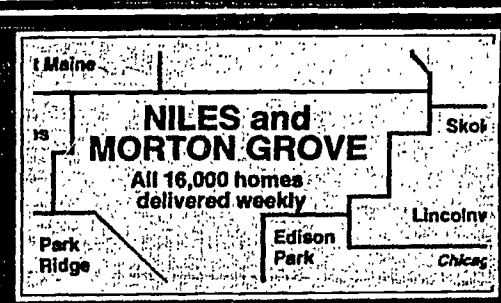




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Bugle News

VOL. 43, NO. 13

'Night of the Kellys' at MG meeting

by Christine Caplinger

The Morton Grove Village Board of Trustees heard a report from Chairperson Pro Tem Dwight Roepenack of the Plan Commission regarding a Special Use Permit that has been requested by Nextel Communications. The permit would allow the company to install a telecommunications antenna on an existing smokestack, which is on a building at 8501 Frontage Road. The antenna will consist of three panel antennas. It will be 70 feet high and

Painted the same color as the smokestack. Commissioner Roepenack noted that some residents had questioned the Plan Commission about possible health hazards or electrical or other interference. The representative from Nextel told the Plan Commission and residents that there would be no worries, as antennas of this type are regulated by the Federal Communications Commission.

Continued on Page 38

Kenneth Hoffman, owner of Morton House in MG, dies

Kenneth L. Hoffman, a life-long resident of Morton Grove, who brought the concept of seasonal festivals to his Morton House restaurant long before Chicago Fest or Taste of Chicago were ever dreamed of, died Sept. 15 at St. Francis Hospital in Evanston. Mr. Hoffman was 71. Mr. Hoffman was introduced to the hospitality business early in life when he worked in his father's establishment, Val's Tav-

Continued on Page 38

Joseph Bernstein, lawyer, developer, dies at age 87

Joseph William Bernstein, attorney and real estate developer who helped develop the Village Plaza in Morton Grove and the Courts of Amber Woods in Glenview, passed away in Highland Park Hospital Sept. 18 of heart failure.

Mr. Bernstein, who resided in Glencoe, was born on Chicago's West Side. He graduated from the University of Illinois at Urbana-Champaign at age 18 and entered

Continued on Page 38

Prairie View and Oriole Pool receive 'face lifts'

by Christine Caplinger

Administrative Manager Gary Balling updated the Morton Grove Park District Board of Commissioners on the status of two facilities' improvements. First, Prairie View Community Center underwent restoration of its heating, ventilation and air conditioning (HVAC). This project has been completed. The con-

Continued on Page 38

District 219 fires publicity director Karras

by Rosemary Tirio

Unsatisfactory performance, including failure to complete two newsletters and a brochure, were among the reasons cited by District Superintendent 219 Griff

Continued on Page 38

130,000 square foot building will store 75 trucks;
Construction staying within \$9 million budget

Public Works facility on schedule for opening

by Rosemary Tirio

The happy combination of precast concrete and unusually good weather has put construction of the new public works building at Touhy and Franks avenues a little ahead of schedule, according to Teofilo (Jun) Noriega, Niles director of public works.

Although construction of the new building stirred considerable controversy last year because it necessitated the removal of the popular Jozwiak Park to the newly created Pioneer Park on seven acres at Touhy and Harlem, officials have been able to placate residents living behind the construction zone by keeping Franks Avenue open for their use.

"We're shooting for it [the new Public Works Department building] to be completed by May of

next year," said Bob Pilat, administrative assistant to Director Noriega, although he conceded that any problems with utility compa-

nies might push completion into the summer months.

Pilat said two separate build-

Continued on Page 38

Niles youth, 15, commits suicide in forest preserve

by Rosemary Tirio

A 15-year-old Niles student was found lying in a lifeless state on the ground of the forest preserve in the 6700 block of Howard Street around 5:18 p.m. Sept. 15 with what appeared to be a single gunshot wound to the head.

A 19-year-old Niles man, who happens to be the son of a Chica-

go Police detective, made the grim discovery while riding his bike through the off road trail in the woods.

The Niles man went home and got his father, who accompanied him back to the scene and notified Niles police, who in turn notified the Cook County Forest Preserve

Continued on Page 38

Maine Township's National Night Out



Getting ready to distribute prizes to children participating in Maine Township's National Night Out are (left to right) William Yates, Robert Tomassetti, Peter Douvalakis and Vito Selvaggi, employees of the Maine Township Highway Department and in front (left to right) Bella Gambino, Dawn and Jessica Kraynak. Once again, "the Highway Department volunteered its equipment and staff for the 16th annual National Night Out Against Crime, to insure a successful event" said Commissioner Robert Provenzano.

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Maine Township hires new enforcement officer

Maine Township trustees OK'd the hiring of a new Enforcement Officer to fill the vacancy left when the previous Enforcement Officer accepted a full time position as a police officer with the Cook County Sheriff's Department.

Greg Karnauch, 44, began his official duties in August, and is presently responding to complaints within the unincorporated areas of Maine Township not otherwise covered by municipal or city codes. The position was created in 1998 to address the many code violations designed to

maintain and beautify the community.

"Most of the complaints seem to come from the residents themselves," said Karnauch. "I learned very quickly that most of the residents are proud of their homes, and are concerned when codes are either ignored or not followed."

Karnauch said that he mainly looks for violations and problems such as improper vehicle storage, garbage, exterior maintenance, accessory buildings, vegetation and driveways and walkways. "We're also concerned about pest



Greg Karnauch was recently appointed as new Code Enforcement Officer for Maine Township. Greg will respond to resident complaints of potential code violations, and cover the unincorporated areas of Maine Township as part of the Township's program to control blight and graffiti.

Niles North Vocal Jazz group to perform at conference

The award winning Niles North advanced Vocal Jazz Ensemble, Take One, has been invited to perform at the IMEA (Illinois Music Educators Association) 2000 Millennium AllState Conference in Peoria. The conference will be held January 26-29. Each year, Illinois schools apply, by submitting audition tapes, to perform at the conference. IMEA selects only one group each year. Niles North applied once before, in 1995, and won the competition that year as well.

The school's choral director, Daniel Gregerman, will accompany the group. In addition, Gre-

german will present a workshop for vocal and instrumental teachers. "Sound for Dummies-Mics, Mixers, and More." He will be presenting along with Gary Gand from Gand Music and Sound of Northfield.

Niles North has long been known for its outstanding Music Department. Gregerman's "Take One" group has just returned from a tour of Austria and Switzerland. The group performed, by invitation, at the American Celebration of Music in Salzburg and at the Montreaux Jazz Festival, where a standing ovation and thunderous applause brought the students back on stage for an encore.

infestations and exterminations, maintenance of parkways, snow removals and other areas that not only violate codes, but present difficulties for neighbors as well," he added.

"Even though Greg will respond to citizen complaints, there are areas where we want to take a more, pro-active approach as well," said Maine Township Supervisor Mark Thompson. "That

way we can remediate small problems before they become big ones, and spot those areas that may not be called in."

A longtime DesPlaines resident, the new Code Enforcement officer was previously self-employed. "One of the reasons I took this job was to not only help the community, but to do something that produced tangible results - something that I could see

happening as things improve," said Karnauch. "I'm basically a 'people' person, and enjoy working with people of all kinds. But I also know when someone's trying to 'con' me. Fortunately most people respond quickly when a problem is brought to their attention. It's always a small number by comparison that will give you a problem, but all the others make up for it."

You Are Invited to an Open House and Personalized Tour of our Assisted Living Units & Suites at

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Niles Family Fitness Center

The Surgeon General's Report on Physical Activity and Health outlines evidence that people who are inactive are at increased risk for certain diseases. The report advises that significant health benefits can be obtained by including a moderate amount of physical activity on most, if not all, days of the week. Through a modest increase in daily activity most Americans can improve their health and quality of life. Additional health benefits can be gained through greater amounts of physical activity including reduced risk of premature mortality, coronary heart disease, hypertension, colon cancer and diabetes.

The Village of Niles and the new Family Fitness Center facility look forward to assisting residents in the adoption of a "new lifestyle" that contributes to the improved quality of life referred to by the Surgeon General's report. Certified fitness trainers assist members in the development of comprehensive training programs utilizing our full line of fitness equipment, gymnasium, aquatics, and track facility providing for a comprehensive physical fitness program. For more information contact Teena Mackey, Director of Family Fitness at (847) 588-8402.

Niles Public Information Officer Sgt. Roger Wilson retires, goes to Skokie

by Rosemary Tirio



Sgt. Roger Wilson countless interviews and issue hundreds of expertly crafted press releases.

Although Wilson described his years with the NPD as "a nice quiet career," he was the recipient of a Department Award for bravery in 1974 when he rescued a

teenaged boy who had fallen into Lake Michigan near Chicago's Olive Park. Wilson was off duty and sailing his Sea Ray power boat when he saw that the youth was in trouble. He jumped off his boat "in very cold water" in an effort to save the boy's life. "It was just one of those things you do," Wilson said modestly.

"[The NPD] was a great place to work," Wilson said. "I had a great 30-year career."

After retiring from the NPD, Wilson will assume a similar post with the neighboring Skokie Police Department. "I intend to work as long as I can," Wilson said. "I'd like to have 30 more years at Skokie." Wilson's last day in Niles will be Oct. 1.

Sgt. Ray Giovannelli said of Wilson's retirement and transfer, "It's Skokie's gain and our loss. He is a knowledgeable and skillful police officer. He'll be hard to replace."

LGH to host health career night

Lutheran General Hospital will sponsor Health Careers Night from 6:30 to 8:30 p.m. Wednesday, November 3, at Lutheran General Hospital, 1775 Dempster, Park Ridge, in Olson Auditorium, Grainger Atrium and Yachtman Pavilion. Individuals considering health care careers are invited to attend this event to learn about professions, talk with a wide variety of

health care professions and obtain information about salaries and educational requirements.

There is no charge to attend and advanced registration is not required. Lutheran General Hospital recruitment will be accepting resumes and answering questions.

For more information, call Jan Welter, 847-723-8336.

Garden Club of Morton Grove

The Garden Club of Morton Grove will hold its monthly meeting on Tuesday, Sept. 26, at 7:30 p.m., at the Austin Park Field House, 8336 Marmora.

The program "Growing Plants out of the Ordinary" will be presented by Mary Walker, renowned Master Gardener.

Growing plants new to you and your garden can be a stimulating challenge. Emphases can be on Perennials- Annuals- Shrubs or Trees.

The Public is invited. Admission is free. Refreshments will be served. For additional information call 966-4264.

Centennial Open House

The Niles Historical Society is looking forward to meeting and greeting Nilesites and their friends at Centennial Open House, October 9 through October 15. For the first time, just prior to the Big Niles Bash on October 16, the Museum will be open every day for one week - Saturday and Sunday, October 9 and 10, 1-5 p.m. each day and Monday through Friday, October 11 through 15, 10:30 a.m. through 3 p.m. Docents will be on hand to explain special exhibits which have been installed for your enjoyment. We urge you to take the time to celebrate your history.

Our Fall schedule starts in September with a delightful program on Privy Archaeology, Open House in October, also, a video program on Remembering Chicago, Centennial Tea in November and January 2000 with a special Twelfth Night Program.

The Society would like to complete files on Niles organizations and businesses and need your help to do so.

The Society is in the process of adding to files on Niles organizations and businesses and we need your help. Do you have any information (printed or verbal) that you can share with us on Mill Run Theater, Bunker Hill Country Club, Tam O'Shanter Golf Course and/or the Niles Women's Police Auxiliary? Minutes, flyers, giveaways, pictures, menus, programs, etc. will be appreciated.

The Niles Historical Museum is open every Wednesday and Friday 10:30 a.m.-3 p.m.; other times by appointment. Call 847.390.0160 for more information. We look forward to seeing you.

Privy Archaeology - September 26, 1999 - 2 p.m.

Centennial Open House - October 9-15

Centennial Tea - November 13-14, 1999 - 1 p.m. all at the Niles Historical Museum, 8970 Milwaukee Avenue.

Property tax bills delayed again

The Niles Township Assessor has learned that there will be a delay in mailing the second half 1998 property tax bills. Ideally the Cook County Treasurer strives to get these bills out by September 19. The Treasurer anticipates a mailing date during the third or fourth week in September. The payment date will be thirty days after mailing.

Niles Township property tax payers may contact Scott Bagnall, Niles Township Assessor, at (847) 673-9300, 5255 Main Street, Skokie.

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Bethany Terrace's Annie Penczek retires

Earlier this year, Annie Penczek, won the Niles Chamber of Commerce 1999 Employee of the Year award. On Friday, September 10, 1999, 75 year old Annie retired after working at Bethany Terrace for over 34 years!!!! When asked why she didn't retire earlier, she replied "I love working at Bethany Terrace with the wonderful residents and nice staff."

Her co-workers gave her a huge surprise retirement party on Wednesday, Sept. 8, and Annie was shocked!!! She did not expect a party two days early! Armanetti's Liquors in Niles donated non-alcoholic sparkling fruit juice for the big toast. Annie also received many gifts from her co-workers.

In a time when nursing home employees come and go, Bethany Terrace Nursing Centre in Morton Grove is proud of its employees who have remained loyal throughout the years and have seen the facility grow and prosper since it opened its doors in 1965. The average tenure of its employees is approximately ten years.

Annie began working as a nurses aide on April 22, 1965 (the same year Bethany Terrace opened). She ended her career in charge of Central Supply and has seen many changes throughout the years. When asked about one of her most memorable moments,



Annie Penczek

she replied "I was called in the middle of the night and was told that my Central Supply Room was flooding. My Central Supply is like my own pantry. I dashed over and started mopping it up and moving everything to higher ground."

Annie has two daughters, four grandchildren and is the great-grandmother of three.

Annie's daughter, Anne Schnur, also works at Bethany Terrace and is the Director of the Alzheimer unit. She has worked at Bethany Terrace for over 28 years and is trying to break her mom's record of 34 years! What a family!!!!

If you're looking for a long term facility for a loved one, visit Bethany Terrace and meet some of the other wonderful long term employees. Bethany Terrace is located at 8425 N. Waukegan Road, Morton Grove, (847) 965-8100.

Niles Dunkin' Donuts celebrates 5th anniversary

by Rosemary Tirio

Ray and Salma Panjwani, proprietors of the Dunkin' Donuts Shop at 7039 W. Dempster St. in Niles as well as four other DD shops in neighboring suburbs held their fifth anniversary celebration at the Niles shop Aug. 26 through Sept. 10.

The Panjwanis said they are dedicated to the Niles community, sponsoring teams and supplying local organizations with complimentary donuts and other refreshments.

But more than that, they take pride in their everyday commitment to serve their customers the highest quality products and services.

The Panjwanis invite all their valued customers and neighbors to drop by their neighborhood donut, bagel and coffee shop to experience the quality and service they provide.

Customers are number one to the Panjwanis, who offer their delicious donuts and the finest quality coffee at reasonable prices in a clean, friendly and smoke-free atmosphere.

Bagels are baked every hour and served warm throughout the day. Donuts are baked twice a day to assure the utmost freshness. Even the coffee beans are ground fresh every time it is brewed.

"We are continuously on our heels making fresh donuts, bagels

and coffee," Ray Panjwani said.

The Panjwanis say they want to thank the people of Niles for five wonderful years here. They are so happy in Niles that they intend to expand their present franchise into the first "Trombo," a combination of Dunkin' Donuts, Baskin Robins and Togo sandwich shop under one roof.

Getting a grip on anxiety

(DM) -- Imagine remaining in a state of constant worry that interferes with work and social activities. Worry and anxiety are a normal part of life, but when they become persistent and unrealistic you might have Generalized Anxiety Disorder (GAD). GAD is one of several anxiety disorders, including Panic Disorder, Social Phobia, Obsessive Compulsive Disorder and Post-traumatic Stress Disorder. More than 19 million Americans suffer from anxiety disorders.

How can you tell if you have GAD? The following self-test will be helpful in determining how much anxiety is too much.

- Yes () No () Unrealistic, excessive worry, occurring more days than not, for at least six months
- Yes () No () Inability to control the worry
- Yes () No () Chronic worry over everyday life situations -- such as money, work, school or health
- Yes () No () Irritability
- Yes () No () Muscle Tension
- Yes () No () Restlessness (feeling keyed up or on edge)
- Yes () No () Difficulty concentrating ("mind going blank")
- Yes () No () Easily fatigued
- Yes () No () Sleep disturbance (difficulty falling or staying asleep, or restless unsatisfied sleep)

If you have answered yes to three or more of these statements, you might be suffering from GAD. You are not alone; about four percent of the U.S. population has GAD. GAD may begin in childhood or adolescence; however, GAD frequently begins in adulthood. GAD affects women more often than men.

Cognitive behavior therapy and medication can play a valuable role in treating anxiety disorders, such as GAD. One of the most commonly prescribed drugs effective in the treatment of GAD is BuSpar® (buspirone HCl, USP), an anti-anxiety drug. BuSpar reduces symptoms of persistent anxiety beginning as early as the first week of therapy, and progressively over a matter of weeks. It does not cause sedation, impair memory or balance, nor does it potentiate the effects of alcohol. BuSpar is not habit-forming and can be

discontinued without causing withdrawal symptoms. It is generally well tolerated; however, some people might experience possible side effects with BuSpar, including dizziness, nervousness, nausea, headache, drowsiness, lightheadedness and excitement.

To help educate the public about GAD and other anxiety disorders, Freedom From Fear, a national not-for-profit mental health advocacy group, has founded National Anxiety Disorders Screening Day. For information about a free screening with a healthcare professional, call toll-free 1 (888) 442-2022. You can also log onto Freedom From Fear's new Web site: freedomfromfear.com where you can fill out a questionnaire.

High Five Center selling Entertainment Books

High Five Center provides day care services to adults age 18 and over who have an acquired brain injury and cannot return to school, work or participate in vocational rehabilitation. Socialization, meeting individual needs and improving the brain injured survivor's quality of life are essential elements of the program. High Five Center has a program Tuesday and Thursday afternoons in the Senior Citizen Center of the Flickinger Municipal Center in Morton Grove. Its target area includes the north and northwest suburbs as well as the north and northwest areas of Chicago. For information, or to volunteer, contact Loretta Gut at 847-966-0312.

Entertainment 2000 Books Available. High Five Center is raising funds by selling the Entertainment 2000 books. Each book contains hundreds of coupons for fine dining, casual dining, fast food, attractions and shopping in the Chicagoland area as well as entertainment and travel. Each book still costs only \$35 and can be used immediately and through November 1, 2000. Chicagoland editions are North/Northwest, West/Central, and South/Southwest.

Again this year Entertainment Books for other areas throughout the USA are also available and prices vary according to location. Orders must be prepaid and are filled within 6 weeks. To order your Entertainment 2000 book, contact Jean Peters at 847-491-7997.

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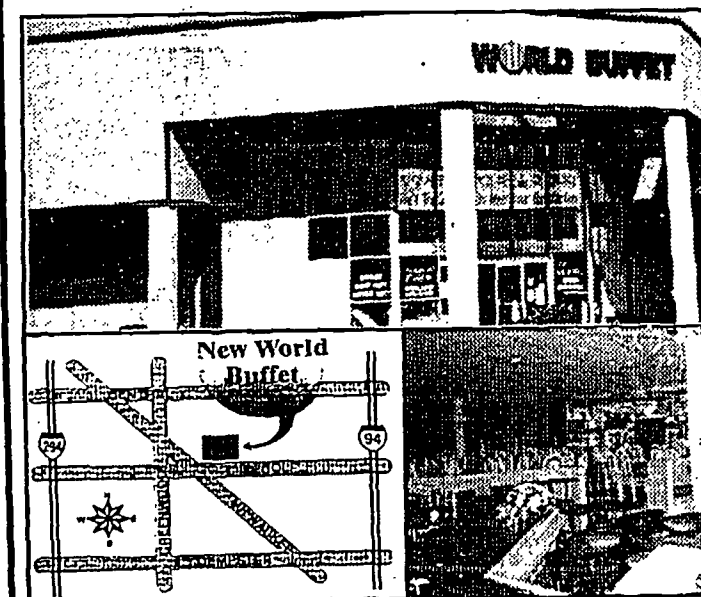
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Health News

Resurrection Medical Center celebrates Hospital Week

Resurrection Medical Center recently celebrated National Hospital Week with free screenings, activities and events for its employees.



Leonard Wheeler takes a blood pressure reading for fellow employee Gina Frett.



Resurrection employees dig into hotdogs and hamburgers during Ballpark Day in the courtyard outside of the Res Cafe.

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Mary Kolda gives a free massage to a Resurrection employee.

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Some people have trouble with the daily grind

Many Americans - no one knows how many - have significant trouble with their temporomandibular joints, the hinge that holds the lower jaw to the rest of the face. However, there is no universally recognized treatment for this difficult condition.

"When you open and close your mouth, you use large powerful muscles attached to the lower jaw, or mandible, which normally slides on a cushioning disk against the temporal bone on the side of the head," says Robert Bitter, DMD, a periodontist who practices in Skokie. "When something disrupts this smooth operation, the resulting pain and lost jaw function are commonly referred to as temporomandibular dysfunction (TMD)."

Dr. Bitter says that it often is difficult to identify with the elusive "something" that is interfering with the jaw's normal workings. "Dentists used to think a 'bad bite' or misalignment of the teeth was the main cause of TMD, but these are now considered contributing factors at best," Dr. Bitter says. "Frequently, the main culprit is chronic stress that can make the jaw muscles extremely tense. One cause of stress is bruxism, or grinding of the teeth, especially at night while a person is asleep. The excessive grinding of the teeth increases the tension in those muscles, producing what is called myofascial pain."

Continued on Page 7

Poor posture the culprit in many injuries

by Dr. Robert L. Richart



Back and neck injuries in the workplace have traditionally been attributed to heavy lifting, bending or twisting and have been a major cause of time lost and expense. Recently, insurers have become aware of a trend in which a variety of wrist, neck, shoulder and back problems are being caused by long-term, repetitive motion injuries, many times associated with computers.

- Serious wrist, shoulder, neck and even low back problems are being caused by low-level, even long-term trauma associated with sitting posture. Work is not the only site where injuries occur. It's now estimated that 85 million Americans are "on-line," and spend hours in front of their home PC's.
- Make sure your chair fits correctly. There should be two inches between the front edge of the seat and back of your knees. Ideally the chair should tilt back and have arms on the sides.
- Sit with your knees at a 90- to 120-degree angle, using an angled footrest to support your feet.
- Position your computer monitor so that the top of the screen is at or below eye level, to avoid neck strain.
- Use an antiglare screen if necessary.
- Keep your wrists in the neutral position while you type, not angled up or down. A wrist rest or ergonomic keyboard can help you to keep a more neutral position.
- Take periodic stretch breaks.

"If you continue to suffer from job-related strain injuries after following these tips, consider a visit to a chiropractor," urges Dr. Richart. "A chiropractor is trained to alleviate such problems and promotes a natural healing process of the body to help you avoid further injury."

Dr. Robert Richart is a 1986 graduate of Palmer College of Chiropractic. He has completed postgraduate programs on the diagnosis and treatment of soft tissue injuries through National College of Chiropractic and Texas Chiropractic College. He maintains a practice in Niles at 8933 West Golf Road. To receive a complimentary spinal examination and consultation, please contact Dr. Richart at (847) 827-8686. You can also contact Dr. Richart at: www.richartchiropractic.com.

Daily grind...

Continued from Page 6

ing what is called myofascial pain."

The TMD also can result in a structural change in the cushioning disk or the way it relates to the jawbone. Sometimes bruxism can be blamed for that shift. However, the disk also can be damaged by an injury or by a disease such as rheumatoid arthritis. "Sometimes the disk can shift for no apparent reason," says Dr. Bitter. "Whatever the cause, such structural changes can make the jaw swollen or tender to the touch. The joint also can produce popping or clicking sounds that other people can hear."

With so many possible forces at play, dentists or other health care professionals can become caught up in the treatment by prescribing a single cause for a person's TMD. "There are no simple formulas for treating TMD yet," says Dr. Bitter. "I would be very wary when someone suggests a permanent change to the mouth or the jaw such as braces to fix a bad bite, or crowns or caps to build up teeth, or jaw surgery to correct a structural defect. Such interventions are usually not necessary and can even make matters worse. It is more productive to focus on relieving discomfort and breaking troublesome patterns."

Dr. Bitter advises patients to resist elaborate tests that can lead to unnecessary treatment.

Health News

Pre-operative sedative helps children's fear of surgery

Before her operation, three-year-old Gabriella D'Angelo was a sweet, cuddly child with a cherubic smile and a voracious appetite. But after a routine adenoidectomy, this North Branford, Connecticut toddler became cranky and disobedient. Although her operation had gone smoothly, Gabriella remained traumatized by her fear of the surgery.

"When we brought Gabriella home from the hospital, it was like we were bringing home a different person," said Lisa D'Angelo. "Gabriella wasn't my little angel. Instead, she was hostile, angry, and refused to eat. I couldn't believe that this was my daughter."

New research from the Yale University School of Medicine shows that if Gabriella had been given a sedative before surgery, she might not have had such a rough emotional recovery period. Results from a recent study show that one week after surgery, post-operative anxiety was reduced by half in those children who were premedicated with a formulation of VERSELO® (midazolam HCl). The study included 86 children, ages 2 to 7, who received general anesthesia prior to a surgical procedure.

Easing a child's fear of surgery.

Dr. Kain offers the following advice to parents to help ease worries about pediatric surgery:

- Explain to your child why he or she is having surgery, and what will be involved. You may want to use an educational tool, such as a video or coloring book, to help your child understand the operation.
- Participate in a pre-admission tour of the hospital with your

child, if offered.

• On the day of surgery, ask about pre-operative procedures or treatments to help reduce your child's anxiety, and find out if parents are allowed in the operating room.

For a free copy of the "Rest Assured" brochure, which provides more information about how to prepare children for surgery, please call Roche Laboratories at 1-877-853-7750.

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Women's News

Catholic Women's Bowling League

Wed., Sept. 1&8

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Dorothy Kaufmann 482

HIGH GAMES-9-1-99

Dorothy Kaufmann 199
Pam Kenny 197
Geri Kenny 186

HIGH SERIES-9-8-99
Linda Fahey 559
Millie Kroll 553
Geri Kenny 505
Gertie Schultz 502

HIGH GAMES-9-8-99
Linda Fahey 204
Millie Kroll 201
Geri Kenny 193
Carol Oettinger 192
Phil Drozd 188
Gertie Schultz 188

Woman's Club of Skokie/Lincolnwood

The Woman's Club of Skokie/Lincolnwood affiliated with the General Federation of Women's Clubs Illinois will hold their Annual Philanthropic Luncheon/Fashion Show, "Century Fanfare" at Monestero's Ristorante on Wednesday, October 6. All proceeds will aid the clubs charitable causes in the Wilmette, Evanston and Skokie/Lincolnwood area.

Women interested in joining or learning more about the clubs involvement may call President, Phyllis Cossarek at (847) 256-1177.

Niles Library accepts donation from Woman's Club



Though the Woman's Club of Niles disbanded two years ago after 34 years of service to the community, the remainder of the club's treasury is now being dispersed. Pictured about (l to r) are Woman's Club philanthropy chairperson Elaine Heinen, Village of Niles Library Administrator Cary Czarnecki and Woman's Club treasurer Suzanne Miller. Mr. Czarnecki gratefully accepts a check for \$500 from the Woman's Club treasury to be used for the purchase of a variety of adult and children's books. In the near future, look for a collage of photographs of the Woman's Club's activities over the years, which the library has graciously offered to hang in one of its public display areas.

Women's Business Development Center

The Women's Business Development Center (WBDC), in conjunction with the Child Care Initiatives of the Hull House Association, will sponsor a workshop entitled, "Computers and Your Child Care Business: Increase Your Marketing Savvy and Your Efficiency," on Thursday, September 30, from 6:30 p.m. to 8:30 p.m., at the Chicago Urban League Quantum Opportunity Neighborhood Learning Center, third floor, located at 3424 S. State Street, in Chicago.

Child care business owners who want to learn how to efficiently market their business should attend. In addition, participants will leave the workshop with a computer-generated flyer to advertise their businesses.

This workshop is an offering of the Child Care Business Initiative, a program supporting women starting or expanding their own child care businesses. The Initiative is supported by the State of Illinois Department of Commerce and Community Affairs.

The cost is \$25 and includes materials. To register or for more information, contact the WBDC website at www.wbdc.org or call (312) 853-3477, ext. 27.

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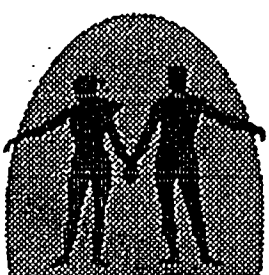
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Women's Day Program vendors sought

Oakton Community College is seeking vendors of products and services for women to sell their merchandise at Oakton's annual Women's Day program from 8 a.m.-3:30 p.m. on Sunday, Nov. 14. Open to the public, this all-day event features informative sessions of interest to women of all ages and backgrounds. There is ample opportunity to "browse and buy" at the vendor tables between sessions.

There are 25 vendor spaces available in the Thomas TenHoeve Center, located at the

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Women's News

Reduce fear with verbal techniques, child psychology

By learning basic child behavior skills, dentists can communicate more successfully with young patients, many who fear dental treatment, says a local dentist.

"Most kids who go to the dentist experience some level of anxiety or fear that can impair treatment," says Donald Ore, DDS, a pediatric dentist in Flossmoor, IL. "The goal is to modify fear with verbal techniques and child psychology, not medications."

Dr. Ore teaches his colleagues about child management techniques developed by psychologists and child behaviorists. For example, one strategy he will explain an early concept developed by social scientist Margaret Meade regarding three types of child-rearing concepts conducted by parents.

"In what she called the post-figurative pattern, parents raise children the way they were raised," he explains. "There is a little head-scratching, but mostly they adhere to the way they were brought up. In the configurational pattern, the parents are going to raise the child the way they were raised but modify their child's behavior when they see fit or when they are confronted with a situation that confuses them. In the pre-figurative pattern, parents solve all the problems on a day-by-day basis. They give the child lots of choices, such as whether to accept or not accept the option before them. As a result of this type of this type of parenting, children learn to make their own choices and can misbehave when they do not get their way."

Dr. Ore says that with training, dentists can spot which pattern applies to their patients and they can communicate accordingly. However, he points out that the pre-figurative pattern, which is being seen more often by dentists, provides a unique set of communications issues

that can complicate dental treatment.

"Under the pre-figurative pattern, parents look to the kids for feedback and they will constantly ask questions," says Dr. Ore. "Do you want me to come to the dental operator with you? Do you want me to hold your hand during treatment? The dentist is left out of the equation. It is important that the parent understand whether it is appropriate to come to the dental operator because some dentists do not allow it."

By using speech communication strategies, dentists can learn to control a stressful situation so that the child gets the appropriate dental care. "The dentist can give a very positive firm message - 'I want you to do this,'" says Dr. Ore. "The dentist needs to make a firm request to the child that can be followed and leaves no doubt in the child's mind what the dentist wants."

Dr. Ore says that voice control is imperative. "Voice control is a form of behavior management," he says. "Whispering is very effective and sometimes, raising your voice can work to shock the child back to reality."

but only when nothing else works."

Parenting is different today and we see children raised in single parent homes, are raised by grandparents or in day care centers, or in homes where both parents work long hours.

Wilmette Kenilworth Club

The Wilmette-Kenilworth Club will hold their annual "Change-Over" luncheon on Wednesday, October 13, at Michigan Shores Club. The program for the day will feature, book dramatist, Barbara Rinella who is joining Stanley Paul, Chicago's premier society orchestra leader, to perform selections from his new book, "Thank My Lucky Stars." Ms. Rinella will become the stars who flocked to the world famous Pump Room to enjoy the music of Stanley Paul. Other luminaries will arrive, as Barbara Rinella creates a dialogue between this talented pianist and the celebrities who adored him.

Area women interested may call Marn Hamilton at 847-251-7657 for a reservation.

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HALLOWEEN

Costume Party
Saturday, October 30th
7:30 PM Till?

Classic Bowl (38 lanes) in Morton Grove will host a Halloween Costume Party filled with Ghosts and Goblins. The evening will consist of great food, scotch doubles bowling and cash prizes for the best 3 costumes. If you are inclined to rent or purchase your costume, Fantasy Costumes located at 4065 N. Milwaukee Ave. Chicago (phone (773) 777-0222) is offering our patrons a 15% discount on the purchase or rental of costumes (proof of attendance required). For \$1750 per person you will get great food, 4 games of scotch doubles bowling, rental shoes, prizes and your choice of candlelight or celestial bowling.

It's not too early to reserve the lanes you want! P.S. After Oct. 11, 1999 rental and purchase of costumes reverts to regular prices and ticket prices to this event will be \$2000 per person

CLASSIC BOWL
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Community Calendar

Thinking Out Loud at Morton Grove library

Thinking Out Loud, the Library's book discussion group, will meet Tuesday, September 28 at 7:30 p.m. to discuss the Pulitzer Prize Winner, American Pastoral, by Philip Roth. The novel tells the story of a father whose idyllic life is turned upside down and inside out by his teenage daughter who has suddenly become a political and social terrorist.

The book discussion is free and open to everyone. The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, call 847-965-4220, TDD 965-4236.

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Invitations mailed for Gala '99: Unmask the Mystery benefit



Members of the Gala Benefit Committee of Lutheran General Hospital assemble and mail out invitations to the hospital's Gala '99: Unmask the Mystery. Pictured from left (seated) are Anne Dolan, Glenview; Dorothy Walker, Park Ridge; Barb Rubino, Inverness; (and standing) Faythe and Allison Bernheim, Highland Park; Thelma Lakier, Northbrook; Lora Clark, Prospect Heights; and Esther Ricketts, Park Ridge. Proceeds from the dinner dance, which will be held Saturday, September 25, at Plumbers' Hall, 1340 W. Randolph, Chicago, will benefit Lutheran General Hospital's emergency room renovation and expansion project.

The Gala will begin with a cocktail reception at 6 p.m., followed by dinner at 7:30 p.m. The mystery of the evening is tied to an European "Cirque" type of entertainment with a variety of acts spotlighted throughout the event. There also will be dancing to the Dan Hayes Orchestra. Tickets are \$225 per person and can be purchased through the Advocate Charitable Foundation by calling (847) 384-3400.

SUPPORT GROUP

4th Wednesday

United Ostomy Association

Chicago's North Suburban Chapter of the United Ostomy Ass'n, a support group for all ostomates and those anticipating ostomy surgery, meets on the 4th Wednesday of each month at 8 p.m. in the 10th Floor East Dining Room of Lutheran General Hospital, 1775 Dempster St., Park Ridge. Refreshments at 7:30. Visitors/family welcome. An E.T. nurse is always on hand to offer information, and programs are fun and informative. There is no charge. For information, call (847) 724-7453 or (847) 520-0699.



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Fall Adult Education Classes at Oakton

It's not too late to learn a new skill, update an old one or indulge a favorite hobby. School may have begun, but registrations continue for many classes offered by the Alliance for Lifelong Learning (ALL), the continuing education program partnered by Oakton Community College and area high schools.

From "how to" home improvement classes to courses for updating and maintaining professional skills, ALL has a class to fit your needs and your schedule. Registration is easy, too. If you've registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file, you may use the convenient Touch Tone registration system. Listed below each course is a four digit computer identification number in brackets. Call (847) 635-1616, follow the prompts, and enter the number and our credit card information (using Visa, MasterCard or Discover) to complete your registration.

Touch Tone registration is available from 8:30 a.m. - 8 p.m. on Mondays-Thursdays; from 8:30 a.m. - 5 p.m. on Fridays; and from 8:30 a.m. - noon on Saturdays. For more information about classes offered by the Alliance for Lifelong Learning, call (847) 982-9888, press option #3.

Dominican University presents concert

Center Stage at Dominican University presents a concert by T.S. Monk and Combo on Sunday, October 3 at 3 p.m. The concert will be held in the Lund Auditorium, located in the Fine Arts building, 7900 West Division Street.

T.S. Monk, drummer, bandleader, composer and vocalist was drawn to the drums before the age of ten and his destiny sealed when he received his first drum set. After graduating, the young Monk joined his father's trio and toured with his dad until the elder Monk's retirement in 1975. T.S. then launched into R&B, the music that had captivated him and his generation.

To honor his father's legacy and to support education efforts, Monk formed the Thelonious Monk Institute of Jazz. The Institute has been at the forefront of creating programs that range from sponsoring music education to funding and supporting after-school athletic programs.

Immediately following the concert, T.S. will attend a reception and will be available to sign autographs.

Tickets for T.S. Monk and Combo are \$20. For more information or to purchase tickets, please call Center Stage at Dominican University at (708) 524-6942.

Musical artist Ella Jenkins to appear at Oakton



Oakton Community College's Family Program Series presents Ella Jenkins in Concert at 1 p.m. on Sunday, September 26, at the Performing Arts Center located at Oakton's Des Plaines campus, 1600 East Golf Road.

Known as the "First Lady of Children's Folk Songs," Jenkins has performed for children on all seven continents, including Antarctica. She also has appeared on the popular children's television shows, Sesame Street and Mister Rogers Neighborhood. Her music is the rhythm of childhood, expressed in call-and-response, nursery and counting songs that transcend language barriers and cultural boundaries. Jenkins engages the audience in a sing-along, bringing to one culture what she has learned from another.

Tickets are \$4 for adults, \$3 for Oakton students and \$2 for children 12 and under. Children under two are admitted free, provided they are seated on an adult's lap. Tickets may be purchased at the door or by calling the Oakton Box Office at (847) 635-1900.



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Community Calendar

Culver School Family Fall Festival

The community is cordially invited to attend a Family Fall Festival on Friday, October 1, at Culver School, 6901 W. Oakton, Niles. The festival will run from 5:30-9:30 p.m.

This family event is being sponsored by the Niles Elementary PTA in conjunction with District 71 and the Culver Student Council.

The festival will feature a dinner, games, music and a hayride.

Game tickets will be available for purchase at the festival. The costs for the tickets are 10 for \$1. Hot pretzels and taffy apples will be available for a nominal cost.

Bring blankets, lawn chairs, bug spray, and anything else you can think of to help your family enjoy a terrific get together. Weather permitting the festival will be held outside. Parking is limited to the west parking lot of the school. Come join the fun.

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Dining / Entertainment

LGH Gala '99: Unmask the Mystery



Juggling more than final plans for Lutheran General Hospital's Gala '99: Unmask the Mystery benefit are, from left, co-chairs James Dolan, M.D., and his wife, Anne; the Gala ringmaster, and Douglas Propp, M.D., chairman of the hospital's department of emergency medicine. Proceeds from the September 25 dinner-dance will benefit Lutheran General's emergency room renovation and expansion project. Gala '99, which will feature European-style circus acts throughout the evening and music by the Dan Hayes Orchestra, will be held at 6 p.m. at Plumbers' Hall, 1340 W. Randolph, Chicago. Tickets are \$225 per person and can be purchased through the Advocate Charitable Foundation, 847-384-3400.

The Best of The 20th Century Cabaret live at Pheasant Run Theatre

Rockton Productions and Director Diana L. Martinez proudly present their final production of the century in a tribute to the last 100 years of entertainment. "The Best of The 20th Century Cabaret" is Martinez' nostalgic trip through time highlighting the last ten decades of song, dance, fashion, performance and the media. Now through December 31, 1999, "The Best of The 20th Century Cabaret" promises to be the perfect living time capsule documenting the past century and introducing a new millennium. Pheasant Run Theatre's production of "The Best of The 20th Century Cabaret" is running through December 31, 1999. Dinner and theatre times are as follows: Thursdays and Fridays at 7 (dinner)/8:15 p.m. (performance); Saturdays at 4:15 p.m. or 8:30/9:45 p.m. and Sundays at 12:30 p.m. (Sunday Brunch)/2:15 p.m. or 5:45/7 p.m. Dinner theatre tickets start at \$38; show only tickets start at \$20. September 11 there is a special opening night 7 p.m./8:15 p.m. dinner and show command performance seating is limited. Group, children and senior discounted tickets available. Overnight packages are also available. Parking is free. Ask about our Smoke-Free Performances. Celebrate "The Best of The 20th Century" and "Party like it's 1999" with Pheasant Run Theatre for a very special performance New Years Eve. Dinner/show begins at 8:45 p.m., including a prime rib dinner, champagne toast at midnight, party favors and continuing into the year 2000 and live entertainment until 3 a.m. The cost is \$179 per person and overnight packages are available at an additional cost. Tickets are on sale now! For reservations call the Pheasant Run Box Office at (630) 584-MEGA (6342) or Ticketmaster at (312) 559-1212. For overnight packages or further information about the resort call (630) 584-6300.

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Dining / Entertainment

'A Global Vision' - Gala Benefit at NEIU

"A Global Vision," a gala benefit, showcasing Northeastern Illinois University's (NEIU) new Fine Arts Center and renovated Student Union, will highlight the performing arts and feature a "Taste of Five Continents," dinner buffet and open bar, on Sunday, September 26, from 4:30 p.m. to 8:30 p.m.

Acclaimed violinist Rachel Barton will perform both at 5:30 p.m. and again at 6:15 p.m. in the university's new Fine Arts Center Recital Hall. The recital will be taped for later broadcast on 98.7 WFMT-FM.

Widely recognized as one of the most gifted virtuosos of her generation, Barton has appeared as soloist with a number of prestigious ensembles, including the Chicago Symphony Orchestra, the St. Louis Symphony, the Montreal Symphony and the Vienna Symphony among others. As a recitalist, she has appeared at Ravinia and on the Dame Myra Hess Memorial Concert Series, and has also performed with a number of chamber music ensembles. She is the winner of numerous prizes from leading competitions and was selected a



Rachel Barton

"Chicagoan of the Year" by Chicago magazine and a "Woman of the Year" by Today's Chicago Woman magazine. Barton has appeared on national TV shows and has been profiled in both the New York Times and People magazine.

Additional highlights of the day include performances by the Northwest Center for Traditional Polish Dancing and the Tru-Lam Lion Dance Troupe and a si-

lent auction offering art, travel and entertainment packages.

The event marks the twelfth year of the NEIU Foundation's Recognition Fundraiser. Each year, the Foundation Board of Directors honors alumni for distinguished achievement or service. This year's honoree is Robert K. Moyzis, Ph.D., (B.S. '71), professor in the Department of Biological Chemistry, College of Medicine at the University of California, Irvine, and a leader in the Human Genome Project research and direction. He is being honored for outstanding achievement and contributions to learning.

Proceeds from the benefit provide financial assistance to students, through the Foundation's Scholarship Programs and Grants for Research and Scholarly Activities for NEIU faculty. Single tickets are \$150; tables of ten are \$1,500, \$2,500, and \$3,500.

For more information and reservations, contact Len Iaquina, Director of Development and Alumni Affairs at 773/794-2555.

Northeastern Illinois University is a comprehensive state university serving more than 10,000 commuter students. It is located at 5500 North St. Louis Avenue in Chicago.

Plans under way for 7th Annual WINGS benefit

WINGS (Women in Need Growing Stronger) is busy planning its 7th Annual Benefit to be held at the Schaumburg Marriott on Saturday, November 6, 1999.

The mission of WINGS is to provide a personal growth program in a transitional living setting for homeless suburban women and their children, assisting them in learning to manage their lives through education, guidance and support.

The theme "Fly to the Stars with WINGS" will invite guests to celebrate the progress the agency has made this year and to share in expansion plans for the future. At Present, WINGS has 53 beds at 10 locations. A new home under construction in Schaumburg will increase the number of available facilities.

The November 6 event will feature dancing to music by the Windjammers, a grand raffle and silent auction.

The committee is seeking corporate sponsors, raffle prizes and silent auction items. For further information on participation, contact Marie Gebbie at (847) 382-3839 or Fran Halap at the WINGS office (847) 640-8542.

WINGS has been providing high quality, intensive services since 1985 and is dedicated to the cause of ending homelessness in the suburban areas and helping women and children in need. With the support of community organizations and individuals, WINGS continues to thrive and grow.

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Church & Temple News

Special prayer service at SJB

All members of our community are invited to participate, as the North American Martyrs Council, Knights of Columbus, host a tribute to the 'Our Lady of the New Millennium' Statue and our Blessed Mother, Mary.

The Council will be hosting a special edition of 'The Family Hour of Prayer,' prayer service, Sunday, September 26, at St. John Brebeuf Church, 8307 N.

Harlem Ave., Niles, starting at 2 p.m. The service will include a candle lit procession of participants along with the adoration, exposition and benediction of the blessed sacrament. We also plan to honor Mary by reciting the rosary. Everyone is invited to join us for this special tribute. For more information, contact church director Carl Ferina at (847) 966-5842.



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Knights honor Special Statue

St. John Brebeuf Parish, Niles, IL, will be hosting the 33 foot tall statue of 'Our Lady of the New Millennium', through Sunday, September 26.

Members of various St. John parish organizations will be acting as hosts to the anticipated thousands of visitors/worshippers to the statue and the St. John Church.

For additional information, call Bob Galassi at 847-966-0920.

Congregation's Singles Club sets September Program

Congregation B'nai Jehoshua Beth "Elohim's" friendship-activity club for Jewish singles 40+ years of age, Chaired by Marion Rosenberg, Glenview, plans activities to meet the varied interests of the group.

Sunday, September 26, at 5 p.m., will see the group enjoying the Writers' Workshop Theatre's production of Incident at Vichy, by Arthur Miller. The Writers' Workshop Theatre is located at 664 Vernon Avenue, Glencoe. Group-rate tickets are \$18 per person.

For information contact (847) 729-9547.

NTJC to dedicate Torah

On Simchat Torah, the day of rejoicing in Torah a New Torah will be dedicated at the 10 a.m. services. To fulfill the Mitzvah (honor) of writing or dedicating a Torah to honor all of those who have dedicated their life to Torah, the officers and board of trustees of Ezra-Habonim, the Niles Township Jewish Congregation are pleased to dedicate this Torah in the year 5760.

The Torah was donated by Fred & Lillian Sinay. An acceptable Sefer Torah must be perfect in every respect and each detail is rigidly prescribed by Rabbinic Law and centuries of tradition. It is written today exactly as it was written 2500 years ago. The parchment must be made of the hides of kosher animals. The sheets of parchment are sewn together with gut and the ink, which must be black, can contain only natural ingredients. Instead of a pen, it is customary to use a quill or specially sharpened reeds. The scribe was here in June to show us how he writes the Torah.

Every Jew is Affirmatively commanded to write a Sefer Torah. If he cannot write one himself he should help endow a part of the Torah. Most members of our Congregation has bought portions of the Torah.

Debbie Wilner, chairwoman of this important project announced

that Irving & Sylvia Footlik, who donated the board where all the names of people who gave money toward the Torah are listed will have the honor of reading the last portion of the Torah (called Haftan Torah) and Fred & Lillian Sinay, who donated the Torah will have the honor of being the first people to read in the New Torah (called Haftan Parshat). The two couples will also be host at the luncheon following the dedication.

This is a very special service and the entire community are invited to attend.

KOC special prayer service

All members of our community are invited to participate, as the North American Martyrs Council, Knights of Columbus, host a tribute to the 'Our Lady of the New Millennium' Statue and our blessed Mother Mary.

The Council will be hosting a special edition of 'The Family Hour of Prayer,' prayer service, Sunday, September 26, at St. John Brebeuf Church, 8307 N. Harlem Ave., Niles, starting at 2 p.m. The service will include a candle lit procession of participants along with the adoration, exposition and benediction of the Blessed Sacrament. We also plan to honor Mary by reciting the Rosary. Everyone is invited to join us for this special tribute. For more information, contact Church Director Carl Ferina at (847) 966-5842.

Gan Yeladim receives accreditation

The Gan Yeladim of Ezra Habonim, The Niles Township Jewish Congregation granted accreditation by the National Association for the Education of Young Children.

This prestigious recognition has been achieved by approximately 7% of early childhood programs nationwide and only a few other programs in this area. Betsy Rotberg-Director along with the staff are glad that all their hard work has paid off.

To receive this high honor Gan Yeladim had to undergo an intensive self-study, collecting information from parents, teachers, administrators, and classroom observations. They received an on-site visit, conducted by early childhood professionals especially trained by NAEYC, to validate their self-study results. All this information was independently reviewed by a team of national experts who granted the accreditation.

"The heart of NAEYC accreditation focuses on the child's experience," said Betsy Rotberg, director.

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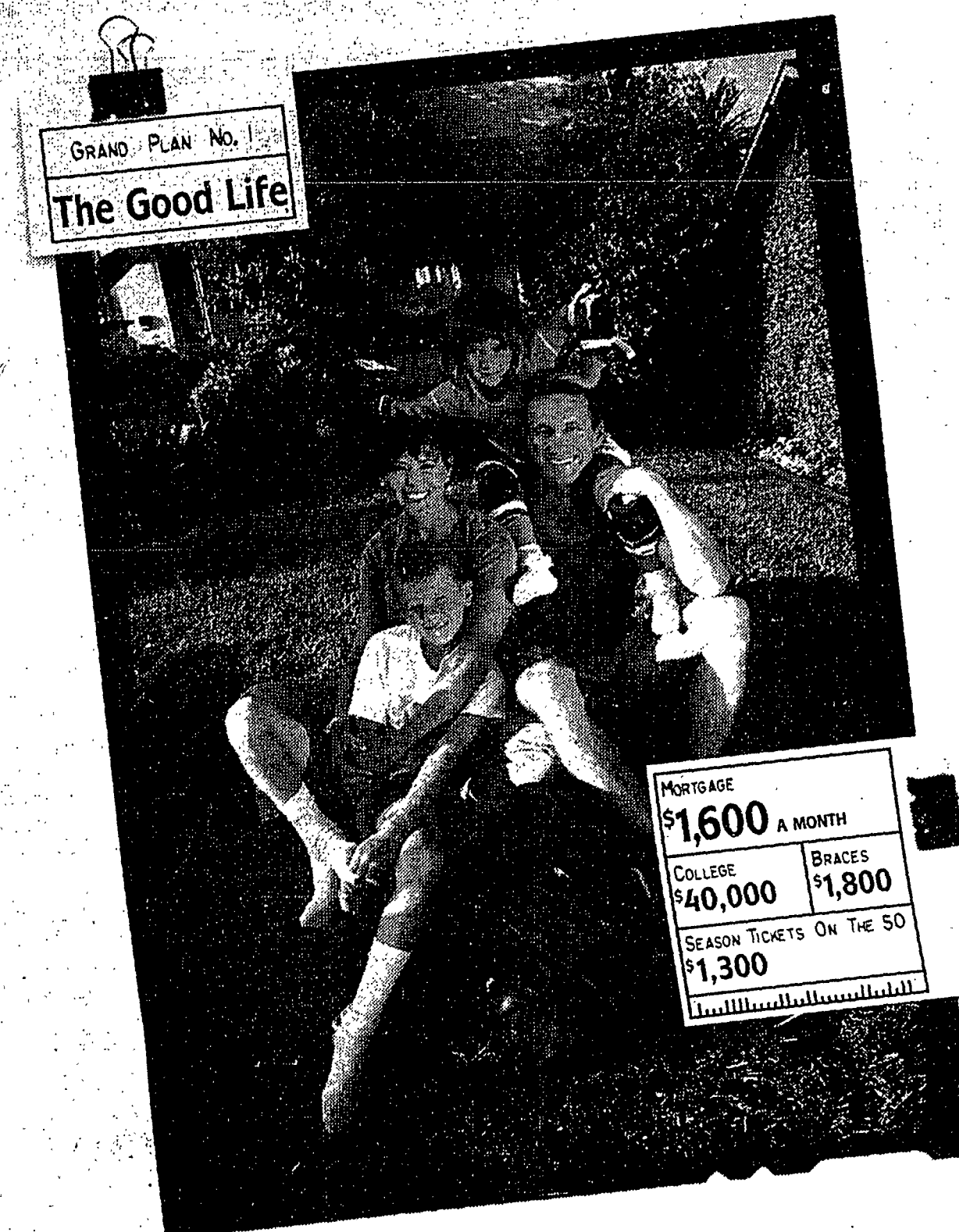
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Endowment received to enhance photography education

Frederick Quellmalz, long-time Des Plaines resident and community volunteer, recently donated more than \$50,000 to the Oakton Community College Educational Foundation to endow a fund to support the photography program at the College.

The establishment of the Frederick Quellmalz Photography Endowment reflects the donor's life-long passion for photography and his strong belief in the value of education. Quellmalz, a 1934 graduate of Princeton University, is a professional photographer who, for the majority of his career, headed the Professional Photographers of America. He moved to Des Plaines in 1964 when the organization relocated here.

Quellmalz is involved in many community endeavors, including Oakton Community College. He is an active member of the Oakton Educational Foundation Development Council, assisting in fund raising and campus events. Through his many community and campus activities, Quellmalz serves as ambassador for Oakton.

In 1982 he co-founded the Des Plaines Sister Cities Association. He was the force behind the development of the Des Plaines American Association of Retired

Persons (AARP) chapter. Quellmalz has received many honors from his colleagues and the community for his civic work, including a humanitarian award from Maryville Academy in 1991. Quellmalz was instrumental in establishing the Photographic Art & Science Foundation in Oklahoma City to promote the field of photography. In January, he and his wife Jayne traveled to the International Photography Hall of Fame and Museum, also in Oklahoma City, to witness the dedication of its Main Gallery in their names.

Quellmalz was associated with many professional organizations throughout his career. He is a fellow of the Royal Society of Arts, London, and a life member of both the Chicago Society of Association Executives and the National Press Photographers Association.

"The endowment will provide Oakton with the opportunity to offer a comprehensive and professional photographic education to students," says Marilyn Appelton, director of College Development. "As the medium becomes electronic, the earnings of this endowment will ensure that the College offers students exceptional technical and studio resources."

Deloris Jordan helps paint smiles on sick kids' faces



Deloris Jordan, mother of retired basketball star Michael Jordan, teamed up with kids from Children's Memorial Hospital for an activity grownups usually frown upon -- painting on the walls. No problem though; it was all part of Brushstrokes, an annual project that offers hospitalized youngsters and visiting celebrities a chance to participate in the painting of a wall-size mural outlined and orchestrated by a specially commissioned artist. Sponsored by Chai Lifeline Chicago -- the Midwest division of an international health organization that provides a wide array of free support services for seriously ill children and their families -- Brushstrokes aims to give sick kids a "time-out" from the often grueling routine of serious illness. This year's project is being held in memory of Gene Siskel, who was himself a guest Brushstrokes "artist" in 1996. The mural will be unveiled in early October.

Investigate a new career option

Oakton Community College's Alliance for Lifelong Learning (ALL) is offering several work-

shops and classes to acquaint you with the skills and training needed to break into a new career.

Getting INN to Business (BUS S41) is a one-day seminar designed for aspiring bed and breakfast innkeepers. Topics include lifestyle considerations, regulations, valuing properties, marketing, financing and tax considerations. Presenting at this informative session are Lynda Petty, a Saugatuck bed and breakfast innkeeper; Bob Fuehr, a bed and breakfast inn broker; and Ron Thomas, associate professor of hospitality at Oakton. The seminar meets from 8:30 a.m. - 5:30 p.m. on Sunday, Oct. 10, at Oakton's Des Plaines campus, 1600 E. Golf Road. Cost for one attendee (registering for course section BUS S41-01, Touch Tone 7588) is \$120. A second person signing up with the first (for course section BUS S41-02, Touch Tone 7620) pays an additional \$75.

Other ALL career workshops offered this fall include Waitress/Waiter Workshop, Introduction to Aviation Careers, Breaking into the Music Business and Getting a "Jump Start" on an Acting Career.

Students who have registered for Oakton or ALL classes within the last five years and have the correct Social Security number on file may register by using the Touch Tone system at (847) 635-1616 or by Fax at (847) 635-1448. Both methods require payment with a major credit card (Visa, MasterCard or Discover).

For more information about these classes and for a complete brochure of ALL courses, call (847) 982-9888, press #3.

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Police News

Threatening letters

The corporation counsel for a firm in the 7400 block of Caldwell Avenue reported Sept. 17 that a 50-year-old Chicago man who filled out a job application last March 17 but was not hired is suspected of writing letters to and phoning the company indicating age discrimination and making threats. The report was made as a matter of record.

Suspicious activities/criminal damage to property

A 74-year-old Niles man and his family reported that unknown offender(s) were turning the locked front door knob of his townhouse in the 8900 block of Heathwood Circle around 9:33 a.m. Sept. 18 causing the front door to shake.

The victim then heard a loud bang outside, and when he went outside he discovered that a full beer bottle had been thrown against the exterior entry way. The bottle broke and siding sustained two small dents. Police are investigating the incident.

Criminal damage to auto

A 27-year-old Park Ridge receptionist reported that she left her white 1994 Pontiac Grand Prix in a parking lot in the 8800 block of Kathy Lane around 9:45 p.m. Sept. 13. When she returned to the parking lot at 12:15 a.m. Sept. 14, she discovered that unknown offender(s) had used bricks to scratch the windshield, driver's side window and hood area of the car.

Theft

The owner of a transportation company in the 6000 block of Howard Street reported that two witnesses, also employed by the

firm, observed a 26-year-old Melrose Park man and a 17-year-old Carol Stream man select two brown cardboard boxes off the warehouse floor, which the Carol Stream man took and exited the building and placed both boxes in the trunk of the Melrose Park man's 1990 Oldsmobile. The Carol Stream man appeared to be standing guard while the theft was being committed.

When police arrived and asked the Melrose Park man to open the trunk of his vehicle, the suspect told police the other man had the keys. The other man, however, produced the keys and opened the trunk upon the police officer's request.

Removed from the trunk were two cases of Avon watches valued at \$10 each. The subjects were placed into custody, and the property was returned to the complainant. The subjects were processed at the Niles Police Department where they were each given \$50,000 bond and assigned a Sept. 23 court date.

A 46-year-old auditor from Wheeling had an agreement with the music outlet store in the 9000 block of Milwaukee Avenue to consign the victim's drumset, which was valued at about \$3,000 on consignment. The victim left the drumset at the store around June 1. On Sept. 15, the victim discovered that the store had gone out of business. The victim's drumset had not been sold, nor had he been notified of the store's closing. The victim told police she intends to prosecute.

The 45-year-old owner of the beauty salon in the 8000 block of Milwaukee Avenue reported that

two tall unknown females in their 30s entered the salon around 3 p.m. Sept. 16 and asked the complainant questions relating to a hair cut. The pair stayed in the shop between five and ten minutes. After the pair left together, the complainant, who was in the shop alone at the time, noticed that a black briefcase containing \$2,000 cash, \$400 to \$500 in checks, a credit card, personal checks and keys to the victim's shop, car and home long with miscellaneous business papers and the victim's eyeglasses.

Parental responsibility

A 14-year-old 8th grade student came to the Niles Police Department around 8:35 p.m. Sept. 16 and told police she and her 16-year-old brother were being left alone all day long by their 40-year-old father in a room in the motel in the 7100 block of Milwaukee Avenue and were not attending school.

The father and son responded to the Niles Police Department, and the father explained that the family had been living in the motel over 3 months. The father appeared more than willing to receive help from the Niles Family Services Dept., and both children expressed a strong desire to go to school. A referral was made to the Social Services Department.

Lupus, Sjogren's Syndrome, and Fibromyalgia

The Arthritis Foundation, Greater Chicago Chapter, Sjogren's Syndrome Foundation, and the Lupus Foundation, will co-sponsor a seminar on Lupus, Sjogren's Syndrome, and Fibromyalgia: Similarities and Differences, on Saturday, Sept. 25 from 9 a.m.-11:30 at Lutheran General Hospital in Olson Auditorium, 1775 W. Dempster, Park Ridge.

Topics and presenters will be Sjogren's Syndrome, Dr. Charles Bouchard, Associate Professor of Ophthalmology, Director, Cornea Service, Loyola University, Fibromyalgia, Dr. Gerald M. Eisenberg, Rheumatologist, Illinois Bone and Joint Institute, and Lupus, Dr. Rosalind Ramsey-Goldman, Rheumatologist, Northwestern Medical Faculty Foundation.

Registration is required. To register call (312) 616-3470.

Memorial service for Ralph Kozeny

The entire scouting community was deeply saddened by the passing of one of the great scouts of Troop 175 - Ralph Kozeny. In an effort to allow everyone an opportunity to honor this great man, Troop 175 will be hosting a special memorial service on Thursday, October 7, at St. John Brebeuf Church, 8307 N. Harlem, starting at 7:30 p.m. Everyone is invited to attend.

Anyone wishing to share their happy memories and stories of our beloved leader and/or be part of this special service - should contact Bob Galassi, (847) 965-0920.

Former Chicago Bear to appear

Meet former Chicago Bear Tom Waddle on October 9, at Au Sports, 5129 W. Dempster, Skokie, (847) 679-8310. Tom will sign autographs and greet his fans from noon until 2 p.m. Photos and cards will be available at Au Sports. Or, bring in your own memorabilia to be signed. First autograph is free. Each additional is \$2.

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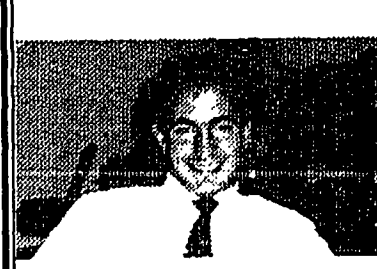
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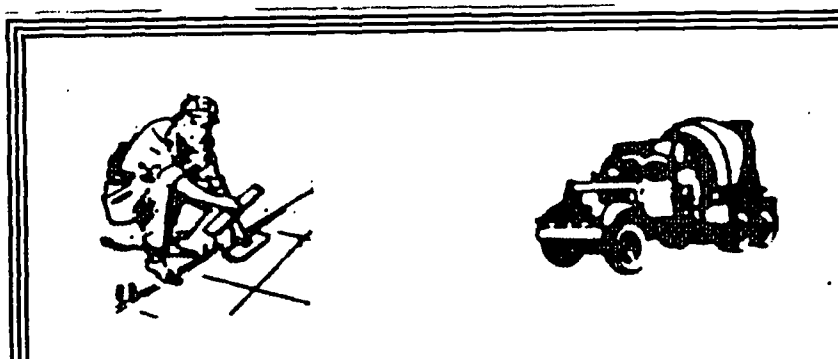
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Niles Senior Men's Bowling at Brunswick

Brunswick Niles Bowl 9-8-99					
TEAMSTANDING			W	L	
1. #13 Team	5	2			
2. #8 Team	5	2			
3. #16 Team	5	2			
4. #18 Team	5	2			
5. #4 Heatmaster	5	2			
6. #5 Team	5	2			
7. #1 Team	5	2			
8. #21 Team	4.5	2.5			
9. #19 Team	4	3			
10. #10 Team	4	3			
11. #11 Team	4	3			
12. #20-20	3	4			
13. #9 Team	3	4			

Skokie AARP Chapter to meet

Skokie A.A.R.P. will hold its next meeting on Tuesday, October 5, 1999 at 1 p.m. at the Petty Auditorium of the Skokie Library, 5215 Oakton St., Skokie, IL.

Members and guests are invited to enjoy refreshments after the meeting.

Entertainment 2000 Books are being sold at \$35. Will expire Nov. 1, 2000, but may be used immediately. Buy now! Save Later. Please call Doris Kohn, 847-677-8667.

Please call Sid Sonin, President, for further information at 847-663-0013.

Morton Grove Senior Citizens 470-5223

MEET MORTON GROVE BUSINESSMEN

These Fall "Take Time for Thursday" programs held in the Community Room of the Prairie View Community Center will highlight Morton Grove businesses. Make a reservation by calling Catherine Dean at 965-1200. On September 23 at 1 p.m., Tony LaCorte of Leading Edge Automotive will share information and answer questions about car maintenance. Then on October 21 at 1 p.m., John Koester of Maier and Koester's Bakery will demonstrate the art of cake decorating. Learn the "tricks of the trade" and then enjoy John's creation with coffee and tea.

"HOW CAN I STAY IN MY OWN HOME?" is a primary goal of residents of Morton Grove. This daunting challenge can be threatened by illness, age, finances and other factors. Find out about services available in Morton Grove at this free program entitled, "How Can I Stay In My Own Home?" Adult Supportive Services in Morton Grove. Presenters are Nancy Brothers (Morton Grove Public Library), Catherine Dean (Morton Grove Park District), Mary Kay Andreoni and Bud Swanson (Village of Morton Grove), Brenda Long (Great Opportunities Adult Day Care), Ann Schnur (Bethany Terrace Nursing Centre), and Michael Babiarz (Attorney at Law). The program begins at 2 p.m. on Sunday, Sept. 26 in the Morton Grove Public Library. Refreshments will be served and resources will be available. To register, call the Library at 965-4220.

MALL SHOPPING

Seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, Sept. 28 should call today to reserve a seat on the Morton Grove Senior Center. Home pick-ups begin at 10 a.m. with arrival at Golf Mill around 11 a.m. Shop and browse for three hours until the bus returns shoppers home at 2 p.m. Mall trips are scheduled on the last Tuesday of every month at no cost. Call the Morton Grove Senior Hot Line at 470-5223 to make a reservation.

DIABETES SCREENING

Diabetes is a silent disease. By the time it is diagnosed, damage to arteries, eyes, nerves, and kidneys has been going on for seven to 10 years. Every minute at least one person is diagnosed with diabetes. People are at higher risk if they:

- are age 45 and older;
- are a member of a high-risk ethnic group (e.g., African American, Hispanic/Latino, American Indian, Asian American, Pacific Islander);
- are overweight;
- have high blood pressure (at or above 140/90)
- have a family history of diabetes; and
- have a history of diabetes during pregnancy or are a woman who has had a baby weighing more than 9 pounds at birth.

Free diabetes screenings are available from 9 to 10 a.m. on Tuesday, Aug. 24 in the Morton Grove Village Hall Senior Center. People coming in for the screening should fast from the previous evening meal.

ILLINOIS IDENTIFICATION CARD

The Office of the Secretary of State will be issuing identification cards and driver's licenses from 9 a.m. to 2:30 p.m. on Wednesday, Oct. 13 in the First National Bank of Morton Grove. Please note that only drivers who need to take the vision and written tests for their license renewal within the next calendar year may renew on this date.

Identification cards are free to citizens 65+ and for persons with disabilities. The card is accepted as a valid form of identification just like a driver's license. Documents required for issuance of the card are a Social Security Card, plus two acceptable forms of identification that provide name, date of birth, residence and signature.

BAVARIAN FEST '99

Enjoy this afternoon of song, drink, food and fun on Tuesday, Oct. 26, during Zum Deutschen Eck's Bavarian Fest '99. Marvel at the international musical show featuring "The Spectacular Duo" that plays over 10 different instruments and sings in German, Czech, Polish, French, Italian and more! Plus, dance to the Macarena, Chicken Dance, and polkas to name a few. The scrumptious authentic lunch of German Pot Roast, Buttered Spatzles, Bavarian Red Cabbage and Homemade Apple Strudel along with unlimited beer and wine, top this fabulous trip!

Depart from the Prairie View Community Center at 10:30 a.m. and return at approximately 3:30 p.m. The cost of this trip is \$49 for residents and \$55 for non-residents. For more information or to register (reg. #3428-3), contact Senior Adult Supervisor, Catherine Dean at the Morton Grove Park District, 965-1200.

Niles Senior Citizens 588-8420 - 588-8000

NILES SENIOR CENTER REGISTRATION
The New Niles Senior Center - 999 Civic Center Drive, behind the Village Hall - serves residents of the Village of Niles age 62 and over and their younger spouses. To register for classes, trips, purchasing tickets, etc., you need to be a member of the Niles Senior Center. If you are interested in obtaining additional Senior Center information - or you wish to become a member - please call or visit the Center and be placed on the mailing list. Membership is FREE.

VOLUNTEERS NEEDED
HEAT/COLD ALERT VOLUNTEERS: Volunteers are needed to make phone calls during extreme weather conditions to homebound elderly.

EVENING AND SUNDAY VOLUNTEERS: Volunteers are needed to assist at our Sunday and Evening Programs. Jobs include answering the phone, serving food, collecting tickets. To volunteer, please contact Mary Swanson at 588-8420.

MONTHLY SUNDAY AND EVENING PROGRAMS

The Niles Senior Center is now open one Sunday every month, and one evening every month. All Niles seniors are welcome. We're hoping Niles seniors who can't come to the Senior Center during regular hours will join us on Sunday or in the evening. Call to register, so we know how much food to order.

GENERAL TICKET SALES
Tickets are sold on a first-come/first-served basis. Call for ticket availability.

September Lite Lunch & Movie is Friday, Sept. 24, 12 noon to 3 p.m. Enjoy an Italian Beef Sandwich followed by *Shakespeare in Love* (PG-13) starring Gwyneth Paltrow. Cost: \$2.

Sunday at the Center - Halloween Hijinks - is October 10, 11 a.m. to 3 p.m. (Center open until 4 p.m.) Bring the grandkids! The Hijinks start with a Halloween Pet Parade at 11 a.m. - all pets must be in costume and prizes will be awarded. Lunch will be served from 12 noon to 1 p.m., followed by a ghoulish Marionette show at 1:30 p.m. featuring Dave Herzog's Marionettes. Cost: \$5.

Debbie Reynolds in Concert - 2 Dates: Wednesday, Oct. 20; and Thursday, Oct. 21: 11 a.m. to 5:30 p.m. Enjoy Butt Steak or Fantail Shrimp at Drury Lane Martini. Then listen to Debbie Reynolds. Cost: \$46. Limit 2 tickets/person.

Evening at the Center - Halloween Funfest is Tuesday, Oct. 26, 5 p.m. to 9 p.m. Meal of Sloppy Joe's, and a Surprise Dessert is served from 5:30 p.m. to 6:30 p.m. Don't forget to wear your costume; prizes will be awarded. Enjoy the Kitchenaires and a Sing-a-Long. Cost: \$3.50.

MAYFLOWER TOUR PREVIEW

Mayflower Tour Preview is Thursday, Sept. 23 at 10 a.m. Featured tours include Florida Sun Coast, River Barge and Rails and the Thanksgiving Day Macy's Parade in New York City. Registration required.

LOOKING FOR 80 YEAR AND OLDER MEN

The Niles Senior Center is putting together a monthly social group of men 80 and older. If you are interested, please contact Mary Swanson at 588-8420.

LITE LUNCH AND MOVIE

Lite lunch of a beef sandwich at 12 noon. Cost: \$2.50. Current movies continue in September. ShowTime: 1 p.m. in Room #127.

WOMEN'S CLUB MEETING

Women's Club meeting is Monday, Sept. 27, at 12 noon. Suzanne Horyza will give a presentation on Colors and Make-up following a meal of Italian Beef and chips. Cost: \$2.

GOLFERS WANTED

All men are invited to participate in the following Golf Outings:

18 Hole Golf Outing is at Countryside in Mundelein on Tuesday, Sept. 28. The price is \$27 and includes golf, cart and green fees.

9-Hole Tam Outing scheduled for Wednesday, Oct. 6. The price is \$12 and includes golf and prizes only.

ANNUAL MEN'S GOLF BANQUET

Come join us as we finish our successful Golf Program at the Lone Tree Restaurant on Friday, Oct. 15 from 11 a.m. until 2 p.m. Prizes will be awarded. Price: \$10.

YARN NEEDED

The Senior Center is requesting left over yarn or scraps of material. Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are also needed. If interested, please contact the Senior Center.

Four day senior 'Nashville Country Christams'

Senior citizens throughout Maine Township are invited to enjoy deluxe motorcoach transportation to Nashville, Tennessee for 3 nights at the Opryland Hotel which will be elegant, full-service anchor point for a stay filled with entertainment, tours and history.

Beginning December 10th, seniors will travel through scenic Kentucky and Tennessee to the Opryland Hotel in Nashville, and be greeted by the sight of 20,000 poinsettias and miles of holiday garland - just part of the well known annual holiday decorations that helped make the Opryland Hotel famous.

Travelers will enjoy a guided tour of Nashville, known as the "Athens of the South", including Music Row, homes of Country & Western music stars, and the Country Music Hall of Fame. In the afternoon, seniors will board the 300-foot paddlewheel "General Jackson Showboat" for a cruise on the Cumberland River along with a late lunch and live entertainment. That evening will include a live performance at the legendary Grand Ole Opry.

Seniors will also visit The Hermitage, the home of President Andrew Jackson built in 1819, and have an opportunity to do some Christmas shopping at the Opryland Hotel Country Christams Art, Antique, and Craft Fair. The last night in Nashville will include a dinner and musical revue.

The trip includes 5 meals, deluxe motorcoach transportation & hotel, all attractions and admission charges and gratuities.

Reservations are required. For additional information and prices, call Sue Nueschel, Maine Township Director of Senior Services at 847-297-2510.

St. Andrew plans Art & Craft Fair

On Saturday, Oct. 9 at St. Andrew Home in Niles from 10 a.m. to 3 p.m., artists and crafters will exhibit oil paintings, handmade dolls and animals, eyeglass chains and cases, Victorian bird houses, wooden boxes and traditional dolls from Poland, hand-sewn table linens, soft sculptures,

floral novelties, knitted items, Native American art, baby items, and much more. An Octoberfest menu will be available.

St. Andrew Home is located at 7000 N. Newark (1 block west of Milwaukee Av. and 1 block south of Touhy). 847-647-8332. Free admission.

Lincolnwood Seniors Club October birthdays

The Lincolnwood Seniors Club will celebrate October Birthdays at the Alden North-Shore located at 5050 W. Touhy Ave., Skokie on October 7, 11:30 a.m. A complimentary

gourmet luncheon will be served. If you are interested you must register ahead of time. Please call the Recreation Department at (847) 677-9740 by September 30 to register.

PNA North Side Seniors to meet

The Polish National Alliance North Side Seniors will meet Wednesday, October 13, at 10 a.m. at the PNA Fraternal Center, 6038 N. Cicero Ave., Chicago.

The speaker for this meeting will be a representative from the Office of Banks and Real Estate, to discuss the substantial public attention concerning the impact the year 2000 date change could have on the businesses and organizations that service seniors. Because of the great reliance financial institutions, security systems, communication network, etc. have on computerization; steps are taken to make sure our systems will work correctly. This important session will address the needs of seniors and hopefully answer most of our questions.

PNA Vice President Stanley M. Jendzejec extends an invitation to all seniors and friends. All seniors 55 and over, PNA members or not, are invited. Refreshments will be served.

Call (847) 823-0453 for additional information about this program and to find out about volunteer opportunities. Visit The Center located at 1580 N. Northwest Hwy., Suite 310, Park Ridge.

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School News

And the winner is...



Our Lady of Ransom Troop #107 held their annual Pinewood Derby Race. The winners were: (bottom row, l to r): Ryley Mikos, Kevin Honeman, Ben Mayer; (middle row, l to r): Jason Kalchuk, Kevin Seske, Michael Halperin and Kenneth Misiewicz; (top row) Cub Master Phil Falson.

Niles West Open House

Niles West High School will hold its annual Open House for parents at 7 p.m. tonight at the school, 5701 W. Oakton Street in Skokie. Parents will follow their children's schedules to learn first-hand what each course contains. Schedules will

be mailed to parents before the Open House. In addition, various activities, clubs and organizations will have information booths in the cafeteria. For information, please call Patricia Harn at 568-3551.

Director of Public Safety appointed at NEIU

Melvin C. Terrell, Ph.D., Vice President for Student Affairs/Public Affairs at Northeastern Illinois University (NEIU), announces the appointment of Steven D. Horton, M.A. to the position of Director of Public Safety effective July 7, 1999.

Horton comes to NEIU from Northeastern University where he has served as Deputy Chief for Administrative Services since 1997. He joined Northwestern's Police Department in 1980, and was appointed Deputy Chief of University Police in 1988, serving both on the Chicago campus (1988-92) and the Evanston campus (1993-97). Previous to these positions he was a police officer, corporal, sergeant and lieutenant at Northwestern.

Before joining Northwestern University, Horton was a police officer for the Metropolitan Water Reclamation District (formerly, Metropolitan Sanitary District) of Greater Chicago, for the University of Chicago, and for Northwestern Memorial Hospital in Chicago.

A graduate of Northeastern Illinois University, Horton earned an M.A. in Political Science and

Continued on Page 21

How to use college to ensure job success

Internationally known motivational speaker, author and television personality, Patrick Combs, will give a free presentation called "Major in Success" on Monday, October 4, at Oakton Community College. Combs will speak from 1-3 p.m. at the Des Plaines campus, located at 1600 East Golf Road.

In his highly interactive presentation, Combs fires up and empowers his audience with a powerful blend of enthusiasm, sincerity and smart advice -- advice on getting the most out of college, getting and staying motivated, triumphing over fears, and landing a dream job. His refreshing, inspiring and humorous presentation gets his audience "up," moving and motivated to take actions that create lasting, positive life changes.

After graduating from San Francisco State University, Combs achieved a level of professional success usually attained by those much older and established in their careers, including garnering an \$80,000 annual salary; a prestigious role as video conferencing manager for Levi Strauss & Company; a top producer role on "A Day in the Fu-

ture," a highly acclaimed Fortune 500 leadership event; and a summer job testing video games for Electronic Arts.

As a television personality, Combs has been a featured guest on such shows as *Hard Copy*, *Real TV*, *The Phil Donahue Show*, *The Montel Williams Show*, *ABC Nightly News* with Diane Sawyer, and *Good Morning America*. His first book, *Major in Success: Make College*

Easier, Beat the System & Get A Very Cool Job, is a best seller which won a New York Public Library "Best Book" award. In addition, he has been twice nominated for Speaker of the Year by *Campus Activities Today* magazine.

Combs' website, www.goodthink.com, has been visited by millions and has won the Internet's highest awards.

For reservations or additional information about this program, please call Robin Vivona at 847-635-1735.

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We worked with Suzanne throughout her pregnancy, resulting in a beautiful little girl. A week after the delivery, I gave Suzanne a call to make sure everything was going well, answer any questions and make sure she was setting up her postnatal appointments. Making a difference for women like Suzanne is what I love about my job."

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For more information call:
(847) 813-3040

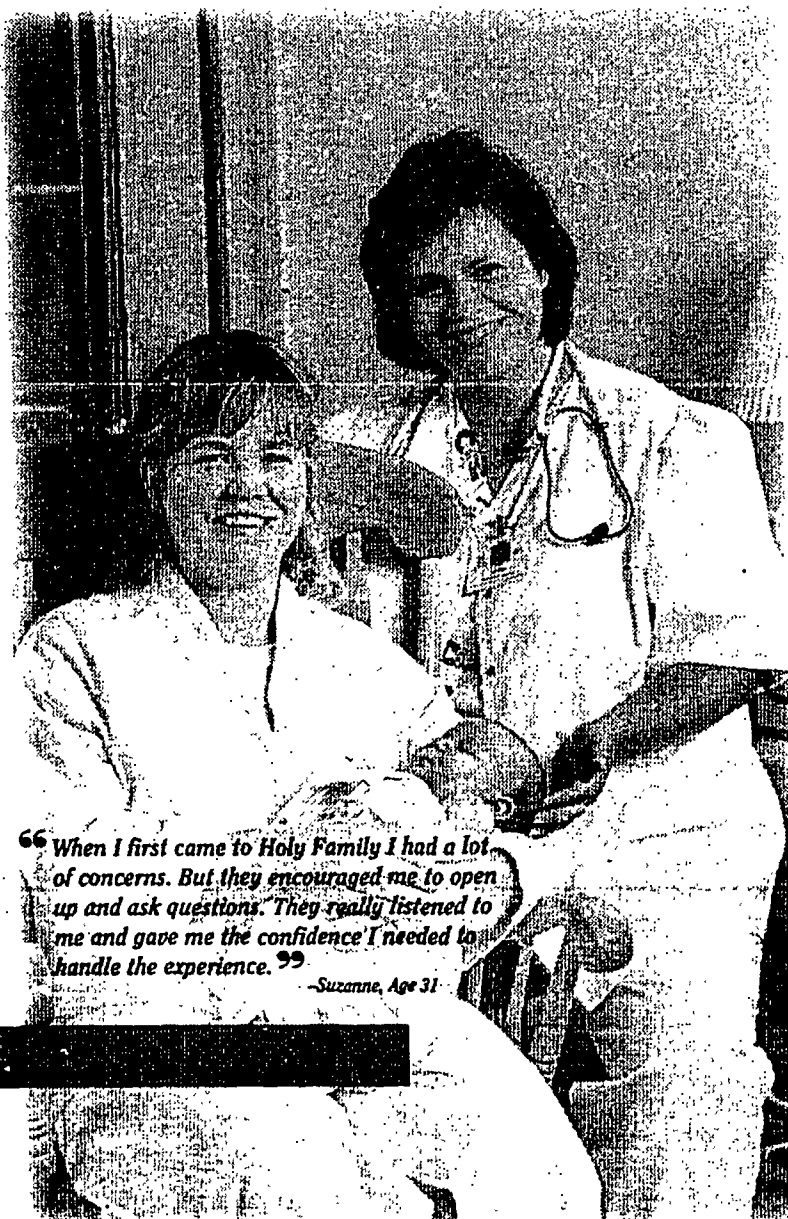


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-Suzanne, Age 31

School News

ABC's of Investing via the Internet

The Alliance for Lifelong Learning (ALL), the continuing education program partnered by Oakton Community College and district high schools, is offering a new course for those interested in learning about online investing.

Online Investing (DPR A04) provides information about company research, stock quotes, charting and indicator tools, and stock and mutual fund screening tools. Additional topics covered

include networking with other individual investors and learning how to trade through the Internet. There are two sections of this class scheduled at Oakton's Des Plaines campus, 1600 East Golf Road. DPR A04-01 (Touch-Tone 9809) meets from 9 a.m.-1 p.m. on Monday, Oct. 4, and Wednesday, Oct. 6. DPR A04-02 (Touch-Tone 9911) meets from noon-4 p.m. on two Sundays, Oct. 10 and 17.

Other ALL computer courses offered this fall include *Explore the Internet*; *How to Create and Publish a Web Page*; *Multimedia and E-Commerce on the Internet*; and *Web Design and Animation*.

Students who have registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file may register by using the Touch-Tone system at (847) 635-1448 or by FAX at (847) 635-1448. Both methods require payment using a major credit card (Visa, MasterCard or Discover).

For more information about these classes and for a complete schedule of ALL courses, call (847) 982-9888, press option #3.

ALL offers 'Do-It-Yourself' skills

If you're the type who likes to tinker, Oakton's Alliance for Lifelong Learning (ALL) has a variety of classes to help you develop the skills and confidence needed to tackle your next project.

Introduction to Home Plumbing (TEC B69-01, Touch-Tone 2260) features demonstrations and lectures about repairing leaky fixtures, including toilets, exterior and interior faucets, underground pipes and water heaters. The class meets from 7-10 p.m. on Thursday, Oct. 14, at Maine East High School, 2601 Dempster Street, Park Ridge. The course fee is \$25.

Small Engine Repair (TEC B12-01, Touch-Tone 2112) focuses on the theory, operation and repair of small gas engines found in lawnmowers, snowblowers and go-carts. The course includes demonstration and actual practice on representative engines. This 10-week class meets from 7:30-10 p.m. on Tuesdays, beginning Sept. 28, at Niles West High School, Oakton & Edens Expressway, Skokie. The course fee is \$149.

Welding I (TEC A10) is a "hands-on" course that teaches the fundamentals of welding. Students will practice techniques that include manual arc welding,

torch welding and cutting. There are two, 10-week sections of this course offered this fall at Maine West High School, 1755 South Wolf Road, Des Plaines: A10-01 (Touch-Tone 3762) meets from 7:15-10 p.m. on Wednesdays, beginning Sept. 22; and A10-02 (Touch-Tone 3763) meets from 7:15-10 p.m. on Mondays, beginning Sept. 27. The course fee is \$140.

Other home improvement courses offered this fall include *Bathroom Remodeling*, *Interior Design Workshop*, *Choosing*

Floor Covering and Faux Decorating.

Students who have registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file may register by using the Touch-Tone system at (847) 635-1616 or by FAX at (847) 635-1448. Both methods require payment using a major credit card (Visa, MasterCard or Discover).

For more information about these classes and for a complete schedule of ALL courses, call (847) 982-9888, press option #3.

"What is a Grateful Heart?"

Everyone wants to feel loved, especially our children. We want to know we are being nurtured in heart, mind and body. First Church of Christ, Scientist, Park Ridge, 330 Touhy Avenue, is sponsoring two lectures that will provide answers to your search for health and well-being.

"What is a Grateful Heart?" will be given on Saturday, September 25 at 4 p.m. in the church edifice. "We can claim our birthright as the sons and daughters of God," Ms. Neeley notes, Cynthia Neeley, C.S.B. is the guest speaker. She will explain how the Christian Science Textbook, *Sci-*

ence and Health with Key to the Scriptures by Mary Baker Eddy, the Discoverer and Founder of Christian Science, helps its readers solve workday, health, financial and relationship problems. "Our sense of unity with God comes from within -- and that is where we need to look for solutions," Ms. Neeley points out.

Ms. Neeley was a Christian Science nurse who now devotes full time to the healing practice as a Christian Science practitioner. She has traveled extensively as a member of The Board of Lectureship.

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School News

Meet the Teacher at SJB

Having had sixteen years of a Catholic education in the Chicago Archdiocese, including graduating from Loyola University, it seems only natural to be teaching at St. John Brebeuf for the last sixteen years.

Until my husband Dick and I had our first child, I taught in the Chicago Public Schools. Shortly thereafter, we moved to Niles and S.J.B. parish. Here at St. John's, three of our five children were baptized, all received the sacraments and graduated, and both our daughters were married. Even one of our grandchildren was baptized here, too. Therefore, there is a special attachment to the parish and school.

My responsibilities have included Religion, Math and Social Studies. Currently, I am teaching Seventh Grade Religion which centers on the Life of Christ and use of the New Testament. In addition, (no pun intended), I teach Seventh and Eighth Grade Math, including Algebra. Math has always been one of my favorite subjects, so I really enjoy this area very much. I only hope the students do, too.

Once a month I appear on a television show. The show is called "Countdown" and is a live Math enrichment program allowing students to call in and

participate in a classroom like atmosphere. Topics for the show are selected by a professor from Loyola University's Education Department and are based on various Mathematicians and their findings. We are responsible for writing and presenting the material on the show much like teaching in the classroom. Tune in sometime, Mondays, Channel 35 at 7 p.m. if you have TCI Skokie as your cable company.

I try to keep informed on the subjects I teach through membership in N.C.T.M. and workshops related to not only my subject areas, but other topics such as methods. The faculty has been concentrating on appropriate computer use in the classroom.

Currently we reside in Glenview and attend Our Lady of Perpetual Help Church. We are also grandparents to seven "perfect" grandchildren. This in itself keeps us very busy. Friends Book Club which meets before school about every six weeks, crossword puzzles, many sports, especially golf, and projects around my home. Like most women, I enjoy shopping and eating out. (I am not sure of the order of enjoyment for these outside activities.)

Maine Township Fall Parenting series

Maine Township's MaineStay Youth and Family Services will be offering three free parenting programs presented by MaineStay staff professionals, on subjects including Building Your Child's Self Esteem, How to Discipline with Love, and Inoculating Your Child Against the Epidemic of Violence.

Weber 49ers to celebrate 50th reunion

The Weber High School Class of 1949 will celebrate their 50th year reunion on Saturday, November 20, 1999, at Przybylo's White Eagle in Niles. Cocktail hour from 6 p.m. to 7 p.m., with dinner served at 7 p.m.

Celebrating 25 years the same night, will be the Class of 1974. An invitation is extended to all Weberites to attend so as to continue our Alumni Traditions despite our school's closure. Please contact all alumni and friends of Weber to continue extolling the name of Weber High School.

The cost of the evening festivities is \$50 per person. This price includes dinner, open bar, music, plus loads of camaraderie and legendary tales.

For additional information and reservations, please call (773) 774-1711. The new address of the Weber Alumni Association is: P.O. Box 59908, Chicago, IL 60659.

jects including Building Your Child's Self Esteem, How to Discipline with Love, and Inoculating Your Child Against the Epidemic of Violence.

The first program centers around the often discussed, yet little understood, concept of "Bullying Your Child's Self-Esteem." Discussion of how self-esteem changes from childhood through adolescence and how parents can help will be followed by practical suggestions and ideas. Amy Riniker, M.A., L.C.P.C., of MaineStay will be the presenter at the Park Ridge Public Library, 20 S. Prospect Ave. in Park Ridge on Monday, September 27 from 7 to 8:30 p.m.

On Monday, October 25 at the Park Ridge Public Library, from 7 to 8:30 p.m., MaineStay's Erin Koster, M.A., will discuss how parents can "Discipline With Love." Parents will learn different techniques to establish both rapport and authority with their children and find out what some of the differences are between discipline and punishment.

The third program will be offered at the DesPlaines Public Library, 841 Graceland Ave., on Wednesday, November 3 from 7 to 8:30 p.m. Entitled "It's Getting Scarier and Scarier: Inoculating Your Child Against the Epidemic of Violence," parents will learn

some practical strategies to help children protect themselves and to deal with conflict more constructively. The program will be presented by Bill Webster, M.S., L.C.P.C., from MaineStay.

To register for the September 27 or October 25 programs at the Park Ridge Public Library, call (847) 825-4527. For the November 3 program at the DesPlaines Public Library, call (847) 827-5551.

Book Discussion Group

Thinking Out Loud, the Library's book discussion group, will meet Tuesday, September 28 at 7:30 p.m. to discuss the Pulitzer Prize Winner, American Pastoral, by Philip Roth. The novel tells the story of a father whose idyllic life is turned upside down and inside out by his teenage daughter who has suddenly become a political and social terrorist.

The book discussion is free and open to everyone. The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, call (847) 965-4220, TDD 965-4236.

Center Stage at Dominican presents Primal Connection

Center Stage at Dominican University presents a concert by the world beat ensemble, Primal Connection, on Friday, October 1 at 8 p.m. The concert will be held in the Lund Auditorium, located in the Fine Arts building, 7900 West Division Street.

Primal Connection uses the universal language of percussion and instruments from around the world to create original upbeat music that sends a message of brotherhood to audiences.

Members of the group are a reflection of ethnic diversity providing a continuing infusion of new and varied songs and rhythms, new thoughts and styles that bring about their signature sound.

The music of Primal Connection transcends cultural and age

differences to deliver a positive social message which maintains that all people can come together, physically and spiritually, for a common goal.

Center Stage at Dominican University is directed by Jill and Michael Poehlman. Center Stage is offering a full season of performances at Dominican including T.S. Monk and Combo, Godspell, the Vienna Choir Boys "Christmas Concert," Muntu Dance Theatre of Chicago and Danny Glover and Felix Justice in "An Evening with Martin and Langston."

Tickets for Primal Connection are \$15. For more information or to purchase tickets, please call Center Stage at Dominican University at (708) 524-6942.

Book Discussion Group at Morton Grove Library

Thinking Out Loud, the Library's book discussion group, will meet Tuesday, September 28 at 7:30 p.m. to discuss the Pulitzer Prize Winner, American Pastoral, by Philip Roth. The novel tells the story of a father whose idyllic life is turned upside down and inside out by his teenage daughter who has suddenly become a political and social terrorist.

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Avondale's Armanetti Beverage Mart presents Great Wines of Alsace

Alsace makes Germanic wines in a French style. Primarily climate, soil, and the choice of grape varieties determine this. A traveler at the time of the French revolution found it incredible that this land, so clearly intended by nature to be part of Germany, was actually annexed to France. What differs is the interpretation of winemaking - because today German and Alsatian winegrowers hold opposite points of view of what they want their wine to do

and be. The Germans are looking for balance accented by sweetness, the Alsations are looking for strength and a crisp acidity to pair with the food of the region. Alsace gives the flowery scented grapes of Germany the body and authority of such table wines as white burgundy - proper accompaniments to strong and savory food.

Instead of grape sugar lingering delicately in the wine, the grower likes a dry, firm, clean flavor. They ferment every ounce of the sugar, which the long dry summers of Alsace give them, concentrating the essences of their highly perfumed German style grapes into a sometimes astonishingly spicy fragrance.

The only grape varieties that are authorized to list the name of the grape on the label are - Riesling, Pinot Blanc, Pinot Gris, Gewürztraminer, Muscat, Sylvaner and Pinot noir. The rest of the wine produced in Alsace legally would bear the name Vin d'Alsace. There are also different designations determined by time of harvest (similar to Germany). These late pickings used to be labeled with the German words Auslese and Beerenauslese. Today the phrase Vendange Tardive (late harvest) is used. For the

equivalent of a Beerenauslese, in which individual grapes are grown for their super-ripeness - sometimes with a degree of "noble rot" or botrytis, the term for this is "Selection des Grains Nobles." Such wines can reach heights of lusciousness not far removed from the rarest and most expensive of all German wines.

A late-picked Gewürztraminer or Muscat has perhaps the most exotic smell of any wine in the world, and can at the same time keep a remarkable cleanliness and finesse of flavor. It is not necessarily very sweet: intense is probably a better word.

The wines of Alsace are among the best food wines in the world, thanks to fresh fruit flavors unobscured by oak. The best wines of the region are almost exclusively white. Despite the Germanic vineyard names, which lead many casual wine consumers to believe that these wines of Alsace taste no sweeter than the average California Chardonnay.

The appellation for the whole region is simply "Alsace" and is normally used with a grape variety, such as "Alsace Riesling." Except Edelzwicker and Cremant d'Alsace, all the wines are from a single grape. Edelzwicker means Noble blend and Cremant is a

sparkling wine also generally a blend.

There are now over 50 classified vineyard sites, which are allowed to call themselves "Grand Cru" or "Great Growth or Vineyard." Most of these are historically excellent, and deserve their recognition; but local politics has inevitably had its way, and boundaries were not always drawn quite as severely as they might have been. However the laws and regulations of this area are tightening, and the designations are

becoming more specific and deliberate.

Alsace wines are good value, although prices are never rock bottom. Wines from the better co-operatives should show varietal character and typical Alsace spice, but for real individuality you will need to buy one of the better cuvees from a good grower or merchant - which will be appreciably more expensive.

Stuart Bander
www.AvonDaleBeverages.com.

Oakton offers reading improvement classes

Oakton Community College offers a variety of classes for building vocabulary and improving reading and study skills. Both continuing and new students can benefit from these classes.

Reading Improvement (EGL 094) is a unique course that prepares students for handling college material by teaching strategies to improve reading comprehension and efficiency. Students must take an assessment test and receive a required score before registering for these courses. Four sections are available

this fall; two sections meet different needs of students. EGL 094-051 (Touch-Tone 5890) is a special eight-week Express section that meets in the evenings at the Ray Hartstein campus, 7701 N. Lincoln Avenue, Skokie. EGL 094-008 offers a flexible schedule with material customized to the student. Find out if you are at the appropriate level for this new, special section of Reading Improvement by talking to a counselor.

Effective College Reading (EGL 110-001, Touch-Tone 2455 and EGL 110-003, Touch-Tone 2456) also focuses on reading skills and strategies for students to improve their reading rate and comprehension in preparation for college. Students will read from works of fiction and non-fiction. A reading assessment test and minimum received score is required. A twelve-week section is also offered (EGL 110-004), beginning Sept. 7.

For more information regarding EGL 094, EGL 091, EGL 110 and other skill-building classes, including other available sections, contact Pam Dreil, professor of English, at (847) 635-1920. For information on other English classes offered at the College, contact the Division of Languages, Humanities and the arts at (847) 635-1950.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County. File No. D059464 on the SEPT. 15, 1999. Under the Assumed Name of RECLAIM YOUR SPACE with the business located at 6233 N. NIAGARA, #4F, CHICAGO ILLINOIS 60631. The true name(s) and residence address of owner(s) is: TRACEY BURKE, 6233 N. NIAGARA, #4F, CHICAGO, ILLINOIS 60631.

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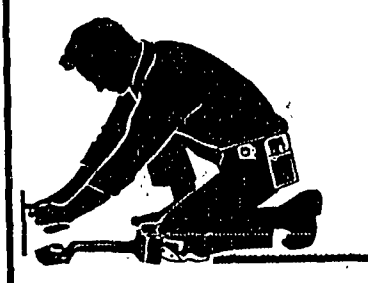
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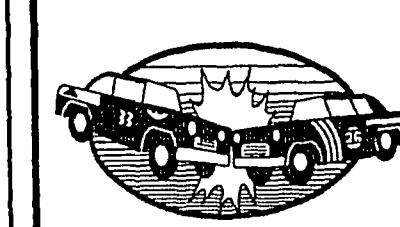
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Home Style

Helping kids through Beanie Babies

"Sometimes a cause is so worthy that you want to do everything you can to help it along. One of the best causes is right in our backyard - Maryville Academy in DesPlaines," said David Van Zest of Glenview. Father John Smyth, Executive Director, continues to fulfill his mission to make the Academy a symbol of hope. Over the last year, on a long-term and short-term basis, Maryville's 21 facilities have been home to more than 16,500 vulnerable, abused children who often have nowhere else to go.

Maryville accepts these young people from the Illinois Department of Children and Family Services and the juvenile court system. By policy, Maryville will open its doors to any child. And once they go there to live, the Academy will never turn them away. "Think about what that would mean to you if, as a child, your world had collapsed around you," said Van Zest.

"It's amazing how you can change these kids," Fr. Smyth said. "Many times they come in and won't trust anybody for months. But if you hang in there real tough and you have a very personal program, they can be quite successful." Fr. Smyth has seen it happen, when the kids he has helped have come back to visit as adults, with families and

thriving careers to talk about. As wonderful as Maryville has been to these children, Fr. Smyth recognizes a greater purpose. He's trying to find permanent living situations for kids in need. Just last month, he testified before a congressional subcommittee about his goal to increase adoptions. In 1998, Illinois residents adopted 4,293 children and Jess McDonald, Director of the Department of Children & Family Services, has set a goal of 6,500 adoptions for next year...and Maryville will do everything in its power and help reach this goal. It's a commendable effort, and no one realizes the need better than Fr. Smyth, who has spent 38 years at Maryville - his entire career. He commented, "Some of the kids think I've been here since 1882, when the Academy was founded!"

Obviously, Fr. Smyth doesn't take himself seriously, but he does take his mission seriously and funding is a major concern. Ty, Inc. has made a generous donation of its retired Beanie Babies to Maryville Academy. Auction Club, a Web-based auction service founded by David Van Zest, has donated its site and expertise to help Maryville Academy raise funds by selling these popular collectibles.

That's where everyone can

help. These new retired Beanie Babies are being auctioned with bidding starting at \$2.50 a piece, or in sets, -considerably below retail prices. Anyone with access to the Internet can sign up to bid immediately through www.auctionclub.com. All sales proceeds will benefit Maryville Academy. A link to this site through Maryville's new Web site, www.maryvilleacademy.org can also be found on the Internet.



Fr. Smyth (Director - Maryville) left and David Van Zest President, Auction Club, Inc.

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Home Style

Tips for hiring a home improvement contractor that could save you money and headaches

If you are contemplating a major home improvement, it will be worth your while to step back, take a long view of the project and make sure you've covered all the bases. And while you're at it, you may want to review these eleven tips for hiring a home improvement contractor, to make sure you haven't missed any. The tips are offered by Michael Klein, vice president of Airoom Architects and Builders, the leading

home addition and design/build company in the Chicago area founded 41 years ago.

"Over the course of our 41 years in business, we've heard of nearly every story in the book of unqualified contractors," Klein said. "By doing a little homework, you can avoid future problems and unnecessary headaches."

Here are the 11 tips offered by Klein.

1. Ask friends and relatives who have done similar projects for recommendations.

2. Check to see that each contractor you're considering has current workman's compensation and liability insurance, bonding and licensing where required. The license may be issued by state, county or municipal agencies, depending on where you live. To find out which entity is responsible for licensing, call your city building department, mayor's office or county executive's office.

3. Visit with several contractors before choosing one. Select someone you feel comfortable with and request a written proposal.

4. Check their status with the Better Business Bureau. Find out if any complaints have been filed. If so, find out how they resolved the situation.

5. Make sure the contractor is well established in your area. Ask how long he has been in business there and who his suppliers are. Beware of ads with only a phone number listed or someone doing business with a Post Office box address.

6. Ask for references. Call each of them and ask what type of

work was done, the quality, whether it was done on time and on budget. Ask if the contractor maintained a clean, safe work area and whether the workers showed up on time.

7. Beware of the lowest bidder. Wide discrepancies in price should be looked at closely. Make sure the contractor's finances are not so thin that he needs your deposit to finish another job.

8. Ask the contractor to provide an endorsed certificate required by state law for workman's compensation, property damage and liability. Contractors should have certificates for each type of insurance showing the dates and amounts of coverage. Make sure the expiration date does not end during the course of the job. If the contractor does not have adequate insurance, you could be liable for injuries on the job or for damage done to your property or a neighbor's.

9. Have a contract drawn up that describes the work to be done. Make sure the contract specifies the type and, where possible, the brand name of materials and fixtures to be used on your job. This will help protect you

from the substitution of inferior materials. Make sure the contract specifies the length of time the job will take and when it will start. The deposit should not exceed 20% of the total cost, in most cases.

10. Keep a file on the project, which includes the contract, the plans and specifications, any change orders you approve during the project, invoices, bills, your canceled checks, correspondence and notes.

11. Visit their establishment. Don't invite someone into your home until you've visited their office, met their employees and staff. Make sure you are comfortable with the company and who will be working on your home.

"This may sound like a lot of work," said Klein, "but it's really just good common sense. Any time you make a major investment like this in your home, you should have confidence in the company doing the job. By asking a few questions up front, you could save yourself a lot of unhappiness and extra expense later," he said.

Airoom, which is headquartered at 6825 N. Lincoln Ave. in

Continued on Page 27

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Home Style

Health and Happiness lecture series at LGH

Lutheran General Hospital's fall 1999 Health and Happiness lecture series will focus on the proper use of herbs, vitamins and supplements; biofeedback as a pain relief alternative; violence in schools; and local Y2K readiness.

The free education programs will be offered from 7 to 8:30 p.m. Tuesdays in Olson Auditorium at Lutheran General Hospital, 1775 Dempster St., Park Ridge.

The lectures, which feature speakers from Lutheran General's medical and professional staffs, are part of the hospital's ongoing commitment to preventive health care and wellness. Reservations are required. For more information, call 1-800-3-ADVOCATE (1-800-323-8622). Free parking is available in the lot north of Dempster Street.

The series will open Tuesday, October 5, with "Herbs, Vitamins and Supplements: How to Use Them Right" featuring Donald W. Novey, M.D., family practice, Lutheran General Hospital, and medical director of The Center for Complementary Medicine. The program will focus on practical advice about the most popular herbs and supplements, and how to use them for better health.

"Biofeedback: An Alternative to Medication for Pain Relief" will be presented Tuesday, October 12, by Joseph Barr, Ed.D., chief, division of psychology, Lutheran General Hospital. This lecture and demonstration will address ways biofeedback can reverse symptoms of common health problems such as headaches, temporomandibular joint syndrome (TMJ) and anxiety disorders.

On Tuesday, October 19, Steve Ritter, LCSW, clinical manager, neuropsychology, Lutheran General Hospital, will dis-

cuss "Violence in Our Schools: Keeping Kids Safe Begins at Home." Parents, teachers and community leaders all share the responsibility of teaching children not to harm others. This informative lecture will offer ways to establish trust, communicate consequences, introduce freedoms and maintain accountability with children.

The fall Health and Happiness series will conclude Tuesday, October 26, with "Y2K Readiness." Representatives from Ameritech, Commonwealth Edison, NICOR Gas and Lutheran General Hospital will discuss the measures their companies have taken to ensure that computer-dependent technical and day-to-day operations will not be interrupted at the turn of the century.

Lutheran General Hospital is a 608-bed teaching, research and referral hospital and Level I trauma center that serves approximately 26,000 inpatients, 46,000 emergency patients and 167,000 outpatients each year. The hospital is a recognized leader in cardiology, cancer services, pediatric care, women's health, senior services, mental health and addiction.

Lutheran General has been se-

lected as one of the nation's best hospitals and one of the top 15 major teaching hospitals according to the "100 Top Hospitals: Benchmarks for Success" study. It also was rated the number one hospital in the Chicago area for quality of care, oncology and orthopedic services in the "Chicago's Top Hospitals" survey of 82 hospitals by HCIA Inc., a national organization that conducts benchmark studies of health care

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Tips . . .

Continued from Page 26

Lincolnwood, Illinois, has a satellite office in Hinsdale. Founded in 1958, Airoom pioneered the design/build concept in home additions and has a 30,000-sq. ft. showroom at its headquarters where customers can see full-size kitchens, baths, bedrooms and family/media rooms. Also displayed is the latest in siding, roofing, windows and other building materials.

The company retains a current staff of designers and building teams and has created a mortgage brokerage affiliate, Lamb Financial Corp., to provide traditional home equity loans or financing based on the value of the home after improvements have been made. For further information, call Airoom Architects & Builders at (847) 763-1100.

Rainbow Hospice, Inc. changes name

Rainbow Hospice's Bereavement Center has changed its name to the Center for Loss and Life Passages. This represents the comprehensive counseling services we provide beyond the traditional scope of hospice bereavement services. The Center provides counseling, support groups, educational programs and information & referral services to anyone in the community who is dealing with issues related to illness, loss and grief. Many of the programs and services offered through the Center are free of charge.

Grief, Loss

Rainbow Hospice's Center

for Loss and Life Passages, 444 N. Northwest Hwy., Suite 145, Park Ridge, offers short-term and on-going grief groups for children, teens, families, adults, and widowed persons. The Center also offers educational programs, and information & referral service. Groups and services open to anyone who has suffered a loss through death. (847) 692-8884.

Good Mourning Program for Children, Teens, and Families provides support groups and services to those who have lost a loved one through death. The program provides a safe place and safe ways to understand, describe and express feelings through its

short-term and monthly groups. Good Mourning is available, free of charge, to everyone in the community. Call Good Mourning at Rainbow Hospice, Park Ridge, (847) 692-8884.

The Northwest Chicagoland Widowed Persons Service offers volunteer visits to newly widowed persons, monthly dinners and brunches, educational events and materials, support groups, and a monthly newsletter. The Younger Widow Support Group serves people under age 50 and focuses on earlier life issues, which may include parenting children. The Next Step Group services persons who have been

widowed for a year or longer and focuses on life transition. All groups are held at Rainbow Hospice, 444 N. Northwest Hwy., Suite 145, Park Ridge. Call the Widowed Persons Service at Rainbow Hospice, (847) 692-8884.

Hospice Services Rainbow Hospice offers hospice care, counseling and educational programs to residents of Cook, DuPage, Kane, Lake, McHenry and Will counties. Rainbow Hospice enables people to live with dignity and hope while coping with loss and the end of life. For more information,

call (847) 685-9900 or visit the web site at www.rainbowhospice.com.

Mental Health Issues/Services The Counseling Program of the Center for Loss and Life Passages helps people cope with issues related to illness, loss and grief. Offers private counseling and support groups to individuals, children, teens, or families. Appointments are available in our Park Ridge office or in your home. Call the Center for Loss and Life Passages at Rainbow Hospice, (847) 685-9900.

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Allied health professionals take the conference stage

In conjunction with this year's celebration of "Allied Health Week" (Sept. 27-Oct. 3), Oakton Community College, Des Plaines, is coordinating the annual meeting of the National Network of Health Career Programs at Two-Year Colleges (NN2) from Sept. 29-Oct. 2 at The Lodge in Oak Brook. Academic professionals from two-year colleges across the nation will meet to share ideas and formulate policies about health care education.

If asked to name a health care occupation, most people would probably answer "doctor" or "nurse." By sheer numbers, however, the largest portion of

health care professionals today work in the more than 100 occupations known collectively as "allied health." They are an integral part of this nation's health care delivery system.

It is unclear exactly when the term "allied health" came into use. What is known, however, is that medical and scientific advancements over the last 150 years have created numerous medical and nursing subspecialties requiring skilled ancillary personnel for support. These are the allied health professionals: the medical laboratory technicians, respiratory therapists, surgical technicians, nursing assistants, health information

technicians and the many others who support the medical profession as valuable members of the health care team.

As the new millennium approaches, the need for allied health personnel is increasing dramatically. United States Department of Health and Human Services' data shows that employment in allied health occupations is projected to grow by 50 percent between 1990 and 2005. This rate is higher than the growth rate projected for nurses (44 percent) and physicians (29 percent). This tremendous need for allied health professionals is primarily in response to demographic changes and in the way

health care is delivered.

In addition to its associate degree nursing program, Oakton offers A.A.S. degree programs in several allied health disciplines, including health information technology, medical laboratory technology and physical therapy assistant. Students may also earn certification in basic nurse training, phlebotomy, coding, medical transcription, medical billing and medical office management. Oakton's Continuing Education for Health Professionals Program (CEHP) offers many educational programs for health care professionals to update their knowledge and improve their skills.

Morton Grove Library presents Musical Revue

The Musical Revue performs favorite melodies with clever choreography under the direction of Phyllis Scott Thursday, October 7 at 1:30 p.m. in the Morton Grove Public Library's Baxter Room. The Musical Revue is made up of about thirty volunteers who perform weekly throughout northern Chicago.

This program is free and open to the public. The Morton Grove Public Library is located at 6140 Lincoln Ave. For more information, or for mobility and communication access assistance, please call 847-965-4220, for TDD call 965-4236.

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SCORE's October Workshop

SCORE, the volunteer counseling arm of the Small Business Administration (SBA) will feature four advanced industry specific workshops and one basic management session during the month of October.

Tuesday, Oct. 5: Contracting - How to become a general or Sub-contractor and how to operate your own business. Registration at door \$50; advance payment

\$40.

Tuesday, Oct. 12: International Trade - Global exporting and importing offers tremendous opportunities. This seminar is designed to understand the basics and sales potential offered in this red hot field. Registration at the door \$50; advance payment \$40.

Thursday, Oct. 14: How to Start a Successful Business - This full-day session spans the fundamentals of basic management including financial, marketing, selling and legal structures. Registration \$40.

Tuesday, Oct. 19: Website Strategies - This workshop will

cover design, set up and the operation of a successful web site. Registration at the door \$50; advance payment \$40.

Tuesday, Oct. 26: Business Controls Made Simple - This seminar will teach you how to read and interpret your accounting reports. Also, how to safely grow your business, identify and fix problems. Registration at door \$50; advance payment \$40. Registration for all workshops is 8:30 a.m.

The concluding schedules vary: Web Site Strategies and Business Controls will end at

noon. Contracting will end at 1 p.m. How to Start a Successful Business at 3:30 p.m. and International Trade at 3:40 p.m. All workshops will be conducted at 500 W. Madison St., Suite 1250, Chicago.

SCORE also offers free confidential counseling daily, Monday-Friday from 8:30 a.m. to 1 p.m. No appointment is necessary. A Business Information Center is also maintained which contains excellent reference materials and computers. If you would like more information on

SCORE counseling, its eleven locations or workshops, call (312) 353-7724 or visit our website at <http://www.mcs.net/bic>.

An IRS specialist is also available at SCORE's Chicago office from 9 a.m. to 1 p.m. every Wednesday and Thursday to answer tax related questions. Small business tax forms and publications are also available. Visit the Small Business Administrations Business Information Center (BIC) at 500 W. Madison, Suite 1250, Chicago. No appointment or fees are required.

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SPECIAL NEWS RELEASE FOR YOUR HEALTH VILLAGE OF NILES SENIOR CENTER

The Niles Senior Center has many activities, events, and presentations throughout the month. One of our most important responsibilities is to present health information and health screenings for our members. Please look to our weekly news releases for these health related items. Please join us for one or more of the events. For more information, or to register, please call 588-8420.

AUTOMATED EXTERNAL DEFIBRILLATORS (AED)

Amy Dixon from Hewlett Packard Heartstream lectures on the use of AEDs. Learn why this medical equipment is used to save lives. The lecture will be held on Wednesday, Sept. 29 at 2 p.m. Registration required.

FLU SHOT PROGRAM

For persons 65 and older, and chronically ill persons, aged 62 to 64, Wednesday, Oct. 6; Thursday, Oct. 14; and Friday, Oct. 22; from 9:30 a.m. to 12 p.m.; and 1:30 p.m. to 4:30 p.m. On Thursday, Oct. 14, there will be evening appointments from 6 p.m. to 8 p.m. Medicare will be billed, so bring your card with you on the day of clinic. Phone for appointments.

HEARING LOSS PROGRAM

Hearing Loss Program is on Tuesday, Oct. 5, at 2 p.m. Come and see the new technology available for people with hearing loss. Listen to a brief presentation on hearing loss issues and concerns. Bring your questions. Registration is required.

Auditions scheduled at Oakton for 'Lebensraum'

Oakton Community College is holding auditions for its fall production of Israel Horowitz's 'Lebensraum' from 7-9:30 p.m. on Tuesday, Sept. 28, and Wednesday, Sept. 29, at Oakton's Performing Arts Center, 1600 E. Golf Road, Des Plaines.

In vaudevillian style, 'Lebensraum' explores what might happen if the German Chancellor-as an act of redemption-offers homes, jobs and German citizenship to six million Jews.

All roles are open in the cast of two men and one woman. Each actor is required to play 15-20 roles during the course of the performance, so versatility of acting style, the ability to make quick character transitions and the ability to speak with a wide variety of accents will be closely evaluated at the audition. Actors are encouraged to prepare a monologue for the audition and be ready to improvise and "play," engage in storytelling, and perform cold reads from the script. Copies of the script are on research at the Oakton Library.

Directed by Karol Verson, 'Lebensraum' opens at Oakton on Nov. 19. Eleven performances are scheduled, including the weekends and two Wednesday matinees. For more information, call (847) 635-1901.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D059489 on the SEPT. 16, 1999. Under the Assumed Name of OAKTON MEDICAL PLAZA with the business located at 1635 OAKTON PLACE, DES PLAINES, ILLINOIS 60018. The true name(s) and residence address of owner(s) is: HARSHAD BHAI, N. PATEL, 8800 N. LOCKWOOD AVE., SUITE B, SKOKIE, ILLINOIS 60077. GIRISH R. HAT, C. PATEL, 1833 BANGOR LANE, ELK GROVE VILLAGE, ILLINOIS 60007; PARESH A. PATEL, 149 W. SCHICK ROAD, BLOOMINGDALE, ILLINOIS 60108.

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PUBLIC NOTIFICATION

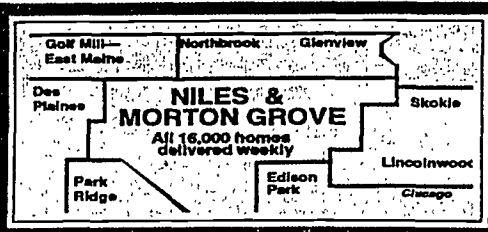
The Niles Park District will be making chemical applications during the next two (2) weeks in various parks throughout the District for the purpose of weed control on turf areas. In addition, each park will be posted with signs in the specific application areas. Signs will be posted 24 hours in advance of the applications and will remain up 24 hours after applications. All procedures concerning notification and application of turf management chemicals will strictly adhere to the guidelines outlined in the Niles Park District's Board of Commissioners Statement of Policy.

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Information on Classified Ads: You Can Place Your Classified Ads by Calling (847) 588-1900 or Come To Our Office In Person At: 7400 Waukegan Road, Niles, IL. Our Office is Open - Monday thru Friday, 9 A.M. to 5 P.M. DEADLINE FOR PLACING ADS IS TUESDAY AT 2 P.M. Certain Ads Must Be Pre-Paid In Advance: Business Opportunity, For Sale, Miscellaneous, Moving Sale, Personals, Situations Wanted, Or If The Advertiser Lives Outside Of The Bugle's Normal Circulation Area.

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ACCOUNTING COST ACCOUNTING CLERK Rauland-Borg Corporation, a leader in the electronics industry, is seeking a cost accounting clerk. Responsibilities include: maintaining historical costs in an IBM MAPICS XA environment, recording actual cost and reporting variances for material. Assist in month-end and year-end closings. Required: 1-2 years of accounting experience and/or 12 hours of college accounting, with one accounting class being Cost Accounting, Computer experience in Excel, Word or Lotus and an attention to detail. Mapics or similar computer software environment preferred. College Degree a plus. We provide an excellent employee benefit program. Please send or fax resume with salary history. Resumes without salary history will not be considered. Rauland-Borg Corporation Attn: General Accounting Department 3450 W. Oakton Street, Skokie, Illinois 60076 Fax 847-679-0950	BANKING OPPORTUNITIES UNIVERSAL TELLER There are positions available in our teller operation area. The positions require excellent communication and customer service skills. Cash handling preferred, but will train qualified applicants. We offer all full time employees a full package of benefits, including Profit Sharing. Applications are accepted Monday-Friday From 9:00 am to 12:00 pm Bank of Lincolnwood 4433 W. Touhy Avenue Lincolnwood, IL 60712 M/F/V/D EOE/AA	CLERICAL / OFFICE OPPORTUNITIES RECEPTIONIST/ GENERAL OFFICE We are seeking an experienced individual to join our small office staff. Responsibilities will include greeting company guests, directing incoming calls, sorting and processing incoming and outgoing mail, and maintaining files. A knowledge of WORD is desirable. We will offer you a competitive salary and full benefits, including a 401K plan. Please send your resume, starting salary requirements or call for an appointment. Hydro Component R&D Corp. 2959 Hart Dr., Franklin Park, IL 60131 Attn: Human Resources 847-451-4700 FAX: 847-451-4708 EEO: M/F/V/H	BANKING OPPORTUNITIES LOAN CLERK Highly motivated, self starter wanted in our Loan Department to perform clerical duties. Banking background a plus, but not necessary. Computer skills required. Must be knowledgeable in Microsoft Word and Excel. We offer full time employees a full package of benefits, including Profit Sharing. Applications are accepted Monday-Friday From 9:00 am to 12:00 pm Bank of Lincolnwood 4433 W. Touhy Avenue Lincolnwood, IL 60712 M/F/V/D EOE/AA	CLERICAL / OFFICE OPPORTUNITIES RECEPTIONIST/ OFFICE ASSISTANT Des Plaines, M-F, 8:30-5:00 Busy Office Seeks Reliable, Organized Individual With Good Verbal And Communication Skills. WordPerfect Experience A Must. Excel & Corel Print Office Experience Helpful. Various Responsibilities. Bi-Lingual (Spanish/English) A Plus. Competitive Salary/Benefits. Call: 847-768-0300
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TEACHERS/AIDES

Education

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Kellys . . .

Continued from Page 1

and do not pose any of these hazards. The Village Board passed the ordinance with very little discussion.

Other fairly routine business covered during the meeting included passage of Resolutions 99-44, which verifies the availability of local matching funds to support a Local Agency Pavement Preservation (LAPP) project, and 99-46, which authorizes execution of a contract for the 1999 video inspection of storm and sanitary sewer lines.

The LAPP project was developed by the Illinois Department of Transportation (IDOT) to extend the life of existing pavements by eight to ten years. Since the North Shore Council of Mayors has received some additional funds, Morton Grove submitted LAPP applications for three projects: Austin Ave. from Church to Oakton, Harlem Ave. from Dempster to Golf, and Shermer Rd. from Harlem to Golf. These roads would receive a resurfacing of leveling binder, followed by surface paving. The Village Board noted that it hopes to be awarded all three project's funds, but will be grateful for any one of them.

The Video Inspection Project was awarded to Internal Pipe Inspection Service of LaGrange. They will make videos of the combined sewer and sanitary lines and determine where repairs may be necessary. Morton Grove has used the services of this contractor.

Prairie View . . .

Continued from Page 1

tractor was Team Mechanical, Inc., and the project was completed for less than the original contract amount. The credit, which included unused administrative fees and work originally contracted but deemed unnecessary, totaled \$44,325.

The facility will now begin to track energy efficiency and savings that are expected to result from the renovations and the use of a computerized energy management system.

While this project has been completed, the Oriole Pool renovation is just getting started. Schaeffes Brothers, Inc., the contractor awarded the job, has begun the demolition phase of the renovation. During this phase, the contractor discovered some good news about the pool and some not so good news.

The not so good news was that some of the electrical conduit, which supplies the exterior lights with power, was not in its expected location. The conduits were thought to be outside the perimeter of the pool's deck. Instead, they were inside the deck. This caused Schaeffes additional work to insure that these were not damaged. Other conduit was found to be deteriorated.

The good news was that the concrete in the basin of the pool was not as badly deteriorated as previously thought. This may save some work for the contractor if the basin doesn't need extensive

trator in the past with good results, and anticipates the same with this contract.

Preceding these rather ordinary tasks accomplished by the Board were three ceremonies that were not so ordinary. The fire and Police commission recommended that three members of the fire department be sworn in to new positions.

Lt. Thomas Friel was appointed and sworn in as the District Chief. He replaces the retired Chief Richard Meier, and will hold the position until December 31, 1999. Firefighter James Neville was promoted in rank to Fire Lieutenant, with and effective date of September 1, 1999. And, Morton Grove has sworn in its newest firefighter/paramedic, Nathan Akemann, who was appointed to the position on probationary status pending completion of his training. What added to the extraordinary nature of these ceremonies was the fact that all three of the wives of these firefighters were named Kelly.

Last, but certainly not least, Morton Grove had a fire in a Village Board meeting. Residents in the 5800 block of Carol petitioned the board to recognize one of their neighbors, Gil Peters, by presenting him with a "Good Neighbor" award. Village President Dan Scanlon presented the award, noting that Mr. Peters had won the affection of his neighbors by plowing all of their walks after snowstorms for many years.

Public Works Facility . . .

Continued from Page 1

ings, the main or bus garage and the maintenance garage will be built, while part of the existing building will be demolished and replaced by a parking lot for visitors and staff.

Pilat said the new facility will enable the Public Works Department to store all its equipment, including 75 trucks, indoors. The department's equipment will be protected from the elements and also much easier to remove when needed, Pilat said. "Now, to get one truck you have to move seven others out of the garage," Pilat said. "With the new facility, all we'll have to do is back it up and go."

The precast concrete panels were put in place during the summer, as was the roof. Work is currently being done on the floor in the main garage.

Both buildings will be heated, Pilat said, and the offices will also be air conditioned. The Public Works and Engineering Division offices will remain in the current building, Pilat said.

The cost of the entire project will total \$9.1 million, Pilat said. However, the maintenance garage will be the most expensive and complex part of the new buildings as they will contain the specialized equipment, like vehicle lifts, that will be used in repairing vehicles and equipment.

Bernstein . . .

Continued from Page 1

the Loyola University School of Law immediately thereafter, graduating with a law degree at the age of 20. Because of his young age, Mr. Bernstein had to wait a year before taking and passing the Illinois bar exam.

Longtime business associate Raymond Adreani, founder of Norwood Builders, characterized Mr. Bernstein as a smart entrepreneur who was tough but honest and patient in negotiations.

Adreani said Mr. Bernstein was brilliant and well-liked by his many associates.

Mr. Bernstein and his wife Emily created many philanthropic and scholarship funds. Mr. Bernstein also established a program for the loan and use of rare musical instruments by young musicians with hopes of becoming professionals.

Mr. Bernstein is survived by his wife, four daughters, a sister and eight grandchildren.

Services were held Tuesday in Glencoe.

Robert Malek

Marine Lance Cpl. Robert M. Malek, a 1994 graduate of Maine Township High School South in Park Ridge, recently was promoted to his present rank while serving with 2nd Battalion, 8th Marines, 2nd Marine Division, Marine Corps Base, Camp Lejeune, N.C.

Dist. 219 . . .

Continued from Page 1

Powell when he recommended that the school board terminate the position of Public Relations Director Maren Karras.

Karras, who received a letter from Powell earlier this month informing her that he intended to recommend her dismissal, defended her 11-month tenure with the district by citing the 26 percent increase in positive media coverage the district received this year due mainly to her efforts.

Karras also maintained that she had achieved the goals she set when she accepted the position.

When the board held its regular meeting Sept. 13, the vote to fire Karras was unanimous, despite the fact that Karras and her attorney had asked the board to table their decision until the Sept. 27 meeting to allow her attorney

Hoffman . . .

Continued from Page 1

ern, also in Morton Grove.

After returning from his service as an Army surveyor during World War II, Mr. Hoffman married and worked as a butcher in Highland Park by day while running the family tavern in Morton Grove at night. He bought the tavern with his brother in the mid-1960s.

The Hoffman brothers later added a restaurant to the tavern, which they called Val's Restaurant, and they also opened a Foremost Liquors across the street from the tavern/restaurant.

Mr. Hoffman ran the Morton House from 1972 to 1990. During that time, he would frequently put a tent in the parking lot and hold a festival, from Oktoberfest with German bands and food to Country & Western Nights with cowboy bands to Exotic Nights when he would hire belly dancers to entertain restaurant patrons.

Mr. Hoffman's daughter Terri Liston said her father thought of the festival idea to have fun with his customers. Liston said her father

time to work out a compensation package.

Robert Silverman, board president, said Karras had had opportunity for a hearing before the board long before the Sept. 13 meeting. Silverman said they board had sent Karras a letter in August, giving her more than a month to arrange for a hearing before the board.

Karras, who said she met with Powell after receiving his letter, was unaware of any hearing except the one she thought was to take place at the Sept. 13 meeting.

Karras, who was also supposed to have developed a Web page for the district, was one of Powell's first hires when he became superintendent last September. She was hired at an annual salary of \$40,000.

her pursued the restaurant business primarily because he enjoyed being with a lot of people.

Among his many civic endeavors, Mr. Hoffman served on the Morton Grove Department of Health from 1978 until his death and was a member of the Morton Grove Lions Club.

Mr. Hoffman is survived by his wife of 48 years, Jacqueline, two daughters, five sons, 15 grandchildren and a great-grandchild.

Funeral services were held Sept. 18.

Daniel L. Glatz

Navy Petty Officer 3rd Class Daniel L. Glatz, whose wife, Sara, is the daughter of Carl and Martha Redemske of Des Plaines, recently departed the Arabian Gulf while on a five-month deployment to the Western Pacific and Indian oceans and Arabian Gulf aboard the guided-missile cruiser USS Chancellorsville.

Senator Dudycz attends Ukrainian Day



Governor George H. Ryan and Illinois First Lady Lura Lynn Ryan hosted Ukrainian Day at the Executive Mansion in Springfield. The event included Ukrainian art and cultural exhibits and performances by Ukrainian traditional musical groups. Governor Ryan presented a \$500,000 check from the Illinois First Program for the Ukrainian National Museum.

Pictured from left to right: Senator Walter Dudycz, Mrs. Ryan, Governor Ryan and Oksana Dudycz.

Niles Historical Society makes changes

The summer has been busy with volunteers getting ready for another full year of activity at the Niles Historical Museum. New carpeting was installed on the first floor and display case exhibits were changed, we held a bakeless bake sale, participated in the 4th of July Parade, Bob and Marge Berles celebrated their 50th wedding anniversary and plans were made for Centennial Open House, programs for September and October, Centennial Tea and Twelfth Night in January. You won't want to miss any of them. Call for dates and times.

As a special project, the Niles

Historical Society is working on files of all Niles organizations and businesses; especially those no longer in existence and we need your help to do so. Do you have any information (printed or verbal) that you can share with us on Mill Run Theater, Bunker Hill Country Club, Tam O'Shanter Golf Course and/or the Niles Women's Police Auxiliary? Minutes, flyers, giveaways, pictures, menus, programs, etc. will be appreciated. Call or write us with whatever you remember. The Niles Historical Museum

is open every Wednesday and Friday 10:30 a.m. - 3 p.m.; other times by appointment. Call 847.390.0160 for more information. We look forward to seeing you.

Privy Archæology - September 26 - 2 p.m.
Centennial Open House - October 9-15
Centennial Tea - November 13-14 - 1 p.m.
all at the Niles Historical Museum, 8970 Milwaukee Avenue

LEGAL NOTICE

VILLAGE OF MORTON GROVE
PUBLIC NOTICE TO BID

DATA INFRASTRUCTURE CABLING SYSTEM
FOR THE VILLAGE OF MORTON GROVE VILLAGE HALL
AND POLICE DEPARTMENT

Sealed bids will be accepted at the Richard T. Flickinger Municipal Center, Office of the Director of Finance/Treasurer, 6101 Capulina Avenue, Morton Grove, Illinois, until 9:30 a.m. CST on Monday, October 18, 1999, for a data infrastructure cabling system for the Village of Morton Grove Village Hall and Police Department. Bids will be publicly opened and read at 10:00 a.m. CST on Monday October 18, 1999, in the Council Chambers of the Richard T. Flickinger Municipal Center. Copies of the specifications and bidding documents are available at the Office of the Director of Finance/Treasurer. A mandatory bidder's conference and site survey will be held at 9:00 a.m. CST on Monday, October 11, 1999, in the Trustee's Conference Room, second floor, of the Richard T. Flickinger Municipal Center. The Village Board of Trustees reserves the right to reject and all bids and to waive any informalities or irregularities in the bidding. The Village Board further reserves the right to review and study any and all bids and to make a contract award within thirty (30) days after bids have been opened and publicly read.

David O. Erb
Finance Director/Treasurer
September 23, 1999

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