

MCC CELEBRATES, BREAKS GROUND FOR MOSQUE

NEWS, PAGE 3



MAINE SOUTH DEFEATS STEVENSON

SPORTS, PAGE 10

## THE BUGLE

Thursday November 17, 2005

NILESBUGLE.COM • PARKRIDGEBUGLE.COM • MORTONGROVEBUGLE.COM

Vol. 49 No. 26

## Niles Parks may explore professional fees for skating pros

BY ANDREW SCHNEIDER EDITOR

**SINCE 1957** 

The Niles Park Board was set to discuss a potential professional fee for the private skating teachers at the Iceland Arena at their Tuesday night board meeting.

Members of the public and some

skating pros from Iceland were planning to attend the meeting, which occurred after The Bugle's weekly deadline.

According to Niles Park District Director Joe LoVerde, the item on the agenda was a discussion of profees and he hoped that the board would authorize Parks staff to study the issue and bring a recommendation back to the board.

Part of that study, LoVerde said, would be to negotiate with skating pros at Iceland and develop a revenue sharing agreement or a professional fee with their input.

The issue has been heating up since last month when Iceland Director David Santee resigned his position because the Park District wouldn't pay for him to accompany his students to the national

competition in Duluth, MN, something he said has been considered a part of his job in the past.

LoVerde said that the District's position, was that the student's were Santee's private students and he should not be paid to accompany them.

Story Continues... see ICE page 3.

#### More Inside

The Park Ridge Park Board will discuss their ice rink policies tonight, page 4.

## Morton Grove considers property tax levy hike

BY TRACY YOSHIDA GRUEN STAFF WRITER

t the final budget workshop, the Village of Morton Grove discussed various proposals, including increasing the gas tax to 2 cents per gallon and increasing the property taxes by 20%.

Finance director Scott Neukirch emphasized that these increases are proposed and not finalized. They won't be finalized until the appropriations hearing that is set for Dec. 12. About seven residents attended this final budget workshop, some expressing concerns with the increases.

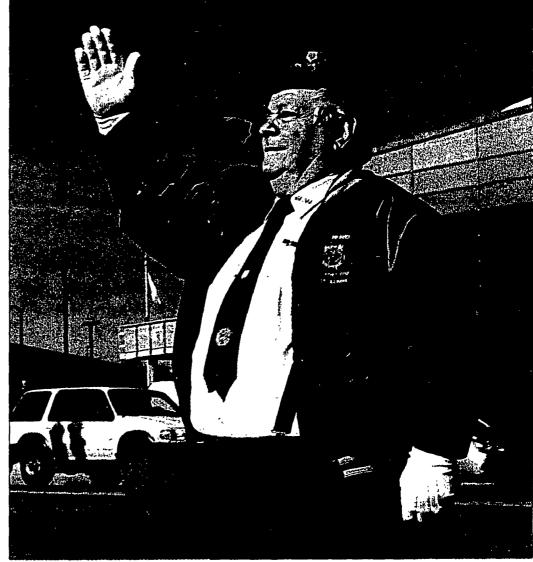
"I think it was a very open and

informative discussion," said Neukirch. "Nothing's been finalized at this time."

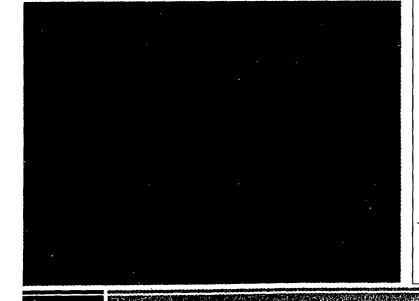
One of the major reasons for the increases is that an additional \$50,000 contribution to the police and fire pension fund is proposed. Village administrator, Joe Wade, also said that money is needed for capital equipment purchases. For example, Wade said currently squad cars are purchased through installment loans and they would like to purchase them without these loans, to be more cost efficient. Another reason for the proposed increase in taxes is that health insurance costs have also increased.

Story Continues... see **LEVY** page 2.

## Honoring our Veterans



Angelo Troiani, captain of the color guard for the Niles Veterans of Foreign Wars Post salutes the post commander during the Veterans' Day Celebration last Friday. For more photos, turn to page 14.



**NEWS** 

CONTINUED FROM PAGE 1

The proposed budget also calls for a 5% increase in the rate in the water fund, due to infrastructure work that is needed. In the commuter parking fund, it is also proposed to increase fees from \$1.25 to \$1.75. The original budget proposal included a 5% increase in property taxes, but this has been changed to a pro-

posed increase of 20%. The resident portion of the

SWANK fees on the garbage bill is proposed to be paid for by the village instead of residents and the solid waste assistant program that helps residents who are in need of financial assistance with their garbage payments will increase from \$30,000 to

It is also proposed that the amount of money for police department renovations will increase by \$20,000, for a total of \$120,000, in order to add video surveillance and make other department updates.

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Morton Grove commuter parking fees to increase \$.25

BY TRACY YOSHIDA GRUEN

he Village of Morton Grove board of trustees heard the first reading of an ordinance that would increase commuter parking fees from \$1.25 to \$1.50 per day at the village board meeting on Monday,

The purpose of the fec. according to the ordinance, is to bring the daily commuter fecs "in line with other communi-

Other municipalities' commuter parking rates range from

apply to parking in any munici- revenue pal parking zone that utilizes an electronic fare collection device system at a railroad commuter

If it is approved, the parking rate increase would be effective

The director of public works rates in other municipalities and found that Morton Grove's park- all. ing fecs were the lowest out of all the communities involved in

\$1.50, an additional \$24,110 department.

\$1.50 to \$3.00 per day. The fees will be generated per year in

This additional revenue will be used for maintenance and future maintenance of commuter parking lots.

A one-day survey that was conducted recently showed that of 361 spaces available, 93 were used by Morton Grove residents. completed a survey of parking 245 were used by non-residents, and 23 spaces were not used at

The administration of the ordinance is handled by the finance department, police If the fees are increased to department and public works

### Correction

In last week's issue the article entitled, "Illinois Racing Board approves OTB petition for Niles" contained a misstatement in the second paragraph.

That paragraph read: "Several Niles Residents, Village Attorney Joe Annunzio and Arlington Park Management showed up to voice their opposition to the facility, proposed by Melrose Park-based Inter-

It should have said read that Joe Annunzio was in attendance, not that he was opposed to the Inter-Track. The Bugle regrets the error.

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NEWS

## MCC Breaks ground for Mosque



The Muslim Community Center broke ground Friday for its Mosque and school expansion at their Muslim Education Center at 8601 Menard in Morton Grove. Several public officials were on hand for the ground-breaking including U.S. Rep. Jan Schakowsky, Park View Supt. Garv Zabilka and D219 Supt. Neil Codell

#### TASTE:

### Event features festive food

CONTINUED FROM PAGE 1

games, a silent auction to start peoples holiday shopping, door prizes and a cash bar. Local participants include Tony Spavone, representing Italy; The Hellenic Five, for Greece; The White and Red Band for Poland and The Katie Sullivan Band representing Ireland And don't worry, for those Chicago Bears fans, the Bears game will be televised at

Filmmaker, Jenna Constantine, of Chicago, will also appear at this event. She produced a new

documentary, "The Spirit of Chicago Greeks: Alive in '05" and a portion of the sales of her DVDs will go toward helping with Niles Greek-American sister cities

According to a press release, Andrew Przybylo, owner of the White Eagle Banquets, the foreign born population in Niles has grown by 65%, showing the amount of cultural diversity that exists in the community. He said that immigrants have always been welcome to Niles and he feels the "continued attraction" of Niles is very satisfying

Joseph said Poland was the newest addition to the Niles Sister Cities, joining the others this year.

"Our goal is to gct a few more," said Joseph. She said over the next few years they hope to add more cities to their organizations.

#### ICE:

## More coverage next week

CONTINUED FROM PAGE 1

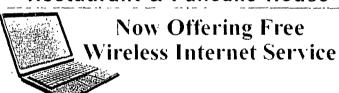
The District's staff have conducted some preliminary investigation into the possibility of instituting a fee for professional tteachers at Iccland, researching eight other.

rinks in the area: Glenview, Skokie, RM Sports Complex, Franklin Park, Northbrook, Park Ridge, Winnetka and Wilmette

Of those surveyed, only Glenview, Skokie and Northbrook assess a fee. Glenview's is highest, a \$50 charge to teach lessons at the rink. Northbrook charges \$10 a year for staff and \$20 a year for non-staff and Skokie charges \$15. Look for more coverage from

the meeting in next week's issue of

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## Park Ridge Park Board will discuss 'policies' of Oakton Ice Arena

and down in an apparent cycle

from about \$94,000 in 2001 it

jumped to about \$113,000 the next

year and declined to \$101,500 last

year. This year it's on pace to be

higher, with year-to-date revenue

at about \$95,000 as November.

Assuming each \$6 of that revenue

represents an hour-long lesson

with an Oakton skating pro and

hour lesson, the skating pros at

BY ANDREW SCHNEIDER

he Park Ridge Park Board will discuss the organization and philosophy of its Oakton Ice Arena at their meeting tonight (Thursday). The issue was placed on the agenda by Park Board President Marty Maloney, who said that last week's report in The Bugle about the Niles Park District's skating program ("Niles Park District, skating pros on thin ice over fees") inspired the agenda

The Bugle article reported on a growing controversy over professional fees at Niles' Iceland Arcna, where its skating director since 1997, former Olympian David Santec, resigned in a dispute with management of the Niles Park

Skating is a second job for most of our teachers.

James Santee Oakton Ice Arena Coordinator

District over policies involving how skating instructors are regulated and compensated.

Maloney says that he has questions about the way that Oakton is managed: how private skating instructors are compensated for their time and how the district is compensated for the use of its facility by those instructors. Maloney is also interested in discussing whether those instructors should pay a fee to the Park

District. "We will be discussing our policies," Maloney said Monday. "I don't understand some of the current business practices at the rink. I want to be reassured that what we are doing is in the best interest of the public at large."

But a professional fee is an illadvised move, according to Park District Facilities Coordinator James Santee, who oversees Oakton and is a private skating instructor. Santee is also the brother of David Santee, the former manager of Iceland in Niles and what the Park District brochure part-time private instructor at both calls a "tuition" program or conlceland and Oakton.

Santee (James' wife) teach private skating commitment in one of the lessons at the rink as do other skat- rink's three sessions: spring, suming instructors, eight of which are mer or fall. That commitment not listed in the district's skating could range from skating one day a instructor pamphlet available at the week to five days a week, and it

another source of concern for week contract.

Maloney, who questioned whether they were subjected to the same remained fairly steady, moving up percent discount. scrutiny as employees of the District who are required to undergo criminal background checks.

#### The Cons of Pro Fees

The lack of a fee on those private skating instructors is justified, James Santee believes, because they also teach in the rink's "We Skate" program, a first-level group instruction skating class, for which they are paid about \$18 an hour. According to Santee, those instructors volunteer to teach these group so far this year. That number could Skate." So far this year those revlessons in order to snare the more lucrative private lessons, which are \$1,035,157 if each student purlic skate have totaled about the bread and butter of teaching

Santce says that skating instructors will stop teaching at Oakton if they are required to pay a fee to the District and will simply take their students to a neighboring rink that does not charge a professional fec. He also feels that their students would balk if those instructors tried to pass the fee on to their students.

"The negative side of a pro fee is that coaches generally pass it down to a skater," said Santee, "and it's already an expensive sport."

The private instructors aren't the only expense for skating students, but they are probably the largest. A survey of the Park District's pamphlet shows that the instructors earn an average of about \$52 an hour for private lessons, which are purchased in twenty and thirtyminute increments.

Santee said that there are four or five instructors at Oakton who teach 20-25 lessons per week, while others range from fifteen lessons a week all the way down to only five lessons.

"Skating is a second job for most of our teachers," Santee said

Santee maintains that the departure of any instructor from Oakton would also be bad for the rink because the instructor and his or her students return a benefit to Oakton beyond their fees by improving the culture of the rink, participating in open skate and patronizing the pro shop.

#### Oakton's Revenue

If a student decides to take lessons at the Oakton Ice Arena they pay the rink a "Patch and Freestyle" (P&F) fee of \$6 for an hour on the ice. For the same hour the private instructor training the student makes \$52 on average.

Students can also participate in tract for ice time, which allows David Santee and Jamie Lynn them to sign up for a long-term offers up to a 20-percent discount Those unlisted teachers were if a skater commits to a five-day-a-

- - - College College Control College College

Oakton's P&F fee revenue has chased contract ice with the 20-

The District admits that it has no records of how much money any of the private instructors generate from providing their services at Oakton, however, because no records of individual instructor hours other than a hand-written log are currently kept.

The P&F fees represent only a portion of Oakton's revenue, taking the average cost of \$52 per which includes hockey leagues, the annual ice show, public skate Oakton grossed \$828,126 together and general programs like "We be higher, however, as much as enues, excluding hockey and pub-

Open or closed?

According to the rink's published hours, Oakton is in operation approximately 70 hours per week. Nine and a half hours each week are available for public skating. The balance of operating hours is devoted to hockey and private lessons, as well as to affiliates such as the Park Ridge Speed Skating Club and the Oakton Figure Skating Club.

But the private lessons fit well into the rink's operations, according to Santee, because the private instructors take ice time that's dif-



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## Schools

## Recommendation expected for new **Culver District Chief last Tuesday**

BY TRACY YOSHIDA GRUEN STAFF WRITER

THE BUGLE

Tazard, Young, Attea and Associates of Glenview will give the Niles Culver School Dist. 71 school board a presentation regarding recent community interviews about the search for a new superintendent at the board meeting on Nov. 15.

The search firm interviewed various segments of the community, such as board members, teachers, parents, secretaries, administrators and other commudetermine what characteristics president."The board felt it was and attributes people were looking for in the new superintendent and then develop a superintendent profile.

The search firm will present their findings to the board at the committee meeting at 6 p.m. and the regular meeting at 7 p.m.

There was also a community meeting that was open to all members of the community, and only three people attended that meeting.

nity members, so they could Johnson, Culver School board new superintendent.

very important to open it up to the

Johnson said unfortunately only three people attended that open meeting that she said was well publicized in the newspa-Nov. 15 meeting. There will be a pers, newsletters and on the dis-

After a profile is created, then they will think about their advertising options, such as where they wish to advertise and how often.

Johnson said that she expects that the various segments of the "People are very vocal and community will look for different want to be heard," said Karen attributes and characters for the

## Maine East English Dept. holds Awards Breakfast

Maine East English teachers Barker welcomed the guests, and stop by on their way to work. rewarded 85 exceptional students senior Neha Agnihotri read a Some parents bring younger chil-Thursday morning, November 10, humorous, award-winning essay 2005 with a breakfast reception for about the Internet to entertain all. students and their parents. Over (She was recently recognized by per class for the award and criteria 100 people attended and enjoyed breakfast treats provided by the of English with an Achievement teachers. Administrators and counselors were also on hand to congratulate students and meet proud parents. Principal David 7:00 - 7:45 a.m. so that parents can

the National Council of Teachers Award in Writing.)

The awards event is held quarterly on scheduled mornings from

dren on their way to school. Each English teacher selects one student include accomplishments such as most improved, best class discussion leader, best effort, highest grade, etc. All grade levels are eli-

At a minimum, the committee

each school, one teacher from

each school, four community

members (including two senior

citizens), one elementary school

principal, one middle school prin-

cipal, one teacher assistant, one

custodial/maintenance employee,

one secretarial/clerical employee,

and two board of education mem-

related topics.

St. John Brebeuf Acquires four new listening centers St. John Brebeuf School, were donated to teachers at the

8201 Harlem, Niles, will school, and 151 books were acquire four new listening cen- donated to Kids In Distressed ters to be used in their library to Situations." assist students in reading, literature and math. The school was able to purchase these rated as a magical kingdom. state-of-the-art learning devises through proceeds raised at best-selling titles, award-win-

the Scholastic Book Fair. More than two hundred peoproducts. The were also enterple attended the book fair which was hosted by the Parish/School Association about reading," said P/SA President Sheila Ryan. "Over Margaret Whitman. \$4,000 was raised, 98 books

Book Fair guests entered Flanagan Hall that was deco-They browsed the selection of ning books and interactive tained by the magic and comedy of "The Amazing Gary".

The P/SA is very thankful (P/SA). "We were delighted to for the support given by the sec so many people excited attendees as well as the parents. teachers and Principal

### **D64 seeks members for Finance Committee** provide information that is fund balances and other budget-

Park Ridge Niles School Dist. 64 is currently searching for new individuals to join its Community Finance Committee.

"We're looking for community members to join," said Cheryl Deyoung, community relations specialist for the school district. "There's been some turnaround. We kind of want to revitalize it."

The purpose of the committee is to educate members about the district's current financial situation, develope creative solutions

requested by the district's board of education. There are three sub-committees that belong to the is composed of one parent from finance committee, which are revenues, expenses and commu-

The Community Finance Committee is an advisory committee that makes recommendations regarding district finances to the board of education.

More specifically, the committee will study the district's budgto the financial challenges and to et, property tax caps, tax appeals,

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#### MORTON GROVE

The following was derived from the official reports of the Morton Grove Police Department for the week ending Friday, Nov. 11.

## Burrito Prince apprehended (Oakton and Menard)

A Morton Grove police officer was driving at Oakton and Menard when he spotted a boy wearing rolled up. He went to talk to the teen, who swore at the officer and ran away. The teen was eventually caught after a foot chase and Latin Kings out of the south side of seen the camera. Chicago. The boy, 16, of Skokie has a criminal history of burglary and drug crimes. His nickname is the "Burrito Prince."

#### 2 window (8200 Central)

A man, 74, was sleeping in his second floor bedroom the night of Nov. 6. He awoke at 4 a.m. and was very cold. He then saw a rock

Customer Dispute (8800 Waukegan) on the bed, glass on the bedstand and his window shade moving. He repair worker had an angry argulifted the shade and saw it had ment Nov. 4.

been smashed by the rock throw.

#### Condo board member keyed (5500 Lincoln)

A painter, 61, who is a member of his condo association board of directors had his vehicle keyed Nov. 6 in the condo garage.

## Car wash theft (9100 Waukegan)

A driver, 18, took his car to the gang clothing with a pant leg carwash Nov. 3 and left a digital camera in the backseat. When he got back in the car, the camera was gone. The car wash manager and a admitted to being a member of the washers but none said they had discounts.

## 5 Suspicious person (Melzer School)

The site coordinator for the after ed at Dempster and Birch for school program at Melzer School DUI requested "more beer" No license in accident Rock through bedroom on the 9400 block of Oriole report- from police while locked up at (Ballard and Prospect) ed that a suspicious man was walk- the station Nov. 9. ing the school grounds Nov. 4 and peering into gym.

a same appearance of the same of the same

A customer and an automotive Niles Police Department for the week ending Friday, Nov. 11.

## Waitress falls (7200 Dempster)

A waitress, 63, of a casual dinner fell on the job behind the counter Nov. 4. She said the rubber mats behind the counter were wet.

### (6800 Demspter)

A Maine Niles Association Recreation Department vehicle (Touhy Wal-Mart) Recreation Department vehicle was pelted with paintballs Nov. 7.

## Pricetag switch (7200 Dempster)

A man, 29, of Des Plaines was caught switching price tags at TJ and black pants. police officer questioned the car MAXX Nov. 7 in a bid to get false

## 10 DUI Request (Dempster and Birch)

A Chicago woman, 31, arrest- of hypodermic syringes Nov. 9.

## A Lake Zurich man was arrested

after an accident at Ballard and NILES Prospect for driving without a The following was derived from the official reports of the ■ K9 smells drugs

#### 15 (Fenton High School, Bensenville)

**Dentist Threats** 

A Niles man was warned by

police to change his behavior after

he called his dentist office, swore

at the receptionist and threatened

chandise Nov. 6. The bill was

(9600 Milwaukee)

the dentist in the Russian language

11 (8700 Golf Road)

The Niles police dog assisted in

a drug search Nov. 8 and located cannabis. The K-9 also assisted in a drug search at Willowbrook High School and detected more drugs.

## Stolen car found (Golf Mill Mall)

A stolen car was found parked in Golf Mill Mall and returned to the rightful owner - a factory worker, 25. The 1991 Oldsmobile Cutlass did not have any damage and was driven off by owner without any problem. The car was found as the officer randomly ran license plates through the computer Oct. 30.

## Apartment burglarized (8200 Dempster)

An apartment was burglarized Nov. 7 and watches, DVDs and a DVD player were taken. The offender gained entry through the bathroom window.

#### PARK RIDGE

The following was derived from the official reports of the Park Ridge Police Department for the week ending Monday, Nov. 14.

#### 18 Punched in the face (2600 Dempster)

A 17-year-old student was punched in the face Friday, Nov. 4 at 3 p.m. after an argument.

## 19 BB Window (200 N. Delphia)

A BB gun was used to shoot the window of a vehicle Nov. 5.

#### House thrashed (100 N. Propsect)

A police officer arrived at a residence on the 100 block of N. Prospect Friday, Nov. 4 at 11 p.m. responding to an alarm. The officer found the front door open, broken bottles strewn around the house, a bathroom door damaged, a computer monitor thrown on the ground, lawn furniture tossed around in the back yard and the deck rail dam-

#### A counterfeit \$100 bill was used Signs Swiped (1100 S. Dee) to purchase \$10.70 worth of mer-

Offenders took a speed limit passed by a Hispanic woman in and a no parking sign from a her 40s wearing a yellow jacket driveway of a business.

## Resisting arrest (1900 S. Cumberland)

A woman, 26, of Chicago was A Niles construction workers arrested Nov. 9 for retail theft and obstructing a peace officer. was arrested for illegal possession

> All information printed in the 'Police Blotters' is obtained from written reports of the respective police departments.

THE BUGLE

THURSDAY NOVEMBER 17, 2005

# Tacking the case

NEWS

The Bugle's Editor reports from the Niles Citizen's Police Academy

The Niles Police Department sponsors a Citizen's Police Academy each year. This year, our editor, Andrew Schneider, has joined the class and will be providing The Bugle's readers with a look at how the police department operates. Who knows, after reading this you may want to join up for next year's session!

### Week 10: Ho hum, another day in Investigations

etective Tom Gragassi gave he members of the Niles Citizens Police Academy an idea of what it's like to be a detective at the last class and it turns out, it isn't elementary my dear reader.

#### Five detectives on that case?

It turns out Fragassi's work is a lot like a newspaper reporter's; he's given a list of crimes and police reports detailing unsolved mysteries and is told to go followexhausted.

"I'm handed a file and I'm supposed to follow every lead until I've run out," Fragassi said.

Sometimes he ends up with large files and sometimes he ends with small ones, it all depends on the case.

Fragassi demonstrated by holding up two files, one on a small crime and one on a larger one, for a difference of about six inches.

"Sometimes you'll run out of leads and you'll be at a dead end," he said. "You document it all and

Then years later, he said, you never know what case you may solve.

## Designing drugs

The second part of our class focused on designer drugs and the

dangers they pose to youth and the

A drug is a "designer" when amateur chemists can modify its molecular structure to change it, but not its affects. This is useful to drug peddlers because a drug that is illegal one day, like Ecstasy, can be legal the next is a slightly differ-

These drugs are general called "party drugs" and are used at "Raves" which attract young people, making them a particular concern for police and parents.

Ofc. Robert Tornabene, one of through until all the leads are our regular teachers, discussed the designer drugs and told us a little about their symptoms.

"One of the most dangerous things about these drugs is that most parents don't know the symptoms," Tornabene said.

Those can include bloodshot or dialated eyes, and over sleeping.

"Generally, if your child comes home from a party and sleeps for two days, that's not normal." Tornabene said

I'm not a parent, but if I was, I've learned that this Citizens Police Academy would be a great source of information.

NEXT WEEK: Week 10 of the Citizen's Police Academy will focus on Use of Force. If you'd like more information on the Citizen's Police Academy, contact the Niles Police Department at (847) 588-

## SJB 'Turkey Shoot' Friday

It's that time of year again for the annual "Turkey Shoot" sponsored by the Holy Name Men's Club of St. John Brebeuf Parish. The event will take place on Friday, Nov. 18 at 7 p.m. in the Parish Ministry Center, 8305 N. Harlem, Niles.

Five games will be featured, including golf putting and a bean bag toss. Gift certificates will be given out as prizes and complimentary sandwiches, soft drinks and beer will be provided. Admission to this event is free and no one under 21 will be admitted.

For more information, call Mel Koenigs at 847 966 2293.

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## COMMENTARY

## **Letters to** the Editor

#### Resident hasn't forgotten campaign promises

Dear Editor,

At the final budget workshop for Morton Grove, the topic of reducing the budget and thereby returning something to the residents by eliminating a 2006 con-

Minx, Stackman, and DiMaria. need a big cushion in the treasury in case Morton Grove is hit by a tornado, conflagration, or other natural disaster.

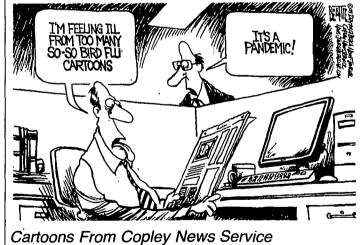
ing is very low, based on previous history of such events. Our budget reserves already have a 4 million dollar plus surplus, roll around, just like they are which includes a one million dollar surplus from the 2005 fiscal year. The Caucus trustees, Minx and Brunner, are especially off base on this one because they Sherwin Dubren, Morton Grove

tribution to the reserve funds was campaigned on reducing taxes. dismissed by trustees Brunner, They obviously think that hoarding our funds is more important The reason given was that we than their promises to the Morton

Also in this budget meeting windup, it was agreed to raise Morton Grove property taxes by The likelihood of this happen- 20 per cent. Maybe the Caucus party thinks that the voters will forget about this huge tax increase by the time elections hoping we will forget about their promises to lower taxes made in their campaign six months ago.







## The Terminator's toughest challenge

BY ROBERT J. CALDWELL COPLEY NEWS SERVICE

udely rebuked by the voters and mugged by the adversaries he challenged, Republican Gov. Arnold Schwarzenegger now knows the limits of his celebrity. He has a year to re-establish his credentials by demonstrating that he can govern effectively. If he fails, California likely will return after the 2006 election to the one-party government it endured under Gray Davis with Democrats controlling the governor's office, the Legislature and most or all state constitutional offices.

For Schwarzenegger, the road back must begin with recognizing what went wrong with his "year of reform." The short answer: almost everything.

Clearly, Schwarzenegger and his advisers overplayed their hand. Stunning success at the and his reformist agenda. An polls in 2003 and 2004 led the anticipated \$60 million in nega-Schwarzenegger team to assume tive he could win again by appealing Schwarzenegger and his four baldirectly to voters over the heads lot initiatives turned into \$80

of Democrats in Sacramento. In retrospect, that proved to be election day perhaps \$150 milan act of hubris. That it was managed badly and inadequately employee unions. explained to the public com-

pounded the error. California's voters, an independent lot trending Democratic in recent years, want the politicians in Sacramento to work

Schwarzenegger's popularity reached its giddy zenith when he won cooperation from an intimidated Democratic Legislature in the year after he ousted Davis. When he challenged and defied both the Democrats in the Legislature and their core constituencics, the public employee

unions, Schwarzenegger's popularity rapidly eroded. Tactically, the governor's camp also erred by waiting far too long to respond to the avawas re-elected. lanche of attacks, many of them

sailing

flagrantly dishonest, against him targeting endorsement of the status quo.

Democrats and their special interest supporters? Hardly. Democrats, too, can blunder and overreach, as the hapless Gray Davis proved by being recalled less than a year after he

The Democratic establishment in Sacramento will commit a fatal error if its leaders interpret the defeat of Schwarzenegger's ballot initiatives as a public

need for Schwarzenegger's spe-

So, does this spell finis for the

movie mogul governor and clear

cial election, balked accordingly.

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## Business

## An exit strategy? 20-somethings can't leave home without one



f you're in your 20s, there's a decent chance that you're Lreading this column in your parents' house. Maybe your mom even made you breakfast or is getting ready to toss your dirty clothes into the washing machine

Actually, there are an awful lot of grown kids who have overstayed their welcome at mom and dad's place. According to a study by researchers at Harvard University, almost 4 million Americans between the ages of 25 and 34 are still hanging

You will do yourself and your dear parents a favor if you start planning an exit strategy.

At first glance, the odds of financial independence will seem insurmountable. Yeah, sure, you and the other celebrities we don't enjoy the financial stability of your parents, but there are ways you can compensate.

Whether you're still sleeping in your old twin bed or you've graduated to your own place, what follows are ways that twenty- and thirtysomethings can boost their chances of financial success:

- Invest today. No one expects you to have as much cash stockpiled as your parents, but you possess something that your mom and dad can't buy - lots and lots

Time is a great gift because it allows a modest investment account to grow spectacularly though compounding. If a 25-year-old, for example, invests \$400 a month for 40 years, with an average 10 percent return, he



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\$2,529,632. If someone waited until age 45 to get started, the portfolio would reach a mere

- Check prices. You'll have more cash to invest if you pay attention to the price of insurance, groceries, loans, monster TVs and the sort of stuff you can acquire by spending just one hour

If you agonized about prices as much as you do about what it cost for your last tank of gas, you'd probably be in much better shape financially than most people.

In reflecting upon how you blow through money, it could be helpful to think about what Juliet Schor, a Harvard professor, concluded in her book, "The Overspent American: Why We Want What We Don't Need."

Schor suggests that consumers are no longer content with keeping up with the Joneses. They're now trying to emulate the lifestyles of the rich and famous. Or at least Angelina, Brad, Jen watch vicariously on the screen.

## **Grand Opening**

Original Mitchell's Express



Under new owner Dino Mitchell, the Orginal Mitchell's Express held their ribbon cutting ceremony on Saturday, November 12, 2005 located at 8080 N. Milwaukee Ave., Niles. Serving breakfast, lunch and dinner, also available for carryout, this fine establishment is excited about its new home in Niles. The weekend grand opening celebration included entertainment, Jesse White Tumblers and tons of delicious food. The ribbon cutting was held at 1:00p.m. on Saturday with the Mayor of Niles Nicholas B. Blase and Niles Chamber of Commerce board members and ambassadors.

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to Frances Bruno

SENIOR LIVING GUIDE

## SPORTS

## Defense delivers for Maine South in 23-10 win over Stevenson

BY ALI BHANPURI SPORTS CONTRIBUTOR

he weather was inconsistcut at best and the field L conditions caused cleats to become virtually ineffective last Saturday night at Stevenson high school.

In a battle between two powcrhouses in their respective divi-. sions, the game was decided predominantly by whose defense would be more effective. The Hawks (11-1) were Fee said on his crushing blow to playing short-handed in the Johnson in the third quarter. backfield without their agile running back Jake Bachmeier, lcaving multi-faceted quarterback Tyler Knight to pick up the reigns, again, in leading the

However, helping out Knight was the Maine South defense. which forced two interceptions, a safety and batted down a total of five Stevenson passes in a 23-10 victory in the Class 8A quarterfinals. Maine South will compete at home next Saturday

against Hinsdale Central (9-3). Adam Fee was unstoppable

The Bugle

**Welcomes** 

Ali Bhanpuri

- Sports

Contributor

The Bugle would like

to take a moment to wel-

come its new Sports

and will contributor reg-

ular sports features to

We are glad to have

such an enterprising

If you'd like to get

sports news in The

Bugle, contact Bhanpuri

at ali@buglenewspa-

young man on board.

Contributor, Bhanpuri.

The Bugle.

pers.com

on both sides of the ball, setting and ran up field for 17-yards. the tempo early with a blocked 11-inch, 205-pound running ception back Carl Johnson resulted in eruptions from the crowd and Patriots in the second half, mak-

back, not seeing me until the last The defensive effort may be second and I just got him under chin. It was just good timing,"

fourth quarter on a potential (11-1). After Stevenson quarterteam down to the 11-yard line, the corner of the end zone, which linebacker K.C. Kaage field goal nicked out of the air to seal the Patriots' fate.

"It was just natural hands. punt. He also knocked down baby. I was trying to tip balls all three passes and caught a 13- day, the window opened, I saw yard touchdown pass from his eyes and I just jumped up Knight (11-of-19 passing, 150 and it fell in my hands," said yards). Fec's key hits on 5-foot- Burke on his first career inter-

The Hawks shutout the ing key third and fourth down "I was just sitting and he cut- stops to halt Stevenson drives. attributed to head coach David Inserra, who kept his sixteen starting players a bit longer in the locker room at the end of the The latter of the two intercephalf, telling them to look at one tions came with 5:18 left in the another and to band together.

An early score from the scoring drive by the Patriots Hawks was reciprocated by the Patriots after Carl Johnson back Preston Earl drove his scored from the one-yard line to tie the game at 7-7. Thereafter, he attempted a roll-out pass to the Patriots only scored on a Mitchell Rasmussen 36-yard

Not to be outdone, the Hawks retaliated with their own time-The first interception came consuming drive, capped with unexpectedly as Earl threw a Knight's 29-yard pass to receivlow pass that hit off 305-pound er Jimmy Coy, who had to stop Pat Burke, who in turn took it in his tracks to fight the wind.



Anthony Borsellino tackles Stevenson running back Carl Johnson during Maine South's victory over Stevenson Saturday.

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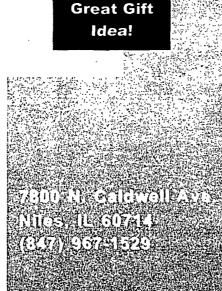


## Golf View

Bhanpuri is a senior at View of Golf Course! Niles West High School

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**COMING SOON:** 

"At Southport and Clybourne, this beautiful lady got on the street car," said Bruno, remem-

STAFF WRITER

At Southport and Clybourn this beautiful lady got on the street car...

BY TRACY YOSHIDA GRUEN

rances Bruno, wife of

L commissioner for the vil-

lage of Niles, Sam Bruno,

passed away on Thursday, Nov.

bering when he first saw

→ long-time police and fire

Niles Bids Adieu

Wife of long-time Niles police and fire commissioner

maried over 50 years.

worked at Teletype Corporation

Sam Bruno Niles Police and Fire Commissioner on his first memory of his wife, Frances

Frances. Although he was too shy to talk to her when he first saw her, he ended up meeting her again while dancing with his friends at the Logan Squarc Masonic Teniple. They both remembered each other from the days they saw each other on the street car, and one day, Bruno got a call from Frances. Since dancing together and many days tion was Polish.

Dotoniai Vrojetecnowski

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"We did a marvelous tango," name," said Bruno. "I really Charles Giovannelli. "Whenever said Bruno, who said his wife was a wonderful dancer and talbecame elected initially because I was with her she was very graented seamstress. Frances of her,'

and was a tool inspector. Bruno maiden name, which is a Polish said she was promoted to one of the top jobs that was male dominated at the time. elected to the village board in "She was a very dedicated, 1959. He served two terms on committed and supportive the board and in 1969, he Nicholas, Stefanie, Michele, wife," said Bruno, about his became the police and fire com- Jason and Vincent. She is pre-

When Santo "Sant" and his "Slie was both mother and Leonard Wiercinski and Mary wife first moved into town, he father at home while I was busy said there was only 4,000 people with politics," said Bruno, who Irene (Ted) Kirpluk and broththen, they enjoyed many nights in town and 98% of the popula-said that he misses his wife.

"She was a great lady," said

Bruno said that they put her

Sam Bruno, Niles Fire and Police Commissioner pictured with his wife Frances. They were · "I was running with an Italian Niles deputy police chief

crs, Stanley and Vincent.

Morton Grove cious and lady-like." Frances is survived by hus-

band, Santo "Sam" Bruno; name, "Wiercinski" on the cam- daughters, Cynthia Bruno and paign literature and he was Cheryl (Joseph) Melone; sons, Joseph and Micheal (Ann) Bruno; and grandchildren, ceded in death by her parents, Wiercinski, as well as her sister,

## Inside

**Features** Niles Vets honored at annual ceremony

pg. 14

Trains offer a new way to see Arizona FYI Travel, pg. 15

Medicare's new benefits unveiled Aging Lifestyles, pg.

Senior Centers Toys for tots collection Niles Seniors, pg. 13

High School fine arts events Seniors, pg. 12

Many holiday events in the works Park Ridge Seniors.

The Senior Living Guide is a monthly suplmental section of The Bugle. It provides Seniors in our area with content and

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Senior Menu

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## Learn to guard against indentity theft at Morton Grove

#### Morton Grove Senior News

MORTON GROVE SENIOR CITIZENS NEWS RELEASE Contact: Bud Swanson, Family & Senior Services, 847/663-November 14, 2005

THE JOY (AND ART) OF AMERICAN LIFE

Join Charlotte Hadley from the Art Institute of Chicago at the Morton Grove Senior Center at 1:30 p.m. on Monday, Nov. 28. Mrs. Hadley will present a slide program of American artists ranging from the Midwestern art of Grant Wood to the more modern and abstract, Georgia O'Keefe. Other artists shown will be Mary Cassatt and Winslow Homer. There will be familiar artists and some not as well known. The goal will be to present a broad spectrum of showing various styles of living the American way of life in a joyous manner. Please register for this free program by calling the Morton Grove Senior Hot Line at 847/470-5223.

### CHOLESTEROL SCREENING

The Morton Grove Senior Center's monthly Cholesterol Screening will be held at 9 a.m. on Wednesday, Dcc. 7. Swedish Covenant Hospital will administer the screening, which provides a full lipid profile including total cholesterol, HDL, LDL and triglycerides. Results will be available within seven working days. Reservations arc required and can be made by calling the Morton Grove Senior Hot Line at 847/470-5223. Fasting for 12 hours is also required but water and medications are allowed. The cost is \$10 for residents agc 65+ and \$12 for non-residents and residents under age 65.

#### **HOLIDAY SHOPPING**

Morton Grove seniors wishing a trip to Golf Mill Mall on Tuesday, Dec. 13 should call the Morton Grove Senior Hot Line at 847/470-5223 to reserve a seat on the Seniortran. Home pick-ups begin at 9:30 a.m. with arrival at Golf Mill at 10:30 a.m. Trips are free for Senior Center Members and \$1 for all others.

"THE PONDS" LUNCHEON & \$40 for a non-resident married fessional, to make an advance Morton Grove Senior Hot Line Take a tour of "The Ponds"

py and much more! Lunch on the wonderful, chef-prepared room. The bus departs from the Senior Center at 10:30 a.m. and Treasurer Judy Barr Topinka's 5223.

dancing and good old-fashioned 5223. fun. Each year the Center plans a special event that will bring out smiles, warm fellowship and knee-slapping professional Western party was so nice and

ed free passage on the Seniortran. Those who do not have or can no longer operate a MEN'S CLUB Seniortran for medical appoint- Center is looking for men who ments, grocery shopping, bank- may be sports nuts, Mr. Fix-its, ing or activities at the Senior Center. Other benefits to Senior gurus, or in other words, Center Membership include:

Library computers, free Diabetes Screenings,

delivery of the Seniors in Morton Grove and Travelin' Times newsletters, plus

free use of the Senior Center

take the discount," are words as soon as interest is expressed. often heard at the Reception

Membership rates will not FORMS change for 2006. They arc: \$15 for an individual resident, \$25 for a resident married cou-

\$25 for an individual non-resident, and

In order to renew a Membership Assisted Living Facility located (or register for the first time), in beautiful Lincolnshire on just stop by the Senior Center Wednesday, Dec. 14. Learn starting Monday, Dec. 19 from 9 about all of the great amenities a.m. to 12 noon. For more infor-"The Ponds" has to offer from mation call the Morton Grove live-in apartments to day-thera- Senior Center at 847/470-5223.

"PROTECT YOURSELF. a.m. and 4 p.m. For more informeal in their elegant dining JFROM I.D. THEFT" LECTURE mation call the Morton Grove newsletter; three issues of the

A representative from State return at 3:30 p.m. and the fee is Office will be at the Morton just \$.50. Please register in per- Grove Senior Center at 1:30 son at the Morton Grove Senior p.m. on Wednesday, Dec. 21 to describe how seniors can protect themselves from Identification SENIOR CENTER MEMBER- Theft. Different types of I.D. Theft will be discussed as well There are over 400 Members in as how thieves operate and the Morton Grove Senior various techniques seniors can Center. In 2005 Members use to avoid becoming a victim. enjoyed the "Country Western Please register for this free lec-Hoe Down" complete with bar- ture by calling the Morton

#### "HAPPY NEW YEAR!!"

Ring in the New Year at the Morton Grove Senior Center on entertainment. "The Country Thursday, Dec. 29! Singer Tim Burr will entertain and delight so wonderful, I wish we could seniors with songs old and do it every month," commented new—all upbeat and sing-able Seniortran Buses will provide show by calling the Morton riders are those who join the enjoy a delicious lunch with the

The Morton Grove Senior current events guys, financial "guys!" The Center is willing to help the guys organize a Club designed by men, run by men and for men. As soon as enough interest is generated, a Morton Grovc Men's Club will be born! If interested please call Senior a 15% discount on all trips and Activities Coordinator, Kathlyn classes emanating from the Williams at the Senior Center, Senior Center, "Of course I'll 847/663-6127. A first meeting sign-up to be a Member. I'll of the Men will be determined

"DO NOT RESUSCITATE"

The Illinois Department of Public Health has revised their "Do-Not-Resuscitate" (DNR) forms. This is a form that allows an individual, in conjunction with a health care pro-

decision that cardiopulmonary at 847/470-5223. resuscitation (CPR) should not be attempted if his or her heart and/or breathing stops. These ior services and activities, call forms are available at Morton Grove Senior Center, 6140 Dempster Street. The forms can Membership in the Morton be picked up Monday through Friday between the hours of 9

#### LEAVES AND SNOW

Morton Grove's home and yard the Senior Center Library; 15% "Chore Program" links senior discount on trips and classes; an homeowners with youth and annual members-only party; and young adult workers. Seniors a photo i.d. card. Membership who need help raking leaves or registrations are accepted any shoveling snow can have a weekday morning between 9 neighborhood worker come by a.m. and 12 noon at the Senior to assist. There also are individ- Center, 6140 Dempster Street. uals who can perform minor odd The membership fee is \$15 for jobs. Seniors must provide an individual resident; \$25 for a becue chicken wings, square Grove Senior Center at 847/470- equipment and negotiate the fee resident married couple; \$25 for to be paid to the worker. Call an individual non-resident; and the Morton Grove Senior Center \$40 for a non-resident married at 847/663-6142 for more couple.

No one ever plans for a medical emergency to occur in his or her home, but being prepared for starting at 12:30 p.m. Please such an event can be essential, The Village of Morton Grove register for this wonderful free particularly for those who live alone. Certainly, the use of 911 well over 8,000 passenger rides Grove Senior Center at 847/470- is the most important tool in any in 2005. The majority of these 5223. Before the show, can emergency situation but there is an additional step that can be Senior Center at the annual rate Lunch Bunch! For lunch reser- taken. The Vial of Life issued in order to benefit from unlimit- vations, please call 847/967- by the Cook County Sheriff's Office known as the "Helpful Emergency Lifesaving Packet" (H.E.L.P.) is now available at the Morton Grove Senior Center. The Packet contains a plastic vial, which will store medical and health history information that emergency personnel can access in the event of an emergency. If interested in a Vial of Life Packet, call the

Niles, IL 60714

(847) 647-8332

For more information about senthe Morton Grove Senior Hot Grove Senior Center provides the benefits: six issues of the Seniors in Morton Grove Senior Hot Line at 847-470- Travelin' Times newsletter; free Diabetes Screening; free passage on the Seniortran (for residents); free Computer usage in

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## SENIORS

## Toys for Tots collection at the Niles Senior Center

#### Niles **Senior News**

NOVEMBER REGISTRATION Drop off registration for programs and classes listed in the November Naturally Active

were due at the Center Friday, November 4. Registrations for programs with openings began Wcdnesday, November 9th. December Drop Off Registration is due at the Senior Center Friday, December 2.

#### CARBON **MONOXIDE** APPOINTMENTS.

Volunteers are currently calling members to schedule appointments for the annual Carbon Monoxide and Natural Gas Testing. To schedule an appointment, please call the Carbon Monoxide Hot Line (847 588-8480). This free service is provided by the Community Development Dept of the Village

#### TOYS FOR TOTS COLLEC-TION AT CENTER The Niles Senior Center will be a

collection site for the U.S. Marine

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#### CASH DASH at the Center

Treasurer's Office will visit the Senior Center on Thursday, December 8th from 10:00AM to 2:00PM to search people's names on the Cash Dash database to sec if the State of Il owes you any money. Unclaimed property is generally property that has been 'untouched" for more than five years. This might include security savings and checking accounts, uncashed checks, money orders and gift certificates, unclaimed wages, safe dcposit box contents

#### WINTER COMPUTER CLASS-ES OFFERS NEW CLASSES

Following is a list of the classes set to begin in January. A full description can be found in the December Naturally Active Program Guide. Some classes have prerequisites. For information about Computer

Corp Reserve Toys for Tots Drive. Classes, 'please contact Jaymi

(for those who have no computer experience) Begins Jan.3 8:30AM and 5:00PM. November INTOR TO COMPUTERS Begins January 9th

ING ON E-BAY Begins January

INTERNET (How to browse and surf the net) begins Jan. 13th MICROSOFT WORD II begins A representative from the State

ONLINE BANKING PRESEN-TATION (Onc Session) January ested in learning how to become a Breeze takes the stage.

MICROSOFT EXCEL Begins

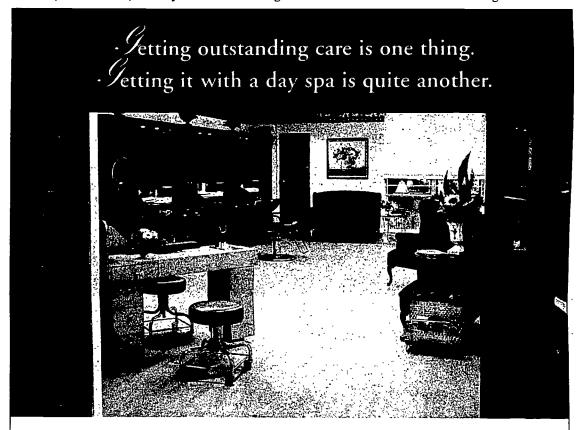
#### VOLUNTEERS ARE NEEDED AARP-Tax-Aide Program

We are looking for volunteers for the upcoming tax session. This program is administered by AARP in cooperation with the IRS. It is the nation's largest free volunteer run tax counseling and preparation service offered to low and middle income taxpayers.. If you are inter-

MaryAnn (847 588-8420). Free

#### PRE NEW YEAR'S EVE PARTY, Thursday, December 29th 5:00-10:00PM \$17

Join us as we ring in the New Year (a little early)! The evening will begin with a delicious meal featuring a Spinach and Strawberry Salad, Chicken Breast Marsalla with Mushroom Sauce, Roasted Potatoes and dessert. Then get ready for a special treat as The



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unusual, wait until you see our first-rate care.

hen it comes to getting outstanding There's our acclaimed rehab program that gets you care, you may not expect the blissful horne fast and feeling great. There's our 24-hour salon services of a stylish day spa. But a day spa is nursing care that's attentive and warmhearted. And exactly what you'll find here-not to mention our Alzheimer's care is both innovative and restaurant-style dining. Satellite TV in rooms and sensitive. So call us at 847.729.9090 or visit us at suites accented with custom-designed mahogany www.glenviewterrace.com today. Or just stop by. furnishings. And much more. If all this sounds And see for yourself what unsurpassed comfort and care really look like.



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**SENIORS** 

## Veteran's Day: A Day to Honor the Living





Attendees at the Niles Memorial Waterfall celebrated Veteran's Day Friday.

Top Right

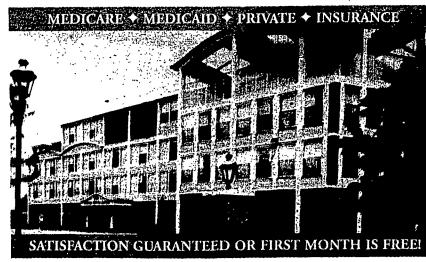
Veterans and members of the Niles and Gladstone Park VFW posts salute during a 21-gun salute for America's Veterans.

Niles Deputy Chief of Police Charlie Giovanelli receives the Cross of Malta at the Veterans Day Ceremony Friday. Giovanelli served n Vietnam and is a recent member of the Niles VFW post.



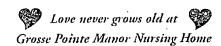
## **Grosse Pointe Manor** Nursing & Rehabilitation Center

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THE BUGLE

**SENIORS** 

## Train tours are on a roll through Arizona's sights FYI Travel

By Tom Roebuck Copley News Service

of-a-kind railway destinations that bring back a like to spend more time savoring www.HiltonHeadMarriott.com. days gone by.

- The Verde Canyon Railroad,

elk, javelina and maybe even "Black" and "Decker," the

canyon's resident bald eagles.

The canyon's walls rise high

above the train, providing

aboard. Seasonal events include

Oktoberfest, with beers and

which features cookies, candy

The Grand Canyon Railway

train travels through high desert,

the splendor of the Grand

Village or take a leisurely

motorcoach tour to some of the

most popular viewpoints.

www.verdecanyonrr.com.

rizona has several one- Passengers have the option to overnight at the canyon if they'd www.thetrain.com.

> - The Yuma Valley Railway - a two-hour ride along the banks of

prime opportuniagriculture. Along the way, passengers aboard the 1922 Pullman coach will get sweeping views of the Arizona. California and Mexico landscapes. The train operates from October through May out of Old Yuma, Town departing from North Second Ave. Visit www.visityuma.com.

FYI: For more information on Arizona, visit www.arizonaguide.com.

A HILTON HEAD HIT

Head Marriott Beach & Golf Carolina has a

offers a four-hour tour that takes tempting offer for cuisinc conpassengers into the picturesque i noisseurs. The Dine Around Verde Canyon, where they'll see package costs \$169 per room, per night, and features lavish three-course dinner at one of seven of the finest island restaurants, including Antonio's, Frankie Bones, Boathouse II breathtaking views for everyone Harbourmaster's Ocean Grill, CQ's, Marley's and Old Fort brats, and Santa Claus Express,

Located Carolina's Treasured Coast, the canes and hot chocolate. Visit 512-room resort is ideal for a lengthy retreat, with oceanfront begins in the historic Route views, natural wildlife sur-66 town of Williams. This roundings and three signature on-site golf courses. Shelter prairie and pine before reaching Cove Marina features dolphin cruises, deep sea fishing and Canyon. Once there, passengers water sports, and Harbour Town can stroll around Grand Canyon offers a host of shopping, dining and other activities.

FYI: For more information of

reservations, call (843) 686-

BROWN'S WILL BE BACK After a 20-month, \$33 million renovation, London's historic Brown's Hotel will reopen on

Brown's Hotel was the first on Albemarle Street. luxury hotel to open in London.

It was established in 1837 by Lord Byron's valet, James preneur James John Ford bought the hotel and extended it to include the St. George's Hotel

consistently played a significant Alexander Graham Bell made the UK's first telephone call Kipling wrote "The Jungle Book" as a hotel guest and Franklin and Eleanor Roosevelt honeymooned at Brown's. The hotel has hosted Queen Victoria

where life blooms ...

for MIND, BODY AND SPIRIT

## An Innovative Approach to Alzheimer's Care.

"With proper nurturing and focus a garden can become a marvelous place where life blooms. It is this wonderful icon of the abundant garden that has inspired the creation of an exceptional setting located at Forest Villa for the treatment of Alzheimer's and related dementia.

At The Garden residents receive extraordinary patientcentered care where our professional staff believe in the acceptance of mind, body, and spirit. In addition, The Garden has innovative therapy programs that invite residents to explore Music or Horticulture Activities specifically designed for individuals with Alzheimer's disease or related dementia.

We believe that every day is a new day full of promise, that each day should be as full as it can be Each life celebrated."

Jennifer Ingraffia, BS, CAD Special Care Unit Director

For a Tour Call (847)647-6400

Forest Villa Extended Care 6840 W. Fouhy Avenue, Niles, Illinois, 60714

## **Aging Lifestyles**

## New Medicare drug plan unveiled

You pay the premium by hav-

L drug program, Part D, will ease mounting health costs for many seniors - but not all.

before you do, make sure that the coverage and costs will actually be better than the prescrip- needed more expensive drugs. tion drug coverage you now

Many retirees have no prescription drug coverage now or Part D plans will be operated by participate in one anemic program or another offering, perhaps, 10 percent discounts. In their case, Part D is better.

But my wife, Kate, and I are not going to sign up.

We already are among the fortunate people who have an excellent drug plan as part of employees. We pay an annual

voluntary employer and union retiree drug avoid paying a penalty.

However, seniors who spend at least \$68 per month for drugs out of their own pockets would likely save money by signing up for Plan D. They would break even on costs and be prepared should the day come when they

Here's how Plan D will work: Unlike Medicare Plans A and B, run solely by the government, private companies and there will be a variety of them.

For the millions who only deductible and a co-payment of depending on which private sponsors may charge less. no more than \$20 for "name" drug plan approved by Medicare

Medicare prescription programs have similar benefits.

ing it deducted from your Social Security check, just as you do for Part B, which covers doctors' bills. Or you can pay the premium directly to the drug plan sponsor you have chosen.

Call Medicare at (800) 633-4227 to find out which plans are offered in your area. The law requires that at least two plans are available in each area throughout the country.

If you currently are enrolled in a Medicare-approved drug One option is to sign up for a discount plan, note that these Medicare HMO plan, which cards will no longer be honored includes drug coverage. We will after May 15. The current drug tions. So, if you do decide to discuss that option in a future card plan was just temporary until Part D started.

The deductible you must wish to add Part D coverage, the spend on drugs before Part D need - or pay for a comparable jvolz2003@adelphia.net or our pension as retired AARP monthly premium will be some- kicks in can be no higher than medication. where around \$32 next year \$250 per person, though some

After you have paid your monthly premium. A number of year and May 15 next year to worth of drugs. You will pay the retical example of Jill who does-

means that Part D will pay for \$1,500 of the costs while you pay the deductible and \$500.

hole." If your drug expenses are greater than \$2,850, you will pay for everything over that amount until you've spent \$3,600, not including the Medicare premiums you pay.

At this point, Part D will take over and pay most additional

But, remember, Part D only pays for drugs on the plan sponsor's list of approved prescripsign up, the next step is to check out the various plans to make sure they cover the drugs you

Even though your drug Road, Frederick, MD 21701. expenses are minimal now, you still might want to enroll in Part prescriptions and \$10 for gener- you sign up for. You must enroll deductible, Part D will pay for D right away. AARP's Web site ic drugs. We do not pay a in Part D between Nov. 15 this 75 percent of the next \$2,000 (www.aarp.org) gives the theo-

remaining 25 percent. That n't sign up for Part D in 2006. She waits three years until she than anticipated. The drug pre-But Part D has a big coverage mium for 2009, let's say, has gap - often called the "doughnut" risen to \$46 per month. Jill's late delayed signing up. So she pays an extra \$14.26 per month on her Medicare premium. Jill's monthly premium, therefore, would be \$60.26 instead of the basic \$46 premium paid by those who enrolled in Part D in

> For further information, go the Medicare Rights Center at

(212) 204-6219. write to 2528 Five Shillings

© Copley News Service Visit Copley News Service at

## **Seniors Action Service Appoints Director of** caregiver program

Anderson announces the appointment of Rebecca Sturgeon as Director, Caring Home Aid Program, for Evanston-based Seniors Action Service, Inc.

Through SASI's caregiver assistance program, older adults are able to continue living at home and maintain their activities and independence. Sturgeon, whose back-

ground is in the eldercare field, looks forward to continuing her work developing a client-centered workforce to meet the needs of today's older population.

According to Sturgeon, "over one-third of our 130 caregivers are available on a 24/7, live-in basis, although a good portion of people request help for just a few hours





## Nor-Wood Life Care Board member does her part

Sometimes bureaucracy can become its own worst enemy in the face of disaster relief. This is what Dr. Karin Ulstrup, -a board member of Nor-Wood Life Care NFP (NWLC) since 2003, experienced when trying to help survivors of Hurricane Katrina. She was one of seven medical personnel, plus a retired police officer and a friend who traveled in several vans from Chicago to Baton Rouge to assist in the

"I wanted to help in the wake of such a disaster in our own country," said Ulstrup, an internist with Chicago Lake Shore Medical associates at Northwestern Memorial Hospital. "I felt I could do something immediate."

The reports and graphic details in newspapers did little justice to what existed. "I saw poverty and devastation beyond what I could imagine", said Ulstrup, who upon arrival was dispatched from the Emergency Operation Center in Baton

Rouge to St. Tammany Parish. and also to contact a U.S. of Illinois in Champaign, is "We went to Covington, Slidell Senator she met last year who and some areas that weren't was interested in making medeven really towns, just school ical care one of his top priorigymnasiums that were trans- ties. "I look forward to presentformed into evacuation centers. ing him with some ideas on the In Baton Rouge, there was the importance and implementation Calvary Baptist Church and the of providing efficient and availabandoned Belmont Hotel. The able care for the underserved," hotel was transformed into a she said. Ulstrup, who also has a "first responder's clinic" and a shelter. It was there that I cared

for the brave first responders of

New Orleans – the fire fighters

and police officers who lost

almost everything, saw their city

torn apart but still worked long

Ulstrup said it was one of the

most humbling experiences of

her life. "I felt inspired and

motivated by the people of

Louisiana's strength and

unteer work with NWLC, she

now plans to get more involved

in local charities that provide

free medical care in Chicago

**Park Ridge Seniors** 

set for holiday fun

The Park Ridge Senior Center's Women's Club is planning their

annual Christmas Party on Friday, December 2 at the Chamber's

in Niles. It's lunch with games, music, and a Christmas candle exchange. The menu includes soup, your choice of stuffed chicken breast or BBQ ribs and shrimp combination, potato, vegetable

and dessert. This is always a wonderful party for the ladies and is

usually a sell-out. Make reservations now according to our cur-

rent registration policy. The charge is \$18.50. Please indicate

your menu choice at time of registration and also bring a

Reservations are now being taken for the Center's Men's Club

Christmas Party. The party is open to any club member and a

guest. The date is Monday, December 5. Come at 12:30 p.m. for

lunch catered by Portillo's. After lunch, music will be provided by

a favorite entertainer, Edizon Dayao. There will undoubtedly be a

visit from Santa Claus, too. Reservations are required in advance

and should be made according to our current policy. The charge

The Center's active Women's Club is sponsoring a trip to hear

the Apollo Chorus presenting Handel's Messiah on Sunday,

December 18. It will be held at the Harris Theater in Millennium

Park. This trip will only include your main floor ticket and motor-

coach transportation. The bus leaves at 1:30 p.m. On the return

trip there will be the chance to see the Christmas lights downtown.

These outings are a small sample of the activities at the Park

Ridge Senior Center. The Center welcome's people to come visit,

take a tour of the facility and taking out a membership is quick and

easy. Other activities include Writer's Workshop, tap dancing,

exercise classes, table tennis, science club, camera club, genealo-

gy club. The Center's chorus, The Chorliers, is always looking for

new members, as well. Come visit the Center at 100 S. Western,

Reservations are required and the cost is \$54.00.

WOMEN'S CLUB CHRISTMAS PARTY

Christmas candle for the exchange.

WOMEN'S CLUB OUTING

or call 847-692-3597.

is \$7.50.

MEN'S CLUB CHRISTMAS PARTY

courage." In addition to her vol-

Bachelor's degree in General Engineering from the University Nominating and Strategic

proud of her Norwegian heritage and work with Nor-Wood Life Care and its three divisions, Norwood Park Home, Norwood Park Seniors Network and the Norwood Park Foundation. She serves as secretary of the Nor-Wood Life Care NFP Board of Directors, chairs the Medical & Ethics Committee and is a mem-

Nina Avenue in Chicago. 'm pleased to continue a famitradition of perpetuating our Norwegian heritage while helping to better the lives of our older adults in the Nor-Wood Life Care community," she said.

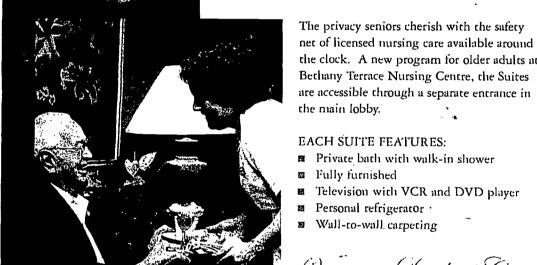
Repositioning Committees. Emil Ulstrup, Karin's father,

served earlier as member of the

NWLC Board of Directors.

NWLC is located at 6016-20 N.

Priace Du THE PERFECT ALTERNATIVE



Bethany Terrace

Nursing Centre

8425 North Waukegan Road

Morton Grove, Illinois 60053

847-965-8100

the clock. A new program for older adults at Bethany Terrace Nursing Centre, the Suites are accessible through a separate entrance in the main lobby.

#### EACH SUITE FEATURES:

- m Private bath with walk-in shower
- Fully furnished ■ Television with VCR and DVD player
- Personal refrigerator
- Wall-to-wall carpeting

Ourying Levels of Care

After settling in at the Terrace Suites, you likely won't have to go through the trouble of moving again if your health needs grow greater over time. Bethany Terrace's 24-hour nursing care is always

available within the Terrace Suites. While our Terrace Suites program is new, we at Bethany Terrace have been providing excellent, comprehensive nursing care to seniors on the North Shore since 1965.

#### TERRACE SUITES' MANY OTHER AMENITIES:

- m Restaurant-style dining
- Beauty salon and spa with whirlpool tub
- Internet access
- Gardens and walking paths
- Complimentary newspaper

The Price Includes Go Much!

#### THE TERRACE SUITES DAILY RATE COVERS:

m Around-the-clock nursing care

- Your private room
- as All meals
- A full range of activities
- Daily housekeeping-

## **SCANNING THE BOOKSHELF**

## Brief Book Reviews from Copley News Service

Ouest for a Caravaggio Masterpiece," by Jonathan Harr; Random House; 250 pages; \$24.95.

Maybe it's the dramatic light. Perhaps it's the fleshy and remarkably realized nature of his figures. But no Italian painter of the 1600s appeals more to modern eves than Michelangelo Merisi de Caravaggio - far better known as

Caravaggio. Like his contemporaries, he painted scenes fromscripture. Yet he set himself apart by giving these images a streetwise quality. He secularized the sacred. Since the mid-19th century,

when Caravaggio began his risc from obscurity, his fame has been expanding. Biographies of him have burgeoned. In the late 1990s alone, there were three hefty volumes in English, all highly read-Langdon's "Caravaggio: A Life," Catherine Puglisi's "Caravaggio" and Peter his new book since his debut was Robb's "M." If you prefer a short version of the life, there's a new one by novelist Francine Prose, "Caravaggio: Painter of Miracles."

Some of that fascination begins with the painter's life. He was a man of bad temper who tangled with the law and seemed to prefer

"The Lost Painting: The the company of poor folk and prostitutes to his patrons. He combined sensuality and spirituality in his paintings in a way that no other artist of his day could manage.

of the sinner-saint," writes Prose.

All of these books mention a painting entitled "The Betraval of Christ" or "The Taking of Christ," which until 1990 had disappeared from view for centuries - at least from the purview of those who could identify it as a Caravaggio. It now hangs in the National Gallery of Ireland in Dublin, anew addition to the short list of pictures by the artist. (Experts offer different numbers, but there are only 60 to 70.) How it was found and how it ended up in that museum is the story Jonathan Harr tells in "The Lost Painting.'

Harr's reputation, as much as Caravaggio's, will bring readers to the hugely popular "A Civil Action," which was also a boxoffice hit as a film. The similarities between the two are obvious: Both are nonfiction novels and both are

"A Civil Action" has the decided edge on suspense, with its tale of a

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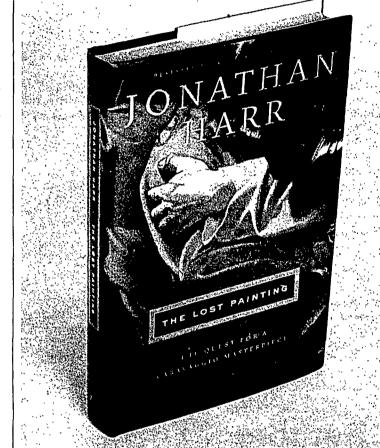
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Licansed Hearing-Aid Dispenser

"The life of Caravaggio is the closest thing we have to the myth

detective stories.



court case that pitted big corporations who polluted the drinking water of Woburn, Mass., against the independent law firm representing citizens who suffered the terrible consequences. The outcome of "The Lost Painting" isn't in doubt; even the book jacket tells us as much. It's less about what happens than how the missing Caravaggio is found,

Harr is fascinated with obsessive people. As much as the riveting story, it is the tormented and intensely driven defense attorney Jan Schlitchmann who is at the core of "A Civil Action." In his desire to win the case, he ruinshis career and ends up penniless. "The Lost Painting" is a sunnier story, even if its central characters - art

Smile!!!

Cappelletti and Laura Testa, and art restorer Sergio Benedetti become just as consumed with their ambitions. Cappelletti and Testa aren't even searching for information about

"The Taking of Christ" when it surfaces in an early 17th century inventory book of the Mattei famiwhich owned multiple Caravaggios. But they knew a lead when they saw it; the discovery becomes their obsession.

Harr's story conveys some Old World charm along the way, with its descriptions of the libraries and archives where Cappelletti and Testa do their digging. They are places that seem unchanged by

"She (Francesca) had a favorite history students Francesca place in the library," Harr writes of

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the Biblioteca Hertziana, "a long wooden table, scarred from years of use. ... The afternoon sun came in through tall French doors, which opened onto a balcony where a tangle of overgrown roses and vines grew from cracked terracotta vases. From this spot, Francesca looked out the French doors to the sprawl of Rome

The presence of history is everywhere in the places Harr evokes, and love of the past is a passion that all of the people in this story share. For one of the Caravaggio scholars Harr describes, the venerable Sir Dennis Mahon, "paintings are a window back into time."

Mahon helps Cappelletti as she takes her search to England and Scotland. But clues and expertise don't prove to be enough. Along with expertise, one needs luck, and Benedetti, employed by the National Gallery of Art in Dublin, is the one who benefits from a twist of fate.

The painting was hidden in plain sight - in a Jesuit residence. He happens to see it when they want to have a few pictures restored Convinced it is the real thing, Benedetti sets about persuading the director of the National Gallery, and works on its restoration in secret. He does researchthat leads him to Cappelletti and Testa, and their work helps him confirm

The discovery of the picture changes his life - Cappelletti's and Testa's too. Harr recounts their odysseys with admirable subtlety. Along the way, he also conveys how one of the world's great pictures spent many years on the walls of the Jesuit residence, wait-

- Robert L. Pincus Visit Copley News Service at

to Benefit **Maine Township Emergency Food Pantry** Maine Township with help from state, township, and local officials i launching a massive food drive to help meet the growing need to feed hungry families

**Chuck Wagon Drive** 

during the holidays. Called The

Chuck Wagon, the drive will

launch from three locations in

three communities at the same

time and run for five Saturdays

"The need for food never ends

and even picks up during the hol-

idays," says Bob Dudycz, Maine

Township Supervisor and organ-

izer of the drive. "We decided to

meet the need head-on with this

pilot program involving Niles,

Park Ridge, and Des Plaines kick-

running Saturdays through Dec.

on Nov. 25. A Chuck Wagon will

be parked in front of City Hall

will be on hand to collect food

donations and pass out candy

canes to those visiting the Santa

House in Hodges Park. Mayor

Howard Frimark will help launch

the drive that night in Park Ridge.

The Mayors of Des Plaines and

Niles are also supportive of the

Wagons (actually large trucks)

will be located at Oakton Street

and Milwaukee Avenue (Niles),

Busse Highway and Greenwood

Avenuc (Park Ridge), Lec and

Oakton Street (Dcs Plaines), and

at the Shop N Save north of

Miner and west of River Road

(Dcs Plaincs) from 11 - 11:30

a.m. Then the Chuck Wagons will

Then the next day, Chuck

food drive in their communities.

leading up to Christmas.

THE BUGLE

ceed through the city streets of the three communities while playing holiday music and

The program will repeat on Dec , 10, 17, and 24 from 11 a.m. to p.m. each Saturday.

There are no direct expenses to the Township since this effort is being sponsored by State Senator Cheryl Axley with assistance from Eric Leys of Maine Sch Dist. 207, Maine Township Highway Commissioner Bob ing off on Friday, Nov. 25 and Provenzano, and Dave Johnson of the Glenview Library Board., Dudycz said. Provenzano is cov-The kick-off event will be at the cring drivers, trucks, and fuel Park Ridge Uptown Open House Axley is paying for signage and an announcement mailing to residents, and Johnson is providing from 5-9 p.m. Santa and his Elves the candy. Other sponsors include

> the Bugle Newspapers. Dudycz notes that any contributions of non-perishable food and moncy are always appreciated. The most pressing needs are for peanut butter, jelly, spaghetti sauce, canned fruit, chunky soups, and large cans or plastic bottles of juice especially apple

> orange and grape flavors. Donations may also be brought to Maine Town Hall, 1700 Ballard Rd., Park Ridge on Monday-Friday between 9 am and 5 pm. For questions on The Chuck Wagon drive or assistance with deliveries, contact Carol Langan, Food Pantry Coordinator at 847/297-2510.

## **Morton Grove Foundation Approves Grant For 28 Organizations**

The Morton Grove Foundation approved the grant

The organizations support a wide variety of proapplications of 28 organizations that benefit the ommunity of Morton Grove. The following are this

HAVE YOU HEARD

Advocate Hospital-Adult Down Syndrome Center, American Brain Tumor Association-Paul Fabbri Memorial, Association of Horizon, Between Friends, Boy Scouts of America--Northwest Suburban Council, Christmas in April, Community Nutrition Network, Connections for the Homcless. First Step Foundation, For Autistic Kids Foundation, Foundation for Nager and Miller Syndromes, Friends of the Morton Grove Forest handing out candy canes until 3 Preserves, Glenkirk, LaRabida, Leukcmia Research Foundation, Little City Foundation, Mainc-Niles Assocation of Special Recreation, Maryville Academy, Morton Grove Days Commission, Morton Grove Park District, Morton Grove Woman's Club, Niles North High School, Orchard Village, Plato Academy, Shelter, Inc., Shore Training Center, St. John Brebeuf School and

The goal of the Morton Grove Foundation is to listribute more than \$50,000 to these agencies. This goal is dependent on the foundation's major fundraiser, "A Taste of Spring" in March.

grams that benefit the community including summer camps and recreational programs for needy and disabled children and adults, research to cure brain tumors, autism and leukemia, assistance in rehabbing homes in Morton Grove that belong to needy families or senior citizens, nutritious meals for seniors program, emergency support for homeless persons and domestic violence victims, support for families displaced by Hurricane Katrina, counseling and vocational support for individuals who are developmentally challenged, housing and tutoring for the at-risk children and teens, scholarships for needy Morton Grove women, fine arts programs for local schools and natural resource education program for area school children.

The "Taste of Spring" will be held on Thursday, Mar. 2 at the White Eagle Banquets, 6844 Milwaukee Ave., Niles. This will be the 18th annual Taste that will feature food from local restaurants, entertainment and silent and live auctions and raffles. People can support this event by being a sponsor, buying raffle tickets and attending the event.

For more information on the foundation call the chairperson, Teresa Hoffman-Liston at 847 470

#### Niles Family Fitness Announces Winter Camptastic 2005

WINTER CAMPTASTIC 2005 The Niles Family Fitness

Center's Camptastic is the perfect way for your child to spend the Winter Holiday. Activities include sports, games, swimming, crafts, and more!

OUR MISSION: Our goal is to provide your child with the best camp experience of their lives. We want every day to be a safe, fun-filled adventure!

AGES: Ages 6 - 12 welcome.

**CAMP DATES:** Monday December 19th - December 23rd Monday December 26th - December 30th **CAMP HOURS:** 

**EXTENDED CAMP HOURS:** 3 PM- 5PM 8 AM - 3 PM Monday through Friday

CAMP FEES (per day)

**EXTENDED CAMP FEES:** \$10

\$30 Member/Resident \$39 Non-Member/Non-Resident

**REGISTRATION DEADLINES:** A lot of planning goes into providing your child with the best camp experience possible, therefore, we must set registration deadlines. The registration deadline IS December 12th

Please Note: Camp registration is limited. Some sessions fill up FAX: (847) 588-8451, quickly! To ensure your space and avoid disappointment please register early. Payment is due prior to the start of camp session.

REFUND POLICY: No refunds will be made for days missed due to illness or vacation. Fees are non-transferable. A \$15 service charge will be applied to any refunds issued due to participant cancellation. Refunds will not be issued after a session has

begun. A 10-day notice must be given to cancel any class for a refund. All refunds issued at the discretion of the Camp & Fitness Center Directors.

3 WAYS TO REGISTER: DROP OFF: Monday-Friday: 5:30AM-10PM

Saturday: 7AM-6PM.

Attn: Member Services

Niles Family Fitness Center 987 Civic Center Drive Niles, IL. 60714

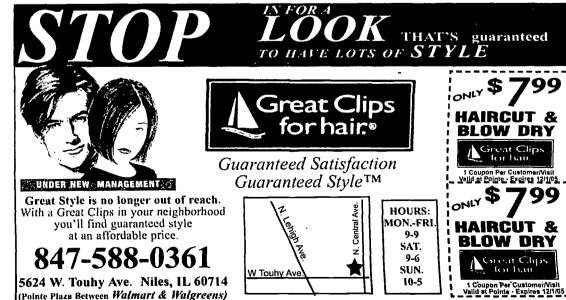
One-Month Free On All New Annual Memberships

\$0 Enrollment (\$59 savings) November 15th -Dec 31, 2005











Dispenser

## **PERFECT PAIRINGS**

## Iron Chef Cat Cora combines Greek chicken with classic pinot noir

extracting the red cherry,

woodsy earthiness he calls

ponent. That quality really

rustic kinds of dishes.

works with this and other

months in French and

American oak barrels, where

the wine picks up notes of

toasty vanilla, clove and

Asian spice. The aging

reduces excessive tannins to

ensure the inherent silkiness

typical of great pinot noirs.

Ron James welcomes com-

mail him at ronjames@per-

"Gourmet Club" radio

show and see archives of

www.perfectpairings.us.

at www.cop-

previous columns at

The wine is aged 10

Stewart also points to

Copley News Service

Cat Cora had just graduated from the Culinary Institute of history." America in Hyde Park, N.Y., After her stint at the CIA and and was considering her next

"I wanted to learn from the best," she said. "So I sent out Calif., and then executive chef resume packets to 10 French of Postino in Lafayette, Calif. chefs - all of them were threestar Michelin guys, including Paul Bocuse. And I received eight straight rejection letters. Friends" (Chronicle, \$22.95) I was devastated! I still have was published. He career took them somewhere; I think I'm off into the stratosphere when going to wallpaper my bath- she was selected to be the first room with them."

another story. Not one, but Georges Blanc and Roger Stadium. Verge, offered Cora a posi-

"I accepted both," she said with a laugh. "They have such different styles; Blanc has a very much lighter, cutting- out to re-create the dishes that edge style of new French cui- he ate as a kid. One of them sine and Verge's style is the was one of my favorites, kota classical style of French cook- kapama - chicken cooked ing. And they're from very slowly in a savory sauce of different regions of the country, so I knew it would serve hint of cinnamon. The meldme well if I did both. And it ing of flavors is addictive. In did. I took away a lot from fact, every birthday she would that experience, although it was one of the hardest and ner and every year I said kota grown. Diversity is the key to scariest things I've done in my kapama. I even bribed my our pinot noir - we select from

Cooking with Roger Verge on the French Riviera was a far cry from Cora's Greek-American roots in Jackson, Miss., where she learned to love her Southern and Greek heritage, especially the food. "It was in my blood," Cora said. "My grandfather and godfather both ran restaurants, and my mom was a great cook, so it was just a long line of great cooks in my family," Cora said. "I knew when I was 15 that I wanted to have my own restaurant and actually drew up a business plan for one."

While going to college, her you. interest in food waned a bit as Cora majored in exercise makes a big difference," she physiology and biology. But said. fate stepped in and her passion for food was again stoked.

"I was in Natchez, Miss., and there was a book-signing for Julia Child," Cora said. "I got to sit down with her and added flavor and it gives busy she mentored me about the people time to open mail, business and which culinary spend time with the kids or school to go to. I'll never for- simply pour a glass of wine. get that, she took all the time The chicken is flavored with a

in the world, just like we had touch of cinnamon, which is tics of Carneros pinot by known each other forever. traditional in the Greek diet." And right after that I applied for the CIA. And the rest is suggests that the dish should

her foray into France, Cora mizithra. It is similar to ricotbecame Chef de Cuisine at ta but has a more interesting the walk in the forest com-Bistro Don Giovanni in Napa.

In 2004 her first cookbook. "Cat Cora's Kitchen: Favorite markets or from several online Meals for Family and woman Iron Chef on the Food But the last two letters were Network, where she has been

#### THE DISH

"My mother came from a long line of cooks," Cora said. "When she met my dad she set tomatoes and onions with a ask me what I wanted for dinbrother to ask for it for his

Cora suggests serving the chicken dish with buttery noodles and cheese.

"But it's also good over rice or any kind of pasta," she said. "My dad is passionate about kota kapama with long macaroni. The aroma of this dish is so heavenly, you wonder if it can taste as good as it smells. And yes, it can!"

Cora suggest that to make this great dish greater you skip the supermarket shrink-wrapped cut-up chicken and buy a fresh whole one and cut it up, or have your butcher do it for

"Fresh-cut poultry really

"This dish is low in fat because I use olive oil instead of butter or cream," Cora said. "It is stewed for a long period of time which means there is

For a true kota kapama, Cora raspberry and spice flavors."

be finished with an aromatic another characteristic of sheep's cheese called Buena Vista's pinots, a flavor and texture. It is kind of nutty and quite salty, so a little bit can go a long way. You can find the cheese in specialty vendors. In a pinch, you can substitute freshly grated

The wine match for the kota kapama is a Buena Vista 2002 using all of her experiences to Carneros Pinot Noir (\$15). two three-star French chefs, reign supreme in Kitchen "A great pinot noir would be ments and suggestions. Egreat with this dish," Cora said. "Pinot noir is perhaps the fectpairings.us. Listen to his most versatile and foodfriendly wine in existence. The spiciness of the pinot complements the spiciness of the dish and the fruit and acid- © Copley News Service ity contrast nicely with the Visit Copley News Service savory flavors."

Making great pinot noir can leynews.com. be a real pain for winemakers. "It's an alluring challenge." Buena Vista agreed Vineyard's winemaker Jeff Stewart. "But it's very finicky about where and how it's a dozen clones planted in 40 individual blocks in Carneros. We try to emphasize some of the distinguishing characteris-

#### on all sides with seasoning. THE RECIPE

KOTA KAPAMA (Greek stewed chicken) 1 chicken (2 1/2 to 3 pounds), 'cut into 8 pieces 1 teaspoon ground cinnamon 2 teaspoons kosher salt l teaspoon freshly ground black pepper 2 tablespoons extra-virgin olive

4 cups medium yellow onions, coarsely chopped 5 peeled garlic cloves, minced (divided use) 1/2 cup dry white wine 2 cups water

1 (6-ounce) can tomato paste 1/2 cup grated mizithra cheese Yields 4 servings. Pat chicken dry with paper towels to avoid spattering while browning.

small bowl. Rub chicken pieces

deep skillet (see note) over high over low heat for about 1 hour or heat. Add chicken to oil and until the chicken is tender and brown for about 4 to 5 minutes on thoroughly cooked. If the sauce each side. Turn chicken pieces becomes too thick, it can be using metal spatula, as they have a thinned with a little more water. tendency to stick. Remove pieces Season the finished sauce with when well browned on all sides kosher salt and pepper, to taste.

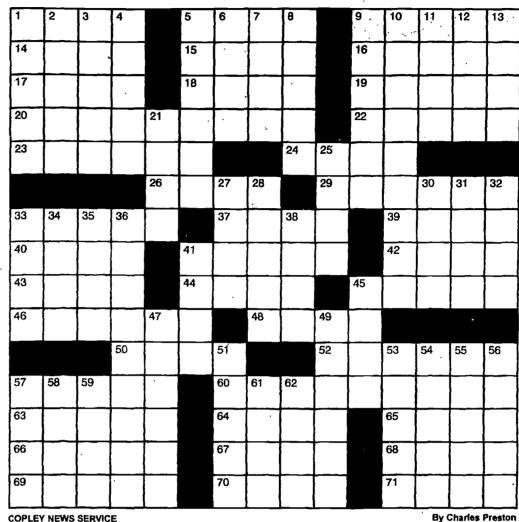
Reduce heat to medium-high and (such as orzo or macaroni) or rice. add onions and 3 minced garlic Sprinkle grated cheese over each cloves. Cook about 3 minutes, serving. ticles stuck on bottom.

water, tomato paste and remaining cause it to steam rather than 2 minced garlic cloves. Return brown. Mix cinnamon, salt, and pepper in chicken to pan. The liquid should

cover about 3/4 of the chicken Heat olive oil in large nonreactive pieces. Cover the pan and simmer Serve over cooked, buttered pasta

stirring constantly, until onions Note: A 12-inch skillet with sides have softened and are rich golden about 2 1/2 to 3 inches high will brown. Add wine, and scrape bot- allow you to brown all chicken at tom of pan with spatula or spoon once. Otherwise, brown chicken to deglaze pan, loosening any par- in 2 batches using 1/2 the oil for each batch. It's important chicken When wine has evaporated, add isn't overcrowded, which would

**DESCRIPTIVE** 



#### **ACROSS**

1 Pop rocker Collins

5 Hen pen

9 Marsh stalker 14 Deep affection

15 Hard-and-fast

16 Covet 17 Soon

18 of Man 19 Minnesota features

20 Polaris

22 Rock of Australia 23 Experiment with

24 Pequod

26 Windfall 29 Like O'Henry's

endings 33 Hook points

37 Cleopatra's mascara 39 Down to the

40 Pitcher Hershiser 41 Polite

42 Sir Geraint's wife 43 Table card

44 Bay \_\_\_ 45 Expunge 46 Boat, in Bayonne

48 Singer Eartha 50 Cat's meow, perhaps 52 "Evangeline" colony 13 Guarding

57 Funny bone, locale

60 Ewing ranch 63 Genoese admiral

Andrea 64 Offend, in a way

65 Cannon boom 66 Black wood 67 Pinza, of "South

Pacific" 68 Hang \_\_\_: keep

69 Cauldron additives? 70 Not inspiring 71 Visible

#### **DOWN**

1 FBI decoy

2 Integrity 3 Word with tower or Coast

4 Slow, to Mozart 5 "The Count of Monte

6 Bounce 7 Mexican ster

8 Equals 9 Cream puff 10 The clout of retirees

11 Lawn comb 12 Anon's partner 21 Cores 25 San Francisco's Nob

27 Muskogee denizen of the 1930s

28 Kim, of Liebestraum

30 Pinta's sister ship

31 Rainbow goddess 32 Say uncle

33 Fiasco

34 Neighborhood

35 1996 Tony-winning musical

36 Siamese cat

38 LP player

41 Board game 45 Write on stone 47 "I'll be loving you,

49 Drum signal 51 Angela's

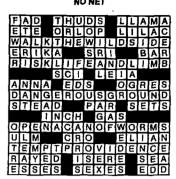
53 '70s hair styles 54 Blackmore's "Lorna

55 Seeing red 56 Ohio rubber city 57 "East of "

58 Ear section 59 Forehead

61 Ari's liqueur 62 "Exodus" author

LAST WEEK'S **PUZZLE ANSWERS** 



crossword puzzle and your name will be listed in next week's Bugle. This Week's

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ROSE BENNETT GILBERT

Copley News Service

anything else, in fact.

hung side-by-side - unless it's that one

large picture anchored above a chest or

sofa. Much more interesting to balance

large artworks with several smaller ones

underneath or on one side. In the same

way, three same-size pictures stacked up a

wall is interesting; hung side-by-side-by-

side, they're a bore.

hetter?

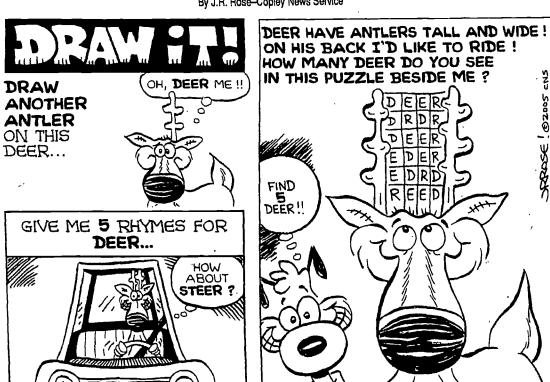
REAL ESTATE

**DECOR SCORE** 

It's how you frame and arrange that matters

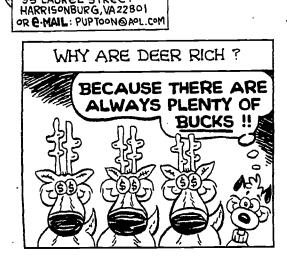
# 

By J.R. Rose-Copley News Service



THINK OF ANOTHER ANIMAL THAT STARTS WITH THE LETTERS IN..







Is Everybody Ready?

Indefinite pronouns replace nouns that are not named. Anybody, everybody, everything and several are just a few examples. The trick is to figure out whether these pronouns take singular or plural verbs. Can you match the

1. Everybody taking chemistry classes (want, wants) Mr. Lane as a teacher.

2. Nobody in Maria's family (is, are) able to make it home for the holidays.

3. Many of my neighbors (has. have) offered

to rake Grandma Stewart's leaves. 1. **wants**. Use the singular verb because "everybody" is singular. 2. **is.** Use the singular verb because "nobody" is singular. 3. **have**. Use the plural verb because "many" is plural.

## Nature Newswatch®

**Huddled** masses



It's a cold, cruel world out there and being a small animal in such a place is tough. Because small bodies have a larger surface-to-volume ratio than larger bodies, they lose heat more quickly. Controlling the balance between heat production and heat loss can be the difference between life and death.

The northern flying squirrel is a small, warm-blooded creature that stays active all winter, feeding on fungi, lichens, nuts and seeds, generating heat derived from both the food and the nuscular work involved in foraging al

Resting in a tree cavity during the day, however, the squirrels conserve heat sleeping together in huddled masses of up to 20 or more, benefiting from one

the snuggling makes them one large animal in terms of heat loss. Similar sleeping aggregations can also be found among snow buntings



Northern flying squirrel lead and body, 5 1/2-6 1/2 inches; tail, 4-5 1/2 inches Habitat: coniferous and mixed forests www.naturenewswatch.com



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advice in his smart "Design Basics" book (Rizzoli publishers). He's worked out what from being seen together. The relationship he calls "the 1 plus 1 equals 3 Design between them is "connecting the dots," as Theory," based on his assertion that Bilhuber puts it. One suggestion on how to objects by themselves exist in a state of connect those dots in a picture grouping: completion. But when they're combined establish a set amount of space between with something of an opposite shape or them. The designer suggests hanging finish, Bilhuber says, the sum is bigger pieces 3 inches apart, no matter what shape

In other words, objects gain importance or size you're dealing with.

That guideline, applied to the grouping in the photo we show here, helps achieves a classic sense of calm without the usual symmetrical balance. The variety of sizes and the different depths of the objects in this cohesive arrangement generates the kind of visual energy that makes all of Bilhuber's interiors look as contemporary as they are classic.

### **GOING THROUGH AN** "IDENTITY CRISIS" AT HOME?

We're not here to discuss your private life, only to report on one of the freshest ideas to come from the latest International Home Furnishings Market in North Carolina: monogrammed furniture.

Seabook Classics (www.seabrookclassics.com) has added cottage-style, custompainted headboards, chest, benches, youname-its to the list of monogrammables that used to focus on towels, linens, and

Their painted monograms are available in four traditional styles in any of 38 col-

Now Goldilocks can never again plead confusion when she crawls into the wrong

Rose Bennett Gilbert is the co-author of "Hampton Style" and associate editor of Country Decorating Ideas. Please send your questions to her at Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190, or online at copleysd@cop-

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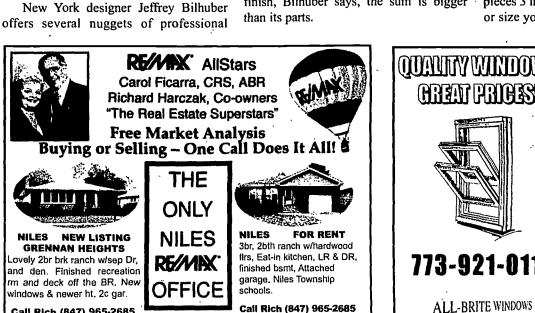
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REAL ESTATE

#### REAL ESTATE

### **HERE'S HOW** Fireplace brickwork can go from sooty to beauty

Copley News Service

Q: The brick and grout surto very large fires. Now that the light-colored brick.

pyromaniacs in our family have moved out. like know how we can clean this area.

A: Smoke is a difficult stain to remove from masonry, particularly if your fireplace front is constructed of lightcolored brick.

Often, a thorough scrubbing, using a stiff brush scouring powder containing bleach, will do the

Rubbing alcohol also can be effective for the removal of smoke stains. Use a soaked rag or paintbrush apply the alcohol and wipe smoke stains off. Another method uses a paste of powdered pumice and concentrated ammonia. Apply the paste heavily to the smoked area with a brush. Let it set for two hours, Source: Chimney Safety Institute Of America Copley News Service / Pete Chenard then scrub with

hot water and soap. Rinse with clear water.

For more stubborn stains, a poultice using trichloroethylene will pull stains from the pores. Precaution should be taken to ventilate a closed space in which trichloroethylene is used, as the mula. Many of these products fumes can be harmful.

There are also good masonry cleaners on the market. Check through a masonry dealer or janiwith your masonry dealer for products specifically recommended for the removal of smoke strong chemicals, take special

Another source would be adequate ventilation. Wear old ProSoCo, a leading manufacturer clothes, goggles and gloves. of masonry restoration and con- Since minerals and the compositive coats of a sealer recommendservation products. Visit the com- tion of brick varies from area to ed for terrazzo. This will help site, area, be sure and test any of these resist further staining. www.prosoco.com, or call (800) suggested products in an incon- Send e-mail to copleysd@cop-

255-4255 for information on their spicuous area first. Some cleaners leynews.com or write to Here's product line and recommended can react with brick in unexpect- How, Copley News Service, P.O. cleaners for smoke stains.

Be sure and follow manufacturused on bricks with a high copper 92112-0190. Only questions of er directions carefully and give content could turn them green. the cleaner plenty of time to If you are wary about experi- in the column. work. More than one application menting with these cleaners, © Copley News Service is often necessary.

staining, there are a number of a masonry contractor who has the stronger chemicals on the market special expertise, equipment and for cleaning bricks. Choosing the right one depends on whether the rounding the opening in our brick is glazed or unglazed. Avoid fireplace is black and sooty due acid cleaners on glazed brick and

Got smoke?

paramount that chimneys are

cleaned regularly to remove

unburned gases and tar. Your.

chimney should be examined

loose with age, and flues may

make cleaning easier, practice

good chimney hygiene and follow a regular maintenance

scouring powder containing

bleach, using a stiff brush.

Soak a rag or paintbrush

with rubbing alcohol and wipe

Apply a paste of powdered

ammonia with a brush and let

scrubbing with soap and water

trichloroethylene to pull stains

it set for two hours before

■ Try a smoke cleaner for

For more information, phone

that burn more completely and

Have the chimney inspected

On glazed brick, use a non-acid

degreaser. You'll probably have

to use a stiff-bristle brush on the

grout to remove all carbon traces.

For non-glazed and darker brick,

use a cleaner with an inhibited

muriatic or hydrofluoric acid for-

will not be available from retail

When dealing with any of these

care and protect yourself with

torial supply house.

masonry by ProSoCo.

Use a poultice with

from the masonry

(800) 255-4255.

and cleaning schedule.

■ Scrub masonry with

crack or become blocked. To

at least once a year. The

chimney not only gets dirty from use, but the bricks

weather and can become

To prevent fires, it is

products to deal with your specific cleaning problem

Q: We have a terrazzo fireplace hearth that is very dull and spotted. The numerous cleaners

Chimne

Obstructi

we have tried have been ineffective. Any suggestions you could give us regarding cleaning and restoration of this surface would be appreciated. A. First, give your

hearth a good cleaning, scrubbing with a nylon scouring pad or stiff bristle brush do not use a wire brush - using warm to hot water. While the surface is still damp. apply a poultice 1/2-inch thick, made as follows:

Using an abrasive

cleaning powder,

preferably one

containing bleach,

make a thick paste

with hot water,

about 1 pound of

powder for each 1

1/2square feet of

surface to be cov-

remain on the sur-

prevent scratching the surface.

If this fails, make a poultice of

As mentioned above, I would

suggest contacting ProSoCo's

customer hot line, (800) 255-

4255, for their suggestions on

products. After the stains have

been removed, give the surface

whiting and hydrogen peroxide,

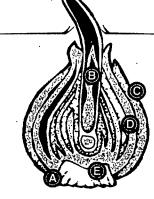
to which a few drops of house-

stain remover.

ed ways. For instance, an acid Box 120190, San Diego, CA

another option is having your Visit Copley News Service at

D. Scales hold stored food needed by the bulb to grow E. Basal connects flower, scales and roots



5. Sprinkle soil around the

bulbs until only the shoulders

6. Water the soil and keep it

refrigerator. Most bulbs need

7. Place the pot in a cool

dark place, such as a

about 12 weeks of cold

storage. (No cooling is

required for some bulbs

sunny spot to stimulate

8. Move the pot to a warm,

bloom when the stems are

9. Plant ivy around the bulbs

such as amarvllis.)

about 2 inches tall.

### **A GREENER VIEW** Bulbs can bloom early in force

JEFF RUGG Copley News Service

Q: I want to force some bulbs, but I don't know what to do. face for 48 hours. Can you help?

or until complete- A: Forcing is a botanical term for Then causing a plant to produce its shoots and blooms earlier than wood paddles to usual. You can't force a bulb to do something it isn't designed to do. You can coax your bulbs into blooming early or into blooming indoors by giving them the conditions they need.

hold ammonia is added. Spread Bulbs, like all plants from cold over the stained areas and let dry. or dry climates, have a dormancy flowers are generically known as A third suggestion: Use a "flushperiod. This is a time when there bulbs off" paint and varnish remover. stores and must be obtained You can also try a commercial is little or no growth.

In nature, plants wait out the cold or dry times in a variety of ways. Many plants have a storage area built into the root system that supplies the new growth with nutrients until the leaves can take over producing carbohydrates.

True bulbs look like onions. They have a ring of roots at the bottom (the basal plate), a little new growth sticking out the top, and layers of tissue (scales) surrounded by dry skin (the tunic) on the outside. Some bulbs, like lilies, general interest can be answered don't have a tunic. Some plants have underground stems called tubers, which have several new growth points called eyes, just

typical of a gladiolus.

zontal stems growing along or below the surface of the ground. Underground rhizomes of canna and calla produce roots on their lower surfaces and send shoots above ground. Most of these spring- and summer-blooming

Bulbs that grow in cold climates need to be cold for many hours below certain temperatures. Once these requirements are met, the bulb can begin growing a new top. The flower bud for next spring's growth is already deeply hidden and it matures into a fullsized bloom as the dormancy period ends. Roots also grow during dormancy.

CONTINUED **Greaner View...Page 25** 

### (स्राप्ता) मर्मा ।

## Forced bulbs: a bright idea

Begin 15-16 weeks before you expect your bulbs to

1. Choose a pot that is at least twice as tall as the bulbs.

2. Mix bulb fertilizer into your

potting soil.

3. Fill the pot with a light potting soil so that when the bulb is placed on top of the soil, the growing tip reaches the top of the pot. 4. Place the bulbs on top of the soil. They should be placed close together, but should not touch each other

PARTS OF A TULIP A. Roots

take up water and nutrients B. Flower bud at the center is the gestating bud that must

not freeze C. Tunic paperlike outer covering

like a potato or a caladium. A corm is a solid mass of stem storage tissue that has buds and is

Tuberous roots such as dahlia and ranunculus are true roots that lack nodes and internodes. Buds are present only at the crown or stem end of the root.

As long as you can re-create the chilling requirements for a particular type of bulb, it will begin the next phase of growth when the temperature warms up. Most

### CONTINUED FROM GREAMER VIEW.....Page 24

THE BUGLE

tulips, daffodils and other springblooming bulbs need to be chilled for at least 12 weeks - 15 is even better. The temperature should be kept just above freezing to as high as the upper 40s. This can be done in a refrigerator or outside, buried in the ground. Being buried in the ground does not mean planted; it could mean planted in a pot then buried in the

The bulbs need to be kept in the

dark during this dormancy time. Because of the need to grow roots, the bulbs can't just be left in the bag and set in the fridge. Plant them into normal potting it will take the bulb to bloom. soil and keep the soil damp dur- Bulbs listed as early bloomers are ing the whole time it is being easier to force. Shorter-growing bulbs in the south is that they get refrigerated. Some summer varieties will force better indoors, too warm too quickly, and the blooming rhizomes such as because they won't become flopdaylilies can just be left in the bag py and fall apart.

the more the conditions mimic a temperatures, Dutch growers natural winter and the faster the have implemented a chilling pro-

under cold storage, then planted

bulb will bloom when warmed gram. They prechill the bulbs so up. The shorter the time it is they can be planted outdoors to chilled, the less time the roots will have to grow and the longer

For southern areas of the United States that don't get a sufficiently The longer the bulb is chilled, long chilling time at the proper

grown as annuals in the south. Some hyacinths, crocuses and

bloom in the spring. They are not

cooled in soil, so they still need to

go in the ground to grow roots.

The other problem with spring

leaves go dormant before the

keep it alive another year. Spring-

flowering bulbs are typically

bulb has enough carbohydrates to

tulips are sold prechilled for use indoors. Just buy them, plant them and watch them grow. There are special hyacinth jars that allow the bulb to sit up above the water, while the roots grow down into the water. They will stay in bloom, producing their sweet fragrance for a couple of weeks. As each bulb finishes, a

CONTINUED **Greaner View...Page 26** 

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### CONTINUED FROM **Greaner View....Page 25**

staggering the starting times, a hyacinth can be in bloom for many dreary winter

As the bulb's chilling requirement has been niet, it begins to break dormancy and the top of the plant will begin growing. Once it is 2 inches above the soil, it should be moved into bright - but not direct - sunlight. The soil should be kept moist and the temperature should start out for the first week or two in the 50s, before warming up later when the shoots turn green. Rotate the pots so the plants are evenly lit. The blooms last longer if the pots are moved into a cool room at

Bulbs that originally grew in naturally dry environments don't need to be chilled. They need to go through a dry dormancy, during which they are not watered. When they are repotted and receive water, they begin to come out of dormancy. Amaryllis and paperwhite narcissus are two bulbs that are sold ready-to-grow as soon as they receive water. Paperwhites can be grown in a vase filled with marbles and water. Forcing bulbs to bloom early usually

causes them to consume more carboliy drates and to be unprepared for another year's growth. It is typical for a forced bulb to take several years of recuperation to bloom again, even if it is planted in normal conditions. Except for amaryllis, most forced bulbs are disposed of after blooming. Crocus and daffodils offer the best chance at survival outdoors.

The best choices for forcing cold-weather bulbs are crocus, daffodil, galanthus (snowdrop) hyacinth, iris x hollandica, iris reticulata and tulip. Precooled or chilled bulbs are even better.

Bulbs take a month or so to bloom after dormancy ends. If the chilling period is 12 to 16 weeks, add another month to plan for flowers four to five months in advance of when you want them, if you do the chilling. Precooled bulbs can bloom a month after planting. E-mail questions to Jeff Rugg at info@greenerview.com.

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## Auto Scene

## Newest Range Rover is built for off-road and street

Mark Maynard

COPLEY NEWS SERVICE

When I got pust the sticker shock of finel economy ratings for the Range Rover Sport - 14/19 - 1 found a commanding luxury vehicle more like a sports sedan than an SUV.

It takes loss of horsepower, heavygauge sieel, permanent four-wheel drive and a network of computerized suspension enhancements to make a Range Rover the capable trail climber that it is. But all that also makes it a good road vehicle

In the Land Rover family, the Sport is the third SUV and the second in the Range Rover line. Compared with the Range Rover, the venerable flagship, the Sport is the younger sibling that is just as handsome, more athletic and bener at socializing with the opposite sex.

The Sport shares an architecture with the Land Rover LR3, but has a shortened wheelbase and rechnology not available on the LR3, it has the classic Range Rover silhouette, but it's more aerodynamic and toughlooking. It was built for handling and compliance in all situations, the com-

It is sold in two models with two engine choices. Pricing starts at \$56,750 for the HSE with a 300horsepower. 4.4-liter V-8.

Standard equipment includes a sixmanual shift mode, a 4WD system with a two-speed electronic transfer gearbox, an electronically controlled locking center differential and an optional rear differential lock. A power sunroof is standard, as is the tiller 13-speaker Harman Kardon

Logic 7 audio system. The base vehicle is still a truck that ould get dirty and des With the optional luxury packages. however, the leather upgrade is so refined it would be negligent to scuff it up off-road.

And, how many owners would risk scrubbing one of the 19-inch into this rig, but the truck overdelivContinental CrossContact tires or cred in pleasure. And on a long drive Sport is about 7 inches shorter and tray on the passenger side and dual charged Sport. alloy wheels on an off-road whim? "For people who come to Land Rover, there is some desire to have puter. off-road capability in their vehicle but whether they use it or just boast is provocative. The cabin is so well es, from or rear, but that's true in looks real, and the brushed aluminum Visit Copley News Service at of it is up to debate," says spokesman sound-isolated that all worries are either truck.

Larry Rosinski. "It's the heritage that is important to them.

Today's test truck was equipped for Rodco Drive in Beverly Hills and had an as-tested price of \$64,900. As equipped, it was as luxurious and inviting as the full-size sedans from Jaguar, Lexus or those German marques - but cheaper. Free scheduled maimenance is part of the four-year

The supercharged model starts at

\$69,750 and comes with 20-inch

wheels and most available option

hs 4.2-liter supercharged V-8 puts

out 390 horsepower and 410 foot-

pounds of torque. The supercharged

HSE. Fuel mileage is 13/18.

packages for the HSE.

RANGE

shut out, and it just feels good to throw this SUV into a sweeping offramp or backcountry curve.

The air suspension adjusts and balances all weight management and leaves no chance for unsealed tippiness. Even when pulling into an angled driveway, there is linle to no head-toss for passengers. That's an accomplishment for a truck with a 7,700-pound low rating

The handling is credited to the

Dynamic Response system of elec-

ironically controlled anti-sway bars

that stiffen up the vehicle in the cor-

ner, but fade imo the background off-

Ground effect spoilers (part of the

road for maximum articulation.

in the test truck, I was averaging 15.7 has a few inches less shoulder room. storage slots in each front door.

which weighs 5.764 pounds with all from doors are functional to help

the options, to 60 mph in 7.2 sec-keep the vehicle grounded at speed.

The driver has command seating. There are good sightlines out the The instrument panel has wellfrom, over the fenders and over the integrated features and intuitive shoulder. From and rear park sensors placement of controls. help greatly in tight spots. Put all that The navigation system has a usertogether and the 38-foot turning cirfriendly learning curve, and it's not cle makes the Sport handier in most necessary to page through the screen

One gripe involved the heared windshield at night. Its array of

F VOI

driving, especially in the rain, somewhat blurry.

build-in conveniences. The Sport's

broad center console (with some slim

shifter in manual mode and use the

SUVs are terrific for space to

urban situations than a large sedan. display to adjust audio or temperamiero-tiny heating elements made

Too hot? Reach for the fan knob. Wam the airflow away from your face? Well, look here, there's a dial right at hand. That's simplicity and sophistication to the man-machine interface And it's the beauty of designing amid the space of an SUV. Passengers in back get raised scaring. a headrest for all, a center armrest grab handles with coat hooks and reading lights, but no cup holders that could find.

The back seat easily flips and folds for eargo extension. The tailgate has a lift glass so you don't always have to helf the whole door, and this one's heavy enough that an automatic closer might be a readily purchased

Safety features include six air bags, including side-curtam air bags that run the length of the passenger contpartment, and dynamic stability conirol (to help maimam the intended direction after the driver has sent the Sport into a turn).

An electronic parking brake is one of the smartest ideas in the industry. A small switch on the center console sets the brake, which makes the footoumper and even the hand brake seem old-fashioned and a waste of

The Sport is built with an Old World vaulilike solidity that not even Mercedes does any more. That storage) allows room to work the robustness makes the truck feel as if it will last a lifetime.

The from sears have pull-down as a performance SUV, the nonarmrests on the inboard side that can supercharged HSE is only one-tenth onds, a full second quicker than the And they are not as easy to tear off be adjusted for angle. Too restrict of a second faster to 60 mph than on a woods road as you might expect. ing? Just push them up and out of the the full-size Rover HSE. And the h's painful pumping the premium The interior dimensions are close way and spread out. There are dual big, supercharged Rover is one-tenth

mpg, according to the onboard coin- From head and shoulder room are Wide door panels - leather-covered Mark Maynard is driving in cybergood, but leg room can be close for with wood frim - give two levels of space at

The high-octane runtble of the V-8 those taller than about 6 feet 3 inch- arm-resting comfort. The wood trim mark, may nard@uniontrib.com. irini pieces have an aircraft-quality www.copleynews.com.





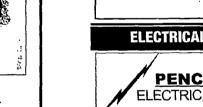
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