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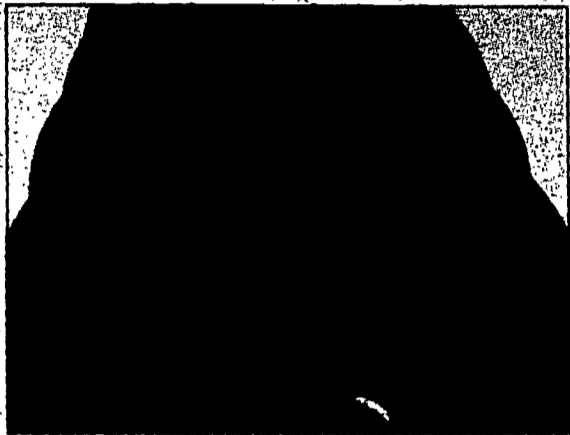
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Thursday, August 12, 2004

Vol. 48 No. 11

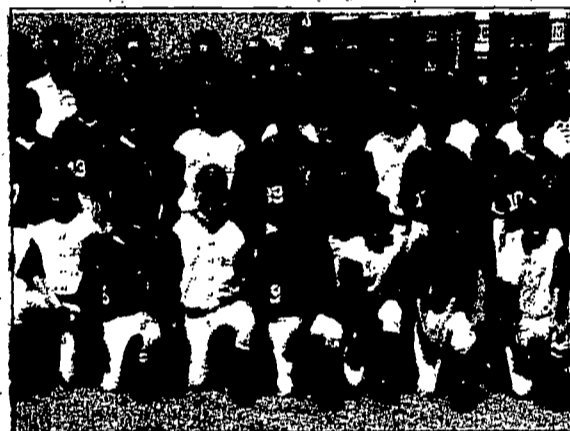
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Inside



Three Concerts Remain

Enzo Incandela kicks off the Niles Leaning Tower Concert Series Thursday night July 8. For the schedule see page 14.



They're All Winners

Members of the Champion Niles All-Stars pose for a photo last week. For a season wrap-up and a retrospective on the State Champion Notre Dame Dons turn to the Sports Section, page 15.

Point Counterpoint



John Pietron and Chris Arns will debate a variety of issues in The Bugle's new "Point-Counterpoint" feature. It will run once a month on the second week. For this week's debate on the new EDC, turn to page 10.

D64 launches anti-bullying program

Park Ridge-Niles Elementary School District 64 will launch an anti-bullying initiative this year that administrators have dubbed the "Civil Behavior Initiative."

The initiative is meant to address a study conducted in 2003 and 2004 in which nearly a third of surveyed students in grades 3 through 5 said they were hit, pushed, or kicked by other students one to three times per week.

Diane Betts, Dist. 64's assistant superintendent for Curriculum and Instruction, said that the initiative is designed to create a culture of civil behavior.

"We decided that we wanted to take a proactive approach to what's going on," Betts said. "It's not just our responsibility to develop students intellectually, but also emotionally and socially."

As a result, the District has developed a variety of methods to promote its goals for the Civil Behavior Initiative within the curriculum. The District hopes that teachers will be able to foster the Initiative's primary goals, citizenship, group excellence and individual excellence, during regular class and in special projects.

"We're ready as we begin the new school year, to have teachers focus in on these areas," said Betts. "Right before the summer we had some staff training. We've given teachers a new focus on these goals."

While some subjects, like social studies, easily lend their material to a goal like citizenship, District officials said that even math and science courses could promulgate the principles by encouraging students to conduct their work with

Continues...
D64 page 12.



Dancing the 'Night' Away

Jake Wargo, 2, of Niles dances to "YMCA" at the Niles National Night Out celebration at Notre Dame High School Tuesday night August 3. For more on the event, see page 3.

Photo by Allen Kaleita/Bugle

W. Nile-positive crow not from Morton Grove

Bird was recovered by village resident while in Glenview

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

A crow that tested positive for the West Nile Virus was mistakenly identified last week as orig-

inating in Morton Grove by the Cook County Department of Public Health.

The bird was actually found in Glenview by a Morton Grove resident. She turned it in to the County and contacted Morton Grove officials after reading articles in local papers stating that it originated in the village.

Morton Grove Environmental Health Inspector Bonnie Burnett

contacted local media outlets Friday after realizing the error.

"It was mistakenly reported to us last week as a Morton Grove bird by Cook County," Burnett said.

The crow would have been the first positive bird found in the village this year. Others have already been identified in Northfield, Northbrook, Evanston, Skokie, Glenview

and Lincolnwood. In September of 2003, one crow was found in Morton Grove that tested positive.

Even though no West Nile-positive birds have been found in the village this year, a batch of mosquitoes tested on July 22 were positive. Residents should remain on the alert.

Continues...
WEST NILE page 11.

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NEWS

MB Bank drive-thru tabled by village board

Introduction of new traffic study forces postponement

BY ANDREW SCHNEIDER
editor@buglenewspapers.com

Residents wary of additional traffic they fear will be generated by a proposed drive-through addition to MB Financial's bank building were pleased when the Morton Grove Village Board chose to postpone approval of the project, pending review of an updated traffic study.

If approved, the plan would allow MB to move its drive-through to their building on the south side of Dempster from a separate facility on the north side, freeing up land for purchase by the Morton Grove Park District. Early proposals call for expanded parking for the neighboring American Legion Civic Center and a decorative fountain that would serve as an entrance to Harter Park, the Park District's crown jewel.

MB will sell its property to the Park District and purchase a portion of an alley south of Dempster from the village that it needs to

construct the new drive-through. Both properties will fetch under market values because they were agreed upon in 2002. Additionally, several years ago the village took out a \$5.3 million Business Loan Agreement at 4.62 percent and a \$2.9 million Promissory Note at 4.05 percent from MB to pay for improvements in the Waukegan Road Tax Increment Financing (TIF) District. Those loans were refinanced in 2002 and 2003.

Neighbors of the proposal were most ardently critical of a planned exit from the drive-through facility onto predominantly residential Georgiana. They feared that the egress would force traffic onto the three-block road that connects busy Dempster and Lincoln.

"This is a prescription for a perfect storm," said Resident Chris Arns. "This is a real problem that conflicts with the village's comprehensive plan."

Many residents criticized the bank for relying on data that was generated when the drive-through was initially proposed in 2002. Since then, many noted, several hundred new residences have been constructed at the Woodlands off of Lincoln near

Georgiana and another major development by Concord Homes is slated for the construction on the Schwarz Paper property. The Concord development also has what officials have called a secondary egress onto Lincoln. Its primary exit is onto Austin.

"There are 700 new homes at [The Woodlands]," said Resident Allan Yalowitz. "There are only two ways to Dempster, Fernald and Georgiana."

Many of the addition cars would be routed onto Georgiana, residents argued, because they wanted to avoid lengthy waits at lights when Dempster intersects with both Fernald and Austin. That could cause cars to stack up on Georgiana, leaving little room for northbound-only traffic resulting from a new MB drive-through. Turning southbound onto Georgiana would be illegal and would be discouraged with plantings, signage and directional curbs.

"I have an SUV and I'll jump the curb when I have to," said Yalowitz. "Because when I look and see traffic backed up at Dempster and people are screaming, 'turn right, turn right,' to the car in front, I'll turn south onto

Georgiana." Still other residents argued that the primary problem with the intersection was pedestrian safety. The Georgiana/Dempster intersection is already dangerous, argued Resident Mary O'Connor, saying safety should be the board's primary concern. The new MB drive-through, she thought, would exacerbate existing problems.

"I think safety is the most important issue we have before us now," said O'Connor. "Even if you go over to Fernald to cross the street and you have a green light and the walk signal, you'll have a hard time crossing because the cars don't care."

Many residents sounded arguments introduced at the Plan Commission meeting that MB's traffic study was too old and would have to be updated before the board could make any decision on the proposal. MB representatives were prepared to answer those objections and presented an updated traffic study at the meeting that found five additional cars at Georgiana and Dempster.

The new study, however, also showed that the intersection was

rated as an "E." In traffic analysis, intersections are rated on a six-letter scale from A to F by the level of discomfort drivers experience. "D" is acceptable. "E" is technically classified as unacceptable.

"But I think that if I was to examine the other intersections along Dempster, every one of them would be rated at "E," MB's traffic consultant Lee Gibbs said.

Ironically, the updated traffic study may have delayed the proposal because neither residents nor board members had received the study prior to the meeting.

"Maybe the rest of the board can digest this information verbally," said Trustee Larry Gomberg, "but I like to have things in front of me."

MB representatives said that they attempted to fax the study to the village on Friday, but an interruption in phone service at village hall much of Friday prevented the fax from being received.

Gomberg led the board in a vote that tabled the proposal until the next meeting, Monday August 23. Copies of the new study will be made available at the village's Building Department for interested parties.

NEWS

Quite a 'Night'

Notre Dame hosts over 700 at National Night Out

Between 700 and 800 Niles residents came out to throw a going away party for criminals at the third annual National Night Out, held by the Niles Police on the grounds of Notre Dame High School.

Officer Ron Brandt, one of the coordinating officers, said that the event was well-attended and that the police were pleased with the community's response.

"It was a great event," he said. "Everyone had a fun time."

"National Night Out" events are promoted by the National Association of Town Watch (NATW). The organization believes that the event is a great way for community members to learn about the resources available to them through their police departments. Brandt feels that they also help residents look at the police as partners in keeping Niles safe.

"The event is meant to bring the community together," he said. "We want them to work with us to fight crime."

Participants were able to learn a great deal about law enforcement and crime fighting. Over 200 children were fingerprinted and given identification cards. Officer Robert Tornabene gave a workshop on

avoiding child abduction. A drunk driving course gave attendees the



East Maine School Dist. 63 representatives at National Night Out to answer questions about their November referendum..

chance to try and drive a golf cart through cones while wearing vision-obscuring goggles. The Police Department even registered bikes.

"Bikes are often stolen in the village," said Brandt. "If they're registered, then we can flag them in the database as stolen and, if a registered bike is found, we can return it to its owner."

Attendees might have thought that fewer people attended this

year's "Night Out" than in 2003. However, this was the first year that the event was held in the Notre Dame High School football stadium, giving the event far more space than Grennan Heights in 2002 or Golf Mill Park in 2003.

"It's a huge space," said Brandt. "And because it was held in the football stadium we were able to get an accurate count. We could have had more people in that stadium than in the last two years."

Brandt said that Notre Dame was a great location, and that he hopes the school's leadership will be willing to host the event again next year.

"Notre Dame was very generous," he said. "It's a great site, it's centrally located with a lot of parking."

Keeping the event in the same location year after year could also be an advantage, Brandt continued, because members of the community would grow used to the location.

The event could not have taken place, however, without the dedication of over a hundred volunteers from the Police Department and the village of Niles.

"The volunteers really made the event," said Brandt. They worked extremely hard to ensure that the night would be a success."



Matthew Wilk, 7, of Niles gets fingerprinted for an identification kit by Niles Auxiliary Police Officer Emilia Brynkus during National Night activities at Notre Dame High School Tuesday night August 3.

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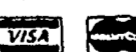
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NEWS

FIREFIGHTER COMBAT



High Hopes

Five Morton Grove Firefighters will participate in the World Championship of the "Firefighter Combat Challenge" this November in Las Vegas, Nevada. In the competition, firefighters compete in a variety of events such as moving hoses in full gear. The Morton Grove is pictured at left after last year's competition in Ottawa, Canada. Deputy Chief Jim Neville said that they keep training in hopes of placing higher than last year. From left they are Nate Akemann, Jim Neville, Rick Pryor, Joe Fasolo and George Carlson.

Niles Parks in good financial health

The Niles Park District lowered taxes for the fifth year in 2003, Finance Director Tom Elenz announced at last Tuesday's Park Board meeting during a presentation on the general financial health of the District.

"2003 was a very good year for us financially," Elenz said.

Besides lowering taxes from 44 cents per \$100 of Equalized Assessed Value to 43 cents, the District also retired a \$5.5 million bond issue from 1995. The bonds covered the cost of the Howard Leisure Center construction and the Tam Golf Club House.

Moody's Investor Services also

gave the District an A1 bond rating that, in part, enabled them to refinance the Tam Golf Course bond issue and issue bonds for the new multi-purpose gym.

"We were very happy to receive that rating from Moody's," said Elenz.

The District hasn't raised taxes in five years and Elenz predicts that taxes will actually continue their downward trend for the next two to three years. In part, he attributes the financial success to the District's programs.

"People love our programs," Elenz said. "Participation increases every year. People just keep coming back."

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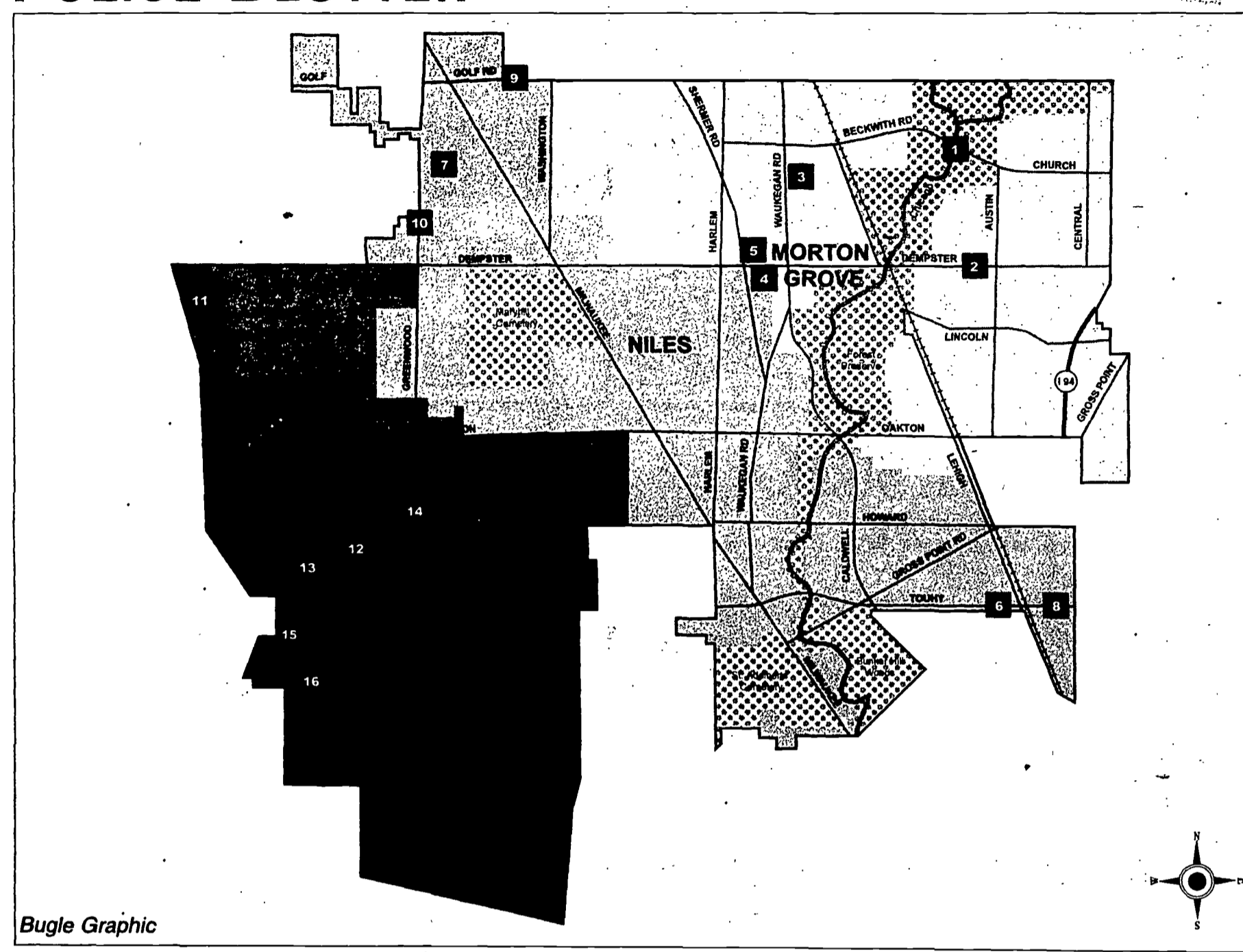
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POLICE BLOTTER



Bugle Graphic

MORTON GROVE

The following items were taken from official reports of the Morton Grove Police Department for the week ending August 9, 2004.

1 Man finds gun (Beckwith Bridge- 6200 block)

A 22-year-old man working at the Beckwith Bridge called police Monday afternoon August 2 after he found a gun in the mud.

The man told police he placed the gun in his work truck and later took the gun back to the Morton Grove public works garage where he cleaned it and checked if it was

loaded. He then called police. Police said the gun was a semi-automatic .22 short caliber, Astra, 2000 Cub. The gun was placed in inventory.

2 Speeding leads to drug bust (6100 Dempster)

A 51-year-old Chicago man was arrested late August 2 after a Morton Grove police officer stopped the man for speeding in the 6100 block of Dempster.

Police said the man admitted to having "a couple of drinks," but when police started a field sobriety test he removed two plastic bags from his mouth and tossed them behind him. The man passed the sobriety test, but police picked up the

two bags which they believed to contain drugs. Police found \$5,936 in cash on the man. The trunk of his 1992 Nissan was filled with new clothing and jewelry all of which had their tags attached.

3 Street stop recovers stolen auto (9200 Waukegan)

A 35-year-old Chicago woman was arrested on numerous charges early Wednesday morning August 4 after police stopped her while her car was weaving in traffic in the 9200 block of Waukegan.

A check on the car revealed the car was stolen. The woman, however, tried to convince police the car

belonged to a boyfriend who did report the car stolen, but never told police he had recovered it.

During their investigation police discovered the woman had stolen the car from a Chicago police auto pond in the 700 block of north Sacramento on February 23,2004. The employee at the pond told Morton Grove police the woman drove off with the car and nearly hit two employees in the process. He also said the car was reported stolen.

Police also discovered the woman was wanted on an outstanding warrant in DuPage County and that her license was suspended.

4 Theft from health club locker (6800 Dempster)

A Niles man told police his watch and money were stolen from his locker at Bally's in the 6800 block of Dempster Friday July 30. The man told police when he returned to his locker someone had removed his lock.

5 Expensive watch stolen in health club (6800 Dempster)

A 25-year-old Lincolnwood woman told police her \$1,500 Movado watch was stolen from her locker while she was in Bally's in the 6800 block of Dempster Friday night July 30. The woman told police when she returned to her locker her lock was opened.

NILES

The following items were taken from official reports of the Niles Police Department for the week ending August 2, 2004.

6 Car damaged (5900 Touhy)

Someone smashed the passenger side window of a 2004 Cadillac parked in the lot of a restaurant in the 5900 block of Touhy Wednesday afternoon August 4.

7 Retail Theft (Golf Mill)

A 28-year-old Milwaukee man was arrested after he removed a box of saw blades from the Sears store in Golf Mill Sunday afternoon August 1.

8 Retail theft (5600 Touhy)

A 46-year-old Chicago woman was arrested Thursday night August 5 after store security at the Wal-Mart store in the 5600 block of Touhy watched the woman take a package of Zantac off the shelf and leave the store. The Zantac was valued at \$8.27.

9 Bold thief (\$200 Golf)

A bold thief went behind the counter of an Osco Drug store in the 8200 block of Golf Road Wednesday morning August 4 and helped himself to the lottery cash. The man was described as 5feet 5 inches tall, about 125 pounds, with glasses.

10 Fraudulent prescription (9000 Greenwood)

A 44-year-old Des Plaines man was arrested Thursday August 5 after a pharmacist at the Walgreen's in the

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9000 block of Greenwood noticed the prescription were fraudulent.

According to police the man presented a prescription for controlled drugs that was allegedly written by a doctor. The pharmacist remembered the man had picked up controlled drugs in the past with prescriptions that were later found to be fraudulent.

The pharmacist phoned a nearby pharmacy to verify the prescription and then called the doctor. The doctor said she did not write the prescription.

The pharmacist called police who waited for the man when he came to pick up the drugs.

PARK RIDGE

The following items were taken from official reports of the Park Ridge Police for the week ending July 30 - August 4, 2004.

11 Burglary (1700 Pavillion Way)

A number of storage lockers in a multi-residence building at 1700 Pavillion Way were burglarized Tuesday August 3. Police said someone pried the gates open. Three mountain bikes valued at \$900 were stolen.

12 Garage burglarized (500 Western)

A bag of golf clubs, and a power washer were among the items stolen from a garage in the 500 block of Western Monday night July 26. Police said the thief entered the

garage by forcing open a door.

13 Wedding ring stolen (200 N. Rose)

A woman told police her \$3,000 wedding ring was stolen from bedroom dresser sometime between July 26-30.

14 DVD theft (600 Northwest Hwy.)

Employees of a video store in the 600 block of Northwest Highway told police a man came into the store Monday night August 2 and ran out with 15 DVDs valued at \$300.

15 Bike stolen (200 S. Dee)

A tandem bicycle worth \$1,800 was stolen from the garage of a multi-unit residence in the 200 block of south Dee Friday night July 30.

16 Tools stolen (2100 Talcott)

More than \$1,000 worth of tools were stolen from a construction trailer parked in the 2100 block of Talcott Friday night July 30.

SUMMARY OF CRIME:

Morton Grove

Theft-10
 Battery-2
 Burglary-1

Niles

Theft-6
 Damage to property-4

Park Ridge

Burglary-5
 Damage to auto-1
 Damage to property-4
 Theft-7
 Arrests-14

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News

Park Ridge Parks review affiliate policy

Commissioners call for greater accountability

BY ANDREW SCHNEIDER editor@buglenewspapers.com

Vagueness has prompted the Park Ridge Park Board to begin a review of its affiliate contract. The Board's recreation committee will review the document in coming weeks.

Board members were concerned that conflicting clauses in the contracts could enable affiliate organization leaders to dissolve their organizations and keep any equipment or funds for themselves: in essence, take the money and run.

Should any of the Park District's affiliates choose to dissolve, they must notify the Park Board in writing. However, should that happen, the contract says both that, "any and all assets shall remain with respective members and officers" and "all funds, supplies and equipment shall be deed to the Park District."

"Shame on all of us," Park Board President Bob Trizna said at the Board's August 5th meeting, noting that the Board or the Park District's Staff should have reviewed and corrected these problems earlier. "We can do bet-

"Shame on all of us."

-Bob Trizna, President, Park Ridge Park Board

ter than this."

The Park District has 13 affiliates: Park Ridge Youth Baseball and Softball, Park Ridge Soccer Association, Park Ridge Woman's Tennis Association, Park Ridge Swim Club II, Park Ridge Stars, Park Ridge Speed Skating Club, Oakton Figure Skating Club, Park Ridge Indian Scouts, Park Ridge Garden Club, Park Ridge Art League, Northern Express Hockey, Falcons Football and the Audubon Society.

While not all of these organizations have a large amount of assets, several involve many hundreds of residents, notably the soccer and baseball affiliates. These organizations bring money in through participation fees and

by selling team sponsorships. Many commissioners including Josh Grant argued that those two, in particular, have a large impact on Park District facilities, and pay relatively little. The Park District has thousands of dollars budgeted for maintenance to soccer and baseball fields, for example.

If Northern Express Hockey pays for ice time, Grant noted, why should the soccer and baseball associations not cover the costs of top dressing.

Commissioner Fred Angelini responded, saying that the baseball association pays for lights and the soccer association is currently involved in a project to improve fields at Emerson school. He also said that both associations had to employ referees and umpires, but he agreed that greater accountability was needed.

The board couldn't agree on what specific measures should be implemented. Some suggested publishing the affiliate budgets while others suggested profit and loss statements. The recreation committee will look closely at the contract and the guidelines for the affiliate organizations and bring a recommendation back to the board as soon as possible.

D64

(Continued from page 1)

an eye to goals like "group excellence."

"It's not just about the content of the class but also about the way we conduct ourselves," Betts said. "Science for example is very group-oriented. Teachers could ask students to think about how they can work well within their groups."

And some subjects are tailor-made for the initiative, such as the district's health curriculum.

"While the course talks about some aspects of physical health we're not just talking about physical health," she said, "we're talking about social and emotional health."

And while good behavior and smooth social interactions are probably something teachers already encourage, the initiative is meant to put an even greater emphasis on them, especially in light of the survey results.

"This is something that good teachers do all the time," said Dist. 64 Superintendent Dr. Sally Pryor. "But we want to make more deliberate connections so that it spirals through the grades from year to year."

In other words, a student hears about citizenship and group excellence from his first grade teacher and, by the time that same student

reaches fifth grade, they've been hearing it all along. The District even hopes that they'll be able to encourage a common vocabulary beyond the class room to other taxing bodies such as the park districts and even the municipalities. Pryor said that 64 was planning on asking the city of Park Ridge and the village of Niles to make a special proclamation to reinforce the initiative.

"We want students to know that the whole community feels this way so that it's not just from the school," she said, "but also the park district and their scouting programs. It's going to take time to permeate the entire community but we think that everyone will be very supportive."

It's of paramount importance, Pryor and Betts said, to involve parents in the initiative. That's why the District will have a special speaker. Dr. Jim Garbarino, an expert on anti-bullying, will speak at Emerson Middle School on Monday, Aug. 23 at 7 p.m.

"We want to give parents ideas of how they can support it," said Betts. "We recognize that not every parent will participate, but their role is very important and we have to foster it."

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NEWS

Niles VFW Post 7712 Elect Officers

The Niles Memorial Post #7712 Veterans of Foreign Wars (VFW) has elected the following officers for the Fiscal Year 2004-05:

Congratulations to all and for the first time for Post 7712 we honor a woman Commander Bette Horstman; Sr. Vice Commander Harold Horstman; Jr. Vice Commander Richard Graham; Adjutant Angelo Troiani; Service Officer Paul Dobbs; Chaplain Ted

Szewc; Officer of the Day Hank Pasek; Trustees Tom Davidson, Stan Niski, Jack Pufunt; Surgeon Rich Orlovski; Judge Advocate Larry Pike and Quartermaster (Treas.) Walter Beusse.

The Niles Post #7712 would also like to recognize Niles VFW Past Commander Tom Davidson as the current 4th District Americanism and Loyalty Day Director and Employment Officer. Also within our ranks,

Niles VFW Past Commander Larry Pike is Chairman of the 4th Dist. United Cerebral Palsy Program.

The Niles VFW supports our troops overseas in many ways, adopting a Unit in Iraq. Providing funds for veterans overseas to make phone calls to the United States thru a program called "Uplink", we support veterans at Hines Hospital, National Home as well as veterans locally.

Our VFW Post #7712 welcomes veterans with overseas duty in a combat zone, as justified on your 214 Discharge Form, to join our Post and help us help other veterans in need. We could use a few good men to help our cause - veterans.

The Niles Post is located at 7419 Milwaukee Ave., Niles, 847-647-9890. For additional membership info, call QM Walt Beusse 847-967-7515.

Bowling league looks for members

The Catholic Women's Bowling League is seeking regular and substitute women bowlers for their Wednesday night St. John's Catholic League at Classic Bowl at 7:30 p.m. League play will begin on Sept. 1.

For more information, contact Mary Wasilewski at (847) 965-7366 or Gertie Schultz at (847) 966-6266.

Edison Park Fest, Wheaton All-Night Flea Market scheduled

The Edison Park Chamber of Commerce and Olympia Park are happy to announce that a 3 on 3 Basketball Tournament will again be a feature of Edison Park Fest. The Tournament will start on Friday, August 10 with the first game at 3:30 p.m.

Championship games will be on Saturday, August 21. All games will be held at Olympia Park, 6566 N. Avondale, Chicago (312) 742-7851. There is a maximum of 4 players per team to allow substitutions. Kids from grade 3 through 8 are eligible to enter the tournament. The entry fee is \$25.00 per team, which will cover the cost of shirts, trophies and referees.

Chamber Director Mike Stangel of Stangel Realty and Shannon Lawson from Olympia Park are coordinating this tournament.

To sign up for the tournament go to www.edisonpark.com and download an application from the "Applications" section of the Fest Page. If you do not have a team the coordinators will arrange one for you. If you do not have internet access you can contact Mike Stangel at (773) 774-6664 or the Chamber office at (773) 631-0063.

Completed forms and payment can be dropped off at Olympia Park or mailed to the Chamber office, 6655 N. Avondale, Chicago, IL 60631, Attn: B-Ball Tournament.

All-Night Flea Market Wheaton, IL designated #5 of "10 Best Flea Markets in the World" by TV's Discovery/Travel Channel. The 23rd Annual Wheaton All-Night Flea Market will be held Saturday, August 21, 5 p.m. to 4 a.m. at the DuPage County Fair Grounds.

Hundreds of dealers from over 10 states will be bringing their best and most unusual treasures! Some items will be antiques, midwest folk art, country furniture, primitives, garden collectibles, old toys, bargains galore and much, much, more!

Many non-profit groups will be there in participation. Many unique and fine food vendors will be featuring a wide variety of cuisine.

This event will be held rain or shine as the dealers will be in tents, covered stalls and open-air!

The DuPage County Fairground is 22 miles, directly west of Chicago's Loop and located between North Avenue and Roosevelt Rd. Take County Farm Rd. to Manchester and go east 2 blocks to the DuPage County Fairgrounds.

For additional information for dealers or buyers contact Zurko's Midwest Promotions at 715-526-9769 or at their website, www.zurkoantiquetours.com.

New China Buffet



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CELEBRATING 7th ANNIVERSARY

Advertisement for New China Buffet featuring menu items like soups, entrees, and a salad bar. Includes contact information for two locations: 8520 Golf Road, Niles, IL 60714 and 6717 W. Dempster Rd., Morton Grove, IL 60053. Also features a 'New Sushi' section and a 'Senior' discount offer.

Senior discount offer: 10% OFF DINNER OR LUNCH BUFFET. SENIOR \$1.00 OFF FROM REGULAR PRICE. Exp. 8/31/04.

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NEWS

Three concerts left in series at 'Leaning Tower'

For local music-lovers, the village of Niles will host three more concerts this summer before the conclusion of the annual Leaning Tower Concert Series.

The remaining performances for the summer are:

The Blooze Brothers on Thursday August 12. The 12-piece "Blues Brothers" tribute band was a favorite last season.

Meisner Magic will perform on Thursday, August 19. The polka group led by Steve Meisner are series regulars from Whitewater, WI.

Lesley Byers and the Jazz Cats will perform the final concert on Thursday, August 26. They are a Chicago-based group that plays swinging jazz.

The performances are free and open to the public, but the village encourages guests to bring their own lawn chairs. The Leaning Tower Concert Series has been running since 1997 when repairs to the tower were completed.



Visitors to the opening night of the Niles Leaning Tower Concert Series applaud entertainer Enzo Incandela Thursday night July 8.

Photo by Alan Kralina/Bugle

SPORTS

Diamondbacks win Bronco League World Series Crown

Players' heart played a large part in sterling baseball season

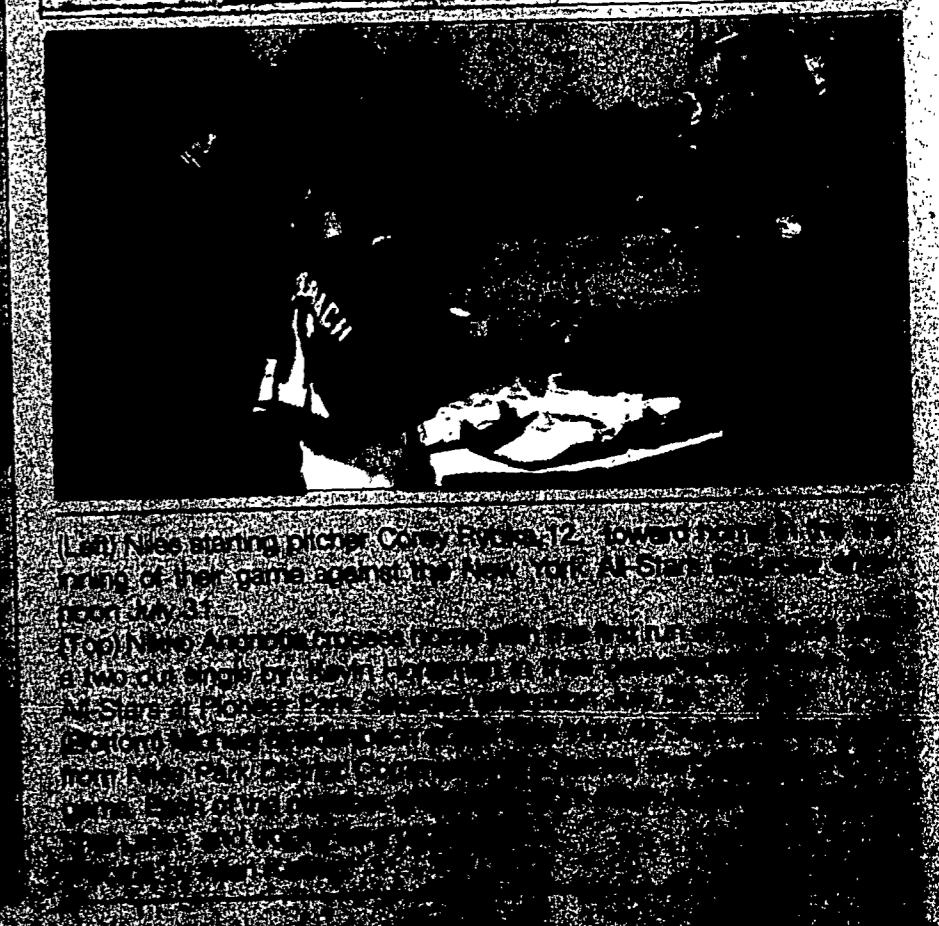
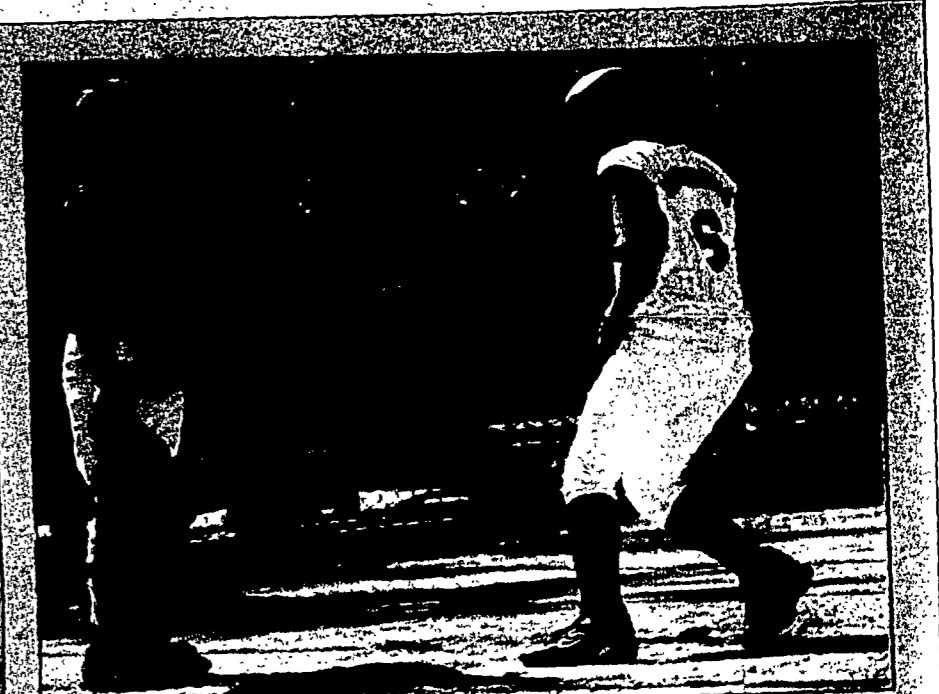
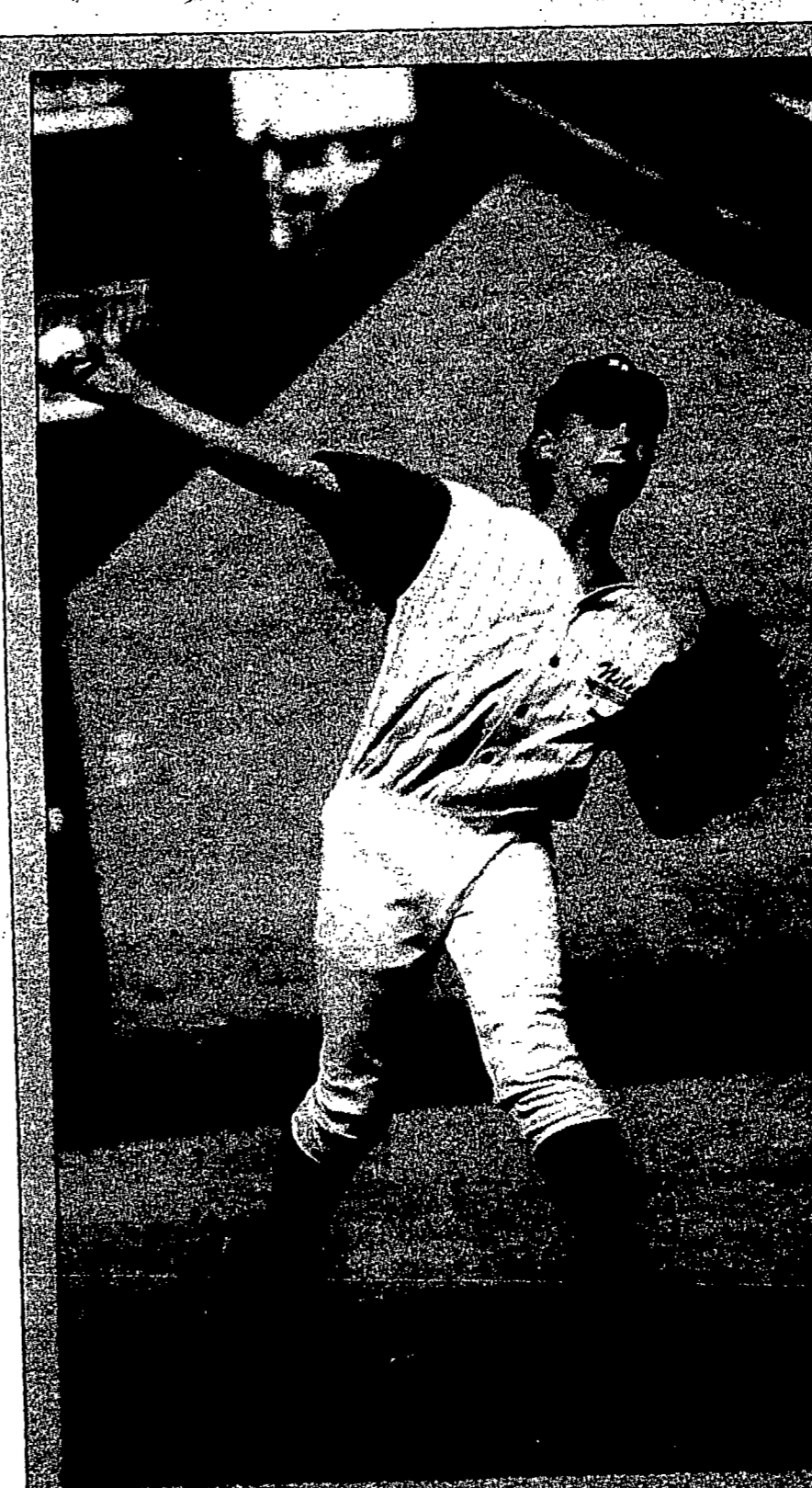
From the Niles Youth Baseball League

The Diamondbacks won the Bronco League 11-12 year old World Series Championship in the Niles Baseball League, two games to one, against the Red Sox. The Diamondbacks took the opening game 14-5. The Red Sox bounced back with a 9-8 victory in game two to set the stage for the third and deciding game. In a competitive, well played game that could have gone either way, the Diamondbacks prevailed with a 7-6 victory.

Mike Mulroe pitched two shutout innings in the opening game to pace the way for the Diamondbacks. Mulroe also scored 3 runs and went 1 for 2 at the plate. Mike Hoffman and Jordan Burgoss reached base three times each and contributed solid outfield play. Tony Stanfa got on base twice and scored two runs. Tom Leahy pitched one inning for the Diamondbacks, striking out two batters.

Brian Ridge pitched two innings in the second game, giving up just one run. Jayson Spataro, playing with a broken hand, hit the ball hard all three times at bat, getting on base twice and scoring one run. Tom Leahy reached base all three times he batted, going 2 for 2 with a walk. Chris Zaccagnini went 2 for 3 and scored two runs.

The final game was not decided until the last pitch. With the



Diamondbacks leading by just one run, with the bases loaded and two out, Diamondback pitcher Kevin Honeman struck out the final batter on a 3-2 count to start the cele-

bration. Mike Mulroe pitched two innings giving up just one run. Brian Ridge pitched two innings and scored two runs. Joe Owes did a fine job behind the plate, and

scored one run. Tim Hirsch reached base twice, scoring one run. Pat Harrison made a couple of great plays at shortstop and scored one run as well. Kevin

Honeman also went 2 for 3 at the plate and had the game winning RBI. The Diamondbacks were coached by Kevin Ridge and Dan Honeman.

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SPORTS

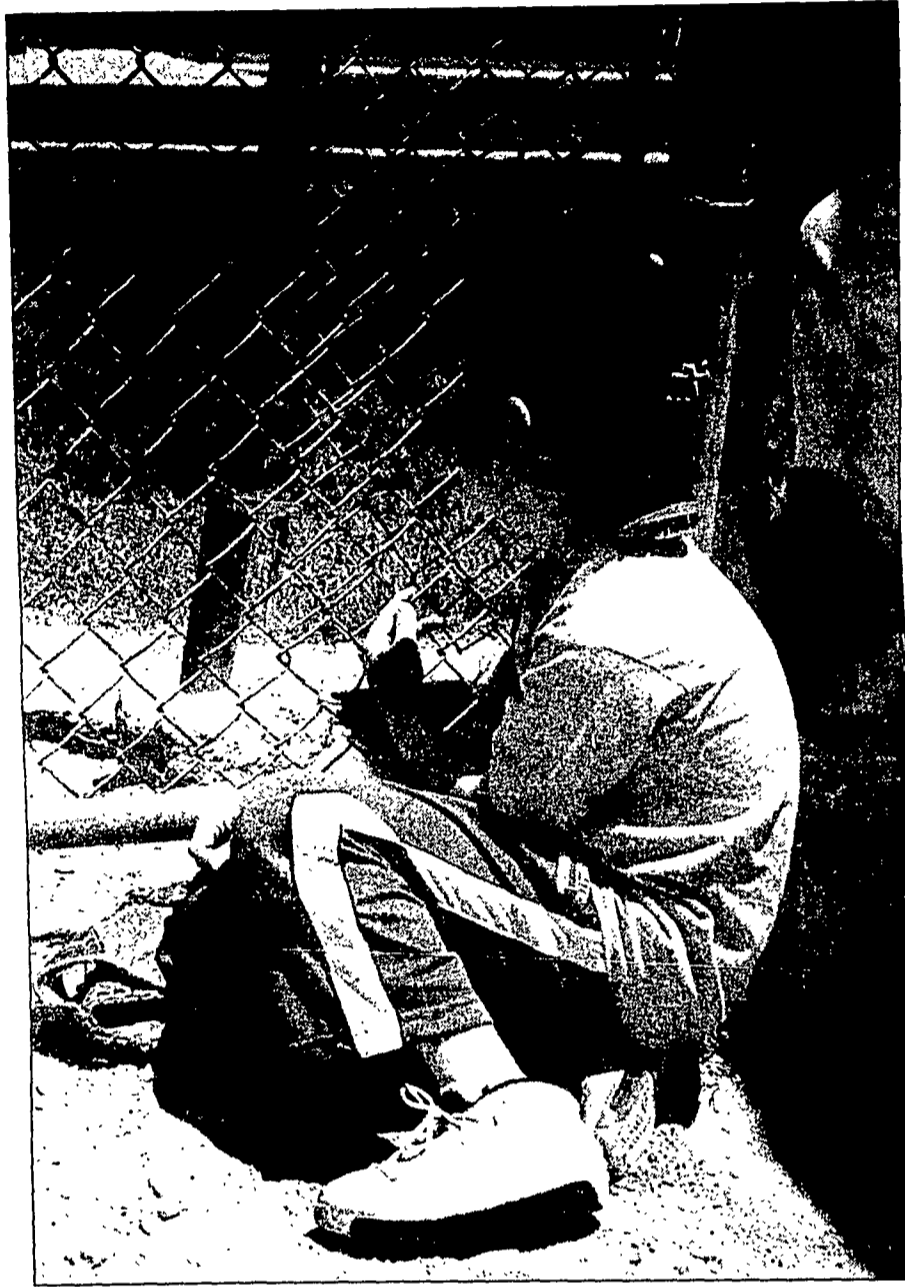
Dons bask in afterglow of State Title

The Illinois champion Notre Dame baseball team will be honored prior to the Chicago White Sox game at U.S. Cellular Field on August 19. The pre-game ceremony will begin at 6:30 PM. The White Sox then take on the Detroit Tigers starting at 7:05 PM.

Since winning the Illinois Class AA Baseball state title June 12, the Notre Dame baseball team has been busy. In addition to being honored at the upcoming Sox game, they attended the July 1 Chicago Cubs game at Wrigley Field where players and coaches sang the seventh-inning stretch in front of a sellout crowd and a national television audience. The Dons marched in the Niles Independence Day Parade and were also honored at a Village of Niles Board Meeting.

"Notre Dame's my home. It's my heart. For the past four years, I've been there 16 hours a day or more. I'd go home, go to bed, do homework, but other than that I was at Notre Dame. I loved every second of it," said senior short-stop Joe Pauley.

Thanks to a magical state tournament in June, Pauley, his teammates and his coaches have now had a chance to share their story of dedication and perseverance with a larger audience.



(Above) Dan Martinus, 8, of Chicago slips near the Notre Dame dugout to get a look at his heroes during the fifth inning of their Class AA Championship game against Evanston Saturday June 5. Notre Dame won 12-2.

(Left) Notre Dame Coaches hold the Championship plaque after their victory in against Evanston Saturday, June 5.

(Photos by Allen Kaleta)



Cademartori honored Named 'Louisville Slugger Player of the Year'

Notre Dame graduate Dean Cademartori has been named Louisville Slugger Illinois Player of the Year for his achievements during the 2004 high school baseball season. In honor of its 120th anniversary Louisville Slugger, in conjunction with the National High School Baseball Coaches Association (BCA) and Baseball America awarded 47 players in participating

states the Player of the Year Award. Before Notre Dame earned a berth in the 2004 Illinois Class AA State Tournament, Cademartori was hitting .474 with 32 RBI and 9 home runs. In the three games at the State Tournament, he hit .700 (7-for-10) scored 8 runs and had 4 RBI as he was named tournament MVP and led the Dons to the state title. On the mound, the Notre Dame pitcher went 10-1 for the season, posting a

1.14 ERA and fanning 83 batters. These accomplishments, coupled with his leadership off the field, earned him the national Louisville Slugger award. Head coach Bob Kostuch said of the member of the Class of 2004, "He lights up the whole dugout when he walks in. He's laughing, he's joking. When he gets on the field, the mound, he's real tough to beat."

Advertisement for Village Plumbing & Sewer Service Inc. Since 1948, serving the area with plumbing and sewer services. Contact: (847) 998-6160 M-F 8am - 4:30pm.

Advertisement for Baha Super Salon. Men, Women & Children. Services include shampoo, waxing, and haircuts. Special offer: \$7.99 for shampoo and cut. Location: 8742 Shermer Rd, Niles, IL.

Advertisement for City Truck Rental & Cars. Offering various truck and car rental options. Special offer: \$10 off rental. Contact: (847) 663-1940.

SENIORS

SENIOR NEWS LINE

by Matilda Charles

Hospital stay can frustrate patients

One of the more worrisome factors facing health care providers is not just dealing with why an elderly person may be hospitalized, but how she or he reacts to the experience. For many, it's a time of confusion and anxiety. While some will understand very well why they've been taken to the hospital, they may still find it difficult to adjust to the changed routines that come with hospitalization for even a brief period, let alone one that may require weeks or even months of care.

For seniors who have been independent and used to making decisions on their own, it's not easy letting others take charge of even the most basic activities, including when they can shower or even whether they can wear their own slippers, rather than try to keep hospital-issue floppies on their feet.

With a growing aging population, more older folks will find themselves hospitalized for one reason or another, and many of them could have their recoveries compromised by frustration with hospital regulations and unresolved anxiety problems, as well as problems with what someone called "emotionally unresponsive" hospital staff. This is why more doctors are promoting hospital policies that administer quality medical care served up with a big dollop of emotional sensitivity and respect.

In short, what doctors are now acknowledging is that you can't take human beings who have been vital, decision-making, responsible members of society and suddenly treat them like children. They'll resent it, as they should, and will likely resist anything anyone tries to do for them. Their questions must be answered, and their anxieties dealt with intelligently and respectfully.

Your comments on this matter are appreciated.

Write to Matilda Charles in care of King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475, or send an e-mail to letters.kfws@hearstsc.com.

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Morton Grove Senior News

MORTON GROVE SENIOR CITIZENS NEWS RELEASE

Contact: Bud Swanson, Family & Senior Services, 847/663-6110 August 9, 2004

DIABETES SCREENING

Many people with diabetes go undiagnosed because they are unaware of the signs and symptoms. Some of the warning signs are frequent urination, excessive thirst, extreme hunger, unusual weight loss, increased fatigue, irritability and blurry vision. Diabetes screening is offered at the Morton Grove Senior Center from 9 to 10 a.m. on Tuesday, Aug. 24. Screening is free for Senior Center members and \$1 for all others. Please call for 12 hours. Water is allowed. Hold diabetic medications.

"REVERSE MORTGAGES" SEMINAR

What are they? How do they work? Who qualifies? Learn the answers to these and other questions about reverse mortgages in this informative and educational seminar presented by Rich Hughes of Financial Freedoms at 1:30 p.m. on Wednesday, Aug. 25 in the Morton Grove Senior Center. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

TIFFANY TOUR

The Morton Grove Senior Center's "Tiffany Tour" scheduled for Thursday, Aug. 26 has been cancelled due to insufficient pre-registrations.

MALL SHOPPING

Morton Grove seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, Aug. 31 should call the Senior Hot Line at 847/470-5223 to reserve a seat on the SeniorTran. Home pick-ups begin at 10 a.m. with arrival at Golf Mill at 11 a.m. Trips are free for Senior

Center members and \$1 for all others.

SENIOR SAFARI

Explore the wilds of Brookfield Zoo in the convenience of a tram on Wednesday, Sept. 1st. Seniors from the Morton Grove Senior Center will have their own guide on board and learn about the animals, their conversation, their preservation, and habitat; then be treated to the spectacular dolphin show, followed by a short walk to the Oak Groves located in the Zoo for a nice box lunch consisting of a turkey sandwich on whole wheat bread, potato chips, fruit, assorted cookies, soda, and water. There will be some walking on this outing, so wear comfy shoes. "Heels" are not recommended. Depart from the Senior Center at 8:45 a.m. and return at approximately 2:45 p.m. The cost is \$50 for Senior Center Members and \$59 for non-members. Please register in person at the Senior Center.

CHICAGO WHITE SOX VS. OAKLAND A's Enjoy a game between our Chicago White Sox and the Oakland A's on Thursday, Sept. 2nd. See what Ozzie Guillen can bring to the table when Morton Grove seniors step up for some great baseball action!! The seats will be in the Lower Reserve Section so bring a glove to catch those homers!! Lunch is "on-your-own" at US Cellular Field. Depart from the Senior Center at 11:15 a.m. and return at approximately 5:30 p.m. The cost is \$36.50 for Senior Center Members and \$42.50 for non-members. The registration deadline is Aug. 2nd, in person at the Senior Center.

"MEDICARE: AN

EXPLANATION OF BENEFITS" LECTURE Join Marianne Colello, the Administrator of Rosewood Care Center in Northbrook at 1:30 p.m. on Sept. 9 as she presents an educational seminar on Medicare at the Morton Grove Senior Center. Marianne explains the ins and outs of the ever-changing and confusing world of Medicare and will answer any questions. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

Niles Senior News

Grief Workshop to Offer Support and Coping Tools Three Session Series to Begin September 15

Beginning Wednesday, September 15th, the Niles Senior Center will hold a three-session grief workshop for Niles residents touched by the loss of a loved one. Participants can come to an individual workshop, or join us for the entire series. The

workshops will meet on three consecutive Wednesdays, from 1:00pm - 2:30pm: Workshop #1, September 15th - "What has happened to me?" "Why me?" A forum for participants to share their diverse feelings about grief. Workshop #2, Sept. 22nd - "Dealing with expectations of ourselves and others." Knowing what to expect every day can be stressful after a loss. We will explore concerns, and encourage participants to examine their goals

and priorities. Workshop #3, September 29th - "On my own." The shift from being part of a couple to living alone changes many things. At this workshop we will explore the stress of living alone and ways to adjust. Please call one of us (Bev Wessels, MSW, LSW, ACSW, or Melanie Amin, LCSW), at 847/588-8420 for more information on meeting dates and to let us know which workshops you will be attending so we can reserve a place for you.

NILES SENIOR CENTER REGISTRATION

The Niles Senior Center offers FREE membership to Niles residents, age 62 and over and their spouses. To register for classes, trips, or purchase tickets, you must be a member of the Center. To become a member, drop by the Niles Senior Center, 999 Civic Center Dr., or call us at 847/588-8420 and we will mail you an application.

AUGUST REGISTRATION FOR SENIOR CENTER MEMBERS

In-person registration begins 8:30am, Wednesday, August 11th. Fill out & sign the registration form in your August Program Guide - or pick up form at the Center. You may pay by check, credit card, or cash. If special accommodations are needed, please let us know when you register. Call 588-8420 to find out if tickets are still available and to ask any questions you may have. See below for tickets that are on sale during August Registration.

Advertisement for Gartner Heating & Cooling. Fair and honest family-owned business. Special offer: \$200 off furnace, air conditioner or boiler installation. Contact: 847-965-9645.

Advertisement for 1 Step Wireless. August is Customer Appreciation Month. Free select hands-free units or free car charger. Contact: 847-583-8300.

SENIORS

Park Ridge Senior News

The Money Matters discussion group is on vacation and will resume on Monday, September 20 at 10am. Ten topics were surveyed at the last meeting as to low, medium or high level of interest. They are:

1. Creating and managing a hypothetical stock portfolio
2. Understanding financial terms and concepts
3. Discussion of current business and financial news
4. Investment planning strategies
5. Reducing taxes
6. Stock picking fundamentals
7. Optimizing personal spending, finding bargains and cutting wasteful spending
8. Basic steps in financial planning for seniors
9. Estate planning
10. Insurance needs

If any of these topics interest you, you are invited to join the group on September 20.

The next blood pressure screening with Nurse Nora is on Friday August 20 from 11:30am-1:30pm. This is a free service provided by the Center. Since knowing your blood pressure is very important, so please take advantage of this service.

There will be a 55 Alive Mature Driving on Tuesday and Thursday August 24 and 26 from 9am-1pm. You need to sign up in advance by calling the Senior Center at 847-692-3597. The cost is \$10.00 payable to AARP on the date of the class.

If you are facing a drivers license test, come to a Rules of the Road review is on Tuesday, August 17 from 9am-11am. There is no charge but you are asked to pre-register by calling the Center.

If you are a pinocle player you might enjoy taking part in pinocle tournaments. They will be on Thursday, August 19 and Saturdays, August 21 and 28. All tour-

naments begin at 1pm. A reminder of the change in date for the Center's Annual Bazaar. This year it will be held on Saturday, September 11 from 10am-3pm. Bring your friends and enjoy some holiday shopping.

Another change has taken place over the last year. To accommodate all of the Center's members who are interested in registering for trips, luncheons and other activities, registration begins on the tenth of the month for the following month's activities. In the past many people did not receive their copy of the Spectator until registration was already full for the events they were interested in. Do not mail before the 10th as your registration will be put on the bottom of the pile.

Your questions can be answered by calling 847-692-3579 or stopping in at 100 S. Western in Park Ridge.

perishable item for our Food Pantry. Reservations and cancellations must be received by Monday, August 9th!

55 ALIVE DEFENSIVE DRIVING COURSE
Mon., August 23 & Wed., August 25
9:00 a.m. to 1:00 p.m.
Instructor: Stanley Fukai, AARP
Cost: \$10.00* check made payable on the day to AARP

This two-part class helps you update your knowledge of age-related changes and rules of the road. Upon completion, your automobile insurance company will offer a discount.

WOMEN'S TEA
Thursday, August 26
10:30 a.m. to 12:00 noon
Cost: \$2.00 Refreshments included

Can't find your keys or can't remember what you had for dinner last night? Are you getting older and suddenly can't remember anything? "Is it Normal Memory Loss or Alzheimer's Disease?" Virginia Garderding, R.N. will cover ways to prevent memory loss and how to slow the progress and also the symptoms of Alzheimer's disease.

Day Trips
The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to

you. To become a member call the MaineStreamers at 1-847-297-2510 and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

"DISCOVER PRINCETON"
Princeton, Illinois
Saturday, October 9
8:30 a.m. to 6:30 p.m.
Trip Rate 2
Cost: \$43.00 members/\$48.00 guests

Join us as we take a drive where prairie beauty meets Midwestern charm in a relaxing excursion to Princeton, Illinois. Highlights of the day feature the annual Civil-War re-enactment festivities along with shopping on Princeton's Main Street. Main Street offers a variety of shops including crafts, clothing, furniture and more... Lunch will be on your own.

The Civil War Re-enactment features Civil War Bands, Battle Demonstrations, Story Telling, the Grand Entrance of President and Mrs. Lincoln, complete with period uniforms, musketry, cannon and pyrotechnics. Wagon tours of the camp site are available for .50 cents. So step back in history and enjoy a great day in the country.

Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines. Please include a self-addressed stamped envelope for this trip. +

Maine Township Senior News

MaineStreamers Announce Summer Senior Activities and Lunches

Listed below are a few of the summer programs for all Maine Township seniors. All activities and programs are held at Maine Town Hall, 1700 Ballard Rd., Park Ridge unless otherwise indicated. For further information on these and all senior programs and activities call 847-297-2510 or visit www.maine-township.com.

"TRIBUTE TO MAE WEST" LUNCHEON
Thursday, August 19
Doors Open: 11:00 a.m.
Casa Royale, 783 Lee Street, D.P.
Cost: \$13 members/\$14 guests + \$1 fish

Today's luncheon will feature Mary Anne Burkhalter, who takes pride in portraying the Hollywood Legend, Mae West. Mary Anne keeps the great comedienne's work alive.

Before the performance you will enjoy a lunch featuring Signature Salad, Chicken Wellington with Rice, Vegetable Medley followed by Lemon Sorbet for Dessert. Bingo will follow. Please note: We are asking each of you to bring a non-

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Back to School Sale!
1 Day Only
Saturday
August 14th

Customer Appreciation Day
Samples, Refreshments & Raffles

9300 Milwaukee Ave. Niles (847) 296-0121
(Call for more locations.)

Thrift denotes products returned unsold by distributors or not meeting our high quality standards. No coupons necessary. May not be combined with other offers. Offer good only at Pepperidge Farm Outlet Stores. While supplies last.

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Across the parking lot from Home Depot

View your teeth with our new state-of-the-art intra-oral camera.

LIFE

EVENTS CALENDAR

CIVICS

Monday, August 16
-7:30 p.m. Park Ridge City Council Meeting

COMMUNITY

Thursday, August 12
-"Miracle" will be shown on Thursday, Aug. 12 at Centennial Park at dusk as a part of the Park Ridge Park District's "Movies in the Park" program. During the moving ice cream, and coffee will be available for purchase and the swimming pool will be open.

Monday, August 16
-A two-day "Safe Sitter" baby-sitter preparation program will take place on August 16 and 17 from 9 a.m. to 3 p.m. at Holy Family Medical Center, 100 North River Road, Des Plaines. Designed for young people ages 11 to 13, Safe Sitter is nationally recognized and teaches children how to handle medical emergencies, prevent injuries, deal with problem behavior, as well as business issues, how to have fun baby-sitting and more. Fee for the program is \$55. Registration is required. To register, call 877-RES-INFO (877-737-4636).

Sunday, August 22
-Join a representative of the JUF/TOV Volunteer Network to learn about the Jewish Federation/Jewish United Fund (JF/JUF) Cemetery Restoration Project during a brief tour of the Kehilath Jacob Anshe Drohiczen Cemetery, Morton Grove's only known cemetery. Located between Waukegan and Shermer, this cemetery originally belonged to a Jewish congregation formed in 1890 by Russian immigrants. Two years ago the JF took responsibility for the 100-year-old cemetery and presently maintains the grounds. The tour will be held on Sunday, August 22 at 2 p.m. at the Cemetery. For more information, contact the Morton Grove Historical Society at (847) 965-0203.

PARKS

Thursday, August 19
-7 p.m. Morton Grove Park District regular board meeting.

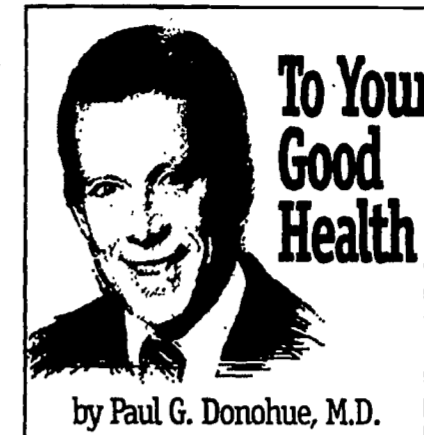


by Philomena Corradeno

SUMMER SALADS ARE A COOK'S BEST FRIEND

While a small salad is very often part of a meal as either an opener or an ender or as a companion with a sandwich, come summer, salad is a cook's best friend — and an enjoyable way to get in those essential veggies. Salads need little preparation, especially these days when you can pick up a bag of washed, ready-to-use greens in a single variety or in various mixtures. Some even come with separately packed dressing.

If you prefer to use your own skills, here are some ideas: There's a Mediterranean feel in the first salad — chicken with capers, feta cheese and, naturally, olives giving the vegetables fill-



Is There a Test for Alzheimer's Disease?

DEAR DR. DONOHUE: My 78-year-old father lives by himself and manages pretty well. I am worried that he might be in the early stages of Alzheimer's disease. He has become quite forgetful. Is there a test for it, and is there any medicine to treat it? — C.A.

ANSWER: No test establishes the diagnosis of Alzheimer's disease with certitude. A microscopic examination of the brain after death is the only absolute proof of the illness.

However, mental aptitude and memory tests can provide good evidence that a person's forgetfulness comes from Alzheimer's and is not the kind of forgetful-

ness that comes with aging. Misplacing keys and temporarily forgetting a name are common memory lapses. When the keys are located or when the name is supplied, the person remembers clearly why he or she put the keys where they were found, or is fully aware of the person whose name was forgotten.

There are more significant memory lapses that do point to Alzheimer's. If a person forgets how to perform a routine, familiar task, that is an indication that Alzheimer's might be the cause. Being unable to work a dishwasher is such an example. If a person is lost in a well-known neighborhood, that can be a sign of trouble. Poor judgment, like wearing a heavy sweater on a hot day, or difficulty in writing a check or balancing the checkbook are other Alzheimer's signs.

Many tests are under study for objective evidence of Alzheimer's. PET brain scans and the analysis of spinal fluid for abnormal proteins are two examples.

Aricept, Reminyl and Exelon are three related medicines that boost brain production of acetylcholine, an important brain chemical involved with memory. Namenda is a relatively new medicine that lowers the production of glutamine, a substance that can interfere with memory function.

The Alzheimer's pamphlet gives a bird's-eye view of this illness and its diagnosis. Readers

can order a copy by writing: Dr. Donohue — No. 903W, Box 536475, Orlando, FL 32853-6475. Enclose a check or money order (no cash) for \$4.50 U.S./\$6.50 Canada with the recipient's printed name and address. Please allow four weeks for delivery.

DEAR DR. DONOHUE: I have bunches of fine, red lines in many places on my body, but especially on my legs. What are they? — P.C.

ANSWER: Those wispy red lines that look like the strands of a cobweb are telangiectasias (tell-ANN-gee-eck-TAY-she-uhs). They are tiny blood vessels that appear with aging and in people who have lived much of their lives with skin exposed to sunlight, cold, heat and wind.

If a person wants to get rid of these vessels for cosmetic reasons, they can be given a painless jolt of electric current or a buzz from a laser. Doctors can also inject them with solutions that make them wither.

DEAR DR. DONOHUE: Dr. Donohue regrets that he is unable to answer individual letters, but he will incorporate them in his column whenever possible. Readers may write him or request an order form of available health newsletters at P.O. Box 536475, Orlando, FL 32853-6475.

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- 1/4 cup olive oil
- 2 tablespoons sherry vinegar or white balsamic vinegar
- orange
- 1 ripe avocado
- 6 cups packed mesclun or mixed



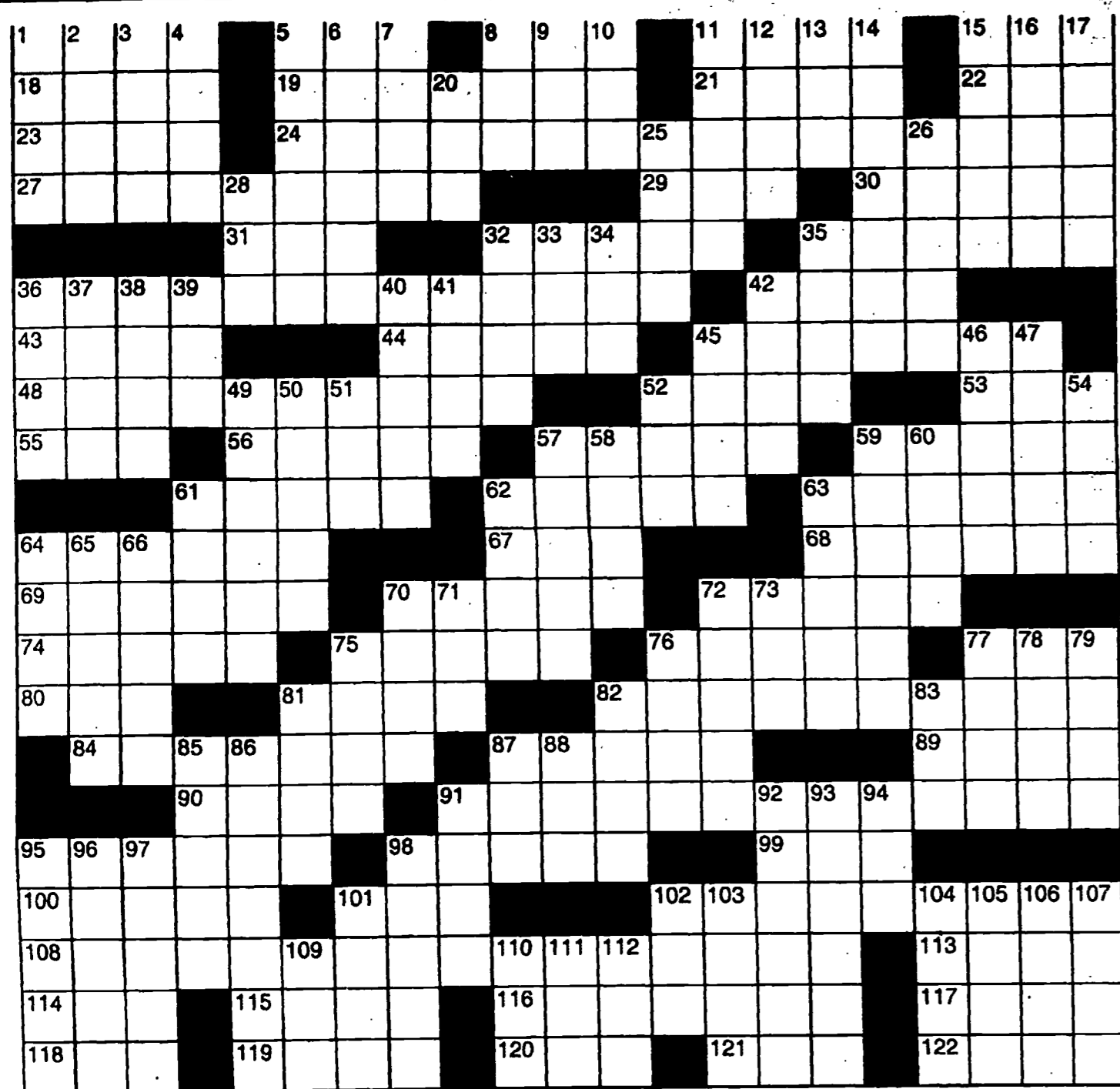
- 1/4 cup light or regular mayonnaise
- 1/4 cup light or regular sour cream
- 1/4 cup milk
- 1 tablespoon white wine vinegar or cider vinegar
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 1/2 cup Lindsay pitted ripe or stuffed manzanilla olives (or a combination), chopped
- 1/3 cup crumbled blue cheese or gorgonzola cheese
- 1 head iceberg lettuce, cored, cut lengthwise into 6 wedges.
- In medium bowl, combine mayonnaise, sour cream, milk, vinegar, salt and pepper; mix well. Stir in olives and blue cheese. Place lettuce wedges on serving plate; spoon dressing over lettuce. Serve with additional pepper, if desired. Makes 6 servings.
- 1/4 cup sugar, optional
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 1/2 cup Lindsay pitted ripe, pitted Kalamata or stuffed manzanilla olives (or a combination), chopped
- 1 small pink grapefruit or 1 large
- salad greens
- Whisk together olive oil, vinegar, sugar, salt and pepper. Stir in olives. Peel grapefruit, separate into segments and cut enough segments crosswise into 1/2-inch pieces to equal 1-1/3 cups. Peel and seed avocado; cut into 1/2-inch chunks. Arrange salad greens

on serving plate. Arrange grapefruit and avocado chunks attractively over greens. Spoon dressing over salad. Makes 4 servings.

LETTUCE WEDGES WITH OLIVE-BLUE CHEESE DRESSING

- 1/4 cup light or regular mayonnaise
- 1/4 cup light or regular sour cream
- 1/4 cup milk
- 1 tablespoon white wine vinegar or cider vinegar
- 1/4 teaspoon salt
- 1/4 teaspoon freshly ground black pepper
- 1/2 cup Lindsay pitted ripe or stuffed manzanilla olives (or a combination), chopped
- 1/3 cup crumbled blue cheese or gorgonzola cheese
- 1 head iceberg lettuce, cored, cut lengthwise into 6 wedges.
- In medium bowl, combine mayonnaise, sour cream, milk, vinegar, salt and pepper; mix well. Stir in olives and blue cheese. Place lettuce wedges on serving plate; spoon dressing over lettuce. Serve with additional pepper, if desired. Makes 6 servings.

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- 1 To boot
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4 Within view
5 Dennis, for one
6 Solar
7 Bee flat?
8 "- Duke" ('77 song)
9 Deciduous tree
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11 Braid
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17 A great composer?
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38 Away from the wind
39 Gender
40 "Jude the Obscure" author
41 Spring flower
42 Deere thing
45 "- #1" ('61 hit)
46 Pianist Claudio
47 Acts catty?
49 Arctic jacket
50 Sherpa site
51 Singer Kiki
52 "Alice" spin-off
54 Eliot's "Adam -"
57 Ehud of Israel
58 Estrada or Satie
59 "Le Pere Goriot" author

- 60 Competent
61 See 76 Across
62 King canine
63 Pageant prop
64 Poirot's concern
65 Plentiful
66 Timid
70 Japanese port.
71 Baseball's "Master Melvin"
72 Bel -
73 Furrow
75 Cop's target, for short
76 Glasgow girl
77 Saharan nation
78 Algerian seaport
79 Sudden pain
81 Health measure?
82 Comic Mort
83 - -di-dah
85 Basketball's Patrick
86 Most melancholy
87 Suitable
88 LAX letters
91 Put the metal to the metal
92 Rita of "The King and I"
93 Vigor
94 Playground game
95 Morocco's capital
96 Boxer Griffith
97 George of "Just Shoot Me"
98 Loony Lee
101 Flutist Herbie
102 Nobelist Andric
103 Journalist Jacob
104 "Armageddon" author
105 Berg opera
106 Rose lover?
107 Oliver of "Gladiator"
109 "Blame It on -" ('84 film)
110 Wheel part
111 Chemical ending
112 Find the sum

Be The First to Fax In Your Completed Crossword and Get Your Name In The Paper! Fax in your answers to: Attention Mr. Schneider Fax # 847-588-1911 This Week's Winner! Ralph Stempinski

BUSINESS

Dollars and sense by David Uffington

Granny's Blood Sugar Can Sour a Deal

I used to be that qualifying for a lower or preferred premium rate for insurance was relatively easy for young, healthy, non-smoking women and men (women get the edge because they tend to live longer) who don't hang glide or swim with sharks or do anything to put them in a higher risk category. But for more and more people, that's not necessarily so.

MORTGAGE RATES table with columns for term (30 Year Fixed, 15 Year Fixed, 10 Year Fixed, 5 Year ARM, 3 Year ARM) and rates (5.625%, 5.000%, 4.625%, 4.875%, 4.375%)

these diseases. But that's becoming less likely for many people. Also, insurance companies are starting to check whether grandpa or grandma has or had diabetes, and how many hospitalizations and other increasingly pricey health emergencies resulted from the condition.

Travel is also being figured more often into the risk equation. It's not only where you go, but how you go that insurers look at. Flight is still No. 1 on the global terror-alert list, but ship and train travel have also been ratcheted up.

Does this mean we're seeing the end of access to preferred rates? Not at all. The insurance industry says it's still a competitive market, and some reputable carrier out there wants your business and will take a chance with you.

Park Ridge Chamber to host Real Estate program

Park Ridge, Illinois - Chuck Wiercinski and Owen Hayes, both of McLennan Commercial Properties, will present "Lease versus Buy Decisions" on Thursday, August 26. The program is part of an ongoing Chamber series hosted by the ServiceBiz Committee.

presenters will cover financial implications of leasing and purchasing along with subjective issues that confront the decision maker. "Our ServiceBiz programs are designed to focus on the needs of local service businesses, says Cara Lindell, Committee chair and owner of Park Ridge-based Fully Fit Lifestyles.

There is no charge for admission. Visitors and non-members are encouraged to attend. Light refreshments will be provided. For further details, please contact the Chamber office at 847-825-3121.

Morton Grove Chamber's Website Gets a Makeover

Deck: MGCCI Teams with Velkat IT Solutions to Create a More User-Friendly Website The Morton Grove Chamber of Commerce & Industry's website, www.mgcci.org, was recently re-designed by Velkat IT Solutions, a local website development company and Chamber member.

"Residents and visitors of Morton Grove should visit the website when looking for goods or services in Morton Grove," said Vicky Cosa, acting director of the Chamber. "All member businesses are listed in the member directory both categorically and alphabetically. Members

Advertisement for Morton Grove Chamber of Commerce & Industry website makeover, including 'Looking to expand your business?' and 'Why should I join the chamber?' sections.

Merlin Muffler & Brake advertisement featuring services like Tire Rotation, Muffler & Exhaust, Oil Change, and Brake Special with prices and contact info.

Elise Grandinetti Adley, D.D.S. and Samuel J. Grandinetti, D.D.S. dental advertisement for a practice at 7215 W. Touhy Ave.

Quality Windows advertisement for ALE-BRITE WINDOWS featuring window images and contact info.

Le Peep breakfast advertisement for LE BREAKFAST LE BRUNCH LE LUNCH with menu items and prices.

Subway advertisement for \$3.99 Any Footlong For \$3.99 with add-on options and store locations.

REAL ESTATE

THE BUGLE Thursday August 12, 2004

Tips for Successful Bathroom Remodeling

(NUI) - Today's bathroom should be a place to relax after a long day, put on your face for the day, and take care of a multitude of grooming and hygiene needs.

Considering how much time you spend in this room, it's important to give careful thought to how you use this room.

Many homeowners find that planning a new home or improving even a single room can be a bit daunting. But, it is manageable and well worth it - if you do your homework and follow these bath design tips.

* Measure the bathroom. The first step to a beautiful, functional bathroom begins with carefully measuring the overall dimensions of your space and marking them on a scale drawing.

* Decide on the design. What constitutes great design? It's more than making rooms look fabulous or translating someone's idea of style. Good design enhances the quality of your life. It uses a range of design details to please your sense of touch and space while maintaining functionality in the rooms.

* Consider ergonomics. The Leighton ensemble was designed with ergonomics in mind. The Leighton toilet is the height of an average sitting chair, making it easier to stand up from the seat. Plus, the coordinating pedestal sink is the height of standard kitchen counters so the user doesn't have to bend over as much to use the sink.

* Look for hidden storage. If you are looking for storage opportunities, the coordinating Leighton mirrored cabinet provides hidden storage for smaller bath and powder room spaces.

An American Favorite

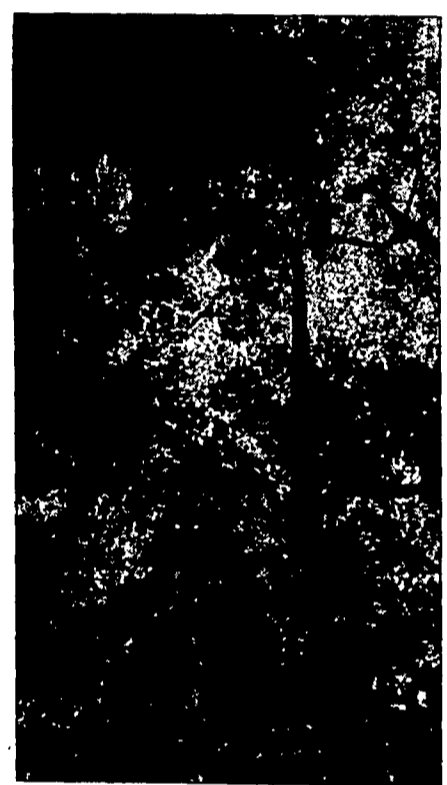
By Doris A. Black

Best known for their fall color, maples are one of the most versatile and beloved of landscape trees. There are 124 different species of maples, so choosing one for your yard is no easy decision. Depending on the size of your yard, soil type, exposure and personal preference, you may select a small maple growing no more than 12 feet high or a specimen capable of reaching 80 feet tall.

As shade trees, the taller maples prefer full sun and a moist, rich soil. One of the prettiest is autumn blaze. Growing to 50 feet with an oval shape and strong red fall color, it is drought tolerant and has very few seeds, making it a favorite with homeowners. One of the most versatile of maples, the red maple starts in pyramidal form but broadens with age. A rapid grower, it can reach 60 to 80 feet when mature. The red maple can live in dry, poor soils or wet, marshy ones. Leaves are dark green throughout the summer with a lighter green-gray on the undersides. In the fall, they turn lovely shades of red and gold. An excellent shade tree; autumn flame is hard to beat. This seedless cultivar has a dense, rounded habit with strong branching and flame-red fall color.

As decorative trees, the smaller maples are perfect for landscaping. Most are adaptable to almost any soil type. The paper-bark maple is a favorite for its year-round interest. It has a great

orange-red fall color, and as the name implies, its bark peels in large curls even in immature specimens. Originating from Central China, this slow grower will top out at 30 to 40 feet. Plant this lovely close to the house or deck where you can enjoy its unique characteristics up close. Another great small maple is the amur maple. This multi-trunked



beauty with low branches only reaches 15 to 20 feet in height. Unusual for a maple, the yellow flowers are nicely fragrant. Another of its unique features is the reddish-pink samaras (seeds), which are so abundant the tree looks like it's blooming. Turning a brilliant scarlet in the fall, the leaves burst with color.

Japanese maples are also great trees to plant in the yard. In general, Japanese maples prefer a rich humus soil with good drainage and protection from the harsh winds and severe heat.

They virtually thrive when planted on the east or north side of the house to take advantage of morning sun and afternoon shade. Known for their colorful and lacy foliage, most Japanese maples are used as specimen plantings in the landscape or as container trees near a patio or entryway. The leaf shape of a Japanese maple can vary from "lobed," similar to a silver maple, to "lace-leaved" with finely divided leaves to "thread-leaved" with an even more finely divided leaf shape.

There are several types of Japanese maples. One of the most popular species of the lobed Japanese maple is the elegans, which is multi-trunked with cascading branches. The pendulous habit is eye-catching as the green leaves change to yellow then to orange in the fall. The tree will reach 15 feet in the garden and seven feet in a container. Of the lace-leaved Japanese maples, many gardeners prefer the crim-son queens. Graceful and dainty, this pendulous tree has the classic red-leaved color so often associated with Japanese maples. It is a small, slow grower, but very strong, topping out at six feet in the landscape and four feet in a container. Villa taranto is popular among the thread-leaved Japanese maples. It has a bushy habit with a delightful coral spring leaf color changing to luminous green in the summer and a bright golden shade in the fall. It grows six feet high in the garden and four feet in a container.

With so many different types in a variety of colors and sizes, it's no wonder the maple tree is one of America's favorite landscape plants.



Roof Repair Isn't Flashy — Or Is It?

Last week, we talked about doing a general inspection of your roof and performing simple shingle repair and maintenance. This week, we'll talk about a maintenance issue not every homeowner is familiar with: flashing.

Flashing, contrary to what it may sound like, plays an important role in maintaining the integrity of your home's roof. These thin strips of metal protect the joints and seams in a roof — such as those around a chimney or air vent — and direct water downward and off of the roof, rather than into your living room. But however unnoticed flashing is, it still takes a beating from the elements, just like any other roofing component, and must be checked periodically for damage. Three types of flashing can be found atop the modern home: valley flashing, which seals joints between roof gables; vent flashing, a one-piece component that slips over and around the vent pipe; and step flashing, metal bent at 90 degrees (or so) to seal the joints around non-uniform components like chimneys. Repairs to each type are somewhat unique: Valley flashing is nearly always patched, while vent flashing is completely replaced. Step flashing is replaced in sections. In each case, however, the shingles around and over the flashing must be carefully lifted up and fastened back in place as they originally were to ensure a good seal. We'll only cover valley flashing today.

Note: Always use the same type of metal when patching valley flashing, as dissimilar metals could corrode. If replacing step flashing that sits up against a

Continues...
HAMMER page 24

REAL ESTATE

Three Tips for Designing With Light

(NUI) - The use of light is an integral element in art, architecture and design. It has the power to dramatically change the look and feel of everything, from a sculpture to a family room or even a hallway.

Incorporating lighting elements into a home can alter the ambiance from clean and modern to warm and rustic, creating specific moods and enhancing colors and textures.

Consider these tips for bringing both natural and artificial light elements into your home design for breathtaking results:

* Let the natural light shine in. Windows bring the dynamic qualities of daylight into a home, capturing outside views, enhancing colors, and flooding surfaces, rooms or any interior spaces with natural light.

However, bringing in more natural sunshine can increase the temperature of a room due to heat transfer through windows.

To get the natural sun without unwanted temperature changes, you may want to consider tinted glass to help reduce the transfer of heat.

In addition to capitalizing on natural light through the strategic placement of windows, you can choose from a broad scope of window shapes, juxtapositions and designs to create an artistic flair. For an abundance of design capabilities, including limitless custom designs crafted by artisans, consider Jeld-Wen wood or metal clad-wood windows.

If energy efficiency and low maintenance are a primary concern, Jeld-Wen vinyl windows will offer you these affordable features along with a clean, streamlined appearance.

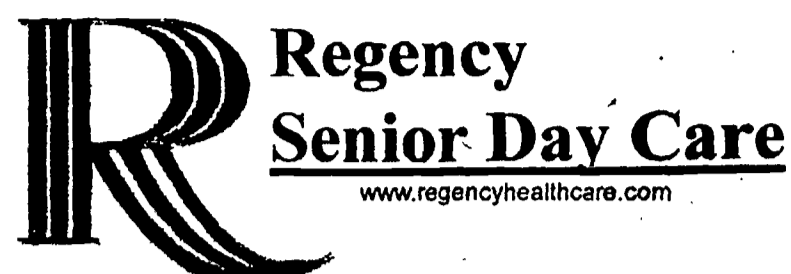
* Use decorative lights for night and day. The imaginative use of alternative lighting can showcase unique features inside and outside the home.

Instead of using traditional overhead lighting or table lights, artistically combine shadows and light with subtle tree lights lining the edges of the ceiling or a chandelier with a dimmer.

* Reflect light to enhance the ambiance. Often overlooked as a key element in the lighting of a home, mirrors have traditionally been utilized solely as a tool for personal reflection. The creative placement of mirrors can throw light around the room, making a room sparkle and appear larger.

While an entire wall of mirrors may seem a little risky, the placement of framed mirrors sporadically on a particular wall brings a fresh, artistic element into the home.

Regardless of its source - whether it's natural light that streams in through a window or the soft glow from a table lamp or chandelier - lighting is an important decorative accessory in a home.



What is Senior Day Care?

When caring for a loved one who has special needs, it is difficult to keep up with life. Not only do you have their needs to care for, but you also have your own family, career, and responsibilities.

Regency Senior Day Care is the perfect solution.

Your loved one can participate in our program during the day, and return home in the evenings.



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- Stimulating activities
- Pleasant environment
- Good times, good friends

Call 847-588-2000 for more information or a tour.
Located at 6625 N. Milwaukee in Niles
(Between Devon and Touhy)

Building a Deck May Be Easier Than You Think

(NUI) - Do you wish you could add an extra room to your house, but you don't want to spend the money? Is your back yard plain and boring?

Outdoor amenities like redwood decks, trellises, privacy screens and benches can take the place of an extra room at a fraction of the cost. In addition, a deck increases real estate value and provides a low-maintenance outdoor area that keeps cooling and energy costs down.

When building an addition, such as a redwood deck, the choice of materials is always important. Today, more than ever, families are concerned about the safety of products around the

home. Unlike chemically treated woods and petroleum-based products, redwood heartwood's durability is organic and natural.

If you are thinking about building a redwood deck yourself, you may find deck building easier than you would expect.

First of all, it is important to survey your yard and decide what problems building a deck can solve. Can it level off a sloping or uneven area? Can it turn an unusable side yard into a comfortable outdoor living area? Checking building codes in your area is an important preliminary step.

When working with wood outdoors, remember the type of

hardware you use can affect the appearance of your project.

Inferior hardware can cause stains and is unlikely to last as long as the redwood. A variety of joist hangers, patented connectors and deck fasteners are available to help the do-it-yourselfer. It is worth the extra cost to use top-quality, hot-dipped galvanized, stainless steel or aluminum hardware.

Other amenities complete the job of making a living center. Redwood planters, benches, tables and furniture can turn a deck into your "outdoor room." You may want to add a spa, privacy screen, outdoor cooking center or shade trellis.

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HOMESELLERS HANDBOOK



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REAL ESTATE

Hammer

masonry object, never use aluminum, as lime from the mortar can corrode it (use copper or galvanized steel instead).

Now to repairs: You'll need a pair of heavy gloves to protect your hands, and aviation snips to cut the metal. You'll also need a tape measure, wire brush, trowel and pry bar, utility knife, replacement flashing, roofing cement

and roofing nails. You may also need replacement shingles, so carry a few extra.

The most common damage to valley flashing is small holes or corrosion caused by water or ice dams forming behind debris (see why you need to clean your roof annually?). To create a patch, measure the damaged area and mark an outline on the metal

patch. Increase the outline by several inches on either side so that the patch will slip underneath the shingles on each side. Cut out the patch, creating a point at one end. Clean the damaged area with a wire brush and, with the utility knife, cut a horizontal slit at the top of the area to be patched.

Apply roofing cement to the

backside of the patch and slip the new metal into place, inserting the tapered end of the metal into the horizontal slit and slipping the edges underneath the shingles. Press firmly to seal; then add roofing cement to the edges of the patch. Trowel smooth so water will flow easily over it.

HOME TIP: Always use the same metal to patch existing flashing;

if dissimilar metals are used, corrosion can occur.

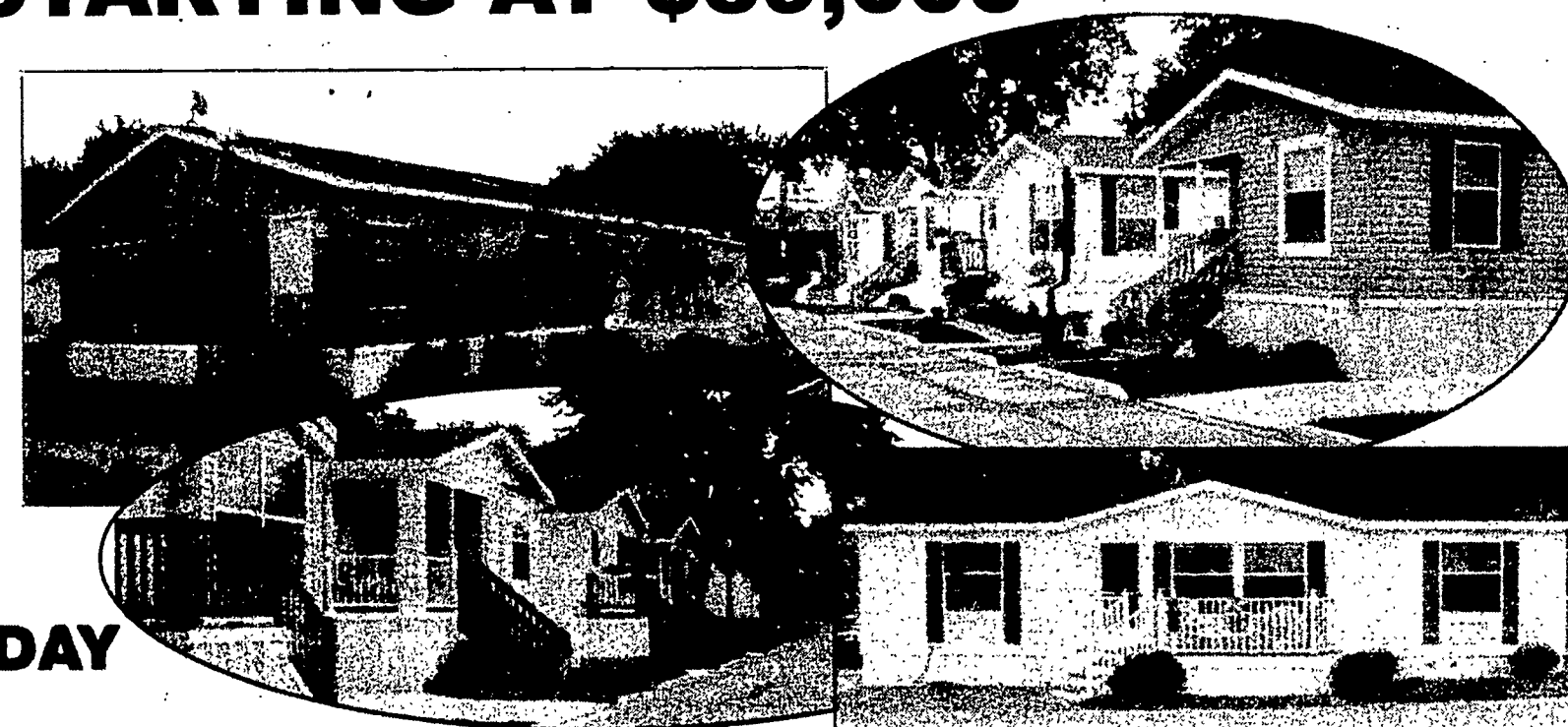
Send questions or home repair tips to homeguru2000@hotmail.com, or write This Is a Hammer, c/o King Features Weekly Service, P.O. Box 536475, Orlando, FL 32853-6475.

(Continued from page 22)

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<p>REAL ESTATE</p> <p>8754 N. Olcott, Niles, Brick 3BD Split level. Move in condition 847-663-9900</p> <p>All Classified Ads must be submitted prior to 10 am Monday in order to run in that week's edition of the paper. 847-588-1900</p>	<p>WANTED</p> <p>WANTED WURLITZERS JUKE BOXES ALSO Slot Machines Any Condition 1-430-985-2742 FAX: 1-430-985-8151</p>	<p>LEGAL NOTICE</p> <p>When using the classifieds, your advertising efforts won't go unnoticed. You will be able to reach thousands of people every week. With that kind of advertising power you are sure to find the right person. Call 847-588-1900 ext. 120 today or visit us on the Web at www.buglenewspapers.com.</p>

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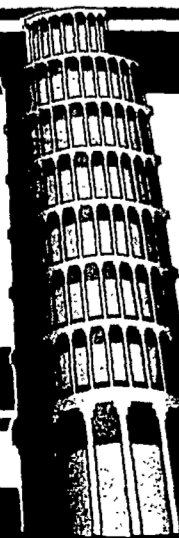
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