

THE BUGLE



SEPTEMBER 6, 2007

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Man arrested for 'Keeping a Place of Prostitution' at MG Spa

By Tracy Yoshida Gruen
STAFF WRITER

A 33-year-old Mississippi woman and a 37 year-old Chicago man were arrested for their involvement in prostitution at a Morton Grove spa on Tuesday, Aug. 28.

After receiving anonymous complaints, an undercover Morton Grove police officer went to Renovo Spa located at 5641 Dempster St. a couple times to request a massage.

During one of his visits, while he was getting a massage, he was getting a massage. See Arrest, page 7

Niles Police Department Members Honored



Members of the Niles Police Department received Commendations at the August 28, 2007 Board Meeting. Pictured left to right: Detective George Alexopoulos, Detective Nicholas Beyer, Detective Thomas Fragassi, Officer Joseph Paglia, Officer Thomas Polinski, Mayor Nicholas B. Blase, Kneeling: Officer Joseph Romano & K-9 Max.

ESDA Coordinator Craig Karas passes away

Craig Karas, the coordinator of the Morton Grove Emergency Services and Disaster Agency (ESDA), recently passed away after falling from his parents' roof.

The Village of Morton Grove was supposed to honor Karas for his many years of service and dedication to the village at the village board meeting on Monday, Aug. 27.

"You rang the bell and he was there, like a true volunteer. He was certainly a great asset to the village."

Paul Tasch
MORTON GROVE CHIEF OF POLICE

Morton Grove Fire Personnel were called to the scene after Karas fell from the roof. After suffering severe head trauma, Karas died at Lutheran General Hospital in Park Ridge on Aug. 27.

"You rang the bell and he was there, like a true volunteer," said Morton Grove Police Chief Paul Tasch. "He was certainly a great asset to the village."

Morton Grove Fire Chief Tom Friel had many kind words to say about Karas and his volunteerism. Karas had volunteered as the director of the Morton Grove Emergency Services Disaster Agency for the past 17 years.

"There's nothing more noble," said Friel, about the hours he has dedicated to the Village of Morton Grove. "It goes to show the kind of person he was. He thought about others before himself."

ESDA volunteers assist the village with major fires, accidents and more.

Friel said that about 12 years ago, Karas was instrumental in getting a second outdoor warning siren installed in the village and this past summer, a few more were added.

Every Wednesday night, Friel said Karas came in to run a drill or test equipment.

Friel said that it's so hard to recruit and retain volunteers these days and Karas was truly dedicated to volunteerism and loved the village.

The Aftermath of the Storm of 2007 Neighbors Helping Neighbors

By Tracy Yoshida Gruen
STAFF WRITER

Although the impact of the recent storm on the northwest suburbs was anything but pleasant, communities report it was truly a case of neighbors helping neighbors.

Many people in Morton Grove lost power, about 50 village trees were destroyed, vehicles and homes were damaged and the village acquired thousands of dollars in extra expense. Public works crews will be busy cleaning up the debris caused by the storm

throughout the month of September.

At the village board meeting on Monday, August 27, Mayor Richard Krier and other village officials reported that despite the challenges of the storm the community stuck together and helped each other out. Many people saw extension chords stretched across houses as a result of people sharing power with their neighbors who lost their power.

In Morton Grove, Craig Karas, the director of the volunteer emergency services group (ESDA), was seen helping neighbors after the storm. Karas sadly passed away after falling from his parents' roof on Monday, August 27.

Niles experienced a similar situation. "We saw a lot of neighbors helping neighbors," said Niles Public Works Director Scott Jochim. He said when they were driving around they saw many extension chords running across houses, being shared.

See Aftermath, page 2

See Aftermath, page 2

See Aftermath, page 2

Milwaukee Ave. Committee selects elements

By Tracy Yoshida Gruen
STAFF WRITER

The Milwaukee Ave. Streetscape Committee recently picked out a few specific elements regarding Milwaukee Ave. Corridor improvements, taking the next step forward.

The committee decided they would like to have sidewalk

banding that consists of pavers. "It helps with traffic," said Niles Village Trustee Kim Biederman, who leads the streetscape committee.

Biederman also shared that they are planning on installing feature at the Touhy and Milwaukee Ave. crosswalk that counts down the time people have left in order to cross the

street to increase pedestrian safety.

The improvement plan includes widening the lanes from 10 foot lanes to 11 foot lanes from about Newark to Albion, as well as installing new curbs, gutter and sidewalk. Around the waterfall on Milwaukee Ave. new fencing will be installed, as well as

See Elements, page 10



Dons Dominate

Notre Dame football squads defeat Ridgewood at all levels
Sports, page 14

EPA Notifies D64

Traces of PCBs found in natural gas regulators at two schools
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Storm shuts down local schools

The storms that shook the streets and homes of the northwest suburbs also disrupted local classrooms.

At Park Ridge-Niles Dist. 64, on Thursday Aug. 23, the storm warning came through prior to the elementary school dismissal at 3:30 p.m.

Elementary school children were held safe and secure inside the buildings and buses did not load or leave.

Parents or caregivers who had walked to the school to pick up

children were invited inside the buildings to wait until the storm passed through. Children were not released until the district was notified that everything was clear, which occurred at about 4:10.

Buses that were still making their routes were diverted to their nearest school so that students and drivers could ride out the storm safely indoors. The buses then reloaded and finished delivering students after the all clear was given.

On Friday, Aug. 24, all District

64 schools and the administrative offices were closed due to power failures.

"We were not affected at all," said Culver School Principal Janice Geisheker, who said the school did not lose power.

At Notre Dame High School, classes resumed on Aug. 27 after power was restored at the school over the weekend.

NDHS was closed on Friday, Aug. 24 due to a power outage due to rain and wind in the area around Notre Dame.

In Niles, about 15 full trees were lost and there were thousands of power outages and flooding problems.

Over in Maine Township, the highway department crews were out all night and into Friday cleaning roadways and cutting up fallen trees. The Emergency Management Agency (EMA) and the highway department have been sandbagging areas along and near Robin Drive and Dee Road to help prevent flooding in residential homes.

In Park Ridge, The Summit of Uptown worked with the Park Ridge Fire Dept. and

CHUD to evacuate all Summit residents during the night. The work was finished by around 2 a.m. Power was restored to Summit a little after 2 a.m. Friday was spent moving back residents from various other senior homes and private homes. No incidents were reported and things went fairly smoothly, thankfully due to the assistance of the CHUD organization and the fire dept. This was apparently the first full evacuation done by CHUD, a rather new organization designed to assist senior housing developments with such matters.

Maine Township Community Garage Sale & Craft Fair

Spaces are selling quickly for the Fourth Annual Community Garage Sale & Craft Fair, to be held rain or shine, Saturday, Sept. 29 from 9 a.m.-3 p.m. in the parking lot of Maine Township Town Hall, 1700 Ballard Rd., Park Ridge. Reservations are accepted on a first-come, first served basis.

The event will include a craft sale alongside the garage sale. The sale and fair have been very popular and successful in recent years. Proceeds from the events benefit the Maine Township Adventure Camp for disadvantaged youth and Emergency Food Pantry.

Residents are invited to participate in a number of ways. People can reserve an 8' X 16' space to sell their own treasures at either event. Spaces are \$20 for the Garage Sale and for the Craft Fair. Residents can also make a donation of cash or merchandise to the Gafage Sale. Township staff to help raise funds will sell donated merchandise.

"These are fun events to raise money for two worthy causes - disadvantaged children and hungry families," says Dudyycz.

"We encourage our township residents to participate, to give financial support, or just come by to shop. Besides, it is a lot of fun too."

The Craft Fair proceeds will help buy food to stock the Emergency Food Pantry run by the township. The pantry serves an average of over 200 families per month throughout the year and even more during holiday periods.

The Garage Sale proceeds will benefit the summer camp program coordinated by the township's MaineStay Division. The camp program serves disadvantaged children, ages 8 through 13, to participate in cultural and recreational experiences to which they may not otherwise have access.

Donation checks should be made payable to: "Maine Township Adventure Camp" or "Maine Township Food Pantry." There are no refunds on spaces purchased. For more information on donations or obtaining a space, please call 847-297-2510 Ext. 270. Information is also posted on the township website www.mainetownship.com.

Broadway-inspired North Shore Players return to MG Civic Center

The "Weighting" Game, written, produced and directed by Helen Magid and performed by senior actors of the North Shore Players is coming soon to the Morton Grove Civic Center.

The show will take place on Sept. 28 and 29 at 7 p.m. and Sept. 30 at 2 p.m., Oct. 3 at 3 p.m., Oct. 5 and Oct. 6 at 7 p.m. and Oct. 7 at 2 p.m.

This Broadway-style per-

formance features singing, tap dancing and much, much more. It is a humorous show about the social life that exists at a health club.

The Morton Grove Civic Center is located at 6140 Dempster St.

Those who want more information or to purchase tickets can call (847) 502-8916. Tickets sell fast, so it is recommended to call as early as possible.



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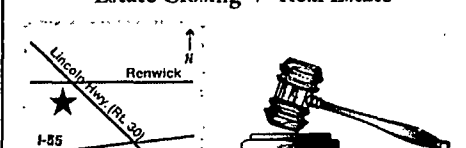
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Senator Kotowski internet safety bill becomes law

Illinois State Senator Dan Kotowski (D-Park Ridge) believes the internet will be safer for Illinois children thanks to a new law he sponsored. Senate Bill 1472, which was signed into law today, gives the Attorney General the authority to lay out internet safety curricula for Illinois students K-12.

This curriculum will be age appropriate including information ranging from identity theft and consumer safety to sexual predators. Kotowski says, "It is important that we adapt with our growing technology to keep our families out of harm's way." Kotowski added, "We hear cases of internet predators taking advantage of people every day. This law will inform children and teenagers of the dangers that are

on the internet."

Senate Bill 1472 passed unopposed in both the House and Senate, which, Kotowski says, "Highlights the importance and necessity of this legislation to our entire state."

Senate Bill 1472 will encourage safe and responsible navigation and communication on social networking websites, chat rooms, e-mail, bulletin boards, instant messenger, and other means of communication on the Internet. It will also help teens to recognize and avoid unsolicited or deceptive communications received online.

Kotowski concluded, "Attorney General Lisa Madigan and I are unwavering in our dedication to internet safety in the state of Illinois."

Lutheran General Hospital's robotic surgery program welcomes renowned team

Advocate Lutheran General Hospital is expanding its center of excellence in robotic-assisted surgery through the appointment of two internationally renowned surgeons. The talents

of these physicians will add to the breadth of the hospital's robotic surgery program, which already is the most comprehensive in the region.

See Surgeons, page 10

PCB Chemicals Discovered in Two District 64 School Gas Regulators

Park Ridge-Niles Dist. 64 learned on Aug. 29 that the Environmental Protection Agency Region 5 found trace elements of PCBs in natural gas regulators at Lincoln Middle School and Washington School.

PCBs are polychlorinated biphenyls, chemical compounds. Business Week has reported that the EPA has found the PCBs can likely cause cancer.

The EPA notified district 64 based on inspections that were performed by Nicor Gas. The

inspections were part of a plan by Nicor Gas to check meters at more than 100 homes and other buildings in Park Ridge, after PCBs were discovered in the gas meters of a few Park Ridge homes.

"Maintaining the health and safety of our students and staff is the highest priority as we go through this process," stated Dr. Sally Pryor in a press release.

Over the Labor Day weekend, the EPA conducted additional tests at both Lincoln and

Washington.

"Although we have no reason to believe the PCBs would be found at any other building, EPA has requested that Nicor do further testing at all Dist. 64 buildings in Park Ridge," shared Pryor, in the press release.

Pryor assured that that the district will carefully follow the EPA's recommendations regarding the next steps and will keep parents and staff fully informed throughout the process.

District 64 class sizes change due to referendum

The enrollment data and class sections for the new school year at Park Ridge-Niles Dist. 64 reflect the new class size guidelines effective this school year due to the successful referendum last April.

The new guidelines are 22 in a classroom for kindergarten, 24 for grades 1 to 2, 26

for grades 3 to 4 and 28 for grades five to eight.

Overall, the total enrollment of 4,329 is 43 greater than the 2006-2007 school year. The enrollment of the elementary schools is 47 greater than last year, 39 of those students attend Washington School. Middle school enrollment is down by

four students from last year.

The class sections have increased by eight from last year, of which all are at the elementary level.

The greatest increase due to the change in class size guidelines occurs at the kindergarten level, where three sections have been added.

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Park Ridge Police arrest man trying to sell cocaine

Park Ridge Police arrested a man who admitted he was attempting to sell cocaine in the Dominick's food store parking lot on Cumberland in Park Ridge

on Aug. 17.

Officers observed two occupied vehicles and an exchange between the two drivers through their passenger windows at 8:30

p.m. in the Dominick's parking lot at 1900 S. Cumberland.

As the officers approached the two vehicles on foot, they could smell the burnt cannabis. They also saw a clear plastic bag with white powder on the center console of one of the vehicles.

A 36-year-old Chicago man admitted to the officers that he was attempting to sell the cocaine. Inside a

compartment in his vehicle, police found a digital scale, about 79 grams of cocaine and \$1,740 in cash.

Park Ridge officers obtained consent to search the man's residence in Chicago where they found a digital scale, 102 suspect Hydrocodone pills (vicodin), about 33 grams of suspect cannabis, about 105 grams of suspect cocaine and \$13,023 in USC currency.

The Chicago man was charged with possession of cocaine with the intent to deliver (class X felony-two counts), possession of cannabis (misdemeanor) and possession of a controlled substance (class 1 felony).

The man's initial court date is Aug. 29 at the Cook County second municipal district courthouse in Skokie. His bond is set at \$125,000.

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Chamber of Commerce Open House

The Public is invited to an Open House at Morton Grove Chamber of Commerce and Industry Office

The Public and business community are invited to the Morton Grove Chamber of Commerce and Industry on Tuesday September 11th from 12:00p.m. - 5:00 p.m. for an Open House to celebrate Illinois Chamber of Commerce Week.



Meet the Morton Grove Chamber Executive Director Mark Pendergrass and find out about how the Chamber of Commerce and Industry works to support business in the

Community. The Morton Grove Chamber of Commerce and Industry is located in the lower level of the Morton Grove Village Hall, 6101 Capulina Avenue.

HAVE YOU HEARD

New Norwood Crossing Campus Groundbreaking Set For September 16

Residents of the community are invited to attend one of the greatest milestones in the history of the Norwood Park community - the groundbreaking ceremony for the NEW Norwood Crossing campus, on Sun, Sept. 16, at 6016-20 N. Nina Ave. in Chicago at 2:00 p.m. Groundbreaking participants will include appointed and elected officials, dignitaries, community leaders, board members, and representatives of the design, development

and construction team.

The project marks an "expansion into upscale senior living and our commitment to continually evolve to meet the needs of area seniors," said Marcia Mahood, chief executive officer of Norwood Life Care Foundation.

The groundbreaking will set in motion the establishment of a Continuing Care Retirement Community which will feature Park View at Norwood Crossing. Park View will include 139 Independent

Living apartments, an interactive community center with numerous restaurants, a spacious indoor pool and a cutting-edge fitness center along with other exciting amenities. Also included in the project will be 55 new Assisted Living suites with a specialized memory support neighborhood and a state-of-the-art Skilled Nursing residence to serve seniors well into the 21st century.

The repositioning and renovation of Norwood Crossing's four-plus acre campus was more than five years in the making and is expected to be a catalyst in the upcoming development of downtown Norwood Park.

Following the groundbreaking, light hors d'oeuvres and other refreshments will be served in the Dining Room. Community residents interested in attending the event should contact Toni Shortino, at (773) 577-5317.

Creative Crafters Needed

Crafters Wanted for Annual Arts and Crafts Fair and Open House

Attention, all crafters and artists: Saint Andrew Life Center, 7000 North Newark Avenue, Niles, will host its annual Arts and Crafts Fair on Saturday, October 13, 2007 from 9:00 a.m. to 3:00 p.m. Tables are \$25.00, and free continental breakfast and box lunch will be provided to all exhibitors. Be sure to attend this popular event! For more information and to reserve your table, please call 847-647-8332.

Holiday Crafters Wanted

The Guild of the Nativity of St. John Brebeuf's Catholic Women's Club will hold its annual HOLIDAY CRAFT FAIR on Sunday, November 11 from 8:00 AM until 3:00 PM in the parish ministry center at 8307 N. Harlem, Niles.

Crafters will be able to display hand-crafted items for Thanksgiving and Christmas. Any crafter wishing to receive an application for the HOLIDAY CRAFT FAIR, please call Judi Stephens, 847-296-6421.

Outdoor Worship Service

St. Matthew's Ev. Lutheran Church located at 9081 N. Maryland St. Niles, IL (just south of Golf Mill Shopping Center) has scheduled an Outdoor Service for September 9, 2006 at 10:00 A.M. The Service will be held under a tent on the church property. Everyone residing in the community is welcome to attend. Those who attend worship are invited to stay for the church picnic.

For additional information contact the church by phone (847) 827-4360 or e-mail KnowJesusBetter@StMatthews.wis

SEPTEMBER DANCE

"A September to Remember" Dance Sunday, September 9th, 2007 at Przybylo White Eagle Banquet Hall 6839 N. Milwaukee Ave., Niles. Music by the Fabulous AMPOLAIRES, CASEY HOMEL, STAS BULANDA, Honky Band Old School Review and something else which you don't want to miss!

For tickets & information call 847-470-0352. Tickets \$12.50 per person.

Niles Recognizes the Chamber of Commerce Week



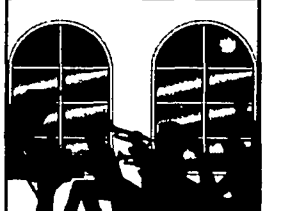
Niles Chamber Executive Director Katie DiMaria with chamber staff, Board members and ambassadors gathered at the Village Board meeting August 28th as Mayor Nicholas Blase and Village Trustees proclaimed September 10th through September 14th, 2007 Chamber of Commerce Week.

The Niles Chamber has joined the Illinois State Chamber and other local municipalities in celebrating Chamber of Commerce Week for September 10th - 14th. This week recognizes the contributions chambers of commerce make to Illinois' civic and economic life. They encourage the growth of existing industries, services, and commercial firms and are a resource for new businesses and individuals who locate to Niles.

The Niles Chamber began in the early 1950s with a handful of businesses and has grown today to include 475 members. To celebrate, the Niles Chamber has listed all their members in the Niles Bugle. "With over 475 members we want the community to be aware of the businesses that are proactive in making the chamber of commerce an accessible and valued resource for the community," says Todd Watkins, President.

Happy Chamber of Commerce Week!

Saint Andrew Life Center Presents "Nightclub in the Afternoon" featuring Mary Anne Riehl and her Band



Saint Andrew Life Center, 7000 North Newark Avenue, Niles, will present an enchanting, nostalgic experience that brings back fond memories of the golden age of danceable music, candlelight, romance, and laughter. Mary Anne Riehl, accompanied on piano and bass, was the featured female vocalist on Don

McNeill's "Breakfast Club". She will perform popular standards from the '20s, '30s and '40s - the wonderful music adults continue to love and cherish, on Tuesday, September 25 at 2:00 p.m. Tickets are free, but reservations are required. Please call 847-647-8332 to reserve your seat.

The Great Depression: Economic and Political Elements

Carl Ullrich, historian, will speak on the economic and political elements that led to the Great Depression and the presence of these elements in our environment today.

Join Morton Grove Historical Society members for a lively discussion on this important topic in the Baxter Room of the Morton Grove Public Library, 6140 Lincoln Avenue in Morton Grove on Tuesday, September 18, 2007 at 7pm.

Refreshments follow at the close of the meeting. Members of the Morton Grove Historical Society welcome all to this meeting which is free to the public.

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FOR WOMEN*

Age	What to do	How often	To check for
18 +	breast self exam	monthly	breast cancer
	pap smear	annually	cervical cancer
	self skin exam	monthly	skin cancer
	skin exam by physician	every 3 years	skin cancer
	lipid profile	every 5 years	high cholesterol
	blood pressure test	every 1-2 years	high blood pressure
35 +	TSH test	every 5 years	thyroid dysfunction
40 +	mammogram	annually	breast cancer
	skin exam by physician	annually	skin cancer
45 +	blood sugar test	every 3 years	diabetes
50 +	fecal occult blood test	annually	colorectal cancer
	colonoscopy	every 10 years	colorectal cancer

FOR MEN*

Age	What to do	How often	To check for
18 +	self skin exam	monthly	skin cancer
	skin exam by physician	every 3 years	skin cancer
	lipid profile	every 5 years	high cholesterol
	blood pressure test	every 1-2 years	high blood pressure
	self testicular exam	monthly	testicular cancer
35 +	TSH test	every 5 years	thyroid dysfunction
40 +	skin exam by physician	annually	skin cancer
45 +	blood sugar test	every 3 years	diabetes
50 +	fecal occult blood test	annually	colorectal cancer
	colonoscopy	every 10 years	colorectal cancer

*For healthy, normal risk individuals. A bone mineral density test is recommended for women with known risk factors. Discuss ordering with your doctor.

*For healthy, normal risk individuals. A prostate specific antigen (PSA) blood test is recommended for men with known risk factors. Discuss ordering with your doctor.

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Wallet including \$101 removed from shopping cart

MORTON GROVE

1 Wallet Removed From Purse (6900 block of Dempster)

A wallet was removed from a shopping cart in the 6900 block of Dempster on Aug. 23. The victim said she saw a male who was in the area running down one of the aisles, but did not see him take anything. The woman had about \$101 in her wallet, said police.

2 BB-Type Projectile Shatters School Window (8600 block of Menard)

Unknown person or persons used a BB-type gun to shatter a window on the west side of a school in the 8600 block of Menard sometime between Aug. 27 and Aug. 28.

3 Rocks Thrown at Garage Windows (8900 block of Linder)

Two rocks were thrown at windows of a garage in the 8900 block of Linder sometime between Aug. 27 and Aug. 28. The estimated cost of the damage is \$2,000. The residence is under construction and the complainant said this is the third incident of windows damaged at this site.

4 Harassment by Phone/Letters (7900 block of Beckwith)

A resident said that her co-worker was harassing her with annoying phone calls and letters sometime between Aug. 25 and Aug. 28.

5 DUI/Possession of Cannabis (Madison and Gross Point)

A 25-year-old Chicago man was arrested on Aug. 27 for driving under the influence and possessing cannabis at Madison and Gross Point. The court date is set at Sept. 26.

6 Battery Arrest (9200 block of Normandy)

A 42-year-old Niles man was arrested in the 9200 block of Normandy on Aug. 26 for battery after a fight. The court date is Oct. 15.

7 Suspended Driver's License (Golf and Harms Roads)

A 22-year-old Chicago man was arrested on Aug. 25 after being stopped for a traffic violation. The man was charged with a suspended driver's license. The court date is Sept. 21.

NILES

8 Attempted Suicide (8600 block of Dempster)

A 17-year-old Chicago man

walked into a store in the 8600 block of Dempster St. and told the store manager (the complainant) that he took pills and was trying to kill himself on Aug. 27.

9 Man Robbed While Purchasing M&Ms (5600 block of Touhy Ave.)

A man arrived at his workplace in the 5600 block of Touhy Ave. and was approached by three males asking him to purchase M and Ms on Aug. 30. The man pulled out a 50 dollar bill and an 18-year-old man snatched it from his hand and ran east toward a restaurant in Skokie. The man was followed by the males into the parking lot of the restaurant where he was robbed of the rest of his money.

10 GPS System Stolen from Vehicle (7800 block of Nora)

Unknown person or persons took a GPS system, an AM and FM receiver and a DVD from a vehicle in the 7800 block of

Nora sometime between Aug. 27 and Aug. 28. The total estimated value of the stolen items is \$1,200.

11 Burglary to Garage (8000 block of Washington)

Various tools, including a \$450 cordless power saw, a \$900 Jack hammer, a \$600 chop saw, a \$2505 power drill and more were taken from a garage in the 8000 block of Washington sometime between Aug. 27 and Aug. 28.

12 House Fire (9900 Huber Lane)

Niles police assisted the Niles fire department with a house fire in the 9900 block of Huber Lane on Aug. 24. Several other local fire departments responded to this fire. The couple was asleep when they woke up to loud noises and the smell of smoke.

13 Damage to Vehicle (8800 block of Golf)

Unknown person or persons cracked the windshield of a vehicle in the 8800 block of Golf

Rd. on Aug. 25.

14 Burglary to Auto (7900 block of Neva)

Unknown person or persons removed \$25 in USC, a driver's license, four credit cards and wallet from a vehicle in the 7900 block of Neva on Aug. 28.

15 Criminal Damage to Residence (7000 Birchwood)

Blue paint was poured on the front of a residence in the 7000 block of Birchwood on Aug. 26. The estimated damage is \$25.

16 DUI Arrest (7200 block of Waukegan Rd.)

A 35-year-old Niles man was arrested on Aug. 28 for driving under the influence of alcohol and driving 22 mph over the limit. The bond was set at \$1,000 and the court date is Oct. 2.

17 Hit and Run/Zero Tolerance (7300 block of Greenleaf)

A 20-year-old Niles man was arrested on Aug. 25 for a hit and run and zero tolerance regarding the use of alcohol.

The bond was set at \$1,000 and the court date is Sept. 20.

PARK RIDGE

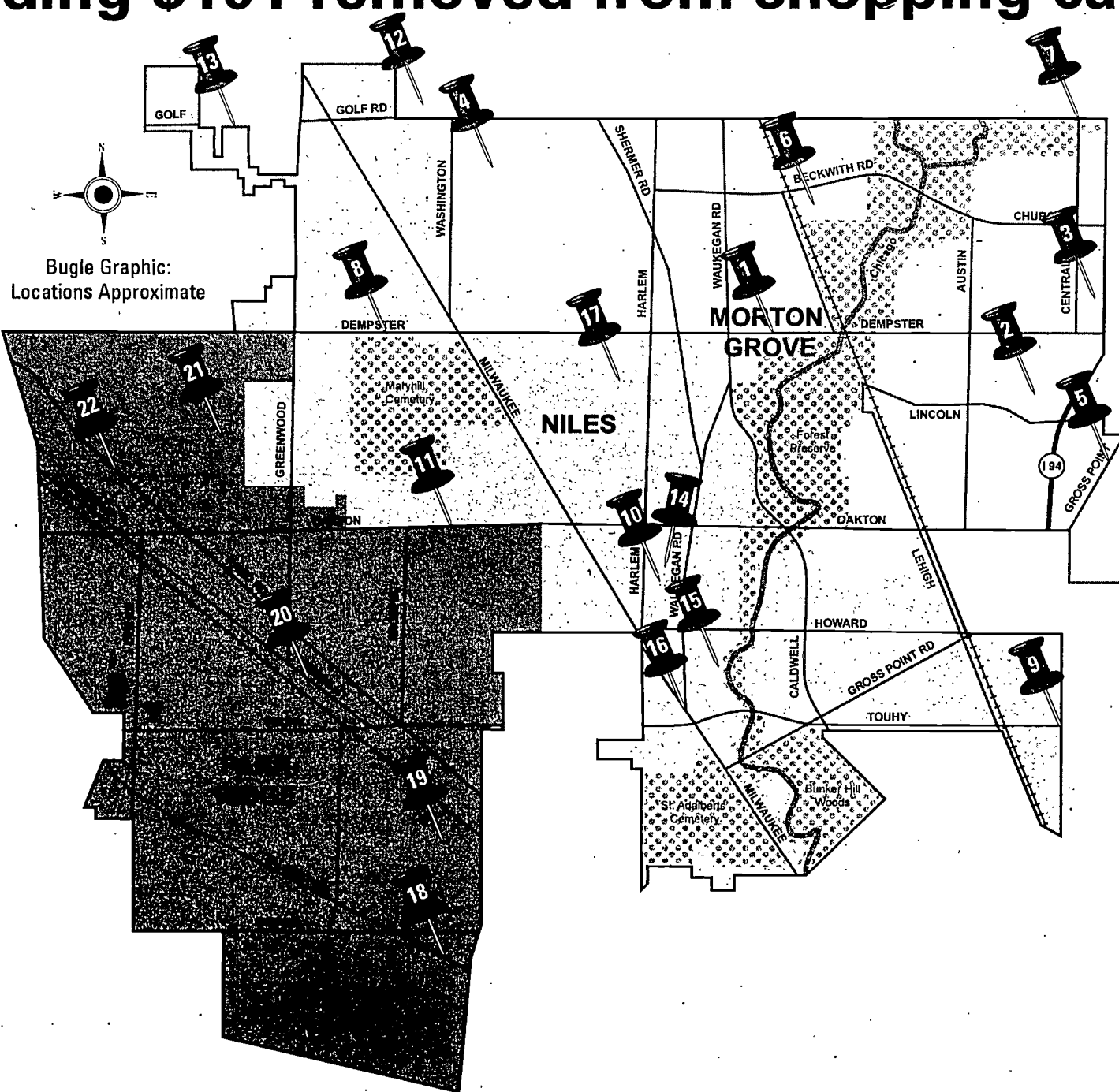
18 Attempted Burglary (100 block of W. Talcott)

When the resident arrived home in her vehicle she saw two women (about 60 to 65 years in age) attempting to enter her residence in the 100 block of W. Talcott Rd on Aug. 25. The women tried to enter the residence by twisting the handle of her back door. The suspects stated she was not the person they were looking for and walked away, said police.

19 Indecent Exposure (200 block of W. Gillick)

While driving through an alley to park his vehicle in his garage in the 200 block of W. Gillick, the driver noticed a four-door silver VW in the alley with a man in his 20s sitting in a reclined position in the front passenger seat. The victim honked

See Blotter, page 7



Blotter

continued from page 6

his horn and startled the suspect, who then jumped out of the vehicle to get in the driver's seat. Police said the victim observed that the man had his pants off.

20 Purse Stolen from Shopping Cart (400 block of Busse Hwy.)

Unknown person or persons took a purse from a shopping cart she was using while at a store in the 400 block of Busse Hwy. on Aug. 16. The purse was recovered outside, but an iPod, checkbooks and credit card were missing.

Arrest

continued from page 1

sage, he was reportedly propositioned for a sex act, in exchange for \$50.

"It's happened on multiple occasions," said Morton Grove Police Commander Brian Bolger, about the act of prostitution at the spa. "It certainly does not reflect this village."

Bolger said he hopes that the business will close down.

21 Vehicle Driven Across Lawn (1400 block of Vernon)

Unknown person or persons drove a vehicle across a resident's lawn in the 1400 block of Vernon on Aug. 29. The estimated cost of the damage is unknown.

22 Cable Box Stolen from Residence (1300 block of Northwest Hwy.)

Unknown person or persons took a cable box worth \$500 from a common area in the basement of a multi-unit residence in the 1300 block of Northwest Hwy. sometime between June 20 and July 15.

Bolger said it has been several years since prostitution has been discovered in Morton Grove.

The woman was charged with prostitution and the man was charged with keeping a place of prostitution.

Also during the investigation, police turned a 36-year-old employee over to immigrant and customs enforcement after finding there was an active order of deportation on the employee.

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Back to School Musings

As I sit down to write this column, the house is quiet, eerily quiet. My boys have been back to school for almost a week. Five whole days of uninterrupted time to work, catch up on chores, or just to sit still and enjoy the silence.

I am sure most mothers can relate to what I am writing. You love your kids but sometimes summer seems to last forever. We had a week's vacation to South Carolina, went to the pool several times, visited local parks, went hiking, and ate more McDonald's than I care to mention. Towards the middle of August, I began to hear the familiar whines, "I'm bored." "There is nothing to do." This coming from two boys who have so many things I have trouble walking through a clear path in our basement.

But even they got their fill of Nintendo, computer games, and playing with their friends. I daresay they even were beginning to miss school.

Okay that might be stretching things, but I do think they missed the activity of school.



AT Wits End
ANASTASIA TUSKEY | BUREAU CHIEF

My boys enjoy learning new things. They often come racing home with some great piece of knowledge they eagerly want to share with me. I try to listen patiently, not wishing to squelch any enthusiasm they have. I realize in the not too distant future, school could lose its appeal. So I am trying to harness this power now.

We took the annual trek to buy school supplies. A task that becomes more daunting and expensive each year. Why does a second grader need 10 folders, 2 in each color? Why does a fourth grader need lined 3x5 note cards? I was a little economical this year and recycled some supplies from last

year. But at the end of the shopping extravaganza the total cost was \$90. Are the teachers and the supply companies in cahoots? Okay I know, not really.

Things have really changed since I was in second or fourth grade. All I can remember is bringing a Big Chief notebook (am I aging myself, does anyone else remember these?), a pack of crayons, and a pack of pencils. Nobody had a backpack. Today, kids want the fancy backpacks with wheels and cell phone pouches. Come on, do kids really need cell phone pouches?

On the first day, the boys were very excited to meet their teachers and see their friends. These days I have to say goodbye from the corner. My boys are too cool for Mom to walk them to the door. Soon they will not even need me to walk them to school. They will shout a hasty goodbye over their shoulder and race off on their bikes or scooters.

At least I will still get the credit for paying for the school supplies.



Letters to the Editor

It is a known fact that we (humans) are creatures of habit like all other animals. We are also endowed with a bit more brains than all other animals; at least this is what I've been lead to believe. However, the longer I live I cannot help believing that the dumbing of America has certainly come home to roost. Let me elaborate on just

three things that affect all of us in our daily life. Maybe, four things.

1. What would possess any rational person to walk behind, or drive behind, an auto backing out in a parking lot? This is particularly concerning where small children are frequently involved and the SUVs are impossible to through or around.

2. What possesses so many drivers to ignore the speed limits in the lots?

3. What about all the louts who cannot return their shopping carts to the cart stalls? I excuse people with small children and those with disabilities. The others are just lazy, or inconsiderate.

4. What does "STOP" mean? Do we have so many immigrants in the neighborhood that cannot read English? Or is the American born inconsiderate or just plain stupid? Do these same numnuts, because no one is watching, believe that they can cheat?

Something for people to consider, if you do these simple things, you will do them again and again until they are habits and some day someone will be hurt. HABIT! One who cheats in one instance will more than likely cheat at others. I wonder if they also cheat on their wives, husbands and girl/boyfriends. Do they steal from work; cheat at cards or on the golf course?

In respect to the parking lots and residential STOP signs, I propose that speed bumps be installed in the parking lots and in front of all Stop signs particularly the first block off each main thoroughfare.

F.H.



Niles Couple Celebrates 68 Years

Mr. and Mrs. Albert Cassettari of Niles celebrates 68 years of marriage on September 9th, 2007.

They are the parents of Diane Scarpelli; Grandparents of Debbie Paul, Susan and Lou Czech, and the Great Grandparents of Jaclyn Louise, Lindsay and Louis.

Their family and friends would like to wish them a very Happy Anniversary and may every tomorrow be twice as sunny and sweet as all the days that came before, and may you continue to grow together in life and love.

Thanks for filling our lives with love and happiness, you are a gift to our lives and there are no words to express our gratitude for all you have done.

Ask the Doc A Mitey Menace

by Keith Berndtson, MD

Q. I've heard about the mite bites in our area. What can I do to prevent or treat them?

A. Hundreds of people in the Chicago area around mid-August developed a rash that started with a few pimple-like bumps on their faces, arms, and shoulders. These would vary in size, but they'd typically become swollen, firm, tender, and itchy beyond control. They were different than tick or mosquito bites. Doctors and pharmacists around the area were puzzled.

Public Health experts identified the culprit within a few days as the oak leaf gall mite, a barely visible insect related to spiders. This mite, native to Europe, was responsible for a major outbreak in Kansas in 2004. No one knows why it showed up this year in Illinois.

They feed on fly larvae found on oak trees. Once fed, they are carried by the wind. If they land on you, they'll make their way onto your skin within a few hours. You won't feel their bites, but they inject a poison that, within 10 to 16 hours causes a raised, reddish-purple, itchy, tender welt that can take a week or more to resolve. No serious problems result.

To avoid these bites, avoid wooded or brushy areas at dusk, or wear protective clothing with DEET or lemongrass oil on exposed skin. To play it safe, shower with mild soap within four hours of being outside. To control the tenderness and itching, apply liquid Benadryl, Calamine lotion or hydrocortisone cream as needed. A homeopathic remedy such as Arnica gel or the herbal/botanical remedy of Calendula oil may also help. When in doubt, have a physician check out any rash that may have been caused by an insect bite.

Keith Berndtson, MD is the Medical Director of Park Ridge Multi-Med.

Send your questions to askthedoc@buglenewspapers.com.

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BUSINESS

Hold on To Those Trunks

Elephant Bar Restaurant Opens in Niles

By Tracy Yoshida Gruen | STAFF WRITER

A culinary adventure has arrived in Niles.

A ribbon cutting for the new Elephant Bar Restaurant at Golf Mill Shopping Center was held on Thursday, Aug. 30 and it was open to the public on Monday.

The family-oriented restaurant offers a wide variety of items, some with a Pan Asian influence. More than 20 of the items are \$10 and under.

"I think it's fantastic here," said Joe Borrelli, general manager of the restaurant in Niles. "They've done a ton of improvements to the mall. It's a perfect fit for who the Elephant Bar is."

Borrelli, who has been the general manager of an Elephant Bar in California for the past six and a half years, said that the unique ambiance allows people to come in and escape the world, even if just for an hour or two.

Palm trees, giraffes and elephants can be found inside this adventurous restaurant. Truly a family-oriented restaurant,

Borrelli said that there is a large kids menu with unique, fresh options for the kids. He said that families enjoy watching the chefs fire up the wok and sizzle the culinary delights.

"The response we've received is phenomenal," said Borrelli, who said that friends and family members have commented on how everything is made with the freshest of ingredients.

Some of the menu items are MisoYaki grilled salmon, shrimp adventure platter, Shanghai cashew chicken, Wok-fired sweet and sour chicken, fiery kung pao chicken, chicken tender platter, braised lamb shanks, sandwiches, burgers and more.

On September 5, the restaurant donated 25% of all food sales to the Lake County Habitat for Humanity.

The executive chef and partner, Reinhard Dorfhuber, has experience cooking in some of the finest hotels and restaurants in Asia, Europe, Canada and the United States.

Come in and let the adventure begin.



Above: Elephant Bar Restaurant facade. **Below:** General Manager Joe Borrelli and Manager, Steve Bondoc can feel the excitement the day of the ribbon cutting at the new Elephant Bar Restaurant at Golf Mill in Niles on Thursday, August 30.



Niles considers commercial waste franchise for businesses

By Tracy Yoshida Gruen
STAFF WRITER

The Niles Village Board of Trustees discussed the possibility of moving toward a commercial waste franchise for village businesses during the pre-board meeting on Tuesday, Aug. 28.

A representative of SWANCC (Solid Waste Agency of Northern Cook County) gave the trustees a presentation regarding the commercial solid

waste franchise that he says will lead to a "tremendous savings" for businesses in Niles and the Village of Niles by using one hauler.

The Niles village board decided they'd like to survey the businesses in the village to find out more about their current waste services.

Currently, the representative said that businesses are charged fuel and environmental surcharges (10 to 15%), waste

See Waste, page 10

Church Office - Administrative Assistant/Receptionist

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As the holidays approach, making lists of who was naughty, who was nice and what kind of gifts you'll be handing out becomes a priority.

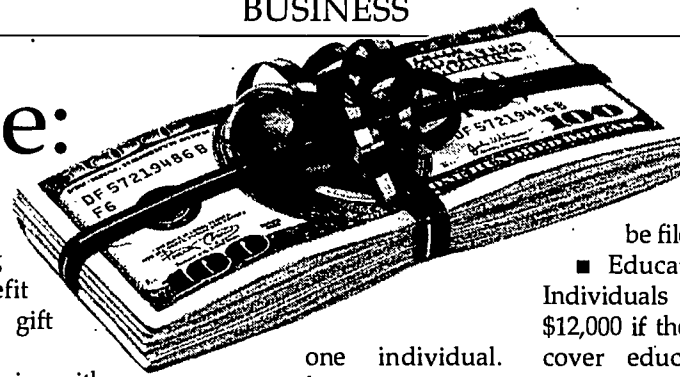
But with the tax year closing just after the holidays, it can't hurt to think about how gifting can reduce your tax burden.

According to Jim Tyrpak, CLU, ChFC, AEP, MSFS, president of the Society of Financial

Service Professionals, there are more than a few ways being charitable can benefit you as much as the gift receiver.

Get in the spirit of giving with the following tips to reduce your 2007 federal estate taxes:

■ Watch the calendar. In 2007, individuals are excluded up to \$12,000 from Federal Gift Tax (\$24,000 for split gifts by married couples) for gifts made to any



Five Tax Tips

tax return should be filed.

■ Education and medical. Individuals can gift more than \$12,000 if the gift is intended to cover education or medical expenses. Gifts should be paid directly to the provider.

■ Invest. Under a special election, an individual can accelerate up to five years' worth of their annual exclusion if the funds are invested into a 529 college savings plan (\$60,000 per individual

and \$120,000 for married couples for 2007).

■ Give to a charity. Don't need all your IRA funds? New in 2007, an owner of a traditional IRA can direct the custodian to make distributions directly to public charities. Transfers up to \$100,000 will be excluded from income. This exclusion is available to IRA owners over age 70½ through 2007. Distributions count toward the donor's required minimum distribution.

Waste

continued from page 9

haulers are not uniformly charging for services, there are missed pick ups, overflowing dumpsters, ordinance viola-

tions and recycling services are not generally available.

If the village switches over to a commercial waste franchise, however, he explained that there will be uniform pricing for businesses and reduced

costs, a guarantee that no business will see increased costs for the same service, recycling opportunities, a reduction or elimination of surcharges, strike protection and liquidated damages are provided for.

Elements

continued from page 1

new cans and benches. Planters and decorative fencing will be placed throughout various areas.

"We need a landscaping plan," said Niles Village Trustee Louella Preston, at a pre board meeting on Tuesday, Aug. 28. "There's no continuity to any of it. We need to give the Village of Niles a face."

"Everybody should be sub-

servient to the masterplan," said Niles Village Trustee Andrew Przybly.

Przybly questioned whether or not residents would truly notice things like new sidewalk and planters.

"Will it be noticeable?" wondered Przybly. "Are we going to get some bang for our buck?"

Representatives of Smith Engineering assured the trustee that the improvements would be noticeable.

Preston said that she strongly feels the village should have a banner program, like other towns, such as Morton Grove and Edison Park.

"I'm unclear as to why we haven't been using banners," said Preston.

Biederman said that a banner program will be explored by the village, but is not directly tied in to the streetscape project that is being funded by an \$820,000 grant.

Surgeons

continued from page 3

Pier Cristoforo Giulianotti, M.D., and his partner, Fabio Sbrana, M.D., recently arrived from Italy to join Lutheran General's team of multidisciplinary robotic surgeons who currently offer the region's broadest range of procedures in this technologically advanced specialty.

Dr. Giulianotti and Dr. Sbrana bring pioneering expertise in robotic-assisted surgeries of the

pancreas, liver, stomach and esophagus. Until the arrival of this team of physicians, a number of these complex robotic procedures were not available in the Chicago area.

"The scope of Lutheran General's robotic surgery services is one of the reasons our program is unique," explained John White, M.D., chairman of the hospital's department of surgery.

"No other hospital in this region has a true multi-specialty robotic program."

White pointed out that Lutheran General has performed the most colorectal robotic surgeries in the region, and also is a leader in providing gynecology, urology, and pediatric urology robotic-assisted procedures.

The robotic surgery approach offers patients many benefits. The robot allows surgeons to get to hard-to-reach spaces in the body with tiny incisions, an unobstructed view, and microsurgical instruments held by robotic arms.

SCHOOLS

Park View School Dist. 70 proposes increased budget

Under Park View District 70's proposed budget, the plan is to spend about \$330,000 more this year than they previous year.

The tentative budget includes spending of about \$9.7 million, which is an increase of about 3.5 percent over last year's budget.

The school board plans to adopt the final budget at the Sept. 17 school board meeting. A public hearing on the budget is scheduled for 8 p.m. that evening.

Teacher salaries and benefits are both increasing this year. On average teacher salaries will increase by about 4.25 percent. The increase is part of the last year of a four-year

teacher contract.

The education fund, which is the largest fund, has about \$8.7 million allocated for it. This fund did not change much from the prior year.

Just like last year, the new budget does not include construction projects. The district is also not predicting any major change in enrollment or staffing for the coming school year.

This year, Dist. 70, Dist. 71, Dist. 73 and Dist. 73.5, along with Niles Township District for Special Education, will contract together with Positive Connections for transportation. Previously, Dist. 70 used Alltown, but Positive Connections was more cost effective.

NDHS Senior Brendan O'Reilly Scores 36 on ACT



Notre Dame High School Senior Brendan O'Reilly is congratulated by President Rev. John P. Smyth and Principal Dan Tully on achieving a perfect 36 score on his ACT exam, which he took in June. Of the 20,000 Illinois students who took the test in June, O'Reilly was one of 11 who scored a 36. Nationally, he was one of only 177 out of the 395,000 who tested in June to score a 36. "It feels good to have scored that but it's just a number and it's just one thing in many parts of the application for colleges," said O'Reilly, who is also currently ranked first in the Class of 2008.

Maine East to Host College Night

Maine Township High School District 207 will again be hosting one of the largest college nights in the state of Illinois on Monday, September 24th, from 7:00 to 9:00 p.m. at Maine East High School. Maine East is located at the corner of Dempster Street and Potter Road in Park Ridge.

Nearly 200 colleges and universities have asked to be represented September 24th, either by alumni or admissions personnel. They can answer questions

about curriculum offerings, admission, tuition, housing, and campus life. Many will bring applications or provide an opportunity to sign up on their mailing lists. Attendees are free to move from table to table or room to room to talk to individual representatives throughout the evening.

In addition, Carolyn Lindley, Director of Financial Aid at Northwestern University in Evanston, Illinois will

present two Financial Aid Information sessions - one at 7:20 p.m. and another at 8:20 p.m.

To make the most of the evening, attendees are asked to plan ahead, carpool, take notes, bring a parent or friend, and visit at least two colleges that are new to them. Juniors and seniors and their parents are especially encouraged to attend. For more information, please contact Karen Shankman at (847) 825-4484.

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September 10-14, 2007

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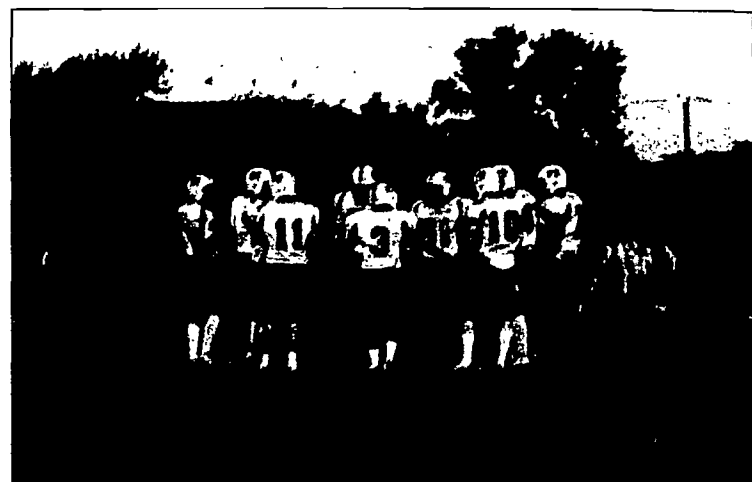
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Above: Notre Dame's Mark Gustafson kicks one of three field goals in the Dons' 37-0 victory over Ridgewood. Above Right: ND huddles during a timeout during the first half.



Dons Overpower Ridgewood at all levels

A beautiful Friday night weatherwise helped to make the Dons' short trip to Norridge to play Ridgewood High School all that better. The sophomore football team, coached by Augie Genovesi, Chuck Crimaldi and Alumni Joe Masciopinto, Jim Morrissey, Brendan O'Malley, Kevin O'Malley '99 and Mike Wallenberg '99, started out strong in search for their first victory. Two touchdown runs by Julian Burgos and one by Sam Bungum, along with a TD pass from Drew Diaz and Anthony Jahns gave the

Sophomores an outstanding 27-0 win.

Eager to earn their second victory, the ND Varsity wasted no time in making their presence felt. The ND Defense scooped up a fumble on Ridgewood first possession, and the ND Offense marched down the field on a 10 play drive capped by Greg Lucchesi's two yd run for an opening score. ND wide receiver, Joe Gutierrez, came up with a tremendous catch on the second ND series, and RB Tim Swieton slashed off tackle for the Dons' second touchdown in

the first quarter.

Strong secondary and linebacker play by P.J. Cummings, Brendan Murray, Pat Lazzara, Rick Szukala, Bo Cisek, Anthony Ricchio, and Chas Eitz up a fumble on Ridgewood first possession, and the ND Offense marched down the field on a 10 play drive capped by Greg Lucchesi's two yd run for an opening score. ND wide receiver, Joe Gutierrez, came up with a tremendous catch on the second ND series, and RB Tim Swieton slashed off tackle for the Dons' second touchdown in

The Varsity Dons plowed through Ridgewood with their third rushing touchdown as Matt Gallery, David Gonzalez, Bo Cisek, P.J. Keenan and Kyle

English opened the way for Greg Lucchesi's second, 2 yd. TD run. and a 19-0 second quarter score.

All three varsity QB's Zach Abraham, Eric Hennessey, and Tom Kerkes, saw lots of action throughout the game. Tom Kerkes (7 carries/65 yds) was the game's leading ground gainer and also scored a fourth quarter touchdown. Mark Gustafson sealed the ND scoring with 3 booming field goals giving the Dons a 37-0 shutout win.

The Freshman football team

was prepped for the sweep as they defeated Ridgewood on Saturday 33-0. Running Back Connor Thomas raced for two touchdowns, running back Mitch Waters and quarterback Tim Curley ran for touchdowns, and Jack McAndrew caught a touchdown pass from QB Tim Whalen to complete the Frosh Dons scoring.

The ND Freshman play on Friday night at home this week before the Varsity against St. Joes. The Sophomore will play a JV-type game against St. Joes on Saturday or Monday (TBA).

Hawks Get Revenge, Vikings Thrash Taft

Maine South avenged their loss to Warren last year behind senior quarterback Charlie Goro who lit up Warren for 269 yards and five touchdowns on a flawless 14 of 14 pass attempt performance. What is amazing is that Goro accomplished this in only one half of play, he did not play in the second half after giving his team a 40-0 lead. Maine South made a defining statement in the game showing why they are ranked as high as 5th overall

in area polls. Next up for the Hawks will be host Glenbrook North Friday night, game time 7:30 p.m.

Niles North wins 42-14

Niles North quarterback Chris Flores and teammate running back Terry Turner were the hero's last week in the Vikings home opener versus Chicago Taft. Flores led his team to a 42-14 thrashing tossing two touchdown passes and running for another while Turner rushed for 195 yards and three touch-

downs. The Vikings who sit at 2-0 will open conference play this week when they host cross town rival Niles West Friday night, game time 7:30 p.m.

Other Area Games

Additional area game results: Zion-Benton 31, Niles West 0 - Notre Dame 37, Ridgewood 0 - Dunbar 32, Maine West 6.

Send your scores to rleach@buglenewspapers.com for publication.

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I can do that

With all the sports writing I do of great players and great moments in time, it becomes easy to think "I can do that" trouble is as a 41 year old pot bellied writer, it's quite often easier said than done. Last week I was forced to by a chainsaw and cut some storm damaged tree limbs up for firewood, an easy task I thought. It wasn't long into the chore

when I threw my back out and was searching for the Ibuprofen and an ice pack to help relieve the steady pain. The injury has kept me off my feet for a good share of the week only up when I needed to hobble to the occasional game or photo opportunity. I used to think a sneeze could never throw a back out, well I was wrong it can create fits for sure and I now understand what



Chalk Talk
ROBERT LEACH | SPORTS EDITOR

some pro athletes go through in the media when they hit the injured reserved list after a

dreaded back tossing sneeze. I was treated to a machine that makes the coin operated "magic finger" machines that motels used to have near your bedside seem obsolete, wait they already were right? Anyhow the folks at a company called "Back to Basics" in Romeoville have been working to get me upright all week. I am amazed that you can crawl into an office and come out walking, well tilting but upright. If only I could figure out how to get one of those electrode, super charged back massaging

machines hooked up in my bed at home. I know that's not the name of the machine but when you're in pain, who cares anyway? What I do know is it works for me and that means with a few more treatments I'll be back to chasing down the sports stories you so eagerly await each week. Well, at least humor me and just go along with the whole theme here. I hope you all enjoyed your Labor Day holiday and are ready for a tremendous sports week! As always, I'll see you in the stands!

Elmhurst College whips Benedictine opening day

Up Next

Elmhurst will take a week off before returning to the field on Saturday, September 15, at the University of Chicago. Kickoff against the Maroons' is scheduled for 6:00 p.m.

quarter and promptly led a five-play, 59-yard scoring drive, hitting Veldhuis from 13 yards out to give Elmhurst a 35-0 lead. After a Benedictine fumble in its own red-zone, the Bluejays needed only two plays to score with Mark Gones (St. Joseph/St. Joseph-Ogden) capping the drive with a one-yard TD plunge. Tyler Lomnicki (Elmhurst/York) tacked on a 26-yard field goal in the third quarter to give the Bluejays a 45-0 edge. On the ensuing Benedictine possession, Andrew Ramus was picked off by the Bluejays' Kyle Maple (Kaneville/Kaneland) who returned the ball 39 yards for a score. Benedictine's only points of the game came late in the fourth quarter when a botched snap on a punt gave the Eagles

the ball at the Elmhurst 19-yard line. The Bluejay defense turned the Eagles away from the end zone and Benedictine settled for a Brian Goff 25-yard field goal. In total, Elmhurst rolled up 426 yards of offense, with 183 coming on the ground and 243 yards coming by way of the passing game. Benedictine finished with 101 yards of total offense with 23 rushing yards and 78 passing yards. The Bluejays' defense was solid on third down, allowing the Eagles to convert only 2-of-16 third down attempts. Kudyba finished the game an efficient 10-of-14 for 157 yards and three touchdowns. LaFleur added 83 yards through the air. On the ground, the Bluejays were led by Ryan Sonntag's (Green Lake, Wis./H.S.) 70 rushing yards on 10 carries. Freshman quarterback Phil Pedi (Addison/Driscoll Catholic) carried nine times for 53 yards and Gones rushed 12 times for 52 yards and a score. Veldhuis had a big day for the Bluejay offense, hauling in five passes for 107 yards and three touch-

downs. Gierke caught five balls for 53 yards and a score, while D'Angelo had three receptions for 59 yards. Benedictine was led by Eric Ritter's 36 rushing yards on five carries. Ramus finished the game 15-of-25 for 59 yards and three interceptions. Maple led the Bluejay defense with eight tackles and the interception return for a score. Eric Puzon (Wheaton/Wheaton-Warrenville South) and Patrick

Ambriz (Wausau, Wis./Wausau East) each finished with seven tackles. The Bluejays remained unbeaten on opening day under Tom Journell, and Journell ran his record in September games to 11-0 with the win. Elmhurst will take a week off before returning to the field on Saturday, September 15, at the University of Chicago. Kickoff against the Maroons' is scheduled for 6:00 p.m.

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Senior Spelling Bee Winners Announced

Pictured from Left to Right: Supervisor Bob Dudycz, Third Place winner, Russ Pirovano, First Place Winner Lucille Kozanecki, Second Place Winner Ed Delany, Trustee Walter Kazmierczak and East Maine Sch. Dist. 63 Supt. Kathleen Williams. After 12 grueling rounds Lucille Kozanecki of Maine Township was the Regional Senior Spelling Bee winner by spelling the word "vizierial" which means of, related to, or issued by a minister or counselor of state. Our second and third place winners were Ed Delaney of Wheeling park District and Russ Pirovano of Algonquin Township. Twenty-two seniors from 11 senior programs participated in this annual event at Maine Town Hall on August 13.

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Niles Senior News

5th Annual Flea Market

Saturday, September 15 - 9:00 a.m.-1:00 p.m.

Drop on by and see what treasures you can find at our annual Flea Market. It's always a lot of fun! A raffle to benefit the Niles Food Pantry will be held. Winners need not be present. A \$2 hot dog lunch will also be available.

LIHEAP Application Assistance

Tuesday, October 9th, 9:00 a.m.-4:00 p.m.

Representatives from CEDA, Neighbors at Work, will be at the Senior Center on Tuesday, October 9th to assist people with processing their LIHEAP applications. You must bring the following with you in order to complete an application:

1. Proof of gross income for all household members for the 30-day period prior to the application date.
2. A copy of your current heat and electric bills (if you pay for your home energy directly).
3. Proof of Social Security Number of all household members.

4. If a member of your household receives TANF, you must bring their "Medical Eligibility Card."

5. If you rent, bring proof of your rental agreement that must state your monthly rent amount.

Grief Workshop to Begin In September

Beginning Wednesday, September 12, the Niles Senior Center will hold a three-session grief workshop for Niles residents touched by the loss of a loved one. The workshops will meet on Wednesdays from 1:30 - 3:00 p.m. and will focus on the following areas:

- Workshop #1, September 12 - "What has happened to me?"** Trying to make sense of the many feelings you experience after the loss of a spouse or loved one is a difficult process.
- Workshop #2, September 19 - "Dealing with expectations of ourselves and others."** Dealing with other people's feelings and concerns can raise anxiety, especially if we feel that people want us to "move on" or "be happy again."

See Niles, page 18

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Maine Twp. Seniors Plan Summer Trips, Classes and More

Pain Relief

Friday, Sept. 7, 10 to 11:30 a.m. Facilitator: Om Johari. No charge - Registration required.

Meditation is highly effective in reducing pain levels, calming anxiety, and will help with pain control and healing on a number of levels. Come and learn.

Savings Bonds

Wednesday, Sept. 19, 10 to 11 a.m. No charge - Registration required.

Savings bonds are known to be conservative, safe investments. Paul Cook, a savings bonds specialist, will explain

how to avoid any pitfalls with bonds.

The Older and Wiser Driver

Tuesday, Sept. 25, 10 to 11 a.m. No cost - Registration required.

This program will help you understand how aging affects your ability to drive safely, how important vision is to driving, what types of medications can affect your driving and what you can do to adapt.

5 Township Job Fair

Thursday, Sept. 27, 10 a.m. to 12 noon. The Cotillion, 360 Creekside Drive (Rt. 53 and

Northwest Hwy.), Palatine.

Looking for employment? Don't miss this award winning event for people 50 and older. Meet potential employers and apply for positions available. Be sure to bring plenty of résumés. For more information call 847-297-2510 Ext. 240 or visit www.5townshipseniorjob-fair.com.

We need you

In order to offer FREE Income Tax assistance to our members, we need volunteers to make a commitment to volunteer at least 4-hours a week during the tax season. Training

provided. Please contact Mary Swanson at 847-297-2510 for more information.

Day Trip

The following Day Trip is currently on sale. In order to sign up for a Day Trip you must first sign up to be a member and then a reservation form will be sent to you. To become a member, call the Maine-Streamers at 847-297-2510 and ask for an application. All Day Trips depart from Golf Mill Mall in Niles.

Exploring Lake County Trip

Long Grove, Vernon Hills

and Wauconda. Tuesday, Oct. 2, 9:15 a.m. to 5:30 p.m. \$39 members/\$44 guests.

Explore our northern neighbor as we start at the Long Grove Confectionary. We will tour their facility and have time to shop in their outlet store. Lunch will be at Dover's Straits, where you will have a choice of Filet Mignon, white-fish or French fried shrimp. All entrees are served with soup, salad, potato, vegetable and dessert. Then we'll visit the Lake County Discovery Museum and enjoy the beautiful forest preserves.

Bridge Lessons

The Morton Grove Senior Center offers a new eight-week series of Bridge Lessons on Thursdays from 9:30 to 11:30 a.m. beginning Sept. 13. The Lessons are taught by Mr. John Krelle who will help students improve their game and learn new tactics, while meeting friendly players. Register in-person at the Senior Center at a cost of \$57 for Senior Center Members and \$66 for non-members.

"Two for the Road" Concert

This musical duo is back by popular demand to entertain with singing and acoustic guitar at the Morton Grove Senior Center at 1 p.m. on Monday, Sept. 17. Register in-person at the Senior Center at a cost of \$4 for Members and \$5 for non-members. There must be a minimum of 15 people registered.

Visually Impaired Motivators

The Morton Grove Visually

Impaired Motivators is a low vision support group for seniors with macular degeneration and other degenerative eye diseases and their families. Their next meeting will be at 9:45 a.m. on Tuesday, Sept. 18 in the Morton Grove Senior Center. They discuss everyday problems of living with low vision and possible solutions, exchange ideas on the latest technology and assistance devices available, and share what has worked for them individually. For more information please call Richard Englund at 847/965-8517.

'Oh My Aching Feet!' Lecture & Screening

Dr. Mark Neamand, will discuss foot health, foot problems, diabetic foot care, and foot surgeries as well as provide free foot screenings at this program beginning at 1:30 p.m. on Wednesday, Sept. 19 in the Morton Grove Senior Center. Please register for this program by calling the Morton Grove Senior Hot Line at 847/470-

5223. There must be a minimum of 20 people registered.

'Edizon Dayao' Performance

Edizon Dayao will entertain at the Morton Grove Senior Center with his music and vocals at 1:30 p.m. on Monday, Sept. 24. Edizon has been involved with music since the age of five and performs over 700 shows per year throughout the Chicago area. This popular show is sure to be a crowd pleaser. Register in-person at the Senior Center at a cost of \$6 for Senior Center Members and \$7 for non-members. There must be a minimum of 15 people registered.

Immigration and Ellis Island Program

Donna Horwitz will guide this visual tour of Ellis Island with stops at the Ferry System, Registry and Baggage Rooms, the Interview Process and the Immigrants themselves. The presentation includes oral histories and quotes from

Immigrants and a view of Ellis Island today. The program begins at 1:30 p.m. on Wednesday, Sept. 26 in the Morton Grove Senior Center. Register in-person at the Senior Center at a cost of \$5 for Senior Center Members and \$6 for non-members. There must be a minimum of 15 people registered.

Laughter & Meditation Programs

Enjoy either or both of these free classes at the Morton Grove Senior Center on Friday, Sept. 28. The "Laughter" Program will be held from 9:30 to 10:30 a.m. followed by the "Meditation" Program from 10:30 to 11:30 a.m. Register by calling the Senior Hot Line at 847/470-5223. There must be five people registered for each class.

'The Weighting Game'

"The Weighting Game" - a musical by the North Shore Players, is coming to the Morton Grove Senior Center on Sept. 28, 29, 30, and October 3, 5, 6, and 7. This

Come One Come All to the NILES SENIOR CENTER'S 5th Annual Flea Market 45 Stands on Display \$2.00 Hot Dog Lunches will be available. Raffle Prizes will be won! Sept. 15th, 9:00am-1:00pm

Questions? 847-588-8420 ask for Jaymi 999 Civic Center Drive Niles, IL 60714



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Obituaries

Allen Edward Homme, 59

Allen Edward Homme, 59, of Bolingbrook (formerly of Westmont) passed away Friday, August 24, 2007 at Edward Hospital, Naperville. He was born February 4, 1948 in Hinsdale, IL. Beloved son of the late Franklin, Sr. and the late Grace Homme. Loving father of Michelle Lee Homme of Niles and Patricia Irene Homme of Bolingbrook. Brother of Diana Lynn Homme Purcell of California, Ronald (Kathy) Homme of Missouri and Franklin B. Homme, Jr. of Westmont. Grandfather of Laine Nichole Homme. Uncle of nieces and nephews. Services were private. Arrangements handled by Toon Funeral Homes. Interment at Abraham Lincoln National Cemetery, Elwood. He was a U.S. Army Veteran of Vietnam. He was employed as a security guard. Memorials: St. Jude's Children's Hospital, 501 St. Jude Place, Memphis, TN 38105-1942.

Craig R. Karas, 57

Craig R. Karas, 57, of Morton Grove, passed away Monday, August 27, 2007 at Lutheran General Hospital. He was born May 14, 1950 in Chicago. Beloved son of Robert Karas and Shirley (nee Heinrich) Karas. Loving father of Craig R. Karas, Jr. Services were held August 31, 2007 at Simkins Funeral Home. Arrangements handled by Simkins Funeral Home. Cremation. He was a banker and Director of Morton Grove Emergency Services Disaster Agency (E.S.D.A.) for past 17 years.

June S. Marschalek, 82

June S. Marschalek, 82, of Batavia (formerly of Morton Grove) passed away Wednesday, August 29, 2007 at Michaelson Health Center. She was born June 6, 1925 in Dallas, TX. Beloved wife of George Marschalek. Loving mother of Gregory (Anita) and Douglas (Sharon). Grandmother of Daniel, James (Courtney) and Nicole. Services were held September

1, 2007 at St. Isaac Jogues Church. Arrangements handled by Simkins Funeral Home. Interment at All Saints Cemetery. She was a housewife and longtime member of the Morton Grove Women's Club, Morton Grove Women's Club Bowling League and Golf Club. Memorials: The Alzheimer's Association, 4709 Golf Rd., Suite 1015, Skokie, IL 60076.

William L. Neuson, 77

William L. Neuson, 77, of Morton Grove, passed away Thursday, August 30, 2007 at Glenview Terrace Nursing Home.

He was born December 19, 1929 in Chicago. Beloved husband of Mary Ann (nee Ulrich) Neuson. Beloved father of David (Bridget) Neuson and Lisa (John) Urbanski. Brother of Jean Stanonis. Grandfather of William, Daniel and James Neuson and John and Eloise Urbanski. Services were held September 4, 2007 at Simkins Funeral Home. Arrangements handled by Simkins Funeral Home. Interment at Ridgewood Cemetery,

DesPlaines. He was in Quality Control. Memorials: Rainbow Hospice, 444 N. Northwest Hwy., Suite 145, Park Ridge, IL 60068.

Laura Rector, 91

Laura Rector, 91, of Niles, passed away Thursday, August 23, 2007. She was born December 2, 1915 in Chicago. Beloved daughter of the late Albert Tomaszek and the late Josephine (nee Barabasz) Tomaszek. Beloved wife of the late Clyde L. Rector. Cherished mother of Susan (David) Laub of Skokie, Marsha (the late Michael) Calabrese, the late Nancy (Dr. Joseph) Misulonas and the late Cynthia (Michael) Harnack. Grandmother of 13. Great grandmother of 10. Sister of Victor (the late Mary) Tomaszek and George (Takako) Tomaszek. Services were held August 28, 2007 at St. John Brebeuf Church. Arrangements handled by Skaja Terrace Funeral Home. Interment at St. Adalbert Cemetery. She was a department store sales clerk.

Niles

continued from page 16

Workshop #3, September 26 – "Adjusting to a different lifestyle." At this workshop we will explore the stress of living alone and ways to adjust to new

social roles and responsibilities.

Please call Bev Wessels, MSW, LSW, ACSW, or Melanie Amin, LCSW, at (847) 588-8420 for more information. This program is offered at no cost, but enrollment for this workshop is necessary.

Niles Senior Center First Annual Variety Show

Thursday, September 20 5:30-8:00 p.m. \$2

It's spectacular! It's amazing! It's the Niles Senior Center Variety Show featuring a delightful array of performances. All are welcome. Refreshments will be served following the show. \$2.

Secret Chicago

Tuesday, September 25, 9 a.m.-3:30 p.m. \$57

We'll start the day with a snack at Superior Nut Company where you will have an opportunity to stock up on all kinds of goodies. Then we'll have a hearty lunch at an Italian restaurant in Chinatown (of all places). Then we're off to visit a Buddhist temple in Bridgeport followed by a trip over to Pilsen to see the beautiful artwork and enjoy a fabulous dessert. A professional tour guide will be accompanying us on this wonderful trip.

Morton Grove

continued from page 17

Sudoku Classes

Sudoku, the number logic puzzle involving the digits one through 9, is a great brain exercise for people of all ages. Two free classes will be held at the Morton Grove Senior Center at 9:30 a.m. with a second class following at 11 a.m. on Tuesday, Oct. 2. Register by calling the Morton Grove Senior Hot Line at 847/470-5223. There must be five participants registered.

Skokie Theatre Music Foundation

Join the Morton Grove Senior Center for a musical afternoon of popular jazz standards from the 1930s, 40s, 50s and 60s. This performance will feature the Bob Aciri Orchestra at the old Skokie Theater. The bus leaves the Senior Center at 12:45 p.m. on Wednesday, Oct. 10 and returns at 3 p.m. Register in-person at the Senior Center at a cost of \$7 for Senior Center Members and \$8 for non-members. There must be a minimum of 10 people registered.

Word Processing Part 2' Class

Join the Morton Grove Senior Center for the "Word Processing Part 2" class to be held from 10:30 a.m. to 12:30 p.m. on Saturday, Oct. 6. Register in-person at the Senior Center before Sept. 19 and pay a reduced cost of \$5

ANTIQUES

'Mr. Ed' worth more if he speaks French

By Anne McCollam
COPLEY NEWS SERVICE

Q: The "Mr. Ed" puppet seen in this photo is in the original box and has never been opened. Pulling a string makes him move his mouth and talk. He says 10 phrases and has a mane made of yarn.

Can you tell me when he was made and what he is worth?

ANTIQUE OR JUNQUE

A: "Mr. Ed" was a television show in the early 1960s that featured a talking horse. The show was so popular that it generated a variety of toys that included games, records and books. "Mr. Ed" must have been a real trouper, it has been said that he often did his scenes in one take.

Mattel Toy Co. made your puppet in 1962 and its value would probably be \$200 to \$250. They also made one that spoke French that has collectors kicking up their heels just to buy one for at least \$1,000.

Q: This mark is on the bot-

tom of a porcelain vase I have. My vase stands taller than 8 inches and is decorated with gold glaze that has a floral pattern. It is in perfect condition.

What can you tell me about its age, the manufacturer and its value?

A: Pearl China Co. located in East Liverpool, Ohio, used the mark you provided. The firm was an outlet and sold pieces of china that were made by several other companies. Homer Laughlin China Co. in Ohio was one of the factories they had contracts with.

Your vase was made in the early 1900s and chances are it was made by Homer Laughlin China Co. Its value would probably be \$75 to \$125.

Q: Could you please give me an idea of the value of my set of porcelain that we bought in the 1960s? Each piece is

marked "Wedgwood Bone China - Made in England - Asia - R4310." The set consists of eight each dinner plates, luncheon plates, side plates, cups, saucers, seven soup bowls, six dessert bowls, and one platter. The dishes are decorated with a white Greek key pattern on green rims and

white backgrounds.

Also, I would like to find a business that sells replacements.

A: Wedgwood China Co. in England made your dinnerware. The pattern is "Asia" and the number "R4310" also identifies the pattern that was made from 1962 to 1976. Because there are missing dishes, you technically have a service for six set of dinnerware.

Replacements Ltd. and the Silver Queen are two well-known replacement firms. That should get your search started.

The value of your set would probably be \$1000 to \$1500.

Book Review

"Country Living: American Glassware - What Is It? What Is It Worth?" (House of Collectibles, \$19.95) is a colorful guide to glassware. It was written by well-known antiques and collectibles experts, TV hosts, and columnists, Helaine Fendelman and Joe L. Rosson. They present everything you want to know

about American glass from its golden age to the present. There are more than 100 color photos and illustrations of blown and blown-molded glass and pressed glass.

Each example is showcased with a photo, described in detail, its provenance explained, and value appraised. Fendelman and Rosson have provided the history of American glassware, a glossary of terms, and descriptions of important styles and manufacturers. They also clearly explain the meaning and significance of fair market value and insurance replacement value.

If you've always wondered about your vintage glassware, this glossy guide will provide a wealth of information to solve the mystery.

Address your questions to Anne McCollam, P.O. Box 247, Notre Dame, IN 46556. Items of a general interest will be answered in this column. Due to the volume of inquiries, she cannot answer individual letters.

National Civil War Show & Sale September 15

Wheaton, IL – "It's back by popular demand and Sold-Out!" Stated Bob Zurko promoter of Chicagoland's National Civil War Show & Sale.

1000's of Fabulous Artifacts from the "Great Civil War" of our Country will be offered for sale to collectors and connoisseurs. Over 300 tables of vintage firearms, medals, uniforms, books, ribbons, tokens, historical autographs, coins tinctures, civil war era jewelry, drums, photos and

much more!

In addition to the 1000's of Civil War items for sale and investment there will be native American artifacts, plus Revolutionary and Spanish American war memorabilia for sale.

The history of America's rich heritage can be viewed on the 100's of tables of historical artifacts for sale.

Of special interest at this show will be internationally acclaimed sculptor of portrait, figurative and wildlife

subjects, Bruce B. Everly, Sr. His bronze sculptors will be on display and he will create one during the show and does commissioned sculptors.

Richard Bezdek, author of over five books on Swords and Sword makers will be on hand to autograph his books.

Civil War artillery will be available for viewing. All in all, this will be an exceptional showing of great historical

artifacts for sale.

Show hours at the DuPage County Fairgrounds (County Farm and Manchester) will be Saturday, September 15th from 9 a.m. to 4 p.m. for only \$7.00. Children 16 and under are free with an adult. Free Parking. For additional information contact Zurko's Midwest Promotions: 715-526-9769 or visit their website at: www.zurkopromotions.com or email at zurko@frontier.net.

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Thursday, September 20, 2007

6:00 pm to 6:30 pm – Refreshments, tours
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Plop, plop, fizz, fizz. Oh, what a collectible it is!

By Linda Rosenkrantz
COPLEY NEWS SERVICE

For collectors of "advertisements," there are certain seminal characters, most of which have appeared in print ads, on television, and in three dimensional form. Among the favorites are the Jolly Green Giant, Charlie the Tuna, Tony the Tiger, the Pillsbury Doughboy, the Energizer Bunny, Mr. Clean, Reddy Killowatt - and Speedy Alka Seltzer.

Speedy is a spunky red-headed boy with a dazzling white grin and almost Howdy Doody-like ears. His body is a round Alka Seltzer tablet. He wears another tablet as a hat, labeled Speedy, and wields an "effervescent" wand.

Speedy was created in 1951 for Miles Laboratories by commercial artist Bob Watkins for his World War II army buddy Chuck Tenant, who had the Miles account at the Wade Advertising firm in

Chicago. Watkins whipped up the character originally called Sparky in about three hours. A 6-inch prototype model was sculpted by Duke Russell, and by 1952 the promotion was in full swing.

Speedy first appeared in a 1952 women's magazine advertisement. That was followed by more than 200 TV commercials over the decade from 1954 to 1964, featuring the deathless jingle, "Plop, plop, fizz, fizz, oh what a relief it is," in the high-pitched voice of 24-year-old actor Dick Beals, who won out over 200 other auditioners. The concept was created by Paul Margulies, father of actor Julianna Margulies, and the tune composed by Tom Dawes. Miles Laboratory invested more than \$8.5 million a year on Speedy, making it the largest investment of any single advertising campaign in that era.

When Speedy was retired in the 1960s - he made

return appearances for the U.S. Bicentennial and the 1980 Winter Olympics - he was replaced by such campaigns as "I can't believe I ate the whole thing!"

The Miles Laboratory Co. had been in business since 1884. It was launched in Elkhart, Ind., by Dr. Franklin Miles. A general practitioner, he also made and sold tonics such as "Restorative Nervine."

Alka-Seltzer's combination of aspirin, baking soda and citric acid, came into being as a direct result of a severe 1928 flu epidemic, during which it came to the attention of A.H. "Hub" Beardsley, then president of Miles Laboratories, that no one on the staff of the local newspaper had fallen victim to flu after the paper's editor provided them with the novel combination of aspirin and baking soda.

Beardsley asked Miles Laboratory chief chemist Maurice Treneer to devise an effervescent tablet based

on that simple formula, to which he added citric acid, magnesium, calcium, and phosphate. It was introduced in 1931 and marketed as a cure-all for the relief of heartburn, acid indigestion, hangovers, headaches and other aches and pains, and even the "blahs." It was first advertised on radio in 1932 with the announcer exclaiming, "Listen to the fizz!"

For the collector, there is a rich lode of material produced during Speedy's heyday. Especially sought after are:

■ An 8-inch-tall vinyl display figures made for drug-store counter displays and other display items, some made of latex (one of the latter was recently priced at an optimistic \$4,000-\$5,000).

■ A 5½-inch soft vinyl bank in two versions, with and without the word "bank" below the coin slot; an unusual 1950s chalk string holder, the string

dangling from the mouth like a piece of dental floss.

■ Bobblehead dolls, particularly the 7½-inch, black-and-white version, of which only 200 were made. Note: there is also a widely available recent "Wacky Wobbler" bobblehead Speedy made by Funko in 2003.

Smaller, more affordable objects include early full-color pin-back buttons, an enameled brass figurine, yo-yos featuring the jovial little lad, as well as print ads. In addition there were several items issued in Spanish, with Speedy translated as Pron-Tito.

Linda Rosenkrantz has edited Auction magazine and authored 15 books, including "The Baby Name Bible" (St. Martin's Press; www.babynametable.com). She cannot answer letters personally.

Visit Copley News Service at www.copleynews.com.

Elvis album houses colossal hits, not bucks

By Anne McCollam
COPLEY NEWS SERVICE

Q: I have an old Elvis Presley 45 RPM record that I purchased in the 1950s. Enclosed is a photo of the paper record cover. One side of the record is the song "Jailhouse Rock" and the flip side is "Treat Me Nice." The corner of the cover is damaged but the record is in very good condition. What can you tell me about my record?

A: Your record was released on Sept. 24, 1957 to coordinate with the opening of Elvis Presley's motion picture "Jailhouse Rock."

Both sides of the record were colossal hits and remained on the charts for weeks. Over the past five decades "Jailhouse Rock" has been recorded by more than a few artists from ABBA to ZZ Top.

Your record would probably be worth \$20 to \$25.

Q: This mark is on the bottom of a pitcher that has been in my husband's family for years. The pitcher stands 8 inches tall and is in excellent condition. It is decorated with men wearing long cloaks and some are carrying lanterns. On one side are the words "1st Watch - This Man - Sir - Said That Don John - the

Prince's Brother - Was a Villain." Also on the inside of the top are the words "Doc Berry's Watch."

Anything you can tell me about it and its value will be appreciated.

A: You have an example of the Night Watchman series that was made by Royal Doulton in Staffordshire, England. They have produced earthenware, stoneware, and porcelain since 1853. The series was introduced in 1901 and depicted scenes of night watch men on duty.

Your pitcher was made around 1901 and would probably be worth \$225 to \$325.

LIFE



The Brown Bag Challenge

Healthy Organic Choices Make Packing Nutritious School Lunches Simple

FAMILY FEATURES

Making a great school lunch is no longer a simple matter of slapping together a PB&J on white, tossing in a bag of chips and adding a juice box. Add the concern of keeping packed lunches healthy to the age-old challenge of satisfying picky eaters, and parents today face quite a dilemma.

Luckily, pleasing finicky eaters while still keeping lunches wholesome just

requires a little creativity. Call it thinking out of the bag.

Opting for organic one-percent or skim milk instead of sugary juice drinks; making sandwiches with whole wheat bread, lean lunch meats and low-fat cheeses; always including a serving of fruit; adding fresh vegetables to pasta salads or side dishes - these all are excellent strategies for packing a healthful and tasty lunch.

"What we give our children

to eat today helps determine their future health," says Terese Allen, food editor at Organic Valley. She encourages parents to look at school lunches as a wonderful way to instill healthy lifestyle behaviors in their children.

"Childhood is when eating habits are formed. If healthy choices are made, we stand a good chance of reducing our kids' risk of heart disease, diabetes, obesity and other diseases."

String Cheese 'Slaw'

Makes: 6 to 8 servings

Pack this unusual and fun side dish in a sack lunch with a sandwich or wrap. For added color and nutrition, add sliced sweet red peppers.

1 package (6 ounces) Organic Valley "Stringles" String Cheese

1½ cups carrot matchsticks (or shredded carrots)

3 tablespoons chopped basil, cilantro or parsley

4 teaspoons fresh lemon juice

2 teaspoons olive oil

Freshly ground black pepper

Pull threads of cheese off each string cheese stick (not too thin). Toss with carrots, basil, cilantro or parsley, lemon juice and olive oil. Add pepper to taste. Toss the "slaw" in its container once more before putting it in your child's lunchbox. Serve at room temperature or chilled.

Recipe Courtesy of Terese Allen for Organic Valley Family of Farms

Pasta with Greens
and Feta, page 22

COOK'S BOOKS

'The Ethical Gourmet' brings green to the kitchen

By Lisa Messinger
COPLEY NEWS SERVICE

"The Ethical Gourmet" by Jay Weinstein (Broadway, \$18.95).

If you feel ignorance is bliss when it comes to your knowledge about the foods you eat, then "The Ethical Gourmet" is probably not the book for you. It's a thinking person's bible for selecting foods that nourish not only you, but the environment, too.

Jay Weinstein, who combines a degree from the Culinary Institute of America with one in journalism from New York University and has penned cookbooks as well as food articles for the New York Times and Travel & Leisure, lets no morsel pass his lips unchecked and feels you should do the same.

"Flavor, freshness, and overall quality of food are rising. It's easier than ever to buy ingredients that don't despoil

the environment, exploit endangered wildlife, or create undue suffering in the world," Weinstein writes optimistically. "We have all heard of the rain forests that are continually disappearing, the rivers that are being polluted, and the acid rain that is harming our very being. But most of us are so overwhelmed by the magnitude of the problems that we just throw up our hands when it comes to trying to help solve

See Cook's Books, page 22

The Ethical Gourmet | How to Enjoy Great Food That Is Humanely Raised, Sustainable, Nourishing, and That Replenishes the Earth Jay Weinstein



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FDIC

Film Close-Up Samuel L. Jackson

By Joey Berlin
COPLEY NEWS SERVICE

Here is a good bar bet. Can you name the actor who appeared in the most films in the 1990s? With roles in 43 movies, the busiest actor of that decade was Samuel L. Jackson. And he is not very far off that pace in the new millennium.

Jackson's 27th film this decade is "Resurrecting the Champ," a crowd-pleasing sports-themed character piece from director Rod Lurie. The 58-year-old Washington, D.C.-born actor plays a broken-down, homeless boxer, a champ long thought to be dead. Jackson's co-star is Josh Hartnett, who plays a sports journalist writing about the champ's hard-luck tale. The story revives Hartnett's career, until doubts arise about its authenticity.

"Resurrecting the Champ," a film about truth, values and family relationships, has earned Jackson strong praise from critics and generated considerable

buzz. Naturally, Jackson has several more projects on deck starting with "Cleaner," a thriller due out later this year about a guy who mops up crime scenes. And he has three films lined up for 2008, including the science fiction adventure, "Jumper." Jackson is also an avid golfer and as busy as he is, he always finds time to hit the links.

Q: You changed the sound of your voice in "Resurrecting the Champ," and it sounds like there is a lot of life experience in Champ's voice. How did you develop it?

A: Actually that's my grandfather's voice, sort of at the end of his life. He would talk in that high pitched whisper and I was always going, "What did you say?" and leaning in. It always made me get closer to him. So I figured if I did that, I could make people lean in. I actually made a lot of people on set lean closer to listen, so I figured an audience would have to sit up and pay attention to what



Champ says.

Q: Champ has some profound things to say. But it is as though he is saying them to himself, because he doesn't think anybody is actually listening to him.

A: Yeah, exactly. Well most of the time, nobody is listening to him. I mean, I was looking at a guy the other day, I was sitting

at a red light watching a guy cross the street in Beverly Hills, talking to himself. You know, we have conversations with ourselves all the time. We just don't have them out loud. We call it our inner voice, our inner monologue. But we think about stuff. We call them thoughts, but they're conversations. They just happen to happen nonverbally.

Q: Is Champ simply a liar, or is there more to his character than that?

A: Well that's the really great challenge of what was happening there, for me. When I looked at the character there was all this stuff, a very rich life. On the surface there's this guy who's the No. 3 heavyweight challenger in the world, which is a very high place to be, and now he's in this very low place. And then as the story unfolds we come to find out that this guy has been living in a space that's not his, for a very long time. And he's done it for so long and said it for so long that if you pretty much gave him a lie detector test, he'd pass it. He's forgotten there's this other guy in there that's very worthwhile also.

Q: Your performance is very physical. Almost all the time you are on-screen you are practically exercising.

A: It was great. You know, it gave me something to do. And plus, I was trying to quit smoking at that time and it wasn't working. The one thing you can't do is smoke while you're trying to quit, even if you're playing a character who theoretically smokes cigarette butts. You still end up smoking. It's bothersome.

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ShowTimes for September 7-13, 2007

3:10 TO YUMA (R) 1:10, 4:00, 6:50, 9:40; Fri-Sun Early Matinee 10:30am
SHOOT 'EM UP (R) 2:20, 5:00, 7:30, 9:50; Fri & Sat Late Show 11:45
DEATH SENTENCE (R) 12:50, 3:40, 6:30, 9:10;
Fri-Sun Early Matinee 10:10am
HALLOWEEN (R) 1:30, 4:15, 7:00, 9:45; Fri-Sun Early Matinee 10:40am
BALLS OF FURY (PG-13) 1:20, 4:10, 6:40, 9:00;
Fri-Sun Early Matinee 10:50am
MR. BEAN'S HOLIDAY (G) 1:00, 3:30, 6:10, 8:20, 10:30;
Fri-Sun Early Matinee 10:20am
THE NANNY DIARIES (PG-13) 1:40, 4:20, 6:45, 9:20;
Fri-Sun Early Matinee 10:15am
WAR (R) 2:00, 4:30, 7:10, 9:30; Fri-Sun Early Matinee 11:30am
SUPERBAD (R) 1:50, 4:40, 7:20, 10:00; Fri-Sun Early Matinee 10:45am
RUSH HOUR 3 (PG-13) 1:15, 3:50, 6:20, 8:30, 10:45;
Fri-Sun Early Matinee 11:00am
THE BOURNE ULTIMATUM (PG-13) 2:10, 4:50, 7:45, 10:20;
Fri-Sun Early Matinee 11:15am
JULY 4 (NR) Special Engagement Friday & Mon-Tues 1:00, 4:00, 7:00, 8:45;
Sat & Sun: 12:30, 3:30, 6:30, 9:30;
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Showtimes for September 7-13, 2007

Friday, September 7

3:10 To Yuma (R) 4:30, 7:30
Once (R) 5:00, 7:00, 9:00
La Vie En Rose (PG-13) 5:00, 8:00
The Nanny Diaries (PG-13) 4:00, 6:30, 8:45

Saturday, Sunday

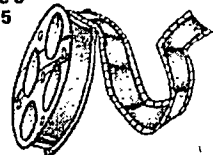
September 8, 9
3:10 To Yuma (R) 2:15, 4:30, 7:30
Once (R) 1:30, 5:00, 7:00, 9:00
La Vie En Rose (PG-13) 1:30, 5:00, 8:00
The Nanny Diaries (PG-13) 1:15, 4:00, 6:30, 8:45

Monday thru Thursday

September 10 thru 13
3:10 To Yuma (R) 4:30, 7:30
Once (R) 5:00, 7:00, 9:00
La Vie En Rose (PG-13) 5:00, 8:00
The Nanny Diaries (PG-13) 4:00, 6:30, 8:45

\$4 movies before 5

\$6 movies after 5



Pasta with Greens and Feta

Makes: 8 servings This savory pasta recipe is easily doubled for a delicious dinner—with plenty of leftovers for kids' lunchboxes.

1 cup penne pasta
2 tablespoons extra-virgin olive oil
1 cup diced onion
1 clove minced garlic
2 cups lightly packed spinach, washed and chopped
1/4 cup water
2 1/2 teaspoons lemon juice
1/4 teaspoon ground black pepper
1/2 cup Organic Valley Feta Cheese Crumbles
Bring a large pot of salted water to a boil. Stir in the pasta and return to a boil. Cook until

pasta is barely tender. Drain and set aside.

Heat olive oil in a large skillet. Add onions and sauté until lightly browned. Add garlic and cook 2 minutes, taking care not to burn it. Add spinach and water, cover the skillet and cook for 3 more minutes. When spinach has wilted, add pasta and toss to heat through.

Add lemon juice and pepper and toss again. Top with feta cheese and serve hot, warm or at room temperature.

Recipe adapted from Lunch Lessons: Changing the Way We Feed Our Children, by Ann Cooper and Lisa Holmes (Collins, 2006).

For more organic recipes, visit www.organicvalley.coop.

Cook's Books

continued from page 21

them. This book is written in the belief that if each of us does his or her part we can make a difference, and the world will be a better place for it."

Weinstein gives clearheaded, straightforward information about everything you may have heard briefly about or wondered about, including:

■ Free-range chicken. Advocates hate the fact that most mainstream chickens live in darkness in cages their whole lives with the excrement of other chickens dropping

ping on them. Having free range on the farm, as poultry did until recently, prevents cruelty, and, says Weinstein, a chef at top New York City restaurants, means meat is actually much softer with "an intensity of flavor in a worked chicken thigh that far exceeds what a flaccid thigh can attain."

■ Eating local. How restricting your buys to foods produced and transported locally can make a huge environmental difference.

■ As has been in the news lately, Weinstein recommends drinking tap water over bot-

tled counterparts, whose plastic containers could remain in landfills for thousands of years.

■ Genetically modified foodstuffs. What might surprise some is that Weinstein and other advocates recommend supporting "responsible development of genetically modified foodstuffs to reduce pesticide abuse and deforestation."

Even for those who might skim the many informational sections rather than become true experts, Weinstein's recipes should provide plenty of pristine food for fodder.

BUGLE KIDS

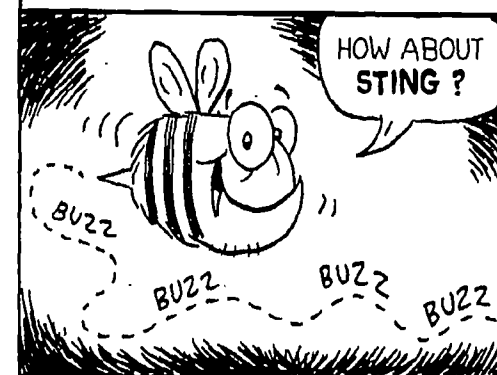
By J.R. Rose - Copley News Service

DRAW IT!

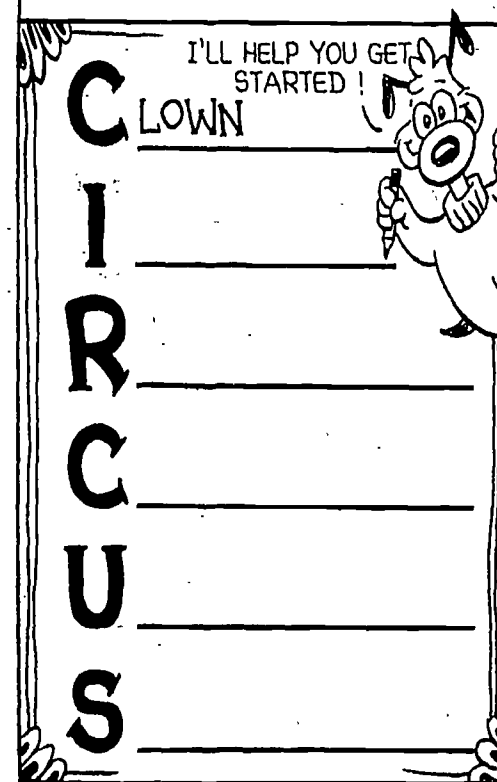
DRAW
A TRAPEZE
FOR ME
TO GRAB...



GIVE ME 5 RHYMES FOR
SWING...



WRITE A WORD THAT STARTS
WITH EACH OF THE LETTERS
IN CIRCUS...



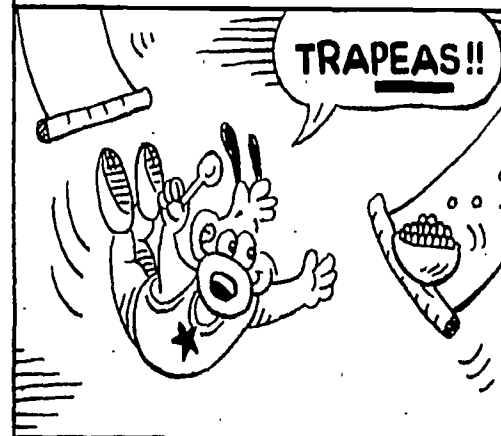
I'M A CIRCUS DOG TODAY,
IN THE AIR I LIKE TO PLAY!
JOIN THE DOTS AND SEE WITH EASE
I WON'T FALL, THERE'S A TRAPEZE!



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ANIMAL ON THE SEEN

Incredible Jumpers from Down Under

When it comes to the best jumpers in the animal kingdom, it's hard to top kangaroos. These Australian mammals have risen to great heights. They move by bouncing on their big feet and their powerful hind legs. They balance their body on their long, thick tail while jumping. Kangaroos can hop at speeds up to 40 mph and can leap over obstacles up to 10 feet high. A large kangaroo can cover a distance of 30 feet in a single—a feat that would even make Superman jealous!

Staying with the subject of feet... did you know that kangaroos have four toes? Two of them are really big and bear all their weight when bouncing. The other two are stumpy and used only for grooming—sort of like a built-in comb.

Adult male kangaroos could put boxer Mike Tyson to shame. They box to determine dominance, with the strongest male becoming the head of the group, called a mob. During a "boxing match," the 'roos lock forearms and kick with their giant clawed feet. Luckily, the skin on their belly is twice as thick as other parts of the body to help protect them during fights, which can get pretty intense.

Kangaroos are marsupials, which means the babies, known as joeys, live and develop in their mother's pouch. When born, joeys are the size of a jelly bean. They must use their partially developed arms to crawl in the safe pouch. Joeys are in the pouch approximately 9 months. The keepers at Brookfield Zoo may notice pouch development and movement at 3 months. The first sight of a joey (not necessarily head first) is at 6 months, and by 8 months the joey will be venturing in and out of the pouch.

Brookfield Zoo has eight male and six female kangaroos. Stop by the overlook platform just south of Australia House to see the mob in its outdoor yard.

Contents are courtesy of the Chicago Zoological Society, which operates Brookfield Zoo. Interested in getting fun info delivered directly to your inbox? Check www.BrookfieldZoo.org/Ani-Mails for info on FREE emails.

Grammar Matters

by Patty Gibbons Saunier

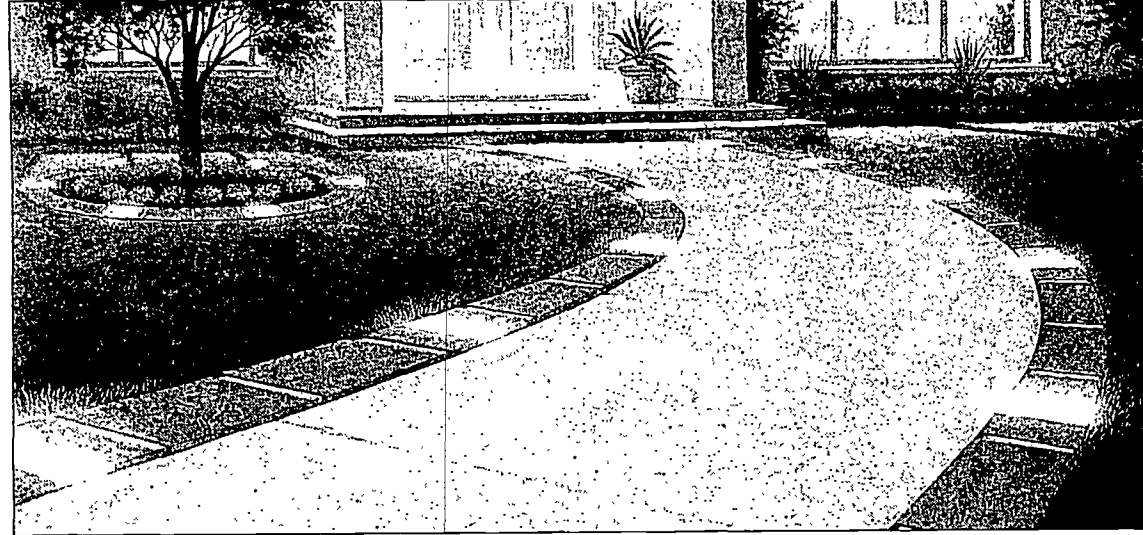
Pick the Pronouns

Choose the correct pronouns in the parentheses below.

1. Don't ask Tanya and (I, me) any more questions.
2. The Smiths hired Dave and (he, him) to cut their lawn.
3. The wedding present is from my husband and (me, I).
4. Paul and (him, she) missed the bus this morning.

Answers: Whenever you have to choose a pronoun that is paired with another name in the sentence, imagine that the name isn't there. Choosing the correct pronoun will become much easier.
1. me (Don't ask me any more questions.)
2. him (The Smiths hired him to cut their lawn.)
3. me (The wedding present is from me.)
4. she (She missed the bus this morning.)

Copley News Service



Sprucing Up Your Lawn While Keeping Costs Down

By Maggie Reed
COPLEY NEWS SERVICE

So, you want your lawn to look like it was done by a professional but you're really not up to paying those prices?

The Quick Series mowers by Better Outdoor Products may be your answer.

Just launched is the Quick 44 Samurai, the newest in a series of commercial-grade, walk-behind mowers.

Inspired by the Quick 36, the new Samurai offers all the easy-to-use features of the original with a 16 HP Kawasaki KAI engine and a new 44-inch cutting width.

The fabricated, swept-tunnel Quick 44 mowing deck runs a blade tip speed of 18,600 feet per minute, making it one of the cleanest cutting mowers ever.

All versions of the Quick-series mowers (they offer five models) include hydrostatic drive and electric starting combined in a lightweight and compact design. And, all are designed to provide

professional quality yard work yet are affordable for the homeowner or small landscaping contractor.

And the company gets it to you at a lower cost.

Better Outdoor Products represents an emerging trend of companies delivering professional-grade specialty equipment directly to their end-user customers.

"Instead of investing money into expensive layers of distribution, Better Outdoor Products has instead chosen to spend money on the product itself," said Gary Patridge, a 30-year veteran of the outdoor power equipment industry.

"It's a distinction that Better Outdoor Products' customers have embraced with great enthusiasm," said company owner Patridge.

The Quick-series mowers offer intuitive controls that provide novice or experienced operators complete control.

The Quick 44 Samurai is light and easy enough for beginners,

yet work for professionals as well. The mower retails for \$2,995, plus shipping.

For more information on all Better Outdoor Products, call 866-290-7295 or visit www.betteroutdoorproducts.com.

Lighted Landscape Ahead

Hedge, edge and light ... all without tools or electricity.

Sounds like a homeowner's dream come true. "Let's Edge It" is a simple product that provides edging and lighting in one. And, requires no tools.

The kit is a set of realistic plastic bricks that just snap together. Solar lights are built right into the bricks so you can forget about confusing electrical wiring. Swivel action connectors allow straight or curved designs so you can line a sidewalk or encircle a flower bed, tree or curved walkway.

The system has built-in spikes on the bottom of the bricks that allow them to be placed, and held, with no digging, mortar or heavy lifting.

Phlox of Flowers

By Jeff Rugg
COPLEY NEWS SERVICE

Q: In the springtime, along the roadside near my house, there were some phlox plants blooming. I kept track of them and now I see they have long seed pods. I collected a few pod's worth of seeds, but I am not sure what to do with them. Do I plant them now or wait until spring?

A: The best thing to do when planting wildflower seeds is to do the same thing that nature is doing with them. Since they are still on the plant along the roadside, you can just store them too. If they drop out of the seed pods in the fall, then plant them this fall. If they stay until spring, then plant them in the spring. If the winter weather is cold and the seeds aren't planted, you will also need to mimic the cold weather by placing the seeds in your refrigerator.

Typically, plants that bloom in the spring will have seeds that have little or no dormancy period and they should be planted immediately after collection to get a full-sized plant before fall. Plants that bloom in the summer or fall will have seeds that require a cold dormancy period before the seeds sprout in the spring.

Now I must also mention that there are about 70 species of phlox in the U.S. Many are rare and found only in a single state, or even in a single valley or specific habitat. If you are collecting such wildflower seeds, you may be getting rare or endangered seeds that are protected by your state's laws; therefore, you may face fines or other penalties for doing

this gathering. The same penalties would apply to collecting portions of the plant that you could try propagating.

You may need a special permit to do plant or seed collecting. You should check with your local state extension service office for more information. There are probably local organizations set up to protect the rare plants in your neighborhood; they would appreciate your help locating and propagating them.

The normal garden phlox species of Phlox divaricata, Phlox maculata and Phlox paniculata are all easily found at garden centers. They are all native to the eastern half of the continent and are usually found in wooded areas with moist soil. The original species also tend to have a serious problem with powdery mildew on their leaves, which causes the plants to look rather poor during wet summers or when water gets on the leaves. Newer mildew resistant varieties are available at garden centers for a higher price that is usually worth the money.

Q: Across my garden and landscape there are yellow leaves falling off my plants. Some are from trees, shrubs and even perennials. What could be affecting so many plants all at once?

A: The answer is your environment. You are probably in a drought stricken area. All of the plants are doing what is normal when the plants are not getting enough water for their needs, which is getting rid of extra leaves. Usually the oldest leaves on the lower part

of the plant fall off first. They are the ones that are receiving the most shade from the higher leaves, so they are the most expendable.

There is nothing to worry about, unless some plants are losing too many leaves. Water the ones that appear to be the most in need so they can go into the fall's cooler weather in a healthy manner. Don't fertilize them because that will stimulate growth that can't be sustained.

You should also expect to have a worse fall color than normal. Trees that are stressed will drop many of the leaves before the time for fall color arrives.

Q: My tomatoes are ripening, but many of them have split sides. What is causing this?

A: This is a normal response to a lack of water followed by too much water. As the fruit matures, it develops to a certain size. Many fruits demand a lot of water, so a plant bearing a lot of fruit will let each one grow to a specific size. If additional water is suddenly available, some of the fruit will retain this water and some of the seeds in the fruit will grow larger and more mature; however, the skin can't grow anymore, causing it to crack open.

There is nothing harmful about the fruit until decay organisms take hold, so harvest the fruit as soon as you see the cracks and eat them as usual.

A more consistent watering schedule will help, but sometimes rain provides the extra water and there is nothing you can do about the cracks.

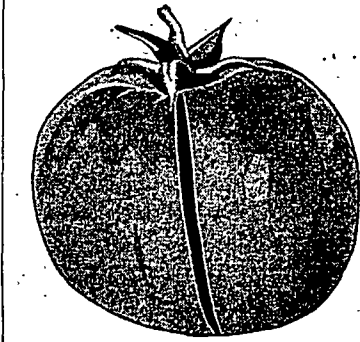
E-mail questions to Jeff Rugg at info@greenview.com.

GARDEN TIP

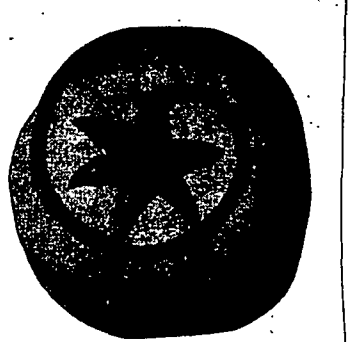
Tomatoes

Cracking is usually a problem when there is a fluctuation in soil moisture. With tomatoes, the inside will grow more rapidly than the skin, causing the skin to split.

TWO TYPES OF CRACKING THAT AFFECT TOMATOES:



RADIAL CRACKING cracks spread outward from the stem scar toward the blossom end. Cracks appear when drastic change in temperature and moisture occur.



CONCENTRIC CRACKING is the splitting of the epidermis in a ring pattern around the stem scar. It is caused by a dry period followed by heavy rains or irrigation.

HOW TO REDUCE CRACKING:

- Measuring nutrient levels in the soil, proper fertilizing, pruning and disease control will reduce the likelihood of growth cracks.
- Irrigate to control cracking, water at fixed intervals, and increase or decrease quantities as needed.
- Spray weekly with high pressure sprayer for bug and disease control.

Source: www.agrisupportonline.com

Copley News Service/Bob Kast

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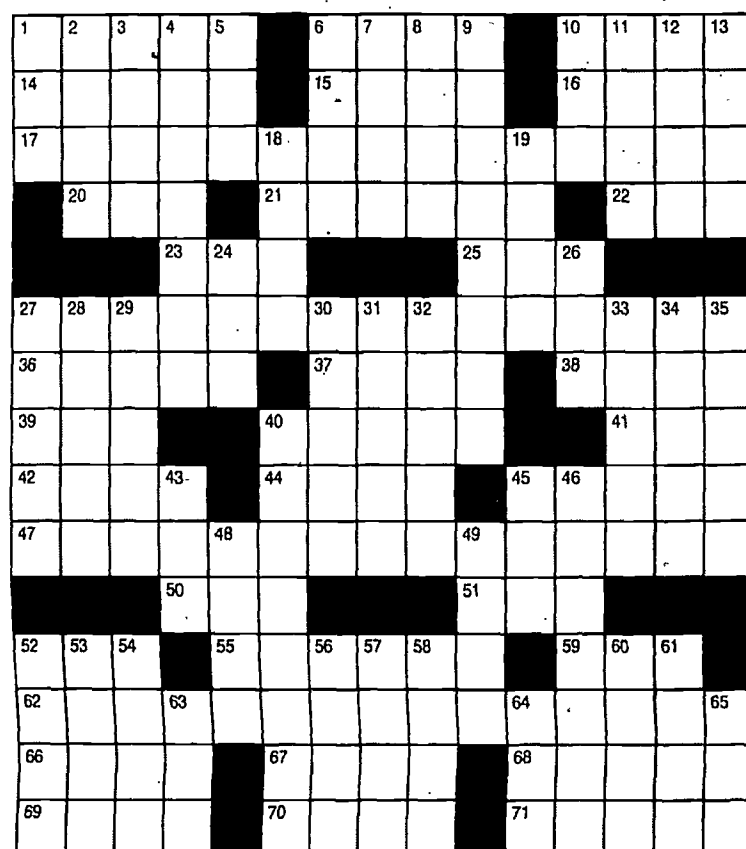
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COPLEY NEWS SERVICE By Charles Preston

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16 Wind instrument
17 Start of a golfing quote
20 Cone or cat leader
21 Powers, of film
22 Scale topper
23 Zadora
25 Kind of wit or view
27 More of golfing quote
36 Very angry
37 Twist's desire
38 British response
39 Short month?
40 Fill potholes
41 Pindar product
42 Arthurian lady
44 Actor Richard
45 ___ as I can see ...
47 More of golfing quote
50 ___ pro nobis
51 Concha site

52 Narrow channel: abbr.
55 Lake Ontario port
59 More of golfing quote
62 More of golfing quote
66 Kind of hypnosis
67 List ender, often
68 Keger's button
69 Obtain
70 Wall upright
71 Orange tree

DOWN

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2 Grackles
3 Elvis' middle name
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5 Numerical suffix
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7 MIT graduate
8 ___ many words
9 Wapiti's kin
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11 Border on
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13 ___ Wolf Too
18 Type style: abbr.
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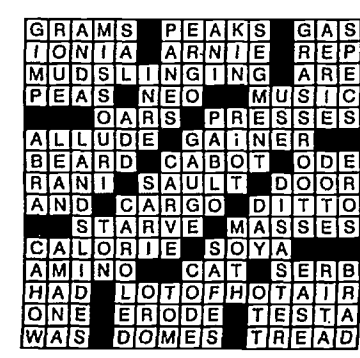
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