of Lexington. The cost to repair the damage to the vehicle is estimated at \$200. Police are investigating.

A 39-year-old Niles woman reported that unknown person(s) used a sharp object to scratch her green 1997 Dodge Caravan van sometime between 10 p.m. Oct. 31 and noon Nov. 1 while it was parked in the 9000 block of Clifton. The cost to repair the damage is estimated at \$200. Police are investigating.

Battery/suspicious activities

A 19-year-old cashier in a toy store at 370 Golf Mill sustained a swollen jaw and lip after an unknown man in his early 20s described as standing between 5 feet 5 inches and 5 feet 7 inches tall and wearing a tan jacket, white T-shirt and blue jeans attempted to purchase a video tape with a suspicious \$100 bill. When the clerk noticed that the bill had no fibers in the paper and no security strip, she asked the offender about the bill, he punched her in the mouth, grabbed the bill and fled the scene in an unknown direction. The victim told police she will sign complaints.

Stop Crime!

Morton Grove

sign were broken, probably by the same offender(s). These items were also part of alawn display for Halloween.

Burglary from auto

A 50-year-old Morton Grove man said that between 11 p.m. Oct. 8 and 7:20 a.m. Oct. 29, unknown offender(s) gained entry to his 1998 red Lincoln Navigator through the unlocked driver's side door. The car was parked in the driveway of his home in the 6700 block of Palma Lane. The offender(s) removed \$100 in cash from the car, as well as \$5 in coins. Several dollars' worth of change was not removed from the center of the dashboard, nor was a cell phone. The police are investigating the crime.

Burglary from auto

A 52-year-old Morton Grove resident said that sometime between 11:30 p.m. Oct. 28 and 5:30 a.m. Oct. 29, in the 6500 block of Albert in Morton Grove, unknown offender(s) removed the hood ornament from his 1981 blue Mercedes-Benz E500. The victim said he parked his car at 11:30 p.m. He heard his dog bark, but ignored it. The following day he noticed that the hood ornament of his car was gone and that the entire contents of the car's glove box were removed and sprawled

on the floor and seat. About \$2 worth of coins was missing. No other vehicles in the area appeared to have been damaged. Police are investigating.

Retail theft

Between 12:20 and 12:35 p.m. on Oct. 28, a 63-year-old, female, resident of Des Plaines wearing a red and white shirt, vest and blue jacket took a bottle of Anne Klein perfume from a retail store in the 7200 block of Dempster. The witness, a 29-year-old Chicago resident said she saw the offender put the bottle of perfume under her clothing and leave the store. The offender was stopped outside of the store and brought back into the store. She was processed with the help of an interpreter and transported to the Morton Grove Police Department. The offender posted \$100 bond and was given a court date. The total amount of the theft was \$14.99.

Criminal damage to auto

A 34-year-old female, resident of Morton Grove reported that her husband parked their 1988 red Honda Accord in front of their home in the 7400 block of Lake Avenue at 6 p.m. Oct. 27. Unknown offender(s) shattered the driver's side window. The victim noticed the damage at 6:55 a.m. on the morning of October 28.

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Community Calendar

BUSINESS

Wed., Nov. 11

Business After Hours

Starck & Champions Realtors, 733 Lee Street, DesPlaines, will host a Business After Hours for members of the DesPlaines Chamber of Commerce & Industry on Wednesday, November 11 from 5 to 7 p.m. Evening highlights include business networking, complimentary hors d'oeuvres, sparkling refreshments, Ribbon Cutting, and a Turkey Card

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Sat., Nov. 14

Homeseekers Seminar

A free Homeseekers Seminar will be held on Sat., Nov. 14, from 10 a.m. to 12 noon at the Chicago Public Library, the George Cleveland Hall Branch at 4801 S. Michigan Ave., Chicago. Attendees will learn about pre-purchase planning; establishing, maintaining and rebuilding credit; low down payment mortgage programs; and, the responsibilities and benefits of home ownership. The seminar is open to the public, but space is limited. Please call (312) 461-3501 to register or to obtain more information.

CHILDREN

Thurs., Nov. 12

Talking to children about sex "Talking to Your Child About Sex" is the topic for the tenth in a year-long series of free lectures featuring pediatric specialists and health care professionals from Lutheran General Children's Hospital, Park Ridge.

Student dance concert featuring choreography in a variety of styles at NEIU



A student dance concert, sponsored by Northeastern Illinois University's (NEIU) Department of Music and the Dance Program, will be presented in the university's auditorium on Friday, November 13, at 8 p.m.

The program includes choreography in a variety of styles by current and guest faculty members as well as works by student choreographers. Danny Diallo Hinds, artistic director of Sundance Production, a guest faculty member at NEIU this year, will provide a suite of African dances. Dame Libby Komaiko, artistic director of Ensemble Español Spanish Dance Theater, will present "Flamenco Ole," a suite of Flamenco dances including tangos, bulerías, alegrías, rumbas and sevillanas. In addition, the program will include works by student choreographers in a variety of dance styles, including modern, jazz and Spanish dance.

NEIU is located at 5500 N. St. Louis Ave., Chicago (near Bryn Mawr and Central Park). Free parking is available in Lot "D" at the northwest corner of the campus. (Look for the large blue and white sign that reads "Northeastern Illinois University.") Admission is \$8; senior citizens and students, \$5. For more information, contact Rachel Burton at (773) 794-6138.

Fri., Nov. 13

Brain Tumors & Current Gene Therapy

The Midwest Children's Brain Tumor Center at Lutheran General Children's Hospital will present a free lecture on "Genetics of Brain Tumors and Current Gene Therapy" by Carol Booth, M.D., geneticist, at 8 a.m. Friday, November 13. The presentation, which is part of a free series for the public, caregivers, physicians, nurses and health care professionals, will be in Room 109 of the Victor Yackman Children's Pavilion of Lutheran General Children's Hospital. For more information, call 847-723-5105.

The Jungle Book

TheatreWorks USA brings its stage adaptation of Rudyard Kipling's "The Jungle Book" to the Paramount Arts Centre in Aurora on Fri., Nov. 13, 7:30 p.m. Tickets are \$5 each and are available by calling the Paramount Arts Centre's box office at (630) 896-6666 or at any Ticketmaster location.

ENTERTAINMENT

Fri., Nov. 6

Concert

Evanston Symphony Orchestra Concert, Friday, November 6, 1998 at 8 p.m. Lynn Schornick, Music Director Ludwig van Beethoven - Egmont Overture, Johannes Brahms - Violin Concerto Richard Roberts, Soloist, Sergei Prokofiev - Romeo & Juliet, Suite No. 2. Tickets are \$12; \$40 for season (4 concerts) with discounts for seniors and students. Call 864-8804. Fax 866-0947.

Sat., Nov. 7

Easyriders Bike Show

In its 11th year, Easyriders Bike Show Tour has moved its Chicago location to the Odeum Sports and Expo Center to accommodate the growing audience. Each bike show

Continued on Page 21

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Community Calendar

Oakton presents Sondheim: Putting It Together



Performers Janet Reed Rumsey and Michael D. Walker sing one of Stephen Sondheim's famous tunes as part of Sondheim: Putting It Together, on stage in November at Oakton Community College.

This wonderfully clever "revusical" features songs from every Sondheim score and is a fast, funny and moving portrait of contemporary society. The play was written by Stephen Sondheim and Julia McKenzie and is directed by Karol Verson.

Performances are scheduled for Friday, Nov. 6, 8 p.m.; Saturday, Nov. 14, 8 p.m.; Sunday, Nov. 8, 2 p.m. and Wednesday, Nov. 11, 2 p.m.

Tickets are \$7 general admission; \$5 for students and seniors. To purchase tickets or for more information about the play, call the Oakton Box Office at (847) 635-1900.

ENTERTAINMENT

Continued from Page 20

features wall-to-wall custom bikes, motorcycle accessories, a manufacturer's row, calendar girl contest, live music, and a fashion show. A special bonus this year is the consumer's chance to win an Ariel Ness or a Pure Steel bike and a chance at one of the door prizes. Odeum Sports and Expo Center, Noon to 11 p.m. For more information about this event, please contact (800) 962-9857.

Nov. 13-14

Into the Woods

Center Stage at Dominican University presents productions of "Into the Woods" on Fri. and Sat., Nov. 13 & 14 at 8 p.m. in the Lund Auditorium located in the Fine Arts building, 7900 W. Division St. Tickets for "Into the Woods" are \$10. For more information or to purchase tickets, call Center Stage at Dominican University at (708) 524-6942.

FASHION SHOW

Sun., Nov. 8

'A Family Affair'

Reserve Sun., Nov. 8 and join us at 12 noon for Sisterhood's "A Family Affair" fashion show. Fashions for women, children and men from Pauline & Company, Mud Pies, and Pines of Park Ridge. Luncheon will be \$15 per person, children under 10 will be \$5. Tickets sold at the

Sun., Nov. 8

Spaghetti Dinner

The ladies of the Billy Caldwell American Legion Auxiliary, 5116 W. Irving Park Rd., Chicago, is holding their annual Spaghetti Dinner on Sun., Nov. 8 from 12-3 p.m. The menu consists of Spaghetti and Meatballs, salad, Italian bread and dessert. Adults \$7. Children \$4. Bernadette Schwab, (847) 966-4616.

Fri., Nov. 13

Spaghetti Dinner

Don't miss the Annual Spaghetti Dinner, on Fri., Nov. 13, at Norwood Park Home, 6016-20 N. Nina Ave., Chicago. Unlimited appetizers, all-you-can-eat spaghetti, garlic bread, salad, and ice cream plus wine and festive Italian music. Seatings at 5 p.m., 6:30 p.m. and 8 p.m. Reservations required for first two seatings. Cost is \$10 for adults, \$5 for children age 10 and under and free for children under age three. For reservations, call the Norwood Park Home at (773) 631-4856.

door will be \$17. The fashion show will be held at Northwest Suburban Jewish Congregation, 7800 Lyons, Morton Grove. For further information, call (847) 965-0900.

HEALTH

Mon., Nov. 16

Herbs, Vitamins and Nutrition

The Women's Health Resource Center of Lutheran General Hospital is hosting a free presentation entitled "On Herbs, Vitamins and Nutrition: Optimizing Health for Women and Men," from 7:30 to 9 p.m. Monday, November 16, at the Deerfield Multiplex, 491 Lake Cook Road, Deerfield. Donald Novey, M.D., family practice, Lutheran General Hospital, will discuss nutritional needs at various stages throughout one's life span and explore the role of herbal and vitamin supplementation. To register, call 1-800-3-ADVOCATE (1-800-323-8622).

Tuesdays

Diabetes Series

A series of diabetes classes will take place at Resurrection Medical Center, 7435 W. Talcott Ave., on Tuesdays from Nov. 17 to Dec. 8 from 11 a.m. to noon in the Sister Gregory Room on the ground floor. How to delay or prevent diabetes related complications by lowering blood sugar levels, implementing and following a diabetic diet plan and increasing physical activity will be discussed. Fee for the series is \$20, or \$25 per couple. Registration is required. For more information or to register, call Resurrection Medical Center's Health Management Department at (773) 792-5022.

Tues., Nov. 17

Food

Lecture: "Food - As Good As It Gets" Tuesday, Nov. 17, 1998 at 7:30 p.m. - 8:30 p.m. Barnes & Noble, 1701 Sherman Ave., Evanston. Speaker Margaret Tidwell, RD, MS, LD will talk about healthy eating habits. Free admission. RSVP not required.

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Fridays

Pills Anonymous

Pills Anonymous (P.A.), a support group for men and women who are recovering from prescription drug addiction, meets at 7:30 p.m. every Friday, on 10 West, Room 1062F, Lutheran General Hospital, 1875 Dempster St., Park Ridge, P.A. is a 12-step program based on the principles of Alcoholics Anonymous. The goal of the group is to help its members live life without taking addictive drugs. The meetings are free. For further information, call Lu-

theran General Hospital Addiction Services, (847) 723-6050.

SEMINAR

Tues., Nov. 10

Homeseekers Seminar

A free Homeseekers Seminar will be held on Tues., Nov. 10, from 5-7 p.m. at Harris Bank, 111 W. Monroe in the Presentation Room on the 20th Floor. The seminar is open to the public, but space is limited. Please call (312) 461-3363 for reservations.

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Community Calendar

SINGLES

Fri., Nov. 6

North Shore Jewish Singles 50+
5 p.m. Cocktail Time at Matty's, 1727 Waukegan Rd., Glenview. Reservation a must. Call (773) 761-7573. For membership information, call (847) 359-3556.

Good Time Charley Singles Dance

There will be a Good Time Charley Super Elite Singles Dance at 8 p.m. on Fri., Nov. 6 at the Ashton Place, 341 W. 75th Street, Willowbrook, IL.

Door Prizes - 3 valuable wrist watches. All singles are invited. Admission is \$6. For more information call toll free 1-877-GT CHARLEY.

Nov. 6 & 7

St. Peter's Singles Club

All singles or widowed men & women over 45 are invited to these dances. Friday, Nov. 6 Tivoli Gardens, 3255 N. Harlem at 8:45 p.m. Saturday, Nov. 7 Francesco, 8465 W. Grand in River Grove at 8:45 p.m. Cost both dances: \$7. Live bands. Coat and tie required.

Sat., Nov. 7

39+ Jewish Singles

Dinner at La Zingara, Arlington Heights, Sat., Nov. 7, RSVP for time. Call Sidney Ezra, (847) 674-6800.

Combined Club Singles Dance

All singles are invited to a Combined Club Super Dance at 8 p.m. on Saturday, November 7, at the Wyndham Hamilton Hotel, 1-290 and Thorndale Avenue East, Itasca. DJ music will be provided. Admission will be \$5. The event is co-sponsored by the Northwest Singles Association, Young Suburban Singles, and Singles & Company. For more information call 708-209-2066.

T.G.I.S. Singles

T.G.I.S. Singles will have a Super Singles Dance at 8 p.m. on Sat., Nov. 7 at Galt Park, 6119 W. 147 Street, Oak Forest, IL. Color TV drawing. Ladies in free before 8:30 p.m. All singles are invited. Admission is \$5. For more information call Toll Free at 1-877-GT CHARLEY.

Sun., Nov. 8

Good Time Charley Singles Dance

Good Time Charley Singles will sponsor a free admission singles dance with free buffet at 8 p.m. on Sun., Nov. 8 at BG FELLOWS, 5055 W. 111th St., Alsip, IL. All singles are invited. For more information call Toll Free at 1-877-GT CHARLEY.

'Guys & Dolls' to be performed by Up & Coming Theatre Company

Up & Coming Theatre Company, in partnership with Community Education District 214, proudly presents their Fall musical, "Guys & Dolls". The show, including the well-known favorites, "Luck Be A Lady" and "Sit Down, You're Rockin' The Boat", will be presented at Forest View Educational Center Theater and will run for two weekends, beginning Thursday, November 5 and ending Sunday, November 15.

One of the cast members features Morton Grove resident Kristie Stovall as a Hot Box Dancer.

Performances will be held at Forest View Educational Center.

2121 S. Goebbert Rd., Arlington Heights, on November 5, 6, 7, 12, 13, and 14 at 8 p.m., and November 8 and 15 at 3 p.m. Ticket prices are \$10/\$11. Pre-sale tickets are available for \$10 and can be ordered using Visa or MasterCard by calling the Community Education at (847) 718-7700 Monday thru Thursday from 9 a.m. to 4 p.m. and Fridays from 9 a.m. to 1 p.m. Tickets can also be purchased at the door on performance nights.

For more information, please call the forest view theater at (847) 718-7700, or the Up & Coming Theatre Company info-line at (847) 706-6747.

Maxwell Street Klezmer Band returns to the Big Apple

The Maxwell Street Klezmer Band will help celebrate New York's Jewish history when they play at the 160th anniversary of Congregation Shaare Zedek on November 14. The concert marks the second return engagement of the band to New York City since their concert at Carnegie Hall in February. The band also played for an audience of 2,000 in Lincoln Center's Damaros Park in June.

The Shaare Zedek concert marks the starting point of their four-country, six-city winter concert tour. The band will play in London, Vienna, Munich, Amsterdam, Enschede and The Hague.

The New York concert begins at 8 p.m. with San Francisco Sephardic singer Judy Frankel. For more information on the concert call Congregation Shaare Zedek at (212) 874-7005.

WOMEN

Sat., Nov. 7

Women's Health Fair

A free Women's Health Fair featuring lectures, workshops, screenings and tours will be presented from 8 a.m. - 2:30 p.m., Sat., Nov. 7, at St. Joseph Hospital. All activities, including a continental breakfast and lunch, are free. For more information, or to register, call (773) 883-0033. Sponsored by Catholic Health Partners, the schedule for the day is as follows: 8:30-9:30 a.m.: Screenings (diabetes, cholesterol); 9:30-noon: Lectures (participants are able to choose from the following topics: menopause; planning for pregnancy; holistic nutrition including herbs and phytochemicals; adolescence: what to tell your daughter; and a fitness demonstration). Noon - 2:30 p.m.: Fair/Tours/Lunch.

A Limina Celebration of Samhain

Limina, an organization which revitalizes traditions that honor and nurture women, will explore paths leading to a rich and satisfying "crownhood" at a Samhain celebration honoring Morrigan the Old One and women who are the old ones, 2-5 p.m. Saturday, Nov. 7, First United Church, 848 Lake Street, Oak Park. Cost: \$20. e-served members, \$25 reserved guests, \$30 at door. Cider and popcorn. Reservations 630-415-0548.

Dining / Entertainment

Polo Restaurant celebrates 15th Anniversary

Polo Restaurant, 8801 N. Milwaukee Ave. in Niles, has become somewhat of a landmark as it celebrates its 15th Year Anniversary. To commemorate this event, Barbara and Robert Pajda, owners and operators invite you to join them for their "Polo Celebration."

As always, Polo's full menu is available as is the daily lunch buffet, Tuesday through Saturday, 11:00 a.m. - 3:30 p.m., and a Sunday Brunch Buffet, 11:00 a.m. to 7:00 p.m. The Polo is closed Mondays.

Family style meals for 10 or more may be arranged in advance, and accommodations for private gatherings for business, showers, baptisms, communions, weddings and funerals are available.

The restaurant offers "Early Bird Specials" daily. Barbara's family in Poland has a long history of culinary art. Her grandfather, in fact, had a restaurant called "Polo" just

Highland Park Players to present "Oklahoma!"

The curtain will rise on Highland Park Players' 11th annual musical production, Oklahoma!, which will be presented on Friday and Saturday, Nov. 13, 14, 20, 21 at 8 p.m. and Sunday, Nov. 15, 22 at 2 p.m. The production will take place in the Misner Auditorium at Central School, 621 Grove St. in Glencoe.

Tickets are available at Karger and West Ridge Center in Highland Park and are \$10 in advance and \$12 at the door. Tickets can also be ordered by calling (847) 604-4771.

100 Years of 'Pop' Tunes

Sunday, November 15, at 2 p.m., the Morton Grove Public Library, 6140 Lincoln Avenue, Morton Grove, will host a musical performance by David Kear Booth accompanied by pianist Kathy Heeting. They will perform popular Broadway hits spanning a hundred years of American music, including old favorites like "Lullaby of Broadway" from Vaudeville, "Old Man River" from Showboat, and "Master of the House" from Les Miserables. This program is free and open to everyone. For more information, or for mobility and communication access assistance, please call (847) 965-4220, for TDD (847) 965-4236.

The more we love our friends, the less we flatter them. --Molière

Jacobson returns to Bluebird Café



Stuart Jacobson

Twist & Shout Country Songwriter Stuart Jacobson will make his second appearance November 15 at the prestigious Bluebird Café in Nashville, Tennessee. Jacobson of Morton Grove was invited back after a rousing appearance in March. Only the best songwriters in the country play the Bluebird, where Garth Brooks and Patty Loveless began their careers and continue to make surprise visits when not touring. Jacobson's CD, Romance Theatre, has received airplay throughout the country.

restaurant & bar

Polo's 15th Year Celebration

From Nov. 5 - Nov. 25 Complete Dinner Specials Served from 5 PM 'till Closing (includes soup or salad & desert table)

Complimentary glass of Wine, Martini or Manhattan

\$9.95

1. Roast Duck/Peach Sauce
2. Braised Pork Chops
3. Braised Beef, Potato Pancakes
4. Veal Paprika & Dumplings
5. Ribeye Steak Mushroom & Onion
6. Broiled Trout "Jardinaire"
7. Our famous Polo Combo Platter

8801 N. Milwaukee Ave.
847-470-8822

EARLY BIRD SPECIALS
3 PM - 6 PM
\$6.95

Continental

* Buffet Lunch
Daily \$5.95
Sat. \$6.95
*Grand Buffet
Sun. \$8.95

Parties Served Family Style
Niles, IL 60714

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\$2.00 off any food order \$10.00 or more not including tax.

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Saturday 3:00 p.m. to 11:00 p.m.
Sunday 3:00 p.m. to 10:00 p.m.

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Friday-Saturday 11:00AM-10:30PM
Sunday 11:00AM-9:00PM

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with french fries

PIZZA BURGER
with french fries

PORK LOIN SANDWICH
with french fries

BBQ PULLED PORK
with french fries & slaw

1/4 GRECIAN CHICKEN
w/greek oven brown potato

MOSTACCIOLI
w/meat sauce

HOT MEATLOAF SANDWICH
with mashed potatoes

GRECIAN SALAD
tomato, feta cheese, anchovies

TUNA SALAD SANDWICH
with french fries

GRILLED CHEESE AND HAM
with french fries

DINNER SPECIALS

ATHENIAN STYLE CHICKEN
with oven broiled greek potatoes \$5.95

3 GRECIAN PORK CHOPS
with oven broiled greek potatoes \$6.95

CHOPPED STEAK
with grilled onions & gravy \$5.95

BBQ BEEF LIVER
with grilled onions & mashed potatoes \$5.95

MEATLOAF
with bordelaise sauce & mashed potatoes \$5.95

SKIRT STEAK
with choice of potato \$8.95

BROILED WHITE FISH
with lemon butter sauce and choice of potato \$8.95

1/2 SLAB BBQ RIBS
with choice of potato \$7.95

Dine In or Carry Out
Dinner Items Include
Soup or Salad

Sports/Parks & Library News

New Tot classes offered for the fall

Arts and Crafts, stories and songs are just a few of the "creative enhancers" awaiting your child as they join in the fun of "Creative Adventures." This class can get somewhat messy, so please dress your child in play-clothes. Parents are welcome to stay and participate in the fun.

Classes meet on Mondays from 1:30-2:30 p.m., November 9 through December 14, at a fee of \$27/\$24 Resident discount.

Does your child like to squish paint with their little fingers? Or ooze glue and scribble drawings onto paper? Then "Budding Picasso's" is just for them. Your child's imagination will run wild as they explore and experiment with a variety of arts and crafts material. This class can also get a little messy, so come prepared in play-clothes. Parents are invited to stay and join in the fun.

Class begins Friday, November 13 through December 18 at 1:30-2:30 p.m. for \$27, or \$24 resident discount a session.

Parents - need some time away from your little loved ones. A little free time to yourself? Well, now's your chance with "Parents Afternoon Out." Bring your child over to participate in a semi-structured classroom; confident-

ly you will enjoy some well-deserved free time. Your child will play games, make simple crafts and have choice activity time. Children are to bring a sack snack with a drink. Note: Children must be toilet-trained.

This program is offered on Wednesday, November 11 to December 16 at the same time. There is \$44 fee, \$40 resident discount.

The above three programs are held at the Recreation Center Preschool located at 7877 Milwaukee Ave. To register, come to the Howard Leisure Center, 6676 Howard St. For more information, call (847) 967-6633.

Lyric Opera Lecture at Morton Grove Library

On Sunday, November 8, at 2 p.m., the Morton Grove Public Library, 6140 Lincoln Avenue, Morton Grove, Rochelle Klapman will discuss Kurt Weill's opera, *The Rise and Fall of the City of Mahagonny*. This program is free and open to everyone. For more information, or for mobility and communication access assistance, please call (847) 965-4220, for TDD (847) 965-4236.

Lincolnwood Public Library District

Book talk on Jackie After Jack by Christopher Andersen is the subject of the Friday Fare book review at the Lincolnwood Public Library on Nov. 6. Coffee at 10 a.m.; program at 10:30 a.m.

If dishing is for you, you'll enjoy popular lecturer Connie Adelman's discussion of this revealing new book which stems from Andersen's effective use of anecdotal materials and illuminating comments made by those in Jackie's circle. The author labels Jackie "the consummate class act." He traces Jackie's remarkable personal journey as she struggled with issues of remarriage, in-laws, money, romance, children, stepchildren, grandchildren, aging, illness and her own mortality. The part of the book that depicts Jackie's relationship with her second husband, Greek tycoon Aristotle Onassis, whom she married in 1968, is particularly dramatic.

Talk on Kurt Weill opera. Barbara Roseman of the Lyric Opera Lecture Corps will discuss Kurt Weill's *Rise and Fall of the City of Mahagonny*, Nov. 12 at the Lincolnwood Public Library on Thursday, Nov. 12 at 7 p.m. Money makes this world go 'round in this city of wanton women and ex-cons where pleasure is king, greed wins the day and anarchy reigns supreme. Nothing is *verboten* here.

Kathy Cencula-Somer art display. Pictures of wild and domestic animals rendered in pencil, ink, pastels and oils by Kathy Cencula-Somer are on exhibit at the Lincolnwood Public Library through Dec. 5. Barbara Knapp coordinates the art displays for the library, which is located at 4000 W. Pratt Ave.

River Trail Nature Center activities

The fall waterfowl migration is in full swing, and many smaller migrant birds are still visiting our Cook County forest preserves. Join a naturalist for a Waterfowl Watch at the Skokie Lagoons at 7:30 a.m. Sunday Nov. 8. Meet at Erickson Woods picnic area for a walk along the shore to search for sparrows, finches, and other birds as well as ducks, geese and herons. Please call (847) 824-8360 to register.

Seasonal naturalist programs continue from fall into winter at River Trail Nature Center, 3120 Milwaukee Avenue, Northbrook. Land and People, Sunday Nov. 15 at 1:30 p.m., will be a walk to explore the changes people have made on our landscape, and the ways we are restoring natural communities. Let the whims of nature, weather and the naturalist surprise you at Naturalist's Choice, Sunday Nov. 22 beginning at 1:30 p.m., and on Sunday Nov. 29 you may meet some of our wild residents at Critter Connections, also beginning at 1:30 p.m. There is no charge for Sunday naturalist programs.

Small Serendipity, story and activity programs for ages 3-5 with an adult, will begin at 11 a.m. on Wednesdays, Nov. 18 and Dec. 2. Registration is not needed for these free programs.

Winter will soon be with us and we will usher in the season with a Winter Solstice Walk on Dec. 21 beginning at 7 p.m. Enjoy a short walk in the winter forest and then warm up with snacks and stories about the solstice and winter season. A donation of \$3 a family for snacks is requested, and pre-registration is required.

River Trail Nature Center is open throughout the year, and naturalists are available to answer questions and give talks to scheduled groups. Schools and other organizations may call to request a naturalist program at their sites. Please call (847) 824-8360 for information and registrations. Join us soon.

Computer Training: Word 97

Thursday, November 12 from 7 until 9 p.m., the Morton Grove Public Library, 6140 Lincoln Avenue, Morton Grove, will host a free computer training program on Word 97. Jennifer Didier of Banner Training Centers will discuss Word basics, how to navigate in a document, editing techniques, character and paragraph formatting, creating tables, page appearance, tools and printing. Registration is limited. Morton Grove residents will be given priority for registration. To register or for more information, or for mobility and communication access assistance, please call (847) 965-4220, for TDD (847) 965-4236.

Notre Dame offers junior wrestling

Notre Dame High School will be offering a Wrestling Club for all boys ages 9 to 14. This will be the 11th year of the wrestling program at Notre Dame. Any boy interested in participating in this program may sign-up at Notre Dame High School.

Sign-up will take place in the wrestling room at Notre Dame

Special Holiday Workshop

Morton Grove Park District is offering a Special Touch Workshop Tuesday, November 10 at 1 p.m. Linda Mathis will demonstrate simple and easy table decorations for the upcoming holiday or any time of the year. Find out how to use what you all ready own to create exciting and different settings for entertaining. You will also be creating something that will add a special touch to your special occasion. Refreshments will be served. The cost is \$5. Register at Prairie View Community Center, 6834 Dempster, Morton Grove, or call 965-1200 for further information.

Letters to the Editor

Maine East parent angry over health care facility

Dear Editor:

Carol Grenier, Principal of Maine East is proposing the establishment of a school based health care facility. This is one more attempt to by pass parental responsibility for the welfare of their children.

Brenda Bannor, director of school based health centers of Chicago, says, "Our highest diagnosis of what we do is **mental health counseling**." As a parent, I certainly would not allow psychological counseling with my children by someone unknown to me who could indoctrinate them with a moral outlook opposed to my own.

Another highly sensitive area the clinic would invade is "reproductive health services including counseling, pap smears, family planning and all types of contraceptive counseling and distribution." How dare they distribute contraceptives to children who should not be dabbling in sex at high school age!!!! Of course, we know many are doing so as a result of the "health (sex) education" in the schools. But parents and their family doctor

should control this, not the pro-sex "family counseling" people.

There are numerous law suits against school boards as a result of these clinics, where social workers are usurping parents' authority regarding the health of their children (including one guidance counselor who helped a student cross state lines to obtain an abortion without the knowledge of the parents).

In your article, Ms. Bannor never mentioned chastity counseling, which would be high on the "wish list" of most parents of high school children, yet its absence is frightening. We should all be alert because educators, social service workers, and other officials are aggressively taking more and more authority away from parents.

Mrs. D. Garby, Niles.

Editor's Note: Mrs. Garby is referring to an article which appeared in *The Bugle* on Thursday, Oct. 22, entitled "Maine East principal proposes school-based health facility."

Grateful resident thanks NFD

Dear Editor:

I recently had occasion to call 911 at 6 a.m. because I was having chest pains. The Niles paramedics were just great. Their response was speedy and they treated me with confidence and efficiency. Three days later I had quadruple by-pass surgery. I just

wanted to thank them and let the people of Niles know that we have a great department and that we can have confidence in them. I am very grateful to our village for having such well trained people.

Sincerely,
Clare Doud
Niles

District 63 meeting sites changed

At its meeting of October 13, 1998, the Board of Education of East Maine School District No. 63 has changed the sites for upcoming board meetings from the Dr. Donald C. Stetina Educational Service Center at 10150 Dee Road, DesPlaines, to district schools as listed below.

The times and dates of the board meetings have not been changed.

Nelson School, 8901 N. Ozanam, Niles, November 10, 1998 at 7:30 p.m.; Apollo School, 10100 Dee Road, DesPlaines, January 26, 1999 at 7:30 p.m.; Mark Twain School, 9401 N. Hamilton, Niles, February 9, 1999 at 7:30 p.m.; Melzer School, 9400 N. Oriole, Morton Grove, March 9, 1999 at 7:30 p.m.; Washington School, 2710 Golf Road, Glenview, April 27, 1999 at 7:30 p.m.; Gemini School, 8555 N. Greenwood, Niles, May 11, 1999 at 7:30 p.m.

How many accidents are caused by 'THE' sign?

Dear Editor:

Passing the accident scene Sunday, Oct. 25 at 10 a.m. at Howard & Milwaukee with very little traffic, I thought it would be interesting if we could know how many accidents here are caused by people who divert their attention from driving to reading May-or Blase's sign.

Pam Janik
Niles

Forest Villa seeks crafters

Forest Villa Nursing Center, 6840 West Touhy in Niles, seeks crafters for its annual holiday fair to be held on December 6 at the facility. The cost for a 6' X 8' booth with two chairs is \$35. This well-attended family fair helps fund the facility's activities department. Call (847) 647-8994 and ask for Olivia Carey, Director of Activities.

AVON Running - Chicago 10K Run & 5K Fitness Walk scheduled for MG

On Sunday, November 8, the AVON Running-Chicago 10K Run and 5K Fitness Walk will take place in the Village of Morton Grove. The AVON Running-Chicago event is a 6.2 mile (10K) Road Race and 3.1 mile (5K) Fitness Walk. These events are open to women of all ages and present the opportunity to pursue elite racing, moderate running, or simple fitness. The Chicago event, held in Morton Grove, is part of 30 events in the new AVON Running-Global Women's Circuit taking place in 16 countries and 11 U.S. cities. The event in Morton Grove is also designated as the AVON Running 10K Championship.

The 5K Fitness Walk is scheduled to begin at 8 a.m. while the 10K Run is scheduled to begin at 9 a.m. The Avon Products, Inc. facility located at Golf Road and Waukegan Road in Morton Grove will serve as the starting point for the race. Runners will

move east on Golf Road to Harms Road where they will head south to Lake Street. Participants will then head west on Lake Street and move through the neighborhood on David and Parkside before finally heading west again on Church/Backwith Road. At Normandy, runners will head north to Golf Road where they will move west to Waukegan Road, and south on Waukegan Road. The race is scheduled to finish behind Golf School in Morton Grove.

Morton Grove Police Department representatives have been coordinating a traffic detour plan with AVON representatives for the last several months. While the Police Department has attempted to limit the number of detour routes, residents should be prepared for street closings and detours throughout the race course. Once the race is completed, all streets in the Village will reopen for regular traffic. The race is scheduled to conclude by noon on

Sunday. If you would like more information on the race or other activities associated with the race, please call AVON Running-Chicago at (847) 604-4432.

Paul Frantell will present 'Writing Our History Book'

The Morton Grove Historical Society will meet at 7 p.m. on Tuesday, Nov. 17, in the Baxter room of the Morton Grove Library. Following a brief general meeting, writer Paul Frantell will present a program "Writing Our History Book," the behind-the-scenes story of the creation of Morton Grove's Centennial Book, which contains an excellent history of our village. Light refreshments will be served following Mr. Frantell's program. There is no admission charge, and everyone is welcome to attend.

LEGAL NOTICE PUBLIC HEARING VILLAGE OF MORTON GROVE, ILLINOIS PROPOSED BUDGET REQUEST 1999 CALENDAR YEAR

The Village of Morton Grove will hold a public hearing at 7:30 pm on Monday, November 23, 1998, in the Council Chambers of the Richard T. Flickinger Municipal Center, 6101 Capulina, Morton Grove, Illinois for the purpose of hearing written or oral comments from the public concerning the amendments to the proposed annual budget for the calendar year ending December 31, 1999, as contained in the proposed budget summarized below.

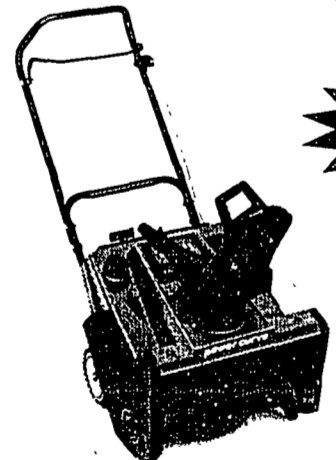
SUMMARY OF PROPOSED 1999 BUDGET

	BUDGET	REVENUE & FUND BALANCE
Legislative	\$ 110,918	
Administrative	305,503	
Finance	860,519	
Legal	106,655	
Police	4,313,374	
Fire & Paramedic Services	3,532,727	
Civil Preparedness	12,394	
Public Works - Streets & Sidewalks	1,602,941	
Public Works - Vehicle Maintenance	708,151	
Engineering	205,050	
Solid Waste Collection	1,404,094	
Health & Human Services	240,856	
Health & Human Services - Senior Services	214,344	
Community Development	233,004	
Code Enforcement	242,524	
Municipal Buildings	230,536	
Reserves	453,500	
Total General Corporate Fund	\$14,777,190	\$14,777,190
Motor Fuel Tax Fund	579,893	579,893
Community Development Block Grant Fund	154,096	154,096
Revolving Equipment Replacement Fund	895,528	895,528
Public Library Fund	20,000	20,000
General Employees Retirement Fund	303,657	303,657
Economic Development Fund	621,169	621,169
Tax Increment Financing Fund	2,483,081	2,483,081
Commuter Parking Facility Fund	92,400	92,400
Enhanced 911 Emergency Telephone System Fund	132,750	132,750
Debt Service Fund	1,782,949	1,782,949
Capital Projects Fund	1,375,585	1,375,585
Water/Sewer Fund	3,641,217	3,641,217
Firefighters Pension Fund	754,097	754,097
Police Pension Fund	1,076,654	1,076,654
Total All Funds	\$28,620,766	\$28,620,766

A copy of this information, the entire budget and additional background materials are available for public inspection during normal business hours at the Richard T. Flickinger Municipal Center, 6101 Capulina, Morton Grove, Illinois 60053

David O. Erb
Director of Finance/Treasurer

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Business News

Liberty Bank for Savings Liberty Family Fest 1998



Huggle the Clown face paints Joyce Mika, Loan Servicing-Liberty Bank for Savings at Liberty's Family Fest '98.

As part of their 100th Anniversary Celebration, Liberty Bank for Savings held their first Liberty Family Fest on Saturday, September 19th at the Harmon and Foster office and Saturday, September 26th at the Milwaukee and Fullerton office. Entertainment was provided for the entire family, including clowns, caricaturist, petting zoos, bands, and ethnic dancers. Attendees were invited to spin Liberty's Wheel of Prizes to win an instant prize, as well as enter a raffle for two tickets for a Chicago Bears Game.

Liberty Bank for Savings strives to meet the financial needs of the communities it serves. Established in 1898, Liberty Bank for Savings continues to offer innovative products and services that reflect their commitment to their customers. Liberty Bank has four convenient locations: 2392 N. Milwaukee Ave., Chicago; 7111 W. Foster, Chicago; 6210 N. Milwaukee Ave., Chicago; and 6666 N. Lincoln Ave., Lincolnwood.

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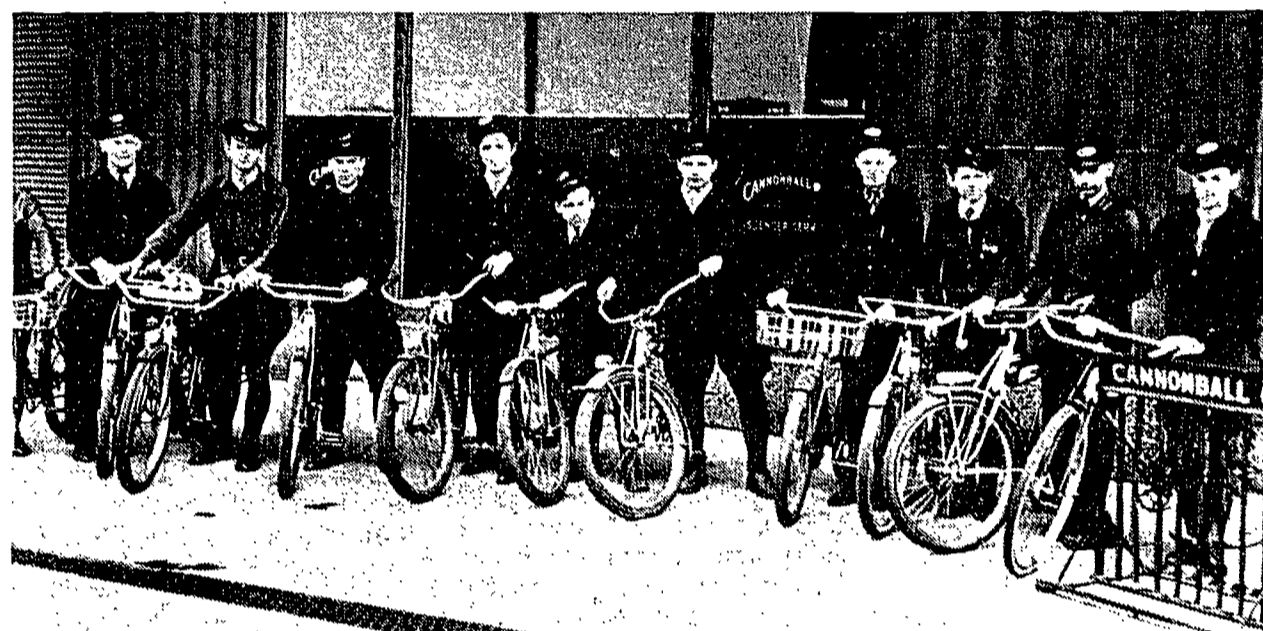
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Messengers / Couriers observe 65th birthday



The personal messenger industry, which relies largely on bicycles, vans and pick up trucks to deliver everything from computers to wine and then some, is observing its 65th anniversary. Messengers, lined up in front of the Merchandise Mart in historic 1933 photo still use the bike as their most popular conveyance in the Loop, says Messenger Service Assn. of Illinois.

MidCity Financial Corporation posts third-quarter earnings

MidCity Financial Corporation announced earnings of \$4,266,700 for the third quarter, which is up 2.5 percent from \$4,161,900 compared to the same period in 1997. In addition, total assets rose to \$1,602,100,000, an increase of 3.2 percent over the third quarter of 1997.

The MidCity Financial Corporation Board of Directors attributes its record third-quarter earnings and 67th consecutive quarterly dividend to recent operational changes within the organization. These include streamlining operations and an expanded commitment to offering personal banking services.

MidCity Financial is a \$1.6 billion-asset, three-state, five-bank holding company.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D052647 on the OCT. 15, 1998. Under the Assumed Name of AA-FF LOTTERY POOL CLUB - ILLINOIS with the business located at 6348 N. MILWAUKEE AVE., SUITE #377, CHICAGO, ILLINOIS 60646-3728. The true name(s) and residence address of owner(s) is: VERNON RAZON, 8734 W. SUMMERDALE AVE., 2N, CHICAGO, ILLINOIS 60656

Our Lady of The Snows trip planned

It is not too soon to plan for a Christmas get away. Join the Prairie View Travel Club on a quick 2 day jaunt to Belleville, Illinois, December 9 and 10.

While journeying to our destination, we'll enjoy a lunch at a lovely holiday decorated tea room in Springfield, IL. Upon our arrival in Belleville, we will take a guided tour of the 200 acre Our Lady of the Snow Shrine, where trees are decorated with more than 1 million Christmas lights.

Accommodations will be at the Shrine Motel. On day two, after a full buffet breakfast, we'll head downtown to be greeted by Sam the Gingerbread Man. You will receive shopping bags, souvenir and merchant discounts for the Annual Gingerbread House Walk. The coat is \$155 pp/double, \$148 pp/triple, and \$175 single. Seats are limited. Register at Prairie View Community Center, 6834 Dempster, Morton Grove. For further information, call Catherine at 965-1200.

Metropolitan Family Services appoints new board members

Metropolitan Family Services announces the election of six new board members:

David Carpenter of Glenview, vice president and general counsel for Metal Management, Inc. Jennifer Comparoni of LaGrange, consultant at the Boston Consulting Group.

Rhonda Germany of Winnetka, vice president for Booz, Allen & Hamilton. Steve Gilford of Evanston, partner at Mayer, Brown & Platt. Dan Murphy of LaGrange, principal for the John Buck Company.

Yomtov Senegor of Highland Park, partner at Andersen Consulting, Financial Services practice.

For over 140 years, Metropolitan Family Services has been at the heart of Chicago's communities -- encouraging family strengths and investing in a comprehensive range of programs



Powdered rice may be used to thicken and enrich a soup. Powder it in a grinder or blender. Add when soup is simmering.

The Bugle Newspapers HOME STYLE

• Real Estate • Home Improvement

Copper: Essential to Life Helpful in more ways than you may know

Copper is essential in our daily lives. We depend on it to deliver electricity, water and communication. Copper makes our lives easier. But did you know that copper, natural element number 29 in the Periodic Table, offers a great number of environmental and health benefits?

Copper and the environment

Copper's recycling rate is higher than that of any other engineering metal, including aluminum. Nearly all of the 700 billion pounds of copper ever mined (of an estimated 5.8 trillion pounds available) is still in circulation. The ancient Egyptians mined copper and used it to make water-bearing pipes.

Each year in the U.S.A. nearly as much copper is recovered from recycled material as is derived from newly mined ore.

Excluding wire production, most of which uses newly refined copper, more than 75 percent of the amount used by copper and brass mills, ingot makers, foundries, power plants and other industries comes from recycled copper scrap.

Almost 50 percent of all recycled copper is post-consumer scrap, such as discarded electric cable, junked automobile radiators and air conditioning units.

Copper and the human body

Copper is essential for life. In fact, copper must be a part of our diet. It helps iron-rich foods make red hemoglobin in the blood. Copper is also needed for certain critical enzymes to function in the body.

These enzymes are involved with energy metabolism -- the way that the body gives you the energy to function. Too little copper in the body can actually lead to disease.

Copper is also involved in the formation of collagen (the fibrous protein in bone, cartilage, tendons, and other connective tissue) and protective coverings for nerves.

A deficiency in copper is one factor leading to an increased risk of developing high cholesterol levels and coronary heart disease in humans. Copper deficiencies are also associated with premature births, chronic diarrhea and stomach diseases.

The U.S. Food and Drug Administration Minimum Daily Recommendation (MDR) is 2 mg. But the U.S. Department of Agriculture's Nutrition Center estimates that less than 50 percent of the U.S. population consumes the MDR for copper.

Copper can be found in a wide variety of vegetables, fruits, grains, dried beans, nuts, meats, seafood and chocolate, as well as drinking water.

Copper is biostatic; that means bacteria will not grow on its surface. In fact, copper and copper-

alloy doorknobs protect against the transfer of disease in hospitals.

Copper surfaces are inhospitable to the growth of legionella and other bacteria. Use of copper tube works against outbreaks of Legionnaire's Disease, where bacteria grow in and spread from the tubing and other materials in air-conditioning systems not made of copper.

Preliminary research conducted by the Center for Applied Microbiology and Research (CAMR) in England suggests copper surfaces may be effective in reducing the disease-causing bacterium, *Escherichia coli* O157, better known as E. coli.

For more information on copper's effect on the environment and the human body, contact the Copper Development Association at (800) 741-6823.

Information is also available on the World Wide Web by visiting CDA's "The Copper Page," at: <http://pipin.copper.org>.

Recent surveys show that consumers rate value and durability at the top of the list of must-haves; no matter what the product. And when it comes to the materials used in homebuilding and remodeling, homeowners won't budge an inch on these two criteria.

Luckily, as far as plumbing systems, homeowners don't have to worry. The best, most durable pipe is also the best value for the money: copper.

One of the most convincing pieces of evidence to substantiate this claim is the fact that plumbers polled in a survey commissioned by the Copper Development Association, 94 percent say they exclusively use copper plumbing in their own homes.

The plumbers' study was based on interviews with residential plumbing contractors who work on new construction and remodeling projects across the continental U.S.A.

In a separate survey, homeowners in all regions of the country were polled on which type of plumbing materials they preferred. The majority selected copper over plastic, citing copper's superior durability.

But in the wake of recent publicity about the disastrous failure of plastic plumbing systems, the survey results are not surprising. The publicity has been coupled with enormous damages awarded in class action lawsuits to homeowners who purchased homes with plastic plumbing systems.

The largest of these awards, \$950 million, went to homeowners nationwide who experienced considerable damage to their homes from plastic systems that either cracked or burst.

For more information on copper plumbing systems, contact the Copper Development Association at (800) 741-6823. Information is also available on the World Wide Web at the CDA's "The Copper Page," at: <http://pipin.copper.org>.

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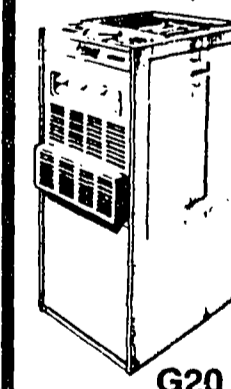
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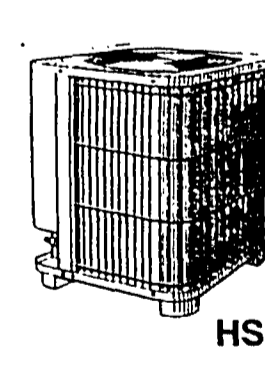
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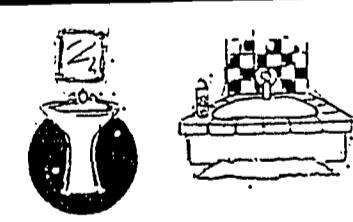
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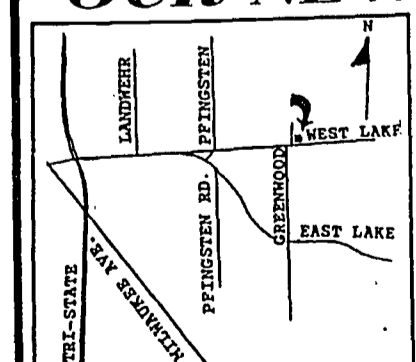
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Home Style

Choose the right tools for painting project

Interior painting is one of the top projects for the do-it-yourselfer, second only to gardening. With all the unusual colors available - orange, cantaloupe, orchid, sand - it's difficult enough to decide on a hue without having to worry about which tools and gadgets you're going to need.

To make your decisions easier, here's a sampling of tools and techniques for interior painting.

Rollers

Roller covers come in foam

and lambskin (or a synthetic mixture). Foam rollers, which are available in varying widths, are inexpensive, disposable and work well when painting paneled doors and baseboards, as well as simplifying the work in unusual and intricate areas. The drawback, however, is that they leave tiny bubbles in the paint surface. It is best to take the extra time to go over your work with a dry brush to smooth things out.

A good lambskin roller cover will last for a long time if it is

cleaned properly. Most jobs require either a 7-inch or 9-inch roller although wider sizes may be more useful for coating floors and roofs, but are more difficult to use. To achieve a difference texture on the wall, try using varying roller covers.

Paint pads

Foam-backed paint pad applicators carry a lot of paint so that large areas can be covered in one application with a smooth application. Interchangeable pads are available in a variety of naps and most paint pad handles are designed so that an extension pole can be added.

Wheeled edger pads are small paint pads with wheels set into the edge. They can be useful and save time if you don't want to bother with masking tape when cutting in while working on ceiling trim, windows and chair rails.

Power rollers

Power rollers can be used for painting large surfaces easily and simplify painting walls and ceilings by reducing drips caused when using conventional painting tools.

Pump rollers, sometimes known as paint sticks, are easy to use and simple to clean up. The paint is sucked out of the can into a plunger-type handle. No tray is required. A simple press of the handle releases a consistent, controlled paint and allows you to continue to work uninterrupted until the handle is empty. One fill should cover a 7-foot by 10-foot area.

Another design includes a roller that is attached to an airless sprayer in place of the spray gun. These rollers have a control knob that is adjusted for the desired amount of paint flow. Also on the market, battery operated power rollers automatically draw paint from the can through a hose connected to the roller cover. A switch controls the flow of paint.

Power sprayers come in a variety of models and prices and do an excellent job painting or staining siding or cinder block. HVLP models (high volume/low pressure) will eliminate the many overspray-

ing problems and help assure that you apply the necessary amount of paint.

Roller extension poles

Available in aluminum and wood, roller extension poles will save you from going up and down the ladder. A 4-foot and 6-foot pole which screws into the roller handle should work fine for most ceilings and walls by extending your reach and cutting hours off the job. Expandable poles take up less space and can be adjusted to the correct length for the job.

Paint brushes

Even with all the gadgets, it's still important to have a good brush on hand. Brushes which are 4 inches wide are recommended for painting wall surfaces, while a 1-inch or 2-inch sash brush should be used for trim and cutting in.

Take energy audit of your home

The coming of fall signals the start-up of heat pumps, furnaces and space heaters. While it's important to do a checkup to make sure everything is in working order, it also is a good time to take a look around to make sure energy isn't being wasted.

Weatherizing and insulating your house has many benefits and can be a big money saver. Studies show that heating and cooling costs account for more than half of the total energy bill, including those in homes with average insulation.

A well-insulated home is easier on the pocketbook. At the same time it is gentler on the environment because it saves energy and therefore cuts down on pollution and the depletion of natural resources.

In an average home in a cold climate, it is estimated reducing energy usage by only 15 percent can save the equivalent of 500 pounds of coal each year.

Also, a tightly sealed, well-insulated house can eliminate cold spots and drafts and make for a more comfortable home.

In making your own energy

audit, first check for drafts around windows and doors by holding a lit match up to gaps in the door or window on a windy day.

The flame will move or blow out; then hold the smoldering match to the area and see how the draft affects the smoke. If it flutters, the weatherstripping is inadequate and should be replaced or upgraded.

Next, measure the temperature in different parts of the room. If it fluctuates more than one or two degrees, that room is poorly sealed or air movement inside the house is restricted.

Correct this by updating the weatherstripping around doors and windows, and measure the temperatures again. If the variations still exist, you may have an air flow problem with your heating system.

Ask your public utility company if they can provide you with information about air flow problems and how to correct them.

Take a look at your weatherstripping and insulation. Is it beginning to deteriorate? Is it crumbling? Has it hardened or is it torn? Most weatherstripping products will last only a few years, so expect this to be a seasonal job.

Caulking even the tiniest of spaces between the home's siding and exterior elements will go a long way to keep it warm inside. Seal around vents, wood framing, cables, faucets and electrical outlets - anything that could create a possible air leak.

Look for condensation, frost or ice buildup on the inside surfaces of interior window sashes. Moisture buildup indicates that interior windows are not properly protected from the colder air outside.

Check the seal around storm windows. If you find gaps, fill them with foam backer rope or peelable caulk.



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Home Style

Preparation helps remodeling run smoothly

Remodeling can be very rewarding, particularly if the do-it-yourselfer has an idea of what to expect before beginning the job.

Before you jump in, experts recommend that you plan ahead, particularly if you are embarking on a major remodeling project, like kitchen or bath, which will likely take longer than you expect and cause some inconveniences.

Paperwork

"The first thing I tell people is to detail the project on paper so

that they know what it will cost and how long it will take," said Patrick Dunbar, an expert with the Home Depot. "It's important to be specific, particularly if you need financing to finish the job."

If you are not doing the work yourself, ask several contractors for bids, making sure each has identical plans and specifications for the work.

Once you select a contractor, request a written contract and get

verification of both liability and workman's compensation insurance coverage. Obtain line waivers from all subcontractors so they can't come after you if, for any reason, the contractor fails to pay them.

You may want to increase your homeowner's liability insurance during the project and then review the policy after the work is finished. You may need to increase your coverage after the improvements to keep pace with the higher replacement cost of your home in case of a catastrophe.

Code checking

It's also very important to review local building codes and zoning restrictions and see how they may relate to your renovations. Make sure you can build what you want and find out if codes require an upgrade of the electrical system.

"Make sure your family knows there will be inconveniences in their lives. You'll probably have to go out to eat a lot and double up on bathroom use," said Dunbar.

"We also recommend that to keep the clutter down you pick a dry place, like the garage, to store the tools and materials that will be used."

Pack up the fragile items and put them in a safe place. Take down framed art which may be in the way of the construction and roll up carpets if at all possible for safe keeping. Cover your furniture and electronics to keep dust out.

Measure the doorways, halls and stairs leading to the remodeling site to make sure larger items, such as major appliances, a bathtub or shower, can actually fit through the existing space.

Safety

Keep kids and pets safe. Arrange for the children to go home with friends from school or plan outside events. Make sure everyone knows the work site is off limits.

Set aside a room where your cat will be safe from the disturbance and label the door so it's not opened by mistake. If you don't have one already, you may want to consider building an outdoor run for your dog.

Let thinking style determine your home office setup

Socrates' enduring admonishment to "know thyself" can serve today's home office workers well. For example, knowing whether you are a right-brain dominant person or a left-brain dominant person and arranging your office accordingly, can help you boost your productivity.

"Left-brain and right-brain dominant individuals have quite different approaches to their work, and they naturally do their best in settings that take their operating styles into account," says Mike Short, design director for Sauder Woodworking.

Short and his staff recently custom designed two home offices, one for right-brain types, and one for their left-brain brethren.

Right-brain

"It's pretty much common knowledge that right-brain dominant people are creative," Short notes. "They are also visually oriented, and require stimulation from a variety of shapes, colors, and textures."

"And since right-brain types are also 'immediate' in their natures, they need to have as much as possible of what they're working on in plain view in order to function more smoothly."

In creating an out-in-the-open arrangement home office for right-brain dominant workers, the design team chose the lean, clean lines of Sauder's contemporary Inglenod collection.

The desk and bookcase return combine to create a wide expanse of work space, allowing the right-brainer to keep papers and other information in sight. And a corner computer desk teams with cabinets and hutch to add still more work and storage options while minimizing clutter.

Left-brain

In designing a home office for left-brain dominant individuals, the design team took a look at the modus operandi of this group.

"Left-brain people are highly analytical types who reason linearly," notes Short. Because their thinking process is so logical, they do not share the right-brain person's fear that out of sight means out of mind. In fact, left-brainers find it distracting to have their files out in the open.



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Rainbow Hospice Calendar of Events

Widowed Persons Service Volunteer Training Program
The Widowed Persons Service (WPS) is a nationwide program offering support services to newly widowed persons. The local WPS chapter is looking for volunteers who have been widowed for one year or more, and who are willing to visit newly widowed persons. Rainbow Hospice will provide a 10-hour WPS volunteer training program at their Park Ridge office, November 14-18. Training entails three sessions on Saturday and two week nights. Training participants must schedule an interview before November 10. Call Christa Deutsch, volunteer coordinator at (847) 699-3609.

Grief and the Holidays Workshop
If you are wondering how to get through Thanksgiving dinner or other winter holidays after a loved one has died, consider some support from Rainbow Hospice and the Park Ridge Community Church. A free workshop, "Grief and the Holidays" will be held on Monday, November 9, from 7-9 p.m. at the Park Ridge Community Church, 100 S. Courtland Ave., Park Ridge. The focus for the evening will be on helping the bereaved

individual and family explore positive alternatives for coping with feelings, memories and activities associated with the holiday season. Everyone in the community is invited. Membership in the church or Rainbow Hospice is not required. To register, call the Bereavement Center at (847) 699-3604.

Good Mourning Quilt
"Picking Up the Pieces: the Good Mourning Camp Quilt, 1998" will be exhibited from November 11-15, in the "Fine Art of Fiber," at the Chicago Botanic Garden, 1000 Lake Cook Road, Glencoe. This is the third Good Mourning camp quilt to be included in the annual show. The quilt was constructed using the puzzle theme from the 1998 camp "Picking It Together" and is composed of squares created by the Good Mourning families. Each square represents a family member who died. Jane Moore, a Rainbow Hospice volunteer and a member of the Illinois Quilters, Inc. completed the quilt and submitted it to the show. This Evanston resident is showcased twice as another of her quilts "In the Garden" will also be on exhibit. The exhibit is open daily from 10 a.m. - 4 p.m. Call the Chicago Botanic Garden at (847) 835-5440.

WINGS to auction autographed celebrity items

Women In Need Growing Stronger (WINGS), an organization providing transitional housing and support to women and children, is offering a variety of celebrity silent auction items during its annual benefit planned for Saturday, Nov. 14.

A large selection of the silent auction products feature authentic celebrity autographs. These include:

- Mickey Mantle baseball in display case.
 - Michael Jordan framed Sports Illustrated cover, framed jersey and "Air Jordan" shoe in display case.
 - Leonardo DiCaprio photograph framed with replica stationery from S.S. Titanic.
 - Tom Hanks Academy Award replica in display case.
 - Jack Nicholson Academy Award replica in display case.
 - Scottie Pippen framed jersey and basketball in display case.
 - Dennis Rodman framed jersey and basketball in display case.
 - John Elway signed football in display case.
 - Kobe Bryant basketball in display case.
- For more information about the WINGS program, to purchase tickets, or to make donations, contact their office at (847) 640-8542.

Support groups to meet at Resurrection

Several free support groups that are open to the community will meet in November at Resurrection Medical Center, 7435 West Talcott Avenue.

The Alzheimer's Support Group will meet on November 10 from 2 to 4 p.m. For more information, call 773-792-5045.

The US TOO Support Group, a group that helps survivors of prostate cancer and their families lead healthy lives, will meet on November 11 from 5:30 to 6:30 p.m. For more information, call 773-594-8529.

Talking, Learning, Coping, a support group for people involved in the day-to-day care of a sick or elderly family member of friend, will meet on November 17 from 1:30 to 3 p.m. For more information, call 773-RES-INFO (737-4636).

The Mended Hearts Support Group, for cardiac patients and their families, will meet on November 24 from 6:30 to 8:30 p.m. For more information, call 773-792-5023.

The Cancer Support Group will meet on November 30 from 7 to 8:30 p.m. For more information, call 773-792-5116.

At Resurrection Retirement Community, 7262 West Peterson Avenue, the Diabetes Support Group for Seniors will meet on November 9 from 11 a.m. to noon. For more information, call 773-792-9755.

At Resurrection Nursing and Rehabilitation Center, 1001 North Greenwood Avenue, Park Ridge, the Caregivers Support Group will meet on November 10 from 6:30 to 7:30 p.m. The group offers support for family members and friends who provide ongoing care for a loved one. For more information, call 847-692-5600, extension 133.

Healthy lifestyles for people with diabetes

Diabetes affects approximately sixteen million people in the United States. Yet nearly one half of these people are unaware they have it. The symptoms of diabetes often goes unnoticed and therefore untreated. Elevated blood sugars cause gradual damage to many parts of the body, perhaps for years, before an eventual diagnosis.

On Tuesday, November 17, Holy Family Medical Center's Gary Gilles will provide a free lecture on the symptoms of diabetes, the progression of the disease, and treatment options available.

Registration for this free class is required by Thursday, November 12. For more information or to register, please call the Rolling Meadows Park District at 847-818-3205.

The Youth Campus opens new daycare center

The Youth Campus is opening a new daycare center in November on its Park Ridge campus. "There is a critical need for affordable, high-quality child care in the suburbs," explains Marty Sinnott, Executive Director of The Youth Campus. "The new Youth Campus Daycare Center will provide support to low-income, working families."

The Daycare Center was instituted in response to a 1997 needs assessment conducted by The Youth Campus that revealed the urgent need for subsidized day-care in Park Ridge, Des Plaines, Niles and the unincorporated area

of Maine Township. The center will target welfare recipients engaged in return to work or job training activities; low-income, working families; and high school students with children. Residents of Maine Township will be given priority for admission. Fees will be based on family size and income.

The center will initially provide care for infants 6 weeks to 15 months old. The Youth Campus hopes to add additional programming for toddlers and preschoolers in the future.

The Youth Campus is a not-for-profit, non-sectarian child

welfare agency that has been meeting the critical needs of at-risk children and their families since 1877. Governed by a voluntary Board of Directors, the agency provides a residential treatment program for adolescents and an assessment program for chronically ill and drug-affected infants on its 13-acre campus in Park Ridge.

The Community is invited. All are invited to attend The Youth Campus Daycare Center's grand opening celebration on Monday, November 9, 4-7 p.m. For more information, call (847) 823-5161, ext. 116.

The Northern Illinois Civil War Round Table

The Northern Illinois Civil War Round Table will hold their regular monthly meeting on Friday, November 6. We meet at 7:30 p.m. on the second floor in the Hendrickson Room at the Arlington Heights Memorial Library, 500 N. Dunton Avenue, Arlington Heights.

If you would like further information on our Round Table you may contact Robert Ziegler at (847) 358-6355 or Gerry Barry, (847) 381-8950. We also hold an informal discussion meeting the third Saturday of the month at 10 a.m. in the Barrington Area Library, 505 N. Northwest Highway Barrington.

Roman and Boshenz win again!
Bob Roman and Al Boshenz won the area speech contests sponsored by Toastmasters International. The event took place at the Morton Grove Library. Roman won the Evaluation Contest and Boshenz the Humorous Speech Contest. Both are members of the Park Ridge Club. For information on how Toastmasters can help you, call 847/296-3853.

Professionals Guide

A directory of area professionals and services

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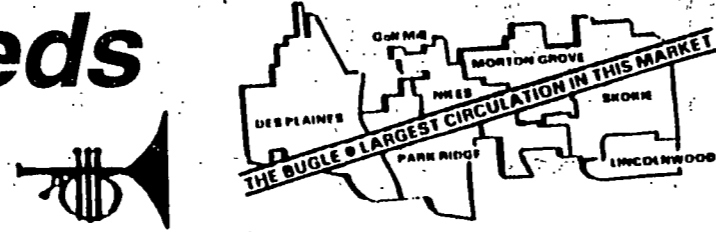
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Apply by November 2, 1998 to: Personnel Office, Village of Niles 1000 Civic Center Drive, Niles, IL 60714 EOE, M/F	DRIVERS ROUTES & DEMAND Larson Express, a busy courier company, seeks drivers for Full-Time (Some Part-Time) demand and some routed deliveries in Chicagoland area. Various shifts & starting times. Use own insured, reliable vehicle, have excellent driving record, professional appearance, & positive attitude. Good pay, steady work. \$100 RETENTION BONUS Interested? Call Dick At: (847) 342-1100 - Ext. 125 EOE	• REPORTER Work Evenings Covering Board Meetings For The Bugle Newspapers Experience Preferred Call: (847) 588-1900 Ask For Marti	St. Jude's Novena May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the helpless, pray for us. Say this prayer nine times a day, for nine days. On the eighth day your prayers will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude. B.D.
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Townhomes ...

Continued from Page 1

videos, and the representative said she was.

Next, adding 4,000 square feet and a parking lot, to the Goldman Home, located at 6630 Harts Road was approved by the Board. The extra space will be used for physical therapy and occupational therapy rooms. Mr. Todd Bavaro said the plans look fine. There is a storm sewer in the parking lot, so the builders do not foresee a problem with flooding. Also, the addition of the parking lot will allow the entrance and exit of people in autos safer passage than they have now.

Trustee Louella Preston said signs with the words "No Parking, Standing or Stopping" printed on them will be placed on both sides of Central Avenue between Howard Street and Touhy Avenue. The objective is to alleviate the congestion in the area due to the current stoppage of trucks.

Trustee Bart Murphy announced that Leixlip, Ireland will become one of Niles' sister cities. It joins the other two sister cities in Italy and Greece.

Fire Chief Harry Kinowski up-

dated the board on NIPSTA, Northeastern Illinois' center for training Fire and police officers.

A final point of interest was covered by Teena Mackey, Family Fitness Director. She provided an update on the Family Fitness Center being built across from the post office. The target opening date is December 19, 1998. Well over one hundred memberships have been sold and Teena says there are a lot of phone calls coming in by people with questions about the center. The majority of the equipment has been purchased. There will be an open house between December 19 and December 30. No fees will be charged. The official start date of the memberships is January 1, 1999. Niles residents are welcome to use the indoor track regardless of membership. Teena said there will be a lot of things going on in the Fitness Center and the staff is looking forward to the opening. She said there is a lot of advertising for the Center and thanked the Bugle for its participation in the promotion of the Family Fitness Center.

MG meeting ...

Continued from Page 1

ing Budgets and 7 p.m. - Finance Departments/Pensions/ Administration.

Monday, Nov. 16: 5 p.m. - Salary Comparables/Personnel Issues; 6:30 p.m. Any budgets not previously covered.

Monday, Dec. 7: 5 p.m. - Final workshop to mark-up any changes as well as consider Expanded Budget requests.

The mayor also reminded people of the Formal Public Hearing for the 1999 Calendar Year Budget set for November 23 at 7:30 p.m.

Mayor Scanlon also made two proclamations at the meeting.

The first was to proclaim the weeks of November 2 - December 10, 1998 as Snug Hugs for Kids Days. Snug Hugs for Kids is an annual event designed to help underprivileged children obtain winter clothing and outerwear. The Children's Home & Aid Society of Illinois serves more than 30,000 families in the Chicago area. The Snug Hugs for Kids effort has donated as much as 24,000 pounds of new coats, gloves, mittens, hats, scarves and boots to these children. The Society also provides adoption, foster care, residential treatment, child and family counseling, research and professional training programs in the Chicago area and in 40 counties throughout Illinois.

District 63 meeting notice

A meeting of the Finance Committee of the Board of Education of East Maine School District No. 63, Cook County, IL, will be held on Tuesday, Novem-

ber 10, at 6:30 p.m. at Nelson School located at 8901 Ozanam. Niles. This meeting will be held for the purpose of discussing financial matters.

Northwest

ChicagoLand Widowed

Persons Service

The Northwest ChicagoLand Widowed Persons Service is a group of volunteers who have been widowed for at least one year. Our training program teaches you to provide in-person or telephone visits to people who have recently lost their spouse. Our volunteers become special friends to newly widowed people, and learn more about their own grief journey as well.

- Men and Women Widowed Volunteers are needed.
- Volunteers provide outreach services either by in-person or telephone visits.
- Receive support groups, ongoing training and education, and social events each month.

The Training Program consists of three sessions:

Date: November 14
Time: 9 a.m. - 3 p.m.

Date: November 16
Time: 7 - 9 p.m.

Date: November 18
Time: 7 - 9 p.m.

Northwest ChicagoLand Widowed Persons Service
Rainbow Hospice, Inc.
1550 N. Northwest Highway
Suite 220
Park Ridge

Call Christa Detsch at (847) 699-3604 for more information.

Terrorism: A Jewish Issue?

On Sunday, Nov. 8, Temple Shalom of Chicago will host a discussion of Anti-Semitic Terrorism Against Non-Jews.

The controversial question is whether the hatred and energy that fuels anti-Semitism also motivates terrorism against non-Jews. Events like the Oklahoma City and East Africa bombings may actually be symptoms of this hatred and energy reaching beyond Jewish targets.

The discussion will be held at Temple Shalom of Chicago on Sunday, Nov. 8, at 12:15 p.m. Reservations are required, and brunch will be served. Brunch is \$5. Call Linda Armitage at (773) 525-4707, ext. 324 to make your reservation.

Hilliary Davis

Skokie resident Hilliary Davis is one of over 300 Boston University freshmen who participated in the Boston University Community Service Center's First Year Student Outreach Program (FYSP). FYSP offers incoming freshmen the opportunity to arrive on campus one week early to work on community service projects in a chosen issue area and learn more about the Greater Boston area.

Davis is a freshman in the College of Arts and Sciences. A 1998 graduate of Ida Crown Jewish Academy, she is the daughter of Bernard and Robin Davis.

District 219 ...

Continued from Page 1

til every possible alternative was explored. He stressed that he does not favor the sale of the north campus so much as he wants the board to explore all the possibilities before going to the voters with a referendum to raise taxes.

"Until you can say we're giving the best possible education at the lowest possible cost, we can't go to the voters and ask for a tax increase," Weiss said. "We're taxing the residents to death for the past few years," he added.

"[The Board of Education] are trying to take the easy out by raising taxes," Weiss said. "The voters won't approve it."

In addition to Weiss, board President Robert Wilverman, Vice President Gail Stone and board member Leon Finkel voted to reconsider the idea. The other board members, Sam Borek, Sharon Deemar and Howard Dane, voted against it.

The district must decide by January whether to put the matter before the voters on the April ballot.

Superintendent Griff E. Powell, however, said that at least six of the board members have voiced concerns over the costs of investigating the viability of the proposal. He is currently in the process of finding out how much it will cost the district to get the architectural, legal and real estate appraisal costs.

"We have to be able to tell the public how we will house 2,500 kids," Powell said. However, if the costs involved in gathering the estimates for the project amount to "a couple hundred thousand dollars," Powell said he thought the board would not favor it.

Weiss offered a scenario in which there might be too few students at one campus to justify offering a particular program, while there might be enough students from the two adjacent or nearby schools to allow creating such a class. Fifteen is the minimum number of students required for any given class, Weiss said.

"I'd rather move a building than cut programs," Weiss said.

Weiss said he has voted against every proposal by the school board to raise taxes unless and un-

til every possible alternative was explored. He stressed that he does not favor the sale of the north campus so much as he wants the board to explore all the possibilities before going to the voters with a referendum to raise taxes.

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'87 TOYOTA SUPRA SIK. #8458A	\$4,400	'93 CHEVY CONV. VAN SIK. #D2302	\$9,995	'96 FORD TAURUS SIK. #T9384A	\$15,555
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