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THURSDAY, OCTOBER 17, 2002

VOL. 46, NO. 16

Teachers/Dist. 207 sign new 5-year contract

Maine Township District 207 has reached agreement with its teachers on a new 5-year contract representing a 3.26 percent increase in teachers' base pay, said Superintendent Steven Snider.

Also provided in the agreement, the district and teachers will form a committee to study health insurance changes and meet during the year to discuss the insurance program.

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Woman dies in accident with squad car

Mary Jeanne Onderdonk, 75, of Park Ridge, died at Lutheran General Hospital Oct. 7 of injuries incurred when the car in which she was riding was struck by a police car.

The car driven by Onderdonk's husband William was headed westbound on Cedar when it was struck by a Park Ridge police car driving south on Wisner.

Officer Karyn Suarez drove the police car.

Park Ridge Police Chief Jeffrey Caudill confirmed that the intersection has no stop sign or traffic control device.

All parties were wearing seat belts, police said.

All three were taken to Lutheran General Hospital where Suarez was treated for minor injuries.

Continued on page 30

Talks continue for Muslim Center and neighbors

Members of the Muslim Community Center in Morton Grove and its neighbors were commended at a recent meeting of Morton Grove's Traffic Safety Commission.

Chairman Robert Nelson acknowledged that both groups had made good progress toward resolving those parking issues

which could adversely affect emergency access. He encouraged them to keep talking and continued the matter until the Commission's November meeting.

The parking issue came up in August when neighbors voiced concern about emergency access.

Continued on page 30

Skokie neighbors oppose mentally ill housing plan

A housing plan for the mentally-ill in Skokie is getting opposition from potential neighbors.

But a request for a site plan by Northfield-based WilPower,

Inc. was approved by the Skokie Plan Commission. If also passed by the village board, the project can go forward.

The plan would allow eight units.

Continued on page 30

21-year-old found dead at Niles motel

A Buffalo Grove man was found dead in a Niles motel on September 26.

The man, Oleg Rakitski, 21, had checked into the Vegas Motel, 8988 Milwaukee Ave., late in the evening of September 25, according to police.

The following afternoon, motel officials contacted police after finding the man dead in his bed.

The Cook County Medical Examiner is investigating to determine the cause of death.

Morton Grove Foundation seeks applicants

Sponsors of *Taste the World* are looking for a few good organizations to benefit from its food event on March 6.

If you represent a worthy 501(c)(3) not-for-profit, an agency or program that supports the community, please apply by Nov. 1.

In the past, proceeds generated by *Taste* have helped support the Maine-Niles Association of Special Recreation, Maryville Academy, the High Five Center.

Continued on page 30

District claims savings of \$2 million; New gym, classrooms, offices added

Gemini Jr. High expansion completed at \$8 million

The new expansion at Gemini Junior High School is now complete, in use and on-budget.

Originally budgeted at \$8.2 million, the project would have run an additional \$2 million had the district stayed with the original planner, Legat Architects.

Balking at Legat's higher figure, the district turned to STR Partners to construct the project.

New construction includes a gym, a band room, music and drama classroom, one multipurpose room, plus eight classrooms for science and language instruction.

Remodeling efforts have provided space for administrative use, plus an expanded library with computer lab. Altered floor space also allows for more efficient use of cafeteria facilities.

Also, the expansion resulted in a courtyard area which Principal Scott Hermann said may be developed as outdoor space.

Such development could include a prairie restoration or a science playground, and perhaps

be outfitted with picnic tables for lunching outdoors.

Pickwick to honor works of Orson Welles

The Pickwick Theater Council will present its very first Pickwick Arts Award this month honoring famed actor, director and writer with its "Tribute to Orson Welles."

The goal of the Pickwick Arts Award is to honor lifetime achievements of artists who have made major contributions to American culture, said Catherine Kenney, executive director of the Council.

The Oct. 19 day-long tribute will include films "The Magnificent Ambersons" at 2 p.m. and "Citizen Kane" at 8 p.m., after a 6 p.m. reception at the Park Ridge Metra Station. The schedule also includes a discussion at 4 p.m. by a panel of film critics

and scholars.

This program is the second in the season's lineup of 15 Pickwick Live! presentations in Park Ridge's historic movie palace.

Beatrice Welles, founder of the Orson Welles Institute, will accept the honor on her father's behalf.

The award will be presented by NBC film critic, Jeffrey Lyons.

Prices run from \$75 for the entire day, which includes the reception, to \$10 for the "Magnificent Ambersons" and the panel discussion.

Ticket reservations and further information is available by phoning (847) 692-6590 or at www.pickwick.org.

Brebeuf 7th & 8th graders visits Cantigny



Seventh and eighth grade students from St. John Brebeuf School recently visited the Cantigny Museum in Wheaton. Students toured the War Museum and McCormack Mansion. Shown above are seventh graders of Room 31 on the steps of the Cantigny War Museum.



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Niles 12 Year Old All Stars' Steller Season



Pictured - The All Stars and their coaches: Bottom (kneeling): Anthony Catallo, Dan Lally, Tim Kosiba, Max Kiefer, Alec Fries, and Chris Garvey. Second Row: Joey Uhlheil, Tim Casey, Mat Plis, Kyle Zanon, Dan Geraghty, Peter Merkel, and Mike Casey. Top Row: Coaches Tim Garvey, Jack Geraghty, Jim Merkel, Bill Zanon, and Mark Plis.

The Niles Baseball League's 12 Year Traveling All Star Team finished their 2002 tournament season with an impressive record.

They took 1st Place in the Niles Park District Summerfest All Star Classic Tournament, 2nd

Place in the Des Plaines Waycinden Tournament, and 2nd Place in the Thillens Tournament.

Megon McDonough in 'Talent Extraordinaire'

The Park Ridge Community Church (PRCC) Concert will open with legendary Chicago folk artist, comedic actress and songwriter, **Megon McDonough** in her one woman show "Talent Extraordinaire." Best known for her performance in the Chicago folk scene for over 30 years, McDonough also appeared in the starring role as Patsy Cline in "Always, Patsy." In addition she is a founding member of the "Four Bitchin' Babes," which allowed her wit and folk sensibilities to comment on the ups and downs of everyday life. Megon has performed on stages as varied as The Celler Door and Carnegie Hall.

Ms. McDonough has been

hailed by the Chicago Tribune as having the ability "to charm the birds out of the trees with a voice, which, like her songwriting, has only improved over time." Her music is a mix of folk and cabaret revealing her love of musical theatre and jazz. With nine solo recordings to her credit, Megon has recently released *My One and Only Love*, a recording of jazz and torch songs. The Boston Globe calls McDonough "a thrilling cabaret-style singer and compelling writer." Megon McDonough's show is a must-see!

Equipped with her guitar and awe inspiring voice, Megon will perform as the initial presentatin

of the PRCC Concert Series, which is dedicated to bringing high quality and diverse musical offerings to the Chicagoland area. With a motto of "Music for Everyone," ticket prices will be offered for only \$20 each.

For one performance only, October 19, at 8 p.m., this highly-respected and enduring popular performer will present a solo concert of the most beloved songs and melodies. It is an event not to be missed!

All performances held at the Park Ridge Community Church, 100 S. Courtland Ave., Park Ridge, IL. Tickets: \$20. For information, contact Sasha Gerrison Brauer at (847) 823-3164.

Great views during an Intro Flying Lesson

Air Flight Services Offers Opportunity to Check Out Flying... And Autumn Colors

Have you ever wondered what it would be like to be a pilot and enjoy a bird's eye view of this year's fall foliage? Airway Flight Services at Palwaukee can help you do just that, offering a special introductory flight lesson for just \$49 through the national BE A PILOT Program.

"If you think Mother Nature looks beautiful where you are, you should see her from the air," says Mike Baumann, owner of Airway Flight Services. "That's the view pilots enjoy every Fall, and it's just one of the truly wondrous things about learning to fly."

The non-profit BE A PILOT Program lets aspiring pilots actually take the controls of a plane (alongside an FAA-licensed instructor) to experience what flying is all about. They'll get to taxi to the runway, pull back on the control wheel for take-off, maneuver the plane in the air, and help land. How? Simply go to www.beapilot.com, register, then download a BE A PILOT certificate. Take it to a participating flight school for a first flight lesson for just \$49. Or, call 1-888-BE A PILOT to request the certificate. Airway Flight Services is one of more than 1,800 participat-

ing flight schools nationwide.

"The program is designed to give people an affordable way to take that first lesson and see if flying is right for them," says Mike Baumann. "The spectacular view of Fall's color makes now the perfect time of year to fly, so call ahead to book your lesson with us."

Drew Stakette, president and CEO of the national BE A PILOT Program, agrees.

"If you've ever thought about learning to fly, now is a wonderful time," says Stakette. "Flying and autumn's colors -- few things make you feel so alive and aware of the world around you."

Airway Flight Services has been helping people fly for career development, business and personal travel, or just for the fun and satisfaction of it, since 1991. For more information, or to schedule a BE A PILOT introductory lesson, call (847) 215-0098 or visit www.airway-flight.com. The nonprofit, Washington, D.C.-based BE A PILOT Program encourages public understanding of personal flying through information programs and the introductory flying lesson available at more than 1,800 flight schools coast to coast. For more information about BE A PILOT, visit www.beapilot.com.

Restaurant Review

Tony Barbanentes, owner and chef of Via Veneto Ristorante, a long time favorite of our neighborhoods, invites you to their new location. After 15 successful years on Peterson Avenue, Via Veneto opened, on August 5, in their more spacious accommodations on Lincoln Avenue, just east of Devon.

A delightful new ambience greets you as you walk in the door. The dining room and bar are roomier, with a casual yet elegant atmosphere. Banquet facilities are also available for parties of 25 to 200 now.

All of the family and long time staff members are still on hand continuing their tradition of good, old-fashioned service and moderately priced dishes from all over Italy. The Barbanentes' family believes in healthy cooking

with the freshest of natural ingredients. All the pasta is home made. Besides the well diverse menu, specials are available depending on what fresh ingredients can be found.

Start out dinner with the bruschetta, one of the best anywhere. The Capellini Bella Napoli is light and flavorful and makes a wonderful fresh tasting entrée or a side dish with the delightful Veal Picatta. Seafood abounds on the regular menu and specials from sea bass, whitefish and salmon to shrimp, mussels and calamari. Whatever your taste, you will find a great dish.

Outdoor dining is still available while the warm weather lasts. Evening parking is available in the adjoining bank parking lot. This restaurant is a winner!

Largest College Night in area held at District 219

Niles Township High School students will have an opportunity to investigate future educational possibilities at the area's largest post-high school planning night. Representative from more than 250 colleges, universities, technical schools and the military will be in attendance. "Niles Township College Night 2002" will be held from 7 to 9 p.m. on October 23 at Niles West High School, 5701 W. Oakton Street in Skokie. Students and their parents will

be able to discuss entrance requirements, special programs, admission procedures and course offerings with representatives from a diverse array of college and technical schools. All Niles Township junior and senior students and their parents are invited to participate, regardless of whether they attend a District 219 school. For additional information, please call College and Career Counselor Gloria Moore at (847) 626-2682.

MG Auxiliary President appoints secretaries

Dee Dolan, president of the Morton Grove American Legion Auxiliary Unit #134 has appointed the two secretaries who will perform executive duties for the ensuing year.

Service once again as recording secretary will be past president Joyce Senf. She will record via monthly minutes the activities of the Unit.

Ann Marrazzo will perform corresponding secretary duties and in this position, send out meeting notices and do the correspondence necessary to the operation of the Unit.

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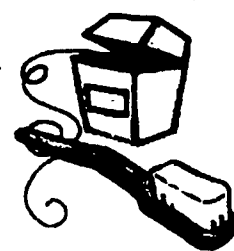
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Niles Park District October Events

Halloween Spook Time. Niles Park District invites you to get in the Halloween spirit by bringing the family for a buffet dinner, firelight Halloween story time and a walk through the spooky night at Tam. Everyone is invited to come in costume for this event. It will take place on **Friday, October 18. Pre-registration is required.** Registration deadline is Wednesday, October 16. The dinner buffet will be served from 5:30-6:30 p.m. at Banquets on the Green. The reading and "Spooky Time" will take place from 6:30-7:30 p.m. Fees are Res Child \$8; Res Adult \$11; Non-Res Child \$10;

Boy Scout Troop #175 Spaghetti Dinner

Saturday, October 19, 2002. Boy Scout Troop #175 will be serving a spaghetti dinner complete with trimmings, beverage included from 4:30 p.m.-8 p.m. at St. John Brebeuf School's Flanagan Hall, 8307 N. Harlem, Niles.

Ticket Prices at the door:

\$5 for Adults
\$4 for Seniors
\$3 for children (ages 3-10)
Free for children under 3 years old.

For information call David Okun at (847) 470-8408.

Troop 175 is sponsored by St. John Brebeuf Holy Name Society & Knights of Columbus Council 4338.

Non-Res Adult \$13. Stop in the Howard Leisure Center, 6676 W. Howard Street or call (847) 967-6633 for more information or to register.

Haunted Garage at Tam Golf Course, Hosted by the Niles Youth Council.

Are you ready to scream? The Niles Youth Council will be hosting a Haunted Garage at the Niles Park District Tam Golf Course garage that is located on 6700 Howard Street in Niles on **Friday, October 18 from 8 p.m.-10 p.m. and Saturday, October 19 from 7 p.m.-10 p.m.** Admission is only \$2. Be prepared to experience thrills and chills of the Halloween season. For more information, please contact Ann Czaplak at (847) 967-6633.

Babysitting Safety Class. Niles Park District invites you to register for the Babysitting safety class. This program will give children 5th grade and older a strong foundation in handling the responsibilities of babysitting. The program will cover basic First Aid, CPR, foreign body airway obstruction, routine diaper and feeding for the novice babysitter. This program will follow the American Heart Association standards for CPR. Class will include hands on training, scenarios, and the topic of communication - who to call, when to call, and where to go. The goal of this class is to instill confidence in

your son/daughter and the ability to manage a crisis should one arise. Class will be held **Wednesday, October 3 from 5-8 p.m.** at the Howard Leisure Center. Program fee is Resident \$25; Non-Resident \$30. Call (847) 967-6633 for information.

Niles Park District Annual Halloween Parade & Party. Get your costume ready for the annual Halloween Parade and Party on **Saturday, October 26.** Join us for a bewitching stroll from Oak Park (Main Street and Ottawa) to Grennan Heights Field House. Once at Grennan Heights there will be ghoully games, ghastly goodies, face painting, pumpkin decorating and much more!

This event is open to all children up to 6th grade. The parade will kick-off from Oak Park at 10:30 a.m. and end at Grennan Heights at 11 a.m. where there will be Halloween fun to be had until 1 p.m. Fees are Res \$5 and Non-Res \$10.

Please register early for this popular event. **Registration deadline is Wednesday, October 23.** Registration is being taken at the Howard Leisure Center, 6676 W. Howard Street. All non-registered participants will be charged Res \$10, Non-Res \$15 at the door on the day of the event. Unregistered kids will not receive a bag or be eligible for the raffle. For more information, please call (847) 967-6633.

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Investment Principles and Investment Strategies

Tuesday, October 22, 2002, 7 p.m. to 9 p.m. Norah Lex, Senior Financial Advisor, Waddell & Reed Inc., will present a seminar on "What Every Person Should Know About Investment Principles and Investment Strategies."

This seminar will discuss the differences in the various investments, the advantages & disadvantages of each & the sources that will provide information on each.

This is free and will be held at the Lincoln Park Library, 1150 W. Fullerton, Chicago.

For reservations call (773) 248-9593 or Fax (773) 248-6534.

Century of Progress The 1st 50 Years

Tour the decades through photos, artifacts and fashions by visiting the annual exhibit presently open at the Morton Grove Historical Museum, 6240 W. Dempster. Opening Sunday, Oct. 20, 2002 from 2 to 4 p.m., visitors will learn more about the progress the first five decades of the twentieth century brought to our Village, including such modern conveniences as indoor plumbing, electric lights and "horseless carriages". Did you know that Morton Grove suffered two train crashes in this time period? Or that once Morton Grove boasted its own airfield? Or that in the 1920s Morton Grove became a popular destination for partygoers seeking refuge from strictly enforced prohibition laws? If not, then our Museum is the place to be!

The hands-on section of this exhibit includes a 1920s style model train with push button accessories and information on the import of the "Iron Horse" (train), the lifeblood of the community in the 1920s. Also come play with toys from each of these five decades. Remember glass marbles? Lincoln logs? Labyrinth? The magic eight ball? The first 50 years of the 20th century introduced many new toys for children to occupy their time. Bring your children to learn more about pre-video game entertainment for children.

The museum is open to the public on Wednesdays, 1 to 3 p.m. and Sundays, 2 to 4 p.m. Admission to the museum is free. For more information, or to make arrangements for a tour, call the Museum at (847) 965-0203. This exhibit, and related programming, were made possible with the assistance of a grant from the Illinois Department of Natural Resources / Illinois State Museum

Luther College Concert Band to perform

Luther College Concert Band will perform in Hoffman Estates, IL on Thursday, Oct. 24, 7:30 p.m. in the Hoffman Estates High School Auditorium, 1100 W. Higgins Rd.

Suggested donation for tickets is \$5. For more information, call (847) 755-5802.

Conducted by Frederick Nyline, Luther professor of music, the Concert Band performance will feature "Commando March" by Samuel Barber, "Pacific Fanfare" by Frank Ticheli and "Candide Suite" by Leonard Bernstein and adapted by Clare Grundman. Other highlights will include "Aspen Jubilee" by Ron Nelson and "Concerto Grosso for Saxophone Quartet" by Frank Benicis-cutto, as well as many more marches and instrumental features.

Now in its 126th year, the Luther College Concert Band was one of the nation's first music or-

ganizations to tour nationally and internationally. It continues that tradition with annual performance tours that have taken the group coast-to-coast in the continental United States, twice to Hawaii, six times to Europe and three times to Japan and East Asia.

The 84-member Luther ensemble ranks among the country's outstanding college bands. It performs all types of wind literature, including several premieres of new music.

The Luther Concert Band has performed at Avery Fisher Hall, Lincoln Center, New York City; Tivoli Garden, Copenhagen, Denmark; and the Bergen International Festival, Bergen Norway. It has been selected to appear at many state and national music conferences, and has made numerous appearances on public television and radio.

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Northbrook Symphony's Exciting New Season

The Northbrook Symphony Orchestra has announced its 2002/2003 season, which features an encore appearance of internationally renowned pianist, Alexander Toradze, as well as a solo appearance by Craig Morris, the principal trumpet of the Chicago Symphony Orchestra.

The upcoming season continues last year's new format of program combinations of the familiar and the rare, the so-called "lost treasures" of the repertoire according to Music Director Lawrence Rapchak. "Each of our five subscription concerts, as well as our special Prokofiev sixth concert, will be a unique event, often centering on a special personal sense of contact with some of the most powerful, life-affirming music ever written," Rapchak said. As Northbrook Symphony board president, Susan Laing, further commented when asked about the NSO's new format and success last year, "One only need look at our remarkable increase in single ticket sale - 59% - to real-

ize that something new and exciting is happening in Northbrook and that only great adventure and music lies ahead for our audience."

The repertoire includes major works by such beloved composers as Haydn, Beethoven, Chopin, Liszt, Borodin and Dvorak, as well as fascinating 20th century masters as Prokofiev, Martinu, Bartok and Janacek. As is his custom, Mr. Rapchak will introduce the works to the audience from the stage before the orchestra performs them, a feature, which, according to the Northbrook audiences, adds immeasurably to their comprehension and enjoyment of the music.

Series tickets are available - Main floor \$130 & \$140. Balcony \$100 & \$75 with child/student tickets for \$25. (Call the NSO office for more information.) Parking at the theater is free and the theater is handicapped accessible. Tickets can be obtained by calling the Northbrook Symphony office at (847) 272-0755.

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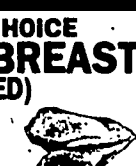
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Cardinals clinch World Series!



Shown at their post-game victory party are: Bottom row: Brian Martin, Mark Wlodarski, Pat McMahon, and Bijan Shemirani. Second row: Ryan Goldmann, Jeff Hanes, Anthony Catallo, Mitch Lochen, Chris Garvey, Chris Hermer, and Chris Botsis. Top Row: Coaches Jack Martin and Tim Garvey.

The Niles Baseball League Bronco Cardinals clinched the 2002 World Series in a stunning two games to none victory over the Bronco Indians. Congratulations.

Pace's Student Haul Pass

Hey students! Tired of busing rides from your friends and parents? Have a job? Enjoy shop-

ping and movies? Like to save money? Join the thousands of suburban students who take ad-

vantage of Pace's Student Haul Pass.

Pace offers a monthly Student Haul Pass for junior high and high school students. The pass provides unlimited bus rides each month for just \$25, and can be used at any time of the day or night, including weekends and holidays. The Student Haul Pass can be used to reap the benefits of Pace's dependable daily service to schools, shopping centers, entertainment complexes, employment centers, park facilities, and many other destinations in and around your local community.

Students who frequently ride Pace with the Student Haul Pass have more money to spend at the mall, and have less trouble getting there. Pace buses even have front-end bicycle racks, so students can ride their bikes to catch a neighborhood bus.

A growing number of students are realizing the value of the pass. During the 2001-02 school year, Pace sold 2,115 passes, which was a 56 percent increase over the 1,356 passes sold in 2000-01.

Students should contact Pace at (847) 364-7223 to get a Student Haul Pass order form, or simply print one from Pace's website at www.pacebus.com. Pace's TTY line for hearing impaired students is (847) 364-5093. A copy of a student identification card is required with the initial purchase. After that, students may conveniently reorder the monthly pass on pace's website, or with the reorder form enclosed with each pass. The Student Haul Pass may also be purchased at Pace Headquarters in Arlington Heights, and at several other suburban locations. For a complete list of sales outlets, call pace.

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Niles Family Fitness Center New Programs

The Niles Family Fitness Center is now offering the following new programs. Call (847) 588-8400 for questions regarding the following programs or Club membership.

• **Niles Fitness Center Fall Classes.** The Niles Family Fitness Center offers programs for every member of the family. Sign up for parent-tot classes, swim lessons, adult fitness classes and more. **Session Two Classes start the week of November 4.** Contact the Niles Family Fitness Center at (847) 588-8400 for more information or to receive a copy of our Fall Brochure.

• **Learn To Swim Registration.** The Niles Family Fitness Center will be accepting registration for fall swimming lessons on the following days. Members only: October 21-23. Open Registration begins October 24. Contact the Niles Family Fitness Center for class time and days.

• **MVP Volleyball Classes.** This Volleyball Professionals player development program will teach passing, setting, spiking and more. Players will learn overhand serve and game strategy. All classes taught by Volleyball professionals staff. Classes offered: Skills and Drills: Grades 4th-6th, Grades 7th-9th, Adult, and Spiking 102. **Classes start 11/7.** Contact the Niles Family Fitness Center at (847) 588-8400 for more information.

ter at (847) 588-8400 for more information.

• **Chicago Bulls Basketball School.** The Chicago Bulls basketball school will teach your child fundamental basketball skills including ball handling, shooting, passing, offensive and defensive moves, and rebounding. Grades K-3rd and Grades 4th-8th. November 5-December 17. Space is limited! Contact the Niles Family Fitness Center at (847) 588-8400 for more information.

• **Halloween Pool Party.** Come join us in the pool for a few scares. The fun, games, and excitement will provide everyone in the family a good time. Sunday, October 27, 12-2 p.m. Ages 1-5 years welcome. Deadline to register is October 22 or when filled. Contact the Niles Family Fitness Center at (847) 588-8400 for more information.

Niles West Grad Receives \$1,000 Scholarship

Kayakalp V. Prajapati of Skokie, a graduate of Niles West High School, is recipient of a \$1,000 Select Scholarship awarded by Lincoln Technical Institute in Melrose Park.

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'Easing The Teasing' performed



Pictured: St. John Brebeuf 4th grader Lorenzo Fiol participates in a skit by Imagination Theater of "Easing The Teasing".

Recently, the students at St. John Brebeuf School participated in a lively and informative play performance called "Easing The Teasing", which was sponsored by the P/SA. The children inter-

acted in skits to show how they deal with unfriendly teasing. As a result, the kids learned new strategies to help them cope with name calling, ridicule, and verbal bullying. This valuable lesson empowered them to react in a more positive way. Although

they cannot control what others say, they are capable of controlling their own reactions such as: *Ignoring the tease, turn the tease into a compliment, using humor, or simply saying, "So?"*

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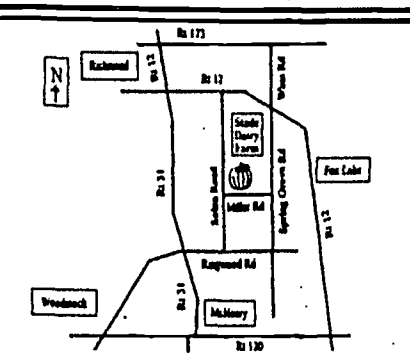
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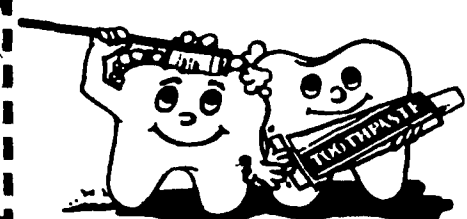
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affordable for
all Americans!***Senior Medication Review**

In celebration of "Talk About Prescription Month" in October, United Methodist Homes & Services will be hosting a **SENIOR MEDICATION REVIEW** on Wednesday, Oct. 30, from 9:30 a.m. to 12 p.m. at Hartwell House Assisted Living, located at 5520 N. Paulina Street, Chicago, IL.

During this informative seminar seniors from the community are invited to bring in their own medication in the original containers and have a registered

pharmacist review them. All participants are encouraged to bring in both prescription and nonprescription medications so that the pharmacist can check for any potential interactions, offer suggestions for safe medication use and answer general questions regarding medications. Refreshments will also be served, along with a short presentation on tips for taking medication. **This seminar is limited to 15 participants so that all in attendance can be accommodated.** Please RSVP by **October 23, 2002.**

United Methodist Homes & Services is a nonprofit, nonsectarian organization with more than 100 years of service to older adults in Chicago. The organization offers a full range of supportive programs and services to meet the changing needs of older adults. **Winwood, Glenwood and Foster Avenue Apartments** offer housing options for independent older adults of varied incomes. **United Methodist Community Support Services** provides a professional and personal approach to home care and support services. **Hartwell House** offers an intimate and attentive assisted living residence that encourages independence and privacy while promoting companionship and new experiences. The **Methodist Home** is a Medicare licensed residence offering nursing and specialized Alzheimer's care in a warm, home-like setting with private accommodations. And in collaboration with the **White Crane Wellness Center**, the **Adult Day Wellness Program** offers an innovative approach to adult day care, while providing respite to caregivers.

For more information on United Methodist Homes & Services, please contact Carol Shaw, Director of Marketing at (773) 769-5500, ext. 121.

Can you dig it!

Digging -- planting -- nurturing -- harvesting. This planting cycle is as old as time. It has just been recently, however, that healthcare has added this gardening activity to the therapeutic milieu for senior and nursing home residents with dementia.

At Glenview Terrace, digging in dirt is a year-round activity. "We have indoor container gardens for our residents to enjoy throughout the year -- but, especially during the winter months," says Jami Mandl, director of the Reflections at Glenview Terrace program for Alzheimer's and dementia. "They can work at a level that is comfortable for them -- either from a wheel chair or sitting at the garden. The color and the fragrance of the flowers are therapeutic in helping them remember

their past."

Since many seniors had lived in their own homes for many years, gardening was part of their daily or weekly activities nurturing flowers, herbs and/or vegetables. Today, at Glenview Terrace, gardening helps residents rekindle happy memories; enhances their self-esteem in completing a successful project; and improves basic motor skills working with seeds, bulbs and plants.

On Friday, Nov. 8, master gardener Debbie Templeman Klein will present "Therapeutic Gardening for Persons with Alzheimer's" at Glenview Terrace at 1 p.m. Indoor gardening will be the focus of this hands-on gardening experience. To RSVP, call Jami Mandl at (847) 729-9090.

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Senior General Agent in the Northern Suburbs****1-847-296-2100 ext. 177****Norwood Park Home board members**

Six area residents were named to the Board of Directors of the not-for-profit Norwood Park Home (NPH), 6016 N. Nina Ave. in Chicago. They are Dan Fitzgerald, Clare McWilliams Parker, John Lavelle, Alan Samuelson, Dr. Arthur Peterson, and Jorunn Fleck.

Dan Fitzgerald is owner of Fitzgerald & Associates, a CPA firm at 6547 N. Avondale Ave. in Norwood Park. He is also involved with the Norwood Park Historical Society, Norwood Park Chamber of Commerce & Industry and Norwood Park Train Station Foundation. Fitzgerald is a graduate of Northern Illinois University and received his CPA from DePaul University.

Clare McWilliams Parker is a resident of Norwood Park, and an attorney and partner with the Chicago law firm of Belz & McWilliams, Ltd. She is a graduate of Eastern Illinois University and John Marshall Law School.

John Lavelle has spent most of his adult life in the banking industry, currently serving as vice president of Associated Bank in Chicago located in the Jefferson Park area. He is a director of the Gladstone Park Chamber of Commerce and the Norwood Park Chamber of Commerce & Industry.

Lavelle is a graduate of the University of Oklahoma. Alan Samuelson is retired from his position as director of risk management for the Chicago Tribune Company. He is a graduate of Marquette University with a degree in business administration.

Dr. Arthur Peterson, a specialist in internal medicine, is affiliated with Swedish Covenant Hospital and has served on its board of directors. He is a graduate of North Park College and Northwestern University, received his medical degree from McGill University in Montreal, and completed his internship and residency at Presbyterian Hospital.

Jorunn Fleck is an account manager with ABC Printing in Chicago. Born and raised in Norway, she maintains strong ties to the Norwegian community, serving as vice president of membership for the Norwegian-American Chamber of Commerce.

"We are very pleased to have the services of these dedicated people who will enrich our board with their diverse talent," said Marcia Mahood, NPH chief executive officer. "They will make a valuable contribution towards

our commitment to enriching the lives of the aging population within Norwood Park and its surrounding communities."

Norwood Park Home was established in 1896 on four acres of land formerly occupied by the Norwood Park Hotel. Building additions and renovations were made in 1906, 1924, 1960, 1975, and 1999. The Home remains a vital part of the Norwood Park community, employing more than 25 percent of its work staff from the local area. It serves more than 200 residents and offers assisted living, skilled nursing care, dementia care, respite service, and hospice.

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**Final 2002 AARP
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To register for the final 2002 AARP Safer Driving Course at Lutheran General Hospital, 1775 Dempster, Park Ridge, call (800) 323-8622. Two four-hour sessions meet on Saturdays, Oct. 19 and 26, 9 a.m. to 1 p.m. Any age may register.

Eight hours of guided discussion, video, and active participation improves the ability to continue driving safely despite increasing traffic density and physical changes. The state has mandated that insurance companies must offer a discount on the liability portion of auto insurance, usually for three years for those aged 55 and over to those who complete the course. Some insurance companies offer the

discount to all who take such a course, and some provide a discount on the total cost.

With the investment of eight hours and \$10, participants will examine changes which impair driving -- vision, hearing, reaction time -- as well as principal causes of crashes. Physical changes begin as early as our 20s, but occur so gradually they often are not recognized. Focus of the course is not on just meeting state laws, but on becoming more defensive. Courtesy, consideration, and communication are the rally cries.

For more information about the course, or other offerings, call Instructor "Lee" Harris on (847) 673-0423.

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Avoiding the ten deadly financial mistakes made

A free seminar teaching retirees how to avoid "Ten Deadly Financial Mistakes" will be held Thursday, Oct. 17 from 3:30 to 5 p.m. at the Niles Public Library, 6960 W. Oakton Street. The seminar will cover many topics including:

- How to receive investment income that is 85% tax free.
- Why most mutual funds don't beat market averages and what you can do about it.
- How to reduce taxes on Social Security income.
- How to avoid the costs and delays of probate.

The speaker will be G. Andrew Watson, Dartmouth College ('80), Northwestern Law School ('83), and author of numerous financial planning publications. Guests are welcome to bring other interested friends.

Please call 1-800-624-7089 to confirm the number of attendees.

Niles Grandmothers

Niles Grandmothers Club Chapter 699 President, Dolores Gruzynski invites all grandmothers to visit and if you like our club, join us permanently.

We meet once a month (4th Wednesday) 11 a.m.-2 p.m. at the Niles Park District Recreation Center.

For more information on our club, phone park district at 967-6633 or Dolores (847) 967-7810.

Seniors Use Email to Order Prescriptions

Thousands of U.S. senior citizens have found legitimate e-mail order links to the world's lowest prices on prescription drugs, and they are now having their prescriptions filled by licensed pharmacies abroad. Previously seniors had to travel to Canada or Mexico to obtain their prescriptions for pennies on the dollar - until now.

"U.S. seniors are now able to use e-mail to fill their prescriptions abroad according to FDA guidelines," says M.J. McCormick.

developer of www.DrugsMD.org. The senior focused website offers free access to regularly updated international price lists for the 120 most popular brand name prescription drugs, as well as more than 1,300 generic medicines. Seniors are able to compare their current prescription costs with the same medications when mail-ordered from abroad. Complete ordering information is available by visiting www.DrugsMD.org.

Clinical Nurse Evaluator joins Glenview Terrace

Leslie Bassell, RN, BSN, has joined the management staff of Glenview Terrace Nursing and Rehabilitation Center as Clinical Nurse Evaluator. Her role will be to facilitate the transition from hospital or home to Glenview Terrace for subacute patients and long term residents.

She believes her approach is very "hands on" with a wholistic philosophy incorporating each individual's physical, psychological, emotional and spiritual needs.

Leslie received her Bachelor of Science degree in Nursing from Loyola University. She was formerly a telemetry nurse at Hines

Veterans Administration Hospital and a clinical supervisor with Renaissance Home Health.

Regency Senior Day Care achieves accreditation

"Regency is the 1st freestanding senior day care center to be accredited as an ambulatory care site in Illinois," according to Mike Dye, Associate Director of the Ambulatory Care Program of the Joint Commission on Accreditation of Healthcare Organizations. "Accreditation by the Joint Commission demonstrates Regency's commitment to provide high quality and safe care to its clients."

Regency Senior Day Care Center provides clients with therapeutic recreational activities, socialization, nursing services, assistance with personal care and transportation. Families are also afforded respite care and support as well as educational opportunities.

Regency Senior Day Care Center is located at 6625 N. Milwaukee Avenue in Niles. Please call (847) 588-2000 for more information.

Join the President's Team: Get Involved

Experience the sense of satisfaction that comes from helping others. Social Service Agency in Park Ridge is looking for volunteers who are willing to share their time, talents and love with shut-ins in the Des Plaines, Niles and Park Ridge area. YOU are needed to be a friendly visitor, and/or to help with errands, shopping and escorted transportation.

Opportunities for service are also available to assist with fund raising, special projects and events.

Contact the Retired and Senior Volunteer Program (RSVP) office (847) 228-1006; or check out our web site at: www.rsvsvp.org

**READ
THE BUGLE**

Methodist Home to display "Seal of Confidence"

Community To Participate In Confidence Survey Program

In today's competitive marketplace, providers of senior living housing and skilled nursing services must continually strive for quality and perfection to meet and exceed the expectations of their residents. To help gauge the level of satisfaction among their residents, and to determine which areas require improvement, The Methodist Home is participating in Life Services Network's Confidence Survey program. Organizations which conduct the survey are eligible to prominently display a "Seal of Confidence" window decal, indicating that they have conducted the surveys and that the results are available for review.

The Seal of Confidence Program was developed by Life Services Network of Illinois (LSN), a trade organization representing senior housing, home health care, assisted living and nursing facilities throughout the state. The surveys are senior-friendly questionnaires, administered anonymously, which rank a resident's satisfaction with their environment, staff and management services. The feedback is meant to strategically guide the organization to bring about results in terms of enhanced quality for residents, their families, as well as employees.

"Understanding the perceptions and beliefs our residents have regarding the care and service we provide is vital to achieving and maintaining a high level of quality and satisfaction," according to William Lowe, Chief Operating Officer. "The Methodist Home has been providing care for more than 100 years. In addition, our Alzheimer's Special Care Unit offers special activities and programming for older adults experiencing dementia," Lowe added.

CJE's October Programs for Seniors

Council for Jewish Elderly offers the following programs of interest to senior citizens and their families at a variety of community locations. For further information for programs, please call CJE at (773) 508-1000.

Tuesday, October 22. A conference: "New Pathways to Success: Are Women Happier Today?" held from 6 p.m. to 9 p.m. on Tuesday, October 22 at Bernard Weinger Jewish Community Center, 300 Revere Drive, Northbrook, probes how wider opportunities for women result in achieving success at work, home and in the community. Co-sponsored by Council for Jewish Elderly, Jewish Children's Bureau, Jewish Family and Community Service, Jewish Community Centers, Jewish Vocational Service, Response Center and Jewish Federation of Metropolitan Chicago. For information or a brochure, call Tema Rosenblum at (847) 272-2882.

Thursday, October 24. Musical Performance: Fall Concert is performed by Iris Brenner, 1:30 p.m. on Thursday, October 24 at CJE's Lieberman Geriatric Health Centre, 9700 Gross Point Road, Skokie. Call (773) 508-1000.

Friday, October 25. Free Flu Shots administered by CJE Registered Nurses, 9:30 a.m. to 11 a.m. on Friday, October 25 at Kaplan Jewish Community Center, 5050 W. Church Street, Skokie. Flu shots are free to seniors with a Medicare (Part B) Card. For those without Medicare or on an HMO, there is a \$15 fee. Please check with your doctor before taking the vaccine. Appointments not necessary. Flu shots will be given on a first come-first served basis. Call (773) 508-1000.

Alzheimer's/Dementia Care Unit. For more information or to schedule a tour, please call (773) 769-5500 or email admissions@umhshicago.org.

Life Services Network encourages consumers to look for the "Seal of Confidence" displayed at senior housing, assisted living or skilled nursing facilities and ask to learn about the results before making a commitment.

"At LSN, we believe there is always room for our member organizations to improve and to strive for perfection," according to Dennis Bozzi, President. "Not only does the survey call attention to areas that are ripe for im-

provement, but it also lets our organizations confirm where their strengths are."

Based on past surveys, The Methodist Home made updates to the facility and hired additional programming staff. The Home was pleased to learn that their residents would recommend the facility to others.

Located in Chicago's historic Andersonville, The Methodist Home provides the reassurance of a stable environment and a warm circle of caregivers and friends. The Home offers moderate, intermediate and skilled nursing care and rehabilitation, and an

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Friday, November 8, 2002
1:00 p.m.

Come hear a horticulture expert lead a discussion of the benefits of gardening for people with Alzheimer's - and their caregivers. Indoor gardening will be the focus of this hands-on gardening experience.

RSVP by November 1 to Jami Mandl at (847) 729-9090

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Now, that help is within reach.

Bethany Terrace Nursing Centre's A.D.A.P.T. (Alzheimer and Dementia Assistance Program of the Terrace) helps you, the *at-home caregiver*, to explore the available home-care options for your loved one with Alzheimer's, to enable them to remain at home as long as possible.

To learn more about A.D.A.P.T., at no cost or obligation, or to receive a brochure, please call (847) 965-8100.

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Long-term care insurance

Long-term care insurance is taking on greater importance as older adults live longer and costs continue to increase at retirement homes. To learn more about this relatively new form of insurance coverage, children of older adults are encouraged to attend this special program on "New Developments in Long-Term Care Insurance" at 7:30 p.m. on Wednesday, Oct. 23 at Norwood Park Home, 6016 N. Nina Ave. in Chicago. Peter Florek, sales manager of MAGA Limited in Deerfield, will make the presentation.

His talk is expected to be very informative. It will explain what long-term care insurance is, what coverage options are available depending on age and state of health and how this form of coverage can provide security in retirement, protect assets and assure adequate care into old age.

MAGA Limited is an independent insurance brokerage that specializes in the education, sales and service of both individual and group long-term care insurance programs. Florek specializes in long-term care insurance, hosts seminars and classes and has spoken before the Central U.S.A. Long-Term Care Symposium.

Refreshments will be served. Reservations to attend can be made by calling Linda Kreger at (773) 631-4856, ext. 2628.

NEWS FROM THE Niles Senior Center CALL (847) 588-8420 FOR INFORMATION

FOR YOUR HEALTH

October 17, 25, 30 - Flu Shot Clinics
Flu Shot Clinics will be held Thursday, Oct. 17, Friday, Oct. 25, and Wednesday, Oct. 30 from 9:30 a.m. to 12 noon, and 1:30 p.m. to 4 p.m. **Walk-in registration began October 7 between 9 a.m. to 3 p.m. Phone registration began Thursday, Oct. 10, between 9 a.m. to 4 p.m. You must make an appointment beforehand to receive your flu shot - No walk-ins on Flu Clinic days.** Vaccine is given to persons 50 years and older, or 18 years and older for persons with a chronic illness. All persons need to bring identification that contains age and address. Anyone who has Medicare must bring his or her Medicare Card. Medicare will be billed directly at no cost to the senior. Anyone who belongs to an HMO or any other insurance will be charged \$10. Homebound Niles residents, please contact Sue Friedman, RN, MSN, at 588-8420 for appointment at home.

VOLUNTEERS NEEDED

MEALS ON WHEELS DRIVERS are needed to deliver meals to Niles Homebound, weekdays between 11 a.m. to 12:30 p.m. Please contact Kelly at (847) 588-8420.

COMPUTER LAB VOLUNTEERS needed to assist older adults in learning to use computers (2 to 4 hrs/wk). Computer experience required. Training provided. Contact Jaymi.

AARP TAX AIDE VOLUNTEERS are needed to help seniors prepare tax returns (assignment dates: February 4 to April 10, 2003). Training sessions are now forming. If you are interested in learning more about how you can help, contact MaryAnn.

SNOW SHOVELERS are needed to assist shoveling driveways for the Niles Seniors. Contact Kelly at (847) 588-8420. Although it is still early, it is *not too early* to volunteer.

YARN NEEDED

The Senior Center is requesting clean, left over year or scraps of material for veterans and senior crafters. Lap robes, shawls, and slippers are made for veterans at Hines Hospital. Volunteer knitters and crocheters are also needed. Please call us.

OCTOBER TICKET SALES

Please Call For Ticket Availability

October Ticket Sales started October 9 for all Senior Center members.

Hooked on Fishing Banquet - Friday Evening, Nov. 1, 4 to 8 p.m. Whether you've been "hooked" or not, you're welcome to attend our fishing banquet. Dinner features either a Prime Rib Sandwich or an all you can eat Walleye Fish Fry at the Rockland Café on Route 176. Bus transportation is available. Cost: \$14-no bus; \$22-with bus. Make transportation reservation by October 18.

November Lite Lunch & Movie - Friday, Nov. 8, 12 to 3 p.m. Come see *Dragonfly* (PG-13, 2002), a supernatural thriller starring Kevin Costner. Prior to the film, enjoy a taco lunch (served at 12 p.m.). Cost: \$3.50. Registration required.

Poker Tournament - Friday, Nov. 15, 12 to 3 p.m. Come play seven-card stud and five card draw. Cost includes lunch & prizes. Cost: \$3.50.

Ringling Bros. & Barnum & Bailey's Circus - Saturday, Nov. 16, 1 to 6:30 p.m. Join us to see the Greatest Show on Earth. Prior to the show, enjoy lunch at the Rosewood Restaurant. Choose between Chicken Francaise, Sliced Sirloin, or Grilled Salmon and Dessert. **Meet at the Niles Senior Center.** Cost: \$42. Registration required.

Red Hat Society Outing to A Christmas Carol - Wednesday, Nov. 20, 9:30 a.m. to 3 p.m. This is the first bus trip for the Red Hatters. Begin at The Great Street Restaurant and enjoy their famous luncheon buffet. Then to the Goodman Theatre to see *A Christmas Carol*. **Red Hat Society Members only, Purple Outfits and Red Hats Required.** Cost: \$50.

Australia Travelogue - Wednesday, Nov. 20, 12 to 2 p.m. Travel to Australia, find out why this country is called the "Wonder from down under." Prior to the video, enjoy a fantastic lunch including salad, ribs, and dessert. Cost: \$8.25.

Men's Club Holiday Party Spectacular - Friday, Dec. 6, 11:30 a.m. to 4 p.m. It's Party Time! Get your ticket early for this sell-out event at White Eagle Restaurant. Entertainment features Bluze Bros. Comedy Show followed by music of Frank Martello Orchestra. Choice of entrée - Chicken, Beef, or Fish with Potato, Vegetables and Dessert. Ticket price includes meal, entertainment, table raffle (5 prizes at each table) and door prizes. Reserved seating -- reservation form due by November 27. Cost: \$20.

COMPUTER CLASSES

Please Call For Availability

Class Registration started Tuesday, Oct. 8. Classes include: Pre-Introduction to Computers, Introduction to Computers, Microsoft Word, Holiday Letter Workshop and the Internet. If you are interested in participating, please contact Jaymi at 588-8420.

NILES - ONLINE

Visit the Village of Niles online at www.vniles.com. Learn more about the Village and its services, 24 hours a day, 7 days a week.

Morton Grove Seniors

55 ALIVE DRIVER SAFETY PROGRAM

AARP's "55 Alive Driver Safety Program" is an eight-hour two-day course for older motorists. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes in improving their driving skills. Additionally, drivers will find that by completing this course they can receive a discount on a portion of their automobile insurance. The next course offered at the Morton Grove Civic Center will be held starting at 9 a.m. on both Saturday, Oct. 19 and Saturday, Oct. 26. The cost of the course is \$10. Call the Senior Hot Line at (847) 470-5223 to sign up.

VISUALLY IMPAIRED MOTIVATORS

The Morton Grove Visually Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 9:30 a.m. on Tuesday, Oct. 22 in the Morton Grove Civic Center. They discuss everyday problems of living with low vision and possible solutions, exchange ideas on the latest technology and assistive devices available, and share what has worked for them individually. They support each other! Other activities include guest speakers and field trips. For more information, please call Richard Englund at (847) 965-8517.

MUSIC APPRECIATION SERIES

This is a series of lectures presented by Kimber Stonehouse, piano and music instructor with the Morton Grove Park District on Tuesdays from 9:30 to 11 a.m. in the Morton Grove Civic Center's Community Hall. The series features different periods, composer, and types of music:

10/22 Gospel, Blues, and Jazz "The Common Thread"
11/5 American Musical Theater "The Broadway Phenomenon"

11/19 Contemporary 20th Century "Why Do You Hate The Way It Sounds"

The cost is \$6 per lecture for residents and \$8 per lecture for non-residents. Registration forms are available at the front desk in the Civic Center.

CUTTING THE RED TAPE

Individuals age 60 or older can find out about many of the public benefits they are eligible for. They shouldn't miss out on something they may be entitled to. At 2 p.m. on Sunday, Nov. 3, a special program called "Cutting The Red Tape" will be held at the Morton Grove Public Library. This program is co-sponsored by the Surban Area Agency on Aging, the Village of Morton Grove's Department of Family & Senior Services, and the Morton Grove Public Library.

Some of the benefits and services that will be discussed are: Social Security and Supplemental Security Income (SSI), Medicare, tax exemptions, energy assistance, circuit breaker and tax relief, help with payment of prescription drugs, and more. Seating is limited and registration is required by calling the Library at (847) 965-4220 or stopping by the Library's Reference Services Desk.

FLU & PNEUMONIA IMMUNIZATIONS

Again this fall, the Village of Morton Grove will provide influenza and pneumonia immunizations for residents age 60+. The shots are free for those whose primary insurance is Medicare Part B. Individuals enrolled in an HMO or who do not subscribe to Medicare Part B must pay \$12 for the flu shot and \$20 for the pneumonia shot. Influenza damages the mucous lining of the lungs, enhancing susceptibility to pneumonia. It is especially dangerous for people with heart disease, diabetes, anemia, lung disease and kidney disease. Influenza immunizations provide immunity to the most commonly predicted flu strains for the coming winter. Seniors should get a flu shot each year. Anyone allergic to chicken eggs, who has had a severe reaction to a flu shot in the past, who has previously developed Guillian-Barre Syndrome in the six weeks after getting shot, or who has an active infection, respiratory infection, or fever the day of their shot, **will not** be immunized. Pneumonia immunizations provide immunity to the most common forms of pneumonia. People should receive this immunization once every five years.

Resurrection Medical Center will be administering the immunizations this year. Those interested in a shot **must make a reservation** by calling the Morton Grove Senior Hot Line any weekday from 1 to 4 p.m. at (847) 470-5223. Dates and times in the Morton Grove Civic Center are Friday, Nov. 8 from 9 a.m. to 4 p.m. and Saturday, Nov. 23 from 9 a.m. to 4 p.m.

For more information about these senior services and recreation programs, call the Morton Grove Senior Hot Line at (847) 470-5223.

Feeling Stretched Caring for an Older Adult?

Rainbow Hospice, Northwestern Memorial Hospital Present Powerful Tools for Caregivers..

Rainbow Hospice, in collaboration with Northwestern Memorial Hospital, will present *Powerful Tools for Caregivers* beginning in October. This program is an educational series designed to provide those caring for a family member or friend with the tools needed to take care of themselves. It is designed to help caregivers reduce stress, improve self-confidence, better communicate feelings, balance their lives, increase the ability to make tough decisions and locate helpful resources.

Classes consist of six, 2-1/2 hour sessions held once a week. Two experienced class leaders will conduct each session. Interactive lessons, discussions and brainstorming will help participants take the "tools" they choose and put them into action for their lives. There is a nominal fee of \$15 for the program.

The program will be held at St. Benedict's Parish at 2215 W. Irving Park Rd. in Chicago from 6 p.m. to 8:30 p.m. Sessions are held every Monday beginning on October 14, and continuing through November 18, 2002.

For more information or to register, contact Mather Info Plus toll-free at 1-888-600-2560 or visit www.matherlifeways.com.

Senior Objects to Real Estate Tax Raise

Dear Editor:

HELP!!!!
A 70% increase in my H.S. District 219 real estate taxes in two years.
I CAN'T BELIEVE IT!!
Here are the dollars from my tax bills.

Tax Year 2000.
H.S. District 219 Tax: \$647.33.
\$ increase 0.
% 0.
Tax year 2001.
H.S. District 219 Tax: \$773.30.
\$ increase \$125.97.
% 19.5%.

Tax Year 2002 (projected),
H.S. District 219 tax: \$1,101.72.
\$ increase, \$328.42.
% 42.5%.
From \$647.33 to \$1,101.72.
That's a 70% increase IF the H.S. District 219 referendum is approved by the voters on November 5.

I am a senior citizen condominium owner and this tax hike is unconscionable for all property owners in Niles Township0.
PLEASE VOTE NO ON NOVEMBER 5.
Paul Tasch
Niles

Chicago Sweet Connection Bakery

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Mon-Sat 6:00 am-8:00 pm
Sunday 8:00 am-5:00 pm

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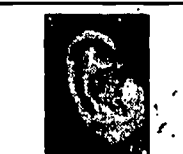
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Long Term Care Insurance Talk at Norwood Park Home

Long-term care insurance is taking on greater importance as older adults live longer and costs continue to increase at retirement homes. To learn more about this relatively new form of insurance coverage, children of older adults are encouraged to attend this special program on "New Developments in Long-Term Care Insurance," at 7:30 p.m., on Wed., October 23, at Norwood Park Home, 6016 N. Nina Ave. in Chicago. Peter Florek, sales manager of MAGA Limited in Deerfield, will make the presentation.

His talk is expected to be very informative. It will explain what long-term care insurance is, what coverage options are available depending on age and state of health and how this form of coverage can provide security in retirement, protect assets and assure adequate care into old age.

MAGA Limited is an independent insurance brokerage that specializes in the education, sales and service of both individual and group long-term care insurance programs. Florek specializes in long-term care insurance, hosts seminars and classes and has spoken before the Central U.S.A. Long-Term Care Symposium.

Refreshments will be served. Reservations to attend can be made by calling Linda Kreger at (773) 631-4856, ext. 2628.

Wellness on Wheels Van in Prospect Heights

The Cook County Department of Public Health's (CCDPH) Wellness on Wheels (WOW) van provides health services throughout suburban Cook County.

Services include health counseling, tests for anemia and diabetes, blood pressure and cholesterol screening, tuberculosis (TB) testing, immunizations, urinary, breast self-exam instruction, pelvic pap smears for women and prostate and testicular exams for men. If a health problem is found, the client will be referred to available services.

Suburban Cook County residents who qualify financially, [i.e., school lunch program; Women, Infants and Children (WIC)] are eligible for WOW services. At the time an appointment is scheduled, financial screening will be done and accommodations will be made for persons with a disability.

The WOW van is scheduled to visit the following location during November:

Appointments are necessary and may be scheduled by contacting the CCDPH district office between 8:45 a.m.-4:15 p.m., Monday through Friday at (847) 818-2860. TDD for speech/hearing impaired, (847) 818-2023.

Prospect Heights - Wednesday, November 13 - C.E.D.A. Prospect Heights, 400 N. Elmhurst Road.

Spares Sunday Evening Club Sock Hop Dance

The Spares Sunday Evening Club for Widowed, Divorced, and Single Adults - 55 and over - are having a Sock Hop Dance. Remember the Saddle Shoes, the Poodle Skirts, etc.

Join us for a good time. Music by one of our favorite Bands Chuck and HIS Friends.

Also we will have a pot Luck Dinner before the dance - bring your favorite dish to share.

The dance will be held November 3, 2002, at 8601 Fullerton Ave., River Grove, IL - (corner of River Road and Fullerton).

Cost: \$6. Guests \$7.
For further information contact Hot Line 1-847-965-5730.

BEAT THE STREET!

A common refrain among active stock traders, "beat the street," reflects their desire to do better in their investing than the Wall Street averages. An average return is just not acceptable.

When selling your home, you might also want to do better than the average. "What average?" you ask. There are two averages against which you may choose to compete. First comes price, followed by the length of the sale time. The question becomes "Wouldn't you rather get the best price possible in the shortest period of time?"

For every property, there is some "top price" buyers are willing to pay. Until a buyer agrees to pay that price, there is no sale. The top price has no relationship whatsoever to the amount you hope to receive, what you paid for the property, or how much you've invested in improvements.



The top price is based on only one factor, a buyer's judgment of the value offered by the home. The challenge is to determine what that price will be. Your agent's opinion is vital to that determination. Your agent knows the street "averages", and can help you determine the right price.

Once you know the right price, don't inflate it. Offer your property in "model home" condition, set the price accordingly, and the length of time to locate a buyer will also beat the average.

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Nostalgic Songs and Music

A sensational soloist Edizon Dayao will sing with a synchronized orchestra - the songs and tunes of the 1920's and 1930's. His melodious songs will no doubt enthrall the audience at 4 p.m. Sunday, Oct. 20 in Victory Hall of Irving Park Lutheran Church, 3938 W. Belle Plaine Ave., Chicago (one block northeast from Irving & Pulaski - near the Edens & Kennedy Expwy fork). As Edizon says: "I've got your music and I sing your songs." A free-will offering will be taken and refreshments served at a nominal cost. There will be a business meeting at 3 p.m. in the same location and everyone is welcome to attend.

Sponsor of the event is Jupiter Lodge No. 3 of the International Org. of Good Templars founded in Chicago 1884. The organiza-

tion has units around the world - all working for good relations between all races, nationalities, creeds or social positions or political opinions. Good Templars wish to by personal total abstinence from alcohol and non-medical use of dependence creating drugs. set a good example, create sound living habits in the community, and make way for an alcohol-free culture. Good Templar Park in Geneva, IL was created by the members in 1925. Part of the 52 acres by the Fox River is a 13 acre area with 57 cottages and a Community House for meetings and programs during the summer months.

Inquiries as to membership and about the upcoming program can call Per-Hugo Kristensson at (847) 825-8408. Everyone is most welcome!

Power Wheelchairs for Seniors & the Disabled

The Three Wishes Program makes available to Senior Citizens (65 years old & up) and the Permanently Disabled Power (Electric) Wheelchairs at no cost to the recipient, if they qualify.

The Power Wheelchairs are provided to those who cannot walk and cannot self-propel a manual wheelchair in their home, and who meet the additional guidelines of the program. No deposit is required.

Please call 1-800-451-0971 for more information to see if you

qualify.

In Addition...The Three Wishes Program's main purpose and goal is to develop public awareness that there are assistance options that allow senior citizens (as well as the permanently disabled) to remain independent in their own homes. Without this awareness and assistance, the family may prematurely choose a nursing home, or make an unnecessary retail purchase on power mobility equipment.

Niles Sr Men Bowling Niles Brunswick Bowl

| Wed., Oct. 2, 2002 | | | | | |
|--------------------|----|----|---|-------------------|-------|
| TEAMSTANDINGS | | W | L | | |
| #2-Colonial #2 | 29 | 6 | | #19-Alliance | 14 21 |
| #18-Team 18 | 28 | 7 | | #5-Tranear | 13 22 |
| #13-Team 13 | 24 | 11 | | #6-Minelli | 12 23 |
| #12-Skaja #1 | 21 | 14 | | #7-Monarch | 11 24 |
| #9-Team 9 | 20 | 15 | | #4-Callero-Catino | 10 25 |
| #17-FDR | 19 | 16 | | #3-REMAX | 9 26 |
| #20-Team 20 | 19 | 16 | | "HOT SHOTS" | |
| #1-Team 1 | 19 | 16 | | Joe Kucan | 601 |
| #11-Heatmaster | 18 | 17 | | Howard Rimm | 554 |
| #15-Team 15 | 18 | 17 | | Bud Ramos | 553 |
| #14-Minelli | 17 | 18 | | Larry Pasdiora | 544 |
| #10-Team 10 | 17 | 18 | | Morgan Lewis | 536 |
| #16-Team 16 | 16 | 19 | | Dave Handler | 534 |
| #8-Dr. Bello | 16 | 19 | | Angelo Geltis | 534 |

Community Education Program on Memory Loss

"Memory Loss: Is It Related to My Age?" will be the title of an upcoming free community education program sponsored by Holy Family Medical Center. The program will take place on **October 23 from 10:45 to 11:45 a.m.** at the **Buffalo Grove Park District, 530 Bernard Drive, Buffalo Grove.**

A licensed speech and language pathologist will discuss how memory changes with age, as well as provide easy tips for improving memory. Registration is required. To register, call 1-877-RES-INFO (1-877-737-4636).

AARP Skokie Chapter #3470

A.A.R.P. Skokie Chapter will hold its next meeting on Tuesday, November 5, 2002 at 1 p.m. at Weber Park, 9300 Weber Park Place, Skokie, IL (Church & Gross Point).

Ms. Sheila Oeltinger of Skokie North Shore Sculpture Park will give a slide presentation.

Please bring glasses and hearing aids no longer in use to this meeting. The collection will be forwarded to the Lions Club for distribution to people in need of this help in third world countries.

Refreshments will be served after the meeting.

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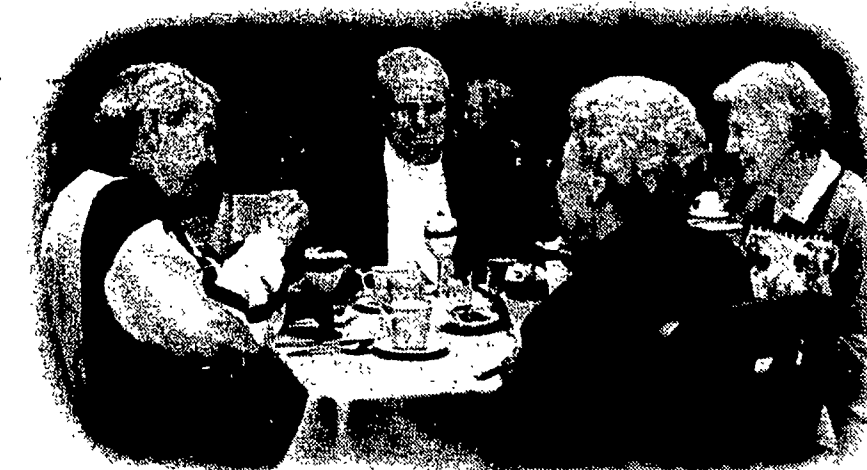


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Taking Care of Parents Who Didn't Take Care of You

Margaret is the adult child of negligent, alcoholic parents. Her father is dead now, and her elderly mother is unable to care for herself.

Ron's alcoholic father abandoned his family 20 years ago. Now he is old and ill and desperately needs someone to help care for him.

Darlene was repeatedly molested by her father when she was growing up. Her mother didn't intervene. Now old and widowed, this same mother who didn't pro-

tect her daughter now expects Darlene to care for her.

These true stories appear in a new book by Eleanor Cade called "Taking Care of Parents Who Didn't Take Care of You" (Hazel- den, September 2002). Every year, more and more adult children of abusive, neglectful or absent parents are faced with the dilemma of whether or how to care for their elderly parents. Cade offers compassionate and practical advice to individuals who make the choice to care for difficult par-

ents.

According to the National Alliance for Caregiving, more than 22 million households provided care to an aged person in 1998. While it is challenging enough for most adults to contemplate caring for elderly parents they adore, that thought could paralyze adult children of dysfunctional parents. In some cases, the degree of family dysfunction and abuse was so extreme or hurtful that adult children cannot be expected to care for their aging parents. In other cases, adult children decide to take on the difficult role of caregiver.

While caregivers might be returning to the family landscape in a new adult capacity, it is important for them to realize that old issues and emotions can easily resurface. They may feel like young children again, filled with the confusion, fear, and grief they felt all those years ago. It is no easy task to navigate the former battleground of family without resentment, while trying to muster up some compassion for an aging and failing parent.

The challenge, says Cade, is for caregivers to make sure they are responding to the situation, not their emotions. It is important, she says, to be flexible enough to recognize that negative

thoughts and positive actions can co-exist. She says that being flexible also means adapting and changing our caregiver role as needed, understanding that good caregiving requires diplomacy, outside support, and a practical network of assistance.

That assistance can come in the form of Twelve Step support groups like Al-Anon or Adult Children of Alcoholics. Nursing homes, hospitals, or other care facilities may also offer support groups or other services and information for caregivers. Another good resource is the Family Caregiver Alliance Web site at www.caregiver.org. Caregivers can also find a host of information and support at www.caregiving.com - an interactive site that allows caregivers to share experiences, information, and successes.

It is crucial for caregivers to take good care of themselves as they go about their caregiving duties. Cade advises that caregivers exercise, eat nutritious meals, abstain from using tobacco, alcohol, and drugs, and get enough sleep. She stresses that caregivers carve out time for partners, children, and friends in order to keep their lives in healthy balance.

Cade also says that as difficult as it might be for those who grew

up with rigid boundaries or no boundaries at all, it is important that caregivers establish boundaries with sick parents, dysfunctional family members, and themselves. This might mean limiting visits, not taking phone calls after a certain time, and deciding for oneself what is reasonable or possible.

Ideally, this journey of compassion will help caregivers achieve peace within themselves and with their pasts. "Making peace is not about our parents, it's about us," writes Cade. "We're ready to move on, ready to forge a different relationship."

Sometimes that new relationship is with the aging parents themselves who, as they approach death, are able to communicate with their children in new and healthy ways.

Alive & Free is a health column that offers the information needed to help prevent substance abuse problems and address such problems. It is provided by Hazelden, a non-profit agency based in Center City, MN, that offers a wide range of information and treatment services on addiction. For more resources, call Hazelden at 1-800-257-7800 or check its Web site at www.hazelden.org.

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Halloween Safety Recommendations

The National Confectioners Association and the Chocolate Manufacturers Association have established the following safety tips to help make this Halloween a safe and enjoyable one:

- Wear light-colored clothing that's short enough to prevent tripping, and add reflective tape
- Make sure children can see well through face masks, or use make-up
- Adults should accompany young children
- Go out in daylight and carry a flashlight in case of delay
- Stay within the neighborhood and only visit homes you know
- Watch for traffic
- Only give and accept wrapped or packaged candy
- Examine all candy before allowing children to eat it
- Keep costumed children away from pets. The pet may not recognize the child and become frightened
- Avoid hard plastic or wood props such as daggers or swords. Substitute with foam rubber which is soft and flexible
- Never go into a stranger's home or vehicle
- Call the police if you see anyone suspicious
- Have a happy and safe Halloween

Proton Therapy Helps Cancer Patients Survive

(NU) - Ten years ago, doubters of the use of proton-beam therapy to treat cancer were to be found not only among victims of the illness but within the medical community as well.

Since then, the success of the Loma Linda Proton Treatment Center in California has made believers of the skeptics. Indeed, approximately 140 patients are receiving proton therapy treatments on an average day.

After successfully treating thousands of patients, doctors at the Loma Linda facility say proton therapy has turned lives around and holds even greater promise in the future.

"We still have a long way to go to realize our goal of treating all types of tumors and diseases," said James M. Slater, director of the center, who pioneered proton therapy at Loma Linda.

Proton-beam therapy is a type of radiation therapy using fast-moving subatomic particles, such as protons, traveling close to the speed of light.

At the center's 10th anniversary celebration, proton patients offered moving testimony to the use of the therapy.

Jennifer Gardner, a high school sophomore, told a packed audience her life changed dramatically in 1997 when she was diagnosed with two brain tumors. "They were supposed to be removed, but when they opened me

up and found cancer, it was inoperable. One day, I had all my dreams and hopes, and they were crushed — everything I wanted for myself was just gone."

But she celebrated her 20th birthday three years later because of proton therapy.

Roy Butler, a 62-year-old chemistry professor from Vermont, rejected his doctor's recommendation for surgery, opting instead to undergo proton therapy. "It was the best decision I ever made," he said. "I had none of the abusive side effects of chemotherapy and standard radiation."

After completing his treatment, Butler decided to stay in the Loma Linda area and found a position at the University of Redlands as a professor of organic chemistry.

Commenting on what former proton patients say after their treatments, Jerry Slater, vice chairman of radiation medicine at Loma Linda, said: "Seeing patients go on to lead healthy and full lives after treatment is our greatest mark of success. We got into this field to really do good for our patients. When you see good outcomes and few side effects, that is rewarding."

To learn more about proton therapy, call 1-800-PROTONS (776-8667) or log on to www.proton.llu.edu/.

Catholic Women's Bowling League

Wed., Oct. 2, 2002

TEAM W L

| | | |
|--------------------|----|----|
| NorthSide Comm.Bk. | 25 | 3 |
| Candlelight Jwlr | 19 | 9 |
| Skaja Terrace | 14 | 14 |
| Thomas Drozd, DDS | 10 | 18 |
| Niles Dairy Queen | 8 | 20 |
| Classic Bowl | 8 | 20 |

| | |
|--------------------|------|
| NorthSide Comm.Bk. | 8875 |
| Candlelight Jwlr | 8872 |
| Skaja Terrace | 8603 |
| Thomas Drozd, DDS | 8348 |
| Niles Dairy Queen | 8588 |
| Classic Bowl | 8500 |

HIGH SERIES

| | |
|--------------|-----|
| Fe Fabunan | 536 |
| Linda Fahy | 487 |
| Millie Kroll | 463 |

HIGH GAMES

| | |
|--------------|-----|
| Fe Fabunan | 201 |
| Linda Fahy | 170 |
| Millie Kroll | 167 |

5th Annual Pancake Breakfast at St. Andrew Life Center

Saint Andrew Life Center presents the 5th Annual Pancake Breakfast and Arts & Crafts Fair, Sunday, October 27, 2002, 8 a.m. to 2 p.m. (Breakfast served until 1 p.m.)

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Niles West Seeks Preschool Applicants

The Niles West High School child development classes are seeking three-year-old students to join a preschool class for the 2002-03 school year. The classes will be held on Tuesdays and Thursdays from 11:20 a.m. to 1:20 p.m. starting October 22 and continuing through May 2003. Applications are being accepted on a first-come, first-served basis. The cost of the class is \$75 per semester, and \$150 per year.

The Niles West preschool program has been in place since 1971. Preschoolers enrolled in the program work to develop math, socialization and motor skills. High School students conduct the classes under the supervision of a teacher. The ratio of high school students to preschoolers is approximately one-to-two. "The high school students in the classes are outstanding at relating to preschool children," states Nancy Erickson, one of the Child Development/Preschool teachers at Niles West. "They are especially creative in designing positive learning activities for the children."

For application information, contact Nancy Erickson at (847) 626-2548 or Gerry O'Connell at 626-2541.

District 219 High Schools Events

Niles North Bands Hold Free Concert. The Niles North bands, under the direction of Elton Eisele, will hold a free concert at 7:30 p.m. on Thursday, October 24 in the auditorium at 9800 North Lawler, Skokie. The public is invited to attend this free event. For more information, please contact Elton Eisele at (847) 626-2114.

Free Fall Orchestra and Choir Concert at Niles North. The public is invited to a free Orchestra and Choir concert to be held at 7:30 p.m. on Wednesday, October 30 in the Niles North auditorium, 9800 N. Lawler. For more information on this free concert, please contact Orchestra Director Pamela Hendrix at (847) 626-2116 or Choir Director Daniel Gregerman at (847) 626-2115.

The Niles West Drama Department Presents "The Laramie Project." In 1998, the murder of 21-year-old gay student Matthew Shepard focused the nation's attention on hate crimes and bigotry. One month later, a theatre company traveled to Laramie, Wyoming to collect over 200 in-depth interviews with the residents of the town. The results was "The Laramie Project," a snapshot of small-town America affected by a violent hate crime. The Niles West Theater Depart-

ment will present "The Laramie Project" in the Auditorium at 7:30 p.m. on October 25 and 26. Tickets are \$8. Tickets may be purchased by calling the Box Office at (847) 262-2633. A free community performance will be held at 10 a.m. on Thursday, October 24.

"The Laramie Project" features thirty-three cast members representing the townspeople of Laramie.

Howel-loween Howl at Trinity Lutheran Church

Trinity Lutheran Church, 5106 N. LaCrosse Avenue, (Foster, Elston and LaCrosse) is sponsoring a Howel-loween Howl, a safe Halloween Party on Saturday, October 26 from 6 p.m. to 8 p.m. for children ages 3 to 10 years old. The cost of the event is \$4 per child and includes a light meal of a hot dog or hamburger, chips, drink and cupcake along with games, costume contest with prizes and a craft activity. Join us for a spookable good time. Reservations are required. For further information and reservations please contact the church office at (773) 545-7301 between the hours of 9 a.m. and 4 p.m. Monday through Friday.

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| Kool | \$31.45 + tax | Jade | \$24.95 + tax |
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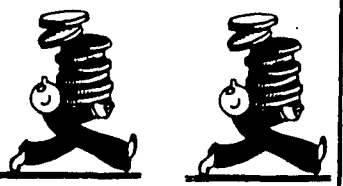
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Northbrook, IL
Or Call:
847-835-1302

CUSTOMER SERVICE
Hat manufacturer/ Importer
in Niles needs a dependable
and efficient person to
handle phone orders
and customer contact.
Some computer tasks.
Experience helpful but will
train the right person.
Fax Resume To
847-647-0428
Or Call 847-647-1500
For Interview
This is a full time position.

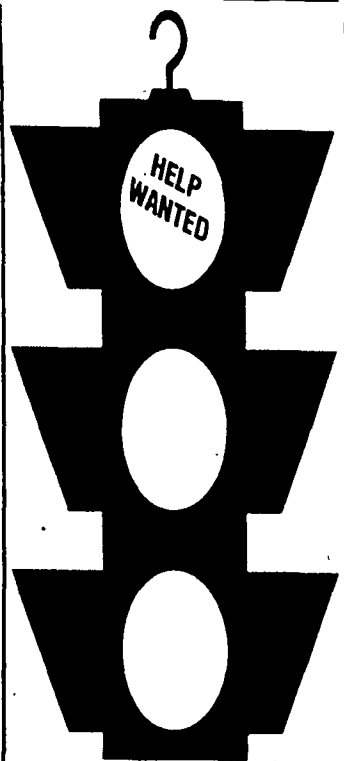
Bugle Classifieds
Turn your dusty
treasures into cash!
Call 847-588-1900

**RECEPTIONIST**

Part-Time
7:30 AM-4 PM
Thursdays Only!
Contact Mary Kay or Terry
847-647-8994

FOREST VILLA
NURSING HOME
6840 W. Touhy
NILES

**DENTAL
RECEPTIONIST**
15-30 Hours Per Week
Computer Experience A Plus
847-824-1026



The Bugle Newspapers
Classified Advertising
847-588-1900

DRIVERS

USA TRUCK

- ☆ Stable Company
- ☆ More Miles, More Money
- ☆ 90% no touch freight
- ☆ Assigned late model conv's
- ☆ Quality home time

No experience? Tuition
reimbursement available
800-237-4642
To fill out an application,
visit our website at
www.usa-truck.com
EOE M/F/H/V

☆☆☆☆☆☆☆☆

**Business
Job Board**

WORK FROM ANY LOCATION
Flexibility. \$500-\$7000/mo.
Step-by-Step System/Training.
Free Information
800-484-6513 Ext. 7965
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DIGITAL PRESS
ASSISTANT TO OPERATOR
SKOKIE
MR. RALPH 847-676-2222

Create Income At Home
Receive step-by-step in home training.
Mail Order/Internet. Free Booklet.
www.shhomefree.com/1-888-235-0553

Dynamic Business Opportunity
Good Income \$\$, Hot Markets. No
door-to-door sales. Free, No
Obligation Information.
www.yesucanbsuccess.com
888-224-5524

LET'S TALK AVON
Your future, with Avon,
it's all about you!
Estelle-773-585-2963
Independent Sales Rep.

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Matching Area
Residents With
Area Employers
Since 1957!
Call 847-588-1900



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GET HELP.....
LOOK IN THE
CLASSIFIEDS!**

MEDICAL HEALTHCARE

MARKETING REPRESENTATIVE

Quality driven home medical equipment company seeks
an RN, RI, or LPN for a relationship development sales
career. The successful candidate will promote our home
respiratory services, home medical equipment, and
pharmaceutical services within the medical community.
Homecare experience helpful. If the hospital institutional
grind is becoming unrewarding, we have an organiza-
tion designed for you.

At Fitzsimmons, you can have a positive effect upon the
quality of care that is ultimately received.
Explore the possibilities.

Fitzsimmons
Home Medical Equipment

Licensed by the State of Illinois
A Division of Fitzsimmons Surgical Supply, Inc.

Apply in Person or
Forward/Fax Resume
6428 North Milwaukee
Chicago, IL 60631
Phone: (773) 631-4316
Fax: (773) 638-3185

MEDICAL ASSISTANT

Needed for
Family Practice Office
Full Time or Part Time
Call Dee at:
847-967-9660

CARE GIVER

Part-Time
Flexible Schedule
Non-Medical
Must Speak English!
Very Dependable
Prefer Drivers License
Call: 847-673-1254
**HOME INSTEAD
SENIOR CARE**

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will be cancelled after 12 noon
on Monday preceding the
Thursday publication date,
or Thursday 12 noon preceding
the Weekend Job Guide.**

**HEALTH CARE/HOME**

\$ Signing On Bonus \$
CNA's and Companions
Hourly and Live-In
positions available
for Chicago and
surrounding suburbs.
English speaking.
Interviewing in Highland Park.
Call for an appointment
Monday-Friday
Ask for Mary or Linda
Gentle Home Services, Inc.
847-432-9100

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cash!
Call
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EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

DELIVERED TO ALL 11,000 HOMES IN NILES
EVERY WEEK OF THE YEAR!

FULL/PART-TIME

FULL/PART-TIME

FULL/PART-TIME

FULL/PART-TIME

FULL/PART-TIME

**Restaurant Employment
Guide**

RUBY TUESDAY - NEW RESTAURANT: Located @ Hampton
Inn, Skokie. Hiring ALL positions. Interview @ 5203 Old Orchard
Rd., off Edens Expressway.

HOTESS WANTED Friendly, Energetic Individual need-
ed for Banquets Weekends & some weekday evenings.
Wages highly competitive. We will train.
Call Ms. Alice 847-647-0660
Tuesday - Friday, 11:00am - 4:00pm
WHITE EAGLE BANQUETS & RESTAURANT - NILES

RETAIL

! ACT NOW ! THE GLASS GALLERY
\$ HOLIDAY SEASON \$ - \$8 TO \$10 PER HOUR
Plus Bonus & Employee Discount
National Retailer needs 6 personable, honest,
self-starting sales associates for glass gift store in:
GOLF MILL MALL - NILES
Nov. 15 thru Dec. 31 - Two Years of retail or
clerical experience & background check required.
Part-Time, 10-30 hours/week.
Day, Evening and Weekend shifts available.
Call **1-800-466-4527 - 9 AM - 9 PM**
Or Visit: www.glassgallery.net

EXCELLENT PAY!
Benefits For Full & Part-Time
MOSTLY DAYS
Some Evenings & Weekends
*CASHIERS - *SALESFLOOR
Apply At TARGET
2241 Willow Rd. - Glenview
Call Marlee
847-657-0095

**SALES &
ALTERATIONS HELP**
Experience preferred, will train.
All positions available-Sales-
Stock and/or Cleaning store. Start
immediately. Competitive hourly
paid or salary + commission. Can
offer insurance package. Please
contact John. -NILES-
847-965-7741

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treasures into cash!
Call **847-588-1900**



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CLASSIFIEDS!**



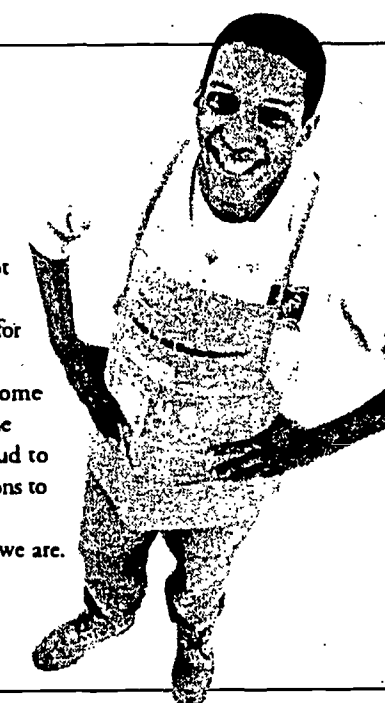
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12 noon preceding The Week-
end Job Guide.**



RETAIL

Grand Opening

The World's
#1 Home Improvement Retailer
is Now Accepting Applications
for our new Niles location!



Whether you're looking for
part-time work or a life-long
career, the new Home Depot
in Niles has all of the
opportunities you're looking for
and more. Due to enormous
growth and expansion, The Home
Depot, the World's #1 Home
Improvement Retailer, is proud to
offer a variety of career options to
top caliber people who are as
committed to excellence as we are.

LIGHTING SPECIALISTS
ELECTRICIANS
PLUMBERS
KITCHEN/BATH DESIGNERS
INTERIOR DESIGNERS
BUILDING MATERIALS PROS
MILLWORK SPECIALISTS
CARPENTERS
OVERNIGHT FREIGHT TEAM

FLOORING EXPERTS
PAINTERS
EXPERTS IN TOOLS & HARDWARE
GARDENERS/NURSERY PROS
SALES ASSOCIATES
CASHIERS
CUSTOMER SERVICE REPRESENTATIVES
TOOL RENTAL TECHNICIANS

FULL AND PART TIME OPPORTUNITIES
TOP PAY • EXCELLENT BENEFITS
OUTSTANDING ADVANCEMENT OPPORTUNITIES



Applications are being accepted by appointment only. Please call
(847) 296-5358 to schedule an appointment time. The application
process will take approximately one hour to complete. Or call
1-877-WORK-4HD www.careers.homedepot.com
We are an equal opportunity employer and a drug-free workplace.

Great careers built here!™

**All Classified Help Wanted
Ads Can Now Be Found On
The Internet!**

www.Chicagometrojobs.com



SALES

SALES

Selling Advertising For
The Bugle Newspapers
Inside Telephone Sales
Or Outside Sales
Full-Time
Or Part-Time
Must Have Experience!
Call Beverly For
Inside Sales
Or Call Sally For
Outside Sales
847-588-1900
Or Fax Resume To:
Beverly - 847-588-1648
Sally - 847-588-1911

**DON'T GET STUCK!
GET HELP.....
LOOK IN THE
CLASSIFIEDS!**

**We Accept Visa
and Master
Card!
Call:
847-588-1900**



Bugle Classifieds
Matching Area
Residents With
Area Employers
Since 1957!
Call 847-588-1900



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EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

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EVERY WEEK OF THE YEAR!

FULL/PART-TIME

FULL/PART-TIME

FULL/PART-TIME

FULL/PART-TIME

FULL/PART-TIME

SALES

**CEMETERY SALES - MEN & WOMEN
*MANAGEMENT TRAINEES**

Looking For 3 Motivated & Hungry People
To Learn This Rewarding Business From The
Ground Up. Discipline & Honesty A Must.
Benefits Include High Commissions, Health,
401K, Weekly Bonuses & Paid Vacation.
Realistic 1st Year Earnings 40K+. Paid Training.
Call Cindy At: 773-625-1700

SALES

Selling Advertising For Bugle Newspapers
Telephone Inside or Outside Sales
Full Time & Part Time
For Inside Sales Call Beverly
Outside Sales Call Sally
847-588-1900

TELEMARKETING

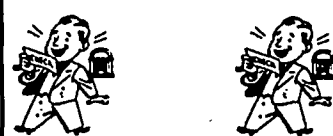
SAMS CLUB - TELEMARKETERS

Authorized Home Improvement Contractor
Needs Part-Time Appointment Setters
Top Hourly Pay - TOP Bonus Program
401K Plan - Paid Vacations
Work in Glenview
Please Call Sid At: 847-729-5500



The Bugle Newspapers
Classified Advertising
847-588-1900

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STUCK!
GET HELP....
LOOK IN THE
CLASSIFIEDS!**



All Classified Help
Wanted Ads Can
Now Be Found On
The Internet!
www.Chicagometrojobs.com

TELEMARKETING

TEAM LEADER

LifeSource Blood Services, a non-profit organization, provides a lifeline between those who need blood and those willing to donate it. We are looking for a Team Leader to join our Glenview Recruitment team. Hours: 12:30pm-9pm, M-Th and rotating weekend days.

Responsibilities include supervising, training and motivate telerecruitment staff. Prepare and analyze productivity reports. Monitor department in Supervisor's absence. Maintain a professional standard and confidentiality regarding LifeSource information. One year of previous telemarketing supervisory experience required and one year of college preferred. Computer experience in a windows environment, excellent communication skills and leadership skills are necessary. Must be willing to work additional hours as needed. For immediate consideration, please email or fax your resume to Christine Krask.

LifeSource Blood Services
1205 North Milwaukee Avenue
Glenview, Illinois 60025
Fax: 847-803-7870
Email: ckrask@itxm.org

TRADES

LINEN DISTRIBUTION TECHNICIANS

Major Chicago area linen supply service seeks individuals to work in a hospital setting within one of the northwest suburban hospitals that we service. Full and part-time individuals are needed to inventory linen, pack carts, load and unload linen carts from delivery trucks and distribute linen throughout the hospital. Heavy lifting, pushing and pulling is required. Competitive salary, excellent benefits.
Call H.L.S. Inc., Human Resources Dept., (847) 941-7018
Or Fax Resume To: (847) 537-9198

TRADES

PHOTOGRAPHER
Work 8 Hours Per Week
For Bugle Newspapers
Must Have Own Camera
Call Bob:
847-588-1900

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TRADES

**PEST CONTROL
TECHNICIAN**

Experienced or will train.
Uniforms provided. Start now.
Knowledge of city & north
suburbs & clean driving
record a must.

**Premiere Pest
Elimination Inc.**
773-283-0123

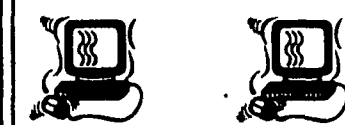
• BARTENDERS
• PORTERS
• CUSTOMER
SERVICE REPS
• MECHANICS
Full & Part-Time
Call: 847-965-5300
**CLASSIC BOWL
MORTON GROVE**

**SECURITY
OFFICERS**

Part-Time/Full Time
Positions Available For
Home Improvement Store
No Experience Required
Paid Training
MORTON GROVE
Please Call:
708-424-4603
Monday-Friday/9AM-3PM

**All Classified
Help Wanted
Ads Can Now
Be Found On
The Internet!**

www.Chicagometrojobs.com



Bugle Classifieds
Matching Area
Residents With
Area Employers
Since 1957!
Call 847-588-1900

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EVERY WEEK OF THE YEAR!

THE BUGLE CLASSIFIEDS

DELIVERED TO ALL 11,000 HOMES IN NILES
EVERY WEEK OF THE YEAR!

REAL ESTATE

APARTMENT FOR RENT

NILES-Garden Apt.
1 Bd., 1 Bath, LR & DR
847-581-1174
GLENVIEW-1 Bd. \$820.
Heat Incl., Own Parking, A/C & Laundry.
No pets. 847-470-0014

NILES - 7532 1/2 N. Milwaukee
1 Bedroom - \$675-\$700/Month
773-557-1315

Apt. In House - \$1,000/mo 3 Bd.,
1 Bath, Lg. Kt. Dine Rm. Split Utilities.
No Garage. Call 708-455-2064

NILES - Clean, Quiet Bldg.,
Non-Smoking, No Pets,
Parking & Laundry. 847-965-9641,
847-361-6341 & 773-584-0006

AUTO FOR SALE

MISCELLANEOUS

ADOPTION

**PLEASE HELP
US ADOPT**

Your heart, our hearts, join as
one. Life for your baby has just
begun. A birthmother whose love
is endless and pure. We'll continue
your dreams, this we assure.
We pray for a baby to cherish and
love & promise to share precious
moments & hugs. Medical, legal,
counseling, court approved
living expenses paid. Please call
our attorney at:

1-708-957-6841

Loren Buck/Hyundai

1620 Westcogan Road, Glenview
(847) 729-8900

'89 Toyota Celica, GTS.
RED w/Black Leather. Stuck,
All Power, 124k. Runs Great!
\$1,500 OBO 773-743-4966

'93 Blue Ford T-Bird
Great Condition-All Power
86,000 Miles-\$4300/OBO
Call: 847-7625

ESTATE SALE

ESTATE SALE - 18/18, 19 & 20, 9-5pm
7261 Nona at Chase, Niles.
Housewares, Sm. Appl., Machinist & Old Tools.

FURNITURE FOR SALE

Living Room & Baby Room
Morton Grove
Call: 847-663-1202

NILES-7426 KIRK DRIVE
Sat. 10/19 - 10 AM - 3 PM
Dining Room Set & Buffet
2 Beds-2 Dressers-Chairs
Kitchen Dishes & Pots-Exercise Bike
Lawn Eq.-Info Call: 847-209-6560

STORE FOR RENT

NILES-8742 N. SHERMER
2,200 Square Feet
Call: 847-858-6129

All Classified Help
Wanted Ads Can
Now Be Found On
The Internet!
www.Chicagometrojobs.com

**We Accept
Visa
and
Master Card!
Call:
847-588-1900**



The Bugle Newspapers
Classified Advertising
847-588-1900



MISCELLANEOUS

GARAGE SALE

NILES
8200 N. OZARK
Friday-Saturday & Sunday
Oct. 18 - 19 & 20
9 AM - 5 PM
Housewares-Clothes
MUCH MORE!

NILES - 7126 WRIGHT TERR.
Fri. 10/18 & Sat. 10/19-9 AM-3 PM
Moving Sale, Everything Must Go!

MORTON GROVE - 7 REBA CT.
Thurs-Sun. Oct. 24-25-26 & 27
9 AM - 4 PM - Furniture Sale
Lawn Equipment-Power Tools
Drill Press-Computer Desk

NILES - 8256 N. OLCOTT
Fri. 10/18 & Sat. 10/19 - 8 AM-4 PM
Sunday-10/20 - 9 AM - 4 PM

GUARANTEE
CUSTOMER CHECKS

NSF OR BAD CHECKS
Business Owners, let us help
STOP LOSING PROFITS TODAY!
w/800# to guarantee checks
847-702-5503

MOVING SALE

Moving Sale - Bedroom &
Living Room Furniture. Please
Call - 9am-7pm. 847-966-0581

OPEN HOUSE

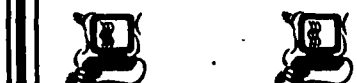
St. Bernadette's School
Welcomes You To Their
Open House-Saturday
Oct. 19 - 11 AM - 3 PM
Niles-7429 N. Milwaukee
Info Call: 847-647-0235

PERSONALS

**A Prayer
St. Jude's Novena**

May the Sacred Heart of Jesus be
adored, glorified, loved and pre-
served throughout the world,
now and forever. Sacred Heart of
Jesus, pray for us. St. Jude,
worker of miracles, pray for us.
St. Jude, helper of the helpless,
pray for us. Say this prayer nine
times a day, for nine days. On the
eighth day your prayers will be
answered. It has never been
known to fail. Publication must
be promised. Thank you. St.
Jude. R.A.

All Classified Help
Wanted Ads Can
Now Be Found On
The Internet!
www.Chicagometrojobs.com



MISCELLANEOUS

PERSONALS

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St. Jude's Novena**

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eighth day your prayers will be
answered. It has never been
known to fail. Publication must
be promised. Thank you. St.
Jude. B.D.

POWERFUL PRAYER TO THE HOLY SPIRIT
You who solve all problems, who lights all
roads so that I can obtain my goals. You,
who give me the divine gift to forgive and
to forget all evil against me and that in all
instances of my life, you are with me. I want
in this short prayer to thank you for all
things and to confirm that I never want to
be separated from you, even and in spite of
all material situations. I wish to be with you
in eternal glory. Thank you for your mercy
towards me and mine. Say this prayer for 3
consecutive days and a favor will be granted.
Thank you. B.D.

**A Prayer
St. Jude's Novena**

May the Sacred Heart of Jesus be
adored, glorified, loved and pre-
served throughout the world,
now and forever. Sacred Heart of
Jesus, pray for us. St. Jude,
worker of miracles, pray for us.
St. Jude, helper of the helpless,
pray for us. Say this prayer nine
times a day, for nine days. On the
eighth day your prayers will be
answered. It has never been
known to fail. Publication must
be promised. Thank you. St.
Jude. L.G.

**MOST
MIRACULOUS LORD**

You have granted so many of my
prayers but now I must place this
petition in your hands (name peti-
tion). This now becomes your request
and I ask you to place it in the hands
of God the Father. I know he will grant
this petition because of His love for
you, his son. For this I thank you, O
miraculous Lord. Amen. Say 3 times a
day for 3 days and petition will be
granted. (Publish) B.D.

**DON'T GET STUCK!
GET HELP....LOOK IN
THE CLASSIFIEDS!**



MISCELLANEOUS

RUMMAGE SALE

Giant Fall Resale-Sun Oct. 20-9-4pm &
Mon. Oct. 21 9-1pm & 5-8pm. New &
Gently worn clothing, boutique, toys.
Small appliance & household items in
good condition. Temple BJE, 901 N.
Milwaukee Ave., Glenview, North of
Golf Rd. & South of Euclid/Lake Ave.

Park Ridge Newcomers' Semi-Annual
Kids Sale. Previously owned, gently
used clothing, toys & equipment.
Saturday, Oct. 19-9:30 AM-1 PM.
St. Andrews Lutheran Church-260
Northwest Hwy., Park Ridge.
For more info call:
847-622-4399

SITUATION WANTED

BABYSITTER WANTED for
Niles/Park Ridge area.
Call-312-659-0789 Leave Message.

TANNING

HIGH QUALITY • LOW PRICES
WOLFF TANNING BEDS
Payments From \$25 / month
Home Delivery
FREE Color Catalog
Call Today 1-888-839-5160
www.np.etstan.com

WANTED TO BUY

**WANTED
WURLITZERS
JUKE BOXES
ALSO
Slot Machines
Any Condition
1-830-985-2742
Fax: 1-830-985-5181**

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end Job Guide.



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To Advertise In This Directory
Call Beverly 847-588-1900

COMMUNITY DIRECTORY

ALUMINUM SIDING

SEAMLESS GUTTERS
35 Colors
Vinyl & Aluminum Siding
Soffit & Fascia/Window Trim
Replacement Windows & Doors
Roofs & Repairs
Handyman Services
773-631-1555
NORWOOD SERVICES
Free Estimates-Insured

BRICKWORK

MIKWAY
• Tuckpointing • Brickwork
• Masonry • Concrete
Chimneys Repaired & Rebuilt
Glass Block Installation
Window Cleaning • Building Cleaning
Residential-Commercial-Industrial
• Fully Insured • Free Estimate
(847) 965-2146

To Advertise In The
Bugle Newspapers
**Community
Directory**
Call: Beverly
(847) 588-1900

FIREWOOD

FIREWOOD UNLIMITED
Fast Free Delivery - Credit Cards OK
Mixed Hardwoods \$90 FC
Cherry, Birch, Hickory, Mix \$100 FC
Oak \$115 FC
100% Cherry, Birch,
Hickory or Apple \$130 FC
Discount On 2 Or More
Stacking Available In Business 30 Years
(847) 888-9999

HANDYMAN

Amex Builders
HANDYMAN
• Painting • Roofing • Carpentry
• Plumbing • Concrete Work
• Kitchens & Bathrooms • Electrical
WE DO IT ALL... NO JOB TOO SMALL OR TOO BIG
OUR WORK GUARANTEED
773-763-9276
Niles, IL
Fully Insured • Licensed & Bonded

To Advertise In The
Bugle Newspapers
**Community
Directory**
Call: Beverly
(847) 588-1900

CATCH BASINS & SEWERS

JOHN'S SEWER SERVICE
Oakton & Milwaukee
Niles
(847) 696-0889
Your Neighborhood
Sewer Man

CONTRACTOR

EUROPEAN CONTRACTOR
• Remodeling & New Construction
• Carpentry
• Glass Block Windows
• Brickwork & Tuckpointing
• Cement Work • Roofing & Siding
• Gutters & Downspouts
FREE ESTIMATES
Deal With Owner & Save
(847) 803-2414
(847) 650-1935 Cell

FLIGHT LESSONS

LEARN TO FLY!
Call Now For A \$49
DISCOVERY FLIGHT!
Private thru ATP, Charter & Pilot
Services, Simulator and Aircraft
Flight Training, 3 Day Weekend
Ground Schools. Located at
Pal-Waukee Airport, call
RUSS DUSZAK
(847) 372-6196

HANDYMAN

J.R. HANDYMAN SERVICE
• Painting • Roofing • Carpentry
• Plumbing • Concrete Work
• Kitchens & Bathrooms • Electrical
WE DO IT ALL... NO JOB TOO SMALL OR TOO BIG
OUR WORK GUARANTEED
(847) 674-0371
(773) 792-3550

APPLIANCE REPAIRS

CHICAGO APPLIANCE & REFRIGERATOR REPAIR CO.
ALL MAKES ALL MODELS
FREE ESTIMATE WITH JOB
(847) 696-3311
(773) 631-5151
Serving Your Neighborhood
Daily Since 1957

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**Community
Directory**
Call: Beverly
(847) 588-1900

DECORATING

DESIGN DECORATING
• QUALITY PAINTING
• EXPERT PAPER HANGING
• WOOD FINISHING
• PLASTERING
* We vacuum & put furniture back *
(847) 205-5613
Call Yes
References Free Estimates

FLOORING

SUBURBAN FLOORING COMPANY
We'll Make All Your
Floors Beautiful!
*Hardwood Flooring • Refinishing
*Custom Staining Available
*Ceramic, Granite, Vinyl
MC-Visa-American Express
Call For Free Estimates
847-980-7807

HANDYMAN

ROY THE HANDYMAN
"YOU NAME IT — WE DO IT"
Painting-Interior/Exterior
Wallpapering • Carpentry
Electrical • Plumbing
Drywall • Repairs
Floor & Wall Tiling
Remodeling
FREE ESTIMATES
(847) 965-6415

BRICKWORK

RICE MASONRY CONSTRUCTION
• Brickwork & Tuckpointing
• New or Rebuilt Chimneys
and fireplaces
• Glass Block Panels
• Cleaning & Waterproofing
Free Estimates — Insured
(847) 824-2223

CONCRETE WORK

MIKE NITTI CEMENT CONTRACTOR
• Patio Decks
• Driveways
• Sidewalks
FREE ESTIMATES
Licensed
Fully Insured
(847) 965-6606

To Advertise In The
Bugle Newspapers
**Community
Directory**
Call: Beverly
(847) 588-1900

GARAGE DOORS

GARAGE DOORS
Garage Doors & Openers
Installations
LASON BUILDERS
847-804-8147
Niles resident

HANDYMAN

EXTERIOR &/OR INTERIOR
Painting & Staining
We Do Minor Repairs
Plumbing, Carpentry,
Etc.
Free Estimates
Rich The Handyman
847-965-8114

To Advertise In The
Bugle Newspapers
**Community
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Foundation seeks applicants

.....continued from page 1

the Foundation for Nager & Miller Syndromes, Orchard Village, Turning Point, the First Step Foundation and the Glenkirk Foundation.

The 2002 *Taste* raised more than \$25,000 to pass along to community organizations.

The upcoming March 6, 2003 event at Niles' Chateau Ritz will offer foods of area restaurants, the famous firehouse chili of Monon Grove's firefighters, as well as dancing.

Organizations are invited to contact Ralph Czerwinski, chairman of Monon Grove Foundation, at (847) 470-5234 or (847) 470-5226 for more information and to apply.

Taste the World is an effort of the Monon Grove Foundation and MB Financial Bank of Monon Grove.

Woman dies in crash

.....continued from page 1

juries and released the same day. William Onderdonk remained at the hospital overnight.

The Park Ridge Police Department major crash unit is investigating.

Mentally ill housing

.....continued from page 1

individuals to live in a facility at 4570 W. Church St. under the supervision of one staff member, a ratio that neighbors feel is not adequate for public safety and proper operation of the unit.

Other neighborhood concerns include the stability of property values and the potential danger attached to residents described as having moderate to severe mental illnesses.

Six commissioners voted in favor of the request. One, Herb Sweetow, pointed out that 19 congregate living facilities already operate successfully in Skokie.

Sweetow said that police report no problems with neighbors in those facilities.

The building in question is a duplex with two floors of four-bedroom apartments. WillPower, Inc. hopes to increase a parking area behind the building and build an office-plus-living area for the on-site staff person.

Talks continue

.....continued from page 1

equipment having adequate access to their streets during periods of peak attendance at the Center.

In September, neighbors dropped an earlier request for resident-only parking but presented eight traffic management proposals instead.

At the October meeting both sides told the commission that they had reached agreement on many of those eight points.

To address the safety issue, the village has installed no-parking signs down the sides of streets with fire hydrants. The ban applies to Fridays between 1 and 4 p.m., when prayer services bring the heaviest traffic into the area.

Fire Chief Ralph Czerwinski, who had acknowledged concern himself, said he is comfortable with a temporary one-side-only restriction.

Still at issue is the number of off-street parking spaces the Center will be able to provide.

About 25 cars now park on lawn adjacent to the Center, a suggestion made by a resident last month.

The Center's parking lot accommodates about 70 cars, but plans for a new mosque will include approximately 140 additional spaces.

The additional parking will come first in the construction phase. Plans for this project will be submitted to the village sometime this month.

The Commission will study additional traffic information at its November meeting.

District 207 contract

.....continued from page 1

Pay upgrades for those teachers involved in extracurricular activities and stipends for those who mentor incoming teachers are also part of the new terms.

Over 80 percent of membership approved the contract, said Jeanne Miller, president of the teachers' association.

Beauty

(NU) - Do you ever look in the mirror and wish for a whiter, brighter smile? If so, you're not alone. Tooth whitening is one of the most popular dental procedures today.

LEGAL NOTICE

The Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, November 4, 2002, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s):

02-ZP-38 Jason Cho
2510 E Dempster St.
Des Plaines

Requesting a change in zoning from B-2 to B-2 Special Use to construct a food court within a retail space at 8482 Golf Road.

The Village of Niles will comply with the Americans With Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Mary Kay Morrissey, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847/588-8000.

OBITUARIES

ROSE TINGHINO

Rose Tinghino, 93, of Niles, died Sunday, June 30, at Rush North Shore Hospital. She was born March 14, 1909 in Italy. Beloved wife of the late Carmelo Tinghino. Beloved daughter of the late Enil Sodaro and the late Jennie Sodaro. Beloved mother of Gloria (Raymond) Brzny, the late Sarah Tinghino. Beloved Grandmother of Karl (Carol) Tinghino, Joan (Jerry) Grippo, Mark Tinghino, Lynn Schraw, Karen (Charles) McLauchlan, Nancy Tanghino, Melissa & Timothy Brzny and the late Michael Tinghino. Great Grandmother of nine. Sister of Mary Vinceri, Anthony (the late Virginia) Sodaro, Florence Sodaro, Guy Sodaro, Carmella Falcone, the late Lucy Casale and the late Frank Sodaro. Aunt of many nieces & nephews. Services were held July 3 at St. John Brebeuf Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in Mt. Carmel Cemetery.

PATRICIA JEAN SYLSO

Patricia Jean Syslo, of Chicago died Monday, July 1. She was born in Chicago. Beloved daughter of the late John Syslo and the late Eugenia Syslo. Beloved sister of Peggy Syslo and Kathleen Syslo. Services were held July 6 at St. Francis Borgia Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery. Memorials to: American Cancer Society, 625 North Cl., Suite 280, Palatine, IL 60067-8162.

ANDREW FARENGA

Andrew Farenga, 72, of Northbrook, died Tuesday, July 2 at Hospice of the North. He was born February 14, 1930 in Chicago. Beloved husband of Dolores Farenga. Beloved father of Cynthia (Michael J. Crowley) Farenga, Andrea (Robert Olander) Farenga and Renee (Mark) Ryan. Grandfather of Lucy, Julia, Remy, Ruby, Paul, Violet, Amy Grace and Lydia Joy. Brother of Rose (George) LaDonne, Jerry Farenga and the late Sylvia (Marty) Albanese. Uncle of many nieces and nephews. Services were held July 6 at Our Lady of the Brook. Arrangements handled by Colonial-Wojciechowski Funeral Home. Niles. Interment was in All Saints Mausoleum. Memorials to: Hospice of the North Shore or Johns Hopkins, Research on Pancreatic Cancer.

JOHANNA LASPINA

Johanna Laspina, 73, of Niles, died Thursday, July 4. She was born November 15, 1928 in Chicago. Beloved wife of Joseph Laspina. Beloved mother of Richard and John and dear mother-in-law of Kathleen. Grandmother of Vincent and John. Sister of Anthony (Phyllis) and the late Frank (Mildred) Dina. Services were held July 8 at Our Lady of Ransom. Arrangements handled by Colonial-Wojciechowski Funeral Home. Niles. Interment was in Maryhill Cemetery.

KEITH MIERZWA

Keith Mierzwa, 42, of Niles, died Thursday, July 4 at Lutheran General. He was born June 1, 1960 in Oak Park. Beloved son of the late Sheila and the late Chester Mierzwa. Beloved father of Dannelle, Bryan, Nathan and Britany. Grandfather of Dylan and Austyn. Brother of Kenneth (Ellin). Services were held July 8 at Our Lady of Ransom. Arrangements handled by Colonial-Wojciechowski Funeral Home, Niles. Interment was in All Saints Cemetery. Donations to the Family are appreciated.

DOLOROSE LEGUTKI

Dolorose Legutki, of Chicago, died Friday, July 5 at Resurrection Medical Center. She was born in Chicago. Beloved wife of the late Walter Legutki. Beloved mother of Theresa (Curt) Christ, Greg Legutki and Paul Legutki. Grandmother of Geist Brewster, Matthew Howard Brewster, Jonathan Christ, Ann Marie "Annie" Legutki, Jeffrey Scott Legutki and Johanna "Jo Jo" Legutki. Great Grandmother of Ashley Marie Gregor. Services were held July 9 at St. Juliana Church. Arrangements handled by Skaja Terrace Funeral Home. Interment was in St. Adalbert Cemetery.

RAMONA OCASIO

Ramona Ocasio, 82, of Des Plaines, died Friday, July 5. She was born February 13, 1920 in Puerto Rico. Beloved wife of the late Braulio. Beloved mother of Anthony B. (Judith) and Maria (Robert) Neighbors Ocasio. Grandmother of Richard (Linda) Bryan and Lynn Rene Ocasio. Great Grandmother of Jonathan, Anthony and Lauren. Sister of Duvergina (Rolando) Lopez, Ramon (Josefa) and Carlos (Mildred) Figueroa. Aunt of many nieces and nephews. Services were held July 8 at Colonial-Wojciechowski Funeral Home. Niles. Interment was in St. Adalbert Cemetery. Memorials to: American Cancer Society, 100 Palatine Road #150, Palatine, IL 60067.

MATTHEW M. BANDUR

Matthew M. Bandur, 83, of Palos Heights, died Sunday, July 7 at St. Francis Hospital. He was born August 14, 1918 in Chicago. Beloved husband of Josephine Smialek Bandur. Beloved husband of the late Emelia Bandur. Beloved father of Stanley (Cindy) Bandur. Grandfather of Amanda Beth Bandur and Bret Matthew Bandur. Brother of John (Eleanor) Bandur, Joseph (Virginia) Bandur, the late Edwin (the late Dorothy) Bandur, Mary (the late William) Kennedy, Sophie (the late Robert) Nygaard and Violet (Chester) Olszewski. Services were held July 10 at St. Cecilia Church. Arrangements handled by Becvar & Son Funeral Home. Interment was in St. Adalbert Cemetery.

HELEN ADELINE SWIAKIEWICZ

Helen Adeline Swiakiewicz, 77, of Chicago, died Thursday, July 4. She was born August 17, 1924 in Chicago. Beloved wife of the late Casimir Swiakiewicz. Beloved daughter of the late Casimir Kapuscinski and the late Frances Kapuscinski. Beloved mother of Michael Swiakiewicz, Thomas (Alexis) Swiakiewicz, Michael (Andrea) Swiakiewicz, Ron Swiakiewicz and Steve (Alison) Swiakiewicz. Grandmother of Dan, Laura, Mike, Santanah, Kacie, Stephanie, Michelle+Antoinette. Sister of Stephanie (the late Gene) Paplaczky, Frank (Rosemary) Kapuscinski, the late Stanley (the late Sophie) Kauscinski, the late Walter (Joanne) Kapuscinski, the late John (the late Helen) Kapuscinski. Aunt of many nieces & nephews. Services were held July 8 at St. Ladislaus Church. Arrangements handled by skaja Terrace Funeral Home. Interment was in All Saints Mausoleum.

Music of Irish America October 18 & 20

At the annual Irish American Forum, everyone will have an opportunity to "give my regards to Old Broadway, and say that I'll be there ere long." This year's Forum, The Music of Irish America, examines the still-popular song hits of the 19th and early 20th century Irish-American composers: Stephen Collins Foster, George M. Cohan, Victor Herbert, Edward Harrigan, Tony Hart and many others.

The Forum at the Irish American Heritage Center, 4626 N. Knox Avenue in Chicago, begins on Friday, October 18, at 7:30 p.m. with a musical revue in the auditorium. It features well-known cabaret performer Jamie O'Reilly and her troupe, Cecille O'Reilly, The Irish Heritage Singers, and vocalists from the Irish Fellowship Club of Chicago, the Shamrock American Club and Chicago Gaelic Park.

On Sunday, October 20, the Forum lectures begin at 2 p.m. Mick Moloney, Jamie O'Reilly, Thomas J. Boyle and Bill Margeison will cover the history of the vaudeville stage, minstrel shows, performers, lyrics, music and the effect on the spirit of the people. The Irish Heritage Singers will perform a medley of melodies.

Tickets for the Friday musical review are \$12 (\$8 for IAHC members and seniors) and are available in the IAHC office, or may be ordered by phone with Visa or MasterCard by calling (773) 282-7035. Admission to the Sunday lectures is \$5, which may be paid at the door.

Consumers Save With Fixed-Fee Plan

(NU) - Two U.S. long-distance companies recently announced at a Salomon Smith Barney conference that they would rely on their traditional long-distance units to generate cash while they expand their local and international businesses.

Telecommunications companies like AT&T and WorldCom see entering local services as the only opportunity to reduce the fees they pay to transmit long-distance telephone calls across the Baby Bells' local networks. That means long-distance consumers will continue to fund the effort, according to ATNG Inc., a Memphis-based company that provides voice and data telecommunications services.

As long as network configurations remain entrenched in legacy network design, pricing cannot change to offset the high cost of originating and terminating access for long-distance phone calls. This cost is then passed on to consumers, mostly through traditional, metered rate long-distance calling.

That's why ATNG, Inc. is providing some relief to residential long-distance consumers.

ATNG uses "Voice Over Packet" technology to reduce its call transmission costs. These savings are then passed on to the consumer in the form of BlueKiwi, a simple calling plan that provides unlimited domestic long-distance calling in the continental United States for a fixed monthly fee of \$34.95. BlueKiwi also eliminates the bills and guesswork consumers often face with a traditional long-distance plan.

ATNG is a publicly traded company (OTCBB: ATNG). For more information about BlueKiwi, call 1-800-419-5494 or visit www.mybluekiwi.com.

Beauty

(NU) - If you have worked hard to protect your skin from wrinkles, you might be frustrated when they begin to appear. Although you can't stop the clock, laser techniques are available to help maintain your youthful look. If you are considering a laser skin resurfacing procedure, it's best to find a physician who uses a range of appropriate lasers. For more information about laser treatments, visit www.advanceddermatology.com.

Asthma

(NU) - Many residents in inner-city areas — where problems associated with asthma are at all-time highs — are not receiving the health care they need to treat asthma and other respiratory problems. But one program, Academy CAN!, helps inner city asthma and allergy sufferers. Academy CAN! was created by the American Academy of Allergy, Asthma and Immunology. For more information, log on to www.aaaai.org.

Tips for Choosing the Right Bank for You

(NU) - Banks offer many different options and their fees vary widely. So when it's time to choose one, finding the best match for your financial needs can seem like a difficult and confusing task. Where do you begin?

Although there is much to consider, you can select a bank the same way you would choose any other product or service. First, evaluate your needs and then compare costs.

To get started, consider the following:

- How much money, on average, can you afford to keep in your checking account each month? Approximately how many checks will you be writing? Compare the costs of different types of accounts at each bank.

- What time of day do you do most of your banking? Some banks have standard banking hours while others offer evening and weekend access. Will the bank's hours serve your needs?

- Do you need access to telephone banking in order to manage your account 24 hours a day, seven days a week?

- Do you like the convenience of automated teller machines and online banking or do you prefer to deal with a live bank representative? Compare ATM fees at different banks.

- When you visit a bank you are considering, are the employees helpful? Are your questions

answered quickly and accurately?

- Is the bank insured by the Federal Deposit Insurance Corp.? That means your deposits will be protected up to \$100,000.

- Is the bank in a convenient location? Although location is important, be sure to also compare costs at several banks in your area. The nearest bank might not be the one that will best fulfill your financial needs.

Finally, consider additional bank services you might need, such as loans and mortgages, credit cards, brokerage services, insurance, and annuities and retirement services, such as Individual Retirement Accounts. IRAs were established by the federal government to encourage people to save for retirement and are set up through banks, credit unions, or savings and loans.

Recently, Congress passed legislation that created new types of IRAs — Roth IRAs and Educational IRAs. The Roth IRA provides taxpayers with potentially tax-free distributions while the Educational IRA is designed to help people accumulate money for college expenses. IRAs allow you to invest your money and let it grow tax-deferred and, in some cases, tax-free.

For more information about selecting a bank or about IRAs, call 1-800-638-5433 to order the free Life Advice brochures "Choosing a Bank" and "IRAs."

Fight Hair Loss Naturally With Herbal Treatment

(NU) - Hair loss affects nearly 50 million men and 40 million women in the United States. While causes had been thought to vary, the Food and Drug Administration has now identified the body chemical Dihydrotestosterone (DHT) as the leading cause of hair loss.

When DHT attacks the hair follicle in those people who have a genetic predisposition, each hair follicle becomes smaller, producing thinner, shorter, lighter and more brittle hair which cannot adequately replace hairs that are shed naturally. These factors are the beginning stages of baldness.

Now treatments do exist. Five years of testing a combination of herbal oral medication, deep cleansing scalp shampoo and an herbal-based topical formula has shown tremendous success in growing hair for both men and women.

For example, in a collective effort, the Hair and Skin Treatment Center and the New York Hair Clinic have developed an all natural herbal treatment, AVACOR, which stops DHT from attacking hair follicles. It is guaranteed to start regrowing hair in balding areas.

A dramatic decrease in the

rate of excessive hair loss and fallout was noted in most patients after the first one to two months of treatment. In women exclusively, this was evident in two to four weeks. Thickening and lengthening of hair throughout the scalp occurred in almost all patients over the course of the study.

The herbal oral tablet acts as a blocker to stop DHT from reaching the hair follicle. Hair no longer gets the message from the body to stop growing and it helps hair regrow naturally. Formulations of the oral medication contain tested organic extracts, mainly Bilberry, Horsetail, Sabal Serruata and Ginkgo biloba. This balanced formula provides a healthy environment in the body to produce new hair.

The topical solution consists of minerals, vitamins, amino acids and exclusive hair growers to provide basic nutrients necessary for the metabolism of healthy hair follicular cell development. The solution dilates the capillaries, increasing the required nutrients; by the same mechanism, accumulated waste material is excreted.

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Specifications, general information and proposal forms will be available in the Office of the Purchasing Agent, Village of Niles, 1000 Civic Center Drive, Niles, Illinois 60714 (847-588-8000).

Sealed proposals will be accepted until 12:00 Noon, Wednesday, October 30, 2002, at Niles Administration Building, 1000 Civic Center Drive, Niles, Illinois, (southeast corner Oakton Street and Waukegan Road).

Proposals will be opened at 3:00 P.M., Wednesday, October 30, 2002, in the Conference Room at the Administration Building.

After review by village officials, contracts will be awarded at the Village of Niles Board meeting of November 26, 2002.

Nothing herein is intended to exclude any responsible firm, or in any way restrain, or restrict competition. All responsible and eligible firms are encouraged to submit proposals. The Village reserves the right to accept or reject any or all proposals, to waive informality or technicalities in any proposal, and to accept the proposal which it deems to be in the best interests of the Village.

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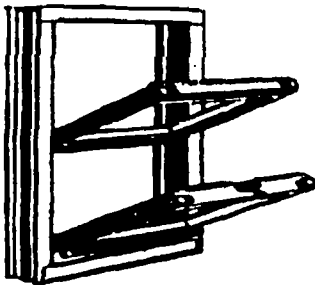
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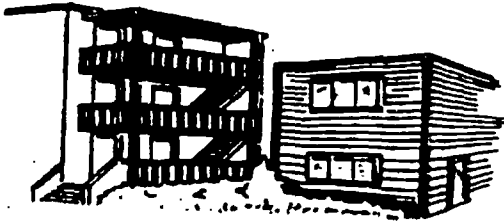
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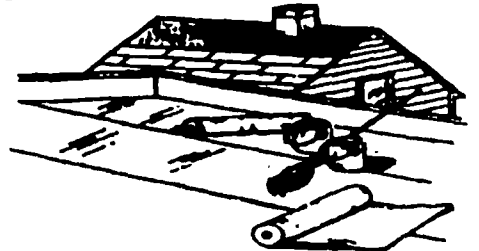
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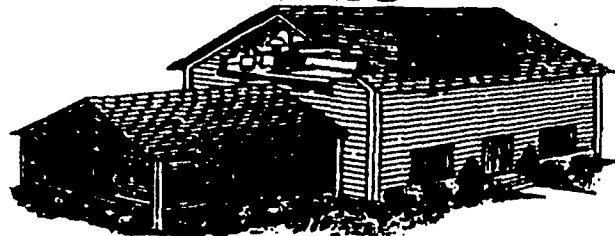
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