HE SHOOTS ...

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Notre Dame defeats St. Viator





SINCE 1957

Thursday February 23, 2006

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Lutheran General holds minority contracting fair for new tower project

BY TRACY YOSHIDA GRUEN STAFF WRITER

A minority contracting fair for the new bed tower project was held on Monday, Feb. 13 in the Olson Auditorium and Grainger Atrium of the Advocate Lutheran General Hospital. The goal of the event was to

provide minority and womenbased contractors and material suppliers with the opportunity to play a significant role in the construction of the hospital's new 192-bed, eight-story bed tower that is expected to open in early

Several minority and women business enterprises were invited to learn more

hospital officials, the project contractor (Power Construction) and major mechanical, electrical and plumbing subcontractors.

about the project and meet with

The project manager for the hospital's bed tower, Al Manshum, said that their goal is to obtain the highest percentage of minority and women-owned contractors they can to bid on portions of the project and successfully win the work.

"Promoting supplier diversity demonstrates commitment to Advocate's values that enhance our ability to serve an increasingly diverse community, cus-

> Story Continues.. see TOWER page 4.

Morton Grove prepares Capulina Right-of-Way defense

BY TRACY YOSHIDA GRUEN STAFF WRITER

rohnson and Bell of Chicago has been selected to serve J as special litigation counsel regarding the lawsuit filed by the Muslim Community Center.

This selection was publicly announced at the Village of Morton Grove board meeting on Monday, Feb. 20.

The lawsuit is over the ownership of the Capulina Right of —whether the MCC owns the property or the village does. The lawsuit was filed on Dec. 15, 2005 at 3:50 p.m.

"They're preparing response," said Morton Grove Mayor Richard Krier, about the village and its counsel. On

> Story Continues... see RIGHT-OF-WAY page 3.

Taste of Morton Grove set for Thursday, March 2

Get your taste buds ready.

The 18th annual Taste of Spring fund-raiser for the Morton Grove Foundation will be held on Thursday, March 2 at the White Eagle Banquets in Niles.

The Morton Grove Foundation distributes funds collected from this annual event to more than 30 local charitable organizations. Doors open at 5:30 p.m.

The Taste will feature cuisine from many fine restaurants in the area. The event will include raffles and a silent and live auction as

"There's so many people that do a lot of work for the taste," said Morton Grove Mayor Richard

> Story Continues... see MG TASTE page 2.

Renovation work begins on Niles Golf Mill OTB

Construction begins the same week as advisory referendum victory by residents in county court

s construction workers began the renwith an Off Track Betting facility, Bob Bilocerkowycz, president and CEO of Intertrack Partners, took time to share his thoughts on the big day with the Bugle Newspapers.

"To us, it's a rewarding day," said Bilocerkowycz. The day marked the beginning of the construction of their new Off Track Betting (OTB) facility in Niles, "Lucky MaGee's Racino Grill and Sports Bar" that will feature a 1936 theme.

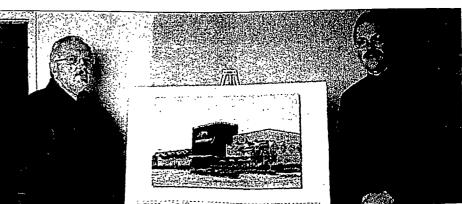
The facility will be a state of the art faciliovation process of the Circuit City

near Golf Mill that will be replaced ty for horse wagering, dining with friends and family, watching sporting events on multiple television screens and having a beer with friends in the outdoor area. The facility will include more than 200 high-definition DLP/LCD televisions.

Bilocerkowicz said that they have already been receiving many phone calls from people who are excited and asking when Lucky MaGees will open its doors.

Bilocerkowicz said that some people do Story Continues...

see NILES OTB page 4.



Roman Berko, left, future general manager of the Niles OTB poses with Inter-Track President Bob Bilocerkowycz and a rendering of the project.

Renovation began last week.

Morton Grove will get \$250K to repave Harlem

board meeting last Monday.

A resolution to authorize the Morton Grove village president to execute a "Local Agency Agreement for Federal Participation" with the Illinois Department of Transportation for the Harlem Ave. Local Area Pavement Preservation Project (LAPP) was approved at the village board meeting on Monday,

The agreement between the village and IDOT is necessary so

Krier, who is on the committee for

the taste. "It's a fun time. It's

Some of the organizations that

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THE BUGLE.

will benefit from the event are the

MG TASTE:

Event attracts

large crowds

CONTINUED FROM PAGE 1

always well-attended."

Council of Mayors.

"It's time to be resurfaced," said Andy Demonte, director of public works. "It's probably been about 20 years."

Harlem Ave. was identified as a federal aid eligible route that is in need of resurfacing in order to improve the driving surface, reduce maintenance costs and extend the useful life of the

The village applied and

Association, Adult Down Syndrome Center, First Step Foundation, Little City

Foundation, Maryville Academy, Morton Grove Park District, Leukemia Research Foundation, Community Nutrition Network, Friends of the Morton Grove Forest Preserves. Boy Scouts of America, NW Suburban Council

Morton Grove Tastes have totaled 847 470 5245.

Morton Grove will receive that the village can receive received STP funding through the about \$250,000 in federal funds Surface Transportation Program North Shore Council of Mayors to resurface Harlem Ave. after the (STP) funding that was pro- as a Local Area Pavement grammed by the North Shore Preservation Project.

The total estimated cost of the project is \$361,000; with the village share of that total being \$108,000 and the federal share of \$253,000.

Demonte said the department is working on the bid specifications at this time and he's not sure yet when the work will begin.

The engineering division will perform the implementation, administration and construction oversight as well.

Tumor more than \$300,000. The goal this year is to raise at least \$50,000 to benefit the charitable organiza-

> Krier said that the event attracts a large crowd. He said they used to hold it at the Chateau Ritz, but they had to move it to the White Eagle Banquets a few years ago because they outgrew the previous

For information on the event or The proceeds from the past for tickets call Ann Berrafato at **Niles Honorees**



On August 27, 2005, Officer Joe Romano responded to a robbery call in the area of the 8400 block of Dempster. Upon his arrival, the offender had fled on foot. A broadcast was made with the description of the offenders. Through Officer Romano's diligence, perseverance and patrol skills, the two offenders were apprehended. Officer Romano also recovered the proceeds of the robbery. At the January Board Meeting he was recognized for his perserverance and inves-

Pictured left to right are: Police Chief Dean Strzelecki, Officer Romano, Trustee Louella Preston and Mayor Nicholas B. Blase



On October 10, 2005, Detective Segeant Hunker led a team of detectives on a robbery call. After getting a description and direction of travel from a citizen, these officers took the two subjects into custody without incident.

Through their investigative skills, this team put together a case against these offenders that cleared four purse snatching robberies that were committed over a six-day period. Many of the proceeds from the robberies were recovered and returned. These officers were recognized at the January Board meeting for their investigative skills, officer safety skills and knowledge.

Pictured left to right are: Police Chief Dean Strzelecki, Mayor Nick Blase, Detective Sergeant Huinker, Detective Tom Fragassi, Detective Alexopoulous and Trustee Bob Callero.

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On October 10, 2005, Nicholas Hatzopoulos observed an offender/s chicle that was involved in a purse snatching related incident leaving the parking lot of Costco. He located the vehicle and informed the 9--1 Center of the license plate number and the direction of travel. Mr. Hatzopoulos's observation and initiative to get involved led to the arrest and prosecution of the offenders. Citizens like Mr. Hatzopoulos make the job of law enforcement much easier and the village of Niles and the Niles Police Department commended him at the

Pictured left to right are: Police Chief Dean Strzelecki, Night Istzopoulos, Mayor Nick Blase and Trustee Tom Bondi

THURSDAY FEBRUARY 23, 2006

NEWS

MG Trustee Kogstad still wants answers on Osco Outlot

Kogstad to schedule an appoint-

ment to go over her personal Osco

contract documents. She said vil-

lage records are also available in

William Luksha, a real estate

the village administrator's office.

purchased the property for

\$900,000 (about \$40.90 per sq.

comparable prices of other similar

commercial properties, the asking

price should have been about

Luksha said that 10 blocks east

\$1,980,000 or \$90 per sq. ft.

According to Luksha, based on

favorable deal.

BY TRACY YOSHIDA GRUEN STAFF WRITER

orton Grove Trustee Roy Kogstad wants answers and Corporation Counsel Terry Liston said she's offered them, but has not received a

The subject at hand: Liston's purchase of the Osco outlot on Dempster and the question of whether she received a favorable deal because of her position with the village, creating a conflict of

Kogstad said that he has asked Liston, at least three times, for records, but has never received records or answers to his ques-

Liston said that once, Kogstad came into her office to talk to her and before she got off the phone,

Monday, Feb 20, Terry Liston,

corporate counsel for the

Village of Morton Grove, told

the Bugle Newspapers that she

RIGHT-OF-WAY:

CONTINUED FROM PAGE 1

"Now's she's threatening me," said Kogstad. He said that Liston has threatened to sue him. Kogstad feels the public has the right to know about the issue and that it is his responsibility as a village trustee to make sure they do.

"I've never threatened a lawsuit," said Liston.

In a memo from Liston to Kogstad, dated Dec. 19, Liston wrote, "I value my integrity and will take any action necessary to protect it. Your continued accusations will damage my reputation and ultimately harm my capacity to earn a living resulting in the inability to support my family."

In the same memo, she said that she received Kogstad's email requesting copies of private sales agreements relating to the Osco outlot purchase and village of the subject property, an aging records. She extends an offer for

strip mall for retail and business

The lawsuit is over the ownership of the Capulina Right of believes the MCC will be vic-Way——whether the MCC owns the property or the village does. The lawsuit was filed on

"For well over two years, believes an answer and a count- we've been asking them to er claim will be filed tomorrow show us documentation," said

to the mediation agreement.

Dec. 15, 2005 at 3:50 p.m.

documentation to show that they own the property. He

torious. "The Chicago Title Company is responsible to defend our said Mohammed Kaisuruddin.

The village had 40 years from 1963 to file an objection (Tuesday, Feb. 21). She says Yasir Aleemuddin, the general or to make a claim that they the counter claim says that the counsel for the MCC. He said owned the property, according Lawyer magazine placing three treated as village-owned right parties involved should live up the village has never provided to Aleemuddin. He said the Johnson and Bell lawyers on a of way.

million or \$92.59 per sq. ft. Another example he gave is that at 9003 N. Waukegan Rd. in Morton Grove, the property is

agent and village resident, Liston said for a while, she didbelieves that Liston did receive a explained, "I finally got to the Luksha said that Susan Mertz, Albertson's Real Estate manager point where I respect the elected said the "asking price" was \$1.1 dents, but after awhile I had to million (about \$50 per sq. ft). Corporate Counsel said that she protect myself.'

Kogstad said another concern ture improvements. He said that lage, as the originally plan pro-

Kogstad said that he also talked to Mayor Richard Krier about the

deed is in the MCC's name.

Johnson and Bell started in

1975 with a handful of lawyers

and has grown into a firm with

100-attorney firm. It has

offices in Chicago, Waukegan,

Illinois and Highland, Indiana.

Bell website, their strong expe-

rience and reputation can be

According to the Johnson and

condo, has an asking price of \$2.5 situation and he said he's received "silence" from the mayor. Krier said that sometimes

Kogstad will bring up an issue, but has no facts to back it up. He asking for \$1.5 million or \$80 per also mentioned that, like he said at the board meeting on Monday, Feb. 20, some residents like to n't say anything, but she approach the board and bring up personal topics or matters that do not relate to the Village of Morton officials and I respect the resi- Grove, or play the "Gotcha game." For example, at Monday's meeting, a couple of residents were concerned about Trustee of his is that the village is repay- Dan DiMaria being knocked off ing Osco \$250,000 for infrastruc- the ballot due to the irregularity of now Liston will benefit from this that what DiMaria did was wrong, as well, and her law office doesn't and that he deserved to be bring any retail/sales into the vil- knocked off the ballot, but he also said that doesn't mean he isn't a good village trustee, like some people may assume.

"It's just not right," said Krier.

list of its top 20 tort defense lawyers in Chicago.

"We gave them some extension," said Aleemuddin, regarding the village's response time from the time the lawsuit

In an e-mail, Terry Liston wrote: The subdivision plat was revealed through Chicago the parcel has always been

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NEWS

NILES OTB: Company plans job fairs

CONTINUED FROM PAGE 1

not realize that the OTB is definitely coming to Niles. He said that the issue of the non-binding referendum question to see whether residents want an OTB in Niles doesn't affect their plans to build the

While pointing at a floor plan for the OTB site, Bilocerkowycz explained that the first phase of the project will include 17,268 sq ft. The first phase will include a bar area with 117 seats and a dining area with 100 seats. The seats will be comfortable leather seats, similar to those you'd find in the firstclass section of an airplane.

Bilocerkowycz said that he wants to see what are the most popular areas of the first phase, in order to determine what they will add during the second phase. He said the second phase may include banquet space, more private rooms and possibly another bar area. The drive thru wagering window will be open five days a year, for big

According to Inter-Track Partners, the Village of Niles will

Bilocerkowycz said that some residents of Morton Grove wish that

County vehicle sticker violators targeted the village would have welcomed the OTB and may be frustrated because Niles, its next-door neighbor in new Maine Township effort bor, will receive the revenue.

for Lucky MaGees to find "enthuin how they are allowed to enforce siastic and highly motivated" the law and go after those who fail employees. Corporate staff will to purchase stickers. review applications and interview candidates on March 7 and March registered in unincorporated Maine 8 and then again on March 14 and Township may not have current

March 7 and March 14 are According to Robert Provenzano, reserved exclusively for Niles resi- the are open to the general public.

operators of 14 OTB facilities.

Morgan Dubiel, leading a group week said that the renovation was out stickers can be up to three

"This is just more smoke and JOB FAIR: mirrors by an outsider who can say anything and has," Dubiel said.
"We've seen nothing real, a cleanup crew is not a fully approved per-

Dubiel said he believed the \$400,000 to \$600,000 annually" as a result of the new time move was calculated to make voters believe the OTB was a done job fair

"This is a better location," said Maine Township will soon see Bilocerkowycz, about the Niles more stringent enforcement of site, who said it's more visible than Cook County vehicle stickers by the site they were looking at in Sheriff's Police Officers. A county ordinance passed in December A job fair will be held in order gives more powers to the officers

As many as half of the vehicles Cook County vehicle stickers.

dents and March 8 and March 15 Commissioner, shortcomings in the 2006 county budget and pres-The grand opening is anticipated sure from his office have prompted to take place at the end of June or a crackdown on vehicle owners early July, 2006. Inter-Track without stickers as a potentially Partners, L.L.C. are owners and vital source of revenue for both the

"Not only is the revenue from of residents who won a bid for a sticker sales beneficial, but also referendum on the facility last new fines for those stopped withtimes the cost of purchasing

Compounded by complaints from Cook County Sheriff's Police Officers who had the foresight to address this problem. Provenzano began writing letters to Cook County Commissioners in August 2005. This effort led to new county laws which passed in December.

According to James McGing, Director Intergovernmental Affairs for the Cook County Sheriff's Office, the Sheriff tried to get the laws changed as far back as 1997. McGing was instrumental in the effort on behalf of the Sheriff. McGing said, the new county

ordinance was accomplished with the valued leadership and assistance of Cook County Sheriff Michael Sheahan, County Commissioner Elizabeth Ann Doody Gorman (17th District) and Commissioner Larry Suffredin (13th District). This program will help the county and the township

\$800,000 in revenue collected by Des Plaines from its pursuit of sticker violators. He added the Des Plaines effort is an excellent indication of the amount of revenue that can be generated from better enforcement and stronger fines.

"This ordinance is intended to halt those that want to 'beat the system,' and to benefit law-abiding residents who will be positively affected by the revenue generat-

At this time, there are up to 90,000 county stickers that should be renewed annually, but hardly half of that number are being

Vehicle stickers can be purchased for \$40 at the Township Ridge. The cost doubles if not purchased by the due date. Stickers must be displayed by July 1. For

General holds

tomer and associate base," emphasized Manshum, in a recent press

In addition to a networking opportunity, the contractors also a state of the art-cancer and bone heard a presentation about the project, construction schedule, the bidding process and the Advocate's minority contracting There will also be a 28-room

The bed tower, which will open in early 2009, will have two stories devoted to the advanced care of critically ill adults and children. marrow transplant unit, neuorology/stroke patients, and general surgical and medical patients.

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More residents can qualify for Morton Grove Solid Waste hardship program

NEWS

BY TRACY YOSHIDA GRUEN STAFF WRITER

THE BUCLE

A resolution to modify the village of Morton Grove's Solid Waste Financial Assistance Program so that more residents with financial hardships can qualify for the program was approved at the village board meeting on Monday, Feb. 20but not without some discus-

The Solid Waste Financial Assistance Program provides financial assistance to low income and necdy residents for the payment of the solid waste collection fees that are charged by Groot. The original program was established in April of 2004. In January, 2006, Mayor Richard Krier created an Ad Hoc Committee to review the program and the committee recommended making the income qualification standards for the program less restrictive.

The village will now pay 100% of the solid waste collection fee for residents whose annual household income is under 150% of the Federal Level Annual Poverty Household Income. The village will also pay 75% of the solid waste collection fee for residents whose annual household income is between 151% and 200% of the Federal Poverty Annual Household Income. For the calendar year 2006, \$50,000 has been budgeted for the program.

"In my mind, it's a pretty simple process," said Jackie Walker O'Keefe, family and senior services director for the village. She said applicants need to fill out a one-page application and

monthly income.

A resident, Slierwin Dubren. approached the village board, expressing his concerns with the

"I was kind of disappointed in final outcome," said Dubren. "The process is too complex." He said the process should be as simple as possible, especially since many of the applicants may be senior citizens. In particular, he didn't think it was necessary for applicants to meet with the village social worker at village hall. O'Keefe said that instead of meeting in person, participants can opt to call her if they have any questions about the pro-

O'Keefe said that some people questioned whether the program was "too intrusive."

Trustee Brunner said that program is not any more complex or intrusive than those of other villages/townships. O'Keefe believes the program is less intrusive and less complex than other villages' programs.

Brunner believes it is the village's responsibility to make sure that the financial assistance goes to the residents who truly need the help.

Trustee Roy Kogstad asked for an amendment to postpone the vote on the program, because he said he didn't get the opportunity to review the forms and the process.

The board approved the resolution at the Feb. 20 meeting.

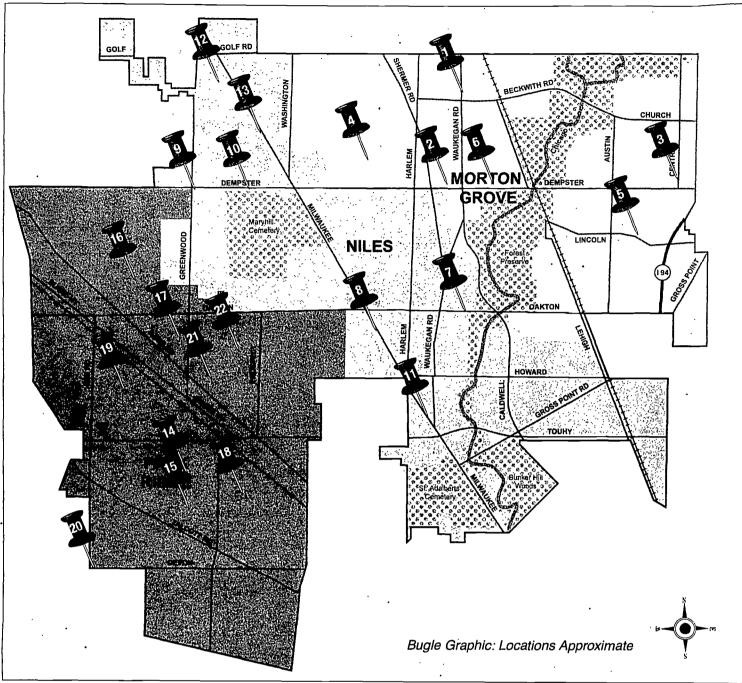
Applications are currently being taken for this program. Assistance is also provided, on a case by case basis, for those residents who have suffered a short term catastrophic event.



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MORTON GROVE

The following was derived Department for the week ending story and let the trio free with Friday, Feb. 17.

No Gas Pay Driver Caught

(9500 Waukegan) A Blue Jaguar drove off with-

out paying for \$18.50 in gasoline last week. The license plate was traced to a Des Plaines residence. Police called the home and the gas was paid for.

Dog bites face (8800 Sayre)

A retired man, 65, was standapproached. The dog was on a Feb. 11. leach but still lunged at the man, knocked him down and bit him on the chin and left cheek.

Stolen car not stolen (5600 Dempster)

A police officer made a traffic

stop Feb. 13 and the vehicle was listed as stolen There were three women inside the car. They said the car had been stolen but recovered. Police confirmed the

4 (8900 Osceola)

A woman, 51, lost her Italian

(5800 Lincoln)

A home caught fire Feb. 13. The fire was caused by cooking in the kitchen.

Graffiti (8900 Oak Park)

ing in front of his home Feb. 14. A stop sign had an upside the items is about \$1,900. A man walking a pit terrior down pitchfork sprayed on it

NILES

The following was derived from the official reports of the Niles Police Department for the Feb. 16. week ending Monday, Feb. 20.

7 Car wash fire (Niles Civic Center)

A blaze broke out Monday,

Feb. 13 at 7:30:p.m. at the Niles Dirt Buster Auto Wash. Rags caught on the dryer caused the fire. There was no damage to the structure as the fire department

8 12 syringes (7900 Milwaukee)

put out the flames.

A 22-year-old male nurse was arrested for illegal possession of 12 hypodermic syringes Feb. 17.

9 Laser Theft (8600 Dempster)

A laser, concrete saw and two hammer drills were stolen from a truck Feb. 16. The total cost of

Coffee crime (9000 Golf) Coffee crime

A man between the ages of 30 and 40 wearing a black jacket and blue jeans stole two cans of instant coffee at a grocery store

Purse stolen at bowling alley

The snack bar manager of a cowling alley had her purse (Devon and Dee) bowling alley had her purse

A 45-year-old from Evanston was arrested Feb. 12 for stealing

Damaging city vehicle

700 N. Prospect) a pair of shoes from Sears and walking out of the store. When approached by security outside the store, the man allegedly pushed the guard, bit him, yelled that he had AIDS and then drove

Hair salon window cracked

(9000 Courtland)

The rear window of a hair salon was discovered cracked Feb. 14.

PARK RIDGE

The following was derived from the official reports of the Park Ridge Police Department

for the week ending Monday.

Student brought pellet gun to school

(200 S. Lincoln)

School officials handled a situation Tuesday, Feb. 7 when a boy brought a pellet gun to

Brick throw (300 Clifton)

A brick was thrown through the window of a 2003 Chevy parked on the street Feb. 11.

Radar detector taken from BMW

(1700 Walnut)

The window of a 2002 BMW was smashed and a \$400 radar detector was taken Feb. 11.

Radar detector stolen (300 Kathleen)

The window of a 2004 Ford Mustang was broken and a \$200 radar detector was taken Feb.

Damage to vehicle arrest (200 S. Vine)

A 58-year-old was arrested in Chicago for criminal damage to vehicles and identified in a police lineup.

Illegal possession of a firearm

(400 Seminary)

A 40-year-old was arrested Feb. 10 for illegal possession of

A man, 24, of Chicago was arrested Feb. 10 for speeding without insurance or a drivers license and resisting arrest.

(700 N. Prospect)

A 17-year-old was involved in an altercation Feb. 13 and arrested for disorderly conduct, battery and criminal damage to a city vehicle. He was issued a \$5,000 bond and given a Feb. 21 court date.

Driving Doughnuts (1300 Peterson)

An unknown person drove a vehicle across a front lawn in the 1300 block of W. Peterson over the weekend. The house's sewer clean-out pipe was broken in the

All information printed in the

'Police Blotters' is obtained from written reports of the respective police departments.

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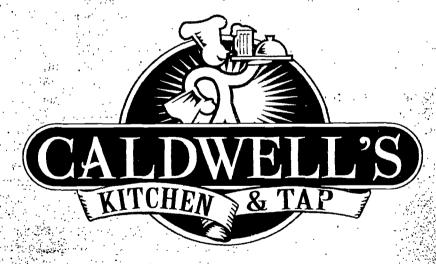
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COMMENTARY

Letters to the Editor

Upset by Niles referendum policy

Dear Editor,

ls it not true that the debate of issues ensures democracy to work at its best? Is our government not meant to have the checks and balances that a debate commands? As citizens do we not elect officials at the local, state and federal levels to debate and vote on issues that will govern the people? Do we, as registered voters, not determine the fate of candidates to continue the debate or vote for either side of a referendum when issues of importance are on the ballot? Without debate, our country would not be a democ-

I have been a very happy resident of Niles for almost thirty years. I find it ludicrous that in Niles, a city "where people count", the people can not be heard or counted because our mayor is "not a referendum kind of guy." Why has our local government ignored the legal procedures and statutes for viable petitions supporting a non-binding referendum? Why does a non-binding referendum that gives residents a voice threaten our mayor? Why is our local government now willing to spend our tax dollars to fight Niles residents over these viable

racy but rather a dictatorship.

I find this approach or lack there of for the debate contemptible. Niles residents must ask, "Why is our Mayor afraid of the debate?" or is it democra- of crime as the size of our police

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Elaine Merkel, Niles

Alderman speaks on our police facility? What Park Ridge Police rity can our citizens expect to **Station**

To the taxpayers of Park Ridge:

In 2001 Fred Moyer of Moyer Associates Inc., an architectural firm specializing in the design and construction of new police facilities, completed his "needs assessment study" for our police department. Three years later, in April of 2004, the City explored the purchase of a 15,000 SF building at 515 Busse Hwy. for a new police station before abandoning that effort in the face of media scrutiny about the propriety of the purchase.

effectively ignoring the issue, the City Councils Public Safety Committee - chaired by Ald. Mark Anderson - is finally addressing the matter of our police department's facility deficiencies; and it is my hope that the Committees efforts will focus on providing the kind of facility that meets our community's needs and warrants all the money the taxpayers will have to pay for it.

Fortunately, after five years of

To be successful, however, that process must first challenge Mr. Moyer's conclusion that our police department absolutely "needs" 40,000 to 46,000 SF of building space in order to properly conduct police business. As Ald. Don Crampton noted, our police department seems to bc delivering very good service to the community from its current 8,000 SF facility, so is an extra 32,000 SF of space a true "need" or merely a "want"? Can our community expect a corresponding reduction in rates facility increases? Is our community not being provided with the proper level of protection

Office 2003

because of the current size of greater level of safety and secuget when they pay for an extra 32,000 SF of space for our police department?

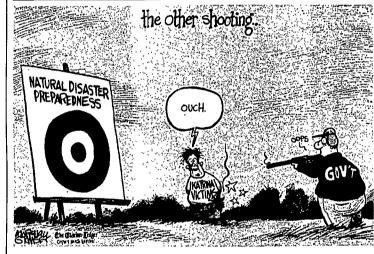
Mr. Moyer's recent presentation at the Public Safety Committee of the Whole mecting did nothing to answer those questions. Instead, we were walked through Moyer's 18-step model for designing and building a new police facility – a model that he devised for the International Association of Chiefs of Police. Although it was an entertaining presentation, it was devoid of any actual measurable standards. Those in attendance were not shown what police facility standards are considered good, better or best.

Among the uses for the extra 32,000 SF proposed by Moyer is the departments own 5,000 SF private firing range and a workout room. Of course our officers need and deserve proper firearms training and workout opportunities: Not only the performance of their duties, but their very lives (and our lives as well) may depend on their physical conditioning and firearm expertise. But is on-site training necessary or merely convenient, especially when many of our police officers do not live in Park Ridge and may have available training and workout facilities closer to their homes that could be made available to them

meeting them." Unfortunately, explained why future personnel it is impossible to agree or dis-projections in the Moyer study, agree with her because nobody for the next 20 years, do not

Other Views





Cartoons From Copley News Service

has as yet presented the Council the Park Ridge Recreation and explained why individual ference rooms, or why nearly modating those ranks. As reported, Ald. Kim Jones every private supervisory office

Mel Diaz

CHICAGO

4752 W PETERSON

diazmel@allstate.com

include increased numbers of intergovernmental with any standards for police patrol officers. Nobody has agreements? Could the City stations other than Mr. Moyer's explained what the standard work out an arrangement with IACP model. Nobody has staffing levels of sworn officers should be for a community of Park District for the officers to departments within our police our size, and what the facility use the Community Center fit- function "need" their own con- space standards are for accom-

So what the City Council is said: "There are standards we "needs" its own in-office confer- cssentially being asked to do is need to meet and we're not ence space. Nobody has to simply conclude that bigger is

More Letters..

HIOTHANNE GUID

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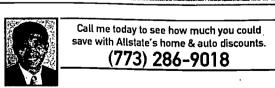
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EPINEUENIES

Allstate.

Business

Yes, you can leave stuff to Rover, but not via a will



whether I want to or not - at Imy local dog park.

Once the kids are out the door, Minerva, our golden retriever, knows that it's her turn to chase tennis balls, wrestle with her pals and, if she'd like, hunt

The canine park regulars that Minerva hangs with might not be as indulged as Paris Hilton's teacup Chihuahua, but they are a lucky bunch. One owner scrambles eggs for her Siberian husky to open up a checking account every day. A hairstylist brings or monitor its investments brushes to fluff the fur of any online. dog that sidles up to her. Many of the pooches enjoying the sunshine had been liberated from stack of certificate of deposits to

But what happens, one park regular wondered the other day, if a dog loses its owner? It's a auestion worth exploring because tens of millions of dogs and cats belong to somebody. The sad fact is that every year, more than 500,000 dogs and cats are euthanized at shelters in this country because their owners

In the media, you will occasionally hear or read about extravagant examples of postmortem pet indulgences. Dusty Springfield, the singer, allegedly left behind instructions that her cat's bed be lined with her nightgown and her recordings played at the feline's bedtime.

Doris Duke, the tobacco heiress whose ancestors started Duke University, left six figures to her dog. And the actress who played Lovey Howell on Gilligan's Island apparently instructed that her fortune be given to her pooches.

But what, realistically, can typical pet lovers do to ensure that their rambunctious Labrador mix or furry Siamese princess doesn't get dumped at the nearest shelter if tragedy strikes?

What you shouldn't do is leave money or property to a pet in a will, advises Mary Randolph, an attorney and the author of "Every Dog's Legal Guide: A Must-Have Book for Your Owner, 5th edition" (Nolo, 2005). Randolph recalls a case of a California woman who split all her possessions between her dog Roxy and a close friend.

The woman's niece essentially argued that Roxy couldn't inherit a Milk-Bone, much less a bank account, and the California Supreme Court agreed with her. The niece received half the estate, even though her aunt had specifically stipulated that she didn't want her relative getting her paws on the money.

What worked against Roxy was what some might consider an irritating legality: a pet is a piece of property. And one piece of property can't inherit another. Try imagining a Honda Accord inheriting a diamond engagement ring. As a practical matter, you also couldn't expect a standard poodle who inherits money

When someone does leave IBM stock, municipal bonds or a a pet via a will, the well-mean-

> Story Continues.. see MONEY next page.

PHORTHWEST

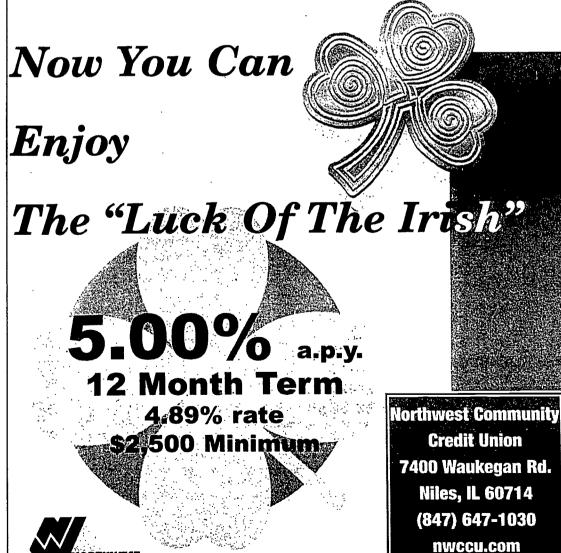
Niles Chamber of Commerce & Industry News, Events & Updates

NEW Job Position Open - Membership Services Coordinator

The Niles Chamber of Commerce seeks a part-time energetic professional to market chamber benefits to prospective, new and current members through personal visits, phone calls, and networking functions. Must possess computer skills (Word/Excel). Should be outgoing and well-spoken, possess a personality conducive for public relations, strong work ethic and like interacting with people. College degree and 3-5 years experience preferred. Please send resumes to the Niles Chamber of Commerce, 8060 W. Oakton St. Niles IL 60714 or fax (847) 268-8186 or email to katie@nileschamber.com

Niles Night of Roses - A Tribute to Home Grown Success Nomination Forms DUE: February 24

We are seeking those that make Niles a Place Where People Count! Think of that individual who is always ready to lend a hand, they make things happen and motivate others to get involved. Complete our official Night of Roses nomination form (available at the Chamber office) and return to the Niles Chamber office by February 24. Recipients will be announced March 15th. All awards will be given at the Niles Night of Roses - A Tribute to Home Grown Success Community Recognition Dinner on Saturday, April 22, 2006.



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BUSINESS

Taking Stock

Teacher's retirement plan flunks out

this (and many do), just set up a

self-directed 403(b) at a brokerage

firm and have your money trans-

ferred directly to the brokerage to

There is one caveat. The insur-

ance company that peddles those

pathetic annuities has some seri-

ously high charges if the annuity is

surrendered prior to their holding

period. However, in many

the surrender penalty because of

certain poor future returns. If that

insurance company insists on a

severe surrender charge please

write me. I will gladly ask a friend

to call them who will suggest that

fer your assets without a surrender

charge. Meanwhile the county will

still be making annual contribu-

tions to the original 403(b) plan so

he may be transferring additional

assets periodically, subject to the

Finally, I noted that your son

has a \$125,000 term insurance

policy with that insurer. The \$155

monthly premiums are affront to

my sense of decency and fair play.

Have your boy cancel that crimi-

rules of his current plan.

instances it could worth paying

avoid paying taxes on the transfer.

Dear Mr. Berko: My son has been a schoolteacher in the same school since 1981. He particinates in the county's (the school system is part of the county so he is employed by the county) 403(b) retirement plan, which is the pension plan. So ... did you the sorriest retirement plan I've know that the annuities owned by ever seen. In the 25 years he has been employed by the county, we guess that he has invested about \$108,000, which includes the money contributed by the county. And today that 403(b) is worth exactly (he just got his annual statements) \$130,764.12. insurance company. And I would-This is a shocking and this is also very poor performance. We have enclosed a copy of this statement for your review. Please don't mention the name of the county or even the state because anything negative you would say (and I think you will have very bad things to say) might reflect poorly on him and his family and hurt his relationship with school. Please look this over this and tell us what to do. His wife works for a private company and makes 70 percent of what my son earns but her pension plan is worth more than his after her 22 years of work- (and this is an intentionally

MONEY:

Leaving something for Rover

CONTINUED FROM PREVIOUS PAGE

ing move will backfire. The assets often end up with whoever is designated as the will's "residuary beneficiary." That refers to the person who gets if your original choice ultimate- ocable living trust, even if the

to others in the document. There are other ways, howev-

Kankakee, Ill.

Dear D.E.: In many school sys-

tems the school board and the

teachers union may be in cahoots

with the insurance salesman who

provides the annuity products for

your son have a 12 percent sales

charge plus a 2.75 percent annual

expense and management fee? I'm

sure that neither your son nor his

colleagues know this. Frankly, I

wouldn't buy a No. 2 pencil from

that conniving and scurrilous

n't be astonished, amazed or

astounded if school board mem-

bers and the teachers union offi-

cers shared that commission

man who sold that sicko annuity

County politics, especially in

your son's state, is as crooked,

deccitful and double-dealing as

national politics. But there is a

solution. Employees of nonprofit

organizations (that includes teach-

ers) can transfer from an employ-

cr's 403(b) retirement plans to a

self-directed 403(b). In 1990, the

Internal Revenue Service ruled

plan to the county.

largess with the insurance sales- they permit your son to his trans-

obscure ruling) that a transfer of nally overpriced policy and ring

all or part of a 403(b) to a self- an insurance agency in his town

er, that pet lovers can care for their animals after their own deaths. The most simple way is to ask someone you trust if he or she would adopt your orphaned dog. If a friend or relative agrees, you could make your decision more official by including it in your will.

want to include a backup person

in the pot to sweeten the deal.

animal, hopefully you can trust them with the money as well," In either case, you might also Randolph says. It's best to leave the money through a will or rev-

or simply can't do it.

Because you are saddling a would-be guardian with a big responsibility - imagine someone else putting up with your dog's love of chair legs - ideally you should throw some money

"If you trust them with the

the cash. "A dog who arrives in 1990 and said, "Why not?" with a full dinner dish is likely to be more welcome than one

directed 403(b) is not treated as a for a quote. I believe that he can Box 1416, Boca Raton, FL 33429

ance (if he can pass a physical) for

Please address your financial

questions to Malcolm Berko, P.O. www.copleynews.com.

The Morton Grove Chamber of Commerce & Industry

installs their Board of Directors. (Left to right)Executive

Director-Suzanne Archer; Directors-Ron Lundin, Debra

Sloan, Mary Lynch, Jocelyn Ochonicki, Bea Lipski, Dale

Ashcraft, Christina Marino, Gail Kachoyeanos, Frank

Grimaldi, Teresa Hoffman Liston, Deborah Gallas, Nicholas,

Marino, Leonard Dempster, Mark Collins, Albron Hana,

Steve Gutekanst, Matt Michell, and Margaret Hagerty are

installed by Cook County Commissioner, Larry Suffredin.

(not pictured- George Karagozian and Enzo Sinopoli.)

New Board installed

taxable event. If your plan permits buy the same amount of life insur- or e-mail him at malber@adel-

less than \$25 a month.

who is on the dole." Establishing a pet trust is another alternative.

If someone had walked into a probate court with a pet trust not all that long ago, he or she would have been laughed out of the building. But the National Conference of Commissioners on Uniform State Laws, which provides model laws for states, everything not specifically left ly wiggles out of the obligation pet's new owner doesn't need examined the issue of pet trusts

> As a precaution, pet owners should also carry an animal card in their wallets. On the slip of paper, write the pet's name, its location, the veterinarian, spe-

lifetime care for pets.

animal requires medicine) and the contact information of someone who could care for the animal at least temporarily if you become incapacitated. Lynn O'Shaughnessy is the

cial care instructions (e.g., the

Today at least 30 states,

including California, New York,

Florida, Texas and Michigan,

With one of these trusts, you

leave money or property for the

pet and designate someone else,

called a trustee, to manage and

spend it. Most people aren't

going to need one, but those

who are interested should visit

the Wcb site of 2nd Chance 4

Pets, which is a nonprofit in Los

Gatos, Calif., which works to

protect pet orphans and promote

allow them.

author of "The Retirement Bible" and "The Investing Bible." She can be reached at LynnOShaughnessy@cox.net.

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THE BUGLE

Of all the retirement communi-

ties Elizabeth toured, none

seemed quite right for her. Some

locations were inconvenient and.

isolating. In other cases, she did-

n't feel comfortable with the

thought the housing was just

located in beautiful Park Ridge at

Elizabeth knows she made the

right choice. Her family lives just

a few miles away, and they visit

often. Summit Square is within

walking distance from churches,

banks, shops, and medical facili-

ties. The staff is not only skilled and experienced—they really

care about the residents. She

enjoys three home-cooked meals

a day, a spacious and comfortable

apartment, and daily housekeep-

fun. The activities program is res-

ident-directed. And because resi-

dents' interests are so varied,

there's always something hap-

pening at Summit Square. Like

Elizabeth you too can learn a

craft, join lively group discus-

sions. participate in a book club,

get. some exercise, or dance to

around the corner, everyone is

looking forward to IRISHFEST

on March 17. Open to the public

for just \$5 per person, IRISH-FEST includes a corned-beef-

and-cabbage dinner, followed by

entertainment from the award-

winning Mullane Irish Dancers.

Visitors are welcome to tour

Summit Square either before or

Also coming up is the Summit

Square Music Series. The series

is open to the public and features

music historians Jack Diamond

and Jim Kendros, who trace the

lives of gifted artists and play

their music. On March 10, Jack

Diamond features the popular

songs of Eydie Gorme. On April

12, Jim Kendros explores

With St. Patrick's Day just

To top it all off, she's having

Now, after living at Summit

plain unaffordable.

10 North Summit.

ing service.

big-band music.

after the festivities.

HAVE YOU HEARD



staff. At most communities, she ments are served during all three

But after much searching and Summit Square itself. Elizabeth

frustration, Elizabeth found the and her neighbors like to get out

perfect place right in her own for trips to places like Lake

back yard—Summit Square Geneva, Arlington Park race

Square for the past two years, Broadway productions. They

genius composer Wolfgang

Mozart. And on April 14, Summit

Square steps up the pace with a

look at The King—Elvis Presley.

Admission is free and refresh-

shows. They go to the theatre—

Lincolnshire—to see wonderful

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312 603 0906

The state of the s

Drury Lane and Marriott

shop and have lunch in Long squareretirement.com.

The action isn't limited to the

Sweetheart Competition

On Sunday, February 12. stop at Niles Park District

Other officers elected for 2006 include Adrian A. Bianco, M.D., Vice President; Victor P. Mokarry, M.D., Secretary; Edwin Summit Square Meets the Retirement and Assisted Living Needs of Seniors J. Adamski, M.D., Treasurer; and Peter D. Kerstan, M.D., Medical Leopold Mozart-father of Grove, taste wine in Roselle, and Staff Representative. William C. enjoy nature at its finest while Davison, M.D., is the Immediate Past President. Dr. Sullivan is board certified in

for 2006-2007.

medical staff officers for 2006

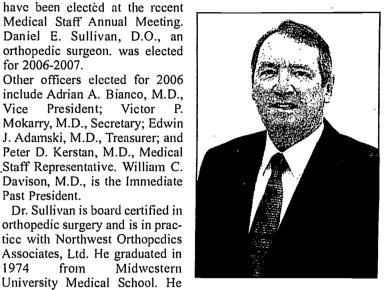
orthopedic surgery and is in practice with Northwest Orthopedics Associates, Ltd. He graduated in 1974 from Midwestern University Medical School. He was in active duty with the U.S. Army from 1974-1980 and held the rank of major. He completed his residency at Tripler Army Medical Center, Hawaii in 1978 and completed his fellowship at Northwestern University Medical

Resurrection Medical Center School in 1983. Dr. Sullivan joined the medical

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MEDICAL STAFF OFFICERS

ELECTED FOR 2006



staff at Resurrection Medical Center in 1983 and has served in various roles on the Medical Executive Committee for more than eight years prior to being elected medical staff President.

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50 fragrances)

Blagojevich Views

Governor Rod Blagojevich made IccLand Icc Arena to view the Sweetheart Open Skating Competition. Pictured left to right are Gov. Blagojevich, and skaters Nina Potempa, Joanne McCluskey, Alina Barnas, and Christina Godziezewski.

call Summit Square at (847) 825-

1161, or go to www.summit-

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contact your local election authority.

February 27 and March 16.

before the March 21, 2006 primary election

touring the Chicago Botanical Garden and Morton Arboretum. They even go to the Earth and Space Museum at Triton College and the I-Max theatre. This is just a sampling of the activities and amenities Summit Square offers to Elizabeth and nearly 200 other residents. So, come and take a tour of Summit Square and talk to the residents Retirement and Assisted Living, track, and The Lipizaner horse and staff. You'll see why Summit Square is such a great place to call home. For more information,

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NEWS

NEWS

Celebrating Clifford's Birthday



In anticipation of Clifford the Big Red Dog's birthday, February 15, children attending the Morton Grove Public Library's Tuesday morning Listen Up! story time listened to Clifford stories, made their own Clifford ears and noses, and played Clifford matching games.

42nd Notre Dame Mardi Gras to Benefit Holy Cross Schools, Missions

Traditionally, Mardi Gras, or 2006, will benefit the missions in tickets will be sold at \$1 apiece. Christians indulge in selfish fun denial before Easter. For 42 years, Katrina. Notre Dame High School in Niles has held its Mardi Gras fundraiser as an unselfish way to benefit Holy Cross Missions throughout the year. Proceeds from this year's cel- Italian dinner; and the Hungry-I ebration on Tuesday, February 28, Variety Show. Additionally, raffle 847.779.8617.

to the public, will run from 4:30-10 pm. The merriment includes: the Niles, Illinois. renowned Mardi Gras Carnival; an

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"Fat Tuesday," is the day when Uganda and Bangladesh, as well as They can be purchased beforehand the Holy Cross schools in New through any Notre Dame student prior Lent, the 40 days of self. Orleans affected by Hurricane and on the night of February 28th. A grand prize of \$500 will be The festivities, which are open awarded. Notre Dame is located at 7655 West Dempster Street in

> For more information, please contact Ann Mommsen at

Local scouts complete projects

BY TRACY YOSHIDA GRUEN STAFF WRITER

A few members of the Nilcs Scouting troop successfully com- are difficult to find where they are pleted their community scrvice projects to obtain the highest rank and become an Eagle.

Chris Langlo, Dan Wicchec, Barbie Galassi, Jim Seggeling and Matthew Gianakopoulos are five individuals, all about 17 years old, who have been involved in community service projects.

"I'm very happy and very proud of the individuals," said Robert

Langlo has completed a food drive in late November and carly December in order to provide nonperishable food items to the Nilcs Food Pantry. Even after his project, Robert Galassi, said that Langlo still continued to collect food items.

Wiechec ran a special collection drive to help support the military Galassi troops overseas. He has been colfor granted, such as chewing gum, port.

magazines, moist wipes, Kleenex, chapstick and greeting cards so they can write cards to their family and friends in the states. Galassi said some of those type of items

Barbie Galassi, Robert's daughter, has been assisting Dan in this collection drive by soliciting monetary donations for shipment of the collected items. This is part of her Gold (Highest award) for Girl Scouts.

Seggeling is currently holding a clothing drive that includes winter clothes in order to make sure people in need are kept warm during the cold months. People can make donations and he will pick up the items from people's home. Jim can be contacted at 847 966 1791.

In addition, Gianakopoulos recently took a group of scouts to The Grove in Glenview and helped to remove buckthorn, an invasive species that strangles trees, said

The scouts want to thank the lecting items that most people take community for their on-going sup-

Program on Freemasonry Friday

People have heard about the "Secret Society" called Freemasonry and they've read the DiVinci Code. Now its time to "find out the

The Loyal Lodge No. 1007 featuring Masonic scholar Milan Vydarney will present "The True Secrets of Freemasonry" on Friday, Feb. 24 at the Skokie Masonic Temple at 7:30 p.m.

At this free program, guests will learn about the history of the Freemasons, discover the facts of the "Morgan Affair," hear about the "anti-masonic" political party and be reminded of the number of prominent Americans who were Freemasons.

A complimentary firehouse chili dinner will be served at 6:30 p.m. The program is open to all men, women, masons and non-masons. For more information, contact Pat Kansoer at 224-489-9006 or Ron Zidron at 847 537 0616.

Skokie Valley Lyric Opera holds program at L'wood Library

Lyric Opera of Chicago will a program at the Lincolnwood Public Library to learn more about Christopher Sunday, Feb. 26 at 2 p.m.

The Lyric Opera of Chicago's production of the magical tale opens on Saturday, Feb. 25 at 7:30 p.m. at the Chicago Civic 673 5662.

The Skokie Valley Chapter of Opera House. David Daniels is Orfeo and Isabel Bayrakdarian is his bride.

The presenter at the Lincolnwood Public Library is Gluck's Orfeo ed Euridice on Jesse Gram, editor and publisher of the Lyric Season Companion. Everyone is invited and admission is free.

For more information call 847



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LETTERS:

CONTINUED FROM PAGE 8

THE BUGLE

better and commission the construction of a new building 5 times the size of the current police station because one "expert", who makes his living designing new police stations, says we need it. That doesn't seem to be a responsible approach to this issue.

I have not formed an opinion on whether or not we need a new police station, or whether the current one can be renovated (and possibly expanded) to meet the true needs of our police keep asking the tough questions until I receive substantive location for Lazy Boy and its answers based on hard facts supported by discernible standards from reliable sources. That's the job I was elected to do on behalf of the taxpayers of Park store, drive-through deal, with

Jeannie Markech, Park Ridge Alderman, 2nd Ward

Also upset by Niles referendum policy

Dear Editor,

I am upset that the Village of Niles has wasted tax dollars by ments? not responding properly to the petition submitted for a referendum on gambling in Niles to be placed on the March ballot. Petitions for a referendum were presented in September and the Village has not responded as required. Now our tax money is being wasted on lawyers and court actions.

The Village has refused to speak with residents who presented the petitions and the Village has not responded to the petitions since September. That hardly sounds like a village built. This highly experienced where "people count."

Mary Marusek, Niles

Resident worries about MG Government

Dear Editor,

The shadow returns. One story in 2001, was that for only 250K this Village could get a huge Osco redevelopment — for a "whole block" on Dempster Street, between Austin and Marmora. A redevelopment that would give the Village an "Osco Drug Store with a drive through pharmaceutical facility, with additional acreage for future building with brand spanking people. retail sales in a separate build-

ing Abt's retail sales this story was believed. People needed a grocery store. Officials desperately needed sales tax revenue. Then, as they do now.

Osco also appeared desperate. A new drive through Walgreens had just been opened down the block. It appeared to all a new Osco, maybe a new Jewel would be just what the doctor ordered to help reverse sales tax losses.

Osco retail sales was expected to be a huge generator of Village cash. Way bigger than old Osco store in Glenview.

December 2001. By December 2003 the story seemingly changed. Now Osco was going to "subdivide" the lot, noncommittal on the new retail sales building. Where were our officials patrolling this agreement, as ABT and now Lazy Boy tax losses mounted? As the Osco payment now towered 250K, with infrastructure cost reimburse-

story seemingly changed.

ly in part care of your 250K. A prime office building on Dempster which some real estate pros seem to suggest was bought at discount to true market value, in a private deal. Same Dempster Street we heard last April was to get Federal Funds. Same Dempster Street we heard last month is gonna get State Funds. Same Dempster Street where

This "whole block" of New

sitting there already. It would have to be, to top another the big kid already on the block, Lazy department. But I intend to Boy Furniture. The story was the even the appearance of conflict Village would simply find a new sales. It did. A huge new mega

One of the trustees voting for

the Osco "whole block" deal seemed more informed than most. After all, she was Chairperson Comprehensive Plan Committee analyzing Dempster Street Chris Arns, Morton Grove opportunities - intersection by intersection, and Chairperson of the Lehigh Ferris T.I.F. An expe- Niles needs term rienced official who signed the infamous agreement with Elliott Builders to pay them \$5.0 million in part for a senior living center that will seemingly never be trustee was promoted to Village Attorney the same month Osco's

The Village now had a highly experienced legal watchdog to insure the Village got what it bargained for in all its contracts. hole sprouting from both Abt and the Lazy Boy tax loss? To fix the their personal kingdom instead Osco in part for a second retail non-building? To fix the cost of of our tax money, for a lawyer to Osco's nice new alley and storm defend their untenable position water drainage the Village must is another illustration of power reimburse them for?

Yep. The latest story in tive of the citizens, to discuss December 2005 is she is under the issue of a referendum with contract to purchase the Osco the trustees, as responsible "outlot" (Osco acreage for sec- adults outside of court, and they ond retail building) to build her- are not interested. It's time to self an office building. Office return Niles government to the new alley and storm drainage, ing." Since the Village was losfully paved and curbed, seemingFran Konieczny, Niles

Village itself has been buying up lots for parking. Coincidence casts a long shadow.

Don't you worry. This ain't the

old days. Now we have watchdogs watching our watchdogs. We have a newly elected administration committed to remove of interest. A new posse with white hats. A new Mayor vowing to lower taxes, remove "apparent" conflicts and fix problems they "inherited." What did they The Osco "whole block" drug do December 12, 2005? They unanimously (except one) room for "future retail sales in a appointed her to keep up the new separate building" closed in good work for another year as long as she does not work for any other political party. That should teach her. From one shadow government to another the ghost of the past appears.

So goes the story of a town pretending to watch every dollar for taxpayers. The story of watchdogs, and watchdogs watching watchdogs. Story of inheriting problems. Another saga in a mythical village where truth is a fairy tale, promises are made to be broken and tax dollars appear to feather nests. One reason they need so many of them. This the shadow knows.

This whole debate over the citizens' right to decide whether they want OTB brings to light a fundamental deficiency in our local government: The need for Mayor Blase and his regime

have been in office for such an What did she do to fix the tax unprecedented length of time, they act as though our village is loss of 250K the Village paid of a democracy. The fact that they are now spending \$300/hr gone amuck. Mr. Dubiel is will-Buy that lot herself, of course. ing to sit down as a representa-

Niles Bus Drivers join Million Mile Club



Alice Egan and Mary Symkowiak were recognized at the January Board Meeting for being inducted into an exclusive group the Pace Million Mile Club. To be eligible, a driver must drive 1,000,000 miles, which takes about 12-1/2 years, without having a preventable accident. Membership in the Million Mile Club not only demonstrates a daily commitment to completing a job well, but an outstanding commitment for a number of years.

In a day and age where achievements are often measured in days and weeks, your ability to focus time and again to get your passengers to and from without incident for over a decade is commendable. Driving 40 times around the earth is no small feat. Driving 40 times around the earth with no preventable accident is astounding. Congratulations Alice and Mary!

Pictured from left to right are: Mayor Nick B. Blase, Mary Symkowiak, Alice Egan and Public Services Director Scott Jochim

'The smartest move

we ever made — moving to Summit Square!"

"One reason we love living at Summit Square is its location in beautiful Park Ridge. Our children live just minutes away, and at times they join us for dinner. This area is so onvenient. We can walk

to the bank, the library, and a number of stores. Everything we need or want is right here. We couldn't ask for a better place to call home."

To schedule a tour, visit our website at www.summitsquareretirement.com, email ssqinfo@aol.com or call 847-825-1161.



10 N. Summit Ave (at Touhy) in Park Ridge

Resirement & SQUARE



Lean Zinsterman, D.D.S.





Schools

Young SJB Students participate in Science Fair



grade students of St. John Brebeuf School participated in the school's annual Science Fair. It was an exciting day for all, as many had spent months preparing for the big day. The students chose a topic, researched it, conducted experiments; made charts and graphs and and Kevin Neuhengen finally, drew conclusions. They had put everything together as they wrote their papers and assembled

This year, a total of 124 students participated in the fair. There were a total of 74 projects in the categories of physics, electronics, behavioral science, consumer science, chemistry, botany, environmental science, earth science, zoology, and health science.

To help with the judging were the men and women from Great Lakes Naval Base. They were highly impressed with the range of topics and detailed work done by our fine students. Any student receiving an Outstanding award at the school level will advance to the regional level to be held at Christian Liberty Academy on Michael Cross, Nicole Delort, Saturday, March 18th.

made designs

also available

suits for boys

Sizes rangina

from 5-14

Half sizes

Beautiful

Here are the results from the fair.

6th Grade: Outstanding - Justin Komosa and Anthony Marzano, Katie Turbak and Robbie Getty, Marc Solano, Maggie Sompolski and Kelly Carrera, Jonathon Beierwaltes and Michael Veselka"

7th Grade: Outstanding- Maggie Sobieraj and Geneva Toledano, Aundrea Martinez and Alyssa Faye Tomas, Sarah Gross, Matthew Perchess and Michael DeBartolo, Peter Sliwka and Nick Wheeler, Tracy Catallo, Aimee Svachula and Lisa Raher, Katy Casey and Kaitlin Murphy, Therese Casey and Samantha

First Place-Gina Orlandi and Yassaman Shemarini, Joe Disclafani and John Gewargis, Gemille Tayag and Kristine Florentino, Alex Kulaga and Rick Tuvilla, Pauline Abrecea, Anna Pamula and Angela Lewosz, Eric Hagman, Justin Besyk and Jimmy Wallenberg, Giovanna Mule', Maddy Geden

Exclusive

dresses & veils

EARTH ANGELS

Children's Specialty shop

Talcott Rd. · Park Ridge

Second Place-Lorenzo Fiol and Daniel Fries, Mary Caravuna and Katie Garvey, Kerri Huber and Emily Svachula, Shaun Early and Leo Milano, Tommy Rueve

Third Place-Kaitlin Russell and Annie Wallenberg, Alisa Roman and Lisa Zarembski

Niles' Michael Piazza to study abroad

> Valparaiso University student Michael Piazza of Niles spent the fall semester studying abroad in Germanv.

VU's study abroad program in Reutlingen, Germany is in Fachhochschule für Technik und Wirtschaft. Students take available courses in German or European culture, history or economics. All classes are taught by a VU resident professor, as well as other German professors. On weekends, there are group trips to places such as Berlin, Prague and Munich.

Piazza is a junior. He is a marketing major.

Second Place- Citlaly Carbajal, Eric Carrabotta, Chris Uhrik Third Place- Antonette Puleo and

Stephanie Pepin, John Kowalski and Brian Robbins, Kevin Nguyen

Outstanding- Kristen Beierwlates, Robby Martin and Danny Podkowa, Ryan Abens, Matthew Sachai and Lince Thomas, Christian Racho and Jannard Remo, Thomas Carr and Joey Kalkowski, Dan Rankovic and Matthew Serafin, Nicky Mazur and Eryk Szymanski, Frank Caputo and Matthew Moser, Alexandra Kuechel, Jolene Drblik, Megan Jones and Caitlyn Weldon, Kevin Honeman and Jeff LaPelusa, Mikey Pizzo and

Michael Zachacki, Joey Gattorna and Kyle Ledda

First Place – Jacqueline Ave Maria and Michele Perchess, Mark Lara and Steven Veselka, Ryan Swing, Nicky Pizzo and Thomas Zalewski, Adriana Montoya, Kristine Duffey, Veronicca Esguerra and Jennie Suarez, Chris

Best in Grade

6th-Nathan Lane and Peter Velez 7th- Maggie Sobieraj and Geneva 8th-Jolene Drblik

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A CONTRACTOR OF THE PARTY OF TH Things to Bring Birth Certificate •Baptismal Certificate & CLEANING •\$75.00 Registration/Deposit

Please call for more information or visit us at www.sjbschool.org

St. John Brebeuf School

8301 N. Harlem Ave., Niles

847-966-3266

New Student Registration

Early Childhood Open House

Sunday, February 26

10:00 AM to 12:00 PM





Morton Grove is Horse Heaven for many

Horse lovers enjoy Equestrian Center at Harms, Golf Roads

BY TRACY YOSHIDA GRUEN STAFF WRITER

he says her love of horses must be in the genes.

Ever since she was a young girl, Sue Parkin, of Des Plaines, has been riding horses.

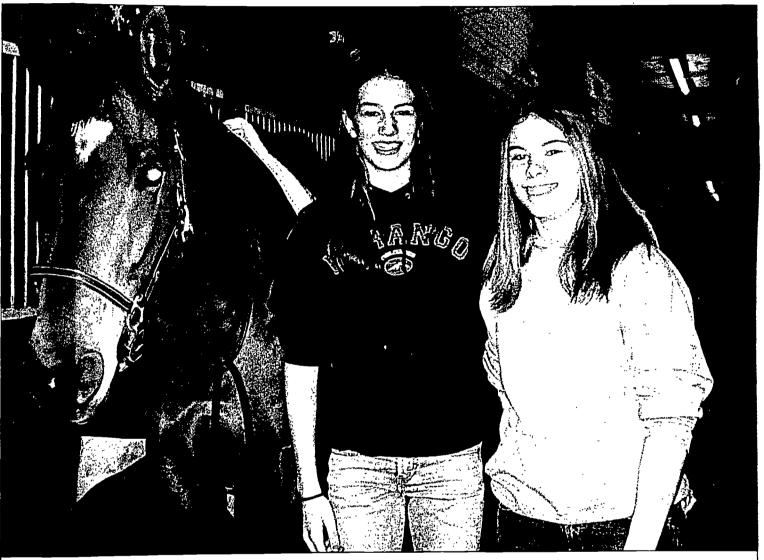
Today, she spends much of her time at the Glen Grove Equestrian Center on Harms Road in Morton Grove. Parkin checks people in for their horseback riding lessons, answers phones and of course, visits her own two horses. Joe and Dunkin.

Joe and Dunkin are both around 10 years old. Parkin has had Joe for about 4 years and Dunkin for two years. Parkin's two daughters, who are ages 20 and 16 share Parkin's love for horseback riding.

"I think it's in the genes," said Parkin.

Parkin's daughter visits the Equestrian Center about six times a week.

"It's a great way to teach responsibility," said Parkin. She



Hilary Parkin, right, stands with fellow rider Hope Caughron and Joe the Horse in the Equestrian Center on Golf and Harms in Morton Grove. The stables provide riding enthusiasts access to the horse-back riding trails of the Forest Preserves.

the expensive side. She said the venient. When she was a girl, Parkin said that many of the

said that horseback riding is a close location of the barn to her her horse was kept in a barn in high school/college students great hobby, although a little on Des Plaines home is very con- Barrington.

have developed friendships after Story Continues...

Hey Readers! Like our new "Pet Stop" Section?

Niles, IL 60714

We hope you're enjoying our Pet Stop Section. Gracie is our the Pet of F the month this issue. If you think your pet is the most lovable, our next issue is March 23, so send or e-mail your photos to:

Pet Stop: Pet of the Month The Bugle Newspapers 7400 N. Waukegan Rd.

Or e-mail: editor@buglenewspapers.com

Good luck!

PET STOP

Points on Pets

Take Your Vet's advice about vaccinations

Q: Our veterinarian has rec- are still a serious threat for ommended several vaccina- unvaccinated animals. Rabies have a variety of signs: fevers, sary suffering. You should fol- a microscope. Treatment usually tions for our 8-week-old and distemper are examples of puppy. Most of the vaccina- very serious canine diseases that tions are for diseases we have have been very effectively pre- and diarrhea. Some dogs with never heard of until now. And we don't know of any dogs who were sick or who have died because of these diseases. United States become sick or die For example, our veterinarian due to distemper, the threat is highly recommended vaccina- still great, particularly in puption for canine distemper. We pies between 3 months and 6 thought distemper has been months of age. Canine distemper eradicated. Is this disease still is spread by contact with nasal a problem in the United and ocular discharges, urine and States? Are all of the vaccina- feces. The virus causing distemtions recommended by veteri- per can be transmitted through narians still needed?

eases that were commonly diag- carry the disease. As more faminosed in the past are no longer lies move to rural areas to avoid commonly seen because of very the city, wildlife reservoirs that effective vaccination programs. may carry diseases have become However, many of these diseases more of a concern.

vented by vigilant well-planned vaccination programs.

Although very few dogs in the the air. It is also important to A: Fortunately, many of the dis- know that wild carnivores can

distemper exhibit fits, which include twitching episodes and

The goal of treatment for canine often unsuccessful once clinical signs are apparent.

vaccination programs to prevent the ears through an otoscope or © Copley News Service

Q: We have treated our cat's ears several times during the incoordination. Some of these last several weeks with an ear dogs eventually become para- solution we bought at our grolyzed. Canine distemper can also cery store. She still has dirty result in hard pad disease, where ears and shakes her head frethe pads of the feet harden and quently. What should we do? A: Take your cat to your veteri-

Diagnosis of distemper is usunarian as soon as possible to get ally based on clinical signs and a diagnosis and recommendation medical history, including lack for appropriate treatment. Your of vaccination for the disease. cat might have ear mites, a very common cause of ear infections distemper is to relieve the clini- in dogs and cats. Ear mites are cal signs. However, treatment is very tiny eight-legged animals that feed on skin debris in the ear canal. The veterinarian will Most veterinarians prescribe make a diagnosis by examining column.

Dogs suffering from distemper pets from dealing with unneces- looking at the ear debris through ocular and nasal discharges, low your veterinarian's advice involves multiple applications of weight loss, coughing, vomiting regarding vaccinations for your an insecticide in an oily prepara-

You should know ear mites are very contagious and they are often passed back and forth between all of the household pets. Therefore, all of your pets are usually required to undergo treatment in order to break the cycle. Your veterinarian can give you additional advice regarding a complete wellness program for

Send e-mail to copleysd@coplevnews.com or write to Pets, Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190. Only questions of general interest will be answered in this

a promotive and

RIDERS:

Morton Grove stable a horse riding Mecca

CONTINUED FROM PREVIOUS PAGE

spending much time at the center. The older students are called "Senior Barn Rats" and the younger are called "Junior Barn Rats." Parkin said it is nice knowing where her children are spending their time and that they are safe.

"It's a great way to spend the afternoon," said Parkin.

Parkin's love of animals does not stop at the Equestrian Center. At home, she has a dog, three cats, two birds and fish-what

she calls "kind of a zoo." In addition to horseback riding lessons, the Equestrian Center also offers pony rides from April to October. Parkin said the pony rides are kind of unique because

they go along a trail. The center is home to 90 horses, including about 12 school horses. Many of the horses are privately owned. The center is located at the corner of Harms and Golf Rd.

Pet of the Month

Gracie - 'The Best Dog in the World'



Our dog deserves to be Pet of the Month because, as my kids say, "she's the best dog in the world." Gracie is a 7-month-old Toy Australian Shepherd. She will grow to about 12 lbs. and 12 inches tall. She loves her family, especially the children, Eric (9), Steven (6) and Sydney(6). She loves to run around with the kids, constantly trying to herd them. She is extremely smart. She's in her third dog training class, Advanced, and continues to graduate in the top of her class. She's learning obedience and tricks, like giving her paw and playing dead. She enjoys riding in the car, going for long hikes, and visiting the family farm. But her favorite activity is just being with her family.

-Stephanie Richter To submit your pet for consideration as The Bugle's "Pet of the Month" send a photo and a description of why they should be selected to: The Bugle, 7400 N. Waukegan, Niles, IL 60714 attention "Pet of the Month."

SENIORS

Free tax assistance at the Niles Senior Center

Niles Senior News

The Bugle

NSC Highlights

For a detailed description of programs & activities or to ask about membership or registration requirements, please check the Naturally Active Program Guides or call the Niles Senior Center at 588-8420 ~Visit us online at www.vniles.com.

Pre-registration is required for most programs. Call for more info. MARCH REGISTRATIONS Drop off Registrations are due at the Center on Friday, March 3 In-person Registrations begins 8:30AM on Wednesday, March 8th ATTENTION ILLINOIS CIR-CUIT BREAKER PARTICI-

We have just been informed that rently enrolled with Circuit

made over the internet or by mail. form. Income limitations apply. Call the Center for more information 847 588-8420.

Thursdays ~ 9:30 to 11:30am ~' \$10.00/session

All supplies included! Doesn't it make you feel good to receive a card made especially for you? You too can make beautiful handmade cards (that look like it took hours to make) in minutes! In each weekly, 2 hour session, you will make 6 cards, using different techniques. It's simple and easy. New skills learned each week!

If you liked making valentines as a kid, you'll love this class!!

Join us on Thursdays, learn new techniques, and make handmade cards that can be used for any occassion. Take a break from your daily routine and let your creativity flow. All are welcome! Renewal Applications will not be Advanced registration is required. mailed out this year. If you are cur- SAFETY FOR THE HEARING IMPAIRED

Breaker, please contact the Niles The Village of Niles urgently needs Senior Center for assistance in to know if you are a hearing

New applicants MUST file a paper who is. We want you to contact the experience after the loss of a lect phone numbers of TTY users process. to improve the Village's ability to CREATIVE CARD MAKING emergency (such as weather

> We have been informed that when alerts people using TTYs are unaware of the messages: By colable to contact hearing impaired residents through the Relay Center for the Deaf so the message can be

delivered. Please contact Trudi

Davis at 847 588-8420. GRIEF WORKSHOP TO OFFER SUPPORT – BEGINS April 12

Niles Senior Center will hold a three-session grief workshop for Niles residents touched by the loss of a loved one. Participants may attend one, two, or all three workshops. The sessions will meet on Wednesdays from 1:30 3:00P.M.and will focus on the following areas:

Workshop #1- April 12 "What has

TTD - or if you know of some one sense of the many feelings you IRS. To schedule your tax appoint-Niles Senior Center so we can col-spouse or a loved one is a difficult Workshop #2- April 19 "Dealing

contact users during the event of an with expectations of ourselves and others." Dealing with other people's feelings and concerns can raise anxiety, especially if we feel the Village sends out Reverse 911 "people want us to "move on" or "be happy again."

Workshop #3- April 26 "On my lecting phone numbers we will be own." At this workshop we will explore the stress of living alone and ways to adjust to new social roles and responsibilities.

Please call Bev Wessels, MSW, LSW, ACSW, or Melanie Amin LCSW at 847 588-8420 Enrollment necessary. No cost

FREE TAX ASSISTANCE at the

Beginning February 1st, Niles Senior Center AARP Tax-Aide Counselors will provide FREE personal income tax assistance to qualified seniors in accordance with the guidelines established between the IRS and the AARP Foundation. All Tax-Aide

reenrollment. Renewals may be impaired Niles resident who uses a happened to me?" Trying to make Counselors are certified by the ment, call the Tax Appointment desk 847 588-8440 Monday thru Thursday, between the hours of 9:30AM and 3:00PM. If you have any questions regarding this program, please contact MaryAnn at



Attention Seniors and Retirees! Get your Form 1040 prepared by a CPA for only \$70! Including Schedules A & B.

> Call 847-651-8043

or e-mail Tanya@epshteyn-cpa.com

MaineStreamers Offer Spring Programs and Trips

Maine Township Senior News

MaineStreamers program offers in partnership with the Maine a variety of opportunities for Township MaineStreamers. residents 55 and older. Membership is free and includes a subscription to the monthly newsletter that details all activities for the upcoming month. Doors Open: 11 a.m. All activities take place at Maine Lunch served: 12 noon Ballard Rd., Park Ridge, unless P.R. otherwise noted. For further information on membership or fish programs, call MaineStreamers at 1-847-297-2510.

INTERNET Mondays, March 13 to April 24 (no class March 27) 6 sessions - 3:30 p.m. to 5 p.m. Gemini Jr. High School Library 8955 N. Greenwood, Niles Instructor: Kelly Rapaport Cost: \$20.

Make your entry into the computer world in this introductory hands-on class. Trips on the Internet will be taken with valu-

able information. Learn how to do searches and create bookmarks to keep track of your subjects. This practical hands-on course is what you need to surf the Web. Sponsored by the East Maine School District 63-Total · Maine Township Learning Community Program

" A ST. PATRICK'S DAY" LUNCHEON Wednesday, March 15 Township Town Hall, 1700 Crystal Palace, 2648 Dempster, \$13 members/\$14 guests + \$1

· Enjoy a traditional St. Patty's Day lunch starting with a Tossed Salad, Corned Beef and NTRODUCTION TO THE Cabbage Boiled Potatoes with Butter Pecan Ice Cream for Dessert!

> for a thrilling review of Tap Dance. Vaudeville...Broadway Musicals...The Hoofers Club... to the days of Rock and Roll. From the jumps of Bojangles to

Today, Mr. Taps will take you

Story Continues... see MT SENIORS next page:

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- Independent and Assisted Living
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- Beautiful Grounds & Secure Building
- Three delicious Meals Daily
- Recreational Activities
- Mass and Spiritual Services

Saint Andrew Life Center 7000 North Newark Ave. Niles, IL 60714 (847) 647-8332

www.reshealth.org

Resurrection Health Care is committed to fair

housing. Its retirement communities include features for persons with disabilities, as required by the federal Fair Housing Act.

First month's rent is FREE! Call for details or to arrange a personal tour.

Resurrection Health Care*



For All of You, All of Your Life

THE BUGLE

SPORTS

Niles West loses to St. Patrick 65-41

SENIORS

Debbie Reynolds in Concert at Drury Lane with Morton Grove

Morton Grove Senior News

DEBBIE REYNOLDS IN CON-

She may be best known as a film star, but Debbie is first and foremost an entertainer, having graced theatres all around the world in also provide delicious desserts. stage plays and her famous nightclub act, which continues to tour Grove Senior Center at 847/470every year. "Debbie Onstage" 5223. touches some of the highlights of her time in the spotlight as there AARP MATURE DRIVING will be medleys of some of her favorite songs, movie clips and Senior Center, traveling at 10:30 Lane Theatre in Oakbrook Terrace. The cost for the show, delicious luncheon and transportation is \$81 for Morton Grove Senior Center Members and \$93 for non-members. Please register in-person today at the Senior Center.

INTERNET WORKSHOP

Develop the tools needed to overcome frustrations about the Internet in this fun and challenging from 9 a.m. to 1 p.m. on Saturdays, workshop from 8:30 to 10 a.m. on April 8 and 15 at the Morton Saturday, March 4 in the Morton Grove Senior Center. Instructor, RJ Bruno will direct students in the tools need to glide through the information highway. The cost is \$8 and the pre-requisite is a basic knowledge of computer skills. Register in-person at the Senior

DOWNSIZING? THOUGHTS OF MOVING? ESTATE SALES?

Lou Allen of Caldwell Bank at 5223. 1:15 p.m. on Monday, March 6 in the Morton Grove Senior Center as she leads this insightful, free discussion. Also, a representative from the Breakers at Lincolnwood Place will be on hand to answer questions, debunk myths and provide information on retirement communities. These sponsors will Register by calling the Morton

PROGRAM

AARP's "Mature Driving bloopers, plus lots of costume Program" formerly known as "55 changes. Seniors are welcome to Alive" is an eight-hour two-day join the audience who will be course for older motorists. It attending from the Morton Grove focuses on the physical changes that accompany aging and on ways a.m. on Friday, March 3 to Drury drivers can compensate for these changes in improving their driving skills. Additionally, drivers will find that by completing this course es and programs to benefit Morton they can receive a discount on a portion of their automobile insurance. Courses are now offcred monthly in Morton Grove with the next course times from 12 noon to 4 p.m. on Tuesday, March 7 and Thursday, March 9 in the Prairie View Community Center; and Grove Senior Center. The cost of the course is \$10. Call the Morton

> ALDEN EVANSTON

5223 to sign up.

Grove Senior Hot Line at 847/470-

Enjoy a freshly prepared lunch Evanston/Skokie border, plus play a fun and exciting game of Whamo Moving or thinking of moving with Alden's residents on Tuesday, can be tense and overwhelming. March 14. The cost for this trip is Even thinking about downsizing a can or box of non-perishable from a two or three bedroom house food to benefit Morton Grove's Irish workers in the 1830's, which anxiety. Questions of what to leave the Morton Grove Senior

sell, or even what to toss in the p.m. Please register carly by call- Senior Center at 9 a.m. and return POSTAL CARRIER WATCH garbage; often arise. Join Mary ing the Senior Center at 847/470-

BLOOD PRESSURE SCREEN-

Periodic blood pressure measurement is helpful in determining if health is threatened by high blood pressure (hypertension). Hypertension is a contributor toward strokes, heart disease and kidney failure. Unfortunately, hypertension usually has no symptoms so a person can feel great and not know they have it. Free screenings are offered from 9 to 11 a.m. on Tuesday, March 14 in the Morton Grove Senior Center.

MORTON GROVE ADVISORY COMMISSION ON AGING

The Morton Grove Advisory Commission on Aging will hold its next monthly meeting at 1 p.m. on Tuesday, March 14 in the Morton Grove Senior Center. The Commission provides an arena for discussion and planning of servic- p.m. The cost for the show and card. Membership registrations Grove's senior citizen population. Center Members and \$48.50 for ing between 9 a.m. and 12 noon at All interested residents are wel-

SOUTHSIDE IRISH TOUR

Chicago has a strong connection to Ireland and many neighborhoods have a distinct Irish flavor, which seniors from the Morton Grove Senior Center will taste on Center. Wednesday, March 15. On this INCOME TAX RETURNS tour, travelers will:

visit the l&M Museum and Lock #1 to witness the accomplishments of Irish immigrant workers, ESTATES OF shop at an Irish bakery and deli for

and other Irish gifts, at, and tour Alden Estates of have a corned beef and cabbage Evanston located on the plus potato of the day, dessert and coffee lunch at the Gaelic Park

> Carraig Irish Pub. have a docent led tour of the Irish Cultural Center, and visit a historic church founded by

> is on the National Register of Historic Places.

bring, what to give away, what to Center at 9 a.m. and return at 1 The bus will depart from the

at 3 p.m. The cost is just \$70 for Senior Center Members and \$81 for non-members. There are only a few spots remaining for this trip so register in-person at the Senior

MAMELAH!

Direct from New York City, this hilarious and heartfelt off-Broadway musical about lifelong friendship is a living scrapbook of special memorials for both men and women. It takes the audience down their personal "memory lanes" with stops in the Catskills, the beaches of Boca Raton, and the nostalgic streets of the Bronx, to Scniors in Morton Grove newsletname a few. Audiences every- ter; three issues of the Travelin' where have asked, "How did someone know to write a musical about my life?" The bus will Scniortran (for residents); free depart from the Morton Grove Computer usage in the Senior Senior Center at 1:15 p.m. on Center Library; 15% discount on Wednesday, March 29 for Centre trips and classes; an annual mem-East in Skokie and return at 4:30 bers-only party; and a photo i.d. transportation is \$42 for Senior are accepted any weekday mornnon-members.

"Mamaleh! Something truly special" - The Miami Herald. "Mamaleh! is sweet...warm and willing...displays uninhibited an individual non-resident; and humor" - The New York Times. \$40 for a non-resident married Please register for this trip in-per- couple. son at the Morton Grove Schior

Free assistance for local seniors age 60+ with their State and Federal Income Tax Returns is available by appointment any Monday, Wednesday and Friday fresh soda bread, candy, cheese, morning at in the Morton Grove Senior Center. Seniors who have low or moderate incomes that can be reported on basic IRS forms are welcome to call the Morton Grove Senior Hot Line at 847/470-5223 for a personal and confidential appointment. Taxpayers should bring in the W-2, Social Sccurity (SSA-1099), 1098 and 1099 forms they receive in the mail along with a copy of their 2004 tax returns.

U.S. postal carriers in Morton Grove provide a watch service of the homes of disabled or senior citizen residents. Since the carriers are regular visitors to each home, they can maintain surveillance of any mail accumulation in the mailbox. For information about applying for the Postal Carrier Watch program call the Morton Grove Senior Hot Line at 847/470-5223.

For more information about senior services and activities, call the Morton Grove Senior Hot Line at 847/470-5223. Membership in the Morton Grove Senior Center provides the benefits: six issues of the Times newsletter; free Diabetes Screening; free passage on the the Senior Center, 6140 Dempster Street. The membership fee is \$15 for an individual resident; \$25 for a resident married couple; \$25 for

Senior Citizens

Shampoo & Set ... \$5.00 Haircut ... **Everday Except Sunday**

Men's Reg. Hair \$5.00 & Up

Together ... \$16.00 & Up

CALL FOR PRICING

to a smaller condo may produce local food pantry. The bus will

See the 'Smothers Brothers'

MT SENIORS:

CONTINUED FROM PREVIOUS PAGE

the fancy footwork of Gregory Hines. He will surely entertain

Reservations and cancellations must be received by Wednesday, March 8th.

The following Day Trips are Smothers Brothers bring their

currently on sale. In order to intuitive humor, natural warmth Illinois Building, 9511 Harrison St. in Des Plaines.

"SMOTHERS BROTHERS" TRIP

The Paramount Theatre, Aurora Saturday, April 22 4 p.m. to 11 p.m.

Cost: \$67 members/\$72 guests For one night only, The

sign up for a Day Trip you must and superlative showmanship first sign up to be a member and to the stage. With more than 46 then a reservation form will be years in show business, their sent to you. To become a mem-singular blend of comedic ber call the MaineStreamers at genius and musical talents have 1-847-297-2510 and ask for an proved to be an American clasapplication. All Day Trip sic. You will enjoy Tom and departs from the State of Dick Smothers in your main floor seats.

Before the show enjoy a wonderful meal at Del Debbios Italian Restaurant. Dinner includes Bruschetta, Minestrone Soup, Salad Vinaigrette and your choice of Veal Parmigiana or Tilapia followed by Dessert.

LOOSE DENTURES?

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SPORTS FACT CATHOLIC WOMEN'S BOWLING LEAGUE Bowled Wednesday, February 8, 2006

Dennis Mckinney (#10) dribbles by Shamrock defender Adrew Zagozdon (#22).

Coach Bill Cowher's Steelers win

On Feb. 5, the Pittsburgh Steelers joined the National Football League' elite by defeating the Seattle Seahawks 21-10 in Super Bowl XL at

Detroit's Ford Field. In so doing, the Steelers raised their fifth Lombard

Trophy in six tries, which tied them with the Dallas Cowboys and the

San Francisco 49ers for most Super Bowl victories. The triumph came

'One for the Thumb'

as great relief for Pittsburgh fans, who

had been seeking the "One for the Thumb," an elusive fifth NFL

championship ring, since the

Steelers won their last

league title 25 years

before in Super Bowl

XIV. a 31-19 win over

the Los Angeles Rams.

The Steelers other three

victories came in Super

Bowl IX, 16-6 over the

Minnesota Vikings;

Super Bowl X, 21-17

31 over the Cowboys.

over the Dallas Cowboys;

and Super Bowl XIII, 35-

Points	Points
Won	Lost
Dilinia AD Donal	12
Bielinski and Bono Dental 36	27.7
Skaja Terrace Funeral Home 27	22
Niles Dairy Queen 23	26
Candlelight Jewelers 23	26
Classic Bowl 21	28
NorthSide Community Bank 17	32

Kay Pecoraro	- 506/233
Janet Trozzo	485/182
Mary Wasilewski	454/161
	451/164
Mary Johnson	186
Linda Fahey	185
Lois MacAdam	175

For the Best Local Sports -Read The Bugle

Senior Forward Victor Colon out with a fever

BY ALI BHANPURI SPORTS CONTRIBUTOR

Senior Victor Colon has been the heart and soul of the Niles West basketball team this season. Teams have battled to stop him, but very fcw have succeed-

With Victor out we obviously had to change our entire game plan.

Josh Grant Niles West Coach

ed in taming the Massachusetts Lowell-bound

Fortunately for the St. Patrick Shamrocks (19-5), they had no need to worry about Colon last Saturday night, since a bad fever left him out of the lineup.

The visiting Wolves (6-16) struggled without Colon, managing only five first-quarter points en route to a 65-41 loss. Despite the end result, West coach Josh Grant was proud of the way his team played without

"With Victor out we obviously had to change our entire game plan. I think we played hard and the best we possibly could tonight," Grant said.

With many juniors and underclassmen on the court for the Wolves, the inexperience was clearly visible. The young squad had a tough time taking care of the ball, rushing passes and taking ill-advised shots, which led to fast break points for the Shamrocks.

"I wanted to gct some of the younger guys some experience," said Grant. "You can't expect more than what your players are capable of doing. I'm proud of

After falling behind 18-7 at the end of the first quarter, the Wolves fired six straight points to bring the Shamrock lead down to seven. Senior Lance Williams sliced to the basket twice for layins, scoring 6 of his 12 points in the second quarter. However, after the quick scoring spurt, the Wolves' offense was silenced for nearly three minutes before making another basket.

The game worsened in the

Story Continues... see NILES WEST LOSS next

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nirce: "The World Almanuc and Book of Facts."

even though it has outlasted its the pancetta

original need as a way of preserv- wrapping should

SPORTS

Thursday February 23, 2006

Notre Dame Dons defeat St. Viator in 52-48 squeaker

BY ALI BHANPURI SPORTS CONTRIBUTOR

It was a tough shooting night for senior John Johann and junior Bob Flood, who hit a combined 3-of-11 from the field. Although their 27 the Lions, showing their East percent field-goal percentage may Suburban Catholic rivals new free-throw shooting was as good as always, as the two Dons led and a box-and-1 defense during Notre Dame (11-13, 5-7) to a 52- the game, to stop what he feels has 48 victory over St. Viator last historically been "one of the better Friday night.

In the final minute of the game, ence." Flood and Johann hit 7-of-8 free throws to fight off a pressing lion mented by superb perimeter shootcomeback. The teammates have ing. In the first half, Notre Dame shot extremely well from the line, shot 7-of-10 from being the arch, making Notre Dame coach Dennis tallying 21 of their 25 points from Zelasko more than confident late three-pointers. Senior Stephen

team shoots free throws well," Zelasko said.

The Dons pulled out every defense in their repertoire against looks to keep them unbalanced. Zelasko featured a 1-2-2, a 1-3-1 half-court offenses in the confer-

The Don defense was supple-Hughes and Johann both hit a pair "Once we get into a free-throw from long distance, helping the shooting game, I feel very confi- Dons to build a lead. Hughes fin-

Oakton Raiders Round-Up

Week of Feb. 21, 2006

WOMEN'S BASKETBALL (13-13 Overall, 7-5 Skyway

Receiving Honors: Sophomore Darcy Leslie is now the second alltime leading scorer in Oakton women's basketball history. The five-foot-six-inch forward scored 16 points

on Feb. 14 against Moraine Valley College, giving her 825 points in her Oakton career. Natalia Jedlinska (1999

= 2001) is Oakton's all-time leading women's scorer with 888 points.

Leslie also was named NJCAA Region IV Division III Player of the Week on Feb. 13. She guided the Lady

Raiders to a 2-0 record the previous week averaging 18.0 points, 11 rebounds, and 4.5 assists per game.

MEN'S BASKETBALL (15-13 Overall, 9-3 Skyway Conference) Lopsided: Oakton posted its most lopsided win of the season Thursday, Feb. 16 defeating Prairie State by

54 points, 89-35. The Raiders' next game is 5:15 p.m., Tuesday, Feb. 21 at home against Morton College.

Trio Video, a Chicago-based mobile television production company, will tape both the Oakton men's and

women's final home basketball games on Tuesday, Feb. 21. The contests will later be broadcast on local

cable channels. This experience will allow Trio Video employees to hone their sports broadcasting skills.

The men's game will first air at 9:30 p.m. on Wednesday, Feb. 22 and will be repeated at 9 a.m., 4 p.m., and 9 p.m. on Saturday, March 4 and Sunday, March 5. The women's

Feb. 21 game will first be broadcasted on Thursday, Feb. 23 at 9:30 p.m. and will be shown again at 9 a.m., 4

m., and 9 p.m. on Saturday, Feb. 25 and Sunday, Feb. 26.

Games will air on Channel 14 or 15 in Des Plaines; Channel 15 in Park Ridge: Channel 15 in Skokie; and Channel 24 in Glenview.

For more information; contact Steve Repsys, College Advancement 847-635-1810 srepsys@oakton.edu, or visit www.oakton.edu/resource/athletics/.

like to keep the ball in John's and Bob's hands, but I think the entire 10.

dent with my team. Of course we'd ished with 13 points on 5-of-10 that helped the Dons to victory. shooting and Johann finished with

> began to slowly chip away at the ter after a week's rest. Dons' lead, hitting a number of three-point baskets. After the figure out. We lost two tough Loyola Regional Semifinal on Lions scored to bring the deficit to games last weekend and I think the only six, junior Mudiaga Eruteya week-off helped the guys to that Niles West's Victor Colon took matters into his own hands. Eruteva maneuvered past his defender, cut through the lane and connected on a floater to put the to adversity." Dons up 46-38. From there, it was lights out from the free-throw line

teen in the third quarter, the Lions Zelasko, his team plays much betthan half of the team's total. "We're a team that's tough to

and I think the team responds well

was the game's leading scorer with Josephs.

The Dons had lost their two Junior Mike O'keeffe knocked games prior to Friday night's win down 16 points, and combined After leading by as much as fifover St. Viator. According to with Bono, the two scored more Notre Dame (7th seed) faces

Niles West (12th seed) at the Wednesday, March 1. Zelasko said focus," Zelasko said. "They do a could be "the best player in their great job listening to what we want conference" and is looking forward to the match-up. The Dons finish up their regular season St. Viator guard Anthony Bono tomorrow night against St.



#53 Frank Theodorakakis looks for a teammate during the Wolves loss last Saturday

NILES WEST LOSS: Grant proud of

team

CONTINUED FROM PREVIOUS PAGE

second half for the Wolves, who were down 22 points by the halfway mark of the third quarter. Williams and company were

bonus in the third quarter, lcad- Wolves on 4-of-7 shooting from ing to 5 points from the free- the field. throw line.

Wolves came from Allen Regional Semifinal. According Williams, a junior transfer from to Grant, the Dons (7th seed) Evanston. The 6-foot-1 F play a very similar style of basblocked a dunk attempt by 6- ketball as the Shamrocks, shootfoot-7 Edmond O'Callaghan in ing extremely well from the the third quarter. Another bright perimeter. The game will take spot was freshman F Nik Garcia, place on Wednesday. March 1.

able to put the Shamrocks in the who scored 10 points for the

The Wolves (12th seed) will One of the better plays for the face Notre Dame in the Loyola LIFE

PERFECT PAIRINGS

In Jody Adams' hands, cod and varietal white wine spring to life

THE BUGLE

Copley News Service

Ithough Jody Adams was exposed to great European cooking by her mother at a young age, the thought of being a chef never much entered her

Finding the job market for anthropologists a bit lean, she took a part-time job to help Nancy Verde Barr research her cookbook on Italian immigrant cooking, "We Called It a writer and teacher who collaboinspired Adams to pursue a culinary career.

Adams paid her culinary dues working for some of Boston's best restaurants and greatest chefs. In 1983 she began as a line cook at Seasons restaurant under acclaimed chef Lydia Shire. Quickly climbing the ladder she became sous chef for the new Hamersley's Bistro with chef Gordon Hamersley, a James Beard Award winner. Adams' first executive chef position was at Michela's in Cambridge where she developed a reputation for combining New England ingredients with Italian cuisine.

Adams opened her first restaurant, Rialto, in 1994 with partners Michela Larson and Karen Haskell. She expanded her culinary horizons by adding French, eastern Mediterranean cuisine to her repertoire. In no time, the rave good." reviews came fast and furious The Boston Globe awarded Rialto four stars just four months after its doors opened.

FRESH AND SALT COD

WRAPPED IN PANCETTA

WITH WILTED GREENS

1/4 pound skinless, boneless salt

cod of even thickness, center cut

4 (6-ounce) cod fillets, approxi-

Kosher salt and freshly ground

2 teaspoons fresh thyme leaves

12 thin slices pancetta (5 to 6

4 tablespoons extra-virgin olive

1 small red onion, thinly sliced

6 to 8 cups mixed greens (such

as watercress, radicchio, mus-

1 garlic clove, minced

THE RECIPE

mately 1/3 inch thick

black pepper, to taste

Globe gushed, "is like stepping with it if they had it. It's the fish comes to bacon," into a winter greenhouse just at equivalent of smoked meats like says the moment a spectacular hot-house orchid bursts into bloom, European countries has continued the cod bundles, filling the senses."

Adams and her husband, Ken Rivard, penned their first cookbook, "In the Hands of a Chef: mind. She instead opted to get a Cooking with Jody Adams of degree in anthropology from Rialto Restaurant" (William Morrow, \$34.95). And since opening Rialto, she has been showered with honors including "Best Chef in Boston" by Boston Magazine 1997; "one of America's 10 best new chefs" by Bon Appetit in 1996; "Culinary Macaroni" (Knopf; \$18.95). Barr, Professional of the Year" by Sante Magazine in 2004; and the rated with Julia Child and was for much coveted James Beard a time her executive chef, Award for "Best Chef: Northeast" in 1997. In 2000, Nation's Restaurant News inducted Adams and Rialto into its Fine Dining Hall of Fame.

THE DISH

"This recipe really represents my style of cooking," says Adams. Fresh and Salt Cod Wrapped In Pancetta With Wilted Greens is her twist on classic Italian recipes that match greens and the cured meat with either cod or dried cod but not, as in this

"Early in my career, I came up with the idea of creating a pocket of salt cod inside a piece of fresh cod and then giving each a portion a 'belt' of crisp pancetta to hold it together. I come back to it again and again because of the contrasting textures and flavors, and because it makes me feel

Salt cod has many names, including baccala, bacalao, bacalhau or morue, depending upon the cuisine and country. Most "Eating Jody Adams' food at Americans are not familiar with it the stunning new Rialto," the and wouldn't know what to do

tard greens and Belgian endive)

3 tablespoons freshly squeczed

l stick unsalted butter, chilled

2 tablespoons capers, rinsed

4 lemon wedges, for garnish

Soak the salt cod in a large bowl

vor. It should taste about as salty per, to taste, and thyme.

1/4 cup water

lemon juice

Yields 4 servings.

only be partially crisp and still fairly pink when finished. Don't Chefs like it because as a result treat it like bacon - you'll only of the process it takes on an sacrifice the pancetta's rich texappealing texture and flavor not found in fresh and frozen fish. ture, as well as overcook the You can find salt cod in specialty

THE WINE

We've matched a Willamette Valley 2004 Ponzi Arneis white wine to go with Adams' signature dish. The wine's crisp acidic backbone and fruitiness contrasts well with the savory saltiness of the pancetta and greens. The delicate nature of the wine compliments and doesn't overwhelm the

"Pancetta is hung and cured in a process similar to that of pro-This rare varietal was imported sciutto, and it can be consumed in to the Orcgon wine country from its uncooked state - an adventure the Piedmont region in northern most cooks would forgo when it

peared in the 1970s. There were only two winerics in Italy bottling the wine. When Piedmont wines were "discovered" by the world

wine market, demand for the varietal grew. By the late 1980s, arneis was once again well established in Italy; in 1989 it received D.O.C. status, which legislates how the wine is produced. The Ponzi family made several trips to Italy to study the wine-

making practices and came upon this wine. Impressed by the flavor and balance, they imported arneis cuttings in 1991 and now are one of the few wineries in America producing this wine.

Winemaker Luisa Ponzi's tasting notes from the Ponzi Vineyards' Web site (www.ponziwines.com) read: "Notes of citrus blossom and almond in the nose lead to a refreshingly crisp and brisk palate of marmalade and honeysuckle finishing with the perfect balance of acid and

Ron James welcomes comments and suggestions. E-mail him at ronjames@perfectpairings.us. Listen to his "Gourmet Club" radio show and see archives of previous columns at www.perfectpairings.us.

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moderate heat. Remove from pancetta up and over the cod,

heat and let stand until the cod is wrapping it snugly to form a neat barely cooked through, about 5 package. Repeat with the minute, until just wilted. minutes. Drain and trim away remaining cod and pancetta to Transfer the greens to 4 warm any bones and membranes. Cut form 4 packages.

Using a chef's knife, slice hori- cod bundles on 1 side until the butter, 1 tablespoon at a time. of cold water for 12 hours, zontally through each fresh cod pancetta is pink and slightly Whisk in capers and any juices changing the water 3 or 4 times. fillet to within 1 inch of the crispy, about 5 minutes. that have accumulated on the opposite side so that the 2 halves Carefully turn cod over and cook fish platter, and season to taste not be completely salt-free or it can be opened. Season the inside until fish is opaque, 3 to 4 min- with salt and pepper.

Italian markets or online at the

Vermont Country Store,

It's fairly expensive by the

pound, but it almost doubles in

weight after soaking and even

then a little goes a long way in

Pancetta is used to bind the two

cods. It is sometimes called

"Italian bacon," but Adams says

that is misleading.

www.vermontcountrystore.com.

and cooked with salt. Drain the inside each fillet and close the 2 spoons olive oil in the saute pan Serve immediately. and bring just to a boil over fillet in the center. Bring the Stir in garlic and then add Morrow, \$34.95).

into quarters, place in a covered Heat 2 tablespoons of olive oil in container and refrigerate until a large saute pan over high heat. As soon as the oil is hot, sear the

will have lost its distinctive fla- of each fillet with salt and pep- utes. Transfer cod to a platter Transfer fish to serving plates. and keep warm. as a fish that you've seasoned Put I picce of poached salt cod Heat the remaining 2 table- nish cach with a lemon wedge.

pepper. Cook, stirring, about 1

Add water and lemon juice to the saute pan and bring to a boil. Remove from heat and whisk in

Spoon sauce over fish and gar-

halves. Spread 3 overlapping over medium heat. When the oil - From "In the Hands of a Chef: Place the salt cod in a small slices of the pancetta side by side is hot, add onion and cook, stir- Cooking with Jody Adams of saucepan, cover with cold water, on a work surface and place 1 ring, until soft, about 2 minutes. Rialto Restaurant" (William LIFE

THE ALERT CONSUMER Most consumers need help deciphering food label lingo

BOODNESS CORNER

Nutrition Facts

15

3% 8%

35% 40%

10% 25%

60% 60%

15% 30%

35% 35%

35% 35%

70% 70%

35% 40%

659 80g 20g 25g 200mg 300mg 2,400mg 2,400mg 3,500mg 3,500mg 300g 375g 25g 30g

Amount in cereal. A serving of cereal plus skim milk provides 15g total fat, 240mg sodium, 300mg polassium, 30g total carbohydrate, 7g

sugars and 7g protein. Percent Daily Values are based on a 5,000 calorie diel. Your daily values may be higher of lower depending on your calorie needs.

NGREDIENTS: WHOLE GRAIN OATS, SUGAR, OAT

BRAN, MODIFIED CORN STARCH, CORN SYRUP, FREEZE DRIED BLUEBERRIES, FREEZE DRIED

TRAWBERRIES, SLAT, CALCIUM CARBONATE

AND ZINC (MINERAL NUTRIENTS), A B VITAMÍN (NIACINAMIDE). VITAMIN B1, (THIAMIN

HYDROCHLORIDE), ANNATTO EXTRACT COLOR.

VITAMIN B2 (RIBOFLAVIN), VITAMIN A (PALMITATE

A B VITAMIN (FOLIC ACID), NATURAL FLAVOR, VITAMI

B12 VITAMIN D. WHEAT FLOUR, VITAMIN E (MIXED

TOCOPHEROLS) ADDED TO PRESERVE FRESHNESS.

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American Heart Association

CONTAINS WHEAT INGREDIENTS.

Servings Per Container About 10

Calories from Fat

Saturated fat Og

Polyursaturated Fat 0.5g

Monounsaturated Fat 0.5g

Total Carbohydrate 24g 8% 10%

Soluble Fiber less than 1g

Other Carbohydrate 11g

Dietary Fiber 2g 10% 10%

otal Fat 1.5g*

Trans Fat Og

Cholesterol Omg

otassium 100mg

itamin A

alcium

itamin D

iboflavin

/itamin Be

olic Acid

tamin B12

PAM ADAMS Copley News Service

Read food labels and you'll find choices similar to a good

Mysteries: Why isn't good-to-you ever the same as goodfor-you? Dramatic mysteries: What are trans fatty acids, and did U.N. weapons inspectors ever find them?

Comedic mysterics: Who would've thought a package of M&Ms with peanuts actually provides important nutrients like calcium and iron?

OK, it's only a tiny percentage of the recommended daily allowance of calcium and iron for a moderately active woman - or a fairly sedentary man - who eats 2,000 calories a day. But that's not the point. M&Ms are low in sodium and pretty low in cholesterol, according to the fine print under "nutrition facts" on the back of the bag.

Actually, the larger point here is that reading the nutrition facts label on food packaging can be confusing, but that's no reason to close the book. With a little help from Golda Ewalt, a registered dietician at OSF Saint Francis Medical Center in Illinois, and Marjorie LaFont, registered dietician and educator at the University of Illinois Extension Expanded Food and Nutrition Program, here's a guide to help solve one of the mysterics of good eating habits: what the gobbledygook on the nutrition facts label means.

With as many as four different kinds of fat, including the new federally required listing for trans fat, this can get confusing. Not all fats are created equal. Monounsaturated and polyunsaturated fats are the best choices, in moderation. But they've still got calories, and nutritionists say only 20 percent to 35 percent of your daily calorie intake should come from fats.

Saturated and trans fats are another story. The less, the better. The U.S. Food and Drug Administration and American Heart Association recommend no more than 10 percent of daily fat calories should come from saturated

But here's the tricky part, says LaFont. In FDA lingo. "zero grams of trans fat" listed on the label can actually mean up to half a gram of trans fat per serving. "The manufacturers have figured it out, so some are changing their sizes so they can say a serving has less than half a gram,"

To be sure, go to the list of ingredients. "If it has hydrogenated oil or partially hydrogenated oil listed, then it has trans fatty acids."

In general, 68 grams of protein a day is plenty for the average 150-pound person. That's slightly less than half a gram per pound, and most Americans get enough without

VITAMINS AND MINERALS

Don't get too bogged down here, Ewalt says. Chances are. the average American diet isn't deficient.

INGREDIENTS

The product's ingredients must be listed in order of quantity, from most to least amounts. As for those oddly named chemical-sounding substances? Most of them are preservatives, and some of them even have health benefits.

But just when you're about to solve the mystery of reading food labels, food manufacturers have been known to throw in a final plot twist. Take cercal food labels, for instance. LaFont says beware of packages that list three or four different types of sugar. Sometimes manufacturers list each sugar separately so they won't have to list sugar first, as the main ingredient.

SERVING SIZE

The roots, the foundation of the nutrition facts label. Ignore it and risk blowing up because the rest of the label's facts - total calories, total fat, etc. - are calculated based on serving size. Ewalt likes to point out that the label on a 20ounce bottle of soda may say it contains 150 calories per serving. But 20 ounces of soda equals 2 1/2 servings, and who splits the bottle into servings? Drink the whole thing and you're taking in 375 calories. If you're serious, measare the amount of a single serving as listed on the package. See what a serving looks like.

People are always interested in calories, says LaFont, but it's important to pay attention to fats, sugars and fibers

Calories measure how much energy we get from a particular food. For instance, 3,500 calories equals 1 pound of body weight, meaning if you cat 3,500 extra calories, say, over seven days, you'll gain a pound. That's why nutritionists say if you reduce food intake by 500 calories a day, you should lose a pound in a week.

PERCENT OF DAILY VALUE

Guess what. The percentages under this listing are calculated for a moderately active woman, or a fairly sedentary man, who cats 2,000 calories a day. (Highly active women, moderately active men and growing teen boys need closer to 2,500 calories a day.)

The "DV" percentage helps determine if a serving is high or low in a particular nutrient. A listing of "5 DV" is low and "20 DV" is high, according to the U.S. Food and Drug Administration.

The "DV": almost makes it easy to make comparisons between brands and products. Just make sure you're comparing similar serving sizes. Using the "DV," you can also easily compare claims, such as "reduced fat," "light" or "nonfat." Just compare the "DVs" for total fat in each product.

Note that trans fat, sugars and proteins do not list a "DV." For trans fats and sugars, that's a sure clue about their low importance in the overall diet. For proteins, a "DV" is only required to be listed if an advertising claim is made about protein, such as "high in protein."

CHOLESTEROL Only animal products are going to have cholesterol. Adults should limit daily intake to 300 milligrams a day or less. SODIUM

A food is low in sodium if it contains no more than 140 milligrams a serving. And the average person should consume fewer than 2,300 milligrams daily.

That means cut back on the processed convenience and packaged foods. A single serving of canned soup or a frozen dinner can eat up nearly half the daily limit easily. And beware of condiments.

TOTAL CARBOHYDRATES

A large category that includes everything from whole grains (healthy carbs) to sugars and refined carbs (unhealthy white flours). Nutritionists say studying the sugar and fiber content is most helpful.

"The more fiber, the better." Ewalt says. The average adult should eat between 21 and 35 grams of fiber daily.

SUGAŔS

Though added sugars supply little nutritional value, they show up in the most surprising places. You expect to find them in M&Ms, but pasta sauces and salad dressings? They're often added to foods that claim to bc fat-free.

Don't-confuse foods with naturally occurring sugars, like those in fruit and milk, to added sugars. For instance, a container of plain yogurt may list 10 grams of sugar, while a same-sized container of fruit yogurt

Once again, to be sure, go to the list of ingredients. The plain yogurt probably doesn't have added sugars, while the fruit yogurt probably asts com syrup, high-fructose corn syrup, fruit juice concentrate, maltose, dextrose, sucrose, honey, brown sugar or maple syrup. As for the possibility of any other added sugars, remember "-ose" at the end

Additional source: Real Simple magazine, October issue. Visit Copley News Service at www.copleynews.com.

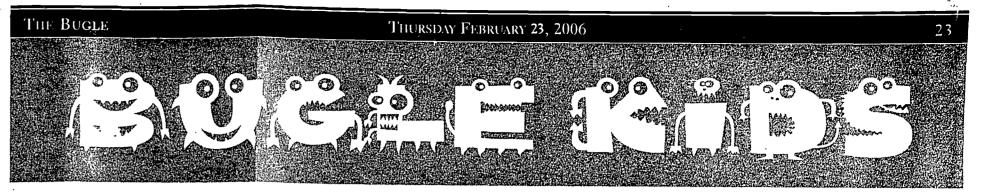
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By J.R. Rose-Copley News Service

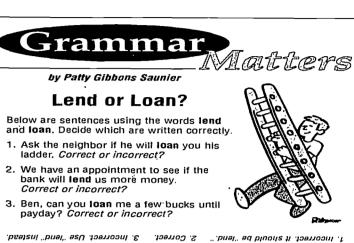


WHICH BUTTON IS NOT THE WRITE US ... -We'll write you back!

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Mom's fur-lined purse



The opossum is the only making it kin with kangaroos other pouched may raise up to

time, all with their own personal fountain of life.

Starting this time of year, a mere 12 days after conception, the blind and naked babies exit the womb for a perilous cross-belly journey to the inner sanctum. Weighing just one-fifteenth of an ounce each, the embryonic young instinctively clutch and pull their way along with oversize forepaws into the incubator pouch and fasten on to one of the nipples. There they drink for dear life, not releasing for more than two months.

By springtime, they evacuate – but do not yet abandon – the only life they've known so far. Fully furred and resembling Mom, they still prefer her locomotion to theirs, clutching atop her back as she lumbers along.



Didelphis virginianus lead and body: 15-20 inches; tail: 9-12 inches

Habitat: forested wetlands, mixed woodland www.naturenewswatch.com





Don't pine over hubby's love of natural wood

ROSE BENNETT GILBERT Copley News Service

Q: We are getting married in two months, and I am going to move into my husband's house. He built it himself, and it is the quintessential bachelor's pad: pine-paneled walls, leather furniture, a big natural brick fireplace, and cathedral ceilings also pine-paneled.

This move makes financial sense, but I'm realizing that what's good as "his" is not going to be so easy for "her" to live in. My taste runs to crystal and chintz. Please, I need help. A: Unless your husband is an architect - they're notoriously set in their design ways - I'll wager you can gentrify his masculine digs without seeming to reject his taste altogether. Start by introducing a couple of pieces of comfortable furniture, upholstered in fabrics, maybe even those flower prints you crave. Pick a pattern in a color that complements his favorite leather chair, and he probably won't complain.

It may not be too long before he'll even let you paint those natural wood walls, a giant step toward civilization, as we women might define it.

If not, take notes from the room in the photo we show here. When designer Maureen Ann Daly tackled an attic room for a recent design show house in the historic Capt. Jedediah Hawkins house on the North Fork of Long Island, N.Y., she barely blinked at the



of attic living is all about luxe, she found a valid way to work with all that wood - clustering

mounted over the fireplace both magnifies its sparkle and adds an airiness to the otherwise monoto-

(For a closer look at the historic help me?

walls and ceiling. Even if her idea designer show house, visit hole honestly so it doesn't just www.captainhawkinshouse.com. look like an architectural acci-

Q: We had a large open door- an attractive solution. Shutters floral, fringed furniture around an way between our great room eccentric ottoman, and hanging a and dining room. In order to crystal chandelier formal enough make a wall for a sofa, we for the most traditional sitting closed it in halfway up the wall, leaving the upper portion of the The wall-to-wall mirror Daly doorway open for light and to prevent the rooms from being so closed in. The half-wall works fine for the placing of nous all-wood walls. The mirror furniture, but I have been also makes the most of the unable to come up with anyroom's odd angles, which is half thing to make the "window" the fun of this once rough and between the rooms attractive. It ungainly - now warm and invit- is just a straight, drywall wall with a large hole in it! Can you

look like built-ins from both sides, and can be adjusted to allow the flow of light you need between the rooms.

Color might be another answer. Simply paint the inside edges of the drywall a color that relates to the fabric on the sofa below it. Or vou might consider framing the hole on both sides with fairly wide decorative wood moldings, painted to match the walls. You'll effectively be turning it into an unobtrusive, two-way "picture" worth looking through from ither viewpoint.

Rose Bennett Gilbert is the coauthor of "Hampton Style" and associate editor of Country Decorating Ideas. Please send vour auestions to her at Coplev News Service, P.O. Box 120190, San Diego, CA 92112-0190, or online at copleysd@copleynews.com.

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SMALL SPACES

Multifunctional homes for everyone's needs

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THE BUGLE

Today's homes serve many functions. Not just a place to sleep and eat anymore, houses do double duty as gyms, home offices and entertainment centers. And whether you're a young professional in your first small apart-

of people running up and down the stairs. While the space is by no means adequate enough for a full-blown home office, it certainly would satisfy computer needs for many people

to downsize and live a simpler back entryway that might also be

er in your old home is to take a dle of more public living space.

tic ways to revamp the space. By space, it offers ways to convert

Consider the basic office in the for an older relative who is work-

the previous tenant. By opening by Clarkson/Potter, features real

the area up, the new owners houses and apartments that have

restored the light of a huge win- been designed by both profes-

photo shown here. This little desk ing to reclaim muscle tone.

hard, realistic look at some dras- For those with more abundan

lifestyle, getting the best use out

of premium space is bound to be

A good resource is a little book

called "Spaces for Living: How

to Create Multifunctional Rooms

for Today's Homes." The authors,

Liz Bauwens and Alexandra

Campbell, share their design

experience and provide some 300

full-color photographs that show

stylish solutions for how to use

Sometimes the way to be happi-

evaluating 19 real-life cases, the

authors present hundreds of ideas

for innovative room-planning,

clever storage and dual-purpose

zone was a tiny bathroom used by

every inch of available space.

a craft room or office - just

enough room to get projects done

out of the way of others who live

in the house. Perhaps building a

rowest of corridors or around a

door or under a window can

allow for retaining some of a pre-

The book contains ideas on how

the dining room or how to fashion

to carve out a little home office in

discreet storage right in the mid-

secondary bedrooms or bath-

rooms into "luxury" spaces - a

fly-tying space for the avid fly-

fisherman, a sewing room for the

amateur quilter, an exercise area

"Spaces for Living," published

cious book collection.

slim bookcase, just the width of a

book, positioned along the nar-

narrow enough to allow the chair excellent place to begin carving to scoot under and out of the way out the niches you need in your small but multifunctional home.

Christine Brun, ASID, is a San Diego-based interior designer and the author of "Big Ideas for Small Spaces." Send questions and comments to her by e-Another possibility is to turn a mail at chaintdes@hotmail.com ment or a retired couple wanting mudroom and laundry area into a or to Copley News Service, P.O.

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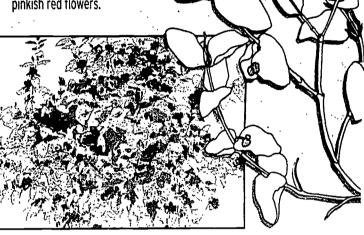
Alternative ground cover Honeysuckle versus the autumn olive bush You shouldn't plant autumn olives bushes

as they may be outlawed in your state. The honeysuckle is as attractive and robust, but won't take over your entire yard. Additional types: Winterberry Black haw

Gray dogwood

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 Shining sumac Serviceberry Honeysuckles grow to about 3 feet high and produce pinkish red flowers.



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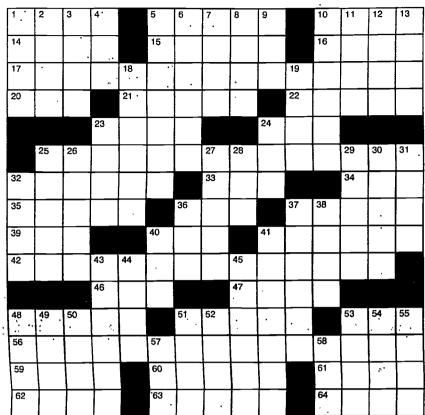
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CROSSWORD PUZZLE

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ACROSS

- 1 French cleric 5 "Mack the Knife" singer
- 10 llk 14 Highlands social
- 15 Fromm or Remarque
- 16 Malayan sailboat 17 Literary preppy
- 20 Ram's mate 21 Small containers
- 22 City on the Rhone delta
- 23 Deteriorate
- 24 Jefferson Davis' org.
- 25 Literary sleuth
- 32 Bikini Atoll events
- 33 Simian
- 34 Young pig 35 Pugilism awards
- 36 ER workers 37 Forest clearing
- 39 Denver-to-Omaha
- 40 Lao-tzu's truth 41 Racehorse with no
- 42 Literary pirate 46 Rhine tributary

47 Wight or Capri

DOWN

48 Fast German

once

secret police,

51 Mountain ridge

53 Refs' decision

59 Regarding

60 Neon

63 Purloin

56 Literary adventurer

61 Adams or Brickell

62 Track competition

64 Anti-prohibitionists

- 1 Workout result? 2 Spout
- 3 Cotton quantity 4 Terminal
- 5 Recantations 6 1950s winning
- Preakness jockey 7 Monetary unit of 45
- Down 8 Hosp, areas
- 9 Stanley Cup org.
- 10 Helix 11 Cy Young winner
- Hershiser 12 Thespian's quest
- 13 Small amounts 18 Turns inside out 19 Africa's Burkina

23 "Friendly

Persuasion" author

co-revolutionary

25 Transcript preparei

26 Femme fatale of

27 Ecclesiastical law

28 Mess workers: abbr

29 Gettysburg general

"The Iliad"

30 Church official

31 WWII weapon

32 Fourth person?

36 Stadium cheer

37 Kitchen aloft or

38 Not prerecorded

43 Pipe joint sealer

44 Monopoly square

45 ___ Leone. Africa

48 Tapered slat used

50 Subdivision division

51 Act as a lookout, e.g.

for leveling

52 Nerve network

53 Ocean movement

54 Create an argyle

55 Wad stuffers

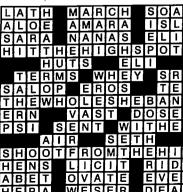
57 UFO pilots?

58 Not many

49 Melody

41 Mediterranean wind

40 Rock pile



Be the First to send in the answers to this week's

crossword puzzle and your name will be listed in next week's Bugle.

> This Week's Winner is... Lorraine Truskolaski

Send your answers to the editor: Andrew Schneider Fax: 847.588.1911 E-mail editor@buglenewspapers.com

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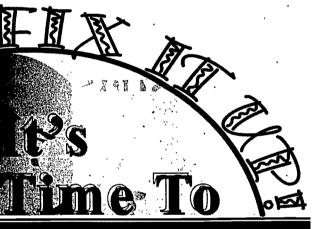
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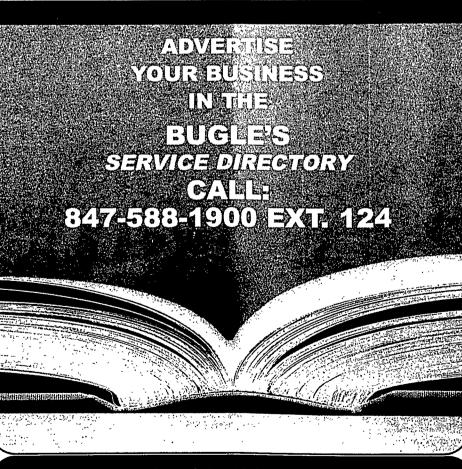
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Auto Scene

Retrofuturistic FJ Cruiser gets more smiles to the gallon

Jerry Garrett Copley News Service

Toyota's new FJ Cruiser is proof that designers inside the company's styling studios really do know how to

Without doubt, the retrofuturistic FJ is the most fun Toyota designers have had on the job since at least the 1997 Lexus Street Rod concept (or possibly ever, since racer Rod Millen deserves much of the credit for the Strect Rod).

Like the Street Rod, which debuted at the '97 Los Angeles auto show, the FJ had just about as much chance as the 1930-something-based roadster had of becoming a real production

But an interesting thing happened after the FJ concept was introduced at the 2003 Detroit auto show: An impossible-to-ignore number of people started waving blank deposit cheeks around, wanting to get on a waiting list for a production version.

"We had 35,000 'hand-raisers' who said they wanted this vehicle," says Mark Amstock, Toyota's national truck and SUV market planning manager. "That got our attention."

In barely two years' time, the production version of the show car has been hammered into reality. Admirably, the five-passenger iteration, which will go on sale around late March is; in all the essential ways, faithful to the rave-inducing concept.

Pricing starts at \$22,315, including \$605 freight.

The idea of a Toyota retrocruiser actually was born about six years ago, Amstock notes. That's when the company challenged Millen to come up with his take on a 1967 FJ40 Land Cruiser - a cult favorite - imbued with 21st century techno-flair.

Millen, with the help of Toyota's Calty design studio in Newport pendent front suspension and a four-Beach, Calif., retained such signature FJ features as its white roof, the bush meat-strainer grille and safari stance. tem could handle anything I felt won't hurt anything to use the chcap-A further objective was to hit a mid- brave or foolhardy enough to tackle; cr fuel in less-demanding situations percent of the torque to the front Jerry Garrett is a freelance auto \$20,000 price point, which would and there is no arguing with how such as highway cruising. make it almost irresistible to a target much the suspension, with the help of audience of young, single, X-Gamesubular shocks and sway bars, lon city and 22 highway for 2WD capability, from two-wheel drive in Visit Copley News Service at watching men.

Not coincidentally, that also is who buys the Jeep Wrangler, an audience that might be hungry for a high-char-· acter rock crawler with Toyota-caliber reliability.

To the uninitiated, such as my 13year-old daughter, "the FJ looks like what would happen if a Hummer and a Honda Element got married and had a kid." Hmmm

few gaps in Toyota's burgeoning

lineup of vehicles - that of a bullet-

proof off-roader with Marlboro Man

The FJ rides on a stretched and

frame chassis, which is welded to the

mannered double wishbone, inde-

But in my off-road testing, the sys-

link coil spring independent rear.

improves the on-road feel.

modified Land Cruiser Prado ladder- is full size.

inches of ground clearance; twowheel drives lose about an inch of Wheel travel is almost 8 inches up

front and 9 in back; approach and departure angles are 34 and 30 degrees respectively for 4WDs. 32/29 for 2WDs, It's got a 30-degree climb and 41-degree side slope angle capability; it can ford up to 27.5 inch-

es of standing water.

foot-pounds of torque.

"trail-rated."

Off-road crazies might quibble with Tacoma-Tundra-4Runner V-6. On the

Toyota's decision to go with a mild-recommended 91-octane premium

If this were a Jeep, it would be

Standard FJs ride on 32-inch tires.

horsenower version of the 40-liter off-roading.

with 17-inch steel wheels; the spare

fuel, the FJ generates a welcome 278

The all-wheel-drive FJ enjoys 9.6 manual, and 17/21 for 4WD with

Transmission choices consist of a five-speed automatic, or six-speed manual (fifth is a direct-drive high, with sixth an overdrive for highway economy runs).

MIONCOPENENT OF ROLL OF STREET

hunt for first.

Spinning those wheels is a 239- tive hill-start feature for hard-core

reverse a few too many times as you

A clutch-start cancel switch on the

Gearlieads who might opt for the manual be warned: You will tire of shifting this thing in city driving, it doesn't like to pull away from stops

bogging. An optional locking rear diff can be activated by an instrument-panel switch, but only when the vehicle is traveling under 5 niph (it kicks off above 30 inpli). Big disc brakes all-around, with

ABS, brake force distribution and

assist, and stability and traction con-

trol, make the FJ sure-footed to con-

trol and stop: An optional A-Trac dash-actuated feature mimics limited-slip and locking diff wheelspin limitations, without driveline bind.

On 2WD models, an automatic limited slip differential feature enhances rear-wheel traction to get you unstuck.

If you are still awake after the preceding five paragraphs, you qualify as the serious off-roader Toyota is aiming this vehicle squarely at. not, here at last is the fun part:

Overall, the FJ has futuristic look of the Jetsons' toaster, with fanciful retro-themed features hung all around it. To wit:

The flat, nearly upright windshield is swept by three stubby wiper

Besides two massive side doors, it has two hidden rear suicide doors. There is no "B" pillar. An odd byproduct of that is the front seat

belts are attached to the rear doors - a nuisance when trying to let someone in or out of the back scat while you're belted in the front. The side-opening rear cargo door also has a curved back glass piece

that opens above the rear-mounted dash gives you the option of starting The interior can be bosed out: the the manual in-gear; this is an effecfive-layer fabric upholstery and rub-

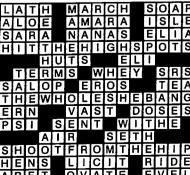
ber-mat flooring shed water easily. Besides being easy to clean, the Manual transmission versions have captain's-chair front scats are longfull-time 4WD systems, with high, trip counfy; the rears fold flat for

low and ultralow shift positions; the added storage. center differential can also be locked. Speakers for the standard AM-FM-The engine makes slightly less In normal driving, the Torsen limit- CD stereo are incorporated in the torque if fed regular unleaded, but it cd-slip unit has a 40/60 torque split; headliner, for a "shower of sound" abnormal driving can send up to 70 feel.

wheels, up to 53 percent to the rears. writer and contributing editor to Car EPA ratings are 18 miles per gal- Automatics offer shift-on-the-fly and Driver magazine.

automatics: 16/19 for 4WD with a normal cruising, to 4WD in slippery www.copleynews.com.





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¹ 02 Mitsubishi Diamanto LS	Kolley Blue Book: \$12,090
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