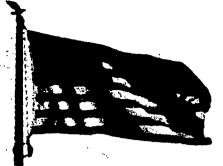


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Morton Grove Police Chief Incledon will retire Nov. 30

Krier would like next chief from outside

BY ANDREW SCHNEIDER editor@buglenewspapers.com

ong-time Morton Grove Chief George Police ✓Incledon has announced his intention to retire Nov. 30 and with last week's resignation of Deputy

Chief Lou Rossi the two top staff positions at the Department will be vacant this year.

Incledon's retirement has been planned for the last several years, he said, scheduled in concert with his wife's retirement.

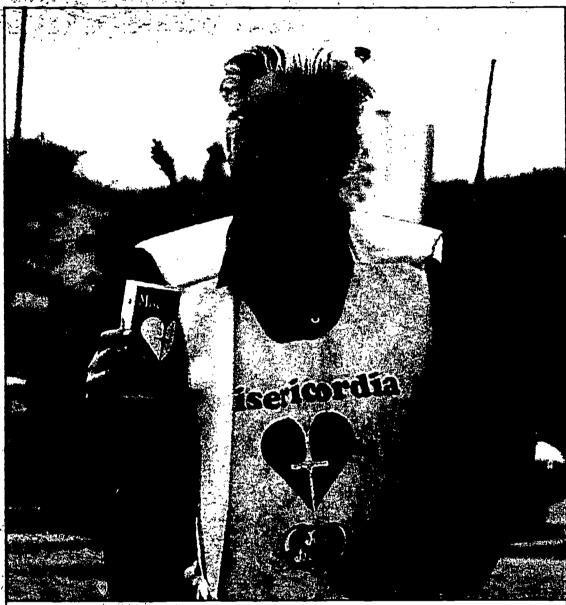
"This was planned in '02 and coupled with my wife's retirement," Incledon said. "It had nothing to do with political changes in the village."

While Incledon has tentatively

set Nov. 30 as his final working day, he wasn't sure how he would use accrued vacation time in the interim. His imminent departure will delay the appointment of a deputy chief to fill Rossi's vacant post, one of the chief's traditional

In the Morton Grove Police Department, a deputy chief is generally appointed by the chief with

> Story Continues... **MG CHIEF** page 2.



Another Sweet Day

Norbert Johnson, President of the Niles Lions Club collects for Misericordia Saturday afternoon Apr. 30 at Oakton and Milwaukee.

(Photo by Allen Kaleta)

Niles approves Public Works contract

The Niles village board approved a 3-year con- employees. tract with the Public Works Employees' Union ... Village Manager Mary Kay Morrissey called the last Tuesday.

Under the contract, the first for Public Works Employees who only recently unionized, there will be a 3.5 percent salary increase per year and by July they will be covered by their own health care separate from other village employees. The union represents 37

50-page agreement "reasonable."

"I think we worked through a lot of things," said Morrissey. "There was definitely a give and take."

The village will also set up a labor management committee comprised of municipal and union representatives to refine the contract as needed.

Volunteers renovate Morton Grove Senior's home

'Christmas in April' program coordinates volunteers to renovate local homes

BY ANDREW SCHNEIDER editor@buglenewspapers.com

n one day, volunteers can and do renovate entire homes and LSteve Kropp helps coordinate them in their efforts to help local seniors in the North Suburban Chapter of the "Rebuilding Together" organization. Thirtyfive volunteers conducted work on a home in Morton Grove Saturday, bringing tears of gratitude to the resident's eyes.

"You get a sense of fulfillment," said Anne McGrath, 16, of Chicago. "[Saturday], the lady was crying at one point when we got here."

When Steve Kropp started working in the program, still known this year as 'Christmas in April," it wasn't affiliated with

any national organization and was, instead, run out of his church in Glenview.

"We organized it through the Our Lady of Perpetual Help Men's Club," said Kropp.

This year is the last year the program will stick with the "Christmas" name. Next year it will have a newer name, moving the North Suburban Chapter more, closely in line with the national organization, "Rebuilding Together."

The program helps seniors that own their homes and can't afford to make repairs to them as they age. They submit applications and then local coordinators, like Kropp and his fellow board member Ron Calandra from MB Banks Story Continues...

REBUILDING page .16,"



Loyola Academy student Nora Koziol paints gutters at a home at 6130 Capulina Saturday afternoon Apr. 30. "It's nice to see the people's faces when they see us coming," Koziol said. (Photo by Allen Kaleta).

the consent of the village administra-

tor. However, because of the political changes and his retirement Incledon is waiting for input from Mayor-elect Rick

"I'm looking to go outside for the next chief," Krier said. "How we go about the search is another question."

Krier.

Krier said that he had spoken with all members of the incoming village board, including the last two Action Trustees, Dan Staackmann and Dan DiMaria,

and that the board was on the same Krier.

George Incledon

MG Police Chief

"We want to bring in someone fresh," said Krier. "That does not, however, preclude a qualified inside candidate from submitting a resume."

There are a lot of quality people in the Department, Incledon said.

"We have a lot of good supervisors in our department," he said. "We've been developing good people, the department is in good shape (Continued from page 1)

As far as a Deputy Chief is concerned, Krier believes

the best option would be to appoint an Interim Deputy Chief by the next board meeting and to allow the next chief to make a final selec-"The new chief

choose deputy," said Krier.

Krier did say that it was Incledon's prerogative to choose a deputy chief and that he was gratified by the chief's decision to seek his opinion.

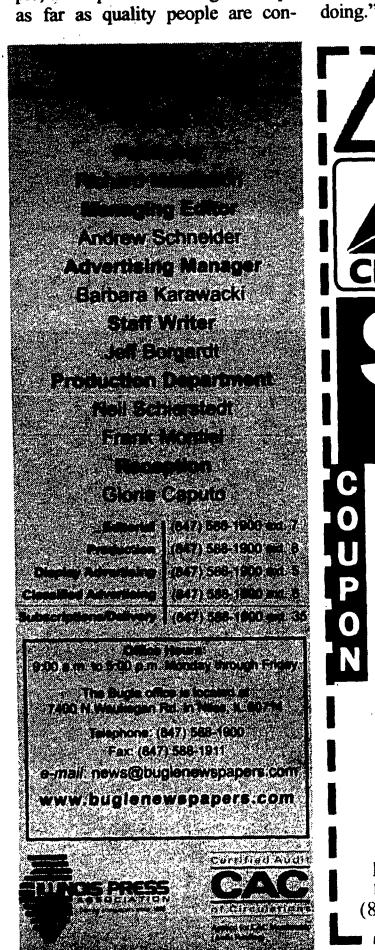
appreciated [Incledon's] reaction and courtesy," said

As for himself, Incledon said he would miss the job that he has held for nearly 14 years.

"I've been with the police department 37 and a half years and I'm 63 years old," he said. "That means I've been here more than half my life. It's time for me to move on though and do other things; everybody has to do that at some time. But I will miss itit's always been challenging no matter what level I was at or what I was



Just a Sappling Washington School children were on hand for Arbor Day Celebrations last Friday. Mayor Mike MaRous, Mayor-elect Howard Frimark, D64 Supt. Sally Pryor. Over 50 baby spruce trees were donated to students for planting at home.



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THURSDAY MAY 5, 2005

NEWS

New City Council Sworn in at Park Ridge meeting

New mayor, council braced for show-down over appointments

BY JEFF BORGARDT jborgardt@buglenewspapers.com

amily members, neighbors and political supporters of L the new city council and mayor packed the house at City Hall Monday night to watch their friends being officially sworn into

About 150 people jammed into City Hall for 90 minutes of lavish resolutions, gift giving and speeches honoring the service of out-going aldermen and also congratulating newcomers.

"I am pleased to have served the people of Park Ridge, % said outgoing mayor Michael MaRous who served as mayor for 19 months. ..It was a great honor. As I leave this office, I know I have done my best for the people of Park Ridge.‰

Each outgoing alderman gave short speech and some even included poetry.

Then, the new mayor and council

were sworn in by a judge.

The new council's first measure was to approve a measure that allows outgoing alderman to retain their aldermanic "badge" and all "the privileges of the

"My goal is to unify the community," said new mayor Howard Frimark. "I plan to be visible as your mayor. I need your help. Help from families, friends and others. I can reach out my hand but there must be a hand to grab." As Frimark was sworn in to the post of mayor, his seat as fourth ward alderman became vacant The plan to fill this seat has sparked controversy.

On Tuesday night, a meeting was scheduled to discuss the procedure to fill that seat and make other appointments.

Frimark had scheduled a press conference before Tuesday,s meeting to explain his views. The deadline for the council to fill

the seat is July 2. One group of aldermen says the council should play an active role in the nomination but others contend this would diminish the mayor,s power to appoint vacanMaine Township Picks Berman for top Administrator Post

Former Head of 'Mainestay' fills position left vacant by untimely death of Margie Bialczak earlier this year

ayna Berman is the new Administrator Township. She was promoted from Director of MaineStay Youth and Family Services effective

Administrator, Berman will be the top staff member and responsible for the day-to-day operation of Town Hall and oversight of most departments. This is her third promotion since joining the Township staff.

She started in 1996 as Assistant Director MaineStay under then-Director Tom Ayers. Ayers retired in 2001 and Berman was promoted to

"I am very honored to be selected by Supervisor Bob



Tapped for Administrator

Dudycz and confirmed by the

Board of Trustees for this posi-

Dayna Berman

her Master's Degree in Social Work (MSW) in Later, Berman became a

er (LCSW) in 1994.

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tion." Berman said. "I am

delighted to undertake

this new challenge and to

now be working with all

aspects of the township

Grove with her husband

Stuart. The couple has a

7-year-old daughter and

from Illinois State

University in 1990 with a

Bachelor of Arts degree

in Psychology, Berman

attended the Jane Addams

School of Social Work at

the University of Illinois

at Chicago. She received

licensed clinical social work-

Following graduation

She lives in Buffalo

government."

3-year-old son.

Students learning lifelong benefits of exercise



FITNESS FORUM

BY JOHN O'CONNELL Copley News Service

Pekin (Ill.) Community High School football coach Dale Patton doesn't need statistics to tell him our nation's youth continue to slide physically. He can see it for himself.

"I would say more than half of our high school students have very poor cardiovascular endurance," said Patton, chairman of the school's physical education department. "Because of poor eating habits and lack of physical exercise, our students - not just in Pekin but nationally - are in very poor shape, the worst I've seen in my 24 years of teaching. We have students who have a hard time walking

Statistics show his eyes aren' deceiving him. Fourteen percent of children ages 12 to 19 were overweight in 1999, up from 11 percent in 1994 and 7 percent in the late 1970s, according to the National Association for Sport and Physical Education.

"Our high school students aren't as physically active after school or during their summer vacations as they once were," Patton said. "From the feedback I've gotten from students, they are watching too much TV and spending too much time playing computer

year. Most of these commercials At Pekin, every physical educaare advertising fast food, soft drinks, sugar-coated cereals and candy. And almost half of young people aged 12 to 21 do not participate in vigorous physical activity on a regular basis, according to the

Thanks to a \$148,000 federal grant in 2003, Pekin Community High School, just south of Peoria, has changed its physical education program. With the grant money and a percentage of matching money from the school district (\$17,000). the school purchased exercise equipment, including elliptical bikes, recumbent bikes, upright bikes, body cycle spinner bikes, stair climbers and treadmills, most

equipped with heart-rate monitors. In addition, the school purchased special health assessment equipment and 60 heart-rate monitors to wear when running. With the TriFit Health Assessment System, physical education students at Pekin are tested for weight, body fat percentage, flexibility and cardiovascular

"We've gone from the dark ages in physical education when we had no equipment to the space age."

"With the equipment, we can measure the students' cardiovascular endurance, strength and flexibility and their percent of body fat and show them how they compare with other students across the nation.

They now know what kind of The average American child sees shape they are in and what they 10,000 television commercials a have to do to get in better shape."

tion student is tested at the beginning of the year. They each receive a personal profile and then shortterm and long-term fitness goals.

"With this equipment, we can monitor a student's progress and how hard they are working," Patton said. "And it can keep us from overworking a student who is in very poor physical shape."

The goals of the school's physical education classes are to get the students in better shape and teach them the lifelong benefits of physical exercise. There is now more emphasis on students hitting their target heart rates than completing long runs. Patton is most excited at how the students have embraced the new equipment.

"With the equipment we are more like a private health club that's free to the students." Patton said. "I think it makes P.E. more fun for the students."

Senior Brennan Hayes believes he's benefited from the new equip-

"We still run in P.E., but we use the machines half the time," Hayes said. "I feel the machines give you a more complete workout. ... I've seen my percent of body fat go

Junior Jeremy Selby credits physical education classes with his weight loss. As a freshman, Selby, who is 6 foot tall, weighed 177 pounds. He now weighs 150 Join us in Mau!



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Fitness Forum

The school reports that there is statistical evidence that the equipment is paying dividends in the students' fitness.

"In January of 2004, we measured the girls and boys for cardiovascular endurance," said Pat Chambers, the school's technology coordinator.

"We found that 91 percent were in the poor or very poor range. Five months later when we re-test-

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not sound like a lot, but considering we have around 700 students in the poor or very poor range for in P.E. classes, that is the equiva-body fat. lent of 14 students who have increased their cardiovascular the physical education program as

During that same period, some students decreased their percentage of body fat. When first meas- of \$140,000 to purchase even ured, the school found that 60 percent of the girls were in the poor or monitors. very poor categories for body fat. After five months, the percentage a 6 percent improvement in all the ed the students, the percent in the in those categories decreased by 4 fitness categories when we re-test poor and very poor categories percent. There was an equal per- in May," Chambers said. "We are went down 2 percent. That may centage decrease for boys, of starting to see some progress."

whom 46.7 percent were originally

Imerson Ma 5, 2005

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(Continued from previous page

Pekin school administrators see a model for other schools. And the school is in the running for an additional three-year federal grant more exercise machines and heart

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Half swing drill

The most important part of the golf swing is the portion 3 feet before impact, impact position and 3 feet after impact. The rest of the swing is important, but certainly not as crucial as this particular portion To increase confidence and help hone your tempo, warm up by hitting a number of balls with just a half swing. Don't take the club back past hip height. As you take these half swings, have the intention for the ball to go no further than about 20 yards.

This will not only slow down vour tempo and improve your rhythm, but it will also lead to solid, crisp contact. By feeling that solid contact your confidence will improve because you know you are capable of striking the ball solidly. Once you are

comfortable with this half swing, go ahead and hit some shots with your full swing ensuring you duplicate the same feel and tempo as your half swing. You'll find that you are hitting the ball crisper with more consistency

Copley News Service/Tina Mickelson, PGA

Photo by Paul Nasri

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MORTON GROVE

The following items were taken derly conduct but not stalking. from official reports of the Morton Grove Police Department for the week ending April 22, 2005.

Fake police call (6100 Dempster)

A con man called Merlin's Muffler and requested funds on behalf of clean the yard of waste for \$40. in the parking lot of Cub Foods at the Morton Grove police depart- They followed her into the home 4:30 p.m. on April 30. ment April 21. The employee to collect the \$40 and went back Police observed a lone shopping asked the caller to come and col- outside. Then, the children said lect the money. When the nervous they had to use the bathroom. She They arranged for owners of nearman arrived, the employee told the said she'd go inside with them. by vehicles to clear them from the man he did not look like he was The kids then said they no longer scene and established a perimeter from the police department. The wanted to go inside. The four then around the shopping cart. The man said he was not. "I'm actually said they had to leave and returned bomb squad opened the case and from another agency," he said and the \$40. The woman reported she found math textbooks and papers. walked away. The employee wrote had nothing of value in her home. down the man's license plate and described him to police.

Disorderly Conduct, Stalking (South Park and Morton)

A Morton Grove man, 24, was arrested for stalking another Out-of-stater steals Morton Grove man, 17, who he suspected was involved with his (Phoenix, Ariz., not mapped) wife. The 24-year-old was arrested April 13 at 9 p.m. at South Park her purse stolen from a Caribou's and Morton St. as he drove errati- Coffee in Chicago five years ago. cally following the man. Police She recently discovered someone eventually learned he had been has used her name for several waiting outside the man's work vears in Arizona and Washington. and home and had been spotted The identity thief even purchased a behaving suspiciously around him car in the woman's name in several times. The man also Phoenix, Arizona.

allegedly told a friend he "doesn't want to kill him, just hurt him real bad." He was charged with disor-

Scheme? (7100 Foster)

her home April 21 at 4 p.m. They The Niles police bomb squad said her husband had hired them to responded to a suspicious package

Gas Drive-Off (6000 Oakton)

14.6 gallons of gasoline was stolen from a Marathon Gas Station April 27. The gas was worth \$37.01.

identity, buys car

A Morton Grove woman, 32, had

The following items were taken from official reports of the Niles Police Department for the week ending May 25, 2005.

NILES

A group of four males, 50, 40, 9 and 6 approached a woman, 74, at (5700 Touhy)

cart with a black briefcase inside. There was no indication of who owned the materials.

School Crossing Guard 'Nudged' (Washington Park)

A school crossing guard stationed at Washington Park was helping children across the street April 27 at 3:25 when a White Acura dismissed the stop and drove by. The vehicle then turned around down the road and came up to the crossing guard. The vehicle slowly approached the guard as she held up the stop sign. The Acura did not stop and slowly "nudged" the guard with the front of the car. She was not injured and told police the

driver's license should be suspend-

"It was someone else" (7900 Milwaukee)

On April 29 at 5 p.m., an 82-year

old woman was shopping at a fruit and produce store on the 7900 block of Milwaukee Avenue when a black man in his approached. The man began rifling through her shopping cart. She questioned him and he mumbled incoherently. She then noticed her purse was open and the wallet

wallet disappearance he informed the woman that "someone else" has taken the wallet and left.

9 Rumble on Golf Road (9100 Golf)

Cook County Sheriff's Police and the Niles police department responded to a 10-man brawl in front of a liquor store April 30 at

The melee began when a 27-yearold Des Plaines man allegedly made an inappropriate comment about a woman standing with a group of men in front of the liquor The resident investigated and the store. Insults were exchanged and then violence broke out. When police arrived, the crowd dispersed but authorities were able to capture three people. One Des Plaines man had a crowbar and bruise on his arm. Another fighter, 19, of Niles, had a bloody nose. Police issued citations for disorderly conduct and public intoxication.

Kicked Out, Arrested (7000 Carol)

An intoxicated man, 34, was expelled from his residence by the Two men were arrested and owner due to an excessive intake charged with teaming up and beatof alcohol last weekend. When ing a victim April 23 at 2:45 a.m. police arrived in the wee hours of on the 1100 block of Broadway the night, the man was pounding One of the men, 21, of Park Ridge, on the door and screaming. The was arrested for the attack on the woman informed police the man 2100 W. DeCook. The other man, was not welcome in the home in also 21, of Morton Grove, was his drunken state. The man then arrested at the corner of Dee and tried to storm back inside. When Devon. Both were arrested for batpolice attempted to restrain him, tery. he resisted and was brought down. handcuffed and arrested.

beer causes bloody fall (8700 Milwaukee)

Niles police on patrol spotted a Purse Taken from Home crowd of people in the parking lot (1000 S. Vine) of the Sphinx Café on the 8700 An intruder entered a residence on block of Milwaukee on April 23 at the 1000 block of S. Vine the night 2:29 a.m. Upon investigation, the of April 27. A woman's purse from officer spotted a man on the the home was then found in the ground; the man's head was bleed- alley behind the home with \$200 ing. The man, 23, of Prospect missing. Heights explained that after four hours of drinking beer and tequila at the café, he walked out of the bar, tripped and fell on the concrete A Huffy bicycle was taken from pavement causing the injury.

He was transported to Lutheran April 25 some time after noon and General Hospital. The ambulance before 4 p.m. The bike was worth charges will be sent to him. The \$100. It was sitting in the front bar was charged with "over-serv- vard

ing an intoxicated individual." Police also responded to several calls of loud music at the Sphinx Café last week.

Car Crashes into (6800 Milwaukee)

On April 23, a motorist drove into the wall of Chambers Restaurant on the 6800 block of Milwaukee. After the crash, the intoxicated driver allegedly got out of the car, ran away and then returned and claimed to be a passenger in the When she asked him about the vehicle. The unemployed man, 31, was held on \$3,000 bond.

PARK RIDGE

The following items were taken from official reports of the Park Ridge Police Department for the week ending May 2, 2005.

13 Noise alerts resident to (500 N. Broadway)

A sleeping resident was awakened by an intruder April 21 at 8:15 p.m. on the 500 block of N. Broadway. would-be-burglar ran off. The resident saw the man jump into a white vehicle and speed away.

14 Computer monitor stolen (300 S. Northwest Hwy.)

A computer monitor was stolen from a business on the 300 block of S. Northwest Hwy. the weekend of April 22. The equipment is worth \$289.

Battery (2100 W. DeCook)

Car Stolen (200 Murphy Lake Lane) Four hours of Tequila and A 1989 Nissan Sentra parked on the street was stolen last week.

19 Huffy Gone (1800 S. Cumberland)

the 1800 block of S. Cumberland

THE BUGLE

NEWS

'I Don't Know What Happened or What I Did'

News from the Police Reports

BY JEFF BORGARDT jborgardt@buglenewspapers.com

Tiles police arrested a man underwear for allegedly punching an officer in the face April 23. The man was then transported to Lutheran General Hospital where medical authorities found a bag containing 9 grams of cocaine in his anus.

It all started when a Niles police officer says he saw Vincent McGrath, 41, of South Suburban Crete running from the Days Inn Motel on the 7200 block of Caldwell in black underwear and a black Dale Earnheardt t-shirt Saturday April 23 at 10:15 p.m.

According to Police, after running out of his room into the parking lot, McGrath spotted two bystanders walking down the street. He then started chasing after them. They escaped. Police arrived at the scene and found McGrath in the parking lot.

They started chasing after him but he ran around in the parking lot weaving through the parked cars to elude the officers, they said.

When one officer caught up with McGrath, he punched him the face, according to the police report.

McGrath was then brought down and continued to twitch after being handcuffed. He was transported to Lutheran General Hospital. After admittance, a hospital technician discovered a 9 gm bag of cocaine in McGrath's anus.

McGrath was arrested and read his Miranda rights. He then said "I don't know what happened or what

McGrath then called his attorney who advised him to remain silent. However, McGrath then told police he didn't remember hitting the officer and was sorry.

He has been charged with possession of a controlled substance and aggravated battery on a peace officer. He is held on \$100,000

Logo Contest Announced A Message from the Niles Crimestoppers

Attention Students!

We will be holding a logo contest for Niles Students to win the opportunity to have include the child's name, par-Niles Crime Stoppers mer- school of attendance. chandise and correspondence

including brochures and signs. months.

We will have 1 Grand Prize Winner amongst all the entries and three prize winners in 3 age categories; Elementary High School entries.

Please submit in color or

black and white a reproducible piece of original art on white 8.5 X 11 paper. The submission should

their artwork used on all of the ent's name, phone number and All entries must be submitted by Monday May 16, 2005

The winning logo will be by 5:00 to: Niles Crime used for a period of 12 Stoppers, P.O. BOX 480252, Niles, IL 60714. The winners will receive

prizes courtesy of local Niles

The winner will be recog-School, Middle School and nized at the May 24, 2005 Village Board Meeting.

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Letters to the Editor

Prescribed burns are the best choice for nature

Dear Editor,

I am writing this to thank the Bugle Newspaper for doing an indepth article on prescribed burnings ("A Burning Issue," 4/21/2005) about the maintenance of the Miami Prairie using prescribed burns. Mr. Schneider approached the problem from all the different angles associated with the issue.

In the article a spokesperson from the Bethany Terrace Nursing Centre said that there are other ways to preserve this prairie and that it wasn't necessary to burn it. The question that should have followed this statement is: What are the other ways? If it would have been asked, I guarantee you there would have been no response, because there is no other way to burn up the fuel that builds up in a prairie. It is Nature's own way of maintaining itself.

person who represents Bethany election judges, and results in dis- judges as there are now fewer Terrace on this issue is a personal friend of one of the leading opponents of restoration—not a coincidence, surely. I would ask him to resist the temptation to practice environment voodoo and I won't try to practice medicine.

John Thill, Friends of the Morton Grove Forest Preserves

Election judge rules need changing

Dear Editor.

I have been the Republican Election Judge Coordinator in Niles Township for over 15 years. This is a volunteer task for which there is no pay. In each township in suburban Cook county there is a Republican and a Democratic coordinator to recruit and assign election judges.

I question the wisdom of the Federal legislation in the Voting Rights Act of 1965 as amended. This requires a Chinese speaking election judge in precincts with more than 5 percent of Chinese-American voters. There are 8 such precincts (out of a total of 106 precincts) in Niles township. This requirement causes many problems in getting and assigning

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crimination. The coordinators

often cannot find Chinese speaking judges, so they are required to remove a judge who may live in the precinct and worked there ing judges are required. What many years to leave a judge posi- about Koreans, Japanese, Polish, tion open so the county can place Filipinos, and others who make a Chinese speaking person there. up large segments of the popula-The judge who might have to be tion in the suburbs. Where will it removed might well be a Chinese end? If we must provide Asian American judge who lives in the Indian speaking judges, should precinct but doesn't happen to they speak Gujarati or Hindi? speak Chinese. Coordinators try Filipinos speak many different George Wendt to place judges in their home precincts, but now must place some judges far from their home precincts to make way for the Chinese speaking judges, who often come from outside the

I did spend many hours trying to recruit Chinese speaking people but was unsuccessful. Two of them asked if I needed Mandarin or Cantonese speaking

Election judges in two of the "Chinese" precincts told me that there indeed were many Chinese American voters, but all of them spoke English and did not require assistance.

This requirement also discriminates against the high school seniors who have been part of a very successful Cook County program to have them serve as election

precincts for them to serve in.

guage of the United States? So far only Spanish and Chinese speak-

Who is paying the cost of the Is not English the common lan- time spent by county employees searching for Chinese speaking people? We are, with local taxes, as it is an unfunded federal man-

Please, it is time to put a stop to this trend and reverse it. Contact your U. S. Representative and U.S. Senators Richard Durbin and

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ANTIQUES

Antique or Junque 2 for tea

By Anne McCollam Copley News Service

Swirl. Kaolin is fine white clay be found in white, pink and green.

Q: I have enclosed a photo of a terns that were called Mission and cream, but examples can also set of porcelain pitchers. I was told they were used to serve syrup or possibly tea. They are decorated with pastel flowers and gold trim. On the bottom of each piece is a wreath and the words "Hand Painted - Made in Japan."

THE BUCLE

I am curious about the function and value of my set.

A: You have a tea set. One pitcher was for brewing tea and the other for hot water. Judging from the style, shape, and decoration, your set was made around the 1930s. The set would probably be worth \$75 to \$125.

Q: This mark is impressed on the bottom of a pottery bowl that I recently inherited. The bowl is over 9 inches in diameter and has a swirled pattern in shades of blue, tan and cream.

Anything you can tell me will be appreciated.

A: You have a piece of art pottery that was made by Niloak Pottery Co. in Benton, Ark. Two to three different colors of clay were that was native to Arkansas and Niloak Pottery Co. was in business placed on the potter's wheel and spelled backward is the word, from 1910 to 1947. then swirled into marbleized pat- Niloak. Most pieces were blue, tan

antiques and old collectibles will

be converging on the Walworth

County Fairgrounds in Elkhorn,

WI for its twenty-fourth season

this summer on four dates (May

15, June 26, August 14, September

25). Novices and seasoned collec-

tors alike will be attracted to prim-

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admission of \$4. Parking is free. an exciting day of antiquing, a

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tery, toys, and much more!

to refinished furniture, kitchen col- arrive from Wisconsin, Illinois, and éclairs. Many of the food ven-

Your bowl was made sometime Q: I was wondering if you might

The Elkhorn Antique Flea Market

Fourth Annual 'Elkhorn' market in Wisconsin this summer Over 500 dealers of primarily lectibles, glassware, decoys, mili- Michigan, Indiana, Iowa, dors are from local service organi-

between 1910 and 1924 and would

probably be worth \$400 to \$500.

Q: My grandmother gave me a

pair of bisque figurines that

belonged to her mother in the

late 1800s. Each figurine is

absolutely perfect condition.

Grandma treasured them and

kept them out of reach of all her

grandchildren. Unfortunately,

there is no mark on either one

but there is a very small hole in

Can you tell the history and

A: Bisque figurines have been

made since the 1700s in Europe.

Their popularity peaked in the

Victorian era. It was fashionable to

display bisque figurines in period

costumes and also piano babies in

their parlors. Most that are seen

today were made in England,

unmarked. The small holes

allowed expanding gases to escape

the interior of the figurines during

Your pair would probably be

worth \$300 to \$350.

France or Germany and are often

the back of each.

value of my figurines?

around 18 inches tall and

tary items, postcards, linens, pot- Minnesota, Nebraska, and more. zations. Elkhorn is centrally located between Madison, Milwaukee, Rockford, and Chicago. For more information about this and other antique events offered by N.L. itives of all types including rough buildings are utilized. Dealers on the cob, ice cream, cream puffs, sllc.com.

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ANTIOUE

Vintage golf club collectors seek mashies, brassies and spoons

CONTEMPORARY COLLECTIBLES

BY LINDA ROSENKRANTZ Copley News Service

Then it comes to golf collectibles, there is a wide balls and bags to prints, ceramics and other decorative objects. But surely the most sought-after (and expensive) are vintage golf clubs, ranging from scarce early examples that had an influence on how the game was played, to those that can still be used. Some people focus on clubs from a specific era, others limit themselves to one maker, and still others seek a category with a particular feature, such as long-nosed wooden put-

There has been a growing market for early and rare golf clubs for quite a while. In 1991, for instance, there was an auction at Sotheby's of a collection of 23 winner of the British Open between 1860 and 1930, which brought a total of over \$1 million.

1910 rake iron - a rake-shaped, iron-headed club made for hitting balls out of mud or water - by an unknown maker (and estimated before the sale to bring \$288) The territory of collectible vin-

tage clubs can be divided into several main categories, in particular late 19th century, hand-crafted, long-nose woods, which have long, curving faces, a poured-lead back weight, a piece of horn on the sole and large leather grips on the shaft; early irons of the same period, usually forged by local blacksmiths; "scared" and "socket" head woods of the same period, which were shorter and thicker than the long-nose examples; early machine-made irons; steelshafted clubs produced between 1925 and 1945 (steel shafts were illegal in the United States until 1925), but only if they have unusual shafts and faces; and some post-1945 classic clubs of

the highest quality. colorful names, for example wood), spoon (a 3-wood), baffy (a niblick (a 9-iron). The late 1930s Two years earlier, at Christie's, a saw the introduction of the steel- documentary photographs, the

shafted woods and irons now considered classics. The leading maker of these was Crawford, McGregor and Canby Company,

whose products are trademarked MacGregor. Some of the more recent clubs sought after by collectors are A.G. Spaulding Bros.' Top Flite Synchro-Dyned irons from 1953 and 1954, Hillerich & Bradsby's 50s Power Bilt drivers, Sportsman Co. and Thos. E. Wilson Co. putters, and Wilson R-20 and R-90 wedges.

For anyone interested in the history of golf, there is an excellent new book on one of its greatest champions, Bobby Jones, the only golfer in the world to perform a single-season Grand Slam, winning in 1930 the British Amateur, the British Open, the U.S. Open and the U.S. Amateur (Tiger Woods' all-pro Grand Slam was achieved over two years.) "Bobby Jones and the Quest for the Grand Slam" by Catherine M. Lewis (Triumph Books) presents Some pre-1930 clubs have very the story of Jones, who entered championship golf at the age of clubs, each formerly owned by a brassie (for a brass-faced 2- 14 and retired at 28, and was a considerable force in the popular-4-wood), mashie (a 5-iron) and ization of the sport internationally. Filled with facts, statistics and

comprehensive volume is also accompanied by a 118-minute DVD, narrated by Jim McKay. which traces the complete story o

Linda Rosenkrantz has edited Auction magazine and authored 15 books, including "Beyond Jennifer & Jason, Madison & Montana." She cannot answer © Copley News Service

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Antique or Junque

worth \$300 to \$350.

Q: I was wondering if you might be able to help me. I have a small German Bible that is around 3 by 5 inches and is in good shape. It belonged to my husband's aunt in the 1800s and was published by Concordia Publishing House in St. Louis.

me will be appreciated.

A: Contrary to what many people believe, most Bibles are worth only \$25 to \$75. Bibles were published in mass amounts in the 1800s and because they were usu-

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ally well taken care of, multitudes have survived the years. They usually are treasures only to the families that have passed them down from generation to generation.

Your bible would probably be worth \$25 to \$45. O: My father owned his own

barbershop and still has his red Any information you can give leather hydraulic barber chair. It has a chrome footrest embossed with the name "Paidar -Chicago" and a built-in ashtray on the right arm.

Is it worth anything?

(Continued from page 21)

sought after by many collectors. Straight razors, shaving mugs, barber bottles, barber poles and chairs are just some of the items that appeal to collectors.

Your chair was made around 1930 to 1940 and would probably be worth \$800 to \$1,200.

Address your questions to Anne McCollam, P.O. Box 490. Notre Dame, IN 46556. For a personal response, include picture(s), a detailed description, a stamped, self-addressed envelope and \$15 per item (one item at a time). A: Barbershop memorabilia are © Copley News Service

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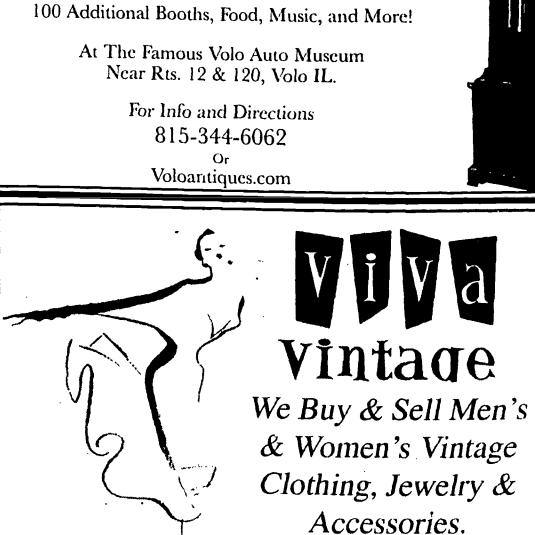
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SENIORS

Free Movies at Pickwick, bring food donations

enior citizens are invited May 18, Pay It Forward on June feeds hundreds of hungry indi- ed at 5 S. Prospect Avenue at the the library parking lot across the Theatre for free movies July 20. All start at 1:30 p.m. of Liberty Bank for Savings and bring non-perishable food items its Silver Citizens Club. The to donate to the Maine Township

THE BEGIE

to the historic Pickwick 15, and Music of the Heart on

Everyone is encouraged to films slated are Seabiscuit on Emergency Food Pantry that

viduals and families each month. Collection bins will be located in the theatre lobby. Cash donations to the Pantry

will also be gratefully accepted. The Pickwick Theatre is locat-block west of the theatre), and in information, call 847-698-5069.

Touhy Avenue and Northwest Highway. Parking is available along Prospect, in the city lots off Northwest Highway (one gift to the community. For more

The food drive and entertain-

Walking Tour of Millennium Park, info session on Colorado trains

Morton Grove Senior News

TRAINS ACROSS COLORADO

Mayflower Tours will visit the Morton Grove Senior Center at 1 p.m. on Thursday, May 12 to discuss Mayflower's fabulous "Trains Across Colorado" trip. This eight-day trip to be offered starting Sept. 18 includes a different train each day, delicious food, the beauty of the Colorado Rockies and the breath-taking deserts of the southwest. All are welcome to attend this free Trip Preview.

HIGH SCHOOL FINE ARTS Maine East, Niles North and Niles West High School invite senior citizens to join in on numerous free school productions to be performed during the coming weeks. For details call the schools at 847/825-4484 (Maine East), 847/626-2000 (Niles North) and 847/626-2600 (Niles West). The events include:

Niles West "Whodunnit" Play at 10 a.m. on Friday, May 13. North Percussion Ensemble at 7:30 p.m. on Maine East Choral Concert at 7:30 p.m. on Monday, May 16. Maine East Band/Orchestra

Saturday, May 14.

Night at 7:30 p.m. Wednesday, May 18. Niles North Jazz Band Concert at 7:30 p.m. on Friday, May 20. Niles North Orchestra Concert at 7:30 p.m. on Tuesday, May 24. Niles North Choir Concert at 7:30 p.m. on Thursday, May 26.

> **COMPUTER CLASSES AT** THE MORTON GROVE SENIOR CENTER

books in shape and fix common ing this four-week

A "Microsoft Word" class will introduce some of the many functions of Microsoft Word to 8517. new word processing users. This four-week series meets from 12:15 to 1:45 p.m. on Saturdays starting May 14. The cost is \$32 for Senior Center Members and \$37 for non-members. Please

An "Internet" class will help students develop the tools needed to overcome frustrations about the INTERNET!! This four-week series meets from 2 to 3:30 p.m. on Saturdays starting May 14. The cost is \$32 for Senior Center Members and \$37 for non-members. Please register in person at the Senior Center.

MOTIVATORS

Get those emails and note-Processing" course from 10:30 a.m. to 12 noon on Saturdays Tuesday, May 17 in the Morton starting May 14. The fee is \$32 for Senior Center Members and \$37 for non-members and is taught by the Center's awesome instructor, R.J. Bruno. Please register in person at the Senior.

VISUALLY IMPAIRED

The Morton Grove Visually Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 9:45 a.m. on Grove Senior Center. They discuss everyday problems of living with low vision and possible solutions, exchange ideas on the latest technology and assistance devices available, and share what has worked for them individually. For more information please call Richard Englund at 847/965-

DIABETES SCREENING

Grilled White Fish

Chicken Parmesan

Baked Chicken

6oz Skirt Steak

Liver & onions

Many people with diabetes go undiagnosed because they are unaware of the signs and sympregister in person at the Senior toms. Some of the warning signs

are frequent urination, excessive thirst, extreme hunger, unusual weight loss, increased fatigue, irritability and blurry vision. Diabetes screening is offered at the Morton Grove Senior Center from 9 to 10 a.m. on Tuesday, May 24. Screening is free for Senior Center Members and \$1 for all others. Please fast for 12 hours. Water is allowed. Hold diabetic medications.

SUMMER IN THE CITY

Let's go explore the neighboring metropolis of Chicago on May Wednesday, Highlights include a professional tour guide, a walking tour of Millennium Park (don't worry, it's not a trek of the entire park and there are lots of benches!) a Chicago River Architectural Cruise, and a personal box lunch including a turkey sandwich, fruit, chips, cookie, and bottled water. Also view Lincoln Park's Bates Fountain, Shakespeare Fountain, and the Grandmother Gardens. The bus will leave the Morton Grove Senior Center at 9 a.m. and return at 3 p.m. The cost is \$75 for Senior Center Members and \$87 for non-members. This trip is filling up fast so please register in person at the

> Story Continues... MG SENIORS page 14.

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• Fresh & Smoked Polish Sausage

Potato Pancakes, Pierogi, Blintzes

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SENIOR MENU

Stir Fry Chicken

 Denver Omelet Chopped Steak w/grilled onions

Veal Cutlet • Sauté Tilapia

•Spaghetti & Marinara Above comes w/choice of soup or salad, potatoes or

vegetable, coffee, tea or iced tea. Dessert includes rice pudding, tapioca or a chocolate sundae.

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Niles Senior News

NSC Highlights

For a detailed description of programs & activities or to ask about membership requireplease check Naturally Active Program Guides or call the Niles Senior Center at 588-8420 ~Visit us online at www.vniles.com.

MAY REGISTRATION

Drop-Off Registrations for programs and classes advertised in the MAY Naturally Active are due at the Center by Friday, May 6th.

Walk-in registrations will be accepted beginning Wednesday, May 11th if space is available. If you are interested in registering for a program advertised in the APRIL Naturally Active, you must do so in person at the Senior Center. For more information, call 847 588-8420.

GET ACQUAINTED **MEETING**

On the third Thursday of every month, newcomers are invited to meet with the staff, learn what the Center offers, tour the building, and ask questions. The next meeting is May 19th from 10:00-11:00AM. Please call to register (847) 588-

THE CARVING CENTER REOPENS

Woodcarvers of all levels are invited to our special drop in on Wednesdays Wednesday, May 4th thru Wednesday, June 29th. special drop-in center provides all levels of woodcarvers with an opportunity to enhance their skills under the direction of Frank Tomasiewicz. The cost for the 8 week session is \$20, cost will be prorated for those joining after the first session.

Third Annual NILES SENIOR CENTER INDOOR FLEA MARKET - Saturday, May 7th THIS SATURDAY! Open to the public, Niles Senior Center's 3rd Annual Flea Market will be held this Saturday, May 7th from 9:00AM - 1:00PM. Browse or buy; you can find some really great deals at the Center - Over 50 Vendors, on \$50. two floors! Raffle. \$2.00 hot dog lunch beginning at

1:00AM until 12:30PM (or until we run out of hot dogs!).

GOLDEN ANNIVERSARY CELEBRATION

55, 60, and 65 or more years of be served prior to the performmarriage in 2005 are invited to Niles Senior Center's annual Anniversary Celebration. Niles couples, mar-

ried in 1955, 1950, 1945, and 1940 or earlier are invited to be our guests at this annual event. This year's event will be held at the Niles Senior Center on Thursday, June 2, 2005, from 11:00 AM- 2:30 Anniversary couples will be honored with a catered lunchthe occasion, and entertainment by Niles Senior Center's Golden Notes Choral Group under the direction of Eleanor Kostelny. If you would like to be part of this wonderful celebration, please contact the Niles Senior Center at 588-8420.

ATTENTION, ALL NILES SENIOR SPELLERS! IT'S

Anyone who loves to spell is invited to join this fun filled competition, Thursday, July 14th at 10:30am. The top two winners of our Local Spelling Bee will represent the Niles Senior Center at the Regional Spelling Bee hosted by Maine Township, Tuesday, August 2nd at 10:00am. All seniors invited!

For more information, contact Jaymi at 847-588-8420.

MOONLIGHTERS AT THE METROPOLIS FOR FOREV-ER PLAID,

Sunday, June 26th Join us for this entertaining Sunday afternoon. First we'll enjoy a fabulous lunch at the

Wellington in Arlington Heights. Entrée choice of Broiled Pork Chops, London Broil, or Shrimp Alfredo. Then it's off to the Metropolis Theater to see Forever Plaid, a musical comedy about a 50's singing group that suffers a tragic accident on their way to their first gig and their miraculous return to earth 25 years later for a chance to fulfill their dreams of success. Check-in at the Senior Center is at 12:00 (noon); we should return by 5:30PM. Cost:

CELEBRATE BASTILLE DAY

AT THE CENTER Thursday, July 14, 12 Noon -

Celebrate with a Cabaret featuring Claudia Hommel, best Thursday, June 2 11:00AM- known for her cabaret concerts featuring French and American Niles Couples, celebrating 50, Songs about Paris. Lunch will

HEALTH FAIR

Wednesday Morning, May 25th Celebrate National Senior Fitness Day with us. You will have an opportunity to participate in a wide variety of free screenings, visit with exhibitors, gather information on numerous health issues, and/or have some lab work done: CBC, CMP, Cholesterol/Lipid Panel, and eon, formal photographs to mark TSH for women (\$35) and add the PSA for men (\$45). The Fair will be open from 8:30AM until Noon and is open to all ages. NILES SENIOR CENTER OFFERS A BROAD SPEC-TRUM OF HEALTH & WELL-NESS CLASSES & SUPPORT GROUPS -For more detailed info call 847 588-8420

PANCAKE BREAKFAST Thursday, May 12th, 9:00am 12:00am \$4.00

Join us for our annual Pancake Breakfast, prepared by members our Senior Center Staff. Breakfast, featuring waffles, scrambled eggs, and sausage, will be served from 9:00 to 9:45AM and will be followed by a game of "You Be the Judge" Cost: \$4.00

NILES SENIOR CENTER RED HATTER LUNCHEONS (must be a Red Hatter)

For more information about the Red Hatters and/or their outings, contact Kelly (847 588-8420) Thursday, May 26th - Café Pyranees \$16.50 Wednesday, June 15th - Amici Ristorante \$16.50 Tuesday, July 12th - Mystic

> **HOOKED ON FISHING -**FISHING PROGRAM

Blue Cruise (Navy Pier) \$36.50

Join us for one or all of our 2005 outings! If you don't have equipment, we've got some you

Maps and directions to all outings are available at the Senior Center Office. Newcomers are always welcome! With the exception of the Bangs Lake Tournament, all outings meet at the outing site at 8:00 AM and end at 2:00 PM; cost for outings \$12 each includes morning snack and beverage, lunch, bait

and prizes. Call MaryAnn for more information 847 588-8420 McHenry Dam, Friday, May

13th - on site BBQ lunch Big Bear/ Little Bear, Friday, June 24th - lunch TBA Hollows in Cary, IL - Friday, July 22nd - lunch brought in

from Culvers Bangs Lake Tour., Saturday, August 6th, \$15, check-in 7:30AM NO BAIT - Italian

Big Bear/Little Bear, Friday, September 16th - Lunch Sub

Beef lunch

MEN'S and WOMEN'S 2005 GOLF LEAGUES

Interested in Golf? Consider joining one of the Niles Senior Center Leagues. Men's golf includes two leagues (A 9-hole league played monthly at Tam and an 18-Hole league played each month at a different course). The Women's Golf League plays twice a month on Tam's 9-hole course. New members are always welcome. For more information, stop by the Center or call 847 588-8420.

FEET

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SENIORS

Pinochle Tournament, Day trip downtown with MaineStreamers

Maine Township Senior News

Township MaineStreamers program offers a variety of opportunities for residents 55 and older. All residents and property owners are invited to for membership. Membership includes a free subscription to the MaineStreamers monthly newsletter, which details all activities for the upcoming

Most activities take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in. For more information contact the MaineStreamers at 1-847-297-2510 or www.mainetown.com.

"MOTHER'S DAY LUNCHEON" Wednesday, May 11 Doors Open: 11:00 a.m. Lunch served: 12:00 noon Grazies! 1050 E. Oakton, D.P. Cost: \$13.00 members/\$14.00 guests+\$1.00 fish

Today's luncheon will feature

"ENZO" and his Maestro Al Anile performance of traditional Italian classics which will include his special song "Mama." Each lady will receive a "special gift" in her honor.

Prior to their performance, enjoy a lunch of an Appetizer, Garden Salad, Beef Burgundy, Broccoli and Carrots Julienne, Roasted Redskin Potatoes and Tiramisu for Dessert. Bingo will follow. Reservations and cancellations must be received by Wednesday,

PINOCHLE TOURNAMENT Thursday, May 19 12:00 noon to 4:00 p.m.

May 4th!

Cost: \$5.00 members/\$6.00 guests Enjoy fun and competition at this "Three-Handed Pinochle" Tournament. Refreshments are served at 12:00 noon. Competition begins after 1:00 p.m. Newcomers are always welcome!

ANNUAL SPELLING BEE Come and compete in our Annual Local Spelling Bee on Wednesday, June 15th at 2:00 p.m. The winner and 1st runner up will compete in the Regional Event which will be held at Maine Town Hall on Tuesday, August 2 at 10:00 a.m. To

register and receive the rules contact the MaineStreamers at 1-847-297-2510.

Day Trips

The following Day Trips are 3:00 p.m. to 11:30 p.m. currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent vou. To become a member call the MaineStreamers at 1-847-297-2510 and ask for an application. All Day Trip departs from the Bread, Potatoes and Vegetables. State of Illinois Building, 9511 Harrison St. in Des Plaines.

SPECTACULAR SUNSET II

Downtown Chicago and Lakefront Tuesday, June 28

\$75.00 members/\$80.00 guests Here we go again...let's start our

evening at Lawry's Restaurant for dinner. Choose from Prime Rib of Beef or Fresh Salmon with Teriyaki-Basil Glaze. Both entrees served with Salad, Sourdough Dessert will be Strawberry English St. in Des Plaines.

Now we're off to the Architectural Boat for a Private Narrated Cruise! Let's watch the beautiful sunset as we learn about the fantastic architecture of Chicago's skyline along both the

river and the lake. Andy's Jazz Club will top off this trip. You will enjoy live jazz music while sipping your choice of an alcoholic or non-alcoholic bever-

Trip departs from the State of Illinois Building, 9511 Harrison



8425 North Wankegan Road

Morton Grove, Illinois 60053

847-965-8100

The privacy seniors cherish with the safety net of licensed nursing care available around the clock. A new program for older adults at Berhany Terrace Nursing Centre, the Suites are accessible through a separate entrance in

Durying Levels of Care

Suites program is new, we at Bethany Terrace have been

- Maround-the-clock nursing care
- Your private room
- All meals
- A full range of activities
- Daily housekeeping

the main lobby. **EACH SUITE FEATURES:** Private bath with walk-in shower Fully furnished Television with VCR and DVD player Personal refrigerator Wall-to-wall carpeting After settling in at the Terrace Suites, you likely won't have to go through the trouble of moving again if your health needs grow greater over time. Bethany Terrace's 24-hour nursing care is always available within the Terrace Suites. While our Terrace providing excellent, comprehensive nursing care to seniors on the North Shore since 1965. TERRACE SUITES' MANY OTHER AMENITIES: Restaurant-style dining Beauty salon and spa with whirlpool tub Internet access **S** Gardens and walking paths Complimentary newspaper The Price Includes Do Much! Bethuny Ferrace THE TERRACE SUITES' DAILY RATE COVERS: Aursing Contre





Here Tomorrow!

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e're rejuvenatin' right along with the rest of
Uptown Park Ridge! New facade, new look ... but the same outstanding staff and services that have made us Park Ridge's best retirement and assisted living community!

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We're rejuvenating! 10 N. Summit Avenue at Touhy Park Ridge IL 60068

(847) 825-1161

'Devil' at Columbian Exposition, 'Big Band Cruise' top events at Park Ridge

Park Ridge Senior News

JUNE OUTINGS

The Park Ridge Senior Center already has several June outings scheduled. You can cheer the Cubs at a game, Wednesday, June 8. They will be playing Toronto. The motorcoach leaves the center at 10:30a.m. This will give you time for lunch "on your

own" in or around the ball park. Moline and the Celebration Belle The game starts at 1:20 p.m. with Riverboat. The day will be full seats in reserved grandstand. according to the Center's current will be fresh fruit and sticky registration policy. Charge for rolls. At noon there will be a the ticket to the ball game and the luncheon buffet and in the aftermotorcoach is \$26.00.

BIG BAND CRUISE

Enjoy the sound of Big Band this Big Band Cruise on day is \$69.00. Thursday, June 16. Leaving the Senior Center at 7a.m. headed for "DEVIL IN THE WHITE CITY"

AT FOREST VILLA

"With proper nurturing and focus a garden can become

a marvelous place where life blooms. It is this wonderfu

ion of an exceptional setting logged at Roles ye

ilestreatment of Alzheimer's and retated emention

It The Garden residents receive extraordinary patient-

ntered care where our professional staff believe in

he acceptance of mind, body, and spirit. In addition,

The Garden has innovative therapy programs that invite

residents to explore Music or Horticulture Activities

specifically designed for individuals with Alzheimer's

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that each day should be as full as it can be

disease or related dementia.

Each life celebrated."

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Michelle Caldwell,

For a Tour and

con of the abundant garden that has inspired the

for MIND, BODY AND SPIRIT

An Innovative Approach to Alzheimer

where life blooms

of food, music and cruising. Upon arrival at the boat, there noon a fountain of shrimp. The with Big Band music for your listening or dancing pleasure. music aboard the "Celebration Return to Park Ridge should be Belle." The Center is planning about 7 p.m. The cost for the Chicago highlighting its grand

On Thursday, June 23, you can ry....the World's Columbian Exposition of 1893. You'll hear the fascinating story of the cre- MEMORIAL DAY PARADE ators of the fair and the infamous criminal lurking in their midst, view an exhibit of rare memorabilia from the fair, drive through Jackson Park, the setting for the fair, tour the University of Midway Plaisance, and visit the Railway Exchange building, created by Daniel Burnham, Director General of the fair. There will be a luncheon buffet at the Union League Club, a private Chicago Club. Tour leaves the Center at 8:30 a.m. and

\$64.00 for tours, lunch and motorcoach transportation. relive the lives and times of a cel- Please arrive at least 15 minutes ebrated period in Chicago histo- in advance of tour departure

The Recht

The Park Ridge Senior Center is a yearly participant in the Memorial Day Parade. If you would like to be a part of the Parade, walking or riding, sign up in advance at the Senior Center. After the parade you are invited to a hot dog lunch at the Center for only \$3.00. Except for the hot dog lunch for parade participants, the Senior Center will be closed on Memorial Day. If you have any questions, talk to Gertie Goodrich who organizes returns at 4:30 p.m. Charge is our part in the parade every year.

April Obituaries

From Colonial-Wojciechowski **Funeral Home**

BOROWIAK, Loretta M. nee Strozewski. Beloved wife of the late arrangements. INFO 847/581-0536 or www.colonialfuneral.com

and Matthew. Dear brother of Mary (Hurrel) Gutzeit. Fond uncle of many

PM. INFO 847/581-0536 or www.colonialfuneral.com

HAUTH, Ralph E. WWII US Marine Veteran of the Pacific Theater. Beloved husband of Melanie nee Milz. Loving father of Deborah (Frank) Gruszka and Karen (Bob) Stevens. Loving grandfather of Jason (Carrie), Christopher, Rachel and Danielle Stevens. Dear Great Grandfather of Amelia. Lying in state Monday, April 11 from 10:00 AM until time of Service 11:00 A.M at Immanuel Lutheran Church, 1850 Chestnut, Glenview. Interment Immanuel Lutheran Cemetery. Memorials to Immanuel Lutheran Church appreciated. Visitation Sunday from 3-9 PM at Colonial- Wojciechowski Funeral Home 8025 W. Golf Road- Niles. INFO 847/581-0536 or www.colonialfuneral.com

JENCEVICE, Dorothy nee Spaniak age 86. Beloved wife of the late Anthony. Loving mother of Michael (Linda) Jencevice. Devoted grandmother of Peter. Dear sister of Margaret (Chester) Hugar and the late SR Karen Michael Spaniak. Visitation Thursday, April 7 from 4-9 PM. Service 8:00 PM at Colonial- Wojciechowski Funeral Home 8025 W. Golf Road- Niles. In lieu of flowers memorials to the Autism Society of

Ramuald. Loving mother of Connie (late William) Brennan, Kay (late Donald) Oznoff, Eileen (late James) Chester and the late Colleen Borowiak. Loving grandmother of Maureen, Kevin, Chriss, Cheryl, Ron, Dan, Sue, and Janet and great grandmother of Meghan, Erin, Grace, Maggie, Jack, Jordyn, Tyler, Brandon, Justice, James, Benjamin, Ryan, and Aidan. A memorial service will be held Saturday, May 7 at 10:00 AM at St. John Brebeuf Church, 8307 N. Harlem Ave., Niles. Interment Private. Colonial-Wojciechowski Funeral Home of Niles is in charges of

GUTZEIT, Charles R. age 67. Beloved husband of Rosemary nee Beck. Loving father of Ed (Sheri) Gutzeit. Cherished grandfather of Samantha nieces and nephews. Member of St. Isaac Jogues Men's Club. Funeral Tuesday, April 19 at 10:30 AM from Colonial-Wojciechowski Funeral Home 8025 W. Golf Road- Niles to St. Isaac Jogues Church, Mass 11:00 AM. Interment All Saints. In lieu of flowers memorials to the American Diabetes Assoc. appreciated. Visitation Tuesday 9 - 10:30 AM. INFO 847/581-0536 or www.colonialfuneral.com

ZOURKAS, Steven Michael age 33. Niles Police Officer died in the line of duty while responding to a call. Beloved husband of Ivy. Loving father of John and Andrew. Loving son of Anthony and Elaine Zourkas. Dear brother of Anthony (Eileen) and George Zourkas. Cherished son-in-law of Wayne and Merle Welte and Jeffrey and JoAnn Frasher. Dear uncle of Brittney, Lauren and Anthony. Steve was a dedicated Police Officer and loved his wife and family dearly. Funeral Tuesday, April 12 at 9:15 AM from Colonial- Wojciechowski Funeral Home 8025 W. Golf Road- Niles to St. Isaac Jogues Church. Mass 10:00 AM. Interment Elmwood. In lieu of flowers memorials to Steven Zourkas Memorial Fund c/o Fifth Third Bank, 7100 Oakton, Niles, Il 60714 appreciated. Visitation Monday 3-9

Niles Family Dental Leon Zingerman, D.D.S. General & Cosmetic Dentistry Serving Your Entire Family's Dental Needs 876 Civic Center Dr. Niles (Oakton & Waukegan) 847-663-1040

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SPORTS

Dons looking like State Champs half-way through season

BY RYAN BISHOP rbishop@buglenewspapers.com

Till Broom

he defending champion Dons baseball team is more than halfway through the season and looking very much like the team that rolled through the playoffs and onto the state championship in 2004. Despite a 12-1 loss to Rolling Meadows last week, the Dons 16-4 record going into Monday's game against St. Viator is identical to last year The team has been getting solid pitching from Joe Leyhane,

Similar to last year, the Dons are competing in one of the toughest conferences in the

Matt Kudlik and Brian Flynn

and the offense led by seniors

Craig Mitchell, Keenan Long

and outfielder Clint Simkins.

Corsairs(20-3) face the Dons May 9 and 11, and state runnerup Joliet Catholic faces off against the Dons this Saturday in a game that should draw huge crowd. "Joliet Catholic has struggled a bit this year, but they should be fired up to play us, and Carmel has good pitching, but if we play tough defense we should be ok," said coach Bob Kostuch.

The Dons were scheduled to play Marian Catholic on Saturday, but the team failed to

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Carmel the top of the eighth inning.

"It was rough not playing Saturday, but a positive was

"If we play tough defense we should

Bob Kostuch Baseball Coach Notre Dame High School

that we had our best batting practice of the year, which announced. Last Wednesday, helped us get ready for St. Viator. I don't think I've ever innings to defeat a pesky St. seen a game where we were just Joseph team 11-8. Simpkins hitting everything the pitcher had the game winning hit, a was throwing. We weren't double that scored two runs in really focused early on, but we junior

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runs," said Kostuch.

Brian Flynn and with 16 RBI. inning game.

The Dons(17-4, 6-0 confer-

infielder

really came alive in the fourth Wietlispach at .468, with five inning with some big home doubles, one home run and 17 RBI. He also has 14 walks, The dagger was a grand slam leading to an on base percentby catcher Long. Nate Pearce age of .590. John Kratsmeyer hit a solo homer, Jack Cascio is right behind him at .458, rophit a two-run homer and John ing seven doubles, one triple Creely finished with a three-run and eight walks for an on base homer, all in the fourth inning. percentage of .549. The Dons Junior Mike Closs ran his also have some punch in the record to 4-0, pitching three bottom of the order with Will innings, allowing one unearned Harford, hitting at a .385 clip Anthony Sperindeo pitched the Mitchell is the leader in runs last two innings of the five- batted in with 27, with Long a distant second at 22.

"We are in a good spot right ence) had their way against now heading into the stretch Viator, exploding for an 18-run run. Our pitching's been great, fourth inning, as they crushed and I can rely on everyone to the Lions 23-3 Monday after- step in and execute. We've been getting a lot of quality Leading the team in hitting is swings, and our defense has Matt improved," said Kostuch.



7950 N. Caldwell, Niles (847) 967-8600





select an applicant

The members of the board coordinate volunteer teams of local residents and businesses obtain sponsorships and conduct work on the volunteers painted almost the the chosen homes. This year, the North Suburban Chapter will renovate 40 homes in suburban Cook

"You'd be surprised how much we can get done in a day."

Steve Kropp Local Board Member Rebuilding Together

and Lake Counties.

"You'd be surprised how much we can get done in a day," Kropp

When a chosen home requires Every time we spoke to her she extensive electrical or plumbing work, professional contractors are you. brought in. Kropp's brother was in doing work like that in one of this year's Morton Grove home, located on Capulina.

"He was over there doing some was to help some of what they professional work," said Kropp. "Replacing some exterior window sills that were rotted out. We like to have everything ready for the volunteers when they arrive."

work, like scraping, painting and landscaping, can be done by the

volunteer crews. Kropp said that

"We also planted flowers and did

some landscaping," he said. "It

entire house Saturday.

looks really nice.'

Grove home.

Koziol, 15.

ty issues.

sistently for the program.

Above, Brian Kropp repairs window sills at a home at 6130 Capulina, Morton Grove Saturday, Apr. 30. Below, volunteer crews work at a home at 6130 Capulina in Morton Grove Saturday, Apr. 30. The volunteers, from local residents to university students painted almost the entire exterior of the house under the auspices of the national "Rebuilding Together" program.

(Photos by Allen Kaleta)



committee of caring addits, who hadcanion reports.



Children and Camp: Comprehensive study finds many benefits

hree Children who go to camp gain positive identity, L social skills, and positive values and spirituality — as well as increased physical and thinking

Those are just some of the findings of the largest research study of camper outcomes ever conducted in the United States. The results are being released this week at The American Camp Association's (ACA) National Conference in Orlando, Florida. Nearly 2,000 camp professionals, directors, and youth development experts, representing 700 camps and organizations from around the country, are learning the results of the Youth Development Outcomes of the Camp Experience research project. The study was conducted by The camp helped them feel better about American Camp Association in themselves. collaboration with Philliber Research Associates and was supported in part by a generous grant from Lilly Endowment Inc.

- * 5,000 families participated.
- * 80 ACA-accredited camps took part in this groundbreaking study. * Parents, camp staff, and children ages 8 to 14 completed customized
- * Study participants were surveyed before, after, and 6 months following their camp stay.

All three sources — parents,

staff, and children themselves reported increases in the four central domains of development the study was designed to measure: positive identity, social skills, positive values and spirituality, and physical and thinking skills. Equally as powerful is that children and their parents say the gains made during summer camp were maintained after the children returned home.

"As camp directors, we have lives of children and adults through always known that 'camp gives kids a world of good," states Marla Coleman, ACA National President. "Now, with our landmark outcomes research, we can finally corroborate all our anecdotal evidence and state unequivocally that the camp experience clearly is a vital component of the educational process."

* 96 % of campers reported camp



helped them make new friends. * 92 % of campers stated that

* 74 % of campers said that they did things that they were afraid to do at first.

* 76 % of camper parents confirmed their child gained more self-confidence. "This research heralds a new

epoch in camp, where youth development professionals are guided by evidence and experience — the science tells us what our hearts have always known. Camp is a powerful, positive growth experience," shares Dr. Chris Thurber, licensed child psychologist

You can download this study at: www.ACAcamps.org/research/res earch_book.pdf. For inquiries or a paper copy, contact Kim Bruno at kbruno@ACAcamps.org. For general information about ACA, visit us at: www.ACAcamps.org.

Founded in 1910, the American Camp Association is a national community of camp professionals and is dedicated to enriching the the camp experience. ACA is the only organization that accredits all types of camps based upon 300 national standards for health and safety. For more information, visit www,ACAcamps.org,

Overview

The camp experience enriches lives and changes the world.

Camp provides children with a community of caring adults, who Association website.

results in self-respect and appreciation for human value. All of the outcomes - self-identity, selfworth, self-esteem, leadership, and self-respect - build personal competencies. These personal competencies are reflected in the four "C's" of the camp community: compassion, contribution, commitment, and character! For years, campers' parents have reported that when their children return home from camp they are more caring, understand the importance of giving, are more equipped to stand up for what they know is right and are willing to be more responsible. These are the qualities that will help build a successful

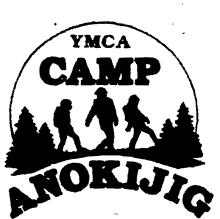
nation and a civil society. Children are at less risk at camp where they have a sense of community, develop intergenerational relationships, and learn through first-hand experiences. Trained, caring adult role models help children feel loved, capable and included. Camp provides children with a safe, supervised, positive environment, which helps children

Camp Professionals have enormous power in conveying simple teachable moments...special moments of passing experiences touched by the human spirit. These fleeting moments of time build three significant ACA values that are reflected in the benefits campers derive from camp.

Source: American Camp

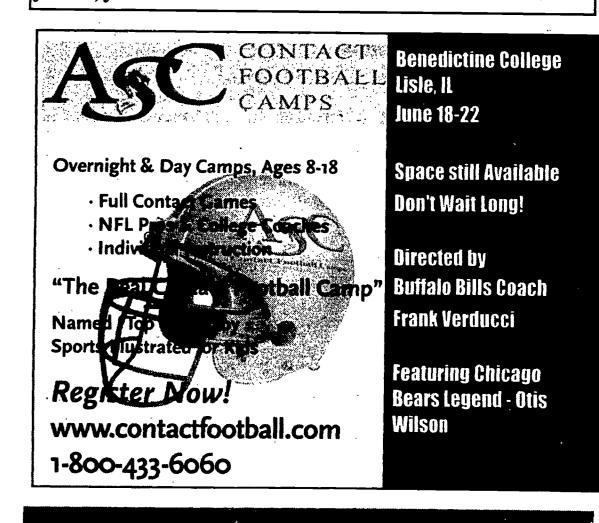
YMCA Camp Anokijig

Anokijig" is a Native American word meaning "We Serve", but it is also synonymous with new friends, positive values, personal growth, and outrageous fun. Boys and girls ages 7 to 16 with sessions from three days to one week or more. General overnight Camp Programs, Specialty Programs, Adventure Trips, Teen Programs, Family Camps and Ranch. Convenient to reach from Chicago. Call for a complete brochure. Come join us, you will love it! Web Site: www.anokijig.com



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BUSINESS

\$779 dollars later, the reason to read statements became clear



had been futzing around on this column for about 30 minutes last week when I saved myself \$779.57.

My goal when I began writing this column was to get people to understand why they should examine their investment state-

Trust me, there are plenty of reasons why we all need to rip open those envelopes when they arrive in the mail or check our accounts online, but none of these reasons are what anyone would consider riveting. In fact, picking burrs off a pair of socks may sound like more fun than reading the statements financial institutions grind out.

Which is probably why even I found my mind wandering after writing just two or three paragraphs. And I had only just begun to explain the most obvious reason why checking your statements is worthwhile. You might catch a mistake. Sure they are rare, but they happen.

They even happen to me, which is what I discovered when I took a break - something I do when I'm writing these columns in fits and starts. Why not, I thought, check on my own accounts. Since my husband and I have online access to our investments, I didn't have to shuffle through any papers. Instead, I clicked on the Web site of the Vanguard Group, where most of our accounts are located. I was especially interested in one of my daughter's 529 college savings accounts.

In early March, I had mailed Vanguard instructions to move the money in this account, which was partially invested in domestic and foreign stock index funds, into the 529 plan's money market option. With Caitlin nearing the end of her sophomore year, I wanted this account, which contained nearly enough money to pay for her first year's expenses at whatever college or university she attends. to be safely sitting in cash. But when I looked at Caitlin's

account, I was surprised to discover that the money was still invested in four stock and bond index funds. Some of these mutual funds had recently been knocked around a bit so their value had dropped since I had filled out the paperwork.

While staring at the computer screen, I wondered if I had messed up. Did I only imagine I mailed the paperwork? That was my No. 1 theory. Or maybe the post office lost the letter? Or did Vanguard blow it? I was hoping for the latter when I called Vanguard. While I stayed on the line, a woman in the college savings section looked through the records and quickly determined that yes, somebody at Vanguard had screwed up. My immediate reaction was, "Thank goodness it wasn't me!"

Vanguard accepted full responsibility for the mistake and two days later deposited \$779.57 in Caitlin's account. That was the amount that the account had lost because the transfer hadn't been completed

I'm not suggesting that every body who scrutinizes his or her account will find a mistake. During my investing lifetime, I have only spotted one other

WELL, NAPOLEON ASKED FOR AND GOT A PRESENTATION

THAT WOULD "REACH OUT AND GRAB HIM!"

TEXESTED ON BUILDING

Business Spotlight



Nayne Hershenhouse, of Mikway Brick and Tuckpointing stands in front of his company vehicle last week.

Mikway: Twenty-Six Years and Countless Bricks

ne local veteran of home and still works 16-hour days.

While he's at it, Wayne Hershenhouse likes to emphasize the quality craftsmanship of his work at Mikway Brick and Tuckpointing.

He started Mikway Tuckpointing and Brickwork

Hershenhouse said he leaves for work each morning at 4:30 a.m. only to return at 8 p.m. that

The family-owned Skokie business does restoration, masonry, rehabilitation, glass block windows, caulking, grinding, brickwork, chimney reconstruction and more.

"Masonry and construction is in my blood," he said. "We rebuild a lot of chimney's and beautify homes."

one recent project, Hershenhouse used 12,000 bricks for a home addition.

He said he enjoys reconstruction and beatification projects.

Hershenhouse also rebuilds chimneys, many of which require extensive repair due to the heat and soot damage caused by fire.

In order to master his craft,

Hershenhouse attended a home building institute for residential and commercial structures in Chicago. As for the long hours, he says

it's well worth it, "when you

finish a project, it gives you a

sense of pride and satisfaction." Calendar

☐ Wednesday, May 11th

After. Hours 7077 Dempster,

☐ Wednesday, May 18th

☐ Thursday, May 26th

Morton Grove Chamber

☐ Tuesday, June 7th

Robbins, Togo

5pm-7pm

Dunkin Donuts, Baskin

7039 Demoster St., Niles

☐ Monday, June 23rd

☐ Monday, June 27th

Country Club

Morton Grove Chamber

Golf Outing, Old Orchard

Morton Grove Chamber

Women's Power Luncheon

Women's Power Luncheon

Business After Hours, Sign-

Harris Bank - Business

Niles 5pm-7pm

A-Rama

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Niles Chamber: (847) 268-8180 Morton Grove Chamber: (847) 965-0330 Park Ridge Chamber: (847) 825-3121

THURSDA MA 5, 2005 AVE YOU HEARD? **Community Announcements**

Free Enrollmment at Niles Fitness Center through May

Announcements from the Niles Family Fitness Center

increase metabolic efficiency and

improve the ability to focus. HR

rang65-75% of maximum HR. At

this energy zone we are training our

bodies to use fat as its fuel source.

Riding primarily on hills; our goal

will be to build strength. We will

take gradual climb from 75-85% of

This class will challenge our bodies

to work at a high intensity, then

recover heart rate quickly between

each work load. HR range is 65-

92% of maximum HR. Class

includes flat roads, hills and jumps.

This training session incorporates

what you might experience in a

timed bike race. It incorporates a

variety of techniques and heart

rates and requires a substantial fit-

ness base. Race Day is a special

event where you have the opportu-

nity to test your strengths and lay it

all on the line. All movements are

incorporated except jumps and

standing flats. HR range is 80-92%

We will work through short, fixed

laps. Example: Loop 1: seated flat,

Switching and holding HR at com-

mand. Example: we may be work-

to 80% of max. for another period.

HR monitors are recommended.

STRENGTH:

maximum HR.

INTERVAL:

RACE DAY:

CRITERIUM:

CRISS CROSS:

•May Promotion Don't Delay Join Us In May Free Enrollment (\$59 Savings) On All New Annual Memberships Summer Program Registration has begun, stop by and pick up your Summer Program Guide Today!

CYCLING CLASS SCHEDULE Classes are 45 minutes in length. Class type varies monthly.

Please see membership services for monthly schedule Cycling Daily Drop In Fees; \$6 Member / \$9 Non-Member

Spinning is indoor cycling to motivating music. Spinning is appealing to a wide audience because everyone rides at his or her own pace in a team atmosphere. Reservations required at the Service Desk prior to each class. Class sizes are limited. Please bring a towel, Heart Rate Monitor and a water bottle to class.

CLASS DESCRIPTIONS **AEROBIC TRAINING**

Class includes various terrain, with focus on working in the aerobic HR range. HR range is between 65-80%. This type of training will increase your aerobic foundation. HR monitors are recommended.

ALL TERRAIN: This is a general Spinning Class run, hill (repeat 3 laps), Loop 2:

that incorporates many different run, standing climb, (repeat 3 laps), Loop 3: seated flat, sprint, seated types of terrain, such as flats, hills climbs, and jumps. flat, sprint (repeated) **ENDURANCE:**

We will primarily be riding on flat roads. Class goals include pedaling efficiency and resisting fatigue, ing at 70% of max, and holding it which trains the body to endure for a period of time then cross over longer distances. This class will increase your aerobic foundation, HR monitors are recommended.

Local Mother's Day Announcements

Mother's Day Brunch at Summit Square

Summit Square Retirement Residence at 10 N. Summit Avenue in Park Ridge, will welcome the public as well as residents, their families and friends to a very special Mother's Day Buffet Brunch on Sunday, May 8th from 11 a.m. to 1:30 p.m. (There will also be a special Kids' Buffet.)

Summit Square's chef, who has created culinary magic in some of Chicago's best hotels, and his staff are planning a menu that will delight everyone—including complimentary Mimosa, baby spinach salad with strawberries and Brie with raspberry vinaigrette; smoke salmon; tropical fruits, berries and melons; herb crusted beef tenderloin, with truffle-bordelaise sauce, chicken roulade with portabella mushrooms; braised sea bass; and roast leg of lamb.

For dessert there will be a special Mother's Day dessert plate; cheesecake topped with strawberry mousse; chocolate dipped strawberries; flourless chocolate torte; truffles; and mini pastries. The cost for the brunch is \$18 for adults (including tax and tip). Reservations accepted until

Friday, May 6 at 847-825-1161. Summit Square provides seniors with rental apartments and complete retirement and assisted liv-

Value City Department Stores is Looking for the Mom Most Deserving of the Ultimate Makeover Weekend in New York.

Value City Department Stores is inviting kids to nominate their deserving moms for the chance to win a dream Weekend Makeover in New York City.

In celebration of Mother's Day, Value City Department Stores wants to team up with kids to give them the chance to put into writing why they think the moms in their lives are special. The Weekend Makeover contest, with its dream prize package, provides the incentive for kids to reflect and write. Value City Department Stores will offer one Mother's Day grand prize winner a Weekend

Makeover trip including: Airfare for two on U.S. AirWays to New York City, three days and two nights at the Hotel Roger Williams in Manhattan, an exclusive, trendy New York spa day for a haircut, makeover, manicure, facial and massage, two Broadway show tickets, limousine service to and from the airport and spending money.

With Mother's Day around the corner – May 8 – kids of all ages can stop in participating Value City Department Stores or go online at www.valuecity.com for official essay contest entry forms from April 22 through May 7. In 125 words or less, essays should contain compelling reasons mom deserves to win the Weekend Makeover in New York. Essays can be turned in or mailed to participating store locations so they are received by May 7 and will be judged on originality, creativity, sincerity and cuteness.

From the completed essays received, each participating store location will select one Mother's Day First Place winner. Nationwide, 114 moms will receive a Mother's Day First Prize spa gift basket. The Mother's Day Grand Prize Winner will be selected among Mother's Day First Place win-

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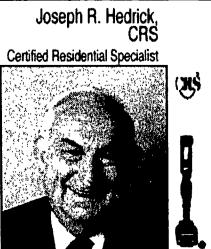
REAL ESTATE

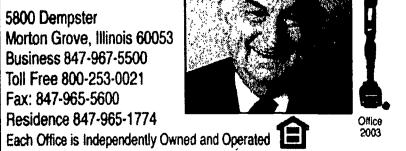
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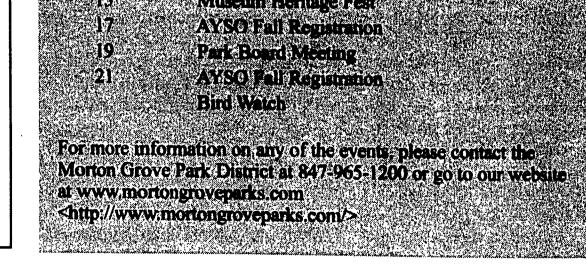
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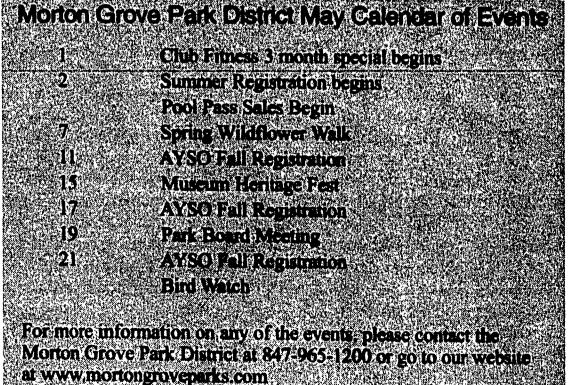












Events Calendar

GOVERNMENT

Thursday, May 5

-7:30 p.m. Park Ridge Park Board meeting

-7:30 p.m. Golf Maine Elementary School District 67 board meeting

Monday, May 9

-7 p.m. Morton Grove village board meeting

-7:30 p.m. Park Ridge-Niles School District 64 board meeting

Monday, May 16

7 p.m. Park View Elementary School District 70

-7:30 p.m. Park Ridge City Council

COMMUNITY

Wednesday, May 11

-The Polish National Alliance Northside seniors will meeting Wednesday, May 11 at 10 a.m. at the Lido Banquet Hall, 5504 N Milwaukee, Chicago. The theme of the meeting is "Spring Bingo." Bring a friend or neighbor along and get into the fraternal spirit. For more information, call (773) 286-0500 ext. 309 or 316.

Thursday, May 12

-The Morton Grove Woman's Club will meet on Thursday, May 12 at noon at the Evanston Golf Club, 4401 N. Dempster in Skokie. Cost of the luncheon is \$17.50. Three newly elected officers will be installed by past President Luclla Halfpap. Vocalist Frankovelgia will entertain after

-The Park Ridge Garden Club will meet on May 12 at 7:30 p.m. at the park Ridge Senior Center, 100 S. Western. Guest speaker Beau Kimball is the architectural and garden antiques, will be sharing his years of experience with us. Guests invited. For information call (773) 792-2158.

Saturday, May 14

May 14 - The American Daughters of Sweden will hold their next meet ing at the Chambers Restaurant, 6881 N. Milwaukee Avenue, Niles, IL on Saturday, May 14. Cost \$20.00. Reservation by May 9, 12 noon. Call 773-463-7640.

Monday, May 16

-The Skokie Valley Business and Professional Women's Club will mee on Monday, May 16 at Don's Fishmarket in the Comfort Hotel, 9333 Skokie Blvd., Skokie. Networking and social hour begins at 5:30 p.n and dinner is served promptly at 6:30 p.m. The dinner fee is \$25 for members and guests. Call Dr. Yemimma Lipschultz at (847) 679-2650.

Wednesday, May 18

Morton Grove Hadassah will have The Culminating Luncheon, May 18, 2005, 11:30 a.m. at The Glen Club, 2901 West Lake Ave., Glenview, IL 60025. Come along for a Cabaret Celebration with the accomplished singer

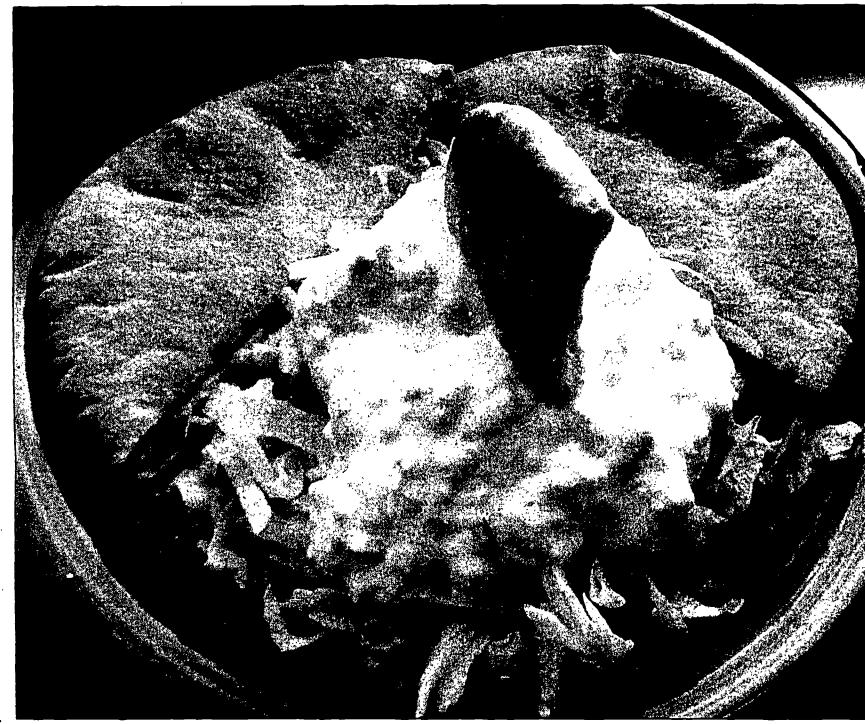
Heather Broudakis who performs classical opera, musical the ater, and popular style music. Her program "The Hills Are Alive" will surely delight us all. Please join us for a wonderful day. Cost is \$30.00 prepaid, payable to Hadassah. R.S.V.P. by May 11, 05, state Fish or Fruit. Please call 1-847-433-6350.

Saturday, May 21

Bird Watch - Join Marian Thill, certified naturalist, on a birdwatch in Morton Grove's own backyard, Linne Woods, on Saturday, May 21, 2005 at 8 a.m. Come see for yourself whose been migrating through our Village. By summer these visitors have passed us by, so join Marian and members of the Morton Grove Historical Museum staff on this special watch. Enter the Cook County Forest Preserve at the entrance on the north side of Dempster, across from Ferris Avenue.

Drive down the road, past the pavilion, to turn-around and park near turn-around. Although not strenuous, the birdwatch will require some walking. An adult must accompany children under 18 years of age. This birdwatch is free, but reservations are required. Watch may be postponed or canceled in the case of inclement weather. Please, no pets

Chef Harry Presents Fresh Salads Perfect for Dining Alfresco



BY HARRY SCHWARTZ Copley News Service

Standing in front of the statue of a polar bear, the mascot of Bowdoin College, where my daughter will be joining the class of 2009, I could not have been more proud. The Maine sun was warm, the breeze off the Atlantic was cool and my precious daughter was looking forward to beginning one of the most exciting times in her life in just a matter of weeks.

Summer in Maine - there is really nothing like it. It is where a lifetime of memories can be amassed. Naturally, most of mine are centered on my family, friends and great food. You don't have to spread the word that it's better in Maine. Let's keep life the way it should be. Eating alfresco is so much a part of summer that you can't have too

many recipes that just taste better in the fresh air. Here are a few of our

QUICK CHINESE CHICKEN SALAD

2/3 cup seasoned rice vinegar 2 tablespoons fresh ginger, minced

1 tablespoon garlic, minced 2 tablespoons sesame oil

2 tablespoons extra-virgin olive oil. 1 tablespoon soy sauce l or 2 teaspoons ground black pep-

1 cup toasted, slivered almonds

1 cup chow mein noodles 1 bunch scallions, trimmed and 2 red bell peppers, cored and

3 romaine lettuce hearts, trimmed and thinly sliced across leaves 4 cups grilled chicken, chopped

Yields 8 to 12 servings. Mix together vinegar, ginger, garlic, sesame oil, olive oil, soy sauce and pepper; set aside.

Place almonds, chow mein noodles, scallions, bell peppers, lettuce and chicken in mixing or serving bowl. Just before serving, pour dressing over ingredients in serving bowl and toss well to coat. PEANUT-BLUE CHEESE COLE

1 cup mayonnaise 1/2 cup red wine vinegar 3 tablespoons sugar l teaspoon dried Italian herb blend 2 cloves garlic, minced I purple onion, minced I cup crumbled blue cheese 6 cups cabbage, finely chopped 1 cup carrots, shredded

1 cup dry roasted peanuts Stir together mayonnaise, vinegar, sugar, herb blend, garlic, onion and blue cheese until well mixed; set

Place cabbage, carrots and cleaned and tails removed peanuts in mixing or serving bowl 2 cups hard salami, cubed and pour dressing on top. Toss well to coat evenly. MARINATED GREEK SALAD

Juice from 2 fresh lemons 1/2 cup extra-virgin olive oil 3 cloves garlic, minced 1 tablespoon fresh mint, minced

l teaspoon dried Italian herb blend Salt and pepper, to taste

1 cup pitted kalamata olives, drained l cup pepperoncini, stemmed, drained and sliced

1 sweet onion, chopped 1 (15-ounce) can garbanzo beans, drained

1 celery heart, chopped 1/4 cup fresh parsley, chopped 2 cups aged, hard goat cheese, cubed Yields 8 to 12 servings.

Whisk together lemon juice, olive oil, garlic, mint and Italian herb blend. Season with salt and pepper,

Place remaining ingredients in mixing or serving bowl and pour dressing over. Toss well to coat. Cover and marinate overnight in refrigerator, if desired. ARTICHOKE-SHRIMP SALAD

1/3 cup extra-virgin olive oil 1/3 cup red wine vinegar 2 teaspoons dried Italian herb blend 2 cloves garlic, minced

1 teaspoon sugar 2 cups marinated artichoke hearts.

l pound cocktail shrimp, cooked,

Story Continues... CHEF HARRY next page.

Bowling Scores

The Bugle Will Print Scores in order to catch up over the next few weeks

CATHOLIC WOMEN'S BOWLING LEAGUE

Bowled Wednesday, March 30, 2005

IIII BUCH

	Points	Points
	<u>Won</u>	Lost
Niles Dairy Queen	53	31
Bielinski and Bono Dental	53	· 31
Candlelight Jewelers	46	38
Classic Bowl	36	48
Skaja Terrace Funeral Home	34	50
NorthSide Community Bank	30	54
High Series/High Games		
Helma Drag	488/183	
Mary Johnson	478/215	•
Jan Repel	472/174	₹.
Angie Strazzante	454/167	
Millie Kroll	450/159	
Remy Huszar	150	
Bowled Wednesday, April 6, 2005		· · · · · · · · · · · · · · · · · · ·
	Points	Points

	Points	Points
	<u>Won</u>	Lost
Niles Dairy Queen	58	33
Bielinski and Bono Dental	58	33
Candlelight Jewelers	48	43
Classic Bowl	. 41	50
Skaja Terrace Funeral Home	36	55
NorthSide Community Bank	32	59
High Series/High Games		
Janet Trozzo	537/200	•
Helma Drag	516/182	
Millie Kroll	475/170	
Sandy Panuce	463/170	•
Emily Abesamis	456/167	
Lois MacAdam	178	
Mary Wasilewski	161	

Chef Harry

2 green bell peppers, cored and

l bunch scallions, trimmed and chopped

8 to 12 ounces fresh baby arugula Cracked black pepper for garnish Whisk together olive oil, vinegar, herb blend, garlic and sugar. Yields 8 servings.

Place marinated artichoke hearts, shrimp, salami, green peppers and scallions into mixing bowl

artichoke/shrimp mixture and toss.

Place arugula forming a bed on a serving platter and spoon marinated artichoke/shrimp mixture over

FENNEL-TOMATO TZATZIKI 2 cups fennel bulb, chopped

Dust with cracked black pepper,

fresh baby greens. This is a deliciously refreshing fabulous side dish for anything grilled. It also makes a wonderful dip and baked potato

1 purple onion, chopped

drained and chopped

2 cups sour cream

2 cups crumbled feta cheese

1/2 cup fresh basil, chopped

Cracked pepper, to taste

1 teaspoon fresh dill leaf, minced

Yields about 7 cups serving up to 12.

Mix ingredients together in bowl.

Serve this with split pitas and

Cover and refrigerate couple of

hours. Stir again before serving.

Note: Substitute chopped cucumber for fennel bulb if it is not available or desired. TUSCAN BREAD WITH MULTI-

(Continued from previous page) **BEAN SALAD**

8 ounces fresh green beans, trimmed 1 cup marinated sun-dried tomato 1 cup extra-virgin olive oil 3 cloves garlic, thinly sliced

1/3 cup balsamic vinegar 2 teaspoons dried Italian herb blend 1/2 cup fresh basil, minced

1/4 cup fresh parsley, minced 1 teaspoon sugar Salt and pepper, to taste

1 (13.5-ounce) can red kidney beans, rinsed and drained 1 (13.5-ounce) can small white beans, rinsed and drained 1 small purple onion, minced 1/3 cup pimento, chopped

1 loaf day-old, crusty rosemary bread, cut into small cubes Fresh rosemary sprigs, for garnish Yield 8 to 12 servings.

Cast your job hunting fears away. Check out the Bugle Classifieds, for the latest job listings!







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BY ROSE

Copley News Service

Q: We are adding a master bath in what had been the

upstairs sleeping porch in our

The contractor insists that

we install ceramic tile, but the

bath opens to the bedroom

through an archway - no door -

and we have a wood floor in

I think tile is pretty but too

cold. The contractor says wood

will be ruined by water in the

A: Relax. You can have your

wood and your warmth, too, as

long as you take reasonable

precautions against leaving

standing water on the floor.

Wood and water are natural

enemies, although new finishes

- and new wood-look products

toward peaceful coexistence.

- have brought them a long way

Check out the care and keeping of real wood flooring on

the Hardwood Information

Center's Web site, www.hard-

You will also want to investi-

alikes, such as the laminated

we show here. However,

about the way this flooring

www.pergo.com) stands up to

It promises not to yellow, chip or crack, or suffer from

spills - clean-up is a wipe with

A final word about your

notion that ceramic tile is "too

woodinfo.com.

modern-day use.

a damp cloth.

bath. What to do?

early 1920s Victorian house.

GILBERT

REAL ESTATE

Decor Score

Wood Flooring that Works in the Bathroom

O: What's the scoop on lishers).

tile floors for a generation Assn. (www.radiantpanelasso- like to know more.

While that can actually be an Installation cost is minimal,

you don't have to live with can also reduce your overall

chilled feet. Borrow an idea energy bill - by maybe as much

from the northern Europeans, as 40 percent, according to

who have been installing John Fantauzzi, technical

warming elements under their director of the Radiant Panel

WarmlyYours Floor Heating Radiant systems can go S y s t e m s under all types of flooring (www.warmlyyours.com) offer materials, including hardwood

low-voltage warming grids that and laminates, tile, stone, and

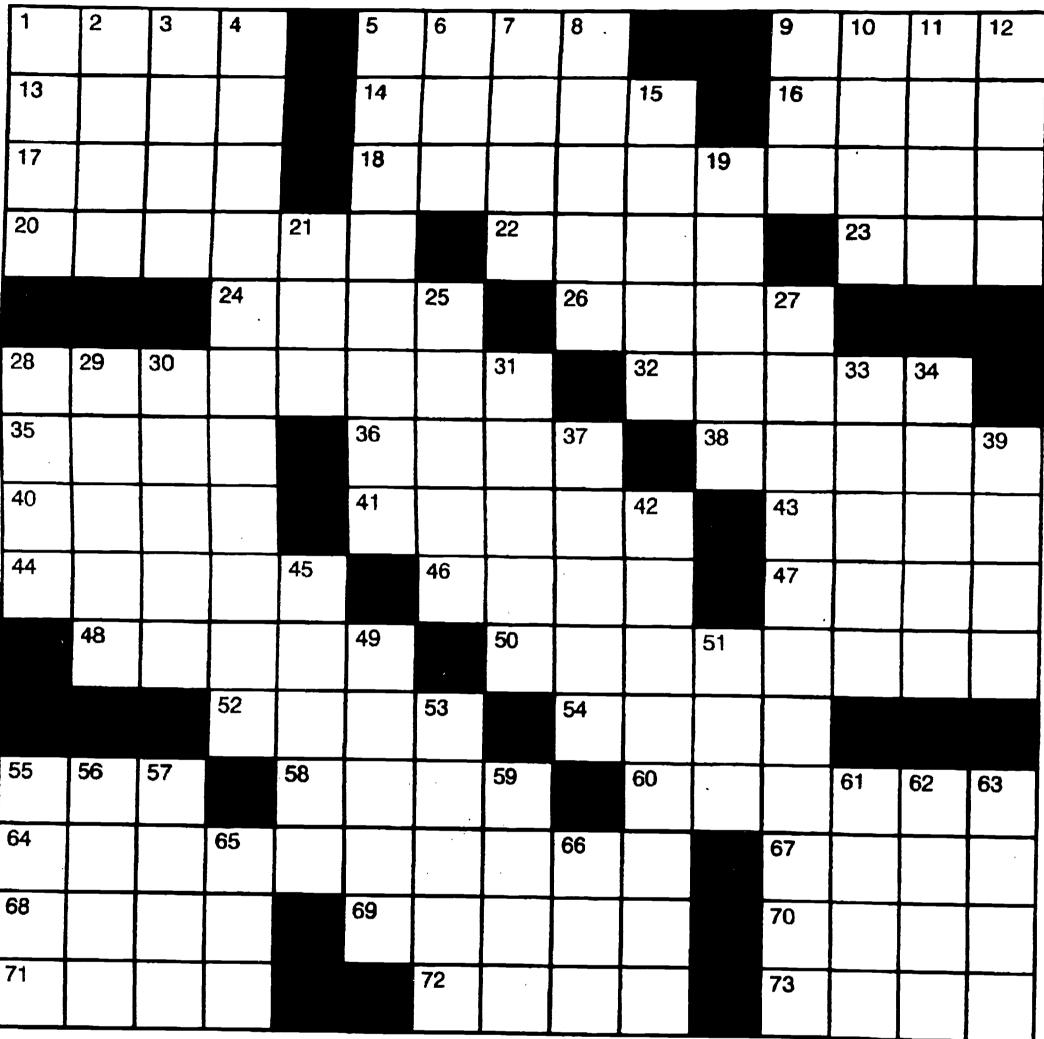
BENNETT advantage in warm climates, about \$10 a square foot, and

now. Manufacturers such as ciation.org).

go in at the same time you carpeting.

install your new floor.

ECHOES OF BROADWAY



COPLEY NEWS SERVICE

By Charles Preston

ACROSS

- 1 Hindu garb
- 5 Washington bigwig 9 Dueling weapon
- 13 Auditory.
- 14 Chorus section 16 Sutter's Mill discov-
- ery

- 17 Gaucho's device
- 18 From "Gypsy" 20 Fracture remedy
- 22 Jacob's wife

Be the First to send in the answers to this week's crossword

This Week's Winner is...

- 23 Solution
- 24 Zola novel
- 26 Fret
- 28 From "The Pajama Game"
- 32 Wharton's Frome
- 35 Grapes
- 36 Carol
- 38 Urban conduit 52 Fairy tale start 40 Judy's daughter
- 41 Preserved 55 Turkish title 43 Current fad
- 44 Politician Bentsen 46 Forbidden action
- 47 Goofs 48 Acoustical measures
- 50 From "My Fair Lady"
- 54 Lincoln, and others
- 58 Condiment
 - 60 Light yellow cheese 64 From "Porgy and

CONTEX NEMS REVAICE

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Bess"

- 67 Vegetable
- 68 Algonquian language
- 69 Sun-related
- 70 Small liquid contain-
- 71 Suspended 72 Seines
- 73 Sicilian landmark

DOWN

- 1 Reacts emotionally
- 2 Upon
- 3 Small stream
- 4 From "Oklahoma"
- 5 Immensity
- 6 Shade tree
- 7 And others, for short
- 8 Warsaw natives 9 Self
- 10 Political patronage
- 11 U.S. magazine
- 12 Whirlpool
- 15 Patio flooring 19 Sharpens
- 21 OT book
- 25 Piscean neighbor
- 27 From "Oliver"
- 28 Ship section 29 Moral wrongs
- 30 Mississippi tributary
- 31 Accredited messen-
- 33 Prize
- 34 Silent films actress
- 37 Italian seaport
- 39 Surcease
- 42 Sceptics 45 Closely packed
- 49 Cicatrices
- 51 Agnus ____ 53 Singer John
- 55 Author of "The
- Prophet"
- 56 Mentor 57 Prayer ending
- 59 High silk hat
- 61 Short comedy
- 62 Ayatollah's land
- 63 Structural basin
- 65 Actress Ryan 66 Picture border







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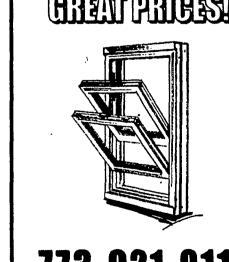
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Catino REAL ESTATE

A: Then launch a safari to the furniture was shot at, dropped off elephant's backs. lost overboard ship - but the good news is that reproductions of the sensible, simply elegant pieces have always

ture.com) has just introduced a collection inspired by campaign originals as part of its and carried on the march by new "Barbados" line, a natural since the English took their The idea dates back at least comforts on Caribbean explo-

paign furniture forever stylish. They commissioned such Chippendale, Hepplewhite and to any room.

"campaign furniture?" My hus-

band has fallen for a desk that

your nearest book source and

find a copy of "British

Campaign Furniture," by New

Yorker Nicholas A. Brawer

(Harry N. Abrams Inc., pub-

As Brawer points out, cam-

paign furniture is just what its

name implies: furniture that

traveling armies.

was designed to be folded up

to Julius Caesar, but it was the

British gentlemen soldiers-

19th centuries who made cam-

Sheraton to make furniture that allowed them to transport the stands on X-legs and has brass "civilized life" abroad to India, Africa and to the Boer War -

The store salesman called it the "last gentlemen's war," as that, a "campaign" desk. Brawer puts it. We think it's neat and would No surprise that not a lot of

the originals have survived been with us. In fact, Stanley Furniture (www.stanleyfurni-

Quirky, with its folding legs explorers of the 18th and early and secret drawers; handsome, with mahogany and other fine woods bound in brass for endurance's sake, a campaign renowned designers as piece will add an exotic note.

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puzzle and your name will be listed in next week's Bugle.

Lorraine Truskolaski Send your answers to the editor: Andrew Schneider Fax: 847.588.1911 E-mail editor@buglenewspapers.com

utilized by the plant. The con- to plants.

version process is principally

carried out by bacteria and

The plant does not recog-

Till Brain

Use Fertilizer Wisely

purchase the right kind of chemically known as a salt. fertilizer?

chemical compound formed by replacing all or part of the hydrogen ions of an acid with

right chemicals in the ground potassium chloride to get the inorganic synthetic fertilizers

O: You mention inorganic for our plants, we often mix fertilizer having salt, what them with another chemical type or where might a person and the resulting fertilizer is

Salts usually break apart A: A dictionary definition easily in water. Table salt is a combination of sodium and

water, releasing the two metal ions or electropositive chemicals. Plants don't need much sodium or chloride, so What that means to horti- we don't use table salt to ferculturalists is that to get the tilize plants, but we do use

much chloride can harm plants, so we need to be care- heavily or too often, so they ful to apply only what we can cause damage to the roots

Sometimes we use 'natural' or 'organic' fertilizers where the nutrients are bound in a It rapidly dissolves in different chemical formula that has less salt, and is much slower in breaking apart chemically and slower in use

The biggest problem with

potassium into the soil. Too is not that they are a salt, but they tend to by applied too because of incorrect usage.

If applied correctly, they are fine for supplying nutrients to plants. On the other hand, there may be a better long-term solution to supplying nutrients to most plants.

The term 'soil amendment' refers to any material mixed into a soil. Soil amendment manufacturers can't make legal claims about nutrient content or other helpful (or harmful) affects the product will have on the soil and on plant growth.

The term 'fertilizer' refers to a soil amendment that guarantees the minimum percentages of nitrogen, phosphate, potash and possibly other nutrients.

An organic fertilizer refers to a soil amendment derived from natural sources that guarantees the minimum per-

centages of nitrogen, phosphate, and potash. Many gardeners apply organic soil amendments, such as com-

> Story Continues.. **GREENER VIEW** next page.



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post or manure, which may nize a difference between ent on the ability of the soil to However, organic fertilizers ly in the soil. not meet the legal require- man made or organic nutrient retain and release nutrients. It is more critical that the because they don't have to be ments as a fertilizer, but do sources, but the soil does. add small amounts of nutri- Organic fertilizers and soil be nurtured and fed than amendments are meant to it is to feed the plant concen-

IHURSDM MM 5, 2005

All nutrients, whether syn- develop a healthy and vital trated nutrients. thetic or organic must be con- population of the organisms verted to a form which can be that make nutrients available a garden full of healthy overall synthetic fertilizer

> Organic fertilizers are often There is an old organic garmore expensive than synthetic on organic matter to keep it the soil pH, which causes dening motto, "Feed the soil, fertilizers because the raw healthy. The nutrients plants problems in areas where soils A plant's growth is depend- materials cost

tend to be a better value used as often, and will have the long-term benefit of improving the soil. Improved A healthy soil will result in soil can reduce a garden's tive.

more. need are recycled continuous- are already acidic.

Most forms of synthetic nitrogen are made available to plants by bacteria in the soil. Without the microorganisms, the soil is dead and unproduc-

Another potential problem with inorganic synthetic fer-Soil is alive and it depends tilizers is that they can lower

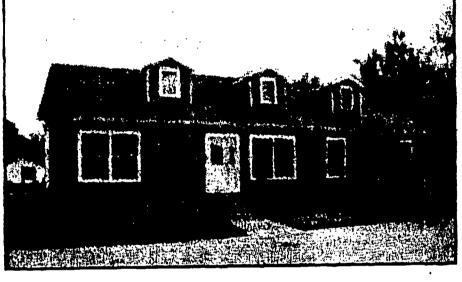
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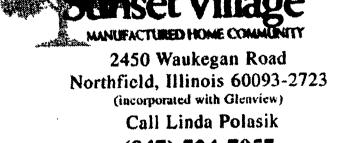
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spikes

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perimeter of

the drip line

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TO USE:

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2. Hammer to ground level.

3. Water following a recommended schedule.

4. Repeat at spring and fall intervals.

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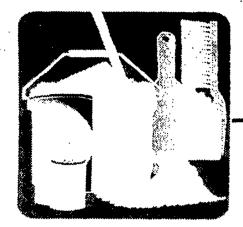
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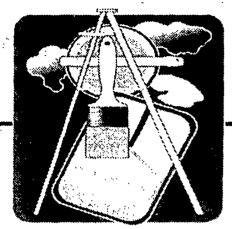
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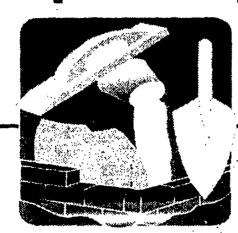


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by the undersigned with the County Clerk of Cook County, FILE

NO. D05096796 on April 26, 2005. Under the Assumed Name of

P.A.B. Tax Service, 8230 N. Oleander Ave., Niles, IL 60714 The

true name(s) and residence address of the owner(s) is: Pepito A.

Beldia, 8230 N. Oleander Ave., Niles, IL 60714:

The Joint Commission on Accreditation of Healthcare

Organizations will conduct an accreditation survey of Seasons

Hospice & PalliativeCare, Inc. on June 6th, thru 10th, 2005.

The purpose of the survey will be to evaluate the organization's

compliance with nationally established Joint Commission stan-

dards. The survey results will be used to determine whether, and

the conditions under which accreditation should be awarded the

organization Joint Commission standards deal with organizational

quality of care issues and the safety of the environment in which

care is provided. Anyone believing that he or she has pertinent

and valid information about such matters may request a public

information interview with the Joint Commission's field represen-

tatives at the time of the survey. Information presented at the

interview will be carefully evaluated for relevance to the accredi-

tation process Requests for a public information interview must be made in writing and should be sent to the Joint Commission no

later than five working days before the survey begins. The request must also indicate the nature of the information to be provided at

the interview. Such requests should be addressed to:

Division of Accreditation Operations

Home Care Service Team

Joint Commission on Accreditation of Healthcare

Organizations

One Renaissance Boulevard

Oakbrook Terrace. IL 60181

The Joint Commission will acknowledge such requests in writing

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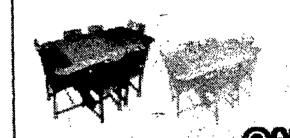
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