



The Niles Bugle

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Bugle News

Vanessa Kolpak, 21, daughter of Niles lawyer, presumed lost in World Trade Center; parents travel to NYC to await word

Przybylo niece missing in NY terror attack

The tragedy in New York hit here with deadly force for local readers of the Sun-Times story about 21-year-old Vanessa Kolpak.

Kolpak, the youngest daughter of Paul and Vivian Przybylo Kolpak, has family and extended-family with ties in Niles---to the White Eagle Restaurant, to various boards that administer village affairs, and to a community of builders that's developed condos throughout the village.

Kolpak reportedly called from her desk on the 87th floor at Keefe, Bruyette and Woods in the World Trade Center's South Tower to her mother, saying, "Don't worry, it wasn't my building, I'm OK." Her mother notified the rest of the family five minutes before the second plane struck the South Tower.

An uncle, Andrew Przybylo, said Vanessa assumed, like others, that the first impact was a terrible fluke, not a terrorist attack.

Kolpak had joined the investment firm only three weeks before, following her graduation from Georgetown University

magna cum laude, where she earned a degree in philosophy and a minor in economics. She

Continued on Page 34

MG Muslim school reports bomb threat

by Anna-Marie Mesia

The Sept. 11 terrorist attacks on American soil, not only claimed the immediate victims: those in New York, Washington, DC and Pennsylvania, but Islamic communities throughout the country have suffered the backlash. The suspected identity of the terrorist hijackers, militant leaders and web of followers in many countries throughout Saudi Arabia, Iran, Iraq, Afghanistan, Africa, the Middle East, Europe and South America have made targets out of innocents throughout the United States.

At press time (Sept. 18)

there are at least 40 suspected hate crimes against these American citizens and emigrants - two people have been killed in the southwest.

The day following the attack, the Muslim Education Center at 8601 Menard received an anonymous call. "You are doing this to us," said the voice. "The United States is going to take care of this and we're going to take care of this. There is a bomb coming at 3 p.m."

Fortunately, nothing was found at the school, which

Continued on Page 34

Remembering the attack victims



An Ozanam St. mother and daughter in Edison Park attach ribbons to front yard trees in memory of those who perished on September 11.



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Fire Department

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September 17, 2001

To the Officers and Firefighters of the New York Fire Department:

Your response to the World Trade Center Terrorist attacks will forever be etched in our memories. Each of you reacted in a manner that best exemplifies the traits for which firefighters have long been admired. Without hesitation and without regard to your own personal safety, you immediately began rescue operations within each damaged high rise. These actions were taken despite your clear understanding of the catastrophic building collapse that would inevitably occur. Each of you sacrificed your individual well being in hopes of rescuing as many people

"There is no greater sacrifice than to give your life in service to others. Many of you knowingly chose to make that sacrifice."

as time would allow. There is no greater sacrifice than to give your life in service to others. Many of you knowingly chose to make that sacrifice. Our prayers and tears are with you.

As if that were not enough, you have continued to toil against overwhelming odds in hopes of finding survivors within the remaining rubble. To have given up would be understandable. However, that trait cannot be found in firefighters in general and in New York City in particular. The New York Fire Department has always been held in high esteem. The events of the past week have done nothing but to reinforce that reputation.

May God bless each of you. You remain in our thoughts and prayers.

Sincerely,
The Officers and Firefighters of the Niles Fire Department



The Bugle's community job listings can be found on
<http://www.ChicagoMetroJobs.com>



United Way establishes victims fund

United Way has established a national fund to mobilize financial resources for the pressing needs of victims of last week's tragic events.
The September 11th Fund was created by the United Way and the New York Community trust to receive financial donations from concerned Americans across the country. Contributions may be sent to United Way - September 11th Fund, United Way, 900 Jorie Blvd., Ste. 260, Oak Brook, IL 60523.
The fund will provide immedi-

ate support to established emergency assistance agencies, such as the American Red Cross. It will also bring critical resources to other nonprofit health and human service agencies dealing with the short and long-term effects on victims and their families.
The Mid America Chapter of the America Red Cross and the Salvation Army Metropolitan Chicago Division, both United Way-funded agencies, have provided critical local support during this tragedy. This has includ-

ed assisting stranded travelers at local airports, counseling family members and mobilizing the Chicago-area response for national relief efforts. Those seeking to give blood should call the Red Cross at 1-800-GIVE LIFE.
The United Ways serving metropolitan Chicago share in the grief felt by so many. Residents of our communities were aboard the planes that went down. Family and friends were victims of the tragic attacks in Washington D.C. and New York. In this coming year, United Way's Community Fund will provide support to many local agencies that will help our communities deal with the after-effects of this tragedy, as well, help those in this community that are less fortunate.



Youth of America shows their support.

Jewish Group opens Emergency Relief Fund

In the wake of the most horrific terrorist attack on American soil, the Jewish Federation of Metropolitan Chicago is collecting funds to assist in the recovery, relief and rehabilitation of victims of the September 11, 2001 terrorist attacks that struck countless citizens in our nation's capital, in New York City and in Pennsylvania.

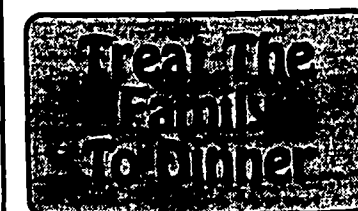
The Jewish Federation has made the first contribution to this fund, a grant of \$100,000. The Jewish Federation effort is being made in conjunction with the New York-based United Jewish Communities, the umbrella organization for the Jewish Federations of North America. Individuals wishing to make contributions to help in this effort

should make checks payable to Jewish Federation Terror Relief Fund and send them to the Jewish Federation, Ben Gurion Way, One South Franklin Street, Room 505, Chicago, IL 60606-4694. All checks will be forwarded to the UJC Emergency Relief Fund for distribution on a non-sectarian basis. All donations, which are tax-deductible, will be used in their entirety to assist individuals, families and other relief organizations.
The Chicago Jewish community expresses its great sadness and horror at the recent attacks and calls on all Americans to stand in solidarity and to act with continued compassion and generosity.
For more information, call the Jewish Federation Terror Relief Fund Hotline at 312-357-4550.

NFD solicits the street for fallen NY firefighters

Niles firefighters will be out on street corners from 8 a.m. to 1 p.m. this Thursday, Friday and Saturday in an effort to raise money for the families of the New York firefighters lost in last week's attacks on the World Trade Center.

Chief Harry Kinowski said "the guys came up with the idea" for the Fill-the-Boot fundraiser "and asked if they could do it."
With large fire boots in hand, the firefighters will be asking for donations from those passing by the corners of Golf/Greenwood, Oakton/Milwaukee, Caldwell/Howard, and Dempster/Cumberland.



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Letters to the Editor

Niles—"Where People Count" (but kids should stay home)

Tuesday - 8/28/01; 7:45 p.m.; Oakton Manor Park. Criminal Activity: A gang of 10-12 year old boys and girls (6 or 8 of them), overturning the swing seats. Oh, HOW CRIMINAL! Police Action!! Kick the kids out of the park!! Get out on the street!! Go Home!! "A kid could get hurt by an overturning swing seat!! So get out of the park and into the street where unchecked cars go speeding past." Maybe some of the kids will get hit on the street and we

Tragedy sparks renewed pride

Dear Editor: Like most Americans I went through the full gamut of emotions this week as I watched the news. On Tuesday, we all experienced shock and horror at the images. On Wednesday, I was filled (with) anger. Thursday brought deep sadness and a time to pray together as a community. Friday was (a) day of pride.

Our lives have changed and I hope some of our institutions also change. Let the airports gear up security to where it should have already been. Let the TV and movie producers no longer make

won't have to chase as many out of the park. Good job Niles Police Officer!! Don't befriend these impressionable kids. Show them who is boss. Chase them out of the park for their evil deeds. Maybe we should open up the park to some homeless people to sleep in since there won't be any kids there to bother them. Then we could take those dangerous, troublesome swings down. Don Stein, Niles

violent, senseless shows that glorify death and dismemberment. We have had enough this week to last a lifetime. We play that all Americans will also comfort their children and teach them the lesson that life is precious and should be enjoyed with clear heads and love in their hearts. Tell them about all the good people in the world who cannot be changed by a few bad ones.

I for one will continue to fly our flag with renewed pride a commitment as long as I live. Dick Barton

Residents respond to Aug. 20 "Everything is geared to seniors" letter.

Dear Editor, Last week (in your Voice of the People), a Niles resident (Young 47) expounded "Everything done for seniors." She (or he) is so misinformed, notice all the home-additions to accommodate younger families. Our grammar schools are a credit to the community. When necessary, children are fed at least one meal at schools. Of course, it takes TAX MONEY. Many of us (who) did not have children, paid TAXES (as we still do).

I never heard you could not ride the free-bus under 60 years - I see youngsters with school books. Some do catch the bus to work, if they start after 9:00 a.m. or so. Such as the convenience to Golf Mill Mall. In fact PACE encourages use of the bus, even if you resident in Edison Park, just so you board on the Niles side.

Family counseling is accessible at the Senior Center. Age is not a factor. Free - there are "free-bees" at the center, but it is also necessary to ask minimal or larger amounts for activities and bus tours. Seniors have much to do

with what Niles has become. Other communities envy us.

Volunteer work—Seniors "sit" for working parents, donate time at the schools, park districts - perhaps even the library. I say THANK YOU to the mayor and Niles. An Older Adult Resident

Dear Editor, "47" years old is hardly representative of a responsible adult who is looking to put the blame for his situation on a mayor who has served the community for roughly 35 years and is highly respected by the residents of Niles. Your limited budget sir, is your responsibility as is your responsibility when we were your age and younger and raising families here in Niles.

My advice to you is "grow up!" your money problem should be a reflection of you paid salary by your employer and your complaint to the Congress if your minimum wage (if that is the case) or maybe your personal priorities in the process of where and how you spend your money!

Quit blaming the mayor of Niles; he is not your problem. Face up to your own responsibility as an adult. Sincerely, A Niles Resident

MDA thanks Niles

Dear Editor: I knew we could depend on the kind people of Niles to come through again! Thanks to the many generous people in the Niles area, you helped the 2001 Jerry Lewis MDA Labor Day Telethon raise a record \$56,780,603 in contributions and pledges.

Across the country, nearly a million volunteers, including hundreds of celebrities, donated their time on Labor Day weekend to help people of all ages with neuromuscular diseases, including many of the families in your community. I applaud the people of Niles for phoning in pledges to the Telethon and for so generously supporting MDA programs throughout the year, such as Shamrocks Against Dystrophy, MDA Lock-Ups and fire fighters' Fill-the-Boot drives - to name a few.

Thanks to you, MDA is able to maintain a network of 230 clinics nationwide. There, children and adults with muscle-wasting disorders can receive the best possible care from a team of medical experts. You also help enable MDA to sponsor worldwide research seeking treatments and cures for these devastating disorders.

For more information on how to get involved with our mission of hope and help, call your local MDA office or MDA national headquarters at (800) 572-1717. You can also visit our Web site at www.mdausa.org.

Sincerely, Jerry Lewis MDA National Chairman



The first caricature of "Uncle Sam" with chin whiskers appeared in Harper's Weekly on February 6, 1869. He was clean shaven before that.

You Too Can Tango

How about learning the Cha-Cha, Rhumba or Waltz? It's easy and fun to learn ballroom and latin dancing at Dance Time With Friends in Niles.

- Private and group lessons available to singles and couples. Choreography for weddings, birthdays, anniversaries, etc. Open dance nights for those with feet that just won't quit! All skill levels welcome! Open Tuesday - Sunday for all your dancing needs.

For more information on class schedules and studio hours, call Ed or Luming de la Cruz at 847-968-1871 or 847-298-5795.

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Home Style

Prepare now for flooding

(NAPS) -- Rain. High tide. Snow melt. Levee failure. Floods happen, and they happen near rivers, on the coast, in deserts and on city streets. Although there's not a lot you can do to control the forces of nature, there are steps you can take to prepare for a flood -- and protect your home or business from disaster.

- Check with a city or county building authority, your insurance agent or your mortgage lender to find out if your commu-

nity participates in the National Flood Insurance Program (NFIP). If it does, you can protect your home and belongings with federally backed flood insurance.

- Consult the same sources to determine the flood risk to your home or business. Everyone is in a flood zone -- the risk could be high or low. About 25 percent of all flood insurance claims come from low-risk areas, so don't assume that low risk means no risk.

- Become familiar with com-

munity disaster preparedness plans and create a family plan. Identify escape routes from your home and neighborhood, and designate an emergency meeting place for your family to gather if you become separated. Designate a contact person to communicate with concerned relatives.

- Put together an emergency kit that includes a three-day supply of drinking water and food that you don't have to refrigerate or cook; first aid supplies; a portable NOAA weather radio; a wrench and other basic tools; a flashlight; work gloves; emergency cooking equipment; battery-operated lanterns; fresh batteries for each piece of equipment; clothing; blankets; baby items; prescription medications; extra car and house keys; extra eyeglasses; credit cards and cash; and important documents, including insurance policies.

- If a flood threatens, stay tuned to weather and news reports and obey evacuation orders from local authorities.

People whose communities participate in this federal program can purchase flood coverage from a licensed insurance agent. For more information about the NFIP, call 1(800) 427-9662 or visit the NFIP Web site at: www.floodalert.fema.gov.

Ask the right questions when choosing a moving company

(NAPS) -- Moving is a complex process. It's more than just packing and transporting household goods. It's choosing a new home, finding schools, selling your current home, securing financing, arranging appraisals -- the list is long and demanding, not to mention stressful. Choosing the right moving company can make the moving process much easier. To find the moving company that's right for you, experts at family-owned Barrett Moving & Storage recommend you ask these questions:

- *What kind of training do your movers and packers receive?*

A moving company that invests in a formal training process understands the steps involved in providing a satisfactory moving experience.

- *Are your movers and packers contractors or employees?*

Independent owner-operators are an essential part of the household goods moving industry. Find out how contractors are selected and if they adhere to the same standards as employees.

- *How long has your company been in business?*

A long track record of success-

ful moving experience is a good indicator of a company's willingness to provide the investment that results in satisfactory moving experiences for the customer.

- *How are my goods protected for damage or loss?*

A moving company should provide you with a clean explanation of valuation coverage options, the differences between them, and the relative costs of each, as well as how claims are filed.

- *How experienced are your drivers?*

The driver assigned to your shipment will have responsibility for all your household belongings. Ask the company about driver retention rates, driving records and training programs.

- *What happens if there's a delay in loading or delivery?*

Ask about on-time delivery guarantees and types of compensation if there are delays.

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SPECIAL SUPPLEMENT *The Bugle Newspapers* September 20, 2001

SENIOR SEASONS

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The Bugle's
Senior Guide

Senior Seasons

Weatherman Harry Volkman speaks at fund raiser

On Saturday, Sept. 29, United Methodist Homes & Services (UMH&S) will welcome FOX News Chicago weekend weatherman Harry Volkman as the guest speaker during its annual fund-raising brunch. A fixture in Chicago weather broadcasting since 1959, Harry Volkman started forecasting with WMAQ-TV and later appeared on WGN-TV and WBBM-TV before joining FOX New Chicago in 1996. Mr. Volkman will share his insights on volunteerism following a special

presentation honoring the organization's Life Trustees.

Nonprofit and nonsectarian, United Methodist Homes & Services offers homes and services supporting older adults throughout the aging process. Located at 1415 W. Foster on Chicago's north side, UMH&S operates The Methodist Home, Hartwell House, United Methodist Community Support Services, UMH&S Senior Apartments, and in collaboration with White Crane Wellness Center, the White Crane Adult Day Wellness Program.

Founded in 1898, The Methodist Home is a Medicare licensed nursing home providing moderate and skilled nursing care and specialized care for individuals with memory impairments. At The Methodist Home, individuals are encouraged to achieve and maintain their maximum level of independence through a variety of therapy and wellness programs tailored to meet each person's specific needs. The Methodist Home features an on-site health center, sophisticated activity programming, a transportation program with two wheelchair-accessible passenger vans, and private accommodations in a warm, home-like setting.

Located minutes from The

Methodist Home is Hartwell House, the organization's new assisted living residence. Featuring 29 private suites in an elegant residential setting, Hartwell House offers a welcomed alternative to living alone or opting for institutional living. A flexible assisted living program encourages independence and privacy, while also promoting companionship and new experiences. With no entry or endowment fees, one monthly fee includes a choice of private suites, all of which have individual bathrooms equipped with either a shower or tub. A complete dining program with daily menu selections and a variety of social, educational, and cultural programs highlight living at Hartwell House.

In addition to The Methodist Home & Hartwell House, UMH&S operates United Methodist Community Support Services, a program that offers affordable, paraprofessional in-home caregivers who assist older adults with such tasks as light housekeeping, meal preparation, grocery shopping, personal care and companionship. The UMH&S caregivers help to provide an environment that is safe and supportive, while encouraging the older adult client to be as active and independent as possible. The pro-

gram's success has prompted UMH&S to expand the program. The main Community Support Services office at 1415 W. Foster Avenue covers a service area from Randolph on the south to Howard on the north and from Pulaski on the west to the lakefront. The new satellite office at 3445 N. Central Avenue covers a service area from Fullerton on the south to Touhy on the north and from Pulaski on the east to Cumberland on the west.

The UMH&S Senior Apartments offer a variety of independent housing opportunities for older adults with low to very low incomes. Adjacent to The Methodist Home is Winwood Apartments, a HUD-subsidized, 31-unit building featuring studio and one bedroom apartments. Glenwood Apartments, located just two blocks south of Winwood Apartments, is a 13-unit building featuring newly renovated vintage apartments for older adults with low incomes. Tenants of the UMH&S Senior Apartments have the added benefit of easy access to the health and social support programs offered on the UMH&S campus.

Since 1985, White Crane Wellness Center has been known as innovator in the field of aging, working with seniors to promote

health and quality of life through innovative programs and health services. Expanding upon their successful model of health promotion and disease prevention, the White Crane Adult Day Wellness Program, in collaboration with UMH&S, offers an array of engaging programs for older adults with day care needs. The health services, programs and activities that are provided for the participants are designed to promote wellness and positive attitudes about aging. Meals are served incorporating accommodations for special diets. Transportation is also available by the UMH&S wheelchair-accessible van. Located on the UMH&S campus, White Crane is an independent, non-profit organization founded by seniors.

The September 29th UMH&S fund raiser will be held at Andersonville's Swedish American Museum Center, beginning at 11 a.m. Brunch will be catered by the famous Ann Sather Restaurant and an exciting silent auction will be featured. Proceeds from the event will help to fund the purchase of a new 14-passenger van for the UMH&S transportation program.

USE THE BUGLE

NPSN luncheon outing

There may be no place like home except when it's a luncheon outing planned by the Norwood Park Seniors Network (NPSN) similar to the one scheduled for Tuesday, Sept. 25, at Andrews Open Pit, 2610 Dempster St in Park Ridge. Here, members of the Seniors Network and their friends will dine at a favorite of old and young alike.

"I have been to Andrews several times," said Julie Russell, NPSN program manager, and coordinator of the outing. "The rotisserie chicken is delicious, but two of my favorites are 'sloppy salad' and shrimp de jonghe. And you can't beat the prices!"

With the Seniors Network, diners pay for their own meals. The cost for transportation is \$7 per person for NPSN members, and \$10 per person for non-members.

Pick-up and drop-off will be at your front door, making transportation worries non-existent. The NPSN van will begin pickups at 11:30 a.m. Deadline for making a reservation is September 24.

This outing is one part of many outstanding programs to help keep older adults independent and safe in their own homes. Other programs include home-delivered meals, transportation (members only), handyman services, emergency response system, traveling barber, and transitions downsizing/relocation services.

For more information about the Norwood Park Seniors Network or to make a reservation for the Andrews Open Pit luncheon outing, call Julie Russell at (773) 631-5673.

Niles Historical Society

Whether you are a Hedwegian or not, you are sure to enjoy the special program at the Niles Historical Museum on Sunday, September 23, 2001 at 2 p.m. Michael Krecioch, author of "Saint Hedwig and Me: Life in a Chicago Orphanage" has written his story and tells it from the perspective of a child (8-15 years old). Life was much different then and there and he captures the essence with tales of daily life, learning and growing up. Mr. Krecioch will be available for book signing at 1:30 p.m.; books will be available for sale.

All programs are open to the public and family oriented. Children are invited to attend, see the Museum and take part in "history." (St. Hedwig Orphanage was a Niles landmark from 1911 to 1961). Admission is free, donations always welcome, and free refreshments will be served following the program.

Niles Historical Society is celebrating the 30th anniversary of the organization in 2001. We have a special display of the 70's and if you have something from

Life every man holds dear, but the dear man holds honor far more precious-dear than life.
—William Shakespeare,
Troilus and Cressida

that period that you would like to donate, display or loan us, call 390-0160.

The Niles Historical Museum is open every Wednesday and Friday 10:30 a.m.-3 p.m. Appointments are available for other times by calling 847/390-0160. Please make a point of seeing YOUR history museum by taking a tour (before or after a program) or during the week.

Saint Hedwig and Me: Life in a Chicago Orphanage.
September 23, 2001
Book Signing - 1:30 p.m.
Program - 2 p.m.
Niles Historical Museum
8970 Milwaukee Avenue,
847/390-0160.

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Forest Villa commends two volunteers

Kelly and Megan Gibbons are two young volunteers you should know. Kelly started coming to Forest Villa as part of her confirmation project, through St. Juliana's school CCD program. That's when Megan decided to join her as a friendly visitor.

These two young girls not only give of their time, but also their talents. Throughout the summer, these multi-talented girls entertained our residents on the parking lot and within the facility with their saxophone and flute accompaniment. They have taken part in our Hawaiian luau in August; they visit weekly, and this year shared their summer vacation experiences with the residents about their adventures to Canada and Washington, D.C.

During their visits to our special care unit, the girls read to the residents, as well as write and make seasonal decorations for upcoming holidays and events.

Last week, the two once again rose to the occasion when they came in to do pet therapy with their two-year-old

Italian Greyhound, Maxie. Maxie just recently won first and second place slots at the Edison Park Dog Show.

Volunteers make the pieces fit by adding joy, love help and warmth at Forest Villa Nursing Center.

These two girls are two of Niles' very own, and tow of Forest Villa's favorite volunteers.



St. Matthew Lutheran Home
A caring community of older adults

St. Matthew offers quality care and services tailored to the needs of individual people.

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- Short-term rehabilitative care
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For further information, call Admissions at 847/825-5531

A program of Lutheran Social Services of Illinois

Free & low cost prescription drugs available

Are you one of the millions of Americans without prescription drug coverage? If so, free information available from the Chicago IL Patient Assistance Network may be able to help.

The Chicago IL Patient Assistance Network helps people to apply for enrollment in one or more of the many patient assistance programs that have free and low cost prescription drugs available to qualified individuals. The organization, which is run by volunteers, also helps individuals who are without prescription drug coverage obtain a pharmacy dis-

Continued on Page 22

How Can Our Family Help Yours?



Any family caring for a loved one living with Alzheimer's has at some time been in need of help or advice.

Now, that help is within reach.

Bethany Terrace Nursing Centre's A.D.A.P.T. (Alzheimer and Dementia Assistance Program of the Terrace) helps you, the *at-home caregiver*, to explore the available home-care options for your loved one with Alzheimer's, to enable them to remain at home as long as possible.

To learn more about A.D.A.P.T., at no cost or obligation, or to receive a brochure, please call (847)965-8100.

Serving Maine Township Residents into the 21st Century!

Maine Streamers
Maine Township
Bob Dudycz, Supervisor
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Park Ridge, IL 60068

www.maintownship.com

Our community welcomes Maine Township residents 55 years of age & older to enjoy a variety of programs including:

- Recreational programs- day and long distance trips, card tournaments, fishing, men and women clubs and more!
- Educational programs- workshops, seminars and lectures
- Recreational programs- day trips and weekend excursions!
- Free membership includes a monthly newsletter!
- Monthly luncheons and banquets!
- Special evening programs including social events!

To register call (847) 965-8100 to receive a membership application!

Senior Job Fair

In light of the latest rounds of corporate cutbacks and layoffs, there is some good news for older adults looking for work. MaineStreamers is helping to host a Senior Job Fair on Thursday, November 1 in cooperation with four other Cook County townships.

Maine, Wheeling, Schaumburg, Elk Grove, and Palatine Townships are cooperating in the event. Anyone age 55 or older who lives in these townships is invited to attend. Admission is free.

The Fair will be held at the Sheraton Arlington Heights located at Euclid and Rowlings Roads, Arlington Heights. It will start at 10 a.m. with registration and conclude at approximately 1:30 p.m.

"At Maine Township, we have always been very supportive of our older adults through a variety of senior programs such as computer classes, fitness programs, and entertainment options," says Supervisor Bob Dudycz. "This job fair is a wonderful example of how we can help those who need employment in the local area. We are confident it will be successful due, in part, to the strong cooperative efforts with our neighboring Townships."

For further details, employers and job applicants are encouraged to contact their local Township offices or call 847-297-2510.

Scholarship honors fallen heroes

The National Burglar & Fire Alarm Association has created a permanent memorial to honor the police and firefighters who gave their lives trying to save others at New York City's fallen World Trade Center.

The memorial is a permanent scholarship fund dedicated for children of the police and firefighters who perished in the Sept. 11 tragedy. The fund will finance ongoing scholarship s for the surviving sons and daughters, as they come of age. The memorial scholarship is an expansion of NBFAA's long-time scholarship program for children of police and firefighters.

"The fund will enable us to continue giving to the families of the fallen police and firefighters for years to come," said Bart Didden, NBFAA president. "We have arranged for funding to be received directly through NBFAA or to be made through our tax exempt foundation the Alarm Industry Research & Educational Foundation."

The NBFAA is asking its members nationwide to not only contribute to the effort directly, but to solicit the donations of its employees and customers. Please send your tax deductible contributions to AIREF - Heroes Scholarship Fund, 8300 Colesville Road, Silver Spring, MD 20910.

For more information on how you can contribute to the World Trade Center Heroes Scholarship Fund, call (301) 585-1855, or visit the NBFAA Web site at www.alarm.org.

Maine Township Senior Citizens 297-2510

GRANDPARENT CORNER

Join our growing group of volunteers who will be working with students in High School District 207 (Maine East, West and South) and/or students in Elementary School District 63 (East Maine) and Elementary School District 62 (DesPlaines). Please consider sharing some of your time and experience with the young people in our community. Times and assignments can be arranged for your interest and convenience. Help make a difference in a child's life. Contact Denise Bolman or Marjorie Stiller at 297-2510.

CENTER OF CONCERN SEEKS PEN PALS

If you are interested in sharing some time and developing a special friendship with a young person-Intergenerational

Pen Pal program is for you! Become a Senior Pen Pal and correspond with area school children. At the end of the school year, pen pals meet and share a meal together at a fun social event. For more information call 823-0453.

WATERCOLOR AND OIL PAINTING CLASS

Wednesdays, September 19, 26, October 3, 17, 24 & 31 (no class Oct. 10) 5 p.m. to 7 p.m. Instructor: Charles Strissel. Town Hall, 1700 Ballard Rd., Park Ridge. Cost: \$30 for 8 classes.

Learn how to create beautiful works of art in this class. You will have the opportunity to select your type of medium. Beginners are welcome. A list of supplies will be given at the first class. Minimum of 15 students required.

COMPUTER CLASSES INTERMEDIATE

WINDOWS "95" - (LEVEL 2)

Wednesdays, Sept. 19 & 26, October 3, 17, 24 & 31 (no class Oct. 10) 5 p.m. to 7 p.m. Instructor: Lori Barrett. Cost: \$25 for 8 classes. Deposit: \$20 for use of Lap Top Computer. Location: Town Hall, 1700 Ballard Rd., Park Ridge.

WOMEN'S TEA

Thursday, September 20, 10:30 a.m. to 12 noon. Town Hall, 1700 Ballard Rd., Park Ridge. Cost: \$3.50 includes lunch & program.

Experience with us the Art and Harmony of Place - "Feng Shui." Our speaker, Jacqui Neurauter will show how to create harmony and balance with the world and in one's own life by proper placement of furniture, color, and symbols. Lunch will be a Hot Roast Beef Sandwich, chips and dessert! Volunteers are needed to greet people and prepare lunch. If interested contact Linda Byer at 297-2510.

18 HOLE PAR 3 GOLF OUTING

Friday, September 21. Tee time: 8 a.m. - Lake Park Golf Course, Howard Street west of Lee. Cost: \$7 for members of DesPlaines Park District with golf pass & \$10 for those without golf passes.

We are combining our efforts with the DesPlaines Senior Center to offer an 18-hole golf outing. The price includes 18 holes of golf; lunch at the DesPlaines Senior Center and prizes. Ladies are urged to participate. Foursomes are selected at random. To register: Stop in or mail payment directly to the DesPlaines Senior Center, 515 Thacker, DesPlaines, IL 60016. Any questions call 391-5717.

RULES OF THE ROAD REFRESHER COURSE

Friday, September 21, 1:30 p.m. to 3:30 p.m. Town Hall, 1700 Ballard Rd., Park Ridge. Instructor: Diane Walsh. No Charge - Must Pre-Register.

This class helps prepare you for the license renewal test. Next class offered: October 19.

INTERGENERATIONAL WILD WEST TRIP

Located in Union, IL.

Saturday, September 22, 9 a.m. to 2:30 p.m. Cost: \$21.50 Adults & Grandchildren 3-11.

Experience Life when gunslingers had showdowns and a narrow train whistled past the Blacksmith's shop. Visit the print shop, Jail, Saloon and the Sweet Phyliss Gold Mine. Opportunities to pan for gold, see a Wild West show, and enjoy train and pony rides. Lunch is on your own at the Old West Steakhouse and Buffet.

We will depart from the Town Hall, 1700 Ballard Rd. in Park Ridge. Please send a self-addressed stamped envelope.

CRAFT WORKSHOP

Monday, September 24, 9:30 a.m. to 11:30 a.m. Instructor: Sue Domzalski. Town Hall, 1700 Ballard Rd., Park Ridge. Cost: \$7 for instructions & supplies.

Create a cute little decorative doll made with straw hat, curls, ribbons and lace that can double as a pincushion. Would be a sweet addition to any shelf or a gift for all age groups. All you need is a needle and thread for basting and your scissors.

DEBBIE REYNOLDS LIVE AT DRURY LANE EVERGREEN PARK

Sunday, September 30, 12:15 p.m. to 6:45 p.m. Cost: \$69 members \$74 guests.

With a career that includes starring in classic musicals like "Singing in the Rain" to musical reviews in Las Vegas, Debbie Reynolds has done it all. Now is your chance to see this talented woman as she takes the stage. We will begin our day with lunch at the elegant Martinique Restaurant with your choice on the day of Jumbo Fantail Shrimp or Beef and Chickern combo, soup, salad, vegetable and dessert. So, plan a special day of great talent and good food!

We will depart from the Town Hall, 1700 Ballard Rd. in Park Ridge. Please send a self-addressed stamped envelope.

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Senior Seasons

Fun Fest at St. Matthew Lutheran

by Anna-Marie Mesia



The Coyote Moon Dancers entertain residents and families at St. Matthew Lutheran Home's tenth annual Fun Fest on Saturday, September 10. The Fest helps raise funds for the intermediate care facility's recreational activities.

The residents of St. Matthew Lutheran Home celebrated their annual Fun Fest on Saturday, September 10, complete with Cowboy hats, the Coyote Moon Dancers and Ray Backus who played the accordion.

Rising to the level of good sports, administrator Gerrienne Dathé, Social Services director Kristen Brandt, and activity director Stacy Ladra, participated as targets for the Pic in the Face game. Artillery was barked by the Home's Activity

Center participants.

The 176-bed home operating since 1948 serves a population of 20 percent men and 80 percent women. St. Matthew provides intermediate care, short-term rehabilitation, physical and speech therapy. A special

wing is dedicated to the care of residents with Alzheimer's.

St. Matthew's Family Service League of 275 volunteer family members and friends raise funds that support shopping mall and restaurant trips, excursions to the Botanic Gardens and the Zoo, local church events and monthly entertainment activities.

The home offers participation in intergenerational programs bringing youth and elderly together. A recent visit from a Nebraska church group brought middle school and high school student volunteers together with residents to work on a craft project. This Year, hospitalized children at Advocate Lutheran Children's Pavilion will receive Christmas stockings hand-made by resident crafters and their young visitors.

In addition, residents are very active in St. Matthew's monthly Resident Council meetings. Council president, Alice Gronwick said that 75

percent of the west wing residents participate. Opinions on everything from meal planning, restaurant trip selections and numerous other concerns are considered.

"Sometimes residents may ask for a change in the menu, serving one vegetable in place of another," said Gronwick. "Of course, meal planning for over 100 is never perfect. There is a variety of expectations, but seasoning and dietary restrictions have to be incorporated into the plan; it's understandable that not everyone will be pleased at all times."

Resident Alice Schaffer came to live at St. Matthew's from Greendale, Wisconsin to be with her daughter who resides nearby the home.

"They treat us really well here," said Schaffer.

St. Matthew Lutheran Home is a program of Lutheran Social Services of Illinois. Call 847-825-5531 for more information on services.

People are always blaming their circumstances for what they are. I don't believe in circumstances. The people who get on in this world are the people who get up and look for the circumstances they want and if they can't find them, make them.
—George Bernard Shaw

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For more information, contact the Transitional Care Unit Program Coordinator at Glenview Terrace (847) 729-9090.



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Organization helps vets help themselves

New programs are helping thousands of U.S. veterans who don't have sight realize a brighter future.

According to government sources, there are over 93,000 blind veterans living in our nation today. Sadly, statistics indicate that only half of them take advantage of or know about benefits available to them.

These benefits can help blinded veterans through difficult times, as was the case with Jerry Ellis, a blinded veteran who runs a roadside restaurant with his wife, Helen, near the coal mines of West Virginia.

"My life has never been bet-

ter," says Ellis, who received a medical discharge from the Marines in 1969 after losing a lung.

Jerry's happiness, however, did not come easily. "Like most things worth having," he says, "it had to be worked for."

In 1989 Ellis discovered the brain tumor that caused his vision loss. He was unable to work, and his family was forced to get by on his modest VA pension. Shortly after losing his vision, he fell into a deep depression. "Why bother, I felt," Ellis explained. "I couldn't work. I couldn't find my way around the house. I couldn't even get myself a glass of water."

Programs advocated and supported by the Blinded Veterans Association (BVA), specifically Department of Veterans Affairs (VA) Comprehensive Blind Rehabilitation Services, helped change all that. The rehab program helped Ellis learn how to live a fulfilling and productive life without sight.

This program, which is conducted at various locations throughout the U.S., helped Ellis with everything from the basics--like crossing streets safely--to more-complex issues, like coming to terms with his condition and dealing with life without vision.

In fact, it was during his stay in the West Haven, Connecticut VA Rehab Program that Jerry Ellis felt the inspiration to start his restaurant business. "I stood for a moment inhaling the rich,

earthy smell of the vegetable garden, and it reminded me of the smell of Momma's kitchen from so long ago." From that point on Jerry knew he was going to open his restaurant and that nothing would stand in his way.

The BVA traces its roots back to World War II and a group of veterans who lost their sight during the conflict. In 1945 they met at an army hospital in Connecticut and founded the association. The organization has helped sustain programs and services for blinded veterans ever since.

For example, it maintains field service offices throughout the country that provide advice, information and aid to blind veterans and their families. BVA field reps, all of whom are blinded veterans themselves, counsel other blinded veterans in their respective regions. Reps link vets with services, rehabilitation, training and other benefits. Additionally, the BVA helps veterans who get counseling and hold on to jobs within the community.

There is no charge for any BVA service, and all legally blind veterans are eligible for assistance regardless of when they lost their vision--whether during their service or, as in the case of Jerry Ellis, afterward.

For more information, visit www.bva.org or call toll free: 1-866-322-4500.

Dominican offers GMAT Preparation Program

The Graduate School of Business and Information Systems at Dominican University, 7900 West Division, is offering a nine-session preparation program to assist people taking the Graduate

Free...

Continued from Page 17

Management Admission Test (GMAT). The GMAT exam is required by selective graduate business programs for admission. The prep sessions will be held on Wednesday evenings from 6-9 p.m. through November 14.

The cost for the prep program is \$395. Sessions will be taught by Daniel Condon, Ph.D., assistant professor of quantitative methods and Roberta McMahon, assistant dean for graduate programs.

Dominican University is a comprehensive, Catholic institution offering bachelor's and master's degrees. The School of Business and Information Systems offers business degrees in business administration, computer information systems, management information systems, organizational management and accounting. Certificate and joint degree programs are also offered.

Registration is required. For more information or to register, call (708) 524-6810.

Consumers can get free information about patient assistance programs and prescription drug discount cards by calling the organization's 24-hour hotline: (800) 277-0472.

Alzheimer's educational series

People caring for a loved one with Alzheimer's Disease often feel isolated, alone in their struggle with a very difficult disease. But it doesn't have to be that way.

Central Baptist Village, located at 4747 N. Canfield Ave. in Norridge, is hosting a free five-week program for family members of those in the early stages of Alzheimer's Disease. Created by the Alzheimer's Association-Greater Illinois Chapter and the Mather Institute on Aging, this seminar offers education, compassion and support.

"In the early stages of Alz-

heimer's, there are many things that you can do to improve communications and prepare for the future," says Melanic Chavin of Alzheimer's Association, one of the program leaders. "But, people at this stage are often frightened and unaware of the resources available to them. This seminar offers useful information for anyone who has loved one with Alzheimer's, not just their primary caregiver."

To ensure that the program really makes a difference, all participants will be screened and must be willing to attend

all five sessions. The program is completely free of charge, but registration is required. All programs will be held at Central Baptist Village, 4747 N. Canfield in Norridge.

Each week features a different topic: Wed., Sept. 26 - Understanding Alzheimer's Disease and Related Dementias; Wed., Oct. 3 - Communication Strategies that Work; Wed., Oct. 10 - Dealing with Changing Roles and Relationships; Wed., Oct. 17 - Planning for the Future; Wed., Oct. 24 - Effective Ways of Coping and Caring.

Norwood Park Home purchases adjoining land

Norwood Park Home, 6016-20 N. Nina Ave., Chicago, announced the purchase (Sept. 5) of the Our Savior Lutheran School and Parsonage, 6035-6049 W. Nickerson Ave. and the purchase of a single-family home at 6088 W. Avondale Ave. There are no immediate plans for either site.

Our Savior Lutheran School will continue to operate at its current location for up to two years. Norwood Park Home is presently developing its strategic planning expects to complete it by January 2002. The Home, a community focused

not-for-profit organization will release details of its strategic plan as it develops.

Older adults who want to be involved in planning senior citizen services for the community should call Marcia Mahood, president/CEO of Norwood Park Home at (773) 631-4856, leaving their name, address and phone number.

Norwood Park Home was established in 1896 on four acres of land formerly occupied by the Norwood Park Hotel. Building additions and renovations were made in 1906, 1924, 1960, 1975, and

1999. Today, the Home serves more than 200 residents and offers assisted living, skilled nursing care, dementia care, respite care, and hospice. As part of its community outreach program, the Norwood Park Seniors Network offers a variety of services, including home delivered meals and transportation designed to keep seniors independent in their homes for a longer period of time.

Norwood Park Home is the largest employer in Norwood Park, and more than 25 percent of its employees live in the community.

Legion Auxiliary installs officers

Officers for the 2001-2002 Legion Auxiliary year will be installed Friday, Sept. 21 at 5:30 p.m. at the Morton Grove Moose Hall.

Leading the Morton Grove Unit #134 as president will be a former past president herself, Terry Selzer. Her first vice president, membership chairman, is past president Dee Dolan.

Immediate junior past president will assume the second vice president-fund raising chairmanship, Patricia Jordan.

Another past president Connie Mahnke will once again serve as treasurer.

Corresponding secretary is Celine Tymcuk and recording secretary, past president Joyce Senf.

Lorry Nehart, another past president, will assume the historian's role. Chaplain is Delores Giblin. The sgt. at arms, Bernice Riley; and color bearers Ruth Clark and Dorothy Keppen.

Installing officer will be Marian Jacobs of Northbrook, past Seventh District American Legion Auxiliary president. She will be assisted by Morton Grove past president Evie Ross, sgt. at arms.

The public is invited.

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Older Americans: prepare for PAD

A recent survey by the National Council on the Aging found that most older Americans know little about a serious and prevalent medical condition called peripheral arterial disease (PAD).

Without treatment, those with PAD are at a significantly increased risk for stroke or heart attack. However, more than half of those in the survey said they are not at all concerned about getting PAD.

The disease is characterized by blockage of the arteries in the legs and sometimes in the arms due to

plaque formation. The most common symptom is leg cramping, tightness or fatigue during routine exercise that may go away with rest.

"If you are experiencing these symptoms, you should ask your doctor to test for PAD," says James Firman, EdD, NCOA president and CEO. "It can save your life."

PAD is identified by a simple test comparing blood pressure readings from a patient's arm and ankle.

The NCOA is a national voice and powerful advocate for public policies, societal attitudes, and business practices that promote vital aging. More information on the survey is available at www.ncoa.org.

Health claims on the Internet

A former healthcare practitioner from Seattle had several reasons for complaining to the Arizona Attorney General about a website touting an AIDS cure. He knew that the claim was bogus: Scientists have yet to discover a cure for AIDS. And he knew that the \$1,100 charge for a six-week "treatment" to cure the disease was tantamount to stealing. But the "clincher" was the claim that the product was a "100-percent guaranteed."

The man, who asked that his name not be used, said the guarantee could lead people who used the product to think they had been cured when they hadn't, a fact that could cause them to put others at risk for HIV infection.

False promotions like this have the Federal Trade Commission (FTC) concerned, too. "These bogus claims put consumers' health at risk," says Howard Beales, Director of the FTC's Bureau of Consumer Protection. "And with millions of Americans going to the Internet for health information, it's doubly troubling."

In recent years, the FTC and other law enforcement agencies have stepped up efforts to prevent the proliferation of false health claims on the Internet. They're using the latest technology to track down fraudulent marketers quickly and efficiently and bringing enforcement actions when appropriate. But Internet health scams are still too common, so the FTC also is educating consumers on how to shop safely online for health products and encouraging them to talk to their doctor or other healthcare provider about the safe use of supplements and other alternative health products. They're also encouraging the public to report suspicious health claims to government fraud fighters.

The complaint the Seattle man filed, for example, prompted the Arizona Attorney General to charge a local marketer with peddling a bogus AIDS treatment. The claims were removed from the website.

The Lure of the Internet
The Internet offers health product hucksters low-cost access to a huge market. A recent study found that more than 90 million Americans use the Internet to find health-related information.

Online marketers — legitimate as well as fraudulent — market their products through websites, spam and chat rooms. The cost is reasonable. "A marketer can design and post a website for a lot less money than it takes to buy ad space in traditional media," FTC senior attorney Richard Cleland says.

Marketers also place misleading metatags on their Internet sites to increase the likelihood that their product will turn up on search engines. This is among the changes the FTC brought against an Internet marketer of a

shark cartilage product promoter as a cancer treatment without adequate substantiation. The FTC charged that the marketers had embedded the terms "non-toxic cancer therapy," "cancer treatment" and "cancer survivor" in the site's metatags to improve the chances of online users seeing the website.

Cure-all Claims
Whether made on- or offline, fraudulent health claimers typically deal with serious diseases, such as AIDS, cancer, heart disease, multiple sclerosis, diabetes and arthritis, as well as chronic medical conditions like headaches and back pain. Often, exaggerated claims are used to promote products like DHEA (a hormone supplement), Cat's Claw (an herbal product), and colloidal silver, as well as diagnostic tests, such as electrical "zappers." Cases investigated by the FTC and state law enforcement agencies have involved unsubstantiated claims for the health benefits of shark cartilage, Essiac herbal tea, colloidal silver and electrical therapy devices.

"A health fraudster's stock technique is to show that a product will do what it claims."

Fighting Health Fraud
Why the concern about health fraud? Like other fraud, it cheats consumers out of their money and harms legitimate marketers striving to compete fairly. Health fraud often targets the very sick and even desperate consumers who may even be lured away from treatments that have proven benefits. It can mislead people who use an advertising "cure-all" product into thinking they're disease-free. As a result, they may not seek or continue medical care, receive the drugs or legitimate treatment that could keep them healthier longer, or take precautions to prevent the spread of their disease. Some products can interact with medicines, causing serious side effects or reducing the medicine's ability to work as it should. And some products may

contain harmful substances. In one case, reported in the Annals of Internal Medicine in 2000, a 52-year-old man died from kidney and liver failure, which his doctors attributed to his use of hydrazine sulfate, an unapproved product that had been touted on the Internet for treating cancer.

To combat health fraud on the Internet, the FTC launched Operation Cure.All in 1999. It is an ongoing federal state law enforcement and consumer education campaign. The FTC has since brought 13 law enforcement actions against Internet marketers for unsubstantiated health claims. One case resulted in a \$1 million settlement with the maker of the shark cartilage product promoted as a cure for cancer. Two other settlements stopped companies from claiming that St. John's Wort was a safe and effective treatment for HIV/AIDS and required warnings about the serious drug interaction risks associated with St. John's Wort. Another settlement required consumer refunds for electronic devices and herbal remedies that were sold as cures for cancer, AIDS, Gulf War Syndrome and many other diseases. All were required to remove their bogus claims from the Web. In addition, the FTC estimates that more than 100 other websites have taken down their sites or removed their claims after the FTC contacted them.

"These marketers apparently forgot the first rule of advertising law," the FTC's Cleland says. "If you're going to make a claim, you better have solid evidence to back it up."
The Food and Drug Administration's efforts to curtail online marketing of unapproved drugs have resulted in at least 12 product seizures, 11 product recalls, 43 arrests and 22 convictions. The FDA continues to investigate more than 80 incidences of Internet health fraud and unapproved drug products.

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Obituaries

FRANK SELVAGGI
Frank Selvaggi, 78, of Morton Grove, died Tuesday, September 4 at Lutheran General Hospital, Park Ridge. He was born December 10, 1922 in Italy. Beloved husband of the late Lucia (nee Losurdo). Beloved father of Michael (Rosa), Rosa, Vito (Carla) and Vittoria Selvaggi. Grandfather of Lisa, Lucia, Amanda, Frank and Vito. Brother of many. Services were held Friday, September 7 at St. John Brebeuf Church, Niles. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in All Saints Cemetery, Des Plaines.

ELIZABETH C. FALTER
Elizabeth C. Falter, 74, of Morton Grove, died September 11 at Bethany Terrace Nursing Home, Morton Grove. She was born January 15, 1927 in Erie, PA. Beloved wife of Karl O. Falter. Beloved mother of Mary Ellen (Peter) Aishton and Patricia Lynn (Bryon) Garrett. Grandmother of Amanda and Samantha Ledbetter and Catlyn and Kevin Garrett. Sister of Eileen Schultz. Services were held Friday, September 14 at St. John Brebeuf Church, Niles. Interment was in Ridge-wood Cemetery, Des Plaines. Memorials to: Arthritis Foundation, 303 E. Wacker Drive, Suite 300, Chicago, IL 60601.

BENJAMIN CARIAGA
Benjamin Cariaga, 73, of Niles, died Wednesday, September 5 at Lutheran General Hospital, Park Ridge. He was born February 11, 1928 in the Philippines. Beloved husband of Mrs. Juanita (nee Somera). Also survived by children and other family members in the U.S. and the Philippines. Services were held Saturday, September 8. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in Esingian Pan-gasian, Philippines.

EUGENE OLSZEWSKI
Eugene Olszewski, 92, of Mt. Prospect, died Wednesday, September 5 at Oakton Pavilion Nursing Home, Des Plaines. He was born October 26, 1908 in Chicago. Beloved husband of Mrs. Evelyn (nee Domek). Survived by other family members. Services were held Saturday, September 8 at St. Cecelia Church, Mt. Prospect. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment was in St. Adalbert Cemetery, Niles.

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<p>ADVERTISING</p>		
<p>SELL CLASSIFIED ADVERTISING Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES</p>		
<p>ANIMAL HOSPITAL</p> <p>ANIMAL MEDICAL CENTER Busy Northshore Animal Hospital Has The Following Job Openings For Permanent Full/Part-Time:</p> <ul style="list-style-type: none"> *RECEPTIONISTS *TECHNICIANS <p>Experience Preferred (847) 673-2616</p>	<p>CORRECTIONS</p> <p>Each ad is carefully proof read, but errors do occur. If you find an error please notify us immediately. Errors will be rectified by republication. Sorry, but if an error continues after the first publication and we are not notified before the next insertion, the responsibility is yours. In no event shall the liability for the error exceed the cost of the space occupied by the error.</p>	<p>COMPUTERS</p> <p>Process medical claims from home! Use your own computer! Find out how to spot a medical billing scam from the Federal Trade Commission.</p> <p>1-877-FTC-HELP A message from The Bugle and the FTC.</p>
<p>BAKERY</p>		
<p> Northbrook Location Excellent Opportunity Assistant Production/ Cake Decorating Manager</p> <p>Responsibilities include: Full cake decorating ability; scratch baking knowledge on traditional and seasonal products; product distribution; exceptional communication skills; and computer skills.</p> <p>EXTRAORDINARY BENEFITS!!!</p> <p>For information call: Bob Bugiel (847) 714-0140 Or fax resume to: (847) 714-0142</p>		
<p>THE WORLD</p>		
<p>AT THEIR FINGERTIPS! READ THE CLASSIFIEDS</p> <p>and you're guaranteed a spin around the world of buying and selling... jobs and homes, choice business opportunities and sometimes just a friend...</p> <p>CALL (847) 588-1900</p>		
<p>Notice</p> <p>Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 312-793-6490.</p>		
<p>All Classified Help Wanted Ads Can Now Be Found On The Internet! www.Chicagometrojobs.com</p>		
<p>FITNESS CENTER</p>		
<p>FAMILY FITNESS CENTER</p> <p>The Village of Niles Family Fitness Center is currently accepting applications for part-time positions:</p> <ul style="list-style-type: none"> ◆ Preschool Instructors ◆ Youth Program Instructors ◆ Youth Fitness Instructors ◆ Sport League Instructors ◆ Party Hostesses <p>Must be creative, energetic and enjoy working with children. Applications available at: Fitness Center, Village of Niles 987 Civic Center Drive, Niles, IL 60714 For more information call: 847-588-8400 EOE, M/F</p>		
<p>GENERAL OFFICE</p> <p>Full time. Lincolnwood. Answering phones, customer service and order taking. Must type accurately, word processing and data entry! RE license a plus! RE Institute 847-329-1650</p>		<p>MEDICAL/HEALTHCARE</p> <p>MEDICAL ASSISTANT Part-Time 14-18 Hours Per Week Please Page: (847) 569-6464</p>
<p>MEDICAL / HEALTHCARE</p>		
<p>DIALYSIS TECHNICIANS</p> <p>Dialysis Clinic Has Openings At: NILES - EVANSTON</p> <p>Full-Time. Position requires a minimum of 6 months medical experience. We provide a 2 week training class in dialysis & an excellent benefit package. Qualified candidates should contact Human Resources Dept: Fresenius Medical Care/Neomedica, Inc. (312) 654-2790 A Drug Free Work Place/ EOE/M/F</p>		
<p>NURSES</p> <p>RN's AND LPN's For Home Health Full-Time / Part-Time - All Shifts Flexible Scheduling Benefits For Full-Time AMERICAN HOME HEALTH 1-800-872-4427</p>		

DELIVERED TO ALL 16,000 HOMES IN NILES AND MORTON GROVE EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

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Table with 5 columns: FULL/PART TIME, FULL/PART TIME, FULL/PART TIME, FULL/PART TIME, FULL/PART TIME

MEDICAL / HEALTHCARE

REUSE TECHNICIAN FULL TIME - NILES LOCATION Dialysis Clinic Has Openings In Niles. Responsibilities include: Cleaning, preparation & maintenance of Dialyzers using computerized equipment and the ordering and stocking of supplies. Previous employment in a medical environment preferred. Interested candidates should call: Neomedica, Inc. - Human Resources Dept. (312) 654-2790

HIS HEALTHCARE INFORMATION SERVICES, L.L.C. Come join our team of Healthcare Reimbursement Specialists. HIS (Healthcare Information Services, L.L.C.) a northwest suburban established physician billing service is interviewing for the following positions:

MEDICAL RECEPTIONIST 36-Hours Per Week Monday-Friday Busy surgeons office in Des Plaines, is currently seeking a medical receptionist. Responsibilities include scheduling appointments, registering patients, typing, filing, answering phones & updating patient information. Insurance background a plus. Salary commensurate with experience. Past health care experience preferred. Please call Diane at: (847) 299-8844

Electronic submissions of medical claims, working knowledge of medical billing software and CPT codes. Proficient in workers comp, managed care, medicare and Medicaid billing, strong organizational skills a must. Excellent benefits package. Please Fax Resume To: 847-294-1310 Or Call Debbie At: 847-375-4346

ACTIVITY ASSISTANT Part-Time & Full-Time Energetic, creative individual with experience in working with geriatric residents. Background in music and recreational therapy a plus. Convenient to public & private transportation. Excellent salary and benefits, including 401K. Send or fax resume to: Olivia Carey Forest Villa 6840 West Touhy Niles, IL 60714 Fax: 847-647-1539

FIELD REPS Part-Time Smart Corporation is seeking an energetic, independent person to copy medical records & perform basic clerical duties at local medical facilities. Must be able to work with little supervision. Local driving and reliable vehicle with car insurance required. Will train enthusiastic person. Performance based pay! Call Rachel at: 815-477-3188 Fax: 815-477-3198

MEDICAL/HEALTHCARE

HEALTH CARE/HOME \$ Signing On Bonus \$ CNA's and Companions Hourly and Live-in positions available for Chicago and surrounding suburbs. English speaking. Interviewing in Highland Park. Call for an appointment Monday-Friday Ask for Mary or Linda Gentle Home Services, Inc. 847-432-9100

* BILLER Experienced physician biller to join our small highly trained staff in a smoke free office. Participate in all phases of processing state of the art billing tools. Call Pam At: (847) 677-6410 Or Fax Resume To: (847) 677-6420

MEDICAL RECEPTIONIST Needed For Family Practice Office Part-Time Experience Required Call Dee At: (847) 967-9660

Therapeutic Respite Program seeking adults (21 & up) to work part-time with behavior disordered kids in Evanston/Maine Township area. Flexible hours, great pay & supervision provided. Car, insurance & High School diploma/GED required. Experience preferred but not required. Send Resume To: M. Drez, Metropolitan Family Services 820 Davis, Ste. 450 Evanston, IL 60201 Fax: (847) 328-1295

REAL ESTATE

GENERAL OFFICE Full time, Lincolnwood. Answering phones, customer service and order taking. Must type accurately, word processing and data entry! RE license a plus! RE Institute 847-329-1650

Our classified ads reach more people per week for the least amount of dollars. We cover the near northern suburbs and the northside of Chicago.

RETAIL

Exciting opportunity for detailed oriented person who enjoys volunteer interaction. We are looking for a friendly, dependable, sales and customer service minded individual to help with our shop displays and assisting our customers. 40 hour work week. Full Benefits. If interested, please call Patty at: 847-824-6887 or e-mail at ppolites@sbsmail.org.

RETAIL/OPTICAL

OPTICIAN Part-Time /Full-Time Dispensing Optician For J.C. Penney Optical / Golf Mill in Niles Some Experience Helpful But Will Train Right Person Excellent Benefits! (847) 299-1366 Your credit is good with us. We accept Visa and Master

SALES

ADVERTISING DISPLAY SALES Part-Time Hours - Full-Time Earnings Salary Plus Commission! Prefer Outside Sales Experience With High Energy Call Sally At: (847) 588-1900

SOCIAL SERVICE

SOCIAL SERVICE ASSISTANT Full-Time North Suburban Nursing Center Looking For, Experience Preferred, Social Service Assistant. Documenting, Writing Skills A Must. Please Fax Or Mail Resume: Lisa Orzada Forest Villa Nursing Center 6840 W. Touhy Ave. Niles, IL 60714 Fax # (847) 647-1539

DON'T GET STUCK! GET HELP.....

LOOK IN THE BUGLE CLASSIFIEDS Just check the Business Service section of The Bugle's Classified Ads and let the pros do the job! You'll find competitive skills and rates that'll give you a great selection. Whether you need a job done or are offering your services, read and use our Classifieds for an informative, inexpensive handle on your area's marketplace for life's everyday needs and wants.

THE BUGLE'S BUSINESS SERVICE DIRECTORY FOR ALL YOUR HOUSEHOLD NEEDS AND SERVICES

Read the Bugle For subscriptions call (847) 588-1900 The newspapers that deliver.

All Classified Help Wanted Ads Can Now Be Found On The Internet! www.Chicagometrojobs.com

Notice Bugle Newspapers reserves the right at any time to classify all advertisements and to reject any advertising deemed objectionable. We cannot be responsible for verbal statements in conflict with our policies. All Help Wanted ads must specify the nature of the work offered. Bugle Newspapers does not knowingly accept Help Wanted advertising that in any way violates the Human Rights Act. For further information contact the Department of Human Rights, 32 W. Randolph St., Chicago, IL 312-783-6490.

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Table with 5 columns: FULL/PART TIME, FULL/PART TIME, FULL/PART TIME, FULL/PART TIME, FULL/PART TIME

TELEMARKETING

TELEMARKETING No Cold Calling! Part-Time - Niles Salary Plus Commission Must Have Some Experience Tuesday-Thursday & Friday - 9 AM-5 PM Please Call Beverly At: (847) 588-1900

SELL CLASSIFIED ADVERTISING Full-Time - Monday Thru Friday - 9 AM-5 PM Salary Plus Commission-Based On Experience! Both Inside & Outside Sales Call Beverly: (847) 588-1900 Or Fax Resume: (847) 588-1648 BUGLE NEWSPAPERS-NILES

EMPIRE CARPET If you have telephone and data entry skills, we'd like to talk to you about joining our team in Lincolnwood. We offer a fun, casual environment, competitive wage and benefit package. 1st shift and evening shift available. For immediate consideration, forward resume to: hr@empire-carpet.com or fax to: 773-509-6510 No phone calls please. see m/f/d/v

Our classified ads reach more people per week for the least amount of dollars. We cover the near northern suburbs and the northside of Chicago.

TELEPHONE

TELEPHONE WORK FROM HOME Scheduling Pick-ups Of Discarded Items For A Major Charity No Selling-Flexible Hours Paid Weekly Pleasant Personality Reliability A Must! Please Call: (630) 588-0025

TRADES

Learn A Trade LABORER WANTED No Experience Necessary References Required Advancement Opportunities \$8.00 Per Hour (847) 530-3608 CHICAGO STUCCO

TUCKPOINTERS LABORERS Needed For Construction Company (847) 367-0239

Be your own Boss! Process medical claims from home on your computer. Call the Federal Trade Commission to find out how to spot medical billing scams. 1-877-FTC-HELP A message from The Bugle and the FTC.

Independent Contractor Seeking PART TIME HELP Earn Good Money! Leave message for details (773) 424-3774

TRADES

CONTRACTORS NEEDED FedEx Ground, a leader in the transportation industry, is currently looking for Independent Contractors to join our winning team. As a contractor, you will own or lease a 26 foot step van with the ability to earn what you're worth. This position is performance based, so the more deliveries and pick-ups you do the more you make. As if that was not enough - NO WEEKENDS. To qualify you must be 21 or older, have a class "C" license or greater, and have one year commercial driving experience. Apply in person: FedEx Ground 2945 Shermer Rd., Northbrook, IL

PARK SERVICES MAINTENANCE The Niles Park District Park Services Department seeks to fill a variety of full-time Maintenance positions which include: Parks Groundsman Facility Tradesperson Equipment Maintenance Must have a valid Illinois Driver's License and a High School diploma. Knowledge of applicable trades relating to positions is preferred. If interested, please contact Jim Majewski At 847-647-6777 Or Stop In 7530 N. Oak Park Avenue In Niles To Fill Out An Application

WORK FROM ANY LOCATION! Put Your Computer To Work! \$1,500 - \$4,500 / Month Part-Time/Full-Time *Free Information: (262) 812-5485 www.freedomforevr.com

GROUNDS KEEPER Will Train - Some English \$8.25 Hour 40 Hours Per Week Call: SBM Monday-Friday - 9 AM - 4 PM (630) 834-4044

Laid off? Work from home. Be your own Boss! First, call the Federal Trade Commission to find out how to spot work-at-home schemes. 1-877-FTC-HELP A message from The Bugle and the FTC.

Looking for a Federal or Postal Job? What looks like the ticket to a secure job might be a scam. For information, call the Federal Trade Commission, toll-free: 1-877-FTC-HELP Or visit: www.ftc.gov. A message from The Bugle and the FTC.

EARNING WHAT YOU'RE WORTH? Earn \$1,200 - \$6,800 month Part/Full Time Working From Home! Free information 262-812-8045 www.NandD-Homebusiness.com

NOTICE The Bugle Newspapers does its best to screen advertisements for their authenticity and legitimacy. However, we cannot be responsible for all claims, products and services of advertisers.

Advertisement for 'GET YOUR JOB SEARCH ON THE RIGHT TRACK' featuring a door with a 'NOW HIRING' sign and a person walking through it. Text: Stop the revolving door! Start on the right track by placing your Full or Part-time position in the Bugle Classified. Our classified ads reach more people per week for the least amount of dollars. Call and ask for Beverly in our classified department. We're always available for your convenience (847) 588-1900

OUR CLASSIFIED ADS REACH MORE PEOPLE PER WEEK FOR THE LEAST AMOUNT OF DOLLARS! See how your money can work for you! *2 Insertions Per Week *2 Deadlines Per Week Specials Designed With Your Needs in Mind Call us today for details. Beverly (847) 588-1900 We're always available for your convenience

H HIGHLAND HOME IMPROVEMENTS

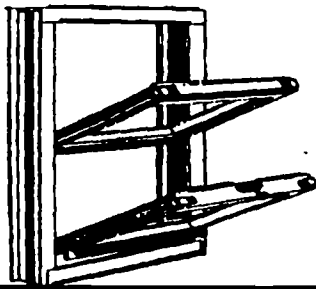
(773) 283-5700

SHOWROOM: 4962 N. Milwaukee Avenue, Chicago, Illinois 60630

Autumn HOME IMPROVEMENT

WINDOWS

- Replacement Windows
- Thermal Panes
- Tilt-To Clean



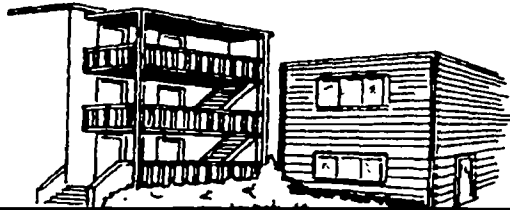
SIDING

- Soffit
- Fascia
- Gutters
- Trim



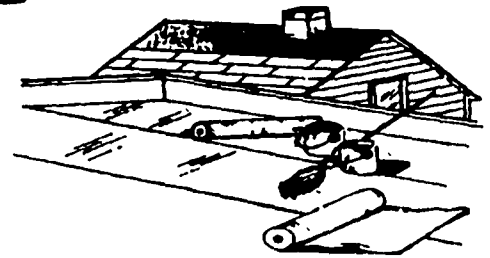
PORCHES & DECKS

- Porches Rebuilt and Enclosed



ROOFING

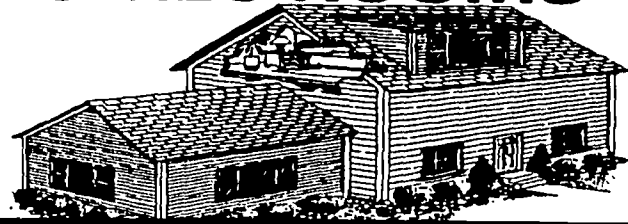
- Shingle
- Hot Tar
- Rubber
- Roll



KITCHENS & BATHS



ADDITIONS, DORMERS & REC ROOMS



FREE ESTIMATES **FINANCING**
SENIOR CITIZEN DISCOUNTS
773-283-5700

LICENSED • BONDED • INSURED

\$300.00 OFF* WITH THIS COUPON

*Any job that costs \$2,000 or more.
 Present this coupon at time remodeling job is ordered.

