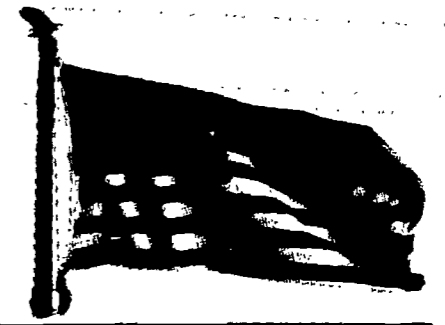


APR 15 2004

THE BUGLE

LIBRARY
USE
ONLY

Since 1957

Thursday, April 15, 2004

Vol. 47 No. 44

NilesBugle.com • ParkRidgeBugle.com • MortonGroveBugle.com

Inside



Rocking the School House

Cara George portrays a legislative bill in Gemini Jr. High's "Schoolhouse Rock" medley. For the story, turn to 15.



Hawks Rally

Maine South's Derek Walsh dives back into first base to avoid a tag during Saturday's game against Fremd. For the story, turn to page 11.

Index | Weekly Vol. 47 No. 44

Schools.....	4
Police Blotters.....	6
Calendar.....	8
Park Ridge.....	9
Sports.....	11
Business.....	13
Life.....	25
Home.....	14
Classified.....	17
Seniors.....	1b

Morton Grove approves trash fee assistance program

The Morton Grove Village Board approved a new assistance program for low-income residents for whom the new garbage collection fee causes a hardship.

Following a budget shortfall, the board instituted a new collection fee that transfers the cost of garbage collection directly to residents. Groot, Inc. now bills about \$180 to residents for their service.

The new fee caused a great deal of controversy and now the board is taking steps to help those in need.

The assistance program will be handled by the village social worker Jackie Walker-O'Keefe who already administers an aid program to needy residents.

"We already know some people who Jackie works with that are eligible for the assistance," said Village Administrator Ralph Czerwinski. "And if people apply through her office for the trash fee assistance, they might also be eligible for our other programs."

Czerwinski said that the program was developed by Walker-O'Keefe and Andy DeMonte, director of Public Works.

"It began to be developed through Public Works and then Jackie got involved," said Czerwinski. Andy [DeMonte] and Jackie really deserve the credit."

Residents must submit an application and have an interview before they can receive assistance. Applications can be picked up at the Department of Family and Senior Services, 6140 Dempster, Morton Grove.



Eggs over children

Paul Pepin, 8, and his sister Racheal, 5, get a front row seat for the blessing of Easter baskets at St. John Brebeuf, Saturday morning April 10.

D63 Foundation holds fundraiser at Flapjack's

Hungry? How about some pancakes? The District 63 Education Foundation and Flapjack's Restaurant in Niles are holding a fund-raiser to benefit the District's Total Learning Community (TLC). It will be held on Wednesday, Apr. 21 from 4 p.m. to 8 p.m. at Flapjack's, 8501 W. Dempster, Niles.

Flapjack's full menu will be available at the fundraiser. All proceeds from the event will benefit the TLC.

"Flapjack's usually closes at 4

p.m.," said Pam Surber, director of the TLC. "They're going to stay open until 8 p.m."

The TLC was established by a grant awarded to District 63 from the U.S. Department of Education. Its mission is to provide a wide array of expanded education and enrichment opportunities for students, families, and the entire community when school is not in session.

"We'll have great raffle prizes and entertainment from many talented students and teachers," said Surber. "My staff has also

volunteered to help serve food so, if you ever wanted to have us wait on you, this is the opportunity."

Additionally, anyone who shows up and finishes their meal by 5 p.m. receives a five percent discount on their meal.

"David Eddy, the owner of Flapjack's has been extremely generous," said Surber.

To RSVP for the fundraiser, call (847) 827-4134. Walk-ins are welcome however.

"We're looking forward to the evening," Surber said.

Three youths under house arrest for vandalism

BY WENDY ELLIS
wellis@buglenewspapers.com

Three 17 year olds from Morton Grove and Skokie have been placed under house arrest after a weekend vandalism spree that included 19 incidents in Morton Grove and 10 in Skokie. Erik Wiltgen, Morton

Grove, Steven Ruttenberg and Christopher Magdaleno, both of Skokie, were arrested by Morton Grove police April 7, and charged with 30 counts of Felony Criminal Damage to Property and 37 counts of misdemeanor Criminal Damage to Property involving the incidents that occurred March 27 and 28.

The trio's arrest followed a sec-

ond night of vandalism to cars owned by the Tim Payne family. Payne and his daughter's fiancé were waiting for the teenagers when they returned the second night, and were able to get the license plate number of the car they were driving. According to a statement released by the Morton Grove Police, the attack on the Payne fam-

ily vehicles may have been a result of a previous altercation with a member of Payne's family, but the other 28 acts of vandalism were random. Almost all involved damage to motor vehicles.

The three teens will remain under house arrest, except for school and work, until their court appearance April 19 in Skokie.

Don't forget to
mail your taxes!



EVENTS CALENDAR

CIVICS

Thursday, April 15
- Park Ridge Library Board Meeting, 7:30 p.m.
Wednesday, April 21
- 7 p.m. Village of Niles Adjudication Hearing

COMMUNITY

Thursday, April 15
- Morton Grove Hadassah will host Congresswoman Jan Schakowsky, today at 10 a.m. at the Barnes & Noble in Old Orchard mall. Schakowsky plans to speak on issues of importance to women and seniors.
Saturday, April 17
- The women of St. Andrews Parish will present their annual Salad Bar Luncheon on Saturday, Apr. 17 at noon in the Parish Hall at Elm and Northwest Hwy., Park Ridge. The luncheon will "Celebrate America" and Entertainer Dick Anderson will share American jokes and songs. For more information, call the church office at (847) 823-6656.
- Our Lady of Ransom Parish will hold their 16th annual Rummage Sale today, from 9 a.m. to 3 p.m. The event will be held in the church's Paluch Hall, 8300 Greenwood, Niles. There will be a variety of items to select from including toys, clothing, glassware, tools, baby items, jewelry and books. There will also be a "Treasure Room" for brand new or slightly used items.

PARKS

Thursday, April 15
- 7:30 p.m. Park Ridge Park Board Meeting
Tuesday, April 20
- 7 p.m. Niles Park District Board meeting
Thursday, April 22
- 7 p.m. Morton Grove Park District Board Meeting

Meetings for governmental bodies are held in the following locations:

Niles

Village of Niles: Niles Civic Center
1000 Civic Center Dr., Niles IL.
Niles Park District: Howard Leisure Center
6676 Howard St., Niles, IL.

Park Ridge

City of Park Ridge: City Hall, 506 Butler Pl., Park Ridge, IL.
Park Ridge Park District: Maine Park Leisure Center
2701 Sibley Ave., Park Ridge, IL.

Morton Grove

Village of Morton Grove: Village Hall, 6101 Capulina
Morton Grove, IL.
Morton Grove Park District: Prairie View Center
6834 Dempster St., Morton Grove, IL.

Submit events to: Calendar@buglenewspapers.com



Commercial/ Residential Mortgage Specialist

9311 N. Michael Court • Morton Grove, IL 60053
Ph: 847-324-4440 Fax: 847-324-4443
Toll Free: 866-425-4246

- New Purchase Loans
- Refinance
- Multi-Family Apartment Buildings
- Office Buildings
- Construction Loans
- Loans for A+ to D- Credit
- No Income - No Job - No Assets Loans

\$300 Coupon
toward your closing fee

WHATEVER YOUR MORTGAGE NEEDS ARE. WE HAVE A PLAN FOR YOU. **FREE CONSULTATION**

ILLINOIS RESIDENTIAL MORTGAGE LICENSEE

SOUND OFF!

"Should school be held on Veterans Day?"



"We should all be thankful for the sacrifices our veterans have made for our country."
Sharon Peterson - Morton Grove



"Veterans should not be forgotten. No victims of war should be forgotten."
Preston Spinks - Morton Grove



"If I still did go to school I would like the day off, but you should still honor the veterans."
Matt Segeling - Niles

Digital Hearing Aids
Starting At \$1050⁰⁰
Everyday Price

No Coupons, No Deadlines

Can't Come To Us -
We Come To You

MOBILE HEARING

847 675 4201

Opinion

Give 'the rest' a chance

Dear Editor,

With all the businesses going out of business (Kraft Factory) and the Niles Police Station being torn down plus all of the other empty stores in Niles, I was wondering if the village officials from the mayor down have through and talked about turning on of these businesses, into a shelter for the homeless people or a place where they can pend the night instead of roaming the streets. Chicago, Des Plaines, Skokie, Park Ridge and other surrounding suburbs have something like this. I had to move to an apartment in the city far from the place I had known. And there are others who are not as lucky as me.

There are a lot of reasons people are homeless now-a-days. Loss of job, divorce, not enough help for people who need it. We're not all bad people who are dope addicts or beer drinkers. We just had hard times and had to go live somewhere else. Give the rest of "us" a chance.

M.S., Niles

Response to OLR closing 'a disgrace'

Dear Editor,

I am writing in response to the recent articles about the closing of Our Lady of Ransom School. My children all attended school there and I have been an active member of the parish for over 30 years.

The way that people have responded to the closing is a disgrace. Our Lady of Ransom is not the only school slated for closure, nor is this the first time that closing the school was considered. The issue of closing the school came up before the school board approximately 15 or 16 years ago under the leadership of a different pastor. At that time, it was suggested that three Catholic schools in the area merge to form one school. Ultimately, it was decided that the school should remain open for a few more years.

In the past few years, declining enrollment and the resulting increase in tuition have made it impossible to continue to keep the school open. According to employees in the school office, enrollment and deposits were received for only 115 students for the 2004-2005 school year. The claim that 160 students were enrolled is simply not true.

Even more troublesome are the personal attacks levied by some parents against our pastor, Fr. John Hall. Some of the most vocal opponents of the school closing openly admit that they have not attended Mass at the church in several years. Perhaps that is why they failed to hear Sunday's Gospel: "[Jesus] said to them, 'Let the one among you who is without sin throw the first to throw a stone.'"

J.B., Park Ridge

Letters Policy

The Bugle encourages readers to submit letters to the editor. To be considered for publication, all letters must be signed with the writer's full name. An address and telephone number (which will not be printed) must be provided for verification purposes. Letters exceeding 250 words may be edited for length or punctuation. No potentially libelous letters or letters containing personal attacks will be printed. Writers are limited to one letter per month. Deadline is 5 p.m. Fridays.

Send letters to: Letters to the Editor, 7400 N. Waukegan, Niles, IL 60714 or fax to (847) 588-1911.

PARK RIDGE NEWS

Uptown Development teams conclude presentations

BY MIKE SANTORO
msantoro@buglenewspapers.com

The development team presentations finished Friday with the presentations continuing the theme of heavy retail on the corner of Touhy and Northwest Highway yielding to residential area around Hinkley. Barring these similarities the plans had clear distinguishing features with PRC Partners presenting row houses along Hinkley, Norwood Builders calling for large median planters in the middle of Touhy, and New England

Builders proposing the move of Summit Square.

New England Builders put forth the boldest plans of the five presenters, calling for the relocation of Summit Square. The team proposed placing the new building at the corner of Busse and Morris citing that the site could not work without moving the building yet no one had put forth a good idea of how to handle it.

"Nobody had really come to them with anything unique, different, enticing, creative that would work," JPA Realty President Jim Paul said.

"We've done something dynamic and different that no one else has thought of."

Forced to absorb the cost of moving Summit Square, New England Builders proposed taller buildings and more retail than other teams with total retail space set at 156,000 square feet. The team hoped to attract 3 major anchor stores, 3-5 restaurant/entertainment stores, and 15-20 small retail stores. The majority of the small stores would be on a newly designed Summit that would have European influences throughout.

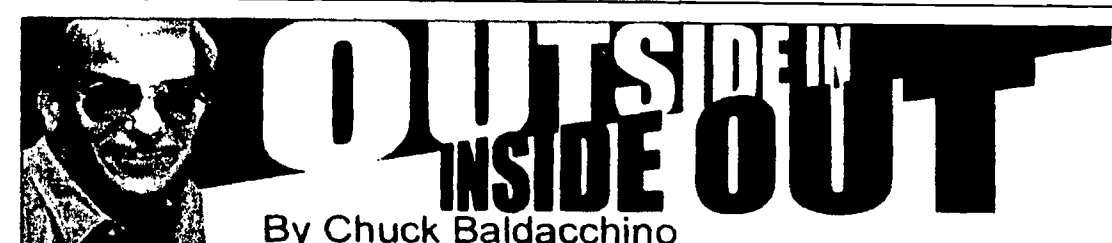
"You can't see the end of the street," Senior VP Martin Wolf said. "It draws you down it. It's a unique experience."

Norwood Builders took a safer course, proposing plant medians for Touhy, and a smaller building at six corners to avoid placing a third dominating tower there.

Mike Worthman, president of Norwood Builders, painted a vivid picture of his development, and engaged the audience with humor. After pointing out the problem with two dominating towers in the

Pickwick and Bank One building, as well as the struggle a pedestrian has crossing the six corner area, Worthman revealed Norwood Builder's plan to eliminate these problems. At the corner of their development Worthman proposed a four-story building with the third and fourth floors pushed back so the building wouldn't be another dominating character. To solve the traffic problem on Touhy, Norwood proposed widening Touhy to place planter medians in the

Story Continues...
DEVELOPMENT page 10.



By Chuck Baldacchino

Make no little plans

There's a scourge that's overrun Park Ridge government (as if we're alone in this). I call it incrementalism. It has to do with the glacial way things change here, like we're in an alternate universe where clocks run at about 1/10th speed compared to the rest of the world.

What has changed in Park Ridge over the last 30 or more years? Not much. If any Mayor before Marty Butler were to come back to life in Park Ridge, he (no women here; do we even have suffrage yet?) wouldn't find anything more than a few cosmetic differences to disturb his memory.

Sure, Park Ridge is a great place to live and raise a family. I've lived here for over 25 years myself, and I've helped raise a daughter here. But, for goodness sake, how about some movement into the Twenty-First century! Not yet, I guess.

The biggest near-term poten-

tial change to our city could be the redevelopment of Uptown. Where are we on that after over four years of pondering and plodding? Almost nowhere. All we have to show for those efforts are a pretty, even wishful, plan and weed-strewn, vacant lots where the Bredemann dealerships used to be.

Why is this? Because no one in government here wants to make a mistake, or be on watch when a mistake is made. So we get the mincing baby-steps of incrementalism (Are we still OK? Good, let's take another tiny step.); that has paralyzed us, strapped us with yesterday in today. It's creeping crud.

Making mistakes, being willing to take calculated risks, is what life is all about. Jesus did it; our Founding Fathers did it; Einstein did it; Kennedy did it. Everyone who has done anything life-changing or brilliant or daring has done it, has been willing, eager, to break from tradition or convention or oppression. That's what discovery is about; taking the bold step, doing what others haven't

thought of or dared to do.

We can do it here. We can be as bold as anyone, from any time. But first we have to have the will to do it. And that we don't yet have.

We can break out with Uptown Redevelopment. We can change Uptown in Park Ridge so that no previous Mayor would recognize it.

But we can't do it incrementally.

We must be bold enough to do the proportional equivalent of putting a man on the moon in 10 years. We must make no little plans for Uptown.

It will cost us. But cost is not the issue — value (benefits per unit cost) is. Like the moon shot, a successful Uptown will return both pride and spin-off dollars. Like the moon shot, it won't be cheap or easy. And, like a moon shot, we can't do it incrementally. But if Park Ridge is to retain its value as a great place to live and raise a family, can we afford not to do it?

"Make no little plans, they have no magic to stir men's blood and probably themselves will not be realized. Make big plans, aim high in hope and work." - Daniel H. Burnham

Chuck@ParkRidgeBugle.com

Historical Society meets

The Park Ridge Historical Society will hold its next Community Events Meeting at the Youth Campus on Sunday, April 18 at 3pm. David Bahlman, President of the "Landmarks Preservation Council of Illinois" will make a presentation of the work of the Council.

Founded in 1877, the Illinois Industrial School for Girls located to Park Ridge in 1908, upon construction of the cottages at its campus on North Prospect Avenue. The architectural and historic importance of the School earned it

a recent listing on the National Register of Historic Places. An outstanding program for delivery of social services continues to this day under the administration of the Youth Campus.

The meeting will take place at Wohlers Hall, the former Straut School of Domestic Economy Building, located at 733 North Prospect Avenue. All are invited to attend; there is no admission charge.

For more information about this event, call the Society at (847) 696-1973.

DINNER'S ON US!*

Purchase a ticket to OVER THE RIVER and dining at BLUE BAYOU BAR AND GRILL is FREE!

OVER THE RIVER
AND THROUGH THE WOODS

"TONS OF LAUGHS!"

"Over the River" is "over the top"...An "Everybody Loves Raymond" - "Moonstruck" - "Greek Wedding" story of family love, laughs and dysfunction... loaded with laughs!"

- Dean Richards,
WGN TV / Radio, Chicago



"INSANELY FUNNY!"

"Brilliantly cast...(Over The River) is bound to get you and put you over the top! A comedy that burns on high! HIGHLY RECOMMENDED!"

- Hedy Weiss,
Chicago Sun-Times

"THE AUDIENCE ROARED!"

- Chris Jones,
Chicago Tribune

MERCURY THEATRE

BOX OFFICE:
773.325.1700

Group Discounts
Call SHOWTIX - 312.943.5056

Announcing Georgia Thanasenaris

Are you looking for a mortgage broker that speaks your language, provides one-on-one service, and offers tailor-made lending products?

Look no further, because Georgia Thanasenaris of Labe Bank Mortgage Co. is eager to do whatever it takes to make your mortgage process run smoothly. From new home purchases to refinancing your current property, Georgia combines many years of experience with the personalized service philosophies that Labe has been practicing since 1905.

Call Georgia today at 847-971-3317 to set up your free consultation.



Georgia Thanasenaris
847-971-3317.



Labe Bank Mortgage Company, subsidiary of Labe Bank - Equal Housing Lender



Development

News

middle of the street for pedestrian refuge.

The plan also called for a residential mix of 242 condos of various sizes and 9 townhouses. For their commercial area Norwood proposed 133,000 square feet of retail.

"No matter what your lifestyle or stage of life," Worthman said. "Our project will offer all you need and it will be right in the corridor of your community."

Norwood also addressed the controversy of another bookstore in town when they proposed a Border's as an anchor on the corner of Touhy and Busse. They cited a situation in Oak

Park in which a local book dealer formed a successful relationship with a Border's less than a block away.

"No one ever has to leave Oak Park to find a book they are looking for," Worthman explained.

Having the honor of presenting last, PRC Partners differentiated themselves from other developers with the proposal of row houses on Morris as well as an elevated terrace area on the corner of Summit and Touhy.

The row houses were distinctly different from the condos and townhouses that other developers had proposed. The addition of row houses created a true neighborhood feel complete with

2 car garages for each residence.

To cope with the large elevation drop on Touhy, PRC proposed building a terrace to keep the elevation equal across the site. A grand staircase would be built from the street up to this terrace, and the developers propose a restaurant with outdoor seating at the site.

"Right now there's not a lot of feel for the streetscape," John LaMotte, principal of Lakota said. "We want to create a whole new look."

With only 87,000 square feet of retail, PRC has the least retail of all the development teams. They wanted to be sure that all of the retail space

would be filled in the development. Full stores there would mean that additional retailers would lease space in other uptown areas.

"You didn't ask us to create a retail space on steroids," President of Mid America Michael George said. "Second level retail does not work well even on Michigan Avenue and we wouldn't want to bring it in here."

Information on all of the presentations can be found at the library or at City Hall. All of the developers drawings can also be found at City Hall. Comments from the public are encouraged to be filed through Mayor Marous, City Manager Schuenke, or

(Continued from page 9)

through the city website. They have a difficult decision and welcome public suggestions.

"I think it's wonderful that we have a difficult decision," Marous said. "We have five great teams."

The City Council will begin discussing the proposals on April 21st at Emerson Junior High School. The Mayor hopes to whittle the list to two teams by the end of the month.

MaRous closed saying, "Based on the quality of this development group, it's going to take us a while. Our intent is to move forward and present the city of Park Ridge with the best project possible."

THINKING OF SELLING YOUR HOME?.....CALL

Vali Demos CRB, CRS



Certified Residential Real Estate
Specialist with 25 years experience
servicing the Northwest Suburban areas.

FREE MARKET EVALUATION

Bilingual: English/German

847-967-9320 Ext. 11

Coachlight Realty



7735 North Milwaukee Avenue, Niles

JEWELRY • TVS/DVD'S/VCRS • VIDEO GAMES
• MUSICAL INSTRUMENTS • CAR AUDIO • HOME
AUDIO • POWER TOOLS • COMPUTERS • CAMERAS

**CASH CONVERTERS IS
CELEBRATING THEIR**

**GRAND RE-OPENING!!!
AT OUR NEW LOCATION**

(FOUR FLAGGS SHOPPING CENTER)

Saturday, April 17th

10 AM - 6 PM

Bring this ad for

20% off total purchase

Raffle • Free Prizes • Food • Specials
Not valid with any other discounts or specials offered
Valid for 4-17-04 only

SEE YOU THERE!

QUALITY BRAND NAME PRODUCTS AT LOW, LOW, LOW PRICES!
AT CASH CONVERTERS® trade your goods for
quality merchandise or **CASH ON THE SPOT.**

Four Flags
Shopping Center
8271 W Golf Road
Niles, IL 60714
847-470-0870 Phone

**CASH
CONVERTERS**
A BETTER WAY TO SELL
A GREAT PLACE TO SHOP

**SHOP WAREHOUSE DIRECT AT THE
TOWEL FACTORY OUTLET**

**We Buy National Closeouts
So You Get The Best Deals!**

Moving Sale

BUY ANY 3

At Our Regular Low Price

TOWELS

BED SKIRTS

RUGS

MATTRESS PADS

SHOWER CURTAINS

BED PILLOWS

BATH ACCESSORIES

SHEETS AND SHEET SETS

DECORATOR PILLOWS

SLIPCOVERS

BLANKETS

THROWS

COMFORTERS

DISH TOWELS

DUVETS • SHAMS

TABLE CLOTHS

GET ONE FREE!!

MUST BE EQUAL OR LESS IN PRICE

7313 N. HARLEM • NILES

Hours: Mon-Sat 9-5 • Sun. 10-4

847-647-7070

Senior Living

Niles volunteers help with taxes

BY WENDY ELLIS
wellis@buglenewspapers.com

A collective sigh of relief can be heard now that April 15 has arrived and income tax forms have been signed, stamped and dropped in the mailbox for another year. For the 15 to 18 income tax volunteers at the Niles Senior Center, that sigh represents a much needed rest, after helping almost 800 local senior citizens fill out their 2004 tax forms. The service is provided to seniors whose annual income does not exceed \$40,000, not including social security. Maryann Borucki, program coordinator for the center, says her volunteers work very hard for ten straight weeks.

"Our first actual tax appointment is the first week of February," said Borucki. "We work straight up until tax day." Although seniors can come to the center for their appointment, the program also includes homebound counselors. "The senior population is aging in place," said Borucki, who says one counselor had as many as 30 homebound visits this year. "One thing we do is ask the counselors to look for people who might be eligible for the Senior Freeze program. A lot of seniors

don't understand what it is." The Cook County Assessor's office offers

sell their homes will the taxes increase for the new owner. "This is a great pro-

any senior homeowner who hasn't signed up and may be eligible can come in to the senior center for



John Bryant, a long time Niles resident, now helps seniors fill out their tax forms as part of a free service of the Niles Senior Center.

several different options to senior citizens who own their own home beyond the standard Homeowner's Exemption. One program will allow eligible seniors to defer paying their property taxes until their death, but then their estate will have to pay the balance. Under the Senior Freeze program, senior homeowners can freeze their property taxes at current levels, and only when they

program," said Borucki, who is a Notary Public and eligible to help seniors fill out the Senior Freeze application. "Every year we get people coming in that have qualified over the past several years but didn't know it." The nice thing is that the Cook County Assessor's office will roll back the credit for a couple of years, giving seniors a much needed tax advantage. Borucki says

assistance. Almost all of the center's tax volunteers are seniors themselves, most of them retired. Borucki says they are all trained and tested by the American Association of Retired Persons (AARP) and the Internal Revenue Service, and they have a very low error rate despite the hundreds of applications they assist with each year.

Norwood Park Foundation to present 2004 Benefit Gala

Gala 2004, the annual benefit for Nor-Wood Life Care NFP, will be held on Sat., April 24 at the Park Ridge Country Club, 636 N. Prospect Ave. in Park Ridge. Honorary Norwegian Consul General Paul Anderson and his wife, Lindy, are chairing the

Gala committee, and Norwood Park Foundation, a division of Nor-Wood Life Care NFP, is presenting the event.

The elegant affair will include a cocktail reception, dinner and dancing to the Joe Pat Orchestra, presentation of the Dr. Larsandrew

Dolan Award, and live and silent auctions. Guests will have the opportunity to bid on weekend getaways, dinners at outstanding restaurants, sports collectibles, artwork, and an assortment of other unique and interesting pieces. WGN Radio 70 personal

Inside

Niles Senior Center.....	2b	Maine Township.....	3b
Morton Grove Senior Center.....	7b	Soundoff.....	4b

SENIORS

Niles Senior Center News

DIABETES EXPO AT NAVY PIER - SATURDAY, APRIL 24TH

Check in at the Senior Center at 8:30am - Return around 3:00pm. The Niles Senior Center is sponsoring a trip to the American Diabetes Association's "Diabetes Expo" at Navy Pier on Saturday, April 24th. Bus will leave from the Niles Senior Center. Check-in time is 8:30am. You will return to the Senior Center around 3:00pm. This Expo is reputed to be an excellent event in which you will be able to join workshops and see exhibits on the latest in diabetes care. Please call the Niles Senior Center regarding registration at 847/588-8420. Any questions about the Expo should be directed to Mary Kay Andreoni, RN, BSN. You will need to sign up in person at the Niles Senior Center, 999 Civic Center Drive, Niles, IL. 60714, Monday through Friday between 8:30am - 5:00pm. Cost is \$10.00 for transportation and snack. **CELEBRATION OF SENIORS** Over 90's Birthday Celebration - Tuesday, April 27th, 3:00pm - 6:00pm. The Niles Senior Center is plan-

ning a very special birthday celebration for Niles seniors age 90 and over. Invitations will be sent in early April. If you, or someone you know, is 90 years of age or older - or if you have any questions - please contact the Senior Center at 588-8420. If anyone is interested in volunteering, please contact Kelly.

Golden Anniversary Celebration - Thursday, June 10th, 11:00am - 2:30pm.

Niles couples, celebrating 50, 55, 60, 65, 70 years of age or more in 2004 are invited to the Niles Senior Center's Annual Golden Anniversary Celebration. Niles couples married in 1954, 1949, 1944, 1939, 1934, or earlier are invited to be our guests at this wonderful event. Couples will be professionally photographed, honored with a catered luncheon, and entertained by our Golden Notes Choral Group. Please contact the Niles Senior Center for more information. If anyone is interested in volunteering, please contact Mary Ann.

HELP PLAN THE ANNUAL DINNER DANCE Introductory Meeting - Thursday, May 6th, 1:00pm. Calling all volunteers. It's time to begin planning for our Annual Dinner Dance. The 2004 Dinner

Dance (Friday, October 1st) will be an extra special affair as we celebrate our 30th anniversary. Volunteers are needed to help in planning all facets of the event. If you are interested, please join us for an introductory meeting on Thursday, May 6th, at 1:00pm.

FLEA MARKET

Saturday, May 22nd, 9:00am - 1:00pm. Everyone is invited to our 2nd Annual Flea Market. All fifty tables are filled with "treasures" so please join us for your own treasure hunt. A Hot Dog Lunch including Potato Chips, & Juice is available for \$2.00 from 11:00am until the food runs out. There will also be a raffle with fantastic prizes.

Please contact Jaymi at 847/588-8420 if you have any questions.

ANNUAL HEALTH FAIR & SENIOR FITNESS DAY

Wednesday, May 26th, 8:00am - 11:00am

All Niles and non-Niles adults (18 years and older) are welcome to visit tables of 40 local health care providers and facilities that will offer educational information and health screenings as well as raffles. We want to thank Swedish Covenant Hospital for offering Health Screenings for people 18 years and older for the very low cost of \$25. A Blood Draw will allow lab tests for a Complete

Blood Count (CBC), Complete Metabolic Panel (CMP), Cholesterol (Lipid Profile), and a Prostate Specific Antigen (PSA) for men only. Advanced registration is required. Please sign up at the front desk of the Senior Center and pick up instructions. You may also sign up for a free 10-minute fully clothed massage from the Chicago School of Massage Therapy. We suggest you sign up as soon as possible for both the lab tests and massages as space is limited. In addition, the Fitness Center will offer fitness testing for seniors & provide information on how you stand compared to National Standards.

HEALTH & WELLNESS

- April Cholesterol & Diabetic Screening - Wednesday, April 14th, 7:00am - 9:00am. \$10.00

Test includes lipid panel and glucose. Advanced registration required. Sign up at the Front Desk and pick up instructions.

Blood Pressure Screening - Wednesday, April 14th, 1:00pm - 3:00pm. FREE

Blood Pressure Screenings are the 2nd Wednesday of the month. Osteoporosis: What do you need to know - Thurs., April 15th, 1:00 - 2:30pm. FREE

LOCAL SPELLING BEE

Thursday, June 17th, 10:30am. Attention all Niles Senior Center

spellers! Seniors: Challenge yourselves in this year's Niles Senior Center Local Spelling Bee. Join us for some fun filled competition at our Annual Spelling Bee at 10:30am, Thursday, June 17th. The top two winners will represent Niles at the Regional Spelling Bee, hosted by Maine Township, 10:00am, Wednesday, July 7th. The Regional Spelling Bee has been attracting many Northwest Suburban Senior Centers and Park Districts. All seniors are invited to participate and compete for prizes (or just come to sit in the audience and cheer our seniors.) To register, please call Jaymi at 588-8420.

APRIL REGISTRATION

Check for Ticket Availability In-person registration began April 7th. (Mail-in registration is now over.) Please use registration form in the April Program Guide-or pick up form at the Center. During in-person registration, you may use cash, check, or credit card. If special accommodations are needed, please let us know when you register. Call 588-8420 for more information.

GOLF - Check for Availability Register for any or all Tam outings. Because of partner choices, registration must be done at the Front

Continues...

NILES SENIOR page 6b.

Maine Township Senior News

Listed below are a few of the new April programs for all Maine Township seniors. All activities and programs are held at Maine Town Hall, 1700 Ballard Rd., Park Ridge unless otherwise indicated. For further information on these and all senior programs and activities call 847-297-2510 or visit www.maintownship.com.

INTRODUCTION TO COMPUTERS CLASS

Wednesdays, May 12 to June 30 9:00 a.m. to 10:30 a.m.

State of Illinois Building - Rm. 110

9511 Harrison, Des Plaines

Instructor: Lee Huber

Cost: \$30.00 for 8 classes

Prerequisite: Introduction to Computers

A lap top computer will be available to you throughout the class at no charge. This class will review common computer basics, but will move quickly into an introduction to Microsoft Word and then Microsoft Excel.

HANDY MAN GUIDES AVAILABLE

Please stop in at the Maine Town Hall and pick up our revised 2004 addition of the Handy Man Guide. These are free of charge to Maine Township residents. Choose from reliable workers-

downward trend that began when researchers found that it's the combination of calcium and vitamin D that builds bone tissue mass and helps prevent such bone problems as rickets in the young, and reduces the risk of developing osteoporosis in the middle-aged and incurring serious, even potentially fatal, hip fractures in the elderly.

Some reasons for vitamin D deficiency in the older population include:

1. Older people are consuming fewer breakfast cereals, which

SENIORS

9511 Harrison, Des Plaines

Instructor: Lee Huber

Cost: \$30.00 for 8 classes

Prerequisite: Introduction to Computers

A lap top computer will be available to you throughout the class at no charge. This class will review common computer basics, but will move quickly into an introduction to Microsoft Word and then Microsoft Excel.

HANDY MAN GUIDES AVAILABLE

Please stop in at the Maine Town Hall and pick up our revised 2004 addition of the Handy Man Guide. These are free of charge to Maine Township residents. Choose from reliable workers-

Electricians Plumbers, Painters and more.

Day Trips

The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member call the MaineStreamers at 847-297-2510 and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

"FABULOUS NORTH SHORE" TRIP

North Suburban Area Saturday, May 1 9:30 a.m. to 4:00 p.m. Trip Rate 2

Cost: \$55.00 members/\$60.00 guests

Tour some of America's wealthiest, most beautiful and architecturally important suburbs with focus on Evanston, Wilmette, Kenilworth and Winnetka. This narrated tour by Bill Hinchliff, well versed in historical issues, will highlight both the Baihai Temple and the Dawes Mansion.

Lunch will be at the Tommy Nevins Pub where you will have a choice between Corned Beef and Cabbage or Shepherd's Pie along with all the trimmings and dessert. So, enjoy a day learning about the rich and famous of Chicago.

SENIOR NEWS LINE

by Matilda Charles

Are You Getting Enough Vitamin D?

Health problems attributable to vitamin D deficiency appear to be on the rise, especially in the older population. That reverses a 50-year-plus

(depending on the type - read your package labels) can provide a significant amount of D.

2. Fewer older people are drinking milk, perhaps because they think they've outgrown the need for milk or are wary of the effect of saturated fats on heart health. However, both skim milk and most soy milk brands (again, read your labels) provide excellent low-fat sources of the D vitamin.

3. The older population has, it appears, taken heed of the skin cancer risks linked to exposure to sunlight. But all one needs is to

expose the skin for about 10 minutes a day, two to three days a week, for the body to produce sufficient vitamin D in most people. (Note: Depending on the color of your skin, and the medications you use, your doctor can advise on how much exposure time is both safe and effective for you.)

4. Elderly people who are homebound or institutionalized also show higher D deficiency levels, possibly because their diets are not sufficiently supervised for their needs.

Besides getting adequate (and

safe) exposure to sunlight, vitamin D deficiency can respond to supplements. But again, talk to your doctor to determine how much to take without risking kidney-damaging overdoses. Also, adding more fatty fishes such as sardines (preferably with the bone in), salmon and mackerel can reduce or replace the need for supplements. Write to Matilda Charles in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to letters.kfws@hearstsc.com.

(c) 2004 King Features Synd., Inc.

North Suburban Hearing Service, Ltd.

WANTED:

100 YEAR OLD INDIVIDUALS SEEKING FREE DIGITAL HEARING AIDS


WE ARE LOOKING FOR NOMINEES FOR OTICON'S 100th ANNIVERSARY HEARING AIDS FOR CENTENARIANS PROGRAM

NOMINEES WOULD BENEFIT FROM IMPROVED HEARING TO CONTINUE TO PLAY AN ACTIVE, VALUABLE ROLE IN THEIR FAMILIES, COMMUNITIES OR ORGANIZATIONS




CALL (847) 966-0060 FOR DETAILS DEADLINE MAY 16, 2004

7638 MILWAUKEE AVE., NILES



847-729-0000 www.theabington.com

"There is no place like home...but ours comes close!"



"Caring Professionals for Caring People."

The Abington Special Care Unit is designed with the needs of our special residents in mind. We gear our programs to maximize independence while recognizing resident's strengths and abilities.

3901 Glenview Road Glenview, IL 60025

847-729-0000

Live Life to the Fullest

Choices for Senior Living with Resurrection Health Care

Whether you're looking for a retirement community where you can live independently, or a nursing and rehabilitation center to care for a parent or loved one, we have what you need. Resurrection Health Care is committed to offering you the comfort, care and security you and your loved ones need to live life to the fullest.

Nursing and Rehabilitation Centers

Skilled nursing care and personalized rehabilitation

Holy Family Nursing and Rehabilitation Center
Des Plaines
847-296-3335

Maryhaven Nursing and Rehabilitation Center
Glenview
847-729-1300

Resurrection Life Center
Chicago (Northwest)
773-594-7400

Resurrection Nursing and Rehabilitation Center
Park Ridge
847-692-5600

Saint Benedict Nursing and Rehabilitation Center
(Independent Living also available)
Niles
847-647-0003

Saint Francis Nursing and Rehabilitation Center
Evanston
847-316-3320

Scalabrini Life Center
Franklin Park
847-233-8000

Villa Scalabrini Nursing and Rehabilitation Center
Northlake
708-562-0040

Retirement Living
Independent living communities

Bethlehem Woods Retirement Community
LaGrange Park
708-579-3663

Casa San Carlo Retirement Community
Northlake
708-562-4300



Resurrection Retirement Community
Chicago (Northwest)
773-792-7930

Saint Andrew Life Center
(Intermediate Care also available)
Niles
847-647-8332

Adult Day Care

Personal care, social environment, nutritious meals

Resurrection Adult Day Services
Chicago (Northwest)
773-237-3784

Resurrection Health Care

For All of You, All of Your Life

www.reshealth.org

Resurrection Health Care is committed to fair housing. Its retirement communities include features for persons with disabilities, as required by the Federal Fair Housing Act.



PEOPLE ARE FALLING

Get the NO-SLIP protection for your bathtubs & shower stalls!

Now it's safe & easy to protect seniors and children with a special odorless formula that eliminates the risk of bathroom falls! "We're not skidding!"

- The 'No Skidding' formula creates an invisible slip resistant surface.
- The treatment is odorless and colorless. There's no visible change to appearance of surface!
- 'No Skidding' will actually make surfaces less slippery wet than when dry!
- Your tub or shower stall can be used immediately after our "no skidding" treatment is installed by our technician. The procedure takes about 30 minutes!
- The treatment lasts FIVE years or longer!
- As used in hotels, hospitals, senior homes & health clubs.
- VERY REASONABLY PRICED!!

Chesterfield Products Company (847) 965-2186

For over 100 years, older adults have found a caring community at Central Baptist Village. Our spirit continues to shine through our dramatically expanded and modern campus. The entire project is built around you, with thoughtful details to support your changing needs. Residences include

The Commons, an apartment building designed for independent, active living. **The Terrace** offers assisted living for two distinctive lifestyles. This innovative setting balances security and independence for people with memory changes or for those who need additional care from our professional staff. **The Pavilion** provides skilled nursing and specialized dementia care where compassion and dedication are our touchstones.

A Community Designed Around

YOU

Central Baptist Village

4747 N. Canfield Ave. Norridge, Illinois

For more information, please call 708/583-8500

SENIORS

SOUND
OFF!

"I think it's still okay for us it's the younger people who should be concerned."
Lillian Stan-Niles



"I hope it's still there for people. What would we do without it."
Adele Genovakdi-Niles



"I hope it's still there for people in the future, But it could be more."
Catherine Beck-Niles



"I'm looking forward to the day when all senior citizens could get a free medical card for medication."
Pearl DeRubeis-Niles



Here, "senior" means ranking and respect—not age.

Whether it's promptly addressing an issue with a smile, or lending an attentive ear at all times—we treat the people we serve with the respect they deserve. In fact, you'll be hard pressed to find such courtesy and sensitivity anywhere else. That's because we're the only skilled nursing and rehabilitation center with its own full-time, customer-service training program. We call this pioneering program *PeopleFirst*—and it helps make sure you're getting the highest level of service and clinical care. It's just one innovation that makes Glenview Terrace. Glenview Terrace.

Call us today at 847.729.9090 to see what care, elegance and consideration really look like.



1511 Greenwood Road • Glenview, Illinois 60025 • 847.729.9090

Accredited by the Joint Commission on Accreditation of Healthcare Organizations
Medicare approved • Medicaid licensed • Managed care • Insurance • VA

Glenview Terrace holds seminar on caring for dementia patients

Glenview Terrace will host a breakfast seminar "Caring for Someone with Dementia: Understanding Behavior and Meeting Needs" on Tuesday, May 4 from 9 a.m. to 10:30 a.m.

Dorothy Seman, RN, MS, and Clinical Coordinator at the Alzheimer's Family Care Center, will describe how dementia affects communication. She will

also discuss behavior as a form of communication and discuss ways of minimizing the negative behavior and encouraging positive interactions.

Members of the community are welcome. Reservations are requested. For more information, call (847) 729-9090. Glenview Terrace is located at 1511 Greenwood Rd. in Glenview.

Norwood Park Home hosts talk on Support through Music

There are only 70 music thanatologists in the world and two of them will participate in a special presentation at Norwood Park Home. To learn how this process can bring comfort to the gravely and terminally ill, attend the talk on "Providing Emotional, Spiritual and Physical Support Through Music," on Wednesday, Apr. 21 at 2:30 p.m. The event will be held at Norwood Park Home, 6016-20 N. Nina Ave., Chicago. Music therapist Sunzanne

Cross on the guitar and harpists/thanatologists Margaret Pasquesi and Tony Pederson, all from the Palliative Care Center & Hospice of the North Shore, will explain and demonstrate this outstanding process. The integration of medicine and music to comfort the sick is a concept that reaches back to ancient times.

Refreshments will be served. No reservation is required. For more information, call Linda Kreger, director of Marketing at (773) 577-5328.

St. Matthew Center holds plant sale

St. Matthew Center for Health is currently holding its annual plant sale. Hanging baskets or flats may be purchased through tomorrow (Friday, Apr. 16). Plants may be picked up on

Thursday, May 6 from 10 a.m. to 6 p.m. on the west lawn of St. Matthew Center (formerly St. Matthew Lutheran Home). For more information, or to obtain an order form, call (847) 825-5532.

St. Andrew Life Center offers community blood pressure screenings

St. Andrew Life Center, located at 7000 N. Newark in Niles will be conducting monthly blood pressure screenings for the community every fourth Friday of the month from 9 a.m. to 11 a.m. This month, the screening will take place on Friday, Apr. 23.

Hypertension, or high blood pressure, is known as the silent

killer because very often it causes no signs or symptoms to warn the individual of its presence. Periodic blood pressure tests can be a quick way to detect a serious health problem and prevent a stroke.

Future screenings are scheduled for May 28, June 25 and July 23. For more information or directions, call (847) 647-8332.

SENIORS

Summit Square residents donate to Fire Department

Residents from the Summit Square Retirement Residence in Park Ridge recently presented the Park Ridge Fire Department with a donation of \$300 for their Boy Scout Explorer's Troupe Program.

Accepting the donation in the photograph were Fire Chief Ed Dubowski and Fire Inspector Mike Sexton. The money was raised from the Craft Sale held annually at Summit Square.



Maine-ly a Musical

Mary Ellen Fish and Dick Roberts, both residents of Park Ridge, rehearse "Some Day My Prince Will Come" for the Apr. 21 production of "The Magic of Maine Musical." Over a dozen songs from Disney movies will be performed by Maine Township elected officials, office staff, and MaineStreamers. The show will be presented after lunch at Chateau Ritz, 9100 Milwaukee, Niles. For more information, contact Maine Township MaineStreamers at (847) 297-2510.



CONTRACT BRIDGE

By Steve Becker

A MAXIMUM SECURITY CASE

North dealer. Both sides vulnerable.			
NORTH			
♠ J 10 8			
♥ Q J 9 6 4 2			
♦ A 5			
♣ A 2			
WEST			
♠ 9 5 4 2			
♥ K 10 8 7 3			
♦ 10			
♣ 8 5 3			
EAST			
♠ Q 7 6 3			
♥ A 5			
♦ Q J 9 4 3 2			
♣ 4			
SOUTH			
♠ A K			
♥ —			
♦ K 8 7 6			
♣ K Q J 10 9 7 6			
The bidding:			
North	East	South	West
1♥	Pass	3♣	Pass
3♥	Pass	4♣	Pass
5♣	Pass	6♣	
Opening lead — ten of diamonds.			

Opening lead — ten of diamonds.

It might seem odd that the best declarers always adopt a pessimistic view in approaching the play of a hand. If there's a chance of defeat, however remote, they exercise every precaution possible to protect against it. Consider this deal where South failed to do that. He whizzed along, looking neither left nor right, and at trick three suddenly found that the slam had gone down the drain.

Declarer won the diamond lead with dummy's ace and continued with a diamond to the king. But West ruffed and returned a trump, and South had to go down one since there was no way he could ruff both of his remaining diamonds with only one trump left in dummy.

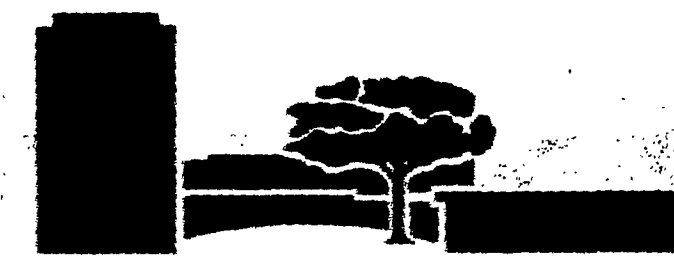
As soon as dummy came down, declarer could see that he already had 11 ironclad tricks, and that all he had to do to add one more was to ruff a diamond in dummy.

However, he neglected to take into account what might happen to him if he played the A-K of diamonds and the king got ruffed.

It was certainly correct to play a diamond from dummy at trick two, but it was not correct to play the king after East had played the nine on the trick. Instead, South should have followed low — preserving the king — to guard against a possible 6-1 diamond break, the only real threat to the slam. After that, there would have been no way to prevent South from ruffing his remaining low diamond with dummy's ace to secure his 12th trick.

Many players who suffer a setback of this type tend to brush it off by blaming it on bad luck. But the conscientious declarer who makes a mistake of this kind stores the incident firmly away in his mind and solemnly vows that he will never again repeat such a costly error.

(c) 2004 King Features Syndicate



THE ADMIRAL *At The Lake*

The Admiral *at the Lake*
A continuing-care retirement community

Dedicated to quality and choices for over 145-years

See the spacious apartments and wonderful Lake Michigan views that The Admiral *at the Lake* has to offer.

Call today for a tour!

The Admiral *at the Lake*
909 W. Foster Avenue, Chicago, Illinois 60640
(773) 561-2900 ext 2102
www.admiralatlake.com



Please send me more information about The Admiral *at the Lake*

Name _____

Address _____

City, State, Zip _____

Phone _____

Information is for myself _____ Relative _____

RG

NOT SURE WHEN TO SELL? "WE WROTE THE BOOK!"

Get Your
FREE
Brochure

CALL OR STOP
BY FOR A FREE
COPY OF:

"How To Decide
When To Sell"

This free brochure makes it easy for seniors to get straight answers to specific questions about when to sell. This could be the most valuable free advice you'll ever get.

SENIORS

HOW TO DECIDE WHEN TO SELL



WE GET OUR CLIENTS TOP DOLLAR FOR
THEIR REAL ESTATE!



CALLERO & CATINO REALTY
7609 Milwaukee Ave. Niles
847-967-6800
Or 773-774-1900
serving this community since 1956

SENIORS

TO YOUR GOOD HEALTH

By Paul G. Donohue, M.D.

Antacids Not Only Heartburn Medication

DEAR DR. DONOHUE: I have heartburn really bad, and I take Pepcid for it. It doesn't do much good for me, so my doctor wants me to take a different medicine — Prilosec. How does this differ from Pepcid? Aren't all antacids the same? — M.J.

ANSWER: Neither Pepcid nor Prilosec is an antacid. Pepcid is a histamine antagonist. Histamine is a body chemical, one of whose functions is to promote the production of stomach acid. Pepcid and its cousins don't allow histamine to land on the stomach's acid-producing cells. The amount of stomach acid decreases, as does heartburn. Prilosec works in a different way. It turns off the production of stomach acid in a manner similar to the way you would turn off a faucet that spouts water. Drugs in this category drastically

reduce acid production. Neither of these medicines neutralizes acid as antacid medicines do. It makes all the sense in the world to switch to a different medicine when one does not do the job. Many people suffer from heartburn, but few understand what's going on or how the condition is treated. The pamphlet on hiatal hernia and heartburn (officially called GERD, for "gastroesophageal reflux disease") can bring some light to these somewhat cloudy subjects. To obtain a copy, write to: Dr. Donohue — No. 501W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order for \$4.50 U.S./\$6.50 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: My father, 82, lives with us and is in good mental and physical health. He complains that he cannot get to sleep at night because he hears his heart beating loudly in his ears. What can he do? — S.G.

ANSWER: Often the sound of the heart beating in an ear comes from arteries adjacent to the ear that have become hardened and amplify the sound of the heartbeat. If your dad sleeps on his back, have him try sleeping on his right or left side. A change of position can sometimes elimi-

nate the sound. Propping up the head with pillows might also get rid of the noise. Some serious conditions can be at work. High blood pressure, obstructed neck arteries, Paget's disease (a bone disease), anemia and tumors near the ear are examples. Your father ought to mention the problem to his doctor so a few simple tests can reveal whether one of these serious problems is producing his symptom.

DEAR DR. DONOHUE: Can cranberry juice prevent bladder infections? I have more than my share of them and would like to take something that can prevent them. — S.B.

ANSWER: Cranberry juice prevents one of the common bladder infection germs from sticking to the bladder wall, and that appears to lessen bladder infections. Not all authorities, however, subscribe to cranberry juice's disinfectant power.

DEAR DR. DONOHUE: I am unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

(c) 2004 North America Syndicate All Rights Reserved

"CATCH A RABBIT?"

WHEN YOU HEAR THIS INSTEAD OF



"CASH OR CREDIT?"
IT'S TIME FOR A HEARING TEST

Beltone Hearing Center

5150 W. Main St. • Skokie, IL 60077

By the police station
(847) 679-6040

CUSTOM MADE DIGITALS,
PROGRAMMABLE, AND
BUDGET HEARING INSTRUMENTS.
HEARING TESTS ARE FREE.

ALL BLUE CROSS AND
BLUE SHIELD
"MEMBERS FIRST"
20% OFF ALL BELTONE
INSTRUMENTS

Beltone
Listen, Again



Skaja Funeral Homes

family owned and operated serving our community for over 80 years

SKAJA TERRACE FUNERAL HOME

7812 N. Milwaukee Ave.
Niles, Illinois 60648
847-966-7302

SKAJA STANLEY FUNERAL HOME

3060 N. Milwaukee Ave.
Chicago, Illinois 60618
773-342-3300

SKAJA BACHMANN FUNERAL HOME

7715 W. Route 14
Crystal Lake, Illinois 60012
815-455-2233

(Continued from page 2b)

Stampin' Around — Thursday, April 29th, 9:00am — 12:00pm. It's exciting! Creative! And more fun than you can imagine! Explore the world of card making with rubber stamps in this one-day workshop and have the opportunity to create a card of your own. Cost includes instruction and supplies to complete your project.

Microsoft Word. You will learn more about the program and what it can do. This is a 6-week course. (Pre-requisite: Microsoft Word.) Internet — Fridays, May 7th — June 4th, 9:00am — 10:30am. \$25.00. Learn how to use a web browser to visit sites of interest and use e-mail. (5-week course.) Craft Workshop (NEW!)

VETERANS POST

by Freddy Groves

News about proposed increased closings of military facilities around the country because of the high costs of rebuilding Iraq prompted this from "Phil," who writes in part: "I thought (the reconstruction) would be funded with Iraqi oil revenues. ... What happened to that plan?" There was a lot of publicity about how every brick, nail and girder used to reconstruct Iraq's

damaged cities and infrastructure would be paid for by selling Iraqi oil on the open market. What happened? I don't know. I'm still trying to figure out how a subsidiary of Halliburton (where Vice President Richard Cheney used to work) managed to sell its oil to our military in Iraq at inflated prices until somebody checked the invoices and raised the issue.

My frequent correspondent, Al, asks: "Did they ever find a chemical warfare agent in those mortar shells they dug up in Iraq recently?" Those shells, which were found in an area from which the Iraqis reportedly launched chemical weapons attacks against Iran in

the 1980s, led some observers to suspect they might hold a blistering agent and might also be part of the elusive store of WMDs. Neither suspicion was substantiated by the facts. The shells proved to be free of any weapons-grade chemicals, contradicting earlier and apparently erroneous positive findings in field tests done by Danish and British experts. And the cache of WMDs is still elusive.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to letters.kfws@hearstsc.com.

(c) 2004 King Features Synd., Inc.

Niles Seniors

Desk. You must register at least 1 week prior to the outing. If you are registered and cannot make an outing, please call the Senior Center at 588-8420.

CLASSES Computer

Microsoft Word II — Tuesdays & Thursdays, April 27th — June 3rd, 9:00-10:30am. \$30
This is a continuation of

SENIORS

Morton Grove Senior News

MORTON GROVE SENIOR CITIZENS NEWS RELEASE
Contact: Bud Swanson, Family & Senior Services, 847/663-6110

"DON'T LIVE WITH THE PAIN" LECTURE

Physical Therapist, Jeff Brenneman from the Abington Nursing Home in Glenview will visit the Morton Grove Senior Center at 1:30 p.m. on Monday, April 19. Mr. Brenneman will speak about how to heal quicker after orthopedic surgery and how to stay healthy in order to avoid painful surgery. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

AARP MATURE DRIVING PROGRAM

AARP's "Mature Driving Program" formerly known as "55 Alive" is an eight-hour two-day course for older motorists. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes in improving their driving skills. Additionally, drivers will find that by completing this course they can receive a discount on a portion of their automobile insurance. The next course offered at the Morton Grove Senior Center will be held starting at 9 a.m. on Tuesday, April 20 and Friday, April 23. The cost of the course is \$10. Call the Morton Grove Senior Hot Line at 847/470-5223 to sign up.

"COLORECTAL CANCER PREVENTION AND EARLY DETECTION"

Signs and symptoms of colorectal cancer, risk factors for colorectal cancer, American Cancer Society screening guidelines, and treatments will all be addressed by Dr. Teresa Law of the Hematology-Oncology

Associates of Illinois at 1:30 p.m. on Tuesday, April 20 in the Morton Grove Senior Center. Don't be embarrassed, please come and learn some very important health information. There is no charge for this lecture, but please register by calling the Morton Grove Senior Hot Line at 847/470-5223. The American Cancer Society, North Shore Region, is sponsoring this lecture.

DIABETES SCREENING

Many people with diabetes go undiagnosed, because they are unaware of the signs and symptoms. Some of the warning signs are frequent urination, excessive thirst, extreme hunger, unusual weight loss, increased fatigue, irritability and blurry vision. Diabetes screening is offered at the Morton Grove Senior Center from 9 to 10 a.m. on Tuesday, April 20. Screening is free for Senior Center members and \$1 for all others. Please fast for 12 hours. Water is allowed. Hold diabetic medications.

MALL SHOPPING

Morton Grove seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, April 20 should call the Senior Hot Line at 847/470-5223 to reserve a seat on the Seniortran. Home pick-ups begin at 10 a.m. with arrival at Golf Mill at 11 a.m. Trips are free for Senior Center members and \$1 for all others.

"VIKINGS! A MUSICAL IN TWO ACTS!"

This boisterous musical is a romp through the world of the legendary conquerors of the North on Wednesday, April 21 at Pheasant Run Theatre. Chicago Sun Times critic Hedy Weiss called Vikings, "a timely meditation, a sophisticated score, deceptively sagacious, and wonderfully entertaining." Lunch will include a choice of Pasta Marinara or Chicken Piccata. The motorcoach departs from the Morton Grove Senior Center at 9 a.m. and returns at 5 p.m. The cost is \$66 for Senior Center members and \$72 for non-members.

Registration deadline is March 22 in person at the Morton Grove Senior Center.

HORSESHOE CASINO

Seniors will depart via deluxe motorcoach from the Morton Grove Senior Center on Thursday, April 29 for the Horseshoe Casino in Hammond, Indiana. Buffet and \$5 in gaming coins are included. The cost is \$28 for Morton Grove Senior Center members and \$34 for non-members. The coach will be launched at 9:45 a.m. and return at 5:45 p.m. Register in person at the Senior Center.

"MEDICARE MODERNIZATION ACT" LECTURE

Learn about the new laws passed by the U.S. Congress regarding Medicare benefits at 1 p.m. on Monday, May 3 in the Morton Grove Senior Center. Jean Cleland of the North Shore Senior Center will discuss pharmaceutical benefits for seniors. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

"SOME CALL HER OLD GLORY"

Learn the symbols and meanings of how the U.S. flag got its colors, nicknames, and reputation. Diane Walsh of the Illinois Secretary of State's Office will provide this informative lecture and video along with War Veteran, Stephanie Lacey who will speak about services available from the Veteran's Administration. This program will be held starting at 1 p.m. on Tuesday, May 4 in the Morton Grove Senior Center. This is a free program, but please sign up by calling the Morton Grove Senior Hot Line at 847/470-5223.

"TONY N' TINA'S WEDDING"

It's a wedding! It's a feast! It's a show! Come see the acclaimed Piper's Alley mainstay, "Tony N' Tina's Wedding" as it celebrates 10 years on stage on Wednesday, May 5. Be a guest at this hysterical satirical Italian-American

wedding which is a complete entertainment package, including a pre-wedding cocktail, cash bar, a ceremony full of mishaps and madcap comedy. The cost is \$56 for Morton Grove Senior Center members and \$65 for non-members. Depart from the Center at 10:45 a.m. and return at 4:15 p.m. Registration deadline is March 30 in person at the Senior Center.

"I.D. THEFT" LECTURE

Brian Millich of the Cook County Sheriff's Department will present this special program describing how people can protect themselves from identification theft at 1 p.m. on Thursday, May 6 in the Morton Grove Senior Center. There is no charge for this program, but please register by calling the Morton Grove Senior Hot Line at 847/470-5223.

MORTON GROVE SENIOR GOLF LEAGUE

Get ready for some springtime and summer fun with the Morton Grove Senior Golf League each Friday morning starting May 7. Golfers tee off at 8:30 a.m. every Friday at the Weber Golf Course, 9300 Weber Place in Skokie corner of Church Street and Gross Point Road). The 9-hole par-3 course is open to any senior. The weekly fee is \$5.75 per round. For more information about games, fees and other details call 847/965-3867.

MUSIC BIOGRAPHY OF FRANK SINATRA

Vocal historian Jack Diamond will visit the Morton Grove Senior Center at 9:30 a.m. on Tuesday, May 11 to portray his musical biography of Frank Sinatra. The great years (1935 to 1979) of Old Blue Eyes' life and career will be presented audibly along with Mr. Diamond's unique depiction at this free program co-sponsored by the Bethany Terrace Nursing Centre.

"CASH DASH - DO YOU HAVE ANY UNCLAIMED PROPERTY?"

Alison Fore, Representative from the Illinois Treasurer's Office will describe how individ-

uals may be unknown beneficiaries of unclaimed property or assets at 12 noon on Monday, May 24 in the Morton Grove Senior Center. She will show participants how they can conduct a computer search for their name to see if it appears on a database of unclaimed property. Unclaimed property can come in the form of savings and checking accounts, safe deposit boxes, money orders, gift certificates, unclaimed wages, stocks, utility deposits and much more. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

"THE GOOD WAR"

"Is there such a thing as a good war?" is the timely question raised by Studs Terkel's ground-breaking, Pulitzer Prize-winning 1984 oral history, "The Good War." Morton Grove seniors will enjoy a musical adaptation of Terkel's story on Wednesday, May 26 at the Northlight Theatre. This World Premiere adaptation juxtaposes World War II tales and patriotic songs like, "Oh How I Hate To Get Up In The Morning." Lunch at the Daily Grill is included. Only 20 tickets are available, so sign up today! The cost is \$68.50 for Senior Center members and \$79 for non-members. Depart from the Center at 10:45 a.m. and return at 4:15 p.m. Registration deadline is April 26 in person at the Senior Center.

SENIOR CENTER GARDENERS

Anyone who loves to garden, work in the dirt, or just be around flowers is invited to join the Senior Center Gardeners who provide the creative beautifying manpower in the Morton Grove American Legion Memorial Civic Center's gardens. For more information about what gardeners can do, call Bud Swanson at the Morton Grove Senior Center, 847/663-6110.

GOVERNORS PARK

Rehabilitation & Nursing Center

EXCELLENCE IN NURSING CARE

- All Levels
- Individualized Rehabilitation Programs
- Respiratory/Ventilator Services
- Respiratory Ventilator Weaning

1420 S. Barrington Road
Barrington, IL 60010
847-382-6664 • Fax 847-382-6693

SENIOR CITIZENS

Shampoo & Set . . . \$2.50 & Up
Haircut . . . \$3.00 & Up
EVERYDAY EXCEPT SUNDAY
Sr. Men's Clipper Styling \$3.00 & Up
Men's Reg. Hair Styling \$5.00 & Up

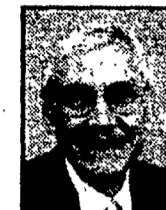
IN HOME HAIR CARE
MANICURE & PEDICURE TOGETHER
\$16.00 & UP

FREDERICK'S COIFFURES

5391 N. MILWAUKEE AVE.
CHICAGO, IL
(773) 631-0574

NOT JUST ANY HOME WILL DO. SAME GOES FOR INSURANCE.
WE LIVE WHERE YOU LIVE.

When it comes to your homeowners insurance, no one understands your needs like a State Farm agent. That's why State Farm insures more homes than anyone else. You can enjoy the perfect home knowing it's insured with State Farm. Call me for details.



Bill Schmidt, LUTCF
Oak Mill Mall Suite 231B
7000 Milwaukee Ave
Niles, IL 60714
847-907-5545

LIKE A GOOD NEIGHBOR



STATE FARM IS THERE.

Spring Sale!
Friday—Sunday
April 23rd, 24th & 25th



SALE HOURS:
Fri. & Sat. 10-5
Sunday 12-5

Gurnee Antique Center, L.L.C.

Located Just Off I-94 in Gurnee. Take Dilley's Road
South off Grand Avenue to Northridge; Follow
Northridge to Gurnee Antique Center Building.

5742 Northridge Drive
Gurnee, IL 60031
(847) 782-9094

EXCITING NEW BREAKTHROUGH

Lynn from Angels, CA: "We are
very pleased with the concept,
design, and user friendliness of
the Toilet Riser!"
Introducing the
TOILET RISER

• Clean and Safe!

• Lifts existing
toilet 4 inches.



Hurry, order today!
1-800-817-3118

WEB: WWW.MEDWAYCORP.COM

**SHHHH! THE NORTH SHORES' BEST KEPT SECRET HAS NEW 3 BEDROOM
2 BATH HOMES AVAILABLE FOR AS LITTLE AS \$62,000 INCLUDING**

*Central Air New Appliances, Stove, Refrigerator, Dishwasher, Washer, Dryer •Low Interest Financing and Long terms to Approved Credit •All Energy Efficient •Nicely Landscaped

**LUXURY LIVING FOR LESS NEW HOMES
STARTING AT \$39,000***

**NEW
MODELS
ON
DISPLAY
2 & 3
BEDROOM**

**OPEN EVERYDAY
9-5**

SUNSET VILLAGE

**MANUFACTURED HOUSING COMMUNITY
CONVENIENTLY LOCATED FOR**

SHOPPING, COUNTY PARKS AND TRAILS, OUTSTANDING
SCHOOLS, CHILDREN'S SUMMER FUN PROGRAMS AND
ACTIVITIES, EASY ACCESS TO INTERSTATES 94 & 294. 15
MINUTES FROM AIRPORT, 20 MINUTES LAKE FRONT.

www.capitalfirstrealty.com

- Free Financial Pre-Qualification
- On Site Financing Assistance
- New and Pre-Owned 2 & 3 Bedroom Homes
- 10% Down Payment
- Low Interest rate and up to 20 year terms

**CAPITAL
FIRST
REALTY
INC.**



Sunset Village
MANUFACTURED HOME COMMUNITY
2450 Waukegan Road
Northfield, Illinois 60093-2723
(Incorporated with Glenview)
Call Linda Polasik or Kim Stark at:
(847) 724-7957

* Available at Sunset Village Only

NOW OPEN — LAND LEASE COMMUNITIES —

* Rates subject to change — with credit approval — some restrictions apply. May be additional fees.

SPORTS

The Bugle

Thursday April 15, 2004

Hawks rally to win against Fremd

BY RYAN BISHOP
rbishop@buglenewspapers.com

For the first three innings of Saturday's doubleheader, Fremd pitcher Adam Ford was in command of the Maine South hitters; locating his pitches, getting ahead of hitters with his sharp breaking balls. However, Ford faltered down the stretch, giving up seven runs in 6.1 innings as the Hawks rallied to win the first game in exciting fashion, 8-7 in 8 innings. Nick Rice's single down the third base line drove in second baseman Peter Tountas for the winning run in a hard fought victory for the Hawks.

Down 3-0 in the third, the Hawk lineup adjusted the second time around in the lineup and erupted for a six run fourth inning off of tough luck loser Ford. The Hawks (7-2-1) had taken a 6-4 lead and momentum was on the side of the home team and pitcher Craig Braun.

It all started with one out. Left fielder Donnie Bungum had grounded out to second before the bats came to life. Four consecutive hits, followed by a walk and a sacrifice bunt by designated hitter David Philipini sparked the Hawks to their big inning. SS Alberto DeCicco beat out an infield hit to his counterpart that put some speed on the basepaths. It was Frank Simoncelli's turn to move DeCicco over. Falling behind 0-2, he waited back and hit a changeup that dropped right in front of the center fielder. Catcher Joe Oliver (2-4, 3 RBI) drove a first pitch fastball to the fence in right center for a triple, driving in DeCicco and Simoncelli, and suddenly the Hawks were back in it.

A Nick Rice double that traveled to the center field fence brought in Tony Zuh (2-3 at plate) and Brian Philipini, accounting for the last runs of the inning.

With the runs allowing the pitcher Braun a margin for error, he

faced one of the Vikings' toughest hitters in left fielder Kyle Schmitt leading off the top of the fifth. Although Schmitt scored on an infield hop, he escaped with only

Hard throwing right-hander Brian Schlitter came in to close the game out. Fremd battled back to send the game into extra innings as Ford helped his cause with a run



Maine South's Matt Rice's dusty infield grounder in the eight inning scores Peter Tountas from third with the winning run in the first game of their double header against Fremd Saturday April 10, Maine South won 8-7.

one run crossing the plate.

Braun had given up six hits and three runs going into the inning and had two key strikeouts to end scoring threats. He kept his team in the game by mixing up his pitches while staying in the strike zone with his change and curveballs.

Braun trotted out to the mound in the top of the 7th, trying to finish what he started, but departed after second baseman Mike Blasevich lined the first pitch he saw right up the middle. He received an applause from his teammates and the Hawk fans, facing a Fremd team that was 6-1 going into the game.

scoring triple. Schlitter could not find the plate, as he walked the first batter he faced, and then walked in two runs that tied up the game. The Hawk infield played in to cut down the go ahead run. It worked to perfection, as DeCicco made a fine throw at the plate to gun down Anthony Ferrandino and then threw out Schmitt on a grounder in the hole to put an end to a dramatic seventh inning.

The Hawks failed to get anything going in the bottom half of the seventh, but Tountas triple on the right field line after two out in the eighth proved to be the winning run, setting it up for Rice.

WEEKEND WARFARE

THE MATCHES YOU CAN'T MISS!

Notre Dame Boy's Volleyball vs. Maine East

When: 5 PM, April 16

Where: Notre Dame High School, 7655 W. Dempster St., Niles, IL

Outlook: Despite a split record of 2-2 the Notre Dame Boy's Volleyball team is looking strong this season. In their last game, the Dons never gave Maine West a chance, easily defeating them 25-20, 25-14. Now the Dons look to get over the hump with a win over a Maine East team who showed some strong play against the very impressive Niles West Wolves. Despite a loss, the Demons pushed the Wolves hard for a win. Expect the same to happen in this game, with the Demons pushing hard for the win, but the Dons emerging as the overall winners.

Maine South Baseball at Niles North

When: 5 PM, April 19

Where: Niles North High School, 9800 N. Lawler St., Skokie, IL

Outlook: The Maine South Baseball team is having a good beginning to the year. Currently 7-2-1 the Hawks team is working well together. This week they'll face Niles North who with a very similar record should give the Hawks a good game. With strong hitting and continued controlled pitching, the Hawks should continue their winning ways.

Does your team whether high school, grade school, or park district, have an exciting game coming up? We want to know about it! Email msantoro@buglenewspapers.com with details and contact information and your team could be featured in next week's Weekend Warfare!

Bowling Leagues

CATHOLIC WOMEN'S BOWLING LEAGUE
Bowled Wednesday, April 7, 2004

	Points Won	Points Lost
Skaja Terrace Funeral Home	60	38
Candlelight Jewelers	56	42
Niles Dairy Queen	51	47
Bielinski & Bono Dental	47	51
NorthSide Community Bank	40	58
Classic Bowl	40	58

High Series/High Games

Kay Pecoraro	466/169	174
Millie Kroll	464/166	
Rita Slechta		169
Gerri Nowoczynski		156
Lois MacAdam		155
Mary Johnson		151
Melissa Lang		

Classic Bowl Presents
Summer League Bowling 2004
Sign up NOW for 3 free games week (open play) !!

Monday League	Time	Begin Date
<input type="checkbox"/> Summer Classic Sr.	1:00 p.m.	May 24
<input type="checkbox"/> Summer Summer	7:00 p.m.	May 10
<input type="checkbox"/> Learn To Bowl	7:00 p.m.	Every Monday

Tuesday	Time	Begin Date
<input type="checkbox"/> Kids Learn to Bowl	4:00 p.m.	June 1
<input type="checkbox"/> Giordano's Doubles	7:00 p.m.	May 4
<input type="checkbox"/> Mixed Monkeyshines	7:00 p.m.	May 4

Wednesday	Time	Begin Date
<input type="checkbox"/> Have a Ball!	6:30 p.m.	May 5
<input type="checkbox"/> Breath of Fresh Air (non-smoking)	7:15 p.m.	May 5

Thursday	Time	Begin Date
<input type="checkbox"/> Solid Gold	9:30 a.m.	May 20
<input type="checkbox"/> Adult/Child	7:00 p.m.	June 3

Saturday	Time	Begin Date
<input type="checkbox"/> Budweiser Sports League	3:30 p.m.	June 5

8530 Waukegan Rd. Morton Grove • Phone: 847-965-5300

SPORTS

Niles Park District

Niles Park District Job Fair
We invite anyone interested in working at Niles Park District to attend our Annual Job Fair. Part-time seasonal employment is available. Come to the Recreation Center, 7877 Milwaukee Ave. on Saturday, April 17 from 10:00 a.m. to 2:00 p.m. to fill out an application and have an on the spot interview. If you have any questions, please call Nita at (847) 967-6633 Ext. 106.

Family Cosmic Bowl Event
Niles Park District invites families and kids kindergarten and up (must be accompanied by an adult) to a fun afternoon of Cosmic Bowling on Saturday, May 15. Join us for an exciting afternoon of bowling with special effects...laser lights, fog and popular music! A pizza lunch will be served. Kids will receive 6 game tokens for the

game room, bowling shoes and cosmic bowling. Fees are Res \$35 per couple; Non-Res \$45 per couple. Don't miss out on this special event at Niles Brunswick Bowl, 7333 N. Milwaukee. Event time is 12:30-3:00 p.m. Call 847-967-6633 for further information.

4th Annual Niles Community Track & Sports Mania Event
The Niles Park District and Village of Niles, in cooperation with Notre Dame High School, are excited to present the 4th Annual Niles Community Track & Sports Mania Event on Sunday, April 25, 2004. (*Rain date is May 2nd) Activities take place 10:00 a.m. to 1:00 p.m. at Notre Dame High School Track & Field Stadium, 7655 W. Dempster in Niles. This event is non-competitive and free!
All ages, tots to seniors, are invited to participate and receive awards for each event. There will also be a raffle and free give-aways. Check in is 10:00 to 10:45 a.m. Events begin at 10:30 a.m. with the Village and Park

District Department Relays. Come early and cheer them on! Other events begin at 10:45 a.m. and include the 1-mile walk, 50 meters, 400-meter relay and long jump. Sports skill games include Soccer, Hockey, Baseball and Bocce Ball. Tots will enjoy our fun Tot Olympic Play Area.
Participants can also visit our Community Health and Safety Tent. Car seat safety checks will be done by the Niles Police Department. Concession stand will be available at a nominal charge. There is no fee for this event, but pre-registration is required to be guaranteed an event t-shirt and other free give-aways on day of event. Registration forms are available at the Howard Leisure Center, 6676 W. Howard Street; Niles Family Fitness Center, 987 Civic Center Drive; Grennan Heights Recreation Center, 8255 Oketo. Please call (847) 967-6633 or (847) 588-8400 for more information. Don't miss the fun! *Rain Date Hotline: (847) 647-6777.

Niles Family Fitness Center

Niles Family Fitness Center, 987 Civic Center Dr. Niles, IL Call 847-588-8400 for detail
Solo Lessons
Registration Begins: Members Only: April 12th-April 15th Open Registration begins April 16th
Summer Camps
Ages 6-12
Sessions begin June 14th and run through August 20th. We offer both full and part-time registration for your convenience. Don't delay register today before sessions fill.
Registration for new Spring Classes has begun at the Niles Family Fitness Center.
We offer fitness classes for every level from ages 10-Adult. Call 847-588-8400 for further information.
Girls Night Out
Ages 9-12 years old. Friday April 23rd. 6-9PM
Enjoy a Friday night out with friends designing and creating personal keepsakes like picture frames, jewelry, candles and more. Swimming, music, snack and more will get you in the party mood.
Deadline to Register is one week in advance \$12 Member / \$ 16 Non-Member

St. Norbert's holds 'Funtastic' Camp

Fantastic Summer Day Camp is for children ages 5 to 12. We offer 2 four-week sessions from June 21 - July 16 and July 19 - August 13. Our goal is to offer your child a fun-filled summer program while ensuring their safety. We are based at St. Norbert's gymnasium in Northbrook.
Campers will enjoy swimming, field trips, sports, special events, and meet guests. Our lifetime goal is to enhance children's lives with positive and nurturing experiences.


SkoMor Soccer holds registration

The Skomor Soccer Club will have their registration and tryouts for the Fall 2004 and Spring 2005 season on May 10th and May 11th. Boys and Girls U9-U11 5:00 - 6:30 PM. Boys & Girls U12-U14 and high school girl 6:30-8:00 PM. (Must Attend Both Days) Niles West H.S. - SW corner of the practice field. For more info: 847-604-4222.



In April & Receive 1-Month of Fitness For \$24.95

Club Fitness @ The Morton Grove Park District
6834 Dempster St., Morton Grove (847) 965-1200
www.mortongrovetparks.com



OFFENSE-DEFENSE FULL-CONTACT FOOTBALL CAMPS

- Instruction from NFL and College Coaches!
- Get Coached by Players From Your Chicago Bears
- A Week of Full-Contact Practice Sessions!
- Attended by Vick, Manning, Holmes, Rice, Shockey, Lewis and More!
- Improvement Guaranteed!

CHICAGO CAMP
NORTH CENTRAL UNIV. JUNE 27-JULY 1
FOR FREE BROCHURE
VISIT WWW.O-D.COM OR CALL 888-963-2267

Summer Camps for Kids at Wright College
4300 N. Narragansett, call 773/481-8800 for information.

SPORTS / ACTIVITY CAMP
Ages 6 to 12. Sign up for one, two or all three weeks!
\$110 per session. 5 days per week, 9:00 am-2:30 pm, June 7-11, June 14-18, June 21-25.

SUMMER COMPUTER CAMP
Ages 12 to 18. Surf the internet like a pro. Use various software programs. Design a web page. Use computer graphics. \$125 for five, 3-hour days.

SUMMER ON STAGE
(presented by the artists & teachers of The Happiness Club)
A 3-week performing arts summer day camp, July 5-23, Mondays - Fridays, 9:30 am-2:00 pm. Children grades 3 through 8, all levels and abilities. \$325 for 3-week session plus materials fee of \$35.

Offering You more in 2004!

Northbrook, Illinois FANTASTIC Summer Day Camp

June 21-August 13
All kids ages 5 to 12
Based at St. Norbert's Gymnasium in Northbrook
(847) 528-1110
www.funtasticdaycamp.com

Swimming
Sports
Field Trips
Special Guests
Exciting Activities

Ladies Workout Express opens in Niles

Ladies Workout Express is scheduled to have its Grand Opening today, Thursday Apr. 15 at 8802 W. Dempster, Niles from 4 p.m. to 8 p.m. At the grand opening there will be face painting, massages, and food.

Lu Meo and Bonnie Anderson, who run the new business began it because they both had a passion

for helping people with fitness. They even send out personalized cards to their members to keep them motivated.

"Over the past few years, whatever I have seen or been treated like in other clubs, I do the opposite," said Anderson.

Ladies Workout Express features versatile dual hydraulic

equipment. If, for example, a 50-year-old beginner is using the machine, they will only resist at the beginner level. If the user pushes slowly, it resists lightly. As the user advances, the machines become more challenging.

According to Meo and Anderson, beginning goals for

BP The Bugle runs business profiles to highlight those businesses that support the publication.

Dollars and sense

by David Uffington

Mutual Fund Directors Get Warning

New York state Attorney General Eliot Spitzer has declared a zero-tolerance policy against mutual fund directors who fail to protect their shareholders from

fraud or other questionable acts by their fund companies. As reported by Jonathan Burton for CBS MarketWatch.com, Spitzer made his intentions clear when he told a group attending a meeting on fund regulation, "Where we find evidence they didn't do their job, we're going to say (to them), 'You're gone.'"

Spitzer's newly announced policy is part of his ongoing investigation of mutual fund companies that were cited last year for engaging in improper as well as illegal dealings that benefited the companies at the expense of their shareholders. The decision to target the directors came out of Spitzer's

findings that the bad acts happened under the noses of the very people who should have stepped in and stopped them, but didn't. As Spitzer noted, they "abdicated their responsibility. ... They didn't do their job."

The crusading A.G. reportedly plans not only to continue on his current course to clean up the mutual funds mess, but also widen his investigation and follow it wherever it takes him. Don't be surprised if we start to see a domino effect of resigning directors through the rest of the year, and possibly into 2005.

FROM MY INBOX: Jenna asks if you can sue a neighbor who gave you wrong advice about a

stock, causing you to lose your investment. The neighbor is not a broker, but said she relied on a relative in the financial community for her information. Assuming this is not a case of insider trading (which is usually hard to prove anyway — as the judge in Martha Stewart's case signaled when she threw that charge out), I would guess Ms. J. has no case. What do you think?

Write to Mr. Uffington in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or send e-mail to letters.kfws@hearstsc.com.

(c) 2004 King Features Synd.,

BUSINESS PEOPLE



Business Calendar

Thursday, April 22
It's time to celebrate 25 years of service to the northwest suburban business community. The Greater O'Hare Association of Industry and Commerce is hosting its 2004 Annual Business Expo on April 22, 2004 from 12 noon to 6 p.m. at the Elk Grove Park District Pavilion located at 1000 Wellington Ave. in Elk Grove Village, IL. Admission to the Expo is your business card.
Come and network at the Expo, from 4-6 p.m. where you can mingle with hundreds of attendees and enjoy complimentary food and beverages from local area vendors. There will also be a spin-the-wheel to win cash, too.
For more information regarding this event, visit www.groove-ohare.com or call Vicki Shaw at (630) 350-0944.

Niles 'Night of Roses' this weekend

The first annual Niles Night of Roses-Home Grown Success event will be held this Saturday, Apr. 17 at the Chateau Ritz. The event is sponsored by the Niles Chamber of Commerce.
Cocktails at 6 p.m. and dinner at 7 p.m. Tickets are \$45 per person. The evening will honor "unsung" volunteers and employees who make Niles a

"Place Where People Count." Reservations can be made through the Chamber office at (847) 966-7606 by today (Thursday).
The event is being sponsored by Wells Lamont, Nightingale-Conant and Shure. The Chamber Dollars for Scholars 2004 Ford Escape winner will also be drawn at the event.

Chambers SEAFOOD GRILLE & CHOP HOUSE
6881 N MILWAUKEE AVE. NILES, IL 60714 (847) 647-8282

Have Your Party With Us At The Chambers
Banquet/Party/ Meeting Facilities For Up To 100
Catering For All Your Needs
Serving Lunch and Dinner 7 Days a Week
Seafood Fresh Daily!

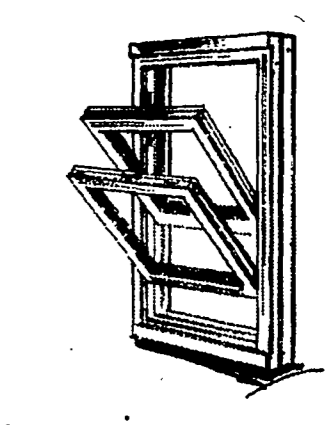
RESERVE NOW FOR MOTHER'S DAY
Live Music 6 Nights a Week

BAHA SUPER SALON
MORTON GROVE'S FAVORITE FOR OVER 8 YEARS!
MEN, WOMEN & CHILDREN

Shampoo & Cut \$7.99	Waxing \$5.00	Cut & Style \$15.00
•Eyebrow or Lip \$2.00	•Face: \$9.00	•Arm: \$16.00
•Leg \$16.00	•Perms \$45.00	•Highlights \$45.00
•Eyebrow or Lip Threading: \$7.00		

W/Coupon • Expires 4/30/04
New Location!
8742 SHERMER RD. NILES IL 60714 (JUST SOUTH OF DEMPSTER)
847-966-9981
HOURS: TUESDAY - SATURDAY 9AM - 7PM
CLOSED SUNDAY - MONDAY

QUALITY WINDOWS! GREAT PRICES!



773-921-0111
ALL-BRITE WINDOWS
Call for a FREE estimate

HOME



Doors Stick or Bang? Here's What to Do

Q: I want to thank reader Rene for her tip on fixing loose screw holes in cabinet fixtures with matchsticks. I used the same technique on the bathroom door latch, which had come loose because the screw holes had widened and didn't hold the screws securely. I placed matchsticks into each hole and retightened the screws, which now hold the latch in place, nice and tight. Thank you! — Chuck B., Lincoln, Neb.

A: Thank you for writing, Chuck. Here are a few other tips for doors that stick, bang or swing too freely:

A door that sticks or drags when you open or close it may need to be adjusted so that it hangs evenly. There are several causes for this problem, including loose hinges or hinge pins, swollen or warped wood (in the door or the frame), or natural settling of the house (which can shift the frame).

- Make sure the hinge pins are completely in place. Push them down or tap down with a hammer if they aren't.
- Tighten the screws fastening the hinges to the door frame; if the screw holes have widened, try the matchstick trick detailed above.
- If you suspect the door jamb is swollen, place a flat piece of wood against it and hit the wood with a hammer (or mallet) to try and flatten it.
- Does the door only stick a little bit? Rub chalk on the bottom (or top) edge and close the door. The chalk marks on the floor reveal the sticking points; sand them down until the door closes smoothly.
- If the door clearly hangs crookedly, remove it (use a helper) and place a shim beneath the hinge plate that sits deepest

into the wood frame. Re-hang the door.

- When sanding doesn't fix a sticking door, remove it from the hinges and shave away the sticking parts with a wood plane and sandpaper.

Does a door in your home swing open or closed too freely, banging shut and scaring everyone inside? Impede that swing by removing the top hinge pin, wrapping the pin with invisible tape, and placing it back in the hinge. Reduce the bang by running a line of adhesive-backed weatherstripping at the contact point (or place four to eight 1-inch pieces of foam weatherstripping on the contact point and corners).

HOME TIP

Using matchsticks or toothpicks to fill overly wide screw holes is an inexpensive, quick fix for cabinets and door latches.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

(c) 2004 King Features Synd., Inc.

FAIR AND HONEST-FAMILY OWNED

GARTNER HEATING & COOLING

HEATING, VENTILATING & AIR CONDITIONING CONTRACTOR
6412 LINCOLN AVE. MORTON GROVE, IL
WWW.GARTNERHVAC.COM
VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS

\$200 OFF Furnace, Air Conditioner Or Boiler Installation
Coupon Expires 4-30-04

\$20 OFF ANY SERVICE CALL!
Coupon Expires 4-30-04

\$69.95 Pre-Season Special System Tune-Up
Coupon Expires 4-30-04

847-965-9645 24 HR Emergency Service
FREE ESTIMATE Licensed • Bonded • Insured

America's Neighborhood Lawn Care Team

SPRING-GREEN.

LAWN CARE
• FERTILIZING
• CRAB GRASS & WEED CONTROL
• INSECT & DISEASE CONTROL
• CORE CULTIVATION

TREE CARE
• DEEP ROOT FEEDING
• TREE SPRAYING
• FREE ESTIMATES

FOR FREE ESTIMATE CALL (708) 863-6255

Maine Township Senior News

Listed below are a few of the new April programs for all Maine Township seniors. All activities and programs are held at Maine Town Hall, 1700 Ballard Rd., Park Ridge unless otherwise indicated. For further information on these and all senior programs and activities call 847-297-2510 or visit www.mainetownship.com.

INTRODUCTION TO COMPUTERS CLASS

Wednesdays, May 12 to June 30
9:00 a.m. to 10:30 a.m.

State of Illinois Building - Rm. 110
9511 Harrison, Des Plaines
Instructor: Lee Huber
Cost: \$30.00 for 8 classes

A lap top computer will be available to you throughout the class at no charge. This class introduces you to the world of computers. Learn computer terminology, gain familiarity with the keyboard, plus learn how to use a mouse and the toolbar.

INTRO. TO MICROSOFT WORD CLASS

Wednesdays, May 12 to June 30
11:00 a.m. to 12:30 p.m.
State of Illinois Building, Room 110

SENIORS

9511 Harrison, Des Plaines
Instructor: Lee Huber
Cost: \$30.00 for 8 classes
Prerequisite: Introduction to Computers

A lap top computer will be available to you throughout the class at no charge. This class will review common computer basics, but will move quickly into an introduction to Microsoft Word and then Microsoft Excel.

HANDY MAN GUIDES AVAILABLE

Please stop in at the Maine Town Hall and pick up our revised 2004 addition of the Handy Man Guide. These are free of charge to Maine Township residents. Choose from reliable workers-

Electricians Plumbers, Painters and more.

Day Trips

The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member call the MaineStreamers at 847-297-2510 and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

"FABULOUS NORTH SHORE" TRIP

North Suburban Area
Saturday, May 1
9:30 a.m. to 4:00 p.m.
Trip Rate 2

Cost: \$55.00 members/\$60.00 guests

Tour some of America's wealthiest, most beautiful and architecturally important suburbs with focus on Evanston, Wilmette, Kenilworth and Winnetka. This narrated tour by Bill Hinchliff, well versed in historical issues, will highlight both the Baihai Temple and the Dawes Mansion.

Lunch will be at the Tommy Nevins Pub where you will have a choice between Corned Beef and Cabbage or Shepherd's Pie along with all the trimmings and dessert. So, enjoy a day learning about the rich and famous of Chicago.

SENIOR NEWS LINE

by Matilda Charles

Are You Getting Enough Vitamin D?

Health problems attributable to vitamin D deficiency appear to be on the rise, especially in the older population. That reverses a 50-year-plus

downward trend that began when researchers found that it's the combination of calcium and vitamin D that builds bone tissue mass and helps prevent such bone problems as rickets in the young, and reduces the risk of developing osteoporosis in the middle-aged and incurring serious, even potentially fatal, hip fractures in the elderly.

Some reasons for vitamin D deficiency in the older population include:

1. Older people are consuming fewer breakfast cereals, which

(depending on the type — read your package labels) can provide a significant amount of D.

2. Fewer older people are drinking milk, perhaps because they think they've outgrown the need for milk or are wary of the effect of saturated fats on heart health. However, both skim milk and most soy milk brands (again, read your labels) provide excellent low-fat sources of the D vitamin.

3. The older population has, it appears, taken heed of the skin cancer risks linked to exposure to sunlight. But all one needs is to

expose the skin for about 10 minutes a day, two to three days a week, for the body to produce sufficient vitamin D in most people. (Note: Depending on the color of your skin, and the medications you use, your doctor can advise on how much exposure time is both safe and effective for you.)

4. Elderly people who are homebound or institutionalized also show higher D deficiency levels, possibly because their diets are not sufficiently supervised for their needs.

Besides getting adequate (and

safe) exposure to sunlight, vitamin D deficiency can respond to supplements. But again, talk to your doctor to determine how much to take without risking kidney-damaging overdoses. Also, adding more fatty fishes such as sardines (preferably with the bone in), salmon and mackerel can reduce or replace the need for supplements. Write to Matilda Charles in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send e-mails to letters.kfws@hearstsc.com.

(c) 2004 King Features Synd., Inc.

Professional Guide

LEGAL

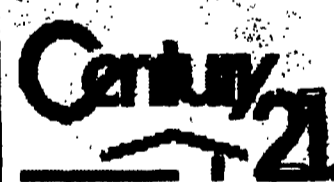
SOCIAL SECURITY DISABILITY

**LAW OFFICES OF
JAN. L. KODNER & ASSOCIATES, LTD**
(312) 922-6688 • (847) 674-5040

www.mysocialsecuritylawyer.com

- Telephone Appointments Available
- Legal Practice Concentrated Exclusively in Social Security Disability Law
- We have helped over 5,000 clients since 1980.
- Voted by Peer Review as Leading Lawyer in Social Security Disability field
- NO FEE UNLESS WE WIN
- Offices in Loop and Skokie

REAL ESTATE



Joseph R. Hedrick, CRS

Certified Residential Specialist

Marino Realtor Inc.

5800 Dempster

Morton Grove, Illinois 60053

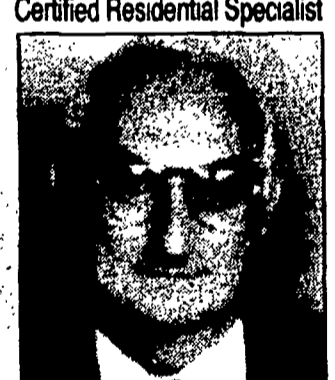
Business 847-967-5500

Toll Free 800-253-0021

Fax: 847-965-5800

Residence 847-965-1774

Each Office is Independently Owned and Operated



Office 2003

**THIS SPACE REACHES
20,000 HOMES CALL
ROSINE TO PLACE
YOUR AD HERE.**

ROSINE
847-588-1900
Ext. 139

• Experience: 34 years

• Broker/REALTOR

• Residential/Commercial

• Licensed Home Inspector

Office 847-698-7000

Cell 847-486-1000

Fax: 847-506-8870

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

Equal Housing Opportunity

KEN WELTER

LINDHAUS • ROYAL • SHARP • SANYO • RICCAR • MIELE • SANATAIRE • SEBO

**ATTENTION
Niles, Morton Grove & Park Ridge Residents**

**SALE
10% OFF
ON ANY NEW VACUUM**

Expires 4/30/04. This offer not valid with any other coupon.

We Sell the Best

Vacuums Available Anywhere!

• Best Performance

• Lowest Cost

• Longest Life

8050 N. MILWAUKEE AVENUE • NILES, IL 60714

847-292-8227

LINDHAUS • ROYAL • SHARP • SANYO • RICCAR • MIELE • SANATAIRE • SEBO

TOMMY POLLINA LANDSCAPE CO.

Garden Designer - Lydia Brawner

- ✓ Annual & Perennial Design
 - ✓ Seasonal Color & Creativity
 - ✓ Flower Containers
 - ✓ Mulch
 - ✓ Clean-ups
 - ✓ Specialty Gardens, etc.
- Call for Free Consultation

847-698-6868

www.tommypollinalandscape.com



Live Life to the Fullest

Choices for Senior Living with Resurrection Health Care

Whether you're looking for a retirement community where you can live independently, or a nursing and rehabilitation center to care for a parent or loved one, we have what you need. Resurrection Health Care is committed to offering you the comfort, care and security you and your loved ones need to live life to the fullest.

Nursing and Rehabilitation Centers

Skilled nursing care and personalized rehabilitation

Holy Family Nursing and Rehabilitation Center
Des Plaines
847-296-3335

Maryhaven Nursing and Rehabilitation Center
Glenview
847-729-1300

Resurrection Life Center
Chicago (Northwest)
773-594-7400

Resurrection Nursing and Rehabilitation Center
Park Ridge
847-692-5600

Saint Benedict Nursing and Rehabilitation Center
(Independent Living also available)
Niles
847-647-0003

Saint Francis Nursing and Rehabilitation Center
Evanston
847-316-3320

Scalabrini Life Center
Franklin Park
847-233-8000

Villa Scalabrini Nursing and Rehabilitation Center
Northlake
708-562-0040

Retirement Living
Independent living communities

Bethlehem Woods Retirement Community
LaGrange Park
708-579-3663

Casa San Carlo Retirement Community
Northlake
708-562-4300



Resurrection Retirement Community
Chicago (Northwest)
773-792-7930

Saint Andrew Life Center
(Intermediate Care also available)
Niles
847-647-8332

Adult Day Care
Personal care, social environment, nutritious meals

Resurrection Adult Day Services
Chicago (Northwest)
773-237-3784

Resurrection Health Care
For All of You, All of Your Life

www.reshealth.org

Resurrection Health Care is committed to fair housing. Its retirement communities include features for persons with disabilities, as required by the Federal Fair Housing Act.



PEOPLE ARE FALLING

Get the NO-SLIP protection for your bathtubs & shower stalls!

Now it's safe & easy to protect seniors and children with a special odorless formula that eliminates the risk of bathroom falls! "We're not skidding!"

- The 'No Skidding' formula creates an invisible slip resistant surface.
- The treatment is odorless and colorless. There's no visible change to appearance of surface!
- 'No Skidding' will actually make surfaces less slippery wet than when dry!
- Your tub or shower stall can be used immediately after our "no skidding" treatment is installed by our technician. The procedure takes about 30 minutes!
- The treatment lasts FIVE years or longer!
- As used in hotels, hospitals, senior homes & health clubs.
- VERY REASONABLY PRICED!!

Chesterfield Products Company (847) 965-2186

For over 100 years, older adults have found a caring community at Central Baptist Village. Our spirit continues to shine through our dramatically expanded and modern campus. The entire project is built around you, with thoughtful details to support your changing needs. Residences include

The Commons, an apartment building designed for independent, active living. **The Terrace** offers assisted living for two distinctive lifestyles. This innovative setting balances security and independence for people with memory changes or for those who need additional care from our professional staff. **The Pavilion** provides skilled nursing and specialized dementia care where compassion and dedication are our touchstones.

YOU
A Community Designed Around
Central Baptist Village

4747 N. Canfield Ave.
Norridge, Illinois
For more information, please call 708/583-8500

SENIORS

SOUND
OFF!

"I think it's still okay for us it's the younger people who should be concerned."
Lillian Stan-Niles



"I hope it's still there for people. What would we do without it."
Adele Genovai-Niles



"I hope it's still there for people in the future. But it could be more."
Catherine Beck-Niles



"I'm looking forward to the day when all senior citizens could get a free medical card for medication."
Pearl DeRubeis-Niles



Here, "senior" means ranking and respect—not age.

Whether it's promptly addressing an issue with a smile, or lending an attentive ear at all times—we treat the people we serve with the respect they deserve. In fact, you'll be hard pressed to find such courtesy and sensitivity anywhere else. That's because we're the only skilled nursing and rehabilitation center with its own full-time, customer-service training program. We call this pioneering program *PeopleFirst*—and it helps make sure you're getting the highest level of service and clinical care. It's just one innovation that makes Glenview Terrace... Glenview Terrace.

Call us today at 847.729.9090 to see what care, elegance and consideration really look like.

**Glenview
Terrace**

1511 Greenwood Road • Glenview, Illinois 60025 • 847.729.9090

Accredited by the Joint Commission on Accreditation of Healthcare Organizations
Medicare approved • Medicaid licensed • Managed care • Insurance • VA

Glenview Terrace holds seminar on caring for dementia patients

Glenview Terrace will host a breakfast seminar "Caring for Someone with Dementia: Understanding Behavior and Meeting Needs" on Tuesday, May 4 from 9 a.m. to 10:30 a.m.

Dorothy Seman, RN, MS, and Clinical Coordinator at the Alzheimer's Family Care Center, will describe how dementia affects communication. She will

also discuss behavior as a form of communication and discuss ways of minimizing the negative behavior and encouraging positive interactions.

Members of the community are welcome. Reservations are requested. For more information, call (847) 729-9090. Glenview Terrace is located at 1511 Greenwood Rd. in Glenview.

Norwood Park Home hosts talk on Support through Music

There are only 70 music thanatologists in the world and two of them will participate in a special presentation at Norwood Park Home. To learn how this process can bring comfort to the gravely and terminally ill, attend the talk on "Providing Emotional, Spiritual and Physical Support Through Music," on Wednesday, Apr. 21 at 2:30 p.m. The event will be held at Norwood Park Home, 6016-20 N. Nina Ave., Chicago. Music therapist Sunzanne

Cross on the guitar and harpists/thanatologists Margaret Pasquesi and Tony Pederson, all from the Palliative Care Center & Hospice of the North Shore, will explain and demonstrate this outstanding process. The integration of medicine and music to comfort the sick is a concept that reaches back to ancient times.

Refreshments will be served. No reservation is required. For more information, call Linda Kreger, director of Marketing at (773) 577-5328.

St. Matthew Center holds plant sale

St. Matthew Center for Health is currently holding its annual plant sale. Hanging baskets or flats may be purchased through tomorrow (Friday, Apr. 16). Plants may be picked up on

Thursday, May 6 from 10 a.m. to 6 p.m. on the west lawn of St. Matthew Center (formerly St. Matthew Lutheran Home). For more information, or to obtain an order form, call (847) 825-5532.

St. Andrew Life Center offers community blood pressure screenings

St. Andrew Life Center, located at 7000 N. Newark in Niles will be conducting monthly blood pressure screenings for the community every fourth Friday of the month from 9 a.m. to 11 a.m. This month, the screening will take place on Friday, Apr. 23.

Hypertension, or high blood pressure, is known as the silent

killer because very often it causes no signs or symptoms to warn the individual of its presence. Periodic blood pressure tests can be a quick way to detect a serious health problem and prevent a stroke.

Future screenings are scheduled for May 28, June 25 and July 23. For more information or directions, call (847) 647-8332.

SENIORS

Summit Square residents donate to Fire Department

Residents from the Summit Square Retirement Residence in Park Ridge recently presented the Park Ridge Fire Department with a donation of \$300 for their Boy Scout Explorer's Troupe Program.

Accepting the donation in the photograph were Fire Chief Ed Dubowski and Fire Inspector Mike Sexton. The money was raised from the Craft Sale held annually at Summit Square.



Maine-ly a Musical

Mary Ellen Fish and Dick Roberts, both residents of Park Ridge, rehearse "Some Day My Prince Will Come" for the Apr. 21 production of "The Magic of Maine Musical." Over a dozen songs from Disney movies will be performed by Maine Township elected officials, office staff, and MaineStreamers. The show will be presented after lunch at Chateau Ritz, 9100 Milwaukee, Niles. For more information, contact Maine Township MaineStreamers at (847) 297-2510.



CONTRACT BRIDGE

By Steve Becker

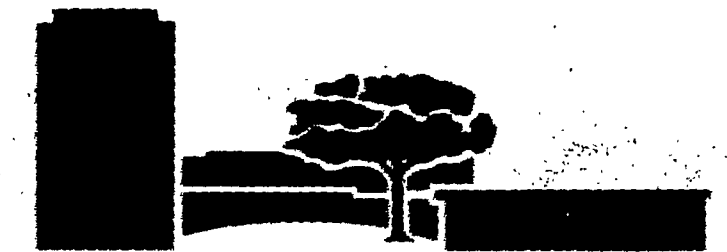
A MAXIMUM SECURITY CASE

North dealer. Both sides vulnerable.			
NORTH			
♦ J108			
♥ QJ9642			
♦ A5			
♠ A2			
WEST			
♦ 9542			
♥ K10873			
♦ 10			
♠ 853			
EAST			
♦ Q763			
♥ A5			
♦ QJ9432			
♠ 4			
SOUTH			
♦ A K			
♥ —			
♦ K876			
♠ KQJ10976			
The bidding:			
North	East	South	West
1♥	Pass	3♦	Pass
3♥	Pass	4♦	Pass
5♦	Pass	6♦	
Opening lead — ten of diamonds.			

Opening lead — ten of diamonds. It might seem odd that the best declarers always adopt a pessimistic view in approaching the play of a hand. If there's a chance of defeat, however remote, they exercise every precaution possible to protect against it. Consider this deal where South failed to do that. He whizzed along, looking neither left nor right, and at trick three suddenly found that the slam had gone down the drain. Declarer won the diamond lead with dummy's ace and continued with a diamond to the king. But West ruffed and returned a trump, and South had to go down one since there was no way he could ruff both of his remaining diamonds with only one trump left in dummy. As soon as dummy came down, declarer could see that he already had 11 ironclad tricks, and that all he had to do to add one more was to ruff a diamond in dummy.

However, he neglected to take into account what might happen to him if he played the A-K of diamonds and the king got ruffed. It was certainly correct to play a diamond from dummy at trick two, but it was not correct to play the king after East had played the nine on the trick. Instead, South should have followed low — preserving the king — to guard against a possible 6-1 diamond break, the only real threat to the slam. After that, there would have been no way to prevent South from ruffing his remaining low diamond with dummy's ace to secure his 12th trick. Many players who suffer a setback of this type tend to brush it off by blaming it on bad luck. But the conscientious declarer who makes a mistake of this kind stores the incident firmly away in his mind and solemnly vows that he will never again repeat such a costly error.

(c) 2004 King Features Syndicate



THE ADMIRAL *At the Lake*

The Admiral at the Lake
A continuing-care retirement community

Dedicated to quality and choices for over 145-years

See the spacious apartments and wonderful Lake Michigan views that The Admiral at the Lake has to offer.

Call today for a tour!

The Admiral at the Lake
909 W. Foster Avenue, Chicago, Illinois 60640
(773) 561-2900 ext 2102
www.admiralatthelake.com



Please send me more information about The Admiral at the Lake

Name _____

Address _____

City, State, Zip _____

Phone _____

Information is for myself _____ Relative _____

BG _____

NOT SURE WHEN TO SELL? "WE WROTE THE BOOK!"

Get Your
FREE
Brochure

CALL OR STOP
BY FOR A FREE
COPY OF:

"How To Decide
When To Sell"

This free brochure makes it easy for seniors to get straight answers to specific questions about when to sell. This could be the most valuable free advice you'll ever get.

S-E-N-I-O-R-S

**HOW TO
DECIDE
WHEN TO
SELL**



**WE GET OUR CLIENTS TOP DOLLAR FOR
THEIR REAL ESTATE!**



CALLERO & CATINO REALTY
7609 Milwaukee Ave., Niles
847-967-6800
Or 773-774-1900
serving this community since 1956

TO YOUR GOOD HEALTH

By Paul G. Donohue, M.D.

Antacids Not Only Heartburn Medication

DEAR DR. DONOHUE: I have heartburn really bad, and I take Pepcid for it. It doesn't do much good for me, so my doctor wants me to take a different medicine — Prilosec. How does this differ from Pepcid? Aren't all antacids the same? — M.J.

ANSWER: Neither Pepcid nor Prilosec is an antacid.

Pepcid is a histamine antagonist. Histamine is a body chemical, one of whose functions is to promote the production of stomach acid. Pepcid and its cousins don't allow histamine to land on the stomach's acid-producing cells. The amount of stomach acid decreases, as does heartburn.

Prilosec works in a different way. It turns off the production of stomach acid in a manner similar to the way you would turn off a faucet that spouts water. Drugs in this category drastically

reduce acid production. Neither of these medicines neutralizes acid as antacid medicines do.

It makes all the sense in the world to switch to a different medicine when one does not do the job.

Many people suffer from heartburn, but few understand what's going on or how the condition is treated. The pamphlet on hiatal hernia and heartburn (officially called GERD, for "gastroesophageal reflux disease") can bring some light to these somewhat cloudy subjects. To obtain a copy, write to: Dr. Donohue — No. 501W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order for \$4.50 U.S./\$6.50 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: My father, 82, lives with us and is in good mental and physical health. He complains that he cannot get to sleep at night because he hears his heart beating loudly in his ears. What can he do? — S.G.

ANSWER: Often the sound of the heart beating in an ear comes from arteries adjacent to the ear that have become hardened and amplify the sound of the heartbeat. If your dad sleeps on his back, have him try sleeping on his right or left side. A change of position can sometimes elimi-

SENIORS

nate the sound. Propping up the head with pillows might also get rid of the noise.

Some serious conditions can be at work. High blood pressure, obstructed neck arteries, Paget's disease (a bone disease), anemia and tumors near the ear are examples. Your father ought to mention the problem to his doctor so a few simple tests can reveal whether one of these serious problems is producing his symptom.

DEAR DR. DONOHUE: Can cranberry juice prevent bladder infections? I have more than my share of them and would like to take something that can prevent them. — S.B.

ANSWER: Cranberry juice prevents one of the common bladder infection germs from sticking to the bladder wall, and that appears to lessen bladder infections. Not all authorities, however, subscribe to cranberry juice's disinfectant power.

Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

(c) 2004 North America Syndicate
All Rights Reserved

damaged cities and infrastructure would be paid for by selling Iraqi oil on the open market. What happened? I don't know. I'm still trying to figure out how a subsidiary of Halliburton (where Vice President Richard Cheney used to work) managed to sell its oil to our military in Iraq at inflated prices until somebody checked the invoices and raised the issue.

My frequent correspondent, Al, asks: "Did they ever find a chemical warfare agent in those mortar shells they dug up in Iraq recently?"

Those shells, which were found in an area from which the Iraqis reportedly launched chemical weapons attacks against Iran in

the 1980s, led some observers to suspect they might hold a blistering agent and might also be part of the elusive store of WMDs. Neither suspicion was substantiated by the facts. The shells proved to be free of any weapons-grade chemicals, contradicting earlier and apparently erroneous positive findings in field tests done by Danish and British experts. And the cache of WMDs is still elusive.

Write to Freddy Groves in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to letters.kfws@hearstsc.com.

(c) 2004 King Features Synd., Inc.

VETERANS POST

by Freddy Groves

News about proposed increased closings of military facilities around the country because of the high costs of rebuilding Iraq prompted this from "Phil," who writes in part: "I thought (the reconstruction) would be funded with Iraqi oil revenues. ... What happened to that plan?"

Niles Seniors

Desk. You must register at least 1 week prior to the outing. If you are registered and cannot make an outing, please call the Senior Center at 588-8420.

CLASSES Computer

Microsoft Word II — Tuesdays & Thursdays, April 27th — June 3rd. 9:00-10:30am. \$30

This is a continuation of

Microsoft Word. You will learn more about the program and what it can do. This is a 6-week course. (Pre-requisite: Microsoft Word.)

Internet — Fridays, May 7th — June 4th, 9:00am — 10:30am. \$25.00 Learn how to use a web browser to visit sites of interest and use e-mail. (5-week course.)
Craft Workshop (NEW!)

(Continued from page 2b)

Stampin' Around — Thursday, April 29th, 9:00am — 12:00pm. It's exciting! Creative! And more fun than you can imagine! Explore the world of card making with rubber stamps in this one-day workshop and have the opportunity to create a card of your own. Cost includes instruction and supplies to complete your project.

"CATCH A RABBIT?"

WHEN YOU HEAR THIS INSTEAD OF



"CASH OR CREDIT?"
IT'S TIME FOR A HEARING TEST

Beltone Hearing Center

5150 W. Main St. • Skokie, IL 60077

By the police station

(847) 679-6040

CUSTOM MADE DIGITALS,
PROGRAMMABLE, AND
BUDGET HEARING INSTRUMENTS.
HEARING TESTS ARE FREE.

ALL BLUE CROSS AND
BLUE SHIELD
"MEMBERS FIRST"
20% OFF ALL BELTONE
INSTRUMENTS

Beltone

Listen, Again



Skaja Funeral Homes

family owned and operated serving our community for over 80 years

SKAJA TERRACE FUNERAL HOME

7812 N. Milwaukee Ave.
Niles, Illinois 60648
847-966-7302

SKAJA STANLEY FUNERAL HOME

3060 N. Milwaukee Ave.
Chicago, Illinois 60618
773-342-3300

SKAJA BACHMANN FUNERAL HOME

7715 W. Route 14
Crystal Lake, Illinois 60012
815-455-2233

Morton Grove Senior News

MORTON GROVE SENIOR CITIZENS NEWS RELEASE

Contact: Bud Swanson, Family & Senior Services, 847/663-6110

"DON'T LIVE WITH THE PAIN" LECTURE

Physical Therapist, Jeff Brennaman from the Abington Nursing Home in Glenview will visit the Morton Grove Senior Center at 1:30 p.m. on Monday, April 19. Mr. Brennaman will speak about how to heal quicker after orthopedic surgery and how to stay healthy in order to avoid painful surgery. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

AARP MATURE DRIVING PROGRAM

AARP's "Mature Driving Program" formerly known as "55 Alive" is an eight-hour two-day course for older motorists. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes in improving their driving skills. Additionally, drivers will find that by completing this course they can receive a discount on a portion of their automobile insurance. The next course offered at the Morton Grove Senior Center will be held starting at 9 a.m. on Tuesday, April 20 and Friday, April 23. The cost of the course is \$10. Call the Morton Grove Senior Hot Line at 847/470-5223 to sign up.

"COLORECTAL CANCER PREVENTION AND EARLY DETECTION"
Signs and symptoms of colorectal cancer, risk factors for colorectal cancer, American Cancer Society screening guidelines, and treatments will all be addressed by Dr. Teresa Law of the Hematology-Oncology Associates of Illinois at 1:30 p.m. on Tuesday, April 20 in the Morton Grove Senior Center. Don't be embarrassed, please come and learn some very important health information. There is no charge for this lecture, but please register by calling the Morton Grove Senior Hot Line at 847/470-5223. The American Cancer Society, North Shore Region, is sponsoring this lecture.

"VIKINGS! A MUSICAL IN TWO AXE!"
This boisterous musical is a romp through the world of the legendary conquerors of the North on Wednesday, April 21 at Pheasant Run Theatre. Chicago Sun Times critic Hedy Weiss called Vikings, "a timely meditation, a sophisticated score, deceptively sagacious, and wonderfully entertaining." Lunch will include a choice of Pasta Marinara or Chicken Piccata. The motorcoach departs from the Morton Grove Senior Center at 9 a.m. and returns at 5 p.m. The cost is \$66 for Senior Center members and \$72 for non-members.

Registration deadline is March 22 in person at the Morton Grove Senior Center.

HORSESHOE CASINO

Seniors will depart via deluxe motorcoach from the Morton Grove Senior Center on Thursday, April 29 for the Horseshoe Casino in Hammond, Indiana. Buffet and \$5 in gaming coins are included. The cost is \$28 for Morton Grove Senior Center members and \$34 for non-members. The coach will be launched at 9:45 a.m. and return at 5:45 p.m. Register in person at the Senior Center.

"MEDICARE MODERNIZATION ACT" LECTURE

Learn about the new laws passed by the U.S. Congress regarding Medicare benefits at 1 p.m. on Monday, May 3 in the Morton Grove Senior Center. Jean Cleland of the North Shore Senior Center will discuss pharmaceutical benefits for seniors. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

"SOME CALL HER OLD GLORY"

Learn the symbols and meanings of how the U.S. flag got its colors, nicknames, and reputation. Diane Walsh of the Illinois Secretary of State's Office will provide this informative lecture and video along with War Veteran, Stephanie Lacey who will speak about services available from the Veteran's Administration. This program will be held starting at 1 p.m. on Tuesday, May 4 in the Morton Grove Senior Center. This is a free program, but please sign up by calling the Morton Grove Senior Hot Line at 847/470-5223.

"TONY N' TINA'S WEDDING"

It's a wedding! It's a feast! It's a show! Come see the acclaimed Piper's Alley mainstay, "Tony N' Tina's Wedding" as it celebrates 10 years on stage on Wednesday, May 5. Be a guest at this hysterical satirical Italian-American

SENIORS

wedding which is a complete entertainment package, including a pre-wedding cocktail, cash bar, a ceremony full of mishaps and madcap comedy. The cost is \$56 for Morton Grove Senior Center members and \$65 for non-members. Depart from the Center at 10:45 a.m. and return at 4:15 p.m. Registration deadline is March 30 in person at the Senior Center.

"I.D. THEFT" LECTURE
Brian Millich of the Cook County Sheriff's Department will present this special program and describing how people can protect themselves from identification theft at 1 p.m. on Thursday, May 6 in the Morton Grove Senior Center. There is no charge for this program, but please register by calling the Morton Grove Senior Hot Line at 847/470-5223.

MORTON GROVE SENIOR GOLF LEAGUE
Get ready for some springtime and summer fun with the Morton Grove Senior Golf League each Friday morning starting May 7. Golfers tee off at 8:30 a.m. every Friday at the Weber Golf Course, 9300 Weber Place in Skokie corner of Church Street and Gross Point Road). The 9-hole par-3 course is open to any senior. The weekly fee is \$5.75 per round. For more information about games, fees and other details call 847/965-3867.

MUSIC BIOGRAPHY OF FRANK SINATRA
Vocal historian Jack Diamond will visit the Morton Grove Senior Center at 9:30 a.m. on Tuesday, May 11 to portray his musical biography of Frank Sinatra. The great years (1935 to 1979) of Old Blue Eyes' life and career will be presented audibly along with Mr. Diamond's unique depiction at this free program co-sponsored by the Bethany Terrace Nursing Center.

"CASH DASH - DO YOU HAVE ANY UNCLAIMED PROPERTY?"
Alison Fore, Representative from the Illinois Treasurer's Office will describe how individ-

uals may be unknown beneficiaries of unclaimed property or assets at 12 noon on Monday, May 24 in the Morton Grove Senior Center. She will show participants how they can conduct a computer search for their name to see if it appears on a database of unclaimed property. Unclaimed property can come in the form of savings and checking accounts, safe deposit boxes, money orders, gift certificates, unclaimed wages, stocks, utility deposits and much more. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

"THE GOOD WAR"
"Is there such a thing as a good war?" is the timely question raised by Studs Terkel's ground-breaking, Pulitzer Prize-winning 1984 oral history, "The Good War." Morton Grove seniors will enjoy a musical adaptation of Terkel's story on Wednesday, May 26 at the Northlight Theatre. This World Premiere adaptation juxtaposes World War II tales and patriotic songs like, "Oh How I Hate To Get Up In The Morning." Lunch at the Daily Grill is included. Only 20 tickets are available, so sign up today! The cost is \$68.50 for Senior Center members and \$79 for non-members. Depart from the Center at 10:45 a.m. and return at 4:15 p.m. Registration deadline is April 26 in person at the Senior Center.

SENIOR CENTER GARDENERS
Anyone who loves to garden, work in the dirt, or just be around flowers is invited to join the Senior Center Gardeners who provide the creative beautifying manpower in the Morton Grove American Legion Memorial Civic Center's gardens. For more information about what gardeners can do, call Bud Swanson at the Morton Grove Senior Center, 847/663-6110.

GOVERNORS PARK
Rehabilitation & Nursing Center
EXCELLENCE IN NURSING CARE

- All Levels
- Individualized Rehabilitation Programs
- Respiratory/Ventilator Services
- Respiratory Ventilator Weaning

1420 S. Barrington Road
Barrington, IL 60010
847-382-6664 • Fax 847-382-6693

SALON M

7403 N. Milwaukee Ave.
Niles, IL 60714
(847) 588-2711
Open Tues.-Sun.

HAIR • NAILS • SKIN • BODY

Jump into Spring with our Spa Specials!!!

Essential Facial & Massage combo
\$110.00

Manicure & Pedicure
\$40.00

Gift Certificates available!

GOVERNORS PARK
Rehabilitation & Nursing Center
EXCELLENCE IN NURSING CARE

- All Levels
- Individualized Rehabilitation Programs
- Respiratory/Ventilator Services
- Respiratory Ventilator Weaning

1420 S. Barrington Road
Barrington, IL 60010
847-382-6664 • Fax 847-382-6693

SENIOR CITIZENS

Shampoo & Set . . . \$2.50 & Up
Haircut . . . \$3.00 & Up
EVERYDAY EXCEPT SUNDAY
Sr. Men's Clipper Styling \$3.00 & Up
Men's Reg. Hair Styling \$5.00 & Up

IN HOME HAIR CARE **MANICURE & PEDICURE TOGETHER \$16.00 & UP**

FREDERICK'S COIFFURES
5391 N. MILWAUKEE AVE.
CHICAGO, IL
(773) 631-0574

NOT JUST ANY HOME WILL DO. SAME GOES FOR INSURANCE.
WE LIVE WHERE YOU LIVE.

When it comes to your homeowners insurance, no one understands your needs like a State Farm agent. That's why State Farm® insures more homes than anyone else. You can enjoy the perfect home knowing it's insured with State Farm. Call me for details.



Bill Schmidt, LUTCF
Oak Mill Mail Suite 231B
7000 Milwaukee Ave
Niles, IL 60714
847-967-5545

LIKE A GOOD NEIGHBOR

STATE FARM IS THERE.™

Spring Sale! Friday—Sunday April 23rd, 24th & 25th



Gurnee Antique Center, LLC.

SALE HOURS:
Fri. & Sat. 10-5
Sunday 12-5

Located Just Off I-94 in Gurnee. Take Dilley's Road
South off Grand Avenue to Northridge; Follow
Northridge to Gurnee Antique Center Building.

5742 Northridge Drive
Gurnee, IL 60031
(847) 782-9094

EXCITING NEW BREAKTHROUGH

Lynn from Angels, CA: "We are
very pleased with the concept,
design, and user friendliness of
the Toilet Riser!"
Introducing the
TOILET RISER

• Clean and Safe!

• Lifts existing
toilet 4 inches.



Hurry, order today!
1-800-817-3118

WEB: WWW.MEDWAYCORP.COM

SHHHHH! THE NORTH SHORES' BEST KEPT SECRET HAS NEW 3 BEDROOM
2 BATH HOMES AVAILABLE FOR AS LITTLE AS \$62,000 INCLUDING

•Central Air •New Appliances, Stove, Refrigerator, Dishwasher, Washer, Dryer •Low Interest Financing and Long terms to Approved Credit •All Energy Efficient •Nicely Landscaped

LUXURY LIVING FOR LESS NEW HOMES STARTING AT \$39,000*

**NEW
MODELS
ON
DISPLAY
2 & 3
BEDROOM**

**OPEN EVERYDAY
9-5**

SUNSET VILLAGE

MANUFACTURED HOUSING COMMUNITY
CONVENIENTLY LOCATED FOR

SHOPPING, COUNTY PARKS AND TRAILS, OUTSTANDING
SCHOOLS, CHILDREN'S SUMMER FUN PROGRAMS AND
ACTIVITIES, EASY ACCESS TO INTERSTATES 94 & 294. 15
MINUTES FROM AIRPORT, 20 MINUTES LAKE FRONT.

www.capitalfirstrealty.com

- Free Financial Pre-Qualification
- On Site Financing Assistance
- New and Pre-Owned 2 & 3 Bedroom Homes
- 10% Down Payment
- Low Interest rate and up to 20 year terms



**CAPITAL
FIRST
REALTY
INC.**



Sunset Village
MANUFACTURED HOME COMMUNITY

2450 Waukegan Road
Northfield, Illinois 60093-2723
(Incorporated with Glenview)

Call Linda Polasik or Kim Stark at:
(847) 724-7957

* Available at Sunset Village Only

NOW OPEN — LAND LEASE COMMUNITIES —

* Rates subject to change — with credit approval — some restrictions apply. May be additional fees.

SPORTS

The Bugle

Thursday April 15, 2004

Hawks rally to win against Fremd

BY RYAN BISHOP
rbishop@buglenewspapers.com

For the first three innings of Saturday's doubleheader, Fremd pitcher Adam Ford was in command of the Maine South hitters; locating his pitches, getting ahead of hitters with his sharp breaking balls. However, Ford faltered down the stretch, giving up seven runs in 6.1 innings as the Hawks rallied to win the first game in exciting fashion, 8-7 in 8 innings. Nick Rice's single down the third base line drove in second baseman Peter Tountas for the winning run in a hard fought victory for the Hawks.

Down 3-0 in the third, the Hawk lineup adjusted the second time around in the lineup and erupted for a six run fourth inning off of tough luck loser Ford. The Hawks (7-2-1) had taken a 6-4 lead and momentum was on the side of the home team and pitcher Craig Braun.

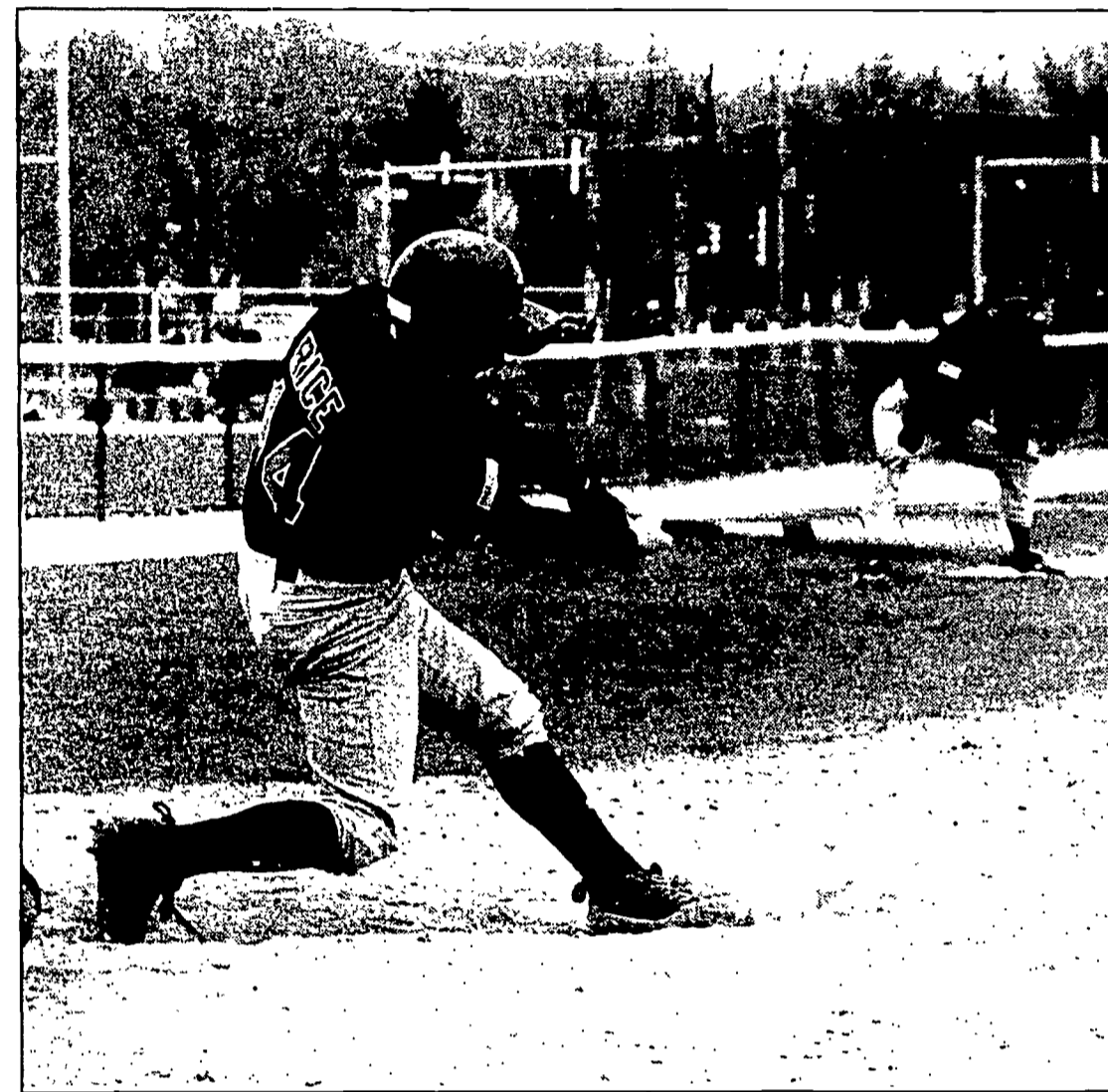
It all started with one out. Left fielder Donnie Bungum had grounded out to second before the bats came to life. Four consecutive hits, followed by a walk and a sacrifice bunt by designated hitter David Philipini sparked the Hawks to their big inning. SS Alberto DeCicco beat out an infield hit to his counterpart that put some speed on the basepaths. It was Frank Simoncelli's turn to move DeCicco over. Falling behind 0-2, he waited back and hit a changeup that dropped right in front of the center fielder. Catcher Joe Oliver (2-4, 3 RBI) drove a first pitch fastball to the fence in right center for a triple, driving in DeCicco and Simoncelli, and suddenly the Hawks were back in it.

A Nick Rice double that traveled to the center field fence brought in Tony Zuh (2-3 at plate) and Brian Philipini, accounting for the last runs of the inning.

With the runs allowing the pitcher Braun a margin for error, he

faced one of the Vikings' toughest hitters in left fielder Kyle Schmitt leading off the top of the fifth. Although Schmitt scored on an infield hop, he escaped with only

Hard throwing right-hander Brian Schlitter came in to close the game out. Fremd battled back to send the game into extra innings as Ford helped his cause with a run



Maine South's Matt Rice's dusty infield grounder in the eighth inning scores Peter Tountas from third with the winning run in the first game of their double header against Fremd Saturday April 10, Maine South won 8-7.

one run crossing the plate.

Braun had given up six hits and three runs going into the inning and had two key strikeouts to end scoring threats. He kept his team in the game by mixing up his pitches while staying in the strike zone with his change and curveballs.

Braun trotted out to the mound in the top of the 7th, trying to finish what he started, but departed after second baseman Mike Blasevich lined the first pitch he saw right up the middle. He received an applause from his teammates and the Hawk fans, facing a Fremd team that was 6-1 going into the game.

scoring triple. Schlitter could not find the plate, as he walked the first batter he faced, and then walked in two runs that tied up the game. The Hawk infield played in to cut down the go ahead run. It worked to perfection, as DeCicco made a fine throw at the plate to gun down Anthony Ferrandino and then threw out Schmitt on a grounder in the hole to put an end to a dramatic seventh inning.

The Hawks failed to get anything going in the bottom half of the seventh, but Tountas triple on the right field line after two out in the eighth proved to be the winning run, setting it up for Rice.

WEEKEND WARFARE THE MATCHES YOU CAN'T MISS!

Notre Dame Boy's Volleyball vs. Maine East

When: 5 PM, April 16

Where: Notre Dame High School, 7655 W. Dempster St., Niles, IL

Outlook: Despite a split record of 2-2 the Notre Dame Boy's Volleyball team is looking strong this season. In their last game, the Dons never gave Maine West a chance, easily defeating them 25-20, 25-14. Now the Dons look to get over the hump with a win over a Maine East team who showed some strong play against the very impressive Niles West Wolves. Despite a loss, the Demons pushed the Wolves hard for a win. Expect the same to happen in this game, with the Demons pushing hard for the win, but the Dons emerging as the overall winners.

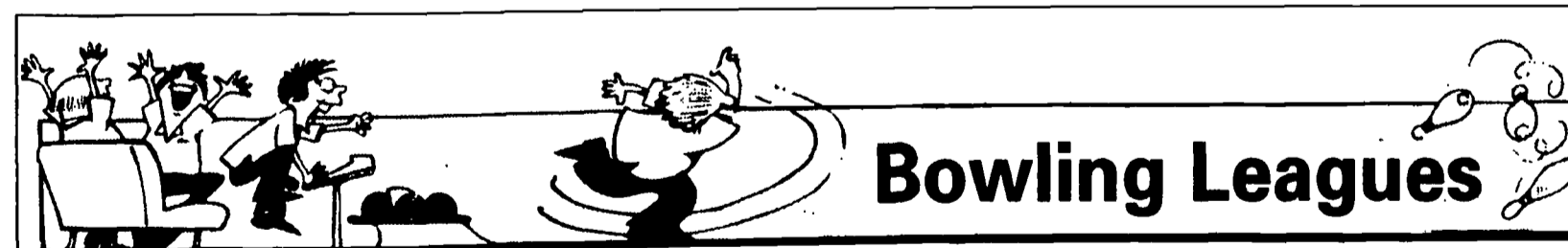
Maine South Baseball at Niles North

When: 5 PM, April 19

Where: Niles North High School, 9800 N. Lawler St., Skokie, IL

Outlook: The Maine South Baseball team is having a good beginning to the year. Currently 7-2-1 the Hawks team is working well together. This week they'll face Niles North who with a very similar record should give the Hawks a good game. With strong hitting and continued controlled pitching, the Hawks should continue their winning ways.

Does your team whether high school, grade school, or park district, have an exciting game coming up? We want to know about it! Email msantoro@bugle-newspapers.com with details and contact information and your team could be featured in next week's Weekend Warfare!



CATHOLIC WOMEN'S BOWLING LEAGUE Bowled Wednesday, April 7, 2004

	Points Won	Points Lost
Skaja Terrace Funeral Home	60	38
Candlelight Jewelers	56	42
Niles Dairy Queen	51	47
Bielinski & Bono Dental	47	51
NorthSide Community Bank	40	58
Classic Bowl	40	58

High Series/High Games

Kay Pecoraro	174
466/169	
Millie Kroll	
464/166	
Rita Slechta	169
Gerri Nowoczynski	156
Lois MacAdam	155
Mary Johnson	151
Melissa Lang	

Classic Bowl Presents Summer League Bowling 2004 Sign up NOW for 3 free games week (open play)!!

Monday	League	Time	Begin Date
	<input type="checkbox"/> Summer Classic Sr.	1:00 p.m.	May 24
	<input type="checkbox"/> Summer Bummer	7:00 p.m.	May 10
	<input type="checkbox"/> Learn To Bowl	7:00 p.m.	Every Monday
Tuesday			
	<input type="checkbox"/> Kids Learn to Bowl	4:00 p.m.	June 1
	<input type="checkbox"/> Giordano's Doubles	7:00 p.m.	May 24
	<input type="checkbox"/> Mixed Monkeyshines	7:00 p.m.	May 4
Wednesday			
	<input type="checkbox"/> Have a Ball	6:30 p.m.	May 5
	<input type="checkbox"/> Breath of Fresh Air (non-smoking)	7:15 p.m.	May 5
Thursday			
	<input type="checkbox"/> Solid Gold	9:30 a.m.	May 20
	<input type="checkbox"/> Adult/Child	7:00 p.m.	June 3
Saturday			
	<input type="checkbox"/> Budweiser Sports League	3:30 p.m.	June 5

8530 Waukegan Rd. Morton Grove • Phone: 847-965-5300

SPORTS

Niles Park District

Niles Park District Job Fair
We invite anyone interested in working at Niles Park District to attend our Annual Job Fair. Part-time seasonal employment is available. Come to the Recreation Center, 7877 Milwaukee Ave. on Saturday, April 17 from 10:00 a.m. to 2:00 p.m. to fill out an application and have an on the spot interview. If you have any questions, please call Nita at (847) 967-6633 Ext. 106.

Family Cosmic Bowl Event
Niles Park District invites families and kids kindergarten and up (must be accompanied by an adult) to a fun afternoon of Cosmic Bowling on Saturday, May 15. Join us for an exciting afternoon of bowling with special effects... laser lights, fog and popular music! A pizza lunch will be served. Kids will receive 6 game tokens for the

game room, bowling shoes and cosmic bowling. Fees are Res \$35 per couple; Non-Res \$45 per couple. Don't miss out on this special event at Niles Brunswick Bowl, 7333 N. Milwaukee. Event time is 12:30-3:00 p.m. Call 847-967-6633 for further information.

4th Annual Niles Community Track & Sports Mania Event
The Niles Park District and Village of Niles, in cooperation with Notre Dame High School, are excited to present the 4th Annual Niles Community Track & Sports Mania Event on Sunday, April 25, 2004. (*Rain date is May 2nd) Activities take place 10:00 a.m. to 1:00 p.m. at Notre Dame High School Track & Field Stadium, 7655 W. Dempster in Niles. This event is non-competitive and free! All ages, tots to seniors, are invited to participate and receive awards for each event. There will also be a raffle and free give-aways. Check in is 10:00 to 10:45 a.m. Events begin at 10:30 a.m. with the Village and Park

District Department Relays. Come early and cheer them on! Other events begin at 10:45 a.m. and include the 1-mile walk, 50 meters, 400-meter relay and long jump. Sports skill games include Soccer, Hockey, Baseball and Bocce Ball. Tots will enjoy our fun Tot Olympic Play Area. Participants can also visit our Community Health and Safety Tent. Car seat safety checks will be done by the Niles Police Department. Concession stand will be available at a nominal charge. There is no fee for this event, but pre-registration is required to be guaranteed an event t-shirt and other free give-aways on day of event. Registration forms are available at the Howard Leisure Center, 6676 W. Howard Street; Niles Family Fitness Center, 987 Civic Center Drive; Grennan Heights Recreation Center, 8255 Oketo. Please call (847) 967-6633 or (847) 588-8400 for more information. Don't miss the fun! *Rain Date Hotline: (847) 647-6777.

Niles Family Fitness Center

Niles Family Fitness Center, 987 Civic Center Dr. Niles, IL Call 847-588-8400 for detail

Swim Lessons
Registration Begins: Members Only: April 12th-April 15th Open Registration begins April 16th

Summer Camps
Ages 6-12
Sessions begin June 14th and run through August 20th. We offer both full and part-time registration for your convenience. Don't delay register today before sessions fill.

Registration for new Spring Classes has begun at the Niles Family Fitness Center.
We offer fitness classes for every level from ages 10-Adult. Call 847-588-8400 for further information.

Girls Night Out
Ages 9-12 years old. Friday April 23rd. 6-9PM
Enjoy a Friday night out with friends designing and creating personal keepsakes like picture frames, jewelry, candles and more. Swimming, music, snack and more will get you in the party mood.
Deadline to Register is one week in advance \$12 Member / \$ 16 Non-Member

St. Norbert's holds 'Funtastic' Camp

Fantastic Summer Day Camp is for children ages 5 to 12. We offer 2 four-week sessions from June 21 - July 16 and July 19 - August 13. Our goal is to offer your child a fun-filled summer program while ensuring their safety. We are based at St. Norbert's gymnasium in Northbrook.

Campers will enjoy swimming, field trips, sports, special events, and meet guests. Our lifetime goal is to enhance children's lives with positive and nurturing experiences.

SkoMor Soccer holds registration

The Skomor Soccer Club will have their registration and tryouts for the Fall 2004 and Spring 2005 season on May 10th and May 11th. Boys and Girls U9-U11 5:00 - 6:30

PM. Boys & Girls U12-U14 and high school girl 6:30-8:00 PM. (Must Attend Both Days) Niles West H.S. - SW corner of the practice field. For more info: 847-604-4222.



**In April & Receive
1-Month of Fitness
For \$24.95**

Club Fitness @ The Morton Grove Park District
6834 Dempster St., Morton Grove (847) 965-1200
www.mortongrovetparks.com

OFFENSE-DEFENSE
FULL-CONTACT
FOOTBALL CAMPS

- Instruction from NFL and College Coaches!
- Get Coached by Players From Your Chicago Bears
- A Week of Full-Contact Practice Sessions!
- Attended by Vick, Manning, Holmes, Rice, Shockey, Lewis and More!
- Improvement Guaranteed!

CHICAGO CAMP
NORTH CENTRAL UNIV. JUNE 27-JULY 1
FOR FREE BROCHURE
VISIT WWW.O-D.COM OR CALL 888-963-2267

Summer Camps for Kids at Wright College

SPORTS / ACTIVITY CAMP
Ages 6 to 12. Sign up for one, two or all three weeks!
\$110 per session. 5 days per week, 9:00 am-2:30 pm,
June 7-11, June 14-18, June 21-25.



SUMMER COMPUTER CAMP
Ages 12 to 18. Surf the internet like a pro. Use various software programs. Design a web page. Use computer graphics. \$125 for five, 3-hour days.

SUMMER ON STAGE

(presented by the artists & teachers of The Happiness Club)
A 3-week performing arts summer day camp,
July 5-23, Mondays-Fridays, 9:30 am-2:00 pm.
Children grades 3 through 8, all levels and abilities.
\$325 for 3-week session plus materials fee of \$35.

Offering You more in 2004!

Northbrook, Illinois
FANTASTIC
Summer Day Camp

Swimming
Sports
Field Trips
Special Guests
Exciting Activities

June 21-August 13
All kids ages 5 to 12
Based at St. Norbert's Gymnasium in Northbrook
(847) 528-1110
www.funtasticdaycamp.com

The Bugle

BUSINESS

Thursday April 15, 2004

Ladies Workout Express opens in Niles

Ladies Workout Express is scheduled to have its Grand Opening today, Thursday Apr. 15 at 8802 W. Dempster, Niles from 4 p.m. to 8 p.m. At the grand opening there will be face painting, massages, and food.

Lu Meo and Bonnie Anderson, who run the new business began it because they both had a passion

for helping people with fitness. They even send out personalized cards to their members to keep them motivated.

"Over the past few years, whatever I have seen or been treated like in other clubs, I do the opposite," said Anderson.

Ladies Workout Express features versatile dual hydraulic

equipment. If, for example, a 50-year-old beginner is using the machine, they will only resist at the beginner level. If the user pushes slowly, it resists lightly. As the user advances, the machines become more challenging.

According to Meo and Anderson, beginning goals for

membership have already been surpassed. As a result, they are now offering corporate rate plans to all businesses.

Another unique feature of Ladies Workout Express is that the business does not close at midday, allowing fitness enthusiasts to spend their lunch break in a 30-minute workout.



The Bugle runs business profiles to highlight those businesses that support the publication.

Dollars and sense

by David Uffington

Mutual Fund Directors Get Warning

New York state Attorney General Eliot Spitzer has declared a zero-tolerance policy against mutual fund directors who fail to protect their shareholders from

fraud or other questionable acts by their fund companies.

As reported by Jonathan Burton for CBS MarketWatch.com, Spitzer made his intentions clear when he told a group attending a meeting on fund regulation, "Where we find evidence they didn't do their job, we're going to say (to them), 'You're gone.'"

Spitzer's newly announced policy is part of his ongoing investigation of mutual fund companies that were cited last year for engaging in improper as well as illegal dealings that benefited the companies at the expense of their shareholders. The decision to target the directors came out of Spitzer's

findings that the bad acts happened under the noses of the very people who should have stepped in and stopped them, but didn't. As Spitzer noted, they "abdicated their responsibility. ... They didn't do their job."

The crusading A.G. reportedly plans not only to continue on his current course to clean up the mutual funds mess, but also widen his investigation and follow it wherever it takes him. Don't be surprised if we start to see a domino effect of resigning directors through the rest of the year, and possibly into 2005.

FROM MY INBOX: Jenna asks if you can sue a neighbor who gave you wrong advice about a

stock, causing you to lose your investment. The neighbor is not a broker, but said she relied on a relative in the financial community for her information.

Assuming this is not a case of insider trading (which is usually hard to prove anyway — as the judge in Martha Stewart's case signaled when she threw that charge out), I would guess Ms. J. has no case. What do you think?

Write to Mr. Uffington in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475 or send e-mail to letters.kfws@hearstsc.com.

(c) 2004 King Features Synd.,

Business Calendar

Thursday, April 22

It's time to celebrate 25 years of service to the northwest suburban business! The Greater O'Hare Association of Industry and Commerce is hosting its 2004 Annual Business Expo on April 22, 2004 from 12 noon to 6 p.m. at the Elk Grove Park District Pavilion located at 1000 Wellington Ave. in Elk Grove Village, IL. Admission to the Expo is your business card.

Come and network at the Expo from 4-6 p.m. where you can mingle with hundreds of executives and enjoy complimentary food and beverages from local area vendors. There will also be a spin-the-wheel to win cash too.

Both space is limited to 123 businesses. For more information regarding exhibiting, visit www.greaterohare.com or call Vicki Shea at (630) 350-2944.

Chambers
SEAFOOD GRILLE & CHOP HOUSE
6881 N. MILWAUKEE AVE.
NILES, IL 60714
(847) 647-8282

Have Your Party With Us At The Chambers

Banquet/Party/ Meeting Facilities For Up To 100
Catering For All Your Needs

Serving Lunch and Dinner 7 Days a Week
Seafood Fresh Daily!

RESERVE NOW FOR MOTHER'S DAY

Live Music 6 Nights a Week

Niles 'Night of Roses' this weekend

The first annual Niles Night of Roses-Home Grown Success event will be held this Saturday, Apr. 17 at the Chateau Ritz. The event is sponsored by the Niles Chamber of Commerce.

Cocktails at 6 p.m. and dinner at 7 p.m. Tickets are \$45 per person. The evening will honor "unsung" volunteers and employees who make Niles a

"Place Where People Count." Reservations can be made through the Chamber office at (847) 966-7606 by today (Thursday).

The event is being sponsored by Wells Lamont, Nightingale-Conant and Shure. The Chamber Dollars for Scholars 2004 Ford Escape winner will also be drawn at the event.

BAHA SUPER SALON

MORTON GROVE'S FAVORITE FOR OVER 9 YEARS!
MEN, WOMEN & CHILDREN

Shampoo & Cut \$7.99 <small>First Time Customers Only</small>	Waxing	Cut & Style \$15.00 <small>First Time Customers Only</small>
	•Eyebrow or Lip \$5.00	
	•Face: \$23.00	
	•Arm: \$9.00 •Leg: \$16.00	
•Perms \$45.00		
•Highlights \$45.00		
•Eyebrow or Lip Threading: \$7.00		

New Location!
8742 SHERMER RD. NILES, IL 60714 (JUST SOUTH OF DEMPSTER)
847-966-9981
HOURS: TUESDAY - SATURDAY 9AM - 7PM
CLOSED SUNDAY - MONDAY

QUALITY WINDOWS! GREAT PRICES!!

773-921-0111

ALL-BRITE WINDOWS

Call for a FREE estimate

HOME



Doors Stick or Bang? Here's What to Do

Q: I want to thank reader Rene for her tip on fixing loose screw holes in cabinet fixtures with matchsticks. I used the same technique on the bathroom door latch, which had come loose because the screw holes had widened and didn't hold the screws securely. I placed matchsticks into each hole and retightened the screws, which now hold the latch in place, nice and tight. Thank you! — Chuck B., Lincoln, Neb.

A: Thank you for writing, Chuck. Here are a few other tips for doors that stick, bang or swing too freely:

A door that sticks or drags when you open or close it may need to be adjusted so that it hangs evenly. There are several causes for this problem, including loose hinges or hinge pins, swollen or warped wood (in the door or the frame), or natural settling of the house (which can shift the frame).

- Make sure the hinge pins are completely in place. Push them down or tap down with a hammer if they aren't.

- Tighten the screws fastening the hinges to the door frame; if the screw holes have widened, try the matchstick trick detailed above.

- If you suspect the door jamb is swollen, place a flat piece of wood against it and hit the wood with a hammer (or mallet) to try and flatten it.

- Does the door only stick a little bit? Rub chalk on the bottom (or top) edge and close the door. The chalk marks on the floor reveal the sticking points; sand them down until the door closes smoothly.

- If the door clearly hangs crookedly, remove it (use a helper) and place a shim beneath the hinge plate that sits deepest

into the wood frame. Re-hang the door.

- When sanding doesn't fix a sticking door, remove it from the hinges and shave away the sticking parts with a wood plane and sandpaper.

Does a door in your home swing open or closed too freely, banging shut and scaring everyone inside? Impede that swing by removing the top hinge pin, wrapping the pin with invisible tape, and placing it back in the hinge. Reduce the bang by running a line of adhesive-backed weatherstripping at the contact point (or place four to eight 1-inch pieces of foam weatherstripping on the contact point and corners).

HOME TIP

Using matchsticks or toothpicks to fill overly wide screw holes is an inexpensive, quick fix for cabinets and door latches.

Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

(c) 2004 King Features Synd., Inc.

FAIR AND HONEST-FAMILY OWNED

GARTNER
HEATING & COOLING

HEATING, VENTILATING & AIR CONDITIONING CONTRACTOR
6412 LINCOLN AVE. MORTON GROVE, IL
WWW.GARTNERHVAC.COM
VISA, MASTERCARD, DISCOVER, AMERICAN EXPRESS

\$200 OFF Furnace, Air Conditioner Or Boiler Installation
Coupon Expires 4-30-04

\$20 OFF ANY SERVICE CALL!
Coupon Expires 4-30-04

\$69.95 Pre-Season Special System Tune-Up
Coupon Expires 4-30-04

847-965-9645 24 HR Emergency Service
FREE ESTIMATE Licensed • Bonded • Insured

America's Neighborhood Lawn Care Team

SPRING-GREEN.

LAWN CARE
• FERTILIZING
• CRAB GRASS & WEED CONTROL
• INSECT & DISEASE CONTROL
• CORE CULTIVATION

TREE CARE
• DEEP ROOT FEEDING
• TREE SPRAYING
• FREE ESTIMATES

FOR FREE ESTIMATE CALL
(708) 863-6255

LINDHAUS • ROYAL • SHARP • SANYO • RICCAR • MIELE • SANATAIRE • SEBO

ATTENTION
Niles, Morton Grove & Park Ridge Residents

SALE
10% OFF
ON ANY NEW VACUUM

Expires 4/30/04. This offer not valid with any other coupon.

We Sell the Best
• Vacuums Available Anywhere!
• Best Performance
• Lowest Cost
• Longest Life

8050 N. MILWAUKEE AVENUE • NILES, IL 60714
847-292-8227

TOMMY POLLINA LANDSCAPE CO.

Garden Designer - Lydia Brawner

- ✓ Annual & Perennial Design
- ✓ Seasonal Color & Creativity
- ✓ Flower Containers
- ✓ Mulch
- ✓ Clean-ups
- ✓ Specialty Gardens, etc.

Call for Free Consultation
847-698-6868
www.tommypollinalandscape.com

Professional Guide

LEGAL

SOCIAL SECURITY DISABILITY
LAW OFFICES OF
JAN. L. KODNER & ASSOCIATES, LTD
(312) 922-6688 • (847) 674-5040
www.mysocialsecuritylawyer.com

- Telephone Appointments Available
- Legal Practice Concentrated Exclusively in Social Security Disability Law
- We have helped over 5,000 clients since 1980
- Voted by Peer Review as Leading Lawyer in Social Security Disability field
- NO FEE UNLESS WE WIN
- Offices in Loop and Skokie

REAL ESTATE

Century 21

Joseph R. Hedrick, CRS
Certified Residential Specialist

Marino Realtor® Inc.
5800 Dempster
Morton Grove, Illinois 60053
Business 847-967-5500
Toll Free 800-253-0021
Fax: 847-965-5600
Residence 847-965-1774
Each Office is Independently Owned and Operated

THIS SPACE REACHES
20,000 HOMES CALL
ROSINE TO PLACE
YOUR AD HERE.

ROSINE
847-588-1900
Ext. 139

Experience: 34 years
Broker / CCIM
Residential / Commercial
Licensed Home Inspector

Office: 847-596-7666
Cell: 847-439-5010
Fax: 847-506-9670

KEN WELTER

Gemini Students 'Rock' the Schoolhouse

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

For anyone who knows "Schoolhouse Rock," an educational series that musically taught young people everything from the process of lawmaking to grammatical constructions, a Gemini Junior High School musical production might sound familiar.

Students at Gemini have produced a medley of "Schoolhouse Rock" songs and will be touring the area performing for seniors and elementary school students. Tim Maguire, Gemini's music and drama teacher is very proud of the students.

"We have great students at Gemini," he said. "They're extremely motivated. I think our production added to the environment at Gemini."

The overall purpose of the production, according to Maguire, was to perform at elementary schools and at retirement communities.

"It's sort of a community outreach," he said.

Students began work on the production in January with completion planned for March. However, the date was changed to allow more

time for students to study.

"We thought we'd wait until after testing and spring break," said Maguire.

The show's evening performance was held prior to last Wednesday's Dist. 63 school board meeting, to critical acclaim.

"We had at least 58 people in the board room," said Maguire. "That's pretty good considering that we could only put about 100 chairs in there. It was an intimate venue."

Maguire said he was pleased with the turnout, especially considering that many of those present were not related to cast members.

"I was impressed with the turnout," he said. "I expected mostly parents and family members, but there were a lot of people there who weren't related to cast members."

The cast and crew of the production worked after-school to rehearse the various musical numbers and build the sets and costumes. Maguire called it a "collaborative effort."

"It's fortunate that these students are to have a place to go after school," he said. "They bond and build experiences and friendships that will last a life time. It also gives them a place to excel and foster



Students from Gemini Jr. High perform "Conjunction Junction" as part of the "Schoolhouse Rock" medley.

their creativity."

The show is half an hour long and will be performed for Gemini students on the 19th and 20th of April. It will be performed in the community in May.

"We'll be touring around in May," said Maguire. "It's been extremely rewarding to see these

kids assemble the whole project.

They feel good about putting together something that's their own."

The cast includes: Cara George, Sarah Golenia, Jennifer Youkhana, Beth Ann Melnick, Elma Lugonjic, Raymond Kim, Amy Lauterbach, Jelena Krstic, Karolina Mis, Vicky

Hurst, Darina Mcdee, Jon Bugara

and Paula Millares. The crew includes: Simona Stantcheva, Anette Migala, Dhruv Kavi, Katie Levinson and Janelle Gianakopoulos. Adult Volunteers include: Linda Bahi, Laura Turnbow, John Turnbow and Alexia Tsilipetros

\$\$\$ Looking For Some Free Money? \$\$\$

Now for a limited time only you can take advantage of an extraordinary opportunity!

We will buy back your existing car loan and give you a 2.00% rate discount.

Why pay more for your car when you could be paying a lot less?



For a free quote call First Financial Credit Union today and find out how much money you can save!

Phone 847-676-8000 Ext. 139

www.firstfcu.org

First Financial Credit Union
5550 West Touhy Avenue Skokie, IL 60077

That means extra cash right in your pocket!

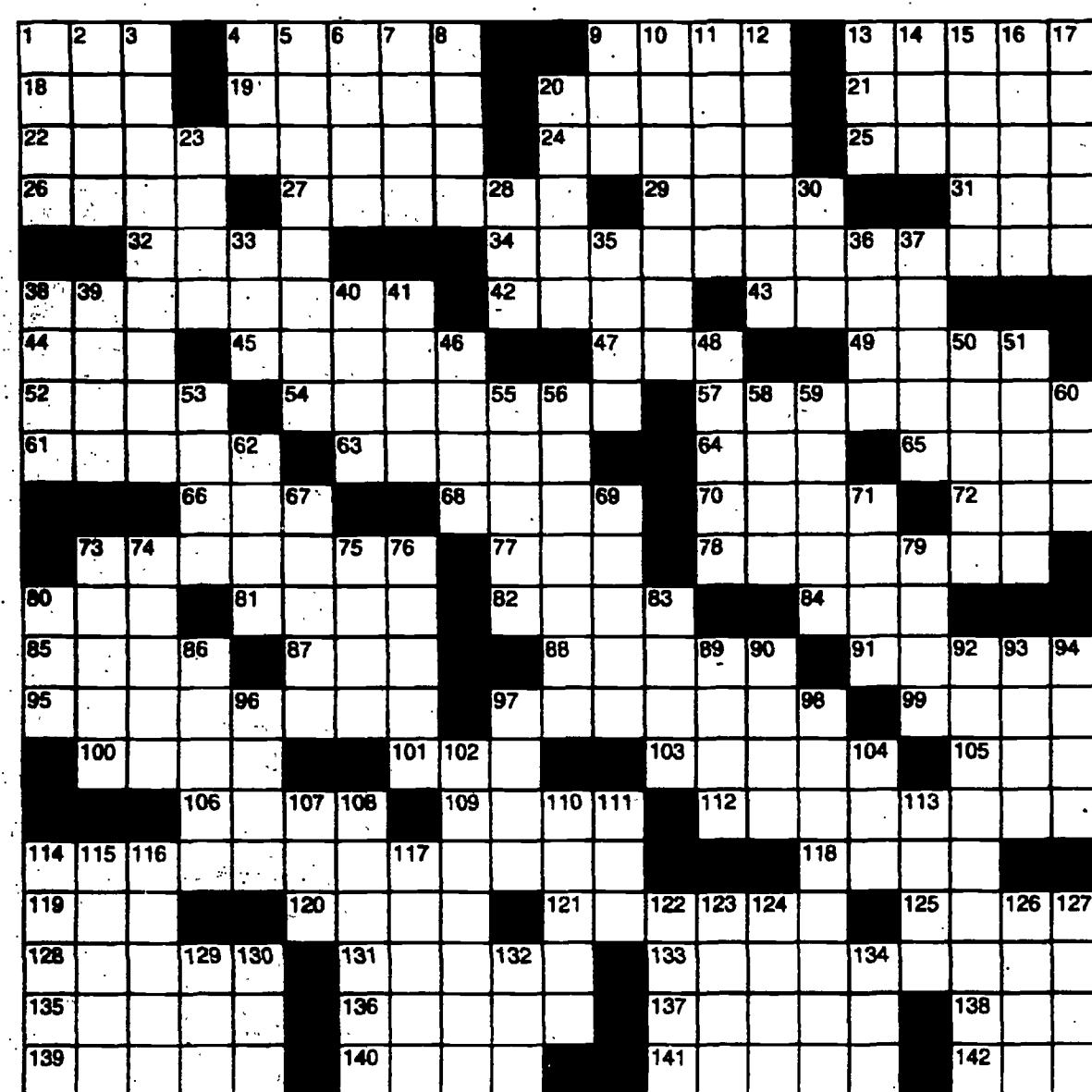
* Offer valid with this ad only. Offer expires on June 1, 2004. Offer not to credit eligibility. Other restrictions may apply. Floor rate of 3.99% applies. Offer not valid on existing FFU loans.

Because we're a community credit union, anyone who lives or works in Skokie, Lincolnwood, Morton Grove or Park Ridge can apply for a loan at First Financial.



NCUA

LIFE



SUPER CROSSWORD

SOUNDS TOUGH!

ACROSS

- 1 Big -
4 "Stop, sailor!"
9 James of "Misery"
13 Swashbuckling novelist
18 Grand - Opry
19 Actress Berger
20 Mournful music
21 "F Troop" corporal
22 Start of a remark by Milton

Berle

- 24 Mid-size band
25 "Andrea -"
26 Costa -
27 "Family Feud" host
29 Division word
31 Aachen article
32 Basilica feature
34 Part 2 of remark
38 TV's "General -"
42 Like some sheep
43 Part of HOMES
44 Inclined
45 Senator Thurmond

85 Actor Arkin

- 87 See 106 Across
88 "Love Train" group
91 Thick of things
95 Denizen
97 Geological phenomenon
99 The Chipmunks, e.g.
100 Comic Carvey
101 Galena, for one
103 - ski party
105 Priest's robe
106 With 87 Across, type of
liqueur
109 Merit

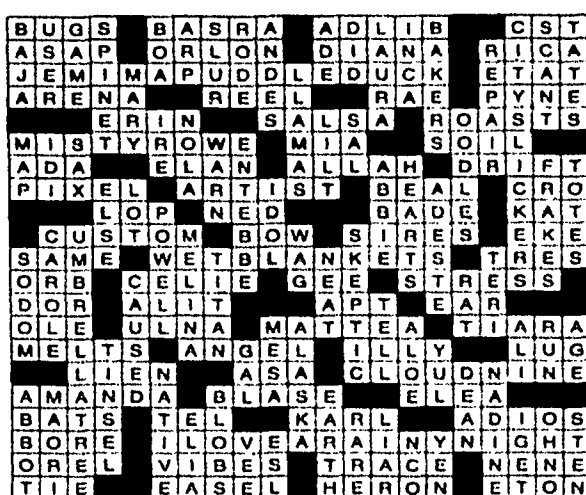
- 47 "Waking -
Devine" (98
film)
49 Wee serv-
ing
52 Composer
Schifrin
54 Circus
performer
57 Put on a
pedestal
61 Soft tissue
63 Tangle
64 Damage
65 Actress
Ward
66 Baseball's
Boudreau
68 Enchilada
alternative
70 "Trinity"
author
72 Neighbor
of Wyo.
73 Obeys the
dentist
77 Part 3 of
remark
78 '80s Joe
Penny series
80 Crank's
comment
81 Skater
Lipinski
82 Noun suf-
fix
84 Sundown,
to Shelley

- 112 - blanket
114 Part 4 of remark
118 Well-informed
119 "So that's your game!"
120 Nonlowering plant
121 "The Addams Family" uncle
122 Croc's kin
128 Chateau valley
131 End of remark
133 Wear away
135 Computer key
137 "The Lady -"
(79 film)
138 Child welfare org.
139 Rock's Meisner
140 Stocking stuffers?
141 Dispositions
142 "The Bells" monogram
DOWN

- 1 Physicist Niels
2 "The Time Machine" people
3 English port
4 Simile center
5 Feud
6 Novelist Seton
7 Pack
8 Homeric characters
9 Pres. Clinton, e.g.
10 Performer
11 Actor's actor?
12 Irritate
13 Rigoletto, to Gilda
14 Actor Tognazzi
15 - Gras
16 Sharon of Israel
17 Trap
20 "Tiny Bubbles" singer
23 Comics "Andy -"
28 He gives a hoot
30 "the fields we go ..."
33 Stangy sib
35 Ain't right?
36 Extensive
37 Toast start
38 Grapefruit serving
39 October birthstone
40 Curved lines
41 Forsaken
46 Ditch under
a drawbridge
48 Object

- 50 Change for the better
51 Brawl
53 Sonja Henie's
birthplace
55 Acts like an ass?
56 Spirits
58 Amritsar attire
59 Nonsense
60 Smidgen
62 Throw a party
67 Custom
69 Message board?
71 Goblet part
73 Lost luster
74 - apso
75 Gray or Moran
76 - Domingo
79 "What's - for me?"
80 Candy quantity
83 Spotted rodent
86 Belarusian city
89 Puppy protests
90 Withered
92 Downspout
93 Bank deposit?

- 94 "Twelfth Night" role
96 Spanish surrealist
97 Equipment
98 Happened again
102 Heal a rift
104 Eat in the evening
107 Right - the bat
108 A hole near the sole
110 Allude (to)
111 Dundee denial
113 Loud laugh
114 Bet
115 "Pal Joey" author
116 Boca -, FL
117 Maine town
122 Willow
123 Baseball's Martinez
124 Spanish river
126 "I could - horse!"
127 Break suddenly
129 Eccentric
130 Curious George's
creator
132 Musical syllables
134 Pitches



Be The First To Fax In Your Completed
Crossword and Get Your Name In The Paper!
Fax in your answers to:
Attention Mr. Schneider
Fax #: 847-588-1911
This Week's Winner!
Ralph Stempinski

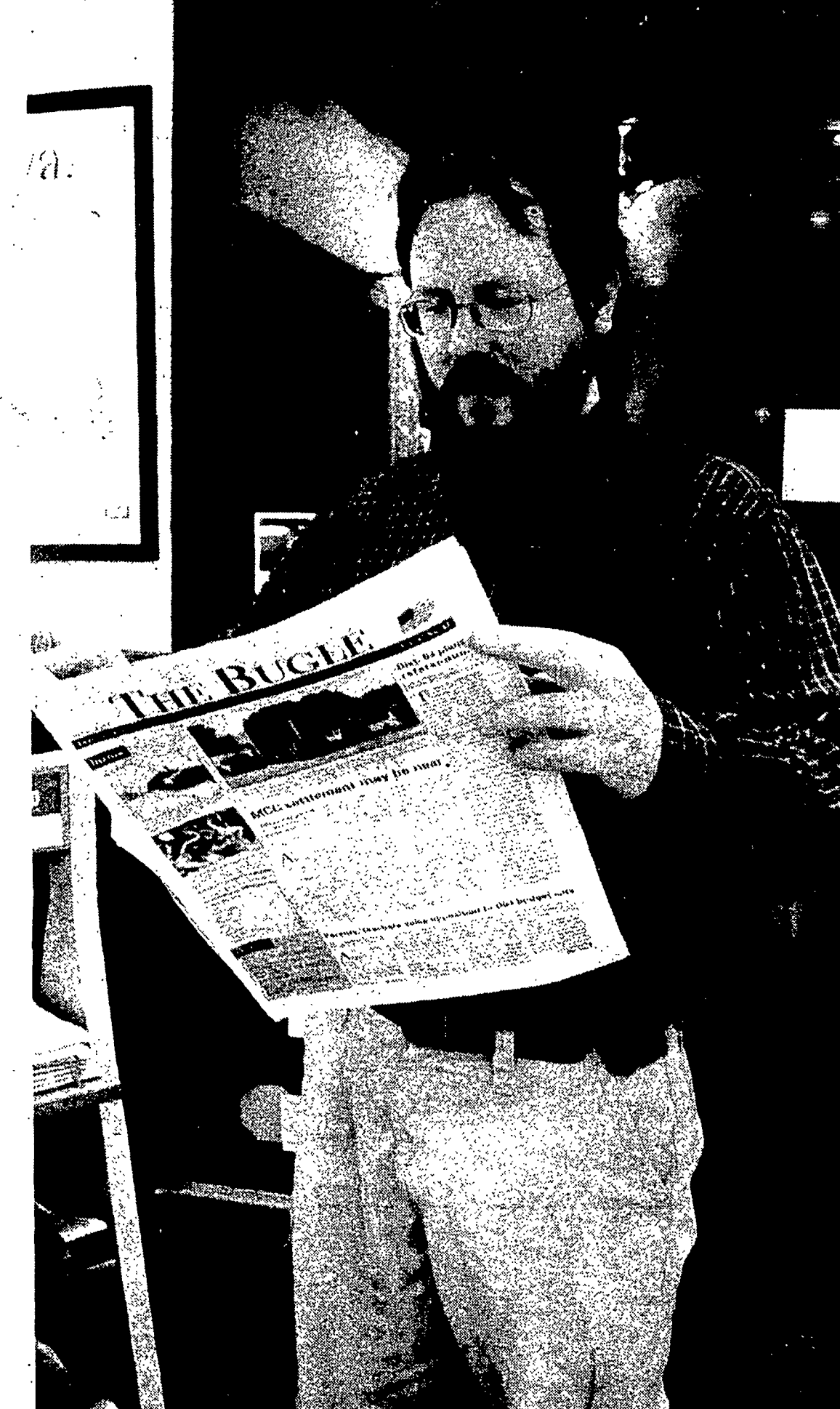
Where can I pick up The Bugle?

The Bugle is available free at the following locations. It is delivered weekly on Thursdays.

- Niles**
•Leaning Tower Y, 6300 Touhy
•The Bugle, 7400 N. Waukegan
•N & M, 8000 Waukegan
•Northside Community Bank, 7450 W. Oakton
•St. Andrews Home, 7000 N. Newark
•White Hen, 7250 Harlem
•Revere Mills, 7313 Harlem
•The Greens of Bunker Hill, 6755
•Chambers Restaurant, 6881 N. Milwaukee
•Forest Court Condos, 6935 N. Milwaukee
•Rose's Beauty Salon, 7502 Milwaukee
•Minelli's, 7780 Milwaukee
•Alliance Bank, 7840 Milwaukee
•Oak Mill Mall, 7900 Milwaukee
•Xsport Fitness Center, Golf Mill Shopping Center
•5/3 Bank, Oakton and Milwaukee
•Niles Family Fitness Center,

- 999 •Civic Center
•Village of Niles, 1000 Civic Center
•Niles Discount Outlet, 7746 Milwaukee
•White Eagle, 6839 Milwaukee
•Melrose Restaurant, 7201 Caldwell
Morton Grove
•Bethany Terrace, 8425 Waukegan
•Kappy's Restaurant, 7200 Dempster
•Classic Bowl, 8530 N. Waukegan
•Entenman's, 7931 Golf
•Produce World, 8801 Waukegan
•Family Pantry, 9259 Waukegan
•Subway, 9237 N. Waukegan
•Go Mart, 6335 Dempster
•Jewel, 5930 Dempster
•Morton Grove Library, 6140 Lincoln
•Super Cup Coffee Shop, 8509 Fernald
•Morton Grove Chamber of Commerce, 6101 Capulina
•Morton Grove Village Hall, 6101 Capulina
•MB Financial, 6201 Dempster
•Morton Grove Senior

- Center, 6140 Dempster
•Merlin's Muffler Shop, 6108 W. Dempster
Park Ridge
•Morningfields, 800 Devon
•Scissorhands Barber, 739 Devon
•Maine Park Leisure Center, 2701 Sibley
•Park Ridge Community Center, 1515 W. Touhy
•Park Ridge Senior Center, 100 S. Western
•Walter's Restaurant, 28 Main St.
Park Ridge Chamber of Commerce, 32 Main St.
•Uptown Train Station, Summit and Prospect
•Park Ridge City Hall, 505 Butler
•Starbuck's, 15 S. Prospect
•Einstein's Bagels, 23 S. Prospect
•Venus Restaurant, 18 S. Northwest Hwy.
•Panera Bread, 395 Northwest Hwy.
•Starbucks, 100 S. Northwest Hwy.
•Le Peep Restaurant, 100 Euclid
•Maine Township Town Hall, 1700 Ballard



REACHING 21,000 HOUSEHOLDS WEEKLY
CALL US AT 847-588-1900
WWW.BUGLENEWSPAPERS.COM

BUGLE CLASSIFIEDS

REACHING 21,000 HOUSEHOLDS WEEKLY
CALL US AT 847-588-1900
WWW.BUGLENEWSPAPERS.COM

ADVERTISE WITH THE BUGLE, IT WORKS!

HELP WANTED

Small manufacturing shop looking for part-time employees.

Heavy Lifting, 20 hours per week. Apply at 5025 N River Rd Schiller Park.

REAL ESTATE

1 Bedroom & 2 Bedroom 7630 N Milwaukee Ave. - Free Pkg Call for info 773-557-1315 - Page 847-216-1174

CANCELTIONS

No Classified Advertisements will be cancelled after 12 noon on Monday preceding the Thursday publication date.

Heavy Equip. Operation Training
NO EXPERIENCE NEEDED!
Hiring in Your Area
Great Pay + Benefits
Toll Free 888-681-4027

WANTED TO BUY

Family w/ school age children would like to buy 2-3 BDR House w/ is Condon Park Ridge School Dist 64 Area Owner only 847-462-2340

WANTED WURLITZERS JUKE BOXES
ALSO Slot Machines Any Condition
1-800-985-2742
Fax: 1-800-985-5161

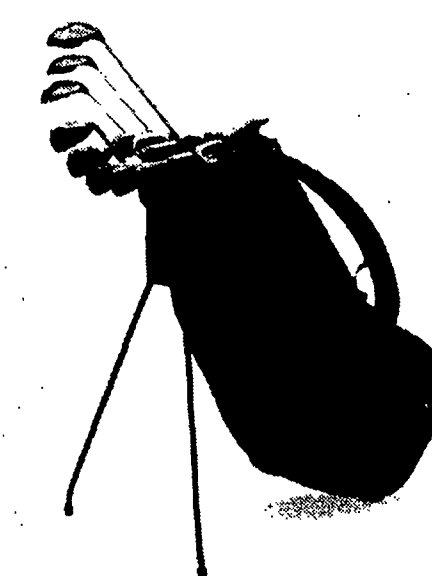
MISSING CAT

Missing White Female Cat w/ pink ears 1 yr old. Any info please call 847-967-8250 (Ask for Ann or Paul)

LEGAL NOTICE
NILES, ILLINOIS

The Village of Niles Plan Commission and Zoning Board of Appeals will hold a public hearing on Monday, May 3, 2004, at 7:30 P.M. at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matters: 04-2P-9 Paul Brumback, 7736 Harlem Avenue, Niles requesting a variation to Section VII (C) (10) Rear Yard - To reduce the non-conforming 37'-6" rear yard from the required 40' to 25' to construct a carport addition at 7736 Harlem Avenue. 04-2P-10 Robert Aguado, 8245 Newland, Niles, requesting a variation to Section VII (C) (8) Front Yard - To reduce the required 25' front yard to 22'-10" to remodel the facade and foyer at 8245 Newland. 04-2P-11 Daniel P. Ryan Sr., 8145 Greendale, Niles requesting a variation to Section VII (C) (a) Side Yard - To reduce the required 5' side yard to 1' to construct an addition at 8145 Greendale. The Village of Niles will comply with the Americans with Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodation for a Village service or have any questions about the Village's compliance, please contact Mary Kay Morrissey, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847-588-8000.

Gone Tomorrow.



When using the classifieds, your advertising efforts won't go unnoticed. You will be able to reach thousands of people every week. With that kind of advertising power you are sure to find the right person. Call 847-588-1900 today or visit us on the Web at www.buglenewspapers.com

IF YOU HAVE SOMETHING TO SELL: ADVERTISE WITH US!

THE BUGLE CLASSIFIEDS
ANDLINE ADS
Call: 847-588-1900
Fax: 847-588-1911

NAME: _____
ADDRESS: _____
PHONE #: _____
CREDIT CARD OR CASH: _____

3 LINES - ONLY \$20.00

Do the Math.

Or art...business...technology...
computer...history...English...
education...languages...science...

Whatever the course of study you choose, you'll find **small classes** (less than 25 students!) at our two campuses (Des Plaines and Skokie!) taught by **professors** (not teaching assistants!)

And at **\$62** per credit hour, Oakton's tuition is the best **bargain** around. Now that's easy math.

Summer classes (beginning June 7!) fill fast, so **register now** at webreg.oakton.edu.
For more information, call 847.635.1629.

Start here. Go anywhere.

*For students with an application on file

1600 E. Golf Rd., Des Plaines
7701 N. Lincoln Ave., Skokie
www.oakton.edu



Andrea Marcovicci

Sings Cole Porter

"THE MOST THROBBINGLY
IRRISISTIBLE VOICE IN CABARET."
-New York Magazine

Based on her just released CD, How's Your Romance? Andrea Marcovicci Sings Cole Porter, this brand-new show chronicles the unconventional love story of Porter and his wife. Featuring favorites such as "I Get A Kick Out Of You" and "Let's Misbehave." An absolute must-see!



CHICAGO PREMIERE!
Fri, April 30, 8 p.m.

An Evening With Groucho

The hilarious play
starring Frank Ferrante

"NOTHING SHORT OF MASTERFUL."
Chicago Tribune

SAT., MAY 1, 5 & 8 PM

"THE GREATEST LIVING INTERPRETER
OF GROUCHO MARX'S MATERIAL."
The New York Times

CENTRE EAST
COMMUNITY COLLEGE

Call 847.673.6300

PREMIER PRESS

To Advertise in this directory
Contact ROSINE at:
(847) 588-1900 ext 139

SERVICE DIRECTORY

CONTRACTORS AND BUSINESSES SPECIALIZING IN:

To Advertise in this directory
Contact ROSINE at:
(847) 588-1900 ext 139

Appliance Repairs • Brickwork • Carpentry • Construction • Computers • Catch Basins & Sewers • Decorating
Flooring • Electrical • Handyman • Painting • Plumbing • Roofing • Siding • And More!

A-1 Family, Inc. Contractors

We Find Water Leaks
And Repair Them

Professional
Handyman Service
Fully Insured

For All
General Repairs

Interior And Exterior

"CALL TO TELL US
WHAT YOU NEED"

• ROOFING-FOUNDATION

• CRACKS • TUCKPOINTING

• BRICKWORK • CEMENT

• CARPENTRY • GUTTERS

• DOORS • WINDOWS

• PORCHES • BATHS

• SHOWERS • DRY WALL

• TOILETS • VANITY'S

• FLOOR & WALL TILING

• PLASTERING • FLOOR

SANDING • REPAIRS

• STAINING

"FREE ESTIMATES"

773-282-0000

MULCH & TOP SOIL

• Shredded Hardwood\$28

• Shredded Blond Cedar\$35

• Play Mat\$35

• Premium Dark\$37

• Cedar Chips\$35

• Dyed Red Mulch\$42

• Red Cedar\$53

• Cypress\$55

FREE DELIVERY • CREDIT CARDS OK

Also Pulverized Top Soil, Garden Mix,

Mushroom Compost, Sand, Gravel, Sod, Etc.

SURE GREEN

847-888-9999

Do You Want Your

Floor Sanded?

Call us. We'll make it

look like new.

We also do installations.

Look At Our Special

90¢ per square foot

Includes a finishing coat

Conditions of floor do apply.

Offer only valid on order above 300sq. ft.

BRIAN HOLTZMAN

• Painting • Drywall

• Carpentry

• Owner Operated

• Fully Insured

• References Available

• Friendly Service

• Free Estimates

Call:

(847) 791-4154

EUROPEAN CONTRACTOR

• Remodeling & New Construction

• Carpentry

• Brickwork & Tuckpointing

• Cement Work • Roofing & Siding

• Gutters & Downspouts

FREE ESTIMATES

Deal With Owner & Save

(847) 803-2414

or Call

(847) 650-1935

PAINTING

Call Chicagoland's

Decorating Experts

today for

FREE ESTIMATES

Mention this ad for

an additional

10% SAVINGS

Ron's

AFFORDABLE PAINTING

BONDED • INSURED

(773) 427-9890

Affordable Installation Of:

• Brick Paving

• Sod

• Bushes & Trees

Install

Landscaping

847-966-1599

ACTIVE HANDYMAN

SERVICE AND REMODELING

General Home Repairs

Free Estimates

Insured

Phone - 847-647-2344

Cell - 847-791-2344

More I N N O V A T I O N S

from
**Resurrection
Medical Center**

S m a l l e r

Capsule endoscopy for GI diagnosis

In this new procedure, the patient swallows a capsule that moves naturally through the gastrointestinal (GI) tract, recording thousands of images over eight hours while the patient goes about a normal day.



F a s t e r

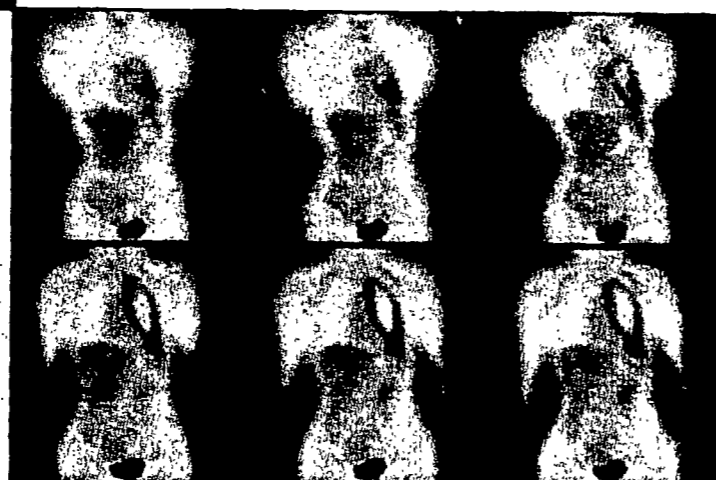


Innova™ 4100

for interventional vascular procedures

As the first hospital in the Chicago area to acquire the Innova 4100, we now have the most advanced digital imaging system available. Because it provides a clear view inside the body in real imaging, it greatly enhances our ability to use minimally invasive techniques instead of major surgery.

S m a r t e r



PET Scans

the most advanced imaging for diagnosing cancer and other diseases

The latest major advance in imaging technology, PET scans allow more precise assessment of cancers than any other tests. Each scan provides as much information as numerous tests combined, including how organs are functioning, whether or not a tumor is active and the effectiveness of treatments.

From minimally invasive imaging to advanced orthopedics, Resurrection Medical Center is offering the latest procedures for the best possible results. Smaller tools allow us to perform procedures with less invasion and less pain. Faster procedures result in quick recovery and less time out of your life. At Resurrection Medical Center, advanced technology adds up to smarter health care.

For more information about
Resurrection Medical Center,
call 877-RES-INFO
(877-737-4636).



**Resurrection
Health Care**

Living Well. Living Longer.

Resurrection Medical Center • 7435 West Talcott Avenue • Chicago

www.reshealth.org