



REFORMERS

New Party starts in Morton Grove
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WELCOME

NDHS Reception for Fr. Smyth
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SENIOR EVENTS

Our Monthly Senior Living Guide
SENIOR LIVING GUIDE

THE BUGLE



MARCH 15, 2007

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Harold Neihaus, who is legally blind, practices playing the violin every day and performs for local audiences. (Photo by Tracy Yoshida Gruen)

State's Attorney Makes Parents, Aware of Gangs

By Tracy Yoshida Gruen
STAFF WRITER

Gangs in Park Ridge? Niles? Yes, it's true.

"Today's graffiti is tomorrow's driveby," said prosecutor Laura Morask to a room full of concerned parents and residents at a Gang Awareness and Prevention event that took place at Maine Township town hall on Thursday, March 8.

Since housing projects in Chicago have been closing and Chicago police have been diligently fighting gang crime, some gang members have started to relocate to the suburbs, including the Park Ridge area.

In the area of Cumberland and

East River Road the Gangster Disciples have made a presence.

"A lot of suburbs don't want to admit they have a problem," said Morask, who has been a state's attorney prosecutor for 22 years and has dealt with many murder crimes. She said that gangs spread into a suburban neighborhood by breaking a window on a home and seeing how long it takes for someone to call the police and how much people care. That's why Morask said it is so important for people to call the police if they notice graffiti and other crimes being committed.

Morask said other gangs, such as the Cerrano 13 (involved in a Maine Township stabbing) and the

See Gangs, page 2

Blind Violinist's Eye for Music

Neihaus' legal blindness doesn't keep him from music

By Tracy Yoshida Gruen
STAFF WRITER

Harold Neihaus, who is legally blind, practices playing the violin every day and performs for local audiences.

A Morton Grove resident, Neihaus recently performed at the Morton Grove Senior Center. He has committed about 20 different songs to memory. Some he memorized prior to becoming blind in one eye and others he memorized

afterwards. In order to play the music, he would remember the melody and try to match the melody until it was perfected.

Neihaus plays a variety of musical hits at the Morton Grove

See Violinist, page 2

A Local Hero Returns

Friel comes home from Iraq

Larry and Marion Friel of Park Ridge recently welcomed their son home from Iraq with open arms and happy hearts.

"It's nice to be back," said Tony Friel, Lt. U.S. M.C. Friel describes his seven months in

Iraq as being a "unique" one.

Marion said she was very delighted to have her son come home and she felt like a huge burden was lifted when he returned.

See Blotter, page 5.

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'Preserves' partners request TIF funds

By Tracy Yoshida Gruen
STAFF WRITER

After a presentation by representatives of the Preserves of Morton Grove, the village of Morton Grove board of trustees voted to ask S.B. Friedman to determine the validity of a TIF loan request that could amount to the village contributing \$4.9 million once the project is completed at the board meeting on Monday, March 12.

The Preserves of Morton Grove consists of townhomes,

Morton Grove consultant will study request

condominiums and 7,800 Square feet of commercial space. This development will create a pedestrian friendly area with a fountain on Dempster St. where the Maxwells restaurant once operated.

A representative of the Preserves of Morton Grove said that sales have been "kind of hot and cold overall," construction costs are rising and that they could not go through with the

project without the village's TIF assistance.

The representatives of the Preserves asked for 2.7 million plus up to 60% of the tax increment generated over the lifetime of the TIF, which would amount to approximately \$4.9 million.

Morton Grove Mayor Richard Krier said that he personally would be more inclined to support their request if they made sure that retail would come into

the commercial space rather than offices. Potbelly's and Jamba Juice are possibilities for the site.

Krier questioned why the Preserves of Morton Grove needs the financial assistance of the village when Toll Brothers, another developer in Morton Grove, did not.

Representatives of the Preserves explained that the development had "unique and challenging site issues," such as flood plain and soil issues. They also stated that beyond just a

See Preserves, page 3

Park Board Ready to Sign for 45 Tam Acres

Zoning Bd. May Hear Tam Issue Tonight

-Thursday, May 26, 1966

Whether or not the very complicated Tam rezoning request goes before tonight's zoning board meeting depends on park board president Steve Chamerki's signing papers for part of the Tam property. As of Tuesday at 2:45 p.m. Chamerki had not signed the papers.

In a cloak and dagger game befitting James Bond, Chamerki told The Bugle Tuesday this signing is the sole condition blocking the park board's going along with the Tam rezoning request. Chamerki refused to be more specific other than to say he has the approval of the park board to sign papers for part of the Tam property. He also added he voted against the proposal which the majority of the park board approved for part of Tam because he, Chamerki, was holding out for the purchase of the entire course.

Despite the vagaries surrounding the purchase the following assumption is based on interviews with park board members and zoning board members: The park board is likely to sign for the purchase of about 45 acres of property in the lowlands area on the north end of Tam, as well as the clubhouse area. It is assumed the purchase of the property is contingent upon a federal grant of 50% of the cost of the land.

Park Board Vetoes Tam Referendum

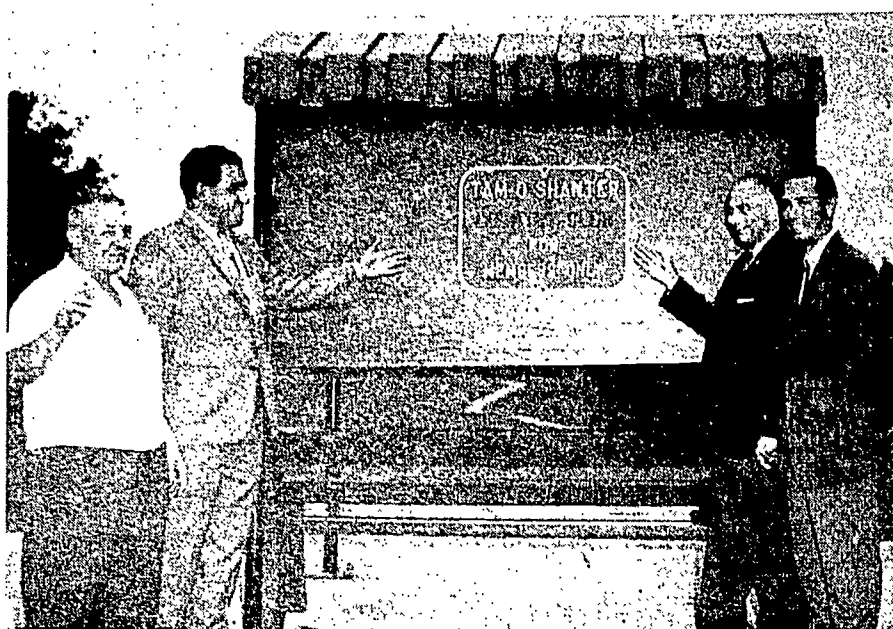
2,000,000 Cost to Voters Defeated

-Thursday, April 21, 1966

Niles park board Tuesday turned down a proposal to submit a referendum on Tam to Nilesites not to exceed \$2,000,000.

Commissioner Ray Eagan offered the motion, which was supported by park president Steve Chamerki, but was opposed by the three remaining commissioners. According to commissioners Jerry Sullivan and Jack Leske the proposal was out of order, since the park board is still negotiating for part or all of Tam and such action was not compatible while negotiations were still active.

While the park board hesitated to release figures park commissioner Scheiner said one bonding house would never go along with buying bonds, if such an action as a referen-



Farewell To TAM

Obituary: Sponsors of the Niles Joint Golf Outing said farewell to a long-time friend of golfers. Left to right: Frank Trolan, member of the Niles Lions Club and Chairman of the

Golf Outing Committee; Mayor Nicholas Blase; Al Green, President of the Niles Chamber of Commerce; and Todd Uvare, Lions member and Chairman of the Niles Youth Commission.

dum took place. The vote, if approved would result in general obligation bonds being sold, and Schreiner noted the selling of even \$1,000,000 in bonds was doubtful. They noted the tight money market was responsible for this. Attorney George Gauthier noted the market has never "been tighter" since the 20s for the purchasing of bonds. In the general discussion the park board seemed less than optimistic about the acquiring of Tam.

Park Board Okays Revenue Bonds for TAM

Must Get Matching US Money

-Thursday, September 1, 1966

Monday night Niles Park Board passed a revenue bond ordinance for \$665,000 for golf course revenue bonds to be used for the purchase of approximately 37 and 1/2 acres of Tam O' Shanter golf course, if the federal government gives a matching grant of \$665,000. The bonds will run for 40 years not to exceed 5 and 7/8% interest. Within the ordinance an additional \$200,000 in bonds are also authorized to be purchased for the improvement of the existing course and clubhouse.

Coupled with the passage of the bonds, which has been reported will be purchased by the present owners, the J. Emil Anderson Company, Niles will go to the polls Saturday, October 1, to vote for about \$175,000 of general obligation bonds for the improvement of the 37 and

1/2 acre golf course.

Li'L Tam to be 2,250 Yards-33 Par Course, Ok Shortest of Three Proposals

-Thursday, September 8, 1966

At a special park board meeting Tuesday night park commissioners approved plans for "Li'l Tam" the proposed 37 acre Tam O'Shanter course, which will be 2,250 yards long and will be a par 33 course.

Commissioners had three proposals for courses ranging from 2,250 yards to 2,490 yards. Led by commissioner Eagan, who said he wanted golfers to move thru the course quickly, getting on and off the course fast, three of the four commissioners okayed the plans, presented to and by the J. Emil Anderson Company. Fourth Commissioner Jack Leske wanted a longer course though he agreed with the layout for the new plan.

Both Niles Park Issues are Defeated

Tam Vote Loses by 393 Votes

-Thursday, October 6, 1966

Voters in Niles 12 year old park district turned down its fifth referendum in six tries Saturday rejecting the sale of \$665,000 for golf course revenue bonds, and opposing \$595,000 of general obligation bonds for a second swimming pool and two parks.

The very controversial Tam O'Shanter golf course issue lost by almost 393 votes while the park obligation bonds lost by 108 votes in an

unexpected light vote of 3,095 votes. Residents voted as they always have, the newer residents heavily supporting both issues, while older residents opposing them. Persons living closest to the proposed swimming pools at the north end of the village overwhelmingly backed the two proposals while residents who were less likely to use the facility turned the issues down.

As always, the voters at the extreme south end of Niles overwhelmingly opposed the park issues, as they have in the past. They opposed the bonds by almost four to one. Residents voting in the Grennan Heights pool also forcefully opposed the issue by almost two to one. In all six precincts more voters favored the park improvement than the acquisition of the golf course.

Only Scheel Opposes Tam Zoning 85 Acres For Limited Manufacturing

At Tuesday night's meeting of the Niles Board of trustees, Tam O'Shanter was voted 85 acres of rezoning for M limited manufacturing with only one veto—by Trustee Ken Scheel.

Louis Ancel, counsel for J. Emil Anderson and Son, Inc. owners of the property stood before the village board, and warmly described his clients as "charitable people." In Mr. Ancel's opening presentation to the board, he said "It is in the public interest to grant the petition for rezoning. We have worked out an equitable agreement with the park officials...over a period of years you will have one of the finest industrial developments of any community in this metropolitan area...we have reached a satisfactory and pliable solution...we urge you...grant this so we can get on with our work...to proceed and develop this tract."

This agreement between J. Emil Anderson and Son, Inc and the Niles park district calls for 37 1/2 acres of land for the park district and 85 acres for Anderson, Inc. The purchase price for the 37 1/2 acres of land is \$1,330,000 half that sum to be raised by golf revenue bonds and half through a federal grant. The Anderson Company agrees to gift the park district with a sum of \$550,000 over a period of years.

SCHOOLS

THE BUGLE MARCH 15, 2007 5

Notre Dame welcomes Fr. John Smyth

A large green banner hung at the front of the school to welcome parents, alumni, alumni parents and friends to a special welcome reception for Rev. John P. Smyth, the new president of Notre Dame High School on Sunday, March 11.

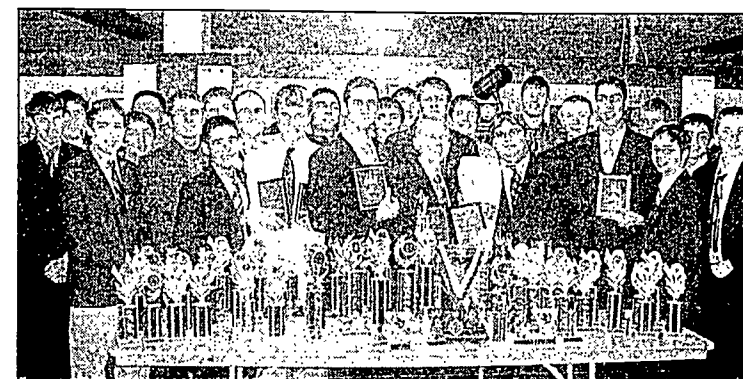
"It was a lovely event," shared Teresa Connelly, media relations specialist for Notre Dame High School.

A couple hundred alumni, alumni parents, faculty, staff and

friends streamed in and out of the school's library to welcome Father Smyth as the new leader of the school.

"He was very relaxed and it was a very nice welcoming event for him," said Connelly.

The school also welcomes everyone on Monday, March 19 as Father Smyth celebrates the all-school St. Joseph Liturgy at 9:30 a.m. This will be the first mass at NDHS at which Father Smyth presides.



Dons best in debate

Members of the Notre Dame High School Debate Team celebrate winning the Chicago Catholic League Debate Championships

for the second year in a row. The team also took tenth among 111 teams in the recent Harvard Tournament.

Local Students Named to DePaul's Dean's List

Local students on the DePaul Fall Dean's List include Galit Rubinshtein of Morton Grove (accountancy), Igal Rubinshtein of Morton

(undergraduate/undeclared major), Simon Salomon of Morton Grove (computer information network), Andrea Stefan of Morton Grove (intended accountancy honors

major), Stacy Zeidman of Morton Grove (psychology major), Juliana Rossi of Niles (intended marketing major) and Michael Zdanowski of Niles (undergrad/undeclared).

Soldier

continued from page 1

"Our community has been very generous," said Marion. She said that St. Paul of the Cross Church, Park Ridge council members, and residents in Park Ridge have been very generous by donating a variety of items, such as baby wipes, candy and toothpaste, to send to Iraq. Local Brownie members also

wrote letters of support for the marines. The military gave some of the candy to children in Iraq.

"It made life a lot easier," said Tony, about receiving the care packages from his hometown.

Tony, who attended Maine South High School and grew up in Park Ridge, said that he has wanted to be in the military since he was a kid.

Not all of the members of

Tony's battalion made it home like he did.

The Friel family, which includes Larry, Marion, Ryan, Jamie, Alex, Danielle, Chrissy and Tony, hope that people continue to pray for the members of the military and for families that have lost their children in this war.

Tony said he's not sure where he will be stationed next.



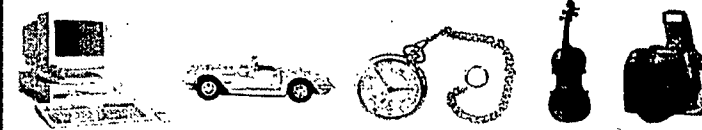
Notre Dame High School President Father John P. Smyth is joined by Michael and Phyllis Palliser, parents of J.J. '08, at a reception on Mar. 11 welcoming Father Smyth to the school. Other parents, alumni, alumni parents and friends also attended.

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Horse-riding equipment stolen from vehicle

MORTON GROVE

1 Horse Equipment Taken from Vehicle

(9300 block of Nashville)
Unknown subject(s) took a custom designed horse saddle worth \$500 and horse reigns and silver spurs worth \$2,000 sometime between Friday, March 2 and Saturday, March 3. The vehicle was locked and parked in the residence's driveway.

2 Graffiti on Office

(6400 block of Dempster)
Unknown person(s) used a marker to scribble graffiti on the back of an office at the 6400 block of Dempster sometime between Friday, March 2 and Sunday, March 4.

3 Identity Theft

(8900 block of National)
Police said the victim received a phone call from a collection agency about a fraudulent overdue phone bill for a Cingular phone in the amount of \$1,004. Sometime between January 16, 2004 and June, 15, 2004, the subject opened an account in St. Louis and used the victim's identification information and charged \$1,004 to his account.

4 Theft from Locker

(6800 block of Dempster)
Unknown person(s) took \$142 in USC and two wallets worth \$40, as well as a driver's license, social security card and credit cards from a locker on Tuesday, March 6. Police said the subject re-locked the victim's master combination lock on the locker after he stole the items.

5 Criminal Damage to Vehicle

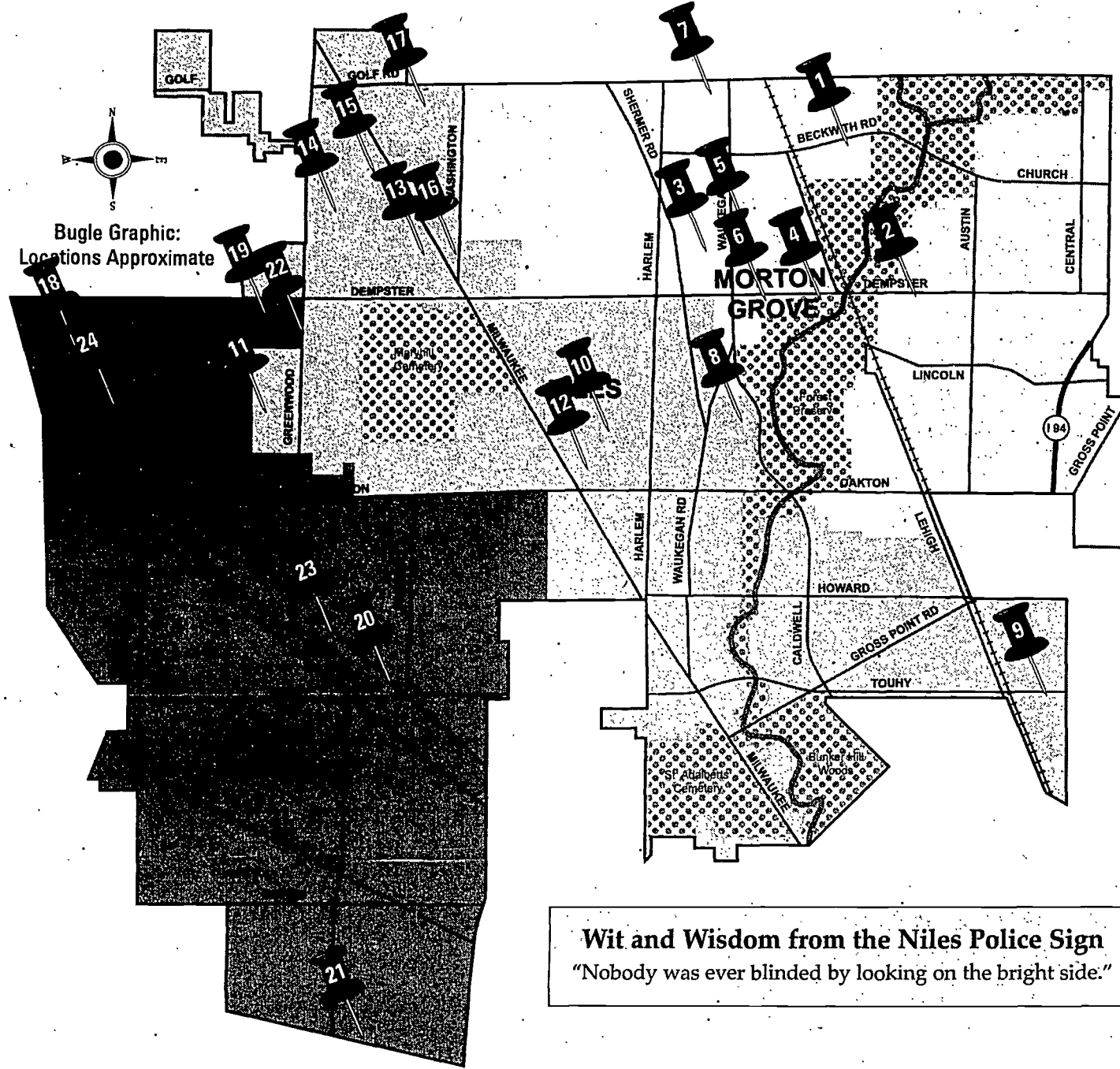
(9000 block of Waukegan)
Unknown person(s) used a sharp object to make a scratch on the passenger side of a vehicle, from the rear passenger door to the rear quarter panel sometime between Friday, March 2 and Saturday, March 3. During this time, the victim said she was in an argument with two of the kitchen staff where she works at that location and they are suspects in the case. Police talked with the two suspects who denied any involvement.

6 Driving with Revoked License

(Dempster at Oak Park)
A 57-year-old Morton Grove man was arrested on Monday, March 5 for driving with a revoked license. The man was stopped after a traffic violation. The court date will be on April 5.

7 Outstanding Warrant Arrest

(7900 block of Golf)
A 20-year-old Niles man was arrested for an outstanding warrant on Saturday, March 3. The man was turned over to the Cook County Sheriff's Department.



NILES

8 Bitten By Two Dogs

(8200 block of Newcastle)
While the victim was delivering newspapers, two dogs came up to him and bit his right leg on Thursday, March 8. The victim was given \$15 to purchase new pants after the dog bite damaged the pants he was wearing.

9 Retail Theft

(5700 block of Touhy)
Unknown person set off an alarm while exiting a store with an Xbox video game system worth more than \$600 without paying for it on Thursday, March 8. Upon request, the subject came back in the store and placed the item on the counter and then fled off in an automobile east on Touhy.

10 Residential Burglary to Home Under Construction

(8300 block of N. Olcott)
The victim and his friend saw the subject standing in the north alley next to the victim's house on Monday, March 5. They found that the west door to the residence was forced open. Police said no-

thing was taken from the house that is under construction.

11 Threatening Phone Calls

(9000 block of Terrace)
The victim said he received threatening phone calls at his home phone and cell phone from the subject he knows through mortgage transactions from Friday, March 2 to Sunday, March 4. The subject said, "Wait for me, I come to kill you!"

12 Damage to Bush

(8200 block of Oriole)
Unknown person(s) damaged a decorative spiral bush at the front of the victim's home on Friday, March 9. The cost to replace the decorative bush is about \$500. The victim said that on Feb. 26 someone broke their front window of their home.

13 Red Paint Damages Vehicle

(8900 N. Milwaukee)
Police said unknown subject(s) used red spray paint to damage the driver's side of the victim's vehicle, hood and trunk on Saturday, March 10.

14 Theft from Store

(200 Golf Mill)
Unidentified subject removed a

necklace with a value of \$50 from a display rack and exited the store without paying for it on Saturday, March 10.

15 Damaged Four Tires

(200 Golf Mill)
Unknown person(s) damaged all four tires of the victim's vehicle with a sharp object on Feb. 27. The cost to replace the damage is \$100.

16 Criminal Damage to Property/DUI Arrest

(8900 block of N. Milwaukee)
A 40-year-old Niles man was arrested on Saturday, March 10 for criminal damage to property and driving under the influence of alcohol on March 10. The bond is set at \$1,000 and court date is April 4.

17 Disorderly Conduct Arrest

(8300 block of Harrison)
A 46-year-old Niles man was arrested on Monday, March 5 after reports of an out of control intoxicated subject.

PARK RIDGE

18 Burglary to Vehicle

(1600 block of Hoffman)

Unknown subject(s) threw a red 10" by 6" brick at the victim's 2006 Chevrolet passenger window, damaging the door and breaking the window sometime between Monday, March 5 and Tuesday, March 6. The GPS system and Nextel phone were taken from the vehicle and the value of the items and damage is unknown, said police.

19 Graffiti on Lift Station Cabinet

(1300 block of Carol)
Unknown person(s) used a black marker to write graffiti on a lift station cabinet and on various signs and items on the property on Monday, March 5. The damage to the lift station cabinet is estimated at \$100.

20 25 Aluminum Links Stolen

(100 block of N. Northwest Hwy)
Police said unknown person(s) entered the construction site and removed 25 aluminum links with a value of \$875 without the permission of a contractor sometime between Saturday, March 3 and Sunday, March 4.

See Blotter, page 7

Blotter

continued from page 6

21 Computers Taken

(100 block of W. Higgins)
Unknown person(s) removed two Toshiba laptop computers with a value of \$2,000 and a Blue Tooth worth \$100 from the victim's unlocked 2004 Chevy Blazer on Tuesday, March 6.

22 Graffiti on Property

(1200 block of W. Carol)
Unknown subject(s) wrote graffiti on property at the 1200 block of W. Carol sometime between Feb. 18 and March 4. The estimated

cost of the damage is unknown.

23 Aluminum Links Stolen

(100 N. Northwest Hwy)
Unidentified male/Hispanic driving a white pick up truck with Indiana plates was seen removing two aluminum links worth \$70 on Friday, March 2. When questioned by the victim, the subject said he was acting on the orders of the construction company.

24 Burglary to Vehicle

(2700 block of W. Mayfield)
Unknown person(s) stole a checkbook and other miscellaneous papers from the victim's unlocked 2003 Ford van on Tuesday, Mar. 6.

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Grandma, Stay Out of Belgium

The most amazing thing in the world is the persistence of bad ideas. Just when you think they are dead, up they pop like the monster in a bad horror flick. At the same time that pressure is growing for the government to pick up more of the nation's health-care tab, the Walter Reed Veteran's Hospital scandal breaks. It couldn't have happened at a better time.

Walter Reed is government healthcare and calls for universal healthcare are calls for government healthcare. This is a bad idea with decades of real life proof that it doesn't work, hurts patients, increases death rates from easily treatable diseases, and creates scarcity. How can this bad idea, calling for more government involvement in healthcare, still persist in the 21st century?

Fifty years ago doctors made house calls and their charges were affordable to the average family. Since then government has played a greater and greater role in the free market for healthcare and new data show its contribution is already at 45% and is expected to approach 50% or more within 10 years. This is too much of a bad thing and we need less of it, not more. Keep in mind Walter Reed



Another Perspective
MORGAN DUBIEL | COLUMNIST

"Putting your life in the hands of the government is more than just risking it. It is losing it."

and the Veterans Affairs health-care system are government universal healthcare for our nations brave fighting men and women. They are systems run by soldiers for soldiers. You would think at the least there would be a sense of unity and camaraderie let alone a sense of duty. But, an American government bureaucrat has more in common with a Chinese, Russian or any other country's bureaucrats than he does with nor-

mal people. No one was responsible, and no one could be fired. Worse the patients who are "clients" could not fire their doctors. They had no choice in the matter. The system isn't just broken, it never worked and never will work. Choice is fundamental to liberty and only a free market provides it.

Universal healthcare is currently practiced in Europe and in Canada and it is a disaster. Patients are worse off and many die when they could be treated simply and effectively. Costs are low, but that is by force of law and it produces long lines and waiting lists even for outpatient procedures. If we really care about people, do we really want to turn them over to a bureaucracy? Do we truly want our loved ones healthcare in the hands of the same thinking as our Post Office?

Worse, these systems lead to utilitarianism. Government imposition creates scarcity. Scarcity in the free market is managed by increased prices and innovation dropping those same prices to bring products and services to those most in need. When government decides it does so politically and to its convenience. How bad can it get?

See Dubiel, page 16

Letters to the Editor

Resident urges support of Action Slate

Dear Editor:

Having grown up in Morton Grove, I have witnessed great changes here over the years.

One of the important attributes of past generations was putting the welfare of the community at large ahead of personal interests. Sadly, this attribute is becoming more and more rare. In fact, it now seems to have reversed...people are holding their own personal interests as paramount, and to heck with the other guy.

Our parents and grandparents selflessly sacrificed so that the generations that followed them could have a better life. Volunteerism wasn't something that was done because it was a classroom requirement, or a resume filler, or for personal or political gain. People volunteered to make their community a better place in which to live, work, and raise a family. They didn't spend their time whining and complaining about things—they simply rolled up their sleeves and set to work to make things better.

On April 17th, there is a Village election. There will be a choice to make. I believe that

there are three candidates for trustee who stand head and shoulders above the others. Why do I think so? These three candidates together have over a century of community involvement. They didn't do it because it would look good on a resume. They didn't do it for personal or political gain. They did it to make their community a better place to live. They are three individuals of tremendous character and integrity, who I believe can bring back those great attributes of days gone by to our wonderful community.

Please help your Village and yourself by supporting the Action Party candidates for trustee on April 17: Dan Staackmann, Shel Marcus and John Thill.

James R. Verhynce,
Morton Grove

A Morton Grove Fairy Tale

Dear Editor:

Once upon a time, not so long ago in the kingdom of Morton Grove there were two public houses. One house, the Studio, was known for fine food and drink while the other, Maxwell's

See Letters, page 17

Grand Mart opens with much fanfare

New store in Niles Pointe Plaza will serve niche markets

Offering "penny-saver" deals and celebrating its newest location, Grand Mart opened in the former Cub Foods store in Niles Pointe Plaza last week, filling up on its first day with customers in every aisle.

The Grand Mart also held a special ceremony marking this its newest location in Niles at 5740 W. Touhy. The company, started in 2002 by David Min Sik Kang, a Korean American entrepreneur who originally owned and operated small Korean grocery stores in Washington D.C., will have 20 locations nation-wide by the end of the year.

"Our employees have been working day and night to get this store open," said Seung Lee, with Grand Mart Corporate.

"We would like to welcome you to Niles," Niles Chamber President Todd Watkins said during opening ceremonies at the store.

"We wish you much success," said Village Manager George



Representatives of Grand Mart, the village of Niles and the Niles Chamber of Commerce cut the ribbon and officially open the new location last Thursday.

Van Geem.

Seung Lee thanked the Niles Chamber for all its help with opening the store.

"Without the chamber we couldn't have opened this quickly," said Lee.

The store thanked Niles and the Chicago Korean community for their support by making donations to several local agencies including the Chicago-Korean Senior Center, the Niles Police Department and the Niles

Fire Department.

Grand Mart is the second Korean mart to come to Niles in the recent past, with the first being the Super H-Mart in the Civic Center shopping plaza. Although Grand Mart is prima-



Niles Police Chief Dean Strzelecki, right, accepts a donation from the Grand Mart representatives during the grand opening ceremonies Thursday.

rially a Korean supermarket based in the Washington D. C. metropolitan area, the food spans beyond Korean flavors. It will also offer a "Grand Mercado" niche market inside its store that caters to Hispanic shoppers.

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BY JEFFREY CARDELLA
Special to The Bugle

Edward Jones

Don't Let Wild Markets Give You the Jitters



For much of the country, the end of February and the beginning of March brought plenty of wind, rain, sleet and snow. But the stormy weather wasn't confined to the atmosphere - there was also plenty of turbulence in the financial world. As an investor, how should you respond?

Before we answer that question, let's review the recent stock market numbers. In the week of Feb. 26 through March 2, the Dow Jones industrial average fell 4.2 percent - the worst weekly percentage drop for the Dow since March 2003.

What caused the correction? Two key factors jump out. First, investors may have reacted to the possibility that Chinese authorities are reigning in market speculation. In a market as big - and as fast growing - as China, such a move can easily have large ramifications. Another possible cause of the market decline is the news that the U.S. economy is slowing to a more moderate pace of growth.

Will the decline continue? And, if it does, how far will stock prices fall? No one can really answer these questions with any certainty. Market declines often begin and end without warning. However, regardless of the length and severity of a market downturn, you'll want to consider these moves:

• Focus on quality. There's never a "wrong" time to buy quality investments - but there's also never a better time than when the market is shaky. Quite simply, during market downturns, quality investments - such as stocks of some large companies in developed markets and top-rated corporate bonds - tend to not drop as far as riskier investments.

• Look for buying opportunities. Everybody knows that it's a good idea to "buy low and sell high" but many investors do just the opposite: They chase

after "hot" stocks, whose price may already be peaking, and they sell stocks whose price is falling, in an effort to "cut losses." But the best buying opportunities often occur when the market is down. That's because a market slump tends to drag down all stocks, even those with good prospects for future growth. The best buying opportunities are often those stocks whose fundamentals are strong but whose price has dropped substantially.

• Think long term. Last week's 4.2 percent drop was big news. But as weeks turn into months, and months into years, will the impact of this drop be meaningful? The answer is we don't know. To put some perspective on this question though, look back 20 years, to March 1987, when The Dow Jones industrial average stood at around 2,300. Since that time, the Dow has gone up about 420 percent - an increase that's 100 times as large as the size of last week's drop. Of course, as you've no doubt heard, past performance is no guarantee of future results, so you can't necessarily count on past performance as a predictor for the future. But it's a fact that the stock market numbers have historically trended up. So, if you don't let short-term drops send you to the investment "sidelines," your patience and perseverance may give you an opportunity to be well positioned for the long term.

No one really likes to see the stock market shed so much wealth in a short period of time. But if you concentrate on quality, look for good deals and think long term, you can navigate the sometimes-bumpy roads of the investment world and continue on your journey toward your important financial goals.

* The Dow Jones Industrial Average is an unmanaged index and not available for direct investment.

Jeffrey Cardella can be reached at Edward Jones, 8141 N. Milwaukee, Niles, IL. 847-470-8953

Polish Women's Civic Club Celebrate Family Palm Sunday Luncheon

The Polish Women's Civic Club cordially invites you and your friends to its annual Family Palm Sunday Luncheon at the Avalon Banquets, 1905 East Higgins Road, Elk Grove Village, IL on April 1, 2007.

Join us for cocktails at 12:00 p.m. and lunch at 1:00 p.m. A cash bar is available. Parents and grandparents are encouraged to bring their children and grandchildren. Each child attending will enjoy a special menu and a complimentary Easter basket. A large basket raffle will also be held during the luncheon.

All profits from this event will be donated to a scholarship fund for deserving college students of Polish heritage.

Call Alicia Dutka 847.382.6339 to reserve your seats or for more information about this wonderful event. Tickets are \$40 for adults and \$10 for children.

Niles Teen Center Events

Any plans for Spring Break?? The Niles Teen Center has got you covered. We have trips and much more planned for your week off of school. Check it out:

Monday March 26th
Trip to Millennium Park: 10:30am-6pm

Tuesday March 27th
Movie Marathon at the Teen Center: 1pm-7pm

Wednesday March 28th
Trip to Escape in Buffalo Grove: 11am-3pm

Thursday March 29th
Paintball Trip: 9am-5pm

Friday March 30th
Game Tournament at Teen Center: 1pm-7pm

Please drop by or call the Teen Center at 847-663-9185 for any additional questions on our upcoming trips!

Niles Teen Center
7680 Caldwell
Niles, IL 60714
(847) 663-9185

Signature Bank Celebrates Chicago's Northwest Highway

Signature Bancorporation, Inc. is introducing a new money market with a special offer for 10 free train rides to the Chicago community to celebrate its contribution to the revitalization of the Northwest Highway corridor in Chicago.

Signature Bank is rolling out a 5.0% APY money market on balances of \$10,000 or more to commemorate the landscaping upgrades donated by the bank along the Union Pacific tracks at its 6400 N. Northwest Highway address. Customers who take advantage of this offer can get a free ticket for 10 train rides from area train stations.

Signature Bank's headquarters location has undergone tremendous change as a part of the Northwest Highway corridor revitalization effort and we were pleased to contribute to the effort by establishing the bank in the neighborhood and investing directly into the beautification efforts," stated Michael O'Rourke, president of Signature Bank. "And, by coupling a great money market rate with free 10-ride train tickets, our customers and Chicago neighbors continue to reap the rewards."

To take advantage of Signature Bank's money market rate and train ticket offer, please visit the Northwest Highway location, call 773-467-5600, or go to <http://www.signature-bank.com>.

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Hippy Hop into Golf Mill for Breakfast with the Spring Bunny

Children are invited to come to Golf Mill Shopping Center to have Breakfast with the Spring Bunny on Saturday, March 24 at 9:00 am at the Golf Mill Café. For only a \$6.00 admission, attendees will be treated to a hot breakfast buffet, enter-to-win prizes and visit with the bunny. Tickets are now available for purchase at The Children's Place, Golf Mill Café, Wave Kids and the Customer Service Center at Golf Mill. Limited seating is available for this Hippy Hop



Breakfast, so be sure to purchase your tickets today! Celebrate the arrival of the Bunny with a delicious hot breakfast buffet menu of scrambled eggs, hash browns, bacon, French toast and many other tasty treats! The Bunny is available for photos and visits Monday thru Saturday, 10 am - 8 pm and Sunday 11 am - 5 pm beginning March 24 through April 7 in the new Showplace 12 Theatre

Corridor near Center Court. Enjoy a lovely springtime setting for visits and photos with everyone's favorite bunny! Children who visit the Bunny will receive a FREE gift. Golf Mill Shopping Center, located at Milwaukee Avenue and Golf Road in Niles, IL, is anchored by JCPenney, Kohl's, Sears, Target, Value City Furniture, the Showplace 12 and includes more than 110 specialty stores. For more information please call Customer Service at 847-699-9440 or visit our website at www.golfmill.com.

Norwood Seniors Network Assesses 2006 Results

The Norwood Seniors Network continued to show strong results in 2006, providing personal services to help older adults remain independent in their own homes. Founded 13 years ago, the community outreach organization at 6016-20 N. Nina Ave. in Chicago continued to increase the number of clients and expanded its set of services.

Among the highlights was an 82 percent increase in demand for the Seniors Network's Rent-A-Daughter caregiving services and the home delivery of more than 20,000 meals. Increased demand was also seen for the door-to-door transportation service and the VoiceCare personal emergency response system.

"Our growth has been extraordinary," said Jack Kreger, Seniors Network executive director. "We're seeing more demand for help from older adults who are returning home from hospital stays. Our range of services takes some of the stress out of what can sometimes be a difficult transition from hospital to home. Many take advantage of our caregiving services, home-delivered meals, door-to-door transportation and the VoiceCare emergency response system."

"It's important to note that the home-delivered meals program could not exist without the active support of the community," he continued. "We depend on our volunteer drivers to get the meals from our kitchen hot and fresh to our clients."

A Pop-In service is a new offering of the Seniors Network's Rent-A-Daughter program. "Many clients and their families benefit from a caregiver who 'pops-in' to perform a quick daily check on the client's well-being," said Kreger. "The Pop-In visit takes only about 15 minutes. A caregiver checks to see if the client is alert and oriented, makes a quick safety check of the home and provides medication reminders. The visit provides peace of mind for all concerned."

The Seniors Network serves a 28 square mile service area on the far northwest side of Chicago and the nearby suburbs of Harwood Heights, Niles, Norridge, and Park Ridge.

"While last year was a great year for the Norwood Seniors Network, this year is expected to be even better," said Kreger. The Norwood Seniors Network is an affiliate of Norwood Life Care Foundation and Norwood Crossing, a not-for-profit retirement community serving older adults since 1896. Family members and friends who know of older adults in need of one or more of the services offered by the Norwood Seniors Network, should call the Seniors Network at (773) 631-5673.

Niles Park District Happenings

Summer Ice Skating and Hockey Camps

Cool off this summer at IceLand Arena! Niles Park District offers Summer Ice Skating and Hockey Camp programs. Camps are held at IceLand Skate & Swim, 8435 Ballard. Programs are offered for ages 7-14 and begin the week of June 11th. Learn to ice skate, play hockey, and have fun. For more information about ice skating or hockey camps, please call (847) 297-8010.

IceLand Spring Events

St. Patrick's Day Skate: Skate to the music of the Irish! Come to IceLand on Saturday March 17 from 12:05-1:20 p.m. Admission is only \$1 if you wear green, \$3 skate rental. IceLand Spring Skate: On ice games, bring a basket to collect candy! Join us on Saturday, April 7 from 12:05-1:20 p.m. Regular admission, \$3 skate rental. Please call IceLand, 8435 Ballard, if you need more information, (847) 297-8010.

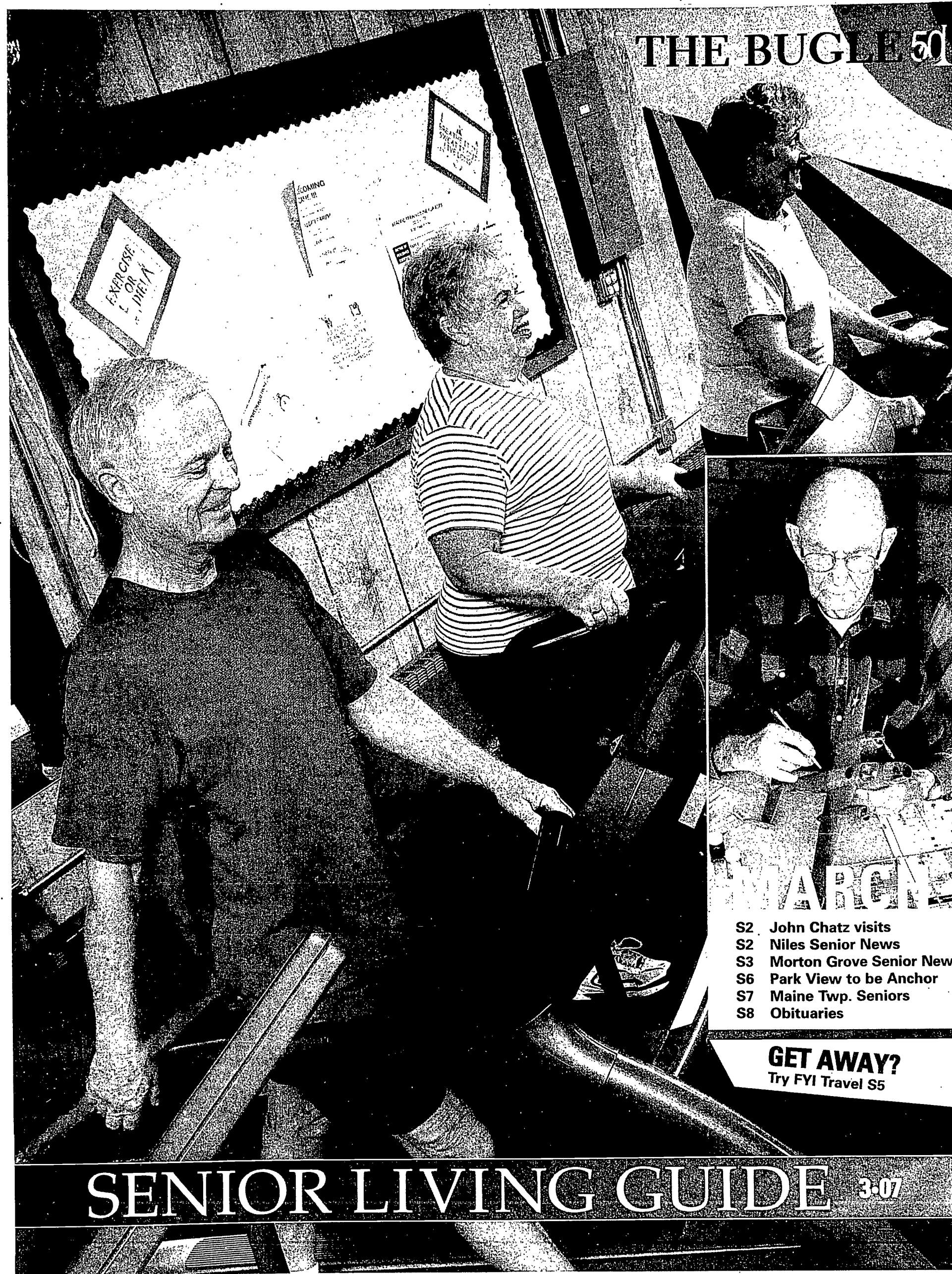
Niles Park District Preschool Openings

We are now taking Resident & Non-Res registration for Niles Park District Bright Beginnings Preschool for 2007-2008. Spaces are still available in the morning and afternoon programs. Registration will be accepted at the Howard Leisure Center, 6676 W. Howard Street, until classes are filled. For more information on our Bright Beginnings Preschool Program, please stop in the Howard Leisure Center or call (847) 967-6633 to have information mailed to you.



Pressure Point Therapy Workshop

A Pressure Point Therapy Workshop will be held at Lutheran General Hospital's, Yackman Children's Pavilion in Park Ridge, Illinois on Wednesday, March 21, 7:00 p.m. - 8:30 p.m. Presented by: The Doctors' Speakers Bureau. Learn a simple effective technique to help relieve headaches, neck and back pain, carpal tunnel syndrome, sciatica, allergies, and many other health conditions. There is no charge for this workshop, but seating is limited. Call: (847) 588-0809 to register.



- S2 John Chatz visits
- S2 Niles Senior News
- S3 Morton Grove Senior News
- S6 Park View to be Anchor
- S7 Maine Twp. Seniors
- S8 Obituaries

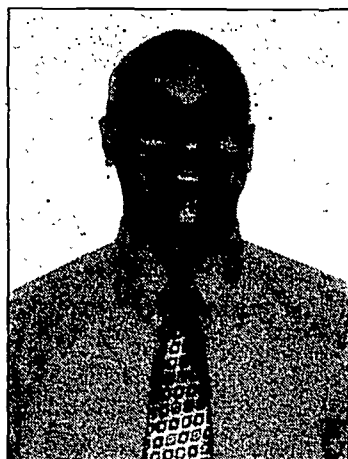
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SENIOR LIVING GUIDE 3-07

John Chatz to address Niles Senior Men's Club

John Chatz, chief Deputy Clerk, District 2, within the office of Dorothy Brown, Clerk of the Circuit Court of Cook County, will speak before the Niles Senior Center Men's Club, Monday, Mar. 19 at 11 a.m.

in the Niles Senior Center, 999 Civic Center Dr., Niles. Maryann Borucki announced Chatz will discuss the workings of the Clerk's office and services provided for Cook County residents.



John Chatz

Niles Senior News

Emergency cell phones available

Free 911 Emergency Cell Phones

Registration, April 5, 1 p.m. Cook County Sheriff Thomas Dart and the Niles Senior Center invite Niles seniors who do not have a cell phone to register to receive a FREE 911 Emergency Cell Phone. Having a cell phone that can reach emergency services offers seniors an extra measure of security whether they are driving, taking public transportation, or participating in outdoor activities. In addition to a phone, each senior attending the April 5th event will receive two batteries, a charger and instructions on how to access 911 on their cell phone. You must register in advance to attend this one-day event.

Collecting Old, Unwanted Cell Phones

If you would like to donate your old and unwanted cell phone(s) to the Sheriff's Cell Phones for Seniors program, drop them off at the Niles Senior Center, 999 Civic Center Drive, Monday thru Friday, 8:30 a.m.-5:00 p.m. Any brand, make or model of cellular phone, whether working or not, is acceptable.

Ribbon Cutting Ceremony New Computer Lab

Thursday, April 5 11 a.m. Join us as we officially introduce our updated computer lab. Learn about the increased capabilities of the new operating system and pick up a

schedule of our expanded classes. Refreshments will be served.

AARP Driver's Safety Program

2 Day Class, April 2 and 3 9:30 a.m. to 1:30 p.m. \$10 This two day refresher course is designed to tune up your driving skills and update your knowledge of the rules of the road. Learn about normal age-related physical changes and how to adapt to these changes. Qualify for an auto insurance premium reduction/discount (both days are required to qualify for the discount). You must pre-register for this course. Payment is due the first day of the course. Payment must be made by check only, made payable to AARP. The registration deadline for this course is Wednesday, March 14th.

'Ragtime'

Wednesday, April 25, 11 a.m. to 5 p.m. \$60 This 1998 Tony Award winning musical paints a nostalgic and powerful portrait of life in turn of the Century America. Before the show, we will dine at the Great Street Restaurant, located in the Renaissance Chicago Hotel. A fabulous buffet, fabulous skyline views, and a fabulous show await you! (Some stairs) Make your reservation by Friday, March 16th.

See Niles, page S8

COME TO A "REEL" IRISH HOOLEY
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Morton Grove Senior News

Brown Bag Medicine Review

Brown Bag Medicine Review
Seniors can pack up all their prescription and non-prescription medicines in a brown paper bag and bring them to the Morton Grove Senior Center on Monday, March 26. Joe Sorisho, CVS Pharmacy Manager will answer medication questions during a confidential and individual session. This program is free but space is limited. Appointments are available between 1 and 3 p.m. and must be made by calling the Morton Grove Senior Hot Line at (847) 470-5223.

ic medications.

Mall Shopping
Morton Grove seniors who would like to join shoppers on a trip to the Golf Mill Mall on Tuesday, March 27 should call the Morton Grove Senior Hot Line at (847) 470-5223 to reserve a seat on the Seniotran. Home pick-ups begin at 9:15 a.m. with arrival at Golf Mill at 10:15 a.m. Trips are free for Senior Center Members and \$1 for all others.

Golf Middle School Computer Classes

Golf Middle School, in partnership with the Morton Grove Senior Center, is offering free classes to senior citizen Morton Grove residents. Classes are held between 4 and 5 p.m. on Tuesdays starting April 10 and are taught by Golf School District 67 staff. Class dates and titles are: April 10 and 17 - "Introducing the Computer;" April 24 and May 1 - "The Internet and E-Mail;" May 8 - "Microsoft Word;" and May 15 - "Internet Shopping."

Please register by calling the Morton Grove Senior Hot Line at 847/470-5223.

'Back & Neck Pain' Lecture
Join Gregg Bradford, D.C. at 1 p.m. on Tuesday, April 10 in the Morton Grove Senior Center for a free workshop that will help those who suffer from back or neck pain. There must be 15 individuals registered for this program, so call the Morton Grove Senior Hot Line today at 847/470-5223. This program is presented by Bradford Chiropractic Health Center and the Morton Grove Senior Center.

'Riverdance'

"Riverdance" is the internationally acclaimed celebration of Irish music, song, and dance that has touched millions of people around the globe. Travelers from the Morton Grove Senior Center will visit the Auditorium Theatre from 12:45 to 5 p.m. on Wednesday, April 11. The cost is \$75 for Senior Center Members and \$86 for non-members. Please register in-person at the Senior Center.

Your 401k or IRA: A Problem Asset?

By Chester Przybylo | ATTORNEY

From the time we entered the workforce, we've learned how important it is to save for retirement. In fact, if we put \$1,000 away for someone graduating from college today, it would be worth over \$72,000 by the time they start collecting social security. (This assumes graduation at age 22, social security at age 67, and a 10% rate of return.) Albert Einstein called the power of compounding the eighth wonder of the world.

Today's workers can do this retirement savings with pre-tax dollars in their 401k or IRA. But, what happens when the time comes and you withdraw the money? The entire withdrawal is subject to income tax. If you die and leave your 401k or IRA to your children or other beneficiaries, it is taxable upon withdrawal by them. Further, if you die with more than \$2 million, including your retirement assets, the balance of the retirement plan before the impact of income tax will be included in determining your estate taxation.

The combined affect of estate and income taxation could result in the majority of the assets going to pay taxes. For example, assets over \$2 million are estate taxed at 45%. In addition, if some of the assets are withdrawn to pay the estate tax, the withdrawal would incur federal and state income tax of as much as 35% or 40%. So, you could easily have 2/3 of the assets going to taxes.

There are a few strategies to help soften the blow of the tax bite on retirement plans. First, you can defer the income taxes as long as possible. After you reach age 70, you must start taking distributions based on the "Uniform Lifetime Table." Based on this table, you would take approximately 1/27th the first year, and slowly increasing percentages each subsequent year. For example, at age 85, you would be required to withdraw approximately 1/15th that year. After your death, you can get the maximum stretch for the income tax deferral by naming younger beneficiaries who can stretch it out over their longer life

See 401k, page S6

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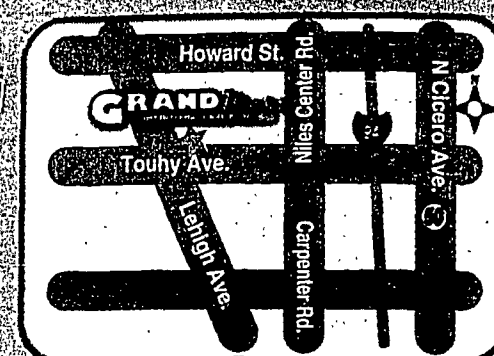
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AURORA SEARS FOX VALLEY CENTER	630-585-5911
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CALUMET CITY SEARS RIVER OAKS PLAZA	708-891-6188
CHICAGO SEARS FORD CITY SHOPPING CTR.	773-735-3260
CHICAGO SEARS 1601 N. HARLEM	773-889-0691
CHICAGO SEARS 4035 NORTH CICERO	773-685-3428
CHICAGO SEARS LAWRENCE & ASHLAND	773-561-0760
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SCHAUMBURG SEARS WOODFIELD MALL	708-226-5647
SKOKIE MIRACLE-EAR CTR. 3943 W. DEMPSTER AVE.	847-995-1908
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Hurry! Offers end March 28, 2007.

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Minimum \$49.99 purchase and
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Niles Store


This coupon must be presented at time of purchase. One offer per coupon. Limit one per household. Minimum \$49.99 purchase.

Eggs (dozen)

Valid 03/08/07 to 03/22/07

1¢


This coupon must be presented at time of purchase. One offer per coupon. Limit one per household. Minimum \$49.99 purchase.

Fish Sauce 25 oz

Valid 03/08/07 to 03/22/07

1¢


This coupon must be presented at time of purchase. One offer per coupon. Limit one per household. Minimum \$49.99 purchase.

Water 1 gal

Valid 03/08/07 to 03/22/07

1¢


This coupon must be presented at time of purchase. One offer per coupon. Limit one per household. Minimum \$49.99 purchase.

Asiana Vermicelli 1.1 LB 500g

Valid 03/08/07 to 03/22/07

1¢
1¢

Valid 03/08/07 to 03/22/07



This coupon must be presented at time of purchase. One offer per coupon. Limit one per household. Minimum \$49.99 purchase.

Haitai Pop Juice (12 can 1 box)

Valid 03/08/07 to 03/22/07

1¢

GRANDMART SPECIAL EVENT

For the Grand Opening of Grandmart, 317 Customers Will Win Following Gifts.

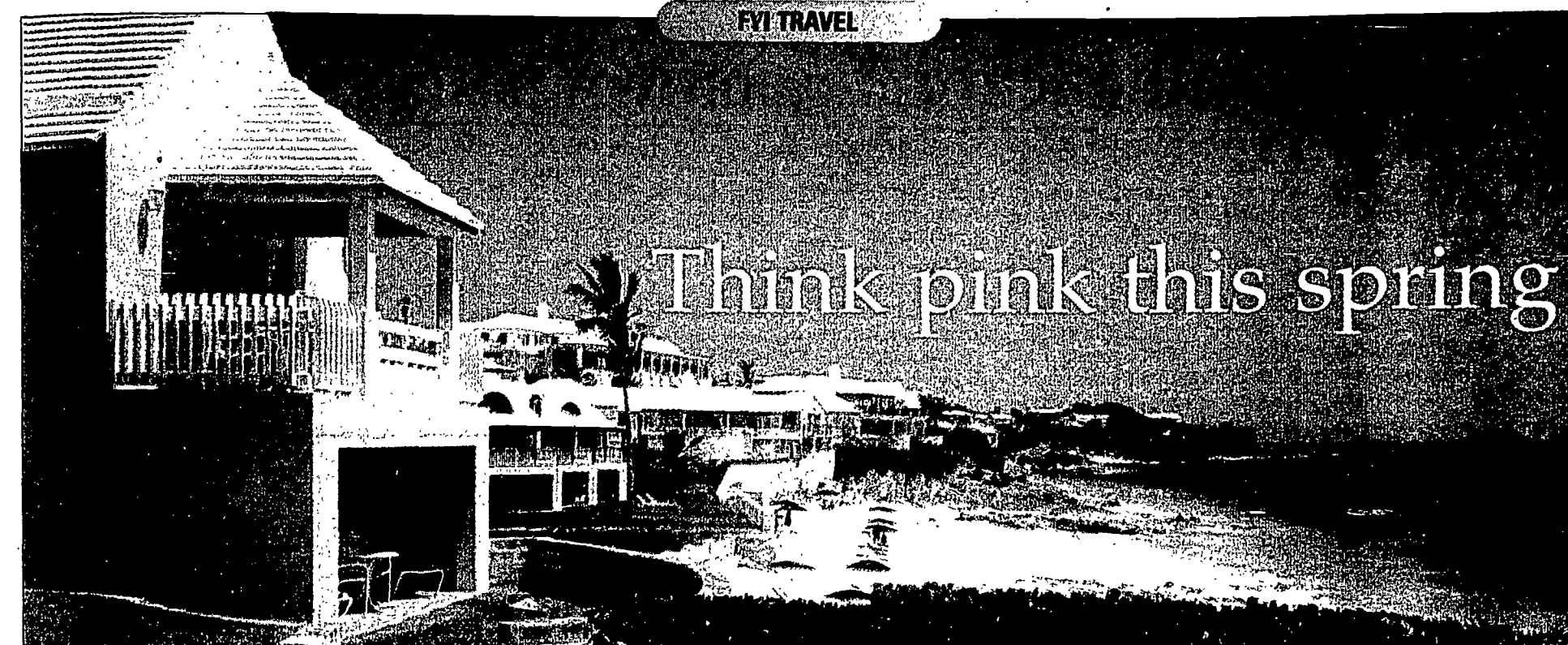
Grand HYUNDAI Accent (1)

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|---|-----------------|-------|
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 04/01/07 Melrose Park

3rd Drawing
 04/15/07 North & Cicero

4th Drawing
 05/06/07 Niles

GRAND PRIZE
HYUNDAI ACCENT
FYI TRAVEL


Think pink this spring

Beach setting — The Pink Beach Club in Bermuda offers a spring package with daily English breakfasts and afternoon teas. It offers a swimming pool, two tennis courts, a fitness center, scuba diving and sailing. Two massage therapists perform in-room massages, such as Swedish and Aromatherapy. (CNS Photo)

By Amy Winter
 Copley News Service

Experience the upcoming spring season on a pink beach. The Pink Beach Club in Bermuda offers a spring package with daily English breakfasts and afternoon teas as well as a junior suite. If this package is

purchased online, more than 25 percent will be taken off the original price. From March 12-April 30, guests can receive a room for \$350 a night rather than \$465.

Located in Tucker's Town, resort accommodations include 24 oceanfront cottages along with 62 junior suites and 32 suites. For those who want to

stay active, the resort has a swimming pool, two tennis courts, a fitness center and ping-pong tables. Trips and tours can also be arranged. Guests can experience the sea by scuba diving, sailing or taking a boat cruise.

For those who come to relax, guests can enjoy the pink beach-

es or purchase a massage. Two massage therapists perform in-room massages, such as Swedish and aromatherapy.

The resort provides restaurants and bars to satisfy all appetites. The Bermudian Restaurant serves meals accompanied by live music. During the afternoon, an English tea is pre-

sented with scones, cakes and cookies. For cocktails and drinks, guests can venture over to the Cedar Bar or the Hibiscus Lounge, or they can be served at the beach or pool.

FYI: For more information on this package, visit www.pinkbeach.com or call the U.S. office at 800-355-6161.

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Park View will anchor downtown Norwood Park

Park View at Norwood Crossing, a new full service senior living community, is expected to be a catalyst in the redevelopment of Chicago's Norwood Park community according to a new study on the future of the Northwest Hwy. Corridor in Norwood Park. The complex of 139 independent living units, when completed in 2010, will add pedestrian traffic to the proposed active and vibrant downtown Norwood Park.

A recent study by the Northwest Highway Revitalization Task Force laid out a mixed use plan to

create an urban renaissance for downtown Norwood Park. The community upgrading is expected to include full-service restaurants, retail shops and high-quality housing. One of the integral parts of this transformation will be Park View at Norwood Crossing, located just south of the Metra tracks. "Park View will be an attractive and vibrant anchor for this revitalization effort," said Randy Rollinson, Task Force Chairperson and Norwood Life Care Foundation Board Member. "We're counting on Park View and the 200 or more active seniors living at this complex who will want

retail shops, restaurants and a place to have coffee - all within walking distance. That's a tremendous shot-in-the-arm for any neighborhood business district. There'll be people walking the streets, sitting at cafes, visiting nearby shops, using local services, and enjoying the attractive ambiance of a vibrant yet warm downtown that will be the envy of other close-by neighborhoods."

The variety of amenities offered at Park View at Norwood Crossing will reflect the new vibrant image proposed by the Task Force for Norwood Park's core area. Many of the independent residents who

are relocating to the dynamic lifestyle offered by Park View are staying in or near the neighborhood because they want to be here. This is where they lived, raised their families and cultivated years of friendships before shedding the responsibilities of home ownership to enjoy the finer things in life. They're familiar with the community and its many clubs, organizations and local history.

Rollinson pointed to one example of how Park View residents will help bolster local pedestrian traffic. "After a refreshing swim in Park View's 50-foot long indoor heated swimming pool, some of

the residents might want to take a stroll along Northwest Highway. With the right store mix, they might stop for some coffee, ice cream or even have an early dinner at a nearby restaurant," he said. "That's the kind of participation we are anticipating from them." Norwood Park's revitalized downtown will be buttressed by upscale housing at both ends, and Park View will be a lynchpin. It will make a positive change in the lives of more than 200 active older adults who call it "our home" as well as with the merchants who operate Norwood Park's downtown businesses.

401k

continued from page S3

expectancies. However, often you want to keep younger beneficiaries from having control of assets. In that situation, you can use a Family Retirement Preservation Trust™ to get the maximum stretch for distributions after your death. Such a trust allows you to keep the assets in trust but still look through the trust to the ages of the individual beneficiaries.

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for premiums on a life insurance policy. While you need not take withdrawals until after you reach 70, you may start taking withdrawals from retirement plans beginning at age 59 without penalty. The life insurance policy can be owned by an irrevocable trust you set up. If done properly, the life insurance. Saving for retirement is important. However, it is also important to consider how to avoid the unexpected tax trap retirement assets can put you in. A qualified estate and a retirement planning attorney can help you enjoy the trappings of retirement without the tax traps.

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MaineStreamers

The Maine Township MaineStreamers program offers a variety of opportunities for resi-

Maine Twp. Senior News

dents 55 and older. All residents and property owners are invited to apply for membership. Membership includes a free subscription to the MaineStreamers monthly newsletter, which details all activities for the upcoming month. Most activities take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in. For more information contact the MaineStreamers at 847-297-2510 or visit us at www.maintownship.com.

S.A.L.T. Program

"Seniors and Law Enforcement Together"

Tuesday, Mar. 20, 10:30 a.m. to 11:30 a.m. No charge - registration required

As a motorist what should you do if you come in contact with a chemical material, and how should one protect themselves?

Learn all about "Hazardous Materials" or HAZMAT at this program.

"How to Make the Most of Your Doctors Visit"

Wednesday, Mar. 21, 10 a.m. to 11 a.m. Presenter: Mary O'Connor. No charge - registration required.

Today's program will feature a special outlook on senior home health care, encompassing "How to Make the Most of Your Doctors

Visit." Topics will include maintaining your own health history record and defining why these points are so important.

"AARP's Driver Safety Program"

Monday, Mar. 26 and Wednesday, Mar. 28, 9 a.m. to 1 p.m. Instructor: Stanley Fukai, AARP Cost: \$10 check due on the first day, made payable to AARP.

This two-part class helps you update your knowledge of age-

related changes and the rules of the road. Upon completion, your automobile insurance company will offer a discount.

Wanted

Maine Township Residents 90 years of age and older

If you are one of these special people or if you know of someone, please contact us at 847-297-2510 so we can send the celebrant an invitation to a special event in May.

FISH of Park Ridge

The FISH organization, which provides free transportation for medical appointments including dialysis, physical/radiation therapy and others, is now coordinated through Maine Township. To arrange a ride, contact Gloria Stepek at 847-297-2510. FISH is also looking for volunteer drivers interested in providing transportation. Call Ed Oken, president of FISH, at 847-696-0761 to volunteer.

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A "Life Settlement" is the sale of a life insurance policy, giving the owner a cash settlement or payout in excess of the current cash value. It is estimated that 90% of the seniors in the U.S. are not aware of life settlements and the possible additional wealth hidden in their life insurance policies.

Life insurance is purchased for many reasons, but when those reasons change, you do

not have to keep paying the sale of a life insurance policy, giving the owner a cash settlement or payout in excess of the current cash value. It is estimated that 40% of life insurance policies lapse where the owner gets nothing for the policy.

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Niles

continued from page S2

Federal Telephone
Excise Tax Refund

If you are NOT required to file an individual tax return, you are still eligible to this refund. FORM1040 EZ-T is available at the Niles Senior Center. It is a very simple form to fill out as it only requires name and address, your social security number and signature(s). This refund is included on the 1040 forms for those who are filing an individual income tax return.

Grief Workshop

To Offer Support Three Session Series to Begins in May Beginning Wednesday, May 9, the Niles Senior Center will hold a three-session grief workshop for Niles residents touched by the loss of a loved one. The workshops will meet on Wednesdays from 1:30 - 3:00 p.m. and will focus on the following areas: Workshop #1, May 9 - "What has happened to me?" Trying to make sense of the many feelings you experience

after the loss of a spouse or loved one is a difficult process. Workshop #2, May 16 - "Dealing with expectations of ourselves and others." Dealing with other people's feelings and concerns can raise anxiety, especially if we feel that people want us to "move on" or "be happy again." Workshop #3, May 23 - "Adjusting to a different lifestyle." At this workshop we will explore the stress of living alone and ways to adjust to new social roles and responsibilities. Please call Bev Wessels, MSW, LSW, ACSW, or Melanie Amin, LCSW, at (847) 588-8420 for more information. This program is offered at no cost, but enrollment for this workshop is necessary.

New Woodcarving Class

Wednesdays beginning March 7 for 8 weeks, 9 a.m. to 10:30 a.m. \$25

Instructor Irv Marion is inviting new woodcarvers to join his Wednesday morning class.

During this special promotion, tools are included. For more information, contact MaryAnn 847 588-8420.

Obituaries

La Vergne L. "Bernie"
Angsten, 91

La Vergne L. "Bernie" Angsten, 91, of Des Plaines, formerly of Park Ridge, passed away Saturday, March 3, 2007. Beloved wife of the late Aloysius P. "Al"; mother of Allen (Elaine) and Linnea (Jerry) Qualter; grandmother of Cheryl (Bob) and Lori (Tony); great-grandmother of six; cousin of George and Audrey. Services were held March 9 at Ryan-Parke Funeral Home. Entombment at Memory Gardens Cemetery. She was a 65-year member of Lodge # 979 Order of Eastern Star where she was a former secretary and the Park Ridge Fire Department Women's Auxiliary. Memorials to: Christ Church, 1492 Henry Ave., Des Plaines, IL 60016.

Michael J. Conrad, 51

Michael J. Conrad, 51, of Glenview, formerly of Morton Grove, passed away Sunday, March 11, 2007. He was born January 11, 1956 in Evanston. Beloved son of Paulette and the late Joseph; husband of Sherry; father of James, Joseph, and Joshua; grandfather of Maddux; brother of Patricia. Services were held March 15 at St. Philip Lutheran Church. Arrangements handled by Simkins Funeral Home. Interment at Irving Park Cemetery. He was a truck driver.

Irene M. Czerwinski, 93

Irene M. Czerwinski, 93, formerly of Park Ridge, passed away Sunday, February 25 in Benicia, CA. She is survived by her son, Gary, and several nieces and nephews. Services were held February 9 at All Saints Polish National Catholic Cemetery. Arrangements handled by Ryan-Parke Funeral Home.

Bernadette Paprocki, 71

Bernadette Paprocki, 71, of

Morton Grove, passed away Sunday, March 11, 2007. She was born April 18, 1935. Beloved wife of Gene; mother of Joan (Timothy) Hoffman, Connie, and E.J. (Janine); grandmother of Bernadette, Timmy, Michael, and Daniel. Services were held March 14 at St. Martha Church. Arrangements handled by Simkins Funeral Home. Interment at All Saints Polish National Catholic Cemetery. She was a homemaker. Memorials to: St. Martha Church, 8523 Georgiana Ave., Morton Grove, IL 60053.

Lottie Ann Piekarz, 83

Lottie Ann Piekarz, 83, of Des Plaines, passed away Wednesday, March 7, 2007 at Alexian Brothers Medical Center. She was born March 2, 1924 in Chicago. Beloved daughter of the late Walter Rompala and the late Emily (nee Mikos) Rompala; wife of the late Stanley; mother of Gloria Kuhn, Char Carpenter, and Lee (Cindy); grandmother of Nancy (Graig), Steven, Adam, Bradley (Kim), Jason (Kim), Sarah, and Andrew; great-grandmother of Rhiannon, Ashley, and Tristan; sister of Ted and proceeded in death by other brothers; aunt of many. Services were held March 12 at St. Zachary Church. Arrangements handled by Skaja Terrace Funeral Home. Interment at St. Adalbert Cemetery. She was a homemaker.

Marion A.
Sroka, Veteran

Marion A. Sroka, Army Veteran WWII. Beloved husband of Janina (nee Migon); father of Robert (Linda), Joan (Charles) Blanchard, and Stanley (Carmen); grandfather of seven; great-grandfather of six. Services were held March 10 at St. Thecla Church. Arrangements handled by Colonial-Wojciechowski Funeral Home. Interment at St. Adalbert Cemetery. He was a member of Norwood Zurek

AMVETS Post 36 and St. Thecla Leisure Club. Memorials to: Rainbow Hospice, 444 N. Northwest Hwy., Park Ridge, IL 60068 or cancer research.

Georgiana P. Yates, 75

Georgiana P. Yates (nee Psik), 75, of Park Ridge, passed away Friday, March 9, 2007 at Lutheran General Hospital. Beloved mother of Karen Yates (Daniel Lenk) and former wife of the late Carl C. Yates. Services were held March 13 at Town of Maine Cemetery. Arrangements handled by Ryan-Parke Funeral Home. Memorials to: Tree House Animal Shelter, 1212 Carmen Ave., Chicago, IL 60640.

Joseph Russell Morris, 91

Joseph Russell Morris, 91, former long time resident of Park Ridge, passed away Tuesday, February 13, 2007 in Trexlertown, PA. He was born November 23, 1915 in Kempston, IL. Beloved husband of the late Eliza (nee Wright). Loving father of Joel (Deborah) and Rebecca (Kevin) McKinney. Cherished grandfather of Jeffrey (Jennifer) and Janine Morris, Brenna (Joshua) Duffy, Kelsey McKinney and Jacqueline Hazlett. Great grandfather of Jackson and Cooper Morris. Dear brother of Jack (Frances) and Duane (Mary) Morris and Marguerite (Ernest) Poor. Services were held February 19 at Mary, Seat of Wisdom Church. Arrangements handled by Ryan-Parke Funeral Home. Interment at All Saints Cemetery. In lieu of flowers memorials to the Park Ridge Noon Kiwanis Foundation, P.O. Box 259, Park Ridge, IL 60068 or the Men's Association of Lutheran General Hospital, 1775 Dempster St., 9 South, Park Ridge, IL 60068. Dr. Joel Morris is Superintendent of School District 207 in Park Ridge.

In addition to his work on the Men's Association board, Russ, since 1974, has been making home deliveries of meals to homebound individuals, and has been an active member of the Kiwanis Club of Park Ridge since 1969. These activities keep Russ very busy and have provided him with plenty of opportunities to stay active and community-focused since his official retirement in 1981 from Citizens Bank where he held the title of Vice President responsible for operations.

It is with deep appreciation and gratitude of the Men's Association for his selflessness in serving this organization so well for so long. We'll miss you,

Len Sitko Inducted into
ESCC Hall of Fame

Notre Dame High School cross country and track state champion Len Sitko '87 was honored as NDHS' lone inductee into the prestigious East Suburban Catholic Conference's Hall of Fame on March 8.

A four-year letterman in track and cross country, Len was a cross country state placer in 1984 and 1985, before winning the state championship in 1986.

In track, Len took second place in state in the 3,200 and 1,600 meters in 1986, before placing second in the 800 meters and winning the 1,600 meters in 1987.

"I am absolutely honored to be inducted into the ESCC Hall of Fame, and it means a lot to me," Len said as he addressed the packed banquet hall.

After his NDHS days, Len was a four-year letterman in both track & field and cross country at the University of Illinois.

In all, he earned five All-American honors in NCAA track events and earned one All-American honor in NCAA cross country in 1990. In 1992, he was named University of Illinois' Men's Co-Athlete of the Year.

"I really want to thank my coaches and my teammates for everything they have done for me," said Len, who had a table full of former NDHS teammates at the banquet.



Notre Dame High School cross country and track state champion Len Sitko '87 was honored as NDHS' lone inductee into the prestigious East Suburban Catholic Conference's Hall of Fame.

The ESCC is celebrating its 33rd year as a sports conference with a strong tradition. Notre Dame High School is an original 1974 member of the Men's Division. NDHS Athletic

Director Mike Hennessey has been instrumental in initiating and maintaining the quality of the ESCC Hall of Fame experience and served as the emcee for the evening.

Regina Dominican
Track & Field news

The Regina Dominican Panther Track and Field team competed March 3 at the Prospect Invite. Regina placed 2nd of 8 teams on the Varsity level scoring 104 team points. On the JV level the Panthers placed 5th of 8 teams. Standouts for the Panthers on the Varsity level were the following: Brittany Johnson (Mt. Prospect) placed 2nd in the shot put with a throw of 34' 6"; Kathleen Loftus (Chicago-Gladstone Park) placed 3rd in the long jump and triple jump. The 3200m relay team of Liz Ave Maria (Morton Grove), Grace Ansani (Evanston), Alexis Kedo (Lake Forest), and Kelly Kukla

(Chicago-Sauganash) placed 2nd. Caitlin Hehir (Chicago-60630) placed 3rd in the high jump; Julianne Samuels (Skokie) placed 2nd in both the 200m dash and the 55m dash; Maura Flaherty (Lincolnwood) placed 2nd in the 400m dash. The relay team of Julianne Samuels, Kathleen Loftus, Maria Gobbi (Evanston), and Brittany Johnson won the six-lap relay. The 2nd place Varsity finish, and the 104 team-points were the best for both teams in the last five seasons.

On the JV level, the Panthers were led by freshman Fiona McDarragh's (Chicago-60646) 1st place finish in the 400m dash.

NDHS Hosts 6 one-week
beginner golf clinics

Notre Dame High School for Boys' head golf coach Bob Beckman (United State Golf Teaching Federation Certified) and NDHS Varsity Golfer John Wenzl '07 are pleased to announce the continuation of one-week beginner golf clinics scheduled for Monday, March 19, thru March 23, and Monday, March 26, thru March 30 at the Notre Dame Golf Center on the school's Niles campus. The clinics will vary in length based on

age group. Clinics 1 & 3 will run from 4:00 p.m. to 4:50 p.m. both weeks and Clinics 2 & 4 will run from 5:00 p.m. to 5:50 p.m. both weeks. Clinics 5 and 6 will run from 6:00 p.m. to 7:00 p.m.

Clinics 1 thru 4 are open to juniors age 5 thru 7 at a cost of \$100 per person. Clinics 5 and 6 are open to anyone age 12 and over at a cost of \$120 per person.

For more information, contact Coach Beckman at (847) 779-8694.

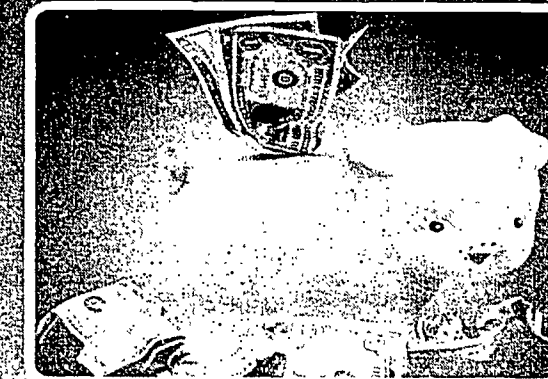
Dave's March Madness
Challenge!

Bugle Staff Member Dave Urquhart would like to challenge readers to outguess him in the March Madness NCAA Basketball Tournament. His picks for the final four are: Florida, UCLA, Georgetown and Louisville with Florida and Georgetown facing off in the final game and Georgetown winning.

Out-guess Dave and your name will be re-printed in The Bugle after the tournament.

Send your guesses to Dave at dave@buglenewspapers.com All entries must be received by Mar. 18.

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Pro Golf Weekly Update
March 15 - 18, 2007

This Week's PGA Tournament Preview
Arnold Palmer Invitational
Defending: Rod Pampling
Total Purse: \$5,500,000
Yards: 7,239
Par: 72

Last Week On The PGA Tour
Mark Calavecchia won the PODS Championship in Palm Harbor, Fla. on Sunday. He finished with a 1-under-par 70 to defeat Heath Slocum, who missed a four-foot putt on the 18th hole to force a playoff. Calavecchia had his bags packed Thursday night because he figured he would miss the cut. His 75 in the first round was the highest by a PGA Tour winner in 10 years, dating back to Jeff Sluman in Tucson in 1997. Calavecchia earned \$994,000 to go over \$20 million for his career, and moved up to No. 7 on the PGA Tour money list. If he can stay inside the top 10 over the next two weeks, he'll earn a trip to the Masters.

This Week's Profile
Mark Calavecchia
Birthdate: June 12, 1980
Birthplace: Laurel, Neb.
Residence: West Palm Beach, Fla.
Turned Professional: 1981
World Ranking: 62nd
2007 Earnings: \$1,316,183
Career PGA Tour Wins: 13

Golf Trivia
Arnold Palmer first became known as a national level for winning the United States Amateur Championship. What year did he win this title?
a) 1952 c) 1953
b) 1954 d) 1950
Answer: b) He won the 1954 title at the age of 24, and turned pro soon afterward.

Golf Pro Tip
Both the uphill and the downhill bunker shots provide different challenges, but both can be addressed to provide an easy solution. For the uphill bunker shot, address the ball with it forward in your stance and your shoulders tilted more than normal. You do this with your shoulders in order to hit through the ball without digging too much sand out as you make your swing on the ball. There can be no denying that the downhill bunker shot is the more difficult of the two shots. The biggest problem that the amateur golfer has is getting the ball up quick enough to get it out of the bunker. Your hands need to be ahead of the ball to create a descending blow. The most important aspect is that you have to hit the ball with authority to get it out of the bunker rapidly.

This Week's Golfing News
A new PGA tournament, known as the AT&T National, will be played July 5-8 in Washington with Tiger Woods as the host. PGA Tour commissioner Tim Finchem said that the tournament would likely be considered along the lines of tournaments run by Jack Nicklaus and Arnold Palmer that have limited fields. The Memorial Tournament with Jack Nicklaus as the host has a minimum of 105 players. While the Arnold Palmer Invitational at Bay Hill has a minimum of 120 players, although 133 eligible players already have committed to play this week in Orlando. Other invitations on the PGA Tour include the MCI Heritage and the Colonial. Saying he was "insulted" by the prospect of Tiger Woods' new tournament being treated like an invitation, Rich Beem said he would rally players against the PGA Tour to make sure the event had a full field. Finchem said several details have not been finalized for the tournament, which will be run by the Tiger Woods Foundation.

PGA Tour Standings
Through March 11, 2007

Money Leaders

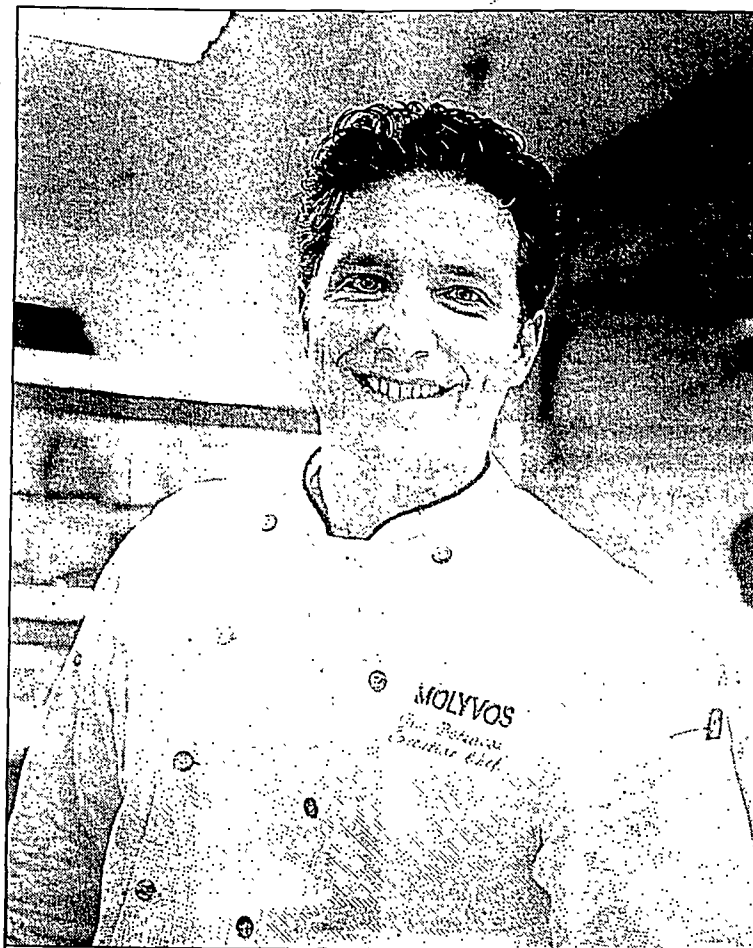
Rank & Player	Money
1) Charles Howell III	\$2,327,825
2) Phil Mickelson	\$1,659,542
3) Vijay Singh	\$1,647,463
4) John Rollins	\$1,471,066
5) Aaron Baddeley	\$1,425,990

World Rankings

Rank & Player	Score
1) Tiger Woods	19.28
2) Jim Furyk	9.54
3) Phil Mickelson	7.68
4) Adam Scott	6.91
5) Henrik Stenson	6.70

Golf History
March 17, 1902 - Bobby Jones, the greatest amateur golfer of all time, was born in Atlanta, Ga., on this date. Jones won 13 major championships before he retired from competition at age 28. In 1930, he became the first and only man to ever achieve a "Grand Slam" in a single season when he won the British Amateur, British Open, U.S. Open, and U.S. Amateur. He was also the founder of Augusta National Golf Club and the Masters Tournament.

Culinary renewal of battle of Thermopylae



JIM BOTSACOS - Jim Botsacos, author of 'New Greek Cuisine,' is chef at Molyvos, one of New York's most exciting restaurants. CNS Photo courtesy of Doubleday Broadway Publishing Group.

By Ron James
COPLEY NEWS SERVICE

The Chef

Jim Botsacos watched his grandmother make veal with peppers through new eyes -

PERFECT PAIRINGS

those of a student at the famous Johnson and Wales cooking school in Providence, R.I.

When she threw the chopped peppers, onions and chunks of veal into the electric skillet, he gently chided her: "Grandma, you're supposed to caramelize the veal, take it out and then saute the vegetables, not dump it all in at one time."

"This is the way I've always done it," she said. "And it's always good, isn't it Jimmy?"

"Yes, of course, grandma," he answered.

But it was the first time the young chef realized he could make traditional dishes better by using his newfound culinary skills and techniques. The lesson would serve him well in the future.

Born and raised in New York City, Botsacos and his Greek-Italian family celebrated food every day. Most of his relatives were either in the food business or loved to cook.

After cooking school, Botsacos hit the culinary fast track, first at Manhattan's famed

'21' Club under Alain Sailac, where he became executive sous chef by the time he was 24, and then as executive chef at Steve Hanson's Park Avalon and the 450-seat Blue Water Grill.

While on vacation in 1996 with his new wife Maria, Botsacos got a call from friend and restaurateur Nick Livanos, who wanted the young chef to be involved in a "white tablecloth" restaurant called Molyvos.

"I was intrigued with the idea of reaching into my own heritage for a new direction in my culinary career," Botsacos writes in the forward to his recent cookbook "New Greek Cuisine" (Broadway, \$29.95). "I immediately returned to New York and within hours was on a plane to Greece with the Livanos family."

In Greece, Botsacos immersed himself in Greek culture and cuisine, discovering many new ingredients and dishes. In 1997, with lessons and recipes in hand and a firm foundation in classic cooking, Botsacos made Molyvos one of New York's most exciting restaurants. It has received rave reviews from diners and critics alike, including a three-star rating from The New York Times. And yes, he does offer veal and peppers on the menu - but he does it his way.

The Dish

Our featured dish is the clas-

sic Greek Roasted Leg of Lamb With Marinated Tomatoes.

"For my entire life, every celebration - birthdays, Easter, whatever - will find some type of lamb on the table," Botsacos writes. "This is my interpretation of a dish that both my mother and my grandmother made."

"At Molyvos, with 24 hours' notice, we will serve this dish family-style. We present the whole leg to the table, and then it is carved to order in the kitchen. At home we serve it with simply roasted potatoes and vegetables."

Ask the butcher to debone the lamb.

The Wine

A celebratory meal such as this calls for a wonderful Darioush 2004 Signature Russian River Pinot Noir (\$48). This elegant wine has the necessary character to complement the rich savory lamb and marinated tomatoes. The wine has soft tannins, and silky layered flavors of blackberries and cinnamon with a touch of licorice at the finish.

Darioush is located on the Napa Valley Silverado Trail and is one of Napa's newest and best wineries. It is a must-see when visiting wine country. The stunning architecture reflects the heritage of owner Darioush Khaledi, who imported the same stone used in the ancient Persian temples of Persepolis.

Roasted Leg of Lamb with Marinated Tomatoes

1 (7- to 8-pound) leg of lamb, main bone removed, shank bone intact.
Coarse salt and freshly ground pepper
1 garlic clove, quartered
2 tablespoons olive oil
1 1/2 teaspoons dried Greek oregano
1/2 cup dry white wine
2 1/2 cups chicken stock
Marinated Tomatoes (recipe follows)
Herbed Bread Crumbs (recipe follows)
Yields 8 to 10 servings.

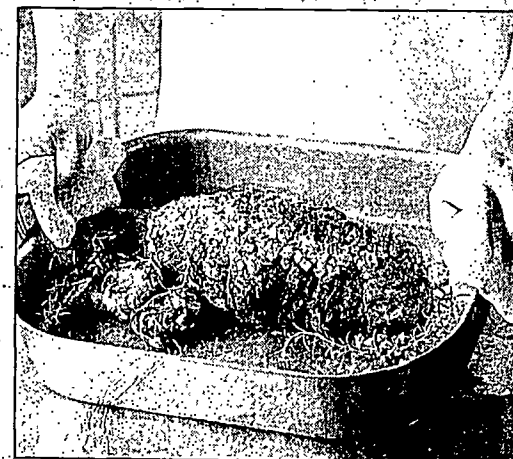
Lay out lamb flat on clean work surface. Season top with salt and pepper, to taste. Starting at narrow end, roll up lamb up, cigar-fashion. Using kitchen string, tie meat in place so that it will hold its shape and cook evenly.

Make 4 small slits in lamb. Insert 1 garlic sliver into each slit. Lightly coat lamb with olive oil. Sprinkle oregano over lamb and again season with salt and pepper, to taste. Wrap in plastic wrap and refrigerate for 3 to 12 hours.

When ready to roast, preheat the oven to 450 F.

Remove lamb from refrigerator, unwrap, and place in large roasting pan. Place in preheated oven and roast for 25 minutes.

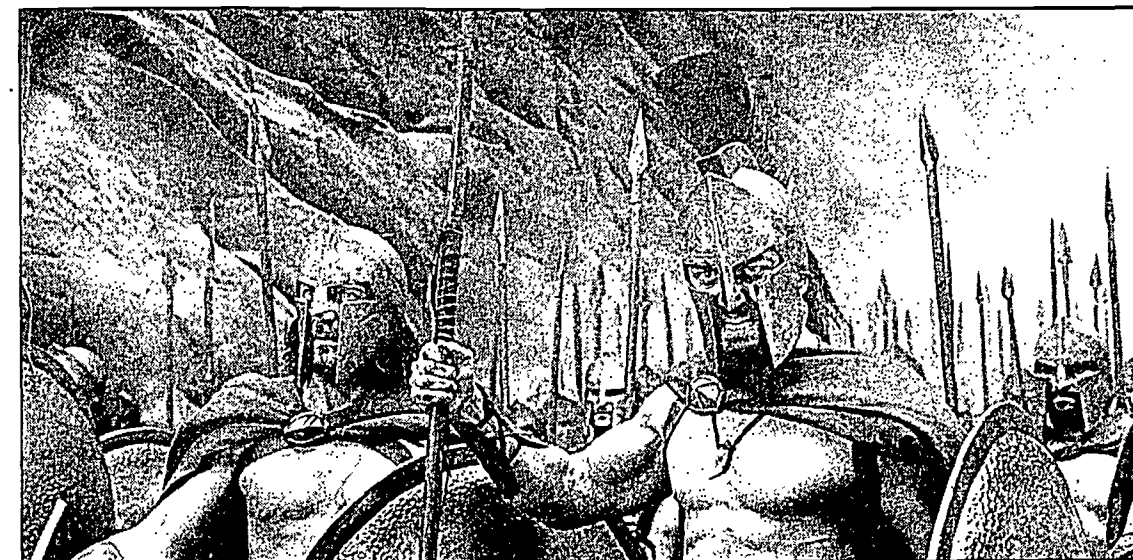
Remove lamb from oven and add wine to roasting pan. Add stock; reduce oven temper-



ature to 400 F and return pan to oven. Roast, basting frequently with pan juices, for 40 to 50 minutes. If pan juices dry up, add stock or water as needed.

Remove lamb from oven. Spoon thin layer of Marinated Tomatoes over lamb, pressing down slightly to make them adhere. Return lamb to the oven and roast, basting every 5 minutes, for 10 minutes. Sprinkle on Herbed Bread Crumbs, lightly pressing to make them adhere. Roast for 5 minutes.

Remove lamb from oven and allow to rest 15 minutes before cutting strings and slicing for serving.



'300' - From left, Vincent Regan, Gerald Butler and the Spartans stand ready to halt the advance of the Persian army in the action movie '300.' CNS Photo courtesy of Warner Bros. Pictures.

'300' one gory Grecian trip

NEW RELEASES

300 - Some movies of carnage open our minds to war, death and history in a valid way, like Clint Eastwood's *Iwo Jima* films. And then there are the bloody piles of raw meat for finger-lickin' oafs, like "Apocalypto" and "300." The movie has even more death than Mel Gibson's Mayan epic, a gain that adds up to a minus. Zack Snyder of "Dawn of the Dead" (the 2004 version) filmed Frank

Miller's graphic novel, about the brave 300 Spartans who blooded the huge Persian army at

FILMS IN FOCUS

Thermopylae in 480 BC. It sure is graphic. And ugly. Shot as a vision of digital mud smeared with frosty whites and spraying spots of computerized blood, "300" is not for fans of Richard Egan in "The 300 Spartans" (1962). There are endless spear-

ings and beheadings, plus dying horses and a whole wall made of corpses. You wouldn't wish to smell this movie, but we nearly can. It is too dumb as drama, even as war spectacle, to be transporting, frightening or sickening. Just numbing. A Warner Bros. release. Director: Zack Snyder. Cast: Gerard Butler, Lena Headey, Dominic West, Rodrigo Santoro. Running time: 1 hour, 57 minutes; Rated R; 1 star.

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Niles, IL 60714
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ShowTimes for March 16-22, 2007

DEAD SILENCE (R) 2:10, 4:30, 7:10, 9:30; Fri-Sun early matinee 11:40am
I THINK I LOVE MY WIFE (R) 1:50, 4:10, 6:40, 9:10;
Fri-Sun early matinee 11:30am
PREMONITION (PG-13) 1:20, 4:20, 7:20, 10:10; Fri-Sun early matinee 10:30am
300 (R) 12:40, 1:10, 2:20, 3:20, 4:00, 5:00, 6:20, 7:00, 7:50, 9:15, 9:50,
10:30; Fri-Sun early matinee 11:50am
THE ULTIMATE GIFT (PG) 12:50, 3:40, 6:45, 9:20;
Fri-Sun early matinee 10:10am
WILD HOGS (PG-13) 1:45, 4:15, 7:30, 10:00; Fri-Sun early matinee 11:20am
ZODIAC (R) 3:30, 6:50, 10:15; Fri-Sun early matinee 11:45am
THE NUMBER 23 (R) 1:30, 3:50, 6:30, 9:00; Fri-Sun early matinee 10:45am
BRIDGE TO TERABITHIA (PG) 1:40, 4:40, 7:15, 9:40;
Fri-Sun early matinee 11:10am
GHOST RIDER (PG-13) 2:00, 4:50, 7:40, 10:20; Fri-Sun early matinee 11:00am

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Showtimes for March 15-22, 2007

Thursday, March 15
Music & Lyrics (PG-13) 4:45, 7:00, 9:15
Bridge to Terabithia (PG) 4:30, 6:30, 8:45
Wild Hogs (PG-13) 4:45, 7:00, 9:15
Friday, March 16
Music & Lyrics (PG-13) 4:45, 7:00, 9:15
Wild Hogs (PG-13) 4:45, 7:00, 9:15
Premonition (PG-13) 4:45, 7:00, 9:15
Saturday and Sunday, March 17 and 18
World Premiere (Paraiso) 11:00, 4:00, 9:00
Music & Lyrics (PG-13) 2:00, 4:45, 7:00, 9:15
Wild Hogs (PG-13) 2:15, 4:45, 7:00, 9:15
Premonition (PG-13) 2:00, 4:45, 7:00, 9:15
***Showtimes for this feature only on Saturday**
Monday thru Thursday, March 19 thru 22
Music & Lyrics (PG-13) 4:45, 7:00, 9:15
Wild Hogs (PG-13) 4:45, 7:00, 9:15
Premonition (PG-13) 4:45, 7:00, 9:15
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\$6 movies after 5

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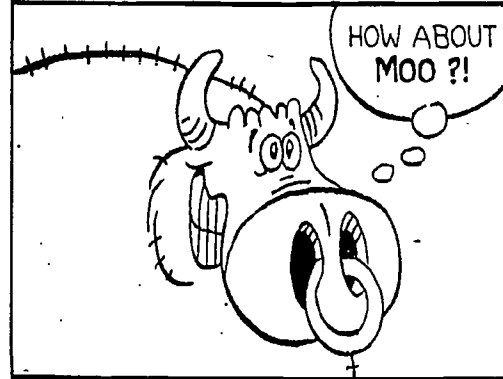
By J.R. Rose - Copley News Service

DRAW IT!

DRAW A BANANA FOR THIS MONKEY TO EAT...



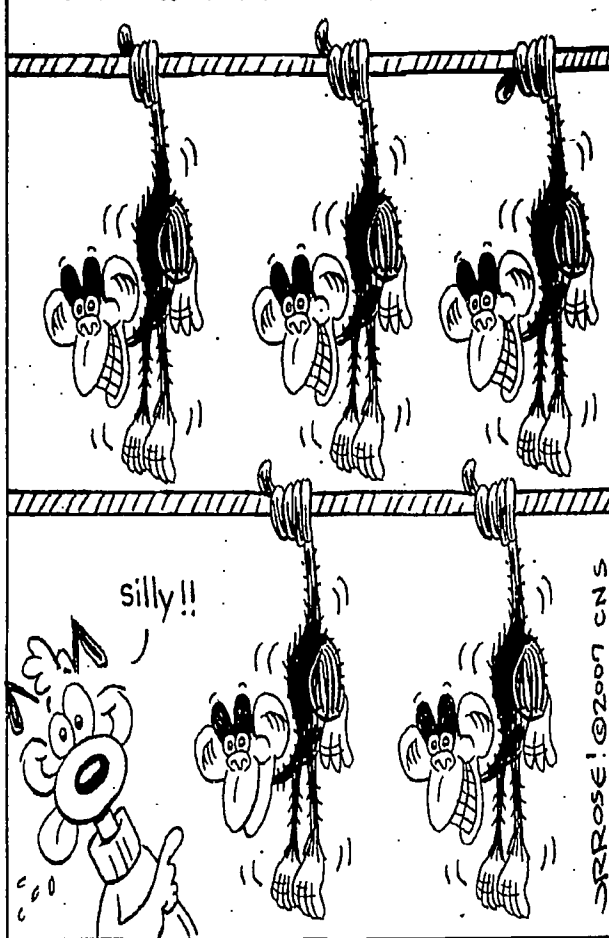
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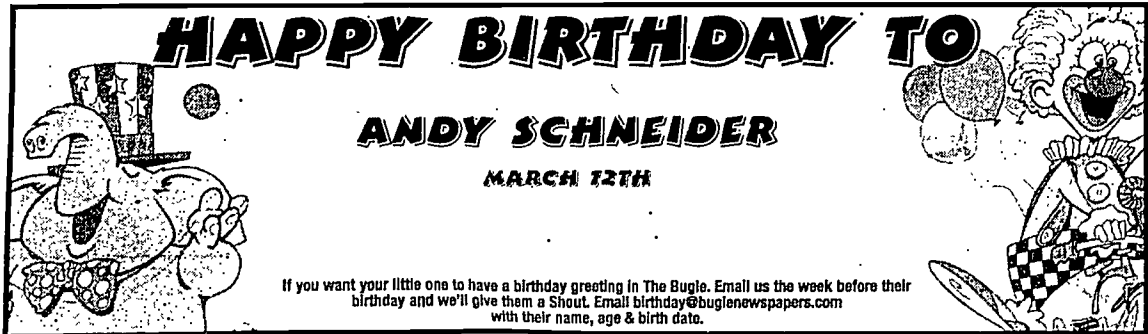
WHAT IS AN APE'S FAVORITE COOKIE?



HAPPY BIRTHDAY TO

ANDY SCHNEIDER

MARCH 12TH



If you want your little one to have a birthday greeting in The Bugle, Email us the week before their birthday and we'll give them a shout. Email birthday@buglenews.com with their name, age & birth date.

Tim Herd's

Watchable Wildlife Guide

wildlife observation in the right place at the right time

Week of March 18-24, 2007



Photo by Joe Knecht / NRC

Harbinger's return

With its bright blue back and sweet simple song, the eastern bluebird has long been known as the harbinger of spring: Its return north is always a welcome and cheery sight in the muddy month of March. Watch for its heralded return: The courting male sings and flutters in front of a female, tail feathers spread wide, then perches beside her and attentively preens her. They then assemble a loose nest in an abandoned woodpecker den or other tree cavity for the first of two annual broods.

Once a very common sight in open farmland and roadsides, its population dwindled as mechanized farms obliterated old fencerows, along with many of the bird's favored nesting sites. Competition with starlings and house sparrows, both nonnative species, for the few remaining suitable sites almost did the bluebird in.

But the lively songbird is now making a comeback, largely due to manmade nest boxes erected in suitable habitats. Properly built, they discourage starlings because the hole is too small, and house sparrows because there is no perch. To obtain free plans to build a bluebird box, log on to www.naturenewswatch.com.

WHERE TO OBSERVE

Oak Mountain State Park, Ala.
Bull Shoals State Park, Ark.
White Clay Creek State Park, Del.
Weldon Springs State Park, Ill.
Land Between The Lakes Nat'l Rec. Area, Ky.
Heartland State Trail, Minn.
Delaware State Park, Ohio
Susquehannock State Park, Pa.
Cedar Hill State Park, Texas
Branbury State Park, Vt.
New River Trail State Park, Va.
Lake Kegonsa State Park, Wisc.

LOOK FOR

stocky, short-tailed, blue songbird
male: bright blue on back, wings, tail; underparts rusty orange; belly white
female: similar to male but paler; back tinged with brown

LISTEN FOR

soft musical whistles of "chur-wi" or "chiti-wewidoo"

Eastern bluebird

6-7 inches

Habitat: open woodlands, croplands, orchards

Range Key: ☐ Breeding ☐ Year-round ☐ Nonbreeding© 2007 Tim Herd, North America's Naturalist www.naturenewswatch.com

Grammar Matters

by Patty Gibbons Saunier

Cutting the Fat

Each sentence below would read better if one word were removed. Identify which words need to be eliminated.

- Oscar was happy with the end result of the golf match.
- The spelling champion is equally as good at math.
- Each individual student should pack a lunch for the field trip.

3. Cull individual, "individual" and "student" mean the same thing.
2. Cull. The sentence is better without it.
1. End. "End" and "result" mean the same thing.

Copley News Service

Eclecticism can be applied successfully

By Rose Bennett Gilbert
COPLEY NEWS SERVICE

Q: We have moved into a city loft apartment that is basically contemporary - high ceilings, cement floors (painted), and industrial-size windows. Our furniture is pretty tradi-

DECOR SCORE

tional - mostly heirlooms from my husband's family, who were collectors. We're having trouble visualizing the integration. Can you make any suggestions?

A: Think eclectic, that wonderful concept that lets you have your contemporary and your traditional, too, coexisting peacefully in the same space. The word eclectic actually translates into something like "the best of many different things." Which, be assured, is not the same as "hodgepodge." However you choose to mix things up, the same rules of good taste apply as, say, when you dress yourself. Colors should blend. Patterns should be compatible. Proper proportions should be observed.

Observe those parameters, and you can feel free to exercise poetic license. Because tall walls are so dominant, put them to work as background for the kind of mood you want to conjure. The simply elegant room we show here might be inspirational for your contemporary loft space.

Here, instead of the stark "industrial white" walls too often assigned to all contemporary spaces, the sitting area has been softened with wallcoverings that have decidedly traditional stripes and damasks. But not your ordinary stripes and damasks: these (by Sanitas for Blue Mountain Wallcoverings) are chic silvery white-on-white, which let them bridge

the style difference between the hip modern space and the traditional antique furnishings.

Q: We purchased a Tiffany-style lamp for our bedroom. When it arrived, it was even more beautiful than we expected, so we decided instead to put it in our living room. However, we already have a Tiffany-style lamp in one corner of the living room. We put our new one in the opposite corner. My husband said they do not have to be matching lamps. What is your opinion? They are both gorgeous, but they don't match.

A: The more interesting to look at, I'd say. The days of matchy-matchy decorating are far behind us. That goes for colors, as well as patterns and styles, and carefully symmetrical arrangements.

Chances are you grew up in the era of what could be called "Noah's Ark decorating," back when everything came in twos. Two matching tables with two matching lamps at either end of the sofa - two matching nightstands with ditto lamps on each side of the bed - you know how it went.

Today, we're all about asymmetry, instead. You still need



A Superb Bath - Deluxe natural materials such as onyx and crafted hardwood cabinets wrap this posh master bath. (CNS Photo)

two lamps, of course, but let them be different enough to be interesting. Think of your Tiffany-style lamps as the works of art they are. No way would you want all your other artworks to be the same, would you?

Speaking of Tiffany artworks, you might be interested in the current exhibition at The New York Historical Society in Manhattan, which gives much credit for "his" lamps to a woman artist, one Clara Driscoll (1861-1944), who headed Tiffany Studios' Women's Glass Cutting Department for many years. Recent scholarship reveals that she was the creative talent behind such iconic lampshades as the Wisteria, Dragonfly and Poppy. Have a closer look at "A New Light On Tiffany" (www.nyhistory.org).

Rose Bennett Gilbert is the co-author of "Hampton Style" and associate editor of Country Decorating Ideas. Please send your questions to her at Copley News Service, P.O. Box 120190, San Diego, CA 92112-0190, or online at copleysd@copleynews.com.

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Spring is coming, but don't rush to planting

By Jeff Rugg
COPLEY NEWS SERVICE

Spring is coming and many of us want it to be here already. For many areas of the country, the last half of winter was not warm and mild. March came in like a

A GREENER VIEW

lion, but eventually, we will get to the warm weather. As we get a few warm days, many people are inclined to start planting, but until your last frost date is past, it is still not the time to plant annual flowers. If you really want to rush to have spring flowers, it would have been better to have planted bulbs last fall. If you plant annuals in the northern half of North America during March or April, then remember the old nurseryman's saying: plant early and plant often. During the early spring, when I have been to the Gulf Coast, West Coast or anywhere to the north, I have seen irresponsible discount stores that have begun carrying annuals and warm season vegetables weeks before they can be safe-

ly planted.

Buy plants early to get the best choice, because they will not take good care of them anyway. But, plan on how you will take care of them after you get them home. They will need full sun because they had been growing in a greenhouse. They will need to be watered and they will need to be protected from frost. Otherwise, it is probably better to buy plants from a knowledgeable garden center at the proper time. They will get you the varieties that grow best in your area and will take care of them until you and the weather say it is time to plant.

One good way to reduce your use of pesticides in the garden is to use plant varieties that are resistant to insects and disease. Each year new varieties are released, so check label. Plant varieties that have won an All-America selection award should do well. They have had to do well at test sites nationwide to win. Another good designation on the label to look for is "F1 Hybrid." This signifies a cross that is usually very vigorous and produces the most flowers or fruit.

Once spring arrives, most gardeners want to till the garden soil. For an earlier start and better results, adding organic matter and rototilling the garden should be done in the fall when the soil is dry.

Do not rush things in the spring. Trying to till soil that is too wet will destroy its structure and water holding capacity. Garden soil is tillable if you can gently squeeze it into a ball, but it still breaks apart when gently poked. Sandy garden soil does not hold enough water to cause this problem.

Before tilling, add several inches of compost and 1.5 pounds of 10-10-10 fertilizer per 100 square feet and till them both into the top 10 inches of soil. Do not use a fertilizer that already has herbicides or insecticides in it. Do not add lime, gypsum or sulfur without a soil test showing a need for them.

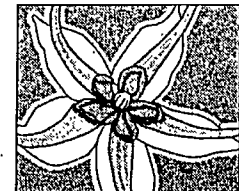
If you have ordered garden plants or bare-root trees and shrubs through the mail, be prepared to take care of them until you can plant them. Always open and inspect the shipment when it arrives. Check for damage and the

See Greener, next page

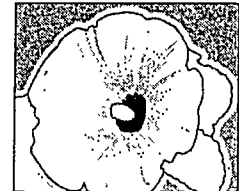
GARDEN TIP

Spring gardening tips

Tips and guidelines for ensuring your plants get a strong start and remain healthy through the growing season.



ANNUALS live for a year or less; also known as seasonal; flower only for three to four months.



BIENNIALS take two years to grow. These seasonal flowering plants bloom only in the second year after planting.



PERENNIALS are flowering plants that last longer and keep on flowering. Most take two years until they are old enough to bloom.

Source: Encyclopedia of Gardening.

■ Remember to prune. In general, the best time to prune most plants is late winter or early spring, just before the first growth appears. Careful pruning results in healthier and stronger plants, sturdier growth, more abundant fruits and larger blooms.

■ Mulching around the plants will keep weeds to a minimum and help retain moisture.

■ Make certain that the garden area drains well, as the plant roots may rot and become diseased.

■ Remove all weeds from the garden area and test the pH level for healthy soil.

■ Ask your local nurseries for planting tips on the specific plants you want to use.

■ Planting is best done after a rain, in late afternoon or on a cloudy day. Dig the hole twice the diameter of the root ball but the same height as the root ball. Take the plant from its container, and gently work your hand over the root ball to stimulate the roots.

■ Try to pick a planting spot that gets partial to full sun. Some perennials are able to grow in full shade, but you will have a wider plant selection if you choose a sunny area.

■ A deep watering once a week works better than daily watering. Drowning your plants will deprive them of oxygen, causing them to wilt.

Copley News Service/Bob Kest

Page Two

continued from page 3

that it was money that would destroy them.

Greener View

continued from previous page

health of the order and check to see if you got what you ordered. It is critical to keep the root system moist. Put plants in a cool, not-too-bright location and plant them as soon as you can.

Checking the garden every day is the best way to keep ahead of problems. Weeds are easy to pull when small and a few aphids on the end of a branch are easier to kill than when the whole plant is engulfed. Start a notebook about the garden. Make a plan and keep the plant packets for reference. You will want to know estimated harvest times later on.

Plant tall vegetables like corn or place tall arbors on the north side of your garden, so they do not shade the other plants. Add a flower border for beauty, butterflies and pollinating bees. Make a path out of mulch. Use lots of mulch to conserve water, reduce weeds and keep fruit off the soil where it often rots. Know what kind of plants you are going to use. Annuals bloom during this season, produce fruit and then die with the first frost. They

That seems to be the case, especially in Chicago's suburbs where increasing property values have completely eliminated the value of a house in favor of the value of the land. My parents' house, two blocks from a Metra station, gro-

should be put in new locations in the garden each year to slow any chance of disease and insects overwintering and harming them. Most garden vegetables are annuals. Biennials live two seasons and only bloom in the second season. They must be left in place if you want flowers. Most biennials are grown for leaves in the first year. Lettuce, cabbage, caraway and parsley are biennials.

Perennials are long lasting plants that come up from the roots each spring. They bloom each summer after they are established. Some, like asparagus and rhubarb are grown for their stems and leaves. Because perennials are not going to be moved, they should not be planted in the middle of the garden. It is hard enough to use a rototiller without having to try to go around things.

Perennials also need good soil conditions before they are planted. It is best to mix organic matter into the soil a couple of feet deep and for several feet in all directions. It is a lot of work, but it will pay off with much better growth for many more years.

E-mail questions to Jeff Rugg at info@greenernews.com.

cery store and golf course has only two bedrooms and a single bathroom. They raised three children there but no one today would raise even a single child there; I met a couple who were leaving a condominium in the city of Chicago because three bedrooms wasn't enough space for them

since they had a baby on the way. I don't begrudge anyone the right to purchase something they prefer, but when the pursuit of such luxuries destroys a unique piece of our architectural heritage, soon to be replaced by what will probably amount to another uninspired piece of anonymous con-

struction, then it is a tragedy; it is madness and it is our collective madness if we do not recognize that, piece by piece, building by building, this destruction diminishes us all, leaving us adrift in our luxury, cut off from our history and, without those roots, essentially alone.

Letters

continued from page 8

was more suited to the common citizen. Maxwell's was known as a public house where many of the older serfs could get a decent meal for few dollars and this pleased the populace.

It came to pass that during the reign of King Daniel the Frail these public houses were placed into a District of TIF because the advisors to King Daniel the Frail convinced the King that this would modernize and improve the kingdom without asking the serfs for more taxes. Since it was well known that serfs hated paying taxes to the Royal Treasury gain Daniel the frail decided this was a good thing.

As time went by, the people became restless with King Daniel the frail, and replaced him with Prince Richard the slick, who was a vassal of King Calvin the Connected.

Prince Richard the Slick promised the people many good things.

He promised better services; he promised lower taxes; he promised open government, but his promises were empty. He did not remove the hated tax of the refuse; he and his varlets increased the taxes on the serfs' hovels by 25 percent. It seemed as if all of the bad things the serfs had complained about under King Daniel the Frail were compounded two-fold under Prince Richard the Slick.

In time, a real estate speculation guild purchased the land upon which the public houses stood. They petitioned Prince Richard the Slick to tear down the public houses and replace them with luxury hovels for the serfs. The guild assured the prince that they would not require any money from the public treasury to perform this miracle; and that by building these luxury hovels they would increase the taxes paid into the prince's treasury without taking any more taxes from the current serfs. The varlets advising Prince Richard the Slick thought this was a wonderful idea, since at least one member of the real estate speculation guild

was experienced in assessing risks, and so they advised the Prince to go for it... which he did.

Much time went by and no hovels were built. Plans were changed many times and still no hovels were built. Finally, the real estate speculation guild came to Prince Richard the Slick and said, "We need money out of the Royal treasury before we can build the luxury hovels for the serfs." Prince Richard called for a hearing on the matter, which is a funny name for a meeting where neither the Prince nor his varlets listen to anything because they have already made up their minds beforehand.

The "hearing" hasn't happened as this fable is being written, but it is a good bet that Prince Richard the Slick and his advisor varlets will give some of the money from the Royal Treasury to the real estate speculation guild, because Prince Richard the slick knows the moral of this fable:

"You can fool some of the people some of the time... and most of the time that's enough."

Patrick Kansoer, Morton Grove

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SE HABLA ESPAÑOL

Dubiel

continued from page 8

Palliative care workers in Belgium declared a medical emergency last year. The problem; they ran out of Pentothal and this has rendered them unable to euthanize their patients. They have no need to get the patient's permission, nor to seek the input of family or friends. They just need a government bureaucrats OK. The patients rights and interests and the loving concern of their families are simply ignored. Instead of improving the situation, government healthcare, universal or not, makes it worse.

News reports describe the Army's system for medical care as "complex, confusing and frustrating." Soldiers, their spouses and families took complaints far up the chain of command, and said that they were simply ignored, ignored by people who knew better, who are or were soldiers themselves and should have cared. Our soldiers had to wage a battle against the Army's medical bureaucracy for proper treatment. But, this is how it is with a bureaucracy. Would you fare any better?

Everyone who has heard about this problem, including those who reviewed it formally, con-

cluded that the problems are systemic. They are right, the problems are "systemic," the system is founded on a bad idea. President Bush's recent expansion of Medicare to include prescription drugs, called the worst boondoggle in 40 years by the U.S. Comptroller, will only serve to bankrupt the system faster. The government's widening role in financing health care includes local initiatives here in Illinois: The growth of relatively new initiatives like the State Children's Health Insurance Program and increased spending by enrollees in programs like Medicaid will drive up rates across the board and gum up the works even more.

There is a solution, but it doesn't lie with more government. Experts in the field indicate that third-party payments are at the heart of the problem. It is a system that encourages bad behavior and an unwillingness to take responsibility for our own health and lifestyles. All we do is push the problems out a few years, but eventually we will have to pay. Better to pay and remain free, than to become a slave of the system and some faceless bureaucrat (who really does care, but only when exposed in the national press).

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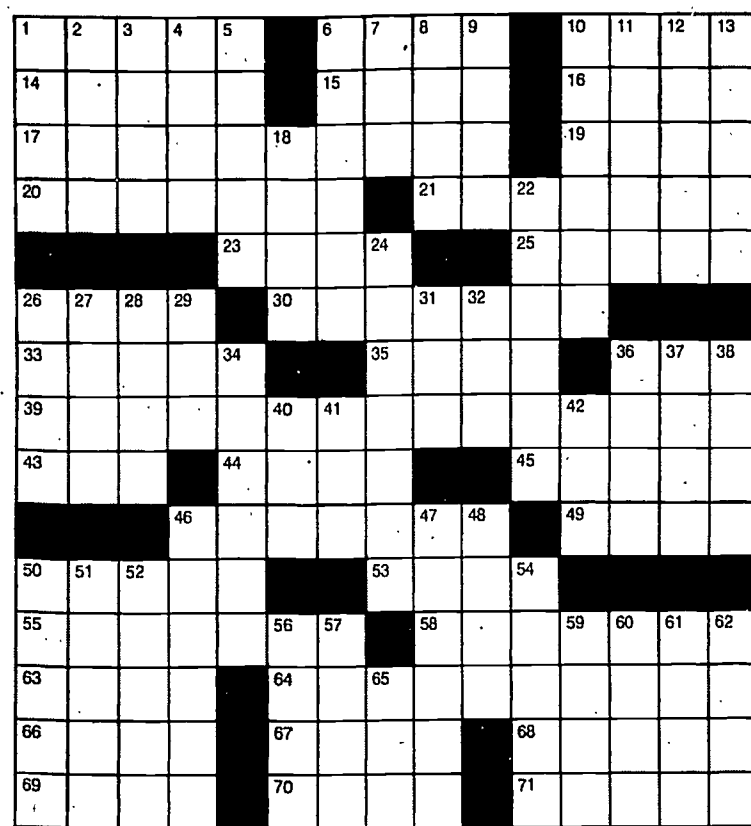
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DEAR ONES



COPLEY NEWS SERVICE

By Charles Preston

ACROSS

- 1 Nonplussed
6 Architectural conception
10 Gentle craft device
14 Fudge
15 Cockney's 'ome
16 "At Wit's End" columnist
17 1982 Neil Diamond hit
19 Face-off drop
20 Hitherto
21 Jean Valjean, e.g.
23 Nippy
25 Knightings, e.g.
26 Table extender
30 Tramp
33 Adams, of the Sierra Club
35 View from Magnum roller coaster
36 Genre
39 1998 Oscar-winning song
43 Fork over
44 A&E's "Biography for Kids" hostess
45 "I Don't Have You"
46 Like some professors
49 Tokkur's contents
50 Firebug's blaze
53 Channel bass

- 55 Louisiana Purchase part, with the
58 California/Arizona border town
63 Gouda's kin
64 1981 Frankie and the Knockouts hit
66 Canapé spread
67 Dog's dogs
68 Short-winded
69 Part of a deck
70 Dele's countermand
71 Off killer

DOWN

- 1 Weekend warrior's woe
2 "Take ___ Train"
3 Burn
4 Benjamin Disraeli, e.g.
5 Upper house
6 "Murder on the Orient Express" sleuth
7 Trunk wrench
8 North Carolina county
9 Meadowlands five
10 Use duct tape
11 Fly off the handle
12 Ringmaster
13 Louise and George, e.g.
18 13 popes

Last Week's
Puzzle Answers

DASH IT ALL



COPLEY NEWS SERVICE

Be the First to send in the answers to this week's crossword puzzle and your name will be listed in next week's Bugle.

THE WINNER

1st
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2nd
Thomas C. Gekas

Send your answers to the editor: Andrew Schneider
Fax: 847-588-1911
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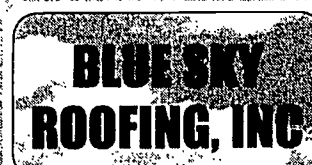
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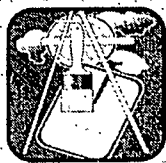


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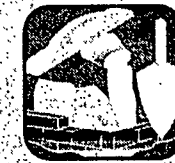


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LEGAL

LEGAL NOTICE

The Village of Niles Plan Commission and Zoning Board of Appeals will hold a public hearing on **Monday, April 2, 2007, at 7:30 P.M.** at the Niles Municipal Building, 1000 Civic Center Drive, Niles, Illinois, to hear the following matter(s).

07-ZP-05 - J W Kim, President, 200 Old Palisades Rd, Fort Lee, N.J., 07024, requesting a Special Use to operate a health spa at 809 Civic Center Dr.

07-ZP-06 - Grace Neville, 6944 Lexington Ln, Niles, IL 60714, requesting a variation from section VII (B)(10) to reduce the rear yard set back from the required 40' to 17' 10.5" to construct an addition.

07-ZP-07 - Jennifer Thorstenson, Warren Johnson Architects, 19 N Greely St, Palatine, IL 60067, requesting a Special Use to operate a carryout restaurant at 8940 Greenwood Ave.

07-ZP-08 - Dan Shapiro, Niles Park District Attorney, 222 N. LaSalle, Suite #1910, Chicago, IL 60601, requesting determination of parking Requirements for reconstruction of Park District public facilities at 7877 N. Milwaukee Ave.

07-ZP-09 - Pastor Nathan Cordes, St. Matthew's Evangelical Lutheran Church, 9081 Maryland St., Niles, IL 60714, requesting Plat of St. Matthew's Subdivision at 9081 Maryland St.

The Village of Niles will comply with the Americans with Disabilities Act by making reasonable accommodations for people with disabilities. If you or someone you know with a disability require accommodations for a Village service or have any questions about the Village's compliance, please contact George Van Geem, Village Manager, 1000 Civic Center Drive, Niles, Illinois, 847-588-8000.

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LEGAL

Notice is hereby given that Niles Park District is accepting sealed bids for: Oasis Water Park. Such proposals as herein concerned shall be for the following as described:

BID GROUP NO. 1 BID PACKAGE(S) #1
Bid Package #01 - Selective Demolition

SEALED BIDS will be received by Niles Park District at the place, date and time stated below and publicly opened and read there:

PLACE:
Niles Park District
6676 West Howard Street
Niles, Illinois 60714

DUE DATE:
Thursday, April 5th, 2007

TIME:
11:00 AM (CST)
(as Date/Time stamped by Niles Park District Receptionist)

Any bid received after the time and date stated above will be returned unopened to Bidder.

A non-mandatory Pre-Bid Meeting has been scheduled for 8:30 AM (CST) on Friday, March 23, 2007. This pre-bid meeting will take place at Oasis Water Park located at 7877 N. Milwaukee Avenue in Niles, Illinois 60714.

Pre-qualification of all bidders in this bid group is required prior to the bid due date. Submit one fully executed copy of AIA Document A305 "Contractor's Qualification Statement" prior to submitting this bid form. Fax copies are acceptable.

The competency and responsibility of the bidders will be considered in making awards. The successful bidder shall, upon acceptance of his bid, be required to procure and pay for a Performance Bond and Labor and Material Payment Bond in an amount equal to one hundred percent (100%) of the bid. Bonds shall comply with all laws of the State of Illinois governing public contracts let by governmental units. Bid security in the form of a Bid Bond, certified check or cashier's check made payable to Niles Park District in an amount equal to not less than ten percent (10%) of the Base Bid shall be submitted with the Bid. Bid security is required of all parties submitting a proposal. A fully executed and compliant Bid Security must be included with the Bid Form.

All Contracts for the Construction of Public Works are subject to the Illinois Prevailing Wage Act (820 ILCS 130/1-12).

The Design/Builder for this project is Wight Construction Services, Inc. All questions concerning this project or those concerning bidding requirements should be directed to Craig Polte at 630-969-7000 - EXT 6959. Questions will be received in writing, via fax (fax # 630-737-0518), until 11:00 AM (CST) on Tuesday, March 27, 2007.

The Park District reserves the right to reject any or all bids, to negotiate contract terms with various Bidders, and to waive all formalities or irregularities to any bid when such is deemed by the Owner to be in the Owner's best interests.

1) Plans and specifications may be purchased for a non-refundable fee. Order by prior reservation (allow 2-4 hours for printing) from B and H Industries (Main Location - Arlington Hts. phone: 847-593-3161; fax: 847-593-3079) after 11:00 AM (CST) on Tuesday, March 20, 2007. Cash, check or credit card accepted. The approximate cost per complete bid group set is \$100.00 (Please verify final cost with Printer). (Distribution Locations) 80 Seegers Rd., Arlington Hts., IL; 19 N. Union St., Elgin, IL; 4527 Prime Pkwy. McHenry, IL; 1404 21st Street, Rockford, IL; 30W/250 Butterfield, Rd., Warrenville, IL; 804 Burr Oak Drive, Westmont, IL.

Complete sets of plans and specifications may also be viewed at: 2)B and H Industries - Website www.bhindustries.com - c-Plan Room - Public Plan Room - Oasis Water Park Bid Group 1 Bid Package(s) #1

This invitation is issued in the name of Niles Park District.


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2005 Dodge Caravan SXT Stk# P2085, 3.3L V6, PL, PW, Quad Seats, Auto, AC	\$13,995	2006 VW Golf TDI Stk# 7140A, Auto, AC, PL, PW	\$17,995	2006 Dodge Dakota SLT Quad Cab 4x4 Stk# 6277, Auto, V8, Trailer Tow, Anti-Spin, PL, PW, AC, Orig. MSRP \$32,710	\$22,995
2006 Pontiac Grand Prix Stk# P2196, Auto 3.6L, AC, PL, PW, 4Dr	\$13,995	2005 Pacifica Touring Stk# P2171, 3.5L V6, Leather, PL, PW, CD	\$18,995	2004 Lincoln Navigator 4x4 Stk# P2210, V8, Leather, P/L, P/W, Alloys	\$29,995
2005 Jeep Wrangler 4x4 Soft Top Stk# P2060, 9,500 Miles, "Orange Blast"	\$14,995	2006 Dodge Charger SXT Stk# P2212, 3.5 Liter V6, Alloys, P/L, P/W, Low Miles	\$18,995	2005 Chrysler 300 Touring Stk# P9999, 3.5L, Nav, Sat, 6 CD System, 2 Tone Lthr, Svt, Walter P. Sig Series, 16K MI	\$23,995
2004 Pontiac Bonneville Stk# P2206, Leather, Alloys, P/L, P/W	\$14,995	2006 Jeep Grand Cherokee Laredo AWD Stk# P2173, V6, PL, PW, Tilt, Cruise	\$18,995	2005 Dodge Ram SRT-10 Supercharged Stk# 6158-A, 6 Spd Manual, Leather, PDL, PW, CD, CC, AC, TSW	\$32,995
2004 Dodge Grand Caravan Stk# 7051A, 3.6L, 21,000 Miles, PL, PW, CD, Rear AC	\$14,995	2003 Ford Mustang Mach 1 Stk# 6245B, 4.6L 5 Speed, PL, PW, CD, Leather, AC, Cruise	\$18,995	2006 Dodge Charger SRT-8 Stk# P2211, 6.1 Liter V8, Alloys, P/L, P/W, Tilt Cruise, Red & Ready	\$34,995

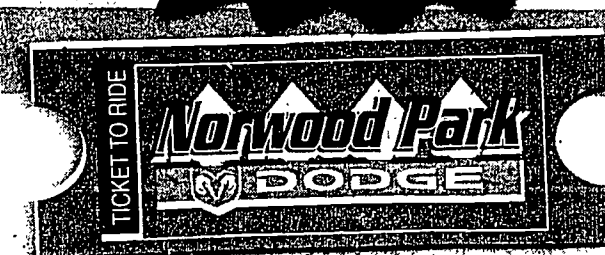
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