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Standard U.S. Postage PAID **Bugle News**

7400 WAUKEGAN RD, NILES, IL 60714

THURSDAY, AUGUST 8, 2002

VOL. 46, NO. 6

From the Left

by Bud Besser

This may read like "small hero" stuff but Niles Village Trustee Bart Murphy deserves this week's hero's halo for his one-man campaign which saved Nilesites many thousands of dollars.

Bart was the lone opponent to placing a 50 cent per month phone increase on every Niles telephone. The village fathers and mother wanted to seek the increase through a second referendum which had previously been defeated last March. The proposed increase was for the 911 emergency telephone service. Bart contends the telephone taxes are inequitable with multiple telephone line owners and cell phone users paying unfair tax shares. Any increases will now be paid from the \$24 million general fund. Murphy contends by joining with neighboring Park Ridge, DesPlaines and Morton Grove, 911 fees will be less. These three communities pay for the emergency 911 services from its general funds.

Niles rejected a previous referendum last March for the increase on Nilesites phone bills. By taking the money from the general fund Nilesites will save the 50 cents a month charge per phone line which is a many thousand dollar savings per month.

Continued on page 30

D219 budget passes-it's lower, but still 'red'

Niles High School Board voted unanimously to pass a draft operating budget of \$75.4 miltion, almost \$27,400 less than last year's.

But officials say even a cut of that size is not enough to keep the district in the black.

So with its operating revenue expected at \$65.3 million, the district will start the year with a built-in deficit of \$10 million. which means drawing from district reserves.

The usual culprits, says the Continued on page 30

School fined \$25,000 for building on wrong property

Northridge Preparatory School was fined \$25,000 by the Village of Niles when it was discovered they had built a new gymnasium on property owned by the village.

The school, at 8320 Ballard Road, inadvertently built on a strip of land ten inches wide and 100 feet long, according to village officials. The mistake was made during the construction of a \$3 million gymnasium at the site.

School official Luke Ferris blamed the problem on designers using outdated plans of the property.

To resolve the problem, the village fined the school \$25,000 and then deeded the property to them. Village officials said the land had been part of a parking lot.

The new 10,500 square-foot gymnasium will contain an atrium, two full-sized basketball or volleyball courts and bleacher seating for 520.

Oakton CC plans Skokie tech center

Oakton Community College will begin construction of a new \$15 million technology center in November after the remainder of the old Niles East High School still on the site is demolished.

The new center on Skokie's Ray Hartstein Campus will expand Oakton's artchitecture, electronics, engineering, graphic design, manufacturing and computer technology programs.

Slightly more than half of the cost will be funded from the State of Illinois Capital Development Board. A \$75,000 grant from Illinois Clean Energy Community Foundation will be spent on energy-efficient features.

A current manufacturing and technology wing will be razed to make room for a new V-shaped wing that will connect to an existing building.

The new construction will have a single-story front wing and a two-story wing. New construction will add more than 400 parking spac-

The landscaping will unify campus green spaces and pedes-trian pathways. An elevated walkway will span a retention area landscaped with native prairie plants and provide a scenic entryway to the new building.

15 year-old carried loaded gun into school, threatened student; District to begin hearings to expel student

Niles West student pleads guilty to May gun charges

Niles West student Mikhail Makhlis, arrested May 2 after bringing a loaded handgun into Niles West High School, received probation on July 23.

Under terms of a plea agreement, Makhlis pleaded guilty and received "intensive probation," by Skokie 2nd District Circuit Court Judge Garritt Howard.

The sentence requires

Makhlis to undergo psychiatric \ counseling and avoid contact with a teen girl police believe Makhlis was targeting on the day he brought the gun to

In the meantime, officials of Niles Township High School District 219 intend to hold a hearing to expel Makhlis.

During the May 2 incident Makhlis was found guilty of the high school. He was observed loading bullets into a clip while sitting in a class and concealing the gun in a back-

An alert student slid the backpack out of reach of Makhlis while another student ran for help.

Makhlis later told police he had intended on harming a fellow student in the class.

County golf courses now under private management

Cook County-owned golf courses entered into a new phase with an independent management contract implemented July 9. The move was prompted by public pressure over evergrowing budget deficits.

Billy Casper Golf Manage-

ment of Vienna, Va. won a 10year contract to manage the Chick Evans course in Morton Grove, Indian Boundary, Edgebrook and Billy Caldwell in nearby northwest Chicago, as well as Highland Woods course in Hoffman Estates and Mea-

dowlark in Hinsdale.

The company estimates it will generate at least \$14 million for the county over the 10-year contract period.

Audits made public in February 2001 showed the district had Continued on page 30

Police Recognized by Village



Pictured below are (left to right) Police Chief Jerry Sheehan, Sergeant Anthony Fidanza, Detective Joseph Penze, and May Nicholas B. Blase. (not pictured is Detective Sgt. Sam fucanno).

At the July Village Board Meeting, Detective Joseph Penze and Detective Sgt. Sam Fucarino were recognized for handling a difficult and dangerous situation in the line of duty. Their dedication and devotion to their profession was recognized by mayor Nicholas B. Blase and Village Trustees.

Segeant Anthony Fidanza received a Police Department Commendation for organizing a charity basketball game, which pitted our officers against the faculty and staff at Gemini Junior High School, with the proceeds going to charity. Over \$6,000 was raised and presented to the Cancer Research Center at Children's Memorial Hospital. Thank you for a great job!

The Park at Golf Mill. former-

ly The Breakers at Golf Mill. lo-

cated at 8975 West Golf Road,

announces its new name. The

name of The Park is a distinction

Kidney cars public service announcements

For kidney patients, an ambulance is not the only life-saving vehicle. Your used car can be just as valuable. If you own a used vehicle and that you're thinking of trading in or selling, you too cansave a life -- and perhaps be eligible for a tax deduction! Donate your used vehicle to the National Kidney Foundation of Illinois' Kidney Cars Program. There's life in that old car yet! Call (312) **321-1500** to donate today.

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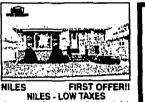
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Cub Scout Pack 175 attends Day Camp

Many of the Cub Scouts from Pack 175 attended Day

Camp during the week of July 22-26 in Morton Grove.

Throughout the five days, the boys participated in many

activities including archery, crafts, sports, games, jug-

gling, cooking, first aid, singing, and swimming. The

Shown above are the boys in "Ring 8" as they built a

box car to race. Their car came in second place out of

nine teams. The boys are: Daniel Reno, Robbie Getty,

Eric Carrabotta, Dan Cichon, Timmy Duffey, Matthew

September event

Date: September 6-8, 2002

Camping. N2330.Hwy. HH. Lyn-

Activity: Wind down the sum-

mer camping season with a favor-

ite traditional Wisconsin meal.

including boiled fish, potatoes,

carrots and onions. Participants

can bring a desert dish to pass.

with prizes being awarded to the

top 3 recipes. A \$2.50 admission

fee will be charged for camp-

ground guests: \$10.00 for non-

guests. For further details, call

Wisconsin Dells events and ac-

tivities, call 1-800-223-3557, ext.

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don Station, Wis.

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Event: Yukon Trails Door

Location: Yukon Trails

Curtis, Carl Carrabotta and Jonathon Beierwaltes.

Pack 175 is based out of St. John Brebeuf.

theme of the camp this year was "Under The Big Top".

Evanston High School Class of 1957. Weekend of August 23-25. Main Event: Saturday. August 24, 2002 - Doubletree North

reunions planned

Sentimental

Journeys

Dame High School Class of 1981 and 1982. Saturday. August 24. 2002 - Notre Dame High School, Niles, IL

Stevenson High School Class of 1992. Saturday, August 31. 2002 - Marcello's

Proviso East High School Class of 1962. Saturday, September 14, 2002 - William Tell

Notre Dame High School Class of 1971 and 1972. Saturday, September 28, 2002 - Notre Dame High School, Niles, IL

Glenbrook High School Class of 1962, Weekend of October 4-6, Main Event: Saturday, October 5. 2002 - Doubletree North Shore Notre Dame High School Class of 1961 and 1962. Satur-

day. October 5. 2002 - Notre Dame High School, Niles, IL. Lake Zurich High School Class of 1982. Saturday. October 5 - Hyatt Woodfield

Niles Township Class of 1959 "Fortysomething" Reunion. Sat-urday, October 12, 2002 - Holiday Inn North Shore

Niles North High School Class of 1972, Saturday, October 12. 2002 - Hilton Garden Inn Evans-

Evanston High School Class of 1982, Saturday, October 19, 2002 Hilton Garden Inn Evanston

South Shore High School Class of January and June 1962. Saturday. October 26, 2002 -Doubletree North Shore

Morton West High School Class of 1977. Fall 2002

Senn High School Class of January and June 1953. Weekend of May 23-25. 2003. Main Event: Saturday. May 24, 2003 - Doubletree North Shore

Niles North High School Class of 1973. Summer 2003 Niles North High School Class

of 1971 "Turns 50 Party". Fall Harrison High School Classes

of 1963 - 1967, TBA For more information, call, write, fax or c-mail: Phone: (847) 657-3639 or (847) 329-0111: Fax: 847.329.0131: Write: P.O. Box 431. Morton Grove. IL 60053: Email: FunReunion@aol.com.

Roller Blade on the lake front

The Chicago Blackhawks in conjunction with the Leaning Tower YMCA, is sponsoring Roller Blade classes on the lake ginner and intermediate players. Learn hockey skills including Roller Blading, stick handling, passing, positioning and team play. Outdoor hockey with certified coaches. For more information, contact Coach Bill at the Leaning Tower YMCA, 6300 W. Touhy Ave., Niles, (847) 647-8493. ext. 2200.

Travel to exotic Belize on Oakton tour

Travel to exotic Belize on a tour offered by Oakton Community College's travel/study program. Three trips are scheduled in 2003: January 11 to 19. February 15 to 23, and March 1 to 9. Located on the northeast coast

of Central America, Belize is a country of natural beauty. You'llcruise to South Water Caye, a private island on Belize's 185-milelong barrier reef, home to a multitude of colorful fish and other marine life. In the tall pine forests of Mountain Pine Ridge Forest Reserve, you'll observe unusual species of birds and butterflies. At the Ix Chel Farm and Tropical Research Center, you'll learn about the curative powers of many Central American plants.

Once the heart of Mayan civilization. Belize has more than 600 archeological sites. You'll visit Caracol, one of the great cities of Mayan civilization, and Altun Ha, where the famous jade carving of the head of the Mayan sun god, Kinich Ahau, was excavated

An optional, two-day trip extension will take you across the Guatemalan border to Tikal National Park. This wildlife sanctuary is home to 285 species of birds, including blue and white herons, parrots, and hummingbirds. You'll visit the Mayan ruins at Tikal, once a powerful and thriving city until its decline in the tenth century.

For a complete itinerary and more nformation about the trip to Belize, call Bea Cornelissen at (847) 635-1812.

Vending space available for Fall bazaar

Vendors of new or craft items have an opportunity to sell their seasonal merchandise at Oakton Community College's Fall Bazaar on Thursday, October 10, from 9 a.m. - 4 p.m. The annual event is held at the Des Plaines Campus: 1600 East Golf Road.

Sponsored by the Oakton Community College Annuitants Association, the Fall Bazaar is a day of fun for vendors, the college community and the public. The proceeds of the fundraiser benefit Oakton's Annuitants Association for retirees.

Rental vendor space is available in two sizes. A single space (4' x 6') costs \$40 and a double space (4' x 12') costs \$70. Some limited table rental is available at \$10 per table. The Fall Bazaar Committee reserves the right to choose vendors who best serve the image and quality of the event (no trademark "knock offs" are allowed).

Early registration is encouraged, as vendors will be allocated space on a first-come, first-serve basis. For more information or to reserve vendor space. contact Bea Cornelissen at (847) 635-

A Tribute to **Mae West**

The Senior Center of the Leaning Tower YMCA, 6300 W. Touhy Ave., Niles. IL is hosting a Tribute to Mac West in conjunction with their monthly Birthday Party on August 19 at 1 p.m. Mary Anne Burkhalter has performed for years on the dramatic stages of New York, Chicago and Houston and would like to take you on a tour of a great life and face-to-face with an American legend! Please join us for a fun afternoon of entertainment and refreshments. Members are free and the guest fee is \$5. For further information, call Dave at (847) 647-8722, ext. 2237.

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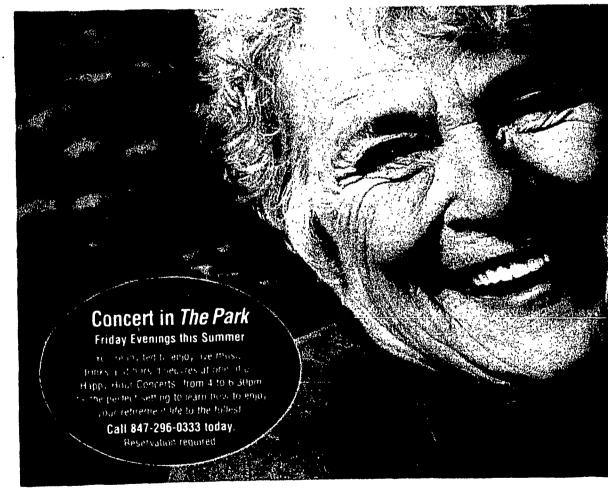
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mune difficiency virus (HIV) - of HIV transmission, tubal inferthe AIDS virus -- as well. In fact. because Tredumonas vaginalis is su common, many believe efforts to reduce the incidence of this infection may have a substantial! impact: on reducing HIV

"Bacterrallyagmusis and years en de induntit en tropaga avec accione this common vaganal intertions. meannesservation and the contraction of the contrac Alterboogetti," andi In Ohval. Moget, processor of Obstance-Girmecohan an the Medical Umurran at: Booch Checking "Tine revenued, case unido arbanes blancher and backier recolders and remnary. examiliaes medici recommunic alter to the distribution successors on histore-meteordicaterion.

(Limed by the raggin celleitincinonconni present, segens di inchicorromassa and verteers an ideal at hellow Emblodatecontonan was energy and the same control of the c may have of ordered by Humany. arching screenss and reduces of the validation was made and other eardemi lin addinon, urmation and interestance may be (minut) and: the stems and symmoms may worsen diarny measuration, linsign ig usually assymptomatic in men: When symptom are present they crosses of arctini disabarga and miderratation.

The discussing beautinization mandrumsermentes dir women's

tility, cervical cancer, preterm birth and postogerative infection. Mun may also suffer the consequences of unreated trichomoniasis, including increased HIV transmission, lower sperm motility and a growing proportion of non-monococcal grethritis.

While the symptoms them-

Nuisance infection not to be ignored

selves can be distressing enough in woman, it is essential to treat tricitomemasis, especially in finth-risk putients, lest the conditransgren the door to more serious disorders," said Dr. Jack D. Soball professor of Infectious Diseasas at Wayne State University School of Medicine, "Though Tarchimenas is infrequently reminted to be present in the pelvis in relian inflammatory disease. this condition suggests that its measures may facilitate the spread true. In their sandies have demonsamtest that backers attach to tricommunity ind are then carried mothe anner Thet

His empirement that men must alta he mained, even if asymptominuc. since affected individuals are likely as continue to engage in sexual activity, leading to reinfuntum and further spread of the

Differential diagnosis herveen micaeras vaginosis and trichemenesis is essential since in

the latter case the male partner must also be treated," he said Un fortunately, many physicians pratice "syndromic" medicine, said Dr. Sobel, in which, when an un specified vagina infection is noted, the physician prescribes a broad medication to eradicate the vaginal infection, only changing to a more specific treatment protocol if the initial therapy fails

agnosis often relies on either microscopic examination or Pap smear identification, despite the fact that both methods have a sensitivity of only 50 to 60 percent "Easier and more accurate methods are now available or in development -- such as test cards, the Inpouch culture system and nueleic acid amplification tests -and may be increasingly justifiable in terms of their benefits Meanwhile, the management of this widespread disorder should also benefit from additional treatment options." Standard treatment of trichom-

Dr. Soper noted that current di-

oniasis is with oral metronidazole, currently the only approved and effective medication for this disease in the United States However, published clinical studies have demonstrated that oral metronidazole, a first-generation 5-nitroimidazole, is associated with high levels of gastrointestinal upset, nausea, dyspepsia and unpleasant taste.

metromdazole Moreover, resistant or refractory trichomo niasis -- defined as a failure to respond to conventional metronidazole therapy of 500 mg twice daily for seven days -- has also of ten failed the very high-dose metronidazole therapy recommended by the Centers for Disease Control and Prevention.

The physicians noted that to nidazole, a second-generation 5nitroimidazole currently available in Europe, is now under development by Presutti Laboratories for introduction in the United States. In published studies, this compound has been found to provide greater potency, longer duration of action and an improved side effect profile.

"Most patients can't tolerate high-dose metronidazole therapy," said Dr. Sobel, noting that in his recent study, high-dose tinidazole therapy given for 14 days was extremely well tolerated, and was effective where metronidazole had failed. "Tinidazole is a classic second-generation agent with significant improvements in effectiveness and safety," he said

Because of the growing body of data on increased health risks associated with trichomoniasis. as well as reports of resistance to standard therapy, new options for its diagnosis and treatment are in order, the physicians said.

Presutti Laboratories develops and produces prescription pharmaceuticals for gynecology, gastroenterology, infectious diseases and urology. Its headquarters are located in Arlington Heights, Illi-

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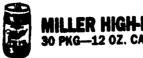
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PACE 6

Mock trials help students learn alcohol prevention

Kay Provine and other chemical dependency prevention specialists note that by the time a young person enters high school, just saying "no" about drugs and alcohol is not saying enough.

Sometimes a high school will bring in a speaker for an hour, but those prevention lectures usually don't have much impact," said Provine, a senior trainer for Project Northland at Hazelden. High school students, she said, are ready to examine what responsibilities they have as people growing into adulthood. This means they are ready to think more critically about cause, cffect, and consequences, she ex-

Recognizing that students learn best when they are actively engaged, the creators of Project Northland have developed "Class Action," a new role-play based curriculum where students play the part of attorneys in lawsuits involving personal injury or property damage that result from underage drinking. Project Northland is a communitybased alcohol prevention program geared for kids in grades 6-8 that has achieved exemplary status from the federal government. Class Action is an

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that is designed for senior high school classrooms. Class Action consists of six.

true-to-life legal scenarios and a teacher's manual. Casebooks include information preparing each case, and additional workbooks guide the student legal teams on how to prepare the case for the "jury." which makes up the balance of the class not on a legal team. Each legal team does certain things to prepare their case for trial. For example, they might be asked to interview expert witnesses, such as a police officer, a rape counselor, or emergency room personnel. In addition to the legal documents, instructions and nformation, the Class Action curriculum contains easy to understand information about underage drinking from credible sources such as the National Institute on Alcohol Abuse and Al-

"There's an attitude of "It won't happen to me" among high school students," said Deb Van Klei, a health teacher at Stillwater High School in Stillwater, Minn. With a colleague. Van Klei taught Class Action to about 500 sophomores during the last school year. "Class Action gave them a different perspective. It forced them to think how their individual actions can hurt so many," said Van Klei.

For example, in one case, when fight between two underage

one of the boys is injured, his parents sue the liquor store ownerwho sold the keg to a third underage boy. The goal is to get students to understand how their decision to drink isn't just

about them. As time goes by, the critical need for youth prevention programs becomes increasingly and overwhelmingly apparent. Not long ago, the government's Substance Abuse and Mental Health Services Administration reported that nine times as many children between the ages of 10 and 14 began drinking in the early 1990s than in the 1950s. And while a federally sponsored national survey of adolescents called "Monitoring the Future" showed that the number of eight-graders who reported getting drunk in 2001 was about 2 percent less than those reported in 2000, daily alcohol use increased among 12th graders, from 2.9 percent to 3.6 percent during that same time pe-

These findings help support the need for innovative prevention programs that target senior high school students. "The students really got into it," said Van Klei. "And interviewing the outside sources gave them important contacts within the community. Some students also interviewed the police liaison at the school and some elementary school teachers. These connec-

extension of Project Northland boys breaks out at a keg party and tions open doors and show them there are adults around who they can trust to talk about these issues

> The initial experience with Class Action left Van Klei's students wanting more, always a good measure of success. "Kids said they would also like to do this with other drugs like marmana and cestasy, not just alcohol." said Van Klei. In the future, she plans to bring in outside speakers such as judges and attorneys who can speak about local laws, as well as other community members. "I want my students to be able to put real faces onto the Class Action roles. I think this will make it even more real and connect them with their commu-

> Alive & Free is a health column that offers the information needed to help prevent substance abuse problems and address such problems. It is provided by Hazeldlen, a non-profit agency based in Center City, Minn., that offers a wide range of information and treatment services on addiction For more resources, call Hazelden at 1-800-257-7800 or check www.hazelden.org. Direct inquiries to mduda@hazelden.org

READ THE BUGLE

(Some Restrictions Apply)

EDISON PARK CHAMBER OF COMMERCE presents **EDISON PARK FEST 2002**

Mainstage Performance Schedule Sponsored by: Miller Brewing Company and Joseph Mullarkey Distributors

Saturday, August 17th 12:30 p.m. to 1:30 p.m. 2:30 p.m. to 4:30 p.m.

4:45 p.m. to 5:15 p.m. 5:45 p.m. to 7:30 p.m. 8:00 p.m. to 10:15 p.m.

Sunday, August 18th 12:00 p.m. to 1:30 p.m. 1:45 p.m. to 3:15 p.m. 3:30 p.m. to 5:45 p.m. 6:00 p.m. to 6:30 p.m. 6:45 p.m. to 9:00 p.m.

Ted Ansani Dawn O'Keefe Williams - Blues Trinity Irish Dancers Brian Lupo - Blues Remedy - Pop/Rock

Bopology – Swing Band Jeorge from Yard - Reggae The Blast - Pop/Rock Mullane Irish Dancers Dave Dunne & Blackwater - Pop/Rock



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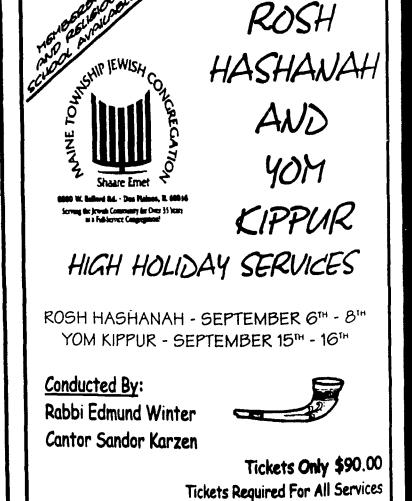
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is looking for homes for 5 girls and 6 boys in Illinois. There is no such thing as a typical host family! If you are a single parent, retired, have small children or teens you can have a great experience with these teens.

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It is only through the kindness and generosity of families in communities like ours that these young teens will be able to fulfill heir DREAMS, Please open your heart and home to one of these teens by having them become a member of your family.

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Antiques Show Offers Something for Everyone

Bob Smith & Dolphin Promotions. Inc. is pleased to announce that the 27th Annual Chicago O'Hare Summer Antiques Show & Sale will be held August 16-18, 2002 at the Donald E. Stephens (Rosemont) Convention Center in Rosemont II.

With over 400 dealers from 38 states plus Canada, England. France, Italy, Germany, and Argentina, the O'Hare Antiques Show is the Midwest's largest quality antiques event. It attracts thousands of antique lovers from

and Asia.

A wide range of high quality antiques and objects d'art will be represented, including English. French, Victorian and early American furniture. -silver. bronzes. Orientalia, porcelain, antique and estate jewelry. watches, paintings, prints. pottery, art glass, art nouveau. art deco, textiles, lamps, rugs, quilts, Americana, vintage clothing, folk art, tribal art, militaria, antiquarian books, architectural and

York, California, Florida, Europe books, and much more. All items are for sale, and prices range from \$10 to over \$100,000 offering opportunities for every collector.

Additionally, Dolphin Promotions is pleased to introduce the 4rd Annual Chicago Vintage Clothing & Antique Textiles Show, which will run concurrently with the Summer O'Hare Show. The Vintage Clothing Show will include 18th, 19th & 20 Centry fashions, costume jewelry, and accessories, as well as fine linens, lace, and antique fab-



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DAILY SPECIALS

Back to School

met. Many schools require that

children have an annual physical

and proof of current immuniza-

tions before allowing them to join

classes. Pediatricians' and physi-

cians offices are inundated with

last-minute calls from harried

parents trying to squeeze their children in. Make it easier on you

and your children by scheduling

appointments early.

by Robin Hoogshagen, RPH A little preparation can give you and your kids some peace of mind as the big day nears.

Summer is winding down, the days are getting shorter, and back-to-school sales are hitting stores across the country. It's a time of year that many children approach with excitement and trepidation - the new school year. But there are many things par-

ents can do to help ease the stress. Remember, kids may be facing new classmates, new teachers, and maybe even a new school. A little planning can go a long way toward helping children feel prepared to face new situations.

Quality & Variety

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If you have small children, review safety rules. Whether riding the bus, walking, or biking to school, there are important safety rules your kids should keep in mind as they head out the door.

· When waiting for the bus, children should stay on the curb until the bus comes to a full stop and the driver indicates it's safe to

• When kids exit a bus, they should take several giant steps away from it so the driver can see them as he or she pulls away.

• If riding a bike, kids should follow all traffic signals, and never cross the street against a light. Remind kids to walk bikes through intersections, and stay alert for drivers who may he rushing to work and not paying attention to bike and pedestrian traffic as they should

• If walking, kids should meet up with a buddy, when possible. Even better, have an older child escort a younger child.

• And whether riding the bus, biking, or walking to school, kids should never talk to or accept rides from strangers.

Talk to your kids about bullies. The American Academy of Pediatrics urges parents to give their children some coping strate-gies for dealing with bullies. For example, kids can just walk away from a bully, or tell him or her to stop. If a persistent problem occurs, parents should consider

having a talk with the teacher. Prepping for the first day. Many parents take advantage of back-to-school sales to stock up on clothes for the school year. But what other items should be on your checklist as you count down

to the big day?
• School supplies - Usually schools provide parents with a list of necessary school and art supplies in advance. Have your children help pick out their own school supplies so they feel part of the process, and this will help

• Lunch - what are your children's plans for lunch? Make sure there is lunch food at home, or money for the cafeteria.

Emergency contact information - Make sure your children's school has updated emergency contact information for & Sales, Great Hall, 10 a.m. to 5 ooth parents, and a close relative or family friend, in case of an eniergency.

• Healthy breakfast - Don't p.m. underestimate the power of a good breakfast. Studies show that kids are more alert and learn better if they've caten breakfast before school. And if your children balk at traditional breakfast food,

and check-up requirements are slice of pizza will work. Throw in a multi-vitamin, and your children are set for a day of learning

 Consider visiting the school in advance, if possible, to make sure your children know the route and can find their classroom. Even better - take your children to meet their teachers beforehand so they can put a face with a name so they're not walking into the classroom "cold" on the first day.

Make sure you have an afterschool plan that everyone is comfortable with. With many parents working today, afterschool programs and babysitters are part of a regular school day for many kids. Review the routine with your children, and make sure your after-school care provider has emergency contact information for you.

If your children are going

home after school, and will be there for an hour or two by themselves before a parent is home, review the safety rules - check in by phone with an adult upon reaching home, don't answer the door to strangers when home alone. and know how to call 911 in an

The new school year can be an exciting and stressful time for both children and parents, but early preparation will benefit everyone. Most importantly children can enter any new situation and thrive if they're confident in the support of a loving family

BJBE Single Friendship Club Our annual Botanic Garden

Brunch and Walk is coming up again, at 1000 Lake Cook Rd.. Glencoe; on Sunday, Aug. 25, at 10 a.m. Meet us on Sunday morning, in the Garden Café, just beyond the reception area. Admission to the Botanic Garden is free, but there is a \$8.75/car parking fee, so why not carpool with friends and share the cost. The Garden Café offers a variety of brunch items to choose from and we'll reserve several tables -- just look for our signs. The Cafe is small so you really can't miss us. After we cat, and at your leisure. you can stroll along the many paths and discover (or rediscover) the splendor of one of the most beautiful botanic gardens in the world: 23 gardens, 9 islands. 81 acres of waterways, 23 miles of shoreline, 15 acres of prairie & 100 acres of woods. Or you may just want to visit some of the specialty shows going on.

North Shore Daily Show &

Sales -- Multipurpose room, 12 a.m. to 4 p.m.

Bromeliad, Society Show • Cactus & Succulent Show

Great Chef Series in the Fruit & Vegetable Garden, 1:30 and 2:30 p.m.

& Sales Great Hall, 10 a.m. to 5

Call Cala Smith (847) 948-5234) by August 19 to RSVP for Brunch.

Northeastern **Illinois University**



Actors in a scene from "House on the Cliff." by George Batson, the second play in Northeastern Illinois University's (NEIU) Stage Center Theatre's summer

The show runs Thursdays through Saturdays, July 25 to 27. August 1 to 3, and August 8 to 10 at 7:30 p.m., at NEIU's Stage Center Theatre, Building F, 5500 North St. Louis Avenue in Chica-

scason

The play, a mystery thriller, sets the scene in a house on a cliff located on a haunted lake. Characters are a young lovely heiress

plenty of food, including hot

dogs, hamburgers, corn-on-the-

cob, soft drinks, and ice cream.

Norwegian specialties will in-

flotegrot, julekake, and krumkak-

er. There also will be a horseshoe

pitching contest, miniature put-

ting green, bocce ball, children's

games, live musical entertaiment,

Medinah Shriner clowns jumping

jack, Chicago Police Department

Canine Unit, raffle, the Honor

Roll, and resident-made crafts.

confined to a wheelchair, her coolly beautiful stepmother and a strict housekeeper. A nurse soon arrives along with a substitute doctor when things suddenly take a turn. A violent murder occurs and the play ends with a chilling surprising climax.

The NEIU production is directed by Michael Buino, set design by Robert G. Smith and costumes by Tina Haglund.

Admission is \$10. Senior citizens and students. \$8. For more information and ticket reservations, call the Stage Center Box Office at (773) 442-4274.

Norwood Park Home looks forward to 107th picnic

"This event is for our residents The community is invited to atand their families to enjoy with tend the 107th Annual Picnic at the local community," said Trish Norwood Park Home on Sunday, Aug. 18 and be a part of this long-Hinkes, executive director of Norwood Park Foundation. "We standing tradition. The event will encourage family members from be held on the grassy knoll alongthe Norwood Park community to side the Home at 6016 N. Nina join us in this celebration. Bring Ave., in Chicago, from noon to 4 your own lunch or purchase food p.m. This event was started in and beverages on the grounds. It 1896 to celebrate the purchase of will be a fun-filled relaxing afterthe Norwood Park Hotel that became Norwood Park Home. This year's event will feature

Entertainment will include Bill Bender and The Musical Notes, Amazing Acappella by Rick Gill, Georgia Delis and Ed Lim singing patriotic, popular and gospel

The raffle will feature many prizes, including hotel getaways, fine dining certificates, spa services, home decorative items, and more.

For more information about the Annual Picnic or Norwood Park Home, call (773) 631-4856.

Advocate LGH offers infant/child CPR

Advocate Lutheran General Hospital and the American Red Cross offer an Infant/Child CPR Course. This five-hour course teaches participants how to recognize and care for breathing and cardiac emergencies in infants and children. It also includes information on how to prevent injuries to infants and children at home and in play areas.

The next course will be held from 8:00 a.m. to 1:00 p.m, Saturday, August 10th at Advocate Lutheran General Hospital, 1775 Dempster, Park Ridge. Upcoming class date is Saturday. August

The fee for the course is \$47.



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Knights of Columbus news

Grand Knight Joe Tatkowski of the North American Martyrs Council 4338. Niles, thanks the many people who attended the Marian House of Prayer held Wednesday, June 26 at St. John Brebeuf Church. The honor guard procession of the Our Lady of Guadalupe Icon began the services with a Mass, adoration and rosary service.

The services, led by Fr. Adam Galek. 4th degree brother Knight, and arranged by local council 4338, along with the Marian prayer group, honored Mother Mary and the support we have for priests and bishops.

A very special icon, a 6 foot

gather in exact copy of the Our Lady of Guadalupe' portrait in Mexico Chicago was placed on the altar at St.

John's The Knights invite everyone to attend their annual streak fry Saturday, Aug. 17 in Flanagan Hall. A full steak dinner with all the trimmings will be served as well as drinks for only \$15 per person. Social hour begins at 6 p.m. with dinner shortly after. For more information or to make a reservation, contact Bob Galassi at (847) 965-0920.

Grand Knight Joe Tatkowski invites all brothers to join him at the next regular business meeting Wednesday, Aug. 14 in Flanagan Hall starting at 7:30

Formartyrs Club president Joe Tatkowski reminds all brother sir knights to attend the next regular meeting Wednesday, Aug. 18 in Flanagan Hall starting at 7:30. The nominating committee is scheduled to present their slate of officers for the next year. The election is scheduled for Nov. 27. Anyone interested in taking an officer's position should contact trustee Rich

Zaprzalka at (847) 966-5953. Congratulations to Andy and Maggie Beierwaltes as they were selected as the family of the month in June by the supreme office of the Knights of Columbus. The Beierwaltes fantily is being recognized as one of the outstanding families of St. John Brebeuf and Niles.

Andy is currently serving his second term as president of the St. John Brebeuf Holy Name Society and has been a member of

the Knights for many years. Andy and Maggie have been instrumental in the success of the St. John Brebeuf Sharing Christ's Gifts' program, assuring funding for the improvements to Aging. the parish facilities.

first-come, first-served basis. The show premiered in Tel Aviv. Israel in 1997 and has been performed all over Israel and the world to critical acclaim, including Germany. France. Corsica. Russia. Hungary, Singapore. Spain, Czech Republic, and the U.S. There are five men featured in the performance, three dancers/musicians, a drummer and a bass player. The name is from Hebrew, with sheket meaning silence and tak, a hit sound.

The public may call (847) 673-7774 for further information about Library services and events. Skokie Public Library, Id cated at 5215 Oakton Street is open to the public Monday through Friday from 9 a.m. 10 9 p.m., Saturday from 9 a..m. 10 6 p.m., and Sunday from noon to 6 cs 24 hours a day at: www.skokielibrary.org.

Neck pain 'Champions' study initiated Neck pain is a common prob-

lem in adulthood. The lifetime prevalence of neck disorders can Who/What: More than 500 be as high as 67% and can lead to leaders in eldercare and aging large costs to society due to lost will gather in Chicago to attend workdays. Even more discouragthe Pioneer Network's 3rd Naing is the lack of agreement on tional Conference, "Becoming . treatment approach. Champion of Change" in August. The National University of With dozens of concurrent ses-Health Sciences, a not-for-profit sions, this conference is open to teaching and research institution

all interested individuals and orin the suburbs of Chicago, is iniganizations committed to creattiating a study to compare three ing a better world for our elders common methods of care for Invited attendees: chronic neck pain. One form of Senior management, owncare is flexion distraction (a geners and board members from long tle manual procedure used in chi-

ropractic practice); a second form

of care is physical therapy (an ac-

tive upper body exercise pro-

is a combination of the two.

COST to the subject.

gram); and the third form of care

Each participant in this re-

search study will undergo a neck

exam, neck range of motion test-

ing, and six weeks of care in one

of the three groups, ALL AT NO

There is no obligation to par-

ticipate, and subjects can with-

draw at any time during the study.

Each subject who is eligible and

completes the study will receive

an honoraium for his or her par-

If you are interested in more

information or to determine if

you are eligible for this study,

call the Clinical Studies Office

at (630) 889-6849. This study is

funded by the U.S. Department of

Health and Human Services un-

der the Health Resources and Ser-

be the location of the Second An-

nual Great Steps for NF walk-a-

thon, beginning at 9 a.m. September 21. The goal is to height

en the awareness of a disorder

that is relatively unknown yet that

affects more people than Muscu-

lar Dystrophy, Tay-Sachs and

Huntington's disease combined!

About one in every 3,500 people

Neurofibromatosis Great

Steps Walk-a-Thon

and groups. Regulartory and survey leadership from state and federal agencies.

term care provider organizations

· Professional and provider association leadership staff on the state and national level.

 Legislative and policy leaders on the state and national lev-Advocates, educators, pro

fessionals and researchers interested in advancing their skills and commitment in the Pioneer Network agenda for culture change. Why: This conference is a call for new leadership at all levels of

elder care, for "Champions of Change" who will help their organizations, and themselves. grow into a new century of aging and elder living.

When: August 14 to 17 (for complete schedule, call Nicolle Heller (773) 907-3097.

Where: Hyatt Regency Hotel. 1909 Spring Road, Oak Brook, Il

"Becoming a Champion for Change," is co-sponsored by the Rothschild Foundation of Chicago, the Retirement Research Foundation, the Commonwealth Fund and the Mather Institute on

Skokie Public Library offers dance workshop

Sheketak, the critically acclaimed Israeli dance troupe celebrated for their innovative dance number and wild music, will conduct a dance workshop at Skokie Public Library. Sponsored by the Library in conjunction with the Consulate General of Israel, the one-time session is scheduled for Tuesday, August 13 at 5:30

Slicketak is a combination of dance, percussion, live music and sound created by the performers on stage. The different styles of dance featured include body percussion, tap, hip-hop and free mee of the five performers in the show will lead the workshop, which will teach kids to use their bodies as instruments. All children must be registered in advance by calling Skokie Public Library's Youth Services p.m. Access many of our resourcdesk at (847) 324-3149 to sign up or in person. A limited number of slots are available on a

is affected. Neurofibromatosis is a genetic disorder of the nervous system that causes tumors to form on the nerves anywhere in the body at any time. NF is a progressive disorder that affects all races and both sexes' equally. There is no known cure or effective treat-

> Illinois NF Inc. is an organization-dedicated to the support and education of people affected by NF. to the education of health care providers and to the investment in appropriate research. Formed in 1982. Illinois NF Inc. has been a strong supporter of NF related research by donating more than \$500,000 to finding a cure and treatment.

Registration for the walk is under way. SIGN UP early to receive a T-shirt and start collecting donations. Prizes will be awarded for the individuals and teams who

The Naperville Riverwalk will raise the most money. ALL entrants will have a chance to wir

> The Walk is a little less than three miles and will begin at the NAPERVILLE RIVERWALK GRAND PAVILION. Registration will begin at 9 a.m. with the walk to kick-off at 10 a.m. There will be a celebration following

To register or for information. call: Illinois NF Inc. at (630) 932-8111 or check out the registration form on the Web at: www.nfinc.org.

LGH parenting adoption class

Advocate Lutheran General Hospital in Park Ridge is offering a unique parenting class for people who are planning to adopt an infant. The three-hour class covers parenting issues, such as daily care, feeding options and healthcare for newborns and toddlers. I also offers advice on problems that are unique to adopted fami-

"Adopting New Parenting Tools" will be offered from 7 to 10 p.m., Thursday, August 22nd at Lutheran General Hospiial, 1775 Dempster, Park Ridge.

Protect your property before you go on vacation

Summer vacation, a time when or sharp leaves, such as hollies or

your property, but there are addi-

tional ways to ensure peace of

Go one step further in protect-

· Lock it up. "Mail piling up

ing your property with these sug-

is a sure sign that no one is home.

so secure your mail with a locka-

ble mailbox." said Tom Daly

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shipped valuables will be protect

ed and waiting for you when you

bolt locks to all outside doors

with a minimum of a 1-1/2-inch

boli. Make sure exicrior doors are

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as hollow doors are easier

· Watch the Windows. Sc

cure sliding glass doors with

wooden dowel or auxiliary locks

Use key locks or grates on any

vulnerable windows around the

• Clipping out crime.
"Landscaping can be the perfect

hiding place for burglars." says

Daly. "Be sure to prune trees and

shrubs and don't let the trees

around your home provide access

to the roof or windows." You can

also protect ground windows

with shrubs or plants with thorns

Durable Doors. Add dead-

mind while you are on a holiday.

one out of every 10 homes is burglarized each year. It is easy to do Blinded by the light. the tried and true security meas-Create the illusion that someone ures of having your mail held or is home by using timed lighting asking trusted neighbors to watch inside and outside or photocells that are activated at dusk and turn off at sunrise. You can also install lighting with motion sensors near driveways, porches and garages.

· Friendly reminders. Keep the curtains closed whenever possible to prevent burglars from knowing when you are not at home. And, rememeber to lock all screen, storm and patio doors that lead to the outside.

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Self esteem connection addictive disorders

Open almost any contemporary magazine and you will unleash a blaring message: "You aren't thin enough, beautiful enough, fit enough, or fashionable enough." Open a daily newspaper and you'll find articles about the latest diet or beauty craze. For example, recently a Minneapolis paper carried a story about "Botox parties," where friends gather at homes for wine, cheese and injections of botulin Women who foster a positive toxin, a drug that temporarily wipes outwrinkles by paralyzing muscles under the skin.

· According to statistics gathered by <u>Mediascope Press</u>, a girl in the United States receives over a quarter of a million commercial messages through the media by the time she is 17 years old. Many of these ads are designed to create dissatisfaction with who we are and fuel our desire to buy the product so we can look like the fashion models. It should come as no surprise then that the No. 1 wish for girls 11 to 17 is to be thiner, and girls as young as five have expressed fears of getting fat. Girls take these notions into adulthood, where they are then given the added message that it's not okay to look older.

When Ntombi Howell, Program Director at Glide Extended Family Recovery Program in San Francisco, recently spoke at a Women Healing Conference on addiction and recovery in Minne-

apolis, she noted: "This society, aided and abetted by the cosmetic industry, tells us we're not okay. It tells us we cannot live up to the ideals they've established." Howell works with "noto-low" income women, as well as much wealthier middle-class women. She said that all her clients--no matter what their income or status might be--struggle with low self-esteem and poor body

self-esteem and body image are less likely to turn to alcohol, drugs, or harmful behavior to escape self-loathing, or to try to lose or control weight. It is especially important for women in recovery from alcoholism and other drug addiction to learn how to accept and love themselves. According to Howell, if women in recovery aren't taught to love and accept their bodies, they are at greater risk for relapse.

"As newly clean and sober women clear up their minds, memories of all the times they were harmed, hurt. bruised, or abused often come to mind," said Howell. "They look at these same bodies of theirs and find they can't love them. Not loving our bodies can mean the difference between using and staying clean; the difference between relapse and making it.'

Howell teaches people to love and accept themselves by giving them tools to change their

MEDICAL/PROFESSIONAL

perspectives and negative selflook at you through the eyes of talk. For example, she urges peo-

ple to imagine that a person you love has one of your selfperceived flaws. Picture your thick waist on your parent or child. Imagine that it is your partner, and not you, who has your unruly hair or deep-set wrinkles. Then ask yourself how you feel about that person when you think about them in this way. It is most likely that your love for them has

not changed; you accept themfor

who they are inside, and what

they mean to you, despite any

The goal, said Howell, is to

practice seeing ourselves through eyes of love rather

than "spring's latest shade. We

get so dazzled by somebody

else's idea of how we whould be

that we can't see our own beau-

Howell suggests practicing self-worth, self-definiton and

self-love by sitting in front of a

mirror, looking deeply into our

own eyes and saying, "I love

you" to ourselves. She also sug-

gests imagining that we are wash-

ing away our own negative judg-

ments about our bodies as we

shower, or playing favorite dance

music and moving freely to it, or

just playing a love song to our-

just change the way you look at it," said Howell. "That's what

If you want to love your body,

physical imperfections.

Alive & Free is a health column that offers readers the information and direction needed to h elp prevent substance abuse problems and adress such problems. It is provided by Hazelden, a non-profit agency based in

Center City, Minnesota, that of. fers a wide range of information and treatment services on addiction. For more resources, call Hazelden at 1-800-257-7800 or check its Web site at www.hazelden.org. Direct inquiries to mduda@hazelden.org.

Keeping Summer Fun Safe for Children

Following basic safety precautions and leading by example are simple, but effective, steps that parents can take to reduce the number of bike-riding, swimming and other common injuries that occur among children in the summer, according to a family practice physician at Advocate Christ Medical Center in Oak

"If parents take appropriate cautions, their children will be more likely to play by the same safety rules," said Dr. James Va-

Approximately 140,000 children in the United States are treated for head injuries each year, according to the Centers for Disease Control and Prevention. Nine hundred persons die in bicyclerelated crashes annually in this country, statistics show.

Wear a helmet while riding a bike; that is one of the most important safety tips that I can give," Valek said. In fact, if every rider wore a helmet, 500 bicyclerelated deaths and 151,000 nonfatal head injuries would be prevented annually in the United States, reports Centers for disease Control and Prevention.

Valek suggests that bike rid-

• Make sure their bicycles are quipped with reflectors

 Avoid riding at night Ride with the flow of traffic Adults should be present to supervise young children who are riding bikes. Valck advised.

Drowning is the second highest cause of accidental deaths among children in the United States who are under age 14. Most of these deaths occur in swimming pools. Valek advises parents to make sure that children learn how to swim, never swim alone or at night, and walk - not run - in slippery pool areas. Most mportantly, an adult should always be present to supervise chil-

dren swimming, he said. No matter what the outdoor activity, children playing in the sun need sunscreen protection for their skin. "Most skin cancer in adults is related to sun exposure as a child," Valek said.

He recommends limiting the amount of time in the sun, even if a child is wearing appropriate sunscreen.

"If sunburn does occur, the

best therapy is to give the child a mild medication that relieves the pain and inflammation and to rub aloe on the burnt skin to soothe it." Valek said. 1-877-710-8949.

Oak Lawn, Christ Medical Center is a 662-bed institution that is part of the Advocate Health Care system. The medical center is the Chicago area's largest and most comprehensive provider of heart care and is nationally recognized for its use of innovative technologies and advanced procedures in treatment of heart disease Cancer care, pediatries, care of high-risk mothers and infants. women's health services and general surgery are other specialties for which Christ Medical Center

Located at 4440 W. 95th St. in

Foreign teens need your help

Only you can help make their dreams come true. Americans aren't as willing to open their hearts and homes to foreign teens this year. Pacific Intercultural Exchange staff is wondering why this is happening. Is it because of September 11 and the horror we all went through? It is more important than ever to teach foreign teens about our country and the true meaning of Americanism.

Pacific Intercultural Exchange (P.I.E.) is still in need of 10 families to host boys from Thailand Brazil, South Korea, Vietnam. Venezuela, and Mexico. There is no such thing as a typical host family! Whether you are a single parent, retired, have small children, teens, or no children, you can have a great experience hosting an international teen.

The natural parents of these students are waiting for the call to hear your family has chosen their son to be part of your family. You can start today building a relationship that can last a lifetime.

Students are between the ages of 15 and 18, speak English, have their own spending money and health insurance. Host families provide a loving home, meals. and a place to sleep. Host families are not paid but may claim a \$50 per month charitable contribution on their income tax.

It's only through the kindness and generosity of families like yours that these young people will be able to fulfill their DREAM of being part of America for one year. Please open your heart and home to one of these

You may call Regional Coordinator, Greg Kingsley toll free at mentally, so that they will be

Awareness for children in need



For the second year, the Chicagoland Merlin Muffler & Brake shops are dedicating every Wednesday in September as Merlin's "Care Days". On those days. Merline shops will be donating 5% of all sales to Children's Home & Aid Society of Illinois (CHASI), an organization that annually serves more than 27,000 needy children and their families in 40 counties throughout the state. An additional 34,000 individuals are served each year through community outreach, volunteer and education pro-

All proceeds will help abused and neglected children, served by CHASI throughout Illinois. Funds will support programs such as foster care and family preservation. The 47 Merline Muffler & Brake shops, located throughout the Chicagoland area. will donate proceeds from sales made on every Wednesday in September.

Unfortunately, there are more children needing care than there are foster familes to care for

Joanie and Herb White know the needs all too well and have fostered more than 100 children through, CHASI. Residents of Winnerka, they have opened their home to many strangers in the last 25 years.

Most of the infants the White's have cared for were born to drug addicted mothers. The White's work hard to get them healthy and have developed special relationships with area pediatricians and therapists. The children in her care have provided fertile training ground for physicians and therapists in the treatment of drug

exposed infants. "This is my mission . . . my ministry," says Joanie. "Our goal is to see them gain a better sense of themselves physically and

more comfortable and feel loved and part of a family. It is amazing the differences we've seen with some children who have been so disturbed and so physically impaired. The before and after dif-

"Being foster parents provides people with a real opportunity to help children," says Herb. "I think that once someone experiences what foster care is about. they realize that in every instance there is progress and there is improvement, and that's very re-For further information on

keep cool.

• Drink plenty of fluids even

and alcohol. They can make you

feel better briefly, but they make

the heat's effects on your body

worse. This is equally true with

more often. Avoid foods high in

protein, which increase metabol-

less directed to do so by a physi-

cian. Salt dehydrates the body in-

creasing the likelihood of

To obtain a free heat safety

brochure, contact the American

calling (312) 729-6212. For more

information on heat and other

safety-related topics, log onto

The American Red Cross oper-

ates around the clock, every day

of the year providing community

disaster preparedness and relief,

safety and health education, inter-

to military personnel and their

families. The American Red

Cross of Greater Chicago serves

seven counties in northeastern Il-

national services and assistance

chicagoredcross.org.

Red Cross of Greater Chicago by

• Avoid using salt tablets un-

· Eat small meals and eat

beer, which dehydrates the body.

· Avoid drinks with caffeine

if you don't feel thirsty.

Merlin's "Care Days" or to find ferences are pretty amazing." the nearest location to you, please call 800 MER-LINS, or find them on their website at www.mer-

The Red Cross is Prepared for a Heat Emergency, Are You?

Red Cross Offers Tips for Dealing with Oppressive Heat and Humidity. The weather extremes known as "Chicago weather" has hit at full force with high temperatures and humidity dominating the predicted forecast. To keep the Chicagoland area safe, the American Red Cross of Greater Chicago urges area residents to take precautions during this bout of heat and throughout the summer.

To avoid weather-related emergencies such as heat cramps, heat exhaustion and heat stroke. the Red Cross advises you to:

• Slow down. Avoid strenuous activity. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning from 4 to 7 a.m.

· Stay indoors as much as possible. If air conditioning is not available, stay on the lowest floor out of the sunshine or take advantage of public places with air coning such as libraries, movie theatres and malls. Remember that electric fans do not cool, they simply circulate air.

 Wear lightweight, lightcolored clothing. Light colors will reflect some of the sun's energy away from the body.

• Drink plenty of water often. Your body needs water to

Bethany Terrace Nursing Centre, 8435 N. Waukegan Rd., Morton Grove, will be holding its

Nursing Centre

next evening Alzheimer's Support Group on Monday, Aug. 19 from 7 to 8 p.m. in their Forest View Center. This is an extension of Bethany's A.D.A.P.T. Program. Alzheimer and Dementia Asistance Program of the Terrace, an outreach of support and referrals to care givers in the community. Activities are available for loved ones at the facility while family members attend the support group. If you would like to attend, please contact the Alzhei-mer's Program Director or Social

Bethany Terrace HAVE

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THE BUGLE NEWSPAPERS: **PROVIDING COMMUNITY NEWS SINCE 1957** On display will be the NCJW

Centennial Quilt which was con-

ceived and implemented by the

Evanston-Niles Township sec-

tion. Ruth Ritter. Eileen Lebo-

vitz. Helene Gordon, of North-

brook. Elaine Dianiond. Skokie.

Esther and Sidney Peven of Lin-

colnwood were some of the

members that were involved in

the making of the quilt. It has

been displayed at NCJW see-

tions all over the country as well

lary Clinton was photographed

with it. This photo has been

shown in publications through-

The quilt squares portray the

broad spectrum of community

services and advocacy activity of the National Council of Jew-

ish Women. It is 7 feet high. 23

feet wide and consists of 85

squares, each designed and craft-

NCJW founder. Hannah Solo-

The program to be held at

Temple Judea Mizpah, 8610

Niles Center Rd. Skokie, is open

St. Matthew's to

register students

St. Matthew Ev. Lutheran

School, located at 9204 N. Mil-

waukee Ave. in Niles (just south

of Golf Mill Shopping Center).

will register students for the

hours are from 10 a.m. to 2 p.m.

JesusBetter@StMatthews.ws

and 4 p.m. to 8 p.m.

to the public, free of charge.

ed by a different Section.

out the country.

as Washington. DC, where Hil-

NWJC group celebrates 50 years of service



Jeanette Meyers as Hannah Solomon in front of the NCJW Centennial Quilt.

50 years ago a small group of women. who belonged the Chicago Section of National Council of Jewish Women, formed Evanston-Niles Section, as they were moving into the North Suburban areas. The NCJW (National Council of Jewish Women) is an national. volunteer organization, inspired by Jewish values. that works through a program of research, education, advocacy and community service to improve the quality of life for women, children and families and strives to ensure individual rights and freedoms for all. NCJW was founded in Chicago by Hannah Solomon in 1893.

On Monday, Aug. 12, 12 p.m. Evanston-Niles Section of NCJW will celebrate its 50 years of service by having a special program and presenting a substantial gift to Keshet. "A rainbow of hope for children with special needs." This gift is seed money to establish a permanent residential living space for adults with special needs.

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Sheketak, the critically acclaimed Israeli dance troupe celebrated for their innovative dance number and wild masic, will conduet a dance workshop at Skokie Public Library. Sponsored by the Library in conjunction with the

Consulate General of Israel, the

one-time session is scheduled for

Tuesday, Aug. 13 at 5:30 p.m. Sheketak is a combination of dance, percussion, live music and sound created by the performers on stage. The different styles of dance featured include body pereussion, tap, hip-hop and free style. Three of the five performers in the show will lead the workshop, which will teach kids to use their bodies as instruments. All children must be registered in advance by calling Skokie Public Library's Youth Services desk at (847) 324-3149 to sign-up. or in person. A limited number of slots are available on a first-come, first

served basis beginning August 1.
The show premiered in Tel Aviv. Israel in 1997 and has been performed all over Israel and the world to critical acclaim, includng Germany, France. Corsica, Russia. Hungary. Singapore. Spain. Czech Republic, and the U.S. There are five men featured in the performance, three dancers/musicians, a drummer and a bass player. The name is taken from Hebrew, with sheket meaning silence and tak, a hit sound.

Created by Zahi Patish and Danny Rachom, the show was staged and developed by all performers on stage with accent on virtuosity and humor. The Creators of Sheketak recently won "The Young Artist Award" given every year to two choreographers in Israel by the Minister of Educa-

The entertainment for the af-Hospice seeks ternoon will include skits written and performed by members caring volunteers of NCJW. It will be narrated by Jeannette Meyers, in the role of

Evansion Northwestern Healthcare (ENH) Hospice's Award Winning Volunteer Program is offering a number of exciting opportunities for caring people who enjoy any or all of the following: providing companionship and emotional support to people dealing with a lifethreatening illness, providing transportation, running errands and much more.

Hospice volunteers will meet others with similar interests, will work with a multi-disciplinary team, will gain valuable experience working with people in their last stage of life, and most imporcoming school year on Aug. 13. tantly, will feel good about them-

St. Matthew's School provides a selves while helping others. thoroughly Christian education A seven-week training cou for children in kindergarten will be offered on Thursday through grade 8. It also provides mornings. 9 a.m. to 12 p.m. bea pre-school program for 3 and gining October 10 at our Skokie 4-year-old children. Registration office. If you, or anyone you know, are looking for an incredibly rewarding experience doing For additional information the things you enjoy and can lend contact the school by phone us a couple of hours per week. (847) 297-5898 or e-mail Know please call Nadine Francione at ENH Hospice, (847) 965-6020.

The state of the s

Israeli dance workshop offered

SHEKETAK, go to http://www .shcketak.com The public may call (847) 673.

7774 for further information about Library services and events. Skokie Public Library, located at 5215 Oakton Street, is open to the public Monday through Friday from 9 a.m. to 9 p.m., Saturday from 9 a.m to 6 p.m., and Sunday from noon to 6 p.m. Access many of our resourcees 24 hours a day at www. skokie-

Marriott Theatre in Lincolnshire Presents 1776

Today...It Means More Than Ever. Terry James, Executive Producer, and Rick Boynton, Arlistic Director, of the awardwinning Marriott Theatre in Lincolnshire, are proud to present 1776. With a Book by Peter Stone, and Music and Lyries by Sherman Edwards, 1776 preview performances began June 26. press opening was July 3 running through August 25, 2002.

Unfurl the banners and beat the drums in celebration of the signing of the Declaration of Independence in the stirring and rebelrousing musical - 1776. It's July in Philadelphia with Ben Franklin, Thomas Jefferson and John Adams drafting a declaration that would forever change the world and the concept of freedom. The struggles and conflicts that were resolved in order to form this nation will make you swell with pride at being an American. Don't miss this inspiring, humorous, and poignant musical celebration

Performance Schedule

Wednesdays* at 2 p.m. and 8 p.m.**: Thursdays at 8 p.m.** Fridays at 8 p.m.: Saturdays at 5 p.m. & 8:30 p.m.: and Sundays* at 2:30 p.m. and 7 p.m.

Ticket Prices

Ticket prices range from \$35 to \$40 (excluding taxes and han-

*On Wednesday and Sunday matinees and Sunday evening performances, students and senior citizens receive \$5 off the full ticket price

**Receive a complimentary dinner with the purchase of a full price theatre ticket for Wednesday and Thursday evening performances. The Wednesday and Thursday Night Complimentary Dinner has a limited availability and is not applicable with any other discount or offer.

Reservations with a major credit card can be made by calling the marriott Theatre box office at (847) 634-0200 or on line at www.marriotttheatre.com.

Dinner Theatre Packages available for all performances. Free parking/wheelchair ac-

cessible.

THE BUGLE, THURSDAY AUGUST 8, 2002

Nominations accepted 2002 Friend of Children award

Prevent Child Abuse Illinois is now accepting nominations for its 2002 Friend of Children Award. Given each year at the organization's annual conference, the award recognizes an individual and/or organization that meets the following criteria:

Irish American

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Summer is a fine time to enjoy

the Irish American Heritage Cen-

ter's tradition of great music.

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tage Center is located at 4626 N.

Knox Avenue in Chicago, where

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no cover charge. For more infor-

mation on events at the Center.

call (773) 282-7035 or visit us on

the World Wide Web at

Friday, August 9, Switchback

Saturday, August 10. Whis-

Friday, August 16, Amy Do-

Saturday, August 17. Seamus

Friday, August 23, Salt Hill

Saturday, August 24. Velvet

Sunday, August 25. Genealo-

gy meeting at 1 p.m. in Room

100B; free and open to the public.

Loughrey and John Condron at 9

p.m. in the Fifth Province.

Friday. August 30, Brendan

Mines at 9 p.m. in the Fifth Prov-

Green at 9 p.m. in the fifth Prov-

key Hollow at 9 p.m. in theFifth

lan, singer & piano player, at 9

O'Kane and Friend at 9 p.m. in

p.m. in the Fifth Province.

at 9 p.m. in the Fifth Province.

www.irishamhc.com

August Events

. Made a significant contribution to the prevention of child abuse in Demonstrated a long-term

commitment to children's issues;

Is an Illinois resident or Illinois-

based organization.

The Friend of Children Award Luncheon takes place Tuesday, October 8 at the Radisson Hotel

O'Hare in Rosemont, as part of Prevent Child Abuse Illinois' 8th annucal child abuse conference.

Headquartered in Springfield with 12 offices across the state. Prevent Child Abuse Illinois was founded in 1990 to address the issues of child abuse and neglect prevention throughout Illinois.

The organization accomplishes its mission through public awareness campaigns, community and parent education programs, professional and volunteer training. To learn more, visit www.preventchildabuseillinois

OCC Bypass the Bypass Run

Oakton Community College will host the 21st annual Bypass the Bypass Run on Thursday, August 15 at 7:15 p.m., at the College's Des Plaines Campus, 1600 East Golf Road. Drawing nearly 300 competi-

tors each year, this popular event consists of a certified two and four-mile course around and through the College's wooded campus. Ninety percent of the race is run on pavement, with the remaining 10 percent on grass. The top three male and female

runners, in their respective age

groups, will be awarded medals. The race is a registered Chicago Area Runners Association (CARA) event, All participants will receive their official individual results from DR Komputing. immediately following the race.

The non-refundable fee is \$12 if purchased before August 9 and \$15 thereafter. CARA members receive a \$1 discount.

For more information, contact the Oakton Athletics Department between the hours of 9:30 a.m. -3:30 p.m., Monday through Thursday at (847) 635-1753.

PWAA Offers New 2003 Entertainment Book

Polish Women's Alliance of America (PWAA) is raising funds for its educational programs, which foster Polish heritage, culture, literature and traditions through the sale of the "new" 2003 Entertainment Book. The book offers great "two-forone" coupons and 50% off discounts and savings on many products and services at restaurants. hotels. stores, theme parks travel operators, attractions and

Books for the Illinois area are \$20 and PWAA also has available over 150 out-of-town editions for your family and friends not in the Illinois area; prices for the out-of town editions vary. To order books and check prices, please contact PWAA's National Vice President Sharon Zago at (847) 384-1200, extension 1208.

Notice of road closure

Lee/Mannheim will be closed at Oakwood Avenue through Monday, Aug. 12.

northbound Mannheim traffic will be de toured east on Oakton Street to north on River Road to US Route 12/45 (Elk Blvd.). Please contact the City of Des

Plaines Engineering Department at (847) 391-5390 with any questions or concerns.

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Driver's License Renewal

As a courtesy to our friends and neighbors, Forest Villa will be hosting the Illinois Mobile Driver Services on Thursday, August 22nd

> SERVICES: Vision Screening

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WHEN:

Forest Villa Nursing & Rehabilitation Center -6840 West Touhy Avenue, Niles, Illinois 60714 Tel. (847) 647-6400

Thursday, August 22, 2002 10:00 AM - 2:00 PM

To apply for or renew a driver's license, you must provide acceptable identification to verify your Name, Date of Birth, Illinois Residency, Social Security Number and Signature, License fees vary as per the State of Illinois.







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Students new to the district urged to register

Students may call the director

of student personnel services at

their respective school to arrange

for an appointment. At Maine

East, contact Mr. Vic DiPrizio at

(847) 692-8526; at Maine South,

Ms.Maryanne Kelly. (847) 692-

8214: and at Maine West, Mr.

In order to register, the stu-

dent's original birth certificate.

three proofs of residency, and a

copy of the student's grades or

transcript are required. Entering

freshmen and transfer students

who do not have a physical on

record must also have a physical

exam. Physical forms are availa-

ble in the Student Personnel Ser-

vices offices at the three schools.

Other items may be required de-

pending on individual circum-

stances. The first day of classes

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John Rauch, at (847) 803-5757.

If you hate delays and missing ous music styles, past and out on valuable instruction time. present, by registering for Music register now for classes at Maine Literature and History, a three-Township High School District credit hour course at Oakton 207. Students who have moved Community College. The class into the district over the summer and who have not yet enrolled in Tuesdays and Thursdays, beschool are urged to contact their ginning August 27 at Oakton's school immediately. By starting Des Plaines campus, 1600 East the registration process now, students can avoid delays caused by Music Literature and Histothe large number of students who want until the first day of school to

ry examines the styles, literature and musical concepts in each of the commonly accepted music periods in the history of Western civilization. The course meets a general education requirement in manities at Oakton and is an approved Illinois Articulation Initiative (IAI) course for transfer to participating Illinois colleges and universities.

In-person registration is Mon-

Trace development of music at OCC

Trace the development of vari- day through Thursday from 8:30 a.m. to 8 p.m. at Oakton's Des Plaines Campus and at the Ray Hartstein Campus, 7701 N. Lincoln Ave.. Skokie. The campuses are closed from Friday through meets from 12:30 to 1:45 p.m. on Sunday during the summer. Students, who have applied to

or have attended Oakton within the last three years, may use the Touch-Tone registration system on Mondays through Fridays from 7 a.m. - 10 p.m. and on Saturdays and Sundays from 8 a m. to 5 plm. To register by phone. dial (847) 635-1616 and refer to the computer ID number listed by the course title in the Fall Credit Class Schedule.

For more information about Music Literature and History. call Glenna Sprague, professor of music, at (847) 635-1905.

Avenue. Chicago, and end at

distance of one mile.

Olmsted and Overhill Avenues, a

This year's parade theme is

"Edison Park Salutes the Greatest

Generation." Participants should

make every attempt to feature

veterans of World War II, as well

and worked in the defense plants.

as civilians, who staved behind

Edison Park Fest

Businesses, civic organizations, individuals, elected officials, and political candidates are invited to participate in the parade to launch Edison Park Fest 2002. The event will be held at 11 a.m. on Saturday, August 17, and wind through residential and arterial streets. Units will begin forming at 10 a.m. in front of Ebinger School, 7350 West Pratt

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They were all part of the "greatest generation." Parade units should be decorated to reflect this theme. "The parade, in effect, is the first of many significant events of the two-day Fest," said Mary O'Connor, Chamber president. "It sets the tone for fun and excitement for the entire family. What better way is there to bring your name and organization before thousands of people? We hope many of our businesses will

recognize this opportunity and

participate. Units that registered beforehand will receive a parade assignment number and then form in numerical order around the perimeter of the school prior to the parade's start. Units that do not complete an application and arrive on the morning of the parade will be given their assignment at that time. They will fol-

low assigned units. For more information on the parade or to obtain an entry form. call the Edison Park Chamber of Commerce at (773) 631-0063 or Stan "Tex" Banash, parade chairperson, at (773) 763-5768.

A. G. Beth Israel Sisterhood

A. G. Beth Israel Sisterhood will present Hilda Rapoport in an exciting and informative review of "First Mothers: The Women Who Shaped The Presidents" by Bonnie Angelo, on Tuesday. Aug. 20, at the Synagogue at 3635 W. Devon Avenue. The meeting will begin at 12; program at 1:30 p.m. All are welcome to the program at no charge.

OCC journey to China for travel & study program this fall

Take a "Confucian Odyssey" to China with Oakton Community College's travel/study program. Two trips are scheduled for 2002: September 23 - October 9 and October 14 - 30.

The adventure begins in Beijing. China's second largest city and its capital for 700 years. You'll visit Tian An Men plaza. where the first flag of the People's Republic of China was raised in 1949, and the Palace Museum, also known as the Forbidden City. Representatives from the China Population Information and Research Center will

Tree-Identification Guide Book

"What Tree Is That?," a pocket guide for identifying trees, is available from The National Arbor Day Foundation.

The 72-page guide will help you identify 135 different trees found in the eastern and central

Well-known trees are included: oaks, maples, spruces, and pines. Also species such as horsechestnut and mockernut hickory. sassafras and shadbush, persimmon and pawpaw and pagodatree and pecan.

Dozens of drawings illustrate the trees' leaves or needles and their acorns, berries, seed pods. cones, and other identifying features, "What Tree Is That?" is organized to make it easy to identify trees in a simple step-by-step

"Helping people enjoy and appreciate trees is central to the educational mission of the Arbor Day Foundation," John Rosenow, the Foundation's president, said. "Being able to identify trees is important to knowing how to care for them and how to plant the right tree in the right place."

To obtain your tree ID guide. send your name and address and \$3 to "What Tree Is That?." The National Arbor Day Foundation Nebraska City, NE 68410.

Troop 175 participates in parade

Boy Scout Troop 175 of St. John Brebeuf Church participated in the 2002 Niles Independence Day parade with a special

This year, the scouts chose "One Nation - Under God" as the main theme for their annual participation in the parade through town.

The scouts felt so strongly about the theme, they stopped their march at the park district and village's reviewing stand and recited the Pledge of Allegiance, emphasizing the under God' portion of the pledge. The many officials in attendance joined them on their recitation and applauded their efforts.

give a lecture on China's "One Child Policy." Next. you'll journey to the 2,000 year-old Great Wall of China and follow it along the "Sacred Way" road to the Ming Tombs.

Other stopping points on your tour include Xian, the archaeological excavation of the lifesized Terra Cotta Warriors; Qufu. the birthplace of Confucius: Tai'an, site of the famous Dai Temple, where 2.200 years ago the first emperor of China held sacrificial ceremonies: and Suzhou, known as the Venice of the East, where you will enjoy a

Lyric Opera of Chicago

Little people singing opera -not quite -- they are William B. Fosser's puppets. The Skokie Valley Chapter of Lyric Opera of Chicago invites you to spend Sunday. Aug. 18. enjoying Opera in Focus, 2 p.m., 3000 Central Road in Rolling Meadows proceeded by a champagne brunch. 11:30 a.m., Lamirage Restaurant, 3223 Algonquin Road, Rolling

Operatic puppet performance, backstage tour, preview by Michael Altman of 2002-3 Lyric Opera of Chicago, and lunch only \$30 for members. \$35 for nonmembers.

Grand Canal cruise. Throughout your travels. you'll sample native dishes at specially arranged meals and learn about the everyday lives and customs of the local

classes offered by the Alliance for Lifelong Learning (ALL), the continuing education program partnered by Oakton Community College and district high schools. Classes begin Monday. Aug. 26.

(847) 982-9888. press #3. or visit: www.oakton.edu/cont_ed.

For more information and a complete itincrary of these tours. contact Bea Cornelissen at (847)

Registration open for classes at Oakton

Register now for fall 2002

Each year more than 20.000 people take advantage of the many learning opportunities offered by the Alliance at various locations throughout the district. From "do it yourself" classes to courses for updating professional skills. ALL has a class to benefit every lifelong learner, including more than 50 online classes for those who enjoy learning at

For more information, call



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and Don Stille SUNDAYS - Judy Roberts - Greg Fishman

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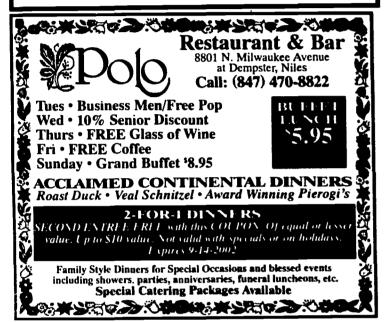
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Avenues Board of Directors hold dinner



President of the Avenues Board of Directors Allan Bartel (left), along with program participant Brian Ray, and board member Kevin Goll don their 'Building a Future' hard hats at the recent Annual Dinner, held at the Westin O'Hare hotel in Rosemont.

Artists needed Program to help people quit Area artists and craft artists

are invited to jury to be among the exhibitors in the 11th Annual smoking Arts & Crafts Adventure, an arts Despite the dramatic decline and crafts show to be presented over the last few decades, smokby American Society of Artists, a ing still remains the number one national membership organizacause of preventable death in the tion, on the grounds of the Park United States, claiming more Ridge Public Library. 20 South than 430.000 lives each year Prospect. Park Ridge. SATUR-(19,000 in Illinois). Unfortunate-DAY. SEPTEMBER 21.from 9 ly, many people become quickly discouraged when they find out a.m. to 5 p.m. Potential exhibitors in this fine quitting is harder than they

times during the show.

juried event are invited to submit thought. four slides or photographs of To provide smokers the supwork representative of that which port they need to quit, the Cook they wish to exhibit, one slide/ County Department of Public photograph of their display setup. Health (CCDPH) is sponsoring a self-addressed, stamped, busi-Freedom From Smoking, a proness-size (No. 10) envelopegram developed by the Ameriresume/show listing helpful. can Lung Association.

Art in Action, a popular feature This free program will begin of this well attended event will Wednesday, Aug. 14 at 6:30 again be included in the show p.m. at Eisenhower Tower in with some of the exhibitors work-Maywood, 1701 1st Ave., Room ing/demonstrating at various

Freedom From Smoking is a Additional information may be seven-week stop-smoking clinic obtained from the American Sothat emphasizes long-term quitciety of Artists, P.O. Box 1326. ting. Trained facilitators from Palatine, IL, 60078 OR by call-CCDPH create a supportive and ing (847) 991-4748. positive environment to help smokers break their addiction and develop an individual plan that will lielp them change their beliavior. The program also teaches how to identify and pre-

> weight control. Quitting provides clinic participants with many benefits, including more energy, saving money, feeling healthier and looking better.

vent pitfalls for relapse, skills

for stress management and

The Cook County Department suburban Cook County.

To register for Freedom From Smoking or for more information about quitting programs, 2147.

Free prescription drugs available

Is your medication too expensive? A 32-page booklet. "Free & Lost Cost Prescription Drugs." published by the Cost Containment Research Institute in Washington. D.C., may be able to help.

The revised fourth edition gives consumers information on how and where to get free and low cost prescription drugs.

"Many major drug companies provide free or low cost medication, but rarely, if ever publicize the programs," said Gary Nave. director of the Institute. The booklet contains an alphabetical list of medications available through patient assistance programs, for free or at very low cost directly from the manufacturer.

Consumers can receive a copy by sending \$5 to cover the cost of printing, postage and handling to: Institute Fulfillment Center. Booklet PD-77, P.O. Box 210. Dallas. PA 18612-0210. Consumers can also get this information from the Institute's Internet web site: www.institutedc.org.

-OCC Morocco Adventure **Program**

Experience the magic of Morocco with Oakton Community College's First Class Adventure Program. Trips are scheduled for September 28 - October 12 and October 12 - 26. During your trip. you'll visit

the world's second largest mosque. Hassan II, built on the edge of the sea in Casablanca. and walk through the souks (markets) of Fez, where local artisans will provide a glimpse into the customs and crafts of this 'spiritual city of Morocco."

Other highlights include a stop at the Djem-el-Fna Square in Marrakesh, where you will witness the magic and mystery of fortune tellers, snake charmers. acrobats and fire eaters. And no trip to Morocco would be complete without experiencing the Sahara Desert on the back of a

For more information, including complete itineraries and priccs, contact Bea Cornelissen at (847) 635-1812.

Outdoor Flea Market/Pancake **Breakfast**

Trinty Lutheran Church, 5106 N. LaCrosse Avenue. Chicago, is sponsoring an Outdoor Flea Market and Pancake Breakfast on of Public Health Tobacco Pre- Saturday. August 10. Pancakes vention and Control Unit pro- will be served from 9 a.m. till 12 vide a variety of tobacco educa- noon for \$4. The Flea Market will tion and cessation programs in be opened from 9 a.m. till 3 p.m. with tables available by advanced registration only. For further information, contact the church office at (773) 545-7301 from 9 contact CCDPH at (708) 492- a.m. to 4 p.m., Monday through Friday.

THE BUGLE, THURSDAY AUGUST 8, 2002

Understanding Parkinson's

On Thursday, August 15, 2002 please join Forest Villa Nursing & Rehabilitation Center for a lecture and discussion on Parkinson's Disease. Over 1 million people suffer from Parkinson's Disease in the United States. Parkinson's Disease (PD) is a slowly progressive disease of the nervous system. Each year there are approximately 500 new patients diagnosed with PD. Ms. Corrado will provide detailed information on the onset, symptoms, treatments and research. An expanded question and answer session will follow Ms. Correado's presenta-

Michele M. Corrado, BA. RNC - Nurse Educator is a certified gerontological nurse who coordinates the Parkinson's disease services and the joint medical residence program with Evanston Northwestern Healthcare at The NORTH SHORE SENIOR CEN-TER. Ms. Corrado provides health education classes and health prevention programs for the older adults. In addition to her nursing and education background. Ms. Corrado has experience in psychology and acts as a liaison for the Center's seniors by providing referral information and linkage with community resources. THE NORTH SHORE SENIOR CENTER is located in Northfield and currently serves approximately 25 area communi-

Two (2) hours of Professional Continuing Education has been applied for from the Illinois Department of Professional Regulation (Social Work) and the Certification of Case Managers (CCM).

Registration and continental breakfast 8:30 a.m.-9 a.m. The seminar is 9 a.m.-10:30 a.m. and is free and open to anyone interested in this important issue.

Forest Villa Nursing & Rehabilitation Center is located at 6840 W. Touhy Avenue, Niles. IL. Accessible from either 1-294 from the west or 1-94 from the east. Forest Villa is 1/4 mile east of Harlem Avenue on the north side of the street. Please feel free to contact our facility at (847) 647-6400 if more detailed direc-

K.B./Mouse

Niles West sets football schedule

The Niles West Wolves football season will begin on Aug. 12. The following is a list of important dates to remember:

Varsity - Equipment Day Issue - Monday. Aug. 12. 8 a.m.: Sophomore - Equipment Day Issue - Monday, Aug. 12 at 9 a.m.; Freshmen - Equipment Day Issuc - Wednesday, Aug. 14 after first practice.

In order to practice, all players must have an athletic physical and an Athletic Permit Card signed by their doctor on file in the athletic office. Dr. Ben Hasan. MD, a volunteer physician for Niles West, will be

Rubin Steinberg Exhibits at Lincolnwood Village

Rubin Steinberg's Sculptural Weavings and Assemblages will be featured through August 23 along with a variety of drawings, prints and mono prints in the Gallary in Lincolnwood Village Hall. 6900 Lincoln Ave.

Mr. Steinberg's art straddles the line between painting and sculpture. The texture. complexity and richness of surface in his works evoke magical contours of unexplored planets. Painted metal bits from old machines collide with toys and glue embossings to create liandsome. repretitive rhythms that constantly rearticulate the surfaces of his pieces.

He has received awards for his works exhibited in the Chicago Society of Artists Retrospective: the Museum of Science and Industry: Illinois State Museum, Springfield; Southern Ohio Muscum. Protsmouth: American Jewish Art Club, the Art Institutue of Chicago; Block Museum at Northwestern University. Hyde Park Art Center and the Gold Coast Art Fair.

Mr. Steinberg has degrees from the Art Institute of Chicago, Chicago Teachers College and Roosevelt University.

Lincolnwood artists interested in showing their work should contact Shirley Engelstein. Fine Arts Coordinator. (847) 674-



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K.B./Mouse

offering free physical exams to Niles West students on a limited basis. For further information. please contact the Athletic Director's Office at (847) 626-

Point Rd.

Football practices starting place as follows:

Varsity - 8-10 a.m., 10:30-.12:15 p.m., 1:15-2:15 p.m. Strength training to be announced. Wednesday night practice under the lights.

Sophomore - 8-10 a.m.

to be announced.

If you have any questions. please call Mark Egofske, Niles West Head Football Coach at (847) 626-2820. For questions regarding the freshman team call Garry Gustafson, (847) 626-2807. If you have any questions about the sophomore team. call Tony Konsewicz at (847) 626-

A mandatory Freshmen Parent/Player niceting will be held on Monday, Aug. 12 at 6 p.m. The meeting will be held at Mike Basrak Football Stadium on the home bleachers. If it rains the meeting will be held at the District Office at 7700 Gross

Aug. 14 through 23 will take

10:30-12:15 p.m., 1:15-2:15 p.m. Strength training to be announced.

Freshmen - 8:30-10:30 a.m.. 11 a.m.-1 p.m. Strength training





And Others



Good

Law enforcement officials

know that many of the customers

in Chicago's South and West Side

drug markets are suburbanites,

who drive into town, make their

buys, and drive off, leaving the

blight behind for someone else to

deal with. In an effort to put a

roadblock in their paths. Cook

County State's Attorney Richard

A. Devine. Illinois Secretary of

State Jesse White, and Chicago

Police Supt. Terry Hillard plan to

arrest them, prosecute them and

suspend the driver's licenses of

the commission of a narcotics of-

those convicted of using a car in

Partners with

"IHOP is a family-oriented or-

how important it is to give our na-

in giving back to the communities

Kids." said Greg Machoka, re-

gional director of operations for

Property Tax Appeal

Property taxes are based in part on the assessed value of a parcel of real estate. The Cook County Assessor sets that assessed value. Property owners have the opportunity to challenge the assessed value by filing an assessed valuation appeal. Challenges may be made on the basis of incorrect characteristics or lack of uniformity in value when compared to similar parcels.

The period for filing Niles Töwnship assessed valuation apup an appointment.

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peals will remain open through August 23, 2002. The appeal form may be obtained from the Niles Township Assessor Scott Bagnall's office, 5255 Main St., Skokie. Our office will assist you in preparing the appeal. There is no cost for this assistance or to file the appeal. Please call to set

Property owners may telephone the Niles Township Assessor, Scott Bagnall at (847) 673-

> "These offenders don't belong in these neighborhoods. We are going to do our best to purge these neighborhoods of the customers that sustain drug traffick-

ng," Devine said. The multi-agency effort is being called Operation Purge, to rid the neighborhoods of this parade of drug customers.

Many of the patrons of Chicago's drug markets come from places like Naperville, Barrington and Orland Park. They are not CTA riders. They come via the Dan Ryan. Stevenson, Kennedy and Eisenhower expresswavs in their own cars, or their parents cars. They often ingest the drugs before they get back on the road to return home. They are a serious danger to themselves, their passengers and other innocent driv-

to storage and towing fees and a substantial fine. If they are arrested in the city. Chicago Police will seize their cars. Officials also propose the suspension of a driver's license upon conviction of a drug oftense while using a car-If a person spurns an offer of

Officials target drug customers

To address this, officials pro-

pose seizing cars used in narcot-

ics offenses, subjecting the owner

Drug School as an alternative to prosecution, he or she will be prosecuted and their names turned over to the Secretary of State upon conviction "This is a multi-agency re-

sponse to a problem that has plagued these neighborhoods." White said. "We want to get the word out that those customers face the loss

of their license if they are caught with drugs in their cars." As part of Operation Purge, the State's Attorney office has sent out letters to the regional superintendents of Cook and the five collar counties as well as high school

initiative. "Be careful about driving into Chicago to get your drugs." warned Chicago Police Supt. Terry Hillard.

superintendents in nearly 60 dis-

tricts advising them of this new

We can and will arrest you. Drug customers who have bought their dope in these neighborhoods should be asking themselves this question: Is it worth it to lose my car? Or my parents'

Maine Twp Helps Residents Keep Cool in Heat Wave

As the temperatures soar into the 90's with a heat index of over 100 degrees, Maine Township is opening its Town Hall building as a cooling center. Town Hall is located at 1700 Ballard, Park

"We will open the Town Hall as a cooling center any evening this summer when the heat index as reported in the news media is greater than 105 degrees at 5 p.m., reports Bob Dudyez, Township Supervisor. However, if there is no one utilizing our facility at 11 p.m., we will close. Residents are urged to call (847) 297-2510 prior to 5 p.m. to verify that Town Hall would be open before heading over there. After 5 p.m., a recorded message will advise callers if the cooling

center is open. Residents may also call the Maine Township Emergency Management Agency (EMA) for information on other township cooling centers. The EMA phone is (847) 297-5911.

In Home Rx - Albuterol **Products Available**

The In Home Rx Program makes available breathing medications and Nebulizers to patients who may have Asthma, Emphysema, or COPD at not cost to the

recipient, if they qualify. The Albuterol Products are bled with severe breathing conditions, and who meet the addition-

If you are an Oxygen user at with breathing, please call 1-800-789-0043 to see if you qualify, or Thank you for your support.

visit our web site at www.inhomerx.com for more information on the details of the week of August 26.

A Catholic university sponsored by the De La Salle Christopher Street Christopher Ch formation on the details of this

In Addition - The In Home Rx program's main purpose and goal is to develop public awareness provided to those who are trouhose who are troubled with severe breathing conditions al guidelines of the program. No to remain independent in their depsoit is required and you never own homes. Without this awarehave to wait in line at the Pharmaness and assistance, the family may prematurely choose a nursing home, or make an unneceshome or have severe problems sary retail purchase of breathing medication and Nebulizers.

car? Or my freedom? Or my license? I think the answer should be clear.

At a press conference held to announce the proposal, officials distributed a surveillance tape that showed drive-through drug customers on the city's West

"We believe drug offenders who can be helped by drug treatment should be diverted out of the court system and given the treatment they need," Devine said. "But driving a car while engaging in drug activity, or worse, under the influence of drugs, is a serious offense that needs to be treated as

Des Plaines hosts open stage concert series

The Des Plaines Special Events Commission, for the second year, will sponsor the Open Stage Concert Series, from 5:30 -9.30 p.m. every Friday night through August 16, 2002, in LIBRARY PLAZA, 1501 Ellinwood St., downtown Des Plaines.

According to Special Events Commission Chairman, Toni Stettner, who coordinates the FREE concert series, bands interested in performing may still schedule by calling the Des Plaines Mayor's Office at (847) 391-5301, or may send an email to: dpspecialevents@aol.com.

Bands interested in performing should have their own sound systems. Two stages are provided. Concerts are OPEN TO THE PUBLIC and the Des Plaines Special Events Commission invites and encourages everyone to attend

"We're pleased to be sponsoring the Open State Concert Series again this year. The series will include high school bands, solo acts, a karaoke night, a post college band night, an international music evening, a mix master/DJ night and an evening of blues. jazz and easy listening," Stettner

Fall Registration Continues at Lewis University

Registration for fall 2002 courses continues at Lewis Uni-

tian Brothers, Lewis offers courses on its main campud on Route 53 in Romeoville and several offcampus locations, including the Lewis Graduate Education Center in Oak Book, the Lewis Education Centers in Hickory Hills and Schaumburg, and sites throughout the Chicagoland area.

In fall, a number of courses will be offered entirely online. Lewis also offers a complete master's degree program and certificate option in nursing case management online. For information, call (815) 836-5518.

The same of the sa

CCDPH Offers Hot Weather Tips

We wait a long time to enjoy a few months of warmer temperatures. As the thermometer inches up, it's important to remember the safety issues that accompany the

Illnesses such as heat exhaustion and heat stroke occur when air temperature and humidity are high. Certain people are more at risk for becoming sick due to the heat, particularly the elderly and the young.

Heat exhaustion can result when too much time is spent in a very warm environment, resulting in excessive sweating without adequate fluid and electrolyte replacement (salt and minerals). This can occur whether indoors or outdoors, with or without physical activity. Symptoms may include dizziness. headache, nausea, abdominal cramps, shallow breathing, cold and clammy skin. muscle tremors and heavy perspiration. Persons with heat exhaustion should be moved indoors to an air-conditioned room, or if outside, to a shaded area.

Heat stroke can result from overexposure to direct sunlight. or to very high temperatures. Symptoms include an extremely high body temperature (above 103F), red. hot and dry skin, rapid pulse, throbbing headache, dizziness, nausea and confusion. If heat stroke is present, find a cool place - preferably an airconditioned setting - loosen the clothing, put the person in a semisitting position, and bathe the head and body with cold water. Death or permanent disability can result if medical attention is not sought promptly.

CCDPH recommends following these guidelines:

• Drink 1 to 1-1/2 quarts of fluid daily to prevent dehydration. Water, fruit juices and juice drinks are the best choices. Avoid alcohol and caffeine because they dehydrate the body.

 Avoid salt tablets and highly salted foods.

• Plan activities for the coolest part of the day - before noon or in the evening.

· Wear light colored, lightweight clothing. If you must go out of doors during the hottest part of the day, wear a hat.

• Use a sun screen with a sun protection factor (SPF) greater than 15 to protect yourself from sunbum.

· While outdoors, rest frequently in a shady area. · Check frequently on ill fami-

ly members, the elderly and neighbors. • Never leave children, the eld-

erly or pets in a parked car, not even for a few minutes. Brain damage or death can occur from the rapid rise of temperature inside the vehicle. If there id no airconditioning at

home, residents should find relief in public facilities

For more information regarding heat-related illness. call CCDPH at (708) 492-2000. TDD for hearing/speech impaired: (708) 492-2202.

Dreams for Kids working with the Rehabilitation

in which we do business and we www.dreamsforkids.org.
The IHOP national family resare proud to support worthy organizations such as Dreams for

IHOP Corp. "We are thrilled to also give our guests an opprotunity to participate and assist Dreams for Kids." Founded in 1989, Dreams for Kids is a registered non-profit organization that provides assistance to improve the quality of life for children with disabilities and those who have suffered hardship. Dreams for Kids offers education, recreation, financial assistance and hope to children through various programs. In the past two years, the organization has expanded to include programs dedicated to enhancing the quality of life for children with disabilities, including those who suffer from spinal cord injuries. cerebral palsy and spina bifida. Dreams for Kids is currently

Institute of Chicago, Clara's ganization, and we understand House, Temple Hampton Center and The Father Wally Program. tion's children their best chance For more information on Dreams for success. We strongly believe for Kids, visit the organization's

> taurant chain has been serving up a wide variety of mouthwatering selections for breakfast, lunch and dinner for more than 40 years. Offering more than 16 types of pancakes, omelettes and other breakfast specialties as well as burgers, chicken and steaks. IHOP's diverse menu appeals to people of all ages. Restaurants are developed, operated and franchised by Glencdale, Calif-based IHOP Corp., which is publicly traded on The New York Stock Exchange under the ticker symbol "IHP." As of March 31, 2002, the end of the company's first quarter, there were 1.028 IHOP restaurants in 41 states and Canada. For more information. please call the company's headquarters at (818) 240-6055 or vist their Web site at http:// www.ihop.com.

Maine Township announces James O. Reilly scholarships

Applications are now being accepted for Fall after school programs as part of Maine Township's James O. Reilly Youth Scholarship Program. Started in 1994, the program assists underprivileged children who attend youth organized recreational programs, summer camps and other activities by providing funding

toward fees and related expenses. Township Supervisor Bob Dudycz announces, "this year's scholarship program will award up to \$10,000 to dozens of area children. The scholarship funds will cover up to 80 percent of any program's cost with a limit of \$300 per child or \$1,000 in assistance per family.'

Scholarship awards are based on financial need, personal need such as situations with working or single parents, and extenuating circumstances. "These scholarships are ideal for single parents who want their children to have group experiences that they might otherwise not be able to af--ford," says Marsha Warnick, Director of General Assistance for Maine Township and a member of the scholarship review com-

The program is named in honor of the late Maine Township Trustee who started it over seven years ago. Since its beginning, the scholarships awards have totaled over \$40,000 to aid more than 214 children.

Only complete applications request an application, stop by tential problem in your home.

Maine Town Hall, 1700 Ballard Rd., Park Ridge., Monday-Friday between 9 a.m. and 5 p.m. or call (847) 297-2510.

Seniors - how to stay cool in the heat

Some of the following tips are from the Illinois Department on

Avoid prolonged exposure to the sun. Drink plenty of water, and avoid alcohol and caffeine. Don't use salt tablets unless prescribed by your physician. Perform necessary activities in the early morning or evening when temperatures are lower.

Use air condiditioning. If you do not have air conditioning, many communities offer cooling centers where you can spend the hottest part of the day. Go to the library, mall, senior center or movie threater where it is cool.

• Do not use fans in a closed area. They simply distribute the hot air without cooling. Avoid using the oven, and close blinds to keep direct sunlight out of the house or apartment.

• Wear light, loose-fitting clothing, and take cool baths or showers if you are overheated. If you experience nausea, dizziness, or fatigue, seek help.

 Consider subscribing to an Emergency Response System with all supporting documenta- that signals a dispatcher when tion should be returned to Maine temperatures are too high or too Township. For information or to low, and alerts someone to a po-

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Dells not short on fun for tight budgets

people, but also lower rates. Wis-

consin Dells abounds with mid-

week lodging specials, offering

up to 20 percent in savings for

visitors staying in the area Sun-

Unwilling to give up this year's summer vacation despite the still weak economy, many vacationers are simply doing better research, looking for vacation deslinations that are small on price and big on fun. One such destination, Wisconsin Dells, is an area complete with striking beauty. unique auractions, live entertainment and fine cuisine. Yet, the area's attractions and accommodations offer a wide variety of pricing values. The following tips can help Wisconsin Dells guests get the most value for their mon-

• Midweek travel: It's true -traveling midweek not only

day through Thursday nights · Lodging guide: One planning resource to use for affordable lodging is the "Great Places.

Great Prices" guide. Guests can determine the most cost-effective values by referring to this detailed guide. The guide can be found in the Wisconsin Dells Travel & Auraction Guide A full accommodation and auraction price list is also available. Both resources can be obtained by call-

Seniors Use Email to **Order Prescriptions**

Thousands of U.S. senior citizens have found legitintate e-mail order links to the world's lowest prices on prescription drugs, and they are now having their prescriptions filled by licensed pharmacies abroad. Previously seniors had to travel to Canada or Mexico to obtain their prescriptions for pennies on the dollar

"U.S. seniors are now able to use e-mail to fill their prescriptions abroad according to FDA guidelines." says M.J. McCor-

developer www.DrugsMD.org. The senior focused website offers free access to regularly updated international price lists for the 120 most popular brand name prescription drugs, as well as more than 1,300 generic medicines. Seniors are able to compare their current prescription costs with the same medications when mail-ordered from abroad. Complete ordering information is available by visiting www.DrugsMD.org.

Skokie Park District Summer Fun Calendar

Parent and Child Golf Tournament

Sunday. August 11, 7ant - 12

pm. all ages. \$30/ieam. Junior Golf Tournament

Wednesday, August 14, 2 pm -6 pm. Ages 8 years and up. \$15 per person. Weber Park Golf Course offers special tournaments throughout the season. These fun-filled events give every golfer a chance to spend some ime with family and friends and win fabulous prizes. Tournaments are open to all skill levels. Weber Park Golf Course, 9300 Weber Park Place. 847-674-

1500 x 3600. **Back to School Carnival** Augusi 22 - 25, all ages. Join the Skokie Park District for four days of fun carnival rides and games!

Rosh Hashanah

Rosh Hashanah is soon approaching and Beth Hillel Sisterhood Catering of Wilmene is once again offering delicious homemade kosher food for the holiday. You can order from gourmet appetizers to desseris and everything in-between. The deadline for orders is Monday, August 19. For further information, please call (847) 256-1213.

The Sisterhood is also selling fresh baked challahs and beautiful holiday mum plants. The pots can be delivered with your own personal message enclosed.

Thursday 6:00-10:30 pm. Friday, 6:00 pm - 10:30 pm Saurday, Noon - 10:30 pm Sunday, Noon · 8:00 pm Oakton Park. 4701 Oakton, 847-674-1500 x 0.

Tour Egypt on educational tour from OCC

Enjoy the many cultural treasures of Egypt when you join one of Oakton Community College's educational tours. Trips are scheduled for October 13-25 and November 10-22.

Beginning in Cairo, you'll visit the fantous pyramids of the pharaohs, as well as the 142-foot Solar Boat of the Pharaoh Cheops. nearly 4.600 years old. From Cairo. you'll continue to Abu Simbel to marvel at the rock temples built 3,500 years ago by Ramses II. Along the Nile. you'll visit the High Dam, the Granite Quarries and the Unfinished Obelisk, and the Temple of Philae. Other sites of antiquity on your tour include the Necropolis of Thebes, the Temple of Queen Haishepsui. and the tomb of King Tutankha-

Throughout the tour of Egypt. you'll explore famous mosques.

markers and museums. For more information, including a complete trip itinerary, call Bea Cornelissen at (847) 635-

means shorter lines and fewer ing 1-800-223-3557 or logging onto www.wisdells.com.

· Alternative lodging: Visitors to the Dells area are encouraged to consider staying at a campground site as an affordable alternative to traditional lodging. Whether visitors prefer a tradi tional, back-to-nature camping experience or want all the conveniences of a hotel in a natural seiting, the Dells offers 20 different campgrounds with extensive options. A comprehensive list of campgrounds can be obtained by visiting www.wisdells.com.

· Coupons: Log onto delis.com or deliscoupons.com for available coupons. Visitors may also check the websites of individual businesses for coupon and discount offers, or check with their local Park & Recreation De-

 Package deals: Select buisnesses offer special discounts for children, seniors and groups as well as guests celebrating birthdays or anniversaries Some properties, such as Kalahari Resort & Convention Center. Wilderness Hoiel & Golf Resort and Chrisimas Mountain Village. feature golf packages for their guests. Many properties also offer Ho-Chunk Casino packages. Copa Cabana Resort Hotel & Suites and Grand Marquis Inn even provide Crystal Grand Muisc Threater concert packages. Contact the respective business or check their websites for package details.

· On-site entertainment: When staying at an elaborate resort, guests are encouraged to take advantage of free, on-site entertainment. Before making a lodging choice, visitors should research which properties will be able to offer the biggest bang for their buck in terms of available entertainment and amenities on-

Leaning Tower concert series schedule

August 8 Blooze Brothers - A favorite "new" act from last season, Blooze Brothers is a highpowered choreographed twelvepiece band, covering music from the 40s to the 90s. This band is acknowledged as the nation's #1 Blues Brothers tribute band!

August 15 Mr. Myers - Mr Myers returns, blending the tropical sounds of Calypso, the rhythms of Reggae and a little. Rock n' Roll with some favorite classic tunes to create his own special style of Caribbean rock.

August 22 Jazmer - Jasmer is a group of seasoned Klezmer musicians whose musical experiences are varied and vast, and they bring this musical melange to the Klezmer, Yiddish, Hebrew Ladino music they perform.

August 29 Stardust - Introducing Stardusi, a vivacious female vocal trio whose spirit captures the essence of bygone eras. Their specialty is nostalgia, recreating music of the 1920s through the

The state of the second of

Six tips to cut your cooling bills

Everyone needs affordable Many contractors offer an Intilways to beat the heat. With hot weather already upon us, now is the time to give your home a "cheek-up". Here are six tips from the Confort Institute to make sure your summer electric bills don't blow your cool!

1. Don't run your clothes dryer when it's hot out. Your dryer blows air out of your house when it's drying clothes. And for every cubic foot of air it blows out, a cubic foot of hot outside air gets sucked in, that your air conditioner has to cool down. Run your dryer late at night or early morning and you'll have lower electric bills. Even better, use a "solar powered" clothes dryer: a clothes line in the back yard!

2. Have your duct system tested for air leaks. Many think that windows and doors are the major cause of a home's energy wasting air leaks. But according to recent research by the Department of Energy (DOE), gaps. joints and disconnections in the typical home's duet system are much more significant. The DOI: states that the typical duct system loses 25% to 40% of the energy put out by the central heat pump or air conditioner. Leaks are usually the biggest problem. Authorities recommend having a contractor seal them with a brushed on "mastie". Duct tape often dries out and fails. It turns out duct tape is great for many things, but sealing ducts isn't one of them!

3. Ask your air conditioning contractor to perform an Infiltrometer "blower door" test. The blower door is a computerized instrument originally invenied by the Department of Energy. It pinpoints where your home's worst air leaks are, such as duct leaks, and also measures how leaky the overall house is. While most homes are still far too leaky, some are now quite tight. and need inechanical ventilation to ensure the air inside is fresh.

trometer test as part of a "Whole House Comfort Checkup" that also checks insulation levels and overall duct performance. For more information, visit the web site www.comfortinstitute.org.

4. Replace your air conditioner or heat pump air filter. Most systems need this done every month to ensure safe and efficient operation. Some such as electrnic air cleaners need to be thoroughly washed. 5. Have your air condition-

er cleaned and tuned. A preseason tune up is a great investment. It reduces the chances of breakdowns in the middle of summer and more than pays for itself through more energy efficient operation. Make sure the contractor cleans both the indoor and oudoor heat transfer coils. and checks refrigerant gas charge by measuring "superheat" or "subcooling". For a free report: "How To Identify a Good Heating and Cooling Contractor", go to www.comfortinstitute.org.

6. Consider replacing your old air conditioner or heat pump. Just like a car, central cooling equipment doesn't last forever. If your system is over 12 years old, and you are planning to stay in your home more than a few years, many authorities reconmend replacing it before it fails permanently. A new system improves comfort, is more dependable, creates less air pollution and pays for itself through energy savings. New unus are up to twice as energy efficient. Choose one with an EPA "Energy

However, recent research has found that many newly installed high efficiency systems have energy wasting mistakes. To be sure you get the performance you're paying for, check out the free report "Tips and Secrets To Buying A New Heating and Cooling Sys-

Health Records Required to Start School Year

Niles North and Niles West High School are urging all parents and students to complete or undate student licalth and immunization records so that they can attend classes when school begins on Wednesday, September

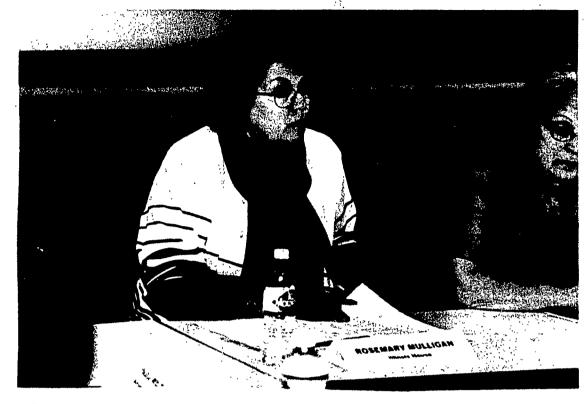
State law requires that students new to District 219, including freshmen and transfer students, have a complete physical done (dated after January 1, 2002) by a doctor licensed in Illinois. The law also requires evidence of immunization against measles (two doses of live vaccine), mumps. rubella: polio, Hepatitis B (three doses), diptheria, and tetanus. If your doctor does not have a supply of a di vaccine (there is a nationwide shortage at this time), you will be required to submit a

note, signed by your doctor, stating the dt booster will be deferred until the vaccine is available. A tuberculosis skin test is also highly recommended.

If you do not have a family physician who can administer these inoculations, the Skokie Health Department has free imnunizations available (immunizations only, not physical exanis). To schedule an appointment with the Skokie Healili Deparimeni., call (847) 933-8252.

Any students who have not provided this information before the start of school will not receive either schedules or books until their records are complete, and will not be allowed to start class-

Illinois legislators participate in poverty summit



Representative Rosemary Mulligan (R-55), participates in the third annual Illinois Poverty Summit meeting held June 20. The Illinois Poverty Summit (IPS) is a bipartisan group of Illi nois legislators and leaders that analyzes poverty trends in Illinois and sets benchmarks for the reduction of poverty statewide. The Summit measures progress in poverty reduction against four indicators including education levels, poverty rate, infant mortality, and housing

The percent of Illinoisans in poverty grew from 10.7 in 1999 to 11.6 in 2000,according to 2002 Report on Illinois Poverty (www.heartland-alliance.org) released by Heartland Alliance for Human Needs & Human Rights at the meeting. The report also shows that the poverty rate increased in more than 500 Illinois towns and municipalities (40 percent of the state's total cities and towns) over the last decade, suggesting that many towns became poorer over the last ten years despite a strong economy. Surprisingly, poverty levels increased in many Chicago suburbs even as Chicago saw declines in its poverty rate for the first time in many

Program to Ease Children's Transition to Kindergarten

Skokie Public Library will offer two Kindergarten Connection programs this summer for children entering kindergarten and their parents to help them acclimate to school life. Scheduled Thursday, August 8, from 10 to 11 a.m. and Wednesday, August 14, from 2 to 3 p.m., the program will feature stories and songs about starting school.

LEGAL NOTICE

Notice is hereby given, pursuant to "An Act in relation to the use of an Assumed Business Name in the conduct or transaction of Business in the Siaie," as amended, that a certification was filed by the undersigned with the County Clerk of Cook County.

File No. D02078945 on July 20, 2002, under the Assumed Name of Active Handyman Service & Remodeling with the business located at 6721 W. Foresiview Ln., Niles, IL 60714. The true name(s) and residence address of the owner (s) is: George Liberopoulos. 6721 W. Forestview Ln., Niles, IL 60714.

Oakton announces Fall 2002 music courses

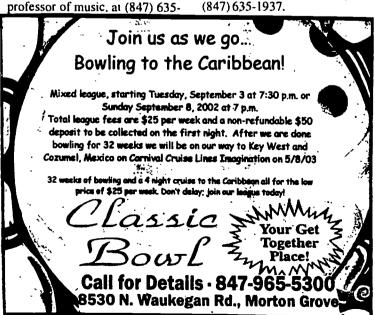
music by registering for classes at Oakton Community College. One- and two-credit-hour courses are available at convenient times throughout the day, for niusicians of all skill levels:

Piano and Piano Ensemble: Call Glenna Sprague, professor of music, at (847) 635-1905.

Voice: Call Dan Deiloff,

· Guitar (including Bass, Contrabass, and Jazz), Brass Violin, Viola, Cello, Percussion, and Woodwinds: Call the Music Division at (847) 635-

 Performing Ensembles (Choir, Guitar, Jazz Band, Jazz Combo, Percussion, and Woodwind): Call the Music Division at



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We offer a competitive compensation package, including an incentive plan. Our benefits also include 401K and Profit Sharing Plans. For consideration, please send or fax resume to NorthSide Community Bank, Attention: Jeanine; 1155 Milwaukee Avenue, Riverwoods, IL 60015.

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APPLICATION PROCESS:

- Applications can be picked up from the Niles Fire and Police Commission or Dct. Joseph Penze, 7200 N. Milwaukee Ave, Niles, IL 60714 (847) 588-6500. Applications start August 5 and are due by August 16, 2002, 4:00 P.M.
- Candidates will then proceed with a Background Investigation, Polygraph Examination and Assessment Review Panel, Candidates that qualify will then be given an Oral Interview, Psychological Examination and Medical Examination/Physical Agility.
- The Village of Niles Police Department has 10 open vacancies for this position.

The Village of Niles is an Equal Opportunity Employer HTTP://WWW.VNILES.COM

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B.D.

PERSONALS

MOST MIRACULOUS LORD

prayers but now I must place this petition in your hands (name petition). This now becomes your request and I ask you to place it in the hands of God the Father, I know he will grant this petition because of His love for you, his son. For this I thank you, O miraculous Lord. Amen. Say 3 times a day for 3 days and petition will be

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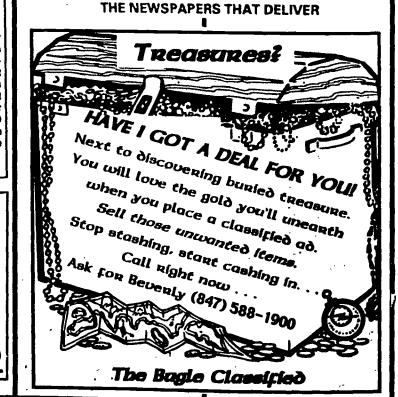
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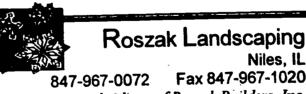
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D219 budget

County golf courses

debts close to \$20 million. The district's finance head quit at that time and the county trans-

A July 9 audit shows the district ended 2001 with a \$10 million deficit in its general fund.

: The status of alcohol sales on district determines whether it must conform to municipality ordinances, like liquor licenses and the sharing of revenue from any other containers, including sale of alcoholic beverages.

Basketball Tournamet Added to Edison Park

pia Park. 6566 N. Avondale Ave., are interested in renting one of in Chicago on August 16-17 as these totes. part of Edison Park Fest 2002.

Park. A \$25 entrance fee is re-

Morton Grove Residents Check Your Garbage Containers

After properly separating and ferred money from its cash re- preparing your recyclables, whatever garbage remains must be er number of successful property placed in two appropriate and sealed containers, each of which ion deficit in its general fund.

The district plans to schedule

may not exceed thirty-two (32)
gallons in size or fifty (50) a public meeting to discuss the pounds in weight. Extra containers (over two) must have a solid waste sticker attached. These courses is being studied, as the stickers cost \$1.30 each and are available at Morton Grove Vil-

lage Hall, Osco, and Donunick's.

Loose garbage or garbage in cardboard boxes, will not be taken. The only exception is the 65 gallon tote that can be rented from Groot. This larger container, which has an attached lid and wheels, is equal to two 31 gallon containers. Any extra containers A three-on-three basketball must have stickers attached. Call tournament will be held in Olym- Groot at (847) 734-6400 if you

Effective the week of August 19, 2002, your garbage will not jointly by the Edison Park Cham- be taken if you use any container ber of Chimerce and the Chicago Park District. larger than 32 gallons in size or 50 pounds in weight other than a The competition is divided container rented from Groot. The into four divisions - 5th and 6th size and weight restrictions are grade students, 7th and 8th grade necessary to protect the Groot students, freshmen and sopho- employees who empty the garmores, and juniors and seniors, bage containers from injury. If Games will be played at Olympia you have questions, please call Park. A \$25 entrance fee is re-(847) 470-5235.

.....continued from page 1 board, are the county property tax cap, the state and federal funding cuts. increases in costs of special education, and a greattax appeals.

The usual strategy is a tax-hike referendum, which could come as early as November.

"Without help ... we would have to cut \$14 million out of the budget every year." said board president Robert Silver-

fund result in a budget of \$58 million, or down \$628,000 from last year in spite of 150 new stu-

Planned cuts mean eliminating between 15 and 20 full-time equivalent teaching positions.

Cuts also come from athletics. technology, travel and conferences. hospitality, equipment purchase, and the student assis-

A \$50,000 cut to the dramatics program, a cut that drew much controversey, has stayed in in the budget although supporters who argued against it were led to believe that any cut included would be less than the originally proposed \$50,000.

Further discussion will take place on Aug. 5 and a final vote scheduled for Aug. 26.

The tentative budget can be viewed at District 219 offices, 7700 Gross Point Road.

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From The Left Hand......continued from Page 1

Murphy contends Nilesites Village tax bills are around \$200 a year. Paying phone taxes which could add \$54 per year to a three-line phone user (private phone, cell phone and fax phone line) is more than 25% of the total local village tax. Murphy believes the fee is disproportionate to the overall

Every summer we suggest to Buglers you move away from your BBQ pit and your TV haunch for a trip around Chicagoland and take advantage of the many goings on in and around the big city.

Two weeks ago we viewed jazz tribute to Billie Holiday Symphony Center (Orchestra Hall) which was outstanding. Four young singers drew the audience out of their seats several times. The response vas incredible.

Last week we went to Ravinia to licar Peter. Paul and Mary, the baby boomers' favorites from the sixties and seventies, and the crowd roared its approval. It was a ovefest that brought memories of younger days to the middle-agers who must have had reminiscences of battles won and lost during the troubled days of the sixties and seventies. The boomers, now in their fifties, were joined by us grey and white-hairedelders who called them back on stage for several encores. When "Puff, The Magic Dragon" was sung the audience joined in and recalled every lyric of the song. Amazingly the audience sang with the trio througut the evening's performance. It was electrifying.

Back in 1968 we were at the tumultous Democratic convention and wandered in and out of the Hilton Hotel convention headquarters on south Michigan Avenue. There on the mezzanine this same trio. 34 years younger, were performing. They were a lot younger. And so were we.

Friday night we attended a terrific concert at the Grant

Park Pavillion. We're not a classical music buff but we were in awe at the incredible piano performance of a young Russian expatriate. Valentina Lisitsa. who performed a Rachmaninoff concerto. The woman was beautiful, tall with blond hair flowing halfway down her back. At the piano her long arms and hands gracefully moved up and down the keyboard with swanlike elegance. The small 2.000 person audience was equally as enthusiastic as the Ravinia crowd was the previous Wednesday night.

We finished our two-week

musical tour Sunday night at

Ravinia with the celebration Richard Rodgers' 100th birthday musical celebration Never has the Rodgers and Hammerstein music from Oklahoma, South Pacific, Carousel. The Sound Of Music and the King And I been played with such fullness and quality as it was Sunday when the 90-piece Chicago Symphony Orchestra performed Metropolitan Opera stars Marilyn Horne. Sylvia McNair and Rodney Gilfry were the celebrated singing stars and 80-some year old John Raitt sang songs from his original role as Billy Budd, performed 57 years ago in the role he created in Carousel. It was a glorious night of music which will be memorable. And the ageing Raitt's performance brought the audience to its feet with an enthusiasm that matched the other great performances we saw the past

Don't let this summer pass without attending the music and the dancing which is part of Chicago's summertime festivals. You can take free dancing lessons on south Michigan Avenue in Grant Park several evenings a week. And you can sit on the Grant Park lawn or the Ravinia lawn and soak up the beautiful backdrop of Chicago skyscrapers in the early evening's glow, and picnic at the north shore entertainment center in Highland Park. It's a great way to enjoy a summer evening...and you can do it in on the cheap.

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SUMMER SAVINGS

MEN, WOMEN & CHILDREN'S HAIRCUTS **FULL LINE OF PROFESSIONAL GROOMING PRODUCTS**

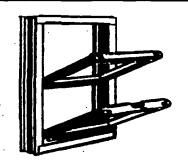
9232 N. WAUKEGAN • MORTON GROVE Open: Tues. thru Sat. 9AM-7PM (847) 663-1130 I Sun. & Mon. CLOSED

(773) 283-5700

WINDOWS

- Replacement Windows
- Thermal Panes
- Tilt-To Clean

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SIDING

- Soffit
- Fascia
- Gutters
- Trim



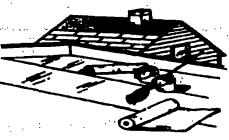
PORCHES & DECKS

Porches Rebuilt and Enclosed



ROOFING

- Shingle
- Hot Tar
- Rubber
- Roll



KITCHENS & BATHS



ADDITIONS, DORMERS & REC ROOMS



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