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Bugle News

THURSDAY, APRIL 8, 1999

VOL. 42, NO. 41

Candidates for school board clash over funding

by Rosemary Tirlo

While one incumbent sees the possibility of additional school borrowing on the horizon, a write-in challenger poses serious questions regarding dispersion of \$4 million the district borrowed to build the Nelson School addition.

Mary Pat Jordan, a board incumbent who was a former school administrator and now owns a home improvement com-

pany, described the six schools in unincorporated Maine Twp. as falling apart, and said a referendum may be necessary to fund the needed repairs.

Ariye Ginzburg, a write-in challenger, called for a thorough examination of the district's finances before any such referendum is considered, and posed the vexing question of just what hap-

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New gas station/restaurant may become a reality

by Ryan Bergin

After some debate Monday night, the Village of Niles Planning Commission and Zoning Board of Appeals unanimously voted to grant a request for a change in zoning to a property located in the 7200 block of Caldwell Ave. The request came from Mr. Cary Uretz, who planned to renovate an existing gas station on the property. The new station

would also be equipped with a mini-mart and a fast food restaurant.

Although Uretz and his architect explained that the property's parking lot would be big enough to accommodate a 65 foot gas tanker used for delivery at the station, and was thus a worthwhile building to renovate, Board mem-

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Niles joins Park Ridge, DesPlaines in air quality study

Niles Mayor Nicholas B. Blase has agreed to join Park Ridge Mayor Ron Wietecha in an air

quality study which may prove that the air in their communities is being polluted by airplane exhaust fumes at O'Hare Airport.

Blase met with Wietecha last week to discuss the issue. The City of Des Plaines is also involved in the study.

Wietecha said if the findings of the study are what he expects them to be, he will go directly to state and federal environmental and safety officials demanding that they take action about the matter.

Wietecha is spearheading the long-standing campaign by the suburbs near the airport to force the clean up of what they consider extensive air and water pollution in their communities caused by airport operations.

Wietecha complained that similar studies have been conducted in the past, but that the results

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Morton Grove Public Hearing

The Village Board of Trustees will hold a public hearing at 7:30 p.m. on Monday, April 12 in the Council Chambers of the Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove. To discuss the Waukegan Road TIF District Area "B" Redevelopment Project and Agreement.

All construction must be completed before land swap can take place

Pioneer Park to be transferred to Park District

by Rosemary Tirlo

The new park which is currently under construction at Harlem and Touhy avenues will be transferred to the Niles Park District and swapped for the former Jozwiak Park property at Oakton and Franks avenues as soon as the new park is completed, according to Joe LoVerde, executive director of the Niles Park District.

The transfer was approved in concept at the last Park Board meeting March 16, LoVerde said. However, according to the agreement between the Park Board and the Village, all the construction must be completed before the land swap can take place.

The new park is in the final phase of construction, LoVerde said. All that still needs to be done at the new park are what he described as amenities, such as landscaping, lighting and fencing, all of which were written into the contract between the Park Board and the Village.

Paving is also awaiting warm-

er weather when the asphalt company reopens for the summer, LoVerde said.

LoVerde described the park as "98 percent complete," with only punch list and minor items still

left to be finished. He said he intends to present his proposal to the village for opening the revenue-producing portions of the park—the batting cage and the

Niles Builder's Square to close by July

by Rosemary Tirlo

The Niles Builder's Square store, 7311 N. Melvina Ave., along with 33 of the chain's other stores across the nation, will close its doors for good next July.

Originally owned by Kmart, the chain was purchased in 1997 and merged with the Hechinger Company, another home improvement chain, according to a company spokeswoman.

The Niles Builder's Square was built in 1995 along with a Target Store as part of a tax incre-

ment financing district. Although the Builder's Square stores will be gone from the Chicago area, the stores in Peoria, Fairview Heights and 14 other Illinois communities will remain open along with 158 other stores operating in 28 states and the District of Columbia. The chain employs about 28,000 people, the spokeswoman said. Employees of the Niles store were notified Feb. 10 of the closing, and the

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Benefit for Kathy Berresheim to be held



Mayor Nicholas B. Blase (left) and Trustee Bart Murphy (right) purchased tickets for the Kathy Berresheim Benefit from Committee Chair Laurie Chrobak-Syrucula. The benefit will be held on May 14 from 7 p.m. to 11 p.m. at St. John Brebeuf in Plaquemine Hall. The fund-raiser is for lifelong Niles resident Kathy Berresheim to help retire medical debts from her bouts with cancer. See story on Page 3.

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International Speech Contest to be held

Dick Storer of the Park Ridge Toastmasters Club will compete at the International Speech Contest which will take place at the Skokie Library on Saturday, April 10. Dick won the contest at the club level earlier this year. Later his award winning speech "Time, the stuff that life is made of" won again at the Area level. If he wins in Skokie, he will be able to compete at the District level and could become a finalist at the International Competition.

The Skokie Library is located at 5215 Oakton in Skokie. The contest starts at 10 a.m. and the

public is invited. Toastmasters is a non-profit making organization dedicated to improving the communication and leadership abilities of its members. For additional information, call (847) 296-3853.

Use non-toxic alternatives for cleaning. Read *Clean and Green*, by Annie Berthold Bond.

'Boo-Boo Bunnies' arrive for Easter at Holy Family

During the week of Easter, Holy Family Medical Center's maternity unit, Family Additions, will make the holiday a little more special when they distribute "Boo-Boo Bunnies" to each new mom and baby born at the Medical Center.

The creative Boo-Boo Bunnies were hand made by Holy Family's Joanne Duebner, RN, Maternal Child Health Nurse, and serve a useful purpose. The bunnies are fashioned out of a few simple folds of an ordinary washcloth, some ribbon, and



One of Holy Family Medical Center's newest arrivals, William Jon Busso, with the hand crafted Boo-Boo Bunnies distributed to new moms and babies at the Medical Center the week of Easter.

cotton balls for tails. A small place is left in the middle of the washcloth bunny to tuck in an ice cube for when baby has a boo-boo. (Note: Boo-Boo Bunnies should be used only with the presence of an adult at all times).

Here are some simple instructions for crafting your own Boo-Boo Bunny: Supplies needed: 1 washcloth, 1 rubber band, 10"

colored ribbon (1/4"). 1 cotton ball, decorative eyes or non-toxic marker, non-toxic glue.

Roll opposite ends of washcloth to center, fold washcloth in half with rolls on the outside. Lay on side and fold flaps up to form ears. Glue on tail using cotton ball. Either glue on decorative eyes or draw with marker. Tie ribbon around neck to cover rubber band.

Des Plaines Valley Geological Society

On Thursday, April 15, the Des Plaines Valley Geological Society will host a program on the History of the Oriental Institute, located at the University of Chicago, in Chicago.

Mr. A. Haus and Ms. G. Maynard will present a slide and VCR program on the exhibits in the old museum and what to look forward to seeing in the newly remodeled museum. They will also tell about some of the field studies that the institute has conducted

over the years, including: the ancient Turkish tin mines; a golden cape from Gaza; and what really happened to King Tut's gold.

Monthly meetings of the Des Plaines Valley Geological Society are held on the third Thursday of each month at Our Lady of Ransom School, 8300 N. Greenwood Ave., Niles, at 8 p.m. We encourage all interested persons to attend. All ages are welcome and refreshments will be served.

'Circus on Parade'

Ladies and gentlemen, boys and girls, square dancers of all ages -- come to the Niles Square annual event, "Circus on Parade." Hot dogs, peanuts, pop corn, animal crackers, clowns, games and great Round and Square Dancing. The fun begins at 8 p.m. on April 10, with Rounds by Rich and

Judy Wojtal and the Squares at 8:30 p.m. with Chuck Jaworski. This all takes place at the Niles Recreation Center, 7877 N. Milwaukee Ave., Niles. Information (847) 534-6562 - (847) 967-7854. See you there, don't miss the fun.

The Village of Morton Grove announces First-Time Home Buyer Assistance

The Village of Morton Grove presents a way for you to get a home of your own through their sponsorship of the Assist Program, a first-time home buyer's down payment assistance program, underwritten by Gates Capital Corporation.

What is Assist? Assist is a program that will offer individuals and families with a 6.74%, 30-year, fixed-rate mortgage and offers a full 4.25% cash "gift" on the amount borrowed on a mortgage to qualified home buyers for homes in the Village of Morton Grove. The cash may be used to offset some or all of the home loan's down payment and closing costs. Assist is designed to minimize the amount of money you need on hand to purchase your home.

Am I Eligible? The program is open to individuals and families who:

- meet the income and purchase price requirements set out below.
- have not owned a home in three years.
- meet the qualifying requirements for a mortgage loan.
- will use the home as their principal residence.
- will use the program for a home purchase, not refinancing.

What Type of Home Can I Buy And How Much Can I Spend? Homes that meet the program guidelines are new or existing, owner-occupied, single family homes, town homes and condominiums. Purchase Price and Income Limits are as follows:

Purchase Price Limits: New: \$190,900; Existing: \$142,320. Income Limits: 1 or 2 per-

sons: \$63,800; 3 or more: \$73,370.

How Do I Sign Up?

1. Contact and of the participating lenders listed below.
2. Meet the program guidelines and qualify for the new home.
3. Close on your purchase and enjoy your new home.

Participating Lender:

National City Mortgage Services Co., 9101 North Greenwood, Niles, Illinois 60714. Tele: (847) 390-1239. St. Paul Federal Bank, 6700 West North Avenue, Chicago, Illinois 60607. Tele: (773) 804-2062. LHM Mortgage, Inc., 2500 West Higgins Road, Hoffman Estates, Illinois 60195. Tele: (847) 884-9300.

Local Lady competes for The Miss Pre-Teen Chicago title

Monica Nowakowski of Niles was recently selected to participate in Nationals 1999 Miss Pre-Teen Chicago pageant competition that will take place on May 16, 1999. Monica learned of her acceptance into this year's competition as Nationals, Inc. announced their selections on Monday afternoon. Monica submitted an application and took part in an interview session that was conducted by Thomas DiPaula, this year's Chicago Pageant Coordinator, during a meeting on Saturday, March 27, 1999.

Monica will be competing for her share of over \$20,000 in scholarships, prizes, and specialty gifts that will be distributed to contestants. Monica will be competing in the Miss Pre-Teen division, one of five divisions that will have young ladies between the ages of 7 and 23 competing in modeling routines which include casual wear and formal wear. Most important, Monica will display her personality and interviewing skills while interviewing with this year's Chicago judging panel. Personality is the number one aspect that each contestant is judged on during all phases of competition.

If Monica were to win the title of Miss Pre-Teen Chicago, she would represent Chicago and the surrounding communi-



Monica Nowakowski

ties within a 200 mile radius of Chicago at the National Competition that will take place in Orlando, Florida. Over \$60,000 in prizes and awards will be presented at Nationals while each winner enjoys this expense paid trip of five nights and six days in Orlando, Florida.

In her spare time, Monica enjoys playing the keyboard and rollerblading. There is no cost to Monica for participating in the pageant competition. Community Businesses, organizations, and private individuals will assist Monica in participating in this year's competition by be-

coming an official sponsor to her. Through sponsorship, each contestant receives all the necessary training, rehearsals, and financial support which will allow Monica to become a very confident and well prepared contestant in this year's Chicago pageant.

Any business, organization, or private individual who may be interested in becoming a sponsor to Monica may contact her pageant coordinator, Thomas DiPaula at 1-800-552-9361.

Morton Grove Woman's Club

The Morton Grove Woman's Club will hold their regular monthly meeting on Thursday, April 8, 1999 at the Terrace Restaurant, Wilmette at 12 noon. Cost of luncheon is \$12. For reservations, call 965-5764.

After a short business meeting led by President Marty Erickson, Night Time Nancy and Ragtime Charlies will present their musical revue of Oldies from the '20s to the '40s.

'Estate Planning' presented by Chester Przybylo, Attorney

Monday, April 19 at 7 p.m. in the Large Meeting Room at Niles Public Library.

Find out the latest estate tax changes from the Tax Payer Relief Act. Keep your estate out of probate and control your assets even if you become mentally incompetent. Ensure that your estate passes to whom you want, when you want, and how you want.

Registration is limited to 125 people and began Monday, April 5. Please call to register at 663-1234.

NOTE

While several Letters to the Editor were received from political candidates and their supporters for publication in this week's edition, it has been the policy of The Bugle not to publish any letters dealing with politics in the last issue preceding the election. We feel this is a fair policy since such publication would not allow for any rebuttal.

Kathy Berresheim Benefit

On Saturday, May 1st from 7 to 11 p.m. a benefit will be held for Kathy Berresheim at St. John Brebeuf in Flanagan Hall. Kathy, who has been a lifelong resident of Niles and an alumnus of St. John Brebeuf and the Maine East High School Class of '77 has been suffering with cancer for two years. The benefit will help to retire medical debts and to meet ongoing medical expenses.

The Kathy Berresheim Benefit is made up of a committee of 12 dedicated family members and friends who have been working three months to plan this event. Members include Kathy's sisters Mary Lee Berresheim, Margie Berresheim-Bolger, and Carole Berresheim-Kasper, and friends Lori Lepak, Maureen Murphy-Polcyn, Nancy Naranjo, Debbie Polinski, Katie Polinski, Pam

Sparkowski, Laurie Chrobak-Styrula, Kathy Polinski-Wydra and Patty Polinski-Zeman.

A donation of \$10 gains you admission into the benefit which will feature Hors D'oeuvres, a dessert table and a DJ with dancing. Baskets filled with items from local merchants will also be available for raffle that night. A Weber grill, a complete patio set, signed PGA items and an autographed picture of Michael Jordan are among the dozens of items available for raffle that evening. Door prizes will be offered throughout the night. The highlight of the evening will be a special cash raffle with a \$1,000 first prize, a \$500 second prize and a \$250 third prize.

Admission tickets and cash raffle tickets are being sold in the community by committee members and at St. John Brebeuf after all masses on April 17th, 18th, 24th and 25th. For more information or for tickets please call Laurie Chrobak-Styrula at (847) 362-5288.

Glenview, Army Corps agree on saving air base prairie, wetlands

by Rosemary Tiffo

The Glenview village board has agreed March 18 to preserve and enlarge upon a little patch of prairie that somehow has survived for decades near a runway on the abandoned Naval Air Station property.

The village's commitment to preserve the prairie is an exchange negotiated with the U.S. Army Corp of Engineers for permission to fill in a 7.25-acre wetland site where a retail center is scheduled to be built. Located in the northernmost part of the base north of Willow Road near Lehigh, the Army Corps decided that the wetlands there were of poor quality, officials said.

The agreement with the Army Corps also requires the village to preserve a 6.4-acre tract of existing wetlands adjoining the prairie tract, to create another 3 acres of wetlands in the same area and another 2.5 acres further south on the base, officials said.

Environmentalists and wild life preservationists consider the agreement a victory as it will ensure preservation of the homes of endangered plants and an endangered bird.

The upland sandpiper, a bird

which is considered endangered in Illinois, and three endangered plant species will be preserved along with the 150 other plant and animal species that make their home on the Glenview prairie and wetlands.

Glenview officials said they plan to hire contractors to create new wetlands and to clean up the existing ones. The North Branch Restoration Project, a volunteer ecological organization that has aroused some controversy in the methods they have employed to preserve and restore prairie along the North Branch of the Chicago River, has been hired to maintain the prairie.

While Sandy Hausman, president of the Prairie Preservation Project, praised the agreement as good news for the prairie, she also expressed fears that a large retail project planned for just north of Willow Road with parking for 1,800 cars would surely have a negative environmental impact on birds and plants in the area.

She promised her group would be vigilant in assuring that future decisions will also be environmentally appropriate.

Auxiliary present Easter gifts

The Morton Grove American Legion Auxiliary Unit #134 played Easter bunny with presentation to all the veterans at the VA Hospitals with a token gift.

As is customary, the former service personnel are remembered at this special day each year.

Auxiliary president Julie Kar-

sten said her members who serve on the hospital rehabilitation committee gifted each hospitalized veteran with an Easter card containing \$3. The Morton Grove Unit traditionally visit the patients at the Hines Veterans Administration Hospital in Maywood and at the West Side VA in Damen in Chicago.

Rawhide Boys' Ranch seeks vehicle donations

The Rawhide Boys' Ranch located in New London, Wisconsin is seeking donations of cars, trucks, boats, campers and even real estate to aid in supporting programs for court-referred boys who are housed at the facility. The Rawhide Vehicle Donation Program is a unique fund-raising program that depends on donated vehicles, real estate and boats. Work done on the donations provides valuable job training opportunities for the boys

and income generated from the sale of the donations helps finance the continuing operation of the boys' homes.

The Vehicle Donation is a year-round program that is supported by the Chicago Automobile Trade Association. Many Illinois car dealers provide collection sites at their dealership for Rawhide donations. Donors may receive a full tax benefit. For further information call 1-800-RAWHIDE.

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Supervisor spearheads new catastrophic insurance plan for area townships

Mandated by the State of Illinois to provide medical assistance to general assistance recipients within the township, Maine Township Supervisor Mark Thompson became concerned that a major health crisis could cripple the township financially. Recognizing this potential, Thompson raised the issue with other township supervisors in the area, including Wheeling Township Supervisor Jerry Sadler, and as a result a new catastrophic medical insurance plan has been underwritten by Lloyds of London, a prominent insurance carrier in the UK.

"Maine Township's total yearly budget is around \$4 million for all the services we provide to over 25,000 unincorporated residents and 130,000 or so township residents," explained Thompson. "The fear is that one or two significant medical crisis situations affecting individuals, such as major heart surgeries, cancer, AIDS or other major need can exceed hundreds of thousands of dollars and would be difficult if not impossible to recover from."

Thompson explained that state statutes mandate that Townships provide medical assistance to those unqualified for other state or federal aid or those still in the midst of a lengthy waiting period following application for benefits. "These include many low or no income single individuals or couples without children," he said. The statutes also require that these medical expenses take priority over other Township expenditures. This means we'd have to either take funds from other departments or get a loan.

With the new catastrophic insurance, Maine Township and several other area Townships are now covered for large medical costs from \$25,000 and up.

Thompson and Sadler originally discussed the idea for catastrophic coverage a year and a half ago at a meeting with other area Township Supervisors. Together, Thompson and Sadler began a long search for a provider for such coverage and found that none existed for Townships. "At-

ter a long search and plenty of negotiations Lloyds of London worked with us to create a plan that would serve a consortium of Townships, including Maine, Wheeling, Elk Grove, Schaumburg and Northfield Townships," said Thompson.

Thompson said that he took the initiative when he saw not only the rising costs of health care nationwide, but how tax cap legislation restricted the most logical means to cope with a potential unexpected financial crisis. "We also recognized that our general assistance population is increasing - some due to disabilities - and like the rest of the country is aging as well," he added. "Add to that how welfare reform has reduced much of the burden back to local government, and the potential for crisis became very real."

Working together, each participating township benefits by paying smaller premiums than if they participated on their own. Each Township contributes based on population, with Maine Township contributing approximately \$3,000 per year. "We've already had a lot of interest from other townships in the state, and hopefully as more jump on board premiums will become even more economical," said Thompson. "Until then we can guarantee that our general assistance obligations will be met and protect our other services as well."

Misericordia/Fannie May Candy Days

Kathleen McCarthy, who works at Misericordia and Bill White, a resident at Misericordia, visited Key Club members at Resurrection High School, 7500 West Talcott, to kick off Misericordia's mission and commend them for their participation in special events. For the 12th consecutive year, Key Club members at Resurrection High School will participate in Misericordia/Fannie May Candy Days along with 10,000 other friends of Misericordia in the last week of April.

Last year, volunteers raised \$820,000, which funded 82 new residences. Misericordia was also able to take in 36 new residents. While Misericordia already accommodates over 500 children and adults with mental disabilities, there is an eight to 15-year wait for placement.

Misericordia opened its doors in 1921 as a home for unwed and widowed mothers of meager means. In 1954, Misericordia began serving children with mental disabilities. Today, it serves over 500 children and adults on both the North and South campuses. The North Campus offers residents 30 acres to explore and develop. The South Campus offers skilled nursing care and direct therapy for residents.

Most residents live with their peers and staff members, participate in daily chores, attend speech therapy classes and enjoy

full-time or part-time employment on campus or in the community. Residents also attend plays and ball games, shop at the local grocery store and dine at McDonald's.

White, a resident of Misericordia's North Campus, shared his experience at Misericordia with Key Club members. A graduate of New Trier High School, White has lived on the North Campus for nine years and enjoys art, sports and social activities. He attends classes each weekday and learns to cook, clean and go grocery shopping. He also works full-time in the staff cafeteria, bringing beverages to all staff members.

For the 12th year, juniors and seniors at Resurrection High School interested in special education will visit Misericordia North over Easter Break for a tour and lunch in the Greenroom Inn restaurant, staffed by Misericordia residents.

Key Club (Kiwanis), moderated by Michael Longo, a Religion teacher at Resurrection High School, helps students reach out to the community through service activities. In addition to volunteering for the Misericordia/Fannie May Candy Days, the young women also volunteer for Catholic Charities Tag Days, Crop Walk, Operation Rice Bowl and more.

Little City Foundation honors Park Ridgian

George Alexandrou of Park Ridge, president of the Little City Foundation Parent/Family/Guardian Group, was honored at a reception that kicked off the Spring Parent/Family/Guardian meeting Sunday, March 21, at Little City's Palatine headquarters. Calling his late wife Emilee a tireless, persistent and resourceful fundraiser for Little City, the

retiring president thanked fellow members for honoring the 37 years of dedicated service that the Alexandrous contributed to the organization since their son, Peter, came to live there in 1962. Alexandrou plans to retire to his home in Greece where he will spend most of the year. His wife died in January.

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Health News

Walk to benefit Brain Tumor Research

The 1st annual Vernon Hills Walk for Brain Tumor Research in memory of Cathy Lundstrom and Mary Jo Milligan will take place on Saturday, May 8, at Century Park in Vernon Hills. The 2-mile walk around Big Bear Lake will begin at 9:30 a.m. with proceeds benefitting the American Brain Tumor Association. Cathy

Lundstrom and Mary Jo Milligan were both residents of Vernon Hills who recently lost their lives to brain tumors. A donation of \$20 is respectfully requested to participate in the walk. Sponsorships are also available. For more information or to register, call George or Charlie Aubuchon at (847) 367-4315.

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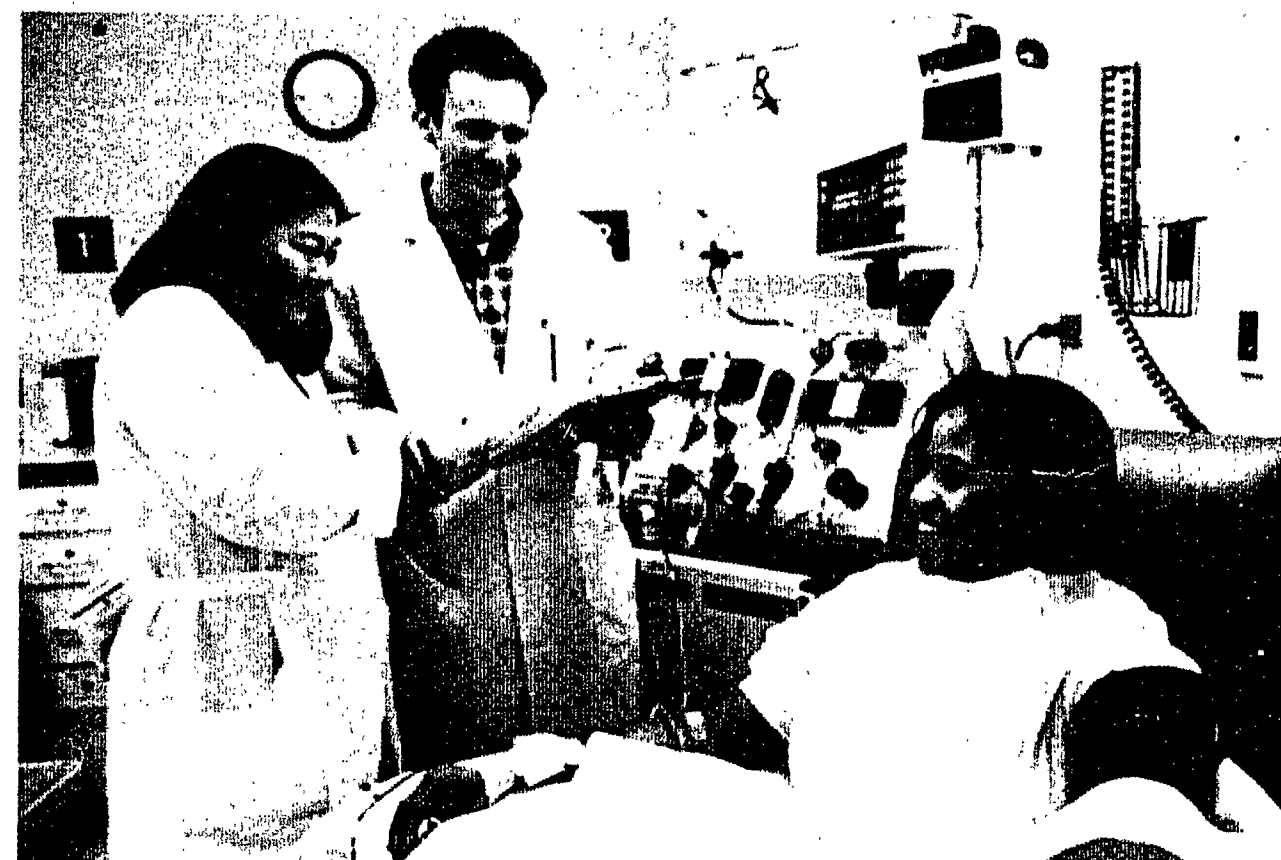
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Lutheran General Cancer Care Center first in suburbs to have Apheresis Center



The Lutheran General Hospital Cancer Care Center is the first cancer care center in the suburbs to have its own in-house Apheresis Center for patients undergoing bone marrow transplants. The Apheresis Center provides a convenient space for the collection of stem cells, plasma and whole blood.

"Before we had the Apheresis Center, patients and family members would have to go to a blood bank outside of the hospital to donate blood. Now, when a patient comes to Lutheran General Hospital's Cancer Care Center for treatment, their family member or donor can come with them and

donate blood for the patient's transplant at the same time," said Fe Bittel, Lutheran General Hospital blood bank manager. "It saves time for our patients and makes the process simpler."

Apheresis is a three to four hour process where whole blood is collected, spun through a machine and then certain components of the blood are removed. Specifically, stem cells, plasma and whole blood. Once the blood components have been removed from the blood, the remaining blood is transfused back to the patient.

The Apheresis Center at Lu-

theran General Hospital is a multi-functional center where patients with cancer and anemia may receive transfusions of red blood cells and platelets, and bone marrow transplant patients may send their donors for stem cell and platelet collection.

The Apheresis Center is a part of the Cancer Care Center facility at Lutheran General Hospital in Park Ridge. It houses four chair stations, one bed station, and a procedure room.

The Apheresis Center welcomes donors from the community. For information on donating blood, call (847) 723-8070.

Weight control & refractive eye surgery lectures

Lutheran General Hospital's spring 1999 Health and Happiness lecture series will conclude in April with lectures focusing on weight control and vision correction surgery.

The free educational programs will be offered from 7 to 8:30 p.m. Tuesdays in Olson Auditorium at Lutheran General Hospital, 1775 Dempster St., Park Ridge.

The lectures, which feature speakers from Lutheran General's medical and professional staffs, are part of the hospital's ongoing commitment to preventive health care and wellness. Reservations are required. For more information, call 1-800-3-ADVOCATE (1-800-323-8622). Free parking is available in the lot north of Dempster Street.

On Tuesday, April 13, the topic, "Yes, You Can! Ten Top Tips for Weight Control," will be addressed by Gordon Coates, registered dietitian, department of food and nutrition, Lutheran Gen-

eral Hospital. This entertaining presentation will reveal the best of recent tips pertaining to weight management and will motivate the audience to try these weight control options.

"Lasik Laser Vision Correction" will be discussed Tuesday, April 20, by James Katz, M.D.,

ophthalmologist, department of surgery, Lutheran General Hospital. Persons who attend this presentation will learn about refractive procedures and whether they are candidates for Lasik vision correction, which can result in less or no reliance on glasses or contacts.

Holy Family Medical Center will sponsor the free community lecture, "Using Your Heart Rate," on Tuesday, April 13, at 5:30 p.m. and Tuesday, April 20, at 12 p.m. at the Prairie Lakes Community Center, a facility of the Des Plaines Park District, 515 East Thacker in Des Plaines.

The lecture will include information on how individuals can safely and effectively use their heart rate in an exercise program and how the risk of coronary ar-

tery disease is related to heart rate. A question/answer period will be included in the presentation. Speaking at the lecture will be Paul Bergman, MS, CSCS, certified diabetes educator, exercise physiologist, and Supervisor of Holy Family's Cardiopulmonary Rehabilitation Program.

For more information or to register for this free program, please call the Des Plaines Park District at 847-391-5711.

Cancer Awareness Day to be held at LGH

"Knowledge is Power," Lutheran General Cancer Care Center's 5th annual Cancer Awareness Day, will feature free screenings, a lecture series on prevention and early detection by physicians and health professionals, exhibits and tours.

The event will be held from 9 a.m. to noon Saturday, May 1, at the Cancer Care Center, 1700 Luther Lane, Park Ridge, just west of Lutheran General Hospital.

For more information, call Health Advisor at 1-800-3-ADVOCATE (1-800-323-8622).

A limited number of specially priced PSA blood tests and rectal exams for prostate cancer will be provided for a \$10 fee. (The registration deadline is April 17 to schedule an appointment for the PSA blood draw, which will be offered prior to Cancer Awareness Day on Saturday, April 24. Appointments to receive a digital rectal exam and review the PSA test results with a physician at Cancer Awareness Day will be given to individuals after they have their PSA tests).

Free skin cancer and oral cancer exams will be available on Cancer Awareness Day, along with individualized breast self-exam instruction and tune-up massages. These exams will be offered on a first-come-first-serve basis.

The 9 to 11:30 a.m. lecture series includes the following topics and speakers: 9 to 9:30 a.m. - "Advances in Cancer Imaging" presented by Patrick Peller, M.D., Medical Imaging Center; 9:30 to 10 a.m. - "Genes and Cancer: The Role of Heredity" presented by Seth Marcus, M.S., genetics counselor, Lutheran General Hospital; 10 to 10:30 a.m. - "Lung Cancer: Changing Trends" presented by Jemi Olak, M.D., division of thoracic surgery, Lutheran General Hospital; 10:30 to 11 a.m. - "Latest Methods in Diagnosing Breast Cancer" presented by Nicholas Kinnas, M.D., medical director, mammography, Lutheran General Hospital; and 11 to 11:30 a.m. - "How to Use Alternative Methods for Better Health" presented by Donald Novey, M.D., medical director, Complementary Medicine Center.

In addition, other physicians and health care professionals will be available to answer questions about breast, prostate, colorectal, gynecologic, head and neck, lung and skin cancers.

Displays, videotapes presentations, brochures and up-to-date information about prevention and early detection of various forms of cancer also will be provided. Topics covered include breast, lung, head and neck, colorectal, prostate and skin cancer, bone marrow transplants, brain/

spine tumors, clinical trials, mammography, breast cancer treatment, gynecological oncology, smoking prevention, cancer genetics, positron emission tomography (PET) scans, nutrition and fitness tips.

Individuals who attend Lutheran General's Cancer Awareness Day will receive free massages at the massage therapy booth and enjoy free music therapy demonstrations. Information will be available about the Lutheran General Breast Center, the Women's Health Resource Center of Lutheran General Hospital, the hospital's pastoral care and social work service, the American Cancer Society, Rainbow Hospice, Lutheran General pharmacy services, the Cancer Care Foundation,

and the Health Advisor physician referral service and health information line.

Cancer Awareness Day visitors also will be able to tour the Lutheran General Cancer Care Center, which is the most comprehensive facility of its kind in the northwest suburban corridor. The center provides a multidisciplinary approach to diagnosis and treatment, and encompasses state-of-the-art imaging, radiation therapy technology and chemotherapy in one location on the hospital campus.

In addition, tours of the new Apheresis Center for patients undergoing bone marrow transplants will be offered. The Cancer Care Center is the first center in the suburbs to have its own in-house apheresis facility.

Girl Scouts sponsor Blood Drive

Girl Scout Troop 1309 of Viola Nelson Elementary School is sponsoring a community wide blood drive. The girls will supply homemade baked goods for all donors.

Date: Wednesday, April 28, 1999

Time: 2:30 p.m. to 7:30 p.m.
Location: Gymnasium at Nelson Viola Elementary School, 8901

Family practice physician appointed at Resurrection

Ted J. Jagielo, M.D., has been appointed to the medical staff at Resurrection Medical Center, 7435 West Talcott Avenue.

Dr. Jagielo, of Long Grove, received his bachelor's degree from Loyola University Chicago and his medical degree from the University of Illinois - Chicago. He completed both an internship and a residency at Lutheran General Hospital in Park Ridge. Dr. Jagielo is board certified in family practice. He is a

member of the American Academy of Family Physicians, the Illinois Academy of Family Physicians and the American College of Sports Medicine.

Dr. Jagielo is in practice with Dr. Steven Pearlman and Dr. Pawan Sethi of Talcott Primary Care, LLC. Their offices are located in Chicago at 7447 West Talcott Avenue. Appointments can be made by calling 773-763-3808.

Is My Job Killing Me?

Q. Everyone in my office gets sick a lot. Does this mean that I work in a "sick" building? What can I do?

A. A sick building is one in which poor ventilation systems often accompanied by windows that do not open - fail to clean the air adequately, causing dizziness, headaches, nausea and even slight nosebleeds. Some clues you work in one of the estimated 30 percent of office buildings that aren't healthy: There's no obvious cause for your symptoms; they dissipate when you're not in the building; and most of your colleagues have similar complaints.

If you think you work in a "sick" building, the first thing to do is visit your doctor to rule out other causes. That done, canvass your office to find out who else is sniffing, and keep a record of all health complaints. If enough of you are ailing, talk to your boss, who can place a call to your state health department to see whether your building warrants an investigation, advises Linda Rowenstock, M.D., director of the National Institute for Occupational Safety and Health (NIOSH). For more information, call NIOSH at (800) 35-NIOSH. Or visit their Web site at: www.cdc.gov.

Health News

The Bad Back Season Is Here

by Dr. Robert L. Richart



In the spring, the fancy of millions of Americans turns to gardening, house repair, cleaning, tennis courts and golf courses. Many of these Americans will end up with aching backs - all of them bringing misery for the sufferers for varying periods of time.

Back problems are the reason for some 20 million visits to the doctor each year. Most victims recover with conservative treatment. The chances are good, however, that once a person has a bad backache, she/he will suffer repeated attacks. Yet experts estimate that perhaps 90 percent of backaches can be prevented by the application of a few simple back-sparing tips.

In order to appreciate the importance of these rules, it is helpful to understand the mechanics of the human back.

The spine is made up of bones called vertebrae - 24 separate ones and nine fused ones at the base. A channel through the bones houses the spinal cord and nerves. Between the nonfused vertebrae are pads of collagen - a very tough fibrous protein - called discs that act as cushions between the bones. When a disc ruptures (slipped disc is a misnomer), it may press on the spinal nerves and cause intense pain in a leg for instance, a condition known as sciatica. The lumbar vertebrae in the lower back are the most heavily built, as they must withstand the greatest stresses. They are also the main trouble spots, where most low back pains originate.

The spine is supported by muscles and ligaments in the back and abdomen, which act as "guy wires." If these wires are weak, their hold on the spine is not sufficiently protected and injury may occur. Contributing to this weakness and strain on the back are a sedentary lifestyle, poor posture, improper shoes, obesity, poor sleeping positions, and improper lifting of heavy objects.

To prevent back problems, experts recommend the following rules:

Posture: Stand and walk with your back straight, shoulders not rounded, chin and pelvis tucked in. Avoid exaggerating the natural curvature of the spine, or misplacing the center of gravity. If you thrust your pelvis forward, allow your abdomen to sag, or adopt a ramrod military posture, you create a swayback, another poor form of posture.

Sleeping: Avoid soft, sagging, slanted or lumpy mattresses. Sleep on your back or your side, with your knees and hips slightly bent. Avoid sleeping on your stomach.

Bending and Lifting: Learn to bend your knees and hips. Keeping your back straight when you lift something. Heavy objects should be lifted very close to your body to avoid greatly increasing the pressure on spinal discs. Use your arms and leg muscles to lift - not your back. Similarly, avoid using your back to push or pull. Instead, use your whole body with knees and hips slightly bent.

If you have suffered a back injury, don't delay. Most victims recover with conservative treatment, but treatment is most effective when care is initiated as soon as possible, after injury. To receive a complimentary spinal exam to determine if conservative treatment could work for you, call Dr. Richart at 827-8686.

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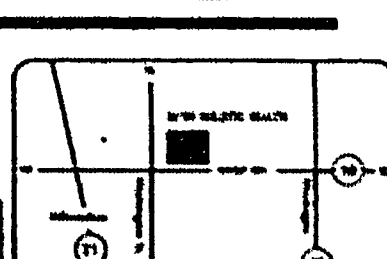
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Community Calendar

ENTERTAINMENT

Sun., April 11 Student Recital

Dominican University presents a Student Recital on Sunday, April 11 at 3 p.m. in the Recital Hall located in the Fine Arts Building, 7900 West Division Street. The Student Recital will feature solo and ensemble vocal, piano, violin and guitar works. The event is free and open to the public. For more in-

formation, call Michael Oriatti, (708) 524-6951.

Sun., Apr. 17

'The House at Pooh Corner'
Center Stage at Dominican University presents productions "The House at Pooh Corner" Saturday and Sunday, April 17 and 18 at 3 p.m. in the Lund Auditorium located in the Fine Arts building, 7900 West Division Street. Tickets for "The House at Pooh Corner" are \$6. For more information or

to purchase tickets, call Center Stage at Dominican University at (708) 524-6942.

HEALTH

Beginning April 13

Homeopathy
Dr. Daniel Mossell has recently completed an extensive post-graduate program at the National College of Chiropractic and has been certified by the National Board of Homeopathic Examiners. Homeopathy treats patients ailing from asthma, anxiety/depression, pain, attention deficit disorder, along with an array of other conditions. Dr. Mossell will be conducting a five week beginners homeopathic course entitled "Introduction to Homeopathy Philosophy and First Aid" at the Winnetka Community House starting April 13. Those interested may call (847) 251-0044 for more information or stop by his office located at 522 Poplar Dr. in Winnetka.

Fri., April 16
Medulloblastoma lecture
The Midwest Children's Brain Tumor Center at Lutheran General Children's Hospital will present a free lecture on "Treatment for Medulloblastoma" at 8 a.m. on Fri., April 16, featuring William Hartsell, M.D., radiation oncologist, Lutheran General Hospital. The presentation, which is part of a free series for the public, caregivers, physicians, nurses and health care professionals, will be held in Room 109 of the Victor Yackman Children's Pavilion of Lutheran General Children's Hospital. For more information, call (847) 723-5105.

Wed., April 21

Arthritis Therapies
The Arthritis Foundation, Greater Chicago Chapter, and St. Anthony Hospital, Center for Healthy Aging group, will co-sponsor a lecture and breakfast meeting on Wed., April 21 from 8-10 a.m. in Conference Room 8. Breakfast will begin at 8 a.m. and Dr. Y. Lerttratanakul, rheumatologist, will lecture on New Therapies for Arthritis at 8:30 a.m. Registration is required. To register, call (773) 665-3155.

Katlyn C. Lair

Army Pvt. Katlyn C. Lair has entered basic military training at Fort Jackson, Columbia, S.C. During the eight weeks of training, the soldier will study the Army mission and will receive instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, Army history and traditions, and special training in human relations. Lair is the daughter of Meghan J. Tambornino of Morton Grove and Phil L. Tambornino of Norris, Mont.

'Bus Stop' opens at NEIU



Jill Marie Solyslak and Harold Hild in a scene from "Bus Stop," a romantic comedy by Pulitzer Prize-winning playwright William Inge. The play is the fourth production of Northeastern Illinois University's (NEIU) Stage Center Theatre's 1999 season.

The show runs Thursdays through Saturdays, April 8 to 10, 15 to 17, and 22 to 24 at 7:30 p.m. at NEIU's Stage Center Theatre, 5500 North St. Louis Avenue, Chicago (near Bryn Mawr and Central Park). Admissions \$8; senior citizens and students, \$6. For ticket information, call the Stage Center Box Office at (773) 794-6652.

"Bus Stop," a romantic comedy based on a real-life incident observed by its author, and Pulitzer Prize-winning playwright, William Inge, is the fourth production of Northeastern Illinois University's (NEIU) Stage Center Theatre's 1999 season. Set in 1955, "Bus Stop" is the story of a group of weary travelers, who because of a snowstorm,

get stranded in a small Kansas town and are forced to remain in a roadside diner. Filled with fascinating and memorable characters, among whom several friendships and romances ensue, the play's primary plot focuses on a young rancher who falls for an aspiring lounge singer. NEIU graduate student, Kevin Long, directs this production.

'Expressions in Clay' opens at Oakton

A ceramics exhibit, "Expressions in Clay," will be presented through April 30 at the William A. Koehnline Gallery at Oakton Community College, 1600 E. Golf Road, Des Plaines.

The exhibit will feature ceramics created by Peter Hessemer, Heidi Grew and Patrick Miceli, three faculty members of Oakton's art department. Joining the exhibit on April 19 will be artwork by Tom Coleman, a nationally recognized potter known for his Vegas Copper Red Glazes, ash glazes and porcelain work. A special reception, free and open to the public, is scheduled from 5-7 p.m. on April 24.

Coleman will present a two-day workshop from 10 a.m. - 5 p.m. on April 24 and 25 at Oakton.

Adam C. Fiedler

Marine Lance Cpl. Adam C. Fiedler, whose wife, Stacy, is the daughter of Joyce L. Moorman of Des Plaines, recently graduated from the Radar Repair Course.

ton's art department studio. He will share slides of his work, past and present, and demonstrate his throwing techniques, including platters, large jars and the assembly of thrown parts to create unique forms. He will also discuss different aspects of working with porcelain, the formulation and production of porcelain bodies and his methods of decorating. Other topics to be covered include marketing strategies and how to take photographs that will help the artist gain entry into exhibits and shows. Call (847) 635-1900 to register for the workshop. Fees are \$50 for one day and \$90 for both days. Lunch is included in the fee.

There is no admission charge for the Expressions in Clay exhibit. The public is invited to enjoy the exhibit during regular Gallery hours: Monday, Tuesday and Friday from 10 a.m. - 5 p.m. and Wednesday and Thursday from 10 a.m. - 6 p.m.

For more information about the ceramics exhibit, call (847) 635-2633.

Continued on Page 13

RUMMAGE SALE

Continued from Page 12

April 23-24

CHURCH RUMMAGE SALE
A rummage sale sponsored by the Women of Central United Methodist Church in Skokie will be held on Friday, April 23, from 7:30 a.m. to 8 p.m.; and Saturday, April 24, from 8:30 a.m. to noon. Sale will be held at 8237 Kenilworth Ave., Skokie (3 blocks North of Oakton St.; 4 blocks East of Skokie Blvd. (Cicero); entrance on James Drive side. Various items will be offered, including good quality used clothing and household items.

SINGLES

Sun., April 11

North Shore Jewish Singles 50+
11 a.m. Brunch at Sasha's Doubletree Hotel, 9599 N. Skokie Blvd. Reservations a must, call (847) 676-2977. Also, 2 p.m. Walk with North Shore Jewish Singles at Weber Park. Call (847) 699-8418.

West Central Athletics honors PNA

West Central Athletics will honor Edward J. Moskal, President of the Polish National Alliance (PNA), and Richard Piasecki, PNA Sports Director, with induction on April 17, into the organization's Hall of Fame for their many years of dedicated service.

The West Central Athletics Hall of Fame recognizes individuals who have contributed to its success in giving youngsters the opportunity to become better athletes and human beings. The Polish National Alliance has assisted the organization generally, but has been of particular assistance in a joint venture free throw and three-point shooting.

This is the twentieth year that West Central Athletics has conducted its programs. The primary goal of West Central Athletics has always been to provide an organized atmosphere for young people to become outstanding athletes of the year. The leagues have always been multi-ethnic and multi-racial, which allows the young people an early opportunity to compete and socialize with others from varied cultural experiences.

Leagues have been conducted in basketball, volleyball, floor hockey and softball for boys and girls from 5th and 8th grade.

The West Central Athletics Hall of Fame Dance and Induction will take place on Saturday, April 17, 7 p.m., at the PNA Fraternal Center, 6038 N. Cicero Ave., Chicago, IL. Tickets are \$10 per person. Hot drinks and dancing are included. A cash bar will be available.

Community Calendar

Tues., April 13 & 27

North Shore Jewish Singles 50+
7:30 p.m. Bridge \$3. Advanced & Intermediate. Call (847) 869-3338.

SUPPORT GROUP

OnGoing

Grief Support Groups

The Adult Bereavement Program of Palliative CareCenter of the North Shore (HomeCare & Hospice) will hold 8-week sessions of its Grief Support Groups at the organization's Evanston and Libertyville offices. The Young Spouse Grief Support Group meets Mondays, 7-9 p.m. beginning April 12 in Evanston, 2821 Central St. The Spouse Grief Support Group meets Tuesdays, 1-3 p.m., beginning April 13 in Evanston, 2821 Central St. The Adult Grief Support Group meets Wednesdays, 7-9 p.m., beginning April 14 in Libertyville, 118 W. Lake St. These 8-week support groups - along with individual counseling and support - are open to the community. Registration is required. Please call Marcie

Schak, LCSW, Associate Coordinator of Bereavement Services, at (847) 467-7423.

Gospel Choir Concert to be presented

North Park University presents "Ain't-a That Good News," a concert featuring North Park's Gospel Choir on Sunday, April 11, at 4 p.m., in Anderson Chapel, which is located at 3225 West Foster Avenue in Chicago.

The Gospel Choir, under the direction of Rollo Dilworth, will perform numerous pieces, including "Love" by Kirk Franklin, "He Has Made Me Glad" by Rodney Posey, and "Clean Inside" by Hezekiah Walker, which will also be taught to the audience. In addition, the choir will perform "Ain't-a That Good News," a traditional spiritual that has been arranged into a contemporary piece by Rollo Dilworth.

Tickets for the event may be purchased at the door. General admission is \$5; \$3 for faculty, staff, seniors, non-North Park students, and free for North Park students with ID. Free parking is available at Foster and Kedzie avenues. For more information, please contact the School of Music at (773) 244-5625.

Oakton hosts Illinois 'Day of Percussion'

Oakton Community College will surely feel the beat when the Illinois chapter of the Percussive Arts Society (PAS) holds its annual "Illinois Day of Percussion" on campus from 8:30 a.m.-5 p.m. on Saturday, April 17.

Clinics and performances are scheduled throughout the day at the Performing Arts Center at Oakton's DesPlaines campus, 1600 E. Golf Road. Participating are a roster of talented musicians, professional and amateur, including Chicago-born Dave Samuels, the vibraphone player of the contemporary jazz group *Spyro Gyra*; Ildefonso "De de" Sam-paio, a Brazilian percussionist who has performed with Miles Davis and Lionel Hampton; and local musician Jeff Stitely, whose jazz quartet was one of four finalists in the 1995 Hennessey Cognac Jazz Search.

Also slated to perform are the Oak Park Percussion Ensemble, directed by Don Skoog, and ensembles from Wheeling High School and New Trier High School, Winnetka.

Audiologist Michael Santucci, founder and president of Sensaphonics Hearing Conservation, Inc., will present a clinic about hearing protection. Santucci has worked with many recording groups, including the Beastie Boys, Aerosmith and Smashing Pumpkins.

PAS is a non-profit service organization that promotes drums and percussion through its worldwide network of chapters. Local chapters, in turn, work with PAS Clubs of junior high and high school band members.

The cost to participate in the Illinois Day of Percussion is \$5 for PAS members and \$10 for non-members. A snare drum from Pearl Corporation will be raffled off and many door prizes will be awarded throughout the day.

Tickets can be purchased in advance or at the door. For more information, and to purchase advance tickets, call Bret Sher, director of percussion studies at Oakton, at (847) 549-1670.

Mariusz J. Glab

Navy Seaman Recruit Mariusz J. Glab, son of Jozef and Krystyna Glab of Niles, recently completed U.S. Navy basic training at Recruit Training Command, Great Lakes, IL.

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Dining / Entertainment

Student dance concert in a variety of styles



A student dance concert, sponsored by Northeastern Illinois University's (NEIU) Department of Music and the Dance Program will be presented in the university's auditorium on Friday and Saturday, April 16 and 17 at 8 p.m.

The program includes choreography in a variety of styles by current and guest faculty members as well as works by student choreographers.

NEIU is located at 5500 North St. Louis Avenue, Chicago (near Bryn Mawr and Central Park). Free parking is available in Lot "D" at the northwest corner of the campus. (look for the large blue and white sign that reads, "Northeastern Illinois University"). Admission is \$8; senior citizens and students, \$5. For more information, contact Rachel Burton at (773) 794-6138.

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SUBWAY

The Jim Soreng Family Benefit

The Benefit for Jim Soreng will be held on Sunday, April 18, 1999, 4-10 p.m. Dinner-Entertainment-Silent Auction. Tickets are \$25 each. Mega Raffle Tickets are \$100 each, only 1,000 tickets will be sold. \$10,000 Prize or 10% of money collected. Mini Raffle are 6 for \$5 or \$1 each. Prizes are \$1,000, \$500, \$250(2). "Under the Big Top", Notre Dame High School, 7655 W. Dempster, Idens, Illinois.

In July of 1998, Jim Soreng was stricken with Guillain Barre Syndrome. Within twenty-four hours he was entrapped in his body, unable to communicate and totally paralyzed. He could not move any part of his body; he could not even open his eyes, but he could still hear what was happening around him. One

night he heard a doctor recommend that his ventilator be removed because "there was no hope". Jim wanted to scream, "No, I'm Still Alive! Don't Give Up On Me!"

Jim was employed by the Archdiocese of Chicago where he worked at the Catholic cemeteries and by St. Juliana School as a night custodian. His hospitalization and disability benefits were only good for six months; these benefits expired February 1st! His projected hospitalization at the RLM Specialty Hospital in Hinsdale is six to twelve more months and then he will begin to rehabilitate for a year.

For tickets/raffle information, please contact Diana Laske (773) 774-5976 or Ann Mommensen (847) 779-8617.

Symphony II April 25 Concert

Symphony II will present its second concert of the 1999 Season on Sunday evening, April 25 at Evanston's Pick-Staiger Hall. This "April in Paris" concert will be led by Musical Director and

Conductor Larry Rachleff and will feature Piano soloist Jeffrey Siegel. The program will consist of "Overture: Le Corsaire" by Hector Berlioz, Claude Debussy's "La Mer" and two Gershwin selections - "Rhapsody in Blue" and "Lullabye" - in tribute to his 100-year anniversary.

Symphony II, an ensemble made up primarily of musicians from the Lyric Opera of Chicago Orchestra, was Pioneer Press Music Critic Dorothy Andries choice for the 1998 Best of North Shore Music. The 1999 Concert Series is even better and promises to provide a rich and exciting musical tribute to its founder, the late Temma Bender Abrams. To quote Ms. Andries, "I hope this will be the season to get to know this outstanding ensemble."

For reservations call (847) 866-6888.

Heritage Club of Polish Americans gala

The Heritage Club of Polish Americans will hold its gala Easter "Swienconka" Party on Sunday, April 11, at the House of the White Eagle located at 6839 North Milwaukee Avenue in Niles. This special party will feature a five course dinner, Polish Easter customs and dance music by Tom Kozik and the parade of homemade Easter bonnets. Doors will open at 12 noon and dinner with wine will be served at 1 p.m., followed by dance music and special activities.

The public is cordially invited to attend this party. The cost is \$23 per person. Reservations are required. To obtain tickets please call Adeline Holda at (773) 736-5861.

Dining / Entertainment

The New Oratorio Singers to perform

The New Oratorio Singers will celebrate the spring portion of their 20th anniversary season when Music Director Alan Heatherington conducts the chorus in two performances of Johann Sebastian Bach's *St. John Passion*. Join Maestro Heatherington, the 120-voice critically acclaimed chorus, *Ars Viva!* Orchestra, professional soloists Kurt Hansen as *The Evangelist*, Peter Van De Graaff as *Jesus*,

plus Patrice Michels-Bedi, Emily Lodine, Calland Meis and Douglas Anderson April 16 at 7:30 p.m. and April 18 at 7 p.m. Both performances will be at Divine Word Chapel, 2001 Waukegan Road, Techy, Illinois.

Don't miss the opportunity to partake of this musical masterpiece. Call 847/604-1067 for tickets and for information about CDs.

Participants invited for Automotion '99

On May 15 and 16, auto enthusiasts, swap meet vendors and those selling vehicles are invited to participate in Automotion '99, Wisconsin Dells' premier spring auto show and swap meet. To meet the growing needs of both participants and spectators, Automotion '99 has relocated to Noah's Ark Waterpark in Wisconsin Dells.

Throughout the weekend, over \$5,000 in cash and prizes will be awarded to Automotion '99 participants, including more than 90 trophies in 38 classes. New this year are three motorcycle classes. In addition to prizes, each participating exhibitor will receive an Attraction Card good for one free admission to 12 different area attractions. Pre-registration is encouraged and discounts apply to all vehicles that pre-register prior to May 1.

Clubs that pre-register 5-30 cars by May 1, will be entered in a drawing to win \$200 cash. Clubs that pre-register 31 or more cars by May 1, will be entered in a drawing to win \$300 cash. Clubs that pre-register 30 or more cars by May 1, will receive three free rooms to be used May 14 and 15. In addition to the auto and motorcycle shows, Automotion '99 will feature an expanded Swap Meet. Because the new location has locked gates overnight, vendors can leave their booths set-up throughout the weekend. For anyone selling auto-related items, spaces are available for \$30/ space. For the second year, Automotion '99 will also offer a car corral for anyone wishing to sell a vehicle. Spaces are available for \$20.

Interested participants should contact Angie Rizner at (608) 254-8088.

Big Band Dance at Holy Cross

The Band Boosters at Holy Cross High School cordially invite all students -- adults are also welcome -- to a Big Band Dance. Swing to the Big Band sounds of the 40's as rendered by the award-winning Holy Cross Crusader Jazz Band. The date is Friday, April 16 at 7:30 p.m. The place is the Holy Cross cafe at 3000 N. 80th Ave. in River Grove. Period dress is encouraged but not required. Admission is \$3. Instructors will be available to teach everyone the dances of the 40's. Proceeds will be used to help defray expenses of the Holy Cross bands competing in St. Louis later this year.

Dominican Chorus to perform 'The Spring-Rain' Concert

The Dominican University Chorus will perform "The Spring-Rain" Concert on Monday, April 19 at 7:30 p.m. in the Recital Hall located in the Fine Arts Building, 7900 West Division Street. The performance will include works written about the joys of rain.

The event is free and open to the public. For more information, call Michael Oriatti, (708) 524-6951.

'Weavermania' at Friendship Concerts

A cast featuring four of Chicago's most noted folk-style performers, Michael Smith, Tom Dundee, Barbara Barrow and Mark Dvorak will present a preview performance of an authentic re-creation of America's first and most emulated folk group, the Weavers, on Friday, April 9, 8 p.m. at Friendship Concert Hall, Kolpin and Algonquin Roads, Des Plaines.

This dramatic rendering of a Weavers concert, including at-

ture, will feature the material that was subsequently popularized by the Kingston Trio and Peter, Paul and Mary.

Tickets are \$11 in advance, \$13 at the door and for youth ages 7-17 tickets are \$6. Tickets may be purchased in person or by phone from the Mt. Prospect Park District offices, 411 S. Maple St., Mount Prospect or 420 W. Dempster St., Mount Prospect. Call (847) 255-5380 for additional information.

Dominican presents 'The House at Pooh Corner'

Center Stage at Dominican University presents productions "The House at Pooh Corner" Saturday and Sunday, April 17 and 18 at 3 p.m. in the Lund Auditorium located in the Fine Arts building, 7900 West Division Street.

Perfect for the entire family, "The House at Pooh Corner," tells the story of Christopher Robin and how he overhears that he is about to be sent away to "Education." Nobody really knows exactly what or where that is.

Center Stage at Dominican University is directed by Jill and Michael Poehlman. Center Stage is offering a full season of performances at Dominican. The next performance of the season is "Cinderella."

Tickets for "The House at Pooh Corner" are \$6. For more information or to purchase tickets, call Center Stage at Dominican University at (708) 524-6942.

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The Lincolnwood Seniors Club

The Lincolnwood Seniors Club invites the community to join them on Friday, April 16, at 10:30 a.m. to hear Sandra Lignell, Educator with the University of Illinois Extension Service speak on the topic of "The Language of Colors".

Please join us for an extremely interesting meeting. Our speaker will help us to understand ourselves and others in a more complete way. It is an

easy-to-use assessment of one's personality style, learning style and perspective on life. It provides a way for us to communicate more effectively with others, and helps us understand why people may sometimes have trouble communicating with us. It provides a framework to understand marital or dating relationships, at-risk youth, drug use, leadership skills, team building, stress management and

other important concepts. It is easy to use, easy to understand and simple to remember. And it is fun, really fun!

The meeting will be held at the Lincolnwood Village Hall Council Chambers, 6900 N. Lincoln Avenue, Lincolnwood.

The Lincolnwood Seniors Club invites the community to join them on Tuesday, April 20, for an Unouchables Tour of Chicago, the Museum of Broadcast Communications and for a family style luncheon at the House of Fortune in Chinatown.

The cost of \$48 members, \$49 guests includes Unouchables fascinating tour of the hot spots made famous by Chicago crime legends, a tour of the Museum of Broadcast Communications, a family style luncheon at the House of Fortune in Chinatown and transportation (Deluxe Motorcoach).

Departure time is 9:30 a.m. from Lincolnwood Village Hall, 6900 N. Lincoln Avenue, with return scheduled for 4:15 p.m. (approx.).

SeniorNet Classes registration underway

The Skokie SeniorNet Learning Center, located at the Mayer Kaplan Jewish Community Center (5050 W. Church St., Skokie), is now registering students for its spring SeniorNet classes which are scheduled to begin on Monday, April 12.

SeniorNet, a non-profit national organization that teaches computer skills to adults ages 50 and older, provides educational services using new information technologies.

The Skokie SeniorNet Learning Center will offer classes in Introduction to Computers, Word Processing, Desktop Publishing, Money Management, Genealogy and Quicken.

"We are thrilled to provide additional learning opportunities to older adults in our community,"

said Edie Freimark, the SeniorNet Site Manager at Kaplan. "In our program, participants will be able to successfully learn in a comfortable, non-intimidating atmosphere."

All classes will be taught by volunteer instructors who participate in training on SeniorNet teaching methods, curriculum development, and classroom management. Courses are held in JCC's state-of-the-art computer learning center which houses new IBM compatible computers complete with Windows 95 software, a scanner and laser ink-jet printers.

The Skokie SeniorNet Learning Center is co-sponsored by Council for Jewish Elderly and the Jewish Community Centers of Chicago.

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NILES SENIOR CENTER REGISTRATION

The New Niles Senior Center, now open at 999 Civic Center Drive, behind the Village Hall, serves residents of the Village of Niles age 62 and over, and their younger spouses. To register for classes, trips, purchasing tickets, etc., you need to be a member of the Niles Senior Center. If you are interested in obtaining additional Senior Center information, or you wish to become a member, call or visit the Center and be placed on the mailing list.

TOUR OF THE NEW CENTER OFFERED

Make reservations for one of the scheduled tours of our new facility in April: Thursday, April 8, Tuesday, April 20, or Friday, April 30. Tours available in the morning and afternoon. Call the Senior Center at 588-8420 to register.

SPECIAL SENIOR AFTERNOON

Please remember to set aside Sunday, April 25 for our Special Senior Afternoon. Displays, Activities, and Performances -- not to mention Refreshments!

VOLUNTEERS NEEDED FOR APRIL 25

Volunteers will be needed to assist at the April 25 Special Senior Afternoon Event. We will need volunteers to serve as ushers and to help with refreshments. Anyone who may be interested should sign up with Mary Oleksy.

TICKETS ON SALE TO ALL SENIOR CENTER MEMBERS

Women's Club Ice Cream Social on Monday, April 12 at 1 p.m. Enjoy an afternoon filled with games and prizes. Price: \$2.50.

April Lite Lunch and Movie on Friday, April 16 at 12 noon. Enjoy a Ham on Rye Sandwich and Potato Salad followed by the movie, *The Wedding Singer* (1998, PG13) starring Adam Sandler. Price: \$2.

Celebration of Seniors Luncheon -- Friday, May 14 at 12 noon. Join in the fun as we celebrate with our honored guests. Lunch is Lemon Marinated Chicken, Mashed Potatoes, Carrots, Pasta Salad, Fruit and Cake for Dessert! Following lunch, enjoy the beautiful sounds of our very own Golden Notes. Price: \$5.

Men's Club Trip to Medieval Times is Tuesday, April 19 from 9:15 a.m. to 2:30 p.m. Enjoy an authentic Medieval Feast while valiant knights take you on a journey back in time. Menu features Roasted Chicken and Spare Ribs. Price: \$36.

"A World Away Trip" -- Friday, May 21, from 9 a.m. to 5 p.m. We will begin our trip aboard the Paddlewheel "Pride of Oregon" on the scenic Rock River while enjoying a Chicken Bearnaise Luncheon. Then we'll travel to Anderson Gardens, an authentic Japanese Garden, for a guided walking tour (optional). Price: \$27.

Italian Fest Luncheon -- Wednesday, May 26 at 12 noon. An Italian feast with Italian Beef, Peppers, Chicken Vesuvio and Mostaccioli. Then the music, comedy and impressions of Frank Pisani, *The Ultimate One Man Show*. Price: \$6.

HYPERTENSION WORKSHOP SERIES

Three weeks remain on the four week workshop series which meets Wednesdays from 2 p.m. to 3 p.m.: April 21, "Managing Hypertension with Medications"; April 28, "Diet and Hypertension"; and May 5, "Stress and Its Effect on Hypertension". Blood pressure will be checked after each session. Register for the remaining workshop series, or individual lectures. Free.

NEWCOMERS' RECEPTION

Newcomers' Reception is Thursday, April 8 at 10 a.m. in Room 229. Learn about the Center's programs and services and meet the staff. Refreshments are served. Registration required.

APRIL FRIDAYS AT THE MOVIES

April Friday at the Movies theme is "Romance." *Subrina* (1954, G), starring Humphrey Bogart, Audrey Hepburn, and William Holden, will be shown Friday, April 9, at 1 p.m. in Room 131. The film, directed by Billy Wilder, tells the story of a chauffeur's teenage daughter who leaves America for France, and comes back a beautiful woman.

MEN'S CLUB GOLF KICK-OFF MEETING

All golfers are invited to the Men's Club Golf Kick-Off meeting on Wednesday, April 14 at 10 a.m., Room 131. Learn about this year's 9-Hole Golf outings. Newcomers are welcome. Refreshments will be served. Registration required.

YARN NEEDED

The Senior Center is requesting left over yarn or scraps of material. Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are also needed. If interested, contact the Senior Center.

Morton Grove Senior Citizens 470-5223

STROKE, ANEURYSM AND OSTEOPOROSIS SCREENINGS

Life Line Screening offers painless, non-invasive, low cost screening tests to identify people who are at risk for stroke, abdominal aortic aneurysm, osteoporosis, and peripheral arterial disease. Screenings will be conducted from 9 to 4 p.m. on Friday, April 9; and Saturday, April 10; in the Prairie View Community Center. Appointments are required for each 10 to 15 minute test. Call 1-800-379-3659 to register. Four different types of test will be offered:

1) The stroke test consists of an ultrasound exam of the carotid arteries in the neck, to screen for plaque deposits that can interrupt the main blood supply to the brain.

2) The aneurysm screening test consists of an ultrasound exam of the abdominal aorta in the midsection of the body.

3) An ultrasound exam is performed for osteoporosis by examining the bone density in the heel.

4) Peripheral arterial disease (PAD) is screened for in the lower legs with the use of blood pressure cuffs and a Doppler probe.

These tests may range in cost from \$200 to \$500 each, depending upon the medical facility in which they are performed. Symptoms must also be present before the tests can be ordered by a physician. Mobile technology used for the Morton Grove community program, enables Life Line to offer high quality screening tests at a cost of \$40 each. Any three exams will cost \$98, and all four may be taken at \$125.

BLOOD PRESSURE SCREENING

Periodic blood pressure measurement is helpful in determining if health is threatened by high blood pressure (hypertension). Hypertension is a contributor toward strokes, heart disease and kidney failure. Unfortunately, hypertension usually has no symptoms so a person can feel great and not know they have it. Free screenings are offered from 9 to 11 a.m. on Tuesday, April 13 in the Morton Grove Village Hall Senior Center.

COMMISSION ON AGING

The Morton Grove Commission on Aging will hold its next monthly meeting at 1 p.m. on Tuesday, April 13 in the Village Hall Senior Center. The commission provides an arena for discussion and planning of services and programs to benefit Morton Grove's senior citizen population. All interested residents are welcome to attend.

STAINED GLASS!

People can spend years at it and never see all the stained glass in Chicago's churches, synagogues and civic buildings. Tour guide, Bill Hinchliff, will show examples of Tiffany, Traditional, German, Victorian and Contemporary stained glass on Thursday, April 15. Also visit the Dreheble Company, one of the last old-time glass studios still operating. Lunch is at the Chicago Hospitality Institute and Cooking School. Depart the Prairie View Community Center at 9 a.m. and return at 5 p.m. The fee is \$34 for residents, and \$39 for non-residents. For details, or to register, call Catherine Dean at 965-1200.

55 ALIVE

55 Alive Mature Driving is an eight-hour two-day course for older motorists. It focuses on the changes that accompany aging and on ways drivers can improve their driving. The next course offered at the Morton Grove Village Hall Senior Center starts at 9 a.m. on both Thursday, April 15; and Saturday, April 17. Call the Senior Hot Line at 470-5223 to sign up.

MAINE & NILES TOWNSHIP HIGH SCHOOLS

Maine East, Niles North and Niles West High Schools invite seniors to join in on free or low cost school productions to be performed this winter. Call 825-4484 (Maine East), or 568-3956 (Niles North & West), for more details on the following schedule or senior club membership:

At Maine East:

"Oklahoma" spring musical, April 29, 4 p.m.

At Niles North:

Jazz Band Concert, April 23, 7:30 p.m.

Band Concert, April 29, 7:30 p.m.

At Niles West:

"Just For The Fun Of It" jazz night, April 16, 7 p.m.

"Expressions Cabaret", April 25, 3 p.m.

LAST CHANCE FOR

INCOME TAX RETURN ASSISTANCE
Income tax assistance at the Morton Grove Village Hall Senior Center concludes on Wednesday, April 14. Call the Senior Hot Line at 470-5223 for an appointment at either 9 or 10:30 a.m. on a Monday, Wednesday or Friday.

Seniors offered low-cost will preparation

Attorneys from The Chicago Bar Association Lawyer Referral Service provide low-cost will preparation through its Senior Citizens Will Program for qualifying limited-income seniors at the City of Des Plaines Senior Center located at 515 W. Thacker

in Des Plaines. Advance appointments are required. The program is scheduled the second Wednesday of every other month when a minimum number of appointments is scheduled. Seniors can call (847) 391-5492 to schedule an appointment.

To be eligible, clients must be age 60 or over with incomes of \$15,000 or less (\$20,000 for a couple), with assets worth no more than \$30,000, excluding a home and personal car.

Seniors will receive a free, will-related consultation. The

cost for drawing up a simple will is not more than \$50 for an individual (\$75 for a couple).

Seniors can pick up Durable Power of Attorney and Living Will forms free of charge or they may hire the attorney at a reduced fee to help them fill out the forms and explain the various options.

The Senior Citizens Will Program is sponsored by The Chicago Bar Association Lawyer Referral Service, the Suburban Area Agency on Aging and the Cook County Legal Assistance Foundation.

Home Sharing Program

The Center of Concern coordinates a Home Sharing Program that might fill your needs. Through the home sharing program, The Center secures places, screens and matches homeowners with extra space in their homes with individuals who need affordable housing. References are thoroughly checked.

This service is available to all ages; however, home sharing providers are often senior citizens who want to stay in their homes. Sharing their homes enables them to gain additional income, receive help with chores and probably most important of all, enjoy the companionship of another person.

Housemates can be students, recently divorced persons, single parents, business persons on temporary assignments, and persons with disabilities. In several instances home sharing allows students affordable housing while attending school. It can also help employed individuals to become debt free and save money toward future needs.

If you are open to new possibilities, home sharing can be a wonderful opportunity for you. Call Eva at The Center of Concern, 847/823-0453, and learn more about the benefits of the Home Sharing Program.

Join the seniors and Houdini

The Lincolnwood Seniors Club invites the community to join them on Wednesday, April 28, for a trip to Marriott's Lincolnshire Theatre to see Houdini, The Musical.

The cost of \$46 members, \$48 guests includes show, lunch and transportation (Deluxe Motorcoach). Lunch is at Marriott's and choice of entree made at restaurant.

Lunch includes a choice of Orange Roughy with Lemon Butter, Ham with Plum Sauce or Grilled Chicken Oriental. Caesar salad, rolls and butter, dessert and beverage are also included.

Departure time is 11:30 a.m. from the Lincolnwood Village Hall, 6900 N. Lincoln Avenue, with return scheduled for 5:30-5:45 p.m. (approx.).

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Trident Senior Men Bowling/Niles Bowl

Wed., March 24, 1999

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- 2 White Eagle
- 3 State Farm
- 4 Skaja #1
- 5 Windjammer
- 6 Skaja #2
- 7 Callero & Catino
- 8 Candlelight
- 9 Heatmasters
- 10 Minelli Bros.
- 11 Northshore Auto
- 12 Penny's Team
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- 14 Colonial

15 F.D.R. Post

- 16 Miner's Team
- 17 The Bowling Store
- 18 ReMax
- 19 Dr. Bello
- 20 Malec & Sons

"HOT SHOTS"

- | | |
|-------------------|-----|
| Bud Ramos | 583 |
| Bob Schaub | 583 |
| Angelo Digiovanni | 582 |
| Chuck Maas | 567 |
| Gene Burian | 546 |
| Chester Peterson | 545 |
| Ray Muntges | 533 |
| Dick Karas | 532 |
| Emil Rhode | 531 |



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Church & Temple News

Parish to host English choir

St. Wenceslaus Parish, 3656 W. Roscoe St., Chicago, will host a one of the most renowned choirs in all the world on Saturday, April 17th, at 8 p.m., The Choir of Christ Church Cathedral, Oxford, England under the direction of Stephen Darlington. The Choir of Christ Church Cathedral is composed of 16 boy choirs and 12 choral scholars. The choir has been acclaimed by music critics around the world for its "exquisite tuning, a bright transparent sound,

and consistently clean execution. In other words, they made perfection a standard instead of a goal. An experience to be treasured...." The choir has produced over 20 CD recordings and has been nominated for several Grammy awards. To say the least, after an absence of ten years, The Choir of Christ Church will present the residents of Chicagoland an evening of choral delight.

Tickets for the concert are now available at St. Wenceslaus Rectory, 3400 N. Monticello, Chicago, IL 60618 during regular business hours. Reserved seating: \$25; General Admission: \$20; and Senior Citizens and students: \$15. For more information, call 773-588-1155. Tickets may be purchased in person at the rectory office or by mail. Please make all checks payable to St. Wenceslaus Church.

St. Wenceslaus Church is conveniently located at the intersection of Roscoe St. (3400 N) and Lawndale Ave. (3700 W), three blocks south of the Addison St. exits of the Kennedy Expressway and the O'Hare "Blue Line" and within walking distance of both the Belmont and Addison St. buses. Travel directions available upon request.

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NA'AMAT USA commemorates Yom Hashoah

The March of the Living is the second program NA'AMAT USA, Greater Chicago Council is presenting during its 4th Annual Program series. The program will take place on Monday, April 12, at 7:30 p.m. Two of the young participants of the March of the Living will talk about their unforgettable experience at the NA'AMAT Offices, 5050 W. Church, Skokie. The public is invited to attend. The cost is \$5 per person. Anyone becoming a member of NA'AMAT USA is invited as our guest.

These young people marched with other Jewish teenagers from around the world, from Auschwitz to Birkenau in commemoration of Yom Hashoah (Holocaust Remembrance Day). The trip ended with a celebration of Yom Ha'atzmaut (Israel's Independence Day) in Jerusalem. The event will end with a brief memorial program in memory of the 6 million Jews that died in the Holocaust to be presented by Rachel Schwab, Program VP (of Skokie). The public is welcome to attend what promises to be a very moving program.

Contact NA'AMAT offices at (847) 675-7275 to reserve your spot. Refreshments will be served.

Commemorate the Holocaust with Beth Hillel

Beth Hillel Congregation, 3220 Big Tree Lane, Wilmette invites the community to participate in a Yom Hashoah Memorial Service commemorating the Holocaust, on Monday, April 12 at 8 p.m.

Each family attending will be asked to light a candle and say a prayer for an individual who perished in the Holocaust.

The Congregation's Men's Club members are sponsoring a project in connection with the observance. A few weeks ago they packed memorial candles in boxes and sent them to all congregation member families. Each package bears the name of a Holocaust victim. Congregants are asked to light these candles on Yom Hashoah in their homes and recite a special prayer.

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OBITUARIES

ANNE M. BETON

Anne M. Beton, 76, of Niles, died Tuesday, March 2 at Lutheran General Hospital, Park Ridge. She was born Sunday, April 2, 1922 in Austria. Beloved mother of John Beton. Beloved sister of Jill (Charles) Andrazek. Aunt of Charles, Kathleen, Terry and Timothy. Services were held March 5 at Niles Community Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Irving Park Cemetery, Chicago.

SOPHIE STARNAWSKI

Sophie Starnawski, 76, of Niles, died Tuesday, March 2 at Good Shepherd Hospital. She was born Saturday, July 29, 1922 in Poland. Beloved wife of the late Stanley Starnawski. Beloved mother of Henry Starnawski, George Starnawski, the late Robert Starnawski, and the late Richard Starnawski. Grandmother of Michael, Joanna and Christopher Starnawski. Sister of Maria Baranska. Services were held March 6 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

VICTORIAN B. BARTUS

Victoria N. Bartus, 89, of Des Plaines, died Thursday, March 4 at Our Lady of the Resurrection. She was born Sunday, December 12, 1909 in Chicago. Beloved wife of the late Frank Bartus. Beloved mother of Bernadette Bartus and the late Henry (Betty) Bartus. Grandmother of Jimmy Bartus. Sister of the late Henry Dziekan, Sophie (the late Walter) Smetana and the late Joseph Dziekan. Sister-in-law of Sophie (Joseph) Stawowy, Victoria Bartus, the late Stanley Bartus, Angeline (the late Clarence) Schultz, and Catherine (the late Leo) Michalowicz. Aunt of many nieces and nephews. Friend of Fr. Jerome Andracki CR. Services were held March 8 at St. Zachary Church, Des Plaines. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

STAN W. LOWE

Stan W. Lowe, 90, of Niles, died Sunday, March 14 at Holy Family Hospital, Des Plaines. He was born Monday, September 7, 1908 in Canterbury, England. Beloved husband of Elsie (nee Schulrich) Lowe. Beloved father of Geoffrey Lowe and Arlene Lahna. Future father-in-law of Tammy Zanim. Services were held March 18. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago. Former: Niles Zoning Board Member for over 20 years; President of Grennan Heights Improvement Association; and President of Niles Citizen Committee.

Niles area host families needed now

Foreign high school students are scheduled to arrive very soon for academic program home-stays, and the sponsoring organization needs a few more local host families.

According to Pacific Intercultural Exchange (P.I.E.) Executive Director, John Doty, the students are all between the ages of 15 and 18 years, are English-speaking, have their own spending money, carry accident and health insurance, and are anxious to share their cultural experiences with their new American families. P.I.E. currently has programs to match almost every family's needs, ranging in length from a semester to a full academic year, where the students attend local high schools.

P.I.E. area representatives match students with host families by finding common interests and lifestyles through an informal in-home meeting. Prospective host families are able to review student applications and select the perfect match. As there are no "typical" host families, P.I.E. can fit a student into just about any situation, whether it be a single parent, a childless couple, a retired couple or a large family.

Families who host for P.I.E. are also eligible to claim a \$50 per month charitable contribution deduction on their itemized tax returns for each month they host a sponsored student.

For the upcoming programs, P.I.E. has students from Spain, Germany, Poland, Russia, Finland, Argentina, Brazil, Colombia, Paraguay, Australia, Sweden, Yugoslavia, China, Belgium, Ghana and many other countries. P.I.E. has also been invited to participate in a special government-funded program to bring scholarship students from the former Soviet Union to the United States. P.I.E. is a non-profit educational organization that has sponsored more than 18,000 students from 40 countries since its founding in 1975. The organization is designated by the United States Information Agency and is listed by the Council on Standards for International Educational Travel (CSIET), certifying that the organization complies with the standards set forth in CSIET's Standards for International Educational Travel Programs.

Doty encourages families to contact the program immediately, as it will allow the proper time for the students and hosts to get to know one another before they actually meet for the first time.

Niles are families interested in learning more about student exchange or arranging for a meeting with a community representative may call P.I.E., toll-free, at 1-800-631-1818. The agency also has travel/study program opportunities available for American high school students as well as possibilities for community volunteers to assist and work with area host families, students and schools.

Volunteer awards dinner to be held

On Wednesday, April 21, The Volunteer Center in partnership with local JCPenney stores is hosting its Annual Volunteer Recognition/Golden Rule Awards Dinner at Bristol Court Banquets, 828 East Rand Road in Mount Prospect.

The event will celebrate the spirit and tradition of voluntary community service. It is a salute to all volunteers who work selflessly and effectively for the well-being of our communities. Numerous volunteers will be in attendance and honored. The highlight of the evening will be the announcement of 17 outstanding volunteers singled out from among scores of nominees chosen by a panel of judges for the Golden Rule Awards. The top seven winners will receive a JCPenney crystal sculpture, a Volunteer Center plaque, a cash award of \$1,000 to the organization they serve, and be automatically entered into JCPenney's national competition held in Dallas in September. The other 10 finalists will each be presented with a JCPenney Golden Rule certificate, a Volunteer Center plaque, and a \$250 cash award for their organization.

In recognition of our special guests and in celebration of the

land, Argentina, Brazil, Colombia, Paraguay, Australia, Sweden, Yugoslavia, China, Belgium, Ghana and many other countries. P.I.E. has also been invited to participate in a special government-funded program to bring scholarship students from the former Soviet Union to the United States. P.I.E. is a non-profit educational organization that has sponsored more than 18,000 students from 40 countries since its founding in 1975. The organization is designated by the United States Information Agency and is listed by the Council on Standards for International Educational Travel (CSIET), certifying that the organization complies with the standards set forth in CSIET's Standards for International Educational Travel Programs.

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30th anniversary of the Volunteer Center and 10 years of partnership with JCPenney. Emmy award winning newscaster for Channel 2, WBBM-TV and News Radio AM780, Kris Habermehl, will be joining us as narrator/presenter.

In the past ten years approximately \$95,000 has been contributed to the northwest suburban community based organizations through the Center's partnership with JCPenney stores at Randolph, Stratford Square, Spring Hill Mall, Golf Mill, Hawthorne and Lincolnwood. Three years ago, our local winner, Club FRIEND of School District #300 of Carpentersville went on to attain national recognition and were awarded \$10,000 for their program!

SAVE ENERGY
Turn OFF
the lights,
T.V. + radio
when leaving
the room.

National Volunteer Week -- Service and recognition across America

Millions of volunteers of all ages will participate in special projects that connect them to their families and friends, neighbors, total strangers, and entire communities during National Volunteer Week, April 18-24. Service projects and recognition ceremonies mark the week-long celebration honoring men, women and young people for their commitments and outstanding contributions to their communities as volunteers.

Robert K. Goodwin, president and chief executive officer of the Points of Light Foundation, noted that the theme of this year's event, "Volunteers Light The Way!" symbolizes the importance of service and service activities. "Volunteers have a great impact on our communities. They make them a better place and, in turn, make America a better place," Goodwin said. "But there is another added value to volunteering," Goodwin noted, "and that is the benefit volunteers reap for themselves through their service to others and their efforts to solve the serious social problems surrounding us."

Volunteers will engage in an eclectic array of projects during National Volunteer Week, which is sponsored by the Points of Light Foundation. The sounds

of hammers and buzz saws will ring through thousands of communities as neighbors help repair homes of those in need. Trails will be built and maintained in state parks, while low-income housing projects will get needed facelifts. There will be reading programs and book drives, river clean-ups, health fairs, food drives and much

ARK in need of doctors

The ARK's Goldie Bachmann Luftig Health Center treats hundreds of needy men, women and children - free of charge - each month. These are people in our community who have nowhere else to turn.

The ARK is in desperate need of the following doctors: Psychiatrists, Dentists, Ear, Nose and Throat, Orthopedists, Internists, Gynecologists and Po-

diatrists.

If you can treat even one ARK patient - in your office or in ours - we want you. Sunday hours available. Call Justin Gordon, O.D., the Director of ARK Health Clinics, at (773) 764-5300, or Bonnie

Arise, Director of Volunteers at (773) 973-1000 ext. 283. Please Call Today - The ARK, 6450 N. California, Chicago, IL 60645.

Help make the world a better place

By opening your home and your heart to a foreign exchange student, your family will be forging a friendship that gives your family and the student an opportunity to learn about each other cultures. Learn about your heritage or choose a student from a country you would like

to visit while your family shows the students true American culture on a day to day basis.

For more information about this rewarding and exciting experience, call your local CCI Area Representative, Marge at 847-541-0816.

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Park & Library News

Storytelling kicks off National Library Week

Esther Williams-Hays, an award-winning storyteller with studios at the Noyes Cultural Arts Center in Evanston, will be telling stories for all ages in the Baxter Room of the Morton Grove Public Library Sunday, April 11 at 2 p.m., in celebration of National Library Week. Ms. Williams-Hays' original stories are entertaining as well as educational; each story is a creative lesson about life and living.

After the stories, there will be animal craft projects for youngsters in the Children's Department of the Library until 4 p.m. Children under age 8 must be accompanied by an adult.

All programs are free of charge and open to everyone. The Library is located at 6140 Lincoln Ave. For more information or for mobility and communication access assistance, please call 847-965-4220, TDD 965-4236.

National Library Week set for April 11-17

This year's National Library Week, April 11-17, celebrates the freedom to "Read! Learn! Connect! @ the Library."

Across the nation, many communities are re-investing in library buildings, technology and new programs to provide Americans with the resources they need to succeed in the information age. To learn more about what's new, we encourage you to contact your local public, school or col-

lege library.

To arrange interviews with ALA spokespeople, please call Joyce Kelly or Linda Wallace, in the ALA Public Information Office, at 800-545-2433, ext. 5043 or 5042.

To download copies of these press materials and for related materials, see the ALA Web site at www.ala.org/pio. Click on "Press Kits."

'Check it out Yourself Day at the Library'

In honor of National Library Week, April 11-17, patrons at the Niles Public Library will be able to check out their own books. By doing so on April 12, the library will be entered in a drawing for an award up to \$2,500.

3M Library Systems is sponsoring "Check it out Yourself Day at the Library" at libraries across the country to help increase library patron traffic and 3M™ SelfCheck System usage. The SelfCheck System, which works like a bank's automatic teller machine, increases overall library staff efficiency by allowing patrons to manage the labor-intensive task of checking out their own materials.

"We feel this event is a win-win for everyone involved," said Judy Nelson, product development analyst with 3M Library Systems. "Patrons will become more self-sufficient, library staff will have more time to assist patrons with more pressing needs, and the library could increase its new book budget."

To be eligible for the drawing, the Niles Public Library must encourage at least 100 patrons to check out their own materials by using the SelfCheck system on "Check it out Yourself Day at the Library." The library will then be entered in a drawing for two \$2,500 awards and 15 \$1,000 awards. The cash awards will benefit the winning libraries' new book funds.

"We're looking forward to participating in this event because it will encourage use of the library in general," said Cary Czarnecki, Library Administrator. "In addition, it will further encourage our patrons to use the new SelfCheck System to check out their own materials. This allows our staff to spend their time assisting patrons with new technology or research. And, of course, budgets are always tight, so it's especially nice to know we could win money toward our acquisitions budget by participating."

The SelfCheck System is a fast and easy way for patrons to check out their own books. A monitor guides patrons through each step of a transaction, eliminating the need for staff assistance or intervention. We will, however, have staff and volunteers available during National Library Week to help you.

The staff at the Niles Public Library District invites the community to visit the library, located at 6960 Oakton Street, during National Library Week and to participate in "Check it out Yourself Day at the Library."

USE THE BUGLE

Lincolnwood Public Library

Library witness to *Murder in Three Acts*. Whodunit? That's what youthful sleuths will uncover at the Lincolnwood Public Library on a Saturday night in April. A murder has been committed and it will be up to Lincolnwood kids in grades 6 to 8 to work as a team, eat pizza, and solve a baffling murder mystery.

The library's Youth Services Department with the help of the Mystery Shop are working together to present this special event on Saturday, April 10, to celebrate National Library Week. The evening begins at 6:30 to 9:30 p.m. at the library, 4000 W. Pratt Ave.

How was the crime committed? What was the motive? Who is the murderer? Kids will have the opportunity to question suspects -- and *no one* is above suspicion -- examine the evidence and "buy" information with official Mystery Shop Investigation Bucks. Surprises? Count on it!

Tickets are \$4 and include pizza and pop. Tickets must be purchased in advance; none will be sold at the door. A signed parental form must be filled out at the time of ticket purchase. Phone 847-677-5277.

Kid Magic. It's magic! Rutledge Hall fifth graders Lee Cohn and John Kollath will present their amazing magic show after school at 3:15 p.m. on Tuesday, April 13, at the Lincolnwood Public Library, 4000 W. Pratt Ave. Their bag of tricks will astound and amuse their audience!

Poster Contest. Lincolnwood Public Library invites kids to create a poster about their favorite book or character, using any medium they prefer. Posters should be no larger than 22" x 28". Deadline for entries is Friday, April 9.

Bright Beginnings Preschool Open House and Registration

Interested parents in the Niles Park District Bright Beginnings Preschool for the 1999-2000 school year are invited to come and take a look at our preschool classes in action.

See our play-based curriculum at its best when children and teachers are playing and learning together. Open House is scheduled for the week of April 19th, 23rd during our scheduled preschool classes.

Enrollment for our 1999-2000 Preschool program begins April 26th for residents and April 28th for non-residents and will be open until classes are filled. Call the Howard Leisure at (847) 967-6633 for more information

day, April 9. The posters will be exhibited and prizes awarded for the best ones.

Review *My Last Days as Roy Rogers*. Suzanne Hales reviews a stunning debut novel *My Last Days as Roy Rogers* by Patricia Devoto about a young woman coming of age in Alabama during the last days of the 1950s polio epidemic for the Friday Fare book review at the Lincolnwood Public Library on April 9. Devoto, who was born and raised in Alabama, is a master storyteller.

Her book gives a revealing look at Southern provincialism and racism as viewed through the innocent eyes of children. Ten-year old Tabitha, who is white, and Maudie May, who is black, are inseparable as they enjoy the endless adventures that the school break brings. But when they stumble upon a scandal involving stolen money meant for polio victims, and expose a racial injustice in the process, the two help teach their community a valuable and transforming life lesson. Coffee at 10 a.m.; program at 10:30 a.m. The library is located at 4000 W. Pratt Ave., phone 847-677-5277.

Talk on the Netherlands. Popular travel lecturer Myrta Brand will present a program on the Netherlands for the Travel Through Time series at the Lincolnwood Public Library, 4000 W. Pratt Ave., Friday, April 16. She will discuss the flowers, native foods, windmills and wooden shoes and the historically correct way to eat raw herring and why trees are planted on dikes. Her talk will include the architecture of Rotterdam and Amsterdam along with visits to the charming towns of Veere, Zierikzee and Sloten. Coffee at 10 a.m.; program at 10:30 a.m. Phone 847-677-5277.

to have further information mailed to your home.

Celebrate Poetry Month at Niles Public Library

The Children's Department of the Niles Public Library will be hosting an interactive *Poetry Performance* by "A Child's Voice" poetry company on Wednesday, April 14 at 7 p.m. The performance, geared towards school-aged children, will be an interactive, athletic, and playful explanation of the elements of poetry. Tickets are available now in the Children's Department.

For details, call Kristin Arnold in the Children's Services Department, at (847) 663-6622.

NILES Community Directory

This special section produced and edited by The Bugle Newspapers, Niles, IL, Thursday, April 8, 1999

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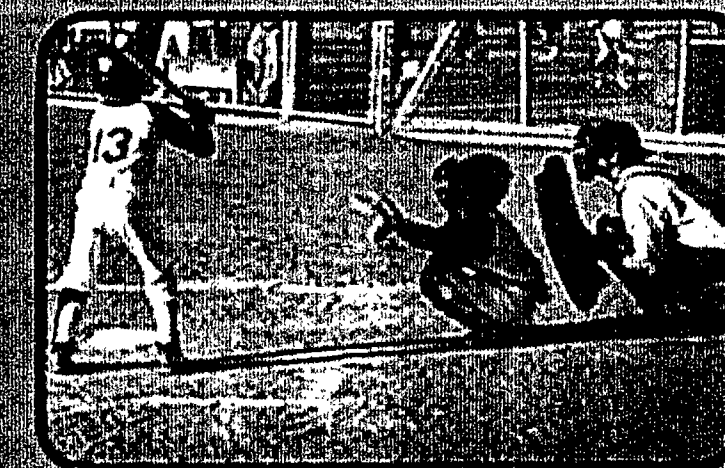
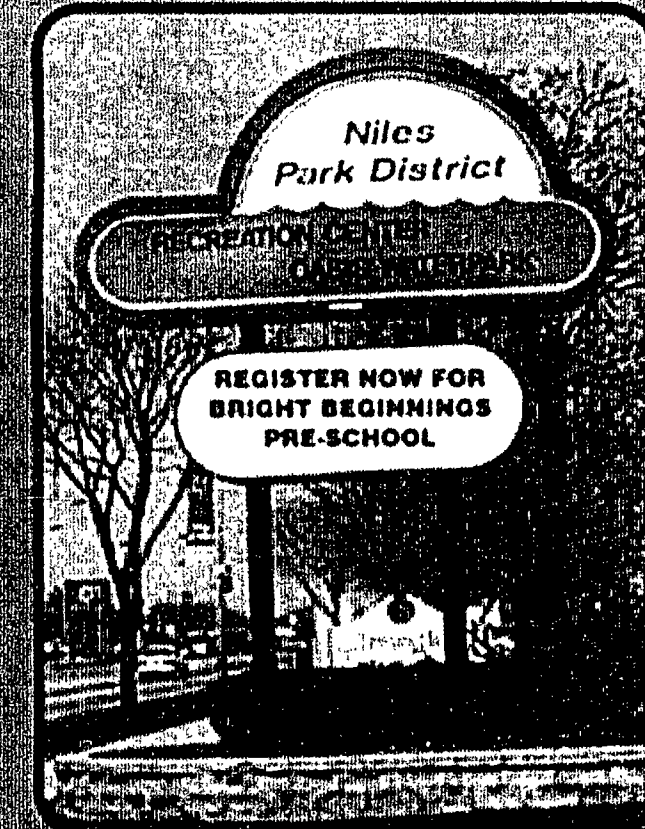
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Niles Chamber of Commerce and Industry

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Niles Community Directory

News From The Village of Niles

Educational Materials and Resources

Environmental education materials are available at no cost to educators from the following agencies and institutes:

American Plastics Council: (800) 243-5790; www.plasticsresource.com

Can Manufacturers Institute: (888) 226-2368; www.cancentral.com

Glass Packaging Institute: (317) 283-1603; www.gpi.org

Illinois Department of Commerce and Community Affairs (DCCA): Information and Distribution Center: (800) 252-8955 (in Illinois)

Illinois Department of Natural Resources: (217) 782-7498, Conservation Education Catalog (IRA): (708) 258-0050; www.dnr.state.il.us/education

Illinois Recycling Association: (800) 937-1226; www.recycle-steel.org

Steel Recycling Institute: (800) 937-1226; www.recycle-steel.org

U.S. Environmental Protection Agency: (312) 886-3584; www.epa.gov

U.S. Environmental Protection Agency: (312) 886-3584; www.epa.gov

Niles Curbside Recycling Program

All Niles resident households with Village garbage service are eligible to participate in the curbside recycling program. Initial recycling bins are provided at no charge by the Village. Additional or replacement bins are available for purchase at the Administration Building, 1000 Civic Center Drive (southeast corner of Oakton and Waukegan). Call the Village at (847) 588-8000 to request additional information. There is also more information at the Village of Niles website - www.niles.com.

Materials that may be recycled:

- Glass Bottles - Clear, green and brown
- Metal Cans - aluminum, tin, steel and bi-metal
- Plastic containers - #1 PETE, #2 HDPE, and #4 LDPE
- Paper products - catalogs, junk mail, and corrugated cardboard

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Parkway Bank is pleased to welcome Mike Kelly as Vice President and Regional Manager. Mike has a long career of serving the financial needs of individuals and businesses in the Northwest Chicago and Suburban communities.

As Past President of the Niles Chamber of Commerce and member of several community service organizations, Mike is no stranger to the Northwest Chicago and Suburban markets. And, as a new member of the Parkway family, he is eager to serve the individuals and businesses in these communities.

Please feel free to contact Mike at (847) 470-0700.

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Village of Niles Calendar of Events

Human Services / Fitness Center Dedication

All residents are invited to attend the Niles Human Services and Fitness Center dedication ceremony on Sunday, May 16, 1999. The Fitness Center will be open all day. The Senior Center will be open from 11 a.m. through 3 p.m. The dedication will be at 12 p.m. with snacks to follow. Fitness classes, equipment demonstrations, entertainment and tours of the building will be conducted throughout the day. If you have any questions, please call the Village at 588-8000.

Branch Pick-up

The Niles Public Services Department collects branches from April through October once per month. Residents living east of Milwaukee Avenue will have branch pickup on the first Monday of each month. Residents living west of Milwaukee Avenue will have branch pickup on the last Monday of every month. Branches must be less than 10 inches in diameter and tied in bundles no more than 18 inches in diameter and 4 feet in length. All branches must be placed at the curb in front of your home. If you have any questions, please call the Village of Niles at 588-8000.

1999 Leaning Tower Concert Series

The Village of Niles will host the 2nd Annual Leaning Tower Concert Series in 1999. This year, ten (10) concert events will be held beginning on June 24. Each Thursday from June 24 through the end of August will be a free concert event. The concerts will be from 7 to 9 p.m. at the Leaning Tower Plaza, 6300 Touhy Avenue in Niles. Please bring your own lawn chair. Food will be available for sale. On selected concert dates, businesses in Niles have donated food for spectators. For more information, please call the Village at (847) 588-8000.

The following events are sponsored in part by the Niles Family Services:

1. Parenting in The 90's - Systematic Training for Effective Parenting. For parents of children ages 6-12. Tuesday evenings 7-8:30, April 13 - May 18. Cost is \$25 includes class materials and childcare. For information call 588-8460.

2. Family University. Saturday, May 15, 1999 at Maine East High School from 8:30 a.m. - 12 noon. For information call Niles Family Services at 588-8460. Sponsored by Niles Healthy Community Partnership and District 207.

Vehicle Sticker Sales

Residents are reminded that the 1999-2000 Vehicle stickers will go on sale starting June 1, 1999. Current stickers will expire on June 30, 1999. New stickers will be valid from July 1, 1999 through June 30, 2000. Residents may purchase stickers through the mail or come into Village Hall, 1000 Civic Center Drive, at the southeast corner of Oakton and Waukegan. Please call the Village at 588-8000 with any questions.

Earth Day!

Thursday, April 22, 1999 is Earth Day. Take some time out to plant a tree, recycle, and clean a park or anything that will help the environment. This Earth is the only one that we have. Let's all take care of it! Reduce-Reuse-Recycle!

Niles Centennial Celebration

Listed below is the remaining calendar of events for Niles Centennial Celebration. Please call the Village at 588-8000 for more information.

Sunday, April 25 - An Afternoon at the Senior Center
July/August - 2nd Annual Leaning Tower Concert Series
Sunday, July 4 - Independence Day Parade and Festivities
Tuesday, August 24 - Actual Centennial Date / Village Board Meeting: Open House Celebration - Niles Administration Building

Sunday, August 29 - Centennial 5K Fun Run/Walk, Niles Fitness Center

Friday, October 1 - Senior Center Dinner/Dance
Saturday, October 16 - Grand Finale Centennial Celebration Dinner/Dance - White Eagle Banquet Hall. Coordinated by the Village of Niles

November 13 and 14 - Centennial Tea sponsored by the Niles Historical Society

Capture the history of our community by purchasing the Niles Centennial History Book. The book will be available throughout the year by the Village of Niles.

Visit the Village of Niles Website!

The Village of Niles website is a great resource of information about many Village services. Visit the website at www.niles.com and check out Centennial Information, government links, meeting calendars, information on the Niles Family Fitness Center and much more. Access information about the Village of Niles from your home computer or anywhere in the world! Visit www.niles.com today!

Niles Community Directory

News From The Village of Niles

Niles Fire Department teach children fire safety

The Leaning Tower YMCA hosted a fire safety program during spring break for school age children. Members of the Niles Fire Department presented a variety of subjects including: safe cooking, safe kitchen practices, fire drills in the home, (FDITH), and other fire concern around the house. The program also afforded children a chance to view one of the department's

fire engines up close. As a special attraction, children were given a chance to handle an actual fire hose with fire fighters assistance. Members used the R.E.D. Center fire department's "Fire Safety Trailer" a jointly owned portable fire safety education trailer providing member departments the ability to create fire safety scenarios in various rooms of a typical home.



Photos by Don Carver

Fireman Dave Chapp (inside trailer), giving instructions to the children inside the Fire Safety House on how to escape a fire through the smoke safely.

Household Hazardous Waste

Special precautions are required for household hazardous waste. Please use the following precautions for household hazardous waste:

- Aerosols: Put only empty cans in the trash and never burn or dispose of cans in a trash compactor. Try to use non-aerosols as an alternative.
- Degreasers: Use the entire container or give it away. Try to use a strong detergent type as opposed to a solvent type.
- Motor oil and transmission fluid: Recycle oil and transmission fluid at a neighborhood service station.

Many area service stations accept these types of materials for recycling.

- Paint strippers and solvents: Let them settle and then pour off the cleaner for reuse. Pour sludge into a container and seal or wrap in newspaper and throw in the trash. Alternatively, try to strip the item by sanding or heat gun.

If you have any questions as to what and where may be recycled, please contact the Village or GROOT Recycling and Waste at (800) 244-1977.



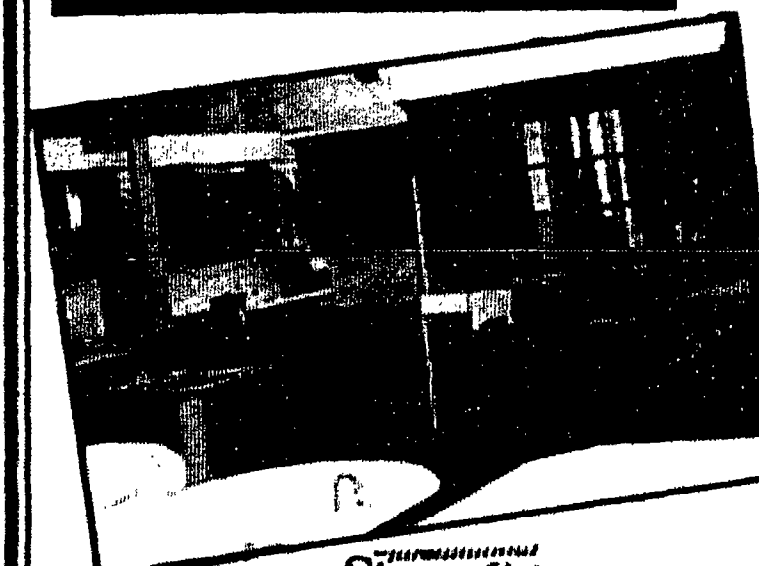
Photos by Don Carver

Niles Fireman Brian Henricks, left, and Bill White stopped by to say hi to the children. Denise Solihu the Program Coordinator for the "YMCA" stands behind the children.

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Niles Community Directory

News From The Village of Niles

Afternoon at the Niles Senior Center

1999 is not only the 100th anniversary of the Village of Niles, but it is also the 25th anniversary of the Senior Center. Please join us Sunday afternoon, April 25th, so our dynamic seniors can highlight our brand new facility and

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our wonderful programs for Afternoon at the Niles Senior Center, 999 Civic Center Drive, Niles from 1-5 p.m.

Find out what we do! See displays showing our activities. Watch demonstrations of painting, quilting, and ceramics. Participate in line dancing. Enjoy performances by our Choral group, Kitchen Band, Drama group, Square Dancing, and Tap Dancing. Have a chance to talk with our Senior Center members and hear first-hand about how much fun we have. Hear about our health screening, prevention programs, and medical lending closet. Learn about our support services, such as Meals on Wheels, Medicare, and tax assistance.

Niles Seniors - Please join us on Sunday, April 25th to find out all about these and other activities. What a wonderful way to spend a Sunday afternoon. To meet with old friends, to maybe make new ones...not to mention

refreshments and some surprises!

1 p.m. - Doors open
1:15 p.m. - Welcome from Mayor Blase
1:15-1:30 p.m. - Cake celebrating Niles Senior Center 25th Anniversary.

Performance Schedule

1:40-1:55 p.m. - Drama Performance by The Pretenders - "A Woman & Her Plant"

2:2-2:10 p.m. - Tap Dancing by The Happy Tappers

2:20-2:40 p.m. - Choral Singing by The Golden Notes

2:50-3:10 p.m. - Kitchen Band entertainment by The Kitchenaires

3:20-3:30 p.m. - Drama Performance by The Pretenders - "Concerned Citizens"

3:40-4 p.m. - Square Dancing by The Retreads

4:05-4:25 p.m. - Ballroom Dancing by The Senior Swingers

4:30-4:45 p.m. - Line Dancing by The Marigolds

Refreshments will be available throughout the day.

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BY JEFFREY CARDELLA
Special to The Bugle

Edward Jones: More Americans Can Deduct IRA Contributions

Considering opening an IRA, but not sure you can scrape together an extra \$2,000? How's this for incentive: Your contribution may be tax-deductible.

In the past, only people not covered by employer-sponsored retirement plans and those whose income was under certain limits could deduct their IRA contributions from adjusted gross income (AGI) on their tax return. Tax law changes enacted in 1997 raised these income limits, making IRA contributions deductible for many more people. The limits will continue to rise each year,

reaching \$100,000 for couples in 2007 and \$60,000 for individuals in 2005.

Following are the 1999 AGI limits for people covered by employer-sponsored plans. Taxpayers with AGI below these ranges will be able to deduct their full 1999 IRA contribution; those with AGI within these ranges will be allowed a partial deduction.

1999 Income Phaseout Ranges for Deductibility of IRA Contributions
Individual ... \$31,000
\$41,000

Married Filing Jointly* ... \$51,000 - \$61,000

* (If both spouses are covered by employer-sponsored plans. In cases where one spouse is covered by a plan, this limit applies to the covered spouse. The AGI limit for the spouse not covered is \$150,000 - \$160,000.) Being able to deduct your IRA contribution from today's taxes is a great benefit, but it's not the only reason to establish an IRA. Whether or not you can deduct your contributions, all earnings in a traditional IRA aren't taxed until you withdraw the money.

And the longer you delay paying taxes, the larger your retirement nest egg can grow.

The sooner you start, the more you'll have for retirement. And if you can deduct your contribution, it's not too late to establish an IRA and take the deduction on your 1998 tax return - you have until April 15, 1999, to do so. Contact your investment professional and tax advisor for specific details on how an IRA can fit into your retirement plan.

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, 470-8933.

1999 Leaning Tower Concert Series

Every Thursday, June 24 - August 26, 1999

7-9 p.m. Leaning Tower Plaza
Bring your own lawn chair - Enjoy food, fun and music!
Call the Village of Niles for more information: (847) 588-8000

Enzo Incandela

He's delighted the crowd for three years and he's back! The audiences can't resist singing, laughing, and clapping to the brilliant Italian music performed by Enzo and his assistant.

July 1, 1999

The Connexion is a seven-piece band with two lead female vocalists, guitar, bass, drums, keyboards/trumpet and keyboards/sax. Do the electric slide, the macarena, and dance all night.

July 8, 1999

Mr. Myers blends the tropical sounds of Calypso, the rhythms of Reggae and a little Rock n' Roll with some favorite classic tunes to create their own special style of Caribbean rock.

July 15, 1999

The crowd was dazzled at the 1998 concert, and the captivating Germans are back. Enjoy German waltzes, polkas, and more. Contests and games for the entire family.

July 22, 1999

They're back by demand! Sing-a-longs, instrumentals, novelty tunes and endless fun. An ensemble of five versatile musicians, they perform on banjos, tuba, trombone, keyboards and washboards.

July 29, 1999

Join the father and son team for another year of fun, laughs, and good polka music - Meisner Magic!

August 5, 1999

Two one-hour concerts: (1) Andy Head, (2) AC Rock
Andy's outrageously funny display of juggling, musical comedy, unicycle, stunts act performance art and audience participation is sure to leave everyone rolling in their seats.

AC Rock is a 4 piece group that performs music of the 60's, 70's, and 80's a cappella style.

August 12, 1999

WLS-TV's Joel Daly has lots going on - news anchor, lawyer, and country western yodeling music performer. The Sundowners is an eight-member country western group with a specialty in yodeling!

August 19, 1999

"Soul Music" of America's Russian-Jewish immigrants. Back by popular demand - nine (9) instrumentalist-vocalists will dazzle you once again this year.

August 26, 1999

Come support our youth musical talents. All interested high school musical acts are encouraged to register for this battle of music. Audience members will be the judges. All types of musical acts!

Join the Citizens Police Academy

Mark your calendar, the Niles Police Department is hosting another session of the Citizens Police Academy beginning in September, 1999.

The Citizens Academy meets on Tuesday evenings from 6:30 p.m. to 9:30 p.m. Participants must be over 21, Niles residents, be committed to the 10 week program, and pass a background check. Participants receive training in several areas of Law Enforcement, evidence, domestic violence, DUI, use of force, firearms training, and will "ride" with an officer on patrol.

The Citizens Police Academy Program is offered once every year. For further information or to complete an application, contact Sgt. John Fryksdale #51 at (847) 588-6506.

Niles Community Directory

News From The Village of Niles

Niles Fire Department

The Village of Niles maintains a full time professional fire department providing full fire suppression, fire prevention and emergency medical services. The staff includes 50 sworn personnel and four civilian employees. All firefighters/paramedics are state certified at both fire fighting and emergency medical services. The Village is currently in receipt of a Class 3 fire insurance rating which helps keep residents' fire insurance rates low.

The Village's two fire stations are strategically located at 5360 W. Dempster Street (headquarters station) and 6611 W. Jarvis Avenue.

The Niles Fire Department offers a number of programs to Village residents:

EMERGENCY MEDICAL SERVICE: The Fire Department is committed to providing emergency medical service to community and business residents. Two mobile intensive care units are continually staffed, available and ready to administer life-saving treatment in the most critical, life threatening emergencies. Department offers UL approved detectors which are available at the Headquarters station for a discounted cost. Occupancy inspections are conducted, the code inspector checks for operable alarms.

HOME INSPECTION PROGRAM: Residents may request a free home inspection to identify hazards. A firefighter will come to your home and make suggestions to eliminate hazards during a 15 minute examination of key safety elements. Health and safety complaints should be referred to the Code Enforcement Department.

FIRE PREVENTION: The Fire Prevention Bureau reviews plans for all new buildings prior to occupancy to ensure compliance with fire prevention codes. The Bureau also inspects industrial, commercial and major residential properties for code adherence.

BLOOD PRESSURE TESTING: Both fire stations offer free blood pressure testing to any resident, Monday through Friday from 9:00 a.m. to 5:00 p.m., provided personnel are in quarters.

DISABILITY PROGRAM: Representatives of the Fire Department are available to Niles service clubs, homeowner associations or church groups to speak on a variety of fire safety, emergency medical subjects, public education and CPR classes. To set up an appointment, forward a letter of request to: Niles Fire Chief, 8360 W. Dempster Street, Niles, IL 60714.

Centennial Celebration

The Village of Niles has begun plans in celebration of the community's 100th birthday. This historical milestone is truly a special occasion. Our Centennial year will be a tremendous success and we look forward to a year filled with reflection, tradition, and teamwork.

Below is a list of activities and programs that will be planned throughout the year. Mark your calendar and look for more detail in the Village newsletter - the Niles Progress Report, local newspapers, and announcements throughout the community.

1999
April 25, Sunday
Village Board Meeting. Junior High Essay Contest Winners serve as elected officials and conduct a Mock Village Board Meeting.
July/August
Leaning Tower Concert Series, 2nd Annual - Free concerts held each week for two months.
July 4, Sunday
Independence Day Parade and festivities.
August 22, Sunday
Golf Mill Ice Cream Social (possibly outside). Coordinated by the Human Services Department and Youth Cooperative Program.
August 24, Tuesday
Actual Centennial Date / Village Board Meeting
October 1, Friday
Open House Celebration - Niles Administration Building.
October 23, Saturday
Senior Center Dinner and Dance.
Grand Finale Centennial Celebration Dinner and Dance, White Eagle Banquet Hall. Coordinated by the Village of Niles.
Capture the history of our community by purchasing the Niles Centennial History Book. The book will be available throughout the year by the Village of Niles.
Should you have any questions regarding the events, please contact the Village Manager's Office at (847) 588-8000.

HELP!!

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THREE FAMILIES WANTED IT

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Niles Community Directory

News From The Niles Park District

Make a bet with Niles Park District

All aboard...Harrah's Showboat Casino in East Chicago, Indiana. Join in the excitement on Thursday, April 22 as the Niles Park District goes gaming. Enjoy two (2) sessions at 11 a.m. and 1 p.m. Trip fee is \$19 (\$17 Res. Disc.) and includes two cruises and \$15 cash back from Harrah's Showboat for your own spending wishes! Lunch will be on your own. Bus departs from the Howard Leisure Center, 6676 W. Howard St. at 9:30 a.m. and returns at approximately 4:30 p.m. Registration is now in progress. For more information call (847) 967-6633. Why not try your luck and register today.

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Burgers with Bunny - a Hopping success!



Photo By Don Carver

On Saturday, March 27, the Niles Park District celebrated Spring with their annual Burgers with Bunny event.

This year, 156 children joined the Spring Bunny for a delicious buffet lunch of burgers, chips and dessert. After they were done eating, Bunny invited the children to come up to personally visit and take a picture with him.

Children also participated in a craft of making Bunny magnets. The event was held at Banquets by Tam, located at the Howard Leisure Center. Shown from left to right: Annalise, Kristen and Karri.

Puppet Time at Niles Park District

A chance for your child to bring imagination to life.

Each class begins with an exciting story. Then their imaginations are put to work as they create puppets, representing characters from the story. Puppets are made out of different types of material. At the end of the session, the class will put on a puppet show for family and friends who attend.

Children 5 to 6 years are invited to participate in this productive class. Held at the Howard Leisure Center, class runs April 14 to May 19 at 4:30-5:30 p.m. Fee is \$28, or \$25 for residents of the Niles Park District. Registration is in progress now at the Howard Leisure Center, 6676 W. Howard St. For more information, call (847) 967-6633.

Alphabet Soup

Join Diane Zajac of the Niles Park District, as she leads your child along a journey of the alphabet each week.

Activities may include songs, art and craft, stories, and more. Letter B week could include bubbles, the colors blue, black, or brown, bananas, balloons, bristle blocks, balls, and more.

A great class for the child that is independent from parent and ready to learn about the alphabet.

Village of Niles 1999 Branch Pickup

The Village of Niles will again offer branch pickup service this year to residents. The branch pickup runs through September, and is provided to residents once per month.

Branches must be less than 10 inches in diameter and tied in bundles no more than 18 inches in diameter and 4 feet in length (one person must be able to lift bundle).

No stumps, roots or attached dirt will be accepted. Yard waste bags or stickers are not needed to use this service. Larger sized logs and branches should be disposed of by a tree service or landscaper hired by the homeowner.

Please contact the Public Services Department at 588-7900 should you have any questions regarding this service.

Niles Community Directory

News From The Niles Park District

Pioneer Park - a place to explore!

A corner site with many anticipated uses has now become a recreational development. Located at Touhy and Harlem, Pioneer Park was built in a joint effort by the Village of Niles and the Niles Park District.

This 7-acre lot includes 2 ball fields, that accommodates baseball, football and soccer, an 18-hole miniature golf course featuring a waterfall and outdoor adventures, batting cages, concessions, a field house, on-site parking, a children's play lot, and a pathway that travels around the perimeter of the park.

It was back in 1997 when the land swap proposal was made between the Village and Park District. The lands involved were the Niles Park District Jozwiak Park (located at Touhy and Frank's) and the land owned by the Village at Touhy and Harlem Avenues (previously known as Niles Seminary College). The Village proposed the idea of making a land swap between the two, giving the Niles Park District the property at Harlem and Touhy in exchange for the land Jozwiak Park occupied.

After much discussion, the Park District agreed -- lands would be swapped. Niles Park District began their plans for a new park to be built. With many safety and building concerns, much research was done and the plans were approved. A new park with similar features as what had, would be developed -- yet with additional amenities.

The name "Pioneer Park" was submitted by Commissioner Val Engelmann in memory of the people of Niles who started the Village over 100 years ago and to those who started the Park District 45 years ago. "What they envisioned is not stagnation, but ever going forward in progressive steps. Those are the stepping stones, hallmarks if you will, giving future generations a place to live with surroundings with which they can be proud." The Niles Park District Board of Commissioners voted on the name at the December Board Meeting.

Pioneer Park will open April 10 with a grand opening to follow. The daily hours of operation for the Spring season are: Saturday, April 10-Friday, June 4. Monday-Friday 5:10 p.m. Saturday 10:30 a.m. - 10:30 p.m. Sunday 10:30 a.m. - 10 p.m.

The Summer hours will start on June 5 and go through August 22 open daily from 10:30 a.m. to 10:30 p.m. The park is a great location to hold your next fundraiser, or rent out the Field House for upcoming meetings.

Pioneer Park is definitely a place to explore. For more information about the park, please contact Julie Valle-Pioneer Supervisor, at (847) 967-6633 or (847) 647-9092 (after April 10). Pioneer Park is located at 7135 Harlem Avenue at the corner of Harlem and Touhy.

Something's Cookin' at Niles Park District

The Niles Park District is ready to teach your child one of the most important life lessons -- Cooking! Two classes are offered: Little Chefs and Incredible Edibles.

Little Chefs is for children 3-5 years old. Your child will be taught a variety of recipes (bake and non-baked), table manners, tasting, sharing and more. Class is held on Mondays from 12:15-1:15 p.m.

Incredible Edibles builds your child's creativity in a unique way. Your child will have learning to make simple baked and non-baked foods. Basic cooking skills, measuring, mixing, following directions and kitchen safety are emphasized. Each week your child will make something new to take home or eat in class. Class is available to children 6-9 years old. Class is offered on Mondays from 6-7 p.m. Classes begin April 19 and run through May 24 at the Niles Park District Recreation Center, 7877 Milwaukee Ave. Fee is \$28 for non-residents and \$25 for residents of the Niles Park District.

At the end of both of the programs, children will receive a book filled with recipes they prepared. Registration is being taken now at the Howard Leisure Center. Call (847) 967-6633 for more information. Bon Appetit!

Min S. Kim

Min S. Kim has joined the United States Army under the Delayed Entry Program at the U.S. Army Recruiting Station, Mt. Prospect. The program gives young men and women the opportunity to delay entering active duty for up to one year. Kim, a 1998 graduate of Niles Township Community High School, Skokie, reported to Fort Benning, Columbus, GA, for basic training. He is the son of Chong E. Kim on Skokie.

Camps, Camps and more Camps!

Welcome to the Niles Park District Summer Camps! We have camp programs for preschool age through eighth grade, offered either partial or full day. Our goal is to provide fun and safe activities that promote good sportsmanship, creativity and positive self-esteem.

The ever so popular "traditional" camps. These camps include: Pint Size Pioneers, Kiddie Kamp, Adventurers, Rangers, Voyagers & X-Plorers, and Outback Pack.

We also have many sports camps to choose from. These camps give your active child exposure to one sport like Strictly Hitting Baseball Camp or to many sports like our all-day Minor and Major Leagues (All-Sport) Summer Camp and Sportsters Mini-Camp. No matter what camp you choose for your child, we know they will have a great summer!

Registration for all camp programs is now in progress at the

Howard Leisure Center, 6676 Howard Street, Niles. Registration can be done in person or by mail. All camp forms must be filled out completely and returned with the appropriate fee to be processed. Registration will be accepted until the camp is filled to capacity. In the event your desired camp is full, your name will be placed on a waiting list. We will do our best to accommodate all waiting lists.

Also new this year, is our "Flex Summer Weeks" program. This is great for families who want to structure their child's camp around their "already planned" vacations.

Pint Size Pioneers (Ages 3-4)
Children learn the importance of sharing, listening, and cooperation, through age appropriate games and activities.

Kiddie Kamp (Ages 5-6)
An opportunity for kindergarten aged children to explore, create, experiment and socialize.

Adventurers (Grades 1-3) & Rangers (Grades 4-6)
Half day of camp filled with field trips, games, sports, crafts, and swimming.

Voyagers & X-plorers (Grades 1-6)
Full day of sports, crafts, games, swimming, weekly field trips as well as family activities.

Outback Pack
Junior High students can have fun too! Weekly trips to baseball games, Great America, Navy Pier and Omnimax Theatre, and activities such as swimming, hiking, horseback riding and more!

All Sports Camp (Grades 1-6)
Like to play sports? This camp is for you! While having fun and playing sports, your child will learn how to get along and work together.

All Sports Mini-Camp (Grades 1-3)
Half day camp of All Sports Camp for beginners.

Youth Baseball Camp (Ages 9-14)
Two weeks of great baseball playing, learning the overall concept of the game, as well as pitching, fielding, hitting, and base running.

Baseball Camp-Strictly Hitting (8-14 Years)
Batters Up! Learn to hit good pitching, and perfect your batting.

Basketball Camp (Grades 3-8)
Learn the fundamentals of basketball as well as team play.

Extended Care and Bus Transportation are also available. Call (847) 967-6633 for more information.

Parent's Afternoon Out

Moms and Dads, leave your child (3-5 years old) in a semi-structured classroom and confidently you will enjoy some well-deserved free time. Your child will play games, make simple crafts, and have fun participating in various activities. Please bring a snack with a drink. (Children must be toilet trained.)

Program is held at the Niles Park District Recreation Center, 7877 Milwaukee Ave. from 12:15-3 p.m. on Wednesdays. Fee is \$46, or \$42 with resident discount. Session starts April 14 and runs through May 19. Call (847) 967-6633 for details.

Kids Crafty Corner

Calling all kids to our crafty corner. If you are 6-8 years old and love to do crafts, this is the class for you.

Children will be introduced to a variety of craft projects that they can show off to your friends and family. Class is held at the Niles Park District Howard Leisure Center, 6676 W. Howard St.

Puppet Time

Sign your child up for this creative program. Every week children 5-6 years old will make their own puppet out of different types of material. Session runs Wednesday, April 14 through May 19 at 4:30-5:30 p.m. at the Niles Park District Howard Leisure Center, 6676 W. Howard St.

Class will start with a story to help create the puppet characters. At the end of each session, the class will put on a puppet show. Program fee is \$28, \$25 with resident discount. Parents are welcome to attend the last class of the session.

Niles Community Directory

News From The Niles Chamber of Commerce

Get in the know, experience the Niles Chamber Expo

The Niles Chamber of Commerce and Industry is hosting their fourth business to consumer exposition, Experience Expo '99, on Saturday, April 24, at Oak Mill Mall from 9 a.m. to 3 p.m.

This event is open to the public and admission is free. Over 30 businesses will showcase their wares at this annual event. Those attending will receive valuable

information about local businesses and their services. In addition, there will be entertainment for both adults and children, musical acts, and numerous prizes and giveaways.

Entertainment will include the Dixieland Trio, face painting, Biz the Clown and several popular children's characters including:

tell-a-babies; Mr. A, the reading aardvark; Chuckie the mischief kid, and the blue dog. Seminars will also be held throughout the day beginning at 9:30 a.m.

Vendor spaces are still available. For more information regarding pricing or scheduled events, contact the Chamber office at (847) 966-7606.



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Niles Chamber of Commerce

What is the Niles Chamber of Commerce?

The Niles Chamber of Commerce and Industry (NCCI) is a not-for-profit organization made up of local businesses, professional and organizations working together to contribute to the business development and economic climate of the Village. Although the chamber is not a department of the Village of Niles, it works closely with government to ensure that Niles is the best place to live, work and to do business.

Who are the Chamber's Members?

Chamber of Commerce members are businesses or organizations concerned with the social and economic climate of Niles. They believe in giving back to the community and understand that collectively they can achieve so much more. The chamber encourages residents and businesses to shop our members. They stand behind their work and typically are active within the community.

Who leads the Chamber?

The Niles Chamber is lead by its members. They elect a Board of Directors who volunteer their time, determines policies and sets goals. A president presides over all meetings. The day-to-day activities are handled by an executive director and staff. Many volunteers serve on committees which contribute to the Chamber's success.

Where is the Chamber located?

The Niles Chamber of Commerce is located on the second floor of Oak Mill Mall, 7900 N. Milwaukee Ave., Suite 225B. Our phone number is (847) 966-7606.

How can the Chamber help?

The Niles Chamber is your communication link to various businesses, industry and service organizations. The staff can provide tourism information, locator maps, referrals, job searches, etc. For members, the Niles Chamber provides over 100 benefits and services, call or receive a membership packet.

Chamber offers Grand Opening Celebration Services

Are you planning a grand opening or re-opening of your business? The Niles Chamber of Commerce and Industry can help. Our staff will announce your opening in our newsletter, supply your company with a list of dignitaries, supply the ribbon and ceremonial scissors, take photographs and send them along with a press release to local newspapers. The Chamber Ambassadors will also attend your function. Companies celebrating a milestone in their business are also encouraged to take advantage of this service.

This service is free to members and available to non-members for a small fee. For more information contact the Chamber office at (847) 966-7606.

Niles Curbside Recycling Program

All Niles resident households with Village garbage service are eligible to participate in the curbside recycling program. Initial recycling bins are provided at no charge by the Village. Additional or replacement bins are available for purchase at the Administration Building, 1000 Civic Center Drive (southeast corner of Oakton and Waukegan). Call the Village at (847) 588-8000 to request additional information there is also more information at the Village website: www.vniles.com.

Materials that may be recycled:

- Glass Bottles - Clear, green and brown
- Metal Cans - aluminum, tin, steel and bi-metal

- Plastic containers - #1 PETE, #2 HDPE, and #4 LDPE
- Paper products - catalogs, junk mail, and corrugated cardboard

Just moved to Niles?

Call the Niles Chamber of Commerce and Industry for relocation information. Materials available include information about the village, park district, library, community organizations, legislators, demographics, map, transportation, community services, places of worship, top employer listings, plus listings of local Chamber of Commerce businesses. Call the Chamber at (847) 966-7606 for details.

Business News

Avondale's ARMANETTI BEVERAGE MART Presents Great Wines of Alsace

Alsace makes Germanic wines in a French style. Primarily climate, soil, and the choice of grape varieties determine this. A traveler at the time of the French revolution found it incredible that this land, so clearly intended by nature to be part of Germany, was actually annexed to France. What differs is the interpretation of wine-making - because today German and Alsatian winegrowers hold opposite points of view of what they want their wine to do and be. The Germans are looking for balance accented by sweetness, the Alsations are looking for strength and a crisp acidity to pair with the food of the region. Alsace gives the flowery scented grapes of Germany the body and authority of such table wines as white burgundy - proper accompaniments to strong and savory food.

Instead of grape sugar lingering delicately in the wine, the grower likes a dry, firm, clean flavor. They ferment every ounce of the sugar, which the long dry summers of Alsace give them, concentrating the essences of their highly perfumed German-style grapes into a sometimes astonishingly spicy fragrance.

The only grape varieties that are authorized to list the name of the grape on the label are - Riesling, Pinot Blanc, Pinot Gris, Gewürztraminer, Muscat, Sylvaner and Pinot noir. The test of the wine produced in Alsace legally would bare the name Vin d'Alsace. (Similar to different designations determined by time of harvest the German words Auslese and Beerenauslese. Today the phrase Vendange Tardive (late harvest) is used. For the equivalent of a Beerenauslese, in which individual grapes are grown for their super-ripeness - sometimes with a degree of "noble rot" or botrytis, the term for this is "selection des Grains Nobles." Such wines can reach heights of lusciousness not far removed from the rarest and most expensive of all German wines.

A late-picked Gewürztraminer or Muscat has perhaps the most exotic smell of any wine in the world, and can at the same time keep a remarkable cleanliness and finesse of flavor. It is not necessarily very sweet; intense is probably a better word.

The wines of Alsace are among the best food wines in the world, thanks to fresh fruit flavors unobscured by oak. The best wines of the region are almost exclusively white. Despite the Germanic vineyard names, which lead many casual wine consumers to believe that these wines have substantial residual sugar, the classic wines of Alsace taste no sweeter than the average California Chardonnay.

The appellation for the whole region is simply "Alsace" and is normally used with a grape variety, such as "Alsace Riesling." Except Edelzwicker and Cremant d'Alsace, all the wines are from a single grape. Edelzwicker means Noble blend and Cremant is a sparkling wine also generally a blend.

There are now over 50 classified vineyard sites, which are allowed to call themselves "Grand Cru" or "Grand Growth or Vineyard." Most of these are historically excellent, and deserve their recognition; but local politics has inevitably had its way, and boundaries were not always drawn quite as severely as they might have been. However the laws and regulations of this area are tightening, and the designations are becoming more specific and deliberate.

Alsace wines are good value, although prices are never rock bottom. Wines from the better cooperatives should show varietal character and typical Alsace spice, but for real individuality you will need to buy one of the better cruves from a good grower or merchant - which will be appreciably more expensive. But reliability is good, and these Alsace wines contain wonderful flavors that are duplicated nowhere else in the world.

State House of Representatives slaps Illinois Small Business

The Illinois House of Representatives voted again to put Illinois' small businesses at a disadvantage with neighboring states by passing expansion of the Family and Medical Leave Act, according to the National Federation of Independent Business (NFIB). House Bill 2 passed the Illinois House 62-50-1.

Current federal law requires

employers with 50 or more employees to offer 12 weeks of unpaid leave to their employees. HB 2 extends the Act to Illinois employers with 25 or more employees.

USE THE BUGLE

Get the credit you've earned

The Earned Income Tax Credit (EITC) means extra cash in the pockets of many workers. But many people who are eligible for the credit don't get it. Why? Because in order to get EITC, you must file a tax return. Some workers earn so little that they legally don't have to file. By not filing, they're missing out on money they're entitled to receive - possibly as much as \$3,756.

The EITC is a special tax break for lower-income workers. It's refundable credit that reduces the tax some workers owe and may give them refunds. A unique feature of the credit is that you can get it even if you don't owe the IRS any tax or have no tax taken out of your paychecks. In fact, you can get the credit even if your earnings are so low that you legally don't have to file a tax return.

The credit is based on the amount of income earned and the number of qualifying children a worker has living with them for more than half the year. A qualifying child can be a son, daughter, adopted child, grandchild, step child or foster child. Foster children must live with you for the entire year. Workers without a qualifying child can also get the credit.

To qualify, workers must have earned income from wages or self-employment. The 1998 income limits (based on qualifying children) and the maximum credit levels are as follows: two or more qualifying children, income must be less than \$30,095, maximum credit \$3,756; one qualifying child, income must be less than \$26,473, maximum credit \$2,271; no qualifying child, income must be less than \$10,030, maximum credit \$341.

Workers with no qualifying child must also be at least age 25 and under 65, not be eligible to be claimed as a dependent on someone else's tax return and must have a main home in the U.S. for more than half the year. All workers claiming the credit cannot have more than \$2,300 in investment income, such as interest or dividends, and cannot be a qualifying child on someone else's return.

While the IRS wants people who are eligible for the credit to claim it, they are also cautioning taxpayers who claim the credit to be certain they qualify. Due to new tax legislation, people who aren't eligible for the credit but claim it anyway could be prohibited from taking the credit for up to 10 years.

For more information on the Earned Income Tax Credit, call the IRS at 1 (800) 829-1040. You can also order a free copy of Publication 596, Earned Income Credit (in English and Spanish) by calling the IRS at 1-800-TAX-FORMS (829-3676) or by visiting the IRS Web site at www.irs.ustreas.gov.

ERA Salesperson of the Month



Ilisa Farrell

Niles resident, Ilisa Farrell was recognized as the "Salesperson of the Month" for February at ERA Callero & Catino Realty. She was responsible for the sale of over \$700,000 in residential real estate during the month. She led the real estate sales team to a very busy month of business, in spite of the bad weather.

Ilisa has been a real estate agent for 12 years and has been associated with ERA Callero & Catino since 1990. She is a graduate of the Illinois Realtors Institute and holds the National Association of Realtors professional designation of "Accredited Buyer Representative." Ilisa has received numerous multi million dollar sales awards. In addition to being a successful real estate sales agent, she teaches home buying and selling seminars through Oakton and Triton community colleges.

ERA Callero & Catino Realty, with offices in Niles and Schaumburg, has had the busiest year in their history in 1998, and has started out 1999 very well. Part of the reason for their success is their support of advanced professional development among agents like Ilisa. They will be expanding their Niles office this year and are actively seeking additional real estate agents.

Skokie resident appointed to ISBA



Lionel I. Brazen

Lionel I. Brazen, of Skokie, has been appointed assistant secretary of the board of directors of the Illinois Bar Foundation, the charitable and educational arm of the Illinois State Bar Association (ISBA).

Brazen is a sole practitioner in Chicago, where he concentrates in commercial litigation, family law and elder law. Active in the ISBA, he is a previous chairman of the General Practice Section Council and Elder Law Section Council. In addition, he is a former president of the North Suburban Bar Association, and served as legal counsel for the Sierra Club, Midwest chapter, and Friends of the Earth, Midwest division.

Established in 1951, the Illinois Bar Foundation is a not-for-profit organization created to foster and maintain the best of the legal profession, facilitate the administration of justice, promote research and continuing law education, publish literary works on the law, and preserve documents of legal significance.

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Police News

Cramming: Mystery Phone Charges

Cramming. No, we're not talking about studying for an exam, although you may want to study your monthly phone bill more closely in the future. This type of cramming refers to unexplained charges on your phone bill for services you never ordered, authorized, received, or used. Sometimes a one-time charge for entertainment services will be crammed onto your phone bill. Other times, monthly recurring charges are crammed onto your phone bill. Cramming of monthly recurring charges falls into two general categories: club membership, such as psychic clubs, personal clubs, or travel clubs; and telecommunications products or service programs, such as voice mail, paging, and calling cards.

Cramming Schemes
Most of these scams occur through the use of an 800 number. Others are initiated by contests or sweepstakes. They are all deceptive, and you should dispute the charges. Here are some common ways crooks get your phone number and cram charges onto your bill.

• **800 Number Calls.** You call an 800 number advertised as a free date line, psychic line or other adult entertainment service. A recording prompts you to give your name and to say "I want the

service," or some similar phrase, to get the advertised free service. You may have no opportunity to speak with an operator or ask questions, but you are automatically enrolled in a club or service program. The phone number from which you call is captured and billed. You often never get the "free" service you called for, or the service you're billed for.

• **Contest Entry Forms.** You fill out a contest entry form, thinking you're entering to win a prize. In fact, some unscrupulous promoter is using the contest to get your phone number. enroll you for a calling card or some similar service, and bill you on your phone bill. The disclosure on the entry form, which is very difficult to comprehend and in very fine print, says that by completing the form, you authorized the service. You may never get the service—just the bills.

• **Direct Mail Sweepstakes.** You receive a sweepstakes promotion in the mail that tells you to dial an 800 number to enter or claim your prize. When you call, a recording follows an automated script to automatically enroll you in a club or service program. The phone number from which you call is captured and billed. Once again, the disclosure on the sweepstakes mailer is very diffi-

cult to comprehend and in very fine print, and you do not get the service—just the bills.

• **"Instant" Calling Cards.** Someone may use your phone to call an 800 number for an adult entertainment service, and be offered an "instant calling card." The "calling card" isn't an actual card, but is rather an access code based on the phone number from which the call was placed. The card is used to access and bill for the entertainment service. If someone uses your phone to sign up for such a card, your phone number will be billed for all purchases of entertainment made using that card, whether or not they are made from your phone.

• **Dating Service Calls.** You call an 800 number advertised as a way to meet local people for free. You're told your date will call you back, or you're asked to enter a code to be "teleconferenced" with your date. What you're not told is that you'll be charged a hefty fee for your conversation with your date. Charges for these calls show up on your phone bill incorrectly labeled as collect or toll charges from a different city.

• **International Calls.** Some ads for adult entertainment services tell you to call a number starting with 011, 500, or another

unfamiliar area code. The ads don't explain that these numbers are for expensive international calls, and that the entertainment provider is making money every minute you stay on the line.

• **"Free Minutes" Deals.** You may see ads promising "free time" for a date line, psychic line, or other adult entertainment service. When you call, you're put on hold but told that you won't be charged for this time. Not always true: Sometimes, the "hold time" is deducted from your free minutes. In fact, you may be billed for some of your "hold time" as well as your "talk time."

Don't Get Crammed
Here are some tips to help you avoid cramming scams.

• Be aware that your local telephone company may bill for services provided by other companies. Your local phone bill may include charges for long distance telephone calls, information or entertainment services accessed through 900 numbers or subscription agreements, club memberships, and non-basic telecommunications services like voice mail or paging.

• With the right technology, companies can get your phone number when you call them, using a process similar to caller ID. Once they have your number, an

unscrupulous company can cram charges onto your phone bill. What's more, since this technology can automatically bill the phone number that is called from, other people using your phone can cause charges to be billed to your phone.

• Carefully read the fine print before you fill out contest forms, especially if they ask for your phone number. Likewise, read the fine print before you place a call in response to a sweepstakes promotion.

• Be cautious about calling unfamiliar 800 numbers. Be especially wary if you're told to enter codes, leave your name, or answer "yes" to prompts. Unscrupulous entertainment providers may use this ruse to send you a bill.

• 900 numbers may cost money, even if you're calling to claim a "free" prize. All 900 numbers that cost more than \$2 must give you a brief introductory message about the service, the service provider, and the cost of the call. You have three seconds after the message ends to hang up without being charged.

• Consider a 900 number block; it stops calls from going through to 900 number services.

P.R.I.D.E. and PUPILS

Police Officers are frequently asked by parents what is the best way to keep their children away from gangs. There is not one catch all response to this question. However, there are several techniques that work to keep gangs out of your child's life. The most important factor in a child staying gang free is their parents.

Parents play the key role in keeping their child gang free. Parents wield incredible power over their child's future. What a parent does over the course of a child's development directly impacts the child far more than just the present. The impact of the parent reaches far into the child's adult development, including behavioral and social development.

All too often parents wait until a problem arises then react. Unfortunately, that is too late in the development of a problem to become involved with your child. The parent should be involved constantly in their child's life. Once a child becomes involved in gangs, the parents must play catch up, to the years of developmental problems which they have manifested. All too frequently, the remedies applied are ineffective in the short term and extremely time consuming over the long haul. Parents can preempt a gang's affect, before the school, counselors and police become involved.

Becoming a parent is the most exciting time of his or her life, but anyone can become a parent. There are no licenses or tests one must take to be a parent. So sometimes without strong internal family support, some parents are at a loss as to how to deal with their children. If your community provides parenting classes, taking these classes can provide valuable tools to dealing with your child. If you can not find classes in your community, do not be afraid to reach out to local social service agencies for assistance. They can usually provide alternatives, referrals and/or counseling in dealing with your child.

Some times parents forget the basics and attempt to adopt techniques that work in the parent's adult social relationships. A parent has to "parent" their child. All too frequently, parents have said, "I am trying to be my child's friend." However recent studies have shown that youths respond best when parents provide a stable, structured home. Parents who provide realistic rules, with equally realistic penalties for negative behavior, are rewarded with a lower degree of "at-risk" behavior from their child. This research also showed that if youths lose the respect for their parents they are more likely to get involved in a "at-risk" behavior. In addition, it also placed a greater strain on the family unit, because the youths tend to challenge their parents decisions regardless of they are in the best interests of the child.

For example: If you set a curfew of 12 a.m. and your child violates the curfew by an hour or two. Set the punishment realistically. First, listen to your child's excuse. They may have a valid excuse. However, remember very few excuses can get around the telephone, if they are running late calling always is best. Explain this to your child regardless of the reason for being late being. If the excuse doesn't wash with you discuss the punishment, not saying, "you are grounded for life." Most of all do not cut a punishment short because they are getting on your nerves or being a problem at home. These only undermines your authority, and makes them think you are a pushover.

Talking to your child about their feelings is also another way to observe problems before they have fully developed? One of the greatest books I have found that helps illustrate this, and provide realist ways to deal with your child's feelings is a book called "How to talk so kids will listen & listen so kids will talk," by Adele Faber and Elaine Mazlish. This book provides helpful techniques to draw your child's emotions out without getting involved in a full-blown fight.

However, avoiding confrontations should not be the goal. The goal should be in effectively communicating with your child and resolving the problem at hand. Thus at times may be difficult, because children are prone to emotional outbursts and fits of quiet when they discuss their problems. Sitting down with a child, especially a child who may be dabbling in "at-risk" behavior or gang related activity is paramount in bringing to the forefront the problem. Acting in an extremely judgmental and argumentative attitude over your child's problem will only solidify your child's attitude and make your attempts to help that much harder.

When you decide to discuss your child's problems, try to attempt to see your child's point of view, or view it from their perspective. Remember that children see their problems, with a greater intensity than adults typically would. As a result there is a certain amount of urgency that they feel about all of their problems.

How to keep your child gang free



Niles Police Officer Robert Tornabene

Take an active part in your child's life. In this day and age parents lives are extremely hectic, between working one or two jobs and attending to the day to day necessities makes it difficult to take an active role in your child's life. So what does being active in your child's life mean? Taking part in their role in the community, such as sports, hobbies and social activities. If your child is involved in a sport, besides attending the sport, take your child aside and help them practice at their sport. Play catch, kick soccer ball around, and throw a few pitches. If they have hobbies encourage them, and work with them at the hobby. Find a hobby you both like to do, doing a common hobby together is a great relationship builder.

Police News

Criminal damage to property

Police received an alarm from a tire and battery store in the 9000 block of Milwaukee Avenue around 2:33 a.m. April 3. Responding officers found the entrance door and window had been broken by unknown offender(s) using an unknown type of force. The interior of the business appeared to be undisturbed. Police are investigating the incident.

Stolen auto

A 59-year-old Greendale, WI, man reported that unknown offender(s) removed his 1990 GMC van from the parking lot of a restaurant in the 9100 block of Golf Road sometime between 4 p.m. and 6:30 p.m. April 3.

Attempted robbery/battery

A 28-year-old Morton Grove hairdresser reported that a man about 18 years of age wearing a black nylon jacket and black baseball hat grabbed the strap of her shoulder bag as she was exiting the department store at 220 Golf Mill Center around 8:40 p.m. April 3. The victim folded her arm to keep hold of the purse strap, and the offender used his right hand to punch the victim on the left side of her face.

The victim continued to hold the purse and struggle with the offender, who lost his balance and fell to his knees. The victim kicked the offender in the groin area, and he fled northbound through the parking lot. A check of the area by Niles police was unsuccessful. The victim told police she can identify the offender, and she went to the Niles Police Department to do a composite of the offender. The victim did not lose any property in the incident.

Burglary

Unknown offender(s) used a pry-type tool to gain entry through a first floor window of a house in the 7500 block of Waukegan Road sometime between 5 p.m. and 10 p.m. April 3. The kitchen, master bedroom, a second bedroom and the base-

ment area were ransacked. An unknown amount of jewelry, cash and a mink coat were removed. However, the offender(s) by-passed several televisions, VCRs and portable stereos. A police canvass of the neighborhood was unsuccessful.

A 48-year-old supervisor reported that unknown offender(s) used a pry tool to force open the rear door of his house in the 6900 block of Oakton Street sometime between 7:20 p.m. April 3 and 12:01 April 4. The whole house was ransacked, and an unknown amount of jewelry was removed from three jewelry boxes located under a dresser in the northwest bedroom along with a VCR valued at \$150, a 13-inch television valued at \$200 and \$400 cash. A wallet containing credit cards was also taken. A police canvass

of the neighborhood was unsuccessful.

Theft

Unknown offender(s) removed the rear tailgate from a black 1998 Chevrolet Silverado pickup truck belonging to a 44-year-old Chicago man sometime between 5 p.m. and 11:59 p.m. April 1 while it was parked in a lot at 2002 Golf Mill Center. The cost to replace the tailgate was estimated at \$500.

Retail theft/possession of hypodermic needles

A 26-year-old Chicago man was observed via closed circuit television camera placing eight DVD movies valued at \$216.41 and two battery packs valued at \$11.89 into his shirt in a store in the 6100 block of Touhy Avenue around 2:53 p.m. April 2. He was

apprehended by police after exiting the store. While searching his clothing, police found three hypodermic needles in an outer pocket of the offender's coat. The closed circuit television tape and the needles were placed into evidence pending an April 26 court appearance. Bond was set at \$20,000.

Criminal damage to vehicle

A 30-year-old policeman who has had ongoing vandalism problems with his white 1997 GMC Jimmy installed a wireless door bell alarm system in the gas tank

of the vehicle and placed the remote signal in his apartment in the 8700 block of Wisner. The victim heard the alarm go off around 7:45 p.m. April 2, and told his wife to call police while he ran downstairs and observed a 73-year-old woman pouring something from a brown plastic flower sprinkling can into the gas tank of the victim's vehicle.

Police arrived and took the offender into custody, transporting her to the Niles Police Department for processing. The sprinkling can was inventoried. An April 15 court appearance was scheduled.

Mysterious Morrison mural appears on Glenview office building

In what may have been a premature April Fool's Day prank, an unknown person or persons spray-painted a 15-foot high portrait of the late rock 'n' roll star Jim Morrison on an exterior wall of a Glenview office building.

The colorful mural was "installed" sometime between 11 p.m. March 30 and 7 a.m. March 31, when building occupants and workers began arriving at the Lake-Waukegan Office Center at 1701 E. Lake Ave. Harry Granules, manager of the building, said the painting was pretty good, but he was mystified as to how the "artist" was able to get up high enough to paint it without being noticed.

Building maintenance workers tried unsuccessfully to remove the painting with a pressurized water hose and had to order chemicals to complete the job this week.

Granules said he found empty spray canisters in a trash bin near the building. He theorized the artist used the light of Tuesday night's full moon to illuminate his work as the lights behind the building were turned off that

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School News

Our Lady of Ransom Spelling Bee Winners



Recently, Our Lady of Ransom held a 3rd grade Spelling Bee. Out of 47 participants, Kelly Caputo (center) placed 1st. Other winners included 2nd place Tiffany Liza (right), 3rd place Alex Bendyk (not pictured) and 4th place Suzanne Hansel (left). The contest was run by 3rd grade teachers Miss Enright and Miss Novak.

Culver

Reflections
The 1998-99 PTA Reflections Program is designed to encourage creative expression among students in literature, music, photography and visual arts. This year the theme was "Suddenly You Turn Around And..." Below

is a list of the students who have been selected to be reviewed by the PTA:

Jessica Ang, Amy Jensen, Tom Barszcz, Anna Mallas, Ryan Chermel, Steven Morzy, Sunan Fatima, Samantha Parlich, Jaclyn Gremley, Nina Tiberi, Kelly Gremley, Nicholas Gremley, Shazia Hussain and Cory Zielke.

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Resurrection named outstanding high school

U.S. News and World Report has identified Resurrection High School, 7500 W. Talcott, as an outstanding secondary school. In the January 11, 1999 issue, Resurrection High School was featured in a special report as a Chicago Catholic high school that is doing an excellent job of educating its students.

Resurrection High School received this honor after Principal Therese Fenney completed a survey last summer from the National Opinion Research Center (NORC) at the University of Chicago. Principals from more than 1,500 secondary schools in six major metropolitan areas answered questions about students, teachers, course offerings, policies and educational practices. After comprehensive surveys and analyses conducted by NORC at the secondary school level, U.S. News & World Report identified different types of outstanding high schools, along with effective teaching practices used by these schools.

Resurrection High School has always prided itself on the quality education it provides to its students. Each year, the school prepares nearly 1,000 students for the challenges they will encounter during high school and beyond. With an average ACT score of 23 for college-bound students, Resurrection is proud that 93% of its graduates go on to higher education. The last two graduating classes have received an average of \$1.1 million in scholarships.

NEIU

Degrees awarded

Area residents were among the graduates who were recently awarded degrees at Northeastern Illinois University's (NEIU) commencement ceremonies held at the university's Physical Education Complex.

NEIU President Salme H. Steinberg delivered the commencement address and NEIU Board of Trustees Vice Chair Willie J. Taylor offered greetings from the Board to the graduates and their families.

Anthony M. Coletta, Amy R. Leafman, Hardik Patel, Janice Ann Poelsterl, and Alpesh V. Shah of Des Plaines; Hyoung Lee, Elizabeth Ann Schmitt Giannini, Kathryn M. Kapsimalis, and Jeffrey Remsik of Glenview; Brian J. Plonka of Lincolnwood; Kristian R. Kopinski of Morton Grove; Lillian A. Lukowski and Karen Nosalik of Niles; Kathleen R. Ansenberger, Michael Eller and Dan Lanno of Park Ridge; Stavroula Drougas, Barbara Fritz, Lori M. Isaacson, Teresa Lewandowski, Laimie H. Silver, and Susan Stepen of Skokie.

Sports reporter at Niles North



NBC Channel 5 Sports Reporter, Tom Shaer, joins Niles North teacher, Jean Ordonez. Mr. Shaer was a guest speaker at Journalism Seminar 1999 held at Niles West High School. Ms. Ordonez and Niles West teacher, David Klingenberg, organized the all-day conference. Guest speakers in the field of broadcasting, newspaper reporting included eighth grade students to journalism, reporting, photography, newspaper layout and design. Junior High Schools that participated were Lincoln Hall, McCracken, East Prairie, Old Orchard, Park View, and Fairview.

SIUC to recognize top honors students

Southern Illinois University Carbondale will recognize 1,993 undergraduate students who have achieved academic excellence at spring Honors Day ceremonies Sunday, April 11, on campus.

Honors recognition goes to full-time students with cumulative grade-point averages of 3.5 or better (on a 4.0 scale) on SIUC coursework completed through fall semester 1998.

Students who receive special

awards and prizes are also named in the official Honors Day Program. Area students are:

Maria C. Weber and Keith Alan Wetendorf of Des Plaines; Jeff V. Pascale, Glenview.

Kristy J. Stevens, Morton Grove.

Michael Lucien Bruno, Angelica C. Collet, John J. Kopee and Izabela Werner all of Park Ridge.

Honey Mae L. Lee and Kenneth Joseph Mantel of Skokie.

'Educator of the Year' named at Oakton

Marilyn D. Glazer, Oakton Community College adjunct faculty in real estate, has been named the 1998 Educator of the Year by the Association of Illinois Real Estate Educators (AIREE). This distinction follows her award as the 1997 Educator of the Year by the National Association of Realtors.

Glazer has a bachelor of arts degree from Northeastern Illinois University, Chicago, and a master of arts degree in education from Northern Illinois University, DeKalb. She teaches real estate pre-license and continuing education courses through Oakton's Alliance for Lifelong Learning program and serves as chairman of Oakton's

Real Estate Advisory Committee.

A Skokie resident, Glazer owns Marilyn D. Glazer, Realtor and Glazer Enterprises, Inc. Active in her community, she is director of the North Shore Community Housing Resource Board (CHRB); a member of the Skokie Caucus party; and a trustee and publicity chairman of Congregation B'nai Jehoshua Beth Elolium, Glenview.

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School News

District 207 Educational Foundation creates endowment fund

District 207 has an Educational Foundation which hopes to raise in excess of \$20,000 this school year to provide extended learning opportunities for students. Established in 1993, the

Maine Township Educational Foundation is a non-profit tax exempt organization that operates independently of the district Board of Education. It is governed by a volunteer Board of 15

Illinois Wesleyan Dean's List

The Dean's List for the fall semester of the 1998-99 academic year at Illinois Wesleyan University includes 685 students. To be on the Dean's List, a student must have a grade-point average of 3.5 or better during the semester, based on 4.0.

Area residents are: Mari E. Kitan, Mary G. Lindgren, Alisan-dra Jezek, and Kristin A. Yoshida of Des Plaines; Elizabeth A. Dier-

beck, Cathlene H. Hyun, Saeyael K. Lee, and Dana N. Rebalchenko of Glenview; Christopher James Stoll and Daniel E. Witte of Niles; Manali Doshi, Paul D. Guercio, Nicholas G. Harlam-popoulos, Heather M. Kura, Donald M. Kura, Jr., Jeffery R. Leist, Joseph V. Rodino, and Kathryn E. Vojack of Park Ridge; Inna Kagan and Naomi Kato-Stamper of Skokie.

Meet the Teacher at St. John Brebeuf

My name is Sister Carol Ann Hauber, and this is my 27th year of teaching at St. John Brebeuf. I was born and raised in Iowa and I am one of six children who resided on a farm.

I received my BA in History and Elementary Education from Briar Cliff College in Sioux City, Iowa and earned my MA in Reading from Clarke College in Dubuque, Iowa.

As a Franciscan Sister, I taught grades 1, 2 and 3 at St. Mary's in Waterloo, Iowa and Sacred Heart in Dubuque, Iowa prior to coming to St. John Brebeuf where I remain teaching 4th grade.

I've enjoyed working these past years with a wonderful, friendly teaching staff. The families of St. John Brebeuf, who take great pride in their school, have been very supportive. Edu-

cating the 4th Grade students is a stimulating, challenging, and rewarding experience.

Each year I attend various workshops and seminars to keep up with current trends in education. For the past two years, I've been focusing on Computer Education.

During the summer, I enjoy crafts, sewing, reading and going to movies and concerts. I also enjoy traveling and visiting museums and historical sites. With my brother's help, I was able to travel to Hawaii and later Europe to visit my sister and family stationed in Germany. Seeing the cities of Paris, Rome, Florence and Switzerland & Germany countryside was educational as well as enjoyable. Someday, I still plan to return to Italy and visit Assisi where St. Francis lived and died.

Dual admission agreement with Northern Illinois University

"Seamless transition" from a two-year college to a four-year university is the goal of an innovative dual admission program signed recently by Oakton Community College and Northern Illinois University.

"Many of our students transfer to Northern," says Oakton President Margaret Lee. "Our new dual admission agreement will make transfer even smoother and ensure that students select courses appropriate for their intended major."

Under the terms of the agreement, any student who meets admission requirements for both Oakton and Northern may apply for dual admission. Those admitted to the program will receive counseling and academic advis-

ing from both institutions to ease their eventual transfer to the university. Each semester, as the students complete courses toward an associate's degree at Oakton, Northern will evaluate their records and provide regular updates that track their progress toward meeting the university's baccalaureate degree requirements.

In the past year, Oakton has joined in similar partnerships with Roosevelt University and Western Illinois University.

For information regarding the program, contact the Oakton Student Service Center at (847) 635-1741 or Northern's Office of Admissions at (815) 753-0446 (toll-free in Illinois at (800) 892-3050).

'Pompeii...Buried Alive!'



Peer - teams worked very hard in making this large mural of Mount Vesuvius violently erupting down on the ancient Roman city, Pompeii, Italy in 79 AD.

The children also constructed their own volcanoes and made them erupt, which helped them to learn about chemical reactions. The third graders viewed videos about the destruction of Pompeii and the geological rock formations that form volcanoes. St. John Brebeuf's 3rd graders enjoyed reading Pompeii...Buried Alive! by Edith Kunhardt.

Shown L to R: Peter Kwon, Jimmy Vondruska, Alec Fries, Stephanie Rescobar and Sonu Joseph

GTE FOCUS grant awarded to NEIU

The GTE Foundation recently awarded a 1998 GTE FOCUS grant for \$30,000 to Northeastern Illinois University (NEIU). This grant will be used to fund N-Connects, a program designed to promote the recruitment and retention of qualified minority students who pursue undergraduate degrees in mathematics and science.

NEIU president, Salme H. Steinberg said, "The program N-Connects exemplifies our mission of access, excellence, and diversity. This grant highlights the quality of our outreach efforts."

NEIU's proposal, "N-Connects: A Program to Recruit Urban Minority Students to Math

and Science," was written by Professor of Chemistry, Paul Piskozim and Associate Professor of Mathematics, David Rutschman. It was one of fifteen proposals nationally selected to receive a GTE FOCUS grant. "N-Connects" explains Rutschman, "means Northeastern connects inner-city students with science and mathematics. We will offer an exciting series of interdisciplinary enrichment workshops for high school students as well as other events promoting mathematics and science."

Northeastern Illinois University is a state university serving more than 10,000 commuter students. It is located at 5500 N. St. Louis Ave. in Chicago.

Niles West

Stock Market Game

Niles West students in Pat Savagay's Consumer Economic classes recently took four of the top five places in the Annual Stock Market Game sponsored by the Illinois Council on Economic Education and The Chicago Tribune. Student teams invested \$100,000 in hypothetical money over a ten-week period.

Niles West teams placed first with earnings of \$57,215, second with \$55,897, fourth with \$47,458 and fifth with \$46,580 in the Northern Illinois region, in which over 300 teams completed. This is the second year in a row that Niles West has won.

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Pioneer Park ...

Continued from Page 1

mini-golf-as soon as possible, even before the entire park is completed.

LoVerde said April 6 that he hoped to open the revenue-producing parts of the park the week of April 12. The remainder of the park is tentatively scheduled to open May 8, opening day of the Niles Baseball League, when the opening day parade is also scheduled.

The teams have been relocated to other Niles parks for their pre-season practice sessions to give the grass at the new park a chance to take hold, LoVerde said.

"I'm very pleased," LoVerde said. "It's [Pioneer Park] going to be a wonderful addition to the community."

The additional field house, the modern spot lights, improved mini-golf facilities and other technical items are among the improvements LoVerde highlighted in describing the new park.

The name of the new park was suggested by Val Engleman, a Park Board member, after the board requested suggestions from residents for naming the new park.

Engleman, as a Niles resident, submitted the name, Pioneer Park, a Place to Explore, along with an essay explaining that no single individual or ethnic group should be honored, but all the pioneers who founded the Village of Niles and contributed to its growth during the past century of its existence.

"I thought it [Engleman's suggested name] was very appropriate," LoVerde said. The Park Board received around 100 suggestions mainly from Niles residents, but some from other places including Chicago, LoVerde said.

LoVerde said that a smaller park, a "Tot Lot," will remain at the Jozwiak site. The existing playground will be relocated to the southwest corner of Touhy and Franks in what LoVerde described as "a pocket of the existing field."

The vacated land at the former Jozwiak site will be used to expand the present Public Service building and to construct two new

buildings, LoVerde said. The buildings will be used mainly to house Public Service Department equipment, which, with the growth of the community, has increased substantially over the years, LoVerde said. The new Public Services facility will be a great addition to the community also, LoVerde said.

On the more sensitive issue of the much-debated proposed take-over of the Park District by the Village Board, LoVerde said that not knowing what the future of his department will make him uncomfortable and raises the "fear level" making Park District employees apprehensive.

"We're trying to create stability," LoVerde said. The perennial debate about the take-over of the Park District undermines that effort, LoVerde said.

However, LoVerde said he is using that uncertainty to motivate his department to do an even better job, moving forward to deliver the best possible services to residents.

LoVerde said his personal goal is to reduce the debt he inherited from the previous administration when he was named to his position.

Regarding the new Wellness Center which the Village opened near the new Village Hall in the Civic Center Plaza, LoVerde said the whole community benefits from the excellent new facility, which the Village runs.

"Eventually the Park District will be able to help with some of the programming [at the Wellness Center]," LoVerde said. "They need to get on their feet first. I see it as a cooperative effort," LoVerde added that the Park District would never have been able to finance the new state-of-the-art fitness center by itself.

LoVerde concluded that the success of the new Wellness Center, which, he said, has been very well received, along with the opening of Pioneer Park heralds a great new phase for Niles. "We're very excited about the future of the Park District," he said.

Candidates ...

Continued from Page 1

pened to the excess money when the district borrowed \$4 million to expand Nelson School but paid out only \$2.5 million of it.

Ginzburg, a business valuation and appraisal consultant and former college instructor, charged the district with mismanagement of funds and questioned its ability to handle money.

Another of the five candidates for the three available seats, Sonja Wisniewski-Mess, also wants to explore other options before supporting a referendum. She also calls for the district to solicit more bids before awarding contracts.

Incumbent candidate Anne E.

Marzullo is also questioning the fate of the \$4 million bond issue used to finance the Nelson addition. Marzullo called for greater accountability and promised she would push for more debate before approving any proposed tax increases.

John Jekot, currently on the Niles Park District Staff, said reducing the current debt level should be the priority before any additional borrowing is considered.

Jekot said either refinancing or creative financing of the current debt should be undertaken now before capital improvement is adversely affected.

Air study ...

Continued from Page 1

were not made available to the public. That is why he and mayors of other communities similarly affected are taking matters into their own hands by conducting a study of their own.

Pollution studies conducted in other cities, such as Seattle, have revealed extensive air quality damage to buildings and furniture. Wietecha said that O'Hare, the world's busiest airport, must be producing the most pollution.

An air quality test conducted by a Park Ridge firm last year showed pollution, Wietecha said. Blase said he was satisfied after discussing the matter with Wietecha that the air quality tests would be able to distinguish between aircraft exhaust pollution and emissions from vehicles and buildings in industrial and retail areas.

Blase said he was satisfied after discussing the matter with Wietecha that the air quality tests would be able to distinguish between aircraft exhaust pollution and emissions from vehicles and buildings in industrial and retail areas.

Gas station ...

Continued from Page 1

bers expressed concerns regarding property located behind the gas station. This area would stand only 6 feet from the edge of the gas station property, and would be in violation of the 20 foot buffer zone needed around all commercial buildings. The owner of the property located behind the station was on hand and explained that the area was in fact abandoned commercial buildings themselves, and that no zoning laws would be violated.

Now the matter goes before the Board of Trustees for final approval. If you would like more information about the subject, including the date and time the Board of Trustees will discuss the matter, please contact the Village of Niles.

Regarding the new Wellness Center which the Village opened near the new Village Hall in the Civic Center Plaza, LoVerde said the whole community benefits from the excellent new facility, which the Village runs.

"Eventually the Park District will be able to help with some of the programming [at the Wellness Center]," LoVerde said. "They need to get on their feet first. I see it as a cooperative effort," LoVerde added that the Park District would never have been able to finance the new state-of-the-art fitness center by itself.

LoVerde concluded that the success of the new Wellness Center, which, he said, has been very well received, along with the opening of Pioneer Park heralds a great new phase for Niles. "We're very excited about the future of the Park District," he said.

Builder's Square ...

Continued from Page 1

company is attempting to find jobs for the displaced employees in Builder's Square stores in other markets or in other businesses, she said.

The store closing will have little or no effect on the property's status in the TIF district, according to Village Manager Abe Selman. Selman said he is confident another tenant will be found for the 100,000-square-foot building.

Assistant Village Manager Ghida Sahyouni said that although the village has received no official inquiries about the property to date, the building's location near the Target store is a thriving business district.

Matthew D. Pitts

Navy Seaman Matthew D. Pitts, a 1998 graduate of Glenbrook South High School of Glenview, recently departed on a four-month deployment to the South Pacific while aboard the guided missile frigate USS Rentz, home ported in San Diego. He joined the Navy in June 1998.

AKC offers tips on how to manage pet allergies

Is that tiny sneeze and runny nose a cold coming on? Or could it be the unthinkable...you're allergic to your beloved dog Fido? The one your eight-year-old daughter won't let out of her sight, the one who warms your heart because it's always happy to see you and never complains.

Studies show that approximately 15% of the population have an allergic reaction to dogs or cats. If you happen to be one of those who have both pet and seasonal allergies, you could be in for a triple whammy this year. Some sources say that, with El Niño and the erratic weather, it could be the worst allergy season in 20 years (and start 4-6 weeks early).

But before you think the only way to lessen your suffering is to part with your dog, let the American Kennel Club, the nation's leading authority on purebred dogs, answer some questions and offer tips.

How do I know that allergies are causing my rash, or my sneezing and itchy eyes?

Go to an allergist. If you have a dog, go to one specializing in allergies to animals.

What is an allergy? And an allergen?

An allergy is your autoimmune system's reaction to a substance which, although it may not actually be harmful, your body's responding to as if it were—and producing antibodies to trap and remove the invading substance. An allergen is the substance your body is allergic to. It is usually so tiny it is invisible to the human eye, such as dust, pollen, or pet dander.

Is all my sniffing and sneezing my dog's fault?

Maybe and maybe not. Allergies are cumulative. So don't be so fast to blame it all on Fido. Most people who are allergic, are so to more than one allergen. Your overall allergic reaction depends on the allergen level in your environment, i.e. how many allergens, and how much of them, are around you.

For example, if you are allergic to dust, insecticide, cigarette smoke and dog dander, and all of these are around your home, your body is being aggravated by multiple allergens. It's sort of like balancing an equation. If you want to reduce the intensity of your allergic reaction, you'll need to reduce the overall allergen level in your environment.

What part of my dog am I allergic to, its fur?

No, although that's one of the most common misconceptions. The canine allergen is a protein that can be carried either in your dog's dander (dead skin flakes), saliva or urine. The particles can become and stay airborne for a long time, or they can lodge in clothing, a couch or rug.

I love my dog. If I find out that I am allergic to it, does it mean I have to give it up?

Not necessarily. You may be

able to manage the allergen level in your home so that Fido can stay in your side. Here are tips:

For you:

- First, go to an allergist.

For your dog:

- Bathe your dog every week or so. Check with your veterinarian as to not to dry out your dog's skin.

- Have a family member (who is not allergic) brush your dog a few times a week outdoors to minimize indoor shedding. The fur can have dander on it when it falls off.

- Feed your dog a well-balanced diet to help minimize hair loss.

For your home:

- Keep your dog out of your bedroom and other rooms you spend a lot of time in. The bedroom is the most important since you spend hours sleeping there.

- Get plastic covering cases for mattresses and cushions. Use cases with plastic zippers so allergens already inside can't get out.

- Use non-allergic fillings, such as polyester, for beds, pillows, etc.

- Keep as many surfaces as possible in your home washable (and, of course, wash them!). If you have hardwood floors, choose a washable area carpet. If you already have wall-to-wall carpeting, steam clean it once in a while (vacuuming only gets the top layer).

- Get a filter for your vacuum to keep allergens trapped inside rather than passed through with outgoing air.

- Ask your allergist about a good air purifier and filter.

- Replace air-conditioning and humidifier filters on a regular basis.

- Please note that allergens are "sticky," so that superficial or spot cleaning won't produce significant results. In fact, if your dog has been sleeping on the bed, you should replace your bedding.

Are some dogs better than others for people who are allergic to them?

Yes. There are breeds that possess a single layer coat and usually produce less dander than double-coated breeds. They include the Poodle, Bichon Frise, Bedlington Terrier, Miniature Schnauzer, Kerry Blue Terrier, Soft Coated Wheaten Dog, Italian Greyhound, Basenji and the Chinese Crested.

If you would like a free AKC Dog Buyers Education or Responsible Dog Ownership packet, write to the AKC, 5580 Centerville Drive, Suite 200, Raleigh, NC 27606-3390; call (919) 233-9767; or fax (919) 233-3627; or E-Mail to: info@akc.org. If you're interested in purchased dogs, dog shows, or would like to know more about the AKC, visit our website at: www.akc.org. The AKC was established in 1884 to promote the study, breeding, exhibiting and advancement of purebred dogs.

Imagine for a moment - if you haven't already - that you are one of the "Lucky 13". That's the group of 13 machine shop workers in Ohio who recently split the \$295.7 million Powerball lottery jackpot. What would you do with all that money?

Most of us will never win a lottery, of course. But many of us could come into a large sum of money during our lifetime. It might be an inheritance, an investment that pays off spectacularly, proceeds from the sale of a business, a divorce settlement, a lump sum retirement payout or a lawsuit settlement. Unfortunately, many people think such large sums of money will last forever and they end up mismanaging the money. Years ago, a study found that 90 percent of the people who win a lottery or a large settlement spend all the money within five years. So what do you do when the big check arrives?

Do nothing. At least, nothing rash. Take a deep breath and relax. Deposit the money in a money market mutual fund, short-term Treasury bills, interest-bearing bank account or other safe, liquid account. Don't think about investing it yet, or spending it.

Keep perspective. A lump sum of money may not really be as large as it looks. For example, one million dollars is what a person earning \$25,000 a year makes over a working lifetime.

Consider taxes. Before you start investing or

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D055761 on the MAR. 22, 1999. Under the Assumed Name of JOE TRUCKING with the business located at 7923 TRIPP AVENUE, SKOKIE, ILLINOIS 60076. The true name(s) and residence address of owner(s) is: DIKSEN BANYAMIN, 7923 TRIPP AVENUE, SKOKIE, ILLINOIS 60076.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D055695 on the MAR. 19, 1999. Under the Assumed Name of JAVA AND BEYOND ART GALLERY with the business located at 9109 SKOKIE BOULEVARD, SKOKIE, ILLINOIS 60077. The true name(s) and residence address of owner(s) is: ABRAHAM KASIR, 9109 SKOKIE BLVD., SKOKIE, ILLINOIS 60077.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D055540 on the MAR. 12, 1999. Under the Assumed Name of WRAP IT UP with the business located at 3412 MILWAUKEE, NORTH-BROOK, ILLINOIS, 60062. The true name(s) and residence address of owner(s) is: JOHN L. SARTAIN, 1492 WILLOW AVENUE, DES PLAINES, ILLINOIS, 60016.

What to do with a financial windfall

spending your windfall, set aside enough money to cover taxes. A financial planner recently met with a lottery winner, only to discover that the winner had spent in two months her entire first annual annuity check - several hundred thousand dollars - before she'd paid all the taxes due. A large windfall will probably push you into a higher income-tax bracket, so you'll need to do some tax planning.

Set goals and budget. A windfall may dramatically change your life goals. Think about them and write them down. Keep in mind that the money may not really be a "windfall." Money from a court settlement, for example, might be desperately needed to pay medical bills and replace current and future income lost because of a disabling injury or a death. It's critical that this money be budgeted - perhaps for the rest of your life.

Invest your money. Only after you've established short- and long-term goals and set up a budget should you consider where to invest some or even most of the money. Even a modest windfall can grow into a much larger windfall if it's properly invested. Diversify among a variety of appropriate investments. If you are not familiar with investing, educate yourself - even if you hire professional financial advisors.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D055762 on the MAR. 22, 1999. Under the Assumed Name of JOE TRUCKING with the business located at 7777 N. NORDICA, NILES, ILLINOIS 60714. The true name(s) and residence address of owner(s) is: YOUSIF YOUSIF O. 7777 N. NORDICA, NILES, ILLINOIS 60714.

LEGAL NOTICE

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Watch out for scams. Big money winners are besieged with "get-rich-quick" schemes, some of them outright fraudulent.

Check your emotions. Few people are emotionally prepared for suddenly coming into a large amount of money. People who inherit money - even those who grew up with wealth - report feeling guilty about receiving money they didn't earn. Some deny even to themselves they have money. Friends, relatives and acquaintances may suddenly treat them with resentment, or play on their guilt for handouts. Business owners who sell their businesses may become wealthy overnight, yet feel as if they've lost a part of their personality.

Review your estate plan. You may need to update your wills, or write them if you don't already have them. Trusts and a gifting program may be called for should you want to pass on some of your newfound wealth to your children or charity. Estate tax is

sues also may loom, so it's especially critical that you review your estate plan with an attorney before claiming a lottery ticket or receiving an inheritance. Hire financial professionals.

Healthy Kids Day

On April 9th, the Leaning Tower YMCA calls special attention to the importance of children's safe, healthy development through 1999 YMCA Healthy Kids Day. A special evening of family learning and fun. This year's seventh annual Healthy Kids Day emphasizes the fact that attaining and maintaining good health can, and should be, enjoyable.

The YMCA has many different activities and snack ideas planned for: April 9th - 7-9 p.m. in the Oakwoods Room. Healthy Kids Day is a national event aimed at getting families to understand and avoid these risk behaviors together.

This is a Free program. For

The Lucky 13 were smart. Shortly after they learned they won, they met with an attorney who wisely advised them to hire lawyers and financial advisors and "learn how to say no."

Andrew Hyde

Marine Lance Cpl. Andrew Hyde, son of Richard D. and Monica B. Hyde of Chicago, recently completed a six-month deployment to the Mediterranean Sea and Arabian Gulf with the 22nd Marine Expeditionary Unit (MEU) embarked aboard the ships of the USS Saipan Amphibious Ready Group (ARG). The 1996 graduate of Notre Dame High School joined the Marine Corps in August 1997.

LEGAL NOTICE

PLEASE TAKE NOTICE

VILLAGE OF NILES AMENDED AND EXPANDED TOUHY/CENTRAL REDEVELOPMENT PROJECT AREA NO. 5

Notice is hereby given that on April 27, 1999, at 8:00 p.m., in the Village Hall Council Chambers, 1000 Civic Center Drive, Niles, Illinois, a public hearing will be held to consider the amendment of the Existing Redevelopment Plan No. 5 and the amendment and expansion of the Existing Redevelopment Project Area No. 5 to be called the "Amended Redevelopment Plan No. 5." The Amended Redevelopment Project Area No. 5 consists of the territory legally described as follows:

THOSE PARTS OF THE SOUTHEAST QUARTER OF SECTION 29 AND THE NORTHWEST QUARTER OF SECTION 32, ALL IN TOWNSHIP 41 NORTH, RANGE 13, EAST OF THE THIRD PRINCIPAL MERIDIAN, COOK COUNTY, ILLINOIS, DESCRIBED AS FOLLOWS: BEGINNING AT THE INTERSECTION OF THE SOUTHERLY EXTENSION OF THE EAST LINE OF CENTRAL AVENUE HERETOFORE DEDICATED PER DOCUMENT NUMBER 22725953 AND THE SOUTHY AVENUE RIGHT OF WAY BEING 100 FEET WIDE; THENCE NORTH 00 DEGREES, 49 MINUTES, 37 SECONDS EAST ALONG SAID SOUTHERLY EXTENSION AND EAST LINE OF CENTRAL AVENUE, 1402.06 FEET TO THE EASTERLY EXTENSION OF THE NORTH LINE OF JARVIS STREET HERETOFORE DEDICATED PER SAID SECONDS WEST, ALONG SAID EXTENSION AND NORTH LINE OF JARVIS MILWAUKEE AND ST. PAUL MARIE RAILROAD CURRENTLY THE SOO LINE RAILROAD; THENCE SOUTH 21 DEGREES 25 MINUTES 12 SECONDS EAST, ALONG SAID EASTERLY RIGHT OF WAY LINE, 1504.80 FEET TO SAID SOUTH LINE OF TOUHY AVENUE; THENCE NORTH 89 DEGREES 53 MINUTES 56 SECONDS EAST ALONG SAID SOUTH LINE, 1467.59 FEET TO THE POINT OF BEGINNING CONTAINING 56.40 ACRES, MORE OR LESS.

The area was formerly occupied by a large industrial facility at the intersection of Touhy Avenue and Central Avenue, Niles, IL, and the surrounding roadways on the north, east and south.

There will be considered at the hearing the proposed Amended Redevelopment Plan for the Expanded Redevelopment Project Area. The objectives of the Amended Redevelopment Plan are to encourage the redevelopment of the Expanded Redevelopment Project Area. The objective is to be accomplished by utilizing public finance techniques including but not limited to tax increment allocation financing. The Amended Redevelopment Plan provides for the financing of site preparation, utility removal, demolition and environmental clean up of existing buildings and sites, infrastructure improvements within the area, especially the roadway and water systems, and site grading and clearance. In addition, the financing of the Amended Redevelopment Plan provides that its objectives may be achieved by the Village entering into redevelopment agreements with developers regarding qualified projects. A draft of the Amended Redevelopment Plan relating to the proposed Redevelopment Project Area is on file and available for public inspection at the Village Clerk's office, 1000 Civic Center Drive, Niles, Illinois.

Prior to the date of the hearing each taxing district having property in the proposed Expanded Redevelopment Project Area and the Illinois Department of Commerce and Community Affairs may submit written comments to the Village, to the attention of the Village Clerk, Village of Niles, 1000 Civic Center Drive, Niles, Illinois, 60714.

At the hearing, all interested persons or affected taxing districts may file written objections with the Village Clerk and may be heard orally with respect to any issues regarding the designation of the Expanded Redevelopment Project Area and approval of the Redevelopment Plan. The hearing may be adjourned without further notice other than a motion to be entered upon minutes of the hearing fixing the time and place of the subsequent hearing.

Kathy Harbison
Village Clerk

Home Style

Get a move on if you're planning to relocate

As Spring approaches, "For Sale" signs will begin to sprout up as many families prepare to change residences. Almost 50% of all moves take place between June 1 and September 30. If you're among the millions of families that will be relocating this summer, it's not too soon to begin planning for a successful move.

"Better Business Bureaus have received a steady increase in complaints against moving companies the past few years," said James E. Baumhart, president/CEO of the Better Business Bureau of Chicago & Northern Illinois. "From 1995 to 1997, the number of complaints nationwide increased from 2,868 to 3,736 - a 30% jump. At the local level, we receive more than 450 complaints against moving companies each year."

The most common complaints allege: missed pickup or delivery dates; charges that exceed the estimate provided; and disputes regarding claims for lost or damaged goods.

How can a consumer avoid these and other pitfalls?

"Perhaps the most important advice is to select a good moving and storage company. There are thousands of responsible, reputable moving and storage compa-

nies that do not have a pattern of complaints. To find out who the best movers are, ask friends, relatives and co-workers for recommendations. Also check with the BBB for a reliability report and whether the company is a member of the BBB and follows the membership standards," said Baumhart.

Selecting a mover: Once you've compiled a list of movers, contact them for additional information and to compare their services. Inform them of your destination and the timing of your move. Obtain an in-home, visual estimate. How professional is the company representative? Ask for a written estimate and know whether it's a binding or non-binding estimate. Reach a clear understanding about the amount of packing and other services needed. Carefully compare each estimate to see which company best suits your needs and budget.

What about insurance? Some customers mistakenly assume that the moving company is insured to cover the full value of their good at no extra charge.

That is not the case. Unless the consumer makes specific arrangements, the mover generally assumes liability for the shipment at an amount equal to 60 cents per pound, per article.

The consumer may obtain additional liability protection, at an extra charge, from the mover. The levels of liability and charges for each option vary. Consumers should assess the various options, check to see what might already be covered under their homeowner's insurance policy, and then purchase the coverage that best meets their needs. If a specific amount of insurance is requested, that amount should appear on the lading/freight bill and the consumer should obtain a copy of the insurance policy that the moving company obtains.

"Another important insurance issue to consider is whether the company representative has insured its employees," the BBB president advised. "Ask for proof of workers compensation coverage and call the insurance company to verify the coverage."

Claims and Complaints: Be physically present when the mover both loads and unloads your belongings to check that everything has been packed and arrives in good condition.

"If goods are missing or damaged, make sure you report that fact promptly and in detail on the van driver's copy (the original) of the inventory sheet before you sign it," said Baumhart. "If you notice damage after unpacking, a

claim must be filed in writing, with a specific dollar amount stated, within nine months after delivery. However, it's to your advantage to report damage as soon as possible."

If the moving company is not responsive, the consumer can

contact the BBB where the company is headquartered to initiate a complaint process. Call 312.832.0500 or 1.800.225.5222 or use the state-by-state directory on the BBB web site at www.chicago.bbb.org to file a complaint.

Check for improperly inflated tires

Because Illinois' recent cold spell included freezing temperatures, many motorists may be driving on underinflated tires today. Air contracts in the cold and tires lose about one pound of pressure for every 10-degree drop in temperature. A tire inflated properly in the fall could be five pounds underinflated by mid-winter.

Q. What are the dangers of improperly inflated tires?

A. "The center of an underinflated tire is not in contact with the road, resulting in uneven tread wear, decreased traction and steering control, and reduced gas mileage. Underinflated tires also are more likely to come off the rim or separate from the wheel if you hit a pothole or make

a sudden stop.

Overinflated tires lose traction and are more prone to blowouts because the center of the tire is higher and wears down faster than the rest of the tire.

Q. What are the guidelines to inflate tires properly?

A. "Tire pressure or maximum 'psi' (pounds per square inch) usually is listed on the driver's side door jamb or stamped on the tires. Use an air pressure gauge to inflate the tires, but be careful not to overinflate."

"Check tire pressure at least once a month or whenever there is a sudden temperature drop. Checking tire pressure weekly or when you fill up the gas tank will ensure that your tires do not get too low."

Tips for an All-American Lawn

From Lowe's Home Improvement Warehouse and Briggs & Stratton

Mowing

- Cut lawn once a week.
- Mow in different patterns to avoid permanent ridges.
- Only remove top third of grass (about 1") with each cutting. For most lawns, the optimum height is two inches.
- Always use a sharp mower blade to prevent injury to the grass.

Watering

- Provide lawn with approximately one inch of water per week.
- Water once deeply, instead of several times lightly.
- Water in the early morning or evening to reduce evaporation.

Developing Healthy Soil and Roots

- Test soil to determine which nutrients are needed. Contact a local government agency extension or nursery for testing information.
- Feed lawns with a slow-release high nitrogen fertilizer about once every six weeks, be-

- ginning in the spring.
- Fertilize in late fall to keep roots healthy during the winter.
- Rake thatch (roots, dead leaf sheaths and rootstalks) in spring to allow mowed grass clippings to reach the soil.
- Aerate the soil a couple times a season may be necessary to allow water and nutrients to reach the grass roots.

Making for a Cleaner Environment

- Leave grass clippings on the lawn. They decompose quickly and put nutrients back into the soil.
- Avoid spilling gasoline by filling lawn mower gas tank only 3/4 full.
- Wipe up gasoline spills immediately.
- Check oil on lawn mower regularly. Add oil as needed.
- Change spark plug and clean or replace air filter each year.
- Every two years, take lawn mower to an experienced service technician for a safety and maintenance inspection.

Things to know before you mow

More than 60,000 people were treated last year in hospital emergency rooms for lawn mower injuries -- casualties of burns, thrown-objects, falls, dismemberment and electric shock. Avoid being a statistic this spring season by following some common sense safety tips from Underwriters Laboratories Inc. (UL), an independent, not-for-profit product safety testing and certification organization, when operating your lawn mower.

- Before operating your mower, make sure you have read the owner's manual thoroughly, noting all safety and operating instructions. Learn the controls well enough to act instantly in an emergency and to stop the machine quickly.
- If you have a gasoline-fueled mower, store the gas in a UL Listed safety can. Fill the mower outside, using a funnel to prevent spills. Stay away from possible ignition sources and replace the gas cap firmly when done. Before starting the mower, be sure it is on level ground; disengage all clutches and use the correct starting procedure described in the owner's manual for your mower.

• Always start the mower outdoors. Never operate the mower where carbon monoxide can collect, such as in a closed garage, storage shed or basement.

• Electrically powered lawn mowers should not be used on wet grass. Use an extension cord designed for outdoor use and rat-

er for the power needs of your mower. To reduce the risk of cutting the cord while you're mowing, start mowing in the area nearest the electrical outlet, then mow away from the outlet so the power cord will be behind you.

- Make sure all safety guards are in place and keep the mower's blades sharp. If you do hit a foreign object or have a mower malfunction, remember to turn off the mower and disconnect the power cord before inspecting for damage.
- Keep your hands and feet away from mower's blades. Never reach under the mower for any reason while the mower is in operation and make all adjustments with the motor off.

• Safe footwear is important, especially with walk-behind mowers. Make sure your shoes provide good traction to reduce slipping and have sturdy soles to resist punctures. Never work barefoot or in sandals, canvas shoes, etc.

- Never leave a lawn mower operational while unattended. Curious children, eager to help out, may get seriously injured.

By following the manufacturer's instructions as well as UL's recommended safe-use tips, you and your family can enjoy longer, safer use of your power lawn mowers. For more information on safe use of lawn and garden equipment, visit UL's Website at www.ul.com or call UL's fax-on-demand line at 1-800-473-4766.

Kitchen Walk showcases latest in design

The Parenthesis Parent Child Center in Oak Park will hold their 14th Annual Kitchen Walk on Saturday, April 24 from 10 a.m. to 4 p.m. Tickets are \$25 in advance. The day of the Walk they can be purchased for \$30 at the George Maher house, 201 S. Euclid Avenue.

This year's Walk will spotlight twelve newly-renovated Oak Park and River Forest kitchens designed to be as functional well into the next century as they are today. Each showcases the latest in design, cabinets, flooring, fixtures, appliances, countertops and much more.

A Kick-Off Party will be held Friday, April 23 at 6 p.m. at 201 S. Euclid. Ticket price of \$50 includes the party, a preview of the kitchen in the George Maher house and a Kitchen Walk ticket. All proceeds benefit the non-profit Parenthesis Parent Child Center at 405 S. Euclid in Oak Park.

For reservations or more information call 708/848-2227.

River Forest walking tour offered

A guided architectural walking tour of historic River Forest will take place on Sunday, May 2, at 2 p.m. Winding through the streets of this early Chicago suburb, visitors will view the exteriors of Prairie homes designed by Frank Lloyd Wright, as well as Gothic, Tudor and Italianate homes. The 90-minute tour departs from the River Forest Methodist Church, 7970 Lake Street, River Forest.

Fees: \$8 per person for adults; \$6 per person for seniors (65+) and youth (7-18). This program is one in a series of "Feature Tours" offered on the first Sunday of the month, April through November, by the Frank Lloyd Wright Home and Studio Foundation. For more information, call (708) 848-1976.

Quirky Lawn Care Advice

Submitted by the 1998 All-American Lawn Contest Entrants

- The following tips may be a little unconventional for most, but the entrants who implement them as a part of their overall lawn care regimens, swear by them!
- Create a mixture of sulfur, iron, copper and other minerals to keep insects away from grass.
- Develop a formula of molasses, dish soap, liquid lawn food and beer for fertilizer that promises a thick, green, weed

free lawn that feels good beneath bare feet.

- Utilize a mixture of 7UP soda, liquid dish soap and mouthwash to break down thatch.
- Cover bare spots in the lawn with cardboard when applying weed and feed. After the application, remove the cardboard, loosen topsoil and mix in peat moss and starter fertilizer.
- Invest in donkeys. Donkeys eat anything, including grass that grows outrageously.

DON'T WAIT

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Plant aloe vera: Relieve a cold sore

You're dressing for a special event when a familiar tingling sensation crosses your lips. One quick look in the mirror confirms an unsightly and irritating cold sore. The best modern remedy may be the aloe vera plant, which has been used to heal skin for more than 2,000 years, and recently has gained attention as an alternative treatment for some oral health conditions, according to a study in General Dentistry, the clinical journal of the Academy of General Dentistry.

Long recognized for relieving itchy skin, poison ivy and burns, the gel from the aloe vera plant is gaining distinction for curing ulcerated lesions, both in and out-

side of the mouth. The news is good for a growing segment of the population seeking safe, natural treatments for common problems.

"A natural substance can be just as effective, and possibly safer than prescribed pharmacologic remedies," says J. Michael Adame, DDS, FAGD, former pharmacist, and spokesperson for the Academy of General Dentistry, an organization of general dentists dedicated to continuing dental education. In addition to its anti-viral and anti-inflammatory properties, aloe vera provides additional benefits to the skin, such as amino acids, B1, B2, B6 and C vitamins.

Dr. Adame recommends that cold sore sufferers apply aloe vera lip balm three times per day until the lesion has dried. "It will combat the sore and enhance healing," he says.

More dentists are recommending that patients consume aloe vera juice to treat various internal ulcerations of the mouth, including aphthous ulcer, a common condition usually caused by stress, and lichen planus, a disease of unknown origin affecting the skin and oral mucus membranes. Recent findings will show that aloe vera cleared up oral lesions associated with lichen planus better than any other traditional treatments.

Internist appointed at Resurrection

John B. Watson, M.D., has been appointed to the medical staff at Resurrection Medical Center, 7435 West Talcott Avenue.

Dr. Watson, of Chicago, received his bachelor's degree from Loyola University, Chicago, and his medical degree from Loyola University Stritch School of Medicine, Maywood. He completed an internship, a residency and a fellowship at Cook County Hospital. Dr. Watson worked as a medical missionary in Peru for two years. He is board certified in internal medicine and also specializes in hematology. He has a special interest in patients with anemia.

Dr. Watson's office is located in Chicago at 2800 North Sheridan Road. Appointments can be made by calling 773-665-7845.

ARBOR DAY
The best time to plant a tree was 20 years ago. The second best time is NOW!

LGH opens new cardiac catheterization lab

Lutheran General Hospital opened its new state-of-the-art cardiac catheterization lab this month. One of three catheterization labs that operate twenty-four hours a day at the hospital, the new lab uses the latest digital technology, replacing the use of 35 millimeter film. Digital images provide improved images within five minutes, enabling physicians to diagnose patients and intervene quickly.

Digital technology eliminates the need for film, developing equipment and chemicals, reducing the cost of running the lab by more than half. All three labs at the hospital will use digital technology by the end of 1999.

The totally renovated lab also looks different. Most of the Integris H5000 system by Phillips Medical is now ceiling mounted, allowing for greater access to patients and a better perspective of the entire anatomy. An additional feature, a separate review station where physicians can review the images immediately on a PC screen is housed in an adjacent room to the lab. No more waiting to develop film.

Lutheran General Hospital, Park Ridge, is a recognized leader in cardiology services, with 42 board certified or board eligible cardiologists, and 3 cardiac surgeons. Three state-of-the-art catheterization labs, operating 24

hours a day 7 days a week, perform over 3,000 procedures each year with 2 physicians present at each interventional procedure to ensure that experience and quality are always provided. Surgery is performed in two operating rooms dedicated to cardiac surgery around the clock.

An entire range of the latest cardiac technology is offered: Electrophysiology (adults and Peds), Noninvasive Cardiac Testing, Pacing and Monitoring, Cardiac Rehabilitation, Adult and Pediatric Cardiac Catheterization and Cardiac Nuclear Imaging.

Lutheran General Hospital cardiology research activities focus on nearly one dozen clinical trials, and quality assurance protocols for chest pain and congestive heart failure provide full treatment plans resulting in reduced readmission rates for patients.

In 1998, Lutheran General Hospital performed invasive cardiology procedures that included 1,400 adult and pediatric catheterizations; 700 interventions; and 270 adult and pediatric electrophysiology studies.

Non-invasive testing included 6,156 nuclear cardiology; 28,410 ECGs; 540 Holter monitoring; 230 Transesophageal Echo; 975 Stress Echo; 8,500 adult and pediatric Transthoracic Echo.

The power of math explored

To some, mathematics may be a confusion of numbers and symbols. To educator Tom McDonald, Ed.D., it is a valuable source for the understanding of human life and dignity.

Hear his unique ideas about this topic when Oakton Community College's Emeritus lecture series presents God: "Awe Full" Math (HUM 509-83, Touch-Tone 7116) from 1:23 p.m. at Oakton's Ray Hartstein campus, 7701 N. Lincoln Ave., Skokie.

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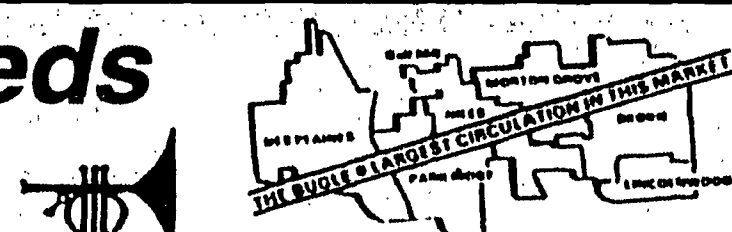
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NTJC Calendar of Events

Join us and participate in our Daily Minyan Monday-Thursday 7 p.m.; 6 p.m. Sat.-Sun.; Friday, April 9, 8 p.m. Erev Shabbat service, Saturday, April 10 services 10 a.m. & 7 p.m. Shabbat service at 11 a.m.; Friday, April 16 Family Shabbat Dinner. Everybody young & old enjoy our monthly dinners 6 p.m. service, 6-45 dinner & singing, 8 p.m. special study session.

For reservations & information call Sara Cohn 673-6355. Saturday, April 17 Shabbat Morning Services & Junior Congregation 10 a.m. Monday, April 19 & 26 & May 3 & 10.

Dawn Schuman Institute Adult Education: Major Issues Facing the Jewish Community in the Coming Millennium, Teacher: Rabbi Harold Stern.

Friday, April 23 Yom Ha'Atzmaut Seder (Israel's Independence Celebration) 8 p.m.; Saturday, April 24 Shabbat

Morning Service. Parents Club Special Program 7:30 p.m.

Sunday, April 25, 4 p.m. 125 Voices of the New Tradition Men's A Capella Chorus. Featured, will be a variety of popular musical offerings. The chorus, led by Jay Giallombardo, won its sixth consecutive Silver Medal at the 1998 International competition in Atlanta \$20 per person. Don't miss this event.

Friday, April 30 Gan Shabbat Dinner 6 p.m. Erev Shabbat Services 8 p.m.

Other Coming Events: Dawn Schuman Institute Monday, May 17 "Archaeology and the Hebrew Bible" by Prof. Steven Derfler, Thursday, May 20 Tikun Leil Shavuot.

Saturday, April 23 Yom Ha'Atzmaut Seder (Israel's Independence Celebration) 8 p.m.; Saturday, April 24 Shabbat

'Prom Night' drunk driving reenactment at Maine So.

The Park Ridge Fire Department and Lutheran General Hospital will collaborate in a powerful demonstration when they present "Prom Night," a drunk driving reenactment of a prom night car accident due to drinking and driving on Wednesday, April 14, 9:30 a.m. (April 16 rain date), at Maine South High School, 1111 Dec Road, Park Ridge.

St. Scholastica Honors

The following area residents have achieved academic honors for the second quarter of the 1998-99 school year at St. Scholastica Academy.

Earning first honors are junior Helen McCallister and sophomore Stephanie Dumire. Senior Deborah Miller and sophomore Margaret Connors achieved second honors.

Maine East

Language Competition winners

Maine East students had the opportunity to win a \$30 first place cash prize by entering the recent annual "Famous Faces and Places" Contest sponsored by the foreign language department as part of National Foreign Language Week.

Cash prize money totaled \$55 and will be shared by Andrew Pukniet of Des Plaines (first place), Erica Lin of Glenview and Kelly O'Shea of Morton Grove (second place tie), and Carmela Cosentino of Des Plaines (third place).

Students had to correctly identify 40 photographs of people and locations related to languages taught in the Maine East foreign language curriculum. People included Beethoven, Leonardo da Vinci, Gen. Charles De Gaulle, Picasso, and Sammy Sosa. Locations included: Machu Picchu, Mont St. Michel, and Notre Dame Cathedral.

EIU Dean's List

Approximately 700 students have been named to Eastern Illinois University's Fall 1998 Dean's List. To be named to the Dean's List, a student must be in the top 10 percent of his or her college while carrying a full course load. The same eligibility requirements apply to students with undeclared majors and those enrolled in the Board of Trustees Bachelor of Arts degree program.

Students from Eastern's four colleges (Arts and Humanities; Lumpkin College of Business and Applied Sciences; Education and Professional Studies; and Sciences). Area students on the Dean's List are Elaine Lumbray of Des Plaines, Stephanie L. Rowley of Glenview, Catherine Dozalak of Niles, and Ann L. Kaminski and Bridget M. Matichen of Park Ridge.

Norwood Park Home Gala to honor four people

Four outstanding community leaders will be honored for their work on behalf of senior citizens by Norwood Park Home, 6016-20 N. Nina Ave., Chicago, at its Spring Gala '99 Annual Dinner Dance, on Sat., April 17. The event will be held at the Park Ridge Country Club, 636 N. Prospect Ave., Park Ridge.

Recipient of the Dr. Larsen-Dolan Award will be Henry G. and Bette Lilleberg, of Park Ridge, for their many years of voluntary dedicated service to the Home. Henry was a long-time active supporter of the Home and its many programs. He was a vocal member of the Board of Directors for many years and served on the Finance Committee during the 1970s when the building was expanded and upgraded. His wife, Bette, who he met in 1946 when she was selling raffle chances at the Home's annual picnic, was already a volunteer. They married

shortly afterward and she continues her work with the Home in a variety of capacities. Later, she became a member of the Women's Service League, serves as an officer and continues to volunteer in their thrift shop.

State Rep. Ralph C. Capparello, who is Dean of the Illinois House and Deputy Majority Leader, will receive the Norwood Park Home Friend of the Elderly Award for presenting and passing the Senior Citizens Bill of Rights. This is the first year the award is being presented and will be presented only when an individual is deserving of the honor.

Associate Judge Marjan Peter Stancic, Circuit Court of Cook County, also is a recipient of the Norwood Park Home Friend of the Elderly Award. Judge Stancic is the author of the Senior Citizens Bill of Rights which, in essence, spells out the entitlements which senior citizens deserve.

Serving as emcee for the special evening will be Orson Samuelson, agricultural services director since 1960 for WGN Radio, and presenter of the 2000 station syndicated National Farm Report. He makes more than 100 appearances annually as Master of Ceremonies, served as emcee in 1984 for President Ronald Reagan's "Hometown Birthday Party" in Dixon, Illinois and is widely heralded as the voice of agriculture throughout the country.

The significance of these presentations is that they occur during the International Year of Older Persons as designated by the United Nations. Proceeds of the event will go toward Norwood Park Home's capital campaign, Building A Second Century of Tradition. Norwood Park Home provides a wide range of care for its residents, including assisted living, skilled nursing, dementia care, respite, and hospice. Tickets for the Gala are available at \$150 each and may be obtained by calling (773) 611-4856.

SJB 4th grade news

During the month of February, in Social Studies, the 4th Graders studied the Presidents of the United States. Each student researched one of the Presidents of his or her choice. Material was gathered from various books and articles from the classrooms and libraries as well as their own homes. A classroom presentation was given using posters, note cards, and items related to their topic.

The 4th Graders are enjoying

their creativity. Their posters will be displayed later for others to view.

In Religion Class, we are hard at work studying and learning the 10 Commandments in preparation for the Sacrament of Reconciliation on March 23rd. On February 20th, the students and parents had a retreat day to share and prepare together for the Sacrament. Please keep the 4th Graders in your prayers.

Sophomore works hard to earn 1st Chair

"I'm gonna take that flute and break it over your head!" That is what you would hear in the household of young flutist Sara Heiman of Niles, every time she would practice. "It was awful. Every time she picked that thing up I wanted to break it," admits older brother Brad. "It was this ear piercing awful sound that would come from her room at least an hour everyday." However,

it didn't take long for her to improve, and now she is on her way to success in the Maine East Symphonic Band. Sara Heiman is sixteen-years-old and currently a sophomore at Maine East High School. In fact, one of the first courses she registered for as a freshman was band! In her second year at Maine East, she continues to play the flute and piccolo for

such programs as Maine East's Symphonic Band, Tri-M. Flute Choir, and in the pit for musical and V-show.

"She's a great musician and lots of fun to work with," says band conductor Mr. Ken Gelz. Sara says that the hardest part of being involved with the school's musical program is the constant need to practice and the relentless effort involved with playing a musical instrument.

She first picked up the flute in the fifth grade at Nelson Elementary School. "I knew I wanted to play an instrument," she remarks. "Since I was always attracted to the flute, it seemed the logical choice." Since her days at Nelson, she has gone through six conductors; and only two of which she liked. "I would have to say Mr. Gelz is my favorite band conductor. He's down to earth and makes learning music enjoyable," says Sara when asked which conductor was her favorite.

When not playing music, Sara keeps herself busy by participating in Deman Guard, a Maine East Saturday morning program teaching little kids how to swim. In the summer she participates in Morton Grove Park District softball. This past season, however, she quit to pursue further musical instruction.

Sara is only a sophomore, but she has already won a scholarship to a summer music camp at The University of Wisconsin in Whitewater. She has also played at the Krannert Center at the University of Illinois, Bethesda Naval Hospital in Washington, DC, and for Hillary Clinton upon her birthday return to Chicago at O'Hare Airport.

Sara hopes to pursue music after high school as well as a possible teaching career. She hopes to become a professional flutist.

Niles West Cheerleaders

Niles West Varsity Cheerleaders captured second place in the Libertyville Invitational at Libertyville High School. Freshman coach, Jessica Drexler, helped the squad prepare for the competition over the recent winter break. Members of the squad include: Stephanie Anton, Emilee Babicz, Jihyun Cho, Jennifer Ernst, Jillian Goldberg, Eunji Kim, Terry Hagio, Susie Lee, Sara Lichter, Jackie Sauer, and Stephanie Snyder. Niles West Junior Varsity cheerleaders also attended the competition. Members included: Michelle Filip, Meghan Gurewitz, Lauren Harris, Sarah Klein, Jenny Kong, Jeni Meiri, Lora Michalides, Kathleen Panares, Roselle Pavia, Pam Quinn, Enn Schlegler, and Mandy Sukantawach. Jennifer Swanson is the faculty sponsor of the cheerleading squads.

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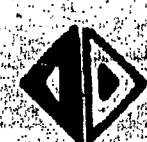
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