

Dons take out the big bats to defeat Vikings, pg. 18

Health and Fitness Guide Fitness



All you want to know about Vitamin E, pg. 4

HE BUGLE

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Caucus Party Sweeps Morton Grove



From left, Rick Krier, Vip Shah, Joe Hedrick and Les Brownstein join hands at El Sol Restaurant after the Caucus victory over the Action Party in Tuesday's election. For full coverage, turn to page 10.

Blase slate takes another clean victory over challengers page 11

Frimark defeats Tinaglia in Park Ridge mayoral contest page 12

Additional coverage of local races will follow in next week's paper

Two different elevators are options for Niles Police Station

Final recommendation for elevator is set for April board meeting

BY ANDREW SCHNEIDER editor@buglenewspapers.com

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pril 7, 2005

Officials for the village of Niles are considering either a traditional hydraulic and a newer electric elevator for the exterior of the new Niles Police Station at Touhy and Milwaukee.

The Police Station's accessible ramp, which was completed with the building in mid-late 2004, came under scrutiny after a special report from The Bugle raised questions that it may have been constructed improperly. Those concerns were subsequently confirmed by an independent architectural firm.

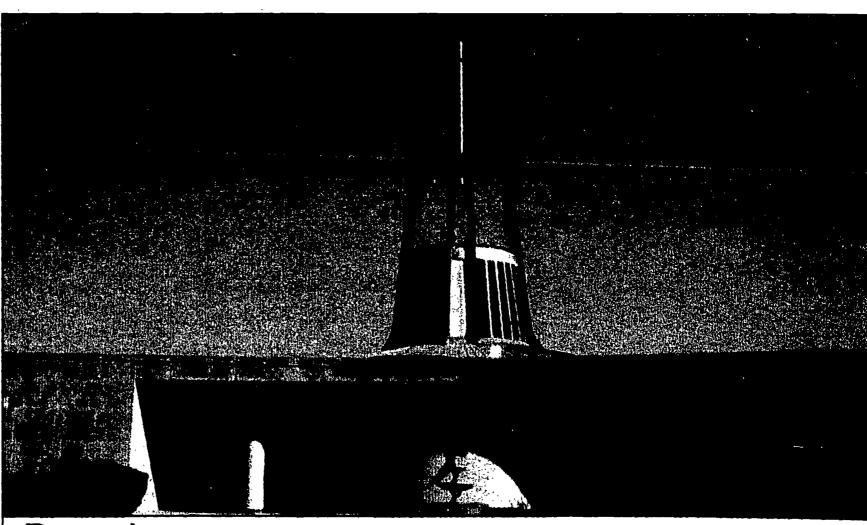
Legal violations in the ramp were repaired earlier this year, but

Niles Mayor Nick Blase said last year that he believed an elevator was necessary in order to ensure that the building was both in compliance and accessible to those with disabilities.

According to Chuck Ostman, of Community director Development for the village of Niles, Wight and Company, an architectural firm, has completed its first report on a possible hydraulic elevator. He has concerns, however, that the proposed exterior elevator might be subject to maintenance problems and has asked Wight to examine the possibility of using an electric elevator in this instance.

Continues...

POLICE ELEVATOR page 7.



Papal egacy

The entrance to St. John Brebeuf Church in Niles is shrouded in black Monday after the death of Pope John Paul II. One of the priests at the parish reminisces about the Pope on pages 16 and 17.

THE PARTICULAR OF THE PARTICUL

NEWS

Niles to begin work on **Howard Street Bridge**

BY JEFF BORGARDT jborgardt@buglenewspapers.com

he Niles Department of Public Works is preparing L to supervise about six weeks of bridge renovation work over the north branch of the Chicago River.

The bridge is located on Howard Street west of Oak Park Avenue near the Tam. Golf Course.

The bridge renovation work will replace asphalt for a smoother ride.

The routine maintenance work is needed to maintain the infrastructure of the bridge, director of public works Jun Noriega said

The bridge was formerly owned by Cook County. In the 1970s, county engineers expanded the bridge from two lanes to four. After that, the village of Niles took assumed jurisdiction of the bridge.

The project is slated to go out for bids this week. Noriega said the project is expected to cost about \$300,000.

The work includes routine bridge maintenance work such as filling cracks, replacing concrete and strengthening bind-

"We have to spend a little money to maintain the bridge. If

apart, it will cost a lot more, Noriega said.

The construction is expected to last about six weeks. However, weather conditions could alter the timeframe.

Traffic will be cut from four lanes to two while bridge work is underway.

To reduce the impact motorists, the lane closures are expected to occur during nonpeak travel times. Noriega said traffic in this area is usually not

"We are being proactive, with this," Noriega said. "It will life of the bridge."

Near the bridge, the Niles Park District is constructing a new \$5.5 million recreation center. The center is expected to open in the fall, around the time the bridge work is done.



The Niles Lions club has raised money to train "seeing eye dogs" to assist the blind. On March 17, the Lions Club hosted the organization Canine Companions for Independence at the White Eagle Restaurant.

Niles Lions Club lends a helping paw

Canine Companions for

Independence of Santa Rosa,

Calif. trains the dogs to help the

disabled. It cost roughly

helping dogs help people.

At last months Lions Club meeting March 17, the Lions Club contributed \$1,000 to an organization that trains dogs to help those in wheel-

> \$10,000 to train each bowser. According to Lions Club president Norbert Johnson. many lions clubs, from across the country contribute to this

At their past Lions Club meeting, the club presented a dogs work with disabled adults check to the organization.

"When they saw that \$1,000 check, they were very pleased," he said. "I don't think they were expecting so

The Niles Lions Club meets help the hard of hearing detect at the White Eagle Restaurant. doorbells, fire alarms or other They work to improve the important noises. pups to assist the disabled. The gery.

The dogs can open doors, veterinarian dog training is rigpick up dropped keys, open orous, and only a small portion cabinets and may even be able are approved and go on to serve

Once the dogs are trained, a dig is matched with a disabled person. Then, another two of weeks training are provided to help the human and their

new friend get accustomed to

Differently trained dogs are used for people suffering in various ways.

and others with children confined to wheel-

The dogs are not "seeingeye" dogs for the blind. However, some are trained to

community and alleviate suffering. The dogs are raised as those rehabilitating from sur-

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300 will attend 'Night of Roses'

he finest in Niles are set to \$10,000 cash raffle will be held. receive their kudos at the second annual Niles Night of Roses April 9.

The Bugle

The evening honors community contributions in athletics, business, law enforcement, education and overall achievement. The Night of Roses is sponsored by The Bugle. About 300 people are slated to attend.

The evening kicks off at 6 p.m. with drinks. Dinner is served at 7 and presentations begin at 8:30.

Chateu Ritz, 9100 Milwaukee; 13 awards will be presented at the event

said the event is offered to recognize outstanding local community achievement. The event was first held last

DiMaria said she is expecting everyone to "have a nice evening."

A total of five scholarships will be presented Saturday night. The scholarships include two \$1,000 college scholarships, two \$500 high school scholarships as well as the newly launched Jack Burke Scholarship. This prize will be awarded an incoming Notre Dame High School freshman in honor of long-time faculty member and Notre Dame booster Jack

The winners of the honorary 'tributes to home grown success' have already been announced.

The winners include Athlete of the Year Ryan Nallen and coach of the year Tom Norquist. Nallen is a Notre Dame wrestler and Norquist is the 'volunteer' wrestling coach at Gemini

Landmark Ford won the business of the year distinction and 11-year Niles fire force veteran Brian Henricks will The function will be held at the take home the Firefighter of the Year

Dr. Pamela Lowe of Professional hosted by the Niles Chamber of Eye Care is the winner of the Ken Scheel Chamber Member of the Year Chamber director Katie DiMaria award and Bob Wordel, 83, is the recipient of this year's Living Legend Lifetime Hero award.

Polish volunteer activist Joe Tatkowaki is the Niles Citizen of the Year and Donald Lapin is the winner of the Niles Good Neighbor award. Polio survivor Bud Nichols wins the Overcoming Adversity prize and Ronald Brandt is the winner of the Police Officer Special Agent award.

The Teacher of the Year award goes to Mark Twain Elementary's Eva Perelgut and Resurrection High School student Erica Juris is the win ner of the Youth of the Year prize.

Finally, Gemini teacher Bill Gibson is the winner of the Unsung Workers In addition to the scholarships, a Not Enough Hours in the Day Award.

NEWS

Niles Senior drives into Blockbuster



A window in the Blockbuster storefront at the Oak Mill Mall is boarded up after a Niles senior accidently drove into it last Sunday.

accidentlly Blockbuster video rental store at the Oak Mill Mall retail center at the corner of Oakton and Milwaukee in Niles Sunday.

The accident occurred at 4:30 p.m. on Sunday. According to Niles Police, the driver, a man, was pulling into the accessible parking space in front of the storefront and went to brake when he. instead, placed his foot on the accelerator pedal, causing the vehcile to crash through the storefront. He was driving a 2003 Toyota Camry.

Police said that they filed a re-examination request with the Secretary of State's Office. Police make similar requests whenever they encounter a driver that appears to be suffering a physical impairment.

"Often we send those forms in when we encounter someone who's elderly and may need a re-examination," said Police Sgt. Elenz. "But we also send them in when people might admit they were having problems recently with their

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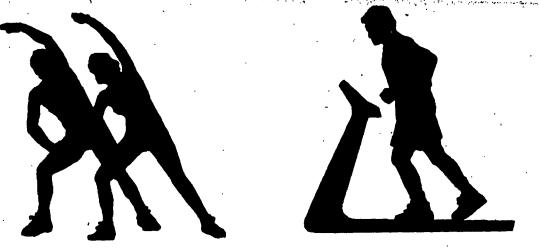
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THE BUGLE

Thursday APRIL 7, 2005

Fitness Forum Vitamin E: tonic or toxic?

By Jack Williams Copley News Service

more we're left scratching our heads, confused by findings that are more contradictory than

Tonic or Toxin? Tenacious defender of cells or potential hazard to heart health? Or could it be just a ed in clinical trials for years. harmless, over-scrutinized, misun- Studies show benefits up front derstood supplement that should be fewer heart attacks, cancers, and left on the shelf until we can sort out all the pros and cons?

Jialal, a University of California Davis professor and cardiologist

the more we put vitamin E decades, is quick to see flaws in under the microscope, the two well-publicized studies published this year that make vitamin E out to be a potential killer.

> "Vitamin E is a very attractive, slow-acting antioxidant," he said. "It's important not to miss the big picture - what has been document-

min E and you get a measure of trying to defuse any unnecessary panic caused by the negative

Scientists participating in a vitamin

Southern California agreed it would be premature to apply recent isolated findings to the general pop-

They were reacting to two published reports - one in January suggesting high doses of vitamin E can increase the risk of premature death, one in March indicating it may promote heart failure.

The key words in the March study that people who take vitamins are published in the Journal of the American Medical Association Ask Dr. Ishwarlal Jialal about vita- Jialal is not without company in were "can't be confirmed at this due to chance."

The larger January study, published who has studied the supplement for E forum at the University of reviewed 19 international clinical American Heart Association,

136,000 people. It found that as the dosage went up, so did the risk of

Someone taking 400 international units of vitamin E a day for five years, for example, would face a 5 percent higher risk of dying. according to these studies. However, researchers found no increased risk below 400 IUs.

Critics of the findings pointed out that the data was pooled from disparate studies with different poputime by other trials" and "could be lations and the results were weak. On the other hand, Alice Lichtenstein, chairwoman of the in the Annals of Internal Medicine, nutrition committee of the

trials of vitamin E involving nearly expressed this view: "This just shows once again that very high levels of individual nutrients can have adverse effects."

While federal guidelines don't recommend vitamin E supplementation, they state than doses as high as 1,000 IUs per day are safe.

Most of us get about 10 IUs a day from our diet, provided we consume corn, nuts, seeds, olives, spinach, asparagus and other green leafy vegetables and vegetable oils. Many of us take up to 1,000 IUs in supplemental form, making vitamin E the most popular individual vitamin behind vitamin C. accord-Continues..

FITNESS FORUM page 5.



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Thursday APRIL 7, 2005

HEALTH & FITNESS

LifeWire

An efficient exercise program costs little | ing to the Nutrition Business

BY VEN GRIVA Copley News Service

any an expensive stationary bike, treadmill or elliptical exerciser has met a dusty end in garages and basements all across our land. That's a shame, because it really takes little money or fancy equipment to get started on a successful exercise program, says the March issue of Consumer Reports onhealth magazine.

vant activity is all you really need. risk of many health-related ailments, such as Alzheimer's disease, coronary disease, stroke, depression, obesity and diabetes. But for those with a burning need to feel the burn, joining a gym can heights and for safety sake have yield substantial health dividends. A recent survey found that nearly one-third of successful exercisers belonged to a gym. A month's membership averages about \$50 per adult. Better deals can sometimes be found at local community centers or YMCAs.

with coronary heart disease found made it easier to lower their risk of es. stroke and heart attack. Seniors in FAMILY FORECAST the study who were given a pamphlet describing an exercise regimen alone were much less likely to increase their activity. Seniors who were assigned a regimen and a specific place to work out were attack and stroke through regular

That's where the gym or a personal trainer can have significant positive effect.

A personal trainer can help people in need of guidance or prodding. Some gyms have trainers or you can find them on your own. The American Council of Exercise (800-825-3636,

www.acefitness.org) and www.acsm.org) can nationwide lists of personal trainers or certified instructors.

Sessions with personal trainers can cost between \$30 and \$100. But for some it is only necessary to schedule two or three sessions to tory of premature (coronary heart get on the right track.

If you can't afford a personal trainer or gym membership, here are a few relatively inexpensive means you might consider putting to use in your next workout:

- Online exercise sites (\$5-\$20 per E-mail month). Web sites such www.iShape.com www.MyExercisePlan.com offer Diego, CA 92112.

programs for specific training Many of us consider it an immune goals, let you track your progress and sometimes offer one-on-one

(\$12-\$55). Pedometer Pedometers track steps taken, distance covered and calories burned. They can help walkers determine whether they are achieving the moderate or vigorous exercise levels suggested by many health stud-

- Stability ball. (\$20-\$55). These large vinyl balls are used to perform a variety of effective back A good pair of shoes for the rele- and abdominal exercises. They come in two basic sizes. The A score of recent studies have smaller ball (55 centimeters) is for shown that walking briskly for 30 folks shorter than 5-foot-7, while to 60 minutes a day can reduce the the larger ball (67 centimeters) is

- Step (\$40-\$150). Stepping on and off a low platform builds stamina and leg strength. The best steps adjust easily to different skid-resistant materials on the bot-

- Dumbbells and barbells (\$40 and up). Weight-bearing exercises have been proven essential to maintaining bone density into our later years. Dumbells and barbells are effective strength builders In another recent study, seniors when used correctly. Adding a weight bench (\$40-\$90) makes it that regular supervised exercise possible to perform more exercis-

Your siblings' medical history might do a better job of indicating your chances of developing heart disease than that of your parents. according a four-year study published in Circulation: Journal of the American Heart Association. Doctors measured coronary artery calcification, a likely predictor of increased heart risk, in 8,549 patients with coronary disease. mostly men. They found that those who had a sibling with coronary

artery disease had the highest risk

The authors speculate that adverse circumstances in childhood, likely shared by siblings, could explain the connection. So be sure to let your doctor know your brother and sisters' health histories as well as those of your mom and dad. "The study is the first to demon-

of calcification.

strate that a sibling history of premature coronary heart disease is more strongly associated with calcium deposits than a parental hisdisease)," said senior author Dr. Roger S. Blumenthal, director of the Ciccarone Preventive Cardiology Center at Johns Hopkins Hospital in Baltimore,

ven.griva@copleynews.com or write to P.O. Box 120190, San

Fitness Forum

system's best friend. We are told it could ward off the damaging byproducts of unstable molecules known as free radicals that insidiously compromise cells. We are encouraged by evidence that it disease, diabetes, Alzheimer's and the depleting effects of intense many formulas.

Among questions yet to be

answered: How much do we need? How often? And in natural or synthetic form?

point to natural sources of vitamin E as superior. If you're reading we had started research on choleslabels, that would be d-alpha tococould protect us from cancer, heart pherol as opposed to dl-alpha tocopherol, a synthetic version found in oped statin drugs, which show a

(Continued from page 4)

In any case, we need more definitive randomized clinical trials that aren't manipulated to serve a specific point of view.

"I would hate to see a fear factor Clearly, studies showing benefits that prevents people from taking part in these trials," Jialal said. "If terol drugs based on something like this, we never would have develclear benefit in preventing cardio-



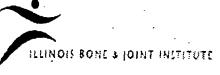
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HEALTH & FITNESS

Well News All the news that's fit

BY SCOT LAFEE Copley News Service

MEDTRONICA

Fast Food Calorie Counter www.washingtonpost.com/wp -srv/flash/health/caloriecounter/counter.htm

The Washington Post provides this easy-to-use calorie counter for menus at McDonald's, Burger King, Taco Bell, Subway, KFC and Wendy's.
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MEDICAL MILESTONES

Sixty-four years ago - in 1941 - Ernst Chain and Howard Florey tested penicillin in their first human subject, a 43-year-old man whose scratches from a rosebush had turned septic, resulting in blood poisoning and numerous abscesses. Because the man was "in great pain, desperately and pathetically ill, he happily agreed to the experimental drug. Within four days, he was greatly improved, but Chain and Florey had only a small amount of penicillin and were forced to stop treatment. The man's infection returned and he died four weeks later.

BODY OF KNOWLEDGE - The pupil of the eye expands as much as 45 percent when a

person looks at something pleasing - Babies are born without kneecaps, which appear

between 2 and 6 years of age. - It's estimated that it would take 1.12 million mosquito bites to drain-all of the blood from the average adult human

Source: "The Odd Body" by Stephen Juan (2004) WORKS FOR THEM

It's a truism that more people should ride their bikes or walk to work. Except, of Southern California, where most people commute numerous miles to their jobs and biking/walking there would pretty much mean that's all they'd be doing.

But for those so inclined, an epidemiologist with the Oregon Department of Human Services has put together a national ranking of 34 metropolitan areas for biking and riding to work and for play, based upon surveys of more than 500,000 Americans.

Not surprisingly, New York City came in first with the highest percentage of residents using their feet or bikes for basic transportation. San Francisco was tops for percentage of residents who walk

or bike for recreation. The South claimed the bottom spots. Memphis had the lowest proportion of people who walked or biked for transportation purposes. Atlanta had the lowest number of folks who did either for recre-

GET ME THAT. STAT!

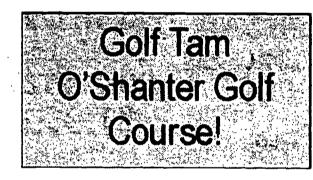
Seventy percent of women surveyed in a recent Ladies' Home Journal poll said women are more tolerant of their overweight husbands than vice versa.

Twenty-six percent said they feel the greatest desire to lose weight when they see a photo of themselves. Nineteen percent said they felt that way when trying on clothes in a dressing room, 15 percent when putting on a bathing suit and 3 percent when getting into bed with their husbands.

BEST MEDICINE

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Park Ridge approves 'fair housing' ordinance

BY JEFF BORGARDT iborgardt@buglenewspapers.com

The Bugle

new Park Ridge housing A law aims to enshrine the rights of crossdressers and transgendered individuals moving to Park Ridge.

The newly proposed "fair housing" ordinance would punish landlords who choose not to rent to tenants based upon their "gender identity and expression." The landlords could be fined up to ten thousand

At Monday night,s board meeting, the ordinance was read for the first time. It is slated to receive a second reading at the next meeting before becoming official. The ordinance expands protected classes for housing.

Currently, Park Ridge landlords cannot discriminate against tenants based on race, color, religion and nationality.

Now, the protected classes will be expanded to include 15 categories such as sexual orientation, disability, age, parental status, marital status, source of income and

Third ward alderman Sue Bell explained the new rules have been in the works for several months. She amended the official ordi-

nance at the meeting Monday night. The written text prohibited barring housing based upon a tenant's "gender identification."

Bell changed that phrase to "gender identity and expression."

The city attorney said it was "fair" to say the ordinance prohibits landlords from refusing housing to crossdressers.

Authorities said they are unaware of any crossdressers or "transsexuals" who wanted to move to Pard Ridge but could not.

However, this measure is designed to prevent any future

Furthermore, they said the ordinance is not part of an active pursuit to invite more gays, lesbian and transgendered individuals to relocate in Park Ridge.

Rather, it is a bid to insure everyone has an equal right to housing under the law.

Landlords cannot discriminate against tenants because of their religion. However, religious organizations are allowed to house only those of their faith. For example, a Catholic convent can refuse to house an individual who does not follow the Catholic faith. Currently, private clubs and individuals may screen their tenants for housing purposes. Under the new rules, that would no longer be allowed, said mayor Michael MaRous.

First ward alderman Don Crampton applauded the ordinance and said it is "clearly overdue." The ordinance creates a new five-member Fair Housing Commission appointed by the mayor.

This commission would have enhanced powers and duties. Currently, a similar commission exists but has never met. The new commission would be responsible for composing an annual report.

If someone has a housing com plaint, the commission and the city manager would be empowered to handle the complaint. The City Council could order a fine of up to \$10,000. This may require court

Students can apply for General Assembly Scholarships

tate Rep. Elaine Nekritz University accepting applications for the General Assembly Scholarship.

The Scholarships are offered to the residents of the 57th District, which includes Niles and Park Ridge among other communities.

The cover one year of tuition at the following state universities: be Apr. 29.

announced that she is now Urbana/Champaign, Chicago State University, Eastern Illinois University, Governors State University, Illinois State University, Northern Illinois University, Northeastern Illinois University, Southern Illinois University and Western Illinois University.

The deadline for applications will

Police Elevator

Ostman said that hydraulic elevators require an equipment room whereas electric elevators do not. He also said that electric elevators could be as much as \$6,000 cheap- hard numbers available yet on the

nance in the long run if we go with

(Continued from page 1)

the electric elevator," said Ostman. "If could also end up saving money in the long run."

Ostman said that there were no cost for the elevator, but that he was "It might be better on mainte- preparing a report to present to the village board at the April meeting.

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THE BUGLE

In Service to the Community

Editorial Board

Publisher Richard Masterson

Editor Andrew Schneider

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Same old stuff in Niles

Letter Written Mar. 30. printed at author's request

Dear Editor,

Today I received a letter from the Maine Township Democratic Organization election. It really strikes me as odd that in all of the years that we have lived here, over 45 years, that this organization has not bothered with us because we are from Niles Township.

Democratic Organization." Maybe because this "democrat," like me, lives in Niles Township. Does this imply that anyone who does not Organization" is nobody or

in the elctions and it was thousands of others did too. me and everything else that exciting. I even remember I thought this was a Niles there is another "democrat" when the village clerk was election. Why send us in on the ballot who is "not a an elected position. I called Niles Township this letter? the number on the bottom of the letter and, surprise, I got the White Eagle.

> I wish this letter could have gotten to the paper before the election but, sur- pid prise, surprise, there was no Another letter from Mayor time since the paper comes

I voted for the other about how Joe LoVerde is Years ago, when we were democrat (Joe LoVerde) running as a Democrat and young we were very active and I hope hundreds, no that the election should be Joan Galinski, Niles

village of Niles and not by Now, all the more, I am

questioning why did we Frankly I don't give a darn about your township elecreceive that letter from the Townshir I think this was, for the Democratic Organization endorsing the Present lack of another word, stu-Leaders for Financia Whoa, hold on a minute. Security.

I guess it is the same old Blase. In this letter he talks stuff. What is good for some is not good for others

The Maine Course

Maine Adds Veteran's Assistance to Menu of

ne day last fall, while adding cream to his coffee Gary muttered his displeasure to Robert. "I can't understand our government, the VA is supposed to help veterans. It seems that the Federal government only makes things harder for

Services

That morning, a resident

stopped in for advice on a retirement question and the Clerk could only refer him to the Veteran's Administration office on West

Maine Township

Supervisor_

Taylor Street in Chicago. With growing frustration, Gary cried out "There has to be some way to help our friends who have

ment. "I'm a veteran and if I need answers they tell me to go to the south loop office. That means that I fight traffic, wait in long lines,

I stopped by to refill my coffee Robert. cup and heard this exchange.

Conditioner Or

Boiler Installation

but we should do something about our next Board meeting.'

He said, "We Veterans need help, the forms you have to fill out can make you dizzy. It is bureaucracy gone wild."

specialist to figure out the process and with our veterans we need to give them all the help we can.'

Being a veteran myself, I understood the need and prepared to speak to our Board. This was a hot topic and with the state of the world today, I felt we needed to do -something about it. Our neighbors serving in Iraq, Afghanistan and served or who are now serving in around the world not only need our undying respect, they need our Robert shook his head in agree- support and assistance when they

"My neighbor has a question for the VA and she can't get the help she needs. When she was in the pay for parking and fill out paper- Army there was a paper mix-up work. They sure make it inconthat will affect her benefits. Who can she see for some help?" said

System Tune-Up Coupon Expires 4-30-05

Gary told us about a sailor who "You know boys, earlier this year had problems understanding how the buzz in the news was that our to get a medal for his time in servstate had the least services and ice. I knew a resident with a simbenefits for veterans. You know ilar question and it didn't take

that this is not a Township issue long for us to get a plan.

At the board meeting, the vote it." I asked Robert to bring it up at for veteran support was unanimous. We approved a measure to provide an advocacy service to our veterans. We assigned the task 2510. to two of our staff to be trained as advocates for our Veterans. This "I know," said Gary, "it takes a was to be added to our next budget and we were pleased that new tary and we are also proud to have tasks would be performed without any increase in payroll.

Any Veteran with the desire to cut through federal "Red Tape" or sonnel.

those who need help in understanding the VA assistance process can call us for help. Just ask for our veteran advocates John Ulrev or Diane Franzen at 847-297 Your veterans, Gary Warner

Robert Provenzano and I are proud to have served in the milia Veterans Administration assistance program available to our brave and wonderful service per

Letters Policy

The Bugle encourages readers to submit letters to the editor. To be considered for publication, all letters must be signed with the writer's full name. An address and telephone number (which will not be printed) must be provided for verification purposes. Letters exceeding 250 words may be edited for length or punctuation. No potentially libelous letters or letters containing personal attacks will be printed. Writers are limited to one letter per month. Deadline is 5 p.m. Fridays. Send letters to: Letters to the Editor, 7400 N. Waukegan, Niles, IL 60714 or fax to (847) 588-1911.



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THE BUGLE

Thursday APRIL 7, 2005

Niles Park District Events



Tickets are now on sale for "Big Thunder Gulch, an Old Western Adventure" IceLand's 2005 Ice Show. Over 100 skaters participate in this extravaganza of music and lights. The show will be held May 13th thru May 15th. Show times are Friday 7:00 pm, Saturday 2:00 pm and 7:00 pm, and Sunday 2:00 pm. Reserved seats are \$8.00 and general admission is \$6.00. For further information, please call (847) 297-8010.

Pioneer Park Re-Opens for the Season, April 9th

Come out to practice your swing, whether it is with a golf club or a baseball bat. Niles Park District Pioneer Park batting cages will be re-opening for the 2005 season Saturday, April 9th. We have made some new and exciting improvements on our miniature golf course, which will be opening Saturday, April 30th. While you are working up an appetite, visit our concession stand for a cool drink and something to eat. Parties and fundraisers are also available

Learn how to prepare your end-of-life wishes

o you and your fami-ly members know wishes? Maryhaven Nursing entation on the Five 50 states (including Illinois) Wishes—establishing a liv- and the District of Columbia. ney so family members know what to do for a loved one when a medical crisis

take place on Tuesday, April make them. 19 at 7 p.m.

Relations the presentation. Wishes is recognized as a legal document in 35 of the Five Wishes lets your family and doctors know:

occurs. The program will for you when you can't register.

The kind of medical treat-Eric Jacobson, Provider ment you want and don't

Rainbow Hospice, will give How comfortable you want to be, how you want people to treat you, what you want your loved ones to know, while the presentation is free, advance registration is required, free parking is available. Please cal Which person you want to Maryhaven at 847-729-1300 make health care decisions for more information and to

PNA, SJB host events

Northside Seniors will **L** meet Wednesday, April 13, Banquet Hall, 5504 North explore options to the high cost Milwaukee Avenue, Chicago, IL. of prescription drugs.

Nikki Communications Director at the Illinois Department on Aging, will present the I-SaveRx prescription drug importation program to the group to explain its this meeting for your convenbenefits. I-SaveRx was the first program in the nation to allow Illinois and Wisconsin residents to purchase lower cost, safe prescription drugs from state-

he Polish National Alliance approved pharmacies in Europe John Brebeuf's Cartholic All seniors, friends and neigh-

bors should attend this meeting to

Refreshments will be served. For more information call

P.S. I-SaveRx Program enrollment forms will be available at

the annual spring lunchleon sponsored by St.

"So, who are you voting for in 2008 . . . the wife of a former president or the brother of the current one?"

Women's Club, will be held on Saturday, April 16, at Wyndham Glenview Suites,

Milwaukee Avenue, Glenview. The luncheon committee is formulating plans for this enjoyable afternoon which includes a deli-

cious lunch followed by a fashion (773) 286-0500 ext. 309 or 316. show, prizes and more. The activities begin with cocktails at 11:00 AM and the luncheon at 12:00

Ticket price is \$30 per person EDLEY OF FASHION, and can be purchased by calling 847-966-8145.

Grote, Resurrection host Social Security seminar Mr. Marc F. Grote, the Niles financial-services firm advising

Edward Jones investment repre- individual investors exclusively, sentative, is sponsoring a seminar, currently serves more than 6 milluncheon, and bingo from 11:30 lion clients. The firm offers its AM to 2:00 PM Tuesday, April clients a variety of investments. 19, 2005 at St. Andrew Life including certificates of deposit Center, 7000 N. Newark Avenue. This informative community co-sponsored Resurrection Healthcare, will fea-

ture a consultant from the Social Security Administration discussing "What Social Security Means to Current Retirees." Don't miss out, call to reserve your seat today.

For more information, call Marc F. Grote at 847-663-1650.

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Evanston Golf League recruiting

League is recruiting new mem- ing three, front 9-hole rounds at for the 2005 summer golf season. The League's opening day is to assist them in establishing a will continue every Monday through September 26. Tee times run from 7:30 AM to 8:45 AM. All play is held at the Peter Jans Community Golf Course, 1031 AM, Monday, May 23, 2005, at Central Street, Evanston, on the the American Legion Hall, 1030 front nine holes.

Women of all ages and abilities needs to be established by

The Evanston Women's Golf Monday, May 16, 2005, by playbers, both regular and substitutes, Peter Jans. A mentoring program for new members has been set up Monday. June 6, and the season handicap, and introducing them to the course.

A coffee hour and organizational meeting for new and current members will be held at 9:00 Central Street, Evanston.

For more information, contact are welcome to join. To be Ann Stevens, (847) 869-1170, or assigned to a team, a handicap Shirley Palmer, (847) 677-2294

Please note the content for this section has been provided by members of the community, and does not reflect the opinions of the Bugle nor is the information endorsed by The Bugle

Caucus Party sweeps village board

he Morton Grove openness to the village and Caucus Party ended L over two decades of control of village govern-

election at the El Sol Restaurant in Morton Grove, night. village president-elect Rick serve the voters.

"I'm glad that we went for the people's endorsement," Kogstad said that he want-

"The voters

-Rick Krier,

On the Caucus Victory

clearly want we don't rep- clearly want resent change for change's change...I think change for the the message was

Krier, cur- heard." rently a member of the village board of trustees, will take office in May. He will

be joined by Georgianne Brunner, Rita Minx and Roy looking forward to the chal-Kogstad, trustees-elect and Carol Fritzschall, clerk-

was heard loud and clear," he said.

members, Dan DiMaria and hard since that time. Dan Staackmann, who ran for mayor as the Action can-

tonight," Staackmann said hard." Tuesday of the election results. "I'd like to congratulate the Caucus Party.'

looking forward to working with the Caucus Party members and hoped that they could put the politics of the right away," she said. campaign behind them.

anyone who wants to work for the best interests of the village," said DiMaria. "My heartfelt congratulations to the whole slate."

Krier vowed to bring of class," Krier said.

simplify the budget.

"We need to bring open-Action Party rule in the vil-ness to the village," he said. lage Tuesday, sweeping the "We also need to make the local election and taking budget process simpler and clearer so that the residents can understand it easier."

At a party following the Caucus Party members were jubilant at El Sol Tuesday

"It's been an unbelievable Krier said that he was trip," said Roy Kogstad, thrilled at the opportunity to trustee-elect. "This kind of win is not what we expect-

ed to thank dents of

"We're not going to disappoint them," he

tomorrow Morton Grove Mayor-Elect morning."

> Rita Minx said that she was

lenges of being a trustee.

"We prevailed because of a grassroots campaign," she "I think that the message said. "Now we're ready and excited for the challenges."

Georgianne Brunner, who When the new board takes lost by a mere 12 votes duroffice, there will only be two ing the 2003 election, said remaining Action Party that she that she'd worked

"We promised the people that we'd be back," she said of the previous election. "We "Integrity did not lose here kept our name and worked

Carol Fritzschall, the Caucus Party Clerk-elect said that she was ready to DiMaria said that he was dig in and get some work done, starting with the village board minutes.

"I'm want to get to work

Krier also thanked the "I'm willing to work with Action Party trustees for contacting them to concede and said he believed that they could work together.

"Trustees DiMaria and Staackmann acted with a lot



A Caucus Party support looks at election returns Tuesday night at the El Sol restaurant. The Caucus Party candidates swept the village offices in the election. (Photo by Allen Kaleta)

Vote Totals	: Mort	on Grove
Office/Candidate	Votes`	Percent
Village President – 4 Y	ear Term	
Rick Krier	2,435	55.47%
Daniel Staackmann	1,955	44.53%
Village Trustee – 4 Yea	r Term	
Georgianne Brunner	2,550	19.94%
Roy Kogstad	2,290	17.91%
Rita Minx	2,361	18.46%
Steven Blonz	1,807	14.13%
Larry Gomberg	1,869	14.62%
Maria Toth	1,911	14.94%
Village Clerk – 4 Year	Term	·
Carol Fritzshall	2,465	56.58%
Peggy Flickinger Friew	·	43.42%

THE BUGLE Village of Niles

Blase slate secures another victory

Local 2005 Choice



A Caucus Party support looks at election returns Tuesday night at the El Sol restaurant. The Caucus Party candidates swept the village offices in the election.

(Photo by Allen Kaleta)

The slate of trustees backed by long-time Niles Mayor Nick ■ Blase secured victory Tuesday night, defeating three chal-

"We won because we pulled "We ran as a team and it was any capacity." reflected in the vote."

to four-year terms and Kim Biederman won her first term to a two-year unexpired term as trustee.

"I'm excited," Biederman said. "I'm happy to carry on as an elected official."

Preston was also glad to be re- be a good politician.: elected. "I feel fantastic. I think it Ray Czarnik, who lost to Kim says something about the voters; Biederman, was just as gracious, and low taxes."

Callero was thankful to the vot-

forward to accomplishing those great deal from the experience of things that the voters deserve: keep- running and that he was looking ing taxes low and services high."

Andrew Przybylo said that he was happy to continue serving on "We did a great job and I think we the board of trustees, he was sorry created a strong foundation."

"It doesn't feel good to lose," he said. "I've lost myself and I know how it feels. I'm just sorry that someone had to lose."

LoVerde himself said that he was together as a team," Blase said, dur- happy that so many voters had suping the victory celebration at the ported him and that he was willing White Eagle Restaurant in Niles. to continue serving the public in

"I stand ready to serve the village Blase, who ran unopposed was board," said LoVerde Tuesday. "I elected to his twelfth term in the offer my services to the board of mayor's post. Three sitting trustees, trustees and I would like to congrat-Robert Callero, Louella Preston and ulate them. I'd also like to thank the Andrew Przybylo were re-elected voters who came out to support

> LoVerde said, however, that always wanted to be honest with

"If politics is about misrepresentation, "he said, "then I could never

that they believe in great services but said that the voters of Niles should know that he would be back. "We'll be back," said Czarnik.

"They haven't heard the last of us." "We're a team and we're looking Czarnik said that he had learned a

> forward to the future. "We've learned a lot," he said.

Vote Totals: Niles

Office/Candidate Votes **Percent** Village President – 4 Year Term 100% Nicholas B. Blase 3,475

Village Trustee – 4 Year Term

19.03% 1,934 Joe LoVerde 26.11% Louella Preston 2,654 28.11% Andrew Przybylo 2,857 26.76% Robert M. Callero 2,720

Village Trustee – 2 Year Term

Kim Biederman 2,067 56.60% 30.39% Ray Czarnik Richard Harczak 13.01%

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City of Park Ridge

Frimark wins mayoral contest

won election to the post of am a lucky man. I'm glad my mayor Tuesday night, defeating opponent and two-term alderman Michael Tinaglia.

"I'm ready to help move Park Ridge forward," Frimark said after his victory, "in economic development while keeping the historic character."

Of his victory, Frimark said, "it's beyond words. The people Mazzuca could come down to

Frimark gave the credit to his victory to his campaign workers and thanked them for all of their hard work.

campaign," he said. "But we Park Ridge with fervor. worked very hard. That's how you win a campaign.

Tinaglia said that he was upset that he didn't win, but that he believed the future of Park Ridge was in good hands.

"I've lost the election," he said. "But I made a lot of good tested races, agreed. friends, and good people have been elected to the council, many of whom share my views."

Tinaglia said that he was disappointed that he didn't win, but that he wished Frimark luck.

Toward Frimark, an "I wish him the best of luck independent business with moving Park Ridge for-Lowner in Park Ridge ward," said Tinaglia. "I really paths crossed with all the people on this campaign."

Of the aldermanic races, there were only three contests. Those supported by Frimark secured victory in two of the city's seven wards, but the 6th Ward race between Mary Wynn Ryan and Marc of Park Ridge have really spo- a recount, since Ryan won by a mere six votes.

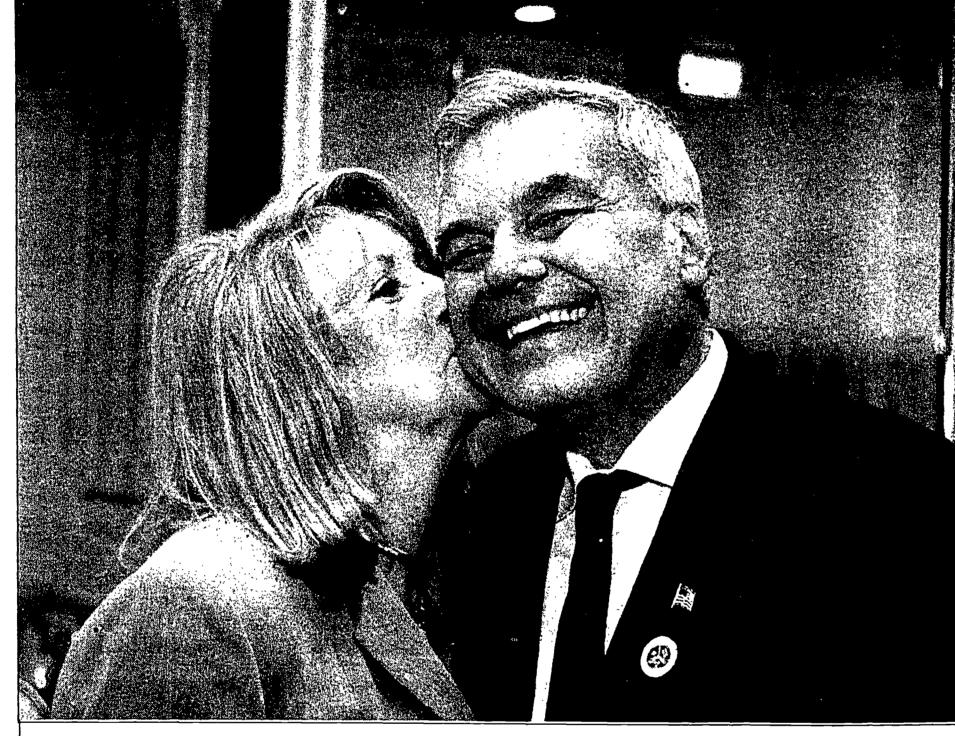
Several of the unopposed candidates said that, while their victories were uncontested, that did not mean that they "We ran a very low-key wouldn't serve the people of

"I'm completely flattered," said Kim Jones, the new 3rd Ward alderman. "I plan to work hard to move the town

Jeannie Markech and Jim Radermacher, also in uncon-

"I'm very appreciative of the opportunity," Radermacher. "I'm honored that the voters of the city have entrusted me with the respon-

"It feels good to represent the people," Markech added.



Howard Frimark receives a congratulatory kiss from his wife upon winning the mayoral contesting Park Ridge over opponent Michael Tinaglia.

(Photo by Allen Kaleta)

Vote Totals: Park Ridge

Office/Candidate **Votes Percent** Mayor – 4 Year Term

Michael Tinaglia 3,22439.74% 4,88960.26% Howard P. Frimark

Alderman – 1st Ward – 4 Year Term Radermacher 38.36% John Iberl Kirke R. Machon 850 61.64%

Alderman – 2nd Ward – 4 Year Term Bruce Gilpin Jeannie Markech 634

Alderman – 3rd Ward – 4 Year Term Kim Jones 657

Alderman – 4th Ward – 4 Year Term James

1.053

Alderman – 5th Ward – 4 Year Term 34.08% Joseph A. Baldi 853 65.92%

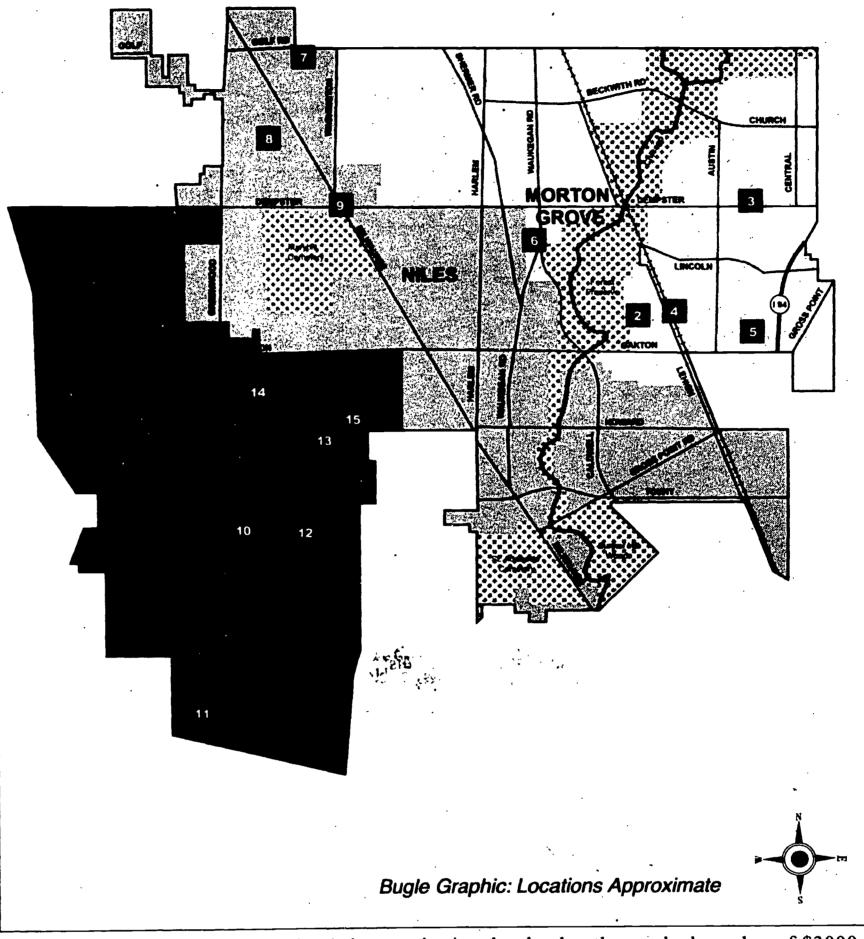
Alderman – 6th Ward – 4 Year Term Mary Wynn Ryan 596 Marc Mazzuca 591 49.79%

Alderman – 7th Ward – 4 Year Term Frank Wsol 100%

For more coverage, check next week's issue of The Bugle

The Bugle

POLICE BLOTTER



MORTON GROVE

The following items were empty or filled. taken from official reports of the Morton Grove Police Department for the week ending April 1, 2005.

May not be driving for a while (7000 Dempster)

An 18-year-old Park Ridge charged under a zero tolerblood alcohol of 0.222 and a tion and possession of alcohol back seat filled with beer cans

a.m. in Skokie.

102 at 2 p.m.

court date of April 26 in room

A 31-year-old Morton

According to police the man made an improper turn in the 7000 block of Dempster and when a police officer stopped the Ford SUV he noticed a strong odor of alcohol coming from the man. Police said both Vehicle theft (7800 C the driver and his 17-year-old passenger admitted to drink-

The arresting officer said he Grove resident told police his administered a field test to the red 1995 Ford Probe was driver. Although the driver stolen from his driveway told police he only had three Friday night March 25. beers, he later tested with a The man told police the car BAC of 0.222 nearly three had been stolen in the past times the .08 limit.

Police said they also found and was recovered in Des nine cans of beer and bottle of Plaines. The owner told police

hard lemonade in the back the car had a value of \$3000. seat. The report does not

specify whether the cans were Trailer theft (8200 Austin)

Although the report is not The owner of a transport comclear a spokesperson for the pany told police a semi-trailer police department said the car valued at \$13,000 was missnot towed and the evidence in ing from a holding lot in the the back seat was not invento- 8200 block of Austin sometime after Tuesday morning The 18-year-old was March 10.

The owner told police the man may not be driving for ance ordinance. He was also transport company stages some time after Morton Grove charged with an making an trucks for Avon at the Austin police arrested him with a improper turn and consump- lot and when he went to inventory the available trailer by a minor. He was turned he discovered one missing. He shortly after midnight March over to the custody of his par- told police the trailer has ents. The man has a court date Midwest Express on the front. of April 26 in room 102 at 9

> The 17 -year-old was NILES charged with consumption of alcohol by minor. He has a

The following items were taken from official reports of the Niles Police Department for the week ending April 4, suspicious black man standing

4 (7400 Oakton)

A convenience store on the 7400 block of Oakton was cited for selling Hustler magazine in violation of village him with a baseball bat. The codes. The store agreed to pizza man then knocked over take the magazine off the one of the attackers and

shelf and return it to the distributor.

After-Hour Coronas (9000 Golf)

A Mexican restaurant on the 9000 block of Golf Road was cited for loud music and violating their liquor license Sunday, March 20 at 2:30 a.m

After receiving a complaint of loud music, an officer found about a dozen people drinking corona beer at 2:30 a.m. The liquor license of the establishment permits beer to be served no later than 2 a.m.

Fake Credit Card Use (Golf Mill)

A case of identity theft was reported to Niles police of S. Vine was broken into the March 16. A woman inadver- night of March 24 and \$220 in tently left her wallet at McDonalds, 7546 Skokie, in occurred either the night of Skokie March 3. She was later informed that she had made \$1,519 in purchases at JC Penny, 220 Golf Mill with a JC Penny charge card.

She returned to McDonalds where the store had recovered her wallet - but the charge card was missing from the wallet.

(8300 New England)

A Hispanic woman was bitten by a dog on the loose at the 8300 block of New England gas station on the 300 block of March 21 between 1 and 2 W. Higgins. The offender broke p.m. The dog was not tracked down at the time of the bite. However, the address of the dog owner was turned over to Cook County Animal Control

(8600 Milwaukee)

An apartment on the 8600

block of Milwaukee Avenue

was burglarized March 14

between the hours of noon and

5 p.m. The victim never

changed his lock after first

renting the apartment about

six months ago. He plans to

check with is landlord for

9 Pizza Man Ambushed (8600 Foster)

A pizza delivery man was

ambushed by three men on the

8600 block of W. Foster the

night of March 18. Upon

guard outside of an apartment

building. The man followed

him into a building and was

in a dark hallway. The pizza

man handed over the pizza

joined by two other black men

more information.

Home Vandalized (1600 Clifton) **Burglary**

Someone dumped a jar of pickles on the driveway of a home on the 1600 block of S. Clifton March 28. Ketchup was squirted on the garage door and obscenities were spray- painted on the sidewalk and the driveway.

The following items were taken

from official reports of the Park

Ridge Police Department for the

A Park Ridge home on the 2900

block of W. Cherry was burglar-

ized March 29 sometime

between 7 a.m and 5 p.m. The

residents were given a form to

detail their missing possessions.

A car parked on the 1600 block

cash was taken. The break-in

March 24 or the morning of

A car parked in the driveway of

1800 S. Vine was broken-into

between 11 p.m. March 24 and

7:30 a.m. March 25. A \$50 buck

knife and \$15 in cash was taken.

Laptop, PDA taken from

A laptop computer and a PDA

device were taken from a car at a

the window of the car and

removed the items at 1:30 p.m.

car (300 Higgins)

March 23.

week ending March 28,2005.

Home Burglary (2900 Cherry)

11 \$220 Taken

12 Car Robbery (1800 Vine)

No Child Safety Seat (400 Prospect)

A Chicago man, 42, was cited for failing to secure a child in the proper safety seating during a Park Ridge traffic stop March 28 at 4:30 p.m. The driver was also cited for driving on a suspended license.

> **SUMMARY OF CRIME:** 1.5 Morton Grove

arriving for a delivery, the pizza delivery man noticed a

> Assault-1 Disturbance-1 Burglary-3

Park Ridge

and then one of the men hit Theft-3

Antiques and Collectibles



THE BUGLE

Thursday APRIL 7, 2005

O: I have enclosed a photo of a doll that was my grandmother's when she was a child in the 1920s. The doll has a bisque head, jointed limbs, sleep eyes, the original clothes, underwear, a blanket and a pillow. She is 10 inches long in the original box. Marked on the back of her neck are the words "A. M. - Germany - 341 -12/O.K."

I would like to know who made the doll, when it was made and its value.

A: Armand Marseille made your doll around 1925. His factory was located in Bavaria, Germany, from the late 1890s to the late 1920s. Unlike his French counterpart, Emile-Francois Jumeau who targeted the affluent customer, Marseille designed his dolls for all levels of the economic spectrum. His factory also made heads for other doll manu-

Antique or Junque 'Dream Baby' is still a doll

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facturers. The number "341" is the model number for "My Dream Baby" and was available in several sizes.

The value of your doll would probably be about \$475 to \$675. Q: Could you please tell me the value of my set of porcelain dinnerware? It is a service for 12, quite old and in excellent condithat is seen on each distant I have looked on Bay and found

no information. I hope you can A: Oscar Schaller and Co. made your dinnerware. They have

porcelain Windischenbach, Bavaria, Germany, since 1918. The words "Reg. U. S. Pat. Off" were first included in marks in 1932. "Baronet China" is the name of a shape of porcelain that was decorated with a variety of patterns. "Silver Arbor" is the name of the pattern.

Your set was made around 1932 and the value would probably be \$600 to \$1,200.

Q: I have a toy blue pedal car that was purchased in the early 1950s. The body is metal, has a red steering wheel and on the center of the metal wheels there tion. I have enclosed the mark is the letter "M" in a circle. Even though it clearly has been played with, the pedals still work. What can you tell me about my

A: Murray Ohio Manufacturing

Continues..

ANTIQUE page 21



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ANTIQUES

Collectors dip into inkwells

Contemporary Collectibles

BY LINDA ROSENKRANTZ Copley News Service

T n the days of the quill and then the steel dipping pen. **L** a small receptacle designed to hold ink was both a necessity and, to some extent, a status symbol. Elegant, sculptural examples from the 19th and early 20th century are now highly collectible, while some of the most rare and most beautiful specimens made by craftsmen like Louis Comfort Tiffany are more likely to be found in the collections of museums.

The two materials most commonly used to make these objects were glass and pottery - primarily because the ink would not have a harmful effect on those substances but many other materials were frequently employed as well,

including such metals as cop- sive set of inkwells and models in the forms of build- because they can be opened per, silver, gold, pewter, brass pounce pot (holding sand to ings, tin-glazed earthenware and used from either side. stone, shell, marble, wood even papier-mache.

inkwell was a sign of the posi- designs much like European Galle. tion or wealth of an individ- cut glass of the period.

played significant roles in During this period there was inkwell, usually about 2 or 3 For example, one of the best embracing the ornate little pillbox with a secure top stoneware inkwell by C. known is the silver inkstand made by Philip Syng Jr. in 1752 that was used for the styles, and a seemingly end- scribes who drew up docudisplay in Philadelphia's one of the greatest charms of manuscript more elegant than metal inkstands were present- bronzes in the form of chil- lined and had hinged covers ally. ed to royalty, and eminent dren, animals, pieces of fruit, opened by pressing a hidden © Copley News Service selves on having an impres- cles, commemorative glass partners' inkwells, so called www.copleynews.com.

on their desks.

Receptacles to hold various tor, however, the Golden Age miniature well designed for 1920," \$400. important historical events. an immense variety of forms - inches tall, which resembles a -Victorian, the sinuous art nou- to prevent spills and evaporaveau and the stylized art deco tion. First used by itinerant

iasperware and others of current market values as list-Some of the finest early 19th Doulton-Lambeth china.

every schoolroom and post mold process, in which the Louis Comfort Tiffany, cast in ledge rest, \$750. office in pre-ballpoint pen molten glass is blown into a bronze and bronze combined - Metal circus elephant head America, the decorative, well- three-part mold, which might with glass, and equally fine with trunk pen holder, monfree-standing be carved with intricate glass treasures by Emile key finial, \$400.

and bronze, as well as soap- be sprinkled over the wet ink) Delftware pieces, Wedgwood Here are a few representative

ed in recent price guides: As opposed to the simple ves- century glass examples were Among the most desirable of - Hand-blown and cut black sels found in every desk in produced by the blown three- all are the elegant designs of marble pyramid with pen

- Porcelain bellhop carrying One sub-category that collec- package, white and gold, In terms of the modern collectors find appealing is the marked "Fish/Fulper, c.

writing fluids date back to of the inkwell is considered to use on children's desks. - Victorian sterling silver set ancient times, and some be from 1870 and 1920. Another is the small traveler's with two bottles, pen tray and

Brushed cobalt blue Crolius. Mahattan-Wells, New York, \$3,200.

Linda Rosenkrantz has editsigning of the Declaration of less range of figural representments and wrote letters for ed Auction magazine and Independence, and is now on tations - that is considered illiterates or people desiring a authored 15 books, including "Bevond Jennifer & Jason, Independence Hall. Also dur- this category of collecting. they could manage them- Madison & Montana." She ing the 18th century, precious Among these are Viennese selves, they were often glass- cannot answer letters person-

men of letters prided them- little carriages and other vehi- spring. Also of interest are Visit Copley News Service at

Antique

Co. in Cleveland made your label with the words "Fine pedal car. In 1919, J. W. Murray Quality Linwile China - Ardalt started out making lawn mowers Japan - Verithin.' and tractors and introduced his I was surprised when I saw one line of toy pedal cars in 1923. Murray pedal cars are extremely

Similar cars can quickly be ped- A: Linwile China was made in aled to collectors in the range of

figure of a young woman in an Linwile. old-fashioned long blue dress. her lap. It is in excellent condito \$125. tion. On the bottom there is a

(Continued from page 14)

just like mine in an antique shop for over \$100. How old is it and what is its value?

Japan and imported to the United States by Ardalt from the early to Q: I recently purchased a bisque the mid-1900s. "Verithin" was a night light at an estate sale. It is a line of bisque pieces made by

Similar night-lights currently are She is sitting on an ornate settee sold in antique shops and over and has a bouquet of flowers on the Internet anywhere from \$25



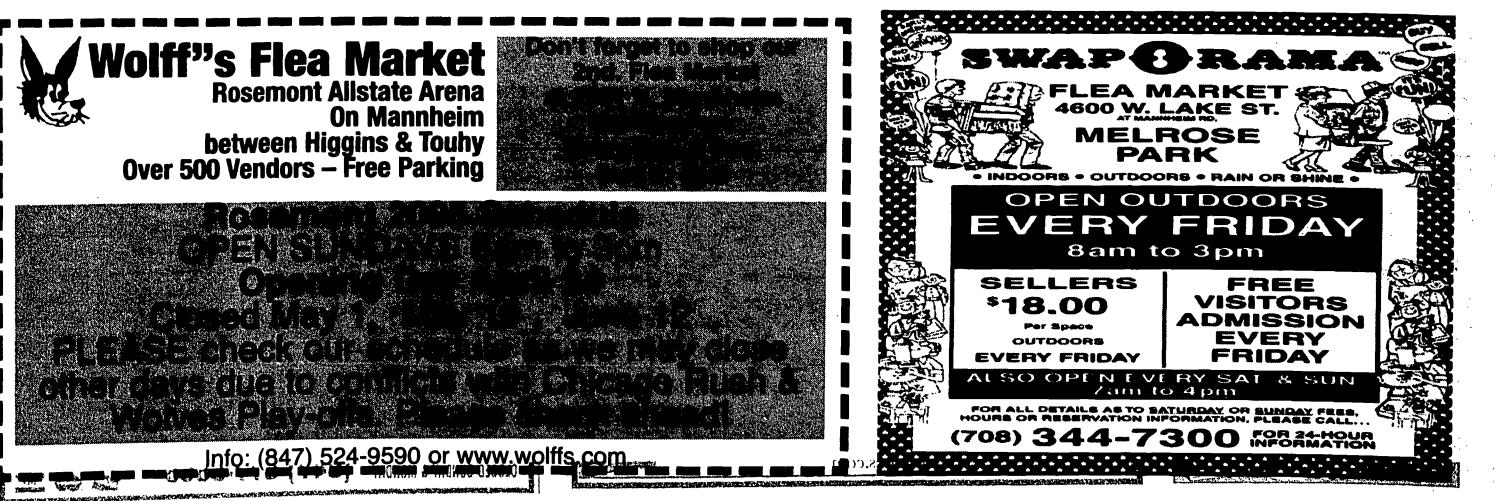
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John Paul II

1920 2005

St. John Brebeuf's Fr. Adam Galek remembers Pope as teacher, leader

BY ANDREW SCHNEIDER editor@buglenewspapers.com

r. Adam Galek remembers Pope John Paul II when he was known simply as Karol Wojtyla, a professor at the Catholic University in Lublin,

"He grew with his people," said Galek Monday, reflecting on the Pope's passing over the weekend. Galek, one of the priests at St. John Brebeuf Church in Niles, was studying theology at the Catholic University and Woityla

was one of his teachers. "He used to tell us a story," Galek said. "There was a priest who was studying at University in Lublin, Poland but didn't show up for the class often because of his duties elsewhere."

He showed up in class just before the exam, Galek related, and he approached a young-looking priest in the back of the class in order to ask some questions about the course material.

"The student said to that priest, 'you seem to know everything. The priest told him, 'I should, I'm the professor.' That was Karol Wojtyla."

Galek was still at the school when Wojtyla was elevated to the

Galek said. "It was, for me, very clear that he was different, that he ment," said Galek. truly lived what he taught."

The Pope's influence on Poland itself, cannot be understated, Galek believed. He was present in a stadium in Krakow when the nationality.

He taught that nations should not be first, first is being human.

Priest, St. John Brebeuf On his memories of the Pope

Pope threw his support behind the Solidarity movement that many people triggered the fall of Communism in the Union of Soviet Socialist Republics him numerous other times said (USSR) and Eastern Europe in the that he planned to leave yesterday late 1980s.

Communism] you would feel exhausted by the situation," Galek said. In the stadium, the Pope sang at patriotic Polish hvmn titled "My cheemy Boga" or "We need God" with those assembled.

Pope was with us, then we were able to go against the govern-

> Though John Paul II was the first Polish Pope, Galek did not feel any special stewardship resulting from their common

> "We were part of the same family," he said, "but the Pope never put this as his first role. First, he was human, then Polish. He taught that nations should not be first, first is being human. He taught us, 'when I am human, then I am your brother."

> Galek himself has ministered to congregations in Austria and the Ukraine as well as the United States and believes that the Pope's greatest lesson to him is that he serves the universal church and not the Polish church.

> "The Pope taught us that we were for everybody," he said. Galek, who had eight private

audiences with the Pope and saw (Wednesday) for the funeral in Rome on Friday. Galek was present when the Pope was inaugurated and was there in 2004 at the celebration of the Pope's 25th year and felt it was important to be there for the funeral.

"I want to go to say, 'goodbye, "When we recognized that the I'll see you in Jesus' kingdom,"



Dominika Kramer, a Niles resident and graduate of Maine South High School is greeted by the Pope in October of 2004 during celebrations for his 25th anniversary as Pope. Kramer said that looking into his eyes made her want to cry. She and her mother, Elisabeth Smereczynski, are currently in Rome for the funeral services of the late Pope.

Niles' Dominika Kramer and her mother travel to Rome for funeral

BY ANDREW SCHNEIDER editor@buglenewspapers.com

Tiles Resident and Maine audiences with Pope John Paul II. She traveled to Rome this week with her mother. Elisabeth Smereczynski, in order to bid him farewell

"He means so much to me," Kramer said. "He's a true example of somebody who loved all humanity."

Kramer, daughter of Elisabeth and Kris Smereczynski of Park Ridge, emigrated with them to Nigeria at the age of four in the early 1980s. The family traveled to Africa to escape Communism. She said that the Pope meant a great deal to her family, her people and herself from that early

born and all my life he's done Community in Niles came to St. inspired people. Even his death has brought people together."

Kramer said that she was excited to go to Rome this week to pay her respects to a man that she described as living half in this world, and half in another.

"It was as if he seeped holiness," she said of John Paul II.

'When he entered a room, everyone that was there had tears in

Kramer said that once, when she was going to kiss the Pope's ring and say something to him, she looked up into his eyes and

"I couldn't say what I wanted to," she said, "so I just thought

"He seeped

-Dominika Kramer, On meeting the Pope

Kramer even visited the Pope with her family last October for "He was the first Polish Pope the celebration of his 25th year. She was on hand Saturday when many members of the Polish grief at the Pope's passing

"You should have seen St. John Brebeuf on Friday and Saturday," she said. "It was so packed that people were actually standing because there was no room. There wasn't a dry eye in the whole church. It was beautiful and prayerful."

Elisabeth Smereczynski said that she was excited to be heading to Rome this week.

"We really wanted to go," she said. "It will give us a sense of

Smereczynski said that she was going to bring some ribbon with her to carry around the body of the late pontiff.

She then plans to cut the ribbon into small pieces to give to friends and family who can then carry a relic with them.

Mother and daughter wil spend three weeks in Europe, the first in Rome for John Paul II's funeral and the two other weeks in their native Poland where officials are making arrangements for a burial of the Pope's heart if it is specified by his will, though the Vatican has not said there are any plans for such a burial.

"They haven't opened his will vet." said Kramer. "So we don't know what's going to be happen-

She also said that. while the things all over the world that have John Brebeuf to express their Pope was Polish, his legacy belonged to the whole world.

> "He wasn't just about converting people." Kramer said. "He wanted to make people better at their own religions. He made so many changes for the better. Look around the world, how often have vou seen so many nations fly their flags at half-mast?"

MCC: Muslims **Grieve for Pope** John Paul II

r. Mohammad Kaiseruddin, Community Center issued the following statement Monday:

"The Muslim Community Center is deeply saddened by the passing away of Pope John Paul II," he said. "We express our heart-felt condolences to our Christian friends in general and Catholic friends in particular. The Pope was a champion of human rights and human dignity. He spoke out forcefully for these rights and against the oppression of people whether they were Catholics or not. He was a man of courage and spoke out against oppression without regard to who the oppressors were." Kaiseruddin also said that Muslims owe Pope John Paul II a debt of gratitude for his efforts to improve relations between Christians and Muslims.

BY ROBERT J. CALDWELL Copley News Service

o gauge the momentous global impact of Karol Woityla, the **L** great and good man the world knows as John Paul II, cast your mind back to 1978. In that year, the Roman Catholic Church broke with 450 years of precedent to choose a non-Italian, the Polish Cardinal Wojtyla, as pope. Call it divine Providence, if you will, that the Vatican did so and that the new pope would soon have two powerful allies in office; Margaret Thatcher as Britain's prime minister and Ronald Reagan as president of the United States.

All three were of like mind on the transcendent imperative of the 20th century: that freedom should prevail over totalitarianism. Together they would defeat the Soviet Empire and end the Cold War.

To that struggle, John Paul II brought a personal conviction forged in the tragic history of his homeland: successive occupation by Nazi Germany and Soviet Russia. As a youth in Nazi-occupied Poland, he studied secretly in an underground seminary to become a priest. As a bishop of the Polish church, he resisted the militant atheism of a communist ideology forced on Catholic Poland.

Within months of his ascent to the papacy, John Paul II reaffirmed freedom's indictment of tyranny. His first encyclical, "Redemptor hominis," celebrated human dignity and the moral value of every human being. Both repudiate the totalitarian ethic. Soon he was in Poland preaching in person to millions of the faithful and telling them, "do not be afraid."

cessors would discover the answer. When Poland's Solidarity labor movement undermined the Kremlin's proxy government in Warsaw and, in response, the Soviet army threatened to invade, John Paul II sent a handwritten letter to Soviet Premier Leonid Paul II. Brezhnev. If the Soviets attacked, the pope wrote, he would go to Poland to oppose them. Brezhnev backed down.

A Man Who Changed the World

In time, John Paul II's inspirational message of courage and Christian faith would help to unhinge Soviet power in Poland. After Poland, the rest of Eastern Europe's Warsaw Pact dominoes fell one by one - East Germany, Hungary, Czechoslovakia, Romania, Bulgaria. In barely more than a decade after John Paul II's first in a series of papal visits to Poland, all of Eastern Europe and the Baltic countries would Stalin once derisively dismissed the be free and the Soviet Union itself power of faith by asking, "How many would dissolve.

divisions has the pope?" Stalin's suc- Let no one doubt the gravity of this same: You cannot be both a Marxist desperate struggle. New information and a Christian. On his historic visit to gleaned from the files of the defunct East German intelligence service clearly indicates that the Soviets, acting through the Bulgarians, instigated the 1981 attempt to assassinate John

Throughout his papacy, John Paul 11 preached eloquently on behalf of the poor and the dispossessed, particularly in the Third World. Yet he also saw more clearly than many during the 1970s and 1980s that the neo-Marxist "liberation theology" preached by some radicalized Catholic clergy, especially in Latin America, promised not deliverance but socialist despotism.

Visiting revolutionary Nicaragua II 1983, the pope boldly admonished the Sandinista regime for its autocratic rule and its suppression of the traditional Catholic Church. In Mexico and the Philippines his message was the

communist Cuba in 1998, the pope called publicly on Fidel Castro to reopen the Catholic churches long shuttered by the regime. Castro did, even if Christians are still subject to oppression under Castro's dictatorship.

Always and everywhere, John Paul Il stood for freedom. His mission was Christianity and the church, not politics. But this pope knew from bitter personal experience that totalitarian ideologies were not only enemies of human liberty but of Christianity as well. As a young man, John Paul II lived a scant few miles from the Nazi death camp at Auschwitz. Later he would see firsthand the oppression and tyranny imposed by the Marxist-Leninist ideology spread by force across the Eurasian land mass by the

John Paul II's historic papacy lasted

and Alise at

more than a quarter century. He ministered to the spiritual needs of nearly 1 billion Roman Catholics around the world. As the most traveled pope in history seen by more people than any man in history, he evangelized the Christian message to an extent never before attempted by the Vatican.

In doing so, he reached out to many for whom the church of Rome had previously been only a distant, sometimes even hostile, presence. John Paul II was the first pope to visit Rome's synagogue. He prayed at Auschwitz. He nurtured a rapprochement with Jews and Judaism. Similarly, this pope sought to heal the centuries-long breach between Christianity and Islam, and warned against any drift toward a "clash of civilizations" between Muslims and the West.

For all this, people of every faith and creed can honor John Paul II and give thanks for his immense legacy.

Local Churches plan memorials

any local churches are planning memorial masses to commemorate the reign of Pope John Paul II. Most occur on Friday morning, to coincide with the pontiff's funeral in Rome.

beginning at 8:45 a.m. • Our Lady of Ransom Church in Niles will have a

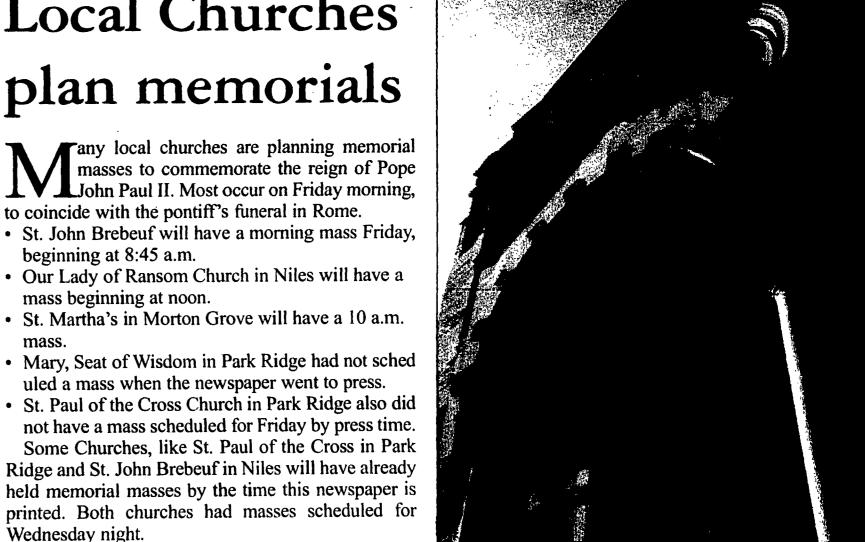
mass beginning at noon. St. Martha's in Morton Grove will have a 10 a.m.

Mary, Seat of Wisdom in Park Ridge had not sched uled a mass when the newspaper went to press.

St. Paul of the Cross Church in Park Ridge also did not have a mass scheduled for Friday by press time. Some Churches, like St. Paul of the Cross in Park Ridge and St. John Brebeuf in Niles will have already held memorial masses by the time this newspaper is printed. Both churches had masses scheduled for

For more information on church masses, contact

Wednesday night.



St. Paul of the Cross Church in Park Ridge is shrouded in black Monday in mourning for the late

Dons bring out big bats against Vikings

BY ANDREW SCHNEIDER editor@buglenewspapers.com

he defending state champion Notre Dame Dons got off to a L good start in their first week of the 2005 season.

dropping two games Glenbrook North and St. Rita, the Dons bounced back for a 5-2 start on the young

The Dons faced a stiff challenge against one of the top ranked

enced varsit

against a high level of competition. The game didn't live up to the

Kevin Mitchell 's (21) three-run home

expectations as St. Rita pitcher three hitter, while walking four.

The day before, the Dons brought their bats out in a big way against Niles North, scoring three times in the first three innings, defeating the Vikings 9-6. Righthander Brian Flynn started for the Dons, shutting them out until he was roughed up in. for six runs in the fourth inning. Centerfielder Kevin Mitchell tied the game in the bottom half of the inning on a three run home run over

the left-field fence, scoring Matt Kudlik and Keenan Long. Junior right-hander Mike Pagano(1-0) was called in from the bullpen to get the last six outs, striking out three bat-

The Dons stretched their lead to

9-6 in the bottom of the fifth inning on a Mort Hart double and a single right-fielder

Kratzmeyer. The

Dons took both games of their doubleheader 8-1. 13-3 against the Gordon Tech Rams on Saturday at

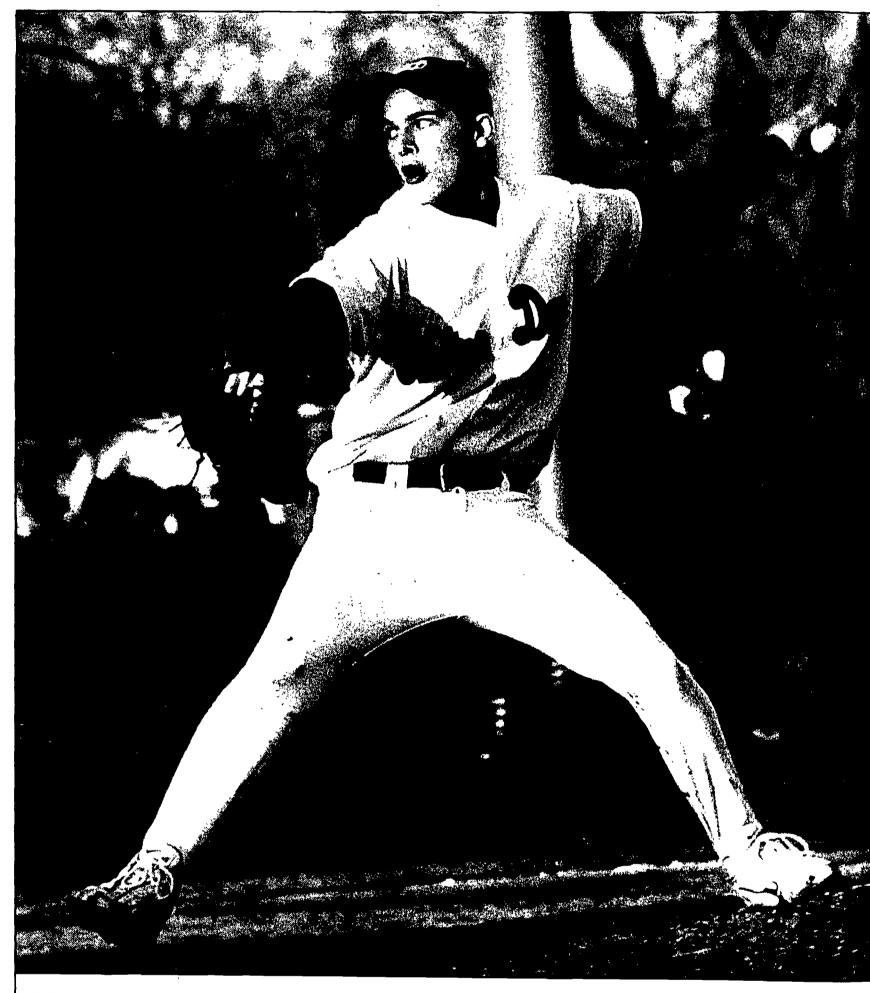
Winning Pagano went six innings

run in the fourth inning tied the score 6 giving up four hits, a walk

Kudlik was the hitting star, going 2-4 with five RBI and a grandslam. Brett Kribs threw a complete game, Game 2 starter Anthony Sperindeo also had a big strikeout game, recording eight in four innings pitched. He allowed three hits, two earned runs and a walk in his first win of the season.

> Outfielder Jim Wasner went 2-3 with a double and two runs batted

The Dons played Maine South at home on Tuesday and will travel to Barrington and Lane Tech Thursday and Saturday.



Notre Dame's Mort Hart (4) pitches in relief in the fifth inning against Niles North Thursday evening March 31, 2005 at Notre Dame.

(Photo by Allen Kaleta)

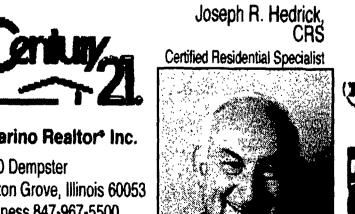
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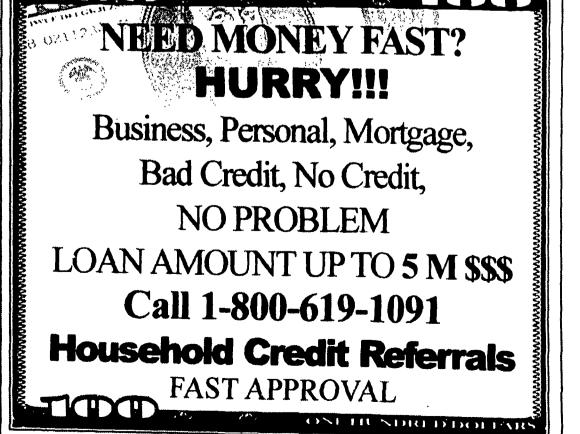
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tates Americans pay for long-term

Decide early how to tap that nest egg



aving for retirement isn't fun. But what happens after you finish saving and start spending can be even more painful. Imagine how you would feel watching the Internal Revenue Service chop your nest egg into egg salad.

Unfortunately, it happens all the time. There are ways, however, to avoid Humpty Dumpty's fate when you start drawing down your lifetime savings. You will increase your chances of keeping more cash for yourself and less for the IRS if you carefully determine in advance how you're going to methodically tap into your investment accounts.

Your first task, however, will be to appreciate why retirement tax planning is even needed. Many people assume that taxes will become far less of an annoyance once they retire and stop earning paychecks. Sure enough, your income may not be as large. But you may still be among the unlucky souls who end up paying taxes on 50 percent, or even 85 percent, of their Social Security benefits.

What's also often overlooked by new retirees is the huge tax liability that may have been stalking their retirement accounts for decades. You may have \$500,000 tied up in Individual Retirement Accounts and workplace retirement plans, but if you're in, say the 25 percent tax bracket, the after-tax value of this cash is just \$375,000. And it will shrink even more once the state rattles its tin cup for its cut.

So what should you do' Learning what your options are is a good beginning. Conventional wisdom suggests that you should dip into your taxable accounts first. The term taxable account simply refers to any invested money that isn't tied up in taxadvantaged retirement plans, such as IRAs, 401(k)s, 403(b)s, SEP-IRAs or variable annuities.

This cash is potentially subject to taxes every year anyway, but curiously enough, the tax rates you face on the profits and dividends generated by your taxable money is much lower than what awaits you when cracking open a retirement account.

In 2003, Congress slashed the rates Americans pay for long-term mum of 15 percent. Long term, as as the government is concerned, simply means more than one year. The top rate on dividends also dropped to 15 percent While you're siphoning your tax-

Once you begin draining retirement account, however, withdrawals will be taxed as ordinary income. Currently, the maximum income tax bracket is 35 per-

able accounts, your retirement

accounts will enjoy more time to

grow without getting bludgeoned

by the IRS.

Only withdrawals from Roth IRAs won't give you heartburn. When you raid your Roth in retirement. you won't trigger any taxes, which s just one of many reasons they are so darn wonderful.

Following conventional wisdom, however, can shove some retirees into a financial quandary. Suppose, for instance, that a coue drain their taxable accounts in the early years of their retirement so that by the time they reach their 70s, nearly all their cash is holed up in traditional IRAs and workplace retirement accounts.

Shortly after reaching the age of 70 1/2, retirees must begin drawing down these accounts through what are called required minimum distributions. A federal formula dictates what these annual amounts will be.

For retirees sitting on sizable retirement assets, the mandatory withdrawals could push them into a higher tax bracket, as well as trigger taxes on their Social Security checks. If you may eventually face this

tax Armageddon, you might want

to begin withdrawing some retirement assets before reaching 70. Be careful that your withdrawals don't bump you into a steeper tax bracket. Obviously, it would be better if you didn't spend this diverted cash. Instead, consider putting it into tax-efficient mutual funds inside a taxable account. You can determine the tax efficiency of many mutual funds by visiting the Web site of Morningstar, the fund research firm at www.morningstar.com. If you're in no danger of burning through all your retirement cash, mother alternative is using some

of the money to convert a portion of your IRA assets into a Roth, which is a phenomenal gift to Because every retiree's situation is different, it's best to consult an

expert on retirement withdrawal strategies before making any

Business Spotlight



Welcome to Niles

The Niles Chamber held a grand opening for QuikDrop, at 8802 West Dempster, Niles last Friday. QuikDrop is the leading eBay drop-off store trend that is sweeping the nation. Recently named "hottest franchise in America" by Entrepreneur

Mike Jones, a CPA and IRA expert at Thompson Jones LLP in Monterey, Calif., makes a sensible suggestion. He favors choosing an investment adviser who uses Monte Carlo simulation software to explore the myriad variables, such as tax rates and your potential investment returns, that will affect your decision-making.

Monte Carlo analysis, named after the European city famous for gambling, is hardly new. It was used in the 1940s when scientists involved in the top-secret Manhattan Project used the calculations to predict the possible devastation of the atomic bomb. Many other industries, including petroleum, aerospace and banking, rely upon it today, as do an increasing number of sophisticated financial advisers.

Once you've developed a retirement tax strategy, don't ignore it. Tax laws can change willy nilly. The lower investment tax rates that Congress embraced just two years ago, for instance, will disappear after 2008 if the politicians don't extend them. Considering the fiscal mess this country is experiencing, it's anybody's guess whether these rates will survive. And if they don't, retirees will need to return to the chalkboard

of "The Retirement Bible" and "The Investing Bible." She can be reached LynnOShaughnessy@cox.net. Visit Copley News Service at www.copleynews.com.

Lynn O'Shaughnessy is the author

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Calendar

☐ Saturday, April 9th Niles Night of Roses Community Recognition Dinner

6:00pm - 12:00 Midnight Chateau Ritz ☐ Monday, April 11th

Niles Chamber Business After-Hours Salon M/3X Printing 7403 N. Milwaukee, Niles

☐ Wednesday, May 11th Niles Chamber Business After-Hours Harris Bank 7077 Dempster, Niles ☐ Tuesday, June 7th

Niles Chamber Business After-Hours Dunkin Donuts. Baskin Robbins

Togo 7039 Dempster Street, Niles ☐Tuesday, July 19th Niles Chamber Golf Outing

11:30am - 8:30pm Oak Meadows Golf Course Addison, IL

☐ Wednesday, August 10th Niles Chamber Business After-

Hours Radisson Hotel Northbrook 2875 N. Milwaukee, Northbrook

For more about these events contact the appropriate chamber:

> Niles Chamber: (847) 268-8180 Morton Grove Chamber: (847) 965-0330 Park Ridge Chamber: (847) 825-3121

www.vniles.com.

8420 ~Visit us online at

APRIL REGISTRATION Drop-Off Registrations for pro-

grams and classes advertised in the APRIL Naturally Active were due at the Center by Friday, April 1st Walk-in registrations are now being accepted if space is avail-

SPECIAL OUTING - HIS WAY THEATER, RON HAWKING, Wed., April 20th \$50

OPEN REGISTRATION - for all seniors, Niles residents and friends from other communities.

Join as we travel to the HIS WAY THEATER at NBC Tower for Ron Hawking's tribute to Frank Sinatra, backed by an expert 14 piece band Check-in is at the Senior Center at 1:00PM. We should return by 5:45PM. (There is no meal with this outing)

RIDGEVILLE BAND EVANSTON RETURNS Tuesday, April 26 5:00PM-8:30PM

The fabulous Ridgeville Band of Evanston will be back at the Niles Senior Center for another evening of classical and popular music. This all brass intergenerational

band is a favorite here at the center. So be sure to get your ticket. Dinner featuring Mostaciolli, Meatballs, and Italian Sausage, with salad, rolls, and dessert, will be served at 5:30 PM. This event is open to your non-resident friends of all ages. Cost \$12.

Third Annual NILES SENIOR CENTER INDOOR FLEA MAR-KET - Saturday, May 7th

Mark your calendar so you don't miss this popular event! Open to the public, Niles Senior Center's annual Flea Market will be held on Saturday, May 7th from 9:00AM -1:00PM. Whether you come to browse or buy; you can find some really great deals at the Center just remember, the early shopper has the best chance of finding the best treasures. Over 50 Vendors, on two floors! Raffle. \$2.00 hot dog lunch beginning at 11:00AM until 12:30PM (or until we run out of hot dogs!).

CHOLESTEROL & GLUCOSE SCREENING, April 13th, 9:00AM \$10. Appt. Required Take advantage of this great oppor-

tunity! This is a fasting blood test. Appointments are required. HEALTH FAIR - Wednesday Morning, May 25th

Celebrate National Senior Fitness Day with us. You will have an opportunity to participate in a wide variety of free screenings, visit with exhibitors, gather information on numerous health issues, and/or have some lab work done: CBC, CMP, Cholesterol/Lipid Panel, and TSH for women (\$35) and add the PSA for men (\$45). The Fair will be open from 8:30AM until Noon and is open to all ages.

Morton Grove Senior News

MORTON GROVE SENIOR CITI-ZENS NEWS RELEASE Contact: Bud Swanson, Family & Senior Services, 847/663-6110 April 4, 2005

LAST CHANCE FOR INCOME TAX RETURN ASSISTANCE

Income tax return help is still available free of charge for residents, age 60+ between now and April 15. Call the Senior Hot Line at 847/470-5223 for a personal Wednesday or Friday at the Morton Grove Senior Center. Appointment times are at 9 or 10:30 a.m.

"THE JOY OF AMERICAN ART" This slide presentation of art from the Art Institute of Chicago includes American artists, from the

Midwestern art of Grant Wood to the

more modern and abstract art of Georgia O'Keefe, plus Mary Cassatt, Winslow Homer and others. Charlotte Hadley from the Art Insights program will present a broad spectrum of art, showing American lifestyles through the eyes of great artists. This free program will be held from 1:30 to 2:30 p.m. on Monday, April 18 in the Morton Grove Senior Center. Register by calling the Morton Grove Senior Hot Line at 847/470-5223.

VISUALLY IMPAIRED MOTIVA-

The Morton Grove Visually Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 9:45 a.m. on Tuesday, April 19 in the Morton Grove Senior Center. They

discuss everyday problems of living

MORTON GROVE SENIORS page 22.

Maine Township Senior News

SENIORS

MaineStreamers Announce New **Activities for Seniors**

The following are some of the new classes, events, trips, and activities available through MaineStreamers.

the social senior organization of Maine Township. For further information on free membership or any of these events, call 1-847-297-

GRANDPARENTING **GRAM** Tuesday, April 12 10:00 a.m. to 11:00 a.m.

Presenter: Linda Waycie

No Cost - Registration Required

Do you see your grandchildren

having trouble sharing, especially toddlers and preschoolers? How can you help your grandchild learn to share and take turns? Come and learn ideas today!

Thursday APRIL 7, 2005

ETHNIC DINNER OUTING European Crystal, 519 Algonquin, **Arlington Heights** Tuesday, April 19 5:30 p.m. to 8:00 p.m. Cost: \$28.50 members/\$30.50

> Continues.. MAINE SENIORS page 18.

where life blooms The M

AT FOREST VILLA for MIND, BODY AND SPIRIT

An Innovative Approach to Alzheimer's Co

"With proper nurturing and focus a garden can become a marvelous place where life blooms. It is this wonderful icon of the abundant garden that has inspired the tion of an exceptional setting located at Forest Villa the treatment of Alzheimer's and related dementia:

At The Garden residents receive extraordinary patientcentered care where our professional staff believe in the acceptance of mind, body, and spirit. In addition, The Garden has innovative therapy programs that invite residents to explore Music or Horticulture Activities specifically designed for individuals with Alzheimer's disease or related dementia.

We believe that every day is a new day full of promise, that each day should be as full as it can be. Each life celebrated."

Michelle Caldwell, Special Care Unit Director

For a Tour and Mini Box of Chocolates



Park Ridge **Senior News**

CRAFT GIFTS

Looking for a gift that's a little dif ferent??? You never would think of the Park Ridge Senior Center would you!!! Well.... stop in and check the lobby display case. You will see many beautifully hand crafted items. You'll find lap and baby quilts, cobbler aprons, scarves, kitchen towels, tote bags, doll hats, spring and summer

ers and even bed quilts. You will see that all of these items are realone-of-a kind

BRIDGE LESSONS

starting Monday, April 18 at 11:30am running about an hour enough interest a second class may and a half. A lab will be held on the following Thursdays from 11:30-1pm. This will be a playing session to apply the lessons PANCAKE BREAKFAST learned. This is a beginner class. It will be very basic and all you The Men's Club will be having

sions, please do not sign up. Class size is limited to 12 people and A 6 week beginner's bridge class is there is a \$12.00 fee. You can sign up at the office. If there is be held. Instructor is Tom Brandt. Questions??? Call 847-825-4426

need to know to start is that there their annual pancake breakfast on

are 52 cards in a deck. Since Saturday, April 16 from 8ambridge is played with 4 people at a 11am. It's all-you-can-eat so table, you will be expected to be bring a hearty appetite. Breakfast present at each of the 12 sessions. will include pancakes, sausage, If you cannot attend all 12 ses- orange juice and coffee all for only \$3.50 for adults and \$1.50 for kids under 12. Come over and bring your family, friends and neighbors.

NAME THE CENTER's

It's a contest to give our annual fundraiser a name. The prize is a free ticket to the May 12th event. Submit your idea in writing to the Senior Center office by Friday,

the lovely Cafe la Cave in Des Plaines. The party starts at 11:30am with cocktail hour. Lunch is served at 12:30 which includes a pasta appetizer; fettuccini with basil cream and fresh tomato, a salad of romaine with hearts of palm and mandarin oranges with basil vinaigrette, a chicken entree, and pineapple-carrot cake with cinnamon whipped cream for dessert. The fashion show follows featuring our own models showing spring fashions from Coldwater Creek. Tickets are



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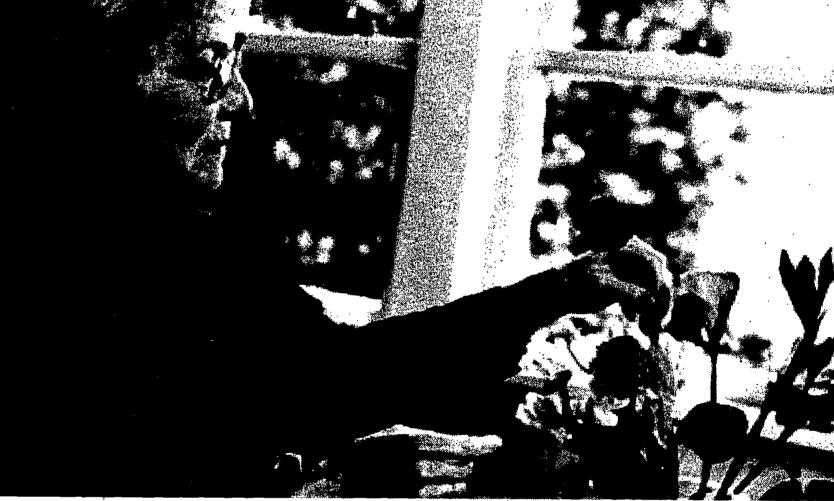
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Hospice care: It's about having choices at a critical time of life

It's About Someone You Love. You're concerned about a loved one. A recent diagnosis has created worries about the next steps. Will there be pain? What about the family? What are the best options?

It's About Family. At Palliative CareCenter & Hospice of the North . Shore, we take a whole-person approach to caring for patients and providing compassionate, professional care to patients and families facing serious and chronic illness or the end of life. No matter what your loved one's special needs are, we bring services that care for the whole family,

It's About Living Every Step of the Way. We work with you to develop a plan of care that alleviates pain and creates the best quality of life possible. So that everyone can get on with what is most important - living.

Find out how Hospice of the North Shore's programs and services support and care for families.

Call (847) 467-7423 or visit us online at www.carecenter.org.



2821 Central Street, Evanston, Illinois 60201

BOWLING OUTING Monday, April 25 11:00 a.m. to 1:30 p.m. Sims Bowling Alley

1555 Ellinwood, Des Plaines Have a wonderful evening out as Cost: \$12.00 members/\$14.00 guests Come and have fun bowling with your fellow MaineStreamers. You will enjoy two games of bowling, prizes and a lunch featuring Salad and Pizza.

> NORMAL AGING VS. **DEMENTIA** Tuesday, April 26 10:30 a.m. to 12:00 noon No Charge - Registration Required

the differences.

THE PERFECT ALTERNATIVE

EACH SUITE FEATURES:

Private bath with walk-in shower

Television with VCR and DVD player

Varying Levels of Care

After settling in at the Terrace Suites,

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needs grow greater over time. Bethany

Terrace's 24-hour nursing care is always

the main lobby.

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available within the Terrace Suites. While our Terrace

Suites program is new, we at Bethany Terrace have been

providing excellent, comprehensive nursing care to

TERRACE SUITES' MANY OTHER AMENITIES:

THE TERRACE SUITES' DAILY RATE COVERS:

seniors on the North Shore since 1965.

■ Beauty salon and spa with whirlpool tub

Restaurant-style dining

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■ Complimentary newspaper

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The privacy seniors cherish with the safety

net of licensed nursing care available around

the clock. A new program for older adults at

Bethany Terrace Nursing Centre, the Suites

are accessible through a separate entrance in

Is it a normal sign of aging or is it some form of dementia? Come and learn as Gail McGreever discusses

The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reser- Cost: \$74.00 members/\$79.00 vation form will be sent to you. To guests become a member call the MaineStreamers at 1-847-297-2510

and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

"ROMEO AND JULIET" Chicago's Navy Pier Tuesday, May 17 3:30 p.m. to 11:00 p.m.

Let's enjoy a wonderful evening debut. as we begin our trip at the wonder-

(Continued from page 20)

ful Riva's Restaurant overlooking Lake Michigan. Our dinner menu includes a Salad of Mixed Greens. Four Cheese Rigatoni and Tiramisu for Dessert.

After dinner, we will stroll to the Shakespeare Theatre where we have fantastic seats for the production of "Romeo and Juliet." Tony Award-nominated director Mark Lamos makes his Chicago

Morton Grove Seniors_

(Continued from page 20)

with low vision and possible solu-returns at 6 p.m. The cost is \$65 for tions, exchange ideas on the latest Senior Center Members and \$75 for technology and assistance devices non-members. Please register in available, and share what has person at the Senior Center. worked for them individually. For more information please call Richard Englund at 847/965-8517.

SPRING HEALTH SEMINAR

and Resurrection Medical Center will offer this free Seminar highlighting the two different topics. Osteoporosis and Incontinence. 847/626-2000 (Niles North) and This seminar begins at 1:30 p.m. on Wednesday, April 20 in the Senior Center. Please register by calling the Morton Grove Senior Hot Line p.m. on Monday, April 25. at 847/470-5223.

"THE MUSIC MAN" AT DRURY

When the fast talking salesman, Thursday, April 28. Harold Hill comes to River City the April 21. And when Harold takes on Friday, April 29. on Marion the librarian, the real fireworks begin. Brimming with MALL SHOPPING infectious good humor and tunes that lift the heart, this musical comedy is family entertainment at its best!! Enjoy a lunch choice of Rotolo Di Pasta (tri-colored layers of pasta with fresh ricotta and spinach baked with a pink tomato sauce) or Roast Sirloin of Beef. The bus leaves the Morton Grove for Senior Center Members and \$1 Senior Center at 10:30 a.m. and for all others.

HIGH SCHOOL FINE ARTS Maine East, Niles North and Niles West High School invite senior citizens to join in on numerous The Morton Grove Senior Center free school productions to be performed during the coming weeks. For details call the schools at 847/825-4484 (Maine East), 847/626-2600 (Niles West). The events include:

Niles North Band Concert at 7:30 Maine East Spring Play at 7:30 p.m. on Thursday, April 28.

Niles North Vocal Jazz Performance at 10 a.m. on

sparks begin to fly on Thursday, Niles West Jazz Night at 7:30 p.m.

Morton Grove seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, April 26 should call the Morton Grove Senior Hot Line at 847/470-5223 to reserve a seat on the Seniortran. Home pickups begin at 10 a.m. with arrival at Golf Mill at 11 a.m. Trips are free



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IFF

Thursday April 7, 2005

EVENTS CALENDAR

GOVERNMENT

Thursday, April 7

- -7:30 p.m. Park Ridge Park Board meeting
- -7:30 p.m. Golf-Maine School District 67 Board meeting Monday, April 11

THE BUGLE

- -7 p.m. Morton Grove village board meeting
- -7:45 p.m. Niles Township High School District 219 board meeting

COMMUNITY

Thursday, April 7

-Maine Township will host a property tax appeal workshop April 7. County Board of Tax Review member Maureen Murphy will lead the workshop for taxpayers from 7 to 9 p.m. Thursday, April 7 in the South Park Recreation Center, Talcott and Cumberland, Park Ridge.

Saturday, April 9

-6p.m. Second Annual Niles Night of Roses, an event sponsored by the Chamber of Commerce honoring members of the community who have made an outstanding contribution to the village.

-The American Daughters of Sweden hold their spring luncheon Saturday, April 9 at the Park Ridge Country Club. Cost is \$30.

Monday, April 11

-The Park Ridge Catholic Woman,s Club will meet Monday April 11 at 12:15 at the Park Ridge South Recreation Center, Talcott and Cumberland Park Ridge.

Thursday, April 14

The Morton Grove Woman's Club will meet at noon on Thursday, April 14 at the Evanston County Club, 4401 Dempster, Skokie. Cost of luncheon is \$17.50. Musician Edizon Dayan will perform. The annual book sale will also be held. Books not sold will be donated to the Morton Grove Public Library or the North Shore Veterans Hospital. On Thursday, April 28 the club's art department will visit the Baps Shriswminarayan Mandir in Bartlett. It is the largest Hindu temple in North America.

LE BREAKFAST LE BRUNCH LE LUNCH

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Mon.-Frl. 6:30 am to 2:30 pm

Chef Harry presents Craving fish? Haddock can soothe your urge

Serve this dish with watermelon

BY HARRY SCHWARTZ Copley News Service

Tf I had a haddock, I'd haddock

in the morning, I'd haddock in Lthe evening - all over this land. Wait, that was a hammer, not a haddock. But the song makes sense in either case because haddock really

is a healthy, sturdy, mild fish. And it

slices for a delicious summer sup-FISH TACOS WITH LEMON-

AVOCADO SALSA 4 (6-ounce) haddock fillets 1 tablespoon Caiun seasoning

2 tablespoons olive oil 1 firm tomato, seeded and chopped paper in roasting pan, pretty side down. Sprinkle fish with Cajun seasoning and drizzle oil over fish. In mixing bowl, mix together toma-

to, onion, chiles, lemon juice, cumin, cilantro or parsley, and salt and pepper, to taste. Cut avocado flesh into squares and mix into salsa. Cover with plastic wrap and



is indeed available, filleted, all over this land.

Grab a haddock. No pounding is necessary. Just add heat. It cooks quickly and the mild flavor and firm texture of this fish lends it to sauteing, grilling, baking and panfrying. We were missing the fish tacos we used to enjoy in Southern California and haddock was the perfect choice. It will be the perfect choice for you, too, the next time you're craving fish.

1 small purple onion, chopped 2 small mild green chiles, such as Anaheim, seeded and minced

Juice from 2 lemons teaspoon ground cumin tablespoon fresh cilantro or flat

parsley, chopped Salt and pepper, to taste

teaspoon soy sauce 12 steamed corn tortillas Yields 4 servings.

Rinse fish fillets and drain on paper towel. Place on oiled parchment

allow it to touch top of salsa. Place fish on middle rack in oven under hot broiler and broil. 3 or 4 minutes. Turn fillets and drizzle soy sauce over new side of fish. Broil just until cooked and brown, 3 minutes

Using fork, separate fish pieces into flakes on warm plate and serve with avocado salsa and warm tortillas

> Continues. CHEF HARRY page 20.



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Leon Zingerman, D.D.S.

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& Set \$2.50 & Up _____

Chef Harry-

Unless the bars on your grill are very close together, use a Have baking potatoes almost grill screen for barbecuing done in the oven when you put haddock. It will make it easier in the fish to bake. Dinner is to turn and handle. Serve with grilled asparagus, which cooks in about the amount of HADDOCK 4 (8-ounce) haddock fillets of

GRILLED HADDOCK 4 (8-ounce) haddock fillets of 1 cup fruity white wine similar thickness 2 tablespoons olive oil

2 cloves garlic, minced 1 tablespoon soy sauce 1 teaspoon dried Italian herb

Sprigs of fresh rosemary, 1 tablespoon melted butter soaked in water, to place on

Yields 4 servings. Rinse fish fillets and drain on paper towel. Mix together olive oil, garlic, soy sauce and Italian herb blend. Get grill hot and brush fish with marinade as you place fillets on grill. Place rosemary sprigs on char- Drizzle melted butter over top. coals. Grill fish, 3 minutes, on Bake in preheated 325 F oven 1 side and turn carefully. Drizzle remaining marinade over top of fish as it finishes cooking, couple of minutes. **BROILED** HADDOCK RED-PEPPER WITH

SAUCE Red-Pepper Sauce: 2 tablespoons vegetable oil 2 bunches scallions, trimmed

and chopped 4 cloves garlic, thinly sliced 1/2 teaspoon soy sauce

4 roasted red peppers (or bot- sauce or ketchup tled and prepared), skinned, 1 or 2 tablespoons capers, seeded and pureed

1 teaspoon sugar, or to taste Hot pepper sauce, to taste Broiled Haddock:

2 tablespoons olive oil 2 cloves garlic, minced 1 teaspoon salt Ground black pepper, to taste

Yields 4 servings. To prepare Red-Pepper Sauce: Thin slices of tomato Heat oil in nonreactive saute pan over medium-high heat garlic, 2 minutes. Reduce heat to medium-low and stir in soy Fold in capers, if desired.

Keep sauce warm. paper towel. Place on oiled parchment paper in roasting pan, pretty side down. Mix utes per side. together olive oil, garlic and salt and drizzle over fish. Turn buns and arrange fish, lettuce fillets to oil both sides.

Place fish on middle oven rack uncooked side of fish. Broil Sauce over pasta or rice.

(Continued from pg. 23)

BAKED LEMON-PEPPER

similar thickness

1 tablespoon cracked pepper, or to taste

Juice from 3 lemons 1 cup seasoned bread crumbs 1/2 cup parmesan cheese, grat-

Yields 4 servings.

Rinse fillets and drain on paper towel. Place in single layer in buttered baking dish. Mix together wine, cracked pepper and lemon juice and pour over fish. Mix bread crumbs and cheese together and sprinkle over fillets. cooked, about 15 to 20 min-

With lemonade and chips in the sun, this is a heavenly way to enjoy haddock. FRIED HADDOCK SAND-WICHES

2/3 cup mayonnaise 4 scallions, chopped

1/3 cup sweet pickle relish 1 hard boiled egg, grated 2 tablespoons hot pepper

drained (optional) 4 (8-ounce) haddock fillets of similar thickness 2 eggs, lightly beaten

4 (6- to 8-ounce) haddock fil- 1 1/2 to 2 cups seasoned bread

Butter or oil for frying 4 toasted, split buns or rolls, selected to be similar in size to

4 large red-lettuce leaves Yields 4 servings. Stir together mayonnaise,

and in it saute scallions and scallions, sweet pickle relish, grated egg and chili sauce. sauce, pepper puree, and sugar Rinse fillets and drain on

and hot pepper sauce, to taste. paper towel. Coat fillets with egg and cover them with bread To prepare Broiled Haddock: crumbs. Fry in hot butter or oil Rinse fillets and drain on in heavy skillet over mediumhigh heat until golden brown and cooked, about 3 or 4 min-

Spread sauce inside toasted and tomato slices inside buns.

Harry Schwartz is author of under broiler and broil, 3 to 4 "Star Grazing," companion minutes. Turn fillets and sprin- cookbook to his public televikle pepper, to taste, over sion series. Visit his Web site at www.chefharry.com or send just until cooked and brown, questions and comments to about 3 minutes. Serve fish him at Copley News Service, covered in warm Red-Pepper P.O. Box 120190, San Diego, CA 92112.

UP, UP AND AWAY

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60z Skirt Steak

Liver & onions

Chicken Parmesan

Spaghetti & Marinara

42 Beyond a certain line

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SENIOR MENU

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- Chopped Steak w/grilled onions
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Above comes w/choice of soup or salad, potatoes or vegetable, coffee, tea or iced tea. Dessert includes rice pudding, tapioca or a chocolate sundae.

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- 46 Bristle 50 Caught
- 53 Orchard fruit
- 54 George Sand novel
- 56 Noise 57 Former party chairman
- 58 Steele product
- 59 Harris or Seberg
- 60 Edges 61 Ethiopian prince
- 63 Israeli weapon



Last weeks answers

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Soldier from down under

67 Draw

68 Silkworm

70 Direction

71 Contradict

1 Collect 2 Ipse _-

DOWN

69 European river



■ A steep pitch angle (twist)

of the blades to move more

hardwoods to resist moisture

air at a lower speed.

■ Fan blades made of

■ A quality finish that is

tarnish- and scratch-free.

■ A manufacturer with a

replacement parts facilities.

network of repair or

laminated or solid

and warping.

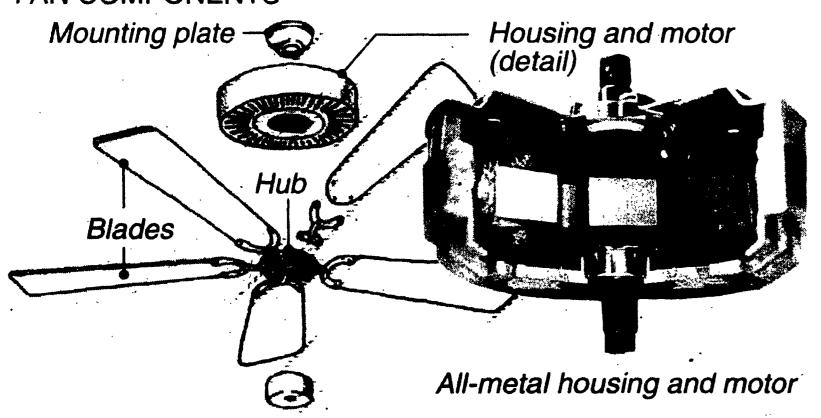
Buying a good fan is a breeze

Things to look for in fan construction are motor housing material, bearing type, motor size, blade pitch, range of speeds, automatic speed and lighting controls, and sound/vibration isolating features.

LOOK FOR...

- Die-cast or cast-iron housings (compared to thin steel, iron dissipates heat better, is more durable and provides longer motor life).
- Large, powerful directdrive motor that runs cool and quiet.
- Double-shielded. permanently lubricated bearings; they are both quiet and durable.

FAN COMPONENTS



Copley News Service / Pete Chenard

Getting the highest price from the sale of your home

Smart Real Estate By Bill Alstin

e all live in our of leaving 20 boxes of stuff for the garbage man on moving that is comfortable to that is comfortable to day.

we are happy.

home, however, you should look at it as an investment that is a very busy day. you want to get the highest price for.

do to add value to your home in the eyes of a buyer, without 2. Take care of maintenance a lot of expense on your part? 1. When you hand over the keys to the eventual buyer the home has to be empty, except for appliances and some items Seemingly little things like the buyer may want.

now. We all keep a lot of stuff just because we have room for buyer, and poorly maintained it. Start getting rid of any items homes sell for less. Even if a you will not be taking with you, now. You can have a lem, his home inspector will. garage sale, call a charity (and get a tax deduction), give items we have developed a "Home to people who can use them, or just throw things in the garbage. Depending on your time frame, you can get rid of clutter a little bit every day or this checklist can add 5% tgo every week. Your goal is to your selling price. Call us at

What does this accomplish? It doesn't matter if every- The less clutter in a home, the thing is not perfect, as long as larger and neater the rooms and storage areas look to a buyer. A When you plan on selling your larger, neater home sells for higher price. Also, moving day

Every box or bag you get rid of now is one less you will What kinds of things can you have to deal with when mov-

and repairs. Those little repair projects that you forgot to do will reduce the price a buyer will pay for your home. sticking doors, loose railings Start emptying the home out and broken light fixtures indicate poor maintenance to a buyer doesn't notice a prob-

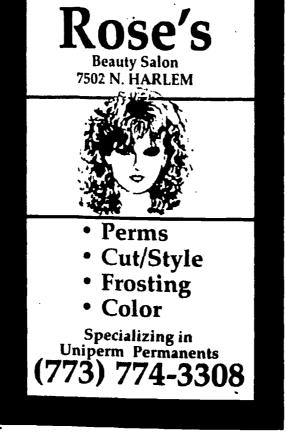
At Callero & Catino Realty Value Improvement Checklist" that reviews your home and the little hings you can do to increase its value. Following eliminate clutter now, instead 847-967-6800 for a free copy.

Niles Sister Cities looking for a few good athletes

Friendship Games in Leixlip, the first week of July with Niles Niles.

he Niles Sister Cities athletes competing against French Association is looking for and Irish children in soccer, bas-A athletes age 12 to 15 to rep- ketball, tennis and track and field. resent the village in the 2005 Athletes must pay their own airfare but other expenses will be Ireland. The games will be held paid. Leixlip is the sister city of





THE BUGLE

BY ROSE BENNETT GILBERT Copley News Service

O: Our new house has striped wallpaper in the hallway and living room. The paper is very pretty - and, I think, expensive - so we don't want to replace it, but something doesn't feel right. The living room has tall ceilings and the stripes make it look even higher. We've hung a couple of big paintings, which helped some, but we're wondering if we should add wide molding around the top of the wall. Would that

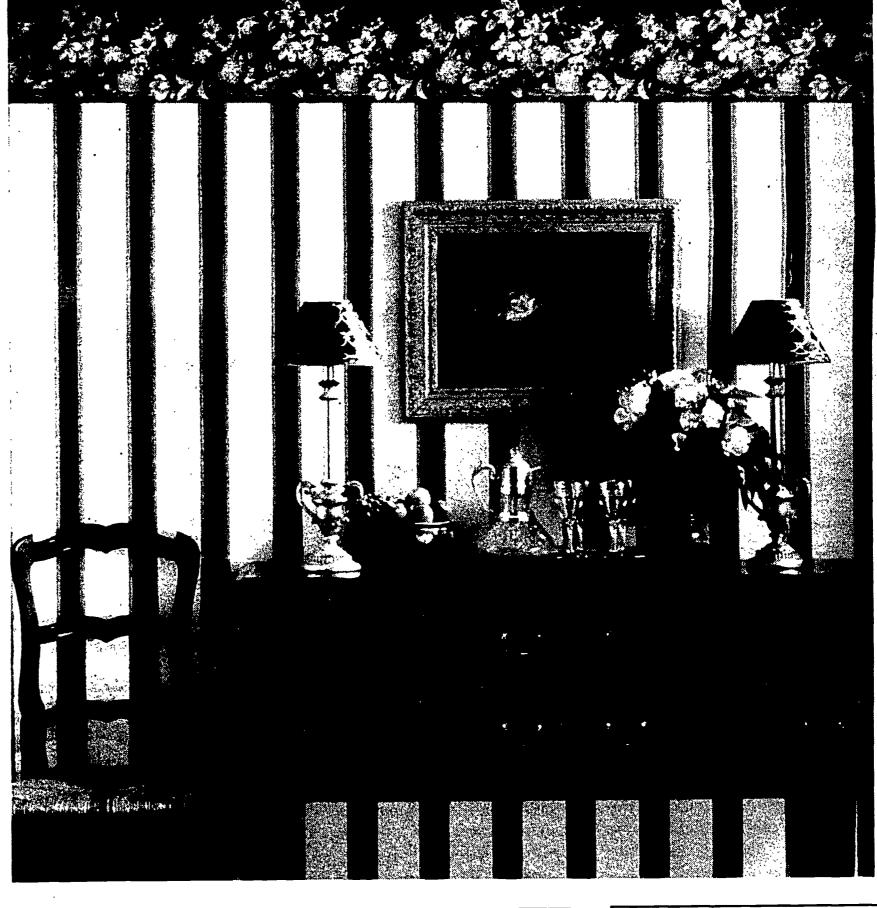
A: Yes, especially if you paint the molding one of the darker tones in the wallpaper to exaggerate its horizontality, in counterpoint to the vertical stripes. As you've already deduced, stripes carry the eye upward, leading you to the optical conclusion that the ceiling is higher than it really is. For a look at your options in molding sizes and shapes,

www.hardwoodinfo.com, go "Product Choices Considerations," "Woodwork."

Or, you might achieve the same effect by using a coordinating wallpaper border. In the photo we show here, a wide floral border blends with the colors in the striped paper, effectively halting the stripes' upward thrust at a comfortable height. Both these wallpapers are from the Village "Classic Ambience" collection, so they have been carefully designed to work together. As you would be adding a border after

Decor Score

Take your ceiling down a notch or two



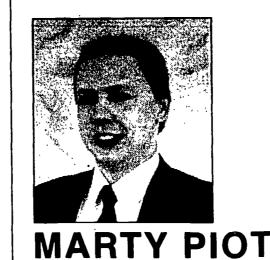
Thursday April 7, 2005 the fact, look for a floral that picks up the colors in the striped paper already on your walls. With a common color denominator. florals and stripes are a can't-miss combination. (Consult your wallpaper dealer about the type of paste you need to make sure the border adheres properly over the other wallcovering.) Q: I grew up with a wall clock my parents had that I've since learned was designed by George Nelson. Instead of a regular clock face with numerals, it had a circle of 12 balls stuck on metal rods to mark the hours. Somehow it got tossed when we cleaned out my mother's apartment. Can you tell me who made it? I've been haunting flea markets and garage sales, hoping to come across one like it.

A: Evidently, you are not alone in your affection for that George Nelson classic from the 1940s. The original manufacturer, Howard Miller, has reintroduced the aptly named "Ball Clock" as part of its Retro Collection of other Nelson designs of those times. See for yourself at www.howardmiller.com. GUEST IN PEACE?

Want to discourage overnight guests from staying overly

Then ignore the observations offered by Ann Sundet, guest for HGTV's designer "Decorating Cents," who cautions would-be thoughtful hosts to avoid sofa sleepers with "a thin mattress and

> Continues.. **DECOR SCORE** page 29.



(Marcin Piotrkiewicz)

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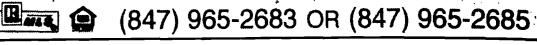
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twnhm in desirable area. Walk 2 trans. & shops. Gourmet kit. DR. Master BR suite. Wet bar k Fam.rm. on lower level. 2 Ps. 2 car attached garage.





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Crab grass makes a lousy lawn

Copley News Service

way to get rid of it?

everyone suspects they have in healthy lawn of good grass plants. their lawn. Lawn-care companies The second is to prevent weeds and chemical manufacturers use from growing and the third is to the fear of it to promote their kill them after they have grown. probably don't have crab grass because that is what most people shade. itself, even if they do have a weed want to do each spring. problem of some kind.

getting rid of a lawn nuisance is on a lawn. Pre-emergent weedto be sure of its identity before killers are great for controlling attempting any remedies. Crab- weeds, yet a huge waste of money cal. Refrain from aerating the grass control is no exception to if you don't have weeds.

This means it lives for a season, short life. About half will sprout during which it blooms, produces the following year and about 25 seeds and then dies. Even if you percent the next year. After a few don't get a cold winter in your area, it still dies. For everyone in for a few that could sprout many cold winter areas, it will die with the first frost of fall. If you think you have crab grass and you see it during the cold-weather months, you don't have crab grass. So growing, too. don't waste time and money (and potentially harming the environ-

Tall fescue is a clump-forming two months. Chemicals need to weed seeds, too - sprout better in grass that is noticeable in spring be applied to the soil before seeds thin, bare areas of soil. They get when crab grass is still in its sprout. Some chemicals do not the sunlight and warmth they infancy and not readily visible in last for more than a month or two, need. If the lawn grass is thick a lawn. Tall fescue is a perennial that is completely immune to crab-grass controls.

Even if I could put pictures of Other pre-emergent chemicals height for the species. Only take crab grass in your newspaper, it would still be difficult for most people to identify the plant in their lawn. Even descriptions that crab grass has short leaves that taper to a point and are sparsely blooming and about the time doghairy, are of little help. The best wood trees are in bloom. way to identify it is to have some- There are many brands of crab Visit Copley News Service at one show it to you. By then, grass treatments. For effective www.copleynews.com.

Northwest Association of Realtors

One of the first things to do in need for using of a pre-emergent

years, they will be gone, except years later. If you can prevent 500 Once your lawn has not had crab new crab grass plants from sprouting, you have prevented thousands of their seeds from

after the soil reaches 55 degrees Following instructions is very ment) by throwing chemicals on for five days in a row. They can important for effective results. continue sprouting for more than Crab grass seeds - and other so if the chemical is applied too early, it will be less effective on

> late-sprouting seeds. will reman effective after seeds germinate. Typical pre-emergents should be applied about the same time as forsythia flowers are finishing up, before lilacs begin

Q: Last year my lawn was filled though, it is growing in your yard. control of crab grass, you must with crab grass. What is the best There are several steps to pre- follow package directions. Using venting weeds from growing in a too much or not enough and A: Crab grass is a notorious weed lawn. The first is to have a applying it at the wrong time will cause it to be less effective, possibly even harmful to your lawn. Different portions of your lawn might warm up sooner than othproducts. In reality, most people Let's start with the second step ers, depending on the sun and

After a pre-emergent has been Many companies advertise the applied, don't disturb the soil. The chemical barrier must remain or else some seeds might not come in contact with the chemisoil, de-thatching the lawn or A single crab grass plant can pro- using a slit seeder because they Crab grass is an annual plant. duce more than 1,000 seeds in its all ruin the chemical barrier. You cannot add good grass seed for several months after applying pre-emergent because it will prevent good grasses from sprouting

> grass for several years, don't use a pre-emergent again until it shows up again.

Post-emergent weed killers are Crab grass seeds begin sprouting often less effective on weeds

and full, there will be fewer weed seeds sprouting.

Mow your lawn at the proper off about one-third of the grass blade during each mowing. Water and fertilize it properly, and it will remain healthy with fewer weeds. E-mail questions to Jeff Rugg at info@greenerview.com.

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REAL ESTATE

Decor Score

(Continued from pg. 27)

new idea, said to be the first by Berkline, a manufacturer Manfredini is urging home Rose Bennett Gilbert is the

bed. Air-chamber technology also nice to live with by day. According to a recent study of allows the mattress to be ROOM TO GROW America's sleep habits, a mis- adjusted at the push of a but- How do you make any room a send in a "before" and "after" Please send your questions to erable hide-a-bed is the chief ton to the "sleep number" - the real winner? If you take pity on the rest- Introduced by major bed have to be quick. Ace fix-up products and a spot in a copleysd@copleynews.com. broken, who must "struggle to retailer Select Comfort Hardware's bad night's sleep," look into a mattress is featured in sofas star of the "Today Show," ware.com.

Between now and July 31

photo, and a short essay about

national Ace Hardware ad.

painful metal bar" that pushes so-called "sleep number" mat- known for recliners and other decorators to grab a paint co-author of "Hampton Style" into the backs of their sleep- tress ever available in a sofa- motion furniture, so they're brush and enter the 2005 and associate editor of "Blooming Color" contest. Country Decorating Ideas.

her at Copley News Service, complaint of overnight guests exact firmness - each sleeper How-to expert Lou Manfredini your painting project and you P.O. Box 120190, San Diego finds most comfortable, says, "Just paint it." But you might win \$1,000 worth of CA 92112-0190, or online at © Copley News Service

get out of a sofa bed - (after) a (www.selectcomfort.com), the Hardware Man" and D-I-Y Check it out at www.acehard- Visit Copley News Service at www.copleynews.com.

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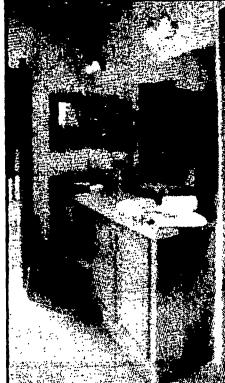


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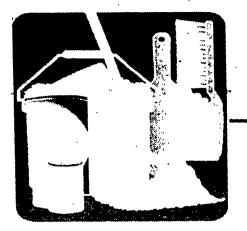


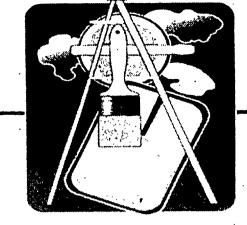
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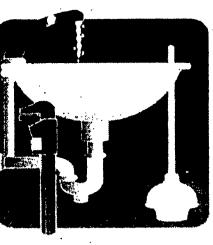
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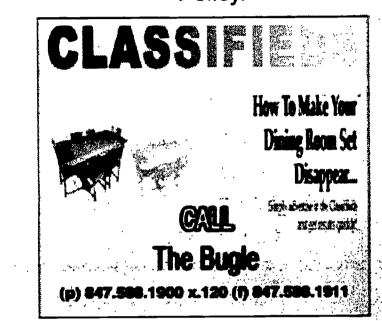
Garage Sale 6005 Lincoln Ave., Morton Grove. 4/9 & 4/10. Sat. 9-4. Sun. 9-12. Sewing & knitting materials St. Jude's Novena. May galore. Sports equipment. Costume jewelry & furniture.

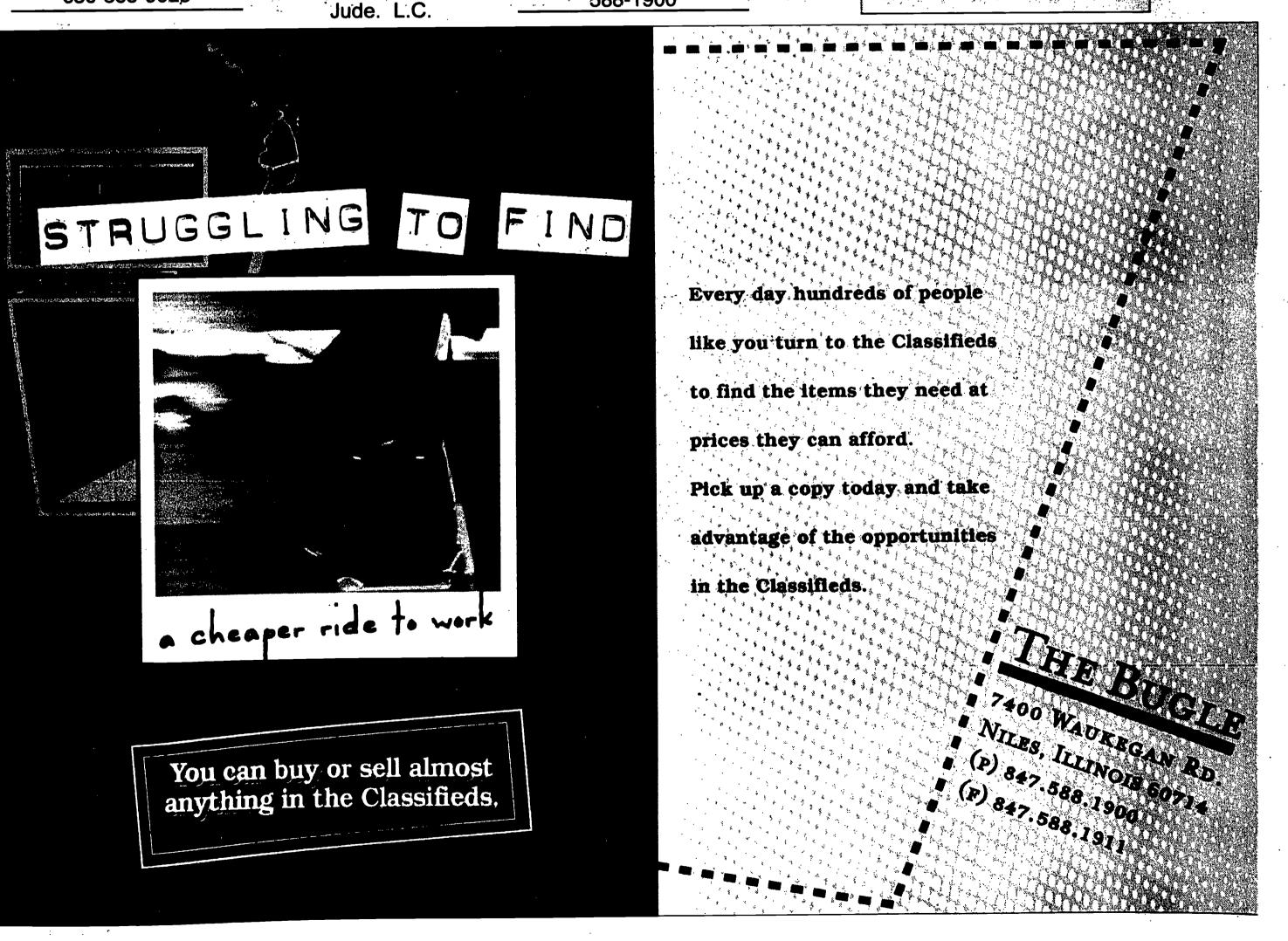


All Classified Ads must be submitted prior to 10 am Monday in order to run in that week's edition of the paper. Call 847-588-1900

LEGAL

The Niles Park District will be making chemical applications during the next two weeks in various parks throughout the district for the purpose of applying starter fertilizer on turf areas. In addition, each park will be posted with signs in the specific application areas. Signs will be posted 24 hours in advance of the applications and will remain up to 24 hours after application. All procedures concerning notification and application of turf management chemicals will strictly adhere to the guidelines outlined in the Niles Park District's Board of Commisioners Statement of Policy.





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7017 Beckwith (pictured left)

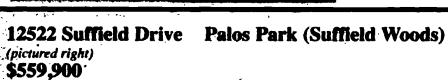
Morton Grove (Beckwith/Waukegan)

\$750,000 5BR, 3.1BTH

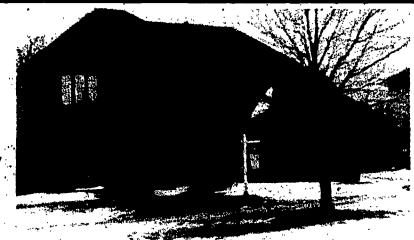
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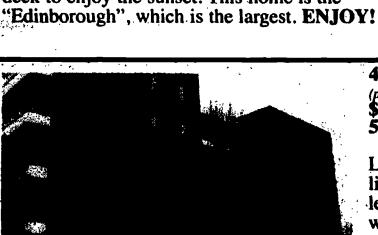


All brick home features interesting & beautiful marble floors in the expansive foyer. Large eat-in kitchen & master suite. Attached garage leads into a lovely family room. Rear of the home has a professionally finished



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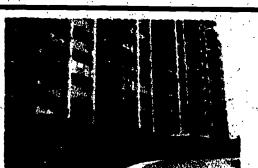
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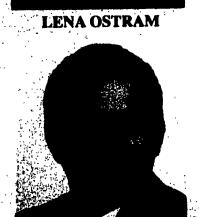
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