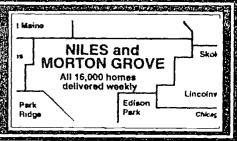


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THURSDAY, FEBRUARY 15, 2001

VOL. 44, NO. 34

Trustee files papers for Niles incumbents



Trustee Louella Preston appeared before Village Clerk Kathy Harbison to file nomination papers for the April 3, 2001 Consolidated Election on behalf of the Present Leadership With Economy Party for incumbents Mayor Nicholas B. Blase, and Trustees Robert M. Callero, Louella Blaine Preston, and Andrew Przyby-

New condos re-focus on old building

Groundbreaking preparations for the Eagle Pointe Condominiums in Niles along Milwaukee Avenue's condo row brought

attention to an old building judged to be roughly 100 years

Andy Przbyło, owner of White Eagle Restaurant across from St. Adelbert's Cemetery,

Continued on Page 46

Retirement/ **Nursing Home** Pages 19-30

Community Calendar Pages 14-17

Classifieds Pages 39-43

Central Avenue upgrades to cost \$1 million

Even with help from the state, planned upgrades in Niles along Central Avenue from Jarvis to Howard will cost an estimated \$1 million.

Niles public services Director Jun Noriega tells that the upgrades will replace existing asphalt roadway with concrete, install new curbing and gutters and put in water mains that will connect businesses and residences east of Lehigh Avenue to Niles' water supply.

Help from the state to the tune of \$125,000 has been promised from Cov. Ryan's "Illinois thist funding. Participation in the program for this project was initiated by State Rep. Ralph C. Capparelli, D. Chicago.

Thirtyfive municipalities meet to discuss digital cable woes

Niles takes charge on AT&T cable problems

lack thereof, was the topic of a meeting Feb. 2 initiated by Steve Vinezeano, Assistant to Niles Village Manager.

Complaints in the aftermath of AT&T's Dec. 20 switch to digital service were widespread that Vinezeano decided a forum was in order. Vinezeano learned customers often were unable to reach AT&T service representatives, but if so, reps didn't have answers to their questions about programming changes. When Niles viewers couldn't reach AT&T, they called the village in frustration, he said. By Feb. 2 the village had received about 50 complaints, which suggests that AT&T was caught without adequate capacity to handle the activity generated by the changeover.

communications for AT&T Broadband, said that these prob-**Continued on Page 46**

Be on guard for identity theft

Niles Police are seeing an in- cautions that information gets forgery and the use of a false also when mail with bank and identity for unlawful gain.

Sgt. Jim Zimmerman, Niles Public Information Officer, said director for planning and inhe has recently seen about six formation at the Federal Trade reports of this kind of activity Commission (FTC), said that within a week. Zimmerman

crease of identity theft such as into the wrong hands when the unlawful use of eredit cards, wallets or purses are stolen, but credit card information is stolen.

Broder. Betsy

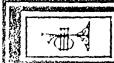
Continued on Page 46

Niles firemen retire with 69 years of combined service



At the January Village Board Meeting, Fire Lt. Calvin Radway (33 years of service) and Sheldon Mikkelsen (36 years of service) were presented with plaques in honor of their retirement. They were recognized by Mayor Blase and the Board of Trustees for their outstanding contributions and dedication to the Niles Fire Department during their many years of service.

Shown (left to right) Mayor Nicholas B. Blase, Calvin Radway, Sheldon Mikkelsen, and Trustee Bart



The Bugle's community job listings can be found on http://www.ChicagolVletroJobs.com



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Ridge, located in Redeemer Lu-

theran Church, from 4-6:30 p.m.

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Roosevelt University on-line open house

It used to be necessary for prospective students to make one or more visits to college campus before making any decisions. Now learning about college will be easier and more convenient as Roosevelt University holds its own on-line open house on Thursday, Feb. 22.

Linking prospective undergraduate and graduate students with Roosevelt faculty and staff, the one-line open house will be held in two sessions. The first will be from 11 a.m. to 2 p.m. and the second will be from 5 p.m. to 8 p.m.

Prospective students can learn about the university and its programs in the College of Arts and Sciences, Walter E. Heller College of Business Administration, Chicago College of Performing Arts, Evelyn T. Stone University College and College of Educaby logging onto www.roosevelt.edu/openhouse. Participants will be asked to sign

in for the open house. Once linked up, prospective students can ask questions about everything from academic programs to financial aid in chat rooms being manned by university counselors, It's unknown how many prospective students will participate, but nearly 30,000 invitations have been sent to prospective students, corporations and libraries all over the nation. Many faculty members and staff are expected to be available during the on-line open house.

This makes it easier to do college hunting from home or work. Even if a prospective student lives out of state, he or she will be able to use a computer to ask questions and learn valuable information from Roosevelt's faculty and staff." said Arthur Lewis, assistant director of admissions.

"This is the wave of the future in attracting students and we're glad to be offering our own online open house for the first time," Lewis said. For more information on the on-line open house, call Lewis at 312-341or log onto www.roosevelt.edu/openhouse.

Maine Township funding to aid multiple agencies

ing was unanimously approved this week by the Maine Township Board of Trustees for 30 agencies which serve the needs of Township residents. The agencies range from infant day care to hos-

'For the past 150 years, Townships have followed their original mission of assisting those in nced," reports Township Supervisor Mark Thompson. "This year's funding totaling \$500,000 allows these social service agencies to deliver much needed services to our residents. We are proud to be involved in these worthwhile agencies."

Thompson said the Township's financial assistance is only part of the funding needed to run the agencies. Most agencies use sliding scale fees based on the ability to pay of the person receiving the services. Township funds help make up the difference between fees collected and operating costs, he added.

A complete directory of all agencies that service Maine Township is available at Town Hall, 1700 Ballard Rd., Park Ridge. For information or to obtain a directory, contact Gretchen French at 847-297-2510.

Interested parties are also encouraged to visit the Maine website Township www.mainetownship.com for information on Township programs, services and activities

In The Light of Jerusalem

Ever think about an ice wall in a desert? Dale Chihuly did and built one! He also imagined monumental sculptures in the Citadel! The Niles Historical Society invites everyone to the Museum on Sunday, Feb. 25, to see these magnificent creations.

Following a short business meeting, the program will be presented at 2 p.m.. All programs are educational, and entertaining. They are geared to the family, and children are welcome. Plenty of free parking, admission is free, and donations accepted. Dessert and refreshments will be served

following the presentation. Members of the Niles Historical Society have changed some seasonal exhibits and have been hard at work preparing for 2001. Come early, bring your friends. visit with neighbors, spend an afternoon with us. Sunday, Feb. 25,

The Niles Historical Museum is open every Wednesday and Friday, 10:30 a.m. to 3 p.m.; other times by appointment only. Call (847) 390-0160 for more information. We look forward to

Read the Bugle For subscriptions call (847) 588-1900

The newspapers that deliver.

February MAGAZINES

by B.D.Besser

UTNE READER'S February issue reports Chicago is the seventh most underrated city in America. The top underrated city is Milwaukee followed by West Palm Beach, Louisville, Washington, D.C., Pittsburg, Spokane and Chicago.

Chicago is commended for its beauty, its parks and its plethora of restaurants which UTNE rates as extremely reasonable in price.

Other UTNE articles include Texas' state-sponsored executions, the pleasures of non-Moms part-time parenting and the sexual revolution in junior high schools. Additional articles include students doing better in schools with total enrollment from 300 to 600. Also, articles suggesting reducing your grocery bills by starting a buying club, the cultural heritage of the last 100 years in America. Japanese art of flower arranging and "molecular vibrations" which may be a key to curing arthritis, allergies and other ailments.

UTNE goes along on a fourday family vacation in Los Angeles in which all four family members, young and old, choose one day to direct their family around the city, in a leisurely and sometimes aimless tour of L.A. * * *

ATLANTIC MONTHLY zeroes in on Bill Clinton. Articles spotlight Clinton's talent for compromise and his "hip and go" attitude which may be a 1960's leftover....how it looks from the way Republicans saw this side of Clinton. Another writer reports Clinton's presidential legacy included the U.S. prison population increasing four-fold during his eight-year reign. Another critic emphasized Clinton kept his promises of his two election campaigns. Other articles zero in on Hillary Clinton and her role during the Clinton presidential years and another critic reviews the low presidential Democratic votes which have occurred since Lyndon Johnson's presidency.

The Streetsmart column in SMART MONEY suggests investors look at casino-hotel stocks MGM, Mirage, Marriott International and Harrahs Entertainment. Columnist Russel Pearlmen thinks General Motors stock price is pretty cheap and notes it distributes a four percent

SMART MONEY reports 65% of Diversified Funds were beating the S&P 500 as of mid-December.

SM also reports while auto sales may be slowing down high-and cars are still salling wall by cnd cars are still selling well. It also recommends travelers lookDennis L. Waltrip of Glenview, ing for rock-bottom airline fares recently completed basic training might scour the internet websites. at Marine Corps Recruit Depot, The magazine reviews seven San Diego. Waltrip successfully Continued on Page 46 completed 12 weeks of training

to attend. Further information can be obtained by calling the Morton Grove Historical Mu-

Sugar Plum Tree Preschool and

Day Care, Inc. registration

Summer Registration

The summer camp program

will begin on June 11 and end on

August 17. The summer camp for

children ages 5-9 will provide ex-

perience in planning and carrying

out a Carnival in July, swimming

every day at Centennial Pool,

field trips, sports (soccer and

baseball), and clubs (photogra-

phy, gardening, fitness, sports,

The summer camp program for ages 2-1/2 to 5 will include a reg-

ular preschool program plus

swimming at South Park wading

The Morton Grove Historical

Society will meet at 7 p.m. on

Tuesday. February 20, in the

Baxter Room of the Morton

Grove Public Library. A brief

general meeting will be fol-

owed by a presentation by Mark

Thompson, who is Supervisor of

Maine Township. The western

portion of Morton Grove is lo-

cated in Maine Township, which

recently celebrated its 150th an-

niversary. Mr. Thompson's pro-

gram, which will include a vid-

eo, will explain the purpose and

history of townships and the role

they currently play in local government. Following the pro-

gram, light refreshments will be

served. There is no admission charge, and the public is invited

Patrick Riggio

passes away at 27

Patrick Riggio, 27, son of the

Anthony Riggios of Niles, died

Riggio's parents, Anthony and

Patricia, have run Riggio's res-

aurant at Milwaukee and Oak-

Riggio, a substitute teacher

with the Chicago Public School

system, was working toward a

graduate degree in teaching.

Riggio liked music and played

In addition to his parents, he

s survived by a sister Adriana.

A funeral mass was read at St.

Mary of the Woods church in

Edgebrook, a Catholic parish

where the family has been active

for many years. Burial was at

All Saints Cemetery in Des

Plaines. The family suggests

Maryville Academy in Des

Nicholas Waltrip

Plaines as recipient of memori-

on in Niles for many years.

suddenly on January 25.

Morton Grove

Historical meeting

jewelry making, etc.).

Fall Registration

gram will be August 20. You can

register for all classes on Febru-

years old. We have a full day Kin-

ary 20. The classes offered are:

dergarten program.

Sept. 1.4 and 5 year olds.

1, 3. 4, and 5 year olds.

The beginning of the fall pro-

Kindergarten for children 5

Preschool classes Mon.-Fri.

Day Care/Preschool classes

After School Care for school

age children attending Roosevelt

Open House February 20

We will have Open House at

from 9-11:30 a.m. Ages 3-1/2 by

for children 2-1/2 by September

seum at 965-0203. The Historical Society will also meet on March 20, when Sara Ann Long will give a presentation on the history of libraries in the United States. The final program of the season will be April 17 and will feature Joy Matthiessen, who will discuss graveyard symbols and customs. particularly those of the 19th century.

Bette E. Rubinson

Bette E. Rubinson, daughter of Mr. and Mrs. Michael Rubinson of Skokie, has received recognition on the Dean's List for the fall semester at Bradley University in Peoria, Illinois.

To be eligible for the Dean's List a student must achieve a minimum 3.5 grade-point average for the semester on a 4.0 scale

The ornament of a house is the friends who frequent it.

—Ralph Waldo Emerson

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Physicians at Northwestern are conducting a research study of an investigational medication intended to slow the thinning and weakening of bones associated with osteoporosis. If you are a postmenopausal woman less than 75 years of age, you may be eligible to participate.

Volunteers receive study-related care free of charge including a bone scan to determine bone density, physician visits, and study

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SUB SANDWICHES

Local schools awarded maintenance grants

Nine local school districts will be able to tackle their top priority maintenance projects with grants they have received from the state, according to Assistant Senate Majority Leader Walter Dudycz (R-7th, Chicago).

School districts were allowed to apply for as many grants as they had needs and could provide the required dollar-for-dollar local match. Each project grant could be for up to \$50,000 in one of five categories: emergency, health/life safety, state program,



E-mail 1@ToniBrens.com

permanent improvement or other

Local schools, the number of grants they received and the amount of grant funding they received are:

- Niles Elementary School District 71. one grant, \$50,000;
- · Niles Township Community High School District 219, one grant, \$50,000;
- Norridge School District 80, two grants, \$100,000;
- Pennoyer School District 79, one grant, \$50,000:

Villager

Toni Brens

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proximately 1,670 applications were received representing 860 districts. Last year, the first year of the school maintenance program, 239 schools were able to repair or replace heating and airconditioning systems and another 54 used their grant money to remove asbestos. Other projects included repair or replacement of electrical systems, roofs and fire alarm systems.

Ridgewood Community

Elementary

High School District 234, two

School District 78, one grant,

Schiller Park School Dis-

Skokie Fairview School

· Union Ridge School Dis-

In the current fiscal year, ap-

trict 81. two grants, \$100,000;

District 72, one grant, \$50,000;

trict 86, two grants, \$100,000.

grants, \$58.000;

\$50,000;

Rosemont

John P. Joyce Jr.

Marine Corps Pvt. John P. Joyce, Jr., a 2000 graduate of Notre Dame High School, Niles, recently completed basic training at Marine Corps Recruit Depot, San

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PEACH

First-installment 2000 tax bills mailed

Cook County Treasurer Maria Pappas announced that firstinstallment 2000 property tax bills and informational brochures are being mailed Saturday and Monday. Pappas advised taxpayers to use suburban LaSalle Bank sites to avoid construction-related inconveniences at the suburban courthouse payment centers, which will be open only Feb. I through March

The first-installment tax bills are due March 1. By law, they are mailed 30 days prior to the due date. The first-installment bills are estimates equal to onehalf of the prior year's taxes. The tax bills affect the owners of 1.6 million parcels of real estate in Cook County.

"Again, we're emphasizing convenience with the option of making payments at more than

100 LaSalle Bank locations across Chicagoland," Pappas said. "We also are urging taxpayers to avoid the courthouses in the suburbs, some of which have renovation projects that will reduce access and may require manual processing of payments. Most LaSalle Banks feature drive-up windows and weeknight and weekend hours."

The Skokie courthouse is rebuilding its parking, and most visitors will need to use shuttle buses to reach the site. At Maywood courthouse, rewiring work may affect the cashiering system. If payments must be processed manually, taxpayers should expect lines.

Taxpayers who do not receive their bills by Sat., Feb. 3, 2001 should contact the office at (312) 443-5100 or by e-mail at info@cookcountyreasurer.com.

Essay contest winners announced

"The North American Martyrs Council 4338, Knights of Columbus, again hosted a special essay contest for students of the 7th & Contest Committee.

says was evaluated for content reader appeal, correct use of English, spelling and overall neatness by 3 qualified judges. The top ten essays were then presented to qualified representatives of the Knights of Columbus for final judging and determination of the

Contest Chairman bob Galassi proudly announces the winners to his year's essay contest for 2000.

1st Place - Peter Vroustouris,

The winners will be presented their savings bond and a special Night, Wednesday, February 21, 2001 in St. John Brebeuf School's Flanagan Hall, 8301 N. Harlem Ave., Niles. Essay contest Chairman Bob Galassi offers these individuals his heartiest congratulations & special thanks to all the competitors. Even if they did not receive a prize - each young adult is a winner for competing!

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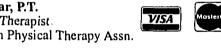
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Teacher tells history of Maine Township Community Center

by Barbara A. Mendelsohn

Bud Phillips stands out within his generation---not many boomers can claim his kind of roots. All his 55 years have centered in Maine Township. His home toto the building committee. They accepted gladly and looked for

A Swedenborgian congregation in California had chosen ar-



an elementary schoolteacher, his professional life plays out at nearby Plainfield School or at a real estate office five minutes from home. He serves as president of his homeowners' association, which brings him to Maine Township Community Center on a regular basis. There, his roots are almost as deep as at home. He explains: "From age 10 until well into my 30s, I attended church in that building." And he tells an interesting story.

"It was known as the Good Shepherd Community Church but built by the Swedenborgian Church," he explains. This group had a modest membership in the Chicago area, and they decided it was time to consolidate smaller groups into one congregation and build a chapel to house it. Godfrey Lindstrom, builder of the local Ballard Gardens Subdivision, offered land

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FURNACE

chitect Lloyd Wright, son of Frank Lloyd Wright, to design their chapel. The resulting design was the high-profile Way-farers Chapel. Striving for that success, the local committee approached Wright to design a chapel for the Maine Township congregation. The first phase of the project included the chapel and a north wing with rooms for religious instruction, day care, socials and fellowship hours. The first service was held in November, 1959.

Although it was a nontraditional church, the congregation felt it was appropriately spiritual, Phillips says. Its construction material is yellow face brick, giving it a solid look. The angled front gable looks prowlike, like an ark. The sculpted copper panels trimming the gable were prematurely coaxed to a blue-green hue by applying

an oxidizing chemical. The panels, trimmed with a triangle motif, are repeated for the chapel area. Hallway windows are set rough-grained wooden frames which contrast the highsheen marble sills. A right turn inside the main doors leads into today's council chamber, i.e., yesterday's chapel, where decorative wood laths add an airy quality. The building presents as rustic but classic, understated but eloquent.

"It's a very beautiful building," agrees Mark Thompson, Maine Township Supervisor, who remembers when the township bought the building in 1983. Thompson also reflects how this present use, with all the social services the township provides, is the logical extension of a churchly ministry.

As for the architect (he's listed in a biographical reference as Frank Lloyd Wright, he dropped Frank?), Lloyd Wright began his career in landscaping architecture with Olmsted and Olmsted in the East. By the 1920s he was designing buildings in California, and the original Hollywood Bowl was among his early credits. In 1946 Wright designed the Wayfarers Chapel, a striking glass structure that boasted a ceremonial wedding tower made famous as the site for many Hollywood weddings. In fact, a second construction phase for Good Shepherd Church also included a wedding tower, but that never happened. A garage and office area were added in 1995.

Phillips remembers Wright as a white-haired man. "Mostly, I remember people I knew and quirks about the building." By his account some practical details got overlooked in pursuit of "The roof's skylights leaked," Phillips recalls, and adds, "The original roof was made of pumice, a porous material of azure blue, probably to complement the oxidizing copper. But it leaked, and had to be

church's PA system somehow picked up rock music from the WJJD tower, at one time located just across the street," Phillips says. They tried everything, but finally gave up fighting it and just disconnected the system. Yet one wall in an office still picked up that station. "And no one could figure out

Phillips recalls an especially severe winter when the radiant heating caused a problem. Burcaped to the outside, condensed in the cold air, and left the front walkway frozen solid.

Near another walkway today a naturalized prairie garden thrives, in-season, along a southern exposure. We have to think that Wright, the landscape architect, would approve.

7 tips to slash rising natural gas heating bills

With natural gas prices going through the roof, now is the time to give your home a "check-up." Here are seven tips from the Comfort Insitute on what to look for and take care of to make sure your home is comfortable and energy efficient.

1. Have your duct system tested for air leaks.

Many think that windows and doors are the major cause of a home's air leaks. But according to recent research by the Department of Energy (DOE), gaps, cracks and disconnections in the typical home's duct system are much more significant. The DOE states that the typical duct system loses 25% to 40% of the energy out out by the central furnace, heat or air conditioner. Leaks are usually the biggest problem.

2. Ask your heating contractor to perform an Infiltrometer 'blower door'' test.

The blower door is a computerized instrument originally invented by the Department of Energy. It pinpoints where your home's worst air leaks are, such as duct leaks. It also measures a home's overall leakiness. While most homes are still far too leaky, some are too airtight, and need mechanical ventilation to ensure the air inside is fresh. For more information, visit the Web site www.comfortinstitute.org.

Knights of Columbus - special awards night

A special "Awards Night" honoring the recent winners of the North American Martyrs Council's annual Free-Throw, Spelling Bee & Essay Contests will be held on February 21, 2001, at St. John Brebeuf School's Flanagan Hall, 8301 N. Harlem Ave., Niles.

Special recognition will be given to the special 'heroes' of our community that have been nominated for their many efforts to help others. Each of the winners will receive their award at this special event sponsored by the council.

A short program commending these special young adults for their championship efforts will start at 7:30 p.m. Each of the contest chairmen will be presenting the special awards to each of the winners. A photo session for all winners will follow the short presentation cere-

Parents and family members are encouraged to attend. Refreshments will follow the short awards program.

Nicole DePaolis

Nícole DePaolis of Niles graduated with a bachelor of arts in sociology at the January commencement held at Dominican University on January 7. DePaolis is a graduate of Niles Town-

3. Seal air leaks in the attic floor and add insulation.

The Infiltrometer blower door test often finds significant air leaks in the attic floor. Examples are open partition walls, recessed lights and gaps around chimneys and plumbing stacks. Seal them and then add insulation up to today's code to cut heat loss through your roof.

4. Install and use a programmable thermostat.

Lowering the temperature at night and when no-one's home does save energy. But you don't have to sacrifice comfort! Ask your heating contractor to isntall "programmable thermostat" that will turn the heat back up before you wake up or before you

5. Replace your furnace air

Most systems need a new filter every month to ensure safe and efficient operation.

6. Have your heating system cleaned and tuned by a qualified contractor.

A furnace or heat pump tune up is a good investment. It reduces the chances of breakdowns in the middle of winter and pays for itself through more energy efficient operation. For a free report: "How To Identify a Good Heating and Cooling Contractor," go to www.comfortinstitute.org.

7. Consider replacing your old furnace or heat pump.

Just like a car, heating equipment doesn't last forever. If your system is over 12 years old, and you are planning to stay in your home more than a few years, many authorities recommend replacing it before it fails permanently. A new system is safer, more dependable, and can pay for itself by being up to twice as ener-

gy efficient. However, recent research has found that many newly installed systems have energy wasting mistakes. Check out the free report "Tips and Secrets To Buying A New Heating and Cooling Sys-

www.comfortinstitute.org.

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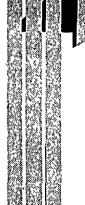


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•Pineapple •Pineapple and Whip Cream •Poppyseed •Praline •Prune •Raspberry •Strawberry •Strawberry and Cheese

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Women's News

Review childbirth class to expectant

Preparation is key to healthy pregnancy

The desire for a healthy baby is every pregnant women's dream. But often, women are not aware of the steps they can take to make sure this dream comes true before they become preg-

In order to ensure women have the healthiest pregnancy possible, Holy Family Medical Center's New Beginnings[™] Maternity Program will present, "Preconception: Helping You Prepare for Pregnancy Before You Become Pregnant." The presentation will be held on Monday, February 26, beginning at 7 p.m. at Holy Family Medical Center, 100 N. River Road in Des Plaines.

Dr. Yuhang Shek, an obstetrician and gynecologist, will review how nutrition, the environment, and social and family history can impact pregnancy. In addition, information will also be given on pro-active advice on how a woman can prepare for

pregnancy and childbirth.

The New BeginningsSM Maternity Program at Holy Family Medical Center provides a wholistic approach for the care of the mother, child and family.

BLANKA \$ 999 KRUPSKI

\$22⁹⁹

\$29⁹⁹

• 1st Time Clients Only

This program ensures proper pre- and post-natal care for women, regardless of their financial means. For more information or to register for this free lecture, please call Holy Family's MEDConnection at 847-297-1800, ext. 1110.

Holy Family Medical Center is a not-for-profit community health care facility accredited by the Joint Commission on Accreditation of Health Care Organizations. The Medical Center is located on the corner of Golf and River Roads in Des Plaines and is a Level II Trauma Center.

New Beginnings Women's Chorus

New Beginnings Women's Chorus looking for new members. Chorus rehearses on Mondays from 9:30 a.m. til noon, Seotember to May at 330 W. Golf Rd., Arlington Heights. Call levels of experience welcome, no au-

ditions required. Call Ginny, 847-255-9509 or Joanne, 847-359-8750. Visit us at www.newbeginningschorus.org.

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pare to having a new baby in the family. Understanding what to expect during pregnancy and the changes that follow can make the experience more comfortable for the entire family.

On Wednesday, February 21, a Review Childbirth class will be held at Holy Family Medical Center, 100 North River Road in Des Plaines. This one-day program is a refresher course on breathing and relaxation techniques, basic baby care, preparations for childbirth, and postpartum adjustment. The program will be held in the OB Conference Room at the Medical Center from

7-9 p.m. For more information or to register for this program, please call Holy Family's MEDConnectionSM at (847) 297-1800, ext. 1110. There is a \$20 fee for this course and class size is limited.

> The basis of action is lack of imagination. It is the last resource of those who know not how to dream.

-Oscar Wilde

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Few experiences in life com-

by health information you read about in the news? Do you find it difficult to weigh the risks and benefits of medical studies? Do you understand the true pros and cons of therapeutic approaches, such as hormone replacement therapy?

The Women's Health Resource Center of Advocate Lutheran General Hospital can help. Plan to attend "Scientific Health Reporting and Information: Asset or Anxiety?" from 7 to 8 p.m. Tuesday, February 27, at the Indian Trails Library, 355 Schoenbeck Road, Wheeling.

Edward Linn, M.D., chairman of Lutheran General Hospital's department of obstetrics and gynecology, will offer simple ways of understanding the jargon in the

Lecture to simplify health reporting & information

journals, media and Internet and Are you frightened or confused help participants apply this information to make wise health care To register for this free program, call 1-800-323-8622. The Women's Health Resource

Center of Lutheran General Hospital is an access point for the public to learn about the hospital's women's programs, services, support groups and community resources. The center, located in the Lutheran General Victor Yacktman Children's Pavilion, is open from 9 a.m. to 5 p.m. Monday through Friday, with evening and weekend visits available by appointment. For more information on the center and its services. call 847-723-8810 (TTY line for hearing impaired, 847-723-

Woman's Club of Skokie/Lincolnwood

The Woman's Club of Skokie/ Lincolnwood affiliated with the General Federation of Women's Clubs Illinois will hold their luncheon/program meeting on Wednesday, March 7, at the Holiday Inn, Skokie. Social 11:30 .m. luncheon 12 noon. Price of

the luncheon is \$10.50. The program for the day will feature Connie and Marie Gorski presenting "Comedy Magic."

Women interested in joining the club may phone Phyllis Cossarek, President at (847) 256-

Catholic Women's **Bowling League**

wed., Jan. 31, 20	Caror Cenniger	511		
TEAM	W	L	HIGH GAMES	
#6 C.M.S.	21	7		
#1 Skaja Terrace	19	9	Millie Kroll	200
#5 Classic Bowl	17	11	Carol Oetringer .	18
#4 Thomas Drozdz, DDS	12	16	Pam Kenny	17
#2 Candlelight Jwlr	8	20	Geri Kenny	17
#3 Old Kent	7	21	Marilyn Oetringer	. 17
HIGH SERIES			Rita Slechta	17
Millie Kroll	53	32	Camille Berg	16

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Bieniewski Army Spec. Klaudiusz Bieniewski participated in fighting

Klaudiusz

wildfires at the Lolo National Forest woodlands in western Montana as a member of Task Force Lumberjack. The 560-man task force assisted the National Interagency Fire Center and the local incident command in extinguishing and controlling wild fires which blazed Montana this summer.

He is the son of Jolanta and Antoni Bieniewski of Glenview.

The specialist is a 1997 graduate of Glenbrook South High School, Glenview.

Women's News

Women in Construction

The O'Hare Suburban Chapter #193 of the National Association of Women in Construction (NAWIC) weill meet Tuesday, February 20, 2001 at the Avalon Restaurant, 1905 E. Higgins Road, Elk Grove Village.

Reservations for dinner at \$25 may be made with Janet Stafiej, at (847) 813-0603). Social hour is at 6 p.m., followed by dinner at 6:30 p.m.

Pat Hottel, Technical Director with McCloud Services will present the program for the eve-

the Job Site & You." This talk will inform us on pest control at the job site and considerations in new construction. A regular business meeting will follow the Presentation. A second food drive will also be held at this General Membership Meeting.

Guests and all women interested in construction are invited to attend.

For membership information, contact April Gricus at (630/529-

Sweet Adelines membership night

The Edge O'Town Chapter of cated in the Bethany United ship Night Monday March 5th, 7:30 p.m. Ladies if you like to sing stop by our rehearsal hall lo-

Sweet Adelines Annual Member- Methodist Church, 3900 N. Albany (corner of Byron & Albany). For more information call Jean (773) 205-2820.

Ketura Hadassah Group

Jeffrey Arnold, retired judge, Bank, 6666 Lincoln Avenue, Linwill speak on our court system at Ketura Hadassah's monthly meeting on Tuesday, February 27, at 12:30 p.m. at the Liberty

colnwood. Coffee will be served. Members free, others \$3.

For information call (847) 679-6633.

Truth never damages a cause that is just.



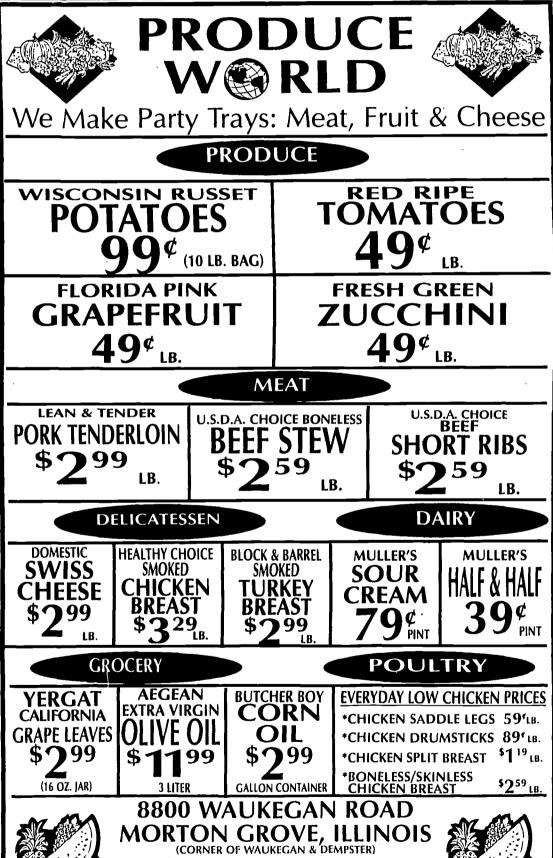
Department renovations and women's services targeted for Gala 2001 funds

Holy Family Medical Center's 40th Anniversary Gala will be held on Saturday, March 3, 2001 at the Ritz Carlton in Downtown Chicago. This event will impress even the most unimpressionable. Guests will be dazzled by this black tie affair!

Funds raised will support the renovations and remodeling efforts currently underway in Holy Family's Cardiology and Radiology departments. Each department has a critical need to expand to allow for a larger flow of patients and to provide rooms for new advanced treatment programs. Ten percent of the funds raised will also benefit New BeginningsSM, Holy Family's maternity program providing pre- and post-natal care for women regardless of their financial means

Holy Family Medical Center's

"Friends of the Family" is a service organization created to further the community service mission of the Medical Center and to support new and existing programs and services through fundraising activities. The 320member "Friends of the Family" consists of physicians, community members, volunteers, and other persons connected with the Medical Center



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Health News

Area hospices support National Hospice Sabbath

Twenty-one area Hospice organizations will sponsor the Chicagoland Hospice Sabbath to be observed in local communities of faith during the weekend of February 16-18, 2001. The response to the first Chicagoland Hospice Sabbath, offered in February, 2000, as well as a deep interest in compassionate end-oflife care, reflected in the public response to WTTW's recent offering of the Bill Moyer's docu-

Long term care insurance

As life expectancy increases so does the possibility of the need for assistance in your later years. Morton Grove Park District, 6834 Dempster is sponsoring two seminars February 20 at 10:30 a.m., and February 27 at 7 p.m. which will address the issue of long term care insurance. Find out what these policies cover not only for nursing home care but assistance in the home. How does this insurance protect your assets? Is there a tax benefit for certain long term care policies? Leshe Weinberg, a long term care specialist, will answer these questions as well as inform you about the existing policies and their ad-

mentary, "On Our Own Terms," encouraged hospices and their spiritual care staffs to continue their leadership in this obser-

Hospice Sabbath is an outreach effort initiated by area hospices encouraging communities of faith to remember in prayer persons who live with hope and dignity in the face of life-limiting illness. Chicagoland hospices supporting this effort represent Cook, DuPage, Grundy, Kane, Lake, McHenry, and Will

Pioneered by the San Diego Hospice more than a decade ago and observed annually by hospices and communities of faith throughout the United States, the Hospice Sabbath is offered to affirm those who provide care and support for people living with life-limiting illness, to educate about hospice care, and to strengthen relationships with local communities of faith.

Trained members of hospice staff and volunteers are encouraged to present in their own faith communities a 'hospice minute' or 'temple talk' about their ministry in hospice. This non-sectarian outreach effort allows every faith community an opportunity to participate in ways which are consistent with its tradition and practic-

People of faith are encouraged to remember in personal prayer those who live with life-limiting illness, the families who care for them, and the health care professionals who serve them. Sermons, homilies, meditations, and reflections will also be encouraged during the weekend of Hospice Sabbath. In addition to 'temple talks, communities of faith may also request a hospice speaker to talk in greater depth about loss, grief and other end-of-life

"When we in hospice are invited into the home to care for someone who is dying, it is always humbling and inspiring to find the love, care and support that families and faith communities provide," says Chaplain John Schuniacher, speaking for the members of the Hospice Sabbath coordinating team. "It is an honor to be invited into that circle of care. Hospice Sabbath celebrates our partnership in the circle."

For more information on Hospice or assistance in promoting the Hospice Sabbath in your own faith community, please call Reverend John Schumacher at (847) 685-9900 ext. 328.

Pediatrician appointed at Resurrection



Marjorie Fujara, M.D.

Marjorie Fujara, M.D., has been appointed to the medical staff at Resurrection Medical Center, 7435 West Talcott Ave-

Dr. Fujara, of Evanston, received her undergraduate degree from the University of Illinois, Urbana-Champaign, and her medical degree from the University of Illinois at Chicago. She completed her internship and residency in pediatrics at the University of Minnesota, Minneapolis. After completing her residency, Dr. Fujara served on the medical staff at Hennepin County Medical Center in Minneapolis, and held an appointment as Assistant Professor at the University of Minnesota. Dr. Fujara is board certified in pediatrics, and has a special interest in adolescent

Dr. Fujara is a member of the American Academy of Pediatrics and the Society for Adolescent

Dr. Fujara is in practice with Paul Toussaint, M.D., in the Resurrection Medical Center Professional Building, Suite 467, at 7447 West Talcott Avenue, Chicago. Appointments can be made by calling (773) 763-1126.

LGH physician initiated into

David Walner, M.D., a pediatric otolaryngologist at Advocate Lutheran General Hospital became a Fellow of the American College of Surgeons during a convocation ceremony at the College's recent 86th annual Clinical Congress, in Chicago.

Dr. Walner, a resident of Highland Park, received his medical degree from the Chicago Medical School. He served his internship at Northwestern Memorial Hospital in general surgery and his residency at the University of Illinois Medical Center in otolaryngology/head and neck surgery. In addition, he served a fellowship in pediatric otolaryngology. He is board certified in otolaryngolo-

Dr. Walner's acceptance was approved by three-fourths of the college's Board of Regents, having demonstrated both ethical and professional proficiency. By niceting the stringent membership requirements, Dr. Walner has earned the distinguished right to use the designation of FACS (Fellow, American College of Surgeons) after his name,

CPR Recertification class offered

On Saturday, February 17, a half-day CPR Recertification will be held in the Des Plaines Conference Room on the Lower evel at Holy Family Medical Center from 9 a.m. - 1 p.m. This half-day course will be taught by experts from the American Red

For more information or to register, please call the American Red Cross at 1-800-337-2338, including the course code number, 102442.

Health News

Free lecture series on children's health issues at LGH

tal. Helpful ways to deal with

toilet training, bed-wetting and

constipation in children will be

"Childhood Sleep Disorders"

will be presented Thursday, Oc-

tober 18, by Gabriel Aljadeff,

M.D., pediatric pulmonologist,

Lutheran General Children's

Hospital. He will discuss signs

and, symptoms of sleep apnea

and other childhood sleep disor-

ders, along with recommenda-

tions so children (and parents)

can get some sleep.

addressed.

Advocate Lutheran General Children's Hospital, Park Ridge, has scheduled a six-part lecture series throughout 2001 featuring presentations and discussions led by children's hospital pediatric specialists and health care professionals.

The children's health issues series will be presented in the Olson Auditorium at Lutheran General Hospital. Registration is required for each of the 7 to 8:30 p.m. programs. To sign up, call 1-800-3-ADVOCATE (1-800-323-8622).

On Thursday, November 15, The series opens Thursday, the topic will be "Eating Well on the Run." Chris Salerno, regis-February 15, with "Asthma and Your Children." Lauren Witcoff, tered dietitian, Lutheran General M.D., pediatric pulmonologist, food and nutrition services, and Kathryn Smart, RN, coordinator, and Stacy VandenBranden, RN, Lutheran General Children's clinical research nurse, depart-Health Resources Center, will ment of pediatrics, Lutheran General Children's Hospital, will provide quick, health food choices for busy children as they examine warning signs, interest-'eat on the run.' Attendees will ing facts and misconceptions learn how to improve and balabout asthma. Practical suggesance their intake with all the tions for asthma managment at time demands of multiple extrahome, school and recreation also curricular sports and activities. will be addressed. The program Available online and written nuis presented in partnership with ritional resources also will be the Rotary Club of Park Ridge's Asthma Awareness project. discussed. Kathryn Smart, RN, coordina-

tor of the Lutheran General Chil-

dren's Health Resource Center.

will address "Health Internet

Sites: Fact or Fiction" on Thurs-

day, April 19. This talk will cov-

er simple standards to evaluate

whether health websites are reli-

able, accurate and user friendly.

An online demonstration will be

part of the program. Strategies

for guiding children to use the

Internet wisely will be discussed

and a list of credible health web-

"Community Health Resourc-

es for Your Special Needs" will

be the focus of the Thursday,

May 17, program featuring Su-

zanne Sawka, parent liaison,

Child and Family Connections;

Gretchen Hatchett, social work-

er, Child Development Clinic;

Kathryn Smart, RN, coordinator,

Lutheran General Children's

Health Resource Center; and

other members of the interdisci-

plinary team at Lutheran Gener-

at Children's Hospital. Persons

who attend will learn ways to

make the most of their resources

and share favorite health re-

On Thursday, September 20,

"Successful Approaches to Toilet Training in Children" will be

discussed by Sue Walsh, RN,

pediatrie primary care provider

and gastroenterology nurse spe-

cialist, department of gastroente-

rology, Lutheran General Hospi-

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sources with others.

sites will be distributed.

Lutheran General Children's Hospital, comprising almost 100

inpatient beds, cares for children from infancy through adolescence. The children's hospital medical stall consists of more than 185 pediatricians and pediatric subspecialists in virtually every medical and surgical spe-

The Victor Yacktman Children's Pavilion of Lutheran General Childrens Hospital houses pediatric outpatient services including more than 20 specialty clinics for children with complex illnesses and chronic conditions, and one of the largest ceners in the state for children with developmental disabilities and delays.

Lutheran General Hospital is a 608-bed teaching, research and referral hospital and Level I trauma center that has been repeatedly selected as one of the nation's best hospitals and one of the top 15 major teaching hospitals, according to the 100 Top Hospitals: Benchmarks for Success' study.

Lutheran General is part of Advocate Health Care, based in Oak Brook, Illinois, which has been ranked as one of the nation's top health care systems for the past three years.

Holy Family Employee of the Quarter

Holy Family Medical Center is pleased to announce that Jill Rice, Nursing Office, has been selected as Employee of the Quarter.

This award is given four times a year to Holy Family Physicians in recognition of outstanding service and excellence in guest relations. Awardees are nominated by staff members and winners are and Recognition Committee. Holy Family Medical Center is not-for-profit community health care facility accredited by

selected by Holy Family's Award

the Joint Commission Accredita-tion of Health Care Organizations. The Medical Center is located on the corner of Golf and River Roads in Des Plaines and is a Level II Trauma Center.

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Dining / Entertainment

Steppenwolf Theatre Co.'s Arts Exchange Program

Steppenwolf Theatre Company presents David Mamet's radio play The Water Engine as the Arts Exchange spring production of the 25th Anniversary season. The Water Engine is a theatrical thriller that tells the story of science. suspense. and Chicago's sights. sounds. and smells during the "century of progress." The production. which has Saturday public performances at 11 a.m. on

February 24. March 3, and March 10. 2001, is directed by Jessica Thebus. Weekday student matinees run February 20-March 2 and March 6-9. 2001. at 10 a.m.

Tickets for the public performances are \$10 and can be purchased through the box office. Box office hours are 11 a.m. to 5 p.m. everyday and 11 a.m. to 7 p.m. on days with evening perfor-Continued on Page 13

woon Arvey's Monthly Specials Monthly Specials Include: Soup, Salad and Potato (Dessert NOT Included) WHITEFISH \$8.95 CENTER-CUT BONELESS PORK CHOPS \$8.95 **B.B.Q. Chicken & RIBS COMBO** \$9.95 BUTT STEAK House Wine \$2.00 a Glass RESTAURANT 7041 Oakton St., Niles. IL JC. 847-967-9790

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OF MIXED (pierogi & dumplings)

MEAT
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(choice of)
MEAT • KRAUT • CHEESE
CHEESE & POTATO
or POTATO DUMPLINGS
or MIXED (pierogi & dumplings)
MEAT
(choice of 3)
BREADED PORK CHOPS
ROAST PORK • ROAST BEEF
ROAST CHICKEN • BBQ RIBS
POLISH SAUSAGE WITH SAUERKRAUT
MEATBALLS IN MUSHROOGRAYY
HOT VEGETA RESS COFFEE WITH MILK

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SALADS (choice of)
CUCUMBER • POTATO • COLESLAW •
RED BEET • MACARONI • TOSSED (with dressing) PIEROGI

DESSERTS MEAT • KRAUT • CHEESE • CHEESE & POTATO or POTATOE DUMPLINGS or MIXED (pero) & domping)

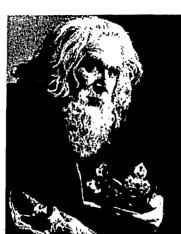
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Chicago Shakespeare scales the heights of King Lear

Chicago Shakespeare Theater completes its 2000-2001 threeplay subscription season on Pier with Shakespeare's great tragedy. King Lear. Artistic Director Barbara Gaines directs the production, rounding out a second sold-out season. which included Shakespeare's The Two Gentlemen of Verona and a production with the Stratford Festival of Canada of Richard Brinsley Sheridan's The School for Scandal. The 2000-2001 season saw Chicago Shakespeare Theater retain a spectacular 85% of its 17.000 Inaugural Season subscribers and increase its committed audience base to a record-breaking total of nearly 22.000 subscrib-

King Lear runs through April 22. 2001. Tickets for the production are \$28 for previews, and range from \$35 to \$45 during the regular run. For more information on tickets and performance times, call the Chicago Shakespeare Theater Box Office at (312) 595-5600. The Sara Lee Foundation is the exclusive sponsor of King Lear.



Educational Programs in Conjuntion with Performances of King Lear

Open Forum on Saturday. February 24 at 2 p.m., exploring King Lear. with Artistic Director. Barbara Gaines and guest scholars Martha Nussbaum from the University of Chicago School of Law and Martin Mueller from Northwestern University Department of English. in an informal discussion.

 Pre-Amble, a guided halfhour introduction into the world of King Lear. takes place on

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Tuesdays -- Jack Carr. Pianist & Singer -- 7 to 10:30

Wednesdays -- Jerry Owings, Pianist & Singer -- 7 to 10:30

Thursdays -- Jack Carr, Pianist & Singer -- 6:30 - 9&

JAZZ JAM - John Bany. Charlie Braugham & Don Stille -- 9 to 1

Saturdays -- Lou DiGangi, Swing Band -- 9 to 12:30

Friday -- Feb. 16 -- Von Freeman Trio -- 9 to 1 (\$5.00 Cover)

Sunday -- Feb. 18 -- Jerry Owings. Pianist, Singer -- 5:30 to 9

6881 N. Milwaukee Avenue

Niles 60714

847/647-8282

Skokie

Club

Tuesday. March 27, at 6:30 p.m., prior to the 7:30 p.m. curtain, and Saturday. March 31 at 3 p.m., prior to the 4 p.m. cur-

After Words, a post-show discussion with a guest scholar. takes place after the performances on Thursday evening. March 8. and Sunday afternoon. March

Great Books discussion

group, facilitated by the Great Books Foundation, meets Tuesday, March 13 at 7 p.m. Cast Call, an informal discussion with the actors in the

Theater's Pub. is Friday. March

9 at 6:30 p.m. · Post-show discussions follow all Wednesday matinees and the 3 p.m. matinee on Sunday, February 25.

Inside Out Theater Tours takes place at 12:45 p.m. on the first Saturday of every month. August through May.

Call the Chicago Shakespeare Theater Box Office at (312) 595-5600 for further information visit our website at www.chicagoshakes.com.

Next at Chicago Shakespeare Theater

Short Shakespeare! Romeo and Juliet. directed by Kim Rubinstein, will be presented each Saturday morning at 11 a.m. from March 3 through April 14. 2001. Tickets are \$15 for adults and \$10 for children (twelve years of age and under).

· The Tragedy of Hamlet, adapted and directed by Peter Brook, will have a special, limited engagement at Chicago Shakespeare Theater from may 10 through June 2. 2001. All tickets are \$75.

'Jazzin' Around' at Oakton

Join the Oakton Community College instrumental music faculty and their friends in Jazzin' Around. an evening-long jam session of hot jazz and cool fun, at 8 p.m. on Friday, Feb. 23, at Oakton's Performing Arts Center. 1600 E. Golf Road. Des Plaines.

Tickets at \$8 for general admission and \$5 for students and seniors can be purchased by calling the Oakton Box Office at (847) 635-1900.



The U.S. Department of Agriculture reports that the average American eats 8.5 pounds of pickles a year.

Dining / Entertainment

Hallway Records Jazz Festival 2001

The 1st annual Hallway Records Jazz Festival is pleased to announce their artists lineup for February 22 - 25.

The artistry of Mark Colby and colleague Vince Maggio highlights the opening of the festival with a lively recording session. "Their skills are so abundant that even such overworked staples of the Jazz canon as Up Jumped Spring or Airgin sound fresh and alive." Jack Bowers. All About Jazz.

Thursday - Sunday. February 22 - 25: Co-Sponsored by WDCB 90.9 FM Public Radio at Joe Segal's Jazz Showcase: 59 West Grand in Chicago, 312-670-BIRD (2473).

•Thursday. 2/22 at 8/10 p.m.: Tenor Reference Mark Colby Quartet: Shorter, Getz, Ammons, Rollins, Henderson, Griffin. Webster: Live Recording Session -- Vince Maggio, Bob Rummage. Eric Hochberg.

•Friday. 2/23 at 9/11 p.m.: Free Time Nick Bisesi Quartet --David Marr. Neal Alger. Eric Montzka.

•Saturday. 2/24 at 9/11 p.m.: Internos Trio Sneak Preview Release -- Kelly Sill. John Moulder. Eric Montzka; New Hallway Artist Group.
•Sunday, 2/25 at 4/8 p.m.:

'The Nordic Wolf and the

Water of Life'

Take a mythic, musical jour-

ney to Scandinavia with Chicago a cappella's groundbreaking a cappella story opera, "The Nor-dic Wolf and the Water of Life." Acclaimed storyteller Megan Wells joins the nine singers of Chicago a cappella to recreate the ancient Swedish myth "The Fire-Bird" as the ensemble weaves the crown jewels of Scandinavian choral music into and around the story. The performance, created by Megan Wells and Chicago a cappella Artistic Director Jonathan Miller, will feature music of Gunnar Eriksson, Per Nørgård, Nils Lindberg and other 20thcentury masters. The tale is touching, at times tragic. and often hilarious, and the concert will be a powerful blending of story

"The Nordic Wolf and the Water of Life" takes place Friday, March 9, 8 p.m., at Fourth Presbyterian Church, Michigan Avenue at Delaware Place in Chicago; Saturday, March 10, 7:30 p.m., at Unity Temple, 875 Lake Street in Oak Park; and Sunday, March 11, 4 p.m., at First Congregational Church, 1445 Hinman in Evanston. For tickets or more information, call (773) 755-1628.

Blowing the Blues Away, Ensemble 9. Directed by Rob Parton -- Scott Hall. Tom Garling. Jim Gailloreto, Mark Colby. Karl Montzka.

For additional information. please call WDCB at (630) 942-4200. or visit www.WDCB.org: General Admission \$15/Student \$10. www.hallwayrecords.com.

Steppenwolf Theatre

Continued from Page 12

mances. The box office phone number is (312) 335-1650. Tickets can also be ordered on-line at www.steppenwolf.org.

Tickets for the weekday student matinees are \$7.50 and can only be purchased through Brooke McDaniel. group sales manager. at (312) 654-5629. tickets for chaperones are compli-

Steppenwolf Theatre is located near all forms of public transportation and is wheelchair accessible. Assistive listening devices are available for every performance. Street and lot parking are

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and hop on board for an unforget-



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HOME OF

HUNGRY

Adventures of Huckleberry Finn. Hop aboard. The "Big River's" rolling. And once this raft gets around the bend, you'll be in for an adventure that's as big as America itself. It's Mark Twain's wise and witty "Huckleberry Finn" set to music and lyrics by the King of the Road himself. country music legend Roger Miller. Winner of the Tony Award for Best Musical, Miller brings the river to life with everything from foot stompin' country music to soulful spirituals. Along the way. Huck and Jim. a runaway slave. find adventure. danger. a bit of fun - and the true meaning of friendship. Watch your feet, the bank's a bit muddy -

table ride on Twain's mighty Mis-

Performance Schedule. Wednesdays at 2 p.m. and 8 p.m.: Thursdays at 8 p.m.**: Fridays at 8 p.m.: Saturdays at 5 p.m. & 8:30 p.m.: and Sundays at 2:30 p.m.

Ticket Prices. Ticket prices range from \$33 to \$38*. *Students and senior citizens receive \$5 off the full ticket price

(excluding Friday and Saturday performances). **Receive a complimentary

dinner with the purchase of a full price theatre ticket for Thursday evening performances. The Thursday Night Complimentary Dinner has a limited availability and is not applicable with any other discount or offer. Reservations with a major credit card can be made by calling the Marriott Theatre box office at (847) 634-

Dinner theatre Packages available for all performances. Free parking/wheelchair accessible.

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, ,

Community Calendar

Baby sitter safety class offered

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Are you a baby sitter or soon want to be? On Wednesday, February 21. Holy Family Medical Center will sponsor a free community lecture on "Baby Sitter Safety." This program will be held from 4-5:30 p.m. at the Prairie Lakes Community Center, a facility of the Des Plaines Park

Speaker Anne Bleicher, RN. at (847) 391-5711.

STARMARK

TNS from Holy Family Medicai Center's Emergency Department, will give baby sitters the do's and don'ts and first aid tips when baby-sitting. A question/ answer period will immediately follow the presentation.

For more information or to register for this free program, please call the Des Plaines Park District

Dog Adoption Day

Furry Friends Foundation, a no-kill, non-profit animal shelter, will hold a dog adoption day from noon until 4 p.m. on Sunday, February 25th at Petsmart. 809 Civic Center Plaza, Niles. For more information call Furry Friends Foundation at (312) 397-1001.

One man with courage

makes a majority.

—Andrew Jackson

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Opera lovers. the opera sea- En Route you'll enjoy entertainson doesn't have to end when Lvric Opera of Chicago brings down the final curtain on The Flying Dutchman March 18. Come join Lyric Opera of Chi-

cago Skokie Valley Chapter annual benefit event -- a trip to Milwaukee. Wisconsin to hear and see the Florentine Opera Company in a delightful performance of The Marriage of Figaro Sunday, April 29.

A fun-trip by bus will leave 10 a.m. from Eden's Plaza, in front of Carson's, north end, (Skokie Blvd. and Lake Ave.).

Golf Road and the Ray Hartstein

Campus at 7701 N. Lincoln Ave-

nue. Skokie. In addition to the In-

ternational Bazaar. Oakton Cele-

brates Cultures will feature

entertainment, lectures, demon-

Vendors wanted for **International Bazaar**

national Bazaar at Oakton Community College on Monday.

Oakton Celebrates Cultures, a week of international programs designed to bring together the many diverse cultures in the community, is scheduled for March 5-9 at both Oakton locations, the DesPlaines campus at 1600 E.

Sport and Culture seminar

What: "College Sports and College Life: A Troubled History" is part of a seminar series cosponsored by Northeastern Illinois University and the Dr. William M. Scholl Center for Family and Community History. This seminar is one of several intended to engage in the development of sports within diverse and cultural settings. This event is free and open to the public.

University's Student Union 5500 North St. Louis Ave. in Chi-

partment of History at Northeastern Illinois University at (773) 442-5631 or S-Reiss@neiu.edu.

The term "First Lady" dates from the time of Lucy Ware Webb Hayes, who was the 16th first lady from 1877-1881.

Lyric Opera of Chicago Skokie Valley Chapter

ment, snacks, and can participate in a raffle. Upon arrival in Milwaukee a tasty lunch will be served, followed by a pre-opera lecture. All of this before Mozart's sublime music wends its way through flirtations, attempted assignations and a wonderful happy ending with lessons for

To learn more about this great spring musical outing and to make your reservations for the bus and choice of food, call Marian Goldberg (847) 673-

Vendors who either sell or demonstrate services or products with an international theme are invited to participate in an Inter-March 5, from 9 a.m. - 8 p.m.

strations, exhibits, open classrooms and an international film festival. Students, staff, faculty and community members are invited to participate. Most events are open to the public at no

Vendor space costs \$20 and includes a six-foot table and two chairs. To reserve a space, contact Bea Cornelissen at (847)

College Sports and College Life: A Troubled History brings forth issues depriving young undergraduate college students from the best of education. Problems with college sport funding programs and the differences in culture and value in college sports are some of the issues to be discussed.

When: 4-5:30 p.m. - Friday. February 23, 2001.

Where: Northeastern Illinois Building room 003, located at

Contact: Steven A. Reiss, De-

Community Calendar

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ison in Chicago.

SCORE. a resource partner with the United States Small Business Administration (SBA). offers a variety of low-cost workshops and seminars that address important business topics. They can help you develop a plan that maps out the path to your business' success. There are three general types of workshops:

Business Overview Workshop: "Goining into Business". Dates: March 8, April 12, May 10. June 14.

Registration 8:30 a.m.; Workshop 9 a.m.-4p.m. A mid-day break is provided

for lunch on your own. Fee: \$50. Workshop Topics

Introduction. Fundamentals of Owning a Business, Legal Matters. Insurance, Marketing & Selling, Financial Basics, Business Plans, Records & Taxes.

· "Certificate of Achievement" Workshop Package: A certificate provided to those who complete all four workshops enhances the chance of obtaining a loan. Banks recognize this certificute along with a proper business plan as a demonstration of determination, persistence, and practical business knowledge.

Certificate of Achievement Workshops. (Must complete all 4 workshops). Registration 8:30 a.m.: Workshop 9 a.m.-Noon. Fee: \$30 per workshop.

March 13. Business Plans: February 20. How to Get a Loan: February 27. Taxes. Licenses & Record Keeping.
• Specific Topic Workshops:

These workshops address a variety of specific businesses and topics. Advanced workshops include detailed discussions of complex business issues.

Specific Topic Half-Day Workshops. Registration 8:30 a.m.: Workshop 9 a.m.-Noon. Fee \$30 per workshop. March 6. Obtaining an SBA-

guaranteed loan: SBA programs and how to work through a bank forthem.

March 20. Planning for Existing Business: Strategies and tactics for strengthening existing businesses.

Specific Topic Advanced Full-Day Workshops, Registration 8:30 a.m.: Workshop 9 a.m.-4 p.m. A mid-day break is provided for lunch on your own. Fee \$50 per workshop. March 6. Website Strategies:

Learn how to effectively market and sell your service or product on the World Wide Web. A musthave workshop before building or improving your site.

March 27. Buying or Selling a Business or Franchise: Deter-

At one time in China, geese were given as a present to newlyweds because geese are sald to be faithful to each

Park Ridge Rotary Club sponsors job shadowing day

Maine East, South and West students have been invited to "shadow" Park Ridge and Des Plaines business leaders Friday. February 16, during a Vocational Awareness Day sponsored by the Rotary Club of Park Ridge. The event is part of the job

shadowing program developed www.scorechicago.org for more by the vocational service committee of the Park Ridge Rotary. Sixty students are expected to • SCORE offers free confidenparticipate in this month's protial business counseling Monday

through Friday from 8:30 a.m. to Students will have the oppor-1 p.m. at 500 West Madison, tunity to observe careers "in action." learn about the necessary • An IRS specialist is available schooling, apprenticeship and preparation required for the jobs.

to answer questions on Tuesdays (no appointment necessary), and and understand the daily com-Wednesdays and Thursdays (by mitments and responsibilities of appointment only) from 9 a.m. to the positions. 1 p.m. There is no charge for this The Park Ridge Rotary memservice located at 500 West Madbers who will host students have careers in the clergy, dentistry,

• A Business Information Cenelectrical wholesale, elementary ter containing excellent reference education administration. finanmaterials and computers is also cial consulting, graphic arts. available at 500 West Madison. hospice. insurance. journalism. Suite 1250, Chicago. law. promotional advertising. Call 312.353.7724 or visit our public relations, residential/ commercial architecture, service www.scorechicago.org for more

ing.
The students will visit the

stations and structural engineer-

business during the morning of Vocational Awareness Day, and attend a Park Ridge Rotary Club

The Park Ridge Rotary, which was chartered in 1961, is an affiliate of Rotary International, a service organization of more than 1.1 million men and women in 29,968 clubs in 163 coun-

luncheon at the Crystal Palace.

tries around the world. The 75member Park Ridge club serves its community and institutions with action and funding projects: supports Rotary's international efforts for peace and understanding, improved health services, disaster relief and literacy; and promotes fellowship and vocational service.



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to "BUST A MUSCLE" PAT BRUNO - Sun Times

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Saturday 9-6 Sunday 10-4

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Community Calendar

St. Patrick's Day Festival tickets available

Only 3500 tickets will be sold for the Irish American Heritage Center's 15th Annual St. Patrick's Day Festival on Saturday, March 17, 2001 The Festival begins at 1 p.m., following the St. Patrick's Day Parade in downtown Chicago. The Center, located at 4626 N. Knox Avenue in Chicago, promises something for everyone, and fun for the whole family.

The St. Patrick's Day Festival will feature traditional Irish music. Irish step and céili dancing, the wail of bagpipes, children's activities and Irish movies. There will be an exciting lineup musical entertainment throughout the Center from 1 p.m. to midnight.

Award-winning Irish dancing schools will showcase their talent in the auditorium: the

Norwood Park Home

Timely Talk

"Generating Income in Retirement"

PRESENTED BY: Barry R. Skolak, Senior Investment Representative,

Bank One Companies
Hear about the differences between a conventional IRA and a Roth IRA as well as their

McNulty Irish Dancers, Mulane Champion Irish Dancers, Trinity Academy of Irish Dancing, World Academy of Irish Dancing and Dillon-Gavin Irish Dancers, the renown Irish Heritage Singers will perform in the auditorium at 5 p.m.

Traditional Irish food will be catered by Unforgettable Edibles, including classic corned beef and cabbage. Sandwiches

Children under 12 are free when accompanies by an adult. For a complete schedule of entertainment, visit our website at www.irishamhc.com

and snacks will also be availa-

ble, as will tea and soda bread.

Full bar service will include

calling the Irish American Heri-

tage Center at 773-282-7035;

Visa and MasterCard accepted.

Tickets are \$10 until February

28 and \$12 beginning March 1.

Tickets are available now by

Guinness and Harp on tap.

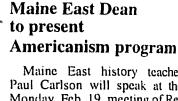
Skokie Art Guild

A wood-cutting demonstration will be given by Julio Rodriguez at 7:30 p.m., February 27th at the Skokie Public Library, 5215 Oakton Street, sponsored by the Skokie Art Guild. There is no fee and refreshments will be served.



The first vaccine against polio was developed by Jonas E. Salk in 1952.





Maine East history teacher Paul Carlson will speak at the Monday. Feb. 19, meeting of Republican Women of Park Ridge, convening at noon in the South Park Fieldhouse, Talcott Road at Cumberland Avenue. Park

The public is invited at no charge to hear the dean of the faculty at Maine High School speak on "Lessons from History: Foundations for Freedom."

Dessert and coffee will be served.

"We will be celebrating Presidents Day," said club president Marilyn Baeckelandt. "What more fitting time can there be to hear a dedicated historian and patriot refresh our understanding of the founders of our country and the lessons those men of virtue and vision had for our country even to this generation.

"We welcome our neighbors to this meeting and hope some of Mr. Carlson's former students or their parents will make a point of joining us to welcome this outstanding teacher and citizen of our community and to hear him once again.'

Information about the meeting may be obtained by contacting Mrs. Baeckelandt at 847/698-0856. Those interested wishing information about membership in Republican Women of Park Ridge are invited to contact membership chairman Kay Jarzombek at 847/825-1616.

Norwood Park Historical Society to announce awards

On Wednesday evening, February 21, the Norwood Park Historical Society will present the year 2001 Home Beautification Awards to those homeowners in Community Area 10 whose projects were nominated for this distinction.

Plaques will be awarded to the winners in the following categories: Home Remodeling; Home additions; Exterior renovations/restorations; Landscap-

Entries were submitted by the homeowners or other interested parties. Judging is done by an anonymous committee.

Winning homeowners will show pictures and tell the story of their project -- a good time for inspiration and ideas!

Remember, Wednesday, February 21, 7 p.m. at the Crippen House, 5624 N. Newark. For information call 773-631-4633.

Read the Bugle For subscriptions call (847) 588-1900

Community Calendar

Niles Family Fitness Center Programs

more information.

• Fitness Classes

The Niles Family Fitness

Center is now offering Non-

Members the opportunity to reg-

ister for a wide variety of group

exercise classes. Challenge

yourself with Cardio Box, Step

Interval and Sunrise Challenge

or stretch it out in one of our

many Yoga classes. Classes start

the week of March 5th. Class

size is limited, please register by

February 26th. Contact the Niles

Family Fitness Center at 847-

588-8400 for more information.

Contest

members;

more information.

爱 成 是

• Three Point Shooting

Win prizes and have fun en-

tering the NFFC Three Point

Shooting Contest on Saturday,

March 10th. Competition starts

at 10 a.m and is open to every-

one. Three divisions: Ages 10-

12, 13-15 and 16 & up. Registra-

be picked up at the Fitness Cen-

ter. Registration form and pay-

ment must be turned in by Fri-

day, February 23rd. Fee is \$1/

Contact the Niles Family Fitness

Center at 847-588-8400 for

\$2/non-members.

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for Cold Noses

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tion forms and contest rules can

The Niles Family Fitness Center at 847-588-8400 for Center is now offering the following new programs. Call (847) 588-8400 for questions regarding the following programs or Club membership.

School's Out Camp

Don't spend your day off school bored at home. At School's Out Adventure Camp you can play sports & games, make crafts, go swimming and more! Guaranteed to be the most fun you can pack into a day. Camp held Monday, March 5th for Casimir Pulaski Day. Camp hours are 8 a.m. - 3 p.m. Extended camp hours are available from 3 p.m. - 5 p.m. for an addtional \$2/hour. Deadline to register is 2 weeks prior to camp or when camp is filled. Contact the Niles Family Fitness Center at 847-588-8400 for more informa-

Teen Gym & Jam Grades 6th-8th

Join us for Saturday night dance parties at the Niles Family Fitness Center. St. Patrick's Day party, March 10th from 6:30 - 9 p.m. Wear your best Irish green and win a prize. Participants must be Niles residents, members of the Fitness Center or attend a Niles school. Participants may bring one (1) non-resident guest. Call the Niles Family Fitness Center at 847-588-8400 for more information.

New! Pilates

Pilates is a series of controlled exercises that engage the mind and body to develop strong, flexible muscles, without building bulk. Each movement begins with the abdomen, with a focus on controlling stomach muscles. Routines aternate stretching with strengthening. Pay a drop-in fee (\$5/member; \$8 non-member) or sign up for the entire 6-week session (\$25/member; \$35/nonmember). Classes start March 5th. Register now, class size is limited. Multiple class times available. Contact the Niles Family Fitness Center at 847-588-8400 for more information.

· New! Tai Chi

Tai Chi, an ancient form of Chinese exercise, is a low impact, gentle, physical activity. Through a series of slow movements, the body is positively affected. Tai Chi helps improve circulation and maintain a healthy range of motion in the ioints as well as providing a source of relaxation and spiritual fulfillment. Six week sessions starts March 6th, fee is \$25/ member; \$35/non-member. Contact the Niles Family Fitness

The U.S. Department of Agriculture reports that the average American eats 8.5 pounds of pickles a year.

Scholarship auditions for All City "JR" Ensemble Español and apprenticeships

What: Ensemble Español Spanish Dance Theater will hold scholarship auditions for their 2001 All City "JR" Ensemble Español and for apprenticeships to the professional company. These annual scholarship audtions are open to all students, grades 5 through 12.

The scholarships are valued at \$7,500 and include training with founder and artistic director, Dame Libby Komaiko, company dancers and international guest

Also included are performance opportunities for the community; national and international touring opportunities; valuable university scholarships; scholarships to the American Spanish Dance Festival; and extras such as costumes, castanets, shoes and accessories.

Students are strongly encouraged to take regular workshop classes to prepare for the audi-

Who: For 24 years Ensemble Español, Northeastern Illinois University's in-residence dance company, has presented thousands of performances throughout the United States and have toured Latin America and We Have Warm Hands

3.00 off

New Friends

First Visit

Grooming

W/Coupon

the Caribbean. They have also the All City "JR" Ensemble performed at every major university in Chicago and the Midwest. Distinguishing themselves in classical, folkloric, and Flamenco styles, the company has been hailed as the "Center for Spanish Dance in America.'

When: Saturday, February 17, at 12 noon. (Auditions for Español and apprenticeships to the professional company). Where: Northeastern Illinois University, 5500 N. St. Louis Avenue -- Dance Studio,

Contact: For more information and reservations, call Dame Libby Komaiko at (773) 442-

A-Wing, Room 113.







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85 Will

Police News

Niles

Attempted burglary

On Feb. 12 there was an attempted burglary at the 7300 block of Jonquil. The resident was sleeping when awoken after midnight by a loud banging noise at the back door. The resident got up and turned on the lights in the kitchen in time to see a vehicle leaving the driveway. Niles Officers were called and arrived to discover several pry tools scattered around outside entrances to the house. The tools belonged to the resident who kept them under the porch in a container. The rear screen door lock and a basement

Gas theft

On Feb. 11 around 7 a.m. a White Chevy Lumina left a gas station in the 8000 block of Oakton without paying for \$21 worth of gas. The Niles Police discovered who the car was registered to and restitution was made by the offender.

Eluding police
On Feb. 10 a stationary Niles
Police car at the 6800 block of Milwaukee clocked a black Nissan 200SX doing 64 mph in a 35 mph zone. The police car put on its lights and took off after the Nissan. The Nissan continued down Milwaukee to the 7000

block of Touhy where it entered the Renaissance Condominiums and turned off its lights. The Nissan parked and the driver and passenger fled on foot. The police officer found them both hiding behind a bush. The driver was ar-

Retail theft

On Feb. 10 a person removed price tags from \$87 of merchandise and slipped the items into a bag at a department store and exited the store without paying.

On Feb. 9 unknown assailants removed a \$250 DVD from a display stand at an electronic store on Touhy and exited the store without paying. The theft took place about 6 p.m.

On Feb. 9 a man removed four bottles of Vodka from a stand and concealed them in his coat as the left the food/liquor store at the 7900 block of Milwaukee with-

Criminal damage auto

On Feb. 9 around 7 a.m. a brick was thrown through a rear window of a white Ford Escort on the 7900 block of Octavia causing about \$300 damage. No suspects found.

Fast Lube Systems

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NILES

8430 W. Dempster Street

between Greenwood & Cumberland next to McDonald's (847) 827-0500

Des Plaines

1340 Lee Street (847) 296-7059

Chicago 6116 Milwaukee at Elston

(773) 631-9691

On Feb. 9 a man left his car for repair at a dealership on the 9400 of Milwaukee. When the car was ready the man got the keys from the cashier and left without paying the \$921.14 bill.

On Feb. 7 a courier delivering items to a bank in the 7000 Dempster was spotted removing money from a Leukemia Charity Jar by an employee. The courier was fired from his job because of the incident. The courier has made threats to the employees.

New law improves police pension system

Municipal police officers in suburban and downstate Illinois will have more pension benefits now and more pension options in the future, under a new law sponsored by Assistant Senate Majority Leader Walter Dudycz (R-7th, Čhicago).

Signed into law by Gov George Ryan, Senate Bill 851 represents an agreement between the Fraternal Order of Police and the Municipal League.

"This agreement provides local police officers with better benefits now, and the option to participate in a self-managed pension plan," Dudycz said. "The details of the self-managed plan are yet to be determined, but it could greatly benefit both the participating officers and the communities they serve."

The Pension Laws Commission will study specifics of the self-managed plan and forward recommendations to the General Assembly by January 1, 2002.



The covering of the seed referred to as nutmeg is used the passenger side where he her wedding finger. The victim's opened the door and grabbed the daughter reported the incident to woman's purse off the floor. No

suspects at this time.

On Feb. 4 a woman reported

that her mother's wedding and en-

gagement rings were stolen off

her hand at a nursing home. The

victim's costume jewelry ring

from her right hand was placed on

Use your wireless phone wisely

Wireless phones offer a convenient method of communication during a busy day. However, it is important to use these phones responsibly and safely while driving. To help you maintain your focus on the road and drive

On Feb. 6 a couple returning

from dinner had a car follow them

home and park at the foot of their

driveway on the 8500 block of

Oriole. A passenger from the

parked car approached the driv-

er's side door of the car and at-

tempted to open the locked door.

Then the assailant ran around to

Get to know your wireless phone and its features, such as speed dial and redial. 2. **Never** take notes or look

up phone numbers while driving. Equip your car with a hands-free device, such as an "earbud" so you don't have to

hold a phone while driving. 4. Always pull over or complete your call while not driving if at all possible.

Let the person you are speaking with know you are driving and suspend calls in heavy traffic or hazardous weather con-

6. Dial sensibly and assess traffic; if possible, make calls when stopped or before pulling

7. Do not engage in stressful or emotional conversations that may divert your attention from 8. Dial 9-1-1 or other local emergency number to report seri-

ous emergencies -- it's free from your wireless phone! 9. Use your wireless phone to help others in emergencies.

10. Teach your spouse and/ or family members how to use your wireless phone. It can be a lifesaver - for them or you - in an

emergency.
The Safe America Foundation and The Cellular Telecommunications Industry Association remind you that injury prevention depends on the practice of good safety habits. For year-round safety information call (770) 218-

Humanities Enrichment Program

The Humanities Enrichment Program (HEP) fourth, fifth and sixth grade students, through the discussion of the history and nature of language, have become familiar with proverbs. Every culture has phrases and proverbs that make no sense when carried over literally into another culture. We enjoyed completing phrases in a manner that made sense to the student, even though the original meaning of the proverb was changed. For example, when given the phrase, "When in Rome"...one student completed the saying, "you must be on vacation." Another child thought the phrase, "A fool and his money" would be best finished with the words, "are fun to go out with." As a final product, the children created proverbs to represent their philosophies. Some of the students' own proverbs follow.

Washington School - "When vanilla doesn't work, there's always chocolate and strawberry, Brooke Mazur; "A deflated balloon can be blown up again," Jason DaCosta; "Even though every chocolate has been eaten, the box can be recycled," Alex Blair; "A dog with one bone doesn't need another," Usman Bhatti.

Nelson School - "Grass is greener when you paint it," Amanda Nagode; "The cheapest form of advertising is to tell a tecret," Cara George; "A turtle without its shell is still a turtle," Sonia Chrostowski.

We have created a large box of chocolates (students' proverbs) on our bulletin board in the Humanities Enrichment Program classroom. Feel free to come in and "taste" our creations.

RETIREMENT HOME HUBSING HOME GUIDE

The war in the little with the said the state of the said the said



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HOTSHOTS

Retirement / Nursing Home

Detecting Alzheimer's

Journal of Nuclear Medicine, published by the Society of Nuclear Medicine, confirms a longstanding belief that positron emission tomography (PET) can be an effective diagnostic tool for identifying Alzheimer's disease, particularly in distinguishing it from other dementias.

PET is a non-invasive imaging procedure that assesses metabolic activity in different parts of the body. A positron camera is used

(NAPS) -- A report in The to produce cross-sectional images of the body by detecting radioactivity from a radioactive tracer substance (FDG) injected into the

> Alzheimer's disease in the United States alone affects more than four million people, who incur associated yearly expenses of nearly \$70 billion. When indirect costs, such as the lost productivity of caregivers, are taken into account, total expenditures approxi-

The earlier an individual's memory loss is found to be due to Alzheimer's, the better the chances to stem or delay cognitive deterioration by means of new medications. Since these drug therapies are most effective in mild to moderate cases of Alzheimer's, early diagnosis can help prevent significant irreversible

neurodegeneration. For more information about PET scans and nuclear medicine, check on the Web www.snm.org.



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Niles seniors awarded **Certificates of Completion**



Cook County Sheriff Michael F. Sheahan (right) and Niles Police Chief Gerald Sheehan (left) congratulate Mildred and Norman Schultz (center) as the graduates proudly display their Senior Citizen Law Enforcement Academy Certificates of Completion. The Niles residents were among 28 seniors honored recently, after attending Academy classes at the Niles Senior Center, 999 Civic Center Drive.

Sheriff Sheahan initiated the Academy to give participants a better understanding of the responsibilities of law enforcement officials as well as advice on personal safety and crime prevention. Academy graduates will tour the Cook County Jail later this month as the final segment of their "law enforcement learning experience."

For more information on the Senior Citizen Law Enforcement Academy or to register for an Academy in your community, please call (773) 869-7725.

Bethany Terrace Nursing Centre

This is what Pete says of Bethany Terrace's staff and atmosphere. When I realized that I could no longer take care of my wife, I searched for a really good nursing home and luckily I found it in my back yard!"

"My wife has been at Bethany Terrace since 1995 and I really enjoy visiting her daily and participating in all the social activities. Bethany has such a friendly and cordial staff. I also like the layout of the facility--all on one level."

The activity Department of Bethany Terrace plans twice weekly bus trips and many daily social activities which residents and family attend.

The Joint Commission on Accreditation of Healthcare Organizations awarded Bethany Terrace and its Alzheimer Care Center award a healthcare facility can earn.

Pet therapy adds another dimension to life at Bethany Terrace. Like Pete, residents love to interact with the many animals: dogs; Blackie, Accreditation with Commendation, the highest our rabbit and a breeding aviary full of active and colorful birds.



Bethany Terrace Nursing Centre, 8425 North Waukegan Road, Morton Grove, Illinois 60053

To arrange a visit and complimentary care assessment, call Admissions at 847/965-8100.

Retirement'

Looking for ways to increase your income in retirement while lessening risk! If so, simply attend the Timely Talk on "Generating Income in Retirement," at 2:30 p.m., on Wednesday, February 21, at Norwood Park Home, 6016-20 N. Nina Avenue, Chicago. This bi-monthly program on topics of general interest is of-

vestment representative of Bank One Companies, will make the presentation. He will describe the differences between the tax advantages of a conventional IRA and a Roth IRA. He also will cover other tax savings and investment opportunities designed to reduce taxes and increase assets. A question and answer session will follow the program, hand-outs will be available and refreshments will be served.

For more information regarding this event, upcoming Timely Talks or the Norwood Park Home, call Lynn Mitsui at (773) 631-4856, ext. 2622.

During his entire 47 years in office, Herbert Hoover turned over each of his Federal salary checks to charity. He had become independently wealthy before entering politics.

'Generating Income in

"Tony n' Tina" senior outing Maine Township's Adult and Senior Service Department has many fun trips during the year for local seniors. Tickets are still available for the latest one - an outing on Feb. 18 to see "Tony n' Tina's Wedding," a satire of an Italian-American wedding in fered free to the community. which the audience participates in all aspects of this fictitious and Barry R. Skolak, a senior in-

hilarious event. The cost including transportation is \$65 for members of MaineStreamers - the new name for the adult and senior program - or \$67.50 per guest. The show is rated PG. This is a Sunday performance that is considered Family

Buses depart from Maine Township's Town Hall, 1700 Ballard Rd., Park Ridge at 3:30 p.m. and arrive back at approximately

"Guests" of the bridal couple attend the ceremony in a life-like chapel and then a reception in a and personal items for women are real banquet facility. There is music, dancing, an all-you-can-eat Italian buffet, wedding cake, a Homeless Veterans both men and champagne toast and an evening women who answered the call for full of laughts,

For further information on this event, contact Mary Swanson, vices, at 847/297-2510. For information on other senior services or all Maine Township activities, agencies and programs visit the Maine Township website at www.mainetownship.com.

Morton Grove residents

receive certificates

Cook County Sheriff Michael F. Sheahan (right) and Niles Po-

lice Chief Gerald Sheehan (left) congratulate Arlene and John

Swedburg (center) as the graduates proudly display their Senior

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officials as well as advice on personal safety and crime preven-

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For more information on the Senior Citizen Law Enforcement

Academy or to register for an Academy in your community,

Tickets available for

Sheriff Sheahan initiated the Academy to give participants a

ter. 999 Civic Center Drive.

please call (773) 869-7725.

Membership in MaineStreamers is free and open to all residents of Maine Townships who are at least 55 years old. The benefits of membership include a newsletter, access to a wide variety of events and activities, and monthly luncheons with enter-

Niles V.F.W seeks donations for homeless veterans

The Niles Veterans Of Foreign Wars Post 7712 is curently seeking donations for Homeless Veterans. Donations of personal hygiene articles such as toothpaste, toothbrushes, deodorant and combs, shampoo, shaving cream to make up comfort kits for their country. All donations can be dropped off at the Niles V.F.W. located at 7419 N. Mil-Director of Adult and Senior Ser- waukee Ave., Niles, IL on any Friday night after 7 p.m.

Civic Center Sr Men **Niles Brunswick Bowl**

Alliance Bank Minelli Bros. Tramcar Colonial J.F.Barber Shop Pennys	W L 22 6 21 7 21 7 20 8 19 9 19 9	Miners Candlelight Jwlr M-C-H Heat-Master Callero & Catino State Farm Ins. Skaja #1 Dr. Bello	16 12 14 14 14 14 12 16 11 17 10 18 9 19 8 20	Morgan Lewis Hi 279 GAME Morgan Lewis 628 Andy Anderson 576 Bud Ramos 569 Walter Kubacki 568 Lyle Nemzin 561 Al Steegmuller 539 WE ARE IN NEED OF A FEW	
Colonial #2 Monarch Alarm REMAX	17 11 17 11 17 11	Malec & Son Skaja #2 F.D.R. Post	721 6 22 4 24	SENIOR MEN BOWLERS. REPORT WED.NOON. ASK FOR JOE KUCAN OR ANDY.	
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http://www.seniorhousing.net/ad/asbury court

Retirement / Nursing Home

---Anniversaries

Cupid's Arrow



Celebrating their 70th anniversary, Ollie and Edgar Howard once again joined in holy matrimony during a recent ceremony at Bethany Terrace Nursing Centre, located at 8425 North Waukegan in Morton Grove. In a formal exchange of vows delivered by Rev. Song, family members and residents joined the happy couple to mark this milestone in married life. When asked about the secret to a successful, long marriage, Ed confesses "Find the right woman who will put up with all your nonsense. I picked one of God's prime creations. She's been a wonderful wife and an excellent mother for our two sons, Eddie and Bill." Ollie and Ed have four grandchildren and two great grandchil-

Bethany Terrace has been providing its residents with the best and most advanced care in a home-like setting for 35 years. This extensive experience has positioned Bethany Terrace as one of the most knowledgeable healthcare organizatons in the greater Chicago area. For more information about Bethany Terrace, please call 847-965-8100.

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SUMMIT SQUARE of PARK RIDGE

Runges celebrate 50 years



The Runges on their wedding day. Heinz and Jane Runge, residents of Niles for over 35 years, will be celebrating their 50th wedding anniversary on February 18.

'Meet the Candidates Nights'

"Meet the Candidates Night" will be hosted by the DesPlaines Democratic Women's Club and the Northern Illinois Democratic Women, February 22, 2001, at St. Martin's Episcopal Church, 1095 Thacker, DesPlaines, 7 p.m. to 9

All filed candidates for the city of DesPlaines have been invited and Democratic candidates for Maine Township also have been invited. The candidates will speak on issues of community interest and have a question and answer period to follow.

Refreshments will be served. Public is invited to an informational evening with your representatives.

For more information please contact Norine Murphy 847-692-6382, Linda Sroka 847-583-8644 or Susan MacDonald 847-358-



A piece of undeliverable mail is called a nixie.

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* Carpal tunnel

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tate Farm Munial Automobile Insurance Company Call for details on coverage, costs, restrictions and renewal

Retirement / Nursing Home

Louis LaBarbera celebrates 105th birthday

by Barbara A. Mendelsohn

the war ended. While playing

Not surprisingly for age 98, complications followed Louis LaBarbera's cancer surgery. When jaundice set in, his attending physician made a statement to his family, saying "he'll be made as comfortable as possible." But when LaBarbera re-

covered the doctor shrewdly re-

an Luka, and Paula (Keith) Pa-

sowicz, lined up for photos and

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SKOKIE

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marked, "This man will live to He has. LaBarbera observed his 105th birthday on Feb. 7, 2001. Five generations, including his daughter Nancy Montalbano with her three daughters, Marti (Wally) Kazakeich, ViviCenter.

One of 12 children, 17-yearold Luigi LaBarbera followed his brother and sister to the United States "for a better life," he says. Arriving in Chicago in 1913, LaBarbera lived with his sister and worked at Continental Can Company as a canning op-

LaBarbera, 21 when the United States entered World War I. enlisted "to serve his country." After four months at the front in France, he was captured and spent the rest of the war doing farm labor in Germany.

Photos by Marc Kazakeich

Memorial Park

Cemetery and

Mausoleum

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Monuments - Markers - Burial Vaults

Private Estate Mausoleums

Five generations: shown I-r Louis' daughter, Nancy Montalbano,

her daughter, Marti Kazakeich; Kimberly Oliver (Marti's daugh-

ter) with her daughters Payton and Ashley, with great-great

"Substantial Pre-Arrangement Discounts Now Available"

He returned to Chicago after

Feb. 4 at the Holy Family Health

accordion at a christening party. he caught the attention of Vivian Castellano, a fellow guest. Louis and Vivian married in 1920 and over the years had four sons and one daughter.

For a time during the Great Depression, LaBarbera worked as a laborer in Lincoln Park. He joined National Tea Company in 1933, where he worked for 29 years, retiring in 1962 at age 66. The couple visited out West on several occasions, as their sons moved from place to place. La-Barbera also made trips back to

LaBarbera lost his wife in 1979. Following his surgery, he moved into the Holy Family Health Center, where he's the oldest resident, known to staff as "Louie."

While LaBarbera doesn't claim that life at 105 is a bed of roses, he enjoys his card games, especially Rummy with Dorothy, a lady-friend resident.

In addition to his daughter and son-in-law, Nancy and Paul Montalbano of Morton Grove, three sons are out of state---Michael in Arizona; John (Jackie) and Vincent (Connie), in Las



105 years young Louis LaBarbera.

Vegas. Eldest son, Vito, and wife Nancy, are deceased. Today his family totals seven grandehildren, 14 great grandchildren, and eight great-great

grandchildren, plus another expected in March.

Marti Kazakeich (Kaz) with "The Bugle" is one of LaBarbe-

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Retirement / Nursing Home

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day the completion of the pur-

chase of the reverse mortgage

business of Unity Mortgage

Corp. of Atlanta, Georgia, a pri-

vately owned mortgage compa-

Cholesterol, blood pressure, and body fat screening

Doctors Care, TLC in conjunction with the American Heart Aster at the corner of Dundee and Cholesterol, Blood Pressure, and Body Fat screenings on February 24, between the hours of 12 p.m. and 4 p.m. This event is being held at Doctors Care, 1359 Dundee Road in Buffalo Grove located

Hospital Beds

sociation will be offering Free Arlington Heights Road. For more information please call

No appointments are being made, just stop in for your free screening, and be proactive about your health.

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The newly merged entity will operate as Financial Freedom Senior Funding Corporation and

will now be the largest originator of reverse mortgages in the United States. In addition to offering the Fannie Mae Home Keeper and the FHA-insured Home Equity Conversion Mortgage reverse mortgage program, Financial Freedom Senior Funding Corporation offers the only

Financial freedom with

a reverse mortgage

private reverse mortgage in the U.S. for higher valued homes. Financial Freedom and Unity Mortgage originated a combined \$525 million of home value in reverse mortgage loans totaling more than \$2 billion in home value. Financial Freedom is now the second largest servicer of reverse mortgages with a servicing of approximately 12,000 loans.

Given over ten years of product development and consumer education, the reverse morgage industry is now poised for dramatic growth. The business also dovetails with the significant demographic shift occuring due to the "graying of America" and the increasing need for the funding of long-term health care for seniors. According to James R. Mahoney, CEO of Financial Freedom, "the combination of Financial Freedom and Unity Mortgage creates the strongest and most diverse lender in the country. We will be able to provide our customers comprehensive service and one-stop shopping for all available reverse mortgage programs."

A reverse mortgage is a loan for senior homeowners at least 62 years in age. The dollar amount available is based upon the age of the borrower, value of the home and current interest rates. Proceeds can be used for any reason and are paid to the borrower either as a lump sum, monthly payment, line of credit or any combination of these methods. The reverse mortgage does not required payment until the home is sold, or the borrower permanently moves out of the residence. There are no income

or credit requirements. HUD began sponsoring reverse mortgages with the Home Equity Conversion Mortgage ("HECM") program in 1988. Fannie Mae began purchasing HUD eligible reverse mortgages Continued on Page 29

LGH Senior **Breakfast** Club meeting

The Advocate Lutheran General Senior Breakfast Club will present a program on "Are You Sleeping?" from 8:30 to 10 a.m.

Services, are held once a month theran General Hospital, and feature presentations by health Seating is limited and reservations are required. To sign up, call 1-800-3-ADVOCATE (1-

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Retirement / Nursing Home

February programs at CJE

Council for Jewish Elderly offers the following programs, of interest to senior citizens and their families in Skokie. For further information for programs, please call CJE at (773) 508-

Thursday, February 15: Lyric Opera Music and Lecture: The Flying Dutchman by Wagner, is presented at 2 p.m., on Thursday, February 15 at Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie. Call (773) 508-1000.

Friday, February 16: Yiddish Music and Conversation, with Aviva May, 2 p.m., on Friday, February 16 at Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie. Call (773) 508-1000.

Thursday, February 28: Musical Favorites are performed by women's choral group Sunshine, on Thursday, February 28, at 1 p.m., Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie. Call (773) 508-1000.

Oakton's 'People and Places'

See the world through the eyes of seasoned travelers by enrolling in the People and Places lecture series offered by Oakton's Emeritus program. Two, four-week sessions are offered at the Ray Hartstein Campus, 7701 N. Lincoln Avenue, Skokie.

• Session I meets from 1-2:30 p.m. on Wednesdays, beginning March 7. Lecture topics include "Myanmar," "Cuba Today," "Poland" and "Sailing the Mediterra-

• Session II meets from 1-2:30 p.m. on Wednesdays, beginning May 2. Lecture topics include "The Oil-Rich Emirates," "Latin America," "Ulster and the Republic of Ireland" and "Germany."

Students age 60 and older who live in Oakton's district pay \$25 for each session. Those who live out-of-district or who are under age 60 pay \$30 per session. Proof of age and residency must be provided at registration. For more information, call (847) 635-1414.

Niles seniors receive **Certificates of Completion**



Cook County Sheriff Michael F. Sheahan (right) and Niles Police Chief Gerald Sheehan (left) congratulate Antoinette Galluzzo (left-center) and Sophie Laske (right-center) as the graduates proudly display their Serior Citizen Law Enforcement Academy Certificates of Completion. The Niles residents were among 28 seniors honored recently, after attending Academy classes at the Niles Senior Center, 999

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For more information on the Senior Citizen Law Enforcement Academy or to register for an Academy in your community, please call (773) 869-7725.



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United Methodist Community Support Services is a professional and personal approach to home care, enabling older adults to remain independent and safe in the comfort of their own homes.

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- **♦** Transportation
- Grocery Shopping
- ♦ Escort to Doctor ❖ Respite Care
- **❖** Companionship ♦ 24-hour Live-in Care

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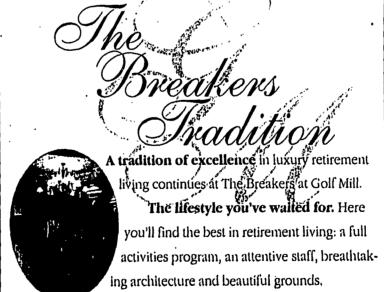
Service area east of Pulaski: 1415 W. Foster Avenue, Chicago IL 60640

Service area west of Pulaski: 3445 N, Central Avenue, Chicago IL 60634

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Friday, February 16.

Club meetings, sponsored by Lutheran General Older Adult in the 10 East cafeteria of Lucare professionals, free continental breakfast and social time. 800-323-8622).

Upcomimg programs include: "Fall Prevention/Home Safety" -- March 16; and "Managing Your Cholesterol" -- April 20.

Emeritus program offers new arts & culture classes

offered by Oakton Community College's Emeritus program begin soon at the Ray Hartstein Campus, 7701 N. Lincoln Avenue, Skokie.

On the Trail of Great, Small Art Museums of the World (ART B98-71, Touch-Tone 07217) explores the great, "out of the way" art museums of England, Africa, France, Italy, Israel and the United States. This class meets from 10 - 11:30 a.m. on four Mondays, beginning March 5. The course fee is \$50.

Fiction from Vietnam (ENG E02-71, Touch-Tone 07319) examines two impressive works

New arts and culture classes from different perspectives: The 2. The Course fee is \$50. Things they Carried by Tim O'Brien and The Sorrow of War: A Novel of North Vietnam by Bao Ninh. This class meets from 10:30 - noon on five Mondays, beginning March 5. The course fec is \$60.

A Century of Chicago Sculpture and Gardens (ART B99-71, Touch-Tone 07318) highlights the beautification of Chicago's lakefront and landscapes since the 1893 World's Fair, including the newly renovated Japanese Garden, Garfield Conservatory and Museum Park. This class meets from 10 - 11:30 a.m. on four Mondays, beginning April

Master Filmmakers: The Cin-

ema of Stanley Kubrick (HUM E81-71. Touch-Tone 07328) is an exploration of the vision of the admired filmmaker who expanded the language of cinema through his use of imagery and innovative storytelling techniques in such films as 2001: A Space Odyssey and Dr. Strangelove, or How I Learned to Stop Worrying and Love the Bomb. Four films from his extraordinary body of work will be screened and discussed. This class meets from 9:30 a.m. -12:45 p.m. on four Tuesdays, beginning April 17. The course fee is \$80.

Verdi, 100 Years After - Part II (MUS B43-71, Touch-Tone 07336) explores the development of Verdi's style of composition, using examples of his works from different periods and showing how he -- like no other composer -- infused drama with music. This class meets from 2:30 - 4 p.m. on four Tuesdays, beginning April 24. The course fee is \$50.

Spirituality in Music, Part I (MUS S36-71, Touch-Tone 07343) highlights instrumental and choral/vocal works, from baroque to classical, with an emphasis on liturgical music. This class meets from 10 - 11:30 a.m. on four Wednesdays, beginning March 21. The course fee is \$55.

Students age 60 and older who live in Oakton's district pay half the listed fee. A registration fee of \$5 is required for students under 60 and for those who live out of district. Proof of age and residency must be provided at registration. Persons who have registered for Oakton or ALL classes within the last five years and have a Social Security number on file may register using the Touch-Tone system by dialing (847) 635-1616. Touch-Tone registration requires payment using a major credit card (Visa, MasterCard or Discover). For more information, call (847) 635-1414.

Parkinson's

Support Group

meeting at Regency

Regency Healthcare and Re-

habilitation Centre will be spon-

soring a Parkinson's Support

Group meeting on Sunday Feb-

ruary 18th, 2001 at 2 p.m. Meet-

further information contact Sher-

on, Occupational Therapist at

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Morton Grove Senior Citizens 470-5223

The second of th

"LONG TERM CARE INSURANCE"

At 10:30 a.m. on Tuesday, Feb. 20, and again at 7 p.m. on Tuesday, Fcb. 27 at the Prairie View Community Center, Long Term Care specialist, Lester Weinberg, will present problems and solutions of long term carer. Find out how long term care insurance can help protect assets, how to "avoid being a burden," and assure quality of care. Current provisions of Medicare and Medicaid as related to long term care will also be discussed. This seminar is valuable to retirees as well for those considering retirement. Call Catherine Dean at the Morton Grove Park District, 965-1200, to reserve a space at either of these free seminars.

HEARING SCREENING AT VILLAGE HALL

Resurrection Hospital's Clinical Audiologists will be conducting free hearing screenings from 9:30 a.m. to 12:30 p.m. on Tuesday, Feb. 20 in the Morton Grove Village Hall. The screening, which takes about 10 minutes, will determine whether further testing is necessary. Those who fail the screening will be referred to their personal physician for follow up. A variety of literature will be available on hearing services, hearing aids, and amplification devices. For an appointment, please call the Morton Grove Senior Hot Line at 470-5223 any weekday morning from 9 a.m. to 12 noon. For details about this screening or for other health concerns, contact Village Nurse, Mary Kay Andreoni at 663-6109.

VISUALLY IMPAIRED MOTIVATORS

The Morton Grove Visually Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 10 a.m. on Tuesday, Feb. 20 in the Morton Grove Village Hall. They discuss everyday problems of living with low vision and possible solutions. A community nurse and a licensed clinical social worker assist the group as they exchange ideas on the latest technology and assistive devices available and share what has worked for them individually. They support each other! Other activities include guest speakers and field trips. For more information please call Richard Englund at 965-8517.

DRIVER SAFETY PROGRAM

AARP'S "Driver Safety Program" formerly known as the "55 Alive Mature Driving Course" is an eight-hour two-day course for older motorists. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes in improving their driving skills. Additionally, drivers will find that by completing this course they can receive a discount on a portion of their automobile insurance. The next course offered at the Morton Grove Village Hall Senior Center starts at 8:30 a.m. on both Thursday, Feb. 22 and Saturday, Feb. 24. The cost of the course is \$10. Call the Senior Hot line at 470-5223 to sign up.
"MY FAIR LADY" AT PHEASANT RUN

Follow Eliza Doolittle's Cinderella-like transformation from flower girl to fairest lady of them all as we travel to the Pheasant Run Resort Theatre on Thursday, Feb. 22. This heartwarming and humorous classic features musical favorites such as, "I Could of Danced All Night," "The Rain in Spain," "On the Street Where You Live," and "Get me to the Church on Time." Lunch is included and the menu selection consists of roasted loin of beef, grilled port medallions or pan roasted chicken breast. Come be a part of this award-winning entertainment joined with fine cuisine in an intimate atmosphere.

The bus leaves the Prairie View Community Center at 11 a.m. and returns at approximately 5:30 p.m. The cost is \$52 for residents and \$60 for non-residents, Register at Prairie

GOLF MILL SHOPPING

Seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, Feb. 27 should call today to reserve a seat on the Seniortran. Home pick-ups begin at 10 a.m. with arrival at Golf Mill at 11 a.m. Shop and browse for three hours until the Seniortran returns shoppers home at 2 p.m. Mall trips are scheduled on the last Tuesday of every month at no cost. Call the Morton Grove Senior Hot Line at 470-5223 for a reserva-

* * * * * * * * * * For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at 470-5223, or the Prairie View Community Center at 965-1200.

Niles Senior Citizens 588-8420 - 588-8000

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center offers FREE membership to Village of Niles residents, age 62 and over, and their younger spouses. To register for classes, trips, or purchase tickets, you must be a member of the Center. To register to become a member, please drop in and fill out an application, or call us and we will mail one

NILES - ONLINE

Visit the Village of Niles online at www.vniles.com. Learn more about the Village and its services, 24 hours a day, 7 days a week. While online, take a moment and give us your thoughts through our online survey. Help us make this site work better for

CIRCUIT BREAKER AND

PHARMACEUTICAL ASSISTANCE APPLICATIONS Need help paying for your prescription drugs? If you are age 65 or older or if you have a disability, find out if you qualify for this program, call 588-8420.

FEBRUARY TICKET SALES **BEGAN FEBRUARY 5** Call For Ticket Availability

Poker Tournament - Friday, Feb. 23, 12 to 3 p.m. Come and play seven-card stud and five-card draw. \$3.50 includes

Lite Lunch & Movie - Friday, March 2, 12 to 3 p.m. At 12 noon, enjoy a hot dog & chips. At 1 p.m., see Frequency (PG-13, 2000) starring Dennis Quaid. NYC cop finds he is communicating with his deceased father, a former fireman, through his old radio. Cost:\$2.50.

Sunday at the Center: Foot Stompin' Good Time - Sunday, March 4, 11 a.m. to 3:30 p.m. Join us from 11 a.m. to 3:30 p.m. for a fun afternoon featuring a Bar-B-Q Chicago lunch from 12 to 1 p.m. Then let your feet do a little stompin' with Line Dancing lead by Marion Zehner and Irv Eisenstein and the music of Emil Bruni. Cost: \$7.

Evening at the Center: An Irish Celebration - Thursday, March 8, 5 to 8:30 p.m. Welcome the Irish Heritage Singers from the Irish American Heritage Center in Chicago, under the direction of Chuck Kessell, Music Director at St. Isaac Jogues. Prior to the performance, we will enjoy a meal featuring Salad, Beef Stew on a Puffed Pastry and Dessert. (Meal is served from 5:30 to 6 p.m.) Cost: \$8.

Bobby Vinton in Concert - Thursday, March 22, 10:45 a.m. to 5 p.m. Join us as we return to Drury Lane Evergreen Park to see Bobby Vinton. First we'll enjoy a meal featuring your choice of Baked Scrod or Butt Steak. Cost: \$49.50.

Ghost Hunters Luncheon - Friday, March 23, 12 to 3 p.m. True ghost stories of Chicagoland! "Take an armchair tour of Chicago's most haunted locations." Learn about our local tales as Ghost Hunter Richard Crowe guides us along. Italian Beef Sandwich and Cole Slaw Lunch (served 12 to 1 p.m.) Cost: \$6.

YES! DAY AT MAINE EAST

Yes! Day at Maine East is on February 15, starting at 8 a.m. Join a combination U.S. History and Bilingual/ESL (English as a Second Language) class of 25 students from 10 different countries. The students will read essays of their "American Journey," from the day of departure from their native land, their first days here, to the present. The students would like to share their stories and pictures with you and hear your own stories of facing challenges in America. Call Kelly for more information, and to regis-

FOR YOUR HEALTH - FEBRUARY FEBRUARY 16 DIABETIC SCREENING

Friday, 9 a.m. to 11 a.m., Room 204. If you're a diabetic or think you may have diabetes, make an appointment to have your blood sugar checked. Cost: \$1.

FEBRUARY 28 COMMUNITY CHEST PAIN AWARENESS PROGRAM

Wednesday, 11 a.m. Dr. Dadkhah, Cardiologist from St. Francis Hospital, will lecture on recognition, identification and treatment of a heart attack. The performance of a non-fasting cholesterol, HDL, and LDL test and blood pressure check will be provided. Dr. Dadkhah will also be available for a one-to-one discussion on the individual's risk of a heart attack. Appointment

Pneumococcal Vaccine is still available. Contact Terry Dalla Valle, RN, BSN, for an appointment.

55 Alive safe-driving course

Advocate Lutheran General Hospital's Senior Advocate program and the American Association of Retired Persons (AARP) is offering 55 Alive, a twosession safe driving refresher course for experienced motorists 50 and over.

The eight-hour course is taught in two, four-hour sessions spanning two days. The sessions will be held from 9 a.m. to 1 p.m. Saturdays, February 17 and 24, in the Special Functions Dining Room on the 10th floor of

Seniors to celebrate park's 50th anniversary

Seniors celebrate the Morton Grove Park District's 50 year anniversary on Tuesday, February 20 at 6:30 p.m. at the American Legion Hall, 6140 Dempster St. Dinner will be served at 7 p.m. followed by the Morton Grove Jazz Band for entertainment and dancing.

Enjoy the great tunes of Count Bassie, Woody Herman, Benny Goodman, Buddy Rich and more. Register at the Prairie View Community Center, 6834 Dempster St. The cost is \$10 for residents and \$13 for nonresidents.

Bus service will be provided for Morton Grove Senior Citizens. For more information, call Catherine at 965-1200.

American Legion Gladstone Post 777 meeting

The American Legion Gladstone Post #777 next meeting will be Feb. 16 at 8 p.m. at the P.NA Youth Council Hall, 6038 W. Cicero Ave., Chicago. All eligible veterans are cordially invited to join our friendly Post.

Refreshments will be served. For info call 1-773-685-9568.

Read the Bugle For subscriptions call (847) 588-1900 Lutheran General Hospital, Park Ridge. Participants must attend both dates to become eligible for a reduction in car insurance

There is a \$10 fee for the program. The class size is limited. To register, call 1-800-3-ADVOCATE (1-800-323-8622).

The course helps drivers refine existing skills and develop safe, defensive driving techniques. Topics covered include age-related physical changes (vision, hearing, reaction time) and ways to compensate for those changes, traffic safety rules of the road, new laws, hazardous driving situations, effects of

medications on driving ability, and proper use and maintenance of vehicles

Future 55 Alive sessions will be held at Lutheran General Hospital on the third and fourth Saturdays of every month through October.

The 55 Alive program, which was developed by the AARP in 1979, is the first and most recognized comprehensive nationwide course created especially for older drivers. Upon successful completion of the course, graduates of 55 Alive may be eligible to receive a state-mandated multi-year discount on their auto insurance premiums.



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Retirement / Nursing Home

Seniors receive Certificates of Completion



Cook County Sheriff Michael F. Sheahan (right) and Niles Police Chief Gerald Sheehan congratulate Niles resident John Kutyla (left-center) and Park Ridge resident Frank Summers (right-center) as the graduates proudly display their Senior Citizen Law Enforcement Academy Certificates of Completion. The north suburban seniors were among 28 seniors honored recently, after attending Academy classes at the Niles Senior Center, 999 Civic Center Drive.

Sheriff Sheahan initiated the Academy to give participants a better understanding of the responsibilities of law enforcement officials as well as advice on personal safety and crime prevention. Academy graduates will tour the Cook County Jail later this month as the final segment of their "law enforcement

For more information on the Senior Citizen Law Enforcement Academy or to register for an Academy in your community, please call (773) 869-7725.

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Home-Like Environment

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Respite & Short Term Stays

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Enriching Recreational Opportunities

Norwood Park Home yields to pressure

withdrawn from purchasing the property currently occupied by Our Savior Lutheran School and the parsonage at 6035-49 N. Northcott Ave.

The Lutheran Church announced in September that it had agreed to sell the properties to the Norwood Park Home as a means to finance construction of

It planned to hold classes in the current facility through the 2002 school year, after which the properties would be turned over to Norwood Home, and their replacement school begun.

The plan was opposed within the community because of concerns over the Norwood Home plan. Questions were broached about the amount of off-street parking and about zoning, i.e., the size of the building relative to the size of the lot.

Norwood Park Home's plan included a 3-story building with 66 units designed to fit on the space of the present building. This use of the footprint would have preserved green space, according to Norwood Park

The Norwood Park Home has Home's administration, who added that further green space would result from an increased setback off Northcutt Avenue in compliance with zoning.

At a meeting of the 41st Ward Zoning Advisory Board, community representatives recommended the Home build part of its expansion on its own property and make design changes that would decrease the project's impact on the community.

Afterward, the Norwood Park Home issued a statement saying that complying with the recommendation would significantly reduce the size of their project. and that a feasibility determination on the changes would require several months to assess.

Norwood Park Home's president defended its proposal and took issue with the opposition in a written statement, saying, "the community forced the Home to produce hypothetical renderings, as well as financial justification, something that has never been requested (of) anyone else appearing before the zoning board We believe it is a travesty that a handful of vocal obstructionists can be so disruptive as to derail a project whose sole purpose is to meet the needs of Norwood Park-area seniors."

Local board member Shari Centron, who had opposed the plan, believes that single family residences belong on the school property. She questions the Home's interpretation of the setbacks and commented that the community would continue to work towards establishing landmark status for the parsonage to prevent its demolition.

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Retirement / Nursing Home

Workshop on the ABC's of Alzheimer's disease

(Skokie) If you are worried about someone who has memory problems or know someone who has been diagnosed with dementia, the Alzheimer's Association-Greater Chicagoland Chapter is presenting a free workshop called the ABC Program: Alzheimer's: Beginning to Cope, Saturday. February 17, 2001 at the Gail Borden Public Library, 200 N. Grove in Elgin at 2 p.m.

The workshop will cover the following topics: The difference between normal aging and dementia, the diagnostic process. what to expect as this disease progresses, and how family and firends can help the person with dementia. The workshop is open to the public and pre-registration is requested.

For more information or to register for the ABC Program call the Alzheimer's Association-Greater Chicagoland Chapter at 847-933-2413. For more information about Alzheimer's disease and related disorders, call the Alzheimer's Association-Greater Chicagoland Chapter Helpline at 1-888-301-1819 and visit our website at www.alzchi.org.

Senior group urges prescription drug coverage for all seniors

(NAPS) -- Low income seniors are not alone in their need for prescription drug coverage. Medicare recipients with the highest average out-of-pocket drug expenses are those with incomes of \$15,180 to \$22,368 well above the federal poverty level. Most of those Medicare recipients are likely to lack prescription drug coverage despite having supplemental or "Medigap" insurance.

Some Congressional leaders have proposed limiting any new drug benefit to Medicare recipients whose income is close to the poverty level. One Washington group disagrees.

TSCL is a national group of politically active seniors. For more information about the organization, send a self-addressed business-size envelope and \$1.00 for shipping and handling to TREA Senior Citizens League, Dept. N933, 909 North Washington Street, Suite 300, Alexandria, VA

Financial . . .

Continued from Page 24

in 1989 and instituted its Home Keeper* program in 1995. Fannie Mae is currently the largest investor of reverse mortgages with a total portfolio exceeding some 36,000 loans..

Financial Freedom is the only reverse mortgage company en-dorsed by the National Council for Senior Citizens, a senior advocacy and consumer protection organization.

Saint Benedict Nursing and Rehabilitation Center



Ms. Esther Ruth Flor, a former resident of Saint Benedict from 1987-1991, presented a personal gift of \$5,000.00 to the Friends of Saint Benedict, as a token of her appreciation for the care she received as a resident.

Virginia H. Moore (left), Friends of St. Benedict, Esther R. Flor. The Friends of St. Benedict is a volunteer organization committed to raising funds for the benefit of the residents and clergy who

A "stone" has been placed at the base of the Growing Tree pictured on the wall, with the inscription: "Donated by Esther Ruth Flor in Memory of her parents Andrew and Louise Flor."



WITH 25 YEARS OF EXPERIENCE, NOBODY KNOWS ALZHEIMER'S CARE BETTER THAN WE DO

For 25 years, Glenview Terrace Nursing Center has been quietly building a reputation of providing quality skilled nursing care to residents of Chicago's North Shore community. The compassion and clinical excellence of our nursing, medical and therapy staffs have been recognized with the highest accreditation possible by the Joint Commission on Accreditation of Healthcare Organizations - Accreditation with Commendation.

It is with the same compassion and clinical excellence that we developed our Alzheimer's Care Unit - a unit that separates early, middle and later stages of the disease to enhance optimum health, dignity and physical functioning. Residents with early stage Alzheimer's can still enjoy an independent environment with structured activities and supervised outings. Middle stage residents receive the necessary redirection and cues to enhance existing abilities. And, residents with late stage Alzheimer's additionally receive the skilled nursing care required to address their changing physiological needs.

Our intensive, activity-focused programming is individualized and structured to meet the needs of the resident during every stage of the disease and is supervised by staff specially trained by Alzheimer's experts to provide exceptional clinical care and compassionate emotional support. Monthly family support groups and a resource center help provide needed information for families to help them cope in their role as caregiver.

EXPERIENCE -- EXPERTISE -- COMPASSION. Glenview Terrace has the Alzheimer's Care to help each individual during every stage of the disease. For information regarding our Alzheimer's Care Unit, call Barb Wilczynski at (847) 729-9090.



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Retirement / Nursing Home

Hartwell House, an elegant assisted living residence

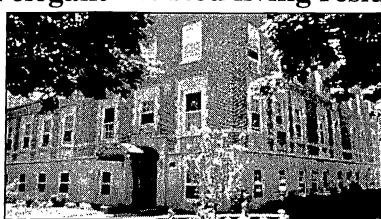
The former convent across the terior has been thoroughly modstreet from St. Gregory's Church on Chicago's north side has undergone a remarkable transformation. The building, first sold by the Church in the late 1980's, was acquired in 1997 by United Methodist Homes & Services and has been renovated into an elegant assisted living residence for older adults called Hartwell

While the renovation painstakingly preserved the vintage exterior of the building, the in-

Resurrection

Health Care

ernized. Private resident suites with private bathrooms have replaced the former convent's small bedrooms and common bathrooms. A full-service, commercial kitchen has been added to accommodate resident meals, which are served restaurant-style three times per day in an elegantly appointed dining room. A portion of the chappel has been restored, retaining the original stained glass windows, while the remaining area has been trans-



Our Lady of the Resurrection Medical Center

Resurrection Medical Center Northwest Chicago

St. Francis Hospital

.Westlake Hospital

When you're feeling sick and miserable, it's sometimes hard to decide what to do to feel better. Should you just treat yourself at home, or is more serious medical care needed? Now there's help available through the Resurrection Nurse Advice Line-open 7 days a week from 8 a.m. to 8 p.m. Our experienced registered nurses will discuss your condition with you and get you to the care you need. It's reassuring and absolutely free. So don't hesitate to give us a call. Especially in the heat of the moment.

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*Quantities limited to the first 1,000 callers. One thermometer per household please. Resurrection employees and their immediate families are not eligible. Offer expires 2/28/01

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NURSE ADVICE PHYSICIAN REFERRALS HEALTH TIPS

formed into a cozy lounge complete with fireplace. An elevator was added to the building to provide full accessibilty to all

Nestled in a tree-lined residential block of West Andersonville, Hartwell House offers a vibrant living community for older adults in need of some assistance with activities of daily living. Residents enjoy all the comforts of home and the security of knowing that help is available 24 hours a day. A full array of educational, cultural, and social activities are a part of the community calendar. Transportation services are provided for shopping and other outings. The new chapel serves as a quiet meditation room as well as host to interdenominational worship services for residents and guests.

Hartwell house is the newest addition to a full continuum of housing and supportive services provided by United Methodist Homes & Services, a nonprofit and nonsectarian organization with more than 100 years of service. United Methodist Homes & Services operates The Methodist Home, a skilled nursing facility at 1415 West Foster. Additionally, its United Methodist Homemaker Services provides in-home caregivers who assist older adults with such tasks as light housekeeping, meal preparation, grocery shopping, personal care and companionship.

For more information, or to schedule a tour of Hartwell House, please call Rosalie at (773) 275-2400.

Free bone density scan at Grosse **Pointe Manor**

A free bone density scan will be held at Grosse Pointe Manor on February 28, 2001 at 11 a.m.-2

Obtain a computerized color printout of the mineralization and strength of your bone structure within two minutes. Confidential, non-invasive and you keep your report.

Free hot lunch buffet to follow, Dexa/Pixi/ultrasound of the heel bone uses non-invasive technology. A community service provided through Grosse Pointe Manor: a skilled nursing facility, 6601 West Touhy Ave., Niles, Corner Touhy and Grosse Pointe Ave. RSVP to Sherry at 847-647-9875, ext. 105.



Tooth enamel is the only part of the human body that remains unchanged through-

Library and Parks News

Morton Grove Park District

Teens D.J. Party - All stulents in sixth through eighth grade are invited to join the Teens Charge group. Coming up in February is a Super. Saturday Special on February 17. This event will be held at the Prairie View Community Center from :30 p.m.-9:30 p.m. For more inormation, call Sue Braubach at 847-965-1200.

Teen Ski Trip - Morton Grove eens can join us for a day of sking at Devil's Head in Merrimae Wisconsin on Saturday, February 24 from 6 a.m.-9 p.m. Fee of \$78 includes lift, lesson and rental. Fee of \$56 is for lift and lesson. We will depart and return to The Spot Teen Center, 8212 Lincoln, Skokie. Registration deadline is February 16.

Mother & Son Mystery Workshop - Moms come join us as you and your son(s) can work together to solve this mystery. Test your wits, catch the crooks and earn your certificate! We will have dinner and then enjoy a mys-tery party provided by The Mystery Shop. This event will be held on Saturday, March 17 from 6:30 p.m.-9 p.m. It is open to boys ages 8-12. Cost is only \$27 per couple for residents and \$13 for each additional son. Non-Residents -\$35/couple and \$17 per additional son. Any questions, call 965-

Family Fun: Night - Bring your family to the Prairie View Community Center on Saturday, p.m. the theme will be Retro 70's Night. This event is open to only Morton Grove residents. Proof of residency is required at checkin. Parents must accompany ALL children. Nerf Football Clinic - The Morton Grove Park District still

February 24 for an evening of

fun. Enjoy organized games and

activities from 6:30 p.m. to 8:30

has openings in its second session of nerf football which begins Monday, March 5. Class is held at the Prairie View Community Center from 5 p.m.-6 p.m. Developed by Chris Martin, former Chicago Bear and Northwestern Rose Bowl participant, this class offers the chance to develop skills and learn the exciting game of football. Passing, receiving and defensive techniques are all taught in a non-contact environment. The program is open to kids in grades 1-6. Cost is \$60 for residents and \$78 for nonresidents. Hurry in to sign up.

Piano Lessons - The Morton Grove Park District has just opened up a new piano class on Friday evenings. Children will learn proper techniques and theory from Kevin Cline, an outstanding performer and teacher. Classes are 1/2 hour and are available for children 7 years and up. Cost for a 17 week session is \$273 for residents and \$355 for nonresidents. If you have any questions, please call the Park District

Lincolnwood **Public Library**

\$20,000 Illinois First Grant The Lincolnwood Public Library has received a \$20,000 IIlinois First Initiative Grant for fiscal year 2001, according to Library Director Kellie Flynn, The grant will be used to purchase and install six new computer stations for pubic use that offer Internet capacity along with other online research services. State Senator Ira Silverstein was instrumental in securng the funding for the library.

The library has also joined NorthStarNet, which is a community information computer network sponsored by the North Suburban Library System, The web site has a five-year record of providing community data and has more than 2 million page views per month. Lincolnwood will regularly contribute information to the network's content and will benefit from the traffic that the site receives. The library is located at 4000 W. Pratt Ave.

Travel talk on Mexico World traveler Sanford Goldman goes Beyond Mexico in a program in the next Travel Through Time series at the Lin-

colnwood Public Library on Friday morning, February 16. Goldman will tour Pre-Columbian Xochicalco, one of the most important archeological sites in North America, the county of the Mayans, Cancun and Tulum, Chichen Itza and more. The library is located at 4000 W. Pratt Ave. Coffee at 10 a.m.; program at 10:30 a.m.

Photography exhibit

Photography of the Loire Valley, Venice, Milan, China and Japan by Kayellen Hartman Hoffmann will be on display at the Lincolnwood Public Library, 4000 W. Pratt Ave., from February 17 to March 31.



Benet and Stephen Vincent Benet each won Pulitzer Prizes for poetry in the 1940s.

Niles Park District events

Bright Beginnings Preschool. Prospective parents are invited to observe any three or four year old Niles Park District preschool class during the week of February 28. Appointments are necessary. Please call (847) 967-6633 to make a classroom visitation appointment. Preschool registration for the 2000-2001 preschool program will begin March 20 for residents and March 27 for non-residents. Registration will be accepted at the Howard Leisure Center, 6676 W. Howard Street, until all classes are filled. For more information on our Bright Beginnings Preschool Program, please stop in

(847) 967-6633. NEW School's Out Camp. Kids ages 6-12 are invited to spend their day off from school at Niles Park District's NEW funfilled camp! The morning begins at IceLand, 8450 Ballard Road, for step aerobics, erafts, a half hour skating lesson and open iceskating. After lunch, transportation will be provided for campers to finish the day at Grennan Heights, 8255 Oketo, for volleyball, basketball, games and crafts. Bring a sack lunch & beverage. Snacks will be provided. Camp dates are Monday, February 19 & Monday, March 5 from 8 a.m.-5

the Howard Leisure Center or call

p.m. Camp fee per day is resident \$25 and non-resident \$35. For more information, call Niles Park District (847) 967-6633. Get a group of friends together and register early for this action packed camp experience.

Join a Creative Children's Class.

Little Chefs.

Niles Park District Little Chefs is a class that will teach your child ages 3-5 years a variety of bake and non-baked recipes. Tasting, sharing, and more will add to the

fun of this class. A recipe book will be sent home at the end of the session. Classes begin on Thursday, February 22 from 12:30-

Budding Picassos

Arts and crafts, stories and songs are just a few of the creative enhancers awaiting your 2-5 year old at Niles Park District Budding Picassos class. This class can get a little messy, so please dress your child in play clothes. Parents are welcome to stay and participate in the fun.



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Church and Temple News

Morton Grove Community Church calls for earthquake assistance

On January 26, a 7.9 magnitude earthquake hit western India and eastern Pakistan. More than 6,200 bodies have been recovered. The death toll is expected to triple. 35,000 people have been seriously injured and 150,000 are still feared trapped in debris across Bhuj, and other towns in Kutch district.

Church World Service (CWS) is providing blankets for 15.000 survivors in western India. \$75,000 to CWS partner Church's Auxiliary for Social Action (CASA), is making distribution of the blankets possi-

CWS is also providing \$50,000 to CWS Pakistan for blankets, ground sheets, and plastic tarps for 1,000 families in the Mirpurkhas division of Sindh Province, Pakistan. These rural poor families, living some 50 miles from the epicenter of the earthquake in a remote area Pakistan, have lost their homes and livelihood.

Your prayers and financial

support make possible these and other life sustaining programs. Gifts marked "Indian Earthquake" made out to Morton Grove Community Church, 8944 Austin Avenue, will be sent promptly and directly to Church World. For more information visit the Church World Service Website www.churchservice.org. Go to

the Hotline. To receive the Hotline via e-mail, please send your address to jacke-mail

Morton Grove Church 50th Anniversary

Morton Grove Community Church (MGCC) was organized on April 1, 1951. It is celebrating its 50th anniversary with a special Jubilee Dinner at the Holiday Inn -- North Shore, 5300 W. Touhy Avenue, Skokie, on Saturday, March 31, at 6:30 p.m., and a special Jubilee Service of Worship on Sunday, April 1, at 10 a.m., in the church Sanctuary located at 8944 Aus-

The Jubilee Dinner marks the first of a number of Jubilee activities during the year. Anyone who desires to attend the dinner should call MGCC at 847-965-2982. The Jubilee Service of Worship will feature the preaching of Alton Goodenberger, the first organizing pastor. As for all activities and programs, everyone is welcome to participate.

Many long-time Morton Grove residents will remember that MGCC once had a carillon. As a gift for the community, the crisp sounds of Flemish bells will peal once again from the steeple of MGCC. The congregation's board of elders has established a special fund for a Schulmerich Carillon, Gifts for the fund may be made to MGCC and designated "Carillon."

Obituaries

EILEEN F. PATRIS

Eileen F. Patris, 76, of Morton Grove, died January 25 at Lutheran General Hospital, Park Ridge. She was born February 9, 1924 in Chicago. Beloved wife of the late Victor. Beloved mother of Ron and Jeff (Denise). Grandmother of Kyle and Rachel. Sister of the late Edwin Short. Services were held Monday, January 29 at St. Martha Catholic Church, Morton Grove. Arrangements handled by Simkins Funeral Home. Interment was in Ridgewood Cemetery, Des Plaines. Memorials to: American Cancer Society, 820 Davis Street, Suite 206A, Evanston, IL 60202.

CARL J. THUERK

Carl J. Thuerk, 83, of Morton Grove, died January 15 at Evanston Hospital. He was born July 26, 1917 in Evanston. Beloved husband of Margaret, Beloved father of Barbara. Services were held Friday, January 19 at St. Martha Catholic Church, Morton Grove. Arrangements handled by Simkins Funeral Home. Interment was in All Saints Cemetery, Des Plaines. Memorials: Masses appreciated.

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AGNES NIEMIEC

Agnes Niemiec, 89, of Burlington, died Friday, January 19. She was born January 14, 1912 in Chicago. Beloved wife of the late Frank Niemiec and of the late Andrew Wawrzyniak. Beloved mother of Andrew (Ann Marie) and Kenneth (Joanne) Wawrzyniak and step mother of Joseph (Sharon) Niemiec. Stepgrandmother of 5. Step-greatgrandmother of 7. Sister of Alice Popielewski and the late Lorraine Rajzner. Services were held Wednesday, January 24 at St. Isaac Jogues Church, Niles. Arrangements handled by Colonial-Woiciechowski Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

KRISHAN GAURI

Krishan Gauri, 92, of Chicago, died Wednesday, January 17 at Hospice of the North Shore, Skokie. He was born September 13, 1908 in India. Beloved husband of the late Satvati. Beloved father of Inder (Prem), Narinder (Renee) and Harish (Nandita) Gauri. Grandfather of Anfali (Marc) Gottreich, Andre (Kristen), Anish, Amit, Rishi and Trisha Gauri. Great-grandfather of Julia and Claire Gottreich. Services were held Saturday, January 20. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Acacia Park Crematory, Chicago.

Order your seder meal now

Back by popular demand, the Sisterhood of Beth Hillel Congregation-Wilmette is offering delicious and traditional Kosher for Passover food prepared in the synagogues's own kitchen. You can order a complete seder meal from chicken matzo ball soup & main courses to side dishes and gourmet desserts, or if you prefer, a la carte.

Deadline for orders and checks is Thursday, March 15. For further information and to place orders, please call (847) 256-1213, ext. 70,

Renewal of Spirit service planned

Congregation B'nai Jehoshua Beth Elohim, Glenview, has planned a Renewal of Spirit Sunday morning service for Sunday, February 18, from 10:45-11:45, in the sanctuary at 901 Milwaukee, for those who wish to feel good in the presence of God and let go of their cares and burdens.

The service will be co-led by clergy and Sandy Krebs, Wilmette, a lay leader.

For information contact Shari Bauer (847) 729-7575 or on-line at http://www.bjbe.org

Church and Temple News

Outreach Shabbat

dinner and

Shabbat Morning Minyan starts earlier

Congregation B'nai Jehoshua Beth Elohim, Glenview, has announced an earlier start for the weekly Shabbat Morning Minyan and Torah Study to 9:30 a.m.

The Minyan, is intimate, participatory, informal and open to everyone of all ages, proficient in Hebrew or not. Held in the Congregation's Youth Lounge, it is a lay-led service that includes one or more of the Rabbis every week. The service combines Engof many familiar songs. The Torah service includes lively discussions of the Torah portion of the week. Kaddish is said, remembering loved ones who have died; and a Kiddush featuring homebaked challah and wine or grape inice is serviced.

For information contact Shari Bauer (847) 729-7575 or on-line at http://www.bjbe.org

Niles Community Church

On Sunday, January 28, 2001, members and friends of Niles Community Church (Presbyterian USA) at 7401 Oakton Street (between Harlem and Milwaukee Avenue) prepared a table of special desserts and snacks to welcome their new minister, the Reverend Steven Howery. Pastor Howery returns to Illinois to lead the congregation into the new millennium and to be nearer the Howery families. He will contin-

ue to share time with the children and services are conducted from the floor.

We have a special place for everyone - a care group for babies, Sunday School at 9:45 a.m. for the children and worship service at 10 a.m.

Make it a point to stop in on Sunday to see your friends, make new ones and greet Pastor Steven

The universe is change, life is understanding. -Marcus Aurelius

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service planned lish and Hebrew and the singing Congregation B'nai Jehoshua Beth Elohim, Glenview, is offer-

ing a special Outreach Shabbat service, Friday night, February 23, at 8 p.m. The keynote speaker for the evening is the charismatic Mimi Dunitz, Associate Director of the Union of American Hebrew Congregations, Great Lakes Region. A dinner preceding services will start at 6 p.m.

Outreach is for those who are thinking about becoming Jewish, or have recently become Jewish. It is also for those who are intermarried or have non-Jewish relatives. Outreach is also for everyone in the Jewish community who can be educated and sensitized as to how we can be receptive to Jews-by-choice and internarried families.

The dinner cost is \$8 for adults and children over 8 years of age, \$5 for children 3-7 years of age and free for children under 2. Vegetarian meals are available upon request.

For information/dinner reservations contact Shari Bauer (847) 729-7575 or on-line at http:/ www.bjbe.org

The Niles Township **Jewish Congregation**

Ezra-Habonim, The Niles Township Jewish Congregation will have a full schedule of ser-Erev Shabbat Services at 8

Shabbat Morning Services at

Nightly services at 7 p.m. Mon-Thursday and 6 p.m. Satur-

day & Sunday. All are invited to attend. Friday, February 16 Family Shabbat Dinner & JUF Shabbat

Service to show our support of the important work of the Jewish Federation. For reservations and information call Sara Cohn 847-As a special service to the com-

munity Ezra-Habonim, The Niles Township Jewish Congregation invites all new parents to have the baby naming at our synagogue. This time honored tradition is available now for you and your family. Membership is not re-

Joyously celebrate the birth and naming of your baby with your family and with our Congregational Family on Friday evenings or Saturday mornings at our nspirational services. For information call 847-675-4141. Gan Yeladim, the NAEYC Ac-

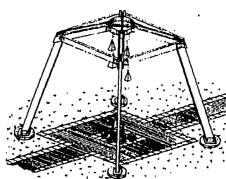
credited, EArly Chiuldhood Program of Ezra-Habonim, The Niles Township Jewish Congregation, is accepting enrollment for their summer and fall 2001 programs. Gan Yeladim offers both half and full day programs 3-4 or 5 days a week, for children ages 2 to 5, in a warm, nurturing developmentally appropriate Jewish environment. For information call Betsy Rotberg at 847-675-4152.

Mark your calendars April 28, 7:30 p.m. "A Night At The Races" at EHNTJC, 4500 Dempster. 10 exciting Video Horse races. Entertainment - Fun - bid on great prizes with your "race money.

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MILLENNIUM

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St. John Brebeuf Parish invites parishioners, friends, local businesses and supporters to participate in a parish project to provide funds to refinish the pews, paint the metal window frames, and continue maintenance of the chuch building,

The Millennium Chime Tower and Walkway connects the church and school for safer passage for children. It provides a safe walkway to the South parking lot and another place for prayer.

Please give generously. There are five (5) donation categories:

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School News

Notre Dame High School for Boys has announced the sched-

ule of events for its 38th Annual

Mission Mardi Gras celebration,

which will be held on selective

Two dances kick off the Mar-

di Gras festivities. A dance for

Maine East Wrestlers advance to sectionals

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ulate four of its varsity wrestlers for advancing to sectional com- Houma of Des Plaines, have been petition recently at Morton High

Advancing were Kayvon Esteghamet of Morton Grove, Tony Roman and Dimitry Shuster of Des Plaines, and Sam Masri of

Maine East is also pleased to School Sectional.

Maine East wishes to congrat- announce that the four aforementioned wrestlers, along with Billy selected as All-Conference wrestlers for the CSL North.

head wrestling coach Emiliano cessful wrestling season. We best of luck at the Morton High

evenings February 17 - 27.

Congratulations also go out to Hernandez for yet another sucwish him and his wrestlers the

seventh and eighth grade students will be held on Saturday, Feb. 17, from 7 - 9:30 p.m. in the cafeteria. A dance for Notre Dame students is scheduled for

view The Hungry Eye will be Saturday, Feb. 24, from 7 held in the auditorium. Tickets 10:30 p.m. in the gymnasium. will be \$5 for The Hungry Eye. **District 64 Kindergarten**

registration schedule

If you have a child who will attend kindergarten at a District 64 school in Fall 2001, you need to register him or her now. Contact your local elementary school to receive a registration packet. Actual registration is handled in person at each school according to the following schedule:

March 15, 4-7:30 p.m., Carpenter School, 300 N. Hamlin Av., 318-4370.

March 1, 5-8 p.m. and March 6, 4-7 p.m., Field School, 707 N. Wisner Av., 318-4385.

March 13, 5-7:30 p.m., Frank-

lin School, 2401 Manor Ln., 318-

Notre Dame plans 38th Annual Mardi Gras

Admission for both dances will

Several activities are sched-

uled for Tuesday, February 27.

A carnival will take place in the.

gymnasium from 5 - 10 p.m.

with games and competitions for

all ages. "Bungee Run," "Velcro

Olympics," "Pedestal Joust" and

a dunk tank with water are a few

carnival highlights. Multiple performances of the stage re-

March 15, 4-7 p.m., and March 20, 4-7 p.m., Roosevelt School, 1001 S. Fairview Av., 318-4235.

March 15, 4-6:30 p.m. and March 19, 4-6:30 p.m., Washington School, 1500 Stewart Av., 318-4360.

A child must be 5 years old on or before September 1, 2001 to be eligible for kindergarten. Proof of residency and the child's original birth certificate are required at time of registration.

The Italian Cafe will serve in the cafeteria from 5 - 9 p.m. Cost of the meal is \$6 for adults and \$3 for children. Take out will be

The drawings from "The Grand Raffle" will serve as the conclusion for Mardi Gras. The Grand Prize drawing will take place at 10 p.m. in the gym. First prize is \$1,000, second prize is \$500 and third prize is

Proceeds from the annual pre-Lenten carnival do not benefit Notre Dame. Instead, the money raised from the events goes to the Congregation of Holy Cross Mission efforts in Bangladesh, Uganda and Chile. If the goal of \$20,000 is surpassed, the extra contributions will go to C.S.C. efforts in Mexico and California's Coachella Valley. There is a possibility that some Notre Dame students may be able to directly experience and support the work in those places.

Notre Dame High School for Boys opened its doors to students in 1955. The school currently serves approximately 685 male students and is located at 7655 West Dempster St. between Harlem and Milwaukee





School News

SJB Middle School Scientists



Kim LoVerde and Lauren Bronski proudly display their 2001 entry to the SJB Science Fair.

given to students who excelled at

this year's fair, the 7th and 8th

graders who received an out-

standing award will represent St.

John Brebeuf School at the Re-

gion 6 Science Fair for the Illinois

Junior Academy of Science

(IJAS). Awards were presented

by Mrs. Whitman, Principal, at an

evening awards ceremony on the

day of the fair organized by Mrs.

Murdach and Ms. Kreiling.

On January 17, 2001, one-hundred two 6th, 7th, & 8th grade students from St. John Brebeuf School participated in its annual Science Fair. Mrs. Tracy Murdach and Ms. Kathy Kreiling began in September organizing and mentoring the students who chose to participate in this yearly optional event. Many categories such as Botany, Chemistry, Physics, Zoology, and Consumer Science were represented in the 60 projects that were entered. Besides formulating a hypothesis and conducting an experiment, the participants also researched and presented a Review of Literature and an oral presentation to the judges from the Great Lakes Naval Base. Judging was based on scientific method, presentation qualities, the written report, and experimental approach. Students either received a third, second, first, or outstanding award. Best In Grade awards were also

Maine East Demon Squad qualifies for state

Maine East wishes to congratulate its Demon Squad and their coach, Sue Ann Kawecki, on a job well done.

Competing against dozens of other schools in a team dance competition over the weekend at Maine South, the Demon Squad not only earned a rank of superior for all three of their routines, they also qualified for the state competition to be held later this year.

The Demon Squad would also like to invite everyone to the "Maine East Dance Mania" on Sunday, February 18th. Dozens of schools containing over 300 dancers will be performing.

Read the Bugle For subscriptions call (847) 588-1900

Culver Kindergarten Students Celebrate Their 100th Day of School

February 13, 2001 was a very special day for the kindergarten students at Culver School because they celebrated 100 days of learning together. They have been busy working at home on collections made up of 100 items but February 13th was the celebration at school. All the activities that day were centered on the number 100. They dreamed about spending \$100

Team takes honors at Invitational

Maine East congratulates their Speech Team its 4th place win at

Continued on Page 36

District 71 News

100 treats, build towers from

dollars, eat a snack made up of

Maine East Speech

the Lake Forest High School Invitational Speech Festival, held Saturday, Nov. 18. Twenty-four students formed the team that defeated, among others, its sister schools Maine South and Maine West, and also New Trier.

Further congratulations go to individual winners, including Des Plaines residents Anne Schaufele of Des Plaines who won first place for Impromptu

100 blocks, put together a 100piece puzzle and the list goes on. This was a fun and memorable day for Culver kindergarten stu-

Culver Students of the The 13th annual Culver Sci-

Month The Culver Student Council is proud to honor the "Students of the Month" for December. The theme for the month of December was RESPECT. Congratulations to Jack Dziedzic, Stephanie Chan, Silvia Varga, and Flava Damsa. These students always show respect for teachers, students; staff and themselves. The student council is happy to award these students an award certificate and gift certificate. Congratulations from student Culver Principal's Coffee

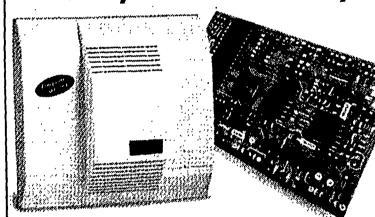
The "Principal's Coffees" are continuing at Culver School. The fourth in a series of grade level "coffee's"; it is now time to meet and discuss concerns about kindergarten and grades land 2. Parents of children in these grades are invited to a "coffee" with Culver Principal, Alexandra Nicholson, and a teacher representative on Thursday, February 15th in the Culver Boardroom at 8:30 a.m. This will give

parents a chance to ask questions and share concerns regarding the kindergarten and 1st and 2nd grades at Culver.

Culver Science Fair

ence Fair was held on Thursday, January 25th. There were 140 projects submitted from 7th and 8th grade students. The many excellent projects made it very difficult for the judges to determine the winners. Congratulations to all the participants. The 7th and 8th grade Medallion Winners were: Suhuir Dajani, Joanna Lupa, Ashley Zepeda, Michelle Kough, Jessica Drachenberg, Jeff Hagopian, Zach Zuckerman, Hye Kim, Zeeshan Dhanani, and Borjan Kavocevic. The following students will go onto represent Culver School at the Regional Science Fair at Niles North High School on March 17th -- 7th Grade Reprresentatives: Caroline Kosiba, Natalie Norberg, Roshani Sheth, Joanna Lupa, Rossella Nitti, Flavia Damsa, Annette Danilowski, and Kelly Gibbons; 8th Grade Representatives: Greg Bogacz, Anne Borkowski, Zeeshan Dhanani, Lev Kalmens, Lois Kwon, Gerardo Moreno, Nikki Toumplis, and Asima Ali.





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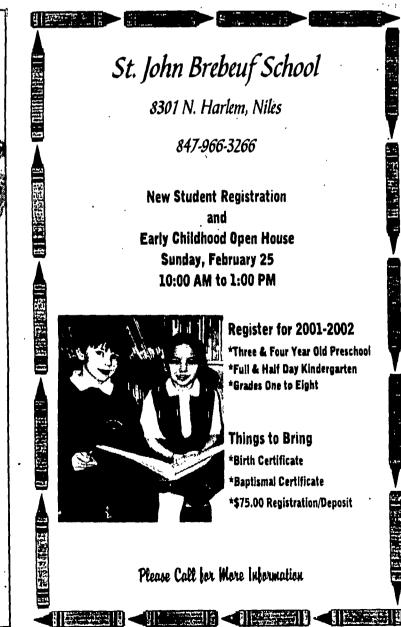
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Maine East High School -Class of 1981 - 20 Yr. Reunion Maine East High School, Park

Ridge. Class of 1981 will celebrate its 20 year class reunion in the year 2001 on a date to be determined. Classmates are encouraged to call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641. Northbrook, IL 60065 to update their addresses. Taft High School - Class of

1951 - 50 Year Reunion

Taft High School, Chicago, Classes of January & June 1951 will celebrate their 50 year class reunion on Saturday, May 19, 2001. For details, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641. Northbrook, IL,

Highland Park High School Class of 1971 - 30 Year Reun-

Highland Park High School, Highland Park. Class of 1971 is planning a 30 year class reunion to be held on Saturday, June 9, 2001. For information, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Evanston Township High School - Class of 1981 - 20 Year Reunion

Evanston Township High School, Evanston, class of 1981 will celebrate its 20 year class reunion during the summer of 2001. For additional information call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Lane Tech High School

Marshall High School -Classes of Jan/June 1951 - 50 Year Reunion

Marshall High School, Chicago, Classes of January and June 1951, will be celebrating their 50 year class reunion on Saturday, August 18, 2001. For additional details, classmates are asked to call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Amundsen High School Classes of Jan/June 1951 - 50 Year Reunion

The Classes of January and June 1951 of Amundsen High School, Chicago, will be hosting a festive 50 year feunion lunchcon on Sunday, September 16, 2001. For details, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL,

Riverside Brookfield High School - Class of 1981 - 20

The 1981 graduates of Riverside Brookfield High School, Riverside, are planning a 20 year class reunion to be held on Saturday, September 29, 2001. For information, call (847) 259-1130 or write Reunions. Ltd., P.O. Box 4641, Northbrook, IL

Evanston Township High School - Class of 1971 - 30 Year Reunion

Evanston Township High School, Evanston, Class of 1971, will celebrate its 30 year class reunion in the fall of 2001. For additional details, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Evanston Township High School - Class of 1961 - 40 Year Reunion

The 1961 graduates of ETHS, Evanston, are seeking classmates for their 40 year class reunion to be held on Saturday, October 6, 2001. Classmates may call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065 for additional information.

Oak Park River Forest High School - Class of 1951 - 50 Year

Oak Park River Forest High School, Oak Park, Class of 1951 Continued on Page 45

Maine East

Continued from Page 35

Speaking, and Sulani Perera who took first place for Original Oration, and second place for Oratorical Declamation, Martha Zaborowska of Morton Grove, also won first place for Oratorical Declamation, and second place for Verse Reading. Scott Finkel, also of Morton Grove, placed second in Humorous Interpretation.

Other individual prizes went to Des Plaines residents Maria Jose, and Aqeela Jogee for their third place victories in Impromptu Speaking and Original Oration, respectively. Jonelle Castillo of Niles, also took third place for Prose Reading,

High school Reunions

Class of 1981 - 20 Year Reun-Lane Technical High School,

Chicago, Class of 1981 alumni are seeking classmates for their 20 year class reunion to be held on Saturday, August 4, 2001. For details, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Taft High School - Class of 1981 - 20 Year Reunion

Alumni of Taft High School, Class of 1981, are seeking classmates for their 20 year reunion to be celebrated on Saturday, June 16, 2001. For information, call (847) 259-1130 or write Reunions. Ltd., P.O. Box 4641. Northbrook, IL 60065.

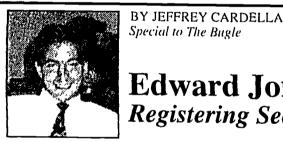
Sullivan High School Classes of Jan/June 1951 - 50 Year Reunion

Sullivan High School. Chicago. Classes of January and June 1951, are seeking classmates for their gala 50 year class reunion to be held on Saturday, June 23, 2001. For details, call (847) 259-1130 or write Reunions. Ltd., P.O. Box 4641, Northbrook, IL

Homewood Flossmoor High School - Class of 1991 - 10 **Year Reunion**

The 1991 graduates of Homewood Flossmoor High School, Flossmoor, are planning a 10 year class reunion to be held on Saturday, August 18, 2001. For information, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL

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Registering Securities In Firm Name Can Be A Bargain

In this day and age of \$150 designer purses, \$50,000 cars and \$1 million homes, bargains can be difficult to find. One bargain that's no secret, however, is registering securities in firm name.

When you register securities in firm name, a bank or brokerage firm takes physical possession of and manages the day-to-day responsibilities associated with your securities. Even though you no longer physically hold your stock or bond certificates, you retain control of the securities and can do with them as you wish. Registering securities in firm name is truly a bargain when you consider this service typically costs little or nothing and could offer

many advantages. When securities are registered in firm name, the bank or brokerage firm that takes possession of your certificates:

Collects all interest and dividends from the securities for you;

Provides regular updates on the status of your securities;

Notifies you whenever your bonds are called or mature; and Furnishes one simple annual tax-reporting form.

All of these are attractive services; however, the biggest advantage of registering securities in firm name is the safety this service provides. When your securities are registered in firm name, you no longer have to worry about them being lost, stolen or accidentally de-

Consider, for example, this true story of a Washington investor. This self-made millionaire invested regularly in bonds. Although he registered some of his bonds in firm name, he didn't trust his investment firm's computer system with all his bonds.

Unfortunately, this proved to be a costly mistake. When a group of children started a fire while playing with matches, the local fire department couldn't control the inferno. When the last ember had died, an entire apartment complex and 32 homes, including the home of the bond investor, were completely destroyed, even though the fire department was located just two blocks away.

Fortunately, no one was injured in the fire, but the bond investor lost \$1.2 million worth of securities in the blaze! Of course, the bonds could be replaced, but the cost of doing so was about \$24,000. That's an expensive lesson.

Some investors think it's safer to hold onto their stock and bond certificates. If you insist on holding your securities, remember to keep

written records of all your certificates. Record the description, amount and certificate number of each security before placing it in a safedeposit box. Then be sure to keep a close eye on the financial news to be on the lookout for bond calls, mergers, etc., in case you overlook an important piece of mail. And don't forget to notify each company of any change in your mailing address, even for a stock that does not

No one plans to lose a security, to have their property stolen or to lose their possessions in a natural or man-made disaster. Unfortunately, these are everyday occurrences. Why take a chance with your stock and bond certificates when registering securities in firm name is one of the best bargains available today?

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, 470-8953.

Letter to the Editors Response from Mark Thompson to Mike Yesner

Dear Mr. Yesner:

Thank you for your kind letter in support of my proposal to establish a plan commission for unincorporated Maine Town-

As you are aware, all zoning and land use decisions of the unincorporated area are made by Cook County. The township has never had any input in this process, and any input from residents has been difficult at best. These decisions made by the county have had disastrous consequences for unincorporated residents, including over density, substandard construction. lack of adequate parking and flooding.

I have fought for years to change law so that the township can have input on behalf of our residents. Under new legislation passed last year the Illinois General Assembly and effective January 1st, townships will for the first time have input into the zoning and land use process. The county will still make the final decision, but townships that establish plan commissions will be able to devise a land use plan for the unincorporated area that the county must take into consideration

The new law gives townships

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the opportunity to have input. It does not give townships input unless the township board approves an ordinance establishing a plan commission. It is critical for the township board to act quickly on my proposal, otherwise the township will not have any say in current pending zoning cases or on any other matters that may come before the county

Again, I appreciate your support of my proposal. . Sincerely,

Mark Thompson Maine Township Supervisor

Save a life

Just think how great it would be to save a dying person's life! Each year there are thousands of emergency calls in the City of Chicago alone, where every second counts. The Fire Department's response team may not arrive quickly enough, and YOU may already be on the scene.

Place: Senator Walter Dudycz's Office at 6143 N. Northwest Highway. Date and Time: Wednesday,

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by Dawn Pasowicz MSW Plano High School Social Worker

More teens kill themselves in March than any other month. No one knows for sure why but one theory that seems to make sense describes the chain of events: the holidays do not go well and are not as picture perfect as the teen hopes they will be; as a result, the teen becomes depressed. In the depths of depression, the teen does not have enough energy to formulate a suicide plan or carry it out; and finally, once spring (March) comes along, with longer daylight hours and new growth, the teen gets more energy and a resolve not to face another "new" year. Whatever the reason for the increase in teen suicides during the spring, it seems important to discuss the scope of teen suicide, some warning signs, and

what you can do. Studies show that the suicide rate for the 15 to 24 age group has increased by 300 percent over the last 20 years. The rate among gay/bisexual/lesbian youth is much higher. It has been reported that over 5,000 teens kill themselves and 25,000 seriously attempt suicide every year. Most experts believe the number is four times greater. The number of deaths reported as suicide is

Teen suicide

greatly under-reported because of religious, insurance, legal and other reasons. For example, in some counties in the United States, a death is legally considcred a suicide only if a note is left. Studies have shown that a note is left in only 10 to 15 percent of suicides so in those counties. 85 to 90 percent of suicides are reported as accidental deaths. Studies have shown that in areas where the suicide rate increased, fatal one car accidents have increased at the same rate. Whatever the number. it is an issue that affects too many teens and their families everywhere.

The fact is that people who are going to commit suicide have given some clue or warning of their intent. Thinking that the person talks about suicide as "just a way to get attention" is a dangerous assumption. Some of the warning signs to look for include:

• Sudden changes in behavior changes in eating or sleeping habits; lack of attention to personal appearance; loss of interest in usual activities; decline in school performance; antisocial behav-Social withdrawal - isolating

oneself; dropping out of usual ac-• Depression - feelings of heavy sadness, hopelessness,

helplessness, powerlessness, guilt. shame. anxiety, failure, boredom or apathy; frequent crying spells: difficulty concentrating; constant anger or temper outbursts: feeling inferior and rejected.

· Alcohol and/or drug use.

· Physical complaints with no physical problems detected by a

· Behaving as if to say final "goodybye" - giving away prized possessions; writing a will; telling their friends they will not be around in the future, i.e.. "next

· Recent loss or stress - death; break-up of an important relationship, geographic move; divorce; shattering of an important opportunity or dream. · Evidence of a suicidal plan -

If a person has a well defined plan and access to the means, the suicide risk is imminent! The difficulty with these warn-

ing signs is that most adolescents may display some or all of these signs at different times; it is part of being an adolescent. Base your level of concern on the duration and severity of the warning sgns displayed.

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PCA, CTL make holidays brighter for Orchard Village residents

For the men and women served by Skokie's Orchard Village, the holidays were a little more festive this year, thanks in part to the es. Employees of the Portland Cement Association and Construc-

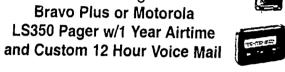
tion Technology Laboratories, both located on Old Orchard Road in Skokie, joined to make donations to Orchard Village, a generosity of two local business- local social service agency for people with developmental disabilities.

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mitten and pruchased gifts from

the wish lists, amassing a collec-

tion of 60 beautifully wrapped

gifts and other donations. For

many residents, especially those

with no immediate families, the

gifts made the holidays extra spe-

cial. And not just for Orchard Vil-

lage: PCA and CTL employees

enjoy it so much, they have made

holiday giving an annual tradi-

Residents of Orchard Village decorated mittens with their holi-

on trees in the lobbies of PCA and CTL. Employees chose a favorite

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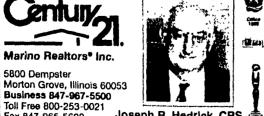
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MAINTENANCE seeks experienced individual FIELD to oversee all maintenance REPRESENTATIVE activities. Candidate must end residential possess strong background design/build firm in all phases of Horticulture, North Shore area seeks turf management, proper experienced individual to maintenance techniques, act as customer service leadership/communication representative skills. Minimum 3-5 years responsibilities include experience. Excellent benefits coordinating production for lesianated area, customer Fax Resume: service/contact, various maintenance/supplemental program sales. Minimum

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PRODUCTION

MANAGER

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Apply by February 28, 2001 to:

Personnel Office, Village of Niles 1000 Civic Center Drive, Niles, IL 60714 E-mail personnel@vniles.com

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MAINTENANCE

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representative

program sales. Minimum

design/build firm

MISCELLANEOUS

MISCELLANEOUS

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prayers but now I must place this

tition in your hands. (nam

petition).. This now becomes you

request and I ask you to place it i

the hands of God the Father. know He will grant this petition because of this love for you, His son. For this I thank you,

miraculous Lord. Amen. (Say thi

prayer 3X a day for 3 days and your petition will be granted.

A Prayer St. Jude's Novena

rified, loved and preserved throughou

the world now and forever. Sacred Heart o

miracles, pray for us. St. Jude, helper of the helpless, pray for us. Say this prayer nine

times a day for nine days. On the eighth day

your prayers will be answered. It has never been known to fail. Publication must be promised. Thank you St Jude. B.D.

roads so that I can obtain my goals. You, who give methe divine gift to forgive and to forget

all evil against me and that in all instances o

ry life, you are with me. I want in this shor

ou, even and in spite of all material illusions

wish to be with you in eternal glory. Than

ou for your mercy towards me and mine. Say

his prayer for 3 consecutive days and a favo

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yer to thank you for all things and t

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ou have granted so many of

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Apply by February 28, 2001 to:

Personnel Office, Village of Niles 1000 Civic Center Drive, Niles, IL 60714 E-mail personnel@vniles.com

LANDSCAPE CONSTRUCTION **PRODUCTION** MANAGER

High end residential/build firm in North Shore area seeks experienced individual to oversee all construction activities including onsite safety control, maintenance of site, materials inventory, crew staffing/scheduling. Candidate must possess Horticulture/Business Degree and/or equivalent work-related knowledge. Minimum 3-5 years experience. Excellent benefits package.

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M-NASR's Executive Director, Sue Bear (right) and Superintendent of Recreation, Craig Culp (left) proudly display their award for "Outstanding Program" presented at the 2001 Illinois Parks and Recreation Association (IPRA) conference

Over 3,000 representatives of Illinois Park Districts, Recreation Agencies and Forest Preserves were on hand as the Maine-Niles Association of Special Recreation (M-NASR) was recently honored at the 2001 Illinois Parks and Recreation Association (IPRA) Annual Conference for their Outstanding Program, "Wheelchair Sports Jamboree." The Outstanding Program Award honors public agencies for unique and outstanding achievements in program development and implementation. The "Wheelchair Sports Jamboree" was designed to provide a oneday informative, introductory adapted sports event for physically disabled individuals. Four adapted sports, sled hockey, wheelchair basketball, track and field and boccia, were introduced in various sessions to all participants in attendance. Participants were given the opportunity to ex-

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perience each sport first-hand in a non-competitive atmosphere with a focus on participation for all. M-NASR recruited several present and past Paralympic athletes and coaches along with knowledgeable individuals to lead and instruct participants in each of the adapted sports. In addition, high-quality, specialized adapted equipment was provided for all participants as needed for

all activities. As a direct result of this special event, M-NASR has developed and offered an ongoing adapted sports program and enrollment continues to increase with each program season. Sue Bear, Executive Director explains, "During the past 29 years of service to our communities, M-NASR has seen many changes in the needs of our participants and their leisure pursuits. We've identified these changes and their impact on our clients, and as a result, it has become evident that there was a real need for a program to offer adapted sports to people with disabilities." Superintendent of Recreation, Craig Culp adds, "We hope to give them the beginning tools and knowledge to participate in a sport that might otherwise seem impossible to consider. With a program like this, people with disabilities might be motivated and inspired to push themselves to a level beyond any they might think possible."

M-NASR is dedicated to improving the quality of life for individuals with disabilities by providing quality recreational programs. They are an extension of the Park Districts in Des Plaines, Golf-Maine, Lincolnwood, Morton Grove, Niles, Park Ridge and Skokie. If you would like more information regarding M-NASR or any of their programs, please call (847) 966-

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COMMUNITY DIRECTORY

Continued from Page 36

will host their 50 year class reunion on Saturday, October 6, 2001. For information, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Evanston Township High School - Class. of 1946 - 55 Year Reunion

Alumni of Evanston Township High School, Evanston, Class of 1946 are being sought for their 55 year class reunion to be celebrated on Saturday, October 20, 2001. For information, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Maine East High School Class of 1976 - 25 Year Reun-

Maine East High School, Park Ridge, Class of 1976 is making plans for a 25 year class reunion to be held on Saturday, October 20, 2001. For details call (847) 259-1130 or write Reunions, Ltd, P.O. Box 4641, Northbrook, IL 60065.

Bogan High School - Class of 1991 - 10 Year Reunion

Bogan High School, Chicago, Class of 1991 will celebrate its 10 year class reunion on Saturday, October 27, 2001. For additional information, call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065.

Taft High School - Class of 1971 - 30 Year Reunion

Taft High School, Chicago, Class of 1971, will celebrate its 30 year class reunion in the year 2001 on a date to be determined. Class members are urged to call (847) 259-1130 or write Reunions, Ltd., P.O. Box 4641, Northbrook, IL 60065 to update their records.

Sullivan High School Classes of Jan/June 1952 - 50 Year Reunion

Sullivan High School, Chicago, classes of January & June 1952 are planning a 50 year reunion to be held on Saturday, August 3, 2002. Classinates are S/Joseph V. LoVerde, Jr. encouraged to update their infor-

mation by calling (847) 259-1130 or writing Reunions, Ltd. P.O. Box 4641, Northbrook, IL

Michelle M. Lim

Navy Seaman Michelle M Lim, daughter of Ester N. and Jamie N. Lim of Glenview, recently returned from a six-month deployment to the Mediterranean Sea and Arabian Gulf while assigned to the destroyer USS Briscoe, home ported in Norfolk, VA. Lim is a 1995 graduate of Glenbrook South High School of Glenview.

LEGAL NOTICE

Notice is hereby given that the

FOR: Purchase of 2001-02 Apparel

OWNER: Niles Park District

Niles Park District will receive sealed bids for the purchase and delivery of 2001-02 Apparel until 3:00 p.m. on Tuesday, February 27, 2001 at the Howard Leisure Center, 6676 W. Howard Street, Niles, Illinois 60714. Bids will be publicly opened and read aloud at the aforementioned time and place. Bidding forms and specifications may be obtained from the Niles Park District at the above address: All inquiries should be directed to Kristine Svachula, Executive Administrative Coordinator, at (847) 967-6633 Ext. 112. All bids shall exclude sales tax and shall be submitted in a sealed envelope clearly marked "Sealed Bid-2001-02 Apparel". The Niles Park District reserves the right to accept or reject any or all bids and to waive any technicalities deemed to be in the best interest of the Niles Park District.

Niles Park District

Secretary

Condos ...

Continued from Page 1 alerted local press to this historic curiosity just prior to its recent demise by bulldozer.

Przbylo said that the brick building was originally owned by the Archdiocese of Chicago and was used by the cemetery to store large vehicles. Also, he said the land around it was fill removed from graves opened at the cemetery across the road. The Przbylo family bought the land with the building on it in the 1980s. There was also a house on the property until 8 or 9 years ago when it was torn down. A strange twist: a handgun was found in the attic and turned over to police at that time, Przbylo said.

The family recently sold the land parcel to developer John Thomas, who plans to begin construction of the Eagle Pointe Condominiums in April, a project which at conclusion will total three buildings with 642

Along with changes the condos will bring, the White Eagle's look will be revamped as well. There are plans to remodel the building's facade and resurface its parking area, just one more chapter in the history of Milwaukee Avenue, which, Przbylo says, was "the road to go north and south from Chicago ... there's a lot of history up and down (it)," Przbylo re-

Cable woes ... Continued from Page 1

411

j . . . Y

lems stem from the Dec. 20 move of former Media One customers to digital cable. Keenan admits the transition might have gone better if the switch had not been done over the holidays. Keenan says a newsletter was mailed to customers explaining the changes but speculates the mailings did reach their audience.

AT&T wants to work with municipalities to improve communication with their customers,

There are options available to better position cable customers for better service. For instance, Niles recently adopted the service standards of the Federal communication Commission.

village residents who have experienced problems with AT&T Broadband write giving details to Village manager's Office, 100 Civic Center Drive, Niles, Il 60714 or email complaints to scv@ vniles.com, especially problems from Dec. 20 on. complaints in a letter to legislators, to AT&T and the FCC.

Vinezeano requests that

Nearby communities who participated in this meeting are Evanston, Wilmette, Northfield, Morton Grove, Elk Grove Village, Palatine, Hoffman Estates, Rosemont, and Buffalo

Idenity ...

Continued from Page 1

victims of identity theft often call the FTC, which maintains a central database on identity theft complaints that is available to law enforcement.

Broder said that during March 2000 the FTC received about 400 calls a month regarding identity theft, while today they are getting more than 1.700 calls a month. About 60 percent of those calls are informational, she

Mt. Prospect's crime prevention officer Bill Roscop said that while five years ago identity theft was reported about once a year, today the department learns about one case every two to three weeks. "This is the latest trend. People don't think about how valuable personal information is," Roscop said.

Niles gets to keep its J. C. Penney

Regular shoppers at Niles Golf-Mill Shopping Center will not have to regroup, at least not right now. J. C. Penney's Niles store is not among the 47 stores nationwide that will close its doors this year.

Niles Finance Director George Van Geem estimates the village realizes about \$20,000 per month in sales tax revenue. from the Golf Mill Penney's

But in nearby Mount Prospect a Penney's outlet in Randhurst Mall is on the closing list, in keeping with a KMart and a Montgomery Ward store that closed or will close within the village during the year.

This action taken by the J. C. Penney Co. is termed "restructuring." Mike Taxter, senior vice president and director said "the decision to close the Mount Prospect store was made after a careful review of store performance and future stragegic fit for the company."

Des Plaines Valley Geological **Society meeting**

The program for the Thursday, February 15 meeting of the Des Plaines Valley Geological Society will be a talk by Mr. Ken Anderson, from the Chemistry Department at Argonne National Lab, on the Arctic Fossii Forest.

The meeting place for this program will be the Des Plaines Leisure Center, located at 2225 S. Birch Street in Des Plaines, just north of Touhy Avenue and west of River Road.

Monthly meetings of the Des Plaines Valley Geological Society are held on the third Thursday of each month at 8 p.m. We encourage all interested persons to attend.

All ages are welcome and refreshments will be served after the meeting.

February MAGAZINES

The second secon

Continued from Page 3 booking sites.

ESQUIRE magazine conducts a "desire" survey asking what qualities are most desired in your significant other." They include honesty, stability, kindness, intelligence, humor, physical attraction, parental qualities, education

ESQUIRE also reports married women are more likely to cheat in their marraige than their

HARPER'S magazine includes an article on a Russian sailor's views on the sinking of the Kursk

A second article asks whether Henry Kissinger committed a criminal act in his role regarding the invasion of Cambodia during the Vict Nam war.

Psychotherapist Adam Phillips' book, Darwin's Worms, is reviewed. The book seeks answers on the strength and fear of dying and concludes it is a pretty scary proposition and something to avoid thinking about.

Author Arthur Kystal contends he'll be afraid (to die) but he'll also be angry. He contends "If I'm lucky I'll meet death close-eyed and pissed-off and I'll get up such a struggle that the next time (death) comes around he'll think twice about taking me."

Features in other February magazines include POPULAR MECHANICS MAGAZINE'S articles on the new cars, Jay Leno's Garage, protecting your

P.C. from hackers, picture-taking cellphones and DVD recorders with extra byte.

OUTDOOR'S magazine "This Ain't Your Father's Schwinn" is a feature on bikes for the 21st century. It also has stories about the army's hot rod tank, micro warfare, flying cars which are going electric, testing miter saws and seventeen new products exhibited at the National Hardware

OPRAH magazine for February talks to Dr. Phil about love, romance and marriage. It also tells about puppy love in a feature on guide dogs. It also asks whether you are an emotional spender, and suggests how kids might become interested in the fashion business. Author Ann Dillard reports on "Now Is The Season For All Sorts Of Blossoming."

The journal of American Medicine, JAMA, includes articles ca breastfeeding, corectal cancer screening, drug dependence as a chronic mental illness, Ecstacy pills, health insurance systems and overpopulation as a public health challenge.

Other JAMA articles report on bi-polar disorders, recurring sinusitis. TB skin-testing for children and pre-written drugs for the elderly and poor and how they might share the costs.

JAMA book reviews include medical problems of instrumental musicians, medicine in Colonial America and a handbook on psychiatry as a palliative medi-

Coaches and managers needed for Morton Grove baseball

The Morton Grove Baseball Association (MGBA) is seeking coaches and managers for the upcoming spring season of boys' baseball and girls' softball.

St. Francis **Hospital sponsors Heart Fest 2001**

St. Francis Hospital will sponsor Heart Fest 2001; an affordacomprehensive cardiac screening on Saturday, February 17, from 9 a.m. - 12 noon, at Lincolnwood Family Practice Center (7126 Touhy Ave. - Lincolnwood) and the St. Francis Outpatient Department (355 Ridge - Evanston).

The complete package is available for a special price of \$30 and includes a Choleserol HDL, LDL, triglycerides (12 hour fast required), Blood Pressure check and an EKG (read by a Board Certified Cardiologist at the site).

Space is limited: preregistration is required. To secure an appointment at one of the two locations, please call RES-INFO toll-free: 877-737-4636.

Men and women willing to coach in the boys' T-Ball, Minors, Majors, or Pony leagues should contact Paul Berg, 966-3599. Men or women willing to coach in the girls' Pigtail, Jr. Ponytail, Ponytail, or Ponytail leagues should contact George Gates, 965-7174. There is a greater need for coaches for the girls'

Prior coaching experience is desirable but not necessary. People seeking coaching positions will be reviewed by the MGBA's executive board and subject to approval by the full board. They will also undergo a routine police background check and are required to attend a 2-3 hour video training session developed by the National Youth Sports Coaches Association.

Managers, coaches, and interested volunteers will be able to attend coaching clinics sponsored by the MGBA. If you have questions, call 965-7558, press "4" for the MGBA, and leave a message.

*** One man with courage makes a majority.

—Andrew Jackson

Niles Public Library District

Lower Stress and Increase Productivity with Feng Shui

Discover how the ancient Chinese art of feng shui can lower stress and increase productivity during February's Topics and Toast on Thursday, February 15 from 7:45 - 8:45 a.m. at the Niles Public Library District. Feng shui practitioner and consultant Jacqui Neurauter will show you how to create balanced, harmonious living environments to promote health, creativity and success during this lecture and slide presentation. Neurauter has trained with internationally recognized feng shui teachers and authors, including Roger Green, Joseph Yu and William Spear. Don't miss this chance to hear from an expert and learn what resources the Library has on this subject while networking and enjoying a continental breakfast. This program is cosponsored with the Niles Chamber of Commerce and Industry. There is a \$7 fee. Please register at the Library Information Desk or call 847/663-1234 or 847/966-7606 for more infor-

Annual Preschool Fair With so many preschools and daycare centers available how do you decide which one is the best for your child? Plan to attend the Preschool Fair on Satur-

day, February 17 from 1 - 4:30 p.m. at Niles Public Library District to save you time and help answer your questions or concerns. During this open house, representatives from various preschools, daycare centers and other preschool organizations serving Niles will share their facility's philosophy and services in regard to education and social interaction. You'll have a

663-6623.

Holiday

chance to talk with preschool

and daycare educators and get

answers to your questions. Reg-

istration is not necessary. For

more information, please call the

Children's Department at 847/

Movie for Kids on School

Looking for something to do

on a day off from school? Come

for the movie premier of Toy

Story 2 on Monday, February 19

at 1:30 p.m. This delightful chil-

dren's motion picture is packed

with humor and fast-paced ad-

venture the whole family will

enjoy. Toy Story 2 is rated G and

is 94 minutes long. Tickets are

required and will be available in

the Children's Department the

day of the show. For more infor-

mation, please call the Library at

Preview of Art Institute Ex-

See a preview of "Beyond the

Easel: Decorative Paintings by

Bonnard, Denis, Vuillard and

Roussel, 1890-1930," an exhibit

of four post-impressionist artists

at the Art Institute of Chicago

through May, on Tuesday, Feb-

ruary 20 at 7 p.m. at Niles Pub-

lie Library District.

847/663-6623.

to Niles Public Library District

GRADE 7 David Budzinski, Margaret Domanski, Kevin Florentino, Elizabeth Komperda, David Lesner, Nick Marcucci, Tim Mueller, Vince Mulé, Lisa Nannini, Mary Naples. Vicool Patel. Joe Randazzo, Brittany Santillan, Adam Tandez, Greg Udzielak

GRADE 8 Jim DiSandro, Katie Eichstaedt, Michelle Ficarella, Dan Halperin, Chris Heredia, Richie Kloser, Jonathan Komperda, Dan Leddy, Ken Orth, Kimberly Ranieri, Kathy Zalewski

CONDUCTHONORS GRADE 5

Thomas Ambat, Carina Ankova, Kelly Caputo, Daniel Kamys, Joan Kwak, Annette Migala, Greg Naninni, Jade Narrido, Michael Orlando, Zach Tigera, Tim GRADE 6

zoli, Jackie Cichon, Jenny Cielinski, Sarah Dominguez, Jaison Ellickal, Christine Fernandez, Michael Halperin, Wesley Honeman, Keyin Ingunbor, Jaison Joseph, Joseph Kim, Krystyna Korez, Aaricka LaPelusa, Richard Linchangco, Stephanie Mendoza, Ken Misiewicz, Laurie Pe- information available just for the

2nd Quarter Honor Roll Randazzo, Lauren Restivo, Liz Reynolds, Philip Schniedermeier, Susan Shahwan, Ann Swing,

Our Lady of Ransom

FIRST HONORS

GRADE 5

Thomas Ambat, Kelly Caputo,

Phillip Falson, Suzanne Hansel,

Beth Kloser, Joan Kwak, Eliza-

beth Leddy, Salvador Palafox,

Tony Scarpaci, Robert Zielinski

GRADE 6

zoli, Jackie Cichon, Jenny Cielin-

ski, Jaison Joseph, Richard Lin-

changco, Stephanie Mendoza,

Luigi Randazzo, Lauren Restivo,

Philip Schniedermeier, Danielle

GRADE 7

zie Kim, Kathy Magdongon,

GRADE 8

Justin Capadocia, Chris Cichon.

Joy Espino, Christina Ferrigni,

Jessica Lapinski, Nicole Puszyn-

ski, Stanley Migala, Konran Dzi-

amski, Lauren Misiewicz, Moni-

ca Ostrega, Daniela Palafox,

Michelle Papciak; Stephanie Per-

SECOND HONORS

GRADE 5

Mooney, Steven Bower, Briant

Cisneros, Aris Dalva, Jennie Ghi-

solf, Hannah Johnson, Daniel Ka-

mys, Ksenia Kozdoy, Genevieve

Linchangco, Jade Narrido, Kevin

Seske, Jan Chris Sitko, Michael

Telwak, Grace Wechman, Kyle

GRADE 6

minguez, Jaison Ellickal, Chris-

tine Fernandez, Marcella Ferrig-

ni, Michael Halperin, Wesley

Honeman, James Kaczanowski

Joseph Kim, Krystyna Korcz,

Tyler Mikos, Ken Misiewicz, Mi-

chelle Puszynski, Ann Swing

James Capadocia, Sarah Do-

Alex Bendyk, Kiley Bielecki-

Tony Aquila, Andrew Beil,

Alex Nellessen

Kasia Cien, Stacy Delvo, Su-

Melisa Bergen, Charlie Capoz-

Danielle Tan

Jennifer Berberabe, Kasia Cien, Christina Cores, Stacy Delvo, Margaret Domanski, Kevin Florentino, Ian Hilo, Suzie Kim. Elizabeth Komperda, David Lesner, Kathy Magdongon, Christina Marabotti, Nick Marcucci, Chris Mezyk, Tim Mueller, Vince Mulé, Lisa Nannini, Mary Naples, Alex Nellessen, Kara Orth, Vicool Patel, Andrew Pilolla, Andrew Pindelski, Brittany Santillan, Raymond Sigaya, Adam Tandez, Greg Udzielak, Justin Zakowski

GRADE 8

Tony Aquila, Andrew Beil, Lisa Candir, Chris Cichon, Jim DiSandro, Konrać Dziamski, Katie Eichstaedt, Joy Espino, Christina Ferrigni, Michelle Ficarella, Dan Halperin, Richie Kloser, Jonathan Komperda, Jessica Lapinski, Dan Leddy, Stanley Migala, Lauren Misiewicz, Monica Ostrega, Daniela Palafox, Michelle Papciak, Stephanie Perea, Nicole Puszynski, Kimberly Ranieri, Kyle Saielli, Luis Tigera, Kathy Zalewski

United Ostomy Association meeting

Chicago's North Suburban Chapter of the United Ostomy Association, a support group for all ostomates and those anticipating ostomy surgery, meets on the 4th Wednesday of each month at 7 p.m., in the 10th Floor East Dining Room of Lutheran General Hospital, 1775 Dempster Street, Park Ridge. The next meeting will be held on February 28. 2001. Refreshments.

A WOCN (Wound Ostomy Care Nurse) is always on hand to offer help and information, and programs are fun and informative, Free. For information, call (847) 724-7453 or (847) 520-0699. Visit our web site at: www.geocities.com/~mr-ostomy

Calling all singles over 50

CSC Singles are inviting singles over 50 years young to gather the third Sunday of February at the 94th Aero Squadron, 1070 South Milwaukee Avenue, Wheeling, (847) 459-3700 from 3 to 6 p.m. on Sunday, February 18, 2001.

licious complimentary buffet, drinks half price at the cash bar, music for dancing under the mirrored ball, listening, socializing indoors, or relaxing by the fireplace. We can also bring our own favorite CDs or cassettes.

Membership and newsletter nalber, Jeff Ramirez, Luigi asking from CSC members.

Niles Park District Spring gymnastics

Niles Park District is accepting registration for the spring session of Learning Gymnastics classes held at Grennan Heights Recreation Center, 8255 Oketo. Classes offered include Beginners-Intermediate for 3 to 5 years, and 6 to 14 years, and Intermediate-Advanced for 6 to 14 years. Spring sessions begin April 2 and April 6 with classes on Monday and Friday evenings. Sessions are 8 weeks. Skills taught include tumbling, balance beam, vaulting, mini-tramp and bars. There is a 7 to 1 instructor/gymnast ratio. Registration is being taken at the Howard Leisure Center, 6676 W. Howard Street. For more information about gymnastics, please call (847) 967-6975.

You: A safe senior driver?

(NAPS) -- Are you still in the driver's seat when it comes to operating your car safely? That's a question every older driver has to Studies show that seniors must

compensate for changes in their vision, hearing, flexibility and reaction time. Signs that your abilities are different from what they once where include having a series of minor accidents or near misses, inability to concentrate, being unable to read road signs and getting lost or. familiar streets.

Great Gifts For Motorists

Many older drivers find it easier to park in a tight garage with the help of a remarkable guidance system for parking cars. Called the Park-Zone®, it hangs on your garage wall and stops you precisely in place -- at a safe, calculated distance from the wall -every time. The result of advanced sensory technology from Measurement Specialties, Inc., Park-Zone® looks and acts like a space age traffic light and installs quickly and easily; no need to change batteries for up to an en-

tire year. When pulling into the g rage, the greet light goes on Next it changes to yellow, then rea when you're in the park zone. Available at local retailers, many people find the Park-Zone® makes an excellent gift for parents, grandparents or friends. For more information, visit: www.parkzone.com.

Timothy M. Stoltz

vin A. Stoltz of Des Plaines, recently completed basic training at Marine Corps Recruit Depot, San

Stoltz successfully complexed 12 weeks of training designed to challenge new Marine recruits both physically and mentally.

Stoltz is a 1997 graduate of Maine West High School.

Lower stress, increase energy and improve health

Advocate Medical Group's Center for Complementary Medicine, located on the Lutheran General Hospital campus, is presenting the "Millennium Health Series," a comprehensive series of ten educational health work-

shops for the year 2001 The goal of the "Millennium Health Series" is to help people learn basic skills they can use to improve health, fight stress and increase energy. "The workshops offer very useful pieces of information that can profoundly affect how a person lives his or her life," said Donald Novy, M.D., medical director of the center. "These are tools in a tool-box, nothing works for everybody, so you want to have as many tools as you

The first workshop titled, "Acupressure and You: A Pressing Topic for Tense Times," will be conducted Thursday, February 15, 2001. The evening workshop will focus on acupressure, a form of Oriental massage used to enhance the body's self-healing ability. Participants will learn powerful techniques for stress reduction that can be done at home or at the office. The workshop will be presented by Lora Albert, a Certified Massage Therapist, trained in Shiatshu and CranioSacral massage, and Mary Murphy, a Certified Massage Therapist, with further certification in Neuromuscular Therapy, Cranio-

On February 26, 2001, the second workshop will discuss the power of visual imagery for health and healing. Visual Imagery is an art that has been practiced

Sacral Therapy, and Zero Balanc-

since ancient times. Clinical Psychologist Dr. Ellen Diamond will teach participants how to access their own creativity in guided imagery exercises to reduce stress, manage pain, and promote health and enhance vitality.

Future workshops will focus on acupuncture, chiropractic care, homeopathic medicine. stress-reduction in the office, anti-aging strategies, fighting holiday stress and Qi Gong, the ancient chinese system of selfenergy cultivation.

All Millennium Health Series educational workshops are from 7:30 p.m. to 9 p.m. at the Nesset Pavilion, Lower Level, 1775 Bal lard Road, Park Ridge, Illinois. Each program requires an advance registration fee of \$30.

The Center for Complementary Medicine opened in August, 1998, and is located on the campus of Lutheran General Hospital in Park Ridge. The center provides a unique team approach that combines the best of mainstream and alternative medicines. All therapies are conducted under the direction of board certified physicians. Practitioners share their findings and treatment plans with the patient's physician.

Available services include chiropractic care, massage therapy. acupuncture, homeopathic medicine, mind-body integration, western herbal and vitamin/ supplement therapy.

To register for the Millennium Health Series or find out more about additional services offered at the Center for Complementary Medicine, please call 847-318-

Publication to keep young adults smart about credit

To help new credit card users learn the ropes, Myvesta.org, a nonprofit financial services organization, teamed with Capital One to create and distribute a free publication that lays out the credit card basics.

"We've created a simple, stepby-step guide to help young adults understand the pluses and minuses of credit cards and credit card debt," said Steve Rhode, president of Myvesta. "While cards offer convenience and safety, we want to make certain that first-time users establish good credit habits and don't fall into financial trouble."

In addition to simple explanations of how credit cards work, the guide, Plastic Power for Marine Corps Pvt. Timothy M, Young Adults, offers smart strate-Stoltz, son of Lauren A, and Ke-gies to help new users get the most from their eards, including:

 Use your credit card for bigticket items, online or mail-order purchases, or for any other charge where there could be a potential problem with the merchandise or service. Then, check your credit card statement carefully and dispute any errors in writing immeto pay the rental agency's cover- Time a big purchase a day or two after the closing date of your card's billing cycle to get the maximum float. Check your statement to find out your closing

• Use a card that offers free

collision damage waiver cover-

age when you rent a car. That way

you'll save money by not having

Consumers can download copies of the six-page publication free at Myvesta.org. In addition, Capital One will be making the publication available to its card-

According to Myvesta.org, the average 18- to 24-year-old owes \$827 on two credit cards (November 2000 Credit Card Survey). The study also found that the average credit card user across all age ranges - has \$2,814 in debt on three credit cards.

Life teaches us to be less harsh with ourselves and with others.

-Johann Wolfgang von Goethe

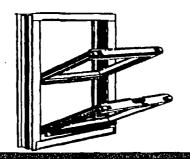


SHOWROOM: 4962 N. Milwaukee Avenue, Chicago, Illinois 60630



WINDOWS

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- Tilt-To Clean



SIDING

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- Gutters
- Trim



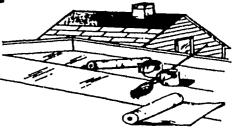
PORCHES & DECKS

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