



50 CENTS
PER COPY

The Niles Bugle

Bulk Rate
U.S. Postage
PAID
Bugle News

7400 WAUKEGAN RD, NILES, IL 60714

THURSDAY, AUGUST 2, 2001

VOL. 45, NO. 6

District 219 budget shows construction spending

When the District 219 school board meets in mid-August, it will vote on the 2001-2 budget with a \$55.4 million increase over the \$78.6 million budget for 2000-1. The new budget will total \$134 million.

Mostly, the increase is due to construction at Niles North and Niles West High Schools. Spending for building construction projects jumped from about \$5 million in 2000-1 to more than \$49.5 million in 2001-2, most of which is covered by \$65 million in bonds that voters approved March 2000. These expenses are considered "non-operating."

The district's operating budget got a 13 percent increase in 2001-2, up from \$66,442,580, to \$74,924,856.

Higher all-around enrollments have increased the special education budget category for 2001-2, resulting in a \$933,180 increase. That includes four additional teachers, four additional support staff, and greater costs for administrative expenses.

Security services, an expense that falls into the same category as special education, has also increased by \$300,000 in 2001-2.

Operating funds include edu-

Continued on Page 34

Culver grad qualifies for teen pageant

by Barbara A. Mendelsohn

What began as one friend joining another on a lark ended with selection to compete for the Miss Junior Teen Chicago title.

That's how Ashley Anne Kennedy of Niles, who attended an application-and-interview session with a friend about three weeks ago, became a competition contestant.

"I'm told that out of approximately 400 girls who try for it, about 40 percent qualify," said Ashley.

Kennedy, who turned 14 in June, is a recent graduate of Culver School. She will enter Niles West High School in September, shortly after she competes for the local title on August 5.

Over \$20,000 in scholarships, prizes and gifts will be distributed to contestants. In the Miss



Pageant contestant
Ashley Anne Kennedy

Junior Teen division, Ashley competes in one of five divi-

Continued on Page 34

Park Ridge grad interns for Lt. Governor

by Anna-Marie Messia

A dedication to public service has led to 22-year-old Maya Parekh position as a summer intern with Lt. Governor Corrine Wood's office.

"I'm delighted to have Maya work in my office this summer," stated Wood in a recent press release. "She will be an asset because of her experience in community service."

A recent Political Science graduate at Loyola University of

Chicago, Parekh said that while a student at Main Township South High School in Des Plaines, she participated in the Maine South Teens Organized for Youth Services (MSTOYS).

Working directly with Wood's office and staff, Parekh is using her internship to participate in a campaign against youth and young adult sport-clothing Aber-

Continued on Page 34

Property next to Police Department may be used for building expansion; cost was \$1.5 million

Niles buys Amy Joy Donuts property

by Heidi Stadler

The Village of Niles finalized the purchase of the property at 7248 Milwaukee on Friday. The current home of the Amy Joy donuts shop and the Total Concrete company was purchased for \$1,550,000 from property owner Terry Shaw who said that if the two parties did not come to an agreement, the village was ready to condemn the property under rules of eminent domain.

"My hands are tied," said Vi Allarde, owner of Amy Joy, La-Paz. The company's Milwaukee location has suffered financially since the village announced its intentions to acquire the property. "Customers do not realize that Amy Joy is open to the public for at least another year."

Amy Joy has two other locations at 9201 N. Milwaukee and 5203 N. Nagle.

Amy Joy and Total Concrete will remain on a month-to-month lease until development decisions are made.

Village Manager Abe Selman confirmed that Niles has not yet determined exactly what to do with the site, which may serve

the Niles Police Department's expansion plans or merely provide extra parking.

Cook County launches new victim notification system

Five county agencies have combined resources to launch Cook County's first 24-hour victim notification system.

The Automated Victim Notification (AVN) system bridges the gap between the criminal justice system and the victims by providing fast and accurate information about the release of defendants from the Cook County Jail and the status of court dates.

The new system is anonymous, confidential and available in English, Spanish and Polish. Tested for the past 11 months, the system is now up and running, according to a joint statement from the

State's Attorney, the Chief Judge, the Sheriff, the Clerk of the Circuit Court and the President of the County Board. All five agencies have cooperated in launching the new system.

With the inception of the new AVN system, victims, witnesses or other concerned parties who register for the service are telephoned by an automatic system that checks the jail's computer system for the names of newly released inmates.

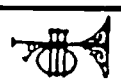
It will also notify them of any change in the defendant's court date between 7 a.m. and 9 p.m..

Continued on Page 34

Renovation of the American Legion Memorial Civic Center underway



On June 8, elected officials and Legionnaires participated in a groundbreaking ceremony for the renovation project at the American Legion Memorial Civic Center. Construction work on the civic center and the parking lot will continue throughout the year with an expected occupancy date of December 2001. From left to right: Trustee Larry Gomborg, Mayor Daniel D. Scanlon, Trustee Joe Moll, Trustee Terry Hoffman Liston, Legionnaire Jerry Weaver, Legionnaire Bill Smith, and Legionnaire Ken Trumball.



The Bugle's community job listings can be found on
<http://www.ChicagoMetroJobs.com>



AUG 02 2001



The Niles Bugle

50 CENTS
PER COPY

Bulk Rate
U.S. Postage
PAID
Bugle News

7400 WAUKEGAN RD, NILES, IL 60714

THURSDAY, AUGUST 2, 2001

VOL. 45, NO. 6

District 219 budget shows construction spending

When the District 219 school board meets in mid-August, it will vote on the 2001-2 budget with a \$55.4 million increase over the \$78.6 million budget for 2000-1. The new budget will total \$134 million.

Mostly, the increase is due to construction at Niles North and Niles West High Schools. Spending for building construction projects jumped from about \$5 million in 2000-1 to more than \$49.5 million in 2001-2, most of which is covered by \$65 million in bonds that voters approved March 2000. These expenses are considered "non-operating."

The district's operating budget got a 13 percent increase in 2001-2, up from \$66,442,580, to \$74,924,856.

Higher all-around enrollments have increased the special education budget category for 2001-2, resulting in a \$933,180 increase. That includes four additional teachers, four additional support staff, and greater costs for administrative expenses.

Security services, an expense that falls into the same category as special education, has also increased by \$300,000 in 2001-2.

Operating funds include edu-

Continued on Page 34

Culver grad qualifies for teen pageant

by Barbara A. Mendelsohn

What began as one friend joining another on a lark ended with selection to compete for the Miss Junior Teen Chicago title.

That's how Ashley Anne Kennedy of Niles, who attended an application-and-interview session with a friend about three weeks ago, became a competition contestant.

"I'm told that out of approximately 400 girls who try for it, about 40 percent qualify," said Ashley.

Kennedy, who turned 14 in June, is a recent graduate of Culver School. She will enter Niles West High School in September, shortly after she competes for the local title on August 5.

Over \$20,000 in scholarships, prizes and gifts will be distributed to contestants. In the Miss



Pageant contestant
Ashley Anne Kennedy

Junior Teen division. Ashley competes in one of five divi-

Continued on Page 34

Park Ridge grad interns for Lt. Govenor

by Anna-Marie Messia

A dedication to public service has led to 22-year-old Maya Parekh position as a summer intern with Lt. Governor Corrine Wood's office.

"I'm delighted to have Maya work in my office this summer," stated Wood in a recent press release. "She will be an asset because of her experience in community service."

A recent Political Science graduate at Loyola University of

Chicago, Parekh said that while a student at Main Township South High School in Des Plaines, she participated in the Maine South Teens Organized for Youth Services (MSTOYS).

Working directly with Wood's office and staff, Parekh is using her internship to participate in a campaign against youth and young adult sport-clothing Aber-

Continued on Page 34

Property next to Police Department my be used for building expansion; cost was \$1.5 million

Niles buys Amy Joy Donuts property

by Heidi Stadler

The Village of Niles finalized the purchase of the property at 7248 Milwaukee on Friday. The current home of the Amy Joy donuts shop and the Total Concrete company was purchased for \$1,550,000 from property owner Terry Shaw who said that if the two parties did not come to an agreement, the village was ready to condemn the property under rules of eminent domain.

"My hands are tied," said Vi Allarde, owner of Amy Joy, La-Paz. The company's Milwaukee location has suffered financially since the village announced its intentions to acquire the property. "Customers do not realize that Amy Joy is open to the public for at least another year."

Amy Joy has two other locations at 9201 N. Milwaukee and 5203 N. Nagle.

Amy Joy and Total Concrete will remain on a month-to-month lease until development decisions are made.

Village Manager Abe Selman confirmed that Niles has not yet determined exactly what to do with the site, which may serve

the Niles Police Department's expansion plans or merely provide extra parking.

Cook County launches new victim notification system

Five county agencies have combined resources to launch Cook County's first 24-hour victim notification system.

The Automated Victim Notification (AVN) system bridges the gap between the criminal justice system and the victims by providing fast and accurate information about the release of defendants from the Cook County Jail and the status of court dates.

The new system is anonymous, confidential and available in English, Spanish and Polish. Tested for the past 11 months, the system is now up and running, according to a joint statement from the

State's Attorney, the Chief Judge, the Sheriff, the Clerk of the Circuit Court and the President of the County Board. All five agencies have cooperated in launching the new system.

With the inception of the new AVN system, victims, witnesses or other concerned parties who register for the service are telephoned by an automatic system that checks the jail's computer system for the names of newly released inmates.

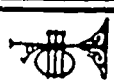
It will also notify them of any change in the defendant's court date between 7 a.m. and 9 p.m..

Continued on Page 34

Renovation of the American Legion Memorial Civic Center underway



On June 8, elected officials and Legionnaires participated in a groundbreaking ceremony for the renovation project at the American Legion Memorial Civic Center. Construction work on the civic center and the parking lot will continue throughout the year with an expected occupancy date of December 2001. From left to right: Trustee Larry Gomberg, Mayor Daniel D. Scanlon, Trustee Joe Moll, Trustee Terry Hoffman Liston, Legionnaire Jerry Weaver, Legionnaire Bill Smith, and Legionnaire Ken Trumball.



The Bugle's community job listings can be found on
<http://www.ChicagoMetroJobs.com>



Community Focus

Res Health Care appoints Sister Donna Marie, C.R.

Resurrection Health Care is pleased to announce the appointment of Sister Donna Marie, C.R. as Executive Vice President/CEO of Holy Family Medical Center. Sister Donna Marie currently serves as Executive Vice President/CEO of Resurrection Medical Center in Chicago. She has been Executive Vice President/CEO since 1989. In this new position, Sister Donna Marie, C.R. will have operation-

al responsibility for Holy Family Medical Center, Resurrection Medical Center and Senior Services for Resurrection Health Care.

"I am very excited about this unique opportunity the new structure presents for these two hospitals. The geographic proximity and overlap in service areas of the facilities will allow us to maximize our expertise and resources to provide the best



possible care for those we serve," states Sister Donna Marie, C.R.

Sister Donna Marie, C.R. is replacing former President/CEO, Sister Patricia Ann Koschalke, C.S.F.N. who served at Holy Family Medical Center since 1978. Sister Patricia Ann, C.S.F.N. accepted the position of Senior Vice President of Resurrection Development Foundation in which she is responsible for a number of systemwide development activities related to fostering relationships that result in financial gifts dedicated to supporting the health ministry of Resurrection Health Care.

'Avenues' expand for disabled

by Anna-Maria Messina

Back in the days when the mentally and physically disabled were routinely institutionalized, Avenues to Independence opened its doors. The non-profit organization was founded in 1953 to provide practical work experience and support to disabled participants within the community.

The agency now has residences in Niles, Park Ridge Des Plaines, and Arlington Heights, further seeks to expand its operations by acquiring a new site within Park Ridge.

In cooperation with Park Ridge's Have Dream non-profit organization, Avenues will utilize a new multi-purpose site for day and senior programs, and as a drop-in center for community participants.

Board member Andy Bonk said that Have Dreams focuses on after school and enrichment programs for preschool and preteens with Autism.

The additional Park Ridge site (which has not yet been selected) will replace and expand activities conducted at a former Des Plaines building. In addition to housing programs, the new site may serve as a facility for employment training and

work centers.

Avenues to Independence currently serves the needs of more than 250 persons with developmental disabilities. Residential opportunities exist in a variety of skill and support designated settings, including apartments, townhouses, and single-family homes throughout the northwest suburbs.

"Currently there are 80 persons served in the agency's residential program, 152 in job training, and 60 individuals employed through job placement program contracts with community-based businesses," said public relations representative Marian Perkowski. "Participants have acquired a variety of positions with local employers such as the Niles Fitness Center, the Park Ridge Jewel, Cannon USA in Hannover Park, and the new Target store in Rosemont."

The agency is funded in part by the United Way and the Illinois Department of Human Services, as well as private donations.

Park Ridge residents Bill and Vivien Gorman hold an annual fundraiser (the Avenues/Gorman Golf Classic), which has raised over \$1 million for Avenues programs and residents since its inception 13 years ago.

Nilesite celebrates 90th birthday

Congratulations to Edward Dettloff who will be celebrating his 90th birthday August 5.

In his honor a party of 90 guests will be held at Chateau Rand in DesPlaines with family, aunts, uncles, nieces, nephews and friends attending.

Edward has been a resident of Niles since 1956. He worked for S & C Electronics in Chicago for 39-1/2 years and retired in 1976.

Edward and his wife Dorothy will also be celebrating their 60th wedding anniversary in May, 2002. Best wishes to a wonderful couple from all your friends. C.F.

Save \$\$ with a discount on State Farm car insurance.

See me to find out how you may qualify:



Bill Schmidt, LUTCF
Oak Mill Mall Suite 231B
Niles, IL
847-967-5545



Like a good neighbor, State Farm is there.®

State Farm Mutual Automobile Insurance Company

Home Office: Bloomington, Illinois

statefarm.com™



Heidi's BAKERY

"Where Every Day is Special!"
7633 N. Milwaukee Ave. • Niles
847/967-9393

OPEN: Sun. 6 a.m.-1 p.m. Mon.-Closed
Tues.-Fri. 5:30 a.m.-6 p.m. Sat. 6 a.m.-4 p.m.

• Featuring The Finest in Old World Baking
• Birthday, Wedding & Custom Designed Cakes
• Specialty Breads, Pretzels, Strudels & Tortes

- COUPON -

ASSORTED
HARD ROLLS
35¢ Each
(Expires 8/2/01)

- COUPON -

LARGE
ICED DECORATED COOKIES
89¢ Each
(Expires 8/2/01)

- COUPON -

SWEETROLLS & FRYCAKES
59¢ Each
(Expires 8/2/01)

WE SPECIALIZE IN CAKES FOR ALL OCCASIONS

Park & Library News

Skokie Public Library

Here are the highlights of what's happening at the Skokie Public Library in the next few weeks. All events are free and open to the public, though some require registration or tickets as noted. The public is welcome to call 673-7774 with questions.

The Library will be closed due to construction work on Thursday, August 23 and Friday, August 24. We expect to reopen at 9 a.m. on Saturday, August 25, but encourage patrons to call to confirm prior to coming to the Library. We apologize for any inconvenience this may cause.

Feed Your Need to Read!

• **Name That Tune!**—Kids in grades 6-9 can test their knowledge in our musical game show. Thursday, August 2, 7 - 8:30 p.m. Please register, (847) 324-3149.

• **Kinder Connection**—Ease those worries with stories and songs about starting school. Each entering kindergartner should be accompanied by a parent. Tuesday, August 7, 2 - 3 p.m. or Thursday, August 9, 10 - 11 a.m. Please register (847) 324-3149.

• **A Dinosaur Named Sue**—Dr. Darin Croft from The Field

Continued on Page 34

DesPlaines Public Library

Kids August Programs at Library. August programs for children at the DesPlaines Public Library range from Spanish storytime to a "last fling" movie. All are free and open to the public. Phone the Youth Services Department at 847/376-2839 for more information.

Movies for preschoolers will be shown at 10 a.m. on Fridays, August 3, 10, 17, 24, and 31.

On Sunday, August 5, 2-4 p.m., the whole family is invited to a free Ice Cream Social to celebrate the conclusion of the Summer Reading Clubs. Music will be provided by the Prairie Brass Band, funded by CoVest Banc. Comic juggler Chris Fascione will stroll through the crowds, and the Mobile Library, which celebrates its fifth anniversary this fall, will be on hand.

A special "last fling of summer" movie will be shown at 2 p.m. on Friday, August 10.

• **Book Discussion of Evensong by Gail Godwin.** Librarian Christine Posinger will lead a discussion of *Evensong* by Gail Godwin at 10 a.m. on Tuesday, August 7 at the DesPlaines Public Library. Books are available at the Registration Desk, and advance registration is required.

The setting of Godwin's novel is a small town in the Smoky

Mountains just before the new millennium. Thirty-three-year-old Margaret Bonner, a passionate young church pastor, finds herself pondering her marriage to the older headmaster of a progressive high school. The two turn their attention to the needs of their community until three eccentric strangers bring matters to a head.

Born in Alabama, Gail Godwin grew up in North Carolina and earned her doctorate in English from the University of Iowa.

She has received a Guggenheim Fellowship and the 1981 Award in Literature from the National Academy and Institute of Arts and Letters. Three of her novels were nominated for the National Book Award. Her fiction and nonfiction have appeared in magazines and newspapers, and she has taught at Vassar College and Columbia University.

For information, please phone the Registration Desk at 847/376-2787.

Two Investment Programs

Presented. Two free financial programs on investing will be presented at the DesPlaines Public Library during the month of August. Programs are scheduled from 7-8:30 p.m. on Wednesday, August 15 and August 22.

They are free, but advance registration at the Registration Desk is required.

On August 15, Scott Seifert of Edward Jones Investments, conducts a "Bear Market Seminar." Topics include the history of bear markets, how to spot a bear market coming, what to do during a bear market, what areas of the market perform best in bear markets, and what types of investments provide the best protection.

Jeremy Rumps of Morgan Stanley will discuss "How to Pick Mutual Funds" on August 22. The program will emphasize how to evaluate a mutual fund and what are the best sources of information. Rumps will include a *Morningstar* workshop, and will focus on identifying a mutual fund's growth prospects, performance track record, volatility, performance versus its peers, tax efficiency, and suitability as an investment.

For information, please phone the registration desk at 847/376-2787.

The first pizzeria opened in Naples, Italy, in 1830, and the first delivery was made to King Umberto and Queen Margherita.

Morton Grove Park District programs

Fall Registration

Resident registration begins Monday, August 6 for all fall programs being offered by the Morton Grove Park District. Check out our fall line-up in our Park District brochure. Any questions call (847) 965-1200.

Teens Back to School Bash at Harrer Pool

Friday, August 17, 6 - 8 p.m.—Pool and deck games, hanging out with friends and dancing are just a few of this evening's events. Teens entering grades 6-9 are welcome to attend. Admission is \$3 prior to August 17. Registration on August 17 and at the door is \$4. Music will be provided by BOOM Enterprises.

Youth Golden Day at Oriole Pool

Sunday, August 19, 5 p.m.—Bring your buckets, pails and fish nets to the annual Youth Goldfish Day, the Park District's season ending special event for children who have 2001 pool passes. Pool will be stocked with 1000 goldfish to catch and take home as your new pet. Everyone goes home with a fish.

Come to "senior camp" and learn more about Advocate Lutheran General Hospital's Older Adult Services:

- Senior Advocate program
- Medicare and insurance counseling services
- Adult day care
- Wellness programs and community resources
- Physicians and medical expertise
- Geriatrics program
- Educational programs and support groups
- Volunteer opportunities

Advocate Lutheran General Hospital invites you to Senior Information Camp

Attend one of our unique, **FREE** indoor camps this summer. Our Older Adult Services counselors will guide you through the trails of today's senior health care issues and help map out a course that's right for you.

Ask a fellow "senior camper" to come along. Space is limited and registration is required. Call for your reservation today!

Call for more details and make your reservation today!

1-800-3-ADVOCATE
(1-800-323-8622)

All sessions take place from 10 a.m. to noon. Each will feature a drawing with prizes from Old Country Buffet in Niles, and more!

CAMP SITES

Saturday, July 28
Nesset Center, Park Ridge

Wednesday, August 1
Golf Mill Shopping Center, Niles

Saturday, August 11
Advocate Medical Group on Central Ave., Chicago

Wednesday, August 15
Randhurst Shopping Center, Mt. Prospect

Thursday, August 23
North Shore Senior Center, Northfield

Wednesday, August 29
Park Ridge Senior Center, Park Ridge

Wednesday, September 12
Old Country Buffet, Niles

NO MOSQUITOES. NO CHANCE OF RAIN. NO SUNSCREEN NECESSARY.

Advocate Lutheran General Hospital

Looking for old-fashioned banking services, but with today's knowledge and advances? Come in and experience the warmth of the surroundings, and friendliness of the employees at Alliance. FSB. When you join our family, you'll receive competitive products with the service you deserve.

WE ARE YOUR BANK

Passbook or Statement Savings Account 3.55% APY*

CALL US FOR MORE INFORMATION ABOUT OUR SERVICES

Alliance FSB
A FEDERAL SAVINGS BANK

FDIC
EQUAL HOUSING LENDER

BANK BY MAIL **BANK ON LINE** **CALL US AT**

7840 N. Milwaukee Ave. Niles IL 60714
www.alliance-fsb.com
Phone: (847) 966-7500
Toll Free: (877) 229-6771

* 3.50% rate, 3.55% Annual Percentage Yield (APY). Rates are subject to change at anytime.

Reducing back-to-school stress

(ARA)—It's that time of year again. Put away the beach bags and get out the back packs, school is just around the corner. This is an ideal time for parents and students to develop strategies to reduce the stress and anxiety that comes with the start of a new school year.

Begin by establishing daily routines before school starts. According to Harvard child psychologist Dr. Larry Kutner, a.k.a. "Dr. Dad," this is especially important for young children since they have more difficulty with transitions. One way to do this is to practice your morning schedule the week before school actually starts. Find out how long it takes to get up, get dressed, eat breakfast and head out the door. This will help alleviate any last-minute morning hassles.

Designate a space in your home specifically for doing homework. It may be better if this area is not in the child's room because there are often too many distractions there.

Discuss how your children might deal with bullies and other situations that concern them. If your children are prepared to deal with difficult circumstances, there will be fewer problems and worries when they arrive. For strategies on discussing these issues with your younger children, Dr. Kutner recom-

mends www.tonystime.com, a program developed jointly by Stand for Children and Tony's Pizza. The Web site features tips and activities that teach children about responsibility, respect, rules and relationships.

Review safety and school rules with your children to avoid any confusion. It's important to understand how to safely board and exit a bus, as well as how to cross streets before and after school. In addition, discuss what is appropriate to bring into a classroom and what is not.

Set a time each day to talk with your children about their school day. Have reasonable expectations for what the conversation will be like. Asking, "How was school today?" is likely to get a standard response of, "Fine." Asking more specific questions such as, "What was the most interesting thing you learned today?" may be a better way to start a conversation. But whichever approach you chose, it is important to maintain an open dialogue with your children and be aware of their daily activities and what they are learning.

Most important, be enthusiastic. Acknowledge your children's concerns about the challenges of a new school year, but help them get excited about learning and making new friends.

Lewis receives largest federal grant in its history

Lewis University has received approval for the largest single federal grant in the history of the University. The U.S. Department of Education approved initial year funding of \$359,420 to Lewis under the Title III: Strengthening Institutions Program. The total award over the next five years could be as high as \$1.74 million, pending successful implementation of the grant initiatives.

Parents, watch for mercury-filled necklaces

Officials of the Chicago Public School system are calling attention to another concern involving mercury.

Necklaces made in Mexico are potentially hazardous because they contain small amounts of mercury inside a glass pendant, according to a joint statement by Chicago's Department of Environment and the Chicago Public Schools.

According to a printed account, the Chicago Public Schools report three cases of students who have cracked the mercury-filled pendant accidentally while wearing the necklaces.

"We believe it is prudent to caution the community of the

"The investment in Lewis University programs by the U.S. Department of Education acknowledges the University's fine achievements, its dedicated faculty and staff, and its talented students," said Brother James Gaffney, FSC, President of Lewis University.

"The grant will allow the University to infuse global issues, cultural exploration, technologi-

cal skills, problem solving, and ethical decision making into the curriculum and classroom activities so students are better prepared to interact in an increasingly complex global and technological society," he said.

Effective September 1, the grant funding will be used to enhance classroom technology, to explore new instructional strategies, and to provide opportunities for faculty and curriculum development.

"This is an exciting time for Lewis University," said Stuart Lang, vice president for Institutional Advancement. "In awarding Lewis a Title III grant, the U.S. Department of Education is recognizing the progress that Lewis has made in continuing to provide a high-quality education for our students."

"The grant will offer the University additional resources to enrich academic programs and meet many of the goals outlined in the University's Vision 2006 strategic plan," he said. "Further, the momentum from this grant will carry the University forward toward its goal of becoming a leading Catholic, mid-size, Midwestern university."

Lewis is one of only 37 colleges and universities nationally to receive a Title III federal grant this year. Very few colleges or universities receive such a grant in their initial application, Lang said.

"With access to the Internet and to other multimedia learning aids from an early age, today's students use and process data in drastically different ways than previous generations," Lang explained. "This grant will provide Lewis University with the resources to enhance student learning by adapting our curriculum and teaching to meet the rapidly-changing styles and needs of our students."

A Catholic and Lasallian university, Lewis is a dynamic, values-centered university that enrolls more than 4,300 men and women.

Minelli Bros

7780 Milwaukee Avenue, Niles
(847) 965-1315

HOURS
Mon. thru Fri. 8:30 - 6:00 P.M.
Saturday 8:30 - 5:00 P.M.
Sunday 8:30 - 2:00 P.M.
We reserve the right to limit quantities and correct printing errors.

SUB SANDWICHES & PARTY TRAYS
SALE ENDS WED., AUG. 8TH

~ FRESH MEATS ~

U.S.D.A. CHOICE EYE ROUND

\$3.98 LB.

LEAN GROUND CHUCK

\$2.69 LB.

~ FRESH MEATS ~

FRESH EXTRA-LEAN PORK STEAK

\$1.69 LB.

LEAN SIRLOIN PATTIES

\$3.69 LB.

~ FRESH MEATS ~

MINELLI'S HOMEMADE ITALIAN SAUSAGE

\$2.69 LB.

FRESH HOMEMADE BRATWURST

\$2.69 LB.

~ DELI ~

SARA LEE TURKEY BREAST

\$6.98 LB.

~ DELI ~

ECKRICH LITE HAM

\$3.98 LB.

~ DELI ~

FIOROCI MORTADELLA

\$4.98 LB.

~ PRODUCE ~

FRESH MUSHROOMS

99¢ 8 OZ.

FRESH EXPRESS ROMAINE WITH GARDEN SALAD

99¢ 12 OZ.

CELERY

69¢ STALK

GREEN SEEDLESS GRAPES

89¢ LB.

SWEET JUICY NECTARINES

59¢ LB.

~ GROCERY ~

CLAUSSEN PICKLES

\$2.49 32 OZ.

BAY'S ENGLISH MUFFINS

2 FOR \$3.00 6 PK

CENTRELLA CREAM CHEESE

99¢ 8 OZ.

MARCONI EXTRA VIRGIN OLIVE OIL

\$4.99 1 LTR

JUMBO EGGS

99¢ DOZ.

MINELLI'S HOMEMADE PIZZA

CHEESE 12" \$3.99
SAUSAGE 12" \$4.49

~ LIQUORS ~

STROH'S BEER
30 PKG-12 OZ. CANS

\$10.49

BECKS BEER
12 PKG-12 OZ. BTLs

\$11.99

OLD MILWAUKEE
24-12 OZ. CANS

\$10.99

ROLLING ROCK
12 PKG 12 OZ. BOTTLES

\$8.49

~ LIQUORS ~

BUDWISER or MILLER
24-12 OZ. CANS

\$12.99

SKOL VODKA
1.75 LITER

\$10.99

STOLICHNAYA VODKA
750 ML

\$14.99

~ LIQUORS ~

CARLO ROSSI WINES
4 LITER

\$7.99

TURNING LEAF COASTAL RESERVE
750 ML

\$9.99

NEW PALLINI LIMONCELLO
750 ML

\$19.99

COKE PRODUCTS
12 PAK 12 OZ CANS

\$2.99

**SHOP WAREHOUSE DIRECT AT THE
TOWEL FACTORY OUTLET**
**We Buy National Closeouts
So You Get The Best Deals!**

Luxury Percale

QUEEN SHEET SET
\$19.99
BONUS TWO EXTRA PILLOW CASES
pink, lt. blue, yellow, lilac, bone
VALUE \$39.99

SPRINGMAID® COMFORTERS
Perfect for Back To School
\$9.99
Twin Only
Navy Reversible

7313 N. HARLEM • NILES
Hours: Mon-Sat 9-5 • Sun. 10-4
847-647-7070

Coachlight Realty

Your "NILES BROKER" since 1974
is now a member of

GMAC

Real Estate

For PERSONALIZED Service and BEST RESULTS
Vali Demos CRB, CRS
24 years experience
Certified Residential Specialist

Specializing in SELLER Representation...FREE Property Evaluation
CASH REBATE \$\$\$ to seller at time of closing
CALL for details on this special offer (valid thru 7/31/01)
847-967-9320 Ext. 11
GMAC Real Estate... "The Smart Move To Make"

**FREE 5 Year
Warranty
on Parts
& Labor**

BESCO, INC.

HEATING & AIR CONDITIONING
5805 W. Diversey • Chicago, IL 60639
847-676-4923 • 773-889-0122

HIGH EFFICIENCY
FURNACE &
CENTRAL A/C
COMPLETELY INSTALLED
STARTING AT

\$2390⁰⁰

**CENTRAL AIR
CONDITIONING**
COMPLETELY
INSTALLED
STARTING AT

\$1,425.00

Valid thru 9/1/01

SEASONAL TUNE-UP
Furnace or Air
conditioning
\$39.95
Includes Cleaning &
10 Point Check

Valid thru 9/1/01

**HIGH EFFICIENCY
FURNACE**
COMPLETELY
INSTALLED
STARTING AT

\$1,325.00

Valid thru 9/1/01

Health News

How I sleep like a baby

by Julian Whitaker, M.D.

Around my house I held the snoring record hands down; I snored at an Olympic-caliber volume. My stepson could hear me in his bedroom, and he sleeps downstairs. Although it affected everyone within a 25-yard radius, my snoring never bothered me, and I certainly wasn't losing any sleep over it. Or so I thought.

Snoring is more than just a nuisance. It's a symptom of a far more serious problem. When you snore, the soft tissue in the back of your throat rattle around, partially blocking the airway. This blockage frequently becomes complete, and breathing stops altogether until oxygen deprivation arouses you enough to start breathing again. These episodes of breathing cessation are called sleep apnea, and apart from cutting off your oxygen supply, they wreak havoc with your sleep.

Sleep Apnea Deprives You of REM Sleep

When you fall asleep, you go through several stages of sleep until you reach the deepest, most rejuvenating level called rapid eye movement (REM) sleep. It is during REM sleep that the brain unwinds and the muscles

completely relax. This is when the soft tissue in the throat collapse and apnea episodes occur. Although you may not be conscious of it, you move out of this deepest and most essential stage of sleep onto lighter, less restorative stages each time you are forced to catch your breath. Consequently, if you have sleep apnea, it's virtually impossible for you to get enough restful sleep, even if you sleep eight hours a night.

My wife was very concerned. She had gotten used to my noisy snoring, but those episodes when I stopped breathing really worried her. So I finally met with Dr. Stephen Brown of the Memorial Care Sleep Disorder Center in Long Beach, CA, and was tested for sleep apnea. I checked into the sleep lab at six one evening and was hooked up to sleep monitors. I fell asleep, but according to the monitors, I never got any REM sleep, for in a period of one hour I had 69 attacks of apnea!

Get Treatment, and Get It Fast

I am now being treated with continuous positive airway pressure, or CPAP. I wear a small mask over my nose to bed that

gently blows pressurized air into my airway to prevent the soft tissue from collapsing. Thanks to this simple device, I literally sleep like a baby: no snoring, no tossing and turning, no starting and snorting to catch my breath. Instead, I quickly fall asleep and drift into and out of all the stages of sleep, including REM, until I wake up in the morning, completely refreshed.

I now know that I have been sleep deprived for almost a decade. In retrospect, I had forgotten what it felt like to be truly rested. I cannot describe to you how much more energy I have now that I am getting the rejuvenating benefits of sleep. Instead of feeling 20 years older than I am, I feel 20 years younger—and I feel like I am growing younger every day.

Recommendations for Sleep Apnea

- The bottom line here is that if you snore, you probably have sleep apnea, and if you have apnea, you are sleep deprived. Get tested and treated.

- For more information, and help with Apnea, contact the American Sleep Apnea Association at (202) 293-3650 or sleepapnea.org.

Tips on evaluating a health plan

(NAPS) -- Is your health plan making the grade? If you're selecting a health plan, are switching to a new one, or just want to check up on your present plan, it's a healthy idea to check out one of the most useful resources on the Web today -- the free, easy to use, Health Plan Report Card.

Where To Look

The Health Plan Report Card is maintained by the National Committee for Quality Assurance (NCQA), a private, non-profit organization dedicated to improving health care quality.

NCQA evaluates how well health plans are doing the things they should be doing, like promoting preventive care, treating chronic illnesses, checking doctors' qualifications, ensuring access and delivering service.

If your current health plan is accredited by NCQA, you can find its Report Card online at www.ncqa.org. You'll see a link to the report card right on the bottom of the home page. To find your plan, you'll need to enter a simple search, by city, state or zip code, for example.

What To Look For

- When looking at the search results, the first thing to consider

is the plan's accreditation outcome. This summarizes just how well the plan performed overall. Plans with higher levels of accreditation can generally be expected to provide better care and service than plans with lower levels of accreditation, but any level is a good indication that a plan is committed to quality and to delivering good health care. If a health plan isn't accredited by NCQA at all, it should raise a red flag. Why aren't they accredited?

- Next, consider how the health plan you're reviewing matches up with factors that are most important to you. To help, there's the Star Rating System. The ratings are for Access and Service, Qualified Provider, Staying Healthy, Getting Better and Living With Illness give you a closer look at a plan's strengths and weaknesses. The more stars, the better the plan performed in that area.

- Before making any decisions on the health plan, you should also consider what benefits and services it covers, whether your doctors are in its network, how the plan works, and how much it costs.

Background Noise statistics

- Traditionally, statistics on hearing loss have shown seniors from 65 years of age to be the most vulnerable age group with over 30 percent reporting hearing loss.

- Approximately 10 percent in the 40 to 65 year age group acknowledge hearing loss, or one out of 10 Americans suffers a hearing loss. This latter figure has now ballooned as more and more baby boomers seek help.

- Experts predict that as America ages, hearing loss will become epidemic. The last Census indicated that 13% of the population was over age 65, and projections are that this figure will double over the next three decades as baby boomers enter their senior years.

- This means that one-quarter more of the population will be over 65. All indications are that they will be living well but hearing poorly.

- A recent study commissioned by the National Council On Aging found that undiagnosed hearing loss can manifest itself in the form of depression, social and family problems.

- Experts agree that noise-induced hearing loss is to blame for most hearing loss for 40 and 50 year olds. Many of these baby boomers acknowledge that decibel-blasting rock and roll concerts in their youth have left lasting memories as well as permanent damage.

- Hearing damage happens when the delicate hair cells in the inner ear which conduct electro-chemical impulses to the brain where they are deciphered as sounds are exposed to loud noise over prolonged periods of time.

- The National Institute on Deafness and Communication Disorders (NIDCD) reports that 20,000,000 Americans are exposed to hazardous noise levels in dangerously noisy environments.

- Sounds from powerful stereos and headphones, leaf blowers, hand-held appliances and tools, city and airport traffic, movie sound tracks, sporting events, and even vacuum cleaners assault our ears. The noise is often not only loud but prolonged.

Are there natural therapies for fibroids?

If you've been diagnosed with uterine fibroids, the most important thing you should know is that they are very common and generally harmless. Fibroids are benign (not cancerous) tumors made mostly of muscle tissue. They develop on the inside or outside of the uterus and range from pea-sized to grapefruit-sized. Fibroids are most common in women between the ages of 30 and 50 (they affect 20-25 percent of women over age 35), and because their growth is fueled by estrogen, they almost always shrink after menopause, as estrogen levels drop. Most women with fibroids never experience any symptoms. However, if they grow large enough, they can distort the uterus, or cause heavy menstrual bleeding and pain.

If you have been diagnosed with fibroids, there are a few things you can do to curb their growth. First, maintain your optimal weight. Estrogen is produced in the fat cells as well as in the ovaries, so reducing your body fat can help reduce estrogen levels. Second, consider natural progesterone therapy. Progesterone acts as a sort of anti-estrogen, balancing its negative effects. Ask your doctor to prescribe natural progesterone (not synthetic progestins), or try natural progesterone cream, available without prescription. If your gynecologist recommends surgery, think twice before considering a hysterectomy. Safer, less invasive alternatives include laparoscopic or laser removal of fibroids, both of which preserve the uterus.

Disease Detectives protect people's health and safety

(NAPS)—Young Native Americans in the Four Corners of the Southwestern U.S. were coming to the hospital with fever, coughing and serious respiratory difficulties; within days many died.

Disease detectives from the Epidemic Intelligence Service (EIS) and other scientists of the U.S. Centers for Disease Control and Prevention were dispatched. They soon identified the cause as a hantavirus, a rare virus not previously known to cause disease in humans in North America.

That investigation was just one of the 10,000 CDC EIS Officers have conducted in the EIS's 50 year history.

These medical doctors, researchers and scientists monitor the world for and respond to all types of epidemics, including chronic disease and injuries.

The EIS played a key role in the global eradication of smallpox; restored public confidence in the first polio vaccine after a defective vaccine led to panic; and discovered how the AIDS virus was transmitted.

More recently, EIS officers documented the obesity epidemic in the United States, worked on reducing school-associated violent deaths; identified and worked to control the West Nile virus outbreak in the northeastern United States; investigated Ebola outbreaks in Uganda and Zaire; helped states reduce tobacco use and studied whether disease outbreaks were a result of bioterrorism.

Each year, EIS officers assist with approximately 100 investigations requested by states and other countries. In addition, field officers assigned to state and local health departments conduct an average of 500 studies and consultations per year.

You can learn more Online at <http://www.cdc.gov/eis>.

DO NOT BUY A DIGITAL HEARING AID!

Until You Have Checked With Lloyd's



DIGITAL Full-Shell \$895⁰⁰

There's no reason to pay twice as much for Top-Quality Brand Name Instruments



DIGITAL Canal \$1095⁰⁰

We cut out those HUGE mark-ups and commissions

For a limited time, Lloyd's Hearing Centers are offering a **PRICE-BREAK-THROUGH** on the newest, 100%, Digital hearing aids from the world's largest manufacturer. Not only do these provide the clearest sound quality available, the digital chip helps reduce the annoyance of over-powering background noise.

40 Years Experience • Guaranteed Lowest Prices!

30-DAY TRIAL BEFORE YOU BUY

Lloyds

HEARING AID CORP.
CALL FOR AN APPOINTMENT

630-665-6617
167 E. North Ave.
Glendale Hts.

847-581-1944
7801 Waukegan Rd.
Niles

In Dominick's Store

Advanced Eye Care, Ltd.



Dr. S. Tsipursky, M.D., Ph.D.

Board Certified Ophthalmologist

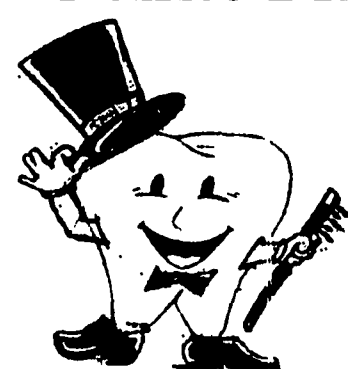
Laser Vision Correction • Eyelid Surgery
Ultrasonic Cataract Removal
Progressive Glaucoma Treatment
Adult & Children Treatment • Contact Lenses
Evening Hours Available
(847) 724-0101

Most Insurances, Medicare, Medicaid Accepted
Optical Store On Premises

2640 Golf Road • Suite 120 • Glenview
In The Talisman Center at Washington & Golf Rd.

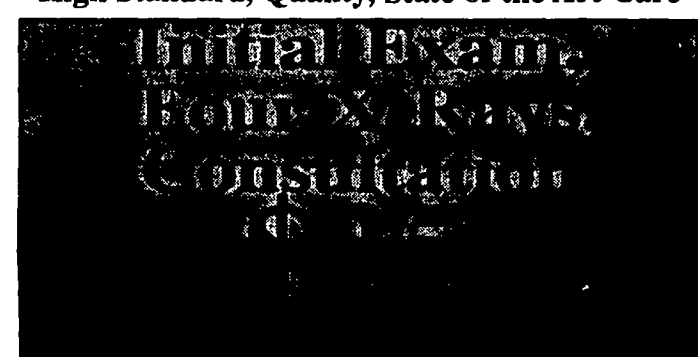
Pointe Plaza Dental

General Dentistry



Our Patients
Smiles
Are "TOPS"

"High Standard, Quality, State of the Art Care"



Evening & Saturday
Appointments Available

We Accept — Senior Citizen Discount —
— Most Insurance Accepted —

5622 W. TOUHY AVE., NILES
847-647-9211
24 Hour Emergency Service

SENIOR CITIZENS

Shampoo & Set . . . \$2.50 & Up
Haircut . . . \$3.00 & Up
EVERYDAY EXCEPT SUNDAY
Sr. Men's Clipper Styling \$3.00 & Up
Men's Reg. Hair Styling \$5.00 & Up

IN HOME
HAIR
CARE
MANICURE & PEDICURE
TOGETHER
\$16.00 & UP

FREDERICK'S COIFFURES
5391 N. MILWAUKEE AVE.
CHICAGO, IL
(773) 631-0574

FREE DENTAL Child Exam

With the purchase of
an adult exam and
X-rays (\$49.95)

847-663-1196



Simona Balan,
D.D.S.
6223 W. Dempster
Morton Grove



SIMPOL MEDICAL EQUIPMENT
9242 Waukegan Rd., Morton Grove
(847) 967-6767

Enjoy Life's
Simple
Pleasures

e-mail: simpolmed@yahoo.com www.ChicagoHomeMedicalEquipment.com
SLEEPLESS IN CHICAGO? We Specialize In Sleep Apnea Treatment & Products
• Hospital Beds, Canes & Walkers • Oxygen Concentrators & Portable Tanks • Tube Feeding & Nutrients
• Bath Aids, Commodes, Wheelchairs • Diapers & Underpads • Scooters & Liftchairs
We Bill Medicare, Medicaid or Insurance Directly

24 HOUR SERVICE • 365 DAYS A YEAR
We Speak 7 Languages **10% OFF CASH SALES** (Excluding other offers)

\$50 OFF
Pride Lift Chairs
Must present coupon.
Valid on showroom items.

\$100 OFF
Pride Scooters
Must present coupon.
Valid on showroom items.

\$200 OFF
Pride Jazzy Power Chairs
Must present coupon.
Valid on showroom items.

SaraLee YOUR RIGHT PRICE BAKERY



Bringing The Bakery To You

COUPON **SaraLee** COUPON

15% OFF

TOTAL PURCHASE

Offer valid Thru Aug. 15, 2001. Not valid with any other discount or offer.
Excludes the purchase of gift certificates. One coupon per customer.
Redeemable at Sara Lee Outlet Stores ONLY. Z50913

SaraLee OUTLET
7650 Touhy Ave.
Chicago, IL 60631
773-763-4785
Store Hours: Monday-Thursday 9-6
Friday 9-7
Saturday 9-6
Sunday 10-4

CHURCH & TEMPLE NEWS

Host families needed for Rosh Hashanah

This year the Jewish New Year of 5761 will begin the evening of Monday, September 17th. Jewish families throughout metropolitan Chicago and its suburbs now have the opportunity to celebrate the Jewish New Year with an émigré family from the former Soviet Union. By inviting a recently arrived family to a celebration dinner host families will be able to share the rich traditions of the holiday with those who may

have never before had the Rosh Hashanah experience. Émigré families come in all sizes, speak some English, and all are eager to meet an American Jewish family. To host a family for Monday, September 17th or Tuesday, September 18th or for more information, please contact Shelley Stone at phone (847) 763-3628, fax (847) 675-2914, or e-mail Russian-JewsRH@aol.com.

Northwest Suburban Jewish Congregation

KENNETH COHEN, RABBI

THE NEW HOME OF THE CHICAGOLAND JEWISH HIGH SCHOOL. Are you unaffiliated or yet undecided? We welcome you to become a part of our synagogue and enjoy our warmth and our spiritual & family environment.

SPECIAL EVENTS

Everyone is welcome

7:00 p.m. Friday, August 24 - SHABBAT UNDER THE STARS,

services followed by an Oneg Shabbat

2:00 - 4:00 p.m. - Sunday, August 26 - OPEN HOUSE

Call Synagogue Office For Information: (847) 965-0900

7800 W. Lyons • Morton Grove, IL 60053

Mt. Prospect Community Bible Study

Early registration for Community Bible Study in Mount Prospect closes on Wednesday, August 15. At that time the registration fee will increase from \$15 to \$20 per person. The 30-week non-denominational study will begin its study year on Tuesday, September 11, at 7:30 p.m. at Northwest Covenant Church, 300 N. Elmhurst Avenue (3 blocks north of the post office) in Mount Prospect.

Both men and women attend this bible study, which offers small group discussion based on take-home questions, a lecture by lay teacher director Bob Kris-

kovich, and a professionally written commentary each week. This year's offering is a course on Moses' fifth book *Deuteronomy* and a survey of *Psalms*.

Community Bible Study celebrated its 25th year at a Washington, D.C. conference last August. The Mount Prospect

evening group has been studying together since 1982.

Prospective students may register or obtain further information from the Community Bible Study/Mount Prospect coordinator Adrienne Gullberg at (262) 877-2618, or call her assistant Pam Reed at (847) 823-9553.

A loan that can be a plus for students

(NAPS)—Families of college-bound students who find themselves short on funds have options available to them to help cover the cost of education.

One of the most affordable options is the federal Parent Loan for Undergraduate Students. Called a PLUS loan, this low-interest education allows parents to borrow up to the full cost of their child's college education—including tuition, room and board, less other student financial aid received. PLUS loans are not based on income or assets and borrowers do not need collateral.

These loans offer a competitive, variable interest rate—maximum 9 percent—that is adjusted each July and the interest may be tax deductible. PLUS

loans disbursed between July 1, 2001 and June 30, 2002 carry an interest rate of 6.79 percent. Parents may take up to 10 years to repay the loan and there is no pre-payment penalty.

Sallie Mae, the nation's leading provider of education funding, offers free resources that help parents receive pre-approval and apply for PLUS loans over the telephone or online.

Parents can call the parent Answer Service, a toll-free hotline staffed by financial aid counselors, to qualify and apply for a PLUS loan. 1-800-891-1410, 8 a.m. - 9 p.m. ET. Mon.-Fri.

Families also can visit www.parentanswer.com or www.wiredscholar.com to apply for a PLUS loan online.

Canine demonstration



Pictured is Sgt. Willie McLaughlin with his dog, Moses.

General Superintendent Joseph Nevius, of the Forest Preserve District of Cook County, announced that a Police Officer from the Canine Division, will put on a demonstration for the Bnai Emenah Senior Adults, Tuesday, Aug. 7 at 1:15 p.m. in the Synagogue, 9131 Niles Center Road, Skokie.

Nancy Kahn, coordinator, announced the officer will explain why and what the dogs are trained for, how obedience is taught, and other interesting aspects. The usual dogs of choice are German Shepard and Rotweiler.

AYA seeks host families for international students

"Mal posso esperar para te contar sobre mim e sobre as coisas no meu país." If you speak Portuguese or have been exposed to the Portuguese language and Brazilian culture you might know what this phrase means. Translated, it means, "I can't wait to tell you about me and my country." Just think, if you welcomed a Brazilian student into your home, this could be the first phrase you and your family learn.

Academic Year in America (AYA) is bringing South American students from Argentina, Bolivia, Ecuador, Colombia and Venezuela, as well as other countries such as Poland, France and South Africa to the United States this August. Students are age 15 to 18 and arrive with full medical insurance, spending money and the hopes of experiencing life in the U.S. through the eyes of a resident. Students stay with their host for five or 10 months and attend the local high school. During that time, families receive support from an AYA Local Coordinator.

"Just as there is no typical American family, there is no typical host family," Power-Morris said. "Retirees, single parents and young couples are all able to give an international student a good home. Some host

families may not even have children of their own. Bringing an international student into your home can mean giving the gift of culture to yourself, your family, your community—whomever could benefit from exposure to a new culture."

Throughout the past 20 years, AYA has offered nearly 20,000 students and host families the rewarding experience of learning about another culture and language and making a new life-long friend. For many, the most difficult part of the program is having the "Olá," or hello, turn into a "Até logo," or good-bye.

To get more information on hosting, call Danielle Carpino at (800) 322-HOST or e-mail dcarpino@aifs.com. You can also visit www.academicyear.org for more information, or www.academicyear.org/students to see some of the students currently available to host.



Miniature roses are also known as fairy roses.

Tête à Tête

HAIR & SKIN CARE SALON

HAIR STUDIO & DAY SPA

The latest hair cutting
Coloring • Perming
Highlighting,
European Facials,
Mini face lift
Waxing • Electrolysis
Manicure & Pedicure

7750 N. Milwaukee Ave.,
Niles, IL 60648
(RAYAN PLAZA)

We also sell american & european cosmetics:

(847) 965-8383

Hours: Tues.-Fri. 9 A.M. to 8 P.M.
Sat. 9 A.M. to 4 P.M.
CLOSED SUN. & MON.

RE/MAX AllStars

Carol Ficarra, CRS, ABR &
Richard Hartzak, Co-owners
"The Real Estate Superstars"

Buying or Selling One Call Does It All!

FREE MARKET EVALUATION
Ask For Carol or Rich
Coupon

(847) 965-5544 or 293-SOLD

Military

Army Pvt. Charles B. Kittay has graduated from basic combat training at Fort Jackson, Columbia, S.C.

During the training, the soldier received instruction and practice in drill and ceremony, marching, rifle marksmanship, armed and unarmed combat, map reading, field tactics, military courtesy, military justice, physical fitness, first aid, and Army history and traditions.

The private is a 1997 graduate of Niles North High School, Skokie.

Air Force Airman Anthony C.

Kreeger has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and customs and received special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

He is the son of George Kreeger of Des Plaines. His brother, Andrew Kreeger, resides in Morton Grove.

You can make a difference

Social Service Agency in Park Ridge is looking for volunteers to join their friendly office family. Four hour shifts are available on Tuesday or Wednesday morning or afternoon.

Assignments are also available assisting Maine Township area residents with grocery shopping, errands, escorted transportation, and/or friendly visiting.

Feeling creative? A fun opportunity exists for volunteers to assist a display artist in creating and placing displays in local libraries.

Contact the Retired and Senior Volunteer Program (RSVP) office in Arlington Heights (847) 228-1006 for further information.

PRODUCE WORLD

We Make Party Trays: Meat, Fruit & Cheese

PRODUCE	
FARM FRESH PICKLES 3 LBS. FOR \$1.00	RED RIPE WHOLE (SEEDED) WATERMELON 18¢ LB.
FRESH GREEN CABBAGE 15¢ LB.	SWEET CALIFORNIA PEACHES 79¢ LB.
MEAT	
LEAN & TENDER CENTER-CUT PORK CHOPS \$2.29 LB.	GRADE "A" FRESH SKINLESS/BONELESS CHICKEN BREAST \$2.29 LB.
HOMEMADE ITALIAN SAUSAGE (HOT OR MILD) \$1.89 LB.	
DELICATESSEN	
DOMESTIC SWISS CHEESE \$2.99 LB.	OSCAR MAYER BOLOGNA \$1.99 LB.
BLOCK & BARREL SMOKED TURKEY \$3.99 LB.	MULLER'S 1% MILK \$1.79 PER GALLON
MULLER'S 1/2 GALLON ORANGE JUICE 99¢ EACH	
GROCERY	
NESCAFE CLASSIC (100%) COFFEE (22 OZ.) \$7.99 EACH	HORIO EXTRA VIRGIN OLIVE OIL (3 LT) \$11.99
SIPA CUT VERMICELLI (1 LB.) 79¢ EACH	WILD RABBIT \$2.99 LB.
PREMIUM CORNISH GAME HENS (24 OZ.) 2 FOR \$5.99	

8800 WAUKEGAN ROAD
MORTON GROVE, ILLINOIS
(CORNER OF WAUKEGAN & DEMPSTER)
(847) 581-1029
Hours: Mon.-Fri 8-9, Sat. 8-8, Sun. 8-7
SALE DATES GOOD 8/2/01 TO 8/9/01

Why Select A Family Owned Funeral Home?

*Prices are traditionally much lower than those of corporate owned funeral homes.

* Our funeral directors and staff do not work on commissions. They will never pressure you to buy something that you don't want or need.

*All of our preparation work is done at our funeral homes by licensed funeral directors. Your loved one will not be transported to a "factory like" embalming facility.

*You will be treated with the respect and appreciation that only a family owned business can offer.

*We consistently upgrade our facilities and equipment to offer families only the best.

*The comfort of knowing the person you're dealing with. You will always see a familiar face at our chapels. Our staff is not rotated among dozens of funeral homes.

Colonial Wojciechowski Funeral Homes

Owned & Operated For Over 85 Years By The Wojciechowski Family

8025 W. Golf Road • Niles • (847) 581-0536
6250 N. Milwaukee Ave. • Chicago • (773) 774-0366

FAMILY OWNED AND OPERATED THE SKAJA FAMILY

SKAJA TERRACE FUNERAL HOME

7812 N. MILWAUKEE AVENUE
NILES, ILLINOIS
(847) 966-7302

SKAJA STANLEY FUNERAL HOME

3060 N. MILWAUKEE AVENUE
CHICAGO, ILLINOIS
(773) 342-3330

SKAJA BACHMANN FUNERAL HOME

7715 ROUTE 14
CRYSTAL LAKE, ILLINOIS
(815) 455-2233

BUD SKAJA

MICKEY SKAJA

JACK SKAJA

JIM SKAJA

BUD SKAJA JR.

JOHN SKAJA

ERIC SKAJA

GORDON WOJDA

MARK CIOLEK

Antiques Crafts & Collectibles

Artisans & Old Lace
1031 W. Touhy, Park Ridge
(Just steps west of Hollywood Video)
The Best of the Old & The New
Fine Arts and Crafts
Antiques & Collectibles
and much more!
We have the best consignment
rates in the area.
(847) 823-3773
Now OFFERING
GIFT BASKETS!
CHILDREN'S BIRTHDAY PARTIES & ART/RAFT WORKSHOPS CALL FOR INFO

SPECIALIZED IN ESTATE LIQUIDATION
FOR OVER 20 YEARS
PACE AUCTIONS
Antique & Estate Auction
Every Monday Night at 6:30 PM
David Pace
794 Lee St. Office:
/Mannheim Rd. (847) 296-0773
Des Plaines, IL 60016

WAR SOUVENIRS WANTED
GERMAN • JAPANESE AMERICAN
Private Niles collector will pay up to \$2,500 for one of a kind or a whole collection of Swords, Daggers, Medals, Uniforms Guns or Helmets
WILL PICK UP • WILL PAY CASH
847-390-6883

Almost New Resale Boutique
• Women's and men's vintage clothing • Accessories
• Antique Linens • Jewelry • Fedora's and More
Always Buying
(773) 792-3260
Pat Marchetti
Now located Wolf's Antique Mall
2031 N. Mannheim Rd., Melrose Park
or visit Pat at Wolf's Flea Market
2031 N. Mannheim Rd., Booth L3
(New clothing, accessories & gift items at Flea Market)

Little Ladies Antiques & Collectibles
Dolls • Linens • Glassware
Remember We Also Buy!
SINGLE ITEMS TO WHOLE ROOMS
773-831-3602
6217 N. Northwest Hwy. Chicago, IL 60631
HOURS: Tue-Sun 10 am - 3:00 pm Closed Mon.
• Paper Items • Christmas Items • Kitchen Collectibles
Sharon Durso

Wolff's Flea Markets
Rosemont Allstate Arena Info: (847) 524-9590
On Mannheim between Higgins & Touhy - Free Parking
Over 500 Vendors - Largest All Outdoor Flea Market in Chicagoland
Every Sunday 7am to 3pm
Melrose Park
2031 N. Mannheim, Melrose Park
-At North & Mannheim Aves.
Over 400 Vendors!
Every Sat. & Sun. 8 am to 4 pm
Antique Mall Open Mon., Thurs.
Fri., Sat. & Sun. - Over 75 Dealers
Shop Both Markets for only \$1.00 or less on the same Sunday

Vendor Opportunities for Oakton Fall Bazaar

Vendors of new or craft items have an opportunity to sell their seasonal merchandise at Oakton Community College's **Fall Bazaar** on Thursday, Oct. 11, from 9 a.m. - 4 p.m. The annual event is held at the Des Plaines campus, 1600 East Golf Road.
Sponsored by the Oakton Community College Annuitants Association, the **Fall Bazaar** is a day of fun for vendors, the college community and the public. The proceeds of the fundraiser benefit Oakton's Annuitants Association for retirees.

Rental vendor space is available in two sizes. A single space (4'x6') costs \$40, and a double space (4'x12') costs \$70. The **Fall Bazaar** committee reserves the right to choose vendors who best serve the image and quality of the event (no trademark "knock offs" are allowed).
Early registration is encouraged, as vendors will be allocated space on a first-come, first-served basis. To reserve vendor space, contact Bea Cornelissen at (847) 635-1812.

Jan's Antiques

Specializing in salvaged artifacts for the collector, rehabber, artist or vintage enthusiast. Jan's Antiques at 225 N. Racine (corner of Fulton), occupies 18,000 square feet and two stories with its inventory of pieces from 1880 to 1940.
Among categories on display are stained glass, antique tubs, pedestal sinks, decorative tiles, columns, doors, architectural carved stone, fireplace mantels and old picture frames. The shop has provided items on a rental basis that have appeared on movie sets.

Jan's Antiques is open from 1 p.m. to 7 p.m. Tuesday through Saturday, and 11:30 a.m. to 4:30 p.m. Sunday. Phone is (312) 563-0275.
This year Jan's also showing at Tommy Gun's Antique Mall in Delavan, Wisc., and she has a showcase display at the Chicago Antique Mall, 1934 W. North Avenue.
After hours, call (312) 243-1129. Fax is (312) 666-6830, and a website listing additional mall sites where she shows is available at www.chicago-antiques.com/jansantiques.

Jans Antiques
225 N. Racine, Chicago, IL 60607 312-563-0275
Tues to Sat 1 pm to 7 pm • Sunday 11:30 am to 4:30 pm
HUGE 18,000 SQ. FT. ANTIQUE SHOWROOM
• Antique Furniture • Light Fixtures • Paintings • Oriental Rugs • Frames • Architectural carved stone and wood • Stained Glass • Decorative tiles • Columns & Posts • Wood Ornaments • Classic Doors, Windows, Fireplace Mantels • Old Hardware • Pedestal Sinks and Claw Foot Tubs • Prop Rentals • Salvaged Old Furniture • Vintage Light Fixtures • Architectural Artifacts
Circa 1880-1950
www.chicago-antiques.com/jansantiques
Bought & Sold AS IS!

"Best in Midwest or Anywhere"
KANE COUNTY FLEA MARKET
Antiques, Collectibles, Fancy Junque
1st Sunday of Every Month and
Preceding Saturday Afternoon
August 4 & 5 **October 6 & 7**
September 1 & 2 **November 3 & 4**
Saturday Noon til 5 P.M.
Sunday 7 A.M.-4 P.M.
Adm. \$5.00 each day • Parking Free
KANE COUNTY FAIR GROUNDS
Rt. 64 & Randall Road
St. Charles, Illinois
The Robinson Family (630) 377-2252

Memories in the Making

by Jeanine Kromer

If you are like me most of your pictures are in a shoebox at the top of a closet somewhere in your house. The best I can do is to date them when I got them developed but that's about it for making memories in my house. If you want to change your ways, turn over a new leaf and/or start a new family tradition: Precious Memories in the Washington Commons Shopping Center is the place to go for inspiration. Precious Memories is a newly opened scrapbook supplies store in Morton Grove. A supplies store sounds rather pedestrian and Precious Memories is anything but pedestrian.

Immediately upon entering you are struck by color. There are racks and racks of paper to choose from. As mentioned, I am not a scrapbooker and I was compelled to peruse through all the different kinds of paper. The multitude of colors and patterns is exciting not to mention the tactile pleasure the paper gives. I was trying to think of something I could do with the paper like redoing my bathroom walls. For scrapbookers out there a few of the paper brands carried at Precious Memories are Susan Branch, Mrs. Grossman, Club Scrap, K & Company and Disney. The paper runs from 35-60 cents per sheet.

The many reels of stickers include kids, babies, animals, outdoor themes, sports, holidays, flowers, Disney and vacation just to mention a very few. I was enthralled by the Francis Meyer vacation stickers. It made me want

Artisans and Old Lace

Artisans and Old Lace, located at 1031 W. Touhy Ave. in Park Ridge (just west of Hollywood Video) offers antiques like a Victorian dresser, rolltop desk and Eastlake occasional tables, plus vintage lace pieces and embroidered cloths to place over them.

Collectibles and fine art pieces are available, such as glass blown items, fused glass, stained glass, painted porcelain, hand-made baskets, painted furniture, jewelry, handpainted silk scarves and pillows, floral centerpieces and wreaths—all great gifts made by local people.

This shop blends old and new and showcases the work of talented artisans.

Artisans and Old Lace has recently doubled its space, and is now able to offer art and craft workshops for groups of adults as well as kids birthday parties, with themes that include Teaparty/dress-up, My Secret Garden, Painting ceramics, Clowns, Flubber, Jewelry making, and more. Workshops are offered in basket making, jewelry making, watercolor printmaking, aroma therapy, collage, paper feather making, rosemaking, Japanese flower arranging, bead-and-wire-trimmed serving pieces, and rosary making.

to go on vacation. Like I said Precious Memories oozes inspiration to be creative and festive. Other stickers that caught my eye were Mc & My Big Ideas that featured these adorable kids!

Paperkins were another item worth mentioning. They reminded me of paper dolls from when you were little. Each package has a little person and comes with clothing and accessories. Overalls included theme related cut-outs and phrases to decorate an entire page from top to bottom. I have to mention the gum wrapper corner weaves. As a kid I spent

hours chewing gum and folding the wrappers into chains. What a way to whittle away a summer! Now you can use them to decorate a page in your scrapbook.

Precious Memories has a nice workspace room in the back and offers scrapbooking classes on site. The classes are usually on Tuesdays and Thursdays. Some of the classes include Basic Scrapbooking for beginners. For those interested in creating family keepsakes Precious Memories offers Heritage Workshop. Interested in making your own cards? How about the Making Mother's

(Father's) Day Cards (poems are provided) class? If you are an experienced scrapbooker looking for new holiday or vacation scrapbook ideas try the Holiday or Vacation class. The classes run from \$12-18 and include a few complimentary papers and/or stickers. The classes must be paid in advance. The classes are first come first serve so sign up early because space is limited.

Friday Crop nights are special social nights at Precious Memories. Every Friday scrapbookers get together at Precious Memories and work on their books and

chit-chat. Precious Memories owner Kim Connolly, an avid scrapbooker herself, provides a few snacks on Friday for a nominal fee.

Precious Memories is located at 7961 Golf Road in Morton Grove. Their phone number is 583-9952. Precious Memories' hours are Monday, 10 a.m.-6 p.m., Tuesday-Friday, 10 a.m.-9 p.m., Saturday, 10 a.m.-5 p.m., and Sunday, 11 a.m.-4 p.m. Precious Memories has a newsletter that tells what's new, what's on sale and provides details and a calendar on classes offered.

Georgia's
CANDY & NUT MANUFACTURER
Picnic Basket Bargains
Yogurt Peanuts 97¢ PER LB.
Chocolate Caramel Corn 99¢ PER LB.
Neon Mini Malt Balls 99¢ PER LB.
Health Mix 2.00 PER LB.
Trail Mix 2.00 PER LB.
Honey Roasted Peanuts 2.50 PER LB.
Selected Beanie Babies on SALE!
•FRESH NUTS ROASTED DAILY
WEDNESDAY Senior Citizen 10% Discount
"Ty" Beanie Babies
Gift Giving Ideas For Everyone
Store Hours
Monday Thru Friday: 7:00 am - 6:00 pm
Saturday: 9:00 - 3:00 pm CLOSED SUNDAY
Visit Our Retail Store
7500 Linder - Skokie
(Between Touhy & Howard on Linder)
(847) 677-NUTS
www.georgianut.com
WE SHIP U.P.S.
PERSONAL CHECKS ACCEPTED

Dining / Entertainment

A casually elegant kiss

by Jeanine Kromer

"Il Bacio (a kiss) the new restaurant in Niles featuring Northern Italian cuisine is neither fine nor casual dining, but somewhere in between. Il Bacio opened its doors about two months ago and is doing a brisk lunch and dinner business.

The warm and inviting ambience paints Il Bacio as an upscale yet informal dining establishment. Il Bacio's décor brought to mind an easy-going neighborhood café that prides itself on top of the line cuisine. From the framed heirloom family photos to the mixture of artwork showcased, Il Bacio delivered on a pleasant dining atmosphere. The booths were generous and the tables well spaced to avoid the cramped feeling many restaurants perpetuate.

Il Bacio's dinner menu is priced to expect excellent food and service. Our service was inconsistent due to our server covering a large area of the restaurant. When we saw her she was helpful and gracious, but a sim-

ple dinner ended up dragging (even though the conversation with my husband was brilliant and enlightening).

A basket of bread including the moist and flavorful tomato foccacio was brought for us to enjoy with bottled oil and Parmesan cheese. Our selection of bruschetta misto antipasto freddi included an excellent olive pesto, the salmon on toast Italian bread was lukewarm, and the tomato basil herb had plenty of tomatoes and onions.

The minestrone was loaded with vegetables and boasted a hearty consistency. The pasta and fagioli soup was mouth-watering delicious. The Mezzaluna Pollo Viareggio was an excellent combination of homemade half moon pasta stuffed with chicken, shallots, cognac, spinach and topped with creamy tomato sauce. The Costoletta Di Maiale Alla Griglia (pork chops marinated in garlic sauce with grilled vegetables) was perfectly cooked, crispy yet juicy and not too garlicky. The accompanying

potatoes were tasty but not earth shattering.

The menu at Il Bacio is wide ranging. Several pizzas are available including Calabrese pizza that has eggplant, onion and fontina cheese. Antipasti such as carpaccio (sliced raw beef, capers, shaved grana cheese & truffle oil) is an option. Il Bacio boasts an assortment of soups, salads and vegetables.

Il Bacio entrees feature a variety of pasta, veal, chicken, meat and fish dishes. Entrees include soup or salad and some offer a side of pasta. Options are in Italian on the menu and sound much more melodic and appetizing.

Il Bacio is a good place for a celebratory dinner or special night out where interesting company and good food are the aim of dining out. Il Bacio attempts to take the easy road to elegance by utilizing complimentary valet parking but it is a bit much. Il Bacio is located at 7305 Waukegan in Niles. The phone is 647-7474.

Don't walk in front of me, I may not follow. Don't walk behind me, I may not lead. Walk beside me and be my friend.

—Albert Camus

Guys and Dolls at North Central College

At the peak of summer's hottest days, enjoy a cool respite during North Central College's production of *Guys and Dolls* on August 2, 3, 4 and 9, 10 and 11 at 8 p.m. in Pfeiffer Hall, 310 E. Benton Ave. Tickets are \$12 for adults and \$10 for students and senior citizens and may be purchased at Pfeiffer Hall Box Office, open Monday-Friday, 1-5 p.m., and one hour before each performance, or call (630) 637-SHOW.

Over 130 cast members will sing and dance to "Sit Down, You're Rockin' the Boat," "I've Never Been in Love Before," "Bushel and a Peck," and of course, "Guys and Dolls." This production is directed and chore-

ographed by Brian Lynch, instructor of theater and fine arts outreach director, with set design by Jack Phend, associate professor of speech communication and theater. Musical direction is by Ryan Hourigan, lighting by Sam Dempsey.

Guys and Dolls is a Broadway musical about Sky Masterson (Johnathon Lynch/Daren Dunsenke) and Sarah Brown (Elizabeth Daniels/Summer Widham). Based on characters developed by Damon Runyon, Sky is a burn-out gambler while Sarah is a leader in the Salvation Army. As Sky attempts to steal the heart of Sarah, he begins to lose interest in his poker friends as he discovers what love is.

Jazzin' at the Shedd

Shedd Aquarium's Jazzin' at the Shedd continues to heat up Thursday nights in the Windy City through the end of August—letting guests spend time after hours enjoying the aquarium or relaxing on the North Terrace under Chicago's magnificent skyline. Featured performers in August are:

August 2: Bill McFarland & the Chicago Horns, with Eddie Chappell. Fresh off an impressive win at the BET National Jazz Search, this critically acclaimed group is known for its hard driving ultra tight horn work. The horns feature Kenny Anderson on trumpet, Hank Ford on saxophone and Bill McFarland on trombone. Jazz singer Eddie Chappell sings in a style reminiscent of Eddie Jefferson.

August 9: Chuchito Valdez Afro Cuban Ensemble. Spanning the wide world of Latin music and jazz, son of the famous Irakere pianist Chuchito Valdez, Chuchito Valdez has the virtuoso abilities of his father with the fire of youth.

Jazzin' at the Shedd is every Thursday night through August 30th. The Aquarium is open until 10 p.m., however, the Oceanarium and "Seashore Symphony" close at 8 p.m. Admission to Jazzin' at the Shedd is \$8 for adults, \$6 for children (3-11) and seniors. Jazzin' is included with the purchase of a One-Day Pass and as always, Shedd members are free.

Classic silent films with live musical accompaniment



The Silent Summer Film Festival presents classic silent films with live musical accompaniment:

- *The Son of the Sheik* (1926), Aug. 3, orchestra and organ accompaniment by the Lincolnwood Chamber Orchestra, Philip Simmons. Musical Director along with organist Dennis James.

- *Show People* (1928), Aug. 10, accompaniment by Dennis Scott at the Gateway Pipe Organ.

- *Peter Pan* (1924), Aug. 17, accompaniment by Jay Warren at the Gateway Pipe Organ.

- *Flesh and the Devil* (1927), Aug. 24, accompaniment by Dennis Scott at the Gateway Pipe Organ.

All on Friday and at 8 p.m. Festival passes \$34 (senior/student): \$39 (reg. Festival Pass). Individual films, \$7 to \$15.

Presented by Silent Film Society of Chicago, a not-for-profit film group devoted to heightening public awareness of the silent cinema through authentic

An historical romance for the modern woman

(NAPSI) - A woman loses everything in the Chicago Fire, only to find greater joy in its aftermath, in bestselling author Susan Wigg's new historical romance, *The Firebrand* (MIRA Books, \$6.99).

As Lucy Hathaway endeavors to escape the great fire, a baby falls from a burning hotel into her arms. She believes fate has given her a child to raise as her own. Five years pass, and Lucy settles into a comfortable existence as Maggie's foster mother, bookstore owner and women's rights activist.

When her store falls into financial straits, Lucy seeks the help of banker Randolph Higgins, a man who sparks mixed emotions. Rand still harbors pain from the fire, and reveals the loss of his child that fateful evening. Lucy realizes "her" child is, in fact, Rand's daughter! Is a marriage of convenience the only solution for two mismatched people who share a love for the young girl?

Read *The Firebrand* and find out. In bookstores and online at: www.mirabooks.com.



and proper presentations of silent pictures.

Contact Dennis Wolkowicz at (773) 777-9438.

ROSATI'S NOW OPEN FOR LUNCH
Hours: Mon. - Thurs. 10am-11pm
Friday & Saturday 10am - 1am
Sunday 10am - 10pm

8166 Milwaukee Ave. • Niles, IL
ROSATI'S 825-5855

MEAL DEAL EASY AS 1,2,3!!!
LARGE THIN CRUST PIZZA WITH 2 INGREDIENTS + 1 LITER POP + FREE DELIVERY **\$13.99** Plus Tax

ANY ORDER OF \$10.00 OR MORE
ANY ORDER OF \$12.00 OR MORE
ANY ORDER OF \$15.00 OR MORE

ROSATI'S VALUE MEAL
14" THIN CRUST PIZZA **Only \$13.95** Plus Tax
(Up to 2 ingredients)
2 Garlic Breads Plus 1 Liter of Soda

Martin's RESTAURANT PANCAKE HOUSE
5900 W. Dempster Morton Grove
847-663-1900

HOME COOKING
Away From Home
DAILY SPECIALS
Serving Breakfast, Lunch & Dinner
Breakfast Specials Starting @ **\$3.49**
Senior Citizen Specials **MON-FRI 11 AM - 5 PM \$5.55**
OPEN DAILY 5:30 AM - 10 PM

Daily Breakfast Specials
Daily Lunch Specials
We Accommodate Parties
Kid Friendly Children's Menu
Open 7 Days a Week 6 a.m. to 4 p.m.

FlapJack's PANCAKE HOUSE

8501 W. Dempster St. Niles, Illinois 60714
(847) 692-2748

ALL FRESHLY CUT INGREDIENTS

- Hungry Man Size Skillet
- Delicious Apple Pancakes And Dutch Babies
- Huge Omelettes
- Fresh Squeezed Orange Juice
- Half Pound Burgers
- Salads
- Homemade Soups
- Biscuits & Gravy

Warm Friendly Service

ba da Boom Homemade Italian Pizza, Pasta & More!

Coupon
\$2.00 OFF Any Order of \$10 or More.
Not Good with Other Offers. Expires 9-30-01

8014 N. Lincoln (847) 677-6600
Mon.-Fri. 11:30 A.M. - 9 P.M. • Sat. 12-9 P.M. • Sun. CLOSED

Downtown Skokie
Free parking in rear.

THE ORIGINAL SINCE 1977 **Needles** HOME OF THE HUNGRY GOURMET
WE GOT IT ALL BREAKFAST-LUNCH-DINNER GREAT FOOD-LOW PRICES CARRY OUTS-CATERING

PRIME RIB \$6.95 Tues. Night Special

LIVE MUSIC • DINING and DANCING
Wednesday thru Sunday
2 Drink Minimum
Follow the Fun Crowd to
5956 Higgins in Chicago 773-775-7525 • OPEN 8AM-7 DAYS

Timmy D on Wednesday & Sundays in August 7:15 to 11:15 P.M.

S&R Explosion Thursdays 7 to 11 p.m. in August • Peter Elvis Guerin Friday & Sat. in August

Summer Specials **SUBWAY** Summer Specials
850 Civic Center Drive Niles (Civic Plaza)
847-965-8050 Fax: 847-965-0945

SUBWAY \$1.00 OFF
Get \$1.00 OFF any Footlong Sub or \$1.50 OFF any 6" Sub or Salad
One coupon per customer per visit
850 Civic Center Dr., Niles, IL (847) 965-8050
Not valid with any other offer.
Expires: August 16, 2001

SUBWAY TWO
Regular Footlong Subs For Only **\$7.99**
One coupon per customer per visit
850 Civic Center Dr., Niles, IL (847) 965-8050
Not valid with any other offer.
Expires: August 16, 2001

SUBWAY FREE
Buy Any 6" Sub - Get 2nd FREE
With purchase of 32 oz. Drink Equal or Lesser Value
One coupon per customer per visit
850 Civic Center Dr., Niles, IL (847) 965-8050
Not valid with any other offer.
Expires: August 16, 2001

SUBWAY THREE
Regular Footlong Subs For Only **\$10.99**
One coupon per customer per visit
850 Civic Center Dr., Niles, IL (847) 965-8050
Not valid with any other offer.
Expires: August 16, 2001

THE MELROSE ALWAYS OPEN
RESTAURANT SPECIAL BUSINESS LUNCHEON

★ **MELROSE SPINACH OMELETTES ...**
"As Big as A Baseball Mitt & Popeyed with Enough Spinach"
to "BUST A MUSCLE" PAT BRUNO - Sun Times

SOUPS: Matzo Ball • Chicken Broth • Sweet & Sour Cabbage
Fresh Fish Daily • WE SPECIALIZE IN PASTA & STIR FRY DISHES

7201 N. Caldwell, Niles, IL
(847) 588-1500

3233 N. Broadway, Chicago, Illinois 60657 (773) 327-2060

Arvey's RESTAURANT
7041 Oakton St., Niles, IL 847-967-9790

Arvey's Specials
Specials Include: Soup, Salad and Potato (Dessert NOT Included)

LAKE PERCH	\$9.95
B.B.Q RIBS	\$13.95
FRESH BROILED SALMON	\$10.95
CENTER CUT PORK CHOPS	\$8.95

House Wine \$2.00 a Glass

NOW OPEN DAIRY FREEZE

OPEN EARLY Mon-Fri 5:30 A.M. Sat-Sun 8:00 A.M.

UNDER NEW MANAGEMENT
(Busse Hwy. between Oakton and Potter)

1056 Busse Highway
Park Ridge, IL • 847-698-2805

WAKE UP SPECIAL!
CELEBRATING OUR NEW ESPRESSO BAR

FREE Muffin
With Any Espresso Bar Purchase
Includes Hot or Iced Specialties

VALID ANYTIME LIMIT 4 PER COUPON

DAIRY FREEZE
CONSUMER: Coupon only good at the Dairy Freeze
1056 Busse Highway. Redeem this coupon only for the item(s) and size(s) indicated.
SAVE STORE: LIMIT ONE COUPON PER PURCHASE SAVE

Dining / Entertainment

Sweeten the season with strawberry treats

(NAPS)-Çilek in Turkey... fraise in France... klubnika in Russia. Regardless of the language in which you say it, the "strawberry" is a universally popular fruit enjoyed by people around the world.

The first fruit to ripen domestically in spring, this readily available berry is grown in every state throughout the country. In fact, 23.8 baskets of strawberries are sold every second in America.

Pair up this naturally sweet berry with one of America's other

favorite tastes - Reddi-wip real whipped cream - to create a delicious fruit treat.

Strawberries 'n' Cream Pizza
1-1/2 cups flour
1/2 cup butter or margarine, cold sliced
1 cup chopped pecans or walnuts
3 1/4-oz. packets chocolate-covered toffee bits
1 8 oz. package cream cheese, softened
1 cup powdered sugar
1 qt. fresh strawberries, hulled

and halved lengthwise

Reddi-wip real whipped cream
Preheat oven to 350 degrees F. In large bowl, combine flour, butter and nuts; mix until blended. Press mixture on bottom of 12-inch pizza plate or pan. Bake 10 minutes. Immediately sprinkle hot crust with 2 packets of toffee bits, distributing evenly over crust. Set aside to cool.

Combine cream cheese and powdered sugar; beat until blended and smooth. Spread evenly over cooled crust to within 1/2

inch of crust edge.

Arrange strawberries, cut-side down, in circular rows over cheese mixture. Decorate top of pizza with Reddi-wip real whipped cream in a spiral design, starting at center and ending at crust edges. Sprinkle remaining toffee bits over top. Serves 8-12.

Fresh Strawberry Pie
Crust:
15-oz. refrigerated sugar cookie dough
Filling:
2 cups fresh, very ripe straw-

berries, mashed

3 Tbsp. cornstarch
1 cup granulated sugar
2 cups whole ripe strawberries
Reddi-wip real whipped cream
Freeze sugar cookie dough until very firm but not frozen, approximately 2 hours. Preheat oven to 350 degrees F. Slice dough thin, and cover bottom and 1 inch up sides of a 10-inch springform pan. Bake 12-15 minutes, until brown. Cool and place on serving plate.

In a heavy pan, mix sugar and cornstarch; add mashed strawberries and cook slowly for about 10 minutes, until thick. Cool slightly and add whole berries. Pour into cookie crust. Chill. Decorate with Reddi-wip real whipped cream when ready to serve. Serves 6.

Receive an assortment of year-round recipes, fun dessert trivia and a 35¢ coupon toward purchase of a can of Reddi-wip real whipped cream in the new *Shake Up Your Recipes* booklet from Reddi-wip. For a free copy, send a self-addressed, #10 business-sized envelope with a 34¢ stamp to: *Shake Up Your Recipes Cookbook Offer*, P.O. Box 5524, Dept. M., Riverton, NJ, 08077. Allow six to eight weeks for processing. For more fun recipe and entertaining ideas, visit the Web site at www.reddi-wip.com.

Fresh Strawberry Tips From Reddi-wip®

- Select plump, bright red and fully ripe strawberries. The attached caps, known as calyx, should be green and fresh looking.
- If picking your own strawberries, go early in the morning or late in the day when the fruit is cool. They are best used within two or three days of picking.
- The moisture content of fresh strawberries is high, so store them uncovered or loosely covered.
- Size of the strawberry does not affect its sweet taste.
- This member of the rose family is the only fruit with seeds on the outside. In fact, each strawberry has 200 seeds.

Ice Drinks Deliver Coffee Flavor

(NAPS)-Cafe au lait. Coffee-Ole! Sensational coffee-flavored drinks are central to this season's celebrations.

From flavored iced-coffee coolers to delightful Kahlúa cocktails, many warm weather drinks are rich in wonderful coffee flavor.

One sensational surprise is the Kahlúa Rum-Cola, which offers a new twist on the traditional rum and cola. This delicious drink is easy to make, but for the beach or big summer parties, Kahlúa also offers convenient Drinks-To-Go four-packs.

Another favorite is the Kahlúa

Coconut Mudslide, which combines the smooth taste of a Kahlúa Mudslide and cream of coconut. Or for a riveting refreshing treat, combine Kahlúa, vodka and orange juice for a savory Kahlúa Skrew.

Here are some sensational recipes to get your warm weather festivities off to a happy start.

Kahlúa Rum-Cola
1 part Kahlúa
1 part rum
4 part cola
Pour over ice. Add a wedge of lime.

Kahlúa Coconut Mudslide
Equal parts:

Kahlúa
Vodka
Carolans Irish Cream
Cream of coconut
Favorite ice cream, milk or cream.

Toss into blender with a few ice cubes. Blend and garnish with a maraschino cherry.

Kahlúa Skrew
1 part Kahlúa
1 part vodka
4 parts orange juice
Pour over ice and enjoy.
For more drink recipes, visit www.kahlua.com.

Niles North presents 'Laughing Wild'

The Niles North Drama Department will open the 2001-02 theater season with the Director's Circle production of Christopher Durang's *Laughing Wild*. A free community performance will be held at 10 a.m. on Thursday, August 20 in the auditorium at 9800 North Lawler, Skokie. Regular performances are at 7 p.m. on Friday and Saturday, August 30 and 31. Tickets are \$9 at the door. To reserve tickets, please call the Box Office at (847) 568-3424.

Laughing Wild by American playwright Christopher Durang is a challenging and thought-provoking satire on contemporary life. An unnamed man and an unnamed woman, meet by chance in the supermarket. We hear their dreams, their obsessions, their fantasies and their concerns through monologues that reflect and explore daily life in urban America.

The Director's Circle is an audition-only program at Niles North designed to offer an opportunity for outstanding theater students to hone their craft. Actors are chosen before the play, so the play is really chosen for them, to showcase their abilities. Upon completion of this production, the students are expected to assist their teachers in the school's theater classes, run acting clinics and work as leaders in sharing their skills with fellow drama students.

5th Annual Summer Outdoor Concert

Regency Healthcare and Rehabilitation Centre will hold a 5th Annual Summer Concert Sunday, August 12, 2001 from 1-4 p.m. Featuring the Sark Antarian Band. Music of the 40s, 50s, and 60s. Food and beverages will be available.

All proceeds from raffle ticket and food sales will be donated to the National Kidney Foundation of Illinois Inc.

For more information call Grace Nawakowski at (847) 647-1116. Regency Healthcare is located at 6631 N. Milwaukee Ave., Niles, Illinois.

Storm captures second in Mayor's Cup

The Skomor Storm representing the Skomor Soccer Club finished second in the 10 and under, very competitive, travel division on Saturday, July 21 at Montrose and Lake Shore Drive in Chicago. The tournament draws teams from the Chicagoland and suburban areas.

The team played most of the tournament (6 matches) without a

substitute because of an injury, in the intense heat and humidity. They finally succumbed to Deerfield Pegasus Fire in the championship game 1 to 0.

Team members include Michael DiGregorio, Mark Lara, Sean Lewis, Alex Mussar, Luke Ostrowski and Milan Tjanic. John Ostrowski coached the team.

The Bugle Newspapers
"The Newspapers That Deliver"

La Roma

Original Owners of Roma on Milwaukee

Back By "Popular Demand"

Serving the **BEST** Italian Beef in Town

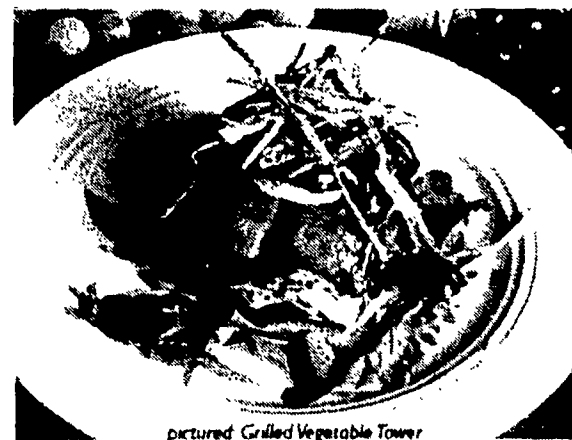
FREE 16 oz. Drink w/purchase of ITALIAN BEEF

Next to Classic Bowl

Serving Lunch & Dinner
Open Daily 11 a.m. - Sun. 12 Noon

8530 Waukegan Rd. Morton Grove
(847) 470-9890

TJ's



pictured Grilled Vegetable Tower

We are celebrating our New Summer Menu.

We would like to invite you, our neighbors and friends, this July to join us for a complimentary glass of wine and 10% off an Entree.

(*Valid through 7-31-01. Not Valid with other offers or discounts, for Brunch, Holidays, or Specials. Does not include Tax or Gratuity.)

Call for reservations or information
847-982-5647
(Please mention ad)

Our Outdoor Deck is now open.

Located in the RADISSON NORTSHORE
4500 West Touhy Avenue, Lincolnwood, IL 60712
847/677-1234 (fax) 847/677-0234 - www.purplehotel.com

la Pasta-Ria

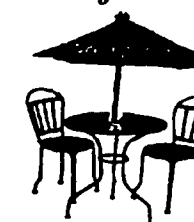
We've Relocated!
(formerly in Glenview at Milwaukee & Central)



Exceptional Cuisine

on the **Links**

Enjoy Our Newly Opened Outdoor Cafe!



Join Us For Lunch or Dinner
10% OFF
Purchase of \$6.00 or more (with this coupon)
Not valid w/any other offer

BUSINESS HOURS

Monday Closed
Tuesday thru Thursday 11:30 a.m.-9:00 p.m.
Friday 11:30 a.m.-10:00 p.m.
Saturday 12:00 p.m.-10:00 p.m.
Sunday 3:30 p.m.-9:00 p.m.

847-581-3129

6676 West Howard, Niles, Illinois 60714
Have Your Next Special Event or Occasion Using
BANQUETS BY THE GREEN
Overlooking beautiful Tam O'Shanter's Golf Course
FOR BANQUETS CALL 847-581-3120

Newly Remodeled

Cafe BRAVO Restaurant
Breakfast • Lunch
Carry Outs • 647-0261

OPEN 7 DAYS A WEEK!
MON.-SAT. 5AM to 5PM
SUN. 7AM to 3PM

Still Serving The Best Breakfast & Lunch
Special Breakfasts From \$7.99
We Specialize in Omelettes & Skillet
We Make the Best Hash Browns in Town

6701 W. TOUHY • NILES



6881 N. Milwaukee Avenue
Niles 60714
847/647-8282

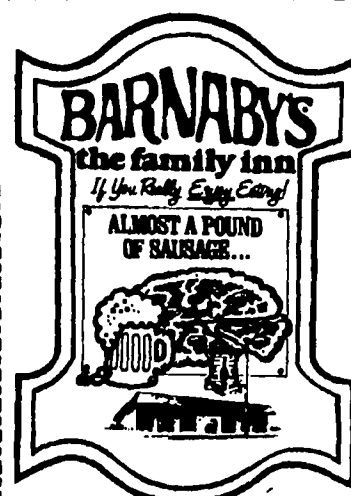
OPEN FOR LUNCH AND DINNER
Private Banquet Facilities
For 10-100 People

Music in August

August 3 -- Tony Smith 9-11 (\$5.00 Cover)
August 10 -- Bob Perha & Persistence Orch. 9-11 (\$5.00 Cover)
August 20 -- Judy K Trio 8-11 (\$5.00 Cover)

Tuesdays -- Jack Carr, Pianist & Singer -- 7 to 10:30
Wednesdays -- Jerry Owings, Pianist & Singer -- 7 to 10:30
Thursdays -- Jack Carr, Pianist & Singer -- 6:30 to 9
JAZZ JAM - John Bany, Charlie Braugham & Don Stille -- 9 to 1
Saturdays -- Lou DiGangi, Swing Band -- 9 to 12:30
Sundays -- Judy Roberts-Greg Fishman -- 5 to 9

6882 N. Milwaukee - Niles IL 60714 -- 847-647-8282 -- Dining, Cocktails & Live Music



BARBANY'S
the family inn
If You Really Enjoy Eating!
ALMOST A POUND OF SAUSAGE...

SERVING
Pizza, Hearty Sandwiches
Appetizers, Soft Drinks, Beer and Wine.
\$2.00 OFF
any food order \$10.00 or more not including tax.
TUESDAY SPECIALS
BEER PITCHERS \$5.00
MUGS \$1.50

Not to be used with any other coupon.
One coupon to be used for each order.
Offer Good Now thru SEPT. 30, 2001
DINE-IN OR CARRY-OUT

7950 N. Caldwell, Niles (847) 967-8600

Coupon

2-Scoop Sundae for only \$1.99!

Coupon good towards one \$2.95 regular sundae. Offer expires 8/31/01. Not valid with any other discounts.

YUMMY!



Village Creamery
HOMEMADE ICE CREAMS
8000 Waukegan Rd. Niles, IL 60714 (847) 965-9805
(corner of Waukegan & Oakton)

Continuing education classes

Register now for fall 2001 classes offered by the Alliance for Lifelong Learning (ALL), the continuing education program partnered by Oakton Community College and district high schools. The fall 2001 term begins Aug. 27.

Each year more than 20,000 people take advantage of its many learning opportunities at

various locations throughout the district. From "do it yourself" classes to courses for updating professional skills, ALL has a class to benefit every lifelong learner, including more than 50 online classes for those who enjoy learning at home. For more information, call (847) 982-9888, press #3.

**READ THE BUGLE
FOR SUBSCRIPTIONS CALL
(847) 588-1900**

FREE LOTTO TICKET with purchase of \$20 Lotto	JAY FOOD & LIQUOR 6005 S Dempster St. Morton Grove Dempster & Austin Corner 847-583-8081	OLD STYLE LIGHT \$1.99 6-12 OZ.
Mon.-Sat. 8:30 AM to 9:30 PM Sunday & Holidays 9:00 AM to 7:00 PM		
MARLBORO KOOL	\$29.99 + tax Per Carton	
RED DOG \$9.99 30 PACK	BUSH LIGHT \$10.99 30 PACK	MILLER HIGH LITE \$11.99 30 PACK
Prices are subject to change without notice. Surgeon General's Warning: Cigarette smoke contains carbon monoxide.		

WANTED HOMES FOR SALE
IN
**NILES, MORTON GROVE
DES PLAINES, PARK RIDGE
GLENVIEW, NORTHWEST CHICAGO**

WE HAVE MANY BUYERS WHO WANT TO MOVE TO THESE COMMUNITIES, BUT WE HAVE A SHORTAGE OF HOMES TO SELL

OUR CLIENTS ARE GETTING TOP DOLLAR FOR THEIR REAL ESTATE

CALL
CALLERO & CATINO REALTY
847-967-6800
ERA 773-774-1900
7609 MILWAUKEE, NILES

We are one of the top 100 ERA offices in the country and have been serving this community since 1956.

Kiwanis presents Education Awards



Three students at Resurrection High School were recipients of Leadership and Community Service Awards presented by the Edison-Norwood-O'Hare Kiwanis Club during a special luncheon ceremony at Norwood Park Home, (NPH), 6016-20 N. Nina Ave. in Chicago. Participating in the presentation (from left) are Jon Skor, Kiwanis Club president; Marcia Mahood, Kiwanis Club vice president and NPH president/CEO; Monica Sionski, senior year (\$250 scholarship); Lauren Bakula, senior year (\$250 scholarship); Catherine Ketter, sophomore year (\$100 scholarship); Principal Jo Marie Yonkus; and Resurrection High School Kiwanis Key Club Coordinator Mike Longo. The recipients demonstrated a future commitment to community involvement and leadership. The Kiwanis Club awards program seeks to recognize those individuals who work to improve their community.

Registration for District 63 students

East Maine School District 63 will be conducting registration for students in grades kindergarten through eighth grade during the week of August 13th. Specific times are listed below. Parents should bring their child's birth certificate, proof of residency, and money for school fees.

Apollo School: Wednesday, August 15, 5 - 8 p.m.; Thursday, August 16, 9 - 11 a.m. and 1 - 3 p.m.

day, August 16, 9 - 11 a.m. and 1 - 3 p.m.
Gemini Jr. High: Wednesday, August 15, 1 - 3 p.m. and 5:30 - 7 p.m.; Thursday, August 16, 9 - 11 a.m.

Mark Twain: Wednesday, August 15, 12 - 3:30 p.m. and 5 - 8 p.m.; Thursday, August 16, 9 - 11 a.m. and 1 - 3 p.m.

Melzer: Wednesday, August 15, 9 - 11 a.m. and 1 - 3 p.m.

Nelson: Wednesday, August 15, 1 - 3 p.m. and 5 - 7 p.m.

Stevenson: Wednesday, August 15, 9 - 11 a.m., 1 - 3 p.m. and 5:30 - 8 p.m.; Thursday, August 16, 9 - 11 a.m. and 1 - 3 p.m.

Washington: Wednesday, August 15, 9 - 11 a.m., 1 - 3 p.m. and 6 - 8 p.m.; Thursday, August 16, 9 - 11 a.m.

MEDICAL/PROFESSIONAL GUIDE

HOME INSPECTION SERVICE

Before you invest it...
Make sure you inspect it!

Thomas J. Jankowski
Niles 847/470-1950
PERFECTION INSPECTION INC.

Satisfaction Guaranteed!

*\$25.00 off with this ad!

INSURANCE

AMERICAN FAMILY INSURANCE
AUTO HOME BUSINESS HEALTH LIFE

MARINA STANOJEVIC
7400 NORTH WAUKESHA ROAD,
2ND FLOOR SOUTH, SUITE 3
NILES, ILLINOIS 60714
PHONE: OFF. 847-588-2644
FAX: 847-588-2646
©1997 American Family Mutual Insurance Company and its subsidiaries
Home Office - Madison, Wis. 53783
http://www.afm.com

Speaks Three Languages:
Serbian, Romanian & French

PAIN RELIEF

Free Sample!
Tired Of Pain?
We want you to try our new product
Sore No More
100% Natural Pain Relieving Gel
We want you to try our product and become one of the thousands of satisfied users who call Sore No More the "Miracle Gel"
Call us at 1-800-842-6622 and we'll send you a FREE sample and a full list of our ingredients!

REAL ESTATE

Century 21
Marino Realtors Inc.

5800 Dempster
Morton Grove, Illinois 60053
Business 847-967-5500
Toll Free 800-253-0021
Fax 847-965-5600
Residence 847-965-1774
www.hedrick.com
Joseph R. Hedrick, CRS
REALTOR 1998

Police News

Niles

DUI

On July 26 a routine patrol of Bunker Hill Woods observed a van traveling at a high rate of speed. The van turned onto Gross Point Road and took that to Touhy and on Caldwell the van was speeding in 35 zone. The van was stopped at 6700 Caldwell. The officer detected a strong odor of alcohol on the driver's breath. The driver failed field sobriety tests and was arrested for driving under the influence.

SPEEDING

A stationary patrol on July 27 observed a car going 50 in a 35 zone. When stopped at 7200 Dempster the officer learned the man's driver's license was suspended. He was arrested for speeding and driving on a suspended license.

On July 26 a man was stopped at 7600 Dempster for going 52 in a 35 zone. The driver was also driving on a suspended license and had no proof of insurance.

While on a stationary patrol at Milwaukee and Touhy on July 24 an officer was approached by a man who wanted to report that a woman may have been hit by a car down the road. The officer ran a computer check and discovered

the driver had a revoked license. The man was stopped at 6800 Touhy and did not have proof of insurance either.

A man was stopped at 8300 Dempster for doing 49 in a 25 zone on Cumberland. The man was arrested for speeding, no driver's license and no proof of insurance.

THEFT

On July 26 a man and a woman entered a shoe store at the 8400 block of Golf. The man requested assistance in the rear of the store while the woman remained at the sales counter. After they left the employee discovered the cash drawer open and money missing. No suspects at this time.

On July 23 a man returned to his car in a parking lot at the 300 block of Golf to observe a suspect removing all four hub caps from his van. The suspect attempted to escape in a grey four door Chevy Caprice. The victim reached into the car and was shoved by the suspect. Three witnesses observed the suspect taking the hub caps and shoving the victim. Estimated cost of hub caps \$100.

STOLEN AUTO

On July 22 the victim at the

Park Ridge

BURGLARY

A \$400 bike was taken between July 16 and 18 from an unlocked garage at the 300 block of Knight.

On July 16 a \$650 BMX dirt bike was stolen from an unlocked garage at the 1200 block of Courtland.

Between July 7 and 15 the kitchen screen window was cut at a house at the 1300 block of Fairview and money was taken.

A \$850 Trek bike was taken from an unlocked garage at the 1000 block of Western on July 7.

BURGLARY TO MOTOR VEHICLE

On July 18 \$600 and credit cards were taken from an unlocked Honda Civic in a business parking lot at the 600 block of Busse Hwy.

The convertible top of a Chrysler Sebring in a driveway at the 1500 block of Dee was cut open on July 15 and a purse containing \$35 and glasses (\$10) were stolen.

On July 13 a radar detector (\$350), digital camera (\$700) and a Nokia cell phone were taken

from an unlocked Cadillac parked in the street at the 200 block of Ashland.

A Nokia cell phone (\$100) was taken from a Pontiac Grand Am parked in a residence driveway at the 100 block of Knight on July 12.

On July 12 a CD changer (\$40) and CDs (\$100) were stolen from an unlocked Chevy Blazer parked in a driveway at the 1100 block of Knight.

A purse with money, driver's license and credit cards was stolen from an unlocked Plymouth Voyager in a parking lot at the 1500 block of Touhy on July 11.

Between July 7 and 13 a parking permit (\$75) was taken from an unlocked Lincoln Town Car on the street at the 1700 block of Glenview.

CRIMINAL DAMAGE TO PROPERTY

On July 16 a school building at the 200 block of Lincoln was spray painted with graffiti.

At the 200 block of Belle Plaine a rock was thrown through a storm door window causing \$100 in damage on July 13.

Stop Crime!

BY JEFFREY CARDELLA
Special to The Bugle

PUBLIC SERVICE ADVERTISEMENT

Edward Jones:

When Should you 'Rebalance' your Investment Portfolio?

Once you create an investment portfolio, it's important to keep track of it on a regular basis. Over time, you'll have to make adjustments in response to changes in your life and the marketplace. If you do a good job, your vigilance will be rewarded with a portfolio that reflects your personal and financial situations at every stage of your life.

When you first build your portfolio, you need to factor in three key elements:

- **Your investment personality** -- All of us have different investment personalities. Some of us are comfortable accepting a larger degree of risk in exchange for potentially higher returns. Others would rather know that our principal is fairly secure, even if it means accepting little or no growth. As you put various investments into your portfolio, you'll need to make sure that you are comfortable with the cumulative level of risk.

- **Your time horizon** -- What you choose to invest in depends a great deal on how long you plan to invest. If you're just starting out, you may want to tilt your portfolio more heavily toward growth stocks. These stocks are also the most volatile, but, with many years to go before you retire, you will have time to "ride out" these ups and downs.

- **Your investment goals** -- What you plan to do with your investments is also a key factor in selecting them. For example, if you need to accumulate a lot of money in 10 years to pay for your 8-year-old's college education, then you're probably going to choose some different investments than you would if you're primarily saving for your retirement in 30 years. Your first challenge is to accommodate all these factors and build a diversified portfolio. Your next challenge is to "rebalance" this portfolio when needed, in response to changed conditions -- either in your life or in the financial markets.

What types of changes could cause you to rebalance your portfolio?

The possibilities are numerous. If you have a new child, you may need to reposition some assets to build savings for college. If you start a new job with a bigger salary, you may be able to allocate more money among a wider array of investments. If you're entering your retirement years, you may want to shift some (but not all) growth assets into income-producing vehicles.

Changes in the financial markets also can lead to the need to rebalance. If your holdings are somewhat heavily weighted toward a particular sector, and that sector is poised for an extended rough spell, you may want to make some adjustments. Or, if you have some international investments in one particular region, and that region has lost its luster, you may want to shift some dollars to another area.

However, you'll want to be careful not to overreact to short-term market events. Ideally, you want to buy quality investments, hold them for the long-term and ignore short-term price fluctuations. It may be time to rebalance if you sense a significant "sea change" is under way -- but if it's just a ripple on the surface, you don't want to jump overboard.

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, 470-8953.

SKATING SUPERSTORE
Best Selection!!
Best Prices!!
Best Service!!

The Best Just
Got Better
New Location

\$20.00 OFF ANY 2001 MODEL With This Coupon

RAINBO Sports Shop
SINCE 1956

4107 Oakton Street
Skokie, Illinois 60076
2 Blocks West of Crawford

Featuring:
Salomon K2
Rollerblade Technica
And More

847-982-9000

Senior information camps

Advocate Lutheran General Hospital has set up a series of free indoor Senior Information Camps this summer to provide information about health care issues to older adults.

Attendees at the camps will learn about Lutheran General's older adult services, physicians and medical offerings. Senior Advocate program, Medicare and insurance counseling services, adult day care and assistance with daily living, wellness programs, community resources, geriatrics program, support groups and volunteer opportunities.

In addition, each "camp" will feature a drawing with prizes from Old Country Buffet in Niles and more.

Camp sessions will be held

from 10 a.m. to noon at the following locations:

Saturday, August 11—Advocate Medical Group, 4920 N. Central Ave., Chicago.

Wednesday, August 15—Randhurst Shopping Center, 999 N. Elmhurst Road, Mt. Prospect. Thursday, August 23—North Shore Senior Center, 161 Northfield Road, Northfield.

Wednesday, August 29—Park Ridge Senior Center, 100 S. Western, Park Ridge.

Wednesday, September 12—Old Country Buffet, 8780 W. Dempster St., Niles.

Space is limited and registration is required. For more information or to sign up, call 1-800-3-ADVOCATE (1-800-323-8622).

Senior men's bowling

Niles Senior Men's Handicap Bowling League is looking for men interested in joining the league. Organized by Niles resident, Andy Anderson in 1985, the league meets weekly at 12:30 p.m. on Wednesdays at Brunswick Niles Bowl. Each team is sponsored by one of our local merchants. The league is open to all senior men, regardless of handicap. The league is currently looking for men who would either like to bowl weekly

or would like to join as a substitute bowler. If you are interested in participating or would like to learn more about the league, please contact either Andy Anderson (647-7245) or Joe Kucan (966-3029). There will be a meeting at 12:30 p.m. on Wednesday, August 29th for all league members. The new bowling season will begin Wednesday, September 5th at Brunswick Niles Bowl, 7333 N. Milwaukee Avenue in Niles.

Registration opens for Oakton's Emeritus program

Register now for fall 2001 classes offered by Oakton Community College's Emeritus program. Designed for students over 50, the program features lectures, seminars, tours and credit and non-credit courses about diverse and fascinating topics. Students age 60 and older pay half-tuition for most Emeritus courses, providing they live in the college district and show proof of age and residence at registration.

Several one- and three-credit-hour courses have been selected by the Emeritus program as being of special interest to older students. These include *Introduction to Creative Writing*, *World Religions*, *Photo Electronic Imagery*, *Fundamentals of Acting and Computers for New Users*. New credit classes have been added as well, including *Diversity in American Society*, *Adult Examination of the Books of Childhood: A Return to Wonder and Southern Writers: The Christ-haunted Landscape*.

Also scheduled for fall 2001 are three popular Emeritus series. *Passport to the World*, lectures about foreign relations; *Passages Seminar*, a program that covers various topics, including art, music, history and current events; *People and Places*, profiles of different cultures and countries; and *Celebrating the Arts in Chicago*, tours to local cultural events and attractions.

For more information about courses and events offered by Oakton's Emeritus program, call (847) 635-1414.

The CPI "correction"

(NAPSI)—A Social Security recipient with "average" benefits in 2000 will lose more than \$1,200 over the next five years due to changes made since 1992 in the way the Consumer Price Index (CPI) is calculated according to a TREA Senior Citizen League study. "No legislation protects Social Security beneficiaries from the long-term impact of these changes," says George A. Smith, chairman of TSCL.

A more slowly growing CPI means lower Social Security and military retirement Cost of Living Adjustments (COLAs).

"The changes cause an erosion of buying power in Social Security benefits at a time when many seniors' expenses—like health insurance premiums and prescription drugs—are climbing at double digit rates. We encourage seniors to contact elected officials to question the CPI changes and to ask them to support a more fair COLA," Smith adds.

The secret of the world is the tie between person and event. Person makes event and event person.
—Emerson

Niles Senior Citizens 588-8420 – 588-8000

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center offers FREE membership to Village of Niles residents, age 62 and over, and their spouses. To register for classes, trips, or purchase tickets, you must be a member of the Center. To register to become a member, please drop in and fill out an application, or call us and we will mail one to you.

NILES - ONLINE

Visit the Village of Niles online at www.vniles.com. Learn more about the Village and its services, 24 hours a day, 7 days a week. While online, take a moment and give us your thoughts through our online survey. Help us make this site work better for you.

FOR YOUR HEALTH - AUGUST

We are looking for volunteer registered nurses for our monthly blood pressure program, second Wednesday of the month, 1 to 3:30 p.m. Call Terry Dalla Valle, RN, BSN, at 588-8420.

AUGUST 8

BLOOD PRESSURE SCREENING

Blood Pressure Screening is Wednesday, August 8, 1 to 3:30 p.m., Rm. 127. No appointment is necessary.

AUGUST 17

HEALTH & WELLNESS FAIR

Health & Wellness Fair is Friday, Aug. 17, 7 a.m. to 12 p.m. Health Profiles is a blood test for \$45 which includes 24 tests to help detect diabetes, kidney disease, liver disease, bone and muscle disease and more. Also cholesterol, HDL, LDL, and a complete blood count to detect anemia, leukemia, and bleeding abnormalities. Other tests and screenings will be available for a nominal fee. You must call (847) 590-0200 to register with MyHealthlink. The Senior Center will offer complimentary screenings, including hearing, massage, blood pressure, and more. No appointments are needed for these complimentary screenings. Watch for further information. Volunteers needed.

AUGUST 30

DO NOT RESUSCITATE (DNR)

Do Not Resuscitate (DNR) is Thursday, Aug. 30 at 2 p.m. Mary Ann Marcotte, RN, E.M.S., Director of St. Francis Hospital, will discuss new state regulations regarding DNR's. Find out how this new law may help you meet your wishes. Registration is needed.

IMPORTANT: NEED TO MAKE A CHANGE? INSURANCE OPTIONS!

Important informational session at 2 p.m., Thursday, Aug. 16, (repeated 11 a.m., Thursday, Sept. 6). Help sort out health insurance options. Especially important for those in Humana Gold Plus at Lutheran General Hospital which is being cancelled December 31.

AUGUST TICKET SALES

Wednesday, Aug. 8, at 8:45 a.m. First come, first served. Enter through the East Entrance. Doors open at 8:30 a.m.

Poker Tournament - Friday, Aug. 10, 12 noon. Come & play seven-card stud & five card draw. Lunch and prizes. Cost: \$3.50. Registration required.

REGIONAL SPELLING BEE

The Regional Spelling Bee is 10:30 a.m., Thursday, Aug. 2 at our Center.

BOOK DISCUSSION GROUP

Friday, Aug., 3 at 10 a.m.
The Samurai's Garden by Gail Tsukiyama. Cost: \$1 includes morning pastry.

SECRETARY OF STATE SUPER SENIOR DAY

Secretary of State Super Senior Day is Monday, Aug. 6, 9:30 a.m. to 2:30 p.m. Rules of the Road refresher course is 9:30 to 11:30 a.m. Vision Screening is 12 to 2 p.m. Renew your license, State ID or sticker. No registration needed. Call Kelly at 588-8420.

GENERAL TICKET SALES

Please Call For Ticket Availability
Evening at the Center - Salute to the Comedienne - Friday, Aug. 10, 6 to 8:30 p.m. Join us as *The Pretenders* perform scenes from *My Favorite Husband*, *Baby Snooks*, *2nd Hand Rose*, and more. Lite meal served (at 6 p.m.) prior to performance. Cost: \$5.

Saturday at the Center - Saturday, Aug. 11 - Repeat performance, 5 to 7:30 p.m. This is a repeat performance of the Friday, Aug. 10 show. Lite meal at 5 p.m. Cost: \$5.

Evening at the Center - "Let's Start the Family Feud" - Tuesday, Aug. 14, 5 to 8 p.m. Dinner is a sub sandwich, chips, and dessert. Cost: \$6 includes meal & prizes.

Morton Grove Senior Citizens 470-5223

CHOLESTEROL SCREENING CLINIC NOW BY APPOINTMENT

The Thursday, Aug. 2 cholesterol screening at the Morton Grove Village Hall Senior Center will be conducted by appointment only. Appointments will be available between 9 to 11 a.m. The cost for this total cholesterol test is \$4 for residents and \$5 for non-residents. Please call the Morton Grove Senior Hotline at 470-5223 between 9 a.m. and 12 noon to make an appointment. Fasting is required for a 12-hour period prior to testing. Water and medications that can be taken with water are allowed. Please keep in mind that only a total cholesterol result and not a breakdown of HDL and LDL will be given to patients.

HOUSE ON THE ROCK

There is no place quite like the fabulous House on the Rock. It is a mesmerizing introduction to one person's imagination and dreams that have become a reality. The Prairie View Travel Club invites Morton Grove seniors to enjoy this trip on Tuesday and Wednesday, Aug. 7 and 8. Located in Spring Green (southwest) Wisconsin, this premier attraction hosts over a half million guests a year. Highlights include the House on the Rock itself, the House on the Rock Inn and Infinity Room, the Hillside Studio and Theater at Taliesin (a Frank Lloyd Wright building), and Riverview Terrace. The cost is \$180 for double occupancy and \$210 for a single. Register at Prairie View.

55 ALIVE DRIVER SAFETY PROGRAM

AARP's "55 Alive Driver Safety Program" is an eight-hour two-day course for older motorists. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes in improving their driving skills. Additionally, drivers will find that by completing this course they can receive a discount on a portion of their automobile insurance. The next course offered at the Morton Grove Village Hall Senior Center starts at 8:30 a.m. on both Thursday, Aug. 16 and Saturday, Aug. 18. The cost of the course is \$10. Call the Senior Hotline at 470-5223 to sign up.

EMPRESS CASINO

This is truly a sizzling end-of-summer special. Join the Prairie View Travel Club on Tuesday, Aug. 21 as they head to Hammond, Indiana for some gambling at the Empress Casino. An all-you-can-eat buffet lunch is included as well as deluxe motorcoach transportation. Also receive \$10 cash back.

The bus leaves the Prairie View Community Center at 9:15 a.m. and returns at approximately 5 p.m. The cost is \$23 for residents and \$26 for non-residents. Register at Prairie View.

PICNIC IN THE PARK

Celebrate the closing days of summer with an old fashioned picnic on Thursday Aug. 23 from 5:30 to 7:30 p.m. Enjoy the evening breezes at the Harrer Park Pavilion, or if it rains, the air conditioning at the Prairie View Community Center. There will be games, prizes, entertainment, and barbecued chicken and hamburgers with all the trimmings. The cost is \$14 for residents and \$17 for non-residents.

EXPLORE TRAVERSE CITY & GRAND RAPIDS

This fall journey will uncover hidden treasures in Michigan from Tuesday, Sept. 4 through Friday, Sept. 7. Travel north into Michigan, all the way to Grand Rapids to tour the Gerald R. Ford Museum, on the banks of the beautiful Grand River. Day two includes a visit to the Frederik Meijer Gardens and an indoor tropical conservatory, the largest in the state. Then it's on to Traverse City for dinner aboard the Grand Traverse Dinner Train. On day three, visit the Old Mission Peninsula, taking in the sights as a local guide describes the colorful history. In the evening there is the option of gambling at the Turtle Creek Casino. On day four, before departing for home, stop to explore the Music House, a unique museum, housing a large collection of rare antique automated musical instruments. A stop at the Cherry Republic also awaits to satisfy the sweet tooth.

The cost is \$470 for double occupancy, \$600 for a single, and a \$100 deposit is due with your reservation. Register at Prairie View.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hotline at 470-5223, or the Prairie View Community Center at 965-1200.

Walking helps control appetite, reduce stress

(NU) -- Today, more than 50 percent of adults in the United States are overweight or obese.

This is a dangerous statistic because obesity is a risk factor for type 2 diabetes, heart disease, stroke, high blood pressure, and some forms of cancer and other conditions. Obesity also is associated with psychological disorders such as depression. Fortunately, lowering your risk may be as easy as healthy eating and a walk in the park.

Physical activity decreases the risk of obesity and factors associated with being overweight. The Surgeon General recommends that adults exercise five times a week for at least 30 minutes. However, according to NIH, only 22 percent of adults are getting this amount and about 25 percent claim they do no physical activity at all.

If you're interested in starting to exercise, walking is one of the easiest and most effective forms of physical activity you can choose. You can do it almost anywhere at any time and there's no need to join a gym. All you need is a comfortable pair of shoes.

There are many benefits of walking, including that it:

- Gives you more energy.
- Makes you feel good.
- Helps you relax.
- Reduces stress.
- Helps you sleep better.
- Tones muscles.
- Helps control your appetite.
- Increases the number of calories your body uses.

To walk correctly, hold your chin up and your shoulders slightly back. Walk so the heel of your foot touches the ground first. Roll your weight forward, walk with your toes pointed forward and swing your arms.

For tips on starting a regular walking program, as well as safety reminders and warm-up exercises, read "Walking...A Step In The Right Direction," a free brochure from the Weight-control Information Network.

WIN is a national service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) of the National Institute of Health (NIH). It offers free information about fighting obesity, as well as resources to help individuals follow a healthy diet and lead a physically active lifestyle.

To receive your free copy of "Walking...A Step In The Right Direction," call WIN toll-free at 1(877) 946-4627 or visit www.niddk.nih.gov/health/nutri/nutri.htm.

During the Middle Ages in Europe, people would take a long walk after Easter Mass in their new clothes. This tradition eventually became what is known as the Easter Parade.

AOA sets health care policies for 2001-2002

The American Osteopathic Association's (AOA) House of Delegates met recently to vote on several health care policies for the osteopathic medical profession. Approximately 370 physician and osteopathic medical student delegates attended the meeting and voted on the following policies that affect national health care delivery.

• **Organ Donation and Transplantation** - The House declared its commitment for increasing awareness and participation of organ donation and transplantation programs by urging all osteopathic physicians (D.O.s) to become organ donors while encouraging their families and patients to do so as well. In addition, the AOA encourages the osteopathic family, including osteopathic state, specialty organizations, and osteopathic medical schools to develop organ donation programs in their states.

• **Domestic and Family Violence Education** - The House voted to support the creation of educational resources, as well as the implementation of curricula aimed to better educate medical students, residents and practicing physicians about domestic violence.

• **Vaccine Dilemma** - In light of recent vaccine supply shortages, the House voted for the AOA to request that vaccine manufacturers distribute immu-

nizations to primary care providers before issuing them to non-primary care providers, such as pharmacies and supermarkets.

• **Human Immunodeficiency Virus (HIV)** - The House reaffirmed its position on HIV, calling for physicians to provide nondiscriminatory care for those afflicted with the disease and serve as resources for their patients, their patients' families and friends as well as for those at risk.

• **Teenage Sexuality, Contraception, and the Media** - The House reaffirmed its policy on teenage sexuality, contraception, and the media. Significant points of this policy call for D.O.s to facilitate and encourage open discussions between adolescents and their families on the effects of media on sexual behavior. In addition, the policy states that D.O.s and the AOA should encourage the broadcast industry to use public service announcements that promote abstinence, as well as the use of condoms to prevent STDs and pregnancy for sexually active teenagers along with the use of other contraceptives for unwanted pregnancies.

The American Osteopathic Association represents more than 47,000 osteopathic physicians, promotes public health, encourages scientific research and is the accrediting agency for all osteopathic medical schools and health care facilities.

RICHART

Spinal & Sports Rehabilitation, LTD

Do You Have Any of These Symptoms?

- | | |
|--|--|
| <input type="checkbox"/> Pain/Numbness/Stiffness | <input type="checkbox"/> Chronic Lower Back Pain |
| <input type="checkbox"/> Arm/Leg Pain | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Arthritis/Bursitis | <input type="checkbox"/> Frequent Headaches |
| <input type="checkbox"/> Stress Symptoms | <input type="checkbox"/> Painful Joints |

WE CAN HELP

These are the most common signs of a pinched nerve. If you have even one of these symptoms, you should have a spinal examination. At the new Richart Spinal & Sports Rehabilitation Ltd., we specialize in treating difficult and chronic cases. We use the latest and safest techniques in chiropractic and physical therapy to treat your persistent healthcare problems.

Robert L. Richart, D.C.

Chiropractic Physician
Member: Amer. Chiro. Assn., Ill. Chiro. Society
Palmer Graduate. Postgraduate study in Chiropractic Orthopedics, Sports Injuries and Rehabilitation.

Shoba Rajamannar, P.T.

Licensed Physical Therapist
Member: American Physical Therapy Assn.



\$140.00 FREE EXAMINATION
Includes initial consultation, orthopedic, neurologic and spinal alignment tests (Does not include x-rays)
Exp. 8-16-01

8933 W. Golf Rd. in Niles
(across from Value City)

www.richartrehab.com
most insurances accepted
mowimyo po polsku

847-827-8686



Never Have An Ordinary Day!



20% OFF SALE

SALE DATES AUG. 2-AUG. 5

Take an additional 20% off our already reduced prices with a \$10 minimum purchase.
May not be combined with any other offer or discount.
\$15 Minimum purchase required when redeeming a Frequent Buyer Card.

Pepperidge Farm Bakery Thrift Stores

9030 N. MILWAUKEE AVE. NILES (847) 296-0121	1614 DEERFIELD RD. HIGHLAND PARK (847) 831-3040
---	---

NO COUPON NECESSARY. WHILE SUPPLIES LAST.
THIFT DENOTES PRODUCTS RETURNED UNLESS BY SUBSTITUTION OR NOT MEETING OUR HIGH QUALITY STANDARDS.

Home Style

Carbon monoxide: Protect yourself from this invisible poison

You can't smell it and you can't taste it, but carbon monoxide (CO) is the leading cause of poisoning death in the United States. CO is a colorless, odorless gas that is produced as a result of the incomplete burning of carbon-containing fuels. As winter approaches, Illinois residents are reminded to take extra precautions to prevent CO poisoning, as well as to recognize its symptoms and signs, and to know the proper first-aid steps to follow in the event of an exposure.

Last fall, the Illinois Poison Center (IPC), which offers free poison prevention treatment and advice via a satellite hotline, 1-800-942-5969, handled 596 cases related to CO exposure. Common sources of CO found in people's homes include oil, wood or gas furnaces, space heaters (those that use kerosene), gas or oil water heater, gas stoves or dryers. These appliances emit CO during regular use, and it may become a problem when there is a leak from the vent that carries CO out of the home, or when an appliance or a piece of equipment malfunctions or is poorly ventilated. Other sources of CO include: cars, trucks, motorcycles and mopeds; charcoal grills, candles and gas lanterns; and gasoline-powered lawn mowers, snow blowers, chain saws and weed eaters.

Prevention is the key to ensuring that CO will not be a problem in your home. The following prevention tips will help to keep your family safe from possible CO exposure:

- Use charcoal and gas grills only in well-ventilated areas -- never use them inside your home or in a tent.
- Have your car's exhaust system inspected for possible leaks.
- Never let your car's engine run in the garage, even if the garage door is open.
- Do not sleep in a parked car, or let anyone travel or sleep in the covered bed of a pick-up truck, while the engine is running.
- Early symptoms of CO poisoning -- including headache, nausea, vomiting and dizziness -- can mimic the flu or other illnesses. More significant poisoning symptoms also can include a throbbing headache, drowsiness, confusion and heart irregularities. Severe poisoning can cause convulsions, unconsciousness, brain damage and even death.
- "If you think someone may have been exposed to carbon monoxide, fresh air is the most important treatment," said Tony Burda. "Open the windows wide and help the victim outside. Once you are out of immediate danger, call the IPC at 1-800-942-5969 to report your symptoms."
- Burda says the IPC's poison specialists will advise you regarding the need for medical care and also direct you to contact a certified health and ventilation contractor, the gas company, or the fire department for additional support if it is needed.
- CO detectors are another way to protect your family from being exposed to dangerous levels of CO gas. CO detectors function like smoke detectors to warn you before CO concentrations reach dangerous levels. The Consumer Product Safety Commission recommends that CO detectors be placed on each floor of your home, especially in sleeping areas, and near any major gas-burning appliances. Using CO detectors that sound an alarm (and not just show a change of color) is preferred, since they can warn sleeping persons of potential danger. However, if you suspect there is a problem in your home, even though your CO detector alarm has not gone off, you still should have your home checked by a professional. Do not place detectors within five feet of gas-burning appliances or near cooking or bathing areas. Always follow the manufacturer's direction for placement, operation and maintenance of the warning device.
- Free IPC phone stickers and poison prevention brochures can be obtained by calling the IPC toll-free at 1-800-942-5969 or visiting the IPC's Web site at www.mhcc.org/ipc.

sleeping.

• Use charcoal and gas grills only in well-ventilated areas -- never use them inside your home or in a tent.

• Have your car's exhaust system inspected for possible leaks.

• Never let your car's engine run in the garage, even if the garage door is open.

• Do not sleep in a parked car, or let anyone travel or sleep in the covered bed of a pick-up truck, while the engine is running.

Early symptoms of CO poisoning -- including headache, nausea, vomiting and dizziness -- can mimic the flu or other illnesses. More significant poisoning symptoms also can include a throbbing headache, drowsiness, confusion and heart irregularities. Severe poisoning can cause convulsions, unconsciousness, brain damage and even death.

"If you think someone may have been exposed to carbon monoxide, fresh air is the most important treatment," said Tony Burda. "Open the windows wide and help the victim outside. Once you are out of immediate danger, call the IPC at 1-800-942-5969 to report your symptoms."

Burda says the IPC's poison specialists will advise you regarding the need for medical care and also direct you to contact a certified health and ventilation contractor, the gas company, or the fire department for additional support if it is needed.

CO detectors are another way to protect your family from being exposed to dangerous levels of CO gas. CO detectors function like smoke detectors to warn you before CO concentrations reach dangerous levels. The Consumer Product Safety Commission recommends that CO detectors be placed on each floor of your home, especially in sleeping areas, and near any major gas-burning appliances. Using CO detectors that sound an alarm (and not just show a change of color) is preferred, since they can warn sleeping persons of potential danger. However, if you suspect there is a problem in your home, even though your CO detector alarm has not gone off, you still should have your home checked by a professional. Do not place detectors within five feet of gas-burning appliances or near cooking or bathing areas. Always follow the manufacturer's direction for placement, operation and maintenance of the warning device.

Free IPC phone stickers and poison prevention brochures can be obtained by calling the IPC toll-free at 1-800-942-5969 or visiting the IPC's Web site at www.mhcc.org/ipc.

Cabbages are related to the mustard plant.

America's Neighborhood Lawn Care Team

SPRING-GREEN.

- | | |
|-----------------------------|---------------------|
| LAWN CARE | TREE CARE |
| • FERTILIZING | • DEEP ROOT FEEDING |
| • CRAB GRASS & WEED CONTROL | • TREE SPRAYING |
| • INSECT & DISEASE CONTROL | • FREE ESTIMATES |
| • CORE CULTIVATION | |

FOR FREE ESTIMATE CALL
(708) 863-6255

AAA VACUUM CLEANERS

<p>NORTHBROOK 300 Skokie Blvd. Berkeley Row Center (847) 480-1899</p> <p>HOURS Mon, Wed., Thurs & Fri. 9:30-5:00 Tues. 10-4, Sat. 10-3, Sun. Closed</p>	<p>NILES 8050 Milwaukee North of Oakton (847) 292-8227</p> <p>HOURS Mon. Fri 10:00-5:00 Sat. 10-3, Sun. Closed</p>
---	--

We also have over 50 New Vacuums
In Our Showroom For You To Look At
And We Sell Bags & Belts

WE CARRY

• Lindhaus	• Riccar
• Royal	• Miele
• Sharp	• Sanitaire
• Sanyo	• And Others

10% OFF EVERYTHING
SALES • SERVICE • PARTS
Must present coupon. Not valid with any other offer. Exp. 7-31-01

CARPET

MARBLE • GRANITE • TILE • HARDWOOD
CLOSEOUT
UP TO

75% OFF

EVERYTHING!
NOTHING HELD BACK

Masland • Tuffex • Mohawk • Cowi • Targ • Milliken
CustomWeave • WandaWeave • Avalon • Pabonit
Expressive Designs • Quince • Helios • World
Shaw • Aladdin • Galaxy • and all other major mills!

FREE
PAD &
INSTALLATION

SPECIAL
PERGO
\$2.39 Per Sq. Ft.

PLUS \$4.00 OFF
on all additional purchases of \$50 or more

CARPET MILL OUTLET, INC.
CHICAGOLAND'S ONLY DISCOUNT FLOORING SUPERSTORE

<p>Barrington 142 W. Northwest Hwy. (Rt. 14) Just west of the Chicago skyline Barrington, IL 60015 (847) 381-6171</p>	<p>SHOP AT HOME No Extra Charge (708) 312- 849-9800</p>	<p>Morton Grove 5700 W. Dempster Morton Grove, IL 60053 (847) 967-7707</p>
--	--	---

Hours: Mon-Fri 9-9, Sat 9-6, Sun 10-5
Same Family Owned and Operated Since 1963

Here You'll find one Advantage,
after another, after another, after another...

The list goes on...from
whirlpool baths, faucets, toilets,
pedestal sinks, steam showers,
shower doors, bath accessories,
kitchen cabinets, kitchen sinks,
to counter tops. You will
Find it Here.



847-965-4444
www.advantagebath.com
Mon & Thurs: 8a.m. - 8p.m.
Tues, Wed & Fri: 8a.m. - 5p.m.
Sat: 8a.m. - 4p.m.
Advantage Bath Gallery
Find it Here!
7850 N. Milwaukee Ave. Niles, IL

Understanding closing costs

(NAPS) -- Susan and Jason Anderson were excited to close on their new home, but were confused by the closing fees. "Why do we need owner's title insurance if a lender's title policy was obtained?" Good question.

There are two types of title insurance: coverage that protects the lender for the balance of the mortgage, and coverage that protects the buyer's equity in the property. Like hazard or homeowner's insurance -- you may never need it, but it can save your home if you do -- owner's title insurance protects the buyer from defects in the title that are not discovered until after the closing.

Tips on enduring power outages

(NAPS) -- By planning ahead, there are a number of ways to increase comfort and reduce the inconvenience caused by power outages due to severe weather, such as heat waves.

Here are a few consumer tips from Edison Electric Institute:

- Draw blinds, shades and drapes during the hottest part of the day to keep the house cooler.
- Prepare a list of emergency telephone numbers, including the number of your local utility company so you can report outages.
- Have fresh batteries, a flashlight, a battery-powered radio and a battery-powered or wind-up clock on hand.
- Make sure all computers and high-tech entertainment equipment are protected by surge protectors.
- After a blackout, turn off appliances except for one lamp, so you'll know when power has been restored.
- Only open freezer and refrigerator doors when absolutely necessary.

Home Style

Decorating tips for apartment dwellers

(NU) -- So you are moving into another apartment and you want it to have a fresh look. What can you do when you can't paint new colors or put holes in the walls? Invest your decorating dollars in your furnishings, lighting, accessories and greenery.

Here are tips from the experts at Top100websites.com on how to brighten up your new apartment:

1. Focus on furniture. Use solid or tone classic pieces of furniture that are versatile and compatible with various styles and color schemes. Larger pieces -- like entertainment armchairs, foyer tables, comfortable overstuffed or leather furniture -- will all work fine.

2. Brighten with light. This includes windows and lamps. Consider drapery styles that will work with many different window styles and sizes, like scarfs, tab tops, shirred panels and valances. Keep in mind the type of draperies you get and how much light it will let in and incorporate that into your design. On your lamps, use shades that are white or cream for the most light.

3. Accentuate with accessories. These give your home a lived in, comfortable look and should be a direct reflection of your interests, personality, taste

and style. They don't have to be expensive either. Color, scale and balance are far more important than monetary value.

Area rugs found at discount stores and home improvement centers can be used over carpet in seating arrangements or dining spaces to draw attention away from the carpet and define your space. They also are a great accessory, adding color to plain, wood floors.

Use decorative knobs or handles in the kitchen and bathroom.

By adding color, metal or ceramic designs, you can change the personality of the room. When you leave, take them with you, replacing them with the original knobs provided.

4. Add lots of life with greenery and florals. Use uplights where needed for ambience and shadows. Live houseplants are a great way to add life to your home.

To learn more home decorating tips, just log on to: www.top100websites.com.



MIKE NITTI

CEMENT CONTRACTORS

FREE ESTIMATES

Niles, Illinois (847) 965-6606

Complete Remodeling Service

• Free Estimates • 100% Financing With No \$ Down



- Bathrooms
- Kitchens
- Roofing
- Siding and Gutters
- Soffit & Fascia
- Porches & Decks
- Replacement Windows
- Tuck Pointing

Crown Development, Inc.

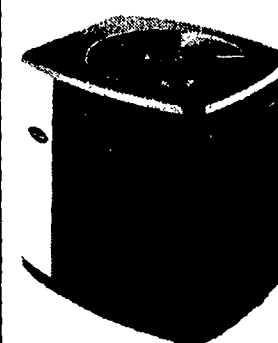
773-283-9660

Licensed Roofing and General Contracting Co.

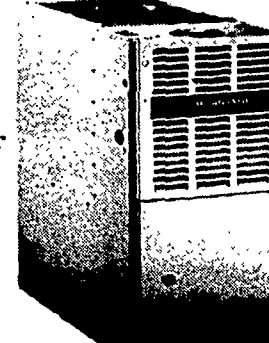
FHA Title I Loans
Available To Qualified Buyers
Licensed • Bonded • Insured



Custom Made Indoor Weather™
Greater Chicago Chapter RSES
"CONTRACTOR OF THE YEAR"



The Carrier Weathermaker air conditioner offers a ten-year compressor warranty and it was rated a Consumers Digest® Best Buy.



The Carrier Weathermaker 8000TS gas furnace provides two-speed technology to improve indoor air circulation and overall comfort while reducing operational noise.

Call today to schedule a free estimate.

Skokie Valley Air Control, Inc.

6310 W. Lincoln Ave., Morton Grove
(847) 967-2200

EMERGENCY SERVICE AVAILABLE

NO OBLIGATION • FREE ESTIMATES • FINANCING AVAILABLE

Family Owned and Operated
SERVING CHICAGOLAND FOR OVER 30 YEARS
VISIT OUR ENERGY CONSERVATION SHOWROOM

Home Style

Make plans to clean air ducts

(NAPS) -- It may be a healthy idea to add cleaning your air ducts and ventilation system to your list of cleaning chores.

The Environmental Protection Agency estimates that air pollution levels can be 100 times higher indoors than those outdoors. Pollutants include cooking fumes, dust, tobacco smoke, bacteria, pollen and fungi -- which may enter your home through your air ducts.

Air ducts and ventilation systems naturally accumulate fine dust particles and other contaminants, including pet hair or even tobacco smoke residue, promoting

ing mold growth and bacteria colonies.

To see if your heating, ventilation and air conditioning (HVAC) system needs cleaning, use a screwdriver to remove the register from the floor or wall vent. Insert a mirror into the duct and hold it at a 45° angle; shine a flashlight straight into the mirror. Looking into the mirror should reveal some of the air ducts' contents.

If you see accumulated dust, mold or mildew, it may be time to call a professional HVAC system cleaning contractor. Contractors should come to the home to per-

form a system inspection and give a price quote. Avoid advertisements for "\$150 or less whole house specials." Make sure the company is a certified member of the National Air Duct Cleaners Association (NADCA), an organization that tests the knowledge of contractors for safe and effective HVAC system cleaning.

To get names of certified HVAC system cleaning companies and a brochure about air duct cleaning, contact NADCA, 1518 K Street, N.W., Suite 503, Washington, DC 20005, or visit: www.nadca.com.

Plug into electrical safety

(NAPS) -- A few minutes of prevention may be worth months of safety and enjoyment when it comes to using electrical outlets and appliances outdoors.

Here are outdoor safety tips, courtesy of the National Electrical Safety Foundation:

- Check outdoor wall outlets for rain, cold weather or snow damage. Each outlet should have a snap-on cover to keep children's fingers and other objects from being inserted into the outlet.
- Outlets around sinks, pools

or places where water accumulates should have ground-fault circuit interrupters (GFCI). Inexpensive GFCI adapters that plug into outlets can be purchased at hardware stores or a permanent GFCI can be installed by a qualified electrician.

• Repair or replace broken or cracked plugs and cords on power tools.

• When outdoors, only use extension cords marked for outdoor use. Never use extension cords not insulated to withstand water, snow, cold weather or ex-

treme heat.

• Outdoor electrical products should never be left outdoors, unattended or plugged in while the switch is in an on position.

• Metal ladders conduct electricity, so only use them in dry weather and keep away from power lines or wires.

For more electrical safety information, send a 55-cent stamped, self-addressed #10 envelope to: NESF, 1300 North 17th Street, #1847, Rosslyn, Virginia 22209 or visit: www.nesf.org.

What to Know Before Moving Into a New Home

NewsUSA

(NU) -- Renting an apartment has its benefits. When a problem occurs, someone else pays to fix it. Plus, many complexes provide the amenities of a single-family home. But high rents and dealing with a landlord can get tiresome. If you want your hard-earned money to start working for you, buying a home may be your best option.

Purchasing a home can be fun and exciting. But it won't happen overnight so patience is required. The first thing to do is determine how much you can afford to spend.

Unless you come into a generous inheritance or win the lottery, you probably will have to borrow money to finance your home. When you start talking to lending institutions, they are going to want to know about your net worth and disposable income.

Your net worth consists of your total assets (savings, 401(k)s, stocks, cars) minus your total liabilities (credit card balances, car payments, long-term loans).

Lenders will also inquire about your current disposable income which is your gross annual salary minus your total annual living ex-

penses. Once you find out how much you can borrow, it's time to start searching for your dream home.

First, draw up a list of things you must have in a home and a list of things you'd like to have, such as style, location, average utility bills, and the number of bedrooms and bathrooms.

Once you find that dream house and have your sales offer accepted, it's time to find a secure lender. Ask for references from friends and family then settle on the lender that provides the best rate.

Before you close on the house, you need to have it inspected by a professional to see if the home has any defects, such as standard plumbing, a leaky roof, radon problems, termites or lead-based paint. After everything checks out in the house and you settle with the lender, it's time to start moving.

Whether it's across town or across country, moving is a hectic time. The stresses of the move itself are usually coupled with worries about what life will be like in your new home. Whether you decide to do the packing and moving yourself or hire professionals to do it, here are some tips for a successful move:

- Start packing a month before you move.
- Place china in plastic bags and stack plates upright, on their edges, not flat.
- Keep boxes to 50 pounds or less.
- Do not move flammables.
- Fill out a change-of-address form with the post office.

For more information, order the free Life Advice brochures "Renting An Apartment," "Buying A Home" and "Moving" by calling 1-800-638-5433.

USE THE BUGLE

JERRY LEWIS
MDA TELETHON
A Labor of Love



Muscular Dystrophy Association
MDA
Check local listings for time and station
www.mdausa.org

Hot water safety

There is no doubt about it - hot water heaters provide lots of comfort and convenience through warm baths and clean clothes. Remember, however, that hot water can also cause serious burns. Hot water burns are 100% preventable if you follow these tips:

1. Keep hot liquids out of the reach of children. When hot coffee or tea (usually over 160°) is spilled, it can cause severe injury. Be sure to watch babies and toddlers carefully while you are cooking or enjoying a hot drink.

2. Supervise children and older people in tub baths. Always test their bath water; it should be about 100°. Kids often cannot tell the hot from cold-water faucets and may not be able to get out of hot water quickly. Elderly and handicapped people are more fragile and prone to falling.

3. Set your water heater thermostat at a safe level. Many are set at 140° or above. Set your thermostat on low (approx. 120°) to be safe and to save 18% of the energy used at 140°.

4. Test your water temperature. Run the hot water for 3-5 minutes and test with a candy, meat, or water thermometer. Reset the temperature on your water heater. Wait a day and then retest and adjust, if necessary. And, to conserve water, be sure to repair leaky faucets promptly. One drop a second can waste as much as 60 gallons of hot or cold water in a week.

The Safe America Foundation and The Burn Prevention Foundation remind you that injury prevention depends on the practice of good safety habits. For year-round safety information call: 770-218-0071.

Check radon levels before selling your home

(NU) -- There are many things to do before selling your home to make it more appealing to potential buyers. But homeowners selling their house should remember that the home's size and closet space are not all that matters.

There's one thing that can't be seen or smelled that is of importance -- radon.

Radon is a cancer-causing gas produced by the breakdown of uranium in soil, rock and water. It is odorless and colorless. It typically moves up through the ground and into homes through holes in the foundation.

Homes trap radon inside, where it can build up. Any home may have a radon problem, whether new or old, well-sealed or drafty, with or without a basement.

In the United States, radon is the second leading cause of cancer, according to the U.S. Surgeon General. So radon levels should be a concern to everyone, whether moving into a home or selling one.

The good news is that radon is easy to test and fix, says the Consumer Federation of America Foundation. Here are some CFAF tips for radon mitigation:

- People hiring a home inspector can and should ask for a radon test as part of the inspection. Many professional home inspectors can alert a seller to an existing or potential radon problem and allow the seller to address it, so as not to discourage a possible buyer.
- If the home already has a radon mitigation system, have it checked for proper operation. Have a home inspector check to make sure the system is properly reducing the radon level.
- Homeowners can buy simple, relatively inexpensive do-it-yourself radon test kits from a hardware or home store or by mail. But contact your state

radon office to ensure that the test kit or company you choose is qualified in your state.

• If radon level is elevated, have it fixed. If testing confirms a radon level in your home at or

above 4pCi/L, the federal Environmental Protection Agency recommends that you take steps to lower the radon level. For help, call CFAF's Radon Fix-It Line at 1(800) 644-6999.

Education is... hanging around until you've caught on.

—Robert Frost

Power to the people

This eliminates the hazards of running multiple extension cords to individual appliances. According to one utility executive, it's "the simplest device available for a customer to safely connect their emergency generator to the home's electrical system."

The device automatically disconnects the home from the utility's power grid when the portable generator is connected and operating, and prevents power from feeding back into the grid, protecting utility line crews working to restore power.

You can decide which appliances you want to use simply by

switching the breakers on your main household circuit panel up to the maximum power of the generator. You can change to operating different appliances by switching the breakers in the circuit panel.

Utilities lease GenerLink to their customers for about \$10 a month, so there's no need to invest in and pay to install an expensive, hard-wired transfer switch. Many home and small business owners are asking their power companies when GenerLink will be available. For more information, visit www.generlink.com.

Susie's

Full Service Salon

Men • Women • Children • Teens
9229 Waukegan, Morton Grove, IL 60003

847-663-0123

HAIR Cutting Perming Highlighting Coloring	NAILS Manicures Pedicures	SKIN Facials Full body waxing makeup Permanent Makeup
---	--	--

REPECHAGE **essentials** **FREE**

Consultations For Special Occasions
• Proms • Parties • Weddings

GIFT CERTIFICATES AVAILABLE

\$5 OFF Any service \$20 or more
1st Time Customers

• NO APPOINTMENT NECESSARY •
HOURS: Tues-Fri: 9:00-7:00, Sat - 9:00-6:00

SINCE 1948

village plumbing

& SEWER SERVICE INC.

GROHE CORIAN KOHLER PEARL
NEWPORT BRASS INC.
MOORE American Standard
LICENSED • BONDED • INSURED
IL #10357

Plumbing Service & Repair

\$10 OFF ON 1 HR. SERVICE CALL

COUPON MUST BE PRESENTED
NOT VALID WITH ANY OTHER OFFER
EXPIRES SEPTEMBER 30, 2001

- Sinks-Faucets-Toilets-Tubs- Showers
- Sump & Ejector Pumps-Battery Back-up
- Water Heaters-Gas Piping
- Sewer Rodding & Repair

Appointments Made to Your Time Schedule

3224 West Lake Ave • Glenview, IL
(847) 998-6160 M-F 8-5 Sat. 8-12

FAIR AND HONEST-FAMILY OWNED

GARTNER

HEATING & COOLING

HEATING, VENTILATING & AIR CONDITIONING CONTRACTOR

Residential • Commercial • Industrial

\$200 OFF Furnace, Air Conditioner Or Boiler Installation Coupon Exp. 8-31-01	\$20 OFF ANY SERVICE CALL! Coupon Exp. 8-31-01	\$59.95 PRE-SEASON SPECIAL SYSTEM TUNE-UP Coupon Exp. 8-31-01
---	---	---

Free Estimate **847-965-9645**
Licensed • Bonded • Insured

"INSTANT CREDIT - NO PAYMENT - NO INTEREST UNTIL 2003"

KITCHEN CABINETS & COUNTERTOPS

- GRANITE
- FORMICA
- CORIAN

4 DAY DELIVERY
WE INSTALL

HARDWOOD FLOORING

UNFINISHED OAK #1 COMMON

269 SQ. FT. While Supplies Last
Installation Availability

CARPET SALE!

Featuring **MOHAWK** CARPET MILLS

60 Day Satisfaction Guaranteed

WE WILL BEAT ANY PRICE!

PERGO

BRUCE TRAFFIC ZONE
OR MOHAWK INSIGNIA

\$1.59 SQ. FT.
SNAP OF GUE
LIFETIME GUARANTEE
ON LABOR

NO WAX LINOLEUM

\$259.00 15 YDS.

ANY KITCHEN INSTALLED
Featuring
Congoleum & Armstrong

CERAMIC TILE IN STOCK

99¢ 12 X 12 SQ. FT.

WE INSTALL

FAMILY OWNED & OPERATED SINCE 1975
(773) 286-5080
4334 N. Central Ave., Chicago, IL 60634
LIFE TIME GUARANTEE ON LABOR

OIL EXPRESS

Fast Lube Systems

\$8 OFF

Any of the following services

Full Service Oil-Filter-Lube (reg. \$26.95)

Transmission Service (reg. \$49.95)

Differential Service (reg. \$24.95)

Coolant Flush Service (reg. \$49.95)

NILES

8430 W. Dempster Street
between Greenwood & Cumberland
next to McDonald's
(847) 827-0500

Des Plaines **Chicago**
1340 Lee Street 6116 Milwaukee at Elston
(847) 296-7059 **(773) 631-9691**

Niles Family Dental

General & Cosmetic Dentistry

- Cosmetic Fillings (Bonding)
- Implants
- Tooth Whitening
- Wireless Partial Dentures
- All Denture Services Available

DENTAL EXAM, X-RAYS & CONSULTATION

FOR ONLY \$25.00*

*New Patients Only, Limited Time Offer With This Ad

Emergencies Promptly Treated **876 Civic Center Drive**
Niles, Illinois

Evening & Saturday Hours Available **847.663.1040**

Insurance Accepted, Ask About Our Senior Discount

At Oakton and Waukegan
Next to the Dominick's
Leon Zingerman, D.D.S.
Northwestern University
Dental School

Business News

Triangle Printers acquires Morton Grove company

Triangle Printers, one of the Chicago area's most respected full-service printers, has announced that Bill Valenta has joined its growing sales and marketing staff, according to Harvey Saltzman, president of the Skokie-based company. Valenta, 35, has more than a decade of experience as owner of Valenta Printing, the Morton Grove firm recently acquired by Triangle Printers. Jim Valenta, Bill's brother and plant manager for Valenta Printing, has joined Triangle's expanding Print Department.

"We are pleased to have Bill and Jim Valenta become a part of our company," said Saltzman. "Both men bring a solid knowledge of all aspects of the printing business and the ability to translate that knowledge into business success. We look forward to the expertise, enthusiasm and attention to customer service each one will bring to

their new positions."

A graduate of Illinois State University, Bill Valenta started Valenta Printing in June 1990. Valenta Printing has experienced annual sales growth of 20 percent. The company, which had 12 employees, recorded revenues of \$1.4 million for 2000.

Founded in 1955, Triangle Printers is consistently at the forefront of printing innovation, developing new techniques to provide clients with maximum quality at an affordable price. Using today's latest sheet-fed technology and environmentally safe soybean-oil based inks, the full-service printer designs and prints a wide range of jobs, from postcards to annual reports, at its 50,000 square-foot facility in Skokie.

For further information about Triangle Printers, please call Harry Saltzman at (847) 675-3700.

**READ THE BUGLE
FOR SUBSCRIPTIONS CALL
(847) 588-1900**

Way of the Future

by Jeanine Kromer

Cell phones: either you love them or you hate them. More and more people fall in love with them every day. Whether for business, chit-chat or safety, PrimeCo is in a prime spot to take advantage of the growing demand for cell phones and calling plans.

Personal communication is the name of the game for PrimeCo, one of Chicago's oldest digital phone service providers. The company offers superior digital

coverage, a variety of full-featured phones and calling packages to meet everyone's needs.

PrimeCo has two basic types of phones: multinet and single mode. Multinet phones are ideal for individuals who travel frequently and need to make and receive calls outside PrimeCo's network area. Single mode phones do not pick up other companies' signals and are better for local call users. PrimeCo carries seven name brand phones includ-

ing Kyocera, Nokia, Qualcomm and Audiovox.

PrimeCo's rate plans and features offer a wide range of calling plan options to help customers do business, remain safe and keep in touch. PrimeCo has credit-approved and pre-pay rate packages. The pre-pay packages are for those with credit flaws and offer many of the same features (such as voice mail, call waiting and caller ID) that the credit-approved packages provide. Both of PrimeCo's calling plans include nationwide long distance. Credit-approved packages allow individuals to select monthly minutes whereas pre-pay clients must buy minutes as needed. PrimeCo offers three ways calling, call forwarding and road side assistance for additional fees.

PrimeCo has retail stores in Niles at Golf Mill and at 5712 Touhy. Any questions about PrimeCo phones and plans may be answered through the website at www.primco.com or by calling 588-0171.

Raczek joins Manufacturers Bank

Gary Raczek joined Manufacturers Bank, Chicago, as Cash Management Officer, Commercial Banking. He will be based out of our Main Office at 1200 N. Ashland Avenue. Mr. Raczek previously worked at LaSalle Bank.

Gary is a graduate of Northern Illinois University and working on his Master's Degree from Roosevelt University. He also holds the designation of Certified Cash Manager (CCM).

Manufacturers Bank (www.manufacturersbank.com), with more than \$1.7 billion in assets, has delivered competitive personalized service for more than 65 years to privately-owned, middle-market companies as well as to individuals who live and work in the Chicago metropolitan area.

JERRY LEWIS MDA TELETHON A Labor of Love



Muscular Dystrophy Association
Check local listings for time and station
www.mdausa.org

TOBACCO OUTLET
4939 W. DEMPSTER
SKOKIE, IL 60077
FAX: (847) 982-0981

(847) 982-0980

BEST PRICES IN TOWN!

Winston Camel Salem KOOL MARLBORO VIRGINIA SLIMS PARLIAMENT \$28.09 + tax		AMERICAN SPIRIT \$34.09 + tax DUNHILL INTL \$39.99 + tax MONARCH \$22.30 + tax SHIELD & OPTIMA \$18.99 + tax GPC & PALL MALL \$25.95 + tax ROTHMAN GAULOISES 555 \$40.39 + tax	
EVE 120 & NEW 100 STYLE \$28.09 + tax VICEROY \$23.95 + tax		NEWPORT \$27.59 + tax DORAL \$24.80 + tax MALIBU \$25.80 + tax MISTY \$27.80 + tax MAVERICK, BASIC & MONTCLAIR \$26.30 + tax PYRAMID \$20.90 + tax	
FULL LINE OF CHEWING TOBACCO ALL ITEMS AVAILABLE WHILE SUPPLIES LAST.		LITTLE CIGARS BUY 1 GET 1 FREE (Prices subject to change without notice) WE ACCEPT ALL CIGARETTE MANUFACTURERS COUPONS	

(Prices subject to change without notice) WE ACCEPT ALL CIGARETTE MANUFACTURERS COUPONS

Grand Opening!

Oak Mill CLEANERS

Hours: Mon-Fri (7am-7pm) Sat (8am-6pm)

(847) 583-8585

7870 N. Milwaukee Ave. Niles, IL 60714
(Milwaukee & Oakton)

Plant on Premises

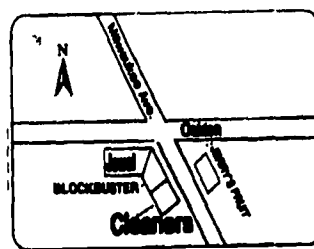
Locally Owned Friendly Service!

- *Professional Dry Cleaning & Shirts Laundry
- *Expert Alteration & Tailoring
- *Leather - Suede - Fur
- *Special Care for Draperies & Wedding Gowns
- *Blankets
- *Hot Press (Silk, Linen, Cotton)

Expert Alterations

COUPON
50% off

DRY CLEANING ONLY
Incoming order only with this coupon.
Oak Mill Cleaners
(847) 583-8585
Exp. August 4, 2001



Don't miss mysterious symptoms

(NAPS) -- A recent survey revealed many women could protect their health and happiness if they paid more attention to the signs of a chronic, potentially debilitating autoimmune disease.

Called Sjögren's (pronounced show-grins) syndrome, the disease damages the body's moist-

Tips for moms working from home

(NAPSI)-Make Space for your Work. Designate an area in your home for your work duties. Because you will be working from your home, you will need a space large enough to accommodate your supplies and keep them right at your fingertips. Treat this space as you would your office. Keep it neat, orderly and manageable.

Invest in Proper Communication Tools. Invest in office machines such as computers and fax machines. Keep these machines in one area of your home of your home office to save time. Communicating with your customers or colleagues will be easier if your tools are easily accessible. Be sure to invest in plenty of office supplies, too. Having what you need on hand will minimize your travel time between stores.

Keep Home and Work Separate. When you are working from home there can be a number of distractions. It can be hard to keep your mind focused on work when there are dirty dishes in the sink and laundry in the hamper. The key is to separate these duties - designate a certain number of hours for housework and a certain number of hours for career work - and stick to your schedule.

Choose a Schedule that Works for You. One of the advantages of working from home is the flexible schedule that a home-based business offers. If, for instance, you have children, midday may be the best time for you to work efficiently. If your children are napping or at school, you will have quiet time to make phone calls or to do paper work.

Let People Know About your Career Choice. Many people may not understand that although you are home, you are still working. Visitors may drop by during the day and expect you to entertain or even ask you to watch their kids. Speak openly and frankly to your family and friends. Make certain that they recognize and respect your career choice.



Bergamot oranges are grown in Southern Italy and Sicily—but not for eating. They are grown for their oil which is used in the making of perfume.

ture-producing glands. It's believed to affect more than a million American women, but many remain undiagnosed.

Left untreated, the condition can make it difficult to swallow or speak. Pain, headache, tooth decay and digestive problems can also occur and people with Sjögren's are at greater risk for certain types of cancer.

Reports Alexis Stegemann, executive director of the Sjögren's Syndrome Foundation, "Ninety-

percent of the people in the U.S. with Sjögren's Syndrome are women. Research shows that hundreds of thousands of women may be undiagnosed and untreated and many are suffering needlessly. We need to more aggressively inform women that these dryness symptoms -- often dismissed as normal aging -- may indicate a need to be treated."

While the disease can affect anyone at any age, the majority of patients diagnosed with it are

women between the ages of 40 and 60. It is often confused with signs of menopause. The disease often occurs in patients with other autoimmune diseases such as lupus or rheumatoid arthritis.

The survey also found that almost one-third of women with dryness problems said the symptoms had forced them to limit their participation in recreational and social activities, and had a negative impact on their romantic relationships.

While there is no cure for Sjögren's, patients can alleviate many of the symptoms with over-the-counter products such as mouthwashes and saliva substitutes. Doctors can also offer prescription medications, that can increase saliva production. For additional information about this disease, call (800) 730-7227.

You can also learn more from the non-profit Sjögren's Syndrome Foundation at www.sjogrens.org.

SERVICE DIRECTORY

GUTTER AUTHORITY
SPECIALIZING IN
GUTTER CLEANING
GUTTER COVERS
&
SCREENS
CALL:
877-966-5323

FLUSH PLUMBING AND SEWER SERVICE
"If it Don't Flush... Call Us"
20 YRS OF QUALITY SERVICE
DAY OR 23 1/2 HOUR NIGHT EMERGENCY SERVICE
LICENSED • BONDED • INSURED
847-827-1160
847-998-6810

COUNTERTOPS
Specializing in...
Custom Countertops for
Kitchens & Baths, etc.
Laminate & Solid Surfaces Available
7-10 Day Delivery
Call For Your Free Estimate
Piro's Top Shop, Inc.
(630) 307-8785
We Do Custom Cabinets, Too!

Rainguard Roofing
Residential Specialists
Expert Repairs and Re-Roofing
Flat • Shingle • Modified Rubber • Skylights • Chimneys
847/685-8443
FREE ESTIMATES
Licensed • Bonded • Insured

SKOKIE CARPET INSTALLERS
Repairs & Laying of New & Old Carpet
(847) 679-0953

FOR THIS SPACE CALL: ROSINE
847-588-1900

MIKE'S HAPPY HAUL AWAY
MIKE'S HAULING SERVICE
Old Stores, Houses, Attics, and Garages Cleaned Out. Donations Welcome
REASONABLE RATES
WE HAUL MOST ANYTHING
WE CATER TO SENIORS AND THE HANDICAPPED
(773) 645-3735

FREE Contractor Referral Service
We refer pre-screened quality contractors to you for your convenience! Any size job!
The Home Improvement Network
"Don't Hire a Contractor You Know Nothing About!"
"For Every Home Improvement Project" "One Call Gets You 3 Free Estimates" "A Free Contractor Referral Service"
(847) 837-0633
www.thehomeimprovement.com

Garage Door Corporation
Garage Doors • Automatic Openers • Radio Controls • Spring Engineers
Garage Door Repairs
Mention the "BUGLE" Shop Locally!!
A/NW Chicago & Suburbs 2 LOCATIONS
Skokie Park Ridge
(847) 329-8300 (847) 823-8300
SHOWROOM: 4646 W. OAKTON (near) SKOKIE
Freehold EVENING & WEEKEND SERVICE NO FRANCHISE
visit us at: www.gdcorp.com

Earning Your Trust Since 1946.
Plumbing Problems? Call Us!
24 Hour Emergency Service
• Gas, Water, Sewer, Drainage
• Up Front Pricing
• 5 Year Warranty
• Senior Discounts
BROWN
PLUMBING & DRAIN CLEANING
823-5111
www.browncorp.com
Licensed • Bonded • License No. PL 10810
SAVINGS COUPON
\$25 off ANY PLUMBING SERVICE Expires 12/31/01
Not valid towards minimum service fee or with any other offer.
*Call for details and restrictions.

FOR THIS SPACE CALL: ROSINE
847-588-1900

The Bugle Newspapers' Area Employment News

St. Matthew Lutheran Home

by Jeanine Kromer

St. Matthew Lutheran Home at 1601 N. Western in Park Ridge is situated in a peaceful residential neighborhood near Lutheran General Hospital. St. Matthew offers skilled nursing care and a caring community for older adults. The home-like atmosphere is just one item that makes the facility unique. Since its inception in 1959, St. Matthew's goal has been to provide assistance for the physical, emotional, social and spiritual needs of the residents.

St. Matthew offers skilled nursing care to long-term residents who require 24-hour assistance. The physical care provided each resident is tailored to his/her specific needs.

The full-time chaplain at St. Matthew attends to residents' spiritual needs. They offer two weekly interfaith services, bible study, resident choir and individual visits, and of course there is a chapel at St. Matthew that residents may visit at any time.

St. Matthew created Faith Place to cater to the special needs

of residents with Dementia. Faith Place is a secure unit staffed by trained professionals. The 24-hour care tends to medical needs, provides meal service and activities for the residents. St. Matthew has a secure garden area and nature walk for residents to enjoy.

The friendly welcoming attitude at St. Matthew makes it a wonderful place to work. There are many dedicated long-term employees who give the residents a high standard of care. St. Matthew has a large pool of volunteers as well as an auxiliary group. St. Matthew Service League. They do fundraising such as the annual plant sale in May and operate a boutique that is open daily.

St. Matthew looks for people truly interested in working with the elderly to improve the quality of their daily lives. A strong commitment to the mission of St. Matthew is important as embodied by the long-term employees. St. Matthew offers full and part time work, tuition reimbursement, training (computer and su-



pervisory), many opportunities for advancement and medical/dental/vision insurance.

St. Matthew also provides short-term rehabilitation. Adults requiring transitional care following acute illness or injury may come for outcome oriented treatment. Physical, occupational and speech therapists are on staff allowing patients to return home as quickly as possible.

The family and friends of residents are very involved at St. Matthew. Activity therapists plan daily activity programs and outings to such places as the Botanical Gardens, the zoo, the mall and local church events. Outside en-

Web Searches Made Easy

(NU) - Web-based searches have certainly made life easier when, for instance, your child asks you to name the capital of Pakistan (Islamabad) or you bet a co-worker who won the NCAA championship in 1994 (Arkansas). The information is out there. You just have to know where to get it.

One search engine has made searches even easier for you by humanizing the search process. Subjex.com is a dialogue-based search engine that helps you find the information you are looking for by carrying on a dialogue with you, asking questions to help you narrow down your search.

With Subjex, you don't have to be a technical genius to get the narrowed-down results you want. No more plusses and minuses, no more ands and ors. Just type in your question as you would if you were sending an e-mail to a friend or colleague.

Whether you enter a question, a key phrase or just one word, some search engines will list hundreds or thousands of possible sites for you. Subjex, however, will continue to ask follow-up questions until your desired result can be found at just a handful of sites for you to choose from.

To start up your own dialogue search, simply visit www.subjex.com today.

American Jobs

The following words are those of Robert E. Swift, Executive Director of the Crafted with Pride in U.S.A. Council, headquartered in New York City.

With corporate America having to resort to downsizing, we should pay special attention to one particular headline to ensure it doesn't get crowded out among all the other layoff announcements. "Textile Apparel Continues to Lose Jobs," says Women's Wear Daily, a leading publication for the industry.

While the world watches with morbid fascination over the deeply-injured technology sector, textiles, apparel and other manufactured goods are years into a form of recession that seems to go unnoticed. As hundreds of thousands of manufacturing jobs are siphoned off from the United States, the employment ranks of Third World countries swell.

Nineteen thousand textile and apparel workers were thrown out of their jobs in February, according to the Department of Labor, and 371,000 factory jobs overall were eliminated since mid-year in the sector. Yet a close look at the performance of this industry raises questions about the reasons for all this lay-off activity, especially if one

were to go back to the beginning of the year, when the economy was floating along on the technology bubble. The current downturn, while certainly a factor these days, is not the main culprit in driving jobs from our shores. Rather, it's government policy, which clears the way for Third World countries to invade our market, along with the willingness of certain companies to abandon the working standards of our nation in favor of cheap labor offerings abroad.

Enhanced profits are tempting and many companies succumb. Our federal government also makes it easier for these companies to go abroad with their manufacturing needs through initiatives such as the North American Free Trade Agreement and the World Trade Organization. NAFTA breaks down all trade barriers for countries on this continent--most notably Mexico, which benefits the most from the measure by supplying cheap laborers by the thousands who wind up replacing American job holders. And the WTO is about to let in China, thus granting that country a more favorable trading status with us, and whose enormous workforce would then be an even greater factor than now in assuming manufacturing as-

signments previously carried out in the U.S.

This is a good time for the current administration to take a reflective pause on new initiatives that follow the same path as NAFTA and similar measures, as well as a review of those in force. Caribbean nations, sub-Saharan African countries, Andean countries in South America, Vietnam, Thailand, and many others are vying with us for our own jobs. And today, in an economy that is slowing and is markedly influenced by consumer confidence, we must not infect that index negatively by surrendering some of our most valuable middle-income jobs for the sake of hoped-for diplomatic gains.

Until such time as the government sees this logic, we as individuals can act. The Made in U.S.A. label is our weapon to do so. Standing behind every label are American workers whose jobs remain an integral part of our economy; whose jobs have not been shipped to Mexico or overseas. They are instead contributing to our tax base and part of the manufacturing traditions of the United States. And this is a tradition worth preserving. Look for it, because it stands for all of U.S.

Need help handling office politics?

(NU)-- You hear it through the grapevine. Everyone does. No matter how wonderful your workplace is, there is always office politics. How do you, as a manager, handle it?

You could sit down with the source of the rumor and say the grapevine is dead -- all information comes from only you. But let's be realistic. This won't work. Gossip usually reflects employees' concerns and fears.

So use it to your advantage by tapping into the talk. Smart supervisors can use the grapevine to get their messages across to the workforce. This will keep the employees informed and fearless, thus happy and productive.

Here are some tips from GeoWork.com, an online resource of invaluable workplace information, on how to communicate through the grapevine:

- **Listen to whatever is being said without getting too emotional or losing your temper.** Remember you don't know what message will get sent back through the grapevine that could undermine your efforts by making employees disrespect you.

- **If the information is accurate, don't go on a witch hunt to find the leak.** You can't whack the grapevine down, but you can put a kink in it.

- **If the information is totally false, don't make a public an-**

nouncement. Nothing cuts a grapevine like a completely false story.

- **Pump as much accurate information into the grapevine as you can.** Prevent rumors by leveling with employees consistently.

- **Correct false rumors immediately by communicating in person with employees individually.** Memos, e-mails and comments that get passed through numerous people are usually open to wide interpretation, which keeps the grapevine growing.

- **Don't try to kill the grapevine.** It's human nature for people to exchange "inside information" about what's happening in the office. Too many attempts to manage the flow of information will make employees suspect you are covering something up.

To learn more about how to handle office politics, or to get other work tips, log on www.GeoWork.com. GeoWork is an indispensable guide to office and workplace informational aids, tools and resources for employees and employers. Find Intranet service, Web publishing and video conferencing, plus links to human resources, telecommuting and public relations information and services. GeoWork is part of the GeoPortals.com family of Web sites. For a variety of resources, log on to www.GeoPortals.com today.

The Bugle Newspapers

To Advertise In This Directory
Call Beverly 847-588-1900

COMMUNITY DIRECTORY

APPLIANCE REPAIRS

CHICAGO APPLIANCE & REFRIGERATOR REPAIR CO.
ALL MAKES ALL MODELS
FREE ESTIMATE WITH JOB
(847) 696-3311
(773) 631-5151
Serving Your Neighborhood
Daily Since 1957

CEMENT WORK

MERIT CONCRETE INC.
Established 1970
FREE WRITTEN ESTIMATES
• Steps • Patios • Walks • Drives
• Decorative Concrete Resurfacing
Licensed-Fully Insured
(773) 283-5877
Member Portage Pk.
Chamber of Commerce

CONTRACTOR

EUROPEAN CONTRACTOR
• Remodeling & New Construction
• Carpentry
• Glass Block Windows
• Brickwork & Tuckpointing
• Cement Work • Roofing & Siding
• Gutters & Downspouts
FREE ESTIMATES
Deal With Owner & Save
(847) 803-2414
Cell Phone
(847) 650-1935

EXTERIORS

FULLY INSURED LOW PRICES
ALBERT'S CONSTRUCTION COMPANY
MEMBER OF BETTER BUSINESS BUREAU
CALL FOR FREE ESTIMATE ON:
WINDOWS • TUCKPOINTING • SIDING
DECKS & PORCHES • SOFFIT • CONCRETE
GUTTERS • BRICKWORK • POWER WASHING
CALL: 773-251-5063

HANDYMAN

RICH THE HANDYMAN
"No Job Too Small!"
• Painting-Interior/Exterior
• Carpentry
• Minor Electrical/Plumbing
• Roof Repair
• Gutters • Repair & Cleaned
• Deck • Fence Repair
Free Estimates
(847) 965-8114

BRICKWORK

RICE MASONRY CONSTRUCTION
• Brickwork & Tuckpointing
• New or Rebuilt Chimneys and Fireplaces
• Glass Block Panels
• Cleaning & Waterproofing
Free Estimates • Insured
(847) 824-2223

CONCRETE WORK

MIKE NITTI CEMENT CONTRACTOR
• Patio Decks
• Driveways
• Sidewalks
FREE ESTIMATES
Licensed
Fully Insured
(847) 965-6606

DECORATING

DESIGN DECORATING
• QUALITY PAINTING
• EXPERT PAPER HANGING
• WOOD FINISHING
• PLASTERING
• We vacuum & put furniture back •
(847) 205-5613
Call Vee
References • Free Estimates

GUTTERS

Amex Builders
MEMBER OF BETTER BUSINESS BUREAU
GUTTERS
Replacement • Repairs
Cleaning • SOFFIT • FASCIA
773-763-9276
5682 N. MILWAUKEE AVE. CHICAGO
Free Estimate • We Do It All
FULLY INSURED LICENSED & BONDED

HANDYMAN

J.R. HANDYMAN SERVICE
• Painting • Roofing • Plumbing
• Concrete Work • Carpentry
• Kitchens & Bathrooms • Electrical
WE DO IT ALL...NO JOB TOO SMALL OR TOO BIG
OUR WORK IS GUARANTEED
(847) 674-0371
(773) 792-3550

BRICKWORK

MIKWAY
• Tuckpointing • Brickwork
• Masonry • Concrete
Chimneys Repaired & Rebuilt
Glass Block Installation
Window Caulking • Building Cleaning
Residential-Commercial-Industrial
• Fully Insured • Free Estimates
(847) 965-2146

CONSTRUCTION

A.J. REMODELING
Kitchen • Bath • Additions
Basements • Decks • Porch
• Electrical • Painting
Replacement Windows
Licensed & Bonded
Andy-773-457-5447 Cell #
Home # 773-545-6248
John-773-386-2323 Cell #
Home # 773-885-0883

ELECTRICAL

W P ELECTRICAL
General Electrical Contractor
All Electrical Installations
• RESIDENTIAL •
• COMMERCIAL • INDUSTRIAL •
Licensed • Insured • Bonded
800-468-7457
773-481-9465

GUTTERS/DOWNSPOUTS

SEAM REPAIRS NEW GUTTERS
All Types • Gutter Cleaning
Re-Routing Downspouts
• Owner Does Repair Work
Fully Insured • Better Bus. Bur.
10% OFF THIS MONTH
(773) 262-7345
Call Gary • Established 1972

HOME IMPROVEMENT

CRC HOME IMPROVEMENT
Interior/Exterior Painting
Countertops • Remodeling
Housewashing • Bathrooms
Aluminum Siding • Basements
Drywall Installation • Kitchens
Electric • Plumbing
(847) 824-3471
FULLY INSURED FREE ESTIMATES

BUSH TRIMMING

BUSHWACKER'S
Professional Trimmers Of
SHRUBS/HEDGES/EVERGREENS
ALL DEBRIS REMOVED
CALL FOR FREE ESTIMATES
20 YEARS EXPERIENCE
(847) 966-7623

CONSTRUCTION

PETREAN'S CONSTRUCTION
Kitchen • Bath Remodeler
Wood floors, wood stairs, tiles,
cabinets, interior and exterior
painting, siding, windows and doors.
Reasonable work for
a reasonable price.
Call Daniel:
(773) 736-2667
(847) 867-8659

ENTERTAINMENT

Live Up Your
Next Party!
Call The Amazing
Robert
The Most Accurate
Psychic In The
Business
847-682-8306

HANDYMAN

ROY THE HANDYMAN
"YOU NAME IT - WE DO IT!"
Painting-Interior/Exterior
Wallpapering • Carpentry
Electrical • Plumbing
Drywall • Repairs
Floor & Wall Tiling
Remodeling
FREE ESTIMATES
(847) 965-6415

HOME IMPROVEMENT

JO & RUTH REMODELING SPECIALIST
Family Owned & Operated Since 1988
• Kitchen & Bath • Plumbing/Electric
• Porch/Decks • Paint Floor & Wall-Tile
• Cement Work • Repairs
REF. AVAIL. - Licensed Bond & Insured
Business (773) 481-9334
Call (773) 575-7220
Page (773) 228-3724

CATCH BASINS & SEWERS

JOHN'S SEWER SERVICE
Oakton & Milwaukee
Niles
(847) 696-0889
Your Neighborhood
Sewer Man

CONTRACTOR

GENERAL CONTRACTOR
Room Additions-Fireplaces
Chimney Repairs-Plastering
Glass Block
All Type of Brick Work
Free Estimates - Call Mike
(773) 286-9013
Page #312-963-1631

ESTATE SALES

ESTATE LIQUIDATION SPECIALISTS
• Estates Purchased
• Household Contents
Removal Service
• Bonded and Insured
847-298-4137

HANDYMAN

Amex Builders
MEMBER OF BETTER BUSINESS BUREAU
HANDYMAN
All Kind Of Home Repairs
TELL US WHAT YOU NEED
773-763-9276
5682 N. MILWAUKEE AVE. CHICAGO
Free Estimate • We Do It All
FULLY INSURED LICENSED & BONDED

HOME REMODELING

BCi
ALL HOME IMPROVEMENTS
SPECIALIZING IN
KITCHEN & BATHROOMS
FREE ESTIMATES
800 328-1456
LICENSED • BONDED • INSURED
FAMILY OWNED NILES, IL

The Bugle Newspapers COMMUNITY DIRECTORY

LANDSCAPING

ACORN LANDSCAPING
Residential-Commercial-Industrial
• Lawn Maintenance
• Fertilizing & Weed Control
• Design & Installation
• Sod, Flowers, Shrubs
• Spraying & Power Raking
• Spring & Fall Clean Ups
• Brick Walks, Patios, Walls
Free Estimates
(847) 965-1606
Insurance Licensed Member L.L.C.A.
Black Landscaping Contractors Association

LANDSCAPING

MULCH & TOP SOIL
• Shredded Hardwood \$25/Cu Yd
• Shredded Blom Cedar \$35/Cu Yd
• Cypress \$50/Cu Yd
• Red Cedar 48/Cu Yd
• Cedar Chips \$35/Cu Yd
• Dyed Red Mulch \$42/Cu Yd
ALSO Top Soil, Garden Mix, Mushroom
Compost Sod, Sand, Gravel, ETC.
FREE DELIVERY CREDIT CARDS OK
SURE-GREEN
847-888-9999
800-303-5150

PAINTING & DECORATING

**INTERIOR/EXTERIOR
PAINTING**
FREE ESTIMATES
FULLY INSURED
CALL GEORGE
847-825-9098

POWERWASHING

**RICK'S
POWERWASHING**
Decks, Walks, Siding, Fences,
Concrete, Windows
Washed...Gutters Cleaned
Insured...Dependable...Reliable
Call Rick 773-775-6846
Pager 312-232-9678

ROOFING/SIDING

**LEN ROOFING
& CONSTRUCTION**
• Roofs (Flat/Shingle)
• Siding • Soffit • Fascia
• Windows • Gutters & Downspouts
• Builders • State Licensed
• Bonded • Insured
Affordable Rates • Free Estimates
(847) 768-6000

LANDSCAPING

**STUARTS LAWN CARE
& TREE REMOVAL**
• Lawn Maintenance
• Landscaped Design
• Installation & Sod
• Core Aeration • Power Raking
• Spring & Fall Clean Up
• Brick Work • Senior Discount
FREE ESTIMATES • INSURED & BONDED
Call 773-792-0433

PAINTING

**Z.K. HOME
IMPROVEMENT**
• Quality Interior-Exterior Painting
• Drywall Repair • Bathroom Remodeling
• Ceramic & Vinyl Tiles
• Gutters, Deck, Fence, Concrete Repair
• Homes • Apartments • Offices
For Free Estimates Call Arthur:
(773) 505-1459
Or Leave Message
We Are Insured

PAINTING & DECORATING

COLORS BY MARC
Over 15 years experience.
Quality work at competitive
prices. Specialty PAINTING
KITCHEN CABINETS. We also
do exterior and all size interior
jobs. We hang all types of wallpa-
per, decorative finishes are also
part of our expertise.
FOR FREE ESTIMATE CONTACT MARC
847-679-1534

REMODELING

Amex Builders
MEMBER OF BETTER BUSINESS BUREAU
REMODELING
Baths • Kitchens • Dormers
Additions • Decks • Porches
773-763-9276
5682 N MILWAUKEE AVE. CHICAGO
Free Estimate • We Do It All
FULLY INSURED • LICENSED & BONDED

SIDING

STOP PAINTING!
Cover Your Eaves with
• Aluminum Soffit/Fascia
• Vinyl/Aluminum Siding
• Vinyl Windows
• Storm Windows & Doors
• Aluminum Awnings
• Quality Work
Call for Free Estimate
1-800-333-5688
AMERICAN
HOME EXTERIORS

LANDSCAPING

**JOE'S
LANDSCAPE
ASPHALT &
CEMENT SERVICE**
Residential-Commercial-Industrial
• Sod • Bushes • Trees
• Mulch • Top Soil & More
Installed - Low Prices (High Quality)
All Work Guaranteed-Free Estimates
(847) 436-8195

PAINTING & DECORATING

**PRECISION
PAINTING**
Complete Decorating
• Residential • Commercial • Int./Ext.
• Wallpapering • Wall Washing
• Plaster/Drywall Repairs
• Wood Finishing
• FREE EST. • REFS. • INS.
Anthony Pagano
(847) 259-3878
10% Discount to Seniors
28 yrs. Experience

POWERWASHING

**DIAMOND
POWER WASHING**
We clean:
• Wood Decks/Sealing
• Patio-Garage Floors
• Commercial Property
FREE ESTIMATES
773-631-0289

ROOFING

Amex Builders
MEMBER OF BETTER BUSINESS BUREAU
ROOFING
Residential Flat & Shingle
ALL WORK GUARANTEED
773-763-9276
5682 N MILWAUKEE AVE. CHICAGO
FREE EST. • WE DO IT ALL
FULLY INSURED • LICENSED & BONDED

WINDOWS

Amex Builders
MEMBER OF BETTER BUSINESS BUREAU
WINDOWS
Vinyl • Wood • Glass Block
LIFETIME WARRANTY
773-763-9276
5682 N MILWAUKEE AVE. CHICAGO
Free Estimate • We Do It All
FULLY INSURED • LICENSED & BONDED

National Night Out Against Crime

It all started in 1992 with the tragic death of one of our young people. It now has become Maine Township's way of helping to make our neighborhoods safer places to live and raise a family. Our National Night Out Against Crime is an annual event that helps build a stronger alliance between the community and local law enforcement. This year's event is Tuesday, August 7 starting at 6:30 p.m. in Dee Park (Dee and Emerson).

The death of John Anzelmo in a gang-related shooting sparked an outcry from the community. During the months that immediately followed, dedicated volunteers such as Owen and Mitch Sorell and hundreds of others came together in community meetings to start programs such as our Township's Youth Drop-in Center, which continues today as a living example of how individuals can make a positive difference.

With the help of the Cook County Sheriff's Department and other local law enforcement agencies, National Night Out Against Crime has become a focal point for a year around effort to stamp out gang activity.

I salute those who have chosen to get involved in such crime prevention efforts throughout Maine Township and our communities such as Niles, Park Ridge, Des Plaines and others. I encourage all residents to support the National Night Out Against Crime event and continue working to keep our township safe.

Bob Dudycz
Maine Township Supervisor

The willingness to accept
responsibility for one's
own life is the source
from which self-respect
springs.

—Joan Didion

Enter your pet in Edison Park dog show

If you're a dog owner and proud of your canine, then you have a chance for your dog to "bark" about it by entering the 2nd Annual Family Fun Dog Show, on Sunday, Aug. 19, at Edison Park Fest 2001. The Dog Show will be held from 2 to 5

5th Annual Summer Outdoor Concert

Regency Healthcare and Rehabilitation Centre will hold a 5th Annual Summer Concert Sunday, August 12, 2001 from 1-4 p.m. Featuring the Sark Antarian Band. Music of the 40s, 50s, and 60s. Food and beverages will be available.

All proceeds from raffle ticket and food sales will be donated to the National Kidney Foundation of Illinois Inc.

For more information call Grace Nawakowski at (847) 647-1116. Regency Healthcare is located at 6631 N. Milwaukee Ave., Niles, Illinois.

p.m. in Monument Park, at Avondale and Oliphant Avenues.

There will be plenty of entry categories for those age 18 and under and those over age 18. Dogs can be entered into the following groups: largest, smallest, oldest, youngest, cutest, happiest, most unique, most spots, most obedient, dog owner look-alikes, best costume, and most stu-

Res. alumnae host Cubs outing

On Thursday, September 27, 2001, the Resurrection High School Alumnae Association will be hosting their 1st Annual Cubs Game Outing. Tickets for the 7:05 p.m. start game are \$9 for Resurrection High School alumnae and \$11 for guests of alumnae and includes bus transportation to and from the school. A limited number of tickets are available. To reserve your seat, call Cathie Cohn at (773) 775-6616, ext. 42.

pid pet tricks. Judging will be done throughout the three-hour event. Trophies and ribbons will be awarded in each category. There is a \$5 fee to enter.

Pre-registration is required, and applications will not be accepted on the day of the show, August 19. Applications are available at the following local businesses: Abell Animal Hospital, 6032 Northwest Highway; Edison Park, 6701 N. Olmsted Ave.; Fiasche's Hair Design, 6713 N. Oliphant Ave.; Happy Foods, 6783 Northwest Highway; O'Connor's Market, 7280 W. Devon Ave.; and V.I.P. Grooming Service, 6702-1/2 Northwest Highway. Registration also may be completed at the Edison Park Fest Chamber of Commerce booth on Saturday, Aug. 18, from 10 a.m. to 5 p.m.

For more information on the Family Fun Dog Show, call Claire Flannery, chairperson, at (773) 763-4002, or the Edison Park Chamber of Commerce at (773) 631-0063.

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

FULL/PART TIME

FULL/PART TIME

FULL/PART TIME

FULL/PART TIME

FULL/PART TIME

ADVERTISING

SELL CLASSIFIED ADVERTISING

Full-Time - Monday Thru Friday - 9 AM-5 PM
Salary Plus Commission-Based On Experience!
Both Inside & Outside Sales
Call Beverly: (847) 588-1900
Or Fax Resume: (847) 588-1648
BUGLE NEWSPAPERS-NILES

CLERICAL/OFFICE OPPORTUNITIES

General Office/Admin. Assistant
Experienced Data Entry - Full Time -
Lincolnwood Office. \$15-\$20/Hour
Plus Commission. Call Mr. Hoffman:
847-933-8800
Or Fax: 847-933-8812

CLERICAL/OFFICE OPPORTUNITIES

GENERAL OFFICE
ASSISTANT
Part-Time for Niles R.E. Appraisal
Office. Flexible hours, basic computer
knowledge required.
FAX: (847) 647-0431
Call Tom: (847) 647-6855

THE BUGLE CLASSIFIEDS

are worth more
than just a quick glance.

Have you taken a good look at our Classified pages lately? You'll be surprised at just how many ads we publish. When it comes to Classifieds, "the more the merrier" is true! More potential buyers...more sellers! More people advertising things for sale...and somehow, we get more people looking! That's the way it works! It takes both buyers and sellers...and we've got them! Buying or selling, the first place to look is in...The Bugle Classifieds!

TO PLACE AN AD, CALL
(847) 588-1900
THE BUGLE NEWSPAPERS
THE NEWSPAPERS THAT DELIVER

OUR CLASSIFIED ADS

• REACH MORE PEOPLE PER WEEK •
• FOR THE LEAST AMOUNT OF DOLLARS! •
See how your money can work for you!
*2 Insertions Per Week
*2 Deadlines Per Week
Specials Designed With Your Needs in Mind
Call us today for details.

We're always available for your convenience

**BUGLE CLASSIFIED ADS
GET RESULTS**

CLERICAL/OFFICE OPPORTUNITIES

**SUNSET
FOODS**

PART-TIME OFFICE CLERK

**Central Deli
Northbrook Location**

Excellent Opportunity
Family Friendly Hours
9:00 a.m. to 3:00 p.m.

Responsibilities include answering
telephones and clerical duties. Office
& computer experience required.

For information and application call
Joe Thompson:
847-509-8048

COMPUTERS

Process medical claims from home!
Use your own computer! Find out
how to spot a medical billing scam
from the Federal Trade Commission.
1-877-FTC-HELP
A message from
The Bugle and the FTC.

BUGLE NEWSPAPERS
CLASSIFIED ADVERTISING
OFFICE HOURS
and
DEADLINES

Our offices are located at 7400
Waukegan Road, Niles and we are
open weekdays only, 9am-5pm.
You may stop in or call (847) 588-
1900 to place your ads. Our dead-
line for all insertions for our
Thursday editions is Tuesday
prior to publication at 2 pm.

DRIVERS

ARE YOU READY FOR A CAREER CHANGE?

364 Student Drivers Needed!
Make 36K-42K
In Just 14-16 Days!
No Up Front Money Required
CALL TODAY
1-877-83TRAIN

Your credit is good with
us we accept visa and
master card! Call:
847-588-1900

Our classified ads reach more people per week
for the least amount of dollars.
We cover the near north suburbs and the north side
of Chicago with 2 insertions per week.

See how your money can work for you by putting
your recruitment ads in both editions of The Bugle.
Call us today for details. We will be happy to
assist you in placing your ads and in reserving
space for our next issue. We offer two deadlines
each week for your convenience.

AND ALSO, TAKE ADVANTAGE OF OUR SPECIALS!
SIMPLY CALL (847) 588-1900,
and ask for our classified department.
Our trained staff will be available to take your orders.

EDUCATION

Don't Fall Behind

Bright Horizons FAMILY SOLUTIONS™

The only Child Care Company
named to Fortune Magazine's list
of "Top 100 Companies to
Work For in America"

• Leading provider of work-site child
care facilities designed for children
and families
• Ongoing professional development
• Advocates for quality child care
• Global opportunities
• Career advancement
• Comprehensive Benefits: Tuition
Reimbursement, 401(K), Vacation &
Sick days, Health, Dental & Life
Insurance

Career opportunities await
Early Childhood Educators
30 centers in Chicago and surrounding suburbs.
Call Diane at 888-348-2991 ext. 1540
or Fax resume to (815) 444-7856.
AACE

LEYDEN HIGH SCHOOLS DISTRICT 212

Leyden High Schools
Are Currently Hiring
SUBSTITUTE TEACHERS
Please Call For Information
(847) 451-3021

FOOD SERVICE

SCHOOL MEAL ASSISTANT

Setup, serve, clean-up & oversee distribution of
catered meals in Byron School at 6030 N.
California. Sanitation certificate and High School
diploma or GED required. Part-time shift: Monday-
Friday, 11 a.m.-2 p.m. Send cover letter and resume to:
Anixter Center, HR Dept.
6610 N. Clark, Chicago, IL 60626
Fax: 773-973-5268
Email: specinfo@anixter.org
SMOKERFREE WORKPLACE eee-m/ll/v www.anixter.org

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
HOTEL BEST WESTERN AT O'HARE We are accepting applications for Resident (Assistant) Manager for our 144-room Hotel located at O'Hare Airport. Ideal Candidate will be sales oriented, enjoy serving guests, have some Front Office/Desk management experience, have a 5-star mentality, and be computer literate. Position requires living on property in fully furnished, single bedroom apartment. Please Fax or E-mail Resume To: Best Western At O'Hare 10300 West Higgins Road Rosemont, IL 60018 (847) 296-4958 e-mail: info@bestwesternohare.com	ICE ARENA ICE ARENA SUPERVISOR Part-Time Evenings Niles Park District IceLand Ice Arena, 8435 Ballard Road, is seeking a reliable and responsible person as a Part-Time Evening Building Supervisor. Responsibilities include but are not limited to: resurfacing ice, cleaning, answering phones and closing the building. Must be at least 18 years of age to apply. If you are interested, please call: David Santee At: (847) 297-8010	MEDICAL / HEALTHCARE NURSES / CNA'S • Full-Time & Part-Time Positions • Flexible Shifts Available Excellent Benefits For Full-Time Health, Emergency Days, Tuition & 401K Apply In Person Monday-Friday / 9 AM - 4 PM Or Come To Our NURSING JOB FAIR Wednesday - August 8 - 10:30 AM - 3:30 PM NORWOOD PARK HOME 6016 N. Nina Ave. - Chicago, IL 60631 (Near Northwest Highway & Harlem) (773) 631-4856 Or Fax: (773) 631-2253 EOE	MARKET RESEARCH LITTLE TESTERS WANTED Even 3 to 14 Year-Olds Can Turn Their Opinions Into CASH! We are a leading product research testing company. We pay people of all ages to try various products, but we need more tots & young children. The products are safe, we check for allergies & children's testing is never done during school hours. Parents/Guardians, call today. Let the little ones start earning summer spending money. Call (773) 774-3155 Ask For Frank PERYAM & KROLL 6323 N. Avondale (6300 N./7200 W.)	REAL ESTATE RE SCHOOL - Lincolnwood Enrollment clerk to take enrollments on phone & general office. Computer keyboard skills & ability to interact with public required. RE License A Must RE Institute-(847) 329-1650
Since 1965, Rawhide Boys Ranch has been helping young men from communities like yours. Your donated car, truck, boat, camper, or real estate can help even more young men. Donors may receive a full tax benefit.  Call Today 1-800-RAWHIDE www.rawhide.org Try a classified! Call today! 847-588-1900	ALL Classified Help Wanted Ads Can Now Be Found On The Internet! www.Chicagometrojobs.com	HELP WANTED PART TIME Looking for outgoing person for a HOSTESS position. Must be available evenings. Flexible! Call Betty At: 847-827-9840	MEDICAL / HEALTHCARE • REUSE TECHNICIAN FULL TIME Dialysis Clinic Has Openings In NILES Responsibilities include: The cleaning, preparation & maintenance of Dialyzers using computerized equipment and the ordering and stocking of supplies. Previous employment in a medical environment preferred. Interested candidates should call: Neomedica, Inc. - Human Resources Dept. (312) 654-2790 EOE/M/F	MEDICAL ASSISTANT Friendly, reliable, self-starter with medical office experience needed for OB/GYN office in Niles. Nursing & front desk duties. Must be able to work 11-6/Monday-Thursday. Call Susan: (847) 583-9962 Or Fax Resume: (847) 583-9967
		HEALTH CARE/HOME \$ Signing On Bonus \$ CNA's and Companions Hourly and Live-in positions available for Chicago and surrounding suburbs. English speaking. Interviewing in Highland Park Call for an appointment Monday-Friday Ask for Mary or Linda Gentle Home Services, Inc. 847-432-9100		Medical Assistant Part-Time 14-18 Hours Per Week Please Page: (847) 569-6464 Earn \$\$\$ helping MDs! Process medical claims from home. Call the Federal Trade Commission to find out how to spot medical billing scams. 1-877-FTC-HELP A message from The Bugle and the FTC.
		RN, LPN, CNA Home Health Agency Has Shift & Supervisory Positions In Our Northwest Suburban & Chicago Area Retirement Communities. Unlimited Health Services 773-725-7881		DENTAL HYGIENIST For N.W. Side Dental Practice WANTS YOU M-Th Alternate Saturdays Bonus + Benefits (773) 763-0433
		We accept Visa and Master Card! Call: 847-588-1900		

CANCELLATIONS - No Classified Advertisements will be cancelled after 12 noon on Monday preceding the Thursday publication date, or Thursday 12 noon preceding the Weekend Job Guide.

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME	FULL/PART TIME
PARK DISTRICT The Morton Grove Park District is seeking enthusiastic and talented fitness instructors to teach morning and evening classes. Instructor must be certified ACE, AFPA, or have the ability to earn certification within 6 months. Should have experience instructing low/high impact, cardio kick, step, and resistance training. The park district provides competitive pay and offers childcare during most classes. If interested, please call Morton Grove Park District Aerobic Coordinator At: (847) 965-1200	RETAIL TIRED OF THE USUAL DATA ENTRY POSITIONS? Put Your 10 Key Skills To Work With RGIS Inventory Specialists Earn \$8 Per Hour Counting Inventory In Retail Stores Interesting Challenging Position Must Have Access To Reliable Transportation We Train The Right Candidates (847) 296-3031 Equal Opportunity Employer	SALES ADVERTISING DISPLAY SALES Part-Time Hours - Full-Time Earnings Salary Plus Commission! Prefer Outside Sales Experience With High Energy Call Sally At: (847) 588-1900	TELEMARKETING TELEMARKETING \$\$\$\$\$\$\$\$\$\$\$\$\$\$ Earn \$500 To \$1500 A Week Great Work Environment Bring Your Ambitions For Interview Call Bob: (773) 205-6806	TELEMARKETING NOTICE The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.
PROFESSIONAL OPPORTUNITIES FIELD MANAGER FOR AT&T BROADBAND Dependability, excellent people skills, reliable vehicle and a serious desire to succeed financially are required for this long term position. Guaranteed salary and monthly wage bonuses!! For immediate consideration Call Christina at 773-202-3053 M-F 9-12 only	RETIREMENT FACILITY WAITSTAFF WANTED Northbrook Retirement Facility 15 Minutes From Golf Mill Mall & Accessible From 294 & Some Public Transportation. Full And Part-Time Positions Available. Varied Shifts And Times- Flexible Schedule. Starting Pay \$8.00 Per Hour. \$500 Sign On Bonus, Reviewed Quarterly. A Great And Friendly Working Environment. Call: (847) 803-7107 - Ask For Samantha	TELEMARKETING TELEMARKETING No Cold Calling! Part-Time - Niles Salary Plus Commission Must Have Some Experience Tuesday-Thursday & Friday - 9 AM-5 PM Please Call Beverly At: (847) 588-1900	TELEMARKETING TELEMARKETING Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES	Notice Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 312-783-6490.
REAL ESTATE RE SCHOOL - Lincolnwood Enrollment clerk to take enrollments on phone & general office. Computer keyboard skills & ability to interact with public required. RE License A Must RE Institute-(847) 329-1650	FRONT DESK RECEPTION/SECURITY Full-Time - Midnight-8 AM Position Available At A Senior Retirement Community Great Benefits-Glenview Area Experience Helpful, But Will Train Must Have Reliable Transportation Call Jessie At: (847) 803-7100 Or Fax Resume: (847) 803-7101	TELEMARKETING TELEMARKETING Sell Classified Advertising Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES	TELEMARKETING TELEMARKETING Sell Classified Advertising Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES	TELEMARKETING TELEMARKETING Sell Classified Advertising Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES
THE WORLD AT THEIR FINGERTIPS! READ THE CLASSIFIEDS and you're guaranteed a spin around the world of buying and selling...jobs and homes, choice business opportunities and sometimes just a friend... CALL (847) 588-1900	Come In And Place Your Garage Sale Ad Today! Pick Up Your FREE Garage Sale Sign Appearing in all 5 editions 3 lines \$17.00 each add'l line \$3.00 THE BUGLE NEWSPAPERS 7400 Waukegan - Niles (847) 588-1900	TELEMARKETING TELEMARKETING Sell Classified Advertising Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES	TELEMARKETING TELEMARKETING Sell Classified Advertising Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES	TELEMARKETING TELEMARKETING Sell Classified Advertising Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES
All Classified Help Wanted Ads Can Now Be Found On The Internet! www.Chicagometrojobs.com				

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

DELIVERED TO ALL 16,000 HOMES IN NILES
AND MORTON GROVE EVERY WEEK OF THE YEAR!

FULL/PART TIME	FULL/PART TIME	MISCELLANEOUS	MISCELLANEOUS	MISCELLANEOUS
TRADES AUTO TECHNICIAN Great Income Potential, 401k plan, medical, dental. Productive and efficient shop in North Suburbs, looking for some in a certified/qualified tech. Call Dan 847-724-0131 Or in the evening Call 847-356-3108 Looking for a Federal or Postal Job? What looks like the ticket to a secure job might be a scam. For information, call the Federal Trade Commission, toll-free: 1-877-FTC-HELP Or visit: www.ftc.gov. A message from The Bugle and the FTC. HVAC and REFRIGERATION with ice machine experience. Must HAVE own tools. Top pay, benefits. Schaumburg. 847-584-1963 Laid off? Work from home. Be your own Boss! First, call the Federal Trade Commission to find out how to spot work-at-home schemes. 1-877-FTC-HELP A message from The Bugle and the FTC. Veterinary Technician Full Time Experienced & Able to Work Independently, Self Motivated. Salary & Benefits Based On Experience. References Required. Call Paula: 847-432-0157 Be your own Boss! Process medical claims from home on your computer. Call the Federal Trade Commission to find out how to spot medical billing scams. 1-877-FTC-HELP A message from The Bugle and the FTC.	TRADES CHOOSE YOUR OWN HOURS! Put Your Computer To Work! \$1,500 - \$4,500 Part-Time /Full-Time *Free Information (262) 812-5485 www.freedomforevr.com REAL ESTATE APT. FOR RENT Glenview - 1 Bd. Apt. Available now & 1 Bd. Apt. available 8-15-01. Heat & Appliances included. No pets. \$800/Mo. 847-470-0014 NILES - 7630 N. Milwaukee Ave. 1 Bedroom Apt-Available Now! \$675 - (773) 764-0802 CONDO FOR RENT Des Plaines - 2 bd, 1 bath \$1,200/mo. Ready to move in! Call - 773-463-5477 All Classified Help Wanted Ads Can Now Be Found On The Internet! www.Chicagometrojobs.com	HOME FOR SALE  MORTON GROVE \$347,500 METICULOUS MORTON Original owner pampered this fantastic 3 br Morton Grove. New state of the art kitchen, new roof, new windows, never had a car, new carpet. Too much to list! Attached garage and landscaped like no other...pristine!! Mike Dybas 847-455-2425 HOUSE FOR SALE FSBO 9105 N. Austin, Morton Grove 4 bedroom, 3.5 baths, all marble w/whirlpools, Second floor new addition Open House Saturday/Sunday 1-5 \$385K Call Avram 708-452-0622/773-960-3166 AIR CONDITIONER FOR SALE A/C For Sale - Westinghouse Sleeve/Wall Unit 9000 BTU-5225/ 15,000 BTU-5295 With Warranty - (708) 788-3466 AUTO/BOATS '93 Plymouth Minivan Power/Everything-85K-\$5,500/OBO '77 Chevy Monte Carlo 17K-Original Miles-Mint-\$7,000/OBO 1950 Durracraft 14' Boat With Trailer 25HP Chrysler Outboard-\$1,500/OBO (847) 583-8682 AUTOS FOR SALE LOREN BUICK/HYUNDAI 1620 Waukegan Road, Glenview (847) 729-8900 '90 Mercury Sable, Body Good Condition. Runs Good, A/C Works. 97,000 Miles. \$2,200 o.b.o. 847-581-9719 - Mark - After 5 p.m. FOR SALE N.T. Walk Fit, Shwn ex. bike, Maple twin bd, glass coffee table 847-967-7977 Remember Watkins Products? We Have Them!! •Award winning vanilla extract •Gourmet spices; extracts; nutritional, personal & home care products Free Color Catalog 847-967-5267 "Solutions for living well since 1868"	FOUND CD CASE - Found in Niles Milwaukee Ave. & Cleveland Many CD's In Case Call or Fax To Identify: (847) 965-8144 FURNITURE FOR SALE Large Dining Room Set China Cabinet & Hutch 6 Chairs - Jade Green Color (847) 965-8524 GARAGE SALES Niles - 7933 Nava - Fri. 8/3 & Sat. 8/4 9-4. Multi-family. Housewares, tools clothes & much misc.!!! Park Ridge - Sat. Aug. 4th, 9-4 Multi-family, Matchbox cars, clothes, furn & much more 928 Goodwin Dr (off of Oakton) Niles - 8260 N. Knight (on Normal between Greenwood & Western) Fri. 8/3 9-5 Park Ridge - 711 Goodwin (off of Oakton) Everything must go! Variety of items. 8/3 & 8/4, 9-3. NO EARLY BIRDS! Niles - Multi family - 8135 N. Elmore St. 8/3, 4 & 5. 9-4. MOST ITEMS LIKE NEW. Crib, Highchair, walker, misc. baby items. Kids, infants & adult clothes, bike, refrig. & MUCH MORE!!!	PERSONALS St. Jude's Novena May the Sacred Heart of Jesus be adored, glorified, loved and preserved throughout the world, now and forever. Sacred Heart of Jesus, pray for us. St. Jude, worker of miracles, pray for us. St. Jude, helper of the helpless, pray for us. Say this prayer nine times a day for nine days. On the eighth day your prayers will be answered. It has never been known to fail. Publication must be promised. Thank you St. Jude. H.D. Most miraculous Lord, You have granted so many of my prayers but now I must place this petition in your hands. (name petition)... This now becomes your request and I ask you to place it in the hands of God the Father. I know He will grant this petition because of His love for you, His son. For this I thank you, O miraculous Lord. Amen. (Say this prayer 3X a day for 3 days and your petition will be granted. Publish) B.D. POWERFUL PRAYER TO THE HOLY SPIRIT You who solve all problems, who lights all roads so that I can obtain my goals. You who give me the divine gift to forgive and to forget all evil against me and that in all instances of my life, you are with me. I want in this short prayer to thank you for all things and to confirm that I never want to be separated from you, even in the spite of all material illusions. I wish to be with you in eternal glory. Thank you for your mercy towards me and mine. Say this prayer for 3 consecutive days and a favor will be granted. Thank You. B.D. RUMMAGE SALE Beth Hill Cong. (650 families) Quality merchandise. 3220 Big Tree Ln. Wilmette. (Edens to Lake St.-E. 1/2 block to Laverne & S. to bldg.) 8/5 9-11 & 8/6 9-11 TANNING WOLFF TANNING BEDS TAN AT HOME Buy DIRECT and SAVE! Commercial/Home units from \$199 Low Monthly Payments FREE Color Catalog www.np.eaton.com Call TODAY: 1-800-711-0158 WANTED TO BUY WANTED WURLITZERS JUKE BOXES ALSO Slot Machines Any Condition 1-830-888-2742 Fax: 1-830-888-8181 YO-YO THE CLOWN Parties, Store Promotions, Company Picnics, Grand Openings, Hospital Visitation. 847-361-7001 MOVING SALE Huge two family moving sale Sat./Sun. Aug. 4 & 5. 9-4 p.m. 9112 Oleander, Morton Grove

NOW YOU CAN ADVERTISE MORE FOR LESS!

•SELL IT! •BUY IT!
•ANNOUNCE IT!

3 Lines - 5 Papers
\$17 Dollars!

This is a weekly rate - Prepaid.
We accept MasterCard or Visa.
Stop in to:
Bugle Newspapers,
7400 Waukegan Rd,
Niles
or call
(847) 588-1900
Ask for Beverly

Obituaries

LUCILLE MARTUCCI

Lucille Martucci, 78, of Morton Grove, died Saturday, July 7 at Governor's Park Nursing Home. She was born June 26, 1923 in Chicago. Beloved daughter of the late Nicola and the late Angelina Butitto. Beloved wife of the late Leonard J. Martucci. Beloved mother of Linda Manichia, Michael (Barbara) Martucci and Lawrence (Laura) Martucci. Services were held July 11 at St. Isaac Jogues Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

JOSEPH J. DEMKO

Joseph J. Demko, 82, of Niles, died Sunday, July 8 at Lutheran General Hospital, Park Ridge. He was born June 3 in Hegewich, IL. Beloved brother of Judy Swing. Services were held July 10 at St. Andrew Home. Arrangements handled by Skaja Terrace Funeral Home. Interment was held St. Adalbert Cemetery, Niles.

ALFRED A. DAUS

Alfred A. Daus, 87, of Morton Grove, died July 27 at Lutheran General Hospital, Park Ridge. He was born May 29, 1914 in Chicago. Beloved husband of Jeanette. Beloved father of Richard (Charlene), William (Karllyn), Jeffrey, Stephen, and Phillip. Grandfather of 7. Great-grandfather of 20. Brother of Adelaide (Georg) Solhi. Services were held Tuesday, July 31 at Jerusalem Evangelical Lutheran Church. Interment was in Memorial Park Cemetery, Skokie.

STANLEY J. ZABSKI

Stanley J. Zabski, 82, of Morton Grove, died July 12. He was born November 11, 1917 in Chicago. Beloved husband of the late Vera (nee Mompert). Beloved brother of Josephine Dziedzic and brother-in-law of Wendi Mancini. Uncle of Thomas (Christine) Dziedzic and Gerald Dziedzic. Great-uncle of Jill (John) Hansmann, Gail (Jeff) Krawczykowski, Eric, Michael, and Peter Dziedzic. A memorial mass in celebration of his life will be held at 10:00 a.m. Saturday, July 28 at St. Isaac Jogues Church, 8149 Golf Road, Niles. Memorial donations to Rainbow Hospice, 444 N. Northwest Highway, Suite 145, Park Ridge, IL 60068.

JOHN G. LEFEVRE

John G. LeFevre, 83, of Morton Grove, died July 19 at Bethany Terrace Nursing Home, Morton Grove. Beloved husband of Dorothea. Beloved father of Dennis (Carol), Keith (Diane) and Darlene (Gary) Anderson. Grandfather of 7. Great-grandfather of 3. Brother of Herman and Joseph. Services were held Monday, July 23 at Jerusalem Lutheran Church, 6218 Capulina Ave., Morton Grove. Interment was in Ridgewood Cemetery, Des Plaines.

STEPHEN J. KALUZYNY

Stephen J. Kaluzny, 70, of Morton Grove, died July 16 at Rush North Shore Medical Center, Skokie. He was born September 12, 1930 in Chicago. Beloved husband of Elaine (nee Stuewe). Beloved brother of Lillian (the late Victor) Shebelski. Services were held Friday, July 20 at St. Martha Catholic Church, Morton Grove. Interment was in Abraham Lincoln National Cemetery, Elwood, IL. Memorials to: Favorite charity.

CLARA I. FRIGGE

Clara I. Frigge, 82, of Morton Grove, died July 18. She was born May 20, 1919 in Superior, PA. Beloved wife of the late Albert. Beloved mother of Tim. Sister of Ike Simonetti. Services were held Monday, July 23 at St. Isaac Jogues Catholic Church, Niles. Interment was in Memory Gardens Cemetery, Arlington Heights. Memorials to: American Heart Association, 208 S. LaSalle St., Suite 900, Chicago, IL 60604.

WALTER SEWRUK

Walter Sewruk, 81, of Niles, died Friday, June 29 at Resurrection Medical Center. He was born August 13, 1919 in Poland. Beloved son of the late Florian and the late Ludwika Sewruk. Beloved husband of Josephine Sewruk. Beloved father of Christine (John) Krawec and Thaddeus (Susan) Sewruk. Brother of Hanna (the late Henry) Slomkowski. Josephine (the late Jan) Kurazynski and Wladyslaw (the late Boleslaw) Kaminski. Services were held July 2 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

JAMES L. MCCORMICK

James L. McCormick, 88, of Niles, died Tuesday, July 3 at Lutheran General Hospital, Park Ridge. He was born November 25, 1912 in Chicago. Beloved son of the late Peter McCormick. Beloved husband of Helen J. McCormick. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Montrose Cemetery, Chicago.

JOZEF KRZYSCA

Jozef Krzysca, 73, of Niles, died Wednesday, July 4 at Resurrection Medical Center. He was born July 8, 1927 in Morawczyzna, Poland. Beloved husband of Albina Krzysca. Services were held July 7 at St. Thecla Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Parafialny.

FRANCES A. SCHUELKE

Frances A. Schuelke, 79, of Niles, died Thursday, June 7. She was born November 9, 1921 in Summit, MS. Beloved mother of Darlene Heinz. Services were held June 11. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Luke Cemetery.

KATARZYNA SIEK

Katarzyna Siek, 80, of Niles, died Thursday, June 5 at Lutheran General Hospital, Park Ridge. She was born November 23, 1920 in Poland. Beloved daughter of the late Franciszek and the late Julia Pazik. Beloved mother of Sally Koziaara. Services were held July 7 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maximilian Kolbe.

FREDA THOMAS

Freda Thomas, 87, of Norwood Park Township, died Friday, June 8 at Lutheran General Hospital, Park Ridge. She was born December 3, 1913 in Chicago. Beloved aunt of Jim Maleski. Services were held June 19 at St. Eugene Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

LORRAINE YETTO

Lorraine Yetto, 71, of South Barrington died Monday, June 11 at St. Alexis Hospital. She was born March 31, 1930 in Chicago. Beloved daughter of the late Andrew and the late Mary Reichl. Beloved wife of Charles "Bud" Yetto. Sister of Elsie (John) Johnston and Karen (Ken) Tyska. Sister-in-law of LaVerne (the late Vernon) Sorensen. Aunt of Adam, Jill, Dale, Lisa and Susan. Services were held June 15. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Bohemian National Cemetery.

MARYANN STANKIEWICZ

Maryann Stankiewicz, 88, of Bloomingdale, died Monday, June 11 at Bloomingdale Pavilion. She was born March 8, 1913 in Hurley, WI. Beloved daughter of the late John and the late Vladislav Dressel. Beloved aunt of Donna Tokarz. Services were held June 13 at St. John Brebeuf Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

GEORGE JOHN CLANCY

George John Clancy, 86, of Des Plaines, died Thursday, June 14 at Holy Family Hospital, Des Plaines. He was born March 27, 1915 in Chicago. Beloved husband of Catherine Clancy. Services were held June 18. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

JOSEPH HASIUK

Joseph Hasiuk, 78, of Chicago, died Saturday, June 30 at Regency Nursing Home. He was born June 10, 1923 in Poland. Beloved son of the late Vincent and the late Felecia Hasiuk. Beloved father of Josephine Hasiuk. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

THOMAS E. DOMBROWSKI

Thomas E. Dombrowski, 80, of Skokie, died Tuesday, June 26 at Rush North Shore Hospital. He was born December 23, 1920 in Chicago. Beloved son of the late Frank and the late Anna Dombrowski. Beloved husband of Margaret Dombrowski. Beloved father of Nancy (Gerald) Domnanus and Robert (Beverly) Dombrowski. Grandfather of William Dombrowski. Brother of Josephine Gregorczyk. Services were held June 29 at St. Joan of Arc Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

ANA RAMUSCAK

Ana Ramuscak, 90, of Morton Grove, died Wednesday, June 27 at Lutheran General Hospital, Park Ridge. She was born August 7, 1910 in Croatia. Beloved daughter of the late Lovro and the late Magdalena Furjanic. Beloved mother of Mary (the late Frank) Vrbos, Annie (the late Paul) Seral, Rudy (Ann) Ramuscak and John (Ruth) Ramuscak. Services were held June 29 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

RAYMOND E. WASSELL

Raymond E. Wassell, 82, of Des Plaines, died Wednesday, June 27 at Lutheran General Hospital, Park Ridge. He was born June 29, 1918 in Chicago. Beloved son of the late Charles and the late Phyllis Wassell. Beloved husband of the late Dorothy Wassell. Beloved father of Jacqueline (Gerald) D'Antonio and Lawrence (Brenda) Wassell. Grandfather of 4. Brother of Julius (Olga) Wassell. Services were held July 2 at St. Zachary Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in All Saints Mausoleum, Des Plaines.

SOPHIE L. FRANK

Sophie L. Frank, 81, of Niles, died Sunday, June 17 at Lutheran General Hospital, Park Ridge. She was born February 14, 1920 in Calumet City, IL. Beloved daughter of the late Frank and the late Elizabeth Zenzian. Beloved mother of Donna Podborny. Services were held June 25 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

CLARA RYLE

Clara Ryle, 87, of Niles, died Thursday, June 21 at St. Matthew Home, Park Ridge. She was born May 28, 1914 in Chicago. Beloved daughter of the late John and the late Clara Tegtow. Beloved mother of Janet Lodi and Roy Ryle. Services were held June 25. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Eden Cemetery.

MARY BARNABA

Mary Barnaba, 92, of Niles, died Friday, June 22 at Resurrection Medical Center. She was born June 6, 1909 in Blaine, West Virginia. Beloved wife of the late Philip Barnaba. Beloved mother of Toni (Frank) Zangara. Grandmother of Natalie (Hank) Paul, Dawn (Robert) Sharp, Philip (Christina) Zangara and Jennifer Zangara. Sister of Ann Vivirito. Services were held June 26 at St. John Brebeuf Church, Niles. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Mt. Carmel Cemetery.

NORMAN F. KOWALSKI

Norman F. Kowalski, 74, of Park Ridge, died Friday, June 22 at Resurrection Medical Center. He was born November 25, 1926 in Chicago. Beloved son of the late Joseph and the late Julia Kowalski. Beloved husband of Dolores Kowalski. Beloved father of Carol (Lance) Powell, Tom (Patricia) Kowalski, Mark (Sandy) Kowalski, and Lori (Mike) Allred. Grandfather of 13. Brother of the late Harry Kowalski. Services were held June 26 at St. Juliana Church, Chicago. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Maryhill Cemetery, Niles.

Second City alum Jeff Michalski stars in 'I Polack'

Second City alum Jeff Michalski returns to Chicago to perform "I Polack" at Donny's Skybox Studio Theatre in Piper's Alley (1608 North Wells) at 8 p.m. on Saturday, August 4, 11, & 18. Tickets are \$10 (\$6 for students) and can be reserved at The Second City box office at 312-337-3992.

Directed by fellow alum David Pasquetti, "I Polack" is a "too much for one man" show that takes the audience on the comedic search for what it means to be Polish. A founding member of The Second City e.t.c., writer/performer Jeff Michalski has also been seen in television and feature films, such as "Star Maps," "Frankie and Johnny," and the upcoming release "Princess Diaries."

"I Polack" also stars Tim O'Malley, Nate Michalski, Karen Hobert, Ron Dean, and special guests in each of its three performances.

"I Polack" Performance Schedule:

Saturday, August 4, 10 p.m.
Saturday, August 11, 10 p.m.
Saturday, August 18, 10 p.m.
All tickets \$10 (\$6 for students).

Call 312-337-3992 for reservations.

My father always used to say that, when you die, if you've got five real friends, then you've had a great life.
--Lee Iacocca

Cook County

but County officials stress that victims should continue to take precautions to ensure their safety.

Those registering for the notification system will get a Personal Identification Number (PIN). Each time the victim either is contacted or contacts the system, the PIN will be requested. If no PIN is entered or no one answers when the automatic call is made, the system will continue to try to make contact every two hours for 24 hours to inform the victim of the notification requested.

The system will monitor the

Culver graduate

.....continued from page 1

sions for girls ranging from ages 6 to 23.

Judging is based on modeling casual and formalwear, as well as on interviews, with personality getting priority in judging contestants during all phases of competition. The winner will go on to the national competition held in Orlando, Florida.

Ashley lives with her mom and dad, Annette and Bill Kennedy, and her two brothers, Billy, 13, and Christian, 7. Her plans for the future include Northwestern University and studying surgery, but in the meantime she enjoys playing her flute and is looking forward to joining the Niles West orchestra this fall.

Tots-to-ten Ford Model search & kids carnivale

The Shops at North Bridge™, anchored by Nordstrom at 520 North Michigan Ave., will host a weekend of festivities just for youngsters, from Friday, August 10 to Sunday, August 12, with its "Tots-to-Ten Ford Model Search and The Shops Kids Carnivale." to be held on the third floor children's level. The weekend begins on Friday, August 10, when Ford Models selects three winners to receive representation by the prestigious agency; then on Saturday, August 11 and Sunday, August 12, a fun-filled carnivale will embrace kids with engaging entertainment for all ages.

The first 300 children between 1 and 10 years of age to register on August 10 from 11 a.m. to 3 p.m., will have the chance for a childhood dream come true, when Ford Models - responsible for launching the careers of model super stars like Christie Brinkley, Veronica Webb and countless others - hosts an open call for new talent. A modeling contract will be provided by Ford Models to one child from three different age groups: ages 1 to 3, ages 4 to 6 and ages 7 to 10. Registration begins at 11 a.m. sharp on the third level, casual dress is requested and judging will be based on personality and presence. Photos are not necessary as an instant Polaroid photo of each contestant will be provided. At 4 p.m., three stars will be born when Ford Models announces the winners,

.....continued from page 1

discharge of the 100,000 prisoners who flow through the Cook County Jail complex annually, officials say. The AVN system has been implemented elsewhere in the country and a similar one is being evaluated for statewide use, authorities say.

Victims will register by phone through the toll-free telephone number (877) 846-3445. Once registered, they would use this same number to check on the next court date or to determine the custody status of the defendant at any time.

District 219 budget

.....continued from page 1

cation, liability, operations and maintenance, transportation, retirement funds.

Non-operating funds represent money for long-term capital improvements and debt retirement.

Total revenue for 2001-2 is estimated to be \$80.8 million. Of this total, 71 percent, or \$57.5 million, will come from property tax. Other sources such as bonds, state and federal funds make up about \$23 million.

Area residents can examine the budget, which is displayed at District 219's administrative offices, at 7700 Gross Point Road in Skokie.

Park Ridge intern.....

continued from page 1



Maya Parekh

combie and Fitch's 2001 promotional catalog. The publication has raised more than constituent eyebrows for its recent trend toward less clothes/more flesh marketing. Wood's has initiated a boycott of the company and sent a letter to A & F CEO Michael Jeffries, indicating her disapproval.

"I'm glad to be a part of Lt. Governor Wood's campaign to encourage Abercrombie and Fitch to stop using sexual imagery to sell clothing to young people," said Parekh. "I believe that the boycott Lt. Governor has initiated will encourage parents to take a look at the Abercrombie and Fitch catalog, and no doubt, they will be appalled by the raw and rique' layouts posing fully and partially nude female and male models. Working on this project is teaching me quite a bit about using government to reach out to families for the good of our youth."

Besides working on Wood's website (www.StopAandF.com) and coordinating community groups who have joined the campaign, the intern said she is personally boycotting the company.

Parekh's political activity began while a student at Loyola, when served Congress Henry Hyde (R-6th) in Washington DC during the summer of 1999 working on legislative history during a period on numerous violent student crimes and shootings.

While in Washington, Parekh was responsible for compiling briefing books, which provided information about pending legis-

lation for the congressman.

Parekh has also worked with State Rep. Rosemary Mulligan (R-55th) as a scheduler and junior legislative assistant, assisting with constituents' concerns and serving as an event and volunteer coordinator.

During her summer internship with Wood, Parekh will continue to work with constituents who she said sometimes find it intimidating to contact public institutions and government agencies with their concerns.

In keeping with Wood's goal to make the office extremely responsive to the public, Parekh calls people who have already contacted the office looking for assistance. She said the office is working hard to direct callers to the appropriate resources.

Museum adventure weekend spotlights mummies, Egypt

Enter the land of pharaohs, pyramids and sphinxes and explore ancient civilizations during "Adventure Weekend: Mummies" at the Milwaukee Public Museum, Saturday, August 4 to August 6.

The three-day event features hands-on activities and demonstrations introducing visitors to the mysteries of the ancient past. Activities include balloon sculpting, storytelling and hands-on activities. Programs are offered 11 a.m. to 3 p.m., and are free with paid admission.

Journey back in time as you weave through 16-foot-tall Greek and Egyptian columns to explore the origins of writing, democracy and law, and learn about the Roman Caesars. Learn the detective work historians use to piece together the mysteries of the ancient past. See Roman sculpture, ancient coins, cuneiform tablets and a replica of the Rosetta stone.

Visitors to "Adventure Weekend: Mummies" can:

- See a slide-show by Carter Lupton, Museum curator of history. In "The Egyptian Mummy: Fact and Fantasy," Lupton explore the Hollywood and pop cul-

ture myths surrounding the mummy and Egyptian legends. 1 p.m. Saturday, Aug. 4; and 11 a.m. and 1 p.m. Monday, Aug. 6

- Mold a scarab beetle out of plaster of Paris and, after it dries, take it home!

- Be a king for a day. Learn to write your name in hieroglyphics, the ancient Egyptians' written language, on a cartouche, an oblong nameplate reserved for royalty only.

- Take a self-guided tour of the Museum's "Temples, Tells and Tombs" exhibit to compare different pyramid styles, see a replica of the building of the temple of Ramesses III and get up close to Djed-hor and Padi-heru, real mummies.

Upcoming Adventure Weekend themes are: Pioneer House, August 11 to 13; Streets of Old Milwaukee, August 18 to 20; and Explorer's Weekend, August 25 to 27. Admission to the Museum: adults: \$6.50, seniors (60+) \$5, children (ages 4 to 17) \$4. Milwaukee County residents are admitted free on Mondays with identification.

For more information, call (414) 278-2702.

Skokie . . .

Continued from Page 3

Museum will tell dinosaur fans all about Sue, the largest and most complete T. Rex fossil ever discovered. This fun talk can be enjoyed by people of all ages. Free tickets will be available 30 minutes prior to the program, Wednesday, August 8, 7 - 8 p.m.

- **Meet Clifford!**—Meet Clifford the Big Red Dog on Sunday, August 12, 2 - 3:30 p.m. Bring your camera!

- **Back to School Poetry Party!**—Get psyched for school at our poetry party! We'll write poems, read them aloud, act them out, and do other zany stuff with words! Grades 3-5. Thursday, August 16, 1 - 2 p.m. Please register. (847) 324-3149.

- **Book 'Lympics!**—Kids can test their knowledge of *The Best (Worst) School Year Ever*, *Dave at Night*, *The Egypt Game*, and *The Janitor's Boy* at this month's edition of our popular book game show. Grades 3-8. Wednesday, August 22, 7 - 8:30 p.m. Please register. (847) 324-3149.

43rd Annual Country Fair Arts & Crafts Show

Join the fun Aug. 11 and 12 at the 43rd Annual Country Fair Arts & Crafts Show. The show is an integral part of the 43rd Annual Country Fair which includes Civil War Encampment, quilt show and demonstrations, heritage museum tours, Civil War living history events, and more, all held on the grounds of the Historic Methodist Campgrounds, located just east of Des Plaines River on Algonquin Rd. in Des Plaines, IL. The arts show will be presented by American Society of Artists, a national membership organization and will run from 10 a.m. to 4 p.m. each day. The show will include a wonderful variety of art and craftworks on display by the artists and craftsartists who created the work. There will be graphics, glassworks, hand-wrought jewelry, metal sculpture, wall hangings, photography, soft sculpture, woodcrafts, pottery, hand-crafted candles, dollcrafts, artwear, and even batik paintings, hand-crafted dream catchers, oil paintings and much more.

Art/Craft in Action is included in the show with some of the exhibitors working/demonstrating at various times during the show. You will enjoy the opportunity to watch printmaker Alice Jeger-Ashland at work, or you may prefer to watch others at work on bonsai, hand-crafted jewelry artists at work. Don't miss any of the exhibitors. They will each be happy to discuss their work with you.

Additional information may be obtained from American Society of Artists by calling (847) 991-4748.



FREE - FREE
FREE
Hawaiian Luau
Party

Sunday, August 5th

1:00 pm - 3:00 pm

Arthur A. Goebelt Park

(KILBOURN & ALBION AVES.)

August 5th is AMERICAN FAMILY DAY and we invite you to visit our local Hawaiian island. You can try some Hawaiian dancing, eat some "Hawaiian" cuisine, "hula" hoop or sit back and enjoy a show put on by the BAREFOOT HAWAIIANS! Mary K. Cosmetics will be on hand to let you sample sun screen and other products. Everyone receives a lei and a chance in the raffle page drawing which will be held at the end of the party.

For more information contact the Lincolnwood Parks & Recreation Department at (847) 677-9700.

LINCOLNWOOD'S NATIONAL NIGHT OUT

A CELEBRATION OF POLICE, FIRE, PARK & COMMUNITY UNITY!

TUESDAY, AUGUST 7TH, 2001

ALL EVENTS TAKE PLACE AT PROESEL PARK

(CORNER OF KOSTNER & MORSE AVENUES)

SCHEDULE OF EVENTS

7:00 P.M.-8:00 P.M.

- FIRE DEPARTMENT EQUIPMENT SHOWCASE
- EXPLORE FIRE TRUCK & AMBULANCE
- TRY ON JACKETS, HATS, BOOTS, ETC.
- HOSE RELAY CONTEST
- MEET LOCAL OFFICERS

7:00 P.M.-10:00 P.M.

- REFRESHMENTS AVAILABLE FOR PURCHASE
- LOU MALNATI'S (PIZZA)
- BASKIN ROBBINS (ICE CREAM)



- POLICE DEPARTMENT SHOWCASE
- EXPLORE SQUAD CAR
- CHECK OUT VESTS, NIGHT STICK, ETC.
- MEET LOCAL OFFICERS

8:00 P.M.-10:00 P.M.

- MOVIE IN THE PARK
- BRING YOUR LAWNCHAIR OR A BLANKET
- MOVIE WILL BE PLAYED ON A 25 FOOT SCREEN



10:00 P

- PRIZE RAFFLE WINNER (WINNER MUST BE PRESENT)

FOR MORE INFORMATION CONTACT THE LINCOLNWOOD PARKS & RECREATION DEPARTMENT, 69000 N. LINCOLN AVE., LINCOLNWOOD, IL 60712 -- (847) 677-9740

FREE * FREE * FREE

HIGHLAND HOME IMPROVEMENTS

(773) 283-5700

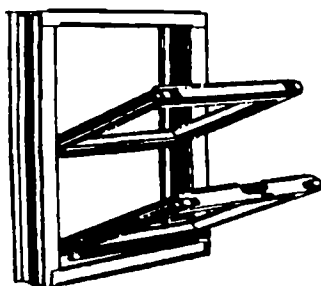
SHOWROOM: 4962 N. Milwaukee Avenue, Chicago, Illinois 60630



SIZZLING SUMMER SALE

WINDOWS

- Replacement Windows
- Thermal Panes
- Tilt-To Clean



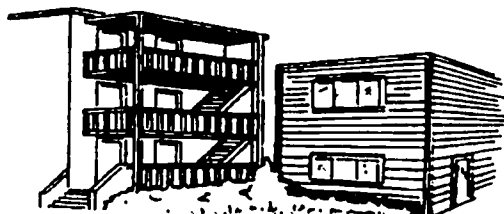
SIDING

- Soffit
- Fascia
- Gutters
- Trim



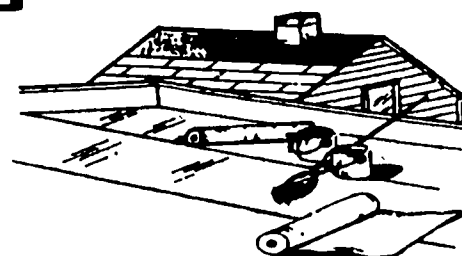
PORCHES & DECKS

- Porches Rebuilt and Enclosed



ROOFING

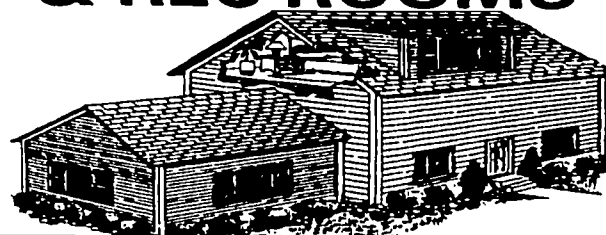
- Shingle
- Hot Tar
- Rubber
- Roll



KITCHENS & BATHS



ADDITIONS, DORMERS & REC ROOMS



FREE ESTIMATES

FINANCING

SENIOR CITIZEN DISCOUNTS

773-283-5700

LICENSED • BONDED • INSURED

\$300.00 OFF* WITH THIS COUPON

*Any job that costs \$2,000 or more.
Present this coupon at time remodeling job is ordered.

