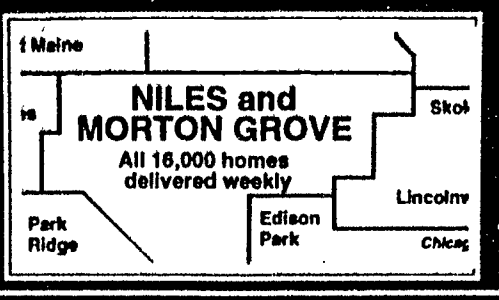




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THURSDAY, JUNE 1, 2000

VOL. 43, NO. 49

Niles joins O'Hare Noise Commission

by Lisa Ashkenaz Croke
After months of negotiations between activist groups and trustees, the Niles Village Board voted to join the O'Hare Noise Compatibility Commission. Funded by the City of Chicago, the Commission includes representatives from communities and public school districts concerned about the level of noise pollution coming from air traffic at O'Hare Airport. There are currently twelve municipalities in the Commission, including Bensenville, DesPlaines, Park Ridge, and Roselle. Trustee Robert Callero said that the Commission will attempt to determine "noise compatibility" and advise Chicago on noise reduction programs for O'Hare. According to an intergovernmental agreement regarding the Commission, such recommendations include the use of new technologies and flight patterns, preferential runway usage, the

Continued on Page 38

Niles women contacted by caller posing as police

by Lisa Ashkenaz Croke
Police say that three Niles women did the right thing when they notified police after each received calls last week from someone identifying himself as a Cook County police officer. In each case, the women were told that they were the subject of drug investigations, and to expect a home visit by the "officer."

A 67-year-old woman living on the 7700 block of Neva said

Continued on Page 38

Two youths die in unrelated car accidents

Two suburban boys were killed in unrelated traffic accidents Sunday.

Police are investigating to see if alcohol played a role in the death of 17-year-old William Dushek of Park Ridge, who was killed Sunday morning after he apparently lost control of his car, crashing into two trees on Riverside Drive. A 15-year-old passenger was critically injured and taken to Lutheran General Hospital in Park Ridge for treatment.

That same evening, 10-year-old Nick Trovols of Skokie was struck and killed by an oncoming vehicle after he rushed into traffic from between two parked cars on LeClaire Avenue. Medical personnel at St. Francis Hospital worked on the critically injured boy for about an hour. He succumbed to his injuries and died at 6:49 p.m.

Morton Grove to lose area's largest appliance retailer; New location will be on Milwaukee Ave. south of Lake St.

ABT, needing space, to move to Glenview

It's almost official. After receiving approval from the Glenview Village Board, Abt Electronics is one step closer in moving from its Morton Grove facility on Waukegan Road, and building a larger combined show room/warehouse in Glenview on Milwaukee Road just north of the former Zenith building. With two trustees opposed, the Glenview Board approved the Plan Commission's recommendation to allow Abt to construct a 50,000 square-foot showroom and 270,000 square-foot warehouse on land owned by Town and Country Homes.

Trustee Donna Pappo said she declined to vote because Abt had yet to provide complete landscaping plans, which she feels should include a proper setback from Milwaukee Avenue.

Trustee John Crawford said

that he declined to vote because minutes from the Plan Commission's May 9 hearing where resi-

Continued on Page 38

Second man nabbed after soliciting minor on the Net

Police have arrested a second man in an Internet sting designed to catch sexual predators of children. The latest suspect, 47-year-old Walter Ramsey of Grayson, Ga., was arrested on May 20 at the Glen Grove playground where he thought he was meeting a 14-year-old girl with whom he had 10 computer conversations since April 8. Ramsey arranged to meet the young girls in Internet chat rooms. "girl," saying that he was attending.

Continued on Page 38

Oakton Community College recognized by National Education Assembly



Oakton Community College was named a Bellweather Award Finalist in the Planning, Governance and Finance category at the 2000 Community College Futures Assembly held recently in Orlando, Florida. Oakton was recognized for the successful work of its administrators, trustees and Oakton Educational Foundation board members in obtaining financial support for college programs from grants and private philanthropic funding. Pictured at the event are (left to right) Garardo Gonzalez, dean, College of Education, University of Florida; Joan B. Hall, member of the Oakton Board of Trustees; Marilyn Appelton, director of College Development at Oakton; Margaret Lee, Oakton president; and Peter Krupczak, Community College Business Officers (CCBO) representative.

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Movies, Popcorn, Lunch & Bingo for disabled persons

Special social activities for disabled persons throughout Maine Township continue through June with two dates open to disabled persons looking for a bit of fun and companionship.

On Tuesday, June 6, from 12 noon to 3 p.m., Maine Township Disabled Services will present the monthly "Movie & Popcorn" showing the action filled thriller "The Mask of Zorro." A modest \$1 charge, to cover cost of refreshments, will be payable at the door.

On Tuesday, June 20, from 12 noon to 3 p.m., an afternoon of

Bingo will follow a classic box lunch including a sandwich along with chips and cookie will be available for \$6.25. The cost for Bingo without the lunch is \$1.

For reservations or for information on either of these programs designed to help disabled persons enjoy an afternoon of fun and companionship, call Disabled Services at (847) 297-2510. TTY is (847) 297-1335. The Maine Township Town Hall is handicapped accessible, and an interpreter will be available upon prior request.

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School children examining 'Civil War' era quilts



Students of the eighth grade class of St. Martha School display the quilt they made during a visit to the Morton Grove Historical Museum. Patches were quilted together by Sharon Hollman of the Morton Grove Historical Society. Pictured: Bottom Row: Jani Sheahan, Renee Grear, Henry Rando, Patricia Tennant, Emilee Lamorena, and teacher, Mrs. Paaz. Middle Row: Kevin Guevara, Eileen Zara, Tiffany Kong, Kelly Barrafato, Megan O'Mally, Melissa Lara, Matt Uhrick. Top Row: Megan Bleshek, Matt Wiora, David Plezia, Paul Wallenberg, Joey Pauloy, Francesca Machado.

Cambridge Bank to host First Annual Antique Vehicle Exhibition

Cambridge Bank will host their first annual antique vehicle exhibition in Morton Grove, Illinois, on Saturday, June 10, from 11 a.m. until 3 p.m. The event will be held at Harter Park, 6250 Dempster and is open to motorized vehicles manufactured during 1980 and earlier, in stock condition.

All entries in the show will be divided into three separate classes: 1954 or earlier; 1955 through 1980, and Corvette. No custom vehicles will be accepted. Dash plaques commemorating the event will be issued to the first 50 entries.

Winners will be decided by exhibitors choice ballots and trophies will be awarded for 1st and 2nd place in each class. A free raffle will also be held with prizes donated by Revell Monogram

of Morton Grove. For registration information, contact Greg Dunay at 847-726-2265, ext. 133. Registration is free, but exhibition spaces are limited and only guaranteed to those who register in advance. Cambridge Bank is a community bank with locations in Lake Zurich, Hawthorn Woods and most recently, Morton Grove.

The Summit Square Generations Walk

The Summit Square Generations Walk, benefiting The Center of Concern, is scheduled for Saturday, June 3, to begin at 8:30 a.m. at the Summit Square Retirement Residence in uptown Park Ridge. The Walk will follow a three-

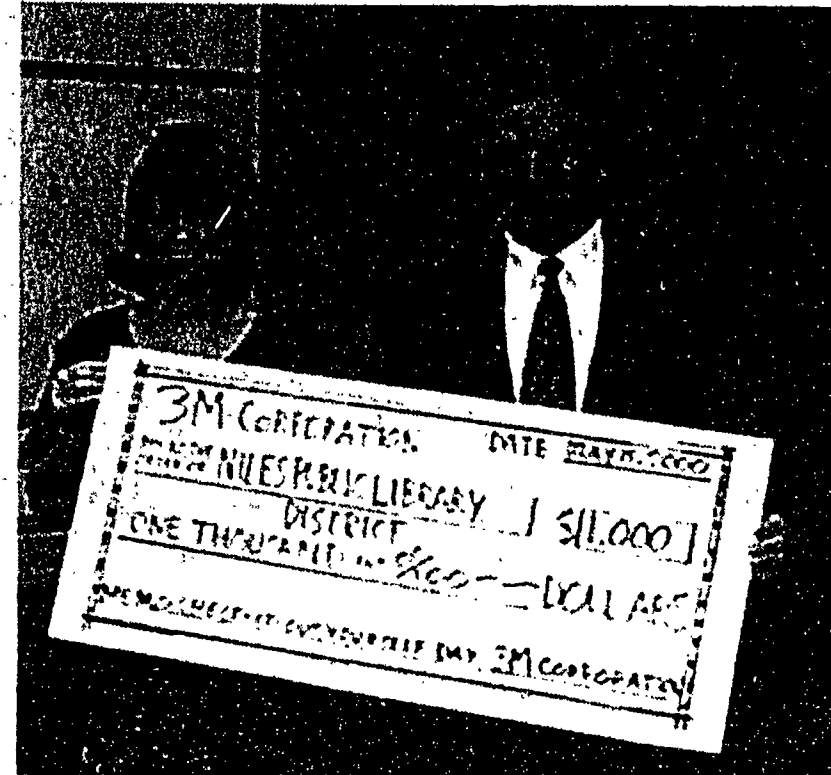
mile route through the residential neighborhood south of Touhy, extending west as far as Western Avenue. Organizers invite the participation of entire families and walkers in all age groups.

Walkers are not being asked to obtain sponsors for this benefit walk. However, participants will be asked a fee of \$10 for each adult; \$5 for each pre-teen, teen or senior adult. Children under 8 years of age may participate at no fee.

For information, or to pre-register, call Summit Square at 847/825-1161 or The Center of Concern at 847/823-0453.

Proceeds will support the work of The Center of Concern, which has been serving the community since 1978. Some of their services are telephone reassurance and support services for the frail elderly and disabled, homesharing matches to provide affordable housing, employment and personal counseling, and various support groups.

Niles Library wins \$1,000 in 3M promo. drawing



Cheryl Deltz, 3M sales representative (left) and Ted Przybylo, president of the Board of Trustees, Niles Public Library District.

The Niles Public Library District was awarded \$1,000 from 3M Library Systems for participating in the company's Check-out Yourself Day during National Library Week.

Over 350 libraries nationally participated in the annual event, which entered a library into a drawing for every 100 users of the 3M self-check system.

Niles Public Library was one of 15 libraries selected in a random drawing last month.

More than 250 Niles Library patrons participated, many of them using the self-check for the first time.

Niles Family Fitness Center Programs

The Niles Family Fitness Center is now offering the following new programs to our members. Call (847) 588-8400 for questions regarding the following programs or Club membership.

Summer Student Memberships
Student Summer Memberships are now on sale at the Niles Family Fitness Center. \$75 Residents/\$90 Non-residents. Membership valid June 1 - August 31, 2000. Must be a current High School or College Student to qualify. Please bring proof of residency and current Student I.D. to our Members Service Department. For additional information, contact the Fitness Center at 847-588-8400.

Fitness Center Summer Brochure
The Niles Family Fitness Center has your ticket to summer fun! Our Summer schedule includes classes for all ages and interests, including: tumbling, camps, sports, Swim Lessons and more. Classes start the week of June 19th. Call 847-588-8400 to receive your copy of the Niles

family Fitness Center Summer Brochure. Get it while it's hot!!

Summer Sports Adventure Camp
The perfect way for your child to spend the summer! Activities include sports, outdoor games, crafts, swimming, field trips, and more. Special theme days will be held throughout the summer to add to the excitement. Weekly Sessions Offered: June 19 - August 11. Call the Fitness Center at 847-588-8400 for more information or to receive a camp application form.

Teen Gym & Jam
Saturday, June 17th from 6:30 p.m. - 9 p.m. A D.J., games, and contests are all part of the fun. Grades 6th - 8th only. Must attend a Niles School, be a Niles Resident or a Fitness Center member. Participants may bring one non-resident guest. Tickets are \$4 in advance (1 week prior) \$5 at the door. Non-resident guests are \$8.

The fellow with the smallest mind is the one usually most willing to give someone a piece of it.

Village of Morton Grove Blood Drive

The Village of Morton Grove will sponsor a blood drive conducted by LifeSource Blood Services on Monday, June 5, 2000 from 2 p.m. to 7 p.m. at the American Legion Memorial Building 6140 Dempster Street in Morton Grove. A complimentary dinner will be served to all donors. Please call Nancy Reynolds at the Village Hall (470-5246) to make an appointment.

Our community co-sponsors for the June blood drive will be Jerusalem Evangelical Lutheran Church, 6218 Capulina Avenue in Morton Grove and the Morton Grove American Legion Post #134. We thank them for their support.

Every 10 seconds someone in the United States receives a blood transfusion. Anyone who gives blood knows how important a single donation will be to the person who receives it.

One pint of blood yielding red cells, platelets, plasma and cryoprecipitate (a clotting component) can benefit as many as 4 people. Won't you consider becoming a blood donor?

Please call 470-5246 to make an appointment for June 5, 2000. Location: American Legion Memorial Building, 6140 Dempster Street from 3 p.m. to 7 p.m.

Not everything that is faced can be changed. But nothing can be changed until it is faced.

State funds Skokie Swift improvements

The Village of Skokie will receive up to \$145,000 for improvements to the Skokie Swift's "Kiss 'n Ride" drop off/pick up area.

Awarded at this month's Village Board meeting, the improvements will include the creation of a 16-car lane for commuters using the CTA buses and trains at the Skokie L-station.

The funding is the latest

Dedication ceremony for newly remodeled Oriole Pool

The Morton Grove Park District is scheduled to open its newly renovated Oriole Pool on Saturday, June 3rd. A new pool filter has been installed as well as a PVC pool liner and pool gutters.

Also, sections of the pool deck have been replaced and a grassy area added. Improvements were made to the pool building to make it more accessible to individuals with disabilities. The new pool heater installed will be a great addition to the swim lesson program.

Washington first graders see stars

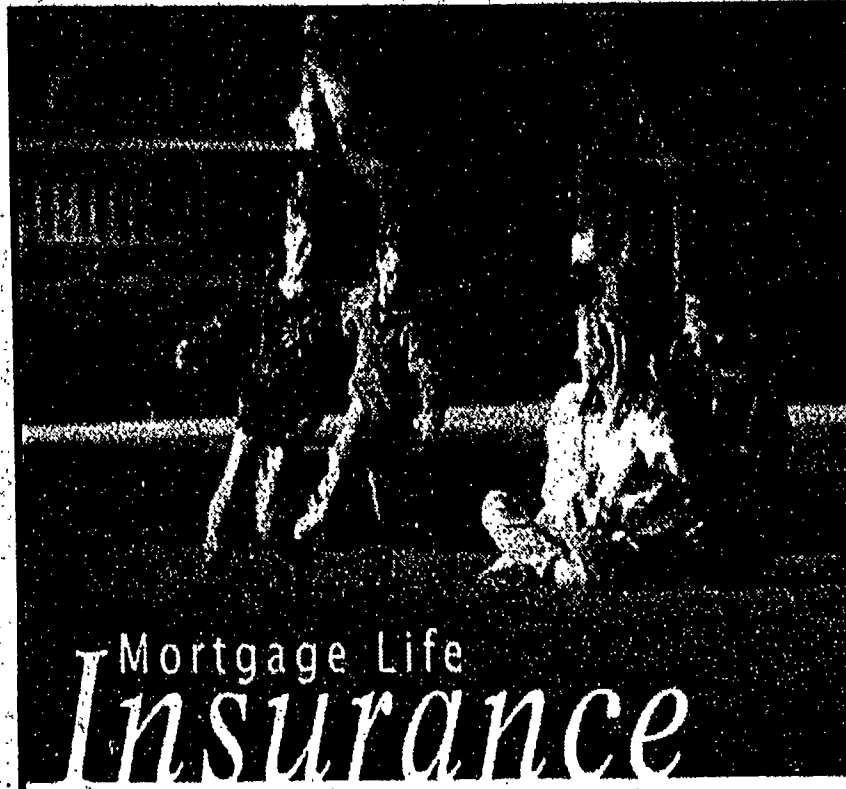
The first grade classes at Washington School spent an exciting morning recently at the Cerman Space Center in a domed theater equipped to present a variety of multi-media planetarium programs and films. The trip was taken to enrich the unit that the children are studying on the solar system.

The program presented, "Rusty Rocket's Last Blast," explored the basics of rocket physics, the immense distances found in space travel, and a tour of the solar system with animated characters.

Des Plaines business receives prestigious awards



Shown (l-r) Robert and Martha Atherton, community volunteers and owners of Paco Industrial Corporation, Des Plaines, receive congratulations from David Hiquist, vice president for business and finance at Oakton Community College, after receiving two awards at the Socrates Rand Spirit of Des Plaines Awards Dinner on Friday, April 7, at Casa Royale Banquets. The Athertons received the Theodore A. Krause Sr. Memorial Award and the Ralph Martin Philanthropic Business Award, recognize philanthropy and volunteerism in the community.



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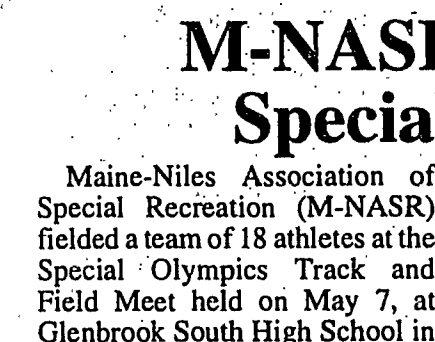
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Native American Pow Wow to be held

The Morton Grove Historical Museum is hosting a Native American Pow Wow from 1-5 p.m. on Saturday, July 1 in Harrier Park, 6240 W. Dempster, Morton Grove. Come share in a celebration of Morton Grove's Native American Past. Events and activities include dance and music with The Portage Singers and Dancers of the Midwest American Indian Association, Native American craft and food demonstrations, and archeological displays. Admission, activities and food are free!

The Morton Grove Historical Museum and exhibits will also be open during this event, including the annual exhibit, "True Beginnings: Morton Grove's Native American Past."

For more information, call the Morton Grove Historical Museum at 847-965-0203. Pow Wow is partially funded by a grant from the Illinois Department of Natural Resources.



M-NASR athletes strike gold at Special Olympics track meet

Maine-Niles Association of Special Recreation (M-NASR) fielded a team of 18 athletes at the Special Olympics Track and Field Meet held on May 7, at Glenbrook South High School in Glenview. The team came home with 20 gold medals for first place in competitions, 5 silver for second place and 5 bronze for third. Coach Kelly Danron remarked, "This was the most successful we have ever had. I am so proud of them as a team and as individuals. They have practiced every Wednesday evening since the beginning of April to achieve this level of success. It has been hard work but it has paid off."

Several of the team members are multiple gold medal winners. David Ritz of Des Plaines took the gold in the 3K and 100m run; from Park Ridge, athletes Barb Kautz won the 800m walk and the shotput and Kathy Maloney was first in the 100m and 200m run; from Skokie, Zark Arnold, 100m and 200m and Mary Vucic, 200m and long jump; Billy Fabbri of

Disabled adults enjoy bingo and prizes



Maine Township disabled adults now have a few more day-time activities to provide opportunities to get out of the house and have a good time with friends and family through new programs offered through Maine Township Disabled Services. Monthly "Lunch & Bingo" includes a nominally priced boxed lunch and bingo. Above, numbers are called by volunteer caller and Town-ship Trustee Bob Dwyer (standing, center) and sign language interpreter Micki Baron-Gerstlein (left).

Morton Grove was first in 200m and the softball competition. Other gold medal winners are: Carol Alexander, 400m walk; Ira Alexander, 100m run; Megan Dolan, 100m run; Kevin Healy, 50m run; Colleen Kelleher 200m run; Ella Lawrence, 50m run; Cory Simon, 400m run; Frank Verre, 50m run.

M-NASR staff work on building teamwork and improving technique in all running and field events, leading to Special Olympics competitions. These programs also foster friendships, build self esteem and cultivate understanding of the Special Olympics oath, "Let me win, but if I cannot win, let me be brave in the attempt." For more information on Special Olympics training programs offered by Maine-Niles Association of Special Recreation, please call 847-966-5522.

CJE Support Groups

Council for Jewish Elderly (CJE) offers support groups on a wide variety of topics of interest to seniors and their families. For information or to join a group, please call CJE at 773-508-1000.

Wednesday, June 14, 1:30 to 3 p.m.
Living with Parkinson's provides ongoing support, guest speakers, helpful resources and medical updates are featured. The group meets at Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie.

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Health News

New support group for families coping with Parkinson's Disease

A special support group for families living with Parkinson's Disease will begin at 1 p.m., June 13 at Ambassador Nursing and Rehabilitation Center, 4900 N. Bernard, Chicago.

Ambassador recently introduced a Parkinson's Disease Rehabilitation and Care Program that responds to the unique needs of people with Parkinson's. An invaluable part of this program is the family support

group -- open to families, caregivers throughout the community. Under the guidance of trained professionals, families can come together to learn about the disease, share concerns, frustrations or anger, offer coping suggestions; plan for the future; laugh, and realize they don't have to face the disease alone.

The group will be led by Jo-Dee Emmett, BS, MA Parkinson's Program Coordinator/Resident Services Director. Diane Breslow, MSW, LSCW, ACSW, a licensed clinical social worker, will frequently consult on issues of aging and chronic disease. The support group will continue to meet the second Tuesday of every month at Ambassador.

Parkinson's Disease is a chronic progressive disease for which there is no cure. Over time, the person with Parkinson's requires a high level of support and care - which can place enormous demands on the caregiver. Ambassador Parkinson's Disease Care Program provides a positive, caring environment, staffed by a team of professionals with specialized training in the diagnosis and treatment of the disease.

Ambassador developed a pro-

gram that can enhance the quality of life for people with Parkinson's and help them become as functional as possible. The program was developed by Dr. Michael Rezak, one of the foremost authorities on Parkinson's in the Midwest, whose career in the research and treatment of Parkinson's established the foundation of Ambassador's program. He is affiliated with Evanston Northwestern Healthcare System.

The program consists of three core components. Medication Management provides the careful attention to dosage and timing. Rehabilitation Therapy includes Restoro, a powerful new rehabilitation and fitness program that uses state-of-the-art Nautilus equipment with every Parkinson's patient when possible. A 1998 study conducted by Duke University Medical Center concludes that early and mid-stage Parkinson's patients who participate in a regular exercise program showed significant improvements in tests that measure mobility and coordination.

The final component is the Family Support Group. Parkinson's is a disease that impacts the entire family and support groups can ease the stress. For more information about Ambassador's Parkinson's Family Support Group or its Parkinson's Rehabilitation and Care program, please call 773-583-7130.

Clifford to speak at Cancer Survivors Day



Christine K. Clifford

In celebration of Cancer Survivors Day, Lutheran General Hospital will present "An Afternoon of Hope, Laughter and Positive Thinking" featuring award-winning author Christine K. Clifford.

This free "celebration of life" event will be held from 1 to 3 p.m. Sunday, June 11, in Ottem Auditorium and Grainger Atrium at Lutheran General Hospital, 1775 W. Dempster St., Park Ridge.

Everyone who attends the event will receive a free copy of Clifford's book, "Not Now, I'm Having a No Hair Day!" A book signing and reception with the speaker, Lutheran General physicians and other health care professionals will be held after the program. Refreshments will be served and special souvenirs will be presented to all Cancer Survivors Day attendees.

To make reservations for the event, call 1-800-3-ADVOCATE (1-800-323-8622) by June 2.

A cancer survivor and humorist, Clifford is president and chief executive officer of The Cancer Club, a company designed to internationally market humorous and helpful products for people who have cancer. She appeared on CNN Live as "one of the world's leading authorities on the use of therapeutic humor."

Diagnosed with breast cancer in December 1994, Clifford went to write two award-winning portrayals of her story

Aging marijuana smokers face higher risk of heart attack

Middle-aged and elderly marijuana users increase their risk of heart attack by more than four and a half times during the first hour after smoking the drug, according to a study that was presented recently at the American Heart Association's 40th Annual Conference on Cardiovascular Disease Epidemiology and Prevention.

The site has a new address www.contactlenscouncil.org. The website is broken up into easy-to-navigate sections based on consumer interests, including bifocal contacts and presbyopia, lens care solutions, laser surgery alternatives, comfort issues, sports and contacts, and colored lenses. The site also addresses computers and eyesight, visits to eye care practitioners, and offers a comprehensive section devoted solely to young adults/teenagers considering contacts.

The site includes printable fact sheets on many vision care issues, safety tip lists, a glossary, a history of contact lenses, the latest in contact lens news, and a visitor survey/questionnaire.

Based on the onset of symptoms, risks to individual users posed by marijuana appear to be much lower than those associated with cocaine use, which causes much sharper rises in both heart rate and blood pressure, Mittelman says. However, he adds that the overall public health threat from marijuana

could be even greater than from cocaine because marijuana use is believed to be more widespread.

The study's findings provide "possible new food for thought" in the ongoing controversy whether marijuana use for medical purposes should be legalized, he says.

In a 1996 referendum in California, voters approved the legal medical use of marijuana, and since then, at least seven other states have passed laws allowing physicians to prescribe the drug, although it is still prohibited by federal law, Mittelman says.

A recent report by The Institute of Medicine, of the National Academy of Sciences, found no significant marijuana-related cardiac risk among younger users, he says. "But part of the problem lies in the fact that we now have millions of baby boomers who are reaching the age when risk of coronary heart disease increases for both men and women," Mittelman adds.

Health News

Don't let office work be a pain in the neck - or back

by Dr. Robert Richart

If you're not careful, slouching at a desk all day or tapping away at a computer keyboard can lead to painful and disabling strains in your wrists, shoulders, elbows and back. By following some simple advice you can make your work day a lot more enjoyable and less painful throughout the year.

We used to believe that occupations like construction caused most on-the-job injuries; however, someone who works at a computer is putting considerable stress on their wrists, shoulders, neck and spine, and this can cause some really painful workplace injuries.

Repetitive motion injuries (RMI) like carpal tunnel syndrome have become increasingly prevalent in recent years, as more and more people spend long hours virtually immobilized in front of a computer screen. According to recent estimates, more than 75 million Americans spend some time using a computer every day - for work and for play. Today, it's not just the administrative assistant who uses a computer. Cashiers, accountants and other occupations require spending the work day in front of a computer, too. When the work day ends, many people go home and "surf the net" for hours on their own PC's.

Carpal tunnel syndrome alone affects approximately 230,000 people every year and accounts for nearly half of all workplace illnesses, costing the country nearly \$800 million in health care benefits and rehabilitation. But carpal tunnel syndrome isn't the only problem. Other injuries include low back pain, postural and spinal stress and tendinitis - conditions that can affect a person's work, as well as make life painful.

To reduce the possibility of suffering one of these painful and possibly disabling injuries, follow these posture improving tips:

- Make sure your chair fits correctly. There should be 2 inches between the front edge of the seat and the back of your knees. Ideally, the chair should tilt back so you can rest while you're reading what's on the screen.

- Sit with your knees at approximately a 90 to 120 degree angle. Using an angled foot rest to support your feet.

- Position your computer monitor so the top of the screen is at or below eye level, and make sure you have adequate lighting.

- Keep your wrists in the neutral position, not angled up or down, while you type. A wrist rest can help you to keep a more neutral wrist posture.

- Take periodic stretch breaks.

If you do suffer from strain or injuries on the job, see a doctor of chiropractic. A chiropractor can identify the problem, work to alleviate the problem and help you avoid further injury.

Dr. Robert Richart is a 1982 graduate of Palmer College of Chiropractic. He has completed postgraduate programs on the diagnosis and treatment of soft tissue injuries through National College of Chiropractic and Texas Chiropractic College. He maintains a practice in Niles at 8933 West Golf Road. To receive a complimentary spinal examination and consultation, please contact Dr. Richart at (847) 827-8686. You can also contact Dr. Richart at www.richartchiropractic.com.

Magen David Adom

Join Magen David Adom (Israel's emergency medical health, blood and disaster services) at the Greater Chicago Jewish Folk Arts Festival on Sunday June 11, from 11 a.m. to 7 p.m. While you are at their exhibit, visit a brand new Magen David Adom ambulance, before it is shipped to Israel to save lives. Bring the children so they can sit in the driver seat and have their pictures taken. Pick up your free MDA Kids Activity Book while you are there.

Want to learn more about MDA ambulances or MDA? Visit them at www.magen-david-adom.org. Call Gary Kenzer, Executive Director at 847 583 0664.

Information sessions for those needing total joint replacement

Individuals in need of total joint replacement -- knee or hip -- are encouraged to attend free total joint pre-operative information sessions at Lutheran General Hospital, on Wednesday nights, 6 to 7 p.m., Impatient Rehabilitation Services, Ground Floor.

For information call (847) 723-7034.

Resurrection receives award for eye donations



Anne Pilarski (center), Vice President of Patient and Cardiorespiratory Services at Resurrection Medical Center, holds award plaque presented recently by Allan Valdeon, M.D. (second from left) from the Regional Organ Bank of Illinois. Also from Resurrection are Barbara Miller (left), Nurse Manager, Joni Boni-acc (second from right), Director of Nursing-Critical Care, and Mary Reilly, Surgery Unit Manager.

Resurrection provided 28 cornea donations last year - nearly double its 15 cornea donations for 1998. Resurrection is the only Chicago hospital - and one of only two hospitals in the Chicago metropolitan area - to rank among the top 10 Illinois hospitals in cornea and eye tissue donations in 1999.

THE NURSE ADVICE LINE



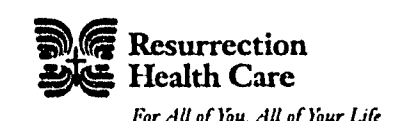
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Dr. Robert L. Richart is a Palmer Graduate Certified in Impairment Rating and Disability Evaluation Postgraduate Study Chiropractic Orthopedics, Neurology and Sports Injuries. Member of American Chiropractic Association.

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Women's News

Relaxing Remedies for the Stressed-Out Superparent

While the workday may end at 6 p.m., parenting is a full-time job. Juggling a family, career and personal life can leave busy moms and dads at the end of their rope. A recent report in Newsweek shows that chronic stress wreaks havoc on the body, ranging from heart disease to a diminished immune function. To restore the superparent's body, mind and well-being, it's essential to relax and rejuvenate spirits after a long week of car pools

and conference calls. The rule of thumb: a little pampering goes a long way. With this in mind, Jergens Skincare supplies the essentials for an at-home spa weekend -- the perfect way to recharge batteries.

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Create a Spa Environment. First, set aside time in the calendar. Surrounding each room in the house with pleasing visuals, scents and sounds is just as important as the right treatments. Place fresh cut flowers in the bathroom, bedroom and dining area. Keep the lights low; a dimly lit environment can soothe frazzled nerves. Candles are the perfect accessory to a weekend of relaxation. Use nourishing skincare such as Jergens Originals Lotion with Cherry-Almond Scent to awaken positive memories and trigger nostalgic feelings of comfort and familiarity.

Dad, Step In. Leave the house with kids for a weekend. A recent study shows that children with involved dads fare better in school than kids who have less contact with a father figure. Fathered kids are known miss less school and even stay in school longer -- all the more reason for Mom to hand the kids over and have a day to herself, without

feeling guilty.

Pampering Head to Toe. Beauty. Shower with a skin-smoothing body wash like Jergens Skincare Extra Moisturizing Body Wash with Jergens Lotion that is enriched with extra conditioning ingredients and lipids to nourish dry skin and keep it feeling soft, smooth and healthy. Follow with an at-home manicure and pedicure. Massage aching hands and feet with Jergens Ultra Healing Lotion. Enriched with patented forms of two natural lipids: ISCP and SFLS, this lotion provides long lasting relief up to 24 hours.

Food for Thought. A healthy dinner can do wonders for your skin. Try a pasta vegetable dish sauteed with garlic, onions, carrots and asparagus -- foods high in sulfur and beta carotene that give skin a healthy glow.

Dad, Step In. Leave the house with kids for a weekend. A recent study shows that children with involved dads fare better in school than kids who have less contact with a father figure. Fathered kids are known miss less school and even stay in school longer -- all the more reason for Mom to hand the kids over and have a day to herself, without

Survey reveals what it takes to be a Remarkable Mom

Give a Likeable Label. Moms who work in the home have been given many titles over the years but the big question is: what do they prefer to be called? Thirty-three percent of moms surveyed favor the title, "Homemaker." Of course, many moms (20 percent) prefer the standby phrase, "Stay-at-Home Mom" and the more fancy title, "Domestic Goddess" is appreciated by 12 percent of those moms polled.

Family Values. Moms give many gifts to their families throughout the year. However, do they feel truly cherished for all they do? The answer is, yes! Almost 63 percent of mothers feel appreciated by their families.

Renowned and Remarkable. Moms also were asked which celebrity mom they would describe as remarkable. The top five famous moms named are: #1 Katie Lee Gifford, #2 Gloria Estefan, #3 Jada Pinkett Smith, #4 Tipper Gore and #5 Madonna. Whirlpool Corporation is the world's leading manufacturer and marketer of major home appliances. Since its founding in 1911, Whirlpool has grown from a family-owned machine shop in Michigan to a "world leader" with manufacturing plants in 13 countries. Whirlpool is headquartered in Benton Harbor, MI.

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Women's News

OLPH Phoenix Support Group

"The eyes have the answers," Father Rolich explained to the OLPH Phoenix support group at our last meeting. In a dynamic presentation on better communication, he shared that communication is the difference between making love and having sex. If one does not wish to engage in the communication steps which lead to unity in heart, mind, and soul, one is simply engaging in the immediate gratification of lust. During active communication, the pupils of the eyes are very expressive and maintain contact when one lies of cheats, the pupils get smaller and they look away. The nonverbal communication is often stronger and truer to the heartfelt feelings than the verbal -- what one does is more important than what one says.

In our continuing journey to wholeness, the OLPH Phoenix Support Group meets again on Friday June 2, 2000, at 7:30 p.m. when Dr. Jerry Wesch will speak on the topic of "Turning Your Life Around After Loss."

Dr. Wesch is a PhD, clinical psychologist and Director of the Pain Management Services of Swedish Covenant Hospital, located at 5145 N. California

Ave., in Chicago. Dr. Wesch says he began his career in pain management when he was six years old. He was comforting his grandfather who had phantom leg pain after losing his leg in a war injury, most recently Dr. Wesch has begun using techniques and procedures of Thought Field Therapy dealing with disconnecting from post traumatic stress syndrome. He trained with 40 other professional skeptics as they individually, personally experienced the life and feeling better that one experiences with the tapping process of Thought Field Therapy.

Whether you or some one you know is divorced, separated, or widowed, you are dealing with a phantom person and possibly some PTSD also. We invite you to join us on Friday, June 2, 2000 at 7:30 p.m. in the Jefferson Room at Our Lady of Perpetual Help Catholic Church, located at the corner of Grove and Church Streets in Glenview. The public is invited and a \$4 donation is requested.

If you need transportation, please call Tom Varner at 312-580-1214. For more information, please call Bonnie at 847-677-8120.

LGH takes an extended look at menopause

The Women's Health Resource Center of Lutheran General Hospital presents a fine two-part series on menopause entitled "Hot Flash, News Flash: What You Need to Know about Menopause."

The first part, entitled "Overview and Medical Implications of Perimenopause and Menopause," will be presented from 7 to 9 p.m. Thursday, June 1, in Olson Auditorium, 1775 Demp-

ster, Park Ridge. Participants will become familiar with related short and long-term issues that effect the quality of life as one enters menopausal years. The advantages and disadvantages of hormone replacement therapy will be discussed, as well as strategies for preventing osteoporosis and heart disease.

The second part, entitled "Your Best: Lifestyle Changes to Maximize Your Potential,"

will take place from 7 to 9 p.m. Tuesday, June 13, in Olson Auditorium, 1775 Dempster, Park Ridge. Participants will explore the common psychological factors and healthy choices women can make at the time of menopause, including nutrition, incontinence, attitude, personal care and coping with change.

To register, call HealthAdvise at 1-800-3-ADVOCATE (1-800-323-8622).

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Women's News

Women's Health Resource Center holds a chronic fatigue support group

The Women's Health Resource Center of Lutheran General Hospital offers a chronic fatigue/fibromyalgia support and education group for patients and families. Led by Reva Schneider, RN, and affiliated with Gerald Eisenberg, M.D., rheumatology, and Miles Linky, Ph.D., psychology, the group meets from 7 to 8:30 p.m. the first Wednesday of the month, at Lutheran General Hospital, 1775 Dempster, Park Ridge, Room 559 West.

The support group is free. Participants are encouraged to register by calling Schneider at (847) 723-6589.

The Women's Health Resource Center of Lutheran General Hospital is an access point for the

public to learn about the hospital's women's programs, services, support groups and community resources. The center, located in the Lutheran General Victor Yackman Children's Pavilion, is open from 9 a.m. to 5 p.m. Monday through Friday. For more information on the center and its services, call (847) 723-8810 (TTY line for hearing impaired, 847-723-8885).

Deaf Parent-to-Parent Project

Discovering that your child is deaf can be overwhelming. To help parents of deaf children, The Chicago Deaf Parent-to-Parent Project provides support and services to hearing parents of deaf children up to age six.

One of the many services offered by the Project is a workshop series for parents and their deaf children. Workshop topics range from reading, thinking visually, and making fun for deaf children, to activities for the whole family, and understanding

and managing a child's behavior. Workshops are held at school and other community sites throughout the Chicago area.

For information about upcoming workshops or about the Deaf Parent-to-Parent Project, contact Kjersti Usher, LPC, at 847/568-5200 voice, or at 847/568-5240 TTY.

Open to all in the metropolitan Chicago area, the Chicago Deaf Parent-to-Parent Project is a joint effort of the Jewish Federation of Metropolitan Chi-

cago, Jewish Family and Community Service, and Mount Sinai Hospital Medical Center of Chicago's Sinai Psychiatry and Behavioral Health. The Project is funded by the Michael Reese Health Trust.

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Incontinence therapy breakthrough offers hope

A new medical device offers hope to an estimated 180,000 Chicago-area women who suffer from the embarrassment and discomfort of urinary incontinence.

Eight medical offices in Evanston, Maywood, Joliet, Naperville, Oak Lawn, West Dundee, Wheaton, and Park Ridge, now offer NeoControl® - a non-invasive medical device that employs extracorporeal magnetic stimulation (EMS) to strengthen a patient's pelvic floor muscles.

"You could think of this therapy as 'super Kegel exercises,' explained Dr. Peter K. Sand, head of the Evanston Continence Center and a principal investigator in a multi-center outcomes study of ExMI that began in 1997. Data from the study indicate that 50 percent of women who completed six weeks of NeoControl therapy reported being "completely dry" and an additional 30 percent reported "significant improvement" in their conditions.

According to Dr. Sand, NeoControl provides an effective, painless and non-invasive alternative to other incontinence treatment options such as surgery or drugs, which are sometimes ineffective and involve lengthy recovery periods or unpleasant side effects. The patient also remains fully clothed while receiving treatment in a chair that houses the pulsed magnetic technology.

The NeoControl Pelvic Floor Therapy System employs powerful, pulsing magnetic fields to stimulate nerve activity in the pelvic floor, which then exercises muscles that control bladder function. The process improves strength and endurance while also increasing circulation. Patients undergo two 20-minute treatments each week for eight weeks. "All that the patient will feel," Dr. Sand added, "is her pelvic muscles tighten and relax as they are exercised according to a physician's prescription." The prescription is encoded in a plastic card that is inserted into the

NeoControl device by an attending clinician to ensure treatment consistency. According to NeoControl, many managed care plans and indemnity insurance companies cover the treatment and more are being added.

ExMI was developed by Neotonus Inc. of Marietta, GA, in 1997 and was approved by the U.S. Food and Drug Administration (FDA) in June 1998 for the treatment of stress, urge and mixed incontinence in women. NeoControl, the first medical device to utilize ExMI technology, is currently used by more than 200 urology and obstetrics/gynecology practices throughout the United States and in 12 other countries. To date, more than 18,500 treatments have been delivered to women in the U.S.

Neotonus provides non-invasive healthcare solutions utilizing advanced pulsed magnetic neuromodulation technologies. The company holds patents for a broad range of medical applications of its ExMI technology. Currently, Neotonus is developing devices to address neurological and neuromuscular disorders including other pelvic floor conditions, depression and re-education of damaged muscles in extremities.

For more information call 1 (800) 895-4298 or visit www.neocontrol.com. Women in the Chicago area can choose among the following medical offices now offering NeoControl therapy: Evanston Continence Center, Dr. Peter K. Sand, 1000 Central St., Suite 730, Evanston, IL 60201, (847) 570-2750; and Parkside OB/GYN, 1875 Dempster Suite 465, Park Ridge, IL 60068, (847) 825-1100.

Father's Day Breakfast to be held

First Edison Park United Church of Christ, 6675 North Oketo Avenue, Chicago, will be hosting a Father's Day Breakfast on Sunday, June 18th from 8 a.m. - 10 a.m. Friends, family and neighbors are invited to join us, and to enjoy our choir during our Worship Service following breakfast. Free Will Offering (773) 763-2233.

Hayden E. Villamercado

Marine Corps Pfc. Hayden E. Villamercado, son of Rosaura and Eduardo Villa of Des Plaines, recently completed basic training at Marine Corps Recruit Depot, San Diego. Villamercado is a 1999 graduate of Maine East High School, Park Ridge.

Community Calendar

Carlton honored at annual benefit



Dennis W. Carlton

Dennis W. Carlton, a prominent economist and long-time member of the Governing Commission of The Hillside of Illinois, will be the honoree at the organization's Annual Benefit, scheduled for Tuesday evening, June 13, at the Palmer House Hilton in Chicago. Proceeds will go towards the support of Hillside's programs for Jewish college students and young adults at the universities and colleges throughout the greater Chicago-land area and the state of Illinois.

An authority in the fields of theoretical and applied microeconomics and industrial organization, Dr. Carlton has been a professor of economics at the Graduate School of Business at the University of Chicago since 1984, and is the president of Lexecon, Inc., an economics consulting firm. He received his B.A., summa cum laude, in applied math and economics from Harvard University and went on to earn his master's and doctoral degrees at the Massachusetts Institute of Technology.

Before coming to the University of Chicago Graduate School of Business, Dr. Carlton taught at MIT, in the Department of Economics at the University of Chicago and at the University of Chicago Law School.

The author of two books and numerous articles in academic and professional journals, Dr. Carlton is a member of Phi Beta Kappa, co-editor of the *Journal of Law and Economics*, and served as associate editor of *The International Journal of Industrial Organization* and of *Regional Science and Urban Economics*. He has consulted for the U.S. Department of Justice and the Federal Trade Commission on anti-trust matters, served as resident scholar for the Board of Governors of the Federal Reserve System, advised the U.S. Bureau of the Census, and has provided expert testimony before U.S. and foreign courts and regulatory agencies.

Equally active on behalf of the Jewish community, Dr. Carl-

ton is a member of the Board of Directors of Aitz Hayim Center for Jewish Living in Highland Park, a member of North Suburban Synagogue Beth El, also located in Highland Park and, from 1993-1999, served on the Board of Directors of the Jewish Federation of Metropolitan Chicago and of the Jewish United Fund. He also has been a member of the Academic Advisory Board of the American-Israeli Chamber of Commerce and cur-

rently serves on the Hillside Board at the University of Chicago.

Dr. Carlton and his wife Jane reside in Glencoe. They are the parents of Deborah, Rebecca and Daniel.

Covert for the Benefit is \$250 per person, \$125 for those under 30. Please call (312) 444-2867 for reservations and further information.

Not everything that is faced can be changed, but nothing can be changed until it is faced.

Morton Grove Blood Drive - June 5, 2000

The Village of Morton Grove and the Jerusalem Evangelical Lutheran Church will co-sponsor a blood drive on Monday, June 5, 2 to 7 p.m. at the American Legion Memorial Building, 6140 Dempster Street in Morton Grove. Life Source Blood Service will be conducting the drive. A complimentary dinner will be served.

Did you know donating blood may actually benefit your health? Studies suggest that both

men and postmenopausal women may accumulate too much iron in their bodies. Donating blood frequently may keep excess iron from being stored in your body and help reduce the health risks associated with too much iron.

Whenever you donate blood, you literally give the "gift of life." Call the Morton Grove Family and Services Department to set up an appointment: 470-5246. Walk-ins are welcome.

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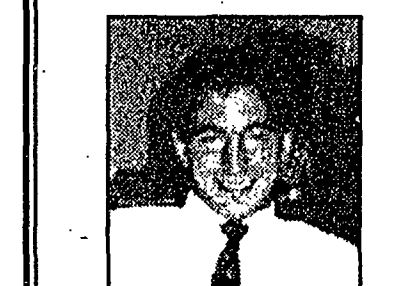
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Community Calendar

Village of Lincolnwood Parks & Recreation

General Information:
The Village of Lincolnwood Parks and Recreation Department is still accepting registration from Residents and Non-Residents for its Camp 2000 Summer program. The Lincolnwood Parks and Recreation Department is open on Saturdays, 9 a.m. - 12 p.m., and M-F, 9 a.m. - 5 p.m., with the exception of Thursdays when we are open until 7 p.m. For more information, call 847-677-9740.

Youth Programs:
Lincolnwood Safety Town - Safety Town is an educational setting for children ages 4-6 by which safety lessons are taught with actual participation and demonstration. This program is sponsored by the Lincolnwood Parks and Recreation Department and School District #74. This program will run June 5-16, from 9:30 a.m. to 11:30 a.m., Monday thru Friday, and will be held at the Lincolnwood Community Center which is located at the corner of Lincoln Avenue and Morse. Registration is being held now.

Bulls Basketball Camp - The Chicago Bulls have launched the Chicago Bulls Basketball Camp in order to bring championship instruction to young players. Boys and girls, ages 6-14, are invited to become part of this extraordinary opportunity. Registration is being taken now.

Aleks Mihalovic Soccer Made In America Training Camp - This camp is designed to develop players at all levels. Open to players ages five through seventeen, world class

professional clinicians will provide five consecutive half-day sessions of soccer instruction. Camp will be held August 14-18, 2 p.m. to 5 p.m.

Shotokan Karate - All classes are taught by instructors of the Illinois Shotokan Karate Club under the direction of John DiPasquale, four time National Champion, former U.S. Karate National Coach and National Faculty Member of ACEP. Class levels are Pre-Karate, Parent/Child Karate, and Youth Karate. Classes begin June 22 - August 24. For more information call 847-677-9740.

pet-related items, house wares, clean clothing, small appliances, computers and accessories, reusable toys, tools, kitchen wares, knick-knacks, craft projects and/or supplies will be cheerfully accepted on Thursday, June 8th from noon until 9 p.m.

Northern Illinois Samoyed Assistance, Inc. is a not-for-profit organization; however, its purpose and goals began many years ago with the relocation of the first Samoyed in 1984. NISA's principle goal is to save healthy, good-natured Samoyeds from unnecessary euthanasia. It is a breed specific organization dedicated to finding new homes for abandoned or unwanted Samoyeds.

For additional information, please call (847) 392-5000 or (847) 255-4815. Many needy and homeless Samoyeds will benefit from proceeds of this sale.

Our Lady of Ransom Parish, Niles, will hold its 9th Annual Fun-Fest '00, on the parish grounds, Greenwood & Normal Avenues, beginning June 21-25th. A variety of food vendors, carnival rides, bingo, beer garden, nightly entertainment, and our cash raffle are a few of the attractions scheduled. There will be something for everyone to enjoy. For info: call (847) 823-2250.

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Hand-reared Polar Bear cub makes public debut

Tigauk (tee-ghoo-sh-k), a 5-and-a-half-month-old polar bear cub born at Brookfield Zoo, made her public debut on April 19.



Tigauk, a 5-and-a-half-month-old polar bear cub, made her public debut at Brookfield Zoo on April 19.

She was born October 30, 1999, to Arki and Aussie, the zoo's adult breeding pair. For reasons unknown to staff, Arki stopped giving the 1 1/2-pound cub the proper care she needed. Staff intervened and brought Tigauk to the zoo's Animal Hospital where she received immediate intensive medical treatment. During the first few months of her life, she was extremely vulnerable and required round-the-clock care. She was fed every two to three hours and closely monitored. Unable to maintain her own body temperature, Tigauk was initially placed in an incubator. Tigauk began walking at three months of age at which time she weighed approximately 20 pounds. As she grew bigger and stronger, her living quarters changed to accommodate her size and development. A larger space was created for her behind the scenes at the zoo's Fragile Kingdom exhibit. An update on Tigauk later in the year, and an invitation to the annual Parents' Evening in August.

The basic \$25 Shared Care package, which does not include the plush bear, is also available. For more information about the zoo's Parents' Program, call (708) 485-0263, ext. 341. Open every day of the year, Brookfield Zoo is located at First Avenue and 31st Street in Brookfield, IL, just 14 miles west of downtown Chicago. The zoo is accessible via the Stevenson (I-55) and Eisenhower (I-290) expressways. Tri-State Tollway (I-294), Burlington Northern commuter line, and PACE bus service. For more information about Brookfield Zoo, visit its Web site at www.brookfieldzoo.org.

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Friday, June 2	- Mike Martinez - Latin Band - 9 pm to 1 am
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Dining / Entertainment

Youth Expo 2000 to be held

Youth Service Project, Inc. will award two \$20,000 scholarships to young leaders from the Humboldt Park community at its first annual Youth Expo 2000 on Friday, June 23 at the University of Illinois at Chicago. More than 40 exhibitors from local colleges, financial service and technology companies, and community-based organizations will be on hand to showcase career and education opportunities for young adults. Admission to the Expo is \$3 in advance and \$5 at the door.

Youth Service Project, Inc. will also host a 25th Anniversary Luncheon at the Expo where it will honor its scholarship winners and present its Corporate Support Award to the BP Amoco Foundation and the Unilever Corporation. Greg Michie, author of *Holler If You Hear Me* and former Golden Apple Award Winner for Excellence in Teaching will give the keynote address. Tickets to the luncheon are \$45 and sponsorship tables range from \$450 to \$1,000. For more information, please contact Beth Selix at (773) 772-6270.

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*Added matinee: July 27, August 3, August 10, and August 17.

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Lambs Farm 14th Annual Auto Show

Auto enthusiasts won't want to miss the 14th Annual Auto Show at Lambs Farm on Sunday, June 18, 2000. More than 300 beautifully restored antique and classic automobiles will be on display from 10 a.m. to 3 p.m. And, unlike other local auto shows, general admission and parking are free.

Timed drills will be held at 11:30 a.m. and 1:30 p.m. where a team of five car club members will rebuild an entire car and drive it away. The team boasts a typical assembly time of less than two minutes! In addition, the owner of the "best in show" automobile will be awarded with a hand-made trophy at 3 p.m.

Visitors will have the opportunity to meet the owners of the cars and talk about history, restoration techniques and mechanical details. The show, open to all makes and models, includes more than a dozen different auto clubs from all over the Midwest, there is an \$8 donation required per entry for owners who wish to exhibit their vehicles. Both pre-registration and same day sign-up are encouraged. Plaques go to the first 250 entries.

Visitors who also want to stop by our Country Inn Restaurant for Father's Day Brunch running from 10 a.m. to 3 p.m. All picnic baskets or coolers are allowed as all proceeds benefit programs for Lambs Farm's more than 250 participants with mental disabilities. Lambs Farm is located just off 194 on Route 176. For more information, please call Lambs Farm at (847) 362-0048 press 5.

OLR Upcoming Fun-Fest '00

Our Lady of Ransom Parish, Niles, will hold its 9th Annual Fun-Fest '00, on the parish grounds, Greenwood & Normal Avenues, beginning June 21st-25th. In honor of our Parish's 40th Anniversary, we will have a Silent Auction with 40 prizes to represent the 40 years. Once again, we will have Alumni Night, on June 25th - welcoming back all OLR alumni for a free beverage. In addition, we will have a variety of food vendors, carnival rides, air-conditioned bings, beer garden, nightly entertainment, and our cash raffle are a few of the attractions scheduled. There will be something for everyone to enjoy. For info: Call 847-823-2550.

Waterloo German Band
The crowd was dazzled at last year's concert, and the captivating Germans are back. Enjoy waltzes, polkas, and more. Concerts and games for the whole family.

July 20 Fabulous Murray Brothers
Four talented singer-musicians play over twenty-five instruments combining comedy and impersonations and audience participation. Their contagious enthusiasm is enhanced by costumes and special effects.

July 27 Meisner Magic
Join the father and son team for another year of fun, laughs, and good polka music.

August 3 Andy Head & AC Rock
Andy's outrageously funny display of juggling, musical comedy, and more is sure to have everyone rocking. AC Rock is a four piece group that performs music of the 60's, 70's, and 80's a cappella style.

August 10 Mr. Myers
Mr. Myers blends the tropical sounds of Calypso, the rhythms of Reggae, and a little Rock 'n' Roll with some favorite classics to create special Caribbean rock.

August 17 The Connexion
The Connexion is a seven-piece with two lead female vocalists, guitar, bass, drums, keyboards, trumpet, and sax. Do the electric slide, the macarena, and dance all night.

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Dining / Entertainment

Highschool Reunions

Sentimental Journey, Ltd. will be coordinating the following reunions:

New Trier East High School Class of 1968 Turns 30 Celebration! June 17, 2000 - DoubleTree North Shore Skokie.
Von Steuben High School Class of 1990, June 24, 2000 - Marcello's Chicago.
Sullivan High School Classes of January and June 1950, June 24, 2000 - Embassy Suites Deerfield.
Avoca School Classes of 1970 & 1971, July 1, 2000 - Maggiano's Old Orchard.
Carl Schurz High School Class of January 1955, July 8, 2000 - Holiday Inn Rolling Meadows.
Von Steuben High School Class of June 1960, July 15, 2000 - North Shore Sheraton.
Niles East High School Class of 1970, July 22, 2000 - Hotel Sofitel.
Niles West High School Class of 1970, July 22, 2000 - Hotel Sofitel.
Niles East High School Class of 1980, July 29, 2000 - Maggiano's Old Orchard.
Von Steuben High School Class of 1980, August 5, 2000 - Arlington Trackside.
Waukegan High School Class of 1970, August 5, 2000 - Mid-Jane Country Club.

Senn High School Classes of January and June 1950, August 12, 2000 - DoubleTree North Shore Skokie.
Josephinum High School Class of 1970, August 26, 2000 - Sheraton Gateway Suites.
Maine North High School Class of 1990, September 2, 2000 - Metropolis Art Academy.
Sullivan High School Classes of January and June 1950, September 9, 2000 - Arlington Heights Hilton.
Niles High School Class of 1969, Friday, September 15, 2000 - Forty One North.
Amundsen High School Class of June 1960, September 16, 2000 - Maggiano's Old Orchard.
Austin High School Classes of January & June 1960, Friday, September 22, 2000 - DoubleTree North Shore Skokie.
Hinsdale Central High School Class of 1970, Weekend of September 22-24, 2000 - TBA.
Sears Corporate Childrens Department Reunion, Saturday, September 23, 2000 - TBA.
Niles North High School Class of 1970, October 7, 2000 - Forty One North.
Senn High School Class of 1980, October 13, 2000.
Niles West High School Class of 1980, October 14, 2000 - Marcello's.

Calumet High School Classes of January and June 1950, Friday, October 20, 2000 - Wyndham Garden Oak Brook Terrace.
Bowen High School Class of June 1970, October 14, 2000 - Cubby Bear North - Lincolnshire.
Sullivan High School Classes of 1959, October 21, 2000 - Sullivan High School.
Austin High School Classes of January and June 1950, October 21, 2000 - Drake Oak Brook.
Lincoln Junior High (Skokie) Class of 1975, November 18, 2000 - Marcello's.
Niles North High School Class of 1990, Friday, November 24, 2000 - To be announced.
Mather High School Class of 1980, November 25, 2000 - Maggiano's Old Orchard.
Mather High School Class of 1967 - TBA 2001.
Senn High School Class of 1966 - TBA 2001.
Niles North High School Classes of 1989 - TBA 2001 Turns 30 Party Celebration.
Niles North High School Classes of 1969 - TBA 2001 Turns 50 Party Celebration.
Senn High School Classes of 1953 - TBA 2003.

Enjoy an artie adventure in Greenland this summer

Visit Greenland, the world's largest island, on a tour offered by Oakton Community College's travel/study program. Two trips are planned in 2000: July 1-13 and July 13-25.

From Ottawa, Ontario, fly to Kangerlussuaq, Greenland, and embark on the MS Lyubov Orlov for your Arctic adventure. As you sail north along the west coast of Greenland, spot the many species of whales and seabirds that frequent these waters. Cruise at the mouth of Ice Fjord and witness the enormous icebergs in the area. In the community of Ilulissat, visit a small museum dedicated to Knud Rasmussen's exploration of Greenland in the early 1900s.

Next, explore Resolute and Edgell Island at the entrance to Hudson Strait. In the Inuit town of Lake Harbour enjoy a demonstration of traditional Inuit games and marvel at the artistry of their scrimshaw and fine soapstone carvings.

The remainder of your journey will take you into Hudson Bay, where you'll visit Digges Island and Quebec's Ungava Peninsula. At Walrus and Coats Islands, you'll get a "close-up" view of walrus, polar bears and many bird species.

For complete itineraries and prices for this trip, contact Bea Cornelissen at (847) 635-1812.

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Jazzin' at the Shedd

When the weather turns warm, Shedd Aquarium stays cool with its sixth season of "Jazzin' at the Shedd." Come find all the great elements of Chicago - incredible views of the lakefront, music, dancing, food and fish - in one place. Come to "Jazzin' at the Shedd," now adding a Latin flair to its soothing jazz in honor of the new exhibit, Amazon Rising: Seasons of the River.

Every Thursday night, June 1 through September 28, Jazzin' offers live jazz, music, Latin

dance lessons, cocktails, hors d'oeuvres and visits with 8,000 of the city's most interesting fishy residents. The Aquarium stays open until 10 p.m. on Thursdays. Amazon Rising: Seasons of the River opens June 17. The Aquarium's Soundings restaurant will be open, serving pasta, seafood, or grill items for dinner; reservations recommended. For those interested in getting up and moving their feet, instructors will guide you through the latest salsa or merengue steps. Bands performing at Jazzin' this summer include:

June 1, Samuel Del Real & Latin Jazz Ensemble; June 8, Fat Time; June 15, Paulinho Garcia; June 22, Peking Turtle; June 29, Reginald T. McCants; July 6, Paulinho Garcia; July 13, Peking Turtle; July 20, Havana; July 27, Reginald T. McCants; August 3, Paulinho Garcia; August 10, Peking Turtle; August 17, Samuel del Real & Latin Jazz Ensemble; August 24, Fat Time; August 31, Reginald T. McCants; September 7, Paulinho Garcia; September 14, Fat Time; September 21, Havana; and September 28, Reginald T. McCants.

The Oceanarium, Seahorse Symphony and Amazon Rising exhibits close at 8 p.m. on Jazzin' nights. The rest of the Aquarium and the activities remain open until 10 p.m. Admission for "Jazzin' at the Shedd" is \$8 for adults; \$6 for children (ages 3-11) and seniors. Members are admitted free. Individual membership allows admission for two people to the Shedd Aquarium and is available for \$50. For more information regarding Shedd Aquarium membership, call (312) 692-3284. For dinner reservations in Soundings, call (312) 692-3277. Due to the tremendous popularity of Jazzin', guests are encouraged to purchase tickets in advance through Ticketmaster by calling (312) 559-0200. For more information on Jazzin' or the Shedd Aquarium, call (312) 959-2438 or visit our web site at www.sheddaquarium.org.

Northwest Choral Society celebrates 'A World of Song'

The Northwest Choral Society announces a spectacular summer concert, "A World of Song," to be performed on Saturday, June 10, at 7:30 p.m. at Edison Park Lutheran Church, 6626 N. Oliphant Avenue, Chicago, and on Sunday, June 11, at 3:30 p.m. at Trinity Lutheran Church, 575 E. Algonquin Road, Des Plaines. Featured will be a delightful assortment of folk songs, spirituals and musical theater pieces from around the world, selected by Music Director John Melcher, who celebrates 20 years with the Northwest Choral Society and accompanied by NWCS Pianist Lori Lyn Mackie, featured soloist at the 1991, 1993 and 1999 NWCS concerts.

A "Silent Auction" featuring unique gift certificates, valuable collectibles and a host of unusual and exciting services, including an airplane flight over downtown Chicago) will be conducted during each concert. All proceeds will benefit the NWCS.

Next, explore Resolute and Edgell Island at the entrance to Hudson Strait. In the Inuit town of Lake Harbour enjoy a demonstration of traditional Inuit games and marvel at the artistry of their scrimshaw and fine soapstone carvings.

The remainder of your journey will take you into Hudson Bay, where you'll visit Digges Island and Quebec's Ungava Peninsula. At Walrus and Coats Islands, you'll get a "close-up" view of walrus, polar bears and many bird species.

For complete itineraries and prices for this trip, contact Bea Cornelissen at (847) 635-1812.

Tel. No. (847) 647-0261

Bikel and Taubman to headline Jewish festival

Celebrating 20 years of Jewish Chicago, the 11th Greater Chicago Jewish Folk Arts Festival will feature the legendary folk singer, musician and actor Theodore Bikel and Jewish lyricist and rock singer Craig Taubman.

The Festival, the heart and soul of Jewish Chicago, will be held on Sunday, June 11, from 11 a.m. to 6 p.m. at Caldwell Woods Forest Preserve, Devon at Milwaukee/Nagle in Chicago. The main location is Niles West High School on Oakton, just west of Edens Expressway in Skokie. There is plenty of free parking at both locations.

The Festival, an outdoor celebration highlighting local and national Jewish talent, will feature continuous music and dance on three stages plus a separate children's stage, hands-on activities for children and adults, a jewelry fair, a book fair, a strict-

Oakton holds 29th annual spring commencement

On Tuesday, May 16, those attending Oakton's 29th Annual Commencement received hard-earned praise with a challenge to be "capable global citizens marked by tolerance, compassion and integrity." Steven D. Crow, executive director of the Commission on Institutions of Higher Education of the North Central Association of Colleges and Schools told an enthusiastic audience of graduates and guests that they were fortunate to have at Oakton people from a variety of cultures.

The global citizen, I believe, celebrates that diversity, seeks to appreciate different cultures, and actively endeavors to be informed about the world beyond the borders of community, state, region and nation," said Crow.

Almost 600 graduates received an associate degree and certificates for Oakton this spring. Mark Klapperich, Class of 1991, received the 2000 Distinguished Alumni Award. Klapperich earned an associate in applied science degree in nursing at Oakton and a master of science degree in health professions at the Medical University of South Carolina in Charleston, graduating *summa cum laude* in 1996 with a master of science degree in health professions. He is currently employed as a nurse anesthetist at Greenville Memorial and St. Francis Hospitals in Greenville, South Carolina.

William Edison of Niles received the Ray Hartstein-Brunswick Educational Excellence Scholarship, and Marc Menet, also of Niles, the William Koehnline Scholarship. These scholarships provide partial tuition for students planning to continue their education at a four-year college or university. Glenview residents Hazel Rodriguez and Kate McConahy-Stavins each received a Martha Dayzee Memorial Scholarship, awarded a students planning to pursue a bachelor of science degree in psychology.

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- Roast Round Beef
- Ham on the Bone
- Roasted Chicken with vegetables
- Swiss Steak in Mushroom Sauce
- BBQ Ribs
- Roast Pork
- Breaded Pork Chops

SWEET TABLE
Paezki, Chrusciki, Kolaczki, fresh fruit, cheese cake, ice cream, & lots more

Reservations Requested For Groups Of 5 Or More!

School News

Jo Marie Yonkus to join Resurrection as new principal

When students at Resurrection High School, 7500 West Talcott, come back to school in the fall they will be welcomed by a new principal, Mrs. Jo Marie Yonkus.

Yonkus, the Assistant Principal for Curriculum and Faculty Development at St. Viator High School in Arlington Heights, will begin her new position at Resurrection High School on

July 1. She will be replacing

Therese Fenney, the Principal of

Resurrection for the last 12

years who will be leaving the

school after this year to care for

her mother.

Yonkus began her teaching

career with the Winnetka Public

School in 1968 where she taught

sixth grade and was the assistant

principal for two years. She then

stayed at home to help raise her

children.

Yonkus, who attended an all-

girl's college in Webster Groves,

Missouri looks forward to being

back in a single-gender setting.

"Personally I think that when

young women are together they

are able to concentrate harder

and develop more confidence. I

am really looking forward to be-

ing at Resurrection," Yonkus

stated.

Yonkus received her Bache-

lors of Art in Mathematics and

Education from Webster College

in Missouri and her Masters in

Administration and Supervision

from Northwestern University.

Ms. Creely received her B.A. and two Masters degrees, in Reading and Education, from Northwestern Illinois University. She has a Masters degree in Educational Administration, also from Northwestern Illinois University, and achieved her Educational Specialist degree in Educational Administration, which is one step beyond a Masters. She is currently a candidate of doctoral studies in Educational Administration from Northern Illinois University, DeKalb.

Ms. Creely will be replacing Dr. Christopher Draneoff, who is leaving Field School after 5 years to take a principalship in Glen Ellyn, Illinois. Ms. Creely will assume her new role as Field School principal effective July 1, 2000.

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Maine East NHS 'Pennies for Pasta'



Maine East National Honor Society officers. (from left) president Abbey Korb of Glenview, secretary Monika Pawar of Des Plaines, vice-president Maria Provias of Morton Grove, and treasurer Sharon Thomas of Niles are "all smiles" as the group organizes the upcoming "Pennies for Pasta" campaign to support the Leukemia Foundation.

Oakton's Kids' College

Children can have fun while learning new concepts and skills at Oakton's Kids' College, a summer enrichment program for students in grades K through 6. Offered through the Alliance for Lifelong Learning (ALL) division of Oakton Community College, courses are available at the Des Plaines campus, 1600 E. Golf Road, and at the Northfield campus at 7 Happy Road. Classes are arranged in one-week sessions throughout July and August, meeting for three hours on Monday through Thursday.

The curious child will enjoy Integrating Math and Science, (KIDS 44), a class that explains the "why" of things by experimenting with everyday phenomena. Two sections of this class are offered from July 31 - Aug. 10; KIDS 44-32, for children entering kindergarten and first grade this fall, meets from 9 a.m. - noon, and KIDS 44-33, for children entering second and third grade, meets from 1 - 4 p.m. The course fee is \$95.

Children entering grades four through six will be fascinated by two classes that meet from 1 - 4 p.m. on July 10 - 13. Liquid Chemistry (KYSP 06-31), designed for accelerated students, investigates basic scientific principles. Squid Dissection (KYSP 95-31) involves examinations and comparative studies of preserved specimens, culminating in the dissection of a 10-inch squid specimen. The cost for both courses, including tuition and fees, is \$95.

For more information about these and other courses offered this summer by Oakton's Kids' College, call (847) 982-9888, press #3.

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Blaszczynski, a graduate of Resurrection's Class of 1955 and a member of the Congregation of the Sisters of the Resurrection, had been a math and science teacher at Res during the 60's and 70's while she was known as Sister Frances Theres. From 1979 to 1980 she was the school's principal and in 1980 she was elected as the Provincial Superior of the Sisters of the Resurrection Immaculate Conception Province, a position she served in until 1989.

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One of Blaszczynski's first responsibilities in her new position was to hire Jo Marie Yonkus as the new principal for the school. Yonkus will be taking the place of Therese Fenney, Resurrection's principal for the last 12 years who will be retiring after this school year to care for her mother.

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Class of 2020 Officers:
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Class of 2021 Officers:
President: Susie Chung, Glenview; Vice-president: Jane Cho, Des Plaines; Secretary: Karen Lui, Niles; Treasurer: Joanna Swidzinski, Niles.

Class of 2022 Officers:
President: Susie Chung, Glenview; Vice-president: Jane Cho, Des Plaines; Secretary: Karen Lui, Niles; Treasurer: Joanna Swidzinski, Niles.

Class of 2023 Officers:
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Class of 2024 Officers:
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Class of 2020 Officers:

Seniors hear about 'The Greatest Generation'



Though she reviewed the best-selling book about the World War II era that spawned the current Baby-Boomer generation, reviewer Barbara Rinella also paid tribute to her own parents as 2 of the many unsung heroes of that period. Wearing her own father's Captain's uniform, Rinella offered Maine Township Seniors both a visual and personal overview of the book and the generation it chronicled at the Sunrise of Park Ridge on Ballard Road who provided cake and refreshments. From left: Kathleen Lee, Sunrise resident; Barbara Rinella; Betty Helmer, Sunrise resident and Jennifer Aitken, Sunrise Program Coordinator.

Oakton's Emeritus Summer Program

Three new and intriguing courses will premier this summer at Oakton Community College. These noncredit classes, offered by Oakton's Emeritus program, meet at the Ray Hartstein Campus, 7701 N. Lincoln Avenue, Skokie. In-district residents age 60 and older pay half the listed fee.

Islamic Story III: Ottoman Conquests and the End of the Islamic Empire (HIS E55-91, Touch-Tone 21451) is an exploration of the weakening of the Muslim Empire and the ultimate end of the Islamic Era, which was prompted by the Ottoman conquest. This four-week class meets from 10 - 11:30 a.m. on Wednesdays, beginning June 7. The course fee is \$50.

Moments of Crisis in Jewish and Christian Development III: Challenges of Modernity (HIS E48-91, Touch-Tone 21367) examines various topics, including Jewish emancipation and assimilation, slavery, nationalism, and Zionism, the early labor movement, evolution and the Bible, and the revolution in the Roman Catholic church under the leadership of Pope John XXIII. This eight-week class meets from 10 a.m. - noon on Thursdays, beginning July 6. The course fee is \$90.

Practical Philosophy (PHL E17-91, Touch-Tone 21366) explores "nuggets of wisdom" for living life to its fullest. Inspiration will be drawn from persons whose insights are both practical and timeless, including Buddha, Lao Tzu and Socrates. This six-week class meets from 2:30 - 4 p.m. on Tuesdays, beginning June 6. The course fee is \$120.

A registration fee of \$5 is required for students under 60 and those who live out-of-district. Persons who have registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file may register using the Touch-Tone phone registration system by dialing (847) 635-1616. Touch-Tone registration requires payment using a major credit card (Visa, MasterCard or Discover). For more information, call (874) 635-1414.

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A registration fee of \$5 is required for students under 60 and those who live out-of-district. Persons who have registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file may register using the Touch-Tone phone registration system by dialing (847) 635-1616. Touch-Tone registration requires payment using a major credit card (Visa, MasterCard or Discover). For more information, call (874) 635-1414.

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Moments of Crisis in Jewish and Christian Development III: Challenges of Modernity (HIS E48-91, Touch-Tone 21367) examines various topics, including Jewish emancipation and assimilation, slavery, nationalism, and Zionism, the early labor movement, evolution and the Bible, and the revolution in the Roman Catholic church under the leadership of Pope John XXIII. This eight-week class meets from 10 a.m. - noon on Thursdays, beginning July 6. The course fee is \$90.

Practical Philosophy (PHL E17-91, Touch-Tone 21366) explores "nuggets of wisdom" for living life to its fullest. Inspiration will be drawn from persons whose insights are both practical and timeless, including Buddha, Lao Tzu and Socrates. This six-week class meets from 2:30 - 4 p.m. on Tuesdays, beginning June 6. The course fee is \$120.

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Morton Grove Senior Citizens 470-5223

CHOLESTEROL SCREENING AT THE SENIOR CENTER
Monitoring blood cholesterol is a key method of controlling the risk of heart and artery related health complications. The Morton Grove Village Hall Senior Center thinks it is important for seniors to maintain a cholesterol level below 200 mg/dl. The Center has scheduled a screening from 9 to 11 a.m. on Tuesday, June 6. The cost is \$5 for Morton Grove seniors (age 65+) and \$6 for non-residents or residents under age 65.

AFTERNOON DELIGHT
Celebrate an afternoon of musical entertainment and a gourmet luncheon will be served at the newly renovated Chevy Chase Country Club on Wednesday, June 7. The bus will leave the Prairie View Community Center at 11 a.m. and return at approximately 3 p.m. The cost is \$30 for residents and for non-residents. For information, call Catherine Dean at the Morton Grove Park District, 965-1200.

HEALTH SMART SEMINARS
This series of special "Health Smart Seminars" will be presented at 12:30 p.m. on Mondays at the Prairie View Community Center. "Memory, Aging and Alzheimer's Disease" on June 12; and "Prostate Cancer" with Don Ziegler, Ph.D. on June 26 (also at 10:45 a.m. in the Village Hall Senior Center). To register, call Catherine Dean at the Morton Grove Park District, 965-1200.

"STROKE PREVENTION" SEMINAR
Come and learn about strokes and what the signs, symptoms and risk factors are. This seminar will be presented at 10 a.m. on Tuesday, June 13 in the Morton Grove Village Hall Senior Center. Blood pressure screenings will also be offered from 9 to 10 a.m., and from 11 a.m. to 12 noon on this date. Please call the Morton Grove Department of Family & Senior Services to register, 470-5246.

WESTERN FRANK AND HIS COUNTRY BELLES
Enjoy this fun-filled free show at 1 p.m. on Wednesday, June 14 in the Prairie View Community Center. This fabulous line dancing group from the Leaning Tower YMCA will keep feet tapping. Be sure to wear red, white and blue in honor of Flag Day. Please register with Catherine Dean at the Morton Grove Park District, 965-1200.

55 ALIVE MATURE DRIVING COURSE
55 Alive Mature Driving is an eight-hour two-day course for older motorists. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes in improving their driving skills. The next course offered at the Morton Grove Village Hall Senior Center starts at 8:30 a.m. on both Thursday, June 15; and Saturday, June 17. The cost of the course is \$10. Call the Senior Hot Line at 470-5223 to sign up.

PINOCHLE PLAYERS WANTED
The Morton Grove Pinocchle Club which meets from 9 a.m. to 12:30 p.m. on Thursdays at the Village Hall Senior Center, the Morton Grove Seniors Citizens Club which meets from 10 a.m. to 1 p.m. on Mondays at the Prairie View Community Center, and the Golden Senior Citizens Club which meets from 10 a.m. to 1 p.m. on Wednesdays also at Prairie View; now have openings for new pinocchle players. If interested, stop by for a few hands.

ALL NEW AMISH ADVENTURE
Take a trip to Shipshewana, Indiana on June 16 and 17, and be taken back to the 16th century where Mennonites and Amish left Europe on a dangerous journey to America. Visit Millersburg to enjoy dinner at an Amish home and stay overnight at a Bed & Breakfast. On day two, see Borkholder Dutch Village - the Nation's Largest Antiques, Collectibles and Crafts Mall. Then see the play, "Plain and Fancy," a special look at Amish life. Then enjoy a guided tour of beautiful Amish Acres for an authentic Amish Thrasher Dinner. The cost is \$225 per person based on double occupancy, and \$277 per person based on single occupancy. Call Catherine Dean at the Morton Grove Park District, 965-1200, for details.

MIDWEST SENIOR GAMES
This olympic style event for ages 50+ will be held June 20 to 23 at West Chicago High School. Events include archery, basketball free throw, bicycle race, bowling, 18 hole golf, horse-shoes, pool, swimming, table tennis, tennis, track & field, trap & skeet shoot. Medals are awarded to the top three men and women in each age group. Fees are \$7 for one day, and \$7 for two or more days. Entry forms are available at the Prairie View or Village Hall Senior Centers.

Niles Senior Citizens 588-8420 - 588-8000

NILES SENIOR CENTER REGISTRATION
The Niles Senior Center - 999 Civic Center Drive, behind Village Hall, serves Village of Niles residents, age 62 and over, and their younger spouses. To register for classes, trips, purchase tickets, etc., you must be a member of the Center. For additional information - or FREE membership - please call or visit and be placed on the mailing list.

VOLUNTEERS NEEDED
MEALS ON WHEELS DRIVERS are needed to deliver meals to Niles homebound elderly, weekdays between 11 a.m. to 12:30 p.m. Please contact Kelly at 588-8420.

COMPUTERS LAB VOLUNTEERS are needed to assist older adults in learning to use computers; approximately 2 to 4 hours a week. Computer experience required. Training will be provided. Please contact Mary Swanson at 588-8420.

SENIOR COMPUTER LAB
Grand Opening: Monday, June 5

The Grand Opening of the Senior Computer Lab is 8:45 a.m., Monday, June 5. Come join us for our ribbon cutting ceremony. Then stay for a course or open lab. But you must sign up. Registration begins for our computer classes or open lab on June 1.

YARN NEEDED
The Senior Center is requesting left over yarn or scraps of material for veterans and senior crafters. Lap robes and shawls are made for veterans at Hines Hospital. Volunteer knitters and crocheters are also needed. Please call us.

JUNE TICKET SALES
June Ticket Sales are Wednesday, June 7, at 8:45 a.m. to all members. Doors open at 8:30 a.m. First come, first served. Please enter through the east entrance.

Evening at the Center - Music of the Sea - Tuesday, July 11, 5 to 8:30 p.m. Our journey begins with a hearty German meal (served from 5:15 p.m. to 6 p.m.) of Roast Loins of Pork and Chicken, Bread Dumplings and more! Then enjoy the sweetwater sounds of Les Murdock performing a Maritime Musical Repertoire. Cost: \$8.50.

Sunday at the Center - The Magic of Paul Lee - Sunday, July 16, 11 a.m. to 3:30 p.m. Lunch (served noon to 1 p.m.) includes Sloppy Joe's Hot Dogs, Potato Salad, Macaroni Salad, Cole Slaw and Ice Cream. Main event features animals, audience participation, music and exciting magic. Bring your grandchildren, all ages are invited. Cost: \$6.50.

Annual Picnic - Friday, July 21, 11 a.m. to 3:30 p.m. Annual picnic at Oak Park (Main & Oak). BBQ Hot Dogs & Hamburgers at 12:15 p.m. Games & Entertainment. Cost: \$6.

Evening at the Center - Izhak Perlman at Ravinia - Sunday, July 23, 4 to 11 p.m. Evening begins at Pappagallo's Restaurant with dinner buffet of Italian cuisine. Pavilion seating included. Trip departs from the Senior Center. \$42.50.

A Seaworthy Adventure - Thursday, July 27, 9 a.m. to 4:30 p.m. Visit Titanic Exhibit at Museum of Science & Industry. Lunch at Nick's Fishmarket - Chicken & Lobster Salad, Pepper Seared Salmon or Filet Mignon. Tour Lake Michigan on Wendell Boat. Cost: \$48.

POKER TOURNAMENT TO BE HELD
Come join us as we host our FIRST poker tournament on Tuesday, June 20 at 1 p.m. A fee of \$2.50 includes the tournament, refreshments and prizes. Registration required.

1st ANNUAL FISHING DERBY
First Annual Fishing Derby for adults 55 and older will be held on Friday, June 23, 7 a.m. to 12 noon on Bangs Lake in Wauconda Illinois. \$10 fee includes fishing on assigned boats, prizes and lunch. Carpooling is available. Please contact Mary Swanson at 588-8420 to obtain an application. Deadline for registration is June 12!

FOR YOUR HEALTH
JUNE 9 - THE AGING EYE
The Aging Eye is Friday, June 9 at 1 p.m. Dr. Kevin Sullivan from Resurrection Medical Center will present eye care for the older adult. Registration is required.

JUNE 14 - BLOOD PRESSURE SCREENING
Blood Pressure Screening is Wednesday, June 14, 1 to 3:30 p.m. No appointment needed.

JUNE 16 & 17 - MEN'S WELLNESS PROGRAM
PSA Test is Friday, June 16, 10 a.m. to 12:30 p.m. Cost \$15. Prostate Exam, Tuesday, June 27, 10 a.m. to 12 p.m. by Dr. Gordon Gluckman, Urologist, Resurrection Medical Center. Appointments needed. Limited to 30 men.

JUNE 21 - HEMOCULT SCREENING
Colon Cancer Screening Test is Wednesday, June 21 at 2 p.m. Appointment needed. Cost: \$3.

June programs at CJE

Council for Jewish Elderly (CJE) offers the following free programs during the month of June in Skokie. For reservations and information to programs, please call 773-508-1000, or consult CJE's web site at <http://www.cje.net>.

Sunday, June 4
Young Performers Piano Concert, directed by music instructor Livia Ayal, 2 p.m. on Sunday, June 4 at Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie. For reservations, please call 773-508-1000.

Wednesday, June 7
Lecture/Discussion: The Jewish World Today, with Sareta Lazovsky, 2 p.m. Wednesday, June 7, Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie. For reservations, please call 773-508-1000.

Wednesday, June 14
Musical Lecture: The Legendary George Gershwin, presented by CJE's music therapist Jessica Shaller, 2 p.m., on Wednesday, June 14, Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie.

Music festival to be held
Cantor Cory Winter, of Congregation B'nai Jehoshua Beth Elhim (BIBE), Glenview, announces the annual Cantor's Center/Music Festival to be held Sunday, June 4, at 4 p.m., in the sanctuary, at 901 Milwaukee Ave., Glenview.

General admission ticket prices will be \$20 in advance and \$25 at the door. Sponsorship ticket prices for reserved seats at \$50, \$100, and \$250 are also available. Tickets for children 13 and under are \$10.

For information or to purchase tickets, using Visa or Mastercard, contact Shari Bauer (847) 729-7575 or on-line at <http://www.bjbe.org>.

Gregg S. Halverson
Navy Seaman Gregg S. Halverson, son of Deanna and Gregory W. Halverson of Des Plaines recently visited Limassol, Cyprus, during a six-month deployment to the Mediterranean Sea and Arabian Gulf, while assigned to the guided-missile destroyer USS Carney home ported in Mayport, Fla. Halverson, a 1997 graduate of Maine West High School, joined the Navy in November 1997.

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Grandparents' and Special Friends Day



Grandparents' and Special Friends Day was celebrated on Tuesday, April 11. Our guests first attended the 5th and 6th grade Spring Musical presentation, "The Rock Slinger and His Greatest Hit," a story about David and Goliath. After the performance, the grandparents and special friends came to the classrooms and visited the students and enjoyed refreshments. Pictured (l-r): 7th grader Greg Maras and "Grandma."

Afternoon Delight

Join Seniors from the surrounding northern suburbs for a delightful afternoon. Wednesday, June 7 at the newly renovated Chevy Chase Country Club. A variety of entertainment will be provided, including the Jerry Dittman band. A gourmet chicken luncheon will be served. A penny raffle and great door prizes are part of the afternoon festivities. It is a great way to great summer and enjoy the company of friends and new acquaintances. The cost is \$30 and includes bus transportation from Prairie View Community Center. Registration at the Prairie View Community, 6834 Dempster. For more information call Catherine at 965-1200.

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Home Style

Chrysalis Foundation works to complete project

The Chrysalis Foundation/ Home Aid Chicago - a group of Chicago-area homebuilders providing transitional housing for people in need - has participated in the extensive renovation of the Lifespring Center in Aurora. This contribution is part of a nationwide community service effort - Home Builders Care 2000.

Lifespring Center provides counseling services, recreational facilities, kitchen facilities and living quarters for up to 57 women and children plagued by substance abuse, addiction and violence. At the center, the women learn basic domestic skills, such as cooking and housekeeping, which will help them care for themselves and children. They also learn how to use computers and plan household budgets.

"I'm involved because I believe in what the Foundation is doing," said Jack Sorenson, president of Aurora-based U.S. Shelter Board and member of the Chrysalis Foundation. "We're providing not only transitional shelter but also helping these women make the transition to a more positive lifestyle. We have the chance to make a real difference in many lives."

The Lifespring project is being completed in two phases. In phase one, they built the kitchen area, dining facility, play area, living space, classrooms and some sleeping quarters. The completion of phase two will make 20 rooms and four apartments available for shelter residents. The Chicago division of Ryland Homes is providing construction supervision for the final phase.

The Chrysalis Foundation/ HomeAid Chicago is the philanthropic arm of the Home Builders Association of Greater Chicago (HBAGC) and works in conjunction with Home Builders Care 2000, a national nonprofit organization that helps build and renovate shelters for the homeless. The Foundation works with local service providers to find housing for people in need. The HBAGC and the public at-large support the program with in-kind donations of labor, materials, time and money.

Sponsored by the National Association of Home Builders, Home Builders Care 2000 is a limited. Reservations are available by calling Patricia Busteta @ 847-583-7833.

The Hope

The Northwest Epilepsy Support invites anyone with seizure disorders (Epilepsy). Family and friends are also welcome to attend our monthly meeting at Our Lady of Resurrection Hospital, 5645 W. Addison Ave., 7th floor Room 4 on June 7th at 6:30 p.m.

For more information call Melody Freeman at (773) 685-3447 or Bill Hood (312) 939-8622.

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Home Style

Earn real estate continuing education credits

Real estate salespersons and brokers who intend to renew their licenses are required by law to complete 12 hours of approved continuing education (CE) before their next renewal period. A 6-hour core curriculum and a maximum of 6-hours of elective courses must be taken. Oakton's Alliance for Lifelong Learning (ALL) is offering some of these required and elective courses this summer.

Transactions in Real Estate (REL A18) focuses on the fundamentals for real estate practice and theory. Completing this course is required before taking the salespersons license examination in Illinois and is a partial requirement for the broker's license exam. Topics covered include: rights and ownership, legal descriptions, title transfer, and closing statements. Three sessions are offered this summer.

Real Estate Investment (REL A39-31, Touch-Tone 16084) is an introduction to the characteristics of all income-producing properties and the techniques

used to evaluate such properties. Topics covered include tax implications, leasing, management, syndication, building and development, and financing. This seven-week course is approved as an elective for the Illinois Real Estate Broker's Licensing Exam and meets from 7 - 8:50 p.m. on Wednesdays, beginning June 14, at the Des Plaines campus. The course fee is \$42.

Students who have registered for Oakton or ALL classes within the last five years and have a correct Social Security number on file may register by using the Touch-Tone system at (847) 635-1616 or by FAX at (847) 635-1448. Both methods require payment using a major credit card (Visa, MasterCard or Discover).

Other real estate courses offered this summer include Illinois License Law (REL E76), Lead Paint Disclosure: It's the Law (REL E81), Agency: Answering the Call to Duty (REL E71) and The Many Faces of Discrimination (REL E75).

For more information about these and other summer courses offered by the Alliance for Lifelong Learning, call (847) 982-9888, press option #3.

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Maine East Demon Squad

Maine East's Demon Squad earned championship ratings in every portion of their competition in the recent state tournament for dance teams. The 14-member squad placed first in ensemble competition, fourth in pom competition, and sixth in dance competition with the help of team captains senior Nikki Garippo of Morton Grove, senior Shaina Kaye of Niles, and junior Tanvi Patel of Des Plaines.

Team members are freshman Mayra Martinez of Des Plaines; sophomore Crystal Bonilla of Niles; Gina Gianakopoulos of Glenview; Allison Kaye of Niles; Jackie Olson of Niles; and Rachel Ranz of Glenview.

Members of the 2000-2001 Demon Squad returning from this year's winning team include: Crystal Bonilla, Gina Gianakopoulos, Allison Kaye, Mayra

Martinez, Nikisha McDonald, Jackie Olson, Trisia Panos, Tanvi Patel, Rachel Ranz, Katie Talkowski, Karolina Zmarlak.

New additions to next year's Demon Squad include: Liliya Dikhovichaya, Floriana Kislyuk, Mariana Kravetski, Julie Polasek, Monika Rydzewska, Shena Scalf.

LEGAL NOTICE

PLEASE TAKE NOTICE - THE MORTON GROVE ZONING BOARD OF APPEALS public hearing scheduled for Monday, June 19, 2000 at 7:30 p.m. in the Board of Trustees Chambers, Richard T. Flickinger Municipal Center, 6101 Capulina Avenue, Morton Grove, Illinois is hereby cancelled due to a lack of business to be conducted before the Board.

Steven Blonz
Chairman

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D063993 on the MAY 11, 2000. Under the Assumed Name of WOMYN & WOMYN With the business located at 9226 GOLF RD., #208 DES PLAINES, ILLINOIS 60016. The true name(s) and residence address of owner(s) is SANDRA SHELTON, 9226 GOLF RD., #208, DES PLAINES, IL 60016.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the State," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County, File No. D064096 on the MAY 16, 2000. Under the Assumed Name of MIA DISCOUNT STORE With the business located at 4016 W. MAIN, SKOKIE, ILLINOIS 60076. The true name(s) and residence address of owner(s) is: SAMIR A. JAJOU, 2737 W. CARMEN, CHICAGO, ILLINOIS 60625.

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ADMINISTRATIVE ASSISTANT The Administrative Assistant provides assistance to the department manager and team. Prepares various documents utilizing graphics, word processing and spreadsheet software packages. Gives information to callers, and otherwise relieves team members of clerical work and minor administrative and business detail by performing the following duties: Composes and types routine correspondence; Answers telephone and gives information to callers and places outgoing calls. Follow-up on action items as requested; Compiles and types statistical reports; Makes copies of correspondence or other printed matter; Maintains files and correspondence on various business and personal issues; Follows-up on missing information, reports or other documents; Ensures organizational accuracy of files; Acts as resource between the manager and her staff. REQUIREMENTS Knowledge and understanding of broad range of office procedures; minimum of one year administrative experience with some technical knowledge required. Must have the ability to solve problems by choosing among clear-cut alternatives and have the written and oral communication skills to present detailed or complicated information in an understandable way. Must be detail-oriented and be able to interact with all levels of personnel. Accurate typing, PC skills to input and manipulate data, and knowledge of MS Word and Excel and the Internet is required. Lotus Notes Calendar a plus. We offer a comprehensive benefits package including tuition reimbursement, plus a great work environment. Please send or fax resume along with salary requirements to: Forsythe Technology, Inc. Attn: Jeanne Lazzaretto 5440 West Fargo Avenue - Skokie, IL 60077 Fax: 847-675-8017 E-mail: jlazzaretto@forsythemca.com	BANKING OPPORTUNITIES FULL & PART TIME TELLERS Good Communication skills, flexible schedules, experience a plus, excellent benefits and salary. BOOKKEEPER/PROOF OPERATOR Full time position, experience preferred great opportunity for advancement, excellent benefits and salary. Send resumes or call: FNBW BANK Ron Jozwiak 7757 W. Devon Avenue, Chicago, IL 60631 773/594-5900	BANKING OPPORTUNITIES Full Time PERSONAL BANKER Excellent communications and interpersonal skills a must, in this customer service related position. Experience a plus but will train qualified candidate. BENEFITS INCLUDE: <ul style="list-style-type: none">• Medical Insurance• Dental Insurance• Life and Long Term Disability Insurance• Profit Sharing Applications are accepted Monday - Friday from 9:00 am to 12:00 pm BANK OF LINCOLNWOOD 4433 W. Touhy Avenue Lincolnwood, IL 60466 M/F/T/D EOE/AA	BANKING OPPORTUNITIES Full Time UNIVERSAL TELLER We have a position available in our teller operation area. The position requires excellent communication and customer service skills. Cash handling preferred, but will train qualified candidate. BENEFITS INCLUDE: <ul style="list-style-type: none">• Medical Insurance• Dental Insurance• Life and Long Term Disability Insurance• Profit Sharing Applications are accepted Monday - Friday from 9:00 am to 12:00 pm BANK OF LINCOLNWOOD 4433 W. Touhy Avenue Lincolnwood, IL 60466 M/F/T/D EOE/AA	BANKING OPPORTUNITIES Administrative Come check out what First National Bank of Morton Grove has to offer! ADMINISTRATIVE ASSISTANT Commercial Loan Department In this role you will handle multiple tasks in supporting our Commercial Loan Department. Position requires excellent typing and phone skills as well as computer expertise in Word and Excel. We offer a salary commensurate with experience and an excellent benefits package. To be considered, please mail or fax resume to: FIRST NATIONAL BANK OF MORTON GROVE Human Resources Dept. MG04 801 West Madison, Room 301 Chicago, IL 60607 Fax: 312-633-0203 EOE
Administrative Assistant Grubbs and Ellis a national full service Real Estate firm seeks a professional to provide support in a deadline-oriented environment. Duties include preparing documents, maintaining files and coordinating back-up and special projects. Candidates must possess knowledge of general office procedures, demonstrate strong attention to detail and be proficient in Microsoft Word, Excel, PowerPoint Access a plus. We offer an excellent compensation package including competitive salary and 401k plan. Please fax or mail resume with salary requirements to: 10775 W. Higgins Rd, Suite 300 Rosemont, IL 60018 Fax: 847-655-8413 EOE Visit our website www.grubbs-ellis.com	BANKING OPPORTUNITIES OPPORTUNITY KNOCKOUTS! The dynamic, growth-oriented Pullman Bank & Trust is searching for a friendly team player for our conveniently located 6100 N. Northwest Highway location. Our goal is to provide outstanding service to our customers. Your positive attitude and friendly demeanor will make you an instant success! • BANK TELLERS - FT/PT We seek customer focused individuals with strong communication and math skills. Please apply in person, or mail/fax your resume to: PULLMAN BANK & TRUST , 6100 N. Northwest Highway, Chicago, IL 60631; Fax: 708/445-3165. ***** PULLMAN BANK & TRUST EOE M/F/D/V Member FDIC	Administrative Assistant Coca-Cola Bottling Company, an independent bottler, has an ENTRY-LEVEL opportunity for an ambitious Branch Accountant to join our Finance Team in Niles. In this role you will accurately compile, verify, reconcile and report the financial status of assigned facilities. In addition, you will perform month-end closing procedures, coding invoices for payment and performing monthly bank reconciliations. Salary low to mid 20's. Qualified candidates will possess: <ul style="list-style-type: none">• Associate's degree in Accounting• Prior Accounting experience• a plus• Computer experience with knowledge of Excel• Good analytical, organizational and communication skills Please send resume to: Coca-Cola Attn: HR-ACT-2085 7400 N. Oak Park Ave. Niles, IL 60714 Fax: 847-647-9306 Jobs@niles-coca.com EOE	TELLER Full-Time Seeking Responsible Person With Good Math and Communication Skills WILL TRAIN Salary Commensurate With Education And Experience Excellent Benefits For Appointment Call Ms. Klopke (773) 843-8500 Between 10:30 AM - 2 PM 5901 N. Cicero-Chicago	CAMP CAMP JOBS For College & H.S. Students, Teachers and others Mid June- Mid August ★ TOP PAY ★ Group Leaders & Lifeguards Also Instructors For: Swim, Dance, Art, Ceramics, Gymnastics, and Pre-Schoolers. Song Leaders & Maintenance jobs too. TAMARAK DAY CAMP (847) 634-3168 Your credit is good with us. We accept Visa and MasterCard. Call: 847-588-1900

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BOOKKEEPING BRANCH ACCOUNTANT (Job Code ACT - 2085) Coca-Cola Bottling Company, an independent bottler, has an ENTRY-LEVEL opportunity for an ambitious Branch Accountant to join our Finance Team in Niles. In this role you will accurately compile, verify, reconcile and report the financial status of assigned facilities. In addition, you will perform month-end closing procedures, coding invoices for payment and performing monthly bank reconciliations. Salary low to mid 20's. Qualified candidates will possess: <ul style="list-style-type: none">• Associate's degree in Accounting• Prior Accounting experience• a plus• Computer experience with knowledge of Excel• Good analytical, organizational and communication skills Please send resume to: Coca-Cola Attn: HR-ACT-2085 7400 N. Oak Park Ave. Niles, IL 60714 Fax: 847-647-9306 Jobs@niles-coca.com EOE	CLERICAL/OFFICE OPPORTUNITIES SECRETARY The Village of Niles is seeking a motivated individual for the position of Secretary in the Information Systems Department. Major responsibilities include: word processing, requisitioning, inventory, Internet, research, scheduling, filing, answering phones, correspondence and related clerical duties. Ideal candidate must have prior office experience and proficiency with Windows, Word and Excel. Applicant must have a high school diploma or equivalent and computer literacy. Good verbal communication skills, telephone etiquette, interpersonal skills and prior office experience necessary. Salary commensurate with experience; excellent benefits. Interested parties should send resume by June 9, 2000 to: Personnel Office, Village of Niles 1000 Civic Center Drive, Niles, IL 60714 E-mail: personnel@villes.com Fax: 847/588-8051 EOE, M/F	CLERICAL / OFFICE OPPORTUNITIES GENERAL OFFICE Our Client Support Group is currently looking to add two highly organized and detail minded individuals to the team. Must have basic PC skills (MS Word/Excel), 40 words per minute, highly organized, a good communicator and be a team player. Full Time - Monday-Friday - O'Hare/Elk Grove Village Vicinity. We offer a full benefit package including Medical and 401K. Contact Cyndy Griffin (847) 299-2300-Ext. 200 Fax: (847) 299-8286 - e-mail, Cgriffin@pic-online.com	CUSTOMER SERVICE CUSTOMER SERVICE Fast paced direct marketing firm specializing in top customer service is hiring due to an increase in business. All shifts available, including weekends. Full and Part-Time. Must have 1 year of customer service experience in a call center, 40 words per minute and communicate clearly. Location: O'Hare/Elk Grove Village vicinity. Full benefits. Call Chris Moon @ (847) 299-2300-Ext. 503 Fax: (847) 299-8286 e-mail Cmoon@pic-online.com Find the help that you need in our classified section.	FOOD SERVICE PM FULL TIME COOK ST. MATTHEW LUTHERAN HOME A LTC Facility Is Seeking An 11 PM-7AM Cook. No Experience Necessary. Will Train The Right Candidate Competitive Salary And Benefits Apply In Person At ST. MATTHEW LUTHERAN HOME 1601 N. Western, Park Ridge Or Call Karl Hill At 847-825-5531 Ext. 617 For Immediate Considerations EOE
CLERICAL/OFFICE OPPORTUNITIES ASSISTANT To The Director Local organization seeks professional person to handle administrative duties, clerical duties, and event planning. Requires good communication and writing skills. Microsoft Office experience a plus. Good Salary+Bonus. Send Resumes To: NCCI 7900 Milwaukee-Suite 25B Niles, IL 60714 Or Fax To: (847) 966-7517	RECEPTIONIST Part-Time - 3 Days With Alternating Saturdays 24-27 Hours/Week Fast paced patient care office looking for mature individual. Typing and Data Entry skills needed. Must be good with people and on the telephone. Locations: Skokie & Niles. Call: (630) 833-8382 Or Fax Resume To: (630) 833-8158	FRONT DESK/ CHIROPRATIC ASSISTANT Seeking a professional, positive and very friendly team player with general office, computer and interpersonal skills. Previous experience preferred but not required. 30-35 hour week. Benefits Available. Please fax your resume to: (847) 827-8681 Or Apply In Person At: Richard Chiropractic Clinic 8933 W. Golf Road, Niles	RECEPTIONIST Park Ridge accounting firm seeking full-time person. The ideal candidate must have good phone skills, accurate data entry skills and be proficient in Microsoft Word. This person must be a self-starter with the ability to communicate with our clients in a friendly and professional manner. Years include half-days Wednesday and half-days Saturday. Please FAX resume to: 847-297-2190 Or Call 847-297-3120	OFFICE CLERK Order Entry, Phone, Administrative Projects And Filing, O'Hare Area. 847-827-9030

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HEALTHCARE/MEDICAL NURSING LET'S DO LUNCH Looking for a career in caring for the elderly then apply at Norwood Park Home. At Norwood Park Home, we know it can be hard to tell one place from another just from a newspaper ad. While our 104-year history of providing long term care at its finest speaks volumes, we invite you to see for yourself. Set an appointment and we'll treat you to lunch, show you around our facility and discuss our opportunities for RN - FT - NIGHT SUPERVISOR LTC Experience Required RNs & LPNs - FT & PT all shifts CNAs FT & PT - all shifts If you are interested in working with the elderly and would like to learn more about our excellent benefits, including health/dental/vision, vacation, emergency days, tuition reimbursement and 401(k) with employer match - please call (773) 631-4856 to arrange a meeting. Apply Monday-Friday 9:00 a.m.-4 p.m.; or send your resume to: NORWOOD PARK HOME Attn: Director of Human Resources 6016 N. Nina Avenue, Chicago, IL 60631 (near Northwest Highway & Harlem) Fax: 773-631-2253 EOE	MEDICAL/HEALTHCARE CNA's/HABILITATION AIDES Full Time - All Shifts This excellent opportunity is on a beautiful campus-style facility serving children and adults with developmental disabilities. We have challenging and rewarding opportunities available for CNA's/Habilitation Aides. Training provided. Requirement for position is a high school diploma or equivalent. We provide a very competitive starting salary with comprehensive benefits. Apply in person or send resume to: MISERICORDIA HOME NORTH 2001 W. Devon Chicago, IL 60659 Fax: 773-973-4292 Non-Smoking Facility equal opportunity employer m/f	MEDICAL / HEALTHCARE DIALYSIS TECHNICIANS Health Care Dialysis Clinic Opening in Niles, is seeking Full-Time Dialysis Technicians. Position requires a minimum of 6 months medical experience. We provide a 2 week training class in dialysis & an excellent benefit package. Qualified candidates should contact: Fresenius Medical Care/ Neomedica, Inc. Human Resources Dept./312-654-2790 A drug free work place/EOE M/F	MEDICAL / HEALTHCARE UNIT CLERK Dialysis clinic located in Niles is seeking a Unit Clerk/Medical Secretary. Responsibilities include: typing, filing, answering phones and collecting patient information. Position requires typing 35 words per minute, computer literacy, and good communication skills. Interested candidates should call: Neomedica, Inc./HR Dept. 312-654-2790 EOE M/F	MEDICAL / HEALTHCARE DENTAL SECRETARY DENTAL ASSISTANT Immediate Openings For Full-Time/Part-Time Positions In Modern Pediatric Dental Offices In North Suburban Areas No Evenings Salary Based On Skill & Ability (847) 299-1095
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	REGENCY SENIOR DAY CARE No Weekends - No Holidays Daytime Hours-Steady Shift Fun Environment Milwaukee Ave. - Niles (847) 588-2000	POLICE OFFICER EXAMINATION The Northwest Municipal Conference Area Joint Fire & Police Recruitment & Testing Consortium representing municipalities of Arlington Heights, Northfield, Rolling Meadows, Skokie, Wheeling & Winnetka will hold open competitive examinations to establish lists of persons eligible for appointment to the position of entry level police officer. Police officer applicants must attend mandatory orientation session on Saturday, June 10, 2000 at Niles West High School, 5700 West Oakton, Skokie, IL. Registration is from 8:00 a.m. to 9:00 a.m. Doors close promptly at 9:00 a.m. Program from 9:00 a.m. to 10:30 a.m. Must bring drivers license, state ID, or traffic ticket for identification purposes, two sharpened #2 pencils and clipboard. DO NOT CALL HIGH SCHOOL. Call NWMC at 847-296-9200 Board of Directors, NWMC Area Joint Fire & Police Recruitment & Testing Consortium, Chief Dubowski, Chair EOE M/F	POLICE OFFICERS	

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OPTICIAN Northbrook, Niles, Evanston Great Salary & Benefits Package includes 401K, Medical, Dental, Vision & Life Immediate Opening! (630) 530-2191 FOR EYES OPTICAL	RESTAURANTS/FOOD SERVICE WAITRESSES Part-Time/Full-Time Call Vince At: (708) 867-7770 VINCE'S RESTAURANT Harlem & Lawrence	SALES Route Salesmen Wanted! Vinner's Snacks a Family owned organization that has been producing and distributing its own Prize Winning Snack Foods For over 75 years, as well as the distributor of Keebler cookies, Snyder's Pretzels, is currently seeking route sales/sales drivers for our North West Distribution warehouse in Palatine Illinois. Previous route sales or grocery experience a plus. These positions offer a competitive compensation package, benefits (including 401K), and an opportunity for career growth. Fax your resume to: 1-847-359-8132 or mail to: C.J.VinnerCo. 619 S. Vermont Palatine, IL 60067 Email: vinner@compuserve.com	TELEMARKETING DeVry Inc. \$8.75/Hour Telemarketing Positions Part-Time / No Weekend Hours No Sales - No Cold Calls Interview now for a position starting in June or July. Shifts run Monday-Thursday, 10 AM - 3 PM or 4 PM - 9 PM. For more information or an interview call: (630) 574-1954 DeVry Located in Oakbrook Terrace	TELEPHONE WORK FROM HOME Scheduling Pick-ups Of Discarded Items For A Major Charity No Selling-Flexible Hours Paid Weekly Pleasant Personality Reliability A Must! Please Call: (630) 515-5752 Our classified ads reach more people per week for the least amount of dollars.
Mid-Size Laboratory Seeking * CERAMIST Must Be Experienced! Good Benefits Fast Growing Quality Conscious Call: (847) 357-0348	RESTAURANTS/FOOD SERVICE POPEYES FRIED CHICKEN Is Now Hiring ASSISTANT MANAGERS AND CREW MEMBERS For AM and PM Shifts In Morton Grove Competitive Wages Training Program Benefits & 401K Apply Monday-Friday 10 AM - 10 PM 6939 Golf Rd-Morton Grove Or Call (847) 470-0990 EOE	AVON Looking for Higher Income? More Flexible Hours? - Independence? Avon Has What You're Looking For! Let's Talk! (888) 561-2866	CORRECTIONS Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.	NOTICE The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.

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Lake Cook chapter Illinois Audubon Society bird walks

The Lake-Cook Chapter of the Illinois Audubon Society will hold two bird walks during June:
 Sunday, June 4 - Indiana Dunes State Park in Chesterton, IN can be a special place for migrants and breeding birds (specialties include prothonotary and cerulean warblers and pileated woodpecker). The Lake-Cook Chapter of the Illinois Audubon Society will hold an all day trip to this area leaving Highland Park at 7 a.m. Birders of all experience levels are welcome.
 Contact Mary Anne Harrison at (847) 831-4310.
 Sunday, June 11 - Lake-Cook Chapter of the Illinois Audubon Society will meet at McHenry Dam at 7:30 a.m. for a bird walk focusing on specialty birds of the Dam. Sought after species will be yellow-headed blackbirds, black terns, prothonotary warblers, common moorhens, and rails. Birders of all experience levels are welcome. Contact Ann Harness (847) 433-7391 or Mary Anne Harrison (847) 831-4310 for information.

'Read for the Fun of it'

The Des Plaines Public Library is inviting adults and children to "Read for the Fun of it" and for prizes while the library is closed for its move to a brand new building. This summer, the library will move from its current location at 841 Graceland Avenue to a new 80,000 square foot building at 1501 Ellinwood. The library will be closed for approximately four weeks for packing, moving, and settling into the new building. While the library is closed, adults and children may read at least four books in order to enter prize drawings to be held at the new library during August. Registration is not necessary. Beginning June 1, special flyers with book logs will be available at the current library, on the Mobile Library, and on the library's Web site at www.desplaines.lib.il.us. Read at least four books while the library is closed, complete the book log, and bring it to the new library August 1-12. All book logs must be turned in no later than 5 p.m. on Saturday, August 12. Children through eighth grade should turn in their book logs in the Youth Services Department on the second floor of the new library. Adults are asked to turn in their book logs at the Reader's Services desk on the third floor of the new library. For every four books read, participants will get one entry in the prize drawing. You may enter as often as you like, but each person is eligible to win only one prize. Winners will be notified by phone. For more information, please phone (847) 827-5551.

Program on challenges in aging at home

Resurrection Adult Day Services, a service of Resurrection Health Care, will present a free three-hour program on Challenges in Aging at Home at 2433 North Harten Avenue, Chicago, on Tuesday, June 6, from 4 to 7 p.m. in Suite 100. Physicians and other experts in the field of aging will be discussing topics dealing with aging in four separate sessions:
 4 to 4:45 p.m. - Early Detection of Memory Loss; 5 to 5:45 p.m. - Five Wishes (Advance Directives); 5:45 to 6:15 p.m. - Exercises After Therapy is Over; 6:15 to 7 p.m. - Medical Complications of Parkinson's Disease and Strokes. Refreshments will be served and ample parking is available. For more information about the program, call Susan Schaefer at (773) 237-3784.

USE THE BUGLE

Lifeflink presents annual fashion show

Who/What: Lifeflink, a not-for-profit, charitable health and human service organization, is hosting its 17th annual luncheon and fashion show, "A Summer Holiday."
 Why: Approximately 900 people will attend this event to see the hottest fashions and help raise money for the underfinanced residents in Lifeflink's health-care facilities and at-risk children in the adoption, foster-care and Head Start programs.
 ABC's: A reporter and anchor, Dick Johnson, will return for a 15th year to serve as Master of Ceremonies.
 When: Saturday, June 3, 11 a.m. to 3 p.m.
 Where: Drury Lane, 100 Drury Lane, Oakbrook Terrace.
 Highlight: Guests will enjoy delicious food and spectacular fashions as well as take part in the popular Sweet Pic instant winner game and the grand prize raffle.
 Schedule: 11 a.m. Gift Boutique; 11:30 a.m. Social Hour featuring Highland Strolling Strings and the popular Sweet Pic instant drawing; 12:30 p.m. Luncheon; 2 p.m. Fashion Show; 3 p.m. Grand Prize Raffle.
 Lifeflink is a 105-year-old not-for-profit charitable health and human service organization related to the United Church of Christ. Lifeflink serves children, families and the aging.

Local resident receives volunteer recognition award

Linda Kolbe of Park Ridge was honored at Brookfield Zoo's annual Volunteer Appreciation Dinner on April 30. She has been a docent (volunteer educator) at the zoo for five years.
 During the dinner more than 50 volunteers were presented with service awards by Dr. George Rabb, director of Brookfield Zoo. Mrs. Paul E. Duckworth and Lou Schauer, trustees of the Chicago Zoological Society, which manages the zoo, and Keith Winston, a curator of education.



Linda Kolbe groups, assisting at outreach programs such as the Zoo Adventure Passport (ZAP), explaining exhibit interpretation to guests, guiding and welcoming guest, assisting with office work and at special events, and much more.

Chamber hosting our second annual Night Golf

On June 9th, 2000 the Morton Grove Chamber of Commerce will be hosting our Second Annual Night Golf at Tam Golf Course located at 6700 Howard just west of Caldwell in Niles. The cost of Night Golf will be \$50.00 per person. There will be 9 holes of Night Golf with glow in the Dark Golf Balls, a buffet dinner and 2 free hours of free beer & wine starting at 7:30 p.m. Tee Time will be at 8:30 p.m. If you have not already sent in your payment, you may bring a check that evening. Tam Golf Course recommends at least one flashlight in the group for "putting" and a can of bug spray! (Just in Case). Limited golfers allowed. Hope to see you all there.

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