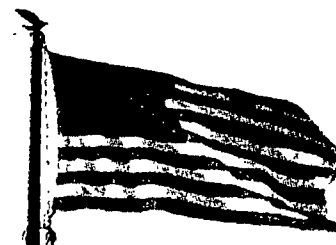


OCT 07 2004

# THE BUGLE



Since 1957

Thursday, October 7, 2004

Vol. 48 No. 20

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## Inside this edition...



### A Sweet Roar

The Niles Lions Club will be holding their annual "Candy Day" this Friday and Saturday, Oct. 8 and 9. They were honored by the Niles village board at their last meeting. For more on the story, see page 3.



### Hawks crush Trevians

The Maine South flag is run past the stands during their game against New Trier Saturday. The Hawks destroyed the Trevians in a 40-14 game. For the story turn to page 17.

## District 219 and teachers settle on five-year contract Strike averted by late-night settlement

Niles Township High School District 219 and the Niles Township Federation of Teachers reached tentative agreement early Monday morning on a five-year contract, averting a threatened strike.

The settlement represents the first time the two sides have reached agreement on a contract without a strike in recent memory. The two unions that represent the teachers at Niles North and West High Schools were expected to take the agreement to their members for ratification this week.

"We are very pleased," said Bob Silverman, District 219 board president. "This is a fair deal for everyone. Teachers have made important progress, and the Board of Education has achieved a significantly more

stable financial future for the District."

The agreement was finally reached around 2 a.m. Monday morning after a nine-hour negotiation session. Before the session, teachers and the board remained divided on salary, health-care contributions and the length of the teaching day.

The District said Monday that the settlement represents the first time the union has agreed to meaningful contributions to the cost of health insurance, and to drop expensive indemnity coverage in favor of a more cost-effective preferred provider plan. They also said that the teachers have also agreed to a restructured school day that will allow more actual classroom instruction time, a key goal of

Continues...

D219 page 11.



Students from Niles West High School head for home after District 219 teachers and the school board reached an agreement early Monday morning October 4 to avert a strike.

Photo by Allen Kalesa/Bugle

## Additions frozen in Bunker Hill subdivision

### Village to study subdivision, standardize zoning

A proposed addition to a home in Niles' Bunker Hill subdivision was denied at the last village board meeting Tuesday, Sept. 28.

The proposal was subject to harsh criticism by neighbors

when it was discussed by the Niles Planning and Zoning Commission in early September and, despite approval by that body, the village board felt an overlay ordinance was necessary to standardize zoning in the subdivision.

"Most properties in the Bunker Hill Estates are in non-conforming use," said Village Attorney

Joseph Annunzio at the meeting. "That means they do not conform either in regard to lot size, yard setback requirements or other sections of our building code."

Annunzio recommended that the village board deny the variation until an overlay zoning ordinance was made that would bring the whole subdivision into conformance with the code.

Residents who showed up to the meeting were originally tense when Mayor Nick Blase said that no additional testimony would be heard on the topic, but were relieved when the board denied the variation.

"I am suggesting to the village board that an overlay ordinance

Continues...

BUNKER HILL page 2.

## Morton Grove marks Mayor Dan Scanlon's 80th birthday In his life Scanlon has served family, village, country

BY ANDREW SCHNEIDER  
editor@buglenewspapers.com

After 80 years, Dan Scanlon knows what's most important in life: love.

"The 52 years I was married to my wife were the best years of my life," Scanlon said. "She was a great woman, I don't think she had a single enemy in town."

Scanlon, currently serving his second term as Morton Grove's mayor celebrated his 80th birthday on Sept. 8 and the village board congratulated him on the achievement at their last meeting. They also celebrated his life that has ranged from service in the 84th Infantry in World War II to raising eight children in the village to serving on its board.

"We've seen a lot of change in town," Scanlon said. "I know that

Continues...

SCANLON page 4.



Morton Grove Mayor Dan Scanlon was congratulated by the village board at their last meeting for reaching his 80th Birthday in September. Congresswoman Jan Schakowsky sent Scanlon a flag that flew over the United States Capitol building in his honor. He is pictured above with, from left, his granddaughter Katelyn Harford, daughter Eileen Harford, and granddaughter Megan Harford.

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## NEWS

### Niles Parks celebrate 50th anniversary

Niles Park District Tennis & Fitness will help in celebrating our 50th Anniversary with an Open House October 11-17th. All week enjoy our newly equipped Fitness Room for free. Saturday, October 16 will be a day of Free Tennis Clinics from our Tennis Professionals, 12-3:00 p.m. and a 50's Fitness workout, 1-3:00 p.m. The entire family can twist, hustle and exercise to 50's music. Free soda fountain treats for all. Please call (847) 967-1400 for more information.



### Maine East Scholars commended

Pictured with Principal David Barker are National Merit Commended Students (from left) Robert Wydra of Morton Grove, Lindsay Hayden of Niles, Michael Fergus of Morton Grove, and Yana Yakhnes and Sejal Danawala, both of Niles.

### Bunker Hill

be adopted for the entire area," said Annunzio. "That would legitimize the present variances that exist in Bunker Hill. By doing this and then providing for a proper floor area ratio (FAR) and a proper height restriction we could allow variances in the future."

The board agreed and Blase said that, once the overlay ordinance the current petitioner, the homeowner at 6848 Concord Lane, could reapply. Village Manager Mary Kay Morrissey said that the village

would be consulting with residents of the subdivision this week as it worked to establish the overlay ordinance.

"We plan to meet with residents to set up the code so that they can still add on and modify their homes," said Morrissey.

She said that an overlay ordinance was a workable situation in Bunker Hill's case.

"When that subdivision was put together in the 50s there was no uniformity," she said. "There were all

(Continued from page 1)

different size homes, yards and setbacks."

Morrissey said that because of the different sizes, an overlay ordinance was a good solution in this case, but that it isn't something that could be commonly applied.

"You wouldn't want to do this all over town," she said. "But in this case it might be needed."

There are 104 homes in the Bunker Hill subdivision. It borders the forest preserve south of Touhy and west of Caldwell.

## NEWS

### Lions' Candy Day Oct. 8 and 9

The Niles village board proclaimed Friday and Saturday Oct. 8 and 9 the Niles Lions Club Candy Day at their last meeting Tuesday, Sept. 28.

The Lions will be accepting donations and giving away candy to help benefit blind visually

impaired, deaf and hearing-impaired individuals during the event.

"Friday and Saturday...will be the Niles Lions Club Candy Day," said Mayor Nick Blase at the meeting. "As you all know, the Lions do a great job with this event."



The Niles village board proclaimed Oct. 8 and 9 Lions Club Candy Days at their Tuesday, Sept. 28 meeting. Pictured in the photo are Lions Club members Mayor Nick Blase, Dennis Burns, Fire Chief Harry Kinowsky, Glenn Steude, Trustee Robert Callero, Ingried Kubitz, Jim Capek, Russ McAndrew, Louis Valerio, Harold Tinnes, Charles Barbaglia, Carole Tinnes, Randy Greco and Norbert Johnson.

### Park District director announces run for village board

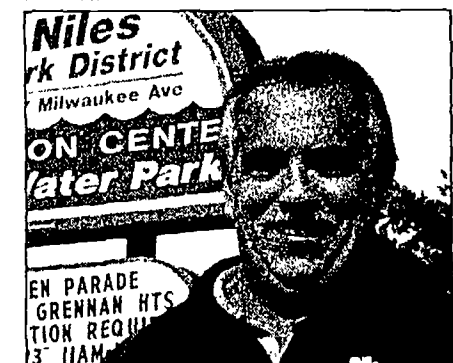
Niles Park District Director Joseph LoVerde will seek a position on the Niles village board in the April 2005 election. He announced his decision last week, saying that he believed Niles was at a crossroads.

"I have a passion to serve Niles," LoVerde said. "I've met wonderful people here and made great friendships. Niles has given me a lot, now I want to give something back."

This year will mark LoVerde's eighth as the director of the Park District, an organization that he took over during a fiscally troubled time and returned it to economic viability.

"We I joined on we had no bond rating," he said. "They were in tough financial shape. No we're beginning construction on a brand new multi-purpose gym. It wasn't just me, but I want to bring my experience to the Niles board."

LoVerde believes there are some serious issues to be dealt with by the village board in the upcoming years, such as the condition of the Milwaukee Avenue economic corri-



Joe LoVerde, executive director of the Niles Park District is seeking a position on the Niles village board in the April 2005 elections.

dor and the need for a downtown.

"I think that Milwaukee is showing its age," LoVerde said. "I also think that we need to select a place

and designate it as 'downtown.'"

LoVerde's family has a long-standing history in Niles, beginning with the founding of LoVerde Construction in 1962. In addition to his position as director of the Park District, LoVerde also serves on the Niles zoning board. He will pit himself against a full slate of incumbent trustees running with long-time Mayor Nick Blase under the name "Present Leaders for Financial Security." The incumbents up for reelection are Kim Biederman, Andrew Przybylo, Louella Preston and Robert Callero.

"I have a great deal of respect for Nick Blase," said LoVerde. "He's guided this town. But just like any coach is only as good as his players a mayor depends on his trustees. I think that I could serve the village and Mayor Blase well as a trustee and I want to give the voters a choice in the election."

### Niles Park commissioners seek third term

Niles Park District President James T. Hynes, Treasurer William Terpinas, Sr. and Commissioner Charles Barbaglia jointly announced on Friday that they will run for re-election as Commissioners of the Niles Park District in the April 5, 2005 local elections.

"We pledge to continue the significant financial and programmatic improvements at the Niles Park District, in order to further enhance the quality of life for the residents of Niles," said Hynes.

With the support of Niles Mayor Nicholas B. Blase, the trio were first elected in 1997, and re-elected in 2001.

"All three of us look forward to next fall when the new 36,000 square foot facility on Caldwell Avenue is dedicated and ready to be enjoyed by the Niles community," said Terpinas. "This is another example of our dedication to providing quality and value in the community's leisure opportunities."

## THE BUGLE

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## NEWS

## Scanlon

(Continued from page 1)

I get criticized for everything that goes bad in town and I accept it. But I think we're answering the critics."

Scanlon's meritorious service on the village board, over 18 years as a trustee and mayor, could only be surpassed by his devotion to his family and his country.

"I was only 18 years old when I served in the Europe," Scanlon said of his service in World War II. "A lot of

Scanlon began his service to the village as an electrical inspector.

"I went to all the meetings," he said. "I paid attention to what was going on and then ran for office."

His service to the village has included such achievements as a new water system, remodeled fire stations, the construction of the American Legion Civic Center on Dempster, a lighting improvement program that is

remembered, but who remembers a mosquito bite?" While in the hospital, they missed the reunion of the 84th Infantry and their friends and fellow veterans called to check on them. Betty passed away shortly thereafter and nerve damage has denied Scanlon the use of his legs.

"Every morning I look at her picture and say, 'good morning honey,'" Scanlon said. "I can almost hear her



Upper left, one of Scanlon's favorite photographs of his wife, Betty. Lower left, Scanlon pecks his wife on the cheek during their 50th anniversary. It was celebrated with the family at a resort in Wisconsin. Above, the newly-wed Betty and Dan Scanlon pose for a photo just before driving away from their wedding ceremony at St. Martha's Catholic Church in Morton Grove Sept. 2, 1950. Lower right, A photo of Scanlon taken during his service in World War II.



us were."

He fought against the Nazis in France, Belgium and Germany, defended towns like Marche in Belgium, liberated labor camps and helped to beat back an enemy offensive at the Battle of the Bulge. While conflicts like the Battle of the Bulge resonate through history books, the most poignant memories for Scanlon involve passing through towns destroyed by Allied bombardment.

"Can you imagine Morton Grove bombed out like that?" he asked. And while the kill or be killed reality of war hardens some individuals, Scanlon remained a sensitive man.

"I remember a German boy told me that his dog was sick and asked me if I could kill it," he said. "The dog was very sick, but shooting it was one of the hardest things I had to do. Afterwards, my friend told me it was the kindest thing I could have done for the dog."

After the war, Scanlon returned to the United States and became a union electrician, marrying his wife Betty in 1950 and moving to Morton Grove in 1952. They owned two houses in the village, the most recent on Beckwith Road.

currently on hiatus, paving of the village's alleys and the removal of several seedy hotels on Waukegan Road.

"We got rid of three seedy hotels and completely upgraded the street," Scanlon said. "We're going to upgrade Dempster Street too as soon as we get some money that the state has promised us."

Scanlon's devotion to duty is matched by his devotion to his family, which currently includes five daughters and 12 grandchildren. He and his wife also had three sons, but each of them passed away as a result of muscular dystrophy before the age of 25.

Despite such tragic losses, Scanlon said of Betty, who was born and raised in the village, attending the former Grove School. "I hope she was in love with me as much as she was with Morton Grove."

In the summer of 2002, both Betty and Dan Scanlon contracted West Nile Virus. The mayor doesn't remember the mosquito bite.

"Who would?" he asks. "If it was a king cobra that bit me, I would've

said, 'now get to work.' I'm not going to say we that we were perfect. We had our disagreements, but inside she was so beautiful. I was so lucky to end up with her."

The tragic loss of his wife, however, has not kept him from serving the village.

Two of Scanlon's grandchildren, Megan and Katelyn Harford and his daughter Eileen Harford were at the village board meeting when the board surprised him with a birthday proclamation.

"I was very surprised to see them there," he said. "I wondered if they had some sort of school project."

In addition to the proclamation, Scanlon was presented with a flag that was flown over the United States capital building in honor of his service to the village and country.

Scanlon's determination goes beyond his responsibility to the village: he hopes to walk again by next summer.

"I'm working very hard in rehab right now," he said. "Next year is the 50th reunion of the 84th in Springfield, IL and hopefully I'll be able to walk in."

If his life is any indication, he will probably succeed.

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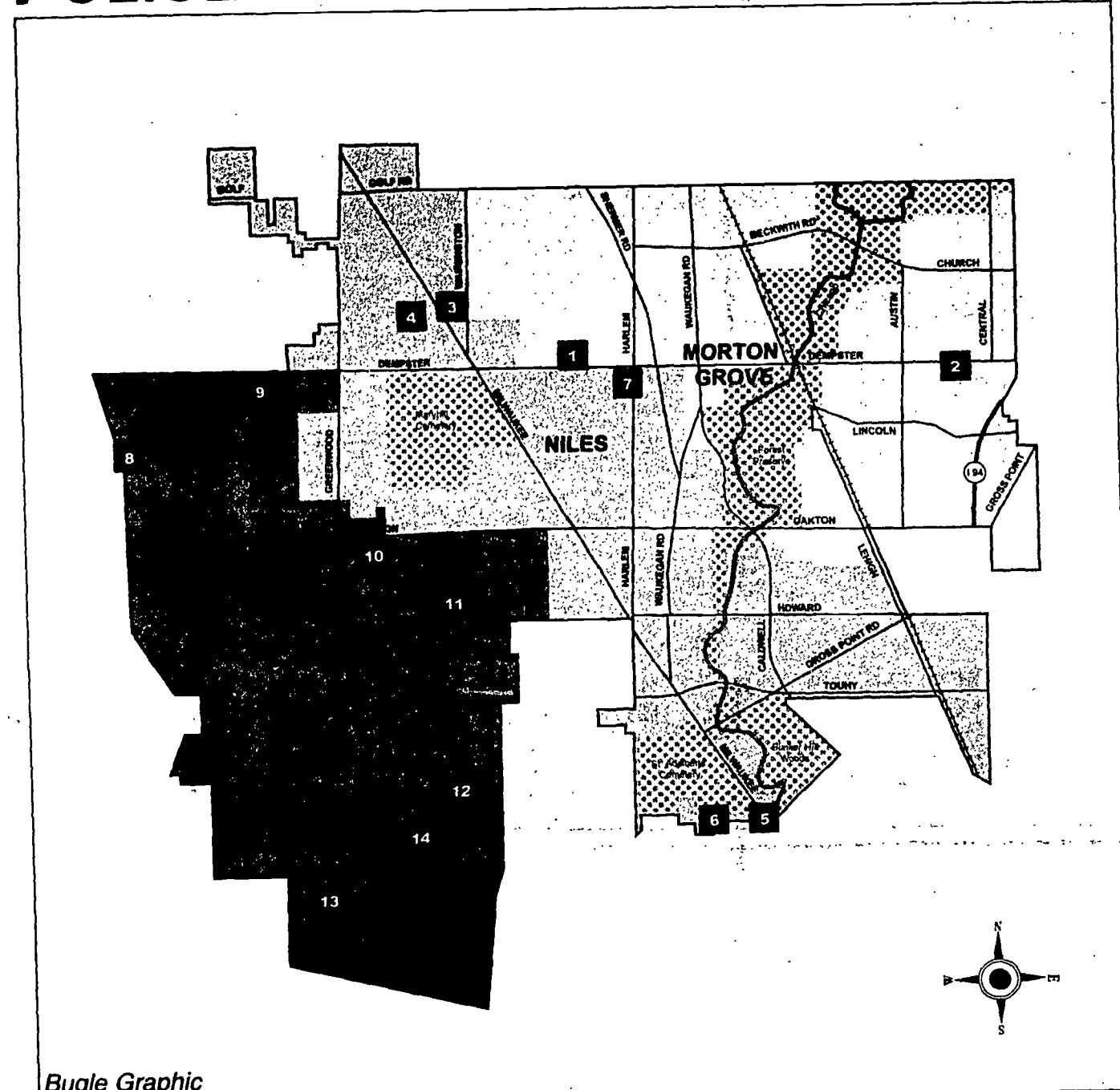
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## POLICE BLOTTER



Bugle Graphic

## MORTON GROVE

The following items were taken from official reports of the Morton Grove Police Department for the week ending October 1, 2004.

**1 Couple arrested with guns and drugs (7600 Dempster)**  
Morton Grove police arrested a 25-year-old man and a 24-year-old woman both from Hoffman Estates and charged them with Unlawful Use of a Weapon and Possession of a Controlled Substance after a police officer, working on a tip from a citizen,

recovered two guns from the couple after stopping them in the parking lot of a liquor store in the 7600 block of Dempster late Friday night September 24.

According to police a customer of the store told them he noticed the man with the gun while they both were in the liquor store. The witness told police when he returned to his car he told his wife he saw the man with a gun in the store. The couple told police they got the license plate number of the car and drove away to call police.

According to the report, the first responding officer noticed the man had a holster. The man

told the officer the gun was in the car. The 24-year-old driver of the car told police she had a gun in her purse. Police also found a knife.

Police said while searching the car they found syringes, a plastic handgun in the console, a security officer's badge, an investigator's badge with an ID card, a private investigator's badge, four bundles of business cards, and an assortment of pills and powders.

A white powder found in the car field tested positive for cocaine.

The report states that both the man and the woman had Firearms Owners Identification Card num-

bers.  
**2 Burglary to auto (5700 Dempster)**

A CD player valued at \$250 was stolen from a 1995 Acura parked in the 5700 block of Dempster Monday night September 27. The owner of the car told police she parked the car in the lot while she went to work and when she returned to her car she noticed that the passenger side window smashed and the CD player missing.

## NILES

The following items were taken from official reports of the Niles Police Department for the week ending October 4, 2004.

**3 Candle starts apartment fire (9000 Churchill)**  
A candle left unattended started an apartment fire in the 9000 block of Churchill Saturday afternoon October 2.

Police said a 47-year-old man and his daughters were in the apartment at the time and that the candle was on a dresser in the girl's bedroom when the glass container holding the candle cracked and the flame started the dresser and the wall on fire. The man was able to extinguish the flames before the fire department arrived.

**4 Banquet brawl (9100 Milwaukee)**

Police had to use a tazer and pepper spray to subdue a 28-year-old Chicago man after he got into a brawl with police outside of a banquet hall in the 9100 block of Milwaukee Ave. about 12:30 a.m. Monday October 4.

Police said when they arrived at the banquet hall they saw a crowd of about 30 people and found the Chicago man screaming and yelling. The responding officer tried to escort the man from the crowd, but the man pushed the officer and then struck him in the face.

Another officer used a tazer gun to the rib cage of the Chicago man and although the man fell to the ground he still was combative and had to be subdued with pepper spray.

During their attempt to subdue

the man a 26-year-old Skokie woman continued to charge toward police in an attempt to obstruct the arrest police said.

The woman was charged with obstructing a police officer. The man was charged with Resisting Arrest, Obstruction of a Police Officer, Battery to a Police Officer, and Disorderly Conduct.

Both have a court date of November 1, 2004 in Room 102 of the Skokie Court house at 1:30 p.m.

**5 Possession of marijuana (6600 Milwaukee)**

A 26-year-old man from Whiting Indiana was issued a citation for possession of marijuana after a Niles police officer stopped the man for speeding in the 6600 block of Milwaukee Ave. early Sunday morning October 3.

Police said after they stopped the man they could smell the odor of marijuana coming from inside the car. Police said the man admitted having a "joint" in his pocket and that a "roach" was in the ash tray.

Police issued the man a citation for the marijuana and a speeding ticket. The man's car was towed because it would not start.

**6 Stereo stolen (6400 Normandy)**

A Sony CD player valued at \$311.00 was stolen from a 2003 Honda Civic parked in the street in the 6400 block of Normandy Thursday night September 30.

The owner of the car told police someone smashed the driver's side window to get into the car.

**7 Possession of marijuana (7200 Dempster)**

Two 17-year-old Niles men and a 16-year-old juvenile from Morton Grove were cited for possession of marijuana and drug paraphernalia after Niles police on bicycle patrol found them smoking marijuana behind the Sportmart in the 7200 block of Dempster Friday afternoon October 1.

Police said they confiscated a two glass pipes and tube containing a small amount of marijuana.

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The following items were taken from official reports of the Park Ridge Police for the week ending September 24-30, 2004.

**8 Theft (1400 Renaissance Drive)**

A Compaq laptop computer valued at \$2,000 was stolen from an unlocked office in the 1400 block of Renaissance Drive Thursday afternoon September 30.

**9 Burglary (1800 Dempster)**  
Someone tried to pry open several desks in an office in the 1800 block of Dempster Saturday morning September 25.

**10 Burglary to vehicle (900 Hastings)**

A wallet containing various identifications was stolen from an unlocked 1997 Honda Accord parked in the driveway of home in the 900 block of Hastings Sunday night September 26.

**11 Burglary to vehicle (600 N. Prospect)**

Someone stole a \$400 Apple iPod from a 2000 Cadillac Catera parked in a lot in the 600 block of N. Prospect Tuesday afternoon September 28.

**12 Vandalism (700 Crescent)**

Vandals threw a brick through the rear window of 1999 Honda Civic parked in the alley in the 700 block of Crescent Friday night September 24. Damage was

estimated at \$500.

**13 Vandalism (1100 Park Ridge Blvd.)**

Vandals caused a variety of damage to a 1998 Honda Accord parked in the street in the 1100 block of Park Ridge Boulevard Sunday September 26.

**14 Vandalism (800 Talcott)**

Vandals used a glass soft drink bottle to smash the rear window of a 1997 Jeep Cherokee parked in the street in the 800 block of west Talcott Tuesday night September 28. Damage was estimated at \$500.

## SUMMARY OF CRIME:

Morton Grove

Burglary -2  
Theft -1  
Possession of Controlled substance-1  
Weapons violation-2  
Niles

Theft -1  
Possession of marijuana-4  
Disorderly Conduct-2  
Park Ridge

Burglary -3  
Criminal damage to vehicle-6  
Damage to property -3  
Trespass-1  
Theft-4  
Arrests- 26

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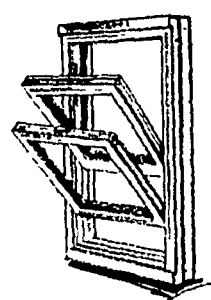
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# COMMENTARY

THE BUGLE

Thursday October 7, 2004

## THE BUGLE

In Service to the Community

### Editorial Board

**Publisher**  
Richard Masterson  
**Editor**  
Andrew Schneider  
**Production Manager**  
Rory Scott

# SOUND OFF!

**Bugle begins new format for "Sound Off"**  
Meet us at Kappy's Restaurant, 7200 W. Dempster in Morton Grove to have your opinion and your photo taken for publication in next week's Bugle in the popular "Sound Off" feature.  
**The Question:**  
**What was your favorite Halloween Costume?**



By Chuck Baldacchino

### Pssst. Want a Quick \$Million?

Finding lost (or misplaced) or wasted (or about to be wasted) dollars in the Park Ridge city budget is like shooting fish in a barrel — my apologies to the fish. In a recent column I asked "Where is that \$650,000?", the money sent by a previous Council and Mayor to the "investment" effort of building a south-suburban airport in Peotone (that many local residents there, and here, think shouldn't be something that Park Ridge residents are "investing" in), with no contract or promissory note; nothing. \$650,000 misplaced or lost. Your tax dollars at work.

Then there's the property taxes being paid on the old, unused Bredemann properties. (Yes, Virginia; the City does pay property taxes — from your dollars — on that site until it can sell it to a developer for use in the Target Area 2 portion of Uptown

Redevelopment). The Bredemann's left us \$115,000 to pay the first part of those taxes; but, starting this year, we pay \$50K/year? And that doesn't even count the interest the City is (/we are) paying on the loan money the City (/we) used to get the property in the first place (at a nice premium to Joe Bredemann?). Another \$150,000?

Oops. That's almost \$1-million already, and I'm not near done yet.

Do you think that every car owned by a Park Ridge resident has a valid, up-to-date City sticker on it? (If you do, I have an "investment" for you: shares of this bridge in Brooklyn I own.) My guess is that, every year, no fewer than a thousand cars owned by Park Ridge residents sneak by without getting a City sticker. At \$35 a pop, that's another \$35,000, every year — lawlessness that you subsidize. (How tough do you think it'd be to ask the State of Illinois for a list of license plates of all cars registered in zipcode 60068

(cost: \$500) and compare that to the current City sticker list? Might that not "catch" the scofflaws? Such a recommendation has been made to the City — by me. Think they've hopped on it? Nope.)

Then there's the Library. They're poised to spend \$200,000 to remodel the meeting room in the Library's basement. Yep, \$200,000 — for a room that's half storage space and that's not used for near the time the Library's open. Why? Because you wouldn't let them have their new, big Library; and because they've found out that a skinny addition might cost almost as much as a new Library — and they know you won't cotton to that, either. Another \$200,000 that the City might authorize being spent — if no one complains.

I might scare you if I begin to wax poetic on the \$20-million refuse and recycling contract City Staff wants the Council to approve. Or if I harp again on the \$7-million new Police Station projection. So I won't do either.

Ever seen a person flash open his coat to ask you "Pssst. Wanna buy a watch?" What does it mean if your City Council does that?

Chuck@ParkRidgeBugle.com

## Letters

### Village has not kept TIF promises to seniors

Dear Editor,

Labor Day brought word that the village's 2003 audit is finally complete. Those rascal 2003 financial statements, forced to be "restated" again, are now available for those of you looking for entertainment relief before the new Fall TV season begins.

Particularly interesting in this financial "restatement" was the reclassification of around \$1.2 million in "land bank" purchases in the Lehigh/Ferris Tax Increment Financing (TIF) district land bank. Just what is a land bank any how? It's a euphemism for official village real estate speculation, developer give-ups or subsidized builder profits. Maybe we didn't need the \$1.2 million trash tax after all.

Remember your brand new Groot solid waste removal bill was blamed on around \$1.2 million shortfall in revenues, partially because ABT left? Like the Energizer Bunny, ABT just keeps leaving and leaving when it comes to excuses for tax increases. But when it comes to spending those taxes, TIF subsidies just keep coming and coming, while senior projects just keep going and going.

Case in point: the original 1999 redevelopment plan for Lehigh/Ferris called for 200-unit senior assisted-living center as its first occupancy milestone. In 1999, the future was a 200-unit senior assisted living center, 20 percent of which was to be dedicated to affordable low cost housing, sold at 40 percent below market rate. In 2004, that's history. For village seniors, tough toenails.

In contrast, TIF fortunes seem bright for real estate holding companies like Morton Grove LLC. Slickly organized as a Delaware Limited Liability Corporation with a Valparaiso, Indiana address, this company has local roots in most if not all of the prime Lehigh/Ferris TIF parcels available such as Maxwell's, Shutz Advertising and 8701 Lincoln. Who is this company quietly purchasing all those contiguous TIF properties south of Dempster? How did they silently put all of them together? Whoever's interest it represents, it seems to have no interest in the senior affordable housing originally leading this TIF effort.

Awfully convenient one company suddenly owns virtually all the TIF land the village is planning on redevelopment. Even more convenient is the village's apparent commitment to spend \$250,000 with Terragon, Inc. and \$50,000 or so in state grants to environmentally clean these properties up for them. Helps keep LLC costs down. Most convenient is the plan to build luxury townhomes on the Shutz Advertising property instead of condemning the vacant, unused site and building affordable senior housing. Good for LLC profits.

Word is TIF money is being requested to build these townhomes from Toll Brothers, one of the biggest builders in the nation. Giving such a builder a TIF subsidy for buying Morton Grove LLCs property in an already hot market would seem to guarantee top dollar to the LLC. Who is this lucky LLC that seems to profit on both ends of the deal?

Let's stop pretending. I appreciate the work of our seniors housing committee, but this village will never deliver on its 1999 promise to seniors at this rate. Shutz can be condemned and taken at the LLCs low cost for senior housing today. It's vacant, cheap, no business, no employees and Morton Grove needs to comply with state affordable housing guidelines, which it does not. Why does this company's profits seem so important? Another scavenger will always be at the trough. Build senior housing now, no luxury townhomes Morton Grovers can't afford.

On the other hand, we could cry over ABT's departure, see what's new on TV and blame official sand bagging on our lack of definition of affordable housing. This, while TIF subsidized unaffordable housing goes up squeezing seniors with village tax increases, property tax reassessments and gentrification, making scavengers rich. Sounds like a plan, just not the one we signed up for in 1999.

Chris Ams, Morton Grove

THE BUGLE

# COMMENTARY

Thursday October 7, 2004

## Letters

### Education on vacation

Dear Editor,

With the budget cuts this year class size will increase for District 63 teachers. With education left in the hands of already over burdened taxpayers education may very well be on vacation.

This year 69 more districts were added to the states financial watch list. The numbers grew from 87 to 156 according to the State Board of Education.

This means that Johnny will not get the assistance he needs from his teacher. This means that his teacher will have a difficult time not only assessing his individual needs but also providing for any special needs. His teacher will struggle with a multitude of classroom problems due to size alone. The ongoing adage of public funding of schools really isn't working.

This year students at Gemini Junior High will have no band or after school sports. This year the parents of Melzer and Washington schools will share a librarian, this means limited access to resources for students.

If we leave school funding in the hands of the community we perpetuate a greater widening gulf between the educating of our children from different cultural backgrounds and different income classes. We perpetuate and segregate. Districts with greater resources will produce schools that work for the children, leaving those with less to deal with problems such as increased class size and minimal school programs.

Without the passing of the Referendum it means kids will lose education. Our kids. Education will be on vacation.

Lisa Teichert,  
Gemini Junior High School teacher

### Letters Policy

The Bugle encourages readers to submit letters to the editor. To be considered for publication, all letters must be signed with the writer's full name. An address and telephone number (which will not be printed) must be provided for verification purposes. Letters exceeding 250 words may be edited for length or punctuation. No potentially libelous letters or letters containing personal attacks will be printed. Writers are limited to one letter per month. Deadline is 5 p.m. Fridays.

Send letters to: Letters to the Editor, 7400 N. Waukegan, Niles, IL 60714 or fax to (847) 588-1911.

### Taxpayers deserve cooperation

Dear Editor:

This in response to Ms. Kaczowski's letter to the editor of September 23, 2004. Ms. Kaczowski represents the District 63 Referendum Committee.

In her letter she states, "Mr. Butterly has been invited several times, both publicly and privately, to meet with District administrators to discuss his concerns and issues. He was publicly invited once again at that meeting. He has not accepted these invitations, as of this writing."

At two public meetings, Superintendent Williams personally, invited me to meet with her staff to "discuss my concerns". I acknowledged the "offer" with a polite thank you. A polite thank you is not the same as accepting an offer; just as someone saying "lets do lunch", is not the same as an invite for lunch tomorrow at noon.

For the record, I have never received a call from anyone at District 63 specifically asking me to such a meeting. This is in spite of the fact that I have been in their office for other matters at least a

dozen times over the last 7 months. Had I been asked, they would have received a polite no. Why not meet with them you might ask? Information obtained from behind closed-door meetings are off the record and are only good if you have mutual trust and confidence. To date, no level of trust has been established.

The only sure tool of obtaining factual information for the public is under the Freedom Of Information Act (FOIA). It is the people's tool to get at the truth. This is the tool I use!

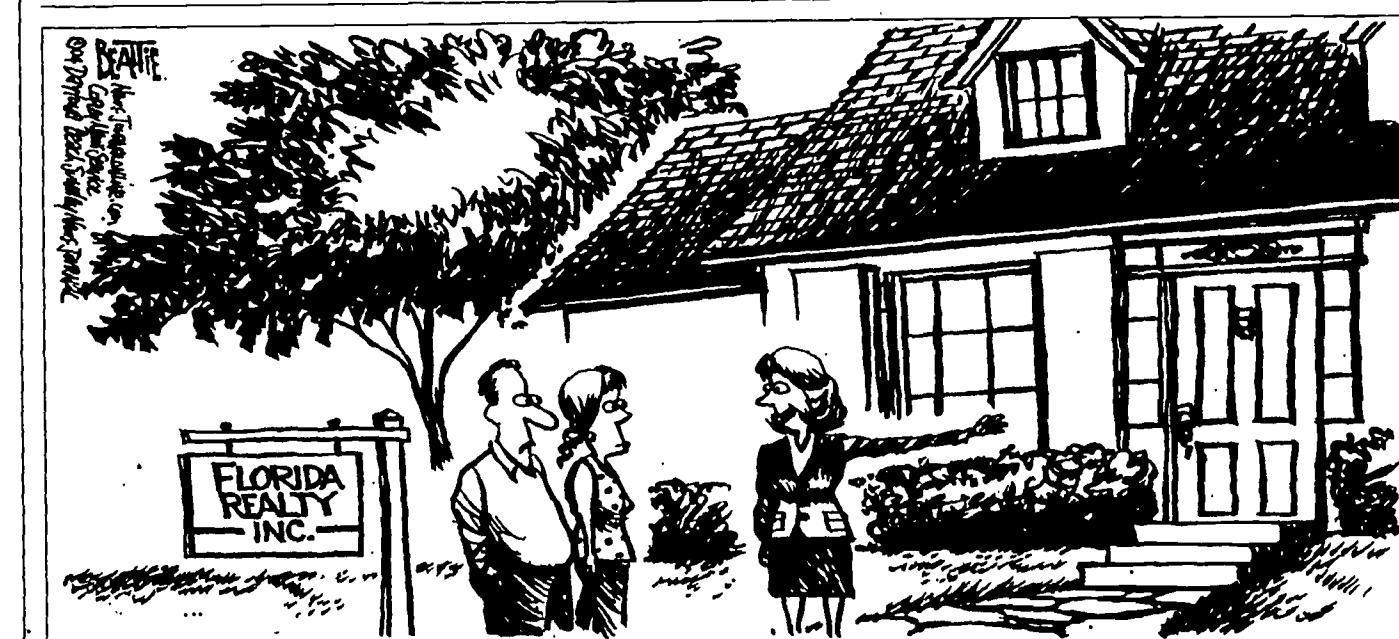
Since April 2004, I have personally signed and hand delivered 559 FOIA requests to the district. Of the 281 requests returned by District 63 to date, 39.5% of district responses read: "FOIA does not compel an agency, such as a school district, to provide answers to questions posed by the inquiry", or "No such document exists. Under FOIA a public entity is not required to create a document." Excuse me? Are these kind of evasions to legal requests a method of building mutual trust and confidence? I don't think so!

Is it not reasonable to conclude,

therefore, that if you can not get the information you seek using FOIA, a method provided by law to empower the people, you are surely not going to get accurate information by means of closed-door meetings, where people are free to say anything they want? Unofficial and off-record communications often lead to "he said-she said" situations that will leave truth seeking at an impasse. Official, on-the-record written responses will provide clean, efficient and, most of all, accurate information.

If this District is serious about developing a trusting and workable relationship with me, all that is needed is for them to provide answers for all the unanswered Freedom Of Information requests submitted to date. No more excuses and no more hiding behind the letter of the law and, most of all, no more negating the spirit of the law. Let this taxpayer experience the type of cooperation he both expects and deserves.

Kenneth Butterly, Niles  
Niles  
Citizens for Responsible Education



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## NEWS

## Maine Township passes garbage ordinance

The Maine Township Board took the final step in a long process at its Sept. 28 meeting by passing an ordinance mandating that there will be only one authorized waste hauler for unincorporated areas in Maine Township. Following a bid process, ARC Disposal was recently awarded the exclusive contract for the next five years.

"With the passage of this ordinance, we are formally establishing a single waste hauler to service residents in our Township," says Township Supervisor Bob Dudycz. "A prior ordinance directed that residents have a waste hauler, but now we have established there will be only one. In this manner, we have used the power of unified negotiations to get better, consistent pricing and increased quality services."

On March 16, 2004 voters in Maine Township by a 2 to 1 margin approved the garbage referendum. The referendum gave the Township Board the authority to get one carrier to pick up garbage in the unincorporated area. In the past, residents negotiated on their own to have garbage picked up by a variety of providers.

Dudycz explains, "While everyone expects this basic service from his or her local government, our unincorporated area is uniquely a part of Cook County and not attached to a municipality where the cost for this service would be a part of a property tax bill."

Up to this point, there are more than three companies picking up garbage on different days in various parts of the Township. This causes several problems, no consistent day for garbage pickup, garbage was on the streets every day of the week, there was a rodent and pest problem that spilled over into surrounding areas, streets got three to four times more heavy truck traffic, there was no consistency of billing for residents, there was no way to identify garbage ownership on bags thrown in the street, no Recycle program or bulk pickup provision was in place.

"Our residents have endured this condition for over 10 years and there had been no apparent solution to these problems before we took these actions," Dudycz said. "After two years of working with several levels of government,

including the Illinois State Legislature, the successful referendum gave us the means to correct many of these problems by designating a single hauler."

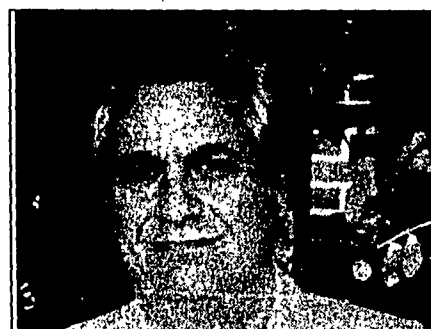
The new ordinance binds one carrier to pick up garbage for small businesses and residents in low-density housing. Dudycz notes, "This will benefit all residents because the carrier is bound by a contract which includes services, pricing and scheduling convenience that residents didn't have before. And, now everyone must use this carrier."

At the Board meeting, Dudycz thanked the citizen's committee that worked for months on bid specifications and other details to bring the matter to a successful conclusion.

Each resident will be provided with a 95-gallon garbage cart provided by ARC. The distribution should be completed by Dec. 31. Residents should use existing containers until they receive the new one. Curbside service including recycling will be billed quarterly at \$10.86 per month. In the past, some residents were paying two to three times that amount.

## Bruce Gilpin runs for Park Ridge alderman

Bruce Gilpin, a resident of Park Ridge for 12 years, announced his candidacy this week as an independent candidate for alderman of the Fifth Ward.



Gilpin is running for the city council seat currently held by Dawn Disher who was elected as a candidate of the Homeowner's Party.

"I am committed to progressive change if Park Ridge that will improve the quality of life for current residents," Gilpin said. "I want to make Park Ridge attractive for future generations."

Gilpin said his top priorities will be: expeditious redevelopment of Uptown, ensuring that the quality of life in Park Ridge continues to improve by maintaining the current invest of infrastructure improvements, working with developers and residents to make sure that future housing is consistent with the character of Park Ridge and making sure that city facilities are utilized in the most efficient ways possible before embarking on any construction projects.

## Dates of Lincoln crossing work changed

Metra has changed the start date for reconstruction work at the rail crossing to November 4 instead of the originally scheduled date of November 11.

With the new start date, completion is scheduled for November 11. Metra has stated that this date is firm, unless there is some kind of

equipment breakdown, unusual weather conditions or other emergency.

Since the crossing is going to be closed for seven to ten days, the village has starting informing residents at public meetings. As construction nears, Metra will post signage at the intersection to inform drivers of the up-coming work.

## Correction:

In a picture in last week's business section one of the three people photographed at the Niles Chamber's Grand Opening Celebration was identified incorrectly. The individuals were, from left to right, State Representative Elaine Nekritz, Costco Manager Bob Echevarria, and Niles Park District Commissioner Elaine Heinen. Heinen was incorrectly named as Nekritz. The Bugle regrets the error.

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## NEWS

## News from the Park Ridge Police

## Morton Grove Foundation now accepting beneficiary applications

The Morton Grove Foundation is now accepting applications from not-for-profit organizations and other worthy agencies or programs that support the interest of our community. These submissions will enable the Foundation to decide on allocation of proceeds from the upcoming "Taste 2005" event. Complete details and applications are available by calling Teresa Hoffman Liston, chair of the Morton Grove Foundation at (847) 470-5220. Applications are due by Oct. 15.

Since its inception, the Foundation has donated over \$250,000 to local charities, schools and needy organizations including the M-NASR, American Brain

Tumor Association, Association of Horizon, the Cradle, Parkview School, St. John Brebeuf School, Christmas in April, First Step Foundation, Glenkirk Foundation, LaRabida and Turning Point; over all more than 30 similar organizations over the past 13 years have benefited. The Morton Grove Foundation believes by helping these organizations, it can make Morton Grove and its neighbors better communities in which to live. After this year's Taste, the Foundation was able to give a combined total of more than \$40,000 to various projects.

The Foundation's next Taste event will be held on Thursday, Mar. 10, 2005 at the White Eagle Banquets and Restaurant, 6845

Milwaukee, Niles. This will be the 17th annual Taste. Each year the event is more successful, allowing the Foundation to provide more assistance to an increasing number of organizations.

The 2005 Taste will again feature food provided by the area's finest purveyors. As always, there will be music entertainment, a silent and live auction and raffles. Last year, 20 restaurants provided samplings of their most popular dishes and the Morton Grove Firefighters served up their authentic "firehouse chili." The event would not succeed without the support, participation and generosity of its many volunteers, sponsors and participating restaurants.

## D219

the Board.

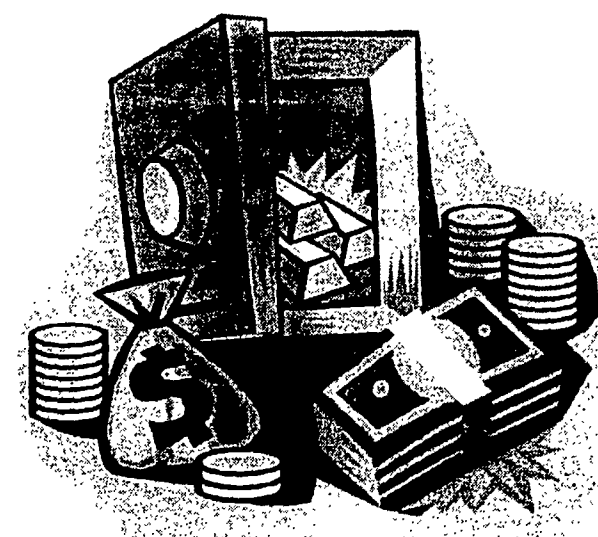
"We on the Board are thrilled that we have an agreement that will help balance the budget, and keep the District on a stable footing for the next five years. When the taxpayers passed our referen-

dum last March, we promised we would be fiscally responsible. We are all thrilled that we have been able to do that without the disruption of a strike," said Silverman.

The union had previously rejected a proposal for salary increases

(Continued from page 1)

to 4.2 percent each year over the next four years with a 4.75 increase in the proposed contracts fifth year, Silverman said. The average teacher salary would have increased from \$75,603 to \$87,000 for the life of that proposal.



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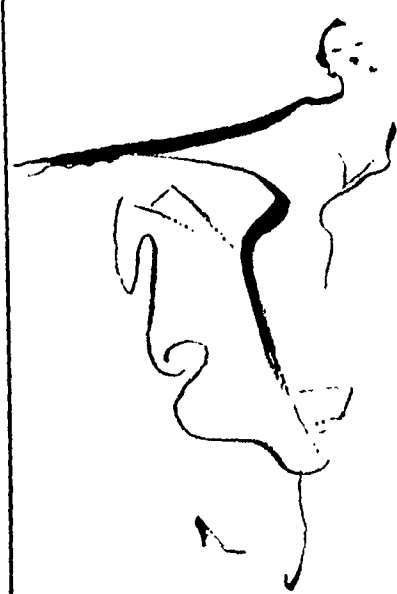
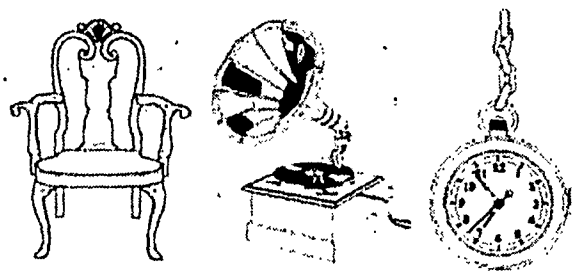
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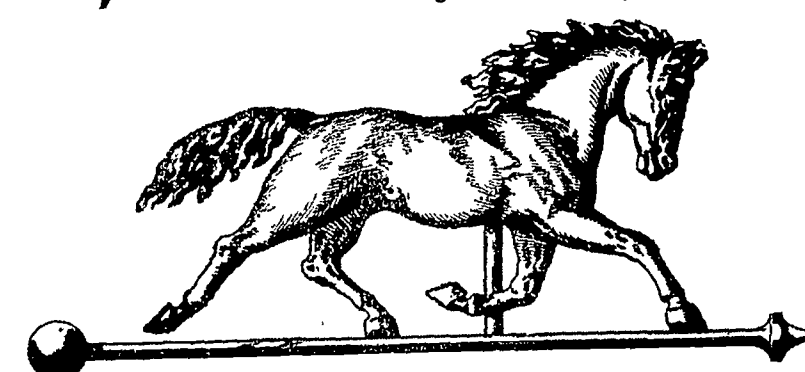
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## Antique or Junque Fowl plates are fairly valuable

BY ANNE MCCOLLAM  
Copley News Service

**Q:** I inherited six porcelain plates from my great-aunt. Enclosed is a photo of two of the plates. They all are decorated with scenes of wild birds and are in excellent condition. On the back of each plate is a green, star-shaped mark with the words "Limoges - France." There is also a red triangle mark with the words "L. K. - Limoges - France." The artist signed his name "A. Broumillan" on the front of each plate. What can you tell me about my plates?

**A:** You have a set of game plates that were used for serving wild game. They were extremely popular in the Victorian era and usually included a serving platter and sauce dish. The Coiffe Porcelain Factory in Limoges, France, used the green star mark. The red triangle was the mark of a decorating studio. Coiffe made blanks that were decorated by other French factories, decorating studios or American china

painters. Your set was made around 1900 and would probably be worth \$225 to \$275 each.

**Q:** We received a white porcelain plate for our silver anniversary. It is 11 inches in diameter. The words "Silver Anniversary" are written in gold in the center of the plate. The edge is scalloped and trimmed in gold. I have enclosed one of the two marks on the back of the plate. There is also a second mark that is a shield with a crown and the words "E. & R. - Germany - Golden Crown."

We would appreciate any information you can provide.  
**A:** Carl Schumann Porcelain Factory made your plate. They have made porcelain in Arzberg, Germany, since 1881. The "Golden Crown" mark has been used since 1955 by Ebeling and Reuss Co., American importers of European porcelain. They are located in Devon, Pa.

The value of your plate would probably be \$25 to \$50.

**Q:** I have a metal mesh purse that belonged to my mother in the

1920s. The name "Whiting & Davis Bags" is engraved on both inside pieces of the clasp. It has a 6-inch-long chain handle and is decorated with a multicolored geometric design. The overall measurement is approximately 4 inches by 9 inches.

Please tell me what you can about my purse.  
**A:** Whiting and Davis was one of the leading manufacturers of metal mesh bags in the late 1800s and early 1900s. Their enameled mesh bags were all the rage in the Roaring '20s.

Condition and quality are the deciding factors in values. Similar purses in very good condition are fetching \$75 to \$125 in antique shops.

Address your questions to Anne McCollam, P.O. Box 490, Notre Dame, IN 46556. For a personal response, include picture(s), a detailed description, a stamped, self-addressed envelope and \$15 per item (one item at a time).

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A light supper will be served.

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All other supplies  
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**Session #1 "Where Do I Begin?"** Investigating Resources  
Thursday, October 7th, 4:00 to 6:00pm  
RSVP by October 5th

**Session #2 "Beyond the Basics"** Theme Selection  
Thursday, November 11th, 4:00 to 6:00pm  
RSVP by November 9th

**Session #3 "Putting It All Together"** Implementation  
Thursday, December 2nd, 4:00 to 6:00pm  
RSVP by November 30th  
**Please RSVP at 847-647-6400**

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## THE BUGLE

## Niles Seniors

## THE MOONLIGHTERS

We are excited to announce our new group, The Moonlighters. We will offer one event each month. These events are open to Club 55/62 members and Senior Center Members. First come, first registered!

Defending the Caveman – Thursday, Oct. 14th, 5:00pm – approx. 10:00pm. \$35 Join us for our first joint event – An evening of Laughter & Fun as we travel

together to the Metropolis Performing Arts Centre in Arlington Heights to see Rob Becker's Hilarious, one-man comedy. This is the longest running solo show in Broadway history! Becker provides humorous insights on contemporary feminism & masculine sensitivity.

Before the performance, we will dine at Lou Malnati's. Dinner includes a Dinner Salad, Lou Malnati's Famous Deep Dish Pizza, Mostaccioli, and Dessert. Check-in: 4:30pm, Thurs., Oct. 14th at Senior Center. Departure:

5:00pm

A Christmas Carol at the Goodman Theatre – Sunday, November 21st. \$50

We will meet at the Senior Center at 3:30pm, leaving promptly at 4:00pm. We will return around 10:00pm. Before the performance we will dine at Tuscany on Taylor

**VOLUNTEERS NEEDED**  
**MEALS ON WHEELS DRIVERS**  
Drivers needed to deliver meals to Niles Homebound, weekdays between 11:00am – 12:30pm. Please contact Kelly at 847/588-8420

**TAX COUNSELORS NEEDED!**  
Volunteer Tax Counselors (with or without previous experience) are greatly needed to help local seniors with their Tax and Circuit Breaker preparations. Volunteers will receive free training at the Niles Senior Center in January. Tax appointments will run February, 2005 – April 14, 2005. For more information, call MaryAnn at 588-8420.

**YARN NEEDED**  
The Senior Center accepts left over yarn that is made into Lap Robes for veterans at Hines Hospital. We

also accept left over fabric and yarn for senior crafters. Volunteer knitters and crocheters are also needed. Please call us.

**NILES SENIOR CENTER  
REGISTRATION**

Niles Senior Center offers FREE membership to Niles-residents, age 62 and over and their spouses. To register for classes, trips, or purchase tickets, you must be a member of the Center. To become a member, visit the Niles Senior Center, 999 Civic Center Dr., or call 847/588-8420 and we will mail you an application.

## Park Ridge Seniors

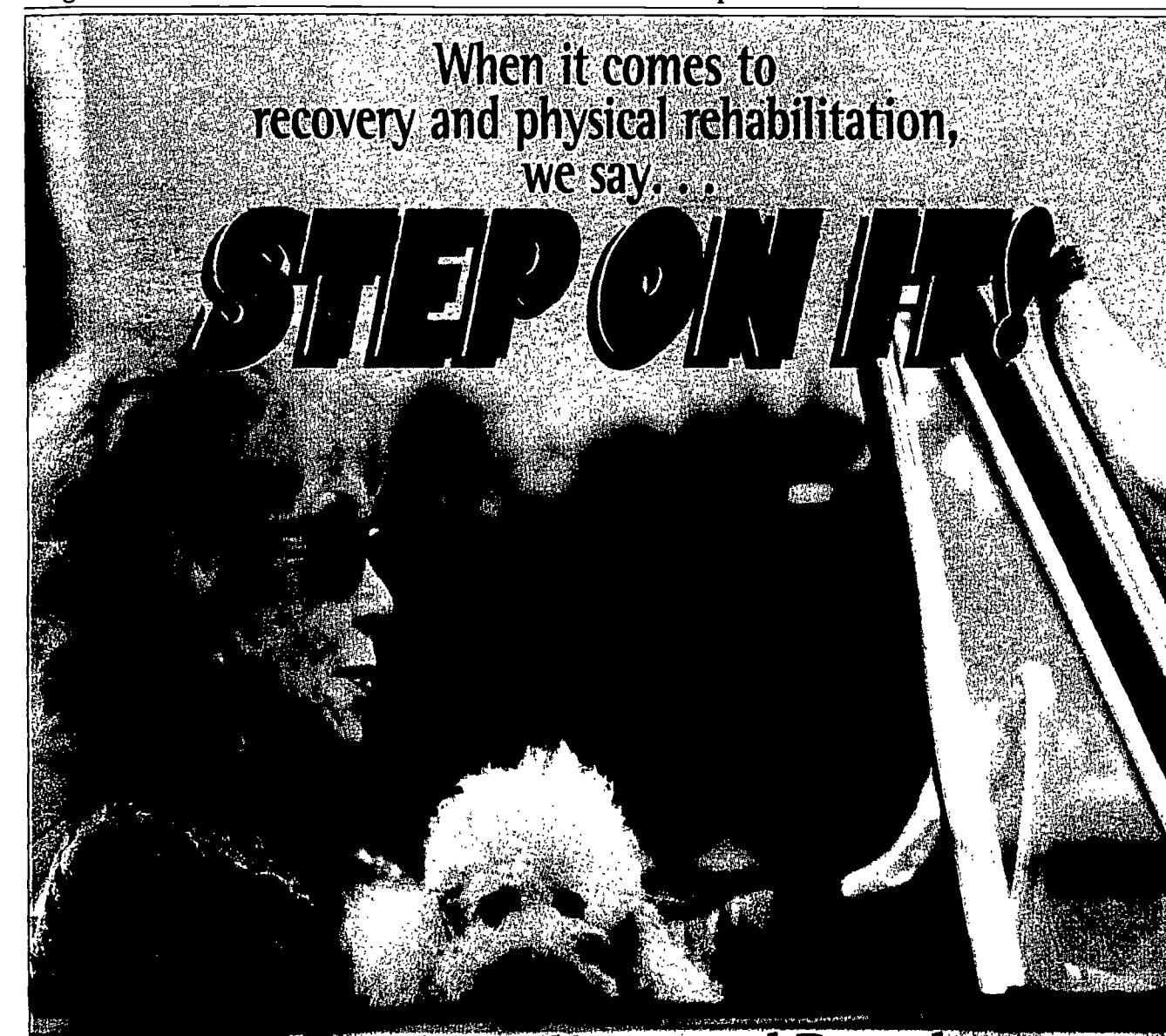
The Park Ridge Senior Center is initiating a drive to collect items to be sent to GI's in Iraq. This drive was prompted after Sgt. Matthew Kucharik (son of chorus director, Regina Kucharik) spoke to Center members about his experiences in his 14 months of duty in Iraq. When asked what we at home could do to help, he suggested sending sorely needed items.

Because of government regulations and security the list is limited to 35 specific items such as sun screen (45 plus), band-aids, aspirin, soap, writing paper, feminine products, fly swatters, playing cards and such non-perishable foods as salt & pepper, trail mix, sweetened Kool-Aid, slim jims to name a few. For more of the list stop in at 100 S. Western, or call 847-692-3597.

A collection box will be located in the lobby of the Senior Center where contributions can be placed. Ultimately, all items collected will be sent to Sgt. Kucharik's unit in Iraq.  
**THE MANY MOODS OF COLOR**

Continues...

PARK RIDGE page 16.



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BG \_\_\_\_\_



## SENIORS

## Morton Grove Seniors

**Mary's Reader Book Club**  
Love to read? Love to talk? Join "Mary's Readers" on the second Wednesday of each month at 12:30 p.m. in the Morton Grove Senior Center. The fee for meetings in October through December is only \$2.50. Please register in person at the Morton Grove Senior Center.

**COMPUTER CLASS**  
— **Getting Started With Computers**  
This four-week course is designed for those with little or no experience using computers and

will be held from 11 a.m. to 12:30 p.m. on Saturdays, Oct. 16 through Nov. 6 in the Morton Grove Senior Center. Topics include computer terminology, hardware vs. software, mouse operation, Windows navigation, keyboard introduction, computer concepts and more. This course is a great place to start. Lots of hands-on and loads of fun! The fee for this class is \$32 for Senior Center Members and \$37 for non-members. Please register at the Senior Center.

**COMPUTER CLASS — Word Processing**  
Learn to create new word docu-

ments, saving, editing, formatting, changing fonts and inserting graphics. A prerequisite is the "Getting Started With Computers" Class or equivalent. This four-week course in the Morton Grove Senior Center is from 1 to 2:30 p.m. on Saturdays from Oct. 16 through Nov. 6. The fee is \$32 for Senior Center Members and \$37 for non-members. Please register at the Senior Center.

**COMPUTER CLASS - Internet**  
Develop the tools needed to work within the Internet. A prerequisite is the "Getting Started With Computers" Class or equivalent.

This four-week course in the Morton Grove Senior Center is from 2:45 to 4:15 p.m. on Saturdays from Oct. 16 through Nov. 6. The fee is \$32 for Senior Center Members and \$37 for non-members. Please register at the Senior Center.

**"OCEAN'S ELEVEN" MOVIE**  
A rag-tag group of con artists and ex-cons team up for the heist to end all heists in this high-profile remake of the 1960 Rat Pack favorite. As with its predecessor, Ocean's Eleven opens with its titular hero Danny Ocean (George Clooney stepping into the Frank

Sinatra role) eager for a new challenge. The similarities to the original end there, as Ocean conspires with his old pal Rusty Ryan (Brad Pitt) to rob 150 millions dollars from an underground vault that serves three of Las Vegas' biggest casinos. Also starring Elliot Gould, Bernie Mac, Matt Damon, Carl Reiner, and Julia Roberts. The Morton Grove Senior Center will host the showing of this feature film at 1:30 p.m. on Monday, Oct. 18. The cost is \$.50. Popcorn and pretzels will be served. Please register in person at the Senior Center.

## Park Ridge Seniors

(Continued from page 15)

This is the theme of an 8 week art class starting October 18 to December 8. The time is 11am-2pm with time for lunch and discussion. Some experience is helpful but not necessary. These classes will cover drawing, techniques of materials, color and composition with emphasis on color and color mixing. Color creates a mood for the viewer and how you use color will give a powerful message. You are asked to bring all the supplies you have for the first session and any photos or reference material you would like to work with. Cost is only \$65.00. Class size is limited so don't delay, register early.

## FLU SHOTS

The American Lung Association is providing flu shots free to those who are on Medicare on Friday, October 22 from 9:00am to noon.

## FRIENDSHIP SQUARE

The Center is still selling bricks for the Friendship Square. Orders are now being taken for the fourth installation. You need only stop in at the Center office and fill out a form. The bricks are \$50.00 for a 4x8 brick, or \$400.00 for an 8x8.

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## SPORTS

The Running Man  
Knight runs for two touchdowns in 40-14 win

BY MIKE SANTORO  
msantoro@buglenewspapers.com

With Maine South Hawk fans enduring week two of Sean Price withdrawal, they found their team easily defeating the New Trier Trevians. The offense continued to roll under the Junior Quarterback Tyler Knight, while the defense played its usual role of brick wall to the opponents' offense. The result was a 40-14 win, putting the Hawks 6-0 for the season.

For the past few years the Hawks have prided themselves on their high powered passing game, but the running game was dominant today, even if it was the quarterback running the ball.

The second series for the Hawks was initially set up by a huge punt return by Senior Derek Walsh. Walsh took the punt at his forty yard line and after receiving good blocking and breaking a few tackles ran for a thirty yard return to put the Hawks on the thirty and in perfect scoring position.

With first down at the seventeen Knight looked to throw a quick

wide receiver screen, but the New Trier defense had sniffed on the play and Knight had no choice but to tuck the ball and head for the end zone.

Aided by some huge blocks,



The Maine South marching band strikes up the Hawk fight song before the beginning of their game against New Trier Saturday afternoon October 2.

Knight was able to scamper the 17 yards to the endzone and give the Hawks their first score.

"We had a play called and one of their defensive backs move out," Knight said. "I just didn't see

anything else so I took off. That touchdown goes to the offensive line and the receivers. They all block great."

Knight enjoyed running in for the first score, he decided to do it again. On the first play of the second quarter Knight rolled left and began to head upfield. Hit initially, he spun out of the hit and cut two more tackles before racing down the sideline. From there he was in a footrace Defensive Tackle Chris Meade, but even a diving leap from Meade couldn't bring Knight down. The 73 yard touchdown run put the Hawks up 12-0.

Knight then went to the air, scoring on a 48 yard receiver screen to Jake Bachmeier and seven yard pass to Levis Borsellino.

"I'm getting used to being out there," Knight said. "There's still stuff that I have to keep working on, but I'm definitely feeling more comfortable."

While the Hawk offense continues...  
KNIGHTS page 18.



Maine South's Andy Cupp #22 heads for a first down in the opening minutes of their game against New Trier Saturday afternoon October 2.

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TEAM STANDING W L

Team 2	11	3
Team 17	11	3
Team 5	11	3
Team 6	11	3
Team 18	10	4
Team 3	10	4
Team 20	8	6
Dr. Helle	8	6
Team 14	7.5	6.5
Team 4	7	7
Team 11	7	7
Team 10	7	7
Team 16	7	7
Seasons Hospice	6.5	7.5
Team 13	5	9
Team 7	5	9
Team 19	4.5	9.5
Team 9	4	10
Team 12	4	10
Team 15	2.5	11.5

Dan Stojek	646
Joe Spierza	610
Joel Davaro	573
Edwin Gluck	550
Jim Drexler	545
Ron Butto	540

CATHOLIC WOMEN'S BOWLING LEAGUE  
Bowled Wednesday, September 29, 2004

	Points Won	Points Lost
Bielinski and Bono Dental	17	4
NorthSide Community Bank	17	4
Classic Bowl	16	5
Niles Dairy Queen	7	14
Candlelight Jewelers	4	17
Skaja Terrace Funeral Home	2	19

## High Series/High Games

Millie Kroll	463/175
Gertie Schultz	182
Angie Strazante	173
Remy Huszar	172
Kay Pecoraro	160

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## SPORTS

## Notre Dame High School Hockey

The Notre Dame High School Ice Dons of Niles, Illinois are ready to start the 2004-2005 Hockey season with their home opener on Thursday night, October 7, against the Libertyville / Vernon Hills Wildcats at IceLand in Niles at 8:15 PM. The Junior Varsity Ice Dons home opener is Tuesday night, October 5, against Fremd at IceLand in Niles at 8:20 PM.

This year's Ice Dons coaching staff consists of returning coaches Alex Berger and Chris Luke. They are joined by coach Joe Townsend. The Ice Dons come off of an exciting last season where they made it to the semi-finals of the Metro Hockey League Founders Cup playoffs where they lost to St. Viator in overtime. The Ice Dons continue to play

in the Metro Central Hockey League, which has gone through realignment this season. Besides playing the established local rivals of Maine South, Niles and Maine West some new teams have been added to the schedule. A full Varsity and Junior Varsity team has been fielded.

With much upcoming talent, the Varsity Ice Dons should not feel the effects of losing five graduated seniors. Returning to the varsity ranks are hardened varsity veterans Joe Jaroscak, Jim Jennings, Dan Kusek, Dan Linsner, Brett Moser, Joe Napoli, Joe Ramones, Rick Shanas and Ben VonAulock. Joining the varsity from the JV ranks are Joel Antol, Kyle Buchman, Devin Hapanovich, Steven Stasinos and Mike Tuohy. New to the varsity

team are David Estey and Alan Jennings. Veteran goaltenders Pat Taylor and Andrew Murphy are also making a return and will share net duties during the grueling 31 game season.

The Junior varsity ranks see the return of last year's David Mueller, Matt Orchard and Jeff Ramirez. These JV veterans are sure to be seeing some varsity time this season. Andrew Murphy will continue in his spot in JV goal along with his Varsity duties. Joining the JV Ice Dons are up and comers Garrett Decwikiel, Tom Durand, Michael Giangrande, Mac Guerin, Joe Indurante, Brian Kearney, Joe Pentimone, Alec Rumbaut, Dean Stratigakis, Kyle Zanon and Nick Zullo.

## Kinghts

ues march the ball down the field at will, the Hawk defense grinds opponent's attempts to a stop.

In the last three games the first team defense has given up just one score. In this win, the Hawks held the Trevian offense to less than 100 yards in the first half. They forced nine punts and recovered a fumble.

"The first half defense was outstanding," Hawk head coach Dave Insera said. "(New Trier running back Matt) Kelly is a two time all conference running back. Our defense executed. It was a good day defensively."

This Saturday the Hawks welcome Niles West for

(Continued from page 17)

Homecoming. With a district 219 strike looming there was concern that the game wouldn't be played. With a tentative resolution it looks like the game will go on.

"We'll be ready for them," Insera smiled. "You can't have a homecoming without a football game."

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## EVENTS CALENDAR

## GOVERNMENT

Thursday, October 7th  
7:30pm Park Ridge Park Board meeting  
Monday, October 11th  
7pm Morton Grove Board meeting

## COMMUNITY

Monday, October 11th

3rd Annual Niles Senior Center Pet Parade at 1:00pm. The parade route will circle the perimeter of room 127, for safety of all our contestants, please do not stray outside the designated lines. Pets that have difficulty walking on linoleum will be given the option of walking on carpeted surface in the center of the room. Each participant will receive a goody bag of pet treats.

Pets will be judged in a number of categories including Best Costume, Pet/Owner Look-a-Like, Crowd Favorite, Funniest, Scariest, Best Trick, Best of Show and More. For more information call (847) 588-8420.

Saturday, October 16th - 31st  
Searching for that perfect pumpkin? Look no further! Visit the First Annual Youth Pumpkin Patch at Park Ridge Community Church (PRCC).

More than 2,000 pumpkins of all shapes and other seasonal items, such as Indian corn, gourds, wee-be-littles and spookiest, will be on display and available for sale beginning, Saturday, October 16th through October 31st. The youth pumpkin patch — which will be open from 3:00pm to 7:00 p, on weekdays and 10:00 am to 7:00 pm on weekends — will be located on the church lawn at Prospect and Butler. For more information please contact the church at (847) 823-3164.

Thursday, October 14th  
Morton Grove Woman's Club will hold their next meeting at the Evanston Golf Club. Terrace Room at 12 noon. Cost of luncheon is \$17.50. President, Louise Starzynski will conduct a short business meeting followed by a program presented by vocalist Richard Gersten "A Tenors Art".

Recently the Club Donated \$500.00 to a Morton Grove student to continue her college education at Oakton Community College. This is the fifteenth consecutive year this has been done.

Thursday, October 21st

Take a step in the right direction! Foot Lecture—  
• Stretching to stay active and avoid injuries  
• Non surgical treatment of heel pain, heel spurs  
• Treatment for pinched nerves caused by ill fitting shoes  
• Correction of hammertoe deformities  
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## Chef Harry presents

## Good memories grow from apple harvest time

BY HARRY SCHWARTZ  
Copley News Service

One reason we love our new home is the big, old apple tree in the back yard. It is not only a beautiful tree, but the apples growing on it are as sweet as candy. I couldn't wait to harvest them.

A trip to the grocery store at this time of year will show that there are as many apple varieties as there are apples on our tree - and that's a lot. All varieties are great to experiment with in most recipes. All of them are loaded with vitamins C and A. All are fresh, crisp and being picked right now.

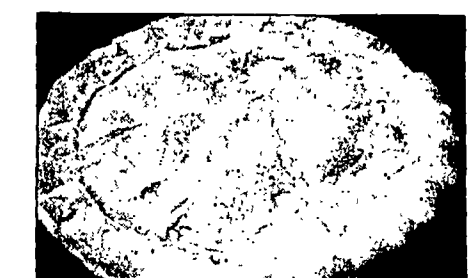
Look for hard apples with smooth skins. Store them in a cool, dark, dry place.

Ugly apples, while unpleasant to look at, make great applesauce. I will never forget how my mom used to peel, core, chop and simmer apples with cinnamon candies until the apples were soft. After running them through a food mill, we had cinnamon applesauce with the most awesome color and flavor.

So remember, fall is apple time, a great time to create apple recipes that will become memories to last a lifetime.

## CARAMEL-APPLE WAFFLES

1 (4-ounce) butter stick  
2 cups brown sugar  
2 tablespoon heavy cream



Juice from 2 lemons  
1/2 teaspoon cinnamon  
3 cups tart apples, cored and sliced  
8 hot Belgian waffles or toaster waffles  
Yields 8 servings.

In 2-quart heavy saucepan, melt butter with brown sugar and cream over medium-high heat. When it begins to bubble, adjust heat to maintain a slow simmer. Add lemon juice, cinnamon and apples to pan and simmer gently until apples are tender, about 10 minutes. Spoon sauce over hot waffles.

APPLE-CRANBERRY SALSA  
2 tablespoons vegetable oil  
1 jalapeno pepper, seeded and chopped  
2 mild green (Anaheim) peppers  
1 bunch scallions, trimmed and

chopped  
2 tomatoes, peeled and chopped  
1 cup dried cranberries  
Juice from 4 limes  
1 tablespoon sugar  
3 apples (1 tart, 1 sweet, 1 in between), cored and minced  
Yields about 4 cups of salsa.

Heat oil in heavy, nonstick saute pan over medium-high heat. Saute peppers, scallions and tomatoes until edges begin to toast. Add cranberries and cook, 2 minutes. Remove pan from heat to cool.

In mixing bowl, stir together lime juice and sugar; toss apples with sugared lime juice. Scrape contents from cooled saute pan into bowl with apples and toss until well mixed.

Serve cold or at room temperature with chips as an appetizer, or over grilled shrimp, fowl, pork or beef. Harry Schwartz is author of "Star Grazing," companion cookbook to his public television series. Visit his Web site at www.chefharry.com or send questions and comments to him at Copley News Service, P.O. Box 120190, San Diego, CA 92112.

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## DISCOVERY

## Strokes and their effects

A stroke occurs when the brain's blood supply is interrupted and lack of oxygen begins to damage brain cells; a severe stroke can be fatal.

## Most common stroke types

PLAQUE BLOOD CLOT



**Transient ischemic attack (TIA):** Plaque or clot temporarily blocks artery; symptoms usually last a few minutes

**Thrombo-embolic stroke:** Plaque or blood clot completely blocks artery; brain loses function as cells begin to die

**Cerebral hemorrhage:** Blood vessel bursts; bleeding damages cells; specific region of brain can't function normally

**Subarachnoid hemorrhage:** Artery leaks into space on brain surface; pressure on brain can destroy cells

**Stroke Stats**

■ Annual U.S. deaths: 164,500

■ 2.4 million U.S. women are stroke survivors

■ 61% of victims are women; 39% are men

**Stroke Outcomes\***

Cannot use, understand words


Impaired vision

Chewing, swallowing problems

Percent of total stroke victims

Copley News Service / Pete Chenard

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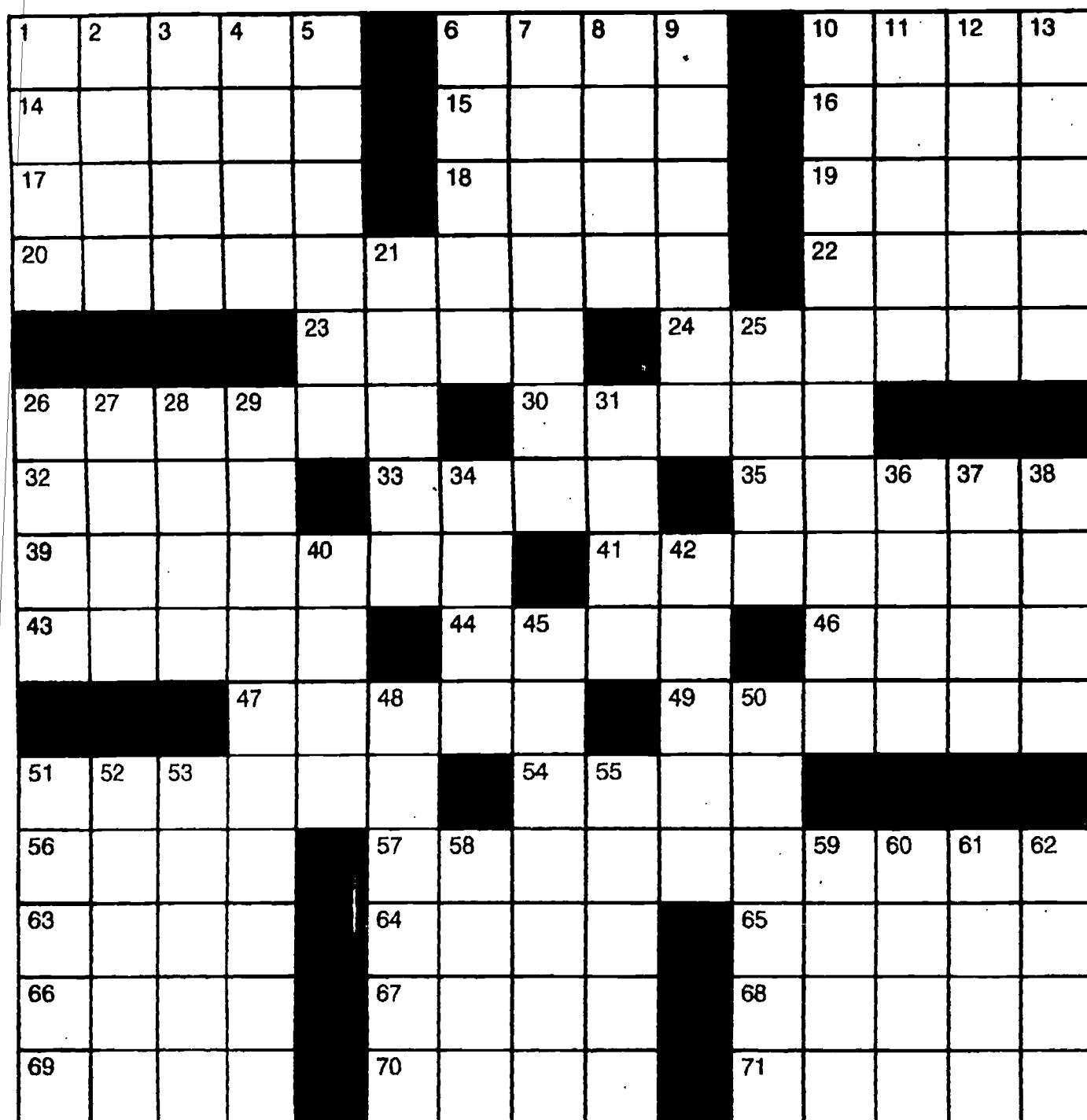
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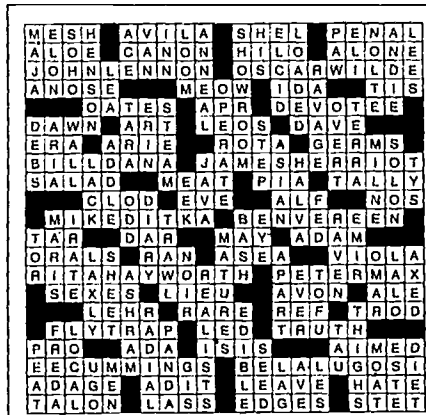


ACROSS

- 1 Sylvan deity
- 6 Squabble
- 10 Bruce Lee forte
- 14 Concur
- 15 The "Rape of the Lock" author
- 16 Done with
- 17 Commandment word
- 18 Undone
- 19 Musical Horne
- 20 Tavern enticements
- 22 Ultimate
- 23 Lose effectiveness
- 24 Champs, in Paris
- 26 Water chutes
- 30 Abacus, often
- 32 Learning method
- 33 Aaron Spelling's daughter
- 35 Main artery
- 39 Bestowed
- 41 Less smooth
- 43 Type of jacket
- 44 Inning enders
- 46 Fencing piece
- 47 Pine
- 49 Tatters
- 51 Moves slowly
- 54 Chills and fever
- 56 Audio system
- 57 Upbeat icon
- 63 Eager
- 64 Verdi masterpiece
- 65 Anguish
- 66 Pol base
- 67 Cooled down
- 68 Forum
- 69 Did in a dragon
- 70 Put on cargo
- 71 Affirmative responses

DOWN

- 1 Bathrobe tie
- 2 Eastern potentate
- 3 Entangle
- 4 Cry of discomfort
- 5 Edit follow-up
- 6 Thread bearer
- 7 Well-known
- 8 Copycat
- 9 Prepared to spring
- 10 Pirate pennant
- 11 Iris parts
- 12 Not too bright
- 13 Mount the soap box
- 21 Waste cause
- 25 Vanguard
- 26 Ollie's pal
- 27 Rob, in "Wayne's World"
- 28 Jazz home
- 29 Lehar waltzer
- 31 Poor descriptive
- 34 Nose alert
- 36 Mature
- 37 off-irked
- 38 Greek war god
- 40 Hamilton-Burr contest
- 42 Put forth
- 45 Solo
- 48 Strike at
- 50 Time of greatest prosperity
- 51 Chews the fat
- 52 Equal
- 53 Blazing
- 55 Forest clearing
- 58 Isinglass
- 59 Links warning
- 60 Brewed beverages
- 61 Dunce cap shape
- 62 Periods



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COPLEY NEWS SERVICE By Charles Preston

Fitness Forum

Tracing the 'brick's' roots harder than the workout

BY DON NORCROSS  
Copley News Service

It's one of the most common terms in triathlon: brick workout. It's also one of the least understood. Says Jim McCann, president of the 1,108-member Triathlon Club of San Diego: "Most beginners, they don't know what it is." A brick workout is any training session that combines running immediately after cycling. Cycling after a swim also qualifies. But because running after cycling is the most physically taxing aspect of the sport, the bike-run workout is the most common brick.

Roch Frey, one of the sport's most respected coaches, doesn't even like the term "brick."

"It's as if you have this special term that's a very rare, hard workout," said Frey, a founding partner of multisports.com, which

designs training programs for athletes.

"Our philosophy in triathlon is swim, bike, run. Any time you have a chance to bike after a swim or run after a bike, you should do it. It shouldn't be a big deal."

The multisports.com coaches, including Paula Newby-Fraser and Paul Huddle, prefer the term "transition" run.

There's some debate about how the term "brick" originated. Some say it's because your legs feel like bricks when you run after cycling. There's another theory that in order to avoid hitting the proverbial "wall" on the run, you must challenge yourself with the workouts, thereby removing a "brick" from the wall.

But multiple sources say the term was coined in the late 1980s by former triathlete Scott Zagarino. By riding then running, Zagarino theorized you were cementing another "brick" in your training foundation.

Bob Babbitt, co-publisher of

Competitor Magazine and a triathlon historian, said that years before the term "brick" was originated there was an Ironman triathlete who practiced the bike-run sequence.

A teacher with a wife and kids in the 1980s, Klaus Barth maximized time management by combining long bike rides and runs. The amateur finished eighth at Ironman Hawaii in 1985.

Rather than continue tradition and give Barth No. 8 the next year, organizers gave him No. 48. Their reasoning: pros like Mark Allen and Dave Scott didn't race in '85, so Barth didn't deserve the number.

How did Barth fair at the '86 race?

He placed fourth behind pros Scott, Allen and Scott Tinley, who among them would combine for 14 Ironman Hawaii victories. Which proved one thing: bricks rock.

Visit Copley News Service at [www.copleynews.com](http://www.copleynews.com).



THE BUGLE

Building confidence in your retirement future

BY CYNTHIA EGAN  
For News USA

(NUI) - In the next 10 years, the first wave of America's 76 million baby boomers will be retiring. Since today's retirees are generally healthier and more active than their parents, they are looking forward to living longer and spending more time playing with grandchildren, pursuing hobbies or even trying new careers.

Investors enter retirement with more confidence if they have a thoughtful retirement strategy. Planning ahead helps those nearing retirement prepare for when company paychecks stop coming and the goal of accumulating assets gives way to generating income from those assets for retirement expenses.

While planning for and managing income in retirement may not sound like fun, it is the most effective way to be confident in your future. Consider the following.

\* Calculate how long retirement will last. Since retirement doesn't have a preset time limit, this first step can be particularly challenging. Many of our customers are surprised to learn that they are likely to live in retirement just as long as they worked. A 65-year-old couple retiring today, for example, should plan to have enough money to last at least 20 or 30 more years, according to a 2003 Fidelity study. When determining how long your money will need to last, realistically estimate the expenses that are likely in your own retirement and consider that you may live longer than you think - possibly into your 90s.

\* Preserve and grow assets. Fear of a down market can cause some retirees to be too cautious, so they sell virtually all of their stock holdings. While they should protect their assets, retirees should recognize that they may also benefit from growth that can come from investing in the markets. In fact, long-term success may lie in a portfolio that includes an appropriate mix of stocks, bonds and cash. The key is to find an asset mix that is age-appropriate and generates enough income to help offset withdrawal requirements and the effects of inflation over time.

\* Simplify to stay on track. Pre-retirees expect to manage an average of nine sources of income, including Social Security, multiple

401(k)s, annuities and personal savings, according to a 2004 Fidelity study. These assets are often held in multiple accounts at different financial institutions, making it difficult to develop and maintain a comprehensive investing strategy. For example, mutual funds from different firms may hold similar investments, potentially increasing risk to your portfolio through greater exposure to volatile markets or sectors.

To prevent this from happening, anyone five to seven years from retirement may want to consider consolidating various 401(k)s and other retirement accounts in one place, or finding a tool that easily provides a look at your entire financial picture in a single view.

Creating a thoughtful retirement strategy involves sharp focus and detailed calculations, and can force couples approaching retirement to face difficult considerations for the first time. Luckily, there are many resources available to help investors prepare their retirement strategy. Planning for the future is the key, however, and helps build financial confidence so that you can enjoy the retirement you have worked so hard to achieve.

Diners revel in Kappy's 'Italian Feast'

What does a busy chef do on his day off? He goes to his mother's for a home cooked meal. George Alpagianis and about 15 or 20 sisters, brothers, aunts, uncles, cousins, grandparents and children all converge on his mother's home on Sunday nights for a much deserved feast. Alpagianis is the head chef, along with his brother Manolis, at Kappy's restaurant in Morton Grove, owned by their father Gus and two partners since 1978. Five years ago, while George was Executive chef at the Rosebud Restaurant on Taylor Street in Chicago, Gus bought out his two partners and hired his sons to take over the restaurant. It's been a family affair ever since.

"I worked for so many great people," said Alpagianis. "I worked at a half dozen great restaurants in Chicago. I just love to cook." Coming straight from the Rosebud, Alpagianis brought with him some culinary talents in Italian Cuisine that he now treats his own patrons to every Monday evening. It's called the Italian Feast and features three all you can eat Navy Pier and Grant Park, the Buckingham Café and Nino Panini Sandwich Shops are all part of the family's TAG Restaurants.

Kappy's is just one of a number of restaurants that the Alpagianis family owns in and around Chicago. The America's Dogs stands and Camelli's Deli's at places like Navy Pier and Grant Park, the Buckingham Café and Nino Panini Sandwich Shops are all part of the family's TAG Restaurants. Kappy's menu covers everything from pancakes, French Crepes, Belgian Waffles to the All American Cheeseburger.

What Alpagianis means by that is that Kappy's Restaurant and Pancake House is thought of as a family restaurant with fairly continental cuisine. Tapped as one of the top ten places for breakfast in Chicagoland by the Chicago Tribune, Alpagianis and his brother have introduced a variety of entrees for every palate since they took over the kitchen. And they've learned the value of expert opinions. Whenever they change the children's menu, George's three children, Evangeline, 9, Costa, 7, and 5 year old Kiki, do the taste tests. "We had ten or fifteen kinds of chicken tenders and my kids all liked this one kind, so we added it to the menu," said Alpagianis. "85 percent of the food we use here is fresh. We use only a small amount of canned or frozen food. So many places use pre packaged stock for sauces, but we just don't do that."

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# REAL ESTATE

THE BUGLE

Thursday October 7, 2004

## Spruce up your home with fall container gardening



BY JOE SHERINSKI  
For News USA

(NUI) - Are your poppies or petunias looking a little peaked? It might be time to add some fall blossoms to your garden. Summer's end doesn't have to mean the end of the gardening season. Fall is one of the best times to plant and repot existing plants.

Whether you're gardening in small spaces, adding accents or changing your landscape entirely, you can put together great arrangements with container gardening.

And, the selection for your fall displays is abundant with the vibrant autumn blossoms of pansies, violas and chrysanthemums, a few of the flowers adapted to cooler weather.

Design your containers for the autumn months by choosing warm colors like oranges, rusts and reds. Asters, flowering kale and brilliant red plumbago are great choices.

For height around walkways, choose plants like sedum "autumn joy" and Japanese anemone.

Adding a little greenery is easy with ivy or asparagus fern.

Bring the autumn splendor indoors with herbs like parsley, chives and golden sage that can be used in the kitchen as part of

your Thanksgiving feast.

For great foliage and flowers on decks and in window boxes, try goldenrod, pansies or violas.

When you're through planting, you can start repotting. You know your existing plants require repotting if roots are growing out of drainage holes, bottom leaves turn yellow or drop off, or the soil becomes faded. If you forgot to repot in the spring, repotting in the fall provides optimal plant growth and freshens soil.

Here are some tips on repotting and preparing plants for fall:

- \* Bring existing outdoor plants indoors once the temperature begins dipping below 50 F in the evening. Be sure to repot to get rid of bugs.

- \* To repot, select a container with drain holes that is one size larger than the original pot.

- \* Fill one-third of the new pot with premium potting soil, like Miracle-Gro Moisture Control Potting Mix, which holds 33 per-

cent more water than ordinary potting soil, then releases it automatically to the plant's roots as needed. This protects your plants against the stress of too much or too little water. This potting mix also contains just the right amount of Miracle-Gro Plant Food to get plants off to a great start.

- \* Tip the old pot over and remove the plant with your hand. If the roots are tightly wound, gently slice the sides of the root ball in two or three places with a trowel. Insert the plant into the new pot, filling with more potting mix and pressing lightly. There should be about an inch of space between the top of the potting mix and the lip of the pot.

- \* Water thoroughly and allow to drain.

That's it! Your fall container garden is ready. With these quick and easy tips, your landscape, indoors and out, will look its finest this season.

## Create peaceful household living

(NUI) - At the end of a long day, most people want a little peace, quiet and relaxation. They want a home free of potential annoyances like ringing phones, power tools and noisy family members.

Regardless of gender, everyone has unique likes and dislikes, and what may sound like a concerto to one could be nails on a chalkboard to another.

In a recent poll conducted by Jeld-Wen Inc., men and women were surveyed about the most annoying noises made by housemates of the opposite sex. Nagging, slamming of objects and other emotional outbursts were the most offensive female noises, said an overwhelming number of men surveyed.

However, men irritate women in a different way. Of the women surveyed, 60 percent agreed that the gastrointestinal noises emitted by men topped their list of annoying sounds.

However, men and women found common ground on intolerable noises like car alarms, yelping little dogs and whiny children.

While it's not possible to completely eliminate these annoying noises, men and women can take steps to create a more tranquil home. By making a few minor improvements, homeowners of both sexes can significantly reduce these auditory privacy invasions.

- \* Inspect interior doors. You can

Continues...

CREATE PEACE page 24.

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## How to make your home more comfortable

(NUI) - Today's technology makes homes more comfortable than ever. They have automatic lighting, energy efficient appliances and huge, comfortable furniture.

But one area seems to be overlooked in many homes: air conditioning and heating. A typical home doesn't have just one water faucet or one light switch. So, why does the typical home only have one thermostat?

As you probably know, it's almost impossible to keep every room in the house at a comfortable temperature. Expansive windows to the south soak up the sun's heat, while harsh winds cool the north side of the house. Heat rises up the stairs leaving the main floor and filling upstairs rooms. And the cool air settles to the lowest floor. This typical situation results in rooms that are too hot or too cold.

Many of today's most popular home design features make an evenly distributed temperature almost impossible. And the situa-

tion is further aggravated when a home's heating and cooling system is controlled by a single thermostat. That thermostat primarily affects only the room in which it is located, and the temperature it senses is not representative of the whole house.

One way to solve this problem is to zone its heating and cooling system. Zone control systems, such as Aprilaire's Zoned Comfort Control System, use automatic dampers and multiple thermostats that control the temperature in separate areas of the house.

Here are a few conditions that necessitate zoning in a home:

- \* More than one level.
- \* A room or rooms with expansive glass areas.
- \* Large open areas such as vaulted ceilings, an atrium or a solarium.
- \* A layout that rambles in many directions.
- \* An extra room off the back or over the garage.
- \* Furnished rooms in the basement or attic.
- \* Concrete slab floor.

THE BUGLE

Thursday October 7, 2004

23

## Make your home office energy efficient

(NUI) - For the growing number of Americans working from home - some 18 million home-based business owners and 28 million telecommuters, plus many job seekers - higher energy bills for combined home offices and residences are a fact of life.

Higher electricity bills for office equipment and lighting are an inevitable cost of doing business from home. Trips to the kitchen and other rooms also gobble electricity, especially when lights, appliances and electronics are left on after being used. Keeping home office energy bills from eating up the profits is particularly tough as the United States faces tight supplies and higher prices for natural gas.

But tips from the Alliance to Save Energy (www.ase.org) allow home-based entrepreneurs, telecommuters and job seekers to reduce energy costs, stay comfortable and "take care of business".

- \* Don't let profits go out the window or door. Why waste your heating and air conditioning dollars? Plug energy "leaks" by weatherstripping between moving parts such as doors and their frames, caulking between nonmoving parts such as window frames and walls, and insulating properly throughout the house.

- \* You're the boss - manage your office equipment. Activate "sleep" features on computers, copiers and other machines that power down when not in use. Turn off equipment between uses to cut energy costs and improve longevity.

- \* Light up your office efficiently. Higher electricity use is inevitable with a home office. Save money with compact fluorescent light bulbs and task lighting that burn cooler and use up to 75 percent less energy than standard bulbs. Avoid halogen torchiere lamps. Though inexpensive to purchase, they increase electric bills and the bulbs burn very hot and can cause fires.

- \* Be an "Energy Star." To cut related energy expenses by up to 30 percent, choose Energy Star-labeled office equipment, lighting, electronics and room air conditioners. Energy Star is the government's symbol for energy efficiency. See <http://www.energy.star.gov> for details.

- \* Treat your heating and cooling system as office equipment. While working, close off air vents in unoccupied rooms. Clean or replace air filters once a month, and give the heating/cooling system an annual professional "tuneup."
- \* Refinancing your mortgage? Include funds to build or equip an energy-efficient home office. The interest is tax deductible.

## REAL ESTATE



## Bathrooms Built For Two

BY BARBARA SCHMIDT  
For News USA

(NUI) - Most of us can imagine our own glorious bathroom if space and cost were no object. We'd have our own private sanctuary where we could escape.

In reality, however, many of us have a small bathroom that we share with a spouse or other family members. Nothing shatters the dream of respite faster than toothpaste globs at the bottom of the sink, crusty medicine cabinets and collections of scummy shampoo bottles.

Creating a comfortable, functional bath that accommodates two isn't as difficult as you might think. Here are some tips for designing or remodeling your shared bathroom space to make it work for both of you:

- \* Double up. Installing two sinks is a simple way to keep the peace, allowing you to brush your teeth while your partner shaves. For added comfort, install the sinks at different elevations to accommodate your individual heights.

- \* Adjust the fixtures. If installing two sinks is not an option, make sure the height of the fixtures is comfortable for both of you. Many

manufacturers now make sinks and toilets in various heights to meet the needs of different users. American Standard, for example, offers many sinks in their exclusive Right Height design. The sinks are a little taller, so bending over to brush your teeth or wash your face is more comfortable.

- \* Enhance the shower. Add a second showerhead opposite the original to transform a simple shower into a spa experience. A second showerhead adds more rejuvenating steam and can keep you both warm in a shared shower.

- \* Add some luxuries to make sharing easier and more comfortable. Install a whirlpool tub that's big enough for both of you to enjoy, alone or together. Add a built-in stereo with auto settings for both and separate CDs from your own private collections. Install a television with picture-in-picture so you can both keep an eye on your favorite programs while getting ready for the day.

- \* If space permits, include separate areas for privacy in a shared bath. Separate rooms for the toilet or bidet provide privacy while allowing both to use the bathroom at the same time. Add a private steam room or sauna for absolute privacy and relaxation.

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## Create peace

shut out the noise of a television, laundry room or a teen-ager with a solid-core door. They offer a greater sound transmission control rating than thin, lightweight hollow-core doors commonly built into many homes. Window and door manufacturer Jeld-Wen offers ProCore The Quiet Door, an interior door that is 50 percent quieter than a hollow-core door and is available in a wide variety of sizes and styles.

\* Find ways for your house to

absorb sound. Bare walls and hardwood floors magnify sounds. Consider decorating with insulated draperies and plush carpeting to absorb sound, thereby keeping those irritating distractions at bay. For those who do not want to give up their beautiful hardwood floors, try using decorative rugs in high-traffic areas to help absorb the sound of people walking.

\* Stop slamming things. In the kitchen, using rubber mats as drawer and cupboard linings and

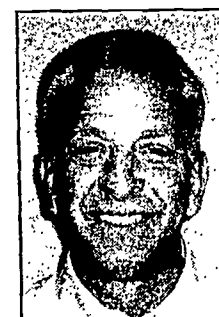
(Continued from page 22)

placing padded stickers inside cabinet doors where wood meets wood will help eliminate those disturbances and alleviate the temptation to slam. Something as simple as a small piece of weather stripping on a doorstop can also help to deaden the noise of a door closed too hard.

While human behavior can be altered to a certain degree, these home improvement tips can even help those people who do not change.

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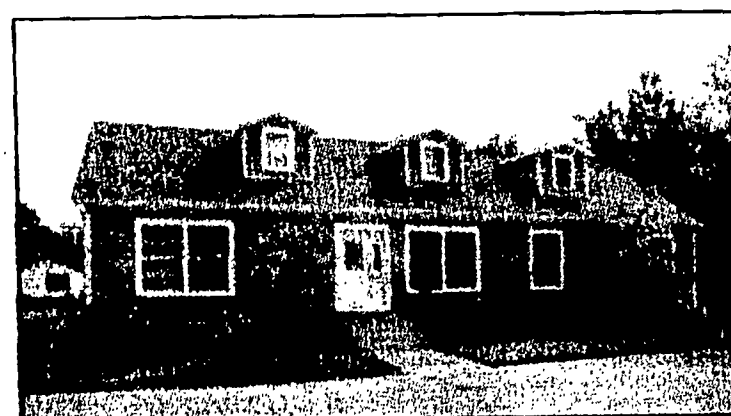


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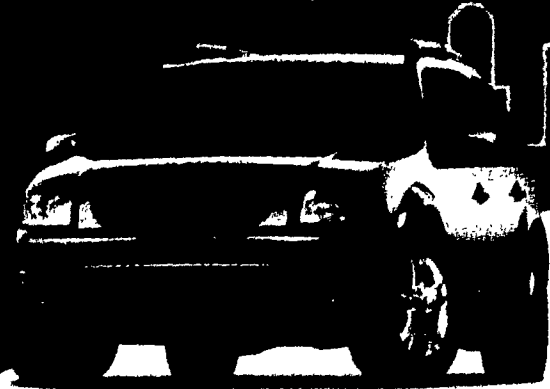
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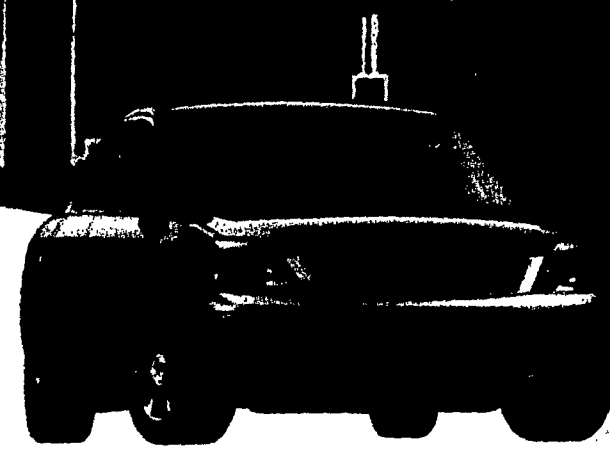
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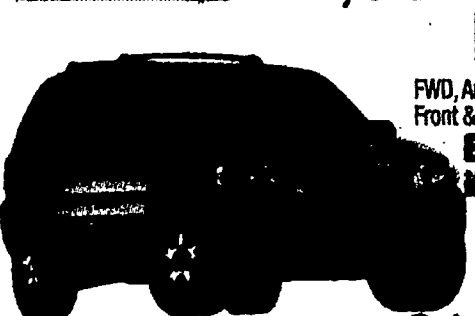
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