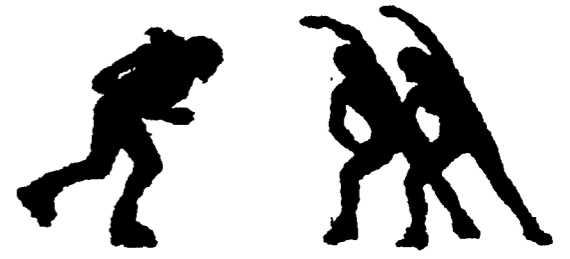




# Health and Fitness Guide



Dons take out the big bats to defeat Vikings, pg. 18

All you want to know about Vitamin E, pg. 4

# THE BUGLE



Since 1957

April 7, 2005

Vol. 48 No. 45

NILESBUGLE.COM • PARKRIDGEBUGLE.COM • MORTONGROVEBUGLE.COM

## Caucus Party Sweeps Morton Grove



From left, Rick Krier, Vip Shah, Joe Hedrick and Les Brownstein join hands at El Sol Restaurant after the Caucus victory over the Action Party in Tuesday's election. For full coverage, turn to page 10.

Blase slate takes another clean victory over challengers page 11

Frimark defeats Tinaglia in Park Ridge mayoral contest page 12

Additional coverage of local races will follow in next week's paper

### Two different elevators are options for Niles Police Station

Final recommendation for elevator is set for April board meeting

BY ANDREW SCHNEIDER  
editor@buglenewspapers.com

Officials for the village of Niles are considering either a traditional hydraulic and a newer electric elevator for the exterior of the new Niles Police Station at Touhy and Milwaukee.

The Police Station's accessible ramp, which was completed with the building in mid-late 2004, came under scrutiny after a special report from The Bugle raised questions that it may have been constructed improperly. Those concerns were subsequently confirmed by an independent architectural firm.

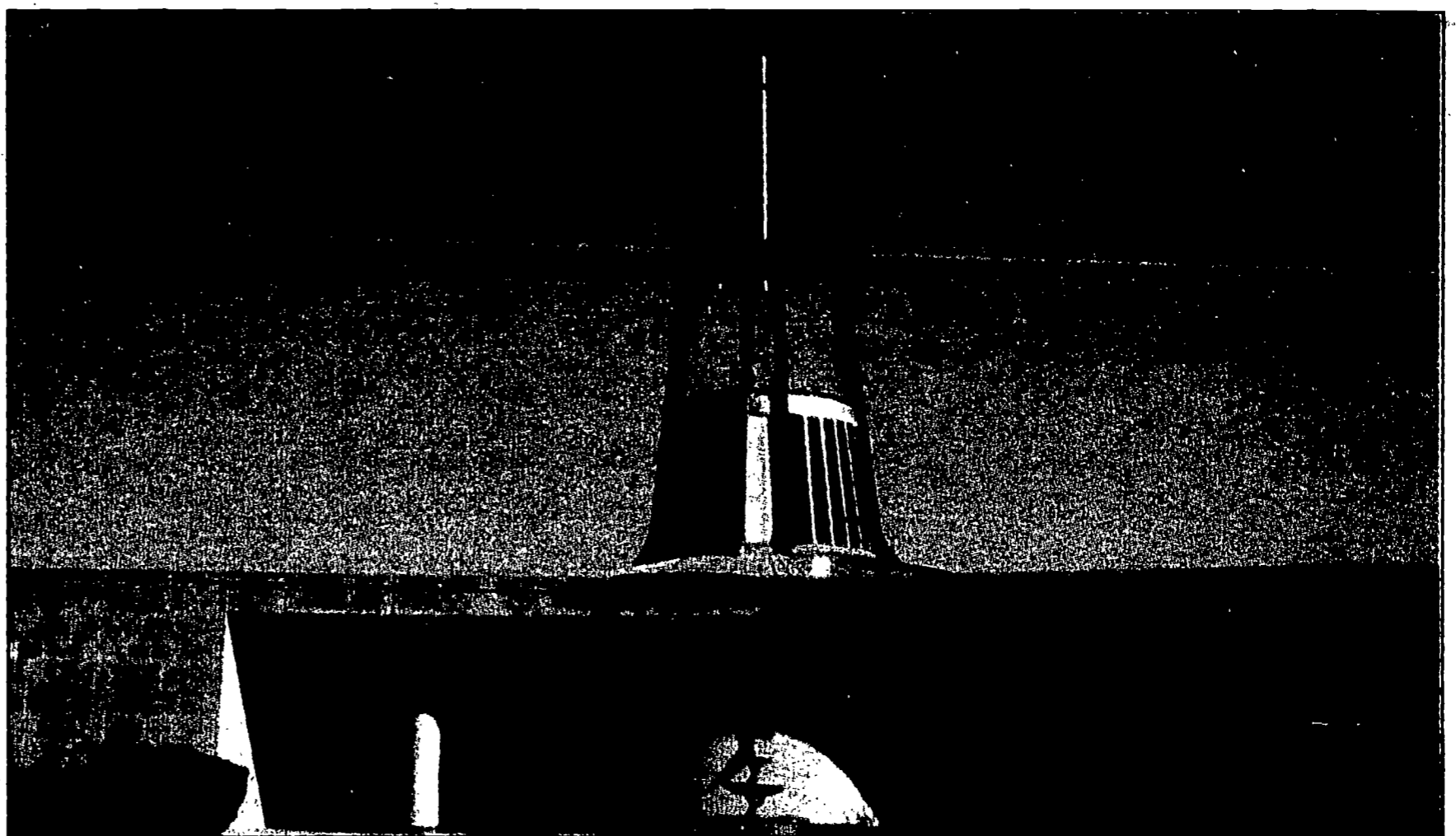
Legal violations in the ramp were repaired earlier this year, but

Niles Mayor Nick Blase said last year that he believed an elevator was necessary in order to ensure that the building was both in compliance and accessible to those with disabilities.

According to Chuck Ostman, director of Community Development for the village of Niles, Wight and Company, an architectural firm, has completed its first report on a possible hydraulic elevator. He has concerns, however, that the proposed exterior elevator might be subject to maintenance problems and has asked Wight to examine the possibility of using an electric elevator in this instance.

Continues...

POLICE ELEVATOR page 7.



### Papal Legacy

The entrance to St. John Brebeuf Church in Niles is shrouded in black Monday after the death of Pope John Paul II. One of the priests at the parish reminisces about the Pope on pages 16 and 17.

NEWS

# Niles to begin work on Howard Street Bridge

BY JEFF BORGARDT  
jborgardt@buglenewspapers.com

The Niles Department of Public Works is preparing to supervise about six weeks of bridge renovation work over the north branch of the Chicago River.

The bridge is located on Howard Street west of Oak Park Avenue near the Tam Golf Course.

The bridge renovation work will replace asphalt for a smoother ride.

The routine maintenance work is needed to maintain the infrastructure of the bridge, director of public works Jun Noriega said.

The bridge was formerly owned by Cook County. In the 1970s, county engineers expanded the bridge from two lanes to four. After that, the village of Niles took assumed jurisdiction of the bridge.

The project is slated to go out for bids this week. Noriega said the project is expected to cost about \$300,000.

The work includes routine bridge maintenance work such as filling cracks, replacing concrete and strengthening bindings.

"We have to spend a little money to maintain the bridge. If it falls apart, it will cost a lot more," Noriega said.

The construction is expected to last about six weeks. However, weather conditions could alter the timeframe.

Traffic will be cut from four lanes to two while bridge work is underway.

To reduce the impact to motorists, the lane closures are expected to occur during non-peak travel times. Noriega said traffic in this area is usually not too heavy.

"We are being proactive, with this," Noriega said. "It will extend the life of the bridge."

Near the bridge, the Niles Park District is constructing a new \$5.5 million recreation center. The center is expected to open in the fall, around the time the bridge work is done.



The Niles Lions club has raised money to train "seeing eye dogs" to assist the blind. On March 17, the Lions Club hosted the organization Canine Companions for Independence at the White Eagle Restaurant.

## Niles Lions Club lends a helping paw

The Niles Lions Club is helping dogs help people. At last month's Lions Club meeting March 17, the Lions Club contributed \$1,000 to an organization that trains dogs to help those in wheel-chairs.

The dogs can open doors, pick up dropped keys, open cabinets and may even be able to pick up the mail.

Canine Companions for Independence of Santa Rosa, Calif. trains the dogs to help the disabled. It cost roughly \$10,000 to train each bowser.

According to Lions Club president Norbert Johnson, many lions clubs, from across the country contribute to this cause.

At their past Lions Club meeting, the club presented a check to the organization.

"When they saw that \$1,000 check, they were very pleased," he said. "I don't think they were expecting so much."

The Niles Lions Club meets at the White Eagle Restaurant. They work to improve the community and alleviate suffering. The dogs are raised as pups to assist the disabled. The

veterinarian dog training is rigorous, and only a small portion are approved and go on to serve disabled humans.

Once the dogs are trained, a dog is matched with a disabled person. Then, another two of weeks training are provided to help the human and their new friend get accustomed to one another.

Differently trained dogs are used for people suffering in various ways.

For example, some of the dogs work with disabled adults and others with children confined to wheel-chairs.

The dogs are not "seeing-eye" dogs for the blind. However, some are trained to help the hard of hearing detect doorbells, fire alarms or other important noises.

Some of the even dogs assist those rehabilitating from surgery.

NEWS

## 300 will attend 'Night of Roses'

The finest in Niles are set to receive their kudos at the second annual Niles Night of Roses April 9.

The evening honors community contributions in athletics, business, law enforcement, education and overall achievement. The Night of Roses is sponsored by The Bugle. About 300 people are slated to attend.

The evening kicks off at 6 p.m. with drinks. Dinner is served at 7 and presentations begin at 8:30.

The function will be held at the Chateau Ritz, 9100 Milwaukee; 13 awards will be presented at the event hosted by the Niles Chamber of Commerce.

Chamber director Katie DiMaria said the event is offered to recognize outstanding local community achievement. The event was first held last year.

DiMaria said she is expecting everyone to "have a nice evening."

A total of five scholarships will be presented Saturday night. The scholarships include two \$1,000 college scholarships, two \$500 high school scholarships as well as the newly launched Jack Burke Scholarship. This prize will be awarded an incoming Notre Dame High School freshman in honor of long-time faculty member and Notre Dame booster Jack Burke.

In addition to the scholarships, a

\$10,000 cash raffle will be held.

The winners of the honorary 'tributes to home grown success' have already been announced.

The winners include Athlete of the Year Ryan Nallen and coach of the year Tom Norquist. Nallen is a Notre Dame wrestler and Norquist is the 'volunteer' wrestling coach at Gemini Junior High.

Landmark Ford won the business of the year distinction and 11-year Niles fire force veteran Brian Henricks will take home the Firefighter of the Year award.

Dr. Pamela Lowe of Professional Eye Care is the winner of the Ken Scheel Chamber Member of the Year award and Bob Wordel, 83, is the recipient of this year's Living Legend Lifetime Hero award.

Polish volunteer activist Joe Tatkovski is the Niles Citizen of the Year and Donald Lapin is the winner of the Niles Good Neighbor award. Polio survivor Bud Nichols wins the Overcoming Adversity prize and Ronald Brandt is the winner of the Police Officer Special Agent award.

The Teacher of the Year award goes to Mark Twain Elementary's Eva Perelgut and Resurrection High School student Erica Juris is the winner of the Youth of the Year prize.

Finally, Gemini teacher Bill Gibson is the winner of the Unsung Workers Not Enough Hours in the Day Award.

## Niles Senior drives into Blockbuster



A window in the Blockbuster storefront at the Oak Mill Mall is boarded up after a Niles senior accidentally drove into it last Sunday.

A 79-year-old Niles Senior accidentally drove into a Blockbuster video rental store at the Oak Mill Mall retail center at the corner of Oakton and Milwaukee in Niles Sunday.

The accident occurred at 4:30 p.m. on Sunday. According to Niles Police, the driver, a man, was pulling into the accessible parking space in front of the storefront and went to brake when he, instead, placed his foot on the accelerator pedal, causing the vehicle to crash through the storefront. He was driving a 2003 Toyota Camry.

Police said that they filed a re-examination request with the Secretary of State's Office. Police make similar requests whenever they encounter a driver that appears to be suffering a physical impairment.

"Often we send those forms in when we encounter someone who's elderly and may need a re-examination," said Police Sgt. Elenz. "But we also send them in when people might admit they were having problems recently with their vision."

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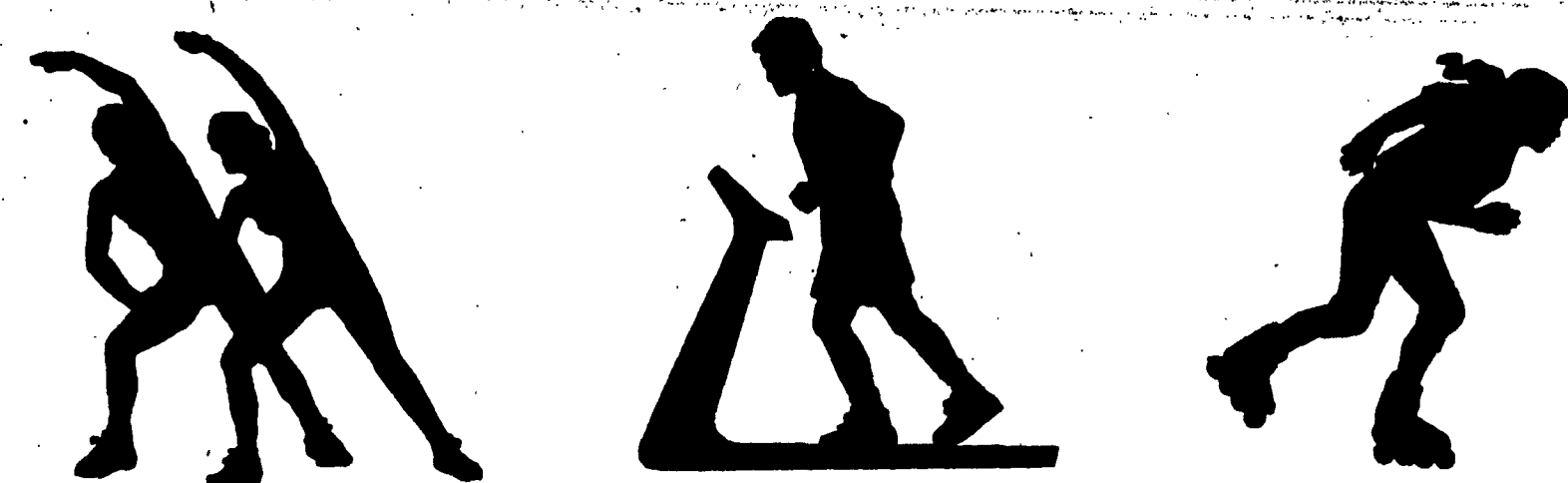
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# Health and Fitness Guide



THE BUGLE

Thursday APRIL 7, 2005

## Fitness Forum Vitamin E: tonic or toxic?

By Jack Williams  
Copley News Service

The more we put vitamin E under the microscope, the more we're left scratching our heads, confused by findings that are more contradictory than consistent. Tonic or Toxin? Tenacious defender of cells or potential hazard to heart health? Or could it be just a harmless, over-scrutinized, misunderstood supplement that should be left on the shelf until we can sort out all the pros and cons? Ask Dr. Ishwarlal Jialal about vitamin E and you get a measure of reassurance. Jialal, a University of California Davis professor and cardiologist who has studied the supplement for

decades, is quick to see flaws in two well-publicized studies published this year that make vitamin E out to be a potential killer. "Vitamin E is a very attractive, slow-acting antioxidant," he said. "It's important not to miss the big picture - what has been documented in clinical trials for years. Studies show benefits up front - fewer heart attacks, cancers, and that people who take vitamins are healthier." Jialal is not without company in trying to defuse any unnecessary panic caused by the negative research results. Scientists participating in a vitamin E forum at the University of

Southern California agreed it would be premature to apply recent isolated findings to the general population. They were reacting to two published reports - one in January suggesting high doses of vitamin E can increase the risk of premature death, one in March indicating it may promote heart failure. The key words in the March study published in the Journal of the American Medical Association were "can't be confirmed at this time by other trials" and "could be due to chance." The larger January study, published in the Annals of Internal Medicine, reviewed 19 international clinical

trials of vitamin E involving nearly 136,000 people. It found that as the dosage went up, so did the risk of dying. Someone taking 400 international units of vitamin E a day for five years, for example, would face a 5 percent higher risk of dying, according to these studies. However, researchers found no increased risk below 400 IUs. Critics of the findings pointed out that the data was pooled from disparate studies with different populations and the results were weak. On the other hand, Alice Lichtenstein, chairwoman of the nutrition committee of the American Heart Association,

expressed this view: "This just shows once again that very high levels of individual nutrients can have adverse effects." While federal guidelines don't recommend vitamin E supplementation, they state that doses as high as 1,000 IUs per day are safe. Most of us get about 10 IUs a day from our diet, provided we consume corn, nuts, seeds, olives, spinach, asparagus and other green leafy vegetables and vegetable oils. Many of us take up to 1,000 IUs in supplemental form, making vitamin E the most popular individual vitamin behind vitamin C, according to...  
Continues...  
FITNESS FORUM page 5.

The Bugle

Thursday APRIL 7, 2005

## HEALTH & FITNESS

### LifeWire

An efficient exercise program costs little

BY VEN GRIVA  
Copley News Service

Many an expensive stationary bike, treadmill or elliptical exerciser has met a dusty end in garages and basements all across our land. That's a shame, because it really takes little money or fancy equipment to get started on a successful exercise program, says the March issue of Consumer Reports onhealth magazine. A good pair of shoes for the relevant activity is all you really need. A score of recent studies have shown that walking briskly for 30 to 60 minutes a day can reduce the risk of many health-related ailments, such as Alzheimer's disease, coronary disease, stroke, depression, obesity and diabetes. But for those with a burning need to feel the burn, joining a gym can yield substantial health dividends. A recent survey found that nearly one-third of successful exercisers belonged to a gym. A month's membership averages about \$50 per adult. Better deals can sometimes be found at local community centers or YMCAs. In another recent study, seniors with coronary heart disease found that regular supervised exercise made it easier to lower their risk of stroke and heart attack. Seniors in the study who were given a pamphlet describing an exercise regimen alone were much less likely to increase their activity. Seniors who were assigned a regimen and a specific place to work out were able to reduce their risk of heart attack and stroke through regular activity. That's where the gym or a personal trainer can have significant positive effect. A personal trainer can help people in need of guidance or prodding. Some gyms have trainers or you can find them on your own. The American Council of Exercise (800-825-3636, www.acefitness.org) and the American College of Sports Medicine (317-637-9200, www.acsm.org) can provide nationwide lists of personal trainers or certified instructors. Sessions with personal trainers can cost between \$30 and \$100. But for some it is only necessary to schedule two or three sessions to get on the right track. If you can't afford a personal trainer or gym membership, here are a few relatively inexpensive means you might consider putting to use in your next workout: - Online exercise sites (\$5-\$20 per month). Web sites such as www.iShape.com and www.MyExercisePlan.com offer

programs for specific training goals, let you track your progress and sometimes offer one-on-one advice. - Pedometer (\$12-\$55). Pedometers track steps taken, distance covered and calories burned. They can help walkers determine whether they are achieving the moderate or vigorous exercise levels suggested by many health studies. - Stability ball. (\$20-\$55). These large vinyl balls are used to perform a variety of effective back and abdominal exercises. They come in two basic sizes. The smaller ball (55 centimeters) is for folks shorter than 5-foot-7, while the larger ball (67 centimeters) is for taller folks. - Step (\$40-\$150). Stepping on and off a low platform builds stamina and leg strength. The best steps adjust easily to different heights and for safety sake have skid-resistant materials on the bottom. - Dumbbells and barbells (\$40 and up). Weight-bearing exercises have been proven essential to maintaining bone density into our later years. Dumbbells and barbells are effective strength builders when used correctly. Adding a weight bench (\$40-\$90) makes it possible to perform more exercises. FAMILY FORECAST Your siblings' medical history might do a better job of indicating your chances of developing heart disease than that of your parents, according to a four-year study published in Circulation: Journal of the American Heart Association. Doctors measured coronary artery calcification, a likely predictor of increased heart risk, in 8,549 patients with coronary disease, mostly men. They found that those who had a sibling with coronary artery disease had the highest risk of calcification. The authors speculate that adverse circumstances in childhood, likely shared by siblings, could explain the connection. So be sure to let your doctor know your brother and sisters' health histories as well as those of your mom and dad. "The study is the first to demonstrate that a sibling history of premature coronary heart disease is more strongly associated with calcium deposits than a parental history of premature (coronary heart disease)," said senior author Dr. Roger S. Blumenthal, director of the Ciccarone Preventive Cardiology Center at Johns Hopkins Hospital in Baltimore, Md. E-mail Ven Griva at ven.griva@copleynews.com or write to P.O. Box 120190, San Diego, CA 92112.

### Fitness Forum

(Continued from page 4)

ing to the Nutrition Business Journal. Many of us consider it an immune system's best friend. We are told it could ward off the damaging byproducts of unstable molecules known as free radicals that insidiously compromise cells. We are encouraged by evidence that it could protect us from cancer, heart disease, diabetes, Alzheimer's and the depleting effects of intense

exercise. Among questions yet to be answered: How much do we need? How often? And in natural or synthetic form? Clearly, studies showing benefits point to natural sources of vitamin E as superior. If you're reading labels, that would be d-alpha tocopherol as opposed to dl-alpha tocopherol, a synthetic version found in many formulas.

In any case, we need more definitive randomized clinical trials that aren't manipulated to serve a specific point of view. "I would hate to see a fear factor that prevents people from taking part in these trials," Jialal said. "If we had started research on something like this, we never would have developed statin drugs, which show a clear benefit in preventing cardio-

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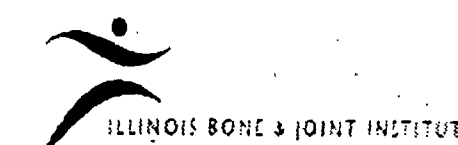
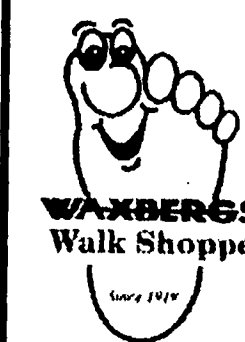


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BY SCOT LAFEE  
Copley News Service

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**MEDICAL MILESTONES**

Sixty-four years ago - in 1941 - Ernst Chain and Howard Florey tested penicillin in their first human subject, a 43-year-old man whose scratches from a rosebush had turned septic, resulting in blood poisoning and numerous abscesses. Because the man was "in great pain, desperately and pathetically ill," he happily agreed to the experimental drug. Within four days, he was greatly improved, but Chain and Florey had only a small amount of penicillin and were forced to stop treatment. The man's infection returned and he died four weeks later.

**BODY OF KNOWLEDGE**

- The pupil of the eye expands as much as 45 percent when a person looks at something pleasing.

- Babies are born without kneecaps, which appear between 2 and 6 years of age.

- It's estimated that it would take 1.12 million mosquito bites to drain-all of the blood from the average adult human being.

Source: "The Odd Body" by Stephen Juan (2004)

**WORKS FOR THEM**

It's a truism that more people should ride their bikes or walk to work. Except, of course, in Southern California, where most people commute numerous miles to their jobs and biking/walking there would pretty much mean that's all they'd be doing.

But for those so inclined, an epidemiologist with the Oregon Department of Human Services has put together a national ranking of 34 metropolitan areas for biking and riding to work and for play, based upon surveys of more than 500,000 Americans.

Not surprisingly, New York City came in first with the highest percentage of residents using their feet or bikes for basic transportation. San Francisco was tops for percentage of residents who walk

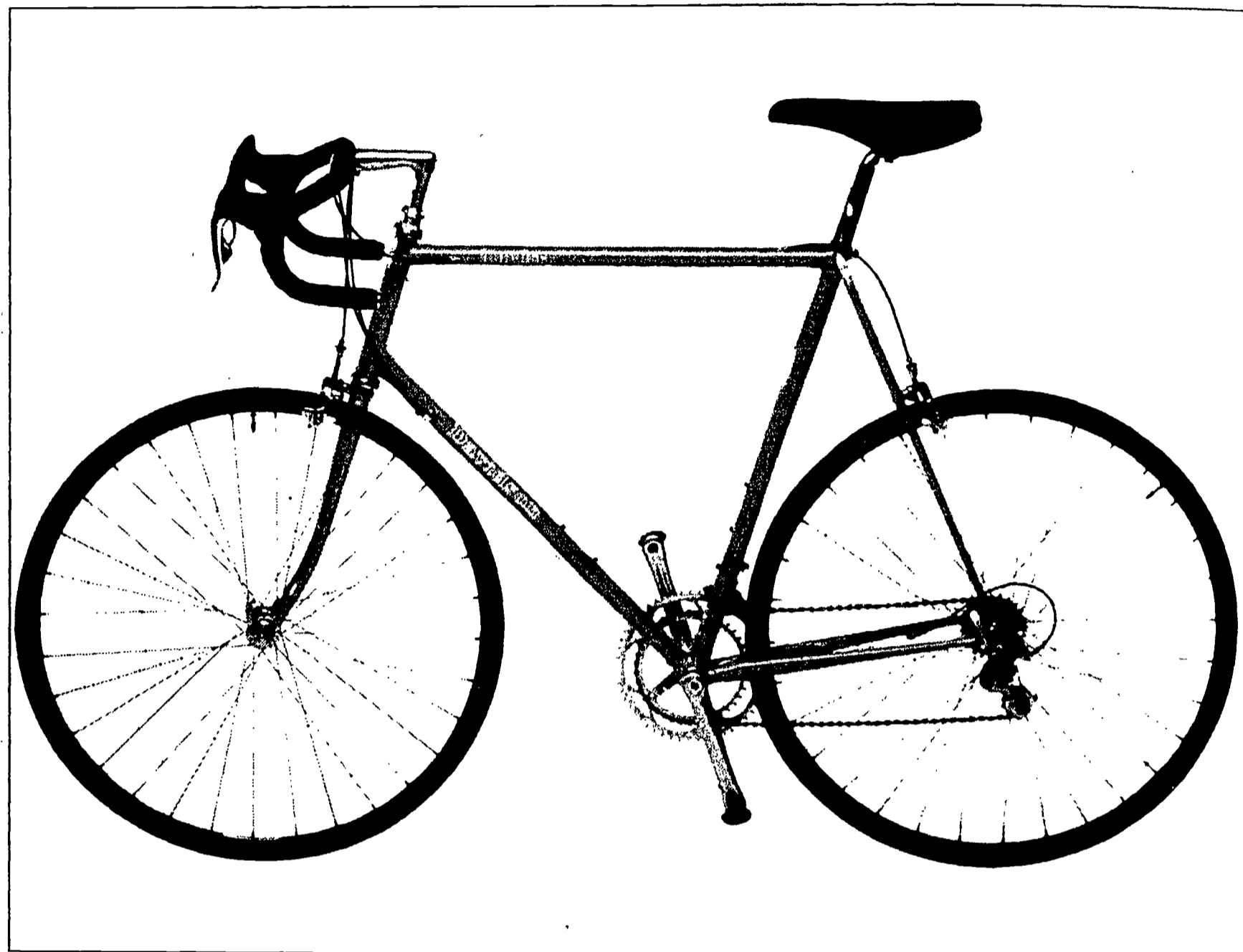
or bike for recreation. The South claimed the bottom spots. Memphis had the lowest proportion of people who walked or biked for transportation purposes. Atlanta had the lowest number of folks who did either for recreation.

**GET ME THAT, STAT!**  
Seventy percent of women surveyed in a recent Ladies' Home Journal poll said women are more tolerant of their overweight husbands than vice versa.

Twenty-six percent said they feel the greatest desire to lose weight when they see a photo of themselves. Nineteen percent said they felt that way when trying on clothes in a dressing room, 15 percent when putting on a bathing suit and 3 percent when getting into bed with their husbands.

**BEST MEDICINE**

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Doctor: What happened?  
Patient: Well, after the first two, I felt better.



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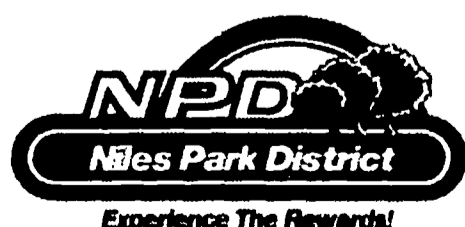


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B 2/05

Park Ridge approves 'fair housing' ordinance

BY JEFF BORGARDT  
[jborgardt@buglenewspapers.com](mailto:jborgardt@buglenewspapers.com)

**A** new Park Ridge housing law aims to enshrine the rights of crossdressers and transgendered individuals moving to Park Ridge.

The newly proposed "fair housing" ordinance would punish landlords who choose not to rent to tenants based upon their "gender identity and expression." The landlords could be fined up to ten thousand dollars.

At Monday night's board meeting, the ordinance was read for the first time. It is slated to receive a second reading at the next meeting before becoming official. The ordinance expands protected classes for housing.

Currently, Park Ridge landlords cannot discriminate against tenants based on race, color, religion and nationality.

Now, the protected classes will be expanded to include 15 categories such as sexual orientation, disability, age, parental status, marital status, source of income and more.

Third ward alderman Sue Bell explained the new rules have been in the works for several months.

She amended the official ordinance at the meeting Monday night.

The written text prohibited barring housing based upon a tenant's "gender identification."

Bell changed that phrase to "gender identity and expression."

The city attorney said it was "fair" to say the ordinance prohibits landlords from refusing housing to crossdressers.

Authorities said they are unaware of any crossdressers or "transsexuals" who wanted to move to Park Ridge but could not.

However, this measure is designed to prevent any future problems.

Furthermore, they said the ordinance is not part of an active pursuit to invite more gays, lesbian and transgendered individuals to relocate in Park Ridge.

Rather, it is a bid to insure everyone has an equal right to housing under the law.

Landlords cannot discriminate against tenants because of their religion. However, religious organizations are allowed to house only those of their faith. For example, a Catholic convent can refuse to house an individual who does not follow the Catholic faith. Currently, private clubs and individuals may screen their tenants for housing purposes. Under the new rules, that would no longer be allowed, said mayor Michael MaRous.

First ward alderman Don Crampton applauded the ordinance and said it is "clearly overdue." The ordinance creates a new five-member Fair Housing Commission appointed by the mayor.

This commission would have enhanced powers and duties. Currently, a similar commission exists but has never met. The new commission would be responsible for composing an annual report.

If someone has a housing complaint, the commission and the city manager would be empowered to handle the complaint. The City Council could order a fine of up to \$10,000. This may require court action.

Students can apply for General Assembly Scholarships

State Rep. Elaine Nekritz announced that she is now accepting applications for the 2005 General Assembly Scholarship.

The Scholarships are offered to the residents of the 57th District, which includes Niles and Park Ridge among other communities.

The cover one year of tuition at the following state universities:

University of Illinois Urbana/Champaign, Chicago State University, Eastern Illinois University, Governors State University, Illinois State University, Northern Illinois University, Northeastern Illinois University, Southern Illinois University and Western Illinois University.

The deadline for applications will be Apr. 29.

Police Elevator

(Continued from page 1)

Ostman said that hydraulic elevators require an equipment room whereas electric elevators do not. He also said that electric elevators could be as much as \$6,000 cheaper.

"It might be better on maintenance in the long run if we go with

the electric elevator," said Ostman. "It could also end up saving money in the long run."

Ostman said that there were no hard numbers available yet on the cost for the elevator, but that he was preparing a report to present to the village board at the April meeting.

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# COMMENTARY

THE BUGLE

Thursday APRIL 7, 2005

## THE BUGLE

In Service to the Community

### Editorial Board

#### Publisher

Richard Masterson

#### Editor

Andrew Schneider

#### Advertising Manager

Barbara Karawacki

## Same old stuff in Niles

Letter Written Mar. 30, printed at author's request

Dear Editor,

Today I received a letter from the Maine Township Democratic Organization concerning the upcoming election. It really strikes me as odd that in all of the years that we have lived here, over 45 years, that this organization has not bothered with us because we are from Niles Township.

This letter was to inform me and everything else that there is another "democrat" on the ballot who is "not a member of the Maine Township Regular Democratic Organization." Maybe because this "democrat," like me, lives in Niles Township. Does this imply that anyone who does not belong to "the Organization" is nobody or nothing?

Years ago, when we were young we were very active

in the elections and it was exciting. I even remember when the village clerk was an elected position. I called the number on the bottom of the letter and, surprise, I got the White Eagle.

I wish this letter could have gotten to the paper before the election but, surprise, surprise, there was no time since the paper comes out tomorrow.

I voted for the other democrat (Joe LoVerde) and I hope hundreds, no

thousands of others did too. I thought this was a Niles election. Why send us in Niles Township this letter? Frankly I don't give a darn about your township election.

I think this was, for the lack of another word, stupid.

Whoa, hold on a minute. Another letter from Mayor Blasc. In this letter he talks about how Joe LoVerde is running as a Democrat and that the election should be

about what is best for the village of Niles and not by party affiliation.

Now, all the more, I am questioning why did we receive that letter from the Maine Township Democratic Organization endorsing the Present Leaders for Financial Security.

I guess it is the same old stuff. What is good for some is not good for others.

Joan Galinski, Niles



THE BUGLE

Thursday APRIL 7, 2005

## Niles Park District Events



2005 Ice Show Tickets on Sale! Tickets are now on sale for "Big Thunder Gulch, an Old Western Adventure" IceLand's 2005 Ice Show. Over 100 skaters participate in this extravaganza of music and lights. The show will be held May 13th thru May 15th. Show times are Friday 7:00 pm, Saturday 2:00 pm and 7:00 pm, and Sunday 2:00 pm. Reserved seats are \$8.00 and general admission is \$6.00. For further information, please call (847) 297-8010.

Pioneer Park Re-Opens for the Season, April 9th

Come out to practice your swing, whether it is with a golf club or a baseball bat. Niles Park District Pioneer Park batting cages will be re-opening for the 2005 season Saturday, April 9th. We have made some new and exciting improvements on our miniature golf course, which will be opening Saturday, April 30th. While you are working up an appetite, visit our concession stand for a cool drink and something to eat. Parties and fundraisers are also available

## Learn how to prepare your end-of-life wishes

Do you and your family members know your end-of-life wishes? Maryhaven Nursing and Rehabilitation Center, 1700 East Lake Avenue, Glenview, will host a free one-hour community presentation on the Five Wishes—establishing a living will and power of attorney so family members know what to do for a loved one when a medical crisis occurs. The program will

take place on Tuesday, April 19 at 7 p.m. Eric Jacobson, Provider Relations Liaison for Rainbow Hospice, will give the presentation. Five Wishes is recognized as a legal document in 35 of the 50 states (including Illinois) and the District of Columbia. Five Wishes lets your family and doctors know: Which person you want to make health care decisions for you when you can't

make them. The kind of medical treatment you want and don't want. How comfortable you want to be, how you want people to treat you, what you want your loved ones to know, while the presentation is free, advance registration is required, free parking is available. Please call Maryhaven at 847-729-1300 for more information and to register.

## The Maine Course

Bob Dudycz  
Maine Township  
Supervisor



that this is not a Township issue but we should do something about it." I asked Robert to bring it up at our next Board meeting."

He said, "We Veterans need help, the forms you have to fill out can make you dizzy. It is bureaucracy gone wild."

"I know," said Gary, "it takes a specialist to figure out the process and with our veterans we need to give them all the help we can."

Being a veteran myself, I understood the need and prepared to speak to our Board. This was a hot topic and with the state of the world today, I felt we needed to do something about it. Our neighbors serving in Iraq, Afghanistan and around the world not only need our undying respect, they need our support and assistance when they come home.

"My neighbor has a question for the VA and she can't get the help she needs. When she was in the Army there was a paper mix-up that will affect her benefits. Who can she see for some help?" said Robert.

Gary told us about a sailor who had problems understanding how to get a medal for his time in service. I knew a resident with a similar question and it didn't take

long for us to get a plan.

At the board meeting, the vote for veteran support was unanimous. We approved a measure to provide an advocacy service to our veterans. We assigned the task to two of our staff, to be trained as advocates for our Veterans. This was to be added to our next budget and we were pleased that new tasks would be performed without any increase in payroll.

Any Veteran with the desire to cut through federal "Red Tape" or

those who need help in understanding the VA assistance process can call us for help. Just ask for our veteran advocates John Ulrey or Diane Franzen at 847-297-2510.

Your veterans, Gary Warner, Robert Provenzano and I are proud to have served in the military and we are also proud to have a Veterans Administration assistance program available to our brave and wonderful service personnel.

## Letters Policy

The Bugle encourages readers to submit letters to the editor. To be considered for publication, all letters must be signed with the writer's full name. An address and telephone number (which will not be printed) must be provided for verification purposes. Letters exceeding 250 words may be edited for length or punctuation. No potentially libelous letters or letters containing personal attacks will be printed. Writers are limited to one letter per month. Deadline is 5 p.m. Fridays. Send letters to: Letters to the Editor, 7400 N. Waukegan, Niles, IL 60714 or fax to (847) 588-1911.

## Maine Adds Veteran's Assistance to Menu of Services

One day last fall, while adding cream to his coffee Gary muttered his displeasure to Robert. "I can't understand our government, the VA is supposed to help veterans. It seems that the Federal government only makes things harder for us."

That morning, a resident

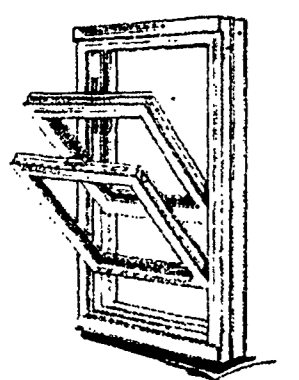
stopped in for advice on a retirement question and the Clerk could only refer him to the Veteran's Administration office on West Taylor Street in Chicago.

With growing frustration, Gary cried out "There has to be some way to help our friends who have served or who are now serving in the military."

Robert shook his head in agreement. "I'm a veteran and if I need answers they tell me to go to the south loop office. That means that I fight traffic, wait in long lines, pay for parking and fill out paperwork. They sure make it inconvenient."

I stopped by to refill my coffee cup and heard this exchange. "You know boys, earlier this year the buzz in the news was that our state had the least services and benefits for veterans. You know

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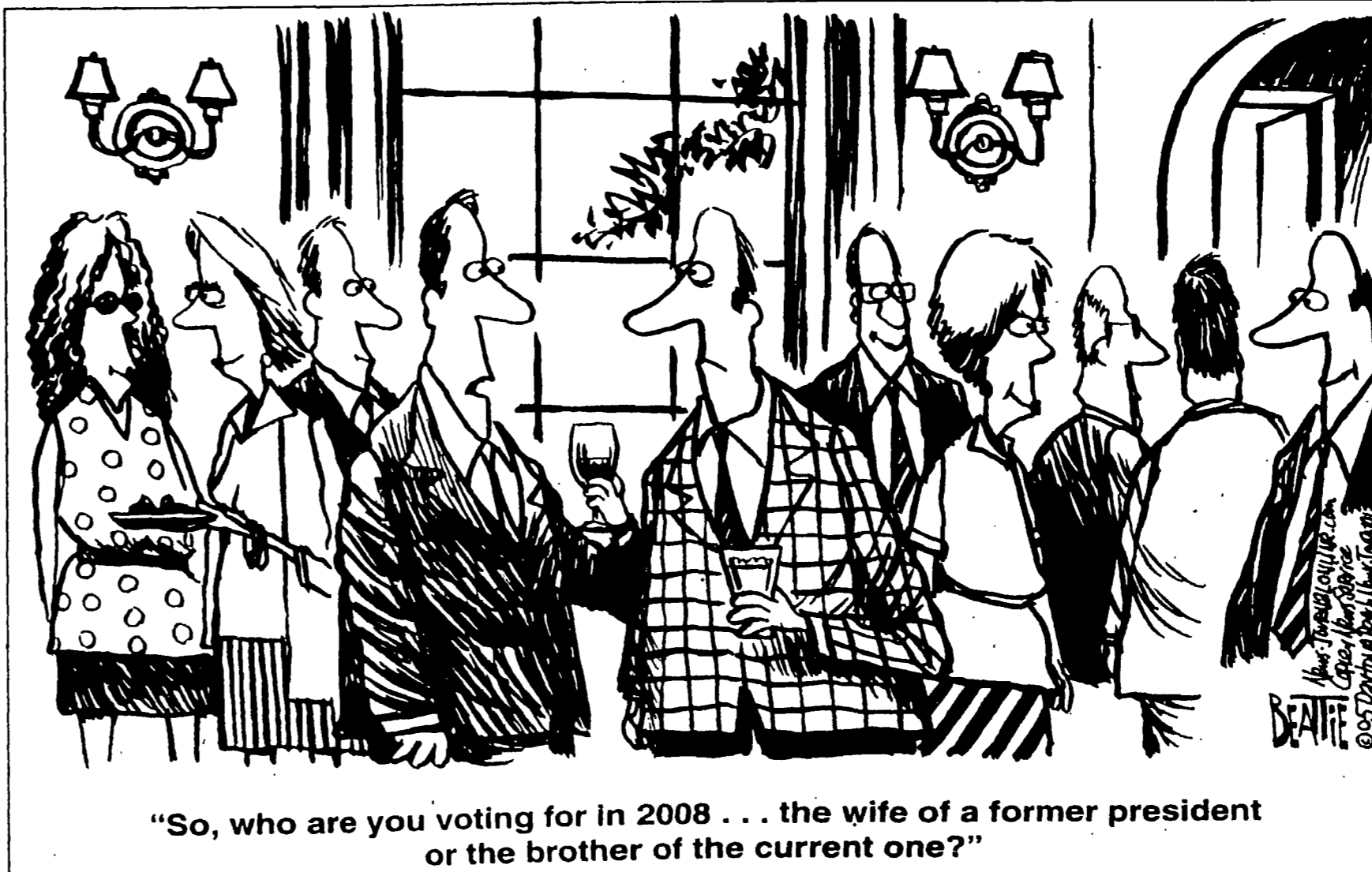
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"So, who are you voting for in 2008 . . . the wife of a former president or the brother of the current one?"

## Grote, Resurrection host Social Security seminar

Mr. Marc F. Grote, the Niles Edward Jones investment representative, is sponsoring a seminar, luncheon, and bingo from 11:30 AM to 2:00 PM Tuesday, April 19, 2005 at St. Andrew Life Center, 7000 N. Newark Avenue. This informative community event, co-sponsored by Resurrection Healthcare, will feature a consultant from the Social Security Administration discussing "What Social Security Means to Current Retirees." Don't miss out, call to reserve your seat today.

For more information, call Marc F. Grote at 847-663-1650. Edward Jones, the only major

financial-services firm advising individual investors exclusively, currently serves more than 6 million clients. The firm offers its clients a variety of investments, including certificates of deposit, taxable and non-taxable bonds, stocks and mutual funds.

The largest firm in the nation in terms of branch offices, Edward Jones currently has more than 9,000 offices in the U.S. and, through its affiliates, in Canada and the United Kingdom.

The Edward Jones interactive Web site is located at [www.edwardjones.com](http://www.edwardjones.com).

## Evanston Golf League recruiting

The Evanston Women's Golf League is recruiting new members, both regular and substitutes, for the 2005 summer golf season. The League's opening day is Monday, June 6, and the season will continue every Monday through September 26. Tee times run from 7:30 AM to 8:45 AM. All play is held at the Peter Jans Community Golf Course, 1031 Central Street, Evanston, on the front nine holes.

Women of all ages and abilities are welcome to join. To be assigned to a team, a handicap needs to be established by

Monday, May 16, 2005, by playing three, front 9-hole rounds at Peter Jans. A mentoring program for new members has been set up to assist them in establishing a handicap, and introducing them to the course.

A coffee hour and organizational meeting for new and current members will be held at 9:00 AM, Monday, May 23, 2005, at the American Legion Hall, 1030 Central Street, Evanston.

For more information, contact Ann Stevens, (847) 869-1170, or Shirley Palmer, (847) 677-2294.

Please note the content for this section has been provided by members of the community, and does not reflect the opinions of the Bugle nor is the information endorsed by The Bugle.



Village of Morton Grove

# Caucus Party sweeps village board

The Morton Grove Caucus Party ended over two decades of Action Party rule in the village Tuesday, sweeping the local election and taking control of village government.

At a party following the election at the El Sol Restaurant in Morton Grove, village president-elect Rick Krier said that he was thrilled at the opportunity to serve the voters.

"I'm glad that we went for the people's endorsement," said Krier.

"The voters clearly want change and we don't represent change for change's sake, but change for the better."

Krier, currently a member of the village board of trustees, will take office in May. He will be joined by

Brunner, Rita Minx and Roy Kogstad, trustees-elect and Carol Fritzschnall, clerk-elect.

"I think that the message was heard loud and clear," he said.

When the new board takes office, there will only be two remaining Action Party members, Dan DiMaria and Dan Staackmann, who ran for mayor as the Action candidate.

"Integrity did not lose here tonight," Staackmann said Tuesday of the election results. "I'd like to congratulate the Caucus Party."

DiMaria said that he was looking forward to working with the Caucus Party members and hoped that they could put the politics of the campaign behind them.

"I'm willing to work with anyone who wants to work for the best interests of the village," said DiMaria. "My heartfelt congratulations to the whole slate."

Krier vowed to bring

openness to the village and simplify the budget.

"We need to bring openness to the village," he said. "We also need to make the budget process simpler and clearer so that the residents can understand it easier."

Caucus Party members were jubilant at El Sol Tuesday night.

"It's been an unbelievable trip," said Roy Kogstad, trustee-elect. "This kind of win is not what we expected."

Kogstad said that he wanted to thank the residents of the village.

"We're not going to disappoint them," he said. "We're going to get to work tomorrow morning."

Rita Minx said that she was looking forward to the challenges of being a trustee.

"We prevailed because of a grassroots campaign," she said. "Now we're ready and excited for the challenges."

Georgianne Brunner, who lost by a mere 12-votes during the 2003 election, said that she that she'd worked hard since that time.

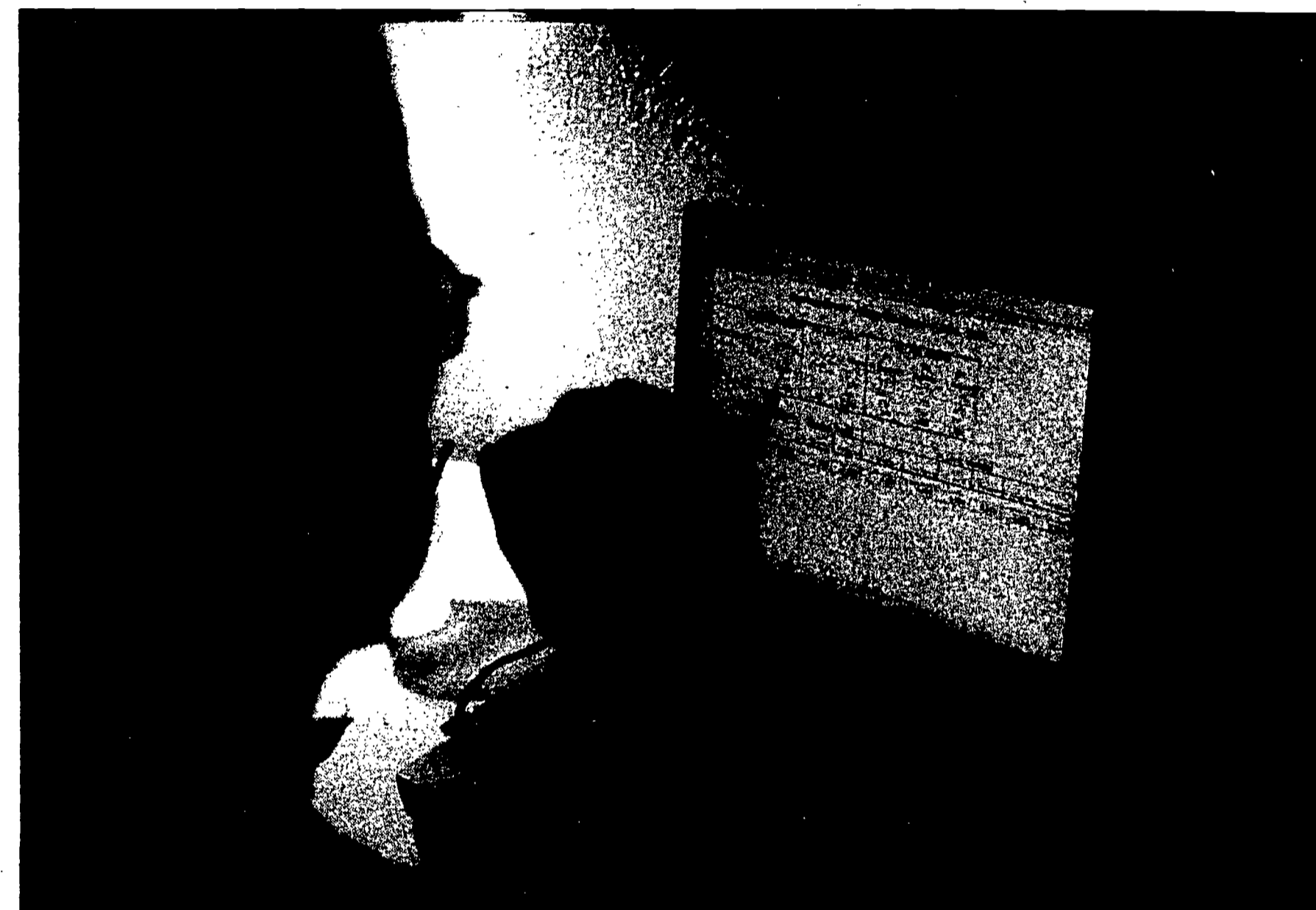
"We promised the people that we'd be back," she said of the previous election. "We kept our name and worked hard."

Carol Fritzschnall, the Caucus Party Clerk-elect said that she was ready to dig in and get some work done, starting with the village board minutes.

"I'm want to get to work right away," she said.

Krier also thanked the Action Party trustees for contacting them to concede and said he believed that they could work together.

"Trustees DiMaria and Staackmann acted with a lot of class," Krier said.



A Caucus Party support looks at election returns Tuesday night at the El Sol restaurant. The Caucus Party candidates swept the village offices in the election.

(Photo by Allen Kaleta)

## Vote Totals: Morton Grove

Office/Candidate	Votes	Percent
<b>Village President - 4 Year Term</b>		
Rick Krier	2,435	55.47%
Daniel Staackmann	1,955	44.53%
<b>Village Trustee - 4 Year Term</b>		
Georgianne Brunner	2,550	19.94%
Roy Kogstad	2,290	17.91%
Rita Minx	2,361	18.46%
Steven Blonz	1,807	14.13%
Larry Gomberg	1,869	14.62%
Maria Toth	1,911	14.94%
<b>Village Clerk - 4 Year Term</b>		
Carol Fritzschnall	2,465	56.58%
Peggy Flickinger Friewer	1,892	43.42%



Village of Niles

# Blase slate secures another victory



A Caucus Party support looks at election returns Tuesday night at the El Sol restaurant. The Caucus Party candidates swept the village offices in the election.

(Photo by Allen Kaleta)

The slate of trustees backed by long-time Niles Mayor Nick Blase secured victory Tuesday night, defeating three challengers.

"We won because we pulled together as a team," Blase said, during the victory celebration at the White Eagle Restaurant in Niles. "We ran as a team and it was reflected in the vote."

Blase, who ran unopposed was elected to his twelfth term in the mayor's post. Three sitting trustees, Robert Callero, Louella Preston and Andrew Przybylo were re-elected to four-year terms and Kim Biederman won her first term to a two-year unexpired term as trustee.

"I'm excited," Biederman said. "I'm happy to carry on as an elected official."

Preston was also glad to be re-elected. "I feel fantastic. I think it says something about the voters; that they believe in great services and low taxes."

Callero was thankful to the voters.

"We're a team and we're looking forward to accomplishing those things that the voters deserve: keeping taxes low and services high."

Andrew Przybylo said that he was happy to continue serving on the board of trustees, he was sorry

that Joe LoVerde had lost. "It doesn't feel good to lose," he said. "I've lost myself and I know how it feels. I'm just sorry that someone had to lose."

LoVerde himself said that he was happy that so many voters had supported him and that he was willing to continue serving the public in any capacity.

"I stand ready to serve the village board," said LoVerde Tuesday. "I offer my services to the board of trustees and I would like to congratulate them. I'd also like to thank the voters who came out to support me."

LoVerde said, however, that always wanted to be honest with the voters.

"If politics is about misrepresentation," he said, "then I could never be a good politician."

Ray Czarnik, who lost to Kim Biederman, was just as gracious, but said that the voters of Niles should know that he would be back.

"We'll be back," said Czarnik. "They haven't heard the last of us."

Czarnik said that he had learned a great deal from the experience of running and that he was looking forward to the future.

"We've learned a lot," he said. "We did a great job and I think we created a strong foundation."

## Vote Totals: Niles

Office/Candidate	Votes	Percent
<b>Village President - 4 Year Term</b>		
Nicholas B. Blase	3,475	100%
<b>Village Trustee - 4 Year Term</b>		
Joe LoVerde	1,934	19.03%
Louella Preston	2,654	26.11%
Andrew Przybylo	2,857	28.11%
Robert M. Callero	2,720	26.76%
<b>Village Trustee - 2 Year Term</b>		
Kim Biederman	2,067	56.60%
Ray Czarnik	1,110	30.39%
Richard Harczak	475	13.01%

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## City of Park Ridge

# Frimark wins mayoral contest

**H**oward Frimark, an independent business owner in Park Ridge won election to the post of mayor Tuesday night, defeating opponent and two-term alderman Michael Tinaglia.

"I'm ready to help move Park Ridge forward," Frimark said after his victory, "in economic development while keeping the historic character."

Of his victory, Frimark said, "it's beyond words. The people of Park Ridge have really spoken."

Frimark gave the credit to his victory to his campaign workers and thanked them for all of their hard work.

"We ran a very low-key campaign," he said. "But we worked very hard. That's how you win a campaign."

Tinaglia said that he was upset that he didn't win, but that he believed the future of Park Ridge was in good hands.

"I've lost the election," he said. "But I made a lot of good friends, and good people have been elected to the council, many of whom share my views."

Tinaglia said that he was disappointed that he didn't win, but that he wished Frimark luck.

"I wish him the best of luck with moving Park Ridge forward," said Tinaglia. "I really am a lucky man. I'm glad my paths crossed with all the people on this campaign."

Of the aldermanic races, there were only three contests. Those supported by Frimark secured victory in two of the city's seven wards, but the 6th Ward race between Mary Wynn Ryan and Marc Mazzuca could come down to a recount, since Ryan won by a mere six votes.

Several of the unopposed candidates said that, while their victories were uncontested, that did not mean that they wouldn't serve the people of Park Ridge with fervor.

"I'm completely flattered," said Kim Jones, the new 3rd Ward alderman. "I plan to work hard to move the town forward."

Jeannie Markech and Jim Radermacher, also in uncontested races, agreed.

"I'm very appreciative of the opportunity," said Radermacher. "I'm honored that the voters of the city have entrusted me with the responsibility."

"It feels good to represent the people," Markech added.



Howard Frimark receives a congratulatory kiss from his wife upon winning the mayoral contesting Park Ridge over opponent Michael Tinaglia.

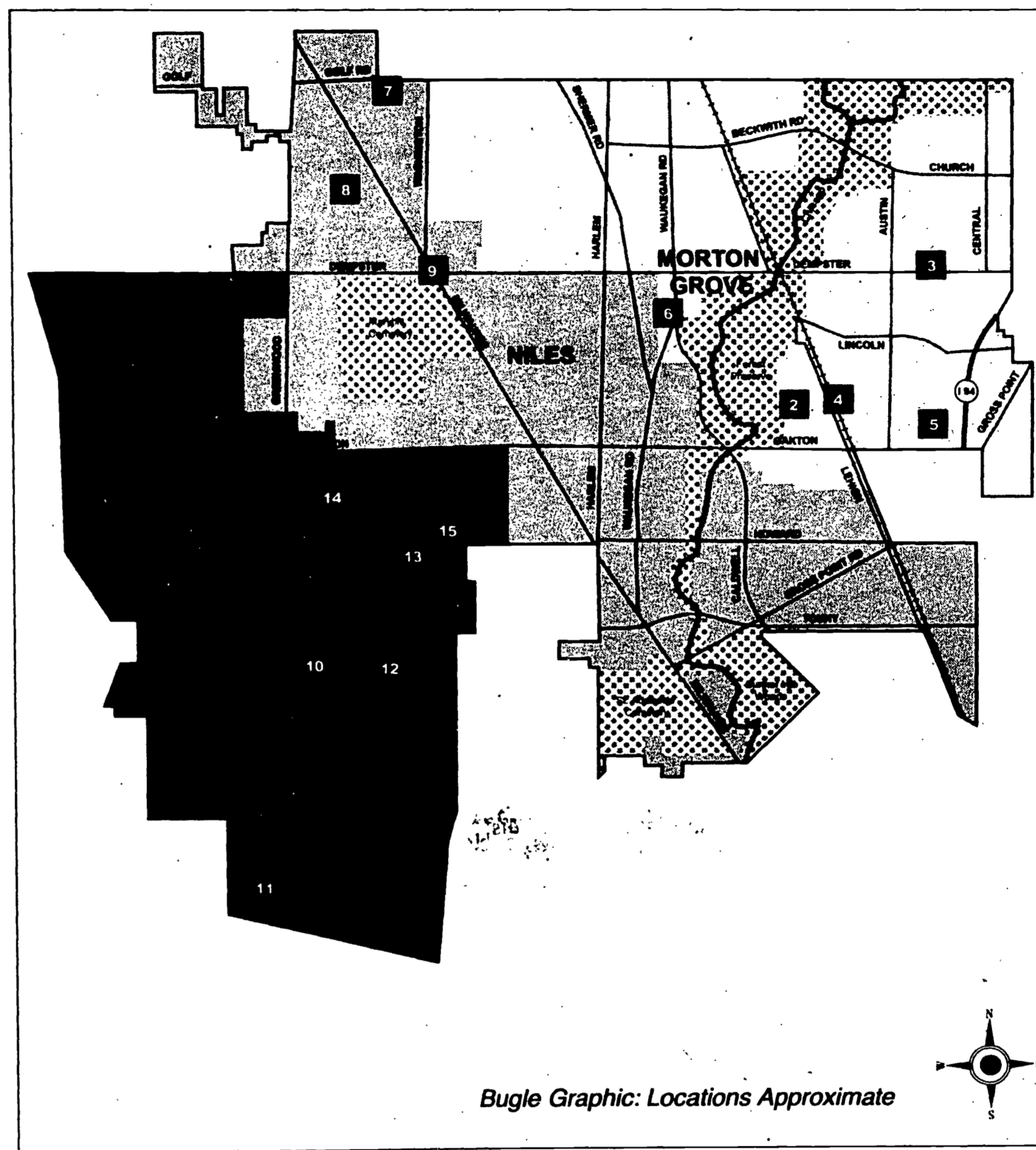
(Photo by Allen Kaleta)

## Vote Totals: Park Ridge

Office/Candidate	Votes	Percent
<b>Mayor - 4 Year Term</b>		
Michael Tinaglia	3,224	39.74%
Howard P. Frimark	4,889	60.26%
<b>Alderman - 1st Ward - 4 Year Term</b>		
John Iberl	529	38.36%
Kirke R. Machon	850	61.64%
<b>Alderman - 2nd Ward - 4 Year Term</b>		
Jeannie Markech	634	100%
<b>Alderman - 3rd Ward - 4 Year Term</b>		
Kim Jones	657	100%
<b>Alderman - 4th Ward - 4 Year Term</b>		
James Radermacher	1,053	100%
<b>Alderman - 5th Ward - 4 Year Term</b>		
Bruce Gilpin	441	34.08%
Joseph A. Baldi	853	65.92%
<b>Alderman - 6th Ward - 4 Year Term</b>		
Mary Wynn Ryan	596	50.21%
Marc Mazzuca	591	49.79%
<b>Alderman - 7th Ward - 4 Year Term</b>		
Frank Wsol	625	100%

For more coverage, check next week's issue of **The Bugle**

## POLICE BLOTTER



Bugle Graphic: Locations Approximate

### MORTON GROVE

The following items were taken from official reports of the Morton Grove Police Department for the week ending April 1, 2005.

#### 1 May not be driving for a while (7000 Dempster)

An 18-year-old Park Ridge man may not be driving for some time after Morton Grove police arrested him with a blood alcohol of 0.222 and a back seat filled with beer cans shortly after midnight March 25.

According to police the man made an improper turn in the 7000 block of Dempster and when a police officer stopped the Ford SUV he noticed a strong odor of alcohol coming from the man. Police said both the driver and his 17-year-old passenger admitted to drinking.

The arresting officer said he administered a field test to the driver. Although the driver told police he only had three beers, he later tested with a BAC of 0.222 nearly three times the .08 limit.

Police said they also found nine cans of beer and bottle of

hard lemonade in the back seat. The report does not specify whether the cans were empty or filled.

Although the report is not clear a spokesperson for the police department said the car not towed and the evidence in the back seat was not inventoried.

The 18-year-old was charged under a zero tolerance ordinance. He was also charged with an making an improper turn and consumption and possession of alcohol by a minor. He was turned over to the custody of his parents. The man has a court date of April 26 in room 102 at 9 a.m. in Skokie.

The 17-year-old was charged with consumption of alcohol by minor. He has a court date of April 26 in room 102 at 2 p.m.

#### 2 Vehicle theft (7800 Golf)

A 31-year-old Morton Grove resident told police his red 1995 Ford Probe was stolen from his driveway Friday night March 25.

The man told police the car had been stolen in the past and was recovered in Des Plaines. The owner told police

the car had a value of \$3000.

#### 3 Trailer theft (8200 Austin)

The owner of a transport company told police a semi-trailer valued at \$13,000 was missing from a holding lot in the 8200 block of Austin sometime after Tuesday morning March 10.

The owner told police the transport company stages trucks for Avon at the Austin lot and when he went to inventory the available trailer he discovered one missing. He told police the trailer has Midwest Express on the front.

### NILES

The following items were taken from official reports of the Niles Police Department for the week ending April 4, 2005.

#### 4 Illegal Porn (7400 Oakton)

A convenience store on the 7400 block of Oakton was cited for selling Hustler magazine in violation of village codes. The store agreed to take the magazine off the

shelf and return it to the distributor.

#### 5 After-Hour Coronas (9000 Golf)

A Mexican restaurant on the 9000 block of Golf Road was cited for loud music and violating their liquor license Sunday, March 20 at 2:30 a.m.

After receiving a complaint of loud music, an officer found about a dozen people drinking corona beer at 2:30 a.m. The liquor license of the establishment permits beer to be served no later than 2 a.m.

#### 6 Fake Credit Card Use (Golf Mill)

A case of identity theft was reported to Niles police March 16. A woman inadvertently left her wallet at McDonalds, 7546 Skokie, in Skokie March 3. She was later informed that she had made \$1,519 in purchases at JC Penny, 220 Golf Mill with a JC Penny charge card. She returned to the McDonalds where the store had recovered her wallet - but the charge card was missing from the wallet.

#### 7 Dog Bite (8300 New England)

A Hispanic woman was bitten by a dog on the loose at the 8300 block of New England March 21 between 1 and 2 p.m. The dog was not tracked down at the time of the bite. However, the address of the dog owner was turned over to Cook County Animal Control.

#### 8 Burglary (8600 Milwaukee)

An apartment on the 8600 block of Milwaukee Avenue was burglarized March 14 between the hours of noon and 5 p.m. The victim never changed his lock after first renting the apartment about six months ago. He plans to check with is landlord for more information.

#### 9 Pizza Man Ambushed (8600 Foster)

A pizza delivery man was ambushed by three men on the 8600 block of W. Foster the night of March 18. Upon arriving for a delivery, the pizza delivery man noticed a suspicious black man standing guard outside of an apartment building. The man followed him into a building and was joined by two other black men in a dark hallway. The pizza man handed over the pizza and then one of the men hit him with a baseball bat. The pizza man then knocked over one of the attackers and

### PARK RIDGE

The following items were taken from official reports of the Park Ridge Police Department for the week ending March 28, 2005.

#### 10 Home Burglary (2900 Cherry)

A Park Ridge home on the 2900 block of W. Cherry was burglarized March 29 sometime between 7 a.m and 5 p.m. The residents were given a form to detail their missing possessions.

#### 11 \$220 Taken (1600 Vine)

A car parked on the 1600 block of S. Vine was broken into the night of March 24 and \$220 in cash was taken. The break-in occurred either the night of March 24 or the morning of March 25.

#### 12 Car Robbery (1800 Vine)

A car parked in the driveway of 1800 S. Vine was broken-into between 11 p.m. March 24 and 7:30 a.m. March 25. A \$50 buck knife and \$15 in cash was taken.

#### 13 Laptop, PDA taken from car (300 Higgins)

A laptop computer and a PDA device were taken from a car at a gas station on the 300 block of W. Higgins. The offender broke the window of the car and removed the items at 1:30 p.m. March 23.

#### 14 Home Vandalized (1600 Clifton)

Someone dumped a jar of pickles on the driveway of a home on the 1600 block of S. Clifton March 28. Ketchup was squirted on the garage door and obscenities were spray-painted on the sidewalk and the driveway.

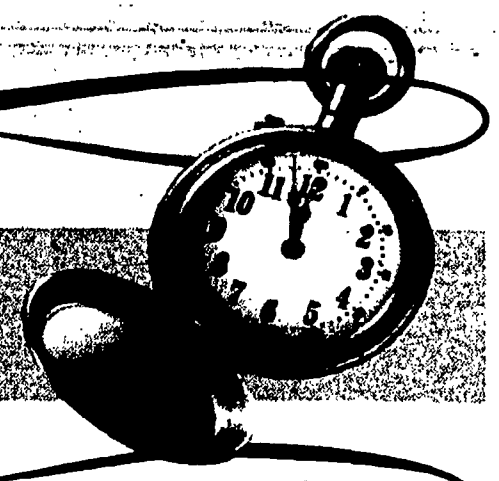
#### 15 No Child Safety Seat (400 Prospect)

A Chicago man, 42, was cited for failing to secure a child in the proper safety seating during a Park Ridge traffic stop March 28 at 4:30 p.m. The driver was also cited for driving on a suspended license.

### SUMMARY OF CRIME: Morton Grove

Theft-3	
DUI-2	
	Niles
Assault-1	
Disturbance-1	
Burglary-3	
	Park Ridge
Burglary-4	
Vandalism-4	
Theft-3	
Arrests	
Resident -1	
Non Resident-13	

# Antiques and Collectibles



THE BUGLE

Thursday APRIL 7, 2005

**Q:** I have enclosed a photo of a doll that was my grandmother's when she was a child in the 1920s. The doll has a bisque head, jointed limbs, sleep eyes, the original clothes, underwear, a blanket and a pillow. She is 10 inches long in the original box. Marked on the back of her neck are the words "A. M. - Germany - 341 - 12/O.K."

I would like to know who made the doll, when it was made and its value.

**A:** Armand Marseille made your doll around 1925. His factory was located in Bavaria, Germany, from the late 1890s to the late 1920s. Unlike his French counterpart, Emile-Francois Jumeau who targeted the affluent customer, Marseille designed his dolls for all levels of the economic spectrum. His factory also made heads for other doll manu-

## Antique or Junque 'Dream Baby' is still a doll

Anne McCollam  
Copley News Service



facturers. The number "341" is the model number for "My Dream Baby" and was available in several sizes.

The value of your doll would probably be about \$475 to \$675.

**Q:** Could you please tell me the value of my set of porcelain dinnerware? It is a service for 12, quite old and in excellent condition. I have enclosed the mark that is seen on each dish.

I have looked on eBay and found no information. I hope you can help me.

**A:** Oscar Schaller and Co. made your dinnerware. They have

made porcelain in Windischenbach, Bavaria, Germany, since 1918. The words "Reg. U. S. Pat. Off" were first included in marks in 1932. "Baronet China" is the name of a shape of porcelain that was decorated with a variety of patterns. "Silver Arbor" is the name of the pattern.

Your set was made around 1932 and the value would probably be \$600 to \$1,200.

**Q:** I have a toy blue pedal car that was purchased in the early 1950s. The body is metal, has a red steering wheel and on the center of the metal wheels there is the letter "M" in a circle. Even though it clearly has been played with, the pedals still work.

What can you tell me about my car?

**A:** Murray Ohio Manufacturing

Continues...

ANTIQUE page 21

## ANTIQUES

# Collectors dip into inkwells

### Contemporary Collectibles

BY LINDA ROSENKRANTZ  
Copley News Service

In the days of the quill and then the steel dipping pen, a small receptacle designed to hold ink was both a necessity and, to some extent, a status symbol. Elegant, sculptural examples from the 19th and early 20th century are now highly collectible, while some of the most rare and most beautiful specimens made by craftsmen like Louis Comfort Tiffany are more likely to be found in the collections of museums.

The two materials most commonly used to make these objects were glass and pottery - primarily because the ink would not have a harmful effect on those substances - but many other materials were frequently employed as well,

including such metals as copper, silver, gold, pewter, brass and bronze, as well as soapstone, shell, marble, wood - even papier-mache.

As opposed to the simple vessels found in every desk in every schoolroom and post office in pre-ballpoint pen America, the decorative, well-designed, free-standing inkwell was a sign of the position or wealth of an individual.

Receptacles to hold various writing fluids date back to ancient times, and some played significant roles in important historical events. For example, one of the best known is the silver inkstand made by Philip Syng Jr. in 1752 that was used for the signing of the Declaration of Independence, and is now on display in Philadelphia's Independence Hall. Also during the 18th century, precious metal inkstands were presented to royalty, and eminent men of letters prided themselves on having an impres-

sive set of inkwells and pounce pot (holding sand to be sprinkled over the wet ink) on their desks.

Some of the finest early 19th century glass examples were produced by the blown three-mold process, in which the molten glass is blown into a three-part mold, which might be carved with intricate designs much like European cut glass of the period.

In terms of the modern collector, however, the Golden Age of the inkwell is considered to be from 1870 and 1920. During this period there was an immense variety of forms - embracing the ornate Victorian, the sinuous art nouveau and the stylized art deco styles, and a seemingly endless range of figural representations - that is considered one of the greatest charms of this category of collecting. Among these are Viennese bronzes in the form of children, animals, pieces of fruit, little carriages and other vehicles, commemorative glass

models in the forms of buildings, tin-glazed earthenware Delftware pieces, Wedgwood jasperware and others of Doulton-Lambeth china.

Among the most desirable of all are the elegant designs of Louis Comfort Tiffany, cast in bronze and bronze combined with glass, and equally fine glass treasures by Emile Galle.

One sub-category that collectors find appealing is the miniature well designed for use on children's desks. Another is the small traveler's inkwell, usually about 2 or 3 inches tall, which resembles a little pillbox with a secure top to prevent spills and evaporation. First used by itinerant scribes who drew up documents and wrote letters for illiterates or people desiring a manuscript more elegant than they could manage themselves, they were often glass-lined and had hinged covers opened by pressing a hidden spring. Also of interest are

partners' inkwells, so called

because they can be opened and used from either side. Here are a few representative current market values as listed in recent price guides:

- Hand-blown and cut black marble pyramid with pen ledge rest, \$750.
- Metal circus elephant head with trunk pen holder, monkey finial, \$400.
- Porcelain bellhop carrying package, white and gold, marked "Fish/Fulper, c. 1920," \$400.
- Victorian sterling silver set with two bottles, pen tray and sander, \$1,800.
- Brushed cobalt blue stoneware inkwell by C. Crolius. Mahattan-Wells, New York, \$3,200.

Linda Rosenkrantz has edited Auction magazine and authored 15 books, including "Beyond Jennifer & Jason, Madison & Montana." She cannot answer letters personally.

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Antique  
(Continued from page 14)

Co. in Cleveland made your pedal car. In 1919, J. W. Murray started out making lawn mowers and tractors and introduced his one line of toy pedal cars in 1923. Murray pedal cars are extremely collectible.

Similar cars can quickly be pedaled to collectors in the range of \$400 to \$600.

**Q:** I recently purchased a bisque night light at an estate sale. It is a figure of a young woman in an old-fashioned long blue dress. She is sitting on an ornate settee and has a bouquet of flowers on her lap. It is in excellent condition. On the bottom there is a



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# SENIORS

THE BUGLE

Thursday APRIL 7, 2005

### Niles Senior News

#### NSC Highlights

For a detailed description of programs & activities or to ask about membership requirements, please check the Naturally Active Program Guides or call the Niles Senior Center at 588-8420 - Visit us online at www.vniles.com.

#### APRIL REGISTRATION

Drop-Off Registrations for programs and classes advertised in the APRIL Naturally Active were due at the Center by Friday, April 1st. Walk-in registrations are now being accepted if space is available.

#### SPECIAL OUTING - HIS WAY THEATER, RON HAWKING, Wed., April 20th \$50

OPEN REGISTRATION - for all seniors, Niles residents and friends from other communities. Join as we travel to the HIS WAY THEATER at NBC Tower for Ron Hawking's tribute to Frank Sinatra, backed by an expert 14 piece band. Check-in is at the Senior Center at 1:00PM. We should return by 5:45PM. (There is no meal with this outing)

#### RIDGEVILLE BAND OF EVANSTON RETURNS - Tuesday, April 26 5:00PM-8:30PM

The fabulous Ridgeville Band of Evanston will be back at the Niles Senior Center for another evening of classical and popular music. This all brass intergenerational

### Morton Grove Senior News

MORTON GROVE SENIOR CITIZENS NEWS RELEASE  
Contact: Bud Swanson, Family & Senior Services, 847/663-6110  
April 4, 2005

#### LAST CHANCE FOR INCOME TAX RETURN ASSISTANCE

Income tax return help is still available free of charge for residents, age 60+ between now and April 15. Call the Senior Hot Line at 847/470-5223 for a personal appointment on a Monday, Wednesday or Friday at the Morton Grove Senior Center. Appointment times are at 9 or 10:30 a.m.

#### "THE JOY OF AMERICAN ART"

This slide presentation of art from the Art Institute of Chicago includes American artists, from the Midwestern art of Grant Wood to the

band is a favorite here at the center. So be sure to get your ticket. Dinner featuring Mostacioli, Meatballs, and Italian Sausage, with salad, rolls, and dessert, will be served at 5:30 PM. This event is open to your non-resident friends of all ages. Cost \$12.  
Third Annual NILES SENIOR CENTER INDOOR FLEA MARKET - Saturday, May 7th  
Mark your calendar so you don't miss this popular event! Open to the public, Niles Senior Center's annual Flea Market will be held on Saturday, May 7th from 9:00AM-1:00PM. Whether you come to browse or buy, you can find some really great deals at the Center - just remember, the early shopper has the best chance of finding the best treasures. Over 50 Vendors, on two floors! Raffle. \$2.00 hot dog lunch beginning at 11:00AM until 12:30PM (or until we run out of hot dogs!).

CHOLESTEROL & GLUCOSE SCREENING, April 13th, 9:00AM \$10. Appt. Required  
Take advantage of this great opportunity! This is a fasting blood test. Appointments are required.  
HEALTH FAIR - Wednesday Morning, May 25th  
Celebrate National Senior Fitness Day with us. You will have an opportunity to participate in a wide variety of free screenings, visit with exhibitors, gather information on numerous health issues, and/or have some lab work done: CBC, CMP, Cholesterol/Lipid Panel, and TSH for women (\$35) and add the PSA for men (\$45). The Fair will be open from 8:30AM until Noon and is open to all ages.

more modern and abstract art of Georgia O'Keefe, plus Mary Cassatt, Winslow Homer and others. Charlotte Hadley from the Art Insights program will present a broad spectrum of art, showing American lifestyles through the eyes of great artists. This free program will be held from 1:30 to 2:30 p.m. on Monday, April 18 in the Morton Grove Senior Center. Register by calling the Morton Grove Senior Hot Line at 847/470-5223.

#### VISUALLY IMPAIRED MOTIVATORS

The Morton Grove Visually Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 9:45 a.m. on Tuesday, April 19 in the Morton Grove Senior Center. They discuss everyday problems of living

Continues...  
MORTON GROVE SENIORS page 22.

### Maine Township Senior News

#### MaineStreamers Announce New Activities for Seniors

The following are some of the new classes, events, trips, and activities available through MaineStreamers,

the social senior organization of Maine Township. For further information on free membership or any of these events, call 1-847-297-2510.


GRANDPARENTING PROGRAM  
Tuesday, April 12  
10:00 a.m. to 11:00 a.m.  
Presenter: Linda Waycie  
No Cost - Registration Required  
Do you see your grandchildren

having trouble sharing, especially toddlers and preschoolers? How can you help your grandchild learn to share and take turns? Come and learn ideas today!

ETHNIC DINNER OUTING  
European Crystal, 519 Algonquin, Arlington Heights  
Tuesday, April 19  
5:30 p.m. to 8:00 p.m.  
Cost: \$28.50 members/\$30.50  
Continues...  
MAINE SENIORS page 18.

*where life blooms*

## The Garden



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*At The Garden residents receive extraordinary patient-centered care where our professional staff believe in the acceptance of mind, body, and spirit. In addition, The Garden has innovative therapy programs that invite residents to explore Music or Horticulture Activities specifically designed for individuals with Alzheimer's disease or related dementia.*

*We believe that every day is a new day full of promise, that each day should be as full as it can be. Each life celebrated."*

Michelle Caldwell,  
*Special Care Unit Director*  
**For a Tour and Mini Box of Chocolates Call (847)647-6400**

**Forest Villa**  
Extended Care

### Park Ridge Senior News

#### CRAFT GIFTS

Looking for a gift that's a little different??? You never would think of the Park Ridge Senior Center would you!!! Well... stop in and check the lobby display case. You will see many beautifully hand crafted items. You'll find lap and baby quilts, cobbler aprons, scarves, kitchen towels, tote bags, doll hats, spring and summer

wreaths, plastic bag holders, coasters and even bed quilts. You will see that all of these items are really one-of-a kind too.

#### BRIDGE LESSONS

A 6 week beginner's bridge class is starting Monday, April 18 at 11:30am running about an hour and a half. A lab will be held on the following Thursdays from 11:30-1pm. This will be a playing session to apply the lessons learned. This is a beginner class. It will be very basic and all you need to know to start is that there

### SENIORS

are 52 cards in a deck. Since bridge is played with 4 people at a table, you will be expected to be present at each of the 12 sessions. If you cannot attend all 12 sessions, please do not sign up. Class size is limited to 12 people and there is a \$12.00 fee. You can sign up at the office. If there is enough interest a second class may be held. Instructor is Tom Brandt. Questions??? Call 847-825-4426.

#### PANCAKE BREAKFAST

The Men's Club will be having their annual pancake breakfast on

Saturday, April 16 from 8am-11am. It's all-you-can-eat so bring a hearty appetite. Breakfast will include pancakes, sausage, orange juice and coffee all for only \$3.50 for adults and \$1.50 for kids under 12. Come over and bring your family, friends and neighbors.

#### NAME THE CENTER'S FASHION SHOW

It's a contest to give our annual fundraiser a name. The prize is a free ticket to the May 12th event. Submit your idea in writing to the Senior Center office by Friday,

April 8. The fashion show is at the lovely Cafe la Cave in Des Plaines. The party starts at 11:30am with cocktail hour. Lunch is served at 12:30 which includes a pasta appetizer; fettuccini with basil cream and fresh tomato, a salad of romaine with hearts of palm and mandarin oranges with basil vinaigrette, a chicken entree, and pineapple-carrot cake with cinnamon whipped cream for dessert. The fashion show follows featuring our own models showing spring fashions from Coldwater Creek. Tickets are \$32.50.



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## Hospice care: It's about having choices at a critical time of life


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SENIORS

Maine Seniors

guests
Have a wonderful evening out as we explore the wonderful surroundings and tastes of the European Crystal.

BOWLING OUTING
Monday, April 25
11:00 a.m. to 1:30 p.m.
Sims Bowling Alley

1555 Ellinwood, Des Plaines
Cost: \$12.00 members/\$14.00
guests Come and have fun bowling with your fellow MaineStreamers.

NORMAL AGING VS. DEMENTIA
Tuesday, April 26
10:30 a.m. to 12:00 noon
No Charge - Registration Required

Is it a normal sign of aging or is it some form of dementia? Come and learn as Gail McGreever discusses the differences.

Day Trips
The following Day Trips are currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you.

and ask for an application. All Day Trip departs from the State of Illinois Building, 9511 Harrison St. in Des Plaines.

'ROMEO AND JULIET'
Chicago's Navy Pier
Tuesday, May 17
3:30 p.m. to 11:00 p.m.
Cost: \$74.00 members/\$79.00
guests
Let's enjoy a wonderful evening as we begin our trip at the wonder-

(Continued from page 20)

Morton Grove Seniors

(Continued from page 20)

with low vision and possible solutions, exchange ideas on the latest technology and assistance devices available, and share what has worked for them individually.

SPRING HEALTH SEMINAR

The Morton Grove Senior Center and Resurrection Medical Center will offer this free Seminar highlighting the two different topics, Osteoporosis and Incontinence.

'THE MUSIC MAN' AT DRURY LANE

When the fast talking salesman, Harold Hill comes to River City the sparks begin to fly on Thursday, April 21.

returns at 6 p.m. The cost is \$65 for Senior Center Members and \$75 for non-members.

HIGH SCHOOL FINE ARTS

Maine East, Niles North and Niles West High School invite senior citizens to join in on numerous free school productions to be performed during the coming weeks.

Niles West Jazz Night at 7:30 p.m. on Friday, April 29.

MALL SHOPPING

Morton Grove seniors wishing to join shoppers on a trip to Golf Mill Mall on Tuesday, April 26 should call the Morton Grove Senior Hot Line at 847/470-5223 to reserve a seat on the Seniortran.

LIFE

EVENTS CALENDAR

GOVERNMENT

Thursday, April 7
-7:30 p.m. Park Ridge Park Board meeting
-7:30 p.m. Golf-Maine School District 67 Board meeting
Monday, April 11
-7 p.m. Morton Grove village board meeting
-7:45 p.m. Niles Township High School District 219 board meeting

COMMUNITY

Thursday, April 7
-Maine Township will host a property tax appeal workshop April 7. County Board of Tax Review member Maureen Murphy will lead the workshop for taxpayers from 7 to 9 p.m.
Saturday, April 9
-6p.m. Second Annual Niles Night of Roses, an event sponsored by the Chamber of Commerce honoring members of the community who have made an outstanding contribution to the village.

Monday, April 11
-The Park Ridge Catholic Woman,s Club will meet Monday April 11 at 12:15 at the Park Ridge South Recreation Center, Talcott and Cumberland, Park Ridge.

Thursday, April 14
The Morton Grove Woman's Club will meet at noon on Thursday, April 14 at the Evanston County Club, 4401 Dempster, Skokie. Cost of luncheon is \$17.50.

Chef Harry presents
Craving fish? Haddock can soothe your urge

BY HARRY SCHWARTZ
Copley News Service
If I had a haddock, I'd haddock in the morning, I'd haddock in the evening - all over this land. Wait, that was a hammer, not a haddock. But the song makes sense in either case because haddock really is a healthy, sturdy, mild fish. And it



is indeed available, filleted, all over this land. Grab a haddock. No pounding is necessary. Just add heat. It cooks quickly and the mild flavor and firm texture of this fish lends it to sauteing, grilling, baking and pan-frying. We were missing the fish tacos we used to enjoy in Southern California and haddock was the perfect choice. It will be the perfect choice for you, too, the next time you're craving fish.

Continues...
CHEF HARRY page 20.

Terrace Suites
THE PERFECT ALTERNATIVE
The privacy seniors cherish with the safety net of licensed nursing care available around the clock.
Each Suite Features:
- Private bath with walk-in shower
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- Television with VCR and DVD player
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- Wall-to-wall carpeting
Varying Levels of Care
After settling in at the Terrace Suites, you likely won't have to go through the trouble of moving again if your health needs grow greater over time.
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THE TERRACE SUITES' DAILY RATE COVERS:
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## LIFE

## HOME HOW-TO

## Buying a good fan is a breeze

Things to look for in fan construction are motor housing material, bearing type, motor size, blade pitch, range of speeds, automatic speed and lighting controls, and sound/vibration isolating features.

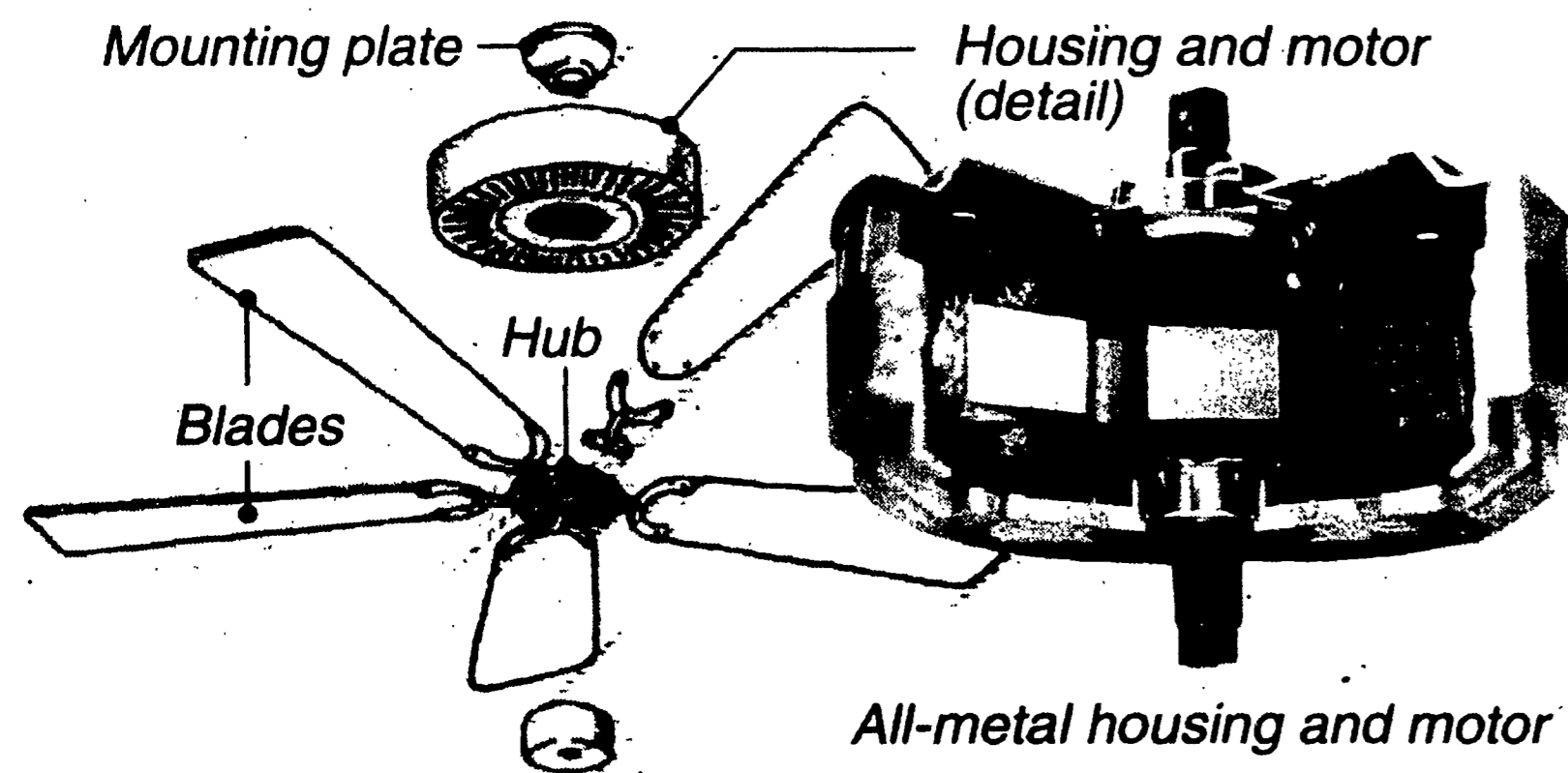
## LOOK FOR...

■ Die-cast or cast-iron housings (compared to thin steel, iron dissipates heat better, is more durable and provides longer motor life).

■ Large, powerful direct-drive motor that runs cool and quiet.

■ Double-shielded, permanently lubricated bearings; they are both quiet and durable.

## FAN COMPONENTS



All-metal housing and motor

Copley News Service / Pete Chenard

■ A steep pitch angle (twist) of the blades to move more air at a lower speed.

■ Fan blades made of laminated or solid hardwoods to resist moisture and warping.

■ A quality finish that is tarnish- and scratch-free.

■ A manufacturer with a network of repair or replacement parts facilities.

## Getting the highest price from the sale of your home

Smart Real Estate  
By Bill Alstin

We all live in our homes in a manner that is comfortable to us.

It doesn't matter if everything is not perfect, as long as we are happy. When you plan on selling your home, however, you should look at it as an investment that you want to get the highest price for.

What kinds of things can you do to add value to your home in the eyes of a buyer, without a lot of expense on your part? 1. When you hand over the keys to the eventual buyer the home has to be empty, except for appliances and some items the buyer may want.

Start emptying the home out now. We all keep a lot of stuff just because we have room for it. Start getting rid of any items you will not be taking with you, now. You can have a garage sale, call a charity (and get a tax deduction), give items to people who can use them, or just throw things in the garbage. Depending on your time frame, you can get rid of clutter a little bit every day or every week. Your goal is to eliminate clutter now, instead

of leaving 20 boxes of stuff for the garbage man on moving day.

What does this accomplish? The less clutter in a home, the larger and neater the rooms and storage areas look to a buyer. A larger, neater home sells for higher price. Also, moving day is a very busy day.

Every box or bag you get rid of now is one less you will have to deal with when moving.

2. Take care of maintenance and repairs. Those little repair projects that you forgot to do will reduce the price a buyer will pay for your home. Seemingly little things like sticking doors, loose railings and broken light fixtures indicate poor maintenance to a buyer, and poorly maintained homes sell for less. Even if a buyer doesn't notice a problem, his home inspector will.

At Callero & Catino Realty we have developed a "Home Value Improvement Checklist" that reviews your home and the little things you can do to increase its value. Following this checklist can add 5% to your selling price. Call us at 847-967-6800 for a free copy.

## Niles Sister Cities looking for a few good athletes

The Niles Sister Cities Association is looking for athletes age 12 to 15 to represent the village in the 2005 Friendship Games in Leixlip, Ireland. The games will be held the first week of July with Niles

athletes competing against French and Irish children in soccer, basketball, tennis and track and field. Athletes must pay their own airfare but other expenses will be paid. Leixlip is the sister city of Niles.

## REAL ESTATE

THE BUGLE

Thursday April 7, 2005

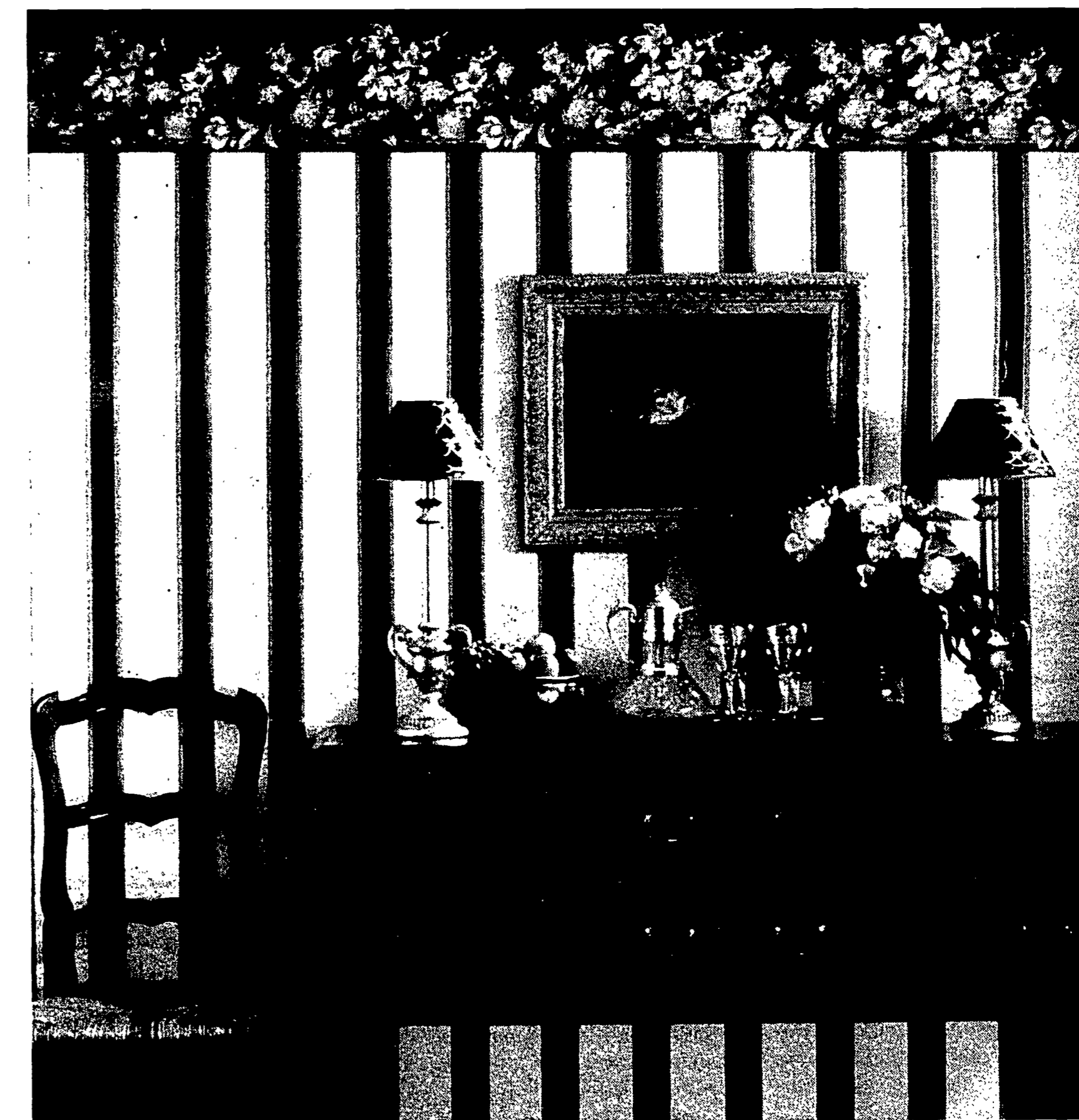
BY ROSE BENNETT GILBERT  
Copley News Service

Decor Score  
Take your ceiling down a notch or two

Q: Our new house has striped wallpaper in the hallway and living room. The paper is very pretty - and, I think, expensive - so we don't want to replace it, but something doesn't feel right. The living room has tall ceilings and the stripes make it look even higher. We've hung a couple of big paintings, which helped some, but we're wondering if we should add wide molding around the top of the wall. Would that help?

A: Yes, especially if you paint the molding one of the darker tones in the wallpaper to exaggerate its horizontality, in counterpoint to the vertical stripes. As you've already deduced, stripes carry the eye upward, leading you to the optical conclusion that the ceiling is higher than it really is. For a look at your options in molding sizes and shapes, click on [www.hardwoodinfo.com](http://www.hardwoodinfo.com), go to "Product Choices & Considerations," then "Woodwork."

Or, you might achieve the same effect by using a coordinating wallpaper border. In the photo we show here, a wide floral border blends with the colors in the striped paper, effectively halting the stripes' upward thrust at a comfortable height. Both these wallpapers are from the Village "Classic Ambience" collection, so they have been carefully designed to work together. As you would be adding a border after



the fact, look for a floral that picks up the colors in the striped paper already on your walls. With a common color denominator, florals and stripes are a can't-miss combination. (Consult your wallpaper dealer about the type of paste you need to make sure the border adheres properly over the other wallcovering.)

Q: I grew up with a wall clock my parents had that I've since learned was designed by George Nelson. Instead of a regular clock face with numerals, it had a circle of 12 balls stuck on metal rods to mark the hours. Somehow it got tossed when we cleaned out my mother's apartment. Can you tell me who made it? I've been haunting flea markets and garage sales, hoping to come across one like it.

A: Evidently, you are not alone in your affection for that George Nelson classic from the 1940s. The original manufacturer, Howard Miller, has reintroduced the aptly named "Ball Clock" as part of its Retro Collection of other Nelson designs of those times. See for yourself at [www.howardmiller.com](http://www.howardmiller.com).

GUEST IN PEACE? Want to discourage overnight guests from staying overly long?

Then ignore the observations offered by Ann Sundet, guest designer for HGTV's "Decorating Cents," who cautions would-be thoughtful hosts to avoid sofa sleepers with "a thin mattress and

Continues...

DECOR SCORE page 29.

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# A greener view Crab grass makes a lousy lawn

Jeff Rugg  
Copley News Service

**Q:** Last year my lawn was filled with crab grass. What is the best way to get rid of it?  
**A:** Crab grass is a notorious weed everyone suspects they have in their lawn. Lawn-care companies and chemical manufacturers use the fear of it to promote their products. In reality, most people probably don't have crab grass itself, even if they do have a weed problem of some kind. One of the first things to do in getting rid of a lawn nuisance is to be sure of its identity before attempting any remedies. Crab-grass control is no exception to this rule. Crab grass is an annual plant. This means it lives for a season, during which it blooms, produces seeds and then dies. Even if you don't get a cold winter in your area, it still dies. For everyone in cold winter areas, it will die with the first frost of fall. If you think you have crab grass and you see it during the cold-weather months, you don't have crab grass. So don't waste time and money (and potentially harming the environment) by throwing chemicals on your lawn. Tall fescue is a clump-forming grass that is noticeable in spring when crab grass is still in its infancy and not readily visible in a lawn. Tall fescue is a perennial that is completely immune to crab-grass controls. Even if I could put pictures of crab grass in your newspaper, it would still be difficult for most people to identify the plant in their lawn. Even descriptions that crab grass has short leaves that taper to a point and are sparsely hairy, are of little help. The best way to identify it is to have someone show it to you. By then,

though, it is growing in your yard. There are several steps to preventing weeds from growing in a lawn. The first is to have a healthy lawn of good grass plants. The second is to prevent weeds from growing and the third is to kill them after they have grown. Let's start with the second step because that is what most people want to do each spring. Many companies advertise the need for using of a pre-emergent on a lawn. Pre-emergent weed-killers are great for controlling weeds, yet a huge waste of money if you don't have weeds. A single crab grass plant can produce more than 1,000 seeds in its short life. About half will sprout the following year and about 25 percent the next year. After a few years, they will be gone, except for a few that could sprout many years later. If you can prevent 500 new crab grass plants from sprouting, you have prevented thousands of their seeds from growing, too. Crab grass seeds begin sprouting after the soil reaches 55 degrees for five days in a row. They can continue sprouting for more than two months. Chemicals need to be applied to the soil before seeds sprout. Some chemicals do not last for more than a month or two, so if the chemical is applied too early, it will be less effective on late-sprouting seeds. Other pre-emergent chemicals will remain effective after seeds germinate. Typical pre-emergents should be applied about the same time as forsythia flowers are finishing up, before lilacs begin blooming and about the time dogwood trees are in bloom. There are many brands of crab grass treatments. For effective

control of crab grass, you must follow package directions. Using too much or not enough and applying it at the wrong time will cause it to be less effective, possibly even harmful to your lawn. Different portions of your lawn might warm up sooner than others, depending on the sun and shade. After a pre-emergent has been applied, don't disturb the soil. The chemical barrier must remain or else some seeds might not come in contact with the chemical. Refrain from aerating the soil, de-thatching the lawn or using a slit seeder because they all ruin the chemical barrier. You cannot add good grass seed for several months after applying pre-emergent because it will prevent good grasses from sprouting, too. Once your lawn has not had crab grass for several years, don't use a pre-emergent again until it shows up again. Post-emergent weed killers are often less effective on weeds. Following instructions is very important for effective results. Crab grass seeds - and other weed seeds, too - sprout better in thin, bare areas of soil. They get the sunlight and warmth they need. If the lawn grass is thick and full, there will be fewer weed seeds sprouting. Mow your lawn at the proper height for the species. Only take off about one-third of the grass blade during each mowing. Water and fertilize it properly, and it will remain healthy with fewer weeds. E-mail questions to Jeff Rugg at [info@greenerview.com](mailto:info@greenerview.com). © Copley News Service Visit Copley News Service at [www.copleynews.com](http://www.copleynews.com).

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### REAL ESTATE

#### Decor Score

(Continued from pg. 27)

painful metal bar" that pushes into the backs of their sleeping guests. According to a recent study of America's sleep habits, a miserable hide-a-bed is the chief complaint of overnight guests everywhere. If you take pity on the rest-broken, who must "struggle to get out of a sofa bed - (after) a bad night's sleep," look into a

so-called "sleep number" mattress ever available in a sofa-bed. Air-chamber technology allows the mattress to be adjusted at the push of a button to the "sleep number" - the exact firmness - each sleeper finds most comfortable. Introduced by major bed retailer Select Comfort ([www.selectcomfort.com](http://www.selectcomfort.com)), the mattress is featured in sofas by Berkline, a manufacturer

known for recliners and other motion furniture, so they're also nice to live with by day. **ROOM TO GROW** How do you make any room a real winner? How-to expert Lou Manfredini says, "Just paint it." But you have to be quick. Ace Hardware's "Helpful Hardware Man" and D-I-Y star of the "Today Show," Manfredini is urging home

decorators to grab a paint brush and enter the 2005 "Blooming Color" contest. Between now and July 31, send in a "before" and "after" photo, and a short essay about your painting project and you might win \$1,000 worth of fix-up products and a spot in a national Ace Hardware ad. Check it out at [www.acehardware.com](http://www.acehardware.com). Rose Bennett Gilbert is the

co-author of "Hampton Style" and associate editor of Country Decorating Ideas. Please send your questions to her at [Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190](mailto:Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190), or online at [copleysd@copleynews.com](mailto:copleysd@copleynews.com). © Copley News Service Visit [Copley News Service at www.copleynews.com](http://Copley News Service at www.copleynews.com).

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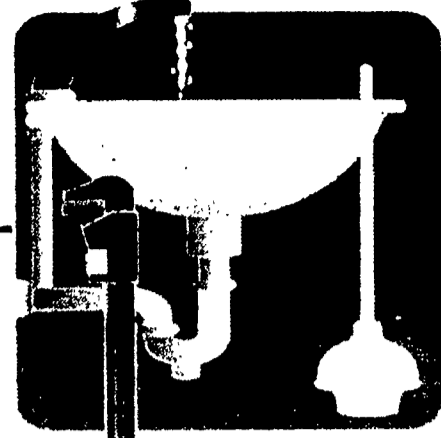
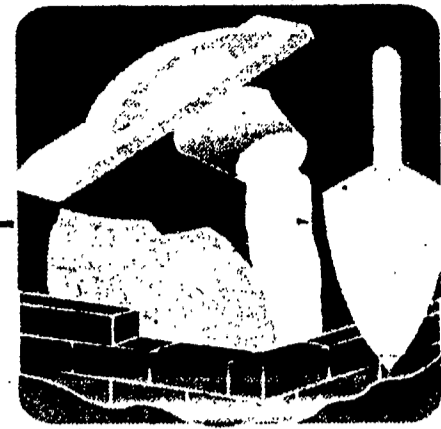
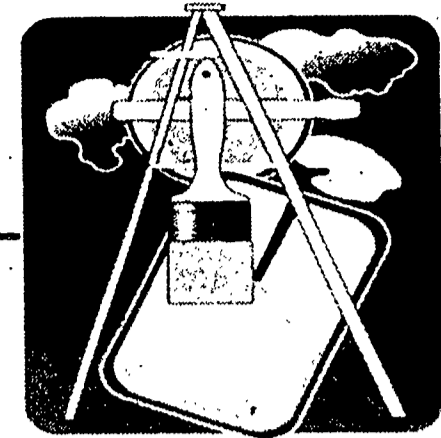
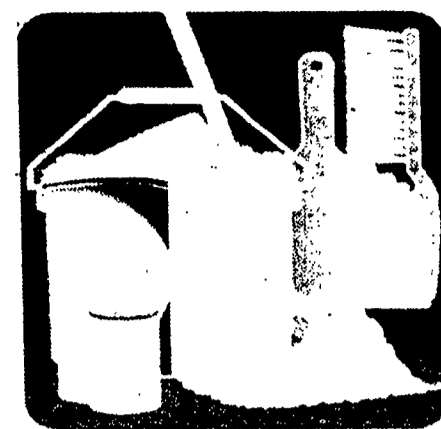
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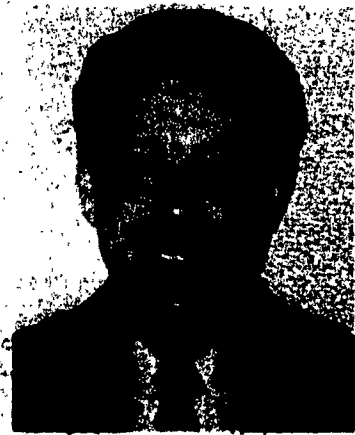
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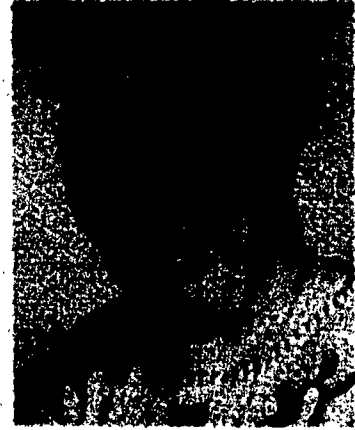
**MARTIN & MARBRY  
REALTORS**

www.cbmmre.com

8610 Golf Road • Niles IL 60714 (Golf Mill)



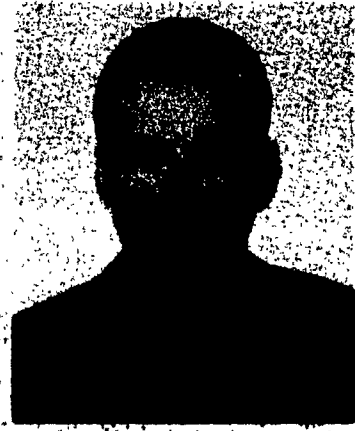
GREG MARTIN



SHELLY BERKSON



JOANNA KARLUK



ADAM KRAWCZYK



JOE KURIAKOSE



LENA OSTRAM



THOMAS ABRAHAM



7017 Beckwith  
*(pictured left)*

Morton Grove (Beckwith/Waukegan)

\$750,000  
5BR, 3.1BTH

**NEW CONSTRUCTION - NEW EVERYTHING!**

Custom built home.  
3 levels: Top floor loft bedroom w/storage.  
Gorgeous hardwood floors.

**MUST SEE TO BELIEVE!**

12522 Suffield Drive Palos Park (Suffield Woods)

*(pictured right)*

\$559,900  
10RM, 4BR, 2.1BTH

All brick home features interesting & beautiful marble floors in the expansive foyer. Large eat-in kitchen & master suite. Attached garage leads into a lovely family room. Rear of the home has a professionally finished deck to enjoy the sunset. This home is the "Edinburgh", which is the largest. ENJOY!



4100 Triumvera Glenview (Triumvera Condominiums)

*(pictured left)*

\$212,500  
5RM, 2BR, 1.1BTH

Luxury unique Triumvera (23 acres) w/exceptional resort living environment. Gorgeous corner unit w/large foyer leads to spacious living/dining room area. Separate kitchen w/window, walk-in closet, C/A, SE exposure. Laundry on same floor. Underground garage. Move-in condition. All year clubhouse w/pool. Assessment includes cable. Location, security, transportation, shops nearby.

The Landings *(pictured right)*  
\$142,500 - \$199,900

Des Plaines

2 UNITS TO CHOOSE FROM  
1 or 2 Bedroom

9396 (Unit 606) & 9346 (Unit 101) Landings Lane  
Des Plaines (The Landings)

Wonderful Complex with all the amenities. Both are different models, newer features throughout. Freshly painted, mirrored closet doors. Ready for immediate occupancy. (One unit has heated garage space.)



4840 W. Foster *(pictured left)*  
Walk To Everything!  
\$269,000

Barcelona Complex (Skokie)

Sit on your balcony & watch the golfers at Weber Park. Enjoy the view & southern exposure. Immaculate move in condition with new carpeting. In living room Dining room & Master bedroom loads of closets & storage. Eat-in kitchen, ceramic tile entry. Underground garage & party room.

8801 Golf Road *(pictured right)*  
\$149,400 Priced Right!  
4BR, 1BTH

Niles (Highland Towers)

Ready to move in with brand new neutral berber carpeting new disposal, refrigerator & ceiling fan. 3 A/C units, ceramic tile entry, some new painting, heat & water + much more included in assessment. Dramatic sunken living room + raised dining area. Spectacular 10th Floor View from balcony! Spacious master bedroom, eat in kitchen. Vacant!



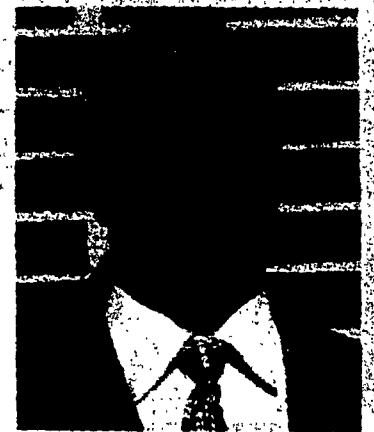
PAULINE SQUIRE



ROBERT PHILLIPS



NED-RANISAVLJEVIC



RAVI P.



RONALD SIEGEL



ETHEL SOSTRIN



SHRISHAIL VIRUPANNAVAR

*Golf Mill Areas #1 Real Estate Company*



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