

## OFF TO CHILE

Notre Dame HS President departs  
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## ASIAN FOOD FESTIVAL

Super H-Mart hosts first annual event  
BUSINESS, Page 9

# THE BUGLE

MAY 3, 2007

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## Elementary School Dist. 71 Director indicted for mail fraud

By Tracy Yoshida Gruen  
STAFF WRITER

Joseph Bettuzzi, the director of buildings and grounds for Niles Elementary School-Dist. 71 has been charged with three counts of mail fraud for allegedly receiving kickbacks from an agent of Drummond American Corp.

The indictment states that Bettuzzi received a total of \$1,575, including Winners Choice checks, from purchasing merchandise on behalf of School Dist. 71.

The scheme involved sales agents in the Chicago area and other areas allegedly paying kickbacks totaling about \$140,000 to employees of some of their customers, including suburban municipalities, school districts, a non profit organization and private businesses.

"I was very surprised," said principal of Culver School, Alexandra Nicholson. "It's a personnel matter so I can't say

See Indicted, page 4



More than 500 community members came out to show their support, in memory of Nelson School student Jenny Riemer who died in a tragic car accident, along with her grandmother Theresa.

## 'Fun Walk' A Success

*Jenny Riemer, Grandmother remembered*

By Tracy Yoshida Gruen  
STAFF WRITER

The walk at Nelson School in honor of Jenny Riemer and her grandmother raised more than \$15,000, most of it going to the Epilepsy and Make-a-Wish Foundations.

More than 500 community members came out to show their support, in memory of the Nelson School student who died in a tragic car accident, along with her grandmother.

"Niles is an amazing community, and really pulls together in a time of need," said Tracy Fragassi, teacher at Nelson School. "I am proud to live in such a great town. The event could not have been possible without so much help from everyone."

"The day was beautiful," shared Shawn Courtney, another teacher at Nelson School.

The event featured various food items from local sponsors, such as the Niles Starbucks, the Great American Bagel, Dunkin' Donuts, Jerry's Fruit Market, Meier's Bakery and more. Many Niles businesses made



A community member shows his support by posting Jenny's picture.

generous donations such as Minellis, Old Country Buffet, Georgia Nut Company, Perfection Printers and more.

The Niles Park District donated three fire engines and two golf carts for Jenny's family to ride in. The park district also donated tents, tables and chairs for the event.

"The weather was perfect and we know that Jenny and Theresa [Jenny's grandmother] had something to do with that," said Fragassi.

The event also featured a raffle with more than 160 prizes. The Niles Fire Department donated six children's bikes with helmets.

## New Niles police cars will have rooftop lights

With hopes to make police cars more visible, the new Niles Police squad cars will have lights on top of the cars as opposed to inside.

"About 65 percent of my staff wanted the lights on the outside," shared Niles Police Chief Dean Strzelecki. "They feel they are more visible. I wanted to make them more comfortable."

The change in location of the light bars was publicly discussed at the pre-village board meeting on Tuesday, April 24.

"I think it provides for a deterrence," said Niles Village Trustee Andrew Przyblo, who supports the switch over. He feels that wrongdoers will be

See Lights, page 4

## Niles to begin Crime Free Multi-Housing Program

By Tracy Yoshida Gruen  
STAFF WRITER

A Crime Free Multi-Housing program was discussed at the pre-board meeting of the Village of Niles trustees on Tuesday, April 24.

The program that the village is currently working on implementing, addresses various topics, such as understanding crime prevention, combating illegal activity such as gangs, drugs and graffiti, good property management, community rules and policies, dealing with non-compliance and more.

The program is a two-phase certification program for rental properties of all sizes, including single family rental homes.

"It's to improve the quality of life for residents," said Robert

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# What do you do at the symphony?

A friend called me Friday with a last-minute invitation: would I like to go to the symphony?

Of course, I said. As a general rule I don't turn down free tickets to anything and especially not the Chicago Symphony Orchestra.

We walked in. I treated my friend to a glass of wine that we had to finish quickly before taking our seats and, once there, I was confronted by a dilemma: what now?

On the program were two piano concertos by Mozart and one by Haydn. They were really nice, the kind of thing I like to listen to while doing some work here at The Bugle. But when I listen to them in person the music and not my work, takes center-stage.

I spent the first 20 minutes or so shifting my focus from the first chair violinist to the pianist/conductor. Then, inevitably, the wine started to have its effect and I became pretty sleepy.

So, I had to think of something else to occupy my mind and it was then that I thought of



**Page Two**  
ANDREW SCHNEIDER | EDITOR

Sherlock Holmes' description of German music in "The Red-Headed League": "it is introspective" and Holmes wanted to "introspect."

So, I let my mind ponder some of life's deeper questions like what I was planning for my weekend and whether I should spend Saturday cleaning of outside on my bike or in-line skates. That got me through Mozart's first concerto.

Then came Haydn. The applause after the first piece ended had thrown me off of my train of thought. As I tried to board again I noticed slow, regular...  
**See Column, page 10**

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# 13th Annual Chicago River Day to stream into Morton Grove

It's almost that time again for local volunteers to come together and clean up the riverbanks during the 13th annual Chicago River Day.

Locally, volunteers will meet at Linne Woods in Morton Grove on Saturday, May 12 from 9 a.m. to noon. The mission of the day is to clean up the riverbanks and pull invasive weeds, such as Garlic Mustard.

"Last year, there probably was close to 100 people," said Nort Josephson, a Morton Grove resident, about the Friends of the Chicago River event. "I do it every year."

Josephson said they get a mix of children and adults and the children generally pull the Garlic Mustard, an invasive non-local species, while the adults collect the garbage along the river.

After the clean-up, there will be a picnic at River Park that will feature a free barbecue, entertainment and a mini

## Site Captains

Those interested can register with one of the site captains:

- Mary Busch**  
(847) 966-7585
- Nort Josephson**  
(847) 965-8334
- Bob Scholtes**  
(847) 581-1514
- Marian Thill**  
(847) 581-1514

environmental fair.

All participants will go home with a free T-shirt that commemorates the special occasion.

The four site captains, who reside in Morton Grove, are Mary Busch, Nort Josephson, Bob Scholtes and Marian Thill.

The participants will meet at Linne Woods on the north side of the 6400 block of Dempster Street. River Park is on Francisco just south of Foster, near the Swedish Covenant Hospital.

# Tree-Killing pest discovered in nearby Skokie's ash trees

By Tracy Yoshida Gruen  
STAFF WRITER



**Emerald Ash Borer**

The Emerald Ash Borer, which destroys Ash trees, was spotted in nearby Skokie on April 16.

"We had been sampling those trees for about a year and had been finding suspicious activity," said Liz Zimmerman, forester for the village of Skokie.

The tree-killing ash borer was found in northeast Skokie, at the corner of Grand and Crawford Avenues.

"We're going to start a sur-

"We can not offer assistance for private property trees at this time," said Zimmerman, who said that the village is recommending that residents contact a certified arborist if they need to remove a tree on their private property.

The village of Skokie has approximately 3,000 Ash trees.

Village Manager Albert Rignoni said that they knew it was just a matter of time before they found the pest in Skokie, according to a press release. The pest was discovered in Wilmette and Evanston last year.

They said that if they discover trees that are declining or show symptoms of being infected by the Emerald Ash Borer they would then be slated for removal.

# Niles announces the formation of an Environmental Committee

A new Committee is being formed to help set environmental policy for the Village of Niles. Village staff, elected officials and interested residents will make up the committee. Among other things, this committee will study and

evaluate different ways the Village and its residents can lessen air pollution within the Village, evaluate storm water runoff, and reduce energy consumption. Mayor Blase and the Board of Trustees are extremely excited about the

possibilities of this new Environmental Practices Committee.

Residents who are interested in becoming a part of the committee, can contact Village Clerk, Marlene J. Victorine at (847) 588-8003.

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FDIC



With hopes to make police cars more visible, the new Niles Police squad cars will have lights on top of the cars as opposed to inside, which the cars, like the one above, currently have.

### Lights

continued from page 1

able to see the police cars more easily and be deterred. Strzelecki said the police department will receive 12 new squad cars and they have already received four of them and are working on switching the location of the lights on a couple of them.

"It takes quite a while to be switched over," said Strzelecki. Strzelecki said that the only downside is that the equipment tends to last longer on the inside, so there is a maintenance issue related to the switch.

At the pre board meeting on April 24, Strzelecki said that 95 percent of departments have outside lights on their vehicles.

### Program

continued from page 1

Tornabene of the Niles Police Department. "It provides training for the landlords and puts them on the same page."

Tornabene said that other towns, such as Elgin and Schaumburg have implemented the program and have seen a positive impact on their communities.

"More and more villages have

a program like this," said Niles Police Chief Dean Strzelecki.

"We've seen a rise in absentee landlords," said Tornabene. The program will include a crime free lease addendum that lists specific acts that, if committed on the property, will result in the immediate termination of the resident's lease. This will address problems such as tenants being overly noisy or problems with drug/alcohol abuse.

"I thought about it and I don't see any problems with it," said Village Attorney Joseph Annunzio, about the program.

The program originated in 1992 in Arizona and achieved almost instant success. In rental properties with the highest crime rates, the immediate results showed up to a 90% reduction in police calls for service. In the best properties, reductions of 15 percent to 20 percent were common.

### Indicted

continued from page 1

any more than that." Nicholson did say that Bettuzzi, a 40-year-old Niles resident, has been employed at

Dist. 71 for about eight or nine years.

Charles Schertzing, resident of Niles and the director of maintenance for Skokie School District 72, was also charged with three counts of mail fraud for receiving \$2,200 in kickbacks from the same agent working with Bettuzzi.

Scott Osika, the 51-year-old Hoffman Estates man and former Drummond sales agent working with Bettuzzi and Schertzing, allegedly received a total of \$60,188 in commissions that he allegedly fraudulently

obtained by selling products to District 71 and District 72.

"Each count of mail fraud carries a 20-year maximum sentence and a maximum fine of \$250,000," explained Brandon Fox, an assistant United States attorney.

Fox said that Bettuzzi was supposed to appear in court this Monday or Wednesday before Magistrate Judge Denlow.

"Final details are still being sorted out," shared Fox, with the Bugle Newspapers, on Thursday, April 26.

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# NDHS's DeLaney to depart for Chile

After five years at its helm as President, Rev. Michael DeLaney, CSC, is leaving Notre Dame High School (NDHS) in Niles at the end of the 2006-2007 school year to become the District Superior of Chile for the Priests of the Congregation of Holy Cross, Indiana Province. DeLaney will oversee the Holy Cross ministries, priests and brothers within Chile. The appointment, effective March 2007, will become full-time for him in June 2007 when he moves to Santiago to serve in this leadership position.

While this change of assignment came sooner than anticipated originally, Fr. DeLaney looks forward to bringing that same sense of community building and focus on mission to the work of Holy Cross in Chile that he did at Notre Dame High School beginning in 2002. Under his leadership, NDHS reached heights it had never imagined for itself, and emerged from a challenging, yet seamless transition, stronger than ever. He is grateful to those who shared in the leadership of the school and continue to deliver an education of mind and heart to the Dons every day. For Fr. DeLaney, the students, their families and the many alumni and supporters of Notre Dame have been the motivation to strive for excellence in all things at Notre Dame. These relationships have had a profound impact on Fr. DeLaney's life as priest and administrator. Leaving them in Niles will be the most challenging part of leaving Notre Dame, according to Fr. DeLaney.

In June, he will be leaving to guide the ministries of Holy Cross in Chile which include two schools (K-12), three parishes with over 2000 parishioners each, two orphanages, social ministry to the poor and formation and vocation outreach. He will also supervise the Holy Cross priests and brothers in Chile.

"The Holy Cross there work primarily with the poor and marginalized," DeLaney said. "Through their commitment to education, they work with Chileans from all social classes; their social ministries and parochial work tend to be with the poor and the working poor. Life is simple but strong in the Holy Cross communities."



Rev. Michael DeLaney, CSC

Citing how connected Notre Dame High School is to Chile, Fr. DeLaney recalled how Fr. James d'Autremont, CSC, the first principal of NDHS, spent time in Chile prior to coming to the high school. It was because of the Spanish influence he experienced in Chile that D'Autremont decided Notre Dame's nickname should be the "Dons, the Gentlemen of Mary. I go back to the land of the Dons from the land of the Dons."

A graduate of the Georgetown School of Foreign Service where he studied developmental economics and Latin American studies

with minors in Spanish and Portuguese, DeLaney also has a Masters degree in Theology from the University of Notre Dame and completed graduate studies in Human and Cultural Geography in Portland. He also speaks German, French and Italian proficiently. Prior to becoming President of the high school, DeLaney spent 1987-2002 at the University of Portland teaching and doing pastoral work. Having served as superior of Holy Cross priests at the University of Portland and Notre Dame High School, DeLaney has spent nine of his 20 years as a priest serving in leadership to the community. Currently he is a member of the Indiana Province Provincial Council, the chief administrative body of the Province.

"There are many needs that present themselves in the life of the Holy Cross. Through my work at Notre Dame and at the University of Portland, I feel prepared to take what

"I've learned and bring it to my work in Chile," said Fr. DeLaney. Since coming to Notre Dame in 2002, Fr. Mike oversaw a two-year strategic planning process involving over 300 alumni, parents, local leaders and friends who assessed NDHS' needs for the future and formulated a plan to most effectively address those needs. The comprehensive assessment process was the first one ever done in the school's 50-plus year history. Father Mike also worked extensively on board development, built relationships with local church leaders and revitalized the school's outreach, enrollment and fundraising efforts. Keenly aware of the need for tolerance and respect, Father DeLaney created the Minority Outreach Committee and the Presidential Committee on Minority Affairs. These groups promote diversity awareness through campus activities and programs and through reaching out to the

See DeLaney, page 10

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Letters to the Editor

Thank You, Morton Grove Voters

Dear Editor, The Action Committee of Morton Grove would like to thank all of our supporters for coming out to vote in last week's municipal election.

dedication. Our candidates discussed the issues that residents are concerned about — real estate taxes; economic development for our community; making Morton Grove more environmentally responsible; and maintaining the high quality of public services residents have come to expect, to name just a few.

keep Morton Grove's interests in the forefront. The Action Committee would also like to thank the many volunteers who gave countless hours of their time, and tons of positive energy towards making this campaign a success.

Golf Mill Café advertisement featuring Happy Mother's Day! Special Menu Available for the Occasion. Char Broiled 12 oz. T-Bone—12.95, Char Broiled 12 oz. Skirt Steak—12.95, Lake Superior White Fish—10.95, Pine Nut & Pecan Encrusted Tilapia—9.95 topped w/ Mango Sauce, Chicken Breast Florentine—8.95 topped w/ Grilled Tomato, fresh Spinach & Mozzarella Cheese, BBQ Ribs 1/2 Slab—9.95 Full Slab—16.95. All Entrees include Soup or Salad & Dessert.

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Another Perspective MORGAN DUBIEL | COLUMNIST

When you buy a pair of shoes you don't expect to be charged to walk in them. If you pay for a new mattress you don't pay again every time you sleep on it. On a house you only pay a mortgage, not a mortgage plus rent. The same goes with anything you've already paid for. Sadly, Niles, along with governments across the nation, disagrees.

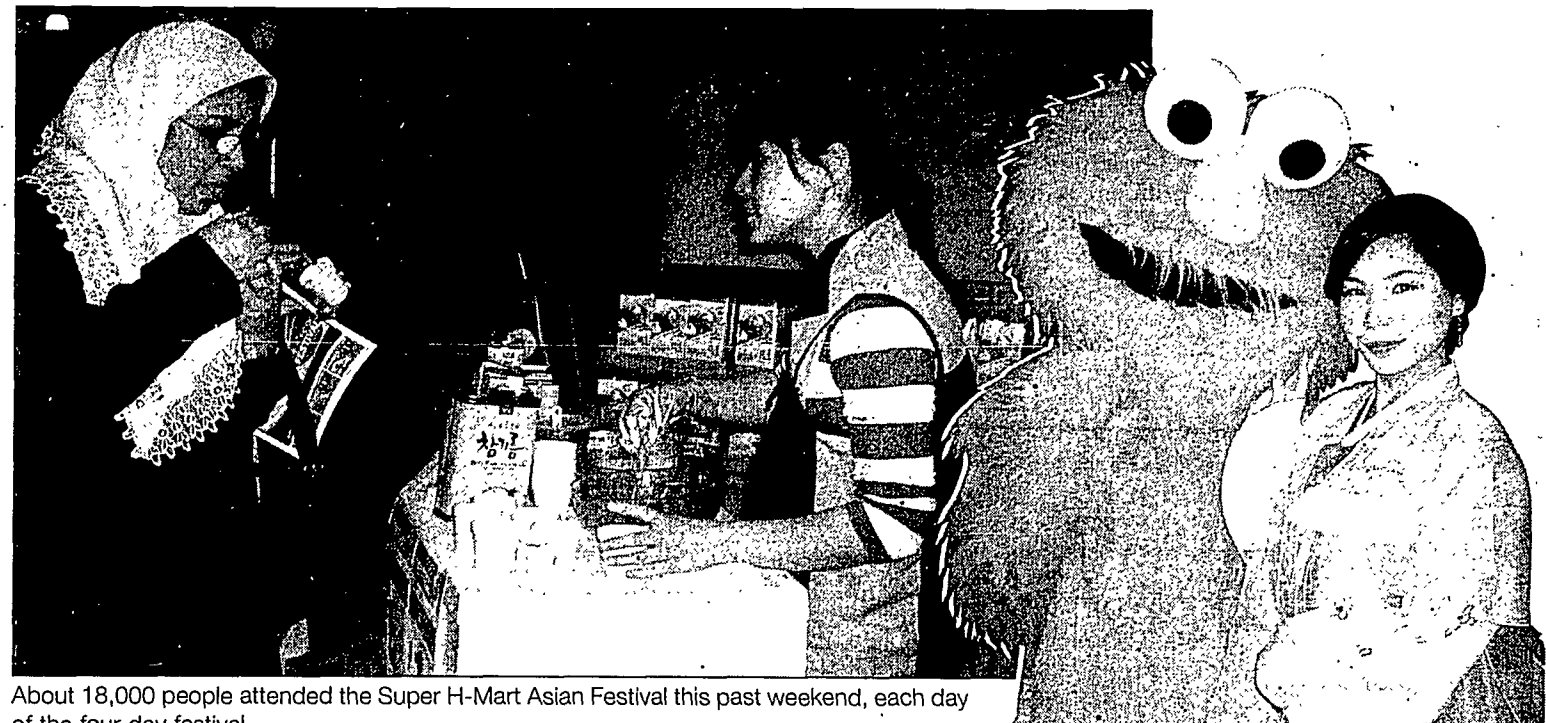
approach in this case is that you've already paid for it. You've paid, through your taxes, for the fire station itself, all the trucks and ambulances, the equipment, the salaries and training of the firefighters/paramedics. You shouldn't have to pay twice for using these services. They are what basic government is all about.

Food Festival brings taste of Asian culture

Super H Mart of Niles hosts First Annual Asian Food Festival

By Tracy Yoshida Gruen STAFF WRITER

About 18,000 people attended the Super H-Mart Asian Festival this past weekend, each day of the four-day festival. The festival featured 48 different vendors providing samples of various food items such as seafood dumplings, beef and rice, and Miso soup, from Korea, China, Japan, India and Malaysia.



About 18,000 people attended the Super H-Mart Asian Festival this past weekend, each day of the four-day festival.

18,000 people who attended each day. "It was slow Thursday and Friday because of the rain but on Saturday and Sunday it was good," said Choi.

entertainment was larger than he expected. Choi said of the people who attended the four-day extravaganza, about 30 percent were Americans.

40% are Koreans, 40 percent are Chinese and about 20 percent are American customers. The event also included an Asian food appreciation writing and picture contest where people got to express their thoughts

about their experience with the Asian food festival. Guests also got to test their luck and play the "Scratch and Win" instant lottery with prizes such as a Plasma HDTV, home sauna, houseware and more.

Letters

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Party win, and you have our sincerest gratitude. Finally, we would like to thank the candidates of the Caucus and Reform parties, as well as the Independent write-in candidate, for providing the voters of Morton Grove with a choice. This is our democratic process at its finest — numerous candidates, highlighting their abilities, running for a trustee seat in order to make Morton Grove a better place to live. It

takes commitment and guts to stick your neck out and run for public office, and we salute their efforts. Trustee Staackmann and Trustees-elect Marcus and Thill look forward to working with Mayor Krier and the entire Village Board. We hope you will join us at the Village Board meeting on May 14, as the new officials are installed.

- Bill Gear, President, Action Committee of Morton Grove
- Mark Matz & Terri Cousar, Action Party Campaign Managers

PROFESSIONAL GUIDE advertisement containing ads for Countrywide Home Loans (Ravi Parikh), Century 21 Real Estate (Joseph R. Hedrick, Marino Reator), Allstate Insurance (Mel Diaz), Social Security Disability Law Offices (Jan L. Kodner), Forever Functional Organizer (Beth Urquhart, Terri Urquhart), and PC Medic Incorporated (Complete Laptop Repair).

PSISTARIA AUTHENTIC GREEK RESTAURANT advertisement featuring House Specialties like Broiled Lamb Chops, Athenian Chicken, and Homemade Gyros. Includes contact info: 4711 W. Touhy Ave. Lincolnwood (just east of the Eden) 847-676-9400.

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DO YOU PLAN MORE FOR FAMILY VACATIONS THAN YOU DO FOR COLLEGE? advertisement for Edward Jones. Includes text: Having fun with your family is important. But nothing is more vital than your child's future. Contact info: 8141 N. Milwaukee, 8141 N. Milwaukee.

**Perspective**  
continued from page 8

then you get charged, just like the police do for alarm calls to businesses. This is fair, people who overuse the system should be charged for that overuse, but not to use what they have already bought and paid for. That is unfair and tricky. It would be OK to charge those who are not Niles citizens for the services that we have paid through our taxes. That makes sense.

It makes no sense to first pay your taxes and then pay a la carte for the services those tax dollars are supposed to be providing. It breaks the basic relationship between citizen and government. It belittles the job firemen do. Eventually, we will see a menu of services and charges that you'll pay twice for. Once through your taxes and then again when you

use them. This has already happened in the states of Connecticut, New York, North Carolina, Ohio, Pennsylvania, West Virginia and now Illinois. This begs the question of why we should have these services provided by government in the first place?

Rural fire departments had subscriptions and if you did not pay for fire protection they would make sure there was no loss of life or damage to "insured" property, those who were fully paid up, and then watch your house burn to the ground. Is this the direction we are going in?

What has happened over time is that government stopped serving the people and became a power unto itself. Without strong checks on its power it delves into areas where it doesn't belong, where services are better provided in the free market, or into areas

that serve a narrow special interest that benefits the politically powerful at the expense of the rest of us.

What has happened is that government at all levels feels entitled to tax and take whatever it needs or wants out of your wallet and your budget. That leads to slick methods that avoid tax increases by creating fees, permits, fines, etc. These are just taxes in another form. What is needed is to refocus on the basics, drop the unnecessary extras that provide little value to most taxpayers and treat tax revenue as a sacred trust. A pickpocket would be ashamed to treat you the way politicians do. You've already paid once for all the government services you need. If a friend made you pay twice for a gallon of milk you'd be mad. Why do politicians think they can get away with this?

**DeLaney**  
continued from page 5

community by involving key public figures. Having made such close contacts with people at Notre Dame, DeLaney wants to continue the collaborative relationships he has made there.

Key elements in DeLaney's term as NDHS President centered on community building and mission as well as introducing new fiscal management, strategic and operational fundraising and enrollment outreach plans and a comprehensive administrative structure, all of which best serve the divergent needs in education today and have helped advance Notre Dame. Believing that Notre Dame can be a major player in the world of secondary education, in the Archdiocese of Chicago, among Holy Cross schools and regionally and nationally, Fr. Mike has thought bigger and broader in striving to ensure excellence at NDHS. As he takes leave of NDHS, he believes Notre Dame is becoming a leader in its delivery of education to young men at this

critical time in their lives, developing Dons as true men of faith, scholarship and service.

"I have a desire to stay in close connection with Notre Dame," said DeLaney. "I look forward to the continuation of the efforts we have made with relations between the Holy Cross schools in Chile and Notre Dame High School. I hope there are more opportunities for an exchange of cultures between the two."

In addition to his work in Chile, DeLaney will be the co-facilitator of the Latin American Council which brings together the Holy Cross provinces and districts in Peru, Chile, Brazil and Haiti. The Council's mission will be to evaluate and enhance ministries and programs in these countries. DeLaney's appointment, made by the Provincial of the Indiana Province and which was approved by the Superior General of Holy Cross in Rome, will take him to the Eternal City annually each year to meet with the provincial and district superiors of all Holy Cross outposts throughout the world.

So that's one way to make it through the symphony. But for those of us who can't quite bring ourselves to sleep, try and pick music you know will be gripping or, at least, build up a store of important things to ponder during your next performance.

Or you could just not go, even if the tickets are free.

Asleep at the symphony? I thought aghast. I'd been fighting it but as someone who doesn't get out much I didn't want all the high-society types seeing me asleep. It then occurred to me to spend the next few minutes scanning the third balcony, for any other nodding audience members. I counted a dozen.

**Column**  
continued from page 2

lar breathing from the row behind me. I glanced back surreptitiously and found a middle-aged gentleman, head leaned back and to the right against the handrail on the aisle, eyes closed and sound asleep.

**LET YOUR MONEY MARKET ACCOUNT WORK FOR YOU**

Our money market account gives you a higher interest rate than a regular savings account, plus the added flexibility of check writing. It is an ideal way to earn more on your savings while still having access to your cash!

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\$14.95 per person\*  
\$8.00 for 4-11 years\*  
\*Prices DO NOT include tax

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For All Occasions • Guest Seating 10-400

**FULL SERVICE BAR**

**HAVE YOU HEARD**

**Oasis Pool Breaks Ground**



(pictured left to right) Executive Director Joe LoVerde, President Bill Terpinas, Vice-President Elaine Heinen, Commissioners Ray Czarnik & Jim Hynes.

Niles Park District Commissioners broke ground on April 18, 2007 at Oasis Pool Complex located at 7877 Milwaukee Ave. Demolition of the existing buildings has started and anticipated completion is scheduled for May, 2008. The project includes a complete renovation of the pool area and an 11,000 square foot new building.

**Support The ALS Tag Day**  
**Saturday, May 12, 2007!**

Planning is underway for Tag Days 2007 and we need your help.

In recognition of May as National ALS Awareness Month, volunteers in yellow aprons will be stationed in front of local businesses and at intersections throughout Chicagoland collecting donations and spreading awareness to help "tag out" ALS. We need YOU to volunteer in your community to help collect donations - it's fun, it's easy and it's the perfect way to help fight Lou Gehrig's disease.

- ALS Facts**
- Each day, 15 people are newly diagnosed with ALS
  - ALS occurs throughout the world regardless of racial, ethnic or socioeconomic status.
  - ALS typically strikes adults between 40 and 70 years of age.
  - On average, people with ALS die within two to five years from diagnosis.
  - Although many of the symptoms of ALS are treatable, there is no cure. Current treatment is aimed at symptomatic relief, prevention of complications, and maintenance of maximum optimal function and quality of life.

In 2006, Tag Days raised over \$98,000 and spread ALS awareness to over 40 communities throughout Chicagoland. Tag Days is a true grassroots fundraiser in which everyone in the ALS community can participate.

This year, we're thrilled to have support from WDRV-FM (97.1), The Drive. The radio station is helping promote Tag Days and their own radio per-

sonality. Christine Moran (weekdays 8 p.m. to midnight) will be tagging alongside our volunteers at the Chicago-Union Station drive on Friday, May 18. For more information, contact the Foundation at events@lesturnerals.org (847) 679-3311.

**Pioneer Park Is Open**

Come out to practice your swing, whether it is with a golf club or a baseball bat. Niles Park District Pioneer Park is open for the 2007 season. This facility has an 18 hole mini-golf course and 7 batting cages. While you are working up an appetite, visit our concession stand for a cool drink and something to eat. Parties and fundraisers are also available. Spring Hours, now through June 1, M-F 5:00-10:00 pm, Sat 10:30 am-10:30 pm, Sun 10:30 am-10:00 pm. Pioneer Park is located at 7135 N. Harlem, (847) 583-2746.

**1,964 Pounds Of Food Benefits Niles Food Pantry**

Curves, the world's largest fitness franchisor, today announced that the 2007 Curves Food Drive brought in one thousand sixty four pounds in Niles which will benefit the Niles Township Food Pantry. Around the world, Curves members donated nearly 11 million pounds of food to their local food banks.

This was Curves International's ninth food drive and Niles 3rd time to participate. Every year in March, women have the

**SAINT ANDREW LIFE CENTER AND RESURRECTION RETIREMENT COMMUNITY ARE HOLDING FREE OPEN HOUSES**

Resurrection Retirement Community, 7262 West Peterson Avenue, Chicago, will hold an open house of its Garden Terrace assisted living center and efficiency apartments in the independent living facility on Saturday, May 19 from 11:00 a.m. to 3:00 p.m. Activities will include tours and refreshments. Free parking is available. Please call Resurrection Retirement Community at 773-792-7930 for more information.

Saint Andrew Life Center, 7000 North Newark Avenue, Niles, will hold an open house celebrating its 55th anniversary on Sunday, May 20 from 11:00 a.m. to 3:00 p.m. Activities will include tours and refreshments. Free parking is available. Please call Saint Andrew Life Center at 847-647-8332 for more information.

Resurrection Retirement Community was recently licensed by the Illinois Department of Public Health to provide assisted living services. Saint Andrew Life Center is licensed to provide assisted living and intermediate nursing care in addition to independent living. Resurrection Retirement Community and Saint Andrew are part of Resurrection Health Care, a not-for-profit Catholic organization sponsored by the Sisters of the Holy Family of Nazareth and the Sisters of the Resurrection.

**Niles Family Fitness Center**  
**May Happenings**

**HAVE THE PARTY WITH US!**

Let the Niles Family Fitness Center make your birthday one to remember. Packages include: cake, candles, punch, service utensils, decorations, goody bags and use of private party room.

**TINY TOTS BIRTHDAY BASH**

This party is designed with the little one in mind. Hands on fun activities will be led by our famous party planners. Goody bags and treats are created with your toddler in mind.

**SPLISH SPLASH**

Free play in the pool including use of water slide, spray fountains and "lazy river" vortex for splish splashin' fun!

**HAVING A BALL**

Basketball, volleyball, soccer and more! Our party host will lead children in sport-specific games and contests.

**BEAD-TASTIC BASH**

Fun for both girls and boys. Guests will create an animal key-chain using pony beads. Choose a snake, alligator, butterfly, daisies, bracelets, zipper pulls and hair embellishments.

**PROFESSOR CRAZY'S SCIENCE PARTY**

Invite your party guests to join Professor Crazy in creating your own hands on science experiments. Activities to choose from are slime, chocolate play dough & test tube volcanoes.

**GROUP CYCLING**

Spinning is indoor cycling to motivating music. Spinning is appealing to a wide audience because everyone rides at his or her own pace in a team atmosphere. Reservations required at the Service Desk prior to each class. Class sizes are limited. Please bring a towel, Heart Rate Monitor and a water bottle to class. Classes are 45 minutes in length. Class type varies monthly. Please see membership services for monthly schedule.

Drop In: \$6 Member / \$9 Non-Member  
**CYCLING CLASS SCHEDULE**

DAY	TIME
MONDAY	6:00 AM
TUESDAY	9:00 AM 7:15 PM
THURSDAY	9:00 AM 7:00 PM
FRIDAY	6:00 AM 11:30 AM
SATURDAY	8:05 AM
SUNDAY	7:45 AM

Niles Family Fitness Center 987 Civic Center Dr.  
847-588-8400 www.nilesfitness.com

**Liberty Bank for Savings to Host Shredding Day**

The public is invited to attend a free Shredding Day at Liberty Bank for Savings' Norwood office, 6210 N. Milwaukee Ave., in Chicago. The event will held from 9 a.m. to 12:30 p.m. on Saturday, May 26, 2007.

Protect yourself from identity theft and get rid of unnecessary financial documents. You can bring up to 25 lbs. to be shredded.

There is no charge and reservations are not required. For more information on this Liberty Bank for Savings event and other spring activities, call Susan Andrews at 773-489-4458.

Niles Park District  
**IceLand Ice Show**

**'Gliding Through the Decades'**

May 11: 7:00pm  
May 12: 2:00 & 7:00pm  
May 13: 2:00pm

Tickets: \$8.00

**IceLand Arena**  
8435 Ballard Rd.  
(847) 297-8010



**Regina Panthers compete at New Trier invitational**

The Regina Panther Track and Field team competed Saturday, April 28, at the highly competitive New Trier Invitational. Leading the way for the Panthers were solid performances by sophomore thrower Brittany Johnson (Mt. Prospect) and senior distance runner Amanda Labuz (Chicago-Jefferson Park). Johnson took 3rd place in both the shot put and the discus by throwing 32'10" and 97'7" respectively. Labuz finished in 5th place in the 3200m run with a time of 12:15.

**Champions Again**



The Eagles 5th Grade Girl Basketball Team from Park Ridge won the championship in the Niles Winter League, going undefeated with 10 wins and no defeats. They won the championship by a single point. Pictured above: Back Row: Head Coach: Marty O'Grady, Center Row left to right: Megan Roberts, Summer O'Grady, Megan Boyce, Taylor Martell, Katharine Miles, Caela Arcona and Hayley Miller. Front Row left to right: Emily O'Grady, Ellen O'Malley and Jenna Christie.

**CLASSIC BOWL**

**SUMMER LEAGUE BOWLING 2007 CLASSIC BOWL**  
Sign-up NOW for 3 free games a week - OPEN PLAY

<b>Monday Leagues</b> Summer Classic Sr. Monday Mixed Bowlers Edge - Shot Shooters	<b>Time</b> 1:00 p.m. 7:00 p.m. 7:00 p.m.	<b>Begin Date</b> May 7, 2007 May 7, 2007 May 21, 2007
<b>Tuesday Leagues</b> Kids Learn to Bowl Giordano's Doubles Mixed Madness	<b>Time</b> 4:00 p.m. 7:00 p.m. 7:00 p.m.	<b>Begin Date</b> June 5, 2007 May 1, 2007 May 8, 2007
<b>Wednesday Leagues</b> Have A Ball Breath of Fresh Air	<b>Time</b> 6:30 p.m. 7:15 p.m.	<b>Begin Date</b> May 2, 2007 May 2, 2007
<b>Thursday Leagues</b> Solid Gold Adult/Child E-Z Money	<b>Time</b> 9:30 a.m. 7:00 p.m. 7:30 p.m.	<b>Begin Date</b> June 7, 2007 June 7, 2007 May 10, 2007

Ask Patty Ann and Cliff about our Free Lessons!  
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Not to be used with any other coupon. One coupon to be used for each order. Offer Good Now thru May 30, 2007.  
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7950 N. Caldwell, Niles (847) 967-8600

**Chicago is all that - and Olympian, too**

By Mike Nadel  
COPIEY NEWS SERVICE

Before moving here 13 years ago, I expected rush hour to be brutal. What surprised me by 5 p.m. my first Saturday as a resident, the highways leading into town might as well have been parking lots. As I listened to the traffic report on the radio, I

wondered: "Where is everybody going?"  
Soon enough, I had my answer: They were coming to Chicago!

**SPORTS ROUNDUP**

They were coming here to play, to celebrate special occasions, to shop, to enrich their minds, to pig out, to stir their souls. Many would fall in love with the place, as I did, and choose to live here.

Why? Because it's fun. Hectic. Exciting. Frantic. Big. Brilliant. Vital. Jazzy. Bluesy. Spirited. Spiritual. Stylish. Intense. Hilarious. Serious. Tough. Talented. Tumultuous. Political. Spontaneous. Resilient. Romantic. Resolute. Glimmering. Bold. Beautiful.

Yes, Chicago is all of those things and more. Come 2016, it should be Olympian, too.

Saturday in Washington, the U.S. Olympic Committee selected Chicago over Los Angeles as the nation's "candidate city" for the '16 Summer Games. For the next two-plus years, we'll be elbowing Rio de Janeiro, Madrid, Rome and Tokyo for position, trying to prove we're best suited for the world's biggest

sporting event.

The International Olympic Committee will make its choice in 2009; and, really, there's only one choice.

From our awesome lakefront to our verdant parks to our spectacular skyline to our hard-working residents, we have so much to offer - even if we have yet to "invest" billions of dollars into facilities we supposedly need.

While several USOC honchos cited Chicago's willingness to cover cost overruns, chairman Peter Ueberroth - the organizer of the highly profitable '84 L.A. Games and former baseball commissioner - issued what sounded like a challenge.

"What cities always do - a mistake, incidentally - is focus on construction, focus on this, focus on that," he said. "A city would have to be a blithering idiot to not be able to put on an Olympic Games and have a surplus."

It's only a coincidence that I'm segueing from Ueberroth's "blithering idiot" line to Richard M. Daley. In fact, our excitable and often tongue-tied mayor stunned me with his eloquence during Saturday's press conference.

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	<b>MANZANITA APPLE SODA</b> 12 PK 4/\$10.00		<b>SWEET BABY RAY'S BBQ SAUCE</b> 16 OZ \$1.99		<b>MORTON SALT</b> 26 OZ 2/\$1.00		<b>CAREY JALAPENO</b> 29 OZ 99¢		<b>ALLEN'S JUICE</b> 33.8 FL OZ 99¢
	<b>MASECA MASA</b> 4.4 LB 2/\$3.00		<b>BUDWEISER BEER</b> 12 PK 12OZ CANS \$6.99		<b>BUD LIGHT</b> 12 PK 12OZ CANS \$6.99		<b>TECATE BEER</b> 12 PK 12OZ CANS \$10.99		<b>CORONA BEER</b> 12 PK 12OZ BTLs \$12.99

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## Traveling the Mediterranean MaineStreamers visit Greece



Maine Township's MaineStreamers enjoyed a 10-day adventure to beautiful Greece. Highlights of the 10-day tour included touring the Greek Isles of Mykonos, Santorini, Rhodes, Crete and Pathmos. Director Mary Swanson escorted the 43 MaineStreamers members on this latest travel opportunity available to Maine Township residents 55 and older.

### Senior News

## Last call for Niles Golden Anniversary Celebrants

### Last Call for Niles Golden Anniversary Celebrants

Thursday, May 17th 11:00 a.m. - 3:00 p.m.

Niles Senior Center cordially invites Niles couples married in 1957, 1952, 1947, or 1942 or earlier to join in our annual anniversary celebration. The afternoon will feature a catered luncheon, professional photograph, and entertainment. If you would like to attend this celebration, please call the Senior Center (847-588-8420) to place your name on our guest list. Detailed information will be mailed to participants in mid April. For more info, call MaryAnn at the Center. If you are interested in volunteering for this event, contact MaryAnn at the Senior Center by Friday, May 4th.

### Senior Center's First Annual Variety Show September 20

Be in the Niles Senior Center's First Annual Variety Show! Join in this live performance spectacle where participants can act, sing, dance, or showcase any other art form! If interested, please pick up a registration form at the front desk. We are also looking for crew, a master (or mistress) of ceremony, stage manager, lighting and sound personnel, and a refreshment organizer.

### Over 90s Celebration

Thursday, June 28th.  
Are you or someone you know celebrating your 90th or 90 something birthday this year? If so, this celebration is for you. We will celebrate with a wonderful catered meal, professional photo, and entertainment. Just stop in or call the Niles Senior Center at 847-588-8420 for more information on this wonderful celebration. If you are interested in volunteering for this event, contact Jaymi.

### Casino Day

Thursday, June 14, 1 p.m. to 4 p.m. \$4.50  
Come one, come all! Bring your lucky horseshoe or rabbit's foot! Spend the afternoon playing Blackjack, Roulette, Bingo, and more. Prizes! Finger sandwiches and snacks will be served. Volunteer Dealers Needed.

### Mancini and More

Wednesday, June 6, 1:30 p.m. to 3 p.m. \$5.50  
This program led by music historian and educator Jim Kendros is sure to delight you.

After the lecture, Jim will amaze you with a concert of Mancini's works. Must register in advance. Light refreshments will be served.

### Monthly Laughter Club

Begins May 14th, 10:30 a.m.  
Laugh it up! Research shows that laughter is good for your health. It can strengthen your immune system, improve breathing, help you sleep better, plus a whole bunch more. This group will meet monthly. Advanced registration is required. No walk-ins. Join us for one, two, or even all sessions. For more information, stop at the Front Desk.

### Eight Month Meditation Encounter

Begins May 14, 11:30 a.m.  
Non-denomination techniques will be demonstrated. Some of the meditations we will learn will be listening, observing the breath, humming, and many more. No previous experience in meditation is required. Advanced registration is required; no walk-ins. You may chose to attend individual sessions or all...it's up to you! For more information, contact Kathlyn.

### New Computer Classes

Join us in our new upgraded computer lab for a new series of classes. Some prerequisites may apply. Call the Senior Center for details (847-588-8420).

### Intro to Microsoft XP

Wednesday May 9 & Friday May 11 10:30 a.m. to noon \$20  
Powerpoint, Tuesdays, May 15- June 12, 1 p.m. to 2:30 p.m. \$35

### Hooked on Fishing - 2007

Join us on-one or all of this season's outing! Newcomers welcome. Don't have equipment? We have some you can borrow. We meet at the event site at 8:00 a.m. - maps and directions available. \$13 Fee includes morning snack, lunch, and bait. For more information, contact MaryAnn (847-588-8420). May 25th is at The Hollows in Cary, IL; June 22nd at Big Bear/Little Bear Lakes in Vernon Hills; July 13 at McHenry Dam; August 4th at Bangs Lake; August 24 - we're back at Big Bear/Little Bear and in September, we'll end our season at Busse Woods.

### Senior News

## Maine Twp. Seniors offer fun trips, classes

### MaineStreamers

The Maine Township MaineStreamers program offers a variety of opportunities for residents 55 and older. All residents and property owners are invited to apply for membership. Membership includes a free subscription to the MaineStreamers monthly newsletter, which details all activities for the upcoming month. Most activities take place at Maine Town Hall located at 1700 Ballard Rd. in Park Ridge. Members pay individually for whichever activities they want to participate in. For more information contact the MaineStreamers at (847) 297-2510 or visit us at www.maine-township.com.

### Grandparenting Program

"Computer/Internet Safety."  
Tuesday, May 8, 10 to 11a.m. No cost - Registration required.  
Shelly Sutherland from the Niles Public Library will be here to discuss safety measures children and parents should take when using the computer and the Internet. All grandparents are welcome.

### Beg./Intermediate Tai Chi

Thursdays, May 10 to Jun. 28. 3:30 p.m. to 5 p.m. Instructor: Sylvester Marshall. Cost: \$40 for 8 classes. Learn and review your Tai Chi postures and stances in this class. Wear comfortable clothing.

### AARP's Driver Safety Program

Monday, May 21 and Wednesday, May 23. 9 a.m. to 1 p.m. Instructor: Stanley Fukai, AARP. Cost: \$10. Check due on the first day made payable to AARP.

This two-part class helps you update your knowledge of age-related changes and rules of the road. Upon completion, your automobile insurance company will offer a discount.

### Annual Spelling Bee

Come and compete in our Annual Local Spelling Bee on Tuesday, Jun. 5 at 10 a.m. The winner and 1st runner-up will compete in the Regional Event which will be held at Maine Township on Monday, Aug. 13 at 10:30 a.m. To register and receive the rules, contact the MaineStreamers at 847-297-2510.

### FISH of Park Ridge

The FISH organization, which provides free transportation for medical appointments including dialysis, physical/radiation therapy and others, is now coordinated through Maine Township. To arrange a ride, contact Gloria Stepek at 847-297-2510. FISH is also looking for volunteer drivers interested in providing transportation. Call Ed Oken, president

of FISH, at 847-696-0761 to volunteer.

### Used Cell Phones Collected

Maine Township, in cooperation with the Cook County Sheriff's Office, is collecting used cell phones to be converted for emergency 911 usage for Senior Citizens. If you have a phone you would like to donate, drop it off at Maine Town Hall.

**Senior Citizens**

We Work On Volume - Not Price!!

Shampoo & Set ... \$5.00  
Haircut ... \$5.00  
Everyday Except Sunday

Sr. Men's Clipper Styling ... \$3.00 & Up  
Men's Reg. Hair Styling ... \$5.00 & Up  
Manicure & Pedicure Together ... \$16.00 & Up

IN HOME HAIR CARE  
CALL FOR PRICING

**FREDERICK'S COIFFURES**  
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(773) 631-0574

**BALANCE BEHAVIOR**

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**If you have trouble with**

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- Vertigo
- Dizziness
- Low Back Pain
- Tingling
- Numbness
- Headache
- Depression
- Stress

A VNG test along with our Vestibular Rehab Program could help

**New VNG Technology**

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**Vestibular Rehab Program**

- Fall prevention strategies
- Develops progression in stamina, endurance, balance, and reduces falls
- Doctor's Prescription Provided!

Call Sherry Maurer RN-BSN, Balance Program Administrator at 847-647-9875 x105 for an appointment

**FREE ALZHEIMER'S SEMINAR**

**When someone you care about has Alzheimer's**

Presented by  
**Victoria L. Braund, MD**  
Director of Geriatric Medicine at Evanston Northwestern Healthcare

In this important, free seminar—you'll learn what Alzheimer's really is...the signs to look for...and crucial tips for caregiving.  
Includes refreshments.

**Wednesday, May 9, 2007**

9:30 am to 10:00 am - Refreshments, tours  
10:00 am to 11:00 am - Seminar  
Question and answer session to follow at

**Glenview Terrace**

1511 Greenwood Road • Glenview, Illinois 60026

Please RSVP to Stephanie Jarvis today at 847.832.4629.

*Rehab Suites*

CALLED TO CARE

Some people regain high quality of life after a health setback, while others "learn to live with" pain, reduced mobility and other conditions that needlessly become chronic. The difference? Often it's the effectiveness of the person's rehabilitation program.

**AN INVITING SETTING**  
At Bethany Terrace, our state-of-the-art Rehab Suites give our clients an opportunity to enjoy life as they focus on developing their abilities to the fullest. They become part of the Bethany Terrace family and transition of their own pace until they're ready to return home. Their rehabilitation includes opportunities to spend time in our back-to-home "practice" apartment, using a fully equipped kitchen and tackling other challenges they might face.

A pleasant, assisted living like atmosphere with gracious surroundings and all the amenities of home are now available at Bethany Terrace - the privacy you cherish with the safety net of licensed nursing care available around-the-clock.

**RELAX IN THE PRIVACY OF YOUR OWN ACCOMMODATIONS**  
Enjoy the intimacy of your own private suite, where you can welcome family and friends in a private setting. Spacious and fully furnished, each suite features:

- Private bath with walk-in shower
- Ample room for personal items
- Television with DVD player
- Phone
- Spacious visiting area

**A CUSTOMIZED PROGRAM**  
Our rehab staff meets with the client, the family and the referring physician to customize an innovative rehabilitation program that directly addresses individual needs. Our approach differs from programs at other rehab facilities in many ways:

- Because our clinical team remains constant, our therapies are familiar with day-to-day developments and establish a warm, one-on-one relationship with each rehab client.
- Our department boasts state-of-the-art equipment, which enables clients to achieve the best results possible today.
- We track the rehab client's progress, and include client satisfaction ratings in our review.
- Communication is a priority at Bethany Terrace! Residents and family members are encouraged to attend all care plan meetings.
- Our staff prepares a customized post-rehab program for each client to follow when discharged.
- Wound care is available.

Whether recovering from a fracture, surgery, stroke or other conditions, our rehab clients receive the highest level of rehabilitative care in the North Shore area. Services can be provided seven days a week and span all fields of care. Add the experience and excellence in caring that has been the hallmark of Bethany Terrace... and you can't find a better value on the North Shore!

*Bethany Terrace*

8425 North Waukegan Road  
Morton Grove, Illinois 60053  
(847) 965-8100  
www.bethanyrehab.com

## Morton Grove Senior News

## Explore the secrets of the Morton Grove Public Library

## The Secrets of the Morton Grove Public Library

A wide variety of convenient and accessible devices for reading and listening to books and view films are available through the Morton Grove Public Library. Join Susan McGowan, the Library's Head of References at 1:30 p.m. on Thursday, May 10 in the Morton Grove Senior Center

for a discussion and demonstration on how to access these materials and services. There is no charge for this program but registration is required by calling the Senior Hot Line at (847) 470-5223. There must be at least five people registered.

## Mayflower Tours Trip Previews

Mayflower Tours will highlight their upcoming "Affordable Ireland," "New England Rails and Sails," "Opryland Hotel," and "Australia and New Zealand" Tours from 1:30 to 2:30 p.m. on Monday, May 14 in the Morton Grove Senior Center. Register for this free program by calling the Senior Hot Line at (847) 470-5223. There must be at least 10 participants registered.

## Book Talk

Join the Morton Grove Public Library's Karen Hansen for a discussion of the latest best sellers as well as other new items at the Library. The program begins at 1:30 p.m. on

Tuesday, May 15 in the Morton Grove Senior Center. Participants should also bring along their Morton Grove Library Card for an opportunity to check out featured books. Register for this free program by calling the Senior Hot Line at (847) 470-5223. There must be a minimum of five people registered for this program.

## Visually Impaired Motivators

The Morton Grove Visually Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 9:45 a.m. on Tuesday, May 15 in the Morton Grove Senior Center. They discuss everyday problems of living with low vision and possible solutions, exchange ideas on the latest technology and assistance devices available, and share what has worked for them individually. For more information, please call Richard Englund at (847) 965-8517.

## AARP Driver Safety Program

AARP's "Driver Safety Program" is an eight-hour two-day course for motorists age 50 and older. It focuses on the physical changes that accompany aging and on ways drivers can compensate for these changes by improving their driving skills. Upon completion drivers may receive a discount on a portion of their automobile insurance. Courses are now offered monthly in Morton Grove with the next course times from 12 noon to 4 p.m. on Tuesday, May 15 and Thursday, May 17 in the Prairie View Community Center. Then in June the course dates will be from 9 a.m. to 1 p.m. on Saturdays, June 2 and 9 in the Morton Grove Senior Center. The cost of the course is \$10 and only personal checks are accepted as payment. Please register in-person at the Morton Grove Senior Center.

## Bridge Lessons

The Morton Grove Senior Center offers a new eight-

week series of Bridge Lessons on Thursdays from 9:30 a.m. to 11:30 a.m. beginning May 17. The Lessons are taught by Mr. John Krelle who will help students improve their game and learn new tactics, while meeting friendly players. Register in-person at the Senior Center at a cost of \$57 for Senior Center Members and \$66 for non-members.

## Help Plan for a Senior-Friendly Future

Age Options invites seniors to provide input into the Area Plan on Aging for 2008 - 2010. Attend the north suburban public hearing and help Age Options determine the direction of the allocation of Illinois Department on Aging funding. Come and discuss:

- What is needed to create livable communities for all ages;
- What issues are affecting older adults in this community;
- What resources and choices are important; and
- What is needed to plan for the future.

The public hearing will begin at 10 a.m. on Thursday, May 17 in the Frisbie Senior Center, 52 Northwest Highway, Des Plaines.

## 'Remain Independent Longer'

Learn ways to remain independent longer at this discussion and demonstration of assistive devices from Randi Gideon, Occupational Therapist from Saint Joseph Hospital. The program begins at 1:30 p.m. on Monday, May 21 in the Morton Grove Senior Center. Register for this free program by calling the Morton Grove Senior Hot Line at (847) 470-5223. There must be 20 people registered for this program, which is presented, by Resurrection Health Care and the Morton Grove Senior Center.

## 'Shall We Dance' Movie

This romantic comedy depicts an overworked estate lawyer, who upon sight of a beautiful dance instructor, signs up for ballroom dancing lessons. The movie, including popcorn, will be shown at 1 p.m. on Wednesday, May 23 in the Morton Grove Senior Center. Register in-person at the Senior Center - the cost is just \$1.00.

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## Obituaries

## Wendy Sampers, St. John Brebeuf School Teacher

Wendy Sampers, a much loved music teacher at St. John Brebeuf School, passed away on Saturday, April 21. Although she had only taught at St. John's for the past two years, she made an amazing impact on the school community. Her goal was that "through participation in musical arts, students have the opportunity to enjoy learning about and making music, thereby reaping the benefits of increased academic performance, oral and memory skills and self-confidence." Christmas concerts and spring musicals were the hallmark of Mrs. Sampers' time at St. John Brebeuf.

Mrs. Sampers taught at both Catholic and public schools during her career. She has also been a youth choir director at a number of churches. Other distinctions in her career included the Heart of the School Award presented by the Archdiocese of Chicago, a member of the Lyric Opera Chorus which sang a series of performances of the opera Paradise Lost at the La Scala Opera House in

Milan, Italy, and a performance for Pope John Paul II at the Vatican, a soloist for the Lyric Opera of Chicago Benefit hosted by Tony Randall, a soloist at the Peninsula Music Festival in Door county and a member of the Mu Phi Epsilon honorary music sorority.

A memorial and celebration of her life took place at St. John Brebeuf Church on April 25. Wendy is survived by her husband Tim and son Andrew.

## Zbigniew Bill Burgraff, 79

Zbigniew Bill Burgraff, 79, of Des Plaines, passed away Tuesday, April 24, 2007 at Northwest Community Hospital. He was born August 22, 1927. Beloved son of the late Matt Burgraff and the late Jozefa (nee Zawistoski) Burgraff; husband of Janina Jean (nee Pelszynski) Burgraff; father of Casey (Margaret) and the late Barbara; grandfather of Justine and Nicole. Services were held April 27 at St. Zachary Church.

Arrangements were handled by Skaja Terrace Funeral Home. Interment at St. Adalbert Cemetery. She was a homemaker and member of the Golden Age Club at St. John Brebeuf Church.

## Mary Sophie Cierny, 91

Mary Sophie Cierny, 91, of Niles, passed away Friday, April 27, 2007 at Lutheran General Hospital. She was born March 28, 1916 in Chicago. Beloved daughter of the late Stanley Piekarz and the late Sophie (nee Solinski) Piekarz; wife of the late John Paul Cierny; mother of Joseph, Theresa (James) Andersen, Jim (Marie), John, Jr., and Bridget (Bob) Romano; grandmother Dawn, Kristi, James, Jr., Robyn, Alexis, and Kimberly; great-grandmother of Ashley, Kelsey, Sidney, Logan, Alexandria, Rebecca, Dereck, Reese, Samantha, James III, Michael, and Amber; sister of Mitchell (Pat), the late Eleanor (the late Matthew), the late Stanley F., Jr. (the late Lottie), and the late Anne (Ted); great-aunt of many. Services were held April 30 at St. John Brebeuf Church.

Arrangements handled by Skaja Terrace Funeral Home. Interment at St. Adalbert Cemetery. She was a homemaker and member of the Golden Age Club at St. John Brebeuf Church.



## Chester S. Ziel, 88

Chester S. Ziel, 88, of Park Ridge, passed away Thursday, April 26, 2007 at Oakton Pavilion Nursing Home. He was born April 26, 1919 in Chicago. Beloved son of the late Joseph Zielenkiewicz and the late Elizabeth (nee Litwin) Zielenkiewicz; husband of the

late Irene (nee Urkewich) Ziel; father of Kathleen (Charles) Szachowicz and Christine (Leonard) Goduto; grandfather of Leo (Christine), Julie (Tim), Todd (JoJo), Tracy, Mark, and Melissa. Services were held April 30 at Skaja Terrace Funeral Home. Interment at St. Joseph Cemetery. He was an Air Force veteran and compositor for a printing company. Memorials to: American Hearth Association.



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Saturday, May 19  
11:00 a.m. to 3:00 p.m.

Spring Open House for the Garden Terrace assisted living center  
Resurrection Retirement Community  
7262 West Peterson Avenue, Chicago  
773-792-7930

Sunday, May 20  
11:00 a.m. to 3:00 p.m.

Saint Andrew Life Center's 55<sup>th</sup> Anniversary Celebration  
7000 North Newark Avenue, Niles  
(One block south and west of the Niles Veterans Memorial Waterfall)  
847-647-8332



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Sponsored by the Sisters of the Holy Family of Nazareth and the Sisters of the Resurrection. Resurrection Health Care is committed to fair housing. Its retirement communities include features for persons with disabilities, as required by the federal Fair Housing Act.

Resurrection Retirement Community and Saint Andrew Life Center are licensed by the Illinois Department of Public Health to provide assisted living services.



**Niles adds second mini-bus**



The Village of Niles "Local Bus Service" has added a second bus to its Courtesy Transportation System. Shown above admiring the new addition are Mayor Nicholas B. Blase, Bart Murphy, Vice Chairman-Finance and Niles Representative for the North Suburban Mass Transit District and Charles Kohlerman, Niles Assistant Village Manager. This second bus will operate in a reverse direction to the bus that is now in existence. This Continued on Page 23

**Park Votes Bus Service Operation to Village**  
February 22, 1973

By Gary Goodfriend  
"Don't leave the driving to us" is the decision of the Niles Park Board regarding the transfer of their bus service operation to the Village of Niles.

The park board Tuesday night acknowledged the intent of the village to maintain the present service to park sites and to incorporate a new route designed for senior citizens.

**Cartnappers to be Fined**  
Thursday, July 26, 1973

Cartnappers, local shoppers who are carting their groceries home in shopping carts, may be subject to a substantial fine, if they persist in absconding carts from local stores.

At Tuesday night's village board meeting Niles was studying the passage of an ordinance which would eliminate this "litter" problem which is prevalent in the community. Before writing the new law they had representatives from Jewel and National Tea Companies offer suggestions which would result in the new ordinance.

Edward Harrington, National Tea's legal representative, and George Trumbull of Jewel, both stated the carts cost about \$40 each, and the abandoned carts can be found in backyards and basements throughout the community.

It was their collective feeling the companies would pick up the carts within a limited time, perhaps four hours, if the village would notify them of any stray carts in Niles. They were against a fee charge per cart levied by the village which they said would have to be passed on to the customer.

**Plan Check of Obscene Literature**  
Thursday, January 11, 1973

By Gary Goodfriend  
Mayor Nicholas Blase asked the Niles Village Board Tuesday night to consider forming an "obscenity-control" board that

would regularly examine printed materials sold in Niles to insure these materials do not violate the Niles Obscenity Ordinance.

The request came after Trustee Jerry Skaja had received letters from parents complaining about materials on open displays found in certain stores in the village. Parents expressed concern about their children being exposed to obscene literature and pictures.

Niles' Obscenity Ordinance essentially states it is unlawful to sell, distribute or display materials judged to be obscene.

"Although it's a very difficult thing to regulate, we should set up small board with three to five people to look over these materials," Blase said. "I think the publishers are testing us."

**A Blaze of Victory**  
Thursday, April 19, 1973

By Gary Goodfriend  
The unchallenged era of Challenge Party, led by Mayor Nicholas Blase was re-elected Tuesday to village offices by Niles residents in what Blase termed, "a tremendous vote of confidence."

In the more hotly contested park commissioner election, incumbent Jack Leske was re-elected with Millie Jones capturing the spot on the Park Board.

In a turnout labeled "very light" by Village Clerk Frank Wagner, Blase garnered 3,850 votes. Write in candidates Florian Klipowicz totaled 180, Gerald Sullivan, 163.

Frank Wagner remains at his village clerk spot after receiving 4,275 votes.

**'Fem Forum Obscene' says Mayor Blase**  
Thursday, March 15, 1973

Mayor Nicholas Blase, continuing his anti obscenity drive, proposed to the village board Tuesday night another amendment to the Niles' Obscenity Ordinance. This amendment would add radio and television stations to the law.

Blase's proposal, to be voted on in two weeks, was basically a reaction to the controversial Fem Forum show currently aired on Fm radio station WGLD (102.7) in Oak Park. The show's main premise had women calling in and discussing various sex problems, hang ups and practices with a disc jockey.

Blase said this "discussion of sex, I frankly feel, is obscene."



**Recipe:**  
1/4 cup olive oil, plus more for brushing grill and vegetables  
2 racks of lamb  
**Escalivada:**  
1 eggplant, sliced 1/4 inch thick lengthwise  
1 yellow squash, sliced 1/4 inch thick lengthwise

1 zucchini, sliced 1/4 inch thick lengthwise.  
5 vine-ripened tomatoes  
1 red onion, sliced 1/4 inch thick  
1 red bell pepper  
1 yellow bell pepper  
1 shallot, minced  
2 cloves garlic, minced  
1/4 cup red wine vinegar

1/4 cup goat cheese  
Salt, to taste  
Pepper, to taste  
Tomato Conserva:  
1/4 cup balsamic vinegar  
1/4 cup water  
1/4 cup tomato juice  
1 cup sugar  
3 cups tomatoes, blanched, peeled chopped coarse and deseeded  
3 tablespoons chopped rosemary  
Yields 5 servings.



**Skiers Delight**

**Grilled rack of lamb and South African syrah**

By Ron James  
COPLEY NEWS SERVICE

**The Chef**

In 1991 Randy Belanger's U.S. Marine Corps platoon was on a mission.

They called it Operation Paella, and their objective was to shop for the freshest seafood available for that night's dinner on Okinawa, where they were stationed. The mission was accomplished, and later that evening Belanger's team of hungry grunts feasted on the Spanish saffron-rice dish featuring fresh lobster, shrimp and scallops.

Belanger wasn't a Marine Corps cook, but he had briefly attended Johnson & Wales University for culinary training before enlisting.

"I thought about it, but I didn't want to burn out my palette," he joked.

But he loved to cook, and his platoon was most grateful. The paella was a highlight in a string of gourmet meals he prepared for his fellow servicemen on his tours in Asia and the United States.

After attending New England

Culinary Institute and paying his dues in restaurants around the world, Belanger, 37, is now far from the rigors of military service. He is executive chef for the RockResort's Lodge at Vail, Colo., which has two of the best

**PERFECT PAIRINGS**

restaurants in the state, the AAA 2007 four-diamond award-winning Wildflower restaurant and the Tuscan-style Cucina Rustica.

Instead of cooking for leather-necks, he's serving the rich and famous when they visit this upscale ski community.

"I love to ski, and I love to cook," Belanger said. "I used to ski when I grew up in northern Maine. I'm in a perfect situation - there's a ski lift right outside my office. I get a break, I grab my skis and I'm on the slopes. Life is good!"

For this ex-Marine it's cow-abunga, semper fi and bon appetit!

**The Dish**

The rack of lamb dish with escalivada is typical of the dishes Belanger serves. Although Belanger loves Asian flavors, he has adapted his culinary skills to the food his guests expect

after skiing all day.

"Our guests are looking for savory, stick-to-your-ribs dishes," he said. "The lamb is one of our most requested dishes."

Escalivada is a kind of Catalan ratatouille made of several kinds of grilled vegetables, in this case eggplant, zucchini, squash, red pepper, onions and tomatoes. The dish also calls for tomato conserva, which is basically a homemade tomato paste.

**The Wine**

Belanger has selected a big, rich 2004 Glen Carlou Syrah, Paarl, from South Africa (\$22) to match with the lamb. It is a classic wine pairing varietal. In this case it is a very good buy for a wine that received 90 points from The Wine Spectator.

Glen Carlou is located in the heart of South Africa's scenic Paarl Valley, home to great vineyard soil, warm, dry summers and cold, wet winters. The resulting wine has great structure with rich fruit forward dark berry, plum flavors with layers of leather and spice. The rich flavors of the lamb and vegetables go perfectly with this wine, and the acidity contrasts nicely with the savory saltiness.

**Linda Kargol named 'Miss Niles Days'**



On July 2, the final judging of the "Miss Niles Days" contest took place at the Niles Council Chambers at 7200 Waukegan rd. On the night of, Linda Kargol was chosen from 5 finalists as "Miss Niles Days." Jeanne Weller was chosen "Runner-Up." The 3 other finalists were: Lynette Bergh, Debbie Czeszewski, and Beth Karlin. Linda received a \$100 cash award, and a lovely trophy, a beautiful crown from Rand Jewelers in Golf-Mills, a long stem red rose and a presentation bouquet of red roses along with a banner from Mike's Florist on Milwaukee ave., a dinner for 4 at Jake's Restaurant, the Hiway Club, and Tommy's Restaurant, all on Milwaukee ave. The runners-up Jeanne Weller, received a trophy and \$25 cash. Continued on Page 27

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# Author deconstructs a classic American dessert

COPLEY NEWS SERVICE

"Twinkie, Deconstructed: My Journey to Discover How the Ingredients Found in

### SCANNING THE BOOKSHELF

Processed Foods Are Grown, Mined (Yes, Mined), and Manipulated Into What America Eats" by Steve Ettlinger; Hudson Street Press; 283 pages; \$24.

"Tell me what you eat, and I will tell you what you are."

- Anthelme Brillat-Savarin

If you consume Twinkies - and you know who you are - consider yourself a teeming glop of petrochemicals culled from all over the country, and some foreign countries, too. You are not the honey-blond, cream-filled spongy little darling of the snack world. You are a global test tube.

Blame author Steve Ettlinger - or more accurately, Ettlinger's young daughter - for shattering any wholesome, flag-and-country illusion you may have enjoyed while partaking of one of America's most hallowed snack foods. One day, while espying her pop reading the ingredient

label on an ice cream bar, the precocious tot piped up:

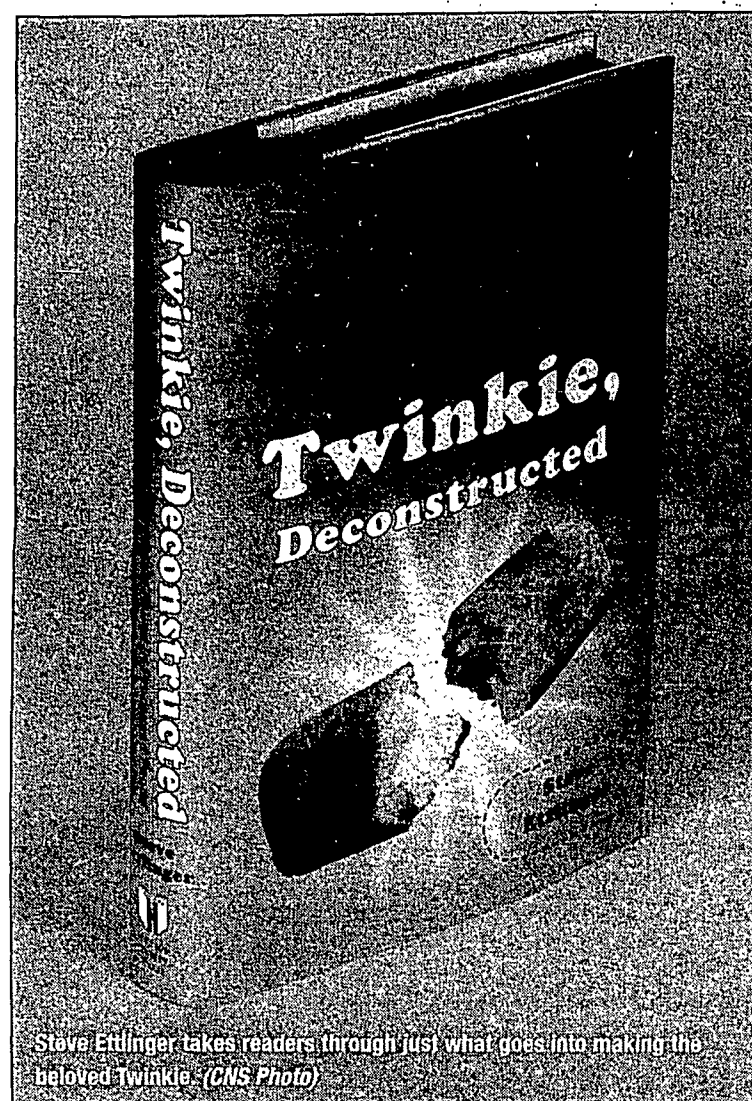
"Where does pol-y-sor-bate-six-tee come from, Daddy?"

Don't kids say the darndest things? But it got Ettlinger, a New Yorker with a New Yorker's all-consuming fascination for food, to thinking. Where does polysorbate 60 come from?

And what is it? For the purposes of research, Ettlinger set his sights on the iconic Twinkie, which also happens to have a list of additives as long as Bobby Brown's rap sheet. Letting the Twinkie ingredient label be his guide, Ettlinger went on a quest that literally took him around the world.

From phosphate mines in Idaho to oil fields in China, Ettlinger sussed out the origins of the processed ingredients found in the canoe-shaped cakelet. He reveals how each Twinkie ingredient goes through the process of being crushed, baked, fermented, refined and/or reacted into an unrecognizable, often hard-to-pronounce goo or powder.

"Twinkie, Deconstructed" also gives an eye-popping



Steve Ettlinger takes readers through (us) what goes into making the beloved Twinkie. (CNS Photo)

account of the secrecy and near terrorist-high level of security that shrouds the production of this delightful sweet treat. When Ettlinger had the temerity to ask an employee how Twinkies are made, that employee responded with a Mona Lisa smile.

Chemists, nutritionists and other science-minded folk will no doubt get all misty-eyed over the page-by-page slog through chapters with such absorbing titles as "Soy: Partially Hydrogenated Vegetable and/or Animal Shortening, Soy Lecithin, and Soy Protein Isolate." Heck, if they can plow through the book's subtitle, they will be downright giddy at being able to keep their hand in with this pop-science dissection.

Lovers of the Twinkie may begin drooling over the beatifically back-lit snack cake on the cover; but they will not find a humorous, lighthearted romp - much less a sweet, creamy filling - within. And they may not appreciate the plodding manner in which the truth is delivered. Ignorance, like a Twinkie before its expiration date, can be bliss.

- Caroline Dipping

### FILMS IN FOCUS

## Zero stars for 'The Condemned'

COPLEY NEWS SERVICE

### New Releases

**The Condemned - 0 Stars** - Wrestling star "Stone Cold" Steve Austin can't act: His compensation, at least in "The Condemned," is that he can't be killed. As Riley, a federal undercover agent and commando so bulky he could only go undercover in a titanic black hole, Austin is roped in with other "Death Row contestants" from Third World prisons for a "reality" snuff program. Much as in the wittier Japanese film "Battle Royale," they're dropped on an obscure Asian island to kill one another off for the video cameras, with explosive devices strapped to their ankles. Gross, serial sadism quickly eliminates most fighters, including the svelte black girl who looks like her top previous action was elbowing into a changing booth at a fashion shoot. A Mexican hulk gets burned alive after watching his girlfriend tortured, raped and killed. "The Condemned" invites us to

condemn our own wallowing. Shouldn't that lead to refunds? This movie has all the appeal of road kill repeatedly worked over by insane truckers. A Lionsgate Films release. Director: Scott Wiper. Writers: Scott Wiper, Rob and Andy Hedden. Cast: Steve Austin, Vinnie Jones, Robert Mammone, Rick Hoffman, Sam Healy, Madeleine West. Running time: 1 hour, 50 minutes. Rated R.

**Next ★★½** - String theory postulates, among other things, that ours is but one of many universes. Furthermore, the future is continually fracturing into an infinite number of alternative universes. In one of them, "Next," yet another adaptation of a Philip K. Dick tale, is the swift, nifty, semi-sci-fi thriller it's supposed to be. In this one, it comes pretty close. Cris Johnson (Nicolas Cage) is a small-time Las Vegas magician who occasionally throws real magic into his act - or at least, what looks like magic: He was born with the ability to see up to two minutes into

his future. If he doesn't like the looks of things, he can alter his actions, and thus change ... everything. As you can imagine, this comes in handy at blackjack. Only for low stakes, though; he's living below the radar and wants to keep it that way. But he's come to the attention of three factions: the casino, which is getting steamed at his constant winning; the FBI, which needs his help in locating a loose nuke some terrorists have smuggled into L.A.; and those very terrorists themselves. Not overly ambitious, "Next" nonetheless keeps you thinking, guessing and entertained. In some universe there's probably even an explanation for Peter Falk's folksy cameo. Not in this one, though. Not now, and, I predict, not two minutes from now. A Paramount Pictures release. Director: Lee Tamahori. Writers: Gary Goldman, Jonathan Hensleigh, Paul Bernbaum. Cast: Nicholas Cage, Julianne Moore, Jessica Biel, Thomas Kretschmann. Running time: 1 hour, 36 minutes. Rated PG-13.

Great way to Celebrate Mother's Day!

**Judy Collins**  
May 11th at 8:00 pm  
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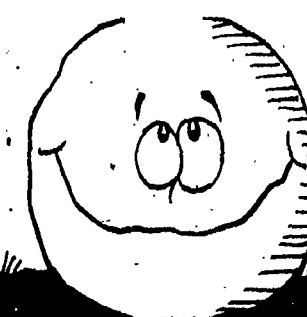
Allstate  
Mishawaka Financial

# BUGLE KIDS

By J.R. Rose - Copley News Service

## DRAW IT!

DRAW A STEM ON THIS TOMATO...

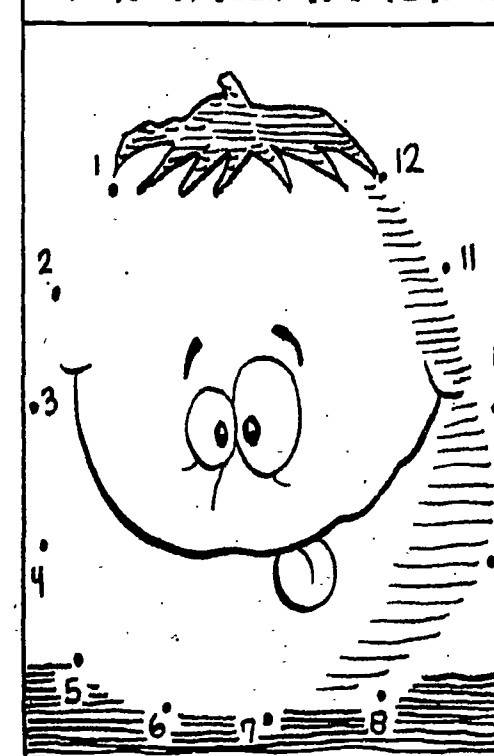


GIVE ME 5 RHYMES FOR RED...

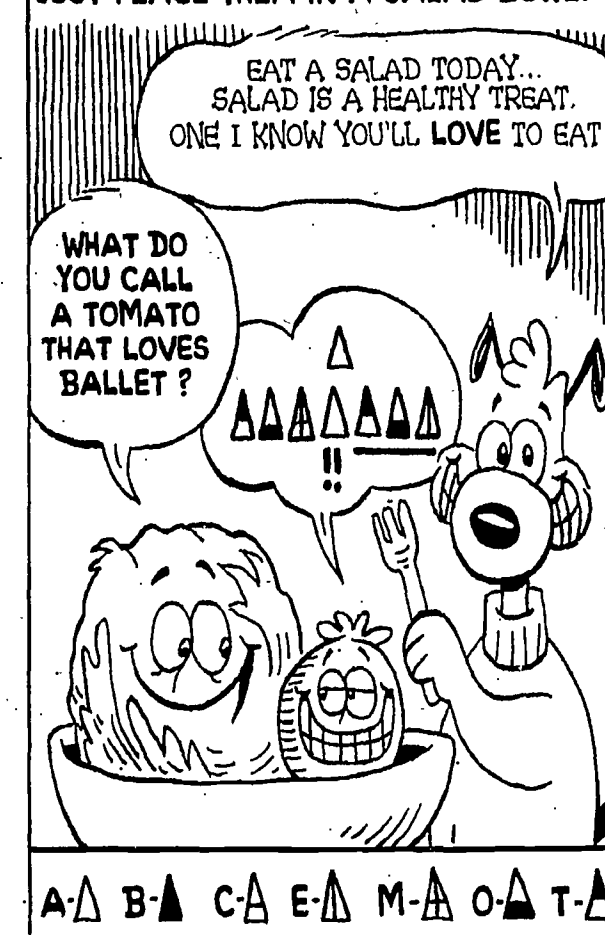
HOW ABOUT FED?



CONNECT THE DOTS AND THEN USE YOUR CRAYONS TO DETERMINE IF THIS IS A RED, GREEN OR YELLOW TOMATO...



NEXT TO THE BIG GREEN LETTUCE HEAD SITS A TOMATO, ROUND AND RED. IF YOU DO NOT WANT THEM TO ROLL JUST PLACE THEM IN A SALAD BOWL!



WRITE US... WE'LL WRITE YOU BACK!  
IF YOU HAVE ANY FUN GAMES OR JOKE SEND THEM TO: PUP  
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HARRISONBURG, VA 22801  
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WHY WAS THE TOMATO BLUSHING?



**HAPPY BIRTHDAY TO**  
**JONATHAN STAUNTON 8**  
MAY 5TH

If you want your little one to have a birthday greeting in The Bugle. Email us the week before their birthday and we'll give them a Shout. Email birthday@buglenewspapers.com with their name, age & birth date.

## Tim Herd's Watchable Wildlife Guide

wildlife observation in the right place at the right time

Week of May 6-12, 2007

### Home on the range

Descendants of domestic stock that either escaped or were released or abandoned, today's wild horses scrounge the wide-open range in a seminomadic lifestyle in many Western states and a few Atlantic Coast barrier islands. While the herd provides a structured social group, springtime is when it's reordered from within.



A dominant mare selects pastures, watering holes and shelters; a dominant stallion protects his harem of mares, foals and young colts and fillies. Just before the mares give birth in April or May, they wear their yearlings, then drop their foals. The wide-eyed newborns can suckle immediately and trot just two hours later, and a new round of breeding begins.

If a competitor attempts to steal one of his daughters, the stallion offers no resistance, but if a move is made on one of his mares, he attacks immediately. He also runs off his older colts, now that they've become a threat. They retreat to establish their own pecking order in bachelor bands where they hone the fighting skills each eventually needs to round up a harem of his own.

### WHERE TO OBSERVE

In the West, many herds are managed by the Bureau of Land Management. Black Mountain Herd Area, Ariz. East Douglas Creek Herd Area, Colo. Cumberland Island, Ga. Challis Herd Area, Idaho Pryor Mountain Herd Area, Mont. Nevada Wild Horse Range, Nev. Shackleford Banks, N.C. Sulphur Herd Area, Utah Assateague Island, Va. Salt Wells Creek Herd Area, Wyo.

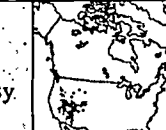
### LOOK FOR

medium to heavy-boned horse stronger legs than domestic horses reddish-brown coat, with variations of gray, black, white, gray-brown or palomino harems of several females led by dominant male constantly traveling and grazing

### Feral horse

*Equus caballus*

13-15 hands (52-60 inches high); 800-1,000 pounds  
Habitat: shrubby sagebrush plains and mountains, grassy barrier islands



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**Grammar Matters**  
by Patty Gibbons Saunier

### Picking the Preferred Prepositions

Choose the sentences with the correct verb-preposition agreement.

- a) The Shepards came to the formal dinner accompanied with their three children.
- b) The Shepards came to the formal dinner accompanied by their three children.
- a) Leslie sent out thank-you notes in behalf of our company.
- b) Leslie sent out thank-you notes on behalf of our company.
- a) Ellen wrote her paper on how college differs from high school.
- b) Ellen wrote her paper on how college differs with high school.

Answers:  
1. (b) "Accompanied by" refers to people. "Accompanied with" refers to objects.  
2. (b) "On behalf of" is when someone is acting as a representative. "In behalf of" is someone's interest. (The song was dedicated in behalf of Holly's birthday.)  
3. (a) "Differs from" means unlike. "Differs with" means disagree. (The politicians differed with each other on the war.)

Copley News Service

## Outdoor furniture that's good enough for indoors

By Rose Bennett Gilbert  
COPLEY NEWS SERVICE

Q: We are getting ready to move furniture to the front porch for the first time - we bought the house last fall. I have a couple of questions: What color should we paint the ceiling? It's white now, but aren't all porch ceilings supposed to be blue? Also, what's the best furniture to use? We

have old wicker, the real thing, but have been thinking about some of the new plastic wickers. What do you think?

A: Traditionally, porch ceilings are painted sky blue, presumably so you feel that you are truly sitting out in the open. There's no "rule," of course. But you might consider this before you race to repaint: Wonderful as they are, porches

have a dark side, literally. The overhang tends to darken indoor rooms. You are getting a lot more light "bounce" from your present white ceiling than you will from even a light sky blue replacement color.

About the best furniture for outdoor living? Buying smart is much easier today, thanks to technological advances in weather-resistant fibers, fabrics and other materials. In the photo we show here (borrowed from a breath-of-fresh-air book called "On the Porch" by James M. Crisp and Sandra L. Mahoney, The Taunton Press, \$30), the handsome wicker settee and chairs are the real, old thing.

But fret not if you didn't inherit such treasures. Today's new wicker might not be wicker at all, but a tough, man-made look-alike that can take Mother Nature's bad moods in stride. Companies like Lane Venture (www.laneventure.com) and 100-year-old Lloyd/Flanders (www.lloydflanders.com), to name a couple, weave outdoor furniture from synthetic wicker that



Get out - New all-weather fabrics and fibers put the push into an al fresco living room. (CNS Photo courtesy of Ken Gutmaker)

looks and feels like nature's best, except it's smoother to the touch and practically impervious to weather.

That goes for today's outdoor fabrics, trimmings and tassels, too. They're so attractive, and with such a soft hand, that top designers like Joe Ruggiero use them for pieces that will live pampered indoor lives. See what I mean at www.sunbrella.com. Other manufacturers are heeding the call of the great outdoors. Check out the out-

door rugs at places like Capel (www.capelrugs.com). La-Z-Boy now offers a recliner designed for the laid-back lifestyle. Weighing in at 82 pounds, this is not a chair to be taken lightly. We've come a long way from the day when porch sitting meant a creaking swing and leonade.

Q: Can you spot legitimate decorating trends in designer show houses?

A: Think of designer show houses as a wetted finger in the winds of trends. Keep your eyes peeled as you tour, and you'll soon see that many of the design pros are hearing the same drumbeat, even though it shows up in different guises.

One handsome example is Designers' Showcase 2007 in what was home to Marshall Fields III and his wife in the early 20th century. Created by famed traditional architect John Russell Pope, Caumsett is one of many stately Long Island, N.Y., homes that have been rescued by the design team called Mansions & Millionaires, who stage them as designer showcases. (Caumsett is open through

See Decor, page 25

## Grabbing the cat by its tail

By Jeff Rugg  
COPLEY NEWS SERVICE

Q: I saw an article in my local newspaper about eliminating cattails that are growing in a pond. In my case, they are not in a pond. They are in a bit of a marshy area that I have on my property. In the 22 years I have owned the property, the cattails have taken over more and more ground.

How do I get rid of them? A: It is common for cattails to spread into wet soil areas around a pond. There are several things you can do. You will probably have to do several in succession to be successful.

The key to cattail control is the root system: It is the only part that survives the winter and it needs to stay moist all summer. Draining an area so the roots can freeze in the air over the winter or dry out in the summer will kill roots.

Repeatedly cutting them down or mowing them will reduce the amount of food stored in the roots, preventing them from spreading by seeds. This method will take a couple of years; however, if done several times a year it will work. Cut them off as low as possible each time. Burning the area doesn't control cattail roots, but it does get rid of the tops. It makes it easier to follow through with the other top removal methods.

Hand pulling is an organic method of cattail removal. It is best accomplished when plants are small and the soil is moist. It is messy and difficult, but it does work. Watch the area for several weeks and pull any new sprouts as soon as possible.

Machine pulling is possible with a backhoe. It is a form of dredging that is attempting to

go as deep as the roots; it doesn't try to pull out a lot of the soil. This is expensive, and can be a big problem if moist soil is pulled out too. In a pond, it can be used to create an area deeper than cattails can grow in. It might be best to use this method in the winter when the ground is frozen and the machinery won't damage the surrounding soil with its wheels.

If you can flood the area, water can be a useful tool. Keep the area as dry as possible during the summer and cut down as many cattails as possible. Then during the winter, either leave it dry to freeze the roots or flood it to drown them. They need to breathe through the stems, so make sure they are cut off below water level.

If you want to use herbicide, you will need one labeled for cattails and aquatic use. Follow label directions for best results.

Q: We are in the middle of planting roses and have discovered a new organic mulch made of coconut husk; it is called coir. Have you ever used this product? My wife believes it retains moisture so well that we are watering about 40 percent less than usual - our city east of San Francisco is arid and hot in the summer. We had water restrictions in place in the 1970s and could face such conditions this summer. The mulch comes in a compressed form that expands to 2 cubic feet with 5 gallons of water. It's incredible to watch the hydration.

Are you aware of this mulch? Are the benefits really as good as advertised? Our nursery swears by it, and they sell a wide variety of ground coverings. Thanks for any news or experience you have had with it.

A: You have provided a good testimony for the benefits of coir. Coir fibers are the mass of stuff that surrounds the shell of a coconut. White coir is harvested from coconuts that are not ripe. The fibers are smooth, fine and weaker than the thick brown coir fibers that come from ripe coconuts. White fibers are used to make yarn for mats or rope. Brown fibers create stronger mats and sacks. The fibers are waterproof and resistant to salt water damage.

Coir fibers and the left-over smaller particles produced in the process make an excellent organic matter that can be used to amend soil. It opens up heavy clay soils so air and water both flow better. It can also be used in sandy soils to hold moisture. It is less damaging ecologically than peat mining. For people concerned about loss of peat bogs, it would make a good organic matter substitute. Coir can be used on top of the soil as mulch. It is slowly broken down by bacteria and fungi, so it doesn't have to be added over and over again.

Do not confuse coconut coir with cocoa shell mulch. This mulch is produced during the process of roasting cocoa beans. It smells like chocolate for a few weeks, but the smell does go away. It is a pretty dark brown color, and can be a good organic mulch.

But to me, it looks like a bunch of squirrels left all their nut shells in the flower bed. It has the potential to cause trouble for dogs that eat it. Depending on how the shells were processed, the cocoa shell mulch may have high levels of toxic theobromine.

E-mail questions to Jeff Rugg at info@greenerview.com.

### GARDEN TIP

#### Cattail management

Cattails are a common plant in ponds. A small number of cattails can be visually pleasing and provide shelter for the wildlife habitat. However, cattails rapidly spread in just a few years without management.

#### HERBICIDES

Some pond owners seek quick remedies for cattails through the use of aquatic herbicides, the most commonly used method to control cattails.

#### DREDGING

Dredging is best done when the pond water level is low. The removal of the cattails and the soil they grow in is disruptive to a pond, but can be a more enduring method of cattail control.

#### HAND-PULLING

Hand-pulling cattails is a good preventive measure. Pulling or digging the cattail plant out by the roots will result in faster control.

#### WATER LEVEL

To control cattails with water, reduce the water level during the growing season for mowing or hand-pulling. Freeze the roots by lowering the water level during the winter.

#### MOWING

Cattails can be controlled by repeatedly cutting through the season. Cutting will deprive the roots of their food source and reduce the amount for storage.



Source: www.nrc.usgs.gov

Copley News Service/Bob Kast

### Decor

continued from page 24

June 10. For more info: www.caumsettoundation.org. Trends to pick up as one wanders through the almost endless - and endlessly elegant - rooms: crystal chandeliers are hanging in, pun intended, but they are showing up in smart, contemporary versions. Mirrored furniture ala the 1940s adds subtle bling to bedrooms and beyond. Khaki and what can only be

called "West Elm" green (www.westelm.com) seem to be the colors of the moment. And uniformly wrapped books - a favorite, if frustrating, idea from the '70s - just might be making a comeback. Designer Billy Caglia filled the shelves of his "calm, cool, collected" sitting room with rows of books, all clad in white jackets. Smart thing: He did number each spine so you don't have to search forever to find a favorite read.

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Crossword puzzle grid with numbers 1-67. Includes a small illustration of a person working at a computer.

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By Charles Preston

ACROSS

- 1 Staff notations
6 Type of prof.
10 Linguist Chomsky
14 Museum piece
15 Riotous Rudner
16 Knock opener
17 Ammann followers
18 Greenspan
19 Eight Egyptian gods
20 Bob Carlsle
crossover hit song
23 Buzzer
24 "Peel \_ \_ Grape"
25 Mail mover, for short
26 More, musically
27 Hollow center?
28 Put up
30 \_ \_ Perot
32 Skater Midori
33 Lammas mo.
35 Kett, of the comics
36 They're under some
homes
39 Fraction of a kilo
41 Scott's denial
42 Young man
43 Take it easy!
45 PC operating
system

- 47 Sweater size: abbr.
50 Leather-working tool
51 Once across the
pool
53 Mountain tree
54 St. crosser
55 Popular entree
59 They're made at
auctions
60 E'vian evening
Berliner."
61 Kate Nelligan film
62 Keep \_ \_ persist
63 Within word form
64 Metrocard units
65 \_ \_ Lee Nolin, of
Baywatch
66 NBA segment
67 Name on a plate's
back

DOWN

- 1 Buster, of
Hollywood
2 Traveling Gulliver
3 High society
4 Digital display?
5 Outlines
6 PLO leader
7 Window ledge
8 Didn't turn in early
9 Armored vehicles
10 Slangy dissents
11 Bucks
12 One not likely to say
"Oh, my God!"
13 Lynnette Cole, in
2000
21 Notability:
22 " \_ \_ bin ein
Berliner."
29 Facilitates
31 Oboist's purchase
32 Cookbook author
Rombauer
34 Rainy day shoe
36 Checked by phone
37 Satirizes
38 Buck rakers?
39 Assortment
40 Second draft
44 Some automobile
models
46 Leisure suit fabric
47 Cope
48 Made level
49 Rich Mrs. Rich
52 On the briny
56 "The Thin Man"
pooch
57 Partner of starts
58 Cut off

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Last Week's Puzzle Answers

Waterhole crossword puzzle grid with answers filled in.

THE WINNER section announcing Lorraine Truskolaski as the 1st winner and Leo Madura as the 2nd winner. Includes contact information for the editor.

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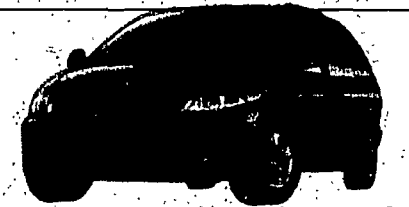
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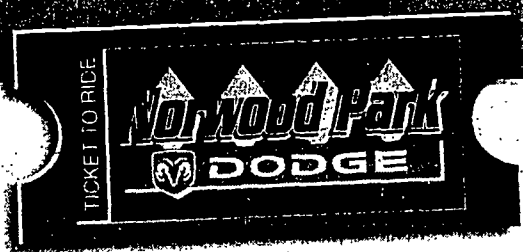
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